

Last time

T DPT

Given: $\hat{H}(t) = \hat{H}_0 + \lambda \hat{W}(t)$

- $\hat{H}_0 |\Psi_m\rangle = E_m |\Psi_m\rangle$ - energies and eigenstates known
- $|\lambda| \ll 1$ so that $\lambda \hat{W} \ll \hat{H}_0$ - weak - pert.
- $|\Psi(0)\rangle$

Ideally want: $|\Psi(t)\rangle$, but... no exact analytical solution

Instead, we ask: what $P_f(t)$, $|f\rangle$ is some final state?

Solution: $P_f(t) = |\langle \Psi(t) | \Psi(t) \rangle|^2$ where

$$|\Psi(t)\rangle = \sum_n b_n(t) e^{-iE_n(t-t_0)/\hbar} |\Psi_n\rangle$$

$$b_n(t) = b_n^{(0)}(t) + \lambda b_n^{(1)}(t) + \lambda^2 b_n^{(2)}(t) + \dots$$

$$b_n^{(r)}(t) = \underbrace{b_n^{(r)}(t_0)}_{b_n(t_0)}$$

$$\lambda^r b_n^{(r)}(t) = \frac{1}{i\hbar} \sum_k \int_0^t dt' e^{i\omega_{nk} t'} [\lambda \hat{W}_{nk}(t')] [\lambda^{r-1} b_k^{(r-1)}(t')]$$

Harmonic Perturbations

$$H(t) = H_0 + \lambda \hat{W} \underset{\text{time-independent}}{\sim} \sin(\omega t)$$

- $\omega > 0, t_0 = 0$

Given: $|\Psi(0)\rangle = |\Psi_i\rangle$

$$|\Psi_f\rangle \neq |\Psi_i\rangle$$

$$P_{i \rightarrow f}(t) = |\lambda b_f^{(1)}(t)|^2$$

$$\lambda b_f^{(1)}(t) = \frac{\lambda}{i\hbar} \hat{W}_{fi} \int_0^t e^{i\omega_{fi} t'} \sin(\omega t') dt' =$$

$$= \frac{\lambda \hat{w}_{fi}}{2i\hbar} [A_+(t) - A_-(t)]$$

$$A_{\pm}(t) = -it e^{-i(w_{fi} \pm \omega)t/2} \text{sinc} \left(\frac{(w_{fi} + \omega) \pm}{2} \right)$$

sinc $\approx \frac{\sin x}{x}$

"Rotating wave" approximation - RWA - "Resonant" approx

take : $\omega > 0$, $w_f > w_i$ ($w_{fi} > 0$)

$$|w - w_{fi}| \ll |w_{fi}|, |\omega|$$

$$\frac{\text{sinc} \left(\frac{(w_{fi} + \omega) +}{2} \right)}{\frac{(w_{fi} + \omega) +}{2}} \gg \frac{\text{sinc} \left(\frac{(w_f - \omega) +}{2} \right)}{\frac{(w_f - \omega) +}{2}}$$

$$\underline{A^+} \quad \ll \underline{A^-}$$

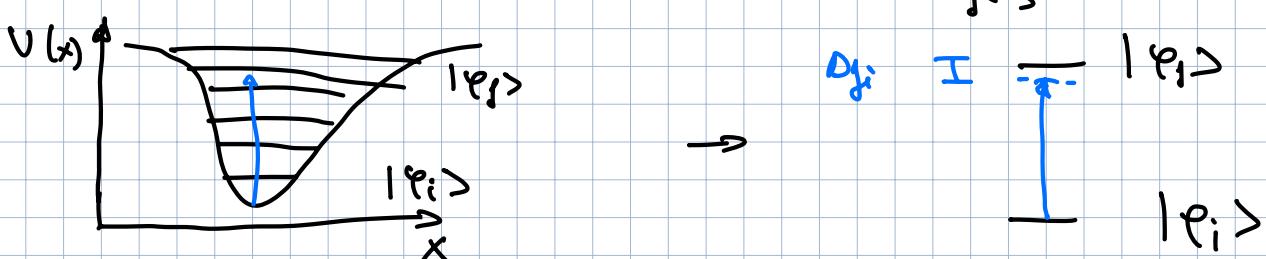
M neglect

$$P_{i \rightarrow f}^{(1)}(+) = \frac{|\Omega_{fi}|^2}{\Delta_{fi}^2} \sin^2 \left(\frac{\Delta_{fi} +}{2} \right)$$

