	-					
						%
	, 2011 (13 ),					
400m	, 2011 (10 ),	10.	4:52.72	493	4:53.48	101%
100m		7.	1:10.91	442	1:11.32	101%
200m		12.	2:34.58	489	2:35.20	101%
	, 2011 (13 ),					
400m	, , , , , , , , , , , , , , , , , , , ,	127.	5:04.73	337	5:08.05	102%
100m				-	1:18.37	-
200m		139.	2:44.58	295	2:48.88	105%
	, 2010 (14 ),					
400m		38.	4:43.04	421	4:46.77	103%
100m				-	1:10.23	- -
200m	0040 (44	18.	2:23.54	445	2:25.50	103%
	, 2010 (14 ),					
400m 100m		143.	5:09.77	321	5:03.12 1:09.93	96%
200m		91.	2:36.69	342	2:40.19	105%
200111	, 2010 (14    ),	51.	2.50.05	042	2.40.15	10070
100m	, 2010 (14 ),			-	57.36	_
400m		43.	4:44.69	414	4:59.79	111%
200m		24.	2:25.51	427	2:31.28	108%
	, 2011 (13 ),					
400m	, , , , , , , , , , , , , , , , , , , ,	100.	5:28.91	347	5:27.33	99%
100m				-	1:14.81	-
200m		54.	2:44.38	407	2:46.39	102%
	, 2010 (14     ),					
400m		76.	4:53.06	379	4:56.97	103%
100m		EE	2,20,20	- 207	1:14.87	1059/
200m	2040 (44	55.	2:30.38	387	2:34.33	105%
100	, 2010 (14 ),		4.47.74	404	4.47.04	4000/
400m 100m		55.	4:47.74	401	4:47.31 1:08.10	100%
200m		66.	2:32.51	371	2:32.09	99%
.00111	, 2012 (12 ),	00.	2.02.01	011	2.02.00	0070
400m	, == (-= /,	132.	5:49.98	288	5:44.42	97%
100m		19.	1:17.92	333	1:21.94	111%
200m		88.	2:50.40	365	2:59.66	111%
	, 2010 (14    ),					
100m				-	58.01	-
400m		51.	4:47.15	403	4:50.47	102%
200m	0044 (40	70.	2:32.86	368	2:34.12	102%
	, 2011 (13 ),					
100m		2	4.40 EE	-	1:02.34	4040/
400m 200m		3. 10.	4:40.55 2:33.78	560 497	4:42.01 2:38.03	101% 106%
100111	, 2011 (13 ),	10.	2.33.76	431	2.30.03	10076
400m	, 2011 (10 ),	7.	4:48.49	515	4:51.80	102%
100m		5.	1:10.10	458	1:11.90	105%
200m		4.	2:28.91	548	2:33.50	106%
	, 2011 (13 ),					
400m	, - ( - ),	80.	5:20.92	374	5:21.89	101%
100m		22.	1:19.31	316	1:19.46	100%
200m		103.	2:52.47	352	2:51.06	98%
	, 2010 (14     ),					
100m				-	59.01	-
400m		123.	5:03.75	341	4:57.39	96%
200m	0044 (40	35.	2:28.24	404	2:32.60	106%
100=	, 2011 (13 ),				4.00.00	
100m 400m		78.	5:20.52	- 375	1:09.62 5:21.68	- 101%
400m 200m		76. 84.	2:49.95	375 368	2:52.65	103%
	, 2011 (13 ),	04.	2.40.00	550	2.02.00	10370
400m	, 2011 (10 ),	46.	4:45.51	410	4:49.60	103%
100m				-	1:13.73	-
200m		44.	2:29.38	395	2:32.11	104%
	, 2011 (13 ),					
400m	, - ( ),	99.	5:28.41	349	5:24.80	98%
				_	1:27.21	_
100m 200m		82.	2:49.57	371	2:47.65	98%

	, 2010 (14    ),						1
400m		31.	4:41.45	428	4:40.73	99%	
100m		_		-	1:02.37	<del>-</del>	
200m	0040 (44	8.	2:19.37	486	2:21.20	103%	
	, 2010 (14 ),						1
400m		86.	4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14 ),						2
400m		40.	4:43.35	420	4:47.34	103%	
100m		4.5	0.00.47	- 455	1:02.00	4040/	
200m	0044 (40	15.	2:22.47	455	2:25.11	104%	
	, 2011 (13 ),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m		16.	2:35.47	- 481	1:17.17	100%	
200m	, 2011 (13 ),	10.	2.33.41	401	2:35.78	100%	1
100	, 2011 (13 ),				1.07.40		'
100m 400m		54.	5:11.71	408	1:07.49 5:08.16	- 98%	
200m		100.	2:52.14	354	2:53.06	101%	
200111	, 2010 (14 ),	100.	2.02.14	001	2.00.00	10170	2
400m	, 2010 (14 ),	130.	5:05.78	334	5:11.54	10/19/	_
100m		130.	5.05.76	-	1:18.86	104%	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13 ),	01.	2.07.00	000	2.12.00	10070	2
400m	, 2011 (10 ),	68.	5:17.34	387	5:21.70	103%	_
100m		00.	0.17.04	-	1:09.93	-	
200m		35.	2:40.43	438	2:41.48	101%	
							16
	2012 (12						
400	, 2012 (12 ),				4.44.40		2
100m 400m		50.	5:10.60	412	1:11.43 5:16.95	104%	
200m		85.	2:50.17	367	2:51.60	102%	
200111	, 2010 (14    ),	03.	2.30.17	307	2.51.00	10270	_
100m	, 2010 (14 ),			-	56.28	-	_
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12 ),						_
400m	, 2012 (12 ),	66.	5:17.24	387	5:12.74	97%	
100m		00.	J.17.24	-	1:20.48	-	
200m		41.	2:41.42	430	2:37.03	95%	
	, 2010 (14    ),						_
100m	, =0:0(:: ),			-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14 ),						-
400m	, (	62.	4:50.91	388	4:39.55	92%	
100m				-	1:16.99	<del>-</del>	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13    ),						2
400m	, , , , , , , , , , , , , , , , , , , ,	74.	5:19.44	379	5:20.36	101%	
100m		14.	1:13.81	392	1:13.26	99%	
200m		57.	2:45.29	400	2:46.21	101%	
	, 2010 (14     ),						1
400m		66.	4:51.27		4:49.08	99%	
400111			4.01.27	386	4.43.00		
100m				-	1:07.68	-	
		51.	2:30.31			100%	
100m 200m	, 2012 (12 ),			387	1:07.68 2:30.54		2
100m 200m 100m	, 2012 (12 ),	51.	2:30.31	387	1:07.68 2:30.54 1:08.16	100% -	2
100m 200m 100m 400m	, 2012 (12 ),	51. 47.	2:30.31 5:09.90	- 387 - 415	1:07.68 2:30.54 1:08.16 5:21.42	100% - 108%	2
100m 200m 100m		51.	2:30.31	387	1:07.68 2:30.54 1:08.16	100% -	
100m 200m 100m 400m 200m	, 2012 (12 ), , 2012 (12 ),	51. 47.	2:30.31 5:09.90	- 387 - 415	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40	100% - 108%	2
100m 200m 100m 400m 200m		51. 47. 63.	2:30.31 5:09.90 2:45.70	387 - 415 397	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40	100% - 108% 102%	
100m 200m 100m 400m 200m 100m 400m		51. 47. 63. 62.	2:30.31 5:09.90 2:45.70 5:14.32	387 - 415 397 - 398	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16	100% - 108% 102% - 101%	
100m 200m 100m 400m 200m	, 2012 (12 ),	51. 47. 63.	2:30.31 5:09.90 2:45.70	387 - 415 397	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40	100% - 108% 102%	
100m 200m 100m 400m 200m 100m 400m 200m		51. 47. 63. 62.	2:30.31 5:09.90 2:45.70 5:14.32	387 - 415 397 - 398 360	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	100% - 108% 102% - 101% 100%	
100m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ),	51. 47. 63. 62. 93.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16	387 - 415 397 - 398 360	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	100% - 108% 102% - 101% 100%	
100m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ),	51. 47. 63. 62. 93.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16	387 - 415 397 - 398 360	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25	100% - 108% 102% - 101% 100%	
100m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2010 (14 ),	51. 47. 63. 62. 93.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16	387 - 415 397 - 398 360	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	100% - 108% 102% - 101% 100%	1
100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ),	51. 47. 63. 62. 93.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16 4:58.39 2:33.47	387 - 415 397 - 398 360 - 359 364	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	100%	
100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2010 (14 ),	51. 47. 63. 62. 93. 97. 72.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81	387 - 415 397 - 398 360 - 359 364 459	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	100% - 108% 102% - 101% 100% - 93% 98%	1
100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2010 (14 ),	51. 47. 63. 62. 93. 97. 72. 21. 18.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47	387 - 415 397 - 398 360 - 359 364 459 339	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	100% - 108% 102% - 101% 100% - 93% 98%	1
100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2010 (14 ), , 2011 (13 ),	51. 47. 63. 62. 93. 97. 72.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81	387 - 415 397 - 398 360 - 359 364 459	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	100% - 108% 102% - 101% 100% - 93% 98%	1
100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2010 (14 ),	51. 47. 63. 62. 93. 97. 72. 21. 18. 39.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	387 - 415 397 - 398 360 - 359 364 459 339 433	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	100%  - 108% 102%  - 101% 100%  - 93% 98%  100% 93% 101%	1
100m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m	, 2012 (12 ), , 2010 (14 ), , 2011 (13 ),	51. 47. 63. 62. 93. 97. 72. 21. 18.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47	387 - 415 397 - 398 360 - 359 364 459 339	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	100% - 108% 102% - 101% 100% - 93% 98%	1
100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2010 (14 ), , 2011 (13 ),	51. 47. 63. 62. 93. 97. 72. 21. 18. 39.	2:30.31 5:09.90 2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	387 - 415 397 - 398 360 - 359 364 459 339 433	1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	100%  - 108% 102%  - 101% 100%  - 93% 98%  100% 93% 101%	1

