	-						
						%	PE
							52
400	, 2011 (13),	4.0	. =====	400	4 = 0 + 0	1010/	3
400m 100m		10. 7.	4:52.72 1:10.91	493 442	4:53.48 1:11.32	101% 101%	
200m		12.	2:34.58	489	2:35.20	101%	
200	, 2011 (13),			.00	2.00.20	.0.70	2
400m	, == : (:=),	127.	5:04.73	337	5:08.05	102%	
200m		139.	2:44.58	295	2:48.88	105%	
	, 2010 (14),						2
400m		38.	4:43.04	421	4:46.77	103%	
100m		4.	1:11.52	461	1:10.23	96%	
200m	, 2010 (14),	18.	2:23.54	445	2:25.50	103%	2
400m	, 2010 (14),	143.	5:09.77	321	5:03.12	96%	•
100m		13.	1:08.52	339	1:09.93	104%	
200m		91.	2:36.69	342	2:40.19	105%	
	, 2010 (14),						:
100m				-	57.36	-	
400m		43.	4:44.69	414	4:59.79	111%	
200m	2011 (12	24.	2:25.51	427	2:31.28	108%	
400	, 2011 (13),	100	F.20.04	247	F.07.00	000/	2
400m 100m		100. 18.	5:28.91 1:14.80	347 395	5:27.33 1:14.81	99% 100%	
200m		54.	2:44.38	407	2:46.39	102%	
	, 2010 (14),						;
400m	, (76.	4:53.06	379	4:56.97	103%	
100m		12.	1:14.47	409	1:14.87	101%	
200m	0040 (44	55.	2:30.38	387	2:34.33	105%	
400	, 2010 (14),			404		4000/	
400m		55.	4:47.74	401	4:47.31	100%	
100m 200m		11. 66.	1:07.47 2:32.51	355 371	1:08.10 2:32.09	102% 99%	
200111	, 2012 (12),	00.	2.02.01	371	2.02.00	3370	2
400m	, 2012 (12),	132.	5:49.98	288	5:44.42	97%	•
100m		19.	1:17.92	333	1:21.94	111%	
200m		88.	2:50.40	365	2:59.66	111%	
	, 2010 (14),						:
100m				-	58.01	-	
400m		51.	4:47.15	403	4:50.47	102%	
200m	, 2011 (13),	70.	2:32.86	368	2:34.12	102%	;
100m	, 2011 (13),	3.	1:01.45	546	1:02.34	103%	•
400m		3.	4:40.55	560	4:42.01	101%	
200m		10.	2:33.78	497	2:38.03	106%	
	, 2011 (13),						;
400m	•	7.	4:48.49	515	4:51.80	102%	
100m		5.	1:10.10	458	1:11.90	105%	
200m	, 2011 (13),	4.	2:28.91	548	2:33.50	106%	:
400m	, 2011 (13),	80.	5:20.92	374	5:21.89	101%	
100m		22.	1:19.31	316	1:19.46	100%	
200m		103.	2:52.47	352	2:51.06	98%	
	, 2010 (14),						
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.01	-	
400m		123.	5:03.75	341	4:57.39	96%	
200m	0044 (40	35.	2:28.24	404	2:32.60	106%	
100	, 2011 (13),	00	4-00-04	207	4.00.00	4000/	;
100m 400m		28. 78.	1:08.94 5:20.52	387 375	1:09.62 5:21.68	102% 101%	
200m		76. 84.	2:49.95	368	2:52.65	103%	
	, 2011 (13),	5 1.		230		10070	;
400m	, 20.7 (10),	46.	4:45.51	410	4:49.60	103%	
100m		7.	1:12.94	435	1:13.73	102%	
200m		44.	2:29.38	395	2:32.11	104%	
	, 2011 (13),						•
400m		99.	5:28.41	349	5:24.80	98%	
100m 200m		18. 82.	1:25.08 2:49.57	393 371	1:27.21 2:47.65	105% 98%	
200111		٥٧.	2.49.07	311	2.47.00	90%	

	, 2010 (14),						2
400m 100m		31. 4.	4:41.45 1:01.60	428 482	4:40.73 1:02.37	99% 103%	
200m		4. 8.	2:19.37	482 486	2:21.20	103%	
200111	, 2010 (14),	o.	2.10.01	100	2.21.20	10070	2
400m	, , , , , , , , , , , , , , , , , , , ,	86.	4:54.90	372	4:51.47	98%	
100m		10.	1:04.10	428	1:05.79	105%	
200m	2040 (44	75.	2:34.02	360	2:34.41	101%	2
400m	, 2010 (14),	40.	4:43.35	420	4:47.34	103%	3
100m		3.	1:01.17	493	1:02.00	103%	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m		20.	4:58.98	463	4:57.41	99% 98%	
100m 200m		4. 16.	1:17.77 2:35.47	515 481	1:17.17 2:35.78	100%	
200111	, 2011 (13),	10.	2.00.41	101	2.00.70	10070	1
100m	, - (- ,,	26.	1:08.31	398	1:07.49	98%	
400m		54.	5:11.71	408	5:08.16	98%	
200m	0040 (44	100.	2:52.14	354	2:53.06	101%	•
400	, 2010 (14),	120	E.OE 70	224	E.44 E4	104%	3
400m 100m		130. 15.	5:05.78 1:16.09	334 383	5:11.54 1:18.86	107%	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						3
400m		68.	5:17.34	387	5:21.70	103%	
100m 200m		8. 35.	1:09.88 2:40.43	484 438	1:09.93 2:41.48	100% 101%	
200111		55.	2.40.43	430	2.41.40	10170	
							21
	, 2012 (12),						3
100m	, == (= /,	32.	1:10.67	359	1:11.43	102%	_
400m		50.	5:10.60	412	5:16.95	104%	
200m	2010 (14	85.	2:50.17	367	2:51.60	102%	
100m	, 2010 (14),			-	56.28	-	-
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m		66.	5:17.24	387	5:12.74	97%	
100m 200m		7. 41.	1:20.62 2:41.42	462 430	1:20.48 2:37.03	100% 95%	
200111	, 2010 (14),		2.11.12	100	2.07.00	0070	_
100m	, (-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
400	, 2010 (14),		. =			2001	1
400m 100m		62. 16.	4:50.91 1:16.57	388 376	4:39.55 1:16.99	92% 101%	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						2
400m		74.	5:19.44	379	5:20.36	101%	
100m		14.	1:13.81	392	1:13.26	99%	
200m	, 2010 (14),	57.	2:45.29	400	2:46.21	101%	1
400m	, 2010 (17),	66.	4:51.27	386	4:49.08	99%	
100m		22.	1:08.81	346	1:07.68	97%	
200m		51.	2:30.31	387	2:30.54	100%	_
400-	, 2012 (12),	00	4.07.40	44.4	1.00.40	10001	3
100m 400m		22. 47.	1:07.40 5:09.90	414 415	1:08.16 5:21.42	102% 108%	
200m		63.	2:45.70	397	2:47.40	102%	
	, 2012 (12),						1
100m		31.	1:10.14	367	1:08.40	95%	
400m		62.	5:14.32	398	5:15.16	101%	
200m	, 2010 (14),	93.	2:51.16	360	2:51.08	100%	_
100m	, 2010 (17),			_	1:01.11	-	_
400m		97.	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	-
	, 2011 (13),	= ,		.=-			2
400m 100m		21. 18.	4:59.81 1:17.47	459 339	5:00.52 1:14.84	100% 93%	
200m		39.	2:41.06	433	2:41.53	101%	
	, 2011 (13),	•	-	-		- ·- -	-
400m	• • •	76.	5:20.16	377	5:15.00	97%	
100m		8. 31	1:22.52	431 441	1:21.90	99%	
200m		31.	2:40.08	441	2:39.00	99%	

	, 2010 (14),						-
400m		68.	4:52.04	383	4:51.04	99%	
100m		16.	1:05.96	393	1:05.26	98%	
200m	, 2010 (14),	36.	2:28.34	403	2:28.00	100%	2
400m	, 2010 (14),	18.	4:35.80	455	4:36.00	100%	_
100m		10.	1:07.33	357	1:07.50	101%	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						2
400m		97.	5:27.25	353	5:28.72	101%	
100m 200m		25. 101.	1:21.42 2:52.23	292 354	1:20.44 2:52.24	98% 100%	
200111	, 2011 (13),	101.	2.52.25	354	2.32.24	10070	1
400m	, 2011 (13),	63.	5:16.47	390	5:12.90	98%	
100m		12.	1:12.00	443	1:11.34	98%	
200m		51.	2:43.41	414	2:44.44	101%	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		17. 86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
200111	, 2010 (14),	00.	2.50.14	340	2.00.04	3070	1
400m	, 2010 (14),	75.	4:53.03	380	4:50.50	98%	•
100m		10.	1:13.93	418	1:16.20	106%	
200m		46.	2:29.60	393	2:29.00	99%	
	, 2010 (14),						-
400m		14.	4:32.52	472	4:32.06	100%	
100m 200m		2. 7.	1:00.52 2:18.80	509 492	1:00.00 2:17.73	98% 98%	
200111	, 2011 (13),	, .	2.10.00	432	2.17.70	3070	2
400m	, 2011 (10),	89.	5:23.67	364	5:19.00	97%	_
100m		17.	1:16.44	353	1:16.50	100%	
200m		81.	2:49.37	372	2:50.15	101%	
							52
100	, 2011 (13),				4.04.00		-
100m 400m		147.	5:12.93	312	1:01.00 5:12.00	- 99%	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						_
100m	, == (:=),	33.	1:10.76	358	1:10.00	98%	
400m		90.	5:24.46	362	5:17.00	95%	
200m	0040444	131.	3:01.35	303	2:52.00	90%	
400	, 2010 (14),				4:04.00		1
100m 400m		36.	4:42.02	- 426	1:01.00 4:43.00	- 101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12),						1
100m				-	1:05.00	-	
400m		144.	5:10.95	318	5:03.00	95%	
200m	, 2012 (12),	132.	2:43.49	301	2:45.00	102%	4
400m	, 2012 (12),	65.	5:17.11	388	5:06.00	93%	1
100m		10.	1:12.83	408	1:12.90	100%	
200m		82.	2:49.57	371	2:46.00	96%	
	, 2011 (13),						-
100m		30.	1:10.05	369	1:09.00	97%	
400m		77. 104.	5:20.22 2:52.67	376	5:17.90 2:49.60	99%	
200m	, 2012 (12),	104.	2.32.07	351	2.49.00	96%	
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	-
100m		29.	1:27.91	232	1:21.99	87%	
200m		96.	2:51.56	358	2:49.60	98%	
	, 2010 (14),						3
400m		89.	4:55.23	371	4:56.38	101%	
100m 200m		9. 27.	1:13.28 2:26.65	429 417	1:13.64 2:27.94	101% 102%	
200111	, 2011 (13),	۷1.	2.20.03	71/	L.LI .J7	102/0	2
100m	, 2011 (10 <i>)</i> ,	13.	1:05.41	453	1:05.50	100%	_
400m		41.	5:07.47	425	5:15.00	105%	
200m		76.	2:47.81	382	2:46.00	98%	
	, 2010 (14),				-		-
100m		494	E-0E 00	- 224	59.95 4:54.00	029/	
400m 200m		131. 125.	5:05.83 2:41.98	334 310	4:54.00 2:36.00	92% 93%	
		.=		3.0		55,3	

