							%	PB
Splash								6
•	, , 2013 (11	),						3
50m					-	38.00	_	
50m			2.	33.23	394	33.68	103%	
50m			1.	33.68	379	34.30	104%	
100m			2.	1:17.86	382	1:24.00	116%	
,	, 2013 (11 ),							3
50m	,				-	30.30	-	
50m			1.	32.72	459	34.07	108%	
50m			1.	34.07	407	35.50	109%	
100m			5.	1:18.75	369	1:24.00	114%	

Swimminsk						2
	, , 2011 (13 ),					_
100m	, , ==== (, = ),			-	1:19.20	-
100m				-	1:25.32	-
100m		7.	1:25.32	390	1:24.90	99%
200m				_	2:59.70	-
	, , 2013 (11 ),					1
50m	, , ==== ( /,			-	36.00	-
50m		12.	44.17	168	44.70	102%
100m		23.	1:33.13	223	1:32.00	98%
	, 2011 (13 ),					1
100m	, ==::(:= /,	16.	1:08.11	401	1:11.26	109%
100m		10.		-	1:26.45	-
200m				_	2:59.50	-
	, 2011 (13 ),					-
100m	, 2011 (10 ),	16.	1:05.17	325	1:04.30	97%
100m				-	1:16.90	-
200m				_	2:50.50	=

	-8						4
	, , 2011 (13 ),						-
100m		26.	1:07.00	299	1:07.00	100%	
100m				-	1:11.11	-	
200m				-	2:43.50	-	
	, , 2011 (13 ),						-
100m		31.	1:07.77	289	1:07.00	98%	
100m				-	1:18.10	-	
200m				-	2:43.00	-	
	, , 2011 (13 ),						1
100m		36.	1:09.08	273	1:09.12	100%	
100m				-	1:18.40	-	
200m				-	2:49.36	-	
	, , 2011 (13 ),						-
100m		17.	1:08.21	399	1:07.38	98%	
100m				-	1:11.20	-	
200m				-	2:43.58	-	
	, , 2010 (14 ),						-
100m		29.	1:05.40	322	1:05.00	99%	
100m				-	1:09.15	-	
200m				-	2:36.40	-	
	, , 2010 (14 ),						1
100m		21.	1:03.04	359	1:03.86	103%	
100m				-	1:12.20	-	
200m				-	2:39.90	-	
	, , 2012 (12 ),						-
50m				-	42.50	-	
50m		9.	35.45	230	34.96	97%	
100m			1:23.13	208	1:20.00	93%	_
,	, 2010 (14 ),						2
100m		2.	55.06	540	56.29	105%	
100m		2.	56.29	505	56.90	102%	
100m				-	1:00.00	-	
200m				-	2:17.87	-	

						5
	, 2012 (12 ),					_
50m	, == (:= /,			-	34.20	-
50m		15.	38.74	176	38.50	99%
,	, 2011 (13 ),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:22.00	-
200m				-	2:55.00	-
,	, 2012 (12 ),					1
100m				-	1:09.31	-
100m		7.	1:09.31	381	1:10.00	102%
100m				-	1:18.50	-
200m	0040 (40			-	2:50.00	-
=-	, , 2012 (12 ),				0.4.00	1
50m		40	00.50	-	34.30	-
50m 100m		18.	39.56 <b>1:26.99</b>	166 181	38.70 1:27.00	96% 100%
100111	2011 (12		1.20.33	101	1.27.00	100%
100	, , 2011 (13 ),	17.	4.24.65	240	4,22.07	
100m 100m		17.	1:31.65	219 -	1:32.87 1:30.00	103%
200m				-	2:55.00	-
200	, , 2011 (13 ),				2.00.00	1
100m	, , , , , , , , , , , , , , , , , , , ,	39.	1:09.79	265	1:10.00	101%
100m		00.		-	1:30.00	-
200m				-	2:55.00	-
	, , 2011 (13 ),					-
100m	, , - ( - ,,			-	1:17.50	-
200m				-	2:54.00	-
	, , 2011 (13 ),					-
100m				-	1:24.00	-
100m		16.	1:31.50	220	1:30.00	97%
200m				-	2:55.00	-
	, , 2012 (12 ),					1
100m		2.	1:04.94	463	1:05.34	101%
100m		2.	1:05.34	454	1:04.20	97%
100m				-	1:12.50	-
200m	2042 (42			-	2:39.50	-
400	, , 2012 (12 ),				4.00.00	-
100m 200m				-	1:28.00 3:15.00	-
200111	, , 2010 (14 ),			-	3.13.00	-
100m	, , 2010 (14 ),	33.	1.07.25	205	1,00,00	-
100m		33.	1:07.35	295	1:06.00 1:15.00	96%
200m				_	2:47.90	_
	, , 2011 (13 ),				2.11.00	_
100m	, , , 2011 (13 ),			_	1:15.00	-
100m		12.	1:27.93	248	1:27.00	98%
200m				-	2:50.00	<del>-</del>

"	II .					2
	, , 2011 (13 ),					1
100m		50.	1:13.88	223	1:18.00	111%
100m				-	1:24.00	-
200m				-	3:20.00	-
	, , 2013 (11	),				-
50m	•	,		-	35.00	-
50m		30.	44.96	118	41.00	83%
100m				-	1:35.00	-
	, , 2014 (10 ),					1
50m				-	46.00	-
50m		29.	47.00	99	51.00	118%
100m				-	1:55.00	-

								23
)m	, , 2012 (12 ),			-	1:14.49	18.04.2024	_	•
)m		3.	1:24.07	408	1:23.30	10.04.2024	98%	
)m		2.	1:23.30	419	1:24.71	26.04.2024	103%	
)m				-	2:41.68	25.04.2024	-	
	, , 2012 (12 ),							;
n	, , , , , , , , , , , , , , , , , , , ,			-	39.67	30.11.2023	-	
n		4.	32.75	292	33.22		103%	
n		5.	33.22	280	33.29	17.05.2024	100%	
ı			1:14.58	288	1:17.42	08.12.2023	108%	
	, , 2011 (13 ),							
		62.	1:23.62	154	NT		-	
				-	NT		-	
				-	NT		-	
	, 2010 (14 ),							•
	, , , , , , , , , , , , , , , , , , , ,	34.	1:07.44	293	1:08.75	26.04.2024	104%	
				-	1:20.81	27.01.2024	-	
				-	2:56.51	17.03.2024	-	
	, , 2011 (13 ),							•
		46.	1:12.03	241	1:12.35	20.04.2024	101%	
				-	1:22.11		-	
				-	3:00.36	24.04.2024	-	
	, , 2011 (13 ),							
		8.	1:25.60	386	1:24.92	28.03.2024	98%	
				-	1:15.43	26.04.2024	-	
				-	2:45.65	30.05.2024	-	
	, 2011 (13 ),							•
	, == ( /,	14.	1:04.38	337	1:05.46	26.04.2024	103%	
				-	1:19.02		-	
				-	3:00.24		-	
	, 2010 (14 ),							
	, , , , , , , , , , , , , , , , , , , ,	17.	1:02.08	376	1:01.08	31.05.2024	97%	
				-	NT		-	
				-	2:36.19	29.05.2024	-	
	, 2011 (13 ),							
	,,	19.	1:05.74	317	1:03.95	26.04.2024	95%	
				-	NT		-	
				-	2:39.61	28.03.2024	-	
	, 2010 (14 ),							•
	, , , , , , , , , , , , , , , , , , , ,			-	NT		-	
		8.	1:17.76	359	1:18.07	26.04.2024	101%	
				-	2:37.98	29.05.2024	-	
	, , 2011 (13 ),							
	, , - ( - , ,	58.	1:18.15	188	1:14.09		90%	
				-	1:36.04		-	
				-	3:03.28		-	
	, , 2011 (13 ),							•
				-	NT		-	
		15.	1:38.28	255	1:38.78	17.05.2024	101%	
				-	3:33.83	25.04.2024	-	
	, , 2012 (12 ),							
	, , , ,	23.	1:26.16	198	1:24.33		96%	
				-	1:25.26		-	
				-	3:30.76		-	
	, 2011 (13 ),						-	
	, 2011 (13 ),	18.	1:05.64				107%	
	, 2011 (13 ),	18.	1:05.64	-	3:30.76			
		18.	1:05.64	318	3:30.76 1:07.90	24.04.2024		
		18.	1:05.64	318 -	3:30.76 1:07.90 1:17.08	24.04.2024		
		18.	1:05.64	318 -	3:30.76 1:07.90 1:17.08	24.04.2024 17.05.2024		
		18. 4.	1:10.28	318 - -	3:30.76 1:07.90 1:17.08 2:44.87		107% - -	
				318 - -	3:30.76 1:07.90 1:17.08 2:44.87		107% - - -	
	, , 2010 (14 ),	4.	1:10.28	318 - - - 486	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06		107% - - - 99%	
,		4.	1:10.28	318 - - - 486 491	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00	17.05.2024	107% - - - 99% 118%	
,	, , 2010 (14 ),	4.	1:10.28	318 - - - 486 491	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00	17.05.2024	107% - - - 99% 118%	
,	, , 2010 (14 ),	4. 4.	1:10.28 <b>1:10.06</b>	318 - - - 486 491 - 292	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25 1:13.37	17.05.2024 29.05.2024 31.05.2024 26.04.2024	107% 99% 118% - 90%	
,	, , 2010 (14 ), , 2011 (13 ),	4. 4.	1:10.28 <b>1:10.06</b>	318 - - - 486 491 -	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25	17.05.2024 29.05.2024 31.05.2024	107% - - - 99% 118%	
,	, , 2010 (14 ), , 2011 (13 ),	4. 4.	1:10.28 <b>1:10.06</b>	318 - - - 486 491 - 292	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25 1:13.37	17.05.2024 29.05.2024 31.05.2024 26.04.2024	107% 99% 118% - 90%	•
,	, , 2010 (14 ), , 2011 (13 ),	4. 4.	1:10.28 <b>1:10.06</b>	318 - - - 486 491 - 292	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25 1:13.37	17.05.2024 29.05.2024 31.05.2024 26.04.2024	107% 99% 118% - 90%	
,	, , 2010 (14 ), , 2011 (13 ),	4. 4. 30.	1:10.28 1:10.06 1:07.57	318 - - - 486 491 - 292	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25 1:13.37 2:41.17	17.05.2024 29.05.2024 31.05.2024 26.04.2024	107% - - - 99% 118% - 90%	
,	, , 2010 (14 ), , 2011 (13 ), , , 2011 (13 ),	4. 4. 30.	1:10.28 1:10.06 1:07.57	318 - - - 486 491 - 292 - - 353	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25 1:13.37 2:41.17	17.05.2024 29.05.2024 31.05.2024 26.04.2024	107% - - - 99% 118% - 90%	
,	, , 2010 (14 ), , 2011 (13 ), , , 2011 (13 ),	4. 4. 30.	1:10.28 1:10.06 1:07.57	318 - - - 486 491 - - 292 - - 353	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25 1:13.37 2:41.17 1:10.03 1:12.56	17.05.2024 29.05.2024 31.05.2024 26.04.2024 29.05.2024	107% 99% 118% - 90% - 97%	
,	, , 2010 (14 ), , 2011 (13 ),	4. 4. 30.	1:10.28 1:10.06 1:07.57	318 - - - 486 491 - - 292 - - 353	3:30.76 1:07.90 1:17.08 2:44.87 1:02.92 1:10.06 1:16.00 2:15.53 1:04.25 1:13.37 2:41.17 1:10.03 1:12.56	17.05.2024 29.05.2024 31.05.2024 26.04.2024 29.05.2024	107% 99% 118% - 90% - 97%	
,	, , 2010 (14 ), , 2011 (13 ), , , 2011 (13 ),	4. 4. 30.	1:10.28 1:10.06 1:07.57	318 - - 486 491 - 292 - - 353	3:30.76  1:07.90 1:17.08 2:44.87  1:02.92 1:10.06 1:16.00 2:15.53  1:04.25 1:13.37 2:41.17  1:10.03 1:12.56 2:53.69	17.05.2024 29.05.2024 31.05.2024 26.04.2024 29.05.2024	107% 99% 118% - 90% 97% -	

