						%
	, 2011 (13),					
400m	, - (-),	10.	4:52.72	493	4:53.48	101%
100m				-	1:11.32	-
200m				-	2:35.20	-
	, 2011 (13),					
400m				-	5:08.05	-
100m		400	0.44.50	-	1:18.37	-
200m	0040 (44	139.	2:44.58	295	2:48.88	105%
100	, 2010 (14),		4 40 04	404	4 40 77	1000/
400m			4:43.04	421	4:46.77	103%
100m 200m		18.	2:23.54	- 445	1:10.23 2:25.50	103%
200111	, 2010 (14),	10.	2.23.34	440	2.23.30	10070
400m	, 2010 (14),			-	5:03.12	-
100m				-	1:09.93	_
200m		91.	2:36.69	342	2:40.19	105%
	, 2010 (14),					
100m	,			-	57.36	-
400m					4:59.79	-
200m		24.	2:25.51	427	2:31.28	108%
	, 2011 (13),					
400m		100.	5:28.91	347	5:27.33	99%
100m 200m				-	1:14.81 2:46.39	-
200111	, 2010 (14),			-	2.40.39	-
400m	, 2010 (14),			_	4:56.97	_
100m				_	1:14.87	_
200m		55.	2:30.38	387	2:34.33	105%
	, 2010 (14),					
400m	, (),		4:47.74	401	4:47.31	100%
100m				-	1:08.10	-
200m		66.	2:32.51	371	2:32.09	99%
	, 2012 (12),					
400m		132.	5:49.98	288	5:44.42	97%
100m 200m				-	1:21.94 2:59.66	-
200111	, 2010 (14),			_	2.03.00	_
100m	, 2010 (14),			_	58.01	_
400m			4:47.15	403	4:50.47	102%
200m		70.	2:32.86	368	2:34.12	102%
	, 2011 (13),					
100m	, , , , ,			-	1:02.34	-
400m		3.	4:40.55	560	4:42.01	101%
200m	0044 (40			-	2:38.03	-
400	, 2011 (13),	_			4 = 4 = 0	1000/
400m		7.	4:48.49	515	4:51.80	102%
100m 200m				-	1:11.90 2:33.50	-
200	, 2011 (13),				2.00.00	
400m	, 2011 (10),	80.	5:20.92	374	5:21.89	101%
100m		00.	0.20.02	-	1:19.46	-
200m				-	2:51.06	-
	, 2010 (14),					
100m				-	59.01	-
400m		0.5	0.00.04	-	4:57.39	-
200m	0044 (40	35.	2:28.24	404	2:32.60	106%
100	, 2011 (13),				1.00.62	
100m 400m		78.	5:20.52	- 375	1:09.62 5:21.68	- 101%
200m		70.	J.2U.J2	-	2:52.65	10176
_00111	, 2011 (13),			-	2.02.00	-
400m	, 20 (),		4:45.51	410	4:49.60	103%
100m				-	1:13.73	-
200m		44.	2:29.38	395	2:32.11	104%
	0044 (40)					
	, 2011 (13).					
400m	, 2011 (13),	99.	5:28.41	349	5:24.80	98%
	, 2011 (13),	99.	5:28.41	349 - -	5:24.80 1:27.21 2:47.65	98% - -

	2040 (44						
400	, 2010 (14),		4 44 45	400	4.40.70	000/	1
400m 100m			4:41.45	428	4:40.73 1:02.37	99%	
200m		8.	2:19.37	486	2:21.20	103%	
200111	, 2010 (14),	0.	2.19.37	400	2.21.20	10376	1
400m	, 2010 (14),				1.51 17		٠
400m 100m				-	4:51.47 1:05.79	-	
200m		75.	2:34.02	360	2:34.41	101%	
200111	, 2010 (14),	70.	2.04.02	000	2.01.11		2
400m	, 2010 (14),		4:43.35	420	4:47.34	103%	_
100m			4.43.33		1:02.00	10376	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						_
400m	, 2011 (10),	20.	4:58.98	463	4:57.41	99%	
100m		20.	1.00.00	-	1:17.17	-	
200m				-	2:35.78	-	
	, 2011 (13),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m				-	2:53.06	-	
	, 2010 (14),						1
400m				-	5:11.54	-	
100m				-	1:18.86	- 	
200m	0044 (40	94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						1
400m		68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m				-	2:41.48	-	
							0
							8
	, 2012 (12),						1
100m				-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m	0040 (44			-	2:51.60	-	
400	, 2010 (14),				50.00		-
100m			4.20.22	420	56.28	- 070/	
400m 200m		37.	4:39.22 2:28.61	439 401	4:35.56 2:26.07	97% 97%	
200111	, 2012 (12),	01.	2.20.01	401	2.20.01	31 70	_
400m	, 2012 (12),	66.	5:17.24	387	5:12.74	97%	_
100m		00.	5.17.24	-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.10	-	
400m			4:53.28	379	4:50.45	98%	
	, 2010 (14),						-
400m			4.50.04				
			4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
100m 200m		48.	4:50.91 2:30.05				
100m 200m	, 2011 (13),	48.		-	1:16.99	-	1
200m 400m	, 2011 (13),	48. 74.		-	1:16.99 2:27.07 5:20.36	-	1
200m 400m 100m	, 2011 (13),		2:30.05	390 379	1:16.99 2:27.07 5:20.36 1:13.26	96% 101%	1
200m 400m			2:30.05	390 379	1:16.99 2:27.07 5:20.36	- 96%	
200m 400m 100m 200m	, 2011 (13), , 2010 (14),		2:30.05 5:19.44	390 379 -	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21	96% 101% - -	1
200m 400m 100m 200m 400m			2:30.05	390 379 - - 386	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08	96% 101%	
200m 400m 100m 200m 400m 100m		74.	2:30.05 5:19.44 4:51.27	390 379 - - 386	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68	96% 101% - - 99%	
200m 400m 100m 200m 400m	, 2010 (14),		2:30.05 5:19.44	390 379 - - 386	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08	96% 101% - -	1
200m 400m 100m 200m 400m 100m 200m		74.	2:30.05 5:19.44 4:51.27	390 379 - - 386 - 387	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54	96% 101% 99% - 100%	
200m 400m 100m 200m 400m 100m 200m	, 2010 (14),	74. 51.	2:30.05 5:19.44 4:51.27 2:30.31	390 379 - - 386 - 387	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16	96% 101% 99% - 100%	1
200m 400m 100m 200m 400m 100m 200m	, 2010 (14),	74.	2:30.05 5:19.44 4:51.27	390 379 - - 386 - 387	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42	96% 101% 99% - 100%	1
200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2012 (12),	74. 51.	2:30.05 5:19.44 4:51.27 2:30.31	390 379 - - 386 - 387	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16	96% 101% 99% - 100%	1
200m 400m 100m 200m 400m 200m 100m 200m	, 2010 (14),	74. 51.	2:30.05 5:19.44 4:51.27 2:30.31	390 379 - - 386 - 387	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40	96% 101% 99% - 100%	1
200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2012 (12),	74. 51. 47.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90	390 379 - - 386 - 387	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42	96% 101% 99% - 100%	1
200m 400m 100m 200m 400m 100m 200m 100m 400m 100m 400m 100m	, 2010 (14), , 2012 (12), , 2012 (12),	74. 51.	2:30.05 5:19.44 4:51.27 2:30.31	390 379 - - 386 - 387 - 415	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40	96% 101% 99% - 100%	1
200m 400m 100m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	74. 51. 47.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90	390 379 - - 386 - 387 - 415 -	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16	96% 101% 99% 100% 108% 101%	1
200m 400m 100m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	74. 51. 47.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90	390 379 - - 386 - 387 - 415 -	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16	96% 101% 99% 100% 108% 101%	1
200m 400m 100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	74. 51. 47. 62.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32	390 379 - 386 - 387 - 415 - 398 - - 359	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	96% 101% 99% - 100% - 108% 101% 93%	1
200m 400m 100m 200m 400m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	74. 51. 47.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90	390 379 - 386 - 387 - 415 - 398	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	96% 101%	1 1 -
200m 400m 100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	74. 51. 47. 62.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 - 386 - 387 - 415 - 398 - - 359	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	96% 101%	1
200m 400m 100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	74. 51. 47. 62.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32	390 379 - 386 - 387 - 415 - 398 - 359 364 459	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	96% 101% 99% - 100% - 108% 101% 93%	1 1 -
200m 400m 100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	74. 51. 47. 62.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 - 386 - 387 - 415 - 398 - 359 364 459	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	96% 101%	1 1 -
200m 400m 100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14), , 2011 (13),	74. 51. 47. 62.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 - 386 - 387 - 415 - 398 - 359 364 459	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	96% 101%	1 1 -
200m 400m 100m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	74. 51. 47. 62. 72.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47 4:59.81	390 379 - 386 - 387 - 415 - 398 - 359 364 459	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	96% 101% 99% 100% 108% 101% 93% 98% 100%	1 1 -
200m 400m 100m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14), , 2011 (13),	74. 51. 47. 62.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 - 386 - 387 - 415 - 398 - 359 364 459 - 377	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	96% 101%	1 1 -
200m 400m 100m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14), , 2011 (13),	74. 51. 47. 62. 72.	2:30.05 5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47 4:59.81	390 379 - 386 - 387 - 415 - 398 - 359 364 459	1:16.99 2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	96% 101% 99% 100% 108% 101% 93% 98% 100%	1 1 -

