						%
	, 2011 (13),					
400m	, 2011 (13),	10.	4:52.72	493	4:53.48	101%
100m		7.	1:10.91	442	1:11.32	101%
200m		12.	2:34.58	489	2:35.20	101%
	, 2011 (13),					
400m	, , , , , , , , , , , , , , , , , , , ,	127.	5:04.73	337	5:08.05	102%
100m				-	1:18.37	-
200m		139.	2:44.58	295	2:48.88	105%
	, 2010 (14),					
400m		38.	4:43.04	421	4:46.77	103%
100m		40	2.22.54	-	1:10.23	4020/
200m	2010 (14	18.	2:23.54	445	2:25.50	103%
400	, 2010 (14),	1.10	5:09.77	224	F.02.42	96%
400m 100m		143.	1:08.52	321 339	5:03.12 1:09.93	104%
200m		91.	2:36.69	342	2:40.19	105%
	, 2010 (14),					
100m	, (),			-	57.36	-
400m		43.	4:44.69	414	4:59.79	111%
200m		24.	2:25.51	427	2:31.28	108%
	, 2011 (13),					
400m		100.	5:28.91	347	5:27.33	99%
100m		E 4	2.44.20	407	1:14.81	4000/
200m	, 2010 (14),	54.	2:44.38	407	2:46.39	102%
400m	, 2010 (14),	76.	4:53.06	379	4:56.97	103%
100m		70.	4.55.00	3/9	1:14.87	103/6
200m		55.	2:30.38	387	2:34.33	105%
	, 2010 (14),					
400m	, , , , , , , , , , , , , , , , , , , ,	55.	4:47.74	401	4:47.31	100%
100m			1:07.47	355	1:08.10	102%
200m	0040 (40	66.	2:32.51	371	2:32.09	99%
	, 2012 (12),					
400m		132.	5:49.98	288	5:44.42	97%
100m 200m		19. 88.	1:17.92 2:50.40	333 365	1:21.94 2:59.66	111% 111%
200111	, 2010 (14),	00.	2.00.40	000	2.00.00	11170
100m	, 2010 (11),			-	58.01	-
400m		51.	4:47.15	403	4:50.47	102%
200m		70.	2:32.86	368	2:34.12	102%
	, 2011 (13),					
100m				-	1:02.34	
400m		3.	4:40.55	560	4:42.01	101%
200m	, 2011 (13),	10.	2:33.78	497	2:38.03	106%
400m	, 2011 (13),	7.	4:48.49	515	4:51.80	102%
100m		7. 5.	1:10.10	458	1:11.90	105%
200m		4.	2:28.91	548	2:33.50	106%
	, 2011 (13),					
400m	, - (- ,,	80.	5:20.92	374	5:21.89	101%
100m		22.	1:19.31	316	1:19.46	100%
200m		103.	2:52.47	352	2:51.06	98%
	, 2010 (14),					
100m		400	5 00 75	-	59.01	-
400m 200m		123. 35.	5:03.75 2:28.24	341 404	4:57.39 2:32.60	96% 106%
200111	, 2011 (13),	55.	2.20.24	404	2.02.00	10070
100m	, 2011 (13),			-	1:09.62	-
400m		78.	5:20.52	375	5:21.68	101%
200m		84.	2:49.95	368	2:52.65	103%
	, 2011 (13),					
400m	. "	46.	4:45.51	410	4:49.60	103%
100m				-	1:13.73	-
		44.	2:29.38	395	2:32.11	104%
200m	, 2011 (13),					
200m 400m	, 2011 (13),	99.	5:28.41	349	5:24.80	98%
200m 400m 100m 200m	, 2011 (13),			349 - 371	5:24.80 1:27.21 2:47.65	98% - 98%

	0040 (44						
400m	, 2010 (14),	31.	4:41.45	428	4:40.73	99%	1
100m				-	1:02.37	-	
200m	, 2010 (14),	8.	2:19.37	486	2:21.20	103%	1
400m	, 2010 (14),	86.	4:54.90	372	4:51.47	98%	•
100m 200m		75.	2:34.02	360	1:05.79 2:34.41	- 101%	
200111	, 2010 (14),	75.	2.34.02	300	2.54.41	10176	2
400m		40.	4:43.35	420	4:47.34	103%	
100m 200m		15.	2:22.47	455	1:02.00 2:25.11	104%	
400	, 2011 (13),		. == ==	400		9997	1
400m 100m		20.	4:58.98	463 -	4:57.41 1:17.17	99%	
200m	2011 (12	16.	2:35.47	481	2:35.78	100%	4
100m	, 2011 (13),			_	1:07.49	_	1
400m		54.	5:11.71	408	5:08.16	98%	
200m	, 2010 (14),	100.	2:52.14	354	2:53.06	101%	2
400m	, == := (:: //	130.	5:05.78	334	5:11.54	104%	_
100m 200m		94.	2:37.38	338	1:18.86 2:42.30	- 106%	
	, 2011 (13),						2
400m 100m		68.	5:17.34	387	5:21.70 1:09.93	103%	
200m		35.	2:40.43	438	2:41.48	101%	
						1	17
	, 2012 (12),						2
100m 400m		50.	5:10.60	- 412	1:11.43 5:16.95	- 104%	
200m		85.	2:50.17	367	2:51.60	102%	
100m	, 2010 (14),				56.28		-
100m 400m		24.	4:39.22	439	4:35.56	97%	
200m	2012 (12	37.	2:28.61	401	2:26.07	97%	
400m	, 2012 (12),	66.	5:17.24	387	5:12.74	97%	•
100m 200m		41.	2:41.42	430	1:20.48 2:37.03	- 95%	
200111	, 2010 (14),	71.	2.41.42	400	2.07.00	3070	-
100m 400m		78.	4:53.28	- 379	1:01.10 4:50.45	- 98%	
400111	, 2010 (14),	70.	4.00.20	0/0	4.00.40	3070	-
400m 100m		62.	4:50.91	388	4:39.55 1:16.99	92% -	
200m		48.	2:30.05	390	2:27.07	96%	
400m	, 2011 (13),	74.	5:19.44	379	F:20.26	101%	2
100m		14.	1:13.81	392	5:20.36 1:13.26	99%	
200m	, 2010 (14),	57.	2:45.29	400	2:46.21	101%	1
400m	, 2010 (14),	66.	4:51.27	386	4:49.08	99%	•
100m 200m		51.	2:30.31	387	1:07.68 2:30.54	- 100%	
200111	, 2012 (12),	01.	2.50.51	301	2.00.04	10070	2
100m 400m		47.	5:09.90	- 415	1:08.16 5:21.42	- 108%	
200m		63.	2:45.70	397	2:47.40	102%	
100m	, 2012 (12),				4.00.40	-	1
400m		62.	5:14.32	398	1:08.40 5:15.16	101%	
200m	, 2010 (14),	93.	2:51.16	360	2:51.08	100%	_
100m	, 2010 (14),			-	1:01.11	-	-
400m 200m		97. 72.	4:58.39 2:33.47	359 364	4:48.25 2:32.15	93% 98%	
_00111	, 2011 (13),		2.00.11	5 0 T		5570	2
400m 100m	•	21. 18.	4:59.81 1:17.47	459 339	5:00.52 1:14.84	100% 93%	
200m		39.	2:41.06	433	2:41.53	101%	
400~~	, 2011 (13),	76	5:20 4e	277	5:15.00	070/	-
400m 100m		76.	5:20.16	377 -	5:15.00 1:21.90	97% -	
200m		31.	2:40.08	441	2:39.00	99%	

