

## Importance of addressing cybersecurity threats:

- **Vulnerability & Digital Transformation:** As companies like NHLS rely more on digital systems, they run the danger of falling victim to advanced persistent threats (APTs), ransomware, and phishing scams.
- **Impact of Cyber Attacks:** Cyberattacks have the potential to result in financial losses, legal troubles, reputational harm, and operational difficulties. These possible repercussions are sharply brought to light by the recent ransomware attack against NHLS.
- **Sensitive Health Data:** A successful attack could result in the unauthorized disclosure of personal health information, disrupting healthcare services and possibly having catastrophic implications for organizations managing sensitive health data, such as NHLS.

## Proactive cybersecurity measures

- **Security Measures:** It's critical to have strong security measures in place, evaluate vulnerabilities on a regular basis, and train employees on the significance of cybersecurity.
- **Prioritizing Cybersecurity:** Cybersecurity should be given top priority in all organizations in order to guard against the constantly changing threat landscape.

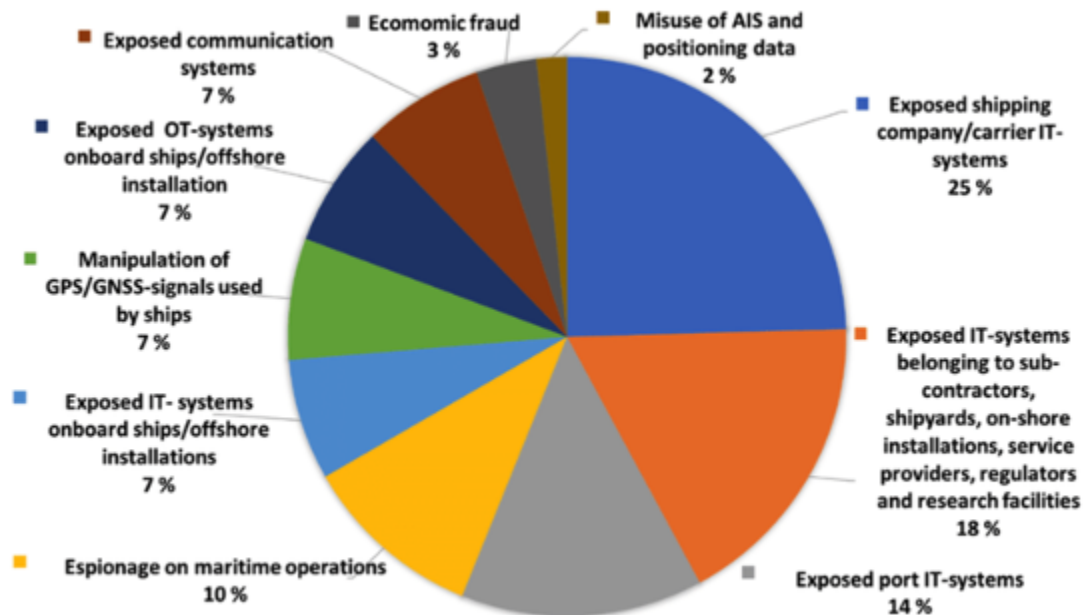
## Cybersecurity threats

- **Ransomware:** Malicious malware known as "ransomware" encrypts files and requests a fee to unlock them. The NHLS assault brought to light the serious harm that ransomware does to important systems and data integrity.
- **Phishing:** dishonest tries to obtain private data by posing as reliable organizations, which can result in credential theft and illegal access to networks.
- **Advanced Persistent Threats (APTs):** long-term, deliberate attacks carried out by knowledgeable enemies with the intent to covertly steal data.
- **Insider Threats:** Employee or contractor-initiated data breaches or sabotage, whether deliberate or accidental
- **Zero-day Exploits:** attacks aimed at unpatched vulnerabilities prior to the availability of fixes.

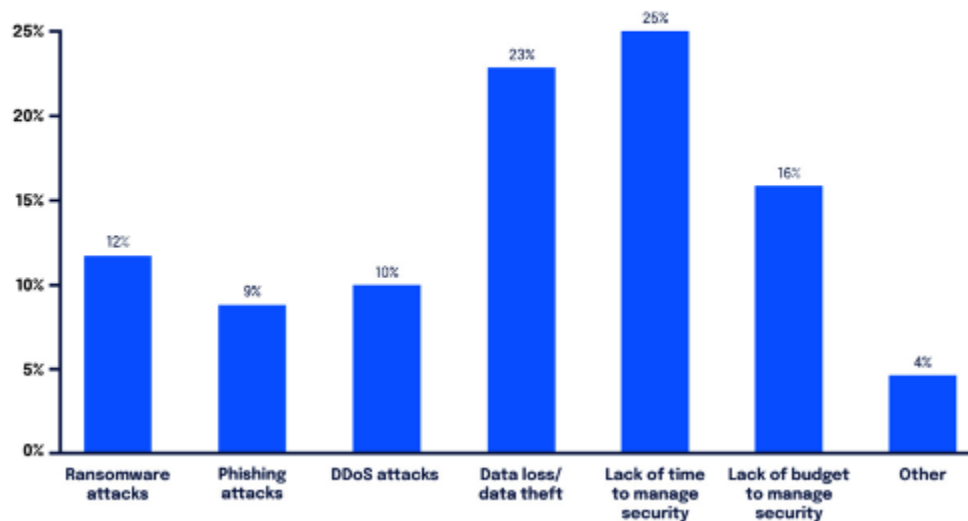
## Risk reduction strategies

- **Backup Systems:** Frequently creating offline storage and backups of important data to facilitate data recovery without having to pay a ransom.
- **Email Security:** Reducing the success of phishing attempts by improving email security with sophisticated spam filters and verification procedures.
- **Employee Training:** Frequent security training lowers the possibility of human error by assisting staff in recognising and responding to threats.
- **Access control:** Putting multi-factor authentication (MFA) and role-based access into place to guarantee that only authorized individuals can access vital information and services.
- **Vulnerability Assessments & Patch Management:** Timely patching and routine evaluations are necessary to fix security holes before they are exploited.
- **Incident Response Plan:** Creating a thorough incident response plan in order to address security breaches promptly and efficiently, reducing damage and accelerating recovery.

Image options to include:



**Looking to 2023, what is your biggest concern related to security?**



Video links:

[https://youtu.be/VNp35Uw\\_bSM?feature=shared](https://youtu.be/VNp35Uw_bSM?feature=shared)

<https://youtu.be/6TE0LovKQa4?feature=shared>