						%
	, 2005 (19),					
50m	, 2000 (10),	27.	26.82	473	25.50	90%
00m		32.	1:02.53	420	1:03.00	102%
0m		29.	29.68	422	32.00	116%
	, 2003 (21),					
0m		19.	32.01	401	32.00	100%
00m 00m		11.	3:03.71	323	3:00.00 6:20.00	96%
00111	, 2006 (18),			_	0.20.00	_
0m	, 2000 (10),	19.	45.00	272	43.00	91%
00m		15.	1:39.80	265	1:32.00	85%
00m		15.	3:33.06	207	3:15.00	84%
	, 1999 (25),					
00m		14.	2:15.82	423	2:20.00	106%
0m 00m		28.	32.46	381	32.00 1:10.00	97%
OOIII	, 2006 (18),			-	1.10.00	_
00m	, 2000 (10),	17.	2:25.04	347	2:32.00	110%
00m		15.	5:15.53	339	4:50.00	84%
00m				-	10:30.00	-
	, 2003 (21),					
0m		24.	44.84	214	42.00	88%
00m 00m		14.	1:39.96	188	1:31.00 3:30.00	83%
JJ111	, 2004 (20),				0.00.00	_
00m	, 2004 (20),	13.	1:29.77	260	1:20.00	79%
00m				-	2:58.00	-
0m		22.	38.93	247	34.00	76%
	, 2003 (21),					
00m		28.	1:02.04	430	58.00	87%
0m 0m		26. 25.	31.50 28.68	417 468	32.00 28.50	103% 99%
OIII	, 2003 (21),	25.	20.00	400	20.50	3370
0m	, 2000 (21),	26.	35.77	381	36.00	101%
00m		24.	1:22.26	330	1:17.00	88%
	, 2001 (23),					
0m		16.	31.40	425	30.00	91%
00m 0m		18. 16.	1:12.34 42.33	365 326	1:07.00 40.00	86% 89%
OIII		10.	42.55	320	40.00	0370
	, 2005 (19),					
0m		33.	36.05	278	NT	-
0m	, 2008 (16),	37.	40.04	272	NT	-
00m	, 2008 (16),	31.	1:02.52	421	NT	
00111	, 2005 (19),	51.	1.02.32	741	INI	-
0m	, 2000 (19),	13.	30.64	457	NT	-
00m		21.	1:12.72	359	NT	-
0m		10.	38.81	424	NT	-
	, 2005 (19),					
0m		29.	27.12	458	NT NT	-
0m	2007 (47	32.	37.77	324	NT	-
0m	, 2007 (17),	22	27.44	442	NT	
om 00m		33. 30.	27. 44 1:02.18	442 428	NT NT	-
00m		21.	1:08.22	432	NT	-
	2006 (19)					
	, 2006 (18),	25	26.74	470	26.70	4000/
Ωm		25. 24.	26.74 35.55	478 388	26.70 35.10	100% 97%
0m 0m		23.	3:12.77	275	2:58.00	85%
0m 0m 00m						
0m	, 2005 (19),					
0m 00m 00m	, 2005 (19),	41.	1:11.00	287	1:01.00	74%
0m 00m 00m 00m	, 2005 (19),	41. 27.	1:11.00 1:25.39	220	1:09.00	74% 65%
0m 00m 00m	, 2005 (19), , 2004 (20),					

	, 2005 (19),						-
100m 200m		25. 22.	1:23.19 3:11.31	319 282	1:12.00 2:56.00	75% 85%	
200111	, 2005 (19),	22.	3.11.31	202	2.56.00	0376	_
100m	, 2000 (10),			-	1:07.00	-	
	, 2005 (19),						-
50m		32.	34.56	316	32.40	88%	
200m 50m		36.	31.55	351	2:32.00 31.30	98%	
	, 2005 (19),						-
200m		25.	3:11.73	150	2:15.00	50%	
50m	, 2005 (19),	25.	47.28	183	35.60	57%	-
50m		20.	46.84	241	38.90	69%	
	, 2004 (20),						-
50m	·	36.	40.28	199	33.50	69%	
50m 100m		38. 32.	41.25 1:40.95	248 178	36.20 1:16.00	77% 57%	
100111	, 2005 (19),	02.	1.10.00	170	1.10.00	3170	-
50m		28.	27.00	464	25.10	86%	
100m 50m		25. 27.	1:01.41 29.19	444 444	58.20 29.00	90% 99%	
30111		21.	23.13		23.00	3370	
							5
	, 2006 (18),						-
50m 200m		11.	35.32	439	35.00 2:33.50	98%	
200m 50m		18.	33.65	382	30.50	- 82%	
	, 2005 (19),						1
50m		9.	35.03	450	35.05	100%	
50m 200m		9. 10.	38.67 3:13.70	428 358	38.00 3:00.00	97% 86%	
	, 2004 (20),						1
100m		19.	1:07.70	442	1:07.00	98%	
200m 50m		20.	27.99	- 503	NT 28.50	- 104%	
	, 2004 (20),						-
100m		22.	1:12.85	357	1:10.00	92%	
200m 800m		13.	2:46.98	308	2:33.00 11:30.00	84%	
ooom	, 2004 (20),				11.00.00		_
50m	,	24.	26.71	479	26.00	95%	
50m 100m		18. 19.	33.72 1:17.87	455 389	33.04 1:15.00	96% 93%	
TOOM	, 2004 (20),	13.	1.17.07	505	1.10.00	3370	3
50m	, , , , , , , , , , , , , , , , , , , ,	15.	25.39	558	26.00	105%	
50m 50m		29. 21.	36.47 28.51	360 476	36.50 29.00	100% 103%	
30111	, 2004 (20),	۷۱.	20.51	470	29.00	10370	_
400m	, , , , , , , , , , , , , , , , , , , ,	12.	4:53.94	419	4:16.00	76%	
50m		24. 17	31.32 2:28.65	425	29.00	86%	
200m	, 2002 (22),	17.	2:28.65	451	2:24.00	94%	_
200m	, 2002 (22),	12.	2:46.21	312	2:25.00	76%	
400m		11.	6:17.18	243	NT	-	
100m	, 2006 (18),			-	1:08.00	-	_
50m	, 2000 (10),	5.	27.99	600	27.80	99%	
100m		5.	1:02.29	572	1:01.20	97%	
50m	, 2005 (19),	4.	29.83	549	29.03	95%	_
50m	, 2000 (19),	38.	28.36	400	27.00	91%	_
50m		27.	31.70	410	30.30	91%	
50m		30.	29.74	419	28.50	92%	
							3
	, 2004 (20),						-
50m		14.	40.29	379	39.00	94%	
100m	, 2004 (20),	11.	1:32.92	328	1:25.00	84%	1
50m	, 2004 (20),	18.	38.12	349	37.00	94%	'
50m		15.	40.64	369	41.00	102%	
F-2	, 2000 (24),		22.45	**=	07.05		-
50m 100m		36. 37.	28.13 1:04.96	410 375	27.00 1:01.00	92% 88%	
50m		37.	31.94	338	28.00	77%	