400m	, 2010 (14),	60	4.50.04	202	4.54.04	000/	-
100m		68.	4:52.04	383	4:51.04 1:05.26	99% -	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						2
400m 100m		18.	4:35.80 1:07.33	455 357	4:36.00 1:07.50	100% 101%	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						2
400m 100m		97. 25.	5:27.25 1:21.42	353 292	5:28.72 1:20.44	101% 98%	
200m		101.	2:52.23	354	2:52.24	100%	
	, 2011 (13),						1
400m		63.	5:16.47	390	5:12.90	98%	
100m 200m		51.	2:43.41	414	1:11.34 2:44.44	101%	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		17. 86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
	, 2010 (14),						-
400m		75.	4:53.03	380	4:50.50	98%	
100m 200m		46.	2:29.60	393	1:16.20 2:29.00	- 99%	
200111	, 2010 (14),	10.	2.20.00	000	2.20.00	0070	-
400m		14.	4:32.52	472	4:32.06	100%	
100m 200m		7.	2:18.80	492	1:00.00 2:17.73	- 98%	
200111	, 2011 (13),	,.	2.10.00	402	2.17.70	3070	2
400m	, == (,,	89.	5:23.67	364	5:19.00	97%	
100m		17. 81.	1:16.44	353 372	1:16.50	100% 101%	
200m		01.	2:49.37	312	2:50.15	10176	
							42
	, 2011 (13),						-
100m 400m		147.	5:12.93	- 312	1:01.00 5:12.00	- 99%	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m		131.	3:01.35	303	2:52.00	90%	
	, 2010 (14),						1
100m 400m		36.	4:42.02	- 426	1:01.00 4:43.00	- 101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12),						1
100m 400m		144.	5:10.95	- 318	1:05.00 5:03.00	- 95%	
200m		132.	2:43.49	301	2:45.00	102%	
	, 2012 (12),						1
400m		65.	5:17.11	388	5:06.00	93%	
100m 200m		10. 82.	1:12.83 2:49.57	408 371	1:12.90 2:46.00	100% 96%	
	, 2011 (13),						-
100m			5.00.00	-	1:09.00	-	
400m 200m		77. 104.	5:20.22 2:52.67	376 351	5:17.90 2:49.60	99% 96%	
	, 2012 (12),						-
400m		104.	5:31.09	340	5:17.90	92%	
100m 200m		29. 96.	1:27.91 2:51.56	232 358	1:21.99 2:49.60	87% 98%	
	, 2010 (14),						2
400m	·	89.	4:55.23	371	4:56.38	101%	
100m 200m		27.	2:26.65	417	1:13.64 2:27.94	- 102%	
	, 2011 (13),			***		.5270	1
100m			5 AT 1-	-	1:05.50	-	
400m 200m		41. 76.	5:07.47 2:47.81	425 382	5:15.00 2:46.00	105% 98%	
200111	, 2010 (14),	70.	2.77.01	502	£. 10.00	30 /0	-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.95	-	
400m 200m		131. 125.	5:05.83 2:41.98	334 310	4:54.00 2:36.00	92% 93%	
200111		120.	2.71.30	310	2.00.00	35/0	

	, 2010 (14),						-
400m	, , , , , , , , , , , , , , , , , , , ,	146.	5:11.13	317	5:04.00	95%	
100m				-	1:15.00		
200m	2011 (12	79.	2:34.76	355	2:33.00	98%	
400	, 2011 (13),				1.05.00		-
100m 400m		43.	5:08.38	- 421	1:05.00 4:55.00	- 92%	
200m		102.	2:52.35	353	2:47.00	94%	
	, 2010 (14),						1
400m	, , , ,	105.	4:59.61	355	4:58.00	99%	
100m		0.4	0.04.04	-	1:18.00	-	
200m	2042 (42	81.	2:34.91	354	2:38.35	104%	4
400	, 2012 (12),	100	F-20 20	242	F-26 00	070/	1
400m 100m		103.	5:30.30	343	5:26.00 1:18.50	97%	
200m		86.	2:50.18	367	2:54.00	105%	
	, 2010 (14),						-
100m				-	1:00.00	-	
400m		64.	4:51.10	387	4:44.22	95%	
200m	0044 (40	78.	2:34.27	358	2:30.55	95%	
400	, 2011 (13),	00	4.50.40	200	4.50.00	4000/	-
400m 100m		96.	4:58.10	360	4:58.00 1:10.00	100%	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12),						1
400m		140.	5:56.43	273	6:00.00	102%	
100m			0.00.40	-	1:22.00	-	
200m	0040 (44	148.	3:23.13	215	3:14.00	91%	_
400	, 2010 (14),	10	4.25.04	AFF	4.44.00	1049/	2
400m 100m		19.	4:35.84 1:05.51	455 387	4:41.90 1:06.90	104% 104%	
200m		43.	2:29.07	397	2:28.50	99%	
	, 2011 (13),						1
400m		72.	5:18.21	384	5:06.76	93%	
100m				-	1:16.54	-	
200m	0044 (40	17.	2:35.71	479	2:36.17	101%	
400	, 2011 (13),	70	4.50.46	270	4.52.00	100%	-
400m 100m		79.	4:53.46	378	4:53.00 1:09.00	100%	
200m		138.	2:44.35	296	2:42.00	97%	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	-	
200m	2012 (12	119.	2:56.27	330	2:58.00	102%	2
400	, 2012 (12),	00	F-0F F0	250	F-04-00	4000/	2
400m 100m		92.	5:25.53	358	5:31.00 1:17.50	103%	
200m		97.	2:51.90	356	2:57.00	106%	
	, 2012 (12),						2
400m	, (137.	5:53.39	280	6:09.00	109%	
100m				-	1:35.00	-	
200m	0040 (44	128.	3:00.38	308	3:03.74	104%	
400	, 2010 (14),	400	5.05.00	000	4.50.00	040/	-
400m		133.	5:05.92	333	4:52.00	91% 85%	
100m 200m		151.	1:15.84 2:53.07	250 254	1:10.00 2:45.00	91%	
	, 2012 (12),						2
100m	, == (=),			-	1:05.00	-	_
400m		18.	4:58.44	465	5:05.50	105%	
200m		29.	2:39.91	442	2:40.14	100%	
	, 2010 (14),						-
400m		156.	5:25.52	277	5:20.00	97%	
100m 200m		146.	2:47.48	280	1:09.00 2:41.00	92%	
200	, 2011 (13),		2	200	200	02/0	1
400m	, ==::(:= /,	86.	5:21.67	371	5:14.45	96%	-
100m				-	1:23.21	-	
200m		46.	2:43.02	417	2:43.34	100%	
	, 2011 (13),						-
400m		135.	5:52.65	282	5:25.00	85%	
100m 200m		114.	2:54.33	341	1:23.00 2:50.00	- 95%	
20011	, 2011 (13),	ı ı -+ .	2.04.00	J -1 1	2.00.00	35/0	1
400m	, 2011 (10),	128.	5:46.63	297	5:30.00	91%	٠
100m				-	1:17.00	-	
200m		106.	2:52.99	349	2:53.00	100%	

