1	, 400m	2011

29.05.2024 - 9:55

: 4:23.00 /	: 4:39.50 / 1	: 5:00.50 / 2	: 5:40.00 / 3	: 6:28.50

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11   **4:36.01**   588

| 50m: | 29.41 | 29.41 | 150m: | 1:38.70 | 35.04 | 250m: | 2:48.72 | 35.00 | 350m: | 4:00.59 | 36.05 |
| 100m: | 1:03.66 | 34.25 | 200m: | 2:13.72 | 35.02 | 300m: | 3:24.54 | 35.82 | 400m: | 4:36.01 | 35.42 |

11   **4:38.68**   571

| 50m: | 30.70 | 30.70 | 150m: | 1:40.16 | 35.21 | 250m: | 2:51.82 | 36.00 | 350m: | 4:03.71 | 35.86 |
| 100m: | 1:04.95 | 34.25 | 200m: | 2:15.82 | 35.66 | 300m: | 3:27.85 | 36.03 | 400m: | 4:38.68 | 34.97 |

11   **4:40.55**   560   1

| 50m: | 30.93 | 30.93 | 150m: | 1:40.97 | 35.71 | 250m: | 2:53.38 | 36.17 | 350m: | 4:05.54 | 36.09 |
| 100m: | 1:05.26 | 34.33 | 200m: | 2:17.21 | 36.24 | 300m: | 3:29.45 | 36.07 | 400m: | 4:40.55 | 35.01 |

11   **4:40.74**   559   1

| 50m: | 31.37 | 31.37 | 150m: | 1:43.08 | 36.22 | 250m: | 2:54.82 | 36.23 | 350m: | 4:06.10 | 35.15 |
| 100m: | 1:06.86 | 35.49 | 200m: | 2:18.59 | 35.51 | 300m: | 3:30.95 | 36.13 | 400m: | 4:40.74 | 34.64 |

11   **4:44.57**   536   1

| 50m: | 30.94 | 30.94 | 150m: | 1:41.15 | 35.72 | 250m: | 2:54.04 | 36.56 | 350m: | 4:08.13 | 37.02 |
| 100m: | 1:05.43 | 34.49 | 200m: | 2:17.48 | 36.33 | 300m: | 3:31.11 | 37.07 | 400m: | 4:44.57 | 36.44 |

12   **4:48.04**   517   1

| 50m: | 32.21 | 32.21 | 150m: | 1:44.84 | 36.53 | 250m: | 2:58.91 | 36.97 | 350m: | 4:12.44 | 36.64 |
| 100m: | 1:08.31 | 36.10 | 200m: | 2:21.94 | 37.10 | 300m: | 3:35.80 | 36.89 | 400m: | 4:48.04 | 35.60 |

11   **4:48.49**   515   1

| 50m: | 32.00 | 32.00 | 150m: | 1:45.10 | 37.18 | 250m: | 2:58.95 | 36.79 | 350m: | 4:13.09 | 36.71 |
| 100m: | 1:07.92 | 35.92 | 200m: | 2:22.16 | 37.06 | 300m: | 3:36.38 | 37.43 | 400m: | 4:48.49 | 35.40 |

11   **4:52.02**   496   1

| 50m: | 31.96 | 31.96 | 150m: | 1:43.89 | 36.90 | 250m: | 2:59.71 | 38.02 | 350m: | 4:15.65 | 37.85 |
| 100m: | 1:06.99 | 35.03 | 200m: | 2:21.69 | 37.80 | 300m: | 3:37.80 | 38.09 | 400m: | 4:52.02 | 36.37 |

11   **4:52.11**   496   1

| 50m: | 32.49 | 32.49 | 150m: | 1:44.64 | 36.70 | 250m: | 2:59.38 | 37.39 | 350m: | 4:15.17 | 38.26 |
| 100m: | 1:07.94 | 35.45 | 200m: | 2:21.99 | 37.35 | 300m: | 3:36.91 | 37.53 | 400m: | 4:52.11 | 36.94 |

11   **4:52.72**   493   1

| 50m: | 33.75 | 33.75 | 150m: | 1:47.27 | 36.96 | 250m: | 3:02.58 | 37.55 | 350m: | 4:16.37 | 37.24 |
| 100m: | 1:10.31 | 36.56 | 200m: | 2:25.03 | 37.76 | 300m: | 3:39.13 | 36.55 | 400m: | 4:52.72 | 36.35 |

11   **4:53.33**   490   1

| 50m: | 32.77 | 32.77 | 150m: | 1:46.17 | 37.35 | 250m: | 3:00.61 | 37.14 | 350m: | 4:15.33 | 37.66 |
| 100m: | 1:08.82 | 36.05 | 200m: | 2:23.47 | 37.30 | 300m: | 3:37.67 | 37.06 | 400m: | 4:53.33 | 38.00 |

