

9
16.05.2024 - 11:42
, 400m

: 4:29.00 / : 4:43.50 / 1 : 5:06.00 / 2 : 5:47.00 / 3 : 6:32.50

: FINA 2024

										100m	200m	300m	400m
1.		05				4:28.10	676			1:04.86	1:08.62	1:08.20	1:06.42
	50m:	31.13	31.13	150m:	1:39.29	34.43	250m:	2:47.56		34.08	350m:	3:55.40	33.72
	100m:	1:04.86	33.73	200m:	2:13.48	34.19	300m:	3:21.68		34.12	400m:	4:28.10	32.70
2.		05				4:37.32	611			1:04.43	1:09.70	1:10.68	1:12.51
	50m:	30.81	30.81	150m:	1:39.26	34.83	250m:	2:49.04		34.91	350m:	4:01.51	36.70
	100m:	1:04.43	33.62	200m:	2:14.13	34.87	300m:	3:24.81		35.77	400m:	4:37.32	35.81
3.		05				4:40.88	588			1:05.43	1:10.47	1:12.74	1:12.24
	50m:	31.48	31.48	150m:	1:40.33	34.90	250m:	2:52.21		36.31	350m:	4:05.48	36.84
	100m:	1:05.43	33.95	200m:	2:15.90	35.57	300m:	3:28.64		36.43	400m:	4:40.88	35.40
4.		05				4:49.86	535 1			1:07.46	1:14.50	1:15.09	1:12.81
	50m:	32.09	32.09	150m:	1:44.75	37.29	250m:	2:59.42		37.46	350m:	4:14.30	37.25
	100m:	1:07.46	35.37	200m:	2:21.96	37.21	300m:	3:37.05		37.63	400m:	4:49.86	35.56
5.		02				4:54.95	508 1			1:08.47	1:14.70	1:16.05	1:15.73
	50m:	32.87	32.87	150m:	1:45.88	37.41	250m:	3:00.97		37.80	350m:	4:17.41	38.19
	100m:	1:08.47	35.60	200m:	2:23.17	37.29	300m:	3:39.22		38.25	400m:	4:54.95	37.54
6.		05				5:00.69	479 1			1:07.49	1:14.97	1:18.48	1:19.75
	50m:	31.88	31.88	150m:	1:44.45	36.96	250m:	3:01.77		39.31	350m:	4:21.38	40.44
	100m:	1:07.49	35.61	200m:	2:22.46	38.01	300m:	3:40.94		39.17	400m:	5:00.69	39.31
7.		03				5:05.69	456 1			1:11.27	1:16.53	1:18.51	1:19.38
	50m:	34.24	34.24	150m:	1:49.45	38.18	250m:	3:06.72		38.92	350m:	4:26.33	40.02
	100m:	1:11.27	37.03	200m:	2:27.80	38.35	300m:	3:46.31		39.59	400m:	5:05.69	39.36
8.		03				5:15.28	416 2			1:11.19	1:19.78	1:22.36	1:21.95
	50m:	33.96	33.96	150m:	1:50.44	39.25	250m:	3:12.27		41.30	350m:	4:34.52	41.19
	100m:	1:11.19	37.23	200m:	2:30.97	40.53	300m:	3:53.33		41.06	400m:	5:15.28	40.76
9.		04				5:41.84	326 2			1:18.57	1:28.10	1:28.96	1:26.21
	50m:	37.23	37.23	150m:	2:02.55	43.98	250m:	3:31.03		44.36	350m:	4:59.88	44.25
	100m:	1:18.57	41.34	200m:	2:46.67	44.12	300m:	4:15.63		44.60	400m:	5:41.84	41.96
10.		03				5:42.26	325 2			1:15.42	1:26.70	1:29.89	1:30.25
	50m:	35.55	35.55	150m:	1:58.35	42.93	250m:	3:27.00		44.88	350m:	4:57.70	45.69
	100m:	1:15.42	39.87	200m:	2:42.12	43.77	300m:	4:12.01		45.01	400m:	5:42.26	44.56
11.		02				6:17.18	243 3			1:15.25	1:34.58	1:43.81	1:43.54
	50m:	34.94	34.94	150m:	2:01.59	46.34	250m:	3:40.98		51.15	350m:	5:26.62	52.98
	100m:	1:15.25	40.31	200m:	2:49.83	48.24	300m:	4:33.64		52.66	400m:	6:17.18	50.56
12.		02				6:45.55	195			1:28.93	1:45.99	1:46.84	1:43.79
	50m:	40.53	40.53	150m:	2:21.96	53.03	250m:	4:08.60		53.68	350m:	5:55.50	53.74
	100m:	1:28.93	48.40	200m:	3:14.92	52.96	300m:	5:01.76		53.16	400m:	6:45.55	50.05