%						
1010/	4.50.40	400	4 50 70	40	, 2011 (13),	400
101%	4:53.48 1:11.32	493	4:52.72	10.		400m 100m
- -	2:35.20	-				200m
	2.00.20				, 2011 (13),	200111
-	5:08.05	-			, == (),	400m
-	1:18.37	-				100m
105%	2:48.88	295	2:44.58	139.		200m
					, 2010 (14),	
103%	4:46.77	421	4:43.04			400m
103%	1:10.23 2:25.50	445	2:23.54	18.		100m 200m
10070	2.20.00	110	2.20.04	10.	, 2010 (14),	200111
-	5:03.12	_			, 2010 (11),	400m
-	1:09.93	-				100m
105%	2:40.19	342	2:36.69	91.		200m
					, 2010 (14),	
-	57.36	-				100m
108%	4:59.79 2:31.28	427	2:25.51	24.		400m 200m
10070	2.51.20	427	2.23.31	24.	, 2011 (13),	200111
99%	5:27.33	347	5:28.91	100.	, 2011 (13),	100m
-	1:14.81	-	0.20.01	100.		100m
-	2:46.39	-				200m
					, 2010 (14),	
-	4:56.97	-				100m
- 105%	1:14.87 2:34.33	387	2:30.38	55.		00m 200m
10576	2.34.33	307	2.30.30	33.	, 2010 (14),	.00111
100%	4:47.31	401	4:47.74		, 2010 (14),	-00m
10070	1:08.10	-	4.47.74			00m
99%	2:32.09	371	2:32.51	66.		:00m
					, 2012 (12),	
97%	5:44.42	288	5:49.98	132.		100m
- -	1:21.94	-				00m
-	2:59.66	-			, 2010 (14),	200m
_	58.01	_			, 2010 (14),	00m
_	4:50.47	_				100m
102%	2:34.12	368	2:32.86	70.		:00m
					, 2011 (13),	
	1:02.34	-				00m
101%	4:42.01	560	4:40.55	3.		100m
-	2:38.03	-			, 2011 (13),	200m
102%	4:51.80	515	4:48.49	7.	, 2011 (13),	100m
102/6	1:11.90	-	7.70.73	٠.		100m
-	2:33.50	-				200m
					, 2011 (13),	
101%	5:21.89	374	5:20.92	80.		100m
=	1:19.46	-				00m
-	2:51.06	-			, 2010 (14),	00m
	59.01	-			, 2010 (14),	00m
-	4:57.39	-				00m
106%	2:32.60	404	2:28.24	35.		00m
					, 2011 (13),	
-	1:09.62	-				00m
101%	5:21.68	375	5:20.52	78.		00m
-	2:52.65	-			2011 (12 \	:00m
103%	4:49.60	410	4:45.51		, 2011 (13),	100m
103%	1:13.73	410	7.73.31			100m
104%	2:32.11	395	2:29.38	44.		200m
					, 2011 (13),	
98%	5:24.80	349	5:28.41	99.	, (- , , ,	100m
_	1:27.21	-				100m
-	2:47.65	-				200m

	2010 (11						4
400	, 2010 (14),		4.44.45	400	4.40.70	000/	1
400m 100m			4:41.45	428 -	4:40.73	99%	
200m		8.	2:19.37	486	1:02.37 2:21.20	103%	
200111	, 2010 (14),	0.	2.19.57	400	2.21.20	10376	1
400	, 2010 (14),				4.54 47		,
400m 100m				-	4:51.47 1:05.79	-	
200m		75.	2:34.02	360	2:34.41	101%	
200111	, 2010 (14),	75.	2.54.02	300	2.54.41	10176	2
400m	, 2010 (14),		4:43.35	420	1.17.21	1039/	2
100m			4.43.33	420	4:47.34 1:02.00	103%	
200m		15.	2:22.47	455	2:25.11	104%	
200111	, 2011 (13),	10.	2.22.71	100	2.20.11	10170	_
400m	, 2011 (13),	20.	4:58.98	463	1.57 /1	99%	_
100m		20.	4.30.90	403	4:57.41 1:17.17	99%	
200m				-	2:35.78	_	
200	, 2011 (13),				2.000		_
100m	, 2011 (10),			_	1:07.49	_	
400m		54.	5:11.71	408	5:08.16	98%	
200m		01.	0.11.71	-	2:53.06	-	
	, 2010 (14),						1
400m	, 2010 (11),			-	5:11.54	_	•
100m				-	1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						1
400m	, - (-),	68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m				-	2:41.48	-	
							8
	, 2012 (12),						1
100m	, 2012 (12),				1:11.43		,
400m		50.	5:10.60	412	5:16.95	104%	
200m		50.	3.10.00	-	2:51.60	-	
200111	, 2010 (14),				2.01.00		_
100m	, 2010 (11),			_	56.28	_	
400m			4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m	, 2012 (12),	66.	5:17.24	387	5:12.74	97%	
100m		00.	02	-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14),						_
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.10	-	
400m				-	4:50.45	-	
	, 2010 (14),						-
400m	, ,,		4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						1
400m		74.	5:19.44	379	5:20.36	101%	
100m				-	1:13.26	-	
200m				-	2:46.21	-	
	, 2010 (14),						1
400m			4:51.27	386	4:49.08	99%	
100m				-	1:07.68	-	
200m		51.	2:30.31	387	2:30.54	100%	
	, 2012 (12),						1
100m	·			-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
200m				-	2:47.40	-	
	, 2012 (12),						1
100m				-	1:08.40	-	
400m		62.	5:14.32	398	5:15.16	101%	
200m				-	2:51.08	=	
	, 2010 (14),						-
100m				-	1:01.11		
400m		70	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),						1
400m		21.	4:59.81	459	5:00.52	100%	
100m				-	1:14.84	-	
200m	0044 (40			-	2:41.53	-	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m				-	2:39.00	-	