11   **4:54.60**   483   1

| 50m: | 32.65 | 32.65 | 150m: | 1:45.78 | 37.15 | 250m: | 3:00.97 | 37.72 | 350m: | 4:17.27 | 38.05 |
| 100m: | 1:08.63 | 35.98 | 200m: | 2:23.25 | 37.47 | 300m: | 3:39.22 | 38.25 | 400m: | 4:54.60 | 37.33 |

11   **4:54.85**   482   1

| 50m: | 33.35 | 33.35 | 150m: | 1:46.94 | 37.40 | 250m: | 3:03.12 | 38.15 | 350m: | 4:18.64 | 37.32 |
| 100m: | 1:09.54 | 36.19 | 200m: | 2:24.97 | 38.03 | 300m: | 3:41.32 | 38.20 | 400m: | 4:54.85 | 36.21 |

11   **4:55.45**   479   1

| 50m: | 32.15 | 32.15 | 150m: | 1:45.38 | 37.24 | 250m: | 3:01.90 | 38.49 | 350m: | 4:18.65 | 38.34 |
| 100m: | 1:08.14 | 35.99 | 200m: | 2:23.41 | 38.03 | 300m: | 3:40.31 | 38.41 | 400m: | 4:55.45 | 36.80 |

11   **4:55.46**   479   1

| 50m: | 32.83 | 32.83 | 150m: | 1:46.34 | 37.21 | 250m: | 3:02.48 | 38.04 | 350m: | 4:18.67 | 37.97 |
| 100m: | 1:09.13 | 36.30 | 200m: | 2:24.44 | 38.10 | 300m: | 3:40.70 | 38.22 | 400m: | 4:55.46 | 36.79 |

11   **4:57.81**   468   1

| 50m: | 33.90 | 33.90 | 150m: | 1:49.64 | 38.29 | 250m: | 3:06.35 | 38.18 | 350m: | 4:22.59 | 38.17 |
| 100m: | 1:11.35 | 37.45 | 200m: | 2:28.17 | 38.53 | 300m: | 3:44.42 | 38.07 | 400m: | 4:57.81 | 35.22 |

11   **4:58.03**   467   1

| 50m: | 33.37 | 33.37 | 150m: | 1:48.25 | 38.26 | 250m: | 3:04.83 | 38.55 | 350m: | 4:21.46 | 38.15 |
| 100m: | 1:09.99 | 36.62 | 200m: | 2:26.28 | 38.03 | 300m: | 3:43.31 | 38.48 | 400m: | 4:58.03 | 36.57 |

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12 ... **4:58.44** 465 1

| 50m: | 33.49 | 33.49 | 150m: | 1:48.78 | 38.26 | 250m: | 3:06.02 | 38.66 | 350m: | 4:22.99 | 38.10 |
| 100m: | 1:10.52 | 37.03 | 200m: | 2:27.36 | 38.58 | 300m: | 3:44.89 | 38.87 | 400m: | 4:58.44 | 35.45 |

11 ... **4:58.75** 464 1

| 50m: | 32.61 | 32.61 | 150m: | 1:46.58 | 37.39 | 250m: | 3:03.22 | 38.44 | 350m: | 4:22.40 | 39.73 |
| 100m: | 1:09.19 | 36.58 | 200m: | 2:24.78 | 38.20 | 300m: | 3:42.67 | 39.45 | 400m: | 4:58.75 | 36.35 |

11 ... **4:58.98** 463 1

| 50m: | 32.80 | 32.80 | 150m: | 1:47.27 | 37.11 | 250m: | 3:03.71 | 38.43 | 350m: | 4:22.14 | 39.23 |
| 100m: | 1:10.16 | 37.36 | 200m: | 2:25.28 | 38.01 | 300m: | 3:42.91 | 39.20 | 400m: | 4:58.98 | 36.84 |

11 ... **4:59.81** 459 1

| 50m: | 33.19 | 33.19 | 150m: | 1:47.68 | 37.52 | 250m: | 3:03.63 | 37.97 | 350m: | 4:20.25 | 39.10 |
| 100m: | 1:10.16 | 36.97 | 200m: | 2:25.66 | 37.98 | 300m: | 3:41.15 | 37.52 | 400m: | 4:59.81 | 39.56 |

11 ... **5:00.79** 454 2

| 50m: | 32.69 | 32.69 | 150m: | 1:46.26 | 37.68 | 250m: | 3:03.11 | 38.94 | 350m: | 4:22.06 | 39.24 |
| 100m: | 1:08.58 | 35.89 | 200m: | 2:24.17 | 37.91 | 300m: | 3:42.82 | 39.71 | 400m: | 5:00.79 | 38.73 |