400m	, 2010 (14),		4:52.04	202	4:51.04	000/	-
400m 100m			4:52.04	383	4:51.04 1:05.26	99% -	
200m		36.	2:28.34	403	2:28.00	100%	
400	, 2010 (14),		4-25-00	455	4:00.00	4000/	1
400m 100m			4:35.80	455 -	4:36.00 1:07.50	100% -	
200m		40.	2:28.96	398	2:28.50	99%	
400m	, 2012 (12),	97.	5:27.25	353	5:28.72	101%	1
100m		97.	5.27.25	-	1:20.44	101%	
200m				-	2:52.24	-	
400	, 2011 (13),	00	5 40 47	000	5.40.00	000/	-
400m 100m		63.	5:16.47	390	5:12.90 1:11.34	98% -	
200m				-	2:44.44	-	
	, 2010 (14),						-
100m 400m			4:35.12	- 459	59.24 4:31.41	- 97%	
200m		86.	2:36.14	346	2:33.34	96%	
	, 2010 (14),						-
400m			4:53.03	380	4:50.50 1:16.20	98%	
100m 200m		46.	2:29.60	393	2:29.00	99%	
	, 2010 (14),						-
400m			4:32.52	472	4:32.06	100%	
100m 200m		7.	2:18.80	- 492	1:00.00 2:17.73	98%	
	, 2011 (13),						_
400m	, , , , , , , , , , , , , , , , , , , ,	89.	5:23.67	364	5:19.00	97%	
100m 200m				-	1:16.50 2:50.15	- -	
200111					2.50.15		
							18
	, 2011 (13),						-
100m 400m				-	1:01.00 5:12.00	-	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						-
100m		00	F:04.46	-	1:10.00	-	
400m 200m		90.	5:24.46	362 -	5:17.00 2:52.00	95% -	
	, 2010 (14),						1
100m			4 40 00	-	1:01.00	-	
400m 200m		57.	4:42.02 2:30.56	426 386	4:43.00 2:30.00	101% 99%	
	, 2012 (12),						1
100m				-	1:05.00	-	
400m 200m		132.	2:43.49	301	5:03.00 2:45.00	- 102%	
200	, 2012 (12),	.02.		00.	20.00	.0270	-
400m		65.	5:17.11	388	5:06.00	93%	
100m 200m				-	1:12.90 2:46.00	- -	
200111	, 2011 (13),				2. 10.00		_
100m	, - (-),			-	1:09.00	-	
400m 200m		77.	5:20.22	376 -	5:17.90 2:49.60	99%	
200111	, 2012 (12),			_	2.49.00	-	_
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m	, 2010 (14),			-	2:49.60	-	1
400m	,			-	4:56.38	-	
100m		07	0-00-05	-	1:13.64	4000/	
200m	, 2011 (13),	27.	2:26.65	417	2:27.94	102%	1
100m	, 2011 (13),			-	1:05.50	-	,
400m		41.	5:07.47	425	5:15.00	105%	
200m	, 2010 (14),			-	2:46.00	-	
100m	, 2010 (14),			_	59.95	-	-
400m				-	4:54.00	-	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14),					-
400m				-	5:04.00	-
100m		70	0.04.70	-	1:15.00	-
200m	, 2011 (13),	79.	2:34.76	355	2:33.00	98%
100m	, 2011 (13),			-	1:05.00	<u>.</u>
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
	, 2010 (14),					1
400m				-	4:58.00	-
100m 200m		81.	2:34.91	354	1:18.00 2:38.35	104%
	, 2012 (12),					-
400m	, == (== /,	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	-
200m	2040 (44			-	2:54.00	-
100m	, 2010 (14),				1:00.00	-
400m			4:51.10	387	1:00.00 4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m				-	4:58.00	-
100m 200m		127.	2:42.29	200	1:10.00	- 96%
200111	, 2012 (12),	127.	2.42.29	308	2:38.60	1
400m	, 2012 (12),	140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m				-	3:14.00	-
	, 2010 (14),					1
400m 100m			4:35.84	455 -	4:41.90 1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					-
400m	, , ,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m	2011 (12			-	2:36.17	=
400m	, 2011 (13),			-	4:53.00	-
100m				-	1:09.00	-
200m		138.	2:44.35	296	2:42.00	97%
	, 2012 (12),					-
400m		126.	5:44.55	302	5:40.00	97%
100m 200m				-	1:25.00 2:58.00	-
200111	, 2012 (12),				2.00.00	1
400m	, , , , , , , , , , , , , , , , , , , ,	92.	5:25.53	358	5:31.00	103%
100m				-	1:17.50	-
200m	2012 (12			-	2:57.00	-
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	1 109%
100m		137.	3.33.33	-	1:35.00	10376 -
200m				-	3:03.74	-
	, 2010 (14),					-
400m				-	4:52.00	-
100m 200m		151.	2:53.07	- 254	1:10.00 2:45.00	91%
	, 2012 (12),	- **				1
100m	, - (),			-	1:05.00	-
400m		18.	4:58.44	465	5:05.50	105%
200m	, 2010 (14),			-	2:40.14	=
400m	, 2010 (14),			-	5:20.00	<u>.</u>
100m				-	1:09.00	-
200m		146.	2:47.48	280	2:41.00	92%
	, 2011 (13),					-
400m		86.	5:21.67	371	5:14.45	96%
100m 200m				-	1:23.21 2:43.34	- -
	, 2011 (13),				5: ·	_
400m	, , , , , , , , , , , , , , , , , , , ,	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	2011 (12)			-	2:50.00	-
400m	, 2011 (13),	128.	5:46.63	297	5:30.00	91%
100m		120.	5.70.03	-	1:17.00	91%
200m				-	2:53.00	-

