1 400m

. 4.00	55		. 4.20 50	) / 4		: 4:39.50 / 1 : 5:00.50 / 2 : 5:4						
: 4:23 NA 2023	3.00 /		: 4:39.50	) / 1	: 5:00	.50 / 2	: 5	:40.00 /	3	: 6:28.50		
				,						FINA		
				, 11					4.26.04			
50m:	29.41	29.41	150m:	1:38.70	35.04	250m:	2:48.72	35.00	4:36.01	4:00.59	36.05	
	1:03.66	34.25		2:13.72	35.04	300m:	3:24.54	35.82	400m:	4:36.01	35.42	
				11					4:38.68	<b>57</b> 1		
50m:	30.70	30.70	150m:	11 1:40.16	35.21	250m:	2:51.82	36.00	<b>4:30.00</b> 350m:		35.86	
	1:04.95	34.25		2:15.82	35.66		3:27.85	36.03	400m:	4:38.68	34.97	
				11					4:40.55	560	1	
50m:	30.93	30.93	150m:	1:40.97	35.71	250m:	2:53.38	36.17	350m:		36.09	
	1:05.26	34.33		2:17.21	36.24	300m:	3:29.45	36.07	400m:		35.01	
				11					4:40.74	559	1	
50m:	31.37	31.37	150m:	1:43.08	36.22	250m:	2:54.82	36.23		4:06.10	35.15	
100m:	1:06.86	35.49		2:18.59	35.51	300m:		36.13	400m:	4:40.74	34.64	
				11					4:44.57	536	1	
50m:	30.94	30.94	150m:	1:41.15	35.72	250m:	2:54.04	36.56	350m:	4:08.13	37.02	
100m:	1:05.43	34.49	200m:	2:17.48	36.33	300m:	3:31.11	37.07	400m:	4:44.57	36.44	
				12					4:48.04	517	1	
50m:	32.21	32.21	150m:	1:44.84	36.53	250m:	2:58.91	36.97		4:12.44	36.64	
100m:	1:08.31	36.10	200m:	2:21.94	37.10	300m:	3:35.80	36.89	400m:	4:48.04	35.60	
				11					4:48.49	515	1	
50m:	32.00	32.00		1:45.10	37.18	250m:	2:58.95	36.79	350m:	4:13.09	36.71	
100m:	1:07.92	35.92	200m:	2:22.16	37.06	300m:	3:36.38	37.43	400m:	4:48.49	35.40	
				11					4:52.02	496	1	
50m:	31.96	31.96		1:43.89	36.90	250m:	2:59.71	38.02		4:15.65	37.85	
100m:	1:06.99	35.03	200m:	2:21.69	37.80	300m:	3:37.80	38.09	400m:	4:52.02	36.37	
				11					4:52.11	496	1	
50m:	32.49	32.49		1:44.64	36.70	250m:	2:59.38	37.39	350m:	4:15.17	38.26	
100m:	1:07.94	35.45	200m:	2:21.99	37.35	300m:	3:36.91	37.53	400m:	4:52.11	36.94	
				11					4:52.72	493	1	
50m:	33.75	33.75		1:47.27	36.96	250m:		37.55		4:16.37	37.24	
100m:	1:10.31	36.56	200m:	2:25.03	37.76	300m:	3:39.13	36.55	400m:	4:52.72	36.35	
				11					4:53.33		1	
50m:	32.77 1:08.82	32.77 36.05		1:46.17 2:23.47	37.35 37.30	250m: 300m:	3:00.61 3:37.67	37.14	350m: 400m:	4:15.33 4:53.33	37.66 38.00	
100111.	1.00.02	30.03	200111.		37.30	300111.	3.37.07	37.06	400111.			
				11					4:54.60		1	