400m	, 2010 (14 ),	60	4.50.04	202	4.54.04	000/	-
100m		68.	4:52.04	383	4:51.04 1:05.26	99%	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14 ),						1
400m 100m		18.	4:35.80	455 -	4:36.00 1:07.50	100%	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12 ),						2
400m		97.	5:27.25	353	5:28.72	101%	
100m 200m		25. 101.	1:21.42 <b>2:52.23</b>	292 354	1:20.44 2:52.24	98% 100%	
	, 2011 (13    ),						1
400m	, , , ,	63.	5:16.47	390	5:12.90	98%	
100m 200m		51.	2:43.41	- 414	1:11.34 2:44.44	- 101%	
200111	, 2010 (14 ),	51.	2.43.41	414	2.44.44	10176	_
100m	, ( ,,			-	59.24	-	
400m		17.	4:35.12	459 346	4:31.41 2:33.34	97% 96%	
200m	, 2010 (14 ),	86.	2:36.14	346	2.33.34	90%	_
400m	, 2010 (14 ),	75.	4:53.03	380	4:50.50	98%	
100m				-	1:16.20	-	
200m	2010 (14	46.	2:29.60	393	2:29.00	99%	
400m	, 2010 (14 ),	14.	4:32.52	472	4:32.06	100%	-
100m			1.02.02	-	1:00.00	-	
200m		7.	2:18.80	492	2:17.73	98%	_
400m	, 2011 (13 ),	89.	E:00 67	364	F:10.00	97%	2
400m 100m		17.	5:23.67 <b>1:16.44</b>	353	5:19.00 1:16.50	100%	
200m		81.	2:49.37	372	2:50.15	101%	
							11
	2011 (12						41
100m	, 2011 (13 ),			-	1:01.00	<u>-</u>	-
400m		147.	5:12.93	312	5:12.00	99%	
200m		108.	2:39.54	324	2:38.50	99%	
100	, 2012 (12 ),				1.10.00		-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m		131.	3:01.35	303	2:52.00	90%	
400	, 2010 (14 ),				4:04.00		1
100m 400m		36.	4:42.02	426	1:01.00 4:43.00	- 101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12 ),						1
100m 400m		144.	5:10.95	318	1:05.00 5:03.00	- 95%	
200m		132.	2:43.49	301	2:45.00	102%	
	, 2012 (12 ),						1
400m		65.	5:17.11	388	5:06.00	93%	
100m 200m		10. 82.	<b>1:12.83</b> 2:49.57	408 371	1:12.90 2:46.00	100% 96%	
	, 2011 (13 ),						-
100m				-	1:09.00	-	
400m 200m		77. 104.	5:20.22 2:52.67	376 351	5:17.90 2:49.60	99% 96%	
200111	, 2012 (12 ),	101.	2.02.01	301	2.10.00	3070	_
400m	, - (	104.	5:31.09	340	5:17.90	92%	
100m		29.	1:27.91	232	1:21.99	87%	
200m	, 2010 (14 ),	96.	2:51.56	358	2:49.60	98%	2
400m	, ( //	89.	4:55.23	371	4:56.38	101%	-
100m		07	2,26 65	- 417	1:13.64	40001	
200m	, 2011 (13 ),	27.	2:26.65	417	2:27.94	102%	1
100m	, 2011 (13 <i>)</i> ,			-	1:05.50	-	'
400m		41.	5:07.47	425	5:15.00	105%	
200m	, 2010 (14 ),	76.	2:47.81	382	2:46.00	98%	
100m	, 2010 (14 ),			-	59.95	-	-
400m		131.	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14     ),					-	
400m 100m		146.	5:11.13	317	5:04.00 1:15.00	95%	
200m		79.	2:34.76	355	2:33.00	98%	
	, 2011 (13 ),					-	
100m				<u>-</u>	1:05.00	<del>-</del>	
400m		43.	5:08.38	421	4:55.00	92%	
200m	, 2010 (14    ),	102.	2:52.35	353	2:47.00	94% <b>1</b>	
400m	, 2010 (14 ),	105.	4:59.61	355	4:58.00	99%	
100m				-	1:18.00	-	
200m	0040 (40	81.	2:34.91	354	2:38.35	104%	
400	, 2012 (12 ),	400	5.00.00	0.40	F-00 00	1	
400m 100m		103.	5:30.30	343	5:26.00 1:18.50	97% -	
200m		86.	2:50.18	367	2:54.00	105%	
	, 2010 (14 ),					-	
100m		64	4.54.40	-	1:00.00	-	
400m 200m		64. 78.	4:51.10 2:34.27	387 358	4:44.22 2:30.55	95% 95%	
	, 2011 (13 ),					-	
400m	, , ,	96.	4:58.10	360	4:58.00	100%	
100m 200m		127.	2:42.29	308	1:10.00	- 96%	
200111	, 2012 (12 ),	121.	2.42.29	306	2:38.60	90%	
400m	, == (:= /,	140.	5:56.43	273	6:00.00	102%	
100m				<del>_</del>	1:22.00	<u>-</u>	
200m	2040 (44	148.	3:23.13	215	3:14.00	91%	
400m	, 2010 (14 ),	19.	4:35.84	455	4:41.90	1 104%	
100m		13.	4.55.64	-	1:06.90	10470	
200m		43.	2:29.07	397	2:28.50	99%	
400	, 2011 (13 ),		- 40.04			1	
400m 100m		72.	5:18.21	384	5:06.76 1:16.54	93%	
200m		17.	2:35.71	479	2:36.17	101%	
	, 2011 (13 ),					-	
400m		79.	4:53.46	378	4:53.00	100%	
100m 200m		138.	2:44.35	296	1:09.00 2:42.00	- 97%	
200111	, 2012 (12 ),	100.	2.44.00	230	2.42.00	1	
400m	, 2012 (12 ),	126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	<u>-</u>	
200m	, 2012 (12 ),	119.	2:56.27	330	2:58.00	102% 2	,
400m	, 2012 (12 ),	92.	5:25.53	358	5:31.00	103%	•
100m		02.	0.20.00	-	1:17.50	-	
200m		97.	2:51.90	356	2:57.00	106%	
400	, 2012 (12 ),	40=				2	
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%	
200m		128.	3:00.38	308	3:03.74	104%	
	, 2010 (14 ),					-	
400m		133.	5:05.92	333	4:52.00	91%	
100m 200m		151.	2:53.07	254	1:10.00 2:45.00	91%	
	, 2012 (12 ),					2	
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.00	-	
400m		18.	4:58.44	465	5:05.50	105%	
200m	, 2010 (14 ),	29.	2:39.91	442	2:40.14	100%	
400m	, 2010 (11 ),	156.	5:25.52	277	5:20.00	97%	
100m				-	1:09.00	-	
200m	0044 (40	146.	2:47.48	280	2:41.00	92%	
400m	, 2011 (13 ),	86.	5:21.67	371	5:14.45	96%	
100m		00.	5.21.07	3/ I -	1:23.21	90%	
200m		46.	2:43.02	417	2:43.34	100%	
	, 2011 (13 ),					-	
400m		135.	5:52.65	282	5:25.00	85%	
100m 200m		114.	2:54.33	- 341	1:23.00 2:50.00	- 95%	
200111	, 2011 (13 ),		2.000	311	2.00.00	1	
400m	. , , , , , , , , , , , , , , , , , , ,	128.	5:46.63	297	5:30.00	91%	
100m		106	2.52.00	240	1:17.00	1000/	
200m		106.	2:52.99	349	2:53.00	100%	

