



ОТКРЫТЫЙ КУБОК  
РЕСПУБЛИКИ БЕЛАРУСЬ  
ПО ПЛАВАНИЮ  
1 - 5 ИЮЛЯ 2025



29  
04.07.2025 - 11:00

, 400m

			3:39.96	Maertens Lukas	GER	Stockholm (SWE)	2025
			3:39.96	Maertens Lukas	GER	Stockholm (SWE)	2025
			3:52.78		5	Brest	2013
			3:56.97				2025
: 3:46.42 / : 4:05.00 / : 4:21.50							
: AQUA 2025							
/							
R.T.							
1.			99			+0,86	4:02.45 Q 747
	50m:	28.62	28.62	150m:	1:29.56	30.29	250m: 2:30.81 30.24 350m: 3:31.99 30.59
	100m:	59.27	30.65	200m:	2:00.57	31.01	300m: 3:01.40 30.59 400m: 4:02.45 30.46
2.			00			+0,85	4:02.50 Q 747
	50m:	27.47	27.47	150m:	1:28.62	30.79	250m: 2:30.30 30.62 350m: 3:31.80 30.68
	100m:	57.83	30.36	200m:	1:59.68	31.06	300m: 3:01.12 30.82 400m: 4:02.50 30.70
3.			07			+0,88	4:04.81 Q 726
	50m:	28.18	28.18	150m:	1:28.94	30.32	250m: 2:31.48 31.02 350m: 3:34.08 31.30
	100m:	58.62	30.44	200m:	2:00.46	31.52	300m: 3:02.78 31.30 400m: 4:04.81 30.73
4.			07			+0,77	4:05.79 Q 717
	50m:	27.62	27.62	150m:	1:28.79	30.91	250m: 2:31.05 31.09 350m: 3:33.71 30.79
	100m:	57.88	30.26	200m:	1:59.96	31.17	300m: 3:02.92 31.87 400m: 4:05.79 32.08
5.			08			+0,82	4:07.06 Q 706
	50m:	28.00	28.00	150m:	1:29.99	31.22	250m: 2:32.62 31.14 350m: 3:35.83 31.45
	100m:	58.77	30.77	200m:	2:01.48	31.49	300m: 3:04.38 31.76 400m: 4:07.06 31.23
6.			07			+0,95	4:08.56 Q 694
	50m:	28.12	28.12	150m:	1:30.38	31.84	250m: 2:33.80 31.70 350m: 3:37.81 34.50
	100m:	58.54	30.42	200m:	2:02.10	31.72	300m: 3:03.31 29.51 400m: 4:08.56 30.75
7.			07			+0,85	4:09.80 Q 683
	50m:	27.56	27.56	150m:	1:30.15	31.64	250m: 2:34.75 32.35 350m: 3:39.64 32.44
	100m:	58.51	30.95	200m:	2:02.40	32.25	300m: 3:07.20 32.45 400m: 4:09.80 30.16
8.			07			+0,85	4:09.87 Q 683
	50m:	27.74	27.74	150m:	1:30.71	32.06	250m: 2:35.24 32.21 350m: 3:39.55 32.29
	100m:	58.65	30.91	200m:	2:03.03	32.32	300m: 3:07.26 32.02 400m: 4:09.87 30.32
9.			09			+0,83	4:11.78 R 667
	50m:	27.89	27.89	150m:	1:30.49	31.72	250m: 2:34.79 32.43 350m: 3:39.79 32.76
	100m:	58.77	30.88	200m:	2:02.36	31.87	300m: 3:07.03 32.24 400m: 4:11.78 31.99
10.			04			+0,76	4:13.84 R 651
	50m:	28.01	28.01	150m:	1:29.68	31.25	250m: 2:34.64 32.73 350m: 3:41.52 33.65
	100m:	58.43	30.42	200m:	2:01.91	32.23	300m: 3:07.87 33.23 400m: 4:13.84 32.32
11.			07			+0,87	4:15.43 639
	50m:	28.77	28.77	150m:	1:32.02	32.03	250m: 2:37.19 34.61 350m: 3:44.29 33.50
	100m:	59.99	31.22	200m:	2:02.58	30.56	300m: 3:10.79 33.60 400m: 4:15.43 31.14
12.			09			+0,67	4:15.45 639
	50m:	28.57	28.57	150m:	1:31.62	32.03	250m: 2:36.53 32.48 350m: 3:43.10 33.55
	100m:	59.59	31.02	200m:	2:04.05	32.43	300m: 3:09.55 33.02 400m: 4:15.45 32.35



