

MID - I

1. Draw your goal setting table.

Types of goals	Short-term goals	Long-term goals
Family	<ol style="list-style-type: none"> 1) Spend more time with them. 2) Watch a late night movie by this sunday. 3) Have meals together daily. 	<ol style="list-style-type: none"> 1) Go for a trip to Dubai 2) Visit with Extended Family. 3) To maintain a good health for all family members.
Financial	<ol style="list-style-type: none"> 1) Start a special savings fund. 2) Save for short-term plans. 3) Open an investment account by this month. 	<ol style="list-style-type: none"> 1) Save for long-term plans 2) Earn enough money to build a house, to buy a car.
Friends	<ol style="list-style-type: none"> 1) Go for a movie by this month. 2) Complete a project by the end of the semester with them. 3) Spend more time with them. 	<ol style="list-style-type: none"> 1) Go for a trip to goa. 2) Continue the same friendship with the same rapo. 3) Help and support basic friend.
Personal	<ol style="list-style-type: none"> 1) Read 1 book 2) Complete my works day by day. 	<ol style="list-style-type: none"> 1) Continue that reading and read more books. 2) Push myself in all situations.

Mental	<ol style="list-style-type: none"> 1) Spend 10 minutes meditating 2) keep mind free from stress. 	<ol style="list-style-type: none"> 1) Be thankful everyday. 2) Always smile. 3) keep my heart pure always.
Physical	<ol style="list-style-type: none"> 1) Set up a monthly fitness program. 2) put together a good playlist. 3) Get more steps in. 4) cut back on junk foods. 5) Drink more water. 	<ol style="list-style-type: none"> 1) Get to the exercise at the morning. 2) Eat at the time.
Career	<ol style="list-style-type: none"> 1) Manage time better. 2) Get a job. 3) strive to achieve the salary I want. 	<ol style="list-style-type: none"> 1) keep a positive attitude. 2) Take breaks. 3) Improve with the technology. 4) Become an expert in my field.

2. Write about 3 interesting traits regarding your favourite person

Three things why I like my friend:

Friendship is one of the greatest blessings that not everyone is lucky enough to have. We meet a lot of people in the journey of life but there are only a few who leave a mark on us. She is one among those few and her name is 'snehavalli'. I call her as 'sneha'. We have been a part of each other's lives for the longest time and our friendship is still developing.

I feel one of the main reason, why I formed such a bond with my best friend was, she understands me better than anyone. If I am having a bad day, she does whatever she can to make me smile. When I am feeling bad, she takes over. She can pull me out of a pretty bad mood. The one situation that I want to share is 'One day, I was feeling bad and I was crying, she is beside me at that time. When I just looked at her, sneha is crying along with me only the reason is I was crying. There at that moment, she touches my heart. I will always believe that you cries for someone, when you cares about them.

The second reason why I like sneha is she makes fun with me all the time. Not only makes fun with me, but also with the others around her. She always makes others to be happy and I like that more in her. One look and she can make me burst into laughter. We

both have a great time doing just about anything. We never shut up when we are together. When someone makes fun of her all the time - but in a best friend kind of way, she will never care about that and she also laughs with us.

sneha always used to throw some spoiled jokes on us, which makes us to feel to beat her at first and makes more laughter later. My heart is filled with a lot of memories because of her.

The other reason is she is a Trustworthy friend. We never lie to one another. The one with whom I can share all my thoughts, happiness, sadness other than my family is sneha. If I call her 100 times a day, she won't mind. I never feel afraid, inconvenient while talking to her. The first person comes to my mind, when I wanted to text something is sneha. she is one of the stress buster for me. We will have a great time both in online and offline. she will never do things, which hurts me. I am still making memories with her and I need to continue this relationship throughout my life.

"A good friend is like a four-leaf clover; hard to find and lucky to have."

3. Write about a dream island.

Dream Island:

An Island should be surrounded with water. Green grass stretches for miles, broken up around the edges with white fluffy sand that leads to the deep blue ocean. The island should be located at the middle of the world holds only two to three small little houses for me and my friends. There should be a football court aside to play games with my friends.

The first thing that I like most was the sound. The island should be filled with sound of birds, the sound of tree crawling onto the sand. The island should be full of colorful rocks with starfish shape. The millions of sand underneath the feet and the cool breeze against the face.

Beautiful flowers in red, yellow, purple and pink lounged happily along the banks of small streams. The island should be filled with feeling of peace and tranquility, with no other sounds. Coming to food, all kinds of country special foods should be available. Most importantly, without coconut drink, it doesn't mean an island.

A day when even the dark shadowy parts of the island, should be shining and glowing and should contain

a burning fire in the night and a theater like a projection screen.

While spending time in the island, it should be a memorable day and enjoy the vacation on the most beautiful island.