, 100m	, 2011 (13 ),			_	1:20.48		_	1
100m		13.	1:28.71	241	1:30.33	19.04.2024	104%	
200m	0040 (40			-	3:00.84		-	
400	, , 2012 (12 ),	0	4-44-00	254	4.40.00		4000/	1
100m 100m		9.	1:11.02	354 -	1:13.90 1:22.81	26.04.2024	108% -	
200m				-	2:54.80	30.05.2024	-	
,	, 2010 (14 ),							1
100m		15.	1:01.13	394	1:01.30	26.04.2024	101%	
100m 200m				-	1:04.59 2:24.49	26.04.2024 24.04.2024	-	
,	, 2010 (14 ),							-
100m				-	1:13.80	31.05.2024	-	
100m 200m		15.	1:20.81	320	1:20.81 2:40.45	02.06.2024 29.05.2024	100%	
	, , 2011 (13 ),				2.40.40	25.05.2024		_
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:03.95		-	
100m		6.	1:03.95	485	1:02.93	31.05.2024	97%	
100m 200m				-	1:11.31 2:34.71	22.11.2023 22.11.2023	-	
,	, 2012 (12 ),							-
50m				-	34.50		-	
100m	, , 2011 (13 ),			-	1:33.33		-	
100m	, , 2011 (13 ),	4.	1:20.72	461	1:20.21		99%	-
100m		4.	1:20.21	469	1:19.49	26.04.2024	98%	
100m				-	1:14.08	01.06.2024	-	
200m	, , 2011 (13 ),			-	2:38.03	30.05.2024	-	_
100m	, , 2011 (13 ),	10.	1:03.12	358	1:00.30	26.04.2024	91%	
100m				-	1:15.09	29.03.2024	-	
200m	2011 (12			-	2:41.60	24.04.2024	-	
100m	, , 2011 (13 ),	29.	1:07.51	293	1:05.87	31.05.2024	95%	-
100m		20.		-	1:17.43	01.06.2024	-	
200m				-	2:42.90	29.05.2024	-	
100	, 2010 (14 ),	20.	1:02.62	267	1.04.11	20.02.2024	4050/	1
100m 100m		20.	1:02.02	367	1:04.11 1:10.36	28.03.2024 16.05.2024	105% -	
200m				-	2:34.81	29.05.2024	-	
	, 2012 (12 ),	•	4.04.00	204	N.T.			-
100m 100m		9.	1:34.08	291	NT NT		-	
200m				-	3:03.05	25.04.2024	-	
,	, 2012 (12 ),							-
50m 50m		27.	45.34	- 110	NT NT		-	
100m		21.	40.04	-	NT		-	
	, , 2011 (13 ),							-
100m		55.	1:16.34	202	NT		-	
100m 200m				-	NT NT		-	
	, , 2011 (13 ),							1
100m		21.	1:06.58	305	1:07.95	20.04.2024	104%	
100m 200m				-	1:13.77 2:48.89	26.04.2024 24.04.2024	-	
200	, , 2011 (13 ),				2. 10.00	2		1
100m	, ,			-	1:17.75	17.05.2024	-	
100m 200m		9.	1:25.71	268	1:30.04 2:54.54	28.03.2024 24.04.2024	110%	
200111	, , 2011 (13 ),				2.04.04	24.04.2024		1
100m	, , ==== /,			-	1:18.93	18.04.2024	-	•
100m		11.	1:26.75	371	1:29.73	19.04.2024	107%	
200m	, , 2011 (13 ),			-	2:59.25	25.04.2024	-	_
100m	, , 2011 (13 ),	40.	1:10.42	258	1:10.10	26.04.2024	99%	
100m				-	1:27.66	11.11.2023	-	
200m	2011 (12 \			-	2:50.22	24.04.2024	-	
100m	, , 2011 (13 ),	57.	1:16.63	200	1:12.98		91%	-
100m		٥,,		-	1:27.97		-	
200m	0040 (40			-	3:05.12		-	
100~	, 2012 (12 ),	16	1.14.04	204	1.17.00		1069/	1
100m 100m		16.	1:14.91	301	1:17.00 1:30.48	26.04.2024	106% -	
200m				-	3:00.18	25.04.2024	-	

	, , 2010 (14 ),							-
100m				-	1:08.00		-	
100m				-	1:14.67			
100m		6.	1:14.67	405	1:13.19	26.04.2024	96%	
200m				-	2:21.88	17.05.2024	-	
	, , 2012 (12 ),							-
100m		21.	1:19.70	250	1:18.70		98%	
100m				-	1:22.71	26.04.2024	-	
200m				-	3:05.72	25.04.2024	-	
	, , 2012 (12 ),							-
50m				-	37.45	16.03.2024	-	
50m		22.	43.01	135	41.22	17.03.2024	92%	
100m				-	NT		-	
	, , 2011 (13 ),							1
100m		45.	1:11.52	246	1:16.26	01.12.2023	114%	
100m				-	1:16.42	26.04.2024	-	
200m				-	2:48.34	24.04.2024	-	
	, , 2011 (13 ),							_
100m	, , , , , , , , , , , , , , , , , , , ,	28.	1:24.72	208	1:22.61	26.04.2024	95%	
100m				-	1:36.58		-	
200m				-	3:12.51	25.04.2024	-	
	, , 2012 (12 ),							-
100m	, , , , , , , , , , , , , , , , , , , ,	19.	1:18.10	266	1:16.43	26.04.2024	96%	
100m				-	1:26.16	29.03.2024	-	
200m				-	3:07.51	25.04.2024	-	
	, , 2011 (13 ),							1
100m	, , , ==::(:= /,			_	1:08.89	08.12.2023	_	•
100m		1.	1:16.38	379	1:17.29	00.12.2020	102%	
100m		1.	1:17.29	365	1:13.57	26.04.2024	91%	
200m				-	2:27.33	24.04.2024	-	
	, , 2012 (12 ),							1
100m	, , , 2012 (12 ),	18.	1:17.94	267	1:19.71	28.03.2024	105%	•
100m		10.	1.17.54	-	1:23.64	29.03.2024	-	
200m				_	2:59.58	25.04.2024	-	
	, , 2011 (13 ),							_
100m	, , , , , , , , , , , , , , , , , , , ,			_	1:21.59			
100m		15.	1:30.99	224	1:29.25	19.04.2024	96%	
200m		10.	1.00.00	-	3:03.59	24.04.2024	-	
200111				-	5.05.58	27.07.2027	-	

,	, 2010 (14 ),						1
100m 100m	, , , , , , , , , , , , , , , , , , , ,	11.	1:18.21	- 353	1:13.00 1:18.00	- 99%	
200m	2042 (42			-	2:33.00	-	
, 50m	, 2012 (12 ),			_	29.80	<u>-</u>	
50m		1.	29.56	398	30.02	103%	
50m		1.	30.02	380	30.55	104%	
00m	, 2011 (13 ),		1:10.73	338	1:18.00	122%	
, 100m	, 2011 (13 ),	11.	1:06.47	432	1:04.52	94%	
00m				-	1:12.00	-	
00m	, , 2012 (12 ),			-	2:45.00	-	
00m	, , , , , , , , , , , , , , , , , , , ,	3.	1:06.13	438	1:06.20	100%	
00m		3.	1:06.20	437	1:05.52	98%	
00m				-	1:21.00	-	
00m	, 2011 (13 ),			-	2:46.00	-	
00m	, 2011 (10 ),			-	1:17.00	-	
00m					1:20.76	<del>-</del>	
00m		6.	1:20.76	320	1:21.00	101%	
00m	, 2011 (13 ),			=	2:45.00	-	
00m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.85	-	
00m		7.	1:04.85	465	1:02.50	93%	
00m				-	1:12.50	-	
00m	, 2011 (13 ),			=	2:40.00	-	
, 00m	, 2011 (10 ),	23.	1:06.65	304	1:04.00	92%	
00m				-	1:16.00	-	
00m	2012 (12			-	2:43.00	-	
m,	, 2012 (12 ),			-	36.95	<u>-</u>	
)m		3.	32.14	309	32.05	99%	
)m		3.	32.05	312	31.88	99%	
0m	2012 (12		1:13.58	300	1:15.00	104%	
0m	, , 2012 (12 ),	4.	1:06.69	427	1:07.20	102%	
0m		4.	1:07.20	418	1:06.88	99%	
00m				-	1:14.00	-	
00m	2011 /12			-	2:43.00	-	
, 10m	, 2011 (13 ),			-	1:01.28	<u>-</u>	
00m		6.	1:01.28	391	59.33	94%	
00m				-	1:09.00	-	
00m	, 2012 (12 ),			-	2:40.00	-	
, 0m	, 2012 (12 ),	1.	1:04.53	472	1:04.81	101%	
00m		1.	1:04.81	466	1:06.55	105%	
0m 0m				-	1:16.00	-	
0m	, 2011 (13 ),			-	2:46.14	-	
, 0m	, 2011 (10 ),	1.	1:17.23	526	1:19.03	105%	
0m		1.	1:19.03	491	1:18.00	97%	
0m 0m				-	1:10.00 2:36.00	<del>-</del>	
	, 2011 (13 ),			-	2.50.00	-	
, 0m	,			-	1:18.00	-	
0m		4.	1:19.48	336	1:19.66	100%	
0m 0m		3.	1:19.66	334	1:21.00 2:44.00	103% -	
,	, 2011 (13 ),			-	2.11.00	-	
, 0m	,	5.	1:00.03	416	1:00.64	102%	
0m		5.	1:00.64	404	1:00.01	98%	
00m				-	1:07.00	-	
00m	, 2011 (13 ),			-	2:29.00	<del>-</del>	
)0m	, 2011 (10 ),	3.	1:01.91	534	1:01.98	100%	
00m		3.	1:01.98	532	1:04.00	107%	
00m				-	1:12.00	-	
00m				-	2:40.00	-	

