

, 29. - 31.5.2024

1, 400m											2011
29.05.2024 - 9:55											
: 4:23.00 /			: 4:39.50 / 1			: 5:00.50 / 2			: 5:40.00 / 3		: 6:28.50
: FINA 2023											
/											FINA
11											4:36.01 588
50m:	29.41	29.41	150m:	1:38.70	35.04	250m:	2:48.72	35.00	350m:	4:00.59	36.05
100m:	1:03.66	34.25	200m:	2:13.72	35.02	300m:	3:24.54	35.82	400m:	4:36.01	35.42
11											4:38.68 571
50m:	30.70	30.70	150m:	1:40.16	35.21	250m:	2:51.82	36.00	350m:	4:03.71	35.86
100m:	1:04.95	34.25	200m:	2:15.82	35.66	300m:	3:27.85	36.03	400m:	4:38.68	34.97
11											4:40.55 560 1
50m:	30.93	30.93	150m:	1:40.97	35.71	250m:	2:53.38	36.17	350m:	4:05.54	36.09
100m:	1:05.26	34.33	200m:	2:17.21	36.24	300m:	3:29.45	36.07	400m:	4:40.55	35.01
11											4:40.74 559 1
50m:	31.37	31.37	150m:	1:43.08	36.22	250m:	2:54.82	36.23	350m:	4:06.10	35.15
100m:	1:06.86	35.49	200m:	2:18.59	35.51	300m:	3:30.95	36.13	400m:	4:40.74	34.64
11											4:44.57 536 1
50m:	30.94	30.94	150m:	1:41.15	35.72	250m:	2:54.04	36.56	350m:	4:08.13	37.02
100m:	1:05.43	34.49	200m:	2:17.48	36.33	300m:	3:31.11	37.07	400m:	4:44.57	36.44
12											4:48.04 517 1
50m:	32.21	32.21	150m:	1:44.84	36.53	250m:	2:58.91	36.97	350m:	4:12.44	36.64
100m:	1:08.31	36.10	200m:	2:21.94	37.10	300m:	3:35.80	36.89	400m:	4:48.04	35.60
11											4:48.49 515 1
50m:	32.00	32.00	150m:	1:45.10	37.18	250m:	2:58.95	36.79	350m:	4:13.09	36.71
100m:	1:07.92	35.92	200m:	2:22.16	37.06	300m:	3:36.38	37.43	400m:	4:48.49	35.40
11											4:52.02 496 1
50m:	31.96	31.96	150m:	1:43.89	36.90	250m:	2:59.71	38.02	350m:	4:15.65	37.85
100m:	1:06.99	35.03	200m:	2:21.69	37.80	300m:	3:37.80	38.09	400m:	4:52.02	36.37
11											4:52.11 496 1
50m:	32.49	32.49	150m:	1:44.64	36.70	250m:	2:59.38	37.39	350m:	4:15.17	38.26
100m:	1:07.94	35.45	200m:	2:21.99	37.35	300m:	3:36.91	37.53	400m:	4:52.11	36.94
11											4:52.72 493 1
50m:	33.75	33.75	150m:	1:47.27	36.96	250m:	3:02.58	37.55	350m:	4:16.37	37.24
100m:	1:10.31	36.56	200m:	2:25.03	37.76	300m:	3:39.13	36.55	400m:	4:52.72	36.35
11											4:53.33 490 1
50m:	32.77	32.77	150m:	1:46.17	37.35	250m:	3:00.61	37.14	350m:	4:15.33	37.66
100m:	1:08.82	36.05	200m:	2:23.47	37.30	300m:	3:37.67	37.06	400m:	4:53.33	38.00
11											4:54.60 483 1
50m:	32.65	32.65	150m:	1:45.78	37.15	250m:	3:00.97	37.72	350m:	4:17.27	38.05
100m:	1:08.63	35.98	200m:	2:23.25	37.47	300m:	3:39.22	38.25	400m:	4:54.60	37.33
11											4:54.85 482 1
50m:	33.35	33.35	150m:	1:46.94	37.40	250m:	3:03.12	38.15	350m:	4:18.64	37.32
100m:	1:09.54	36.19	200m:	2:24.97	38.03	300m:	3:41.32	38.20	400m:	4:54.85	36.21
11											4:55.45 479 1
50m:	32.15	32.15	150m:	1:45.38	37.24	250m:	3:01.90	38.49	350m:	4:18.65	38.34
100m:	1:08.14	35.99	200m:	2:23.41	38.03	300m:	3:40.31	38.41	400m:	4:55.45	36.80
11											4:55.46 479 1
50m:	32.83	32.83	150m:	1:46.34	37.21	250m:	3:02.48	38.04	350m:	4:18.67	37.97
100m:	1:09.13	36.30	200m:	2:24.44	38.10	300m:	3:40.70	38.22	400m:	4:55.46	36.79
11											4:57.81 468 1
50m:	33.90	33.90	150m:	1:49.64	38.29	250m:	3:06.35	38.18	350m:	4:22.59	38.17
100m:	1:11.35	37.45	200m:	2:28.17	38.53	300m:	3:44.42	38.07	400m:	4:57.81	35.22
11											4:58.03 467 1
50m:	33.37	33.37	150m:	1:48.25	38.26	250m:	3:04.83	38.55	350m:	4:21.46	38.15
100m:	1:09.99	36.62	200m:	2:26.28	38.03	300m:	3:43.31	38.48	400m:	4:58.03	36.57

