	-					
						%
	, 2011 (13 ),					
00m		10.	4:52.72	493	4:53.48	101%
00m				-	1:11.32	-
00m				-	2:35.20	-
	, 2011 (13 ),					
00m				-	5:08.05	-
00m				-	1:18.37	-
00m	0040 (44			-	2:48.88	-
	, 2010 (14 ),					
00m				-	4:46.77	-
00m			0.00.54	-	1:10.23	-
00m	2010 (14		2:23.54	445	2:25.50	103%
00	, 2010 (14 ),				5.00.40	
00m				-	5:03.12 1:09.93	-
00m 00m			2:36.69	342	2:40.19	105%
50111	, 2010 (14    ),		2.30.03	342	2.40.19	10370
00	, 2010 (14 ),				E7 06	
00m 00m				-	57.36 4:59.79	-
00m			2:25.51	427	2:31.28	108%
55111	, 2011 (13 ),		2.20.01	741	2.01.20	100/0
00m	, 2011 (10 ),	100.	5:28.91	347	5:27.33	99%
00m		100.	0.20.31	34 <i>1</i> -	1:14.81	99%
00m				_	2:46.39	-
	, 2010 (14 ),					
00m	, 2010 (11 ),			_	4:56.97	_
00m				_	1:14.87	-
00m			2:30.38	387	2:34.33	105%
	, 2010 (14     ),					
00m	, (			-	4:47.31	-
00m				-	1:08.10	-
00m			2:32.51	371	2:32.09	99%
	, 2012 (12 ),					
00m	, , , , , , , , , , , , , , , , , , , ,	132.	5:49.98	288	5:44.42	97%
00m				-	1:21.94	-
00m				-	2:59.66	-
	, 2010 (14    ),					
00m	, , , , , , , , , , , , , , , , , , , ,			-	58.01	-
00m				-	4:50.47	-
00m			2:32.86	368	2:34.12	102%
	, 2011 (13 ),					
00m				-	1:02.34	-
					4.42.04	
00m		3.	4:40.55	560	4:42.01	101%
00m 00m		3.	4:40.55	560 -	2:38.03	101% -
00m	, 2011 (13 ),			-	2:38.03	-
00m 00m	, 2011 (13 ),	<ul><li>3.</li><li>7.</li></ul>	4:40.55 4:48.49	- 515	2:38.03 4:51.80	102%
00m 00m 00m	, 2011 (13 ),			515 -	2:38.03 4:51.80 1:11.90	102%
00m 00m				- 515	2:38.03 4:51.80	102%
00m 00m 00m 00m	, 2011 (13 ), , 2011 (13 ),	7.	4:48.49	515 - -	2:38.03 4:51.80 1:11.90 2:33.50	- 102% - -
00m 00m 00m 00m				515 - - 374	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89	102% - - 101%
00m 00m 00m 00m 00m		7.	4:48.49	515 - - - 374	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46	102% - - 101%
00m 00m 00m 00m	, 2011 (13    ),	7.	4:48.49	515 - - 374	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89	102% - - 101%
00m 00m 00m 00m 00m 00m 00m		7.	4:48.49	515 - - 374 -	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06	102% - - 101% - -
00m 00m 00m 00m 00m 00m 00m	, 2011 (13    ),	7.	4:48.49	515 - - 374 - -	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06	102% - - 101% - -
00m 00m 00m 00m 00m 00m 00m 00m	, 2011 (13    ),	7.	4:48.49 5:20.92	515 - - 374 - -	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06 59.01 4:57.39	102% - - 101% - -
00m 00m 00m 00m 00m 00m 00m	, 2011 (13 ), , 2010 (14 ),	7.	4:48.49	515 - - 374 - -	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06	102% - - 101% - -
00m 00m 00m 00m 00m 00m 00m 00m	, 2011 (13    ),	7.	4:48.49 5:20.92	515 - - 374 - - - 404	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06 59.01 4:57.39 2:32.60	102% - - 101% - - - 106%
00m	, 2011 (13 ), , 2010 (14 ),	7. 80.	4:48.49 5:20.92 2:28.24	515 - - 374 - - - 404	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06 59.01 4:57.39 2:32.60 1:09.62	102% - - 101% - - - 106%
00m 00m 00m 00m 00m 00m 00m 00m	, 2011 (13 ), , 2010 (14 ),	7.	4:48.49 5:20.92	515 - - 374 - - - 404	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06 59.01 4:57.39 2:32.60 1:09.62 5:21.68	102% - - 101% - - - 106%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80.	4:48.49 5:20.92 2:28.24	515 - - 374 - - - 404	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06 59.01 4:57.39 2:32.60 1:09.62	102% - - 101% - - - 106%
00m	, 2011 (13 ), , 2010 (14 ),	7. 80.	4:48.49 5:20.92 2:28.24	515 - - 374 - - - 404 - 375	2:38.03 4:51.80 1:11.90 2:33.50 5:21.89 1:19.46 2:51.06 59.01 4:57.39 2:32.60 1:09.62 5:21.68 2:52.65	102% - - 101% - - - 106%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80.	4:48.49 5:20.92 2:28.24	515 - - 374 - - - 404	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60	102% 101% 106% - 101%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80.	4:48.49 5:20.92 2:28.24	515 - - 374 - - - 404 - 375	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60 1:13.73	102% 101% 106% 106%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80.	4:48.49 5:20.92 2:28.24 5:20.52	515 - - 374 - - - 404	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60	102% 101% 106% 101%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80. 78.	4:48.49 5:20.92 2:28.24 5:20.52	515 - - 374 - - - 404 - 375 - - - 395	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60 1:13.73 2:32.11	102% 101% 106% - 101% 104%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80.	4:48.49 5:20.92 2:28.24 5:20.52	515 - - 374 - - - 404	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60 1:13.73 2:32.11  5:24.80	102% 101% 106% 101%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80. 78.	4:48.49 5:20.92 2:28.24 5:20.52	515 - - 374 - - - 404 - 375 - - 395	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60 1:13.73 2:32.11	102% 101% 106% - 101% - 104%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ), , 2011 (13 ),	7. 80. 78.	4:48.49 5:20.92 2:28.24 5:20.52	515 - - 374 - - - 404 - 375 - - 395 349	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60 1:13.73 2:32.11  5:24.80 1:27.21	102% 101% 106% - 101% - 104% - 98%
00m	, 2011 (13 ), , 2010 (14 ), , 2011 (13 ),	7. 80. 78.	4:48.49 5:20.92 2:28.24 5:20.52	515 - - 374 - - - 404 - 375 - - 395 349	2:38.03  4:51.80 1:11.90 2:33.50  5:21.89 1:19.46 2:51.06  59.01 4:57.39 2:32.60  1:09.62 5:21.68 2:52.65  4:49.60 1:13.73 2:32.11  5:24.80 1:27.21	102% 101% 106% - 101% - 104% - 98%

