%						
					2044 (42	
101%	4:53.48	493	4:52.72	10.	, 2011 (13),	400m
-	1:11.32	-	4.32.72	10.		100m
-	2:35.20	-				200m
					, 2011 (13),	
=	5:08.05	-				400m
- 40E0/	1:18.37	-	2.44 50	120		100m
105%	2:48.88	295	2:44.58	139.	2010 (14	200m
_	4:46.77	-			, 2010 (14),	400m
-	1:10.23	-				100m
103%	2:25.50	445	2:23.54	18.		200m
					, 2010 (14),	
-	5:03.12	-			, , , , , , , , , , , , , , , , , , , ,	400m
-	1:09.93	-				100m
105%	2:40.19	342	2:36.69	91.	0040 (44	200m
	F7 00				, 2010 (14),	100
-	57.36 4:59.79	-				100m 100m
108%	2:31.28	427	2:25.51	24.		200m
· -					, 2011 (13),	
99%	5:27.33	347	5:28.91	100.	, - (- //	100m
-	1:14.81	-				100m
-	2:46.39	-			0040 (44	200m
	4.50.07				, 2010 (14),	400
-	4:56.97	-				100m 100m
105%	1:14.87 2:34.33	387	2:30.38	55.		200m
					, 2010 (14),	
=	4:47.31	-			, 2010 (11),	100m
-	1:08.10	-				00m
99%	2:32.09	371	2:32.51	66.		200m
					, 2012 (12),	
97%	5:44.42 1:21.94	288	5:49.98	132.		100m 100m
-	2:59.66	-				200m
	2.00.00				, 2010 (14),	
=	58.01	-			, 2313 (11),	100m
-	4:50.47	-				100m
102%	2:34.12	368	2:32.86	70.		200m
					, 2011 (13),	
-	1:02.34	-	4 40 55	•		100m
101%	4:42.01 2:38.03	560	4:40.55	3.		100m 200m
-	2.30.03	-			, 2011 (13),	LOUIT
102%	4:51.80	515	4:48.49	7.	,	400m
-	1:11.90	-		, ,		100m
-	2:33.50	-				200m
					, 2011 (13),	
101%	5:21.89	374	5:20.92	80.		100m
=	1:19.46	-				00m
-	2:51.06	-			, 2010 (14),	200m
_	59.01	-			, 2010 (14),	00m
-	4:57.39	-				100m
106%	2:32.60	404	2:28.24	35.		200m
					, 2011 (13),	
-	1:09.62	-				00m
101%	5:21.68	375	5:20.52	78.		100m
-	2:52.65	-			2011 (12	200m
	4.40 60				, 2011 (13),	100~
- -	4:49.60 1:13.73	-				100m 100m
104%	2:32.11	395	2:29.38	44.		200m
		-			, 2011 (13),	
98%	5:24.80	349	5:28.41	99.	, - (-),	100m
98% -	5:24.80 1:27.21 2:47.65	349	5:28.41	99.	, - (- , ,	400m 100m 200m

	// .						
400m	, 2010 (14),			-	4:40.73		1
400m				-	1:02.37	-	
200m		8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m				-	4:51.47	-	
100m		75.	2:34.02	360	1:05.79	1019/	
200m	, 2010 (14),	75.	2.34.02	360	2:34.41	101%	1
400m	, 2010 (14),			-	4:47.34	_	•
100m				-	1:02.00	-	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						-
400m 100m		20.	4:58.98	463	4:57.41 1:17.17	99%	
200m				-	2:35.78	-	
200	, 2011 (13),				2.000		-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m	0040 (44			-	2:53.06	-	
400	, 2010 (14),				E.44 E4		1
400m 100m				-	5:11.54 1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						1
400m		68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	- -	
200m				-	2:41.48	-	
							7
	, 2012 (12),						1
100m	, 2012 (12),			_	1:11.43	_	'
400m		50.	5:10.60	412	5:16.95	104%	
200m				-	2:51.60	-	
	, 2010 (14),						-
100m				-	56.28	-	
400m 200m		37.	2:28.61	401	4:35.56 2:26.07	- 97%	
200111	, 2012 (12),	01.	2.20.01	101	2.20.07	0170	_
400m	, == (= /,	66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	=	
200m	0040 (44			-	2:37.03	=	
100m	, 2010 (14),				1:01.10		-
400m				-	4:50.45	- -	
	, 2010 (14),						-
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:39.55	=	
100m				-	1:16.99	-	
200m	2011 (12	48.	2:30.05	390	2:27.07	96%	4
400m	, 2011 (13),	74.	5:19.44	379	E-20 26	101%	1
100m		74.	5.19.44	379 -	5:20.36 1:13.26	101%	
200m				-	2:46.21	-	
	, 2010 (14),						1
400m				-	4:49.08	-	
100m		54	0-20-24	-	1:07.68	4000/	
200m	, 2012 (12),	51.	2:30.31	387	2:30.54	100%	1
100m	, 2012 (12),			-	1:08.16	-	'
400m		47.	5:09.90	415	5:21.42	108%	
200m				-	2:47.40	-	
	, 2012 (12),						1
100m		60	E.44.22	-	1:08.40	4040/	
400m 200m		62.	5:14.32	398	5:15.16 2:51.08	101%	
200111	, 2010 (14),				2.01.00		_
100m	, (/)			-	1:01.11	-	
400m				-	4:48.25	-	
200m		72.	2:33.47	364	2:32.15	98%	
400	, 2011 (13),	•	4 == -:		5.00.50		1
400m 100m		21.	4:59.81	459	5:00.52 1:14.84	100%	
200m				-	2:41.53	- -	
	, 2011 (13),						-
400m	, , , ,	76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m				-	2:39.00	-	

	2242 (44						
400m	, 2010 (14),			-	4:51.04	_	-
100m				-	1:05.26	- -	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						-
400m 100m				-	4:36.00 1:07.50	-	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	97.	5:27.25	353	5:28.72	101%	
100m				-	1:20.44	-	
200m	2011 (12			-	2:52.24	-	
400m	, 2011 (13),	63.	5:16.47	390	5:12.90	98%	-
100m		03.	3.10.47	-	1:11.34	-	
200m				-	2:44.44	-	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		86.	2:36.14	346	4:31.41 2:33.34	96%	
200111	, 2010 (14),	00.	2.00.14	040	2.00.04	3070	_
400m	, 2010 (11),			-	4:50.50	-	
100m				-	1:16.20	-	
200m	0040 (44	46.	2:29.60	393	2:29.00	99%	
400	, 2010 (14),				4.00.00		-
400m 100m				-	4:32.06 1:00.00	-	
200m		7.	2:18.80	492	2:17.73	98%	
	, 2011 (13),						-
400m		89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							16
	, 2011 (13),						
100m	, - (- ,,			-	1:01.00	-	
400m					5:12.00	-	
200m	0040 (40	108.	2:39.54	324	2:38.50	99%	
100	, 2012 (12),				1.10.00		-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m				-	2:52.00	-	
	, 2010 (14),						-
100m				-	1:01.00	-	
400m 200m		57.	2:30.56	386	4:43.00 2:30.00	99%	
200	, 2012 (12),	0	2.00.00	333	2.00.00	0070	1
100m	, 2012 (12),			-	1:05.00	-	•
400m				-	5:03.00	-	
200m	0040 (40	132.	2:43.49	301	2:45.00	102%	
400m	, 2012 (12),	65.	5:17.11	388	5:06.00	93%	-
400m		65.	5.17.11	-	1:12.90	93%	
200m				-	2:46.00	-	
	, 2011 (13),						-
100m				-	1:09.00	-	
400m 200m		77.	5:20.22	376 -	5:17.90 2:49.60	99%	
200111	, 2012 (12),			_	2.49.00	_	_
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m	2010 (11			-	2:49.60	-	
400	, 2010 (14),				4.50.00		1
400m 100m				-	4:56.38 1:13.64	-	
200m		27.	2:26.65	417	2:27.94	102%	
	, 2011 (13),						1
100m				-	1:05.50	-	
400m		41.	5:07.47	425	5:15.00	105%	
200m	, 2010 (14),			-	2:46.00	=	_
100m	, 2010 (14),			-	59.95	-	-
400m				-	4:54.00	-	
200m		125.	2:41.98	310	2:36.00	93%	