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Splash Meet Manager, 11.79083	Registered to Belarus Swimming Federation	29.05.2024 11:37 -	2
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, 29. - 31.5.2024

1, , 400m			, 2011						FINA		
			/								
			11						5:05.26 435 2		
50m:	35.02	35.02	150m:	1:51.42	38.37	250m:	3:10.35	39.79	350m:	4:28.46	39.03
100m:	1:13.05	38.03	200m:	2:30.56	39.14	300m:	3:49.43	39.08	400m:	5:05.26	36.80
			11						5:05.59 433 2		
50m:	32.57	32.57	150m:	1:48.79	39.23	250m:	3:09.08	40.24	350m:	4:28.62	39.19
100m:	1:09.56	36.99	200m:	2:28.84	40.05	300m:	3:49.43	40.35	400m:	5:05.59	36.97
			12						5:05.99 431 2		
50m:	33.27	33.27	150m:	1:50.64	39.29	250m:	3:09.10	39.12	350m:	4:27.82	39.21
100m:	1:11.35	38.08	200m:	2:29.98	39.34	300m:	3:48.61	39.51	400m:	5:05.99	38.17
			11						5:06.09 431 2		
50m:	33.11	33.11	150m:	1:49.76	38.70	250m:	3:08.86	39.56	350m:	4:28.56	39.85
100m:	1:11.06	37.95	200m:	2:29.30	39.54	300m:	3:48.71	39.85	400m:	5:06.09	37.53
			11						5:06.89 428 2		
50m:	32.83	32.83	150m:	1:48.49	38.64	250m:	3:08.39	40.40	350m:	4:28.26	39.68
100m:	1:09.85	37.02	200m:	2:27.99	39.50	300m:	3:48.58	40.19	400m:	5:06.89	38.63
			11						5:07.47 425 2		
50m:	34.82	34.82	150m:	1:54.35	39.57	250m:	3:12.86	38.78	350m:	4:30.48	38.83
100m:	1:14.78	39.96	200m:	2:34.08	39.73	300m:	3:51.65	38.79	400m:	5:07.47	36.99
			11						5:08.18 422 2		
50m:	33.30	33.30	150m:	1:50.56	39.11	250m:	3:10.80	40.45	350m:	4:31.23	40.20
100m:	1:11.45	38.15	200m:	2:30.35	39.79	300m:	3:51.03	40.23	400m:	5:08.18	36.95
			11						5:08.38 421 2		
50m:	35.57	35.57	150m:	1:52.38	38.61	250m:	3:11.34	39.18	350m:	4:30.78	39.74
100m:	1:13.77	38.20	200m:	2:32.16	39.78	300m:	3:51.04	39.70	400m:	5:08.38	37.60
			12						5:08.56 421 2		
