

						%	PB
							3
							2
50m	, 2005 (19)					-	
100m	32.	1:02.53	420	1:03.00	102%		
50m	29.	29.68	422	32.00	116%		
, 2003 (21)							-
50m			-	32.00	-		
200m			-	3:00.00	-		
400m			-	6:20.00	-		
, 2006 (18)							-
50m			-	43.00	-		
100m			-	1:32.00	-		
200m			-	3:15.00	-		
, 1999 (25)							-
200m			-	2:20.00	-		
50m	28.	32.46	381	32.00	97%		
100m			-	1:10.00	-		
, 2006 (18)							-
200m			-	2:32.00	-		
400m	15.	5:15.53	339	4:50.00	84%		
800m			-	10:30.00	-		
, 2003 (21)							-
50m	24.	44.84	214	42.00	88%		
100m			-	1:31.00	-		
200m			-	3:30.00	-		
, 2004 (20)							-
100m			-	1:20.00	-		
200m			-	2:58.00	-		
50m	22.	38.93	247	34.00	76%		
, 2003 (21)							1
100m	28.	1:02.04	430	58.00	87%		
50m	26.	31.50	417	32.00	103%		
50m	25.	28.68	468	28.50	99%		
, 2003 (21)							-
50m			-	30.00	-		
50m			-	36.00	-		
100m			-	1:17.00	-		
, 2001 (23)							-
50m			-	30.00	-		
100m	18.	1:12.34	365	1:07.00	86%		
50m			-	40.00	-		
, 2005 (19)							-
50m			-	NT	-		
50m	33.	36.05	278	NT	-		
50m			-	NT	-		
, 2008 (16)							-
50m			-	NT	-		
100m	31.	1:02.52	421	NT	-		
, 2005 (19)							-
50m			-	NT	-		
100m	21.	1:12.72	359	NT	-		
50m		38.81	424	NT	-		
, 2005 (19)							-
50m			-	NT	-		
50m			-	NT	-		
, 2007 (17)							-
50m			-	NT	-		
100m	30.	1:02.18	428	NT	-		
100m			-	NT	-		
, 2006 (18)							-
50m			-	26.70	-		
50m			-	35.10	-		
200m	23.	3:12.77	275	2:58.00	85%		
, 2005 (19)							-
100m	41.	1:11.00	287	1:01.00	74%		
100m			-	1:09.00	-		
200m			-	2:31.00	-		

2

3

	, 2005 (19),							-
200m		15.	3:08.30	201	2:40.00	72%		
200m				-	2:40.00	-		
400m				-	5:50.00	-		
	, 2004 (20),							-
100m				-	1:25.00	-		
200m		25.	3:35.96	196	3:05.00	73%		
	, 2005 (19),							-
200m		7.	4:14.12	110	3:25.00	65%		
200m				-	3:25.00	-		
400m				-	7:10.00	-		
	, 2003 (21),							-
50m		26.	54.23	121	45.00	69%		
50m		23.	54.13	91	45.00	69%		
100m				-	1:35.00	-		
	, 2005 (19),							-
50m				-	29.00	-		
50m		37.	54.14	82	35.00	42%		
100m				-	1:18.00	-		
	, 2005 (19),							2
50m				-	28.00	-		
100m		22.	1:00.49	464	1:02.50	107%		
50m		21.	30.44	463	31.00	104%		
								1
	, 2004 (20),							1
50m		7.	34.12	487	34.80	104%		
100m				-	1:08.00	-		
200m				-	2:30.00	-		
	, 2005 (19),							-
100m				-	1:01.00	-		
200m		9.	2:37.19	345	2:17.00	76%		
200m				-	2:22.00	-		
	, 2005 (19),							-
50m				-	33.00	-		
100m				-	1:11.00	-		
200m		19.	3:01.63	329	2:40.00	78%		
	, 2003 (21),							-
200m		11.	2:43.67	306	2:30.00	84%		
200m				-	2:22.00	-		
400m				-	5:20.00	-		
	, 2004 (20),							-
100m		16.	1:11.27	381	1:09.00	94%		
100m				-	1:12.00	-		
200m				-	2:42.00	-		
	, 2003 (21),							-
400m		13.	4:56.04	410	4:32.00	84%		
100m				-	1:07.00	-		
200m				-	2:15.00	-		
	, 2004 (20),							-
50m				-	32.00	-		
100m				-	1:09.00	-		
200m		13.	2:50.44	399	2:35.00	83%		
	, 2004 (20),							-
50m				-	41.50	-		
200m		14.	3:37.71	252	3:20.00	84%		
400m				-	5:45.00	-		
	, 2004 (20),							-
50m		19.	39.14	323	35.10	80%		
100m				-	1:15.00	-		
200m				-	2:50.00	-		
	, 2005 (19),							-
50m				-	26.00	-		
100m		13.	56.26	577	55.00	96%		
200m				-	1:52.00	-		
								-
	, 2004 (20),							-
50m				-	36.00	-		
100m				-	1:23.00	-		
								2
	, 2004 (20),							-
50m				-	36.50	-		
100m				-	1:18.00	-		
200m		9.	3:12.31	365	2:57.00	85%		

