

Last timeTDPTGiven: $\hat{H}(t) = \hat{H}_0 + \lambda \hat{W}(t)$

- $\hat{H}_0 | \varphi_n \rangle = E_n | \varphi_n \rangle$ - energies and eigenstates known
- $|\lambda| \ll 1$ so that $\lambda \hat{W} \ll H_0$ - weak - pert.
- $|\psi(0)\rangle$

Ideally want: $|\psi(t)\rangle$, but... no exact analytical solutionInstead, we ask: what $P_f(t)$, - f is some final state?Solution: $P_f(t) = |\langle \psi(t) | \psi(t) \rangle|^2$ where

$$|\psi(t)\rangle = \sum_n b_n(t) e^{-iE_n(t-t_0)/\hbar} |\varphi_n\rangle$$

$$b_n(t) = \underset{b_n(t_0)}{b_n^{(0)}(t)} + \lambda b_n^{(1)}(t) + \lambda^2 b_n^{(2)}(t) + \dots$$

$$\lambda^r b_n^{(r)}(t) = \frac{1}{i\hbar} \sum_k \int_0^t dt' e^{i\omega_{nk}t'} [\lambda \hat{W}_{nk}(t')] [\lambda^{r-1} b_k^{(r-1)}(t')]$$

Harmonic Perturbations

$$H(t) = H_0 + \lambda \hat{W} \sin(\omega t)$$

time-independent

- $\omega > 0$, $t_0 = 0$

Given: $|\psi(0)\rangle = |\varphi_i\rangle$

$$|\psi_f\rangle \neq |\varphi_i\rangle$$

$$P_{i \rightarrow f}^{(1)}(t) = |\lambda b_f^{(1)}(t)|^2$$

$$\lambda b_f^{(1)}(t) = \frac{\lambda}{i\hbar} \hat{W}_{fi} \int_0^t e^{i\omega_{fi}t'} \sin(\omega t') dt' =$$

$$= \frac{\lambda \hat{w}_{fi}}{2i\hbar} [A_+(t) - A_-(t)]$$

$$A_{\pm}(t) = -it e^{-i(\omega_{fi} \pm \omega)t/2} \operatorname{sinc}\left(\frac{(\omega_{fi} \pm \omega)t}{2}\right) \quad \operatorname{sinc} x = \frac{\sin x}{x}$$

'Rotating wave' approximation - RWA - 'Resonant' approx

take: $\omega > 0$, $\omega_f > \omega_i$ ($\omega_{fi} > 0$)

$$\begin{aligned} |\omega - \omega_{fi}| &< |\omega_{fi}|, |\omega| \\ \frac{\sin\left(\frac{(\omega_{fi} + \omega)t}{2}\right)}{\frac{(\omega_{fi} + \omega)t}{2}} &> \frac{\sin\left(\frac{(\omega_{fi} - \omega)t}{2}\right)}{\frac{(\omega_{fi} - \omega)t}{2}} \end{aligned} \quad \omega_{fi} = \omega_f - \omega_i$$

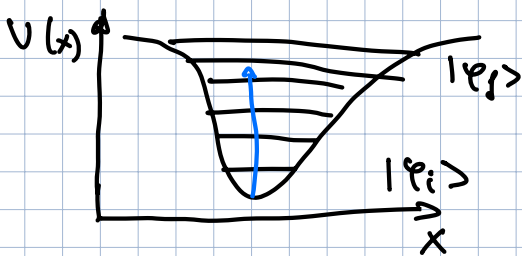
$$\underline{A^+} \ll A^-$$

neglect

$$P_{i \rightarrow f}^{(1)}(t) = \frac{|\Omega_{fi}|^2}{\Delta_{fi}^2} \sin^2\left(\frac{\Delta_{fi}t}{2}\right)$$

$$\begin{aligned} \omega) \quad \Delta_{fi} &= \omega - \omega_{fi} \\ \Omega_0 &= \frac{\lambda \hat{w}_{fi}}{\hbar} \end{aligned}$$

