%						
101%	4:53.48	493	4:52.72	10.	, 2011 (13 ),	400m
101%	1:11.32 2:35.20	489	2:34.58		0044 (40	100m 200m
102%	5:08.05	337	5:04.73	127.	, 2011 (13 ),	400m
105%	1:18.37 2:48.88	295	2:44.58	139.		100m 200m
103%	4:46.77	421	4:43.04	38.	, 2010 (14 ),	400m
- 103%	1:10.23 2:25.50	- 445	2:23.54	18.		100m 200m
96%	5:03.12	321	5:09.77	143.	, 2010 (14 ),	400m
105%	1:09.93 2:40.19	342	2:36.69	91.		100m 200m
_	57.36	-			, 2010 (14 ),	100m
111% 108%	4:59.79 2:31.28	414 427	4:44.69 2:25.51	43. 24.		400m 200m
					, 2011 (13 ),	
99%	5:27.33 1:14.81	347	5:28.91	100.		400m 100m
-	2:46.39	-			, 2010 (14 ),	200m
103%	4:56.97 1:14.87	379 -	4:53.06	76.		400m 100m
105%	2:34.33	387	2:30.38	55.	, 2010 (14 ),	200m
100%	4:47.31 1:08.10	401	4:47.74	55.		400m 100m
99%	2:32.09	371	2:32.51	66.	, 2012 (12 ),	200m
97% -	5:44.42 1:21.94	288	5:49.98	132.		400m 100m
-	2:59.66	-			, 2010 (14 ),	200m
- 102%	58.01 4:50.47	403	4:47.15	51.		100m 400m
102%	2:34.12	368	2:32.86	70.	, 2011 (13 ),	200m
- 101%	1:02.34 4:42.01	- 560	4:40.55	3.	, , , , , , , , , , , , , , , , , , , ,	100m 400m
-	2:38.03	-			, 2011 (13 ),	200m
102%	4:51.80 1:11.90	515 -	4:48.49	7.	, - ( - //	400m 100m
106%	2:33.50	548	2:28.91		, 2011 (13 ),	200m
101%	5:21.89 1:19.46	374	5:20.92	80.	, 2011 (10 ),	400m 100m
-	2:51.06	-			, 2010 (14 ),	200m
-	59.01	-	5.00.75	400	, 2010 (14 ),	100m
96% 106%	4:57.39 2:32.60	341 404	5:03.75 <b>2:28.24</b>	123. 35.	0044 (40	400m 200m
-	1:09.62				, 2011 (13 ),	100m
101% -	5:21.68 2:52.65	375 -	5:20.52	78.		400m 200m
103%	4:49.60	410	4:45.51	46.	, 2011 (13 ),	400m
104%	1:13.73 2:32.11	- 395	2:29.38	44.		100m 200m
98%	5:24.80	349	5:28.41	99.	, 2011 (13 ),	400m
-	1:27.21 2:47.65	-		-		100m 200m

							_
	0040 (44						
400	, 2010 (14 ),	0.4	4 44 45	400	4.40.70		1
400m		31.	4:41.45	428	4:40.73	99%	
100m 200m		8.	2:19.37	486	1:02.37 2:21.20	103%	
200111	, 2010 (14 ),	0.	2.19.37	400	2.21.20	10376	1
400	, 2010 (14 ),	0.0	4.54.00	070	4.54.47	000/	'
400m 100m		86.	4:54.90	372	4:51.47 1:05.79	98%	
200m		75.	2:34.02	360	2:34.41	101%	
200111	, 2010 (14 ),	75.	2.34.02	300	2.54.41		2
400m	, 2010 (14 ),	40.	4:43.35	420	4:47.34		_
100m		40.	4.43.33	420	1:02.00	103%	
200m		15.	2:22.47	455	2:25.11	104%	
200111	, 2011 (13 ),	10.		100	2.20.11		1
400m	, 2011 (13 ),	20.	4·E0 00	463	1.57 11	99%	'
100m		20.	4:58.98	403	4:57.41 1:17.17	99%	
200m			2:35.47	481	2:35.78	100%	
200	, 2011 (13 ),				2.00.70	10070	_
100m	, 2011 (10 ),			-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m		٥	0	-	2:53.06	-	
	, 2010 (14 ),						2
400m	, =0.0 ( ),	130.	5:05.78	334	5:11.54	104%	
100m		100.	0.00.70	-	1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13 ),						1
400m	, - ( - ),	68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m				-	2:41.48	-	
							8
	, 2012 (12 ),						1
100m	, 2012 (12 ),			_	1:11.43	_	'
400m		50.	5:10.60	412	5:16.95	104%	
200m		00.	0	-	2:51.60	-	
	, 2010 (14 ),						_
100m	, =0.0 ( ),			-	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12 ),						-
400m	, , , , , , , , , , , , , , , , , , , ,	66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14 ),						-
100m				-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14 ),						-
400m		62.	4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13    ),						1
400m		74.					
100m			5:19.44	379	5:20.36	101%	
		,	5:19.44	-	1:13.26	-	
200m		,	5:19.44			- -	
200m	, 2010 (14 ),			-	1:13.26 2:46.21	- -	1
200m 400m	, 2010 (14 ),	66.	<b>5:19.44</b> 4:51.27	386	1:13.26 2:46.21 4:49.08	- -	1
200m 400m 100m	, 2010 (14 ),	66.	4:51.27	386	1:13.26 2:46.21 4:49.08 1:07.68	- - 99% -	1
200m 400m				386	1:13.26 2:46.21 4:49.08	99% - 100%	
200m 400m 100m 200m	, 2010 (14 ), , 2012 (12 ),	66.	4:51.27	386 - 387	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54	99% - 100%	1
200m 400m 100m 200m		66. 51.	4:51.27 <b>2:30.31</b>	386 - 387	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16	99% - 100%	
200m 400m 100m 200m 100m 400m		66.	4:51.27	386 - 387 - 415	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42	99% - 100%	
200m 400m 100m 200m	, 2012 (12 ),	66. 51.	4:51.27 <b>2:30.31</b>	386 - 387	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16	99% - 100% - 108%	1
200m 400m 100m 200m 100m 400m 200m		66. 51.	4:51.27 <b>2:30.31</b>	386 - 387 - 415	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40	99% - 100% - 108%	
200m 400m 100m 200m 100m 400m 200m	, 2012 (12 ),	66. 51. 47.	4:51.27 2:30.31 5:09.90	386 - 387 - 415	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40	99% - 100% - 108% -	1
200m 400m 100m 200m 100m 400m 200m	, 2012 (12 ),	66. 51.	4:51.27 <b>2:30.31</b>	386 - 387 - 415 - 398	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16	99% - 100% - 108%	1
200m 400m 100m 200m 100m 400m 200m	, 2012 (12 ), , 2012 (12 ),	66. 51. 47.	4:51.27 2:30.31 5:09.90	386 - 387 - 415	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40	99% - 100% - 108% -	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ),	66. 51. 47.	4:51.27 2:30.31 5:09.90	386 - 387 - 415 - 398	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	99% - 100% - 108% - 101% -	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 100m 400m 100m	, 2012 (12 ), , 2012 (12 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32	386 - 387 - 415 - 398	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	99%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 100m 400m 200m	, 2012 (12 ), , 2012 (12 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32	386 - 387 - 415 - 398 - 359	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25	99%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 100m 400m 100m	, 2012 (12 ), , 2012 (12 ), , 2010 (14 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32	386 - 387 - 415 - 398	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08	99%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2012 (12 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	386 - 387 - 415 - 398 - 359 364	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	99%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2012 (12 ), , 2010 (14 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32	386 - 387 - 415 - 398 - 359 364	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	99%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2012 (12 ), , 2010 (14 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	386 	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	99% - 100% - 108% - 101% - 93% 98% 100%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m	, 2012 (12 ), , 2012 (12 ), , 2010 (14 ), , 2011 (13 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	386 - 387 - 415 - 398 - 359 364	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	99%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m	, 2012 (12 ), , 2012 (12 ), , 2010 (14 ),	66. 51. 47. 62. 97. 72.	4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47 4:59.81	386 	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	99% - 100% - 108% - - 101% - - 93% 98% 100%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 400m 400m 200m	, 2012 (12 ), , 2012 (12 ), , 2010 (14 ), , 2011 (13 ),	66. 51. 47. 62.	4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47	386 - 387 - 415 - 398 - 359 364 459 - -	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	99% - 100% - 108% - 101% - 93% 98% 100%	1
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m	, 2012 (12 ), , 2012 (12 ), , 2010 (14 ), , 2011 (13 ),	66. 51. 47. 62. 97. 72.	4:51.27 2:30.31 5:09.90 5:14.32 4:58.39 2:33.47 4:59.81	386 	1:13.26 2:46.21 4:49.08 1:07.68 2:30.54 1:08.16 5:21.42 2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	99% - 100% - 108% - - 101% - - 93% 98% 100%	1

