

## 反三角函数及其在不定积分中的运用

**前言:**在高中时,我们已经熟知正弦,余弦,正切三种三角函数.在高等数学中,我们将会学习更多三角函数以及它们的反函数,并以此为工具解决一些问题.

首先,我们扩展一下所学的三角函数的类型.

### 六种三角函数

正弦函数	$\sin x$	正割函数	$\sec x = \frac{1}{\cos x}$
余弦函数	$\cos x$	余割函数	$\csc x = \frac{1}{\sin x}$
正切函数	$\tan x$	余切函数	$\cot x = \frac{1}{\tan x}$

根据反函数的求导法则,我们可以写出反三角函数的导数.

### 反三角函数的导数

$$(\arcsin x)' = \frac{1}{\sqrt{1-x^2}} \quad (\arccos x)' = -\frac{1}{\sqrt{1-x^2}} \quad (\arctan x)' = \frac{1}{1+x^2}$$

现在,我们来进行一系列不定积分的推导.

### Example 1.

求不定积分

$$\int \tan x dx$$

### Solution.

$$\int \tan x dx = \int \frac{\sin x}{\cos x} dx = - \int \frac{d(\cos x)}{\cos x} = -\ln |\cos x| + C$$

**Example 2.**

求不定积分

$$\int \frac{dx}{a^2 - x^2}$$

**Solution.**

$$\begin{aligned}\int \frac{dx}{a^2 - x^2} &= \frac{1}{2a} \int \left( \frac{1}{a+x} + \frac{1}{a-x} \right) dx \\ &= \frac{1}{2a} \left( \int \frac{1}{a+x} d(a+x) - \int \frac{1}{a-x} d(a-x) \right) \\ &= \frac{1}{2a} (\ln |a+x| - \ln |a-x|) + C \\ &= \frac{1}{2a} \ln \left| \frac{a+x}{a-x} \right| + C\end{aligned}$$

**Example 3.**

求不定积分

$$\int \frac{dx}{a^2 + x^2}$$

**Solution.**

$$\int \frac{dx}{a^2 + x^2} = \frac{1}{a^2} \int \frac{dx}{1 + \left(\frac{x}{a}\right)^2} = \frac{1}{a} \int \frac{\frac{dx}{a}}{1 + \left(\frac{x}{a}\right)^2} = \frac{1}{a} \arctan \frac{x}{a} + C$$

**Example 4.**

求不定积分

$$\int \frac{dx}{\sqrt{a^2 - x^2}}$$

**Solution.**

$$\int \frac{dx}{\sqrt{a^2 - x^2}} = \int \frac{d\left(\frac{x}{a}\right)}{\sqrt{1 - \left(\frac{x}{a}\right)^2}} = \arcsin \frac{x}{a} + C$$

**Example 5.**

求不定积分

$$\int \frac{dx}{\sin x}$$

**Solution.**

$$\int \frac{dx}{\sin x} = \int \frac{\sin x dx}{\sin^2 x} = - \int \frac{d(\cos x)}{1 - \cos^2 x} = \frac{1}{2} \ln \left| \frac{1 - \cos x}{1 + \cos x} \right| + C$$

**Example 6.**

求不定积分

$$\int \frac{dx}{\cos x}$$

**Solution.**

$$\int \frac{dx}{\cos x} = \int \frac{\cos x dx}{\cos^2 x} = \int \frac{d(\sin x)}{1 - \sin^2 x} = \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C = \ln |\sec x + \tan x| + C$$

**Example 7.**

求不定积分

$$\int \sqrt{a^2 - x^2} dx$$

**Solution(Method I).**

采取换元法. 令  $x = a \sin t$ , 则  $dx = a \cos t dt$ .

$$\begin{aligned}
 \int \sqrt{a^2 - x^2} dx &= \int a \cos t \cdot a \cos t dt = a^2 \int \cos^2 t dt \\
 &= \frac{a^2}{2} \int (1 + \cos 2t) dt \\
 &= \frac{a^2}{2} \left( t + \frac{1}{2} \sin 2t \right) + C \\
 &= \frac{a^2}{2} \left( \arcsin \frac{x}{a} + \frac{x}{a} \sqrt{1 - \frac{x^2}{a^2}} \right) + C \\
 &= \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{x}{2} \sqrt{a^2 - x^2} + C
 \end{aligned}$$

**Solution(Method II).**

采取分部积分法.

