



# Academy of Paris

**Support services in english for students**

Updated 15/02/21 - [www.student-support.info](http://www.student-support.info)

# Support services available to all students

<b>APASO</b>  All students  French, English	The counselling sessions for students who are already known will continue by telephone. New requests can also be received. They will be particularly attentive to the reception of medical students: internes, externes, nursing students...	01 40 47 55 47  <a href="mailto:etudiants@apaso.fr">etudiants@apaso.fr</a>
<b>FSEF : Relais Etudiants Lycéens</b>  All students  French, English	Remote consultations are maintained and medical and psychological care is ensured as much as possible. New requests for support are also taken care of.  Dr. Lionel Rotenberg is available for psychological and psychiatric consultations in English on Monday afternoons from 1 to 5 p.m. and Friday mornings from 9:30 a.m. to noon.	01 45 83 89 15  <a href="mailto:rel.heuyer@fsef.net">rel.heuyer@fsef.net</a>
<b>Libre Association Freudienne</b>  All students  French, English	Open to all students from Monday to Saturday. Opening hours are proposed according to the student's availability.  Psychoanalytic consultations are offered on the premises.  To make an appointment, call them.	Make an appointment by phone :  07 61 66 87 05  265, rue Saint Jacques, 75005 Paris

<p><b>Apsytude</b></p> <p><b>All students studying at a higher education institution or who are residents of CROUS de Paris</b></p> <p>French, English, Spanish</p>	<p>Happsy Line (video consultation with a psychologist) and Happsy Hours (consultation in person or online) remain open. To make an appointment, you can call, :</p> <p>Call : 06 27 86 91 83</p> <p>Send an email : <a href="mailto:rdv.apsytude@gmail.com">rdv.apsytude@gmail.com</a>.</p> <p>Fill in the form online : <a href="#">rdv-hh</a>.</p>	<p><b><a href="#">Prendre RDV</a></b></p> <p><b><a href="mailto:rdv.apsytude@gmail.com">rdv.apsytude@gmail.com</a></b></p> <p><b><a href="#">rdv-hh</a></b></p> <p><b>06 27 86 91 83</b></p>
<p><b>BAPU Pascal</b></p> <p><b>All students</b></p> <p>French, English, German, Spanish, Hebrew</p>	<p>A telephone hotline is available 5 days a week. Students who have already been taken care of can continue the consultations by skype or telephone. They accept appointments for new students as well.</p>	<p><b>01 43 31 31 32</b></p> <p><b><a href="mailto:bapu.pascal@fsef.net">bapu.pascal@fsef.net</a></b></p>
<p><b>BAPU Claude Bernard</b></p> <p><b>Students 20 to 27 years old</b></p> <p>French, English</p>	<p>Phone line open from 9am to 7pm Monday to Friday and 9am to 1pm on Saturdays. All professionals remain available to respond to students' requests, but can also preventively call students who present a worrying situation. During this period, we also collect the first requests from students who are not on the waiting list. Caregivers speak English and are taking the first requests in French for the moment.</p>	<p><b>01 43 37 16 16</b></p>
<p><b>BAPU Luxembourg</b></p> <p><b>All students</b></p> <p>Languages: French, English, Spanish, Italian, Romanian</p>	<p>The BAPU-Luxembourg functions normally.</p> <p>The reception, which can be contacted by telephone, is open 9:30 to 19:30.</p>	<p><b>01 43 29 65 72</b></p> <p><b><a href="mailto:bapu.paris@croix-rouge.fr">bapu.paris@croix-rouge.fr</a></b></p>

<p><b>Réseau pour la psychanalyse à l'hôpital</b></p> <p><b>General public</b></p> <p>French, English, German, Italian, Portuguese, Arabic, Japanese, Chinese, Russian, Hebrew, Occitan, English, French, German, Italian, Portuguese, Arabic, Japanese, Chinese, Russian, Hebrew, Occitan</p>	<p>Possibility to make an appointment with a psychotherapist or psychoanalyst. Tele-consultations are provided.</p>	<p><b>01.45.26.81.30</b></p> <p>Or :</p> <p><a href="http://rphweb.fr/">rphweb.fr/</a></p> <p><b>Consult the list on the website to find the professional of your choice</b></p>
<p><b>Espace psychanalytique d'orientation et de consultation</b></p> <p><b>Open to the public (from 20 years old up)</b></p> <p>English, French, German, Spanish, Italian, Portuguese, Slovak, Greek.</p>	<p>Consultations offered online and in person, Monday to Sunday.</p> <p>Walk-in consultations on Wednesdays and Saturdays 14h-17h.</p>	<p><b>06 84 23 52 89</b></p> <p><a href="mailto:contact@lepoc.org">contact@lepoc.org</a></p>

# Support services available to some students

Depending on your higher education institution, or for students in health-related sciences

## SUMPPS Sorbonne Université

Open only to students of Sorbonne University, University Panthéon Assas, National Museum of Natural History and Pôle Supérieur Paris Boulogne Billancourt)

or

students confined in the CROUS Citeaux, Concordia, Clignancourt, Cour des Noues, Drapeau/Daviel and Forest Cavalotti.

French, English (for doctors), Italian, Spanish, Portuguese, Berber, Arabic, Japanese (for psychologists)

Doctors, psychiatrists, psychologists, speech therapists and midwives provide consultations (face-to-face or by telephone or video).

