						%
!	, 2011 (13 ),					
		10.	4:52.72	493	4:53.48	101%
				-	1:11.32 2:35.20	-
	, 2011 (13 ),			_	2.33.20	_
,	, 2011 (10 ),			-	5:08.05	_
				-	1:18.37	-
				-	2:48.88	-
	, 2010 (14 ),					
				-	4:46.77	-
			0-00 54	-	1:10.23	4000/
	, 2010 (14 ),		2:23.54	445	2:25.50	103%
	, 2010 (14 ),			-	5:03.12	-
				-	1:09.93	- -
			2:36.69	342	2:40.19	105%
	, 2010 (14    ),					
				-	57.36	-
				-	4:59.79	-
	2011 (12		2:25.51	427	2:31.28	108%
	, 2011 (13 ),	100.	E-20 04	247	E:07 22	000/
		100.	5:28.91	347	5:27.33 1:14.81	99%
				-	2:46.39	- -
	, 2010 (14 ),					
	, ( ),			-	4:56.97	-
				-	1:14.87	-
	0040/44		2:30.38	387	2:34.33	105%
	, 2010 (14 ),					
				-	4:47.31 1:08.10	-
			2:32.51	371	2:32.09	99%
	, 2012 (12 ),		2.02.01	0	2.02.00	0070
	, == (:= ),	132.	5:49.98	288	5:44.42	97%
				-	1:21.94	-
				-	2:59.66	-
	, 2010 (14 ),					
				-	58.01 4:50.47	- -
			2:32.86	368	2:34.12	102%
	, 2011 (13 ),		2.02.00	000	2.02	.0270
	,,			-	1:02.34	-
		3.	4:40.55	560	4:42.01	101%
				-	2:38.03	-
,	2011 (13 ),					
		7.	4:48.49	515	4:51.80	102%
				-	1:11.90 2:33.50	-
	, 2011 (13 ),			-	2.00.00	-
	,	80.	5:20.92	374	5:21.89	101%
			-	-	1:19.46	-
				-	2:51.06	-
	, 2010 (14 ),					
				-	59.01	-
			2:28.24	- 404	4:57.39 2:32.60	- 106%
	, 2011 (13 ),		2.20.24	404	2.32.00	100%
	, 2011 (10 ),			_	1:09.62	-
		78.	5:20.52	375	5:21.68	101%
			<del>-</del>	-	2:52.65	-
	, 2011 (13 ),					
				-	4:49.60	-
			0.00.00	-	1:13.73	-
	0044 (40		2:29.38	395	2:32.11	104%
	, 2011 (13 ),	2-	E 00 4:	2	5.04.00	
		99.	5:28.41	349	5:24.80 1:27.21	98%
				-	2:47.65	-
	. 2010 (14					
	, 2010 (14 ),			-	4:40.73	-

200m			2:19.37	486	2:21.20	103%	
	, 2010 (14    ),						1
400m				-	4:51.47	-	
100m				-	1:05.79	-	
200m			2:34.02	360	2:34.41	101%	
	, 2010 (14 ),						1
400m				-	4:47.34	-	
100m			2:22.47	- 455	1:02.00 2:25.11	104%	
200m	2011 (12		2.22.41	400	2.23.11	104%	
400	, 2011 (13 ),	20.	4.50.00	460	4.57.44	000/	-
400m 100m		20.	4:58.98	463	4:57.41 1:17.17	99%	
200m				-	2:35.78	-	
	, 2011 (13 ),						-
100m	, ==== /,			-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m				-	2:53.06	-	
	, 2010 (14    ),						-
400m				-	5:11.54	-	
100m				-	1:18.86	-	
200m	2044 (42			-	2:42.30	-	4
400	, 2011 (13 ),	00	F 47.04	007	5.04.70	1000/	1
400m 100m		68.	5:17.34	387	5:21.70 1:09.93	103%	
200m				-	2:41.48	- -	
200111					2.11.10		
							7
	, 2012 (12 ),						1
100	, 2012 (12 ),				1.11 10		- 1
100m 400m		50.	5:10.60	412	1:11.43 5:16.95	104%	
200m		00.	0.10.00	-	2:51.60	-	
	, 2010 (14 ),						-
100m	, (			-	56.28	-	
400m				-	4:35.56	-	
200m			2:28.61	401	2:26.07	97%	
	, 2012 (12 ),						-
400m		66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m	2010 (14			-	2:37.03	-	
100	, 2010 (14 ),				1,01.10		-
100m 400m				-	1:01.10 4:50.45	-	
400111	, 2010 (14 ),				4.00.40		_
400m	, 2010 (14 ),			_	4:39.55	_	
100m				-	1:16.99	-	
200m			2:30.05	390	2:27.07	96%	
	, 2011 (13    ),						1
400m		74.	5:19.44	379	5:20.36	101%	
100m				-	1:13.26	-	
200m	0040 (44			-	2:46.21	-	
	, 2010 (14 ),						1
400m				-	4:49.08	-	
100m 200m			2:30.31	387	1:07.68 2:30.54	100%	
200111	, 2012 (12 ),		00.01	551	2.50.0 /	10070	1
100m	, 2012 (12 ),			_	1:08.16	-	'
400m		47.	5:09.90	415	5:21.42	108%	
200m			0.00.00	-	2:47.40	-	
	, 2012 (12 ),						1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:08.40	-	
400m		62.	5:14.32	398	5:15.16	101%	
200m	0040/44			-	2:51.08	-	
	, 2010 (14 ),				40444		-
100m				-	1:01.11	-	
400m 200m			2:33.47	364	4:48.25 2:32.15	98%	
200111	, 2011 (13 ),		2.00.71	504	2.02.10	3070	1
400m	, 2011 (13 ),	21.	4:59.81	459	5:00.52	100%	'
100m		۷1.	7.55.01	459	1:14.84	10070	
200m				-	2:41.53	-	
	, 2011 (13 ),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m				-	2:39.00	-	