	0040 (44					
400m	, 2010 (14),			-	5:04.00	-
100m				-	1:15.00	-
200m		79.	2:34.76	355	2:33.00	98%
	, 2011 (13),					-
100m					1:05.00	.
400m		43.	5:08.38	421	4:55.00	92%
200m	0040 (44			-	2:47.00	-
400	, 2010 (14),				4.50.00	1
400m 100m				-	4:58.00 1:18.00	-
200m		81.	2:34.91	354	2:38.35	104%
	, 2012 (12),					=
400m	, == (=),	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	-
200m				-	2:54.00	-
	, 2010 (14),					-
100m				-	1:00.00	-
400m 200m		78.	2:34.27	358	4:44.22 2:30.55	- 95%
200111	, 2011 (13),	70.	2.04.27	550	2.00.00	3070
400m	, 2011 (13),			-	4:58.00	<u>.</u>
100m				-	1:10.00	-
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12),					1
400m		140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m	2040 (44			-	3:14.00	-
400	, 2010 (14),				4.44.00	-
400m 100m				-	4:41.90 1:06.90	- -
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m				-	2:36.17	-
	, 2011 (13),					-
400m				-	4:53.00	-
100m 200m		138.	2:44.35	296	1:09.00 2:42.00	97%
200	, 2012 (12),	.00.	2	200	22.00	
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	97%
100m				-	1:25.00	-
200m				-	2:58.00	-
	, 2012 (12),					1
400m		92.	5:25.53	358	5:31.00	103%
100m 200m				-	1:17.50 2:57.00	-
200111	, 2012 (12),				2.07.00	1
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	109%
100m		107.	0.00.00	-	1:35.00	-
200m				-	3:03.74	-
	, 2010 (14),					-
400m				-	4:52.00	-
100m 200m		151.	2:53.07	254	1:10.00 2:45.00	- 91%
200111	, 2012 (12),	131.	2.33.07	204	2.43.00	1
100m	, 2012 (12),			-	1:05.00	- '
400m		18.	4:58.44	465	5:05.50	105%
200m				-	2:40.14	-
	, 2010 (14),					-
400m				-	5:20.00	-
100m 200m		146.	2:47.48	280	1:09.00 2:41.00	- 92%
200111	, 2011 (13),	140.	2.47.40	200	2.41.00	3270
400m	, 2011 (10),	86.	5:21.67	371	5:14.45	96%
100m		00.	0.2.10.	-	1:23.21	-
200m				-	2:43.34	-
	, 2011 (13),					-
400m	•	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	, 2011 (13),			-	2:50.00	-
400m	, 2011 (13),	128.	5:46.63	297	5:30.00	91%
100m		120.	5.40.03		1:17.00	
200m				-	2:53.00	- -