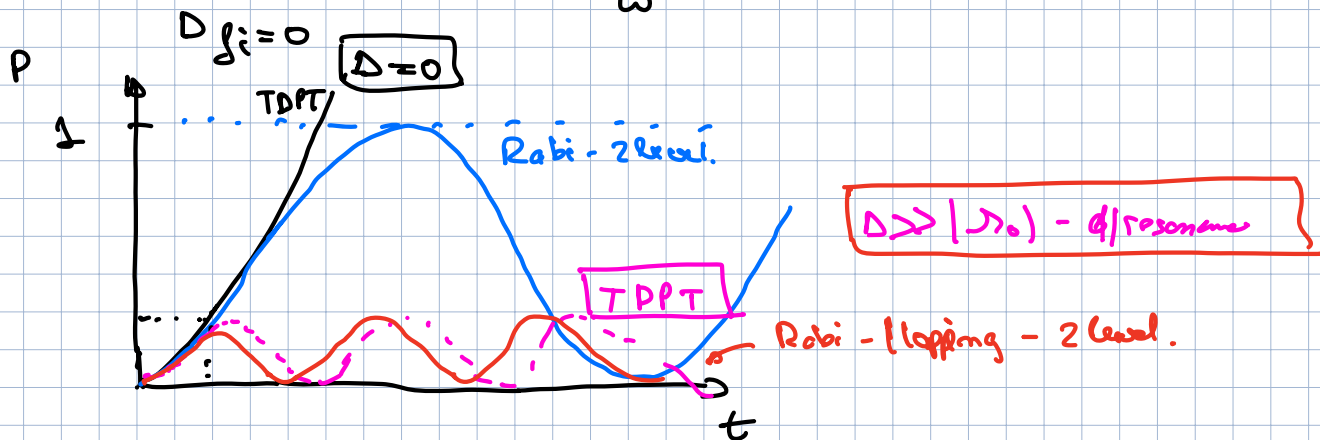
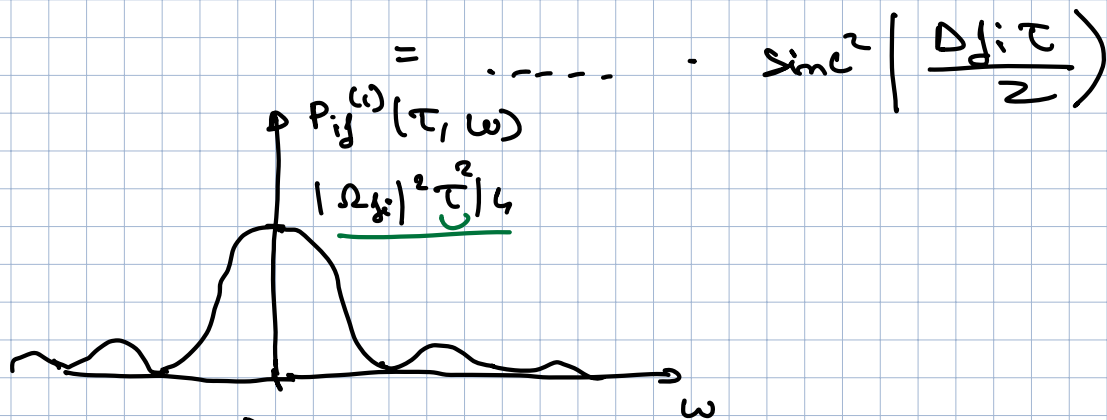
correct when $\Delta \ll \omega_{fi}$, ω - RWA



RWA: $\Delta_{fi} \ll \omega, \omega_{fi}$

$$P_{i \rightarrow f}^{(1)}(t) = \frac{|\Omega_{fi}|^2}{\Delta_{fi}^2} \sin^2\left(\frac{\Delta_{fi}t}{2}\right)$$

$$\begin{aligned} \omega(t) &\rightarrow t \Rightarrow P_{i \rightarrow f}^{(1)}(\tau, \omega) = \frac{|\Omega_{fi}|^2}{\Delta_{fi}^2} \sin^2\left(\frac{\Delta_{fi}\tau}{2}\right) = \\ &= \frac{|\Omega_{fi}|^2 \tau^2}{4} \cdot \left(\frac{\sin(\Delta_{fi}\tau/2)}{\Delta_{fi}\tau/2} \right)^2 \end{aligned}$$



TDPT:

• near $\Delta \approx 0$: correct for short times: $\frac{1}{\omega} \ll \tau \ll \frac{\pi}{|\lambda \omega_i|}$
to 1st order.

