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, 29. - 31.5.2024

, 400m 2011 29.05.2024 - 9:55 : 4:23.00 / : 4:39.50 / 1 : 5:00.50 / 2 : 5:40.00 / 3 : 6:28.50 : FINA 2023 / **FINA** 4:36.01 588 11 1. 350m: 4:00.59 1:38.70 50m: 29.41 29.41 150m: 35.04 250m: 2:48.72 35.00 36.05 100m: 1:03.66 34.25 200m: 2:13.72 35.02 300m: 3:24.54 35.82 400m: 4:36.01 35.42 4:38.68 2. 11 571 50m: 30.70 30.70 150m: 1:40.16 35.21 250m: 2:51.82 36.00 350m: 4:03.71 35.86 100m: 1:04.95 34.25 200m: 2:15.82 35.66 300m: 3:27.85 36.03 400m: 4:38.68 34.97 560 3. 11 4:40.55 1 1:40.97 36.09 50m: 30.93 30.93 150m: 35.71 250m: 2:53.38 36.17 350m: 4:05.54 3:29.45 100m: 1:05.26 34.33 200m: 2:17.21 36.24 300m: 36.07 400m: 4:40.55 35.01 4:40.74 4. 11 559 1 50m: 31.37 31.37 150m: 1:43.08 36.22 250m: 2:54.82 36.23 350m: 4:06.10 35.15 100m: 1:06.86 200m: 2:18.59 300m: 3:30.95 400m: 35.49 35.51 36.13 4:40.74 34.64 5. 11 4:44.57 536 1 350m: 4:08.13 37.02 50m: 30.94 30.94 150m: 1:41.15 35.72 250m: 2:54.04 36.56 300m: 400m: 100m: 1:05.43 34.49 200m: 2:17.48 36.33 3:31.11 37.07 4:44.57 36.44 6. 12 4:48.04 517 1 50m: 32.21 32.21 150m: 1:44.84 36.53 250m: 2:58.91 36.97 350m: 4:12.44 36.64 1:08.31 36.10 2:21.94 37.10 300m: 3:35.80 36.89 400m: 4:48.04 35.60 100m: 200m: 7. 11 4:48.49 515 1 50m: 32.00 32.00 150m: 1:45.10 37.18 250m: 2:58.95 36.79 350m: 4:13.09 36.71 100m: 1:07.92 35.92 200m: 2:22.16 37.06 300m: 3:36.38 37.43 400m: 4:48.49 35.40 8. 11 4:52.02 496 1 350m: 50m: 31.96 31.96 150m: 1:43.89 36.90 250m: 2:59.71 38.02 4:15.65 37.85 100m: 1:06.99 35.03 200m: 2:21.69 37.80 300m: 3:37.80 38.09 400m: 4:52.02 36.37 9. 4:52.11 496 11 1 150m: 1:44.64 2:59.38 38.26 50m: 32.49 32.49 36.70 250m: 37.39 350m: 4:15.17 100m: 1:07.94 35.45 200m: 2:21.99 37.35 300m: 3:36.91 37.53 400m: 4:52.11 36.94 10. 11 4:52.72 493 1 50m: 33.75 33.75 150m: 1:47.27 36.96 250m: 3:02.58 37.55 350m: 4:16.37 37.24 100m: 1:10.31 36.56 200m: 2:25.03 37.76 300m: 3:39.13 36.55 400m: 4:52.72 36.35 11. 11 4:53.33 490 1 50m: 32.77 32.77 150m: 1:46.17 37.35 250m: 3:00.61 37.14 350m: 4:15.33 37.66 100m: 1:08.82 36.05 200m: 2:23.47 37.30 300m: 3:37.67 37.06 400m: 4:53.33 38.00 4:54.60 12. 11 483 1 50m: 32.65 150m: 1:45.78 250m: 3:00.97 350m: 4:17.27 38.05 32.65 37.15 37.72 300m: 400m: 100m: 1:08.63 35.98 200m: 2:23.25 37.47 3:39.22 38.25 4:54.60 37.33 13. 4:54.85 482 11 1 1:46.94 50m: 33.35 33.35 150m: 37.40 250m: 3:03.12 38.15 350m: 4:18.64 37.32 100m: 1:09.54 36.19 200m: 2:24.97 38.03 300m: 3:41.32 38.20 400m: 4:54.85 36.21 14. 11 4:55.45 479 1 32.15 1:45.38 3:01.90 38.49 50m: 32.15 150m: 37.24 250m: 350m: 4:18.65 38.34 1:08.14 35.99 200m: 2:23.41 38.03 300m: 3:40.31 38.41 400m: 36.80 100m: 4:55.45 15. 11 4:55.46 479 1 1:46.34 4:18.67 50m: 32.83 32.83 150m: 37.21 250m: 3:02.48 38.04 350m: 37.97 100m 1:09.13 36.30 2:24.44 300m: 3:40.70 38.22 400m: 4:55.46 200m: 38.10 36.79 16. 11 4:57.81 468 1 3:06.35 38.18 50m: 33.90 33.90 150m: 1:49.64 38.29 250m: 350m: 4:22.59 38.17 200m: 2:28.17 300m: 3:44.42 400m: 100m: 1:11.35 37.45 38.53 38.07 4:57.81 35.22 17. 4:58.03 11 467 1 50m: 33.37 33.37 150m: 1:48.25 250m: 3:04.83 38.55 350m: 4:21.46 38.15 38.26

