

Recommended To-Do List

Prepared on: 03/03/2024

You can get the best results from your medications by completing the items on this **“To-Do List.”**



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

My To-Do List

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| What we talked about: Test Assessment1 | What I should do: <input type="checkbox"/> Test Recommendation1 |
| What we talked about: Test Assessment2 Inquire about the patient's past illnesses, surgeries, allergies, and medications. | What I should do: <input type="checkbox"/> Test Recommendation2 Prescribe medications to manage symptoms or treat underlying conditions. |
| What we talked about: Test Assessment3 Ask about the symptoms the patient is experiencing, including their duration and severity. | What I should do: <input type="checkbox"/> Test Recommendation3 Recommend changes in diet, exercise, or other habits to improve health. |
| What we talked about: Test Assessment4 Demonstrate how to measure vital signs such as blood pressure, heart rate, respiratory rate, and temperature. | What I should do: <input type="checkbox"/> Test Recommendation4 Order additional tests to further evaluate the patient's condition. |

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| What we talked about: Test Assessment5 Discuss any potential risk factors such as smoking, alcohol use, or family history of certain conditions. | What I should do: <input type="checkbox"/> Test Recommendation5 Discuss and document the patient's preferences regarding medical care in case of incapacitation. |
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