	2010 (14						
100m	, 2010 (14 ),			_	58.79	-	-
400m		92.	4:56.39	367	4:50.00	96%	
200m		85.	2:35.94	347	2:35.29	99%	
	, 2011 (13 ),						3
400m	, (	55.	5:11.97	407	5:19.78	105%	
100m		8.	1:11.21	437	1:11.45	101%	
200m		24.	2:38.13	457	2:41.12	104%	
	, 2012 (12 ),						-
400m		58.	5:13.29	402	5:10.00	98%	
100m		108.	2:53.32	347	1:16.00	- 96%	
200m	, 2013 (11 ),	100.	2.33.32	347	2:50.00	90%	4
400m	, 2013 (11 ),	145.	6:10 DE	227	6:02.00	91%	1
100m		145.	6:18.95	-	1:29.00	-	
200m		139.	3:07.24	275	3:10.00	103%	
	, 2010 (14     ),						-
400m		118.	5:02.37	345	4:56.00	96%	
100m				<del>.</del>	1:08.00	-	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13    ),						1
400m 100m		22. 6.	5:00.79 1:10.28	454 454	4:55.76 1:10.23	97% 100%	
200m		11.	2:33.98	495	2:35.69	102%	
200111	, 2013 (11 ),		2.00.00	100	2.00.00	10270	3
400m	, == ( , ,	101.	5:29.00	347	5:30.00	101%	Ū
100m		15.	1:15.27	370	1:17.00	105%	
200m		94.	2:51.18	360	2:53.00	102%	
	, 2012 (12 ),						1
400m		94.	4:56.78	365	5:00.00	102%	
100m 200m		61.	2:31.15	381	1:10.50 2:26.50	94%	
20011	, 2011 (13    ),	01.	2.01.10	301	2.20.00	3470	1
100m	, ==::(:= /,			-	1:08.00	-	·
400m		70.	5:18.02	384	5:24.00	104%	
200m		75.	2:47.79	383	2:47.00	99%	
	, 2013 (11 ),						2
400m		122.	5:42.96	306	5:43.00	100%	
100m 200m		113.	2:54.20	342	1:28.79 2:59.00	106%	
200	, 2013 (11 ),			0.2	2.00.00	10070	2
100m	, == := (:: /,			_	1:08.00	-	_
400m		94.	5:26.73	354	5:35.00	105%	
200m		78.	2:48.29	379	2:53.00	106%	
	, 2012 (12 ),						1
400m		109.	5:32.34	337	5:36.00	102%	
100m 200m		27. 135.	1:23.90 3:02.68	267 296	1:22.50 2:58.00	97% 95%	
200111	, 2011 (13 ),	100.	0.02.00	200	2.00.00	0070	_
400m	, 2011 (10 ),	128.	5:04.94	337	4:55.00	94%	
100m				-	1:09.00	-	
200m		121.	2:41.65	311	2:35.00	92%	
	, 2010 (14 ),						2
400m		88.	4:54.94	372	5:00.00	103%	
100m 200m		25.	2:26.50	419	1:05.50 2:27.00	- 101%	
200111	, 2012 (12 ),	20.	2.23.00	710	2.27.00	10170	1
100m	, 2012 (12 ),			-	1:05.90	-	'
400m		61.	5:14.16	399	5:14.00	100%	
200m		49.	2:43.23	416	2:46.00	103%	
	, 2012 (12 ),						1
400m		23.	5:00.84	454	5:00.76	100%	
100m 200m		6.	2:31.56	519	1:15.60 2:34.33	104%	
200111	, 2010 (14 ),	٥.	2.01.00	513	2.54.50	10-7/0	2
400m	, 2010 (14 ),	151.	5:17.63	298	5:20.00	101%	_
100m		.01.	3.11.00	-	1:11.00	-	
200m		126.	2:42.08	309	2:44.00	102%	
							c=
							27
	, 2010 (14 ),						2
100m		^	4,00.00	-	55.22	4040/	
400m 200m		6. 14.	4:26.99 2:22.46	502 455	4:32.45 2:25.42	104% 104%	
						.0.,3	

, 29. - 31.5.2024

	, 2011 (13 ),					1
400m 100m		83.	5:21.23	373	5:12.00 1:22.72	94%
200m		55.	2:44.75	404	2:47.38	103%
	, 2012 (12 ),					1
400m 100m		52. 21.	5:11.42 <b>1:18.74</b>	409 323	5:11.20 1:19.71	100% 102%
200m		66.	2:46.30	393	2:45.10	99%
	, 2010 (14 ),					2
400m		21.	4:38.39	443	4:43.78	104%
100m 200m		31.	2:27.12	413	1:15.65 2:27.24	100%
	, 2011 (13 ),					1
400m	, , , , , , , , , , , , , , , , , , , ,	107.	5:00.11	353	5:02.18	101%
100m 200m		136.	2:44.26	- 297	1:14.97 2:38.82	93%
200111	, 2011 (13 ),	100.	2.44.20	237	2.50.02	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.00	-
400m 200m		56. 67.	5:13.06 <b>2:46.32</b>	403 393	5:10.00 2:48.00	98% 102%
200111	, 2010 (14 ),	07.	2.40.32	393	2.40.00	10270
400m	, 2010 (11 ),	3.	4:17.49	560	4:10.30	94%
100m		40	0.00.40	-	1:02.52	-
200m	, 2010 (14 ),	10.	2:20.18	478	2:22.10	103% 2
100m	, 2010 (11 ),			-	1:04.00	-
400m		65.	4:51.20	387	4:53.44	102%
200m	, 2010 (14 ),	90.	2:36.52	343	2:39.02	103% 2
400m	, 2010 (14 ),	1.	4:08.68	621	4:09.73	101%
100m				-	1:05.00	-
200m	, 2012 (12 ),	1.	2:07.95	629	2:13.50	109% <b>1</b>
400m	, 2012 (12 ),	59.	5:13.52	401	5:10.78	98%
100m				-	1:14.00	-
200m	2044 (42	59.	2:45.50	399	2:47.46	102%
400m	, 2011 (13 ),	138.	5:06.74	331	5:02.39	97%
100m		130.	3.00.74	-	1:13.50	-
200m		122.	2:41.73	311	2:40.24	98%
100m	, 2011 (13 ),				1:11.46	2
400m		32.	5:04.87	436	5:12.37	105%
200m	0044 (40	90.	2:51.00	361	2:52.37	102%
400m	, 2011 (13 ),	11.	4:53.33	490	4:55.57	3 102%
100m		3.	1:09.99	460	1:12.97	102%
200m		7.	2:32.60	509	2:33.78	102%
400	, 2011 (13 ),			400	T. 0.4.40	2
400m 100m		53.	5:11.69	408	5:24.16 1:15.63	108%
200m		42.	2:41.71	427	2:45.16	104%
	, 2010 (14    ),					
400m 100m		80.	4:53.47	378	4:53.24 1:09.17	100%
100111	, 2010 (14 ),				1.00.17	2
100m	,			-	1:02.18	-
400m 200m		61. 93.	4:50.80 2:37.15	388 339	5:00.24 2:41.49	107% 106%
200111	, 2011 (13 ),	90.	2.37.13	333	2.41.49	10070
400m	, == : ( : = /,	106.	5:31.72	339	5:18.20	92%
100m 200m		16. 68.	1:15.75	363	1:15.73	100% 93%
200111	, 2010 (14 ),	00.	2:46.53	391	2:40.40	95%
100m	, == := (: , ,,			-	1:00.20	-
400m		37.	<b>4:42.97</b>	422	4:46.76	103%
200m	, 2011 (13 ),	63.	2:31.60	378	2:29.33	97% 1
100m	,			-	1:05.89	-
400m		64.	5:17.06	388	5:20.16	102%
200m	, 2011 (13 ),	105.	2:52.88	350	2:51.94	99% 2
400m	, 2011 (13 ),	48.	5:10.11	414	5:12.44	102%
100m				-	1:15.06	-
200m		53.	2:44.12	409	2:46.53	103%
						168

