						%
						%
	, 2011 (13),					
100m	, ==::(:= /,	10.	4:52.72	493	4:53.48	101%
100m				-	1:11.32	-
200m	0044/40			-	2:35.20	-
100	, 2011 (13),				5.00.05	
100m				-	5:08.05	-
100m 200m		139.	2:44.58	295	1:18.37 2:48.88	105%
	, 2010 (14),			200	2. 10.00	10070
100m	, 2010 (11),			-	4:46.77	-
00m				-	1:10.23	-
200m		18.	2:23.54	445	2:25.50	103%
	, 2010 (14),					
100m 100m				-	5:03.12 1:09.93	-
200m		91.	2:36.69	342	2:40.19	105%
	, 2010 (14),	01.		312		10070
100m	, (, ,			-	57.36	-
100m				<u>-</u>	4:59.79	-
200m	0044 (42	24.	2:25.51	427	2:31.28	108%
100	, 2011 (13),	400	5.00.07	c -=	5.07.00	20
100m 100m		100.	5:28.91	347	5:27.33 1:14.81	99%
200m				_	2:46.39	-
	, 2010 (14),					
100m	, , , , , , , , , , , , , , , , , , , ,			-	4:56.97	-
00m					1:14.87	-
200m	0040 (44	55.	2:30.38	387	2:34.33	105%
100	, 2010 (14),				4.47.04	
00m 00m				-	4:47.31 1:08.10	-
200m		66.	2:32.51	371	2:32.09	99%
	, 2012 (12),					
100m	, , , , , , , , , , , , , , , , , , , ,	132.	5:49.98	288	5:44.42	97%
00m				-	1:21.94	-
200m	2040 (4.4			-	2:59.66	-
00m	, 2010 (14),				58.01	
100m				-	4:50.47	-
200m		70.	2:32.86	368	2:34.12	102%
	, 2011 (13),					
00m				-	1:02.34	-
100m		3.	4:40.55	560	4:42.01 2:38.03	101%
200m	, 2011 (13),			-	2.36.03	-
100m	, 2011 (10),	7.	4:48.49	515	4:51.80	102%
00m				-	1:11.90	10270
200m				-	2:33.50	-
	, 2011 (13),					
100m		80.	5:20.92	374	5:21.89	101%
00m 200m				-	1:19.46 2:51.06	-
.00111	, 2010 (14),				2.01.00	
00m	, == (),			-	59.01	=
100m				-	4:57.39	-
200m		35.	2:28.24	404	2:32.60	106%
	, 2011 (13),				4.00.00	
		70	5:20.52	- 375	1:09.62 5:21.68	- 101%
00m			J.ZU.JZ			
00m l00m		78.		-	2:52 65	-
00m l00m	, 2011 (13).	70.		-	2:52.65	-
100m 100m 200m	, 2011 (13),	78.		- -	2:52.65 4:49.60	-
100m 400m 200m 400m 100m	, 2011 (13),			- -	4:49.60 1:13.73	- -
100m 400m 200m 400m 100m		76. 44.	2:29.38	-	4:49.60	
100m 400m 200m 400m 100m 200m	, 2011 (13), , 2011 (13),	44.		- - 395	4:49.60 1:13.73 2:32.11	- - 104%
100m 400m 200m 400m 100m 200m			2:29.38 5:28.41	- -	4:49.60 1:13.73	- -

	, 2010 (14),						1
400m	, 2010 (14),			-	4:40.73	_	
100m				-	1:02.37	-	
200m		8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m				-	4:51.47	-	
100m				-	1:05.79	-	
200m		75.	2:34.02	360	2:34.41	101%	
	, 2010 (14),						1
400m				-	4:47.34	-	
100m				-	1:02.00	-	
200m	0044 (40	15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						-
400m		20.	4:58.98	463	4:57.41	99%	
100m 200m				-	1:17.17 2:35.78	- -	
200111	, 2011 (13),				2.55.76		_
100m	, 2011 (10),			-	1:07.49	_	
400m		54.	5:11.71	408	5:08.16	98%	
200m		0		-	2:53.06	-	
	, 2010 (14),						1
400m	, (),			-	5:11.54	-	
100m				-	1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						1
400m		68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m				-	2:41.48	-	
							7
							7
	, 2012 (12),						1
100m		50	5-40.00	-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m	, 2010 (14),			-	2:51.60	-	_
100m	, 2010 (14),			_	56.28	_	_
400m				-	4:35.56	_	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m	, == (=),	66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14),						-
100m				-	1:01.10	-	
400m	0040 (44			-	4:50.45	-	
400	, 2010 (14),				4.00.55		-
400m				-	4:39.55	-	
100m 200m		48.	2:30.05	390	1:16.99 2:27.07	96%	
	, 2011 (13),						1
400m	, 2011 (10),	74.	5:19.44	379	5:20.36	101%	•
100m			••	-	1:13.26	-	
200m				-	2:46.21	=	
	, 2010 (14),						1
400m				-	4:49.08	=	
100m				-	1:07.68	<u>-</u>	
200m	0040 (40	51.	2:30.31	387	2:30.54	100%	
400	, 2012 (12),				4.00.40		1
100m		47	E-00 00	-	1:08.16	4000/	
400m 200m		47.	5:09.90	415 -	5:21.42 2:47.40	108%	
200111	, 2012 (12),						1
100m	, 2012 (12),			-	1:08.40	<u>-</u>	•
400m		62.	5:14.32	398	5:15.16	101%	
200m				-	2:51.08	-	
	, 2010 (14),						-
100m	·			-	1:01.11	-	
400m			0.00.17	-	4:48.25	-	
200m	2244 (12	72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),						1
400m		21.	4:59.81	459	5:00.52	100%	
100m 200m				-	1:14.84 2:41.53	- -	
200111	, 2011 (13),			-	2.71.00	-	_
400m	, 2011 (10),	76.	5:20.16	377	5:15.00	97%	-
100m			3.20.10		1:21.90	-	
200m				-	2:39.00	-	