12 ... **5:00.84** 454 2

| 50m: | 32.27 | 32.27 | 150m: | 1:45.46 | 37.39 | 250m: | 3:02.70 | 38.94 | 350m: | 4:20.99 | 39.50 |
| 100m: | 1:08.07 | 35.80 | 200m: | 2:23.76 | 38.30 | 300m: | 3:41.49 | 38.79 | 400m: | 5:00.84 | 39.85 |

11 ... **5:01.70** 450 2

| 50m: | 34.15 | 34.15 | 150m: | 1:49.32 | 37.90 | 250m: | 3:05.91 | 38.06 | 350m: | 4:22.42 | 38.44 |
| 100m: | 1:11.42 | 37.27 | 200m: | 2:27.85 | 38.53 | 300m: | 3:43.98 | 38.07 | 400m: | 5:01.70 | 39.28 |

11 ... **5:02.37** 447 2

| 50m: | 33.60 | 33.60 | 150m: | 1:49.97 | 38.59 | 250m: | 3:07.31 | 38.71 | 350m: | 4:24.67 | 38.67 |
| 100m: | 1:11.38 | 37.78 | 200m: | 2:28.60 | 38.63 | 300m: | 3:46.00 | 38.69 | 400m: | 5:02.37 | 37.70 |

12 ... **5:03.12** 444 2

| 50m: | 33.82 | 33.82 | 150m: | 1:50.84 | 39.08 | 250m: | 3:09.87 | 39.71 | 350m: | 4:26.70 | 38.06 |
| 100m: | 1:11.76 | 37.94 | 200m: | 2:30.16 | 39.32 | 300m: | 3:48.64 | 38.77 | 400m: | 5:03.12 | 36.42 |

- **12** ... **5:03.89** 440 2

| 50m: | 34.64 | 34.64 | 150m: | 1:52.47 | 38.87 | 250m: | 3:09.14 | 38.14 | 350m: | 4:25.36 | 38.29 |
| 100m: | 1:13.60 | 38.96 | 200m: | 2:31.00 | 38.53 | 300m: | 3:47.07 | 37.93 | 400m: | 5:03.89 | 38.53 |

12 ... **5:04.52** 438 2

| 50m: | 33.53 | 33.53 | 150m: | 1:50.01 | 38.58 | 250m: | 3:09.19 | 39.43 | 350m: | 4:27.44 | 39.02 |
| 100m: | 1:11.43 | 37.90 | 200m: | 2:29.76 | 39.75 | 300m: | 3:48.42 | 39.23 | 400m: | 5:04.52 | 37.08 |

11 ... **5:04.54** 438 2

| 50m: | 33.57 | 33.57 | 150m: | 1:48.94 | 38.66 | 250m: | 3:08.58 | 39.96 | 350m: | 4:27.32 | 39.28 |
| 100m: | 1:10.28 | 36.71 | 200m: | 2:28.62 | 39.68 | 300m: | 3:48.04 | 39.46 | 400m: | 5:04.54 | 37.22 |

11 ... **5:04.55** 438 2

| 50m: | 32.36 | 32.36 | 150m: | 1:46.82 | 38.13 | 250m: | 3:06.48 | 39.89 | 350m: | 4:26.06 | 39.37 |
| 100m: | 1:08.69 | 36.33 | 200m: | 2:26.59 | 39.77 | 300m: | 3:46.69 | 40.21 | 400m: | 5:04.55 | 38.49 |

11 ... **5:04.59** 437 2

| 50m: | 33.41 | 33.41 | 150m: | 1:51.71 | 39.66 | 250m: | 3:10.94 | 39.61 | 350m: | 4:29.00 | 38.54 |
| 100m: | 1:12.05 | 38.64 | 200m: | 2:31.33 | 39.62 | 300m: | 3:50.46 | 39.52 | 400m: | 5:04.59 | 35.59 |

11 ... **5:04.87** 436 2

| 50m: | 35.13 | 35.13 | 150m: | 1:52.61 | 39.85 | 250m: | 3:10.15 | 38.45 | 350m: | 4:27.23 | 37.94 |
| 100m: | 1:12.76 | 37.63 | 200m: | 2:31.70 | 39.09 | 300m: | 3:49.29 | 39.14 | 400m: | 5:04.87 | 37.64 |

11 ... **5:04.98** 436 2

| 50m: | 34.86 | 34.86 | 150m: | 1:52.94 | 39.26 | 250m: | 3:12.26 | 39.38 | 350m: | 4:29.07 | 37.78 |
| 100m: | 1:13.68 | 38.82 | 200m: | 2:32.88 | 39.94 | 300m: | 3:51.29 | 39.03 | 400m: | 5:04.98 | 35.91 |

11 ... **5:05.09** 435 2

| 50m: | 33.34 | 33.34 | 150m: | 1:50.09 | 39.42 | 250m: | 3:08.81 | 39.32 | 350m: | 4:26.72 | 38.91 |
| 100m: | 1:10.67 | 37.33 | 200m: | 2:29.49 | 39.40 | 300m: | 3:47.81 | 39.00 | 400m: | 5:05.09 | 38.37 |