	, 2010 (14),						-
100m 400m			4:56.39	367	58.79 4:50.00	96%	
200m		85.	2:35.94	347	2:35.29	99%	
200111	, 2011 (13),	00.	2.00.01	011	2.00.20	0070	1
400m	, == : (: = /,	55.	5:11.97	407	5:19.78	105%	
100m				-	1:11.45	-	
200m				-	2:41.12	-	
	, 2012 (12),						-
400m		58.	5:13.29	402	5:10.00	98%	
100m 200m				-	1:16.00 2:50.00	- -	
	, 2013 (11),						_
400m	, ==:= (:: /,	145.	6:18.95	227	6:02.00	91%	
100m				-	1:29.00	-	
200m				-	3:10.00	-	
	, 2010 (14),						-
400m				-	4:56.00	=	
100m 200m		130.	2:42.95	304	1:08.00 2:42.00	99%	
200	, 2011 (13),		22.00	33.	22.00	3370	_
400m	, 2011 (10),	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	-	
200m				-	2:35.69	-	
	, 2013 (11),						1
400m		101.	5:29.00	347	5:30.00	101%	
100m 200m				-	1:17.00 2:53.00	-	
200111	, 2012 (12),				2.00.00		_
400m	, 2012 (12),			_	5:00.00	<u>-</u>	
100m				-	1:10.50	-	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),						1
100m		70	5-40.00	-	1:08.00	4040/	
400m 200m		70.	5:18.02	384	5:24.00 2:47.00	104%	
200111	, 2013 (11),			-	2.47.00	-	1
400m	, 2013 (11),	122.	5:42.96	306	5:43.00	100%	
100m				-	1:28.79	-	
200m				-	2:59.00	-	
	, 2013 (11),						1
100m		0.4	E-26 72	- 254	1:08.00	4050/	
400m 200m		94.	5:26.73	354 -	5:35.00 2:53.00	105%	
200111	, 2012 (12),				2.00.00		1
400m	, == (:=),	109.	5:32.34	337	5:36.00	102%	•
100m				-	1:22.50	-	
200m				-	2:58.00	-	
	, 2011 (13),						-
400m				-	4:55.00 1:09.00	-	
100m 200m		121.	2:41.65	311	2:35.00	92%	
200111	, 2010 (14),	1211	2.11.00	011	2.00.00	0270	1
400m	, (/)			=	5:00.00	-	-
100m				-	1:05.50	-	
200m	0040/40	25.	2:26.50	419	2:27.00	101%	
400	, 2012 (12),				4.05.00		-
100m 400m		61.	5:14.16	399	1:05.90 5:14.00	100%	
200m		01.	5.14.10	-	2:46.00	-	
	, 2012 (12),						-
400m		23.	5:00.84	454	5:00.76	100%	
100m				-	1:15.60	-	
200m	2040 (4.4			-	2:34.33	-	
400-	, 2010 (14),				E-00 00		1
400m 100m				-	5:20.00 1:11.00	-	
200m		126.	2:42.08	309	2:44.00	102%	
-		-			•		
							15
	, 2010 (14),						2
100m				=	55.22	-	
400m			4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

	2244 (42					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m		00.	0.21.20	-	1:22.72	-
200m				-	2:47.38	-
	, 2012 (12),					-
400m	, , , , , , , , , , , , , , , , , , , ,	52.	5:11.42	409	5:11.20	100%
100m				-	1:19.71	-
200m				-	2:45.10	-
	, 2010 (14),					2
400m	, , , , , , , , , , , , , , , , , , , ,		4:38.39	443	4:43.78	104%
100m				-	1:15.65	-
200m		31.	2:27.12	413	2:27.24	100%
	, 2011 (13),					-
400m				-	5:02.18	-
100m				-	1:14.97	-
200m		136.	2:44.26	297	2:38.82	93%
	, 2011 (13),					-
100m				-	1:05.00	-
400m		56.	5:13.06	403	5:10.00	98%
200m				-	2:48.00	-
	, 2010 (14),					1
400m			4:17.49	560	4:10.30	94%
100m				-	1:02.52	-
200m	0040 (44	10.	2:20.18	478	2:22.10	103%
	, 2010 (14),					1
100m				-	1:04.00	-
400m		00	0.00 50	-	4:53.44	4000/
200m	2012 (11	90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					2
400m			4:08.68	621	4:09.73	101%
100m 200m		1.	2:07.95	620	1:05.00	109%
200111	, 2012 (12),	١.	2.07.95	629	2:13.50	109%
400m	, 2012 (12),	59.	5:13.52	401	E:10 70	98%
400m		59.	5.13.52	401	5:10.78	98%
200m				-	1:14.00 2:47.46	-
200111	, 2011 (13),			_	2.47.40	_
400m	, 2011 (13),			-	5:02.39	-
100m				-	1:13.50	_
200m		122.	2:41.73	311	2:40.24	98%
	, 2011 (13),					1
100m	, 2011 (10),			-	1:11.46	· .
400m		32.	5:04.87	436	5:12.37	105%
200m				-	2:52.37	-
	, 2011 (13),					1
400m	, , , , , , , , , , , , , , , , , , , ,	11.	4:53.33	490	4:55.57	102%
100m				-	1:12.97	-
200m				-	2:33.78	-
	, 2011 (13),					1
400m	• •	53.	5:11.69	408	5:24.16	108%
100m				-	1:15.63	=
200m				-	2:45.16	=
	, 2010 (14),					-
400m				-	4:53.24	=
100m				-	1:09.17	<u>-</u>
	, 2010 (14),					1
100m				-	1:02.18	-
400m		22	0.07.45	-	5:00.24	4000/
200m	2044 (42	93.	2:37.15	339	2:41.49	106%
400	, 2011 (13),	405			F 40 00	***
400m		106.	5:31.72	339	5:18.20 1:15.73	92%
100m 200m				-	1:15.73 2:40.40	- -
200111	, 2010 (14),			-	2.40.40	1
100	, 2010 (14),				4.00.00	Į
100m 400m			4:42.97	422	1:00.20 4:46.76	103%
200m		63.	2:31.60	378	2:29.33	97%
20011	, 2011 (13),	00.	2.01.00	57.0	2.20.00	1
100m	, 2011 (10),			_	1:05.89	- -
400m		64.	5:17.06	388	5:20.16	102%
200m		υ τ.	3.11.00	-	2:51.94	-
	, 2011 (13),					1
400m	,	48.	5:10.11	414	5:12.44	102%
100m				-	1:15.06	-
200m				-	2:46.53	-

	, 2011 (13),							1
400m			4:53.81	377	4:51.26		98%	
100m 200m		74.	2:33.83	361	1:04.54 2:35.86		103%	
200111	, 2010 (14),	7 - 7 -	2.00.00	301	2.00.00		10070	_
400m				-	4:58.08		-	
	, 2012 (12),							-
100m				-	1:24.71		-	
200m	, 2010 (14),			-	2:41.68		-	_
400m	, 2010 (14),		4:30.49	483	4:28.87	25.04.2024	99%	
100m				-	1:04.92	29.03.2024	-	
200m	0040444	12.	2:21.05	469	2:20.41	24.04.2024	99%	_
400m	, 2010 (14),		4.40.27	554	4:21.07	25.04.2024	4000/	2
100m			4:18.37	-	1:02.09	25.04.2024 26.04.2024	102%	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m 400m		134.	5:52.45	- 282	1:12.87 6:02.18		- 106%	
200m		104.	3.32.43	-	3:03.57		-	
	, 2010 (14),							-
100m			4.00.05	-	56.54	26.04.2024	-	
400m 200m		6.	4:28.25 2:17.60	495 505	4:22.37 2:16.72	25.04.2024 24.04.2024	96% 99%	
200111	, 2010 (14),	0.	2.17.00	303	2.10.72	24.04.2024	3370	1
100m	, (),			-	1:01.04		-	
400m		FO	2-20.25	-	4:58.23		4020/	
200m	, 2011 (13),	53.	2:30.35	387	2:32.38		103%	1
100m	, 2011 (13),			_	1:11.63		_	'
400m		119.	5:39.67	315	5:41.67		101%	
200m	2014 (42			-	2:57.97		-	
100m	, 2011 (13),				1:07.27			-
400m		69.	5:17.47	386	5:16.74		100%	
200m				-	2:48.80		-	
400	, 2010 (14),		4.50.05	000	4.50.00		000/	-
400m 100m			4:52.05	383	4:50.62 1:04.31		99%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							-
400m 100m		39.	5:06.09	431	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13),							1
400m	·	75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m 200m				-	1:15.43 2:44.59	26.04.2024 22.06.2023	-	
_55117	, 2010 (14),					55.2525		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.92	26.04.2024	-	-
400m		07	2.26.40	-	5:07.80	25.04.2024	4050/	
200m	, 2011 (13),	87.	2:36.19	345	2:40.35	24.04.2024	105%	1
400m	, 2011 (10),			-	4:55.65	25.04.2024	-	'
100m		= -		-	1:20.23	26.04.2024	<u>-</u>	
200m	2011 /12	59.	2:30.99	382	2:33.67	24.04.2024	104%	
100m	, 2011 (13),			-	1:03.95	26.04.2024	_	-
400m				-	4:53.13	25.04.2024 25.04.2024	-	
	, 2011 (13),							-
400m	·	67.	5:17.33	387	5:12.70		97%	
100m 200m				-	1:13.24 2:41.91		-	
_50111	, 2010 (14),							1
400m	, \(\cdot \)			-	4:55.78	25.04.2024	-	•
100m		00	2.27.00	-	1:18.07	26.04.2024	4000/	
200m	, 2011 (13),	99.	2:37.98	334	2:39.71	24.04.2024	102%	_
400m	, 2011 (10),	57.	5:13.27	402	5:07.61		96%	-
100m				-	1:18.86		-	
200m	0040 (44			-	2:43.95		-	^
100~	, 2010 (14),			_	1.06.22	26.04.2024		2
100m 400m			4:43.61	419	1:06.23 4:46.97	26.04.2024 25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		109%	

