-

					%	PB
						-
						38
, 2011 (13),						3
400m	10.	**4:52.72**	493	4:53.48	101%	
100m		**1:10.91**	442	1:11.32	101%	
200m	12.	**2:34.58**	489	2:35.20	101%	
, 2011 (13),						2
400m	127.	**5:04.73**	337	5:08.05	102%	
100m			-	1:18.37	-	
200m	139.	**2:44.58**	295	2:48.88	105%	
, 2010 (14),						2
400m	38.	**4:43.04**	421	4:46.77	103%	
100m			-	1:10.23	-	
200m	18.	**2:23.54**	445	2:25.50	103%	
, 2010 (14),						1
400m	143.	5:09.77	321	5:03.12	96%	
100m			-	1:09.93	-	
200m	91.	**2:36.69**	342	2:40.19	105%	
, 2010 (14),						2
100m			-	57.36	-	
400m	43.	**4:44.69**	414	4:59.79	111%	
200m	24.	**2:25.51**	427	2:31.28	108%	
, 2011 (13),						1
400m	100.	5:28.91	347	5:27.33	99%	
100m			-	1:14.81	-	
200m	54.	**2:44.38**	407	2:46.39	102%	
, 2010 (14),						2
400m	76.	**4:53.06**	379	4:56.97	103%	
100m			-	1:14.87	-	
200m	55.	**2:30.38**	387	2:34.33	105%	
, 2010 (14),						-
400m	55.	4:47.74	401	4:47.31	100%	
100m			-	1:08.10	-	
200m	66.	2:32.51	371	2:32.09	99%	
, 2012 (12),						1
400m	132.	5:49.98	288	5:44.42	97%	
100m			-	1:21.94	-	
200m	88.	**2:50.40**	365	2:59.66	111%	
, 2010 (14),						2
100m			-	58.01	-	
400m	51.	**4:47.15**	403	4:50.47	102%	
200m	70.	**2:32.86**	368	2:34.12	102%	
, 2011 (13),						2
100m			-	1:02.34	-	
400m	3.	**4:40.55**	560	4:42.01	101%	
200m	10.	**2:33.78**	497	2:38.03	106%	
, 2011 (13),						3
400m	7.	**4:48.49**	515	4:51.80	102%	
100m		**1:10.10**	458	1:11.90	105%	
200m	4.	**2:28.91**	548	2:33.50	106%	
, 2011 (13),						2
400m	80.	**5:20.92**	374	5:21.89	101%	
100m		**1:19.31**	316	1:19.46	100%	
200m	103.	2:52.47	352	2:51.06	98%	
, 2010 (14),						1
100m			-	59.01	-	
400m	123.	5:03.75	341	4:57.39	96%	
200m	35.	**2:28.24**	404	2:32.60	106%	
, 2011 (13),						2
100m			-	1:09.62	-	
400m	78.	**5:20.52**	375	5:21.68	101%	
200m	84.	**2:49.95**	368	2:52.65	103%	
, 2011 (13),						2
400m	46.	**4:45.51**	410	4:49.60	103%	
100m			-	1:13.73	-	
200m	44.	**2:29.38**	395	2:32.11	104%	
, 2011 (13),						-
400m	99.	5:28.41	349	5:24.80	98%	
100m			-	1:27.21	-	
200m	82.	2:49.57	371	2:47.65	98%	

, 2010 (14   ),   1

400m	31.	4:41.45	428	4:40.73	99%
100m			-	1:02.37	-
200m	8.	**2:19.37**	486	2:21.20	103%

, 2010 (14   ),   1

400m	86.	4:54.90	372	4:51.47	98%
100m			-	1:05.79	-
200m	75.	**2:34.02**	360	2:34.41	101%

, 2010 (14   ),   2

400m	40.	**4:43.35**	420	4:47.34	103%
100m			-	1:02.00	-
200m	15.	**2:22.47**	455	2:25.11	104%

, 2011 (13   ),   1

400m	20.	4:58.98	463	4:57.41	99%
100m			-	1:17.17	-
200m	16.	**2:35.47**	481	2:35.78	100%

, 2011 (13   ),   1

100m			-	1:07.49	-
400m	54.	5:11.71	408	5:08.16	98%
200m	100.	**2:52.14**	354	2:53.06	101%

, 2010 (14   ),   2

400m	130.	**5:05.78**	334	5:11.54	104%
100m			-	1:18.86	-
200m	94.	**2:37.38**	338	2:42.30	106%

, 2011 (13   ),   2

400m	68.	**5:17.34**	387	5:21.70	103%
100m			-	1:09.93	-
200m	35.	**2:40.43**	438	2:41.48	101%

                                                                                16

, 2012 (12   ),   2

100m			-	1:11.43	-
400m	50.	**5:10.60**	412	5:16.95	104%
200m	85.	**2:50.17**	367	2:51.60	102%

, 2010 (14   ),   -

100m			-	56.28	-
400m	24.	4:39.22	439	4:35.56	97%
200m	37.	2:28.61	401	2:26.07	97%

, 2012 (12   ),   -

400m	66.	5:17.24	387	5:12.74	97%
100m			-	1:20.48	-
200m	41.	2:41.42	430	2:37.03	95%

, 2010 (14   ),   -

100m			-	1:01.10	-
400m	78.	4:53.28	379	4:50.45	98%

, 2010 (14   ),   -

400m	62.	4:50.91	388	4:39.55	92%
100m			-	1:16.99	-
200m	48.	2:30.05	390	2:27.07	96%

, 2011 (13   ),   2

400m	74.	**5:19.44**	379	5:20.36	101%
100m	1:13.81	392		1:13.26	99%
200m	57.	**2:45.29**	400	2:46.21	101%

, 2010 (14   ),   1

400m	66.	4:51.27	386	4:49.08	99%
100m			-	1:07.68	-
200m	51.	**2:30.31**	387	2:30.54	100%

, 2012 (12   ),   2

100m			-	1:08.16	-
400m	47.	**5:09.90**	415	5:21.42	108%
200m	63.	**2:45.70**	397	2:47.40	102%

, 2012 (12   ),   1

100m			-	1:08.40	-
400m	62.	**5:14.32**	398	5:15.16	101%
200m	93.	2:51.16	360	2:51.08	100%

, 2010 (14   ),   -

100m			-	1:01.11	-
400m	97.	4:58.39	359	4:48.25	93%
200m	72.	2:33.47	364	2:32.15	98%

, 2011 (13   ),   2

400m	21.	**4:59.81**	459	5:00.52	100%
100m	1:17.47	339		1:14.84	93%
200m	39.	**2:41.06**	433	2:41.53	101%

, 2011 (13   ),   -

400m	76.	5:20.16	377	5:15.00	97%
100m			-	1:21.90	-
200m	31.	2:40.08	441	2:39.00	99%

, 2010 (14   ),   -

400m	68.	4:52.04	383	4:51.04	99%
100m		-		1:05.26	-
200m	36.	2:28.34	403	2:28.00	100%

, 2010 (14   ),   1

400m	18.	**4:35.80**	455	4:36.00	100%
100m		-		1:07.50	-
200m	40.	2:28.96	398	2:28.50	99%

, 2012 (12   ),   2

400m	97.	**5:27.25**	353	5:28.72	101%
100m		1:21.42	292	1:20.44	98%
200m	101.	**2:52.23**	354	2:52.24	100%

