

					%	PB
						6
						1
400m	, 2011 (13),	4:52.72	493	4:53.48	101%	
100m			-	1:11.32	-	
200m			-	2:35.20	-	
400m	, 2011 (13),		-	5:08.05	-	-
100m			-	1:18.37	-	
200m			-	2:48.88	-	
400m	, 2010 (14),		-	4:46.77	-	-
100m			-	1:10.23	-	
200m			-	2:25.50	-	
400m	, 2010 (14),		-	5:03.12	-	-
100m			-	1:09.93	-	
200m			-	2:40.19	-	
100m	, 2010 (14),		-	57.36	-	-
400m			-	4:59.79	-	
200m			-	2:31.28	-	
400m	, 2011 (13),		-	5:27.33	-	-
100m			-	1:14.81	-	
200m			-	2:46.39	-	
400m	, 2010 (14),		-	4:56.97	-	-
100m			-	1:14.87	-	
200m			-	2:34.33	-	
400m	, 2010 (14),		-	4:47.31	-	-
100m			-	1:08.10	-	
200m			-	2:32.09	-	
400m	, 2012 (12),		-	5:44.42	-	-
100m			-	1:21.94	-	
200m			-	2:59.66	-	
100m	, 2010 (14),		-	58.01	-	-
400m			-	4:50.47	-	
200m			-	2:34.12	-	
100m	, 2011 (13),		-	1:02.34	-	1
400m		4:40.55	560	4:42.01	101%	
200m			-	2:38.03	-	
400m	, 2011 (13),	4:48.49	515	4:51.80	102%	1
100m			-	1:11.90	-	
200m			-	2:33.50	-	
400m	, 2011 (13),	5:20.92	374	5:21.89	101%	1
100m			-	1:19.46	-	
200m			-	2:51.06	-	
100m	, 2010 (14),		-	59.01	-	-
400m			-	4:57.39	-	
200m			-	2:32.60	-	
100m	, 2011 (13),		-	1:09.62	-	1
400m		5:20.52	375	5:21.68	101%	
200m			-	2:52.65	-	
400m	, 2011 (13),		-	4:49.60	-	-
100m			-	1:13.73	-	
200m			-	2:32.11	-	
400m	, 2011 (13),	5:28.41	349	5:24.80	98%	-
100m			-	1:27.21	-	
200m			-	2:47.65	-	
400m	, 2010 (14),		-	4:40.73	-	-
100m			-	1:02.37	-	

, 29. - 31.5.2024

200m			-	2:21.20	-	-
400m	, 2010 (14)		-	4:51.47	-	-
100m			-	1:05.79	-	-
200m			-	2:34.41	-	-
400m	, 2010 (14)		-	4:47.34	-	-
100m			-	1:02.00	-	-
200m			-	2:25.11	-	-
400m	, 2011 (13)	4:58.98	463	4:57.41	99%	-
100m			-	1:17.17	-	-
200m			-	2:35.78	-	-
100m	, 2011 (13)		-	1:07.49	-	-
400m		5:11.71	408	5:08.16	98%	-
200m			-	2:53.06	-	-
400m	, 2010 (14)		-	5:11.54	-	-
100m			-	1:18.86	-	-
200m			-	2:42.30	-	-
400m	, 2011 (13)	5:17.34	387	5:21.70	103%	1
100m			-	1:09.93	-	-
200m			-	2:41.48	-	-
100m	, 2012 (12)		-	1:11.43	-	5
400m		5:10.60	412	5:16.95	104%	1
200m			-	2:51.60	-	-
100m	, 2010 (14)		-	56.28	-	-
400m			-	4:35.56	-	-
200m			-	2:26.07	-	-
400m	, 2012 (12)	5:17.24	387	5:12.74	97%	-
100m			-	1:20.48	-	-
200m			-	2:37.03	-	-
100m	, 2010 (14)		-	1:01.10	-	-
400m			-	4:50.45	-	-
200m			-	2:33.00	-	-
400m	, 2010 (14)		-	4:39.55	-	-
100m			-	1:16.99	-	-
200m			-	2:27.07	-	-
400m	, 2011 (13)	5:19.44	379	5:20.36	101%	1
100m			-	1:13.26	-	-
200m			-	2:46.21	-	-
400m	, 2010 (14)		-	4:49.08	-	-
100m			-	1:07.68	-	-
200m			-	2:30.54	-	-
100m	, 2012 (12)		-	1:08.16	-	1
400m		5:09.90	415	5:21.42	108%	-
200m			-	2:47.40	-	-
100m	, 2012 (12)		-	1:08.40	-	1
400m		5:14.32	398	5:15.16	101%	-
200m			-	2:51.08	-	-
100m	, 2010 (14)		-	1:01.11	-	-
400m			-	4:48.25	-	-
200m			-	2:32.15	-	-
400m	, 2011 (13)	4:59.81	459	5:00.52	100%	1
100m			-	1:14.84	-	-
200m			-	2:41.53	-	-
400m	, 2011 (13)	5:20.16	377	5:15.00	97%	-
100m			-	1:21.90	-	-
200m			-	2:39.00	-	-