400m	, 2010 (14 ),				4:51.04		-
100m				-	1:05.26	-	
200m			2:28.34	403	2:28.00	100%	
	, 2010 (14 ),						-
400m				-	4:36.00	-	
100m 200m			2:28.96	398	1:07.50 2:28.50	99%	
200111	, 2012 (12 ),		2.20.00	000	2.20.00	0070	1
400m	, - ( ),	97.	5:27.25	353	5:28.72	101%	
100m				-	1:20.44	-	
200m	, 2011 (13 ),			-	2:52.24	-	
400m	, 2011 (13 ),	63.	5:16.47	390	5:12.90	98%	-
100m		00.	0.10.11	-	1:11.34	-	
200m	0040 (44			-	2:44.44	-	
400	, 2010 (14 ),				50.04		-
100m 400m				-	59.24 4:31.41	-	
200m			2:36.14	346	2:33.34	96%	
	, 2010 (14     ),						-
400m				-	4:50.50	-	
100m 200m			2:29.60	393	1:16.20 2:29.00	99%	
200111	, 2010 (14 ),		2.20.00	000	2.20.00	0070	-
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:32.06	-	
100m			0.40.00	-	1:00.00	-	
200m	, 2011 (13 ),		2:18.80	492	2:17.73	98%	_
400m	, 2011 (13 ),	89.	5:23.67	364	5:19.00	97%	-
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							14
	, 2011 (13 ),						14
100m	, 2011 (13 ),			_	1:01.00	<u>-</u>	_
400m				-	5:12.00	-	
200m	( )		2:39.54	324	2:38.50	99%	
400	, 2012 (12 ),				4:40.00		-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m				-	2:52.00	-	
	, 2010 (14 ),						-
100m 400m				-	1:01.00 4:43.00	-	
200m			2:30.56	386	2:30.00	99%	
	, 2012 (12 ),						-
100m				-	1:05.00	-	
400m 200m				-	5:03.00 2:45.00	-	
200111	, 2012 (12 ),				2.40.00		_
400m	, - ( ),	65.	5:17.11	388	5:06.00	93%	
100m				-	1:12.90	-	
200m	, 2011 (13 ),			-	2:46.00	-	_
100m	, 2011 (13 ),			-	1:09.00	<u>-</u>	_
400m		77.	5:20.22	376	5:17.90	99%	
200m	0040 (40			-	2:49.60	-	
400m	, 2012 (12 ),	104.	5:31.09	340	5:17.90	92%	-
100m		104.	3.31.09	-	1:21.99	92 <i>/</i> 0	
200m				-	2:49.60	-	
400	, 2010 (14 ),				4.56.20		1
400m 100m				-	4:56.38 1:13.64	-	
200m			2:26.65	417	2:27.94	102%	
	, 2011 (13 ),						1
100m	·	4.4	E.07.47	- 40E	1:05.50	4050/	
400m 200m		41.	5:07.47	425	5:15.00 2:46.00	105%	
200	, 2010 (14 ),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.95	-	
400m			2:44 00	240	4:54.00	-	
200m			2:41.98	310	2:36.00	93%	

	, 2010 (14 ),					-
400m				-	5:04.00	-
100m			0.04.70	-	1:15.00	-
200m	, 2011 (13 ),		2:34.76	355	2:33.00	98%
100m	, 2011 (13 ),			-	1:05.00	
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
	, 2010 (14     ),					1
400m				-	4:58.00	-
100m 200m			2:34.91	354	1:18.00 2:38.35	104%
200111	, 2012 (12 ),		2.04.01	001	2.00.00	-
400m	, 2012 (12 ),	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	
200m	0040 (44			-	2:54.00	-
400	, 2010 (14 ),				4.00.00	-
100m 400m				-	1:00.00 4:44.22	-
200m			2:34.27	358	2:30.55	95%
	, 2011 (13 ),					-
400m	, , ,			-	4:58.00	-
100m				-	1:10.00	-
200m	, 2012 (12 ),		2:42.29	308	2:38.60	96% 1
400m	, 2012 (12 ),	140.	5:56.43	273	6:00.00	102%
100m		140.	3.30.43	-	1:22.00	-
200m				-	3:14.00	-
	, 2010 (14 ),					-
400m				-	4:41.90	- -
100m 200m			2:29.07	- 397	1:06.90 2:28.50	99%
200111	, 2011 (13 ),		2.23.01	007	2.20.00	-
400m	, == ( /,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m				=	2:36.17	-
400	, 2011 (13 ),				4.50.00	-
400m 100m				-	4:53.00 1:09.00	-
200m				-	2:42.00	-
	, 2012 (12 ),					-
400m		126.	5:44.55	302	5:40.00	97%
100m				-	1:25.00	-
200m	, 2012 (12 ),			-	2:58.00	- 1
400m	, 2012 (12 ),	92.	5:25.53	358	5:31.00	103%
100m			0.2000	-	1:17.50	-
200m				-	2:57.00	-
	, 2012 (12 ),					1
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%
200m				-	3:03.74	- -
	, 2010 (14 ),					-
400m	, , , ,			-	4:52.00	-
100m				-	1:10.00	-
200m	2042 (42			-	2:45.00	-
100m	, 2012 (12 ),			_	1:05.00	1
400m		18.	4:58.44	465	5:05.50	105%
200m				-	2:40.14	-
	, 2010 (14 ),					-
400m				-	5:20.00	-
100m 200m			2:47.48	280	1:09.00 2:41.00	92%
	, 2011 (13 ),					
400m	, - ( - /)	86.	5:21.67	371	5:14.45	96%
100m				-	1:23.21	-
200m	2044 (42			-	2:43.34	-
400-	, 2011 (13 ),	405	E.E.O. 0.E	200	E:2F 00	OF9/
400m 100m		135.	5:52.65	282	5:25.00 1:23.00	85% -
200m				-	2:50.00	-
	, 2011 (13    ),					-
400m		128.	5:46.63	297	5:30.00	91%
100m 200m				-	1:17.00 2:53.00	- -
200111				-	2.00.00	-

	, 2010 (14 ),						-
100m 400m				-	58.79 4:50.00	-	
200m			2:35.94	347	2:35.29	99%	
200111	, 2011 (13 ),		2.00.01	011	2.00.20	0070	1
400m	, - ( - , ,	55.	5:11.97	407	5:19.78	105%	
100m				-	1:11.45	-	
200m	2242442			-	2:41.12	-	
400	, 2012 (12 ),	50	5.40.00	400	5 40 00	000/	-
400m 100m		58.	5:13.29	402	5:10.00 1:16.00	98%	
200m				-	2:50.00	- -	
	, 2013 (11 ),						_
400m	, ( ,,	145.	6:18.95	227	6:02.00	91%	
100m				-	1:29.00	-	
200m	2040 (44			-	3:10.00	=	
400	, 2010 (14 ),				4.50.00		-
400m 100m				-	4:56.00 1:08.00	-	
200m				-	2:42.00	-	
	, 2011 (13 ),						-
400m	•	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	-	
200m	2012 (11			-	2:35.69	-	4
400m	, 2013 (11 ),	101.	5:29.00	347	5:30.00	101%	1
100m		101.	3.23.00	-	1:17.00	10176	
200m				-	2:53.00	-	
	, 2012 (12 ),						-
400m				-	5:00.00	-	
100m			0.04.45	-	1:10.50	- 0.40/	
200m	, 2011 (13 ),		2:31.15	381	2:26.50	94%	1
100m	, 2011 (13 ),			-	1:08.00	-	'
400m		70.	5:18.02	384	5:24.00	104%	
200m				-	2:47.00	-	
	,  2013 (11      ),						1
400m		122.	5:42.96	306	5:43.00	100%	
100m 200m				-	1:28.79 2:59.00	-	
200111	, 2013 (11 ),			_	2.59.00	_	1
100m	, 2013 (11 ),			_	1:08.00	_	•
400m		94.	5:26.73	354	5:35.00	105%	
200m				-	2:53.00	-	
	, 2012 (12 ),						1
400m 100m		109.	5:32.34	337	5:36.00 1:22.50	102%	
200m				-	2:58.00	-	
	, 2011 (13 ),						-
400m	, - ( - ),			-	4:55.00	-	
100m				-	1:09.00	-	
200m	2010 (14		2:41.65	311	2:35.00	92%	4
400m	, 2010 (14 ),			-	5:00.00	-	1
100m				-	1:05.50	- -	
200m			2:26.50	419	2:27.00	101%	
	, 2012 (12 ),						-
100m			=	-	1:05.90	-	
400m 200m		61.	5:14.16	399 -	5:14.00 2:46.00	100%	
200111	, 2012 (12 ),			-	2.40.00	-	_
400m	, 20.2 (.2 ),	23.	5:00.84	454	5:00.76	100%	
100m				-	1:15.60	-	
200m	00:5/:			-	2:34.33	-	
	, 2010 (14 ),						-
400m				-	5:20.00	-	
100m 200m				-	1:11.00 2:44.00	-	
					··· <del>····</del>		
							11
	, 2010 (14 ),						1
100m				-	55.22	-	
400m			0.00.40	-	4:32.45	-	
200m			2:22.46	455	2:25.42	104%	

