%						
40404	4.50.40	400	. =	4.0	, 2011 (13),	100
101%	4:53.48 1:11.32	493	4:52.72	10.		400m 100m
-	2:35.20	-				200m
					, 2011 (13),	
-	5:08.05	-			, , , , , , , , , , , , , , , , , , , ,	400m
-	1:18.37	-				100m
105%	2:48.88	295	2:44.58	139.		200m
4000/		404			, 2010 (14),	400
103%	4:46.77 1:10.23	421 -	4:43.04			400m 100m
103%	2:25.50	445	2:23.54	18.		200m
					, 2010 (14),	
96%	5:03.12	321	5:09.77		, == (, , ,,	400m
-	1:09.93	-				100m
105%	2:40.19	342	2:36.69	91.		200m
					, 2010 (14),	
- 1110/	57.36 4:50.70	-	4.44.60			100m
111% 108%	4:59.79 2:31.28	414 427	4:44.69 2:25.51	24.		400m 200m
10070	2.01.20	127	2.20.01	21.	, 2011 (13),	200111
99%	5:27.33	347	5:28.91	100.	, 2011 (10),	400m
-	1:14.81	-				100m
-	2:46.39	-				200m
					, 2010 (14),	
103%	4:56.97	379	4:53.06			400m
105%	1:14.87 2:34.33	387	2:30.38	55.		100m 200m
10070	2.04.00	307	2.50.50	55.	, 2010 (14),	200111
100%	4:47.31	401	4:47.74		, 2010 (14),	400m
-	1:08.10	-				100m
99%	2:32.09	371	2:32.51	66.		200m
					, 2012 (12),	
97%	5:44.42	288	5:49.98	132.		400m
- -	1:21.94 2:59.66	-				100m 200m
	2.00.00				, 2010 (14),	200111
-	58.01	_			, 2010 (11),	100m
102%	4:50.47	403	4:47.15			400m
102%	2:34.12	368	2:32.86	70.		200m
					, 2011 (13),	
-	1:02.34	-	4.40.55	2		100m
101%	4:42.01 2:38.03	560	4:40.55	3.		400m 200m
-	2.30.03	-			, 2011 (13),	200111
102%	4:51.80	515	4:48.49	7.	,	400m
-	1:11.90	-				100m
-	2:33.50	-				200m
					, 2011 (13),	
101%	5:21.89	374	5:20.92	80.		400m
-	1:19.46 2:51.06	-				100m 200m
	2.51.00				, 2010 (14),	200111
-	59.01	_			, 2010 (11),	100m
96%	4:57.39	341	5:03.75			400m
106%	2:32.60	404	2:28.24	35.		200m
					, 2011 (13),	
- 1010/	1:09.62	- 275	E-20 E2	70		100m
101%	5:21.68 2:52.65	375 -	5:20.52	78.		400m 200m
-	۷.۵۷.۵۵	-			, 2011 (13),	200111
103%	4:49.60	410	4:45.51		,	400m
-	1:13.73	-				100m
104%	2:32.11	395	2:29.38	44.		200m
					, 2011 (13),	
98%	5:24.80 1:27.21	349	5:28.41	99.		400m 100m
		-				

	, 2010 (14),						1
400m			4:41.45	428	4:40.73	99%	
100m		_		-	1:02.37	-	
200m	0040 (44	8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m			4:54.90	372	4:51.47	98%	
100m					1:05.79	-	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14),						2
400m			4:43.35	420	4:47.34	103%	
100m		45	2.22.47	- 455	1:02.00	4049/	
200m	0044 (40	15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						-
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m	2011 (12			-	2:35.78	-	
400	, 2011 (13),				4.07.40		-
100m		E 4	E.44 74	-	1:07.49	-	
400m 200m		54.	5:11.71	408	5:08.16 2:53.06	98%	
200111	, 2010 (14),				2.55.00		1
400	, 2010 (14),				E.44 E4		1
400m 100m				-	5:11.54 1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13),	54.	2.07.00	330	2.42.00	10070	1
400m	, 2011 (10),	68.	5:17.34	387	5:21.70	103%	
100m		00.	3.17.34	-	1:09.93	10376	
200m				-	2:41.48	- -	
200					2		
							8
	0040 (40						
	, 2012 (12),						1
100m		50	F-40.00	-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m	2010 (14			-	2:51.60	-	
400	, 2010 (14),				FC 00		-
100m			4.20.22	420	56.28	- 070/	
400m 200m		37.	4:39.22 2:28.61	439 401	4:35.56 2:26.07	97% 97%	
200111	2012 (12	37.	2.20.01	401	2.20.07	91 /6	
400	, 2012 (12),	00	5.47.04	207	5.40.74	070/	-
400m 100m		66.	5:17.24	387	5:12.74 1:20.48	97%	
200m				-	2:37.03	- -	
200111	, 2010 (14),			-	2.37.03	-	
100m	, 2010 (14),				1:01.10		-
400m			4:53.28	379	4:50.45	98%	
400111	, 2010 (14),		4.00.20	0/0	4.00.40	3070	_
400m	, 2010 (14),		4:50.91	388	4:39.55	92%	
100m			4.50.91	-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
200	, 2011 (13),		2.00.00	333	2.2.101	30,0	1
400m	, 2011 (13),	74.	5:19.44	270	5:20.36	1019/	
100m		74.	5.19.44	379 -	1:13.26	101%	
200m				-	2:46.21	-	
	, 2010 (14),						1
400m	, (, , , , , , , , , , , , , , , , ,		4:51.27	386	4:49.08	99%	•
100m			7.01.21	-	1:07.68	33 /0 -	
200m		51.	2:30.31	387	2:30.54	100%	
200111	, 2012 (12),	٥	00.01	001		10070	1
100m	, 2012 (12),			-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
			2.00.00	-	2:47.40	-	
∠00m					-		1
200m	2012 (12)						
	, 2012 (12),			-	1:08 40	_	
100m	, 2012 (12),	62.	5:14.32	- 398	1:08.40 5:15.16	- 101%	
100m 400m	, 2012 (12),	62.	5:14.32	- 398 -	5:15.16	- 101% -	
100m		62.	5:14.32	398		- 101% -	_
100m 400m 200m	, 2012 (12), , 2010 (14),	62.	5:14.32	398	5:15.16 2:51.08	- 101% - -	-
100m 400m 200m		62.		398 - -	5:15.16 2:51.08 1:01.11	-	-
100m 400m 200m		62. 72.	5:14.32 4:58.39 2:33.47	398 -	5:15.16 2:51.08 1:01.11 4:48.25	-	-
100m 400m 200m 100m 400m	, 2010 (14),		4:58.39	398 - - - 359	5:15.16 2:51.08 1:01.11	- - 93%	-
100m 400m 200m 100m 400m 200m		72.	4:58.39 2:33.47	398 - - 359 364	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	- 93% 98%	1
100m 400m 200m 100m 400m 200m	, 2010 (14),		4:58.39	398 - - - 359	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	- - 93%	1
100m 400m 200m 100m 400m 200m	, 2010 (14),	72.	4:58.39 2:33.47	398 - - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	- 93% 98%	1
100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	72.	4:58.39 2:33.47	398 - - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	- 93% 98% 100%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14),	72. 21.	4:58.39 2:33.47 4:59.81	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	- 93% 98% 100% - -	1
100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2011 (13),	72.	4:58.39 2:33.47	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	- 93% 98% 100%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	72. 21.	4:58.39 2:33.47 4:59.81	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	- 93% 98% 100% - -	1

