## **Recommended To-Do List**

Prepared on: 03/03/2024

You can get the best results from your medications by completing the items on this "To-Do List."



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

## My To-Do List

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What we talked about:	What I should do:
Test Assessment1	☐ Test Recommendation1
What we talked about:	What I should do:
Test Assessment2 Inquire about the patient's past illnesses, surgeries, allergies, and medications.	☐ Test Recommendation2 Prescribe medications to manage symptoms or treat underlying conditions.
What we talked about:	What I should do:
Test Assessment3 Ask about the symptoms the patient is experiencing, including their duration and severity.	☐ Test Recommendation3 Recommend changes in diet, exercise, or other habits to improve

health.

What we talked about:	What I should do:
Test Assessment4 Demonstrate how to measure vital signs such as blood pressure, heart rate, respiratory rate, and temperature.	☐ Test Recommendation4 Order additional tests to further evaluate the patient's condition.

## What we talked about:

Test Assessment5 Discuss any potential risk factors such as smoking, alcohol use, or family history of certain conditions.

## What I should do:

☐ Test Recommendation5 Discuss and document the patient's preferences regarding medical care in case of incapacitation.