, 29. - 31.5.2024

							_
	, 2011 (13 ),						-
400m 100m		83.	5:21.23	373	5:12.00 1:22.72	94%	
200m				-	2:47.38	-	
	, 2012 (12 ),						-
400m		52.	5:11.42	409	5:11.20	100%	
100m				-	1:19.71	-	
200m	, 2010 (14 ),			-	2:45.10	-	1
400m	, 2010 (14 ),			-	4:43.78	-	'
100m				-	1:15.65	-	
200m	0044 (40		2:27.12	413	2:27.24	100%	
400m	, 2011 (13 ),				E:02 10		-
100m				-	5:02.18 1:14.97	-	
200m			2:44.26	297	2:38.82	93%	
	, 2011 (13 ),						-
100m		FC	F.12.00	-	1:05.00	- 000/	
400m 200m		56.	5:13.06	403	5:10.00 2:48.00	98%	
	, 2010 (14 ),						1
400m				-	4:10.30	-	
100m 200m			2.20.40	- 470	1:02.52	1029/	
200111	, 2010 (14 ),		2:20.18	478	2:22.10	103%	1
100m	, 2010 (11 ),			-	1:04.00	-	•
400m				-	4:53.44	<del>-</del>	
200m	0040 (44		2:36.52	343	2:39.02	103%	
400m	, 2010 (14 ),			_	4:09.73	-	1
100m				-	1:05.00	- -	
200m			2:07.95	629	2:13.50	109%	
	, 2012 (12 ),						-
400m 100m		59.	5:13.52	401 -	5:10.78 1:14.00	98%	
200m				-	2:47.46	-	
	, 2011 (13 ),						-
400m				-	5:02.39	-	
100m 200m			2:41.73	- 311	1:13.50 2:40.24	- 98%	
200111	, 2011 (13 ),		2.41.73	311	2.40.24	9070	1
100m	, 2011 (10 ),			-	1:11.46	-	•
400m		32.	5:04.87	436	5:12.37	105%	
200m	2011 (12			-	2:52.37	-	4
400m	, 2011 (13 ),	11.	4:53.33	490	4:55.57	102%	1
100m		11.	4.55.55	-	1:12.97	-	
200m				-	2:33.78	-	
	, 2011 (13 ),						1
400m 100m		53.	5:11.69	408	5:24.16 1:15.63	108%	
200m				_	2:45.16	-	
	, 2010 (14    ),						-
400m				-	4:53.24	-	
100m	, 2010 (14    ),			-	1:09.17	-	1
100m	, 2010 (14 ),			_	1:02.18	_	'
400m				-	5:00.24	-	
200m	2044 (42		2:37.15	339	2:41.49	106%	
400	, 2011 (13 ),	400	F:04.70	220	5:40.00	000/	-
400m 100m		106.	5:31.72	339	5:18.20 1:15.73	92%	
200m				-	2:40.40	-	
	, 2010 (14 ),						-
100m				-	1:00.20	-	
400m 200m			2:31.60	- 378	4:46.76 2:29.33	- 97%	
	, 2011 (13 ),				ş. <del></del>	· , ,	1
100m				=	1:05.89	-	
400m		64.	5:17.06	388	5:20.16 2:51.94	102%	
200m	, 2011 (13 ),			-	2:51.94	-	1
400m	, 2011 (10 <i>)</i> ,	48.	5:10.11	414	5:12.44	102%	'
100m			- · · · · · ·	-	1:15.06	-	
200m				-	2:46.53	-	
							24

	, 2011 (13 ),							1
400m				-	4:51.26		-	
100m 200m			2:33.83	361	1:04.54 2:35.86		103%	
200111	, 2010 (14 ),		2.00.00	001	2.00.00		10070	-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.75		-	
400m				-	4:58.08		-	
	, 2012 (12 ),							-
100m 200m				-	1:24.71 2:41.68		-	
200111	, 2010 (14 ),				2.11.00			_
400m	, == := (: : ),			-	4:28.87	25.04.2024	-	
100m				-	1:04.92	29.03.2024	-	
200m	, 2010 (14 ),		2:21.05	469	2:20.41	24.04.2024	99%	1
400m	, 2010 (14 ),			-	4:21.07	25.04.2024	-	'
100m				-	1:02.09	26.04.2024	-	
200m			2:20.34	476	2:21.29	24.04.2024	101%	
400	, 2012 (12 ),				4.40.07			1
100m 400m		134.	5:52.45	282	1:12.87 6:02.18		106%	
200m			0.020	-	3:03.57		-	
	, 2010 (14     ),							-
100m				-	56.54	26.04.2024	-	
400m 200m			2:17.60	- 505	4:22.37 2:16.72	25.04.2024 24.04.2024	99%	
	, 2010 (14    ),							1
100m	, , , ,			-	1:01.04		-	
400m 200m			2:30.35	387	4:58.23 2:32.38		- 103%	
200111	, 2011 (13 ),		2.30.33	307	2.32.30		10376	1
100m	, == : : (: = - ),			-	1:11.63		-	-
400m		119.	5:39.67	315	5:41.67		101%	
200m	, 2011 (13 ),			-	2:57.97		-	
100m	, 2011 (13 ),			-	1:07.27		-	-
400m		69.	5:17.47	386	5:16.74		100%	
200m				-	2:48.80		-	
400	, 2010 (14 ),				4.50.00			-
400m 100m				-	4:50.62 1:04.31		-	
200m			2:38.60	330	2:36.18		97%	
	, 2011 (13 ),							-
400m 100m		39.	5:06.09	431	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13    ),							1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m 200m				-	1:15.43 2:44.59	26.04.2024 22.06.2023	-	
200111	, 2010 (14 ),				2.77.00	22.00.2020		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.92	26.04.2024	-	
400m			0.20.40	-	5:07.80	25.04.2024	4050/	
200m	, 2011 (13 ),		2:36.19	345	2:40.35	24.04.2024	105%	1
400m	, 2011 (10 ),			-	4:55.65	25.04.2024	-	'
100m				-	1:20.23	26.04.2024	-	
200m	, 2011 (13 ),		2:30.99	382	2:33.67	24.04.2024	104%	
100m	, 2011 (13 ),			-	1:03.95	26.04.2024	-	-
400m				-	4:53.13	25.04.2024	-	
	, 2011 (13 ),							-
400m		67.	5:17.33	387	5:12.70		97%	
100m 200m				-	1:13.24 2:41.91		-	
	, 2010 (14 ),							1
400m				-	4:55.78	25.04.2024	-	
100m 200m			2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	- 102%	
200m	, 2011 (13 ),		2.31.30	JJ4	۷.۵۶.۱۱	Z7.U4.ZUZ4	10270	_
400m	, 2011 (10 ),	57.	5:13.27	402	5:07.61		96%	
100m				-	1:18.86		-	
200m	, 2010 (14 ),			-	2:43.95		-	
100m	, 2010 (14 ),			-	1:06.23	26.04.2024	-	-
400m				-	4:46.97	25.04.2024	-	
200m				-	2:48.11		-	