400m	, 2010 (14 ),	68.	4:52.04	383	4:51.04	99%	-
400m		00.	4.52.04	303	1:05.26	99%	
200m	2040 (44	36.	2:28.34	403	2:28.00	100%	
400m	, 2010 (14 ),	18.	4:35.80	455	4:36.00	100%	1
100m		10.	4.33.00	-	1:07.50	-	
200m	0040 (40	40.	2:28.96	398	2:28.50	99%	
400m	, 2012 (12 ),	97.	5:27.25	353	5:28.72	101%	1
100m		0	0.220	-	1:20.44	=	
200m	2011 (12			-	2:52.24	-	
400m	, 2011 (13 ),	63.	5:16.47	390	5:12.90	98%	-
100m				-	1:11.34	-	
200m	, 2010 (14 ),			-	2:44.44	-	_
100m	, 2010 (14 ),			-	59.24	-	
400m		17.	4:35.12	459	4:31.41	97%	
200m	, 2010 (14 ),	86.	2:36.14	346	2:33.34	96%	_
400m	, 2010 (11 ),	75.	4:53.03	380	4:50.50	98%	
100m		46.	2:29.60	393	1:16.20	- 99%	
200m	, 2010 (14 ),	40.	2.29.00	393	2:29.00	9970	_
400m	, (	14.	4:32.52	472	4:32.06	100%	
100m 200m		7.	2:18.80	492	1:00.00 2:17.73	- 98%	
200	, 2011 (13 ),		2	.02	2	3373	-
400m	, , ,	89.	5:23.67	364	5:19.00	97%	
100m 200m				-	1:16.50 2:50.15	-	
	0044 (40						24
100m	, 2011 (13 ),			_	1:01.00	<u>-</u>	-
400m		147.	5:12.93	312	5:12.00	99%	
200m	2012 (12	108.	2:39.54	324	2:38.50	99%	
100m	, 2012 (12 ),			_	1:10.00	-	-
400m		90.	5:24.46	362	5:17.00	95%	
200m	, 2010 (14 ),			-	2:52.00	-	1
100m	, 2010 (11 ),			-	1:01.00	-	•
400m 200m		36. 57.	<b>4:42.02</b> 2:30.56	426 386	4:43.00 2:30.00	101% 99%	
200111	, 2012 (12 ),	37.	2.30.30	300	2.30.00	9370	1
100m	, - ( ,,			<u>-</u>	1:05.00	<del>-</del>	
400m 200m		144. 132.	5:10.95 <b>2:43.49</b>	318 301	5:03.00 2:45.00	95% 102%	
200	, 2012 (12 ),	.02.		001	2. 10.00	.0270	-
400m		65.	5:17.11	388	5:06.00	93%	
100m 200m				-	1:12.90 2:46.00	-	
	, 2011 (13 ),						-
100m 400m		77.	5:20.22	- 376	1:09.00 5:17.90	- 99%	
200m		77.	3.20.22	-	2:49.60	-	
	, 2012 (12 ),						-
400m 100m		104.	5:31.09	340	5:17.90 1:21.99	92% -	
200m				-	2:49.60	-	_
400m	, 2010 (14 ),	89.	4:55.23	371	4:56.38	101%	2
100m		03.	4.55.25	-	1:13.64	-	
200m	2044 (42	27.	2:26.65	417	2:27.94	102%	
100m	, 2011 (13 ),			-	1:05.50	-	1
400m		41.	5:07.47	425	5:15.00	105%	
200m	, 2010 (14 ),			-	2:46.00	-	
100m	, 2010 (14 ),			-	59.95	-	-
400m		131.	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	

400m	, 2010 (14    ),	146	5.44.40	247	F:04.00	- OE9/
100m		146.	5:11.13	317 -	5:04.00 1:15.00	95% -
200m		79.	2:34.76	355	2:33.00	98%
	, 2011 (13 ),					-
100m 400m		43.	5:08.38	- 421	1:05.00 4:55.00	92%
200m			0.00.00	-	2:47.00	-
	, 2010 (14 ),					1
400m 100m		105.	4:59.61	355	4:58.00 1:18.00	99%
200m		81.	2:34.91	354	2:38.35	104%
	, 2012 (12 ),					-
400m 100m		103.	5:30.30	343	5:26.00 1:18.50	97%
200m				-	2:54.00	-
	, 2010 (14 ),					-
100m 400m		64.	4:51.10	387	1:00.00 4:44.22	- 95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13 ),					-
400m 100m		96.	4:58.10	360	4:58.00 1:10.00	100%
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12 ),					1
400m 100m		140.	5:56.43	273 -	6:00.00 1:22.00	102%
200m				-	3:14.00	-
	, 2010 (14 ),					1
400m 100m		19.	4:35.84	455 -	4:41.90 1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
100	, 2011 (13 ),	70	5 40 04	00.4	5.00.70	-
400m 100m		72.	5:18.21	384	5:06.76 1:16.54	93%
200m				-	2:36.17	-
100	, 2011 (13 ),	70	4.50.40	070	4.50.00	4000/
400m 100m		79.	4:53.46	378 -	4:53.00 1:09.00	100%
200m		138.	2:44.35	296	2:42.00	97%
400	, 2012 (12 ),	400	5.44.55	200	5:40.00	- 070/
400m 100m		126.	5:44.55	302	5:40.00 1:25.00	97% -
200m	0040 (40			-	2:58.00	-
400m	, 2012 (12 ),	92.	5:25.53	358	5:31.00	1 103%
100m		JZ.	0.20.00	-	1:17.50	-
200m	0040 (40			-	2:57.00	-
400m	, 2012 (12 ),	137.	5:53.39	280	6:09.00	1 109%
100m		137.	3.33.33	-	1:35.00	-
200m	2010 (14			-	3:03.74	-
400m	, 2010 (14 ),	133.	5:05.92	333	4:52.00	91%
100m				-	1:10.00	-
200m	, 2012 (12 ),	151.	2:53.07	254	2:45.00	91%
100m	, 2012 (12 ),			-	1:05.00	1 -
400m		18.	4:58.44	465	5:05.50	105%
200m	, 2010 (14 ),			-	2:40.14	-
400m	, 2010 (14 ),	156.	5:25.52	277	5:20.00	97%
100m		4.40	0.47.40	-	1:09.00	-
200m	, 2011 (13 ),	146.	2:47.48	280	2:41.00	92%
400m	,	86.	5:21.67	371	5:14.45	96%
100m				-	1:23.21	- -
200m	, 2011 (13 ),			-	2:43.34	- -
400m	, ==::(:0 //,	135.	5:52.65	282	5:25.00	85%
100m 200m				-	1:23.00 2:50.00	<del>-</del>
200111	, 2011 (13 ),			-	2.00.00	- -
400m		128.	5:46.63	297	5:30.00	91%
100m 200m				-	1:17.00 2:53.00	-
					<del></del>	