**ОТКРЫТЫЙ КУБОК  
РЕСПУБЛИКИ БЕЛАРУСЬ  
ПО ПЛАВАНИЮ  
1 - 5 ИЮЛЯ 2025**



	29,		, 400m										
				/						R.T.			
13.				08						+0,82	4:16.81		629
	50m:	29.08	29.08	150m:	1:33.97	32.56	250m:	2:39.97	32.86	350m:	3:46.94	33.52	
	100m:	1:01.41	32.33	200m:	2:07.11	33.14	300m:	3:13.42	33.45	400m:	4:16.81	29.87	
14.				09						+0,94	4:17.21		626
	50m:	29.05	29.05	150m:	1:34.17	32.74	250m:	2:40.16	32.77	350m:	3:46.16	32.24	
	100m:	1:01.43	32.38	200m:	2:07.39	33.22	300m:	3:13.92	33.76	400m:	4:17.21	31.05	
15.				08						+0,79	4:17.51		624
	50m:	28.27	28.27	150m:	1:33.28	33.33	250m:	2:40.58	33.47	350m:	3:45.75	32.20	
	100m:	59.95	31.68	200m:	2:07.11	33.83	300m:	3:13.55	32.97	400m:	4:17.51	31.76	
16.				05						+0,89	4:17.81		621
	50m:	28.30	28.30	150m:	1:31.03	31.81	250m:	2:36.88	33.11	350m:	3:44.66	34.07	
	100m:	59.22	30.92	200m:	2:03.77	32.74	300m:	3:10.59	33.71	400m:	4:17.81	33.15	
17.				07						+0,84	4:19.90		607
	50m:	29.01	29.01	150m:	1:33.08	32.77	250m:	2:38.62	32.77	350m:	3:47.39	34.24	
	100m:	1:00.31	31.30	200m:	2:05.85	32.77	300m:	3:13.15	34.53	400m:	4:19.90	32.51	
18.				06						+0,82	4:20.20		605
	50m:	28.40	28.40	150m:	1:32.81	32.28	250m:	2:40.23	34.06	350m:	3:48.11	34.15	
	100m:	1:00.53	32.13	200m:	2:06.17	33.36	300m:	3:13.96	33.73	400m:	4:20.20	32.09	
19.				08						+0,92	4:20.22		604
	50m:	29.35	29.35	150m:	1:35.51	33.50	250m:	2:42.96	33.69	350m:	3:49.13	32.37	
	100m:	1:02.01	32.66	200m:	2:09.27	33.76	300m:	3:16.76	33.80	400m:	4:20.22	31.09	
20.				06						+0,94	4:20.79		600
	50m:	29.15	29.15	150m:	1:34.16	33.07	250m:	2:41.71	33.96	350m:	3:49.18	33.12	
	100m:	1:01.09	31.94	200m:	2:07.75	33.59	300m:	3:16.06	34.35	400m:	4:20.79	31.61	
21.				09						+0,90	4:21.55		595
	50m:	29.19	29.19	150m:	1:34.84	33.60	250m:	2:42.11	33.50	350m:	3:49.73	33.83	
	100m:	1:01.24	32.05	200m:	2:08.61	33.77	300m:	3:15.90	33.79	400m:	4:21.55	31.82	
22.				08						+0,79	4:21.66		594
	50m:	29.38	29.38	150m:	1:34.69	32.81	250m:	2:41.09	33.61	350m:	3:48.85	33.94	
	100m:	1:01.88	32.50	200m:	2:07.48	32.79	300m:	3:14.91	33.82	400m:	4:21.66	32.81	
23.				08						+0,82	4:21.81		593
	50m:	28.91	28.91	150m:	1:32.96	32.34	250m:	2:40.15	33.84	350m:	3:49.02	34.12	
	100m:	1:00.62	31.71	200m:	2:06.31	33.35	300m:	3:14.90	34.75	400m:	4:21.81	32.79	
24.				08						+0,70	4:22.73		587
	50m:	29.02	29.02	150m:	1:34.74	32.87	250m:	2:41.36	33.70	350m:	3:49.01	33.74	
	100m:	1:01.87	32.85	200m:	2:07.66	32.92	300m:	3:15.27	33.91	400m:	4:22.73	33.72	
25.				07						+0,77	4:23.78		580
	50m:	28.49	28.49	150m:	1:32.82	33.19	250m:	2:41.60	34.44	350m:	3:51.01	34.69	
	100m:	59.63	31.14	200m:	2:07.16	34.34	300m:	3:16.32	34.72	400m:	4:23.78	32.77	
26.				07						+0,77	4:24.25		577
	50m:	29.16	29.16	150m:	1:34.00	32.97	250m:	2:41.82	34.07	350m:	3:50.59	34.43	
	100m:	1:01.03	31.87	200m:	2:07.75	33.75	300m:	3:16.16	34.34	400m:	4:24.25	33.66	