400	, 2010 (14),		4.50.04	202	4.54.04	- 000/
400m 100m			4:52.04	383	4:51.04 1:05.26	99%
200m		36.	2:28.34	403	2:28.00	100%
	, 2010 (14),					1
400m	, , , , , , , , , , , , , , , , , , , ,		4:35.80	455	4:36.00	100%
100m				-	1:07.50	-
200m	0040 (40	40.	2:28.96	398	2:28.50	99%
400	, 2012 (12),	0.7	F 07 0F	050	5.00.70	1
400m 100m		97.	5:27.25	353	5:28.72 1:20.44	101%
200m				-	2:52.24	- -
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	63.	5:16.47	390	5:12.90	98%
100m				-	1:11.34	-
200m	0040 (4.4			-	2:44.44	-
400	, 2010 (14),				50.04	-
100m 400m			4:35.12	- 459	59.24 4:31.41	- 97%
200m		86.	2:36.14	346	2:33.34	96%
	, 2010 (14),					-
400m	, (, , ,		4:53.03	380	4:50.50	98%
100m				-	1:16.20	-
200m	2040 (44	46.	2:29.60	393	2:29.00	99%
400	, 2010 (14),		4.22 52	470	4.22.06	4000/
400m 100m			4:32.52	472 -	4:32.06 1:00.00	100%
200m		7.	2:18.80	492	2:17.73	98%
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	89.	5:23.67	364	5:19.00	97%
100m				-	1:16.50	-
200m				-	2:50.15	-
						21
	2011 (12					21
100m	, 2011 (13),			_	1:01.00	-
400m				-	5:12.00	- -
200m		108.	2:39.54	324	2:38.50	99%
	, 2012 (12),					-
100m				-	1:10.00	-
400m		90.	5:24.46	362	5:17.00	95%
200m	, 2010 (14),			=	2:52.00	-
100m	, 2010 (14),			_	1:01.00	1
400m			4:42.02	426	4:43.00	101%
200m		57.	2:30.56	386	2:30.00	99%
	, 2012 (12),					1
100m				-	1:05.00	
400m		400	5:10.95	318	5:03.00	95%
200m	, 2012 (12),	132.	2:43.49	301	2:45.00	102%
400m	, 2012 (12),	65.	5:17.11	388	5:06.00	93%
100m		00.	0.17.11	-	1:12.90	-
200m				-	2:46.00	-
	, 2011 (13),					-
100m				-	1:09.00	-
400m		77.	5:20.22	376	5:17.90 2:49.60	99%
200m	, 2012 (12),			-	2:49.60	-
400m	, ZUIZ (IZ),	104.	5:31.09	340	5:17.90	92%
100m		104.	0.01.03	-	1:21.99	9276 -
200m				-	2:49.60	-
	, 2010 (14),					2
400m			4:55.23	371	4:56.38	101%
100m		27	2:26 65	- 417	1:13.64	102%
200m	, 2011 (13),	27.	2:26.65	417	2:27.94	102% 1
100m	, 2011 (13),			_	1:05.50	- -
400m		41.	5:07.47	425	5:15.00	105%
200m				-	2:46.00	-
	, 2010 (14),					-
100m			F 0 = 0 =	-	59.95	-
400m 200m		125.	5:05.83 2:41.98	334 310	4:54.00 2:36.00	92% 93%
200111		120.	۵۰۰۱۳۰	310	2.00.00	33/6

	0040 (44						
400m	, 2010 (14),			-	5:04.00	-	-
100m				-	1:15.00	-	
200m		79.	2:34.76	355	2:33.00	98%	
	, 2011 (13),						-
100m		40	5.00.00	-	1:05.00	-	
400m 200m		43.	5:08.38	421 -	4:55.00 2:47.00	92%	
200111	, 2010 (14),				2.47.00		1
400m	, 2010 (11),		4:59.61	355	4:58.00	99%	•
100m				-	1:18.00	-	
200m		81.	2:34.91	354	2:38.35	104%	
	, 2012 (12),						-
400m 100m		103.	5:30.30	343	5:26.00 1:18.50	97%	
200m				-	2:54.00	=	
	, 2010 (14),						-
100m				-	1:00.00	-	
400m		78.	4:51.10	387 358	4:44.22	95% 95%	
200m	, 2011 (13),	70.	2:34.27	336	2:30.55	95%	_
400m	, 2011 (13),		4:58.10	360	4:58.00	100%	_
100m			1.00.10	-	1:10.00	-	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12),						1
400m		140.	5:56.43	273	6:00.00	102%	
100m 200m				-	1:22.00 3:14.00	-	
	, 2010 (14),						1
400m	, (),		4:35.84	455	4:41.90	104%	
100m				-	1:06.90	-	
200m	2011 (12	43.	2:29.07	397	2:28.50	99%	
400m	, 2011 (13),	72.	5:18.21	384	5:06.76	93%	-
100m		12.	3.10.21	-	1:16.54	-	
200m				-	2:36.17	-	
	, 2011 (13),						-
400m			4:53.46	378	4:53.00	100%	
100m 200m		138.	2:44.35	296	1:09.00 2:42.00	- 97%	
200111	, 2012 (12),	130.	2.44.00	290	2.42.00	31 /0	_
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	- · · · ·	
200m	2040 (40			-	2:58.00	-	
400	, 2012 (12),	00	F-05 F0	250	F:04.00	4000/	1
400m 100m		92.	5:25.53	358 -	5:31.00 1:17.50	103%	
200m				-	2:57.00	-	
	, 2012 (12),						1
400m		137.	5:53.39	280	6:09.00	109%	
100m 200m				-	1:35.00 3:03.74	-	
200111	, 2010 (14),			-	3.03.74	-	_
400m	, =0.0 (/,		5:05.92	333	4:52.00	91%	
100m				-	1:10.00	-	
200m	2040 (40	151.	2:53.07	254	2:45.00	91%	
100m	, 2012 (12),				1:05.00		1
100m 400m		18.	4:58.44	- 465	1:05.00 5:05.50	- 105%	
200m				-	2:40.14	-	
	, 2010 (14),						-
400m				-	5:20.00	-	
100m 200m		146.	2:47.48	280	1:09.00 2:41.00	92%	
200	, 2011 (13),					0 <u>-</u> 70	-
400m	, == : (: = /,	86.	5:21.67	371	5:14.45	96%	
100m				-	1:23.21	-	
200m	0044 (40			=	2:43.34	-	
400	, 2011 (13),	405	5.50.05	000	5.05.00	050/	-
400m 100m		135.	5:52.65	282	5:25.00 1:23.00	85% -	
200m				-	2:50.00	-	
	, 2011 (13),						-
400m		128.	5:46.63	297	5:30.00	91%	
100m 200m				-	1:17.00 2:53.00	- -	
200111				-	2.03.00	-	