	2242 (44						
400m	, 2010 (14),			-	4:51.04	_	-
100m				-	1:05.26	- -	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						-
400m 100m				-	4:36.00 1:07.50	-	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	97.	5:27.25	353	5:28.72	101%	
100m				-	1:20.44	-	
200m	2011 (12			-	2:52.24	-	
400m	, 2011 (13),	63.	5:16.47	390	5:12.90	98%	-
100m		03.	3.10.47	-	1:11.34	-	
200m				-	2:44.44	-	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		86.	2:36.14	346	4:31.41 2:33.34	96%	
200111	, 2010 (14),	00.	2.00.14	040	2.00.04	3070	_
400m	, 2010 (11),			-	4:50.50	-	
100m				-	1:16.20	-	
200m	0040 (44	46.	2:29.60	393	2:29.00	99%	
400	, 2010 (14),				4.00.00		-
400m 100m				-	4:32.06 1:00.00	-	
200m		7.	2:18.80	492	2:17.73	98%	
	, 2011 (13),						-
400m		89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							16
	, 2011 (13),						
100m	, - (- ,,			-	1:01.00	-	
400m					5:12.00	-	
200m	0040 (40	108.	2:39.54	324	2:38.50	99%	
100	, 2012 (12),				1.10.00		-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m				-	2:52.00	-	
	, 2010 (14),						-
100m				-	1:01.00	-	
400m 200m		57.	2:30.56	386	4:43.00 2:30.00	99%	
200	, 2012 (12),	0	2.00.00	333	2.00.00	0070	1
100m	, 2012 (12),			-	1:05.00	-	•
400m				-	5:03.00	-	
200m	0040 (40	132.	2:43.49	301	2:45.00	102%	
400m	, 2012 (12),	65.	5:17.11	388	5:06.00	93%	-
400m		65.	5.17.11	-	1:12.90	93%	
200m				-	2:46.00	-	
	, 2011 (13),						-
100m				-	1:09.00	-	
400m 200m		77.	5:20.22	376 -	5:17.90 2:49.60	99%	
200111	, 2012 (12),			_	2.49.00	_	_
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m	2010 (11			-	2:49.60	-	
400	, 2010 (14),				4.50.00		1
400m 100m				-	4:56.38 1:13.64	-	
200m		27.	2:26.65	417	2:27.94	102%	
	, 2011 (13),						1
100m				-	1:05.50	-	
400m		41.	5:07.47	425	5:15.00	105%	
200m	, 2010 (14),			-	2:46.00	=	_
100m	, 2010 (14),			-	59.95	-	-
400m				-	4:54.00	-	
200m		125.	2:41.98	310	2:36.00	93%	

	0040 (44					
400m	, 2010 (14),			-	5:04.00	-
100m				-	1:15.00	-
200m		79.	2:34.76	355	2:33.00	98%
	, 2011 (13),					-
100m					1:05.00	.
400m		43.	5:08.38	421	4:55.00	92%
200m	0040 (44			-	2:47.00	-
400	, 2010 (14),				4.50.00	1
400m 100m				-	4:58.00 1:18.00	-
200m		81.	2:34.91	354	2:38.35	104%
	, 2012 (12),					=
400m	, == (=),	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	-
200m				-	2:54.00	-
	, 2010 (14),					-
100m				-	1:00.00	-
400m 200m		78.	2:34.27	358	4:44.22 2:30.55	- 95%
200111	, 2011 (13),	70.	2.04.27	550	2.00.00	3070
400m	, 2011 (13),			-	4:58.00	<u>.</u>
100m				-	1:10.00	-
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12),					1
400m		140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m	2040 (44			-	3:14.00	-
400	, 2010 (14),				4.44.00	-
400m 100m				-	4:41.90 1:06.90	- -
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m				-	2:36.17	-
	, 2011 (13),					-
400m				-	4:53.00	-
100m 200m		138.	2:44.35	296	1:09.00 2:42.00	97%
200	, 2012 (12),	.00.	2	200	22.00	
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	97%
100m				-	1:25.00	-
200m				-	2:58.00	-
	, 2012 (12),					1
400m		92.	5:25.53	358	5:31.00	103%
100m 200m				-	1:17.50 2:57.00	-
200111	, 2012 (12),				2.07.00	1
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	109%
100m		107.	0.00.00	-	1:35.00	-
200m				-	3:03.74	-
	, 2010 (14),					-
400m				-	4:52.00	-
100m 200m		151.	2:53.07	254	1:10.00 2:45.00	- 91%
200111	, 2012 (12),	131.	2.33.07	204	2.43.00	1
100m	, 2012 (12),			-	1:05.00	- '
400m		18.	4:58.44	465	5:05.50	105%
200m				-	2:40.14	-
	, 2010 (14),					-
400m				-	5:20.00	-
100m 200m		146.	2:47.48	280	1:09.00 2:41.00	- 92%
200111	, 2011 (13),	140.	2.47.40	200	2.41.00	3270
400m	, 2011 (10),	86.	5:21.67	371	5:14.45	96%
100m		00.	0.2.10.	-	1:23.21	-
200m				-	2:43.34	-
	, 2011 (13),					-
400m	•	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	, 2011 (13),			-	2:50.00	-
400m	, 2011 (13),	128.	5:46.63	297	5:30.00	91%
100m		120.	5.40.03		1:17.00	
200m				-	2:53.00	- -

	2040 (44						
100m	, 2010 (14),			-	58.79		-
400m				-	4:50.00	-	
200m		85.	2:35.94	347	2:35.29	99%	
	, 2011 (13),						1
400m		55.	5:11.97	407	5:19.78	105%	
100m				-	1:11.45	-	
200m	0040 (40			-	2:41.12	-	
400	, 2012 (12),	50	5:40.00	400	5:40.00	000/	-
400m 100m		58.	5:13.29	402	5:10.00 1:16.00	98%	
200m				_	2:50.00	- -	
	, 2013 (11),						_
400m	, =0.0(/,	145.	6:18.95	227	6:02.00	91%	
100m				-	1:29.00	-	
200m				-	3:10.00	-	
	, 2010 (14),						-
400m				-	4:56.00	-	
100m		100	0.40.05	-	1:08.00	-	
200m	0044 (40	130.	2:42.95	304	2:42.00	99%	
400	, 2011 (13),				. == ==	0=0/	-
400m 100m		22.	5:00.79	454 -	4:55.76 1:10.23	97%	
200m				- -	2:35.69	- -	
200111	, 2013 (11),				2.00.00		1
400m	, 2010 (11),	101.	5:29.00	347	5:30.00	101%	•
100m				-	1:17.00	-	
200m				-	2:53.00	-	
	, 2012 (12),						-
400m				-	5:00.00	-	
100m				-	1:10.50	-	
200m	2014 (10	61.	2:31.15	381	2:26.50	94%	
100	, 2011 (13),				4.00.00		1
100m		70	E.40.00	-	1:08.00	-	
400m 200m		70.	5:18.02	384	5:24.00 2:47.00	104% -	
200111	, 2013 (11),			_	2.47.00	_	1
400m	, 2013 (11),	122.	5:42.96	306	5:43.00	100%	'
100m		122.	3.42.30	-	1:28.79	-	
200m				-	2:59.00	-	
	, 2013 (11),						1
100m				-	1:08.00	-	
400m		94.	5:26.73	354	5:35.00	105%	
200m	0040 (40			-	2:53.00	-	
400	, 2012 (12),	100	5 00 04	007	5.00.00	4000/	1
400m 100m		109.	5:32.34	337	5:36.00 1:22.50	102%	
200m				-	2:58.00	-	
	, 2011 (13),						_
400m	, 2011 (10),			-	4:55.00	-	
100m				-	1:09.00	-	
200m		121.	2:41.65	311	2:35.00	92%	
	, 2010 (14),						1
400m				-	5:00.00	-	
100m		05	0.00 50	-	1:05.50	4040/	
200m	2012 (12	25.	2:26.50	419	2:27.00	101%	
100	, 2012 (12),				1.05.00		-
100m 400m		61.	5:14.16	399	1:05.90 5:14.00	100%	
200m		01.	0.11.10	-	2:46.00	-	
	, 2012 (12),						_
400m	, - , - ,,	23.	5:00.84	454	5:00.76	100%	
100m				-	1:15.60	-	
200m				-	2:34.33	-	
	, 2010 (14),						1
400m				-	5:20.00	-	
100m		400	2.42.00	-	1:11.00	4000/	
200m		126.	2:42.08	309	2:44.00	102%	
							12
	2040 (4.4						
100-	, 2010 (14),				EE 00		1
100m 400m				-	55.22 4:32.45	-	
200m		14.	2:22.46	455	4.32.45 2:25.42	104%	
			•			,	

