_

", , 2013 100m , , , 2013 100m , , , 20	, 2012 (12),	EXH EXH	3:17.28				
, , 2013 00m , 10m , , 20	3 (11),		3:17.28				
om , om , , 20		FXH		219	NT	-	
n , , 2	, 2011 (13),	-/ VI I	3:15.14	226	NT	_	
, , 2		EXH	2:57.91	298	NT		
n	013 (11),					_	
		EXH	3:06.59	259	NT	-	
	' () 2014 (10),						
n		31.	4:22.76	92	5:00.00	130%	
١	, 2014 (10),			-	5:00.00	-	
, ,	2014 (10),	8.	26.33	62	25.00	90%	
2	014 (10),	6.	27.55	79	26.00	89%	
1	2014 (10),	30.	4:20.04	95	4:30.00	108%	
1				-	4:20.00	-	
, , 20	15 (9),	36.	30.48	26	NT	-	
,	, 2015 (9),			-	NT	-	
		22. 32.	29.44 33.20	44 45	NT NT	- -	
,	, 2015 (9),	28.	31.50	36	NT		
	0044 (40	46.	37.50	31	NT	-	
,	, 2014 (10),	51.	35.55	16	NT	-	
,	, 2013 (11),			-	NT	-	
,	, 2014 (10),	27.	4:05.27	114	4:00.00	96%	
	,	22.	27.93	34	NT NT	- -	
	, 2014 (10),	43.	35.58	25	NT		
	0044 (40	52.	41.81	22	NT	- -	
,	, 2014 (10),	54.	45.28	12	NT	-	
, , 2	014 (10),	54.	42.99	21	NT	-	
	, , ,	54.	36.53 35.17	15 25	NT NT	-	
,	, 2014 (10),	32.			NT		
	(40)	32.	29.47	29 -	NT	- -	
, 2012 n				-	5:30.00	-	
, 1	, 2013 (11),	33.	4:38.86	77	5:00.00	116%	
, :	2013 (11),			-	4:10.00	<u>-</u>	
,	, 2015 (9),	00	00.04				
		26. 43.	30.84 35.79	39 36	NT NT	- -	
,	, 2014 (10),	6.	24.90	74	NT	-	
,	, 2014 (10),	21.	30.34	59	NT	-	
m	, 2014 (10),	32.	4:26.88	88	4:30.00	102%	
, ກ ກ	, 20(10),	49. 42.	38.96 35.59	19 37	NT NT	-	

	, , 2013 (11),						-
200m	, 2015 (9),			-	4:30.00	-	-
25m 25m		36. 37.	32.32 33.90	33 42	NT NT	- -	
25m	, 2014 (10),	13.	27.67	54	NT	-	-
25m	, , 2013 (11),	11.	28.74	70	NT	-	-
200m	, , 2014 (10),			-	5:30.00	-	-
25m 25m		9.	25.47	45 -	NT NT	-	
25m 25m	, , 2015 (9),	28.	28.90	31	NT NT	Ī	-
25m	, , 2013 (11),	38.	30.65	25	NT	_	-
25m	, , , 2014 (10),			-	NT	-	_
25m	,,	1.	23.51	88	NT	-	
25m	, , 2014 (10),	27.	32.58	48	NT	-	-
25m 25m		61.	45.10	8 -	NT NT	- -	
25m	, , 2014 (10),	14.	26.56	39	NT	_	-
25m	0040 (44	14.	20.30	-	NT	- -	
200m	, , 2013 (11),			-	4:30.00	-	-
200m	, , 2014 (10),			-	4:40.00	-	-
, 25m	, 2014 (10),	47.	33.01	20	NT	<u>-</u>	-
25m	, , 2015 (9),			-	NT	-	_
25m	, , 2013 (9),	59.	44.07	8	NT	-	_
25m , 200m	, 2014 (10),				NT 4:40.00	-	-
	, , 2014 (10),			-		-	-
25m 25m		10.	25.89	43 -	NT NT	-	
, 25m	, 2014 (10),	27.	31.42	36	NT	-	-
25m	, , 2015 (9),	14.	29.16	67	NT	-	_
25m 25m	, , , 2015 (9),	25.	28.21 36.76	33 21	NT NT	-	
	, , 2014 (10),						-
25m 25m		26.	28.28 34.03	33 27	NT NT	- -	
25m	, , 2014 (10),	58.	40.41	11	NT	_	-
25m	, 2013 (11),			-	NT	-	_
25m 25m	, 2010 (11),	44.	32.38	22	NT NT	-	
"	" (5
	, , 2014 (10),						-
25m 25m		11. 20.	27.51 29.85	54 62	NT NT	-	
	, 2014 (10),	2.		92	25.05	1170/	2
25m 25m	2044 (40	2. 8.	23.92 28.01	83 76	25.85 35.85	117% 164%	
25m	, , 2014 (10),	38.	32.85	32	NT	-	-
25m	, , 2015 (9),	35.	33.67	43	NT	-	_
25m 25m		27.	28.30	33	NT NT	-	

