	Colone Hobita Hana	042.1/0.01		4st C 2rd T I	1.4.3
23451	Colony Mobile Home (Foodbank Mobile Market)	913 VB Blvd		1st & 3rd Tuesday	1-3 pm
	*Good Shepherd Lutheran	1489 Laskin Rd	757-428-4052	Wed:	10:30-noon
	Call or go online to reserve a box			2nd & 4 th Sat:	10:00-noon
	*Judeo-Christian Outreach (JCOC)	1053 VA Beach Blvd	757-491-2846	Tues (10am-12pm)	Must have appointment
	Must talk directly to a person,			Sat (10am-12pm)	Call: Mon-Fri
	voicemails will NOT be honored. *JCOC Community Dinner	1053 VA Beach Blvd		M-F:	8-12 or 1-5pm 5:00-6:30pm
	Scoe community binner	1035 VA BEGGII BAVG		Sat/Sun/Holidays:	2:30-3:30pm
	New Jerusalem COGIC	118 Bishop Thoroughgood	757-390-5920	2 nd & 4 th Sat	9:00 am until out of food
	Trinity Church	401 35 th St		M, T, W, Th	9:30-2 noon
	Potter's House @VBUMC	1709Pacific Ave	757.428.7727 x212	T & Th	9:30-10:30
	Seatack Rec Center	141 S Birdneck Rd		1 st & 3 rd Monday	4:30-6:30 pm
	(Foodbank Mobile Market) Star of the Sea Catholic	1314 Artic Cir	757-428-1244	Friday	9:30-11:30am
23452	Foundry UMC	2801 VA Beach Blvd	757-340-0595	Th	9-12noon
23432					
	First Lynnhaven Baptist	2744 Robert Jackson Dr	757-486-3608	3 rd Th	10-1pm
	Kingdom Reign Church	949 Chimney Hill Center	757-499-2300	3 rd Sat.	10:00-1:00pm
	Light of Hope UMC	208 Plaza Trail	757-340-5775	Once a month	Call date and time
	Lynnhaven Presbyterian	136 S. Lynnhaven Pkwy	757-340-2897	Mondays	10-12 noon
	*Lynnhaven UMC	1033 Little Neck Rd	757-340-5682	Call first	Call for appointment
	*Open Door Chapel	3177 VA Beach Blvd	757-340-1441	Call Tues morning	Pick up Wed. 9:00-11:00
	St. Francis Episcopal	509 South Rosemont Rd	757-340-6884	Th	11:30-1pm
	*Thalia UMC	4321 VA Beach Blvd	757-340-5015	Th	12:30-2:30pm ID required
	*Union Baptist	4608 South Blvd	757-497-0287	2 nd & 4 th Wed	10-12 noon
	*Vineyard Community Church	4444 Expressway Dr	757-497-6909	Call ahead to order	10-noon
	*Water's Edge Church	4141 Holland Rd	757-467-5864	Tues	1:30-4pm
23453	*Piney Grove Baptist	2804 Holland Rd	757-427-6831	Every other Tues.	10am-2pm
23433				Call for dates	•
	Holy Spirit Catholic (St. Vincent de	1396 Lynnhaven Pkwy	757-468-1533	T & Th	10-12
	Paul ministry) svdp@holyspiritvb.org	4700 Calliana Caracast		Mon.	6-8 pm
	TCC VB Joint Library Foodbank Mobile Market	1700 College Crescent		1st & 3rd Wednesday	1-3 pm
23454	Beach Fellowship	1817 General Booth Blvd	757-721-7388	Pick up on	Must call
23737	·			Wed 11-4	for appointment
	*Eastern Shore Chapel	2020 Laskin Rd	757-428-6763	T, Th, Sat.	2-6
	*Freedom Fellowship	836 Regency Dr	757-428-3277	Wed.	W: 10-12 noon & 6-7 pm
	God's Pantry @ Ocean Lakes Church	1200 Dam Neck Rd	757-619-4086	1 st & 3 rd Sat 3rd Sat	Sat: 9-12 noon
	,				Noon-2pm
	Holy Family Catholic	1279 North Great Neck Rd	757-481-5702	Sat. Last Sat of month	7 am
	More Than Conquerors Ministry	1101 Eaglewood Dr	757-761-3065	T & Th	4:30-6:30pm
	Feed My Sheep Food Pantry			2 nd & 4 th Sat	10- 12 noon
	*New Hope Baptist	395 Old Great Neck Rd	757-486-6027	3 rd Wed	9-12 noon
	VB Community Development Corp	2400 Potter's Rd Ste 200	757-500-2754	M-Th Fri	9-4 9-2
	*The Gathering @ Scott Memorial	409 First Colonial Rd	757-428-3720	Wed	4:30-6:30
	-				Parking lot opens at 4:00
23455	Bayside Baptist	1920 Pleasure House Rd	757-460-2481	Third Week, M-Th	Call for appointment
	Bayside Presbyterian	1400 Ewell Rd	757-460-1188	M-F: Call by 10:30	Call for appointment
	*Brook Baptist	4397 Wishart Rd	757-464-0371	Wed.	3:00-5 pm
	Colonial Run Mobile	1275 Bakers Rd		2 nd & 4 th Tuesday	1-3 pm
	Foodbank Home Mobile Market				
	II Faith in Astion, Faithin Astion 1010.				