	, 2010 (14),					-
400m	•	146.	5:11.13	317	5:04.00	95%
100m		23.	1:18.22	352	1:15.00	92%
200m	, 2011 (13),	79.	2:34.76	355	2:33.00	98%
100m	, 2011 (13),	15.	1:05.46	452	1:05.00	99%
400m		43.	5:08.38	421	4:55.00	92%
200m		102.	2:52.35	353	2:47.00	94%
	, 2010 (14),					1
400m		105.	4:59.61	355	4:58.00	99% 92%
100m 200m		30. 81.	1:21.50 2:34.91	312 354	1:18.00 2:38.35	104%
	, 2012 (12),					1
400m		103.	5:30.30	343	5:26.00	97%
100m		32.	1:19.01	335	1:18.50	99%
200m	, 2010 (14),	86.	2:50.18	367	2:54.00	105%
100m	, 2010 (14),			-	1:00.00	-
400m		64.	4:51.10	387	4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m 100m		96. 17.	4:58.10 1:10.87	360 306	4:58.00 1:10.00	100% 98%
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12),					1
400m		140.	5:56.43	273	6:00.00	102%
100m 200m		42. 148.	1:23.83 3:23.13	280 215	1:22.00 3:14.00	96% 91%
200111	, 2010 (14),	140.	0.20.10	210	0.14.00	2
400m	, 2010 (11),	19.	4:35.84	455	4:41.90	104%
100m		4.	1:05.51	387	1:06.90	104%
200m	2011 (12	43.	2:29.07	397	2:28.50	99%
400m	, 2011 (13),	72.	5:18.21	384	5:06.76	93%
100m		3.	1:17.53	520	1:16.54	97%
200m		17.	2:35.71	479	2:36.17	101%
	, 2011 (13),					-
400m 100m		79. 31.	4:53.46 1:13.64	378 282	4:53.00 1:09.00	100% 88%
200m		138.	2:44.35	296	2:42.00	97%
	, 2012 (12),					1
400m		126.	5:44.55	302	5:40.00	97%
100m		23.	1:28.22	353	1:25.00	93%
200m	, 2012 (12),	119.	2:56.27	330	2:58.00	102% 2
400m	, 2012 (12),	92.	5:25.53	358	5:31.00	103%
100m		30.	1:17.98	348	1:17.50	99%
200m	2242 (42	97.	2:51.90	356	2:57.00	106%
400	, 2012 (12),	407	F-F0 00	000	0.00.00	3
400m 100m		137. 29.	5:53.39 1:32.65	280 304	6:09.00 1:35.00	109% 105%
200m		128.	3:00.38	308	3:03.74	104%
	, 2010 (14),					-
400m		133.	5:05.92	333	4:52.00	91%
100m 200m		24. 151.	1:15.84 2:53.07	250 254	1:10.00 2:45.00	85% 91%
	, 2012 (12),					3
100m	, == (=	11.	1:04.24	478	1:05.00	102%
400m		18.	4:58.44	465	5:05.50	105%
200m	, 2010 (14),	29.	2:39.91	442	2:40.14	100%
400m	, 2010 (14),	156.	5:25.52	277	5:20.00	97%
100m		29.	1:12.22	299	1:09.00	91%
200m		146.	2:47.48	280	2:41.00	92%
400	, 2011 (13),	00	5.04.0=	071	5.4.4.45	1
400m 100m		86. 14.	5:21.67 1:23.86	371 411	5:14.45 1:23.21	96% 98%
200m		46.	2:43.02	417	2:43.34	100%
	, 2011 (13),					-
400m		135.	5:52.65	282	5:25.00	85%
100m		21. 11 <i>1</i>	1:27.47 2:54.33	362 341	1:23.00	90%
200m	, 2011 (13),	114.	2:54.33	341	2:50.00	95% 2
400m	, 2011 (10),	128.	5:46.63	297	5:30.00	91%
100m		26.	1:16.59	368	1:17.00	101%
200m		106.	2:52.99	349	2:53.00	100%

	, 2010 (14),						-
100m		00	4.56.20	-	58.79	-	
400m		92. 85.	4:56.39 2:35.94	367	4:50.00	96% 99%	
200m	, 2011 (13),	65.	2.35.94	347	2:35.29	99%	3
400m	, 2011 (10),	55.	5:11.97	407	5:19.78	105%	J
100m		8.	1:11.21	437	1:11.45	101%	
200m		24.	2:38.13	457	2:41.12	104%	
	, 2012 (12),						-
400m	, , , , , , , , , , , , , , , , , , , ,	58.	5:13.29	402	5:10.00	98%	
100m		29.	1:17.76	351	1:16.00	96%	
200m		108.	2:53.32	347	2:50.00	96%	
	, 2013 (11),						2
400m		145.	6:18.95	227	6:02.00	91%	
100m		22.	1:27.71	359	1:29.00	103%	
200m	2040 (44	139.	3:07.24	275	3:10.00	103%	
400	, 2010 (14),	440	5.00.07	0.45	4.50.00	000/	-
400m		118. 25.	5:02.37	345 326	4:56.00 1:08.00	96% 94%	
100m 200m		130.	1:10.17 2:42.95	304	2:42.00	94%	
200	, 2011 (13),		22.00		22.00	33,0	1
400m	, 2011 (10),	22.	5:00.79	454	4:55.76	97%	•
100m		6.	1:10.28	454	1:10.23	100%	
200m		11.	2:33.98	495	2:35.69	102%	
	, 2013 (11),						3
400m		101.	5:29.00	347	5:30.00	101%	
100m		15.	1:15.27	370	1:17.00	105%	
200m		94.	2:51.18	360	2:53.00	102%	
	, 2012 (12),						1
400m		94.	4:56.78	365	5:00.00	102%	
100m		5.	1:12.07	451	1:10.50	96%	
200m	, 2011 (13),	61.	2:31.15	381	2:26.50	94%	2
100m	, 2011 (13),	25.	1:07.90	405	1:08.00	100%	_
400m		70.	5:18.02	384	5:24.00	100%	
200m		75.	2:47.79	383	2:47.00	99%	
	, 2013 (11),						3
400m	, =0.0 (/,	122.	5:42.96	306	5:43.00	100%	•
100m		24.	1:28.37	351	1:28.79	101%	
200m		113.	2:54.20	342	2:59.00	106%	
	, 2013 (11),						3
100m		24.	1:07.69	409	1:08.00	101%	
400m		94.	5:26.73	354	5:35.00	105%	
200m	2012 (12	78.	2:48.29	379	2:53.00	106%	4
400	, 2012 (12),	400	F-20 24	207	F-00 00	4000/	1
400m 100m		109. 27.	5:32.34 1:23.90	337 267	5:36.00 1:22.50	102% 97%	
200m		135.	3:02.68	296	2:58.00	95%	
	, 2011 (13),						_
400m	, 2011 (10),	128.	5:04.94	337	4:55.00	94%	
100m		30.	1:12.83	292	1:09.00	90%	
200m		121.	2:41.65	311	2:35.00	92%	
	, 2010 (14),						3
400m		88.	4:54.94	372	5:00.00	103%	
100m		13.	1:04.27	425	1:05.50	104%	
200m	0040 (40	25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						1
100m		20. 61.	1:06.41	433 399	1:05.90	98%	
400m 200m		49.	5:14.16 2:43.23	416	5:14.00 2:46.00	100% 103%	
200111	, 2012 (12),	43.	2.43.23	410	2.40.00	10376	1
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	•
100m		2.	1:16.72	537	1:15.60	97%	
200m		6.	2:31.56	519	2:34.33	104%	
	, 2010 (14),						2
400m	·	151.	5:17.63	298	5:20.00	101%	
100m		21.	1:12.54	285	1:11.00	96%	
200m		126.	2:42.08	309	2:44.00	102%	
						,	20
							32
	, 2010 (14),						2
100m		-	4.00.00	-	55.22	4040/	
400m 200m		6. 14.	4:26.99 2:22.46	502 455	4:32.45 2:25.42	104% 104%	
200111		14.	2.22.40	400	2.23.42	10470	