200m			2:19.37	486	2:21.20	103%
	, 2010 (14 ),					1
400m				-	4:51.47	-
100m				-	1:05.79	-
200m			2:34.02	360	2:34.41	101%
	, 2010 (14 ),					1
400m				-	4:47.34	-
100m				-	1:02.00	-
200m			2:22.47	455	2:25.11	104%
	, 2011 (13 ),					
400m		20.	4:58.98	463	4:57.41	99%
100m				-	1:17.17	-
200m				-	2:35.78	-
	, 2011 (13    ),					
100m				-	1:07.49	-
400m		54.	5:11.71	408	5:08.16	98%
200m				-	2:53.06	-
	, 2010 (14     ),					1
400m	, ( ),			-	5:11.54	<u>-</u>
100m				-	1:18.86	<del>-</del>
200m			2:37.38	338	2:42.30	106%
200	, 2011 (13 ),			000	22.00	1
400~	, _0(),	68.	5:17.34	387	5:21.70	103%
400m		od.	5.17.34		5:21.70	
100m 200m				-	1:09.93 2:41.48	-
200111				-	2.41.40	-
						_
						7
	, 2012 (12 ),					1
100m	·			-	1:11.43	-
400m		50.	5:10.60	412	5:16.95	104%
200m				-	2:51.60	-
	, 2010 (14    ),					
100m	, , , , , , , , , , , , , , , , , , , ,			-	56.28	<del>-</del>
400m				_	4:35.56	-
200m			2:28.61	401	2:26.07	97%
	, 2012 (12 ),					
400m	, 2012 (12 ),	66.	5:17.24	387	5:12.74	97%
100m		00.	5.17.24	-	1:20.48	97 /6
200m				-	2:37.03	_
200111	, 2010 (14 ),				2.07.00	
100m	, 2010 (14 ),			-	1:01.10	
400m				-	4:50.45	-
400111	2010 (14			-	4.50.45	-
400	, 2010 (14 ),				4.00.55	
400m				-	4:39.55	-
100m			0.00.05	-	1:16.99	-
200m			2:30.05	390	2:27.07	96%
	, 2011 (13    ),					1
400m		74.	5:19.44	379	5:20.36	101%
100m				-	1:13.26	-
200m				-	2:46.21	•
	, 2010 (14 ),					1
400m				-	4:49.08	-
100m				-	1:07.68	=
200m			2:30.31	387	2:30.54	100%
	, 2012 (12 ),					1
100m				-	1:08.16	=
400m		47.	5:09.90	415	5:21.42	108%
200m			- <del></del>	-	2:47.40	-
	, 2012 (12 ),					1
100m	, 2012 (12 ),			-	1:08.40	-
400m		62.	5:14.32	398	5:15.16	- 101%
200m		O.L.	J. 1-104	-	2:51.08	-
200111	, 2010 (14     ),			-	2.01.00	<u>-</u>
100~	, 2010 (1 <del>4</del> ),				1.01 11	,
100m				-	1:01.11	<del>-</del>
400m			0.00 47	-	4:48.25	000/
200m	0044 (40		2:33.47	364	2:32.15	98%
	, 2011 (13 ),					1
400m		21.	4:59.81	459	5:00.52	100%
100m				-	1:14.84	•
200m				-	2:41.53	=
	, 2011 (13 ),					
400m	` ''	76.	5:20.16	377	5:15.00	97%
100m				-	1:21.90	• • • • • • • • • • • • • • • • • • •
200m				-	2:39.00	-

	, 2010 (14 ),						-
400m				-	4:51.04	-	
100m			0.00.04	-	1:05.26	-	
200m	2040 (44		2:28.34	403	2:28.00	100%	
	, 2010 (14 ),						-
400m 100m				- -	4:36.00 1:07.50	-	
200m			2:28.96	398	2:28.50	99%	
200111	, 2012 (12 ),		2.20.90	390	2.20.30	3370	1
400m	, 2012 (12 ),	97.	5:27.25	353	5:28.72	101%	
100m		57.	J.27.25	-	1:20.44	-	
200m				-	2:52.24	-	
	, 2011 (13    ),						-
400m	, ( ),	63.	5:16.47	390	5:12.90	98%	
100m				-	1:11.34	-	
200m				-	2:44.44	=	
	, 2010 (14     ),						-
100m				-	59.24	-	
400m			0.00.44	-	4:31.41	-	
200m	0040 (4.4		2:36.14	346	2:33.34	96%	
400	, 2010 (14 ),				4 = 0 = 0		-
400m 100m				-	4:50.50 1:16.20	-	
200m			2:29.60	393	2:29.00	99%	
200111	, 2010 (14 ),		2.23.00	000	2.25.00	3370	_
400m	, 2010 (11 ),			-	4:32.06	-	
100m				_	1:00.00	-	
200m			2:18.80	492	2:17.73	98%	
	, 2011 (13    ),						-
400m	, , , , , , , , , , , , , , , , , , , ,	89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							40
							16
	, 2011 (13 ),						-
100m				-	1:01.00	-	
400m			0.20 E4	-	5:12.00	-	
200m	0040 (40		2:39.54	324	2:38.50	99%	
400	, 2012 (12 ),				4.40.00		-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m		30.	5.24.40	-	2:52.00	-	
200	, 2010 (14 ),				2.02.00		_
100m	, == := (:: /,			_	1:01.00	-	
400m				-	4:43.00	-	
200m			2:30.56	386	2:30.00	99%	
	, 2012 (12 ),						1
100m				-	1:05.00	-	
400m				-	5:03.00	<del>-</del>	
200m	0040 (40		2:43.49	301	2:45.00	102%	
400	, 2012 (12 ),				<b>-</b>	2001	-
400m		65.	5:17.11	388	5:06.00	93%	
100m 200m				-	1:12.90 2:46.00	-	
200111	, 2011 (13 ),				2.10.00		_
100m	, 2011 (10 ),			-	1:09.00	_	
400m		77.	5:20.22	376	5:17.90	99%	
200m			0.20.22	-	2:49.60	-	
	, 2012 (12 ),						-
400m	, , , , , , , , , , , , , , , , , , , ,	104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m				-	2:49.60	-	
	, 2010 (14 ),						1
400m				-	4:56.38	-	
100m			2.26.65	-	1:13.64	1020/	
200m	2044 (42		2:26.65	417	2:27.94	102%	4
100	, 2011 (13 ),				1:05 50		1
100m 400m		41.	5:07.47	425	1:05.50 5:15.00	- 105%	
200m		• • • •		-	2:46.00	-	
	, 2010 (14 ),						-
100m	, ( /)			-	59.95	-	
400m				-	4:54.00	=	
200m			2:41.98	310	2:36.00	93%	

