

ATOM TRAPPING

General: neutral atom in a position dependent EM field

Stark effect: shifts in ^{energy} levels of atom from electric fields

Zeeman effect: — || — magnetic fields

potential wells for atoms \rightarrow force that keeps atoms localized (trapped) around the minimum of well

EM-fields: laser far-off-resonant from atomic transition.

- oscillating electric field induces an oscillation dipole moment \vec{d} in the atom, delayed in phase w.r.t. the driving electric-field

- electric dipole interaction energy:

$$V = - \vec{d}(t) \cdot \underline{\underline{\vec{E}(r,t)}} \quad \text{electric field}$$

- neglect magnetic component

- for off-resonant laser \Rightarrow no absorption

$$\underline{\underline{V(\vec{r}) \propto \frac{I(\vec{r})}{\Delta}}}$$

Δ : laser detuning from atom resonance.

$$\underline{\underline{D = \omega_{\text{laser}} - \omega_{\text{atom}}}}$$

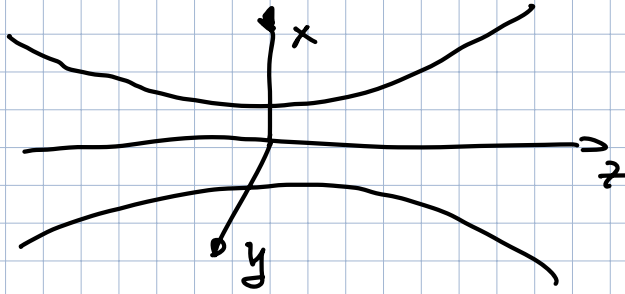
$\Delta < 0$: "red detuning"

- atom will be attracted to high-intensity regions of potential:

$\Delta > 0$: "blue detuning"

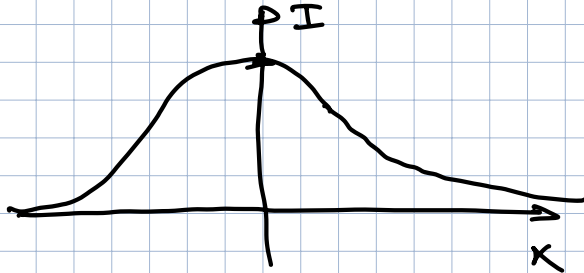
- — || — repelled by — || —

Dipole trap / optical tweezer : Gaussian laser beam travelling along z



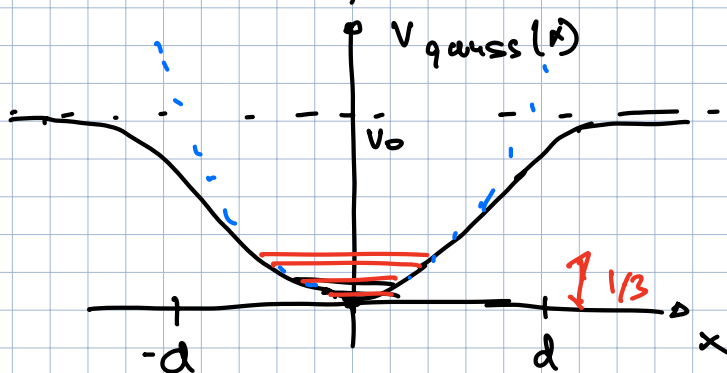
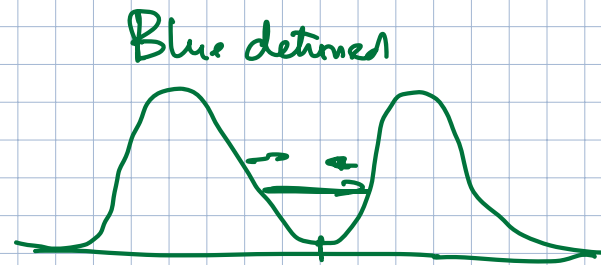
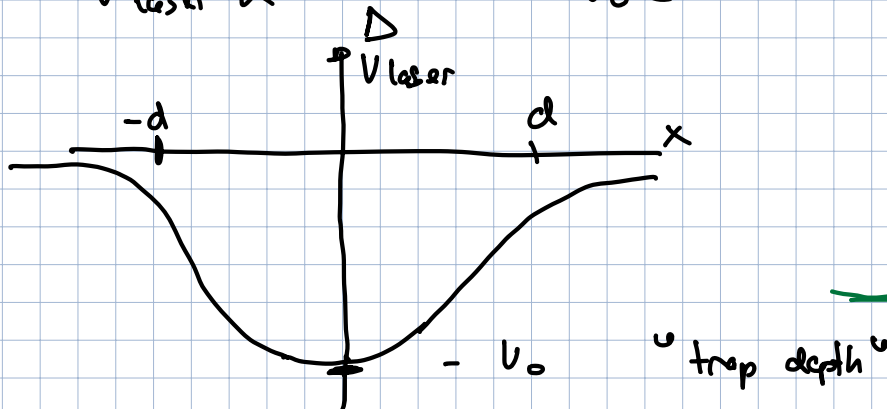
transverse direction: $I(\vec{r})$ vs x where $z=y=0$