, 29. - 31.5.2024

	0044 (40					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m		12.	1:23.59	415	1:22.72	98%
200m		55.	2:44.75	404	2:47.38	103%
	, 2012 (12),					
400m	, == (= /,	52.	5:11.42	409	5:11.20	100%
100m		21.	1:18.74	323	1:19.71	102%
		66.		393		99%
200m	0040 (44	66.	2:46.30	393	2:45.10	
	, 2010 (14),					
400m		21.	4:38.39	443	4:43.78	104%
100m		19.	1:17.52	362	1:15.65	95%
200m		31.	2:27.12	413	2:27.24	100%
	, 2011 (13),					
400m	, - (-),	107.	5:00.11	353	5:02.18	101%
100m		37.	1:14.86	269	1:14.97	100%
200m		136.	2:44.26	297	2:38.82	93%
Loom	, 2011 (13),	100.	2.11.20	201	2.00.02	0070
400	, 2011 (13),	40	4.05.00	440	4.05.00	
100m		18.	1:05.92	442	1:05.00	97%
400m		56.	5:13.06	403	5:10.00	98%
200m		67.	2:46.32	393	2:48.00	102%
	, 2010 (14),					
400m	, \ /1	3.	4:17.49	560	4:10.30	94%
100m		5.	1:01.83	477	1:02.52	102%
200m		10.	2:20.18	478	2:22.10	103%
.00111	2010 (14	10.	2.20.10	410	۷.۷۲.۱۷	
	, 2010 (14),					
100m				-	1:04.00	=
400m		65.	4:51.20	387	4:53.44	102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					
400m	, (/)	1.	4:08.68	621	4:09.73	101%
100m		1.	1:05.55	599	1:05.00	98%
		1.	2:07.95	629		
200m	0040 (40	1.	2.07.95	029	2:13.50	109%
	, 2012 (12),					
400m		59.	5:13.52	401	5:10.78	98%
100m		16.	1:14.41	401	1:14.00	99%
200m		59.	2:45.50	399	2:47.46	102%
	, 2011 (13),					
400m	, ==::(:= /,	138.	5:06.74	331	5:02.39	97%
100m		32.	1:13.68	282	1:13.50	100%
200m		32. 122.	2:41.73	311	2:40.24	98%
200111	0011 (10	122.	2.41.73	311	2.40.24	
	, 2011 (13),					
100m		29.	1:09.47	378	1:11.46	106%
400m		32.	5:04.87	436	5:12.37	105%
200m		90.	2:51.00	361	2:52.37	102%
	, 2011 (13),					
400m	, (/)	11.	4:53.33	490	4:55.57	102%
		3.	1:09.99	460		109%
100m 200m		_		=00	1:12.97 2:33 78	
200m	0044 (40	7.	2:32.60	509	2:33.78	102%
	, 2011 (13),					
400m		53.	5:11.69	408	5:24.16	108%
100m		19.	1:14.91	393	1:15.63	102%
200m		42.	2:41.71	427	2:45.16	104%
	, 2010 (14),					
400m	,	80.	4:53.47	378	4:53.24	100%
100m	0040 (4.4	14.	1:08.76	335	1:09.17	101%
	, 2010 (14),					
100m				-	1:02.18	-
		61.	4:50.80	388	5:00.24	107%
400m		93.	2:37.15	339	2:41.49	106%
	. 2011 (13					
200m	, 2011 (13),	106	5.31 72	330	5.18.20	U.JOV.
200m 400m	, 2011 (13),	106. 16	5:31.72 1:15.75	339 363	5:18.20 1:15.73	92% 100%
200m 400m 100m	, 2011 (13),	16.	1:15.75	363	1:15.73	100%
200m 400m 100m						100% 93%
200m 400m 100m	, 2011 (13), , 2010 (14),	16.	1:15.75	363	1:15.73	100%
200m 400m 100m 200m		16.	1:15.75	363	1:15.73 2:40.40	100% 93%
200m 400m 100m 200m		16. 68.	1:15.75	363 391	1:15.73 2:40.40 1:00.20	100% 93%
200m 400m 100m 200m 100m 400m		16. 68. 37.	1:15.75 2:46.53 4:42.97	363 391 - 422	1:15.73 2:40.40 1:00.20 4:46.76	100% 93% - 103%
200m 400m 100m 200m 100m 400m	, 2010 (14),	16. 68.	1:15.75 2:46.53	363 391	1:15.73 2:40.40 1:00.20	100% 93% - 103% 97%
200m 400m 100m 200m 100m 400m 200m		16. 68. 37. 63.	1:15.75 2:46.53 4:42.97 2:31.60	363 391 - 422 378	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33	100% 93% - 103% 97%
400m 400m 100m 200m 100m 400m 200m	, 2010 (14),	16. 68. 37. 63.	1:15.75 2:46.53 4:42.97 2:31.60 1:06.52	363 391 - 422 378 431	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89	100% 93% - 103% 97% 98%
400m 400m 100m 200m 100m 400m 200m	, 2010 (14),	16. 68. 37. 63. 21. 64.	1:15.75 2:46.53 4:42.97 2:31.60 1:06.52 5:17.06	363 391 - 422 378 431 388	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16	100% 93% - 103% 97% 98% 102%
400m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	16. 68. 37. 63.	1:15.75 2:46.53 4:42.97 2:31.60 1:06.52	363 391 - 422 378 431	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89	100% 93% - 103% 97% 98%
400m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	16. 68. 37. 63. 21. 64.	1:15.75 2:46.53 4:42.97 2:31.60 1:06.52 5:17.06	363 391 - 422 378 431 388	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16	100% 93% - 103% 97% 98% 102% 99%
400m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14),	16. 68. 37. 63. 21. 64. 105.	1:15.75 2:46.53 4:42.97 2:31.60 1:06.52 5:17.06 2:52.88	363 391 - 422 378 431 388 350	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	100% 93% - 103% 97% 98% 102% 99%
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 400m 400m	, 2010 (14), , 2011 (13),	16. 68. 37. 63. 21. 64. 105.	1:15.75 2:46.53 4:42.97 2:31.60 1:06.52 5:17.06 2:52.88 5:10.11	363 391 - 422 378 431 388 350	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	100% 93% - 103% 97% 98% 102% 99%
400m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	16. 68. 37. 63. 21. 64. 105.	1:15.75 2:46.53 4:42.97 2:31.60 1:06.52 5:17.06 2:52.88	363 391 - 422 378 431 388 350	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	100% 93% - 103% 97% 98% 102% 99%

	, 2011 (13),							2
400m		82.	4:53.81	377	4:51.26		98%	
100m 200m		11. 74.	1:04.14 2:33.83	427 361	1:04.54 2:35.86		101% 103%	
200111	, 2010 (14),	74.	2.33.03	301	2.33.80		10376	1
400m	, 2010 (11),	12.	4:30.49	483	4:28.87	25.04.2024	99%	•
100m		9.	1:03.92	432	1:04.92	29.03.2024	103%	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							3
400m		4.	4:18.37	554	4:21.07	25.04.2024	102%	
100m 200m		6. 11.	1:01.99 2:20.34	473 476	1:02.09 2:21.29	26.04.2024 24.04.2024	100% 101%	
200111	, 2012 (12),		2.20.04	470	2.21.25	24.04.2024	10170	2
100m	, 2012 (12),	39.	1:13.90	314	1:12.87		97%	_
400m		134.	5:52.45	282	6:02.18		106%	
200m		133.	3:02.37	298	3:03.57		101%	
	, 2010 (14),							-
100m		0	4.00.05	-	56.54	26.04.2024	-	
400m 200m		8. 6.	4:28.25 2:17.60	495 505	4:22.37 2:16.72	25.04.2024 24.04.2024	96% 99%	
200	, 2010 (14),	0.	2	000	2	2	0070	1
100m	, 2010 (11),			_	1:01.04		-	•
400m		100.	4:58.66	358	4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	_
	, 2011 (13),							2
100m		36.	1:11.40	348	1:11.63		101%	
400m 200m		119. 132.	5:39.67 3:01.38	315 303	5:41.67 2:57.97		101% 96%	
	, 2011 (13),							2
100m	, == : (:=),	19.	1:05.93	442	1:07.27		104%	_
400m		69.	5:17.47	386	5:16.74		100%	
200m	0040 (44	71.	2:46.80	389	2:48.80		102%	
400	, 2010 (14),	70	4.50.05	202	4.50.00		000/	1
400m 100m		70. 12.	4:52.05 1:04.23	383 426	4:50.62 1:04.31		99% 100%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,	39.	5:06.09	431	5:03.05		98%	
100m		5.	1:09.39	494	1:09.13		99%	
200m	0044 (40	30.	2:40.06	441	2:42.47		103%	
400	, 2011 (13),	75	5-40-74	070	F-0F-00	04.04.0004	40.40/	1
400m 100m		75. 23.	5:19.74 1:19.35	378 316	5:25.39 1:15.43	24.04.2024 26.04.2024	104% 90%	
200m		62.	2:45.65	398	2:44.59	22.06.2023	99%	
	, 2010 (14),							2
100m				-	1:02.92	26.04.2024	-	
400m		126.	5:04.59	338	5:07.80 2:40.35	25.04.2024	102%	
200m	, 2011 (13),	87.	2:36.19	345	2.40.33	24.04.2024	105%	3
400m	, 2011 (13),	58.	4:48.95	396	4:55.65	25.04.2024	105%	3
100m		25.	1:19.42	337	1:20.23	26.04.2024	102%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m			4 = 0 = =	-	1:03.95	26.04.2024	-	
400m	, 2011 (13),	95.	4:56.87	365	4:53.13	25.04.2024	97%	2
400m	, 2011 (13),	67.	5:17.33	387	5:12.70		97%	2
100m		14.	1:12.78	428	1:13.24		101%	
200m		40.	2:41.16	432	2:41.91		101%	
	, 2010 (14),							1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%	
200m	2014 (12	99.	2:37.98	334	2:39.71	24.04.2024	102%	4
400m	, 2011 (13),	57.	5.10.07	402	5:07.64		96%	1
100m		6.	5:13.27 1:20.37	467	5:07.61 1:18.86		96%	
200m		34.	2:40.38	438	2:43.95		105%	
	, 2010 (14),							2
100m				-	1:06.23	26.04.2024	-	
400m		41.	4:43.61	419	4:46.97	25.04.2024	102%	
200m	, 2010 (14),	114.	2:40.71	317	2:48.11		109%	2
400m	, 2010 (17),	99.	4:58.54	359	4:56.78		99%	_
100m		16.	1:10.03	317	1:12.94		108%	
200m		89.	2:36.50	343	2:39.46		104%	

