	-						
						%	PB
							-
							54
400	, 2011 (13),	4.0	. ====	400	4 = 0.40	10101	3
400m 100m		10. 7.	4:52.72 1:10.91	493 442	4:53.48 1:11.32	101% 101%	
200m		12.	2:34.58	489	2:35.20	101%	
	, 2011 (13),						2
400m		127.	5:04.73	337	5:08.05	102%	
200m	, 2010 (14),	139.	2:44.58	295	2:48.88	105%	2
400m	, 2010 (14),	38.	4:43.04	421	4:46.77	103%	
100m		4.	1:11.52	461	1:10.23	96%	
200m		18.	2:23.54	445	2:25.50	103%	
400	, 2010 (14),				= 00 to		2
400m 100m		143. 13.	5:09.77 1:08.52	321 339	5:03.12 1:09.93	96% 104%	
200m		91.	2:36.69	342	2:40.19	105%	
	, 2010 (14),						3
100m	, , , , , , , , , , , , , , , , , , , ,	4.	55.52	526	57.36	107%	
400m		43.	4:44.69	414	4:59.79	111%	
200m	, 2011 (13),	24.	2:25.51	427	2:31.28	108%	2
400m	, 2011 (13),	100.	5:28.91	347	5:27.33	99%	-
100m		18.	1:14.80	395	1:14.81	100%	
200m		54.	2:44.38	407	2:46.39	102%	
	, 2010 (14),		. =		4.50.05	4000/	(
400m 100m		76. 12.	4:53.06 1:14.47	379 409	4:56.97 1:14.87	103% 101%	
200m		55.	2:30.38	387	2:34.33	105%	
	, 2010 (14),						•
400m		55.	4:47.74	401	4:47.31	100%	
100m 200m		11. 66.	1:07.47	355 371	1:08.10	102%	
200111	, 2012 (12),	66.	2:32.51	3/1	2:32.09	99%	2
400m	, 2012 (12),	132.	5:49.98	288	5:44.42	97%	•
100m		19.	1:17.92	333	1:21.94	111%	
200m	0040 (44	88.	2:50.40	365	2:59.66	111%	
400	, 2010 (14),	40	50.50	440	50.04	000/	2
100m 400m		13. 51.	58.53 4:47.15	449 403	58.01 4:50.47	98% 102%	
200m		70.	2:32.86	368	2:34.12	102%	
	, 2011 (13),						(
100m		3.	1:01.45	546	1:02.34	103%	
400m 200m		3. 10.	4:40.55 2:33.78	560 497	4:42.01 2:38.03	101% 106%	
200	, 2011 (13),				2.00.00	10070	(
400m	, - (- ,,	7.	4:48.49	515	4:51.80	102%	
100m		5.	1:10.10	458	1:11.90	105%	
200m	, 2011 (13),	4.	2:28.91	548	2:33.50	106%	2
400m	, 2011 (13),	80.	5:20.92	374	5:21.89	101%	-
100m		22.	1:19.31	316	1:19.46	100%	
200m		103.	2:52.47	352	2:51.06	98%	
	, 2010 (14),						2
100m 400m		11. 123.	58.28 5:03.75	455 341	59.01 4:57.39	103% 96%	
200m		35.	2:28.24	404	2:32.60	106%	
	, 2011 (13),						(
100m		28.	1:08.94	387	1:09.62	102%	
400m 200m		78. 84.	5:20.52 2:49.95	375 368	5:21.68 2:52.65	101% 103%	
200111	, 2011 (13),	04.	2.43.33	300	2.02.00	103%	;
400m	, 2011 (10),	46.	4:45.51	410	4:49.60	103%	•
100m		7.	1:12.94	435	1:13.73	102%	
200m	0044 (40	44.	2:29.38	395	2:32.11	104%	
400m-	, 2011 (13),	00	E-00 44	0.40	E-04.00	000/	•
400m 100m		99. 18.	5:28.41 1:25.08	349 393	5:24.80 1:27.21	98% 105%	
200m		82.	2:49.57	371	2:47.65	98%	

	2040 (4.4						2
400	, 2010 (14),	0.4	4.44.45	400	4.40.70	000/	2
400m 100m		31.	4:41.45 1:01.60	428 482	4:40.73 1:02.37	99% 103%	
200m		4. 8.	1:01.60 2:19.37	486	2:21.20	103%	
200111	, 2010 (14),	0.	2.19.37	400	2.21.20	10376	2
400m	, 2010 (14),	96	4:54.90	372	4:51.47	98%	_
400m		86. 10.	1:04.10	428	1:05.79	105%	
200m		75.	2:34.02	360	2:34.41	101%	
200111	, 2010 (14),	70.	2.0 1.02	000	2.01.11	10170	3
400m	, 2010 (14),	40.	4:43.35	420	4:47.34	103%	3
100m		3.	1:01.17	493	1:02.00	103%	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m	, 2011 (10),	20.	4:58.98	463	4:57.41	99%	•
100m		4.	1:17.77	515	1:17.17	98%	
200m		16.	2:35.47	481	2:35.78	100%	
	, 2011 (13),						1
100m	, == (/,	26.	1:08.31	398	1:07.49	98%	-
400m		54.	5:11.71	408	5:08.16	98%	
200m		100.	2:52.14	354	2:53.06	101%	
	, 2010 (14),						3
400m	, == (, ,),	130.	5:05.78	334	5:11.54	104%	_
100m		15.	1:16.09	383	1:18.86	107%	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						3
400m	, , , , , , , , , , , , , , , , , , , ,	68.	5:17.34	387	5:21.70	103%	
100m		8.	1:09.88	484	1:09.93	100%	
200m		35.	2:40.43	438	2:41.48	101%	
							23
	, 2012 (12),						3
100m	, 2012 (12),	32.	1:10.67	359	1:11.43	102%	O
400m		50.	5:10.60	412	5:16.95	104%	
200m		85.	2:50.17	367	2:51.60	102%	
	, 2010 (14),						_
100m	, == (/,	9.	57.94	463	56.28	94%	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m	, (),	66.	5:17.24	387	5:12.74	97%	
100m		7.	1:20.62	462	1:20.48	100%	
200m		41.	2:41.42	430	2:37.03	95%	
	, 2010 (14),						1
100m		20.	59.86	420	1:01.10	104%	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14),						1
400m	, , ,	62.	4:50.91	388	4:39.55	92%	
100m		16.	1:16.57	376	1:16.99	101%	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						2
400m		74.	5:19.44	379	5:20.36	101%	
100m		14.	1:13.81	392	1:13.26	99%	
200m		57.	2:45.29	400	2:46.21	101%	
	, 2010 (14),						1
400m		66.	4:51.27	386	4:49.08	99%	
100m		22.	1:08.81	346	1:07.68	97%	
200m		51.	2:30.31	387	2:30.54	100%	
	, 2012 (12),						3
100m	•	22.	1:07.40	414	1:08.16	102%	
400m		47.	5:09.90	415	5:21.42	108%	
200m		63.	2:45.70	397	2:47.40	102%	
	, 2012 (12),						1
100m	•	31.	1:10.14	367	1:08.40	95%	
400m		62.	5:14.32	398	5:15.16	101%	
200m		93.	2:51.16	360	2:51.08	100%	
	, 2010 (14),						1
100m		26.	1:00.52	406	1:01.11	102%	
400m		97.	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),						2
400m		21.	4:59.81	459	5:00.52	100%	
100m		18.	1:17.47	339	1:14.84	93%	
200m	0044 (40	39.	2:41.06	433	2:41.53	101%	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m		8.	1:22.52	431	1:21.90	99%	
200m		31.	2:40.08	441	2:39.00	99%	

