



Academy of Bordeaux

Support services in English for students

Updated November 2021- www.student-support.info

Support services available to all students

Santé Psy Étudiant

All students

French, and other languages depending on the psychologist

Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.

To access this free support, students must first get a referral letter from a doctor/GP (not necessarily from their university health service, they can be private as well).

A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.

More information and the list of psychologists :
<https://santepsy.etudiant.gouv.fr/>

SUMPPS Espace Santé des étudiants

All students

French, English

On-site psychological appointments.

Make an appointment from Monday to Friday from 7am to 7pm

www.u-bordeaux.fr/Universite/Organisation/Administration/Pole-Formation-insertion-professionnelle-et-vie-universitaire/Direction-de-la-vie-universitaire/Espace-sante-des-etudiants

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Support services specific to some students

Sciences Po Bordeaux

Students from Sciences Po Bordeaux

French, English, Spanish

Setting up of a monitoring and listening unit at 06 31 95 11 06 and by e-mail at the following address:
ecoute@sciencespobordeaux.fr

ecoute@sciencespobordeaux.fr

06 31 95 11 06

CMP BORDEAUX-CENTRE

Students who lives in the center of Bordeaux

French, English

Consultation with a psychiatrist on site

Make an appointment from Monday to Friday: 9am to 6pm

**69 rue du commandant
arnould, 33000 BORDEAUX**

05 56 33 38 02

CMP BORDEAUX-NORD

Students who lives in the north of Bordeaux

French, English

Consultation with a psychiatrist on-site

Make an appointment from Monday to Friday: from 9am to 7pm

**54 cours du medoc, 33300
BORDEAUX**

05 56 11 31 10