						%
	, 2011 (13),					
400m	,	10.	4:52.72	493	4:53.48	101%
100m				-	1:11.32	-
200m	, 2011 (13),			-	2:35.20	-
400m	, 2011 (10),	127.	5:04.73	337	5:08.05	102%
100m				-	1:18.37	-
200m	2010 (14	139.	2:44.58	295	2:48.88	105%
400m	, 2010 (14),	38.	4:43.04	421	4:46.77	103%
100m				-	1:10.23	-
200m	0040 (44	18.	2:23.54	445	2:25.50	103%
400m	, 2010 (14),	143.	5:09.77	321	5:03.12	96%
100m		143.	3.09.77	-	1:09.93	9076
200m	2242 (44	91.	2:36.69	342	2:40.19	105%
100m	, 2010 (14),			_	57.36	-
400m		43.	4:44.69	414	4:59.79	111%
200m		24.	2:25.51	427	2:31.28	108%
100	, 2011 (13),	400	5.00.04	0.47	5.07.00	000/
400m 100m		100.	5:28.91	347	5:27.33 1:14.81	99%
200m				-	2:46.39	-
	, 2010 (14),				4.50.05	4000/
400m 100m		76.	4:53.06	379	4:56.97 1:14.87	103%
200m		55.	2:30.38	387	2:34.33	105%
	, 2010 (14),					
400m 100m		55.	4:47.74	401 -	4:47.31 1:08.10	100%
200m		66.	2:32.51	371	2:32.09	99%
	, 2012 (12),					
400m 100m		132.	5:49.98	288	5:44.42 1:21.94	97%
200m				-	2:59.66	-
	, 2010 (14),					
100m 400m		51.	4:47.15	403	58.01 4:50.47	- 102%
200m		70.	2:32.86	368	2:34.12	102%
	, 2011 (13),					
100m 400m		3.	4:40.55	- 560	1:02.34 4:42.01	- 101%
200m		3.	4.40.55	-	2:38.03	10176
	, 2011 (13),					
400m		7.	4:48.49	515	4:51.80	102%
100m 200m				-	1:11.90 2:33.50	-
	, 2011 (13),					
400m		80.	5:20.92	374	5:21.89	101%
100m 200m				-	1:19.46 2:51.06	- -
	, 2010 (14),					
				-	59.01	-
		400		341	4:57.39	96%
400m		123. 35.	5:03.75 2:28.24			
100m 400m 200m	, 2011 (13),	123. 35.	2:28.24	404	2:32.60	106%
400m 200m 100m	, 2011 (13),	35.	2:28.24	404	2:32.60 1:09.62	106%
400m 200m 100m 400m	, 2011 (13),			404 - 375	2:32.60 1:09.62 5:21.68	106% - 101%
400m 200m 100m 400m		35.	2:28.24	404	2:32.60 1:09.62	106%
400m 200m 100m 400m 200m 400m	, 2011 (13), , 2011 (13),	35.	2:28.24	404 - 375 - 410	2:32.60 1:09.62 5:21.68 2:52.65 4:49.60	106% - 101%
400m 200m 100m 400m 200m 400m 100m		35. 78. 46.	2:28.24 5:20.52 4:45.51	404 - 375 - 410	2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73	106% - 101% - 103%
400m 200m 100m 400m 200m 400m	, 2011 (13),	35. 78.	2:28.24 5:20.52	404 - 375 - 410	2:32.60 1:09.62 5:21.68 2:52.65 4:49.60	106% - 101% -
400m 200m 100m 400m 200m 400m 100m		35. 78. 46.	2:28.24 5:20.52 4:45.51	404 - 375 - 410	2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73	106% - 101% - 103%

	0040 (44						
400	, 2010 (14),	0.4	4 44 45	400	4 40 70	000/	1
400m 100m		31.	4:41.45	428	4:40.73 1:02.37	99%	
200m		8.	2:19.37	486	2:21.20	103%	
200111	, 2010 (14),	0.	2.19.37	400	2.21.20	10376	1
400	, 2010 (14),	00	4.54.00	070	4.54.47	000/	'
400m 100m		86.	4:54.90	372	4:51.47 1:05.79	98%	
200m		75.	2:34.02	360	2:34.41	101%	
200111	, 2010 (14),	70.	2.04.02	300	2.04.41	10170	2
400m	, 2010 (14),	40.	4:43.35	420	4:47.34	103%	_
100m		40.	4.45.55		1:02.00	10370	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						-
400m	, 2011 (10),	20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m				-	2:35.78	-	
	, 2011 (13),						-
100m				-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m				-	2:53.06	-	
	, 2010 (14),						2
400m		130.	5:05.78	334	5:11.54	104%	
100m				-	1:18.86	-	
200m	2044 (42	94.	2:37.38	338	2:42.30	106%	4
400	, 2011 (13),		=			4000/	1
400m		68.	5:17.34	387	5:21.70	103%	
100m 200m				-	1:09.93 2:41.48	- -	
200111				-	2.41.40	-	
							8
	2010 (10						
	, 2012 (12),						1
100m		50	E-40 CO	-	1:11.43	4049/	
400m		50.	5:10.60	412	5:16.95 3:51.60	104%	
200m	, 2010 (14),			-	2:51.60	-	_
100m	, 2010 (14),			_	56.28	_	_
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						_
400m	, == (=),	66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14),						-
100m				-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14),						-
400m		62.	4:50.91	388	4:39.55	92%	
100m		40	0.00.05	-	1:16.99	-	
200m	0044 (40	48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						1
400m		74.	5:19.44	379	5:20.36	101%	
100m 200m				-	1:13.26 2:46.21	- -	
200111	, 2010 (14),			_	2.40.21	_	1
400m	, 2010 (14),	66	4.51.07	206	4:40.00	00%	
400m 100m		66.	4:51.27	386	4:49.08 1:07.68	99%	
200m		51.	2:30.31	387	2:30.54	100%	
	, 2012 (12),	J	 •	30.		.5570	1
100m	, (),			-	1:08.16	=	•
400m		47.	5:09.90	415	5:21.42	108%	
200m				-	2:47.40	-	
	, 2012 (12),						1
100m	•			-	1:08.40	-	
400m		62.	5:14.32	398	5:15.16	101%	
200m	0015/11			-	2:51.08	-	
	, 2010 (14),						-
100m				-	1:01.11	-	
400m		97. 72	4:58.39	359 364	4:48.25 2:32.15	93%	
200m	2044 (42	72.	2:33.47	364	2:32.15	98%	4
400	, 2011 (13),	0.4	4.50.01	450	F-00 F0	10001	1
400m 100m		21.	4:59.81	459 -	5:00.52 1:14.84	100%	
200m				-	2:41.53	-	
200111	, 2011 (13),			-	2.71.00	-	_
400m	, 2011 (10),	76.	5:20.16	377	5:15.00	97%	_
100m			3.20.10		1:21.90	-	
				-	2:39.00	-	
200m							

400m	, 2010 (14),	68.	4:52.04	383	4:51.04	99%	-
400m		00.	4.52.04	303	1:05.26	99%	
200m	2040 (44	36.	2:28.34	403	2:28.00	100%	
400m	, 2010 (14),	18.	4:35.80	455	4:36.00	100%	1
100m		10.	4.33.00	400	1:07.50	100%	
200m	0040440	40.	2:28.96	398	2:28.50	99%	
400m	, 2012 (12),	97.	5:27.25	353	5:28.72	101%	1
100m		31.	3.27.23	-	1:20.44	101/6	
200m				-	2:52.24	-	
400m	, 2011 (13),	63.	5:16.47	390	5:12.90	98%	-
100m		03.	3.10.47	-	1:11.34	-	
200m	0040 (44			-	2:44.44	-	
100m	, 2010 (14),			_	59.24	-	-
400m		17.	4:35.12	459	4:31.41	97%	
200m		86.	2:36.14	346	2:33.34	96%	
400	, 2010 (14),	7-	4.50.00	000	4.50.50	000/	-
400m 100m		75.	4:53.03	380	4:50.50 1:16.20	98% -	
200m		46.	2:29.60	393	2:29.00	99%	
400	, 2010 (14),	4.4	1.00.50	470	4.00.00	4000/	-
400m 100m		14.	4:32.52	472	4:32.06 1:00.00	100%	
200m		7.	2:18.80	492	2:17.73	98%	
400	, 2011 (13),				- 40.00	a==:/	-
400m 100m		89.	5:23.67	364 -	5:19.00 1:16.50	97% -	
200m				-	2:50.15	-	
							00
	2011 (12						22