,	, 2012 (12 ),					
m ,	, ( ),	4.	36.13	229	36.17	100%
m		5.	36.17	228	36.00	99%
m				-	37.00	-
0m			1:16.84	263	1:18.00	103%
	, , 2012 (12 ),					
m				-	40.00	-
m m		2. 2.	<b>31.37</b> 31.72	333	31.72	102%
0m		۷.	1:14.26	322 292	31.00 1:18.50	96% 112%
OIII	, , 2012 (12 ),		1.14.20	232	1.10.00	112/0
m	, , 2012 (12 ),			-	29.50	_
n		2.	34.09	272	34.32	101%
n		2.	34.32	267	36.00	110%
)m			1:15.96	273	1:19.00	108%
	, , 2012 (12 ),					
m	•	13.	1:13.92	314	1:15.00	103%
m				-	1:22.00	-
m				-	2:56.00	-
	, 2013 (11 ),					
1		0	40.00	-	38.00	4400/
า 		9. 21.	40.09 1:31.77	224 233	42.00	110%
m	2010 (14	21.	1.31.77	233	1:35.00	107%
m	, 2010 (14 ),	12.	1:00.68	403	1:01.00	101%
m		12.	1.00.00		1:05.40	-
m				-	2:29.00	_
	, , 2011 (13 ),					
m	, , ==== ,,	15.	1:04.91	329	1:05.00	100%
m				-	1:16.00	-
m				-	2:44.00	-
,	, 2010 (14     ),					
m	,			-	58.76	-
m		7.	58.76	444	58.40	99%
m				-	1:05.00	-
m				-	2:21.50	-
,	, 2013 (11 ),					
า า		40	40.40	-	36.00	4000/
ı m		13. 31.	42.10 1:37.55	215 194	42.00 1:34.00	100% 93%
	, 2013 (11 ),	31.	1.37.33	134	1.34.00	9376
, 1	, 2010 (11 ),			-	42.00	-
י 1		8.	39.31	238	39.00	98%
m		7.	1:22.13	325	1:27.00	112%
,	, 2013 (11 ),	• •				,
ı	, , , , , , , , , , , , , , , , , , , ,			-	39.00	-
ı		37.	46.72	105	41.00	77%
m				-	1:40.00	-
,	, 2015 (9 ),					
				-	39.00	-
m				-	1:50.00	-
,	, 2014 (10 ),					
1		40	44.44	407	36.00	700/
l m		19. 29.	44.14 <b>1:36.25</b>	187 202	39.00 1:45.00	78% 119%
m	, 2011 (13 ),	29.	1.30.23	202	1.45.00	11970
m ,	, 2011 (13 ),			_	1:13 60	-
n n		5.	1:20.81	320	1:13.60 1:20.57	99%
m		5. 5.	1:20.57	320	1:23.50	107%
m		٥.		-	2:40.50	-
,	, 2011 (13 ),					
)m	, - ( - ),			-	1:01.51	-
m		7.	1:01.51	387	1:00.50	97%
				-	1:16.00	
)m )m					1.10.00	

						3
,	, 2011 (13 ),					-
100m	, - ( - ),	8.	1:21.92	307	1:15.00	84%
100m				-	1:08.00	-
200m				-	2:32.00	-
	, , 2010 (14 ),					1
100m	, , , 2010 (14 ),	1.	1:06.46	575	1:08.24	105%
100m		2.	1:08.24	531	1:07.00	96%
100m			1.00.21	-	58.00	-
200m				_	2:15.00	_
	, 2010 (14 ),				2.10.00	
,	, 2010 (14 ),				4.04.00	-
100m 100m		3.	1:09.67	499	1:04.00 1:09.25	99%
100m		3.			1:09.25	
200m		3.	1:09.25	508	2:22.00	99%
200111	0040 (44			-	2.22.00	=
	, , 2010 (14 ),					-
100m		11.	1:00.24	412	57.00	90%
100m				-	1:04.00	-
200m				-	2:20.00	-
	, , 2010 (14 ),					1
100m		1.	54.68	551	53.48	96%
100m		1.	53.48	589	54.00	102%
100m				-	1:02.00	-
200m				-	2:15.00	-
	, , 2013 (11 ),					-
50m	, , , , , , , , , , , , , , , , , , , ,			-	NT	-
100m				-	NT	-
	, , 2010 (14 ),					_
100m	, , 2010 (14 ),	35.	1:07.52	292	NT	
100m		35.	1:07.52	292	NT	-
200m				-	NT	-
200111	2010 (14			-	INI	-
	, , 2010 (14 ),				4.40.00	1
100m		_		-	1:12.00	-
100m		5. 5.	1:13.02	433	1:13.15	100%
100m		5.	1:13.15	431	1:12.00	97%
200m				-	2:26.00	-

						5
,	, 2014 (10 ),					1
50m				-	45.00	-
50m		18.	49.23	121	47.50	93%
100m		27.	1:35.58	206	1:48.00	128%
,	, 2010 (14     ),					1
100m	, == ( , , , ,	16.	1:01.48	387	1:02.35	103%
200m				-	2:45.23	-
	, 2012 (12 ),					1
100m	, , , , , , , , , , , , , , , , , , , ,	22.	1:25.28	204	1:28.50	108%
100m		22.	1.23.20	204	1.26.30 NT	108%
200m				_	3:35.00	_
200111	, , 2013 (11 ),			_	5.55.00	_
F0	, , 2013 (11 ),				44.00	-
50m		00	50.00	-	41.00	-
50m 100m		33.	53.82	66	50.00	86%
100111	2010 (10			-	1:45.00	-
,	, 2012 (12 ),					1
100m		25.	1:27.46	189	1:35.00	118%
100m				-	NT	-
200m				-	3:45.00	-
	, , 2014 (10 ),					-
50m				-	40.00	-
50m		31.	51.75	74	49.50	91%
100m				-	1:48.00	-
	, , 2011 (13 ),					-
100m		60.	1:22.08	163	1:18.50	91%
100m				-	NT	-
200m				-	NT	-
	, , 2012 (12 ),					-
50m	, , == (-= ),			-	35.50	-
50m		24.	42.89	130	39.50	85%
100m				-	1:43.50	-
	, 2010 (14 ),					1
100m	, 2010 (11 ),	14.	1:19.75	333	1:20.17	101%
200m		14.	1.13.13	-	2:45.26	10176
200111				-	2.40.20	-

,	11 11					
	, , 2012 (12 ),					
100m	, , , == (-= ),	17.	1:16.12	287	1:16.30	100%
100m				-	1:30.23	-
200m				-	3:05.07	-
	, , 2012 (12 ),					
50m	, , , , , , , , , , , , , , , , , , , ,			-	34.10	-
100m			1:25.22	193	1:30.10	112%
	, , 2011 (13 ),					
100m				-	1:21.33	-
100m		14.	1:34.19	290	1:35.33	102%
200m				-	2:58.23	-
	, , 2011 (13 ),					
100m				-	1:23.23	-
200m				-	2:59.30	-
	, , 2011 (13 ),					
100m		59.	1:19.64	178	1:18.30	97%
100m				-	1:35.23	-
200m				-	3:06.07	-
	, , 2011 (13 ),					
100m		48.	1:13.56	226	1:38.30	179%
100m				-	1:30.23	-
200m				-	2:59.09	-
,	, 2012 (12 ),					
100m		11.	1:13.00	326	1:13.10	100%
100m				-	1:26.10	-
200m	2040 (40			-	2:52.31	-
,	, 2012 (12 ),					
50m				<del>-</del>	36.10	-
50m		10.	38.22	193	37.00	94%
100m	0044 (40			-	1:31.20	-
	, 2011 (13 ),					
100m		44.	1:11.38	247	1:11.30	100%
100m 200m				-	1:18.23 2:57.01	-
	, 2011 (13 ),			-	2.37.01	-
, 100m	, 2011 (13 ),	28.	1:07.32	295	1:06.81	98%
100m		20.	1.07.32	295	1:20.03	90%
200m				-	2:47.01	-
	, , 2013 (11 ),				2	
50m	, , 2013 (11 ),	8.	39.77	255	40.10	102%
50m		0.	33.11	255	47.10	102/0
100m		18.	1:29.33	253	1:34.10	111%
	, , 2012 (12 ),					
100m	, , == := (:= /,	4.	1:30.28	329	1:28.90	97%
100m		4.	1:28.90	345	1:31.71	106%
200m		**		-	3:18.01	-
	, 2013 (11 ),					
	, =0.0(/,					
, 50m				-	39.10	-
50m 50m		11.	43.61	- 174	39.10 42.10	93%

