%						
					, 2011 (13),	
101%	4:53.48	493	4:52.72	10.		00m
-	1:11.32 2:35.20	-				00m 00m
-	2.33.20	-			, 2011 (13),	.00111
-	5:08.05	-			, 2011 (10),	00m
-	1:18.37	-				00m
-	2:48.88	-				200m
					, 2010 (14),	
-	4:46.77	-				100m
-	1:10.23 2:25.50	-				100m 200m
	2.20.00				, 2010 (14),	.00111
=	5:03.12	-			, == (: :),	-00m
-	1:09.93	-				00m
-	2:40.19	-				200m
					, 2010 (14),	
-	57.36	-				100m
-	4:59.79 2:31.28	-				100m 200m
-	2.01.20	-			, 2011 (13),	
99%	5:27.33	347	5:28.91	100.	, _0 (.0),	-00m
-	1:14.81	-				00m
-	2:46.39	-				200m
					, 2010 (14),	
-	4:56.97	-				00m
-	1:14.87 2:34.33	-				00m !00m
-	2.04.00	-			, 2010 (14),	.00111
_	4:47.31	_			, 2010 (11),	100m
-	1:08.10	-				00m
-	2:32.09	-				:00m
					, 2012 (12),	
97%	5:44.42	288	5:49.98	132.		00m
-	1:21.94	-				00m
-	2:59.66	-			, 2010 (14),	00m
<u>-</u>	58.01	_			, 2010 (14),	00m
-	4:50.47	-				-00m
-	2:34.12	-				:00m
					, 2011 (13),	
-	1:02.34	-				00m
101%	4:42.01 2:38.03	560	4:40.55	3.		00m 00m
	2.50.05				, 2011 (13),	.00111
102%	4:51.80	515	4:48.49	7.	, 2011 (10),	100m
-	1:11.90	-		• •		00m
-	2:33.50	-				:00m
					, 2011 (13),	
101%	5:21.89	374	5:20.92	80.		00m
- -	1:19.46 2:51.06	-				00m :00m
_					, 2010 (14),	
<u>-</u>	59.01	_			, 2010 (17),	00m
-	4:57.39	-				00m
-	2:32.60	-				00m
					, 2011 (13),	
4040/	1:09.62	- 275	E.00 E0	70		00m
101%	5:21.68 2:52.65	375	5:20.52	78.		.00m :00m
					, 2011 (13),	
-	4:49.60	_			, 2011 (10),	-00m
-	1:13.73	-				00m
-	2:32.11	-				200m
					, 2011 (13),	
98%	5:24.80	349	5:28.41	99.		00m
	1:27.21	-				00m 200m
-	2.47 65					
-	2:47.65	-			2010 (14	.00111
-	2:47.65 4:40.73	- -			, 2010 (14),	100m

200m				-	2:21.20	=	
	, 2010 (14),						-
400m	, (),			_	4:51.47	-	
100m				-	1:05.79	-	
200m				-	2:34.41	-	
	, 2010 (14),						_
400m	, 2010 (11),			-	4:47.34	_	
100m				_	1:02.00	_	
200m				_	2:25.11	_	
200	, 2011 (13),				2.20		_
400m	, 2011 (13),	20.	4:58.98	463	4:57.41	99%	_
100m		20.	4.30.30	403	1:17.17	9976	
200m				_	2:35.78	_	
200111	, 2011 (13),				2.00.70		_
100m	, 2011 (13),			-	1:07.49		_
400m		54.	5:11.71	408	5:08.16	98%	
200m		54.	3.11.71	400	2:53.06	9076	
200111	2010 (11				2.33.00		
400	, 2010 (14),				544.54		-
400m 100m				-	5:11.54 1:18.86	-	
						-	
200m	2011 (12			-	2:42.30	-	4
400	, 2011 (13),		= .=			40004	1
400m		68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m				-	2:41.48	-	
							^
							6
	, 2012 (12),						1
100m				-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m				-	2:51.60	-	
	, 2010 (14),						-
100m				-	56.28	-	
400m				-	4:35.56	-	
200m				-	2:26.07	-	
	, 2012 (12),						-
400m	, , , , , , , , , , , , , , , , , , , ,	66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14),						-
100m	, (-	1:01.10	-	
400m				_	4:50.45	-	
200m				-	2:33.00	-	
	, 2010 (14),						_
400m	, 2010 (11),			_	4:39.55	_	
100m				-	1:16.99	-	
200m				-	2:27.07	-	
	, 2011 (13),						1
400m	, 2011 (10),	74.	5:19.44	379	5:20.36	101%	•
100m		,	0.10.44	-	1:13.26	-	
200m				-	2:46.21	-	
200111	, 2010 (14),						_
400m	, 2010 (17),			-	1·10 00		_
400m				-	4:49.08 1:07.68	-	
200m				-	2:30.54	- -	
200111	, 2012 (12),				2.55.51		1
100m	, 2012 (12),				1:08.16		•
400m		47.	5:09.90	415	5:21.42	108%	
200m		47.	5.05.50	-10	2:47.40	10078	
200111	, 2012 (12),			_	2.47.40	_	1
100m	, 2012 (12),			-	1:08.40		
		60	E-44.22		5:15.16	4049/	
400m 200m		62.	5:14.32	398	2:51.08	101%	
200111	2010 (14			-	2.01.00	-	
400	, 2010 (14),				4.04.44		-
100m				-	1:01.11	=	
400m				-	4:48.25	-	
200m	2044 (42			-	2:32.15	-	4
400	, 2011 (13),	6.4	4 50 01	4=0	5.00.50	1000/	1
400m		21.	4:59.81	459	5:00.52	100%	
100m				-	1:14.84	-	
200m	0011/10			-	2:41.53	-	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m				-	2:39.00	-	

