



ОТКРЫТЫЙ КУБОК
РЕСПУБЛИКИ БЕЛАРУСЬ
ПО ПЛАВАНИЮ
1 - 5 ИЮЛЯ 2025



20
03.07.2025 - 11:13

, 400m

3:55.38	Titmus Ariarne	AUS	Fukuoka (JPN)	2023
3:59.15	Pellegrini Federica	ITA	Rome (ITA)	2009
4:09.70		BLR	Moscow (URS)	1984
4:18.70				2021

: 4:06.59 / : 4:29.00 / : 4:43.50

: AQUA 2025

										R.T.			
1.			04							+0,91	4:28.26 Q	675	
	50m:	31.21	31.21	150m:	1:39.16	34.45	250m:	2:48.70	34.53	350m:	3:58.31	34.78	
	100m:	1:04.71	33.50	200m:	2:14.17	35.01	300m:	3:23.53	34.83	400m:	4:28.26	29.95	
2.			10							+0,76	4:31.56 Q	651	
	50m:	30.94	30.94	150m:	1:39.19	34.62	250m:	2:48.71	34.75	350m:	3:58.12	34.52	
	100m:	1:04.57	33.63	200m:	2:13.96	34.77	300m:	3:23.60	34.89	400m:	4:31.56	33.44	
3.			08							+0,94	4:37.32 Q	611	
	50m:	32.56	32.56	150m:	1:43.63	35.53	250m:	2:52.70	33.71	350m:	4:02.42	35.35	
	100m:	1:08.10	35.54	200m:	2:18.99	35.36	300m:	3:27.07	34.37	400m:	4:37.32	34.90	
4.			08							+0,88	4:39.78 Q	595	
	50m:	32.02	32.02	150m:	1:44.05	36.13	250m:	2:55.96	35.73	350m:	4:06.33	35.02	
	100m:	1:07.92	35.90	200m:	2:20.23	36.18	300m:	3:31.31	35.35	400m:	4:39.78	33.45	
5.			08							+0,81	4:42.08 Q	581	
	50m:	32.10	32.10	150m:	1:43.37	35.49	250m:	2:54.08	34.96	350m:	4:05.93	36.52	
	100m:	1:07.88	35.78	200m:	2:19.12	35.75	300m:	3:29.41	35.33	400m:	4:42.08	36.15	
6.			09							+0,88	4:44.17 Q	568	
	50m:	31.84	31.84	150m:	1:42.12	35.74	250m:	2:54.05	35.78	350m:	4:07.56	36.89	
	100m:	1:06.38	34.54	200m:	2:18.27	36.15	300m:	3:30.67	36.62	400m:	4:44.17	36.61	
7.			07							+0,74	4:45.44 Q	560	
	50m:	32.59	32.59	150m:	1:44.12	36.12	250m:	2:57.34	36.85	350m:	4:10.21	36.48	
	100m:	1:08.00	35.41	200m:	2:20.49	36.37	300m:	3:33.73	36.39	400m:	4:45.44	35.23	
8.			09							+0,81	4:45.51 Q	560	
	50m:	31.31	31.31	150m:	1:42.30	36.24	250m:	2:56.00	36.51	350m:	4:10.28	36.48	
	100m:	1:06.06	34.75	200m:	2:19.49	37.19	300m:	3:33.80	37.80	400m:	4:45.51	35.23	
9.			07							+0,74	4:45.69 R	559	
	50m:	31.81	31.81	150m:	1:43.95	36.60	250m:	2:58.57	37.93	350m:	4:11.53	36.47	
	100m:	1:07.35	35.54	200m:	2:20.64	36.69	300m:	3:35.06	36.49	400m:	4:45.69	34.16	
10.			08							+0,92	4:45.76 R	558	
	50m:	32.45	32.45	150m:	1:44.16	36.13	250m:	2:56.79	36.31	350m:	4:10.84	36.94	
	100m:	1:08.03	35.58	200m:	2:20.48	36.32	300m:	3:33.90	37.11	400m:	4:45.76	34.92	
11.			05							+0,94	4:50.92	529	
	50m:	32.63	32.63	150m:	1:45.54	37.02	250m:	2:59.93	37.20	350m:	4:14.76	37.29	
	100m:	1:08.52	35.89	200m:	2:22.73	37.19	300m:	3:37.47	37.54	400m:	4:50.92	36.16	
12.			09							+0,89	4:52.61	520	
	50m:	32.87	32.87	150m:	1:45.17	36.95	250m:	3:00.74	38.21	350m:	4:16.98	38.30	
	100m:	1:08.22	35.35	200m:	2:22.53	37.36	300m:	3:38.68	37.94	400m:	4:52.61	35.63	