100m	, 2011 (13),			-	1:01.00	-	-
400m		147.	5:12.93	312	5:12.00	99%	
200m	2012 (12	108.	2:39.54	324	2:38.50	99%	
100m	, 2012 (12),			_	1:10.00	<u>-</u>	-
400m		90.	5:24.46	362	5:17.00	95%	
200m	2010 (14			-	2:52.00	-	4
100m	, 2010 (14),			_	1:01.00	_	1
400m		36.	4:42.02	426	4:43.00	101%	
200m	0040 (40	57.	2:30.56	386	2:30.00	99%	
100m	, 2012 (12),			_	1:05.00	<u>-</u>	1
400m		144.	5:10.95	318	5:03.00	95%	
200m	2042 (42	132.	2:43.49	301	2:45.00	102%	
400m	, 2012 (12),	65.	5:17.11	388	5:06.00	93%	-
100m		00.	0	-	1:12.90	-	
200m	2011 (12			-	2:46.00	-	
100m	, 2011 (13),			-	1:09.00	_	-
400m		77.	5:20.22	376	5:17.90	99%	
200m	0040 (40			-	2:49.60	-	
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	-
100m		101.	0.01.00	-	1:21.99	-	
200m	2040 (44			-	2:49.60	-	2
400m	, 2010 (14),	89.	4:55.23	371	4:56.38	101%	2
100m				=	1:13.64	-	
200m	2044 (42	27.	2:26.65	417	2:27.94	102%	
100m	, 2011 (13),			-	1:05.50	-	1
400m		41.	5:07.47	425	5:15.00	105%	
200m	2040 (44			-	2:46.00	-	
100m	, 2010 (14),			-	59.95	-	-
400m		131.	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14),					-
400m 100m		146.	5:11.13	317 -	5:04.00 1:15.00	95%
200m		79.	2:34.76	355	2:33.00	98%
200	, 2011 (13),		2.0 0	555	2.00.00	-
100m				-	1:05.00	-
400m		43.	5:08.38	421	4:55.00	92%
200m	, 2010 (14),			-	2:47.00	- 1
400m	, 2010 (11),	105.	4:59.61	355	4:58.00	99%
100m				-	1:18.00	-
200m	2012 /12	81.	2:34.91	354	2:38.35	104%
400m	, 2012 (12),	103.	5:30.30	343	5:26.00	97%
100m		100.	0.00.00	-	1:18.50	-
200m	0040 (44			-	2:54.00	-
100m	, 2010 (14),			_	1:00.00	- -
400m		64.	4:51.10	387	4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m 100m		96.	4:58.10	360	4:58.00 1:10.00	100%
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12),					1
400m		140.	5:56.43	273	6:00.00	102%
100m 200m				-	1:22.00 3:14.00	- -
	, 2010 (14),					1
400m		19.	4:35.84	455	4:41.90	104%
100m 200m		43.	2:29.07	- 397	1:06.90 2:28.50	99%
200111	, 2011 (13),	10.	2.20.01	007	2.20.00	-
400m	, , , ,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	.
200m	, 2011 (13),			-	2:36.17	- -
400m	, 2011 (10),	79.	4:53.46	378	4:53.00	100%
100m		400	0.44.05	-	1:09.00	-
200m	, 2012 (12),	138.	2:44.35	296	2:42.00	97%
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	97%
100m				-	1:25.00	
200m	, 2012 (12),			-	2:58.00	1
400m	, 2012 (12),	92.	5:25.53	358	5:31.00	103%
100m				-	1:17.50	-
200m	2042 (42			-	2:57.00	-
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	109%
100m		137.	3.33.33	-	1:35.00	-
200m	0040 (44			-	3:03.74	=
400m	, 2010 (14),	133.	5:05.92	333	4:52.00	91%
100m		133.	3.03.92	-	1:10.00	-
200m	,	151.	2:53.07	254	2:45.00	91%
400	, 2012 (12),				1:05.00	1
100m 400m		18.	4:58.44	465	1:05.00 5:05.50	105%
200m				-	2:40.14	=
400	, 2010 (14),	450	5.05.50	077	5.00.00	-
400m 100m		156.	5:25.52	277 -	5:20.00 1:09.00	97%
200m		146.	2:47.48	280	2:41.00	92%
	, 2011 (13),					-
400m		86.	5:21.67	371	5:14.45	96%
100m 200m				-	1:23.21 2:43.34	- -
	, 2011 (13),					-
400m	·	135.	5:52.65	282	5:25.00	85%
100m 200m				-	1:23.00 2:50.00	- -
	, 2011 (13),					-
400m	. ,	128.	5:46.63	297	5:30.00	91%
100m 200m				-	1:17.00 2:53.00	- -
_00111						

400	, 2010 (14),						-
100m 400m		92.	4:56.39	367	58.79 4:50.00	- 96%	
200m		92. 85.	2:35.94	347	2:35.29	99%	
200111	, 2011 (13),	00.	2.00.01	011	2.00.20	0070	1
400m	,,	55.	5:11.97	407	5:19.78	105%	
100m				-	1:11.45	-	
200m				-	2:41.12	-	
	, 2012 (12),						-
400m		58.	5:13.29	402	5:10.00	98%	
100m 200m				-	1:16.00 2:50.00	- -	
200111	, 2013 (11),				2.00.00		_
400m	, 2010 (11),	145.	6:18.95	227	6:02.00	91%	
100m					1:29.00	-	
200m				-	3:10.00	-	
	, 2010 (14),						-
400m		118.	5:02.37	345	4:56.00	96%	
100m 200m		130.	2:42.95	304	1:08.00 2:42.00	- 99%	
200111	, 2011 (13),	100.	2.42.55	304	2.42.00	3370	_
400m	, 2011 (10),	22.	5:00.79	454	4:55.76	97%	
100m			0.00.70	-	1:10.23	-	
200m				-	2:35.69	-	
	, 2013 (11),						1
400m		101.	5:29.00	347	5:30.00	101%	
100m 200m				-	1:17.00 2:53.00	- -	
200111	, 2012 (12),			-	2.33.00	· ·	1
400m	, 2012 (12),	94.	4:56.78	365	5:00.00	102%	'
100m		J-1.	4.50.70	-	1:10.50	10270	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),						1
100m				-	1:08.00	-	
400m		70.	5:18.02	384	5:24.00	104%	
200m	, 2013 (11),			-	2:47.00	-	1
400m	, 2013 (11),	122.	5:42.96	306	5:43.00	100%	'
100m		122.	0.42.00	-	1:28.79	-	
200m				-	2:59.00	-	
	,2013 (11),						1
100m				-	1:08.00	-	
400m		94.	5:26.73	354 -	5:35.00	105%	
200m	, 2012 (12),			-	2:53.00	-	1
400m	, 2012 (12),	109.	5:32.34	337	5:36.00	102%	•
100m			0.02.0	-	1:22.50	-	
200m				-	2:58.00	-	
	, 2011 (13),						-
400m		128.	5:04.94	337	4:55.00	94%	
100m 200m		121.	2:41.65	- 311	1:09.00 2:35.00	- 92%	
200111	, 2010 (14),	121.	2.41.03	311	2.33.00	9270	2
400m	, 20.0 (),	88.	4:54.94	372	5:00.00	103%	_
100m				-	1:05.50	-	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						-
100m		0.4	5.44.40	-	1:05.90	-	
400m 200m		61.	5:14.16	399 -	5:14.00 2:46.00	100%	
200111	, 2012 (12),			-	2.40.00	· ·	_
400m	,	23.	5:00.84	454	5:00.76	100%	
100m				-	1:15.60	-	
200m				-	2:34.33	-	_
	, 2010 (14),		_				2
400m		151.	5:17.63	298	5:20.00	101%	
100m 200m		126.	2:42.08	309	1:11.00 2:44.00	- 102%	
200111		120.	2.72.00	309	2.77.00	102/0	
						1	18
	, 2010 (14),						2
100m	, 2010 (17),			_	55.22	-	_
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

	2011 (12					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m				-	1:22.72	-
200m	2042 (42			-	2:47.38	-
400m	, 2012 (12),	52.	5:11.42	400	F:11 20	100%
100m		32.	5.11.42	409	5:11.20 1:19.71	100%
200m				-	2:45.10	-
	, 2010 (14),					2
400m		21.	4:38.39	443	4:43.78	104%
100m 200m		31.	2:27.12	413	1:15.65 2:27.24	100%
	, 2011 (13),					1
400m	·	107.	5:00.11	353	5:02.18	101%
