



Academy of Poitiers

Support services in English for students

Updated November 2021 - www.student-support.info

Support services available to all students

Santé Psy Étudiant

All students

French, and other languages depending on the psychologist

Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.

To access this free support, students must first get a referral letter from a doctor/GP (not necessarily from their university health service, they can be private as well).

A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.

More information and the list of psychologists :
<https://santepsy.etudiant.gouv.fr/>

Maison des Adolescents of la Rochelle (the MDAJA 17)

For young people between 12 and 25 years old.

French, English, and Spanish

Open on Monday at 12:00 pm. to 6:00 pm, Tuesday to Thursday at 10 am. to 6 pm. and Friday at 9:00 am to 5 pm.

They will receive you within a short time, free of charge and by appointment. The meetings are confidential. You can come by yourself or with someone. The MDA proposes listening, advice and guidance.

Interviews are possible by appointment only. Contact them by phone, email or online on their website to book an appointment.

05 46 50 01 49

contact@maisondesadolescents17.fr

Website :
<https://maisondesadolescents17.fr/>

They also have two “promeneurs du net” available on their Facebook page (visit website) to chat. They are present in the PAEJ offices as well.

Support services specific to some students

Depending on your higher education institution or student residence

Happsy Lines (Apsytude)

Students meeting one of the following criteria: resident student in Nexity Studéa (September 2021 to April 2022)

French, English, other languages dependent on the psychologist (some Happsy Lines not listed available only in French)

“Happsy Lines” are free one-to-one counselling services with a psychologist via webcam, organised by the Apsytude organisation, for students.

Each Happsy Line has its own psychologist, its own opening hours, and its own target audience; whether or not you are eligible to use a Happsy Line depends on who has funded that line. Some of the Happsy Line psychologists speak English; the full list is on the left.

Book an appointment online or via email.

More info on Happsy Lines:

<https://www.apsytude.com/fr/apsytude/nos-actions/happsy-line/>

Details on individual Happsy Lines:

<https://www.apsytude.com/fr/ou-sommes-nous/happsy-line/>

Book an appointment:

<https://www.apsytude.com/fr/prendre-rendez-vous/>
06 27 86 91 83
rdv.apsytude@gmail.com

Student discord Picto-Charentais.e.s

All students of Poitou-Charentes.

French, English

The aim of this initiative, in the first place, is to reunite every student of the university of Poitiers, and to inform them about the Crous and school matters.

But it's also a place where they can discuss freely about different topics such as movies, series, cooking, sport, games etc.. A way to prevent isolation from students.

Thus this creation of a discord as a tool to inform and as a cultural exchange to fight against student's isolation.

Discord :

<https://discord.com/invite/bmxUCAk>

Website :

<https://services.dgesip.fr/l19/41ZJlyV0SI243G5jr4K1b1ec6/>

<p>Service de Santé Universitaire (SSU) of the University of Poitiers</p> <p>Students of the University of Poitiers.</p> <p>French, English</p>	<p>Schedule of the Poitiers SSU : open on Monday to Thursday at 8:30 am to 7:30 pm. and on Friday at 8:30 am. to 4:30 pm..</p> <p>The SSU of the University of Poitiers offers various medical consultations with health professionals, only by appointment. After a first meeting with a nurse, you would be guided to a psychologist.</p> <p>Schedule Angoulême: Open on Monday to Friday at 8:00 am. to 4:30 pm. Nathalie Cosnard, the Nurse, takes care of a mail permanence, for any physical or psychological issue.</p> <p>Schedule Niort: Open on Monday, Tuesday and Thursday at 8:30 am. to 5:00 pm.</p> <p>Maxime Gautier, nurse, takes care of a mail permanence, for any physical or psychological issue.</p>	<p>SSU Poitiers contact : 05 49 45 33 54 (social assistant) 05 49 45 33 54</p> <p>ssu@univ-poitiers.fr infirmiers@univ-poitiers.fr</p> <p>SSU Poitiers address : 4, Allée Jean Monnet Bât C4 TSA 21112 86073 POITIERS CEDEX 9</p> <p>SSU Angoulême contact: 05 45 67 02 34</p> <p>infirmierie.ang@univ-poitiers.fr ou nathalie.cosnard@univ-poitiers.fr</p> <p>SSU Angoulême address : 4 avenue de VARSOVIE 16000 Angoulême</p> <p>SSU Niort contact : 05 49 77 32 97 (social assistant) 05 49 44 53 42 infirmierie.niort@univ-poitiers.fr ou maxime.gautier@univ-poitiers.fr</p> <p>SSU Niort address : Pôle universitaire de Niort, 11 rue Archimède 79000 Niort</p> <p>Website : https://ssu.univ-poitiers.fr/sante-des-etudiants/</p>
<p>The Service de Santé Universitaire (SSU) of the University of La Rochelle</p> <p>Students of the university of La Rochelle</p> <p>French, English, Russian</p>	<p>The SSU offers therapeutic consultations, free of charge, run by the psychologists : Anne Kessler, Rodolphe Valanchon, and Clément Rizet.</p> <p>The access to the SSU is ONLY by appointment.</p> <p>You can book an appointment by writing an email directly to the psychologist. Or you can also contact the secretary's office</p>	<p>SSU of La Rochelle: 05 46 45 84 46 https://www.univ-larochelle.fr/contact/?contact=35</p> <p>Anne Kessler anne.kessler@univ-lr.fr</p> <p>Rodolphe Valanchon rodolphe.valanchon@univ-lr.fr</p> <p>Clément Rizet clement.rizet@univ-lr.fr</p> <p>More information :</p>

	<p>by phone to make one, and to get more information.</p> <p>Necessary document : your student card.</p> <p>Schedule : Monday and Wednesday: 9am-12:30am / 1:30pm-5pm Tuesday and Thursday: 9am-12:30am/ 1:30pm-5:30pm Friday: 9am-12:30am/ 1:30pm-4:30pm</p>	<p>https://www.univ-larochelle.fr/en/student-life/social-and-health/</p> <p>Address : 42-44 Av. Albert Einstein, 17000 La Rochelle</p>
<p>Espace santé SciencesPo Poitiers</p> <p>Students of Science Po Poitiers</p> <p>French, English</p>	<p>The Sciences Po Health Unit is present on each campus and is composed of general practitioners, nurses, psychologists and psychiatrists.</p> <p>Consultations are held in French or English and are free and confidential.</p> <p>The Pôle Santé is located on the first floor, in front of the Rubén Darío amphitheatre.</p> <p>Doctors consult by appointment only: appointments can be made by email.</p> <p>Psychology (by appointment):</p> <p>Sabine Plouzenec, psychologist</p> <p>Jannice Humbert, psychologist</p> <p>Emmanuelle Doyen, psychologist</p>	<p>laura.bellicaud@sciencespo.fr</p> <p>www.sciencespo.fr/students/fr/vivre/sante/pole-sante.html</p>