1	11					16
,	, 2010 (14 ),					-
100m		26.	1:04.81	331	1:03.00	94%
100m				-	1:11.00	-
200m	0044 (40			-	2:39.00	-
	, , 2011 (13 ),					1
100m		5.	1:03.60	493	1:03.43	99%
100m 100m		4.	1:03.43	497	1:03.93 1:09.40	102% -
200m				-	2:50.15	- -
200111	, , 2011 (13 ),				2.00.10	1
100m	, , , 2011 (13 ),			-	1:16.00	<u> </u>
100m		3.	1:18.04	510	1:19.53	104%
100m		3.	1:19.53	482	1:18.67	98%
200m				-	2:40.12	-
	, , 2010 (14 ),					1
100m		25.	1:04.73	332	1:05.00	101%
100m				-	1:10.03	-
200m				-	2:36.00	<del>-</del>
	, , 2011 (13 ),					1
100m		9.	1:05.71	447	1:07.85	107%
100m				-	1:11.34	-
200m	2040 (44			-	2:37.00	-
400	, , 2010 (14 ),				4.00.00	-
100m 100m		28.	1:05.34	323	1:02.09 1:11.90	90%
200m				-	2:35.00	- -
	, 2011 (13 ),				2.00.00	_
100m	, 2011 (13 ),			_	1:18.00	_
200m				-	2:44.00	- -
	, , 2011 (13 ),					_
100m	, , , , , , , , , , , , , , , , , , , ,	13.	1:07.46	413	1:06.86	98%
100m		10.	1.07.10	-	1:17.00	-
200m				-	2:41.60	-
,	, 2011 (13 ),					-
100m	,	24.	1:14.19	310	1:11.65	93%
100m				-	1:21.73	-
200m				-	3:08.18	-
	, , 2010 (14 ),					-
100m		18.	1:02.09	376	1:01.85	99%
100m				-	1:11.00	-
200m	2040 (44			-	2:37.00	-
400	, , 2010 (14 ),	20	4-00.45	000	4:40 50	1400/
100m 100m		39.	1:09.45	269	1:13.58 1:15.08	112%
200m					2:49.95	- -
	, 2010 (14 ),					_
100m	, 2010 (11 ),	32.	1:07.04	299	1:03.00	88%
100m		02.	1.07.01	-	1:10.30	-
200m				-	2:40.00	-
	, , 2010 (14 ),					-
100m		19.	1:02.34	372	1:00.50	94%
100m				-	1:08.00	-
200m				-	2:29.00	-
	, , 2011 (13 ),					-
100m		35.	1:09.04	273	1:06.90	94%
100m				-	1:11.00	-
200m	2040 (44			-	2:40.00	-
,	, 2010 (14 ),				1.45.04	-
100m 100m		7.	1:15.64	390	1:15.64 1:13.80	- 95%
100m		7.	1.15.04	390	1:10.00	9576
200m				-	2:34.51	<u>-</u>
	, 2010 (14 ),					1
100m	,	23.	1:03.45	352	1:03.57	100%
100m				-	1:12.01	-
200m				-	2:42.00	-
	, , 2010 (14 ),					1
100m	•	41.	1:11.92	242	1:12.00	100%
100m				-	1:15.00	-
200m				-	2:50.00	-
,	, , 2011 (13 ),					2
100m		1.	59.14	613	59.40	101%
100m		1.	59.40	605	59.49	100%
100m 200m				-	1:03.75 2:27.00	-
200111				-	2.21.00	- -

100m							
100m	,	, 2010 (14     ),					-
200m			22.	1:03.16	357		97%
100m	100m				-		-
100m   18.	200m				-	2:39.50	-
100m   18.		, , 2010 (14 ),					-
100m	100m				_	1:15.00	-
200m			18.	1:25.12	273		97%
100m							
100m		2011 (13 )					1
100m   100m   200m   2011 (13 ),   2011 (13 ),   8.   1:01.72   383   1:02.13   101%   100m   200m		, , 2011 (10 ),	4	1.02.91	512	1.02.42	
100m 200m							
200m			4.	1.03.43			
100m							
100m	200111	2044 (42			-	2.34.90	
100m 200m		, , 2011 (13 ),	_				
200m			8.	1:01.72			
100m							
100m	200m				-	2:30.47	
100m 200m	,	, 2010 (14 ),					1
200m			37.	1:07.88	288		100%
	100m				-	1:19.00	-
100m	200m				-	2:53.03	-
100m		, 2010 (14 ),					-
100m 200m	100m		30.	1:06.10	312	1:05.53	98%
200m , , 2011 (13 ),  100m 100m 100m 1							-
100m 1. 57.59 472 57.78 101% 100m 1. 57.78 467 58.63 103% 100m 200m 200m 200m 200m 200m 200m 200m					-		-
100m 1. 57.59 472 57.78 101% 100m 1. 57.78 467 58.63 103% 100m 200m 200m 200m 200m 200m 200m 200m		2011 (13 )					2
100m 1. 57.78 467 58.63 103% 100m 200m 200m 200m 200m 200m 200m 200m		, 2011 (10 ),	4	E7 E0	470	E7 70	
100m 200m - 1:08.00 - 2:30.01 - 2:30.01 - 1  , , , 2010 (14 ),							
200m			١.	37.70			
100m 9. 1:17.94 356 1:20.00 105% 1:100m - 1:110.00 - 1:1							
100m 9. 1:17.94 356 1:20.00 105% 100m - 1:10.00 - 1:10.00 - 200m - 2:31.00 - 1:0.00 - 1:10.00 - 1:0.00	200111	2010 (14				2.00.01	
100m		, 2010 (14 ),					
200m			9.	1:17.94			105%
, , 2010 (14 ), 100m 17. 1:22.46 301 1:24.64 105% 1:00m - 1:09.66 -							-
100m     17.     1:22.46     301     1:24.64     105%       100m     -     1:09.66     -	200m				-	2:31.00	
100m - 1:09.66 -		, , 2010 (14 ),					1
	100m		17.	1:22.46	301	1:24.64	105%
200m - 2:33.00 -	100m				-	1:09.66	-
	200m				-	2:33.00	-

"	" 2011 (12 )						125
, 00m	, 2011 (13 ),	9.	1:02.48	369	1:02.00	98%	-
00m		O.	1.02.10	-	1:04.14	-	
00m				-	2:33.83	=	
,	, 2013 (11 ),				40.44		-
0m 0m		35.	45.74	112	42.11 44.05	93%	
00m				-	1:41.09	-	
	, , 2012 (12 ),						1
)m			07.50	-	34.00	-	
)m	, , 2013 (11 ),	9.	37.58	203	40.00	113%	1
m	, , 2013 (11 ),			_	49.11	_	'
1		45.	51.57	78	53.74	109%	
n				-	2:14.48	-	
	, , 2013 (11 ),	4.4	50.0 <del>7</del>	0.4	50.00	4000/	1
		44.	50.97	81 -	52.88 58.01	108%	
n				-	2:25.11	-	
	, , 2014 (10 ),						1
				-	52.68	-	
	, , 2013 (11 ),	29.	48.09	144	52.68	120%	2
	, , 2013 (11 ),			_	32.85	-	
		11.	36.52	211	39.40	116%	
m			1:25.11	194	1:25.35	101%	
	, , 2013 (11 ),				= 4 00		-
l I		23.	42.64	- 132	51.22 42.55	100%	
n		23.	42.04	-	1:35.21	10076	
	, , 2012 (12 ),						1
		20.	1:18.89	258	1:24.34	114%	
				-	1:39.12	-	
	, 2011 (13 ),			-	3:14.50	-	1
,	, 2011 (10 ),	41.	1:10.62	255	1:11.24	102%	
				-	1:21.66	-	
า				-	2:51.41	-	
m	, , 2012 (12 ),				4.00.00		-
n n		12.	1:38.28	- 255	1:29.39 1:38.03	99%	
				-	3:03.57	-	
	, , 2014 (10 ),						1
		05	40.00	-	45.20	4000/	
		25. 46.	<b>46.60</b> 1:50.33	159 134	48.54 1:48.07	108% 96%	
	, , 2013 (11 ),						1
	, (			-	48.51	-	
	0040 (10	16.	46.92	140	53.21	129%	
	, , 2012 (12 ),				1.05.00		1
		13.	1:39.45	246	1:25.90 1:50.83	- 124%	
		10.		-	3:13.75	-	
	, , 2010 (14 ),						1
		13.	1:19.08	341	1:20.93	105%	
) )				-	1:11.78 2:30.35	-	
	, , 2014 (10 ),				2.00.00	_	1
	, - ( //			-	38.59	-	-
	0044 (15	14.	42.32	212	45.32	115%	
,	, 2011 (13 ),	40	1.00.00	405	4.05.00	0701	-
		12.	1:06.82	425 -	1:05.93 1:21.50	97% -	
				-	2:46.80	-	
	, , 2013 (11 ),						2
		00	44.00	-	40.60	-	
		20. 42.	44.36 1:46.65	184 148	44.96 1:48.42	103% 103%	
	, , 2013 (11 ),	42.	1.40.00	140	1.40.42	103%	2
	, , , 2013 (11 ),			-	50.62	-	_
		15.	46.89	140	48.46	107%	
1	0040 (44	34.	1:39.44	183	1:40.26	102%	
	, 2013 (11 ),				E0 70		1
		29.	44.93	- 119	53.79 48.14	- 115%	
					·*···•		

