

## FREEDOM OF INFORMATION REQUEST

May 3, 2018

**Judy Biddle**  
**via the FOI website**

Dear Judy Biddle,

regarding your Freedom of Information request titled “fisting” we collected the following information:

Fisting, handballing, fist-fucking, brachiovaginal, or brachioproctic insertion is a sexual activity that involves inserting a hand into the vagina or rectum. Once insertion is complete, the fingers are either clenched into a fist or kept straight. Fisting may be performed without a partner, but it is most often a partnered activity.

Sincerely,

John Smith  
**FOI Manager**