	, 2011 (13 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,	82.	4:53.81	377	4:51.26		98%	
100m 200m		74.	2:33.83	- 361	1:04.54 2:35.86		103%	
200111	, 2012 (12 ),	74.	2.33.03	301	2.33.00		10376	_
100m	, == (:= /,			_	1:24.71		-	
	, 2010 (14 ),							-
400m		12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m 200m		12.	2:21.05	469	1:04.92 2:20.41	29.03.2024 24.04.2024	99%	
200111	, 2010 (14 ),	12.	2.21.00	400	2.20.71	24.04.2024	3370	2
400m	, 2010 (11 ),	4.	4:18.37	554	4:21.07	25.04.2024	102%	_
100m				-	1:02.09	26.04.2024	-	
200m	, 2012 (12 ),	11.	2:20.34	476	2:21.29	24.04.2024	101%	2
100m	, 2012 (12 ),			_	1:12.87		-	_
400m		134.	5:52.45	282	6:02.18		106%	
200m	0040 (44	133.	3:02.37	298	3:03.57		101%	
100m	, 2010 (14 ),			_	56.54	26.04.2024	_	-
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
400	, 2010 (14 ),				4:04.04			1
100m 400m		100.	4:58.66	- 358	1:01.04 4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13 ),							1
100m 400m		119.	5:39.67	- 315	1:11.63		- 101%	
200m		132.	3:01.38	303	5:41.67 2:57.97		96%	
	, 2011 (13 ),							1
100m				-	1:07.27		-	
400m 200m		69. 71.	5:17.47 <b>2:46.80</b>	386 389	5:16.74 2:48.80		100% 102%	
200	, 2010 (14    ),			555	2. 10.00		.0270	_
400m	, ( ,,	70.	4:52.05	383	4:50.62		99%	
100m		100	2.20.60	-	1:04.31		- 070/	
200m	, 2011 (13 ),	103.	2:38.60	330	2:36.18		97%	1
400m	, 2011 (13 ),	39.	5:06.09	431	5:03.05		98%	
100m				-	1:09.13		-	
200m	2011 (12 )	30.	2:40.06	441	2:42.47		103%	4
400m	, 2011 (13 ),	75.	5:19.74	378	5:25.39	24.04.2024	104%	1
100m		23.	1:19.35	316	1:15.43	26.04.2024	90%	
200m	0040 (44	62.	2:45.65	398	2:44.59	22.06.2023	99%	_
100m	, 2010 (14 ),			_	1:02.02	26.04.2024		2
100m 400m		126.	5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
100	, 2011 (13 ),	50	4-40.05	200	4.55.05	05.04.0004	4050/	2
400m 100m		58.	4:48.95	396 -	4:55.65 1:20.23	25.04.2024 26.04.2024	105%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13 ),							-
100m 400m		95.	4:56.87	- 365	1:03.95 4:53.13	26.04.2024 25.04.2024	- 97%	
400111	, 2011 (13 ),	30.	4.50.07	303	4.55.15	25.04.2024	31 70	1
400m	,	67.	5:17.33	387	5:12.70		97%	•
100m		4.0		-	1:13.24		-	
200m	, 2010 (14 ),	40.	2:41.16	432	2:41.91		101%	1
400m	, 2010 (14 ),	116.	5:02.10	346	4:55.78	25.04.2024	96%	'
100m		110.	0.02.10	-	1:18.07	26.04.2024	-	
200m	0044 (40	99.	2:37.98	334	2:39.71	24.04.2024	102%	
400~	, 2011 (13 ),	E7	5.12.27	400	5·07 64		060/	1
400m 100m		57.	5:13.27	402	5:07.61 1:18.86		96%	
200m		34.	2:40.38	438	2:43.95		105%	
	, 2010 (14 ),							2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	- 102%	
200m		114.	2:40.71	317	2:48.11	20.04.2024	102%	
	, 2010 (14 ),							1
400m		99.	4:58.54	359	4:56.78		99%	
100m 200m		89.	2:36.50	343	1:12.94 2:39.46		- 104%	
_00111		55.	00.00	0.10	00.40		10 170	

	, 2011 (13 ),							2
400m 100m		120.	5:02.84	344	5:06.52 1:20.24		102%	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13 ),							-
400m 100m		60. 13.	5:13.71	400 393	5:11.05 1:11.42		98% 94%	
200m		68.	1:13.77 2:46.53	391	2:44.78		98%	
	, 2011 (13 ),							1
100m		400	4.50.05	-	1:00.75	26.04.2024	-	
400m 200m		102. 68.	4:58.95 <b>2:32.62</b>	357 370	4:55.91 2:35.06	25.04.2024 24.04.2024	98% 103%	
	, 2010 (14 ),							1
400m		50.	4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	- 444	1:07.57 2:23.78		100%	
200	, 2010 (14 ),				2.20.70		.0070	-
100m				-	1:02.09		-	
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
200111	, 2012 (12 ),	00.	2.07.10	001	2.00.70		0070	_
100m	, - (			-	1:06.45		-	
400m 200m		73. 90.	5:18.55	382 361	5:15.39 2:50.71		98% 100%	
200111	, 2011 (13 ),	90.	2:51.00	301	2.30.71		100%	1
100m	, == ( ),			-	1:00.60		-	-
400m		91. 115.	4:55.75 <b>2:40.90</b>	369 316	4:52.60		98% 104%	
200m	, 2011 (13 ),	115.	2.40.90	316	2:44.00		10476	2
100m	, 2011 (10 ),			-	1:05.45	26.04.2024	-	_
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12 ),	44.	2:42.25	423	2:44.93	25.04.2024	103%	_
400m	, 2012 (12 ),	155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m		4.47	0.47.04	-	1:22.81	26.04.2024	-	
200m	, 2010 (14 ),	147.	2:47.94	278	2:47.64	24.04.2024	100%	1
400m	, == := (:: /,	137.	5:06.69	331	5:15.13	25.04.2024	106%	-
100m 200m		116.	2:41.11	- 315	1:20.61	28.03.2024 24.04.2024	- 96%	
200111	, 2011 (13 ),	110.	2.41.11	313	2:38.12	24.04.2024	90%	1
400m	, 2311 (13 ),	113.	5:35.23	328	5:24.88		94%	•
100m 200m		79.	2:48.69	376	1:21.65		- 105%	
200111	, 2010 (14 ),	73.	2.40.03	370	2:52.72		10376	2
400m	, , , , , , , , , , , , , , , , , , , ,	33.	4:41.84	427	4:48.82		105%	
100m 200m		29.	2:26.83	416	1:17.47 2:32.09		- 107%	
200111	, 2010 (14 ),	23.	2.20.03	410	2.32.03		107 70	1
400m	, == := (: : /,	60.	4:50.43	390	4:52.60		101%	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
200111	, 2012 (12 ),	09.	2.32.09	370	2.27.00		9370	2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.40	28.03.2024	-	
400m 200m		57. 102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
200111	, 2010 (14 ),	102.	2.00.00	000	2.11.10	21.01.2021	10070	1
400m	, , , , , , , , , , , , , , , , , , , ,	9.	4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	- 529	1:01.56 2:16.53		- 101%	
200111	, 2011 (13 ),	3.	2.13.33	329	2.10.55		10170	2
400m		85.	5:21.42	372	5:19.67		99%	
100m 200m		2. 22.	1:09.92 2:37.58	461 462	1:12.01 2:38.51		106% 101%	
200111	, 2010 (14 ),		2.57.50	402	2.00.01		10170	_
400m	, ( - /)	54.	4:47.64	401	4:47.50		100%	
100m 200m		22.	2:25.16	430	1:12.80 2:22.60		- 97%	
200111	, 2011 (13 ),	22.	2.20.10	700	2.22.00		31 /0	1
400m	, ( ),	87.	5:22.95	367	5:22.80		100%	•
100m		20	2.20 45	-	1:06.89		4000/	
200m	, 2012 (12 ),	28.	2:39.45	446	2:41.50		103%	_
100m	, ( - )			-	1:03.95	26.04.2024	-	
400m 200m		26. 52.	5:03.12 2:43.63	444 413	4:55.54 2:42.67	24.04.2024	95% 99%	
200111		υZ.	2.43.03	413	2.42.07		33%	