	2010 (11							4
400m	, 2010 (14),			-	4:56.78		-	1
100m				-	1:12.94		-	
200m		89.	2:36.50	343	2:39.46		104%	
	, 2011 (13),							1
400m 100m				-	5:06.52 1:20.24		-	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m	, , , , , , , , , , , , , , , , , , , ,	60.	5:13.71	400	5:11.05		98%	
100m				-	1:11.42		-	
200m	2044 (42			-	2:44.78		-	4
100m	, 2011 (13),			_	1:00.75	26.04.2024	_	1
400m				-	4:55.91	25.04.2024	-	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m			4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	- 444	1:07.57 2:23.78		100%	
200111	, 2010 (14),	10.	2.20.00	• • • • • • • • • • • • • • • • • • • •	2.20.70		10070	_
100m	, 2010 (11),			-	1:02.09		_	
400m			4:51.06	387	4:40.19		93%	
200m	0040 (40	95.	2:37.40	337	2:35.73		98%	
400	, 2012 (12),				4.00.45			-
100m 400m		73.	5:18.55	382	1:06.45 5:15.39		- 98%	
200m		70.	0.10.00	-	2:50.71		-	
	, 2011 (13),							1
100m	·			-	1:00.60		-	
400m		445	2.40.00	-	4:52.60		-	
200m	, 2011 (13),	115.	2:40.90	316	2:44.00		104%	1
100m	, 2011 (10),			-	1:05.45	26.04.2024	_	'
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m				-	2:44.93	25.04.2024	-	
	, 2012 (12),							-
400m 100m				-	5:10.60 1:22.81	25.04.2024 26.04.2024	-	
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%	
	, 2010 (14),							-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:15.13	25.04.2024	-	
100m		440	0.44.44	-	1:20.61	28.03.2024	-	
200m	, 2011 (13),	116.	2:41.11	315	2:38.12	24.04.2024	96%	_
400m	, 2011 (10),	113.	5:35.23	328	5:24.88		94%	
100m				-	1:21.65		-	
200m				-	2:52.72		-	
	, 2010 (14),							2
400m 100m			4:41.84	427	4:48.82 1:17.47		105%	
200m		29.	2:26.83	416	2:32.09		107%	
	, 2010 (14),							-
400m				-	4:52.60		-	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
200111	, 2012 (12),	03.	2.02.03	370	2.27.00		9576	1
100m	, 2012 (12),			-	1:04.40	28.03.2024	-	'
400m				-	4:55.47	25.04.2024	-	
200m	0040 (44	102.	2:38.56	330	2:41.13	24.04.2024	103%	
400=	, 2010 (14),		4.00.07	40.4	4.06.00		000/	1
400m 100m			4:28.37	494	4:26.36 1:01.56		99%	
200m		3.	2:15.53	529	2:16.53		101%	
	, 2011 (13),							-
400m	•	85.	5:21.42	372	5:19.67		99%	
100m				-	1:12.01		-	
200m	, 2010 (14),			-	2:38.51		-	
400m	, 2010 (14),		4:47.64	401	4:47.50		100%	-
100m			1.77.07	-	1:12.80		-	
200m		22.	2:25.16	430	2:22.60		97%	
	, 2011 (13),							-
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		-	

100m	, 2012 (12),				1:03.95	26.04.2024		-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m				-	2:42.67		-	
	, 2012 (12),							1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m				-	1:06.87		-	
400m 200m		49.	5:10.15	414	5:17.13 2:41.97		105%	
200	, 2011 (13),				2			1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.58		-	
400m 200m		117.	2:41.17	- 314	5:01.18 2:41.79	25.04.2024 24.04.2024	- 101%	
200111	, 2011 (13),	117.	2.41.17	314	2.41.73	24.04.2024	10176	_
400m	, ==::(:= /,	91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m	, 2011 (13),			-	2:53.69		-	_
400m	, 2011 (13),			-	5:13.38		-	_
100m				-	1:28.91		-	
200m	, 2011 (13),	149.	2:49.23	271	2:44.49		94%	4
400m	, 2011 (13),	24.	5:01.70	450	5:03.35		101%	1
100m			0.00	-	1:07.74		-	
200m	2040 (40			-	2:39.68		-	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	-
100m		130.	3.54.90	-	1:21.59	26.04.2024	-	
200m	0040/44			-	3:02.87	25.04.2024	-	
100m	, 2010 (14),			-	54.12			1
400m			4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
400	, 2010 (14),		4.44.00	440	4 40 40	05.04.0004	000/	1
400m 100m			4:44.83	413	4:42.10 1:09.79	25.04.2024 26.04.2024	98%	
200m		13.	2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11),							1
400m 100m		108.	5:32.14	337	5:39.66 1:34.94		105%	
200m				-	2:56.62		-	
	, 2011 (13),							1
400m		105.	5:31.45	339	5:32.47		101%	
100m 200m				-	1:25.17 2:55.64		-	
	, 2012 (12),							-
400m		112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m 200m				-	1:22.25 3:05.11	26.04.2024 25.04.2024	-	
	, 2011 (13),							-
400m		71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m 200m				-	1:22.53 2:43.30	23.11.2023 25.04.2024	-	
200	, 2012 (12),				2. 10.00	20.0202 .		_
400m	, - (84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12),			-	2:45.78	25.04.2024	-	1
400m	, == (-= /,	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14),			-	2:49.88	25.04.2024	-	2
100m	, 20.0 (11),			-	1:02.55		-	_
400m			4:47.24	403	4:49.66		102%	
200m	, 2011 (13),	84.	2:35.53	350	2:38.32		104%	
100m	, 2011 (13),			_	1:03.13	26.04.2024	-	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	2012 (12 \			-	2:39.16	25.04.2024	-	4
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	1
100m		· · · · · · · · · · · · · · · · · · ·		-	1:15.24		-	
200m				-	2:51.65		=	