	, 2010 (14),					-
400m				-	4:51.04	-
100m				-	1:05.26	<u>=</u>
200m	, 2010 (14),			-	2:28.00	
400m	, 2010 (14),			_	4:36.00	_
100m				-	1:07.50	-
200m				-	2:28.50	-
	, 2012 (12),					1
400m		97.	5:27.25	353	5:28.72	101%
100m				-	1:20.44	-
200m	2011 (12			-	2:52.24	=
400m	, 2011 (13),	63.	5:16.47	390	5:12.90	98%
100m		03.	5.10.47	390	1:11.34	90%
200m				-	2:44.44	-
	, 2010 (14),					-
100m				-	59.24	-
400m				-	4:31.41	-
200m	2010 (11			-	2:33.34	-
400m	, 2010 (14),			_	4:50.50	-
100m				-	1:16.20	-
200m				-	2:29.00	-
	, 2010 (14),					-
400m				-	4:32.06	-
100m				-	1:00.00	=
200m	2044 (42			-	2:17.73	-
400m	, 2011 (13),	89.	5:23.67	364	5:19.00	- 97%
100m		69.	5.25.07	-	1:16.50	9170
200m				-	2:50.15	-
						11
	, 2011 (13),					-
100m				-	1:01.00	-
400m				-	5:12.00	=
200m	2012 (12			-	2:38.50	-
100m	, 2012 (12),			_	1:10.00	<u>.</u>
400m		90.	5:24.46	362	5:17.00	95%
200m				-	2:52.00	=
	, 2010 (14),					-
100m				-	1:01.00	-
400m 200m				-	4:43.00 2:30.00	<u>.</u>
200111	, 2012 (12),				2.30.00	_
100m	, 2012 (12),			_	1:05.00	
400m				-	5:03.00	-
200m				-	2:45.00	-
	, 2012 (12),					-
400m		65.	5:17.11	388	5:06.00	93%
100m 200m				-	1:12.90 2:46.00	- -
200111	, 2011 (13),					_
100m	, 2011 (10),			-	1:09.00	-
400m		77.	5:20.22	376	5:17.90	99%
200m				-	2:49.60	-
	, 2012 (12),					<u>-</u>
400m		104.	5:31.09	340 -	5:17.90	92%
100m 200m				-	1:21.99 2:49.60	- -
200111	, 2010 (14),					-
400m	, \ //			-	4:56.38	-
100m				-	1:13.64	-
200m	2014 (12			-	2:27.94	-
400	, 2011 (13),				4.05.50	1
100m 400m		41.	5:07.47	425	1:05.50 5:15.00	- 105%
200m		71.	0.01.71	-	2:46.00	-
	, 2010 (14),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.95	-
400m				-	4:54.00	-
200m				-	2:36.00	=

400m	, 2010 (14),				E-04.00	-
100m				-	5:04.00 1:15.00	- -
200m				-	2:33.00	-
	, 2011 (13),					-
100m		40	E.00.20	-	1:05.00	-
400m 200m		43.	5:08.38	421 -	4:55.00 2:47.00	92%
200	, 2010 (14),				2	-
400m	, (-	4:58.00	-
100m				-	1:18.00	-
200m	, 2012 (12),			-	2:38.35	_
400m	, 2012 (12),	103.	5:30.30	343	5:26.00	97%
100m		100.	0.00.00	-	1:18.50	-
200m	0040 (44			-	2:54.00	-
400	, 2010 (14),				4.00.00	-
100m 400m				-	1:00.00 4:44.22	-
200m				-	2:30.55	-
	, 2011 (13),					-
400m				-	4:58.00	-
100m 200m				-	1:10.00 2:38.60	-
200111	, 2012 (12),				2.30.00	1
400m	, (//	140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m	2010 (14			-	3:14.00	-
400m	, 2010 (14),			_	4:41.90	_
100m				-	1:06.90	-
200m				-	2:28.50	-
400	, 2011 (13),		- 40.04			-
400m 100m		72.	5:18.21	384	5:06.76 1:16.54	93%
200m				-	2:36.17	- -
	, 2011 (13),					-
400m				-	4:53.00	-
100m				-	1:09.00	-
200m	, 2012 (12),			-	2:42.00	_
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	97%
100m					1:25.00	- · · · · -
200m	2042 (42			-	2:58.00	-
400m	, 2012 (12),	92.	5:25.53	358	5:31.00	1 103%
100m		32.	3.23.33	-	1:17.50	-
200m				-	2:57.00	-
	, 2012 (12),					1
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%
200m				-	3:03.74	- -
	, 2010 (14),					-
400m				-	4:52.00	-
100m 200m				-	1:10.00 2:45.00	-
200111	, 2012 (12),				2.40.00	1
100m	, 2012 (12),			-	1:05.00	· ·
400m		18.	4:58.44	465	5:05.50	105%
200m	2010 (14			-	2:40.14	-
400m	, 2010 (14),			-	5:20.00	_
100m				_	1:09.00	-
200m				-	2:41.00	-
	, 2011 (13),					-
400m		86.	5:21.67	371	5:14.45	96%
100m 200m				-	1:23.21 2:43.34	-
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	, 2011 (13),			-	2:50.00	-
400m	, 2011 (13),	128.	5:46.63	297	5:30.00	91%
100m					1:17.00	
200m				-	2:53.00	-

						-
	, 2010 (14),					-
100m	,			-	58.79	-
400m 200m				-	4:50.00 2:35.29	-
200111	, 2011 (13),				2.00.20	1
400m		55.	5:11.97	407	5:19.78	105%
100m 200m				-	1:11.45 2:41.12	-
200111	, 2012 (12),				2.11.12	-
400m		58.	5:13.29	402	5:10.00	98%
100m 200m				-	1:16.00 2:50.00	- -
	, 2013 (11),					-
400m		145.	6:18.95	227	6:02.00	91%
100m 200m				-	1:29.00 3:10.00	-
	, 2010 (14),					-
400m				-	4:56.00	-
100m 200m				-	1:08.00 2:42.00	-
	, 2011 (13),					-
400m		22.	5:00.79	454	4:55.76	97%
100m 200m				-	1:10.23 2:35.69	-
	, 2013 (11),					1
400m		101.	5:29.00	347	5:30.00	101%
100m 200m				-	1:17.00 2:53.00	- -
	, 2012 (12),					-
400m 100m				-	5:00.00 1:10.50	-
200m				-	2:26.50	-
400	, 2011 (13),				4.00.00	1
100m 400m		70.	5:18.02	384	1:08.00 5:24.00	- 104%
200m			00.0_	-	2:47.00	-
400	, 2013 (11),	400	F 40.00	000	5 40 00	1
400m 100m		122.	5:42.96	306	5:43.00 1:28.79	100%
200m				-	2:59.00	-
100	, 2013 (11),				1.00.00	1
100m 400m		94.	5:26.73	354	1:08.00 5:35.00	105%
200m	0040 (40			-	2:53.00	-
400m	, 2012 (12),	109.	5:32.34	337	5:36.00	1 102%
100m		100.	0.02.04	-	1:22.50	-
200m	2011 (12			-	2:58.00	-
400m	, 2011 (13),			_	4:55.00	- -
100m				-	1:09.00	-
200m	, 2010 (14),			-	2:35.00	-
400m	, 2010 (11),			-	5:00.00	-
100m				-	1:05.50	-
200m	, 2012 (12),			-	2:27.00	· .
100m	, == (= /,			-	1:05.90	-
400m 200m		61.	5:14.16	399 -	5:14.00 2:46.00	100%
200111	, 2012 (12),				2.40.00	-
400m		23.	5:00.84	454	5:00.76	100%
100m 200m				-	1:15.60 2:34.33	-
	, 2010 (14),					-
400m				-	5:20.00	-
100m 200m				-	1:11.00 2:44.00	-
						_
	2010 (14					5
100m	, 2010 (14),			-	55.22	-
400m				-	4:32.45	-
200m				-	2:25.42	-