	, 2011 (13),							3
400m	, 2011 (10),	120.	5:02.84	344	5:06.52		102%	Ŭ
100m		28.	1:20.18	327	1:20.24		100%	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m		60.	5:13.71	400	5:11.05		98%	
100m		13.	1:13.77	393	1:11.42		94%	
200m	, 2011 (13),	68.	2:46.53	391	2:44.78		98%	4
100m	, 2011 (13),			-	1:00.75	26.04.2024	-	1
400m		102.	4:58.95	357	4:55.91	25.04.2024	98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m		50.	4:47.03	404	4:45.58		99%	
100m		2.	1:08.68	521	1:07.57		97%	
200m	2040 (44	19.	2:23.66	444	2:23.78		100%	
400	, 2010 (14),				4:00.00			-
100m 400m		63.	4:51.06	387	1:02.09 4:40.19		93%	
200m		95.	2:37.40	337	2:35.73		98%	
	, 2012 (12),							_
100m	, - (27.	1:08.32	397	1:06.45		95%	
400m		73.	5:18.55	382	5:15.39		98%	
200m		90.	2:51.00	361	2:50.71		100%	
400	, 2011 (13),				4 00			1
100m		04	4.55 75	-	1:00.60		-	
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
200111	, 2011 (13),	110.	2.40.00	0.0	2.11.00		10170	2
100m	, 2011 (10),	17.	1:05.66	448	1:05.45	26.04.2024	99%	_
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m		44.	2:42.25	423	2:44.93	25.04.2024	103%	
	, 2012 (12),							-
400m		155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m		35.	1:25.95	266	1:22.81	26.04.2024	93%	
200m	, 2010 (14),	147.	2:47.94	278	2:47.64	24.04.2024	100%	2
400m	, 2010 (14),	137.	5:06.69	331	5:15.13	25.04.2024	106%	_
100m		22.	1:18.08	354	1:20.61	28.03.2024	107%	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
	, 2011 (13),							1
400m		113.	5:35.23	328	5:24.88		94%	
100m		10.	1:23.08	422	1:21.65		97%	
200m	2040 (44	79.	2:48.69	376	2:52.72		105%	2
400	, 2010 (14),	22	4:41.84	407	4.40.00		1050/	3
400m 100m		33. 17.	1:16.67	427 374	4:48.82 1:17.47		105% 102%	
200m		29.	2:26.83	416	2:32.09		107%	
	, 2010 (14),							2
400m	, , , , , , , , , , , , , , , , , , , ,	60.	4:50.43	390	4:52.60		101%	
100m		15.	1:04.96	411	1:12.58		125%	
200m	0040 (40	69.	2:32.69	370	2:27.60		93%	_
100	, 2012 (12),				4 0 4 4 0	00 00 0004		2
100m 400m		57.	4:48.75	397	1:04.40 4:55.47	28.03.2024 25.04.2024	- 105%	
200m		102.	2:38.56	330	2:41.13	24.04.2024	103%	
	, 2010 (14),							2
400m	, (9.	4:28.37	494	4:26.36		99%	
100m		1.	1:00.59	490	1:01.56		103%	
200m	2011 (12	3.	2:15.53	529	2:16.53		101%	_
400	, 2011 (13),	0.5	5.04.40	070	F 40 07		000/	2
400m 100m		85. 2.	5:21.42 1:09.92	372 461	5:19.67 1:12.01		99% 106%	
200m		22.	2:37.58	462	2:38.51		101%	
	, 2010 (14),							1
400m	,,	54.	4:47.64	401	4:47.50		100%	•
100m		6.	1:12.77	438	1:12.80		100%	
200m		22.	2:25.16	430	2:22.60		97%	
	, 2011 (13),							1
400m		87.	5:22.95	367 520	5:22.80		100%	
100m 200m		3. 28.	1:07.84 2:39.45	529 446	1:06.89 2:41.50		97% 103%	
200111	, 2012 (12),	۷۵.	2.00.70	770	4.71.00		100/0	_
100m	,	10.	1:04.06	482	1:03.95	26.04.2024	100%	
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m		52.	2:43.63	413	2:42.67		99%	

400	, 2012 (12),	400	F-F0 07	070	0.00.07	04.04.0004	40.40/	3
400m 100m		139. 41.	5:56.27 1:22.62	273 293	6:03.97 1:24.14	24.04.2024	104% 104%	
200m		137.	3:03.86	291	3:10.66	25.04.2024	108%	
	, 2011 (13),							1
100m		23.	1:07.61	410	1:06.87		98%	
400m		49.	5:10.15	414	5:17.13		105% 99%	
200m	, 2011 (13),	47.	2:43.13	416	2:41.97		99%	2
100m	, 2011 (10),			-	1:04.58		-	_
400m		109.	5:00.25	353	5:01.18	25.04.2024	101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
400	, 2011 (13),				= 00.04		000/	1
400m 100m		91. 20.	5:24.93 1:15.08	360 390	5:22.81 1:12.56		99% 93%	
200m		95.	2:51.42	359	2:53.69		103%	
	, 2011 (13),							-
400m		153.	5:22.37	285	5:13.38		95%	
100m 200m		36. 149.	1:29.08 2:49.23	238 271	1:28.91 2:44.49		100% 94%	
200111	, 2011 (13),	143.	2.49.25	2/1	2.44.43		9476	2
400m	, 2011 (10),	24.	5:01.70	450	5:03.35		101%	_
100m		10.	1:10.48	472	1:07.74		92%	
200m	0040 (40	27.	2:39.03	449	2:39.68		101%	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	1009/	1
400m		35.	1:20.09	321	1:21.59	26.04.2024	100% 104%	
200m		141.	3:08.18	271	3:02.87	25.04.2024	94%	
	, 2010 (14),							1
100m			4.45.40	-	54.12		-	
400m 200m		2. 2.	4:15.42 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14),	۷.	2.12.00	301	2.12.70		10070	1
400m	, (),	42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m		3.	1:09.91	494	1:09.79	26.04.2024	100%	
200m	2012 (11	13.	2:21.78	462	2:23.12	24.04.2024	102%	2
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	2
100m		31.	1:37.57	261	1:34.94		95%	
200m		120.	2:56.42	329	2:56.62		100%	
	, 2011 (13),							3
400m 100m		105. 16.	5:31.45 1:24.73	339 398	5:32.47 1:25.17		101% 101%	
200m		98.	2:52.03	355	2:55.64		104%	
	, 2012 (12),							1
400m		112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m 200m		40. 128.	1:22.43 3:00.38	295 308	1:22.25 3:05.11	26.04.2024 25.04.2024	100% 105%	
200111	, 2011 (13),	120.	3.00.36	300	3.03.11	23.04.2024	10376	_
400m	, 2011 (10),	71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m		16.	1:24.73	398	1:22.53	23.11.2023	95%	
200m	0040 (40	61.	2:45.55	398	2:43.30	25.04.2024	97%	
400m	, 2012 (12),	84.	E:01 41	272	E:21 0E	24.04.2024	1009/	1
400m		25.	5:21.41 1:16.25	372 373	5:21.05 1:15.63	24.04.2024 26.04.2024	100% 98%	
200m		58.	2:45.49	399	2:45.78	25.04.2024	100%	
	, 2012 (12),							3
400m		28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m 200m		11. 65.	1:13.03 2:45.80	405 397	1:13.60 2:49.88	26.04.2024 25.04.2024	102% 105%	
200	, 2010 (14),	00.		00.	2	20.0202 .	.0070	2
100m	, , , ,			-	1:02.55		-	
400m		52.	4:47.24	403	4:49.66		102%	
200m	, 2011 (13),	84.	2:35.53	350	2:38.32		104%	_
100m	, 2011 (13),	8.	1:03.50	495	1:03.13	26.04.2024	99%	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m		32.	2:40.13	440	2:39.16	25.04.2024	99%	
	, 2012 (12),							2
400m 100m		98. 23.	5:28.19 1:15.89	350 378	5:30.94 1:15.24		102% 98%	
200m		73.	2:47.68	383	2:51.65		105%	
	, 2012 (12),							1
400m		44.	5:08.56	421	5:16.23		105%	
100m 200m		19. 38.	1:25.58 2:40.99	386 433	1:22.27 2:40.76		92% 100%	
200111		50.	۷.۵۵.۵۶	700	2.70.70		100 /0	