	, 2005 (19),						2
50m 100m		16. 17.	31.40 1:11.68	425 375	32.50 1:10.00	107% 95%	
50m		21.	35.95	313	36.00	100%	
COM	, 2006 (18),		00.00	0.10	00.00	10070	_
50m	, (- ,,	12.	30.54	462	29.70	95%	
100m		9.	1:07.66	446	1:06.00	95%	
							_
	0005 (40						8
400	, 2005 (19),	40	4.00.05	40.4	4.05.00	040/	-
100m 200m		12. 9.	1:08.25 2:34.15	434 392	1:05.00 2:32.00	91% 97%	
800m		٥.	2.04.10	-	10:50.00	-	
	, 2006 (18),						1
100m		9.	1:11.47	504	1:14.00	107%	
200m 200m		7. 12.	2:43.29 2:27.25	453 464	2:34.00 2:21.00	89% 92%	
200111	, 2004 (20),	12.	2.27.25	404	2.21.00	9270	_
50m	, 200 : (20),	21.	32.65	378	32.00	96%	
100m		24.	1:17.26	299	1:14.00	92%	
50m		22.	48.75	214	47.00	93%	
50	, 2004 (20),		00.00	070	00.77	040/	1
50m 100m		3. 10.	23.89 54.51	670 635	22.77 54.00	91% 98%	
50m		9.	25.90	635	28.00	117%	
	, 2005 (19),						-
50m		6.	30.62	608	30.00	96%	
100m 200m		8. 16.	1:11.36 2:54.06	506 374	1:10.00 2:40.00	96% 84%	
200111	, 2005 (19),	10.	2.54.00	3/4	2.40.00	0470	1
50m	, ==== (,, ,,	13.	36.20	408	35.00	93%	-
50m		12.	39.21	411	37.50	91%	
100m	2000 (40	9.	1:27.79	389	1:30.00	105%	4
50m	, 2006 (18),	18.	25.81	531	25.00	94%	1
50m		23.	30.96	440	29.00	88%	
50m		16.	27.43	535	30.00	120%	
	, 2004 (20),					4000/	2
50m 100m		6. 7.	27.57 1:00.63	623 616	28.00 1:01.00	103% 101%	
200m			1.00.00	-	2:14.00	-	
	, 2002 (22),						-
200m		15.	3:09.62	210	2:46.00	77%	
400m 800m		12.	6:45.55	195 -	5:55.00 12:55.00	77% -	
000	, 2003 (21),				.2.00.00		2
50m	, , , , , , , , , , , , , , , , , , , ,	4.	32.02	590	33.50	109%	
200m		0	00.04	-	2:50.00	4000/	
50m		2.	29.61	561	32.50	120%	
							2
	, 2005 (19),						_
50m	, 2000 (10),	16.	33.08	482	32.50	97%	
50m		42.	32.98	307	28.50	75%	
100m	, 2004 (20),			-	1:02.50	-	
100m	, 2004 (20),	46.	1:18.66	211	1:08.00	75%	-
200m		27.	3:19.50	133	2:23.00	51%	
100m		28.	1:30.20	187	1:20.00	79%	
	, 2004 (20),						-
50m 100m		43.	35.86	239	32.00 1:15.00	80%	
200m		16.	3:21.56	164	3:00.00	80%	
	, 2005 (19),						-
50m		30.	36.93	346	35.50	92%	
100m 200m		26. 21.	1:24.48 3:08.79	305 293	1:18.50 2:50.00	86% 81%	
2 00111	, 2005 (19),	۷۱.	5.00.78	233	2.00.00	0170	_
200m	, 2000 (10),	15.	3:08.30	201	2:40.00	72%	
200m		23.	2:51.81	292	2:40.00	87%	
400m	2004 (20			-	5:50.00	-	
100m	, 2004 (20),	31.	1:32.70	231	1:25.00	84%	-
200m		25.	3:35.96	196	3:05.00	73%	
		-					

	, 2005 (19),	_				-
200m 200m		7. 16.	4:14.12 3:42.14	110 183	3:25.00 3:25.00	65% 85%
400m		10.	0.12.11	-	7:10.00	-
	, 2003 (21),					-
50m 50m		26. 23.	54.23 54.13	121 91	45.00 45.00	69% 69%
100m		25.	2:14.92	69	1:35.00	50%
	, 2005 (19),					-
50m		46.	34.50	222	29.00	71%
50m	, 2005 (19),	37.	54.14	82	35.00	42% 2
50m	, 2003 (19),	41.	29.88	342	28.00	88%
100m		22.	1:00.49	464	1:02.50	107%
50m		21.	30.44	463	31.00	104%
						2
	, 2004 (20),					1
50m		7.	34.12	487	34.80	104%
100m 200m		7.	2:45.38	443	1:08.00 2:30.00	82%
	, 2005 (19),					-
100m				-	1:01.00	
200m 200m		9. 8.	2:37.19 2:22.43	345 512	2:17.00 2:22.00	76% 99%
200111	, 2005 (19),	0.	2.22.40	012	2.22.00	-
50m	, , , ,	22.	35.00	407	33.00	89%
200m	0000 (04	19.	3:01.63	329	2:40.00	78%
200m	, 2003 (21),	11.	2:43.67	306	2:30.00	- 84%
200m		19.	2:40.08	361	2:22.00	79%
400m	0004 (00			-	5:20.00	-
100m	, 2004 (20),	16.	1:11.27	381	1:09.00	94%
100m			1.11.21	-	1:12.00	-
200m	0000 (04	9.	2:55.83	369	2:42.00	85%
400	, 2003 (21),	10	4.56.04	410	4.22.00	- 84%
400m 100m		13. 20.	4:56.04 1:08.02	436	4:32.00 1:07.00	97%
200m				-	2:15.00	-
50m	, 2004 (20),	9.	31.52	558	32.00	1 103%
100m		9. 6.	1:10.18	532	1:09.00	97%
200m		13.	2:50.44	399	2:35.00	83%
50	, 2004 (20),	40	40.00	004	44.50	-
50m 200m		18. 14.	43.99 3:37.71	291 252	41.50 3:20.00	89% 84%
400m				-	5:45.00	-
	, 2004 (20),	4.0			07.40	-
50m 100m		19. 11.	39.14 1:25.13	323 305	35.10 1:15.00	80% 78%
200m		• • • •	1.20.10	-	2:50.00	-
	, 2005 (19),					-
100m 200m		13. 10.	56.26 2:09.56	577 487	55.00 1:52.00	96% 75%
200111		10.	2.09.50	407	1.52.00	1370
						-
	0004 (00					4
50m	, 2004 (20),	6.	37.13	484	36.50	97%
100m		8.	1:25.81	417	1:18.00	83%
200m		9.	3:12.31	365	2:57.00	85%
50	, 2004 (20),	40	05.44	F77	04.50	-
50m 50m		10. 28.	25.11 36.13	577 370	24.50 33.00	95% 83%
50m		19.	27.79	514	27.50	98%
400:	, 2004 (20),	40	E7.05	F00	E7.00	070/
100m 200m		18. 12.	57.95 2:10.89	528 473	57.00 2:05.00	97% 91%
400m		14.	5:01.97	387	4:30.00	80%
	, 2004 (20),	_				-
50m 100m		8. 2.	28.43 1:00.35	572 629	28.20 59.40	98% 97%
200m		5.	2:13.12	609	2:10.50	96%

