SANGAM SKM COLLEGE – NADI

HOME ECONOMICS DEPARTMENT -YEAR 11

WEEK 4 WORKSHEET

THE FAMILY AND HOME MANAGEMENT

1. Define adolescence.
2. Explain the change, seeking identity, in an adolescent’s life.
3. State one characteristic of an adolescent with a low self-esteem.
4. State one emotional change that occurs during an adolescent’s development.
5. Give one effect of this change on the adolescent.
6. Explain one way adolescents can manage this change.
7. State one hormonal change that occurs during adolescence.
8. State one primary need of a family.
9. Explain one adjustment that has to be made in a newly married stage.