%						
					, 2011 (13),	
101%	4:53.48	493	4:52.72	10.		100m
-	1:11.32 2:35.20	-				00m 200m
_	2.33.20	_			, 2011 (13),	.00111
-	5:08.05	_			, 2011 (10),	-00m
-	1:18.37	-				00m
-	2:48.88	-				:00m
					, 2010 (14),	
-	4:46.77	-				100m
4000/	1:10.23	-	0-00 54			00m
103%	2:25.50	445	2:23.54		, 2010 (14),	:00m
-	5:03.12	_			, 2010 (14),	00m
-	1:09.93	-				00m
-	2:40.19	-				:00m
					, 2010 (14),	
-	57.36	-			, , , , , , , , , , , , , , , , , , , ,	00m
-	4:59.79	-				00m
108%	2:31.28	427	2:25.51		0044 (40	00m
	5.07.00	2.5	F 60 0:	105	, 2011 (13),	00
99%	5:27.33	347	5:28.91	100.		00m 00m
-	1:14.81 2:46.39	-				00m
					, 2010 (14),	
-	4:56.97	-			, 2010 (17),	00m
-	1:14.87	-				00m
105%	2:34.33	387	2:30.38			00m
					, 2010 (14),	
-	4:47.31	-				00m
-	1:08.10	-				00m
99%	2:32.09	371	2:32.51		2012 (12	00m
97%	5:44.42	288	5:49.98	132.	, 2012 (12),	00m
9170	1:21.94	200 -	5.49.96	132.		00m
-	2:59.66	_				00m
					, 2010 (14),	
-	58.01	-			, (,,	00m
-	4:50.47	-				00m
102%	2:34.12	368	2:32.86		0044 (40	00m
	1.00.04				, 2011 (13),	00
- 101%	1:02.34 4:42.01	560	4:40.55	3.		00m 00m
10176	2:38.03	-	4.40.55	3.		00m
	2.00.00				, 2011 (13),	
102%	4:51.80	515	4:48.49	7.	,	-00m
	1:11.90	-	-			00m
-	2:33.50	-				00m
					, 2011 (13),	
101%	5:21.89	374	5:20.92	80.		00m
-	1:19.46 2:51.06	-				00m 00m
-	2.51.00	-			, 2010 (14),	
<u>-</u>	59.01	-			, 2010 (17),	00m
-	4:57.39	-				00m
106%	2:32.60	404	2:28.24			00m
					, 2011 (13),	
-	1:09.62					00m
101%	5:21.68	375	5:20.52	78.		00m
-	2:52.65	-			2011 /12	00m
	4:40.60				, 2011 (13),	00m
-	4:49.60 1:13.73	-				00m 00m
104%	2:32.11	395	2:29.38			00m
.0.70		300			, 2011 (13),	
98%	5:24.80	349	5:28.41	99.	, 2011 (10),	00m
-	1:27.21			- 3.		00m
-	2:47.65	-				00m
					, 2010 (14),	
					, ==:=(:: /,	
-	4:40.73 1:02.37	-			, == (),	00m 00m

200m			2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m				-	4:51.47	-	
100m				-	1:05.79	-	
200m			2:34.02	360	2:34.41	101%	
	, 2010 (14),						1
400m				-	4:47.34	-	
100m			2:22.47	- 455	1:02.00 2:25.11	104%	
200m	2011 (12		2.22.41	400	2.23.11	104%	
400	, 2011 (13),	20.	4.50.00	460	4.57.44	000/	-
400m 100m		20.	4:58.98	463	4:57.41 1:17.17	99%	
200m				-	2:35.78	-	
	, 2011 (13),						-
100m	, ==== /,			-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m				-	2:53.06	-	
	, 2010 (14),						-
400m				-	5:11.54	-	
100m				-	1:18.86	-	
200m	2044 (42			-	2:42.30	-	4
400	, 2011 (13),	00	F 47.04	007	5.04.70	1000/	1
400m 100m		68.	5:17.34	387	5:21.70 1:09.93	103%	
200m				-	2:41.48	- -	
200111					2.11.10		
							7
	, 2012 (12),						1
100	, 2012 (12),				1.11 10		- 1
100m 400m		50.	5:10.60	412	1:11.43 5:16.95	104%	
200m		00.	0.10.00	-	2:51.60	-	
	, 2010 (14),						-
100m	, (-	56.28	-	
400m				-	4:35.56	-	
200m			2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m		66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m	2010 (14			-	2:37.03	-	
100	, 2010 (14),				1,01.10		-
100m 400m				-	1:01.10 4:50.45	-	
400111	, 2010 (14),				4.00.40		_
400m	, 2010 (14),			_	4:39.55	_	
100m				-	1:16.99	-	
200m			2:30.05	390	2:27.07	96%	
	, 2011 (13),						1
400m		74.	5:19.44	379	5:20.36	101%	
100m				-	1:13.26	-	
200m	0040 (44			-	2:46.21	-	
	, 2010 (14),						1
400m				-	4:49.08	-	
100m 200m			2:30.31	387	1:07.68 2:30.54	100%	
200111	, 2012 (12),		00.01	551	2.50.0 /	10070	1
100m	, 2012 (12),			_	1:08.16	-	'
400m		47.	5:09.90	415	5:21.42	108%	
200m			0.00.00	-	2:47.40	-	
	, 2012 (12),						1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:08.40	-	
400m		62.	5:14.32	398	5:15.16	101%	
200m	0040/44			-	2:51.08	-	
	, 2010 (14),				40444		-
100m				-	1:01.11	-	
400m 200m			2:33.47	364	4:48.25 2:32.15	98%	
200111	, 2011 (13),		2.00.71	504	2.02.10	3070	1
400m	, 2011 (13),	21.	4:59.81	459	5:00.52	100%	'
100m		۷1.	7.55.01	459	1:14.84	10070	
200m				-	2:41.53	-	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m				-	2:39.00	-	

