

, 18. - 20.6.2025

38			, 400m							2010	
20.06.2025 - 11:09											
: 3:59.00 /			: 4:15.50 / 1		: 4:35.50 / 2		: 5:11.50				
: AQUA 2024											
			/						R.T.		
			10	5		4:47.01		404	+1,07 2		
50m:	31.16	31.16	150m:	1:42.05	36.41	250m:	2:56.39	36.81	350m:	4:10.39	37.28
100m:	1:05.64	34.48	200m:	2:19.58	37.53	300m:	3:33.11	36.72	400m:	4:47.01	36.62
			12	6		4:49.02		396	+0,82 2		
50m:	32.22	32.22	150m:	1:45.25	37.05	250m:	2:59.33	37.22	350m:	4:13.40	36.83
100m:	1:08.20	35.98	200m:	2:22.11	36.86	300m:	3:36.57	37.24	400m:	4:49.02	35.62
			10			4:50.28		390	+0,91 2		
50m:	32.74	32.74	150m:	1:44.50	35.92	250m:			350m:	3:37.54	
100m:	1:08.58	35.84	200m:	2:22.14	37.64	300m:			400m:	4:50.28	1:12.74
			10	6		4:58.28		360	+1,01 2		
50m:	36.09	36.09	150m:	1:51.38	37.57	250m:	3:08.02	38.46	350m:	4:23.10	36.97
100m:	1:13.81	37.72	200m:	2:29.56	38.18	300m:	3:46.13	38.11	400m:	4:58.28	35.18
			10	"		-2011"		4:58.66	358	+0,92 2	
50m:	32.49	32.49	150m:	1:48.24	38.32	250m:	3:05.38	38.66	350m:	4:22.37	38.42
100m:	1:09.92	37.43	200m:	2:26.72	38.48	300m:	3:43.95	38.57	400m:	4:58.66	36.29
			11			4:59.64		355	+0,93 2		
50m:	32.73	32.73	150m:	1:49.98	39.06	250m:	3:07.36	38.33	350m:	4:24.23	37.72
100m:	1:10.92	38.19	200m:	2:29.03	39.05	300m:	3:46.51	39.15	400m:	4:59.64	35.41
			13			4:59.91		354	2		
50m:	33.66	33.66	150m:	1:49.18	38.11	250m:	3:06.89	39.00	350m:	4:24.09	37.97
100m:	1:11.07	37.41	200m:	2:27.89	38.71	300m:	3:46.12	39.23	400m:	4:59.91	35.82
			13	7		5:01.42		349	+0,92 2		
50m:	35.41	35.41	150m:	1:51.82	38.21	250m:	3:09.21	38.42	350m:	4:25.22	37.37
100m:	1:13.61	38.20	200m:	2:30.79	38.97	300m:	3:47.85	38.64	400m:	5:01.42	36.20
			11	"		"		5:02.95	343	+0,88 2	
50m:	34.11	34.11	150m:	1:50.11	38.48	250m:	3:08.25	39.30	350m:	4:25.25	38.09
100m:	1:11.63	37.52	200m:	2:28.95	38.84	300m:	3:47.16	38.91	400m:	5:02.95	37.70
			10			5:04.81		337	+0,91 2		
50m:	34.28	34.28	150m:	1:51.98	39.66	250m:	3:09.66	38.71	350m:	4:27.09	38.01
100m:	1:12.32	38.04	200m:	2:30.95	38.97	300m:	3:49.08	39.42	400m:	5:04.81	37.72
			10	"		"		5:05.08	336	+0,88 2	
50m:	33.17	33.17	150m:	1:49.20	38.25	250m:	3:07.84	39.50	350m:	4:25.99	39.06
100m:	1:10.95	37.78	200m:	2:28.34	39.14	300m:	3:46.93	39.09	400m:	5:05.08	39.09
			11	"		"		5:06.07	333	+0,95 2	
50m:	33.25	33.25	150m:	1:49.47	38.11	250m:	3:06.50	38.20	350m:	4:25.92	39.29
100m:	1:11.36	38.11	200m:	2:28.30	38.83	300m:	3:46.63	40.13	400m:	5:06.07	40.15
			10	"		"		5:07.81	327	+0,80 2	
50m:	33.89	33.89	150m:			250m:			350m:	3:08.44	
100m:			200m:	1:50.53		300m:			400m:	5:07.81	1:59.37
			11	"		"		5:09.20	323	+0,90 2	
50m:	33.48	33.48	150m:	1:51.80	40.10	250m:	3:11.76	40.10	350m:	4:31.10	39.62
100m:	1:11.70	38.22	200m:	2:31.66	39.86	300m:	3:51.48	39.72	400m:	5:09.20	38.10
			11			5:15.06		305	+0,86		
50m:	34.30	34.30	150m:	1:53.04	40.41	250m:	3:14.44	40.78	350m:	4:35.70	40.65
100m:	1:12.63	38.33	200m:	2:33.66	40.62	300m:	3:55.05	40.61	400m:	5:15.06	39.36
DSQ			11	"		-2011"		5:19.70	+1,13		
50m:	36.05	36.05	150m:	1:56.76	41.11	250m:	3:17.86	40.49	350m:	4:39.71	41.18
100m:	1:15.65	39.60	200m:	2:37.37	40.61	300m:	3:58.53	40.67	400m:	5:19.70	39.99
DNS			10	"		"					