	2040 (44					
100m	, 2010 (14),			-	58.79	<u>-</u>
400m			4:56.39	367	4:50.00	96%
200m		85.	2:35.94	347	2:35.29	99%
	, 2011 (13),					1
400m		55.	5:11.97	407	5:19.78	105%
100m				-	1:11.45	-
200m	, 2012 (12),			-	2:41.12	-
400m	, 2012 (12),	58.	5:13.29	402	5:10.00	98%
100m		56.	0.10.20	-	1:16.00	-
200m				-	2:50.00	-
	, 2013 (11),					-
400m		145.	6:18.95	227	6:02.00	91%
100m				-	1:29.00	-
200m	, 2010 (14),			-	3:10.00	
400m	, 2010 (14),		5:02.37	345	4:56.00	96%
100m			0.02.07	-	1:08.00	- -
200m		130.	2:42.95	304	2:42.00	99%
	, 2011 (13),					-
400m		22.	5:00.79	454	4:55.76	97%
100m 200m				-	1:10.23	-
200111	, 2013 (11),			-	2:35.69	1
400m	, 2013 (11),	101.	5:29.00	347	5:30.00	101%
100m			0.20.00	-	1:17.00	-
200m				-	2:53.00	-
	, 2012 (12),					1
400m			4:56.78	365	5:00.00	102%
100m		61.	2:31.15	- 381	1:10.50	94%
200m	, 2011 (13),	01.	2.31.13	361	2:26.50	1
100m	, 2011 (10),			_	1:08.00	· ·
400m		70.	5:18.02	384	5:24.00	104%
200m				-	2:47.00	-
	, 2013 (11),					1
400m		122.	5:42.96	306	5:43.00	100%
100m 200m				-	1:28.79 2:59.00	- -
200111	, 2013 (11),				2.59.00	1
100m	, 2010 (11),			_	1:08.00	· ·
400m		94.	5:26.73	354	5:35.00	105%
200m				-	2:53.00	- ·
	, 2012 (12),					1
400m		109.	5:32.34	337	5:36.00	102%
100m 200m				-	1:22.50 2:58.00	- -
	, 2011 (13),					_
400m	,,		5:04.94	337	4:55.00	94%
100m				-	1:09.00	-
200m	0040 (44	121.	2:41.65	311	2:35.00	92%
400-	, 2010 (14),		4.54.04	070	E-00 00	1030/
400m 100m			4:54.94	372	5:00.00 1:05.50	103%
200m		25.	2:26.50	419	2:27.00	101%
	, 2012 (12),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.90	-
400m		61.	5:14.16	399	5:14.00	100%
200m	2042 (42			-	2:46.00	-
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%
100m		23.	5.00.64	454	1:15.60	100%
200m				-	2:34.33	-
	, 2010 (14),					1
400m	. , , ,			-	5:20.00	=
100m			0.42.22	-	1:11.00	-
200m		126.	2:42.08	309	2:44.00	102%
						18
	2010 (14					2
100m	, 2010 (14),			-	55.22	2
400m			4:26.99	502	4:32.45	104%
200m		14.	2:22.46	455	2:25.42	104%

, 29. - 31.5.2024

400	, 2011 (13),	20	5.04.00	070	5.40.00	0.407	-
400m 100m		83.	5:21.23	373	5:12.00 1:22.72	94%	
200m				-	2:47.38	-	
	, 2012 (12),						-
400m		52.	5:11.42	409	5:11.20	100%	
100m 200m				-	1:19.71 2:45.10	-	
200111	, 2010 (14),				2.10.10		2
400m	, , , , , , , , , , , , , , , , , , , ,		4:38.39	443	4:43.78	104%	
100m 200m		31.	2:27.12	- 413	1:15.65	- 100%	
200111	, 2011 (13),	31.	2.27.12	413	2:27.24	10076	1
400m	, 2011 (10),		5:00.11	353	5:02.18	101%	•
100m					1:14.97	-	
200m	, 2011 (13),	136.	2:44.26	297	2:38.82	93%	_
100m	, 2011 (13),			=	1:05.00	-	_
400m		56.	5:13.06	403	5:10.00	98%	
200m	0040444			-	2:48.00	-	
400	, 2010 (14),		4.47.40	ECO	4:10.30	040/	1
400m 100m			4:17.49	560	1:02.52	94%	
200m		10.	2:20.18	478	2:22.10	103%	
400	, 2010 (14),						2
100m 400m			4:51.20	387	1:04.00 4:53.44	- 102%	
200m		90.	2:36.52	343	2:39.02	103%	
	, 2010 (14),						2
400m 100m			4:08.68	621	4:09.73 1:05.00	101%	
200m		1.	2:07.95	629	2:13.50	109%	
	, 2012 (12),						-
400m		59.	5:13.52	401	5:10.78	98%	
100m 200m				-	1:14.00 2:47.46	-	
200111	, 2011 (13),				2.11.10		-
400m	, , , , , , , , , , , , , , , , , , , ,		5:06.74	331	5:02.39	97%	
100m 200m		122.	2:41.73	- 311	1:13.50 2:40.24	- 98%	
200111	, 2011 (13),	122.	2.41.73	311	2.40.24	9070	1
100m	, 2011 (10),			=	1:11.46	-	•
400m		32.	5:04.87	436	5:12.37	105%	
200m	, 2011 (13),			-	2:52.37	-	1
400m	, 2011 (10),	11.	4:53.33	490	4:55.57	102%	•
100m				-	1:12.97	-	
200m	, 2011 (13),			-	2:33.78	-	1
400m	, 2011 (13),	53.	5:11.69	408	5:24.16	108%	
100m				-	1:15.63	-	
200m	2010 (14			-	2:45.16	-	
400m	, 2010 (14),		4:53.47	378	4:53.24	100%	-
100m			4.00.41	-	1:09.17	-	
	, 2010 (14),						2
100m 400m			4:50.80	200	1:02.18 5:00.24	- 107%	
200m		93.	2:37.15	388 339	2:41.49	106%	
	, 2011 (13),						-
400m		106.	5:31.72	339	5:18.20	92%	
100m 200m				-	1:15.73 2:40.40	-	
	, 2010 (14),						1
100m				-	1:00.20	-	
400m 200m		63.	4:42.97	422 378	4:46.76 2:20 33	103% 97%	
ZUUIII	, 2011 (13),	03.	2:31.60	378	2:29.33	91%	1
100m	, , ,,			-	1:05.89	-	•
400m		64.	5:17.06	388	5:20.16	102%	
200m	, 2011 (13),			=	2:51.94	-	1
400m	, 2011 (13),	48.	5:10.11	414	5:12.44	102%	'
100m				-	1:15.06	-	
200m				=	2:46.53	-	
						4	03

	, 2011 (13),							1
400m			4:53.81	377	4:51.26		98%	
100m		7.4	0.00.00	-	1:04.54		-	
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	
100	, 2012 (12),				4.04.74			-
100m 200m				-	1:24.71 2:41.68		-	
	, 2010 (14),							_
400m	, 2010 (11),		4:30.49	483	4:28.87	25.04.2024	99%	
100m				-	1:04.92	29.03.2024	-	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	_
400	, 2010 (14),					0= 0.4.000.4	4000/	2
400m 100m			4:18.37	554	4:21.07 1:02.09	25.04.2024 26.04.2024	102%	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	2010 (11			-	3:03.57		-	
100m	, 2010 (14),			_	56.54	26.04.2024		-
400m			4:28.25	495	4:22.37	25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m				-	1:01.04		-	
400m		50	4:58.66	358	4:58.23		100%	
200m	, 2011 (13),	53.	2:30.35	387	2:32.38		103%	1
100m	, 2011 (13),			-	1:11.63		_	'
400m		119.	5:39.67	315	5:41.67		101%	
200m				-	2:57.97		-	
	, 2011 (13),							-
100m		60	E.47.47	-	1:07.27		4000/	
400m 200m		69.	5:17.47	386	5:16.74 2:48.80		100%	
200111	, 2010 (14),				2.40.00			_
400m	, 2010 (11),		4:52.05	383	4:50.62		99%	
100m				-	1:04.31		-	
200m	0044 (40	103.	2:38.60	330	2:36.18		97%	
400	, 2011 (13),	20	F-00 00	404	F-00 0F		000/	-
400m 100m		39.	5:06.09	431	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13),							1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m				-	1:15.43	26.04.2024	-	
200m	, 2010 (14),			-	2:44.59	22.06.2023	-	1
100m	, 2010 (14),			_	1:02.92	26.04.2024	-	
400m				-	5:07.80	25.04.2024	-	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							2
400m 100m			4:48.95	396	4:55.65 1:20.23	25.04.2024 26.04.2024	105% -	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m				-	1:03.95	26.04.2024	-	
400m	2244 (42		4:56.87	365	4:53.13	25.04.2024	97%	
400	, 2011 (13),	0.7	5 47 00	207	5 40 70		070/	-
400m 100m		67.	5:17.33	387	5:12.70 1:13.24		97%	
200m				- -	2:41.91		- -	
	, 2010 (14),							1
400m	•		5:02.10	346	4:55.78	25.04.2024	96%	
100m		00	0.27.00	-	1:18.07	26.04.2024	4000/	
200m	2011 /12 \	99.	2:37.98	334	2:39.71	24.04.2024	102%	
400m	, 2011 (13),	57.	5:13.27	402	5:07.61		96%	-
100m		57.	0.10.21	-	1:18.86		-	
200m				-	2:43.95		-	
	, 2010 (14),							2
100m			4.42.64	-	1:06.23	26.04.2024	1000/	
400m 200m		114.	4:43.61 2:40.71	419 317	4:46.97 2:48.11	25.04.2024	102% 109%	
200111				0.7			10070	