	, 2010 (14),						-
400m				-	4:51.04	-	
100m			0.00.04	-	1:05.26	-	
200m	2040 (44		2:28.34	403	2:28.00	100%	
	, 2010 (14),						-
400m 100m				-	4:36.00 1:07.50	-	
200m			2:28.96	398	2:28.50	99%	
200111	, 2012 (12),		2.20.90	390	2.20.30	33 /0	1
400m	, 2012 (12),	97.	5:27.25	353	5:28.72	101%	'
100m		57.	J.27.25	-	1:20.44	-	
200m				-	2:52.24	-	
	, 2011 (13),						-
400m	, , , , , , , , , , , , , , , , , , , ,	63.	5:16.47	390	5:12.90	98%	
100m				-	1:11.34	-	
200m				-	2:44.44	=	
	, 2010 (14),						-
100m				-	59.24	-	
400m			0.00.44	-	4:31.41	-	
200m	0040 (4.4		2:36.14	346	2:33.34	96%	
400	, 2010 (14),				4 = 2 = 2		-
400m 100m				-	4:50.50 1:16.20	- -	
200m			2:29.60	393	2:29.00	99%	
200111	, 2010 (14),		2.25.00	555	2.20.00	3370	_
400m	, 2010 (11),			-	4:32.06	-	
100m				_	1:00.00	_	
200m			2:18.80	492	2:17.73	98%	
	, 2011 (13),						-
400m		89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							40
							13
	, 2011 (13),						-
100m				-	1:01.00	-	
400m				-	5:12.00	-	
200m	0040 (40			-	2:38.50	-	
400	, 2012 (12),				4.40.00		-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m		30.	5.24.40	-	2:52.00	-	
200	, 2010 (14),				2.02.00		_
100m	, == := (:: /,			_	1:01.00	_	
400m				-	4:43.00	-	
200m			2:30.56	386	2:30.00	99%	
	, 2012 (12),						-
100m				-	1:05.00	-	
400m				-	5:03.00	-	
200m	0040 (40			-	2:45.00	-	
400	, 2012 (12),						-
400m		65.	5:17.11	388	5:06.00	93%	
100m 200m				-	1:12.90 2:46.00	-	
250111	, 2011 (13),						_
100m	, 2011 (10),			-	1:09.00	_	
400m		77.	5:20.22	376	5:17.90	99%	
200m			0.20.22	-	2:49.60	-	
	, 2012 (12),						-
400m	, , , , , , , , , , , , , , , , , , , ,	104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m				-	2:49.60	-	
	, 2010 (14),						1
400m				-	4:56.38	-	
100m			2.26.65	- 417	1:13.64	1020/	
200m	2044 /42		2:26.65	417	2:27.94	102%	4
100	, 2011 (13),				1:05 50		1
100m 400m		41.	5:07.47	425	1:05.50 5:15.00	105%	
200m		• • • •		-	2:46.00	-	
	, 2010 (14),						_
100m	, \- ',			-	59.95	-	
400m				-	4:54.00	-	
200m			2:41.98	310	2:36.00	93%	

	, 2010 (14),					-
400m				-	5:04.00	-
100m			2:34.76	- 255	1:15.00 2:33.00	- 98%
200m	, 2011 (13),		2.34.70	355	2.33.00	98%
100m	, 2011 (10),			-	1:05.00	_
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
	, 2010 (14),					-
400m				-	4:58.00	-
100m 200m				-	1:18.00 2:38.35	-
200111	, 2012 (12),				2.50.55	_
400m	, 2012 (12),	103.	5:30.30	343	5:26.00	97%
100m		100.	0.00.00	-	1:18.50	-
200m				-	2:54.00	-
	, 2010 (14),					-
100m				-	1:00.00	-
400m 200m			2:34.27	358	4:44.22 2:30.55	- 95%
200111	, 2011 (13),		2.04.21	550	2.00.00	-
400m	, 2011 (13),			-	4:58.00	<u>-</u>
100m				-	1:10.00	-
200m				-	2:38.60	-
	, 2012 (12),					1
400m		140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m	, 2010 (14),			-	3:14.00	_
400m	, 2010 (14),			-	4:41.90	_
100m				-	1:06.90	-
200m			2:29.07	397	2:28.50	99%
	, 2011 (13),					-
400m		72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m	, 2011 (13),			-	2:36.17	-
400m	, 2011 (13),			-	4:53.00	<u>-</u>
100m				-	1:09.00	-
200m				-	2:42.00	-
	, 2012 (12),					-
400m		126.	5:44.55	302	5:40.00	97%
100m				-	1:25.00	-
200m	, 2012 (12),			-	2:58.00	- 1
400m	, 2012 (12),	92.	5:25.53	358	5:31.00	103%
100m		02.	0.20.00	-	1:17.50	-
200m				-	2:57.00	-
	, 2012 (12),					1
400m		137.	5:53.39	280	6:09.00	109%
100m				-	1:35.00	-
200m	, 2010 (14),			-	3:03.74	_
400m	, 2010 (11),			_	4:52.00	-
100m				-	1:10.00	-
200m				-	2:45.00	-
	, 2012 (12),					1
100m		40	4.50.44	-	1:05.00	-
400m		18.	4:58.44	465	5:05.50 2:40.14	105%
200m	, 2010 (14),			-	2.40.14	_
400m	, 2010 (14),			_	5:20.00	-
100m				-	1:09.00	-
200m				-	2:41.00	-
	, 2011 (13),					-
400m		86.	5:21.67	371	5:14.45	96%
100m				-	1:23.21	-
200m	2044 (42 \			-	2:43.34	-
400~	, 2011 (13),	10F	E-E0 6F	202	5·25 00	OF0/
400m 100m		135.	5:52.65	282	5:25.00 1:23.00	85% -
200m				-	2:50.00	-
	, 2011 (13),					-
	, ==::(:= /,					
400m	,	128.	5:46.63	297	5:30.00	91%
400m 100m 200m	,,	128.	5:46.63	297 - -	5:30.00 1:17.00 2:53.00	91% - -

	2042 (44						
100m	, 2010 (14),			_	58.79	-	
400m				-	4:50.00	- -	
200m			2:35.94	347	2:35.29	99%	
	, 2011 (13),					1	
400m		55.	5:11.97	407	5:19.78	105%	
100m 200m				-	1:11.45 2:41.12	-	
200	, 2012 (12),					-	
400m	, , , , , , , , , , , , , , , , , , , ,	58.	5:13.29	402	5:10.00	98%	
100m				-	1:16.00	=	
200m	2012 (11			-	2:50.00	-	
400m	, 2013 (11),	145.	6:18.95	227	6:02.00	91%	
100m		143.	0.10.95	-	1:29.00	-	
200m				-	3:10.00	-	
	, 2010 (14),					-	
400m				-	4:56.00	-	
100m 200m				-	1:08.00 2:42.00	- -	
	, 2011 (13),					-	
400m	, - (- ,,	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	<u>=</u>	
200m	2012 (11)			-	2:35.69	- 1	
400m	, 2013 (11),	101.	5:29.00	347	5:30.00	101%	
100m		101.	3.23.00	-	1:17.00	-	
200m				-	2:53.00	-	
	, 2012 (12),					-	,
400m				-	5:00.00	-	
100m 200m			2:31.15	381	1:10.50 2:26.50	94%	
200111	, 2011 (13),		2.01.10	001	2.20.00	1	
100m	, == : : (: = - /,			-	1:08.00	-	
400m		70.	5:18.02	384	5:24.00	104%	
200m	0040 (44			-	2:47.00	-	
400m	, 2013 (11),	122.	5:42.96	306	5:43.00	1 100%	
100m		122.	5.42.90	-	1:28.79	100%	
200m				-	2:59.00	-	
	, 2013 (11),					1	
100m		0.4	E-26 72	- 254	1:08.00	4050/	
400m 200m		94.	5:26.73	354 -	5:35.00 2:53.00	105% -	
200	, 2012 (12),				2.00.00	1	
400m	, , , , , , , , , , , , , , , , , , , ,	109.	5:32.34	337	5:36.00	102%	
100m				-	1:22.50	=	
200m	2014 (12			-	2:58.00	-	
400m	, 2011 (13),			_	4:55.00	- -	
100m				-	1:09.00	- -	
200m			2:41.65	311	2:35.00	92%	
	, 2010 (14),				= 0.5	1	
400m				-	5:00.00	-	
100m 200m			2:26.50	419	1:05.50 2:27.00	101%	
	, 2012 (12),					-	
100m	. , , , , , , , , , , , , , , , , , , ,			-	1:05.90	-	
400m		61.	5:14.16	399	5:14.00	100%	
200m	, 2012 (12),			-	2:46.00	-	_
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	
100m		20.	0.00.01	-	1:15.60	-	
200m				-	2:34.33	-	
	, 2010 (14),					-	
400m				-	5:20.00	-	
100m 200m				-	1:11.00 2:44.00	- -	
2001							
						9)
	, 2010 (14),					1	
100m	, ,,,			-	55.22	-	
400m			2.22.46	- 455	4:32.45	4040/	
200m			2:22.46	455	2:25.42	104%	