	, 2010 (14 ),					,
100m		20	4.50.00	-	58.79	-
400m		92. 85.	4:56.39 2:35.94	367 347	4:50.00	96% 99%
200m	, 2011 (13 ),	65.	2.33.94	347	2:35.29	99%
400m	, 2011 (10 ),	55.	5:11.97	407	5:19.78	105%
100m		33.	0.11.57	-	1:11.45	-
200m				-	2:41.12	-
	, 2012 (12 ),					
400m		58.	5:13.29	402	5:10.00	98%
100m				-	1:16.00 2:50.00	<del>-</del>
200m	, 2013 (11 ),			-	2.50.00	<u>-</u>
400m	, 2013 (11 ),	145.	6:18.95	227	6:02.00	91%
100m		143.	0.10.95	-	1:29.00	-
200m				-	3:10.00	-
	, 2010 (14    ),					
400m		118.	5:02.37	345	4:56.00	96%
100m		120	0.40.05	-	1:08.00	-
200m	, 2011 (13 ),	130.	2:42.95	304	2:42.00	99%
400m	, 2011 (13 ),	22.	5:00.79	454	4:55.76	97%
100m		22.	3.00.79	-	1:10.23	91 /6 -
200m			2:33.98	495	2:35.69	102%
	, 2013 (11 ),					1
400m		101.	5:29.00	347	5:30.00	101%
100m				-	1:17.00	-
200m	, 2012 (12 ),			-	2:53.00	- 1
400m	, 2012 (12 ),	94.	4:56.78	365	5:00.00	102%
100m		54.	4.00.70	-	1:10.50	-
200m		61.	2:31.15	381	2:26.50	94%
	, 2011 (13    ),					1
100m				-	1:08.00	
400m		70.	5:18.02	384	5:24.00	104%
200m	, 2013 (11 ),			-	2:47.00	- 1
400m	, 2013 (11 ),	122.	5:42.96	306	5:43.00	100%
100m		122.	0.42.00	-	1:28.79	-
200m				-	2:59.00	-
	, 2013 (11    ),					1
100m				-	1:08.00	-
400m 200m		94.	5:26.73	354 -	5:35.00 2:53.00	105%
200111	, 2012 (12 ),			-	2.33.00	1
400m	, 2012 (12 ),	109.	5:32.34	337	5:36.00	102%
100m				-	1:22.50	-
200m				-	2:58.00	-
	, 2011 (13 ),					•
400m		128.	5:04.94	337	4:55.00	94%
100m 200m		121.	2:41.65	- 311	1:09.00 2:35.00	92%
200111	, 2010 (14 ),	121.	2.41.03	311	2.33.00	9270
400m	,	88.	4:54.94	372	5:00.00	103%
100m				-	1:05.50	-
200m		25.	2:26.50	419	2:27.00	101%
	, 2012 (12 ),					
100m 400m		61.	5:14.16	399	1:05.90 5:14.00	100%
200m		01.	3.14.10	-	2:46.00	-
200	, 2012 (12 ),				2. 10.00	1
400m	, - (	23.	5:00.84	454	5:00.76	100%
100m					1:15.60	
200m	2040 (44		2:31.56	519	2:34.33	104%
400	, 2010 (14 ),	454	5 47 00	000	5.00.00	2040/
400m 100m		151.	5:17.63	298	5:20.00 1:11.00	101%
200m		126.	2:42.08	309	2:44.00	102%
-		-			•	
						19
	, 2010 (14 ),					2
100m	. , , ,			-	55.22	-
400m		6.	4:26.99	502	4:32.45	104%
200m		14.	2:22.46	455	2:25.42	104%

			,			
400m	, 2011 (13 ),	83.	5:21.23	373	5:12.00	94%
100m		00.	0.21.20	-	1:22.72	-
200m				-	2:47.38	-
	, 2012 (12 ),					
400m 100m		52.	5:11.42	409	5:11.20 1:19.71	100%
200m				-	2:45.10	-
	, 2010 (14 ),					
400m		21.	4:38.39	443	4:43.78	104%
100m 200m		31.	2:27.12	413	1:15.65 2:27.24	100%
200111	, 2011 (13 ),	01.	2.27.12	410	2.21.27	10070
400m	, ==:: (:= ),	107.	5:00.11	353	5:02.18	101%
100m		400		-	1:14.97	-
200m	, 2011 (13 ),	136.	2:44.26	297	2:38.82	93%
100m	, 2011 (10 ),			-	1:05.00	-
400m		56.	5:13.06	403	5:10.00	98%
200m	0040 (44			-	2:48.00	=
400m	, 2010 (14 ),	3.	4:17.49	560	4:10.30	94%
100m		3.	4.17.49	-	1:02.52	9470 -
200m		10.	2:20.18	478	2:22.10	103%
400	, 2010 (14 ),					
100m 400m		65.	4:51.20	- 387	1:04.00 4:53.44	- 102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14     ),					
400m		1.	4:08.68	621	4:09.73	101%
100m 200m		1.	2:07.95	629	1:05.00 2:13.50	109%
200	, 2012 (12 ),			020	2.70.00	10070
400m	, , , , , , , , , , , , , , , , , , , ,	59.	5:13.52	401	5:10.78	98%
100m				-	1:14.00	-
200m	, 2011 (13 ),			-	2:47.46	-
400m	, 2011 (10 ),	138.	5:06.74	331	5:02.39	97%
100m		400	0.44.70	-	1:13.50	-
200m	2011 (12	122.	2:41.73	311	2:40.24	98%
100m	, 2011 (13 ),			-	1:11.46	-
400m		32.	5:04.87	436	5:12.37	105%
200m	0044 (40			-	2:52.37	-
400m	, 2011 (13 ),	11.	4:53.33	490	1.EE E7	102%
100m		11.	4.55.55	490	4:55.57 1:12.97	102%
200m			2:32.60	509	2:33.78	102%
	, 2011 (13 ),					
400m 100m		53.	5:11.69	408	5:24.16 1:15.63	108%
200m				-	2:45.16	-
	, 2010 (14    ),					
400m		80.	4:53.47	378	4:53.24	100%
100m	, 2010 (14 ),			-	1:09.17	-
100m	, 2010 (17 ),			-	1:02.18	-
400m		61.	4:50.80	388	5:00.24	107%
200m	2011 /12	93.	2:37.15	339	2:41.49	106%
400m	, 2011 (13 ),	106.	5:31.72	339	5:18.20	92%
100m		100.	0.01.12	-	1:15.73	9270
200m	0040 (4.4			-	2:40.40	-
400	, 2010 (14 ),				4.00.00	
100m 400m		37.	4:42.97	422	1:00.20 4:46.76	103%
200m		63.	2:31.60	378	2:29.33	97%
	, 2011 (13 ),					
100m		0.4	E.47.00	-	1:05.89	-
400m 200m		64.	5:17.06	388	5:20.16 2:51.94	102%
	, 2011 (13 ),				-	
400m		48.	5:10.11	414	5:12.44	102%
100m				-	1:15.06	- -
200m				-	2:46.53	-