100m 200m		136.	2:44.26	- 297	1:14.97 2:38.82	93%
200111	, 2011 (13),	130.	2.44.20	291	2.30.02	9576
100m	,			-	1:05.00	-
400m		56.	5:13.06	403	5:10.00	98%
200m	2040 (44			-	2:48.00	-
400m	, 2010 (14),	3.	4:17.49	560	4:10.30	94%
100m		Э.	4.17.49	-	1:02.52	9470 -
200m		10.	2:20.18	478	2:22.10	103%
	, 2010 (14),					2
100m 400m		65.	4:51.20	387	1:04.00 4:53.44	- 102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					2
400m		1.	4:08.68	621	4:09.73	101%
100m 200m		1.	2:07.95	629	1:05.00 2:13.50	109%
200111	, 2012 (12),	••	2.07.100	020	2.10.00	-
400m	, , , , , , , , , , , , , , , , , , , ,	59.	5:13.52	401	5:10.78	98%
100m				-	1:14.00	-
200m	, 2011 (13),			-	2:47.46	-
400m	, 2011 (13),	138.	5:06.74	331	5:02.39	97%
100m				-	1:13.50	-
200m	0044 (40	122.	2:41.73	311	2:40.24	98%
100m	, 2011 (13),				1:11.46	1
400m		32.	5:04.87	436	5:12.37	105%
200m				-	2:52.37	-
	, 2011 (13),		. =			1
400m 100m		11.	4:53.33	490	4:55.57 1:12.97	102%
200m				-	2:33.78	-
	, 2011 (13),					1
400m		53.	5:11.69	408	5:24.16	108%
100m 200m				-	1:15.63 2:45.16	-
200111	, 2010 (14),				2.10.10	-
400m	, , , , , , , , , , , , , , , , , , , ,	80.	4:53.47	378	4:53.24	100%
100m	2042 (44			-	1:09.17	-
100m	, 2010 (14),				1:02.18	2
400m		61.	4:50.80	388	5:00.24	- 107%
200m		93.	2:37.15	339	2:41.49	106%
40-	, 2011 (13),				a	
400m 100m		106.	5:31.72	339	5:18.20 1:15.73	92%
200m				-	2:40.40	-
	, 2010 (14),					1
100m		<u> </u>	4 40 5-	-	1:00.20	-
400m 200m		37. 63.	4:42.97 2:31.60	422 378	4:46.76 2:29.33	103% 97%
200111	, 2011 (13),	03.	2.01.00	570	2.20.00	1
100m	, (//			-	1:05.89	- '
400m		64.	5:17.06	388	5:20.16	102%
200m	2011 (13 \			-	2:51.94	- 1
400m	, 2011 (13),	48.	5:10.11	414	5:12.44	1 102%
100m		.5.		-	1:15.06	-
200m				-	2:46.53	-

	, 2011 (13),							1
400m		82.	4:53.81	377	4:51.26		98%	
100m		7.4	0.00.00	-	1:04.54		-	
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	
100	, 2012 (12),				1.04.74			-
100m 200m				- -	1:24.71 2:41.68		-	
	, 2010 (14),							_
400m	, 2010 (11),	12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m				-	1:04.92	29.03.2024	-	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	_
400	, 2010 (14),				4040=	0= 04 0004	4000/	2
400m		4.	4:18.37	554	4:21.07 1:02.09	25.04.2024 26.04.2024	102%	
100m 200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m	, == := (:=),			-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	0040 (44			-	3:03.57		-	
400	, 2010 (14),				50.54	00.04.0004		-
100m 400m		8.	4:28.25	- 495	56.54 4:22.37	26.04.2024 25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m	, (-	1:01.04		-	
400m		100.	4:58.66	358	4:58.23		100%	
200m	2044 (42	53.	2:30.35	387	2:32.38		103%	4
100m	, 2011 (13),			-	1.11 62		_	1
400m		119.	5:39.67	315	1:11.63 5:41.67		101%	
200m		110.	0.00.01	-	2:57.97		-	
	, 2011 (13),							-
100m				-	1:07.27		-	
400m		69.	5:17.47	386	5:16.74		100%	
200m	0040 (44			-	2:48.80		-	
400	, 2010 (14),	70	4.50.05	202	4.50.00		000/	-
400m 100m		70.	4:52.05	383	4:50.62 1:04.31		99%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							-
400m		39.	5:06.09	431	5:03.05		98%	
100m				-	1:09.13		-	
200m	2011 (12			-	2:42.47		-	4
400m	, 2011 (13),	75.	5:19.74	378	5:25.39	24.04.2024	104%	1
100m		70.	5.15.74	-	1:15.43	26.04.2024	-	
200m				-	2:44.59	22.06.2023	-	
	, 2010 (14),							2
100m		100		-	1:02.92	26.04.2024	-	
400m 200m		126. 87.	5:04.59 2:36.19	338 345	5:07.80 2:40.35	25.04.2024 24.04.2024	102% 105%	
200111	, 2011 (13),	07.	2.50.15	0-10	2.40.00	24.04.2024	10070	2
400m	, 2011 (10),	58.	4:48.95	396	4:55.65	25.04.2024	105%	_
100m				-	1:20.23	26.04.2024	-	
200m	0044 (40	59.	2:30.99	382	2:33.67	24.04.2024	104%	
400	, 2011 (13),				4 00 05	00.04.0004		-
100m 400m		95.	4:56.87	- 365	1:03.95 4:53.13	26.04.2024 25.04.2024	- 97%	
400111	, 2011 (13),	33.	4.30.07	303	4.55.15	20.04.2024	31 70	_
400m	, 2011 (10),	67.	5:17.33	387	5:12.70		97%	
100m				-	1:13.24		-	
200m				-	2:41.91		-	
	, 2010 (14),							1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%	
100m 200m		99.	2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	102%	
200111	, 2011 (13),		000			2 3 1.2024	102/0	_
400m	, _0 (.0),	57.	5:13.27	402	5:07.61		96%	
100m				-	1:18.86		-	
200m	0040 (44			-	2:43.95		-	_
400	, 2010 (14),				4:00.00	06.04.0004		2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11	20.07.2024	102%	
				-	-			

400m	, 2010 (14),	00	4.50.54	250	4.50.70		000/	1
400m 100m		99.	4:58.54	359 -	4:56.78 1:12.94		99% -	
200m	2044 (42	89.	2:36.50	343	2:39.46		104%	_
400m	, 2011 (13),	120.	5:02.84	344	5:06.52		102%	2
100m				-	1:20.24		-	
200m	, 2011 (13),	97.	2:37.63	336	2:41.51		105%	_
400m	, 2011 (10),	60.	5:13.71	400	5:11.05		98%	
100m 200m				-	1:11.42 2:44.78		-	
200111	, 2011 (13),				2.11.70			1
100m		102.	4.E9.0E	- 357	1:00.75 4:55.91	26.04.2024 25.04.2024	- 98%	
400m 200m		68.	4:58.95 2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m 100m		50.	4:47.03	404 -	4:45.58 1:07.57		99%	
200m		19.	2:23.66	444	2:23.78		100%	
100m	, 2010 (14),			-	1:02.09		_	-
400m		63.	4:51.06	387	4:40.19		93%	
200m	, 2012 (12),	95.	2:37.40	337	2:35.73		98%	_
100m	,			-	1:06.45		-	
400m 200m		73.	5:18.55	382	5:15.39 2:50.71		98%	
200	, 2011 (13),				2.00			1
100m 400m		91.	4:55.75	369	1:00.60 4:52.60		- 98%	
200m		115.	2:40.90	316	2:44.00		104%	
100m	, 2011 (13),			-	1:05.45	26.04.2024	_	1
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12),			=	2:44.93	25.04.2024	-	
400m	, 2012 (12),	155.	5:24.45	279	5:10.60	25.04.2024	92%	_
100m 200m		147.	2:47.94	- 278	1:22.81 2:47.64	26.04.2024 24.04.2024	100%	
200	, 2010 (14),		2	2.0	2	2	.00,0	1
400m 100m		137.	5:06.69	331	5:15.13 1:20.61	25.04.2024 28.03.2024	106%	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
