"

, 29. - 31.5.2024

4 , 400m 2010 30.05.2024 - 9:55

: 3:59.00 /			: 4:15.50	) / 1	: 4:35.	50 / 2	: 5	:11.50 / 3	3	: 6:01.00	
: FINA 2023											
				/ 10					1.00 co	FINA 621	
50m: 100m:	27.34 57.88	27.34 30.54		1:28.97 2:00.86	31.09 31.89	250m: 300m:	2:32.84 3:05.07	31.98 32.23	<b>4:08.68</b> 350m: 400m:	3:36.94 4:08.68	31.87 31.74
				10					4:15.42		
50m: 100m:	28.03 58.86	28.03 30.83		1:31.28 2:04.17	32.42 32.89	250m: 300m:	2:37.35 3:10.61	33.18 33.26	350m: 400m:	3:43.66 4:15.42	33.05 31.76
50m:	28.30	28.30		10 1:32.39	32.51	250m:	2:38.72	33.45		3:45.13	1 33.00
100m:	59.88	31.58	200m:	2:05.27	32.88	300m:	3:12.13	33.41	400m: <b>4:18.37</b>	4:17.49 <b>554</b>	32.36 1
50m:	28.37	28.37	150m:	1:33.61	33.11	250m:	2:39.52	32.97	350m:		32.69
	1:00.50	32.13		2:06.55	32.94		3:12.97	33.45	400m:	4:18.37	32.71
				10					4:24.28		1
50m: 100m:	28.68 1:01.23	28.68 32.55		1:34.63 2:08.62	33.40 33.99	250m: 300m:	2:42.93 3:17.19	34.31 34.26	350m: 400m:	3:51.70 4:24.28	34.51 32.58
				10					4:26.99		1
50m: 100m:	29.69 1:03.49	29.69 33.80		1:37.82 2:12.35	34.33 34.53	250m: 300m:	2:47.39 3:22.61	35.04 35.22	350m: 400m:	3:56.29 4:26.99	33.68 30.70
				10					4:27.93	497	1
50m: 100m:	29.02 1:02.05	29.02 33.03		1:36.39 2:11.29	34.34 34.90	250m: 300m:	2:46.85 3:21.93	35.56 35.08		3:57.28 4:27.93	35.35 30.65
				10					4:28.25	495	1
50m: 100m:	28.72 1:00.86	28.72 32.14		1:34.58 2:09.34	33.72 34.76	250m: 300m:		35.37 35.05	350m: 400m:	3:54.48 4:28.25	34.72 33.77
				10					4:28.37	494	1
50m:	28.65	28.65		1:34.62	33.51		2:43.12	34.54	350m:	3:53.75	35.50
100m:	1:01.11	32.46	200m:	2:08.58	33.96	300m:	3:18.25	35.13	400m:	4:28.37	34.62
50m:	29.59	29.59	150m:	10 1:38.57	34.77	250m:	2:48.58	34.80	<b>4:28.47</b> 350m:	494 3:56.14	1 33.12
100m:	1:03.80	34.21	200m:	2:13.78	35.21	300m:	3:23.02	34.44	400m:	4:28.47	32.33
50m:	29.45	29.45	150m:	11 1:37.22	34.16	250m:	2:46.89	34.84	<b>4:30.41</b> 350m:		1 34.67
	1:03.06	33.61		2:12.05	34.83		3:22.29			4:30.41	33.45
				10					4:30.49		1
50m: 100m:	29.87 1:03.18	29.87 33.31		1:37.74 2:12.22	34.56 34.48		2:47.20 3:22.65	34.98 35.45	350m: 400m:	3:56.53 4:30.49	33.88 33.96
				10					4:32.52		1
50m: 100m:	30.55 1:04.76	30.55 34.21		1:39.20 2:13.60	34.44 34.40	250m: 300m:	2:48.52 3:23.24	34.92 34.72		3:57.99 4:32.52	34.75 34.53
E0m.	20.07	30.07	150m;	10 1:38.97	24.04	250~	2:40.45	24.04	4:32.87	470 3:59.32	1
50m: 100m:	30.07 1:04.13	34.06		2:14.61	34.84 35.64		2:49.45 3:24.41	34.84 34.96		4:32.87	34.91 33.55
				10					4:34.10		1
50m: 100m:	30.19 1:04.31	30.19 34.12		1:39.29 2:14.27	34.98 34.98	250m: 300m:	2:49.33 3:24.58	35.06 35.25		4:00.38 4:34.10	35.80 33.72
50	20.40	20.42	450	10	24.04	050	0.40.00	25.04	4:35.12		1
50m: 100m:	30.16 1:03.61	30.16 33.45		1:38.55 2:14.31	34.94 35.76		2:49.62 3:25.27	35.31 35.65	350m: 400m:	4:00.87 4:35.12	35.60 34.25
				10					4:35.80		2
50m: 100m:	30.10 1:03.70	30.10 33.60		1:38.41 2:13.73	34.71 35.32		2:49.37 3:25.45	35.64 36.08	350m: 400m:	4:01.36 4:35.80	35.91 34.44