400	, 2011 (13 ),	00	4.50.04	077	4.54.00		000/	1
400m 100m		82.	4:53.81	377 -	4:51.26 1:04.54		98%	
200m		74.	2:33.83	361	2:35.86		103%	
400	, 2012 (12 ),				4.04.74			-
100m 200m				-	1:24.71 2:41.68		-	
	, 2010 (14 ),							-
400m 100m		12.	4:30.49	483	4:28.87 1:04.92	25.04.2024 29.03.2024	99%	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14 ),							2
400m 100m		4.	4:18.37	554 -	4:21.07 1:02.09	25.04.2024 26.04.2024	102%	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
100m	, 2012 (12 ),			-	1.10.07			1
100m 400m		134.	5:52.45	282	1:12.87 6:02.18		106%	
200m	2010 (14			-	3:03.57		-	
100m	, 2010 (14 ),			_	56.54	26.04.2024	_	-
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%	
200m	, 2010 (14 ),	6.	2:17.60	505	2:16.72	24.04.2024	99%	1
100m	, 2010 (14 ),			-	1:01.04		-	
400m 200m		100. 53.	4:58.66 <b>2:30.35</b>	358 387	4:58.23 2:32.38		100% 103%	
200111	, 2011 (13 ),	55.	2.30.33	307	2.32.30		10370	1
100m		440	F-00 67	-	1:11.63		4040/	
400m 200m		119.	5:39.67	315 -	5:41.67 2:57.97		101% -	
	, 2011 (13 ),							-
100m 400m		69.	5:17.47	386	1:07.27 5:16.74		100%	
200m				-	2:48.80		-	
400	, 2010 (14 ),	70.	4.50.05	202	4.50.00		000/	-
400m 100m		70.	4:52.05	383	4:50.62 1:04.31		99%	
200m	, 2011 (13 ),	103.	2:38.60	330	2:36.18		97%	_
400m	, 2011 (13 ),	39.	5:06.09	431	5:03.05		98%	_
100m 200m				-	1:09.13 2:42.47		-	
200111	, 2011 (13 ),				2.42.41			1
400m	, , , ,	75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m 200m				-	1:15.43 2:44.59	26.04.2024 22.06.2023	-	
	, 2010 (14 ),							2
100m 400m		126.	5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
400m	, 2011 (13 ),	58.	4:48.95	396	4:55.65	25.04.2024	105%	2
100m				-	1:20.23	26.04.2024	-	
200m	, 2011 (13 ),	59.	2:30.99	382	2:33.67	24.04.2024	104%	_
100m	, 2011 (10 ),			-	1:03.95	26.04.2024	-	
400m	, 2011 (13 ),	95.	4:56.87	365	4:53.13	25.04.2024	97%	
400m	, 2011 (13 ),	67.	5:17.33	387	5:12.70		97%	-
100m				-	1:13.24		-	
200m	, 2010 (14 ),			-	2:41.91		-	1
400m	, == ( ),	116.	5:02.10	346	4:55.78	25.04.2024	96%	•
100m 200m		99.	2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	- 102%	
_30,,,	, 2011 (13 ),	55.		501			.0270	-
400m	•	57.	5:13.27	402	5:07.61 1:18.86		96%	
100m 200m				-	2:43.95		-	
	, 2010 (14 ),					00.04.0004		2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		109%	

400m	, 2010 (14 ),	00	4.50.54	250	4.50.70		000/	1
400m 100m		99.	4:58.54	359 -	4:56.78 1:12.94		99% -	
200m	2044 (42	89.	2:36.50	343	2:39.46		104%	_
400m	, 2011 (13 ),	120.	5:02.84	344	5:06.52		102%	2
100m				-	1:20.24		-	
200m	, 2011 (13 ),	97.	2:37.63	336	2:41.51		105%	_
400m	, 2011 (10 ),	60.	5:13.71	400	5:11.05		98%	
100m 200m				-	1:11.42 2:44.78		-	
200111	, 2011 (13 ),				2.11.70			1
100m		102.	4.E9.0E	- 357	1:00.75 4:55.91	26.04.2024 25.04.2024	- 98%	
400m 200m		68.	4:58.95 <b>2:32.62</b>	370	2:35.06	24.04.2024	103%	
	, 2010 (14 ),							1
400m 100m		50.	4:47.03	404 -	4:45.58 1:07.57		99%	
200m		19.	2:23.66	444	2:23.78		100%	
100m	, 2010 (14 ),			-	1:02.09		_	-
400m		63.	4:51.06	387	4:40.19		93%	
200m	, 2012 (12 ),	95.	2:37.40	337	2:35.73		98%	_
100m	,			-	1:06.45		-	
400m 200m		73.	5:18.55	382	5:15.39 2:50.71		98%	
200	, 2011 (13 ),				2.00			1
100m 400m		91.	4:55.75	369	1:00.60 4:52.60		- 98%	
200m		115.	2:40.90	316	2:44.00		104%	
100m	, 2011 (13 ),			-	1:05.45	26.04.2024	_	1
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12 ),			=	2:44.93	25.04.2024	-	
400m	, 2012 (12 ),	155.	5:24.45	279	5:10.60	25.04.2024	92%	_
100m 200m		147.	2:47.94	- 278	1:22.81 2:47.64	26.04.2024 24.04.2024	100%	
200	, 2010 (14 ),		2	2.0	2	2	.00,0	1
400m 100m		137.	5:06.69	331	5:15.13 1:20.61	25.04.2024 28.03.2024	106%	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
400m	, 2011 (13 ),	113.	5:35.23	328	5:24.88		94%	-
100m		113.	3.33.23	-	1:21.65		-	
200m	, 2010 (14 ),			-	2:52.72		-	2
400m	, 2010 (14 ),	33.	4:41.84	427	4:48.82		105%	_
100m 200m		29.	2:26.83	- 416	1:17.47 2:32.09		- 107%	
200111	, 2010 (14 ),	25.	2.20.00	410	2.02.00		10770	1
400m 100m		60.	4:50.43	390	4:52.60 1:12.58		101%	
200m		69.	2:32.69	370	2:27.60		93%	
100m	, 2012 (12 ),			-	1:04.40	28.03.2024	-	2
400m		57.	4:48.75	397	4:55.47	25.04.2024	105%	
200m	, 2010 (14 ),	102.	2:38.56	330	2:41.13	24.04.2024	103%	1
400m	, 2010 (14 ),	9.	4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	- 529	1:01.56 2:16.53		- 101%	
200111	, 2011 (13    ),	J.	2.10.00	<b>52</b> 3	2.10.00		10170	-
400m		85.	5:21.42	372	5:19.67		99%	
100m 200m				-	1:12.01 2:38.51		-	
400	, 2010 (14 ),		4. 47.04	40:	4 47		40001	-
400m 100m		54.	4:47.64	401 -	4:47.50 1:12.80		100%	
200m	2011 /42	22.	2:25.16	430	2:22.60		97%	
400m	, 2011 (13 ),	87.	5:22.95	367	5:22.80		100%	-
100m				-	1:06.89		-	
200m				-	2:41.50		-	

