38	, 400m	2010

20.06.2025 - 11:09

: 3:59.00 /   : 4:15.50 / 1   : 4:35.50 / 2   : 5:11.50

: AQUA 2024

		/						R.T.

		10		"	"		**5:05.08**	336	+0,88 2

| | 50m: | 33.17 | 33.17 | 150m: | 1:49.20 | 38.25 | 250m: | 3:07.84 | 39.50 | 350m: | 4:25.99 | 39.06 |
| | 100m: | 1:10.95 | 37.78 | 200m: | 2:28.34 | 39.14 | 300m: | 3:46.93 | 39.09 | 400m: | 5:05.08 | 39.09 |

| | | 11 | | " | " | | **5:06.07** | 333 | +0,95 2 |

| | 50m: | 33.25 | 33.25 | 150m: | 1:49.47 | 38.11 | 250m: | 3:06.50 | 38.20 | 350m: | 4:25.92 | 39.29 |
| | 100m: | 1:11.36 | 38.11 | 200m: | 2:28.30 | 38.83 | 300m: | 3:46.63 | 40.13 | 400m: | 5:06.07 | 40.15 |

| | | 10 | | " | " | | **5:07.81** | 327 | +0,80 2 |

| | 50m: | 33.89 | 33.89 | 150m: | | | 250m: | | | 350m: | 3:08.44 | |
| | 100m: | | | 200m: | 1:50.53 | | 300m: | | | 400m: | 5:07.81 | 1:59.37 |

| | | 11 | | " | " | | **5:09.20** | 323 | +0,90 2 |

| | 50m: | 33.48 | 33.48 | 150m: | 1:51.80 | 40.10 | 250m: | 3:11.76 | 40.10 | 350m: | 4:31.10 | 39.62 |
| | 100m: | 1:11.70 | 38.22 | 200m: | 2:31.66 | 39.86 | 300m: | 3:51.48 | 39.72 | 400m: | 5:09.20 | 38.10 |

| | | 11 | | | | | **5:15.06** | 305 | +0,86 |

| | 50m: | 34.30 | 34.30 | 150m: | 1:53.04 | 40.41 | 250m: | 3:14.44 | 40.78 | 350m: | 4:35.70 | 40.65 |
| | 100m: | 1:12.63 | 38.33 | 200m: | 2:33.66 | 40.62 | 300m: | 3:55.05 | 40.61 | 400m: | 5:15.06 | 39.36 |

| DSQ | | 11 | | " | -2011" | | **5:19.70** | | +1,13 |

| | 50m: | 36.05 | 36.05 | 150m: | 1:56.76 | 41.11 | 250m: | 3:17.86 | 40.49 | 350m: | 4:39.71 | 41.18 |
| | 100m: | 1:15.65 | 39.60 | 200m: | 2:37.37 | 40.61 | 300m: | 3:58.53 | 40.67 | 400m: | 5:19.70 | 39.99 |

| DNS | | 10 | | " | " | | | | |