11 ... **5:05.10** 435 2

| 50m: | 34.54 | 34.54 | 150m: | 1:50.78 | 38.35 | 250m: | 3:08.15 | 38.84 | 350m: | 4:26.49 | 39.40 |
| 100m: | 1:12.43 | 37.89 | 200m: | 2:29.31 | 38.53 | 300m: | 3:47.09 | 38.94 | 400m: | 5:05.10 | 38.61 |

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			11				**5:05.26** 435	2

| | 50m: | 35.02 | 35.02 | 150m: | 1:51.42 | 38.37 | 250m: | 3:10.35 | 39.79 | 350m: | 4:28.46 | 39.03 |
| 100m: | 1:13.05 | 38.03 | 200m: | 2:30.56 | 39.14 | 300m: | 3:49.43 | 39.08 | 400m: | 5:05.26 | 36.80 |

| | | | 11 | | | | **5:05.59** 433 | 2 |

| 50m: | 32.57 | 32.57 | 150m: | 1:48.79 | 39.23 | 250m: | 3:09.08 | 40.24 | 350m: | 4:28.62 | 39.19 |
| 100m: | 1:09.56 | 36.99 | 200m: | 2:28.84 | 40.05 | 300m: | 3:49.43 | 40.35 | 400m: | 5:05.59 | 36.97 |

| | | | 12 | | | | **5:05.99** 431 | 2 |

| 50m: | 33.27 | 33.27 | 150m: | 1:50.64 | 39.29 | 250m: | 3:09.10 | 39.12 | 350m: | 4:27.82 | 39.21 |
| 100m: | 1:11.35 | 38.08 | 200m: | 2:29.98 | 39.34 | 300m: | 3:48.61 | 39.51 | 400m: | 5:05.99 | 38.17 |

| | | | 11 | | | | **5:06.09** 431 | 2 |

| 50m: | 33.11 | 33.11 | 150m: | 1:49.76 | 38.70 | 250m: | 3:08.86 | 39.56 | 350m: | 4:28.56 | 39.85 |
| 100m: | 1:11.06 | 37.95 | 200m: | 2:29.30 | 39.54 | 300m: | 3:48.71 | 39.85 | 400m: | 5:06.09 | 37.53 |

| | | | 11 | | | | **5:06.89** 428 | 2 |

| 50m: | 32.83 | 32.83 | 150m: | 1:48.49 | 38.64 | 250m: | 3:08.39 | 40.40 | 350m: | 4:28.26 | 39.68 |
| 100m: | 1:09.85 | 37.02 | 200m: | 2:27.99 | 39.50 | 300m: | 3:48.58 | 40.19 | 400m: | 5:06.89 | 38.63 |

| | | | 11 | | | | **5:07.47** 425 | 2 |

| 50m: | 34.82 | 34.82 | 150m: | 1:54.35 | 39.57 | 250m: | 3:12.86 | 38.78 | 350m: | 4:30.48 | 38.83 |
| 100m: | 1:14.78 | 39.96 | 200m: | 2:34.08 | 39.73 | 300m: | 3:51.65 | 38.79 | 400m: | 5:07.47 | 36.99 |

| | | | 11 | | | | **5:08.18** 422 | 2 |

| 50m: | 33.30 | 33.30 | 150m: | 1:50.56 | 39.11 | 250m: | 3:10.80 | 40.45 | 350m: | 4:31.23 | 40.20 |
| 100m: | 1:11.45 | 38.15 | 200m: | 2:30.35 | 39.79 | 300m: | 3:51.03 | 40.23 | 400m: | 5:08.18 | 36.95 |

| | | | 11 | | | | **5:08.38** 421 | 2 |

| 50m: | 35.57 | 35.57 | 150m: | 1:52.38 | 38.61 | 250m: | 3:11.34 | 39.18 | 350m: | 4:30.78 | 39.74 |
| 100m: | 1:13.77 | 38.20 | 200m: | 2:32.16 | 39.78 | 300m: | 3:51.04 | 39.70 | 400m: | 5:08.38 | 37.60 |

| | | | 12 | | | | **5:08.56** 421 | 2 |

| 50m: | 34.42 | 34.42 | 150m: | 1:52.73 | 39.89 | 250m: | 3:13.33 | 41.10 | 350m: | 4:32.85 | 39.67 |
| 100m: | 1:12.84 | 38.42 | 200m: | 2:32.23 | 39.50 | 300m: | 3:53.18 | 39.85 | 400m: | 5:08.56 | 35.71 |

| | | | 11 | | | | **5:08.76** 420 | 2 |

| 50m: | 33.25 | 33.25 | 150m: | 1:50.42 | 39.10 | 250m: | 3:10.61 | 39.95 | 350m: | 4:31.53 | 40.64 |
| 100m: | 1:11.32 | 38.07 | 200m: | 2:30.66 | 40.24 | 300m: | 3:50.89 | 40.28 | 400m: | 5:08.76 | 37.23 |