• $P_{ji} \ll 1$

System: ^{87}Rb , H_0 is full hyperfine Hamiltonian and no external fields

$$H_0 |\varphi_m\rangle = E_m |\varphi_m\rangle \quad \text{all } q. \# \text{ ass. with state}$$

ex: $|\varphi_i\rangle = |5^2 S_{1/2}, F=2, m_F=2\rangle$

known: $|\psi(0)\rangle = |\varphi_i\rangle$

Shine laser light - classical EM field

- monochromatic

- polarised

- spatially uniform: $\lambda \gg$ size of atom

Goal: calculate $P_{i \rightarrow f}$

Process: $W(t) = \lambda \hat{W}(t) = -\vec{d} \cdot \vec{E}(t)$

matrix elements: $W_{fi}(t) = -\epsilon_0 \cos(\omega t) \left(-e \hat{E} \underbrace{\langle \psi_f | \vec{R} | \psi_i \rangle}_{\equiv P_{fi}} \right)$

polarization

= 0 if $\Delta m \neq 0, \pm 1$
 $\Delta l \neq \pm 1$

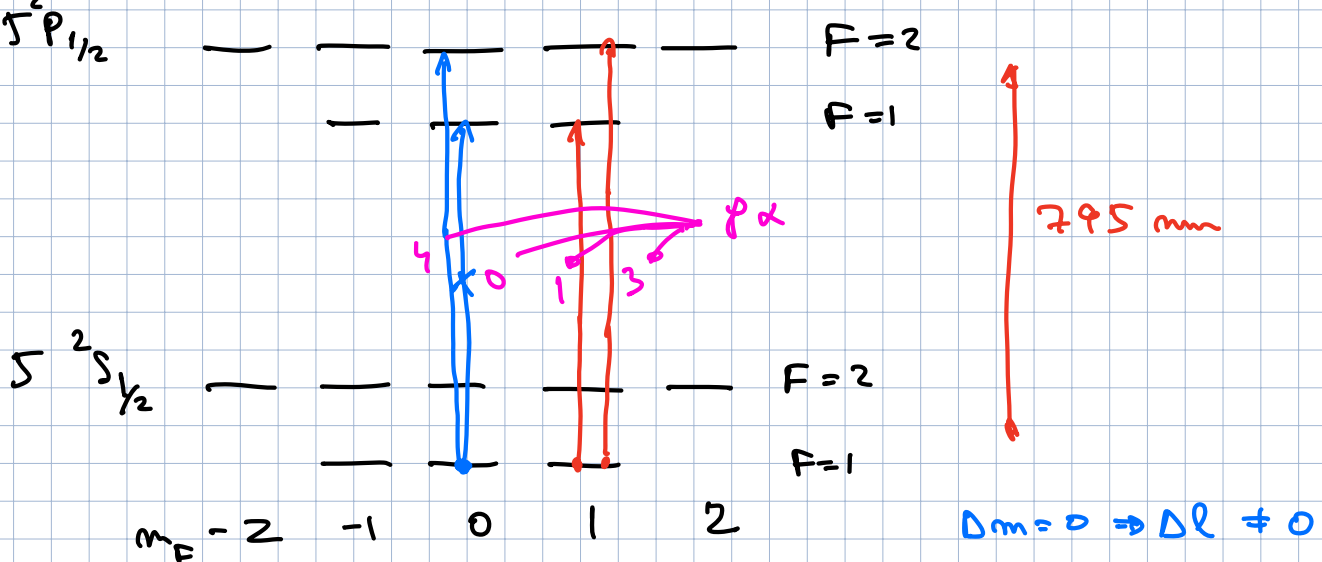
selection rules PS #8

$$\Omega_{fi} = \frac{P_{fi} \epsilon_0}{\hbar}$$

$$W_{fi}(t) = -\hbar \frac{\Omega_{fi}}{2} (e^{i\omega t} + e^{-i\omega t})$$