400m		2012 (12							1
200m	400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	ı
, 2012 (12), 400m 100m 100m 2010 (14), 100m 200m , 2010 (14), 100m 200m 2011 (13), 100m 200m 200m 2011 (13), 100m 200m 200m 200m 200m 200m 200m 200m					-	1:22.27		-	
ADDITION	200m	2012 (12			-	2:40.76		-	4
100m	400m	, 2012 (12),	126	E.E2 0E	201	E-E0 66		1020/	1
200m			130.	5.52.65				103%	
100m	200m				-			-	
## Add		, 2010 (14),							-
200m					-			-	
400m 440,00 435 444,622 100% 100m 200m 2012 (12), 28. 226,71 417 224,49 37% 57% 400m 200m 2011 (13), 125. 5.44.14 303 5.44.68 24,042,024 100% 100m 200m 200m 2011 (13), 2			144.	2:46.90	283			99%	
400m 100m 200 445 446.82 106% 106% 100m 200m 20 200m 20 20 212 (12). 400m 2011 (13), 400m 200m 200m 20 20 211 (13), 400m 200m 20 20 211 (13), 400m 20 20 20 20 20 20 20 20 20 20 20 20 20		, 2010 (14),							1
200m				4:40.00				105%	
, 2012 (12), 100m 100m 200m 200m 200m 200m 200m 200			28	2:26.71				97%	
400m	200111	. 2012 (12).	20.	2.20.71	417	2.24.43		31 /0	_
200m	400m	, (),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
, 2011 (13), 400m 100m 200m 200m 2010 (14), 5:34.55 30								-	
400m 100m 111. 534.55 330 545.85 24.04.2024 107% 100m 200m 2010 (14), 214.00 112. 2:40.45 318 2:45.47 24.04.2024 106% 200m 2011 (13), 2111 (200m	2011 (13)			-	2:50.20	25.04.2024	-	1
100m	400m	, 2011 (13),	111	5:34.55	330	5:45 58	24 04 2024	107%	
, 2010 (14), 400m 100m , 2011 (13), 100m , 2011 (14), 100m , 2011 (13), 100m , 2010 (14), 100m , 2011 (13), 100m , 2011 (13), 100m , 2010 (14), 100m , 2011 (13), 100m , 2011 (14), 100m , 2011 (15), 100m , 2011 (16), 100m , 2011 (17), 100m , 2011 (18), 100m , 2011 (19), 100m , 2				0.000				-	
100m	200m	2040 (44			-	3:02.43	25.04.2024	-	4
100m	400m	, 2010 (14),				5.35 50	25 04 2024		1
112 2:40.45 318 2:45.47 24.04.2024 106%					-			-	
100m	200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
13.	400	, 2011 (13),				4.04.00	00.40.0000		-
200m , 2011 (13), 100m			13.	4:54.85					
100m									
400m		, 2011 (13),							1
200m			107	5:22.07					
, 2011 (13), 100m 400m , 2010 (14), 400m , 2010 (14), 400m , 2011 (13), 441.88 426 440.20 99% 100m , 2011 (13), 400m , 2010 (14), 100m , 2010 (14), 400m , 2011 (13), 400m , 2011 (14), 400m , 2011 (15), 400m , 2011 (16), 400m , 2011 (17), 400m , 2011 (18), 400m , 2011 (19), 400m , 2011 (19), 400m , 2011 (19), 400m , 2011 (11), 400m , 2011 (13), 400m			107.	3.32.07					
100m		, 2011 (13),							1
110. 2:39.84 322 2:42.00 103% 103% 100m								-	
400m 100m 2011 (13), 441.88 426 4.40.20 99% 100m 58. 2:30.84 383 2:29.71 99% 100m 7, 2011 (13), 452.60 381 4.50.48 99% 100m 96. 2:37.44 337 2:35.31 97% 100m 7, 2011 (13), 120. 5:40.49 313 5:43.73 102% 117.03 100m 100m 100m 100m 100m 100m 100m 10			110						
400m	200	. 2010 (14).			0	22.00		10070	_
58. 2:30.84 383 2:29.71 99% 400m , 2011 (13), 400m 100m		, (),		4:41.88	426			99%	
, 2011 (13), 400m 100m 200m 96. 2:37.44 337 2:35.31 97% , 2011 (13), 400m 100m , 2010 (14), 100m 200m , 2011 (13), 400n 100m , 2010 (14), 100m 200m , 2011 (13), 4441.14 430 451.18 107% 200m , 2011 (13), 400m 100m 30. 5:04.55 438 5:16.65 24.04.2024 100m 200m , 2010 (14), 400m 100m , 2011 (13), 400m 100m 100m 100m 100m 100m 100m 10			EO	2:20.94	-			- 000/	
400m	200111	. 2011 (13).	36.	2.30.04	303	2.29.71		9970	_
96. 2:37.44 337 2:35.31 97% , 2011 (13), 400m 100m 200m , 2010 (14), 100m 400m , 2011 (13), 100m , 2010 (14), 100m 400m , 2011 (13), 400m , 2011 (13), 400m , 2011 (13), 400m , 2011 (13), 400m , 2011 (13), 400m , 2010 (14), 100m , 2010 (14), 400m , 2011 (13), 400m , 2012 (12), 400m , 2010 (14), 400m , 2011 (13), 400m	400m	, ==::(:= /,		4:52.60	381	4:50.48		99%	
, 2011 (13), 400m 100m 200m , 2010 (14), 100m 200m , 2011 (13), 4:41.14 430 4:51.18 107% 200m , 2011 (13), 400m 200m , 2011 (13), 4:41.14 430 4:51.18 107% 200m , 2011 (13), 400m 16. 2:22.56 454 2:25.57 104% 7. 400m 100m 7. 400m 100m 80. 80. 80. 80. 80. 80. 80. 80. 80. 80			00	0.07.44	-			-	
400m	200m	2011 /12	96.	2:37.44	337	2:35.31		97%	1
100m	400m	, 2011 (13),	120	5:40.49	313	5:43 73		102%	ı
, 2010 (14), 100m 400m 200m 16. 2:22.56 454 2:25.57 104% , 2011 (13), 400m 30. 5:04.55 438 5:16.65 24.04.2024 108% 100m 200m , 2010 (14), 400m 30. 5:04.55 438 5:16.65 24.04.2024 108% 100m 200m , 2010 (14), 400m 100m 200m 120. 2:41.59 312 2:42.38 101% , 2012 (12), 400m 100m , 2010 (14), 100m , 2010 (14), 400m 100m , 2011 (13), 400m 100m 100m 100m 100m 100m 100m 100			120.	0.40.40	-			-	
100m	200m	2040 (44			-	2:56.19		-	_
400m 200m 16. 2:22.56 454 2:25.57 107% 104% 7, 2011 (13), 30. 5:04.55 438 5:16.65 24.04.2024 108% 100m	100m	, 2010 (14),			_	50.64		_	2
16. 2:22.56 454 2:25.57 104% , 2011 (13), 400m , 2010 (14), 400m , 2012 (12), 400m , 2010 (14), 400m , 2011 (13), 400m , 2010 (14), 400m , 2011 (13), 400m , 2010 (14), 400m , 2011 (13), 400m , 2010 (14), 400m , 2011 (13),				4:41.14					
400m	200m		16.	2:22.56		2:25.57			
100m	100	, 2011 (13),	00	5 04 55	400	5 40 05	04.04.0004	4000/	1
200m			30.	5:04.55				108%	
400m					-			-	
100m	405	, 2010 (14),							1
200m								-	
400m			120.	2:41.59				101%	
100m		, 2012 (12),							-
, 2010 (14), 100m 400m 200m 103. 2:38.60 330 2:45.39 16.06.2023 109% , 2011 (13), 400m 100m 46. 5:09.47 417 5:05.80 98% 100m									
100m	100m	2010 (14			-	1:20.97	26.04.2024	-	1
400m	100m	, 2010 (14),			_	1:04.73	28.03.2024	_	ı
, 2011 (13), 400m 100m 46. 5:09.47 417 5:05.80 98% - 1:11.00 -	400m				-	4:56.66	27.03.2024		
400m 46. 5:09.47 417 5:05.80 98% 100m - 1:11.00 -	200m	2014 (42	103.	2:38.60	330	2:45.39	16.06.2023	109%	
100m - 1:11.00 -	400m	, 2011 (13),	16	5:00 47	<i>/</i> 117	5.05.20		Ω20/.	-
			40.	5.03.47	-			30 ⁻ /0	
					-			-	