50m:	34.42	34.42	150m:	1:52.73	39.89	250m:	3:13.33	41.10	350m:	4:32.85	39.67
100m:	1:12.84	38.42	200m:	2:32.23	39.50	300m:	3:53.18	39.85	400m:	5:08.56	35.71
			11						5:08.76 420 2		
50m:	33.25	33.25	150m:	1:50.42	39.10	250m:	3:10.61	39.95	350m:	4:31.53	40.64
100m:	1:11.32	38.07	200m:	2:30.66	40.24	300m:	3:50.89	40.28	400m:	5:08.76	37.23
			11						5:09.47 417 2		
50m:	35.84	35.84	150m:	1:54.28	39.22	250m:	3:12.62	39.20	350m:	4:31.29	39.36
100m:	1:15.06	39.22	200m:	2:33.42	39.14	300m:	3:51.93	39.31	400m:	5:09.47	38.18
			12						5:09.90 415 2		
50m:	34.99	34.99	150m:	1:53.26	39.58	250m:	3:13.12	39.96	350m:	4:32.02	39.30
100m:	1:13.68	38.69	200m:	2:33.16	39.90	300m:	3:52.72	39.60	400m:	5:09.90	37.88
			11						5:10.11 414 2		
50m:	34.71	34.71	150m:	1:53.37	40.18	250m:	3:13.71	39.97	350m:	4:32.74	39.02
100m:	1:13.19	38.48	200m:	2:33.74	40.37	300m:	3:53.72	40.01	400m:	5:10.11	37.37
			11						5:10.15 414 2		
50m:	35.51	35.51	150m:	1:54.15	39.44	250m:	3:14.25	40.11	350m:	4:33.20	39.09
100m:	1:14.71	39.20	200m:	2:34.14	39.99	300m:	3:54.11	39.86	400m:	5:10.15	36.95
			12						5:10.60 412 2		
50m:	35.52	35.52	150m:	1:54.29	39.71	250m:	3:13.86	39.78	350m:	4:33.25	39.48
100m:	1:14.58	39.06	200m:	2:34.08	39.79	300m:	3:53.77	39.91	400m:	5:10.60	37.35
			11						5:11.10 410 2		
50m:	32.89	32.89	150m:	1:50.33	39.26	250m:	3:09.69	39.50	350m:	4:31.26	41.16
100m:	1:11.07	38.18	200m:	2:30.19	39.86	300m:	3:50.10	40.41	400m:	5:11.10	39.84
			12						5:11.42 409 2		
50m:	35.40	35.40	150m:	1:53.19	39.02	250m:	3:12.15	39.15	350m:	4:31.31	39.30
100m:	1:14.17	38.77	200m:	2:33.00	39.81	300m:	3:52.01	39.86	400m:	5:11.42	40.11
			11						5:11.69 408 2		
50m:	35.55	35.55	150m:	1:54.58	39.66	250m:	3:14.63	39.85	350m:	4:34.32	39.68
100m:	1:14.92	39.37	200m:	2:34.78	40.20	300m:	3:54.64	40.01	400m:	5:11.69	37.37