, 29. - 31.5.2024

. 2011 (13),								
## Add								
100m	400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%	-
Addm							-	
Motion	200m				-	2:47.38	-	
100m		, 2012 (12),						-
200m			52.	5:11.42			100%	
## Add							-	
400m	200m	2040 (44			-	2:45.10	-	4
100m	400	, 2010 (14),				4.40.70		1
200m							-	
, 2011 (13), 400m 100m 2 1.14.97 1.200m 2.2011 (13), 100m 2.2010 (14), 2010 (14), 2010 (14), 2010 (14), 2010 (14), 2010 (14), 2010 (13), 2011 (13), 2010 (14), 2010 (15), 2010				2:27.12				
400m 2011 (13),		. 2011 (13						_
114.97	400m	, ==::(:= /,			_	5:02.18	-	
, 2011 (13), 100m							-	
100m	200m				-	2:38.82	-	
## Standard		, 2011 (13),						-
200m							-	
, 2010 (14), 400m			56.	5:13.06	403		98%	
400m	200M	2040 (44			-	2:48.00	-	4
100m	400	, 2010 (14),				4.40.00		1
200m							-	
, 2010 (14), 100m				2-20 18				
100m	200111	2010 (14		2.20.10		2.22.10	10070	_
## Standard	100m	, == := (:: /,			_	1:04.00	-	
200m					-		-	
400m - 409.73 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 1114.00 - 1144.00 - 1144.00 - 1144.00 - 1444.00 - 1444.00 - 1444.00 - 1444.00 - 1440.00 - 1446.76 - 1445.00 - 14	200m				-	2:39.02	-	
400m - 409.73 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 105.00 - 1114.00 - 1144.00 - 1144.00 - 1144.00 - 1444.00 - 1444.00 - 1444.00 - 1444.00 - 1440.00 - 1446.76 - 1445.00 - 14		, 2010 (14),						1
200m					-		-	
, 2012 (12), 400m 100m								
400m	200m	2042 (42		2:07.95	629	2:13.50	109%	
100m	400	, 2012 (12),	50	F:12 F2	404	F:40 70	000/	-
200m			59.	5.13.52				
, 2011 (13), 400m 100m 200m , 2011 (13), 100m , 2011 (13), 11. 4:53.33 490 4:55.57 102% 100m , 2011 (13), 100m , 2010 (14), 100m , 2010 (14), 100m , 2011 (13), 100m , 2010 (14), 100m , 2011 (13), 100m , 2011 (13), 100m , 2010 (14), 100m , 2010 (14), 100m , 2011 (13)								
400m -	200	2011 (13)				2		_
100m	400m	, 2011 (10),			-	5:02.39	-	
200m					-		-	
100m	200m				-	2:40.24	-	
400m		, 2011 (13),						1
200m							-	
400m			32.	5:04.87				
400m	200M	2011 (12			-	2:52.37	-	4
100m	400m	, 2011 (13),	11	4-52 22	400	1.55.57	1029/	1
200m			11.	4.33.33				
, 2011 (13), 400m 100m 200m , 2010 (14), 400m , 2010 (14), 400m , 2010 (14), 100m , 2010 (14), 100m , 2011 (13), 400m , 2011 (13), 100m , 2011 (13), 400m , 2011 (13), 48. 5:10.11 414 5:12.44 102% 400m 400m , 2011 (13),						0.00 =0		
400m		. 2011 (13).						1
100m	400m	, - (- ,,	53.	5:11.69	408	5:24.16	108%	
, 2010 (14), 400m 100m , 2010 (14), 100m , 2010 (14), 100m , 2011 (13), 400m 100m , 2010 (14), 106. 5:31.72 339 5:18.20 92% 107. 1:15.73 - 200m , 2010 (14), 100m , 2010 (14), 100m , 2010 (14), 100m , 2011 (13), 100m , 2011 (14), 100m , 2011 (15)	100m				-		-	
400m	200m				-	2:45.16	-	
100m		, 2010 (14),						-
, 2010 (14), 100m 400m 200m , 2011 (13), 400m , 2011 (13), 400m 100m , 2010 (14), 106. 5:31.72 339 5:18.20 92% 100m 100m 100m 100m 100m 100m 100m 100								
100m	100m	0040 (44			-	1:09.17	-	
400m	100	, 2010 (14),				4.00.40		-
200m							-	
, 2011 (13), 400m 100m 100m 200m , 2010 (14), 100m , 2011 (13), 400m , 2011 (13), 48. 5:10.11 414 5:12.44 102% 100m 100m 100m 100m 100m 100m 100m 100							- -	
400m 100m 106. 5:31.72 339 5:18.20 92% 100m	200	2011 (13)				2		_
100m	400m	, 2011 (10),	106	5:31 72	339	5:18 20	92%	
, 2010 (14), 100m 400m 200m 2:31.60 378 2:29.33 97% , 2011 (13), 100m 64. 5:17.06 388 5:20.16 200m , 2011 (13), 400m 400m 48. 5:10.11 414 5:12.44 102% 100m								
100m	200m				-	2:40.40	-	
400m		, 2010 (14),						-
200m , 2011 (13), 100m								
, 2011 (13), 100m								
100m	200m	2011 (12		2:31.60	3/8	2:29.33	97%	4
400m 64. 5:17.06 388 5:20.16 102% 2:51.94 - , 2011 (13), 400m 48. 5:10.11 414 5:12.44 102% 1:15.06 -	100~	, 2011 (13),				1:05 00		1
200m - 2:51.94 - 2:51.94 - 400m - 2:51.94 - 100m - 1:15.06 - 1:15.06			61	5.17.00				
, 2011 (13), 400m 48. 5:10.11 414 5:12.44 102% 100m - 1:15.06 -			04.	3.17.00	300 -		IU2% -	
400m 48. 5:10.11 414 5:12.44 102% 100m - 1:15.06 -		. 2011 (13						1
100m - 1:15.06 -	400m	, 2011 (10),	48	5:10.11	414	5:12.44	102%	
							-	
					-		-	
								57