, 2011 (13   ),   1

400m	63.	5:16.47	390	5:12.90	98%
100m		-		1:11.34	-
200m	51.	**2:43.41**	414	2:44.44	101%

, 2010 (14   ),   -

100m		-		59.24	-
400m	17.	4:35.12	459	4:31.41	97%
200m	86.	2:36.14	346	2:33.34	96%

, 2010 (14   ),   -

400m	75.	4:53.03	380	4:50.50	98%
100m		-		1:16.20	-
200m	46.	2:29.60	393	2:29.00	99%

, 2010 (14   ),   -

400m	14.	4:32.52	472	4:32.06	100%
100m		-		1:00.00	-
200m	7.	2:18.80	492	2:17.73	98%

, 2011 (13   ),   2

400m	89.	5:23.67	364	5:19.00	97%
100m		**1:16.44**	353	1:16.50	100%
200m	81.	**2:49.37**	372	2:50.15	101%

                                                                                   41

, 2011 (13   ),   -

100m		-		1:01.00	-
400m	147.	5:12.93	312	5:12.00	99%
200m	108.	2:39.54	324	2:38.50	99%

, 2012 (12   ),   -

100m		-		1:10.00	-
400m	90.	5:24.46	362	5:17.00	95%
200m	131.	3:01.35	303	2:52.00	90%

, 2010 (14   ),   1

100m		-		1:01.00	-
400m	36.	**4:42.02**	426	4:43.00	101%
200m	57.	2:30.56	386	2:30.00	99%

, 2012 (12   ),   1

100m		-		1:05.00	-
400m	144.	5:10.95	318	5:03.00	95%
200m	132.	**2:43.49**	301	2:45.00	102%

, 2012 (12   ),   1

400m	65.	5:17.11	388	5:06.00	93%
100m		**1:12.83**	408	1:12.90	100%
200m	82.	2:49.57	371	2:46.00	96%

, 2011 (13   ),   -

100m		-		1:09.00	-
400m	77.	5:20.22	376	5:17.90	99%
200m	104.	2:52.67	351	2:49.60	96%

, 2012 (12   ),   -

400m	104.	5:31.09	340	5:17.90	92%
100m		-		1:21.99	-
200m	96.	2:51.56	358	2:49.60	98%

, 2010 (14   ),   2

400m	89.	**4:55.23**	371	4:56.38	101%
100m		-		1:13.64	-
200m	27.	**2:26.65**	417	2:27.94	102%

, 2011 (13   ),   1

100m		-		1:05.50	-
400m	41.	**5:07.47**	425	5:15.00	105%
200m	76.	2:47.81	382	2:46.00	98%

, 2010 (14   ),   -

100m		-		59.95	-
400m	131.	5:05.83	334	4:54.00	92%
200m	125.	2:41.98	310	2:36.00	93%

, 2010 (14   ),   -
400m	146.	5:11.13	317	5:04.00	95%
100m	-			1:15.00	-
200m	79.	2:34.76	355	2:33.00	98%

, 2011 (13   ),   -
100m	-			1:05.00	-
400m	43.	5:08.38	421	4:55.00	92%
200m	102.	2:52.35	353	2:47.00	94%

, 2010 (14   ),   1
400m	105.	4:59.61	355	4:58.00	99%
100m	-			1:18.00	-
200m	81.	**2:34.91**	354	2:38.35	104%

, 2012 (12   ),   1
400m	103.	5:30.30	343	5:26.00	97%
100m	-			1:18.50	-
200m	86.	**2:50.18**	367	2:54.00	105%

, 2010 (14   ),   -
100m	-			1:00.00	-
400m	64.	4:51.10	387	4:44.22	95%
200m	78.	2:34.27	358	2:30.55	95%

, 2011 (13   ),   -
400m	96.	4:58.10	360	4:58.00	100%
100m	-			1:10.00	-
200m	127.	2:42.29	308	2:38.60	96%

, 2012 (12   ),   1
400m	140.	**5:56.43**	273	6:00.00	102%
100m	-			1:22.00	-
200m	148.	3:23.13	215	3:14.00	91%

, 2010 (14   ),   1
400m	19.	**4:35.84**	455	4:41.90	104%
100m	-			1:06.90	-
200m	43.	2:29.07	397	2:28.50	99%

, 2011 (13   ),   1
400m	72.	5:18.21	384	5:06.76	93%
100m	-			1:16.54	-
200m	17.	**2:35.71**	479	2:36.17	101%

, 2011 (13   ),   -
400m	79.	4:53.46	378	4:53.00	100%
100m	-			1:09.00	-
200m	138.	2:44.35	296	2:42.00	97%

, 2012 (12   ),   1
400m	126.	5:44.55	302	5:40.00	97%
100m	-			1:25.00	-
200m	119.	**2:56.27**	330	2:58.00	102%

, 2012 (12   ),   2
400m	92.	**5:25.53**	358	5:31.00	103%
100m	-			1:17.50	-
200m	97.	**2:51.90**	356	2:57.00	106%

, 2012 (12   ),   2
400m	137.	**5:53.39**	280	6:09.00	109%
100m	-			1:35.00	-
200m	128.	**3:00.38**	308	3:03.74	104%

, 2010 (14   ),   -
400m	133.	5:05.92	333	4:52.00	91%
100m	-			1:10.00	-
200m	151.	2:53.07	254	2:45.00	91%

, 2012 (12   ),   2
100m	-			1:05.00	-
400m	18.	**4:58.44**	465	5:05.50	105%
200m	29.	**2:39.91**	442	2:40.14	100%

, 2010 (14   ),   -
400m	156.	5:25.52	277	5:20.00	97%
100m	-			1:09.00	-
200m	146.	2:47.48	280	2:41.00	92%

, 2011 (13   ),   1
400m	86.	5:21.67	371	5:14.45	96%
100m	-			1:23.21	-
200m	46.	**2:43.02**	417	2:43.34	100%

, 2011 (13   ),   -
400m	135.	5:52.65	282	5:25.00	85%
100m	-			1:23.00	-
200m	114.	2:54.33	341	2:50.00	95%

, 2011 (13   ),   1
400m	128.	5:46.63	297	5:30.00	91%
100m	-			1:17.00	-
200m	106.	**2:52.99**	349	2:53.00	100%

, 2010 (14   ),   -
				58.79	-
100m					
400m	92.	4:56.39	367	4:50.00	96%
200m	85.	2:35.94	347	2:35.29	99%

, 2011 (13   ),   3
|400m|55.|**5:11.97**|407|5:19.78|105%|
|100m| |**1:11.21**|437|1:11.45|101%|
|200m|24.|**2:38.13**|457|2:41.12|104%|

, 2012 (12   ),   -
400m	58.	5:13.29	402	5:10.00	98%
100m				1:16.00	-
200m	108.	2:53.32	347	2:50.00	96%

, 2013 (11   ),   1
400m	145.	6:18.95	227	6:02.00	91%
100m				1:29.00	-
200m	139.	**3:07.24**	275	3:10.00	103%

, 2010 (14   ),   -
400m	118.	5:02.37	345	4:56.00	96%
100m				1:08.00	-
200m	130.	2:42.95	304	2:42.00	99%

, 2011 (13   ),   1
|400m|22.|5:00.79|454|4:55.76|97%|
|100m| |1:10.28|454|1:10.23|100%|
|200m|11.|**2:33.98**|495|2:35.69|102%|