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							-
	, 2011 (13),						_
400m	, 2011 (10),	83.	5:21.23	373	5:12.00	94%	
100m				-	1:22.72	-	
200m	2040 (40			-	2:47.38	-	
400	, 2012 (12),			400		4000/	-
400m 100m		52.	5:11.42	409	5:11.20 1:19.71	100%	
200m				-	2:45.10	-	
	, 2010 (14),					•	1
400m				-	4:43.78	-	
100m		24	2.27.42	-	1:15.65	4000/	
200m	, 2011 (13),	31.	2:27.12	413	2:27.24	100%	_
400m	, 2011 (13),			-	5:02.18	-	-
100m				- -	1:14.97	-	
200m		136.	2:44.26	297	2:38.82	93%	
	, 2011 (13),						-
100m		50	5 40 00	-	1:05.00	-	
400m 200m		56.	5:13.06	403	5:10.00 2:48.00	98%	
200111	, 2010 (14),				2. 10.00	•	1
400m	, 2010 (11),		4:17.49	560	4:10.30	94%	
100m				-	1:02.52	-	
200m		10.	2:20.18	478	2:22.10	103%	
	, 2010 (14),						1
100m 400m				-	1:04.00 4:53.44	=	
200m		90.	2:36.52	343	2:39.02	103%	
	, 2010 (14),						2
400m	, , , , , , , , , , , , , , , , , , , ,		4:08.68	621	4:09.73	101%	
100m				-	1:05.00	-	
200m	, 2012 (12),	1.	2:07.95	629	2:13.50	109%	
400m	, 2012 (12),	59.	5:13.52	401	5:10.78	98%	-
100m		00.	0.10.02	-	1:14.00	-	
200m				-	2:47.46	-	
	, 2011 (13),						-
400m				-	5:02.39	=	
100m 200m		122.	2:41.73	- 311	1:13.50 2:40.24	- 98%	
200111	, 2011 (13),	122.	2.41.73	311	2.40.24		1
100m	, 2011 (10),			_	1:11.46	-	
400m		32.	5:04.87	436	5:12.37	105%	
200m	2011 (12			-	2:52.37	=	
400	, 2011 (13),	4.4	4 50 00	100	4.55.57	40007	ı
400m 100m		11.	4:53.33	490 -	4:55.57 1:12.97	102%	
200m				- -	2:33.78	-	
	, 2011 (13),					•	1
400m		53.	5:11.69	408	5:24.16	108%	
100m				-	1:15.63	-	
200m	, 2010 (14),			-	2:45.16	-	_
400m	, 2010 (14),			_	4:53.24	_	-
100m				-	1:09.17	-	
	, 2010 (14),					•	1
100m				-	1:02.18	-	
400m		93.	2:37.15		5:00.24	1069/	
200m	, 2011 (13),	ყა.	2.37.13	339	2:41.49	106%	_
400m	, 2011 (10),	106.	5:31.72	339	5:18.20	92%	
100m		100.	0.01.72	-	1:15.73	-	
200m				-	2:40.40	-	
	, 2010 (14),						-
100m 400m				-	1:00.20	-	
400m 200m		63.	2:31.60	378	4:46.76 2:29.33	- 97%	
200.11	, 2011 (13),	00.	2.01.00	0.0	5.00	9170	1
100m	, (//			-	1:05.89	-	
400m		64.	5:17.06	388	5:20.16	102%	
200m	2044 (42			-	2:51.94	-	
400~	, 2011 (13),	40	5.40.44	111	5:10 44		1
400m 100m		48.	5:10.11	414 -	5:12.44 1:15.06	102% -	
200m				-	2:46.53	-	
							_
						80	١.

	0044 (40							
400m	, 2011 (13),			_	4:51.26		_	1
100m				-	1:04.54		-	
200m		74.	2:33.83	361	2:35.86		103%	
	, 2010 (14),							-
400m	2042 (42			-	4:58.08		-	
100	, 2012 (12),				4,04.74			-
100m 200m				-	1:24.71 2:41.68		-	
200111	, 2010 (14),				2.11.00			_
400m	, (),			-	4:28.87	25.04.2024	-	
100m				-	1:04.92	29.03.2024	<u>-</u>	
200m	2040 (44	12.	2:21.05	469	2:20.41	24.04.2024	99%	2
400m	, 2010 (14),		4:18.37	554	4:21.07	25.04.2024	102%	2
100m			4.10.57	-	1:02.09	26.04.2024	10270	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m		404	5 50 45	-	1:12.87		-	
400m 200m		134.	5:52.45	282	6:02.18 3:03.57		106%	
	, 2010 (14),							_
100m	, (-	56.54	26.04.2024	-	
400m			4:28.25	495	4:22.37	25.04.2024	96%	
200m	, 2010 (14),	6.	2:17.60	505	2:16.72	24.04.2024	99%	1
100m	, 2010 (14),			-	1:01.04		-	'
400m				-	4:58.23		-	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m 400m		119.	5:39.67	- 315	1:11.63 5:41.67		- 101%	
200m		113.	3.33.07	-	2:57.97		10176	
	, 2011 (13),							-
100m				-	1:07.27		-	
400m		69.	5:17.47	386	5:16.74		100%	
200m	, 2010 (14),			-	2:48.80		-	_
400m	, 2010 (14),			-	4:50.62		-	
100m				-	1:04.31		-	
200m		103.	2:38.60	330	2:36.18		97%	
400	, 2011 (13),	00	5.00.00	404	5.00.05		2001	-
400m 100m		39.	5:06.09	431 -	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13),							1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m 200m				-	1:15.43 2:44.59	26.04.2024 22.06.2023	-	
200111	, 2010 (14),				2.11.00	22.00.2020		1
100m	, (-	1:02.92	26.04.2024	-	
400m				-	5:07.80	25.04.2024	-	
200m	, 2011 (13),	87.	2:36.19	345	2:40.35	24.04.2024	105%	1
400m	, 2011 (13),			-	4:55.65	25.04.2024	_	1
100m				-	1:20.23	26.04.2024	-	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m 400m				-	1:03.95 4:53.13	26.04.2024 25.04.2024	-	
100111	, 2011 (13),				1.00.10	20.0 1.202 1		_
400m	, 2011 (10),	67.	5:17.33	387	5:12.70		97%	
100m				-	1:13.24		-	
200m	0040 (4.4			-	2:41.91		-	
400m	, 2010 (14),			-	4:55.78	25.04.2024	_	1
100m				-	4:55.76 1:18.07	26.04.2024	-	
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%	
	, 2011 (13),							-
400m		57.	5:13.27	402	5:07.61		96%	
100m 200m				-	1:18.86 2:43.95		-	
	, 2010 (14),							1
100m				-	1:06.23	26.04.2024	-	
400m		114.	2:40.74	- 217	4:46.97	25.04.2024	100%	
200m		114.	2:40.71	317	2:48.11		109%	