	2011 (13							1
400m	, 2011 (13),			-	4:51.26		-	1
100m				-	1:04.54		-	
200m	2010 (14		2:33.83	361	2:35.86		103%	
100m	, 2010 (14),			-	E0.7E		_	-
100m 400m				-	59.75 4:58.08		-	
	, 2012 (12),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:24.71		-	
200m	0040 (44			-	2:41.68		-	
400m	, 2010 (14),				4:28.87	25.04.2024		-
100m				-	1:04.92	29.03.2024	-	
200m			2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							1
400m				-	4:21.07	25.04.2024	-	
100m 200m			2:20.34	476	1:02.09 2:21.29	26.04.2024 24.04.2024	101%	
	, 2012 (12),							1
100m	, - (, , ,			-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	, 2010 (14),			-	3:03.57		-	_
100m	, 2010 (14),			-	56.54	26.04.2024	-	-
400m				-	4:22.37	25.04.2024	-	
200m			2:17.60	505	2:16.72	24.04.2024	99%	
400	, 2010 (14),							1
100m 400m				-	1:01.04 4:58.23		-	
200m			2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m				-	1:11.63		-	
400m 200m		119.	5:39.67	315	5:41.67 2:57.97		101%	
200111	, 2011 (13),				2.07.07			_
100m	, == (),			-	1:07.27		-	
400m		69.	5:17.47	386	5:16.74		100%	
200m	2040 (44			-	2:48.80		-	
400m	, 2010 (14),			-	4:50.62		-	-
100m				-	1:04.31		-	
200m			2:38.60	330	2:36.18		97%	
400	, 2011 (13),			40.4				-
400m 100m		39.	5:06.09	431 -	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13),							1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m 200m				-	1:15.43 2:44.59	26.04.2024 22.06.2023	-	
200111	, 2010 (14),			-	2.44.33	22.00.2023	-	_
100m	, == := (: :),			-	1:02.92	26.04.2024	-	
400m				-	5:07.80	25.04.2024	-	
200m	2011 (12			-	2:40.35	24.04.2024	-	4
400m	, 2011 (13),			_	4:55.65	25.04.2024	_	1
100m				-	1:20.23	26.04.2024	-	
200m			2:30.99	382	2:33.67	24.04.2024	104%	
400	, 2011 (13),							-
100m 400m				-	1:03.95 4:53.13	26.04.2024 25.04.2024	-	
200m				-	2:39.61	28.03.2024	-	
	, 2011 (13),							-
400m		67.	5:17.33	387	5:12.70		97%	
100m 200m				-	1:13.24 2:41.91		-	
200111	, 2010 (14),			-	∠.⊤1.J1		-	_
400m	, 20.0 (),			-	4:55.78	25.04.2024	-	
100m				-	1:18.07	26.04.2024	-	
200m	2011 (12 \			-	2:39.71	24.04.2024	-	
400m	, 2011 (13),	57.	5:13.27	402	5:07.61		96%	-
100m		J	J J. L.	-	1:18.86		-	
200m				-	2:43.95		-	

	, 2010 (14),							-
100m				-	1:06.23	26.04.2024	-	
400m 200m				-	4:46.97 2:48.11	25.04.2024	-	
200111	, 2010 (14),			-	2.40.11		-	_
400m	, =0.0 (/,			_	4:56.78		-	
100m				-	1:12.94		-	
200m	2044 (42			-	2:39.46		-	
400m	, 2011 (13),			_	5:06.52		_	-
100m				-	1:20.24		-	
200m				-	2:41.51		-	
	, 2011 (13),							-
400m 100m		60.	5:13.71	400	5:11.05 1:11.42		98%	
200m				-	2:44.78		-	
	, 2011 (13),							1
100m				-	1:00.75	26.04.2024	-	
400m 200m			2:32.62	370	4:55.91 2:35.06	25.04.2024 24.04.2024	103%	
	, 2010 (14),							1
400m				-	4:45.58		-	
100m			2:23.66	-	1:07.57		100%	
200m	, 2010 (14),		2:23.00	444	2:23.78		100%	_
100m	, 2010 (11),			_	1:02.09		-	
400m				-	4:40.19		-	
200m	2042 (42		2:37.40	337	2:35.73		98%	
100m	, 2012 (12),			_	1:06.45		_	-
400m		73.	5:18.55	382	5:15.39		98%	
200m				-	2:50.71		-	
400	, 2011 (13),				1,00.60			-
100m 400m				-	1:00.60 4:52.60		-	
200m				-	2:44.00		-	
	, 2011 (13),							1
100m		0	4.50.44	406	1:05.45	26.04.2024	1040/	
400m 200m		9.	4:52.11	496 -	4:58.56 2:44.93	24.04.2024 25.04.2024	104% -	
	, 2012 (12),							-
400m	, , , ,			-	5:10.60	25.04.2024	-	
100m 200m				-	1:22.81 2:47.64	26.04.2024 24.04.2024	-	
200111	, 2010 (14),			_	2.47.04	24.04.2024	_	_
400m	, == (, , , , , , , , , , , , , , , , ,			-	5:15.13	25.04.2024	-	
100m				-	1:20.61	28.03.2024	-	
200m	, 2011 (13),			-	2:38.12	24.04.2024	-	
400m	, 2011 (13),	113.	5:35.23	328	5:24.88		94%	_
100m			0.00.20	-	1:21.65		-	
200m	2040 (44			-	2:52.72		-	4
400m	, 2010 (14),			_	4:48.82			1
100m				-	1:17.47		-	
200m			2:26.83	416	2:32.09		107%	
400	, 2010 (14),				4.50.00			-
400m 100m				-	4:52.60 1:12.58		-	
200m			2:32.69	370	2:27.60		93%	
	, 2012 (12),							-
100m				-	1:04.40	28.03.2024	-	
400m 200m				-	4:55.47 2:41.13	25.04.2024 24.04.2024	-	
	, 2010 (14),							1
400m	·			-	4:26.36		-	
100m 200m			2:15.53	- 529	1:01.56 2:16.53		- 101%	
200111	, 2011 (13),		2.10.00	525	2.10.00		10170	_
400m	,	85.	5:21.42	372	5:19.67		99%	
100m				-	1:12.01		-	
200m	, 2010 (14)			-	2:38.51		-	_
400m	, 2010 (14)	,		-	4:47.50		-	-
100m				-	1:12.80		-	
200m			2:25.16	430	2:22.60		97%	