5

	, 2005 (19),						-
50m		15.	28.95	538	27.50	90%	-
100m				-	59.00	-	-
200m				-	2:15.00	-	-
							2
	, 2005 (19),						2
50m				-	24.00	-	-
100m		9.	54.18	646	55.00	103%	-
50m		11.	26.28	608	27.00	106%	-
							-
	, 2005 (19),						-
50m				-	NT	-	-
200m		18.	2:58.48	347	NT	-	-
	, 2004 (20),						-
100m				-	NT	-	-
	, 2006 (18),						-
50m				-	NT	-	-
	, 2003 (21),						-
400m		19.	6:00.25	227	NT	-	-
50m				-	NT	-	-
	, 2002 (22),						-
50m				-	NT	-	-
100m		26.	1:22.14	249	NT	-	-
							-
	, 2006 (18),						-
50m				-	26.10	-	-
100m		4.	1:02.08	577	58.60	89%	-
50m		3.	29.82	549	28.20	89%	-
	, 2006 (18),						-
100m		1.	59.82	645	58.20	95%	-
200m				-	2:06.00	-	-
100m				-	1:01.00	-	-
	, 2003 (21),						-
400m		7.	5:05.69	456	4:43.00	86%	-
200m				-	2:32.00	-	-
400m				-	5:28.00	-	-
	, 2000 (24),						-
200m				-	1:52.00	-	-
400m		1.	4:06.09	715	3:56.00	92%	-
800m				-	8:12.00	-	-
	, 2006 (18),						-
50m				-	28.70	-	-
100m				-	1:02.60	-	-
50m		5.	25.12	696	24.60	96%	-
	, 2005 (19),						-
50m		1.	26.79	679	26.00	94%	-
100m				-	57.60	-	-
200m				-	2:07.00	-	-
	, 2005 (19),						-
800m				-	9:45.00	-	-
200m		4.	2:57.29	467	2:30.00	72%	-
200m				-	2:28.00	-	-
	, 2005 (19),						-
50m				-	33.00	-	-
100m				-	1:14.00	-	-
50m		6.	30.79	499	29.00	89%	-
	, 2003 (21),						-
50m				-	26.40	-	-
50m		2.	31.57	615	26.00	68%	-
100m				-	1:05.00	-	-
	, 2003 (21),						-
100m				-	55.70	-	-
200m		3.	2:11.30	593	2:07.00	94%	-
200m				-	2:07.00	-	-
							1
	, 2005 (19),						-
50m				-	25.50	-	-
50m		20.	29.97	485	28.80	92%	-
100m				-	1:02.00	-	-

