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		4:09.70		BLR	Moscow (URS)	19.08.1984
		3:55.38	Titmus Ariarne	AUS	Fukuoka (JPN)	23.07.2023
		3:59.15	Pellegrini Federica	ITA	Rome (ITA)	26.07.2009
: 4:06.59 /	: 4:29.00 /	: 4:43.50				
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1			08			4:28.00
2			10			4:31.00
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4			10			4:34.00
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14			10	"	II .	4:52.83
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16			07			4:54.27
17			05			4:55.00
18			09			4:56.00
19			10	II .	II	5:04.75