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18.	50m: 100m:	33.49 1:10.52	33.49 37.03	150m: 200m:	12 1:48.78 2:27.36	38.26 38.58	250m: 300m:	3:06.02 3:44.89	38.66 38.87	350m: 4:2		1 38.10 35.45					
19.	50m: 100m:	32.61 1:09.19	32.61 36.58	150m: 200m:	11 1:46.58 2:24.78	37.39 38.20	250m: 300m:	3:03.22 3:42.67	38.44 39.45	350m: 4:2		1 39.73 36.35					
20.	50m: 100m:	32.80 1:10.16	32.80 37.36	150m: 200m:	11 1:47.27 2:25.28	37.11 38.01	250m: 300m:	3:03.71 3:42.91	38.43 39.20	350m: 4:2	2.14	1 39.23 36.84					
21.	50m: 100m:	33.19 1:10.16	33.19 36.97	150m: 200m:	11 1:47.68 2:25.66	37.52 37.98	250m: 300m:	3:03.63 3:41.15	37.97 37.52	350m: 4:2	0.25	1 39.10 39.56					
22.	50m: 100m:	32.69 1:08.58	32.69 35.89	150m: 200m:	11 1:46.26 2:24.17	37.68 37.91	250m: 300m:	3:03.11 3:42.82	38.94 39.71		454 2.06 3	2 39.24 38.73					
23.	50m: 100m:	32.27 1:08.07	32.27 35.80		12 1:45.46 2:23.76	37.39 38.30	250m: 300m:	3:02.70 3:41.49	38.94 38.79			2 39.50 39.85					
24.	50m: 100m:	34.15 1:11.42	34.15 37.27	150m: 200m:	11 1:49.32 2:27.85	37.90 38.53	250m: 300m:	3:05.91 3:43.98	38.06 38.07	350m: 4:2		2 38.44 39.28					
25.	50m: 100m:	33.60 1:11.38	33.60 37.78	150m: 200m:	11 1:49.97 2:28.60	38.59 38.63	250m: 300m:	3:07.31 3:46.00	38.71 38.69	350m: 4:2		2 38.67 37.70					
26.	50m: 100m:	33.82 1:11.76	33.82 37.94	150m: 200m:	12 1:50.84 2:30.16	39.08 39.32	250m: 300m:	3:09.87 3:48.64	39.71 38.77	350m: 4:2		2 38.06 36.42					
27.	50m: 100m:	34.64 1:13.60	- 34.64 38.96	150m: 200m:	12 1:52.47 2:31.00	38.87 38.53	250m: 300m:	3:09.14 3:47.07	38.14 37.93	5:03.89 350m: 4:2 400m: 5:0		2 38.29 38.53					
28.	50m: 100m:	33.53 1:11.43	33.53 37.90		12 1:50.01 2:29.76	38.58 39.75	250m: 300m:	3:09.19 3:48.42	39.43 39.23	5:04.52 350m: 4:2 400m: 5:0		2 39.02 37.08					
29.	50m: 100m:	33.57 1:10.28	33.57 36.71		11 1:48.94 2:28.62	38.66 39.68	250m: 300m:	3:08.58 3:48.04	39.96 39.46	5:04.54 350m: 4:2 400m: 5:0		2 39.28 37.22					
30.	50m: 100m:	32.36 1:08.69	32.36 36.33		11 1:46.82 2:26.59	38.13 39.77		3:06.48 3:46.69	39.89 40.21	5:04.55 350m: 4:2 400m: 5:0	6.06	2 39.37 38.49					
31.	50m: 100m:	33.41 1:12.05	33.41 38.64		11 1:51.71 2:31.33	39.66 39.62		3:10.94 3:50.46	39.61 39.52	5:04.59 350m: 4:2 400m: 5:0	9.00	2 38.54 35.59					
32.	50m: 100m:	35.13 1:12.76	35.13 37.63		11 1:52.61 2:31.70	39.85 39.09	250m: 300m:	3:10.15 3:49.29	38.45 39.14	5:04.87 350m: 4:2 400m: 5:0	7.23	2 37.94 37.64					