							1
100m	, 2004 (20),			-	1:19.38	-	
200m		3.	2:55.35	482	2:58.12	103%	
200m				-	2:45.60	-	
	, 2004 (20),						-
50m				-	25.00	-	
50m		9.	27.73	612	27.50	98%	
100m				-	1:00.00	-	
	, 2006 (18),						-
50m		5.	27.43	632	27.20	98%	
100m				-	59.00	-	
200m				-	2:05.00	-	
	, 2002 (22),						-
200m				-	2:16.00	-	
400m		5.	4:54.95	508	4:49.00	96%	
800m				-	9:55.00	-	
	, 2004 (20),						-
50m				-	24.00	-	
100m		8.	54.14	648	52.80	95%	
100m				-	57.50	-	
							-
	, 2002 (22),						-
50m		18.	27.60	525	26.50	92%	
100m				-	1:03.00	-	
							-
	, 2003 (21),						-
200m				-	2:25.00	-	
400m		10.	5:42.26	325	5:15.00	85%	
800m				-	11:20.00	-	
	, 2004 (20),						-
100m		6.	1:04.84	507	1:00.00	86%	
100m				-	1:15.00	-	
200m				-	2:24.50	-	
	, 2006 (18),						-
50m				-	25.50	-	
100m		16.	57.36	545	55.00	92%	
200m				-	2:18.00	-	
	, 2005 (19),						-
50m		7.	27.60	621	27.50	99%	
50m		6.	25.29	682	25.20	99%	
100m				-	59.00	-	
	, 2006 (18),						-
50m		6.	33.53	514	32.00	91%	
100m				-	1:10.00	-	
200m				-	2:30.00	-	
	, 2005 (19),						-
50m		12.	26.58	588	25.90	95%	
100m				-	58.00	-	
200m		6.	2:31.95	382	2:11.00	74%	
	, 2004 (20),						-
100m				-	1:06.00	-	
100m				-	1:04.00	-	
200m		1.	2:26.97	569	2:22.00	93%	
	, 2006 (18),						-
50m				-	40.00	-	
100m				-	1:25.00	-	
200m		13.	3:32.55	271	2:55.00	68%	
	, 2002 (22),						-
200m				-	2:01.00	-	
400m		7.	4:29.61	543	4:25.00	97%	
800m				-	9:20.00	-	
	, 2003 (21),						-
50m				-	30.00	-	
100m				-	1:08.00	-	
200m		10.	2:46.64	426	2:35.00	87%	
							2
	, 2001 (23),						-
100m		3.	52.20	723	51.00	95%	
50m		1.	24.29	770	23.90	97%	
100m				-	54.00	-	
	, 2003 (21),						-
100m				-	56.60	-	
200m				-	2:07.00	-	

4

9

	, 2006 (18),	8.	2:36.74	348	2:50.00	118%	1
200m				-	2:40.00	-	
200m				-	5:50.00	-	
400m							
	, 2006 (18),						-
800m				-	10:00.00	-	
50m				-	35.00	-	
	, 2004 (20),	35.	38.45	229	34.00	78%	-
50m				-	41.11	-	
100m				-	1:15.00	-	
	, 2001 (23),						-
200m				-	2:24.98	-	
400m		18.	5:47.56	253	5:24.14	87%	
100m				-	1:17.00	-	
	, 2004 (20),						-
200m				-	2:25.00	-	
400m		16.	5:41.07	268	5:30.00	94%	
100m				-	1:10.00	-	
	, 2002 (22),						-
50m				-	27.22	-	
100m		23.	1:00.75	458	58.70	93%	
50m		27.	29.19	444	28.76	97%	
	, 2004 (20),						-
50m				-	27.00	-	
100m		26.	1:01.46	443	58.64	91%	
50m		24.	28.62	471	28.56	100%	
	, 2005 (19),						-
200m		17.	3:25.07	155	3:00.00	77%	
200m				-	2:40.00	-	
400m				-	5:57.00	-	
							1
	, 2004 (20),	43.	1:15.23	241	1:05.00	75%	-
100m				-	36.00	-	
50m				-	1:12.00	-	
100m							1
	, 2006 (18),	13.	26.60	586	29.00	119%	
50m				-	1:01.00	-	
100m		10.	2:37.67	342	2:10.00	68%	
200m							-
	, 2004 (20),						-
50m				-	33.00	-	
50m		23.	43.29	238	33.00	58%	
100m				-	1:10.00	-	
							-
	, 2004 (20),	42.	1:12.38	271	1:00.00	69%	-
100m				-	2:15.00	-	
200m				-	1:18.00	-	
100m							-
	, 2002 (22),						-
400m		17.	5:47.08	254	5:20.00	85%	
100m				-	1:08.00	-	
200m				-	2:30.00	-	
	, 2004 (20),						-
50m				-	27.80	-	
50m		31.	33.67	342	32.00	90%	
200m				-	2:30.00	-	
	, 2003 (21),						-
50m				-	25.50	-	
100m		21.	59.37	491	58.50	97%	
50m		26.	28.88	458	27.30	89%	
	, 2002 (22),						-
200m				-	2:10.00	-	
400m		11.	4:52.45	426	4:40.00	92%	
800m				-	9:50.00	-	
							-
	, 2002 (22),	8.	2:45.27	437	2:32.00	85%	-
200m				-	2:21.00	-	
200m				-	4:59.00	-	
400m							-
	, 2006 (18),	2.	2:11.10	596	2:08.00	95%	
200m				-	2:07.00	-	
200m							