400m	, 2011 (13),	113.	5:35.23	328	5:24.88		94%	-
100m		113.	3.33.23	-	1:21.65		-	
200m	, 2010 (14),			-	2:52.72		-	2
400m	, 2010 (14),	33.	4:41.84	427	4:48.82		105%	_
100m 200m		29.	2:26.83	- 416	1:17.47 2:32.09		- 107%	
200111	, 2010 (14),	25.	2.20.00	410	2.02.00		10770	1
400m 100m		60.	4:50.43	390	4:52.60 1:12.58		101%	
200m		69.	2:32.69	370	2:27.60		93%	
100m	, 2012 (12),			-	1:04.40	28.03.2024	-	2
400m		57.	4:48.75	397	4:55.47	25.04.2024	105%	
200m	, 2010 (14),	102.	2:38.56	330	2:41.13	24.04.2024	103%	1
400m	, 2010 (14),	9.	4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	- 529	1:01.56 2:16.53		- 101%	
200111	, 2011 (13),	J.	2.10.00	52 3	2.10.00		10170	-
400m		85.	5:21.42	372	5:19.67		99%	
100m 200m				-	1:12.01 2:38.51		-	
400	, 2010 (14),		4. 47.04	40:	4 47		40001	-
400m 100m		54.	4:47.64	401 -	4:47.50 1:12.80		100% -	
200m	2011 /42	22.	2:25.16	430	2:22.60		97%	
400m	, 2011 (13),	87.	5:22.95	367	5:22.80		100%	-
100m				-	1:06.89		-	
200m				-	2:41.50		-	

	2042 (42							
100m	, 2012 (12),			_	1:03.95	26.04.2024	-	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	0040440			-	2:42.67		-	
400	, 2012 (12),	400	5 50 0 7	070	0.00.07	04.04.0004	4040/	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m		40	5-40.45	-	1:06.87		4050/	
400m 200m		49.	5:10.15	414 -	5:17.13 2:41.97		105%	
	, 2011 (13),							2
100m	, , ,			-	1:04.58		-	
400m 200m		109. 117.	5:00.25 2:41.17	353 314	5:01.18 2:41.79	25.04.2024 24.04.2024	101% 101%	
200111	, 2011 (13),	117.	2.41.17	314	2.41.73	24.04.2024	10176	_
400m	, ==::(:= /,	91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m	2011 (12			-	2:53.69		-	
400m	, 2011 (13),	153.	5:22.37	285	5:13.38		95%	-
100m		100.	0.22.07	-	1:28.91		-	
200m	2244 (42	149.	2:49.23	271	2:44.49		94%	
400m	, 2011 (13),	24.	5.04.70	450	E:02 2E		101%	1
400m		24.	5:01.70	450	5:03.35 1:07.74		101%	
200m				-	2:39.68		-	
	, 2012 (12),							-
400m 100m		138.	5:54.90	276	5:54.14 1:21.59	24.04.2024 26.04.2024	100%	
200m				-	3:02.87	25.04.2024	-	
	, 2010 (14),							1
100m				-	54.12		-	
400m 200m		2. 2.	4:15.42 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14),	۷.	2.12.00	301	2.12.70		10070	1
400m	, == := (: : /,	42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m		40	0.04.70	-	1:09.79	26.04.2024	4000/	
200m	, 2013 (11),	13.	2:21.78	462	2:23.12	24.04.2024	102%	1
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	'
100m			0.02	-	1:34.94		-	
200m	2044 (42			-	2:56.62		-	4
400m	, 2011 (13),	105.	5:31.45	339	5:32.47		101%	1
100m		100.	0.01.40	-	1:25.17		-	
200m				-	2:55.64		-	
400	, 2012 (12),							-
400m 100m		112.	5:35.22	328	5:29.56 1:22.25	24.04.2024 26.04.2024	97%	
200m				-	3:05.11	25.04.2024	-	
	, 2011 (13),							-
400m 100m		71.	5:18.19	384	5:14.84 1:22.53	23.11.2023 23.11.2023	98%	
200m				-	2:43.30	25.04.2024	-	
	, 2012 (12),							-
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m				-	1:15.63 2:45.78	26.04.2024 25.04.2024	-	
200111	, 2012 (12),				2.10.70	20.0 1.202 1		1
400m	, , , , , , , , , , , , , , , , , , , ,	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14),			-	2:49.88	25.04.2024	-	2
100m	, 20.0 (),			-	1:02.55		-	_
400m		52.	4:47.24	403	4:49.66		102%	
200m	2011 (12	84.	2:35.53	350	2:38.32		104%	
100m	, 2011 (13),			_	1:03.13	26.04.2024	_	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	0040 (40			-	2:39.16	25.04.2024	-	
400m	, 2012 (12),	98.	5:28.19	350	5:20.04		102%	1
400m		30.	3.20.19		5:30.94 1:15.24		10270	
200m				-	2:51.65		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	ı
100m				-	1:22.27		-	
200m	0040 (40			-	2:40.76		-	
400	, 2012 (12),	400	F-F0 0F	204	F.F0.00		4000/	1
400m 100m		136.	5:52.85	281	5:58.66 1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14),							-
100m		400	5.05.00	-	1:05.38	26.04.2024	-	
400m 200m		160. 144.	5:35.23 2:46.90	253 283	5:34.20 2:46.19	25.04.2024 24.04.2024	99% 99%	
	, 2010 (14),							1
400m	, (),	27.	4:40.00	435	4:46.52		105%	
100m		00	0.00.74	-	1:04.59		-	
200m	, 2012 (12),	28.	2:26.71	417	2:24.49		97%	_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2014 (42			-	2:50.20	25.04.2024	-	
400m	, 2011 (13),	111	E-24 EE	220	E-1E E0	24.04.2024	1070/	1
100m		111.	5:34.55	330	5:45.58 1:18.51	24.04.2024 26.04.2024	107% -	
200m				-	3:02.43	25.04.2024	-	
	, 2010 (14),							2
400m 100m		154.	5:22.85	284	5:35.50 1:15.19	25.04.2024 26.04.2024	108%	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m		4.0		-	1:04.60	26.10.2023	-	
400m 200m		13.	4:54.85	482 -	4:52.83 2:34.71	24.04.2024 22.11.2023	99%	
200111	, 2011 (13),			_	2.54.71	22.11.2025	_	1
100m	, == (/,			-	1:18.22	24.11.2023	-	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	2011 (12			-	2:59.25	25.04.2024	-	4
100m	, 2011 (13),			_	1:01.70		_	1
400m		39.	4:43.10	421	4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
400	, 2010 (14),	0.5	4.44.00	400	4 40 00		000/	-
400m 100m		35.	4:41.88	426	4:40.20 1:08.47		99%	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							-
400m 100m		73.	4:52.60	381	4:50.48 1:08.99		99%	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m 200m				-	1:17.03 2:56.19		-	
200111	, 2010 (14),				2.00.10			2
100m	, (),			-	59.64		-	
400m		29.	4:41.14	430	4:51.18		107%	
200m	, 2011 (13),	16.	2:22.56	454	2:25.57		104%	1
400m	, 2011 (10),	30.	5:04.55	438	5:16.65	24.04.2024	108%	'
100m				-	1:19.49	26.04.2024	-	
200m	2010 (14			-	2:39.45	25.04.2024	-	4
400m	, 2010 (14),	145.	5:11.00	317	5:02.94		95%	1
100m			000	-	1:11.66		-	
200m		120.	2:41.59	312	2:42.38		101%	
400	, 2012 (12),	144	E:01.00	247	E:00 44	25 04 2024	000/	-
400m 100m		114.	5:01.82	347	5:00.14 1:20.97	25.04.2024 26.04.2024	99%	
	, 2010 (14),				0.01	20.0 1.2027		2
100m				-	1:04.73	28.03.2024	-	