	, 2010 (14 ),					-
400m				-	5:04.00	-
100m			0.04.70	-	1:15.00	-
200m	, 2011 (13 ),		2:34.76	355	2:33.00	98%
100m	, 2011 (13 ),			-	1:05.00	<u>.</u>
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
	, 2010 (14    ),					1
400m				-	4:58.00	-
100m 200m			2:34.91	354	1:18.00 2:38.35	104%
200111	, 2012 (12 ),		2.0-1.0 1	001	2.00.00	-
400m	, 2012 (12 ),	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	
200m	0040 (44			-	2:54.00	-
400	, 2010 (14 ),				4.00.00	-
100m 400m				-	1:00.00 4:44.22	-
200m			2:34.27	358	2:30.55	95%
	, 2011 (13 ),					-
400m	, , ,			-	4:58.00	-
100m				-	1:10.00	-
200m	, 2012 (12 ),		2:42.29	308	2:38.60	96% <b>1</b>
400m	, 2012 (12 ),	140.	5:56.43	273	6:00.00	102%
100m		140.	3.30.43	-	1:22.00	-
200m				-	3:14.00	-
	, 2010 (14 ),					-
400m				-	4:41.90	- -
100m 200m			2:29.07	- 397	1:06.90 2:28.50	99%
200111	, 2011 (13 ),		2.23.01	007	2.20.00	-
400m	, == ( /,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m				-	2:36.17	-
400	, 2011 (13 ),				4.50.00	-
400m 100m				-	4:53.00 1:09.00	-
200m			2:44.35	296	2:42.00	97%
	, 2012 (12 ),					-
400m		126.	5:44.55	302	5:40.00	97%
100m				-	1:25.00	-
200m	, 2012 (12 ),			-	2:58.00	- 1
400m	, 2012 (12 ),	92.	5:25.53	358	5:31.00	103%
100m			0.2000	-	1:17.50	-
200m				-	2:57.00	-
	, 2012 (12 ),					1
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%
200m				-	3:03.74	- -
	, 2010 (14 ),					-
400m	, , , ,			-	4:52.00	-
100m			0.50.07	-	1:10.00	-
200m	2042 (42 \		2:53.07	254	2:45.00	91% <b>1</b>
100m	, 2012 (12 ),			_	1:05.00	1 -
400m		18.	4:58.44	465	5:05.50	105%
200m				-	2:40.14	-
	, 2010 (14 ),					-
400m				-	5:20.00	-
100m 200m			2:47.48	280	1:09.00 2:41.00	92%
	, 2011 (13 ),				- <del>-</del>	
400m	, - ( - /)	86.	5:21.67	371	5:14.45	96%
100m				-	1:23.21	-
200m	2044 (42			-	2:43.34	-
400-	, 2011 (13 ),	405	E.E.O. 0.E	200	E:2E 00	- 050/
400m 100m		135.	5:52.65	282	5:25.00 1:23.00	85% -
200m				-	2:50.00	-
	, 2011 (13    ),					-
400m		128.	5:46.63	297	5:30.00	91%
100m 200m				-	1:17.00 2:53.00	- -
200111				-	2.00.00	-

	, 2010 (14    ),						-
100m				-	58.79	-	
400m			0.05.04	-	4:50.00	-	
200m	2011 (12		2:35.94	347	2:35.29	99%	4
400	, 2011 (13 ),	<i>EE</i>	E-44 07	407	F.10.70	40E0/	1
400m 100m		55.	5:11.97	407 -	5:19.78 1:11.45	105%	
200m				-	2:41.12	-	
	, 2012 (12 ),						_
400m	, == (=	58.	5:13.29	402	5:10.00	98%	
100m				-	1:16.00	-	
200m				-	2:50.00	=	
	, 2013 (11 ),						-
400m		145.	6:18.95	227	6:02.00	91%	
100m				-	1:29.00	=	
200m	, 2010 (14    ),			-	3:10.00	-	
400m	, 2010 (14 ),			_	4:56.00	<u>-</u>	-
100m				-	1:08.00	- -	
200m			2:42.95	304	2:42.00	99%	
	, 2011 (13 ),						_
400m	, - ( - ),	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	-	
200m				-	2:35.69	=	
	, 2013 (11 ),						1
400m		101.	5:29.00	347	5:30.00	101%	
100m 200m				-	1:17.00 2:53.00	-	
200111	, 2012 (12 ),			_	2.33.00	_	_
400m	, 2012 (12 ),			-	5:00.00	_	_
100m				-	1:10.50	=	
200m			2:31.15	381	2:26.50	94%	
	, 2011 (13    ),						1
100m				-	1:08.00	-	
400m		70.	5:18.02	384	5:24.00	104%	
200m	0040 (44			-	2:47.00	-	
400	, 2013 (11 ),	400			<b>-</b> 40.00	4000/	1
400m		122.	5:42.96	306	5:43.00	100%	
100m 200m				-	1:28.79 2:59.00	-	
200	, 2013 (11 ),				2.00.00		1
100m	, 2010 (11 ),			_	1:08.00	-	•
400m		94.	5:26.73	354	5:35.00	105%	
200m				-	2:53.00	-	
	, 2012 (12 ),						1
400m		109.	5:32.34	337	5:36.00	102%	
100m				-	1:22.50	=	
200m	, 2011 (13 ),			-	2:58.00	•	
400m	, 2011 (13 ),				4:55.00		-
100m				-	1:09.00	<del>-</del>	
200m			2:41.65	311	2:35.00	92%	
	, 2010 (14     ),						1
400m				-	5:00.00	-	
100m				-	1:05.50	-	
200m	2042 (42		2:26.50	419	2:27.00	101%	
400	, 2012 (12 ),				4.05.00		-
100m 400m		61.	5:14.16	399	1:05.90 5:14.00	- 100%	
200m		01.	3.14.10	-	2:46.00	-	
2001	, 2012 (12 ),						-
400m	, ( ,,	23.	5:00.84	454	5:00.76	100%	
100m				-	1:15.60	-	
200m				-	2:34.33	=	
	, 2010 (14    ),						1
400m				-	5:20.00	-	
100m 200m			2:42.08	309	1:11.00 2:44.00	- 102%	
200111			2.42.00	308	۷.77.00	IUZ-70	
							11
	, 2010 (14 ),						1
100m	, 2010 (17 ),			_	55.22	_	1
400m				-	4:32.45	-	
200m			2:22.46	455	2:25.42	104%	

	2044 (42					
400m	, 2011 (13 ),	83.	5:21.23	373	5:12.00	94%
100m				-	1:22.72	-
200m	0040 (40			-	2:47.38	-
400	, 2012 (12 ),	=-	=	400	= 44 00	-
400m 100m		52.	5:11.42	409	5:11.20 1:19.71	100%
200m				-	2:45.10	-
	, 2010 (14 ),					1
400m	, ( ),			-	4:43.78	-
100m				-	1:15.65	-
200m	0044 (40		2:27.12	413	2:27.24	100%
400	, 2011 (13 ),				5.00.40	-
400m 100m				-	5:02.18 1:14.97	-
200m			2:44.26	297	2:38.82	93%
	, 2011 (13     ),					-
100m				-	1:05.00	-
400m		56.	5:13.06	403	5:10.00	98%
200m	2040 (44			-	2:48.00	-
400	, 2010 (14 ),				4.40.00	1
400m 100m				-	4:10.30 1:02.52	-
200m			2:20.18	478	2:22.10	103%
	, 2010 (14 ),					1
100m				-	1:04.00	-
400m			0.00.50	-	4:53.44	-
200m	2040 (44		2:36.52	343	2:39.02	103%
400	, 2010 (14 ),				4.00.72	1
400m 100m				-	4:09.73 1:05.00	-
200m			2:07.95	629	2:13.50	109%
	, 2012 (12 ),					-
400m		59.	5:13.52	401	5:10.78	98%
100m				-	1:14.00	-
200m	2044 (42			-	2:47.46	-
400m	, 2011 (13 ),			_	5:02.39	-
100m				-	1:13.50	- -
200m			2:41.73	311	2:40.24	98%
	, 2011 (13 ),					1
100m				<del>-</del>	1:11.46	<del>-</del>
400m 200m		32.	5:04.87	436	5:12.37 2:52.37	105%
200111	, 2011 (13    ),			-	2.32.31	1
400m	, 2011 (10 ),	11.	4:53.33	490	4:55.57	102%
100m				-	1:12.97	-
200m				-	2:33.78	-
	, 2011 (13 ),					1
400m 100m		53.	5:11.69	408	5:24.16 1:15.63	108%
200m				-	2:45.16	- -
	, 2010 (14    ),					-
400m	, - ( ),			-	4:53.24	-
100m				-	1:09.17	-
	, 2010 (14 ),					1
100m				-	1:02.18	-
400m 200m			2:37.15	339	5:00.24 2:41.49	106%
200111	, 2011 (13 ),		2.00	300	2.11.10	10070
400m	,	106.	5:31.72	339	5:18.20	92%
100m				-	1:15.73	
200m	0040 (44			-	2:40.40	-
	, 2010 (14 ),					-
100m 400m				-	1:00.20 4:46.76	-
200m			2:31.60	378	2:29.33	97%
_00111	, 2011 (13 ),		2.01.00	5.0		1
100m	, - ( /)			-	1:05.89	- -
400m		64.	5:17.06	388	5:20.16	102%
200m	0044 (42			-	2:51.94	-
400-	, 2011 (13 ),	40	E.40.44	44.4	E-40 44	1020/
400m 100m		48.	5:10.11	414	5:12.44 1:15.06	102%
200m				-	2:46.53	-