400	, 2010 (14),				50.70		-
100m 400m		92.	4:56.39	367	58.79 4:50.00	96%	
200m		85.	2:35.94	347	2:35.29	99%	
200111	, 2011 (13),	00.	2.00.04	047	2.00.20	3370	3
400m	, ==::(:= /,	55.	5:11.97	407	5:19.78	105%	Ū
100m		8.	1:11.21	437	1:11.45	101%	
200m		24.	2:38.13	457	2:41.12	104%	
	, 2012 (12),						-
400m		58.	5:13.29	402	5:10.00	98%	
100m				-	1:16.00	-	
200m		108.	2:53.32	347	2:50.00	96%	
	, 2013 (11),						1
400m		145.	6:18.95	227	6:02.00	91%	
100m		400	0.07.04	-	1:29.00	-	
200m	2010 (14	139.	3:07.24	275	3:10.00	103%	
400	, 2010 (14),	440	5.00.07	0.45	4.50.00	000/	-
400m		118.	5:02.37	345	4:56.00	96%	
100m 200m		130.	2:42.95	304	1:08.00 2:42.00	99%	
200	, 2011 (13),		22.00		2.12.00	2070	1
400m	, 2011 (10),	22.	5:00.79	454	4:55.76	97%	
100m		6.	1:10.28	454	1:10.23	100%	
200m		11.	2:33.98	495	2:35.69	102%	
	, 2013 (11),						3
400m		101.	5:29.00	347	5:30.00	101%	
100m		15.	1:15.27	370	1:17.00	105%	
200m		94.	2:51.18	360	2:53.00	102%	
	, 2012 (12),						1
400m		94.	4:56.78	365	5:00.00	102%	
100m		64	0.04.45	-	1:10.50	-	
200m	, 2011 (13),	61.	2:31.15	381	2:26.50	94%	1
100m	, 2011 (13),			-	1:08.00		
400m		70.	5:18.02	384	5:24.00	104%	
200m		75.	2:47.79	383	2:47.00	99%	
	, 2013 (11),						2
400m	, == := (:: /,	122.	5:42.96	306	5:43.00	100%	_
100m				-	1:28.79	-	
200m		113.	2:54.20	342	2:59.00	106%	
	, 2013 (11),						2
100m				-	1:08.00	-	
400m		94.	5:26.73	354	5:35.00	105%	
200m	2012 (12	78.	2:48.29	379	2:53.00	106%	4
400	, 2012 (12),	100	E-22 24	227	F-26 00	1000/	1
400m 100m		109. 27.	5:32.34 1:23.90	337 267	5:36.00 1:22.50	102% 97%	
200m		135.	3:02.68	296	2:58.00	95%	
	, 2011 (13),						_
400m	, 2011 (10),	128.	5:04.94	337	4:55.00	94%	
100m		.20.	0.0	-	1:09.00	-	
200m		121.	2:41.65	311	2:35.00	92%	
	, 2010 (14),						2
400m		88.	4:54.94	372	5:00.00	103%	
100m				-	1:05.50	-	
200m	0040 (40	25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						1
100m		64	E.44.46	-	1:05.90	4000/	
400m 200m		61. 49.	5:14.16 2:43.23	399 416	5:14.00 2:46.00	100% 103%	
200111	, 2012 (12),	43.	2.43.23	410	2.40.00	10370	1
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	
100m		20.	0.00.01	-	1:15.60	-	
200m		6.	2:31.56	519	2:34.33	104%	
	, 2010 (14),						2
400m		151.	5:17.63	298	5:20.00	101%	
100m				-	1:11.00	-	
200m		126.	2:42.08	309	2:44.00	102%	
							00
							28
	, 2010 (14),						2
100m		-	4	-	55.22	-	
400m		6. 1 <i>1</i>	4:26.99 2:22.46	502 455	4:32.45 2:25.42	104% 104%	
200m		14.	2:22.46	455	2:25.42	104%	

	, 2011 (13),						1
400m		83.	5:21.23	373	5:12.00	94%	
100m 200m		55.	2:44.75	404	1:22.72 2:47.38	103%	
200	, 2012 (12),	00.			2	10070	1
400m		52.	5:11.42	409	5:11.20	100%	
100m		21.	1:18.74	323	1:19.71	102%	
200m	, 2010 (14),	66.	2:46.30	393	2:45.10	99%	2
400m	, 2010 (14),	21.	4:38.39	443	4:43.78	104%	_
100m				-	1:15.65	-	
200m	0044 (40	31.	2:27.12	413	2:27.24	100%	
400m	, 2011 (13),	107.	5:00.11	353	5:02.18	101%	1
100m		107.	5.00.11	-	1:14.97	101%	
200m		136.	2:44.26	297	2:38.82	93%	
	, 2011 (13),						1
100m 400m		56.	5:13.06	403	1:05.00 5:10.00	98%	
200m		67.	2:46.32	393	2:48.00	102%	
	, 2010 (14),						1
400m		3.	4:17.49	560	4:10.30	94%	
100m 200m		10.	2:20.18	478	1:02.52 2:22.10	- 103%	
200111	, 2010 (14),	10.	2.20.10	470	2.22.10	10070	2
100m	, (),			-	1:04.00	-	
400m		65.	4:51.20	387	4:53.44	102%	
200m	, 2010 (14),	90.	2:36.52	343	2:39.02	103%	2
400m	, 2010 (14),	1.	4:08.68	621	4:09.73	101%	_
100m				-	1:05.00	-	
200m	2012 /12	1.	2:07.95	629	2:13.50	109%	4
400m	, 2012 (12),	59.	5:13.52	401	5:10.78	98%	1
100m		00.	0.10.02	-	1:14.00	-	
200m		59.	2:45.50	399	2:47.46	102%	
400	, 2011 (13),	400				0=0/	-
400m 100m		138.	5:06.74	331	5:02.39 1:13.50	97%	
200m		122.	2:41.73	311	2:40.24	98%	
	, 2011 (13),						2
100m		20	5-04-07	-	1:11.46	4050/	
400m 200m		32. 90.	5:04.87 2:51.00	436 361	5:12.37 2:52.37	105% 102%	
	, 2011 (13),						3
400m	·	11.	4:53.33	490	4:55.57	102%	
100m 200m		3. 7.	1:09.99 2:32.60	460 509	1:12.97 2:33.78	109% 102%	
200111	, 2011 (13),		2.02.00	303	2.55.76	10270	2
400m	, == : : (:= /,	53.	5:11.69	408	5:24.16	108%	_
100m		40	0.44.74	-	1:15.63	-	
200m	, 2010 (14),	42.	2:41.71	427	2:45.16	104%	1
400m	, 2010 (11),	80.	4:53.47	378	4:53.24	100%	•
100m			1:08.76	335	1:09.17	101%	
400	, 2010 (14),						2
100m 400m		61.	4:50.80	388	1:02.18 5:00.24	- 107%	
200m		93.	2:37.15	339	2:41.49	106%	
	, 2011 (13),						-
400m		106.	5:31.72	339	5:18.20	92%	
100m 200m		16. 68.	1:15.75 2:46.53	363 391	1:15.73 2:40.40	100% 93%	
	, 2010 (14),						1
100m	•			-	1:00.20	-	
400m		37.	4:42.97	422	4:46.76	103%	
200m	, 2011 (13),	63.	2:31.60	378	2:29.33	97%	1
100m	,			-	1:05.89	÷	•
400m		64.	5:17.06	388	5:20.16	102%	
200m	, 2011 (13),	105.	2:52.88	350	2:51.94	99%	2
400m	, 2011 (13),	48.	5:10.11	414	5:12.44	102%	2
100m				-	1:15.06	-	
200m		53.	2:44.12	409	2:46.53	103%	