400m		84. 103.	4:54.55 2:38 60	374 330	4:56.66 2:45.30	27.03.2024	101%	
200m	, 2011 (13),	103.	2:38.60	330	2:45.39	16.06.2023	109%	_
400m	, 2011 (10),	46.	5:09.47	417	5:05.80		98%	=
100m				-	1:11.00		-	
200m				-	2:39.70		-	

100m				-	55.65	26.04.2024	-
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%
	, 2010 (14),						
400m	, (),	132.	5:05.85	334	5:04.79		99%
100m		.02.	0.00.00	-	1:14.56		-
200m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14),						
00m	, =0:0(::),			_	1:04.13		_
100m		121.	5:03.26	342	4:53.89		94%
200m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13),						
100m	, 2011 (10),	134.	5:06.22	332	5:03.36	25.04.2024	98%
00m		101.	0.00.22	-	1:11.34	26.04.2024	-
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11),						
100m	, == := (::),	144.	6:15.17	234	6:23.56	24.04.2024	105%
00m			0.10111	-	1:38.18	26.04.2024	-
:00m				_	3:46.50	06.12.2023	-
	, 2011 (13),						
00m	, 2011 (10),				1:06.34		
-00m		117.	5:02.29	346	5:06.72		103%
00m		123.	2:41.79	311	2:43.15		102%
	, 2011 (13),	125.	2.71.13	311	2.40.10		102/0
00m	, 2011 (13),			_	1:06.69	07.12.2023	-
00m		136.	5:06.37	332	5:15.49	27.03.2024	106%
00m		136. 129.	2:42.90	304	2:50.21	24.04.2024	106%
	, 2010 (14),	120.			00.21	1.2027	10070
-00m	, 2010 (14),	23.	4:38.83	441	4.40.20	25.04.2024	101%
00m		۷۵.	4.30.03	44 1 -	4:40.20 1:03.07	25.04.2024 26.04.2024	101%
OOIII	, 2011 (13),				1.05.07	20.04.2024	
00	, 2011 (13),				4:00.40		
00m 00m		25.	4:39.41	438	1:00.12 4:43.97		103%
OOIII	2011 (12	25.	4.55.41	400	4.45.57		10370
	, 2011 (13),	4=0				0= 04 0004	40404
00m		150.	5:15.84	303	5:17.90	25.04.2024	101%
00m		140	2.45.74	-	1:15.34	26.04.2024	40.40/
200m	0040 (44	142.	2:45.74	289	2:48.64	24.04.2024	104%
	, 2010 (14),						
100m		83.	4:54.17	375	5:11.10	23.11.2023	112%
00m		00	0.04.04	-	1:10.36		-
200m	2010 (11	80.	2:34.81	355	NT		-
00	, 2010 (14),				50.00	00.04.0004	
00m		40	4.40.00	-	59.62	26.04.2024	- 0.407
100m		49.	4:46.80	405	4:37.90	25.04.2024	94%
:00m	2012 (12	33.	2:27.57	410	2:27.45	24.04.2024	100%
	, 2012 (12),						
00m		110.	5:34.37	331	5:26.57		95%
00m				-	1:20.12		-
00m	2044 (42			-	2:54.00		-
	, 2011 (13),				,		
00m				-	1:00.03		
00m		33.	4:41.84	427	4:42.88		101%
00m	0011 (10	83.	2:35.11	353	2:33.34		98%
	, 2011 (13),						
00m		_	4 = 0	-	59.14		-
00m		8.	4:52.02	496	4:49.86		99%
00m	0040 (40			-	2:29.93		-
	, 2012 (12),						
-00m		118.	5:39.24	316	5:47.72	24.04.2024	105%
00m				-	1:21.52	26.04.2024	-
00m	0044 /40			-	3:01.82	25.04.2024	-
	, 2011 (13),						
00m		1.	4:36.01	588	4:40.15	24.04.2024	103%
00m				-	1:05.31	26.04.2024	-
:00m	0044 (15			-	2:31.57	25.04.2024	-
	, 2011 (13),						
-00m		110.	5:00.43	352	5:00.56		100%
				-	1:10.64		-
00m		109.	2:39.77	323	2:39.17		99%
00m 100m							
00m	, 2010 (14),						
00m	, 2010 (14),	106.	4:59.83	354	5:03.85		103%
00m	, 2010 (14),				5:03.85 1:09.98 2:39.94		103% - 104%

	, 2010 (14),							2
100m	, ==:= (:: //,			-	58.78		-	_
400m		13.	4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	
	, 2011 (13),							1
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m	, 2011 (13),			-	2:52.36	25.04.2024	-	
400m	, 2011 (13),	141.	5:08.43	325	5:06.86		99%	_
100m		141.	0.00.40	-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	_
	, 2011 (13),							2
100m 400m		101.	4:58.80	358	1:05.35 4:59.54	26.04.2024 25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m	, (),	28.	4:40.52	433	4:43.30		102%	
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13),							1
400m 100m		124.	5:44.02	303	5:55.78 1:24.03		107%	
200m				-	2:57.06		-	
200	, 2012 (12),				2.01.00			_
400m	, - (),	38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m				-	2:41.99		-	
	, 2013 (11),							1
400m 100m		96.	5:27.19	353	5:30.42 1:17.86	27.03.2024 26.04.2024	102%	
200m				-	2:59.30	20.04.2024	-	
	, 2011 (13),							_
400m	, ==::(:=),	4.	4:40.74	559	4:37.71		98%	
100m				-	1:04.81		-	
200m	0040444			-	2:27.89		-	
400	, 2010 (14),				4 00 00	00.04.0004		1
100m 400m				-	1:08.86	26.04.2024	-	
400111		150	5:30.87	263	5.34.76	25 04 2024	102%	
200m		159. 152.	5:30.87 2:57.84	263 234	5:34.76 2:37.96	25.04.2024	102% 79%	
200m	, 2010 (14),		5:30.87 2:57.84		5:34.76 2:37.96	25.04.2024		2
400m	, 2010 (14),				2:37.96 4:52.68	25.04.2024		2
400m 100m	, 2010 (14),	152. 72.	2:57.84 4:52.50	234 382 -	2:37.96 4:52.68 1:18.06	25.04.2024	79% 100% -	2
400m		152.	2:57.84	234	2:37.96 4:52.68	25.04.2024	79%	
400m 100m 200m	, 2010 (14), , 2010 (14),	152. 72. 52.	2:57.84 4:52.50 2:30.33	234 382 - 387	2:37.96 4:52.68 1:18.06 2:31.09	25.04.2024	79% 100% - 101%	2
400m 100m	, 2010 (14),	152. 72.	2:57.84 4:52.50	234 382 -	2:37.96 4:52.68 1:18.06	25.04.2024	79% 100% -	
400m 100m 200m 200m		152. 72. 52.	2:57.84 4:52.50 2:30.33	234 382 - 387 388	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95		79% 100% - 101% 104%	
400m 100m 200m	, 2010 (14),	152. 72. 52.	2:57.84 4:52.50 2:30.33	234 382 - 387	2:37.96 4:52.68 1:18.06 2:31.09	25.04.2024 26.04.2024 24.04.2024	79% 100% - 101%	
400m 100m 200m 200m	, 2010 (14), , 2011 (13),	152. 72. 52. 50.	2:57.84 4:52.50 2:30.33 2:30.23	234 382 - 387 388	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17	26.04.2024	79% 100% - 101% 104%	1 -
400m 100m 200m 200m 100m 400m 200m	, 2010 (14),	152. 72. 52. 50.	2:57.84 4:52.50 2:30.33 2:30.23	234 382 - 387 388 - 536	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66	26.04.2024 24.04.2024 25.04.2024	79% 100% - 101% 104% - 96% -	