$$\omega) \quad \Delta_{fi} = \omega - \omega_{fi}$$

$$\Omega_0 = \frac{\lambda \hat{w}_{fi}}{\hbar}$$

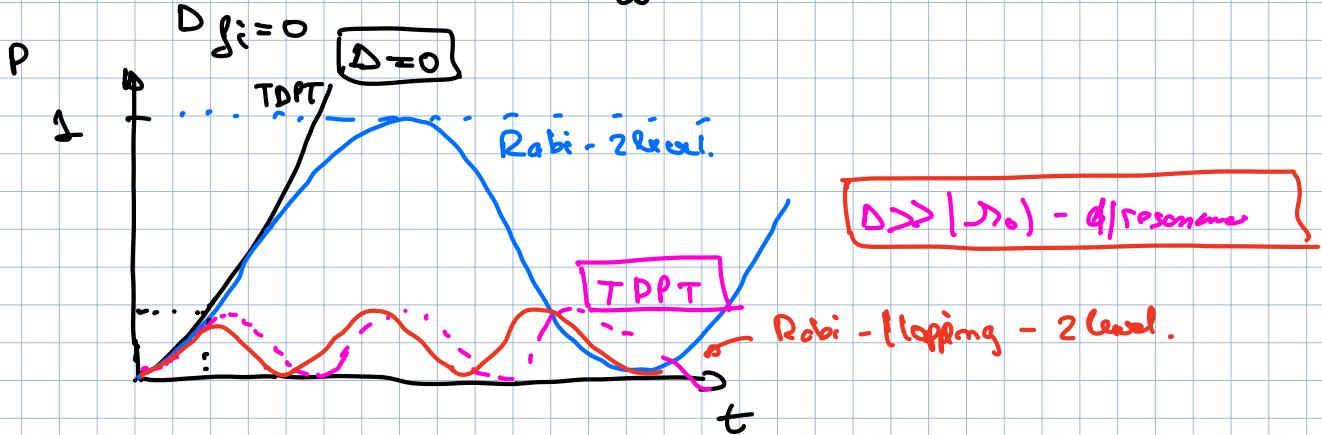
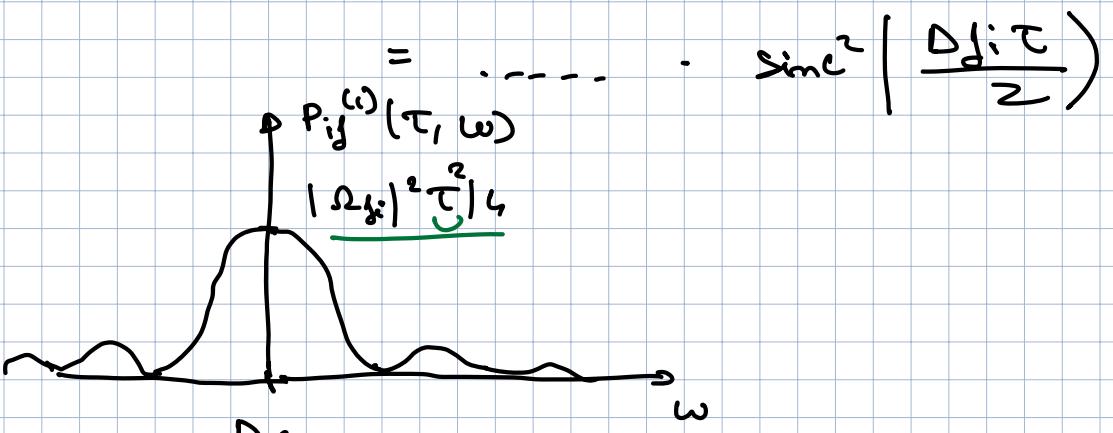
correct when $\Delta \ll \omega_{fi}, \omega$ - RWA



RWA : $\Delta_{fi} \ll \omega, \omega_{fi}$

$$P_{i \rightarrow f}^{(1)}(+) = \frac{|\Omega_{fi}|^2}{\Delta_{fi}^2} \sin^2 \left(\frac{\Delta_{fi} +}{2} \right)$$

$$\begin{aligned} \text{W(t)} \xrightarrow{\text{RWA}} t &\Rightarrow P_{i \rightarrow f}^{(1)}(\tau, \omega) = \frac{|\Omega_{fi}|^2}{\Delta_{fi}^2} \sin^2 \left(\frac{\Delta_{fi} \tau}{2} \right) = \\ &= \frac{|\Omega_{fi}|^2 \tau^2}{4} \cdot \left(\frac{\sin (\Delta_{fi} \tau / 2)}{\Delta_{fi} \tau / 2} \right)^2 \end{aligned}$$



TDPT:

- near $\Delta \approx 0$: correct for short times : $\frac{1}{\omega} \ll \tau \ll \frac{\pi}{|\lambda(\omega_{fj})|}$
to 1st order..