400	, 2010 (14),				4.54.04		-
400m 100m				-	4:51.04 1:05.26	-	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						1
400m	, , , , , ,		4:35.80	455	4:36.00	100%	
100m				-	1:07.50	-	
200m	2012 (12	40.	2:28.96	398	2:28.50	99%	4
100	, 2012 (12),	07	E.07.0E	252	E-00 70	4040/	1
400m 100m		97.	5:27.25	353	5:28.72 1:20.44	101%	
200m				-	2:52.24	-	
	, 2011 (13),						-
400m	•	63.	5:16.47	390	5:12.90	98%	
100m				-	1:11.34	-	
200m	2010 (14			-	2:44.44	-	
100m	, 2010 (14),			-	59.24	-	-
400m			4:35.12	459	4:31.41	97%	
200m		86.	2:36.14	346	2:33.34	96%	
	, 2010 (14),						-
400m				-	4:50.50	-	
100m		40	0.00.00	-	1:16.20	-	
200m	, 2010 (14),	46.	2:29.60	393	2:29.00	99%	_
400m	, 2010 (14),		4:32.52	472	4:32.06	100%	_
100m			4.02.02	-	1:00.00	-	
200m		7.	2:18.80	492	2:17.73	98%	
	, 2011 (13),						-
400m		89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							18
	, 2011 (13),						-
100m	, 2011 (10),			_	1:01.00	-	
400m				-	5:12.00	-	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						-
100m		00	F:04.46	-	1:10.00	- OE0/	
400m 200m		90.	5:24.46	362	5:17.00 2:52.00	95%	
200111	, 2010 (14),				2.02.00		1
100m	, == (, , , , , , , , , , , , , , , , ,			-	1:01.00	-	-
400m			4:42.02	426	4:43.00	101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12),						1
100m 400m				-	1:05.00 5:03.00	-	
200m		132.	2:43.49	301	2:45.00	102%	
	, 2012 (12),						-
400m		65.	5:17.11	388	5:06.00	93%	
100m				-	1:12.90	-	
200m	2044 /42			-	2:46.00	-	
100m	, 2011 (13),				1:09.00	-	-
400m		77.	5:20.22	376	5:17.90	99%	
200m			0.20.22	-	2:49.60	-	
	, 2012 (12),						-
400m	•	104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m	, 2010 (14),			-	2:49.60	-	1
400m	, 2010 (17),			-	4:56.38	-	'
100m				-	1:13.64	-	
200m		27.	2:26.65	417	2:27.94	102%	
	, 2011 (13),						1
100m		4.4	E.07.47	- 42E	1:05.50	1059/	
400m 200m		41.	5:07.47	425	5:15.00 2:46.00	105%	
_00111	, 2010 (14),				5.00		_
100m	,			-	59.95	-	
400m 200m		125.	2:41.98	310	4:54.00 2:36.00	93%	

	, 2010 (14),					-
400m				-	5:04.00	-
100m		70	0.04.70	-	1:15.00	-
200m	, 2011 (13),	79.	2:34.76	355	2:33.00	98%
100m	, 2011 (13),			-	1:05.00	<u>.</u>
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
	, 2010 (14),					1
400m				-	4:58.00	-
100m 200m		81.	2:34.91	354	1:18.00 2:38.35	104%
	, 2012 (12),					-
400m	, == (== /,	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	-
200m	2040 (44			-	2:54.00	-
100m	, 2010 (14),				1:00.00	-
400m			4:51.10	387	1:00.00 4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m				-	4:58.00	-
100m 200m		127.	2:42.29	200	1:10.00	- 96%
200111	, 2012 (12),	127.	2.42.29	308	2:38.60	1
400m	, 2012 (12),	140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m				-	3:14.00	-
	, 2010 (14),					1
400m 100m			4:35.84	455 -	4:41.90 1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					-
400m	, , ,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m	2011 (12			-	2:36.17	=
400m	, 2011 (13),			-	4:53.00	_
100m				-	1:09.00	-
200m		138.	2:44.35	296	2:42.00	97%
	, 2012 (12),					-
400m		126.	5:44.55	302	5:40.00	97%
100m 200m				-	1:25.00 2:58.00	-
200111	, 2012 (12),				2.00.00	1
400m	, , , , , , , , , , , , , , , , , , , ,	92.	5:25.53	358	5:31.00	103%
100m				-	1:17.50	-
200m	2012 (12			-	2:57.00	-
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	1 109%
100m		137.	3.33.33	-	1:35.00	10376 -
200m				-	3:03.74	-
	, 2010 (14),					-
400m				-	4:52.00	-
100m 200m		151.	2:53.07	- 254	1:10.00 2:45.00	91%
	, 2012 (12),	- **				1
100m	, - (),			-	1:05.00	-
400m		18.	4:58.44	465	5:05.50	105%
200m	, 2010 (14),			-	2:40.14	=
400m	, 2010 (14),			-	5:20.00	<u>.</u>
100m				-	1:09.00	-
200m		146.	2:47.48	280	2:41.00	92%
	, 2011 (13),					-
400m		86.	5:21.67	371	5:14.45	96%
100m 200m				-	1:23.21 2:43.34	- -
	, 2011 (13),				5: ·	_
400m	, , , , , , , , , , , , , , , , , , , ,	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	2011 (12)			-	2:50.00	-
400m	, 2011 (13),	128.	5:46.63	297	5:30.00	91%
100m		120.	5.70.03	-	1:17.00	91%
200m				-	2:53.00	-

	0040 (44						_
100m	, 2010 (14),			_	58.79	-	-
400m			4:56.39	367	4:50.00	96%	
200m		85.	2:35.94	347	2:35.29	99%	
	, 2011 (13),					1	1
400m		55.	5:11.97	407	5:19.78	105%	
100m				-	1:11.45	-	
200m	2042 (42			-	2:41.12	-	
400	, 2012 (12),	50	5.40.00	400	5.40.00		-
400m 100m		58.	5:13.29	402	5:10.00 1:16.00	98%	
200m				-	2:50.00	- -	
	, 2013 (11),						_
400m	, (145.	6:18.95	227	6:02.00	91%	
100m				-	1:29.00	-	
200m				-	3:10.00	-	
	, 2010 (14),						-
400m				-	4:56.00	-	
100m 200m		130.	2:42.95	304	1:08.00 2:42.00	99%	
200111	, 2011 (13),	100.	2.42.00	304	2.42.00	3370	_
400m	, 2011 (10),	22.	5:00.79	454	4:55.76	97%	
100m			0.00.70	-	1:10.23	-	
200m				-	2:35.69	-	
	, 2013 (11),					1	ĺ
400m		101.	5:29.00	347	5:30.00	101%	
100m				-	1:17.00	-	
200m	0040 (40			-	2:53.00	-	
400	, 2012 (12),				F-00 00	•	-
400m 100m				-	5:00.00 1:10.50	-	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),					1	ı
100m	, - (- ,,			-	1:08.00	-	
400m		70.	5:18.02	384	5:24.00	104%	
200m				-	2:47.00	-	
	, 2013 (11),					1	İ
400m		122.	5:42.96	306	5:43.00	100%	
100m				-	1:28.79	-	
200m	2012 (11			-	2:59.00	-	
100m	, 2013 (11),			_	1.09.00	1	1
400m		94.	5:26.73	354	1:08.00 5:35.00	105%	
200m		0	0.200	-	2:53.00	-	
	, 2012 (12),					1	l
400m		109.	5:32.34	337	5:36.00	102%	
100m				-	1:22.50	-	
200m				-	2:58.00	-	
400	, 2011 (13),				4 == 00		-
400m 100m				-	4:55.00 1:09.00	- -	
200m		121.	2:41.65	311	2:35.00	92%	
_001	, 2010 (14),		2.11.00	0.1	2.00.00	3270	ı
400m	, \ //			-	5:00.00	- -	
100m				-	1:05.50	-	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),					•	-
100m			=	-	1:05.90	-	
400m		61.	5:14.16	399	5:14.00	100%	
200m	, 2012 (12),			-	2:46.00	-	
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	_
100m		25.	3.00.04	-	1:15.60	10078	
200m				-	2:34.33	-	
	, 2010 (14),					1	l
400m				-	5:20.00	-	
100m				-	1:11.00	-	
200m		126.	2:42.08	309	2:44.00	102%	
						45	-
	0040 /44					15	
400	, 2010 (14),				FF 00	2	<u> </u>
100m 400m			4.3E 00	- 502	55.22 4:32.45	- 104%	
200m		14.	4:26.99 2:22.46	502 455	4:32.45 2:25.42	104%	
			•			.3.,0	