	, 2011 (13),							-
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		-	
	, 2012 (12),							-
100m				-	1:03.95	26.04.2024	-	
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	, 2012 (12),			-	2:42.67		-	1
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	
100m				-	1:24.14		-	
200m	2044 (42			-	3:10.66	25.04.2024	-	4
100m	, 2011 (13),			-	1:06.87			1
400m		49.	5:10.15	414	5:17.13		105%	
200m				-	2:41.97		-	
	, 2011 (13),							-
100m 400m				-	1:04.58 5:01.18	25.04.2024	-	
200m				-	2:41.79	24.04.2024	-	
	, 2011 (13),							-
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m				-	1:12.56 2:53.69		-	
200111	, 2011 (13),				2.00.00			_
400m	, - (- //			-	5:13.38		-	
100m				-	1:28.91		-	
200m	, 2011 (13),			-	2:44.49		-	1
400m	, 2011 (13),	24.	5:01.70	450	5:03.35		101%	'
100m				-	1:07.74		-	
200m	2012 (12			-	2:39.68		-	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	-
100m		100.	0.01.00	-	1:21.59	26.04.2024	-	
200m				-	3:02.87	25.04.2024	-	
400	, 2010 (14),				54.40			-
100m 400m				-	54.12 4:15.65		-	
200m			2:12.89	561	2:12.78		100%	
	, 2010 (14),							1
400m				-	4:42.10	25.04.2024	-	
100m 200m			2:21.78	462	1:09.79 2:23.12	26.04.2024 24.04.2024	102%	
	, 2013 (11),							1
400m		108.	5:32.14	337	5:39.66		105%	
100m 200m				-	1:34.94 2:56.62		-	
200111	, 2011 (13),				2.00.02			1
400m	, 2011 (10),	105.	5:31.45	339	5:32.47		101%	•
100m				-	1:25.17		-	
200m	, 2012 (12),			-	2:55.64		-	_
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	_
100m				-	1:22.25	26.04.2024	-	
200m	0044 (40			-	3:05.11	25.04.2024	-	
400m	, 2011 (13),	71.	E:10 10	204	5:14.84	23.11.2023	000/	-
100m		71.	5:18.19	384	1:22.53	23.11.2023	98% -	
200m				-	2:43.30	25.04.2024	-	
400	, 2012 (12),	0.4	5.04.44	070	5.04.05	04.04.0004	4000/	-
400m 100m		84.	5:21.41	372	5:21.05 1:15.63	24.04.2024 26.04.2024	100%	
200m				-	2:45.78	25.04.2024	-	
	, 2012 (12),							1
400m		28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m 200m				-	1:13.60 2:49.88	26.04.2024 25.04.2024	-	
	, 2010 (14),							-
100m				-	1:02.55		-	
400m				-	4:49.66 2:38.32		-	
200m	, 2011 (13),			-	2:38.32		-	_
100m	,,			-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m				-	2:39.16	25.04.2024	-	

, 29 31.5.2024	

400	, 2012 (12),	00	5:28.19	250	F:20.04		1000/	1
400m 100m		98.	5:26.19	350 -	5:30.94 1:15.24		102% -	
200m				-	2:51.65		-	
	, 2012 (12),							1
400m		44.	5:08.56	421	5:16.23		105%	
100m 200m				-	1:22.27 2:40.76		-	
200	, 2012 (12),				2			1
400m	, - (),	136.	5:52.85	281	5:58.66		103%	
100m				-	1:22.81		-	
200m	, 2010 (14),			-	2:56.19		-	
100m	, 2010 (14),			_	1:05.38	26.04.2024	_	-
400m				-	5:34.20	25.04.2024	-	
200m	2242 (44			-	2:46.19	24.04.2024	-	
400	, 2010 (14),				4:40.50			-
400m 100m				-	4:46.52 1:04.59		-	
200m			2:26.71	417	2:24.49		97%	
	, 2012 (12),							-
400m		125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m 200m				-	1:29.97 2:50.20	19.04.2024 25.04.2024	-	
200111	, 2011 (13),				2.30.20	25.04.2024		1
400m	, - (/,	111.	5:34.55	330	5:45.58	24.04.2024	107%	=
100m				-	1:18.51	26.04.2024	-	
200m	, 2010 (14),			-	3:02.43	25.04.2024	-	
400m	, 2010 (14),			-	5:35.50	25.04.2024	_	-
100m				-	1:15.19	26.04.2024	-	
200m				-	2:45.47	24.04.2024	-	
400	, 2011 (13),				4.04.00	00.40.0000		-
100m 400m		13.	4:54.85	482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m		10.	1.0 1.00	-	2:34.71	22.11.2023	-	
	, 2011 (13),							1
100m				-	1:18.22	24.11.2023	-	
400m 200m		107.	5:32.07	337	5:36.05 2:59.25	24.04.2024 25.04.2024	102%	
200111	, 2011 (13),				2.00.20	20.04.2024		_
100m	, 2011 (10),			-	1:01.70		-	
400m				-	4:42.00		-	
200m	, 2010 (14),			-	2:42.00		-	
400m	, 2010 (14),			_	4:40.20		_	-
100m				-	1:08.47		-	
200m			2:30.84	383	2:29.71		99%	
	, 2011 (13),							-
400m 100m				-	4:50.48 1:08.99		-	
200m			2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m 200m				-	1:17.03 2:56.19		-	
_001	, 2010 (14),				00.10			1
100m	, (//			-	59.64		-	•
400m			0.00 ==	-	4:51.18		-	
200m	, 2011 (13),		2:22.56	454	2:25.57		104%	1
400m	, 2011 (13),	30.	5:04.55	438	5:16.65	24.04.2024	108%	1
100m			- · - -	-	1:19.49	26.04.2024	-	
200m				-	2:39.45	25.04.2024	-	
400	, 2010 (14),				E:00.04			-
400m 100m				-	5:02.94 1:11.66		-	
200m				-	2:42.38		-	
	, 2012 (12),							-
400m				-	5:00.14	25.04.2024	-	
100m 200m				-	1:20.97 2:41.56	26.04.2024 24.04.2024	-	
20011	, 2010 (14),			-	2.71.30	27.07.2024	-	_
100m	, \ //			-	1:04.73	28.03.2024	-	
400m				-	4:56.66	27.03.2024	-	
200m				-	2:45.39	16.06.2023	=	

