

Daily routine Survey

55 responses

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Name:

55 responses

yukta patil

kuber mahajan

ujjawal patil

rohit patil

patil sandip

harshal mali

mohit bari

Deep pawar

tejas

pratik bhausheb

Shubham wagh

mukesh sangpal

himanshi suryawanshi

Sudarshan bari

pranjal mali

mansi suryawanshi

bhavsar yukta

kushal jaware

siddhi patil

Kunal Patil

Pushkar Bari



aman jaware

Yogita shimpi

Rahul thakre

avni patil

Pranav Borase

Mayuresh

Bohri Mohammad

mohini patil

tanishq kadam

krishna patil

Om raul

Mohit Nhayade

premashok bhoi

Chanchal Yogesh Patil

gauri patil

Shlok Borase

harshal torawane

Sachin Bharwad

Tejas patil

Vishal patil

Mohit patil

yogendra patil

Gunjan



Sumit birare

GIRASE YASHPAL PRAKASH

Vivek Singh

vivek bari

vedant mali

Sushant Patel

Amey Sangpal

hakim mohammad

Girish Bari

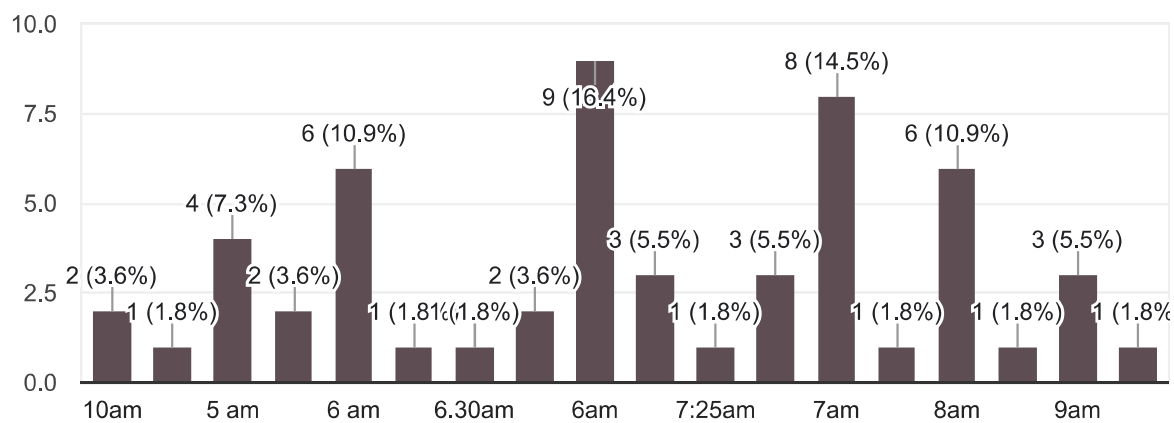
hemant patil

jayesh rajput

1) What time do you usually wake up?

 Copy

55 responses



2) Do you create a to-do list?

If not, please explain why.

55 responses

yes

Yes

no

yes of course

no,i dont know it

no,dont have time to make

no , i dont have enough time

yes,i have make it

Yes, sometimes!

No, I don't know how to make it

no,i forgot it to make

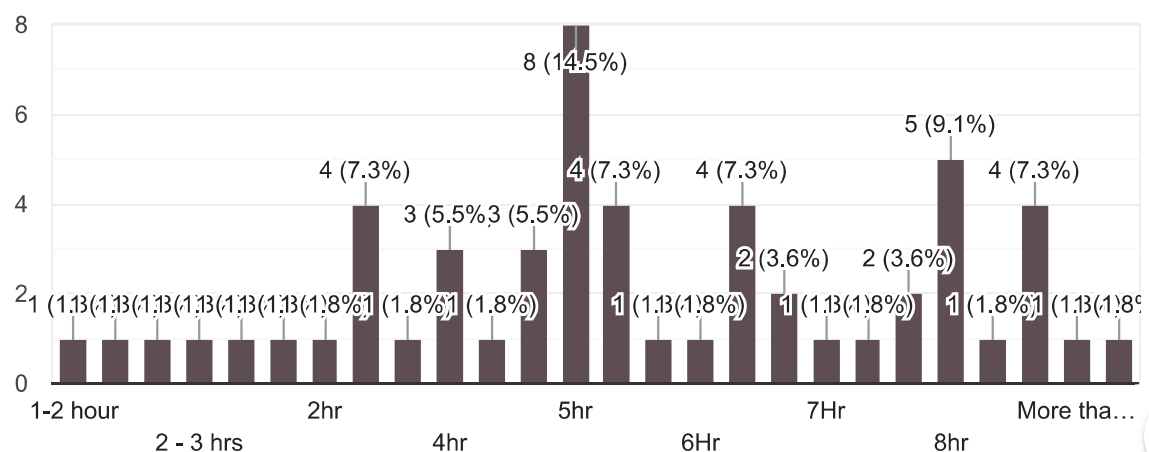
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Not

3) Approximately how much time do you spend on your mobile phone each day?