50m:	32.65 1:08.63	32.65 35.98		1:45.78 2:23.25	37.15 37.47	250m:	3:00.97 3:39.22	37.72 38.25		4:17.27 4:54.60	38.05 37.33	
100111.	1.00.03	33.30	200111.		37.47	300111.	3.33.22	30.23				
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100111.	1.00.04	30.13	200111.		30.03	300111.	0.41.02	30.20				
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50m:	32.15 1:08.14	32.15 35.99		1:45.38 2:23.41	37.24 38.03	250m:	3:01.90 3:40.31	38.49 38.41		4:18.65 4:55.45	38.34 36.80	
100111.	1.00.14	55.55	200111.		50.05	500111.	010.01	50.41				
<b>50</b>	20.00	20.00	450	11	07.04	0.50	2.00.40	20.04	4:55.46		1	
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	, <b>.</b>											
50m-	33.90	33 00	150~	<b>11</b> 1:49.64	30 20	250~	3.06.25	20 10	4:57.81	<b>468</b> 4:22.59	1 38.17	
50m: 100m:	33.90 1:11.35	33.90 37.45		2:28.17	38.29 38.53	250m: 300m:	3:06.35 3:44.42	38.18 38.07		4:22.59 4:57.81	38.17 35.22	
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E0	22.27	22.27	150	11	30.06	250~~	2.04.02	20 FF	4:58.03		1 38.15	
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1,	, 4	, 400m		, 20	)11					
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50m: 100m:	33.49 1:10.52	33.49 37.03	150m: 200m:	12 1:48.78 2:27.36	38.26 38.58	250m: 300m:	3:06.02 3:44.89	38.66 38.87	<b>4:58.44</b> 465 350m: 4:22.99 400m: 4:58.44	1 38.10 35.45
50m: 100m:	32.61 1:09.19	32.61 36.58	150m: 200m:	11 1:46.58 2:24.78	37.39 38.20	250m: 300m:	3:03.22 3:42.67	38.44 39.45	<b>4:58.75</b> 464 350m: 4:22.40 400m: 4:58.75	1 39.73 36.35
50m: 100m:	32.80 1:10.16	32.80 37.36	150m: 200m:	11 1:47.27 2:25.28	37.11 38.01	250m: 300m:	3:03.71 3:42.91	38.43 39.20	<b>4:58.98</b> 463 350m: 4:22.14 400m: 4:58.98	1 39.23 36.84
50m: 100m:	33.19 1:10.16	33.19 36.97	150m: 200m:	11 1:47.68 2:25.66	37.52 37.98	250m: 300m:	3:03.63 3:41.15	37.97 37.52	<b>4:59.81</b> 459 350m: 4:20.25 400m: 4:59.81	39.10 39.56
50m: 100m:	32.69 1:08.58	32.69 35.89	150m: 200m:	11 1:46.26 2:24.17	37.68 37.91	250m: 300m:	3:03.11 3:42.82	38.94 39.71	<b>5:00.79</b> 454 350m: 4:22.06 400m: 5:00.79	2 39.24 38.73
50m: 100m:	32.27 1:08.07	32.27 35.80	150m: 200m:	12 1:45.46 2:23.76	37.39 38.30	250m: 300m:	3:02.70 3:41.49	38.94 38.79	<b>5:00.84</b> 454 350m: 4:20.99 400m: 5:00.84	2 39.50 39.85