4

Splash Meet Manager, 11.79083	Registered to Belarus Swimming Federation	29.05.2024 11:17 -	4
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, 29. - 31.5.2024

" "

	, 2010 (14),					-
100m		-	58.79	-		
400m		-	4:50.00	-		
200m		-	2:35.29	-		
	, 2011 (13),					1
400m		5:11.97	407	5:19.78	105%	
100m		-	-	1:11.45	-	
200m		-	-	2:41.12	-	
	, 2012 (12),					-
400m		5:13.29	402	5:10.00	98%	
100m		-	-	1:16.00	-	
200m		-	-	2:50.00	-	
	, 2013 (11),					-
400m		-	-	6:02.00	-	
100m		-	-	1:29.00	-	
200m		-	-	3:10.00	-	
	, 2010 (14),					-
400m		-	-	4:56.00	-	
100m		-	-	1:08.00	-	
200m		-	-	2:42.00	-	
	, 2011 (13),					-
400m		5:00.79	454	4:55.76	97%	
100m		-	-	1:10.23	-	
200m		-	-	2:35.69	-	
	, 2013 (11),					-
400m		-	-	5:30.00	-	
100m		-	-	1:17.00	-	
200m		-	-	2:53.00	-	
	, 2012 (12),					-
400m		-	-	5:00.00	-	
100m		-	-	1:10.50	-	
200m		-	-	2:26.50	-	
	, 2011 (13),					1
100m		-	-	1:08.00	-	
400m		5:18.02	384	5:24.00	104%	
200m		-	-	2:47.00	-	
	, 2013 (11),					-
400m		-	-	5:43.00	-	
100m		-	-	1:28.79	-	
200m		-	-	2:59.00	-	
	, 2013 (11),					-
100m		-	-	1:08.00	-	
400m		-	-	5:35.00	-	
200m		-	-	2:53.00	-	
	, 2012 (12),					-
400m		-	-	5:36.00	-	
100m		-	-	1:22.50	-	
200m		-	-	2:58.00	-	
	, 2011 (13),					-
400m		-	-	4:55.00	-	
100m		-	-	1:09.00	-	
200m		-	-	2:35.00	-	
	, 2010 (14),					-
400m		-	-	5:00.00	-	
100m		-	-	1:05.50	-	
200m		-	-	2:27.00	-	
	, 2012 (12),					-
100m		-	-	1:05.90	-	
400m		5:14.16	399	5:14.00	100%	
200m		-	-	2:46.00	-	
	, 2012 (12),					-
400m		5:00.84	454	5:00.76	100%	
100m		-	-	1:15.60	-	
200m		-	-	2:34.33	-	
	, 2010 (14),					-
400m		-	-	5:20.00	-	
100m		-	-	1:11.00	-	
200m		-	-	2:44.00	-	
						5
	, 2010 (14),					-
100m		-	-	55.22	-	
400m		-	-	4:32.45	-	
200m		-	-	2:25.42	-	

, 29. - 31.5.2024

" "

