, 400m

	4:02.50 Marchand Leon	FRA	Fukuoka (JPN)	2023
	4:02.50 Marchand Leon	FRA	Fukuoka (JPN)	2023
	4:21.35	BLR	Debrecen (HUN)	2012
	4:28.64			2025
: 4:12.71 / : 4:37	7.00 / : 4:54.00			
	/			
1 2, 11:01				
2	07			4:45.86
3	06			4:39.17
4	07			4:30.00
5	07			4:34.50
6	09			4:41.60
7	07			5:05.46
2 2, 11:07				
2	08			4:42.00
3	08			4:36.00
4	05			4:26.84
5	08			4:33.00
6	06			4:40.34
7	08			4:46.18

50 ZhongYongShares