	2010 (14							4
400m	, 2010 (14),			-	4:56.78		-	1
100m				-	1:12.94		-	
200m		89.	2:36.50	343	2:39.46		104%	
	, 2011 (13),							1
400m 100m				-	5:06.52 1:20.24		-	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),	• • •					,	-
400m	, , , , , , , , , , , , , , , , , , , ,	60.	5:13.71	400	5:11.05		98%	
100m				-	1:11.42		-	
200m	2011 (12			-	2:44.78		-	4
100m	, 2011 (13),			_	1:00.75	26.04.2024		1
400m				-	4:55.91	25.04.2024	-	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m				-	4:45.58		-	
100m 200m		19.	2:23.66	444	1:07.57 2:23.78		100%	
	, 2010 (14),							-
100m	, (),			-	1:02.09		-	
400m				-	4:40.19			
200m	2012 (12	95.	2:37.40	337	2:35.73		98%	
100m	, 2012 (12),			_	1:06.45		-	-
400m		73.	5:18.55	382	5:15.39		98%	
200m				-	2:50.71		-	
	, 2011 (13),							1
100m				-	1:00.60 4:52.60		-	
400m 200m		115.	2:40.90	316	2:44.00		104%	
200	, 2011 (13),			0.0	2		.0.70	1
100m	, , , ,			-	1:05.45	26.04.2024	-	
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12),			-	2:44.93	25.04.2024	-	
400m	, 2012 (12),			_	5:10.60	25.04.2024	_	_
100m				-	1:22.81	26.04.2024	-	
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%	
	, 2010 (14),							-
400m 100m				-	5:15.13 1:20.61	25.04.2024 28.03.2024	-	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
	, 2011 (13),							-
400m		113.	5:35.23	328	5:24.88		94%	
100m 200m				-	1:21.65 2:52.72		-	
200111	, 2010 (14),				2.02.12			1
400m	, 2010 (11),			-	4:48.82		-	•
100m				-	1:17.47		-	
200m	0040 (44	29.	2:26.83	416	2:32.09		107%	
400m	, 2010 (14),				4:52.60			-
100m				-	1:12.58		-	
200m		69.	2:32.69	370	2:27.60		93%	
	, 2012 (12),							1
100m				-	1:04.40	28.03.2024	-	
400m 200m		102.	2:38.56	330	4:55.47 2:41.13	25.04.2024 24.04.2024	103%	
200	, 2010 (14),	.02.		000	2	2 110 11202 1	.0070	1
400m	, , , , , , , , , , , , , , , , , , , ,		4:28.37	494	4:26.36		99%	
100m			0.45.50	-	1:01.56		-	
200m	, 2011 (13),	3.	2:15.53	529	2:16.53		101%	
400m	, 2011 (13),	85.	5:21.42	372	5:19.67		99%	-
100m		00.	0.21.42	-	1:12.01		-	
200m				-	2:38.51		-	
	, 2010 (14),							-
400m				-	4:47.50 1:12.80		-	
100m 200m		22.	2:25.16	430	2:22.60		97%	
	, 2011 (13),						/-	-
400m	•	87.	5:22.95	367	5:22.80		100%	
100m				-	1:06.89		-	
200m				-	2:41.50		-	

100m	, 2012 (12),				1.02.05	26.04.2024		-
400m		26.	5:03.12	444	1:03.95 4:55.54	26.04.2024 24.04.2024	95%	
200m				-	2:42.67		-	
400	, 2012 (12),	400	5 50 0 7	070	0.00.07	04.04.0004	40.40/	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m 400m		49.	5:10.15	- 414	1:06.87 5:17.13		- 105%	
200m		43.	3.10.13	-	2:41.97		-	
	, 2011 (13),							1
100m 400m				-	1:04.58 5:01.18	25.04.2024	-	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							-
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m				-	1:12.56 2:53.69		-	
	, 2011 (13),							-
400m				-	5:13.38		-	
100m 200m		149.	2:49.23	- 271	1:28.91 2:44.49		94%	
200111	, 2011 (13),	140.	2.40.20	271	2.44.40		5470	1
400m	• • •	24.	5:01.70	450	5:03.35		101%	
100m 200m				-	1:07.74 2:39.68		-	
200111	, 2012 (12),				2.00.00			_
400m	, == (=),	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m				-	1:21.59	26.04.2024	-	
200m	, 2010 (14),			-	3:02.87	25.04.2024	-	1
100m	, == (· · · /,			-	54.12		-	-
400m		0	4:15.42	573	4:15.65		100%	
200m	, 2010 (14),	2.	2:12.89	561	2:12.78		100%	1
400m	, 2010 (14),			-	4:42.10	25.04.2024	-	•
100m				-	1:09.79	26.04.2024	-	
200m	, 2013 (11),	13.	2:21.78	462	2:23.12	24.04.2024	102%	1
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	'
100m				-	1:34.94		-	
200m	, 2011 (13),			-	2:56.62		-	1
400m	, 2011 (13),	105.	5:31.45	339	5:32.47		101%	'
100m				-	1:25.17		-	
200m	2042 (42			-	2:55.64		-	
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	-
100m		112.	0.00.22	-	1:22.25	26.04.2024	-	
200m	0044 (40			-	3:05.11	25.04.2024	-	
400m	, 2011 (13),	71.	5:18.19	384	5:14.84	23.11.2023	98%	-
100m		71.	5.10.19	-	1:22.53	23.11.2023	-	
200m				-	2:43.30	25.04.2024	-	
400	, 2012 (12),	0.4	E:04 44	272	E:04 0E	24.04.2024	4000/	-
400m 100m		84.	5:21.41	372	5:21.05 1:15.63	26.04.2024	100%	
200m				-	2:45.78	25.04.2024	-	
400m	, 2012 (12),	28.	5:04.52	438	E:12 00	24.04.2024	1069/	1
400m 100m		20.	3.04.32	-	5:12.89 1:13.60	24.04.2024 26.04.2024	106% -	
200m				-	2:49.88	25.04.2024	-	
100	, 2010 (14),				1.00 55			1
100m 400m				-	1:02.55 4:49.66		-	
200m		84.	2:35.53	350	2:38.32		104%	
	, 2011 (13),							-
100m 400m		16.	4:57.81	- 468	1:03.13 4:54.75	26.04.2024 27.03.2024	- 98%	
200m		10.	7.07.01	-	2:39.16	25.04.2024	-	
	, 2012 (12),							1
400m		98.	5:28.19	350	5:30.94		102%	
100m 200m				-	1:15.24 2:51.65		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	,
100m				-	1:22.27		-	
200m	2012 (12			-	2:40.76		-	4
400m	, 2012 (12),	136.	5:52.85	201	E-E0 66		1020/	1
400m 100m		130.	5.52.65	281 -	5:58.66 1:22.81		103%	
200m				-	2:56.19		=	
	, 2010 (14),							-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							-
400m				-	4:46.52		-	
100m 200m		28.	2:26.71	- 417	1:04.59 2:24.49		97%	
200111	, 2012 (12),	20.	2.20.71	417	2.24.43		31 70	_
400m	, (//	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2011 (12			-	2:50.20	25.04.2024	-	4
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	1
100m			0.04.00	-	1:18.51	26.04.2024	-	
200m	0040444			-	3:02.43	25.04.2024	-	
400	, 2010 (14),				5.05.50	05.04.0004		1
400m 100m				-	5:35.50 1:15.19	25.04.2024 26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m		40	4.54.05	-	1:04.60	26.10.2023	- 000/	
400m 200m		13.	4:54.85	482 -	4:52.83 2:34.71	24.04.2024 22.11.2023	99%	
	, 2011 (13),							1
100m				-	1:18.22	24.11.2023	-	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	, 2011 (13),			-	2:59.25	25.04.2024	-	1
100m	, 2011 (10),			-	1:01.70		-	•
400m				-	4:42.00		-	
200m	2040 (44	110.	2:39.84	322	2:42.00		103%	
400m	, 2010 (14),			-	4:40.20		_	-
100m				-	1:08.47		-	
200m	0044 (40	58.	2:30.84	383	2:29.71		99%	
400	, 2011 (13),				4.50.40			-
400m 100m				-	4:50.48 1:08.99		-	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m 100m		120.	5:40.49	313	5:43.73 1:17.03		102%	
200m				-	2:56.19		-	
	, 2010 (14),							1
100m				-	59.64		-	
400m 200m		16.	2:22.56	- 454	4:51.18 2:25.57		104%	
200	, 2011 (13),				2.20.01		10170	1
400m	, - (- ,,	30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m				-	1:19.49	26.04.2024	-	
200m	, 2010 (14),			-	2:39.45	25.04.2024	-	1
400m	,			-	5:02.94		-	•
100m					1:11.66		-	
200m	, 2012 (12),	120.	2:41.59	312	2:42.38		101%	
400m	, 2012 (12),			-	5:00.14	25.04.2024	-	-
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							1
100m				-	1:04.73	28.03.2024	-	
400m 200m		103.	2:38.60	330	4:56.66 2:45.39	27.03.2024 16.06.2023	109%	
•	, 2011 (13),		-	-				-
400m		46.	5:09.47	417	5:05.80		98%	
100m				-	1:11.00 2:39.70		-	
200m				-	2.39.70		-	

