

						%	PB
"	"						-
200m	, 2012 (12 ),	EXH	3:17.28	219	NT	-	-
200m	, 2013 (11 ),	EXH	3:15.14	226	NT	-	-
200m	, 2011 (13 ),	EXH	2:57.91	298	NT	-	-
200m	, 2013 (11 ),	EXH	3:06.59	259	NT	-	-
"	" ( . . )						10
200m	, 2014 (10 ),	31.	<b>4:22.76</b>	92	5:00.00	130%	1
200m	, 2014 (10 ),		<b>4:25.44</b>	63	5:00.00	128%	1
25m	, 2014 (10 ),	8.	26.33	62	25.00	90%	-
25m	, 2014 (10 ),	6.	27.55	79	26.00	89%	-
200m	, 2014 (10 ),	30.	<b>4:20.04</b>	95	4:30.00	108%	1
200m	, 2014 (10 ),		<b>4:19.21</b>	67	4:20.00	101%	1
25m	, 2015 (9 ),	36.	30.48	26	NT	-	-
25m	, 2015 (9 ),	33.	32.41	32	NT	-	-
25m	, 2015 (9 ),	22.	29.44	44	NT	-	-
25m	, 2015 (9 ),	32.	33.20	45	NT	-	-
25m	, 2015 (9 ),	28.	31.50	36	NT	-	-
25m	, 2015 (9 ),	46.	37.50	31	NT	-	-
25m	, 2014 (10 ),	51.	35.55	16	NT	-	-
25m	, 2014 (10 ),	40.	33.96	27	NT	-	-
200m	, 2013 (11 ),	27.	4:05.27	114	4:00.00	96%	-
25m	, 2014 (10 ),	22.	27.93	34	NT	-	-
25m	, 2014 (10 ),	25.	31.13	36	NT	-	-
25m	, 2014 (10 ),	43.	35.58	25	NT	-	-
25m	, 2014 (10 ),	52.	41.81	22	NT	-	-
25m	, 2014 (10 ),	54.	45.28	12	NT	-	-
25m	, 2014 (10 ),	54.	42.99	21	NT	-	-
25m	, 2014 (10 ),	54.	36.53	15	NT	-	-
25m	, 2014 (10 ),	48.	35.17	25	NT	-	-
25m	, 2014 (10 ),	32.	29.47	29	NT	-	-
25m	, 2014 (10 ),	21.	30.44	38	NT	-	-
200m	, 2012 (12 ),		5:35.04	31	5:30.00	97%	-
200m	, 2013 (11 ),	33.	<b>4:38.86</b>	77	5:00.00	116%	1
200m	, 2013 (11 ),		<b>3:56.60</b>	88	4:10.00	112%	1
25m	, 2015 (9 ),	26.	30.84	39	NT	-	-
25m	, 2015 (9 ),	43.	35.79	36	NT	-	-
25m	, 2014 (10 ),	6.	24.90	74	NT	-	-
25m	, 2014 (10 ),	21.	30.34	59	NT	-	-
200m	, 2014 (10 ),	32.	<b>4:26.88</b>	88	4:30.00	102%	1
25m	, 2014 (10 ),	49.	38.96	19	NT	-	-
25m	, 2014 (10 ),	42.	35.59	37	NT	-	-

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200m	,	, 2013 (11 ),		4:35.94	56	4:30.00	96%	-
25m	,	, 2015 (9 ),	36.	32.32	33	NT	-	-
25m			37.	33.90	42	NT	-	-
25m	,	, 2014 (10 ),	13.	27.67	54	NT	-	-
25m			11.	28.74	70	NT	-	-
200m	,	, 2013 (11 ),		<b>4:27.11</b>	61	5:30.00	153%	1
25m	,	, 2014 (10 ),	9.	25.47	45	NT	-	-
25m			10.	28.37	47	NT	-	-
25m	,	, 2015 (9 ),	28.	28.90	31	NT	-	-
25m			3.	25.39	66	NT	-	-
25m	,	, 2013 (11 ),	38.	30.65	25	NT	-	-