400m		2040 (44							
100m	400m	, 2010 (14 ),			_	1.56.78		_	1
200m   , 2011 (13 ),								-	
100m				2:36.50	343			104%	
100m		, 2011 (13 ),							1
200m	400m	•			-	5:06.52		-	
. 2011 (13 ), 60. 5:13.71									
## Standard	200m			2:37.63	336	2:41.51		105%	
100m		, 2011 (13 ),							•
200m			60.	5:13.71				98%	
. 2011 (13 ),								-	
100m	200	2011 (13 )				2			1
100m	100m	, 2011 (10 ),			-	1:00.75	26.04.2024	_	
, 2010 (14 ),								-	
Additional	200m			2:32.62	370	2:35.06	24.04.2024	103%	
100m		, 2010 (14 ),							1
2000m   2010 (14   ),					-			-	
100m				2:23 66	-			100%	
100m	200111	2010 (14		2.23.00	444	2.23.76		100 %	
200m	100m	, 2010 (14 ),			_	1.02.09		_	
200m									
100m				2:37.40	337			98%	
## Add		, 2012 (12 ),							
200m				E 10 EE					
, 2011 (13 ), 100m 400m 200m , 2011 (13 ), 100m 400m , 2011 (13 ), 100m 400m , 2011 (13 ), 100m  , 2012 (12 ), 400m 200m , 2010 (14 ), 400m 200m , 2011 (13 ), 400m 200m , 2010 (14 ), 400m 200m , 2011 (13 ), 400m 200m , 2010 (14 ), 400m , 2011 (13 ), 400m , 2010 (14 ), 400m , 2010 (18			73.	5:18.55				98%	
100m	200111	2011 (13 )			-	۷.۵۵.۱۱		-	
## Apolicy	100m	, 2011 (10 ),			_	1:00 60		_	
, 2011 (13 ), 100m 400m 9. 4:52.11 496 458.56 24.04.2024 104% 200m , 2012 (12 ), 400m , 2012 (12 ), 400m , 2010 (14 ), 400m , 2011 (13 ), 400m , 2010 (14 ), 400m , 2011 (13 ), 400m , 2011 (14 ), 400m , 2011 (14 ), 400m , 2011 (14 ), 400m , 2010 (14 ), 400m , 2								-	
100m	200m				-	2:44.00		-	
400m		, 2011 (13 ),							1
200m									
, 2012 (12 ), 400m 100m 200m , 2010 (14 ), 400m 100m , 2011 (13 ), 400m 100m 2011 (13 ), 400m 100m 2011 (14 ), 400m 100m 2011 (13 ), 400m 100m 2011 (14 ), 400m 100m 2011 (15 ), 400m 100m 2010 (14 ), 400m 100m 2011 (15 ), 400m 100m 200m 2010 (14 ), 400m 100m 200m 2010 (14 ), 400m 100m 2011 (13 ), 400m 2011 (13 ), 400m 2011 (14 ), 400m 2011 (15 ), 400m 2011 (16 ), 400m 2011 (17 ), 400m 2011 (18 ), 400m 200m 200m 200m 200m 200m 200m 200m			9.	4:52.11					
400m	200111	2012 (12			-	2.44.93	25.04.2024	-	
100m	400m	, 2012 (12 ),			_	5:10.60	25 04 2024	_	
, 2010 (14 ),  400m 100m 2.41.11 315 2.38.12 2.404.2024 96%  , 2011 (13 ),  400m 100m 2.010 (14 ),  400m 100m 2.216.83 416 2.32.09 107%  4.48.82 2.32.09 107%  4.00m 100m 2.226.83 416 2.32.09 107%  4.00m 100m 2.32.69 370 2.27.60 93%  100m 2.012 (12 ),  100m 2.32.69 370 2.27.60 93%  4.52.40 2.27.60 93%  4.60 2.32.69 370 2.27.60 93%  4.60 2.32.69 370 2.27.60 93%  4.60 2.32.69 370 2.27.60 93%  4.60 2.32.69 370 2.27.60 93%  4.60 2.32.69 370 2.27.60 93%  4.60 2.32.69 370 3.40.40					-			-	
400m	200m				-	2:47.64	24.04.2024	-	
100m		, 2010 (14     ),							
200m								-	
, 2011 (13 ),  400m 100m 200m , 2010 (14 ),  400m 100m , 2010 (14 ),  400m 100m , 2010 (14 ),  400m , 2011 (13 ),  400m , 2011 (13 ),  400m , 2010 (14 ),  400m , 2011 (13 ),				2://1 11				96%	
400m	200111	2011 (13		2.41.11	313	2.50.12	24.04.2024	3078	
100m 200m , 2010 (14 ), 400m	400m	, 2011 (10 ),	113.	5:35.23	328	5:24.88		94%	
, 2010 (14 ),  400m 100m								-	
400m	200m				-	2:52.72		-	
100m		, 2010 (14 ),							1
200m								-	
400m				2:26 83				107%	
400m	200111	. 2010 (14		2.20.00	710	2.02.00		107 /0	
100m 200m 2:32.69 370 2:27.60 93% 200m , 2012 (12 ),    100m	400m	,			-	4:52.60		-	
200m	100m				-	1:12.58		-	
100m	200m			2:32.69	370	2:27.60		93%	
400m	4	, 2012 (12 ),				,	00.0		1
2:38.56 330 2:41.13 24.04.2024 103%  , 2010 (14 ),  400m , 200m									
, 2010 (14 ),  400m				2:38 56					
400m	200111	. 2010 (14 ).		2.00.00	550	∓1.10	2 1.07.2027	100/0	1
100m	400m	, ( ),			-	4:26.36		-	
, 2011 (13 ),  400m	100m				-	1:01.56		-	
400m	200m			2:15.53	529	2:16.53		101%	
100m	400	, 2011 (13 ),				_ ,			
200m			85.	5:21.42				99%	
, 2010 (14 ),  400m 100m 200m 2:25.16 430 2:2260 97%  , 2011 (13 ),  87. 5:22.95 367 1:06.89								-	
400m		2010 (14 )							
100m	400m	, 2010 (17 ),			=	4:47 50		-	
, 2011 (13 ), 400m 87. 5:22.95 367 5:22.80 100% 100m - 1:06.89 -								-	
400m 87. 5:22.95 367 5:22.80 100% 100m - 1:06.89 -	200m			2:25.16	430	2:22.60		97%	
100m - 1:06.89 -		, 2011 (13 ),							
			87.	5:22.95				100%	
2.11.00								-	
	_00111								