	0040 (40							0
400m	, 2012 (12 ),	139.	5:56.27	273	6:03.97	24.04.2024	104%	2
100m		407	2.02.06	-	1:24.14	25.04.2024	1000/	
200m	, 2011 (13 ),	137.	3:03.86	291	3:10.66	25.04.2024	108%	1
100m	, , , , , , , , , , , , , , , , , , , ,			<del>.</del>	1:06.87		-	
400m 200m		49. 47.	<b>5:10.15</b> 2:43.13	414 416	5:17.13 2:41.97		105% 99%	
200111	, 2011 (13 ),	ч.	2.40.10	410	2.41.57		3370	2
100m		400		-	1:04.58		-	
400m 200m		109. 117.	5:00.25 2:41.17	353 314	5:01.18 2:41.79	25.04.2024 24.04.2024	101% 101%	
	, 2011 (13 ),							1
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99%	
200m		95.	2:51.42	359	2:53.69		103%	
400	, 2011 (13 ),	450	5.00.07	005	5.40.00		050/	-
400m 100m		153.	5:22.37	285 -	5:13.38 1:28.91		95% -	
200m		149.	2:49.23	271	2:44.49		94%	_
400m	, 2011 (13 ),	24.	5:01.70	450	5:03.35		101%	2
100m				-	1:07.74		-	
200m	, 2012 (12 ),	27.	2:39.03	449	2:39.68		101%	
400m	, 2012 (12 ),	138.	5:54.90	276	5:54.14	24.04.2024	100%	_
100m		4.44	2,00.40	-	1:21.59	26.04.2024	- 040/	
200m	, 2010 (14 ),	141.	3:08.18	271	3:02.87	25.04.2024	94%	1
100m	, == := (:: /,			-	54.12		-	•
400m 200m		2. 2.	<b>4:15.42</b> 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14 ),	2.	2.12.00	001	2.12.70		10070	1
400m		42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m 200m		13.	2:21.78	462	1:09.79 2:23.12	26.04.2024 24.04.2024	102%	
	, 2013 (11 ),							2
400m 100m		108.	5:32.14	337	5:39.66 1:34.94		105%	
200m		120.	2:56.42	329	2:56.62		100%	_
400m	, 2011 (13 ),	105.	5:31.45	339	5:32.47		101%	2
100m		105.	5.51.45	-	1:25.17		10176	
200m	, 2012 (12 ),	98.	2:52.03	355	2:55.64		104%	1
400m	, 2012 (12 ),	112.	5:35.22	328	5:29.56	24.04.2024	97%	'
100m		400	2.00.20	-	1:22.25	26.04.2024	- 10E0/	
200m	, 2011 (13 ),	128.	3:00.38	308	3:05.11	25.04.2024	105%	_
400m	, 2011 (10 ),	71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m 200m		61.	2:45.55	398	1:22.53 2:43.30	23.11.2023 25.04.2024	- 97%	
200111	, 2012 (12 ),	01.	2. 10.00	000	2. 10.00	20.01.2021	0170	1
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m		58.	2:45.49	399	1:15.63 2:45.78	26.04.2024 25.04.2024	100%	
	, 2012 (12 ),							3
400m 100m		28. 11.	5:04.52 1:13.03	438 405	5:12.89 1:13.60	24.04.2024 26.04.2024	106% 102%	
200m	2040 (44	65.	2:45.80	397	2:49.88	25.04.2024	105%	•
100m	, 2010 (14 ),			-	1:02.55		-	2
400m		52.	4:47.24	403	4:49.66		102%	
200m	, 2011 (13 ),	84.	2:35.53	350	2:38.32		104%	_
100m	, 2011 (13 ),			-	1:03.13	26.04.2024	-	
400m 200m		16. 32.	4:57.81 2:40.13	468 440	4:54.75 2:39.16	27.03.2024 25.04.2024	98% 99%	
200111	, 2012 (12 ),	JZ.	۷.۲۰.۱۵	<del>11</del> 0	2.03.10	20.07.2024	<i>33 /</i> 0	2
400m	, , , , , , , , , , , , , , , , , , , ,	98.	5:28.19	350	5:30.94		102%	
100m 200m		73.	2:47.68	383	1:15.24 2:51.65		105%	
	, 2012 (12 ),							1
400m 100m		44.	5:08.56	421 -	5:16.23 1:22.27		105%	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12 ),							2
400m	, , , , , , , , , , , , , , , , , , , ,	136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m		115.	2:54.80	338	2:56.19		102%	
	, 2010 (14    ),							-
100m				. <del>.</del>	1:05.38	26.04.2024	-	
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m	0040 (4.4	144.	2:46.90	283	2:46.19	24.04.2024	99%	
400	, 2010 (14 ),						40=04	1
400m		27.	4:40.00	435	4:46.52 1:04.59		105%	
100m 200m		28.	2:26.71	417	2:24.49		97%	
200	, 2012 (12 ),	20.	2.20				0.70	_
400m	, 2012 (12 ),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m		120.	0.11.11	-	1:29.97	19.04.2024	-	
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13    ),							2
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m					1:18.51	26.04.2024	-	
200m	0040/44	130.	3:00.88	305	3:02.43	25.04.2024	102%	_
	, 2010 (14 ),							2
400m 100m		154.	5:22.85	284	5:35.50	25.04.2024 26.04.2024	108%	
200m		112.	2:40.45	318	1:15.19 2:45.47	24.04.2024	106%	
200111	, 2011 (13 ),	112.	2.40.43	310	2.45.47	24.04.2024	10078	_
100m	, 2011 (10 ),			_	1:04.60	26.10.2023	_	
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m		14.	2:34.91	486	2:34.71	22.11.2023	100%	
	, 2011 (13 ),							2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:18.22	24.11.2023	-	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	2014 (42	123.	2:57.99	320	2:59.25	25.04.2024	101%	
400	, 2011 (13 ),							1
100m		20	4.42.40	-	1:01.70		-	
400m 200m		39. 110.	4:43.10 <b>2:39.84</b>	421 322	4:42.00 2:42.00		99% 103%	
200111	, 2010 (14 ),	110.	2.55.04	322	2.42.00		10370	_
400m	, 2010 (14 ),	35.	4:41.88	426	4:40.20		99%	
100m		00.		-	1:08.47		-	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13 ),							-
400m		73.	4:52.60	381	4:50.48		99%	
100m			0.07.44	-	1:08.99		-	
200m	2044 (42	96.	2:37.44	337	2:35.31		97%	4
400	, 2011 (13 ),	400	5-40-40	242	F: 40. 70		4000/	1
400m 100m		120.	5:40.49	313	5:43.73 1:17.03		102%	
100111	, 2010 (14 ),			_	1.17.03		_	2
100m	, 2010 (11 ),			-	59.64		-	_
400m		29.	4:41.14	430	4:51.18		107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13 ),							2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m				-	1:19.49	26.04.2024	-	
200m	2010 (11	23.	2:38.03	458	2:39.45	25.04.2024	102%	4
400m	, 2010 (14 ),	145.	E:11 00	317	E:02.04		059/	1
400m		145.	5:11.00	-	5:02.94 1:11.66		95%	
200m		120.	2:41.59	312	2:42.38		101%	
	, 2012 (12 ),							_
400m	, == (== ),	114.	5:01.82	347	5:00.14	25.04.2024	99%	
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14    ),							2
100m				-	1:04.73	28.03.2024	-	
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m	2011 (12	103.	2:38.60	330	2:45.39	16.06.2023	109%	_
400	, 2011 (13 ),	40	E:00 47	447	E-0E-00		000/	1
400m 100m		46.	5:09.47	417 -	5:05.80 1:11.00		98%	
200m		19.	2:36.77	469	2:39.70		104%	
	, 2010 (14 ),							2
100m	. , , , , , , , , , , , , , , , , , , ,			-	55.65	26.04.2024	-	_
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	

400m	, 2010 (14 ),	132.	5:05.85	334	5:04.79		99%	1
100m		102.	3.03.63	-	1:14.56		-	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14 ),							1
100m		121.	E:02.26	- 242	1:04.13		94%	
400m 200m		121.	5:03.26 <b>2:41.80</b>	342 311	4:53.89 2:42.26		94% 101%	
200111	, 2011 (13 ),		2.41.00	011	2.12.20		10170	_
400m	, , , , , , , , , , , , , , , , , , , ,	134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		444	0.40.40	-	1:11.34	26.04.2024	-	
200m	, 2013 (11 ),	111.	2:40.43	319	2:39.42	24.04.2024	99%	2
400m	, 2013 (11 ),	144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m			0.10.11	-	1:38.18	26.04.2024	-	
200m		147.	3:16.00	240	3:46.50	06.12.2023	134%	_
400	, 2011 (13 ),				4.00.04			2
100m 400m		117.	5:02.29	346	1:06.34 5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13 ),							2
100m		100	5 00 0 <del>7</del>	-	1:06.69	07.12.2023	-	
400m 200m		136. 129.	5:06.37 2:42.90	332 304	5:15.49 2:50.21	27.03.2024 24.04.2024	106% 109%	
200111	, 2010 (14 ),	129.	2.42.50	304	2.30.21	24.04.2024	10976	1
400m	, ==:= (:: /,	23.	4:38.83	441	4:40.20	25.04.2024	101%	•
100m				-	1:03.07	26.04.2024	-	
400	, 2011 (13 ),							1
100m 400m		25.	4:39.41	438	1:00.12 4:43.97		103%	
400111	, 2011 (13 ),	25.	4.55.41	430	4.45.57		10370	2
400m	,,	150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m				<u>-</u>	1:15.34	26.04.2024	-	
200m	2040 (44	142.	2:45.74	289	2:48.64	24.04.2024	104%	4
400m	, 2010 (14 ),	83.	4:54.17	375	5:11.10	23.11.2023	112%	1
100m		03.	4.54.17	-	1:10.36	23.11.2023	-	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14 ),							-
100m 400m		49.	4:46.80	405	59.62	26.04.2024 25.04.2024	- 94%	
200m		33.	2:27.57	410	4:37.90 2:27.45	24.04.2024	100%	
	, 2012 (12 ),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m 200m		24. 109.	1:21.23	294 345	1:20.12 2:54.00		97% 100%	
200111	, 2011 (13 ),	109.	2:53.67	340	2.34.00		10078	1
100m	, 2011 (10 ),			-	1:00.03		-	•
400m		33.	4:41.84	427	4:42.88		101%	
200m	, 2011 (13 ),	83.	2:35.11	353	2:33.34		98%	4
100m	, 2011 (13 ),			-	59.14		_	1
400m		8.	4:52.02	496	4:49.86		99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12 ),							2
400m 100m		118.	5:39.24	316 -	5:47.72 1:21.52	24.04.2024 26.04.2024	105% -	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	
	, 2011 (13 ),							2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m 200m		5.	2:29.68	539	1:05.31 2:31.57	26.04.2024 25.04.2024	103%	
200	, 2011 (13 ),	0.		555	2.01.01	20.0202 .	.0070	1
400m	,,	110.	5:00.43	352	5:00.56		100%	-
100m				-	1:10.64		-	
200m	2040 (4.4	109.	2:39.77	323	2:39.17		99%	0
400m	, 2010 (14 ),	106.	4:59.83	354	5:03.85		103%	2
100m		100.	7.33.03	-	1:09.98		103%	
200m		92.	2:36.85	341	2:39.94		104%	
400	, 2010 (14 ),				F0 70			2
100m 400m		13.	4:31.82	476	58.78 4:47.67		- 112%	
200m		32.	2:27.18	413	2:33.74		109%	