	, 2011 (13),					-
400m 100m		83.	5:21.23	373	5:12.00 1:22.72	94%
200m				-	2:47.38	-
	, 2012 (12),					-
400m		52.	5:11.42	409	5:11.20	100%
100m				-	1:19.71	-
200m	, 2010 (14),			-	2:45.10	-
400m	, 2010 (14),			-	4:43.78	
100m				-	1:15.65	-
200m	0044 (40			-	2:27.24	-
400	, 2011 (13),				E.00.40	-
400m 100m				-	5:02.18 1:14.97	-
200m				-	2:38.82	-
	, 2011 (13),					-
100m 400m		56.	5:13.06	403	1:05.00 5:10.00	- 98%
200m		50.	5.15.00	403	2:48.00	90%
	, 2010 (14),					-
400m				-	4:10.30	-
100m 200m				-	1:02.52 2:22.10	-
200111	, 2010 (14),			-	2.22.10	· .
100m	, == := (::),			-	1:04.00	-
400m				-	4:53.44	-
200m	2010 (14			-	2:39.02	-
400m	, 2010 (14),			_	4:09.73	
100m				-	1:05.00	-
200m				-	2:13.50	-
400	, 2012 (12),	F0	E-40 E0	404	E-40 70	- 000/
400m 100m		59.	5:13.52	401 -	5:10.78 1:14.00	98%
200m				-	2:47.46	-
	, 2011 (13),					-
400m				-	5:02.39	-
100m 200m				-	1:13.50 2:40.24	- -
	, 2011 (13),					1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:11.46	-
400m		32.	5:04.87	436	5:12.37	105%
200m	, 2011 (13),			-	2:52.37	- 1
400m	, 2011 (10),	11.	4:53.33	490	4:55.57	102%
100m				-	1:12.97	-
200m	2011 (12			-	2:33.78	-
400m	, 2011 (13),	53.	5:11.69	408	5:24.16	1 108%
100m		00.	0.11.03	-	1:15.63	-
200m				-	2:45.16	-
400	, 2010 (14),				4.50.04	-
400m 100m				-	4:53.24 1:09.17	- -
200m				-	2:35.00	-
	, 2010 (14),					-
100m				-	1:02.18 5:00.24	-
400m 200m				- -	2:41.49	- -
	, 2011 (13),					-
400m		106.	5:31.72	339	5:18.20	92%
100m 200m				-	1:15.73 2:40.40	- -
200111	, 2010 (14),				2.40.40	-
100m	, == ,,			-	1:00.20	-
400m				-	4:46.76	-
200m	2011 (12 \			-	2:29.33	-
100m	, 2011 (13),			_	1:05.89	1
400m		64.	5:17.06	388	5:20.16	102%
200m	0044 (40			-	2:51.94	-
400	, 2011 (13),	40	E.40.44	44.4	E:40 44	1000/
400m 100m		48.	5:10.11	414 -	5:12.44 1:15.06	102% -
200m				-	2:46.53	-

								35
	, 2011 (13),							-
400m				-	4:51.26		-	
100m 200m				-	1:04.54 2:35.86		-	
200	, 2010 (14),				2.00.00			_
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.75		-	
400m				-	4:58.08 2:31.82		-	
200m	, 2012 (12),			-	2.31.02		-	_
100m	, 2012 (12),			_	1:24.71		-	
200m				-	2:41.68		-	
400	, 2010 (14),				4.00.07	05.04.0004		-
400m 100m				-	4:28.87 1:04.92	25.04.2024 29.03.2024	-	
200m				-	2:20.41	24.04.2024	-	
	, 2010 (14),							-
400m 100m				-	4:21.07 1:02.09	25.04.2024 26.04.2024	-	
200m				-	2:21.29	24.04.2024	-	
	, 2012 (12),							1
100m				-	1:12.87		-	
400m 200m		134.	5:52.45	282	6:02.18 3:03.57		106%	
200111	, 2010 (14),				0.00.07			_
100m	, ==::(:: /,			-	56.54	26.04.2024	-	
400m				-	4:22.37	25.04.2024	-	
200m	, 2010 (14),			-	2:16.72	24.04.2024	-	_
100m	, 2010 (14),			-	1:01.04		-	
400m				-	4:58.23		-	
200m	, 2011 (13),			-	2:32.38		-	1
100m	, 2011 (13),			_	1:11.63		_	ı
400m		119.	5:39.67	315	5:41.67		101%	
200m	0044 (40			-	2:57.97		-	
100m	, 2011 (13),			-	1:07.27			-
400m		69.	5:17.47	386	5:16.74		100%	
200m				-	2:48.80		-	
400	, 2010 (14),				4.50.00			-
400m 100m				-	4:50.62 1:04.31		-	
200m				-	2:36.18		-	
	, 2011 (13),							-
400m 100m		39.	5:06.09	431 -	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13),							1
400m 100m		75.	5:19.74	378	5:25.39 1:15.43	24.04.2024 26.04.2024	104%	
200m				-	2:44.59	22.06.2023	-	
	, 2010 (14),							-
100m				-	1:02.92	26.04.2024	-	
400m 200m				-	5:07.80 2:40.35	25.04.2024 24.04.2024	-	
200	, 2011 (13),				2. 10.00	2		_
400m	, - (- ,,			-	4:55.65	25.04.2024	-	
100m				-	1:20.23	26.04.2024	-	
200m	, 2011 (13),			-	2:33.67	24.04.2024	-	_
100m	, ==::(::= /,			-	1:03.95	26.04.2024	-	
400m				-	4:53.13	25.04.2024	-	
200m	, 2011 (13),			-	2:39.61	28.03.2024	-	_
400m	, 2011 (13),	67.	5:17.33	387	5:12.70		97%	
100m				-	1:13.24		-	
200m	2010 (14			=	2:41.91		-	
400m	, 2010 (14),			-	4:55.78	25.04.2024	_	-
100m				-	1:18.07	26.04.2024	-	
200m	0044 (42			-	2:39.71	24.04.2024	-	
400~	, 2011 (13),	57.	5.12.27	402	5.07.61		060/	-
400m 100m		υ1.	5:13.27	402	5:07.61 1:18.86		96% -	
200m				-	2:43.95		-	