ex1: Rb atoms, $|\psi_i\rangle = |5^2 S_{1/2}, F=1, m_F\rangle$

laser: $\lambda = 795 \text{ nm}$, $\hat{E} = \hat{x}$

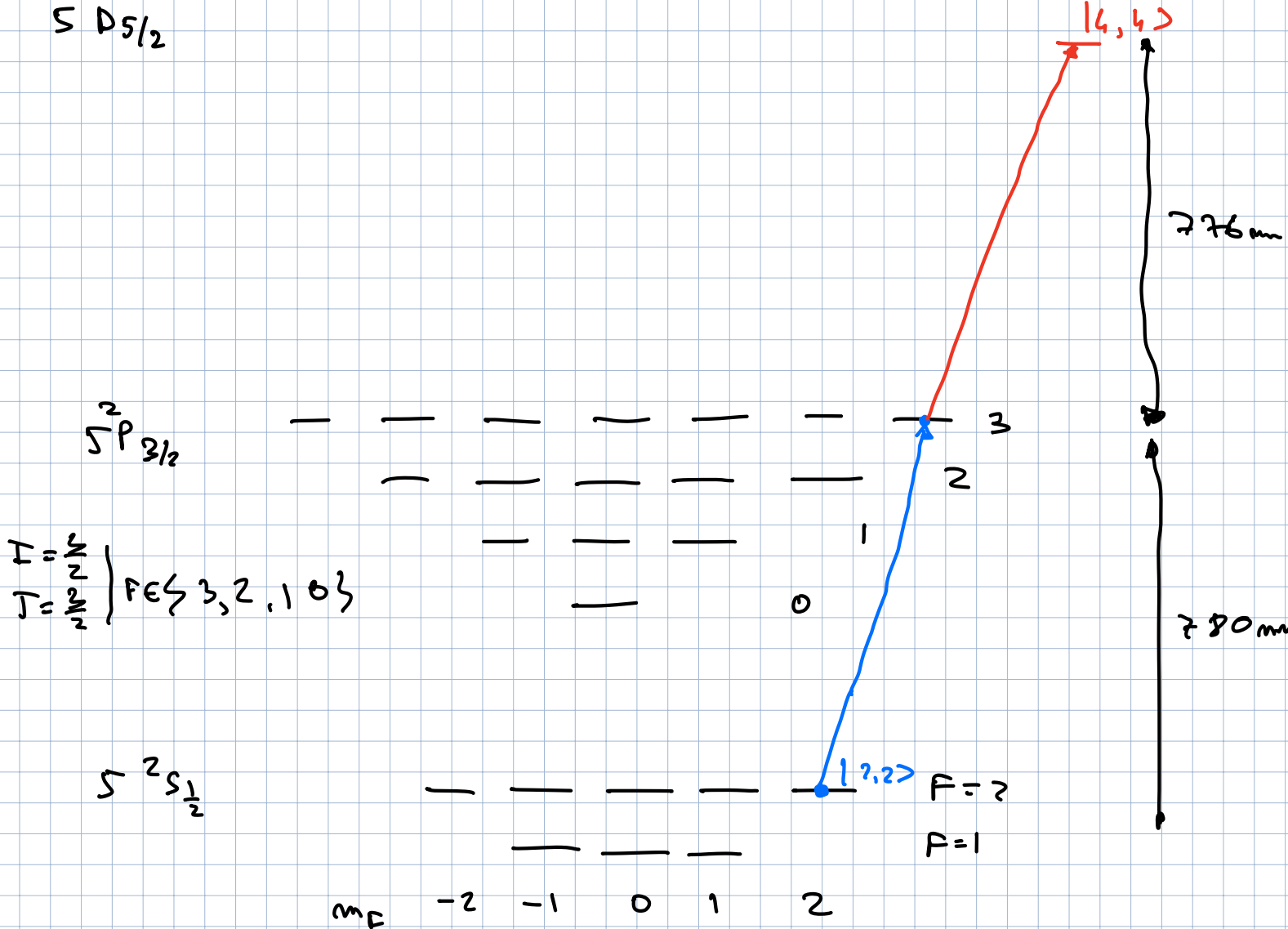


$$P_{i \rightarrow f}^{(1)} = \frac{|\Omega_{fi}|^2}{\Delta_{fi}^2} \sin^2 \left(\frac{\Delta_{fi} t}{2} \right)$$

ex: $|\psi(0)\rangle = |5^2 S_{1/2}, F=2, m_F=2\rangle$
 $\hat{E} = \hat{e}^+$

$m_{F'} = m_F + 1$
 $\lambda \approx 778 \text{ nm}$

$5D_{5/2}$



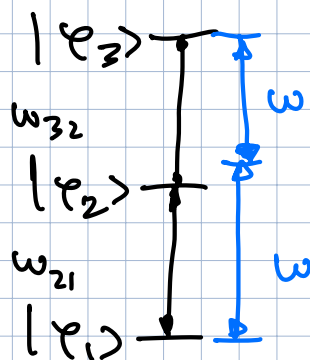
recap: 3-level problem

$$|\varphi_1\rangle = |5^2 S_{1/2}, F=2, m_F=2\rangle$$

$$|\varphi_2\rangle = |5^2 P_{3/2}, F=3, m_F=3\rangle$$

$$|\varphi_3\rangle = |5^2 D_{5/2}, F=4, m_F=4\rangle$$

$$|\Psi(0)\rangle = |\varphi_1\rangle$$



$$\omega_{31} = \omega_{32} + \omega_{21} \approx 2\omega$$

$$\omega \neq \omega_{21} \neq \omega_{32}$$

$$\underline{W_{21}}(t) = -\frac{\hbar \Omega_{21}}{2} (e^{i\omega t} + e^{-i\omega t})$$