	2006 (19						2
50m	, 2006 (18),	8.	34.23	483	34.80	103%	2
100m		6.	1:16.60	419	1:17.50	102%	
200m	2005 (40			-	2:40.00	-	
50m	, 2005 (19),	19.	33.74	454	33.00	96%	-
200m		14.	2:52.35	385	2:45.00	92%	
400m				-	5:30.00	-	
000	, 2005 (19),		0.07.45	540	0.07.00	4000/	-
200m 400m		9. 10.	2:07.15 4:46.90	516 451	2:07.00 4:35.00	100% 92%	
800m		10.	4.40.50	-	9:50.00	-	
	, 2003 (21),						1
50m 200m		8.	37.49 3:21.52	470 318	38.50 3:05.00	105% 84%	
400m		11.	3.21.32	-	6:45.00	0476	
	, 2006 (18),						1
50m		12.	32.68	417	34.50	111%	
100m 200m		6.	3:28.92	- 198	1:18.00 3:05.00	- 78%	
200	, 2004 (20),	٥.	0.20.02	.00	0.00.00	1070	_
400m	, (- ,,	9.	5:41.84	326	5:40.00	99%	
800m				-	11:45.00	-	
400m				-	6:30.00	-	
							1
	, 2004 (20),						1
50m	•	5.	24.16	648	23.50	95%	
100m 50m		5. 10.	52.86 26.06	696 624	53.00 26.00	101% 100%	
30111	, 2006 (18),	10.	20.00	024	20.00	10070	_
50m	, 2000 (10),	12.	35.63	428	33.25	87%	
50m		8.	31.52	465	30.00	91%	
100m	, 2004 (20),			-	1:10.00	-	_
200m	, 2004 (20),	6.	3:04.76	412	2:55.00	90%	
200m		8.	2:47.92	423	2:40.00	91%	
400m	2006 (18			-	5:40.00	-	
200m	, 2006 (18),	4.	3:03.38	293	2:55.00	91%	-
200m		10.	3:01.86	333	2:50.00	87%	
400m	2005 (40			-	6:10.00	-	
200m	, 2005 (19),	7.	2:20.49	518	2:15.00	92%	-
400m		6.	5:00.69	479	4:40.00	87%	
800m	(- ()			-	9:50.00	-	
50	, 2003 (21),	4.4	00.00	550	07.50	000/	-
50m 100m		14. 10.	28.60 1:02.33	558 567	27.50 1:00.00	92% 93%	
200m				-	2:20.00	-	
=0	, 2006 (18),		00.40		0.4.00	a=0/	-
50m 100m		15.	33.16	399 -	31.00 1:12.00	87%	
200m		5.	3:04.48	287	2:45.00	80%	
	, 2005 (19),						-
200m		11.	2:10.88	473	2:00.00	84%	
400m 800m		9.	4:43.80	466	4:25.00 9:20.00	87% -	
	, 2004 (20),						-
50m		15.	32.52	508	30.00	85%	
100m 200m		17. 17.	1:15.59 2:54.31	426 373	1:08.00 2:30.00	81% 74%	
200.11	, 2005 (19),			0.0	50.00	1 1/0	-
50m		15.	28.95	538	27.50	90%	
100m 200m		13.	1:04.25	517 -	59.00 2:15.00	84%	
200111				-	2.10.00	-	
							2
	, 2005 (19),						2
50m		6.	24.48	623	24.00	96%	
100m 50m		9. 11.	54.18 26.28	646 608	55.00 27.00	103% 106%	