50m: 100m:	34.15 1:11.42	34.15 37.27	150m: 200m:	11 1:49.32 2:27.85	37.90 38.53	250m: 300m:	3:05.91 3:43.98	38.06 38.07	<b>5:01.70</b> 450 350m: 4:22.42 400m: 5:01.70	2 38.44 39.28
50m: 100m:	33.60 1:11.38	33.60 37.78	150m: 200m:	11 1:49.97 2:28.60	38.59 38.63	250m: 300m:	3:07.31 3:46.00	38.71 38.69	<b>5:02.37</b> 447 350m: 4:24.67 400m: 5:02.37	2 38.67 37.70
50m: 100m:	33.82 1:11.76	33.82 37.94		12 1:50.84 2:30.16	39.08 39.32	250m: 300m:	3:09.87 3:48.64	39.71 38.77	<b>5:03.12</b> 444 350m: 4:26.70 400m: 5:03.12	2 38.06 36.42
50m: 100m:	34.64 1:13.60	- 34.64 38.96		12 1:52.47 2:31.00	38.87 38.53	250m: 300m:	3:09.14 3:47.07	38.14 37.93	<b>5:03.89</b> 440 350m: 4:25.36 400m: 5:03.89	2 38.29 38.53
50m: 100m:	33.53 1:11.43	33.53 37.90		12 1:50.01 2:29.76	38.58 39.75	250m: 300m:	3:09.19 3:48.42	39.43 39.23	<b>5:04.52</b> 438 350m: 4:27.44 400m: 5:04.52	2 39.02 37.08
50m: 100m:	33.57 1:10.28	33.57 36.71		11 1:48.94 2:28.62	38.66 39.68	250m: 300m:	3:08.58 3:48.04	39.96 39.46	<b>5:04.54</b> 438 350m: 4:27.32 400m: 5:04.54	2 39.28 37.22
50m: 100m:	32.36 1:08.69	32.36 36.33		11 1:46.82 2:26.59	38.13 39.77	250m: 300m:	3:06.48 3:46.69	39.89 40.21	<b>5:04.55</b> 438 350m: 4:26.06 400m: 5:04.55	2 39.37 38.49
50m: 100m:	33.41 1:12.05	33.41 38.64		11 1:51.71 2:31.33	39.66 39.62	250m: 300m:	3:10.94 3:50.46	39.61 39.52	<b>5:04.59</b> 437 350m: 4:29.00 400m: 5:04.59	2 38.54 35.59
50m: 100m:	35.13 1:12.76	35.13 37.63	150m: 200m:	11 1:52.61 2:31.70	39.85 39.09	250m: 300m:	3:10.15 3:49.29	38.45 39.14	<b>5:04.87</b> 436 350m: 4:27.23 400m: 5:04.87	2 37.94 37.64
50m: 100m:	34.86 1:13.68	34.86 38.82	150m: 200m:	11 1:52.94 2:32.88	39.26 39.94	250m: 300m:	3:12.26 3:51.29	39.38 39.03	<b>5:04.98</b> 436 350m: 4:29.07 400m: 5:04.98	2 37.78 35.91
50m: 100m:	33.34 1:10.67	33.34 37.33	150m: 200m:	11 1:50.09 2:29.49	39.42 39.40	250m: 300m:	3:08.81 3:47.81	39.32 39.00	<b>5:05.09</b> 435 350m: 4:26.72 400m: 5:05.09	2 38.91 38.37
50m: 100m:	34.54 1:12.43	34.54 37.89	150m: 200m:	11 1:50.78 2:29.31	38.35 38.53	250m: 300m:	3:08.15 3:47.09	38.84 38.94	<b>5:05.10</b> 435 350m: 4:26.49 400m: 5:05.10	2 39.40 38.61

