


# Academic Skills Self Assessment Questionnaire

For each of the competencies areas below, please indicate your current level of confidence by selecting a number on the scale from 1 to 5, where 1 is not at all confident and 5 is very confident.

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\* Required

Understanding what is required and expected of me as a graduate student at CMU-Africa. \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☐ ☒ Very confident

Being aware of the changes I will need to make to my approach to learning to be successful at grad school. \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☐ ☒ Very confident

Working effectively in multicultural/diverse teams. \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☐ ☒ Very confident



Applying the basic principles of effective communication when preparing and delivering presentations. \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☒ ☐ Very confident

Structuring my presentations effectively using logic, evidence and redundancy. \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☒ ☐ Very confident

Creating effective visual aids to achieve my purpose when presenting. \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☒ ☐ Very confident

Using strategies, techniques and non-verbal communication to grab and maintain my audience's attention when presenting. \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☒ ☐ Very confident

Understanding the academic writing standards at CMU-Africa \*

1 2 3 4 5

Not at all confident ☐ ☐ ☐ ☒ ☐ Very confident



Recognizing my strengths and weaknesses in academic writing. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	Very confident

Writing well-structured, persuasive paragraphs. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Developing a strong argument in writing. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Writing academic summaries. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Synthesizing information in writing. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident



Describing and discussing data in writing. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Knowing how to cite and reference sources correctly. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Reading academic texts and technical papers strategically, efficiently and effectively. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Quickly finding the information I need in scientific papers. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Managing my stress levels effectively. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	Very confident



Setting myself effective academic goals. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

Taking risks and making mistakes. \*

	1	2	3	4	5	
Not at all confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	Very confident

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