00m	, 2010 (14),				EE OE	26.04.2024	
00m 00m				-	55.65 4:30.00	26.04.2024 25.04.2024	_
00m		9.	2:19.89	481	2:30.78	22.11.2023	116%
00111	, 2010 (14),	J.	2.15.05	401	2.00.70	22.11.2020	11070
00m	, 2010 (14),			_	5:04.79		_
00m				-	1:14.56		
00m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14),						
00m	, 2010 (11),			-	1:04.13		-
00m				_	4:53.89		_
00m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13),						
00m	, ==::(:=),			-	5:03.36	25.04.2024	_
00m				-	1:11.34	26.04.2024	-
00m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11),						
00m	, , , , , , , , , , , , , , , , , , , ,	144.	6:15.17	234	6:23.56	24.04.2024	105%
00m				-	1:38.18	26.04.2024	-
00m				-	3:46.50	06.12.2023	-
	, 2011 (13),						
00m	, ==::(:= /,			-	1:06.34		_
00m				-	5:06.72		-
00m		123.	2:41.79	311	2:43.15		102%
	, 2011 (13),						
00m	, ,,			-	1:06.69	07.12.2023	_
00m				-	5:15.49	27.03.2024	_
00m		129.	2:42.90	304	2:50.21	24.04.2024	109%
	, 2010 (14),						
00m	, 2010 (11),			_	4:40.20	25.04.2024	_
00m				-	1:03.07	26.04.2024	-
	, 2011 (13),						
00m	, 2011 (10),			_	1:00.12		_
00m				-	4:43.97		-
	, 2011 (13),						
00m	, 2011 (10),			-	5:17.90	25.04.2024	_
00m				_	1:15.34	26.04.2024	_
00m		142.	2:45.74	289	2:48.64	24.04.2024	104%
,0111	, 2010 (14),		2.40.14	200	2.10.01	2 1.0 1.202 1	10 170
00m	, 2010 (14),			-	5:11.10	23.11.2023	_
00m				-	1:10.36	20.11.2020	-
00m		80.	2:34.81	355	NT		_
	, 2010 (14),	00.	2.0	555			
00m	, 2010 (11),			-	59.62	26.04.2024	_
00m				_	4:37.90	25.04.2024	_
00m		33.	2:27.57	410	2:27.45	24.04.2024	100%
	, 2012 (12),						
00m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%
00m			0.001	-	1:20.12		-
00m				-	2:54.00		-
	, 2011 (13),						
00m	, (- /)			-	1:00.03		-
00m				-	4:42.88		-
00m		83.	2:35.11	353	2:33.34		98%
	, 2011 (13),						
00m	, , , , , , , , , , , , , , , , , , , ,			-	59.14		-
00m		8.	4:52.02	496	4:49.86		99%
00m				-	2:29.93		-
	, 2012 (12),						
00m	. , , , ,	118.	5:39.24	316	5:47.72	24.04.2024	105%
00m				-	1:21.52	26.04.2024	-
00m				-	3:01.82	25.04.2024	-
	, 2011 (13),						
00m		1.	4:36.01	588	4:40.15	24.04.2024	103%
00m				-	1:05.31	26.04.2024	-
00m				-	2:31.57	25.04.2024	-
	, 2011 (13),						
00m	. , , , , , , , , , , , , , , , , , , ,			-	5:00.56		-
00m				-	1:10.64		-
00m		109.	2:39.77	323	2:39.17		99%
	, 2010 (14),						
00m	, , , , ,			-	5:03.85		-
JUIII							
00m		92.	2:36.85	-	1:09.98 2:39.94		- 104%