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50m: 100m:	32.57 1:09.56	32.57 36.99	150m: 200m:	11 1:48.79 2:28.84	39.23 40.05	250m: 300m:	3:09.08 3:49.43	40.24 40.35	<b>5:05.59</b> 433 350m: 4:28.62 400m: 5:05.59	2 39.19 36.97
50m: 100m:	33.27 1:11.35	33.27 38.08		12 1:50.64 2:29.98	39.29 39.34	250m: 300m:	3:09.10 3:48.61	39.12 39.51	<b>5:05.99</b> 431 350m: 4:27.82 400m: 5:05.99	2 39.21 38.17
50m: 100m:	33.11 1:11.06	33.11 37.95	150m: 200m:	11 1:49.76 2:29.30	38.70 39.54	250m: 300m:	3:08.86 3:48.71	39.56 39.85	<b>5:06.09</b> 431 350m: 4:28.56 400m: 5:06.09	2 39.85 37.53
50m: 100m:	32.83 1:09.85	32.83 37.02	150m: 200m:	11 1:48.49 2:27.99	38.64 39.50	250m: 300m:	3:08.39 3:48.58	40.40 40.19	<b>5:06.89</b> 428 350m: 4:28.26 400m: 5:06.89	2 39.68 38.63
50m: 100m:	34.82 1:14.78	34.82 39.96	150m: 200m:	11 1:54.35 2:34.08	39.57 39.73	250m: 300m:	3:12.86 3:51.65	38.78 38.79	<b>5:07.47</b> 425 350m: 4:30.48 400m: 5:07.47	2 38.83 36.99
50m: 100m:	33.30 1:11.45	33.30 38.15	150m: 200m:	11 1:50.56 2:30.35	39.11 39.79	250m: 300m:	3:10.80 3:51.03	40.45 40.23	<b>5:08.18</b> 422 350m: 4:31.23 400m: 5:08.18	2 40.20 36.95
50m: 100m:	35.57 1:13.77	35.57 38.20	150m: 200m:	11 1:52.38 2:32.16	38.61 39.78	250m: 300m:	3:11.34 3:51.04	39.18 39.70	<b>5:08.38</b> 421 350m: 4:30.78 400m: 5:08.38	2 39.74 37.60
50m: 100m:	34.42 1:12.84	34.42 38.42		12 1:52.73 2:32.23	39.89 39.50	250m: 300m:	3:13.33 3:53.18	41.10 39.85	<b>5:08.56</b> 421 350m: 4:32.85 400m: 5:08.56	2 39.67 35.71
50m: 100m:	33.25 1:11.32	33.25 38.07		11 1:50.42 2:30.66	39.10 40.24	250m: 300m:	3:10.61 3:50.89	39.95 40.28	<b>5:08.76</b> 420 350m: 4:31.53 400m: 5:08.76	2 40.64 37.23
50m: 100m:	35.84 1:15.06	35.84 39.22		11 1:54.28 2:33.42	39.22 39.14	250m: 300m:	3:12.62 3:51.93	39.20 39.31	<b>5:09.47</b> 417 350m: 4:31.29 400m: 5:09.47	2 39.36 38.18
50m: 100m:	34.99 1:13.68	34.99 38.69		12 1:53.26 2:33.16	39.58 39.90	250m: 300m:	3:13.12 3:52.72	39.96 39.60	<b>5:09.90</b> 415 350m: 4:32.02 400m: 5:09.90	2 39.30 37.88
50m: 100m:	34.71 1:13.19	34.71 38.48		11 1:53.37 2:33.74	40.18 40.37	250m: 300m:	3:13.71 3:53.72	39.97 40.01	<b>5:10.11</b> 414 350m: 4:32.74 400m: 5:10.11	2 39.02 37.37
50m: 100m:	35.51 1:14.71	35.51 39.20		11 1:54.15 2:34.14	39.44 39.99	250m: 300m:		40.11 39.86	<b>5:10.15</b> 414 350m: 4:33.20 400m: 5:10.15	39.09 36.95
50m: 100m:	35.52 1:14.58	35.52 39.06		12 1:54.29 2:34.08	39.71 39.79	250m: 300m:	3:13.86 3:53.77	39.78 39.91	<b>5:10.60</b> 412 350m: 4:33.25 400m: 5:10.60	2 39.48 37.35
50m: 100m:	32.89 1:11.07	32.89 38.18	150m: 200m:	11 1:50.33 2:30.19	39.26 39.86	250m: 300m:	3:09.69 3:50.10	39.50 40.41	<b>5:11.10</b> 410 350m: 4:31.26 400m: 5:11.10	2 41.16 39.84
50m: 100m:	35.40 1:14.17	35.40 38.77		12 1:53.19 2:33.00	39.02 39.81	250m: 300m:	3:12.15 3:52.01	39.15 39.86	<b>5:11.42</b> 409 350m: 4:31.31 400m: 5:11.42	2 39.30 40.11
50m: 100m:	34.60 1:12.74	34.60 38.14	150m: 200m:	11 1:52.26 2:32.07	39.52 39.81	250m: 300m:	3:11.84 3:52.25	39.77 40.41	<b>5:11.71</b> 408 350m: 4:32.63 400m: 5:11.71	2 40.38 39.08

