33 , 400m 18.05.2024 - 12:10

: 5:07.00 /	: 5:29.50 / 1 : 5:50.00 / 2 : 6:37.50 / 3 : 7:20.00										
: FINA 2024											
	1				FINA			100m	200m	300m	400m
		04			6:56.38	260	- 3	1:40.29	1:49.95	1:57.60	1:28.54
50m:	47.14	47.14	150m:	2:36.10	55.81	250m:	4:29.25	59.01	350m: 6:12	.83 44.9	9
100m:	1:40.29	53.15	200m:	3:30.24	54.14	300m:	5:27.84	58.59	400m: 6:56	.38 43.5	5
		03			7:10.58	235	- 3	1:36.32	1:55.01	1:52.77	1:46.48
50m:	39.52	39.52	150m:	2:34.67	58.35	250m:	4:26.91	55.58	350m: 6:18	.00 53.9	0
100m:	1:36.32	56.80	200m:	3:31.33	56.66	300m:	5:24.10	57.19	400m: 7:10	.58 52.5	3
		05			7:10.84	234	- 3	1:36.99	1:47.73	2:01.87	1:44.25
50m:	42.05	42.05	150m:	2:31.31	54.32	250m:	4:25.16	1:00.44	350m: 6:20	.80 54.2	1
100m:	1:36.99	54.94	200m:	3:24.72	53.41	300m:	5:26.59	1:01.43	400m: 7:10	.84 50.0	4
		05			8:03.96	165	-	1:57.31	1:54.22	2:21.62	1:50.81
50m:	53.25	53.25	150m:	2:55.85	58.54	250m:	5:02.32	1:10.79	350m: 7:10	.16 57.0	1
100m:	1:57.31	1:04.06	200m:	3:51.53	55.68	300m:	6:13.15	1:10.83	400m: 8:03	.96 53.8	0