	, 2011 (13),							1
400m	, == : : (:= /,	82.	4:53.81	377	4:51.26		98%	-
100m				-	1:04.54		-	
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	_
100m	, 2012 (12),			-	1:24.71		_	
	, 2010 (14),							-
400m	, , , ,	12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m		12.	2:21.05	469	1:04.92	29.03.2024	- 000/	
200m	, 2010 (14),	12.	2:21.05	409	2:20.41	24.04.2024	99%	2
400m	, 2010 (14),	4.	4:18.37	554	4:21.07	25.04.2024	102%	_
100m				-	1:02.09	26.04.2024	-	
200m	2012 (12	11.	2:20.34	476	2:21.29	24.04.2024	101%	2
100m	, 2012 (12),			-	1:12.87		_	
400m		134.	5:52.45	282	6:02.18		106%	
200m		133.	3:02.37	298	3:03.57		101%	
400	, 2010 (14),				50.54	00.04.0004		-
100m 400m		8.	4:28.25	- 495	56.54 4:22.37	26.04.2024 25.04.2024	- 96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m 400m		100.	4:58.66	358	1:01.04 4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m		440	F-20 67	-	1:11.63		4040/	
400m 200m		119. 132.	5:39.67 3:01.38	315 303	5:41.67 2:57.97		101% 96%	
200	, 2011 (13),	.02.	0.01.00	000	2.01.01		0070	1
100m				-	1:07.27		-	
400m 200m		69. 71.	5:17.47 2:46.80	386 389	5:16.74 2:48.80		100% 102%	
200111	, 2010 (14),	71.	2.40.00	309	2.40.00		10270	_
400m	, ==== (, ,),	70.	4:52.05	383	4:50.62		99%	
100m				-	1:04.31		-	
200m	2011 (12	103.	2:38.60	330	2:36.18		97%	4
400m	, 2011 (13),	39.	5:06.09	431	5:03.05		98%	1
100m				-	1:09.13		-	
200m	2044 (42	30.	2:40.06	441	2:42.47		103%	4
400m	, 2011 (13),	75.	5:19.74	378	5:25.39	24.04.2024	104%	1
100m		23.	1:19.35	316	1:15.43	26.04.2024	90%	
200m		62.	2:45.65	398	2:44.59	22.06.2023	99%	_
100	, 2010 (14),				4.00.00	26.04.2024		2
100m 400m		126.	5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
400	, 2011 (13),	50	4 40 05	200	4 55 05	05.04.0004	4050/	2
400m 100m		58.	4:48.95	396	4:55.65 1:20.23	25.04.2024 26.04.2024	105%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m 400m		95.	4:56.87	365	1:03.95 4:53.13	26.04.2024 25.04.2024	- 97%	
400111	, 2011 (13),	35.	4.30.07	303	4.55.15	23.04.2024	31 /0	1
400m	, _0;; (10),	67.	5:17.33	387	5:12.70		97%	'
100m				-	1:13.24		-	
200m	, 2010 (14),	40.	2:41.16	432	2:41.91		101%	1
400m	, 2010 (14),	116.	5:02.10	346	4:55.78	25.04.2024	96%	1
100m		110.	0.02.10	-	1:18.07	26.04.2024	-	
200m	0044 (40	99.	2:37.98	334	2:39.71	24.04.2024	102%	,
400m	, 2011 (13),	57.	5.12.27	402	5:07.61		060/	1
400m 100m		υ1.	5:13.27	402	5:07.61 1:18.86		96% -	
200m		34.	2:40.38	438	2:43.95		105%	
	, 2010 (14),							2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	- 102%	
200m		114.	2:40.71	317	2:48.11	20.07.2024	102%	
	, 2010 (14),							1
400m		99.	4:58.54	359	4:56.78		99%	
100m 200m		89.	2:36.50	343	1:12.94 2:39.46		104%	
			-					

	, 2011 (13),							2
400m 100m		120.	5:02.84	344	5:06.52 1:20.24		102%	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m 100m		60. 13.	5:13.71	400 393	5:11.05 1:11.42		98% 94%	
200m		68.	1:13.77 2:46.53	391	2:44.78		98%	
	, 2011 (13),							1
100m		400	4.50.05	-	1:00.75	26.04.2024	-	
400m 200m		102. 68.	4:58.95 2:32.62	357 370	4:55.91 2:35.06	25.04.2024 24.04.2024	98% 103%	
	, 2010 (14),							1
400m		50.	4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	444	1:07.57 2:23.78		100%	
	, 2010 (14),							-
100m				-	1:02.09		-	
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
	, 2012 (12),							-
100m		70	5 40 55	-	1:06.45		-	
400m 200m		73. 90.	5:18.55 2:51.00	382 361	5:15.39 2:50.71		98% 100%	
200111	, 2011 (13),	00.	2.01.00	001	2.00.71		10070	1
100m				-	1:00.60		<u>-</u>	
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
200	, 2011 (13),			0.0	2		.0.,0	2
100m			. ==	-	1:05.45	26.04.2024	-	
400m 200m		9. 44.	4:52.11 2:42.25	496 423	4:58.56 2:44.93	24.04.2024 25.04.2024	104% 103%	
200	, 2012 (12),			.20	2	20.0202 .	.0070	-
400m		155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m 200m		147.	2:47.94	278	1:22.81 2:47.64	26.04.2024 24.04.2024	100%	
200	, 2010 (14),		2	2.0	2		.0070	1
400m		137.	5:06.69	331	5:15.13	25.04.2024	106%	
100m 200m		116.	2:41.11	315	1:20.61 2:38.12	28.03.2024 24.04.2024	96%	
	, 2011 (13),							1
400m		113.	5:35.23	328	5:24.88		94%	
100m 200m		79.	2:48.69	376	1:21.65 2:52.72		105%	
200	, 2010 (14),			0.0	2.022		.0070	2
400m		33.	4:41.84	427	4:48.82		105%	
100m 200m		29.	2:26.83	416	1:17.47 2:32.09		107%	
	, 2010 (14),							1
400m		60.	4:50.43	390	4:52.60		101%	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
	, 2012 (12),							2
100m			==	-	1:04.40	28.03.2024	-	
400m 200m		57. 102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
	, 2010 (14),							2
400m		9.	4:28.37	494	4:26.36		99%	
100m 200m		3.	1:00.59 2:15.53	490 529	1:01.56 2:16.53		103% 101%	
	, 2011 (13),							2
400m		85.	5:21.42	372	5:19.67		99%	
100m 200m		2. 22.	1:09.92 2:37.58	461 462	1:12.01 2:38.51		106% 101%	
	, 2010 (14),							-
400m		54.	4:47.64	401	4:47.50		100%	
100m 200m		22.	2:25.16	430	1:12.80 2:22.60		97%	
	, 2011 (13),							1
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m		28.	2:39.45	446	1:06.89 2:41.50		103%	
	, 2012 (12),		-	-				-
100m		00	E.00.40	-	1:03.95	26.04.2024	- OE0/	
400m 200m		26. 52.	5:03.12 2:43.63	444 413	4:55.54 2:42.67	24.04.2024	95% 99%	