	, 2011 (13 ),							1
400m				-	4:51.26		-	
100m 200m			2:33.83	361	1:04.54 2:35.86		103%	
200111	, 2010 (14 ),		2.00.00	001	2.00.00		10070	-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.75		-	
400m				-	4:58.08		-	
	, 2012 (12 ),							-
100m 200m				-	1:24.71 2:41.68		-	
200111	, 2010 (14 ),				2.11.00			_
400m	, == := (: : ),			-	4:28.87	25.04.2024	-	
100m				-	1:04.92	29.03.2024	-	
200m	, 2010 (14 ),		2:21.05	469	2:20.41	24.04.2024	99%	1
400m	, 2010 (14 ),			-	4:21.07	25.04.2024	-	'
100m				-	1:02.09	26.04.2024	-	
200m			2:20.34	476	2:21.29	24.04.2024	101%	
400	, 2012 (12 ),				4.40.07			1
100m 400m		134.	5:52.45	282	1:12.87 6:02.18		106%	
200m			0.020	-	3:03.57		-	
	, 2010 (14     ),							-
100m				-	56.54	26.04.2024	-	
400m 200m			2:17.60	- 505	4:22.37 2:16.72	25.04.2024 24.04.2024	99%	
	, 2010 (14    ),							1
100m	, , , ,			-	1:01.04		-	
400m 200m			2:30.35	387	4:58.23 2:32.38		- 103%	
200111	, 2011 (13 ),		2.30.33	307	2.32.30		10376	1
100m	, == : : (: = - ),			-	1:11.63		-	-
400m		119.	5:39.67	315	5:41.67		101%	
200m	, 2011 (13 ),			-	2:57.97		-	
100m	, 2011 (13 ),			-	1:07.27		-	-
400m		69.	5:17.47	386	5:16.74		100%	
200m				-	2:48.80		-	
400	, 2010 (14 ),				4.50.00			-
400m 100m				-	4:50.62 1:04.31		-	
200m			2:38.60	330	2:36.18		97%	
	, 2011 (13 ),							-
400m 100m		39.	5:06.09	431	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13    ),							1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m 200m				-	1:15.43 2:44.59	26.04.2024 22.06.2023	-	
200111	, 2010 (14 ),				2.77.00	22.00.2020		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.92	26.04.2024	-	
400m			0.20.40	-	5:07.80	25.04.2024	4050/	
200m	, 2011 (13 ),		2:36.19	345	2:40.35	24.04.2024	105%	1
400m	, 2011 (10 ),			-	4:55.65	25.04.2024	-	'
100m				-	1:20.23	26.04.2024	-	
200m	, 2011 (13 ),		2:30.99	382	2:33.67	24.04.2024	104%	
100m	, 2011 (13 ),			-	1:03.95	26.04.2024	-	-
400m				-	4:53.13	25.04.2024	-	
	, 2011 (13 ),							-
400m		67.	5:17.33	387	5:12.70		97%	
100m 200m				-	1:13.24 2:41.91		-	
	, 2010 (14 ),							1
400m				-	4:55.78	25.04.2024	-	
100m 200m			2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	- 102%	
200m	, 2011 (13 ),		£.31. <del>3</del> 0	JJ4	۷.۵۶.۱۱	ZT.U4.ZUZ4	10270	_
400m	, 2011 (10 ),	57.	5:13.27	402	5:07.61		96%	
100m				-	1:18.86		-	
200m	, 2010 (14 ),			-	2:43.95		-	
100m	, 2010 (14 ),			-	1:06.23	26.04.2024	-	-
400m				-	4:46.97	25.04.2024	-	
200m				-	2:48.11		-	

	2040 (44							4
400m	, 2010 (14 ),			-	4:56.78		_	1
100m				-	1:12.94		-	
200m			2:36.50	343	2:39.46		104%	
	, 2011 (13 ),							1
400m				-	5:06.52		-	
100m 200m			2:37.63	336	1:20.24 2:41.51		105%	
200111	, 2011 (13 ),		2.57.05	330	2.41.51		10376	_
400m	, 2011 (10 ),	60.	5:13.71	400	5:11.05		98%	
100m				-	1:11.42		-	
200m				-	2:44.78		-	
	, 2011 (13 ),							1
100m 400m				-	1:00.75 4:55.91	26.04.2024 25.04.2024	-	
200m			2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14 ),							1
400m	, , , ,			-	4:45.58		-	
100m					1:07.57		-	
200m	2040 (44		2:23.66	444	2:23.78		100%	
100m	, 2010 (14 ),				1:02.00		_	-
100m 400m				-	1:02.09 4:40.19		-	
200m			2:37.40	337	2:35.73		98%	
	, 2012 (12 ),							-
100m				-	1:06.45		-	
400m 200m		73.	5:18.55	382	5:15.39 2:50.71		98%	
200111	, 2011 (13 ),				2.50.71			1
100m	, 2011 (10 ),			-	1:00.60		_	
400m				-	4:52.60		-	
200m			2:40.90	316	2:44.00		104%	
400	, 2011 (13 ),				4.05.45	00.04.0004		1
100m 400m		9.	4:52.11	496	1:05.45 4:58.56	26.04.2024 24.04.2024	104%	
200m		Э.	4.52.11	-	2:44.93	25.04.2024	10478	
	, 2012 (12 ),							-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:10.60	25.04.2024	-	
100m				-	1:22.81	26.04.2024	-	
200m	2040 (44			-	2:47.64	24.04.2024	-	
400m	, 2010 (14 ),			-	5:15.13	25.04.2024	_	-
100m				-	1:20.61	28.03.2024	-	
200m			2:41.11	315	2:38.12	24.04.2024	96%	
	, 2011 (13 ),							-
400m		113.	5:35.23	328	5:24.88		94%	
100m 200m				-	1:21.65 2:52.72		-	
200111	, 2010 (14    ),				2.02.72			1
400m	, 2010 (11 ),			-	4:48.82		_	
100m				-	1:17.47		-	
200m	0040 (44		2:26.83	416	2:32.09		107%	
400	, 2010 (14 ),				4.50.00			-
400m 100m				-	4:52.60 1:12.58		-	
200m			2:32.69	370	2:27.60		93%	
	, 2012 (12 ),							1
100m				-	1:04.40	28.03.2024	-	
400m			2,20 EC	220	4:55.47	25.04.2024	1020/	
200m	, 2010 (14 ),		2:38.56	330	2:41.13	24.04.2024	103%	1
400m	, 2010 (14 ),			-	4:26.36		-	'
100m				-	1:01.56		-	
200m			2:15.53	529	2:16.53		101%	
	, 2011 (13 ),							-
400m		85.	5:21.42	372	5:19.67		99%	
100m 200m				-	1:12.01 2:38.51		-	
_00111	, 2010 (14 ),							_
400m	, 2010 (11 ),			-	4:47.50		-	
100m				-	1:12.80		-	
200m	0044 (40		2:25.16	430	2:22.60		97%	
400=	, 2011 (13 ),	07	E:00.05	267	E-00 00		4000/	-
400m 100m		87.	5:22.95	367	5:22.80 1:06.89		100%	
200m				-	2:41.50		-	