	, 2010 (14),							-
100m				-	1:06.23	26.04.2024	-	
400m				-	4:46.97	25.04.2024	-	
200m	0040 (44			-	2:48.11		-	
	, 2010 (14),							-
400m				-	4:56.78		-	
100m				-	1:12.94		-	
200m	2044 (42			-	2:39.46		-	
400	, 2011 (13),				5.00 50			-
400m 100m				-	5:06.52 1:20.24		-	
200m				- -	2:41.51		-	
	, 2011 (13),							_
400m	, 2011 (10),	60.	5:13.71	400	5:11.05		98%	
100m		00.	0.10.71	-	1:11.42		-	
200m				-	2:44.78		-	
	, 2011 (13),							-
100m				-	1:00.75	26.04.2024	-	
400m				-	4:55.91	25.04.2024	-	
200m				-	2:35.06	24.04.2024	-	
	, 2010 (14),							-
400m				-	4:45.58		-	
100m				-	1:07.57		-	
200m	, 2010 (14),			-	2:23.78		-	
100	, 2010 (14),				1.00.00			-
100m 400m				-	1:02.09 4:40.19		-	
200m				-	2:35.73		-	
	, 2012 (12),							_
100m	, 2012 (12),			-	1:06.45		_	
400m		73.	5:18.55	382	5:15.39		98%	
200m				-	2:50.71		-	
	, 2011 (13),							-
100m				-	1:00.60		-	
400m				-	4:52.60		-	
200m				-	2:44.00		-	
	, 2011 (13),							1
100m		9.	4-50-44	-	1:05.45	26.04.2024 24.04.2024	104%	
400m								
200m		Э.	4:52.11	496	4:58.56 2:44 93			
200m	2012 (12	9.	4:52.11	496	2:44.93	25.04.2024	-	_
	, 2012 (12),	9.	4:52.11	-	2:44.93	25.04.2024		-
400m	, 2012 (12),	3.	4:52.11		2:44.93 5:10.60	25.04.2024 25.04.2024		-
400m 100m	, 2012 (12),	9.	4:52.11	-	2:44.93 5:10.60 1:22.81	25.04.2024 25.04.2024 26.04.2024	-	-
400m		9.	4:52.11	- - -	2:44.93 5:10.60	25.04.2024 25.04.2024		-
400m 100m	, 2012 (12), , 2010 (14),	9.	4:52.11	- - -	2:44.93 5:10.60 1:22.81	25.04.2024 25.04.2024 26.04.2024		-
400m 100m 200m		9.	4:52.11	-	2:44.93 5:10.60 1:22.81 2:47.64	25.04.2024 25.04.2024 26.04.2024 24.04.2024		-
400m 100m 200m 400m	, 2010 (14),	9.	4:52.11	- - -	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024		-
400m 100m 200m 400m 100m 200m				-	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m	, 2010 (14),	113.	4:32.11 5:35.23		2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024		-
400m 100m 200m 400m 100m 200m 400m 100m	, 2010 (14),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),			-	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 200m 400m 400m 100m	, 2010 (14), , 2011 (13),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14),			- - - - - 328 - -	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),			328 - - - - -	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14),			- - - - - 328 - -	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14),			328 - - -	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14),			328 - - - - -	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14),			328 - - - - -	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12), , 2010 (14),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	- - - - -	-
400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12),	113.	5:35.23	328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56 2:16.53	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	94%	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m 100m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12), , 2010 (14),			328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56 2:16.53	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	- - - - -	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12), , 2010 (14),	113.	5:35.23	328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56 2:16.53 5:19.67 1:12.01	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	94%	-
400m 100m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m 100m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12), , 2010 (14), , 2011 (13),	113. 85.	5:35.23	328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56 2:16.53	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	94%	-
400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12), , 2010 (14),	113. 85.	5:35.23	328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56 2:16.53 5:19.67 1:12.01 2:38.51	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	94%	-
400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12), , 2010 (14), , 2011 (13),	113. 85.	5:35.23	328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56 2:16.53 5:19.67 1:12.01 2:38.51 4:47.50	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	94%	-
400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2010 (14), , 2012 (12), , 2010 (14), , 2011 (13),	113. 85.	5:35.23	328	2:44.93 5:10.60 1:22.81 2:47.64 5:15.13 1:20.61 2:38.12 5:24.88 1:21.65 2:52.72 4:48.82 1:17.47 2:32.09 4:52.60 1:12.58 2:27.60 1:04.40 4:55.47 2:41.13 4:26.36 1:01.56 2:16.53 5:19.67 1:12.01 2:38.51	25.04.2024 25.04.2024 26.04.2024 24.04.2024 25.04.2024 28.03.2024 24.04.2024	94%	-

	, 2011 (13),							-
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		-	
200111	, 2012 (12),				2.41.00			_
100m	, == (=),			-	1:03.95	26.04.2024	_	
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	()			-	2:42.67		-	
400	, 2012 (12),					0.4.04.000.4	40.407	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m				-	1:06.87		-	
400m		49.	5:10.15	414 -	5:17.13 2:41.97		105%	
200m	, 2011 (13),			-	2.41.97		-	_
100m	, 2011 (10),			-	1:04.58		-	
400m				-	5:01.18	25.04.2024	-	
200m	2044 (42			-	2:41.79	24.04.2024	-	
400	, 2011 (13),	91.	F:04.00	260	E-00 04		000/	-
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99% -	
200m				-	2:53.69		-	
	, 2011 (13),							-
400m				-	5:13.38		-	
100m 200m				-	1:28.91 2:44.49		-	
	, 2011 (13),							1
400m	, , ,	24.	5:01.70	450	5:03.35		101%	
100m				-	1:07.74		-	
200m	, 2012 (12),			-	2:39.68		-	_
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m				-	1:21.59	26.04.2024	-	
200m	0040 (44			-	3:02.87	25.04.2024	-	
100m	, 2010 (14),			_	54.12			-
400m				-	4:15.65		_	
200m				-	2:12.78		-	
	, 2010 (14),							-
400m 100m				-	4:42.10 1:09.79	25.04.2024 26.04.2024	-	
200m				-	2:23.12	24.04.2024	-	
	, 2013 (11),							1
400m		108.	5:32.14	337	5:39.66		105%	
100m 200m				-	1:34.94 2:56.62		-	
200111	, 2011 (13),				2.00.02			1
400m	, =0(.0),	105.	5:31.45	339	5:32.47		101%	•
100m				-	1:25.17		-	
200m	2012 (12			-	2:55.64		-	
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	-
100m		112.	0.00.22	-	1:22.25	26.04.2024	-	
200m				-	3:05.11	25.04.2024	-	
	, 2011 (13),							-
400m 100m		71.	5:18.19	384	5:14.84 1:22.53	23.11.2023 23.11.2023	98%	
200m				-	2:43.30	25.04.2024	-	
	, 2012 (12),							-
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m				-	1:15.63 2:45.78	26.04.2024 25.04.2024	-	
	, 2012 (12),							1
400m		28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14),			-	2:49.88	25.04.2024	-	
100m	, 2010 (14),			-	1:02.55		_	-
400m				-	4:49.66		-	
200m	2044 (42			-	2:38.32		-	
100~	, 2011 (13),				1.02 12	26.04.2024		-
100m 400m		16.	4:57.81	468	1:03.13 4:54.75	26.04.2024 27.03.2024	98%	
200m				-	2:39.16	25.04.2024	-	