, 29. - 31.5.2024

4,		, 400m		, 2	2010					
				/					FINA	
50m: 100m:	30.65 1:05.23	30.65 34.58	150m: 200m:	10 1:41.63 2:17.21	36.40 35.58	250m: 300m:	2:52.43 3:28.37	35.22 35.94	<b>4:35.84</b> 455 350m: 4:02.50 400m: 4:35.84	2 34.13 33.34
50m: 100m:			150m: 200m:	10		250m: 300m:			<b>4:37.84</b> 445 350m: 400m: 4:37.84	2
50m: 100m:	31.85 1:06.35	31.85 34.50	150m: 200m:	10 1:41.83 2:17.53	35.48 35.70	250m: 300m:	2:53.98 3:29.63	36.45 35.65	<b>4:38.39</b> 443 350m: 4:05.23 400m: 4:38.39	2 35.60 33.16
50m: 100m:	31.08 1:05.59	31.08 34.51	150m: 200m:	10 1:41.06 2:16.76	35.47 35.70	250m: 300m:	2:52.41 3:28.04	35.65 35.63	<b>4:38.72</b> 441 350m: 4:03.28 400m: 4:38.72	2 35.24 35.44
50m: 100m:	30.29 1:04.90	30.29 34.61	150m: 200m:	10 1:40.61 2:16.47	35.71 35.86	250m: 300m:	2:52.30 3:28.20	35.83 35.90	<b>4:38.83</b> 441 350m: 4:03.81 400m: 4:38.83	2 35.61 35.02
50m: 100m:	29.53 1:03.31	29.53 33.78	150m: 200m:	10 1:38.67 2:14.60	35.36 35.93	250m: 300m:	2:51.14 3:28.31	36.54 37.17	<b>4:39.22</b> 439 350m: 4:04.99 400m: 4:39.22	2 36.68 34.23
50m: 100m:	31.63 1:06.84	31.63 35.21	150m: 200m:	11 1:42.47 2:18.15	35.63 35.68	250m: 300m:	2:54.05 3:29.69	35.90 35.64	<b>4:39.41</b> 438 350m: 4:05.29 400m: 4:39.41	2 35.60 34.12
50m: 100m:	30.98 1:05.17	30.98 34.19	150m: 200m:	10 1:40.84 2:16.70	35.67 35.86	250m: 300m:	2:52.72 3:29.16	36.02 36.44	<b>4:39.54</b> 437 350m: 4:05.25 400m: 4:39.54	2 36.09 34.29
50m: 100m:	29.02 1:02.56	29.02 33.54	150m: 200m:	10 1:38.20 2:14.54	35.64 36.34	250m: 300m:	2:51.10 3:28.15	36.56 37.05	<b>4:40.00</b> 435 350m: 4:04.47 400m: 4:40.00	2 36.32 35.53
50m: 100m:	29.60 1:03.60	29.60 34.00	150m: 200m:	10 1:38.39 2:13.39	34.79 35.00	250m: 300m:	2:49.66 3:26.14	36.27 36.48	<b>4:40.52</b> 433 350m: 4:02.79 400m: 4:40.52	2 36.65 37.73
50m: 100m:	30.08 1:05.06	30.08 34.98	150m: 200m:	11 1:40.71 2:16.37	35.65 35.66	250m: 300m:	2:52.52 3:28.76	36.15 36.24	<b>4:41.18</b> 430 350m: 4:05.08 400m: 4:41.18	2 36.32 36.10
	30.57 1:05.62	30.57 35.05	150m: 200m:	10 1:42.07 2:18.65	36.45 36.58	250m: 300m:		35.84 35.19	<b>4:41.45</b> 428 350m: 4:05.47 400m: 4:41.45	2 35.79 35.98
50m: 100m:	31.30 1:06.38	31.30 35.08	150m: 200m:	10 1:42.27 2:18.58	35.89 36.31	250m: 300m:	2:54.67 3:31.11	36.09 36.44	<b>4:41.74</b> 427 350m: 4:07.29 400m: 4:41.74	2 36.18 34.45
50m: 100m:	30.08 1:04.81	30.08 34.73	150m: 200m:	11 1:40.95 2:17.68	36.14 36.73	250m: 300m:		36.52 37.16	<b>4:41.84</b> 427 350m: 4:06.43 400m: 4:41.84	2 35.07 35.41
50m: 100m:	30.07 1:04.63	30.07 34.56	150m: 200m:	10 1:40.54 2:16.44	35.91 35.90	250m: 300m:		36.65 36.91	<b>4:41.88</b> 426 350m: 4:06.15 400m: 4:41.88	2 36.15 35.73
50m: 100m:	30.31 1:05.06	30.31 34.75	150m: 200m:	10 1:41.53 2:18.07	36.47 36.54	250m: 300m:	2:54.67 3:30.95	36.60 36.28	<b>4:42.02</b> 426 350m: 4:06.94 400m: 4:42.02	2 35.99 35.08
50m: 100m:	31.62 1:06.10	31.62 34.48	150m: 200m:	10 1:42.24 2:18.17	36.14 35.93	250m: 300m:	2:54.44 3:31.15	36.27 36.71	<b>4:42.97</b> 422 350m: 4:07.60 400m: 4:42.97	2 36.45 35.37
50m: 100m:	30.88 1:05.53	30.88 34.65		10 1:41.26 2:16.90	35.73 35.64	250m: 300m:	2:53.12 3:29.85	36.22 36.73	<b>4:43.04</b> 421 350m: 4:06.37 400m: 4:43.04	2 36.52 36.67