	2011 (12					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m				-	1:22.72	-
200m	, 2012 (12),			-	2:47.38	-
400m	, 2012 (12),	52.	5:11.42	409	5:11.20	100%
100m		52.	5.11.42		1:19.71	-
200m				-	2:45.10	-
	, 2010 (14),					2
400m 100m			4:38.39	443	4:43.78	104%
200m		31.	2:27.12	413	1:15.65 2:27.24	100%
	, 2011 (13),					-
400m	, , ,			-	5:02.18	-
100m		400	0.44.00	-	1:14.97	-
200m	, 2011 (13),	136.	2:44.26	297	2:38.82	93%
100m	, 2011 (10),			-	1:05.00	_
400m		56.	5:13.06	403	5:10.00	98%
200m				-	2:48.00	-
400	, 2010 (14),			=00	4.40.00	1
400m 100m			4:17.49	560	4:10.30 1:02.52	94%
200m		10.	2:20.18	478	2:22.10	103%
	, 2010 (14),					1
100m				-	1:04.00	-
400m 200m		90.	2:36.52	343	4:53.44 2:39.02	- 103%
200111	, 2010 (14),	30.	2.30.32	343	2.39.02	2
400m	, 2010 (11),		4:08.68	621	4:09.73	101%
100m				-	1:05.00	-
200m	2042 (42	1.	2:07.95	629	2:13.50	109%
400m	, 2012 (12),	59.	5:13.52	401	5:10.78	98%
100m		39.	3.13.32	-	1:14.00	-
200m				-	2:47.46	-
	, 2011 (13),					-
400m				-	5:02.39	-
100m 200m		122.	2:41.73	- 311	1:13.50 2:40.24	98%
	, 2011 (13),					1
100m				-	1:11.46	<u>=</u>
400m 200m		32.	5:04.87	436	5:12.37 2:52.37	105%
200111	, 2011 (13),			-	2.52.57	1
400m	, 2011 (10),	11.	4:53.33	490	4:55.57	102%
100m				-	1:12.97	-
200m	0044 (40			-	2:33.78	-
400m	, 2011 (13),	53.	5:11.69	408	F:24 16	1 108%
100m		55.	5.11.09	406	5:24.16 1:15.63	100%
200m				-	2:45.16	<u>=</u>
	, 2010 (14),					-
400m				-	4:53.24	-
100m	, 2010 (14),			-	1:09.17	1
100m	, 2010 (14),			-	1:02.18	- '
400m				-	5:00.24	=
200m	2011 (12	93.	2:37.15	339	2:41.49	106%
400	, 2011 (13),	400	F:04 70	222	5:40.00	000/
400m 100m		106.	5:31.72	339	5:18.20 1:15.73	92%
200m				-	2:40.40	-
	, 2010 (14),					1
100m			4.40.0=	-	1:00.20	-
400m 200m		63.	4:42.97 2:31.60	422 378	4:46.76 2:29.33	103% 97%
200III	, 2011 (13),	03.	2.31.00	318	۷.۲۵.۵۵	97%
100m	, 2011 (10),			-	1:05.89	-
400m		64.	5:17.06	388	5:20.16	102%
200m	0044 (40			-	2:51.94	-
400	, 2011 (13),	40	E.10.14	111	F:10 44	1039/
400m 100m		48.	5:10.11	414 -	5:12.44 1:15.06	102% -
200m				-	2:46.53	-

	, 2011 (13),							1
400m				-	4:51.26		-	
100m		7.4	0.00.00	-	1:04.54		4000/	
200m	, 2010 (14),	74.	2:33.83	361	2:35.86		103%	
400	, 2010 (14),				4.50.00			-
400m	2012 (12			-	4:58.08		-	
400	, 2012 (12),				4.04.74			-
100m				-	1:24.71 2:41.68		-	
200m	, 2010 (14),			-	2.41.00		-	_
400m	, 2010 (14),		4:30.49	483	4:28.87	25.04.2024	99%	_
100m			1.00.10	-	1:04.92	29.03.2024	-	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							2
400m	, (4:18.37	554	4:21.07	25.04.2024	102%	
100m				-	1:02.09	26.04.2024	-	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m				-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	2040 (44			-	3:03.57		-	
400	, 2010 (14),				50.54	00.04.0004		-
100m 400m			4:28.25	495	56.54 4:22.37	26.04.2024 25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
200	, 2010 (14),	0.	2	000	22	2	0070	1
100m	, == := (:: /,			-	1:01.04		_	•
400m				-	4:58.23		-	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m				-	1:11.63		-	
400m		119.	5:39.67	315	5:41.67		101%	
200m	2014 (12			-	2:57.97		-	
	, 2011 (13),							-
100m		69.	E.47.47	-	1:07.27		1000/	
400m 200m		69.	5:17.47	386	5:16.74 2:48.80		100%	
200111	, 2010 (14),			_	2.40.00		_	_
400m	, 2010 (14),			-	4:50.62		_	
100m				_	1:04.31		-	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							-
400m	, , , , , , , , , , , , , , , , , , , ,	39.	5:06.09	431	5:03.05		98%	
100m				-	1:09.13		-	
200m	2014 (42			-	2:42.47		-	
400	, 2011 (13),	7.5	5 40 5 4	070	5 05 00	04.04.0004	40.40/	1
400m 100m		75.	5:19.74	378	5:25.39 1:15.43	24.04.2024 26.04.2024	104%	
200m				-	2:44.59	22.06.2023	-	
200111	, 2010 (14),				2.11.00	22.00.2020		1
100m	, 2010 (11),			_	1:02.92	26.04.2024	_	'
400m				-	5:07.80	25.04.2024	-	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							1
400m				-	4:55.65	25.04.2024	-	
100m		5 0	0.00.00	-	1:20.23	26.04.2024	-	
200m	2044 (42	59.	2:30.99	382	2:33.67	24.04.2024	104%	
400	, 2011 (13),				4 00	00.04.00= :		-
100m 400m				-	1:03.95	26.04.2024	-	
+00111	, 2011 (13),			-	4:53.13	25.04.2024	-	
400m	, 2011 (13),	67.	5:17.33	387	5:12.70		97%	-
400m		07.	0.17.00	307	1:13.24		3170 -	
200m				-	2:41.91		-	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:55.78	25.04.2024	-	-
100m				-	1:18.07	26.04.2024	-	
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%	
	, 2011 (13),							-
400m		57.	5:13.27	402	5:07.61		96%	
100m				-	1:18.86		- -	
200m	, 2010 (14),			-	2:43.95		-	2
100~	, 2010 (14),				1.06.22	26.04.2024		2
100m 400m			4:43.61	419	1:06.23 4:46.97	26.04.2024 25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		102%	
		• •	···					