100m								
400m		, 2010 (14),						-
200m , 2011 (13), 55. 235.94 347 235.29 99 400m							=	
, 2011 (13), 400m 100m 200m , 2012 (12), 55. 5:11.97 407 5:19.78 102 200m , 2013 (11), 58. 5:13.29 402 5:10.00 200m , 2013 (11), 145. 6:18.95 227 6:02.00 , 2010 (14), 250.00 , 2010 (14), 400m 100m , 2011 (13), 242.95 304 2:24.00 , 2011 (13), 22. 5:00.79 464 4:55.76 102 200m , 2013 (11), 101. 5:29.00 347 5:30.00 107 200m , 2012 (12), 5:18.92 384 5:24.00 100 200m , 2013 (11), 101. 5:29.00 347 5:30.00 107 200m , 2011 (13), 5:18.92 384 5:24.00 100 200m , 2011 (13), 5:18.92 384 5:24.00 100 200m , 2011 (13), 5:18.92 384 5:24.00 100 200m , 2011 (13), 102. 5:18.92 384 5:24.00 100 200m , 2013 (11), 102. 5:18.92 384 5:24.00 100 200m , 2013 (11), 100m , 2013 (11), 100m , 2013 (11), 100m , 2014 (12), 100m , 2015 (11), 100m , 2015 (12), 100m , 2016 (13), 100m , 2017 (13), 100m , 2018 (14), 100m , 2019 (14), 100m , 2010 (1							-	
400m	00m	2044 (42	85.	2:35.94	347	2:35.29	99%	4
100m 200m		, 2011 (13),						1
200m			55.	5:11.97			105%	
, 2012 (12), 400m 200m , 2013 (11), 400m 200m , 2010 (14), 400m 200m , 2011 (13), 400m 200m , 2011 (13), 400m 200m , 2011 (13), 400m 200m , 2012 (12), 400m 200m , 2013 (11), 400m 200m , 2011 (13), 400m 200m , 2013 (11), 400m 200m , 2012 (12), 400m 200m , 2013 (11), 400m 200m , 2012 (12), 400m 200m , 2013 (11), 400m 200m , 2013 (11), 400m 200m , 2014 (13), 400m 200m , 2015 (11), 400m 200m , 2011 (13), 400m 200m , 2012 (12), 400m 200m , 2013 (11), 400m 200m , 2014 (13), 400m 200m , 2015 (11), 400m 200m , 2016 (11), 400m 200m , 2017 (12), 400m 200m , 2018 (11), 400m 200m , 2019 (12), 400m 200m , 2010 (14), 400m 200m , 2012 (12), 400m 200m , 2012 (12), 400m 200m , 2010 (14), 400m 200m , 2010							-	
400m	OOIII	2012 (12			-	2.41.12	-	_
116.00 200m	.00m	, 2012 (12),	58	5.13.20	402	5:10.00	98%	_
200m			50.	0.10.20			-	
400m							-	
400m		, 2013 (11),						-
100m 200m 2010 (14),	00m	, , , , , , , , , , , , , , , , , , , ,	145.	6:18.95	227	6:02.00	91%	
, 2010 (14), 400m 100m 200m , 2011 (13), 224.95 304 2.42.00 98 400m , 2013 (11), 22 5.00.79 454 4.55.76 110.23 200m , 2013 (11), 301. 5.29.00 347 5.30.00 107 200m , 2012 (12), 301. 5.29.00 347 5.30.00 107 200m , 2011 (13), 301. 5.29.00 347 5.30.00 107 200m , 2012 (12), 301. 5.29.00 347 5.30.00 107 200m , 2011 (13), 5.29.00 5.11.00 100m , 2011 (13), 5.29.10 347 5.30.00 107 200m , 2011 (13), 5.29.10 5.31 5.25.50 9. 100m , 2011 (13), 5.29.10 349 5.24.00 100 200m , 2013 (11), 5.29.10 364 5.24.00 100 200m , 2013 (11), 5.29.10 364 5.24.00 100 200m , 2013 (11), 5.29.10 364 5.24.00 100 200m , 2013 (11), 5.29.10 364 5.24.00 100 200m , 2013 (11), 5.29.10 364 5.24.00 100 200m , 2013 (11), 5.29.10 364 5.25.00 100 200m , 2013 (11), 5.29.10 364 5.25.00 100 200m , 2014 (13), 5.29.10 364 5.25.00 100 200m , 2012 (12), 5.29.10 364 5.25.00 100 200m , 2011 (13), 5.29.10 364 5.25.00 100 200m , 2011 (13), 5.29.10 364 5.25.00 100 200m , 2011 (13), 5.29.10 364 5.25.00 100 200m , 2012 (12), 5.29.10 364 5.25.00 100 200m , 2012 (12), 5.29.10 364 5.25.00 365 5.25.00 100 200m , 2012 (12), 5.29.10 364 5.25.00 365 5.25.00 100 200m , 2012 (12), 5.29.10 364 5.25.00 365 5.25.00 100 200m , 2012 (12), 5.29.10 364 5.25.00 365 5.	00m						-	
400m 100m 130. 2:42.95 304 2:42.00 98 1:68.00	.00m				-	3:10.00	=	
100m		, 2010 (14),						-
130. 2.42.95 304 2.42.00 95					-		=	
, 2011 (13), 400m			400	0.40.05	-		-	
400m 22. 5.00.79 454 455.76 51 100m 223.509 100m 223.509 100m 223.509 100m 223.509 100m 220m 223.509 100m 200m 200m 2012 (12), 2012 (12), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (13), 2012 (12), 200m 200m 200m 200m 2013 (11), 2012 (12), 20	uum	2044 (42	130.	2:42.95	304	2:42.00	99%	
100m	00	, 2011 (13),	00	F 00 70	45.4	4.55.70	070/	-
200m			22.	5:00.79	454		97%	
, 2013 (11), 400m 100m 200m , 2012 (12), 400m , 2012 (12), 400m 100m , 2011 (13), 100m , 2013 (11), 400m , 2014 (12), 400m , 2015 (12), 400m , 2015 (12), 400m , 2016 (12), 400m , 2017 (12), 400m , 2018 (13), 400m , 2019 (12), 400m , 2019 (12), 400m , 2010 (14), 400					_		-	
400m	00111	2013 (11)				2.00.00		1
100m	.00m	, 2010 (11),	101	5:29.00	347	5:30.00	101%	•
200m				0.20.00			-	
400m - 5.00.00 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 100.50 - 1					-		-	
400m - 5.00.00 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 110.50 - 100.50 - 1		, 2012 (12),						-
200m	00m				-		-	
, 2011 (13), 100m							=	
100m	.00m	0044 (40	61.	2:31.15	381	2:26.50	94%	
400m		, 2011 (13),						1
200m							-	
, 2013 (11), 400m 100m 200m , 2013 (11), 100m 400m , 2013 (11), 100m 400m 94. 5:26.73 354 5:35.00 200m , 2012 (12), 400m 100m , 2011 (13), 400m , 2011 (13), 400m , 2010 (14), 400m 100m 200m , 2012 (12), 400m , 2010 (14), 400m 100m 200m , 2012 (12), 400m 100m 200m , 2012 (14), 400m 100m 200m , 2012 (14), 400m 100m 200m , 2010 (14), 400m 100m 200m 200m 200m 200m 200m 200m 2			70.	5:18.02			104%	
400m	OUM	2012 (11)			-	2.47.00	-	4
100m	00m	, 2013 (11),	122	5:42.06	306	5·43 00	100%	1
200m			122.	3.42.90			10076	
, 2013 (11), 100m 400m 94. 5:26.73 354 5:35.00 200m , 2012 (12), 400m , 2012 (12), 400m , 2011 (13), 400m , 2011 (13), 400m , 2010 (14), 100m , 2012 (12), 400m , 2010 (14)							-	
100m		. 2013 (11).						1
400m	00m	, == := (:: /,			_	1:08.00	-	-
, 2012 (12), 400m 100m 200m , 2011 (13), 400m 100m 200m , 2010 (14), 400m 100m 200m , 2012 (12), 400m 100m 200m , 2010 (14), 400m 100m 200m , 2012 (12), 100m 200m , 2010 (14), 400m 100m 200m , 2012 (12), 100m 200m , 2010 (14), 400m 100m 200m 126. 2:42.08 309 2:44.00 100 100m 200m 100m 100m 100m 100m 100m			94.	5:26.73	354		105%	
400m	.00m				-	2:53.00	=	
100m		, 2012 (12),						1
200m			109.	5:32.34			102%	
, 2011 (13), 400m 100m 200m , 2010 (14), 400m 100m 200m , 2012 (12), 400m 200m , 2012 (12), 400m 200m , 2010 (14), 400m 30m 30m 400m 400m 400m 400m 400m							-	
400m	OUM	2044 (42			-	2.56.00	-	
100m 200m	00	, 2011 (13),				4.55.00		-
200m					-		-	
, 2010 (14), 400m 100m 200m 25. 2:26.50 419 2:27.00 10° , 2012 (12), 100m 400m 400m 200m , 2012 (12), 23. 5:00.84 454 5:00.76 100° 200m , 2010 (14), 400m 100m 200m 126. 2:42.08 309 2:44.00 10° , 2010 (14), 100m 100m 200m 126. 2:42.08 309 2:44.00 10° , 2010 (14),			121	2:41 65	311		92%	
400m 100m 200m 25.		. 2010 (14).		200	· · ·	2.00.00	0270	1
100m	00m	, == \ /,			-	5:00.00	-	•
200m					-		-	
100m			25.	2:26.50	419		101%	
100m		, 2012 (12),						-
200m							-	
, 2012 (12), 400m 100m 23. 5:00.84 454 5:00.76 100 100m 200m			61.	5:14.16			100%	
400m	00m	0040 (40			-	2:46.00	-	
100m	00	, 2012 (12),	00	5.00.04	45.4	5.00.70	4000/	-
200m			23.	5:00.84			100%	
, 2010 (14), 400m 100m 200m 126. 2:42.08 309 2:44.00 102 , 2010 (14), 100m 400m - 55.22 400m - 4:32.45							-	
400m 100m 200m 126. 2:42.08 309 2:44.00 102 , 2010 (14), 100m - 55.22 400m - 4:32.45	55111	2010 (14				2.01.00	-	1
100m	.00m	, 2010 (17),			_	5:20 00	-	'
200m 126. 2:42.08 309 2:44.00 102 , 2010 (14), 100m - 55.22 400m - 4:32.45							-	
, 2010 (14), 100m - 55.22 400m - 4:32.45			126.	2:42.08			102%	
100m - 55.22 400m - 4:32.45								
100m - 55.22 400m - 4:32.45								11
100m - 55.22 400m - 4:32.45		. 2010 (14).						1
400m - 4:32.45	00m	, (/)			-	55.22	-	•
					-	4:32.45	-	
200m 14. 2:22.46 455 2:25.42 10 ⁴			14.	2:22.46	455	2:25.42	104%	

			•			
	2011 (12					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	- 94%
100m				-	1:22.72	-
200m	2042 (42			-	2:47.38	-
400	, 2012 (12),	F0	5:11.42	400	F:44 00	4000/
400m 100m		52.	5.11.42	409	5:11.20 1:19.71	100% -
200m				-	2:45.10	-
	, 2010 (14),					1
400m				-	4:43.78	-
100m 200m		31.	2:27.12	413	1:15.65 2:27.24	100%
	, 2011 (13),					-
400m	, - (- , , ,			-	5:02.18	-
100m		400		-	1:14.97	-
200m	, 2011 (13),	136.	2:44.26	297	2:38.82	93%
100m	, 2011 (13),			_	1:05.00	_
400m		56.	5:13.06	403	5:10.00	98%
200m				-	2:48.00	-
	, 2010 (14),					1
400m				-	4:10.30	-
100m 200m		10.	2:20.18	- 478	1:02.52 2:22.10	103%
	, 2010 (14),		=:=0:.0			1
100m				-	1:04.00	-
400m		00	2,26 50	- 242	4:53.44	4000/
200m	2010 (14	90.	2:36.52	343	2:39.02	103%
400m	, 2010 (14),			_	4:09.73	_ 1
100m				-	1:05.00	-
200m		1.	2:07.95	629	2:13.50	109%
	, 2012 (12),					-
400m 100m		59.	5:13.52	401 -	5:10.78 1:14.00	98%
200m				-	2:47.46	- -
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:02.39	-
100m		100	2.44.72	-	1:13.50	-
200m	, 2011 (13),	122.	2:41.73	311	2:40.24	98% 1
100m	, 2011 (13),			_	1:11.46	
400m		32.	5:04.87	436	5:12.37	105%
200m				-	2:52.37	-
400	, 2011 (13),	4.4	4.50.00	400	4.55.57	1
400m 100m		11.	4:53.33	490	4:55.57 1:12.97	102%
200m				-	2:33.78	-
	, 2011 (13),					1
400m	. ,	53.	5:11.69	408	5:24.16	108%
100m				-	1:15.63 2:45.16	-
200m	, 2010 (14),			-	۷. ۹ ۵. ال	•
400m	, 20.0 (. 1),			-	4:53.24	-
100m				-	1:09.17	-
400	, 2010 (14),				4.00.10	1
100m				-	1:02.18	-
400m 200m		93.	2:37.15	339	5:00.24 2:41.49	106%
•	, 2011 (13),		-			-
400m	•	106.	5:31.72	339	5:18.20	92%
100m				-	1:15.73	-
200m	, 2010 (14),			-	2:40.40	-
100m	, 2010 (17),			_	1:00.20	<u>-</u>
400m				-	4:46.76	-
200m		63.	2:31.60	378	2:29.33	97%
	, 2011 (13),					1
100m 400m		64.	5·17 0e	388	1:05.89	102%
400m 200m		04.	5:17.06	388	5:20.16 2:51.94	102% -
	, 2011 (13),				•	1
400m	, (- /)	48.	5:10.11	414	5:12.44	102%
100m				-	1:15.06	-
200m				-	2:46.53	-