$$I(x) = I_0 e^{-\frac{2x^2}{d^2}}$$



• $D < 0$: laser will create a potential well

$$V_{\text{laser}} \propto \frac{I(x)}{D} = -V_0 e^{-\frac{2x^2}{d^2}} \quad (V_0 > 0)$$



$$V_{\text{gauss}}(x) = -V_0 \cdot e^{-\frac{2x^2}{d^2}} + V_0 = V_0 \cdot (1 - e^{-\frac{2x^2}{d^2}})$$

"trap depth"

need $\hbar \omega \ll U_0$

What is ω ?

Taylor expand the potential:

$$\begin{aligned}
 V_{\text{gauss}}(x) &= V_0 \left(1 - e^{-\frac{2x^2}{d^2}} \right) = \\
 &= V_0 \left(1 - \left[1 - \frac{2x^2}{d^2} + \frac{4x^4}{2d^4} + \dots \right] \right) = \\
 &= V_0 \left(\underbrace{\frac{2x^2}{d^2}}_{\text{harmonic}} - \underbrace{\frac{2x^4}{d^4} + \dots}_{\text{anharmonic}} \right)
 \end{aligned}$$

$$V_{\text{gauss}}(x) = V_{\text{QHO}}(x) + V_{\text{anharmonic}}(x)$$

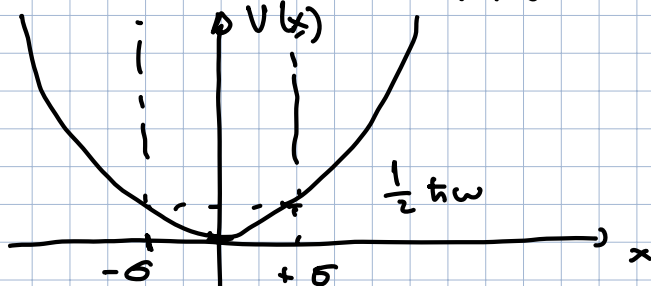
$$V_{\text{QHO}}(x) = V_0 \frac{2x^2}{d^2} = \frac{1}{2} m \omega^2 x^2$$

$$\Rightarrow \boxed{\omega = \sqrt{\frac{4V_0}{md^2}}} \quad - \text{ for atoms that are low energy}$$

Problem:

- atom in ground state of the atom trap
- laser red-detuned - no absorption.
- QHO approx works well

$$\sigma = \sqrt{\frac{\hbar}{m\omega}} \Rightarrow \sigma^2 = \frac{\hbar}{m} \sqrt{\frac{md^2}{4V_0}} = \frac{\hbar d}{2\sqrt{mV_0}}$$

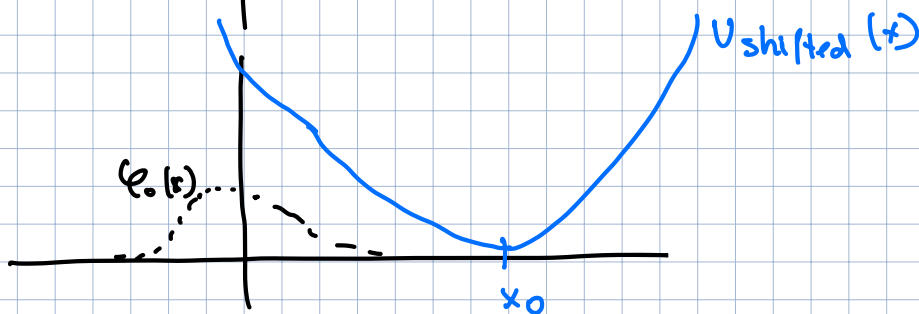
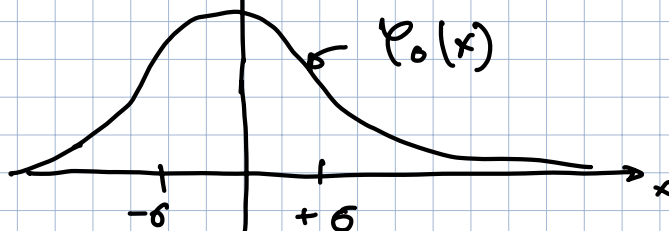