| | | | 11 | | | | **5:09.47** 417 | 2 |

| 50m: | 35.84 | 35.84 | 150m: | 1:54.28 | 39.22 | 250m: | 3:12.62 | 39.20 | 350m: | 4:31.29 | 39.36 |
| 100m: | 1:15.06 | 39.22 | 200m: | 2:33.42 | 39.14 | 300m: | 3:51.93 | 39.31 | 400m: | 5:09.47 | 38.18 |

| | | | 12 | | | | **5:09.90** 415 | 2 |

| 50m: | 34.99 | 34.99 | 150m: | 1:53.26 | 39.58 | 250m: | 3:13.12 | 39.96 | 350m: | 4:32.02 | 39.30 |
| 100m: | 1:13.68 | 38.69 | 200m: | 2:33.16 | 39.90 | 300m: | 3:52.72 | 39.60 | 400m: | 5:09.90 | 37.88 |

| | | | 11 | | | | **5:10.11** 414 | 2 |

| 50m: | 34.71 | 34.71 | 150m: | 1:53.37 | 40.18 | 250m: | 3:13.71 | 39.97 | 350m: | 4:32.74 | 39.02 |
| 100m: | 1:13.19 | 38.48 | 200m: | 2:33.74 | 40.37 | 300m: | 3:53.72 | 40.01 | 400m: | 5:10.11 | 37.37 |

| | | | 11 | | | | **5:10.15** 414 | 2 |

| 50m: | 35.51 | 35.51 | 150m: | 1:54.15 | 39.44 | 250m: | 3:14.25 | 40.11 | 350m: | 4:33.20 | 39.09 |
| 100m: | 1:14.71 | 39.20 | 200m: | 2:34.14 | 39.99 | 300m: | 3:54.11 | 39.86 | 400m: | 5:10.15 | 36.95 |

| | | | 12 | | | | **5:10.60** 412 | 2 |

| 50m: | 35.52 | 35.52 | 150m: | 1:54.29 | 39.71 | 250m: | 3:13.86 | 39.78 | 350m: | 4:33.25 | 39.48 |
| 100m: | 1:14.58 | 39.06 | 200m: | 2:34.08 | 39.79 | 300m: | 3:53.77 | 39.91 | 400m: | 5:10.60 | 37.35 |

| | | | 11 | | | | **5:11.10** 410 | 2 |

| 50m: | 32.89 | 32.89 | 150m: | 1:50.33 | 39.26 | 250m: | 3:09.69 | 39.50 | 350m: | 4:31.26 | 41.16 |
| 100m: | 1:11.07 | 38.18 | 200m: | 2:30.19 | 39.86 | 300m: | 3:50.10 | 40.41 | 400m: | 5:11.10 | 39.84 |

| | | | 12 | | | | **5:11.42** 409 | 2 |

| 50m: | 35.40 | 35.40 | 150m: | 1:53.19 | 39.02 | 250m: | 3:12.15 | 39.15 | 350m: | 4:31.31 | 39.30 |
| 100m: | 1:14.17 | 38.77 | 200m: | 2:33.00 | 39.81 | 300m: | 3:52.01 | 39.86 | 400m: | 5:11.42 | 40.11 |

| | | | 11 | | | | **5:11.69** 408 | 2 |

| 50m: | 35.55 | 35.55 | 150m: | 1:54.58 | 39.66 | 250m: | 3:14.63 | 39.85 | 350m: | 4:34.32 | 39.68 |
| 100m: | 1:14.92 | 39.37 | 200m: | 2:34.78 | 40.20 | 300m: | 3:54.64 | 40.01 | 400m: | 5:11.69 | 37.37 |

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11 **5:11.71** 408 2

50m:	34.60	34.60	150m:	1:52.26	39.52	250m:	3:11.84	39.77	350m:	4:32.63	40.38
100m:	1:12.74	38.14	200m:	2:32.07	39.81	300m:	3:52.25	40.41	400m:	5:11.71	39.08

11 **5:11.97** 407 2

50m:	34.91	34.91	150m:	1:54.37	40.30	250m:	3:14.81	40.22	350m:	4:34.68	39.89
100m:	1:14.07	39.16	200m:	2:34.59	40.22	300m:	3:54.79	39.98	400m:	5:11.97	37.29

11 **5:13.06** 403 2

50m:	34.61	34.61	150m:	1:53.34	39.66	250m:	3:14.00	40.11	350m:	4:34.77	39.66
100m:	1:13.68	39.07	200m:	2:33.89	40.55	300m:	3:55.11	41.11	400m:	5:13.06	38.29