	2010 (11							4
400m	, 2010 (14),			-	4:56.78		-	1
100m				-	1:12.94		-	
200m		89.	2:36.50	343	2:39.46		104%	
	, 2011 (13),							1
400m 100m				-	5:06.52 1:20.24		-	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m	, , , , , , , , , , , , , , , , , , , ,	60.	5:13.71	400	5:11.05		98%	
100m				-	1:11.42		-	
200m	2044 (42			-	2:44.78		-	4
100m	, 2011 (13),			_	1:00.75	26.04.2024	_	1
400m				-	4:55.91	25.04.2024	-	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m			4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	- 444	1:07.57 2:23.78		100%	
200111	, 2010 (14),	10.	2.20.00	• • • • • • • • • • • • • • • • • • • •	2.20.70		10070	_
100m	, 2010 (11),			-	1:02.09		_	
400m			4:51.06	387	4:40.19		93%	
200m	0040 (40	95.	2:37.40	337	2:35.73		98%	
400	, 2012 (12),				4.00.45			-
100m 400m		73.	5:18.55	382	1:06.45 5:15.39		- 98%	
200m		70.	0.10.00	-	2:50.71		-	
	, 2011 (13),							1
100m	·			-	1:00.60		-	
400m		445	2.40.00	-	4:52.60		-	
200m	, 2011 (13),	115.	2:40.90	316	2:44.00		104%	1
100m	, 2011 (10),			-	1:05.45	26.04.2024	_	'
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m				-	2:44.93	25.04.2024	-	
	, 2012 (12),							-
400m 100m				-	5:10.60 1:22.81	25.04.2024 26.04.2024	-	
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%	
	, 2010 (14),							-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:15.13	25.04.2024	-	
100m		440	0.44.44	-	1:20.61	28.03.2024	-	
200m	, 2011 (13),	116.	2:41.11	315	2:38.12	24.04.2024	96%	_
400m	, 2011 (10),	113.	5:35.23	328	5:24.88		94%	
100m				-	1:21.65		-	
200m				-	2:52.72		-	
	, 2010 (14),							2
400m 100m			4:41.84	427	4:48.82 1:17.47		105%	
200m		29.	2:26.83	416	2:32.09		107%	
	, 2010 (14),							-
400m				-	4:52.60		-	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
200111	, 2012 (12),	03.	2.02.03	370	2.27.00		9576	1
100m	, 2012 (12),			-	1:04.40	28.03.2024	-	'
400m				-	4:55.47	25.04.2024	-	
200m	0040 (44	102.	2:38.56	330	2:41.13	24.04.2024	103%	
400=	, 2010 (14),		4.00.07	40.4	4.06.00		000/	1
400m 100m			4:28.37	494	4:26.36 1:01.56		99%	
200m		3.	2:15.53	529	2:16.53		101%	
	, 2011 (13),							-
400m	•	85.	5:21.42	372	5:19.67		99%	
100m				-	1:12.01		-	
200m	, 2010 (14),			-	2:38.51		-	
400m	, 2010 (14),		4:47.64	401	4:47.50		100%	-
100m			1.77.07	-	1:12.80		-	
200m		22.	2:25.16	430	2:22.60		97%	
	, 2011 (13),							-
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		-	