	2042 (42							
100m	, 2012 (12 ),			_	1:03.95	26.04.2024	-	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	0040440			-	2:42.67		-	
400	, 2012 (12 ),	400	5 50 0 <del>7</del>	070	0.00.07	04.04.0004	4040/	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13 ),							1
100m		40	5-40.45	-	1:06.87		4050/	
400m 200m		49.	5:10.15	414 -	5:17.13 2:41.97		105%	
	, 2011 (13 ),							2
100m	, , ,			-	1:04.58		-	
400m 200m		109. 117.	5:00.25 2:41.17	353 314	5:01.18 2:41.79	25.04.2024 24.04.2024	101% 101%	
200111	, 2011 (13 ),	117.	2.41.17	314	2.41.73	24.04.2024	10176	_
400m	, ==::(:= /,	91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m	2011 (12			-	2:53.69		-	
400m	, 2011 (13 ),	153.	5:22.37	285	5:13.38		95%	-
100m		100.	0.22.07	-	1:28.91		-	
200m	2244 (42	149.	2:49.23	271	2:44.49		94%	
400m	, 2011 (13 ),	24.	5.04.70	450	E-02 2E		101%	1
400m		24.	5:01.70	450	5:03.35 1:07.74		101%	
200m				-	2:39.68		-	
	, 2012 (12 ),							-
400m 100m		138.	5:54.90	276	5:54.14 1:21.59	24.04.2024 26.04.2024	100%	
200m				-	3:02.87	25.04.2024	-	
	, 2010 (14 ),							1
100m				-	54.12		-	
400m 200m		2. 2.	<b>4:15.42</b> 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14 ),	۷.	2.12.00	301	2.12.70		10070	1
400m	, == := (: : /,	42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m		40	0.04.70	-	1:09.79	26.04.2024	4000/	
200m	, 2013 (11 ),	13.	2:21.78	462	2:23.12	24.04.2024	102%	1
400m	, 2013 (11 ),	108.	5:32.14	337	5:39.66		105%	'
100m			0.02	-	1:34.94		-	
200m	2044 (42			-	2:56.62		-	4
400m	, 2011 (13 ),	105.	5:31.45	339	5:32.47		101%	1
100m		100.	0.01.40	-	1:25.17		-	
200m				-	2:55.64		-	
400	, 2012 (12 ),							-
400m 100m		112.	5:35.22	328	5:29.56 1:22.25	24.04.2024 26.04.2024	97%	
200m				-	3:05.11	25.04.2024	-	
	, 2011 (13 ),							-
400m 100m		71.	5:18.19	384	5:14.84 1:22.53	23.11.2023 23.11.2023	98%	
200m				-	2:43.30	25.04.2024	-	
	, 2012 (12 ),							-
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m				-	1:15.63 2:45.78	26.04.2024 25.04.2024	-	
200111	, 2012 (12 ),				2.10.70	20.0 1.202 1		1
400m	, , , , , , , , , , , , , , , , , , , ,	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14 ),			-	2:49.88	25.04.2024	-	2
100m	, 20.0 (),			-	1:02.55		-	_
400m		52.	4:47.24	403	4:49.66		102%	
200m	2011 (12	84.	2:35.53	350	2:38.32		104%	
100m	, 2011 (13 ),			_	1:03.13	26.04.2024	_	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	0040 (40			-	2:39.16	25.04.2024	-	
400m	, 2012 (12 ),	98.	5:28.19	350	5:20.04		102%	1
400m		30.	3.20.19		5:30.94 1:15.24		10270	
200m				-	2:51.65		-	

	2012 (12							1
400m	, 2012 (12 ),	44.	5:08.56	421	5:16.23		105%	1
100m				-	1:22.27		-	
200m	0040 (40			-	2:40.76		-	
400	, 2012 (12 ),	400	F-F0 0F	204	F.F0.00		4000/	1
400m 100m		136.	5:52.85	281	5:58.66 1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14 ),							-
100m		400	5.05.00	-	1:05.38	26.04.2024	-	
400m 200m		160. 144.	5:35.23 2:46.90	253 283	5:34.20 2:46.19	25.04.2024 24.04.2024	99% 99%	
	, 2010 (14 ),							1
400m	, ( , , ,	27.	4:40.00	435	4:46.52		105%	
100m		20	2,26.74	-	1:04.59		- 070/	
200m	, 2012 (12 ),	28.	2:26.71	417	2:24.49		97%	_
400m	, 2012 (12 ),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2044 (42			-	2:50.20	25.04.2024	-	4
400m	, 2011 (13 ),	111.	5:34.55	330	5:45.58	24.04.2024	107%	1
100m		111.	3.34.33	-	1:18.51	26.04.2024	107 /6	
200m				-	3:02.43	25.04.2024	-	
	, 2010 (14     ),							2
400m 100m		154.	5:22.85	284	5:35.50 1:15.19	25.04.2024 26.04.2024	108%	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13 ),							-
100m		40	45405	-	1:04.60	26.10.2023	-	
400m 200m		13.	4:54.85 2:34.91	482 486	4:52.83 2:34.71	24.04.2024 22.11.2023	99% 100%	
200111	, 2011 (13 ),		2.04.01	400	2.04.71	22.11.2020	10070	1
100m	, - ( - ,,			-	1:18.22	24.11.2023	-	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	, 2011 (13 ),			-	2:59.25	25.04.2024	-	1
100m	, 2011 (13 ),			_	1:01.70		_	,
400m		39.	4:43.10	421	4:42.00		99%	
200m	0040444	110.	2:39.84	322	2:42.00		103%	
400	, 2010 (14 ),	25	4.44 00	426	4.40.00		000/	-
400m 100m		35.	4:41.88	426	4:40.20 1:08.47		99%	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13 ),							-
400m 100m		73.	4:52.60	381	4:50.48 1:08.99		99%	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13    ),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m 200m				-	1:17.03 2:56.19		-	
200	, 2010 (14 ),				2.001.0			2
100m				-	59.64		-	
400m 200m		29. 16.	4:41.14 2:22.56	430 454	4:51.18 2:25.57		107% 104%	
200111	, 2011 (13 ),	10.	2.22.30	404	2.23.31		10470	1
400m	, 2011 (10 ),	30.	5:04.55	438	5:16.65	24.04.2024	108%	•
100m				-	1:19.49	26.04.2024	-	
200m	, 2010 (14 ),			-	2:39.45	25.04.2024	-	1
400m	, 2010 (14 ),	145.	5:11.00	317	5:02.94		95%	'
100m				-	1:11.66		-	
200m	2042 (42	120.	2:41.59	312	2:42.38		101%	
400m	, 2012 (12 ),	114.	5:01.82	347	5:00.14	25.04.2024	99%	-
400m		117.	5.01.02	- -	1:20.97	26.04.2024	99%	
	, 2010 (14 ),							2
100m				-	1:04.73	28.03.2024	_	
400m 200m		84. 103.	4:54.55 2:38.60	374 330	4:56.66 2:45.39	27.03.2024 16.06.2023	101% 109%	
_00111	, 2011 (13 ),	100.	00.00	555	10.00	. 5.55.2520	10070	_
400m	, == : (:0 /)	46.	5:09.47	417	5:05.80		98%	
100m				-	1:11.00		-	
200m				-	2:39.70		-	