	, 2012 (12),							2
400m	, (136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m		115.	2:54.80	338	2:56.19		102%	
	, 2010 (14),							-
100m				-	1:05.38	26.04.2024	-	
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m	0010(11	144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							1
400m		27.	4:40.00	435	4:46.52		105%	
100m		14.	1:04.81	414	1:04.59		99%	
200m	2042 (42	28.	2:26.71	417	2:24.49		97%	
400	, 2012 (12),				=		4000/	-
400m		125. 28.	5:44.14	303 319	5:44.08	24.04.2024 19.04.2024	100% 97%	
100m 200m		20. 111.	1:31.26 2:53.98	343	1:29.97 2:50.20	25.04.2024	96%	
200111	, 2011 (13),	111.	2.55.90	343	2.50.20	20.04.2024	3070	2
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	_
100m		33.	1:19.63	327	1:18.51	26.04.2024	97%	
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%	
	, 2010 (14),							3
400m	, 2010 (11),	154.	5:22.85	284	5:35.50	25.04.2024	108%	Ü
100m		33.	1:13.80	280	1:15.19	26.04.2024	104%	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							1
100m	, - (- ,,	6.	1:02.93	509	1:04.60	26.10.2023	105%	
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m		14.	2:34.91	486	2:34.71	22.11.2023	100%	
	, 2011 (13),							3
100m	, , , , , , , , , , , , , , , , , , , ,	37.	1:12.89	327	1:18.22	24.11.2023	115%	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13),							1
100m				-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
	, 2010 (14),							1
400m		35.	4:41.88	426	4:40.20		99%	
100m		12.	1:08.37	341	1:08.47		100%	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							1
400m		73.	4:52.60	381	4:50.48		99%	
100m		18.	1:07.13	373	1:08.99		106%	
200m	2011 (12	96.	2:37.44	337	2:35.31		97%	4
400	, 2011 (13),	400	F 40 40	040	5 40 70		4000/	1
400m		120.	5:40.49	313	5:43.73		102% 99%	
100m	2010 (14	28.	1:17.61	353	1:17.03		99%	2
400	, 2010 (14),				50.04			2
100m 400m		29.		-	59.64			
200m			1.11 11	430	1.E1 10		- 10 7 %	
200111			4:41.14 2:22 56	430 454	4:51.18 2:25.57		107%	
	2011 (13	16.	4:41.14 2:22.56	430 454	4:51.18 2:25.57			2
400m	, 2011 (13),	16.	2:22.56	454	2:25.57	24.04.2024	107% 104%	2
400m 100m	, 2011 (13),	16. 30.	2:22.56 5:04.55	454 438	2:25.57 5:16.65	24.04.2024 26.04.2024	107% 104% 108%	2
100m	, 2011 (13),	16. 30. 5.	2:22.56 5:04.55 1:20.27	454 438 468	2:25.57 5:16.65 1:19.49	26.04.2024	107% 104% 108% 98%	2
		16. 30.	2:22.56 5:04.55	454 438	2:25.57 5:16.65		107% 104% 108%	
100m 200m	, 2011 (13), , 2010 (14),	16. 30. 5. 23.	2:22.56 5:04.55 1:20.27 2:38.03	454 438 468 458	2:25.57 5:16.65 1:19.49 2:39.45	26.04.2024	107% 104% 108% 98% 102%	2
100m 200m 400m		16. 30. 5. 23.	2:22.56 5:04.55 1:20.27	454 438 468 458	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94	26.04.2024	107% 104% 108% 98% 102% 95%	
100m 200m		16. 30. 5. 23.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00	454 438 468 458	2:25.57 5:16.65 1:19.49 2:39.45	26.04.2024	107% 104% 108% 98% 102%	
100m 200m 400m 100m	, 2010 (14),	16. 30. 5. 23. 145. 27.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21	454 438 468 458 317 312	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66	26.04.2024	107% 104% 108% 98% 102% 95% 101%	
100m 200m 400m 100m		16. 30. 5. 23. 145. 27.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21	454 438 468 458 317 312	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38	26.04.2024	107% 104% 108% 98% 102% 95% 101%	
100m 200m 400m 100m 200m	, 2010 (14),	16. 30. 5. 23. 145. 27. 120.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59	454 438 468 458 317 312 312	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66	26.04.2024 25.04.2024	107% 104% 108% 98% 102% 95% 101%	
100m 200m 400m 100m 200m	, 2010 (14), , 2012 (12),	16. 30. 5. 23. 145. 27. 120.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82	454 438 468 458 317 312 312 347	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14	26.04.2024 25.04.2024 25.04.2024	107% 104% 108% 98% 102% 95% 101% 101%	
100m 200m 400m 100m 200m	, 2010 (14), , 2012 (12),	16. 30. 5. 23. 145. 27. 120.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82	454 438 468 458 317 312 312 347	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14	26.04.2024 25.04.2024 25.04.2024	107% 104% 108% 98% 102% 95% 101% 101%	2
100m 200m 400m 100m 200m 400m 100m	, 2010 (14), , 2012 (12),	16. 30. 5. 23. 145. 27. 120.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82	454 438 468 458 317 312 312 347 304	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97	26.04.2024 25.04.2024 25.04.2024 26.04.2024	107% 104% 108% 98% 102% 95% 101% 101%	2
100m 200m 400m 100m 200m 400m 100m	, 2010 (14), , 2012 (12), , 2010 (14),	16. 30. 5. 23. 145. 27. 120.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14	454 438 468 458 317 312 312 347 304	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97	26.04.2024 25.04.2024 25.04.2024 26.04.2024 28.03.2024	107% 104% 108% 98% 102% 95% 101% 101%	2 -
100m 200m 400m 100m 200m 400m 100m	, 2010 (14), , 2012 (12),	16. 30. 5. 23. 145. 27. 120. 114. 31.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14	454 438 468 458 317 312 312 347 304	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97 1:04.73 4:56.66	26.04.2024 25.04.2024 25.04.2024 26.04.2024 28.03.2024 27.03.2024	107% 104% 108% 98% 102% 95% 101% 101%	2
100m 200m 400m 100m 200m 400m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2010 (14),	16. 30. 5. 23. 145. 27. 120. 114. 31. 84. 103.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47	454 438 468 458 317 312 312 347 304	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97 1:04.73 4:56.66	26.04.2024 25.04.2024 25.04.2024 26.04.2024 28.03.2024 27.03.2024	107% 104% 108% 98% 102% 95% 101% 101% 99% 97%	2 -
100m 200m 400m 100m 200m 400m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2010 (14),	16. 30. 5. 23. 145. 27. 120. 114. 31. 84. 103.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14	454 438 468 458 317 312 312 347 304 - 374 330 417 479	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00	26.04.2024 25.04.2024 25.04.2024 26.04.2024 28.03.2024 27.03.2024	107% 104% 108% 98% 102% 95% 101% 101% 99% 97%	2 -
100m 200m 400m 100m 200m 400m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2010 (14), , 2011 (13),	16. 30. 5. 23. 145. 27. 120. 114. 31. 84. 103.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47	454 438 468 458 317 312 312 347 304	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80	26.04.2024 25.04.2024 25.04.2024 26.04.2024 28.03.2024 27.03.2024	107% 104% 108% 98% 102% 95% 101% 101% 99% 97%	2 - 2
100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2010 (14),	16. 30. 5. 23. 145. 27. 120. 114. 31. 84. 103.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14	454 438 468 458 317 312 312 347 304 - 374 330 417 479 469	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00 2:39.70	26.04.2024 25.04.2024 26.04.2024 28.03.2024 27.03.2024 16.06.2023	107% 104% 108% 98% 102% 95% 101% 101% 99% 97%	2 -
100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2012 (12), , 2010 (14), , 2011 (13),	16. 30. 5. 23. 145. 27. 120. 114. 31. 84. 103.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14 2:36.77	454 438 468 458 317 312 312 347 304 - 374 330 417 479 469	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00 2:39.70 55.65	26.04.2024 25.04.2024 26.04.2024 28.03.2024 27.03.2024 16.06.2023	107% 104% 108% 98% 102% 95% 101% 101% 99% 97%	2 - 2
100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2010 (14), , 2011 (13),	16. 30. 5. 23. 145. 27. 120. 114. 31. 84. 103.	2:22.56 5:04.55 1:20.27 2:38.03 5:11.00 1:11.21 2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14	454 438 468 458 317 312 312 347 304 - 374 330 417 479 469	2:25.57 5:16.65 1:19.49 2:39.45 5:02.94 1:11.66 2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00 2:39.70	26.04.2024 25.04.2024 26.04.2024 28.03.2024 27.03.2024 16.06.2023	107% 104% 108% 98% 102% 95% 101% 101% 99% 97%	2 2

	2010 (11							2
400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	2
100m		13.	1:14.50	408	1:14.56		100%	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.13		-	
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							1
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		26.	1:10.87	317	1:11.34	26.04.2024	101%	
200m	2042 (44	111.	2:40.43	319	2:39.42	24.04.2024	99%	2
400	, 2013 (11),	444	0.45.47	00.4	0.00.50	04.04.0004	4050/	2
400m 100m		144. 33.	6:15.17 1:41.08	234 234	6:23.56 1:38.18	24.04.2024 26.04.2024	105% 94%	
200m		147.	3:16.00	240	3:46.50	06.12.2023	134%	
200	, 2011 (13),		0.10.00	2.0	0.10.00	0011212020	.0.70	2
100m	, ==::(:= /,			_	1:06.34		-	_
400m		117.	5:02.29	346	5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m				-	1:06.69	07.12.2023	-	
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m	2010 (11	129.	2:42.90	304	2:50.21	24.04.2024	109%	_
	, 2010 (14),							2
400m		23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m	2014 (12	2.	1:02.29	451	1:03.07	26.04.2024	103%	4
100	, 2011 (13),				4.00.40			1
100m 400m		25.	4:39.41	438	1:00.12 4:43.97		103%	
400111	, 2011 (13),	25.	4.59.41	400	4.43.31		10376	3
400m	, 2011 (10),	150.	5:15.84	303	5:17.90	25.04.2024	101%	J
100m		35.	1:14.67	271	1:15.34	26.04.2024	102%	
200m		142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,	83.	4:54.17	375	5:11.10	23.11.2023	112%	
100m		23.	1:13.32	276	1:10.36		92%	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m				-	59.62	26.04.2024		
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m	2012 (12	33.	2:27.57	410	2:27.45	24.04.2024	100%	4
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	1
100m		24.	1:21.23	294	1:20.12		95% 97%	
200m		109.	2:53.67	345	2:54.00		100%	
	, 2011 (13),							1
100m	, 2011 (10),			_	1:00.03		-	•
400m		33.	4:41.84	427	4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
	, 2011 (13),							2
100m		1.	59.09	614	59.14		100%	
400m		8.	4:52.02	496	4:49.86		99%	
200m	0040 (40	3.	2:28.25	555	2:29.93		102%	•
400	, 2012 (12),			0.40			40=0/	3
400m 100m		118. 37.	5:39.24 1:20.36	316 318	5:47.72 1:21.52	24.04.2024 26.04.2024	105% 103%	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	
200111	, 2011 (13),	112.	2.0-1.07	0.10	0.01.02	20.0 1.202 1	10070	2
400m	, 2011 (10),	1.	4:36.01	588	4:40.15	24.04.2024	103%	_
100m		1.	1:05.39	591	1:05.31	26.04.2024	100%	
200m		5.	2:29.68	539	2:31.57	25.04.2024	103%	
	, 2011 (13),							1
400m	•	110.	5:00.43	352	5:00.56		100%	
100m		19.	1:11.61	297	1:10.64		97%	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14),							2
400m		106.	4:59.83	354	5:03.85		103%	
100m		28.	1:11.41	310	1:09.98		96% 104%	
200m	, 2010 (14),	92.	2:36.85	341	2:39.94		104%	2
100m	, 2010 (14),			_	58.78		-	_
400m		13.	4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	