100m	, 2012 (12 ),			_	1:03.95	26.04.2024		-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m				-	2:42.67		-	
400	, 2012 (12 ),	400	5 50 0 <del>7</del>	070	0.00.07	04.04.0004	4040/	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104% -	
200m				-	3:10.66	25.04.2024	-	
400	, 2011 (13 ),				4 00 07			1
100m 400m		49.	5:10.15	414	1:06.87 5:17.13		105%	
200m				-	2:41.97		-	
400	, 2011 (13 ),							1
100m 400m				-	1:04.58 5:01.18	25.04.2024	-	
200m			2:41.17	314	2:41.79	24.04.2024	101%	
400	, 2011 (13 ),	0.4	5:04.00	200	E-00 04		000/	-
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99%	
200m				-	2:53.69		-	
400	, 2011 (13 ),				5 40 00			-
400m 100m				-	5:13.38 1:28.91		-	
200m			2:49.23	271	2:44.49		94%	
400	, 2011 (13 ),	24	E-04 70	450	E.02.2E		4040/	1
400m 100m		24.	5:01.70	450 -	5:03.35 1:07.74		101% -	
200m				-	2:39.68		-	
400	, 2012 (12 ),	138.	E.E.4.00	076	E.E.A. 4.4	24.04.2024	4000/	-
400m 100m		130.	5:54.90	276 -	5:54.14 1:21.59	26.04.2024	100%	
200m	0040 (44			-	3:02.87	25.04.2024	-	
100m	, 2010 (14 ),				54.12			-
400m				-	4:15.65		-	
200m			2:12.89	561	2:12.78		100%	
400m	, 2010 (14 ),			-	4:42.10	25.04.2024		1
100m				-	1:09.79	26.04.2024	-	
200m	2040 (44		2:21.78	462	2:23.12	24.04.2024	102%	
400m	, 2013 (11 ),	108.	5:32.14	337	5:39.66		105%	1
100m		100.	3.32.14	-	1:34.94		-	
200m	2011 (12			-	2:56.62		-	4
400m	, 2011 (13 ),	105.	5:31.45	339	5:32.47		101%	1
100m				-	1:25.17		-	
200m	2042 (42			-	2:55.64		-	
400m	, 2012 (12 ),	112.	5:35.22	328	5:29.56	24.04.2024	97%	-
100m			0.00.22	-	1:22.25	26.04.2024	-	
200m	, 2011 (13 ),			-	3:05.11	25.04.2024	-	_
400m	, 2011 (13 ),	71.	5:18.19	384	5:14.84	23.11.2023	98%	_
100m				-	1:22.53	23.11.2023	-	
200m	, 2012 (12 ),			-	2:43.30	25.04.2024	-	_
400m	, 2012 (12 ),	84.	5:21.41	372	5:21.05	24.04.2024	100%	_
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12 ),			-	2:45.78	25.04.2024	-	1
400m	, 2012 (12 ),	28.	5:04.52	438	5:12.89	24.04.2024	106%	•
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14 ),			-	2:49.88	25.04.2024	-	1
100m	, ( ),			-	1:02.55		-	•
400m			2:35.53	- 350	4:49.66		- 104%	
200m	, 2011 (13 ),		2.33.33	350	2:38.32		1U <del>4</del> 70	_
100m	,			-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	, 2012 (12 ),			-	2:39.16	25.04.2024	-	1
400m	, :- (:- //	98.	5:28.19	350	5:30.94		102%	•
100m 200m				-	1:15.24 2:51.65		-	
200111				-	2.31.03		-	

	2012 (12							1
400m	, 2012 (12 ),	44.	5:08.56	421	5:16.23		105%	ı
100m				-	1:22.27		-	
200m	2012 (12			-	2:40.76		-	4
400m	, 2012 (12 ),	136.	5:52.85	281	5:58.66		103%	1
100m		130.	5.52.65	-	1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14 ),							-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m				-	2:46.19	24.04.2024	-	
	, 2010 (14 ),							-
400m				-	4:46.52		-	
100m 200m			2:26.71	- 417	1:04.59 2:24.49		- 97%	
200111	, 2012 (12 ),		2.20.71	411	2.24.40		37 70	_
400m	, , , , , , , , , , , , , , , , , , , ,	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	, 2011 (13 ),			-	2:50.20	25.04.2024	-	1
400m	, 2011 (13 ),	111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m			0.000	-	1:18.51	26.04.2024	-	
200m	0040 (44			-	3:02.43	25.04.2024	-	
400m	, 2010 (14 ),			_	5:35.50	25.04.2024		-
100m				-	1:15.19	26.04.2024	-	
200m				-	2:45.47	24.04.2024	-	
400	, 2011 (13 ),					00.40.0000		-
100m 400m		13.	4:54.85	482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m				-	2:34.71	22.11.2023	-	
	, 2011 (13 ),							1
100m 400m		107.	5:32.07	337	1:18.22 5:36.05	24.11.2023 24.04.2024	102%	
200m		107.	3.32.07	-	2:59.25	25.04.2024	10276	
	, 2011 (13 ),							1
100m				-	1:01.70		-	
400m 200m			2:39.84	322	4:42.00 2:42.00		103%	
200111	, 2010 (14 ),		2.00.04	OLL	2.12.00		10070	_
400m	, == ( , ,			-	4:40.20		-	
100m			0.00.04	-	1:08.47		-	
200m	, 2011 (13 ),		2:30.84	383	2:29.71		99%	_
400m	, 2011 (10 ),			-	4:50.48		-	
100m					1:08.99			
200m	, 2011 (13 ),		2:37.44	337	2:35.31		97%	4
400m	, 2011 (13 ),	120.	5:40.49	313	5:43.73		102%	1
100m		120.	0.40.43	-	1:17.03		-	
200m	0040 (44			-	2:56.19		-	
100m	, 2010 (14 ),			_	59.64		_	1
400m				-	4:51.18		-	
200m			2:22.56	454	2:25.57		104%	
405	, 2011 (13 ),			,				1
400m 100m		30.	5:04.55	438	5:16.65 1:19.49	24.04.2024 26.04.2024	108%	
200m				-	2:39.45	25.04.2024	-	
	, 2010 (14 ),							1
400m 100m				-	5:02.94 1:11.66		-	
200m			2:41.59	312	2:42.38		101%	
	, 2012 (12 ),							-
400m				-	5:00.14	25.04.2024	-	
100m	, 2010 (14 ),			-	1:20.97	26.04.2024	-	1
100m	, 2010 (14 ),			_	1:04.73	28.03.2024	_	1
400m				-	4:56.66	27.03.2024	-	
200m	0044 (46		2:38.60	330	2:45.39	16.06.2023	109%	
400~	, 2011 (13 ),	46	5:00 47	117	5:0E 00		000/	-
400m 100m		46.	5:09.47	417 -	5:05.80 1:11.00		98%	
200m				-	2:39.70		-	