	, 2011 (13),							-
400m 100m		46.	5:09.47	417	5:05.80 1:11.00		98%	
200m				-	2:39.70		-	
	, 2010 (14),							1
100m				-	55.65	26.04.2024	-	
400m			0-40-00	-	4:30.00	25.04.2024	-	
200m	, 2010 (14),		2:19.89	481	2:30.78	22.11.2023	116%	1
400m	, 2010 (14),			-	5:04.79		_	'
100m				-	1:14.56		-	
200m	2242 (44		2:34.13	359	2:34.88		101%	
400	, 2010 (14),				4.04.40			-
100m 400m				-	1:04.13 4:53.89		-	
200m				-	2:42.26		-	
	, 2011 (13),							-
400m				-	5:03.36	25.04.2024	-	
100m 200m				-	1:11.34 2:39.42	26.04.2024 24.04.2024	-	
	, 2013 (11),							1
400m	, , , , , , , , , , , , , , , , , , , ,	144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m				-	1:38.18	26.04.2024	-	
200m	, 2011 (13),			-	3:46.50	06.12.2023	-	_
100m	, 2011 (10),			-	1:06.34		-	
400m				-	5:06.72		-	
200m	0044 (40			-	2:43.15		-	
100m	, 2011 (13),			_	1:06.69	07.12.2023		-
400m				-	5:15.49	27.03.2024	-	
200m				-	2:50.21	24.04.2024	-	
	, 2010 (14),							-
400m 100m				-	4:40.20 1:03.07	25.04.2024 26.04.2024	-	
100111	, 2011 (13),				1.00.07	20.04.2024		_
100m	, 2011 (10),			-	1:00.12		-	
400m				-	4:43.97		-	
400	, 2011 (13),					0= 0.4 000.4		-
400m 100m				-	5:17.90 1:15.34	25.04.2024 26.04.2024	-	
200m				-	2:48.64	24.04.2024	-	
	, 2010 (14),							-
400m				-	5:11.10 1:10.36	23.11.2023	-	
100m 200m				-	1:10.36 NT		-	
	, 2010 (14),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.62	26.04.2024	-	
400m			0.07.57	-	4:37.90	25.04.2024	4000/	
200m	, 2012 (12),		2:27.57	410	2:27.45	24.04.2024	100%	_
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	
100m				-	1:20.12		-	
200m	2011 (12			-	2:54.00		-	
100m	, 2011 (13),			_	1:00.03		_	-
400m				-	4:42.88		-	
200m	2011 (12		2:35.11	353	2:33.34		98%	
100m	, 2011 (13),			_	E0 14		_	-
100m 400m		8.	4:52.02	496	59.14 4:49.86		99%	
200m				-	2:29.93		-	
	, 2012 (12),							1
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m 200m				-	1:21.52 3:01.82	26.04.2024 25.04.2024	-	
	, 2011 (13),							1
400m	- *	1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m 200m				-	1:05.31 2:31.57	26.04.2024 25.04.2024	-	
200111	, 2011 (13),			-	۵.31.31	20.04.2024	-	_
400m	,			-	5:00.56		-	
100m				-	1:10.64		-	
200m				-	2:39.17		-	

	, 2010 (14),							-
400m				-	5:03.85		-	
100m				-	1:09.98		-	
200m	2010 (14			-	2:39.94		-	4
	, 2010 (14),							1
100m 400m				-	58.78 4:47.67		-	
200m			2:27.18	413	2:33.74		109%	
20011	, 2011 (13),		2.27.10	410	2.00.74		10370	1
400m	, 2011 (10),	79.	5:20.72	375	5:29.96	27.03.2024	106%	•
100m				-	1:27.32	26.04.2024	-	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13),							-
400m				-	5:06.86		-	
100m 200m				-	1:20.91 2:37.55		-	
200111	, 2011 (13),			-	2.37.33		-	_
400m	, 2011 (10),			_	4:46.21		_	
100m				-	1:08.42		_	
	, 2011 (13),							-
100m	, , ,			-	1:05.35	26.04.2024	-	
400m				-	4:59.54	25.04.2024	-	
200m	0040744			-	2:48.84	24.04.2024	-	
400	, 2010 (14),				4 40 00			-
400m 100m				-	4:43.30 1:13.19		-	
200m			2:25.38	428	2:22.59		96%	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,	124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m	0040 (40			-	2:57.06		-	
4000	, 2012 (12),	38.	F.0F.00	424	F.00 22		069/	-
400m 100m		30.	5:05.99	431 -	5:00.22 1:13.94		96%	
200m				-	2:41.99		-	
	, 2013 (11),							1
400m	, , , , , , , , , , , , , , , , , , , ,	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m	2011 (12			-	2:59.30		-	
400m	, 2011 (13),	4.	4:40.74	559	4:37.71		98%	-
100m		4.	4.40.74	-	1:04.81		90 /6	
200m				-	2:27.89		-	
	, 2010 (14),							-
100m				-	1:08.86	26.04.2024	-	
400m				-	5:34.76	25.04.2024	-	
200m	2010 (14			-	2:37.96		-	4
400m	, 2010 (14),			-	4:52.68		_	1
100m				-	1:18.06		-	
200m			2:30.33	387	2:31.09		101%	
	, 2010 (14),							1
100m				-	59.59		-	
400m				-	4:47.04		-	
200m	, 2011 (13),		2:30.23	388	2:32.95		104%	
100m	, 2011 (13),			-	59.17	26.04.2024	-	_
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m				-	2:31.66	25.04.2024	-	
	, 2011 (13),							1
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m 200m				-	1:12.77 2:24.20	23.11.2023 25.04.2024	-	
200111	, 2012 (12),				2.24.20	20.04.2024		_
100m	, 2012 (12),			_	1:18.15	26.10.2023	_	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m				-	2:56.24	25.04.2024	-	
	, 2011 (13),							-
100m		4=	4.55.40	470	1:02.61	05.10.2023	- 070/	
400m 200m		15.	4:55.46	479 -	4:50.73 2:33.58	24.04.2024 25.04.2024	97%	
	, 2010 (14),							_
400m	, 20.0 (1.1),			-	5:30.90	25.04.2024	-	
100m				-	1:13.92	26.04.2024	-	
200m				-	2:42.67	24.04.2024	-	

