



ОТКРЫТЫЙ КУБОК
РЕСПУБЛИКИ БЕЛАРУСЬ
ПО ПЛАВАНИЮ
1 - 5 ИЮЛЯ 2025



20
03.07.2025 - 17:54

, 400m

3:55.38	Titmus Ariarne	AUS	Fukuoka (JPN)	2023
3:59.15	Pellegrini Federica	ITA	Rome (ITA)	2009
4:09.70		BLR	Moscow (URS)	1984
4:18.70				2021

: 4:06.59 / : 4:29.00 / : 4:43.50

: AQUA 2025

										R.T.		
1.				04						+0,89	4:21.20	731
	50m:	30.86	30.86	150m:	1:36.91	33.08	250m:	2:42.91	32.90	350m:	3:49.00	32.86
	100m:	1:03.83	32.97	200m:	2:10.01	33.10	300m:	3:16.14	33.23	400m:	4:21.20	32.20
2.				10						+0,86	4:28.08	676
	50m:	30.47	30.47	150m:	1:37.62	33.59	250m:	2:45.81	34.29	350m:	3:54.61	34.26
	100m:	1:04.03	33.56	200m:	2:11.52	33.90	300m:	3:20.35	34.54	400m:	4:28.08	33.47
3.				07						+0,60	4:32.07	647
	50m:	31.10	31.10	150m:	1:39.39	34.70	250m:	2:49.00	34.81	350m:	3:58.74	34.77
	100m:	1:04.69	33.59	200m:	2:14.19	34.80	300m:	3:23.97	34.97	400m:	4:32.07	33.33
4.				08						+0,86	4:34.78	628
	50m:	31.50	31.50	150m:	1:39.47	34.15	250m:	2:48.58	34.75	350m:	3:59.52	35.75
	100m:	1:05.32	33.82	200m:	2:13.83	34.36	300m:	3:23.77	35.19	400m:	4:34.78	35.26
5.				08						+0,77	4:38.80	601
	50m:	31.23	31.23	150m:	1:40.37	34.55	250m:	2:49.74	34.82	350m:	4:02.10	36.34
	100m:	1:05.82	34.59	200m:	2:14.92	34.55	300m:	3:25.76	36.02	400m:	4:38.80	36.70
6.				09						+0,98	4:41.38	585
	50m:	31.61	31.61	150m:	1:41.47	35.01	250m:	2:53.33	35.73	350m:	4:05.88	36.29
	100m:	1:06.46	34.85	200m:	2:17.60	36.13	300m:	3:29.59	36.26	400m:	4:41.38	35.50
7.				09						+0,88	4:43.94	569
	50m:	31.94	31.94	150m:	1:42.45	35.60	250m:	2:55.38	36.54	350m:	4:09.14	36.54
	100m:	1:06.85	34.91	200m:	2:18.84	36.39	300m:	3:32.60	37.22	400m:	4:43.94	34.80
8.				07						+0,87	4:45.72	559
	50m:	31.23	31.23	150m:	1:41.06	35.71	250m:	2:55.17	37.51	350m:	4:09.80	37.54
	100m:	1:05.35	34.12	200m:	2:17.66	36.60	300m:	3:32.26	37.09	400m:	4:45.72	35.92