11 **5:13.27** 402 2

50m:	34.85	34.85	150m:	1:54.37	39.87	250m:	3:15.18	40.12	350m:	4:35.35	39.89
100m:	1:14.50	39.65	200m:	2:35.06	40.69	300m:	3:55.46	40.28	400m:	5:13.27	37.92

12 **5:13.29** 402 2

50m:	35.15	35.15	150m:	1:56.25	41.37	250m:	3:17.24	40.19	350m:	4:37.46	39.57
100m:	1:14.88	39.73	200m:	2:37.05	40.80	300m:	3:57.89	40.65	400m:	5:13.29	35.83

12 **5:13.52** 401 2

50m:	36.21	36.21	150m:	1:55.71	40.32	250m:	3:15.55	39.89	350m:	4:34.58	38.22
100m:	1:15.39	39.18	200m:	2:35.66	39.95	300m:	3:56.36	40.81	400m:	5:13.52	38.94

11 **5:13.71** 400 2

50m:	33.18	33.18	150m:	1:52.40	41.06	250m:	3:13.67	40.52	350m:	4:34.56	40.23
100m:	1:11.34	38.16	200m:	2:33.15	40.75	300m:	3:54.33	40.66	400m:	5:13.71	39.15

12 **5:14.16** 399 2

50m:	34.02	34.02	150m:	1:52.22	40.30	250m:	3:13.00	40.45	350m:	4:34.19	40.89
100m:	1:11.92	37.90	200m:	2:32.55	40.33	300m:	3:53.30	40.30	400m:	5:14.16	39.97

12 **5:14.32** 398 2

50m:	34.64	34.64	150m:	1:55.23	40.54	250m:	3:15.60	39.88	350m:	4:36.09	39.86
100m:	1:14.69	40.05	200m:	2:35.72	40.49	300m:	3:56.23	40.63	400m:	5:14.32	38.23

11 **5:16.47** 390 2

50m:	33.93	33.93	150m:	1:53.46	40.46	250m:	3:15.74	41.11	350m:	4:38.13	41.08
100m:	1:13.00	39.07	200m:	2:34.63	41.17	300m:	3:57.05	41.31	400m:	5:16.47	38.34

11 **5:17.06** 388 2

50m:	35.09	35.09	150m:	1:55.65	41.01	250m:	3:17.09	40.42	350m:	4:37.74	40.24
100m:	1:14.64	39.55	200m:	2:36.67	41.02	300m:	3:57.50	40.41	400m:	5:17.06	39.32

12 **5:17.11** 388 2

50m:	33.69	33.69	150m:	1:54.15	41.03	250m:	3:16.52	41.16	350m:	4:38.17	40.88
100m:	1:13.12	39.43	200m:	2:35.36	41.21	300m:	3:57.29	40.77	400m:	5:17.11	38.94

12 **5:17.24** 387 2

50m:	33.93	33.93	150m:	1:50.66	39.34	250m:	3:11.70	41.24	350m:	4:35.16	42.15
100m:	1:11.32	37.39	200m:	2:30.46	39.80	300m:	3:53.01	41.31	400m:	5:17.24	42.08

11 **5:17.33** 387 2

50m:	34.56	34.56	150m:	1:55.44	41.37	250m:	3:19.08	42.39	350m:	4:40.78	40.80
100m:	1:14.07	39.51	200m:	2:36.69	41.25	300m:	3:59.98	40.90	400m:	5:17.33	36.55

11 **5:17.34** 387 2

50m:	33.17	33.17	150m:	1:51.76	40.62	250m:	3:14.07	41.68	350m:	4:37.14	41.50
100m:	1:11.14	37.97	200m:	2:32.39	40.63	300m:	3:55.64	41.57	400m:	5:17.34	40.20

11 **5:17.47** 386 2

50m:	34.43	34.43	150m:	1:54.57	40.73	250m:	3:16.84	41.40	350m:	4:39.16	41.06
100m:	1:13.84	39.41	200m:	2:35.44	40.87	300m:	3:58.10	41.26	400m:	5:17.47	38.31

11 **5:18.02** 384 2

50m:	34.10	34.10	150m:	1:51.15	39.62	250m:	3:13.10	41.34	350m:	4:36.45	42.32
100m:	1:11.53	37.43	200m:	2:31.76	40.61	300m:	3:54.13	41.03	400m:	5:18.02	41.57

11 **5:18.19** 384 2

50m:	34.05	34.05	150m:	1:52.87	40.59	250m:	3:14.57	41.17	350m:	4:37.27	40.90
100m:	1:12.28	38.23	200m:	2:33.40	40.53	300m:	3:56.37	41.80	400m:	5:18.19	40.92