ГЕНЕРАЛЬНЫЙ ПАРТНЕР



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ПО ПЛАВАНИЮ
1 - 5 ИЮЛЯ 2025



20, , 400m , ,									
/ R.T.									
13.				10					+0,93 4:52.65 520
	50m:	31.61	31.61	150m:	1:43.27	36.12	250m:	2:58.14	38.24
	100m:	1:07.15	35.54	200m:	2:19.90	36.63	300m:	3:36.60	38.46
								350m:	4:14.76 38.16
								400m:	4:52.65 37.89
14.				09					+0,86 4:54.63 509
	50m:	33.42	33.42	150m:	1:47.50	37.37	250m:	3:02.84	37.50
	100m:	1:10.13	36.71	200m:	2:25.34	37.84	300m:	3:40.79	37.95
								350m:	4:18.62 37.83
								400m:	4:54.63 36.01
15.				11					+0,82 4:54.68 509
	50m:	32.59	32.59	150m:	1:46.58	37.58	250m:	3:02.12	37.52
	100m:	1:09.00	36.41	200m:	2:24.60	38.02	300m:	3:40.09	37.97
								350m:	4:17.50 37.41
								400m:	4:54.68 37.18
16.				11					+1,11 4:56.11 502
	50m:	33.66	33.66	150m:	1:48.49	37.86	250m:	3:05.51	38.36
	100m:	1:10.63	36.97	200m:	2:27.15	38.66	300m:	3:44.19	38.68
								350m:	4:20.95 36.76
								400m:	4:56.11 35.16
17.				10					+0,75 4:56.41 500
	50m:	33.21	33.21	150m:	1:48.95	38.10	250m:	3:05.07	38.21
	100m:	1:10.85	37.64	200m:	2:26.86	37.91	300m:	3:42.94	37.87
								350m:	4:20.39 37.45
								400m:	4:56.41 36.02
18.				09					+0,96 4:58.14 492
	50m:	32.11	32.11	150m:	1:45.10	36.64	250m:	3:00.89	38.33
	100m:	1:08.46	36.35	200m:	2:22.56	37.46	300m:	3:40.54	39.65
								350m:	4:19.88 39.34
								400m:	4:58.14 38.26
				09					+1,01 4:58.14 492
	50m:	33.41	33.41	150m:	1:47.52	37.52	250m:	3:04.26	38.94
	100m:	1:10.00	36.59	200m:	2:25.32	37.80	300m:	3:43.12	38.86
								350m:	4:21.64 38.52
								400m:	4:58.14 36.50
20.				07					+0,98 4:59.04 487
	50m:	33.08	33.08	150m:	1:47.57	38.02	250m:	3:03.95	38.53
	100m:	1:09.55	36.47	200m:	2:25.42	37.85	300m:	3:42.57	38.62
								350m:	4:21.25 38.68
								400m:	4:59.04 37.79
21.				10					+0,90 5:00.36 481
	50m:	33.22	33.22	150m:	1:47.88	37.88	250m:	3:05.72	39.15
	100m:	1:10.00	36.78	200m:	2:26.57	38.69	300m:	3:44.51	38.79
								350m:	4:23.18 38.67
								400m:	5:00.36 37.18
22.				09					+0,82 5:01.65 475
	50m:	31.90	31.90	150m:	1:47.36	39.29	250m:	3:05.52	38.91
	100m:	1:08.07	36.17	200m:	2:26.61	39.25	300m:	3:43.83	38.31
								350m:	4:23.53 39.70
								400m:	5:01.65 38.12
23.				09					+1,02 5:06.63 452
	50m:	33.96	33.96	150m:	1:50.47	38.86	250m:	3:08.23	39.85
	100m:	1:11.61	37.65	200m:	2:28.38	37.91	300m:	3:48.06	39.83
								350m:	4:28.05 39.99
								400m:	5:06.63 38.58
24.				08					+0,94 5:10.13 437
	50m:	33.78	33.78	150m:	1:50.06	38.76	250m:	3:09.98	40.20
	100m:	1:11.30	37.52	200m:	2:29.78	39.72	300m:	3:50.35	40.37
								350m:	4:30.66 40.31
								400m:	5:10.13 39.47

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