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400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	1
100m		30.	3.20.19	-	1:15.24		102/6	
200m				-	2:51.65		-	
	, 2012 (12),							1
400m		44.	5:08.56	421	5:16.23		105%	
100m				-	1:22.27		-	
200m	2040 (40			-	2:40.76		-	
	, 2012 (12),	400					1000/	1
400m 100m		136.	5:52.85	281	5:58.66 1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14),							_
100m	, == (),			-	1:05.38	26.04.2024	_	
400m				-	5:34.20	25.04.2024	-	
200m				-	2:46.19	24.04.2024	-	
	, 2010 (14),							-
400m				-	4:46.52		-	
100m 200m				-	1:04.59 2:24.49		-	
200111	, 2012 (12),				2.2 1.10			_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m		120.	0.11.11	-	1:29.97	19.04.2024	-	
200m				-	2:50.20	25.04.2024	-	
	, 2011 (13),							1
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m 200m				-	1:18.51	26.04.2024	-	
200111	, 2010 (14),			-	3:02.43	25.04.2024	-	
400m	, 2010 (14),			_	5:35.50	25.04.2024	_	-
100m				-	1:15.19	26.04.2024	_	
200m				-	2:45.47	24.04.2024	-	
	, 2011 (13),							-
100m				-	1:04.60	26.10.2023	-	
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m	2011 (12			-	2:34.71	22.11.2023	-	4
100m	, 2011 (13),			-	1:18.22	24.11.2023		1
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m			0.02.0.	-	2:59.25	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:01.70		-	
400m				-	4:42.00		-	
200m	, 2010 (14),			-	2:42.00		-	
400m	, 2010 (14),				4:40.20			-
100m				-	1:08.47		-	
200m				-	2:29.71		-	
	, 2011 (13),							-
400m	. , , , ,			-	4:50.48		-	
100m				-	1:08.99		-	
200m	2014 /42			-	2:35.31		-	4
400m	, 2011 (13),	120.	5:40.49	313	5:43.73		102%	1
400m		120.	J.4U.43	313	1:17.03		1UZ70 -	
200m				-	2:56.19		-	
	, 2010 (14),							-
100m				-	59.64		-	
400m				-	4:51.18		-	
200m	, 2011 (13),			-	2:25.57		-	1
400m	, 2011 (13),	30.	5:04.55	438	5:16.65	24.04.2024	108%	'
100m		50.	0.04.00	-	1:19.49	26.04.2024	10076	
200m				-	2:39.45	25.04.2024	-	
	, 2010 (14),							-
400m				-	5:02.94		-	
100m				<u>-</u>	1:11.66		-	
200m	2012 (12 \			-	2:42.38		-	
400m	, 2012 (12),			-	5:00.14	25.04.2024		-
400m				-	1:20.97	26.04.2024	-	
200m				-	2:41.56	24.04.2024	-	
	, 2010 (14),							-
100m				-	1:04.73	28.03.2024	-	
400m				-	4:56.66	27.03.2024	-	
200m				-	2:45.39	16.06.2023	-	

	2011/12							
400m	, 2011 (13),	46.	5:09.47	417	5:05.80		98%	-
100m				-	1:11.00		-	
200m	2010 (14			-	2:39.70		-	
100m	, 2010 (14),			_	55.65	26.04.2024		_
400m				-	4:30.00	25.04.2024	-	
200m				-	2:30.78	22.11.2023	-	
	, 2010 (14),							-
400m				-	5:04.79		-	
100m 200m				-	1:14.56 2:34.88		-	
200	, 2010 (14),				2.000			_
100m	, 2010 (11),			-	1:04.13		-	
400m				-	4:53.89		-	
200m	0044 (40			-	2:42.26		-	
400m	, 2011 (13),			_	5:03.36	25.04.2024		-
100m				-	1:11.34	26.04.2024	-	
200m				-	2:39.42	24.04.2024	-	
	, 2013 (11),							1
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m 200m				-	1:38.18 3:46.50	26.04.2024 06.12.2023	-	
200111	, 2011 (13),			_	3.40.30	00.12.2023	_	_
100m	, · · (· • /)			-	1:06.34		-	
400m				-	5:06.72		-	
200m	0044 (40			-	2:43.15		-	
100	, 2011 (13),			_	1:06.60	07.40.0000		-
100m 400m				-	1:06.69 5:15.49	07.12.2023 27.03.2024	-	
200m				-	2:50.21	24.04.2024	-	
	, 2010 (14),							-
400m				-	4:40.20	25.04.2024	-	
100m 200m				-	1:03.07 2:25.39	26.04.2024 24.04.2024	-	
200111	, 2011 (13),				2.23.33	24.04.2024		_
100m	, ==::(:= /,			-	1:00.12		-	
400m				-	4:43.97		-	
200m	0044 (40			-	2:34.00		-	
400m	, 2011 (13),			_	5:17.90	25.04.2024		-
100m				-	1:15.34	26.04.2024	-	
200m				-	2:48.64	24.04.2024	-	
	, 2010 (14),							-
400m 100m				-	5:11.10 1:10.36	23.11.2023	-	
200m				-	1.10.36 NT		-	
	, 2010 (14),							-
100m	, , ,			-	59.62	26.04.2024	-	
400m				-	4:37.90 2:27.45	25.04.2024 24.04.2024	-	
200m	, 2012 (12),			-	2.27.45	24.04.2024	-	_
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	
100m				-	1:20.12		-	
200m	0044 (40			-	2:54.00		-	
100m	, 2011 (13),			_	1.00.03			-
100m 400m				-	1:00.03 4:42.88		-	
200m				-	2:33.34		-	
	, 2011 (13),							-
100m 400m		8.	4:52.02	496	59.14 4:49.86		99%	
200m		0.	4.32.02	496 -	4:49.86 2:29.93		9970 -	
	, 2012 (12),							1
400m	•	118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m				-	1:21.52	26.04.2024	-	
200m	, 2011 (13),			-	3:01.82	25.04.2024	-	1
400m	, ZUII (13),	1.	4:36.01	588	4:40.15	24.04.2024	103%	'
100m		1.		-	1:05.31	26.04.2024	-	
200m	0044 (40			-	2:31.57	25.04.2024	-	
400	, 2011 (13),				F.00 F0			-
400m 100m				-	5:00.56 1:10.64		-	
200m				-	2:39.17		-	

