10 , 800m 2010

18.06.2025 - 17:52	18	.06.	2025	- 17:5	52
--------------------	----	------	------	--------	----

: 8:17.00 /	: 9:02.50 / 1	: 9:33.50 / 2	: 10:33.50		
: AQUA 2024					
	/ 10			:03.50 532	R.T. +0,79 1
100m: 1:00.76 1:00.76 200m: 2:09.81 1:09.05	300m: 3:18.58 400m: 4:27.25	1:08.77 500m: 1:08.67 600m:	5:36.51 1:09.26 6:46.63 1:10.12	700m: 7:56.82 800m: 9:03.50	1:10.19 1:06.68
100m: 1:05.82 1:05.82 200m: 2:17.06 1:11.24	11 300m: 3:27.92 400m: 4:39.03			19.75 487 700m: 8:11.79 800m: 9:19.75	+1,01 1 1:11.11 1:07.96
100m: 1:04.29 1:04.29 200m: 2:15.42 1:11.13	11 300m: 3:26.71 400m: 4:38.32			23.76 476 700m: 8:15.16 800m: 9:23.76	+0,89 1 1:12.58 1:08.60
100m: 1:03.37 1:03.37 200m: 2:14.31 1:10.94	10 300m: 3:26.01 400m: 4:39.14		5:52.11 1:12.97	700m: 8:19.52 800m: 9:30.19	+0,91 1 1:12.88 1:10.67
100m: 1:06.22 1:06.22 200m: 2:17.47 1:11.25	11 300m: 3:30.88 400m: 4:43.19			30.22 460 700m: 8:22.19 800m: 9:30.22	+0,78 1 1:13.00 1:08.03
100m: 1:06.68 1:06.68 200m: 2:18.24 1:11.56	10 300m: 3:31.08 400m: 4:43.25		5:56.29 1:13.04	30.49 460 700m: 8:22.12 800m: 9:30.49	+0,87 1 1:12.96 1:08.37
100m: 1:05.58 1:05.58 200m: 2:17.72 1:12.14	10 300m: 3:30.92 400m: 4:43.85			700m: 8:26.60 800m: 9:37.24	+0,84 2 1:14.52 1:10.64
100m: 1:06.00 1:06.00 200m: 2:18.22 1:12.22	10 300m: 3:31.58 400m: 4:45.79		5:59.83 1:14.04	38.81 440 700m: 8:27.81 800m: 9:38.81	+0,75 2 1:13.89 1:11.00
100m: 1:08.78 1:08.78 200m: 2:22.25 1:13.47	10 300m: 3:35.53 400m: 4:48.71		6:01.16 1:12.45	39.60 438 700m: 8:27.93 800m: 9:39.60	+0,73 2 1:13.06 1:11.67
100m: 1:06.83 1:06.83 200m: 2:20.88 1:14.05	10 " 300m: 3:35.29 400m: 4:49.39		6:04.67 1:15.28	700m: 8:31.88 800m: 9:41.35	+0,91 2 1:13.22 1:09.47
100m: 1:06.81 1:06.81 200m: 2:21.01 1:14.20	10 300m: 3:34.25 400m: 4:48.52				1:14.26
100m: 1:06.83 1:06.83 200m: 2:18.99 1:12.16	10 300m: 3:32.15 400m: 4:45.90		9: 6:01.01 1:15.11 7:14.80 1:13.79	700m: 8:31.55 800m: 9:44.24	
100m: 1:07.80 1:07.80 200m: 2:21.11 1:13.31	11 300m: 3:34.92 400m: 4:49.05			445.13 426 700m: 8:32.57 800m: 9:45.13	+0,91 2 1:14.09 1:12.56
100m: 1:07.60 1:07.60 200m: 2:21.91 1:14.31	11 300m: 3:36.42 400m: 4:51.17		6:06.34 1:15.17	47.99 420 700m: 8:36.29 800m: 9:47.99	+0,82 2 1:15.22 1:11.70
100m: 1:07.57 1:07.57 200m: 2:22.44 1:14.87	10 300m: 3:36.36 400m: 4:50.36		6:05.18 1:14.82	49.32 417 700m: 8:36.28 800m: 9:49.32	+0,87 2 1:15.59 1:13.04
100m: 1:07.83 1:07.83 200m: 2:21.58 1:13.75	12 300m: 3:36.01 400m: 4:50.06		6:07.04 1:16.98	700m: 8:32.33 800m: 9:52.62	+0,90 2 1:14.47 1:20.29
100m: 1:04.70 1:04.70 200m: 2:19.74 1:15.04	10 300m: 3:35.81 400m: 4:52.58				+1,00 2 1:16.19 1:11.36