400	, 2010 (14),	00	4.50.04	000	4.54.04	2007	-
400m 100m		68. 16.	4:52.04 1:05.96	383 393	4:51.04 1:05.26	99% 98%	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						2
400m		18.	4:35.80	455	4:36.00	100%	
100m 200m		10. 40.	1:07.33 2:28.96	357 398	1:07.50 2:28.50	101% 99%	
200111	, 2012 (12),	40.	2.20.90	390	2.20.30	99 /0	2
400m	, 2012 (12),	97.	5:27.25	353	5:28.72	101%	_
100m		25.	1:21.42	292	1:20.44	98%	
200m	2011 (12	101.	2:52.23	354	2:52.24	100%	
400m	, 2011 (13),	63.	5:16.47	390	5:12.90	98%	1
100m		63. 12.	1:12.00	443	1:11.34	98%	
200m		51.	2:43.41	414	2:44.44	101%	
	, 2010 (14),						-
100m		19.	59.50	428	59.24	99%	
400m 200m		17. 86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
	, 2010 (14),						1
400m	, , , , , , , , , , , , , , , , , , , ,	75.	4:53.03	380	4:50.50	98%	
100m		10.	1:13.93	418	1:16.20	106%	
200m	, 2010 (14),	46.	2:29.60	393	2:29.00	99%	_
400m	, 2010 (14),	14.	4:32.52	472	4:32.06	100%	
100m		2.	1:00.52	509	1:00.00	98%	
200m		7.	2:18.80	492	2:17.73	98%	_
400	, 2011 (13),	00	E-00 67	264	F.10.00	070/	2
400m 100m		89. 17.	5:23.67 1:16.44	364 353	5:19.00 1:16.50	97% 100%	
200m		81.	2:49.37	372	2:50.15	101%	
							55
100	, 2011 (13),	27	4.00.44	276	4.04.00	000/	-
100m 400m		37. 147.	1:02.11 5:12.93	376 312	1:01.00 5:12.00	96% 99%	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						-
100m		33.	1:10.76	358	1:10.00	98%	
400m 200m		90. 131.	5:24.46 3:01.35	362 303	5:17.00 2:52.00	95% 90%	
	, 2010 (14),						2
100m		27.	1:00.54	406	1:01.00	102%	
400m 200m		36. 57.	4:42.02 2:30.56	426 386	4:43.00 2:30.00	101% 99%	
200111	, 2012 (12),	57.	2.30.30	360	2.30.00	99 /0	2
100m	, 2012 (12),	52.	1:04.91	329	1:05.00	100%	_
400m		144.	5:10.95	318	5:03.00	95%	
200m	2012 (12	132.	2:43.49	301	2:45.00	102%	4
400m	, 2012 (12),	65.	5:17.11	388	5:06.00	93%	1
100m		10.	1:12.83	408	1:12.90	100%	
200m		82.	2:49.57	371	2:46.00	96%	
	, 2011 (13),						-
100m 400m		30. 77.	1:10.05 5:20.22	369 376	1:09.00 5:17.90	97% 99%	
200m		104.	2:52.67	351	2:49.60	96%	
	, 2012 (12),						-
400m		104.	5:31.09	340	5:17.90	92%	
100m 200m		29. 96.	1:27.91 2:51.56	232 358	1:21.99 2:49.60	87% 98%	
200111	, 2010 (14),	30.	2.01.00	330	2.73.00	30%	3
400m	, == := (: : /,	89.	4:55.23	371	4:56.38	101%	_
100m		9.	1:13.28	429	1:13.64	101%	
200m	2011 (42	27.	2:26.65	417	2:27.94	102%	2
100m	, 2011 (13),	13.	1:05.41	453	1:05.50	100%	2
400m		41.	5:07.47	425	5:15.00	105%	
200m		76.	2:47.81	382	2:46.00	98%	_
400-	, 2010 (14),	40	50.04	400	F0.05	10001	1
100m 400m		16. 131.	59.01 5:05.83	438 334	59.95 4:54.00	103% 92%	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14),					-
400m		146.	5:11.13	317	5:04.00	95%
100m		23.	1:18.22	352	1:15.00	92%
200m	, 2011 (13),	79.	2:34.76	355	2:33.00	98%
100m	, 2011 (10),	15.	1:05.46	452	1:05.00	99%
400m		43.	5:08.38	421	4:55.00	92%
200m		102.	2:52.35	353	2:47.00	94%
	, 2010 (14),					1
400m 100m		105. 30.	4:59.61 1:21.50	355 312	4:58.00 1:18.00	99% 92%
200m		81.	2:34.91	354	2:38.35	104%
	, 2012 (12),					1
400m	. , , , , , , , , , , , , , , , , , , ,	103.	5:30.30	343	5:26.00	97%
100m		32.	1:19.01	335	1:18.50	99%
200m	, 2010 (14),	86.	2:50.18	367	2:54.00	105%
100m	, 2010 (14),	39.	1:02.45	370	1:00.00	92%
400m		64.	4:51.10	387	4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m		96.	4:58.10	360 306	4:58.00 1:10.00	100% 98%
100m 200m		17. 127.	1:10.87 2:42.29	306 308	2:38.60	96%
200111	, 2012 (12),	127.	2. 12.20	000	2.00.00	1
400m		140.	5:56.43	273	6:00.00	102%
100m		42.	1:23.83	280	1:22.00	96%
200m	2040 (4.4	148.	3:23.13	215	3:14.00	91%
400m	, 2010 (14),	19.	4:35.84	455	4:41.90	104%
100m		4.	1:05.51	387	1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					1
400m		72.	5:18.21	384	5:06.76	93%
100m 200m		3. 17.	1:17.53 2:35.71	520 479	1:16.54 2:36.17	97% 101%
200111	, 2011 (13),	17.	2.00.71	475	2.00.17	-
400m	,	79.	4:53.46	378	4:53.00	100%
100m		31.	1:13.64	282	1:09.00	88%
200m	0040 (40	138.	2:44.35	296	2:42.00	97%
400m	, 2012 (12),	126	E:11 EE	202	F:40 00	079/
400m 100m		126. 23.	5:44.55 1:28.22	302 353	5:40.00 1:25.00	97% 93%
200m		119.	2:56.27	330	2:58.00	102%
	, 2012 (12),					2
400m		92.	5:25.53	358	5:31.00	103%
100m 200m		30. 97.	1:17.98 2:51.90	348 356	1:17.50 2:57.00	99% 106%
	, 2012 (12),					3
400m	, == (= /,	137.	5:53.39	280	6:09.00	109%
100m		29.	1:32.65	304	1:35.00	105%
200m	, 2010 (14),	128.	3:00.38	308	3:03.74	104%
400m	, 2010 (14),	133.	5:05.92	333	4:52.00	91%
100m		24.	1:15.84	250	1:10.00	85%
200m		151.	2:53.07	254	2:45.00	91%
	, 2012 (12),					3
100m		11. 18.	1:04.24 4:58.44	478 465	1:05.00	102% 105%
400m 200m		29.	2:39.91	465 442	5:05.50 2:40.14	100%
200	, 2010 (14),	20.			2	-
400m	, , , , , , , , , , , , , , , , , , , ,	156.	5:25.52	277	5:20.00	97%
100m		29.	1:12.22	299	1:09.00	91%
200m	2011 (12	146.	2:47.48	280	2:41.00	92%
400m	, 2011 (13),	86.	5:21.67	371	5:14.45	96%
100m		14.	1:23.86	411	1:23.21	98%
200m		46.	2:43.02	417	2:43.34	100%
	, 2011 (13),					-
400m		135.	5:52.65	282	5:25.00	85%
100m 200m		21. 114.	1:27.47 2:54.33	362 341	1:23.00 2:50.00	90% 95%
200	, 2011 (13),		=.000	V.1		2
400m	, - (- /)	128.	5:46.63	297	5:30.00	91%
100m		26.	1:16.59	368	1:17.00	101%
200m		106.	2:52.99	349	2:53.00	100%

	, 2010 (14),						-
100m 400m		18. 92.	59.08	437 367	58.79	99% 96%	
200m		92. 85.	4:56.39 2:35.94	367 347	4:50.00 2:35.29	90%	
200111	, 2011 (13),	00.	2.00.01	011	2.00.20	0070	3
400m	, - (- , ,	55.	5:11.97	407	5:19.78	105%	
100m		8.	1:11.21	437	1:11.45	101%	
200m	0040 (40	24.	2:38.13	457	2:41.12	104%	
400	, 2012 (12),	F0	F:42.20	400	F:10 00	000/	-
400m 100m		58. 29.	5:13.29 1:17.76	402 351	5:10.00 1:16.00	98% 96%	
200m		108.	2:53.32	347	2:50.00	96%	
	, 2013 (11),						2
400m		145.	6:18.95	227	6:02.00	91%	
100m		22.	1:27.71	359	1:29.00	103%	
200m	, 2010 (14),	139.	3:07.24	275	3:10.00	103%	_
400m	, 2010 (14),	118.	5:02.37	345	4:56.00	96%	
100m		25.	1:10.17	326	1:08.00	94%	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						1
400m		22. 6.	5:00.79	454 454	4:55.76	97%	
100m 200m		0. 11.	1:10.28 2:33.98	454 495	1:10.23 2:35.69	100% 102%	
200111	, 2013 (11),		2.00.00	100	2.00.00	10270	3
400m	, (101.	5:29.00	347	5:30.00	101%	
100m		15.	1:15.27	370	1:17.00	105%	
200m	2042 (42	94.	2:51.18	360	2:53.00	102%	4
400m	, 2012 (12),	94.	4:56.78	365	5:00.00	102%	1
100m		5.	1:12.07	451	1:10.50	96%	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),						2
100m		25.	1:07.90	405	1:08.00	100%	
400m 200m		70. 75.	5:18.02 2:47.79	384 383	5:24.00 2:47.00	104% 99%	
200111	, 2013 (11),	75.	2.41.13	303	2.47.00	3370	3
400m	, 2010 (11),	122.	5:42.96	306	5:43.00	100%	Ŭ
100m		24.	1:28.37	351	1:28.79	101%	
200m	2242 (44	113.	2:54.20	342	2:59.00	106%	_
400	, 2013 (11),	0.4	4.07.00	400	4.00.00	4040/	3
100m 400m		24. 94.	1:07.69 5:26.73	409 354	1:08.00 5:35.00	101% 105%	
200m		78.	2:48.29	379	2:53.00	106%	
	, 2012 (12),						1
400m		109.	5:32.34	337	5:36.00	102%	
100m		27.	1:23.90	267 296	1:22.50	97% 95%	
200m	, 2011 (13),	135.	3:02.68	290	2:58.00	90%	_
400m	, 2011 (13),	128.	5:04.94	337	4:55.00	94%	_
100m		30.	1:12.83	292	1:09.00	90%	
200m		121.	2:41.65	311	2:35.00	92%	
	, 2010 (14),						3
400m 100m		88. 13.	4:54.94 1:04.27	372 425	5:00.00 1:05.50	103% 104%	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						1
100m	, - (20.	1:06.41	433	1:05.90	98%	
400m		61.	5:14.16	399	5:14.00	100%	
200m	2012 (12	49.	2:43.23	416	2:46.00	103%	4
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	1
100m		2.	1:16.72	537	1:15.60	97%	
200m		6.	2:31.56	519	2:34.33	104%	
	, 2010 (14),						2
400m		151.	5:17.63	298	5:20.00	101%	
100m 200m		21. 126.	1:12.54 2:42.08	285 309	1:11.00 2:44.00	96% 102%	
200111		120.	2.32.00	500	2.11.00	102/0	
							35
	, 2010 (14),						3
100m	· · · · · · · · · · · · · · · · · · ·	3.	54.89	545	55.22	101%	
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