100m	, 2012 (12 ),			-	1:03.95	26.04.2024		-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m				-	2:42.67		-	
	, 2012 (12 ),							1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				_	3:10.66	25.04.2024	-	
	, 2011 (13    ),							1
100m				-	1:06.87		-	
400m 200m		49.	5:10.15	414	5:17.13 2:41.97		105%	
200	, 2011 (13 ),				2			_
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.58		-	
400m 200m				-	5:01.18 2:41.79	25.04.2024	-	
200111	, 2011 (13    ),			-	2.41.79	24.04.2024	-	_
400m	, ==::(:= /,	91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m	, 2011 (13 ),			-	2:53.69		-	_
400m	, 2011 (13 ),			_	5:13.38		_	_
100m				-	1:28.91		-	
200m	, 2011 (13 ),			-	2:44.49		-	4
400m	, 2011 (13 ),	24.	5:01.70	450	5:03.35		101%	1
100m			0.00	-	1:07.74		-	
200m	2242 (42			-	2:39.68		-	
400m	, 2012 (12 ),	138.	5:54.90	276	5:54.14	24.04.2024	100%	-
100m		130.	5.54.90	-	1:21.59	26.04.2024	-	
200m	0040 (44			-	3:02.87	25.04.2024	-	
100m	, 2010 (14 ),				54.12			-
400m				-	4:15.65		-	
200m			2:12.89	561	2:12.78		100%	
400	, 2010 (14 ),					0= 0.4 000.4		1
400m 100m				-	4:42.10 1:09.79	25.04.2024 26.04.2024	-	
200m			2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11 ),							1
400m 100m		108.	5:32.14	337	5:39.66 1:34.94		105%	
200m				-	2:56.62		-	
	, 2011 (13 ),							1
400m		105.	5:31.45	339	5:32.47		101%	
100m 200m				-	1:25.17 2:55.64		-	
	, 2012 (12 ),							-
400m		112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m 200m				-	1:22.25 3:05.11	26.04.2024 25.04.2024	-	
200	, 2011 (13 ),				0.00	20.0202 .		-
400m		71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m 200m				-	1:22.53 2:43.30	23.11.2023 25.04.2024	-	
200	, 2012 (12 ),				2	20.0202 .		_
400m	, - ( ),	84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12 ),			-	2:45.78	25.04.2024	-	1
400m	, - ( ),	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14 ),			-	2:49.88	25.04.2024	-	1
100m	,			-	1:02.55		-	'
400m			0.05.50	-	4:49.66		-	
200m	, 2011 (13 ),		2:35.53	350	2:38.32		104%	_
100m	, 2011 (13 ),			_	1:03.13	26.04.2024	-	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	2012 /12 \			-	2:39.16	25.04.2024	-	4
400m	, 2012 (12 ),	98.	5:28.19	350	5:30.94		102%	1
100m		<b></b>		-	1:15.24		-	
200m				-	2:51.65		=	

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	, 2012 (12 ),						
400m	, 2012 (12 ),	44.	5:08.56	421	5:16.23		105%
100m				-	1:22.27 2:40.76		-
200m	, 2012 (12 ),			-	2.40.70		-
400m	, 2012 (12 ),	136.	5:52.85	281	5:58.66		103%
100m				-	1:22.81		-
200m	0040 (44			-	2:56.19		-
100m	, 2010 (14 ),			-	1:05.38	26.04.2024	
400m				-	5:34.20	25.04.2024	-
200m				-	2:46.19	24.04.2024	-
	, 2010 (14     ),						
400m				-	4:46.52		-
100m 200m			2:26.71	- 417	1:04.59 2:24.49		- 97%
200111	, 2012 (12 ),		2.20.71	417	2.24.40		31 70
400m	, - (	125.	5:44.14	303	5:44.08	24.04.2024	100%
00m				-	1:29.97	19.04.2024	-
200m	2044 (42			-	2:50.20	25.04.2024	-
100	, 2011 (13 ),	111.	5:34.55	330	F.4F F0	24.04.2024	4070/
400m 100m		111.	5.34.55	-	5:45.58 1:18.51	24.04.2024 26.04.2024	107% -
200m				-	3:02.43	25.04.2024	-
	, 2010 (14 ),						
100m				-	5:35.50	25.04.2024	-
100m 200m				-	1:15.19 2:45.47	26.04.2024 24.04.2024	-
	, 2011 (13 ),					· ·	
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.60	26.10.2023	-
100m		13.	4:54.85	482	4:52.83	24.04.2024	99%
200m	, 2011 (13 ),			-	2:34.71	22.11.2023	-
00m	, 2011 (13 ),			_	1:18.22	24.11.2023	_
100m		107.	5:32.07	337	5:36.05	24.04.2024	102%
200m				-	2:59.25	25.04.2024	-
	, 2011 (13 ),						
100m				-	1:01.70		-
100m 200m				-	4:42.00 2:42.00		-
	, 2010 (14 ),						
400m	, , ,			-	4:40.20		-
100m			0.00.04	-	1:08.47		-
200m	, 2011 (13 ),		2:30.84	383	2:29.71		99%
100m	, 2011 (10 ),			-	4:50.48		-
00m				-	1:08.99		-
200m			2:37.44	337	2:35.31		97%
100	, 2011 (13 ),	400	<b>F</b> 45 45	245	F 40 ==		105-:
100m 100m		120.	5:40.49	313	5:43.73 1:17.03		102%
200m				-	2:56.19		-
	, 2010 (14 ),						
100m				-	59.64		-
100m			2:22.56	- 151	4:51.18 2:25.57		10/10/
200m	, 2011 (13 ),		2.22.30	454	2.23.31		104%
100m	, 2011 (13 ),	30.	5:04.55	438	5:16.65	24.04.2024	108%
00m		- 5.		-	1:19.49	26.04.2024	-
200m	2040 (4.4			-	2:39.45	25.04.2024	-
100m	, 2010 (14 ),				E:00.04		
00m 00m				-	5:02.94 1:11.66		-
200m				-	2:42.38		-
	, 2012 (12 ),						
00m				-	5:00.14	25.04.2024	-
00m	2010 /14			-	1:20.97	26.04.2024	-
00m	, 2010 (14 ),			-	1:04.73	28.03.2024	
100m				-	4:56.66	27.03.2024	-
200m				-	2:45.39	16.06.2023	-
	, 2011 (13 ),						
400m 100m		46.	5:09.47	417	5:05.80		98%
O B B B B				-	1:11.00		-
200m				-	2:39.70		_