200m	, 2005 (19),	18.	2:58.48	347	NT	-
200111	, 2004 (20),	10.	2.30.40	347	IVI	-
100m		17.	1:45.71	223	NT	-
400m	, 2003 (21),	19.	6:00.25	227	NT	- -
50m		23.	35.39	394	NT	-
E0m	, 2002 (22),	22	25.40	202	NIT	-
50m 100m		23. 26.	35.19 1:22.14	302 249	NT NT	-
	, 2006 (18),					-
50m	, 2000 (10),	7.	28.02	598	26.10	87%
100m 50m		4. 3.	1:02.08 29.82	577 549	58.60 28.20	89% 89%
30111	, 2006 (18),	0.	23.02	040	20.20	-
100m		1.	59.82	645	58.20	95%
200m 100m		3.	2:10.00	654 -	2:06.00 1:01.00	94%
	, 2003 (21),	_				-
400m 200m		7. 4.	5:05.69 2:37.39	456 514	4:43.00 2:32.00	86% 93%
400m				-	5:28.00	
200m	, 2000 (24),	1.	1:55.71	684	1:52.00	94%
400m		1.	4:06.09	715	3:56.00	92%
800m	, 2006 (18),			-	8:12.00	-
50m	, 2000 (10),	3.	30.02	645	28.70	91%
100m 50m		3. 5.	1:06.28 25.12	632 696	1:02.60 24.60	89% 96%
	, 2005 (19),				21.00	-
50m 100m	·	1. 3.	26.79 58.75	679 677	26.00 57.60	94% 96%
200m		3.	30.73	-	2:07.00	-
800	, 2005 (19),				0.45.00	-
800m 200m		4.	2:57.29	467	9:45.00 2:30.00	- 72%
200m	, 2005 (19),	1.	2:32.78	562	2:28.00	94%
50m	, 2005 (19),	3.	36.09	527	33.00	- 84%
50m	2002 (24	6.	30.79	499	29.00	89%
50m	, 2003 (21),	3.	27.33	644	26.40	93%
50m		2.	31.57	615	26.00	68%
100m	, 2003 (21),	1.	1:05.69	664	1:05.00	98%
100m			0.44.00	-	55.70	-
200m 200m		3. 2.	2:11.30 2:11.13	593 657	2:07.00 2:07.00	94% 94%
	2005 (10					2
50m	, 2005 (19),	20.	26.22	507	25.50	95%
50m 100m		20. 17.	29.97 1:05.08	485 498	28.80 1:02.00	92% 91%
100111	, 2004 (20),	17.	1.05.06	490	1.02.00	2
100m		3.	1:20.52	505	1:19.38	97%
200m 200m		3. 3.	2:55.35 2:36.45	482 523	2:58.12 2:45.60	103% 112%
	, 2004 (20),					-
50m 50m		17. 9.	25.68 27.73	539 612	25.00 27.50	95% 98%
100m	2000 (42	9.	1:01.97	577	1:00.00	94%
50m	, 2006 (18),	5.	27.43	632	27.20	98%
100m		6.	59.20	662	59.00	99%
200m	, 2002 (22),			-	2:05.00	-
200m	, 2002 (22),	8.	2:22.41	497	2:16.00	91%
400m 800m		5.	4:54.95	508	4:49.00 9:55.00	96% -
500111					0.55.55	

50	, 2004 (20),	40	05.40	F74	04.00	040/
50m 100m		12. 8.	25.19 54.14	571 648	24.00 52.80	91% 95%
100m		0.	34.14	040 -	57.50	93 /0 -
					0.100	
	, 2002 (22),					
50m		18.	27.60	525	26.50	92%
100m				-	1:03.00	-
						1
	, 2003 (21),					
200m	, 2003 (21),	11.	2:39.07	357	2:25.00	83%
400m		10.	5:42.26	325	5:15.00	85%
800m				-	11:20.00	-
	, 2004 (20),					
100m		6.	1:04.84	507	1:00.00	86%
100m 200m		6. 6.	1:25.08 2:42.18	428 470	1:15.00 2:24.50	78% 79%
200111	, 2006 (18),	0.	2.42.10	470	2.24.50	1970
50m	, ==== (.5 /,	12.	25.19	571	25.50	102%
100m		16.	57.36	545	55.00	92%
200m		11.	2:27.12	465	2:18.00	88%
	, 2005 (19),					
50m 50m		7. 6.	27.60 25.29	621 682	27.50 25.20	99% 99%
100m		0.	25.29	-	59.00	99%
100111	, 2006 (18),				00.00	
50m	, 2000 (10),	6.	33.53	514	32.00	91%
100m		5.	1:12.50	494	1:10.00	93%
200m				-	2:30.00	-
	, 2005 (19),					
50m 100m		12.	26.58	588	25.90 58.00	95% -
200m		6.	2:31.95	382	2:11.00	74%
	, 2004 (20),					
100m	, , , , , , , , , , , , , , , , , , , ,	2.	1:06.56	639	1:06.00	98%
100m		_			1:04.00	-
200m	0000 (40	1.	2:26.97	569	2:22.00	93%
F0	, 2006 (18),	47	40.57	200	40.00	84%
50m 100m		17. 14.	43.57 1:35.91	299 298	40.00 1:25.00	79%
200m		13.	3:32.55	271	2:55.00	68%
	, 2002 (22),					
200m		5.	2:03.12	568	2:01.00	97%
400m		7.	4:29.61	543	4:25.00	97%
800m	, 2003 (21),			-	9:20.00	-
50m	, 2003 (21),	10.	31.63	552	30.00	90%
100m		11.	1:12.78	477	1:08.00	87%
200m		10.	2:46.64	426	2:35.00	87%
	0004 (00					4
100	, 2001 (23),	•	50.00	700	E4.00	050/
100m 50m		3. 1.	52.20 24.29	723 770	51.00 23.90	95% 97%
100m		1.	24.23	-	54.00	97%
	, 2003 (21),					
100m	,	1.	58.55	684	56.60	93%
200m				-	2:07.00	-
	, 2005 (19),					
50m		1.	28.76	734 677	28.20	96%
100m 200m		1. 2.	1:04.76 2:31.74	677 565	1:03.20 2:23.50	95% 89%
	, 2006 (18),	<u>-</u> .	0 +	550	5.00	0970
50m	, , , , , , , , , , , , , , , , , , , ,	13.	39.34	407	38.50	96%
50m		10.	31.86	450	32.00	101%
				-	1:09.00	-
100m						
	, 2003 (21),					070/
50m	, 2003 (21),	5.	30.01	539	29.50	97%
50m 100m	, 2003 (21),			-	1:06.90	-
50m		5. 2.	30.01 2:37.49			
50m 100m 200m	, 2003 (21), , 2006 (18),	2.	2:37.49	462	1:06.90 2:30.00	91%
50m 100m				-	1:06.90	-