400m	, 2010 (14),			-	4:48.30		_	1
100m				-	1:05.77		-	
200m			2:28.77	400	2:30.91		103%	
200111	, 2011 (13),		2.20	100	2.00.01		10070	1
100m	, , , , , , , , , , , , , , , , , , , ,			_	1:03.15		_	
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	
	, 2011 (13),							1
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m				-	1:11.76	26.04.2024	-	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13),							1
400m				-	4:55.83		-	
100m			2:30.47	386	1:06.88		105%	
200m	, 2010 (14),		2.30.47	300	2:34.49		105%	_
100m	, 2010 (14),			-	1:00.40		<u>-</u>	_
400m				-	4:38.00		_	
200m			2:39.25	326	2:32.00		91%	
	, 2012 (12),							1
400m	, - (130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m				-	1:31.39	28.03.2024	-	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m				-	5:31.52		-	
200m	0044 (40			-	3:03.37		-	
400	, 2011 (13),	0.5	5.05.40	405	5 00 00		000/	-
400m 100m		35.	5:05.10	435	5:02.99 1:22.25		99%	
200m				-	2:47.42		-	
200111	, 2012 (12),				22			_
100m	, 2012 (12),			-	1:11.00		_	
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m				-	2:57.50	25.04.2024	-	
	, 2010 (14),							-
400m				-	4:50.19	25.04.2024	-	
100m 200m			2:31.24	380	1:18.29 2:29.25	06.10.2023 24.04.2024	97%	
200111	, 2011 (13),		2.31.24	360	2.29.25	24.04.2024	91 /6	_
400m	, 2011 (10),			-	5:29.16		_	
100m				-	1:16.04		_	
200m				-	2:48.79		-	
	, 2010 (14),							-
100m				-	1:01.60		-	
400m				-	5:02.70		-	
200m			2:38.04	333	2:35.00		96%	
	, 2012 (12),							1
100m		404	F- 40.00	-	1:15.24		4070/	
400m 200m		131.	5:49.82	289	6:01.03 3:11.37		107%	
200111	, 2011 (13),				5.11.57			
400m	, 2011 (13),	33.	5:04.98	436	5:03.60		99%	_
100m		55.	3.04.30		1:10.20		-	
200m				-	2:42.00		-	
	, 2011 (13),							-
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18	26.04.2024	-	
200m				-	2:42.57	25.04.2024	-	
	, 2010 (14),							-
400m				-	4:31.67		-	
100m	2011 (42			-	1:02.45		-	
400	, 2011 (13),				F0 0 4			1
100m				-	59.64		-	
400m 200m			2:30.36	387	4:38.57 2:32.82		103%	
200111	, 2010 (14),		2.00.00	301	2.02.02		10070	1
100m	, 2010 (17),			-	1:00.66		-	'
400m				-	5:00.36		-	
200m			2:31.10	381	2:33.70		103%	

400	, 2011 (13),				4.45.05	05.04.0004		-
400m 100m				-	4:45.95 1:13.57	25.04.2024 26.04.2024	-	
200m			2:29.06	397	2:27.33	24.04.2024	98%	
200	, 2010 (14),		2.20.00	00.	2.200	2	3373	-
400m	, (-	4:40.19	25.04.2024	-	
100m				-	1:07.31	26.04.2024	-	
200m			2:27.05	414	2:25.73	24.04.2024	98%	
	, 2011 (13),							1
100m		40	5 00 00	-	1:06.33		-	
400m 200m		40.	5:06.89	428	5:12.55 2:49.02		104%	
200111	, 2011 (13),				2.43.02			_
400m	, 2011 (10),	14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m				-	2:34.65		-	
	, 2010 (14),							1
400m				-	5:05.04		-	
100m 200m			2:30.09	389	1:16.06 2:32.15		103%	
200111	, 2010 (14),		2.50.05	505	2.02.10		10070	1
400m	, 2010 (14),			-	4:36.97	25.04.2024	-	'
100m				-	1:06.71	26.04.2024	-	
200m			2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m 200m				-	1:35.68 3:02.58	26.04.2024 25.04.2024	-	
200111	, 2010 (14),			-	3.02.30	23.04.2024	-	_
400m	, 2010 (14),			-	4:56.26		_	_
100m				-	1:06.63		-	
200m			2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	, 2012 (12),			-	3:06.71		-	1
100m	, 2012 (12),			_	1:15.15		_	
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							1
400m				-	4:46.63		-	
100m			0.05.04	-	1:06.13		4000/	
200m	, 2012 (12),		2:25.04	431	2:29.10		106%	1
400m	, 2012 (12),	142.	6:03.54	257	6:05.68	27.03.2024	101%	'
100m		172.	0.00.04	-	1:34.62	28.03.2024	-	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							-
400m				-	5:05.89		-	
100m				-	1:11.00		-	
200m	, 2010 (14),			-	2:42.86		-	_
400m	, 2010 (17),			<u>-</u>	4:55.23	25.04.2024	_	-
100m				-	1:09.85	26.04.2024	-	
200m			2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							1
400m		143.	6:08.41	247	6:15.63		104%	
100m				-	1:27.90		-	
200m	, 2010 (14),			-	3:02.71		-	_
100m	, 2010 (14),			_	1:07.36	26.04.2024	_	
400m				-	5:03.09	25.04.2024	-	
200m				-	2:43.68	24.04.2024	-	
								4.0
								10
	, 2011 (13),							1
400m				-	4:32.58		-	
100m 200m			2:28.18	- 404	1:02.61 2:30.35		103%	
200m	, 2010 (14),		2.20.10	404	2.30.33		103%	_
400m	, 2010 (17),			-	4:46.20		_	-
100m				-	1:17.05		-	
200m			2:31.85	376	2:29.55		97%	

400	, 2011 (13),	47	4.50.00	407	4.55.40	-
400m 100m		17.	4:58.03	467	4:55.18 1:14.68	98%
200m				-	2:40.38	-
	, 2011 (13),					-
400m		25.	5:02.37	447	4:56.03	96%
100m				-	1:14.95	-
200m	2012 (12			-	2:47.54	- 1
400m	, 2012 (12),	6.	4:48.04	517	4:52.60	1 103%
100m		0.	4.40.04	-	1:08.29	-
200m				-	2:35.61	-
	, 2010 (14),					-
400m				-	5:07.65	-
100m 200m			2:39.51	324	1:18.39 2:37.36	- 97%
200	, 2011 (13),		2.00.01	02.	2.01.00	-
400m	, - (- ,,	51.	5:11.10	410	5:03.43	95%
100m				-	1:22.64	-
200m	2010 (10			-	2:40.55	-
400	, 2012 (12),			_	F:02.00	-
400m 100m				-	5:03.99 1:12.38	-
200m				-	2:41.04	-
	, 2012 (12),					-
100m				=	1:04.60	<u>-</u>
400m 200m				-	5:06.16 2:40.08	-
200111	, 2011 (13),				2.40.00	1
100m	, 2011 (10),			-	1:04.92	
400m		45.	5:08.76	420	5:09.05	100%
200m	0044 (40			-	2:46.15	-
100m	, 2011 (13),			_	1:06.09	1
400m		37.	5:05.59	433	5:07.54	101%
200m				-	2:47.50	-
	, 2010 (14),					1
100m				-	58.40	=
400m 200m			2:34.04	360	5:02.97 2:35.53	- 102%
200111	, 2011 (13),		2.54.04	300	2.33.33	102%
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%
100m		• • •		-	1:16.52	-
200m	0040 (44			-	2:53.92	-
400	, 2010 (14),				4.04.44	-
100m 400m				-	1:04.14 5:03.00	-
200m				-	2:42.92	-
	, 2010 (14),					-
400m				-	4:47.50	=
100m 200m			2:33.09	- 367	1:05.50 2:30.70	- 97%
200111	, 2011 (13),		2.00.00	307	2.50.70	-
400m	, - (-),	34.	5:05.09	435	5:00.47	97%
100m				-	1:15.07	-
200m	2040 (4.4			-	2:43.92	-
100m	, 2010 (14),			_	1:05.23	• -
400m				-	4:49.66	- -
200m				-	2:40.00	-
400	, 2011 (13),					1
100m 400m		31.	5:04.59	437	1:05.75 5:05.60	- 101%
200m		31.	3.04.33		2:53.11	-
	, 2010 (14),					-
100m	, ,,,			-	58.71	-
400m			2.22.02	- 442	4:33.04	- 070/
200m	, 2010 (14),		2:23.82	442	2:21.32	97%
400m	, 2010 (14),			-	4:55.07	- -
100m				-	1:20.35	- -
200m				-	2:42.82	-
400	- , 2012 (12),	F		5.40.05	1
400m 100m		27.	5:03.89	440	5:10.25 1:14.03	104%
200m				-	2:40.09	- -