	2044 (42							0
400m	, 2011 (13 ),	79.	5:20.72	375	5:29.96	27.03.2024	106%	2
100m 200m		72.	2:47.57	384	1:27.32 2:52.36	26.04.2024 25.04.2024	106%	
400m	, 2011 (13 ),	141.	5:08.43	325	5:06.86		99%	-
100m 200m		98.	2:37.73	335	1:20.91 2:37.55		100%	
400m	, 2011 (13 ),	112.	5:01.05	350	4:46.21		90%	-
100m	2044 (42	112.	3.01.03	-	1:08.42		-	_
100m	, 2011 (13 ),			-	1:05.35	26.04.2024	-	2
400m 200m		101. 135.	4:58.80 2:44.12	358 298	4:59.54 2:48.84	25.04.2024 24.04.2024	100% 106%	
400m	, 2010 (14 ),	28.	4:40.52	433	4:43.30		102%	1
100m 200m		23.	2:25.38	- 428	1:13.19 2:22.59		- 96%	
400m	, 2011 (13 ),	124.	5:44.02	303	5:55.78		107%	2
100m 200m		87.	2:50.38	365	1:24.03 2:57.06		108%	
	, 2012 (12 ),							1
400m 100m		38.	5:05.99	431	5:00.22 1:13.94		96%	
200m	, 2013 (11 ),	37.	2:40.97	433	2:41.99		101%	2
400m 100m		96.	5:27.19	353 -	5:30.42 1:17.86	27.03.2024 26.04.2024	102% -	
200m	, 2011 (13 ),	116.	2:55.40	335	2:59.30		104%	2
400m 100m		4. 1.	4:40.74 <b>1:03.78</b>	559 608	4:37.71 1:04.81		98% 103%	
200m	, 2010 (14 ),	2.	2:27.56	563	2:27.89		100%	1
100m	, 2010 (11 ),	450	5.00.07	-	1:08.86	26.04.2024	-	
400m 200m		159. 152.	<b>5:30.87</b> 2:57.84	263 234	5:34.76 2:37.96	25.04.2024	102% 79%	
400m	, 2010 (14 ),	72.	4:52.50	382	4:52.68		100%	2
100m 200m		52.	2:30.33	387	1:18.06 2:31.09		- 101%	
100m	, 2010 (14 ),			-	59.59		-	1
200m	, 2011 (13 ),	50.	2:30.23	388	2:32.95		104%	_
100m	, 2011 (10 /),	-	4.44.57	-	59.17	26.04.2024	-	
400m 200m		5. 8.	4:44.57 2:33.20	536 503	4:38.23 2:31.66	24.04.2024 25.04.2024	96% 98%	
400m	, 2011 (13 ),	2.	4:38.68	571	4:40.10	24.04.2024	101%	2
100m 200m		1.	2:22.53	- 624	1:12.77 2:24.20	23.11.2023 25.04.2024	- 102%	
100m	, 2012 (12 ),				1:18.15	26.10.2023		1
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m	, 2011 (13 ),	118.	2:55.96	332	2:56.24	25.04.2024	100%	-
100m 400m		15.	4:55.46	- 479	1:02.61 4:50.73	05.10.2023 24.04.2024	- 97%	
200m	, 2010 (14    ),	9.	2:33.61	499	2:33.58	25.04.2024	100%	1
400m	, 2010 (14 ),	158.	5:30.09	265	5:30.90	25.04.2024	100%	1
100m 200m	0040 (44	141.	2:45.31	291	1:13.92 2:42.67	26.04.2024 24.04.2024	97%	
400m	, 2010 (14 ),	85.	4:54.88	372	4:48.30		96%	1
100m 200m		39.	2:28.77	400	1:05.77 2:30.91		103%	
100m	, 2011 (13 ),			-	1:03.15		-	2
400m 200m		19. 15.	4:58.75 2:34.95	464 486	5:01.84 2:36.98		102% 103%	

	, 2011 (13 ),							2
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m		13.	2:34.85	487	2:37.06	25.04.2024	103%	
	, 2011 (13     ),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m 200m		56.	2:30.47	386	1:06.88 2:34.49		105%	
200111	, 2010 (14 ),	00.	2.00.47	000	2.01.10		10070	_
100m	, ( ),			-	1:00.40		-	
400m		32.	4:41.74	427	4:38.00		97%	
200m	2012 (12	106.	2:39.25	326	2:32.00		91%	2
400m	, 2012 (12 ),	130.	5:48.45	292	5:49.10	24.04.2024	100%	2
100m		100.	0.40.40	-	1:31.39	28.03.2024	-	
200m		117.	2:55.50	334	3:00.67	25.04.2024	106%	
400	, 2011 (13 ),							-
100m 400m		163.	5:43.56	235	1:10.37 5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13 ),							1
400m		35.	5:05.10	435	5:02.99		99%	
100m 200m		70.	2:46.69	390	1:22.25 2:47.42		101%	
200111	, 2012 (12 ),	70.	2.40.09	390	2.47.42		10176	1
100m	, == (-= ),			-	1:11.00		-	•
400m		102.	5:30.10	344	5:29.94		100%	
200m	0040 (40	80.	2:48.73	376	2:49.79		101%	
400m	, 2012 (12 ),	133.	5:50.71	286	6:01.10	24.04.2024	106%	1
100m		20.	1:18.13	331	1:15.81	26.04.2024	94%	
200m		122.	2:57.87	321	2:57.50	25.04.2024	100%	
	, 2010 (14    ),							-
400m 100m		68.	4:52.04	383	4:50.19 1:18.29	25.04.2024 06.10.2023	99%	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13 ),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:16.04		-	
200m	2040 (44	153.	3:00.95	222	2:48.79		87%	
100	, 2010 (14 ),				1,01.60			-
100m 400m		119.	5:02.76	344	1:01.60 5:02.70		100%	
200m		100.	2:38.04	333	2:35.00		96%	
	, 2012 (12 ),							2
100m 400m		131.	5:49.82	- 289	1:15.24 6:01.03		- 107%	
200m		140.	3:07.59	274	3:11.37		107 %	
	, 2011 (13    ),							1
400m		33.	5:04.98	436	F 00 00			
100m 200m				430	5:03.60		99%	
200111		13	2://1 78	-	1:10.20		-	
	2011 (13	43.	2:41.78	436 - 427			99% - 100%	1
400m	, 2011 (13 ),			427	1:10.20	24.04.2024	100%	1
100m	, 2011 (13 ),	36.	5:05.26	427 435	1:10.20 2:42.00 5:03.43 1:10.18	26.04.2024	99%	1
				427 435	1:10.20 2:42.00 5:03.43		100%	1
100m 200m	, 2011 (13 ), , 2010 (14 ),	36. 26.	5:05.26 2:38.81	427 435 - 451	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	99% - 105%	1
100m		36.	5:05.26	427 435	1:10.20 2:42.00 5:03.43 1:10.18	26.04.2024	99%	1
100m 200m 400m		36. 26.	5:05.26 2:38.81	427 435 451 470	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	99% - 105%	1 -
100m 200m 400m 100m	, 2010 (14 ),	36. 26. 15.	5:05.26 <b>2:38.81</b> 4:32.87	427 435 - 451 470	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64	26.04.2024	100% 99% - 105% 99%	-
100m 200m 400m 100m 100m 400m	, 2010 (14 ),	36. 26. 15.	5:05.26 2:38.81 4:32.87	427 435 - 451 470 - 430	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57	26.04.2024	99% - 105% 99% - -	-
100m 200m 400m 100m	, 2010 (14 ), , 2011 (13 ),	36. 26. 15.	5:05.26 <b>2:38.81</b> 4:32.87	427 435 - 451 470	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64	26.04.2024	100% 99% - 105% 99%	- 1
100m 200m 400m 100m 100m 400m	, 2010 (14 ),	36. 26. 15.	5:05.26 2:38.81 4:32.87	427 435 - 451 470 - 430	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57	26.04.2024	99% - 105% 99% - -	-
100m 200m 400m 100m 100m 400m 200m	, 2010 (14 ), , 2011 (13 ),	36. 26. 15. 30. 54.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	435 451 470 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36	26.04.2024	99% - 105% 99% 98% 103%	- 1
100m 200m 400m 100m 100m 400m 200m	, 2010 (14 ), , 2011 (13 ), , 2010 (14 ),	36. 26. 15. 30. 54.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	427 435 451 470 - 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	99% - 105% 99% - - - 98% 103%	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14 ), , 2011 (13 ),	36. 26. 15. 30. 54.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10	427 435 - 451 470 - 430 387 - 401 381	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70	26.04.2024 25.04.2024	99% - 105% 99% - - 98% 103%	1
100m 200m 400m 100m 100m 400m 200m	, 2010 (14 ), , 2011 (13 ), , 2010 (14 ),	36. 26. 15. 30. 54. 56. 60.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	435 451 470 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024	99% 	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14 ), , 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	36. 26. 15. 30. 54.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10	427 435 	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	99% - 105% 99% - - 98% 103%	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14 ), , 2011 (13 ), , 2010 (14 ),	36. 26. 15. 30. 54. 56. 60. 48.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 2:29.06	427 435 451 470 - 430 387 401 381 406 - 397	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 25.04.2024 26.04.2024 24.04.2024	99% 105% 99% 105% 99% 98% 103% 100% 98%	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14 ), , 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	36. 26. 15. 30. 54. 56. 60.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	435 451 470 430 387 401 381 406	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024	99% 	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14 ), , 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	36. 26. 15. 30. 54. 56. 60. 48.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 2:29.06	427 435 451 470 - 430 387 401 381 406 397 413	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 25.04.2024 26.04.2024 24.04.2024	99% 105% 99% 105% 99% 98% 103% 100% 98%	- 1