00m 00m	, 2010 (14),				EE 05	26.04.2024	
			4:28.47	494	55.65 4:30.00	26.04.2024 25.04.2024	101%
00m		9.	2:19.89	481	2:30.78	22.11.2023	116%
50111	, 2010 (14),	٥.	2.13.03	401	2.00.70	22.11.2020	11070
00m	, 2010 (14),			-	5:04.79		_
00m				-	1:14.56		-
00m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14),						
00m	, =0:0(:: /,			-	1:04.13		-
00m				_	4:53.89		_
00m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13),						
00m	, , , , , , , , , , , , , , , , , , , ,			-	5:03.36	25.04.2024	-
00m				-	1:11.34	26.04.2024	-
00m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11),						
00m		144.	6:15.17	234	6:23.56	24.04.2024	105%
00m				-	1:38.18	26.04.2024	-
00m				-	3:46.50	06.12.2023	-
	, 2011 (13),						
00m				-	1:06.34		-
00m				-	5:06.72		-
00m		123.	2:41.79	311	2:43.15		102%
	, 2011 (13),						
00m				-	1:06.69	07.12.2023	-
00m		400	0.40.00	-	5:15.49	27.03.2024	-
00m	224277	129.	2:42.90	304	2:50.21	24.04.2024	109%
	, 2010 (14),						
00m			4:38.83	441	4:40.20	25.04.2024	101%
00m	2014 (10			-	1:03.07	26.04.2024	-
	, 2011 (13),						
00m			4.20.44	-	1:00.12		4020/
00m	0044 (40		4:39.41	438	4:43.97		103%
	, 2011 (13),						
00m				-	5:17.90	25.04.2024	-
00m 00m		142.	2:45.74	289	1:15.34 2:48.64	26.04.2024 24.04.2024	104%
JUIII	2010 (11	142.	2.43.74	209	2.40.04	24.04.2024	10476
00	, 2010 (14),				F:11 10	22 44 2022	
00m 00m				-	5:11.10 1:10.36	23.11.2023	-
00m		80.	2:34.81	355	1.10.30 NT		_
50111	, 2010 (14),	00.	2.01.01	000			
00m	, 2010 (11),			-	59.62	26.04.2024	_
00m			4:46.80	405	4:37.90	25.04.2024	94%
00m		33.	2:27.57	410	2:27.45	24.04.2024	100%
	, 2012 (12),						
00m	,	110.	5:34.37	331	5:26.57		95%
00m				-	1:20.12		-
00m				-	2:54.00		-
	, 2011 (13),						
00m	. , ,			-	1:00.03		-
,0111			4 44 64	427	4:42.88		101%
00m			4:41.84				
00m		83.	4:41.84 2:35.11	353	2:33.34		98%
00m	, 2011 (13),	83.					98%
00m 00m 00m	, 2011 (13),		2:35.11	353	2:33.34 59.14		-
00m 00m 00m 00m	, 2011 (13),	83. 8.		353 - 496	2:33.34 59.14 4:49.86		99%
00m 00m 00m 00m			2:35.11	353	2:33.34 59.14		-
00m 00m 00m 00m 00m	, 2011 (13), , 2012 (12),	8.	2:35.11 4:52.02	353 - 496 -	2:33.34 59.14 4:49.86 2:29.93		99% -
00m 00m 00m 00m 00m 00m			2:35.11	353 - 496 - 316	2:33.34 59.14 4:49.86 2:29.93 5:47.72	24.04.2024	99% - 105%
00m 00m 00m 00m 00m 00m		8.	2:35.11 4:52.02	353 - 496 - 316	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52	26.04.2024	99% - 105% -
00m 00m 00m 00m 00m 00m	, 2012 (12),	8.	2:35.11 4:52.02	353 - 496 - 316	2:33.34 59.14 4:49.86 2:29.93 5:47.72		99% - 105%
00m 00m 00m 00m 00m 00m 00m		8. 118.	2:35.11 4:52.02 5:39.24	353 - 496 - 316 -	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82	26.04.2024 25.04.2024	99% - 105% - -
00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12),	8.	2:35.11 4:52.02	353 - 496 - 316 - - - 588	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15	26.04.2024 25.04.2024 24.04.2024	99% - 105% - - 103%
00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12),	8. 118.	2:35.11 4:52.02 5:39.24	353 - 496 - 316 - - 588	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15 1:05.31	26.04.2024 25.04.2024 24.04.2024 26.04.2024	99% - 105% - - 103%
00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12), , 2011 (13),	8. 118.	2:35.11 4:52.02 5:39.24	353 - 496 - 316 - - - 588	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15	26.04.2024 25.04.2024 24.04.2024	99% - 105% - - 103%
00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12),	8. 118.	2:35.11 4:52.02 5:39.24	353 - 496 - 316 - - 588 -	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15 1:05.31 2:31.57	26.04.2024 25.04.2024 24.04.2024 26.04.2024	99% - 105% - - 103% - -
00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12), , 2011 (13),	8. 118.	2:35.11 4:52.02 5:39.24	353 - 496 - 316 - - 588 - -	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15 1:05.31 2:31.57 5:00.56	26.04.2024 25.04.2024 24.04.2024 26.04.2024	99% - 105% - - 103% - -
00m 00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12), , 2011 (13),	8. 118. 1.	2:35.11 4:52.02 5:39.24 4:36.01	353 - 496 - 316 - - 588 - -	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15 1:05.31 2:31.57 5:00.56 1:10.64	26.04.2024 25.04.2024 24.04.2024 26.04.2024	99% - 105% - - 103% - -
00m 00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12), , 2011 (13), , 2011 (13),	8. 118.	2:35.11 4:52.02 5:39.24	353 - 496 - 316 - - 588 - -	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15 1:05.31 2:31.57 5:00.56	26.04.2024 25.04.2024 24.04.2024 26.04.2024	99% - 105% - - 103% - -
00m 00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12), , 2011 (13),	8. 118. 1.	2:35.11 4:52.02 5:39.24 4:36.01	353 - 496 - 316 - - 588 - - - 323	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15 1:05.31 2:31.57 5:00.56 1:10.64 2:39.17	26.04.2024 25.04.2024 24.04.2024 26.04.2024	99% - 105% - - 103% - - - - 99%
00m 00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2012 (12), , 2011 (13), , 2011 (13),	8. 118. 1.	2:35.11 4:52.02 5:39.24 4:36.01	353 - 496 - 316 - - 588 - -	2:33.34 59.14 4:49.86 2:29.93 5:47.72 1:21.52 3:01.82 4:40.15 1:05.31 2:31.57 5:00.56 1:10.64	26.04.2024 25.04.2024 24.04.2024 26.04.2024	99% - 105% - - 103% - -

	, 2010 (14),							2
100m	, 2010 (11),			-	58.78		-	_
400m			4:31.82	476	4:47.67		112%	
200m	0044 (40	32.	2:27.18	413	2:33.74		109%	
100	, 2011 (13),	70	F 00 70	075	5.00.00	07.00.0004	4000/	1
400m 100m		79.	5:20.72	375 -	5:29.96 1:27.32	27.03.2024 26.04.2024	106%	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13),							-
400m				-	5:06.86		-	
100m 200m		98.	2:37.73	335	1:20.91 2:37.55		100%	
200111	, 2011 (13),	30.	2.57.75	333	2.07.00		10070	_
400m	, 2011 (10),		5:01.05	350	4:46.21		90%	
100m			0.01.00	-	1:08.42		-	
	, 2011 (13),							1
100m				-	1:05.35	26.04.2024	-	
400m 200m		135.	2:44.12	- 298	4:59.54 2:48.84	25.04.2024 24.04.2024	- 106%	
200111	, 2010 (14),	155.	2.77.12	230	2.40.04	24.04.2024	10070	1
400m	, == := (: : /,		4:40.52	433	4:43.30		102%	•
100m				-	1:13.19		-	
200m	2244 (42	23.	2:25.38	428	2:22.59		96%	
400	, 2011 (13),	404	F-44.00	202	F.FF 70		4070/	1
400m 100m		124.	5:44.02	303	5:55.78 1:24.03		107%	
200m				-	2:57.06		-	
	, 2012 (12),							-
400m		38.	5:05.99	431	5:00.22		96%	
100m 200m				-	1:13.94 2:41.99		-	
200111	, 2013 (11),			-	2.41.33		-	1
400m	, 2010 (11),	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m				-	2:59.30		-	
100	, 2011 (13),		4 40 74	550	4.07.74		000/	-
400m 100m		4.	4:40.74	559 -	4:37.71 1:04.81		98%	
200m				-	2:27.89		-	
	, 2010 (14),							-
100m				-	1:08.86	26.04.2024	-	
400m 200m		152.	2:57.84	234	5:34.76 2:37.96	25.04.2024	79%	
200111	, 2010 (14),	102.	2.07.01	201	2.07.00		7070	1
400m	, =0.0 (),			-	4:52.68		-	•
100m				-	1:18.06		-	
200m	2010 (14	52.	2:30.33	387	2:31.09		101%	4
200m	, 2010 (14),	50.	2:30.23	388	2:32.95		104%	1
200111	, 2011 (13),	30.	2.50.25	300	2.02.90		10470	_
100m	, 2011 (10),			-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	2044 (42			-	2:31.66	25.04.2024	-	4
400m	, 2011 (13),	2.	4:38.68	571	4:40.10	24.04.2024	101%	1
100m		۷.	4.30.00	-	1:12.77	23.11.2023	10176	
200m				-	2:24.20	25.04.2024	-	
	, 2012 (12),							-
100m		O.F.	5.07.44	-	1:18.15	26.10.2023	-	
400m 200m		95.	5:27.11	353 -	5:20.73 2:56.24	24.04.2024 25.04.2024	96%	
	, 2011 (13),							-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	, 2010 (14),			-	2:33.58	25.04.2024	-	
400m	, 2010 (14),			-	5:30.90	25.04.2024	-	-
100m				-	1:13.92	26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14),							1
400m 100m			4:54.88	372	4:48.30 1:05.77		96%	
200m		39.	2:28.77	400	2:30.91		103%	
	, 2011 (13),							1
100m				-	1:03.15		-	
400m 200m		19.	4:58.75	464	5:01.84		102%	
				-	2:36.98		-	