	0040 (44							
400m	, 2010 (14),		4:58.54	359	4:56.78		99%	1
100m				-	1:12.94		-	
200m	2011 (12	89.	2:36.50	343	2:39.46		104%	4
400m	, 2011 (13),			-	5:06.52		-	1
100m				-	1:20.24		-	
200m	2244 (42	97.	2:37.63	336	2:41.51		105%	
400m	, 2011 (13),	60.	5:13.71	400	5:11.05		98%	-
100m		00.	5.15.71	-	1:11.42		-	
200m				-	2:44.78		-	
400	, 2011 (13),							1
100m 400m			4:58.95	- 357	1:00.75 4:55.91	26.04.2024 25.04.2024	98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m 100m			4:47.03	404	4:45.58 1:07.57		99%	
200m		19.	2:23.66	444	2:23.78		100%	
	, 2010 (14),							-
100m 400m			4:51.06	387	1:02.09 4:40.19		93%	
200m		95.	2:37.40	337	2:35.73		98%	
	, 2012 (12),							-
100m				-	1:06.45		-	
400m 200m		73.	5:18.55	382	5:15.39 2:50.71		98%	
200111	, 2011 (13),				2.00.7 1			1
100m	, - (- , ,			-	1:00.60		-	
400m		115	4:55.75	369 316	4:52.60		98%	
200m	, 2011 (13),	115.	2:40.90	316	2:44.00		104%	1
100m	, == (),			-	1:05.45	26.04.2024	-	•
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12),			-	2:44.93	25.04.2024	-	_
400m	, 2012 (12),			-	5:10.60	25.04.2024	-	_
100m				-	1:22.81	26.04.2024	<u>-</u>	
200m	2040 (44	147.	2:47.94	278	2:47.64	24.04.2024	100%	
400m	, 2010 (14),			-	5:15.13	25.04.2024	_	-
100m				-	1:20.61	28.03.2024	-	
200m	2044 (42	116.	2:41.11	315	2:38.12	24.04.2024	96%	
400m	, 2011 (13),	113.	5:35.23	328	5:24.88		94%	-
100m		113.	5.55.25	-	1:21.65		34 /0	
200m				-	2:52.72		-	
400	, 2010 (14),		4 44 04	407	4 40 00		4050/	2
400m 100m			4:41.84	427 -	4:48.82 1:17.47		105% -	
200m		29.	2:26.83	416	2:32.09		107%	
	, 2010 (14),							1
400m 100m			4:50.43	390	4:52.60 1:12.58		101%	
200m		69.	2:32.69	370	2:27.60		93%	
	, 2012 (12),							2
100m 400m			4:48.75	- 397	1:04.40 4:55.47	28.03.2024 25.04.2024	- 105%	
200m		102.	2:38.56	330	2:41.13	24.04.2024	103%	
	, 2010 (14),							1
400m			4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	529	1:01.56 2:16.53		101%	
	, 2011 (13),						- 174	-
400m	•	85.	5:21.42	372	5:19.67		99%	
100m 200m				-	1:12.01 2:38.51		-	
_00111	, 2010 (14),				00.01			_
400m	, ==:= (:: /,		4:47.64	401	4:47.50		100%	
100m		00	2:25.40	-	1:12.80		- 070/	
200m	, 2011 (13),	22.	2:25.16	430	2:22.60		97%	_
400m	, 2011 (10),	87.	5:22.95	367	5:22.80		100%	
100m				-	1:06.89		-	
200m				-	2:41.50		-	

100m	, 2012 (12),				1.02.05	26.04.2024		-
400m		26.	5:03.12	444	1:03.95 4:55.54	24.04.2024	95%	
200m				-	2:42.67		-	
400	, 2012 (12),	400	5 50 0 7	070	0.00.07	04.04.0004	40.407	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m 400m		49.	5:10.15	- 414	1:06.87 5:17.13		- 105%	
200m		43.	3.10.13	-	2:41.97		-	
	, 2011 (13),							2
100m 400m			5:00.25	- 353	1:04.58 5:01.18	25.04.2024	- 101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							-
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m				-	1:12.56 2:53.69		-	
	, 2011 (13),							-
400m				-	5:13.38		-	
100m 200m		149.	2:49.23	- 271	1:28.91 2:44.49		94%	
200111	, 2011 (13),	140.	2.40.20	211	2.44.40		5470	1
400m	, ,,	24.	5:01.70	450	5:03.35		101%	
100m 200m				-	1:07.74 2:39.68		- -	
200111	, 2012 (12),				2.00.00			_
400m	, == (=),	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m 200m				-	1:21.59 3:02.87	26.04.2024 25.04.2024	-	
200111	, 2010 (14),			-	3.02.07	25.04.2024	-	1
100m	, (),			-	54.12		-	
400m		0	4:15.42	573 564	4:15.65		100%	
200m	, 2010 (14),	2.	2:12.89	561	2:12.78		100%	1
400m	, =0.0 (),		4:44.83	413	4:42.10	25.04.2024	98%	-
100m		13.	2:21.78	- 462	1:09.79	26.04.2024 24.04.2024	- 102%	
200m	, 2013 (11),	13.	2.21.76	402	2:23.12	24.04.2024	10276	1
400m	, 2010 (11),	108.	5:32.14	337	5:39.66		105%	•
100m				-	1:34.94		-	
200m	, 2011 (13),			-	2:56.62		-	1
400m	,,	105.	5:31.45	339	5:32.47		101%	-
100m				-	1:25.17		-	
200m	, 2012 (12),			-	2:55.64		-	_
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m				-	1:22.25	26.04.2024	-	
200m	, 2011 (13),			-	3:05.11	25.04.2024	-	_
400m	, 2011 (10),	71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m				-	1:22.53	23.11.2023	-	
200m	, 2012 (12),			-	2:43.30	25.04.2024	-	_
400m	, 2012 (12),	84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12),			-	2:45.78	25.04.2024	-	1
400m	, 2012 (12),	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14),			-	2:49.88	25.04.2024	-	2
100m	, 2010 (14),			-	1:02.55		-	_
400m		2.4	4:47.24	403	4:49.66		102%	
200m	, 2011 (13),	84.	2:35.53	350	2:38.32		104%	_
100m	, 2011 (10 <i>)</i> ,			-	1:03.13	26.04.2024	-	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	, 2012 (12),			-	2:39.16	25.04.2024	-	1
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	'
100m				-	1:15.24		-	
200m				-	2:51.65		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	1
100m				-	1:22.27		-	
200m	2012 (12			-	2:40.76		-	4
400m	, 2012 (12),	136.	5:52.85	281	5:58.66		103%	1
100m		130.	5.52.65	-	1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14),							-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							1
400m			4:40.00	435	4:46.52		105%	
100m 200m		28.	2:26.71	- 417	1:04.59 2:24.49		- 97%	
200111	, 2012 (12),	20.	2.20.71	417	2.24.43		31 /0	_
400m	, == (-=),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2011 (12			-	2:50.20	25.04.2024	-	4
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	1
100m			0.000	-	1:18.51	26.04.2024	-	
200m	0040 (44			-	3:02.43	25.04.2024	-	
400m	, 2010 (14),			-	E-25 E0	25.04.2024		1
100m				-	5:35.50 1:15.19	25.04.2024 26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m 400m		13.	4:54.85	482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m		10.	1.0 1.00	-	2:34.71	22.11.2023	-	
	, 2011 (13),							1
100m		407	F-20 07	-	1:18.22	24.11.2023	4000/	
400m 200m		107.	5:32.07	337	5:36.05 2:59.25	24.04.2024 25.04.2024	102%	
200111	, 2011 (13),				2.00.20	20.01.2021		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.70		-	
400m 200m		110.	4:43.10 2:39.84	421 322	4:42.00 2:42.00		99% 103%	
200111	, 2010 (14),	110.	2.39.04	322	2.42.00		10376	_
400m	, 2010 (11),		4:41.88	426	4:40.20		99%	
100m					1:08.47		-	
200m	, 2011 (13),	58.	2:30.84	383	2:29.71		99%	_
400m	, 2011 (13),		4:52.60	381	4:50.48		99%	_
100m				-	1:08.99		-	
200m	0044 (40	96.	2:37.44	337	2:35.31		97%	
400m	, 2011 (13),	120.	5:40.49	313	5:43.73		102%	1
100m		120.	3.40.43	-	1:17.03		10278	
200m				-	2:56.19		-	_
100	, 2010 (14),				E0.64			2
100m 400m			4:41.14	430	59.64 4:51.18		107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13),							1
400m 100m		30.	5:04.55	438	5:16.65 1:19.49	24.04.2024 26.04.2024	108%	
200m				-	2:39.45	25.04.2024	-	
	, 2010 (14),							1
400m			5:11.00	317	5:02.94		95%	
100m 200m		120.	2:41.59	312	1:11.66 2:42.38		101%	
	, 2012 (12),	,		- -				-
400m	, , ,		5:01.82	347	5:00.14	25.04.2024	99%	
100m	2040 (44			-	1:20.97	26.04.2024	-	0
100m	, 2010 (14),			-	1:04.73	28.03.2024	=	2
400m			4:54.55	374	4:56.66	27.03.2024	101%	
200m		103.	2:38.60	330	2:45.39	16.06.2023	109%	
400	, 2011 (13),	40	E.00 47	447	E-0E-00		000/	-
400m 100m		46.	5:09.47	417 -	5:05.80 1:11.00		98%	
200m				-	2:39.70		-	