, 2013 (11   ),   3
|400m|101.|**5:29.00**|347|5:30.00|101%|
|100m| |**1:15.27**|370|1:17.00|105%|
|200m|94.|**2:51.18**|360|2:53.00|102%|

, 2012 (12   ),   1
400m	94.	**4:56.78**	365	5:00.00	102%
100m				1:10.50	-
200m	61.	2:31.15	381	2:26.50	94%

, 2011 (13   ),   1
100m				1:08.00	-
400m	70.	**5:18.02**	384	5:24.00	104%
200m	75.	2:47.79	383	2:47.00	99%

, 2013 (11   ),   2
400m	122.	**5:42.96**	306	5:43.00	100%
100m				1:28.79	-
200m	113.	**2:54.20**	342	2:59.00	106%

, 2013 (11   ),   2
100m				1:08.00	-
400m	94.	**5:26.73**	354	5:35.00	105%
200m	78.	**2:48.29**	379	2:53.00	106%

, 2012 (12   ),   1
400m	109.	**5:32.34**	337	5:36.00	102%
100m				1:22.50	-
200m	135.	3:02.68	296	2:58.00	95%

, 2011 (13   ),   -
400m	128.	5:04.94	337	4:55.00	94%
100m				1:09.00	-
200m	121.	2:41.65	311	2:35.00	92%

, 2010 (14   ),   2
400m	88.	**4:54.94**	372	5:00.00	103%
100m				1:05.50	-
200m	25.	**2:26.50**	419	2:27.00	101%

, 2012 (12   ),   1
100m				1:05.90	-
400m	61.	5:14.16	399	5:14.00	100%
200m	49.	**2:43.23**	416	2:46.00	103%

, 2012 (12   ),   1
400m	23.	5:00.84	454	5:00.76	100%
100m				1:15.60	-
200m	6.	**2:31.56**	519	2:34.33	104%

, 2010 (14   ),   2
400m	151.	**5:17.63**	298	5:20.00	101%
100m				1:11.00	-
200m	126.	**2:42.08**	309	2:44.00	102%

                                                                                                  27
, 2010 (14   ),   2
100m				55.22	-
400m	6.	**4:26.99**	502	4:32.45	104%
200m	14.	**2:22.46**	455	2:25.42	104%

, 2011 (13),						1
400m	83.	5:21.23	373	5:12.00	94%	
100m			-	1:22.72	-	
200m	55.	**2:44.75**	404	2:47.38	103%	
, 2012 (12),						1
400m	52.	5:11.42	409	5:11.20	100%	
100m		**1:18.74**	323	1:19.71	102%	
200m	66.	2:46.30	393	2:45.10	99%	
, 2010 (14),						2
400m	21.	**4:38.39**	443	4:43.78	104%	
100m			-	1:15.65	-	
200m	31.	**2:27.12**	413	2:27.24	100%	
, 2011 (13),						1
400m	107.	**5:00.11**	353	5:02.18	101%	
100m			-	1:14.97	-	
200m	136.	2:44.26	297	2:38.82	93%	
, 2011 (13),						1
100m			-	1:05.00	-	
400m	56.	5:13.06	403	5:10.00	98%	
200m	67.	**2:46.32**	393	2:48.00	102%	
, 2010 (14),						1
400m	3.	4:17.49	560	4:10.30	94%	
100m			-	1:02.52	-	
200m	10.	**2:20.18**	478	2:22.10	103%	
, 2010 (14),						2
100m			-	1:04.00	-	
400m	65.	**4:51.20**	387	4:53.44	102%	
200m	90.	**2:36.52**	343	2:39.02	103%	
, 2010 (14),						2
400m	1.	**4:08.68**	621	4:09.73	101%	
100m			-	1:05.00	-	
200m	1.	**2:07.95**	629	2:13.50	109%	
, 2012 (12),						1
400m	59.	5:13.52	401	5:10.78	98%	
100m			-	1:14.00	-	
200m	59.	**2:45.50**	399	2:47.46	102%	
, 2011 (13),						-
400m	138.	5:06.74	331	5:02.39	97%	
100m			-	1:13.50	-	
200m	122.	2:41.73	311	2:40.24	98%	
, 2011 (13),						2
100m			-	1:11.46	-	
400m	32.	**5:04.87**	436	5:12.37	105%	
200m	90.	**2:51.00**	361	2:52.37	102%	
, 2011 (13),						3
400m	11.	**4:53.33**	490	4:55.57	102%	
100m		**1:09.99**	460	1:12.97	109%	
200m	7.	**2:32.60**	509	2:33.78	102%	
, 2011 (13),						2
400m	53.	**5:11.69**	408	5:24.16	108%	
100m			-	1:15.63	-	
200m	42.	**2:41.71**	427	2:45.16	104%	
, 2010 (14),						-
400m	80.	4:53.47	378	4:53.24	100%	
100m			-	1:09.17	-	
, 2010 (14),						2
100m			-	1:02.18	-	
400m	61.	**4:50.80**	388	5:00.24	107%	
200m	93.	**2:37.15**	339	2:41.49	106%	
, 2011 (13),						-
400m	106.	5:31.72	339	5:18.20	92%	
100m		1:15.75	363	1:15.73	100%	
200m	68.	2:46.53	391	2:40.40	93%	
, 2010 (14),						1
100m			-	1:00.20	-	
400m	37.	**4:42.97**	422	4:46.76	103%	
200m	63.	2:31.60	378	2:29.33	97%	
, 2011 (13),						1
100m			-	1:05.89	-	
400m	64.	**5:17.06**	388	5:20.16	102%	
200m	105.	2:52.88	350	2:51.94	99%	
, 2011 (13),						2
400m	48.	**5:10.11**	414	5:12.44	102%	
100m			-	1:15.06	-	
200m	53.	**2:44.12**	409	2:46.53	103%	

167

", 2011 (13   ),   1

Event	Place	Time	Points	Seed	Date	%
400m	82.	4:53.81	377	4:51.26		98%
100m			-	1:04.54		-
200m	74.	**2:33.83**	361	2:35.86		103%

, 2012 (12   ),   -

| 100m | | | - | 1:24.71 | | - |

, 2010 (14   ),   -

400m	12.	4:30.49	483	4:28.87	25.04.2024	99%
100m			-	1:04.92	29.03.2024	-
200m	12.	2:21.05	469	2:20.41	24.04.2024	99%

, 2010 (14   ),   2

400m	4.	**4:18.37**	554	4:21.07	25.04.2024	102%
100m			-	1:02.09	26.04.2024	-
200m	11.	**2:20.34**	476	2:21.29	24.04.2024	101%

, 2012 (12   ),   2

100m			-	1:12.87		-
400m	134.	**5:52.45**	282	6:02.18		106%
200m	133.	**3:02.37**	298	3:03.57		101%

, 2010 (14   ),   -

100m			-	56.54	26.04.2024	-
400m	8.	4:28.25	495	4:22.37	25.04.2024	96%
200m	6.	2:17.60	505	2:16.72	24.04.2024	99%

, 2010 (14   ),   1

100m			-	1:01.04		-
400m	100.	4:58.66	358	4:58.23		100%
200m	53.	**2:30.35**	387	2:32.38		103%

, 2011 (13   ),   1

100m			-	1:11.63		-
400m	119.	**5:39.67**	315	5:41.67		101%
200m	132.	3:01.38	303	2:57.97		96%

, 2011 (13   ),   1

100m			-	1:07.27		-
400m	69.	5:17.47	386	5:16.74		100%
200m	71.	**2:46.80**	389	2:48.80		102%