25m			51.	36.77	21	NT	-	-
25m	,	, 2014 (10 ),	1.	23.51	88	NT	-	-
25m			27.	32.58	48	NT	-	-
25m	,	, 2014 (10 ),	61.	45.10	8	NT	-	-
25m			64.	52.64	7	NT	-	-
25m	,	, 2014 (10 ),	14.	26.56	39	NT	-	-
25m			47.	34.95	25	NT	-	-
200m	,	, 2013 (11 ),		<b>4:12.67</b>	73	4:30.00	114%	1
200m	,	, 2014 (10 ),		5:05.11	41	4:40.00	84%	-
25m	,	, 2014 (10 ),	47.	33.01	20	NT	-	-
25m			19.	29.94	40	NT	-	-
25m	,	, 2015 (9 ),	59.	44.07	8	NT	-	-
25m			59.	44.08	12	NT	-	-
200m	,	, 2014 (10 ),		<b>4:09.70</b>	75	4:40.00	126%	1
25m	,	, 2014 (10 ),	10.	25.89	43	NT	-	-
25m			8.	27.37	53	NT	-	-
25m	,	, 2014 (10 ),	27.	31.42	36	NT	-	-
25m			14.	29.16	67	NT	-	-
25m	,	, 2015 (9 ),	25.	28.21	33	NT	-	-
25m			50.	36.76	21	NT	-	-
25m	,	, 2014 (10 ),	26.	28.28	33	NT	-	-
25m			42.	34.03	27	NT	-	-
25m	,	, 2014 (10 ),	58.	40.41	11	NT	-	-
25m			53.	37.57	20	NT	-	-
25m	,	, 2013 (11 ),	44.	32.38	22	NT	-	-
25m			56.	38.58	19	NT	-	-
"	" (	)						8
25m	,	, 2014 (10 ),	11.	27.51	54	NT	-	-
25m			20.	29.85	62	NT	-	-
25m	,	, 2014 (10 ),	2.	<b>23.92</b>	83	25.85	117%	2
25m			8.	<b>28.01</b>	76	35.85	164%	-
25m	,	, 2014 (10 ),	38.	32.85	32	NT	-	-
25m			35.	33.67	43	NT	-	-
25m	,	, 2015 (9 ),	27.	28.30	33	NT	-	-
25m			16.	29.40	43	NT	-	-

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25m		, 2014 (10 ),	17.	28.36	50	NT	-	-
25m			44.	35.88	36	NT	-	-
25m		, 2015 (9 ),	55.	47.23	10	NT	-	-
25m			53.	42.59	21	NT	-	-
25m		, 2015 (9 ),	50.	39.18	19	NT	-	-
25m			50.	38.87	28	NT	-	-
25m		, 2014 (10 ),	24.	29.59	44	NT	-	-
25m			9.	28.22	74	NT	-	-
25m		, 2014 (10 ),	40.	30.92	25	NT	-	-
25m			14.	28.92	45	NT	-	-
25m		, 2014 (10 ),	15.	26.91	38	NT	-	-
25m			11.	28.45	47	NT	-	-
25m		, 2015 (9 ),	46.	37.09	22	NT	-	-
25m			34.	33.48	44	NT	-	-
25m		, 2014 (10 ),	33.	29.82	28	NT	-	-
25m			45.	34.29	27	NT	-	-
25m		, 2014 (10 ),	41.	34.72	27	NT	-	-
25m			36.	33.83	43	NT	-	-
25m		, 2014 (10 ),	44.	36.12	24	NT	-	-
25m			4.	27.04	84	NT	-	-
25m		, 2014 (10 ),	31.	29.36	29	NT	-	-
25m			49.	35.71	23	NT	-	-
25m		, 2014 (10 ),	56.	37.75	13	NT	-	-
25m			54.	38.09	19	NT	-	-
25m		, 2014 (10 ),	2.	21.93	70	NT	-	-
25m			12.	28.50	47	NT	-	-
25m		, 2015 (9 ),	29.	31.70	35	NT	-	-