	0040 (40							0
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	2
100m		407	2.02.06	-	1:24.14	25.04.2024	1000/	
200m	, 2011 (13),	137.	3:03.86	291	3:10.66	25.04.2024	108%	1
100m	, , , , , , , , , , , , , , , , , , , ,			.	1:06.87		-	
400m 200m		49. 47.	5:10.15 2:43.13	414 416	5:17.13 2:41.97		105% 99%	
200111	, 2011 (13),	ч.	2.40.10	410	2.41.57		3370	2
100m		400		-	1:04.58		-	
400m 200m		109. 117.	5:00.25 2:41.17	353 314	5:01.18 2:41.79	25.04.2024 24.04.2024	101% 101%	
	, 2011 (13),							1
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99%	
200m		95.	2:51.42	359	2:53.69		103%	
400	, 2011 (13),	450	5.00.07	005	5.40.00		050/	-
400m 100m		153.	5:22.37	285	5:13.38 1:28.91		95% -	
200m		149.	2:49.23	271	2:44.49		94%	_
400m	, 2011 (13),	24.	5:01.70	450	5:03.35		101%	2
100m				-	1:07.74		-	
200m	, 2012 (12),	27.	2:39.03	449	2:39.68		101%	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	_
100m		4.44	2,00.40	-	1:21.59	26.04.2024	- 040/	
200m	, 2010 (14),	141.	3:08.18	271	3:02.87	25.04.2024	94%	1
100m	, == := (:: /,			-	54.12		-	•
400m 200m		2. 2.	4:15.42 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14),	2.	2.12.00	001	2.12.70		10070	1
400m		42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m 200m		13.	2:21.78	462	1:09.79 2:23.12	26.04.2024 24.04.2024	102%	
	, 2013 (11),							2
400m 100m		108.	5:32.14	337	5:39.66 1:34.94		105%	
200m		120.	2:56.42	329	2:56.62		100%	_
400m	, 2011 (13),	105.	5:31.45	339	5:32.47		101%	2
100m		105.	5.51.45	-	1:25.17		10176	
200m	, 2012 (12),	98.	2:52.03	355	2:55.64		104%	1
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	'
100m		400	2.00.20	-	1:22.25	26.04.2024	- 10E0/	
200m	, 2011 (13),	128.	3:00.38	308	3:05.11	25.04.2024	105%	_
400m	, 2011 (10),	71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m 200m		61.	2:45.55	- 398	1:22.53 2:43.30	23.11.2023 25.04.2024	- 97%	
200111	, 2012 (12),	01.	2. 10.00	000	2. 10.00	20.01.2021	0170	1
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m		58.	2:45.49	399	1:15.63 2:45.78	26.04.2024 25.04.2024	100%	
	, 2012 (12),							3
400m 100m		28. 11.	5:04.52 1:13.03	438 405	5:12.89 1:13.60	24.04.2024 26.04.2024	106% 102%	
200m	2040 (44	65.	2:45.80	397	2:49.88	25.04.2024	105%	•
100m	, 2010 (14),			-	1:02.55		-	2
400m		52.	4:47.24	403	4:49.66		102%	
200m	, 2011 (13),	84.	2:35.53	350	2:38.32		104%	_
100m	, 2011 (13),			-	1:03.13	26.04.2024	-	
400m 200m		16. 32.	4:57.81 2:40.13	468 440	4:54.75 2:39.16	27.03.2024 25.04.2024	98% 99%	
200111	, 2012 (12),	JZ.	۷.۲۰.۱۵	11 0	2.03.10	20.07.2024	<i>33 /</i> 0	2
400m	, , , , , , , , , , , , , , , , , , , ,	98.	5:28.19	350	5:30.94		102%	
100m 200m		73.	2:47.68	383	1:15.24 2:51.65		105%	
	, 2012 (12),							1
400m 100m		44.	5:08.56	421 -	5:16.23 1:22.27		105%	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m	, , , , , , , , , , , , , , , , , , , ,	136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m		115.	2:54.80	338	2:56.19		102%	
	, 2010 (14),							-
100m				-	1:05.38	26.04.2024		
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m	0040 (4.4	144.	2:46.90	283	2:46.19	24.04.2024	99%	
400	, 2010 (14),						40=0/	1
400m		27.	4:40.00	435	4:46.52		105%	
100m 200m		28.	2:26.71	417	1:04.59 2:24.49		97%	
200111	, 2012 (12),	20.	2.20.7 1	•••	2.2 1. 10		0170	_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m		120.	0.44.14	-	1:29.97	19.04.2024	-	
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13),							2
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m				-	1:18.51	26.04.2024	-	
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%	
	, 2010 (14),							2
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m		440	0.40.45	-	1:15.19	26.04.2024	-	
200m	2011 (12	112.	2:40.45	318	2:45.47	24.04.2024	106%	
100	, 2011 (13),				1.04.60	26.40.2022		-
100m 400m		13.	4:54.85	- 482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m		14.	2:34.91	486	2:34.71	22.11.2023	100%	
	, 2011 (13),						,.	2
100m	, 2011 (10),			_	1:18.22	24.11.2023	_	_
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13),							1
100m				-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
	, 2010 (14),							1
400m		35.	4:41.88	426	4:40.20		99%	
100m 200m		58.	1:08.37 2:30.84	341 383	1:08.47 2:29.71		100% 99%	
200111	2011 (12	30.	2.30.04	303	2.29.71		9976	
400m	, 2011 (13),	73.	4.52.60	381	4:50.48		99%	-
100m		73.	4:52.60	-	1:08.99		3376	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m	, ,	120.	5:40.49	313	5:43.73		102%	
100m				-	1:17.03		-	
	, 2010 (14),							2
100m				-	59.64		-	
400m		29.	4:41.14	430	4:51.18		107%	
200m	0044 (40	16.	2:22.56	454	2:25.57		104%	0
400	, 2011 (13),	20	5-04-55	400	F:40 0F	04.04.0004	4000/	2
400m 100m		30.	5:04.55	438	5:16.65 1:19.49	24.04.2024 26.04.2024	108% -	
200m		23.	2:38.03	458	2:39.45	25.04.2024	102%	
200111	, 2010 (14),	20.	2.00.00	100	2.00.10	20.01.2021	10270	1
400m	, 2010 (11),	145.	5:11.00	317	5:02.94		95%	•
100m				-	1:11.66		-	
200m		120.	2:41.59	312	2:42.38		101%	
	, 2012 (12),							-
400m	, , , , , , , , , , , , , , , , , , , ,	114.	5:01.82	347	5:00.14	25.04.2024	99%	
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							2
100m				-	1:04.73	28.03.2024	-	
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m	2011 (12	103.	2:38.60	330	2:45.39	16.06.2023	109%	4
400	, 2011 (13),	40	E:00 47	447	E-0E-00		000/	1
400m 100m		46.	5:09.47	417 -	5:05.80 1:11.00		98%	
200m		19.	2:36.77	469	2:39.70		104%	
200.11	, 2010 (14),			.55			.0170	2
100m	, (//			-	55.65	26.04.2024	-	_
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	

400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	1
100m		132.	5.05.65	-	1:14.56		-	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m		101	E:02.26	- 242	1:04.13		- 0.49/	
400m 200m		121. 124.	5:03.26 2:41.80	342 311	4:53.89 2:42.26		94% 101%	
200111	, 2011 (13),	121.	2.41.00	011	2. 12.20		10170	_
400m	, , , , , , , , , , , , , , , , , , , ,	134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		444	0:40.40	-	1:11.34	26.04.2024	-	
200m	, 2013 (11),	111.	2:40.43	319	2:39.42	24.04.2024	99%	2
400m	, 2013 (11),	144.	6:15.17	234	6:23.56	24.04.2024	105%	2
100m			0.10.11	-	1:38.18	26.04.2024	-	
200m		147.	3:16.00	240	3:46.50	06.12.2023	134%	_
400	, 2011 (13),				4 00 04			2
100m 400m		117.	5:02.29	346	1:06.34 5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m		100	5 00 0 7	-	1:06.69	07.12.2023	-	
400m 200m		136. 129.	5:06.37 2:42.90	332 304	5:15.49 2:50.21	27.03.2024 24.04.2024	106% 109%	
200111	, 2010 (14),	129.	2.42.30	304	2.30.21	24.04.2024	10976	2
400m	, 2010 (11),	23.	4:38.83	441	4:40.20	25.04.2024	101%	_
100m			1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13),							1
100m 400m		25.	4:39.41	438	1:00.12 4:43.97		103%	
400111	, 2011 (13),	23.	4.55.41	430	4.43.31		10376	2
400m	, =0.1. (10 /),	150.	5:15.84	303	5:17.90	25.04.2024	101%	_
100m				-	1:15.34	26.04.2024	-	
200m	0040 (44	142.	2:45.74	289	2:48.64	24.04.2024	104%	4
400m	, 2010 (14),	83.	4.54.17	375	E:11 10	22 11 2022	112%	1
100m		03.	4:54.17	3/3	5:11.10 1:10.36	23.11.2023	11270	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m		40	4.46.00	- 40E	59.62	26.04.2024	- 0.497	
400m 200m		49. 33.	4:46.80 2:27.57	405 410	4:37.90 2:27.45	25.04.2024 24.04.2024	94% 100%	
	, 2012 (12),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m 200m		24. 109.	1:21.23	294 345	1:20.12 2:54.00		97% 100%	
200111	, 2011 (13),	109.	2:53.67	343	2.34.00		100%	1
100m	, 2011 (10),			-	1:00.03		-	
400m		33.	4:41.84	427	4:42.88		101%	
200m	2011 (12	83.	2:35.11	353	2:33.34		98%	4
100m	, 2011 (13),			-	59.14		_	1
400m		8.	4:52.02	496	4:49.86		99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							2
400m 100m		118.	5:39.24	316	5:47.72 1:21.52	24.04.2024 26.04.2024	105%	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	
	, 2011 (13),							2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m 200m		5.	2:29.68	539	1:05.31 2:31.57	26.04.2024 25.04.2024	103%	
200111	, 2011 (13),	3 .	2.23.00	333	2.01.07	20.04.2024	10070	1
400m	,	110.	5:00.43	352	5:00.56		100%	•
100m				-	1:10.64		-	
200m	0040 (44	109.	2:39.77	323	2:39.17		99%	_
400m	, 2010 (14),	106.	4:59.83	354	5:03.85		103%	2
400m 100m		100.	4.03.03	- -	1:09.98		103%	
200m		92.	2:36.85	341	2:39.94		104%	
400	, 2010 (14),				==			2
100m 400m		13.	4:31.82	476	58.78 4:47.67		- 112%	
200m		32.	2:27.18	413	2:33.74		109%	