, 29. - 31.5.2024

4,		, 400m		, 2	2010						
				/						FINA	
50m: 100m:	32.83 1:09.01	32.83 36.18	150m: 200m:	11 1:45.70 2:21.99	36.69 36.29	250m: 300m:	2:58.21 3:34.35	36.22 36.14	<b>4:43.10</b> 350m: 400m:	<b>421</b> 4:09.49 4:43.10	2 35.14 33.61
50m: 100m:	32.05 1:07.96	32.05 35.91	150m: 200m:	10 1:44.34 2:20.77	36.38 36.43	250m: 300m:	2:57.40 3:33.84	36.63 36.44	<b>4:43.61</b> 350m: 400m:	419 4:10.34 4:43.61	2 36.50 33.27
50m: 100m:			150m: 200m:	10		250m: 300m:			<b>4:44.83</b> 350m: 400m:	413 4:44.83	2
50m: 100m:	31.13 1:05.85	31.13 34.72	150m: 200m:	10 1:42.11 2:18.91	36.26 36.80	250m: 300m:	2:55.68 3:32.56	36.77 36.88	<b>4:44.83</b> 350m: 400m:	413 4:08.99 4:44.83	2 36.43 35.84
50m: 100m:	31.57 1:07.06	31.57 35.49	150m: 200m:	10 1:43.68 2:19.78	36.62 36.10	250m: 300m:	2:55.14 3:31.82	35.36 36.68		411 4:09.12 4:45.43	2 37.30 36.31
50m: 100m:	30.48 1:06.21	30.48 35.73	150m: 200m:	11 1:43.28 2:20.54	37.07 37.26	250m: 300m:	2:57.75 3:34.88	37.21 37.13	<b>4:46.42</b> 350m: 400m:	4:11.21	2 36.33 35.21
50m: 100m:	30.91 1:05.60	30.91 34.69	150m: 200m:	10 1:41.48 2:17.42	35.88 35.94	250m: 300m:	2:53.72 3:31.50	36.30 37.78		405 4:08.84 4:46.80	2 37.34 37.96
50m: 100m:	30.69 1:05.38	30.69 34.69	150m: 200m:	10 1:41.42 2:17.86	36.04 36.44	250m: 300m:	2:54.97 3:32.78	37.11 37.81	<b>4:47.03</b> 350m: 400m:	404 4:11.10 4:47.03	2 38.32 35.93
50m: 100m:	31.07 1:06.51	31.07 35.44	150m: 200m:	10 1:43.56 2:20.52	37.05 36.96	250m: 300m:	2:58.32 3:36.96	37.80 38.64		388 4:15.42 4:50.91	2 38.46 35.49
50m: 100m:	30.97 1:05.57	30.97 34.60	150m: 200m:	10 1:41.90 2:18.97	36.33 37.07	250m: 300m:	2:56.61 3:35.34	37.64 38.73		387 4:13.49 4:51.06	2 38.15 37.57
50m: 100m:	32.70 1:08.93	32.70 36.23	150m: 200m:	10 1:46.21 2:23.74	37.28 37.53	250m: 300m:	3:01.49 3:39.18	37.75 37.69	<b>4:51.10</b> 350m: 400m:	387 4:15.98 4:51.10	2 36.80 35.12
50m: 100m:	30.62 1:05.45	30.62 34.83	150m: 200m:	10 1:42.32 2:19.77	36.87 37.45	250m: 300m:	2:57.58 3:35.89	37.81 38.31		383 4:14.50 4:52.10	2 38.61 37.60
50m: 100m:	32.55 1:08.31	32.55 35.76	150m: 200m:	11 1:45.63 2:23.68	37.32 38.05	250m: 300m:	3:02.97 3:42.19	39.29 39.22	<b>5:01.05</b> 350m: 400m:	350 4:21.47 5:01.05	2 39.28 39.58