25m			16.	29.29	66	NT	-	-
25m		, 2014 (10 ),	30.	29.08	30	NT	-	-
25m			36.	32.95	30	NT	-	-
25m		, 2015 (9 ),	37.	32.50	33	NT	-	-
25m			29.	32.85	47	NT	-	-
25m		, 2014 (10 ),	18.	27.17	37	NT	-	-
25m			39.	33.53	28	NT	-	-
25m		, 2015 (9 ),	23.	28.00	34	NT	-	-
25m			31.	32.12	32	NT	-	-
25m		, 2014 (10 ),	11.	25.94	42	NT	-	-
25m			20.	30.28	39	NT	-	-
25m		, 2015 (9 ),	17.	28.36	50	NT	-	-
25m			12.	29.02	68	NT	-	-
25m		, 2014 (10 ),	52.	35.96	16	NT	-	-
25m			61.	46.05	11	NT	-	-
25m		, 2014 (10 ),	46.	32.87	21	NT	-	-
25m			44.	34.09	27	NT	-	-
"	" ( )							22
200m		, 2014 (10 ),	24.	<b>3:49.64</b>	138	4:11.52	120%	1
200m		, 2014 (10 ),	23.	3:49.53	139	3:44.49	96%	-

200m	, 2013 (11 ),	14.	<b>3:39.49</b>	159	3:45.02	105%	1
200m	, 2014 (10 ),	4.	<b>3:19.34</b>	212	3:28.52	109%	1
200m	, 2013 (11 ),	8.	<b>3:25.91</b>	192	3:35.25	109%	1
200m	, 2013 (11 ),	16.	<b>3:43.62</b>	150	3:45.63	102%	1
200m	, 2014 (10 ),	28.	<b>4:06.46</b>	112	4:20.52	112%	1
200m	, 2013 (11 ),	7.	<b>3:23.88</b>	198	3:47.23	124%	1
200m	, 2014 (10 ),	19.	<b>3:45.25</b>	147	3:55.25	109%	1
200m	, 2013 (11 ),	6.	<b>3:23.74</b>	198	3:31.81	108%	1
200m	, 2013 (11 ),	5.	<b>3:20.14</b>	209	3:38.83	120%	1
200m	, 2014 (10 ),	12.	<b>3:35.11</b>	169	3:51.38	116%	1
200m	, 2013 (11 ),	15.	3:43.58	150	NT	-	-
200m	, 2013 (11 ),	36.	5:25.97	48	NT	-	-
200m	, 2013 (11 ),	20.	<b>3:46.93</b>	143	3:51.42	104%	1
200m	, 2013 (11 ),	13.	<b>3:39.35</b>	159	3:56.56	116%	1
200m	, 2014 (10 ),	35.	5:02.97	60	3:55.00	60%	-
200m	, 2014 (10 ),	26.	3:59.06	123	3:52.52	95%	-
200m	, 2014 (10 ),	29.	4:08.84	109	3:55.44	90%	-
200m	, 2014 (10 ),	18.	<b>3:45.12</b>	147	3:48.52	103%	1
200m	, 2014 (10 ),	3.	<b>3:15.87</b>	223	3:30.53	116%	1
200m	, 2013 (11 ),	17.	3:44.55	148	3:40.25	96%	-
200m	, 2014 (10 ),	10.	<b>3:29.96</b>	181	3:51.08	121%	1
200m	, 2013 (11 ),	34.	4:39.93	76	NT	-	-
200m	, 2014 (10 ),	25.	<b>3:49.88</b>	138	3:54.51	104%	1
200m	, 2013 (11 ),	2.	<b>3:14.53</b>	228	3:25.89	112%	1
200m	, 2014 (10 ),	9.	<b>3:27.97</b>	187	3:36.52	108%	1
200m	, 2014 (10 ),	22.	3:48.48	141	3:41.29	94%	-
200m	, 2014 (10 ),	21.	<b>3:47.07</b>	143	3:54.78	107%	1
200m	, 2014 (10 ),	11.	<b>3:32.57</b>	175	3:36.71	104%	1
