

, 18. - 20.6.2025

24				, 400m				2010							
19.06.2025 - 17:47															
: 4:31.00 /				: 4:49.50 / 1				: 5:08.00 / 2				: 5:49.50			
: AQUA 2024															
				/								R.T.			
1.				10						4:42.13			576	+0,65	
	50m:	27.84	27.84	150m:	1:37.59	36.72	250m:	2:53.80	40.21	350m:	4:08.79	33.55			
	100m:	1:00.87	33.03	200m:	2:13.59	36.00	300m:	3:35.24	41.44	400m:	4:42.13	33.34			
2.				10						4:44.22			563	+0,91	
	50m:	30.27	30.27	150m:	1:42.13	36.64	250m:	2:59.65	41.56	350m:	4:13.40	32.03			
	100m:	1:05.49	35.22	200m:	2:18.09	35.96	300m:	3:41.37	41.72	400m:	4:44.22	30.82			
3.				10						4:47.09			547	+0,79	
	50m:	29.54	29.54	150m:	1:41.14	37.47	250m:	2:58.44	40.81	350m:	4:14.05	33.74			
	100m:	1:03.67	34.13	200m:	2:17.63	36.49	300m:	3:40.31	41.87	400m:	4:47.09	33.04			
4.				10						4:51.16			524	+0,90 1	
	50m:	30.61	30.61	150m:	1:45.41	39.55	250m:	3:01.72	38.89	350m:	4:18.13	35.53			
	100m:	1:05.86	35.25	200m:	2:22.83	37.42	300m:	3:42.60	40.88	400m:	4:51.16	33.03			
5.				10						5:03.60			462	+0,70 1	
	50m:	30.73	30.73	150m:	1:46.73	41.73	250m:	3:04.61	39.19	350m:	4:31.20	44.29			
	100m:	1:05.00	34.27	200m:	2:25.42	38.69	300m:	3:46.91	42.30	400m:	5:03.60	32.40			
6.				10			"			5:04.61			458	+0,89 1	
	50m:	30.26	30.26	150m:	1:47.82	40.18	250m:	3:09.84	44.04	350m:	4:30.23	36.14			
	100m:	1:07.64	37.38	200m:	2:25.80	37.98	300m:	3:54.09	44.25	400m:	5:04.61	34.38			
7.				11			5			5:05.99			451	+1,00 1	
	50m:	31.90	31.90	150m:	1:49.79	39.57	250m:	3:13.65	45.74	350m:	4:33.63	34.40			
	100m:	1:10.22	38.32	200m:	2:27.91	38.12	300m:	3:59.23	45.58	400m:	5:05.99	32.36			
8.				10			"			5:08.82			439	+0,89 2	
	50m:	31.41	31.41	150m:	1:48.06	39.48	250m:	3:11.50	45.64	350m:	4:32.36	35.33			
	100m:	1:08.58	37.17	200m:	2:25.86	37.80	300m:	3:57.03	45.53	400m:	5:08.82	36.46			