, 29. - 31.5.2024 1, , 400m , 2011 **FINA** 11 5:11.97 407 2 50m: 34.91 34.91 150m: 1:54.37 40.30 250m: 3:14.81 40.22 350m: 4:34.68 39.89 100m: 1:14.07 39.16 200m: 2:34.59 40.22 300m: 3:54.79 39.98 400m: 5:11.97 37.29 11 5:13.06 403 2 50m: 34.61 34.61 150m: 1:53.34 39.66 250m: 3:14.00 40.11 350m: 4:34.77 39.66 1:13.68 39.07 2:33.89 40.55 300m: 3:55.11 400m: 38.29 100m: 200m: 41.11 5:13.06 11 5:13.27 402 2 50m: 34.85 34.85 150m: 1:54.37 39.87 250m: 3:15.18 40.12 350m: 4:35.35 39.89 100m: 1:14.50 39.65 200m: 2:35.06 40.69 300m: 3:55.46 40.28 400m: 5:13.27 37.92 12 5:13.29 402 2 50m: 35.15 35.15 150m: 1:56.25 41.37 250m: 3:17.24 40.19 350m: 4:37.46 39.57 2:37.05 300m: 400m: 100m: 1:14.88 39.73 200m: 40.80 3:57.89 40.65 5:13.29 35.83 12 5:13.52 401 2 50m: 36.21 36.21 150m: 1:55.71 40.32 250m: 3:15.55 39.89 350m: 4:34.58 38.22 1:15.39 39.18 2:35.66 39.95 300m: 3:56.36 40.81 400m: 5:13.52 38.94 100m: 200m: 400 11 5:13.71 2 1:52.40 41.06 40.52 350m: 4:34.56 40.23 50m 33.18 33.18 150m: 250m: 3:13.67 2:33.15 300m: 3:54.33 400m: 100m: 1:11.34 38.16 200m: 40.75 40.66 5:13.71 39.15 12 5:14.16 399 2 50m: 34.02 34.02 150m: 1:52.22 40.30 250m: 3:13.00 40.45 350m: 4:34.19 40.89 100m: 1:11.92 37.90 200m: 2:32.55 40.33 300m: 3:53.30 40.30 400m: 5:14.16 39.97 12 5:14.32 398 2 34.64 1:55.23 39.86 50m: 150m: 40.54 250m: 3:15.60 39.88 350m: 4:36.09 34.64 100m: 1:14.69 40.05 200m: 2:35.72 40.49 300m: 3:56.23 40.63 400m: 5:14.32 38.23 11 5:16.47 390 2 1:53.46 40.46 250m: 4:38.13 41.08 50m: 33.93 33.93 150m: 3:15.74 41.11 350m: 100m: 1:13.00 39.07 200m: 2:34.63 41.17 300m: 3:57.05 41.31 400m: 5:16.47 38.34 388 11 5:17.06 2 50m: 35.09 35.09 150m: 1:55.65 41.01 250m: 3:17.09 40.42 350m: 4:37.74 40.24 100m: 1:14.64 39.55 200m: 2:36.67 41.02 300m: 3:57.50 40.41 400m: 5:17.06 39.32 12 5:17.11 388 2 50m: 33.69 33.69 150m: 1:54.15 41.03 250m: 3:16.52 41.16 350m: 4:38.17 40.88 2:35.36 41.21 300m: 400m: 100m: 1:13.12 39.43 200m: 3:57.29 40.77 5:17.11 38.94 12 5:17.24 387 2 150m: 1:50.66 350m: 4:35.16 42.15 50m 33 93 33 93 39 34 250m· 41 24 3:11.70 100m: 1:11.32 37.39 200m: 2:30.46 39.80 300m: 3:53.01 41.31 400m: 5:17.24 42.08 11 5:17.33 387 2 50m: 34.56 34.56 150m: 1:55.44 41.37 250m: 3:19.08 42.39 350m: 4:40.78 40.80 100m: 1:14.07 39.51 200m: 2:36.69 41.25 300m: 3:59.98 40.90 400m: 5:17.33 36.55 11 5:17.34 387 2 1:51.76 4:37.14 41.50 50m 33 17 33 17 150m 40.62 250m· 3.14 07 41.68 350m 100m: 1:11.14 37.97 200m: 2:32.39 40.63 300m: 3:55.64 41.57 400m: 5:17.34 40.20 11 5:17.47 386 2 1:54.57 250m: 350m: 4:39.16 41.06 50m: 34.43 34.43 150m: 40.73 3:16.84 41.40 39.41 200m: 2:35.44 40.87 300m: 3:58.10 400m: 5:17.47 100m: 1:13.84 41.26 38.31 11 5:18.19 384 2 1:52.87 40.90 50m: 34.05 34.05 150m: 40.59 250m: 3:14.57 41.17 350m: 4:37.27 100m: 1:12.28 38.23 200m: 2:33.40 40.53 300m: 3:56.37 41.80 400m: 5:18.19 40.92 11 5:18.21 384 2 50m: 35.66 35.66 150m: 1:55.67 40.00 250m: 3:17.17 40.61 350m: 4:39.19 40.95