	2042 (42							
100m	, 2012 (12),			_	1:03.95	26.04.2024	_	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	2242 (42			-	2:42.67		-	
400	, 2012 (12),	400	5 50 0 7	070	0.00.07	04.04.0004	40.40/	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104% -	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m		40	5-40.45	-	1:06.87		4050/	
400m 200m		49.	5:10.15	414 -	5:17.13 2:41.97		105% -	
	, 2011 (13),							1
100m	, , , ,			-	1:04.58		-	
400m 200m		117.	2:41.17	314	5:01.18 2:41.79	25.04.2024 24.04.2024	- 101%	
200111	, 2011 (13),	117.	2.41.17	314	2.41.79	24.04.2024	10176	_
400m	, == (,,	91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m	, 2011 (13),			-	2:53.69		-	
400m	, 2011 (13),			-	5:13.38		_	-
100m				-	1:28.91		-	
200m	2011 (12	149.	2:49.23	271	2:44.49		94%	
400m	, 2011 (13),	24.	5:01.70	4F0	E:02 2E		101%	1
100m		24.	5.01.70	450	5:03.35 1:07.74		10176	
200m				-	2:39.68		-	
	, 2012 (12),							-
400m 100m		138.	5:54.90	276	5:54.14 1:21.59	24.04.2024 26.04.2024	100%	
200m				-	3:02.87	25.04.2024	-	
	, 2010 (14),							1
100m			4.45.40	-	54.12		-	
400m 200m		2.	4:15.42 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14),		2.12.00	001	2.12.70		10070	1
400m	, , , , , , , , , , , , , , , , , , , ,		4:44.83	413	4:42.10	25.04.2024	98%	
100m 200m		13.	2:21.78	- 462	1:09.79	26.04.2024 24.04.2024	1020/	
200111	, 2013 (11),	13.	2.21.76	402	2:23.12	24.04.2024	102%	1
400m	, 2010 (11),	108.	5:32.14	337	5:39.66		105%	•
100m				-	1:34.94		-	
200m	, 2011 (13),			-	2:56.62		-	1
400m	, 2011 (13),	105.	5:31.45	339	5:32.47		101%	'
100m			0.011.0	-	1:25.17		-	
200m	0040 (40			-	2:55.64		-	
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	-
100m		112.	5.35.22	320	1:22.25	26.04.2024	9176	
200m				-	3:05.11	25.04.2024	-	
400	, 2011 (13),	7.4	5.40.40	004	54404	00.44.0000	000/	-
400m 100m		71.	5:18.19	384	5:14.84 1:22.53	23.11.2023 23.11.2023	98%	
200m				-	2:43.30	25.04.2024	-	
	, 2012 (12),							-
400m 100m		84.	5:21.41	372	5:21.05	24.04.2024 26.04.2024	100%	
200m				-	1:15.63 2:45.78	25.04.2024	-	
	, 2012 (12),							1
400m		28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m 200m				-	1:13.60 2:49.88	26.04.2024 25.04.2024	-	
	, 2010 (14),					-		2
100m	•			-	1:02.55		-	
400m 200m		84.	4:47.24 2:35.53	403 350	4:49.66 2:38.32		102% 104%	
200111	, 2011 (13),	04.	2.55.55	330	2.00.02		104/0	_
100m	,			-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	, 2012 (12),			-	2:39.16	25.04.2024	-	4
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	1
100m			- 	- -	1:15.24		-	
200m				-	2:51.65		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	,
100m				-	1:22.27		-	
200m	2012 (12			-	2:40.76		-	4
400m	, 2012 (12),	136.	5:52.85	201	E-E0 CC		1020/	1
400m 100m		130.	5.52.65	281 -	5:58.66 1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14),							-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							1
400m			4:40.00	435	4:46.52		105%	
100m 200m		28.	2:26.71	- 417	1:04.59 2:24.49		97%	
	, 2012 (12),							-
400m		125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m 200m				-	1:29.97 2:50.20	19.04.2024 25.04.2024	-	
200111	, 2011 (13),				2.00.20	20.01.2021		1
400m	, - (- ,,	111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m				-	1:18.51	26.04.2024	-	
200m	, 2010 (14),			-	3:02.43	25.04.2024	-	1
400m	, 2010 (11),			-	5:35.50	25.04.2024	-	•
100m		440	0.40.45	-	1:15.19	26.04.2024	-	
200m	, 2011 (13),	112.	2:40.45	318	2:45.47	24.04.2024	106%	_
100m	, 2011 (13),			-	1:04.60	26.10.2023	_	_
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m	, 2011 (13),			-	2:34.71	22.11.2023	-	1
100m	, 2011 (10),			-	1:18.22	24.11.2023	-	•
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	, 2011 (13),			-	2:59.25	25.04.2024	-	1
100m	, 2011 (13),			-	1:01.70		_	
400m			4:43.10	421	4:42.00		99%	
200m	2040 (44	110.	2:39.84	322	2:42.00		103%	
400m	, 2010 (14),		4:41.88	426	4:40.20		99%	-
100m				-	1:08.47		-	
200m	2011 (12	58.	2:30.84	383	2:29.71		99%	
400m	, 2011 (13),			_	4:50.48		_	-
100m				-	1:08.99		-	
200m	0044 (40	96.	2:37.44	337	2:35.31		97%	
400m	, 2011 (13),	120.	5:40.49	313	5:43.73		102%	1
100m		120.	3.40.43	-	1:17.03		-	
200m	0040 (44			-	2:56.19		-	
100m	, 2010 (14),			_	59.64		_	1
400m				-	4:51.18		-	
200m	0044 (40	16.	2:22.56	454	2:25.57		104%	
400m	, 2011 (13),	30.	5:04.55	438	5:16.65	24.04.2024	108%	1
100m		30.	3.04.33	-	1:19.49	26.04.2024	10076	
200m				-	2:39.45	25.04.2024	-	
400m	, 2010 (14),			-	5:02.94		_	1
100m				-	1:11.66		-	
200m	0040 (40	120.	2:41.59	312	2:42.38		101%	
400m	, 2012 (12),			-	5:00.14	25.04.2024	_	-
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							1
100m				-	1:04.73	28.03.2024	-	
400m 200m		103.	2:38.60	330	4:56.66 2:45.39	27.03.2024 16.06.2023	109%	
	, 2011 (13),							-
400m 100m		46.	5:09.47	417	5:05.80 1:11.00		98%	
200m				-	2:39.70		-	