, 2010 (14   ),   -

400m	70.	4:52.05	383	4:50.62		99%
100m			-	1:04.31		-
200m	103.	2:38.60	330	2:36.18		97%

, 2011 (13   ),   1

400m	39.	5:06.09	431	5:03.05		98%
100m			-	1:09.13		-
200m	30.	**2:40.06**	441	2:42.47		103%

, 2011 (13   ),   1

400m	75.	**5:19.74**	378	5:25.39	24.04.2024	104%
100m		1:19.35	316	1:15.43	26.04.2024	90%
200m	62.	2:45.65	398	2:44.59	22.06.2023	99%

, 2010 (14   ),   2

100m			-	1:02.92	26.04.2024	-
400m	126.	**5:04.59**	338	5:07.80	25.04.2024	102%
200m	87.	**2:36.19**	345	2:40.35	24.04.2024	105%

, 2011 (13   ),   2

400m	58.	**4:48.95**	396	4:55.65	25.04.2024	105%
100m			-	1:20.23	26.04.2024	-
200m	59.	**2:30.99**	382	2:33.67	24.04.2024	104%

, 2011 (13   ),   -

| 100m | | | - | 1:03.95 | 26.04.2024 | - |
| 400m | 95. | 4:56.87 | 365 | 4:53.13 | 25.04.2024 | 97% |

, 2011 (13   ),   1

400m	67.	5:17.33	387	5:12.70		97%
100m			-	1:13.24		-
200m	40.	**2:41.16**	432	2:41.91		101%

, 2010 (14   ),   1

400m	116.	5:02.10	346	4:55.78	25.04.2024	96%
100m			-	1:18.07	26.04.2024	-
200m	99.	**2:37.98**	334	2:39.71	24.04.2024	102%

, 2011 (13   ),   1

400m	57.	5:13.27	402	5:07.61		96%
100m			-	1:18.86		-
200m	34.	**2:40.38**	438	2:43.95		105%

, 2010 (14   ),   2

100m			-	1:06.23	26.04.2024	-
400m	41.	**4:43.61**	419	4:46.97	25.04.2024	102%
200m	114.	**2:40.71**	317	2:48.11		109%

, 2010 (14   ),   1

400m	99.	4:58.54	359	4:56.78		99%
100m			-	1:12.94		-
200m	89.	**2:36.50**	343	2:39.46		104%

, 2011 (13   ),   2

400m	120.	**5:02.84**	344	5:06.52		102%
100m	-			1:20.24		-
200m	97.	**2:37.63**	336	2:41.51		105%

, 2011 (13   ),   -

400m	60.	5:13.71	400	5:11.05		98%
100m		1:13.77	393	1:11.42		94%
200m	68.	2:46.53	391	2:44.78		98%

, 2011 (13   ),   1

100m	-			1:00.75	26.04.2024	-
400m	102.	4:58.95	357	4:55.91	25.04.2024	98%
200m	68.	**2:32.62**	370	2:35.06	24.04.2024	103%

, 2010 (14   ),   1

400m	50.	4:47.03	404	4:45.58		99%
100m	-			1:07.57		-
200m	19.	**2:23.66**	444	2:23.78		100%

, 2010 (14   ),   -

100m	-			1:02.09		-
400m	63.	4:51.06	387	4:40.19		93%
200m	95.	2:37.40	337	2:35.73		98%

, 2012 (12   ),   -

100m	-			1:06.45		-
400m	73.	5:18.55	382	5:15.39		98%
200m	90.	2:51.00	361	2:50.71		100%

, 2011 (13   ),   1

100m	-			1:00.60		-
400m	91.	4:55.75	369	4:52.60		98%
200m	115.	**2:40.90**	316	2:44.00		104%

, 2011 (13   ),   2

100m	-			1:05.45	26.04.2024	-
400m	9.	**4:52.11**	496	4:58.56	24.04.2024	104%
200m	44.	**2:42.25**	423	2:44.93	25.04.2024	103%

, 2012 (12   ),   -

400m	155.	5:24.45	279	5:10.60	25.04.2024	92%
100m	-			1:22.81	26.04.2024	-
200m	147.	2:47.94	278	2:47.64	24.04.2024	100%

, 2010 (14   ),   1

400m	137.	**5:06.69**	331	5:15.13	25.04.2024	106%
100m	-			1:20.61	28.03.2024	-
200m	116.	2:41.11	315	2:38.12	24.04.2024	96%

, 2011 (13   ),   1

400m	113.	5:35.23	328	5:24.88		94%
100m	-			1:21.65		-
200m	79.	**2:48.69**	376	2:52.72		105%

, 2010 (14   ),   2

400m	33.	**4:41.84**	427	4:48.82		105%
100m	-			1:17.47		-
200m	29.	**2:26.83**	416	2:32.09		107%

, 2010 (14   ),   1

400m	60.	**4:50.43**	390	4:52.60		101%
100m	-			1:12.58		-
200m	69.	2:32.69	370	2:27.60		93%

, 2012 (12   ),   2

100m	-			1:04.40	28.03.2024	-
400m	57.	**4:48.75**	397	4:55.47	25.04.2024	105%
200m	102.	**2:38.56**	330	2:41.13	24.04.2024	103%

, 2010 (14   ),   1

400m	9.	4:28.37	494	4:26.36		99%
100m	-			1:01.56		-
200m	3.	**2:15.53**	529	2:16.53		101%

, 2011 (13   ),   2

400m	85.	5:21.42	372	5:19.67		99%
100m		**1:09.92**	461	1:12.01		106%
200m	22.	**2:37.58**	462	2:38.51		101%

, 2010 (14   ),   -

400m	54.	4:47.64	401	4:47.50		100%
100m	-			1:12.80		-
200m	22.	2:25.16	430	2:22.60		97%

, 2011 (13   ),   1

400m	87.	5:22.95	367	5:22.80		100%
100m	-			1:06.89		-
200m	28.	**2:39.45**	446	2:41.50		103%

, 2012 (12   ),   -

100m	-			1:03.95	26.04.2024	-
400m	26.	5:03.12	444	4:55.54	24.04.2024	95%
200m	52.	2:43.63	413	2:42.67		99%

, 2012 (12   ),   2

400m	139.	**5:56.27**	273	6:03.97	24.04.2024	104%
100m			-	1:24.14		-
200m	137.	**3:03.86**	291	3:10.66	25.04.2024	108%

, 2011 (13   ),   1

100m			-	1:06.87		-
400m	49.	**5:10.15**	414	5:17.13		105%
200m	47.	2:43.13	416	2:41.97		99%

, 2011 (13   ),   2

100m			-	1:04.58		-
400m	109.	**5:00.25**	353	5:01.18	25.04.2024	101%
200m	117.	**2:41.17**	314	2:41.79	24.04.2024	101%

, 2011 (13   ),   1

400m	91.	5:24.93	360	5:22.81		99%
100m			-	1:12.56		-
200m	95.	**2:51.42**	359	2:53.69		103%

, 2011 (13   ),   -

400m	153.	5:22.37	285	5:13.38		95%
100m			-	1:28.91		-
200m	149.	2:49.23	271	2:44.49		94%

, 2011 (13   ),   2

400m	24.	**5:01.70**	450	5:03.35		101%
100m			-	1:07.74		-
200m	27.	**2:39.03**	449	2:39.68		101%