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11   **5:18.21**   384   2

| 50m: | 35.66 | 35.66 | 150m: | 1:55.67 | 40.00 | 250m: | 3:17.17 | 40.61 | 350m: | 4:39.19 | 40.95 |
| 100m: | 1:15.67 | 40.01 | 200m: | 2:36.56 | 40.89 | 300m: | 3:58.24 | 41.07 | 400m: | 5:18.21 | 39.02 |

12   **5:18.55**   382   2

| 50m: | 34.46 | 34.46 | 150m: | 1:54.85 | 40.67 | 250m: | 3:17.80 | 41.60 | 350m: | 4:38.87 | 40.67 |
| 100m: | 1:14.18 | 39.72 | 200m: | 2:36.20 | 41.35 | 300m: | 3:58.20 | 40.40 | 400m: | 5:18.55 | 39.68 |

11   **5:19.44**   379   2

| 50m: | 36.55 | 36.55 | 150m: | 1:58.71 | 41.37 | 250m: | 3:20.59 | 40.76 | 350m: | 4:41.57 | 40.25 |
| 100m: | 1:17.34 | 40.79 | 200m: | 2:39.83 | 41.12 | 300m: | 4:01.32 | 40.73 | 400m: | 5:19.44 | 37.87 |

11   **5:19.74**   378   2

| 50m: | 34.04 | 34.04 | 150m: | 1:53.36 | 40.72 | 250m: | 3:16.70 | 41.93 | 350m: | 4:39.56 | 41.43 |
| 100m: | 1:12.64 | 38.60 | 200m: | 2:34.77 | 41.41 | 300m: | 3:58.13 | 41.43 | 400m: | 5:19.74 | 40.18 |

11   **5:20.16**   377   2

| 50m: | 34.90 | 34.90 | 150m: | 1:57.61 | 42.31 | 250m: | 3:19.76 | 40.92 | 350m: | 4:41.38 | 40.60 |
| 100m: | 1:15.30 | 40.40 | 200m: | 2:38.84 | 41.23 | 300m: | 4:00.78 | 41.02 | 400m: | 5:20.16 | 38.78 |

11   **5:20.22**   376   2

| 50m: | 34.91 | 34.91 | 150m: | 1:56.17 | 41.23 | 250m: | 3:19.65 | 41.71 | 350m: | 4:41.58 | 40.56 |
| 100m: | 1:14.94 | 40.03 | 200m: | 2:37.94 | 41.77 | 300m: | 4:01.02 | 41.37 | 400m: | 5:20.22 | 38.64 |

11   **5:20.52**   375   2

| 50m: | 34.65 | 34.65 | 150m: | 1:54.65 | 40.53 | 250m: | 3:17.08 | 41.48 | 350m: | 4:40.23 | 41.78 |
| 100m: | 1:14.12 | 39.47 | 200m: | 2:35.60 | 40.95 | 300m: | 3:58.45 | 41.37 | 400m: | 5:20.52 | 40.29 |

11   **5:20.92**   374   2

| 50m: | 34.60 | 34.60 | 150m: | 1:55.20 | 41.29 | 250m: | 3:17.54 | 40.58 | 350m: | 4:41.13 | 41.99 |
| 100m: | 1:13.91 | 39.31 | 200m: | 2:36.96 | 41.76 | 300m: | 3:59.14 | 41.60 | 400m: | 5:20.92 | 39.79 |

11   **5:21.18**   373   2

| 50m: | 36.69 | 36.69 | 150m: | 1:57.43 | 41.14 | 250m: | 3:20.32 | 41.59 | 350m: | 4:42.69 | 40.45 |
| 100m: | 1:16.29 | 39.60 | 200m: | 2:38.73 | 41.30 | 300m: | 4:02.24 | 41.92 | 400m: | 5:21.18 | 38.49 |

11   **5:21.20**   373   2

| 50m: | 33.49 | 33.49 | 150m: | 1:52.94 | 40.90 | 250m: | 3:17.83 | 42.07 | 350m: | 4:42.36 | 41.13 |
| 100m: | 1:12.04 | 38.55 | 200m: | 2:35.76 | 42.82 | 300m: | 4:01.23 | 43.40 | 400m: | 5:21.20 | 38.84 |

11   **5:21.23**   373   2

| 50m: | 36.41 | 36.41 | 150m: | 1:55.12 | 40.47 | 250m: | 3:17.42 | 40.75 | 350m: | 4:40.81 | 41.51 |
| 100m: | 1:14.65 | 38.24 | 200m: | 2:36.67 | 41.55 | 300m: | 3:59.30 | 41.88 | 400m: | 5:21.23 | 40.42 |

12   **5:21.41**   372   2

| 50m: | 35.68 | 35.68 | 150m: | 1:58.16 | 41.46 | 250m: | 3:21.15 | 41.34 | 350m: | 4:43.86 | 41.11 |
| 100m: | 1:16.70 | 41.02 | 200m: | 2:39.81 | 41.65 | 300m: | 4:02.75 | 41.60 | 400m: | 5:21.41 | 37.55 |

