					-	
%						
					, 2011 (13 ),	
101%	4:53.48	493	4:52.72	10.	, 2011 (13 ),	400m
-	1:11.32	-	4.02.72	10.		100m
-	2:35.20	-				200m
					, 2011 (13 ),	
102%	5:08.05	337	5:04.73		, , , , , , , , , , , , , , , , , , , ,	400m
-	1:18.37	-				100m
105%	2:48.88	295	2:44.58	139.		200m
					, 2010 (14     ),	
103%	4:46.77	421	4:43.04			400m
4000/	1:10.23	-	0.00.54	40		100m
103%	2:25.50	445	2:23.54	18.	0040 (44	200m
					, 2010 (14 ),	
96% -	5:03.12 1:09.93	321	5:09.77			400m 100m
105%	2:40.19	342	2:36.69	91.		200m
10370	2.40.13	342	2.30.03	31.	, 2010 (14 ),	200111
-	57.36	-			, 2010 (17 ),	100m
111%	4:59.79	414	4:44.69			400m
108%	2:31.28	427	2:25.51	24.		200m
					, 2011 (13 ),	
99%	5:27.33	347	5:28.91	100.	, ( - ),	400m
-	1:14.81	-				100m
=	2:46.39	-				200m
					, 2010 (14    ),	
103%	4:56.97	379	4:53.06			400m
4050/	1:14.87	-	0.00.00			100m
105%	2:34.33	387	2:30.38	55.	0040 (44	200m
4000/	=	404			, 2010 (14 ),	
100%	4:47.31 1:08.10	401 -	4:47.74			400m
99%	2:32.09	371	2:32.51	66.		100m 200m
3370	2.02.03	371	2.32.31	00.	, 2012 (12 ),	200111
97%	5:44.42	288	5:49.98	132.	, 2012 (12 ),	400m
-	1:21.94	-	0. 10.00	.02.		100m
=	2:59.66	-				200m
					, 2010 (14    ),	
-	58.01	-				100m
102%	4:50.47	403	4:47.15			400m
102%	2:34.12	368	2:32.86	70.	0044 (40	200m
					, 2011 (13 ),	
4040/	1:02.34	-	4-40 55	0		100m
101%	4:42.01 2:38.03	560	4:40.55	3.		400m 200m
-	2:38.03	-			, 2011 (13 ),	200111
102%	4:51.80	515	4:48.49	7.	, 2011 (13 <i>)</i> ,	400m
102%	1:11.90	-	7.70.43	۲.		100m
- -	2:33.50	-				200m
					, 2011 (13 ),	
101%	5:21.89	374	5:20.92	80.	, - ( - /)	400m
• /•	1:19.46		-			100m
-	2:51.06	-				200m
					, 2010 (14    ),	
-	59.01	-				100m
96%	4:57.39	341	5:03.75	25		400m
106%	2:32.60	404	2:28.24	35.	2044 (42	200m
	4.00.00				, 2011 (13 ),	100
	1:09.62	- 375	5:20.52	78.		100m 400m
- 101%	5·21 69	3/3	J.2U.32	10.		400m 200m
101%	5:21.68 2:52.65					LUUIII
	5:21.68 2:52.65	-			2011 (13 )	
101% -	2:52.65	-	4:45 51		, 2011 (13 ),	400m
101%	2:52.65 4:49.60		4:45.51		, 2011 (13 ),	
101% -	2:52.65 4:49.60 1:13.73	410	4:45.51 2:29.38	44.	, 2011 (13 ),	100m
101% - 103% -	2:52.65 4:49.60	410		44.		100m
101% - 103% - 104%	2:52.65 4:49.60 1:13.73 2:32.11	410 - 395	2:29.38		, 2011 (13 ), , 2011 (13 ),	100m 200m
101% - 103% -	2:52.65 4:49.60 1:13.73	410		44. 99.		400m 100m 200m 400m 100m

	, 2010 (14     ),						1
400m			4:41.45	428	4:40.73	99%	
100m		_		-	1:02.37	<del>-</del>	
200m	0040 (44	8.	2:19.37	486	2:21.20	103%	
	, 2010 (14 ),						1
400m			4:54.90	372	4:51.47	98%	
100m					1:05.79	<del>-</del>	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14    ),						2
400m			4:43.35	420	4:47.34	103%	
100m		45	2.22.47	- 455	1:02.00	4049/	
200m	0044 (40	15.	2:22.47	455	2:25.11	104%	
	, 2011 (13 ),						-
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	<del>-</del>	
200m	2011 (12			-	2:35.78	-	
400	, 2011 (13    ),				4.07.40		-
100m		E 4	E.44 74	-	1:07.49	-	
400m 200m		54.	5:11.71	408	5:08.16 2:53.06	98%	
200111	, 2010 (14 ),				2.55.00		1
400	, 2010 (14 ),				E.44 E4		1
400m 100m				-	5:11.54 1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13 ),	54.	2.07.00	330	2.42.00	10070	1
400m	, 2011 (10 ),	68.	5:17.34	387	5:21.70	103%	
100m		00.	3.17.34	-	1:09.93	10376	
200m				-	2:41.48	- -	
200					2		
							8
	0040 (40						
	, 2012 (12 ),						1
100m		50	F-40.00	-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m	2010 (14			-	2:51.60	<del>-</del>	
400	, 2010 (14    ),				FC 00		-
100m			4.20.22	420	56.28	- 070/	