, 29. - 31.5.2024

1, , 400m			, 2011						FINA		
			/								
			11			5:11.71 408			2		
50m:	34.60	34.60	150m:	1:52.26	39.52	250m:	3:11.84	39.77	350m:	4:32.63	40.38
100m:	1:12.74	38.14	200m:	2:32.07	39.81	300m:	3:52.25	40.41	400m:	5:11.71	39.08
			11			5:11.97 407			2		
50m:	34.91	34.91	150m:	1:54.37	40.30	250m:	3:14.81	40.22	350m:	4:34.68	39.89
100m:	1:14.07	39.16	200m:	2:34.59	40.22	300m:	3:54.79	39.98	400m:	5:11.97	37.29
			11			5:13.06 403			2		
50m:	34.61	34.61	150m:	1:53.34	39.66	250m:	3:14.00	40.11	350m:	4:34.77	39.66
100m:	1:13.68	39.07	200m:	2:33.89	40.55	300m:	3:55.11	41.11	400m:	5:13.06	38.29
			11			5:13.27 402			2		
50m:	34.85	34.85	150m:	1:54.37	39.87	250m:	3:15.18	40.12	350m:	4:35.35	39.89
100m:	1:14.50	39.65	200m:	2:35.06	40.69	300m:	3:55.46	40.28	400m:	5:13.27	37.92
			12			5:13.29 402			2		
50m:	35.15	35.15	150m:	1:56.25	41.37	250m:	3:17.24	40.19	350m:	4:37.46	39.57
100m:	1:14.88	39.73	200m:	2:37.05	40.80	300m:	3:57.89	40.65	400m:	5:13.29	35.83
			12			5:13.52 401			2		
50m:	36.21	36.21	150m:	1:55.71	40.32	250m:	3:15.55	39.89	350m:	4:34.58	38.22
100m:	1:15.39	39.18	200m:	2:35.66	39.95	300m:	3:56.36	40.81	400m:	5:13.52	38.94
			11			5:13.71 400			2		
50m:	33.18	33.18	150m:	1:52.40	41.06	250m:	3:13.67	40.52	350m:	4:34.56	40.23
100m:	1:11.34	38.16	200m:	2:33.15	40.75	300m:	3:54.33	40.66	400m:	5:13.71	39.15
			12			5:14.16 399			2		
50m:	34.02	34.02	150m:	1:52.22	40.30	250m:	3:13.00	40.45	350m:	4:34.19	40.89
100m:	1:11.92	37.90	200m:	2:32.55	40.33	300m:	3:53.30	40.30	400m:	5:14.16	39.97
			12			5:14.32 398			2		
50m:	34.64	34.64	150m:	1:55.23	40.54	250m:	3:15.60	39.88	350m:	4:36.09	39.86
100m:	1:14.69	40.05	200m:	2:35.72	40.49	300m:	3:56.23	40.63	400m:	5:14.32	38.23
			11			5:16.47 390			2		
50m:	33.93	33.93	150m:	1:53.46	40.46	250m:	3:15.74	41.11	350m:	4:38.13	41.08
100m:	1:13.00	39.07	200m:	2:34.63	41.17	300m:	3:57.05	41.31	400m:	5:16.47	38.34
			11			5:17.06 388			2		
50m:	35.09	35.09	150m:	1:55.65	41.01	250m:	3:17.09	40.42	350m:	4:37.74	40.24
100m:	1:14.64	39.55	200m:	2:36.67	41.02	300m:	3:57.50	40.41	400m:	5:17.06	39.32
			12			5:17.11 388			2		
50m:	33.69	33.69	150m:	1:54.15	41.03	250m:	3:16.52	41.16	350m:	4:38.17	40.88
100m:	1:13.12	39.43	200m:	2:35.36	41.21	300m:	3:57.29	40.77	400m:	5:17.11	38.94
			12			5:17.24 387			2		
50m:	33.93	33.93	150m:	1:50.66	39.34	250m:	3:11.70	41.24	350m:	4:35.16	42.15
100m:	1:11.32	37.39	200m:	2:30.46	39.80	300m:	3:53.01	41.31	400m:	5:17.24	42.08
			11			5:17.33 387			2		
50m:	34.56	34.56	150m:	1:55.44	41.37	250m:	3:19.08	42.39	350m:	4:40.78	40.80
100m:	1:14.07	39.51	200m:	2:36.69	41.25	300m:	3:59.98	40.90	400m:	5:17.33	36.55
			11			5:17.34 387			2		
50m:	33.17	33.17	150m:	1:51.76	40.62	250m:	3:14.07	41.68	350m:	4:37.14	41.50
100m:	1:11.14	37.97	200m:	2:32.39	40.63	300m:	3:55.64	41.57	400m:	5:17.34	40.20
			11			5:17.47 386			2		
50m:	34.43	34.43	150m:	1:54.57	40.73	250m:	3:16.84	41.40	350m:	4:39.16	41.06
100m:	1:13.84	39.41	200m:	2:35.44	40.87	300m:	3:58.10	41.26	400m:	5:17.47	38.31
			11			5:18.02 384			2		
50m:	34.10	34.10	150m:	1:51.15	39.62	250m:	3:13.10	41.34	350m:	4:36.45	42.32
100m:	1:11.53	37.43	200m:	2:31.76	40.61	300m:	3:54.13	41.03	400m:	5:18.02	41.57
			11			5:18.19 384			2		
50m:	34.05	34.05	150m:	1:52.87	40.59	250m:	3:14.57	41.17	350m:	4:37.27	40.90
100m:	1:12.28	38.23	200m:	2:33.40	40.53	300m:	3:56.37	41.80	400m:	5:18.19	40.92

