%						
4040/	4.52.40	402	4.52.72	40	, 2011 (13),	400m
101%	4:53.48 1:11.32	493	4:52.72	10.		400m 100m
101%	2:35.20	489	2:34.58		0044 (40	200m
102%	5:08.05	337	5:04.73	127.	, 2011 (13),	400m
-	1:18.37	-	3.04.73			100m
105%	2:48.88	295	2:44.58	139.	2040 (44	200m
103%	4:46.77	421	4:43.04	38.	, 2010 (14),	400m
-	1:10.23	-				100m
103%	2:25.50	445	2:23.54	18.	, 2010 (14),	200m
96%	5:03.12	321	5:09.77	143.	, 2010 (14),	400m
-	1:09.93	-				100m
105%	2:40.19	342	2:36.69	91.	, 2010 (14),	200m
-	57.36	-			, 2010 (14),	100m
111% 108%	4:59.79	414 427	4:44.69	43.		400m
100%	2:31.28	421	2:25.51	24.	, 2011 (13),	200m
99%	5:27.33	347	5:28.91	100.	, 2011 (10),	400m
-	1:14.81 2:46.39	-				100m 200m
-	2.40.03	-			, 2010 (14),	200111
103%	4:56.97	379	4:53.06	76.	, , ,	400m
- 105%	1:14.87 2:34.33	387	2:30.38	55.		100m 200m
				-	, 2010 (14),	
100%	4:47.31	401	4:47.74	55.		400m
99%	1:08.10 2:32.09	- 371	2:32.51	66.		100m 200m
					, 2012 (12),	
97%	5:44.42 1:21.94	288	5:49.98	132.		400m 100m
-	2:59.66	-				200m
	50.04				, 2010 (14),	100
- 102%	58.01 4:50.47	403	4:47.15	51.		100m 400m
102%	2:34.12	368	2:32.86	70.		200m
<u>-</u>	1.00.04				, 2011 (13),	100
101%	1:02.34 4:42.01	560	4:40.55	3.		100m 400m
106%	2:38.03	497	2:33.78		2044 (42	200m
102%	4:51.80	515	4:48.49	7.	, 2011 (13),	400m
-	1:11.90	-				100m
106%	2:33.50	548	2:28.91		, 2011 (13),	200m
101%	5:21.89	374	5:20.92	80.	, 2011 (13),	400m
-	1:19.46	-				100m
-	2:51.06	-			, 2010 (14),	200m
-	59.01	-			, (,,	100m
96% 106%	4:57.39 2:32.60	341 404	5:03.75 2:28.24	123. 35.		400m 200m
10070	2.02.00				, 2011 (13),	
-	1:09.62	-	5.00.50	70	, ,	100m
101%	5:21.68 2:52.65	375 -	5:20.52	78.		400m 200m
					, 2011 (13),	
103%	4:49.60 1:13.73	410 -	4:45.51	46.		400m 100m
104%	1:13.73 2:32.11	395	2:29.38	44.		200m
					, 2011 (13),	
98%	5:24.80 1:27.21	349	5:28.41	99.		400m 100m

							_
	, 2010 (14),						1
400m		31.	4:41.45	428	4:40.73	99%	
100m				-	1:02.37	-	
200m		8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m		86.	4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m		75.	2:34.02	360	2:34.41	101%	
	, 2010 (14),						2
400m		40.	4:43.35	420	4:47.34	103%	
100m				-	1:02.00	-	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m			2:35.47	481	2:35.78	100%	
	, 2011 (13),						-
100m				-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m				-	2:53.06	-	
	, 2010 (14),						2
400m		130.	5:05.78	334	5:11.54	104%	
100m				-	1:18.86	-	
200m	0044 (40	94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						1
400m		68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m				-	2:41.48	-	
							8
	0040 (40						
	, 2012 (12),						1
100m		50	F-40 CO	-	1:11.43	4040/	
400m		50.	5:10.60	412	5:16.95	104%	
200m	2010 (14			-	2:51.60	-	
100m	, 2010 (14),				56.28		-
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
200	, 2012 (12),	0	2.20.01		2.20.0.	51,70	_
400m	, 2012 (12),	66.	5:17.24	387	5:12.74	97%	_
100m		00.	3.17.24	-	1:20.48	91 76	
200m			2:41.42	430	2:37.03	95%	
200	, 2010 (14),			.00	2.07.00	30,0	_
100m	, 2010 (11),			-	1:01.10	_	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14),						_
400m	, =0.0 (),	62.	4:50.91	388	4:39.55	92%	
100m		02.		-	1:16.99	-	
200m		48.	0.00.05				
	0044 (40)		2:30.05	390		96%	
	. 2011 (13).		2:30.05		2:27.07	96%	1
400m	, 2011 (13),	74.		390	2:27.07		1
400m 100m	, 2011 (13),	74.	2:30.05 5:19.44		2:27.07 5:20.36	96% 101% -	1
400m 100m 200m	, 2011 (13),	74.		390 379	2:27.07		1
100m		74.		390 379	2:27.07 5:20.36 1:13.26	101% -	
100m 200m	, 2011 (13), , 2010 (14),		5:19.44	390 379 - -	2:27.07 5:20.36 1:13.26 2:46.21	101% - -	1
100m		74. 66.		390 379	2:27.07 5:20.36 1:13.26	101% -	
100m 200m 400m	, 2010 (14),		5:19.44	390 379 - - 386	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08	101% - -	
100m 200m 400m 100m	, 2010 (14),	66.	5:19.44 4:51.27	390 379 - - - 386	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68	101% - - - 99%	
100m 200m 400m 100m		66.	5:19.44 4:51.27	390 379 - - - 386	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68	101% - - - 99%	1
100m 200m 400m 100m 200m	, 2010 (14),	66.	5:19.44 4:51.27	390 379 - - - 386 - 387	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54	101% - - - 99% - 100%	1
100m 200m 400m 100m 200m	, 2010 (14), , 2012 (12),	66. 51.	5:19.44 4:51.27 2:30.31	390 379 - - 386 - 387	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16	101% - - 99% - 100%	1
100m 200m 400m 100m 200m 100m 400m	, 2010 (14),	66. 51.	5:19.44 4:51.27 2:30.31	390 379 - 386 - 387 - 415	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42	101% - - 99% - 100%	1
100m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2012 (12),	66. 51. 47.	5:19.44 4:51.27 2:30.31 5:09.90	390 379 - 386 - 387 - 415	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40	101% 99% - 100% - 108% -	1
100m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2012 (12),	66. 51.	5:19.44 4:51.27 2:30.31	390 379 - 386 - 387 - 415	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16	101% - - 99% - 100%	1
100m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	66. 51. 47.	5:19.44 4:51.27 2:30.31 5:09.90	390 379 - 386 - 387 - 415	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40	101% 99% - 100% - 108% -	1
100m 200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2012 (12),	66. 51. 47.	5:19.44 4:51.27 2:30.31 5:09.90	390 379 - 386 - 387 - 415 - 398	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16	101% 99% - 100% - 108% -	1
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	66. 51. 47.	5:19.44 4:51.27 2:30.31 5:09.90	390 379 - 386 - 387 - 415 - 398	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	101% 99% - 100% - 108% -	1
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	66.51.47.62.97.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39	390 379 - 386 - 387 - 415 - 398 - - 359	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25	101% 99% - 100% - 108% 101% - 93%	1
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	66. 51. 47. 62.	5:19.44 4:51.27 2:30.31 5:09.90	390 379 - 386 - 387 - 415 - 398 -	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	101% 99% - 100% - 108% 1018%	1 1 -
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12),	66. 51. 47. 62. 97. 72.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 - 386 - 387 - 415 - 398 - - 359	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25	101% 99% - 100% - 108% 101% - 93% 98%	1
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	66.51.47.62.97.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39	390 379 - 386 - 387 - 415 - 398 - 359 364 459	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	101% 99% - 100% - 108% 101% - 93%	1 1 -
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	66. 51. 47. 62. 97. 72.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 386 387 415 398 359 364 459	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	101% 99% - 100% - 108% 101% 101% 101% 100% - 100%	1 1 -
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14), , 2011 (13),	66. 51. 47. 62. 97. 72.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 - 386 - 387 - 415 - 398 - 359 364 459	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	101% 99% - 100% - 108% 101% - 93% 98%	1 1 -
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14),	66. 51. 47. 62. 97. 72.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47 4:59.81	390 379 - 386 - 387 415 - 398 - 359 364 459	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	101% 99% - 100% - 108% 101% 101% 101% 93% 98% 100%	1 1 -
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14), , 2011 (13),	66. 51. 47. 62. 97. 72.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	390 379 386 387 415 398 359 364 459	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	101% 99% - 100% - 108% 101% 101% 101% 100% - 100%	1 1 -
100m 200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2012 (12), , 2012 (12), , 2010 (14), , 2011 (13),	66. 51. 47. 62. 97. 72.	5:19.44 4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47 4:59.81	390 379 - 386 - 387 415 - 398 - 359 364 459	2:27.07 5:20.36 1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	101% 99% - 100% - 108% 101% 101% 101% 93% 98% 100%	1 1 -