, 29. - 31.5.2024

	, 2011 (13),					,
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m		12.	1:23.59	415	1:22.72	98%
200m		55.	2:44.75	404	2:47.38	103%
	, 2012 (12),					•
400m		52.	5:11.42	409	5:11.20	100%
100m 200m		21. 66.	1:18.74 2:46.30	323 393	1:19.71 2:45.10	102% 99%
200111	, 2010 (14),	00.	2.40.30	393	2:45.10	99%
400m	, 2010 (14),	21.	4:38.39	443	4:43.78	104%
100m		19.	1:17.52	362	1:15.65	95%
200m		31.	2:27.12	413	2:27.24	100%
	, 2011 (13),					
400m	, , , , , , , , , , , , , , , , , , , ,	107.	5:00.11	353	5:02.18	101%
100m		37.	1:14.86	269	1:14.97	100%
200m	0044 (40	136.	2:44.26	297	2:38.82	93%
	, 2011 (13),					
100m		18.	1:05.92	442	1:05.00	97%
400m 200m		56. 67.	5:13.06 2:46.32	403 393	5:10.00 2:48.00	98% 102%
200111	, 2010 (14),	07.	2.40.02	000	2. 10.00	10270
400m	, 2010 (14),	3.	4:17.49	560	4:10.30	94%
100m		5.	1:01.83	477	1:02.52	102%
200m		10.	2:20.18	478	2:22.10	103%
	, 2010 (14),					
100m	, , ,	47.	1:04.12	341	1:04.00	100%
400m		65.	4:51.20	387	4:53.44	102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					2
400m		1.	4:08.68 1:05.55	621	4:09.73	101%
100m 200m		1. 1.	2:07.95	599 629	1:05.00 2:13.50	98% 109%
200111	, 2012 (12),	1.	2.07.93	029	2.13.30	10976
400m	, 2012 (12),	59.	5:13.52	401	5:10.78	98%
100m		16.	1:14.41	401	1:14.00	99%
200m		59.	2:45.50	399	2:47.46	102%
	, 2011 (13),					
400m		138.	5:06.74	331	5:02.39	97%
100m		32.	1:13.68	282	1:13.50	100%
200m		122.	2:41.73	311	2:40.24	98%
	, 2011 (13),					3
100m 400m		29. 32.	1:09.47 5:04.87	378 436	1:11.46	106% 105%
200m		90.	2:51.00	361	5:12.37 2:52.37	102%
200111	, 2011 (13),	00.	2.01.00	001	2.02.07	10270
400m	, 2011 (10),	11.	4:53.33	490	4:55.57	102%
100m		3.	1:09.99	460	1:12.97	109%
200m		7.	2:32.60	509	2:33.78	102%
	, 2011 (13),					3
400m		53.	5:11.69	408	5:24.16	108%
100m		19.	1:14.91	393	1:15.63	102%
200m	0040 (44	42.	2:41.71	427	2:45.16	104%
	, 2010 (14),				4 = 0 0 4	4000/
100		80.	4:53.47	378	4:53.24	100%
400m						4040/
400m 100m		14.	1:08.76	335	1:09.17	101%
100m	, 2010 (14),	14.	1:08.76	335	1:09.17	3
100m 100m		14. 29.	1:08.76 1:00.82	335 400	1:09.17 1:02.18	105%
100m 100m 400m		14. 29. 61.	1:08.76 1:00.82 4:50.80	335 400 388	1:09.17 1:02.18 5:00.24	105% 107%
100m 100m	, 2010 (14),	14. 29.	1:08.76 1:00.82	335 400	1:09.17 1:02.18	105%
100m 100m 400m 200m		14. 29. 61. 93.	1:08.76 1:00.82 4:50.80 2:37.15	335 400 388 339	1:09.17 1:02.18 5:00.24 2:41.49	105% 107% 106%
100m 100m 400m	, 2010 (14),	14. 29. 61.	1:08.76 1:00.82 4:50.80	335 400 388	1:09.17 1:02.18 5:00.24	105% 107%
100m 100m 400m 200m	, 2010 (14), , 2011 (13),	14. 29. 61. 93.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72	335 400 388 339	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20	105% 107% 106% 92% 100% 93%
100m 100m 400m 200m 400m 100m 200m	, 2010 (14),	14. 29. 61. 93. 106. 16. 68.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53	335 400 388 339 339 363 391	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73	105% 107% 106% 92% 100% 93%
100m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	14. 29. 61. 93. 106. 16. 68.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10	335 400 388 339 363 391 415	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20	105% 107% 106% 92% 100% 93%
100m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	14. 29. 61. 93. 106. 16. 68.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10 4:42.97	335 400 388 339 363 391 415 422	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20 4:46.76	105% 107% 106% 92% 100% 93% 2
100m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	14. 29. 61. 93. 106. 16. 68.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10	335 400 388 339 363 391 415	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20	105% 107% 106% 92% 100% 93% 2 100% 103% 97%
100m 100m 400m 200m 400m 200m 100m 400m 400m 200m	, 2010 (14), , 2011 (13),	14. 29. 61. 93. 106. 16. 68. 23. 37. 63.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10 4:42.97 2:31.60	335 400 388 339 363 391 415 422 378	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20 4:46.76 2:29.33	105% 107% 106% 92% 100% 93% 2 100% 103% 97%
100m 100m 400m 200m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	14. 29. 61. 93. 106. 16. 68. 23. 37. 63.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10 4:42.97 2:31.60 1:06.52	335 400 388 339 363 391 415 422 378	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89	105% 107% 106% 92% 100% 93% 2 100% 103% 97%
100m 100m 400m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	14. 29. 61. 93. 106. 16. 68. 23. 37. 63. 21. 64.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10 4:42.97 2:31.60 1:06.52 5:17.06	335 400 388 339 363 391 415 422 378 431 388	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16	105% 107% 106% 92% 100% 93% 2 100% 103% 97%
100m 100m 400m 200m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2011 (13),	14. 29. 61. 93. 106. 16. 68. 23. 37. 63.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10 4:42.97 2:31.60 1:06.52	335 400 388 339 363 391 415 422 378	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89	105% 107% 106% 92% 100% 93% 2 100% 103% 97%
100m 100m 400m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	14. 29. 61. 93. 106. 16. 68. 23. 37. 63. 21. 64. 105.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10 4:42.97 2:31.60 1:06.52 5:17.06 2:52.88	335 400 388 339 363 391 415 422 378 431 388 350	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	105% 107% 106% 92% 100% 93% 2 100% 103% 97% 98% 102% 99%
100m 100m 400m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2011 (13),	14. 29. 61. 93. 106. 16. 68. 23. 37. 63. 21. 64.	1:08.76 1:00.82 4:50.80 2:37.15 5:31.72 1:15.75 2:46.53 1:00.10 4:42.97 2:31.60 1:06.52 5:17.06	335 400 388 339 363 391 415 422 378 431 388	1:09.17 1:02.18 5:00.24 2:41.49 5:18.20 1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16	105% 107% 106% 92% 100% 93% 2 100% 103% 97%