	, 2005 (19),					_
50m	, 2003 (19),	3.	27.20	649	27.00	99%
200m		1.	2:08.04	705	2:05.00	95%
400m				-	4:32.00	-
	, 2005 (19),					2
400m		4.	4:49.86	535	4:58.00	106%
800m		2.	2:34.09	- 548	10:21.40 2:37.40	- 104%
200m	, 2003 (21),	۷.	2.34.09	340	2.37.40	104%
400m	, 2003 (21),	4.	4:18.14	619	4:12.00	95%
200m		••		-	2:04.40	-
200m		3.	2:12.27	640	2:12.50	100%
	, 2003 (21),					-
50m		1.	23.77	680	22.80	92%
100m 50m		1. 4.	51.86 25.08	737 700	50.70 24.30	96% 94%
30111		٦.	25.00	700	24.50	3470
						-
	, 2005 (19),					_
50m	, 2000 (10),	9.	25.05	581	24.30	94%
50m		10.	28.27	578	27.80	97%
200m		7.	2:19.16	549	2:12.00	90%
	2002 (22					-
F0~	, 2002 (22),	40	20.07	276	27.00	- 070/
50m 200m		40. 22.	28.97 2:38.32	376 267	27.00 2:16.00	87% 74%
50m		38.	31.97	338	30.00	88%
	, 2005 (19),					-
100m		34.	1:04.22	388	1:00.00	87%
50m		34.	30.97	371	30.00	94%
100m				-	1:10.00	-
						5
	, 2006 (18),					1
50m	, 2000 (10),	35.	27.73	428	27.00	95%
100m		29.	1:02.15	428	59.00	90%
50m		8.	31.10	580	34.00	120%
	, 2002 (22),					-
800m 50m		27.	36.03	373	12:30.00 35.00	94%
100m		22.	1:20.33	355	1:20.00	99%
200m		20.	3:03.20	321	2:45.00	81%
200m		20.	2:45.67	325	2:45.00	99%
400m	, 2005 (19),			-	5:00.00	-
50m	, 2005 (19),	19.	25.89	526	27.00	109%
50m		19.	29.91	488	29.00	94%
50m		23.	28.57	473	28.00	96%
	, 2006 (18),					2
50m		14.	32.13	526	34.90	118%
100m 200m		13. 12.	1:13.03 2:50.25	472 400	1:15.50 2:40.00	107% 88%
200111	, 2004 (20),	14.	2.00.20	400	∠.+∪.∪∪	1
50m	, 200 . (20),	21.	26.25	505	27.00	106%
50m		22.	30.74	449	29.50	92%
50m		22.	28.53	475	27.50	93%
						C
	, 2003 (21),					6
50m	, 2003 (21),	34.	27.67	431	27.00	95%
100m		38.	1:06.01	357	1:01.00	85%
50m		35.	31.35	358	33.00	111%
	, 2004 (20),					3
50m		43.	30.12	334	34.00	127%
100m 50m		40. 41.	1:09.91 32.87	301 311	1:15.00 36.50	115% 123%
30111	, 2005 (19),	71.	02.07	011	30.00	-
200m	,,	18.	2:31.52	305	2:15.00	79%
50m		33.	39.56	282	35.00	78%
100m	2005 (42			-	1:20.00	-
F0	, 2005 (19),	2	07.47	GE4	20.00	- 000/
50m 100m		2. 1.	27.17 58.55	651 684	26.90 57.70	98% 97%
200m		٠.	55.55	-	2:06.70	-
200111						

50m	, 2004 (20),	4.5	24.26	420	22.00	111%	2
100m		15. 23.	31.26 1:13.76	430 344	33.00 1:15.00	103%	
	, 2005 (19),						-
100m 200m		25. 14.	1:14.22 3:02.31	336 221	1:01.00 2:18.00	68% 57%	
200111		14.	3.02.31	221	2.10.00	5170	
							3
50	, 2005 (19),	•	00.05	500	00.00	000/	-
50m 100m		9. 10.	29.35 1:07.67	520 446	29.00 1:04.00	98% 89%	
	, 2005 (19),						-
200m 400m		2. 2.	2:09.55 4:37.32	660 611	2:05.00 4:25.00	93% 91%	
400m		۷.	4.57.52	-	5:09.00	-	
	, 2003 (21),						-
50m 200m		15. 7.	26.87 2:35.47	569 357	26.50 2:10.00	97% 70%	
200m		13.	2:27.91	457	2:15.00	83%	
	, 2006 (18),						-
400m 200m		8. 6.	4:30.81 2:16.93	536 577	4:13.00 2:10.00	87% 90%	
400m		O.	2.10.00	-	4:45.00	-	
	, 2005 (19),						-
200m 400m		3. 3.	2:00.37 4:17.80	608 622	1:59.00 4:13.00	98% 96%	
800m		o.	1.17.00	-	8:50.00	-	
400	, 2005 (19),				4.4.00	44407	1
100m 50m		14. 14.	1:09.34 33.14	414 400	1:14.00 32.00	114% 93%	
100m			1:19.43	340	1:18.00	96%	
400	, 2006 (18),		=0.44			070/	-
100m 50m		6. 8.	53.44 27.61	674 620	52.75 27.14	97% 97%	
100m		5.	58.88	673	57.03	94%	_
200m	, 2004 (20),	13.	2:12.74	453	2:05.00	89%	2
100m		12.	1:13.02	455 472	1:15.00	105%	
200m	/	9.	2:46.21	430	2:50.00	105%	
50m	, 2005 (19),	11.	32.14	439	32.00	99%	-
100m		11.	32.14	-	1:07.00	-	
200m		3.	2:41.58	428	2:30.00	86%	
							6
	, 2005 (19),						1
100m	, (- ,,	26.	1:18.60	282	1:20.10	104%	
200m 200m		24.	3:32.42	206	2:50.00 3:23.75	- 92%	
200111	, 2004 (20),	27.	5.52. 4 2	200	0.20.70	3270	_
50m	, , , , , , , , , , , , , , , , , , , ,	25.	31.47	419	29.34	87%	
100m 100m		22. 21.	1:10.65 1:19.81	389 361	1:04.21 1:12.39	83% 82%	
100111	, 2006 (18),	21.	1.10.01	001	1.12.00	0270	2
200m		8.	2:36.74	348	2:50.00	118%	
200m 400m		16.	2:28.47	452 -	2:40.00 5:50.00	116% -	
	, 2006 (18),						1
800m		24	24.60	-	10:00.00	1029/	
50m	, 2004 (20),	21.	34.60	421	35.00	102%	_
50m	,	35.	38.45	229	34.00	78%	
50m 100m		39.	42.02	235	41.11 1:15.00	96%	
100111	, 2001 (23),			-	1.13.00	-	-
200m		21.	2:34.56	287	2:24.98	88%	
400m 100m		18. 27.	5:47.56 1:28.11	253 269	5:24.14 1:17.00	87% 76%	
	, 2004 (20),			250		1070	-
200m	, , , , , , , , , , , , , , , , , , , ,	20.	2:33.70	292	2:25.00	89%	
400m 100m		16.	5:41.07	268	5:30.00 1:10.00	94%	
.00111	, 2002 (22),						1
50m		26.	26.80	474	27.22	103%	
100m 50m		23. 27.	1:00.75 29.19	458 444	58.70 28.76	93% 97%	
						0.70	