, 2012 (12   ),   -

400m	138.	5:54.90	276	5:54.14	24.04.2024	100%
100m			-	1:21.59	26.04.2024	-
200m	141.	3:08.18	271	3:02.87	25.04.2024	94%

, 2010 (14   ),   1

100m			-	54.12		-
400m	2.	**4:15.42**	573	4:15.65		100%
200m	2.	2:12.89	561	2:12.78		100%

, 2010 (14   ),   1

400m	42.	4:44.29	416	4:42.10	25.04.2024	98%
100m			-	1:09.79	26.04.2024	-
200m	13.	**2:21.78**	462	2:23.12	24.04.2024	102%

, 2013 (11   ),   2

400m	108.	**5:32.14**	337	5:39.66		105%
100m			-	1:34.94		-
200m	120.	**2:56.42**	329	2:56.62		100%

, 2011 (13   ),   2

400m	105.	**5:31.45**	339	5:32.47		101%
100m			-	1:25.17		-
200m	98.	**2:52.03**	355	2:55.64		104%

, 2012 (12   ),   1

400m	112.	5:35.22	328	5:29.56	24.04.2024	97%
100m			-	1:22.25	26.04.2024	-
200m	128.	**3:00.38**	308	3:05.11	25.04.2024	105%

, 2011 (13   ),   -

400m	71.	5:18.19	384	5:14.84	23.11.2023	98%
100m			-	1:22.53	23.11.2023	-
200m	61.	2:45.55	398	2:43.30	25.04.2024	97%

, 2012 (12   ),   1

400m	84.	5:21.41	372	5:21.05	24.04.2024	100%
100m			-	1:15.63	26.04.2024	-
200m	58.	**2:45.49**	399	2:45.78	25.04.2024	100%

, 2012 (12   ),   3

400m	28.	**5:04.52**	438	5:12.89	24.04.2024	106%
100m		**1:13.03**	405	1:13.60	26.04.2024	102%
200m	65.	**2:45.80**	397	2:49.88	25.04.2024	105%

, 2010 (14   ),   2

100m			-	1:02.55		-
400m	52.	**4:47.24**	403	4:49.66		102%
200m	84.	**2:35.53**	350	2:38.32		104%

, 2011 (13   ),   -

100m			-	1:03.13	26.04.2024	-
400m	16.	4:57.81	468	4:54.75	27.03.2024	98%
200m	32.	2:40.13	440	2:39.16	25.04.2024	99%

, 2012 (12   ),   2

400m	98.	**5:28.19**	350	5:30.94		102%
100m			-	1:15.24		-
200m	73.	**2:47.68**	383	2:51.65		105%

, 2012 (12   ),   1

400m	44.	**5:08.56**	421	5:16.23		105%
100m			-	1:22.27		-
200m	38.	2:40.99	433	2:40.76		100%

				Place	Time	Points	Entry	Date	%

, 2012 (12   ),   2

Event	Place	Time	Points	Entry	Date	%
400m	136.	**5:52.85**	281	5:58.66		103%
100m			-	1:22.81		-
200m	115.	**2:54.80**	338	2:56.19		102%

, 2010 (14   ),   -

100m			-	1:05.38	26.04.2024	-
400m	160.	5:35.23	253	5:34.20	25.04.2024	99%
200m	144.	2:46.90	283	2:46.19	24.04.2024	99%

, 2010 (14   ),   1

400m	27.	**4:40.00**	435	4:46.52		105%
100m			-	1:04.59		-
200m	28.	2:26.71	417	2:24.49		97%

, 2012 (12   ),   -

400m	125.	5:44.14	303	5:44.08	24.04.2024	100%
100m			-	1:29.97	19.04.2024	-
200m	111.	2:53.98	343	2:50.20	25.04.2024	96%

, 2011 (13   ),   2

400m	111.	**5:34.55**	330	5:45.58	24.04.2024	107%
100m			-	1:18.51	26.04.2024	-
200m	130.	**3:00.88**	305	3:02.43	25.04.2024	102%

, 2010 (14   ),   2

400m	154.	**5:22.85**	284	5:35.50	25.04.2024	108%
100m			-	1:15.19	26.04.2024	-
200m	112.	**2:40.45**	318	2:45.47	24.04.2024	106%

, 2011 (13   ),   -

100m			-	1:04.60	26.10.2023	-
400m	13.	4:54.85	482	4:52.83	24.04.2024	99%
200m	14.	2:34.91	486	2:34.71	22.11.2023	100%

, 2011 (13   ),   2

100m			-	1:18.22	24.11.2023	-
400m	107.	**5:32.07**	337	5:36.05	24.04.2024	102%
200m	123.	**2:57.99**	320	2:59.25	25.04.2024	101%

, 2011 (13   ),   1

100m			-	1:01.70		-
400m	39.	4:43.10	421	4:42.00		99%
200m	110.	**2:39.84**	322	2:42.00		103%

, 2010 (14   ),   -

400m	35.	4:41.88	426	4:40.20		99%
100m			-	1:08.47		-
200m	58.	2:30.84	383	2:29.71		99%

, 2011 (13   ),   -

400m	73.	4:52.60	381	4:50.48		99%
100m			-	1:08.99		-
200m	96.	2:37.44	337	2:35.31		97%

, 2011 (13   ),   1

| 400m | 120. | **5:40.49** | 313 | 5:43.73 | | 102% |
| 100m | | | - | 1:17.03 | | - |

, 2010 (14   ),   2

100m			-	59.64		-
400m	29.	**4:41.14**	430	4:51.18		107%
200m	16.	**2:22.56**	454	2:25.57		104%

, 2011 (13   ),   2

400m	30.	**5:04.55**	438	5:16.65	24.04.2024	108%
100m			-	1:19.49	26.04.2024	-
200m	23.	**2:38.03**	458	2:39.45	25.04.2024	102%

, 2010 (14   ),   1

400m	145.	5:11.00	317	5:02.94		95%
100m			-	1:11.66		-
200m	120.	**2:41.59**	312	2:42.38		101%

, 2012 (12   ),   -

| 400m | 114. | 5:01.82 | 347 | 5:00.14 | 25.04.2024 | 99% |
| 100m | | | - | 1:20.97 | 26.04.2024 | - |

, 2010 (14   ),   2

100m			-	1:04.73	28.03.2024	-
400m	84.	**4:54.55**	374	4:56.66	27.03.2024	101%
200m	103.	**2:38.60**	330	2:45.39	16.06.2023	109%

, 2011 (13   ),   1

400m	46.	5:09.47	417	5:05.80		98%
100m			-	1:11.00		-
200m	19.	**2:36.77**	469	2:39.70		104%

, 2010 (14   ),   2

100m			-	55.65	26.04.2024	-
400m	10.	**4:28.47**	494	4:30.00	25.04.2024	101%
200m	9.	**2:19.89**	481	2:30.78	22.11.2023	116%