100m				-	1:59.63	-
	, , 2011 (13 ),					-
100m		20.	1:11.65	344	1:10.00	95%
100m 200m				-	1:19.52 3:30.00	-
200111	, , 2012 (12 ),			_	3.30.00	1
50m	, , 2012 (12 ),			-	36.79	_ '
50m		12.	39.56	174	41.36	109%
100m				-	1:40.67	-
	, , 2013 (11 ),					2
50m		18.	41.21	154	41.57	102%
50m			4-00-04	-	48.96	4000/
100m	2012 (12		1:28.94	170	1:30.31	103%
, 50m	, 2012 (12 ),			-	48.61	_ 1 -
50m		26.	44.88	113	49.31	121%
100m				-	1:36.30	-
	, , 2012 (12 ),					1
50m				-	38.89	-
50m		11.	39.31	177	42.02	114%
100m	, 2013 (11 ),		1:28.85	170	1:27.73	97%
50m	, 2013 (11 ),			-	37.23	_
100m			1:31.18	- 157	1:30.56	99%
,	, 2011 (13 ),		1.01.10	101	1.00.00	-
100m	, == : ( : = - ),	33.	1:08.00	286	1:04.50	90%
100m				-	1:20.00	-
200m				-	2:40.00	-
,	, 2011 (13 ),					1
100m 100m		42.	1:10.88	253	1:12.00 1:22.00	103%
200m				-	3:00.00	-
,	, 2013 (11 ),				0.00.00	<u>-</u>
50m	, ( ),			-	50.28	-
50m		41.	49.36	89	49.33	100%
100m				-	1:57.57	-
,	, 2013 (11 ),					1
50m		47	20.00	-	51.81	-
50m 100m		17.	39.00 <b>1:27.36</b>	173 179	38.11 1:27.60	95% 101%
	, 2014 (10 ),					.01,0
50m	, , , , , , , , , , , , , , , , , , , ,			-	50.11	-
50m		19.	59.36	69	53.20	80%
100m	2011 (10	48.	2:02.51	98	1:57.43	92%
, FO:	, 2014 (10 ),				FC 20	1
50m 50m		39.	47.80	98	56.28 52.28	120%
100m		00.	47.00	-	1:53.92	-
	, , 2011 (13 ),					1
100m	,	15.	1:07.74	408	1:07.83	100%
100m				-	1:12.78	-
200m	2012 (12			-	2:41.16	-
, 50m	, 2012 (12 ),			-	26.00	-
50m 100m				-	36.00 1:37.00	- -
,	, 2013 (11 ),					1
50m	, ( /)			-	47.15	<u>-</u>
50m		26.	46.61	158	49.80	114%
,	, 2012 (12 ),					1
50m				-	41.00	<del>-</del>
50m 100m		32.	45.28	116	46.18 1:48.27	104%
100111	, 2013 (11 ),			-	1.40.27	1
50m	, 2013 (11 ),	34.	45.69	113	46.13	102%
50m		01.	40.00	-	51.62	-
100m				-	1:37.85	<del>-</del>
,	, 2010 (14 ),					-
100m		2.	1:08.06	535	1:08.03	100%
100m		1.	1:08.03	536	1:07.70	99%
100m 200m				-	1:08.99 2:23.00	- -
200.11	, , 2013 (11 ),				0.00	2
50m	, , , , _ , , , , , , , , , , , , ,			-	38.53	-
50m		10.	40.80	237	48.00	138%
100m		22.	1:32.30	229	1:32.43	100%

100m							
100m   21	,	, 2011 (13 ),					-
200m   2014 (10   1)   30,000   1   1   100m   2012 (12   1)   119%   1   150m   2012 (12   1)   100m   2012 (12   1)   100m   2011 (13			21.	1:12.10	338		100%
1							-
50m	200m	2014 (10 )			-	3:00.00	- 1
100m	50m	, , , 2014 (10 ),			_	45.47	
1			43.	1:47.52			
Som Som Som		, 2012 (12 ),					
50m		, , , , , , , , , , , , , , , , , , , ,			-		
100m							
100m			6.		217 190		101%
100m   100m   100m   2011 (13 ),   100m   24   106.78   302   107.01   100m   200m		2012 (12 )		1.25.00	130	1.24.00	3070
100m		, 2012 (12 ),			-	1:08 59	_
200m   2011 (13   100m			6.	1:08.59			
100m 100m 24, 1:96.78 302 107.01 10116 10116 200m 200m 200m 200m 200m 3.0013 (11 ).  50m 2.0013 (11 ).  50m 3.0013 (11 ).  50m 16. 42.97 202 46.50 1186 10133 10396 1000m 3.0012 (12 ).  50m 3.0012 (12 ).  50m 14. 38.21 194 38.83 1038 10396 1000m 3.00 10000m 3.00 1000m 3.00 10000m 3.00 10000 3.00 10000 3.00 10000 3.00 10000 3.00 10000 3.00 1000000 3.00 100000 3.00 100000 3.00 100000 3.00 100000 3.00 100000 3.00 100000 3.00 100000 3.00 100000 3.00 100000 3.00 100000 3.00 1000000 3.00 100000 3.00 100000 3.00 100000 3.00 1000000 3.00 1000000 3.00 1000000 3.00 1000000 3.00 1000000 3.00 1000000 3.00 1000000 3.00 1000000 3.00 10000000000							-
100m	200m	0044 (40			-	2:50.52	-
100m		, , 2011 (13 ),	24	4.06.70	202	4.07.04	
200m			24.	1:00.76			
50m							-
16.   42.97   202   46.59   118%   118%   100%   139.89   181   1341.33   103%   103%   100%   139.89   181   1341.33   103%   100%   100m   125.33   192   124.45   198%   100m   125.33   192   124.45   100%   125.33   192   124.45   100%   125.37   100m   100m   100m   14   1.00.91   388   1.00.00   97%   1.00.00   1.00.0		, , 2013 (11 ),					2
100m							-
50m							
50m   50m   14, 38.21   184   38.83   103%   100m   1.25.33   192   1.24.45   98%   1.05.00   1.00m   1.00m   1.25.33   192   1.24.45   98%   1.00m	100m	2012 (12	35.	1:39.69	101	1:41.33	
50m	50m	, , 2012 (12 ),			_	47.87	
50m 50m 32. 52.18 72 53.78 106% 106% 100m , , 2010 (14 ), 14. 1:00.91 398 1:00.00 97% 200m , , 2011 (13 ), 17. 1:05.40 32 1:07.52 100m , , 2011 (13 ), 100m 100m , , 2011 (13 ), 100m 100m , , 2011 (13 ), 100m 100m 100m 100m 100m 100m 100m 100			14.	38.21			
50m   50m   50m   50m   50m   50m   50m   50m   72   53.78   106%   1.58.04   1.58.04   1.60%   1.58.04   1.58.04   1.60%   1.58.04   1.58.04   1.60%   1.58.04   1.58.04   1.60%   1.58.04   1.60%   1.58.04   1.60%   1.58.04   1.60%   1.58.04   1.60%   1.58.04   1.60%	100m						98%
50m   100m   100m   14.   1:00.91   398   1:00.00   97%   1:00m   2:00m   14.   1:00.91   398   1:00.00   97%   1:00m   2:00m   2:00	,	, 2014 (10 ),					1
100m							
100m			32.	52.18			106%
100m		2010 (14				1.00.04	_
100m		, 2010 (14 ),	14.	1:00.91	398	1:00.00	97%
50m							
50m         17.         43.34         197         44.26         -           100m         30.         1:36.36         201         1:39.78         107%           100m         , 2011 (13),         -         1:23.33         -           100m         6.         1:23.33         419         1:20.00         92%           100m         -         2:45.00         -         -           200m         -         2:45.00         -         -           100m         9.         59.24         433         59.80         102%           100m	200m				-	2:35.60	-
50m         17.         43.34         197         46.68         116%           100m         , 2011 (13),         -         -         1.39.78         107%           100m         -         -         1.23.33         -         -           100m         -         -         1.123.33         -         -         1.180.00         -         -         -         2.245.00         -		, , 2013 (11 ),					2
100m			47	42.24			
100m							
100m	100111		00.	1.50.50	201	1.55.76	-
100m	100m	, , ==== /,			-	1:23.33	-
200m			6.	1:23.33			92%
100m							-
100m 9. 59.24 433 59.80 102% 100m 100m 100m 2.26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 2:26.70 - 1:08.20 - 1:	200111	2010 (14			-	2.45.00	-
100m	100m	, , , 2010 (14 ),	9	59.24	433	59.80	
200m			0.				-
100m					-	2:26.70	-
100m		, , 2011 (13 ),					
200m			17.	1:05.40			106%
100m	200111	2011 (13 )				2.44.10	-
100m 200m	100m	, ,,	25.	1:14.20	310	1:12.92	97%
							-
100m 200m	200m				-	2:57.94	-
200m		, , 2011 (13 ),					-
1 50m						1:30.00	-
50m     22.     45.93     166     48.27     110%       50m     36.     1:42.81     166     1:42.71     100%       , , 2013 (11 ),     166     1:42.81     166     1:42.71     100%       50m     28.     46.84     156     49.66     112%       50m     28.     44.     1:47.93     143     1:46.97     98%       100m     44.     1:47.93     143     1:46.97     98%       100m     61.     1:22.23     162     1:20.00     95%       100m     61.     1:22.23     162     1:20.00     95%       100m     200m     -     -     3:40.00     -       , , , 2011 (13 ),     12.     1:04.00     343     1:05.00     103%       100m     100m     12.     1:04.00     343     1:05.00     103%	200111	2014 (10 )			-	3.30.00	
50m       36.       1:42.81       166       1:42.71       100%         , , 2013 (11 ),       28.       46.84       156	50m	, , , , , , , , , , , , , , , , , , , ,	22	45.93	166	48 27	
1 50m				.0.00			-
50m     28.     46.84     156     49.66     112%       50m     -     54.57     -       100m     44.     1:47.93     143     1:46.97     98%       -     , 2011 (13 ),     -     -     1:20.00     95%       100m     -     1:30.00     -     -       200m     -     3:40.00     -     -       100m     -     1:00.00     -     -       100m     12.     1:04.00     343     1:05.00     103%       100m     100m     -     1:07.52     -	100m		36.	1:42.81	166	1:42.71	
50m     -     54.57     -       100m     44.     1:47.93     143     1:46.97     98%       , , 2011 (13),     -		, , 2013 (11 ),					
100m			28.	46.84	156		112%
, , 2011 (13 ),  100m			ΔΔ	1.47 03	- 1 <i>4</i> ?		98%
100m 61. 1:22.23 162 1:20.00 95% 100m - 1:30.00 - 1:30.0	100111	2011 (13 )	44.	1.47.33	140	1.70.31	<del>3</del> 070
100m	100m	, , , 2011 (10 ),	61.	1:22.23	162	1:20.00	95%
200m - 3:40.00 - 1 , , 2011 (13 ), 1 100m 12. 1:04.00 343 1:05.00 103% 100m - 1:07.52 -							
100m 12. <b>1:04.00</b> 343 1:05.00 103% 100m - 1:07.52 -					-		
100m - 1:07.52 -		, , 2011 (13 ),					
			12.	1:04.00			103%
2.30.00							- -
	200111				-	2.00.00	-