$$\underline{W_{32}}(t) = -\frac{\hbar \Omega_{32}}{2} (e^{i\omega t} + e^{-i\omega t})$$

use $\{| \varphi_1 \rangle, | \varphi_2 \rangle, | \varphi_3 \rangle\}$ representation

$$H_0 \rightarrow \hbar \begin{pmatrix} \omega_1 & 0 & 0 \\ 0 & \omega_2 & 0 \\ 0 & 0 & \omega_3 \end{pmatrix}$$

$$W(t) \rightarrow -\frac{\hbar}{2} (e^{i\omega t} + e^{-i\omega t}) \begin{pmatrix} 0 & \underline{\Omega_{21}^*} & 0 \\ \underline{\Omega_{21}} & 0 & \underline{\Omega_{32}^*} \\ 0 & \underline{\Omega_{32}} & 0 \end{pmatrix}$$

Process: [1] find 0th order coeff.

$$b_1^{(0)}(t) = 1$$

$$b_2^{(0)}(t) = 0$$

$$b_3^{(0)}(t) = 0$$

[2] 1st order

$$\lambda b_1^{(1)} = 0$$

$$\lambda b_3^{(1)} = 0$$

$$\lambda b_2^{(1)} = \frac{1}{i\hbar} \int_0^t e^{i\omega_2 t'} W_{21}(t') dt'$$

$$= \frac{i\Omega_{21}}{2} \int_0^t [e^{i(\omega_2 + \omega)t'} + e^{i(\omega_2 - \omega)t'}] dt'$$

use RWA? 

$$\omega \sim 2.423 \cdot 10^{15} \frac{\text{rad}}{\text{s}}$$

$$\omega_{21} \sim 2.417 \cdot 10^{15} \frac{\text{rad}}{\text{s}}$$

$$\Delta_{21} = \omega - \omega_{21} \approx 5 \cdot 10^{12} \frac{\text{rad}}{\text{s}}$$

$$\Delta_{21} \ll \omega, \omega_{21}$$

W1 RWA:

$$\lambda b_2^{(1)}(t) = \frac{\Omega_{21}}{2(\omega_{21} - \omega)} \left(e^{-i(\omega_{21} - \omega)t} - 1 \right)$$

$$P_{1 \rightarrow 2}^{(1)} = \left| \frac{\Omega_{21}}{\Delta_{21}} \right|^2 \sin^2 \left(\frac{\Delta_{21} t}{2} \right)$$

$$\lambda^2 b_3^{(2)}(t) = \frac{1}{i\hbar} \int_0^t dt' e^{i\omega_{32}t'} \omega_{32} |t'\rangle [\lambda b_2^{(1)}(t')]$$

$$\lambda^2 b_3^{(2)}(t) = \frac{i\Omega_{21}\Omega_{32}}{4(\omega_{21} - \omega)} \int_0^t dt' \left[\underbrace{e^{i(\omega_{32} + \omega_{21})t'}}_{\text{RWA - neglected}} + \underbrace{e^{i(\omega_{32} + \omega)t'}}_{\text{keep}} + \underbrace{e^{i(\omega_{21} + \omega_{32} - 2\omega)t'}}_{\text{keep}} - e^{i(\omega_{32} - \omega)t'} \right]$$

$$\lambda^2 b_3^{(2)}(t) \simeq -\frac{i\Omega_{21}\Omega_{32}}{4\Delta_{21}} \int_0^t dt' e^{-i\delta t'}$$

$\delta \equiv 2\omega - \omega_{31}$
"two-photon" detuning

$$\lambda^2 b_3^{(2)}(t) = -\frac{i\Omega_{21}\Omega_{32}}{2\Delta_{21}\delta} e^{-i\delta t/2} \sin\left(\frac{\delta t}{2}\right)$$

$$P^{(2)}(t) = \left| \frac{\Omega_{21}\Omega_{32}}{4\Delta_{21}} \right|^2 t^2 \text{sinc}^2\left(\frac{\delta t}{2}\right)$$