$$\begin{aligned}
 \int \sqrt{a^2 - x^2} dx &= x\sqrt{a^2 - x^2} - \int x d(\sqrt{a^2 - x^2}) \\
 &= x\sqrt{a^2 - x^2} + \int \frac{x^2 dx}{\sqrt{a^2 - x^2}} \\
 &= x\sqrt{a^2 - x^2} + \int \frac{(x^2 - a^2) + a^2}{\sqrt{a^2 - x^2}} dx \\
 &= x\sqrt{a^2 - x^2} - \int \sqrt{a^2 - x^2} dx + a^2 \int \frac{dx}{\sqrt{a^2 - x^2}}
 \end{aligned}$$

可知

$$\begin{aligned}
 \int \sqrt{a^2 - x^2} dx &= \frac{1}{2} \left( x\sqrt{a^2 - x^2} + a^2 \int \frac{dx}{\sqrt{a^2 - x^2}} \right) \\
 &= \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{x}{2} \sqrt{a^2 - x^2} + C
 \end{aligned}$$

**Example 8.**

求不定积分

$$\int \frac{dx}{\sqrt{a^2 + x^2}}$$

**Solution.**

采取换元法. 令  $x = a \tan t$ , 则  $dx = \frac{adt}{\cos^2 t}$ .

$$\begin{aligned}\int \frac{dx}{\sqrt{a^2 + x^2}} &= \int \frac{\frac{adt}{\cos^2 t}}{a \cdot \frac{1}{\cos t}} = \int \frac{dt}{\cos t} \\&= \frac{1}{2} \ln \left| \frac{1 + \sin t}{1 - \sin t} \right| + C \\&= \ln \left| \frac{1}{\cos t} + \tan t \right| + C \\&= \ln \left| \frac{x}{a} + \sqrt{1 + \frac{x^2}{a^2}} \right| + C\end{aligned}$$

亦可以写作  $\ln |x + \sqrt{a^2 + x^2}| + C$ .

### Example 9.

求不定积分

$$\int \sqrt{a^2 + x^2} dx$$

### Solution

采取换元法和分部积分法结合的方法. 置  $x = a \tan t$ , 则  $dx = \frac{adt}{\cos^2 t}$ , 从而

$$\int \sqrt{a^2 + x^2} dx = \int \frac{a}{\cos t} \cdot \frac{adt}{\cos^2 t} = \int \frac{a^2 dt}{\cos^3 t}$$

我们记  $I = \int \frac{dt}{\cos^3 t}$ , 则

$$\begin{aligned}I &= \int \frac{dt}{\cos^3 t} \\&= \int \frac{d(\tan t)}{\cos t} \\&= \frac{\tan t}{\cos t} - \int \tan t d\left(\frac{1}{\cos t}\right) \\&= \frac{\tan t}{\cos t} - \int \frac{\sin t}{\cos t} \cdot \frac{\sin t}{\cos^2 t} dt \\&= \frac{\tan t}{\cos t} - \int \frac{1 - \cos^2 t}{\cos^3 t} dt \\&= \frac{\tan t}{\cos t} + \int \frac{dt}{\cos t} - I\end{aligned}$$

则有

$$\begin{aligned}\int \sqrt{a^2 + x^2} dx &= a^2 I = \frac{a^2}{2} \left( \frac{\tan t}{\cos t} + \int \frac{dt}{\cos t} \right) \\&= \frac{a^2}{2} \left( \frac{x}{a} \sqrt{1 + \frac{x^2}{a^2}} + \ln \left| \frac{x}{a} + \sqrt{1 + \frac{x^2}{a^2}} \right| \right) + C \\&= \frac{x}{2} \sqrt{a^2 + x^2} + \frac{a^2}{2} \ln \left| \frac{x}{a} + \sqrt{1 + \frac{x^2}{a^2}} \right| + C\end{aligned}$$

亦可以写作  $\frac{x}{2} \sqrt{a^2 + x^2} + \frac{a^2}{2} \ln |x + \sqrt{a^2 + x^2}| + C$ .

### Example 10.

求不定积分

$$\int \frac{dx}{\sqrt{x^2 - a^2}}$$

### Solution.

分  $x > a$  和  $x < -a$  两种情况考虑. 当  $x > a$  时, 设  $x = \frac{a}{\cos t}$ , 其中  $t \in (0, \frac{\pi}{2})$ . 则有

$$\begin{aligned}\int \frac{dx}{\sqrt{x^2 - a^2}} &= \int \frac{1}{\sqrt{a^2 \tan^2 t}} \cdot \frac{a \sin t}{\cos^2 t} dt \\&= \int \frac{dt}{\cos t} \\&= \ln \left| \frac{1}{\cos t} + \tan t \right| + C\end{aligned}$$

此时我们有  $\tan t = \sqrt{\frac{1}{\cos^2 t} - 1} = \frac{1}{a} \sqrt{x^2 - a^2}$ .