	0044 (40							_
400m	, 2011 (13),	79.	5:20.72	375	5:29.96	27.03.2024	106%	2
100m		79. 20.	1:27.42	362	1:27.32	26.04.2024	100%	
200m		72.	2:47.57	384	2:52.36	25.04.2024	106%	
	, 2011 (13),							-
400m		141.	5:08.43	325	5:06.86		99%	
100m		32.	1:23.09	294	1:20.91		95%	
200m	2044 (42	98.	2:37.73	335	2:37.55		100%	
400	, 2011 (13),	110	E-04 0E	250	4:46.04		000/	-
400m 100m		112. 23.	5:01.05 1:09.11	350 342	4:46.21 1:08.42		90% 98%	
100111	, 2011 (13),	23.	1.03.11	342	1.00.42		9070	2
100m	, 2011 (10),			_	1:05.35	26.04.2024	-	_
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m		28.	4:40.52	433	4:43.30		102%	
100m		11. 23.	1:14.40	410	1:13.19		97% 96%	
200m	, 2011 (13),	23.	2:25.38	428	2:22.59		90%	3
400m	, 2011 (13),	124.	5:44.02	303	5:55.78		107%	J
100m		9.	1:22.54	431	1:24.03		104%	
200m		87.	2:50.38	365	2:57.06		108%	
	, 2012 (12),							2
400m		38.	5:05.99	431	5:00.22		96%	
100m		15.	1:13.80	411	1:13.94		100%	
200m	, 2013 (11),	37.	2:40.97	433	2:41.99		101%	2
400m	, 2013 (11),	96.	5:27.19	353	5:30.42	27.03.2024	102%	2
100m		36.	1:20.33	319	1:17.86	26.04.2024	94%	
200m		116.	2:55.40	335	2:59.30	2010 11202 1	104%	
	, 2011 (13),							2
400m		4.	4:40.74	559	4:37.71		98%	
100m		1.	1:03.78	608	1:04.81		103%	
200m	0040444	2.	2:27.56	563	2:27.89		100%	
400	, 2010 (14),							1
100m 400m		159.	5:30.87	263	1:08.86 5:34.76	26.04.2024 25.04.2024	- 102%	
200m		152.	2:57.84	234	2:37.96	20.04.2024	79%	
	, 2010 (14),							2
400m		72.	4:52.50	382	4:52.68		100%	
100m		24.	1:18.68	346	1:18.06		98%	
200m	2012 (11	52.	2:30.33	387	2:31.09		101%	
400	, 2010 (14),				50.50			1
100m 200m		50.	2:30.23	388	59.59 2:32.95		104%	
200111	, 2011 (13),	00.	2.00.20	000	2.02.00		10 170	1
100m	, 2011 (10),	2.	59.12	614	59.17	26.04.2024	100%	•
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m		8.	2:33.20	503	2:31.66	25.04.2024	98%	
	, 2011 (13),							3
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m 200m		1.	1:12.09 2:22.53	647 624	1:12.77 2:24.20	23.11.2023 25.04.2024	102% 102%	
200111	, 2012 (12),	1.	2.22.33	024	2.24.2U	20.04.2024	10270	2
100m	, 2012 (12),	34.	1:11.21	351	1:18.15	26.10.2023	120%	_
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m		118.	2:55.96	332	2:56.24	25.04.2024	100%	
	, 2011 (13),							1
100m		5.	1:02.43	521	1:02.61	05.10.2023	101%	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	2010 (14	9.	2:33.61	499	2:33.58	25.04.2024	100%	2
400m	, 2010 (14),	158.	5:30.09	265	5:30.90	25.04.2024	100%	2
400m		34.	1:13.90	279	1:13.92	26.04.2024	100%	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14),							2
400m	. , , , , , , , , , , , , , , , , , , ,	85.	4:54.88	372	4:48.30		96%	
100m		3.	1:04.65	403	1:05.77		103%	
200m	2044 (42	39.	2:28.77	400	2:30.91		103%	0
100~	, 2011 (13),	0	1.02 74	400	1.02 45		000/	2
100m 400m		9. 19.	1:03.74 4:58.75	489 464	1:03.15 5:01.84		98% 102%	
200m		15.	2:34.95	486	2:36.98		103%	

	0044 (40							_
400m	, 2011 (13),	12.	4:54.60	483	4:56.36	24.04.2024	101%	3
100m		7.	1:09.66	489	1:11.76	26.04.2024	106%	
200m		13.	2:34.85	487	2:37.06	25.04.2024	103%	
	, 2011 (13),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m 200m		9. 56.	1:06.99 2:30.47	362 386	1:06.88 2:34.49		100% 105%	
200111	, 2010 (14),	50.	2.30.47	380	2.34.43		10376	_
100m	, 2010 (11),			-	1:00.40		-	
400m		32.	4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	_
400	, 2012 (12),	400	E 40.45	200	5 40 40	04.04.0004		3
400m 100m		130. 27.	5:48.45 1:31.06	292 321	5:49.10 1:31.39	24.04.2024 28.03.2024	100% 101%	
200m		117.	2:55.50	334	3:00.67	25.04.2024	106%	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m 200m		163. 155.	5:43.56 3:05.76	235 205	5:31.52 3:03.37		93% 97%	
200111	, 2011 (13),	100.	3.03.70	203	3.03.37			1
400m	, 2011 (10),	35.	5:05.10	435	5:02.99		99%	•
100m		13.	1:23.67	414	1:22.25		97%	
200m	0040 (40	70.	2:46.69	390	2:47.42		101%	
400	, 2012 (12),	20	4:40.00	202	4.44.00			1
100m 400m		38. 102.	1:13.22 5:30.10	323 344	1:11.00 5:29.94		94% 100%	
200m		80.	2:48.73	376	2:49.79		101%	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m 200m		20. 122.	1:18.13 2:57.87	331 321	1:15.81 2:57.50	26.04.2024 25.04.2024	94% 100%	
200111	, 2010 (14),	122.	2.57.07	321	2.57.50	25.04.2024	100%	_
400m	, 2010 (11),	68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m		26.	1:19.80	332	1:18.29	06.10.2023	96%	
200m	0044 (40	62.	2:31.24	380	2:29.25	24.04.2024	97%	
100	, 2011 (13),	20	4,40.40	227	1.10.04		000/	-
100m 200m		38. 153.	1:19.18 3:00.95	227 222	1:16.04 2:48.79		92% 87%	
200111	, 2010 (14),	100.	0.00.00		2.10.70		01 70	_
100m	, (),			-	1:01.60		-	
400m		119.	5:02.76	344	5:02.70		100%	
200m	2012 (12	100.	2:38.04	333	2:35.00		96%	2
100m	, 2012 (12),	40.	1:15.60	293	1:15.24		99%	2
400m		131.	5:49.82	289	6:01.03		107%	
200m		140.	3:07.59	274	3:11.37		104%	
	, 2011 (13),							2
400m		33.	5:04.98	436	5:03.60 1:10.20		99%	
100m 200m		4. 43.	1:09.20 2:41.78	499 427	2:42.00		103% 100%	
	, 2011 (13),							1
400m	, (,,	36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m		11.	1:11.10	460	1:10.18	26.04.2024	97%	
200m	, 2010 (14),	26.	2:38.81	451	2:42.57	25.04.2024	105%	_
400m	, 2010 (14),	15.	4:32.87	470	4:31.67		99%	
100m		7.	1:03.15	448	1:02.45		98%	
	, 2011 (13),							1
100m				-	59.64		-	
400m 200m		30. 54.	4:41.18 2:30.36	430 387	4:38.57 2:32.82		98% 103%	
	, 2010 (14),	*						2
100m	, == (, , ,,			-	1:00.66		-	
400m		56.	4:47.79	401	5:00.36		109%	
200m	2044 (42	60.	2:31.10	381	2:33.70		103%	
400m	, 2011 (13),	48.	4:46.42	406	4:45.95	25.04.2024	100%	-
400m 100m		48. 14.	4:46.42 1:15.52	406 392	4:45.95 1:13.57	26.04.2024 26.04.2024	100% 95%	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	
	, 2010 (14),							-
400m		44.	4:44.83	413	4:40.19	25.04.2024	97%	
100m 200m		24. 30.	1:09.38 2:27.05	338 414	1:07.31 2:25.73	26.04.2024 24.04.2024	94% 98%	

	2044 (42							•
100m	, 2011 (13),	12.	1:05.10	459	1:06.33		104%	3
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m		6.	1:09.45	493	1:08.96		99%	
200m	2040 (44	25.	2:38.14	457	2:34.65		96%	2
400m	, 2010 (14),	115.	5:01.95	347	E:0E 04		102%	2
100m		113.	1:17.35	365	5:05.04 1:16.06		97%	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m		20.	1:07.81	362	1:06.71	26.04.2024	97%	
200m	, 2012 (12),	47.	2:29.72	392	2:31.30	24.04.2024	102%	2
400m	, 2012 (12),	129.	5:46.75	296	5:54.58	24.04.2024	105%	2
100m		32.	1:37.73	259	1:35.68	26.04.2024	96%	
200m		127.	2:59.75	311	3:02.58	25.04.2024	103%	
	, 2010 (14),							2
400m		77.	4:53.13	379	4:56.26		102%	
100m		6.	1:05.95	380	1:06.63		102%	
200m	, 2012 (12),	67.	2:32.53	371	2:31.67		99%	3
400m	, 2012 (12),	117.	5:38.28	319	5:55.38		110%	3
100m		38.	1:20.50	317	1:26.26		115%	
200m		134.	3:02.49	297	3:06.71		105%	
	, 2012 (12),							3
100m		35.	1:11.26	350	1:15.15		111%	
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m	, 2010 (14),	136.	3:03.53	292	3:09.62	25.04.2024	107%	2
400m	, 2010 (14),	22.	4:38.72	441	4:46.63		106%	_
100m		8.	1:06.42	372	1:06.13		99%	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m 200m		30. 138.	1:35.59 3:05.03	277 285	1:34.62 3:04.05	28.03.2024 25.04.2024	98% 99%	
200111	, 2010 (14),	100.	0.00.00	200	0.04.00	20.04.2024	3370	3
400m	, 2010 (11),	93.	4:56.44	367	5:05.89		106%	Ü
100m		15.	1:09.66	322	1:11.00		104%	
200m	0040 (44	73.	2:33.76	362	2:42.86		112%	
400	, 2010 (14),	00	4.55.40	070	4.55.00	05.04.0004	1000/	1
400m 100m		90. 21.	4:55.48 1:08.58	370 349	4:55.23 1:09.85	25.04.2024 26.04.2024	100% 104%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							3
400m	, (, , ,	143.	6:08.41	247	6:15.63		104%	
100m		28.	1:25.38	253	1:27.90		106%	
200m	, 2010 (14),	125.	2:58.09	320	3:02.71		105%	4
100m	, 2010 (14),			-	1:07.36	26.04.2024		1
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								31
	, 2011 (13),							2
400m		11.	4:30.41	483	4:32.58		102%	
100m		8.	1:03.23	446	1:02.61		98%	
200m	, 2010 (14),	34.	2:28.18	404	2:30.35		103%	_
400m	, 2010 (17),	71.	4:52.10	383	4:46.20		96%	_
100m		21.	1:17.87	357	1:17.05		98%	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							-
400m		17.	4:58.03	467	4:55.18		98%	
100m 200m		22. 45.	1:15.66 2:42.42	381 422	1:14.68 2:40.38		97% 98%	
200111	, 2011 (13),	→ J.	2.72.72	722	۵.٦٠.٥٥		JU /0	_
400m	, 20 (),	25.	5:02.37	447	4:56.03		96%	
100m		31.	1:18.36	343	1:14.95		91%	
200m		92.	2:51.03	361	2:47.54		96%	