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РЕСПУБЛИКИ БЕЛАРУСЬ  
ПО ПЛАВАНИЮ  
1 - 5 ИЮЛЯ 2025



29, , 400m , ,											
/ R.T.											
27.				10					+1,02	<b>4:25.52</b>	569
	50m:	28.92	28.92	150m:	1:35.18	33.61	250m:	2:43.94	34.48	350m:	3:52.21 33.61
	100m:	1:01.57	32.65	200m:	2:09.46	34.28	300m:	3:18.60	34.66	400m:	4:25.52 33.31
28.				09					+0,98	<b>4:25.85</b>	567
	50m:	29.47	29.47	150m:	1:35.24	33.60	250m:	2:43.47	33.62	350m:	3:52.29 34.39
	100m:	1:01.64	32.17	200m:	2:09.85	34.61	300m:	3:17.90	34.43	400m:	4:25.85 33.56
29.				09					+0,76	<b>4:26.16</b>	565
	50m:	28.36	28.36	150m:	1:34.68	34.01	250m:	2:43.29	34.64	350m:	3:46.74 28.68
	100m:	1:00.67	32.31	200m:	2:08.65	33.97	300m:	3:18.06	34.77	400m:	4:26.16 39.42
30.				10					+0,89	<b>4:26.48</b>	563
	50m:	29.72	29.72	150m:	1:36.19	33.88	250m:	2:44.91	34.62	350m:	3:54.36 34.74
	100m:	1:02.31	32.59	200m:	2:10.29	34.10	300m:	3:19.62	34.71	400m:	4:26.48 32.12
31.				09					+0,79	<b>4:29.88</b>	542
	50m:	29.80	29.80	150m:	1:39.45	34.90	250m:	2:49.51	34.80	350m:	3:58.52 34.20
	100m:	1:04.55	34.75	200m:	2:14.71	35.26	300m:	3:24.32	34.81	400m:	4:29.88 31.36
32.				07					+0,81	<b>4:30.70</b>	537
	50m:	29.43	29.43	150m:	1:35.62	33.55	250m:	2:45.19	35.03	350m:	3:55.64 35.59
	100m:	1:02.07	32.64	200m:	2:10.16	34.54	300m:	3:20.05	34.86	400m:	4:30.70 35.06
33.				10					+0,79	<b>4:33.46</b>	521
	50m:	29.83	29.83	150m:	1:37.23	34.25	250m:	2:47.93	35.59	350m:	3:59.79 35.90
	100m:	1:02.98	33.15	200m:	2:12.34	35.11	300m:	3:23.89	35.96	400m:	4:33.46 33.67
34.				07					+0,86	<b>4:33.57</b>	520
	50m:	31.02	31.02	150m:	1:40.42	34.88	250m:	2:49.94	34.76	350m:	3:59.07 34.32
	100m:	1:05.54	34.52	200m:	2:15.18	34.76	300m:	3:24.75	34.81	400m:	4:33.57 34.50
35.				09					+0,74	<b>4:35.67</b>	508
	50m:	29.68	29.68	150m:	1:35.41	33.24	250m:	2:44.53	34.02	350m:	3:52.70 31.34
	100m:	1:02.17	32.49	200m:	2:10.51	35.10	300m:	3:21.36	36.83	400m:	4:35.67 42.97
36.				08					+0,81	<b>4:37.12</b>	500
	50m:	30.09	30.09	150m:	1:38.82	35.28	250m:	2:48.92	35.56	350m:	4:01.58 36.38
	100m:	1:03.54	33.45	200m:	2:13.36	34.54	300m:	3:25.20	36.28	400m:	4:37.12 35.54
37.				09					+0,74	<b>4:37.31</b>	499
	50m:	29.80	29.80	150m:	1:39.89	35.44	250m:	2:50.50	35.13	350m:	4:02.35 35.80
	100m:	1:04.45	34.65	200m:	2:15.37	35.48	300m:	3:26.55	36.05	400m:	4:37.31 34.96