



# Academy of Rouen

Support services in English for students

Updated November 2021 - [www.student-support.info](http://www.student-support.info)

# Support services available to all students

## **Santé Psy Étudiant**

### **All students**

French, and other languages depending on the psychologist

Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.

To access this free support, students must first get a referral letter from a doctor/GP (not necessarily from their university health service, they can be private as well).

A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.

**More information and the list of psychologists :**

<https://santepsy.etudiant.gouv.fr/>

## **The association Terra Psy**

### **For people in difficulties staying in Rouen and Le Havre.**

French, English, Arabic, Spanish and other languages (ask the psychologists)

The association's clinical psychologists accompany the public in psychological suffering, in situations of isolation, exclusion or rupture, precariousness, the victims of violence, encountering psychological obstacles, economic, linguistic or cultural to move towards care.

Psychological consultations are offered individually or in the form of family mediation. Psychologists work in a process of adaptation and "going towards" the

**09 82 25 62 45**

**Adresse : 16 Av. de Frileuse, 76610 Le Havre**

**Site :**  
<http://www.terrappsy.org/>

patient, in order to facilitate the creation of the therapeutic link. Patients can receive mental health expertise, support and management.

Open on Monday to Friday at 9:00 am. to 12:30 pm. and at 1:30 pm. to 5:00 pm..

# Support services specific to some students

Depending on your higher education institution or student residence

## **SUMPPS of the University of Rouen Normandie**

**Students at the University of Rouen Normandie**

French and English

The SUMPPS of the university of Rouen Normandie offers a university health and welfare service specifically aimed at students.

If you would like to make an appointment to see a healthcare professional or need specific support, you can go to any of the four health centres spread across three of our campuses (Mont-Saint-Aignan, Evreux, Madrillet).

Do not hesitate to call or go directly to their office for more information.

Necessary document : student card.

**02 32 76 92 92**

Website :  
<https://www.univ-rouen.fr/university-of-rouen-normandy/campus-life/>

<p><b>ESIGELEC - Ecole d'Ingénieur-e-s généraliste</b></p> <p><b>Students at the ESIGELEC</b></p> <p>French, English</p>	<p>The ESIGELEC runs a listening service (cellule d'écoute) to accompany and answer all sorts of questions that students might have : mental health issues, anxiety, health worries, financial problems, material problems. Contact details on the right.</p> <p>Additionally, a clinical psychologist is available for appointments with students to provide help and support. Contact the listening service for more details and contact information.</p> <p>Appointments can take place remotely or in-person in Rouen, in the psychologist's practice. The cost of two appointments will be covered by the school, with contributions from the CVEC.</p>	<p><b>06 79 85 22 23</b></p> <p><a href="mailto:annick.fouquet@esigelec.fr">annick.fouquet@esigelec.fr</a> or <a href="mailto:marie.libbrecht@esigelec.fr">marie.libbrecht@esigelec.fr</a></p>
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## CMP

The Centres Médico-Psychologiques, to which you are attached depending on where you live (sector), are often able to offer support, see below. To find your CMP, click this [link](#) or search your CMP [here](#).

<p><b>CMP Marie Duboccage</b></p> <p>Inhabitants of Rouen gauche, Saint-Etienne-du-Rouvray and Sotteville-Lès-Rouen</p> <p>French and English</p>	<p>Open on Monday, Wednesday and Friday at 9:00 am. to 5 pm. Tuesday and Thursday at 9:00 am. to 6:00 pm.</p> <p>Book an appointment by phone.</p> <p>The CMP ensures medical, psychological and social consultations. They offer help by guiding you to specialized health professionals or adapted structure depending on your situation.</p>	<p><b>02 35 72 03 44</b></p> <p><b>Address : 1 Rue Marie Duboccage, 76100 Rouen</b></p>
<p><b>CMP Saint Julien</b></p>	<p>Open on Monday to Friday at 9:00 am. to 5:00 pm.</p>	<p><b>02 32 88 65 25</b></p>

<p><b>Inhabitants of Petit-Quevilly, le Grand-Quevilly, Petit-Couronne, Grand Couronne, Oissel, Moulineaux and La Bouille.</b></p> <p>French, English</p>	<p>Book an appointment by phone.</p> <p>The CMP ensures medical, psychological and social consultations. They offer help by guiding you to specialized health professionals or adapted structure depending on your situation.</p>	<p><b>Address : Hôpital Saint Julien rue Guillaume Lecointe 76140 LE PETIT QUEVILLY</b></p>
<p><b>CMP Mesnil Esnard</b></p> <p><b>Inhabitants of Mesnil Esnard</b></p> <p>French, English and possibility of an interpreter.</p>	<p>Open on Monday to Friday at 9:00 am. to 5:00 pm.</p> <p>Book an appointment by phone.</p> <p>The CMP ensures medical, psychological and social consultations. They offer help by guiding you to specialized health professionals or adapted structure depending on your situation.</p>	<p><b>02 35 79 20 42</b></p> <p><b>Address : 78 rue des Pérets 76240 Le Mesnil-Esnard</b></p>