

					29	42
C	2					
	16.	, 50m	2010		12	30.58
	15.	, 50m	2011		11	34.81
	11.	, 100m	2011		12	1:09.74
	25.	, 4 x 50m	2011			1:51.24
	13.	, 4 x 50m	2011	1		2:01.17
	3.	, 100m	2011		11	59.56
	19.	, 200m	2011		12	2:10.57
	9.	, 800m	2011		12	9:31.39
	21.	, 200m	2011		12	2:18.47
	28.	, 50m	2010		10	22.63
	4.	, 100m	2010		10	51.26
	20.	, 200m	2010		10	1:53.31
	10.	, 800m	2010		10	8:35.59
	18.	, 100m	2010		10	56.56
	8.	, 200m	2010		10	2:12.03
	24.	, 400m	2010		10	4:42.13
	26.	, 4 x 50m	2010			1:35.21
	14.	, 4 x 50m	2010	1		1:46.37
	3.	, 100m	2011		11	59.12
	1.	, 50m	2011		11	29.90
	5.	, 200m	2011		11	2:36.75
	29.	, 50m	2011		11	28.88
	23.	, 400m	2011		11	4:56.80
	25.	, 4 x 50m	2011			1:49.04
	13.	, 4 x 50m	2011	1		2:00.79
	4.	, 100m	2010		10	52.49
	20.	, 200m	2010		10	1:54.30
	10.	, 800m	2010		10	8:39.28
	6.	, 200m	2010		10	2:23.85
	12.	, 100m	2010		11	1:01.38
	27.	, 50m	2011		11	27.34
	19.	, 200m	2011		11	2:08.58
	9.	, 800m	2011		11	9:27.84
	1.	, 50m	2011		11	30.37
	18.	, 100m	2010		10	58.50
	12.	, 100m	2010		10	1:01.65
	29.	, 50m	2011		11	29.13
	17.	, 100m	2011		11	1:05.99
	11.	, 100m	2011		12	1:09.77
	28.	, 50m	2010		10	24.63
	20.	, 200m	2010		10	1:58.86
	2					
	16.	, 50m	2010		10	29.20
	6.	, 200m	2010		10	2:16.95

"	"								
12.	, 100m	2010						10	59.50
19.	, 200m	2011						11	2:07.81
9.	, 800m	2011						11	9:20.15
22.	, 200m	2010						10	2:06.86
21.	, 200m	2011						11	2:16.39
1.	, 50m	2011						11	30.55
2.	, 50m	2010						10	26.50
18.	, 100m	2010						10	56.93
22.	, 200m	2010						10	2:07.61
"	-2011"								
21.	, 200m	2011						12	2:14.37
7.	, 200m	2011						11	2:30.82
7.	, 200m	2011						11	2:31.73
25.	, 4 x 50m	2011			"	-2011"			1:51.44
13.	, 4 x 50m	2011			"	-2011"			2:01.82
8.	, 200m	2010						10	2:15.71
24.	, 400m	2010						10	4:44.22
24.	, 400m	2010						10	4:47.09
"	" -								
7.	, 200m	2011						12	2:24.15
23.	, 400m	2011						12	5:15.39
15.	, 50m	2011						11	34.84
5.	, 200m	2011						11	2:43.25
"	"								
16.	, 50m	2010						10	30.55
8.	, 200m	2010						11	2:17.52
"	"								
17.	, 100m	2011						11	1:04.51
11.	, 100m	2011						11	1:06.40
26.	, 4 x 50m	2010			"	"			1:39.69
14.	, 4 x 50m	2010			"	"	1		1:50.99
29.	, 50m	2011						11	29.00
6.	, 200m	2010						10	2:24.71
22.	, 200m	2010						11	2:02.95
2.	, 50m	2010						11	27.08
27.	, 50m	2011						11	27.26
3.	, 100m	2011						11	59.54
1									
15.	, 50m	2011						11	33.53
5.	, 200m	2011						11	2:38.95

4					
28.	, 50m	2010		10	24.28
17.	, 100m	2011		11	1:05.54
4.	, 100m	2010		10	53.16
10.	, 800m	2010		11	8:54.54
26.	, 4 x 50m	2010	4		1:40.92
14.	, 4 x 50m	2010	4	1	1:51.82
5					
23.	, 400m	2011		11	5:19.36
8					
27.	, 50m	2011		12	27.78
2.	, 50m	2010		10	26.87