



Members' Newsletter

- PERSATUAN IYENGAR YOGA MALAYSIA -

Iyengar Yoga Association of Malaysia

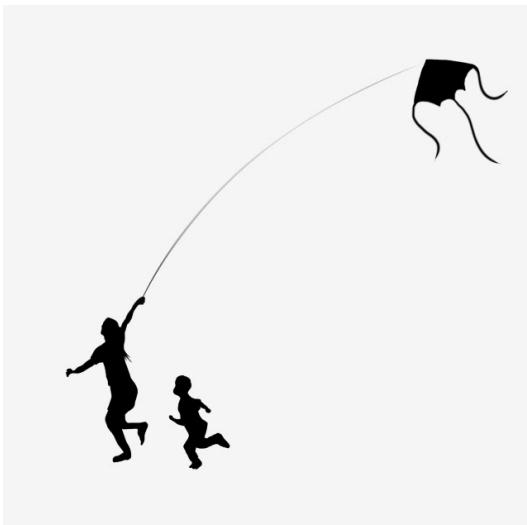
SECOND ISSUE • JANUARY 2020

We are delighted to present our second edition of PIYMs Newsletter. Let's work together as the Malaysian Iyengar Community to learn and progress together and harness the togetherness with joy. We welcome you as members to share artwork, reflections written work, photographs in any medium of expression - relating to the practice of Iyengar Yoga.

In this edition, please enjoy the article 'Guruji Iyengar On: How He Evolved The Concept of Alignment' and stay up-to-date on upcoming convention, workshop & retreat. We look forward to any and all feedback.

Love,
P.I.Y.M. Team

Guruji Iyengar On:
How He Evolved The Concept of Alignment



My practice of yoga was like the flying of a kite.

It was going in all directions.

The determination was like the thread in hand. It kept me fixed.

[Read More](#)

BKSI Yoga Convention Asia 2020

Announcement

Dear Members,

Below is the email content from the Jakarta Convention Secretariat which is self explanatory. If you want to register please fill the jotform below:

Respected Teachers and Participants,

We are sorry to inform you that due to personal reasons Abhijata Iyengar will not lead the BKSI Yoga Indonesia Convention on March 2020 in Jakarta.

To replace Abhijata, we are happy to announce that **Raya Uma Datta** and **Uday Bhosale** will lead the upcoming convention.

We regret any inconvenience this may have caused you, even though we have tried our best to inform you all as soon as possible. But due to Christmas and New Year holidays we have announced it as early as we can.

Should it become necessary for you to cancel your participation, any request by a registrant must be received in writing via email to bksiconventionina@gmail.com or by phone at +6281289188900. A request for cancellation will be accepted up to the deadline time on **31 January 2020**. After that date, we will no longer be accepting cancellations. Convention fees refunds will be processed after the convention hence between 3 - 4 months after we receive the registrant's cancellation letter.

Therefore, on behalf of the committee, we would like to apologize for the inconvenience. And we look forward to seeing you in Jakarta on March 2020.

Thank you for your understanding.

Wishing you all a Happy New Year 2020 ... Let it bring a lot of wisdom, peace and happiness.

Warm Regards,
BKSI Yoga Indonesia

A brief profile of Raya Uma Datta and Uday Bhosale

Click to enlarge and download the images below.



RAYA UMA DATTA
RIMIYI SENIOR TEACHER

A BRIEF INTRODUCTION

Started classes at the Ramamani Iyengar Memorial Yoga Institute when he was 10 years old.

In 1998, he performed asanas as part of Gurji's 80th birthday celebrations. At that point in time, Gurji told him to learn and practice. By the age of 20, he was teaching the Children's class at the RIMIYI.

He has been teaching general classes (adults) since 2002. He teaches regular general classes at the RIMIYI and also is a teacher in medical classes.

With Gurji, he travelled to Russia in 2009 and China in 2011. He was part of Geetaji's entourage to Australia in 2009, SA Conference in 2011 and China in 2014.

He has taught workshops or conventions in Israel, Canada, Italy, Germany, Spain, South Africa, Chile, Brazil, Argentina, Belgium, UK, Russia, Netherlands, Lithuania, Switzerland, Hong Kong etc. He has studied his B.A. and M.A. in Philosophy.

He is an amateur photographer. One of his main hobbies is long distance road biking.

I am not here to teach. This will be more like a walk through the museum of Iyengar yoga. I will share the little I know, will show and present the art works of Gurji.

"Every moment has its own truth. There is no conflict if we confront it. Harmony surfaces."

BKSI YOGA ASIA CONVENTION 2020



UDAY BHOSALE
RIMIYI SENIOR TEACHER

A BRIEF INTRODUCTION

A former Taekwondo enthusiast, Uday was introduced to the Iyengar method by his martial arts teacher. He began learning directly with Gurji, Geetaji and Prashanti in 1999.

Over his many years at the Iyengar Yoga Institute in Pune, Uday conducted classes for children (7-15years), intermediate and beginner students. Uday was a regular assistant in the medical (therapeutic) Yoga classes at RIMIYI, held thrice a week.

"Now since Gurji's demise, I feel it is a responsibility of all of us to continue practising on the lines he has shown us and to continue to grow."

"We have the responsibility to keep it alive and present it for newer generations to witness its uniqueness and wonder."

BKSI YOGA ASIA CONVENTION 2020



Register through PIYM with SPECIAL DISCOUNT and FREE DVDS!

The association is delighted to inform that, PIYM bears a Special Price of **MYR1640.00*** offer to ALL PIYM members until 31 January 2020

In addition, PIYM members who sign up through PIYM, will get a FREE DVD set from Abhijataji's session that was held in Malaysia in 2016.