	, 2011 (13),							1
400m	, 2011 (13),	12.	4:54.60	483	4:56.36	24.04.2024	101%	'
100m			4.04.00	-	1:11.76	26.04.2024	-	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13),							1
400m				-	4:55.83		-	
100m				-	1:06.88		-	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m			4 44 74	-	1:00.40		-	
400m 200m		106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
200111	, 2012 (12),	100.	2.00.20	320	2.02.00		3170	1
400m	, 2012 (12),	130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m		100.	0.40.40	-	1:31.39	28.03.2024	-	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m					5:31.52		-	
200m	0044 (40	155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							-
400m		35.	5:05.10	435	5:02.99		99%	
100m 200m				-	1:22.25 2:47.42		-	
200111	, 2012 (12),			_	2.47.42		_	_
100m	, 2012 (12),			_	1:11.00		_	_
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m	2040 (44			-	2:57.50	25.04.2024	-	
	, 2010 (14),		. =		. = 0 . 1 0			-
400m			4:52.04	383	4:50.19	25.04.2024	99%	
100m 200m		62.	2:31.24	380	1:18.29 2:29.25	06.10.2023 24.04.2024	97%	
200111	, 2011 (13),	02.	2.51.24	300	2.29.23	24.04.2024	91 /6	_
400m	, 2011 (10),			-	5:29.16		_	
100m				_	1:16.04		_	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m				-	1:01.60		-	
400m				-	5:02.70		-	
200m	0040 (40	100.	2:38.04	333	2:35.00		96%	
100	, 2012 (12),				4.45.04			1
100m		131.	5:49.82	-	1:15.24 6:01.03		- 107%	
400m 200m		131.	5.49.02	289	3:11.37		107 76	
	, 2011 (13),							_
400m	, 2011 (10),	33.	5:04.98	436	5:03.60		99%	
100m		00.	0.000	-	1:10.20		-	
200m				-	2:42.00		-	
	, 2011 (13),							-
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18	26.04.2024	-	
200m	2010 (14			-	2:42.57	25.04.2024	-	
400m	, 2010 (14),		4:32.87	470	4:31.67		99%	-
400m			7.32.01	410	1:02.45		3370 -	
	, 2011 (13),							1
100m	,			-	59.64		-	•
400m			4:41.18	430	4:38.57		98%	
200m		54.	2:30.36	387	2:32.82		103%	
	, 2010 (14),							1
100m				-	1:00.66		-	
400m		00	0.04.40	-	5:00.36		40007	
200m	2014 (42)	60.	2:31.10	381	2:33.70		103%	
400	, 2011 (13),		4:46.40	400	1:4F OF	25.04.2024	1000/	-
400m 100m			4:46.42	406	4:45.95 1:13.57	25.04.2024 26.04.2024	100%	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	
	, 2010 (14),		-			- - -		_
400m	, (/)		4:44.83	413	4:40.19	25.04.2024	97%	
100m			-	-	1:07.31	26.04.2024	-	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	

	, 2011 (13),							1
100m	, 2011 (13),			-	1:06.33		-	'
400m		40.	5:06.89	428	5:12.55		104%	
200m	, 2011 (13),			-	2:49.02		-	
400m	, 2011 (13),	14.	4:55.45	479	4:51.11		97%	-
100m		14.	4.00.40	-	1:08.96		-	
200m				-	2:34.65		-	
400	, 2010 (14),							1
400m 100m				-	5:05.04 1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m			4:39.54	437	4:36.97	25.04.2024	98%	
100m		47.	2,20.72	202	1:06.71	26.04.2024	1029/	
200m	, 2012 (12),	47.	2:29.72	392	2:31.30	24.04.2024	102%	1
400m	, 2012 (12),	129.	5:46.75	296	5:54.58	24.04.2024	105%	•
100m				-	1:35.68	26.04.2024	-	
200m	0040 (44			-	3:02.58	25.04.2024	-	
400	, 2010 (14),				4.50.00			-
400m 100m				-	4:56.26 1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m 200m				-	1:26.26 3:06.71		-	
200	, 2012 (12),				0.00			1
100m	, == (=			-	1:15.15		-	-
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m	, 2010 (14),			-	3:09.62	25.04.2024	-	2
400m	, 2010 (14),		4:38.72	441	4:46.63		106%	2
100m			4.00.12	-	1:06.13		-	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m 100m		142.	6:03.54	257	6:05.68 1:34.62	27.03.2024 28.03.2024	101%	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							1
400m				-	5:05.89		-	
100m 200m		73.	2:33.76	362	1:11.00 2:42.86		- 112%	
200111	, 2010 (14),	70.	2.00.70	302	2.72.00		11270	_
400m	, == (, , , ,			-	4:55.23	25.04.2024	-	
100m				-	1:09.85	26.04.2024	-	
200m	2012 (11	65.	2:32.39	372	2:29.44	24.04.2024	96%	4
400m	, 2013 (11),	143.	6:08.41	247	6:15.63		104%	1
100m		140.	0.00.41	-	1:27.90		-	
200m				-	3:02.71		-	
400	, 2010 (14),				4.07.00	00.04.0004		1
100m 400m				-	1:07.36 5:03.09	26.04.2024 25.04.2024	-	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								16
	, 2011 (13),							2
400m 100m			4:30.41	483	4:32.58 1:02.61		102%	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							-
400m			4:52.10	383	4:46.20		96%	
100m 200m		64.	2:31.85	376	1:17.05 2:29.55		97%	
200111	, 2011 (13),	57.	2.01.00	510	2.20.00		31 /0	_
400m	, _3 (),	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m	2014 /42			-	2:40.38		-	
400m	, 2011 (13),	25.	5:02.37	447	4:56.03		96%	-
100m		_5.		-	1:14.95		-	
200m				-	2:47.54		-	