, 29. - 31.5.2024

1, , 400m			, 2011						FINA		
			/								
			11			5:18.21			384		
50m:	35.66	35.66	150m:	1:55.67	40.00	250m:	3:17.17	40.61	350m:	4:39.19	40.95
100m:	1:15.67	40.01	200m:	2:36.56	40.89	300m:	3:58.24	41.07	400m:	5:18.21	39.02
			12			5:18.55			382		
50m:	34.46	34.46	150m:	1:54.85	40.67	250m:	3:17.80	41.60	350m:	4:38.87	40.67
100m:	1:14.18	39.72	200m:	2:36.20	41.35	300m:	3:58.20	40.40	400m:	5:18.55	39.68
			11			5:19.44			379		
50m:	36.55	36.55	150m:	1:58.71	41.37	250m:	3:20.59	40.76	350m:	4:41.57	40.25
100m:	1:17.34	40.79	200m:	2:39.83	41.12	300m:	4:01.32	40.73	400m:	5:19.44	37.87
			11			5:19.74			378		
50m:	34.04	34.04	150m:	1:53.36	40.72	250m:	3:16.70	41.93	350m:	4:39.56	41.43
100m:	1:12.64	38.60	200m:	2:34.77	41.41	300m:	3:58.13	41.43	400m:	5:19.74	40.18
			11			5:20.16			377		
50m:	34.90	34.90	150m:	1:57.61	42.31	250m:	3:19.76	40.92	350m:	4:41.38	40.60
100m:	1:15.30	40.40	200m:	2:38.84	41.23	300m:	4:00.78	41.02	400m:	5:20.16	38.78
			11			5:20.22			376		
50m:	34.91	34.91	150m:	1:56.17	41.23	250m:	3:19.65	41.71	350m:	4:41.58	40.56
100m:	1:14.94	40.03	200m:	2:37.94	41.77	300m:	4:01.02	41.37	400m:	5:20.22	38.64
			11			5:20.52			375		
50m:	34.65	34.65	150m:	1:54.65	40.53	250m:	3:17.08	41.48	350m:	4:40.23	41.78
100m:	1:14.12	39.47	200m:	2:35.60	40.95	300m:	3:58.45	41.37	400m:	5:20.52	40.29
			11			5:20.72			375		
50m:	36.84	36.84	150m:	1:57.11	40.30	250m:	3:19.12	40.49	350m:	4:42.22	41.89
100m:	1:16.81	39.97	200m:	2:38.63	41.52	300m:	4:00.33	41.21	400m:	5:20.72	38.50
			11			5:20.92			374		
50m:	34.60	34.60	150m:	1:55.20	41.29	250m:	3:17.54	40.58	350m:	4:41.13	41.99
100m:	1:13.91	39.31	200m:	2:36.96	41.76	300m:	3:59.14	41.60	400m:	5:20.92	39.79
			11			5:21.18			373		
50m:	36.69	36.69	150m:	1:57.43	41.14	250m:	3:20.32	41.59	350m:	4:42.69	40.45
100m:	1:16.29	39.60	200m:	2:38.73	41.30	300m:	4:02.24	41.92	400m:	5:21.18	38.49
			11			5:21.20			373		
50m:	33.49	33.49	150m:	1:52.94	40.90	250m:	3:17.83	42.07	350m:	4:42.36	41.13
100m:	1:12.04	38.55	200m:	2:35.76	42.82	300m:	4:01.23	43.40	400m:	5:21.20	38.84
			11			5:21.23			373		
50m:	36.41	36.41	150m:	1:55.12	40.47	250m:	3:17.42	40.75	350m:	4:40.81	41.51
100m:	1:14.65	38.24	200m:	2:36.67	41.55	300m:	3:59.30	41.88	400m:	5:21.23	40.42
			12			5:21.41			372		
50m:	35.68	35.68	150m:	1:58.16	41.46	250m:	3:21.15	41.34	350m:	4:43.86	41.11
100m:	1:16.70	41.02	200m:	2:39.81	41.65	300m:	4:02.75	41.60	400m:	5:21.41	37.55
			11			5:21.42			372		
50m:	36.05	36.05	150m:	1:58.48	41.98	250m:	3:22.26	42.30	350m:	4:44.64	41.24
100m:	1:16.50	40.45	200m:	2:39.96	41.48	300m:	4:03.40	41.14	400m:	5:21.42	36.78
			11			5:21.67			371		
50m:	36.35	36.35	150m:	1:57.47	41.05	250m:	3:19.43	40.56	350m:	4:41.74	40.89
100m:	1:16.42	40.07	200m:	2:38.87	41.40	300m:	4:00.85	41.42	400m:	5:21.67	39.93
			11			5:22.95			367		
50m:	35.96	35.96	150m:	1:57.42	41.29	250m:	3:21.41	42.06	350m:	4:44.41	40.84
100m:	1:16.13	40.17	200m:	2:39.35	41.93	300m:	4:03.57	42.16	400m:	5:22.95	38.54
			11			5:23.00			367		
50m:	36.60	36.60	150m:	1:58.92	41.67	250m:	3:21.81	41.34	350m:	4:45.59	42.44
100m:	1:17.25	40.65	200m:	2:40.47	41.55	300m:	4:03.15	41.34	400m:	5:23.00	37.41
			11			5:23.67			364		
50m:	34.90	34.90	150m:	1:56.21	41.25	250m:	3:18.90	41.12	350m:	4:42.11	40.71
100m:	1:14.96	40.06	200m:	2:37.78	41.57	300m:	4:01.40	42.50	400m:	5:23.67	41.56