200m	, 2014 (10 ),	1.	<b>3:06.87</b>	257	3:21.25	116%	1
" "	" ( )						4
25m	, 2015 (9 ),	29.	29.00	30	NT	-	-
25m	, 2014 (10 ),	24.	30.88	37	NT	-	-
25m	, 2014 (10 ),	39.	30.72	25	NT	-	-
25m	, 2014 (10 ),	41.	33.99	27	NT	-	-
25m	, 2014 (10 ),	48.	34.23	18	NT	-	-
25m	, 2014 (10 ),	46.	34.32	27	NT	-	-
25m	, 2014 (10 ),	53.	43.65	13	NT	-	-
25m	, 2014 (10 ),	33.	33.31	45	NT	-	-

									2
25m			3.	24.34	79	29.00	142%		
25m			5.	27.06	84	29.00	115%		
25m									-
25m			33.	32.11	34	NT	-		
25m			17.	29.38	65	NT	-		
25m									-
25m			63.	49.21	6	NT	-		
25m			57.	39.44	17	NT	-		
25m									-
25m			50.	35.54	16	NT	-		
25m			35.	32.54	31	NT	-		
25m									-
25m			14.	27.68	53	NT	-		
25m			30.	32.92	46	NT	-		
25m									-
25m			24.	28.05	33	NT	-		
25m			29.	31.51	34	NT	-		
25m									1
25m			3.	23.72	56	31.20	173%		
25m			2.	25.34	67	25.00	97%		
25m									-
25m			5.	24.64	76	NT	-		
25m			23.	30.74	57	NT	-		
25m									-
25m			51.	41.83	15	NT	-		
25m			51.	40.22	25	NT	-		
25m									1
25m			25.	29.73	43	29.00	95%		
25m			10.	28.39	73	28.56	101%		
25m									-
25m			42.	35.44	25	NT	-		
25m			28.	32.80	47	NT	-		
25m									-
25m			21.	29.05	46	NT	-		
25m			41.	35.50	37	NT	-		
25m									-
25m			30.	31.82	35	NT	-		
25m			48.	38.66	28	NT	-		
25m									-
25m			32.	31.96	35	NT	-		
25m			23.	30.74	57	NT	-		
25m									-
25m			40.	33.24	31	NT	-		
25m			38.	33.92	42	NT	-		
25m									-
25m			9.	27.22	56	NT	-		
25m			18.	29.68	63	NT	-		
25m									-
25m			16.	28.20	51	NT	-		
25m			15.	29.26	66	NT	-		
25m									-
25m			36.	30.48	26	NT	-		
25m			38.	33.46	29	NT	-		
25m									-
25m			62.	46.49	7	NT	-		
25m			58.	40.72	16	NT	-		
25m									-
25m			20.	27.33	36	NT	-		
25m			6.	27.11	54	NT	-		
25m									-
25m			60.	44.40	8	NT	-		
25m			63.	50.44	8	NT	-		
25m									-
25m			12.	26.03	42	NT	-		
25m			7.	27.16	54	NT	-		
25m									-
25m			21.	27.72	35	NT	-		
25m			37.	33.16	29	NT	-		
25m									-
25m			34.	32.28	34	NT	-		
25m			39.	34.44	40	NT	-		
25m									-
25m			23.	29.49	44	NT	-		
25m			13.	29.06	68	NT	-		

25m	,	, 2015 (9 ),	48.	38.68	19	NT	-	-
25m			26.	32.01	50	NT	-	-
