

Academy of Lille

Support services in English for students

Updated 28/10/21 - www.student-support.info

BAPU of Lille

Students and young adults from 17 to 28 years old French, English Open Mondays, Wednesdays, Thursdays and Fridays 9am–12:30pm and 1:30pm-5pm; Tuesdays 9am–12:30pm and 3pm-5pm.

Book an appointment over the phone or in-person at the office. Appointments are paid for by social security, you don't have to pay it forward (as long as you can show a carte vitale and student card at your first appointment).

Appointments can be booked with a social worker if you would like social information.

03 20 54 85 26 bapulille@gmail.com

Address : BAPU 153 boulevard de la liberté 59000 Lille

MDA of Mauberge

Anyone under 25 years French, a bit of English; possibility of requesting the services of an interpreter The MDA is a youth support centre which can support students in higher education as well as in school. Come with or without an appointment; best to call beforehand.

A first discussion with a social worker/educator/nurse may lead to appointments with the MDA's psychologist.

Phone or video appointments are possible, but it is encouraged to come on site independently.

Open Mondays 2pm-6pm; Tuesday to Friday 9:30am-12:30pm, 1pm-6pm.

03 27 62 34 15

mda-maubeuge@afeji.org

12 rue de la Liberté 59600, Maubeuge

Happsy Lines (Apsytude)

Students at the following universities:

- ENSAIT Roubaix

French, English, other languages dependent on the psychologist (some Happsy Lines not listed available only in French) "Happsy Lines" are free one-to-one counselling services with a psychologist via webcam, organised by the Apsytude organisation, for students.

Each Happsy Line has its own psychologist, its own opening hours, and its own target audience; whether or not you are eligible to use a Happsy Line depends on who has funded that line. Some of the Happsy Line psychologists speak English; the full list is on the left.

Book an appointment online or via email.

More info on Happsy Lines:

https://www.apsytude.com /fr/apsytude/nos-actions/h appsy-line/

Details on individual Happsy Lines in the region:

https://www.apsytude.com /fr/non-classe/happsy-linenord-est/

Book an appointment: https://www.apsytude.com /fr/prendre-rendez-vous/ 06 27 86 91 83 rdv.apsytude@gmail.com

Happsy Hours (Apsytude)

Students in one of the following groups:

- Residents of the Crous Lille Nord-Pas-de-Calais
- Students at Sciences Po Lille
- Students at ENSAP
- Students at Centrale Lille (Ecole centrale de Lille and ITEEM)
- Students at IG2I

French, English, other languages dependent on the psychologist (some Happsy Lines not listed available only in French) In some universities, the Apsytude organisation offers "Happsy Hours": free face-to-face counselling sessions with a psychologist. Sessions focus on helping the student develop solutions to their problems (stress, depression, sleep, self-confidence...). The first appointment can be extended to a multi-session plan. Some universities run the sessions as a drop-in while others require a booked appointment. More information on the Apsytude website.

The opening times, psychologists, and languages available at each Happsy Hour depend on the university. The ones where English is available are listed on the left. More info on the website.

More info on Happsy Hours:

https://www.apsytude.com /fr/apsytude/nos-actions/h appsy-hours/

Map of all Happsy Hours, dates and times: https://www.apsytude.com/fr/ou-sommes-nous/happsy-hours/

Book an appointment : https://www.apsytude.com /fr/prendre-rendez-vous/ 06 27 86 91 83 rdv.apsytude@gmail.com

Nightline Lille

All students aged 18 and over French, English

A nocturnal listening and chat service, operated for students and by other students. Anonymous, confidential, non-directive and non-judgemental.

Open from Thursday to Monday, 9pm—2:30am.

03 74 21 11 12

https://www.nightline.fr/en/en/lille

Dispositif Étudiant Lillois Contre l'Isolement Social (DELCIS)

All students at the Université de Lille

French + multilingual

Telephone service and Discord server run by students (mostly final year psychology students) and supervised by psychologists.

The phone service:

Audio calls in groups of 4 to 6 people on Discord, with at least one or two listeners of which at least one is a final year psychology masters student. Calls in foreign languages are possible depending on the languages which the listeners speak. Book a slot via the google forms link to the right (more info by searching DELCIS on Google).

The Discord server:

A space with several thematic channels (sports, films, literature, video games, art, etc) where you can talk to fellow students.

Phone service : https://forms.gle/5TGcFNg 34efmFakSA

Discord server : https://discord.gg/vCdXZ MQ

	There is a multilingual channel which you can use in languages other than French.	
--	---	--