400m								
100m	400m	, 2010 (14),	69	4:52.04	202	4:51 O4	99%	-
, 2010 (14), 400m 10m 18. 4:35.80 455 4:36.00 10 100m 200m , 2012 (12), 40. 2:28.96 388 2:28.50 9 9 120.00			00.	4.52.04			99%	
400m	200m	0040 (44	36.	2:28.34	403	2:28.00	100%	
100m 200m 2012 (12), 40. 2.28.96 398 2.28.50 9 100m 200m 2011 (13), 300m 2010 (14), 300m 30. 3.518.47 390 5.12.93 30. 3.52.24 30. 300m 3.50.200m 3.50.2000m 3	400m	, 2010 (14),	10	4.25 90	AEE	4:36.00	100%	1
, 2012 (12), 400m 100m 200m 2011 (13), 63. 516.47 390 512.90 300m 2010 (14), 512.90 300m 2010 (14), 512.90 300m 2010 (14), 512.90 300m 300m 300m 300m 300m 300m 300m 30			10.	4.33.60			100%	
400m 97. 527.25 363 528.72 10 100m . 2011 (13)	200m	0040440	40.	2:28.96	398	2:28.50	99%	
100m	400m	, 2012 (12),	97	5:27 25	353	5:28 72	101%	1
, 2011 (13), 63. 5:16.47 390 5:12.90 1:11.34 2:200m			31.	3.27.23	-		-	
400m	200m	2011 (12			-	2:52.24	-	
100m	400m	, 2011 (13),	63	5:16.47	300	5:12.00	98%	-
100m			03.	3.10.47	-		-	
100m	200m	0040 (44			-	2:44.44	-	
17. 435.12 459 455.23 459 450.50 9	100m	, 2010 (14),				50.24	<u>-</u>	-
200m			17.	4:35.12			97%	
400m							96%	
100m	400	, 2010 (14),	7-	4.50.00	000	4.50.50	2007	-
200m , 2010 (14), 46. 2:29.60 393 2:29.00 99 400m			75.	4:53.03	380		98%	
400m			46.	2:29.60	393		99%	
100m 200m 7. 2:18.80 492 2:17.73 9 9 1:00.00 9 1:16.50 9 1:00.00 9 1:0	400	, 2010 (14),	4.4	4.00.50	470	1.00.00	4000/	-
7. 2:18.80 492 2:17.73 99 400m , 2011 (13), 89. 5:23.67 364 5:19.00 99 200m			14.	4:32.52			100%	
400m			7.	2:18.80	492		98%	
100m		, 2011 (13),						-
200m , 2011 (13), 100m 400m 108. 2:39.54 324 2:38.50 9 , 2012 (12), 100m 400m 200m , 2010 (14), 100m 400m , 2012 (12), 100m 400m , 2012 (12), 100m 400m , 2010 (14), 100m 400m , 2012 (12), 100m 400m , 2012 (12), 100m 400m , 2012 (12), 100m , 2012 (12), 400m , 2011 (13), 100m , 2011 (13), 100m , 2011 (13), 100m , 2012 (12), 400m , 2011 (13), 100m , 2012 (12), 400m , 2011 (13), 100m			89.	5:23.67			97%	
100m					-		-	
100m								05
100m		2014 (12						25
400m	100m	, 2011 (13),			-	1:01.00	-	-
, 2012 (12), 100m 400m 200m , 2010 (14), 100m 400m 36. 4:42.02 426 4:43.00 200m , 2012 (12), 100m 400m 36. 4:42.02 426 4:43.00 90. 5:24.46 362 5:17.00 90. 5:24.46 362 5:17.00 90. 5:252.00 100m 400m 36. 4:42.02 426 4:43.00 90. 57. 2:30.56 386 2:30.00 90. 57. 2:30.56 386 2:30.00 90. 7. 2012 (12), 100m 400m 144. 5:10.95 318 5:03.00 90. 132. 2:43.49 301 2:45.00 100 , 2012 (12), 400m 100m 65. 5:17.11 388 5:06.00 90. 100m 77. 5:20.22 376 5:17.90 200m 77. 5:20.22 376 5:17.90 200m 77. 5:20.22 376 5:17.90 90. 100m 90	400m				312	5:12.00	99%	
100m	200m	0040 (40	108.	2:39.54	324	2:38.50	99%	
400m	100m	, 2012 (12),			_	1:10 00	<u>-</u>	-
, 2010 (14), 100m 400m 200m , 2012 (12), 100m 400m , 2012 (12), 65. 5:17.11 888 5:06.00 9 100m , 2011 (13), 100m 400m , 2012 (12), 65. 5:17.11 888 5:06.00 9 100m , 2011 (13), 100m , 2011 (13), 100m 400m , 2012 (12), 400m , 2011 (13), 100m 400m , 2012 (12), 400m , 2011 (13), 100m , 2012 (12), 400m , 2013 (12), 400m , 2014 (13), 100m , 2015 (14), 400m , 2010 (14), 400m , 2010 (14), 400m , 2010 (14), 400m , 2011 (13), 100m			90.	5:24.46		5:17.00	95%	
100m	200m	0040 (4.4			-	2:52.00	-	
400m	100m	, 2010 (14),			_	1.01.00	_	1
, 2012 (12), 100m 400m 100m 1144. 5:10.95 318 5:03.00 9 100m , 2012 (12), 400m , 2012 (12), 400m , 2011 (13), 100m 400m 77. 5:20.22 376 5:17.90 9 100m , 2012 (12), 400m 100m , 2012 (12), 400m , 2012 (12), 400m , 2012 (12), 400m , 2011 (13), 100m , 2012 (12), 400m , 2012 (12), 400m , 2011 (13), 104. 5:31.09 340 5:17.90 9 100m , 2010 (14), 400m , 2010 (14), 400m , 2010 (14), 400m , 2011 (13), 100m , 2011 (13),			36.	4:42.02			101%	
100m	200m	0040 (40	57.	2:30.56	386	2:30.00	99%	
400m	100m	, 2012 (12),				1:05.00	<u>-</u>	1
, 2012 (12), 400m 100m 200m 200m 2011 (13), 100m 400m 400m 77. 5:20.22 376 5:17.90 200m 78. 5:31.09 340 5:17.90 99. 5:17.10 100m 100m 100m 100m 100m 100m 100m 1			144.	5:10.95			95%	
400m	200m	0040 (40	132.	2:43.49	301	2:45.00	102%	
100m	400m	, 2012 (12),	65	5.17 11	388	5:06:00	93%	-
, 2011 (13), 100m 400m 400m 77. 5:20.22 376 5:17.90 200m , 2012 (12), 400m 100m 340 5:31.09 340 5:17.90 100m - 1:21.99 200m - 2:49.60 , 2010 (14), 400m 400m 400m 27. 2:26.65 417 2:27.94 100m 100m 100m 100m 100m 27. 2:26.65 417 2:27.94 100m 400m 41. 5:07.47 425 5:15.00			00.	0.17.11			-	
100m	200m	0044 (40			-	2:46.00	-	
400m	100m	, 2011 (13),				1:00.00		-
200m			77.	5:20.22			99%	
400m 104. 5:31.09 340 5:17.90 9 100m - 1:21.99 200m - 2:49.60 , 2010 (14), 400m 89. 4:55.23 371 4:56.38 10 100m - 1:13.64 200m 27. 2:26.65 417 2:27.94 10 , 2011 (13), 100m - 1:05.50 400m 41. 5:07.47 425 5:15.00 10	200m	0040 (40			-	2:49.60	-	
100m	400m	, 2012 (12),	104	5:31.00	340	5:17 00	92%	-
, 2010 (14), 400m			104.	3.31.09			-	
400m 89. 4:55.23 371 4:56.38 10 100m - 1:13.64 200m 27. 2:26.65 417 2:27.94 10 - , 2011 (13), 100m - 1:05.50 400m 41. 5:07.47 425 5:15.00 10	200m	0040 (44			-	2:49.60	-	_
100m	400m	, 2010 (14),	89	4:55.23	371	4:56.38	101%	2
, 2011 (13), 100m - 1:05.50 400m 41. 5:07.47 425 5:15.00 10					-	1:13.64	-	
100m - 1:05.50 400m 41. 5:07.47 425 5:15.00 10	200m	0044 (40	27.	2:26.65	417	2:27.94	102%	
400m 41. 5:07.47 425 5:15.00 10	100m	, 2011 (13),				1:05 50	-	1
200m - 2·46·00			41.	5:07.47			105%	
	200m	2042 (44			-	2:46.00	-	
, 2010 (14), 100m - 59.95	100m	, 2010 (14),			_	59.95	-	-
400m 131. 5:05.83 334 4:54.00 9	400m				334	4:54.00	92%	
	200m						93%	