100m				-	55.65	26.04.2024	_
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%
	, 2010 (14 ),						
100m	, (	132.	5:05.85	334	5:04.79		99%
00m		.02.	0.00.00	-	1:14.56		-
00m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14 ),						
00m	,,			_	1:04.13		_
-00m		121.	5:03.26	342	4:53.89		94%
200m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13    ),						
-00m	, ==::(:= ),	134.	5:06.22	332	5:03.36	25.04.2024	98%
00m		101.	0.00.22	-	1:11.34	26.04.2024	-
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11 ),						
100m	, == ( : : ),	144.	6:15.17	234	6:23.56	24.04.2024	105%
00m					1:38.18	26.04.2024	-
:00m				-	3:46.50	06.12.2023	-
	, 2011 (13 ),						
00m	, 2011 (10 ),			_	1:06.34		_
00m		117.	5:02.29	346	5:06.72		103%
00m		123.	2:41.79	311	2:43.15		102%
	, 2011 (13 ),	120.		311	2. 70. 10		.0270
00m	, 2011 (10 ),			-	1:06.69	07.12.2023	_
00m		136.	5:06.37	332	5:15.49	27.03.2024	106%
:00m		130. 129.	2:42.90	304	2:50.21	24.04.2024	109%
	, 2010 (14 ),	0.				!	.5576
-00m	, 2010 (14 ),	23.	4:38.83	441	4:40.20	25.04.2024	101%
00m		۷۵.	7.30.03	<del>-1-1</del> l -	1:03.07	26.04.2024	10170
	, 2011 (13 ),				1.55.07	20.01.2027	
00	, 2011 (13 ),				1.00 10		
00m 00m		25.	4:39.41	438	1:00.12 4:43.97		103%
JUIII	2014 (42 \	۷۵.	7.00.71	700	7.75.31		103/0
00-	, 2011 (13 ),	450	F.4F.01	000	F 47 00	05.04.000	40404
00m		150.	5:15.84	303	5:17.90	25.04.2024	101%
00m 00m		142.	2:45.74	289	1:15.34 2:48.64	26.04.2024	104%
JUIII	2010 (14	144.	2.43.14	209	∠.40.04	24.04.2024	104%
00-	, 2010 (14 ),	00	4.54.45	o <del>7</del> -	F 44	00.44.0000	44601
00m		83.	4:54.17	375	5:11.10 1:10.36	23.11.2023	112%
00m !00m		80.	2:34.81	- 355	1:10.36 NT		-
JUIII	, 2010 (14 ),	ου.	۵.۵4.0۱	300	INI		-
00m	, 2010 (14 ),			_	59.62	26.04.2024	-
00m		49.	4:46.80	405	4:37.90	25.04.2024	94%
00m		49. 33.	2:27.57	405 410	4:37.90 2:27.45	24.04.2024	100%
00111	2012 (12 )	55.	2.21.01	710	2.21.70	27.07.2027	10070
00m	, 2012 (12 ),	440	E-04 07	224	E-00 57		050/
00m		110.	5:34.37	331	5:26.57		95%
00m 00m				-	1:20.12 2:54.00		-
00m	, 2011 (13 ),			-	2.34.00		-
00m	, 2011 (13 ),				1:00.03		
00m		22	1.11 01	- 427	1:00.03		4049/
00m 00m		33. 83.	<b>4:41.84</b> 2:35.11	427 353	4:42.88 2:33.34		101% 98%
JUIII	2011 (12 )	თ.	۵.۵۵.۱۱	333	2.33.34		3070
00	, 2011 (13 ),				50.44		
00m		0	A-52 02	- 496	59.14 4:49.86		90%
00m		8.	4:52.02	496 555	4:49.86		99%
00m	, 2012 (12 ),		2:28.25	555	2:29.93		102%
00	, 2012 (12 ),	440	E-20 04	040	E. 47.70	24.04.0004	4050/
00m		118.	5:39.24	316	5:47.72	24.04.2024	105%
00m 00m				-	1:21.52 3:01.82	26.04.2024 25.04.2024	-
00111	2011 /12			-	0.01.02	20.07.2027	-
00-	, 2011 (13 ),		4.00.01	F00	4 40 :=	04.04.000	10001
00m		1.	4:36.01	588	4:40.15	24.04.2024	103%
00m			2.20.60	- 520	1:05.31	26.04.2024	1020/
00m	2044 (42		2:29.68	539	2:31.57	25.04.2024	103%
	, 2011 (13 ),						
-00m		110.	5:00.43	352	5:00.56		100%
00m		40-	0.00==	-	1:10.64		-
00m	0040/44	109.	2:39.77	323	2:39.17		99%
	, 2010 (14 ),						
		106.	4:59.83	354	5:03.85		103%
00m							
00m 00m 00m		92.	2:36.85	- 341	1:09.98 2:39.94		- 104%

	, 2010 (14 ),							2
100m				-	58.78		-	
400m		13.	4:31.82	476	4:47.67		112%	
200m	, 2011 (13 ),	32.	2:27.18	413	2:33.74		109%	1
400	, 2011 (13 ),	70	E-20 72	275	F-20 06	27.02.2024	4000/	1
400m 100m		79.	5:20.72	375	5:29.96 1:27.32	27.03.2024 26.04.2024	106%	
200m				_	2:52.36	25.04.2024	_	
	, 2011 (13 ),							_
400m	, ==::(:= /,	141.	5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13    ),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m	0044 (40			-	1:08.42		-	_
	, 2011 (13 ),							2
100m 400m		101.	4:58.80	358	1:05.35 4:59.54	26.04.2024 25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
200111	, 2010 (14 ),	100.		200	2.10.01	21.01.2021	10070	1
400m	, =0:0(:: /,	28.	4:40.52	433	4:43.30		102%	•
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13    ),							1
400m		124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m	, 2012 (12 ),			-	2:57.06		-	
400m	, 2012 (12 ),	38.	5:05.99	431	5:00.22		96%	-
100m		30.	3.03.99	-51	1:13.94		3070	
200m				-	2:41.99		-	
	, 2013 (11 ),							1
400m		96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m				-	2:59.30		-	
	, 2011 (13 ),							1
400m 100m		4.	4:40.74	559	4:37.71 1:04.81		98%	
200m			2:27.56	563	2:27.89		100%	
	, 2010 (14 ),							1
100m				-	1:08.86	26.04.2024	-	
400m		159.	5:30.87	263	5:34.76	25.04.2024	102%	
200m	0040/44	152.	2:57.84	234	2:37.96		79%	_
400	, 2010 (14    ),				4 = 0 00		4000/	2
400m 100m		72.	4:52.50	382	4:52.68 1:18.06		100%	
200m		52.	2:30.33	387	2:31.09		101%	
200111	, 2010 (14 ),	<i>32.</i>	2.50.55	307	2.01.00		10170	1
100m	, =0.0 ( ),			-	59.59		_	•
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13    ),							-
100m				-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	0044 (40		2:33.20	503	2:31.66	25.04.2024	98%	_
400	, 2011 (13 ),		4 00 00	-74	4 40 40	04.04.0004	4040/	2
400m 100m		2.	4:38.68	571	4:40.10 1:12.77	24.04.2024 23.11.2023	101%	
200m			2:22.53	624	2:24.20	25.04.2024	102%	
	, 2012 (12 ),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m				-	2:56.24	25.04.2024	-	
	, 2011 (13    ),							-
100m				-	1:02.61	05.10.2023		
400m 200m		15.	4:55.46 2:33.61	479 499	4:50.73 2:33.58	24.04.2024 25.04.2024	97% 100%	
200111	, 2010 (14 ),		2.00.01	+33	2.00.00	20.07.2024	10070	1
400m	, 2010 (14 ),	158.	5:30.09	265	5:30.90	25.04.2024	100%	1
100m		100.	5.55.65	-	1:13.92	26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14 ),							1
400m		85.	4:54.88	372	4:48.30		96%	
100m		20	2.20 77	-	1:05.77		1000/	
200m		39.	2:28.77	400	2:30.91		103%	

