



Academy of Grenoble

Support services in English for students

Updated November 2021 - www.student-support.info

<p>HELPS</p> <p>Any student in health studies French, English</p>	<p>Active listening contact platform by medicine and psychology students (externs and interns). After a first listening session, possibility of redirecting to partner psychiatrists or psychologists (private or from the CHU) and/or to another psychological support platform. Contact them by facebook or email, 24 hours a day; contact by phone during the day.</p>	<p>Facebook (Hector Helps)</p> <p>Or by email: helps.grenoble@gmail.com</p> <p>https://helpsgrenoble.wordpress.com</p>
<p>Les psys du coeur</p> <p>Open to anyone French, English</p>	<p>Open on Saturday morning from 9 am to 12 am without appointment. Listening center, therapy, pathology treatment if there is a need. Telephone line : 0756964644 or 0662265897, you can write an email with your name and number to this address : fildespsysducoeur@gmail.com to be recontacted on Thursdays.</p>	<p>Tel : +33 7 63 47 42 14</p> <p>https://www.psysducoeur.fr/grenoble-2/</p>
<p>Observatoire des discriminations et des territoires interculturels (ODTI) - Observatory for discriminations and intercultural territories</p> <p>Open to anyone French, Arabic, English</p>	<p>Call to set up in-person appointments, as well as phone ones.</p> <p>Open Monday–Thursday, from 9am to 12pm and 2pm to 6pm. Friday, 9am to 1pm.</p>	<p>Tel: +33 4 76 42 60 45</p> <p>Address: Résidence Nordine Hadj Amar 7 Place Edmond Arnaud 38000 Grenoble</p>
<p>Happsy Lines (Apsytude)</p> <p>Students meeting one of the following criteria:</p> <ul style="list-style-type: none"> - Student at Nexity Studéa <p>French, English, other languages dependent on the psychologist (some Happsy Lines not listed available only in French)</p>	<p>“Happsy Lines” are free one-to-one counselling services with a psychologist via webcam, organised by the Apsytude organisation, for students.</p> <p>Each Happsy Line has its own psychologist, its own opening hours, and its own target audience; whether or not you are eligible to use a Happsy Line depends on who has funded that line. Some of the Happsy Line psychologists speak English; the full list is on the left.</p> <p>Book an appointment online or via email.</p>	<p>More info on Happsy Lines: https://www.apsytude.com/fr/apsytude/nos-actions/happsy-line/</p> <p>Details on individual Happsy Lines: https://www.apsytude.com/fr/ou-sommes-nous/happsy-line/</p> <p>Book an appointment: https://www.apsytude.com/fr/prendre-rendez-vous/ 06 27 86 91 83 rdv.apsytude@gmail.com</p>

<p>Support platform of University Savoie Mont Blanc</p> <p>For all students of the University of Savoie Mont Blanc.</p>	<p>Listening service and personal guidance for social, financial, health and psychological difficulties.</p> <p>From 8am to 12pm, but the telephone line is open all day long.</p>	<p>Phone: 04 79 75 94 15</p> <p>Email: soutien.etudiant@univ-smb.fr</p> <p>Website: https://www.univ-smb.fr/vie-etudiante-campus/plateforme-de-soutien-aux-etudiants-de-lusmb/</p>
<p>Center against Isolation and suicide prevention</p> <p>Anyone from 18 years old.</p>	<p>Support service and therapy.</p> <p>You can come on site from 2 p.m from 6 p.m, from Monday to friday without an appointment.</p>	<p>1 place de l'Étoile Grenoble 38000</p> <p>04 76 87 90 45</p>