	, 2011 (13 ),							2
100m	, 2011 (10 ),			_	1:06.33		_	_
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
	, 2011 (13 ),							_
400m	, - ( - ,,	14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m		25.	2:38.14	457	2:34.65		96%	
	, 2010 (14 ),							2
400m		115.	5:01.95	347	5:05.04		102%	
100m				-	1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14 ),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m		47	0.00.70	-	1:06.71	26.04.2024	4000/	
200m	, 2012 (12 ),	47.	2:29.72	392	2:31.30	24.04.2024	102%	2
400	, 2012 (12 ),	120	E. 46 7E	200	E.E.4.E0	24.04.2024	1050/	2
400m 100m		129.	5:46.75	296	5:54.58 1:35.68	24.04.2024 26.04.2024	105%	
200m		127.	2:59.75	311	3:02.58	25.04.2024	103%	
200	, 2010 (14 ),			0	0.02.00	2010 11202 1	10070	1
400m	, 2010 (14 ),	77.	4:53.13	379	4:56.26		102%	•
100m		,,,	4.00.10	-	1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12 ),							2
400m	, , , , , , , , , , , , , , , , , , , ,	117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m		134.	3:02.49	297	3:06.71		105%	
	, 2012 (12 ),							2
100m				-	1:15.15		-	
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m	2010 (11	136.	3:03.53	292	3:09.62	25.04.2024	107%	_
100	, 2010 (14 ),	00	4-20.70	4.44	4.40.00		4000/	2
400m 100m		22.	4:38.72	441 -	4:46.63		106% -	
200m		21.	2:25.04	431	1:06.13 2:29.10		106%	
200111	, 2012 (12 ),	21.	2.23.04	401	2.29.10		10078	1
400m	, 2012 (12 ),	142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m		2.	0.00.04	-	1:34.62	28.03.2024	-	
200m		138.	3:05.03	285	3:04.05	25.04.2024	99%	
	, 2010 (14 ),							2
400m	, , , , , , , , , , , , , , , , , , , ,	93.	4:56.44	367	5:05.89		106%	
100m				-	1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14     ),							-
400m		90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m		C.F.	0.22.20	-	1:09.85	26.04.2024	-	
200m	2042 (44	65.	2:32.39	372	2:29.44	24.04.2024	96%	2
400	, 2013 (11 ),	4.40	0.00.44	0.47	0.45.00		40.40/	3
400m 100m		143. 28.	6:08.41 1:25.38	247 253	6:15.63 1:27.90		104% 106%	
200m		125.	2:58.09	320	3:02.71		105%	
	, 2010 (14 ),							1
100m	, ==== (, , , , , , , , , , , , , , , ,			-	1:07.36	26.04.2024	-	-
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								25
	, 2011 (13    ),							2
400m	, , , , , , , , , , , , , , , , , , , ,	11.	4:30.41	483	4:32.58		102%	
100m				-	1:02.61		-	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14    ),							-
400m		71.	4:52.10	383	4:46.20		96%	
100m		0.4	0.04.05	-	1:17.05		-	
200m	2044 (42	64.	2:31.85	376	2:29.55		97%	
400	, 2011 (13 ),	47	4.50.00	407	4.55 10		0001	-
400m 100m		17.	4:58.03	467	4:55.18 1:14.68		98%	
200m		45.	2:42.42	422	2:40.38		98%	
200111	, 2011 (13 ),	<del>-</del> 10.	£.7£.7£	766	2.70.00		3070	_
400m	, 2011 (10 ),	25.	5:02.37	447	4:56.03		96%	_
100m		_0.	0.02.01	-	1:14.95		-	
200m		92.	2:51.03	361	2:47.54		96%	

	, 2012 (12 ),						1
400m 100m		6.	4:48.04	517 -	4:52.60	103%	
200m		20.	2:37.44	463	1:08.29 2:35.61	98%	
200	, 2010 (14 ),	20.	2.0	.00	2.00.0	3373	-
400m	, , , ,	149.	5:15.19	305	5:07.65	95%	
100m		407	0.20 54	-	1:18.39	-	
200m	, 2011 (13 ),	107.	2:39.51	324	2:37.36	97%	_
400m	, 2011 (13 ),	51.	5:11.10	410	5:03.43	95%	-
100m				-	1:22.64	-	
200m	0040 (40	48.	2:43.18	416	2:40.55	97%	
400	, 2012 (12 ),	440	5-04-00	240	5.00.00	4000/	1
400m 100m		113.	5:01.32	349	5:03.99 1:12.38	102%	
200m		119.	2:41.52	312	2:41.04	99%	
	, 2012 (12 ),						-
100m 400m		135.	5:06.31	332	1:04.60 5:06.16	- 100%	
200m		137.	2:44.31	297	2:40.08	95%	
	, 2011 (13 ),						1
100m				-	1:04.92	-	
400m 200m		45. 74.	<b>5:08.76</b> 2:47.76	420 383	5:09.05 2:46.15	100% 98%	
200111	, 2011 (13 ),	74.	2.47.70	303	2.40.10	3070	2
100m	, - ( - ),			-	1:06.09	-	
400m		37.	5:05.59	433	5:07.54	101%	
200m	, 2010 (14 ),	50.	2:43.35	415	2:47.50	105%	2
100m	, 2010 (14 ),			-	58.40	_	_
400m		81.	4:53.49	378	5:02.97	107%	
200m	2011 (12	76.	2:34.04	360	2:35.53	102%	_
400m	, 2011 (13 ),	81.	5:21.18	373	5:21.64	100%	2
100m		01.	5.21.10	-	1:16.52	100%	
200m		110.	2:53.74	345	2:53.92	100%	
	, 2010 (14 ),						-
100m		1.10	F.07.60	-	1:04.14	- 070/	
400m 200m		140. 134.	5:07.62 2:44.04	328 298	5:03.00 2:42.92	97% 99%	
	, 2010 (14 ),						1
400m		47.	4:46.08	408	4:47.50	101%	
100m 200m		71.	2:33.09	367	1:05.50 2:30.70	- 97%	
200111	, 2011 (13 ),	71.	2.33.03	307	2.50.70	31 /0	_
400m	, == ( . = - /,	34.	5:05.09	435	5:00.47	97%	
100m		0.4	0.45.70	-	1:15.07	-	
200m	, 2010 (14 ),	64.	2:45.78	397	2:43.92	98%	_
100m	, 2010 (14 ),			-	1:05.23	-	_
400m		108.	5:00.14	353	4:49.66	93%	
200m	2044 (42	150.	2:49.32	271	2:40.00	89%	2
100m	, 2011 (13 ),			-	1:05.75	-	2
400m		31.	5:04.59	437	5:05.60	101%	
200m		77.	2:47.91	382	2:53.11	106%	
400	, 2010 (14 ),						-
100m 400m		16.	4:34.10	464	58.71 4:33.04	99%	
200m		20.	2:23.82	442	2:21.32	97%	
	, 2010 (14 ),						-
400m		122.	5:03.53	341	4:55.07	95%	
100m 200m		133.	2:43.60	300	1:20.35 2:42.82	99%	
	- , 2012 (12	),	<del>-</del>	<del>-</del>	-		1
400m		27.	5:03.89	440	5:10.25	104%	
100m		22	2:40.22	-	1:14.03	1009/	
200m	, 2010 (14 ),	33.	2:40.33	439	2:40.09	100%	_
400m	, 2010 (14 ),	111.	5:00.98	350	4:58.35	98%	-
100m				-	1:24.37	-	
200m	2040 (44	128.	2:42.83	305	2:38.43	95%	2
							2
400m	, 2010 (14 ),	53	4-47 42	402	4.48 68	101%	
400m 100m	, 2010 (14 ),	53. 26.	4:47.42 2:26.59	402	4:48.68 1:05.20	101% - 104%	_