	, 2011 (13),							1
400m				-	4:51.26		-	
100m		7.4	2.22.02	-	1:04.54		4020/	
200m	, 2010 (14),	74.	2:33.83	361	2:35.86		103%	
400	, 2010 (14),				4.50.00			
400m	, 2012 (12),			-	4:58.08		-	
100m	, 2012 (12),			_	1.04.71			-
100m 200m				-	1:24.71 2:41.68		-	
200111	, 2010 (14),			-	2.41.00		-	
400m	, 2010 (11),			_	4:28.87	25.04.2024	_	
100m				-	1:04.92	29.03.2024	-	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							1
400m				-	4:21.07	25.04.2024	-	
100m				-	1:02.09	26.04.2024	-	
200m	2010 (10	11.	2:20.34	476	2:21.29	24.04.2024	101%	
400	, 2012 (12),							1
100m		104	E.EO 4E	-	1:12.87		4000/	
400m 200m		134.	5:52.45	282	6:02.18 3:03.57		106%	
200111	, 2010 (14),				0.00.01			_
100m	, 2010 (14),			-	56.54	26.04.2024	_	
400m				-	4:22.37	25.04.2024	-	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m				-	1:01.04		-	
400m				-	4:58.23		-	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m		440	F-00 07	-	1:11.63		4040/	
400m 200m		119.	5:39.67	315	5:41.67 2:57.97		101% -	
200111	, 2011 (13),			-	2.57.97		-	_
100m	, 2011 (13),				1.07.27			_
100m 400m		69.	5:17.47	386	1:07.27 5:16.74		100%	
200m		00.	0.17.17	-	2:48.80		-	
	, 2010 (14),							-
400m	, == (, , , , , , , , , , , , , , , , ,			-	4:50.62		-	
100m				-	1:04.31		-	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							-
400m		39.	5:06.09	431	5:03.05		98%	
100m				-	1:09.13		-	
200m	2011 (12			-	2:42.47		-	4
400m	, 2011 (13),	75.	5:19.74	378	5:25.39	24.04.2024	104%	1
100m		73.	3.13.74	-	1:15.43	26.04.2024	10476	
200m				-	2:44.59	22.06.2023	-	
	, 2010 (14),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.92	26.04.2024	-	
400m				-	5:07.80	25.04.2024	-	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							1
400m				-	4:55.65	25.04.2024	-	
100m		50	2,20,00	-	1:20.23	26.04.2024	1049/	
200m	2014 /42	59.	2:30.99	382	2:33.67	24.04.2024	104%	
100	, 2011 (13),				4.00.05	06.04.0004		-
100m 400m				-	1:03.95 4:53.13	26.04.2024 25.04.2024	-	
T00111	, 2011 (13),			-	7.00.10	20.07.2024	-	
400m	, 2011 (13),	67.	5:17.33	387	5:12.70		97%	-
100m		07.	0.17.33	-	1:13.24		31 /0 -	
200m				-	2:41.91		-	
	, 2010 (14),							1
400m	. , , , , , , , , , , , , , , , , , , ,			-	4:55.78	25.04.2024	-	
100m				-	1:18.07	26.04.2024	-	
100111		99.	2:37.98	334	2:39.71	24.04.2024	102%	
200m								-
200m	, 2011 (13),			402	5:07.61		96%	
200m 400m	, 2011 (13),	57.	5:13.27	402			90%	
200m 400m 100m	, 2011 (13),	57.	5:13.27	-	1:18.86		-	
200m 400m		57.	5:13.27				90%	,
200m 400m 100m 200m	, 2011 (13), , 2010 (14),	57.	5:13.27	-	1:18.86 2:43.95	26.04.2024	-	1
200m 400m 100m 200m		57.	5:13.27	- -	1:18.86 2:43.95 1:06.23	26.04.2024 25.04.2024	-	1
200m 400m 100m 200m		57. 114.	5:13.27 2:40.71	-	1:18.86 2:43.95	26.04.2024 25.04.2024	-	1

	2010 (14							1
400m	, 2010 (14),			-	4:56.78		-	1
100m				-	1:12.94		-	
200m	0044 (40	89.	2:36.50	343	2:39.46		104%	
400	, 2011 (13),				F.06 F0			1
400m 100m				-	5:06.52 1:20.24		-	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m 100m		60.	5:13.71	400	5:11.05 1:11.42		98%	
200m				-	2:44.78		-	
	, 2011 (13),							1
100m				-	1:00.75	26.04.2024	-	
400m 200m		68.	2:32.62	370	4:55.91 2:35.06	25.04.2024 24.04.2024	103%	
200111	, 2010 (14),	00.	2.02.02	370	2.00.00	24.04.2024	10070	1
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:45.58		-	
100m 200m		19.	2:23.66	- 444	1:07.57		100%	
200111	, 2010 (14),	13.	2.23.00	444	2:23.78		100 /6	_
100m	, 2010 (11),			-	1:02.09		-	
400m				-	4:40.19		-	
200m	2012 (12	95.	2:37.40	337	2:35.73		98%	
100m	, 2012 (12),			_	1:06.45		_	-
400m		73.	5:18.55	382	5:15.39		98%	
200m	0044 (40			-	2:50.71		-	
100m	, 2011 (13),			_	1:00.60		_	1
400m				-	4:52.60		-	
200m	0044 (40	115.	2:40.90	316	2:44.00		104%	
100m	, 2011 (13),			_	1:05.45	26.04.2024		1
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m				-	2:44.93	25.04.2024	-	
400	, 2012 (12),				= 40.00	05.04.0004		-
400m 100m				-	5:10.60 1:22.81	25.04.2024 26.04.2024	-	
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%	
	, 2010 (14),							-
400m 100m				-	5:15.13	25.04.2024 28.03.2024	-	
200m		116.	2:41.11	315	1:20.61 2:38.12	24.04.2024	96%	
	, 2011 (13),							-
400m		113.	5:35.23	328	5:24.88		94%	
100m 200m				-	1:21.65 2:52.72		-	
	, 2010 (14),							1
400m				-	4:48.82		-	
100m 200m		29.	2:26.83	416	1:17.47 2:32.09		- 107%	
200111	, 2010 (14),	23.	2.20.03	410	2.52.03		107 /0	_
400m	, (,,			-	4:52.60		-	
100m		69.	2:32.69	370	1:12.58 2:27.60		93%	
200m	, 2012 (12),	υ υ .	2.32.09	310	2.21.00		9370	1
100m	, 20.2 (12),			-	1:04.40	28.03.2024	-	'
400m		400	0.00 ==	-	4:55.47	25.04.2024	4000/	
200m	, 2010 (14),	102.	2:38.56	330	2:41.13	24.04.2024	103%	1
400m	, 2010 (17),			-	4:26.36		-	'
100m		_		-	1:01.56		-	
200m	2011 (12	3.	2:15.53	529	2:16.53		101%	
400m	, 2011 (13),	85.	5:21.42	372	5:19.67		99%	-
100m		00.	J.E 1. 12	-	1:12.01		-	
200m	0010111			-	2:38.51		-	
400	, 2010 (14),				4.47.50			-
400m 100m				-	4:47.50 1:12.80		-	
200m		22.	2:25.16	430	2:22.60		97%	
400	, 2011 (13),	07	5.00.05	20=	F 00 00		10001	-
400m 100m		87.	5:22.95	367	5:22.80 1:06.89		100% -	
200m				-	2:41.50		-	