400	, 2011 (13),	00	4.50.04	077	4.54.00		000/	2
400m 100m		82. 11.	4:53.81 1:04.14	377 427	4:51.26 1:04.54		98% 101%	
200m		74.	2:33.83	361	2:35.86		103%	
	, 2010 (14),							1
400m		12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m		9. 12.	1:03.92	432 469	1:04.92	29.03.2024	103% 99%	
200m	, 2010 (14),	12.	2:21.05	409	2:20.41	24.04.2024	99%	3
400m	, 2010 (14),	4.	4:18.37	554	4:21.07	25.04.2024	102%	3
100m		6.	1:01.99	473	1:02.09	26.04.2024	100%	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							2
100m		39.	1:13.90	314	1:12.87		97%	
400m 200m		134. 133.	5:52.45 3:02.37	282 298	6:02.18 3:03.57		106% 101%	
200111	, 2010 (14),	133.	3.02.37	230	3.03.37		10170	_
100m	, 2010 (11),	7.	56.86	490	56.54	26.04.2024	99%	
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							2
100m		32.	1:00.99	397	1:01.04		100%	
400m 200m		100. 53.	4:58.66 2:30.35	358 387	4:58.23 2:32.38		100% 103%	
200111	, 2011 (13),	55.	2.00.00	301	2.02.00		10070	2
100m	, ==::(:= /,	36.	1:11.40	348	1:11.63		101%	_
400m		119.	5:39.67	315	5:41.67		101%	
200m		132.	3:01.38	303	2:57.97		96%	_
	, 2011 (13),	4.0		440			40.407	2
100m 400m		19. 69.	1:05.93 5:17.47	442 386	1:07.27 5:16.74		104% 100%	
200m		71.	2:46.80	389	2:48.80		102%	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,	70.	4:52.05	383	4:50.62		99%	
100m		12.	1:04.23	426	1:04.31		100%	
200m	0044 (40	103.	2:38.60	330	2:36.18		97%	
400	, 2011 (13),	20	F-00 00	404	F-00 0F		000/	1
400m 100m		39. 5.	5:06.09 1:09.39	431 494	5:03.05 1:09.13		98% 99%	
200m		30.	2:40.06	441	2:42.47		103%	
	, 2011 (13),							1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m		23.	1:19.35	316	1:15.43	26.04.2024	90%	
200m	, 2010 (14),	62.	2:45.65	398	2:44.59	22.06.2023	99%	3
100m	, 2010 (14),	34.	1:01.08	395	1:02.92	26.04.2024	106%	3
400m		126.	5:04.59	338	5:07.80	25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							3
400m		58.	4:48.95	396	4:55.65	25.04.2024	105%	
100m 200m		25. 59.	1:19.42 2:30.99	337 382	1:20.23	26.04.2024	102% 104%	
200111	, 2011 (13),	59.	2.30.99	302	2:33.67	24.04.2024	104%	_
100m	, 2011 (10),	51.	1:04.76	331	1:03.95	26.04.2024	98%	
400m		95.	4:56.87	365	4:53.13	25.04.2024	97%	
	, 2011 (13),							2
400m		67.	5:17.33	387	5:12.70		97%	
100m 200m		14. 40.	1:12.78 2:41.16	428 432	1:13.24 2:41.91		101% 101%	
200111	, 2010 (14),	40.	2.41.10	432	2.41.91		101%	1
400m	, 2010 (14),	116.	5:02.10	346	4:55.78	25.04.2024	96%	'
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%	
	, 2011 (13),							1
400m		57.	5:13.27	402	5:07.61		96%	
100m		6.	1:20.37	467	1:18.86		96%	
200m	2010 (14	34.	2:40.38	438	2:43.95		105%	2
100m	, 2010 (14),	46.	1:03.98	344	1:06.23	26.04.2024	107%	3
400m		40.	4:43.61	419	4:46.97	25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		109%	
	, 2010 (14),							2
400m		99.	4:58.54	359	4:56.78		99%	
100m 200m		16. 89.	1:10.03 2:36.50	317 343	1:12.94 2:39.46		108% 104%	
200111		OJ.	2.50.50	J40	2.53.40		104/0	

								_
400	, 2011 (13),	400					4000/	3
400m 100m		120. 28.	5:02.84 1:20.18	344 327	5:06.52 1:20.24		102% 100%	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m		60.	5:13.71	400	5:11.05		98%	
100m		13.	1:13.77	393	1:11.42		94%	
200m	, 2011 (13),	68.	2:46.53	391	2:44.78		98%	1
100m	, 2011 (13),	30.	1:00.94	398	1:00.75	26.04.2024	99%	1
400m		102.	4:58.95	357	4:55.91	25.04.2024	98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m		50.	4:47.03	404	4:45.58		99% 97%	
100m 200m		2. 19.	1:08.68 2:23.66	521 444	1:07.57 2:23.78		100%	
200	, 2010 (14),				2.200		10070	-
100m	, , , , , , , , , , , , , , , , , , , ,	38.	1:02.19	374	1:02.09		100%	
400m		63.	4:51.06	387	4:40.19		93%	
200m	2012 (12	95.	2:37.40	337	2:35.73		98%	
100m	, 2012 (12),	27.	1:08.32	397	1:06.45		95%	-
400m		73.	5:18.55	382	5:15.39		98%	
200m		90.	2:51.00	361	2:50.71		100%	
	, 2011 (13),							1
100m		33.	1:01.07	395	1:00.60		98%	
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
	, 2011 (13),							2
100m	, , ,	17.	1:05.66	448	1:05.45	26.04.2024	99%	
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12),	44.	2:42.25	423	2:44.93	25.04.2024	103%	_
400m	, 2012 (12),	155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m		35.	1:25.95	266	1:22.81	26.04.2024	93%	
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%	_
400	, 2010 (14),	407	F-00 00	004	F:4F 40	05.04.0004	4000/	2
400m 100m		137. 22.	5:06.69 1:18.08	331 354	5:15.13 1:20.61	25.04.2024 28.03.2024	106% 107%	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
	, 2011 (13),							1
400m		113.	5:35.23	328	5:24.88		94%	
100m 200m		10. 79.	1:23.08 2:48.69	422 376	1:21.65 2:52.72		97% 105%	
200111	, 2010 (14),	73.	2.40.03	370	2.52.12		10370	3
400m	, == := (::),	33.	4:41.84	427	4:48.82		105%	-
100m		17.	1:16.67	374	1:17.47		102%	
200m	0040 (44	29.	2:26.83	416	2:32.09		107%	_
400m	, 2010 (14),	60.	4:50.43	390	4:52.60		101%	2
100m		15.	1:04.96	411	1:12.58		125%	
200m		69.	2:32.69	370	2:27.60		93%	
	, 2012 (12),							3
100m		41.	1:03.51 4:48.75	351	1:04.40	28.03.2024	103%	
400m 200m		57. 102.	2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
	, 2010 (14),							2
400m	, (9.	4:28.37	494	4:26.36		99%	
100m		1.	1:00.59	490	1:01.56		103%	
200m	, 2011 (13),	3.	2:15.53	529	2:16.53		101%	2
400m	, 2011 (13),	85.	5:21.42	372	5:19.67		99%	_
100m		2.	1:09.92	461	1:12.01		106%	
200m		22.	2:37.58	462	2:38.51		101%	
400-	, 2010 (14),		4.47.04	404	4:47.50		40007	1
400m 100m		54. 6.	4:47.64 1:12.77	401 438	4:47.50 1:12.80		100% 100%	
200m		22.	2:25.16	430	2:22.60		97%	
	, 2011 (13),							1
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m		3. 28.	1:07.84 2:39.45	529 446	1:06.89 2:41.50		97% 103%	
200111	, 2012 (12),	۷٥.	2.33.43	111 0	2. 4 1.30		103/0	_
100m	,	10.	1:04.06	482	1:03.95	26.04.2024	100%	
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m		52.	2:43.63	413	2:42.67		99%	