	, 2010 (14 ),							1
100m 400m	,			- -	55.65 4:30.00	26.04.2024 25.04.2024	-	
200m			2:19.89	481	2:30.78	22.11.2023	116%	
	, 2010 (14 ),							1
400m 100m				-	5:04.79 1:14.56		-	
200m			2:34.13	359	2:34.88		101%	
	, 2010 (14 ),							1
100m				-	1:04.13		-	
400m 200m			2:41.80	311	4:53.89 2:42.26		101%	
	, 2011 (13 ),							-
400m 100m				-	5:03.36 1:11.34	25.04.2024 26.04.2024	-	
200m			2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11 ),							1
400m 100m		144.	6:15.17	234	6:23.56 1:38.18	24.04.2024 26.04.2024	105%	
200m				-	3:46.50	06.12.2023	-	
	, 2011 (13 ),							1
100m 400m				-	1:06.34 5:06.72		-	
200m			2:41.79	311	2:43.15		102%	
	, 2011 (13 ),							-
100m 400m				-	1:06.69 5:15.49	07.12.2023 27.03.2024	-	
200m				-	2:50.21	24.04.2024	-	
	, 2010 (14 ),							-
400m 100m				-	4:40.20 1:03.07	25.04.2024 26.04.2024	-	
100111	, 2011 (13 ),				1.00.07	20.04.2024		_
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.12		-	
400m	, 2011 (13 ),			-	4:43.97		-	
400m	, 2011 (13 ),			-	5:17.90	25.04.2024	_	-
100m				-	1:15.34	26.04.2024	-	
200m	, 2010 (14 ),			-	2:48.64	24.04.2024	-	
400m	, 2010 (14 ),			-	5:11.10	23.11.2023	_	-
100m				-	1:10.36		-	
200m	, 2010 (14 ),			=	NT		-	_
100m	, 2010 (11 ),			-	59.62	26.04.2024	-	
400m			0.07.57	-	4:37.90	25.04.2024	4000/	
200m	, 2012 (12 ),		2:27.57	410	2:27.45	24.04.2024	100%	_
400m	, 2012 (12 ),	110.	5:34.37	331	5:26.57		95%	
100m				-	1:20.12		-	
200m	, 2011 (13 ),			-	2:54.00		-	_
100m	,			-	1:00.03		-	
400m 200m			2:35.11	353	4:42.88 2:33.34		- 98%	
200111	, 2011 (13 ),		2.33.11	333	2.33.34		30 /0	_
100m	, ==::(:= ,,			-	59.14		-	
400m 200m		8.	4:52.02	496 -	4:49.86 2:29.93		99%	
200111	, 2012 (12 ),			-	2.29.93		_	1
400m	, , , , , , , , , , , , , , , , , , , ,	118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m 200m				-	1:21.52 3:01.82	26.04.2024 25.04.2024	-	
200	, 2011 (13 ),				0.01.02	2010 11202 1		1
400m	, , , , , , , , , , , , , , , , , , , ,	1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m 200m				-	1:05.31 2:31.57	26.04.2024 25.04.2024	-	
200.11	, 2011 (13 ),							-
400m				-	5:00.56		-	
100m 200m			2:39.77	323	1:10.64 2:39.17		- 99%	
_00.11	, 2010 (14 ),		2.00.7	020			5570	1
400m				-	5:03.85		-	
100m 200m			2:36.85	- 341	1:09.98 2:39.94		104%	

100	, 2010 (14 ),				E0 70			1
100m 400m				-	58.78 4:47.67		-	
200m			2:27.18	413	2:33.74		109%	
200111	, 2011 (13 ),		2.27.10	413	2.55.74		10376	1
400m	, 2011 (10 ),	79.	5:20.72	375	5:29.96	27.03.2024	106%	•
100m		75.	3.20.72	-	1:27.32	26.04.2024	-	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13    ),							-
400m				-	5:06.86		-	
100m				-	1:20.91			
200m			2:37.73	335	2:37.55		100%	
	, 2011 (13 ),							-
400m 100m				-	4:46.21 1:08.42		-	
100111	, 2011 (13 ),			-	1.00.42		-	
100m	, 2011 (13 ),			_	1:05.35	26.04.2024		-
400m				-	4:59.54	25.04.2024	-	
200m				-	2:48.84	24.04.2024	-	
	, 2010 (14 ),							-
400m				-	4:43.30		-	
100m				-	1:13.19			
200m	0044 (40		2:25.38	428	2:22.59		96%	
400	, 2011 (13 ),	404	5:44.00	202	5.55.70		4070/	1
400m 100m		124.	5:44.02	303	5:55.78 1:24.03		107%	
200m				_	2:57.06		_	
200	, 2012 (12 ),				2.07.00			_
400m	, - ( ),	38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m				-	2:41.99		-	
	, 2013 (11    ),							1
400m		96.	5:27.19	353	5:30.42 1:17.86	27.03.2024 26.04.2024	102%	
100m 200m				-	2:59.30	20.04.2024	-	
200111	, 2011 (13 ),				2.00.00			_
400m	, 2011 (10 ),	4.	4:40.74	559	4:37.71		98%	
100m				-	1:04.81		-	
200m				-	2:27.89		-	
	, 2010 (14 ),							-
100m				-	1:08.86	26.04.2024	-	
400m 200m			2:57.84	234	5:34.76 2:37.96	25.04.2024	- 79%	
200111	, 2010 (14 ),		2.57.04	234	2.37.90		1976	1
400m	, 2010 (14 ),			-	4:52.68		-	'
100m				-	1:18.06		-	
200m			2:30.33	387	2:31.09		101%	
	, 2010 (14 ),							1
100m				-	59.59		-	
400m			2.20.22	-	4:47.04		-	
200m	2011 (12		2:30.23	388	2:32.95		104%	
100m	, 2011 (13 ),			-	59.17	26.04.2024	-	-
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m				-	2:31.66	25.04.2024	-	
	, 2011 (13    ),							1
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m	2012 (12			-	2:24.20	25.04.2024	-	
100	, 2012 (12 ),				1.10.15	26 40 2022		-
100m 400m		95.	5:27.11	353	1:18.15 5:20.73	26.10.2023 24.04.2024	96%	
200m					2:56.24	25.04.2024	-	
	, 2011 (13    ),							-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	0040 (44			-	2:33.58	25.04.2024	-	
400	, 2010 (14 ),							-
400m				-	5:30.90	25.04.2024	-	
100m 200m			2:45.31	291	1:13.92 2:42.67	26.04.2024 24.04.2024	97%	
	, 2010 (14 ),						3.70	1
400m	, 20.0 (1. ),			_	4:48.30		_	
100m				-	1:05.77		-	
200m			2:28.77	400	2:30.91		103%	