*with condition applies: only PIYM Members registered under PIYM as a group is entitled the discount price with FREE DVD set.

Become a PIYM Member Now

Register for Convention Now

For further details, kindly email to piymprotemcomm@gmail.com

Yoga Retreat with Ramanandji

'Perfect hideaway' from the stressfulness of city-life. Stay in Forest Hut / Mountain Villa / Sanctury Family Suite

YOGA RETREAT

with RAMANANDJI

@ Jirung Health Village, Chiang Mai, Thailand

February 22 - March 1, 2020

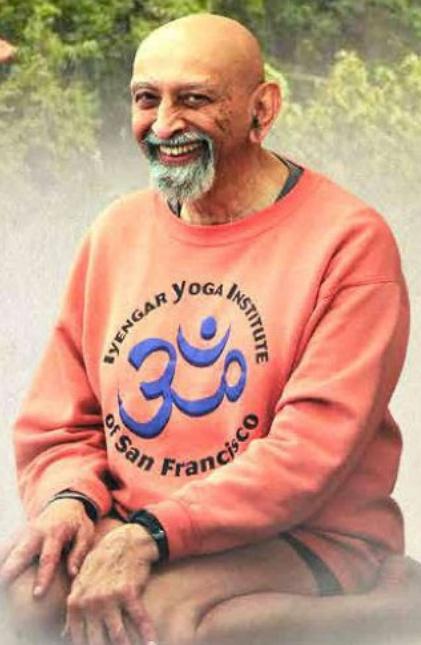
BANDHAS, NADIS & CHAKRAS

An Exploration



JIRUNG

THE ULTIMATE LIFE RETREAT



***Availability Of Accommodation Will Be On A
FIRST COME FIRST SERVE BASIS.***

[View More Info & Register Now](#)

For further details, kindly email to yogadooth@gmail.com

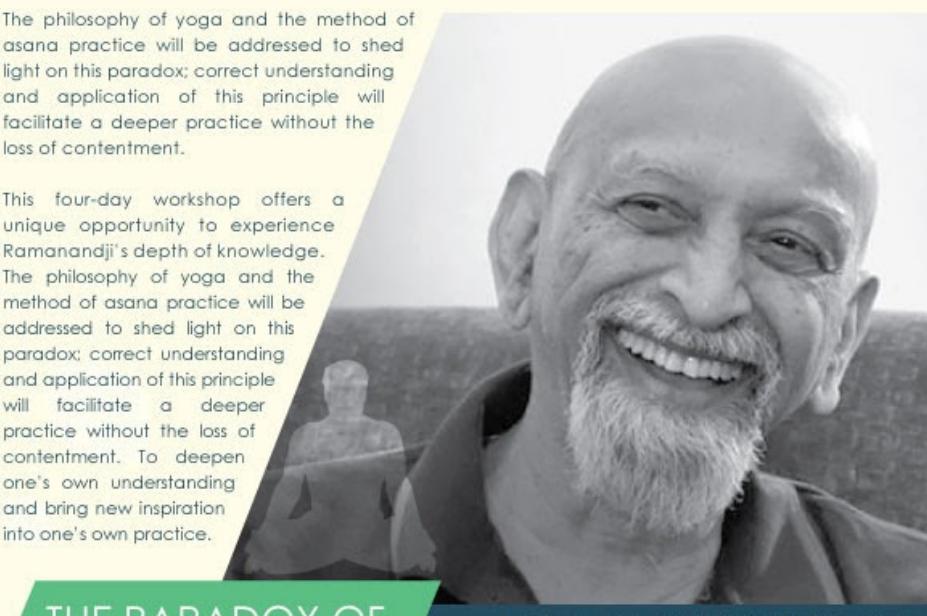
Yoga Workshop with Ramanandji

FEBRUARY 14 TO 17, 2020

WHAT IS THE NATURE OF CONTENTMENT WITH
REGARD TO THIS QUALITY OF ASANA PRACTICE?

The philosophy of yoga and the method of asana practice will be addressed to shed light on this paradox; correct understanding and application of this principle will facilitate a deeper practice without the loss of contentment.

This four-day workshop offers a unique opportunity to experience Ramanandji's depth of knowledge. The philosophy of yoga and the method of asana practice will be addressed to shed light on this paradox; correct understanding and application of this principle will facilitate a deeper practice without the loss of contentment. To deepen one's own understanding and bring new inspiration into one's own practice.



Session 1: 10am - 1pm | Session 2: 3pm - 5pm

THE PARADOX OF CONTENTMENT

SPECIAL YOGA WORKSHOP WITH **RAMANAND PATELJI**

The world's leading Yoga teachers since 1968. He co-founded the Iyengar Yoga Institute of San Francisco in 1974, trained and educated a great multitude of teachers, many of whom became famous internationally.

His vast depth of knowledge regarding physical problems, his technical understanding regarding Asana and Pranayama, and his deep understanding of the fundamental questions of philosophy and psychology are well-balanced by his keen sense of humor. All of these qualities and skills serve to create a thought-provoking and challenging class with regards to every aspect of Yoga.

SCAN ME



To register: <https://www.jotform.com/build/82180810984460>

41-2, Jalan 109E, Desa Business Park, Taman Desa, Off Jalan Klang Lama, 58100 Kuala Lumpur, Malaysia.
For enquiries, email to bksiyogashala@gmail.com • Tel : +603 7982 9979 • Mobile: +6012 320 4115

If you have any questions, kindly reach us at piympromtemcomm@gmail.com

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You are receiving this email because you have registered yourself as a member of Persatuan Iyengar Yoga Malaysia.