								_
	, 2012 (12),							3
400m		139.	5:56.27	273	6:03.97	24.04.2024	104%	
100m 200m		41. 137.	1:22.62 3:03.86	293 291	1:24.14 3:10.66	25.04.2024	104% 108%	
200111	, 2011 (13),	107.	3.03.00	231	0.10.00	20.04.2024		1
100m	, == : (: = - /,	23.	1:07.61	410	1:06.87		98%	
400m		49.	5:10.15	414	5:17.13		105%	
200m		47.	2:43.13	416	2:41.97		99%	_
400	, 2011 (13),	40						3
100m 400m		48. 109.	1:04.25 5:00.25	339 353	1:04.58 5:01.18	25.04.2024	101% 101%	
200m		109.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							1
400m		91.	5:24.93	360	5:22.81		99%	
100m		20.	1:15.08	390	1:12.56		93%	
200m	, 2011 (13),	95.	2:51.42	359	2:53.69		103%	
400m	, 2011 (13),	153.	5:22.37	285	5:13.38		95%	-
100m		36.	1:29.08	238	1:28.91		100%	
200m		149.	2:49.23	271	2:44.49		94%	
	, 2011 (13),						2	2
400m		24.	5:01.70	450	5:03.35		101%	
100m 200m		10. 27.	1:10.48 2:39.03	472 449	1:07.74 2:39.68		92% 101%	
200111	, 2012 (12),	21.	2.39.03	449	2.39.00			1
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	•
100m		35.	1:20.09	321	1:21.59	26.04.2024	104%	
200m		141.	3:08.18	271	3:02.87	25.04.2024	94%	
	, 2010 (14),							2
100m 400m		1. 2.	53.91 4:15.42	575 573	54.12 4:15.65		101% 100%	
200m		2.	2:12.89	561	2:12.78		100%	
	, 2010 (14),							1
400m	, , , ,	42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m		3.	1:09.91	494	1:09.79	26.04.2024	100%	
200m	2042 (44	13.	2:21.78	462	2:23.12	24.04.2024	102%	^
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	2
100m		31.	1:37.57	261	1:34.94		95%	
200m		120.	2:56.42	329	2:56.62		100%	
	, 2011 (13),						3	3
400m		105.	5:31.45	339	5:32.47		101%	
100m 200m		16. 98.	1:24.73 2:52.03	398 355	1:25.17 2:55.64		101% 104%	
200111	, 2012 (12),	90.	2.32.03	333	2.33.04			1
400m	, 20:2 (:2),	112.	5:35.22	328	5:29.56	24.04.2024	97%	•
100m		40.	1:22.43	295	1:22.25	26.04.2024	100%	
200m		128.	3:00.38	308	3:05.11	25.04.2024	105%	
	, 2011 (13),							-
400m 100m		71. 16.	5:18.19 1:24.73	384 398	5:14.84 1:22.53	23.11.2023 23.11.2023	98% 95%	
200m		61.	2:45.55	398	2:43.30	25.04.2024	97%	
	, 2012 (12),							1
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m		25.	1:16.25	373	1:15.63	26.04.2024	98%	
200m	, 2012 (12),	58.	2:45.49	399	2:45.78	25.04.2024	100%	3
400m	, 2012 (12),	28.	5:04.52	438	5:12.89	24.04.2024	106%	3
100m		11.	1:13.03	405	1:13.60	26.04.2024	102%	
200m		65.	2:45.80	397	2:49.88	25.04.2024	105%	
	, 2010 (14),							3
100m		36.	1:01.85	381	1:02.55		102%	
400m 200m		52. 84.	4:47.24 2:35.53	403 350	4:49.66 2:38.32		102% 104%	
	, 2011 (13),							_
100m	, - (- ,,	8.	1:03.50	495	1:03.13	26.04.2024	99%	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	2042 (42	32.	2:40.13	440	2:39.16	25.04.2024	99%	_
400-	, 2012 (12),	00	E.00.40	050	E:00.04			2
400m 100m		98. 23.	5:28.19 1:15.89	350 378	5:30.94 1:15.24		102% 98%	
200m		73.	2:47.68	383	2:51.65		105%	
	, 2012 (12),							1
400m		44.	5:08.56	421	5:16.23		105%	
100m		19.	1:25.58	386	1:22.27		92% 100%	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m		136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m	0040 (44	115.	2:54.80	338	2:56.19		102%	
	, 2010 (14),							-
100m		53.	1:05.49	320	1:05.38	26.04.2024	100%	
400m 200m		160. 144.	5:35.23 2:46.90	253 283	5:34.20 2:46.19	25.04.2024 24.04.2024	99% 99%	
200111	, 2010 (14),	144.	2:46.90	263	2:46.19	24.04.2024	99%	4
400m	, 2010 (14),	27.	4:40.00	435	4:46.52		105%	1
100m		14.	1:04.81	414	1:04.59		99%	
200m		28.	2:26.71	417	2:24.49		97%	
	, 2012 (12),							_
400m	, == (=),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m		28.	1:31.26	319	1:29.97	19.04.2024	97%	
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13),							2
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m		33.	1:19.63	327	1:18.51	26.04.2024	97%	
200m	0040/44	130.	3:00.88	305	3:02.43	25.04.2024	102%	_
	, 2010 (14),							3
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m 200m		33. 112.	1:13.80 2:40.45	280 318	1:15.19 2:45.47	26.04.2024 24.04.2024	104% 106%	
200111	, 2011 (13),	112.	2.40.45	310	2.43.47	24.04.2024	100%	1
100m	, 2011 (13),	6.	1:02.93	509	1:04.60	26.10.2023	105%	'
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m		14.	2:34.91	486	2:34.71	22.11.2023	100%	
	, 2011 (13),							3
100m	, == : (: =),	37.	1:12.89	327	1:18.22	24.11.2023	115%	-
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13),							1
100m		35.	1:01.80	381	1:01.70		100%	
400m		39.	4:43.10	421	4:42.00		99%	
200m	2010 (11	110.	2:39.84	322	2:42.00		103%	
400	, 2010 (14),	0.5	4 44 00	400	4 40 00		000/	1
400m		35.	4:41.88	426	4:40.20		99%	
100m 200m		12. 58.	1:08.37 2:30.84	341 383	1:08.47 2:29.71		100% 99%	
200111	, 2011 (13),	00.	2.00.01	000	2.20.71		0070	1
400m	, 2011 (10),	73.	4:52.60	381	4:50.48		99%	
100m		18.	1:07.13	373	1:08.99		106%	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m		28.	1:17.61	353	1:17.03		99%	
	, 2010 (14),							3
100m		17.	59.02	438	59.64		102%	
400m		29.	4:41.14	430	4:51.18		107%	
200m	2044 (42	16.	2:22.56	454	2:25.57		104%	0
400	, 2011 (13),	20	5-04-55	400	E-40 0E	04.04.0004	4000/	2
400m 100m		30. 5.	5:04.55 1:20.27	438 468	5:16.65 1:19.49	24.04.2024 26.04.2024	108% 98%	
200m		23.	2:38.03	458	2:39.45	25.04.2024	102%	
200	, 2010 (14),	20.		.00	2.000	2010 11202 1	.0270	2
400m	, =0.0 (),	145.	5:11.00	317	5:02.94		95%	_
100m		27.	1:11.21	312	1:11.66		101%	
200m		120.	2:41.59	312	2:42.38		101%	
	, 2012 (12),							-
400m		114.	5:01.82	347	5:00.14	25.04.2024	99%	
100m		31.	1:22.14	304	1:20.97	26.04.2024	97%	
	, 2010 (14),							3
100m		49.	1:04.63	333	1:04.73	28.03.2024	100%	
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m	2011 (12	103.	2:38.60	330	2:45.39	16.06.2023	109%	0
400	, 2011 (13),	40	E:00 47	447	E-0E-00		000/	2
400m 100m		46. 9.	5:09.47 1:10.14	417 479	5:05.80 1:11.00		98% 102%	
200m		19.	2:36.77	469	2:39.70		102%	
200.11	, 2010 (14),			.55			.5 170	3
100m	, (//	2.	54.12	568	55.65	26.04.2024	106%	Ŭ
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	

	, 2010 (14),							2
400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	2
100m		13.	1:14.50	408	1:14.56		100%	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							2
100m	, == (/,	44.	1:03.78	347	1:04.13		101%	
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							1
400m	• • • • • • • • • • • • • • • • • • • •	134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		26.	1:10.87	317	1:11.34	26.04.2024	101%	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							2
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m		33.	1:41.08	234	1:38.18	26.04.2024	94%	
200m	2011 (12	147.	3:16.00	240	3:46.50	06.12.2023	134%	2
400	, 2011 (13),	50	4.05.00	045	4 00 04		4040/	3
100m		56.	1:05.89	315	1:06.34		101%	
400m 200m		117. 123.	5:02.29 2:41.79	346 311	5:06.72 2:43.15		103% 102%	
200111	, 2011 (13),	120.	2.410	011	2.10.10		10270	3
100m	, 2011 (13),	55.	1:05.87	315	1:06.69	07.12.2023	103%	J
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m		129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							2
400m	, ==== (, , ,,	23.	4:38.83	441	4:40.20	25.04.2024	101%	_
100m		2.	1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13),							2
100m	, - (- ,,	15.	58.89	441	1:00.12		104%	
400m		25.	4:39.41	438	4:43.97		103%	
	, 2011 (13),							3
400m	, , , , , , , , , , , , , , , , , , , ,	150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m		35.	1:14.67	271	1:15.34	26.04.2024	102%	
200m		142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14),							1
400m		83.	4:54.17	375	5:11.10	23.11.2023	112%	
100m		23.	1:13.32	276	1:10.36		92%	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m		24.	1:00.36	409	59.62	26.04.2024	98%	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m	2242 (42	33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m		24.	1:21.23	294	1:20.12		97%	
200m	0044 (40	109.	2:53.67	345	2:54.00		100%	•
400	, 2011 (13),	04	50.00	440	4.00.00		4000/	2
100m 400m		21. 33.	59.89 4:41.84	419 427	1:00.03 4:42.88		100% 101%	
200m		83.	2:35.11	353	2:33.34		98%	
200111	, 2011 (13),	00.	2.00.11	000	2.00.04		3070	2
100m	, 2011 (10),	1.	59.09	614	59.14		100%	_
400m		8.	4:52.02	496	4:49.86		99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							3
400m	, - (118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m		37.	1:20.36	318	1:21.52	26.04.2024	103%	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	
	, 2011 (13),							2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m		1.	1:05.39	591	1:05.31	26.04.2024	100%	
200m		5.	2:29.68	539	2:31.57	25.04.2024	103%	
	, 2011 (13),							1
400m		110.	5:00.43	352	5:00.56		100%	
100m		19.	1:11.61	297	1:10.64		97%	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14),							2
400m		106.	4:59.83	354	5:03.85		103%	
100m		28.	1:11.41	310	1:09.98		96%	
200m	2010 (14	92.	2:36.85	341	2:39.94		104%	2
100	, 2010 (14),	•	F7 F0	474	F0 70		40507	3
100m		8.	57.50	474 476	58.78		105%	
400m 200m		13. 32.	4:31.82 2:27.18	476 413	4:47.67 2:33.74		112% 109%	
200111		32.	2.21.10	413	2.33.74		10970	