100m		0040 (44							
### Color	100m	, 2010 (14),			_	58 78		_	1
200m					-			_	
. 2011 (13), 400m			32.	2:27.18				109%	
400m		. 2011 (13).							1
100m	400m	,	79	5.20.72	375	5.29 96	27 03 2024	106%	-
200m				V				-	
400m					-			-	
400m		, 2011 (13),							-
100m	400m	, - (- ,,			-	5:06.86		-	
. 2011 (13), 400m 100m . 2011 (13),					-			-	
Moom	200m		98.	2:37.73	335			100%	
Moom		, 2011 (13),							-
100m	400m				-	4:46.21		-	
100m	100m				-	1:08.42		-	
400m		, 2011 (13),							1
200m					-			-	
. 2010 (14), 400m 100m . 23. 225.38 428 2225.9 66% . 2011 (13), 100m . 2011 (13), 124. 5.44.02 303 5.55.78 107% . 124.033								-	
400m	200m	2010 (11	135.	2:44.12	298	2:48.84	24.04.2024	106%	
100m 200m 233 225.38 428 222.59 96% 100m 124 544.02 303 5.55.78 107% 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 - 25.		, 2010 (14),							-
23. 225.38 428 222.59 96% 96% 1 400m								-	
100m			22	2.25.20				- 069/	
124	200111	2044 (42	23.	2.25.36	420	2.22.59		90%	4
100m	400	, 2011 (13),	404	F 44.00	000	5 55 7 0		4070/	1
200m			124.	5:44.02				107%	
. 2012 (12), 400m 100m 200m								-	
400m	200111	2012 (12				2.57.00			_
100m	400m	, 2012 (12),	38	5:05 99	431	5:00.22		96%	
200m			00.	0.00.00					
400m 100m 200m 2011 (13),					-			-	
400m 100m 200m 2011 (13),		. 2013 (11).							1
100m	400m	, (),	96.	5:27.19	353	5:30.42	27.03.2024	102%	
, 2011 (13), 4. 4:40.74 559 4:37.71 98% 100m 200m 4. 4:40.74 559 4:37.71 98% 100m 200m 2010 (14), 100m 400m 152. 2:57.84 234 2:37.96 25.04.2024 -	100m				-	1:17.86	26.04.2024	-	
400m	200m				-	2:59.30		-	
400m		, 2011 (13),							-
200m			4.	4:40.74	559			98%	
, 2010 (14), 100m 200m 152. 2:57.84 234 2:37.96 25.04.2024 - 400m 200m , 2010 (14), 400m , 2010 (14), 52. 2:30.33 387 2:31.09 101% 100m , 2010 (14), 52. 2:30.33 387 2:31.09 101% 100m , 2010 (14), 52. 2:30.33 388 2:32.95 104% 400m , 2011 (13), 100m , 2011 (13), 2. 4:38.68 571 4:40.10 24.04.2024 96% 200m , 2012 (12), 100m , 2011 (13), 100m , 2012 (12), 100m , 2012 (12), 100m , 2011 (13), 100m , 2011 (14), 100m , 2010 (14),					-			-	
100m	200m	0040/44			-	2:27.89		-	
400m		, 2010 (14),							-
152. 2:57.84 234 2:37.96 79% 1400m 152. 2:57.84 234 2:37.96 79% 1400m 100m 1:18.66 1					-			-	
, 2010 (14), 400m 100m			152	2.57.94	- 224		25.04.2024	70%	
400m	200111	2010 (14	132.	2.37.04	234	2.37.90		1976	4
100m	400m	, 2010 (14),				1.52.69			
52. 2:30.33 387 2:31.09 101% , 2010 (14), 100m								-	
, 2010 (14), 100m			52.	2:30.33	387			101%	
100m		. 2010 (14).							1
400m	100m	, (-	59.59		_	
50. 2:30.23 388 2:32.95 104% , 2011 (13), 100m , 2011 (13), 5. 4:44.57 536 4:38.23 24.04.2024 96% 200m , 2011 (13), 400m , 2011 (13), 1 400m , 2011 (13), 2. 4:38.68 571 4:40.10 24.04.2024 101% 100m , 2012 (12), 100m , 2012 (12), 100m , 2011 (13), 100m , 2011 (13), 100m , 2011 (13), 100m , 2011 (14), 400m , 2010 (14),								-	
100m			50.	2:30.23	388			104%	
100m		, 2011 (13),							-
400m	100m				-	59.17	26.04.2024	-	
, 2011 (13), 400m 2. 4:38.68 571 4:40.10 24.04.2024 101% 100m - 1:12.77 23.11.2023 2:24.20 25.04.2024 - , 2012 (12), 100m 400m 95. 5:27.11 353 5:20.73 24.04.2024 96% 200m , 2011 (13), - 1:18.15 26.10.2023 2:56.24 25.04.2024 - , 2011 (13), - 1:00m , 2010 (14), 400m , 2010 (14),	400m		5.	4:44.57	536	4:38.23	24.04.2024		
400m	200m				-	2:31.66	25.04.2024	-	
100m		, 2011 (13),							1
200m			2.	4:38.68				101%	
, 2012 (12), 100m								-	
100m	200m	2042 (42			-	2:24.20	25.04.2024	-	
400m 95. 5:27.11 353 5:20.73 24.04.2024 96% 200m	400	, 2012 (12),				4 40 45	00.40.0000		-
200m			05	5:27 11					
, 2011 (13), 100m 400m 15. 4:55.46 479 4:50.73 24.04.2024 97% 200m , 2010 (14), 400m 15. 4:55.46 79 70 2:33.58 70 24.04.2024 70 70 2:33.58 70 25.04.2024 70 70 25.04.2024 70 70 70 70 70 70 70 70 70 70 70 70 70 7			33.	5.27.11				3070	
100m	200111	2011 (13)				2.00.24	20.04.2024		_
400m	100m	, 2011 (10),				1.02.61	05 10 2022		
200m			15	4:55 46				97%	
, 2010 (14), 400m - 5:30.90 25.04.2024 - 100m - 1:13.92 26.04.2024 - 200m - 141. 2:45.31 291 2:42.67 24.04.2024 97% , 2010 (14), 400m - 4:48.30 - 100m - 1:05.77 -								-	
400m - 5:30.90 25.04.2024 - 100m - 1:13.92 26.04.2024 - 200m - 1:13.92 26.04.2024 - 200m - 141. 2:45.31 291 2:42.67 24.04.2024 97% - 2010 (14),		, 2010 (14).							_
100m	400m	, (/)			-	5:30.90	25.04.2024	-	
200m 141. 2:45.31 291 2:42.67 24.04.2024 97% , 2010 (14), 1					-			-	
400m - 4:48.30 - 100m - 1:05.77 -			141.	2:45.31	291			97%	
400m - 4:48.30 - 100m - 1:05.77 -		, 2010 (14),							1
								-	
200m 39. 2:28.77 400 2:30.91 103%								_	
	200m		39.	2:28.77	400	2:30.91		103%	