	, 2011 (13),					-
400m		5:21.23	373	5:12.00	94%	
100m			-	1:22.72	-	
200m			-	2:47.38	-	
	, 2012 (12),					-
400m		5:11.42	409	5:11.20	100%	
100m			-	1:19.71	-	
200m			-	2:45.10	-	
	, 2010 (14),					-
400m			-	4:43.78	-	
100m			-	1:15.65	-	
200m			-	2:27.24	-	
	, 2011 (13),					-
400m			-	5:02.18	-	
100m			-	1:14.97	-	
200m			-	2:38.82	-	
	, 2011 (13),					-
100m			-	1:05.00	-	
400m		5:13.06	403	5:10.00	98%	
200m			-	2:48.00	-	
	, 2010 (14),					-
400m			-	4:10.30	-	
100m			-	1:02.52	-	
200m			-	2:22.10	-	
	, 2010 (14),					-
100m			-	1:04.00	-	
400m			-	4:53.44	-	
200m			-	2:39.02	-	
	, 2010 (14),					-
400m			-	4:09.73	-	
100m			-	1:05.00	-	
200m			-	2:13.50	-	
	, 2012 (12),					-
400m		5:13.52	401	5:10.78	98%	
100m			-	1:14.00	-	
200m			-	2:47.46	-	
	, 2011 (13),					-
400m			-	5:02.39	-	
100m			-	1:13.50	-	
200m			-	2:40.24	-	
	, 2011 (13),					1
100m			-	1:11.46	-	
400m		5:04.87	436	5:12.37	105%	
200m			-	2:52.37	-	
	, 2011 (13),					1
400m		4:53.33	490	4:55.57	102%	
100m			-	1:12.97	-	
200m			-	2:33.78	-	
	, 2011 (13),					1
400m		5:11.69	408	5:24.16	108%	
100m			-	1:15.63	-	
200m			-	2:45.16	-	
	, 2010 (14),					-
400m			-	4:53.24	-	
100m			-	1:09.17	-	
200m			-	2:35.00	-	
	, 2010 (14),					-
100m			-	1:02.18	-	
400m			-	5:00.24	-	
200m			-	2:41.49	-	
	, 2011 (13),					-
400m		5:31.72	339	5:18.20	92%	
100m			-	1:15.73	-	
200m			-	2:40.40	-	
	, 2010 (14),					-
100m			-	1:00.20	-	
400m			-	4:46.76	-	
200m			-	2:29.33	-	
	, 2011 (13),					1
100m			-	1:05.89	-	
400m		5:17.06	388	5:20.16	102%	
200m			-	2:51.94	-	
	, 2011 (13),					1
400m		5:10.11	414	5:12.44	102%	
100m			-	1:15.06	-	
200m			-	2:46.53	-	

12

Splash Meet Manager, 11.79083	Registered to Belarus Swimming Federation	29.05.2024 11:17 -	8
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, 29. - 31.5.2024

" "