00m	, 2010 (14),			-	55.65	26.04.2024	_
100m			4:28.47	494	4:30.00	25.04.2024	101%
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%
	, 2010 (14),						
100m	, (-	5:04.79		-
00m				-	1:14.56		-
00m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14),						
00m	, ,			-	1:04.13		-
100m				-	4:53.89		-
:00m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13),						
00m				-	5:03.36	25.04.2024	-
00m				-	1:11.34	26.04.2024	-
00m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11),						
00m		144.	6:15.17	234	6:23.56	24.04.2024	105%
00m				-	1:38.18	26.04.2024	-
00m				-	3:46.50	06.12.2023	-
	, 2011 (13),						
00m				-	1:06.34		-
00m		,	a 44 ==	-	5:06.72		-
00m	0044 (40	123.	2:41.79	311	2:43.15		102%
	, 2011 (13),						
00m				-	1:06.69	07.12.2023	-
00m		100	2.42.00	-	5:15.49	27.03.2024	1000/
00m	0040 (4.4	129.	2:42.90	304	2:50.21	24.04.2024	109%
00	, 2010 (14),		4.00.00		4.40.00	05.04.0004	4040/
00m			4:38.83	441	4:40.20 1:03.07	25.04.2024 26.04.2024	101%
00m	2014 (12			-	1.03.07	20.04.2024	-
00	, 2011 (13),				4 00 40		
00m 00m			4:39.41	438	1:00.12 4:43.97		103%
OOIII	2011 (12		4.33.41	430	4.43.31		10376
00	, 2011 (13),				F 47.00	05.04.0004	
00m				-	5:17.90	25.04.2024	-
00m 00m		142.	2:45.74	289	1:15.34 2:48.64	26.04.2024 24.04.2024	104%
	, 2010 (14),	172.	2.70.17	203	2.40.04	27.07.2027	10470
00m	, 2010 (14),			_	5:11.10	23.11.2023	_
00m				-	1:10.36	20.11.2020	-
00m		80.	2:34.81	355	NT		-
-	, 2010 (14),						
00m	, (/)			-	59.62	26.04.2024	-
00m			4:46.80	405	4:37.90	25.04.2024	94%
00m		33.	2:27.57	410	2:27.45	24.04.2024	100%
	, 2012 (12),						
-00m		110.	5:34.37	331	5:26.57		95%
00m				-	1:20.12		-
00m				-	2:54.00		-
	, 2011 (13),						
00m				-	1:00.03		-
00m			4:41.84	427	4:42.88		101%
00m		83.	2:35.11	353	2:33.34		98%
	, 2011 (13),						
00m		_	4.50.00	-	59.14		-
00m		8.	4:52.02	496	4:49.86		99%
00m	2012 (12			-	2:29.93		-
	, 2012 (12),	440	E.20.24	240	E.47 70	24.04.2024	4050/
		118.	5:39.24	316	5:47.72	24.04.2024	105%
00m				-	1:21.52 3:01.82	26.04.2024 25.04.2024	
00m 00m					J.U. 1.UZ		
00m 00m	2011 (13 \			-			
00m 00m 00m	, 2011 (13),	4	A:26 04			24.04.2024	1020/
00m 00m 00m	, 2011 (13),	1.	4:36.01	588	4:40.15	24.04.2024	103%
00m 00m 00m 00m 00m	, 2011 (13),	1.	4:36.01	588 -	4:40.15 1:05.31	26.04.2024	103%
00m 00m 00m 00m		1.	4:36.01	588	4:40.15		-
00m 00m 00m 00m 00m	, 2011 (13), , 2011 (13),	1.	4:36.01	588 - -	4:40.15 1:05.31 2:31.57	26.04.2024	-
00m 00m 00m 00m 00m 00m		1.	4:36.01	588 - -	4:40.15 1:05.31 2:31.57 5:00.56	26.04.2024	-
00m 00m 00m 00m 00m 00m 00m				588 - - -	4:40.15 1:05.31 2:31.57 5:00.56 1:10.64	26.04.2024	- - -
00m 00m 00m 00m 00m 00m 00m	, 2011 (13),	1.	4:36.01 2:39.77	588 - -	4:40.15 1:05.31 2:31.57 5:00.56	26.04.2024	-
00m 00m 00m 00m 00m 00m 00m 00m				588 - - - - - 323	4:40.15 1:05.31 2:31.57 5:00.56 1:10.64 2:39.17	26.04.2024	- - - - 99%
00m 00m 00m 00m 00m 00m 00m 00m 00m	, 2011 (13),			588 - - -	4:40.15 1:05.31 2:31.57 5:00.56 1:10.64	26.04.2024	- - -

	, 2010 (14),							2
100m	, 2010 (14),			_	58.78		_	
400m			4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	
200111	, 2011 (13),	32.	2.27.10	410	2.55.74		10370	1
400	, 2011 (13),	70	F 00 70	075	5.00.00	07.00.0004	4000/	
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%	
100m				=	1:27.32	26.04.2024	-	
200m	2011 (12			-	2:52.36	25.04.2024	-	
400	, 2011 (13),				=			-
400m				-	5:06.86		-	
100m		00	0.07.70	-	1:20.91		4000/	
200m	0044 (40	98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m			5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	
	, 2011 (13),							1
100m				-	1:05.35	26.04.2024	-	
400m				-	4:59.54	25.04.2024	-	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m			4:40.52	433	4:43.30		102%	
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13),							1
400m		124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m				-	2:57.06		-	
	, 2012 (12),							-
400m		38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m				-	2:41.99		-	
	, 2013 (11),							1
400m	, , , , , , , , , , , , , , , , , , , ,	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m				-	2:59.30		-	
	, 2011 (13),							_
400m	, ==::(:=),	4.	4:40.74	559	4:37.71		98%	
100m		٦.	4.40.74	-	1:04.81		-	
200m				-	2:27.89		-	
	, 2010 (14),							_
100m	, =0.0 (),			_	1:08.86	26.04.2024	_	
400m				_	5:34.76	25.04.2024	_	
200m		152.	2:57.84	234	2:37.96	20.04.2024	79%	
	, 2010 (14),							1
400m	, 2010 (14),				4:52.68			•
100m				-	1:18.06		_	
200m		52.	2:30.33	387	2:31.09		101%	
200111	, 2010 (14),	02.	2.50.55	301	2.01.00		10170	1
100	, 2010 (14),				F0 F0			
100m		F0	2.20.22	-	59.59		4040/	
200m	2011 (12	50.	2:30.23	388	2:32.95		104%	
400	, 2011 (13),				F0 17	00.04.0004		-
100m		-	4.44.57	- F26	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	2044 (42			-	2:31.66	25.04.2024	-	
	, 2011 (13),							1
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m	0040 (40			-	2:24.20	25.04.2024	-	
,	, 2012 (12),							-
100m					1:18.15	26.10.2023		
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m				-	2:56.24	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m				-	2:33.58	25.04.2024	-	
	, 2010 (14),							-
400m	•			-	5:30.90	25.04.2024	-	
100m				-	1:13.92	26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14),							1
400m	·		4:54.88	372	4:48.30		96%	
100m				-	1:05.77		-	
200m		39.	2:28.77	400	2:30.91		103%	

	2014 (42							4
100m	, 2011 (13),			-	1:03.15		_	1
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	
	, 2011 (13),							1
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:55.83		-	
100m		56.	2:30.47	386	1:06.88 2:34.49		- 105%	
200m	, 2010 (14),	56.	2.30.47	300	2.34.49		105%	_
100m	, 2010 (14),			-	1:00.40		_	_
400m			4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	
400	, 2012 (12),	400			- 40 40	0.4.0.4.000.4	40004	1
400m 100m		130.	5:48.45	292	5:49.10 1:31.39	24.04.2024 28.03.2024	100%	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m		455	2.05.76	-	5:31.52		-	
200m	, 2011 (13),	155.	3:05.76	205	3:03.37		97%	_
400m	, 2011 (13),	35.	5:05.10	435	5:02.99		99%	-
100m		00.	0.001.0	-	1:22.25		-	
200m				-	2:47.42		-	
	, 2012 (12),							-
100m 400m		102.	5:30.10	344	1:11.00 5:29.94		100%	
200m		102.	3.30.10	-	2:49.79		-	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m	, 2010 (14),			-	2:57.50	25.04.2024	-	_
400m	, 2010 (14),		4:52.04	383	4:50.19	25.04.2024	99%	_
100m				-	1:18.29	06.10.2023	-	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13),							-
400m 100m				-	5:29.16 1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m				-	1:01.60		-	
400m 200m		100.	2:38.04	333	5:02.70 2:35.00		96%	
200111	, 2012 (12),	100.	2.30.04	333	2.33.00		9070	1
100m	, 2012 (12),			-	1:15.24		_	
400m		131.	5:49.82	289	6:01.03		107%	
200m	2044 (42			-	3:11.37		-	
400	, 2011 (13),	22	F:04.00	426	E-02 C0		000/	-
400m 100m		33.	5:04.98	436	5:03.60 1:10.20		99%	
200m				-	2:42.00		-	
	, 2011 (13),							-
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m 200m				-	1:10.18 2:42.57	26.04.2024 25.04.2024	-	
200111	, 2010 (14),			_	2.42.51	23.04.2024	_	_
400m	,		4:32.87	470	4:31.67		99%	
100m				-	1:02.45		-	
	, 2011 (13),							1
100m			4:41.18	- 430	59.64 4:38.57		98%	
400m 200m		54.	2:30.36	430 387	4:38.57 2:32.82		98% 103%	
200111	, 2010 (14),	o -1 .	2.00.00	501	2.02.02		10070	1
100m	, \ /1			-	1:00.66		-	=
400m		2.5		-	5:00.36		-	
200m	2014 (42	60.	2:31.10	381	2:33.70		103%	
400m	, 2011 (13),		4:46.42	406	4:45.95	25.04.2024	100%	-
400m			7.40.42	406	4:45.95 1:13.57	26.04.2024	100%	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	