$$\langle x \rangle = 0$$

$$\Delta x = \frac{\sigma}{\sqrt{2}}$$

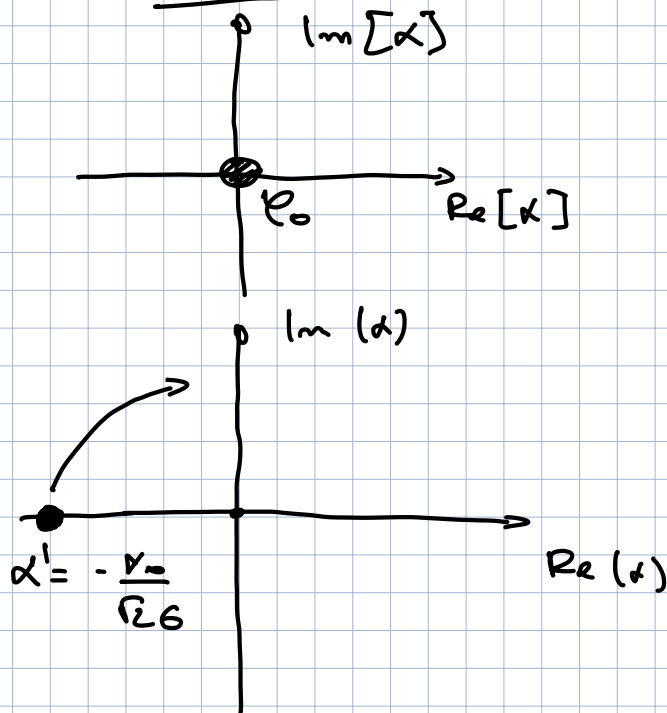
$$\langle p \rangle = 0$$

$$\Delta p = \frac{\hbar}{\sqrt{2} \sigma}$$

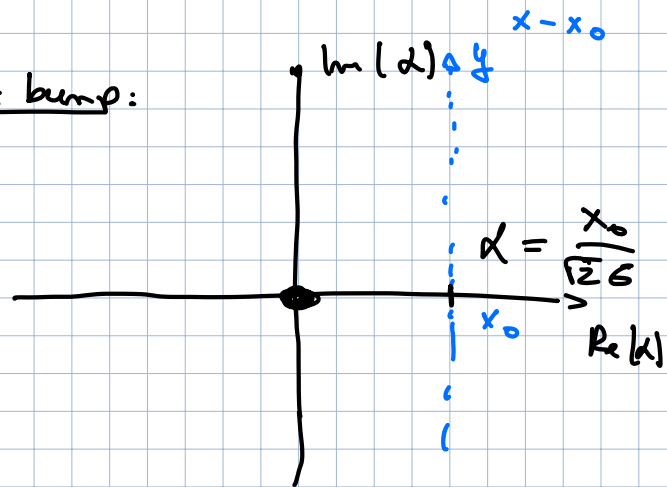


Phase space

Initially:



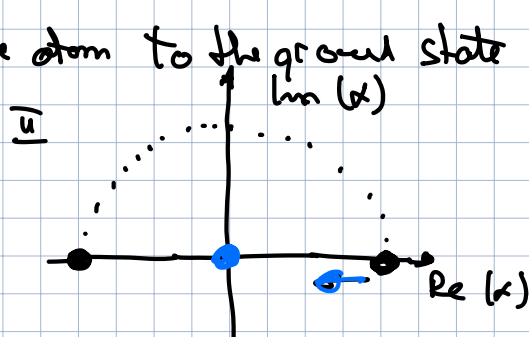
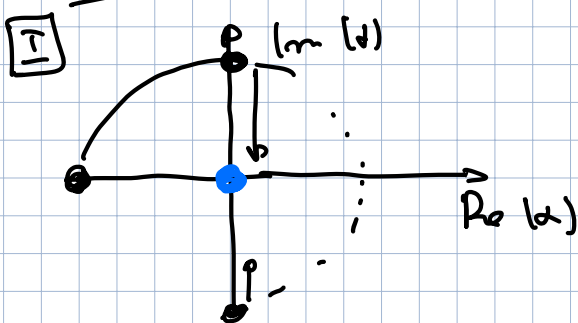
After bump:



Formally: $|\psi(0)\rangle = D(\alpha') |\psi_0\rangle$ w/ $\alpha' = -\frac{x_0}{\sqrt{2}\sigma}$

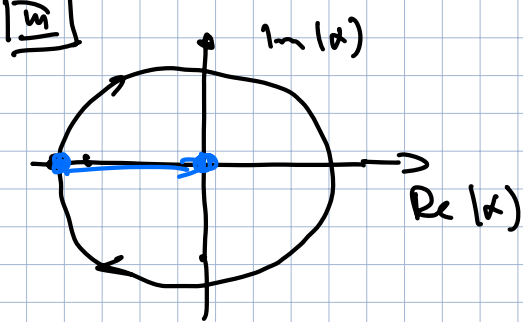
Time evolution: $\alpha'(t) = \alpha'_0 e^{-i\omega t} =$
 $= -\frac{x_0}{\sqrt{2}\sigma} e^{-i\omega t} =$
 $= -\frac{x_0}{\sqrt{2}\sigma} \cos(\omega t) + \frac{i x_0}{\sqrt{2}\sigma} \sin(\omega t)$

Q: how do I return the atom to the ground state?



$$D(-i\alpha'_0) \cdot U\left(\frac{\bar{u}}{2\omega}\right) D(\alpha'_0) |\psi_0\rangle$$

$$D(\alpha'_0) U\left(\frac{\bar{u}}{\omega}\right) D(\alpha'_0) |\psi_0\rangle$$



$$D(-x_0) U\left(\frac{2\pi}{\omega}\right) D(x_0) |p_0\rangle$$

1D Optical lattice

Counter-propagating laser beams

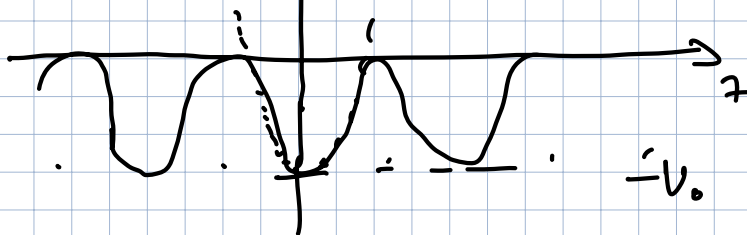
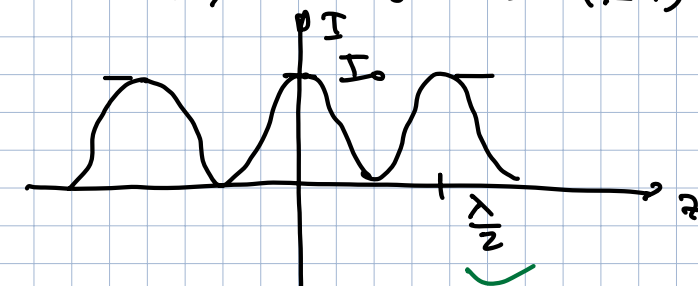
- perfect collimation:

$$I = I_0 \underbrace{e^{-\frac{2x^2}{\delta^2}}}_{\text{Gaussian}} \underbrace{e^{-\frac{2y^2}{\delta^2}}}_{\text{Gaussian}} \underbrace{\cos^2(kz)}_{\text{cosine}} \quad k = \frac{2\pi}{\lambda}$$

Along z axis: $I(z) = I_0 \cos^2(kz)$

$$V(z) = \frac{I_0 \cos^2(kz)}{D} \quad D < 0$$

$$V(z) = -V_0 \cos^2(kz)$$



"optical lattice"

$$\begin{aligned} V(z) &= V_0 - V_0 \left(1 - \frac{1}{2} k^2 z^2 + \frac{1}{4!} k^4 z^4 + \dots \right)^2 = \\ &= \underbrace{V_0 k^2 z^2}_{V_{\text{aho}}} + \dots \end{aligned}$$

$$V_0 k^2 z^2 = \frac{1}{2} m \omega_z^2 z^2 \Rightarrow \boxed{\omega_z = \frac{2\bar{u}}{\lambda} \sqrt{\frac{2V_0}{m}}}$$

