



ОТКРЫТЫЙ КУБОК
РЕСПУБЛИКИ БЕЛАРУСЬ
ПО ПЛАВАНИЮ
1 - 5 ИЮЛЯ 2025



Event 20
03.07.2025 - 11:13

Women, 400m Freestyle

Open
Results Prelim

3:55.38	Titmus Ariarne	AUS	Fukuoka (JPN)	2023
3:59.15	Pellegrini Federica	ITA	Rome (ITA)	2009
4:09.70		BLR	Moscow (URS)	1984
4:18.70				2021

: 4:06.59 / : 4:29.00 / : 4:43.50

Points: AQUA 2025

Rank									R.T.	Time		
1.	Akinchyts Alesia	04	Minsk						+0,91	4:28.26	Q	675
	50m: 31.21	31.21	150m: 1:39.16	34.45	250m: 2:48.70	34.53	350m: 3:58.31	34.78				
	100m: 1:04.71	33.50	200m: 2:14.17	35.01	300m: 3:23.53	34.83	400m: 4:28.26	29.95				
2.	Mastovich Kseniya	10	Mogilev						+0,76	4:31.56	Q	651
	50m: 30.94	30.94	150m: 1:39.19	34.62	250m: 2:48.71	34.75	350m: 3:58.12	34.52				
	100m: 1:04.57	33.63	200m: 2:13.96	34.77	300m: 3:23.60	34.89	400m: 4:31.56	33.44				
3.	Akshayeva Yelizaveta	08	Vitebsk						+0,94	4:37.32	Q	611
	50m: 32.56	32.56	150m: 1:43.63	35.53	250m: 2:52.70	33.71	350m: 4:02.42	35.35				
	100m: 1:08.10	35.54	200m: 2:18.99	35.36	300m: 3:27.07	34.37	400m: 4:37.32	34.90				
4.	Padlobnikava Anastasiya	08	Minsk						+0,88	4:39.78	Q	595
	50m: 32.02	32.02	150m: 1:44.05	36.13	250m: 2:55.96	35.73	350m: 4:06.33	35.02				
	100m: 1:07.92	35.90	200m: 2:20.23	36.18	300m: 3:31.31	35.35	400m: 4:39.78	33.45				
5.	Haryst Darya	08	Gomel						+0,81	4:42.08	Q	581
	50m: 32.10	32.10	150m: 1:43.37	35.49	250m: 2:54.08	34.96	350m: 4:05.93	36.52				
	100m: 1:07.88	35.78	200m: 2:19.12	35.75	300m: 3:29.41	35.33	400m: 4:42.08	36.15				
6.	Zhylynskaya Darya	09	Gomel						+0,88	4:44.17	Q	568
	50m: 31.84	31.84	150m: 1:42.12	35.74	250m: 2:54.05	35.78	350m: 4:07.56	36.89				
	100m: 1:06.38	34.54	200m: 2:18.27	36.15	300m: 3:30.67	36.62	400m: 4:44.17	36.61				
7.	Shleika Aliaksandra	07	Minsk region						+0,74	4:45.44	Q	560
	50m: 32.59	32.59	150m: 1:44.12	36.12	250m: 2:57.34	36.85	350m: 4:10.21	36.48				
	100m: 1:08.00	35.41	200m: 2:20.49	36.37	300m: 3:33.73	36.39	400m: 4:45.44	35.23				
8.	Marchuk Kseniya	09	Brest						+0,81	4:45.51	Q	560
	50m: 31.31	31.31	150m: 1:42.30	36.24	250m: 2:56.00	36.51	350m: 4:10.28	36.48				
	100m: 1:06.06	34.75	200m: 2:19.49	37.19	300m: 3:33.80	37.80	400m: 4:45.51	35.23				
9.	Rudkouskaya Darya	07	Minsk						+0,74	4:45.69	R	559
	50m: 31.81	31.81	150m: 1:43.95	36.60	250m: 2:58.57	37.93	350m: 4:11.53	36.47				
	100m: 1:07.35	35.54	200m: 2:20.64	36.69	300m: 3:35.06	36.49	400m: 4:45.69	34.16				
10.	Burchuk Kira	08	Grodno						+0,92	4:45.76	R	558
	50m: 32.45	32.45	150m: 1:44.16	36.13	250m: 2:56.79	36.31	350m: 4:10.84	36.94				
	100m: 1:08.03	35.58	200m: 2:20.48	36.32	300m: 3:33.90	37.11	400m: 4:45.76	34.92				
11.	Smantsar Maryia	05	Minsk region						+0,94	4:50.92		529
	50m: 32.63	32.63	150m: 1:45.54	37.02	250m: 2:59.93	37.20	350m: 4:14.76	37.29				
	100m: 1:08.52	35.89	200m: 2:22.73	37.19	300m: 3:37.47	37.54	400m: 4:50.92	36.16				
12.	Maroz Palina	09	Mogilev						+0,89	4:52.61		520
	50m: 32.87	32.87	150m: 1:45.17	36.95	250m: 3:00.74	38.21	350m: 4:16.98	38.30				
	100m: 1:08.22	35.35	200m: 2:22.53	37.36	300m: 3:38.68	37.94	400m: 4:52.61	35.63				