400m 100m 200m , 20° 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m	(14), 11 (13), 13 (11), (13),	9. 77. 124. 111. 144. 123.	4:28.47 2:19.89 2:34.13 5:03.26 2:41.80 5:06.22 2:40.43 6:15.17	494 481 - 359 - 342 311 332 - 319 234 - - - 311	55.65 4:30.00 2:30.78 5:04.79 1:14.56 2:34.88 1:04.13 4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	25.04.2024 22.11.2023 25.04.2024 26.04.2024 24.04.2024 24.04.2024 06.12.2023	101% 116% - 101% - 94% 101% - 98% - 99% - 105% - -
200m , 2010 (14 400m 100m 200m , 2010 100m 400m 200m , 201 400m 100m 200m , 2011 100m 400m 200m , 2011 100m 400m 200m , 201 100m 400m 100m , 201 400m	(14), 11 (13), 13 (11), (13), 1 (13), 2010 (14),	77. 124. 111. 144.	2:34.13 5:03.26 2:41.80 5:06.22 2:40.43 6:15.17	481 - - - 359 - 342 311 332 - 319 234 - - - - - - - - - - - - -	2:30.78 5:04.79 1:14.56 2:34.88 1:04.13 4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	25.04.2024 26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	116%
, 2010 (14400m 100m 200m , 2010 100m 400m 200m , 2011 100m 400m , 2011 100m 200m , 2011 100m 400m 400m , 2011 100m 400m 400m , 2011 100m 400m , 2011 100m 400m 400m	(14), 11 (13), 13 (11), (13), 1 (13), 2010 (14),	77. 124. 111. 144.	2:34.13 5:03.26 2:41.80 5:06.22 2:40.43 6:15.17	359 342 311 332 319 234	5:04.79 1:14.56 2:34.88 1:04.13 4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	25.04.2024 26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	94% 101% 98% 99% 105%
400m 100m 200m , 2010 100m 400m 200m , 201 400m 100m 200m , 201 100m 400m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 400m	(14), 11 (13), 13 (11), (13), 1 (13), 2010 (14),	124. 111. 144.	5:03.26 2:41.80 5:06.22 2:40.43 6:15.17	359 - 342 311 332 - 319 234 - - - - - -	1:14.56 2:34.88 1:04.13 4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	94% 101% 98% - 99% 105% - - - 102%
100m 200m , 2010 100m 400m 200m , 201 400m 100m 200m , 201 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 400m	11 (13), 13 (11), (13), 1 (13), 2010 (14),	124. 111. 144.	5:03.26 2:41.80 5:06.22 2:40.43 6:15.17	359 - 342 311 332 - 319 234 - - - - - -	1:14.56 2:34.88 1:04.13 4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	94% 101% 98% - 99% 105% - - - 102%
, 2010 100m 400m 200m , 201 400m 100m 200m , 207 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m 200m , 201 400m 100m , 201 400m , 2010 400m	11 (13), 13 (11), (13), 1 (13), 2010 (14),	124. 111. 144.	5:03.26 2:41.80 5:06.22 2:40.43 6:15.17	342 311 332 - 319 234 - -	1:04.13 4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	94% 101% 98% - 99% 105% - - -
100m 400m 200m , 201 400m 100m 200m , 202 400m , 201 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m 200m , 201 400m 100m , 201 400m	11 (13), 13 (11), (13), 1 (13), 2010 (14),	111. 144. 123.	2:41.80 5:06.22 2:40.43 6:15.17	342 311 332 - 319 234 - - - - 311	4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	94% 101% 98% - 99% 105% - - 102%
100m 400m 200m , 201 400m 100m 200m , 207 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 400m 100m , 201 400m	11 (13), 13 (11), (13), 1 (13), 2010 (14),	111. 144. 123.	2:41.80 5:06.22 2:40.43 6:15.17	342 311 332 - 319 234 - - - - 311	4:53.89 2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	94% 101% 98% - 99% 105% - - 102%
200m , 201 400m 100m 200m , 207 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 100m , 201 400m 100m , 201 400m	13 (11), (13), 1 (13), 2010 (14),	111. 144. 123.	2:41.80 5:06.22 2:40.43 6:15.17	311 332 - 319 234 - - - 311	2:42.26 5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	101% 98% - 99% 105% 102%
, 201 400m 100m 200m , 207 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 100m , 201 400m 100m , 201 400m	13 (11), (13), 1 (13), 2010 (14),	111. 144. 123.	5:06.22 2:40.43 6:15.17	332 319 234 - - - 311	5:03.36 1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	98% - 99% 105% - - - 102%
400m 100m 200m , 207 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m 100m , 201 400m 100m , 201 400m	13 (11), (13), 1 (13), 2010 (14),	144. 123.	2:40.43 6:15.17 2:41.79	319 234 - - - 311	1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	99% 105% 102%
100m 200m , 201 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 400m 100m , 201 400m	(13), 1 (13), 2010 (14),	144. 123.	2:40.43 6:15.17 2:41.79	319 234 - - - 311	1:11.34 2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 24.04.2024 24.04.2024 26.04.2024 06.12.2023	99% 105% 102%
200m , 201 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m 100m , 201 400m 100m 100m 100m 100m 100m 100m 10	(13), 1 (13), 2010 (14),	144. 123.	6:15.17 2:41.79	319 234 - - - 311	2:39.42 6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	24.04.2024 24.04.2024 26.04.2024 06.12.2023	105% - - - - 102%
, 207 400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m 100m , 201 400m	(13), 1 (13), 2010 (14),	144. 123.	6:15.17 2:41.79	234	6:23.56 1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	24.04.2024 26.04.2024 06.12.2023	105% - - - - 102%
400m 100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m 100m , 201 400m	(13), 1 (13), 2010 (14),	123.	2:41.79	311	1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 06.12.2023	- - - - 102%
100m 200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m , 201 100m 400m , 201 400m 100m 200m , 2010 6400m , 2010 6400m	1 (13), 2010 (14),	123.	2:41.79	311	1:38.18 3:46.50 1:06.34 5:06.72 2:43.15	26.04.2024 06.12.2023	- - - - 102%
200m , 2011 100m 400m 200m , 201 100m 400m 200m , 201 100m 400m , 201 400m , 201 400m , 201 400m , 201 400m , 2010 400m	1 (13), 2010 (14),			- - - 311	3:46.50 1:06.34 5:06.72 2:43.15	06.12.2023	
, 2011 100m 400m 200m , 201 100m 400m 200m , 3 400m 100m , 201 400m 400m , 201 400m , 201 400m 400m , 2010 400m	1 (13), 2010 (14),			- - 311	1:06.34 5:06.72 2:43.15		
100m 400m 200m , 201 100m 400m 200m , 201 400m 100m , 201 400m 400m , 201 400m 400m , 201 400m 400m , 2010 6400m	1 (13), 2010 (14),			- 311	5:06.72 2:43.15	07 12 2022	
400m 200m , 201 100m 400m 200m , 3 400m 100m , 201 100m 400m , 201 400m 100m , 201 400m 100m 200m , 2010 400m	2010 (14),			- 311	5:06.72 2:43.15	07 12 2022	
200m , 201 100m 400m 200m , 3 400m 100m , 20 100m 400m , 201 400m 100m 200m , 2010 400m	2010 (14),				2:43.15	07 12 2022	
, 201 100m 400m 200m , 3 400m 100m , 20 100m 400m , 201 400m 100m 200m , 2010 400m	2010 (14),					07 12 2022	
100m 400m 200m , 2400m 100m , 26 100m 400m , 201 400m 100m 200m , 2010 6	2010 (14),	129.	2:42.90	-	1:06.69	07 12 2022	-
400m 200m , 2 400m 100m , 20 100m 400m , 201 400m 100m 200m , 2010 0	, , , ,	129.	2:42.90	-	1.00.03		
200m , 2400m 100m , 26 100m 400m , 201 400m 100m 200m , 2010 400m	, , , ,	129.	2:42.90		5:15.49	27.03.2024	_
, 2010 d	, , , ,			304	2:50.21	24.04.2024	109%
400m 100m , 20 100m 400m , 201 400m 100m 200m , 2010 0	, , , ,						
100m , 20 100m 400m , 201 400m 100m 200m , 2010 (011 (13),		4:38.83	441	4:40.20	25.04.2024	101%
100m 400m , 201 400m 100m 200m , 2010 (011 (13),			-	1:03.07	26.04.2024	-
100m 400m , 201 400m 100m 200m , 2010 (· · · (· · · /,						
400m , 201 400m 100m 200m , 2010 (_	1:00.12		_
400m 100m 200m , 2010 (400m			4:39.41	438	4:43.97		103%
400m 100m 200m , 2010 (1 (13),						
100m 200m , 2010 (, , , , , , , , , , , , , , , , , , ,			-	5:17.90	25.04.2024	-
, 2010 (-	1:15.34	26.04.2024	-
400m		142.	2:45.74	289	2:48.64	24.04.2024	104%
400m	(14),						
100m	, ,,			-	5:11.10	23.11.2023	-
				-	1:10.36		-
200m		80.	2:34.81	355	NT		-
, 2010 ((14),						
100m				-	59.62	26.04.2024	-
400m		00	4:46.80	405	4:37.90	25.04.2024	94%
200m	2040 (40)	33.	2:27.57	410	2:27.45	24.04.2024	100%
	2012 (12),						
400m		110.	5:34.37	331	5:26.57		95%
100m				-	1:20.12		-
200m 2011	(13 \			-	2:54.00		-
, 2011	(13),				1.00.02		
100m 400m			4:41.84	- 427	1:00.03 4:42.88		- 101%
200m		83.	2:35.11	353	2:33.34		98%
	2011 (13),	30.					23,0
100m	2011 (10 <i>)</i> ,			-	59.14		_
400m		8.	4:52.02	496	4:49.86		99%
200m			-	-	2:29.93		-
, 2012	(12),						
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%
100m			·	-	1:21.52	26.04.2024	-
200m				-	3:01.82	25.04.2024	-
, 201	1 (13),						
400m	•	1.	4:36.01	588	4:40.15	24.04.2024	103%
100m				-	1:05.31	26.04.2024	-
200m				-	2:31.57	25.04.2024	-
, 2011 (1	3),						
400m			5:00.43	352	5:00.56		100%
100m				-	1:10.64		-
200m		109.	2:39.77	323	2:39.17		99%
	2010 (14),						
400m				-	5:03.85		-
100m		00	0.00.05	-	1:09.98		40407
200m		92.	2:36.85	341	2:39.94		104%