400m 200m		37.	4:39.22 2:28.61	439 401	4:35.56 2:26.07	97% 97%	
200111	2012 (12	37.	2.20.01	401	2.20.07	91 /6	
400	, 2012 (12 ),	00	5.47.04	207	5.40.74	070/	-
400m 100m		66.	5:17.24	387	5:12.74 1:20.48	97%	
200m				-	2:37.03	- -	
200111	, 2010 (14 ),			-	2.37.03	-	
100m	, 2010 (14 ),				1:01.10		-
400m			4:53.28	379	4:50.45	98%	
400111	, 2010 (14 ),		4.00.20	0/0	4.00.40	3070	_
400m	, 2010 (14 ),		4:50.91	388	4:39.55	92%	
100m			4.50.91	-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
200	, 2011 (13 ),		2.00.00	555	2.2.101	30,0	1
400m	, 2011 (13 ),	74.	5:19.44	270	5:20.36	1019/	
100m		74.	5.19.44	379 -	1:13.26	101%	
200m				-	2:46.21	-	
200111	, 2010 (14 ),						1
400m	, ( , , , , , , , , , , , , , , , , ,		4:51.27	386	4:49.08	99%	•
100m			7.01.21	-	1:07.68	33 /0 -	
200m		51.	2:30.31	387	2:30.54	100%	
200111	, 2012 (12 ),	٥	00.01	001		10070	1
100m	, 2012 (12 ),			-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
			2.00.00	-	2:47.40	-	
∠00m					-		1
200m	2012 (12 )						
	, 2012 (12 ),			-	1:08 40	_	
100m	, 2012 (12 ),	62.	5:14.32	- 398	1:08.40 5:15.16	- 101%	
100m 400m	, 2012 (12 ),	62.	5:14.32	- 398 -	5:15.16	- 101% -	
100m		62.	5:14.32	398		- 101% -	_
100m 400m 200m	, 2012 (12 ), , 2010 (14 ),	62.	5:14.32	398	5:15.16 2:51.08	- 101% - -	-
100m 400m 200m		62.		398 - -	5:15.16 2:51.08 1:01.11	-	-
100m 400m 200m		62. 72.	<b>5:14.32</b> 4:58.39 2:33.47	398 -	5:15.16 2:51.08 1:01.11 4:48.25	-	-
100m 400m 200m 100m 400m	, 2010 (14    ),		4:58.39	398 - - - 359	5:15.16 2:51.08 1:01.11	- - 93%	-
100m 400m 200m 100m 400m 200m		72.	4:58.39 2:33.47	398 - - 359 364	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	- 93% 98%	1
100m 400m 200m 100m 400m 200m	, 2010 (14    ),		4:58.39	398 - - - 359	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	- - 93%	1
100m 400m 200m 100m 400m 200m	, 2010 (14    ),	72.	4:58.39 2:33.47	398 - - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	- 93% 98%	1
100m 400m 200m 100m 400m 200m	, 2010 (14 ), , 2011 (13 ),	72.	4:58.39 2:33.47	398 - - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	- 93% 98% 100%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14    ),	72. 21.	4:58.39 2:33.47 <b>4:59.81</b>	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	- 93% 98% 100% - -	1
100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14 ), , 2011 (13 ),	72.	4:58.39 2:33.47	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	- 93% 98% 100%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14 ), , 2011 (13 ),	72. 21.	4:58.39 2:33.47 <b>4:59.81</b>	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	- 93% 98% 100% - -	1

400	, 2010 (14 ),		4.50.04	202	4.54.04	000/	-
400m 100m			4:52.04	383	4:51.04 1:05.26	99%	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14 ),						1
400m 100m			4:35.80	455 -	4:36.00 1:07.50	100%	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12 ),						1
400m 100m		97.	5:27.25	353	5:28.72 1:20.44	101%	
200m				-	2:52.24	- -	
	, 2011 (13 ),						-
400m		63.	5:16.47	390	5:12.90	98%	
100m 200m				-	1:11.34 2:44.44	- -	
	, 2010 (14 ),						-
100m				-	59.24	-	
400m 200m		86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
	, 2010 (14 ),					52,7	_
400m	, , , , , , , , , , , , , , , , , , , ,		4:53.03	380	4:50.50	98%	
100m 200m		46.	2:29.60	393	1:16.20 2:29.00	99%	
200111	, 2010 (14 ),	40.	2.29.00	393	2.29.00	99 /6	_
400m	, ( ,,		4:32.52	472	4:32.06	100%	
100m		7.	2:19 90	- 492	1:00.00	98%	
200m	, 2011 (13 ),	7.	2:18.80	492	2:17.73	90%	_