In person, on tuesday afternoons, as well as wednesday and thursday:

→ by appointment, at 15 rue de l'école de Médecine 75006 Paris, building G, 3rd floor, Monday to Friday from 9am to 6pm. By telephone or video consultation, from 3pm to 4pm. Appointments can be made by telephone or by email.

→ without appointment, go to 15 rue de l'école de Médecine 75006 Paris, building G, 3rd floor from Monday to Friday from 3pm to 4pm. You have to go directly to the central building of the SUMPPS: the psychologist reception desks without appointment on the campuses are suspended. For a telephone or video consultation, you can contact them from 3pm to 4pm from monday to friday.

For tele-consultation, and telephone appointments : to be made by telephone or by e-mail.

The face-to-face well-being workshops remain open:

→ Mindfulness meditation on Mondays from 4pm to 7pm, by appointment via the contact form on [www.santetudiant.com](http://www.santetudiant.com)

→ Foot reflexology and bioenergetic treatment on Tuesdays from 2pm to 5pm, by appointment by phone or email.

→ Sexual health clinic with rapid screening with immediate results for HIV and HCV. Without appointment on Wednesdays from 12.30 to 3.30

[sumpps@sorbonne-universite.fr](mailto:sumpps@sorbonne-universite.fr)

---

**15 rue de l'École de Médecine, staircase G, 3rd floor**

**Monday to Friday from 9am to 5pm, no appointment necessary. Please bring your student card and the travel waiver.**

---

[santetudiant.com](http://santetudiant.com)

	<p>pm at 15 rue de l'école de Médecine 75006 Paris, building G, 3rd floor.</p> <p>→ The wellness workshops remain open in visio: Letting go, rigology, laughter yoga on Wednesdays from 12.30 to 1.15 pm, on registration by contact form on <a href="http://www.santetudiant.com">www.santetudiant.com</a></p> <p>→ Self-esteem, stress management, sophrology on Tuesdays and Thursdays from 4pm to 6pm. Appointments can be made through the contact form on <a href="http://www.santetudiant.com">www.santetudiant.com</a></p> <p>If you think you have the symptoms of CoVid-19 (cough, fever of 38°, migraine), stay at home and contact your doctor who can treat you on the phone or by video consultation and will register you on the AP-HP's COVIDOM remote monitoring platform. If you do not have a physician, a SUMPPS doctor can refer you. Send an email to <a href="mailto:sumpps@sorbonne-universite.fr">sumpps@sorbonne-universite.fr</a>. It is absolutely necessary to avoid going to a doctor's office or to the emergency room.</p>	
<p><b>PPOP de l'Université PSL</b></p> <p><b>PSL University Students</b></p> <p>French, English</p>	<p>Offers remote consultations for possible referral for care.</p> <p>Integrated into the PSL University Health Service, the PSL PPOP is available to all PSL students for psychological support, both face-to-face and for video-consultations.</p> <p>To have a first contact you need to book an appointment by contacting the nurse (phone or email).</p>	<p><a href="mailto:ppop@psl.eu">ppop@psl.eu</a></p> <p>or</p> <p><b>07 76 08 63 28</b></p> <p>or</p> <p><b>students can contact their pedagogical staff</b></p>

<p><b>Psychological support at ENSAE - Palaiseau</b></p> <p><b>ENSAE Palaiseau Students</b></p> <p>French, English</p>	<p>A psychologist provides consultations on the premises and via telephone or video call. Sessions are offered on Thursdays between 14h and 19h. To make an appointment, contact the psychologist by email. Sessions are offered in French, but the psychologist can offer sessions in English if the student speaks only a little French.</p>	<p><a href="mailto:catherine.brebant@ensae.fr">catherine.brebant@ensae.fr</a></p> <p>or</p> <p><a href="mailto:psychologue@ensae.fr">psychologue@ensae.fr</a></p>
<p><b>Psychological Support at INSEEC Business School - Paris</b></p> <p><b>Students at INSEEC</b></p> <p>French, English</p>	<p>A psychologist offers tele-consultations (via telephone or video call). Sessions are offered every other Tuesday between 18h30 and 19h30. To make an appointment, contact the psychologist by email. Sessions are offered in French, but the psychologist can offer sessions in English if the student speaks only a little French.</p>	<p><a href="mailto:catherine.brebant@ensae.fr">catherine.brebant@ensae.fr</a></p>
<p><b>Ecole d'Ingénieurs Généraliste du Numérique</b></p> <p><b>Students at EFREI Paris</b></p> <p>French, English</p>	<p>In association with Apsytude, EFREI Paris offers psychological consultations in person on Thursdays between 14h30 and 18h30, in English and French, with or without an appointment. The consultations take place at EFREI Paris.</p>	<p>30-32 Avenue de la République, 94800, Villejuif. SALLE A102 – Bâtiment A – 1er étage</p>

## Support by student associations

<p><b>Nightline Paris</b></p> <p><b>All students</b></p>	<p>Listening service by students, for students. Telephone line closed (for the moment),</p>	<p><a href="http://nightline-paris.fr">nightline-paris.fr</a></p>
--	---	---

French, English	chat system operational between 9pm and 2.30am every day of the week.	
-----------------	---	--