

## Recommended To-Do List

Prepared on: 03/03/2024

You can get the best results from your medications by completing the items on this **“To-Do List.”**



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

### My To-Do List

<b>What we talked about:</b> Test Assessment1	<b>What I should do:</b> <input type="checkbox"/> Test Recommendation1
<b>What we talked about:</b> Test Assessment2 Inquire about the patient's past illnesses, surgeries, allergies, and medications.	<b>What I should do:</b> <input type="checkbox"/> Test Recommendation2 Prescribe medications to manage symptoms or treat underlying conditions.
<b>What we talked about:</b> Test Assessment3 Ask about the symptoms the patient is experiencing, including their duration and severity.	<b>What I should do:</b> <input type="checkbox"/> Test Recommendation3 Recommend changes in diet, exercise, or other habits to improve health.

<b>What we talked about:</b>  Test Assessment4 Demonstrate how to measure vital signs such as blood pressure, heart rate, respiratory rate, and temperature.	<b>What I should do:</b>  <input type="checkbox"/> Test Recommendation4 Order additional tests to further evaluate the patient's condition.
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<b>What we talked about:</b>  Test Assessment5 Discuss any potential risk factors such as smoking, alcohol use, or family history of certain conditions.	<b>What I should do:</b>  <input type="checkbox"/> Test Recommendation5 Discuss and document the patient's preferences regarding medical care in case of incapacitation.
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