10 3.06.2025 - 17:52 : 8:17.00 /						, 800m		2010				
				. 0.02 50	\	. 0.22	FO / 2	: 10:33.50				
: AQUA		7.00 /		: 9:02.50	) / 1	. 9.33	.50 / 2	•	10.33.50			
				/								R.T.
1.				10						8:35.59	623	+0,81
٠.	100m:	57.86	57.86		3:05.14	1:04.57	500m:	5:17.00	1:05.99		7:29.88	1:06.67
		2:00.57	1:02.71	400m:		1:05.87	600m:		1:06.21	800m:	8:35.59	1:05.71
2.				10						8:39.28	610	+0,83
	100m:	58.24	58.24	300m:	3:07.55	1:05.64	500m:		1:06.02	700m:	7:32.59	1:07.49
	200m:	2:01.91	1:03.67	400m:	4:12.96	1:05.41	600m:	6:25.10	1:06.12	800m:	8:39.28	1:06.69
3.				11		4	1			8:54.54	559	+0,86
	100m:	1:00.92	1:00.92		3:16.58	1:08.37	500m:		1:08.60		7:51.18	1:08.17
	200m:	2:08.21	1:07.29		4:25.19	1:08.61	600m:	6:43.01	1:09.22		8:54.54	1:03.36
4.				10		6				8:56.38	553	+0,97
		1:02.97 2:10.25	1:02.97 1:07.28	300m: 400m:	3:19.77 4:28.88	1:09.52 1:09.11	500m: 600m:	5:36.88 6:44.56	1:08.00 1:07.68		7:52.13 8:56.38	1:07.57 1:04.25
	200111.	2.10.25	1.07.20		4.20.00			0.44.30	1.07.00			
5.	400	50.50	50.50	11	2.45.05	1.00.04	II	5.04.00	1.00.01	8:59.90	542	+0,82
	100m: 200m:	59.58 2:07.61	59.58 1:08.03		3:15.85 4:24.99	1:08.24 1:09.14	500m: 600m:	5:34.00 6:43.55	1:09.01 1:09.55		7:52.93 8:59.90	1:09.38 1:06.97
c	200			10		"	"	00.00		9:00.04		
6.	100m:	1:00.30	1:00.30		3:15.21	1:08.49	500m:	5:32.80	1:08.97		542 7:51.78	+0,84 1:09.88
		2:06.72			4:23.83	1:08.62	600m:		1:09.10		9:00.04	1:08.26
7.				10						9:03.50	532	+0,79 1
٧.	100m:	1:00.76	1:00.76		3:18.58	1:08.77	500m:	5:36.51	1:09.26		7:56.82	1:10.19
		2:09.81	1:09.05		4:27.25	1:08.67	600m:	6:46.63	1:10.12		9:03.50	1:06.68
8.				10						9:17.47	493	+0,77 1
٥.	100m:	1:02.36	1:02.36		3:21.91	1:10.26	500m:	5:45.00	1:11.97		8:08.13	1:11.07
	200m:	2:11.65	1:09.29	400m:	4:33.03	1:11.12	600m:	6:57.06	1:12.06	800m:	9:17.47	1:09.34
9.				11		5	5			9:19.75	487	+1,01 1
		1:05.82	1:05.82		3:27.92	1:10.86	500m:		1:10.65		8:11.79	1:11.11
	200m:	2:17.06	1:11.24	400m:	4:39.03	1:11.11	600m:	7:00.68	1:11.00	800m:	9:19.75	1:07.96
10.				10						9:22.22	480	+0,85 1
	100m:	1:04.54 2:14.52	1:04.54		3:25.85 4:37.29	1:11.33 1:11.44	500m:	5:48.22 6:59.87	1:10.93 1:11.65		8:12.02 9:22.22	1:12.15 1:10.20
	200111.	2.14.32	1.09.90		4.37.29	1.11.44	000111.	0.59.67	1.11.03			
11.	400	4.04.00	4.04.00	11	0.00.74	4 44 00	500	F F0 77	4 40 45	9:23.76		+0,89 1
		1:04.29 2:15.42			3:26.71 4:38.32	1:11.29 1:11.61	500m: 600m:	5:50.77 7:02.58	1:12.45 1:11.81		8:15.16 9:23.76	1:12.58 1:08.60