	, 2010 (14),					-
400m 100m		146.	5:11.13	317 -	5:04.00 1:15.00	95%
200m		79.	2:34.76	355	2:33.00	98%
	, 2011 (13),					-
100m				-	1:05.00	-
400m		43.	5:08.38	421	4:55.00	92%
200m	, 2010 (14),			-	2:47.00	1
400m	, 2010 (14),	105.	4:59.61	355	4:58.00	99%
100m				-	1:18.00	-
200m	2042 (42	81.	2:34.91	354	2:38.35	104%
400m	, 2012 (12),	103.	5:30.30	343	5:26.00	97%
100m		100.	3.30.30	-	1:18.50	-
200m	2242 (44			-	2:54.00	-
100	, 2010 (14),				1,00,00	-
100m 400m		64.	4:51.10	387	1:00.00 4:44.22	- 95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m 100m		96.	4:58.10	360	4:58.00 1:10.00	100%
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12),					1
400m		140.	5:56.43	273	6:00.00	102%
100m 200m				-	1:22.00 3:14.00	- -
200	, 2010 (14),				0.1.1100	1
400m	, (),	19.	4:35.84	455	4:41.90	104%
100m		43.	2:29.07	-	1:06.90	- 99%
200m	, 2011 (13),	43.	2.29.07	397	2:28.50	99%
400m	, == (/,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m	, 2011 (13),		2:35.71	479	2:36.17	101%
400m	, 2011 (13),	79.	4:53.46	378	4:53.00	100%
100m				-	1:09.00	-
200m	2040 (40	138.	2:44.35	296	2:42.00	97%
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	- 97%
100m		120.	3.44.33	302 -	1:25.00	-
200m	0040 (40			-	2:58.00	-
400	, 2012 (12),	00	E-0E E0	250	E-24 00	1020/
400m 100m		92.	5:25.53	358	5:31.00 1:17.50	103%
200m				-	2:57.00	-
	, 2012 (12),					1
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%
200m				-	3:03.74	-
	, 2010 (14),					-
400m		133.	5:05.92	333	4:52.00	91%
100m 200m		151.	2:53.07	254	1:10.00 2:45.00	91%
	, 2012 (12),					1
100m		40	4.50.44	-	1:05.00	-
400m 200m		18.	4:58.44	465 -	5:05.50 2:40.14	105%
200	, 2010 (14),				2	-
400m	, , ,	156.	5:25.52	277	5:20.00	97%
100m 200m		146.	2:47.48	280	1:09.00 2:41.00	- 92%
200111	, 2011 (13),	140.	2.47.40	200	2.41.00	3270
400m	, - (-);	86.	5:21.67	371	5:14.45	96%
100m				-	1:23.21	- -
200m	, 2011 (13),			-	2:43.34	
400m	, 2011 (10),	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	, 2011 (13),			-	2:50.00	-
400m	, 2011 (10),	128.	5:46.63	297	5:30.00	91%
100m				-	1:17.00	-
200m				-	2:53.00	-

	, 2010 (14),					,
100m		20	4.50.00	-	58.79	-
400m		92. 85.	4:56.39 2:35.94	367 347	4:50.00	96% 99%
200m	, 2011 (13),	65.	2.33.94	347	2:35.29	99%
400m	, 2011 (10),	55.	5:11.97	407	5:19.78	105%
100m		33.	0.11.57	-	1:11.45	-
200m				-	2:41.12	-
	, 2012 (12),					
400m		58.	5:13.29	402	5:10.00	98%
100m				-	1:16.00 2:50.00	-
200m	, 2013 (11),			-	2.50.00	<u>-</u>
400m	, 2013 (11),	145.	6:18.95	227	6:02.00	91%
100m		143.	0.10.95	-	1:29.00	-
200m				-	3:10.00	-
	, 2010 (14),					
400m		118.	5:02.37	345	4:56.00	96%
100m		120	0.40.05	-	1:08.00	-
200m	, 2011 (13),	130.	2:42.95	304	2:42.00	99%
400m	, 2011 (13),	22.	5:00.79	454	4:55.76	97%
100m		22.	3.00.79	-	1:10.23	91 /6 -
200m			2:33.98	495	2:35.69	102%
	, 2013 (11),					1
400m		101.	5:29.00	347	5:30.00	101%
100m				-	1:17.00	-
200m	, 2012 (12),			-	2:53.00	- 1
400m	, 2012 (12),	94.	4:56.78	365	5:00.00	102%
100m		54.	4.00.70	-	1:10.50	-
200m		61.	2:31.15	381	2:26.50	94%
	, 2011 (13),					1
100m				-	1:08.00	
400m		70.	5:18.02	384	5:24.00	104%
200m	, 2013 (11),			-	2:47.00	- 1
400m	, 2013 (11),	122.	5:42.96	306	5:43.00	100%
100m		122.	0.42.00	-	1:28.79	-
200m				-	2:59.00	-
	, 2013 (11),					1
100m				-	1:08.00	-
400m 200m		94.	5:26.73	354 -	5:35.00 2:53.00	105%
200111	, 2012 (12),			-	2.33.00	1
400m	, 2012 (12),	109.	5:32.34	337	5:36.00	102%
100m				-	1:22.50	-
200m				-	2:58.00	-
	, 2011 (13),					•
400m		128.	5:04.94	337	4:55.00	94%
100m 200m		121.	2:41.65	- 311	1:09.00 2:35.00	92%
200111	, 2010 (14),	121.	2.41.03	311	2.33.00	9270
400m	,	88.	4:54.94	372	5:00.00	103%
100m				-	1:05.50	-
200m		25.	2:26.50	419	2:27.00	101%
	, 2012 (12),					
100m 400m		61.	5:14.16	399	1:05.90 5:14.00	100%
200m		01.	3.14.10	-	2:46.00	-
200	, 2012 (12),				2. 10.00	1
400m	, - (23.	5:00.84	454	5:00.76	100%
100m					1:15.60	
200m	2040 (44		2:31.56	519	2:34.33	104%
400	, 2010 (14),	454	5 47 00	000	5.00.00	2040/
400m 100m		151.	5:17.63	298	5:20.00 1:11.00	101%
200m		126.	2:42.08	309	2:44.00	102%
-		-			•	
						19
	, 2010 (14),					2
100m	. , ,			-	55.22	-
400m		6.	4:26.99	502	4:32.45	104%
200m		14.	2:22.46	455	2:25.42	104%