	, , 2011 (13 ),						-
100m		38.	1:09.40	269	1:06.00	90%	
100m 200m				-	1:20.00 2:43.00	- -	
200111	, , 2011 (13 ),			-	2.43.00		1
100m	, , , 2011 (10 ),	10.	1:06.06	440	1:06.52	101%	•
100m		10.	1.00.00	-	1:07.71	-	
200m				-	2:39.67	-	
	, , 2013 (11 ),						2
50m				-	34.69	-	
50m		5.	39.40	263	39.06	98%	
50m 100m		5. 10.	39.06 1:23.88	270 305	42.11 1:24.56	116% 102%	
	, 2011 (13 ),	10.	1.20.00	303	1.24.00	10270	_
100m	, 2011 (10 ),			-	1:22.00	<del>-</del>	
100m		9.	1:25.65	385	1:24.73	98%	
200m				-	2:52.03	-	
	, 2012 (12 ),						2
50m		0	07.54	-	33.87	-	
50m 100m		8.	37.51 1:22.80	204 210	38.16 1:27.22	103% 111%	
100111	, 2013 (11 ),		1.22.00	210	1.21.22	11170	_
50m	, , , , , , , , , , , , , , , , , , , ,			-	47.87	<del>-</del>	
100m				-	1:40.11	-	
,	, 2013 (11 ),						1
50m				-	45.38	<del>-</del>	
100m	0040 (40	41.	1:46.11	151	1:55.27	118%	
400	, , 2012 (12 ),	40	4-40.00	220	4:40.50		1
100m 100m		10.	1:12.00	339	1:12.52 1:16.00	101%	
200m				-	3:05.00	-	
	, , 2012 (12 ),						2
100m				-	1:14.52	-	
100m		2.	1:24.05	408	1:25.33	103%	
100m 200m		3.	1:25.33	390 -	1:28.52 2:47.52	108%	
200111	, , 2011 (13 ),				2.47.02		_
100m	, , 2011 (13 ),			-	1:15.00	-	
100m		11.	1:26.07	264	1:23.02	93%	
200m				-	2:51.00	-	
400	, 2012 (12 ),			404			1
100m 100m		1. 1.	1:23.19 <b>1:22.44</b>	421 432	1:22.44 1:23.65	98% 103%	
100m				-	1:19.00	-	
200m				-	2:40.10	-	
	, , 2014 (10 ),						1
50m		00	40.05	-	49.22	-	
50m 100m		28.	46.35	103	46.42 1:41.33	100%	
100111	, , 2011 (13 ),			-	1.41.33		1
100m	, , 2011 (13 ),	18.	1:08.98	386	1:10.00	103%	
100m				-	1:15.31	-	
200m				-	2:46.13	-	
	, , 2011 (13 ),						-
100m		37.	1:09.36	270	1:07.52	95%	
100m 200m				-	1:18.74 2:50.52	-	
, ,	, 2011 (13 ),			_	2.00.02	-	1
100m	,			-	1:25.00	-	•
100m		12.	1:31.09	320	1:31.40	101%	
200m	004.1.1.5			-	3:03.20	-	
<b>F</b> 0	, , 2014 (10 ),				F0.04		1
50m 50m		32.	48.70	139	50.84 52.70	- 117%	
50111	, , 2014 (10 ),	JZ.	40.70	100	<i>52.70</i>		1
50m	, , , 2014 (10 ),			-	54.47	-	•
50m		31.	48.60	140	54.59	126%	
	, , 2013 (11 ),						1
50m		24.	43.65	129	49.00	126%	
50m				-	51.54 1:35.84	- -	
100m	, 2012 (12 ),			-	1.33.04		2
50m	, 2012 (12 ),			-	32.05	-	_
50m		5.	33.37	276	33.12	99%	
50m		4.	33.12	283	35.45	115%	
100m			1:17.60	256	1:20.52	108%	

	, 2013 (11 ),						1
50m	, 2010 (11 ),			_	41.03	_	•
50m		23.	43.09	135	48.19	125%	
100m				-	1:49.36	-	
,	, 2014 (10 ),						1
50m	, , , , , , , , , , , , , , , , , , , ,			_	49.52	-	
50m		43.	50.49	83	51.36	103%	
100m				-	1:54.36	-	
,	, 2014 (10 ),						-
50m	, , , , , , , , , , , , , , , , , , , ,			-	47.28	-	
100m				-	2:00.03	-	
,	, 2013 (11 ),						1
50m		27.	46.67	158	43.75	88%	
50m				-	53.55	-	
100m		32.	1:37.94	192	1:51.56	130%	
	, , 2012 (12 ),						1
100m		15.	1:14.30	309	1:18.50	112%	
100m				-	1:24.70	-	
200m				-	3:05.59	-	
,	, 2012 (12 ),						1
50m		21.	42.44	141	48.61	131%	
50m				-	48.86	-	
100m				-	1:36.13	-	
	, , 2012 (12 ),						1
100m				-	1:30.00	-	
100m		11.	1:36.75	267	1:38.00	103%	
200m	2014 (10			-	3:10.00	-	
F0	, 2014 (10 ),				E 4 7 4		-
50m	0044 (40			-	54.74	-	
	, , 2011 (13 ),	_					1
100m		3. 3.	<b>58.20</b> 58.92	457 440	58.92	102%	
100m 100m		٥.	36.92	440	58.80 1:09.00	100% -	
200m				-	2:31.10	- -	
	, 2014 (10 ),				2.01.10		2
50m	, 2014 (10 ),			-	46.74	-	_
50m		24.	46.30	162	48.60	110%	
100m		40.	1:45.00	155	1:53.83	118%	
	, , 2014 (10 ),						_
50m	, , , , , , , , , , , , , , , , , , , ,	14.	46.31	145	45.06	95%	
100m		37.	1:43.03	165	1:37.42	89%	
	, , 2011 (13 ),						1
100m		51.	1:13.94	223	1:15.50	104%	
100m				-	1:17.14	-	
200m				-	3:00.07	-	
,	, 2011 (13 ),						-
100m		49.	1:13.60	226	1:12.00	96%	
100m				-	1:20.00	-	
200m				-	3:00.00	-	
,	, 2013 (11 ),						1
50m				-	38.43	-	
50m		28.	44.68	121	48.20	116%	
100m	2012 (12			-	1:45.98	-	4
100~	, , 2012 (12 ),	F	1.00.40	20.4	1.07.05	000/	1
100m		5. 5.	1:09.12	384 406	1:07.85 1:09.58	96% 105%	
100m 100m		5.	1:07.85	400	1:20.12	105%	
200m				-	2:54.00	-	
	, 2011 (13 ),						2
100m	,	4.	58.90	441	59.29	101%	_
100m		4.	59.29	432	59.50	101%	
100m		•		-	1:08.05	-	
200m				-	2:33.34	-	
	, , 2014 (10 ),						1
50m				-	44.38	-	
50m		21.	44.88	178	46.66	108%	
100m		39.	1:44.05	160	1:40.18	93%	
	, , 2011 (13 ),						1
100m		2.	59.32	607	1:00.37	104%	
100m		2.	1:00.37	576	59.09	96%	
100m				-	1:10.50	-	
200m	0040 (40			-	2:28.25	-	
	, , 2012 (12 ),	0-			10.5-		1
50m		20.	42.18	144	48.66	133%	

,	, 2011 (13 ),			0.50		4000/
100m		11.	1:03.48	352	1:04.53	103%
100m				-	1:10.94 2:39.19	- -
200m	, 2010 (14 ),			-	2.39.19	-
100	, , , 2010 (14 ),	27	1.04.06	220	1.02.20	050/
100m 100m		27.	1:04.86	330	1:03.20 1:10.15	95% -
200m				-	2:36.50	<u>-</u>
,	, 2013 (11 ),					,
50m	, 2010 (11 ),			-	58.36	-
50m		34.	54.08	101	58.91	119%
	, , 2010 (14 ),					
100m	, , ,	5.	58.69	445	58.28	99%
100m		5.	58.28	455	57.70	98%
100m				-	1:08.90	-
200m				-	2:27.18	-
	, , 2013 (11 ),					,
50m				-	42.11	-
50m		27.	44.63	121 -	45.61 1:42.47	104%
100m	2012 (12			-	1.42.47	-
400	, , 2012 (12 ),				4-00 50	
100m 100m		10.	1:35.89	- 275	1:28.52 1:35.57	- 99%
200m		10.	1.00.00	-	3:09.12	-
,	, 2011 (13 ),					
100m	, ,,			-	1:23.50	-
100m		13.	1:33.53	296	1:29.46	91%
200m				-	2:58.59	-
	, , 2011 (13 ),					
100m				-	1:08.42	-
100m		3.	1:19.05	341	1:20.15	103%
100m		4.	1:20.15	328	1:19.38	98%
200m	2042 (44			-	2:33.93	
,	, 2013 (11 ),				40.00	•
50m 50m		15.	40.95	- 157	40.66 41.78	- 104%
100m		15.	40.95	157	1:34.31	104%
	, 2014 (10 ),					
50m	, 2014 (10 ),			-	39.20	_
30111	, , 2012 (12 ),				00.20	
100m	, , 2012 (12 ),	24.	1:26.92	193	1:31.98	112%
100m		2	1.20.02	-	1:42.90	-
200m				-	3:29.03	-
	, , 2013 (11 ),					
50m				-	37.92	-
50m		13.	44.32	166	42.58	92%
100m		28.	1:36.13	203	1:36.50	101%
	, , 2014 (10 ),					:
50m				-	41.83	-
50m		17.	46.98	139	50.12	114%
100m	2014 (40	25.	1:35.34	208	1:35.78	101%
FO	, 2014 (10 ),				40.74	,
50m 50m		36.	46.56	107	49.71 53.39	- 131%
100m		50.	70.00	-	1:57.50	-
	, 2013 (11 ),					
50m	,	42.	50.39	84	50.17	99%
50m					56.29	-
100m				-	1:54.53	-
,	, 2010 (14 ),					
100m	·	24.	1:04.55	335	1:04.15	99%
100m				-	1:11.20	-
200m	2040 (44			-	2:38.20	-
,	, 2010 (14 ),					
100m		40	4,40.40	-	1:08.59	-
100m		10.	1:18.16	353	1:16.80	97%
200m	, , 2013 (11 ),			-	2:28.70	-
50m	, , 2013 (11 ),				45.23	
50m 50m		40.	48.80	93	45.23 49.47	103%
100m		<del>4</del> 0.	70.00	93	1:43.36	100/0
	, , 2010 (14 ),				<del>-</del>	
100m	, , , 2010 (14 ),	8.	58.78	443	59.26	102%
100m		3.		-	1:12.50	-
200m				-	2:30.23	-

