



Academy of Besançon

Support services in english for students

Updated 18/11/20 - www.student-support.info

Support services available to all students

Apsytude

For all students

French, English, Spanish

L'Happsy Line (video consultation with a psychologist) and the Happsy Hours (consultation in person or online) remain open. To make an appointment, you can call, send an email or fill out the the form on their website.

06 27 86 91 83.

rdv.apsytude@gmail.com

Fill out the form :

<http://www.apsytude.com/fr/rdv-hl/>

Site:

<http://www.apsytude.com/>

Support services available to some students

Depending on your higher education institution, or for students in health-related sciences.

SUMPPS de l'Université Franche-Comté

For all students from the university of Franche-Comté

At Besançon : phone consultation from monday to friday, from 10.am to 4.pm without interruption.

At Belfort and Montbéliard : phone consultation from monday to friday, from 10.am to 4.pm without interruption.

Besançon:

sumpps@univ-fcomte.fr

Belfort and Montbéliard:

sumpps-belfort@univ-fcomte.fr

and

sumpps-montbeliard@univ-fcomte.fr

CMP

Centres Médico-Psychologique (Medical and Psychological Centers) are mental health institutions located throughout every region. Their goal is to offer a first exchange if you need to speak to someone. You can call to make an appointment with a nurse who will listen to you, before redirecting you towards a psychiatrist or psychologist if need be.

To find the **CMP** you should visit, consult the directory found [here](#).

CMP Montarmots

Adults from 18 to 65 years old

North of Besançon (Palente, Montrapon, les Orchamps, Saint-Claude, la Bouloie, Battant and Tilleroyes)

French, English, Portuguese
and possibility to hire a translator

Open from 9.am to 5.pm, from monday to friday. Attention waiting times for psychological follow-ups

03 81 25 43 34