	, 2012 (12),					2
400m 100m		6. 2.	4:48.04	517 578	4:52.60 1:08.29	103% 107%
200m		2. 20.	1:05.87 2:37.44	463	2:35.61	98%
200111	, 2010 (14),	20.	2.07.44	400	2.00.01	3070
400m	, (149.	5:15.19	305	5:07.65	95%
100m		20.	1:17.84	358	1:18.39	101%
200m	2011 (12	107.	2:39.51	324	2:37.36	97%
400	, 2011 (13),	E4	F:11 10	440	E-02 42	050/
400m 100m		51. 11.	5:11.10 1:23.36	410 418	5:03.43 1:22.64	95% 98%
200m		48.	2:43.18	416	2:40.55	97%
	, 2012 (12),					1
400m		113.	5:01.32	349	5:03.99	102%
100m 200m		22. 119.	1:12.65 2:41.52	284 312	1:12.38 2:41.04	99% 99%
200111	, 2012 (12),	110.	2.41.02	012	2.41.04	3370
100m	, - (,,			-	1:04.60	-
400m		135.	5:06.31	332	5:06.16	100%
200m	2044 (42	137.	2:44.31	297	2:40.08	95%
100m	, 2011 (13),	14.	1:05.45	452	1:04.92	98%
400m		45.	5:08.76	420	5:09.05	100%
200m		74.	2:47.76	383	2:46.15	98%
	, 2011 (13),					3
100m 400m		16. 37.	1:05.49 5:05.59	451 433	1:06.09 5:07.54	102% 101%
200m		50.	2:43.35	433 415	2:47.50	105%
	, 2010 (14),					2
100m	, , , , , , , , , , , , , , , , , , , ,			-	58.40	-
400m		81.	4:53.49	378	5:02.97	107%
200m	, 2011 (13),	76.	2:34.04	360	2:35.53	102%
400m	, 2011 (10),	81.	5:21.18	373	5:21.64	100%
100m		21.	1:15.36	386	1:16.52	103%
200m	0040 (44	110.	2:53.74	345	2:53.92	100%
100m	, 2010 (14),			_	1:04.14	-
400m		140.	5:07.62	328	5:03.00	97%
200m		134.	2:44.04	298	2:42.92	99%
	, 2010 (14),					1
400m 100m		47. 5.	4:46.08	408 380	4:47.50 1:05.50	101% 99%
200m		71.	1:05.93 2:33.09	367	1:05.50 2:30.70	97%
	, 2011 (13),					
400m		34.	5:05.09	435	5:00.47	97%
100m 200m		27. 64.	1:16.64	367 397	1:15.07 2:43.92	96% 98%
200111	, 2010 (14),	04.	2:45.78	391	2.43.32	9076
100m	, 2010 (14),			-	1:05.23	-
400m		108.	5:00.14	353	4:49.66	93%
200m	0044 (40	150.	2:49.32	271	2:40.00	89%
100	, 2011 (13),	7.	1.02.25	E04	1.05.75	4000/
100m 400m		7. 31.	1:03.25 5:04.59	501 437	1:05.75 5:05.60	108% 101%
200m		77.	2:47.91	382	2:53.11	106%
	, 2010 (14),					
100m		40	4.04.40	-	58.71	-
400m 200m		16. 20.	4:34.10 2:23.82	464 442	4:33.04 2:21.32	99% 97%
200	, 2010 (14),	20.	2.20.02		2.2.1.02	3.75
400m	, , , , , , , , , , , , , , , , , , , ,	122.	5:03.53	341	4:55.07	95%
100m		33.	1:23.76	287	1:20.35	92%
200m	- , 2012 (12	133.	2:43.60	300	2:42.82	99%
400m	- , 2012 (12), 27.	5:03.89	440	5:10.25	104%
100m		17.	1:14.42	401	1:14.03	99%
200m		33.	2:40.33	439	2:40.09	100%
400	, 2010 (14),	447	F.00.00	050	4.50.05	000/
400m 100m		111. 34.	5:00.98 1:25.64	350 268	4:58.35 1:24.37	98% 97%
200m		128.	2:42.83	305	2:38.43	95%
	, 2010 (14),					2
400m		53.	4:47.42	402	4:48.68	101%
100m 200m		7. 26.	1:06.29 2:26.59	374 418	1:05.20 2:29.33	97% 104%