	2042 (42							
100m	, 2012 (12),			_	1:03.95	26.04.2024	-	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	2012 (12			-	2:42.67		-	4
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	1
100m		133.	3.30.27	-	1:24.14	24.04.2024	10476	
200m				-	3:10.66	25.04.2024	-	
400	, 2011 (13),				4.00.07			1
100m 400m		49.	5:10.15	- 414	1:06.87 5:17.13		- 105%	
200m			0	-	2:41.97		-	
	, 2011 (13),							1
100m 400m				-	1:04.58 5:01.18	25.04.2024	-	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							-
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m				-	1:12.56 2:53.69		-	
200111	, 2011 (13),				2.00.00			_
400m	, - (- ,,			-	5:13.38		-	
100m		1.10	2:40.22	-	1:28.91		- 0.40/	
200m	, 2011 (13),	149.	2:49.23	271	2:44.49		94%	1
400m	, 2011 (10),	24.	5:01.70	450	5:03.35		101%	•
100m				-	1:07.74		-	
200m	, 2012 (12),			-	2:39.68		-	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	-
100m					1:21.59	26.04.2024	-	
200m	0040 (44			-	3:02.87	25.04.2024	-	
100m	, 2010 (14),			_	54.12		_	-
400m				-	4:15.65		-	
200m		2.	2:12.89	561	2:12.78		100%	
400	, 2010 (14),				4 40 40	05.04.0004		1
400m 100m				-	4:42.10 1:09.79	25.04.2024 26.04.2024	-	
200m		13.	2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11),							1
400m 100m		108.	5:32.14	337	5:39.66 1:34.94		105%	
200m				-	2:56.62		-	
	, 2011 (13),							1
400m		105.	5:31.45	339	5:32.47		101%	
100m 200m				-	1:25.17 2:55.64		-	
	, 2012 (12),							-
400m	, , , , , , , , , , , , , , , , , , , ,	112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m 200m				-	1:22.25 3:05.11	26.04.2024 25.04.2024	-	
200111	, 2011 (13),			_	3.03.11	25.04.2024	_	_
400m	, - (- ,,	71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m				-	1:22.53 2:43.30	23.11.2023 25.04.2024	-	
200m	, 2012 (12),			-	2.43.30	25.04.2024	-	_
400m	, 2012 (12),	84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12),			-	2:45.78	25.04.2024	-	1
400m	, 2012 (12),	28.	5:04.52	438	5:12.89	24.04.2024	106%	'
100m				-	1:13.60	26.04.2024	-	
200m	2010 (14			-	2:49.88	25.04.2024	-	4
100m	, 2010 (14),			-	1:02.55		_	1
400m				-	4:49.66		-	
200m	0044 /40	84.	2:35.53	350	2:38.32		104%	
100	, 2011 (13),				1.02.42	26.04.2024		-
100m 400m		16.	4:57.81	468	1:03.13 4:54.75	26.04.2024 27.03.2024	98%	
200m				-	2:39.16	25.04.2024	-	
400	, 2012 (12),	0.0	F-00-46	050	F 00 0 .		10001	1
400m 100m		98.	5:28.19	350	5:30.94 1:15.24		102%	
200m				-	2:51.65		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	,
100m				-	1:22.27		-	
200m	2012 (12			-	2:40.76		-	4
400m	, 2012 (12),	136.	5:52.85	201	E-E0 66		1020/	1
400m 100m		130.	5.52.65	281 -	5:58.66 1:22.81		103%	
200m				-	2:56.19		=	
	, 2010 (14),							-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							-
400m				-	4:46.52		-	
100m 200m		28.	2:26.71	- 417	1:04.59 2:24.49		97%	
200111	, 2012 (12),	20.	2.20.71	417	2.24.43		31 70	_
400m	, (//	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2011 (12			-	2:50.20	25.04.2024	-	4
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	1
100m			0.04.00	-	1:18.51	26.04.2024	-	
200m	0040444			-	3:02.43	25.04.2024	-	
400	, 2010 (14),				5.05.50	05.04.0004		1
400m 100m				-	5:35.50 1:15.19	25.04.2024 26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m		40	4.54.05	-	1:04.60	26.10.2023	- 000/	
400m 200m		13.	4:54.85	482 -	4:52.83 2:34.71	24.04.2024 22.11.2023	99%	
	, 2011 (13),							1
100m				-	1:18.22	24.11.2023	-	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	, 2011 (13),			-	2:59.25	25.04.2024	-	1
100m	, 2011 (10),			-	1:01.70		-	•
400m				-	4:42.00		-	
200m	2040 (44	110.	2:39.84	322	2:42.00		103%	
400m	, 2010 (14),			-	4:40.20		_	-
100m				-	1:08.47		-	
200m	0044 (40	58.	2:30.84	383	2:29.71		99%	
400	, 2011 (13),				4.50.40			-
400m 100m				-	4:50.48 1:08.99		-	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m 100m		120.	5:40.49	313	5:43.73 1:17.03		102%	
200m				-	2:56.19		-	
	, 2010 (14),							1
100m				-	59.64		-	
400m 200m		16.	2:22.56	- 454	4:51.18 2:25.57		104%	
200	, 2011 (13),				2.20.01		10170	1
400m	, - (- ,,	30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m				-	1:19.49	26.04.2024	-	
200m	, 2010 (14),			-	2:39.45	25.04.2024	-	1
400m	,			-	5:02.94		-	•
100m					1:11.66		-	
200m	, 2012 (12),	120.	2:41.59	312	2:42.38		101%	
400m	, 2012 (12),			-	5:00.14	25.04.2024	-	-
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							1
100m				-	1:04.73	28.03.2024	-	
400m 200m		103.	2:38.60	330	4:56.66 2:45.39	27.03.2024 16.06.2023	109%	
•	, 2011 (13),		-	-				-
400m		46.	5:09.47	417	5:05.80		98%	
100m				-	1:11.00 2:39.70		-	
200m				-	2.39.70		-	