	, 2004 (20),					1
50m	, 2004 (20),	22.	26.39	497	27.00	105%
100m		26.	1:01.46	443	58.64	91%
50m		24.	28.62	471	28.56	100%
	, 2005 (19),					-
200m		17.	3:25.07	155	3:00.00	77%
200m 400m		21.	2:48.00	312	2:40.00 5:57.00	91%
400111				-	5.57.00	-
						1
	, 2004 (20),					· -
100m	, 2004 (20),	43.	1:15.23	241	1:05.00	75%
50m		36.	40.03	272	36.00	81%
100m		30.	1:32.50	232	1:12.00	61%
	, 2006 (18),					1
50m		13.	26.60	586	29.00	119% -
100m 200m		10.	2:37.67	342	1:01.00 2:10.00	68%
200111	, 2004 (20),	10.	2.07.07	0.12	2.10.00	-
50m	, === ,,	25.	39.09	220	33.00	71%
50m		23.	43.29	238	33.00	58%
100m		15.	1:40.73	184	1:10.00	48%
	0004/65					-
40-	, 2004 (20),				4 00 0-	-
100m 200m		42. 24.	1:12.38 2:55.34	271 196	1:00.00 2:15.00	69% 59%
100m		24. 29.	1:31.91	237	1:18.00	72%
	, 2002 (22),					
400m	, ==== (==),	17.	5:47.08	254	5:20.00	85%
100m				-	1:08.00	-
200m	0004 (00	24.	2:54.00	281	2:30.00	74%
50	, 2004 (20),	07	00.44	440	07.00	-
50m 50m		37. 31.	28.14 33.67	410 342	27.80 32.00	98% 90%
200m		22.	2:50.10	301	2:30.00	78%
	, 2003 (21),					-
50m	, (23.	26.42	495	25.50	93%
100m		21.	59.37	491	58.50	97%
50m	0000 (00	26.	28.88	458	27.30	89%
200m	, 2002 (22),	16.	2:20.23	384	2:10.00	86%
400m		11.	4:52.45	426	4:40.00	92%
800m		• • • •	1.02.10	-	9:50.00	-
						-
	, 2002 (22),					-
200m	, , , , , , , , , , , , , , , , , , , ,	8.	2:45.27	437	2:32.00	85%
200m		9.	2:23.38	502	2:21.00	97%
400m	0000 (40			-	4:59.00	-
200m	, 2006 (18),	2.	2:11.10	596	2:08.00	95%
200m		4.	2:12.30	639	2:07.00	92%
400m			- -	-	4:37.00	-
	, 2003 (21),					-
50m	•	8.	24.60	614	24.00	95%
100m		11.	55.04	617	53.50	94%
50m	2002 (22)	14.	26.67	582	26.00	95%
100m	, 2002 (22),	4.	52.66	704	51.90	97%
50m		2.	24.58	743	24.40	99%
100m				-	55.00	
	, 2006 (18),					-
50m		22.	34.55	319	33.00	91%
100m 200m		27. 16.	1:22.69 3:11.81	244 203	1:10.00 2:23.00	72% 56%
200111	, 2003 (21),	10.	J. I I.OI	203	Z.Z3.UU	30%
50m	, 2003 (21),	2.	29.48	682	29.00	97%
100m		2.	1:05.07	667	1:04.00	97%
200m		1.	2:23.61	667	2:18.00	92%
	, 2005 (19),					-
200m		4.	2:02.32	579	2:00.00	96%
400m		6.	4:21.50	596	4:19.00 8:45.00	98%
800m				-	8:45.00	-

	, 2004 (20),					-
200m		2.	1:58.34	640	1:55.00	94%
400m 800m		2.	4:06.17	714 -	4:02.00 8:25.00	97% -
ooom	, 2005 (19),				0.20.00	-
50m	, , , , , , , , , , , , , , , , , , , ,	1.	26.94	673	26.00	93%
200m		1.	2:04.46	745	2:03.00	98%
400m	, 2001 (23),	1.	4:28.10	676	4:20.00	94%
100m	, 2001 (23),	4.	58.79	676	58.00	97%
100m				-	53.70	-
200m		1.	2:00.97	758	1:57.80	95%
						5
	, 2005 (19),					2
50m	, 2000 (10),	32.	27.37	445	27.50	101%
50m		29.	32.63	375	33.00	102%
100m	0000 (40	24.	1:13.02	352	1:12.00	97%
50m	, 2006 (18),	34.	38.25	233	36.00	1 89%
50m		34. 39.	32.39	325	33.00	104%
100m				-	1:19.00	-
	, 1999 (25),			4=0		-
50m 100m		30. 27.	27.21 1:01.97	453 432	26.00 59.90	91% 93%
50m		33.	30.90	374	30.00	94%
	, 2005 (19),					-
50m		18.	31.77	410	30.50	92%
100m 50m		20. 20.	1:12.70 34.76	359 347	1:09.50 33.50	91% 93%
30111	, 2006 (18),	20.	04.70	0-17	33.30	2
100m	, 2000 (10),	17.	57.50	541	59.50	107%
50m		4.	30.10	640	29.50	96%
100m	, 2006 (18),	4.	1:07.22	605	1:08.00	102%
50m	, 2006 (18),	24.	37.93	241	34.00	80%
100m		28.	1:25.66	219	1:24.00	96%
200m		17.	3:15.96	190	2:45.00	71%
50	, 2005 (19),	4.4	00.00	405	22.50	-
50m 100m		14. 8.	36.28 1:19.37	405 376	33.50 1:18.00	85% 97%
200m				-	2:41.00	
	, 2005 (19),					-
50m 50m		20. 19.	39.34 34.15	318 366	35.00 33.00	79% 93%
100m		13.	1:20.49	327	1:19.00	96%
	, 2005 (19),					-
50m		7.	37.44	472	35.00	87%
100m 200m		7. 8.	1:25.55 3:11.80	421 368	1:24.00 2:55.00	96% 83%
200111	, 2001 (23),	0.	3.11.00	300	2.55.00	-
100m	, ==== /,	12.	1:33.56	322	1:28.00	88%
200m		12.	3:26.51	295	2:59.00	75%
200m		12.	3:03.92	322	2:50.00	85%
						-
	, 1800 (99),					_
100m	, 1000 (00),			-	1:03.00	-
						-
50	, 2006 (18),		a= a=		0.4.70	-
50m 100m		17. 10.	37.85 1:23.38	357 325	34.50 1:21.00	83% 94%
200m		10.	1.20.00	-	2:50.00	-
	, 2001 (23),					-
50m		2.	23.87	672	23.00	93%
50m 50m		7. 7.	31.09 25.39	581 674	29.20 25.00	88% 97%
50111	, 2005 (19),	٠.	20.03	014	20.00	JI /0 -
100m	, , , , , , , , , , , , , , , , , , , ,	12.	55.39	605	54.50	97%
200m		8.	2:06.09	529	2:02.00	94%
100m	, 2002 (22),			-	56.70	-
50m	, 2002 (22),	6.	28.00	599	NT	-
100m		3.	1:01.77	586	59.20	92%
200m		6.	2:18.71	538	2:09.00	86%