当  $x < -a$  时, 令  $x = -\frac{a}{\cos t}$  可得到相同的结果.

综上有  $\int \frac{dx}{\sqrt{x^2 - a^2}} = \ln |x + \sqrt{x^2 - a^2}| + C$ .

### Example 11.

求不定积分

$$\int \sqrt{x^2 - a^2} dx$$

**Solution(Method I).**

采取分部积分法.

$$\begin{aligned}
 \int \sqrt{x^2 - a^2} dx &= x\sqrt{x^2 - a^2} - \int x d(\sqrt{x^2 - a^2}) \\
 &= x\sqrt{x^2 - a^2} - \int \frac{x^2 dx}{\sqrt{x^2 - a^2}} \\
 &= x\sqrt{x^2 - a^2} - \int \frac{(x^2 - a^2 + a^2) dx}{\sqrt{x^2 - a^2}} \\
 &= x\sqrt{x^2 - a^2} - \int \sqrt{x^2 - a^2} dx - a^2 \int \frac{dx}{\sqrt{x^2 - a^2}}
 \end{aligned}$$

则有

$$\begin{aligned}
 \int \sqrt{x^2 - a^2} dx &= \frac{1}{2} \left( x\sqrt{x^2 - a^2} - a^2 \int \frac{dx}{\sqrt{x^2 - a^2}} \right) \\
 &= \frac{x}{2} \sqrt{x^2 - a^2} - \frac{a^2}{2} \ln |x + \sqrt{x^2 - a^2}| + C
 \end{aligned}$$

**Solution(Method II).**

采取换元法. 当  $x > a$  时, 置  $x = \frac{a}{\cos t}$ ,  $t \in (0, \frac{\pi}{2})$ . 则

$$\begin{aligned}
 \int \sqrt{x^2 - a^2} dx &= \int \sqrt{a^2 \tan^2 t} \cdot \frac{a \sin t}{\cos^2 t} dt \\
 &= a^2 \int \frac{\sin^2 t}{\cos^3 t} dt \\
 &= a^2 \left( \int \frac{dt}{\cos^3 t} - \int \frac{dt}{\cos t} \right)
 \end{aligned}$$

由 **Example 9** 可知  $\int \frac{dt}{\cos^3 t} = \frac{1}{2} \left( \frac{\tan t}{\cos t} + \int \frac{dt}{\cos t} \right)$  从而

$$\begin{aligned}
 \int \sqrt{x^2 - a^2} dx &= \frac{a^2}{2} \left( \frac{\tan t}{\cos t} - \int \frac{dt}{\cos t} \right) \\
 &= \frac{a^2}{2} \left( \frac{\sqrt{1 - \frac{a^2}{x^2}}}{\frac{a^2}{x^2}} + \ln \left| \frac{x}{a} + \sqrt{1 - \frac{a^2}{x^2}} \right| \right) + C_0 \\
 &= \frac{x^2}{2} \sqrt{x^2 - a^2} - \frac{a^2}{2} \ln |x + \sqrt{x^2 - a^2}| + C
 \end{aligned}$$

当  $x < -a$  时亦可以得到相同的结果. 于是

$$\int \sqrt{x^2 - a^2} dx = \frac{x^2}{2} \sqrt{x^2 - a^2} - \frac{a^2}{2} \ln |x + \sqrt{x^2 - a^2}| + C$$

## Integral Table

1.  $\int \frac{dx}{\sqrt{x^2 \pm a^2}} = \ln \left| x + \sqrt{x^2 \pm a^2} \right| + C$
2.  $\int \sqrt{x^2 \pm a^2} dx = \frac{x^2}{2} \sqrt{x^2 \pm a^2} \pm \frac{a^2}{2} \ln \left| x + \sqrt{x^2 \pm a^2} \right| + C$
3.  $\int \frac{dx}{\sqrt{a^2 - x^2}} = \arcsin \frac{x}{a} + C$
4.  $\int \sqrt{a^2 - x^2} = \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{x}{2} \sqrt{a^2 - x^2} + C$
5.  $\int \frac{dx}{a^2 - x^2} = \frac{1}{2a} \ln \left| \frac{a+x}{a-x} \right| + C$
6.  $\int \frac{dx}{a^2 + x^2} = \frac{1}{a} \arctan \frac{x}{a} + C$
7.  $\int \tan x dx = -\ln |\cos x| + C$
8.  $\int \frac{dx}{\sin x} = \frac{1}{2} \ln \left| \frac{1 - \cos x}{1 + \cos x} \right| + C$
9.  $\int \frac{dx}{\cos x} = \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C = \ln |\sec x + \tan x| + C$