

Coaching Conversation Summary

Key Goals

- Complete the video presentation project.
- Overcome fear of public speaking/presentation creation.
- Create a high-quality presentation that effectively showcases the product.

Major Breakthroughs

- Identified the primary obstacle: fear of failure and uncertainty about where to start.
- Developed a concrete first step: writing and refining the script using AI assistance.
- Established a clear measure of success for the first step: a completed, polished script ready for voiceover recording.

Actionable Next Steps

- Write the initial script for the video presentation.
- Use AI tools to refine and improve the script.
- Consider using the script as a voiceover for the presentation (using OBS).