400m	, 2011 (10 ),	89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							21
	, 2011 (13 ),						-
100m				-	1:01.00	-	
400m 200m		108.	2:39.54	324	5:12.00 2:38.50	99%	
	, 2012 (12 ),						-
100m	, , , , , ,			-	1:10.00	-	
400m 200m		90.	5:24.46	362 -	5:17.00 2:52.00	95%	
200111	, 2010 (14 ),				2.02.00		1
100m	, ,			-	1:01.00	-	
400m 200m		57.	<b>4:42.02</b> 2:30.56	426 386	4:43.00 2:30.00	101% 99%	
200	, 2012 (12 ),	0	2.00.00	555	2.00.00	30,0	1
100m	, , , , , , , , , , , , , , , , , , , ,				1:05.00	<del>.</del>	
400m 200m		132.	5:10.95 <b>2:43.49</b>	318 301	5:03.00 2:45.00	95% 102%	
200111	, 2012 (12 ),	102.	2.40.43	501	2.40.00	10270	-
400m	, , , ,	65.	5:17.11	388	5:06.00	93%	
100m 200m				-	1:12.90 2:46.00	<del>-</del>	
200111	, 2011 (13 ),			-	2. 10.00	•	_
100m	, - ( - //			-	1:09.00	-	
400m 200m		77.	5:20.22	376 -	5:17.90 2:49.60	99%	
200111	, 2012 (12 ),			_	2.49.00	_	_
400m	, 2012 (12 ),	104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m	, 2010 (14 ),			-	2:49.60	-	2
400m	,		4:55.23	371	4:56.38	101%	_
100m		27	2.26.65	-	1:13.64	-	
200m	, 2011 (13 ),	27.	2:26.65	417	2:27.94	102%	1
100m	, 2011 (10 ),			-	1:05.50	-	'
400m		41.	5:07.47	425	5:15.00	105%	
200m	, 2010 (14 ),			-	2:46.00	-	_
100m	, 2010 (17 ),			-	59.95	-	-
400m		405	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14     ),					-
400m	, == := (: : /,		5:11.13	317	5:04.00	95%
100m				-	1:15.00	<del>-</del>
200m	2011 (12	79.	2:34.76	355	2:33.00	98%
100m	, 2011 (13 ),			_	1:05.00	- -
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	=
	, 2010 (14     ),					1
400m			4:59.61	355	4:58.00	99%
100m 200m		81.	2:34.91	354	1:18.00 2:38.35	104%
200111	, 2012 (12 ),	01.	2.04.51	30 <del>1</del>	2.30.33	10470
400m	, 2012 (12 ),	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	
200m	0040 (44			-	2:54.00	-
400	, 2010 (14 ),				4.00.00	-
100m 400m			4:51.10	387	1:00.00 4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13 ),					-
400m	·		4:58.10	360	4:58.00	100%
100m		407	0.40.00	-	1:10.00	-
200m	, 2012 (12 ),	127.	2:42.29	308	2:38.60	96% 1
400m	, 2012 (12 ),	140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m				-	3:14.00	-
	, 2010 (14 ),					1
400m 100m			4:35.84	455 -	4:41.90 1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13 ),					-
400m	, , , ,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m	, 2011 (13 ),			-	2:36.17	<del>-</del>
400m	, 2011 (13 ),		4:53.46	378	4:53.00	- 100%
100m			4.00.40	-	1:09.00	-
200m		138.	2:44.35	296	2:42.00	97%
	, 2012 (12 ),					-
400m		126.	5:44.55	302	5:40.00	97%
100m 200m				-	1:25.00 2:58.00	- -
200	, 2012 (12 ),				2.00.00	1
400m	, , ,	92.	5:25.53	358	5:31.00	103%
100m				-	1:17.50	-
200m	, 2012 (12 ),			-	2:57.00	- 1
400m	, 2012 (12 ),	137.	5:53.39	280	6:09.00	109%
100m		107.	0.00.00	-	1:35.00	-
200m				-	3:03.74	-
400	, 2010 (14 ),		F.05.00	200	4.50.00	-
400m 100m			5:05.92	333	4:52.00 1:10.00	91%
200m		151.	2:53.07	254	2:45.00	91%
	, 2012 (12 ),					1
100m	•			-	1:05.00	-
400m		18.	4:58.44	465	5:05.50	105%
200m	, 2010 (14 ),			=	2:40.14	•
400m	, 20.0 (1. ),			-	5:20.00	<u>-</u>
100m				-	1:09.00	-
200m	0044 (40	146.	2:47.48	280	2:41.00	92%
400-	, 2011 (13 ),	00	E.04.07	074	E.4.4.45	-
400m 100m		86.	5:21.67	371 -	5:14.45 1:23.21	96%
200m				-	2:43.34	- -
	, 2011 (13 ),					-
400m	•	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	, 2011 (13 ),			-	2:50.00	- -
400m	, 2017 (10 ),	128.	5:46.63	297	5:30.00	91%
100m			-	-	1:17.00	-
200m				-	2:53.00	-

	2040 (44					
100m	, 2010 (14 ),			-	58.79	<u>-</u>
400m			4:56.39	367	4:50.00	96%