	, 2010 (14),							-
400m 100m				-	5:03.85 1:09.98		-	
200m				-	2:39.94		-	
	, 2010 (14),							-
100m				-	58.78		-	
400m 200m				-	4:47.67 2:33.74		-	
200111	, 2011 (13),			-	2.33.74		-	1
400m	, ==::(:=),	79.	5:20.72	375	5:29.96	27.03.2024	106%	•
100m				-	1:27.32	26.04.2024	-	
200m	, 2011 (13),			-	2:52.36	25.04.2024	-	_
400m	, 2011 (13),			_	5:06.86		_	-
100m				-	1:20.91		-	
200m	2044 (42			-	2:37.55		-	
400m	, 2011 (13),			_	4:46.21		_	-
100m				-	1:08.42		-	
200m				-	2:34.30		-	
	, 2011 (13),							-
100m 400m				-	1:05.35 4:59.54	26.04.2024 25.04.2024	-	
200m				-	2:48.84	24.04.2024	-	
	, 2010 (14),							-
400m				-	4:43.30		-	
100m 200m				-	1:13.19 2:22.59		-	
	, 2011 (13),							1
400m		124.	5:44.02	303	5:55.78		107%	
100m 200m				-	1:24.03 2:57.06		-	
200111	, 2012 (12),				2.07.00			-
400m	, , , , , , , , , , , , , , , , , , , ,	38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m	, 2013 (11),			-	2:41.99		-	1
400m	, 2010 (11),	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m	2011 (12			-	2:59.30		-	
400m	, 2011 (13),	4.	4:40.74	559	4:37.71		98%	-
100m		٠.	4.40.74	-	1:04.81		-	
200m	0040 (44			-	2:27.89		-	
100m	, 2010 (14),				1:08.86	26.04.2024		-
400m				-	5:34.76	25.04.2024	-	
200m				-	2:37.96		-	
400	, 2010 (14),				. = 0 00			-
400m 100m				-	4:52.68 1:18.06		-	
200m				-	2:31.09		-	
	, 2010 (14),							-
100m 400m				-	59.59 4:47.04		-	
200m				-	2:32.95		-	
	, 2011 (13),							-
100m 400m		5.	4:44.57	536	59.17 4:38.23	26.04.2024 24.04.2024	- 96%	
200m		Э.	4.44.57	-	2:31.66	25.04.2024	9070	
	, 2011 (13),							1
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m 200m				-	1:12.77 2:24.20	23.11.2023 25.04.2024	-	
	, 2012 (12),							-
100m				-	1:18.15	26.10.2023	-	
400m 200m		95.	5:27.11	353	5:20.73 2:56.24	24.04.2024 25.04.2024	96%	
200111	, 2011 (13),			-	2.00.24	20.07.2027	-	_
100m	,			-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	, 2010 (14),			-	2:33.58	25.04.2024	-	_
400m	, 2010 (17),			-	5:30.90	25.04.2024	-	-
100m				-	1:13.92	26.04.2024	-	
200m				-	2:42.67	24.04.2024	-	

	2040 (44							
400m	, 2010 (14),			-	4:48.30		-	-
100m				-	1:05.77		-	
200m	, 2011 (13),			-	2:30.91		-	1
100m	, 2011 (13),			_	1:03.15		_	'
400m		19.	4:58.75	464	5:01.84		102%	
200m	2011 (12			-	2:36.98		-	4
400m	, 2011 (13),	12.	4:54.60	483	4:56.36	24.04.2024	101%	1
100m				-	1:11.76	26.04.2024	-	
200m	2011 (12			-	2:37.06	25.04.2024	-	
400m	, 2011 (13),			-	4:55.83		_	-
100m				-	1:06.88		-	
200m	, 2010 (14),			-	2:34.49		-	
100m	, 2010 (14),			-	1:00.40		_	-
400m				-	4:38.00		-	
200m	2012 (12			-	2:32.00		-	4
400m	, 2012 (12),	130.	5:48.45	292	5:49.10	24.04.2024	100%	1
100m			0.101.0	-	1:31.39	28.03.2024	-	
200m	, 2011 (13),			-	3:00.67	25.04.2024	-	
100m	, 2011 (13),			-	1:10.37		_	-
400m				-	5:31.52		-	
200m	, 2011 (13),			-	3:03.37		-	
400m	, 2011 (13),	35.	5:05.10	435	5:02.99		99%	-
100m				-	1:22.25		-	
200m	, 2012 (12),			-	2:47.42		-	_
100m	, 2012 (12),			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m	, 2012 (12),			-	2:49.79		-	1
400m	, 2012 (12),	133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m	, 2010 (14),			-	2:57.50	25.04.2024	-	_
400m	, 2010 (14),			-	4:50.19	25.04.2024	-	
100m				-	1:18.29	06.10.2023	-	
200m	, 2011 (13),			-	2:29.25	24.04.2024	-	_
400m	,			-	5:29.16		-	
100m 200m				-	1:16.04 2:48.79		-	
200111	, 2010 (14),				2.40.73			_
100m	, == (, , ,,			-	1:01.60		-	
400m 200m				-	5:02.70 2:35.00		-	
200111	, 2012 (12),				2.00.00			1
100m	· · · · · · · · · · · · · · · · · · ·			-	1:15.24		-	
400m 200m		131.	5:49.82	289	6:01.03 3:11.37		107%	
	, 2011 (13),							-
400m		33.	5:04.98	436	5:03.60		99%	
100m 200m				-	1:10.20 2:42.00		-	
	, 2011 (13),							-
400m 100m		36.	5:05.26	435	5:03.43 1:10.18	24.04.2024 26.04.2024	99%	
200m				-	2:42.57	25.04.2024	-	
	, 2010 (14),							-
400m 100m				-	4:31.67 1:02.45		-	
200m				-	2:21.46		-	
	, 2011 (13),							-
100m 400m				-	59.64 4:38.57		-	
200m				-	2:32.82		-	
100	, 2010 (14),				4:00.00			-
100m 400m				-	1:00.66 5:00.36		-	
200m				-	2:33.70		-	