	, 2010 (14),							2
100m	, 2010 (14),			-	58.78		_	_
400m			4:31.82	476	4:47.67		112%	
200m	0044 (40	32.	2:27.18	413	2:33.74		109%	
400	, 2011 (13),						1000/	1
400m 100m		79.	5:20.72	375	5:29.96 1:27.32	27.03.2024 26.04.2024	106%	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13),							-
400m				-	5:06.86		-	
100m		98.	2:37.73	335	1:20.91 2:37.55		100%	
200m	, 2011 (13),	90.	2.31.13	333	2.37.33		100%	_
400m	, 2011 (13),		5:01.05	350	4:46.21		90%	_
100m			0.01.00	-	1:08.42		-	
	, 2011 (13),							2
100m			4.50.00	-	1:05.35	26.04.2024	-	
400m 200m		135.	4:58.80 2:44.12	358 298	4:59.54 2:48.84	25.04.2024 24.04.2024	100% 106%	
200111	, 2010 (14),	100.	2.44.12	230	2.40.04	24.04.2024	10078	1
400m	, == (, , , , , , , , , , , , , , , , ,		4:40.52	433	4:43.30		102%	
100m				-	1:13.19		-	
200m	2044 (42	23.	2:25.38	428	2:22.59		96%	4
400m	, 2011 (13),	124.	5:44.02	303	5:55.78		107%	1
100m		124.	5.44.02	-	1:24.03		107 %	
200m				-	2:57.06		-	
	, 2012 (12),							-
400m		38.	5:05.99	431	5:00.22		96%	
100m 200m				-	1:13.94 2:41.99		-	
	, 2013 (11),							1
400m	, , , , , , , , , , , , , , , , , , , ,	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m	, 2011 (13),			-	2:59.30		-	
400m	, 2011 (13),	4.	4:40.74	559	4:37.71		98%	-
100m		٦.	4.40.74	-	1:04.81		-	
200m				-	2:27.89		-	
400	, 2010 (14),				4 00 00	00.04.0004		-
100m 400m				-	1:08.86 5:34.76	26.04.2024 25.04.2024	-	
200m		152.	2:57.84	234	2:37.96	25.04.2024	79%	
	, 2010 (14),							2
400m			4:52.50	382	4:52.68		100%	
100m 200m		52.	2:30.33	387	1:18.06 2:31.09		101%	
200111	, 2010 (14),	32.	2.50.55	301	2.51.03		10176	1
200m	, ==== (, , ,,	50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							-
100m		_		-	59.17	26.04.2024	-	
400m 200m		5.	4:44.57	536	4:38.23 2:31.66	24.04.2024 25.04.2024	96%	
200111	, 2011 (13),				2.51.00	25.04.2024		1
400m	, - (- ,,	2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m	2012 (12			-	2:24.20	25.04.2024	-	
100m	, 2012 (12),			-	1:18.15	26.10.2023	_	-
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m				-	2:56.24	25.04.2024	-	
	, 2011 (13),							-
100m 400m		15.	4:55.46	479	1:02.61 4:50.73	05.10.2023 24.04.2024	- 97%	
200m		10.	1.00.10	-	2:33.58	25.04.2024	-	
	, 2010 (14),							-
400m				-	5:30.90	25.04.2024	-	
100m 200m		141.	2:45.31	- 291	1:13.92 2:42.67	26.04.2024 24.04.2024	97%	
_00111	, 2010 (14),		2.10.01	201			57 70	1
400m	,		4:54.88	372	4:48.30		96%	
100m		a -		-	1:05.77			
200m	, 2011 (13),	39.	2:28.77	400	2:30.91		103%	1
100m	, 2011 (13),			-	1:03.15		-	ı
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	