00m	, 2010 (14),				EE OE	26.04.2024	
00m 00m				-	55.65 4:30.00	26.04.2024 25.04.2024	_
00m		9.	2:19.89	481	2:30.78	22.11.2023	116%
00111	, 2010 (14),	J.	2.15.05	401	2.00.70	22.11.2020	11070
00m	, 2010 (14),			_	5:04.79		_
00m				-	1:14.56		
00m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14),						
00m	, 2010 (11),			-	1:04.13		-
00m				_	4:53.89		_
00m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13),						
00m	, ==::(:=),			-	5:03.36	25.04.2024	_
00m				-	1:11.34	26.04.2024	-
00m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11),						
00m	, , , , , , , , , , , , , , , , , , , ,	144.	6:15.17	234	6:23.56	24.04.2024	105%
00m				-	1:38.18	26.04.2024	-
00m				-	3:46.50	06.12.2023	-
	, 2011 (13),						
00m	, ==::(:= /,			-	1:06.34		_
00m				-	5:06.72		-
00m		123.	2:41.79	311	2:43.15		102%
	, 2011 (13),						
00m	, ,,			-	1:06.69	07.12.2023	_
00m				-	5:15.49	27.03.2024	_
00m		129.	2:42.90	304	2:50.21	24.04.2024	109%
	, 2010 (14),						
00m	, 2010 (11),			_	4:40.20	25.04.2024	_
00m				-	1:03.07	26.04.2024	-
	, 2011 (13),						
00m	, 2011 (10),			_	1:00.12		_
00m				-	4:43.97		-
	, 2011 (13),						
00m	, 2011 (10),			-	5:17.90	25.04.2024	_
00m				_	1:15.34	26.04.2024	_
00m		142.	2:45.74	289	2:48.64	24.04.2024	104%
70111	, 2010 (14),		2.40.14	200	2.10.01	2 1.0 1.202 1	10 170
00m	, 2010 (14),			-	5:11.10	23.11.2023	_
00m				-	1:10.36	20.11.2020	-
00m		80.	2:34.81	355	NT		_
	, 2010 (14),	00.	2.0	555			
00m	, 2010 (11),			-	59.62	26.04.2024	_
00m				_	4:37.90	25.04.2024	_
00m		33.	2:27.57	410	2:27.45	24.04.2024	100%
	, 2012 (12),						
00m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%
00m			0.001	-	1:20.12		-
00m				-	2:54.00		-
	, 2011 (13),						
00m	, (- /)			-	1:00.03		-
00m				-	4:42.88		-
00m		83.	2:35.11	353	2:33.34		98%
	, 2011 (13),						
00m	, , , , , , , , , , , , , , , , , , , ,			-	59.14		-
00m		8.	4:52.02	496	4:49.86		99%
00m				-	2:29.93		-
	, 2012 (12),						
00m	. , , , ,	118.	5:39.24	316	5:47.72	24.04.2024	105%
00m				-	1:21.52	26.04.2024	-
00m				-	3:01.82	25.04.2024	-
	, 2011 (13),						
00m		1.	4:36.01	588	4:40.15	24.04.2024	103%
00m				-	1:05.31	26.04.2024	-
00m				-	2:31.57	25.04.2024	-
	, 2011 (13),						
00m	. , , , , , , , , , , , , , , , , , , ,			-	5:00.56		-
00m				-	1:10.64		-
00m		109.	2:39.77	323	2:39.17		99%
	, 2010 (14),						
00m	, , , ,			-	5:03.85		-
JUIII							
00m		92.	2:36.85	-	1:09.98 2:39.94		- 104%

100m		0040 (44							
### Color	100m	, 2010 (14),			_	58 78		_	1
200m					-			_	
. 2011 (13), 400m			32.	2:27.18				109%	
400m		. 2011 (13).							1
100m	400m	,	79	5.20.72	375	5.29 96	27 03 2024	106%	-
200m				V				-	
400m					-			-	
400m		, 2011 (13),							-
100m	400m	, - (- ,,			-	5:06.86		-	
. 2011 (13), 400m 100m . 2011 (13),					-			-	
Moom	200m		98.	2:37.73	335			100%	
Moom		, 2011 (13),							-
100m	400m				-	4:46.21		-	
100m	100m				-	1:08.42		-	
400m		, 2011 (13),							1
200m					-			-	
. 2010 (14), 400m 100m . 23. 225.38 428 2225.9 66% . 2011 (13), 100m . 2011 (13), 124. 5.44.02 303 5.55.78 107% . 124.033								-	
400m	200m	2010 (11	135.	2:44.12	298	2:48.84	24.04.2024	106%	
100m 200m 233 225.38 428 222.59 96% 100m 124 544.02 303 5.55.78 107% 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 124.03 - 25.70 - 25.		, 2010 (14),							-
23. 225.38 428 222.59 96% 96% 1 400m								-	
100m			22	2.25.20				- 069/	
124	200111	2044 (42	23.	2.25.36	420	2.22.59		90%	4
100m	400	, 2011 (13),	404	F 44.00	000	5 55 7 0		4070/	1
200m			124.	5:44.02				107%	
. 2012 (12), 400m 100m 200m								-	
400m	200111	2012 (12				2.57.00			_
100m	400m	, 2012 (12),	38	5:05 99	431	5:00.22		96%	
200m			00.	0.00.00					
400m 100m 200m 2011 (13),					-			-	
400m 100m 200m 2011 (13),		. 2013 (11).							1
100m	400m	, (),	96.	5:27.19	353	5:30.42	27.03.2024	102%	
, 2011 (13), 4. 4:40.74 559 4:37.71 98% 100m 200m 4. 4:40.74 559 4:37.71 98% 100m 200m 2010 (14), 100m 400m 152. 2:57.84 234 2:37.96 25.04.2024 -	100m				-	1:17.86	26.04.2024	-	
400m	200m				-	2:59.30		-	
400m		, 2011 (13),							-
200m			4.	4:40.74	559			98%	
, 2010 (14), 100m 200m 152. 2:57.84 234 2:37.96 25.04.2024 - 400m 200m , 2010 (14), 400m , 2010 (14), 52. 2:30.33 387 2:31.09 101% 100m , 2010 (14), 52. 2:30.33 387 2:31.09 101% 100m , 2010 (14), 52. 2:30.33 388 2:32.95 104% 400m , 2011 (13), 100m , 2011 (13), 2. 4:38.68 571 4:40.10 24.04.2024 96% 200m , 2012 (12), 100m , 2011 (13), 100m , 2012 (12), 100m , 2012 (12), 100m , 2011 (13), 100m , 2011 (14), 100m , 2010 (14),					-			-	
100m	200m	0040/44			-	2:27.89		-	
400m		, 2010 (14),							-
152. 2:57.84 234 2:37.96 79% 1400m 152. 2:57.84 234 2:37.96 79% 1400m 100m 1:18.66 1					-			-	
, 2010 (14), 400m 100m			152	2.57.94	- 224		25.04.2024	70%	
400m	200111	2010 (14	132.	2.37.04	234	2.37.90		1976	4
100m	400m	, 2010 (14),				1.52.69			
52. 2:30.33 387 2:31.09 101% , 2010 (14), 100m								-	
, 2010 (14), 100m			52.	2:30.33	387			101%	
100m		. 2010 (14).							1
400m	100m	, (-	59.59		_	
50. 2:30.23 388 2:32.95 104% , 2011 (13), 100m , 2011 (13), 5. 4:44.57 536 4:38.23 24.04.2024 96% 200m , 2011 (13), 400m , 2011 (13), 1 400m , 2011 (13), 2. 4:38.68 571 4:40.10 24.04.2024 101% 100m , 2012 (12), 100m , 2012 (12), 100m , 2011 (13), 100m , 2011 (14), 100m , 2010 (14),								-	
100m			50.	2:30.23	388			104%	
100m		, 2011 (13),							-
400m	100m				-	59.17	26.04.2024	-	
, 2011 (13), 400m 2. 4:38.68 571 4:40.10 24.04.2024 101% 100m - 1:12.77 23.11.2023 2:24.20 25.04.2024 - , 2012 (12), 100m 400m 95. 5:27.11 353 5:20.73 24.04.2024 96% 200m , 2011 (13), - 1:18.15 26.10.2023 2:56.24 25.04.2024 - , 2011 (13), - 1:00m , 2010 (14), 400m , 2010 (14),	400m		5.	4:44.57	536	4:38.23	24.04.2024		
400m	200m				-	2:31.66	25.04.2024	-	
100m		, 2011 (13),							1
200m			2.	4:38.68				101%	
, 2012 (12), 100m								-	
100m	200m	2042 (42			-	2:24.20	25.04.2024	-	
400m 95. 5:27.11 353 5:20.73 24.04.2024 96% 200m	400	, 2012 (12),				4 40 45	00.40.0000		-
200m			05	5.27 11					
, 2011 (13), 100m 400m 15. 4:55.46 479 4:50.73 24.04.2024 97% 200m , 2010 (14), 400m 15. 4:55.46 79 70 2:33.58 70 24.04.2024 70 2:33.58 70 25.04.2024 70 70 25.04.2024 70 70 70 70 70 70 70 70 70 70 70 70 70 7			33.	5.27.11				3070	
100m	200111	2011 (13)				2.00.24	20.04.2024		_
400m	100m	, 2011 (10),				1.02.61	05 10 2022		
200m			15	4:55 46				97%	
, 2010 (14), 400m - 5:30.90 25.04.2024 - 100m - 1:13.92 26.04.2024 - 200m - 141. 2:45.31 291 2:42.67 24.04.2024 97% , 2010 (14), 400m - 4:48.30 - 100m - 1:05.77 -								-	
400m		, 2010 (14).							_
100m	400m	, (/)			-	5:30.90	25.04.2024	-	
200m 141. 2:45.31 291 2:42.67 24.04.2024 97% , 2010 (14),					-			-	
400m - 4:48.30 - 100m - 1:05.77 -			141.	2:45.31	291			97%	
400m - 4:48.30 - 100m - 1:05.77 -		, 2010 (14),							1
								-	
200m 39. 2:28.77 400 2:30.91 103%								_	
	200m		39.	2:28.77	400	2:30.91		103%	