Example exp system

Cs atoms

- Cs resonance is at 894 nm
- trap light at 1064 nm \Rightarrow red-detuned

$$\omega_{\text{atom}} = 2\bar{u} \frac{c}{894 \text{ nm}} = 2\bar{u} \cdot \underbrace{(3.35 \cdot 10^{14} \text{ Hz})}_{335 \text{ THz}}$$

$$\omega_{\text{laser}} = 2\bar{u} (2.82 \cdot 10^{14} \text{ Hz})$$

$$D = \omega_{\text{laser}} - \omega_{\text{atom}} = -2\bar{u} \underbrace{(5.36 \cdot 10^{13} \text{ Hz})}_{54 \text{ THz}}$$

P = 10 W laser focused to d = 20 μ m

linearly polarized, counter-propagating beams

$$I_0 = 4 \cdot I_{\text{laser}} = 4 \cdot \frac{2P}{\pi d^2} = 6.37 \cdot 10^{10} \frac{\text{W}}{\text{m}^2}$$

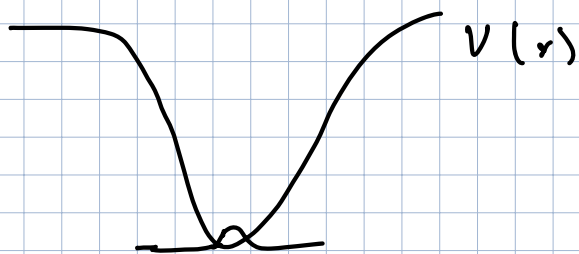
$$V_0 = \left(\frac{\hbar r^2}{8 I_{\text{sat}}} \right) \frac{I_0}{|D|} = 8.2 \cdot 10^{-26} \text{ J}$$

$$\omega_z = \frac{2\bar{u}}{\lambda} \sqrt{\frac{2V_0}{m}} = \underline{2\bar{u} \cdot 810 \text{ kHz}}$$

$$\frac{V_0}{\hbar \omega_z} = 150 \Rightarrow \text{QHO is good approx for gaussian trap as long as } N \ll 50$$

$$\sigma_z = \sqrt{\frac{\hbar}{m \omega_z}} = 9.7 \text{ nm} \quad \lambda = 1064 \text{ nm}$$

$$\Rightarrow \sigma_z \sim \frac{1}{100} \lambda$$



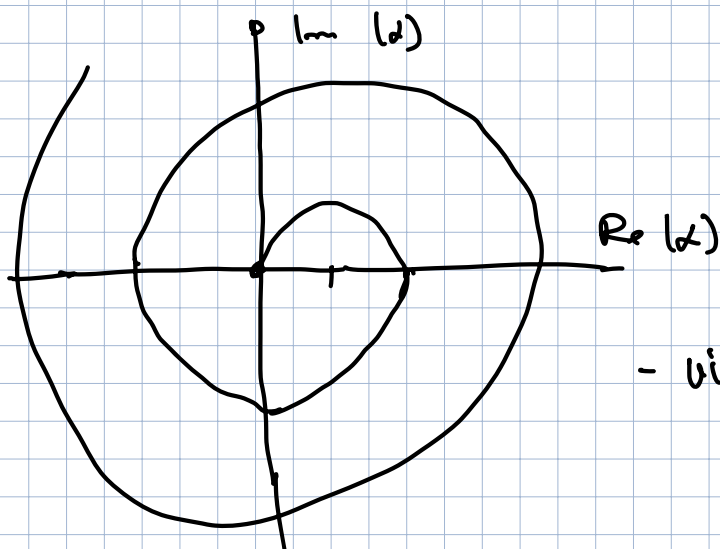
Temp of trapped atom?

$$V_0 = k_B \cdot T \Rightarrow T = \underline{5.9 \text{ mK}}$$

laser cooling Cs \Rightarrow 2 μ K

$$T_{\text{ground state}}: \frac{\hbar \omega_z}{k_B} \sim \underline{40 \mu\text{K}}$$

Effect of trap motion on the atomic state



- vibrations that drive atoms
at $2 \times$ trap frequency.