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36.	50m: 100m:	35.02 1:13.05	35.02 38.03	150m: 200m:	11 1:51.42 2:30.56	38.37 39.14	250m: 300m:	3:10.35 3:49.43	39.79 39.08		435 4:28.46 5:05.26	2 39.03 36.80
37.	50m: 100m:	32.57 1:09.56	32.57 36.99	150m: 200m:	11 1:48.79 2:28.84	39.23 40.05	250m: 300m:	3:09.08 3:49.43	40.24 40.35		433 4:28.62 5:05.59	2 39.19 36.97
38.	50m: 100m:	33.27 1:11.35	33.27 38.08	150m: 200m:	12 1:50.64 2:29.98	39.29 39.34	250m: 300m:	3:09.10 3:48.61	39.12 39.51		431 4:27.82 5:05.99	2 39.21 38.17
39.	50m: 100m:	33.11 1:11.06	33.11 37.95	150m: 200m:	11 1:49.76 2:29.30	38.70 39.54	250m: 300m:	3:08.86 3:48.71	39.56 39.85		431 4:28.56 5:06.09	2 39.85 37.53
40.	50m: 100m:	32.83 1:09.85	32.83 37.02	150m: 200m:	11 1:48.49 2:27.99	38.64 39.50	250m: 300m:	3:08.39 3:48.58	40.40 40.19		428 4:28.26 5:06.89	2 39.68 38.63
41.	50m: 100m:	34.82 1:14.78	34.82 39.96	150m: 200m:	11 1:54.35 2:34.08	39.57 39.73	250m: 300m:	3:12.86 3:51.65	38.78 38.79		425 4:30.48 5:07.47	2 38.83 36.99
42.	50m: 100m:	33.30 1:11.45	33.30 38.15	150m: 200m:	11 1:50.56 2:30.35	39.11 39.79	250m: 300m:	3:10.80 3:51.03	40.45 40.23		422 4:31.23 5:08.18	2 40.20 36.95
43.	50m: 100m:	35.57 1:13.77	35.57 38.20	150m: 200m:	11 1:52.38 2:32.16	38.61 39.78	250m: 300m:	3:11.34 3:51.04	39.18 39.70		421 4:30.78 5:08.38	2 39.74 37.60
44.	50m: 100m:	34.42 1:12.84	34.42 38.42	150m: 200m:	12 1:52.73 2:32.23	39.89 39.50	250m: 300m:	3:13.33 3:53.18	41.10 39.85		421 4:32.85 5:08.56	2 39.67 35.71
45.	50m: 100m:	33.25 1:11.32	33.25 38.07	150m: 200m:	11 1:50.42 2:30.66	39.10 40.24	250m: 300m:	3:10.61 3:50.89	39.95 40.28		420 4:31.53 5:08.76	2 40.64 37.23
46.	50m: 100m:	35.84 1:15.06	35.84 39.22	150m: 200m:	11 1:54.28 2:33.42	39.22 39.14	250m: 300m:	3:12.62 3:51.93	39.20 39.31		417 4:31.29 5:09.47	2 39.36 38.18
47.	50m: 100m:	34.99 1:13.68	34.99 38.69		12 1:53.26 2:33.16	39.58 39.90	250m: 300m:	3:13.12 3:52.72	39.96 39.60	5:09.90 350m: 400m:	415 4:32.02 5:09.90	2 39.30 37.88
48.	50m: 100m:	34.71 1:13.19	34.71 38.48		11 1:53.37 2:33.74	40.18 40.37		3:13.71 3:53.72	39.97 40.01	5:10.11 350m: 400m:	414 4:32.74 5:10.11	2 39.02 37.37
49.	50m: 100m:	35.51 1:14.71	35.51 39.20		11 1:54.15 2:34.14	39.44 39.99	250m: 300m:	3:14.25 3:54.11	40.11 39.86	5:10.15 350m: 400m:	414 4:33.20 5:10.15	2 39.09 36.95
50.	50m: 100m:	35.52 1:14.58	35.52 39.06		12 1:54.29 2:34.08	39.71 39.79	250m: 300m:	3:13.86 3:53.77	39.78 39.91	5:10.60 350m: 400m:	4:33.25	2 39.48 37.35
51.	50m: 100m:	32.89 1:11.07	32.89 38.18		11 1:50.33 2:30.19	39.26 39.86	250m: 300m:	3:09.69 3:50.10	39.50 40.41	5:11.10 350m: 400m:	4:31.26	2 41.16 39.84

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250m:

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200m: 2:33.00

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2:34.78

150m:

150m:

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400m: 5:11.42

350m: 4:34.32

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39.68

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1, , 400m , 2011 **FINA** 54. 11 5:11.71 408 2 50m: 34.60 34.60 150m: 1:52.26 39.52 250m: 3:11.84 39.77 350m: 4:32.63 40.38 38.14 100m: 1:12.74 200m: 2:32.07 39.81 300m: 3:52.25 40.41 400m: 5:11.71 39.08 55. 11 5:11.97 407 2 3:14.81 50m: 34.91 34.91 150m: 1:54.37 40.30 250m: 40.22 350m: 4:34.68 39.89 100m: 1:14.07 39.16 200m: 2:34.59 40.22 300m: 3:54.79 39.98 400m: 37.29 5:11.97 56. 11 5:13.06 403 2 50m: 34.61 34.61 150m: 1:53.34 39.66 250m: 3:14.00 40.11 350m: 4:34.77 39.66 300m: 3:55.11 100m: 1:13.68 39.07 200m: 2:33.89 40.55 41.11 400m: 5:13.06 38.29 57. 11 5:13.27 402 2 4:35.35 50m: 34.85 34.85 150m: 1:54.37 39.87 250m: 3:15.18 40.12 350m: 39.89 100m: 1:14.50 39.65 200m: 2:35.06 300m: 3:55.46 40.28 400m: 5:13.27 40.69 37.92 58. 12 5:13.29 402 2 50m: 35.15 35.15 150m: 1:56.25 41.37 250m: 3:17.24 40.19 350m: 4:37.46 39.57 100m: 1:14.88 39.73 200m: 2:37.05 40.80 300m: 3:57.89 40.65 400m: 5:13.29 35.83 59. 12 5:13.52 401 2 36.21 1:55.71 40.32 39.89 350m: 4:34.58 38.22 50m 36.21 150m: 250m: 3:15.55 3:56.36 100m: 1:15.39 39.18 2:35.66 39.95 300m: 400m: 200m: 40.81 5:13.52 38.94 5:13.71 400 60. 11 2 50m: 33.18 33.18 150m: 1:52.40 41.06 250m: 3:13.67 40.52 350m: 4:34.56 40.23 100m: 1:11.34 38.16 200m: 2:33.15 40.75 300m: 3:54.33 40.66 400m: 5:13.71 39.15 61. 12 5:14.16 399 2 34.02 1:52.22 50m· 34.02 150m: 40.30 250m: 3:13.00 40.45 350m: 4:34.19 40.89 100m: 1:11.92 37.90 200m: 2:32.55 40.33 300m: 3:53.30 40.30 400m: 5:14.16 39.97 62. 12 5:14.32 398 2 34.64 34.64 1:55.23 40.54 250m: 39.88 4:36.09 39.86 50m: 150m: 3:15.60 350m: 100m: 1:14.69 40.05 200m: 2:35.72 40.49 300m: 3:56.23 40.63 400m: 5:14.32 38.23 63. 11 5:16.47 390 2 50m: 33.93 33.93 150m: 1:53.46 40.46 250m: 3:15.74 41.11 350m: 4:38.13 41.08 100m: 1:13.00 39.07 200m: 2:34.63 41.17 300m: 3:57.05 41.31 400m: 5:16.47 38.34 64. 11 5:17.06 388 2 50m: 35.09 35.09 150m: 1:55.65 41.01 250m: 3:17.09 40.42 350m: 4:37.74 40.24 100m: 2:36.67 300m: 40.41 400m: 1:14.64 39.55 200m: 41.02 3:57.50 5:17.06 39.32 65. 12 5:17.11 388 2 150m: 1:54.15 350m: 4:38.17 40.88 50m 33 69 33 69 41 03 250m· 3:16.52 41 16 100m: 1:13.12 39.43 200m: 2:35.36 41.21 300m: 3:57.29 40.77 400m: 5:17.11 38.94 66. 12 5:17.24 387 2 50m: 33.93 33.93 150m: 1:50.66 39.34 250m: 3:11.70 41.24 350m: 4:35.16 42.15 100m: 1:11.32 37.39 200m: 2:30.46 39.80 300m: 3:53.01 41.31 400m: 5:17.24 42.08 67. 11 5:17.33 387 2 34.56 34.56 1:55.44 3:19.08 42.39 4:40.78 40.80 50m 150m 41.37 250m· 350m 100m: 1:14.07 39.51 200m: 2:36.69 41.25 300m: 3:59.98 40.90 400m: 5:17.33 36.55 68. 11 5:17.34 387 2 1:51.76 250m: 3:14.07 350m: 4:37.14 41.50 50m: 33.17 33.17 150m: 40.62 41.68 100m: 1:11.14 37.97 200m: 2:32.39 40.63 300m: 3:55.64 41.57 400m: 5:17.34 40.20 69. 11 5:17.47 386 2 1:54.57 41.06 50m: 34.43 34.43 150m: 40.73 250m: 3:16.84 41.40 350m: 4:39.16 100m: 1:13.84 39.41 200m: 2:35.44 40.87 300m: 3:58.10 41.26 400m: 5:17.47 38.31 70. 11 5:18.02 384 2 50m: 34.10 34.10 150m: 1:51.15 39.62 250m: 3:13.10 41.34 350m: 4:36.45 42.32 1:11.53 37.43 2:31.76 40.61 300m: 3:54.13 41.03 400m: 5:18.02 41.57 100m: 200m: 71. 384 11 5:18.19 2 50m: 34.05 34.05 150m: 1:52.87 40.59 250m: 3:14.57 41.17 350m: 4:37.27 40.90 100m: 1:12.28 38.23 200m: 2:33.40 40.53 300m: 3:56.37 41.80 400m: 5:18.19 40.92