	, 2011 (13),							1
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m 200m				-	1:11.76 2:37.06	26.04.2024 25.04.2024	-	
200111	, 2011 (13),			-	2.37.00	25.04.2024	-	2
400m	, 2011 (10),		4:49.29	394	4:55.83		105%	_
100m			4.40.20	-	1:06.88		-	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m				-	1:00.40		-	
400m 200m		106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
200111	, 2012 (12),	100.	2.39.23	320	2.32.00		9176	1
400m	, 2012 (12),	130.	5:48.45	292	5:49.10	24.04.2024	100%	•
100m		100.	0.40.40	-	1:31.39	28.03.2024	-	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m 200m		155.	3:05.76	205	5:31.52 3:03.37		97%	
200111	, 2011 (13),	100.	0.00.70	200	0.00.07		37 70	_
400m	, 2011 (10),	35.	5:05.10	435	5:02.99		99%	
100m		00.	0.000	-	1:22.25		-	
200m				-	2:47.42		-	
	, 2012 (12),							-
100m		400	5.00.40	-	1:11.00		-	
400m 200m		102.	5:30.10	344	5:29.94 2:49.79		100%	
200111	, 2012 (12),				2.10.70			1
400m	, 2012 (12),	133.	5:50.71	286	6:01.10	24.04.2024	106%	•
100m				-	1:15.81	26.04.2024	-	
200m	0040 (44			-	2:57.50	25.04.2024	-	
400	, 2010 (14),		4.50.04	000	4.50.40	05.04.0004	000/	-
400m 100m			4:52.04	383	4:50.19 1:18.29	25.04.2024 06.10.2023	99%	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
200111	, 2011 (13),	OZ.	2.01.21	000	2.20.20	2 1.0 1.202 1	0170	_
400m	, ==::(:=),			-	5:29.16		-	
100m				-	1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m 400m			5:02.76	344	1:01.60 5:02.70		100%	
200m		100.	2:38.04	333	2:35.00		96%	
	, 2012 (12),							1
100m				-	1:15.24		-	
400m		131.	5:49.82	289	6:01.03		107%	
200m	2044 (42			-	3:11.37		-	
400	, 2011 (13),	22	E-04 00	426	E-02 CO		000/	-
400m 100m		33.	5:04.98	436 -	5:03.60 1:10.20		99%	
200m				-	2:42.00		-	
	, 2011 (13),							-
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18 2:42.57	26.04.2024 25.04.2024	-	
200m	, 2010 (14),			-	2.42.37	25.04.2024	-	_
400m	, 2010 (14),		4:32.87	470	4:31.67		99%	_
100m			1.02.07	-	1:02.45		-	
	, 2011 (13),							1
100m				-	59.64		-	
400m			4:41.18	430	4:38.57		98%	
200m	2010 (14	54.	2:30.36	387	2:32.82		103%	2
100~	, 2010 (14),				1.00 66			2
100m 400m			4:47.79	- 401	1:00.66 5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							-
400m			4:46.42	406	4:45.95	25.04.2024	100%	
100m		40	2.20.00	-	1:13.57	26.04.2024	-	
200m	2010 (14	42.	2:29.06	397	2:27.33	24.04.2024	98%	
400m	, 2010 (14),		4:44.83	413	4:40.19	25.04.2024	97%	-
100m			T.TT.U3		1:07.31	26.04.2024	31 /0 -	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	

	, 2011 (13),							1
100m	, 2011 (13),			-	1:06.33		_	'
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	, 2010 (14),			-	2:34.65		-	4
400m	, 2010 (14),			-	5:05.04			1
100m				-	1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,		4:39.54	437	4:36.97	25.04.2024	98%	
100m				-	1:06.71	26.04.2024	-	
200m	0040 (40	47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m 200m				-	1:35.68 3:02.58	26.04.2024 25.04.2024	-	
200111	, 2010 (14),				3.02.30	20.04.2024		1
400m	, 2010 (14),		4:53.13	379	4:56.26		102%	'
100m			4.00.10	-	1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	0040 (40			-	3:06.71		-	
400	, 2012 (12),				4.45.45			1
100m 400m		121.	5:41.46	310	1:15.15 5:54.03	24.04.2024	107%	
200m		121.	3.41.40	-	3:09.62	25.04.2024	-	
200	, 2010 (14),				0.00.02	2010 11202 1		2
400m	, == (, , , , , , , , , , , , , , , , ,		4:38.72	441	4:46.63		106%	_
100m				-	1:06.13		-	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m				-	1:34.62	28.03.2024	-	
200m	2010 (14			-	3:04.05	25.04.2024	-	4
400	, 2010 (14),				F.0F.00			1
400m 100m				- -	5:05.89 1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m			4:55.48	370	4:55.23	25.04.2024	100%	
100m				-	1:09.85	26.04.2024	.	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							1
400m 100m		143.	6:08.41	247	6:15.63		104%	
200m				-	1:27.90 3:02.71		-	
200111	, 2010 (14),				0.02.7			1
100m	,			-	1:07.36	26.04.2024	-	•
400m			5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								4-
								17
	, 2011 (13),							2
400m			4:30.41	483	4:32.58		102%	
100m		24	0.00.40	-	1:02.61		4000/	
200m	, 2010 (14),	34.	2:28.18	404	2:30.35		103%	
400m	, 2010 (14),		4:52.10	383	4:46.20		96%	-
100m			1.02.10	-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							-
400m	. , , , , , , , , , , , , , , , , , , ,	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m	0044 (42			-	2:40.38		-	
400	, 2011 (13),	6 =	5.00.07		4.50.00		2001	-
400m		25.	5:02.37	447	4:56.03		96%	
100m 200m				-	1:14.95 2:47.54		-	

	, 2012 (12),					1	
400m		6.	4:48.04	517	4:52.60	103%	
100m				-	1:08.29	-	
200m	, 2010 (14),			-	2:35.61		_
400m	, 2010 (14),			-	5:07.65	<u>-</u>	
100m				-	1:18.39	- -	
200m		107.	2:39.51	324	2:37.36	97%	
	, 2011 (13),					-	-
400m		51.	5:11.10	410	5:03.43	95%	
100m 200m				-	1:22.64 2:40.55	-	
200111	, 2012 (12),				2.40.00	_	_
400m	, 2012 (12),			-	5:03.99	-	
100m				-	1:12.38	-	
200m	2040 (40	119.	2:41.52	312	2:41.04	99%	
400	, 2012 (12),				4.04.00	-	•
100m 400m				-	1:04.60 5:06.16	-	
200m		137.	2:44.31	297	2:40.08	95%	
	, 2011 (13),					1	
100m				-	1:04.92	=	
400m		45.	5:08.76	420	5:09.05	100%	
200m	, 2011 (13),			-	2:46.15	- 1	
100m	, 2011 (13),			<u>-</u>	1:06.09	. · ·	
400m		37.	5:05.59	433	5:07.54	101%	
200m				-	2:47.50	=	
	, 2010 (14),					2	-
100m 400m			4:53.49	378	58.40 5:02.97	- 107%	
200m		76.	2:34.04	360	2:35.53	102%	
	, 2011 (13),					1	
400m	, , ,	81.	5:21.18	373	5:21.64	100%	
100m				-	1:16.52	-	
200m	2040 (44			-	2:53.92	-	
100m	, 2010 (14),			-	1:04.14	-	•
400m			5:07.62	328	5:03.00	97%	
200m		134.	2:44.04	298	2:42.92	99%	
	, 2010 (14),					1	
400m			4:46.08	408	4:47.50	101%	
100m 200m		71.	2:33.09	367	1:05.50 2:30.70	- 97%	
200111	, 2011 (13),	71.	2.33.03	307	2.50.70	31 /0 -	_
400m	, == (),	34.	5:05.09	435	5:00.47	97%	
100m				-	1:15.07	=	
200m	0040 (44			-	2:43.92	-	
100	, 2010 (14),				4.05.00	-	•
100m 400m			5:00.14	353	1:05.23 4:49.66	93%	
200m		150.	2:49.32	271	2:40.00	89%	
	, 2011 (13),					1	
100m				-	1:05.75	-	
400m 200m		31.	5:04.59	437	5:05.60 2:53.11	101% -	
200111	, 2010 (14),				2.00.11	-	_
100m	, 2010 (11),			-	58.71	-	
400m			4:34.10	464	4:33.04	99%	
200m	0040 (44	20.	2:23.82	442	2:21.32	97%	
400	, 2010 (14),		F:02 F2	244	4.55.07	OE9/	•
400m 100m			5:03.53	341 -	4:55.07 1:20.35	95%	
200m		133.	2:43.60	300	2:42.82	99%	
	- , 2012 (12),				1	
400m		27.	5:03.89	440	5:10.25	104%	
100m				-	1:14.03	- -	
200m	, 2010 (14),			-	2:40.09	•	_
400m	, 2010 (14),		5:00.98	350	4:58.35	98%	
100m			5.55.00	-	1:24.37	-	
200m	2010 (11	128.	2:42.83	305	2:38.43	95%	
400	, 2010 (14),		4.47.40	400	4.40.00	1049/	
400m 100m			4:47.42	402	4:48.68 1:05.20	101%	
200m		26.	2:26.59	418	2:29.33	104%	

