



Academy of Nice

Support services in English for students

Updated November 2021 - www.student-support.info

<p>BAPU (Bureau d'Aide Psychologique Universitaire)</p> <p>All students from Alpes maritimes</p> <p>French, English</p>	<p>Appointments with a psychologist are available, both on site and remotely.</p> <p>Bring your student card and an up-to-date social security certificate.</p> <p>The BAPU can be contacted by email or by phone.</p>	<p>04.93.87.72.78</p> <p>contact@bapunice.org</p> <p>www.bapunice.org</p> <p>For students living in student housing:</p> <p>permanences@bapunice.org.</p> <p>A presence is also assured at the Villa Arson on Friday mornings.</p>
<p>Plateforme du CROUS Nice-Toulon (SPS)</p> <p>All students</p> <p>French, English</p>	<p>Until December 2021:</p> <p>Free, anonymous and confidential counseling call platform.</p> <p>Available 24 hours a day, 7 days a week.</p> <p>From January 2022:</p> <p>Listening line with psychologists available 24/7,</p> <p>Online chat via their website.</p> <p>Consult the Crous Nice-Toulon website from January 2022 to know the new phone number:</p> <p>www.crous-nice.fr/aides-sociales/aide-psychologique/</p>	<p>Until December 2021 : 0 805 23 23 36</p> <p>From January 2022 : See website</p> <p>www.crous-nice.fr/aides-sociales/aide-psychologique/</p>
<p>Santé Psy Étudiant</p> <p>All students</p> <p>French, and other languages depending on the psychologist</p>	<p>Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.</p> <p>To access this free support, students must first get a referral letter from a</p>	<p>More information and the list of psychologists : https://santepsy.etudiant.gouv.fr/</p>

	<p>doctor/GP (not necessarily from their university health service, they can be private as well).</p> <p>A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.</p>	
<p>SUMPPS de l'université de Nice Sophia Antipolis</p> <p>All students from Côte d'Azur University</p>	<p>Counselors can provide referral support in English, but not full-time consultations.</p>	<p>04 94 11 30 85</p> <p>Counselor (Sophie Bereny) : 06 25 75 07 69 sophie.bereny@univ-cote-dazur.fr</p>
<p>Espace santé Science Po Menton</p> <p>Students of Science Po Menton</p> <p>French, English</p>	<p>The Sciences Po Health Unit is present on each campus and is composed of general practitioners, nurses, psychologists and psychiatrists.</p> <p>Consultations are held in French or English and are free and confidential.</p> <p>Some doctors consult by appointment only: in this case, appointments are made by email.</p> <p>Psychology and Psychiatry (by appointment)</p> <p>Ariane Fournier, Psychiatrist, Office 312</p>	<p>docteur.menton@sciencespo.fr</p> <p>www.sciencespo.fr/etudiants/fr/vivre/sante/pole-sante.html</p>

CMP

The Centres Médico-Psychologiques, to which you are attached depending on where you live (sector), are often able to offer support, see list below. To find your related CMP, consult the directory by clicking [this link for Nice](#).

Hôpital du Petit Paris For students in Grasse Some staff can speak English, Arabic and Italian.	On-site consultations. Open from 9.am to 5.pm, Monday to Friday.	04 93 09 55 45
CMP Valbonne For students in Valbonne French, English, Arabic, Russian	On-site consultations. Open from 9.30 am to 4.30 pm, Wednesday and Thursday.	04 92 90 19 00
CMP Adultes Cuers For students in Cuers French and English	On-site consultations. Open from 9.am to 5.pm, Monday to Friday.	04 94 13 50 91
CMP d'Antibes For students who live in Antibes French, English, and Russian	On-site consultations. Open from 9.30 am to 4.30 pm, Monday to Friday.	cmpantibes-adulte@ch-antibes.fr 04 97 24 83 50

<p>Service psychiatrique Seyne-Sur-Mer</p> <p>For students who lives in western Var</p> <p>French and English</p>	<p>Phone consultations.</p> <p>Open from 9.am to 5.pm, Monday to Friday.</p>	<p>04 94 11 30 85</p>
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