1, , 400m , 2011 **FINA** 72. 11 5:18.21 384 2 40.95 50m: 35.66 35.66 150m: 1:55.67 40.00 250m: 3:17.17 40.61 350m: 4:39.19 5:18.21 100m: 1:15.67 40.01 200m: 2:36.56 40.89 300m: 3:58.24 41.07 400m: 39.02 73. 12 5:18.55 382 2 50m: 34.46 34.46 150m: 1:54.85 40.67 250m: 3:17.80 41.60 350m: 4:38.87 40.67 100m: 1:14.18 39.72 200m: 2:36.20 41.35 300m: 3:58.20 40.40 400m: 5:18.55 39.68 74. 11 5:19.44 379 2 50m: 36.55 36.55 150m: 1:58.71 41.37 250m: 3:20.59 40.76 350m: 4:41.57 40.25 300m: 4:01.32 100m: 1:17.34 40.79 200m: 2:39.83 41.12 40.73 400m: 5:19.44 37.87 75. 11 5:19.74 378 2 50m: 34.04 34.04 150m: 1:53.36 40.72 250m: 3:16.70 41.93 350m: 4:39.56 41.43 400m: 5:19.74 100m: 38.60 200m: 2:34.77 300m: 3:58.13 1:12.64 41.41 41.43 40.18 76. 11 5:20.16 377 2 50m: 34.90 34.90 150m: 1:57.61 42.31 250m: 3:19.76 40.92 350m: 4:41.38 40.60 100m: 1:15.30 40.40 200m: 2:38.84 41.23 300m: 4:00.78 41.02 400m: 5:20.16 38.78 77. 5:20.22 376 2 11 40.56 34.91 1:56 17 3:19 65 350m: 4:41.58 50m 34.91 150m: 41.23 250m: 41.71 100m: 1:14.94 40.03 2:37.94 300m: 4:01.02 400m: 5:20.22 200m: 41.77 41.37 38.64 5:20.52 375 78. 11 2 50m: 34.65 34.65 150m: 1:54.65 40.53 250m: 3:17.08 41.48 350m: 4:40.23 41.78 100m: 1:14.12 39.47 200m: 2:35.60 40.95 300m: 3:58.45 41.37 400m: 5:20.52 40.29 79. 11 5:20.72 375 2 50m: 36.84 36.84 150m: 1:57.11 40.30 250m· 3:19.12 40.49 350m: 4:42.22 41.89 100m: 1:16.81 39.97 200m: 2:38.63 41.52 300m: 4:00.33 41.21 400m: 5:20.72 38.50 80. 11 5:20.92 374 2 34.60 1:55.20 250m: 3:17.54 40.58 350m: 4:41.13 41.99 50m: 34.60 150m: 41.29 100m: 1:13.91 39.31 200m: 2:36.96 41.76 300m: 3:59.14 41.60 400m: 5:20.92 39.79 81. 11 5:21.18 373 2 50m: 36.69 36.69 150m: 1:57.43 41.14 250m: 3:20.32 41.59 350m: 4:42.69 40.45 100m: 1:16.29 39.60 200m: 2:38.73 41.30 300m: 4:02.24 41.92 400m: 5:21.18 38.49 82. 11 5:21.20 373 2 50m: 33.49 33.49 150m: 1:52.94 40.90 250m: 3:17.83 42.07 350m: 4:42.36 41.13 100m: 1:12.04 2:35.76 300m: 4:01.23 400m: 38.55 200m: 42.82 43.40 5:21.20 38.84 83. 5:21.23 373 2 11 1:55.12 40.47 40.75 350m: 4:40.81 41.51 50m 36 41 36 41 150m 250m· 3.17 42 100m: 1:14.65 38.24 200m: 2:36.67 41.55 300m: 3:59.30 41.88 400m: 5:21.23 40.42 84. 12 5:21.41 372 2 50m: 35.68 35.68 150m: 1:58.16 41.46 250m: 3:21.15 41.34 350m: 4:43.86 41.11 100m: 1:16.70 41.02 200m: 2:39.81 41.65 300m: 4:02.75 41.60 400m: 5:21.41 37.55 85. 11 5:21.42 372 2 36.05 36.05 1:58.48 42.30 4:44.64 41.24 50m 150m 41 98 250m· 3.22.26 350m 100m: 1:16.50 40.45 200m: 2:39.96 41.48 300m: 4:03.40 41.14 400m: 5:21.42 36.78 86. 11 5:21.67 371 2 1:57.47 250m: 40.56 350m: 4:41.74 40.89 50m: 36.35 36.35 150m: 41.05 3:19.43 100m: 1:16.42 40.07 200m: 2:38.87 41.40 300m: 4:00.85 41.42 400m: 5:21.67 39.93 87. 11 5:22.95 367 2 1:57.42 40.84 50m: 35.96 35.96 150m: 41.29 250m: 3:21.41 42.06 350m: 4:44.41 100m: 1:16.13 40.17 200m: 2:39.35 41.93 300m: 4:03.57 42.16 400m: 5:22.95 38.54 88. 11 5:23.00 367 2 50m: 36.60 36.60 150m: 1:58.92 41.67 250m: 3:21.81 41.34 350m: 4:45.59 42.44 100m: 1:17.25 40.65 200m: 2:40.47 41.55 300m: 4:03.15 41.34 400m: 5:23.00 37.41 89. 11 5:23.67 364 2 50m: 34.90 34.90 150m: 1:56.21 41.25 250m: 3:18.90 41.12 350m: 4:42.11 40.71 100m: 1:14.96 40.06 200m: 2:37.78 41.57 300m: 4:01.40 42.50 400m: 5:23.67 41.56