	, , 2012 (12 ),						-
100m 100m		12.	1:13.28	322	NT NT	-	
200m				-	NT	-	
,	, 2011 (13 ),						-
100m				-	1:25.00	-	
100m		14.	1:28.80	241	1:28.05	98%	
200m	, 2012 (12 ),			-	3:09.00	-	1
50m	, 2012 (12 ),			-	37.58	-	'
50m		14.	40.08	167	45.90	131%	
100m				-	1:46.48	-	
,	, 2014 (10 ),						2
50m 50m		35.	55.24	- 95	59.09 58.28	- 111%	
100m		47.	1:53.34	123	2:04.57	121%	
	, 2014 (10 ),						2
50m				-	47.70	-	
50m 100m		23. 45.	46.26	162 140	46.95 1:52.27	103%	
100111	, , 2014 (10 ),	45.	1:48.61	140	1.32.27	107%	1
50m	, , , 2014 (10 ),			-	52.34	-	•
50m		38.	47.72	99	50.27	111%	
100m	2040 (40			-	1:55.28	-	
F0	, 2012 (12 ),				F4 04		1
50m 50m		22.	41.30	146	51.24 41.78	102%	
100m				-	1:33.25	-	
	, , 2012 (12 ),						2
50m				-	33.77	-	
50m 50m		7.	37.08	212	37.08 42.11	129%	
100m		• •	1:23.08	208	1:23.25	100%	
	, , 2013 (11 ),						1
50m				-	44.84	-	
50m 100m		30.	48.52	90	49.50 1:50.67	104%	
	, 2011 (13 ),				1.50.07		_
100m	, 2011 (10 ),			-	1:20.00	-	
100m		5.	1:22.43	432	1:22.16	99%	
100m 200m		5.	1:22.16	437 -	1:21.65 2:46.69	99%	
200111	, 2013 (11 ),				2.40.00		1
50m	, 2010 (11 ),			-	35.37	-	•
50m		19.	39.76	163	39.35	98%	
100m	, , 2012 (12 ),		1:25.80	189	1:26.50	102%	
100m	, , 2012 (12 ),	5.	1:31.30	318	1:30.00	97%	-
100m		5.	1:30.00	332	1:28.05	96%	
100m				-	1:20.12	-	
200m	2044 (42			-	2:48.75	-	
100m	, , 2011 (13 ),			_	1:31.73	_	-
100m		16.	1:38.57	253	1:35.56	94%	
200m				-	3:09.76	-	
,	, 2012 (12 ),						1
100m 100m				-	1:30.61 1:31.43	-	
100m		7.	1:31.43	317	1:32.40	102%	
200m				-	3:07.59	-	
	, , 2012 (12 ),						-
50m 50m		25.	44.38	123	37.55 44.31	100%	
100m				-	1:39.16	-	
	, , 2012 (12 ),						1
100m		_	4.00 = :	-	1:36.84	-	
100m 200m		8.	1:33.51	296	1:34.66 3:16.71	102%	
200m	, 2011 (13 ),			-	0.10.71	-	1
, 100m	,	32.	1:07.83	288	1:09.00	103%	•
100m				-	1:14.00	-	
200m	0040/44			-	2:55.00	-	4
100m	, , 2010 (14 ),	4.	56.90	489	57.47	102%	1
100m		4.	57.47	474	56.70	97%	
100m				-	1:02.45	-	
200m				-	2:21.55	-	

	, , 2013 (11 ),						-
50m 100m				-	38.46 1:43.82	-	
100111	, , 2011 (13 ),			-	1.43.02	-	1
100m	, , , 2011 (13 ),	34.	1:08.73	277	1:11.98	110%	•
100m				-	1:19.90	=	
200m				-	2:55.99	-	
=-	, , 2013 (11 ),						1
50m 50m		21.	41.04	- 148	36.70 40.98	100%	
100m		21.	1:30.25	162	1:30.74	101%	
	, , 2011 (13 ),						-
100m		22.	1:12.48	333	1:12.00	99%	
100m 200m				-	1:25.00 3:08.00	<del>-</del>	
200111	, , 2010 (14 ),				0.00.00		1
100m	, , , 2010 (11 ),	31.	1:06.68	304	1:06.86	101%	•
100m				-	1:20.00	-	
200m	2042 (44			-	2:48.82	-	0
50m	, , 2013 (11 ),			_	47.64	_	2
50m		30.	48.56	140	50.91	110%	
100m		38.	1:43.37	163	2:00.18	135%	
	, , 2014 (10 ),						-
50m 50m		33.	52.17	- 113	50.21 51.71	- 000/	
50111	, , 2014 (10 ),	33.	52.17	113	51.71	98%	1
50m	, , 2014 (10 ),	15.	42.96	203	45.06	110%	•
50m				-	50.60	-	
100m	0040 (40	33.	1:38.22	190	1:36.93	97%	_
, 50m	, 2012 (12 ),				30.00	-	2
50m 50m		1.	33.25	- 294	33.52	102%	
50m		1.	33.52	286	33.14	98%	
100m			1:16.81	264	1:17.23	101%	
,	, 2013 (11 ),				00.47		1
50m 50m		11.	41.17	230	39.17 43.39	- 111%	
100m		19.	1:30.04	247	1:29.41	99%	
	, , 2010 (14 ),						1
100m		12.	1:18.23	352	1:25.30	119%	
100m 200m				-	1:05.70 2:30.00	-	
,	, 2013 (11 ),				2.00.00		1
50m	, =0.0 ( ),			-	47.99	-	•
50m		24.	42.89	130	49.50	133%	
100m	2012 (12			-	1:39.57	-	1
50m	, 2012 (12 ),			_	39.06	-	1
50m		31.	45.05	118	47.48	111%	
100m				-	1:39.00	-	
	, , 2014 (10 ),						3
50m 50m		4.	38.52	- 281	38.54 38.63	- 101%	
50m		3.	38.63	279	39.24	103%	
100m		24.	1:34.15	216	1:37.83	108%	
	, 2012 (12 ),						-
100m 100m		14.	1:13.98	313	1:13.54 1:20.50	99%	
200m				-	3:02.49	- -	
	, 2014 (10 ),				<del>-</del>		-
50m				-	42.20	-	
100m	2012 (12			-	1:36.57	-	4
, 50m	, 2012 (12 ),	16	40.00	157	42.00	4400/	1
50m 100m		16.	40.98	157 -	43.00 1:34.00	110%	
,	, 2013 (11 ),				<del>-</del>		-
50m	, - ( );			-	41.26	-	
50m		26.	44.52	122	42.09	89%	
100m	, , 2013 (11 ),			-	1:40.75	-	_
50m	, , 2013 (11 ),			_	45.50	-	-
50m		32.	45.28	116	43.36	92%	
100m				-	1:52.41	-	

	,	, 2013 (11	),					1
50m		,	•			-	49.75	-
50m						-	37.88	-
50m				6.	37.88	266	38.83	105%
100m				11.	1:24.55	298	1:23.77	98%

	2 .							1
		, 2011 (13 ),						-
100m		, , , , , , , , , , , , , , , , , , , ,		13.	1:04.19	340	1:01.00	90%
100m						-	1:09.00	-
200m						-	2:40.00	-
	,	, 2012 (12	),					-
100m	,	,	,,			-	1:17.00	-
100m						-	1:30.55	-
100m				6.	1:30.55	326	1:30.00	99%
200m						-	2:48.00	-
	,	, 2012 (12	),					-
50m	,	, - (	,,	3.	34.55	262	34.51	100%
50m				3. 3.	34.51	262	33.00	91%
50m						-	35.00	-
100m					1:12.99	307	1:11.00	95%
	,	, 2012 (12	),					1
50m	•	,	,.			-	31.00	-
50m				10.	35.88	222	37.00	106%
100m					1:22.22	215	1:19.00	92%
	,	, 2011 (13	),					-
100m		•	•	20.	1:05.93	314	1:05.00	97%
100m						-	1:19.00	-
200m						-	2:50.00	-

4								1
- 1								1
	,	, 2011 (13	),					1
100m		·		2.	1:17.77	515	1:19.31	104%
100m				2.	1:19.31	486	1:16.35	93%
100m						-	1:14.30	-
200m						-	2:36.54	-

( )							-
	,	, 2010 (14    ),					-
100m			13.	1:00.73	402	59.00	94%
100m					-	1:06.00	-
200m					-	2:21.00	-
	,	, 2011 (13 ),					-
100m			2.	58.05	460	58.05	100%
100m			2.	58.05	460	56.00	93%
100m					-	1:03.00	-
200m					-	2:21.00	-
	,	, 2010 (14    ),					-
100m			10.	59.67	424	57.00	91%
100m					-	1:06.00	-
200m					-	2:24.00	-
	,	, 2012 (12 ),					-
100m			8.	1:09.44	378	1:07.00	93%
100m					-	1:16.00	-
200m					-	2:46.00	-
	,	, 2011 (13 ),					-
100m	,	, , , , , , , , , , , , , , , , , , , ,	8.	1:05.36	454	1:03.50	94%
100m			-		-	1:12.00	-
200m					-	2:39.00	-