400m 100m 200m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	152. 72. 52. 50.	2:57.84 4:52.50 2:30.33 2:30.23	234 382 - 387 388 - 536 - 571	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10	26.04.2024 24.04.2024 25.04.2024 24.04.2024	79% 100% - 101% 104%	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m	, 2010 (14), , 2011 (13),	152. 72. 52. 50.	2:57.84 4:52.50 2:30.33 2:30.23	234 382 387 388 - 536 - 571	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77	26.04.2024 24.04.2024 25.04.2024 24.04.2024 23.11.2023	79% 100% - 101% 104% - 96% -	1 -
400m 100m 200m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13),	152. 72. 52. 50.	2:57.84 4:52.50 2:30.33 2:30.23	234 382 - 387 388 - 536 - 571	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10	26.04.2024 24.04.2024 25.04.2024 24.04.2024	79% 100% - 101% 104% - 96% -	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	152. 72. 52. 50.	2:57.84 4:52.50 2:30.33 2:30.23	234 382 387 388 - 536 - 571	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20	26.04.2024 24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024	79% 100% - 101% 104% - 96% -	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m	, 2010 (14), , 2011 (13), , 2011 (13),	152. 72. 52. 50.	2:57.84 4:52.50 2:30.33 2:30.23	234 382 387 388 - 536 - 571	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77	26.04.2024 24.04.2024 25.04.2024 24.04.2024 23.11.2023	79% 100% - 101% 104% - 96% -	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12),	152. 72. 52. 50. 5.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68	234 382 387 388 - 536 - 571	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15	26.04.2024 24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023	79% 100% - 101% 104% - 96% - 101%	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2011 (13),	152. 72. 52. 50. 5.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68	234 382 387 388 536 571 353	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 96%	1 -
400m 100m 200m 200m 200m 100m 400m 200m 100m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12),	152. 72. 52. 50. 5. 2.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68	234 382 - 387 388 - 536 - 571 - 353	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024	79% 100% - 101% 104% - 96% 96%	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12),	152. 72. 52. 50. 5.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68	234 382 - 387 388 - 536 - 571 - 353 - 479	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024	79% 100% - 101% 104% - 96% - 101% - 96%	1 -
400m 100m 200m 200m 200m 100m 400m 200m 100m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	152. 72. 52. 50. 5. 2.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68	234 382 - 387 388 - 536 - 571 - 353	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 96% - 97%	1 1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12),	152. 72. 52. 50. 5. 2.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68	234 382 - 387 388 - 536 - 571 - 353 - 479	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024	79% 100% - 101% 104% - 96% - 101% - 96% - 97%	1 -
400m 100m 200m 200m 100m 400m 200m 400m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	152. 72. 52. 50. 5. 2. 95.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09	234 382 387 388 536 571 353 479 265	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 96% - 100% - 100%	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	152. 72. 52. 50. 5. 2.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11	234 382 - 387 388 536 - 571 - 353 - 479 - 265	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90	26.04.2024 24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% 96% - 101% - 96% - 97% -	1 - 1
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	152. 72. 52. 50. 5. 2. 95. 15. 158. 141.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31	234 382 387 388 536 571 353 479 265 291	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 97% - 100% - 97%	1 -
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m 400m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	152. 72. 52. 50. 5. 2. 95.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09	234 382 387 388 536 571 353 479 265	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 96% - 100% - 100%	1 - 1
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	152. 72. 52. 50. 5. 2. 95. 15. 158. 141.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31	234 382 387 388 536 571 353 479 265 291	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 97% - 100% - 97%	1 - 1
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	152. 72. 52. 50. 5. 2. 95. 158. 141. 85.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31 4:54.88	234 382 - 387 388 - 536 - 571 - 353 - 479 - 265 - 291 372	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30 1:05.77	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 97% - 100% - 97% - 100% - 97% - 100% - 97%	1 - 1
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	152. 72. 52. 50. 5. 2. 95. 15. 158. 141. 85. 39.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31 4:54.88 2:28.77	234 382 - 387 388 536 - 571 - 353 - 479 - 265 - 291 372 - 400	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30 1:05.77 2:30.91 1:03.15	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 97% - 100% - 97% 96% - 103%	1 - 1 1
400m 100m 200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m 400m 200m 400m 200m	, 2010 (14), , 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	152. 72. 52. 50. 5. 2. 95. 158. 141. 85.	2:57.84 4:52.50 2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31 4:54.88	234 382 - 387 388 - 536 - 571 - 353 - 479 - 265 - 291 372 - 400	2:37.96 4:52.68 1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30 1:05.77 2:30.91	26.04.2024 24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 25.04.2024 25.04.2024 25.04.2024	79% 100% - 101% 104% - 96% - 101% - 100% - 97% - 100% - 100% - 97% - 103%	1 - 1 1