Add								
100m		, 2011 (13),						2
200m							94%	
. 2010 (14). 100m								
100m	200111	. 2010 (14).	20.	2.07.44	400	2.00.00	10070	1
200m	100m	, 2010 (11),			-	56 14	_	•
. 2010 (14), 400m			20.	4:37.84				
400m	200m		17.	2:22.78	452	2:22.20	99%	
100m		, 2010 (14),						3
200m								
, 2011 (13), 100m								
100m	200111	2011 (13)	0.	2.11.120	000	2.10.00	10270	2
## 400m	100m	, 2011 (10),			_	1:01.69	-	_
, 2011 (13), 400m 100m 29, 5.04.54 4, 11.002 46, 11.0.66 102%, 298% . 2011 (13), 400m 100m 200m 100m 12, 11.3.71 384 11.1.64 388 2.36.02 389% . 2010 (14), 100m 200m 200m 200m 200m 200m 200m 200			86.	4:54.90				
400m	200m		113.	2:40.51	318	2:40.53	100%	
100m		, 2011 (13),						1
200m								
, 2011 (13), 42 508.18 422 5.12.96 103% 200m 12. 1:13.71 39.4 1:11.54 94% 215.00m 12. 1:13.71 39.4 1:11.54 94% 215.00m 2.35.00 98% 200m 2.2010 (14), 5.23.66 470 2.35.00 98% 200m 2.2010 (14), 5.23.66 370 2.35.00 105% 200m 82. 2:35.08 353 2.29.00 105% 200m 74. 4.52.74 38.1 4.54.15 101% 200m 2.2010 13 , 114. 5.35.58 327 5.39.26 102% 200m 121. 2.57.28 334 2.56.07 99% 200m 121. 2.57.28 334 2.56.07 99% 200m 121. 2.57.28 334 2.56.07 99% 200m 138. 1:11.10 338 1:09.00 94% 200m 148. 1:11.10 338 1:09.00 94% 200m 200m 148. 2:41.16 234 1:37.00 92% 200m 200m 147. 6:27.11 213 6:20.00 96% 200m 148. 3:14.79 244 3:10.05 96% 200m 200m 145. 3:14.79 244 3:10.05 96% 200m 200m 145. 3:14.79 244 3:10.05 96% 200m 200m 145. 3:14.79 244 3:10.05 96% 200m 200m 200m 200m 200m 200m 200m 200								
. 2011 (13), 400m 100m 12	200111		00.	2.40.70	400	2.00.02	3070	
. 2011 (13), 400m 100m 12								38
422 5.06.16 422 5.12.96 103% 100m 122 1.13.71 394 1.11.54 94% 200m 18. 2.36.66 470 2.35.00 98% 11.15.4 94% 200m 18. 2.36.66 470 2.35.00 98% 11.15.4 94% 200m 174 1.25.00 105% 2.25.00 105%		2011 (13						1
100m	400m	, 2011 (10),	42.	5:08.18	422	5:12.96	103%	•
100m							94%	
100m	200m		18.	2:36.66	470	2:35.00	98%	
400m 74. 4:52.74 381 4:54.15 101%		, 2010 (14),						2
82. 2:35.08 353 2:39.00 105% 105% 100m , 2012 (12), 144 5:35.58 327 5:39.26 10.236 100m 34 1:19.72 326 1:19.35 98% 200m , 2011 (13), 103. 4:59.02 357 4:56.00 98% 200m , 2011 (13), 103. 4:59.02 357 4:56.00 98% 200m , 2011 (13), 103. 4:59.02 357 4:56.00 98% 200m , 2011 (13), 105% 118. 2:41.28 314 2:45.00 105% 105% 100m , 2011 (13), 100m , 2012 (12), 100m , 2012 (12), 100m , 2010 (14), 100m , 2011 (13), 100m , 2010 (14), 100m , 2011 (13)								
, 2012 (12), 100m								
114. 5.38,58 327 5.39,26 102% 100m 121. 12.57,28 324 2.56,07 99% 100m 2.011 (13), 103. 4.50,02 357 4.56,00 98% 100m 18. 111.10 303 1.09,00 94% 100m 2.44,58,00 105% 105% 100m 2.011 (13), 100m 2.011 (13), 100m 14. 1.18,64 260 1.18,00 98% 4.00m 147. 6.27,11 213 6.20,00 98% 4.00m 147. 6.27,11 213 6.20,00 98% 2.00m 2.012 (12), 2.010 (14), 2.010 (14), 2.010 (14), 2.010 (14), 2.010 (14), 2.010 (14), 2.010 (14), 2.010 (14), 2.010 (14), 2.00m	200111	2012 (12)	02.	2.55.00	333	2.39.00	10070	1
100m	400m	, 2012 (12),	114	5:35.58	327	5:39.26	102%	•
, 2011 (13), 400m 100m 110s 110s 111s 111.10 110s 110s 110s 11								
400m	200m		121.	2:57.28	324	2:56.07	99%	
100m		, 2011 (13),						1
118. 2:41.28 314 2:45.00 105%								
, 2011 (13), 100m , 2011 (13), 100m , 2011 (13), 100m , 2011 (13), 141. 1:18.64 260 1:18.00 98% 400m , 2012 (12), 400m 200m , 2012 (12), 400m 200m , 2010 (14), 416. 6:21.28 223 6:09.89 94% 200m , 2010 (14), 400m 200m , 2010 (14), 400m , 2011 (13), 400m , 2011 (14), 100m , 2011 (15), 400m , 2011 (16), 400m , 2011 (17), 400m , 2011 (18), 400m , 2011 (18), 400m , 2011 (19), 40								
100m	200111	2011 (13)	110.	2.41.20	014	2.40.00	10070	_
100m	100m	, 2011 (10),	34.	1:41.16	234	1:37.00	92%	
100m		, 2011 (13),						-
143. 3:14.08 247 3:12.00 98%	100m	, , , , , , , , , , , , , , , , , , , ,	41.	1:18.64	260	1:18.00	98%	
, 2012 (12), 400m								
400m	200m	2040 (40	143.	3:14.08	247	3:12.00	98%	
145. 3:14.79 244 3:10.65 96%	400	, 2012 (12),	4.40	0.04.00	000	0.00.00	040/	-
400m								
400m	200111	2010 (14	110.	0.11.70	2	0.10.00	0070	2
100m	400m	, 2010 (11),	125.	5:03.94	340	4:57.49	96%	_
, 2010 (14), 400m 100m 164, 5:48.93 225 5:59.00 106% 29. 1:20.67 321 1:19.00 96% , 2011 (13), 400m 100m 20 104, 4:59.22 356 5:01.37 101% 100m 27, 1:19.88 331 1:20.70 102% 200m 38. 2:36.48 343 2:38.89 103% , 2010 (14), 100m	100m			1:13.24	429	1:14.00	102%	
400m 100m 29. 1:20.67 321 1:19.00 96% 29. 1:20.67 321 1:19.00 96% 96% 29. 1:20.67 321 1:19.00 96% 96% 29. 1:20.67 321 1:19.00 96% 96% 29. 1:20.67 321 1:19.00 96% 29% 2011 (13), 27. 1:19.88 331 1:20.70 102% 200m 88. 2:36.48 343 2:38.89 103% 200m 200m 124 5:03.90 340 5:05.00 101% 200m 145. 2:47.42 280 2:45.00 97% 200m 200m 124. 2:58.07 320 2:55.00 104% 100m 26. 1:29.42 339 1:27.00 95% 200m 200m 124. 2:58.07 320 2:55.00 97% 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (13), 2011 (14), 2011 (15),	200m		45.	2:29.45	394	2:31.00	102%	
100m		, 2010 (14),						1
, 2011 (13), 400m 100m 27. 1:19.88 331 1:20.70 102% 200m , 2010 (14), 100m , 2010 (14), 100m 124. 5:03.90 145. 2:47.42 280 2:45.00 97% 400m , 2012 (12), 400m 100m 123. 5:43.84 100m 100m 124. 2:58.07 100m 100m 100m 100m 100m 100m 100m 10								
400m 104 4:59.22 356 5:01.37 101% 100m 27. 1:19.88 331 1:20.70 102% 200m 88. 2:36.48 343 2:38.89 103% 7. 2010 (14), 7. 7. 7. 7. 7. 7. 7. 7. 7. 7. 7. 7. 7.	100111	2011 (12	29.	1.20.07	321	1.19.00	90%	3
100m	400m	, 2011 (13),	104	1.50 22	356	5·01 37	101%	3
200m								
100m	200m		88.	2:36.48		2:38.89	103%	
400m		, 2010 (14),						1
200m								
, 2012 (12), 400m 100m 26. 1:29.42 339 1:27.00 95% 200m , 2011 (13), 400m , 2011 (13), 400m 157. 5:28.67 269 5:14.00 91% 100m 20. 1:12.30 288 1:11.00 96% 200m , 2013 (11), 400m , 2013 (11), 400m 30. 1:34.81 185 1:31.64								
400m 123. 5:43.84 304 5:50.00 104% 100m 26. 1:29.42 339 1:27.00 95% 200m 124. 2:58.07 320 2:55.00 97% , 2011 (13), 400m 157. 5:28.67 269 5:14.00 91% 100m 20. 1:12.30 288 1:11.00 96% 200m 140. 2:44.86 294 2:45.18 100% 400m 141. 6:01.09 262 6:01.11 100% 100m 30. 1:34.81 185 1:31.64 93%	200111	2012 (12	170.	2.71.42	200	2.73.00	J1 70	1
100m 26. 1:29.42 339 1:27.00 95% 200m 124. 2:58.07 320 2:55.00 97% , 2011 (13),	400m	, 2012 (12),	123	5:43.84	304	5:50.00	104%	'
, 2011 (13), 400m								
400m 157. 5:28.67 269 5:14.00 91% 100m 20. 1:12.30 288 1:11.00 96% 200m 140. 2:44.86 294 2:45.18 100% , 2013 (11), 141. 6:01.09 262 6:01.11 100% 100m 30. 1:34.81 185 1:31.64 93%								
100m 20. 1:12.30 288 1:11.00 96% 200m 140. 2:44.86 294 2:45.18 100% , 2013 (11), 400m 141. 6:01.09 262 6:01.11 100% 100m 30. 1:34.81 185 1:31.64 93%		, 2011 (13),						1
200m 140. 2:44.86 294 2:45.18 100% , 2013 (11), 400m 141. 6:01.09 262 6:01.11 100% 100m 30. 1:34.81 185 1:31.64 93%								
, 2013 (11), 400m 141. 6:01.09 262 6:01.11 100% 100m 30. 1:34.81 185 1:31.64 93%								
400m 141. 6:01.09 262 6:01.11 100% 100m 30. 1:34.81 185 1:31.64 93%	200111	2013 (11)	170.	2.77.00	204	2. 10.10	100 /0	1
100m 30. 1:34.81 185 1:31.64 93%	400m	, 2010 (11),	141.	6:01.09	262	6:01.11	100%	
			30.			1:31.64		
200m 146. 3:15.98 240 3:12.02 96%	200m		146.	3:15.98	240	3:12.02	96%	

400	, 2010 (14),				55.00	1
100m		-	4.07.00	-	55.90	-
400m		7.	4:27.93	497	4:26.70	99%
200m	2012 (11	4.	2:17.05	511	2:18.70	102%
	, 2010 (14),					1
400m		98.	4:58.53	359	4:56.47	99%
100m		19.	1:07.50	367	1:07.50	100%
200m		38.	2:28.69	400	2:31.87	104%
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	149.	6:42.44	189	6:35.00	96%
100m		43.	1:28.27	240	1:28.00	99%
200m		142.	3:12.58	253	3:10.00	97%
	, 2013 (11),					_
1000	, 2013 (11),				1.10 50	
100m		161.	E:40 06	- 241	1:12.50 5:34.00	96%
400m			5:40.86			
200m	0040 (40	156.	3:08.02	198	3:03.00	95%
	, 2012 (12),					-
400m		162.	5:42.11	238	5:41.00	99%
100m		37.	1:30.67	226	1:27.00	92%
200m		154.	3:01.61	219	3:01.00	99%
	, 2010 (14),					2
100m	, \ ,,			_	1:04.76	-
400m		142.	5:09.66	322	5:10.89	101%
200m		101.	2:38.47	331	2:39.21	101%
200111	, 2011 (13),	101.	2.00.47	331	2.00.21	3
400	, 2011 (13),	00	F 00 70	054	5.04.00	
400m		93.	5:26.72	354	5:34.09	105%
100m		13.	1:12.56	432	1:13.52	103%
200m		107.	2:53.12	348	2:59.24	107%
	, 2011 (13),					3
100m		4.	1:01.60	542	1:02.02	101%
400m		88.	5:23.00	367	5:40.00	111%
200m		56.	2:45.17	401	2:48.00	103%
	, 2011 (13),					1
400m	, ==::(:= /,	127.	5:45.02	301	5:38.96	97%
100m		39.	1:20.70	314	1:18.87	96%
		126.	2:59.05	314		108%
200m	2042 (42	120.	2.59.05	313	3:06.22	
	, 2012 (12),					2
400m		139.	5:07.02	330	5:09.00	101%
100m		36.	1:14.70	270	1:15.85	103%
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13),					3
400m		115.	5:35.94	326	5:38.76	102%
100m		15.	1:24.29	404	1:24.51	101%
200m		89.	2:50.72	363	2:55.31	105%
	, 2012 (12),					1
400m	, 2012 (12),	116.	5:36.39	325	5:30.00	96%
100m		25.	1:28.76	346	1:26.50	95%
200m		99.	2:52.06	355	2:55.00	103%
200111	2044 (42	55.	2.02.00	000	2.00.00	
	, 2011 (13),					-
100m					1:04.70	-
400m		148.	5:13.61	310	5:12.00	99%
	, 2010 (14),					2
400m		45.	4:45.43	411	4:47.00	101%
100m		17.	1:06.56	382	1:08.00	104%
200m		41.	2:28.99	398	2:28.00	99%
	, 2011 (13),					1
400m	, 2011 (10),	152.	5:22.32	285	5:16.00	96%
		25.	1:21.40		1:20.50	98%
100m				202		
200m	0044 (40	143.	2:46.56	285	2:50.00	104%
	, 2011 (13),					1
400m		148.	6:35.76	199	6:40.58	102%
200m		144.	3:14.78	244	3:10.00	95%
	, 2011 (13),					2
100m	, , , , , , , , , , , , , , , , , , , ,			_	1:04.01	-
400m		67.	4:51.62	385	4:52.34	100%
200m		105.	2:38.77	329	2:39.78	101%
*					-	