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109.	50m: 100m:	35.34 1:15.76	35.34 40.42		12 1:58.01 2:41.27	42.25 43.26	250m: 300m:	3:25.32 4:08.48	44.05 43.16	5:32.34 337 350m: 4:50.84 400m: 5:32.34	42.36
110.	50m: 100m:	34.70 1:15.77	34.70 41.07		12 1:57.74 2:40.93	41.97 43.19	250m: 300m:	3:24.52 4:07.62	43.59 43.10	5:34.37 331 350m: 4:50.82 400m: 5:34.37	2 43.20
111.	50m: 100m:	36.42 1:17.73	36.42 41.31		11 2:01.24 2:44.62	43.51 43.38	250m: 300m:	3:28.31 4:10.47	43.69 42.16	5:34.55 330 350m: 4:52.66 400m: 5:34.55	42.19
112.	50m: 100m:	37.15 1:18.08	37.15 40.93		12 2:00.18 2:43.24	42.10 43.06	250m: 300m:	3:26.32 4:09.91	43.08 43.59	5:35.22 328 350m: 4:53.38 400m: 5:35.22	3 43.47
113.	50m: 100m:	38.44 1:20.01	38.44 41.57		11 2:02.12 2:45.42	42.11 43.30	250m: 300m:	3:29.16 4:12.75	43.74 43.59	5:35.23 328 350m: 4:55.47 400m: 5:35.23	42.72
114.	50m: 100m:	38.45 1:20.24	38.45 41.79		12 2:03.33 2:47.00	43.09 43.67	250m: 300m:	3:30.91 4:14.23	43.91 43.32	5:35.58 327 350m: 4:57.31 400m: 5:35.58	43.08
115.	50m: 100m:	37.62 1:19.47	37.62 41.85		11 2:02.60 2:46.47	43.13 43.87	250m: 300m:	3:28.89 4:12.21	42.42 43.32	5:35.94 326 350m: 4:55.28 400m: 5:35.94	3 43.07
116.	50m: 100m:	39.58 1:22.16	39.58 42.58	150m: 200m:	12 2:04.70 2:47.91	42.54 43.21	250m: 300m:	3:29.97 4:13.16	42.06 43.19	5:36.39 325 350m: 4:55.85 400m: 5:36.39	42.69
117.	50m: 100m:	37.67 1:19.75	37.67 42.08		12 2:03.13 2:46.72	43.38 43.59	250m: 300m:	3:30.63 4:14.02	43.91 43.39	5:38.28 319 350m: 4:57.23 400m: 5:38.28	3 43.21
118.	50m: 100m:	36.99 1:19.30	36.99 42.31		12 2:02.61 2:45.84	43.31 43.23	250m: 300m:	3:30.11 4:13.68	44.27 43.57	5:39.24 316 350m: 4:57.56 400m: 5:39.24	43.88
119.	50m: 100m:	37.14 1:19.97	37.14 42.83		11 2:03.93 2:47.94	43.96 44.01		3:32.21 4:16.53	44.27 44.32	5:39.67 315 350m: 5:00.80 400m: 5:39.67	44.27
120.	50m: 100m:	36.95 1:19.33	36.95 42.38		11 2:02.97 2:47.65	43.64 44.68	250m: 300m:	3:31.35 4:16.63	43.70 45.28	5:40.49 313 350m: 5:00.81 400m: 5:40.49	44.18
121.	50m: 100m:	36.02 1:18.98	36.02 42.96		12 2:02.57 2:46.85	43.59 44.28	250m: 300m:	3:31.03 4:15.79	44.18 44.76	5:41.46 310 350m: 5:00.17 400m: 5:41.46	44.38
122.	50m: 100m:	39.45 1:22.33	39.45 42.88		13 2:06.92 2:50.56	44.59 43.64	250m: 300m:	3:34.70 4:18.59	44.14 43.89	5:42.96 306 350m: 5:01.15 400m: 5:42.96	42.56
123.	50m: 100m:	36.64 1:18.41	36.64 41.77		12 2:02.35 2:46.73	43.94 44.38	250m: 300m:	3:31.78 4:17.00	45.05 45.22	5:43.84 304 350m: 5:01.93 400m: 5:43.84	3 44.93
124.	50m: 100m:	37.07 1:19.17	37.07 42.10		11 2:02.98 2:46.43	43.81 43.45	250m: 300m:	3:30.41 4:15.95	43.98 45.54	5:44.02 303 350m: 5:01.02 400m: 5:44.02	45.07
125.	50m: 100m:	37.68 1:19.74	37.68 42.06		12 2:03.97 2:48.16	44.23 44.19	250m: 300m:	3:32.67 4:16.52	44.51 43.85	5:44.14 303 350m: 5:01.34 400m: 5:44.14	44.82