	, 2004 (20),					-
50m 100m		4. 2.	24.04 52.05	658 729	23.80 51.20	98% 97%
50m		3.	25.05	702	24.50	96%
100m				-	55.05	-
	, 2004 (20),					-
50m		1.	33.06	686	32.00	94%
100m 200m		1. 1.	1:12.14 2:44.34	702 586	1:11.00 2:37.00	97% 91%
200111	, 2005 (19),		2.44.04	300	2.07.00	-
100m	, ==== (),	7.	1:06.15	477	1:04.00	94%
50m		10.	35.21	443	32.80	87%
50m	2002 (24	7.	31.30	475	29.80	91%
50m	, 2003 (21),	4.	27.34	644	26.40	93%
200m		٦.	21.04	-	2:38.00	-
100m				-	1:05.00	-
	, 2006 (18),					-
50m		16.	28.96	537	27.50	90%
100m 200m		11.	1:03.60	534 -	59.50 2:18.00	88%
200111					2.10.00	
						-
	, 2004 (20),					-
50m	•	21.	40.56	290	34.00	70%
50m 400m		23.	54.94	149 -	36.50 5:54.00	44% -
400m	, 2006 (18),			-	5.54.00	-
50m	, 2000 (10),	18.	29.77	495	29.00	95%
100m		18.	1:05.75	483	1:03.50	93%
400m	0004 (00			-	5:10.00	-
50	, 2004 (20),	4.4	20.04	450	20.00	-
50m 100m		14. 11.	30.81 1:08.23	450 435	30.00 1:05.00	95% 91%
50m		16.	33.18	399	33.00	99%
	, 2004 (20),					-
50m		5.	37.01	489	33.00	80%
100m 200m		5. 7.	1:23.58 3:11.64	451 369	1:15.00 2:58.00	81% 86%
200111	, 2004 (20),	7.	3.11.04	309	2.36.00	-
50m	, === ,,	30.	32.66	374	31.00	90%
100m		23.	1:12.77	356	1:07.00	85%
100m	2005 (40			-	1:03.00	-
50m	, 2005 (19),	17.	33.12	480	32.00	93%
100m		15.	1:13.59	461	1:10.00	90%
200m		6.	2:42.54	460	2:35.00	91%
400m				-	5:10.00	-
						2
	2006 (19)					2
200m	, 2006 (18),	15.	2:18.74	397	2:10.00	88%
100m		10.	v +	-	1:05.00	-
200m	2005 (40	12.	2:45.41	296	2:30.00	82%
FO	, 2005 (19),	40	22.00	F00	20.00	-
50m 100m		13. 14.	32.06 1:13.43	530 464	30.00 1:06.50	88% 82%
200m		15.	2:53.65	377	2:30.00	75%
	, 2005 (19),					-
800m		4	4.00.00	-	10:05.00	-
100m 200m		4.	1:08.36	589 -	1:07.50 2:20.00	97% -
200111	, 2006 (18),			-	2.20.00	- -
200m	, 2000 (10),	6.	2:03.32	565	2:00.00	95%
400m		5.	4:21.06	599	4:13.00	94%
800m	2005 (40			-	8:40.00	-
200m	, 2005 (19),	4.	2:13.01	610	2:08.00	93%
400m		4. 3.	4:40.88	588	4:37.00	93% 97%
100m				-	1:05.50	
	, 2003 (21),					1
50m		16.	25.44	555 577	24.00	89%
100m 50m		13. 17.	56.26 27.44	577 534	54.00 57.00	92% 432%
30111		17.	41. 74	JJ4	37.00	10 2/0

F0	, 2004 (20),	4	20.40	500	25.00	0.407
50m 100m		4. 4.	36.19 1:21.72	523 483	35.00 1:18.00	94% 91%
200m		5.	3:00.99	438	2:58.00	97%
	, 2005 (19),					-
200m		4.	2:26.55	426 485	2:20.00	91%
200m 400m		10.	2:25.04	485 -	2:23.00 4:55.00	97% -
	, 2003 (21),					-
400m		8.	5:15.28	416	4:50.00	85%
200m 400m		5.	2:41.21	478 -	2:40.00 5:30.00	99%
400111	, 2005 (19),				0.00.00	1
50m	,,	2.	27.06	664	26.03	93%
50m		3.	31.77	604	30.30	91%
50m		1.	29.08	592	29.40	102%
						3
	, 2005 (19),					-
50m	, , , , , , , , , , , , , , , , , , , ,	21.	47.17	236	41.00	76%
100m 200m		16. 15.	1:44.82 3:53.63	229 204	1:34.00 3:25.00	80% 77%
200111	, 2002 (22),	13.	3.33.03	204	3.23.00	-
100m	, ();	13.	1:09.21	417	1:05.00	88%
50m	0000 (01	13.	32.89	409	31.00	89%
50	, 2003 (21),	0.5	00.74	070	00.00	-
50m 100m		35. 28.	39.71 1:29.07	279 260	39.00 1:27.00	96% 95%
	, 2004 (20),					-
50m	, , ,	11.	30.48	464	29.50	94%
50m 100m		17.	33.42	390	33.00 1:10.00	98%
100111	, 2005 (19),			-	1.10.00	1
50m	,,	22.	40.63	288	41.00	102%
200m		14.	3:24.68	233	NT	-
400m	, 2003 (21),			-	NT	-
50m	, 2003 (21),	11.	39.18	412	37.00	89%
100m		10.	1:29.88	363	1:23.00	85%
	, 2003 (21),					1
50m 100m		10. 8.	30.38 1:07.44	469 450	30.00 1:09.00	98% 105%
200m		10.	2:36.69	373	2:34.00	97%
	, 2003 (21),					1
50m 100m		15. 9.	36.44 1:19.76	400 371	37.00 1:19.00	103% 98%
200m		9.	1.19.76	-	2:51.00	90%
						_
						5
	, 2002 (22),					3
50m 100m		39. 39.	28.58 1:06.51	391 349	31.00 1:11.00	118% 114%
50m		40.	32.40	324	34.00	110%
	, 2005 (19),					-
100m		35.	1:04.81	377	1:03.00	94%
200m 100m		23.	2:39.22	262	2:13.00 1:08.00	70%
	, 2004 (20),					-
100m	•	10.	1:11.58	501	1:08.00	90%
200m 200m		5. 15.	2:38.95 2:28.15	491 455	2:29.00 2:18.00	88% 87%
200.11	, 2005 (19),					-
50m		33.	39.56	282	35.00	78%
	, 2005 (19),	. =				1
100m 100m		15. 7.	1:10.48 1:17.86	394 399	1:11.00 1:14.00	101% 90%
200m			1.17.00	-	2:36.00	-
	, 2005 (19),					1
50m		44. 44	31.83	283	32.00	101%
100m		44.	1:17.43	221	1:09.00	79%
						3
	- , 2004 (20),				2
100m	•	20.	58.73	507	59.00	101%
50m 100m		12. 18.	32.01 1:17.39	532 397	32.50 1:07.00	103% 75%
						,.