			•			
	, 2011 (13),					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m				-	1:22.72	=
200m	, 2012 (12),			-	2:47.38	- -
400m	, 2012 (12),	52.	5:11.42	409	5:11.20	100%
100m				-	1:19.71	-
200m	, 2010 (14),			-	2:45.10	2
400m	, 2010 (14),	21.	4:38.39	443	4:43.78	104%
100m				-	1:15.65	-
200m	2044 (42	31.	2:27.12	413	2:27.24	100%
400m	, 2011 (13),	107.	5:00.11	353	5:02.18	1 101%
100m				-	1:14.97	-
200m	2011 (12	136.	2:44.26	297	2:38.82	93%
100m	, 2011 (13),			_	1:05.00	
400m		56.	5:13.06	403	5:10.00	98%
200m				-	2:48.00	-
400	, 2010 (14),	2	4.47.40	F60	4.40.20	040/
400m 100m		3.	4:17.49	560	4:10.30 1:02.52	94%
200m		10.	2:20.18	478	2:22.10	103%
400	, 2010 (14),				4.04.00	2
100m 400m		65.	4:51.20	387	1:04.00 4:53.44	- 102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					2
400m 100m		1.	4:08.68	621	4:09.73 1:05.00	101%
200m		1.	2:07.95	629	2:13.50	109%
	, 2012 (12),					-
400m		59.	5:13.52	401	5:10.78	98%
100m 200m				-	1:14.00 2:47.46	-
	, 2011 (13),					-
400m		138.	5:06.74	331	5:02.39	97%
100m 200m		122.	2:41.73	- 311	1:13.50 2:40.24	- 98%
200	, 2011 (13),		2	0	2.10.2.	1
100m	, - (- ,,			-	1:11.46	-
400m 200m		32.	5:04.87	436	5:12.37 2:52.37	105%
200111	, 2011 (13),			-	2.32.31	2
400m	, , , , , , , , , , , , , , , , , , , ,	11.	4:53.33	490	4:55.57	102%
100m 200m			2:32.60	509	1:12.97 2:33.78	- 102%
200111	, 2011 (13),		2.32.00	309	2.33.70	102%
400m	, 2011 (10),	53.	5:11.69	408	5:24.16	108%
100m				-	1:15.63	÷
200m	, 2010 (14),			-	2:45.16	-
400m	, 2010 (14),	80.	4:53.47	378	4:53.24	100%
100m				-	1:09.17	-
100	, 2010 (14),				4:00.40	2
100m 400m		61.	4:50.80	388	1:02.18 5:00.24	- 107%
200m		93.	2:37.15	339	2:41.49	106%
	, 2011 (13),					-
400m 100m		106.	5:31.72	339	5:18.20 1:15.73	92%
200m				-	2:40.40	-
	, 2010 (14),					1
100m		27	4.42.07	-	1:00.20	4020/
400m 200m		37. 63.	4:42.97 2:31.60	422 378	4:46.76 2:29.33	103% 97%
	, 2011 (13),		-			1
100m	•		. ·	-	1:05.89	-
400m 200m		64.	5:17.06	388	5:20.16 2:51.94	102% -
200111	, 2011 (13),					1
400m	, (- /)	48.	5:10.11	414	5:12.44	102%
100m				-	1:15.06 2:46.53	- -
200m				-	2:46.53	-

	, 2011 (13),							1
400m		82.	4:53.81	377	4:51.26		98%	
100m		7.4	0.00.00	-	1:04.54		-	
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	
100	, 2012 (12),				1.04.74			-
100m 200m				- -	1:24.71 2:41.68		-	
	, 2010 (14),							_
400m	, 2010 (11),	12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m				-	1:04.92	29.03.2024	-	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	_
400	, 2010 (14),				4040=	0.5.04.0004	4000/	2
400m		4.	4:18.37	554	4:21.07 1:02.09	25.04.2024 26.04.2024	102%	
100m 200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m	, == := (:=),			-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	0040 (44			-	3:03.57		-	
400	, 2010 (14),				50.54	00.04.0004		-
100m 400m		8.	4:28.25	- 495	56.54 4:22.37	26.04.2024 25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m	, (-	1:01.04		-	
400m		100.	4:58.66	358	4:58.23		100%	
200m	2044 (42	53.	2:30.35	387	2:32.38		103%	4
100m	, 2011 (13),			-	1.11 62		_	1
400m		119.	5:39.67	315	1:11.63 5:41.67		101%	
200m		110.	0.00.01	-	2:57.97		-	
	, 2011 (13),							-
100m				-	1:07.27		-	
400m		69.	5:17.47	386	5:16.74		100%	
200m	0040 (4.4			-	2:48.80		-	
400	, 2010 (14),	70	4.50.05	202	4.50.00		000/	-
400m 100m		70.	4:52.05	383	4:50.62 1:04.31		99%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							-
400m		39.	5:06.09	431	5:03.05		98%	
100m				-	1:09.13		-	
200m	2011 (12			-	2:42.47		-	4
400m	, 2011 (13),	75.	5:19.74	378	5:25.39	24.04.2024	104%	1
100m		70.	5.15.74	-	1:15.43	26.04.2024	-	
200m				-	2:44.59	22.06.2023	-	
	, 2010 (14),							2
100m		100		-	1:02.92	26.04.2024	-	
400m 200m		126. 87.	5:04.59 2:36.19	338 345	5:07.80 2:40.35	25.04.2024 24.04.2024	102% 105%	
200111	, 2011 (13),	07.	2.50.15	0-10	2.40.00	24.04.2024	10070	2
400m	, 2011 (10),	58.	4:48.95	396	4:55.65	25.04.2024	105%	_
100m				-	1:20.23	26.04.2024	-	
200m	0044 (40	59.	2:30.99	382	2:33.67	24.04.2024	104%	
400	, 2011 (13),				4 00 05	00.04.0004		-
100m 400m		95.	4:56.87	- 365	1:03.95 4:53.13	26.04.2024 25.04.2024	- 97%	
400111	, 2011 (13),	33.	4.30.07	303	4.55.15	20.04.2024	31 70	_
400m	, 2011 (10),	67.	5:17.33	387	5:12.70		97%	
100m				-	1:13.24		-	
200m				-	2:41.91		-	
	, 2010 (14),							1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%	
100m 200m		99.	2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	102%	
200111	, 2011 (13),		000			2 3 1.2024	102/0	_
400m	, _0 (.0),	57.	5:13.27	402	5:07.61		96%	
100m				-	1:18.86		-	
200m	0040 (44			-	2:43.95		-	_
400	, 2010 (14),				4:00.00	06.04.0004		2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11	20.07.2024	102%	
				-	-			