100m:

50m:

100m:

1:15.67

34.46

1:14.18

40.01

34.46

39.72

300m:

250m:

300m:

3:58.24

3:17.80

3:58.20

40.89

40.67

41.35

2:36.56

1:54.85

2:36.20

12

200m:

150m:

200m:

39.02

40.67

39.68

2

5:18.21

4:38.87

5:18.55

382

400m:

5:18.55

350m:

400m:

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100m:	1.17.34	40.79	200111.	2.39.63	41.12	300111.	4:01.32	40.73	<b>5:20.16</b> 377	37.67
50m: 100m:	34.90 1:15.30	34.90 40.40	150m: 200m:	1:57.61 2:38.84	42.31 41.23	250m: 300m:	3:19.76 4:00.78	40.92 41.02	350m: 4:41.38 400m: 5:20.16	40.60 38.78
50m: 100m:	34.91 1:14.94	34.91 40.03	150m: 200m:	11 1:56.17 2:37.94	41.23 41.77	250m: 300m:	3:19.65 4:01.02	41.71 41.37	<b>5:20.22</b> 376 350m: 4:41.58 400m: 5:20.22	2 40.56 38.64
				11					<b>5:20.52</b> 375	2
50m: 100m:	34.65 1:14.12	34.65 39.47	150m: 200m:	1:54.65 2:35.60	40.53 40.95	250m: 300m:	3:17.08 3:58.45	41.48 41.37	350m: 4:40.23 400m: 5:20.52	41.78 40.29
	34.60 1:13.91	34.60 39.31	150m: 200m:	11 1:55.20 2:36.96	41.29 41.76	250m: 300m:	3:17.54 3:59.14	40.58 41.60	<b>5:20.92</b> 374 350m: 4:41.13 400m: 5:20.92	2 41.99 39.79
50m: 100m:	36.69 1:16.29	36.69 39.60	150m: 200m:	11 1:57.43 2:38.73	41.14 41.30	250m: 300m:	3:20.32 4:02.24	41.59 41.92	<b>5:21.18</b> 373 350m: 4:42.69 400m: 5:21.18	2 40.45 38.49
				11					<b>5:21.20</b> 373	2
50m: 100m:	33.49 1:12.04	33.49 38.55		1:52.94 2:35.76	40.90 42.82	250m: 300m:	3:17.83 4:01.23		350m: 4:42.36 400m: 5:21.20	41.13 38.84
50m: 100m:	36.41 1:14.65	36.41 38.24	150m: 200m:	11 1:55.12 2:36.67	40.47 41.55	250m: 300m:	3:17.42 3:59.30	40.75 41.88	<b>5:21.23</b> 373 350m: 4:40.81 400m: 5:21.23	2 41.51 40.42
50m: 100m:	35.68 1:16.70	35.68 41.02	150m: 200m:	12 1:58.16 2:39.81	41.46 41.65	250m: 300m:	3:21.15 4:02.75	41.34 41.60	<b>5:21.41</b> 372 350m: 4:43.86 400m: 5:21.41	2 41.11 37.55
50m: 100m:	36.05 1:16.50	36.05 40.45	150m: 200m:	11 1:58.48 2:39.96	41.98 41.48	250m: 300m:	3:22.26 4:03.40	42.30 41.14	<b>5:21.42</b> 372 350m: 4:44.64 400m: 5:21.42	2 41.24 36.78
50m: 100m:	36.35 1:16.42	36.35 40.07		11 1:57.47 2:38.87	41.05 41.40		3:19.43 4:00.85		<b>5:21.67</b> 371 350m: 4:41.74 400m: 5:21.67	2 40.89 39.93
	35.96 1:16.13	35.96 40.17		11 1:57.42 2:39.35	41.29 41.93		3:21.41 4:03.57	42.06 42.16	<b>5:22.95</b> 367 350m: 4:44.41 400m: 5:22.95	2 40.84 38.54
	34.90 1:14.96	34.90 40.06		11 1:56.21 2:37.78	41.25 41.57	250m: 300m:	3:18.90 4:01.40	41.12 42.50	<b>5:23.67</b> 364 350m: 4:42.11 400m: 5:23.67	2 40.71 41.56
50m: 100m:	35.25 1:16.27	35.25 41.02		12 2:00.33 2:42.53	44.06 42.20	250m: 300m:		41.38 41.56	<b>5:24.46</b> 362 350m: 4:46.38 400m: 5:24.46	2 40.91 38.08
50m: 100m:	36.21 1:16.04	36.21 39.83		12 1:57.73 2:39.10	41.69 41.37	250m: 300m:		42.08 42.42	<b>5:27.11</b> 353 350m: 4:47.16 400m: 5:27.11	2 43.56 39.95
	36.82 1:17.41	36.82 40.59		12 1:59.70 2:42.36	42.29 42.66	250m: 300m:	3:24.76 4:07.97	42.40 43.21	<b>5:31.09</b> 340 350m: 4:50.02 400m: 5:31.09	2 42.05 41.07
50m: 100m:	33.97 1:14.73	33.97 40.76		11 1:57.14 2:39.35	42.41 42.21	250m: 300m:	3:22.20 4:05.84	42.85 43.64	<b>5:31.72</b> 339 350m: 4:49.63 400m: 5:31.72	2 43.79 42.09