	, 2010 (14),							_
400m	,,		4:44.83	413	4:40.19	25.04.2024	97%	
100m				-	1:07.31	26.04.2024	-	
200m	2011 (12	30.	2:27.05	414	2:25.73	24.04.2024	98%	4
100	, 2011 (13),				1.06.22			1
100m 400m		40.	5:06.89	428	1:06.33 5:12.55		104%	
200m		10.	0.00.00	-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	, 2010 (14),			-	2:34.65		-	1
400m	, 2010 (14),			-	5:05.04		_	'
100m				-	1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m			4:39.54	437	4:36.97	25.04.2024	98%	
100m 200m		47.	2:29.72	392	1:06.71 2:31.30	26.04.2024 24.04.2024	- 102%	
200	, 2012 (12),			552	2.01.00	2	.0270	1
400m	, 2012 (12),	129.	5:46.75	296	5:54.58	24.04.2024	105%	•
100m				-	1:35.68	26.04.2024	-	
200m	0040444			-	3:02.58	25.04.2024	-	
400	, 2010 (14),				. =			-
400m				-	4:56.26 1:06.63		-	
100m 200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	, 2012 (12),			-	3:06.71		-	4
100m	, 2012 (12),			-	1:15.15		_	1
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							2
400m			4:38.72	441	4:46.63		106%	
100m 200m		21.	2:25.04	431	1:06.13 2:29.10		106%	
200111	, 2012 (12),	21.	2.23.04	401	2.23.10		10070	1
400m	, 2012 (12),	142.	6:03.54	257	6:05.68	27.03.2024	101%	•
100m				-	1:34.62	28.03.2024	-	
200m	0040 (44			-	3:04.05	25.04.2024	-	
400	, 2010 (14),				F.0F 00			1
400m 100m				-	5:05.89 1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m				-	4:55.23	25.04.2024	-	
100m		C.F.	2.22.20	-	1:09.85	26.04.2024	-	
200m	, 2013 (11),	65.	2:32.39	372	2:29.44	24.04.2024	96%	1
400m	, 2010 (11),	143.	6:08.41	247	6:15.63		104%	
100m				-	1:27.90		-	
200m				-	3:02.71		-	
	, 2010 (14),							1
100m 400m				-	1:07.36 5:03.09	26.04.2024 25.04.2024	-	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								16
	, 2011 (13),							2
400m			4:30.41	483	4:32.58		102%	
100m 200m		34.	2:28.18	- 404	1:02.61 2:30.35		- 103%	
200m	, 2010 (14),	34.	2.20.10	404	۷.۵۵.۵۵		10370	
400m	, 2010 (14),		4:52.10	383	4:46.20		96%	-
100m				-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
400	, 2011 (13),	4-	4.50.00	40=	4 55 10		0001	-
400m 100m		17.	4:58.03	467 -	4:55.18 1:14.68		98%	
200m				-	2:40.38		-	

							_
	, 2011 (13),						-
400m		25.	5:02.37	447	4:56.03	96%	
100m				-	1:14.95		
200m	, 2012 (12),			-	2:47.54	-	1
400m	, 2012 (12),	6.	4:48.04	517	4:52.60	103%	•
100m		0.	4.40.04	-	1:08.29	-	
200m				-	2:35.61	-	
	, 2010 (14),						-
400m				-	5:07.65	-	
100m 200m		107.	2:39.51	324	1:18.39 2:37.36	97%	
200111	, 2011 (13),	107.	2.00.01	021	2.07.00	01.75	_
400m	,	51.	5:11.10	410	5:03.43	95%	
100m				-	1:22.64	-	
200m	2040 (40			-	2:40.55	-	
400	, 2012 (12),				5.00.00		-
400m 100m				-	5:03.99 1:12.38	- -	
200m		119.	2:41.52	312	2:41.04	99%	
	, 2012 (12),						-
100m	, ,			-	1:04.60	-	
400m		407	0.44.04	-	5:06.16	-	
200m	, 2011 (13),	137.	2:44.31	297	2:40.08	95%	1
100m	, 2011 (13),			_	1:04.92	-	•
400m		45.	5:08.76	420	5:09.05	100%	
200m				-	2:46.15	-	
	, 2011 (13),						1
100m		0.7	F-05 50	-	1:06.09	-	
400m 200m		37.	5:05.59	433	5:07.54 2:47.50	101%	
200111	, 2010 (14),				2.47.00		1
100m	, =0.0 (),			-	58.40	-	
400m				-	5:02.97	-	
200m		76.	2:34.04	360	2:35.53	102%	
100	, 2011 (13),	0.4	5.04.40	070	50404	1000/	1
400m 100m		81.	5:21.18	373 -	5:21.64 1:16.52	100%	
200m				- -	2:53.92	- -	
	, 2010 (14),						-
100m	, , , ,			-	1:04.14	-	
400m		404	0.44.04	-	5:03.00	-	
200m	, 2010 (14),	134.	2:44.04	298	2:42.92	99%	1
400m	, 2010 (14),		4:46.08	408	4:47.50	101%	'
100m			4140.00	-	1:05.50	-	
200m		71.	2:33.09	367	2:30.70	97%	
	, 2011 (13),						-
400m		34.	5:05.09	435	5:00.47	97%	
100m 200m				-	1:15.07 2:43.92	- -	
200111	, 2010 (14),				2.10.02		-
100m	, (),			-	1:05.23	-	
400m			5:00.14	353	4:49.66	93%	
200m	2044 (42	150.	2:49.32	271	2:40.00	89%	4
100	, 2011 (13),				1.05.75	-	1
100m 400m		31.	5:04.59	437	1:05.75 5:05.60	101%	
200m				-	2:53.11	-	
	, 2010 (14),						-
100m				-	58.71	-	
400m		20.	4:34.10	464	4:33.04	99% 97%	
200m	, 2010 (14),	۷٠.	2:23.82	442	2:21.32	31 70	_
400m	, 2010 (17),			-	4:55.07	-	
100m				-	1:20.35	-	
200m		133.	2:43.60	300	2:42.82	99%	
	- , 2012 (12),	_				1
400m		27.	5:03.89	440	5:10.25 1:14.03	104%	
100m 200m				-	1:14.03 2:40.09	-	
_00	, 2010 (14),						-
400m	, (/1			-	4:58.35	-	
100m				-	1:24.37	- -	
200m		128.	2:42.83	305	2:38.43	95%	