400m	, 2010 (14),	99.	4:58.54	359	4:56.78		99%	1
100m				-	1:12.94		-	
200m	, 2011 (13),	89.	2:36.50	343	2:39.46		104%	2
400m	, - (- //	120.	5:02.84	344	5:06.52		102%	
100m 200m		97.	2:37.63	336	1:20.24 2:41.51		105%	
400	, 2011 (13),	00	5.40.74	100	5 44 05		000/	-
400m 100m		60.	5:13.71	400	5:11.05 1:11.42		98%	
200m	, 2011 (13),			-	2:44.78		-	1
100m	, 2011 (13),			-	1:00.75	26.04.2024	-	
400m 200m		102. 68.	4:58.95 2:32.62	357 370	4:55.91 2:35.06	25.04.2024 24.04.2024	98% 103%	
	, 2010 (14),							1
400m 100m		50.	4:47.03	404 -	4:45.58 1:07.57		99%	
200m	2040 (44	19.	2:23.66	444	2:23.78		100%	
100m	, 2010 (14),			-	1:02.09		_	-
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
200111	, 2012 (12),	93.	2.37.40	331	2.55.75		3070	-
100m 400m		73.	5:18.55	382	1:06.45 5:15.39		- 98%	
200m	0044 (40	70.	0.10.00	-	2:50.71		-	
100m	, 2011 (13),			-	1:00.60		_	1
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
200111	, 2011 (13),	115.	2.40.90	310	2.44.00		104%	1
100m 400m		9.	4:52.11	- 496	1:05.45 4:58.56	26.04.2024 24.04.2024	- 104%	
200m		0.	4.02.11	-	2:44.93	25.04.2024	-	
400m	, 2012 (12),	155.	5:24.45	279	5:10.60	25.04.2024	92%	-
100m		147.	2:47.94	278	1:22.81 2:47.64	26.04.2024 24.04.2024	-	
200m	, 2010 (14),	147.	2.47.94	210	2.47.04	24.04.2024	100%	1
400m 100m		137.	5:06.69	331	5:15.13 1:20.61	25.04.2024 28.03.2024	106%	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
400m	, 2011 (13),	113.	5:35.23	328	5:24.88		94%	-
100m 200m				-	1:21.65		-	
200111	, 2010 (14),			-	2:52.72		-	2
400m 100m		33.	4:41.84	427	4:48.82 1:17.47		105%	
200m		29.	2:26.83	416	2:32.09		107%	
400m	, 2010 (14),	60.	4:50.43	390	4:52.60		101%	1
100m				-	1:12.58		-	
200m	, 2012 (12),	69.	2:32.69	370	2:27.60		93%	2
100m 400m	, , ,	57.	4:48.75	- 397	1:04.40 4:55.47	28.03.2024 25.04.2024	- 105%	
200m		102.	2:38.56	330	2:41.13	24.04.2024	103%	
400m	, 2010 (14),	9.	4:28.37	494	4:26.36		99%	1
100m				-	1:01.56		-	
200m	, 2011 (13),	3.	2:15.53	529	2:16.53		101%	1
400m	·	85.	5:21.42	372	5:19.67		99%	
100m 200m			2:37.58	462	1:12.01 2:38.51		101%	
400m	, 2010 (14)		1.17 61	404	1·17 E0		1000/	-
400m 100m		54.	4:47.64	401 -	4:47.50 1:12.80		100%	
200m	, 2011 (13),	22.	2:25.16	430	2:22.60		97%	_
400m	,	87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		-	

	2042 (42							
100m	, 2012 (12),			_	1:03.95	26.04.2024	-	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	0040440			-	2:42.67		-	
400	, 2012 (12),	400	5 50 0 7	070	0.00.07	04.04.0004	4040/	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m		40	5-40.45	-	1:06.87		4050/	
400m 200m		49.	5:10.15	414 -	5:17.13 2:41.97		105%	
	, 2011 (13),							2
100m	, , , ,			-	1:04.58		-	
400m 200m		109. 117.	5:00.25 2:41.17	353 314	5:01.18 2:41.79	25.04.2024 24.04.2024	101% 101%	
200111	, 2011 (13),	117.	2.41.17	314	2.41.73	24.04.2024	10176	_
400m	, ==::(:= /,	91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m	2011 (12			-	2:53.69		-	
400m	, 2011 (13),	153.	5:22.37	285	5:13.38		95%	-
100m		100.	0.22.07	-	1:28.91		-	
200m	2244 (42	149.	2:49.23	271	2:44.49		94%	
400m	, 2011 (13),	24.	5.04.70	450	E:02 2E		101%	1
400m		24.	5:01.70	450	5:03.35 1:07.74		101%	
200m				-	2:39.68		-	
	, 2012 (12),							-
400m 100m		138.	5:54.90	276	5:54.14 1:21.59	24.04.2024 26.04.2024	100%	
200m				-	3:02.87	25.04.2024	-	
	, 2010 (14),							1
100m				-	54.12		-	
400m 200m		2. 2.	4:15.42 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14),	۷.	2.12.00	301	2.12.70		10070	1
400m	, == := (:: /,	42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m		40	0.04.70	-	1:09.79	26.04.2024	4000/	
200m	, 2013 (11),	13.	2:21.78	462	2:23.12	24.04.2024	102%	1
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	'
100m			0.02	-	1:34.94		-	
200m	2044 (42			-	2:56.62		-	4
400m	, 2011 (13),	105.	5:31.45	339	5:32.47		101%	1
100m		100.	0.01.40	-	1:25.17		-	
200m				-	2:55.64		-	
400	, 2012 (12),							-
400m 100m		112.	5:35.22	328	5:29.56 1:22.25	24.04.2024 26.04.2024	97%	
200m				-	3:05.11	25.04.2024	-	
	, 2011 (13),							-
400m 100m		71.	5:18.19	384	5:14.84 1:22.53	23.11.2023 23.11.2023	98%	
200m				-	2:43.30	25.04.2024	-	
	, 2012 (12),							-
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m				-	1:15.63 2:45.78	26.04.2024 25.04.2024	-	
200111	, 2012 (12),				2.10.70	20.0 1.202 1		1
400m	, , , , , , , , , , , , , , , , , , , ,	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14),			-	2:49.88	25.04.2024	-	2
100m	, 20.0 (),			-	1:02.55		-	_
400m		52.	4:47.24	403	4:49.66		102%	
200m	2011 (12	84.	2:35.53	350	2:38.32		104%	
100m	, 2011 (13),			_	1:03.13	26.04.2024	_	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	0040 (40			-	2:39.16	25.04.2024	-	
400m	, 2012 (12),	98.	5:28.19	350	5:20.04		102%	1
400m		30.	3.20.19		5:30.94 1:15.24		10270	
200m				-	2:51.65		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	1
100m				-	1:22.27		-	
200m	0040 (40			-	2:40.76		-	
400	, 2012 (12),	400	F-F0 0F	204	F.F0.00		4000/	1
400m 100m		136.	5:52.85	281	5:58.66 1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14),							-
100m		400	5.05.00	-	1:05.38	26.04.2024	-	
400m 200m		160. 144.	5:35.23 2:46.90	253 283	5:34.20 2:46.19	25.04.2024 24.04.2024	99% 99%	
	, 2010 (14),							1
400m	, (, , ,	27.	4:40.00	435	4:46.52		105%	
100m		20	2,26.74	-	1:04.59		- 070/	
200m	, 2012 (12),	28.	2:26.71	417	2:24.49		97%	_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2044 (42			-	2:50.20	25.04.2024	-	4
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	1
100m		111.	3.34.33	-	1:18.51	26.04.2024	107 /6	
200m				-	3:02.43	25.04.2024	-	
	, 2010 (14),							2
400m 100m		154.	5:22.85	284	5:35.50 1:15.19	25.04.2024 26.04.2024	108%	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m		40	45405	-	1:04.60	26.10.2023	-	
400m 200m		13.	4:54.85 2:34.91	482 486	4:52.83 2:34.71	24.04.2024 22.11.2023	99% 100%	
200111	, 2011 (13),		2.04.01	400	2.04.71	22.11.2020	10070	1
100m	, - (- ,,			-	1:18.22	24.11.2023	-	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	, 2011 (13),			-	2:59.25	25.04.2024	-	1
100m	, 2011 (13),			_	1:01.70		_	
400m		39.	4:43.10	421	4:42.00		99%	
200m	0040444	110.	2:39.84	322	2:42.00		103%	
400	, 2010 (14),	25	4.44 00	426	4.40.00		000/	-
400m 100m		35.	4:41.88	426	4:40.20 1:08.47		99%	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							-
400m 100m		73.	4:52.60	381	4:50.48 1:08.99		99%	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m 200m				-	1:17.03 2:56.19		-	
200	, 2010 (14),				2.001.0			2
100m				-	59.64		-	
400m 200m		29. 16.	4:41.14 2:22.56	430 454	4:51.18 2:25.57		107% 104%	
200111	, 2011 (13),	10.	2.22.30	404	2.23.31		10470	1
400m	, 2011 (10),	30.	5:04.55	438	5:16.65	24.04.2024	108%	•
100m				-	1:19.49	26.04.2024	-	
200m	, 2010 (14),			-	2:39.45	25.04.2024	-	1
400m	, 2010 (14),	145.	5:11.00	317	5:02.94		95%	'
100m				-	1:11.66		-	
200m	2042 (42	120.	2:41.59	312	2:42.38		101%	
400m	, 2012 (12),	114.	5:01.82	347	5:00.14	25.04.2024	99%	-
400m		117.	5.01.02	- -	1:20.97	26.04.2024	99%	
	, 2010 (14),							2
100m				-	1:04.73	28.03.2024	_	
400m 200m		84. 103.	4:54.55 2:38.60	374 330	4:56.66 2:45.39	27.03.2024 16.06.2023	101% 109%	
_00111	, 2011 (13),	100.		555	10.00	. 5.55.2520	10070	_
400m	, == : (:0 /)	46.	5:09.47	417	5:05.80		98%	
100m				-	1:11.00		-	
200m				-	2:39.70		-	