	, 2011 (13),						2
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%
100m 200m		20. 72.	1:27.42 2:47.57	362 384	1:27.32 2:52.36	26.04.2024 25.04.2024	100% 106%
200111	, 2011 (13),	72.	2.47.07	304	2.02.00	20.04.2024	10070
400m	, - (- ,,	141.	5:08.43	325	5:06.86		99%
100m		32.	1:23.09	294	1:20.91		95%
200m	0044 (40	98.	2:37.73	335	2:37.55		100%
100	, 2011 (13),	110	E-04 0E	250	4.46.04		90%
400m 100m		112. 23.	5:01.05 1:09.11	350 342	4:46.21 1:08.42		90% 98%
	, 2011 (13),	20.		0.2			3
100m	, , , , , , , , , , , , , , , , , , , ,	50.	1:04.66	333	1:05.35	26.04.2024	102%
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%
200m	2040 (44	135.	2:44.12	298	2:48.84	24.04.2024	106%
400m	, 2010 (14),	28.	4:40.52	433	4:43.30		102%
100m		11.	1:14.40	410	1:13.19		97%
200m		23.	2:25.38	428	2:22.59		96%
	, 2011 (13),						3
400m		124.	5:44.02	303	5:55.78		107%
100m 200m		9. 87.	1:22.54 2:50.38	431 365	1:24.03 2:57.06		104% 108%
	, 2012 (12),						2
400m	, , , , , , , , , , , , , , , , , , , ,	38.	5:05.99	431	5:00.22		96%
100m		15.	1:13.80	411	1:13.94		100%
200m	, 2013 (11),	37.	2:40.97	433	2:41.99		101% 2
400m	, 2013 (11),	96.	5:27.19	353	5:30.42	27.03.2024	102%
100m		36.	1:20.33	319	1:17.86	26.04.2024	94%
200m		116.	2:55.40	335	2:59.30		104%
	, 2011 (13),						2
400m 100m		4. 1.	4:40.74 1:03.78	559 608	4:37.71 1:04.81		98% 103%
200m		2.	2:27.56	563	2:27.89		100%
	, 2010 (14),						1
100m		60.	1:09.59	267	1:08.86	26.04.2024	98%
400m		159.	5:30.87	263 234	5:34.76	25.04.2024	102%
200m	, 2010 (14),	152.	2:57.84	234	2:37.96		79% 2
400m	, 2010 (11),	72.	4:52.50	382	4:52.68		100%
100m		24.	1:18.68	346	1:18.06		98%
200m	0040 (44	52.	2:30.33	387	2:31.09		101%
200m	, 2010 (14),	50	2.20.22	388	0.22 05		1049/
200111	, 2011 (13),	50.	2:30.23	300	2:32.95		104% 1
100m	, 2011 (10),	2.	59.12	614	59.17	26.04.2024	100%
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%
200m	2044 (42	8.	2:33.20	503	2:31.66	25.04.2024	98%
400	, 2011 (13),	0	4-20.00	574	4:40.40	04.04.0004	4049/
400m 100m		2. 1.	4:38.68 1:12.09	571 647	4:40.10 1:12.77	24.04.2024 23.11.2023	101% 102%
200m		1.	2:22.53	624	2:24.20	25.04.2024	102%
	, 2012 (12),						2
100m		34.	1:11.21	351	1:18.15	26.10.2023	120%
400m 200m		95. 118.	5:27.11 2:55.96	353 332	5:20.73 2:56.24	24.04.2024 25.04.2024	96% 100%
	, 2011 (13),		-	-		- - -	1
100m	, - (-);	5.	1:02.43	521	1:02.61	05.10.2023	101%
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%
200m	, 2010 (14),	9.	2:33.61	499	2:33.58	25.04.2024	100% 2
400m	, 2010 (14),	158.	5:30.09	265	5:30.90	25.04.2024	100%
100m		34.	1:13.90	279	1:13.92	26.04.2024	100%
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%
400	, 2010 (14),	2-	4.54.00	070	4 40 00		2004
400m 100m		85. 3.	4:54.88 1:04.65	372 403	4:48.30 1:05.77		96% 103%
200m		3. 39.	2:28.77	400	2:30.91		103%
	, 2011 (13),						2
100m	, , , , , , , , , , , , , , , , , , , ,	9.	1:03.74	489	1:03.15		98%
400m		19. 15	4:58.75	464 486	5:01.84 2:36.98		102% 103%
200m	, 2011 (13),	15.	2:34.95	486	2.30.98		103%
400m	, 2011 (10),	12.	4:54.60	483	4:56.36	24.04.2024	101%
100m		7.	1:09.66	489	1:11.76	26.04.2024	106%
200m		13.	2:34.85	487	2:37.06	25.04.2024	103%

	2011 (12							_
400	, 2011 (13),	50	4.40.20	204	4.EE 02			2
400m 100m		59. 9.	4:49.29 1:06.99	394 362	4:55.83 1:06.88		105% 100%	
200m		56.	2:30.47	386	2:34.49		105%	
200	, 2010 (14),	00.		000	2.00		10070	_
100m	, (28.	1:00.63	404	1:00.40		99%	
400m		32.	4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	
	, 2012 (12),							3
400m		130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m 200m		27. 117.	1:31.06 2:55.50	321 334	1:31.39 3:00.67	28.03.2024 25.04.2024	101% 106%	
200111	, 2011 (13),	117.	2.33.30	334	3.00.07	20.04.2024	10076	_
100m	, 2011 (10),	61.	1:13.02	231	1:10.37		93%	
400m		163.	5:43.56	235	5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							1
400m		35.	5:05.10	435	5:02.99		99%	
100m 200m		13. 70.	1:23.67 2:46.69	414 390	1:22.25 2:47.42		97% 101%	
200111	, 2012 (12),	70.	2.40.09	390	2.47.42			1
100m	, 2012 (12),	38.	1:13.22	323	1:11.00		94%	'
400m		102.	5:30.10	323 344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
	, 2012 (12),						•	1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m		20.	1:18.13	331	1:15.81	26.04.2024	94%	
200m	0040 (44	122.	2:57.87	321	2:57.50	25.04.2024	100%	
400	, 2010 (14),	00	4.50.04	202	4.50.40	05 04 0004	000/	-
400m 100m		68. 26.	4:52.04 1:19.80	383 332	4:50.19 1:18.29	25.04.2024 06.10.2023	99% 96%	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13),							_
100m	, , , , , , , , , , , , , , , , , , , ,	38.	1:19.18	227	1:16.04		92%	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m		40.	1:02.83	363	1:01.60		96%	
400m		119.	5:02.76	344	5:02.70		100%	
200m	, 2012 (12),	100.	2:38.04	333	2:35.00		96%	2
100m	, 2012 (12),	40.	1:15.60	293	1:15.24		99%	_
400m		131.	5:49.82	289	6:01.03		107%	
200m		140.	3:07.59	274	3:11.37		104%	
	, 2011 (13),						2	2
400m		33.	5:04.98	436	5:03.60		99%	
100m		4.	1:09.20	499	1:10.20		103%	
200m	2011 (12	43.	2:41.78	427	2:42.00		100%	1
400m	, 2011 (13),	36.	5:05.26	435	5:03.43	24.04.2024	99%	'
100m		11.	1:11.10	460	1:10.18	26.04.2024	97%	
200m		26.	2:38.81	451	2:42.57	25.04.2024	105%	
	, 2010 (14),							-
400m	, , , , , , , , , , , , , , , , , , , ,	15.	4:32.87	470	4:31.67		99%	
100m	0044 (:5	7.	1:03.15	448	1:02.45		98%	_
	, 2011 (13),							2
100m		14. 30.	58.63	447	59.64		103% 98%	
400m 200m		54.	4:41.18 2:30.36	430 387	4:38.57 2:32.82		103%	
200	, 2010 (14),	•		00.	2.02.02			2
100m	, == (:	31.	1:00.96	397	1:00.66		99%	
400m		56.	4:47.79	401	5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							-
400m		48.	4:46.42	406	4:45.95	25.04.2024	100%	
100m 200m		14. 42.	1:15.52 2:29.06	392 397	1:13.57 2:27.33	26.04.2024 24.04.2024	95% 98%	
200111	, 2010 (14),	→∠.	2.23.00	331	د.د۱ .۵۵	27.07.2024	3O /0	_
400m	, 2010 (14),	44.	4:44.83	413	4:40.19	25.04.2024	97%	-
100m		24.	1:09.38	338	1:07.31	26.04.2024	94%	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	
	, 2011 (13),							3
100m		12.	1:05.10	459	1:06.33		104%	
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	