50m	, 2003 (21),	42.	29.92	341	27.00	- 81%
100m		36.	1:04.88	376	1:02.50	93%
	, 2004 (20),					-
50m		31.	27.28	450	27.00	98%
100m 50m		24. 31.	1:01.34 37.18	445 340	1:00.00 34.00	96% 84%
	, 2002 (22),					1
50m		17.	29.33	517	30.00	105%
100m 200m		12.	1:04.00	524 -	1:04.00 2:14.00	100% -
200111					2.11.00	
						-
	, 2003 (21),					-
50m 100m		20. 19.	32.38 1:12.69	387 359	30.57 1:07.00	89% 85%
200m		14.	2:49.13	297	2:25.00	74%
	, 2002 (22),					-
50m		4.	27.26	644	26.30	93%
100m 100m		8.	1:00.87	609	56.50 55.70	86% -
	, 2005 (19),					-
100m		25.	1:20.92	260	1:03.00	61%
200m 200m		13.	3:20.54	- 248	2:35.00 2:45.00	68%
200111	, 2005 (19),	10.	0.20.01	210	2.10.00	-
50m		2.	33.65	650	32.60	94%
100m 200m		2. 2.	1:17.00 2:49.77	577 531	1:11.00 2:38.00	85% 87%
200111	, 2005 (19),	۷.	2.49.77	331	2.36.00	6/ %
50m	,,	11.	28.36	572	26.50	87%
100m		15.	1:04.41	514 -	56.10 2:07.00	76%
200m	, 2005 (19),			-	2.07.00	-
50m	, 2000 (10),	5.	33.21	529	31.20	88%
50m		9.	31.68	458	31.00	96%
100m	, 2002 (22),			-	1:12.00	-
100m	, 2002 (22),			-	59.00	-
200m		5.	2:27.60	417	2:12.00	80%
200m	, 2004 (20),	14.	2:28.07	456	2:14.00	82%
50m	, 2004 (20),	11.	31.95	535	30.60	92%
100m		7.	1:10.64	522	1:05.70	87%
200m	, 2004 (20),	4.	2:38.16	499	2:21.00	79%
50m	, 2004 (20),	16.	37.72	361	34.12	82%
100m		12.	1:25.91	297	1:19.00	85%
100m	, 2004 (20),	13.	1:35.83	299	1:27.00	82%
50m	, 2004 (20),	7.	24.58	615	23.10	- 88%
100m		7.	53.53	670	51.00	91%
50m		8.	25.64	655	24.70	93%
						3
	, 2006 (18),					-
200m		19.	2:33.13	295	2:10.00	72%
100m 200m		DNF		-	1:05.50 2:35.00	-
200111	, 2003 (21),	DIVI			2.55.55	-
50m	,	14.	25.35	561	24.90	96%
50m		13. 16.	28.56	560 507	27.30	91% 87%
100m	, 2006 (18),	10.	1:04.68	307	1:00.40	51 76 -
100m	, (- ,,	33.	1:03.24	406	59.00	87%
50m 100m		20. 20.	33.84 1:18.18	450 385	32.50 1:14.00	92% 90%
100111	, 2005 (19),	20.	1.10.10	303	1.17.00	3
100m	,	15.	57.24	548	58.60	105%
50m		5.	30.33	626 570	30.50	101%
100m		5.	1:08.57	570	1:10.20	105%
						4
	, 2003 (21),					2
50m		12.	28.54	561	29.00	103%
100m		14.	1:04.38	514	1:05.00	102%

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, 16. - 18.5.2024

200m				-	2:25.00	-	
	, 2005 (19),						-
50m	, , , , , , , , , , , , , , , , , , , ,	45.	32.46	267	28.60	78%	
100m		45.	1:17.61	220	1:11.00	84%	
200m		26.	3:13.55	146	2:30.00	60%	
	, 2006 (18),						-
50m		25.	35.75	382	32.00	80%	
100m		23.	1:20.62	351	1:11.00	78%	
50m		32.	30.59	385	29.00	90%	
	, 2005 (19),						-
200m	, , , , , , , , , , , , , , , , , , , ,	3.	2:33.13	550	2:32.00	99%	
200m		5.	2:16.07	588	2:15.00	98%	
400m				-	4:40.00	-	
	, 2004 (20),						1
100m		16.	1:13.95	455	1:15.00	103%	
200m		11.	2:48.28	414	2:40.00	90%	
200m		18.	2:34.66	400	2:20.00	82%	
	, 2006 (18),						-
200m		7.	2:04.88	544	2:00.00	92%	
800m				-	9:40.00	-	
200m		13.	2:46.59	290	2:20.00	71%	
	, 2006 (18),						1
50m		11.	25.15	574	26.00	107%	
100m		19.	58.10	524	57.00	96%	
50m		31.	30.21	400	28.00	86%	