	, 2011 (13),						
400m		5:22.95	367	5:22.80		100%	-
100m			-	1:06.89		-	
200m			-	2:41.50		-	
	, 2012 (12),						-
100m			-	1:03.95	26.04.2024	-	
400m		5:03.12	444	4:55.54	24.04.2024	95%	
200m			-	2:42.67		-	
	, 2012 (12),						-
400m			-	6:03.97	24.04.2024	-	
100m			-	1:24.14		-	
200m			-	3:10.66	25.04.2024	-	
	, 2011 (13),						1
100m			-	1:06.87		-	
400m		5:10.15	414	5:17.13		105%	
200m			-	2:41.97		-	
	, 2011 (13),						-
100m			-	1:04.58		-	
400m			-	5:01.18	25.04.2024	-	
200m			-	2:41.79	24.04.2024	-	
	, 2011 (13),						-
400m		5:24.93	360	5:22.81		99%	
100m			-	1:12.56		-	
200m			-	2:53.69		-	
	, 2011 (13),						-
400m			-	5:13.38		-	
100m			-	1:28.91		-	
200m			-	2:44.49		-	
	, 2011 (13),						1
400m		5:01.70	450	5:03.35		101%	
100m			-	1:07.74		-	
200m			-	2:39.68		-	
	, 2012 (12),						-
400m			-	5:54.14	24.04.2024	-	
100m			-	1:21.59	26.04.2024	-	
200m			-	3:02.87	25.04.2024	-	
	, 2010 (14),						-
100m			-	54.12		-	
400m			-	4:15.65		-	
200m			-	2:12.78		-	
	, 2010 (14),						-
400m			-	4:42.10	25.04.2024	-	
100m			-	1:09.79	26.04.2024	-	
200m			-	2:23.12	24.04.2024	-	
	, 2013 (11),						-
400m			-	5:39.66		-	
100m			-	1:34.94		-	
200m			-	2:56.62		-	
	, 2011 (13),						-
400m			-	5:32.47		-	
100m			-	1:25.17		-	
200m			-	2:55.64		-	
	, 2012 (12),						-
400m			-	5:29.56	24.04.2024	-	
100m			-	1:22.25	26.04.2024	-	
200m			-	3:05.11	25.04.2024	-	
	, 2011 (13),						-
400m		5:18.19	384	5:14.84	23.11.2023	98%	
100m			-	1:22.53	23.11.2023	-	
200m			-	2:43.30	25.04.2024	-	
	, 2012 (12),						-
400m		5:21.41	372	5:21.05	24.04.2024	100%	
100m			-	1:15.63	26.04.2024	-	
200m			-	2:45.78	25.04.2024	-	
	, 2012 (12),						1
400m		5:04.52	438	5:12.89	24.04.2024	106%	
100m			-	1:13.60	26.04.2024	-	
200m			-	2:49.88	25.04.2024	-	
	, 2010 (14),						-
100m			-	1:02.55		-	
400m			-	4:49.66		-	
200m			-	2:38.32		-	
	, 2011 (13),						-
100m			-	1:03.13	26.04.2024	-	
400m		4:57.81	468	4:54.75	27.03.2024	98%	
200m			-	2:39.16	25.04.2024	-	

Splash Meet Manager, 11.79083	Registered to Belarus Swimming Federation	29.05.2024 11:17 -	10
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, 29. - 31.5.2024

" "

	, 2011 (13),						-
400m		5:09.47	417	5:05.80		98%	
100m			-	1:11.00		-	
200m			-	2:39.70		-	
	, 2010 (14),						-
100m			-	55.65	26.04.2024	-	
400m			-	4:30.00	25.04.2024	-	
200m			-	2:30.78	22.11.2023	-	
	, 2010 (14),						-
400m			-	5:04.79		-	
100m			-	1:14.56		-	
200m			-	2:34.88		-	
	, 2010 (14),						-
100m			-	1:04.13		-	
400m			-	4:53.89		-	
200m			-	2:42.26		-	
	, 2011 (13),						-
400m			-	5:03.36	25.04.2024	-	
100m			-	1:11.34	26.04.2024	-	
200m			-	2:39.42	24.04.2024	-	
	, 2013 (11),						-
400m			-	6:23.56	24.04.2024	-	
100m			-	1:38.18	26.04.2024	-	
200m			-	3:46.50	06.12.2023	-	
	, 2011 (13),						-
100m			-	1:06.34		-	
400m			-	5:06.72		-	
200m			-	2:43.15		-	
	, 2011 (13),						-
100m			-	1:06.69	07.12.2023	-	
400m			-	5:15.49	27.03.2024	-	
200m			-	2:50.21	24.04.2024	-	
	, 2010 (14),						-
400m			-	4:40.20	25.04.2024	-	
100m			-	1:03.07	26.04.2024	-	
200m			-	2:25.39	24.04.2024	-	
	, 2011 (13),						-
100m			-	1:00.12		-	
400m			-	4:43.97		-	
200m			-	2:34.00		-	
	, 2011 (13),						-
400m			-	5:17.90	25.04.2024	-	
100m			-	1:15.34	26.04.2024	-	
200m			-	2:48.64	24.04.2024	-	
	, 2010 (14),						-
400m			-	5:11.10	23.11.2023	-	
100m			-	1:10.36		-	
200m			-	NT		-	
	, 2010 (14),						-
100m			-	59.62	26.04.2024	-	
400m			-	4:37.90	25.04.2024	-	
200m			-	2:27.45	24.04.2024	-	
	, 2012 (12),						-
400m			-	5:26.57		-	
100m			-	1:20.12		-	
200m			-	2:54.00		-	
	, 2011 (13),						-
100m			-	1:00.03		-	
400m			-	4:42.88		-	
200m			-	2:33.34		-	
	, 2011 (13),						-
100m			-	59.14		-	
400m		4:52.02	496	4:49.86		99%	
200m			-	2:29.93		-	
	, 2012 (12),						-
400m			-	5:47.72	24.04.2024	-	
100m			-	1:21.52	26.04.2024	-	
200m			-	3:01.82	25.04.2024	-	
	, 2011 (13),						1
400m		4:36.01	588	4:40.15	24.04.2024	103%	
100m			-	1:05.31	26.04.2024	-	
200m			-	2:31.57	25.04.2024	-	
	, 2011 (13),						-
400m			-	5:00.56		-	
100m			-	1:10.64		-	
200m			-	2:39.17		-	