	, 2011 (13),							1
100m	, 2011 (13),			-	1:03.15		-	'
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	
	, 2011 (13),							1
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m				-	1:11.76	26.04.2024	-	
200m	2011 (12			-	2:37.06	25.04.2024	-	4
400	, 2011 (13),				4.EE 00			1
400m 100m				-	4:55.83 1:06.88		-	
200m		56.	2:30.47	386	2:34.49		105%	
200	, 2010 (14),	00.		333	2.00		.0070	_
100m	, 2010 (11),			-	1:00.40		_	
400m				-	4:38.00		-	
200m		106.	2:39.25	326	2:32.00		91%	
	, 2012 (12),							1
400m		130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m				-	1:31.39	28.03.2024	-	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m		455	2.05.70	- 20E	5:31.52		- 079/	
200m	2011 (12)	155.	3:05.76	205	3:03.37		97%	
400~	, 2011 (13),	25	5:0E 10	42F	5.02.00		000/	-
400m 100m		35.	5:05.10	435	5:02.99 1:22.25		99%	
200m				-	2:47.42		-	
200	, 2012 (12),							_
100m	, 2012 (12),			_	1:11.00		_	
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m				-	2:57.50	25.04.2024	-	
	, 2010 (14),							-
400m				-	4:50.19	25.04.2024	-	
100m		00	0.04.04	-	1:18.29	06.10.2023	- 070/	
200m	2044 (42	62.	2:31.24	380	2:29.25	24.04.2024	97%	
400	, 2011 (13),				5.00.10			-
400m 100m				-	5:29.16 1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
200	, 2010 (14),		0.00.00		2		0.70	_
100m	, == := (:: /,			-	1:01.60		_	
400m				-	5:02.70		-	
200m		100.	2:38.04	333	2:35.00		96%	
	, 2012 (12),							1
100m				-	1:15.24		-	
400m		131.	5:49.82	289	6:01.03		107%	
200m	2044 (42			-	3:11.37		-	
	, 2011 (13),						=	-
400m		33.	5:04.98	436	5:03.60		99%	
100m 200m				-	1:10.20 2:42.00		-	
200111	2011 (12 \			-	2.42.00		-	
400~	, 2011 (13),	26	5:0E 06	42F	E-02 42	24.04.2024	000/	-
400m 100m		36.	5:05.26	435	5:03.43 1:10.18	24.04.2024 26.04.2024	99%	
200m				-	2:42.57	25.04.2024	-	
	, 2010 (14),							_
400m	,			-	4:31.67		-	
100m				-	1:02.45		-	
-	, 2011 (13),				-			1
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.64		_	
400m				-	4:38.57		-	
200m		54.	2:30.36	387	2:32.82		103%	
	, 2010 (14),							1
100m				-	1:00.66		-	
400m				-	5:00.36		-	
200m	0041115	60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							-
400m				-	4:45.95	25.04.2024	-	
100m		40	2:20 0e	207	1:13.57	26.04.2024	- 000/	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	

	, 2010 (14),							_
400m	, 2010 (14),			-	4:40.19	25.04.2024	-	_
100m 200m		30.	2:27.05	- 414	1:07.31 2:25.73	26.04.2024 24.04.2024	98%	
	, 2011 (13),							1
100m		40	F-00 00	-	1:06.33		-	
400m 200m		40.	5:06.89	428 -	5:12.55 2:49.02		104% -	
200111	, 2011 (13),				2.43.02			_
400m	, , , , , , , , , , , , , , , , , , , ,	14.	4:55.45	479	4:51.11		97%	
100m 200m				-	1:08.96 2:34.65		-	
200111	, 2010 (14),			_	2.54.05		_	1
400m	, == := (: : /,			-	5:05.04		-	•
100m		40		-	1:16.06		-	
200m	, 2010 (14),	49.	2:30.09	389	2:32.15		103%	1
400m	, 2010 (11),			-	4:36.97	25.04.2024	-	•
100m				-	1:06.71	26.04.2024	-	
200m	2042 (42	47.	2:29.72	392	2:31.30	24.04.2024	102%	4
400m	, 2012 (12),	129.	5:46.75	296	5:54.58	24.04.2024	105%	1
100m		120.	0.40.70	-	1:35.68	26.04.2024	-	
200m	0040 (44			-	3:02.58	25.04.2024	-	
400m	, 2010 (14),			_	4:56.26		_	-
100m				-	1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
400	, 2012 (12),	447	5-20-00	240	5.55.00		4400/	1
400m 100m		117.	5:38.28	319 -	5:55.38 1:26.26		110% -	
200m				-	3:06.71		-	
400	, 2012 (12),							1
100m 400m		121.	5:41.46	310	1:15.15 5:54.03	24.04.2024	107%	
200m		121.	3.41.40	-	3:09.62	25.04.2024	-	
	, 2010 (14),							1
400m				-	4:46.63		-	
100m 200m		21.	2:25.04	431	1:06.13 2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m 200m				-	1:34.62 3:04.05	28.03.2024 25.04.2024	-	
200	, 2010 (14),				0.000	20.0202 .		1
400m				-	5:05.89		-	
100m 200m		73.	2:33.76	362	1:11.00 2:42.86		- 112%	
200111	, 2010 (14),	70.	2.00.10	002	2. 12.00		11270	_
400m	, (),			-	4:55.23	25.04.2024	-	
100m		65.	2.22.20	-	1:09.85	26.04.2024	- 069/	
200m	, 2013 (11),	65.	2:32.39	372	2:29.44	24.04.2024	96%	1
400m	, (/),	143.	6:08.41	247	6:15.63		104%	•
100m				-	1:27.90 3:02.71		-	
200m	, 2010 (14),			-	3.02.71		-	1
100m	, 2010 (11),			-	1:07.36	26.04.2024	-	•
400m				-	5:03.09	25.04.2024	-	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								11
	, 2011 (13),							1
400m				-	4:32.58		-	
100m 200m		34.	2:28.18	- 404	1:02.61 2:30.35		- 103%	
200111	, 2010 (14),	J 4 .	2.20.10	707	2.00.00		10070	_
400m	, (/)			-	4:46.20		-	
100m		61	2.24 05	- 276	1:17.05		07%	
200m	, 2011 (13),	64.	2:31.85	376	2:29.55		97%	_
400m	, 20 (10),	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m				-	2:40.38		-	