1, , 400m , 2011 **FINA** 126. 12 5:44.55 302 3 43.92 37.79 50m: 37.79 150m: 2:04.65 43.74 250m: 3:33.81 44.59 350m: 5:02.26 43.12 5:44.55 100m: 1:20.91 200m: 2:49.22 44.57 300m: 4:18.34 44.53 400m: 42.29 127. 11 5:45.02 301 3 350m: 5:00.59 50m: 36.58 36.58 150m: 2:01.72 43.39 250m: 3:31.26 44.29 44.76 100m: 1:18.33 41.75 200m: 2:46.97 45.25 300m: 4:15.83 44.57 400m: 5:45.02 44.43 128. 11 5:46.63 297 3 50m: 39.27 39.27 150m: 2:04.15 43.03 250m: 3:33.99 44.72 350m: 5:04.28 45.21 2:49.27 300m: 100m: 1:21.12 41.85 200m: 45.12 4:19.07 45.08 400m: 5:46.63 42.35 129. 12 5:46.75 296 3 50m: 37.93 37.93 150m: 2:06.18 44.32 250m: 3:35.15 44.86 350m: 5:05.25 45.43 100m: 200m: 2:50.29 300m: 4:19.82 400m: 1:21.86 43.93 44.11 44.67 5:46.75 41.50 130. 12 5:48.45 292 3 50m: 37.99 37.99 150m: 2:06.16 44.70 250m: 3:35.96 45.12 350m: 5:06.17 44.40 100m: 1:21.46 43.47 200m: 2:50.84 44.68 300m: 4:21.77 45.81 400m: 5:48.45 42.28 289 131. 12 5:49.82 3 38 44 38 44 150m: 2:06.80 44.76 3:36.97 45.43 5:07.67 45.64 50m 250m: 350m: 100m: 1:22.04 43.60 200m: 2:51.54 44.74 300m: 4:22.03 400m: 45.06 5:49.82 42.15 12 5:49.98 288 132. 3 50m: 39.26 39.26 150m: 2:09.60 46.03 250m: 3:41.31 45.46 350m: 5:09.12 43.43 100m: 1:23.57 44.31 200m: 2:55.85 46.25 300m: 4:25.69 44.38 400m: 5:49.98 40.86 5:50.71 133. 12 286 3 2:02.53 50m⁻ 35.14 35.14 150m: 44.68 250m· 3:33.67 45.73 350m: 5:06.23 46.46 100m: 1:17.85 42.71 200m: 2:47.94 45.41 300m: 4:19.77 46.10 400m: 5:50.71 44.48 134. 12 5:52.45 282 3 40.67 40.67 150m: 2:10.31 45.24 250m: 3:41.31 45.49 44.26 50m: 350m: 5:10.40 100m: 1:25.07 44.40 200m: 2:55.82 45.51 300m: 4:26.14 44.83 400m: 5:52.45 42.05 135. 282 11 5:52.65 3 50m: 37.67 37.67 150m: 2:05.27 44.57 250m: 3:35.77 45.42 350m: 5:08.33 45.70 100m: 1:20.70 43.03 200m: 2:50.35 45.08 300m: 4:22.63 46.86 400m: 5:52.65 44.32 136. 12 5:52.85 281 3 50m: 37.94 37.94 150m: 2:06.48 44.98 250m: 3:38.33 46.11 350m: 5:10.07 45.93 100m: 1:21.50 2:52.22 300m: 45.81 400m: 5:52.85 43.56 200m: 45.74 4:24.14 42.78 137. 12 5:53.39 280 3 38.73 2:08.49 3:40.50 350m: 5:11.54 45.10 50m 38 73 150m 44 92 250m· 46 29 100m: 1:23.57 44.84 200m: 2:54.21 45.72 300m: 4:26.44 45.94 400m: 5:53.39 41.85 138. 12 5:54.90 276 3 50m: 40.16 40.16 150m: 2:10.58 45.64 250m: 3:41.61 46.13 350m: 5:12.22 44.50 100m: 1:24.94 44.78 200m: 2:55.48 44.90 300m: 4:27.72 46.11 400m: 5:54.90 42.68 139. 12 5:56.27 273 3 37.60 37.60 150m: 2:08.62 46.34 3:42.37 47.47 5:13.75 45.08 50m 250m· 350m 100m: 1:22.28 44.68 200m: 2:54.90 46.28 300m: 4:28.67 46.30 400m: 5:56.27 42.52 140. 12 5:56.43 273 3 36.99 36.99 150m: 2:05.87 250m: 3:38.82 46.07 350m: 5:12.51 46.75 50m: 45.50 100m: 1:20.37 43.38 200m: 2:52.75 46.88 300m: 4:25.76 46.94 400m: 5:56.43 43.92 141. 13 6:01.09 262 3 2:10.78 50m: 38.79 38.79 150m: 46.32 250m: 3:43.09 46.36 350m: 5:16.38 46.51 100m: 1:24.46 45.67 200m: 2:56.73 45.95 300m: 4:29.87 46.78 400m: 6:01.09 44.71 142. 12 6:03.54 257 3 50m: 38.00 38.00 150m: 2:10.03 47.41 250m: 3:44.58 47.31 350m: 5:17.75 45.60 100m: 1:22.62 44.62 200m: 2:57.27 47.24 300m: 4:32.15 47.57 400m: 6:03.54 45.79 143. 13 6:08.41 247 3 50m: 38.57 38.57 150m: 2:08.40 46.52 250m: 3:43.75 47.89 350m: 5:20.28 47.20