, 5m	, 2015 (9),	17.	28.36	50	NT	_
5m	2015 (0)	2.	26.28	92	NT	-
5m	, , 2015 (9),	19.	27.32	36	NT	-
5m -	, 2015 (9),	40		-	NT	-
5m 5m	2015 (0	42.	31.01	25 -	NT NT	- -
5m	, , 2015 (9),	10.	27.38	55 57	NT	-
5m ,	, 2014 (10),	22.	30.71	57	NT	-
5m 5m	2014 (10	5.	24.49	50 -	NT NT	- -
, 5m	, 2014 (10),	17.	27.07	37	NT	-
5m ,	, 2014 (10),	0	04.00	-	NT os os	-
5m 5m	2014 (40	6.	24.68	49 -	25.65 27.85	108%
5m	, 2014 (10),	4.	24.60	76	24.15	96%
5m -	, 2015 (9),	1.	25.47	101	25.25	98%
5m 5m	0044 (40	16.	27.06	37 -	NT NT	-
5m	, , 2014 (10),	1.	18.88	111 -	19.82	110%
5m , 5m	, 2015 (9),	47.	38.48	20	21.52 NT	-
5m	, , 2015 (9),	31.	33.12	46	NT	-
ōm ōm	, , , 2013 (9),	45.	32.46	21 -	NT NT	-
5m	, , 2014 (10),			-	NT	_
5m	, , 2014 (10),	8.	25.00	47	NT	_
5m	, 2015 (9),	0.	23.00	-	NT	-
, ōm ōm	, 2010 (0),	53.	36.50	15 -	NT NT	-
5m	, , 2015 (9),	35.	32.31	33	NT	_
ōm	, , 2014 (10),	19.	29.81	63	NT	-
5m 5m	, , , ==== /,	7.	24.71	49 -	25.96 32.58	110% -
ōm	, , 2015 (9),	7.	26.03	64	NT	-
ōm ,	, 2014 (10),	25.	31.74	52	NT	-
īm īm		12. 3.	27.64 26.63	54 88	NT NT	-
ōm	, , 2015 (9),	20.	28.82	47	NT	-
ōm	, , 2014 (10),	45.	37.47	31	NT	-
5m 5m		31. 47.	31.88 38.39	35 29	NT NT	-
5m	, , 2015 (9),	34.	29.87	28	NT	-
ōm	, 2014 (10),			-	NT	-
ōm ōm	0044 (40	39. 49.	32.88 38.74	32 28	NT NT	-
, 5m	, 2014 (10),	4.	24.09	53	NT	-
5m				-	NT	-

25m 25m	, , 2014 (10),	17. 44.	28.36 35.88	50 36	NT NT		-
25m 25m	, 2015 (9),	55. 53.	47.23 42.59	10 21	NT NT	-	-
25m 25m	, , 2015 (9),	50. 50.	39.18 38.87	19 28	NT NT		-
25m 25m	, , 2014 (10),	24. 9.	29.59 28.22	44 74	NT NT	-	-
25m 25m	, , 2014 (10),	40.	30.92	25 -	NT NT	-	-
25m 25m	, 2014 (10),	15.	26.91	38	NT NT	· .	-
25m 25m	, , 2015 (9),	46. 34.	37.09 33.48	22 44	NT NT	· .	-
25m 25m	, , 2014 (10),	33.	29.82	28	NT NT	-	-
25m 25m	, , 2014 (10), , , 2014 (10),	41. 36.	34.72 33.83	27 43	NT NT		-
25m 25m	, , , 2014 (10), , , 2014 (10),	44. 4.	36.12 27.04	24 84	NT NT	-	
25m 25m	2014 (10	31.	29.36	29	NT NT	-	_
25m 25m	, , 2014 (10), , , 2014 (10),	56.	37.75	13 -	NT NT	:	_
25m 25m	, , 2015 (9),	2.	21.93	70 -	NT NT	-	_
25m 25m	, , , 2014 (10),	29. 16.	31.70 29.29	35 66	NT NT	-	_
25m 25m	, 2015 (9),	30.	29.08	30	NT NT	- -	_
25m 25m	, , 2014 (10),	37. 29.	32.50 32.85	33 47	NT NT	-	_
25m 25m	, , 2015 (9),	18.	27.17	37	NT NT		_
25m 25m	, 2014 (10),	23.	28.00	34 -	NT NT	-	-
25m 25m	, 2015 (9),	11.	25.94	42 -	NT NT	- -	-
25m 25m	, , 2014 (10),	17. 12.	28.36 29.02	50 68	NT NT	-	-
25m 25m	, , 2014 (10),	52.	35.96	16 -	NT NT	-	-
25m 25m	" "()	46.	32.87 34.09	21 27	NT NT	-	22
200m	, 2014 (10),	24.	3:49.64	138	4:11.52	120%	1
200m	, , 2014 (10),	23.	3:49.53	139	3:44.49	96%	-