Kingdom Investing Outreach Center	4525 E Honeygrove Rd Suite 205	757-621-0578	Sat	9-11 am
*Haygood UMC	4713 Haygood Rd	757-499-1269	M & Th 9-12pm	Call ahead of time
*Coastal Community	2800 S Independence Blvd	757-233-1293	2nd Tues	11- 12:30pm
*Courthouse Community UMC	2708 Princess Anne Rd	757-427-3272	Wed	10-noon & 5:30-6:30pm
Nimmo UMC	2040 Nimmo Church Lane	757-427-1765	2 nd & 4 th Mon.	3-5 pm
St Michael Lutheran	2208 Princess Anne Rd	757-427-5088	1 st & 3 rd Tues	11-2 pm
Charity UMC	4080 Charity Neck Rd	757-426-7296	Tues.	10-12 noon
*Ascension Catholic	4853 Princess Anne Rd	757-495-1886 x414	M-F Once a month	10-11:30 Closed Feb 19
*Center for Global Diplomacy	949 Chimney Hill Shopping		3 rd Sat	10:00-12:00 noon
		757-456-0046		4:30-6:30 pm 11:30 am
	700 Di odd Meddows Bivd			11.50 am
Heritage UMC	815 Baker Rd	757-497-3943		10:30-Noon
Foodbank Mobile Market			3 rd Thursday	2;30-4:00 pm
•	·		Т	10-11 am Need picture ID
Kempsville Baptist	5204 Princess Anne Rd	757-499-5457	T & Th	10am - 2pm
New Jerusalem Ministries	5184 Singleton Way	757-961-8726	4 th Sat	Noon-2pm
*Open Altar Ministries	4992 Euclid Rd #6	757-264-1745	Mon 2 nd Thurs 4 th Sat	12:00-2:00 pm 5-7 pm 10:00-noon
Revival Center Foodbank Mobile Market	4400 VB Blvd		2 nd & 4 th Monday	4:30-6:30 pm
*St Gregory the Great Catholic	247 Clearfield Ave	757-497-8330	T, Th & 2 nd Sat	12-1:30pm
*Thalia Lynn Baptist	4392 VA Beach Blvd	757-499-0557	Tues.	11:00-1:00
*The Mount Sign up at: https://foodbankseva.link2feed.com/	620 Baker Rd		T, W, Th 2 nd & 4 th Sat	10-2 pm 10-noon
Atlantic Shores Baptist	1861 Kempsville Rd	757-479-1133	Wed.	10-11 am
*Azalea Garden Church of God	1541 Centerville Turnpike	757-366-0406	Th	9-11am
Coastal Va Unitarian Universalists	809 S Military Hwy	757-627-5371	To-go meals Wed.	5:00 until meals are gone
*Hope Lutheran	5350 Providence Rd	757-424-4848	2nd & 4th Wed: 2nd & 4th Sat:	W 6-7:00 pm Sat 10-11:00 am
*Kempsville Presbyterian Closed 5 th week	805 Kempsville Rd	757-495-1913	Wed	2-4 pm
Memorial UMC	804 Gammon Rd	757-420-1407	M-F Must have ID	Call for appointment
*New Beginnings Church of Christ	6400 Drew Dr	757-420-7712	4th Sat.	10-11:30 am
New Light FGB Church	5549 Indian River Rd		2 nd & 4 th Friday	4-6 pm
Rock Church International	580 Kempsville Rd	757-217-2192	M, W, Th	Call for appointment
St James Missionary Church	5724 Old Providence Rd	757-961-3388	1st & 3rd Sat	10-12 noon
St. Mark's Catholic	1505 Kempsville Rd	757-479-1010	Wed. ID required	10:00am-1:00pm
St. Matthew Catholic (SVdP)	3314 Sandra Ln	757-420-7352	Call	Call for appointment
Suburban Christian	5132 Bellamy Manor Dr	757-495-0352	1 st & 3 rd Tues	1:30-3 pm
	*Haygood UMC *Coastal Community *Courthouse Community UMC Nimmo UMC St Michael Lutheran Charity UMC *Ascension Catholic *Center for Global Diplomacy Foodbank Mobile Market *Connect Church Heritage UMC JenCare Senior Medical Center Foodbank Mobile Market *Jewish Family Services Kempsville Baptist New Jerusalem Ministries *Open Altar Ministries *Open Altar Ministries *St Gregory the Great Catholic *Thalia Lynn Baptist *The Mount Sign up at: https://foodbankseva.link2feed.com/ Atlantic Shores Baptist *Azalea Garden Church of God Coastal Va Unitarian Universalists *Hope Lutheran *Kempsville Presbyterian Closed 5th week Memorial UMC *New Beginnings Church of Christ New Light FGB Church Foodbank Mobile Market Rock Church International St James Missionary Church St. Mark's Catholic St. Matthew Catholic (SVdP)	**Haygood UMC** *Coastal Community* *Courthouse Community UMC* *Coastal Lutheran* *Canter