400	, 2011 (13),						4000/	2
400m 100m		79.	5:20.72	375 -	5:29.96 1:27.32	27.03.2024 26.04.2024	106% -	
200m		72.	2:47.57	384	2:52.36	25.04.2024	106%	
	, 2011 (13),							-
400m 100m		141.	5:08.43	325	5:06.86 1:20.91		99%	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m	, 2011 (13),			-	1:08.42		-	2
100m	, 2011 (10),			_	1:05.35	26.04.2024	-	_
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m	, 2010 (14),	135.	2:44.12	298	2:48.84	24.04.2024	106%	1
400m	, 2010 (14),	28.	4:40.52	433	4:43.30		102%	'
100m				-	1:13.19		-	
200m	2011 (12	23.	2:25.38	428	2:22.59		96%	2
400m	, 2011 (13),	124.	5:44.02	303	5:55.78		107%	2
100m				-	1:24.03		-	
200m	0040 (40	87.	2:50.38	365	2:57.06		108%	
400m	, 2012 (12),	38.	5:05.99	431	5:00.22		96%	1
100m		30.	0.00.00	-	1:13.94		-	
200m	0040 (44	37.	2:40.97	433	2:41.99		101%	_
400m	, 2013 (11),	96.	5:27.19	353	5:30.42	27.03.2024	102%	2
100m		30.	5.27.15	-	1:17.86	26.04.2024	-	
200m	0044 (40	116.	2:55.40	335	2:59.30		104%	_
400m	, 2011 (13),	4.	4:40.74	559	4:37.71		98%	2
100m		1.	1:03.78	608	1:04.81		103%	
200m		2.	2:27.56	563	2:27.89		100%	
400	, 2010 (14),				4 00 00	00.04.0004		1
100m 400m		159.	5:30.87	263	1:08.86 5:34.76	26.04.2024 25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96		79%	
400	, 2010 (14),	70	4-50-50	200	4.50.00		4000/	2
400m 100m		72.	4:52.50	382	4:52.68 1:18.06		100%	
200m		52.	2:30.33	387	2:31.09		101%	
400	, 2010 (14),				=0.=0			1
100m 200m		50.	2:30.23	388	59.59 2:32.95		104%	
	, 2011 (13),							-
100m				-	59.17	26.04.2024	-	
400m 200m		5. 8.	4:44.57 2:33.20	536 503	4:38.23 2:31.66	24.04.2024 25.04.2024	96% 98%	
200111	, 2011 (13),	0.	2.00.20	000	2.01.00	20.0 1.202 1	0070	2
400m	, , ,	2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m 200m		1.	2:22.53	- 624	1:12.77 2:24.20	23.11.2023 25.04.2024	- 102%	
200111	, 2012 (12),		2.22.00	024	2.24.20	20.04.2024	10270	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:18.15	26.10.2023	-	
400m 200m		95. 118.	5:27.11 2:55.96	353 332	5:20.73 2:56.24	24.04.2024 25.04.2024	96% 100%	
200111	, 2011 (13),	110.	2.33.30	332	2.50.24	20.04.2024	10070	_
100m	, (, , ,			-	1:02.61	05.10.2023	-	
400m 200m		15. 9.	4:55.46 2:33.61	479 499	4:50.73 2:33.58	24.04.2024 25.04.2024	97% 100%	
200111	, 2010 (14),	5.	2.00.01	400	2.00.00	20.04.2024	10070	1
400m	, (158.	5:30.09	265	5:30.90	25.04.2024	100%	
100m		141.	2:45.31	- 291	1:13.92	26.04.2024	07%	
200m	, 2010 (14),	141.	2.40.01	231	2:42.67	24.04.2024	97%	2
400m	, 20.0 (),	85.	4:54.88	372	4:48.30		96%	_
100m		20	1:04.65	403	1:05.77		103%	
200m	, 2011 (13),	39.	2:28.77	400	2:30.91		103%	2
100m	,			-	1:03.15		-	_
400m		19.	4:58.75	464	5:01.84		102%	
200m		15.	2:34.95	486	2:36.98		103%	

	, 2011 (13),							2
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m		13.	2:34.85	487	2:37.06	25.04.2024	103%	
	, 2011 (13),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m		50	1:06.99	362	1:06.88		100%	
200m	, 2010 (14),	56.	2:30.47	386	2:34.49		105%	_
100m	, 2010 (14),			-	1:00.40		-	_
400m		32.	4:41.74	427	4:38.00		97%	
200m	0040440	106.	2:39.25	326	2:32.00		91%	_
400	, 2012 (12),	120	E. 40. 4E	202	F:40 40	24.04.2024	1000/	2
400m 100m		130.	5:48.45	292	5:49.10 1:31.39	24.04.2024 28.03.2024	100%	
200m		117.	2:55.50	334	3:00.67	25.04.2024	106%	
	, 2011 (13),							-
100m		400	5 40 50	-	1:10.37		-	
400m 200m		163. 155.	5:43.56 3:05.76	235 205	5:31.52 3:03.37		93% 97%	
	, 2011 (13),							1
400m	, == (,,	35.	5:05.10	435	5:02.99		99%	
100m				-	1:22.25		-	
200m	, 2012 (12),	70.	2:46.69	390	2:47.42		101%	1
100m	, 2012 (12),			-	1:11.00		_	'
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
400	, 2012 (12),	400	5 50 7 4	000	0.04.40	04.04.0004	4000/	1
400m 100m		133. 20.	5:50.71 1:18.13	286 331	6:01.10 1:15.81	24.04.2024 26.04.2024	106% 94%	
200m		122.	2:57.87	321	2:57.50	25.04.2024	100%	
	, 2010 (14),							-
400m		68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m 200m		62.	2:31.24	380	1:18.29 2:29.25	06.10.2023 24.04.2024	97%	
200111	, 2011 (13),	02.	2.01.24	300	2.20.20	24.04.2024	37 70	_
100m	, == : (: = /,			-	1:16.04		-	
200m	2040 (44	153.	3:00.95	222	2:48.79		87%	
400	, 2010 (14),				1,01.60			-
100m 400m		119.	5:02.76	344	1:01.60 5:02.70		100%	
200m		100.	2:38.04	333	2:35.00		96%	
	, 2012 (12),							2
100m 400m		131.	5:49.82	- 289	1:15.24 6:01.03		- 107%	
200m		140.	3:07.59	269 274	3:11.37		107%	
	, 2011 (13),							1
400m		33.	5:04.98	436	5:03.60		99%	
100m 200m		43.	2:41.78	427	1:10.20 2:42.00		100%	
200111	, 2011 (13),	40.	2.41.70	421	2.42.00		10070	1
400m	, 2011 (10),	36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18	26.04.2024	-	
200m	, 2010 (14),	26.	2:38.81	451	2:42.57	25.04.2024	105%	
400m	, 2010 (14),	15.	4:32.87	470	4:31.67		99%	-
100m				-	1:02.45		-	
	, 2011 (13),							1
100m				-	59.64		-	
400m 200m		30. 54.	4:41.18 2:30.36	430 387	4:38.57 2:32.82		98% 103%	
	, 2010 (14),	*						2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.66		-	
400m		56.	4:47.79	401	5:00.36		109%	
200m	, 2011 (13),	60.	2:31.10	381	2:33.70		103%	_
400m	, ZUII (13 <i>)</i> ,	48.	4:46.42	406	4:45.95	25.04.2024	100%	-
100m				-	1:13.57	26.04.2024	-	
200m	0040 (4.4	42.	2:29.06	397	2:27.33	24.04.2024	98%	
400m	, 2010 (14),	44.	V-VV 63	A19	A-40 40	25.04.2024	Ω 7 0/	-
400m		44.	4:44.83	413 -	4:40.19 1:07.31	25.04.2024 26.04.2024	97% -	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	