100m				-	55.65	26.04.2024	_
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%
	, 2010 (14),						
100m	, (132.	5:05.85	334	5:04.79		99%
00m		.02.	0.00.00	-	1:14.56		-
00m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14),						
00m	,,			_	1:04.13		_
-00m		121.	5:03.26	342	4:53.89		94%
200m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13),						
-00m	, ==::(:=),	134.	5:06.22	332	5:03.36	25.04.2024	98%
00m		101.	0.00.22	-	1:11.34	26.04.2024	-
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11),						
100m	, == (: :),	144.	6:15.17	234	6:23.56	24.04.2024	105%
00m					1:38.18	26.04.2024	-
:00m				-	3:46.50	06.12.2023	-
	, 2011 (13),						
00m	, 2011 (10),			_	1:06.34		_
00m		117.	5:02.29	346	5:06.72		103%
00m		123.	2:41.79	311	2:43.15		102%
	, 2011 (13),	120.		311	2. 70. 10		.0270
00m	, 2011 (10),			-	1:06.69	07.12.2023	_
00m		136.	5:06.37	332	5:15.49	27.03.2024	106%
:00m		130. 129.	2:42.90	304	2:50.21	24.04.2024	109%
	, 2010 (14),	0.				!	.5576
-00m	, 2010 (14),	23.	4:38.83	441	4:40.20	25.04.2024	101%
00m		۷۵.	7.30.03	-1-1 l -	1:03.07	26.04.2024	10170
	, 2011 (13),				1.55.07	20.01.2027	
00	, 2011 (13),				1.00 10		
00m 00m		25.	4:39.41	438	1:00.12 4:43.97		103%
JUIII	2014 (42 \	۷۵.	7.00.71	700	7.75.31		103/0
00-	, 2011 (13),	450	F.4F.01	000	F 47 00	05.04.000	40404
00m		150.	5:15.84	303	5:17.90	25.04.2024	101%
00m 00m		142.	2:45.74	289	1:15.34 2:48.64	26.04.2024	104%
JUIII	2010 (14	144.	2.43.14	209	∠.40.04	24.04.2024	104%
00-	, 2010 (14),	00	4.54.45	o 7 -	F 44	00.44.0000	44601
00m		83.	4:54.17	375	5:11.10 1:10.36	23.11.2023	112%
00m !00m		80.	2:34.81	- 355	1:10.36 NT		-
JUIII	, 2010 (14),	ου.	۵.۵4.0۱	300	INI		-
00m	, 2010 (14),			_	59.62	26.04.2024	-
00m		49.	4:46.80	405	4:37.90	25.04.2024	94%
00m		49. 33.	2:27.57	405 410	4:37.90 2:27.45	24.04.2024	100%
00111	2012 (12)	55.	2.21.01	710	2.21.70	27.07.2027	10070
00m	, 2012 (12),	440	E-04 07	224	E-00 57		050/
00m		110.	5:34.37	331	5:26.57		95%
00m 00m				-	1:20.12 2:54.00		-
00m	, 2011 (13),			-	2.34.00		-
00m	, 2011 (13),				1:00.03		
00m		22	1.11 01	- 427	1:00.03		4049/
00m 00m		33. 83.	4:41.84 2:35.11	427 353	4:42.88 2:33.34		101% 98%
JUIII	2011 (12 \	თ.	۵.۵۵.۱۱	333	2.33.34		3070
00	, 2011 (13),				50.44		
00m		0	A-52 02	- 496	59.14 4:49.86		90%
00m		8.	4:52.02	496 555	4:49.86		99%
00m	, 2012 (12),		2:28.25	555	2:29.93		102%
00	, 2012 (12),	440	E-20 04	040	E. 47.70	24.04.0004	4050/
00m		118.	5:39.24	316	5:47.72	24.04.2024	105%
00m 00m				-	1:21.52 3:01.82	26.04.2024 25.04.2024	-
00111	2011 /12			-	0.01.02	20.07.2027	-
00-	, 2011 (13),		4.00.01	F00	4 40 :=	04.04.000	10001
00m		1.	4:36.01	588	4:40.15	24.04.2024	103%
00m			2.20.60	- 520	1:05.31	26.04.2024	1020/
00m	2044 (42		2:29.68	539	2:31.57	25.04.2024	103%
	, 2011 (13),						
-00m		110.	5:00.43	352	5:00.56		100%
00m		40-	0.00==	-	1:10.64		-
00m	0040/44	109.	2:39.77	323	2:39.17		99%
	, 2010 (14),						
		106.	4:59.83	354	5:03.85		103%
00m							
00m 00m 00m		92.	2:36.85	- 341	1:09.98 2:39.94		- 104%

	, 2010 (14),							2
100m				-	58.78		-	
400m		13.	4:31.82	476	4:47.67		112%	
200m	, 2011 (13),	32.	2:27.18	413	2:33.74		109%	1
400	, 2011 (13),	70	E-20 72	275	F-20 06	27.02.2024	4000/	1
400m 100m		79.	5:20.72	375	5:29.96 1:27.32	27.03.2024 26.04.2024	106%	
200m				_	2:52.36	25.04.2024	_	
	, 2011 (13),							_
400m	, ==::(:= /,	141.	5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m	0044 (40			-	1:08.42		-	_
	, 2011 (13),							2
100m 400m		101.	4:58.80	358	1:05.35 4:59.54	26.04.2024 25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
200111	, 2010 (14),	100.		200	2.10.01	21.01.2021	10070	1
400m	, =0:0(:: /,	28.	4:40.52	433	4:43.30		102%	•
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13),							1
400m		124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m	, 2012 (12),			-	2:57.06		-	
400m	, 2012 (12),	38.	5:05.99	431	5:00.22		96%	-
100m		30.	3.03.99	-51	1:13.94		3070	
200m				-	2:41.99		-	
	, 2013 (11),							1
400m		96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				=	1:17.86	26.04.2024	-	
200m				-	2:59.30		-	
	, 2011 (13),							1
400m 100m		4.	4:40.74	559	4:37.71 1:04.81		98%	
200m			2:27.56	563	2:27.89		100%	
	, 2010 (14),							1
100m				-	1:08.86	26.04.2024	-	
400m		159.	5:30.87	263	5:34.76	25.04.2024	102%	
200m	0040/44	152.	2:57.84	234	2:37.96		79%	_
400	, 2010 (14),				4 = 0 00		4000/	2
400m 100m		72.	4:52.50	382	4:52.68 1:18.06		100%	
200m		52.	2:30.33	387	2:31.09		101%	
200111	, 2010 (14),	<i>32.</i>	2.50.55	307	2.01.00		10170	1
100m	, =0.0 (),			-	59.59		_	•
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							-
100m				-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	0044 (40		2:33.20	503	2:31.66	25.04.2024	98%	_
400	, 2011 (13),		4 00 00	-74	4 40 40	04.04.0004	4040/	2
400m 100m		2.	4:38.68	571	4:40.10 1:12.77	24.04.2024 23.11.2023	101%	
200m			2:22.53	624	2:24.20	25.04.2024	102%	
	, 2012 (12),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m				-	2:56.24	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:02.61	05.10.2023		
400m 200m		15.	4:55.46 2:33.61	479 499	4:50.73 2:33.58	24.04.2024 25.04.2024	97% 100%	
200111	, 2010 (14),		2.00.01	+33	2.00.00	20.07.2024	10070	1
400m	, 2010 (14),	158.	5:30.09	265	5:30.90	25.04.2024	100%	1
100m		100.	5.55.63	-	1:13.92	26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14),							1
400m		85.	4:54.88	372	4:48.30		96%	
100m		20	2.20 77	-	1:05.77		1000/	
200m		39.	2:28.77	400	2:30.91		103%	