	, 2010 (14 ),							1
100m	, 2010 (14 ),			-	55.65	26.04.2024	-	
400m 200m			2:19.89	- 481	4:30.00 2:30.78	25.04.2024 22.11.2023	- 116%	
	, 2010 (14 ),							1
400m				-	5:04.79		-	
100m 200m			2:34.13	- 359	1:14.56 2:34.88		- 101%	
	, 2010 (14 ),							-
100m 400m				-	1:04.13 4:53.89		-	
200m				-	2:42.26		-	
	, 2011 (13 ),							-
400m 100m				-	5:03.36 1:11.34	25.04.2024 26.04.2024	-	
200m			2:40.43	319	2:39.42	24.04.2024	99%	
400	, 2013 (11 ),	444	0.45.47	00.4	0.00.50	04.04.0004	4050/	1
400m 100m		144.	6:15.17	234	6:23.56 1:38.18	24.04.2024 26.04.2024	105%	
200m				-	3:46.50	06.12.2023	-	
400	, 2011 (13 ),				4.00.04			-
100m 400m				-	1:06.34 5:06.72		-	
200m	2044 (42			-	2:43.15		-	
100m	, 2011 (13 ),			_	1:06.69	07.12.2023	_	-
400m				-	5:15.49	27.03.2024	-	
200m	2010 (11			-	2:50.21	24.04.2024	-	
400m	, 2010 (14 ),			-	4:40.20	25.04.2024	_	-
100m				-	1:03.07	26.04.2024	-	
100m	, 2011 (13 ),			_	1:00.12		_	-
400m				-	4:43.97		-	
	, 2011 (13 ),							-
400m 100m				-	5:17.90 1:15.34	25.04.2024 26.04.2024	-	
200m				-	2:48.64	24.04.2024	-	
400	, 2010 (14 ),				5:44.40	00.44.0000		-
400m 100m				-	5:11.10 1:10.36	23.11.2023	-	
200m	2040 (44			-	NT		-	
100m	, 2010 (14 ),			_	59.62	26.04.2024	_	-
400m				-	4:37.90	25.04.2024	-	
200m	2012 (12		2:27.57	410	2:27.45	24.04.2024	100%	
400m	, 2012 (12 ),	110.	5:34.37	331	5:26.57		95%	-
100m				-	1:20.12		-	
200m	, 2011 (13 ),			-	2:54.00		-	_
100m	, ==::(:= ),			-	1:00.03		-	
400m 200m			2:35.11	353	4:42.88 2:33.34		98%	
200111	, 2011 (13 ),		2.00.11	000	2.00.04		3070	-
100m	, , , , , , , , , , , , , , , , , , , ,	•	4.50.00	-	59.14		-	
400m 200m		8.	4:52.02	496 -	4:49.86 2:29.93		99%	
	, 2012 (12 ),							1
400m 100m		118.	5:39.24	316 -	5:47.72 1:21.52	24.04.2024 26.04.2024	105%	
200m				-	3:01.82	25.04.2024	-	
	, 2011 (13 ),							1
400m 100m		1.	4:36.01	588 -	4:40.15 1:05.31	24.04.2024 26.04.2024	103%	
200m				-	2:31.57	25.04.2024	-	
400	, 2011 (13 ),				E.00 F0			-
400m 100m				-	5:00.56 1:10.64		-	
200m	0040 (44		2:39.77	323	2:39.17		99%	_
400m	, 2010 (14 ),			-	5:03.85		-	1
100m				-	1:09.98		-	
200m			2:36.85	341	2:39.94		104%	

100m	, 2010 (14 ),				E0 70			1
100m 400m				-	58.78 4:47.67		-	
200m			2:27.18	413	2:33.74		109%	
200111	, 2011 (13 ),		2.27.10	413	2.55.74		10376	1
400m	, 2011 (10 ),	79.	5:20.72	375	5:29.96	27.03.2024	106%	•
100m		75.	3.20.72	-	1:27.32	26.04.2024	-	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13    ),							-
400m				-	5:06.86		-	
100m					1:20.91		-	
200m	0044 (40		2:37.73	335	2:37.55		100%	
	, 2011 (13 ),							-
400m 100m				-	4:46.21 1:08.42		-	
100111	, 2011 (13 ),			-	1.00.42		-	
100m	, 2011 (13 ),			_	1:05.35	26.04.2024		-
400m				-	4:59.54	25.04.2024	-	
200m				-	2:48.84	24.04.2024	-	
	, 2010 (14 ),							-
400m				-	4:43.30		-	
100m				-	1:13.19			
200m	0044 (40		2:25.38	428	2:22.59		96%	
400	, 2011 (13 ),	404	F 44.00	000	5 55 70		4070/	1
400m 100m		124.	5:44.02	303	5:55.78 1:24.03		107%	
200m				_	2:57.06		_	
200	, 2012 (12 ),				2.07.00			-
400m	, == := (:= ,,	38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m				-	2:41.99		-	
	, 2013 (11    ),							1
400m		96.	5:27.19	353	5:30.42 1:17.86	27.03.2024 26.04.2024	102%	
100m 200m				-	2:59.30	20.04.2024	-	
200111	, 2011 (13 ),				2.00.00			_
400m	, 2011 (10 ),	4.	4:40.74	559	4:37.71		98%	
100m				-	1:04.81		-	
200m				-	2:27.89		-	
	, 2010 (14 ),							-
100m				-	1:08.86	26.04.2024	-	
400m 200m			2:57.84	234	5:34.76 2:37.96	25.04.2024	- 79%	
200111	, 2010 (14 ),		2.57.04	254	2.57.50		1370	1
400m	, 2010 (14 ),			-	4:52.68		-	'
100m				-	1:18.06		-	
200m			2:30.33	387	2:31.09		101%	
	, 2010 (14 ),							1
100m				-	59.59		-	
400m			2.20.22	-	4:47.04		-	
200m	2011 (12		2:30.23	388	2:32.95		104%	
100m	, 2011 (13 ),			-	59.17	26.04.2024	-	-
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m				-	2:31.66	25.04.2024	-	
	, 2011 (13    ),							1
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m	2012 (12			-	2:24.20	25.04.2024	-	
400	, 2012 (12 ),				1.10.15	26 40 2022		-
100m 400m		95.	5:27.11	353	1:18.15 5:20.73	26.10.2023 24.04.2024	96%	
200m					2:56.24	25.04.2024	-	
	, 2011 (13    ),							-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	2040 (44			-	2:33.58	25.04.2024	-	
400	, 2010 (14 ),							-
400m				-	5:30.90	25.04.2024	-	
100m 200m				-	1:13.92 2:42.67	26.04.2024 24.04.2024	-	
	, 2010 (14 ),							1
400m	,			_	4:48.30		-	
100m				-	1:05.77		-	
200m			2:28.77	400	2:30.91		103%	