400	, 2011 (13),				= 44.40	
400m 100m		82.	5:21.20	373	5:11.48 1:12.72	94%
200m				-	2:39.93	- -
	, 2010 (14),					1
100m				-	56.14	<u>=</u>
400m		47	4:37.84	445	4:40.00	102%
200m	, 2010 (14),	17.	2:22.78	452	2:22.20	99% 2
400m	, 2010 (14),		4:24.28	518	4:27.15	102%
100m			4.24.20	-	1:01.00	-
200m		5.	2:17.26	509	2:18.68	102%
	, 2011 (13),					1
100m 400m				-	1:01.69 5:07.83	- -
200m		113.	2:40.51	318	2:40.53	100%
	, 2011 (13),					-
400m		29.	5:04.54	438	5:00.70	97%
100m 200m				-	1:10.86 2:38.82	-
200111				-	2.30.02	-
						22
	, 2011 (13),					1
400m	, , , , , , , , , , , , , , , , , , , ,	42.	5:08.18	422	5:12.96	103%
100m				-	1:11.54	-
200m	, 2010 (14),			-	2:35.00	-
100m	, 2010 (14),			_	59.85	2
400m			4:52.74	381	4:54.15	101%
200m		82.	2:35.08	353	2:39.00	105%
	, 2012 (12),					1
400m		114.	5:35.58	327	5:39.26	102%
100m 200m				-	1:19.35 2:56.07	-
	, 2011 (13),					1
400m	, , ,		4:59.02	357	4:56.00	98%
100m		440	0.44.00	-	1:09.00	4050/
200m	2011 (12	118.	2:41.28	314	2:45.00	105%
100m	, 2011 (13),			-	1:37.00	-
200m				-	3:24.00	-
	, 2011 (13),					-
100m				-	1:18.00	-
400m 200m		147.	6:27.11	213	6:20.00 3:12.00	96%
200111	, 2012 (12),			_	3.12.00	
100m	, (),			-	1:16.82	-
400m		146.	6:21.28	223	6:09.89	94%
200m	0040 (44			-	3:10.65	-
400m	, 2010 (14),		5:03.94	240	4:57.49	96%
100m			3.03.94	340	1:14.00	-
200m		45.	2:29.45	394	2:31.00	102%
	, 2010 (14),					•
400m				-	5:59.00	-
100m	, 2011 (13),			-	1:19.00	- 2
400m	, 2011 (13),		4:59.22	356	5:01.37	101%
100m				-	1:20.70	-
200m	2040 (44	88.	2:36.48	343	2:38.89	103%
100	, 2010 (14),				4.02.70	•
100m 400m				-	1:03.70 5:05.00	- -
200m		145.	2:47.42	280	2:45.00	97%
	, 2012 (12),					1
400m		123.	5:43.84	304	5:50.00	104%
100m 200m				-	1:27.00 2:55.00	-
200111	, 2011 (13),					1
400m				-	5:14.00	-
100m		4.40	0.44.00	-	1:11.00	4000/
200m	, 2013 (11),	140.	2:44.86	294	2:45.18	100%
400m	, 2013 (11),	141.	6:01.09	262	6:01.11	1 100%
100m			2.01.00	-	1:31.64	-
200m				-	3:12.02	-

	, 2010 (14),					•
100m				-	55.90	-
400m			4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
	, 2010 (14),					•
400m	, (4:58.53	359	4:56.47	99%
100m			4.00.00	-	1:07.50	-
200m		38.	2:28.69	400	2:31.87	104%
200111	2011 (12)	50.	2.20.03	400	2.51.07	10478
400	, 2011 (13),	4.40	0.40.44	400		
400m		149.	6:42.44	189	6:35.00	96%
100m				-	1:28.00	-
200m				-	3:10.00	-
	, 2013 (11),					
100m				-	1:12.50	-
400m				-	5:34.00	-
200m		156.	3:08.02	198	3:03.00	95%
	, 2012 (12),					
400m				-	5:41.00	-
100m				-	1:27.00	-
200m		154.	3:01.61	219	3:01.00	99%
	, 2010 (14),					•
100m	, =0.0 (),			-	1:04.76	-
400m				_	5:10.89	-
200m		101.	2:38.47	331	2:39.21	101%
200	, 2011 (13),				2.00.2	.0.70
400m	, 2011 (10),	93.	5:26.72	354	5:34.09	105%
100m		33.	3.20.72	304	1:13.52	10376
200m				-	2:59.24	- -
200111	2011 (12				2.00.24	
400	, 2011 (13),				4.00.00	•
100m		00	F-00 00	-	1:02.02	4440/
400m		88.	5:23.00	367	5:40.00	111%
200m	0044 (40			-	2:48.00	-
	, 2011 (13),					
400m		127.	5:45.02	301	5:38.96	97%
100m				-	1:18.87	-
200m				-	3:06.22	-
	, 2012 (12),					
400m				-	5:09.00	-
100m				-	1:15.85	-
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13),					•
400m		115.	5:35.94	326	5:38.76	102%
100m				-	1:24.51	-
200m				-	2:55.31	-
	, 2012 (12),					
400m	, , , , , , , , , , , , , , , , , , , ,	116.	5:36.39	325	5:30.00	96%
100m				-	1:26.50	=
200m				-	2:55.00	-
	, 2011 (13),					
100m	, 2011 (10),				1:04.70	
400m				-	5:12.00	- -
400111	2010 (11				0.12.00	
400	, 2010 (14),		4 45 40	444	4.47.00	1040/
400m			4:45.43	411	4:47.00	101%
100m		4.4	0.00.00	-	1:08.00	-
200m	0044 (40	41.	2:28.99	398	2:28.00	99%
	, 2011 (13),					•
400m				-	5:16.00	-
100m					1:20.50	
200m		143.	2:46.56	285	2:50.00	104%
	, 2011 (13),					•
400m		148.	6:35.76	199	6:40.58	102%
100m				-	1:33.00	-
200m				-	3:10.00	-
	, 2011 (13),					
100m	•			-	1:04.01	-
400m			4:51.62	385	4:52.34	100%
200m		105.	2:38.77	329	2:39.78	101%