	0044 (40							
100m	, 2011 (13),			_	1:03.15		_	1
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	
	, 2011 (13),							1
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:55.83		-	
100m		EC	2.20.47	-	1:06.88		- 40E0/	
200m	, 2010 (14),	56.	2:30.47	386	2:34.49		105%	
100m	, 2010 (14),			-	1:00.40		-	_
400m				-	4:38.00		-	
200m	0040440	106.	2:39.25	326	2:32.00		91%	
400	, 2012 (12),	400	5.40.45	000	5:40.40	04.04.0004	4000/	1
400m 100m		130.	5:48.45	292	5:49.10 1:31.39	24.04.2024 28.03.2024	100%	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m 200m		155.	3:05.76	205	5:31.52 3:03.37		97%	
200111	, 2011 (13),	100.	3.03.70	203	3.03.37		31 70	_
400m	,,	35.	5:05.10	435	5:02.99		99%	
100m				-	1:22.25		-	
200m	2012 (12			-	2:47.42		-	
100m	, 2012 (12),			_	1:11.00		_	-
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
400	, 2012 (12),	400	F F0 74	000	0.04.40	04.04.0004	4000/	1
400m 100m		133.	5:50.71	286 -	6:01.10 1:15.81	24.04.2024 26.04.2024	106%	
200m				-	2:57.50	25.04.2024	-	
	, 2010 (14),							-
400m				-	4:50.19	25.04.2024	-	
100m 200m		62.	2:31.24	380	1:18.29 2:29.25	06.10.2023 24.04.2024	- 97%	
200111	, 2011 (13),	02.	2.01.24	300	2.20.20	24.04.2024	37 70	_
400m	, ==: (:= /,			-	5:29.16		-	
100m				-	1:16.04		-	
200m	, 2010 (14),	153.	3:00.95	222	2:48.79		87%	
100m	, 2010 (14),			-	1:01.60		_	_
400m				-	5:02.70		-	
200m		100.	2:38.04	333	2:35.00		96%	
400	, 2012 (12),							1
100m 400m		131.	5:49.82	289	1:15.24 6:01.03		107%	
200m			0.10.02	-	3:11.37		-	
	, 2011 (13),							-
400m		33.	5:04.98	436	5:03.60		99%	
100m 200m				-	1:10.20 2:42.00		-	
200	, 2011 (13),				22.00			_
400m	,	36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18	26.04.2024	-	
200m	, 2010 (14),			-	2:42.57	25.04.2024	-	_
400m	, 2010 (14),			_	4:31.67		-	_
100m				-	1:02.45		-	
	, 2011 (13),							1
100m				-	59.64		-	
400m 200m		54.	2:30.36	387	4:38.57 2:32.82		103%	
200111	, 2010 (14),	∪ 4.	2.00.00	507	2.02.02		100/0	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.66		-	=
400m		00	2.24.40	-	5:00.36		4000/	
200m	2011 /12	60.	2:31.10	381	2:33.70		103%	
400m	, 2011 (13),			-	4:45.95	25.04.2024	-	-
100m				-	1:13.57	26.04.2024	-	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	

	, 2010 (14),							
400m	, 2010 (14),			-	4:40.19	25.04.2024	-	-
100m				-	1:07.31	26.04.2024	-	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	
	, 2011 (13),							1
100m				=	1:06.33		-	
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	2040 (44			-	2:34.65		-	4
100	, 2010 (14),				5.05.04			1
400m 100m				-	5:05.04 1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
200111	, 2010 (14),	45.	2.50.05	303	2.02.10		10070	1
400m	, 2010 (11),			-	4:36.97	25.04.2024	-	•
100m				_	1:06.71	26.04.2024	_	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m				-	1:35.68	26.04.2024	-	
200m				-	3:02.58	25.04.2024	-	
	, 2010 (14),							-
400m				-	4:56.26		-	
100m					1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	2012 (12			-	3:06.71		-	1
100m	, 2012 (12),			-	1:15.15		_	1
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m		121.	3.41.40	-	3:09.62	25.04.2024	107 /6	
200111	, 2010 (14),				0.00.02	20.04.2024		1
400m	, 2010 (14),			_	4:46.63		_	
100m				_	1:06.13		_	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m				-	1:34.62	28.03.2024	-	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							1
400m				-	5:05.89		-	
100m		70	0.00.70	-	1:11.00		4400/	
200m	0040 (44	73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m 100m				-	4:55.23 1:09.85	25.04.2024	-	
200m		65.	2:32.39	372	2:29.44	26.04.2024 24.04.2024	96%	
200111	, 2013 (11),	00.	2.02.03	312	4.43.44	27.07.2024	JU /0	1
400m	, 2010 (11),	143.	6:08.41	247	6:15.63		104%	•
100m		170.	J.00.71	-	1:27.90		-	
200m				-	3:02.71		-	
	, 2010 (14),							1
100m	, (),			-	1:07.36	26.04.2024	-	
400m				=	5:03.09	25.04.2024	-	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								12
	, 2011 (13),							1
400m	, , , ,			-	4:32.58		-	
100m				.	1:02.61		-	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							-
400m				-	4:46.20		-	
100m		0.4	0.04.05	-	1:17.05		070/	
200m	2044 (42	64.	2:31.85	376	2:29.55		97%	
400	, 2011 (13),	47	4.50.00	467	A.EE 40		000/	-
400m		17.	4:58.03	467	4:55.18		98%	
100m 200m				-	1:14.68 2:40.38		-	
200111				=	2.70.00		-	

	, 2011 (13),					-
400m 100m		25.	5:02.37	447	4:56.03 1:14.95	96%
200m				-	2:47.54	- -
200	, 2012 (12),				2	1
400m	, - (),	6.	4:48.04	517	4:52.60	103%
100m				-	1:08.29	-
200m				-	2:35.61	-
400	, 2010 (14),					-
400m				-	5:07.65	-
100m 200m		107.	2:39.51	324	1:18.39 2:37.36	97%
	, 2011 (13),					=
400m	, 2011 (10),	51.	5:11.10	410	5:03.43	95%
100m				-	1:22.64	-
200m				-	2:40.55	-
	, 2012 (12),					-
400m				-	5:03.99	-
100m 200m		119.	2:41.52	312	1:12.38 2:41.04	99%
	, 2012 (12),					-
100m	, == (== /,			-	1:04.60	-
400m				-	5:06.16	-
200m	2011 (12	137.	2:44.31	297	2:40.08	95%
400	, 2011 (13),					1
100m		15	E.00 76	-	1:04.92	1009/
400m 200m		45.	5:08.76	420	5:09.05 2:46.15	100%
	, 2011 (13),					1
100m	, == : (:= /,			-	1:06.09	<u>-</u>
400m		37.	5:05.59	433	5:07.54	101%
200m	2010 (11			-	2:47.50	-
400	, 2010 (14),				50.40	1
100m 400m				-	58.40 5:02.97	-
200m		76.	2:34.04	360	2:35.53	102%
200111	, 2011 (13),	70.	2.04.04	000	2.00.00	1
400m	, == : (:=),	81.	5:21.18	373	5:21.64	100%
100m				-	1:16.52	-
200m				-	2:53.92	-
	, 2010 (14),					-
100m				-	1:04.14	-
400m 200m		134.	2:44.04	298	5:03.00 2:42.92	99%
200111	, 2010 (14),	104.	2.44.04	250	2.42.02	3370
400m	, == := (:: /,			-	4:47.50	-
100m				-	1:05.50	-
200m		71.	2:33.09	367	2:30.70	97%
	, 2011 (13),					-
400m 100m		34.	5:05.09	435	5:00.47 1:15.07	97%
200m				-	2:43.92	- -
200111	, 2010 (14),				2.10.02	<u>-</u>
100m	, == (, , , , , , , , , , , , , , , , ,			-	1:05.23	-
400m				-	4:49.66	-
200m	0044 ((2)	150.	2:49.32	271	2:40.00	89%
400	, 2011 (13),				4.05.75	1
100m 400m		31.	5:04.59	437	1:05.75 5:05.60	- 101%
200m		31.	3.04.33		2:53.11	-
	, 2010 (14),					-
100m	. , , , , , , , , , , , , , , , , , , ,			-	58.71	-
400m				-	4:33.04	-
200m	2040 (44	20.	2:23.82	442	2:21.32	97%
400	, 2010 (14),				4.55.07	-
400m 100m				-	4:55.07 1:20.35	-
200m		133.	2:43.60	300	2:42.82	99%
	- , 2012 (12),				1
400m	, (,, 27.	5:03.89	440	5:10.25	104%
100m				-	1:14.03	-
200m	0040 (44			-	2:40.09	-
400	, 2010 (14),				4.50.05	-
400m 100m				-	4:58.35 1:24.37	- -
200m		128.	2:42.83	305	2:38.43	95%