, 29. - 31.5.2024

1, , 400m			, 2011						FINA		

, 29. - 31.5.2024

1, , 400m			, 2011						FINA		
			/								
			13			5:32.14			337		
50m:	37.61	37.61	150m:	1:59.67	41.80	250m:	3:24.66	43.14	350m:	4:50.81	42.98
100m:	1:17.87	40.26	200m:	2:41.52	41.85	300m:	4:07.83	43.17	400m:	5:32.14	41.33
			12			5:32.34			337		
50m:	35.34	35.34	150m:	1:58.01	42.25	250m:	3:25.32	44.05	350m:	4:50.84	42.36
100m:	1:15.76	40.42	200m:	2:41.27	43.26	300m:	4:08.48	43.16	400m:	5:32.34	41.50
			12			5:34.37			331		
50m:	34.70	34.70	150m:	1:57.74	41.97	250m:	3:24.52	43.59	350m:	4:50.82	43.20
100m:	1:15.77	41.07	200m:	2:40.93	43.19	300m:	4:07.62	43.10	400m:	5:34.37	43.55
			12			5:35.22			328		
50m:	37.15	37.15	150m:	2:00.18	42.10	250m:	3:26.32	43.08	350m:	4:53.38	43.47
100m:	1:18.08	40.93	200m:	2:43.24	43.06	300m:	4:09.91	43.59	400m:	5:35.22	41.84
			11			5:35.23			328		
50m:	38.44	38.44	150m:	2:02.12	42.11	250m:	3:29.16	43.74	350m:	4:55.47	42.72
100m:	1:20.01	41.57	200m:	2:45.42	43.30	300m:	4:12.75	43.59	400m:	5:35.23	39.76
			12			5:35.58			327		
50m:	38.45	38.45	150m:	2:03.33	43.09	250m:	3:30.91	43.91	350m:	4:57.31	43.08
100m:	1:20.24	41.79	200m:	2:47.00	43.67	300m:	4:14.23	43.32	400m:	5:35.58	38.27
			11			5:35.94			326		
50m:	37.62	37.62	150m:	2:02.60	43.13	250m:	3:28.89	42.42	350m:	4:55.28	43.07
100m:	1:19.47	41.85	200m:	2:46.47	43.87	300m:	4:12.21	43.32	400m:	5:35.94	40.66
			12			5:36.39			325		
50m:	39.58	39.58	150m:	2:04.70	42.54	250m:	3:29.97	42.06	350m:	4:55.85	42.69
100m:	1:22.16	42.58	200m:	2:47.91	43.21	300m:	4:13.16	43.19	400m:	5:36.39	40.54
			12			5:44.55			302		
50m:	37.79	37.79	150m:	2:04.65	43.74	250m:	3:33.81	44.59	350m:	5:02.26	43.92
100m:	1:20.91	43.12	200m:	2:49.22	44.57	300m:	4:18.34	44.53	400m:	5:44.55	42.29
			11			5:45.02			301		
50m:	36.58	36.58	150m:	2:01.72	43.39	250m:	3:31.26	44.29	350m:	5:00.59	44.76
100m:	1:18.33	41.75	200m:	2:46.97	45.25	300m:	4:15.83	44.57	400m:	5:45.02	44.43
			11			5:46.63			297		
50m:	39.27	39.27	150m:	2:04.15	43.03	250m:	3:33.99	44.72	350m:	5:04.28	45.21
100m:	1:21.12	41.85	200m:	2:49.27	45.12	300m:	4:19.07	45.08	400m:	5:46.63	42.35
			11			5:52.65			282		
50m:	37.67	37.67	150m:	2:05.27	44.57	250m:	3:35.77	45.42	350m:	5:08.33	45.70
100m:	1:20.70	43.03	200m:	2:50.35	45.08	300m:	4:22.63	46.86	400m:	5:52.65	44.32