	, 2011 (13),							1
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m 200m		56.	2:30.47	386	1:06.88 2:34.49		105%	
200111	, 2010 (14),	00.	2.00.41	000	2.01.10		10070	_
100m	, (, , ,			-	1:00.40		-	
400m		32.	4:41.74	427	4:38.00		97% 91%	
200m	, 2012 (12),	106.	2:39.25	326	2:32.00		91%	1
400m	, 2012 (12),	130.	5:48.45	292	5:49.10	24.04.2024	100%	'
100m				-	1:31.39	28.03.2024	-	
200m	2011 (12			-	3:00.67	25.04.2024	-	
100m	, 2011 (13),			-	1:10.37		_	-
400m		163.	5:43.56	235	5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
400	, 2011 (13),			40=				-
400m 100m		35.	5:05.10	435 -	5:02.99 1:22.25		99%	
200m				-	2:47.42		-	
	, 2012 (12),							-
100m		400	5.00.40	-	1:11.00		-	
400m 200m		102.	5:30.10	344	5:29.94 2:49.79		100%	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81 2:57.50	26.04.2024 25.04.2024	-	
200m	, 2010 (14),			-	2.37.30	25.04.2024	-	_
400m	, =0.0 (),	68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m				-	1:18.29	06.10.2023	-	
200m	, 2011 (13),	62.	2:31.24	380	2:29.25	24.04.2024	97%	
100m	, 2011 (13),			-	1:16.04		-	-
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m		440	5.00.70	-	1:01.60		4000/	
400m 200m		119. 100.	5:02.76 2:38.04	344 333	5:02.70 2:35.00		100% 96%	
	, 2012 (12),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:15.24		-	
400m 200m		131.	5:49.82	289	6:01.03 3:11.37		107%	
200111	, 2011 (13),			-	3.11.37		-	_
400m	, ==::(:= /,	33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m	, 2011 (13),			-	2:42.00		-	_
400m	, 2011 (10),	36.	5:05.26	435	5:03.43	24.04.2024	99%	-
100m			-	-	1:10.18	26.04.2024	-	
200m	, 2010 (14),			-	2:42.57	25.04.2024	-	
400m	, 2010 (14),	15.	4:32.87	470	4:31.67		99%	-
100m				-	1:02.45		-	
	, 2011 (13),							1
100m		20	4.44.40	-	59.64		-	
400m 200m		30. 54.	4:41.18 2:30.36	430 387	4:38.57 2:32.82		98% 103%	
	, 2010 (14),							2
100m	•			-	1:00.66		-	
400m 200m		56. 60.	4:47.79 2:31.10	401 381	5:00.36 2:33.70		109% 103%	
200III	, 2011 (13),	00.	2.31.10	301	2.00.10		103/0	_
400m	,	48.	4:46.42	406	4:45.95	25.04.2024	100%	
100m				-	1:13.57	26.04.2024	-	
200m	, 2010 (14),	42.	2:29.06	397	2:27.33	24.04.2024	98%	_
400m	, 2010 (14),	44.	4:44.83	413	4:40.19	25.04.2024	97%	-
100m				-	1:07.31	26.04.2024	-	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	

	2044 (42							4
100m	, 2011 (13),				1:06.33			1
100m 400m		40.	5:06.89	428	1:06.33 5:12.55		104%	
200m		40.	0.00.03		2:49.02		-	
200	, 2011 (13),				20.02			_
400m	, == : (: = -),	14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m				-	2:34.65		-	
	, 2010 (14),							2
400m		115.	5:01.95	347	5:05.04		102%	
100m					1:16.06		-	
200m	0040744	49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m 200m		47.	2:29.72	392	1:06.71 2:31.30	26.04.2024 24.04.2024	102%	
200111	, 2012 (12),	47.	2.23.12	392	2.51.50	24.04.2024	10270	1
400m	, 2012 (12),	129.	5:46.75	296	5:54.58	24.04.2024	105%	•
100m		120.	0.40.70	-	1:35.68	26.04.2024	-	
200m				-	3:02.58	25.04.2024	-	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,	77.	4:53.13	379	4:56.26		102%	
100m				-	1:06.63		-	
200m	0040 (40	67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m 200m				-	1:26.26 3:06.71		-	
200111	, 2012 (12),			-	3.00.71		-	1
100m	, 2012 (12),			-	1:15.15		_	'
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							2
400m	, , , , , , , , , , , , , , , , , , , ,	22.	4:38.72	441	4:46.63		106%	
100m				-	1:06.13		-	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m 200m				-	1:34.62 3:04.05	28.03.2024 25.04.2024	-	
200111	, 2010 (14),			_	3.04.03	25.04.2024	_	2
400m	, 2010 (14),	93.	4:56.44	367	5:05.89		106%	2
100m		93.	4.30.44	-	1:11.00		10078	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m		90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m				-	1:09.85	26.04.2024		
200m	2010 (11	65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							1
400m 100m		143.	6:08.41	247	6:15.63 1:27.90		104%	
200m				-	3:02.71		_	
200	, 2010 (14),				0.02			1
100m	, == (, , ,,			-	1:07.36	26.04.2024	_	·
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								19
	, 2011 (13),							2
400m		11.	4:30.41	483	4:32.58		102%	
100m				-	1:02.61		-	
200m	2010 (14	34.	2:28.18	404	2:30.35		103%	
400m	, 2010 (14),	71.	4:52.10	202	4:46.20		069/	-
400m 100m		71.	4:52.10	383	4:46.20 1:17.05		96%	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),						2.70	_
400m	, _0 (.0),	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68			
200m				-	2:40.38		-	
	, 2011 (13),							-
400m		25.	5:02.37	447	4:56.03		96%	
100m				-	1:14.95			
200m				-	2:47.54		-	

	, 2012 (12),						1
400m		6.	4:48.04	517	4:52.60	103%	
100m				-	1:08.29	-	
200m	, 2010 (14),			-	2:35.61	-	_
400m	, 2010 (14),	149.	5:15.19	305	5:07.65	95%	-
100m		143.	3.13.19	-	1:18.39	-	
200m		107.	2:39.51	324	2:37.36	97%	
	, 2011 (13),						-
400m		51.	5:11.10	410	5:03.43	95%	
100m 200m				-	1:22.64 2:40.55	-	
200111	, 2012 (12),			-	2.40.33		1
400m	, 2012 (12),	113.	5:01.32	349	5:03.99	102%	•
100m		110.	0.01.02	-	1:12.38	-	
200m		119.	2:41.52	312	2:41.04	99%	
	, 2012 (12),						-
100m		40=	=	-	1:04.60	-	
400m 200m		135. 137.	5:06.31 2:44.31	332 297	5:06.16 2:40.08	100% 95%	
200111	, 2011 (13),	107.	2.11.01	201	2.10.00		1
100m	, 2011 (10),			-	1:04.92	-	•
400m		45.	5:08.76	420	5:09.05	100%	
200m				-	2:46.15	-	
	, 2011 (13),						1
100m		07	F-05 50	-	1:06.09	4040/	
400m 200m		37.	5:05.59	433	5:07.54 2:47.50	101%	
	, 2010 (14),					:	2
100m	, =0.0 (),			=	58.40	<u>-</u>	_
400m		81.	4:53.49	378	5:02.97	107%	
200m	0044 (40	76.	2:34.04	360	2:35.53	102%	
400	, 2011 (13),	04	F-04-40	070	5:04.04		1
