

, 29. - 31.5.2024

1, 400m 2011
29.05.2024 - 9:55

: 4:23.00 / : 4:39.50 / 1 : 5:00.50 / 2 : 5:40.00 / 3 : 6:28.50

: FINA 2023

								/		FINA	
								11		4:36.01 588	
50m:	29.41	29.41	150m:	1:38.70	35.04	250m:	2:48.72	35.00	350m:	4:00.59	36.05
100m:	1:03.66	34.25	200m:	2:13.72	35.02	300m:	3:24.54	35.82	400m:	4:36.01	35.42
								11		4:38.68 571	
50m:	30.70	30.70	150m:	1:40.16	35.21	250m:	2:51.82	36.00	350m:	4:03.71	35.86
100m:	1:04.95	34.25	200m:	2:15.82	35.66	300m:	3:27.85	36.03	400m:	4:38.68	34.97
								11		4:40.55 560	
50m:	30.93	30.93	150m:	1:40.97	35.71	250m:	2:53.38	36.17	350m:	4:05.54	36.09
100m:	1:05.26	34.33	200m:	2:17.21	36.24	300m:	3:29.45	36.07	400m:	4:40.55	35.01
								11		4:40.74 559	
50m:	31.37	31.37	150m:	1:43.08	36.22	250m:	2:54.82	36.23	350m:	4:06.10	35.15
100m:	1:06.86	35.49	200m:	2:18.59	35.51	300m:	3:30.95	36.13	400m:	4:40.74	34.64
								11		4:44.57 536	
50m:	30.94	30.94	150m:	1:41.15	35.72	250m:	2:54.04	36.56	350m:	4:08.13	37.02
100m:	1:05.43	34.49	200m:	2:17.48	36.33	300m:	3:31.11	37.07	400m:	4:44.57	36.44
								11		4:52.02 496	
50m:	31.96	31.96	150m:	1:43.89	36.90	250m:	2:59.71	38.02	350m:	4:15.65	37.85
100m:	1:06.99	35.03	200m:	2:21.69	37.80	300m:	3:37.80	38.09	400m:	4:52.02	36.37
								11		4:55.45 479	
50m:	32.15	32.15	150m:	1:45.38	37.24	250m:	3:01.90	38.49	350m:	4:18.65	38.34
100m:	1:08.14	35.99	200m:	2:23.41	38.03	300m:	3:40.31	38.41	400m:	4:55.45	36.80
								11		4:55.46 479	
50m:	32.83	32.83	150m:	1:46.34	37.21	250m:	3:02.48	38.04	350m:	4:18.67	37.97
100m:	1:09.13	36.30	200m:	2:24.44	38.10	300m:	3:40.70	38.22	400m:	4:55.46	36.79