	2040 (44						4
400	, 2010 (14),				4:40.00		1
400m 100m				-	4:48.68 1:05.20	- -	
200m		26.	2:26.59	418	2:29.33	104%	
200111	, 2011 (13),	20.	2.20.39	410	2.29.33	10476	_
400	, 2011 (13),	00	F:04.00	070	5:44.40	0.497	_
400m 100m		82.	5:21.20	373	5:11.48 1:12.72	94%	
200m				-	2:39.93		
200111	, 2010 (14),			-	2.39.93	-	
100m	, 2010 (14),				EC 14		-
100m 400m				-	56.14 4:40.00	-	
200m		17.	2:22.78	452	2:22.20	99%	
200111	, 2010 (14),	17.	2.22.70	702	2.22.20	3370	2
400	, 2010 (14),		4-04-00	540	4.07.45	4000/	2
400m 100m			4:24.28	518 -	4:27.15 1:01.00	102%	
200m		5.	2:17.26	509	2:18.68	102%	
200111	, 2011 (13),	5.	2.17.20	303	2.10.00	10276	1
100m	, 2011 (13),				1:01 60		'
400m				-	1:01.69 5:07.83	-	
200m		113.	2:40.51	318	2:40.53	100%	
200111	, 2011 (13),	110.	2.40.01	0.10	2.10.00	10070	
400	, 2011 (13),	20	F:04 F4	420	F.00 70	070/	-
400m 100m		29.	5:04.54	438	5:00.70 1:10.86	97%	
200m				-	2:38.82	_	
200111				_	2.50.02	_	
							18
	0044 (40						
	, 2011 (13),						1
400m		42.	5:08.18	422	5:12.96	103%	
100m				-	1:11.54	-	
200m				-	2:35.00	-	
	, 2010 (14),						1
100m				-	59.85	-	
400m				-	4:54.15	-	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m		114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m				-	2:56.07	-	
	, 2011 (13),						1
400m				-	4:56.00	-	
100m					1:09.00	-	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m				-	1:37.00	-	
200m	2011 (10			-	3:24.00	-	
	, 2011 (13),						-
100m				-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m				-	3:12.00	-	
	, 2012 (12),						-
100m					1:16.82	- · · ·	
400m		146.	6:21.28	223	6:09.89	94%	
200m	0040 /44			-	3:10.65	-	,
	, 2010 (14),						1
400m				-	4:57.49	-	
100m				-	1:14.00	-	
200m	0040 (44	45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						-
400m				-	5:59.00	-	
100m				-	1:19.00	-	
	, 2011 (13),						1
400m				-	5:01.37	-	
100m					1:20.70		
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14),						-
100m				-	1:03.70	-	
400m				-	5:05.00	<u>-</u>	
200m	00/5/15	145.	2:47.42	280	2:45.00	97%	
	, 2012 (12),						1
400m		123.	5:43.84	304	5:50.00	104%	
100m				-	1:27.00	-	
200m				-	2:55.00	-	
	, 2011 (13),						1
400m				-	5:14.00	-	
100m				-	1:11.00	-	
200m		140.	2:44.86	294	2:45.18	100%	

	, 2013 (11),					
400m	, 2010 (11),	141.	6:01.09	262	6:01.11	100%
100m				-	1:31.64	-
200m				-	3:12.02	-
	, 2010 (14),					
100m				-	55.90	=
400m			4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
	, 2010 (14),					
400m				-	4:56.47	-
100m		38.	2:28.69	400	1:07.50	104%
200m	2014 (12	30.	2.20.09	400	2:31.87	10476
400	, 2011 (13),	4.40	0:40.44	400	0.05.00	000/
400m 100m		149.	6:42.44	189 -	6:35.00 1:28.00	96%
200m				-	3:10.00	-
200	, 2013 (11),				0.10.00	
100m	, == := (:: /,			-	1:12.50	-
400m				-	5:34.00	-
200m		156.	3:08.02	198	3:03.00	95%
	, 2012 (12),					
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:41.00	-
100m				-	1:27.00	-
200m		154.	3:01.61	219	3:01.00	99%
	, 2010 (14),					
100m				-	1:04.76	-
400m		101.	2,20 47	-	5:10.89	1010/
200m	2011 (12	101.	2:38.47	331	2:39.21	101%
400	, 2011 (13),	02	E-06 70	254	5:34.09	4050/
400m 100m		93.	5:26.72	354	1:13.52	105%
200m				-	2:59.24	-
200	, 2011 (13),				2.00.2	
100m	, == : (: = - /,			-	1:02.02	-
400m		88.	5:23.00	367	5:40.00	111%
200m				-	2:48.00	-
	, 2011 (13),					
400m		127.	5:45.02	301	5:38.96	97%
100m				-	1:18.87	-
200m	2010 (10			-	3:06.22	=
	, 2012 (12),					
400m 100m				-	5:09.00 1:15.85	-
200m		148.	2:48.08	277	2:46.85	99%
200111	, 2011 (13),	1 10.	2. 10.00	2	2.10.00	0070
400m	, ==::(:=),	115.	5:35.94	326	5:38.76	102%
100m				-	1:24.51	-
200m				-	2:55.31	-
	, 2012 (12),					
400m		116.	5:36.39	325	5:30.00	96%
100m				-	1:26.50	-
200m	0044 (40			-	2:55.00	-
	, 2011 (13),					
100m				-	1:04.70	=
400m	, 2010 (14),			-	5:12.00	-
400m	, 2010 (14),				4:47.00	
100m				-	4:47.00 1:08.00	-
200m		41.	2:28.99	398	2:28.00	99%
	, 2011 (13),					
400m	, - (- ,,			-	5:16.00	-
100m				-	1:20.50	-
200m		143.	2:46.56	285	2:50.00	104%
	, 2011 (13),					
400m		148.	6:35.76	199	6:40.58	102%
100m				-	1:33.00	-
200m	2044 (42			-	3:10.00	-
100	, 2011 (13),				1.04.04	
100m 400m				-	1:04.01 4:52.34	-
200m		105.	2:38.77	329	2:39.78	101%
					-	* * * *