25m	,	, 2015 (9 ),	55.	37.70	13	NT	-	-
25m			60.	44.71	12	NT	-	-
25m	,	, 2015 (9 ),	15.	28.14	51	NT	-	-
25m			7.	27.83	77	NT	-	-
"	" (	)						15
200m	,	, 2013 (11 ),			-	3:29.69	-	-
200m	,	, 2014 (10 ),						1
200m				<b>4:06.87</b>	78	4:33.84	123%	-
200m	,	, 2013 (11 ),			-	3:32.25	-	-
200m	,	, 2013 (11 ),						1
200m				<b>4:00.05</b>	85	4:02.93	102%	1
200m	,	, 2013 (11 ),						1
200m				<b>3:35.34</b>	118	3:58.35	123%	1
200m	,	, 2014 (10 ),						1
200m				<b>3:47.06</b>	100	3:48.56	101%	-
200m	,	, 2013 (11 ),			-	3:29.17	-	-
25m	,	, 2015 (9 ),	43.	31.29	24	NT	-	-
25m			34.	32.53	31	NT	-	-
25m	,	, 2015 (9 ),	35.	30.04	27	NT	-	-
25m			18.	29.79	41	NT	-	-
200m	,	, 2014 (10 ),						1
200m				<b>3:42.86</b>	106	4:08.34	124%	-
200m	,	, 2013 (11 ),			-	3:35.16	-	-
200m	,	, 2014 (10 ),						1
200m				<b>3:54.41</b>	91	4:30.74	133%	1
200m	,	, 2014 (10 ),						1
200m				<b>3:52.79</b>	93	3:57.49	104%	-
25m	,	, 2015 (9 ),	49.	34.45	18	NT	-	-
25m			26.	31.19	36	NT	-	-
25m	,	, 2014 (10 ),	41.	30.93	25	NT	-	-
25m			55.	38.37	19	NT	-	-
25m	,	, 2015 (9 ),	52.	42.01	15	NT	-	-
25m			40.	35.36	37	NT	-	-
200m	,	, 2014 (10 ),						1
200m				<b>3:37.82</b>	114	4:04.85	126%	-
200m	,	, 2014 (10 ),			-	3:45.69	-	-
200m	,	, 2014 (10 ),						1
200m				<b>3:52.49</b>	93	4:19.67	125%	-
25m	,	, 2015 (9 ),	57.	39.56	12	NT	-	-
25m			62.	49.14	9	NT	-	-
25m	,	, 2014 (10 ),	26.	31.19	36	NT	-	-
200m	,	, 2013 (11 ),			-	3:21.49	-	-
200m	,	, 2013 (11 ),			-	3:18.40	-	-
200m	,	, 2014 (10 ),						1
200m				<b>3:34.08</b>	120	3:50.93	116%	1
200m	,	, 2013 (11 ),						1
200m				<b>3:44.84</b>	103	3:52.93	107%	-
25m	,	, 2014 (10 ),	45.	36.24	24	NT	-	-
25m			55.	43.87	19	NT	-	-
200m	,	, 2014 (10 ),						1
200m				<b>3:36.60</b>	115	4:00.06	123%	-

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200m	,	, 2013 (11 ),							1
				3:23.09	140	3:48.33	126%		-
200m	,	, 2013 (11 ),			-	3:42.97	-		-
25m	,	, 2014 (10 ),	13.	26.20	41	NT	-		-
25m			9.	28.31	48	NT	-		-
200m	,	, 2013 (11 ),							1
				3:27.72	131	3:47.23	120%		-
200m	,	, 2014 (10 ),			-	3:17.62	-		-
200m	,	, 2013 (11 ),			-	3:33.16	-		-
200m	,	, 2013 (11 ),							1
				3:33.91	120	3:55.35	121%		