	0044 (40							
100m	, 2011 (13 ),			_	1:03.15		_	1
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	
	, 2011 (13 ),							1
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13 ),							1
400m				-	4:55.83		-	
100m 200m			2:30.47	386	1:06.88 2:34.49		105%	
200	, 2010 (14 ),			333	2.00		.0070	_
100m	, == := (: : /,			-	1:00.40		-	
400m			0.00.05	-	4:38.00		-	
200m	, 2012 (12 ),		2:39.25	326	2:32.00		91%	1
400m	, 2012 (12 ),	130.	5:48.45	292	5:49.10	24.04.2024	100%	•
100m				-	1:31.39	28.03.2024	-	
200m	2244 (42			-	3:00.67	25.04.2024	-	
400	, 2011 (13 ),				4.40.07			-
100m 400m				-	1:10.37 5:31.52		-	
200m				-	3:03.37		-	
	, 2011 (13     ),							-
400m		35.	5:05.10	435	5:02.99		99%	
100m 200m				-	1:22.25 2:47.42		-	
	, 2012 (12 ),							_
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m	, 2012 (12 ),			-	2:49.79		-	1
400m	, 2012 (12 ),	133.	5:50.71	286	6:01.10	24.04.2024	106%	•
100m				-	1:15.81	26.04.2024	-	
200m	2040 (44			-	2:57.50	25.04.2024	-	
400m	, 2010 (14 ),			-	4:50.19	25.04.2024	_	-
100m				-	1:18.29	06.10.2023	-	
200m			2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13    ),							-
400m 100m				-	5:29.16 1:16.04		-	
200m				-	2:48.79		-	
	, 2010 (14     ),							-
100m				-	1:01.60		-	
400m 200m			2:38.04	333	5:02.70 2:35.00		96%	
	, 2012 (12 ),							1
100m				-	1:15.24		-	
400m		131.	5:49.82	289	6:01.03		107%	
200m	, 2011 (13 ),			-	3:11.37		-	_
400m	, 2011 (10 ),	33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m	2044 (42			-	2:42.00		-	
400m	, 2011 (13 ),	36.	5:05.26	435	5:03.43	24.04.2024	99%	-
100m		30.	3.03.20	-	1:10.18	26.04.2024	-	
200m				-	2:42.57	25.04.2024	-	
400	, 2010 (14 ),				4.04.67			-
400m 100m				-	4:31.67 1:02.45		-	
	, 2011 (13 ),							1
100m	·			-	59.64		-	
400m			2:30.36	387	4:38.57		- 103%	
200m	, 2010 (14 ),		2.30.30	30/	2:32.82		103%	1
100m	, 20.0 ( ),			-	1:00.66		-	•
400m			0.24.45	-	5:00.36		-	
200m	2014 (42		2:31.10	381	2:33.70		103%	
400m	, 2011 (13 ),			-	4:45.95	25.04.2024	-	-
100m				-	1:13.57	26.04.2024	-	
200m			2:29.06	397	2:27.33	24.04.2024	98%	

400m	, 2010 (14 ),				4:40.19	25.04.2024		-
100m				-	1:07.31	26.04.2024	-	
200m			2:27.05	414	2:25.73	24.04.2024	98%	
	, 2011 (13 ),							1
100m	, - ( - ),			-	1:06.33		_	
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13    ),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	2040 (44			-	2:34.65		-	4
400	, 2010 (14    ),				5.05.04			1
400m 100m				-	5:05.04 1:16.06		-	
200m			2:30.09	389	2:32.15		103%	
	, 2010 (14    ),							1
400m	, == ( , , , , , , , , , , , , , , , , ,			-	4:36.97	25.04.2024	_	
100m				-	1:06.71	26.04.2024	-	
200m			2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12 ),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m				-	1:35.68	26.04.2024	-	
200m	, 2010 (14 ),			-	3:02.58	25.04.2024	-	
400m	, 2010 (14 ),			_	4:56.26			-
400m 100m				-	4:56.26 1:06.63		-	
200m			2:32.53	371	2:31.67		99%	
	, 2012 (12 ),							1
400m	, - (	117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m				-	3:06.71		-	
100	, 2012 (12 ),							1
100m		121.	E. 44 46	-	1:15.15	24.04.2024	4070/	
400m 200m		121.	5:41.46	310 -	5:54.03 3:09.62	24.04.2024 25.04.2024	107%	
200111	, 2010 (14 ),			-	3.09.02	23.04.2024	-	1
400m	, 2010 (14 ),			-	4:46.63		_	
100m				-	1:06.13		_	
200m			2:25.04	431	2:29.10		106%	
	, 2012 (12 ),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m				-	1:34.62	28.03.2024	-	
200m	, 2010 (14 ),			-	3:04.05	25.04.2024	-	1
400m	, 2010 (14 ),			_	5:05.89			1
100m				-	1:11.00		_	
200m			2:33.76	362	2:42.86		112%	
	, 2010 (14 ),							_
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:55.23	25.04.2024	-	
100m				-	1:09.85	26.04.2024	-	
200m	2040 (44		2:32.39	372	2:29.44	24.04.2024	96%	
400	, 2013 (11 ),						40.407	1
400m		143.	6:08.41	247	6:15.63		104%	
100m 200m				-	1:27.90 3:02.71		-	
	, 2010 (14 ),							1
100m	, 2010 (11 ),			-	1:07.36	26.04.2024	_	•
400m				-	5:03.09	25.04.2024	-	
200m			2:43.19	303	2:43.68	24.04.2024	101%	
								11
	, 2011 (13 ),							1
400m				-	4:32.58		-	
100m 200m			2:28.18	404	1:02.61 2:30.35		103%	
200m	, 2010 (14 ),		2.20.10	404	۷.۵۵.۵۵		10370	
400m	, 2010 (14 ),			_	4:46.20		_	-
100m				-	4:46.20 1:17.05		-	
200m			2:31.85	376	2:29.55		97%	
	, 2011 (13 ),							-
400m	, , , , , , , , , , , , , , , , , , , ,	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m				-	2:40.38		-	

	, 2011 (13 ),					-
400m		25.	5:02.37	447	4:56.03	96%
100m				-	1:14.95	-
200m	, 2012 (12 ),			-	2:47.54	- 1
400	, 2012 (12 ),		4-40-04	F47	4:52.60	1000/
400m 100m		6.	4:48.04	517	4.52.60 1:08.29	103%
200m				-	2:35.61	<del>-</del>
	, 2010 (14 ),					_
400m	, == ( , , ,,			-	5:07.65	-
100m				-	1:18.39	-
200m			2:39.51	324	2:37.36	97%
	, 2011 (13 ),					-
400m		51.	5:11.10	410	5:03.43	95%
100m 200m				-	1:22.64 2:40.55	-
200111	, 2012 (12 ),			-	2.40.33	_
400m	, 2012 (12 ),			-	5:03.99	_
100m				-	1:12.38	<del>-</del>
200m			2:41.52	312	2:41.04	99%
	, 2012 (12 ),					-
100m				-	1:04.60	-
400m				-	5:06.16	<del>-</del>
200m	0044 (40		2:44.31	297	2:40.08	95%
100	, 2011 (13 ),				4.04.00	1
100m 400m		45.	5:08.76	420	1:04.92 5:09.05	- 100%
200m		45.	5:06.76	420	2:46.15	100%
	, 2011 (13 ),					1
100m	, ==::(:= /,			-	1:06.09	-
400m		37.	5:05.59	433	5:07.54	101%
200m				-	2:47.50	-
	, 2010 (14 ),					1
100m				-	58.40	<del>-</del>
400m			2:24.04	-	5:02.97	4000/
200m	, 2011 (13 ),		2:34.04	360	2:35.53	102% <b>1</b>
400m	, 2011 (13 ),	81.	5:21.18	373	5:21.64	100%
100m		01.	3.21.10	-	1:16.52	10076
200m				-	2:53.92	-
	, 2010 (14 ),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.14	-
400m				-	5:03.00	-
200m	0040 (44		2:44.04	298	2:42.92	99%
400	, 2010 (14     ),				4.47.50	-
400m 100m				-	4:47.50 1:05.50	-
200m			2:33.09	367	2:30.70	97%
	, 2011 (13 ),					<u>-</u>
400m	, ==::(:= /,	34.	5:05.09	435	5:00.47	97%
100m		- *	<del>-</del>	-	1:15.07	= /-
200m				-	2:43.92	-
	, 2010 (14 ),					-
100m				-	1:05.23	<del>-</del>
400m 200m			2:49.32	- 271	4:49.66 2:40.00	- 89%
200111	, 2011 (13 ),		2.70.02	۲. ۱	2. 10.00	1
100m	, 2011 (10 <i>)</i> ,			-	1:05.75	- '
400m		31.	5:04.59	437	5:05.60	101%
200m				-	2:53.11	-
	, 2010 (14    ),					-
100m				-	58.71	=
400m			2.22.02	- 442	4:33.04	- 070/
200m	2010 (14 )		2:23.82	442	2:21.32	97%
400m	, 2010 (14 ),				1·55 07	-
400m 100m				-	4:55.07 1:20.35	- -
200m			2:43.60	300	2:42.82	99%
	- , 2012 (12	),				1
400m	, == (:=	27.	5:03.89	440	5:10.25	104%
100m				-	1:14.03	-
200m	2242 // .			-	2:40.09	=
45-	, 2010 (14 ),				. = -	-
400m				-	4:58.35	-
100m 200m			2:42.83	305	1:24.37 2:38.43	- 95%
200111			2.72.00	303	2.00.70	3J /0