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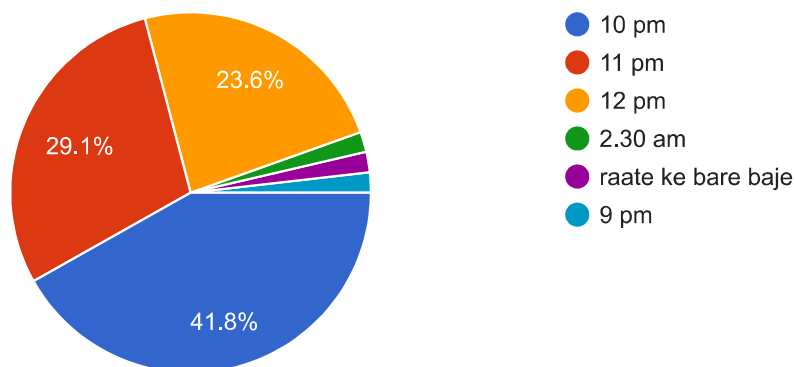
55 responses



4) What time do you usually go to bed?

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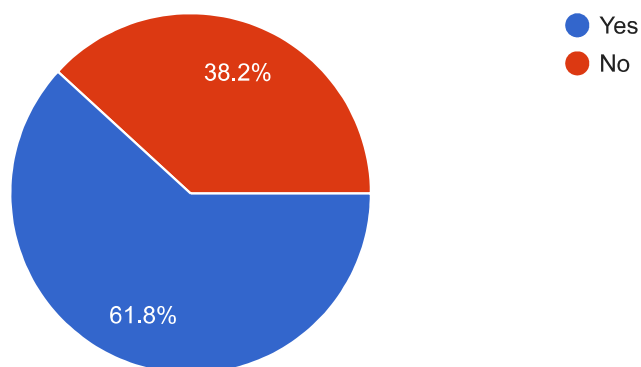
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5) Do you exercise regularly after waking up?

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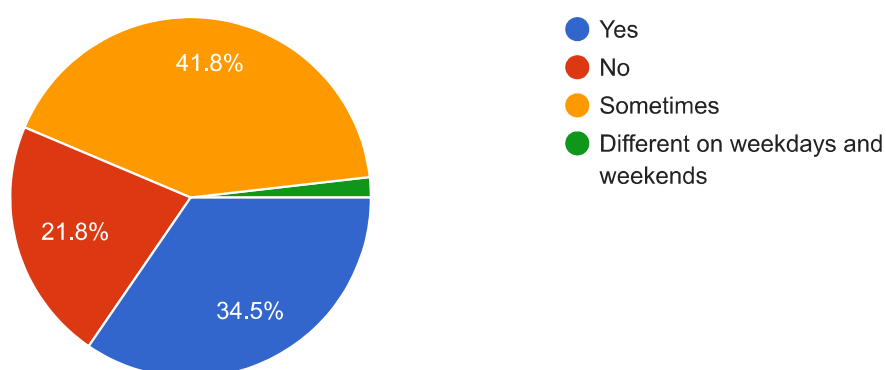
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7) Do you follow a fixed daily routine?

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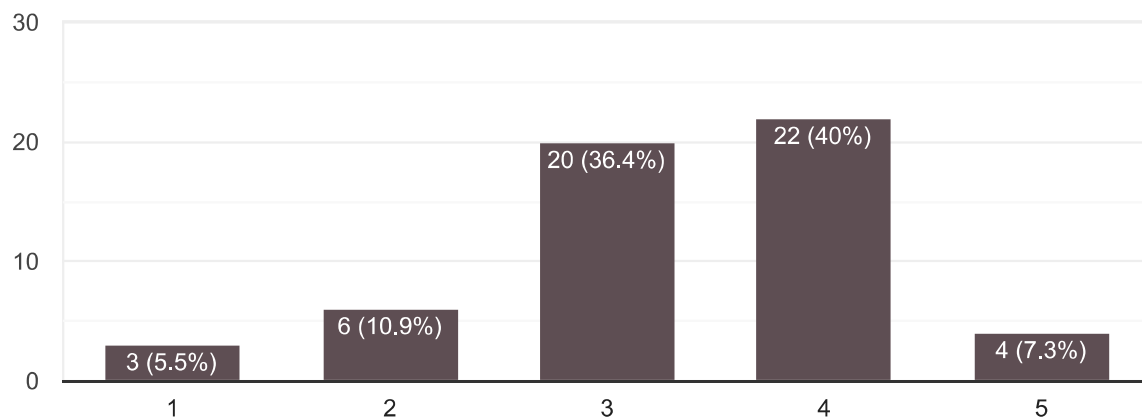
55 responses



