

Recommended To-Do List

Prepared on: 03/20/2024

You can get the best results from your medications by completing the items on this **“To-Do List.”**



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

My To-Do List

What we talked about: Test patient Assessment1	What I should do: <input type="checkbox"/> Test patient Recommendation1
What we talked about: Test patient Assessment2 Inquire about the patient's past illnesses, surgeries, allergies, and medications.	What I should do: <input type="checkbox"/> Test patient Recommendation2 Prescribe medications to manage symptoms or treat underlying conditions.
What we talked about: Test patient Assessment3 Ask about the symptoms the patient is experiencing, including their duration and severity.	What I should do: <input type="checkbox"/> Test patient Recommendation3 Recommend changes in diet, exercise, or other habits to improve health.

What we talked about: Test patient Assessment4 Demonstrate how to measure vital signs such as blood pressure, heart rate, respiratory rate, and temperature.	What I should do: <input type="checkbox"/> Test patient Recommendation4 Order additional tests to further evaluate the patient's condition.
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What we talked about: Test patient Assessment5 Discuss any potential risk factors such as smoking, alcohol use, or family history of certain conditions.	What I should do: <input type="checkbox"/> Test patient Recommendation5 Discuss and document the patient's preferences regarding medical care in case of incapacitation.
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