

Patient Information

Username: JOHN	Additional Comments: dawda
Address: sdawdadw	Age: 22
Albumin: None	Alcohol: Moderate
Allergies: wdasdwad	Anemia: 1
Appetite: 1	Blood Glucose: None
Blood Type: O-	Blood Urea: None
Bp Diastolic: None	Bp Systolic: None
Coronary Artery Disease: 0	Current Medications: asdawda
Diabetes Mellitus: 0	Egfr: None
Email: john@gmail.com	Emergency Contact: {'name': '', 'phone': '', 'relationship': ''}
Exercise Frequency: 1-2 times/week	Family History Kidney: No
Gender: Male	Hemoglobin: None
Hypertension: 0	Patient Id: PJOHN
Patient Name: john doe	Pedal Edema: 1
Phone: 99999\	Potassium: None
Previous Surgeries: awddadwda	Risk Level: Unknown
Risk Percentage: 0	Serum Creatinine: None
Sleep Hours: None	Smoking: Never
Sodium: None	Specific Gravity: None
Stage: N/A	Sugar: None
Symptoms: {'fatigue': 1, 'pedal_edema': 1, 'urination_changes': 1, 'nausea': 0, 'sleep_issues': 0}	Notes: 10, 'appetite_loss': 0, 'nausea': 0, 'sleep_issues': 0}
Latest Lab Pdf: uploads/lab_reports/JOHN_ckd_ckd_stage5_report.pdf	

Medications & Dosage

#	Medication Name	Dosage	Frequency	Notes
1	Metformin	1-0-1	3days	

## Clinical Insights

- The patient profile indicates 'Has Diabetes: False', yet Metformin is prescribed. Metformin is primarily used for the management of Type 2 Diabetes Mellitus. Prescribing Metformin to a non-diabetic patient without a clear alternative indication (e.g., pre-diabetes, polycystic ovary syndrome, or specific off-label use) is unusual and warrants immediate clarification. The duration of the prescription is only 3 days, which is also atypical for a medication usually taken chronically for diabetes management. Crucially, critical renal function parameters such as eGFR, Serum Creatinine, and CKD Stage are listed as 'None' or 'N/A'. Metformin use is contraindicated or requires significant dose adjustment in patients with impaired renal function due to the increased risk of lactic acidosis. The absence of this vital information makes a comprehensive assessment of Metformin's appropriateness and safety impossible.

## Risk Assessment

- The primary risk is the prescription of Metformin to a patient who reportedly 'Has Diabetes: False'. This raises concerns about potential misdiagnosis, an unstated indication, or an error in prescribing. A significant safety concern is the lack of renal function data (eGFR, Serum Creatinine). Metformin accumulates in the presence of renal impairment, significantly increasing the risk of lactic acidosis, a severe and potentially fatal metabolic complication. Without this information, the patient's risk of lactic acidosis cannot be properly assessed. Other potential risks include gastrointestinal side effects (e.g., nausea, diarrhea, abdominal discomfort) and, less commonly in non-diabetic individuals, hypoglycemia.

## Lifestyle & Care Recommendations

- \*\*Clarify Indication:\*\*** Immediately verify the reason for Metformin prescription given the patient's 'Has Diabetes: False' status. If there is an unstated indication, it should be documented. 2. **\*\*Assess Renal Function:\*\*** It is imperative to obtain current eGFR, Serum Creatinine, and other relevant kidney function tests (e.g., Blood Urea) before initiating or continuing Metformin. Metformin should not be started or continued if eGFR is below recommended thresholds (e.g., <30 mL/min/1.73m<sup>2</sup>), and dose adjustments are typically required for eGFR between 30-60 mL/min/1.73m<sup>2</sup>. 3. **\*\*Patient Education:\*\*** If an appropriate indication is confirmed and renal function allows, educate the patient on potential side effects, especially gastrointestinal symptoms, and symptoms of lactic acidosis (e.g., unusual muscle pain, difficulty breathing, unusual sleepiness, stomach pain). 4. **\*\*Blood Glucose Monitoring:\*\*** Consider monitoring blood glucose levels, especially if the patient is non-diabetic, to assess for potential hypoglycemia, although this is less common with Metformin monotherapy in non-diabetic individuals.

## Potential Drug Interactions

- Given that no other medications are listed in the profile, specific drug-drug interactions cannot be identified. However, generally, drugs that can impair renal function (e.g., NSAIDs, certain diuretics, ACE inhibitors, ARBs) can increase Metformin levels and the risk of lactic acidosis. Iodinated contrast media require temporary discontinuation of Metformin. Other drugs like cimetidine, ranolazine, and certain antiretrovirals can increase Metformin concentrations. A comprehensive medication review is essential once a complete medication list is available.

## Recommended Follow-up

- Immediate Follow-up:** Urgent follow-up is required to clarify the indication for Metformin and to obtain comprehensive renal function tests (eGFR, Serum Creatinine) before the medication is started or continued beyond the initial 3 days. 2. **Post-Initiation Follow-up:** If Metformin is deemed appropriate and initiated, follow-up within 1-2 weeks to assess tolerance, monitor for side effects, and re-evaluate renal function if clinically indicated. 3. **Ongoing Monitoring:** Regular monitoring of renal function (e.g., every 3-12 months depending on eGFR) is essential for patients on Metformin, especially in the context of CKD or risk factors for CKD progression.

### MEDICAL DISCLAIMER

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