9 , 400m 16.05.2024 - 11:42

: 4:29.00 /	: 4:43.50 / 1 : 5:06.00 / 2 : 5:47.00 / 3 : 6:32.50										
: FINA 2024											
	/							100m	200n	n 300m	400m
		04			5:41	. 84 3	326 2	1:18.57	1:28.10	1:28.96	1:26.21
50m:	37.23	37.23	150m:	2:02.55	43.98	250m:	3:31.03	44.36	350m:	4:59.88	44.25
100m:	1:18.57	41.34	200m:	2:46.67	44.12	300m:	4:15.63	44.60	400m:	5:41.84	41.96
		03			5:42	. 26 3	325 2	1:15.42	1:26.70	1:29.89	1:30.25
50m:	35.55	35.55	150m:	1:58.35	42.93	250m:	3:27.00	44.88	350m:	4:57.70	45.69
100m:	1:15.42	39.87	200m:	2:42.12	43.77	300m:	4:12.01	45.01	400m:	5:42.26	44.56
	02			6:17.18 243 3			1:15.25	1:34.58	8 1:43.81	1:43.54	
50m:	34.94	34.94	150m:	2:01.59	46.34	250m:	3:40.98	51.15	350m:	5:26.62	52.98
100m:	1:15.25	40.31	200m:	2:49.83	48.24	300m:	4:33.64	52.66	400m:	6:17.18	50.56
	02			6:45.55 195			1:28.93	1:45.99	9 1:46.84	1:43.79	
50m:	40.53	40.53	150m:	2:21.96	53.03	250m:	4:08.60	53.68	350m:	5:55.50	53.74
100m:	1:28.93	48.40	200m:	3:14.92	52.96	300m:	5:01.76	53.16	400m:	6:45.55	50.05