	, 2011 (13),							2
100m				-	1:03.15		-	
400m		19.	4:58.75	464	5:01.84		102%	
200m	, 2011 (13),		2:34.95	486	2:36.98		103%	2
400m	, 2011 (10),	12.	4:54.60	483	4:56.36	24.04.2024	101%	_
100m		12.	4.04.00	-	1:11.76	26.04.2024	-	
200m			2:34.85	487	2:37.06	25.04.2024	103%	
	, 2011 (13),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m 200m		56.	2:30.47	386	1:06.88 2:34.49		105%	
200111	, 2010 (14),	50.	2.30.47	300	2.54.43		10376	_
100m	, 2010 (14),			-	1:00.40		_	
400m		32.	4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	
	, 2012 (12),							1
400m		130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m 200m				-	1:31.39 3:00.67	28.03.2024 25.04.2024	-	
200111	, 2011 (13),				0.00.01	20.0 1.202 1		_
100m	, 2011 (10),			-	1:10.37		_	
400m		163.	5:43.56	235	5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							-
400m		35.	5:05.10	435	5:02.99 1:22.25		99%	
100m 200m				-	2:47.42		-	
	, 2012 (12),							_
100m	, == (-= /,			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m	0040 (40			-	2:49.79		-	
400	, 2012 (12),	400	F-F0 74	000	0:04.40	04.04.0004	4000/	1
400m 100m		133.	5:50.71	286 -	6:01.10 1:15.81	24.04.2024 26.04.2024	106% -	
200m				-	2:57.50	25.04.2024	-	
	, 2010 (14),							-
400m	, , , , , , , , , , , , , , , , , , , ,	68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m				-	1:18.29	06.10.2023	-	
200m	0044 (40	62.	2:31.24	380	2:29.25	24.04.2024	97%	
400	, 2011 (13),				4:40.04			-
100m 200m		153.	3:00.95	222	1:16.04 2:48.79		87%	
	, 2010 (14),							_
100m	, == := (:: /,			-	1:01.60		-	
400m		119.	5:02.76	344	5:02.70		100%	
200m	2042 (42	100.	2:38.04	333	2:35.00		96%	4
100	, 2012 (12),				1.15.04			1
100m 400m		131.	5:49.82	289	1:15.24 6:01.03		- 107%	
200m		101.	0.40.02	-	3:11.37		-	
	, 2011 (13),							-
400m		33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m	, 2011 (13),			-	2:42.00		-	_
400m	, 2011 (13),	36.	5:05.26	435	5:03.43	24.04.2024	99%	-
100m		00.	0.00.20	-	1:10.18	26.04.2024	-	
200m				-	2:42.57	25.04.2024	-	
	, 2010 (14),							-
400m		15.	4:32.87	470	4:31.67		99%	
100m	2011 (12			-	1:02.45		-	4
100m	, 2011 (13),			-	59.64			1
400m		30.	4:41.18	430	4:38.57		98%	
200m		54.	2:30.36	387	2:32.82		103%	
	, 2010 (14),							2
100m				-	1:00.66		-	
400m		56.	4:47.79 2:31.10	401 381	5:00.36 2:33.70		109% 103%	
200m	, 2011 (13),	60.	2.31.10	381	2:33.70		103%	_
400m	, 2011 (10),	48.	4:46.42	406	4:45.95	25.04.2024	100%	_
100m			- -	-	1:13.57	26.04.2024	-	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	

	, 2010 (14),							_
400m	, 2010 (14),	44.	4:44.83	413	4:40.19	25.04.2024	97%	
100m				-	1:07.31	26.04.2024	-	
200m	2044 (42	30.	2:27.05	414	2:25.73	24.04.2024	98%	
400	, 2011 (13),				4.00.00			1
100m 400m		40.	5:06.89	428	1:06.33 5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m 200m			2:38.14	- 457	1:08.96 2:34.65		96%	
	, 2010 (14),							2
400m	, (),	115.	5:01.95	347	5:05.04		102%	
100m				-	1:16.06		-	
200m	, 2010 (14),	49.	2:30.09	389	2:32.15		103%	1
400m	, 2010 (14),	26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m				-	1:06.71	26.04.2024	-	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
400	, 2012 (12),	400	5 40 7 5	000	5.54.50	04.04.0004	4050/	1
400m 100m		129.	5:46.75	296	5:54.58 1:35.68	24.04.2024 26.04.2024	105%	
200m				-	3:02.58	25.04.2024	-	
	, 2010 (14),							1
400m		77.	4:53.13	379	4:56.26		102%	
100m 200m		67.	2:32.53	371	1:06.63 2:31.67		99%	
	, 2012 (12),							1
400m	, - (117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	, 2012 (12),			-	3:06.71		-	1
100m	, 2012 (12),			-	1:15.15		-	
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m	2040 (44			-	3:09.62	25.04.2024	-	_
400m	, 2010 (14),	22.	4.20 72	441	1.46.60		1069/	2
400m 100m		22.	4:38.72	441 -	4:46.63 1:06.13		106% -	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m 100m		142.	6:03.54	257	6:05.68 1:34.62	27.03.2024 28.03.2024	101%	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							2
400m		93.	4:56.44	367	5:05.89		106%	
100m 200m		73.	2:33.76	362	1:11.00 2:42.86		- 112%	
200111	, 2010 (14),	73.	2.33.70	302	2.42.00		112/0	_
400m	, 2010 (14),	90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m				-	1:09.85	26.04.2024	-	
200m	2042 (44	65.	2:32.39	372	2:29.44	24.04.2024	96%	4
400m	, 2013 (11),	143.	6:08.41	247	6:15.63		104%	1
100m		170.	5.00.71	-	1:27.90		10 -1 /0 -	
200m				-	3:02.71		-	
100	, 2010 (14),				4.0=.00	00.04.000		1
100m 400m		129.	5:05.00	337	1:07.36 5:03.09	26.04.2024 25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								19
400	, 2011 (13),		4	405	4 00		4055	2
400m 100m		11.	4:30.41	483	4:32.58 1:02.61		102%	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							-
400m	, ,,,	71.	4:52.10	383	4:46.20		96%	
100m 200m		64.	2:31.85	376	1:17.05 2:29.55		- 97%	
200111	, 2011 (13),	04.	2.31.03	310	2.23.33		31 /0	_
400m	, _3 (/,	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m				-	2:40.38		-	