Splash Meet Manager, 11.79083	Registered to Belarus Swimming Federation	29.05.2024 11:17 -	12
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, 29. - 31.5.2024

" "

	, 2010 (14),						-
400m		-	4:48.30			-	
100m		-	1:05.77			-	
200m		-	2:30.91			-	
	, 2011 (13),						1
100m		-	1:03.15			-	
400m	4:58.75	464	5:01.84			102%	
200m		-	2:36.98			-	
	, 2011 (13),						1
400m	4:54.60	483	4:56.36	24.04.2024		101%	
100m		-	1:11.76	26.04.2024		-	
200m		-	2:37.06	25.04.2024		-	
	, 2011 (13),						-
400m		-	4:55.83			-	
100m		-	1:06.88			-	
200m		-	2:34.49			-	
	, 2010 (14),						-
100m		-	1:00.40			-	
400m		-	4:38.00			-	
200m		-	2:32.00			-	
	, 2012 (12),						-
400m		-	5:49.10	24.04.2024		-	
100m		-	1:31.39	28.03.2024		-	
200m		-	3:00.67	25.04.2024		-	
	, 2011 (13),						-
100m		-	1:10.37			-	
400m		-	5:31.52			-	
200m		-	3:03.37			-	
	, 2011 (13),						-
400m	5:05.10	435	5:02.99			99%	
100m		-	1:22.25			-	
200m		-	2:47.42			-	
	, 2012 (12),						-
100m		-	1:11.00			-	
400m		-	5:29.94			-	
200m		-	2:49.79			-	
	, 2012 (12),						-
400m		-	6:01.10	24.04.2024		-	
100m		-	1:15.81	26.04.2024		-	
200m		-	2:57.50	25.04.2024		-	
	, 2010 (14),						-
400m		-	4:50.19	25.04.2024		-	
100m		-	1:18.29	06.10.2023		-	
200m		-	2:29.25	24.04.2024		-	
	, 2011 (13),						-
400m		-	5:29.16			-	
100m		-	1:16.04			-	
200m		-	2:48.79			-	
	, 2010 (14),						-
100m		-	1:01.60			-	
400m		-	5:02.70			-	
200m		-	2:35.00			-	
	, 2012 (12),						-
100m		-	1:15.24			-	
400m		-	6:01.03			-	
200m		-	3:11.37			-	
	, 2011 (13),						-
400m	5:04.98	436	5:03.60			99%	
100m		-	1:10.20			-	
200m		-	2:42.00			-	
	, 2011 (13),						-
400m	5:05.26	435	5:03.43	24.04.2024		99%	
100m		-	1:10.18	26.04.2024		-	
200m		-	2:42.57	25.04.2024		-	
	, 2010 (14),						-
400m		-	4:31.67			-	
100m		-	1:02.45			-	
200m		-	2:21.46			-	
	, 2011 (13),						-
100m		-	59.64			-	
400m		-	4:38.57			-	
200m		-	2:32.82			-	
	, 2010 (14),						-
100m		-	1:00.66			-	
400m		-	5:00.36			-	
200m		-	2:33.70			-	