	, 2011 (13),							-
400m				-	4:45.95	25.04.2024	-	
100m 200m				-	1:13.57 2:27.33	26.04.2024 24.04.2024	-	
200111	, 2010 (14),			-	2.21.33	24.04.2024	-	_
400m	, 2010 (11),			_	4:40.19	25.04.2024	_	
100m				-	1:07.31	26.04.2024	-	
200m				-	2:25.73	24.04.2024	-	
	, 2011 (13),							1
100m				-	1:06.33		-	
400m 200m		40.	5:06.89	428	5:12.55 2:49.02		104%	
200111	, 2011 (13),				2.43.02			_
400m	, 2011 (13),	14.	4:55.45	479	4:51.11		97%	
100m			1.00.10	-	1:08.96		-	
200m				-	2:34.65		-	
	, 2010 (14),							-
400m				-	5:05.04		-	
100m 200m				-	1:16.06 2:32.15		-	
200111	, 2010 (14),				2.02.10			_
400m	, 2010 (11),			_	4:36.97	25.04.2024	_	
100m				-	1:06.71	26.04.2024	-	
200m				-	2:31.30	24.04.2024	-	
	, 2012 (12),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m 200m				- -	1:35.68 3:02.58	26.04.2024 25.04.2024	-	
200111	, 2010 (14),				0.02.00	20.04.2024		_
400m	, 2010 (14),			_	4:56.26		_	
100m				-	1:06.63		-	
200m				-	2:31.67		-	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m 200m				-	1:26.26 3:06.71		-	
200111	, 2012 (12),				0.00.7 1			1
100m	, 2012 (12),			-	1:15.15		-	•
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							-
400m 100m				-	4:46.63 1:06.13		-	
200m				-	2:29.10		-	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m				-	1:34.62	28.03.2024	-	
200m	0040 (44			-	3:04.05	25.04.2024	-	
400	, 2010 (14),				E-0E 00			-
400m 100m				-	5:05.89 1:11.00		-	
200m				-	2:42.86		-	
	, 2010 (14),							-
400m				-	4:55.23	25.04.2024	-	
100m				-	1:09.85	26.04.2024	-	
200m	, 2013 (11),			-	2:29.44	24.04.2024	-	1
400m	, 2013 (11),	143.	6:08.41	247	6:15.63		104%	'
100m		. 10.		-	1:27.90		-	
200m				-	3:02.71		-	
	, 2010 (14),							-
100m				-	1:07.36	26.04.2024	-	
400m 200m				-	5:03.09 2:43.68	25.04.2024 24.04.2024	-	
200					2	2		
								6
	, 2011 (13),							_
400m	,			-	4:32.58		-	
100m				-	1:02.61		-	
200m	0040 (4.1			-	2:30.35		-	
400	, 2010 (14),				4:40.00			-
400m 100m				-	4:46.20 1:17.05		-	
200m				-	2:29.55		-	

	2044 (42					
	, 2011 (13),					-
400m 100m		17.	4:58.03	467	4:55.18 1:14.68	98%
200m				-	2:40.38	- -
200111	, 2011 (13),			-	2.40.30	_
400m	, 2011 (10),	25.	5:02.37	447	4:56.03	96%
100m		25.	3.02.37	-	1:14.95	9078
200m				-	2:47.54	-
	, 2012 (12),					1
400m	, , , , , , , , , , , , , , , , , , , ,	6.	4:48.04	517	4:52.60	103%
100m				-	1:08.29	-
200m				-	2:35.61	-
	, 2010 (14),					-
400m				-	5:07.65	-
100m				-	1:18.39 2:37.36	-
200m	, 2011 (13),			-	2.37.30	_
400m	, 2011 (13),	51.	5:11.10	410	5:03.43	95%
100m		51.	3.11.10	-	1:22.64	-
200m				-	2:40.55	-
	, 2012 (12),					-
400m				-	5:03.99	-
100m				-	1:12.38	-
200m				-	2:41.04	-
	, 2012 (12),					-
100m				-	1:04.60	-
400m 200m				-	5:06.16 2:40.08	- -
200111	, 2011 (13),			-	2.40.00	
100m	, 2011 (13),			_	1:04.92	1
400m		45.	5:08.76	420	5:09.05	100%
200m				-	2:46.15	-
	, 2011 (13),					1
100m				-	1:06.09	-
400m		37.	5:05.59	433	5:07.54	101%
200m				-	2:47.50	-
	, 2010 (14),					-
100m				-	58.40	-
400m 200m				-	5:02.97 2:35.53	- -
200111	, 2011 (13),				2.55.55	1
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%
100m		01.	3.21.10	-	1:16.52	-
200m				-	2:53.92	-
	, 2010 (14),					-
100m				-	1:04.14	-
400m				-	5:03.00	-
200m	2010 (11			-	2:42.92	-
	, 2010 (14),					-
400m 100m				-	4:47.50 1:05.50	-
200m				-	2:30.70	<u>-</u>
200111	, 2011 (13),				2.00.70	-
400m	, ==::(:=),	34.	5:05.09	435	5:00.47	97%
100m				-	1:15.07	-
200m				-	2:43.92	-
	, 2010 (14),					-
100m				-	1:05.23	-
400m				-	4:49.66	-
200m	, 2011 (13),			-	2:40.00	- 1
100m	, 2011 (13),			_	1:05.75	1
400m		31.	5:04.59	437	5:05.60	101%
200m		٠		-	2:53.11	-
	, 2010 (14),					-
100m				-	58.71	-
400m				-	4:33.04	-
200m				-	2:21.32	-
	, 2010 (14),					-
400m				-	4:55.07	-
100m 200m				-	1:20.35 2:42.82	- -
20011	- , 2012 (12),		-	۷.٦٤.٥٤	1
400m	, 2012 (12), 27.	5:03.89	440	5:10.25	104%
100m			3.00.00	-	1:14.03	-
200m				-	2:40.09	-