ıı	н						26
	, , 2014 (10 ),						2
50m				-	35.95	-	
50m		12.	41.76	221	42.12	102%	
100m		17.	1:28.61	259	1:29.44	102%	
	, , 2014 (10 ),						1
50m				-	34.79	-	
50m				<del>-</del>	38.28	-	
50m		7.	38.28	258	37.78	97%	
100m	0040 (44	14.	1:25.70	286	1:27.71	105%	_
	, , 2013 (11 ),						2
50m		40	07.00	-	33.09	-	
50m		13.	37.93	188	38.48	103%	
100m	2012 (11 )		1:26.64	184	1:29.60	107%	4
F0.00	, , 2013 (11 ),			-	4F 40	-	1
50m		8.	25.20	232	45.18 35.08	98%	
50m 100m		0.	35.38 <b>1:23.29</b>	207	1:23.82	101%	
100111	, , 2013 (11 ),		1.25.25	201	1.20.02	10170	_
50m	, , 2013 (11 ),				39.29		
50m		6.	39.29	265	38.51	96%	
50m		•			39.87		
100m		8.	1:22.72	318	1:20.90	96%	
	, , 2014 (10 ),						1
50m	, - , - , ,			-	33.53	-	
50m		13.	39.83	171	36.59	84%	
100m			1:26.88	182	1:27.69	102%	
,	, 2014 (10 ),						2
50m		18.	44.12	187	44.27	101%	
50m				-	45.51	-	
100m		20.	1:30.10	246	1:31.38	103%	
,	, 2013 (11 ),						2
50m				-	41.96	-	
50m		12.	36.70	208	39.65	117%	
100m			1:24.90	195	1:25.65	102%	
,	, 2016 (8 ),						1
50m		4.0		-	1:04.44	-	
50m		46.	57.95	55	1:05.27	127%	_
,	, 2014 (10 ),						2
50m		00	40.45	-	47.20	-	
50m		20.	40.15	158	40.19	100%	
100m	2012 (11		1:29.53	166	1:30.19	101%	4
F0	, , 2013 (11 ),				04.00	-	1
50m 50m		5.	26.20	- 226	31.60 35.67	97%	
50m		3. 4.	36.28 35.67	238	35.33	98%	
100m			1:22.55	212	1:23.05	101%	
	, , 2013 (11 ),						2
50m	, , ===== /,			-	33.87	-	_
50m		5.	35.74	317	35.50	99%	
50m		5.	35.50	323	35.53	100%	
100m		6.	1:21.87	328	1:23.89	105%	
	, , 2013 (11 ),						-
50m				-	44.00	-	
50m				-	35.08	-	
50m		7.	35.08	238	34.57	97%	
	, , 2014 (10 ),						1
50m				-	33.50	-	
50m		3.	37.87	296	39.03	106%	
50m		4.	39.03	270	37.18	91%	
100m	0040 (44	12.	1:24.81	295	1:24.59	99%	
50	, 2013 (11 ),	_	40.05	2.1-	60.40	===;	1
50m		9.	40.26	246	39.40	96%	
50m 100m		13.	1:25.23	- 291	45.34 1:26.64	- 103%	
100111	2042 (44 \	13.	1.23.23	231	1.20.04	10370	4
E0	, , 2013 (11 ),				20.00		1
50m 50m		2.	36.56	329	32.28 37.00	- 102%	
50m		2.	37.00	317	36.75	99%	
100m		2. 9.	1:23.20	313	1:21.15	95%	
	, , 2013 (11 ),				*****	23,3	2
	, , 2013 (11 ),			-	39.53	-	_
50m			1.05.70			- -	
50m 100m		FXH	17577	המה,	[NI		
50m 100m 50m		EXH 3.	1:25.72 <b>34.36</b>	385 357	NT 35.11	104%	
100m					35.11 34.46		
100m 50m		3.	34.36	357	35.11	104%	

	, , 2014 (10 ),					2
50m				-	39.71	-
50m		7.	39.71	257	40.56	104%
50m				-	45.50	-
100m		16.	1:28.40	261	1:29.20	102%
	, , 2013 (11 ),					2
50m				-	31.48	-
50m		4.	35.20	332	34.82	98%
50m		3.	34.82	343	35.70	105%
100m		4.	1:18.41	374	1:19.72	103%
	, , 2014 (10 ),					-
50m	, , , , , , , , , , , , , , , , , , , ,	17.	41.11	155	39.84	94%
50m				-	44.74	-
100m			1:28.45	172	1:28.23	100%

, 2011 (13

), 100m 100m 200m 1:06.40 1:10.00 2:44.00 97% 14. 1:07.48 412

_								
	"							15
	, , 2010 (14 ),							1
100m		40.	1:09.95	263	1:14.00	19.06.2024	112%	
100m				-	1:31.00	21.06.2024 20.06.2024	-	
200m	2044 (42			-	3:21.00	20.06.2024	-	4
400	, , 2011 (13 ),	27	4.47.40	070	1.10.00	10.06.2024	1040/	1
100m 100m		27.	1:17.43	273	1:19.00 1:27.00	19.06.2024 21.06.2024	104%	
200m				-	3:00.00	20.06.2024	-	
200111	, , 2012 (12 ),				0.00.00	20.00.202 1		1
50m	, , 2012 (12 ),			_	43.00	21.06.2024	-	•
50m		16.	38.97	173	41.00	19.06.2024	111%	
100m				-	1:31.00	20.06.2024	-	
	, , 2012 (12 ),							2
50m	, , , , , , , , , , , , , , , , , , , ,			-	38.00	21.06.2024	-	
50m				-	33.76		-	
50m		6.	33.76	267	35.00	19.06.2024	107%	
100m			1:18.64	246	1:30.00	20.06.2024	131%	
	, , 2011 (13 ),							1
100m		52.	1:14.16	221	1:26.00	19.06.2024	134%	
100m				-	1:22.00	21.06.2024	-	
200m	0040 (44			-	3:07.00	20.06.2024	-	
,	, 2010 (14 ),							1
100m		36.	1:07.72	290	1:12.00	19.06.2024	113%	
100m 200m				-	1:19.00 2:54.00	21.06.2024 20.06.2024	-	
200111	2012 (12			-	2.34.00	20.00.2024	-	
F0	, , 2012 (12 ),				40.00	04.00.0004		-
50m		10	44.00	454	43.00	21.06.2024	-	
50m 100m		19.	41.23	154 -	39.00 1:36.00	19.06.2024 20.06.2024	89%	
100111	, , 2011 (13 ),				1.30.00	20.00.2024		1
100m	, , 2011 (13 ),	10.	1:25.90	266	1:36.00	19.06.2024	125%	'
100m		10.	1.25.50	200	1:17.00	21.06.2024	12376	
200m				_	2:59.00	20.06.2024	-	
	, , 2011 (13 ),							1
100m	, , - ( - ,,			-	1:24.00	21.06.2021	-	
100m		10.	1:26.60	373	1:27.90	19.06.2024	103%	
200m				-	2:57.00	20.06.2024	-	
	, , 2010 (14 ),							1
100m				-	58.58		-	
100m		6.	58.58	448	1:01.00	19.06.2024	108%	
100m				-	1:02.90	21.06.2024	-	
200m	0044 (40			-	2:46.00	20.06.2024	-	_
400	, , 2011 (13 ),				4 00 00	04.00.0004		2
100m 100m		2.	1:18.22	352	1:23.00 1:19.04	21.06.2024	102%	
100m		2.	1:19.04	342	1:23.00	19.06.2024	110%	
200m		۷.	1.15.04	-	2:57.00	20.06.2024	-	
	, , 2010 (14 ),							1
100m	, , 2010 (14 ),	38.	1:08.32	282	1:11.00	19.06.2024	108%	•
100m					1:20.00	21.06.2024	-	
200m				-	3:24.00	20.06.2024	-	
	, , 2010 (14 ),							1
100m	, , , , , , , , , , , , , , , , , , , ,	16.	1:22.31	302	1:22.70	19.06.2024	101%	
100m				-	1:09.00	21.06.2024	-	
200m				-	2:46.00	20.06.2024	-	
,	, 2011 (13 ),							1
100m				-	1:21.76		-	
100m		7.	1:21.76	309	1:24.80	19.06.2024	108%	
100m				-	1:36.00	21.06.2024	-	
200m				-	2:58.00	20.06.2024	-	

						7
	, , 2011 (13 ),					-
100m		53.	1:14.61	217	1:13.20	96%
100m				-	1:29.00	-
200m				-	3:09.00	-
	, , 2011 (13 ),					1
100m	, , , , , , , , , , , , , , , , , , , ,	25.	1:06.88	301	1:10.00	110%
100m				-	1:28.00	-
200m				-	3:04.00	-
	, , 2011 (13 ),					-
100m	, , , , , , , , , , , , , , , , , , , ,	54.	1:15.49	209	1:15.00	99%
100m				-	1:24.00	-
200m				-	3:09.00	-
	, , 2011 (13 ),					1
100m	, ,,	26.	1:15.39	296	1:17.00	104%
100m		20.	1110.00	-	1:23.00	-
200m				-	3:16.00	-
	, , 2011 (13 ),					1
100m	, , , , , , , , , , , , , , , , , , , ,	56.	1:16.41	202	1:17.00	102%
100m		00.		-	1:25.00	-
200m				-	3:15.00	-
	, , 2011 (13 ),					1
100m	, , , 2011 (13 ),	47.	1:12.37	237	1:21.00	125%
100m		47.	1.12.57	-	1:23.00	-
200m				_	3:11.00	<del>-</del>
200	, , 2011 (13 ),				000	1
100m	, , , , , , , , , , , , , , , , , , , ,	23.	1:13.02	325	1:14.50	104%
100m		23.	1.13.02	323	1:27.00	104%
200m				- -	3:05.21	- -
200111	, , 2011 (13 ),				3.03.21	1
100m	, , , 2011 (13 ),	27.	1:07.22	296	1:08.00	102%
100m		21.	1.07.22	290 -	1:25.00	10276
200m				-	3:03.00	- -
200111	2011 (12				0.00.00	
400-	, , 2011 (13 ),	00	4-00-04	204	4.40.00	1
100m 100m		22.	1:06.64	304	1:10.00 1:25.00	110%
				-		-
200m				-	2:54.00	-

								3
	,	, 2013 (11	),					1
50m		•	•			-	39.00	-
50m				10.	42.33	191	39.00	85%
100m				15.	1:27.02	273	1:29.00	105%
	,	, 2013 (11	),					2
50m		•	•			-	36.00	-
50m				1.	33.00	403	33.99	106%
50m				2.	33.99	369	33.50	97%
100m				3.	1:18.27	376	1:20.00	104%