100m:

1:21.88

43.31

200m:

2:55.86

300m:

4:33.08

49.33

400m:

47.46

48.13

6:08.41

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	1,	, '	, 400m		, 400m , 20)11						
					/						FINA		
144.					13					6:15.17	234	3	
	50m:	39.67	39.67	150m:	2:15.20	47.85	250m:	3:51.65	48.04	350m:	5:30.00	48.86	
	100m:	1:27.35	47.68	200m:	3:03.61	48.41	300m:	4:41.14	49.49	400m:	6:15.17	45.17	
145.					13					6:18.95	227	3	
	50m:	40.79	40.79	150m:	2:15.79	47.81	250m:	3:54.26	49.74	350m:	5:32.41	49.36	
	100m:	1:27.98	47.19	200m:	3:04.52	48.73	300m:	4:43.05	48.79	400m:	6:18.95	46.54	
146.					12					6:21.28	223	3	
	50m:	40.53	40.53	150m:	2:16.48	48.68	250m:	3:55.00	48.88	350m:	5:34.91	50.28	
	100m:	1:27.80	47.27	200m:	3:06.12	49.64	300m:	4:44.63	49.63	400m:	6:21.28	46.37	
147.					11					6:27.11	213	3	
	50m:	40.84	40.84	150m:	2:18.68	50.20	250m:	3:58.62	50.40	350m:	5:41.49	51.88	
	100m:	1:28.48	47.64	200m:	3:08.22	49.54	300m:	4:49.61	50.99	400m:	6:27.11	45.62	
148.					11					6:35.76	199		
	50m:	39.36	39.36	150m:	2:17.87	50.47	250m:	4:01.72	52.36	350m:	5:46.04	52.58	
	100m:	1:27.40	48.04	200m:	3:09.36	51.49	300m:	4:53.46	51.74	400m:	6:35.76	49.72	
149.					11					6:42.44	189		
	50m:	42.20	42.20	150m:	2:22.06	50.68	250m:	4:07.17	53.15	350m:	5:52.55	52.44	
	100m:	1:31.38	49.18	200m:	3:14.02	51.96	300m:	5:00.11	52.94	400m:	6:42.44	49.89	