200m		85.	2:35.94	347	2:35.29	99%
	, 2011 (13 ),					1
400m		55.	5:11.97	407	5:19.78	105%
100m				-	1:11.45	-
200m	, 2012 (12 ),			-	2:41.12	-
400m	, 2012 (12 ),	58.	5:13.29	402	5:10.00	98%
100m		56.	0.10.20	-	1:16.00	-
200m				-	2:50.00	-
	, 2013 (11 ),					-
400m		145.	6:18.95	227	6:02.00	91%
100m				-	1:29.00	-
200m	, 2010 (14 ),			-	3:10.00	
400m	, 2010 (14 ),		5:02.37	345	4:56.00	96%
100m			0.02.07	-	1:08.00	- -
200m		130.	2:42.95	304	2:42.00	99%
	, 2011 (13    ),					-
400m		22.	5:00.79	454	4:55.76	97%
100m 200m				-	1:10.23	<del>-</del>
200111	, 2013 (11 ),			-	2:35.69	1
400m	, 2013 (11 ),	101.	5:29.00	347	5:30.00	101%
100m			0.20.00	-	1:17.00	-
200m				-	2:53.00	-
	, 2012 (12 ),					1
400m			4:56.78	365	5:00.00	102%
100m		61.	2:31.15	381	1:10.50	94%
200m	, 2011 (13 ),	01.	2.31.13	361	2:26.50	1
100m	, 2011 (10 ),			_	1:08.00	· ·
400m		70.	5:18.02	384	5:24.00	104%
200m				-	2:47.00	-
	, 2013 (11 ),					1
400m		122.	5:42.96	306	5:43.00	100%
100m 200m				-	1:28.79 2:59.00	- -
200111	, 2013 (11 ),				2.59.00	1
100m	, 2010 (11 ),			_	1:08.00	· ·
400m		94.	5:26.73	354	5:35.00	105%
200m				-	2:53.00	- ·
	, 2012 (12 ),					1
400m		109.	5:32.34	337	5:36.00	102%
100m 200m				-	1:22.50 2:58.00	- -
	, 2011 (13    ),					_
400m	,,		5:04.94	337	4:55.00	94%
100m				-	1:09.00	-
200m	0040 (44	121.	2:41.65	311	2:35.00	92%
400-	, 2010 (14 ),		4.54.04	070	E-00 00	1030/
400m 100m			4:54.94	372	5:00.00 1:05.50	103%
200m		25.	2:26.50	419	2:27.00	101%
	, 2012 (12 ),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.90	-
400m		61.	5:14.16	399	5:14.00	100%
200m	2042 (42			-	2:46.00	-
400m	, 2012 (12 ),	23.	5:00.84	454	5:00.76	100%
100m		23.	5.00.64	454	1:15.60	100%
200m				-	2:34.33	-
	, 2010 (14 ),					1
400m	. , , ,			-	5:20.00	=
100m			0.42.22	-	1:11.00	-
200m		126.	2:42.08	309	2:44.00	102%
						18
	2010 (14					2
100m	, 2010 (14 ),			-	55.22	2
400m			4:26.99	502	4:32.45	104%
200m		14.	2:22.46	455	2:25.42	104%

, 29. - 31.5.2024

	2044 (42					
00m	, 2011 (13 ),	83.	5:21.23	373	5:12.00	94%
00m				-	1:22.72	-
00m				-	2:47.38	-
	, 2012 (12 ),					
00m		52.	5:11.42	409	5:11.20	100%
00m				-	1:19.71 2:45.10	-
00m	, 2010 (14 ),			-	2.45.10	-
00m	, 2010 (14 ),		4:38.39	443	4:43.78	104%
00m			4.50.55	-	1:15.65	-
0m		31.	2:27.12	413	2:27.24	100%
	, 2011 (13 ),					
0m	, , , , , , , , , , , , , , , , , , , ,		5:00.11	353	5:02.18	101%
0m				-	1:14.97	-
0m	0044 (40	136.	2:44.26	297	2:38.82	93%
0	, 2011 (13 ),				4.05.00	
Om Om		56.	5:13.06	403	1:05.00 5:10.00	98%
0m		50.	3.13.00	403	2:48.00	-
	, 2010 (14 ),					
0m	, , , , , , , , , , , , , , , , , ,		4:17.49	560	4:10.30	94%
)m					1:02.52	-
)m		10.	2:20.18	478	2:22.10	103%
	, 2010 (14 ),					
0m				-	1:04.00	<del>-</del>
)m )m		90.	4:51.20 2:36.52	387 343	4:53.44 2:39.02	102% 103%
)m	, 2010 (14 ),	90.	2.30.32	343	2.33.02	103%
m	, 2010 (14 ),		4:08.68	621	4:09.73	101%
m			7.00.00	-	1:05.00	10170
m		1.	2:07.95	629	2:13.50	109%
	, 2012 (12 ),					
m		59.	5:13.52	401	5:10.78	98%
m				-	1:14.00	-
m	0044 (40			-	2:47.46	-
m	, 2011 (13 ),		E:00 74	204	E:02.20	070/
m m			5:06.74	331 -	5:02.39 1:13.50	97%
m		122.	2:41.73	311	2:40.24	98%
	, 2011 (13 ),			÷		33,3
)m	, ( , /)			-	1:11.46	-
)m		32.	5:04.87	436	5:12.37	105%
m	0044 (40			-	2:52.37	=
\	, 2011 (13 ),		4.50.00	400	4.55.57	40001
m m		11.	4:53.33	490	4:55.57 1:12.97	102%
m m				-	2:33.78	-
	, 2011 (13 ),				<del>-</del>	
)m	,	53.	5:11.69	408	5:24.16	108%
m			<del>-</del>	-	1:15.63	-
m				-	2:45.16	-
	, 2010 (14    ),					