- $P_{fj} \ll 1$

System: ^{87}Rb , \mathcal{H}_0 is full hyperfine Hamiltonian and no external fields

$$\mathcal{H}_0 |\Psi_m\rangle = E_m |\Psi_m\rangle \quad \text{all q. f. ass. with state}$$

$$\text{ex: } |\Psi_i\rangle = |S^2 S_{1/2}, F=2, m_F=2\rangle$$

$$\text{known: } |\Psi(0)\rangle = |\Psi_i\rangle$$

Shine laser light - classical EM field

- monochromatic

- polarized

- spatially uniform : $\lambda \gg \text{size of atom}$

Goal: calculate $P_{i \rightarrow f}$

$$\text{Process: } W(t) = \lambda \hat{W}(t) = -\vec{d} \cdot \vec{\epsilon}(t)$$

matrix elements: $W_{fi}(t) = -\varepsilon_0 \cos(\omega t) \left(-e \hat{\vec{E}} \underbrace{\langle \psi_f | \vec{R} | \psi_i \rangle}_{= P_{fi}} \right)$

polarization
 $\Delta m \neq 0, \pm 1$
 $\Delta l + \pm 1$

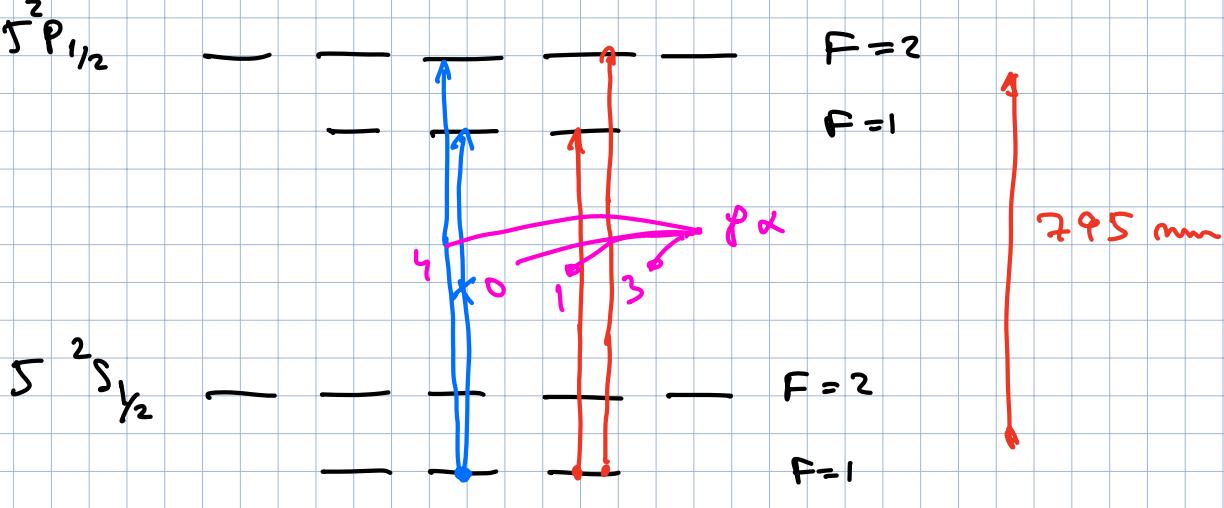
selection rules $\Delta l \neq 0$

$$S_{fi} = \frac{P_{fi} E_0}{\hbar}$$

$$W_{fi}(t) = -\frac{\hbar S_{fi}}{2} (e^{i\omega t} + e^{-i\omega t})$$

ex1: Rb atoms, $|\psi_i\rangle = |\Sigma^2 S_{\frac{1}{2}}\rangle, F=1, m_F>$

laser: $\lambda = 795 \text{ nm}, \hat{E} = \hat{z}$



$$\Delta m = 0 \Rightarrow \Delta l \neq 0$$

$$P_{i \rightarrow f}^{(1)} = \frac{|S_{fi}|^2}{\Delta_{fi}^2} \sin^2 \left(\frac{\Delta_{fi}}{2} \right)$$

ex: $|\psi(0)\rangle = |\Sigma^2 S_{\frac{1}{2}}, F=2, m_F=2\rangle$
 $\hat{E} = \hat{z}^+$