200m	, , 2013 (11),	14.	3:39.49	159	3:45.02	105%	1
200m	, , 2014 (10),	4.	3:19.34	212	3:28.52	109%	1
200m	, , 2013 (11),	8.	3:25.91	192	3:35.25	109%	1
200m	, , 2013 (11),	16.	3:43.62	150	3:45.63	102%	1
200m	, 2014 (10),	28.	4:06.46	112	4:20.52	112%	1
200m	, 2013 (11),	7.	3:23.88	198	3:47.23	124%	1
200m	, , 2014 (10),	19.	3:45.25	147	3:55.25	109%	1
200m	, , 2013 (11),	6.	3:23.74	198	3:31.81	108%	1
200m	, , 2013 (11),	5.	3:20.14	209	3:38.83	120%	1
200m	, , 2014 (10),	12.	3:35.11	169	3:51.38	116%	1
200m	, , 2013 (11),	15.	3:43.58	150	NT	-	-
200m	, , 2013 (11),	36.	5:25.97	48	NT	-	-
200m	, , 2013 (11),	20.	3:46.93	143	3:51.42	104%	1
200m	, 2013 (11),	13.	3:39.35	159	3:56.56	116%	1
200m	, , 2014 (10),	35.	5:02.97	60	3:55.00	60%	-
200m	, , 2014 (10),	26.	3:59.06	123	3:52.52	95%	-
200m	, 2014 (10),	29.	4:08.84	109	3:55.44	90%	-
, 200m	, 2014 (10),	18.	3:45.12	147	3:48.52	103%	1
200m	, 2014 (10),	3.	3:15.87	223	3:30.53	116%	1
200m	, , 2013 (11),	17.	3:44.55	148	3:40.25	96%	-
200m	, 2014 (10),	10.	3:29.96	181	3:51.08	121%	1
200m	, , 2013 (11),	34.	4:39.93	76	NT		-
200m	, , 2014 (10),	25.	3:49.88	138	3:54.51	104%	1
200m	, , 2013 (11),	2.	3:14.53	228	3:25.89	112%	1
200m	, , 2014 (10),	9.	3:27.97	187	3:36.52	108%	1
	, 2014 (10),						-
200m	, , 2014 (10),	22.	3:48.48	141	3:41.29	94%	1
200m	, , 2014 (10),	21.	3:47.07	143	3:54.78	107%	1
200m	, , 2014 (10),	11.	3:32.57	175	3:36.71	104%	1
200m	" ()	1.	3:06.87	257	3:21.25	116%	1
	, 2015 (9),						4 -
25m 25m	0044 (40	29.	29.00	30 -	NT NT	-	
25m	, 2014 (10),	39.	30.72	25	NT	-	-
25m ,	, 2014 (10),	40	24.00	-	NT	-	-
25m 25m	, , , 2014 (10),	48.	34.23 34.32	18 27	NT NT	- -	_
25m 25m	, , 2014 (10),	53. 33	43.65 33.31	13 45	NT NT	-	-
25m		33.	33.31	45	NT	-	