, 2010 (14),							1
400m		132.	5:05.85	334	5:04.79		99%
100m			-		1:14.56		-
200m		77.	**2:34.13**	359	2:34.88		101%
, 2010 (14),							1
100m			-		1:04.13		-
400m		121.	5:03.26	342	4:53.89		94%
200m		124.	**2:41.80**	311	2:42.26		101%
, 2011 (13),							-
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%
100m			-		1:11.34	26.04.2024	-
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%
, 2013 (11),							2
400m		144.	**6:15.17**	234	6:23.56	24.04.2024	105%
100m			-		1:38.18	26.04.2024	-
200m		147.	**3:16.00**	240	3:46.50	06.12.2023	134%
, 2011 (13),							2
100m			-		1:06.34		-
400m		117.	**5:02.29**	346	5:06.72		103%
200m		123.	**2:41.79**	311	2:43.15		102%
, 2011 (13),							2
100m			-		1:06.69	07.12.2023	-
400m		136.	**5:06.37**	332	5:15.49	27.03.2024	106%
200m		129.	**2:42.90**	304	2:50.21	24.04.2024	109%
, 2010 (14),							1
400m		23.	**4:38.83**	441	4:40.20	25.04.2024	101%
100m			-		1:03.07	26.04.2024	-
, 2011 (13),							1
100m			-		1:00.12		-
400m		25.	**4:39.41**	438	4:43.97		103%
, 2011 (13),							2
400m		150.	**5:15.84**	303	5:17.90	25.04.2024	101%
100m			-		1:15.34	26.04.2024	-
200m		142.	**2:45.74**	289	2:48.64	24.04.2024	104%
, 2010 (14),							1
400m		83.	**4:54.17**	375	5:11.10	23.11.2023	112%
100m			-		1:10.36		-
200m		80.	2:34.81	355	NT		-
, 2010 (14),							-
100m			-		59.62	26.04.2024	-
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%
, 2012 (12),							1
400m		110.	5:34.37	331	5:26.57		95%
100m			1:21.23	294	1:20.12		97%
200m		109.	**2:53.67**	345	2:54.00		100%
, 2011 (13),							1
100m			-		1:00.03		-
400m		33.	**4:41.84**	427	4:42.88		101%
200m		83.	2:35.11	353	2:33.34		98%
, 2011 (13),							1
100m			-		59.14		-
400m		8.	4:52.02	496	4:49.86		99%
200m		3.	**2:28.25**	555	2:29.93		102%
, 2012 (12),							2
400m		118.	**5:39.24**	316	5:47.72	24.04.2024	105%
100m			-		1:21.52	26.04.2024	-
200m		112.	**2:54.07**	343	3:01.82	25.04.2024	109%
, 2011 (13),							2
400m		1.	**4:36.01**	588	4:40.15	24.04.2024	103%
100m			-		1:05.31	26.04.2024	-
200m		5.	**2:29.68**	539	2:31.57	25.04.2024	103%
, 2011 (13),							1
400m		110.	**5:00.43**	352	5:00.56		100%
100m			-		1:10.64		-
200m		109.	2:39.77	323	2:39.17		99%
, 2010 (14),							2
400m		106.	**4:59.83**	354	5:03.85		103%
100m			-		1:09.98		-
200m		92.	**2:36.85**	341	2:39.94		104%
, 2010 (14),							2
100m			-		58.78		-
400m		13.	**4:31.82**	476	4:47.67		112%
200m		32.	**2:27.18**	413	2:33.74		109%

								2
, 2011 (13),								
400m		79.	**5:20.72**	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m		72.	**2:47.57**	384	2:52.36	25.04.2024	106%	
, 2011 (13),								-
400m		141.	5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
, 2011 (13),								-
400m		112.	5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	
, 2011 (13),								2
100m				-	1:05.35	26.04.2024	-	
400m		101.	**4:58.80**	358	4:59.54	25.04.2024	100%	
200m		135.	**2:44.12**	298	2:48.84	24.04.2024	106%	
, 2010 (14),								1
400m		28.	**4:40.52**	433	4:43.30		102%	
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
, 2011 (13),								2
400m		124.	**5:44.02**	303	5:55.78		107%	
100m				-	1:24.03		-	
200m		87.	**2:50.38**	365	2:57.06		108%	
, 2012 (12),								1
400m		38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m		37.	**2:40.97**	433	2:41.99		101%	
, 2013 (11),								2
400m		96.	**5:27.19**	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m		116.	**2:55.40**	335	2:59.30		104%	
, 2011 (13),								2
400m		4.	4:40.74	559	4:37.71		98%	
100m			**1:03.78**	608	1:04.81		103%	
200m		2.	**2:27.56**	563	2:27.89		100%	
, 2010 (14),								1
100m				-	1:08.86	26.04.2024	-	
400m		159.	**5:30.87**	263	5:34.76	25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96		79%	
, 2010 (14),								2
400m		72.	**4:52.50**	382	4:52.68		100%	
100m				-	1:18.06		-	
200m		52.	**2:30.33**	387	2:31.09		101%	
, 2010 (14),								1
100m				-	59.59		-	
200m		50.	**2:30.23**	388	2:32.95		104%	
, 2011 (13),								-
100m				-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m		8.	2:33.20	503	2:31.66	25.04.2024	98%	
, 2011 (13),								2
400m		2.	**4:38.68**	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m		1.	**2:22.53**	624	2:24.20	25.04.2024	102%	
, 2012 (12),								1
100m				-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m		118.	**2:55.96**	332	2:56.24	25.04.2024	100%	
, 2011 (13),								-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
, 2010 (14),								1
400m		158.	**5:30.09**	265	5:30.90	25.04.2024	100%	
100m				-	1:13.92	26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
, 2010 (14),								1
400m		85.	4:54.88	372	4:48.30		96%	
100m				-	1:05.77		-	
200m		39.	**2:28.77**	400	2:30.91		103%	
, 2011 (13),								2
100m				-	1:03.15		-	
400m		19.	**4:58.75**	464	5:01.84		102%	
200m		15.	**2:34.95**	486	2:36.98		103%	

, 2011 (13   ),   2

400m		12.	**4:54.60**	483	4:56.36	24.04.2024	101%
100m				-	1:11.76	26.04.2024	-
200m		13.	**2:34.85**	487	2:37.06	25.04.2024	103%

, 2011 (13   ),   2

400m		59.	**4:49.29**	394	4:55.83		105%
100m				-	1:06.88		-
200m		56.	**2:30.47**	386	2:34.49		105%

, 2010 (14   ),   -

100m				-	1:00.40		-
400m		32.	4:41.74	427	4:38.00		97%
200m		106.	2:39.25	326	2:32.00		91%

, 2012 (12   ),   2

400m		130.	**5:48.45**	292	5:49.10	24.04.2024	100%
100m				-	1:31.39	28.03.2024	-
200m		117.	**2:55.50**	334	3:00.67	25.04.2024	106%

, 2011 (13   ),   -

100m				-	1:10.37		-
400m		163.	5:43.56	235	5:31.52		93%
200m		155.	3:05.76	205	3:03.37		97%

, 2011 (13   ),   1

400m		35.	5:05.10	435	5:02.99		99%
100m				-	1:22.25		-
200m		70.	**2:46.69**	390	2:47.42		101%

, 2012 (12   ),   1

100m				-	1:11.00		-
400m		102.	5:30.10	344	5:29.94		100%
200m		80.	**2:48.73**	376	2:49.79		101%

, 2012 (12   ),   1

400m		133.	**5:50.71**	286	6:01.10	24.04.2024	106%
100m			1:18.13	331	1:15.81	26.04.2024	94%
200m		122.	2:57.87	321	2:57.50	25.04.2024	100%

, 2010 (14   ),   -

400m		68.	4:52.04	383	4:50.19	25.04.2024	99%
100m				-	1:18.29	06.10.2023	-
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%