Golobal Lutheran* *Center for Global Diplomacy Foodbank Mobile Market* *Connect Church* *JenCare Senior Medical Center Foodbank Mobile Market* *Jewish Family Services* *Lewish Family Services* *Coupen Altar Ministries* *Open Altar Ministries* *Todobank Mobile Market* *St Gregory the Great Catholic* *The Mount Sign up at: https://foodbankseva.link/2feed.com// Atlantic Shores Baptist* *Azalea Garden Church of God* *Azalea Garden Church of God* *New Jenusalem Universalists* *Aualea Garden Church of God* *Kempsville Presbyterian Closed 5th Week Memorial UMC* *New Beginnings Church of Christ Market Rock Church International St James Missionary Church St James Missionary Church St James Missionary Church St James Missionary Church St Markys Catholic Rd St James Missionary Church St James Missionary Church St Markys Catholic Rd St Markys Catholic Rd St Markys Catholic Rd St James Missionary Church St Markys Catholic Rd St Markys Catholic (SVdP) *St Mark's Catholic (SVdP) *Though St Military And St Markys Catholic Rd St Markys Catholic St Markys Catholic (SVdP) *St Marks Catholic (SVdP) *Todo Nimmo Church St Godo S Independence Rd St Markys Catholic (SVdP) *Todo Nimmo Church St Godo S Independence Rd St Markys Catholic (SVdP) *Todo Nimmo Church St Godo S Independence Rd St Markys Catholic (SVdP) *Todo Nimmo Church St Godo S Independence Rd St Markys Catholic (SVdP) *Todo Nimmo Church St Godo S Independence Rd St Markys Catholic (SVdP) *Todo Nimmo Church St Godo S Independence Rd St Markys Catholic (SVdP) *Todo Nimmo Church Stone S Anne Rd *Todo Name Charles Sanne Rd *Todo Name Catholic (SVdP) *Todo Name Charles Anne Rd *Todo Name Charles Anne Rd *Todo Name Church St Godo S Independence Rd *Todo S To	**Suite 205	**Suite 205** **Taygood UMC** **Taygood UMC** **Toastal Community** **Coastal Community** **Coastal Community** **Courthouse Community UMC** **Zo80 Fincess Anne Rd** **Zo40 Nimmo Church Lane** **Zo40 Nimmo Church Lane** **Zo427-1765** **Zo427-1766** **Zo427-1

Financial				Financial	Day & Time
23451	Potter's House @VBUMC	1709Pacific, 757-428-7727 x212		Utilities only	T & Th 9:30-10:30
	Star of the Sea Catholic	1314 Artic Cir, 757-428-1244		Electric Only	Call and leave message
23453	Holy Spirit Catholic St. Vincent de Paul	1396 Lynnhaven Pkwy		757-468-1533 Call for appointment	T & Th 10-noon
	Holy Apostles Catholic	1593 Lynnhaven Pkwy		Call 757-427-0963	2nd & 4th Wed: 1-3
23454	Holy Family Catholic	1279 North Great Neck Rd		757-937-8155	Call and leave message
	Spring Branch Community Church	1500 N. Great Neck Road		VinnyRos@aol.com	Email for assistance
23455	Bayside Baptist	1920 Pleasure House Rd 757-460-2481	Must have a disconnect notice	Utilities only for 23455 & 23462	Call for appointment and application
23462	Ascension Catholic Closed	4853 Princess Anne Rd		757-495-1886 ×414	Utilities Only Call Mon & leave msg
	St Andrews UMC	717 Tucson Rd		Call 757-467-1047	Zips 23462 & 23464 only
	St Gregory the Great Catholic	5345 VB Blvd,		757-497-8330x303	Call and leave message
Clothing			Clothing		Day & Time
23452	Light of Hope UMC	208 Plaza Trail, 757-340-5775	Clothing		Call for date and time
23453	Holy Spirit Catholic St. Vincent de Paul	1396 Lynnhaven Pkwy	Clothing for adults only		T & Th 10-noon
23454	Freedom Fellowship	836 Regency Dr, 757-428-3277	Clothing		1 st & 3 rd Sat, 9-11 am
	The Gathering @ Scott Memorial	409 First Colonial Rd 757-428-3720	Clothing		3 rd Saturday 9:30-11:30
	Holy Family Catholic	1279 North Great Neck Rd	Middle/High school, only	757-481-5702 x6	Call Mondays for appt.