	, 2011 (13 ),							1
100m				-	1:03.15		-	
400m		19.	4:58.75	464	5:01.84		102%	
200m	, 2011 (13 ),			-	2:36.98		-	1
400m	, 2011 (10 ),	12.	4:54.60	483	4:56.36	24.04.2024	101%	'
100m		12.	4.04.00	-	1:11.76	26.04.2024	-	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13    ),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m 200m		56.	2:30.47	386	1:06.88 2:34.49		105%	
200111	, 2010 (14 ),	50.	2.30.47	300	2.54.49		10376	_
100m	, 2010 (14 ),			-	1:00.40		-	
400m		32.	4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	
	, 2012 (12 ),							1
400m		130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m 200m				-	1:31.39 3:00.67	28.03.2024 25.04.2024	-	
200111	, 2011 (13 ),				0.00.07	20.0 1.202 1		_
100m	, 2011 (10 ),			_	1:10.37		_	
400m		163.	5:43.56	235	5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13 ),							-
400m		35.	5:05.10	435	5:02.99		99%	
100m 200m				-	1:22.25 2:47.42		-	
	, 2012 (12 ),							_
100m	, == (:= ),			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m	0040 (40			-	2:49.79		-	
400	, 2012 (12 ),	400	5 50 74	000	0.04.40	04.04.0004	1000/	1
400m 100m		133.	5:50.71	286	6:01.10 1:15.81	24.04.2024 26.04.2024	106% -	
200m				-	2:57.50	25.04.2024	-	
200	, 2010 (14 ),				2.01.00	20.0202 .		_
400m	, (	68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m					1:18.29	06.10.2023		
200m	2014 (42	62.	2:31.24	380	2:29.25	24.04.2024	97%	
400	, 2011 (13 ),				4 40 04			-
100m 200m		153.	3:00.95	222	1:16.04 2:48.79		- 87%	
	, 2010 (14    ),							_
100m	, == ( ,,			-	1:01.60		-	
400m		119.	5:02.76	344	5:02.70		100%	
200m	2042 (42	100.	2:38.04	333	2:35.00		96%	4
100	, 2012 (12 ),				1.15.04			1
100m 400m		131.	5:49.82	289	1:15.24 6:01.03		- 107%	
200m		101.	3.43.02	-	3:11.37		-	
	, 2011 (13 ),							-
400m		33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m	, 2011 (13 ),			-	2:42.00		-	
400m	, 2011 (13 ),	36.	5:05.26	435	5:03.43	24.04.2024	99%	-
100m		00.	3.00.20	-	1:10.18	26.04.2024	-	
200m				-	2:42.57	25.04.2024	-	
	, 2010 (14    ),							-
400m		15.	4:32.87	470	4:31.67		99%	
100m	2011 (12			-	1:02.45		-	4
100m	, 2011 (13 ),			_	59.64			1
400m		30.	4:41.18	430	4:38.57		98%	
200m		54.	2:30.36	387	2:32.82		103%	
	, 2010 (14 ),							2
100m				-	1:00.66		-	
400m		56.	4:47.79 2:31.10	401 381	5:00.36		109% 103%	
200m	, 2011 (13 ),	60.	2.31.10	381	2:33.70		103%	_
400m	, 2011 (10 ),	48.	4:46.42	406	4:45.95	25.04.2024	100%	_
100m			- <del>-</del>	-	1:13.57	26.04.2024	-	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	

400m	, 2010 (14 ),	44.	4:44.83	413	4:40.19	25.04.2024	97%	-
100m				-	1:07.31	26.04.2024	-	
200m	0044 (40	30.	2:27.05	414	2:25.73	24.04.2024	98%	
100m	, 2011 (13 ),			_	1:06.33			1
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
400m	, 2011 (13 ),	14.	1:EE 1E	470	1.51 11		97%	-
100m		14.	4:55.45	479 -	4:51.11 1:08.96		9176	
200m			2:38.14	457	2:34.65		96%	
400	, 2010 (14 ),	445	F-04 0F	247	F-0F-04		4000/	2
400m 100m		115.	5:01.95	347 -	5:05.04 1:16.06		102% -	
200m		49.	2:30.09	389	2:32.15		103%	
400	, 2010 (14 ),	00	1.00.51	407	4.00.07	05.04.0004	000/	1
400m 100m		26.	4:39.54	437	4:36.97 1:06.71	25.04.2024 26.04.2024	98%	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12 ),							1
400m 100m		129.	5:46.75	296	5:54.58 1:35.68	24.04.2024 26.04.2024	105% -	
200m				-	3:02.58	25.04.2024	-	
	, 2010 (14 ),		. =					1
400m 100m		77.	4:53.13	379	4:56.26 1:06.63		102%	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12 ),							1
400m 100m		117.	5:38.28	319 -	5:55.38 1:26.26		110%	
200m				-	3:06.71		-	
400	, 2012 (12 ),							1
100m 400m		121.	5:41.46	310	1:15.15 5:54.03	24.04.2024	107%	
200m			• • • • • • • • • • • • • • • • • • • •	-	3:09.62	25.04.2024	-	
	, 2010 (14 ),							2
400m 100m		22.	4:38.72	441	4:46.63 1:06.13		106%	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12 ),		= .					1
400m 100m		142.	6:03.54	257	6:05.68 1:34.62	27.03.2024 28.03.2024	101% -	
200m				-	3:04.05	25.04.2024	-	
400	, 2010 (14 ),		. ==				4000/	2
400m 100m		93.	4:56.44	367	5:05.89 1:11.00		106%	
200m		73.	2:33.76	362	2:42.86		112%	
400	, 2010 (14 ),	00	4.55.40	070	4.55.00	05.04.0004	4000/	-
400m 100m		90.	4:55.48	370 -	4:55.23 1:09.85	25.04.2024 26.04.2024	100%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
400	, 2013 (11 ),	1.10	6.00.44	0.47	6.45.60		4040/	1
400m 100m		143.	6:08.41	247	6:15.63 1:27.90		104% -	
200m				-	3:02.71		-	
100m	, 2010 (14 ),				1:07.36	26.04.2024		1
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								19
	, 2011 (13 ),							2
400m	, _0 (.0 /,	11.	4:30.41	483	4:32.58		102%	-
100m		24	2,20.40	-	1:02.61		1020/	
200m	, 2010 (14 ),	34.	2:28.18	404	2:30.35		103%	_
400m	, 2010 (17 ),	71.	4:52.10	383	4:46.20		96%	
100m				-	1:17.05		-	
200m	, 2011 (13 ),	64.	2:31.85	376	2:29.55		97%	_
400m	,,	17.	4:58.03	467	4:55.18		98%	
100m 200m				-	1:14.68 2:40.38		-	
200111				-	2.70.30		-	

400m	, 2011 (13 ),	25.	5:02.37	447	4:56.03	<b>-</b> 96%
100m		25.	5.02.37	447	4.56.03 1:14.95	90%
200m				-	2:47.54	-
	, 2012 (12 ),					1
400m		6.	4:48.04	517	4:52.60	103%
100m				<del>-</del>	1:08.29	<del>-</del>
200m	0040 (44		2:37.44	463	2:35.61	98%
400	, 2010 (14 ),	140	5:15.19	205	E-07.6E	- OF9/
400m 100m		149.	5.15.19	305	5:07.65 1:18.39	95%
200m		107.	2:39.51	324	2:37.36	97%
	, 2011 (13 ),					-
400m	, , , , , , , , , , , , , , , , , , , ,	51.	5:11.10	410	5:03.43	95%
100m				-	1:22.64	-
200m	2042 (42			-	2:40.55	-
400m	, 2012 (12 ),	113.	5:01.32	240	E-02 00	<b>1</b> 102%
100m		113.	5.01.32	349	5:03.99 1:12.38	102%
200m		119.	2:41.52	312	2:41.04	99%
	, 2012 (12 ),					-
100m	•			-	1:04.60	-
400m		135.	5:06.31	332	5:06.16	100%
200m	, 2011 (13 ),	137.	2:44.31	297	2:40.08	95% <b>1</b>
100m	, 2011 (13 ),			<u>-</u>	1:04.92	- '
400m		45.	5:08.76	420	5:09.05	100%
200m			0.000	-	2:46.15	-
	, 2011 (13 ),					1
100m				-	1:06.09	-
400m		37.	5:05.59	433	5:07.54	101%
200m	, 2010 (14 ),			-	2:47.50	2
100m	, 2010 (14 ),			-	58.40	_
400m		81.	4:53.49	378	5:02.97	107%
200m		76.	2:34.04	360	2:35.53	102%
	, 2011 (13    ),					1
400m		81.	5:21.18	373	5:21.64	100%
100m 200m				-	1:16.52 2:53.92	- -
200111	, 2010 (14 ),			-	2.33.92	_
100m	, 2010 (14 ),			_	1:04.14	_
400m		140.	5:07.62	328	5:03.00	97%
200m		134.	2:44.04	298	2:42.92	99%
	, 2010 (14    ),					1
400m		47.	4:46.08	408	4:47.50	101%
100m 200m		71.	2:33.09	367	1:05.50 2:30.70	97%
	, 2011 (13 ),					=
400m	, == ( , = ),	34.	5:05.09	435	5:00.47	97%
100m				-	1:15.07	-
200m	0040 (44			-	2:43.92	-
400	, 2010 (14 ),				4.05.00	-
100m 400m		108.	5:00.14	353	1:05.23 4:49.66	- 93%
200m		150.	2:49.32	271	2:40.00	89%
	, 2011 (13 ),					1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.75	-
400m		31.	5:04.59	437	5:05.60	101%
200m	2010 (14			-	2:53.11	-
100m	, 2010 (14 ),			-	58.71	-
400m		16.	4:34.10	464	4:33.04	99%
200m		20.	2:23.82	442	2:21.32	97%
	, 2010 (14 ),					-
400m		122.	5:03.53	341	4:55.07	95%
100m		100	2.42.60	200	1:20.35	000/
200m	2042 /42	133.	2:43.60	300	2:42.82	99%
400m	- , 2012 (12	), 27.	5:03.89	440	5:10.25	<b>1</b> 104%
400m		21.	3.03.09	<del>44</del> 0 -	1:14.03	10 <del>4</del> 70 -
200m				-	2:40.09	-
	, 2010 (14    ),					-
400m		111.	5:00.98	350	4:58.35	98%
100m		120	2.42.02	- 20F	1:24.37	- 050/
200m		128.	2:42.83	305	2:38.43	95%

