

The future of food is both greener and fairer. We can hope that as time progresses, our food will become more environmentally friendly. Indeed, as time goes on we need to reduce our carbon footprint if we are to keep a liveable planet, and one big way we can reduce this footprint is by consuming greener food – greener both as in more eco-friendly and more vegetables and fruit based. As we know, the food we consume today is way too meat based, which is especially carbon heavy – and reducing meat consumption – by both introducing plant based alternatives, which has begun to appear in the last decade and is probably a recent change that is both overall good and here to stay and simply shifting our culture to eat meat less often – instead of at almost every meal nowadays – will go a long way to reduce our food related carbon footprint. We can also hope that the future of food is fairer – to every person and living being involved in the food chain. This could happen through reducing the scale of our food system – from a globally, transport and inequality heavy supply chain, to a more local, fairer and smaller food chain. Indeed the way our food is produced and sold, from one end of the world to the other, is both wasteful and unfair to the producers of the raw food – often in under developed countries – who are often cheated out of a fair remuneration for their work by the food industry and the food system. The food system may also become fairer to the living being involved in it – indeed as we know today the conditions in which the animals we use and exploit for our food-related benefits are both unacceptable and absolutely unethical, and moving toward consuming less and better produced meat will help reduce and resolve these issues.