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, 29. - 31.5.2024

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	, 2011 (13),					
400m		4:58.03	467	4:55.18	98%	-
100m			-	1:14.68	-	
200m			-	2:40.38	-	
	, 2011 (13),					-
400m		5:02.37	447	4:56.03	96%	
100m			-	1:14.95	-	
200m			-	2:47.54	-	
	, 2012 (12),					1
400m		4:48.04	517	4:52.60	103%	
100m			-	1:08.29	-	
200m			-	2:35.61	-	
	, 2010 (14),					-
400m			-	5:07.65	-	
100m			-	1:18.39	-	
200m			-	2:37.36	-	
	, 2011 (13),					-
400m		5:11.10	410	5:03.43	95%	
100m			-	1:22.64	-	
200m			-	2:40.55	-	
	, 2012 (12),					-
400m			-	5:03.99	-	
100m			-	1:12.38	-	
200m			-	2:41.04	-	
	, 2012 (12),					-
100m			-	1:04.60	-	
400m			-	5:06.16	-	
200m			-	2:40.08	-	
	, 2011 (13),					1
100m			-	1:04.92	-	
400m		5:08.76	420	5:09.05	100%	
200m			-	2:46.15	-	
	, 2011 (13),					1
100m			-	1:06.09	-	
400m		5:05.59	433	5:07.54	101%	
200m			-	2:47.50	-	
	, 2010 (14),					-
100m			-	58.40	-	
400m			-	5:02.97	-	
200m			-	2:35.53	-	
	, 2011 (13),					1
400m		5:21.18	373	5:21.64	100%	
100m			-	1:16.52	-	
200m			-	2:53.92	-	
	, 2010 (14),					-
100m			-	1:04.14	-	
400m			-	5:03.00	-	
200m			-	2:42.92	-	
	, 2010 (14),					-
400m			-	4:47.50	-	
100m			-	1:05.50	-	
200m			-	2:30.70	-	
	, 2011 (13),					-
400m		5:05.09	435	5:00.47	97%	
100m			-	1:15.07	-	
200m			-	2:43.92	-	
	, 2010 (14),					-
100m			-	1:05.23	-	
400m			-	4:49.66	-	
200m			-	2:40.00	-	
	, 2011 (13),					1
100m			-	1:05.75	-	
400m		5:04.59	437	5:05.60	101%	
200m			-	2:53.11	-	
	, 2010 (14),					-
100m			-	58.71	-	
400m			-	4:33.04	-	
200m			-	2:21.32	-	
	, 2010 (14),					-
400m			-	4:55.07	-	
100m			-	1:20.35	-	
200m			-	2:42.82	-	
	- , 2012 (12),					1
400m		5:03.89	440	5:10.25	104%	
100m			-	1:14.03	-	
200m			-	2:40.09	-	

