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		4:09.70		BLR	Moscow (URS)	19.08.1984
		3:55.38	Titmus Ariarne	AUS	Fukuoka (JPN)	23.07.2023
		3:59.15	Pellegrini Federica	ITA	Rome (ITA)	26.07.2009
: 4:06.59 /	: 4:29.00 /	: 4:43.50				
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4						
1			04			4:21.67
2			08			4:28.00
3			10			4:31.00
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5			10			4:34.00
6			07			4:34.00
7			08			4:35.00
8			07			4:35.00
9			08			4:40.39
10			09			4:43.00
11			11			4:45.00
12			09			4:45.00
13			12			4:45.00
14			09			4:47.00
15			10			4:48.23
16			10			4:50.00
17			11			4:50.00
18			09			4:51.13
19			10			4:52.83
20			09			4:53.55
21			07			4:54.27
22			05			4:55.00
23			09			4:56.00
23 24			09			5:00.06
24 25			09			5:01.85
26			08			5:02.13
27			10			5:04.75