40	200111.	2.10.12				"	"	7.02.00				
12.	100m:	1:03.37	1.02.27	10	3:26.01	" 1:11.70	500m:	5:52.11	1:12.97	9:30.19	460 8:19.52	+0,91 1 1:12.88
		2:14.31			4:39.14	1:13.13	600m:		1:14.53		9:30.19	1:12.66
13.										9:30.22	460	
13.	100m·	1:06.22	1:06.22	11 300m	3:30.88	1.13.41	500m:	5:56.59	1:13.40		460 8:22.19	+0,78 1 1:13.00
		2:17.47			4:43.19			7:09.19	1:12.60		9:30.22	1:08.03
14.				10						9:30.49	460	+0,87 1
ı <del>-</del>	100m:	1:06.68	1:06.68		3:31.08	1:12.84	500m:	5:56.29	1:13.04			•
		2:18.24			4:43.25	1:12.17	600m:	7:09.16	1:12.87		9:30.49	1:08.37
15.				10						9:37.24	444	+0,84 2
		1:05.58		300m:	3:30.92		500m:		1:14.17	700m:	8:26.60	1:14.52
	200m:	2:17.72	1:12.14	400m:	4:43.85	1:12.93	600m:	7:12.08	1:14.06	800m:	9:37.24	1:10.64
16.				10		8	3			9:38.81	440	+0,75 2
		1:06.00			3:31.58	1:13.36	500m:		1:14.04	700m:	8:27.81	1:13.89
	200m:	2:18.22	1:12.22	400m:	4:45.79	1:14.21	600m:	7:13.92	1:14.09	800m:	9:38.81	1:11.00
17.				10						9:39.60	438	+0,73 2
		1:08.78			3:35.53		500m:		1:12.45			1:13.06
	200m:	2:22.25	1:13.47	400m:	4:48.71	1:13.18	600m:	7:14.87	1:13.71	800m:	9:39.60	1:11.67

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						, 10.	20.0.20	J25				
	10,		, 800m			, 2010						
				/								R.T.
18.				10	"	"				9:41.35	434	+0,91 2
	100m:	1:06.83	1:06.83		3:35.29	1:14.41	500m:	6:04.67	1:15.28			1:13.22
	200m:	2:20.88	1:14.05	400m:	4:49.39	1:14.10	600m:	7:18.66	1:13.99	800m:	9:41.35	1:09.47
19.				10		"	"			9:41.70	434	+0,79 2
	100m:	1:06.81	1:06.81		3:34.25	1:13.24	500m:	6:02.96	1:14.44	700m:		1:14.26
	200m:	2:21.01	1:14.20	400m:	4:48.52	1:14.27	600m:	7:16.49	1:13.53	800m:	9:41.70	1:10.95
20.				10		II.	"			9:44.24	428	+0,84 2
	100m:	1:06.83	1:06.83		3:32.15	1:13.16	500m:	6:01.01	1:15.11			1:16.75
	200m:		1:12.16	400m:	4:45.90	1:13.75	600m:		1:13.79		9:44.24	1:12.69
21.				11						9:45.13	426	+0,91 2
	100m:	1:07.80	1:07.80		3:34.92	1:13.81	500m:	6:04.08	1:15.03		8:32.57	1:14.09
	200m:	2:21.11	1:13.31	400m:	4:49.05	1:14.13	600m:	7:18.48	1:14.40	800m:	9:45.13	1:12.56
22.				11		"	"			9:47.99	420	+0,82 2
	100m:	1:07.60	1:07.60	300m:	3:36.42	1:14.51	500m:	6:06.34	1:15.17		8:36.29	1:15.22
	200m:	2:21.91	1:14.31	400m:	4:51.17	1:14.75	600m:	7:21.07	1:14.73	800m:	9:47.99	1:11.70
23.				10						9:49.32	417	+0,87 2
	100m:	1:07.57	1:07.57		3:36.36	1:13.92	500m:	6:05.18	1:14.82			
	200m:	2:22.44	1:14.87	400m:	4:50.36	1:14.00	600m:	7:20.69	1:15.51	800m:	9:49.32	1:13.04
24.				12						9:52.62	410	+0,90 2
