9 , 800m 2011 18.06.2025 - 17:39

AOI 1 A	: 9:00.00 /			: 9:46.50 / 1		: 10:26.00 / 2		: 11:48.50				
HQUA 2	2024											
				/								R.T.
1.		1:04.85 2:14.35			3:25.20 4:36.35	1:10.85		5:47.52 6:58.76		9:20.15 700m: 800m:		+0,75 1:11.39 1:10.00
2.			1:04.25 1:11.14		3:27.06 4:38.81	1:11.67 1:11.75		5:51.09 7:03.41	1:12.28 1:12.32	<b>9:27.84</b> 700m: 800m:		+0,86 1:13.04 1:11.39
3.				12						9:31.39	583	+0,88
		1:06.73 2:17.10			3:30.75 4:43.55	1:13.65 1:12.80		5:56.58 7:08.73		700m: 800m:		1:13.01 1:09.65
4.		1:05.80 2:17.79			3:30.21 4:43.87			-20 <sup>-</sup> 5:57.05 7:09.95	1:13.18	<b>9:35.88</b> 700m: 800m:	569 8:23.71 9:35.88	+0,94 1:13.76 1:12.17
5.		1:07.73 2:18.86			3:31.60 4:45.15	1:12.74 1:13.55		5:57.94 7:11.63		<b>9:37.88</b> 700m: 800m:		+1,03 1:13.88 1:12.37
6.	100m:	1:08.73 2:22.07	1:08.73	11 300m:	3:35.77 4:47.22	" 1:13.70 1:11.45	" 500m:	- 6:03.92 7:19.81	1:16.70	9:48.70		+1,06 1 1:15.49 1:13.40
7.		1:10.40 2:25.85			3:41.60 4:56.72			6:11.75 7:27.80		<b>9:53.29</b> 700m: 800m:	521 8:41.69 9:53.29	
8.		1:07.25 2:20.61			3:35.90 4:51.66			6:07.70 7:23.42				+0,98 1 1:15.86 1:14.71
9.		1:08.44 2:23.77			3:40.04 4:56.03	1:16.27 1:15.99		6:12.30 7:28.10		<b>9:57.42</b> 700m: 800m:		+0,97 1 1:15.95 1:13.37
0.		1:09.58 2:24.62			3:40.71 4:56.38				1:16.15	<b>9:57.84</b> 700m: 800m:	509 8:44.08 9:57.84	+1,09 1 1:15.67 1:13.76
1.		1:10.27 2:26.75	1:10.27 1:16.48			1:16.41 1:16.48		6:17.13 7:34.22	1:17.49			1:17.04
2.		1:12.96 2:30.87			3:48.68 5:06.38	7 1:17.81 1:17.70	500m:	6:23.16 7:40.61	1:16.78	700m:	478 8:56.91 10:10.26	
3.		1:13.01 2:30.61			3:46.39 5:05.32			6:22.88 7:41.70	1:17.56	700m:	462 9:01.30 10:17.52	
4.		1:12.54 2:30.63			3:49.03 5:07.71			6:26.84 7:45.91	1:19.13		456 9:05.10 10:19.97	
5.		1:13.39 2:32.24				5 1:18.61 1:18.90	500m:	6:29.45 7:48.06	1:19.70		449 9:07.09 10:23.14	+0,88 1 1:19.03 1:16.05
6.		1:10.92 2:29.02			3:48.40 5:07.49	5 1:19.38 1:19.09	500m:	6:26.69 7:46.67	1:19.20		449 9:05.70 10:23.37	+0,82 1 1:19.03 1:17.67
7.		1:11.24		11	3:46.65	ıı	"	6:25.06	1	0:24.23	447 9:05.38	+0,94 1

, 18. - 20.6.2025

	,											
	9,	, 800m			, 2011							
				/								R.T.
18.		1:15.99 2:37.18		13 300m: 400m:	3:57.85 5:18.96	1:20.67 1:21.11	500m: 600m:		1:19.88		424 9:18.97 10:35.04	
19.		1:12.80 2:32.50			3:53.15 5:14.69			6:36.30 7:58.04	1:21.61		414 9:19.97 10:40.16	,
20.		1:14.13 2:35.07			3:57.24 5:19.19		500m: 600m:	6:42.04 8:03.88			409 9:26.01 10:42.93	+1,03 2 1:22.13 1:16.92
21.		1:13.49 2:34.02			3:54.56 5:16.71		500m: 600m:				406 9:24.13 10:44.26	+1,02 2 1:22.33 1:20.13
22.		1:15.25 2:36.76			4:00.33 5:24.06			6:48.27 8:12.17	1:24.21		390 9:34.59 10:53.07	+0,86 2 1:22.42 1:18.48
23.		1:16.59 2:41.52			4:05.87 5:30.04			6:53.06 8:14.61	1:23.02		389 9:35.79 10:53.76	+0,95 2 1:21.18 1:17.97
24.		1:15.16 2:37.64			4:02.02 5:26.58	8 1:24.38 1:24.56	500m:		1:24.01	700m: 800m:	380 9:37.50 10:58.64	
25.		1:14.72 2:38.30			4:02.34 5:27.11				1:24.25	700m: 800m:	9:38.00	+0,90 2 1:23.60 1:22.15
26.		1:17.85 2:41.53			4:06.88 5:30.86			6:54.91 8:18.77	1:24.05		369 9:42.71 11:05.11	,
27.		1:18.31 2:43.95	1:18.31 1:25.64		4:10.52 5:36.47	1:26.57 1:25.95	500m:	7:01.31 8:27.06	1:24.84		358 9:51.17 11:12.25	