8) Rate your overall productivity(1 to 5)

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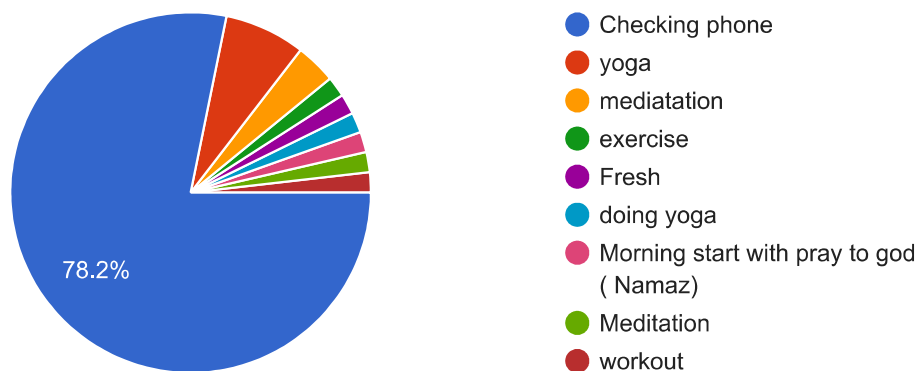
55 responses



9) How do you typically start your morning?

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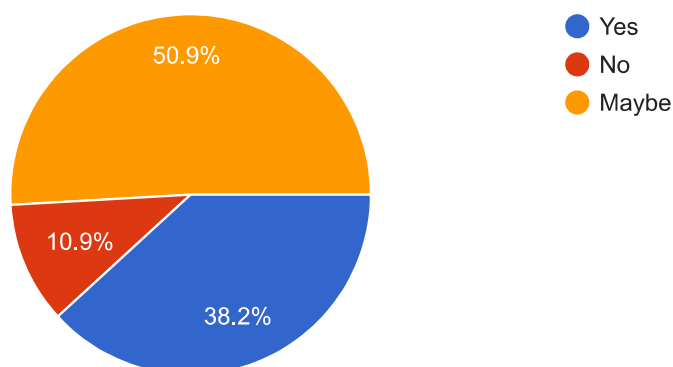
55 responses



10) Do you take naps during the day?

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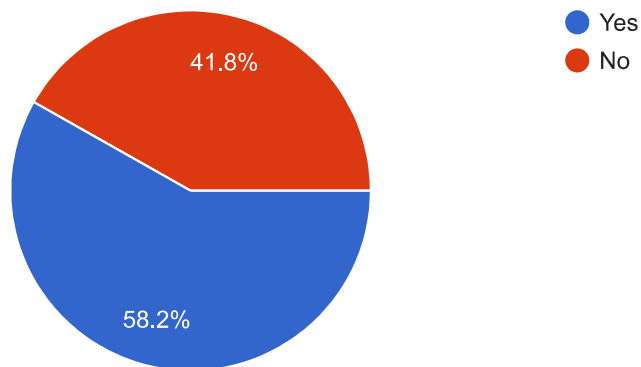
55 responses



11) Do you dedicate time to your hobbies or extracurricular activities?

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55 responses



12) Do you have any suggestions for better managing a daily routine?

55 responses

no

No

make to do list

no idea

make plan before each day

get a better Sleep

nothing

make daily plan for each day

yes , make sure you make to do list

make plan

yes , make plan after wakeup

i dont have any idea

No idea

create plan of day

work on time

do task on time

Must to do Yoga first while starting your day.

Live life joyfully

Make to do list

make list what to do in each day

Want to improve but dont know how



plan every day

daily routine

no i dont have

We have to start day with clear plan

sdf aerwrbjnhWE UJIKDRHNKJL

make daily plan for good management

To do list is the best choice so that we can manage our work efficiently.

NaN

yes , make plan

Make to-do list

create to do list

no idea bro



13) What is one habit you would like to improve?

55 responses

make to do list

nothing

i dont make plan

scrolling reels

make work note daily

wake early daily

daily plan make

being late in every time , i have work on time .

to do plan

wake up early

make do with what you have

no

make work on time !

I think its overthinking

procrastination

dont late for any work do it on time

better use of time in day

make plan before sleep

Just follow regularly.

Overthinking

make a plan



Manage time

do yoga

do task on their time

make list

Sleep schedule

All is ok

make work on time

better managing a daily routine

plan make

Avoiding distraction

time management

Doing regular exercise and taking healthy diet.

make to do list everyday

W43 JMRKM1

make plane for study

No

NaN

work on time

Gym

make daily routine plan

Procrastination

Playing outdoor games

Wake up early



make plan of each day , to do list also make

overthinking

Procrastination

procastination

to task on given time

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