	0040 (44						_
	, 2010 (14    ),						2
400m		53.	4:47.42	402	4:48.68	101%	
100m				-	1:05.20	-	
200m	0044 (40	26.	2:26.59	418	2:29.33	104%	
	, 2011 (13    ),						-
400m		82.	5:21.20	373	5:11.48	94%	
100m				-	1:12.72	-	
200m	2040 (44			-	2:39.93	-	4
	, 2010 (14 ),				==		1
100m		00	4.07.04	-	56.14	-	
400m 200m		20. 17.	<b>4:37.84</b> 2:22.78	445 452	4:40.00 2:22.20	102% 99%	
200111	2010 (11	17.	2.22.10	432	2.22.20	9976	2
400	, 2010 (14 ),	_	4.04.00	540	4.07.45	4000/	2
400m		5.	4:24.28	518 -	4:27.15	102%	
100m 200m		5.	2:17.26	509	1:01.00 2:18.68	102%	
200111	, 2011 (13 ),	5.	2.17.20	509	2.10.00	102%	2
400	, 2011 (13 ),				4.04.00		_
100m		0.0	4.54.00	-	1:01.69	4000/	
400m 200m		86. 113.	4:54.90 2:40.51	372 318	5:07.83 2:40.53	109% 100%	
200111	, 2011 (13 ),	110.	2.40.01	010	2.40.00	10070	
400	, 2011 (13 ),	20	E:04 E4	420	F.00 70	070/	-
400m 100m		29.	5:04.54	438	5:00.70 1:10.86	97%	
200m				-	2:38.82	_	
200111					2.00.02		
							26
	2044 (42						
400	, 2011 (13 ),			100	= 40.00	40004	1
400m		42.	5:08.18	422	5:12.96	103%	
100m 200m			2:36.66	470	1:11.54 2:35.00	98%	
200111	2010 (11		2.30.00	470	2.33.00	9076	2
400	, 2010 (14 ),				50.05		2
100m		74.	4:52.74	- 201	59.85	1019/	
400m		74. 82.	2:35.08	381	4:54.15	101%	
200m	, 2012 (12 ),	62.	2:35.06	353	2:39.00	105%	4
400	, 2012 (12 ),	444	E-2E E0	207	F-20 26	4020/	1
400m 100m		114.	5:35.58	327	5:39.26 1:19.35	102%	
200m				-	2:56.07	-	
200111	, 2011 (13 ),				2.50.07		1
400m	, 2011 (13 ),	103.	4:59.02	357	4:56.00	98%	'
100m		103.	4.59.02	-	1:09.00	90%	
200m		118.	2:41.28	314	2:45.00	105%	
200	, 2011 (13 ),			0	2. 10.00	.0070	_
100m	, 2011 (10 ),			-	1:37.00	_	
200m				-	3:24.00	-	
	, 2011 (13 ),						_
100m	, ==::(:= ),			_	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m					3:12.00	-	
	, 2012 (12 ),						-
100m	, == (-= ,,			_	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m				-	3:10.65	-	
	, 2010 (14    ),						1
400m	, , , , , , , , , , , , , , , , , , , ,	125.	5:03.94	340	4:57.49	96%	
100m		-	-	-	1:14.00	-	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14 ),						1
400m	, , , , , , , , , , , , , , , , , , , ,	164.	5:48.93	225	5:59.00	106%	
100m				-	1:19.00	-	
	, 2011 (13 ),						2
400m		104.	4:59.22	356	5:01.37	101%	
100m				-	1:20.70		
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14     ),						1
100m	, - \ /1			-	1:03.70	-	•
400m		124.	5:03.90	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
	, 2012 (12 ),						1
400m		123.	5:43.84	304	5:50.00	104%	
100m				-	1:27.00	-	
200m				-	2:55.00	-	
	, 2011 (13    ),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m				-	1:11.00	-	
200m		140.	2:44.86	294	2:45.18	100%	

	, 2013 (11 ),						1
400m		141.	6:01.09	262	6:01.11	100%	
100m 200m				-	1:31.64 3:12.02	- -	
200111	, 2010 (14 ),				0.12.02		1
100m	, (			-	55.90	=	
400m		7.	4:27.93	497	4:26.70	99%	
200m	2242 (44	4.	2:17.05	511	2:18.70	102%	
400	, 2010 (14 ),	00	4.50.50	250	4.50 47	000/	1
400m 100m		98.	4:58.53	359	4:56.47 1:07.50	99%	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13 ),						-
400m	, - ( - ,,	149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m	2042 (44			-	3:10.00	-	
100m	, 2013 (11 ),				1:12 50	<u>-</u>	-
100m 400m		161.	5:40.86	- 241	1:12.50 5:34.00	- 96%	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12 ),						-
400m		162.	5:42.11	238	5:41.00	99%	
100m				-	1:27.00	-	
200m	, 2010 (14 ),	154.	3:01.61	219	3:01.00	99%	2
100m	, 2010 (14 ),			=	1:04.76	-	2
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13     ),						1
400m		93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m	, 2011 (13 ),			-	2:59.24	-	1
100m	, 2011 (13 ),			_	1:02.02	_	٠.
400m		88.	5:23.00	367	5:40.00	111%	
200m				-	2:48.00	-	
	, 2011 (13 ),						-
400m		127.	5:45.02	301	5:38.96	97%	
100m 200m				-	1:18.87 3:06.22	- -	
200111	, 2012 (12 ),				0.00.22		1
400m	, 2012 (12 ),	139.	5:07.02	330	5:09.00	101%	•
100m				-	1:15.85	-	
200m	0044 (40	148.	2:48.08	277	2:46.85	99%	
400	, 2011 (13 ),					1000/	1
400m 100m		115.	5:35.94	326	5:38.76 1:24.51	102%	
200m				-	2:55.31	- -	
	, 2012 (12 ),						-
400m	, , ,	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	-	
200m	, 2011 (13 ),			-	2:55.00	=	
100m	, 2011 (13 ),			-	1:04.70	-	-
400m		148.	5:13.61	310	5:12.00	99%	
	, 2010 (14 ),						1
400m		45.	4:45.43	411	4:47.00	101%	
100m				-	1:08.00	-	
200m	2014 (12	41.	2:28.99	398	2:28.00	99%	4
400m	, 2011 (13 ),	152.	5:22.32	285	5:16.00	96%	1
100m		132.	5.22.52	-	1:20.50	-	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13 ),						1
400m		148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m	, 2011 (13 ),			-	3:10.00	-	2
100m	, 2011 (13 <i>)</i> ,			-	1:04.01	-	_
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	