	0044 (40							
100m	, 2011 (13 ),			_	1:03.15		_	1
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	
	, 2011 (13 ),							1
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13 ),							1
400m				-	4:55.83		-	
100m 200m			2:30.47	386	1:06.88 2:34.49		105%	
200	, 2010 (14 ),			333	2.00		10070	_
100m	, == := (: : /,			-	1:00.40		-	
400m			0.00.05	-	4:38.00		-	
200m	, 2012 (12 ),		2:39.25	326	2:32.00		91%	1
400m	, 2012 (12 ),	130.	5:48.45	292	5:49.10	24.04.2024	100%	•
100m				-	1:31.39	28.03.2024	-	
200m	2244 (42			-	3:00.67	25.04.2024	-	
400	, 2011 (13 ),				4.40.07			-
100m 400m				-	1:10.37 5:31.52		-	
200m				-	3:03.37		-	
	, 2011 (13     ),							-
400m		35.	5:05.10	435	5:02.99		99%	
100m 200m				-	1:22.25 2:47.42		-	
	, 2012 (12 ),							_
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m	, 2012 (12 ),			-	2:49.79		-	1
400m	, 2012 (12 ),	133.	5:50.71	286	6:01.10	24.04.2024	106%	•
100m				-	1:15.81	26.04.2024	-	
200m	2040 (44			-	2:57.50	25.04.2024	-	
400m	, 2010 (14 ),			-	4:50.19	25.04.2024	_	-
100m				-	1:18.29	06.10.2023	-	
200m			2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13    ),							-
400m 100m				-	5:29.16 1:16.04		-	
200m				-	2:48.79		-	
	, 2010 (14     ),							-
100m				-	1:01.60		-	
400m 200m			2:38.04	333	5:02.70 2:35.00		96%	
	, 2012 (12 ),							1
100m				-	1:15.24		-	
400m		131.	5:49.82	289	6:01.03		107%	
200m	, 2011 (13 ),			-	3:11.37		-	_
400m	, 2011 (10 ),	33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m	2044 (42			-	2:42.00		-	
400m	, 2011 (13 ),	36.	5:05.26	435	5:03.43	24.04.2024	99%	-
100m		50.	5.55.20	-	1:10.18	26.04.2024	-	
200m				-	2:42.57	25.04.2024	-	
400	, 2010 (14 ),				4.04.67			-
400m 100m				-	4:31.67 1:02.45		-	
	, 2011 (13 ),							1
100m				-	59.64		-	
400m			2:30.36	387	4:38.57		- 103%	
200m	, 2010 (14 ),		2.30.30	30/	2:32.82		103%	1
100m	,			-	1:00.66		-	•
400m			0.24.45	-	5:00.36		-	
200m	2014 /42		2:31.10	381	2:33.70		103%	
400m	, 2011 (13 ),			-	4:45.95	25.04.2024	-	-
100m				-	1:13.57	26.04.2024	-	
200m			2:29.06	397	2:27.33	24.04.2024	98%	

400m	, 2010 (14 ),				4:40.19	25.04.2024		-
100m				-	1:07.31	26.04.2024	-	
200m			2:27.05	414	2:25.73	24.04.2024	98%	
200	, 2011 (13 ),		2.2.100		2.200	2	3373	1
100m	, == : ( : = - ),			-	1:06.33		_	
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13    ),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	0040 (44			-	2:34.65		-	
	, 2010 (14 ),							1
400m				-	5:05.04 1:16.06		-	
100m 200m			2:30.09	389	2:32.15		103%	
200111	, 2010 (14 ),		2.30.03	303	2.32.13		10370	1
400m	, 2010 (11 ),			-	4:36.97	25.04.2024	-	•
100m				-	1:06.71	26.04.2024	_	
200m			2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,	129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m				-	1:35.68	26.04.2024	-	
200m	0040 (44			-	3:02.58	25.04.2024	-	
	, 2010 (14 ),							-
400m				-	4:56.26		-	
100m 200m			2:32.53	- 371	1:06.63 2:31.67		99%	
200111	, 2012 (12 ),		2.02.00	371	2.51.07		3370	1
400m	, 2012 (12 ),	117.	5:38.28	319	5:55.38		110%	'
100m		117.	3.30.20	-	1:26.26		-	
200m				-	3:06.71		-	
	, 2012 (12 ),							1
100m	, , , , , ,			-	1:15.15		-	
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14    ),							1
400m				-	4:46.63		-	
100m 200m			2:25.04	- 431	1:06.13 2:29.10		106%	
200111	, 2012 (12 ),		2.25.04	431	2.29.10		100%	4
400	, 2012 (12 ),	142.	6:03.54	257	C.OF CO	27.02.2024	1010/	1
400m 100m		142.	0.03.34	257	6:05.68 1:34.62	27.03.2024 28.03.2024	101% -	
200m				-	3:04.05	25.04.2024	_	
	, 2010 (14 ),							-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:05.89		-	
100m				-	1:11.00		-	
200m				-	2:42.86		-	
	, 2010 (14 ),							-
400m				-	4:55.23	25.04.2024	-	
100m			0.00.00	-	1:09.85	26.04.2024	-	
200m	, 2013 (11 ),		2:32.39	372	2:29.44	24.04.2024	96%	1
400m	, 2013 (11 ),	143.	6:08.41	247	6:15.63		104%	'
100m		145.	0.00.41	-	1:27.90		10470	
200m				-	3:02.71		-	
	, 2010 (14 ),							-
100m	, == ( , , , , , , , , , , , , , , , , ,			-	1:07.36	26.04.2024	-	
400m				-	5:03.09	25.04.2024	-	
200m				-	2:43.68	24.04.2024	-	
								11
	, 2011 (13 ),							1
400m				-	4:32.58		-	
100m			0.00.40	-	1:02.61		-	
200m	2040 (4.4		2:28.18	404	2:30.35		103%	
400	, 2010 (14 ),				4 40 00			-
400m 100m				-	4:46.20 1:17.05		-	
200m			2:31.85	376	2:29.55		97%	
_55	, 2011 (13 ),		000	3.5	0.00		J1 /0	_
400m	, 2011 (10 ),	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m				-	2:40.38		-	

	, 2011 (13 ),					-
400m		25.	5:02.37	447	4:56.03	96%
100m				-	1:14.95	-
200m	, 2012 (12 ),			-	2:47.54	- 1
400	, 2012 (12 ),	•	4-40-04	F47	4.50.00	1000/
400m 100m		6.	4:48.04	517	4:52.60 1:08.29	103%
200m				-	2:35.61	-
	, 2010 (14 ),					_
400m	, ( ),			-	5:07.65	-
100m				-	1:18.39	-
200m			2:39.51	324	2:37.36	97%
	, 2011 (13 ),					-
400m		51.	5:11.10	410	5:03.43	95%
100m 200m				-	1:22.64 2:40.55	<del>-</del>
200111	, 2012 (12 ),			-	2.40.33	_
400m	, 2012 (12 ),			-	5:03.99	_
100m				-	1:12.38	-
200m			2:41.52	312	2:41.04	99%
	, 2012 (12 ),					-
100m				-	1:04.60	-
400m				-	5:06.16	<del>-</del>
200m	2011 (12		2:44.31	297	2:40.08	95%
100	, 2011 (13 ),				1.04.00	1
100m 400m		45.	5:08.76	420	1:04.92 5:09.05	100%
200m		45.	3.00.70	420	2:46.15	-
	, 2011 (13    ),					1
100m	, == : : ( : = - /,			-	1:06.09	-
400m		37.	5:05.59	433	5:07.54	101%
200m				-	2:47.50	-
	, 2010 (14 ),					1
100m				-	58.40	-
400m 200m			2:34.04	360	5:02.97 2:35.53	- 102%
200111	, 2011 (13 ),		2.34.04	300	2.33.33	102%
400m	, 2011 (13 ),	81.	5:21.18	373	5:21.64	100%
100m		01.	0.21110	-	1:16.52	-
200m				-	2:53.92	-
	, 2010 (14     ),					-
100m				-	1:04.14	-
400m				-	5:03.00	-
200m	, 2010 (14 ),			-	2:42.92	-
400m	, 2010 (14 ),				4:47.50	-
100m				-	1:05.50	_
200m			2:33.09	367	2:30.70	97%
	, 2011 (13 ),					-
400m	, , , , , , , , , , , , , , , , , , , ,	34.	5:05.09	435	5:00.47	97%
100m				-	1:15.07	-
200m	0040 (4.4			-	2:43.92	-
400	, 2010 (14 ),				4.05.00	-
100m 400m				-	1:05.23 4:49.66	-
400m 200m			2:49.32	- 271	4:49.66 2:40.00	89%
	, 2011 (13 ),		<del>-</del>	-		1
100m	, ( ) //			-	1:05.75	-
400m		31.	5:04.59	437	5:05.60	101%
200m				-	2:53.11	-
40-	, 2010 (14 ),				-a -·	-
100m				-	58.71	-
400m 200m			2:23.82	442	4:33.04 2:21.32	- 97%
200111	, 2010 (14 ),		2.20.02	772	L.L 1.UL	J1 /0 -
400m	, 2010 (17 ),			_	4:55.07	_
100m				-	1:20.35	-
200m				-	2:42.82	-
	- , 2012 (12	),				1
400m		27.	5:03.89	440	5:10.25	104%
100m				-	1:14.03	=
200m	0040 (4.4			-	2:40.09	-
400	, 2010 (14 ),				4.50.05	-
400m				-	4:58.35 1:24.37	-
100m 200m			2:42.83	305	1:24.37 2:38.43	- 95%
_30111			12.00	000		3370