m			4:53.47	378	4:53.24	100%
m	, 2010 (14 ),			-	1:09.17	=
m	, 2010 (14 ),				1:02.18	
m			4:50.80	388	5:00.24	107%
m		93.	2:37.15	339	2:41.49	106%
	, 2011 (13 ),					
m	, , , , , ,	106.	5:31.72	339	5:18.20	92%
m				-	1:15.73	=
m	2040 (4.4			-	2:40.40	-
	, 2010 (14 ),				4.00	
m			4:42.97	422	1:00.20	- 103%
m m		63.	<b>4:42.97</b> 2:31.60	422 378	4:46.76 2:29.33	97%
	, 2011 (13 ),	00.	2.01.00	370	2.20.00	31 /0
)m	, 20 (.0 ),			-	1:05.89	-
		64.	5:17.06	388	5:20.16	102%
۱m				-	2:51.94	-
	0044 (40 )					
	, 2011 (13 ),					1000/
)m )m	, 2011 (13 ),	48.	5:10.11	414	5:12.44	102%
om om om om om	, 2011 (13 ),	48.	5:10.11	414 - -	5:12.44 1:15.06 2:46.53	102%

	, 2011 (13 ),							1
400m 100m			4:53.81	377	4:51.26		98%	
200m		74.	2:33.83	361	1:04.54 2:35.86		103%	
200	, 2012 (12 ),			00.	2.00.00		.0070	-
100m				-	1:24.71		-	
200m				-	2:41.68		-	
400	, 2010 (14 ),		4.00.40	100	4.00.07	05.04.0004	000/	-
400m 100m			4:30.49	483	4:28.87 1:04.92	25.04.2024 29.03.2024	99%	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14 ),							2
400m			4:18.37	554	4:21.07	25.04.2024	102%	
100m 200m		11.	2:20.34	476	1:02.09 2:21.29	26.04.2024 24.04.2024	101%	
	, 2012 (12 ),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	, 2010 (14 ),			-	3:03.57		-	_
100m	, 2010 (14 ),			-	56.54	26.04.2024	-	
400m			4:28.25	495	4:22.37	25.04.2024	96%	
200m	2040 (44	6.	2:17.60	505	2:16.72	24.04.2024	99%	
100	, 2010 (14 ),				1,01.04			1
100m 400m			4:58.66	358	1:01.04 4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13 ),							1
100m 400m		119.	5:39.67	- 315	1:11.63 5:41.67		- 101%	
200m		113.	3.33.07	-	2:57.97		-	
	, 2011 (13 ),							-
100m		00	5 47 47	-	1:07.27		-	
400m 200m		69.	5:17.47	386	5:16.74 2:48.80		100%	
200111	, 2010 (14 ),				2.40.00			_
400m	, 2010 (11 ),		4:52.05	383	4:50.62		99%	
100m				-	1:04.31		-	
200m	, 2011 (13 ),	103.	2:38.60	330	2:36.18		97%	
400m	, 2011 (13 ),	39.	5:06.09	431	5:03.05		98%	_
100m		00.	0.00.00	-	1:09.13		-	
200m	2011 (12			-	2:42.47		-	
400m	, 2011 (13 ),	75.	5:19.74	270	E:2E 20	24.04.2024	104%	1
400m 100m		75.	5.19.74	378 -	5:25.39 1:15.43	26.04.2024	104%	
200m				-	2:44.59	22.06.2023	-	
	, 2010 (14 ),							2
100m 400m			5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13 ),							2
400m			4:48.95	396	4:55.65	25.04.2024	105%	
100m 200m		59.	2:30.99	382	1:20.23 2:33.67	26.04.2024 24.04.2024	104%	
200111	, 2011 (13 ),	00.	2.00.00	002	2.00.07	2 1.0 1.202 1	10170	_
100m	, , , , ,			-	1:03.95	26.04.2024	-	
400m	2044 (42		4:56.87	365	4:53.13	25.04.2024	97%	
400m	, 2011 (13 ),	67.	5:17.33	387	5:12.70		97%	-
100m		07.	5.17.55	-	1:13.24		-	
200m				-	2:41.91		-	
	, 2010 (14 ),							1
400m 100m			5:02.10	346	4:55.78 1:18.07	25.04.2024 26.04.2024	96%	
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%	
	, 2011 (13 ),							-
400m	•	57.	5:13.27	402	5:07.61		96%	
100m 200m				-	1:18.86 2:43.95		-	
200111	, 2010 (14 ),			-	2.70.30		-	2
100m	, ( / ,			-	1:06.23	26.04.2024	-	_
400m		444	4:43.61	419	4:46.97	25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		109%	

	2242 (44							
400m	, 2010 (14 ),		4:58.54	359	4:56.78		99%	1
100m				-	1:12.94		-	
200m	, 2011 (13 ),	89.	2:36.50	343	2:39.46		104%	2
400m	, _0 (.0 ),		5:02.84	344	5:06.52		102%	_
100m 200m		97.	2:37.63	336	1:20.24 2:41.51		- 105%	
200111	, 2011 (13 ),	01.	2.07.00	000	2.11.01		10070	-
400m 100m		60.	5:13.71	400	5:11.05 1:11.42		98%	
200m				-	2:44.78		-	
100m	, 2011 (13 ),				1:00.75	26.04.2024		1
100m 400m			4:58.95	357	4:55.91	25.04.2024	98%	