, 2011 (13   ),   -

100m				-	1:16.04		-
200m		153.	3:00.95	222	2:48.79		87%

, 2010 (14   ),   -

100m				-	1:01.60		-
400m		119.	5:02.76	344	5:02.70		100%
200m		100.	2:38.04	333	2:35.00		96%

, 2012 (12   ),   2

100m				-	1:15.24		-
400m		131.	**5:49.82**	289	6:01.03		107%
200m		140.	**3:07.59**	274	3:11.37		104%

, 2011 (13   ),   1

400m		33.	5:04.98	436	5:03.60		99%
100m				-	1:10.20		-
200m		43.	**2:41.78**	427	2:42.00		100%

, 2011 (13   ),   1

400m		36.	5:05.26	435	5:03.43	24.04.2024	99%
100m				-	1:10.18	26.04.2024	-
200m		26.	**2:38.81**	451	2:42.57	25.04.2024	105%

, 2010 (14   ),   -

400m		15.	4:32.87	470	4:31.67		99%
100m				-	1:02.45		-

, 2011 (13   ),   1

100m				-	59.64		-
400m		30.	4:41.18	430	4:38.57		98%
200m		54.	**2:30.36**	387	2:32.82		103%

, 2010 (14   ),   2

100m				-	1:00.66		-
400m		56.	**4:47.79**	401	5:00.36		109%
200m		60.	**2:31.10**	381	2:33.70		103%

, 2011 (13   ),   -

400m		48.	4:46.42	406	4:45.95	25.04.2024	100%
100m				-	1:13.57	26.04.2024	-
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%

, 2010 (14   ),   -

400m		44.	4:44.83	413	4:40.19	25.04.2024	97%
100m				-	1:07.31	26.04.2024	-
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%

, 2011 (13   ),   2

100m			-	1:06.33		-
400m	40.	**5:06.89**	428	5:12.55		104%
200m	59.	**2:45.50**	399	2:49.02		104%

, 2011 (13   ),   -

400m	14.	4:55.45	479	4:51.11		97%
100m			-	1:08.96		-
200m	25.	2:38.14	457	2:34.65		96%

, 2010 (14   ),   2

400m	115.	**5:01.95**	347	5:05.04		102%
100m			-	1:16.06		-
200m	49.	**2:30.09**	389	2:32.15		103%

, 2010 (14   ),   1

400m	26.	4:39.54	437	4:36.97	25.04.2024	98%
100m			-	1:06.71	26.04.2024	-
200m	47.	**2:29.72**	392	2:31.30	24.04.2024	102%

, 2012 (12   ),   2

400m	129.	**5:46.75**	296	5:54.58	24.04.2024	105%
100m			-	1:35.68	26.04.2024	-
200m	127.	**2:59.75**	311	3:02.58	25.04.2024	103%

, 2010 (14   ),   1

400m	77.	**4:53.13**	379	4:56.26		102%
100m			-	1:06.63		-
200m	67.	2:32.53	371	2:31.67		99%

, 2012 (12   ),   2

400m	117.	**5:38.28**	319	5:55.38		110%
100m			-	1:26.26		-
200m	134.	**3:02.49**	297	3:06.71		105%

, 2012 (12   ),   2

100m			-	1:15.15		-
400m	121.	**5:41.46**	310	5:54.03	24.04.2024	107%
200m	136.	**3:03.53**	292	3:09.62	25.04.2024	107%

, 2010 (14   ),   2

400m	22.	**4:38.72**	441	4:46.63		106%
100m			-	1:06.13		-
200m	21.	**2:25.04**	431	2:29.10		106%

, 2012 (12   ),   1

400m	142.	**6:03.54**	257	6:05.68	27.03.2024	101%
100m			-	1:34.62	28.03.2024	-
200m	138.	3:05.03	285	3:04.05	25.04.2024	99%

, 2010 (14   ),   2

400m	93.	**4:56.44**	367	5:05.89		106%
100m			-	1:11.00		-
200m	73.	**2:33.76**	362	2:42.86		112%

, 2010 (14   ),   -

400m	90.	4:55.48	370	4:55.23	25.04.2024	100%
100m			-	1:09.85	26.04.2024	-
200m	65.	2:32.39	372	2:29.44	24.04.2024	96%

, 2013 (11   ),   2

400m	143.	**6:08.41**	247	6:15.63		104%
100m			-	1:27.90		-
200m	125.	**2:58.09**	320	3:02.71		105%

, 2010 (14   ),   1

100m			-	1:07.36	26.04.2024	-
400m	129.	5:05.00	337	5:03.09	25.04.2024	99%
200m	131.	**2:43.19**	303	2:43.68	24.04.2024	101%

                                                                               25

, 2011 (13   ),   2

400m	11.	**4:30.41**	483	4:32.58		102%
100m			-	1:02.61		-
200m	34.	**2:28.18**	404	2:30.35		103%

, 2010 (14   ),   -

400m	71.	4:52.10	383	4:46.20		96%
100m			-	1:17.05		-
200m	64.	2:31.85	376	2:29.55		97%

, 2011 (13   ),   -

400m	17.	4:58.03	467	4:55.18		98%
100m			-	1:14.68		-
200m	45.	2:42.42	422	2:40.38		98%

, 2011 (13   ),   -

400m	25.	5:02.37	447	4:56.03		96%
100m			-	1:14.95		-
200m	92.	2:51.03	361	2:47.54		96%

, 2012 (12),						1
400m	6.	**4:48.04**	517	4:52.60	103%	
100m			-	1:08.29	-	
200m	20.	2:37.44	463	2:35.61	98%	
, 2010 (14),						-
400m	149.	5:15.19	305	5:07.65	95%	
100m			-	1:18.39	-	
200m	107.	2:39.51	324	2:37.36	97%	
, 2011 (13),						-
400m	51.	5:11.10	410	5:03.43	95%	
100m			-	1:22.64	-	
200m	48.	2:43.18	416	2:40.55	97%	
, 2012 (12),						1
400m	113.	5:01.32	349	5:03.99	102%	
100m			-	1:12.38	-	
200m	119.	2:41.52	312	2:41.04	99%	
, 2012 (12),						-
100m			-	1:04.60	-	
400m	135.	5:06.31	332	5:06.16	100%	
200m	137.	2:44.31	297	2:40.08	95%	
, 2011 (13),						1
100m			-	1:04.92	-	
400m	45.	**5:08.76**	420	5:09.05	100%	
200m	74.	2:47.76	383	2:46.15	98%	
, 2011 (13),						2
100m			-	1:06.09	-	
400m	37.	**5:05.59**	433	5:07.54	101%	
200m	50.	**2:43.35**	415	2:47.50	105%	
, 2010 (14),						2
100m			-	58.40	-	
400m	81.	**4:53.49**	378	5:02.97	107%	
200m	76.	**2:34.04**	360	2:35.53	102%	
, 2011 (13),						2
400m	81.	**5:21.18**	373	5:21.64	100%	
100m			-	1:16.52	-	
200m	110.	**2:53.74**	345	2:53.92	100%	
, 2010 (14),						-
100m			-	1:04.14	-	
400m	140.	5:07.62	328	5:03.00	97%	
200m	134.	2:44.04	298	2:42.92	99%	
, 2010 (14),						1
400m	47.	**4:46.08**	408	4:47.50	101%	
100m			-	1:05.50	-	
200m	71.	2:33.09	367	2:30.70	97%	
, 2011 (13),						-
400m	34.	5:05.09	435	5:00.47	97%	
100m			-	1:15.07	-	
200m	64.	2:45.78	397	2:43.92	98%	
, 2010 (14),						-
100m			-	1:05.23	-	
400m	108.	5:00.14	353	4:49.66	93%	
200m	150.	2:49.32	271	2:40.00	89%	
, 2011 (13),						2
100m			-	1:05.75	-	
400m	31.	**5:04.59**	437	5:05.60	101%	
200m	77.	**2:47.91**	382	2:53.11	106%	
, 2010 (14),						-
100m			-	58.71	-	
400m	16.	4:34.10	464	4:33.04	99%	
200m	20.	2:23.82	442	2:21.32	97%	
, 2010 (14),						-
400m	122.	5:03.53	341	4:55.07	95%	
100m			-	1:20.35	-	
200m	133.	2:43.60	300	2:42.82	99%	
- , 2012 (12),						1
400m	27.	**5:03.89**	440	5:10.25	104%	
100m			-	1:14.03	-	
200m	33.	2:40.33	439	2:40.09	100%	
, 2010 (14),						-
400m	111.	5:00.98	350	4:58.35	98%	
100m			-	1:24.37	-	
200m	128.	2:42.83	305	2:38.43	95%	
, 2010 (14),						2
400m	53.	**4:47.42**	402	4:48.68	101%	
100m			-	1:05.20	-	
200m	26.	**2:26.59**	418	2:29.33	104%	