	, 2011 (13),							2
100m	, 2011 (13),			_	1:06.33		_	_
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
	, 2011 (13),							_
400m	, , , , , , , , , , , , , , , , , , , ,	14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m		25.	2:38.14	457	2:34.65		96%	
	, 2010 (14),							2
400m		115.	5:01.95	347	5:05.04		102%	
100m		40	0.20.00	-	1:16.06		4000/	
200m	2040 (44	49.	2:30.09	389	2:32.15		103%	4
400	, 2010 (14),			40=				1
400m 100m		26.	4:39.54	437	4:36.97 1:06.71	25.04.2024 26.04.2024	98%	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
200	, 2012 (12),			552	2.01.00	2	.02,0	2
400m	, == (:=),	129.	5:46.75	296	5:54.58	24.04.2024	105%	_
100m				-	1:35.68	26.04.2024	-	
200m		127.	2:59.75	311	3:02.58	25.04.2024	103%	
	, 2010 (14),							2
400m		77.	4:53.13	379	4:56.26		102%	
100m			1:05.95	380	1:06.63		102%	
200m	2042 (42	67.	2:32.53	371	2:31.67		99%	_
400	, 2012 (12),	447	5 00 00	040	5 55 00		4400/	2
400m 100m		117.	5:38.28	319	5:55.38 1:26.26		110%	
200m		134.	3:02.49	297	3:06.71		105%	
	, 2012 (12),						,	2
100m	, 2012 (12),			-	1:15.15		-	_
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m		136.	3:03.53	292	3:09.62	25.04.2024	107%	
	, 2010 (14),							2
400m		22.	4:38.72	441	4:46.63		106%	
100m		0.4	1:06.42	372	1:06.13		99%	
200m	2012 (12	21.	2:25.04	431	2:29.10		106%	4
400m	, 2012 (12),	142.	6:03.54	257	6:05.68	27.03.2024	101%	1
100m		142.	0.03.34	237	1:34.62	28.03.2024	10176	
200m		138.	3:05.03	285	3:04.05	25.04.2024	99%	
	, 2010 (14),							2
400m	, (93.	4:56.44	367	5:05.89		106%	
100m				-	1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m		90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m 200m		65.	2:32.39	372	1:09.85 2:29.44	26.04.2024 24.04.2024	96%	
200111	, 2013 (11),	00.	2.02.00	572	2.23.44	24.04.2024	3070	3
400m	, 2013 (11),	143.	6:08.41	247	6:15.63		104%	3
100m		28.	1:25.38	253	1:27.90		106%	
200m		125.	2:58.09	320	3:02.71		105%	
	, 2010 (14),							1
100m				-	1:07.36	26.04.2024	-	
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								25
	0044 (40							
400	, 2011 (13),	4.4	4 00 44	400	4.00.50		4000/	2
400m 100m		11.	4:30.41	483	4:32.58 1:02.61		102%	
200m		34.	2:28.18	404	2:30.35		103%	
200	, 2010 (14),	0			2.00.00		10070	_
400m	, ==:= (::),	71.	4:52.10	383	4:46.20		96%	
100m				-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							-
400m		17.	4:58.03	467	4:55.18		98%	
100m		45	2.40.40	400	1:14.68		-	
200m	2044 (42	45.	2:42.42	422	2:40.38		98%	
400~	, 2011 (13),	25	E-02 27	447	A-EC 02		Oct.	-
400m 100m		25.	5:02.37	447	4:56.03 1:14.95		96%	
200m		92.	2:51.03	361	2:47.54		96%	

	, 2012 (12),					1
400m		6.	4:48.04	517 -	4:52.60	103%
100m 200m		20.	2:37.44	463	1:08.29 2:35.61	98%
200111	, 2010 (14),	20.	2.07.44	400	2.00.01	-
400m	, ==:= (/,	149.	5:15.19	305	5:07.65	95%
100m				-	1:18.39	-
200m		107.	2:39.51	324	2:37.36	97%
400	, 2011 (13),	F.4	5 44 40	440	5.00.40	-
400m 100m		51.	5:11.10	410	5:03.43 1:22.64	95%
200m		48.	2:43.18	416	2:40.55	97%
	, 2012 (12),					1
400m		113.	5:01.32	349	5:03.99	102%
100m		110	2.44 52	-	1:12.38	-
200m	, 2012 (12),	119.	2:41.52	312	2:41.04	99%
100m	, 2012 (12),			_	1:04.60	
400m		135.	5:06.31	332	5:06.16	100%
200m		137.	2:44.31	297	2:40.08	95%
	, 2011 (13),					1
100m 400m		45.	5:08.76	420	1:04.92 5:09.05	- 100%
200m		74.	2:47.76	383	2:46.15	98%
	, 2011 (13),					2
100m	, , ,			-	1:06.09	-
400m		37.	5:05.59	433	5:07.54	101%
200m	, 2010 (14),	50.	2:43.35	415	2:47.50	105%
100m	, 2010 (14),			-	58.40	2
400m		81.	4:53.49	378	5:02.97	107%
200m		76.	2:34.04	360	2:35.53	102%
400	, 2011 (13),			070	= 0.4 0.4	2
400m 100m		81.	5:21.18	373 -	5:21.64 1:16.52	100%
200m		110.	2:53.74	345	2:53.92	100%
	, 2010 (14),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.14	-
400m		140.	5:07.62	328	5:03.00	97%
200m	, 2010 (14),	134.	2:44.04	298	2:42.92	99%
400m	, 2010 (14),	47.	4:46.08	408	4:47.50	101%
100m		77.	1:05.93	380	1:05.50	99%
200m		71.	2:33.09	367	2:30.70	97%
400	, 2011 (13),			40=		-
400m 100m		34.	5:05.09	435	5:00.47 1:15.07	97%
200m		64.	2:45.78	397	2:43.92	98%
	, 2010 (14),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.23	-
400m		108.	5:00.14	353	4:49.66	93%
200m	, 2011 (13),	150.	2:49.32	271	2:40.00	89% 2
100m	, 2011 (10),			-	1:05.75	- -
400m		31.	5:04.59	437	5:05.60	101%
200m	0010 (11	77.	2:47.91	382	2:53.11	106%
100	, 2010 (14),				E0 74	-
100m 400m		16.	4:34.10	- 464	58.71 4:33.04	- 99%
200m		20.	2:23.82	442	2:21.32	97%
	, 2010 (14),					-
400m		122.	5:03.53	341	4:55.07	95%
100m 200m		133.	2:43.60	300	1:20.35 2:42.82	99%
200111	- , 2012 (12),	23.00	300		1
400m	,	,, 27.	5:03.89	440	5:10.25	104%
100m				-	1:14.03	-
200m	0040 (44	33.	2:40.33	439	2:40.09	100%
400	, 2010 (14),	444	F-00 00	250	4.50.05	- 000/
400m 100m		111.	5:00.98	350 -	4:58.35 1:24.37	98%
200m		128.	2:42.83	305	2:38.43	95%
	, 2010 (14),					2
400m		53.	4:47.42	402	4:48.68	101%
100m 200m		26.	1:06.29 2:26.59	374 418	1:05.20 2:29.33	97% 104%
200111		20.	2.20.00	-+10	2.20.00	10-7/0