200m	, 2010 (14 ),	68.	2:32.62	370	2:35.06	24.04.2024	103%	1
400m	, 2010 (14 ),		4:47.03	404	4:45.58		99%	·
100m 200m		19.	2:23.66	- 444	1:07.57 2:23.78		- 100%	
200	, 2010 (14    ),				2.20.70		.0070	-
100m 400m			4:51.06	- 387	1:02.09 4:40.19		- 93%	
200m		95.	2:37.40	337	2:35.73		98%	
100m	, 2012 (12 ),			_	1:06 45		-	-
400m		73.	5:18.55	382	1:06.45 5:15.39		98%	
200m	, 2011 (13 ),			-	2:50.71		-	1
100m	, 2011 (13 ),			-	1:00.60		-	'
400m 200m		115.	4:55.75 <b>2:40.90</b>	369 316	4:52.60 2:44.00		98% 104%	
200111	, 2011 (13 ),	110.	2.40.00	010	2.11.00		10170	1
100m 400m		9.	4:52.11	- 496	1:05.45 4:58.56	26.04.2024 24.04.2024	- 104%	
200m		0.	4.02.11	-	2:44.93	25.04.2024	-	
400m	, 2012 (12 ),			_	5:10.60	25.04.2024	_	-
100m				-	1:22.81	26.04.2024	-	
200m	, 2010 (14 ),	147.	2:47.94	278	2:47.64	24.04.2024	100%	_
400m	, 2010 (11 ),			-	5:15.13	25.04.2024	-	
100m 200m		116.	2:41.11	- 315	1:20.61 2:38.12	28.03.2024 24.04.2024	96%	
	, 2011 (13 ),							-
400m 100m		113.	5:35.23	328	5:24.88 1:21.65		94%	
200m	2040 (44			-	2:52.72		-	0
400m	, 2010 (14 ),		4:41.84	427	4:48.82		105%	2
100m		20		-	1:17.47		-	
200m	, 2010 (14 ),	29.	2:26.83	416	2:32.09		107%	1
400m			4:50.43	390	4:52.60		101%	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
100m	, 2012 (12 ),				1.04.40	20.02.2024		2
100m 400m			4:48.75	397	1:04.40 4:55.47	28.03.2024 25.04.2024	- 105%	
200m	, 2010 (14 ),	102.	2:38.56	330	2:41.13	24.04.2024	103%	1
400m	, 2010 (14 ),		4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	- 529	1:01.56 2:16.53		- 101%	
200	, 2011 (13 ),	0.		020	2.10.00		.01,0	-
400m 100m		85.	5:21.42	372	5:19.67 1:12.01		99%	
200m				-	2:38.51		-	
400m	, 2010 (14 ),		4:47.64	401	4:47.50		100%	-
100m				-	1:12.80		-	
200m	, 2011 (13 ),	22.	2:25.16	430	2:22.60		97%	_
400m	, ==== (,,	87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		-	

100m	, 2012 (12 ),				1.02.05	26.04.2024		-
400m		26.	5:03.12	444	1:03.95 4:55.54	24.04.2024	95%	
200m				-	2:42.67		-	
400	, 2012 (12 ),	400	5 50 0 <del>7</del>	070	0.00.07	04.04.0004	40.407	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13    ),							1
100m 400m		49.	5:10.15	- 414	1:06.87 5:17.13		- 105%	
200m		43.	3.10.13	-	2:41.97		-	
	, 2011 (13 ),							2
100m 400m			5:00.25	- 353	1:04.58 5:01.18	25.04.2024	- 101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13     ),							-
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m				-	1:12.56 2:53.69		-	
	, 2011 (13 ),							-
400m				-	5:13.38		-	
100m 200m		149.	2:49.23	- 271	1:28.91 2:44.49		94%	
200111	, 2011 (13 ),	140.	2.40.20	211	2.44.40		5470	1
400m	, ,,	24.	5:01.70	450	5:03.35		101%	
100m 200m				-	1:07.74 2:39.68		- -	
200111	, 2012 (12 ),				2.00.00			_
400m	, == (= ),	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m 200m				-	1:21.59 3:02.87	26.04.2024 25.04.2024	-	
200111	, 2010 (14 ),			-	3.02.07	25.04.2024	-	1
100m	, ( ),			-	54.12		-	
400m		0	4:15.42	573 564	4:15.65		100%	
200m	, 2010 (14 ),	2.	2:12.89	561	2:12.78		100%	1
400m	, =0.0(),		4:44.83	413	4:42.10	25.04.2024	98%	-
100m		13.	2:21.78	- 462	1:09.79	26.04.2024 24.04.2024	- 102%	
200m	, 2013 (11 ),	13.	2.21.76	402	2:23.12	24.04.2024	10276	1
400m	, 2010 (11 ),	108.	5:32.14	337	5:39.66		105%	•
100m				-	1:34.94		-	
200m	, 2011 (13 ),			-	2:56.62		-	1
400m	,,	105.	5:31.45	339	5:32.47		101%	-
100m				-	1:25.17		-	
200m	, 2012 (12 ),			-	2:55.64		-	_
400m	, 2012 (12 ),	112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m				-	1:22.25	26.04.2024	-	
200m	, 2011 (13 ),			-	3:05.11	25.04.2024	-	_