23455	Haygood UMC	4713 Haygood Rd 757-499-1269	Children Clothing Exchange		Tues: 3-6 pm Thurs: 9-noon
23464	Community UMC	1072 Old Kempsville Rd 757-495-1021	Childrens Clothing		Tues: 12-2 Thurs: 10-12
	Kempsville Presbyterian clothingclosetva@aol.com	805 Kempsville Rd	Clothing		Wed: 2-4 pm
	Kempsville Christian Church	5424 Parliament Dr	Clothing		2 nd Sat. 9:00-11:30 am (except Jan)
OTHER					
	Salvation Army	5525 Raby Rd, Norfolk		Financial	Call 965-9012 for info
	Housing Crisis Hotline			757-227-5932	M-F 8 am – 7 pm
	Dept of Social Services	3432 VB Blvd		757-385-3200	
	Low Income Household Water	www.virginialihwap.com		1-888-373-9908.	Application online
	Navy-Marine Corps Relief Society	Oceana		757-433-3383	Go to NMCRS.org
	Beachcommunitypartnership.org	Get Help information			Food Pantry List

MEDICAL					
ODU Health Clinic	PIN	1164 Millers Lane Virginia Beach, VA 23451		Sunday Monday	1-4 pm 9-4
ODU Mobile Bus Community Care		,		,	
Sentara Mobile Care	The Mount	620 Baker Road Virginia Beach, VA 23462	757-388-1830	Every Wednesday	2-6 pm
	Samaritan House	2620 Southern Blvd, Virginia Beach, VA 23452		Every Thursday	8 - 10:30 am
	Mt. Olive Baptist Church (Seatack)	310 Birdneck Road, Virginia Beach, VA 23451		Every Monday	3 - 6 pm
Speech & Hearing Clinic	ODU Speech & Hearing Clinic speechhearingclinic@odu.edu	240 Lions Child Study Center Old Dominion University Norfolk, VA 23529	757-683-4117		
Physical Therapy	Monarch Physical Therapy monarchpt@odu.edu	1015 W. 47th St. Norfolk, VA 23529	757- 683-7041		
Mental Health					
NAMI Coastal Virginia (National Alliance of Mental Illness)	NAMI Coastal Virginia provides Free Support Groups (online and inperson), Classes & Educational Programs, Advocacy, and Resources for individuals and families living with mental illness. namicoastalvirginia.org	Pembroke 4 building at 291 Independence Blvd., Ste 542 Virginia Beach, VA	757-499-2041	M-F	10:00am - 4:00pm
DENTAL	Call first for eligibility!				
	HRCHC- Hampton Roads Community Health Center	9581 Shore Drive Norfolk, 23518	757-393-6363	Monday-Friday	8 am-5 pm
	Park Place Dental Clinic	606 West 29 th St Norfolk, 23508	757-683-2692	MonThurs.: Friday:	10 am – 2 pm 10 am – 12 noon
	Ocean View Medical & Dental Center	9581 Shore Dr Norfolk, 23518	757-393-6363	Monday - Friday:	8 am – 5:00 pm
	Chesapeake Care Clinic Must call first	2145 S Military Hwy Chesapeake 23320	757-545-5700	Tues. & Wed.: Thursday: Friday:	9 am – 5 pm 9 am – 6 pm 9 am – 3 pm
	ODU Dental Hygiene Care Facility	Health Sciences Bldg Norfolk, VA 23529	757-683-4308		
VISION					
	America's Best Free eye exams w/ 2 pairs	5802 E VB Blvd Norfolk 3332 Princess Anne Rd	757-217-2050		
	America's Best Free eye exams w/ 2 pairs America's Best	Va Beach 549 Hilltop Plaza	757-368-2828 757-364-6795		
	Free eye exams w/ 2 pairs	Va Beach	757 504 0755		