#### 反三角函数及其在不定积分中的运用

**前言:**在高中时,我们已经熟知正弦,余弦,正切三种三角函数.在高等数学中,我们将会学习更多三角函数以及它们的反函数,并以此为工具解决一些问题.

首先,我们引入以下三种新的三角函数.

正割函数
$$\sec x = \frac{1}{\cos x}$$
,余割函数 $\csc x = \frac{1}{\sin x}$ ,余切函数 $\cot x = \frac{1}{\tan x}$ .

现在,我们首先来求反三角函数的导数.根据反函数的求导法则有 $f'(x) = \frac{1}{g'(f(x))}$ ,其中g(x)是f(x)的反函数.

我们以
$$y = \arcsin x$$
为例.  $\frac{\mathrm{d}y}{\mathrm{d}x} = \frac{1}{\cos y} = \frac{1}{\cos(\arcsin(x))} = \frac{1}{\sqrt{1-x^2}}$ . 同理可得 $\frac{\mathrm{d}\arccos x}{\mathrm{d}x} = -\frac{1}{\sqrt{1-x^2}}$ . 而 $\frac{\mathrm{d}\arctan x}{\mathrm{d}x} = \frac{1}{\cos^2(\arctan x)} = \frac{1}{1+x^2}$ . 同理可得 $\frac{\mathrm{d}\arctan x}{\mathrm{d}x} = -\frac{1}{1+x^2}$ . 然后.我们就可以开始求不定积分的漫漫征程了.

#### **例1:**求不定积分 $\int \tan x dx$ .

解:

$$\int \tan x dx = \int \frac{\sin x}{\cos x} dx = -\int \frac{d(\cos x)}{\cos x} = -\ln|\cos x| + C$$

**例2:**求不定积分
$$\int \frac{\mathrm{d}x}{a^2 - x^2}$$
.

解:

$$\int \frac{\mathrm{d}x}{a^2 - x^2} = \frac{1}{2a} \int \left( \frac{1}{a+x} + \frac{1}{a-x} \right) \mathrm{d}x$$

$$= \frac{1}{2a} \left( \int \frac{1}{a+x} \mathrm{d}(a+x) - \int \frac{1}{a-x} \mathrm{d}(a-x) \right)$$

$$= \frac{1}{2a} \left( \ln|a+x| - \ln|a-x| \right) + C$$

$$= \frac{1}{2a} \ln\left| \frac{a+x}{a-x} \right| + C$$

**例3:**求不定积分
$$\int \frac{\mathrm{d}x}{a^2 + x^2}$$
.

解:

$$\int \frac{\mathrm{d}x}{a^2 + x^2} = \frac{1}{a^2} \int \frac{\mathrm{d}x}{1 + \left(\frac{x}{a}\right)^2}$$
$$= \frac{1}{a} \int \frac{\mathrm{d}\frac{x}{a}}{1 + \left(\frac{x}{a}\right)^2}$$
$$= \frac{1}{a} \arctan \frac{x}{a} + C$$

**例4:**求不定积分
$$\int \frac{\mathrm{d}x}{\sqrt{a^2-x^2}}$$
.

解:

$$\int \frac{\mathrm{d}x}{\sqrt{a^2 - x^2}} = \int \frac{\mathrm{d}\left(\frac{x}{a}\right)}{\sqrt{1 - \left(\frac{x}{a}\right)^2}}$$
$$= \arcsin\frac{x}{a}$$

# **例5:**求不定积分 $\int \frac{\mathrm{d}x}{\sin x}$ .

解:

$$\int \frac{\mathrm{d}x}{\sin x} = \int \frac{\sin x \mathrm{d}x}{\sin^2 x}$$
$$= -\int \frac{\mathrm{d}(\cos x)}{1 - \cos^2 x}$$
$$= \frac{1}{2} \ln \left| \frac{1 - \cos x}{1 + \cos x} \right| + C$$

**例6:**求不定积分 $\int \frac{\mathrm{d}x}{\cos x}$ .

解:

$$\int \frac{\mathrm{d}x}{\cos x} = \int \frac{\cos x \, \mathrm{d}x}{\cos^2 x}$$

$$= \int \frac{\mathrm{d}(\sin x)}{1 - \sin^2 x}$$

$$= \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C$$

$$= \ln |\sec x + \tan x| + C$$

#### **例7:**求不定积分 $\int \sqrt{a^2 - x^2} dx$ .

解法一:采取换元法.令 $x = a \sin t$ ,则 $dx = a \cos t dt$ .