400m	, 2011 (10 ),	71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m				-	1:22.53	23.11.2023	-	
200m	, 2012 (12 ),			-	2:43.30	25.04.2024	-	_
400m	, 2012 (12 ),	84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12 ),			-	2:45.78	25.04.2024	-	1
400m	, 2012 (12 ),	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14 ),			-	2:49.88	25.04.2024	-	2
100m	, 2010 (14 ),			-	1:02.55		-	_
400m		2.4	4:47.24	403	4:49.66		102%	
200m	, 2011 (13 ),	84.	2:35.53	350	2:38.32		104%	_
100m	, 2011 (10 <i>)</i> ,			-	1:03.13	26.04.2024	-	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	, 2012 (12 ),			-	2:39.16	25.04.2024	-	1
400m	, 2012 (12 ),	98.	5:28.19	350	5:30.94		102%	'
100m				-	1:15.24		-	
200m				-	2:51.65		-	

	0040 (40							
400m	, 2012 (12 ),	44.	5:08.56	421	5:16.23		105%	1
100m				-	1:22.27		-	
200m	, 2012 (12 ),			-	2:40.76		-	1
400m	, 2012 (12 ),	136.	5:52.85	281	5:58.66		103%	'
100m				-	1:22.81		-	
200m	, 2010 (14 ),			-	2:56.19		-	_
100m	, 2010 (14 ),			-	1:05.38	26.04.2024	-	
400m		144.	2.46.00	-	5:34.20	25.04.2024	-	
200m	, 2010 (14 ),	144.	2:46.90	283	2:46.19	24.04.2024	99%	1
400m	, 2010 (11 ),		4:40.00	435	4:46.52		105%	·
100m 200m		28.	2:26.71	- 417	1:04.59 2:24.49		- 97%	
200111	, 2012 (12 ),	20.	2.20.71	717	2.24.43		31 70	-
400m		125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m 200m				-	1:29.97 2:50.20	19.04.2024 25.04.2024	-	
	, 2011 (13 ),							1
400m 100m		111.	5:34.55	330	5:45.58 1:18.51	24.04.2024 26.04.2024	107%	
200m				-	3:02.43	25.04.2024	-	
	, 2010 (14 ),							1
400m 100m				-	5:35.50 1:15.19	25.04.2024 26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
400	, 2011 (13 ),				4.04.00	00.40.0000		-
100m 400m		13.	4:54.85	- 482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m	0044 (40			-	2:34.71	22.11.2023	-	
100m	, 2011 (13 ),			-	1:18.22	24.11.2023	_	1
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	0044 (40			-	2:59.25	25.04.2024	-	
100m	, 2011 (13 ),			-	1:01.70		_	1
400m			4:43.10	421	4:42.00		99%	
200m	, 2010 (14 ),	110.	2:39.84	322	2:42.00		103%	_
400m	, 2010 (14 ),		4:41.88	426	4:40.20		99%	
100m		E0	2,20.04	-	1:08.47		- 000/	
200m	, 2011 (13 ),	58.	2:30.84	383	2:29.71		99%	_
400m	, , , , , , , , , , , , , , , , , , , ,		4:52.60	381	4:50.48		99%	
100m 200m		96.	2:37.44	337	1:08.99 2:35.31		- 97%	
	, 2011 (13 ),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m 200m				-	1:17.03 2:56.19		-	
	, 2010 (14 ),							2
100m 400m			4:41.14	430	59.64 4:51.18		- 107%	
200m		16.	2:22.56	454	2:25.57		104%	
400m	, 2011 (13 ),	30.	5:04.55	438	E-16 6E	24.04.2024	108%	1
400m 100m		30.	5.04.55	430	5:16.65 1:19.49	26.04.2024	100%	
200m	2040 (44			-	2:39.45	25.04.2024	-	4
400m	, 2010 (14 ),		5:11.00	317	5:02.94		95%	1
100m				-	1:11.66		-	
200m	, 2012 (12 ),	120.	2:41.59	312	2:42.38		101%	_
400m	, 2012 (12 ),		5:01.82	347	5:00.14	25.04.2024	99%	
100m	2040 (44			-	1:20.97	26.04.2024	-	_
100m	, 2010 (14 ),			-	1:04.73	28.03.2024	_	2
400m			4:54.55	374	4:56.66	27.03.2024	101%	
200m	, 2011 (13 ),	103.	2:38.60	330	2:45.39	16.06.2023	109%	
400m	, 2011 (13 ),	46.	5:09.47	417	5:05.80		98%	-
100m				-	1:11.00		-	
200m				-	2:39.70		-	

400	, 2010 (14 ),				FF 0F	00.04.0004		2
100m 400m			4:28.47	494	55.65 4:30.00	26.04.2024 25.04.2024	- 101%	
200m		9.	2:19.89	49 <del>4</del> 481	2:30.78	22.11.2023	116%	
200111	, 2010 (14 ),	Э.	2.13.03	401	2.30.70	22.11.2025	11070	
400m	, 2010 (14 ),		5:05.85	334	5:04.79		99%	
100m			5.05.65	-	1:14.56		99%	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14 ),		=10 11.10					