400m				-	4:37.00	-	-
50m	, 2003 (21)			-	24.00	-	-
100m		11.	55.04	617	53.50	94%	
50m		14.	26.67	582	26.00	95%	
	, 2002 (22)						-
100m		4.	52.66	704	51.90	97%	
50m		2.	24.58	743	24.40	99%	
100m				-	55.00	-	
	, 2006 (18)						-
50m				-	33.00	-	
100m		27.	1:22.69	244	1:10.00	72%	
200m				-	2:23.00	-	
	, 2003 (21)						-
50m				-	29.00	-	
100m				-	1:04.00	-	
200m		1.	2:23.61	667	2:18.00	92%	
	, 2005 (19)						-
200m				-	2:00.00	-	
400m		6.	4:21.50	596	4:19.00	98%	
800m				-	8:45.00	-	
	, 2004 (20)						-
200m				-	1:55.00	-	
400m		2.	4:06.17	714	4:02.00	97%	
800m				-	8:25.00	-	
	, 2005 (19)						-
50m				-	26.00	-	
200m				-	2:03.00	-	
400m		1.	4:28.10	676	4:20.00	94%	
	, 2001 (23)						-
100m				-	58.00	-	
100m				-	53.70	-	
200m		1.	2:00.97	758	1:57.80	95%	
							3
	, 2005 (19)						1
50m				-	27.50	-	
50m		29.	32.63	375	33.00	102%	
100m				-	1:12.00	-	
	, 2006 (18)						1
50m		34.	38.25	233	36.00	89%	
50m		39.	32.39	325	33.00	104%	
100m				-	1:19.00	-	
	, 1999 (25)						-
50m				-	26.00	-	
100m		27.	1:01.97	432	59.90	93%	
50m		33.	30.90	374	30.00	94%	
	, 2005 (19)						-
50m				-	30.50	-	
100m		20.	1:12.70	359	1:09.50	91%	
50m		20.	34.76	347	33.50	93%	
	, 2006 (18)						1
100m		17.	57.50	541	59.50	107%	
50m				-	29.50	-	
100m				-	1:08.00	-	
	, 2006 (18)						-
50m				-	34.00	-	
100m		28.	1:25.66	219	1:24.00	96%	
200m				-	2:45.00	-	
	, 2005 (19)						-
50m		14.	36.28	405	33.50	85%	
100m				-	1:18.00	-	
200m				-	2:41.00	-	
	, 2005 (19)						-
50m		20.	39.34	318	35.00	79%	
50m		19.	34.15	366	33.00	93%	
100m				-	1:19.00	-	
	, 2005 (19)						-
50m				-	35.00	-	
100m				-	1:24.00	-	
200m		8.	3:11.80	368	2:55.00	83%	
	, 2001 (23)						-
100m				-	1:28.00	-	
200m		12.	3:26.51	295	2:59.00	75%	
200m				-	2:50.00	-	
							-

