I feel like health is how you feel everyday. If you feel happy and you feel clean, then I think you can be considered healthy. Health does not have to mean fit or skinny or muscular, it can mean happy or content as well.

Work to me feels like something that has an end goal. Work can be a job, a hobby, or even cooking, as long as there is an end goal and there is a reason it is being done.

Play to me feels like something meant to relax you or make you feel happy. Play is meant to de-stress you and release the tension you build when you do tedious or monotonous things.

Love is hope, peace, happiness, or even joy. Love means you have pure feeling and that the object of your love truly means something important to you.

1 health ½

2 work 1/2

3 play ½

4 love 3/4

Workview - Why should I work? Because I want to make money, and I want something to occupy some of my time. I want to work to protect those I love. I want to create something that someone else enjoys and that someone wants. I want to be a creator of something that someone tells others about and that is truly enjoyed.

Lifeview - I am here to have a family, and to love them. I want to protect them and keep them safe, obtain memories with them and create memories for them. I believe that good is the intent to do or create something better, something to benefit all, and to make those you love happy. I believe that there is a God and that he has put us here to learn and to grow and to find ourselves, that we may become better people and that we may learn what it is to love, to know the value of something. Everything in theory has an opposite, but until we learn these things, we cannot truly say that we KNOW them before we have EXPERIENCED them. That is why we are here. To KNOW love. To EXPERIENCE love. And to TEACH love. We are here to learn as much as we can before we return to him.