	2010 (11						2
400	, 2010 (14),		4-47-40	400	4:40.00	4040/	2
400m 100m			4:47.42	402	4:48.68 1:05.20	101%	
200m		26.	2:26.59	418	2:29.33	104%	
200111	, 2011 (13),	20.	2.20.00	410	2.23.00	10470	_
400m	, 2011 (10),	82.	5:21.20	373	5:11.48	94%	
100m		02.	0.21.20	-	1:12.72	-	
200m				-	2:39.93	-	
	, 2010 (14),						1
100m	, (, , , , , , , , , , , , , , , , , ,			-	56.14	-	
400m			4:37.84	445	4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	
	, 2010 (14),						2
400m			4:24.28	518	4:27.15	102%	
100m		-	2.47.26	-	1:01.00	4020/	
200m	, 2011 (13),	5.	2:17.26	509	2:18.68	102%	1
100m	, 2011 (13),				1:01 60		'
400m				-	1:01.69 5:07.83	-	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						-
400m	, == : (:= /,	29.	5:04.54	438	5:00.70	97%	
100m				-	1:10.86	-	
200m				-	2:38.82	-	
							19
	, 2011 (13),						1
400m		42.	5:08.18	422	5:12.96	103%	
100m				-	1:11.54	-	
200m	2040 (44			-	2:35.00	-	4
100	, 2010 (14),				EO 0E		1
100m 400m				-	59.85 4:54.15	-	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m	, - (),	114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m				-	2:56.07	-	
	, 2011 (13),						1
400m				-	4:56.00	-	
100m		118.	2:41.28	314	1:09.00	- 105%	
200m	, 2011 (13),	110.	2.41.20	314	2:45.00	103%	_
100m	, 2011 (13),			_	1:37.00	<u>-</u>	_
200m				_	3:24.00	-	
	, 2011 (13),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m				-	3:12.00	-	
	, 2012 (12),						-
100m				-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m	, 2010 (14),			-	3:10.65	-	1
400m	, 2010 (14),				1.57 10		1
400m 100m				-	4:57.49 1:14.00	-	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:59.00	-	
100m				-	1:19.00	-	
	, 2011 (13),						1
400m				-	5:01.37	-	
100m		00	0.00.40	-	1:20.70	4000/	
200m	2010 (14	88.	2:36.48	343	2:38.89	103%	
100~	, 2010 (14),				1.02.70		-
100m 400m				-	1:03.70 5:05.00	-	
200m		145.	2:47.42	280	2:45.00	97%	
	, 2012 (12),		_			21,73	1
400m		123.	5:43.84	304	5:50.00	104%	
100m				-	1:27.00	-	
200m				-	2:55.00	-	
	, 2011 (13),						1
400m				-	5:14.00 1:11.00	-	
100m				-	1 1 1 00	-	
200m		140.	2:44.86	294	2:45.18	100%	

	, 2013 (11),						1
400m	, , , , , , , , , , , , , , , , , , , ,	141.	6:01.09	262	6:01.11	100%	
100m				-	1:31.64	-	
200m	0040 (44			-	3:12.02	-	
	, 2010 (14),						1
100m 400m			4:27.93	- 497	55.90 4:26.70	99%	
200m		4.	2:17.05	511	2:18.70	102%	
200111	, 2010 (14),	••	200	011	2.10.70	10270	1
400m	, =0.0 (),			-	4:56.47	=	•
100m				-	1:07.50	-	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m 200m				-	1:28.00 3:10.00	-	
200111	, 2013 (11),			-	3.10.00	-	_
100m	, 2010 (11),			-	1:12.50	_	
400m				-	5:34.00	-	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m				-	5:41.00	-	
100m		454	0.04.04	-	1:27.00	-	
200m	, 2010 (14),	154.	3:01.61	219	3:01.00	99%	4
100m	, 2010 (14),				1:04.76		1
400m				-	1:04.76 5:10.89	-	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						1
400m	, (),	93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m	0044 (40			-	2:59.24	-	
400	, 2011 (13),				4.00.00		1
100m 400m		88.	5:23.00	367	1:02.02 5:40.00	- 111%	
200m		00.	3.23.00	-	2:48.00	-	
200111	, 2011 (13),				2.10.00		_
400m	, == : (:= /,	127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m				-	3:06.22	-	
	, 2012 (12),						-
400m				-	5:09.00 1:15.85	-	
100m 200m		148.	2:48.08	277	2:46.85	99%	
200111	, 2011 (13),	1 10.	2. 10.00	2	2.10.00	0070	1
400m	, == : : (: = - /,	115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m				-	2:55.31	-	
	, 2012 (12),						-
400m 100m		116.	5:36.39	325	5:30.00 1:26.50	96%	
200m				-	2:55.00	- -	
	, 2011 (13),						_
100m	, - (- //			-	1:04.70	-	
400m				-	5:12.00	-	
	, 2010 (14),						1
400m			4:45.43	411	4:47.00	101%	
100m 200m		41.	2:28.99	398	1:08.00 2:28.00	99%	
200111	, 2011 (13),	41.	2.20.33	390	2.20.00	3370	1
400m	, 2011 (10),			=	5:16.00	-	
100m				-	1:20.50	-	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m		148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m	, 2011 (13),			-	3:10.00	-	1
100m	, 2011 (13),			-	1:04.01	-	'
400m				_	4:52.34	- -	
200m		105.	2:38.77	329	2:39.78	101%	