, 18. - 20.6.2025

	10,		, 800m			, 2010						
				/								R.T.
				10		5			10):02.12	391	+0,97 2
	100m:	1:08.12	1:08.12		3:40.50			6:14.43	1:16.67	700m:	8:49.13	1:16.72
	200m:	2:24.07	1:15.95	400m:	4:57.76	1:17.26	600m:	7:32.41	1:17.98	800m:	10:02.12	1:12.99
				11		"	"		10	0:09.33	377	+0,99 2
	100m:	1:11.05	1:11.05	300m:	3:46.47	1:17.53	500m:	6:22.57	1:17.71		8:57.56	1:16.28
	200m:	2:28.94	1:17.89	400m:	5:04.86	1:18.39	600m:	7:41.28	1:18.71	800m:	10:09.33	1:11.77
				11				10:09.48			377	+0,95 2
	100m:	1:11.94	1:11.94		3:48.02	1:17.54	500m:	6:24.16	1:17.07		8:57.78	1:15.23
	200m:	2:30.48	1:18.54	400m:	5:07.09	1:19.07	600m:	7:42.55	1:18.39	800m:	10:09.48	1:11.70
				10			II .	-20°	11" 1 ():13.16	370	+0,99 2
	100m:	1:09.47	1:09.47	300m:	3:44.35	1:18.71	500m:	6:20.48	1:17.81		8:57.47	1:17.58
	200m:	2:25.64	1:16.17		5:02.67		600m:	7:39.89	1:19.41	800m:	10:13.16	1:15.69
				10		"	"		10):18.08	361	+0,93 2
	100m:	1:14.08	1:14.08	300m:	3:53.23	1:19.18	500m:	6:28.95	1:17.73	700m:	9:05.39	1:18.33
	200m:	2:34.05	1:19.97	400m:	5:11.22	1:17.99	600m:	7:47.06	1:18.11	800m:	10:18.08	1:12.69
				13					10):26.30	347	+0,80 2
	100m:	1:11.32	1:11.32	300m:	3:50.13	1:19.91	500m:		1:19.16			1:20.42
	200m:	2:30.22	1:18.90	400m:	5:10.02	1:19.89	600m:	7:49.59	1:20.41	800m:	10:26.30	1:16.29
				13		7			10	0:30.33	341	+0,96 2
	100m:	1:13.76	1:13.76	300m:	3:55.13	1:20.57	500m:	6:35.82		700m:	9:15.21	1:19.43
	200m:	2:34.56	1:20.80	400m:	5:15.33	1:20.20	600m:	7:55.78	1:19.96	800m:	10:30.33	1:15.12
				11			II .	-20 ²	11" 1 0):44.37	319	+1,08
	100m:	1:15.81	1:15.81		3:56.10	1:20.78	500m:	6:39.09	1:21.36	700m:	9:23.60	1:21.73
	200m:	2:35.32	1:19.51	400m:	5:17.73	1:21.63	600m:	8:01.87	1:22.78	800m:	10:44.37	1:20.77
				11					10):51.06	309	+0,86
	100m:	1:13.79	1:13.79	300m:	3:56.33	1:22.02	500m:	6:41.90	1:22.71	700m:	9:30.12	1:24.08
	200m:	2:34.31	1:20.52	400m:	5:19.19	1:22.86	600m:	8:06.04	1:24.14	800m:	10:51.06	1:20.94
				10		"	"		10):51.55	308	+0,77
	100m:	1:14.02	1:14.02	300m:	3:56.94	1:21.11	500m:	6:43.76	1:23.77	700m:	9:31.17	1:24.83
	200m:	2:35.83	1:21.81	400m:	5:19.99	1:23.05	600m:	8:06.34	1:22.58	800m:	10:51.55	1:20.38
DSQ				12		"	"	-	ç	9:28.66		+0,69 1
	100m:		1:06.46	300m:	3:30.99	1:12.53	500m:		1:12.74	700m:	8:20.27	,
	200m:	2:18.46	1:12.00	400m:	4:43.76	1:12.77	600m:	7:08.48	1:11.98	800m:	9:28.66	1:08.39