



Academy of Nancy-Metz

Support services in English for students

Updated November 21 - www.student-support.info

<p>Santé Psy Étudiant</p> <p>All students French, and other languages depending on the psychologist</p>	<p>Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.</p> <p>To access this free support, students must first get a referral letter from a GP (not necessarily from their university health service, they can be private as well).</p> <p>A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.</p>	<p>More information and the list of psychologists : https://santepsy.etudiant.gouv.fr/</p>
<p>Bureau d'aide psychologique pour les étudiant.e.s (BAPÉ) – PEP57</p> <p>Students between 18 and 27 years old</p> <p>French, English, Spanish</p>	<p>Preventive health provides support service, long-term therapy and redirection if needed. The therapy can be followed on site or over the phone.</p> <p>The BAPE is open from Monday to Friday, 9am to 7pm.</p> <p>Appointments can be booked by phone.</p>	<p>Contact the BAPE: 06.75.17.70.33</p> <p>https://www.bape-metz.com/</p>
<p>Maison Des Adolescent.e.s de Nancy</p> <p>Up to 25 years</p> <p>French English</p>	<p>Professionals (psychologists, psychiatrists) can support you in person and / or by visio.</p> <p>Open Monday to Friday from 10 a.m. to 7 p.m., except Tuesday until 5 p.m. and Thursday until 6 p.m.</p>	<p>03.83.26.08.90</p> <p>or</p> <p>secretariat.mda@ohf.asso.fr</p>
<p>Maison Des Adolescent.e.s de Moselle</p> <p>Up to 20 years</p> <p>French, Italian, English</p>	<p>Professionals (psychologists, psychiatrists) can support you in person and / or by video call.</p> <p>Open Monday to Friday, 9 a.m. to 7 p.m., except Wednesday until 6 p.m. and Friday until 5 p.m.</p>	<p>03.87.18.44.22</p> <p>7 rue Harelle</p>

**Espace santé
SciencesPo Nancy**

Students of SciencesPo Nancy
French, English

The Sciences Po Health Unit is present on each campus and is composed of general practitioners, nurses, psychologists and psychiatrists.

Appointments take place in English or French and are free and confidential.

The Health Unit is next to the « Gabriel Besson » lodge.

Some doctors are only available if you book an appointment beforehand. In this case, you need to book by email.

For psychology appointments, a booking is needed. The English-speaking psychologist is Fabienne Tenenbaum.

infirmiere.nancy@sciencespo.fr

www.sciencespo.fr/student-s/fr/vivre/sante/pole-sante.html