400	, 2011 (13),	4.4	4.55.45	470	4.54.44		070/	-
400m 100m		14. 6.	4:55.45 1:09.45	479 493	4:51.11 1:08.96		97% 99%	
200m		25.	2:38.14	457	2:34.65		96%	
200111	, 2010 (14),	20.	2.00.11	101	2.01.00		0070	2
400m	, == := (: : /,	115.	5:01.95	347	5:05.04		102%	_
100m		18.	1:17.35	365	1:16.06		97%	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m		20.	1:07.81	362	1:06.71	26.04.2024	97%	
200m	0040 (40	47.	2:29.72	392	2:31.30	24.04.2024	102%	_
	, 2012 (12),							2
400m 100m		129. 32.	5:46.75 1:37.73	296 259	5:54.58 1:35.68	24.04.2024 26.04.2024	105% 96%	
200m		127.	2:59.75	311	3:02.58	25.04.2024	103%	
200111	, 2010 (14),	127.	2.00.10	311	0.02.00	20.04.2024	10070	2
400m	, 2010 (11),	77.	4:53.13	379	4:56.26		102%	_
100m		6.	1:05.95	380	1:06.63		102%	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							3
400m		117.	5:38.28	319	5:55.38		110%	
100m		38.	1:20.50	317	1:26.26		115%	
200m	2040 (40	134.	3:02.49	297	3:06.71		105%	_
400	, 2012 (12),						44404	3
100m		35.	1:11.26	350	1:15.15	04.04.0004	111%	
400m 200m		121. 136.	5:41.46 3:03.53	310 292	5:54.03 3:09.62	24.04.2024 25.04.2024	107% 107%	
200111	, 2010 (14),	100.	0.00.00	202	0.00.02	20.01.2021	10170	2
400m	, 2010 (14),	22.	4:38.72	441	4:46.63		106%	_
100m		8.	1:06.42	372	1:06.13		99%	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m		30.	1:35.59	277	1:34.62	28.03.2024	98%	
200m	2010 (11	138.	3:05.03	285	3:04.05	25.04.2024	99%	_
100	, 2010 (14),	00	4.50.44	007	5.05.00		1000/	3
400m 100m		93. 15.	4:56.44 1:09.66	367 322	5:05.89 1:11.00		106% 104%	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),		=					1
400m	, 2010 (11),	90.	4:55.48	370	4:55.23	25.04.2024	100%	•
100m		21.	1:08.58	349	1:09.85	26.04.2024	104%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							3
400m		143.	6:08.41	247	6:15.63		104%	
100m 200m		28. 125.	1:25.38 2:58.09	253 320	1:27.90 3:02.71		106% 105%	
200111	, 2010 (14),	125.	2.30.09	320	3.02.71		10576	2
100m	, 2010 (14),	54.	1:05.67	318	1:07.36	26.04.2024	105%	2
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								34
	, 2011 (13),							2
400m		11.	4:30.41	483	4:32.58		102%	
100m		8.	1:03.23	446	1:02.61		98%	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							-
400m		71.	4:52.10	383	4:46.20		96%	
100m 200m		21. 64.	1:17.87 2:31.85	357 376	1:17.05 2:29.55		98% 97%	
200111	, 2011 (13),	04.	2.31.03	370	2.29.33		91 /6	_
400m	, 2011 (10),	17.	4:58.03	467	4:55.18		98%	
100m		22.	1:15.66	381	1:14.68		97%	
200m		45.	2:42.42	422	2:40.38		98%	
	, 2011 (13),							-
400m	·	25.	5:02.37	447	4:56.03		96%	
100m		31.	1:18.36	343	1:14.95		91%	
200m	2012 /12	92.	2:51.03	361	2:47.54		96%	2
400~	, 2012 (12),	6	4.40 04	E17	4.50.60		4000/	2
400m 100m		6. 2.	4:48.04 1:05.87	517 578	4:52.60 1:08.29		103% 107%	
200m		20.	2:37.44	463	2:35.61		98%	
		-						

	, 2010 (14),					1
400m		149.	5:15.19	305	5:07.65	95%
100m 200m		20. 107.	1:17.84 2:39.51	358 324	1:18.39 2:37.36	101% 97%
200111	, 2011 (13),	107.	2.39.31	324	2.37.30	9176
400m	, 2011 (10),	51.	5:11.10	410	5:03.43	95%
100m		11.	1:23.36	418	1:22.64	98%
200m		48.	2:43.18	416	2:40.55	97%
	, 2012 (12),					1
400m		113. 22.	5:01.32	349	5:03.99	102% 99%
100m 200m		22. 119.	1:12.65 2:41.52	284 312	1:12.38 2:41.04	99% 99%
	, 2012 (12),					-
100m	, - (57.	1:05.90	315	1:04.60	96%
400m		135.	5:06.31	332	5:06.16	100%
200m	2011 (12	137.	2:44.31	297	2:40.08	95%
100m	, 2011 (13),	14.	1:05.45	452	1:04.92	98%
400m		45.	5:08.76	420	5:09.05	100%
200m		74.	2:47.76	383	2:46.15	98%
	, 2011 (13),					3
100m		16.	1:05.49	451	1:06.09	102%
400m 200m		37. 50.	5:05.59 2:43.35	433 415	5:07.54 2:47.50	101% 105%
200111	, 2010 (14),	50.	2.43.33	415	2.47.50	3
100m	, 2010 (11),	10.	58.10	459	58.40	101%
400m		81.	4:53.49	378	5:02.97	107%
200m		76.	2:34.04	360	2:35.53	102%
	, 2011 (13),					3
400m 100m		81. 21.	5:21.18 1:15.36	373 386	5:21.64 1:16.52	100% 103%
200m		110.	2:53.74	345	2:53.92	100%
	, 2010 (14),					-
400m		140.	5:07.62	328	5:03.00	97%
200m		134.	2:44.04	298	2:42.92	99%
	, 2010 (14),					1
400m 100m		47. 5.	4:46.08 1:05.93	408 380	4:47.50 1:05.50	101% 99%
200m		71.	2:33.09	367	2:30.70	97%
	, 2011 (13),					-
400m	•	34.	5:05.09	435	5:00.47	97%
100m		27.	1:16.64	367	1:15.07	96%
200m	, 2010 (14),	64.	2:45.78	397	2:43.92	98%
100m	, 2010 (14),	58.	1:06.72	303	1:05.23	96%
400m						
100111		108.	5:00.14	353	4:49.66	93%
200m		108. 150.	5:00.14 2:49.32		4:49.66 2:40.00	89%
200m	, 2011 (13),	150.	2:49.32	353 271	2:40.00	89%
200m 100m	, 2011 (13),	150. 7.	2:49.32 1:03.25	353 271 501	2:40.00 1:05.75	89% 3 108%
200m 100m 400m	, 2011 (13),	150. 7. 31.	2:49.32 1:03.25 5:04.59	353 271	2:40.00 1:05.75 5:05.60	89% 3 108% 101%
200m 100m		150. 7.	2:49.32 1:03.25	353 271 501 437	2:40.00 1:05.75	89% 3 108% 101% 106%
200m 100m 400m 200m	, 2011 (13), , 2010 (14),	150. 7. 31. 77.	2:49.32 1:03.25 5:04.59 2:47.91 58.45	353 271 501 437 382 451	2:40.00 1:05.75 5:05.60 2:53.11 58.71	89% 3 108% 101% 106% 1017
200m 100m 400m 200m 100m 400m		150. 7. 31. 77. 12. 16.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10	353 271 501 437 382 451 464	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04	89% 3 108% 101% 106% 101% 99%
200m 100m 400m 200m	, 2010 (14),	150. 7. 31. 77.	2:49.32 1:03.25 5:04.59 2:47.91 58.45	353 271 501 437 382 451	2:40.00 1:05.75 5:05.60 2:53.11 58.71	89% 3 108% 101% 106% 1017
200m 100m 400m 200m 100m 400m 200m		150. 7. 31. 77. 12. 16. 20.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82	353 271 501 437 382 451 464 442	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32	89% 3 108% 101% 106% 1 101% 99% 97%
200m 100m 400m 200m 100m 400m	, 2010 (14),	150. 7. 31. 77. 12. 16.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10	353 271 501 437 382 451 464	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04	89% 3 108% 101% 106% 101% 99%
200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53	353 271 501 437 382 451 464 442	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99%
200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.),	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60	353 271 501 437 382 451 464 442 341 287 300	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 1
200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 100m 200m	, 2010 (14), , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.),	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89	353 271 501 437 382 451 464 442 341 287 300	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 1 104%
200m 100m 400m 200m 100m 400m 200m 400m 100m 400m 100m 200m	, 2010 (14), , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42	353 271 501 437 382 451 464 442 341 287 300	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03	89% 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 1 104% 99%
200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.),	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89	353 271 501 437 382 451 464 442 341 287 300	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 1 104%
200m 100m 400m 200m 100m 400m 200m 400m 100m 400m 100m 200m	, 2010 (14), , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98	353 271 501 437 382 451 464 442 341 287 300 440 401 439	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35	89% 3 108% 101% 106% 101% 99% 97% - 95% 92% 99% 104% 99% 100% - 98%
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98 1:25.64	353 271 501 437 382 451 464 442 341 287 300 440 401 439	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35 1:24.37	89% 108% 101% 106% 101% 199% 99% 97% - 95% 92% 99% 104% 99% 100% - 98% 97%
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12 , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98	353 271 501 437 382 451 464 442 341 287 300 440 401 439	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 1 104% 99% 100% - 98% 97% 95%
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98 1:25.64 2:42.83	353 271 501 437 382 451 464 442 341 287 300 440 401 439 350 268 305	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35 1:24.37 2:38.43	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 1 104% 99% 100% - 98% 97% 95%
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12 , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33. 111. 34. 128.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98 1:25.64 2:42.83 4:47.42	353 271 501 437 382 451 464 442 341 287 300 440 401 439 350 268 305	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35 1:24.37 2:38.43 4:48.68	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 1 104% 99% 100% - 98% 97% 95% 2 101%
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12 , 2010 (14), , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98 1:25.64 2:42.83	353 271 501 437 382 451 464 442 341 287 300 440 401 439 350 268 305	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35 1:24.37 2:38.43	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 100% - 98% 97% 95% 2 101% 97% 104%
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12 , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33. 111. 34. 128. 53. 7. 26.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98 1:25.64 2:42.83 4:47.42 1:06.29 2:26.59	353 271 501 437 382 451 464 442 341 287 300 440 401 439 350 268 305 402 374 418	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35 1:24.37 2:38.43 4:48.68 1:05.20 2:29.33	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 100% - 98% 97% 95% 2 101% 97% 104% 2 2
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12 , 2010 (14), , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33. 111. 34. 128. 53. 7. 26.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98 1:25.64 2:42.83 4:47.42 1:06.29 2:26.59 5:21.20	353 271 501 437 382 451 464 442 341 287 300 440 401 439 350 268 305 402 374 418	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35 1:24.37 2:38.43 4:48.68 1:05.20 2:29.33 5:11.48	89% 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 100% 1 104% 99% 100% - 98% 97% 95% 2 2 101% 97% 104% 2 94%
200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2010 (14), - , 2012 (12 , 2010 (14), , 2010 (14),	150. 7. 31. 77. 12. 16. 20. 122. 33. 133.), 27. 17. 33. 111. 34. 128. 53. 7. 26.	2:49.32 1:03.25 5:04.59 2:47.91 58.45 4:34.10 2:23.82 5:03.53 1:23.76 2:43.60 5:03.89 1:14.42 2:40.33 5:00.98 1:25.64 2:42.83 4:47.42 1:06.29 2:26.59	353 271 501 437 382 451 464 442 341 287 300 440 401 439 350 268 305 402 374 418	2:40.00 1:05.75 5:05.60 2:53.11 58.71 4:33.04 2:21.32 4:55.07 1:20.35 2:42.82 5:10.25 1:14.03 2:40.09 4:58.35 1:24.37 2:38.43 4:48.68 1:05.20 2:29.33	89% 3 108% 101% 106% 1 101% 99% 97% - 95% 92% 99% 100% - 98% 97% 95% 2 101% 97% 104% 2 2