	, 2010 (14 ),						1
400m				-	4:48.68	-	
100m 200m			2:26.59	- 418	1:05.20 2:29.33	- 104%	
200111	, 2011 (13 ),		2.20.55	410	2.23.00	10470	_
400m	, - ( - ,,	82.	5:21.20	373	5:11.48	94%	
100m				-	1:12.72	-	
200m	0040 (44			-	2:39.93	-	
400	, 2010 (14 ),				50.44		-
100m 400m				-	56.14 4:40.00	-	
200m			2:22.78	452	2:22.20	99%	
	, 2010 (14     ),						1
400m				-	4:27.15	-	
100m				-	1:01.00	-	
200m	, 2011 (13 ),		2:17.26	509	2:18.68	102%	1
100m	, 2011 (13 ),			-	1:01.69	-	'
400m				-	5:07.83	-	
200m			2:40.51	318	2:40.53	100%	
	, 2011 (13 ),						-
400m		29.	5:04.54	438	5:00.70	97%	
100m 200m				-	1:10.86 2:38.82	-	
200111				-	2.30.02	-	
							17
	, 2011 (13 ),						1
400m	, ==::(:= /,	42.	5:08.18	422	5:12.96	103%	•
100m				-	1:11.54	=	
200m				-	2:35.00	-	
400	, 2010 (14 ),				50.05		1
100m 400m				-	59.85 4:54.15	-	
200m			2:35.08	353	2:39.00	105%	
	, 2012 (12 ),						1
400m		114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m	2011 (12			-	2:56.07	-	4
400m	, 2011 (13 ),			-	4:56.00	_	1
100m				-	1:09.00	-	
200m			2:41.28	314	2:45.00	105%	
	, 2011 (13 ),						-
100m				-	1:37.00	-	
200m	, 2011 (13 ),			-	3:24.00	-	_
100m	, 2011 (10 ),			_	1:18.00	_	
400m		147.	6:27.11	213	6:20.00	96%	
200m				-	3:12.00	=	
	, 2012 (12 ),						-
100m 400m		146.	6:21.28	223	1:16.82 6:09.89	- 94%	
200m		140.	0.21.20	-	3:10.65	-	
	, 2010 (14 ),						1
400m				-	4:57.49	-	
100m			<del>-</del>	-	1:14.00	-	
200m	2010 (14		2:29.45	394	2:31.00	102%	
400m	, 2010 (14 ),			-	5:59.00	_	-
100m				-	1:19.00	-	
	, 2011 (13 ),						1
400m				-	5:01.37	-	
100m			0-20-40	-	1:20.70	4000/	
200m	2010 (14		2:36.48	343	2:38.89	103%	
100m	, 2010 (14 ),			-	1:03.70	-	-
400m				-	5:05.00	-	
200m			2:47.42	280	2:45.00	97%	
	, 2012 (12 ),						1
400m		123.	5:43.84	304	5:50.00	104%	
100m 200m				-	1:27.00 2:55.00	- -	
	, 2011 (13 ),						1
400m	, == : (:= /,			-	5:14.00	-	-
100m				<u>-</u>	1:11.00	-	
200m			2:44.86	294	2:45.18	100%	

						<del></del>
	, 2013 (11 ),					1
400m		141.	6:01.09	262	6:01.11	100%
100m				-	1:31.64	-
200m	, 2010 (14 ),			-	3:12.02	1
100m	, 2010 (14 ),				55.90	
400m				-	4:26.70	- -
200m			2:17.05	511	2:18.70	102%
	, 2010 (14    ),					1
400m				-	4:56.47	-
100m			0.00.00	-	1:07.50	-
200m	2044 (42		2:28.69	400	2:31.87	104%
400	, 2011 (13 ),	4.40	0.40.44	400	0.05.00	- 000/
400m 100m		149.	6:42.44	189 -	6:35.00 1:28.00	96%
200m				-	3:10.00	-
	, 2013 (11 ),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:12.50	-
400m				-	5:34.00	-
200m				-	3:03.00	-
	, 2012 (12 ),					-
400m				-	5:41.00	<del>-</del>
100m 200m				- -	1:27.00 3:01.00	-
200111	, 2010 (14    ),				0.01.00	1
100m	, == := (:: /,			-	1:04.76	· ·
400m				-	5:10.89	-
200m			2:38.47	331	2:39.21	101%
	, 2011 (13 ),					1
400m		93.	5:26.72	354	5:34.09	105%
100m				-	1:13.52 2:59.24	<del>-</del>
200m	, 2011 (13 ),			-	2.59.24	1
100m	, 2011 (10 ),			-	1:02.02	
400m		88.	5:23.00	367	5:40.00	111%
200m				-	2:48.00	-
	, 2011 (13    ),					-
400m		127.	5:45.02	301	5:38.96	97%
100m 200m				-	1:18.87 3:06.22	- -
200111	, 2012 (12 ),			-	3.00.22	_
400m	, 2012 (12 ),			-	5:09.00	<u>.</u>
100m				-	1:15.85	-
200m				-	2:46.85	-
	, 2011 (13 ),					1
400m		115.	5:35.94	326	5:38.76	102%
100m 200m				-	1:24.51 2:55.31	=
200111	, 2012 (12 ),			-	2.33.31	_
400m	, 2012 (12 ),	116.	5:36.39	325	5:30.00	96%
100m		110.	0.00.00	-	1:26.50	-
200m				-	2:55.00	-
	, 2011 (13 ),					-
100m				-	1:04.70	=
400m	2040 (44			-	5:12.00	=
400	, 2010 (14 ),				4.47.00	-
400m 100m				-	4:47.00 1:08.00	- -
200m			2:28.99	398	2:28.00	99%
	, 2011 (13    ),					-
400m				-	5:16.00	-
100m				-	1:20.50	-
200m	2011 (12			-	2:50.00	- 1
400	, 2011 (13 ),		0.0==:	40-	0.40.70	1
400m 100m		148.	6:35.76	199	6:40.58 1:33.00	102%
200m				-	3:10.00	-
	, 2011 (13 ),					1
100m	, - , - ,,			-	1:04.01	-
400m				-	4:52.34	-
200m			2:38.77	329	2:39.78	101%