400m 100m		81.	5:21.18	373 -	5:21.64 1:16.52	100%	
200m				-	2:53.92	- -	
	, 2010 (14),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.14	-	
400m		140.	5:07.62	328	5:03.00	97%	
200m	0040 (44	134.	2:44.04	298	2:42.92	99%	
400	, 2010 (14),	47	4.46.00	400	4.47.50		1
400m 100m		47.	4:46.08	408	4:47.50 1:05.50	101%	
200m		71.	2:33.09	367	2:30.70	97%	
	, 2011 (13),						-
400m		34.	5:05.09	435	5:00.47	97%	
100m				-	1:15.07	-	
200m	, 2010 (14),			-	2:43.92	-	_
100m	, 2010 (14),			_	1:05.23	<u>-</u>	-
400m		108.	5:00.14	353	4:49.66	93%	
200m		150.	2:49.32	271	2:40.00	89%	
	, 2011 (13),						1
100m		0.4	5 04 50	-	1:05.75	-	
400m 200m		31.	5:04.59	437	5:05.60 2:53.11	101%	
	, 2010 (14),						_
100m	,			-	58.71	-	
400m		16.	4:34.10	464	4:33.04	99%	
200m	0040 (44	20.	2:23.82	442	2:21.32	97%	
400~	, 2010 (14),	122.	5:02 E2	244	1:5E 07	OE0/	-
400m 100m		122.	5:03.53	341 -	4:55.07 1:20.35	95%	
200m		133.	2:43.60	300	2:42.82	99%	
	- , 2012 (12)						1
400m	,	27.	5:03.89	440	5:10.25	104%	
100m				-	1:14.03	-	
200m	0040 (4.4			-	2:40.09	-	
400~	, 2010 (14),	111	5:00 00	250	1.59.25	000/	-
400m 100m		111.	5:00.98	350	4:58.35 1:24.37	98%	
200m		128.	2:42.83	305	2:38.43	95%	
	, 2010 (14),						2
400m	•	53.	4:47.42	402	4:48.68	101%	
100m		00	2.00 50	-	1:05.20	40404	
200m		26.	2:26.59	418	2:29.33	104%	

	, 2011 (13),						_
400m	, 2011 (13),	82.	5:21.20	373	5:11.48	94%	_
100m		OL.	0.21.20	-	1:12.72	-	
200m				-	2:39.93	-	
	, 2010 (14),						1
100m		00	4.07.04	-	56.14	4000/	
400m 200m		20. 17.	4:37.84 2:22.78	445 452	4:40.00 2:22.20	102% 99%	
200111	, 2010 (14),	17.	2.22.10	402	2.22.20	3370	2
400m	, 2010 (11),	5.	4:24.28	518	4:27.15	102%	_
100m				-	1:01.00	-	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m 400m		86.	4:54.90	372	1:01.69 5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						-
400m	, , , , , , , , , , , , , , , , , , , ,	29.	5:04.54	438	5:00.70	97%	
100m				-	1:10.86	-	
200m				-	2:38.82	-	
							26
	2011 (12						20 1
400m	, 2011 (13),	42.	5:08.18	422	5:12.96	103%	ı
100m		72.	3.00.10		1:11.54	103/0	
200m				-	2:35.00	=	
	, 2010 (14),						2
100m				-	59.85	-	
400m		74.	4:52.74	381	4:54.15	101%	
200m	, 2012 (12),	82.	2:35.08	353	2:39.00	105%	4
400m	, 2012 (12),	114.	5:35.58	327	5:39.26	102%	1
100m		114.	3.33.30	-	1:19.35	102/0	
200m				-	2:56.07	-	
	, 2011 (13),						1
400m		103.	4:59.02	357	4:56.00	98%	
100m 200m		118.	2:41.28	- 314	1:09.00 2:45.00	- 105%	
200111	, 2011 (13),	110.	2.41.20	314	2.45.00	10376	_
100m	, 2011 (10),			-	1:37.00	-	
200m				-	3:24.00	-	
	, 2011 (13),						-
100m				-	1:18.00	-	
400m 200m		147.	6:27.11	213	6:20.00 3:12.00	96%	
200111	, 2012 (12),			-	3.12.00	-	_
100m	, 2012 (12),			-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m				-	3:10.65	-	
	, 2010 (14),						1
400m 100m		125.	5:03.94	340	4:57.49 1:14.00	96%	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						1
400m	, , , , , , , , , , , , , , , , , , , ,	164.	5:48.93	225	5:59.00	106%	
100m				-	1:19.00	- -	
	, 2011 (13),						2
400m		104.	4:59.22	356	5:01.37	101%	
100m 200m		88.	2:36.48	343	1:20.70 2:38.89	103%	
200111	, 2010 (14),	00.	2.30.40	040	2.50.09	10370	1
100m	, 2010 (11),			-	1:03.70	-	•
400m		124.	5:03.90	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
	, 2012 (12),						1
400m		123.	5:43.84	304	5:50.00	104%	
100m 200m				-	1:27.00 2:55.00	- -	
_00111	, 2011 (13),				2.55.55		1
400m	, ,,	157.	5:28.67	269	5:14.00	91%	•
100m				-	1:11.00	-	
200m	0040 (44	140.	2:44.86	294	2:45.18	100%	,
400-	, 2013 (11),	4 4 4	6.04.00	000	6,04.44	4000/	1
400m 100m		141.	6:01.09	262	6:01.11 1:31.64	100%	
200m				-	3:12.02	- -	
							

400	, 2010 (14),						1
100m		_		-	55.90	-	
400m		7.	4:27.93	497	4:26.70	99%	
200m	2010 (11	4.	2:17.05	511	2:18.70	102%	4
400	, 2010 (14),		. = - = -			9994	1
400m		98.	4:58.53	359	4:56.47	99%	
100m 200m		38.	2:28.69	400	1:07.50 2:31.87	104%	
200111	, 2011 (13),	30 .	2.20.03	400	2.01.07	10470	_
400m	, 2011 (10),	149.	6:42.44	189	6:35.00	96%	
100m		1 10.	0.12.11	-	1:28.00	-	
200m				-	3:10.00	-	
	, 2013 (11),						_
100m	, == (, , , , , , , , , , , , , , , , ,			_	1:12.50	-	
400m		161.	5:40.86	241	5:34.00	96%	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m	, , , , , , , , , , , , , , , , , , , ,	162.	5:42.11	238	5:41.00	99%	
100m				-	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						2
100m	, , ,			-	1:04.76	-	
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						1
400m		93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m				-	2:59.24	-	
	, 2011 (13),						1
100m				-	1:02.02	-	
400m		88.	5:23.00	367	5:40.00	111%	
200m	0044 (40			-	2:48.00	-	
	, 2011 (13),						-
400m		127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m	2042 (42			-	3:06.22	-	4
400	, 2012 (12),	400	5-07-00	222	F-00 00	4040/	1
400m		139.	5:07.02	330	5:09.00	101%	
100m 200m		148.	2:48.08	277	1:15.85 2:46.85	99%	
200111	, 2011 (13),	1 10.	2. 10.00	2	2.10.00	3070	1
400m	, 2011 (13),	115.	5:35.94	326	5:38.76	102%	•
100m		113.	3.33.34	320 -	1:24.51	102 /8	
200m				-	2:55.31	-	
	, 2012 (12),				-		-
400m	, - (–),	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	-	
200m				-	2:55.00	=	
	, 2011 (13),						-
100m				-	1:04.70	-	
400m		148.	5:13.61	310	5:12.00	99%	
	, 2010 (14),						1
400m		45.	4:45.43	411	4:47.00	101%	
100m				-	1:08.00	-	
200m		41.	2:28.99	398	2:28.00	99%	_
	, 2011 (13),						1
400m		152.	5:22.32	285	5:16.00	96%	
100m				-	1:20.50	-	
200m	0044 (40	143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m		148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m	2011 /12			-	3:10.00	-	2
	, 2011 (13),						2
100m		07	4.54.00	-	1:04.01	4000/	
400m		67. 105	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	