	, 2011 (13),						2
400m		82.	5:21.20	373	5:11.48	94%	
100m		9.	1:11.77	427	1:12.72	103%	
200m		20.	2:37.44	463	2:39.93	103%	
	, 2010 (14),						1
100m				-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	
	, 2010 (14),						2
400m	•	5.	4:24.28	518	4:27.15	102%	
100m				-	1:01.00	-	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m	, , , , , , , , , , , , , , , , , , , ,			_	1:01.69	-	
400m		86.	4:54.90	372	5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						1
400m	, - (-),	29.	5:04.54	438	5:00.70	97%	
100m		4.	1:10.02	459	1:10.86	102%	
200m		36.	2:40.75	435	2:38.82	98%	
							31
	, 2011 (13),						1
400	, 2011 (13),	40	5 00 40	400	5 40 00	4000/	'
400m		42.	5:08.18	422	5:12.96	103%	
100m		12.	1:13.71	394 470	1:11.54	94%	
200m	0040 (44	18.	2:36.66	470	2:35.00	98%	_
	, 2010 (14),						2
100m					59.85	-	
400m		74.	4:52.74	381	4:54.15	101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m		114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m		121.	2:57.28	324	2:56.07	99%	
	, 2011 (13),						1
400m		103.	4:59.02	357	4:56.00	98%	
100m			1:11.10	303	1:09.00	94%	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m	, ,			-	1:37.00	-	
	, 2011 (13),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m		143.	3:14.08	247	3:12.00	98%	
	, 2012 (12),						-
100m	, - (_	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m		145.	3:14.79	244	3:10.65	96%	
	, 2010 (14),						1
400m	, (),	125.	5:03.94	340	4:57.49	96%	
100m				-	1:14.00		
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						1
400m	, 2010 (11),	164.	5:48.93	225	5:59.00	106%	•
100m		101.	0.40.00	-	1:19.00	-	
100111	, 2011 (13),				1.10.00		2
400m	, 2011 (13),	104.	4:59.22	256	E:01 27	1019/	_
100m		104.	4.39.22	356	5:01.37 1:20.70	101%	
200m		88.	2:36.48	343	2:38.89	103%	
200111	, 2010 (14),	00.	2.00.40	0.10	2.00.00	10070	4
100	, 2010 (14),				4.00.70		1
100m		104	E.02.00	-	1:03.70	4040/	
400m		124.	5:03.90	340	5:05.00	101%	
200m	2012 (12	145.	2:47.42	280	2:45.00	97%	4
400	, 2012 (12),		.	22 :	F F0 00		1
400m		123.	5:43.84	304	5:50.00	104%	
100m		404	0.50.07	-	1:27.00	-	
200m	2244 (42	124.	2:58.07	320	2:55.00	97%	
	, 2011 (13),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m				-	1:11.00	-	
200m	00/5///	140.	2:44.86	294	2:45.18	100%	
	, 2013 (11),						1
400m		141.	6:01.09	262	6:01.11	100%	
100m		30.	1:34.81	185	1:31.64	93%	
200m		146.	3:15.98	240	3:12.02	96%	

400	, 2010 (14),				55.00		1
100m		7	4.07.00	407	55.90	- 99%	
400m		7.	4:27.93	497	4:26.70		
200m	2010 (14	4.	2:17.05	511	2:18.70	102%	4
	, 2010 (14),						1
400m		98.	4:58.53	359	4:56.47	99%	
100m		20	2.20.60	400	1:07.50	-	
200m	2044 (42	38.	2:28.69	400	2:31.87	104%	
400	, 2011 (13),	4.40	0.40.44	400	0.05.00	2007	-
400m		149.	6:42.44	189	6:35.00	96%	
100m 200m		142.	3:12.58	253	1:28.00 3:10.00	97%	
200111	, 2013 (11),	142.	3.12.30	255	3.10.00	3170	
1000	, 2013 (11),				1.12 50	_	-
100m 400m		161.	5:40.86	- 241	1:12.50 5:34.00	96%	
200m		156.	3:08.02	198	3:03.00	95%	
200111	, 2012 (12),	100.	0.00.02	100	0.00.00	3370	_
400m	, 20.2 (.2),	162.	5:42.11	238	5:41.00	99%	
100m		102.	0.12.11	-	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						2
100m	, , , , , , , , , , , , , , , , , ,			-	1:04.76	-	_
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						2
400m	•	93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m		107.	2:53.12	348	2:59.24	107%	
	, 2011 (13),						2
100m				-	1:02.02	-	
400m		88.	5:23.00	367	5:40.00	111%	
200m	0044 (40	56.	2:45.17	401	2:48.00	103%	
400	, 2011 (13),	407	5 45 00	204	5.00.00	070/	1
400m		127.	5:45.02	301	5:38.96	97%	
100m		126.	2.50.05	- 21E	1:18.87	1000/	
200m	, 2012 (12),	120.	2:59.05	315	3:06.22	108%	1
400m	, 2012 (12),	139.	5:07.02	330	5:09.00	101%	•
100m		133.	3.07.02	330 -	1:15.85	10176	
200m		148.	2:48.08	277	2:46.85	99%	
	, 2011 (13),						2
400m	, == (),	115.	5:35.94	326	5:38.76	102%	_
100m			0.00.0	-	1:24.51	-	
200m		89.	2:50.72	363	2:55.31	105%	
	, 2012 (12),						1
400m	• • •	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	-	
200m		99.	2:52.06	355	2:55.00	103%	
	, 2011 (13),						-
100m			5 40 C	-	1:04.70	-	
400m	0040 (44	148.	5:13.61	310	5:12.00	99%	
100	, 2010 (14),	. =					1
400m		45.	4:45.43	411	4:47.00	101%	
100m 200m		41.	2:28.99	398	1:08.00 2:28.00	99%	
200111	, 2011 (13),	41.	2.20.33	390	2.20.00	33 70	1
400m	, 2011 (13),	152.	5:22.32	285	5:16.00	96%	'
100m		102.	J.ZZ.JZ	200	1:20.50	3 0 /0	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),		-			, -	1
400m	, 20 (10),	148.	6:35.76	199	6:40.58	102%	•
100m		170.	0.00.70	-	1:33.00	-	
200m		144.	3:14.78	244	3:10.00	95%	
	, 2011 (13),						2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.01	=	
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	