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ПО ПЛАВАНИЮ
1 - 5 ИЮЛЯ 2025



Event 20, Women, 400m Freestyle, Prelim, Open

Rank									R.T.	Time	
13.	Sakalova Katsiaryna	10	Minsk region						+0,93	4:52.65	520
	50m: 31.61 31.61		150m: 1:43.27 36.12		250m: 2:58.14 38.24		350m: 4:14.76 38.16				
	100m: 1:07.15 35.54		200m: 2:19.90 36.63		300m: 3:36.60 38.46		400m: 4:52.65 37.89				
14.	Lasitskaya Dziyana	09	Minsk						+0,86	4:54.63	509
	50m: 33.42 33.42		150m: 1:47.50 37.37		250m: 3:02.84 37.50		350m: 4:18.62 37.83				
	100m: 1:10.13 36.71		200m: 2:25.34 37.84		300m: 3:40.79 37.95		400m: 4:54.63 36.01				
15.	Valaskovich Viktoryia	11	Minsk region						+0,82	4:54.68	509
	50m: 32.59 32.59		150m: 1:46.58 37.58		250m: 3:02.12 37.52		350m: 4:17.50 37.41				
	100m: 1:09.00 36.41		200m: 2:24.60 38.02		300m: 3:40.09 37.97		400m: 4:54.68 37.18				
16.	Karazeyeva Anastasiya	11	Vitebsk						+1,11	4:56.11	502
	50m: 33.66 33.66		150m: 1:48.49 37.86		250m: 3:05.51 38.36		350m: 4:20.95 36.76				
	100m: 1:10.63 36.97		200m: 2:27.15 38.66		300m: 3:44.19 38.68		400m: 4:56.11 35.16				
17.	Belchik Maria	10	Minsk						+0,75	4:56.41	500
	50m: 33.21 33.21		150m: 1:48.95 38.10		250m: 3:05.07 38.21		350m: 4:20.39 37.45				
	100m: 1:10.85 37.64		200m: 2:26.86 37.91		300m: 3:42.94 37.87		400m: 4:56.41 36.02				
18.	Listapad Daria	09	Minsk region						+0,96	4:58.14	492
	50m: 32.11 32.11		150m: 1:45.10 36.64		250m: 3:00.89 38.33		350m: 4:19.88 39.34				
	100m: 1:08.46 36.35		200m: 2:22.56 37.46		300m: 3:40.54 39.65		400m: 4:58.14 38.26				
	Maleika Anastasiya	09	Minsk						+1,01	4:58.14	492
	50m: 33.41 33.41		150m: 1:47.52 37.52		250m: 3:04.26 38.94		350m: 4:21.64 38.52				
	100m: 1:10.00 36.59		200m: 2:25.32 37.80		300m: 3:43.12 38.86		400m: 4:58.14 36.50				
20.	Artysiuk Diana	07	Brest						+0,98	4:59.04	487
	50m: 33.08 33.08		150m: 1:47.57 38.02		250m: 3:03.95 38.53		350m: 4:21.25 38.68				
	100m: 1:09.55 36.47		200m: 2:25.42 37.85		300m: 3:42.57 38.62		400m: 4:59.04 37.79				
21.	Lashch Valeryia	10	Minsk						+0,90	5:00.36	481
	50m: 33.22 33.22		150m: 1:47.88 37.88		250m: 3:05.72 39.15		350m: 4:23.18 38.67				
	100m: 1:10.00 36.78		200m: 2:26.57 38.69		300m: 3:44.51 38.79		400m: 5:00.36 37.18				
22.	Ausianskaya Yaraslava	09	Minsk						+0,82	5:01.65	475
	50m: 31.90 31.90		150m: 1:47.36 39.29		250m: 3:05.52 38.91		350m: 4:23.53 39.70				
	100m: 1:08.07 36.17		200m: 2:26.61 39.25		300m: 3:43.83 38.31		400m: 5:01.65 38.12				
23.	Varonina Krystsina	09	Minsk						+1,02	5:06.63	452
	50m: 33.96 33.96		150m: 1:50.47 38.86		250m: 3:08.23 39.85		350m: 4:28.05 39.99				
	100m: 1:11.61 37.65		200m: 2:28.38 37.91		300m: 3:48.06 39.83		400m: 5:06.63 38.58				
24.	Rybinskaya Angelina	08	Minsk						+0,94	5:10.13	437
	50m: 33.78 33.78		150m: 1:50.06 38.76		250m: 3:09.98 40.20		350m: 4:30.66 40.31				
	100m: 1:11.30 37.52		200m: 2:29.78 39.72		300m: 3:50.35 40.37		400m: 5:10.13 39.47				

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