, 18. - 20.6.2025

38 , 400m 2010 20.06.2025 - 18:01

	: 3:59.00 /			: 4:15.50 / 1		: 4:35.50 / 2		: 5:11.50				
: AQUA	A 2024											
				/								R.T.
1.				10						4:05.04	649	+0,86
	50m: 100m:	26.38 56.64	26.38 30.26		1:27.36 1:58.79	30.72 31.43	250m: 300m:	2:30.43 3:02.16	31.64 31.73	350m: 400m:	3:33.81 4:05.04	31.65 31.23
2.				10		"	"			4:17.66	558	+0,73 1
	50m: 100m:	27.90 59.01	27.90 31.11		1:31.40 2:04.70	32.39 33.30	250m: 300m:	2:38.38 3:11.36	33.68 32.98		3:45.23 4:17.66	33.87 32.43
3.				10		8				4:18.68	552	+0,79 1
	50m: 100m:	29.99 1:02.35	29.99 32.36		1:35.25 2:08.22	32.90 32.97		2:41.45 3:14.77	33.23 33.32		3:47.96 4:18.68	33.19 30.72
4.				11		4				4:19.76	545	+0,78 1
	50m:	27.59	27.59		1:31.11	32.49		2:37.93	33.80	350m:	3:48.13	34.54
	100m:	58.62	31.03	200m:	2:04.13	33.02	300m:	3:13.59	35.66	400m:	4:19.76	31.63
5.				11		"	"			4:24.49	516	+0,79 1
	50m:	28.35	28.35		1:34.68	33.56		2:42.50	33.98		3:51.14	34.14
	100m:	1:01.12	32.77	200m:	2:08.52	33.84	300m:	3:17.00	34.50	400m:	4:24.49	33.35
6.				11		5				4:25.80	509	+0,96 1
	50m:	29.05	29.05		1:36.76	33.88		2:45.47	34.20		3:53.80	34.05
	100m:	1:02.88	33.83	200m:	2:11.27	34.51	300m:	3:19.75	34.28	400m:	4:25.80	32.00
7.				11		"	"			4:28.94	491	+0,88 1
	50m:	29.66	29.66		1:36.69	34.32	250m:	2:46.01	34.70		3:55.69	34.78
	100m:	1:02.37	32.71	200m:	2:11.31	34.62	300m:	3:20.91	34.90	400m:	4:28.94	33.25
8.				10						4:30.05	485	+0,82 1
	50m:	29.40	29.40	150m:	1:36.03	33.82	250m:	2:45.78	35.01		3:57.08	35.71
	100m:	1:02.21	32.81	200m:	2:10.77	34.74	300m:	3:21.37	35.59	400m:	4:30.05	32.97