	, 2010 (14),					
400m	, 2010 (14),			-	4:58.35	-
100m				-	1:24.37	-
200m	, 2010 (14),			-	2:38.43	- 1
400m	, (-	4:48.68	-
100m 200m			2:26.59	418	1:05.20 2:29.33	- 104%
200	, 2011 (13),				2.20.00	-
400m 100m		82.	5:21.20	373	5:11.48 1:12.72	94%
200m				-	2:39.93	- -
	, 2010 (14),					-
100m 400m				-	56.14 4:40.00	- -
200m	0040 (44		2:22.78	452	2:22.20	99%
400m	, 2010 (14),			_	4:27.15	1
100m				-	1:01.00	-
200m	, 2011 (13),		2:17.26	509	2:18.68	102%
100m	, 2011 (13),			-	1:01.69	-
400m 200m				-	5:07.83 2:40.53	-
200111	, 2011 (13),			-	2.40.33	-
400m		29.	5:04.54	438	5:00.70	97%
100m 200m				-	1:10.86 2:38.82	-
						44
	2044 (42					11
400m	, 2011 (13),	42.	5:08.18	422	5:12.96	103%
100m				-	1:11.54	-
200m	, 2010 (14),			-	2:35.00	· .
100m	, (//			-	59.85	-
400m 200m				-	4:54.15 2:39.00	- -
	, 2012 (12),					1
400m 100m		114.	5:35.58	327	5:39.26 1:19.35	102%
200m				-	2:56.07	-
400m	, 2011 (13),			_	4:56.00	-
100m				-	1:09.00	-
200m	, 2011 (13),			-	2:45.00	-
100m	, 2011 (13),			-	1:37.00	-
200m	2044 (42			-	3:24.00	-
100m	, 2011 (13),			_	1:18.00	-
400m		147.	6:27.11	213	6:20.00	96%
200m	, 2012 (12),			-	3:12.00	- -
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:16.82	<u>-</u>
400m 200m		146.	6:21.28	223	6:09.89 3:10.65	94%
	, 2010 (14),					1
400m 100m				- -	4:57.49 1:14.00	- -
200m			2:29.45	394	2:31.00	102%
400m	, 2010 (14),			-	5:59.00	-
100m				-	1:19.00	-
200m	, 2011 (13),			-	2:45.00	-
400m	, 2011 (10 <i>)</i> ,			-	5:01.37	-
100m 200m				-	1:20.70 2:38.89	- -
20011	, 2010 (14),			-	2.00.00	-
100m	, , , , ,			-	1:03.70	-
400m 200m				-	5:05.00 2:45.00	- -
	, 2012 (12),	400	p 45.5:			1
400m 100m		123.	5:43.84	304	5:50.00 1:27.00	104% -
200m				-	2:55.00	-

	, 2011 (13),						-
400m				-	5:14.00	-	
100m 200m				-	1:11.00 2:45.18	-	
200111	, 2013 (11),				2.40.10		1
400m	, ==== (),	141.	6:01.09	262	6:01.11	100%	•
100m				-	1:31.64	-	
200m				=	3:12.02	-	
400	, 2010 (14),						1
100m 400m				-	55.90 4:26.70	-	
200m			2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m				-	4:56.47	-	
100m			2.20.60	-	1:07.50	4040/	
200m	, 2011 (13),		2:28.69	400	2:31.87	104%	_
400m	, 2011 (13),	149.	6:42.44	189	6:35.00	96%	
100m			0	-	1:28.00	-	
200m				-	3:10.00	-	
	, 2013 (11),						-
100m 400m				-	1:12.50 5:34.00	-	
200m				-	3:03.00	-	
	, 2012 (12),						-
400m				-	5:41.00	-	
100m				-	1:27.00	-	
200m	, 2010 (14),			-	3:01.00	-	
100m	, 2010 (14),			<u>-</u>	1:04.76	_	-
400m				-	5:10.89	-	
200m				-	2:39.21	-	
	, 2011 (13),						1
400m 100m		93.	5:26.72	354 -	5:34.09 1:13.52	105% -	
200m				-	2:59.24	- -	
200	, 2011 (13),				2.00.2		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.02	-	
400m		88.	5:23.00	367	5:40.00	111%	
200m	2011 (12			-	2:48.00	-	
400m	, 2011 (13),	127.	5:45.02	301	5:38.96	97%	-
100m		121.	0.40.02	-	1:18.87	-	
200m				-	3:06.22	-	
400	, 2012 (12),						-
400m 100m				-	5:09.00 1:15.85	-	
200m				-	2:46.85	- -	
	, 2011 (13),						1
400m		115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m	, 2012 (12),			-	2:55.31	-	_
400m	, 2012 (12),	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	-	
200m	0044 (40			-	2:55.00	-	
100	, 2011 (13),				1.04.70	_	-
100m 400m				-	1:04.70 5:12.00	- -	
200m				-	2:45.00	-	
	, 2010 (14),						-
400m				-	4:47.00	-	
100m 200m			2:28.99	398	1:08.00 2:28.00	99%	
	, 2011 (13),				,	30,0	-
400m	, - (> //			-	5:16.00	-	
100m				-	1:20.50	-	
200m	2044 (42			-	2:50.00	-	4
400m	, 2011 (13),	148.	6:35.76	100	6:40 59	102%	1
400m 100m		140.	0.33.70	199 -	6:40.58 1:33.00	102%	
200m				-	3:10.00	-	
	, 2011 (13),						-
100m				-	1:04.01	-	
400m				-	4:52.34 2:39.78	-	
200m							