	, 2011 (13),					-
400m		25.	5:02.37	447	4:56.03	96%
100m				-	1:14.95	-
200m	2012 (12			-	2:47.54	-
100	, 2012 (12),		4 40 04	547	4.50.00	1
400m 100m		6.	4:48.04	517 -	4:52.60 1:08.29	103%
200m			2:37.44	463	2:35.61	98%
200111	, 2010 (14),		2.07.11	100	2.00.01	=
400m	, 2010 (11),	149.	5:15.19	305	5:07.65	95%
100m				-	1:18.39	-
200m		107.	2:39.51	324	2:37.36	97%
	, 2011 (13),					-
400m		51.	5:11.10	410	5:03.43	95%
100m				-	1:22.64	-
200m	, 2012 (12),			-	2:40.55	- 1
400m	, 2012 (12),	113.	5:01.32	349	5:03.99	102%
100m		110.	0.01.02	-	1:12.38	-
200m		119.	2:41.52	312	2:41.04	99%
	, 2012 (12),					-
100m				-	1:04.60	-
400m		135.	5:06.31	332	5:06.16	100%
200m	2011 (12	137.	2:44.31	297	2:40.08	95%
100m	, 2011 (13),				1:04.92	1
100m 400m		45.	5:08.76	420	5:09.05	100%
200m		40.	3.00.70	-	2:46.15	-
	, 2011 (13),					1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:06.09	-
400m		37.	5:05.59	433	5:07.54	101%
200m	2040 (44			-	2:47.50	-
100	, 2010 (14),				EQ 40	2
100m 400m		81.	4:53.49	378	58.40 5:02.97	107%
200m		76.	2:34.04	360	2:35.53	102%
	, 2011 (13),					1
400m	, == (,,	81.	5:21.18	373	5:21.64	100%
100m				-	1:16.52	-
200m				-	2:53.92	-
	, 2010 (14),					-
100m 400m		140.	5:07.62	328	1:04.14 5:03.00	- 97%
200m		134.	2:44.04	298	2:42.92	99%
200	, 2010 (14),		2	200	22.02	1
400m	, (),	47.	4:46.08	408	4:47.50	101%
100m				-	1:05.50	-
200m		71.	2:33.09	367	2:30.70	97%
	, 2011 (13),					-
400m 100m		34.	5:05.09	435	5:00.47 1:15.07	97%
200m				-	2:43.92	- -
	, 2010 (14),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.23	-
400m		108.	5:00.14	353	4:49.66	93%
200m		150.	2:49.32	271	2:40.00	89%
	, 2011 (13),					1
100m 400m		31.	5:04.59	437	1:05.75 5:05.60	- 101%
200m		31.	3.04.33	-	2:53.11	10176
200	, 2010 (14),				2.00	-
100m	,			-	58.71	-
400m		16.	4:34.10	464	4:33.04	99%
200m		20.	2:23.82	442	2:21.32	97%
400	, 2010 (14),				4 = 5 = 5	-
400m		122.	5:03.53	341	4:55.07	95%
100m 200m		133.	2:43.60	300	1:20.35 2:42.82	99%
y =	- , 2012 (12),			- -	1
400m	, 2012 (12	27.	5:03.89	440	5:10.25	104%
100m			-	-	1:14.03	- -
200m	2212 (1.1			-	2:40.09	=
400	, 2010 (14),		F 00 0-		4.50.05	-
400m		111.	5:00.98	350	4:58.35	98%
100m 200m		128.	2:42.83	305	1:24.37 2:38.43	- 95%
		2.				23,0

	, 2010 (14),						2
400m		53.	4:47.42	402	4:48.68	101%	
100m		00	0.00.50	-	1:05.20	-	
200m	2014 (12	26.	2:26.59	418	2:29.33	104%	
400	, 2011 (13),	00	5.04.00	070	5 44 40	0.407	-
400m 100m		82.	5:21.20	373	5:11.48 1:12.72	94%	
200m				-	2:39.93	- -	
	, 2010 (14),						1
100m	, (-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	_
	, 2010 (14),						2
400m 100m		5.	4:24.28	518 -	4:27.15 1:01.00	102%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.69	-	
400m		86.	4:54.90	372	5:07.83	109%	
200m	0044 (40	113.	2:40.51	318	2:40.53	100%	
400	, 2011 (13),			400		07 0/	-
400m 100m		29.	5:04.54	438	5:00.70 1:10.86	97%	
200m			2:40.75	435	2:38.82	98%	
							26
	, 2011 (13),						1
400m	, , ,	42.	5:08.18	422	5:12.96	103%	
100m				-	1:11.54	-	
200m	0040 (44		2:36.66	470	2:35.00	98%	•
400	, 2010 (14),				50.05		2
100m 400m		74.	4:52.74	381	59.85 4:54.15	- 101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m	0044 (40			-	2:56.07	-	
400	, 2011 (13),	400	4.50.00	257	4.50.00	000/	1
400m 100m		103.	4:59.02	357 -	4:56.00 1:09.00	98%	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m				-	1:37.00	-	
200m	2011 (12			-	3:24.00	=	
100m	, 2011 (13),				1.19.00		-
100m 400m		147.	6:27.11	213	1:18.00 6:20.00	96%	
200m			0.27.11	-	3:12.00	-	
	, 2012 (12),						-
100m	, , , , , , , , , , , , , , , , ,			-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m	2010 (14			-	3:10.65	=	4
400	, 2010 (14),	405	5.00.04	240	4.57.40	000/	1
400m 100m		125.	5:03.94	340	4:57.49 1:14.00	96%	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						1
400m		164.	5:48.93	225	5:59.00	106%	
100m	0044 (40			-	1:19.00	-	_
	, 2011 (13),						2
400m 100m		104.	4:59.22	356	5:01.37 1:20.70	101%	
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14),						1
100m	, (//			-	1:03.70	-	,
400m		124.	5:03.90	340	5:05.00	101%	
200m	0040 (40	145.	2:47.42	280	2:45.00	97%	_
400	, 2012 (12),	100	F. 40 0 *	22.	E.EO 00	10.101	1
400m		123.	5:43.84	304	5:50.00	104%	
100m 200m				-	1:27.00 2:55.00	-	
	, 2011 (13),						1
400m	,	157.	5:28.67	269	5:14.00	91%	•
100m				-	1:11.00	-	
200m		140.	2:44.86	294	2:45.18	100%	

	, 2013 (11),					1
400m	, (),	141.	6:01.09	262	6:01.11	100%
100m				-	1:31.64	-
200m				-	3:12.02	-
	, 2010 (14),					1
100m				-	55.90	-
400m		7.	4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
	, 2010 (14),					1
400m	, , , , , , , , , , , , , , , , , , , ,	98.	4:58.53	359	4:56.47	99%
100m				-	1:07.50	-
200m		38.	2:28.69	400	2:31.87	104%
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	149.	6:42.44	189	6:35.00	96%
100m				-	1:28.00	-
200m				-	3:10.00	-
	, 2013 (11),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:12.50	-
400m		161.	5:40.86	241	5:34.00	96%
200m		156.	3:08.02	198	3:03.00	95%
	, 2012 (12),					-
400m	, == (== /,	162.	5:42.11	238	5:41.00	99%
100m		.02.	0.12	-	1:27.00	-
200m		154.	3:01.61	219	3:01.00	99%
	, 2010 (14),					2
100m	, (),			_	1:04.76	-
400m		142.	5:09.66	322	5:10.89	101%
200m		101.	2:38.47	331	2:39.21	101%
	, 2011 (13),					1
400m	, ==::(:= /,	93.	5:26.72	354	5:34.09	105%
100m		00.	0.202	-	1:13.52	-
200m				-	2:59.24	-
	, 2011 (13),					1
100m	, == (),			_	1:02.02	· ·
400m		88.	5:23.00	367	5:40.00	111%
200m				-	2:48.00	
	, 2011 (13),					_
400m	, 2011 (10),	127.	5:45.02	301	5:38.96	97%
100m		127.	0.10.02	-	1:18.87	
200m				_	3:06.22	- -
	, 2012 (12),					1
400m	, 2012 (12),	139.	5:07.02	330	5:09.00	101%
100m		100.	0.07.02	-	1:15.85	-
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13),					1
400m	, ==::(:= /,	115.	5:35.94	326	5:38.76	102%
100m			0.00.0	-	1:24.51	-
200m				-	2:55.31	-
	, 2012 (12),					_
400m	, 2012 (12),	116.	5:36.39	325	5:30.00	96%
100m		110.	0.00.00	-	1:26.50	-
200m				_	2:55.00	-
	, 2011 (13),					-
100m	, ==::(:= /,			-	1:04.70	-
400m		148.	5:13.61	310	5:12.00	99%
	, 2010 (14),		0	0.0	02.00	1
400m	, 2010 (11),	45.	4:45.43	411	4:47.00	101%
100m		10.	4.40.40	-	1:08.00	-
200m		41.	2:28.99	398	2:28.00	99%
	, 2011 (13),					1
400m	, 2011 (10),	152.	5:22.32	285	5:16.00	96%
100m		132.	3.22.32	200	1:20.50	9076
200m		143.	2:46.56	285	2:50.00	104%
200	, 2011 (13),		2	200	2.00.00	1
400m	, 2011 (10),	1.10	6.25.76	100	6:40 E9	
400m 100m		148.	6:35.76	199 -	6:40.58 1:33.00	102%
200m				-	3:10.00	- -
200111	, 2011 (13),			-	3.13.00	2
100m	, 2011 (10),			_	1:04.01	-
400m		67.	4:51.62	385	4:52.34	100%
200m		105.	2:38.77	329	2:39.78	101%