	, 2010 (14    ),						1
400m 100m				-	4:48.68 1:05.20	-	
200m			2:26.59	418	2:29.33	104%	
	, 2011 (13 ),						-
400m		82.	5:21.20	373	5:11.48	94%	
100m				-	1:12.72	-	
200m	2010 (14			-	2:39.93	-	
100m	, 2010 (14 ),			_	56.14	<u>-</u>	-
400m				-	4:40.00	-	
200m			2:22.78	452	2:22.20	99%	
	, 2010 (14    ),						1
400m 100m				-	4:27.15 1:01.00	-	
200m			2:17.26	509	2:18.68	102%	
	, 2011 (13 ),						1
100m				-	1:01.69	-	
400m			0-40-54	-	5:07.83	4000/	
200m	, 2011 (13 ),		2:40.51	318	2:40.53	100%	
400m	, 2011 (13 ),	29.	5:04.54	438	5:00.70	97%	-
100m		20.	0.04.04	-	1:10.86	-	
200m				-	2:38.82	-	
							45
	0044 (40						15
400m	, 2011 (13 ),	40	E-00 40	400	F.40.00	1020/	1
100m		42.	5:08.18	422 -	5:12.96 1:11.54	103%	
200m				-	2:35.00	-	
	, 2010 (14     ),						1
100m				-	59.85	-	
400m 200m			2:35.08	- 353	4:54.15 2:39.00	- 105%	
200111	, 2012 (12 ),		2.00.00	000	2.00.00	10070	1
400m	, ( ),	114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m	2011 (12			-	2:56.07	-	
400m	, 2011 (13 ),			<u>-</u>	4:56.00	_	-
100m				-	1:09.00	-	
200m				-	2:45.00	-	
400	, 2011 (13 ),						-
100m 200m				-	1:37.00 3:24.00	-	
200111	, 2011 (13 ),				3.24.00		_
100m	, == ( /,			-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m	2042 (42			-	3:12.00	-	
100m	, 2012 (12 ),			_	1:16.82	-	-
400m		146.	6:21.28	223	6:09.89	94%	
200m				-	3:10.65	-	
	, 2010 (14 ),						1
400m 100m				-	4:57.49 1:14.00	-	
200m			2:29.45	394	2:31.00	102%	
	, 2010 (14 ),						-
400m				-	5:59.00	-	
100m 200m				-	1:19.00 2:45.00	-	
200111	, 2011 (13 ),			-	2.45.00	-	1
400m	, 2011 (10 ),			-	5:01.37	-	•
100m				-	1:20.70	-	
200m	2010 (14		2:36.48	343	2:38.89	103%	
100m	, 2010 (14 ),			_	1:03.70	_	-
400m				-	5:05.00	-	
200m				-	2:45.00	-	
	, 2012 (12 ),		_				1
400m		123.	5:43.84	304	5:50.00	104%	
100m							
100m 200m				-	1:27.00 2:55.00	-	
100m 200m	, 2011 (13 ),			-	2:55.00	-	-
200m 400m	, 2011 (13 ),			-	2:55.00 5:14.00	-	-
200m	, 2011 (13 ),				2:55.00	-	-

	, 2013 (11 ),						1
400m		141.	6:01.09	262	6:01.11	100%	
100m				-	1:31.64	-	
200m	0040 (44			-	3:12.02	-	
400	, 2010 (14 ),						1
100m 400m				-	55.90 4:26.70	- -	
200m			2:17.05	511	2:18.70	102%	
200111	, 2010 (14 ),		2.17.00	011	2.10.10	10270	1
400m	, 2010 (11 ),			_	4:56.47	=	•
100m				-	1:07.50	-	
200m			2:28.69	400	2:31.87	104%	
	, 2011 (13    ),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m	0040 (44			-	3:10.00	-	
400	, 2013 (11 ),				4.40.50		-
100m				-	1:12.50	-	
400m 200m				-	5:34.00 3:03.00	- -	
200111	, 2012 (12 ),				0.00.00		_
400m	, 2012 (12 ),			_	5:41.00	_	_
100m				-	1:27.00	- -	
200m				-	3:01.00	-	
	, 2010 (14 ),						1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.76	-	
400m				-	5:10.89	-	
200m			2:38.47	331	2:39.21	101%	
	, 2011 (13 ),						1
400m		93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	=	
200m	, 2011 (13 ),			-	2:59.24	-	1
100m	, 2011 (13 ),			=	1:02.02	<u>-</u>	
400m		88.	5:23.00	367	5:40.00	111%	
200m		00.	0.20.00	-	2:48.00	-	
200111	, 2011 (13 ),				2. 10.00		_
400m	, 2011 (10 ),	127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m				-	3:06.22	-	
	, 2012 (12 ),						-
400m				-	5:09.00	-	
100m				-	1:15.85	-	
200m	2011 (12			-	2:46.85	-	4
100	, 2011 (13 ),	445	F-0F-04	200	F-00 70	4000/	1
400m 100m		115.	5:35.94	326 -	5:38.76 1:24.51	102%	
200m				-	2:55.31	- -	
200	, 2012 (12 ),				2.00.01		_
400m	, 2012 (12 ),	116.	5:36.39	325	5:30.00	96%	
100m			0.00.00	-	1:26.50	-	
200m				-	2:55.00	-	
	, 2011 (13 ),						-
100m				-	1:04.70	-	
400m				-	5:12.00	-	
200m	0040 (44			-	2:45.00	-	
400	, 2010 (14 ),				4.47.00		-
400m 100m				-	4:47.00 1:08.00	-	
200m			2:28.99	398	2:28.00	99%	
200111	, 2011 (13 ),		2.20.55	000	2.20.00	3370	_
400m	,			_	5:16.00	=	
100m				-	1:20.50	-	
200m				-	2:50.00	-	
	, 2011 (13    ),						1
400m	•	148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m				-	3:10.00	-	
	, 2011 (13 ),						1
100m				-	1:04.01	-	
400m			2.20 77	-	4:52.34	4040/	
200m			2:38.77	329	2:39.78	101%	