	, 2011 (13),					-
400m		25.	5:02.37	447	4:56.03	96%
100m				-	1:14.95	-
200m	, 2012 (12),			-	2:47.54	1
400m	, 2012 (12),	6.	4:48.04	517	4:52.60	103%
100m		0.	4.40.04	-	1:08.29	-
200m				-	2:35.61	-
	, 2010 (14),					-
400m				-	5:07.65	-
100m 200m		107.	2:39.51	324	1:18.39 2:37.36	97%
	, 2011 (13),					=
400m	, - (- ,,	51.	5:11.10	410	5:03.43	95%
100m				-	1:22.64	-
200m	2012 (12			-	2:40.55	-
400m	, 2012 (12),			-	5:03.99	
100m				-	1:12.38	-
200m		119.	2:41.52	312	2:41.04	99%
	, 2012 (12),					-
100m				-	1:04.60	-
400m 200m		137.	2:44.31	- 297	5:06.16 2:40.08	- 95%
200111	, 2011 (13),	107.	2.11.01	207	2.10.00	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.92	-
400m		45.	5:08.76	420	5:09.05	100%
200m	2011 (12			-	2:46.15	-
100m	, 2011 (13),			-	1:06.09	1
400m		37.	5:05.59	433	5:07.54	101%
200m				-	2:47.50	-
	, 2010 (14),					1
100m 400m				-	58.40 5:02.97	- -
200m		76.	2:34.04	360	2:35.53	102%
200	, 2011 (13),			555	2.00.00	1
400m	, , , , , , , , , , , , , , , , , , , ,	81.	5:21.18	373	5:21.64	100%
100m				-	1:16.52	-
200m	2010 (11			-	2:53.92	-
100m	, 2010 (14),			_	1:04.14	_
400m				-	5:03.00	-
200m		134.	2:44.04	298	2:42.92	99%
400	, 2010 (14),					-
400m 100m				-	4:47.50 1:05.50	-
200m		71.	2:33.09	367	2:30.70	97%
	, 2011 (13),					-
400m		34.	5:05.09	435	5:00.47	97%
100m 200m				-	1:15.07 2:43.92	-
200111	, 2010 (14),			-	2.43.32	- <u>-</u>
100m	, ==:= (/,			-	1:05.23	-
400m				-	4:49.66	-
200m	2044 (42	150.	2:49.32	271	2:40.00	89%
100m	, 2011 (13),			_	1:05.75	1
400m		31.	5:04.59	437	5:05.60	101%
200m				-	2:53.11	-
	, 2010 (14),					-
100m 400m				-	58.71 4:33.04	-
200m		20.	2:23.82	442	2:21.32	97%
	, 2010 (14),					-
400m	•			=	4:55.07	-
100m		100	2.42.60		1:20.35	-
200m	- , 2012 (12	133. \	2:43.60	300	2:42.82	99% 1
400m	- , 2012 (12), 27.	5:03.89	440	5:10.25	1 104%
100m		۷1.	0.00.03		1:14.03	-
200m				-	2:40.09	-
400	, 2010 (14),				4.50.05	-
400m 100m				-	4:58.35 1:24.37	-
200m		128.	2:42.83	305	2:38.43	- 95%

	, 2010 (14),						1
400m 100m				-	4:48.68 1:05.20	- -	
200m		26.	2:26.59	418	2:29.33	104%	
200111	, 2011 (13),	20.	2.20.00	110	2.20.00	10170	_
400m	, - (- ,,	82.	5:21.20	373	5:11.48	94%	
100m				-	1:12.72	-	
200m	0040 (44			-	2:39.93	-	
400	, 2010 (14),				50.44		-
100m 400m				-	56.14 4:40.00	-	
200m		17.	2:22.78	452	2:22.20	99%	
	, 2010 (14),						1
400m	, (-	4:27.15	-	
100m				-	1:01.00	<u>-</u>	
200m	2044 (42	5.	2:17.26	509	2:18.68	102%	4
100	, 2011 (13),				1.01.60		1
100m 400m				-	1:01.69 5:07.83	-	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						-
400m	, , , , , , , , , , , , , , , , , , , ,	29.	5:04.54	438	5:00.70	97%	
100m				-	1:10.86	-	
200m				-	2:38.82	-	
							18
	2014 (12						
400m	, 2011 (13),	42.	5:08.18	422	5:12.96	103%	1
400m		42.	5:06.16	422	1:11.54	103%	
200m				-	2:35.00	-	
	, 2010 (14),						1
100m	, (-	59.85	-	
400m				-	4:54.15	-	
200m	0040 (40	82.	2:35.08	353	2:39.00	105%	
400	, 2012 (12),	444	5-05-50	207	F-00 00	4000/	1
400m 100m		114.	5:35.58	327	5:39.26 1:19.35	102%	
200m				-	2:56.07	-	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:56.00	-	
100m				-	1:09.00	<u>-</u>	
200m	0044 (40	118.	2:41.28	314	2:45.00	105%	
100m	, 2011 (13),			-	1:37.00		-
200m				-	3:24.00	- -	
200	, 2011 (13),				0.200		_
100m	, - (- ,,			-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m				-	3:12.00	-	
	, 2012 (12),						-
100m 400m		146.	6:21.28	223	1:16.82 6:09.89	94%	
200m		140.	0.21.20	-	3:10.65	3470	
	, 2010 (14),						1
400m	. , , , , , , , , , , , , , , , , , , ,			-	4:57.49	-	
100m				-	1:14.00	-	
200m	2040 (44	45.	2:29.45	394	2:31.00	102%	
400	, 2010 (14),				E:E0.00		-
400m 100m				-	5:59.00 1:19.00	-	
100111	, 2011 (13),			-	1.13.00	-	1
400m	,			-	5:01.37	-	•
100m				-	1:20.70	-	
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14),						-
100m				-	1:03.70	-	
400m		1.45	2:47.42	- 280	5:05.00	079/	
200m	, 2012 (12),	145.	2:47.42	280	2:45.00	97%	1
400m	, 2012 (12),	123.	5:43.84	304	5:50.00	104%	'
100m				-	1:27.00	-	
200m				-	2:55.00	-	
	, 2011 (13),						1
400m				-	5:14.00	-	
100m		4.40	2,44.00	-	1:11.00	1009/	
200m		140.	2:44.86	294	2:45.18	100%	

	, 2013 (11),						1
400m	, == (: , ,,	141.	6:01.09	262	6:01.11	100%	-
100m				-	1:31.64	-	
200m				-	3:12.02	-	
	, 2010 (14),						1
100m				-	55.90	-	
400m				-	4:26.70	-	
200m		4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m				-	4:56.47	-	
100m				-	1:07.50	-	
200m	2244 (42	38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m	2012 (11)			-	3:10.00	-	
100	, 2013 (11),				1.10 FO		-
100m 400m				-	1:12.50 5:34.00	-	
200m		156.	3:08.02	198	3:03.00	95%	
200	, 2012 (12),	.00.	0.00.02	.00	0.00.00	33,7	_
400m	, 2012 (12),				5:41.00		_
100m				-	1:27.00	- -	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						1
100m	, == := (:: /,			-	1:04.76	_	
400m				-	5:10.89	-	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m				-	2:59.24	-	
	, 2011 (13),						1
100m				-	1:02.02	-	
400m		88.	5:23.00	367	5:40.00	111%	
200m				-	2:48.00	-	
	, 2011 (13),						-
400m		127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87 3:06.22	-	
200m	2042 (42			-	3.00.22	-	
400	, 2012 (12),				5.00.00		-
400m 100m				-	5:09.00 1:15.85	-	
200m		148.	2:48.08	277	2:46.85	99%	
200111	, 2011 (13),	1 10.	2. 10.00	2	2.10.00	3373	1
400m	, 2011 (10),	115.	5:35.94	326	5:38.76	102%	•
100m		110.	0.00.04	-	1:24.51	-	
200m				-	2:55.31	-	
	, 2012 (12),						-
400m	, - (116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	-	
200m				-	2:55.00	-	
	, 2011 (13),						-
100m				-	1:04.70	-	
400m				-	5:12.00	-	
	, 2010 (14),						-
400m				-	4:47.00	-	
100m		44	0.00.00	-	1:08.00	-	
200m	0044 (40	41.	2:28.99	398	2:28.00	99%	
	, 2011 (13),						1
400m				-	5:16.00 1:20.50	-	
100m 200m		143.	2:46.56	285	2:50.00	104%	
200111	, 2011 (13),	173.	2.70.00	200	2.00.00	104/0	1
400	, 2011 (13),	4.40	C.0E 70	100	6:40.50	40007	'
400m 100m		148.	6:35.76	199	6:40.58 1:33.00	102%	
200m				-	3:10.00	- -	
_00	, 2011 (13),				30.00		1
100m	, 20 (10),			-	1:04.01	<u>-</u>	•
400m				-	4:52.34	-	
200m		105.	2:38.77	329	2:39.78	101%	