	, 2014 (10),					2
25m	, 2014 (10),	3.	24.34	79	29.00	142%
25m	, , 2014 (10),	5.	27.06	84	29.00	115%
25m	, , , , , , , , , , , , , , , , , , , ,	33.	32.11	34	NT	-
25m	, , 2015 (9),	17.	29.38	65	NT	-
25m 25m		63.	49.21	6	NT NT	-
	, , 2014 (10),					-
25m 25m		50.	35.54	16 -	NT NT	-
	, , 2014 (10),			_		-
25m 25m		14. 30.	27.68 32.92	53 46	NT NT	-
	, , 2014 (10),					-
25m 25m		24.	28.05	33	NT NT	- -
	, , 2014 (10),					1
25m 25m		3.	23.72	56 -	31.20 25.00	173% -
	, , 2014 (10),	_	24.24	70		-
25m 25m		5. 23.	24.64 30.74	76 57	NT NT	-
25m	, 2015 (9),	51.	41.83	15	NT	-
25m		51. 51.	40.22	15 25	NT	- -
25m	, 2014 (10),	25.	29.73	43	29.00	1 95%
25m		10.	28.39	73	28.56	101%
25m	, , 2015 (9),	42.	35.44	25	NT	- -
25m	0045 (0	28.	32.80	47	NT	-
25m	, , 2015 (9),	21.	29.05	46	NT	-
25m	2045 (0)	41.	35.50	37	NT	-
25m	, , 2015 (9),	30.	31.82	35	NT	
25m	, , 2015 (9),	48.	38.66	28	NT	-
25m	, , , 2013 (9),	32.	31.96	35	NT	-
25m	, 2015 (9),	23.	30.74	57	NT	-
25m	, , , , , , , , , , , , , , , , , , ,	40.	33.24	31 42	NT	-
25m	, , 2014 (10),	38.	33.92	42	NT	-
25m	, , , , , , , , , , , , , , , , , , , ,	9.	27.22	56	NT	-
25m	, , 2014 (10),	18.	29.68	63	NT	-
25m	, , , ==== ,,	16.	28.20	51	NT	-
25m	, , 2014 (10),	15.	29.26	66	NT	- -
25m 25m	, , ,	36.	30.48	26	NT NT	-
20111	, , 2014 (10),			_	IVI	-
25m 25m		62.	46.49	7	NT NT	- -
	, , 2014 (10),					-
25m 25m		20.	27.33	36 -	NT NT	-
	, , 2015 (9),					-
25m 25m		60.	44.40	8 -	NT NT	-
	, 2014 (10),	40		40		-
25m 25m		12.	26.03 27.16	42 54	NT NT	-
25m	, , 2014 (10),	21.	27.72	25	NT	-
25m 25m		۷۱.	27.72	35 -	NT NT	-
25m	, , 2015 (9),	34.	32.28	34	NT	-
25m	0045 (0	39.	34.44	40	NT	- -
, 25m	, 2015 (9),	23.	29.49	44	NT	-
25m		13.	29.06	68	NT	-

	, 2015 (9),						
25m 25m		48. 26.	38.68 32.01	19 50	NT NT	-	•
, 25m 25m	, 2015 (9),	55.	37.70	13	NT NT	- -	
25m	, , 2015 (9),	15.	28.14	51	NT	-	
25m		7.	27.83	77	NT	-	
,	" () ,2013 (11),						
200m -	, , 2014 (10),			-	3:29.69	-	
200m	, , 2013 (11),			-	4:33.84	-	
200m	, 2013 (11),			-	3:32.25	-	
200m	, 2013 (11),			-	4:02.93	-	
200m	, 2014 (10),			-	3:58.35	-	
200m [']	, 2014 (10),			-	3:48.56	-	
25m	, 2013 (11),			-	NT	-	
200m				-	3:29.17	-	
, 25m 25m	, 2015 (9),	43.	31.29	24	NT NT	-	
, 25m	, 2015 (9),	35.	30.04	27	NT	-	
25m	, 2014 (10),			-	NT	-	
200m	, 2013 (11),			-	4:08.34	-	
200m	, 2014 (10),			-	3:35.16	-	
200m	, , 2014 (10),			-	4:30.74	-	
200m	2015 (9)			-	3:57.49	-	
25m 25m		49.	34.45	18	NT NT	-	
25m	, , 2014 (10),	41.	30.93	25	NT	-	
25m	, , 2015 (9),			-	NT	-	
25m 25m		52. 40.	42.01 35.36	15 37	NT NT	-	
, 200m	, 2014 (10),			-	4:04.85	-	
, 200m	, 2014 (10),			_	3:45.69	_	
200m	, , 2014 (10),			_	4:19.67	_	
, 25m	, 2015 (9),	57.	39.56	12	NT	_	
25m	, 2014 (10),	01.	00.00	-	NT	-	
25m				-	NT	-	
200m				-	3:21.49	-	
200m ,	, 2013 (11),			-	3:18.40	-	
200m	, 2014 (10),			-	3:50.93	-	
200m	, , 2013 (11),			-	3:52.93	-	
25m 25m	, , 2014 (10),	45. 55.	36.24 43.87	24 19	NT NT	- -	
		30.		.0	- • •		

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, 200m	, 2014 (10),				4:00.06		-
, ,	, 2013 (11),			-	4:00.06	-	-
200m	, , 2013 (11),			-	3:48.33	-	_
200m				-	3:42.97	-	
25m	, , 2014 (10),	13.	26.20	41	NT	-	-
25m	, 2013 (11),			-	NT	-	_
200m				-	3:47.23	-	_
200m				-	3:17.62	-	_
, 200m	, 2013 (11),			-	3:33.16	-	-
200m	, , 2013 (11),			-	3:55.35	-	-