$$\underline{m_F' = m_F + 1}$$

$$\lambda \approx 778 \text{ nm}$$

$5 D_{5/2}$

$|4,4\rangle$

776 nm

$5^2 P_{3/2}$

$$I = \frac{5}{2} \\ J = \frac{3}{2} \quad F \in \{3, 2, 1, 0\}$$

3
2
1
0

780 nm

$5^2 S_{1/2}$

$m_F = -2 \quad -1 \quad 0 \quad 1 \quad 2$

$F=2$
 $F=1$

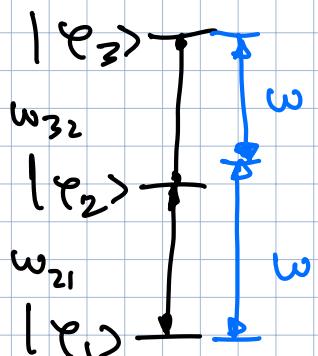
Recap: 3-level problem

$$|\psi_1\rangle = |5^2 S_{1/2}, F=2, m_F=2\rangle$$

$$|\psi_2\rangle = |5^2 P_{3/2}, F=3, m_F=3\rangle$$

$$|\psi_3\rangle = |5^2 D_{5/2}, F=4, m_F=4\rangle$$

$$|\psi(0)\rangle = |\psi_1\rangle$$



$$\omega_{31} = \omega_{32} + \omega_{12} \approx 2\omega$$

$$\omega \neq \omega_{21} \neq \omega_{12}$$

$$\underline{w_{21}}(t) = -\frac{\hbar \Omega_{21}}{2} (e^{i\omega t} + e^{-i\omega t})$$

$$\underline{w_{32}}(t) = -\frac{\hbar \Omega_{32}}{2} (e^{i\omega t} + e^{-i\omega t})$$

use $\{| \psi_1 \rangle, | \psi_2 \rangle, | \psi_3 \rangle\}$ representation

$$K_0 \rightarrow \hbar \begin{pmatrix} \omega_1 & 0 & 0 \\ 0 & \omega_2 & 0 \\ 0 & 0 & \omega_3 \end{pmatrix}$$

$$w(t) \rightarrow -\frac{\hbar}{2} (e^{i\omega t} + e^{-i\omega t}) \begin{pmatrix} 0 & \underline{\Omega_{21}}^* & 0 \\ \underline{\Omega_{21}} & 0 & \underline{\Omega_{32}}^* \\ 0 & \underline{\Omega_{32}} & 0 \end{pmatrix}$$

Process: [1] find 0th order coeff.

$$b_1^{(0)}(t) = 1$$

$$b_2^{(0)}(t) = 0$$

$$b_3^{(0)}(t) = 0$$

[2] 1st order

$$\lambda b_1^{(1)} = 0$$

$$\lambda b_3^{(1)} = 0$$

$$\lambda b_2^{(1)} = \frac{1}{i\hbar} \int_0^t e^{i\omega_2(t')} w_{31}(t') dt'$$

$$= \frac{i\Omega_{21}}{2} \int_0^t [e^{i(\omega_{21} + \omega)t'} + e^{i(\omega_{21} - \omega)t'}] dt'$$

use RWA?

$$\omega \approx 2.423 \cdot 10^{15} \frac{\text{rad}}{\text{s}}$$

$$\omega_{21} \approx 2.417 \cdot 10^{15} \frac{\text{rad}}{\text{s}}$$

$$\Delta_{21} = \omega - \omega_{21} \approx 5 \cdot 10^{12} \frac{\text{rad}}{\text{s}}$$

$$\Delta_{21} \ll \omega, \omega_{21}$$

ω | RWA :

$$\lambda b_2^{(1)}(t) = \frac{\gamma_{21}}{2(\omega_{21} - \omega)} \cdot \left(e^{-i(\omega_{21} - \omega)t} - 1 \right)$$

$$P_{1 \rightarrow 2}^{(1)} = \left| \frac{\gamma_{21}}{\Delta_{21}} \right|^2 \sin^2 \left(\frac{\Delta_{21} t}{2} \right)$$

$$\lambda^2 b_3^{(2)}(t) = \frac{1}{i\hbar} \int_0^t dt' e^{i\omega_{22}t'} \omega_{32} |t') \left[\lambda b_2^{(1)}(t') \right]$$

$$\lambda^2 b_3^{(2)}(t) = \frac{i \gamma_{21} \gamma_{32}}{4(\omega_{21} - \omega)} \int_0^t dt' \left[e^{i(\omega_{32} + \omega)t'} + e^{i(\omega_{32} + \omega)t'} + e^{i(\omega_{21} + \omega_{32} - 2\omega)t'} - e^{i(\omega_{32} - \omega)t'} \right]$$

RWA - neglected

$$\lambda^2 b_3^{(2)}(t) \simeq -i \frac{\gamma_{21} \gamma_{32}}{2 \Delta_{21}} \int_0^t dt' e^{-i\delta t'} \quad \delta = 2\omega - \omega_{31}$$

"two-photon
detuning"

$$\lambda^2 b_3^{(2)}(t) = -\frac{i \gamma_{21} \gamma_{32}}{2 \Delta_{21} \delta} e^{-i\delta t/2} \sin \left(\frac{\delta t}{2} \right)$$

$$P^{(2)}(t) = \left| \frac{\gamma_{21} \gamma_{32}}{2 \Delta_{21}} \right|^2 t^2 \sin^2 \left(\frac{\delta t}{2} \right)$$