100m	, 1800 (99)			-	1:03.00	-	-
50m	, 2006 (18)	17.	37.85	357	34.50	83%	-
100m				-	1:21.00	-	-
200m				-	2:50.00	-	-
50m	, 2001 (23)			-	23.00	-	-
50m				-	29.20	-	-
50m		7.	25.39	674	25.00	97%	-
100m	, 2005 (19)	12.	55.39	605	54.50	97%	-
200m				-	2:02.00	-	-
100m				-	56.70	-	-
50m	, 2002 (22)			-	NT	-	-
100m		3.	1:01.77	586	59.20	92%	-
200m				-	2:09.00	-	-
50m	, 2004 (20)			-	23.80	-	-
100m		2.	52.05	729	51.20	97%	-
50m		3.	25.05	702	24.50	96%	-
100m				-	55.05	-	-
50m	, 2004 (20)			-	32.00	-	-
100m				-	1:11.00	-	-
200m		1.	2:44.34	586	2:37.00	91%	-
100m	, 2005 (19)	7.	1:06.15	477	1:04.00	94%	-
50m		10.	35.21	443	32.80	87%	-
50m		7.	31.30	475	29.80	91%	-
50m	, 2003 (21)			-	26.40	-	-
200m				-	2:38.00	-	-
100m				-	1:05.00	-	-
50m	, 2006 (18)	16.	28.96	537	27.50	90%	-
100m				-	59.50	-	-
200m				-	2:18.00	-	-
50m	, 2004 (20)	21.	40.56	290	34.00	70%	-
50m				-	36.50	-	-
400m				-	5:54.00	-	-
50m	, 2006 (18)	18.	29.77	495	29.00	95%	-
100m				-	1:03.50	-	-
400m				-	5:10.00	-	-
50m	, 2004 (20)			-	30.00	-	-
100m		11.	1:08.23	435	1:05.00	91%	-
50m		16.	33.18	399	33.00	99%	-
50m	, 2004 (20)			-	33.00	-	-
100m				-	1:15.00	-	-
200m		7.	3:11.64	369	2:58.00	86%	-
50m	, 2004 (20)	30.	32.66	374	31.00	90%	-
100m				-	1:07.00	-	-
100m				-	1:03.00	-	-
50m	, 2005 (19)			-	32.00	-	-
100m				-	1:10.00	-	-
200m		6.	2:42.54	460	2:35.00	91%	-
400m				-	5:10.00	-	-
200m	, 2006 (18)			-	2:10.00	-	2
100m				-	1:05.00	-	-
200m		12.	2:45.41	296	2:30.00	82%	-

3
2

14

2024

, 16. - 18.5.2024

50m		8.	25.64	655	24.70	93%	
							1
	, 2006 (18)						-
200m				-	2:10.00	-	
100m				-	1:05.50	-	
200m		DNF		-	2:35.00	-	
	, 2003 (21)						-
50m				-	24.90	-	
50m		13.	28.56	560	27.30	91%	
100m				-	1:00.40	-	
	, 2006 (18)						-
100m		33.	1:03.24	406	59.00	87%	
50m				-	32.50	-	
100m				-	1:14.00	-	
	, 2005 (19)						1
100m		15.	57.24	548	58.60	105%	
50m				-	30.50	-	
100m				-	1:10.20	-	
							1
	, 2003 (21)						1
50m		12.	28.54	561	29.00	103%	
100m				-	1:05.00	-	
200m				-	2:25.00	-	
	, 2005 (19)						-
50m				-	28.60	-	
100m		45.	1:17.61	220	1:11.00	84%	
200m				-	2:30.00	-	
	, 2006 (18)						-
50m				-	32.00	-	
100m				-	1:11.00	-	
50m		32.	30.59	385	29.00	90%	
	, 2005 (19)						-
200m		3.	2:33.13	550	2:32.00	99%	
200m				-	2:15.00	-	
400m				-	4:40.00	-	
	, 2004 (20)						-
100m				-	1:15.00	-	
200m		11.	2:48.28	414	2:40.00	90%	
200m				-	2:20.00	-	
	, 2006 (18)						-
200m				-	2:00.00	-	
800m				-	9:40.00	-	
200m		13.	2:46.59	290	2:20.00	71%	
	, 2006 (18)						-
50m				-	26.00	-	
100m		19.	58.10	524	57.00	96%	
50m		31.	30.21	400	28.00	86%	