$$\int \sqrt{a^2 - x^2} dx = \int a \cos t \cdot a \cos t dt = a^2 \int \cos^2 t dt$$

$$= \frac{a^2}{2} \int (1 + \cos 2t) dt$$

$$= \frac{a^2}{2} \left( t + \frac{1}{2} \sin 2t \right) + C$$

$$= \frac{a^2}{2} \left( \arcsin \frac{x}{a} + \frac{x}{a} \sqrt{1 - \frac{x^2}{a^2}} \right) + C$$

$$= \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{x}{2} \sqrt{a^2 - x^2} + C$$

解法二:采取分部积分法.

$$\int \sqrt{a^2 - x^2} dx = x\sqrt{a^2 - x^2} - \int x d\left(\sqrt{a^2 - x^2}\right)$$

$$= x\sqrt{a^2 - x^2} + \int \frac{x^2 dx}{\sqrt{a^2 - x^2}}$$

$$= x\sqrt{a^2 - x^2} + \int \frac{(x^2 - a^2) + a^2}{\sqrt{a^2 - x^2}} dx$$

$$= x\sqrt{a^2 - x^2} - \int \sqrt{a^2 - x^2} dx + a^2 \int \frac{dx}{\sqrt{a^2 - x^2}}$$

可知

$$\int \sqrt{a^2 - x^2} dx = \frac{1}{2} \left( x \sqrt{a^2 - x^2} + a^2 \int \frac{dx}{\sqrt{a^2 - x^2}} \right)$$
$$= \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{x}{2} \sqrt{a^2 - x^2} + C$$

# **例8:**求不定积分 $\int \frac{\mathrm{d}x}{\sqrt{a^2 + x^2}}$ .

**解:**采取换元法.令 $x = a \tan t$ ,则d $x = \frac{a dt}{\cos^2 t}$ .

$$\int \frac{\mathrm{d}x}{\sqrt{a^2 + x^2}} = \int \frac{\frac{a\mathrm{d}t}{\cos^2 t}}{a \cdot \frac{1}{\cos t}} = \int \frac{\mathrm{d}t}{\cos t}$$
$$= \frac{1}{2} \ln \left| \frac{1 + \sin t}{1 - \sin t} \right| + C$$
$$= \ln \left| \frac{1}{\cos t} + \tan t \right| + C$$
$$= \ln \left| \frac{x}{a} + \sqrt{1 + \frac{x^2}{a^2}} \right| + C$$

亦可以写作 $\ln |x + \sqrt{a^2 + x^2}| + C$ .

## **例9:**求不定积分 $\int \sqrt{a^2 + x^2} dx$ .

**解:**采取换元法和分部积分法结合的方法. $x = a \tan t$ ,则 $dx = \frac{a dt}{\cos^2 t}$ .

$$\int \sqrt{a^2 + x^2} dx = \int \frac{a}{\cos t} \cdot \frac{adt}{\cos^2 t} = \int \frac{a^2 dt}{\cos^3 t}$$

我们记
$$I = \int \frac{\mathrm{d}t}{\cos^3 t}$$
,则

$$I = \int \frac{\mathrm{d}t}{\cos^3 t} = \int \frac{\mathrm{d}(\tan t)}{\cos t}$$

$$= \frac{\tan t}{\cos t} - \int \tan t \mathrm{d}\left(\frac{1}{\cos t}\right)$$

$$= \frac{\tan t}{\cos t} - \int \frac{\sin t}{\cos t} \cdot \frac{\sin t}{\cos^2 t} \mathrm{d}t$$

$$= \frac{\tan t}{\cos t} - \int \frac{1 - \cos^2 t}{\cos^3 t} \mathrm{d}t$$

$$= \frac{\tan t}{\cos t} + \int \frac{\mathrm{d}t}{\cos t} - I$$

则有

$$\int \sqrt{a^2 + x^2} dx = a^2 I = \frac{a^2}{2} \left( \frac{\tan t}{\cos t} + \int \frac{dt}{\cos t} \right)$$

$$= \frac{a^2}{2} \left( \frac{x}{a} \sqrt{1 + \frac{x^2}{a^2}} + \ln \left| \frac{x}{a} + \sqrt{1 + \frac{x^2}{a^2}} \right| \right) + C$$

$$= \frac{x}{2} \sqrt{a^2 + x^2} + \frac{a^2}{2} \ln \left| \frac{x}{a} + \sqrt{1 + \frac{x^2}{a^2}} \right| + C$$