	, 2012 (12),					1
400m		6.	4:48.04	517	4:52.60	103%
100m				-	1:08.29	-
200m	, 2010 (14),			-	2:35.61	-
400m	, 2010 (14),				5:07.65	-
100m				-	1:18.39	- -
200m		107.	2:39.51	324	2:37.36	97%
	, 2011 (13),					-
400m		51.	5:11.10	410	5:03.43	95%
100m				-	1:22.64 2:40.55	-
200m	, 2012 (12),			-	2.40.55	-
400m	, 2012 (12),			-	5:03.99	_
100m				-	1:12.38	-
200m		119.	2:41.52	312	2:41.04	99%
	, 2012 (12),					-
100m				-	1:04.60	-
400m 200m		137.	2:44.31	- 297	5:06.16 2:40.08	- 95%
200111	, 2011 (13),	107.	2.11.01	207	2.10.00	1
100m	, 2011 (10),			_	1:04.92	<u>.</u>
400m		45.	5:08.76	420	5:09.05	100%
200m				-	2:46.15	-
	, 2011 (13),					1
100m		07	F-05 50	-	1:06.09	-
400m 200m		37.	5:05.59	433	5:07.54 2:47.50	101% -
200	, 2010 (14),				200	1
100m	, == := (:: /,			-	58.40	<u>-</u>
400m				-	5:02.97	-
200m	0044 (40	76.	2:34.04	360	2:35.53	102%
400	, 2011 (13),			070	= 0.4 0.4	1
400m		81.	5:21.18	373 -	5:21.64 1:16.52	100% -
100m 200m				-	2:53.92	- -
200111	, 2010 (14),				2.00.02	_
100m	, == := (:: /,			-	1:04.14	-
400m				-	5:03.00	-
200m		134.	2:44.04	298	2:42.92	99%
	, 2010 (14),					1
400m 100m			4:46.08	408	4:47.50 1:05.50	101%
200m		71.	2:33.09	367	2:30.70	97%
200	, 2011 (13),		2.00.00	33.	2.00.70	-
400m	, , , , , , , , , , , , , , , , , , , ,	34.	5:05.09	435	5:00.47	97%
100m				-	1:15.07	-
200m	0040 (44			-	2:43.92	-
400	, 2010 (14),				4.05.00	-
100m 400m			5:00.14	353	1:05.23 4:49.66	93%
200m		150.	2:49.32	271	2:40.00	89%
	, 2011 (13),					1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.75	-
400m		31.	5:04.59	437	5:05.60	101%
200m	0040 (44			-	2:53.11	-
400	, 2010 (14),				50.74	-
100m 400m			4:34.10	464	58.71 4:33.04	- 99%
200m		20.	2:23.82	442	2:21.32	97%
	, 2010 (14),					-
400m				-	4:55.07	-
100m		400	2.42.02	-	1:20.35	-
200m	2012 (12	133.	2:43.60	300	2:42.82	99%
400m	- , 2012 (12), 27.	5:03.89	440	5:10.25	1 104%
100m		21.	5.05.09	44 0 -	1:14.03	104%
200m				-	2:40.09	- -
	, 2010 (14),					-
400m				-	4:58.35	=
100m		400	0.40.00	-	1:24.37	-
200m	, 2010 (14),	128.	2:42.83	305	2:38.43	95% 2
400m	, 2010 (14),		4:47.42	402	4:48.68	101%
100m			7.71.74	402	1:05.20	101%
200m		26.	2:26.59	418	2:29.33	104%

400m	, 2011 (13),	82.	5:21.20	272	5:11 /19	94%	-
100m		02.	5.21.20	373 -	5:11.48 1:12.72	94%	
200m				-	2:39.93	-	
	, 2010 (14),						1
100m 400m			4:37.84	- 445	56.14 4:40.00	- 102%	
200m		17.	2:22.78	452	2:22.20	99%	
	, 2010 (14),						2
400m			4:24.28	518	4:27.15	102%	
100m 200m		5.	2:17.26	509	1:01.00 2:18.68	- 102%	
200111	, 2011 (13),	o.	2.17.120	000	2.10.00	10270	1
100m	, == : (: = -),			-	1:01.69	-	
400m		440	0-40-54	-	5:07.83	4000/	
200m	, 2011 (13),	113.	2:40.51	318	2:40.53	100%	_
400m	, 2011 (10),	29.	5:04.54	438	5:00.70	97%	
100m				-	1:10.86	-	
200m				-	2:38.82	-	
							19
	, 2011 (13),						1
400m	, 2011 (10),	42.	5:08.18	422	5:12.96	103%	•
100m				-	1:11.54	-	
200m	, 2010 (14),			-	2:35.00	-	1
100m	, 2010 (14),			-	59.85	_	1
400m				-	4:54.15	-	
200m	2010 (10	82.	2:35.08	353	2:39.00	105%	
400m	, 2012 (12),	114.	5:35.58	327	5:39.26	102%	1
100m		114.	5.55.56	32 <i>1</i> -	1:19.35	102%	
200m				-	2:56.07	-	
400	, 2011 (13),				4.50.00		1
400m 100m				-	4:56.00 1:09.00	-	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m 200m				-	1:37.00 3:24.00	-	
200111	, 2011 (13),			-	3.24.00	-	_
100m	, 2011 (10),			-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m	, 2012 (12),			-	3:12.00	-	_
100m	, 2012 (12),			-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m	0040 (4.4			-	3:10.65	-	
400m	, 2010 (14),			-	4:57.49	_	1
100m				-	1:14.00	-	
200m	0040 (44	45.	2:29.45	394	2:31.00	102%	
400	, 2010 (14),				5.50.00		-
400m 100m				-	5:59.00 1:19.00	-	
	, 2011 (13),						1
400m				-	5:01.37	-	
100m 200m		88.	2:36.48	343	1:20.70 2:38.89	- 103%	
200111	, 2010 (14),	00.	2.50.40	0-10	2.00.00	10070	-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:03.70	-	
400m 200m		145.	2:47.42	280	5:05.00 2:45.00	- 97%	
200111	, 2012 (12),	145.	2.47.42	200	2.43.00	31 /0	1
400m	, 2012 (12),	123.	5:43.84	304	5:50.00	104%	•
100m				-	1:27.00	-	
200m	, 2011 (13),			-	2:55.00	-	1
400m	, 2011 (13),			-	5:14.00	-	1
100m				-	1:11.00	-	
200m	2042 (44	140.	2:44.86	294	2:45.18	100%	
400m	, 2013 (11),	141.	6:01.09	262	6:01.11	100%	1
100m		1+1.	0.01.03	-	1:31.64	100%	
200m				-	3:12.02	-	

	, 2010 (14),						1
100m				-	55.90	-	
400m			4:27.93	497	4:26.70	99%	
200m		4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m	, ==== (, , ,,			-	4:56.47	_	
100m				-	1:07.50	- -	
200m		38.	2:28.69	400	2:31.87	104%	
200111	0044 (40	30.	2.20.09	400	2.31.01	104%	
	, 2011 (13),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m				-	3:10.00	-	
	, 2013 (11),						_
100m	, 2010 (11),			-	1:12.50	_	
400m				_	5:34.00	- -	
		450	2.00.02				
200m	0040 (40	156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m				-	5:41.00	-	
100m				-	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						1
100m	, == := (: : /,			-	1:04.76	_	
400m				-	5:10.89		
		101	2.20.47			1010/	
200m	0044 (40	101.	2:38.47	331	2:39.21	101%	4
	, 2011 (13),						1
400m		93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m				-	2:59.24	-	
	, 2011 (13),						1
100m	, 2011 (10),			_	1:02.02	_	•
400m		88.	5:23.00	367	5:40.00	111%	
		00.	3.23.00				
200m	0044 (40			-	2:48.00	-	
	, 2011 (13),						-
400m		127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m				-	3:06.22	-	
	, 2012 (12),						_
400m	, 2012 (12),			-	5:09.00	_	
100m				-	1:15.85	-	
200m		148.	2:48.08	277	2:46.85	99%	
200111	0044 (40	140.	2.40.00	211	2.40.03	9976	
	, 2011 (13),						1
400m		115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m				-	2:55.31	-	
	, 2012 (12),						-
400m	, - (116.	5:36.39	325	5:30.00	96%	
100m		110.	0.00.00	-	1:26.50	-	
				-		-	
200m	0044 (40			-	2:55.00	-	
	, 2011 (13),						-
100m				-	1:04.70	-	
400m				-	5:12.00	-	
	, 2010 (14),						1
400m	, \ //		4:45.43	411	4:47.00	101%	•
100m				-	1:08.00	-	
200m		41.	2:28.99	398	2:28.00	99%	
200111	2011 (12	71.	2.20.33	330	2.20.00	3370	4
400	, 2011 (13),				E 40.00		1
400m				-	5:16.00	-	
100m				-	1:20.50	-	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m	, - (- ,,	148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m				-	3:10.00	_	
200111	, 2011 (13),				0.10.00		1
	, 2011 (13),						1
100m				-	1:04.01	-	
400m				-	4:52.34	=	
200m		105.	2:38.77	329	2:39.78	101%	