, 29. - 31.5.2024

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	, 2010 (14),					-
400m		-	4:58.35	-		
100m		-	1:24.37	-		
200m		-	2:38.43	-		
	, 2010 (14),					-
400m		-	4:48.68	-		
100m		-	1:05.20	-		
200m		-	2:29.33	-		
	, 2011 (13),					-
400m	5:21.20	373	5:11.48	94%		
100m		-	1:12.72	-		
200m		-	2:39.93	-		
	, 2010 (14),					-
100m		-	56.14	-		
400m		-	4:40.00	-		
200m		-	2:22.20	-		
	, 2010 (14),					-
400m		-	4:27.15	-		
100m		-	1:01.00	-		
200m		-	2:18.68	-		
	, 2011 (13),					-
100m		-	1:01.69	-		
400m		-	5:07.83	-		
200m		-	2:40.53	-		
	, 2011 (13),					-
400m	5:04.54	438	5:00.70	97%		
100m		-	1:10.86	-		
200m		-	2:38.82	-		
						1
	, 2011 (13),					1
400m	5:08.18	422	5:12.96	103%		
100m		-	1:11.54	-		
200m		-	2:35.00	-		
	, 2010 (14),					-
100m		-	59.85	-		
400m		-	4:54.15	-		
200m		-	2:39.00	-		
	, 2012 (12),					-
400m		-	5:39.26	-		
100m		-	1:19.35	-		
200m		-	2:56.07	-		
	, 2011 (13),					-
400m		-	4:56.00	-		
100m		-	1:09.00	-		
200m		-	2:45.00	-		
	, 2011 (13),					-
400m		-	7:10.00	-		
100m		-	1:37.00	-		
200m		-	3:24.00	-		
	, 2011 (13),					-
100m		-	1:18.00	-		
400m		-	6:20.00	-		
200m		-	3:12.00	-		
	, 2012 (12),					-
100m		-	1:16.82	-		
400m		-	6:09.89	-		
200m		-	3:10.65	-		
	, 2010 (14),					-
400m		-	4:57.49	-		
100m		-	1:14.00	-		
200m		-	2:31.00	-		
	, 2010 (14),					-
400m		-	5:59.00	-		
100m		-	1:19.00	-		
200m		-	2:45.00	-		
	, 2011 (13),					-
400m		-	5:01.37	-		
100m		-	1:20.70	-		
200m		-	2:38.89	-		
	, 2010 (14),					-
100m		-	1:03.70	-		
400m		-	5:05.00	-		
200m		-	2:45.00	-		

	, 2012 (12),				-
400m		-	5:50.00	-	
100m		-	1:27.00	-	
200m		-	2:55.00	-	
	, 2011 (13),				-
400m		-	5:14.00	-	
100m		-	1:11.00	-	
200m		-	2:45.18	-	
	, 2013 (11),				-
400m		-	6:01.11	-	
100m		-	1:31.64	-	
200m		-	3:12.02	-	
	, 2010 (14),				-
100m		-	55.90	-	
400m		-	4:26.70	-	
200m		-	2:18.70	-	
	, 2010 (14),				-
400m		-	4:56.47	-	
100m		-	1:07.50	-	
200m		-	2:31.87	-	
	, 2011 (13),				-
400m		-	6:35.00	-	
100m		-	1:28.00	-	
200m		-	3:10.00	-	
	, 2013 (11),				-
100m		-	1:12.50	-	
400m		-	5:34.00	-	
200m		-	3:03.00	-	
	, 2012 (12),				-
400m		-	5:41.00	-	
100m		-	1:27.00	-	
200m		-	3:01.00	-	
	, 2010 (14),				-
100m		-	1:04.76	-	
400m		-	5:10.89	-	
200m		-	2:39.21	-	
	, 2011 (13),				-
400m		-	5:34.09	-	
100m		-	1:13.52	-	
200m		-	2:59.24	-	
	, 2011 (13),				-
100m		-	1:02.02	-	
400m		-	5:40.00	-	
200m		-	2:48.00	-	
	, 2011 (13),				-
400m		-	5:38.96	-	
100m		-	1:18.87	-	
200m		-	3:06.22	-	
	, 2012 (12),				-
400m		-	5:09.00	-	
100m		-	1:15.85	-	
200m		-	2:46.85	-	
	, 2011 (13),				-
400m		-	5:38.76	-	
100m		-	1:24.51	-	
200m		-	2:55.31	-	
	, 2012 (12),				-
400m		-	5:30.00	-	
100m		-	1:26.50	-	
200m		-	2:55.00	-	
	, 2011 (13),				-
100m		-	1:04.70	-	
400m		-	5:12.00	-	
200m		-	2:45.00	-	
	, 2010 (14),				-
400m		-	4:47.00	-	
100m		-	1:08.00	-	
200m		-	2:28.00	-	
	, 2011 (13),				-
400m		-	5:16.00	-	
100m		-	1:20.50	-	
200m		-	2:50.00	-	
	, 2011 (13),				-
400m		-	6:40.58	-	
100m		-	1:33.00	-	
200m		-	3:10.00	-	

	, 2011 (13),				-
100m		-	1:04.01	-	
400m		-	4:52.34	-	
200m		-	2:39.78	-	