	100m:	1:07.83	1:07.83		3:36.01	1:14.43	500m:	6:07.04	1:16.98		8:32.33	
	200m:	2:21.58	1:13.75	400m:	4:50.06	1:14.05	600m:	7:17.86	1:10.82	800m:	9:52.62	1:20.29
25.				10						9:52.96	409	+1,00 2
	100m:	1:04.70	1:04.70		3:35.81	1:16.07	500m:	6:08.87	1:16.29			1:16.19
	200m:	2:19.74	1:15.04	400m:	4:52.58	1:16.77			1:16.54		9:52.96	1:11.36
26.				10		5	;		1	10:02.12	391	+0,97 2
_0.	100m:	1:08.12	1:08.12		3:40.50	1:16.43		6:14.43		700m:	8:49.13	1:16.72
	200m:	2:24.07	1:15.95	400m:	4:57.76	1:17.26	600m:	7:32.41	1:17.98	800m:	10:02.12	1:12.99
27.				11		II.	ıı ı		1	10:09.33	377	+0,99 2
	100m:	1:11.05	1:11.05		3:46.47	1:17.53	500m:	6:22.57			8:57.56	
	200m:	2:28.94	1:17.89	400m:	5:04.86	1:18.39	600m:	7:41.28	1:18.71	800m:	10:09.33	1:11.77
28.				11					1	10:09.48	377	+0,95 2
	100m:	1:11.94	1:11.94		3:48.02	1:17.54	500m:	6:24.16			8:57.78	
	200m:	2:30.48	1:18.54	400m:	5:07.09	1:19.07	600m:	7:42.55	1:18.39	800m:	10:09.48	1:11.70
29.				10			II .	-20°	11" 1	10:13.16	370	+0,99 2
		1:09.47	1:09.47		3:44.35	1:18.71	500m:		1:17.81		8:57.47	
	200m:	2:25.64	1:16.17	400m:	5:02.67	1:18.32	600m:	7:39.89	1:19.41	800m:	10:13.16	1:15.69
30.				10		II .	II.		1	10:18.08	361	+0,93 2
		1:14.08			3:53.23			6:28.95			9:05.39	
	200m:	2:34.05	1:19.97	400m:	5:11.22	1:17.99	600m:	7:47.06	1:18.11	800m:	10:18.08	1:12.69
31.				13					1	10:26.30	347	+0,80 2
		1:11.32				1:19.91		6:29.18			9:10.01	1:20.42
	200m:	2:30.22	1:18.90	400m:	5:10.02	1:19.89	600m:	7:49.59	1:20.41	800m:	10:26.30	1:16.29
32.				13		7	•		1	10:30.33	341	+0,96 2
		1:13.76			3:55.13	1:20.57		6:35.82			9:15.21	1:19.43
	200m:	2:34.56	1:20.80	400m:	5:15.33	1:20.20	600m:	7:55.78	1:19.96	800m:	10:30.33	1:15.12
33.				11			"	-20°	11" 1	10:44.37	319	+1,08
			1:15.81		3:56.10		500m:		1:21.36			1:21.73
	200m:	2:35.32	1:19.51	400m:	5:17.73	1:21.63	600m:	8:01.87	1:22.78	800m:	10:44.37	1:20.77
34.				11					1	10:51.06	309	+0,86
		1:13.79				1:22.02		6:41.90			9:30.12	
	200m:	2:34.31	1:20.52	400m:	5:19.19	1:22.86	600m:	8:06.04	1:24.14	800m:	10:51.06	1:20.94
35.				10		"	"			10:51.55	308	+0,77
		1:14.02			3:56.94		500m:		1:23.77		9:31.17	
	200m:	2:35.83	1:21.81	400m:	5:19.99	1:23.05	600m:	8:06.34	1:22.58	800m:	10:51.55	1:20.38

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	10,		. 800m			. 2010						
	,		,	/		,					R.T.	
DSQ				12		II.	"	-	9:28.66		+0,69 1	
	100m: 200m:	1:06.46 2:18.46	1:06.46 1:12.00		3:30.99 4:43.76	1:12.53 1:12.77				8:20.27 9:28.66	1:11.79 1:08.39	