	2044 (42						0
400m	, 2011 (13 ),	82.	5:21.20	373	5:11.48	94%	2
100m		9.	1:11.77	427	1:12.72	103%	
200m		20.	2:37.44	463	2:39.93	103%	
	, 2010 (14 ),						1
100m		20	4.27.04	-	56.14	4000/	
400m 200m		20. 17.	<b>4:37.84</b> 2:22.78	445 452	4:40.00 2:22.20	102% 99%	
200111	, 2010 (14 ),	17.	2.22.70	402	2.22.20	3570	2
400m	, =0.0 ( ),	5.	4:24.28	518	4:27.15	102%	_
100m				-	1:01.00	-	
200m	0044 (40	5.	2:17.26	509	2:18.68	102%	_
400	, 2011 (13 ),				4.04.00		2
100m 400m		86.	4:54.90	372	1:01.69 5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13 ),						1
400m		29.	5:04.54	438	5:00.70	97%	
100m 200m		4. 36.	<b>1:10.02</b> 2:40.75	459 435	1:10.86 2:38.82	102% 98%	
200111		30.	2.40.73	400	2.50.02	3070	
							31
	, 2011 (13 ),						1
400m	, , , , , , , , , , , , , , , , , , , ,	42.	5:08.18	422	5:12.96	103%	
100m		12.	1:13.71	394	1:11.54	94%	
200m	2010 (14	18.	2:36.66	470	2:35.00	98%	2
100m	, 2010 (14 ),			-	59.85	-	2
400m		74.	4:52.74	381	4:54.15	101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12 ),						1
400m 100m		114.	5:35.58	327	5:39.26 1:19.35	102%	
200m		121.	2:57.28	324	2:56.07	99%	
	, 2011 (13 ),	.=					1
400m	, , , , , , , , , , , , , , , , , , , ,	103.	4:59.02	357	4:56.00	98%	
100m		440	0-44-00	-	1:09.00	4050/	
200m	, 2011 (13 ),	118.	2:41.28	314	2:45.00	105%	
100m	, 2011 (13 ),			-	1:37.00	-	-
	, 2011 (13 ),						-
100m	, - ( - ,,			-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m	2012 (12	143.	3:14.08	247	3:12.00	98%	
100m	, 2012 (12 ),			-	1:16.82	_	-
400m		146.	6:21.28	223	6:09.89	94%	
200m		145.	3:14.79	244	3:10.65	96%	
	, 2010 (14 ),						1
400m 100m		125.	5:03.94	340	4:57.49 1:14.00	96%	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14 ),						1
400m	, , , , , , , , , , , , , , , , , , , ,	164.	5:48.93	225	5:59.00	106%	
100m	0044 (40			-	1:19.00	-	•
100	, 2011 (13 ),	101	4.50.00	256	F:04.27	4040/	2
400m 100m		104.	4:59.22	356	5:01.37 1:20.70	101%	
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14     ),						1
100m		404	F 00 00	-	1:03.70	-	
400m 200m		124. 145.	<b>5:03.90</b> 2:47.42	340 280	5:05.00 2:45.00	101% 97%	
200111	, 2012 (12 ),	140.	2.47.42	200	2.43.00	31 /0	1
400m	, ( ),	123.	5:43.84	304	5:50.00	104%	•
100m				-	1:27.00	=	
200m	2011 (12	124.	2:58.07	320	2:55.00	97%	4
400m	, 2011 (13 ),	157.	5:28.67	269	5:14.00	91%	1
400m		157.	5.20.07	-	1:11.00	91%	
200m		140.	2:44.86	294	2:45.18	100%	
	, 2013 (11 ),						1
400m		141. 30	6:01.09	262 185	6:01.11	100%	
100m 200m		30. 146.	1:34.81 3:15.98	185 240	1:31.64 3:12.02	93% 96%	

	0040/44						
400	, 2010 (14 ),				55.00		1
100m		-	4.07.00	-	55.90	-	
400m		7.	4:27.93	497	4:26.70	99%	
200m	0040 (4.4	4.	2:17.05	511	2:18.70	102%	
	, 2010 (14 ),						1
400m		98.	4:58.53	359	4:56.47	99%	
100m				-	1:07.50	-	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13    ),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m		142.	3:12.58	253	3:10.00	97%	
	, 2013 (11 ),						-
100m				-	1:12.50	-	
400m		161.	5:40.86	241	5:34.00	96%	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12 ),						-
400m		162.	5:42.11	238	5:41.00	99%	
100m				-	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14    ),						2
100m	, (			_	1:04.76	<del>-</del>	
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13    ),						2
400m	, - ( - ),	93.	5:26.72	354	5:34.09	105%	
100m		-	*	-	1:13.52	-	
200m		107.	2:53.12	348	2:59.24	107%	
	, 2011 (13 ),						2
100m	, 2011 (10 ),			_	1:02.02	_	_
400m		88.	5:23.00	367	5:40.00	111%	
200m		56.	2:45.17	401	2:48.00	103%	
200	, 2011 (13 ),	00.			2. 10.00	.0070	1
400m	, 2011 (10 ),	127.	5:45.02	301	5:38.96	97%	•
100m		127.	0.10.02	-	1:18.87	-	
200m		126.	2:59.05	315	3:06.22	108%	
200111	, 2012 (12 ),	120.	2.00.00	0.0	0.00.22	10070	1
400m	, 2012 (12 ),	139.	5:07.02	330	5:09.00	101%	•
100m		100.	3.07.02	550	1:15.85	10170	
200m		148.	2:48.08	277	2:46.85	99%	
200	, 2011 (13 ),		2. 10.00		2. 10.00	3375	2
400	, 2011 (13 ),	115	E-2E 04	206	E-00 76	1020/	_
400m 100m		115.	5:35.94	326	5:38.76 1:24.51	102%	
200m		89.	2:50.72	363	2:55.31	105%	
200111	, 2012 (12 ),	03.	2.50.72	303	2.55.51	10370	1
400	, 2012 (12 ),	110	F-26 20	225	F-20 00	069/	'
400m 100m		116.	5:36.39	325	5:30.00 1:26.50	96%	
200m		99.	2:52.06	355	2:55.00	103%	
200111	, 2011 (13 ),	00.	2.02.00	000	2.00.00	10070	_
400	, 2011 (13 ),				4.04.70		_
100m 400m		148.	5:13.61	310	1:04.70 5:12.00	99%	
400111	2010 (11	140.	3.13.01	310	3.12.00	3370	4
400	, 2010 (14 ),	45	4 45 40	444	4 47 00	4040/	1
400m		45.	4:45.43	411	4:47.00	101%	
100m		44	0.00.00	-	1:08.00	-	
200m	2044 (42	41.	2:28.99	398	2:28.00	99%	4
400	, 2011 (13 ),	4=0			= 40.00	200/	1
400m		152.	5:22.32	285	5:16.00	96%	
100m		4.40	0.40.50	-	1:20.50	-	
200m	0044 (40	143.	2:46.56	285	2:50.00	104%	
	, 2011 (13 ),						1
400m		148.	6:35.76	199	6:40.58	102%	
100m			0 = -	-	1:33.00	-	
200m	0044 (10	144.	3:14.78	244	3:10.00	95%	_
	, 2011 (13 ),						2
100m				-	1:04.01	<del>-</del>	
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	