	, 2011 (13),						2
400m		82.	5:21.20	373	5:11.48	94%	
100m			**1:11.77**	427	1:12.72	103%	
200m		20.	**2:37.44**	463	2:39.93	103%	
	, 2010 (14),						1
100m				-	56.14	-	
400m		20.	**4:37.84**	445	4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	
	, 2010 (14),						2
400m		5.	**4:24.28**	518	4:27.15	102%	
100m				-	1:01.00	-	
200m		5.	**2:17.26**	509	2:18.68	102%	
	, 2011 (13),						2
100m				-	1:01.69	-	
400m		86.	**4:54.90**	372	5:07.83	109%	
200m		113.	**2:40.51**	318	2:40.53	100%	
	, 2011 (13),						1
400m		29.	5:04.54	438	5:00.70	97%	
100m			**1:10.02**	459	1:10.86	102%	
200m		36.	2:40.75	435	2:38.82	98%	
							31
	, 2011 (13),						1
400m		42.	**5:08.18**	422	5:12.96	103%	
100m			1:13.71	394	1:11.54	94%	
200m		18.	2:36.66	470	2:35.00	98%	
	, 2010 (14),						2
100m				-	59.85	-	
400m		74.	**4:52.74**	381	4:54.15	101%	
200m		82.	**2:35.08**	353	2:39.00	105%	
	, 2012 (12),						1
400m		114.	**5:35.58**	327	5:39.26	102%	
100m				-	1:19.35	-	
200m		121.	2:57.28	324	2:56.07	99%	
	, 2011 (13),						1
400m		103.	4:59.02	357	4:56.00	98%	
100m				-	1:09.00	-	
200m		118.	**2:41.28**	314	2:45.00	105%	
	, 2011 (13),						-
100m				-	1:37.00	-	
	, 2011 (13),						-
100m				-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m		143.	3:14.08	247	3:12.00	98%	
	, 2012 (12),						-
100m				-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m		145.	3:14.79	244	3:10.65	96%	
	, 2010 (14),						1
400m		125.	5:03.94	340	4:57.49	96%	
100m				-	1:14.00	-	
200m		45.	**2:29.45**	394	2:31.00	102%	
	, 2010 (14),						1
400m		164.	**5:48.93**	225	5:59.00	106%	
100m				-	1:19.00	-	
	, 2011 (13),						2
400m		104.	**4:59.22**	356	5:01.37	101%	
100m				-	1:20.70	-	
200m		88.	**2:36.48**	343	2:38.89	103%	
	, 2010 (14),						1
100m				-	1:03.70	-	
400m		124.	**5:03.90**	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
	, 2012 (12),						1
400m		123.	**5:43.84**	304	5:50.00	104%	
100m				-	1:27.00	-	
200m		124.	2:58.07	320	2:55.00	97%	
	, 2011 (13),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m				-	1:11.00	-	
200m		140.	**2:44.86**	294	2:45.18	100%	
	, 2013 (11),						1
400m		141.	**6:01.09**	262	6:01.11	100%	
100m				-	1:31.64	-	
200m		146.	3:15.98	240	3:12.02	96%	

, 2010 (14), 1

100m			-	55.90	-
400m	7.	4:27.93	497	4:26.70	99%
200m	4.	**2:17.05**	511	2:18.70	102%

, 2010 (14), 1

400m	98.	4:58.53	359	4:56.47	99%
100m			-	1:07.50	-
200m	38.	**2:28.69**	400	2:31.87	104%

, 2011 (13), -

400m	149.	6:42.44	189	6:35.00	96%
100m			-	1:28.00	-
200m	142.	3:12.58	253	3:10.00	97%

, 2013 (11), -

100m			-	1:12.50	-
400m	161.	5:40.86	241	5:34.00	96%
200m	156.	3:08.02	198	3:03.00	95%

, 2012 (12), -

400m	162.	5:42.11	238	5:41.00	99%
100m			-	1:27.00	-
200m	154.	3:01.61	219	3:01.00	99%

, 2010 (14), 2

100m			-	1:04.76	-
400m	142.	**5:09.66**	322	5:10.89	101%
200m	101.	**2:38.47**	331	2:39.21	101%

, 2011 (13), 2

400m	93.	**5:26.72**	354	5:34.09	105%
100m			-	1:13.52	-
200m	107.	**2:53.12**	348	2:59.24	107%

, 2011 (13), 2

100m			-	1:02.02	-
400m	88.	**5:23.00**	367	5:40.00	111%
200m	56.	**2:45.17**	401	2:48.00	103%

, 2011 (13), 1

400m	127.	5:45.02	301	5:38.96	97%
100m			-	1:18.87	-
200m	126.	**2:59.05**	315	3:06.22	108%

, 2012 (12), 1

400m	139.	**5:07.02**	330	5:09.00	101%
100m			-	1:15.85	-
200m	148.	2:48.08	277	2:46.85	99%

, 2011 (13), 2

400m	115.	**5:35.94**	326	5:38.76	102%
100m			-	1:24.51	-
200m	89.	**2:50.72**	363	2:55.31	105%

, 2012 (12), 1

400m	116.	5:36.39	325	5:30.00	96%
100m			-	1:26.50	-
200m	99.	**2:52.06**	355	2:55.00	103%

, 2011 (13), -

100m			-	1:04.70	-
400m	148.	5:13.61	310	5:12.00	99%

, 2010 (14), 1

400m	45.	**4:45.43**	411	4:47.00	101%
100m			-	1:08.00	-
200m	41.	2:28.99	398	2:28.00	99%

, 2011 (13), 1

400m	152.	5:22.32	285	5:16.00	96%
100m			-	1:20.50	-
200m	143.	**2:46.56**	285	2:50.00	104%

, 2011 (13), 1

400m	148.	**6:35.76**	199	6:40.58	102%
100m			-	1:33.00	-
200m	144.	3:14.78	244	3:10.00	95%

, 2011 (13), 2

100m			-	1:04.01	-
400m	67.	**4:51.62**	385	4:52.34	100%
200m	105.	**2:38.77**	329	2:39.78	101%