亦可以写作 $\frac{x}{2}\sqrt{a^2+x^2}+\frac{a^2}{2}\ln\left|x+\sqrt{a^2+x^2}\right|+C.$ 

**例10:**求不定积分
$$\int \frac{\mathrm{d}x}{\sqrt{x^2 - a^2}}$$
.

**解:**分x > a和x < -a两种情况考虑.当x > a时,设 $x = \frac{a}{\cos t}$ ,其中 $t \in \left(0, \frac{\pi}{2}\right)$ .则有

$$\int \frac{\mathrm{d}x}{\sqrt{x^2 - a^2}} = \int \frac{1}{\sqrt{a^2 \tan^2 t}} \cdot \frac{a \sin t}{\cos^2 t} \mathrm{d}t$$
$$= \int \frac{\mathrm{d}t}{\cos t}$$
$$= \ln \left| \frac{1}{\cos t} + \tan t \right| + C$$

此时我们有
$$\tan t = \sqrt{\frac{1}{\cos^2 t} - 1} = \frac{1}{a} \sqrt{x^2 - a^2}.$$
  
当 $x < -a$ 时,令 $x = -\frac{a}{\cos t}$ 可得到相同的结果.  
综上有 $\int \frac{\mathrm{d}x}{\sqrt{x^2 - a^2}} = \ln \left| x + \sqrt{x^2 - a^2} \right| + C.$ 

## **例11:**求不定积分 $\int \sqrt{x^2 - a^2} dx$ .

解:我们直接采取分部积分法。

$$\int \sqrt{x^2 - a^2} dx = x\sqrt{x^2 - a^2} - \int x d\left(\sqrt{x^2 - a^2}\right)$$

$$= x\sqrt{x^2 - a^2} - \int \frac{x^2 dx}{\sqrt{x^2 - a^2}}$$

$$= x\sqrt{x^2 - a^2} - \int \frac{(x^2 - a^2 + a^2) dx}{\sqrt{x^2 - a^2}}$$

$$= x\sqrt{x^2 - a^2} - \int \sqrt{x^2 - a^2} dx - a^2 \int \frac{dx}{\sqrt{x^2 - a^2}}$$

则有

$$\int \sqrt{x^2 - a^2} dx = \frac{1}{2} \left( x \sqrt{x^2 - a^2} - a^2 \int \frac{dx}{\sqrt{x^2 - a^2}} \right)$$
$$= \frac{x}{2} \sqrt{x^2 - a^2} - \frac{a^2}{2} \ln \left| x + \sqrt{x^2 - a^2} \right| + C$$

总结:整理上述积分可以得出

$$\int \tan x dx = -\ln|\cos x| + C$$

$$\int \frac{dx}{\sin x} = \frac{1}{2} \ln \left| \frac{1 - \cos x}{1 + \cos x} \right| + C$$

$$\int \frac{dx}{\cos x} = \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C$$

$$= \ln|\sec x + \tan x| + C$$

$$\int \frac{dx}{a^2 - x^2} = \frac{1}{2a} \ln \left| \frac{a + x}{a - x} \right| + C$$

$$\int \frac{dx}{a^2 + x^2} = \frac{1}{a} \arctan \frac{x}{a} + C$$

$$\int \frac{dx}{\sqrt{x^2 \pm a^2}} = \ln \left| x + \sqrt{x^2 \pm a^2} \right| + C$$

$$\int \frac{dx}{\sqrt{a^2 - x^2}} = \arcsin \frac{x}{a} + C$$

$$\int \sqrt{x^2 \pm a^2} dx = \frac{x}{2} \sqrt{x^2 \pm a^2} \pm \frac{a^2}{2} \ln \left| x + \sqrt{x^2 \pm a^2} \right| + C$$

$$\int \sqrt{a^2 - x^2} dx = \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{x}{2} \sqrt{a^2 - x^2} + C$$