, 29. - 31.5.2024

	, 2010 (14),						1
100m		6.	56.14	509	56.14	100%	
400m		20.	4:37.84	445	4:40.00	102%	
200m	, 2010 (14),	17.	2:22.78	452	2:22.20	99%	2
400	, 2010 (14),	_	4.04.00	540	4.07.45	4000/	3
400m 100m		5. 1.	4:24.28 59.87	518 526	4:27.15 1:01.00	102% 104%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),	-				,.	3
100m	, == : (:=),	25.	1:00.50	407	1:01.69	104%	-
400m		86.	4:54.90	372	5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						1
400m		29.	5:04.54	438 459	5:00.70	97%	
100m 200m		4. 36.	1:10.02 2:40.75	439 435	1:10.86 2:38.82	102% 98%	
200111		30.	2.40.73	400	2.30.02	3070	
							42
	, 2011 (13),						1
400m	, ==::(:=),	42.	5:08.18	422	5:12.96	103%	•
100m		12.	1:13.71	394	1:11.54	94%	
200m		18.	2:36.66	470	2:35.00	98%	_
	, 2010 (14),						2
100m		22.	59.90	419	59.85	100%	
400m 200m		74. 82.	4:52.74 2:35.08	381 353	4:54.15 2:39.00	101% 105%	
200111	, 2012 (12),	02.	2.00.00	300	2.00.00	10070	1
400m	, 2012 (12),	114.	5:35.58	327	5:39.26	102%	
100m		34.	1:19.72	326	1:19.35	99%	
200m		121.	2:57.28	324	2:56.07	99%	
	, 2011 (13),						1
400m		103.	4:59.02	357	4:56.00	98%	
100m 200m		18. 118.	1:11.10 2:41.28	303 314	1:09.00 2:45.00	94% 105%	
200111	, 2011 (13),	110.	2.41.20	314	2.43.00	10376	_
100m	, 2011 (10),	34.	1:41.16	234	1:37.00	92%	
	, 2011 (13),						-
100m	, , , , , , , , , , , , , , , , , , , ,	41.	1:18.64	260	1:18.00	98%	
400m		147.	6:27.11	213	6:20.00	96%	
200m	0040 (40	143.	3:14.08	247	3:12.00	98%	
400	, 2012 (12),	146	6,04.00	222	6.00.00	040/	-
400m 200m		146. 145.	6:21.28 3:14.79	223 244	6:09.89 3:10.65	94% 96%	
200	, 2010 (14),		00		0.10.00	3370	2
400m	, == (, , , , , , , , , , , , , , , , ,	125.	5:03.94	340	4:57.49	96%	
100m		8.	1:13.24	429	1:14.00	102%	
200m		45.	2:29.45	394	2:31.00	102%	
400	, 2010 (14),					4000/	1
400m 100m		164. 29.	5:48.93 1:20.67	225 321	5:59.00 1:19.00	106% 96%	
100111	, 2011 (13),	23.	1.20.07	321	1.13.00	3076	3
400m	, 2011 (13),	104.	4:59.22	356	5:01.37	101%	3
100m		27.	1:19.88	331	1:20.70	102%	
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14),						2
100m		42.	1:03.52	351	1:03.70	101%	
400m		124.	5:03.90	340	5:05.00	101%	
200m	, 2012 (12),	145.	2:47.42	280	2:45.00	97%	1
400m	, 2012 (12),	123.	5:43.84	304	5:50.00	104%	'
100m		26.	1:29.42	339	1:27.00	95%	
200m		124.	2:58.07	320	2:55.00	97%	
	, 2011 (13),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m		20. 140	1:12.30	288	1:11.00	96% 100%	
200m	, 2013 (11),	140.	2:44.86	294	2:45.18	100%	1
400m	, 2010 (11),	141.	6:01.09	262	6:01.11	100%	1
100m		30.	1:34.81	185	1:31.64	93%	
200m		146.	3:15.98	240	3:12.02	96%	
	, 2010 (14),						2
100m		5. 7	55.53	526 407	55.90 4:26.70	101%	
400m 200m		7. 4.	4:27.93 2:17.05	497 511	4:26.70 2:18.70	99% 102%	
200.11		••		V.1		10270	

	, 2010 (14),						1
400m		98.	4:58.53	359	4:56.47	99%	
100m		19.	1:07.50	367	1:07.50	100%	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						-
400m	,,	149.	6:42.44	189	6:35.00	96%	
100m		43.	1:28.27	240	1:28.00	99%	
200m		142.	3:12.58	253	3:10.00	97%	
200111	, 2013 (11),	172.	0.12.00	200	0.10.00	31 70	_
100	, 2013 (11),	60	1.10.01	220	1.10 50	089/	_
100m		62.	1:13.31	228	1:12.50	98%	
400m		161.	5:40.86	241	5:34.00	96%	
200m	2242 (42	156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m		162.	5:42.11	238	5:41.00	99%	
100m		37.	1:30.67	226	1:27.00	92%	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						3
100m		45.	1:03.95	344	1:04.76	103%	
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						3
400m	, 2011 (10),	93.	5:26.72	354	5:34.09	105%	·
100m		13.	1:12.56	432	1:13.52	103%	
200m		107.	2:53.12	348	2:59.24	107%	
200111	, 2011 (13),	107.	2.00.12	0-10	2.00.24	10770	3
400	, 2011 (13),	4	4-04-00	540	4.00.00	4040/	3
100m		4.	1:01.60	542	1:02.02	101%	
400m		88.	5:23.00	367	5:40.00	111%	
200m		56.	2:45.17	401	2:48.00	103%	
	, 2011 (13),						1
400m		127.	5:45.02	301	5:38.96	97%	
100m		39.	1:20.70	314	1:18.87	96%	
200m		126.	2:59.05	315	3:06.22	108%	
	, 2012 (12),						2
400m		139.	5:07.02	330	5:09.00	101%	
100m		36.	1:14.70	270	1:15.85	103%	
200m		148.	2:48.08	277	2:46.85	99%	
	, 2011 (13),						3
400m	, - (- ,,	115.	5:35.94	326	5:38.76	102%	
100m		15.	1:24.29	404	1:24.51	101%	
200m		89.	2:50.72	363	2:55.31	105%	
	, 2012 (12),						1
400	, 2012 (12),	116	5:36.39	225	F-20 00	00%	'
400m 100m		116.		325 346	5:30.00	96% 95%	
		25. 99.	1:28.76 2:52.06	355	1:26.50	103%	
200m	2011 (12	99.	2.32.00	333	2:55.00	103%	
400	, 2011 (13),	=-					-
100m		59.	1:07.24	296	1:04.70	93%	
400m		148.	5:13.61	310	5:12.00	99%	_
	, 2010 (14),						2
400m		45.	4:45.43	411	4:47.00	101%	
100m		17.	1:06.56	382	1:08.00	104%	
200m		41.	2:28.99	398	2:28.00	99%	
	, 2011 (13),						1
400m		152.	5:22.32	285	5:16.00	96%	
100m		25.	1:21.40	202	1:20.50	98%	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),	-				- · ·	1
400m	, _0(.0 /,	148.	6:35.76	199	6:40.58	102%	•
200m		144.	3:14.78	244	3:10.00	95%	
200111	, 2011 (13),	177.	0.17.70	477	0.10.00	3576	3
100	, 2011 (13),	40	4,02.62	240	1:04.04	4040/	3
100m		43.	1:03.63	349	1:04.01	101%	
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	