11   **5:21.42**   372   2

| 50m: | 36.05 | 36.05 | 150m: | 1:58.48 | 41.98 | 250m: | 3:22.26 | 42.30 | 350m: | 4:44.64 | 41.24 |
| 100m: | 1:16.50 | 40.45 | 200m: | 2:39.96 | 41.48 | 300m: | 4:03.40 | 41.14 | 400m: | 5:21.42 | 36.78 |

11   **5:21.67**   371   2

| 50m: | 36.35 | 36.35 | 150m: | 1:57.47 | 41.05 | 250m: | 3:19.43 | 40.56 | 350m: | 4:41.74 | 40.89 |
| 100m: | 1:16.42 | 40.07 | 200m: | 2:38.87 | 41.40 | 300m: | 4:00.85 | 41.42 | 400m: | 5:21.67 | 39.93 |

11   **5:22.95**   367   2

| 50m: | 35.96 | 35.96 | 150m: | 1:57.42 | 41.29 | 250m: | 3:21.41 | 42.06 | 350m: | 4:44.41 | 40.84 |
| 100m: | 1:16.13 | 40.17 | 200m: | 2:39.35 | 41.93 | 300m: | 4:03.57 | 42.16 | 400m: | 5:22.95 | 38.54 |

11   **5:23.67**   364   2

| 50m: | 34.90 | 34.90 | 150m: | 1:56.21 | 41.25 | 250m: | 3:18.90 | 41.12 | 350m: | 4:42.11 | 40.71 |
| 100m: | 1:14.96 | 40.06 | 200m: | 2:37.78 | 41.57 | 300m: | 4:01.40 | 42.50 | 400m: | 5:23.67 | 41.56 |

12   **5:24.46**   362   2

| 50m: | 35.25 | 35.25 | 150m: | 2:00.33 | 44.06 | 250m: | 3:23.91 | 41.38 | 350m: | 4:46.38 | 40.91 |
| 100m: | 1:16.27 | 41.02 | 200m: | 2:42.53 | 42.20 | 300m: | 4:05.47 | 41.56 | 400m: | 5:24.46 | 38.08 |

11   **5:24.93**   360   2

| 50m: | 36.29 | 36.29 | 150m: | 1:58.00 | 41.34 | 250m: | 3:22.91 | 42.28 | 350m: | 4:46.37 | 41.86 |
| 100m: | 1:16.66 | 40.37 | 200m: | 2:40.63 | 42.63 | 300m: | 4:04.51 | 41.60 | 400m: | 5:24.93 | 38.56 |

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			/						**5:27.11**	353	2

12 — **5:27.11** — 353 — 2

50m:	36.21	36.21	150m:	1:57.73	41.69	250m:	3:21.18	42.08	350m:	4:47.16	43.56
100m:	1:16.04	39.83	200m:	2:39.10	41.37	300m:	4:03.60	42.42	400m:	5:27.11	39.95

11 — **5:28.41** — 349 — 2

50m:	36.36	36.36	150m:	1:57.85	41.59	250m:	3:22.38	42.21	350m:	4:48.20	42.54
100m:	1:16.26	39.90	200m:	2:40.17	42.32	300m:	4:05.66	43.28	400m:	5:28.41	40.21

12 — **5:30.30** — 343 — 2

50m:	37.46	37.46	150m:	1:59.81	41.52	250m:	3:24.21	42.12	350m:	4:48.49	42.40
100m:	1:18.29	40.83	200m:	2:42.09	42.28	300m:	4:06.09	41.88	400m:	5:30.30	41.81

12 — **5:31.09** — 340 — 2

50m:	36.82	36.82	150m:	1:59.70	42.29	250m:	3:24.76	42.40	350m:	4:50.02	42.05
100m:	1:17.41	40.59	200m:	2:42.36	42.66	300m:	4:07.97	43.21	400m:	5:31.09	41.07

11 — **5:31.72** — 339 — 2

50m:	33.97	33.97	150m:	1:57.14	42.41	250m:	3:22.20	42.85	350m:	4:49.63	43.79
100m:	1:14.73	40.76	200m:	2:39.35	42.21	300m:	4:05.84	43.64	400m:	5:31.72	42.09

11 — **5:35.23** — 328 — 2

50m:	38.44	38.44	150m:	2:02.12	42.11	250m:	3:29.16	43.74	350m:	4:55.47	42.72
100m:	1:20.01	41.57	200m:	2:45.42	43.30	300m:	4:12.75	43.59	400m:	5:35.23	39.76

11 — **5:52.65** — 282 — 3

50m:	37.67	37.67	150m:	2:05.27	44.57	250m:	3:35.77	45.42	350m:	5:08.33	45.70
100m:	1:20.70	43.03	200m:	2:50.35	45.08	300m:	4:22.63	46.86	400m:	5:52.65	44.32