, 29. - 31.5.2024

	, 2010 (14),					-
400m	, 2010 (14),			-	4:58.35	-
100m				-	1:24.37	-
200m	, 2010 (14),			-	2:38.43	-
400m	, 2010 (14),			-	4:48.68	_
100m				-	1:05.20	-
200m				-	2:29.33	-
400m	, 2011 (13),	82.	5:21.20	373	F.44 40	- 049/
100m		02.	5.21.20	-	5:11.48 1:12.72	94%
200m				-	2:39.93	-
	, 2010 (14),					-
100m 400m				- -	56.14 4:40.00	-
200m				-	2:22.20	-
	, 2010 (14),					-
400m				-	4:27.15	-
100m 200m				-	1:01.00 2:18.68	-
	, 2011 (13),					-
100m				-	1:01.69	-
400m 200m				-	5:07.83 2:40.53	-
200111	, 2011 (13),				2.40.00	-
400m	, - (- ,,	29.	5:04.54	438	5:00.70	97%
100m				-	1:10.86	- -
200m				-	2:38.82	- -
						8
	, 2011 (13),					1
400m	, , , , , , , , , , , , , , , , , , , ,	42.	5:08.18	422	5:12.96	103%
100m				-	1:11.54	-
200m	, 2010 (14),			-	2:35.00	· .
100m	, == (:),			-	59.85	-
400m				-	4:54.15	-
200m	, 2012 (12),			-	2:39.00	1
400m	, 2012 (12),	114.	5:35.58	327	5:39.26	102%
100m				-	1:19.35	-
200m	, 2011 (13),			-	2:56.07	-
400m	, 2011 (13),			-	4:56.00	<u>.</u>
100m				-	1:09.00	-
200m	2044 (42			-	2:45.00	-
100m	, 2011 (13),			_	1:37.00	· .
200m				-	3:24.00	-
	, 2011 (13),					-
100m 400m		147.	6:27.11	- 213	1:18.00 6:20.00	- 96%
200m		147.	0.27.11	-	3:12.00	-
	, 2012 (12),					-
100m				-	1:16.82	-
400m 200m		146.	6:21.28	223	6:09.89 3:10.65	94%
	, 2010 (14),				55.55	-
400m				-	4:57.49	-
100m 200m				-	1:14.00 2:31.00	-
200111	, 2010 (14),				2.01.00	-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:59.00	-
100m				-	1:19.00	-
200m	, 2011 (13),			-	2:45.00	-
400m	,			-	5:01.37	-
100m				-	1:20.70	-
200m	, 2010 (14),			-	2:38.89	-
100m	, 2010 (14),			-	1:03.70	<u>.</u>
400m				-	5:05.00	-
200m	2012 (12			-	2:45.00	-
400m	, 2012 (12),	123.	5:43.84	304	5:50.00	1 104%
100m		0.	J J.	-	1:27.00	-
200m				-	2:55.00	-

400	, 2011 (13),				5.44.00		-
400m 100m				-	5:14.00 1:11.00	-	
200m				-	2:45.18	-	
	, 2013 (11),						1
400m		141.	6:01.09	262	6:01.11	100%	
100m				-	1:31.64	-	
200m	, 2010 (14),			-	3:12.02	-	
100m	, 2010 (14),			_	55.90	<u>-</u>	-
400m				-	4:26.70	<u>-</u>	
200m				-	2:18.70	-	
	, 2010 (14),						-
400m				-	4:56.47	-	
100m 200m				-	1:07.50 2:31.87	- -	
200	, 2011 (13),				2.0.1.0.		-
400m	, - (- ,,	149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m	2040 (44			-	3:10.00	-	
100	, 2013 (11),				1.10 50	_	-
100m 400m				-	1:12.50 5:34.00	-	
200m				-	3:03.00	-	
	, 2012 (12),						-
400m				-	5:41.00	=	
100m 200m				-	1:27.00 3:01.00	- -	
200111	, 2010 (14),			-	3.01.00	-	_
100m	, 2010 (14),			_	1:04.76	<u>-</u>	
400m				-	5:10.89	-	
200m				-	2:39.21	-	
400	, 2011 (13),				5 0400		1
400m 100m		93.	5:26.72	354 -	5:34.09 1:13.52	105% -	
200m				-	2:59.24	- -	
	, 2011 (13),						1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.02	-	
400m		88.	5:23.00	367	5:40.00	111%	
200m	2011 (12			-	2:48.00	-	
400m	, 2011 (13),	127.	5:45.02	301	5:38.96	97%	-
100m		127.	5.45.02	-	1:18.87	9170	
200m				-	3:06.22	-	
	, 2012 (12),						-
400m				-	5:09.00	-	
100m 200m				-	1:15.85 2:46.85	-	
	, 2011 (13),						1
400m	, - (- ,,	115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m	2012 (12			-	2:55.31	-	
400m	, 2012 (12),	116.	5:36.39		F-00 00	96%	-
100m				325	5:30 00	3070	
100111		116.	0.00.00	325	5:30.00 1:26.50	-	
200m		110.	0.00.00			-	
200m	, 2011 (13),	110.	0.00.00	-	1:26.50 2:55.00		-
200m 100m	, 2011 (13),	116.	0.00.00	- - -	1:26.50 2:55.00 1:04.70		-
200m 100m 400m	, 2011 (13),	110.	0.00.00	- - -	1:26.50 2:55.00 1:04.70 5:12.00		-
200m 100m		116.	5.50.55	- - -	1:26.50 2:55.00 1:04.70		-
200m 100m 400m 200m 400m		116.	5.50.55	- - -	1:26.50 2:55.00 1:04.70 5:12.00 2:45.00		-
200m 100m 400m 200m 400m 100m		116.	5.50.55	:	1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00		-
200m 100m 400m 200m 400m	, 2010 (14),	116.	5.50.55	: : :	1:26.50 2:55.00 1:04.70 5:12.00 2:45.00		-
200m 100m 400m 200m 400m 100m 200m		110.	5.50.55		1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00		-
200m 100m 400m 200m 400m 100m	, 2010 (14),	110.	5.50.55	:	1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00		
200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	110.	5.50.55		1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00 5:16.00	- - - - - - - -	-
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14),				1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00 5:16.00 1:20.50 2:50.00	- - - - - - - - -	- - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	148.	6:35.76		1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00 5:16.00 1:20.50 2:50.00	- - - - - - - -	- - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),				1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00 5:16.00 1:20.50 2:50.00	- - - - - - - - -	- 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2011 (13),				1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00 5:16.00 1:20.50 2:50.00	- - - - - - - 102%	- 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),				1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00 5:16.00 1:20.50 2:50.00	- - - - - - - 102%	
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13),			199	1:26.50 2:55.00 1:04.70 5:12.00 2:45.00 4:47.00 1:08.00 2:28.00 5:16.00 1:20.50 2:50.00 6:40.58 1:33.00 3:10.00	- - - - - - - 102%	