100m	, 2010 (11 ),			-	1:04.13		-	
400m			5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13 ),							
400m	, , , , , , , , , , , , , , , , , , , ,		5:06.22	332	5:03.36	25.04.2024	98%	
100m				-	1:11.34	26.04.2024	-	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11    ),							•
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m				-	1:38.18	26.04.2024	-	
200m				-	3:46.50	06.12.2023	-	
	, 2011 (13     ),							2
100m				-	1:06.34		-	
400m			5:02.29	346	5:06.72		103%	
200m	0044/15	123.	2:41.79	311	2:43.15		102%	
	, 2011 (13 ),							
100m				-	1:06.69	07.12.2023	-	
400m		400	2.40.00	-	5:15.49	27.03.2024	4000/	
200m	2010 (11	129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14 ),							•
400m			4:38.83	441	4:40.20	25.04.2024	101%	
100m	0044 (40			-	1:03.07	26.04.2024	-	
	, 2011 (13    ),							•
100m			4.20.44	-	1:00.12		4020/	
400m	0044 (40		4:39.41	438	4:43.97		103%	
	, 2011 (13 ),							•
400m				-	5:17.90	25.04.2024	-	
100m		142.	2.45.74	-	1:15.34	26.04.2024	4040/	
200m	0040 (44	142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14 ),							
400m				-	5:11.10	23.11.2023	-	
100m 200m		80.	2:24 91	355	1:10.36 NT		-	
200111	, 2010 (14    ),	ou.	2:34.81	300	INI		-	
100m	, 2010 (14 ),			_	59.62	26.04.2024		
400m			4:46.80	405	4:37.90	25.04.2024	94%	
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12 ),	00.	2.2.101		2.20	2	.0070	
400m	, 2012 (12 ),	110.	5:34.37	331	5:26.57		95%	
100m		110.	0.04.01	-	1:20.12		-	
200m				-	2:54.00		-	
	, 2011 (13 ),							
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.03		-	
400m			4:41.84	427	4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
	, 2011 (13 ),							
100m	•			-	59.14		-	
400m		8.	4:52.02	496	4:49.86		99%	
200m				-	2:29.93		-	
	, 2012 (12 ),							,
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m				-	1:21.52	26.04.2024	-	
200m	0011110			-	3:01.82	25.04.2024	-	
	, 2011 (13 ),							
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m				-	1:05.31	26.04.2024	-	
200m	0044 (40			-	2:31.57	25.04.2024	-	
	, 2011 (13 ),							
400m			5:00.43	352	5:00.56		100%	
100m		400	2.20 77	-	1:10.64		-	
200m	2040 (44	109.	2:39.77	323	2:39.17		99%	
100	, 2010 (14 ),		4.50.00	054	F:00.05		40007	2
400m			4:59.83	354	5:03.85		103%	
100m 200m		92.	2:36.85	341	1:09.98		104%	
		92.	∠.აʊ.ōɔ	341	2:39.94		104%	
200111								

400	, 2010 (14 ),				50.70			2
100m 400m			4:31.82	476	58.78 4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	
	, 2011 (13 ),							1
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%	
100m 200m				-	1:27.32 2:52.36	26.04.2024 25.04.2024	-	
	, 2011 (13 ),							-
400m	, , , ,		5:08.43	325	5:06.86		99%	
100m 200m		98.	2:37.73	335	1:20.91 2:37.55		100%	
200111	, 2011 (13    ),	90.	2.37.73	333	2.37.33		10078	_
400m	, 2011 (10 ),		5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	
	, 2011 (13 ),							2
100m 400m			4:58.80	358	1:05.35 4:59.54	26.04.2024 25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14 ),							1
400m			4:40.52	433	4:43.30		102%	
100m 200m		23.	2:25.38	428	1:13.19 2:22.59		96%	
	, 2011 (13 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,	124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m	, 2012 (12 ),			-	2:57.06		-	_
400m	, 2012 (12 ),	38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m	, 2013 (11 ),			-	2:41.99		-	4
400m	, 2013 (11 ),	96.	5:27.19	353	5:30.42	27.03.2024	102%	1
100m		00.	0.27770	-	1:17.86	26.04.2024	-	
200m				-	2:59.30		-	
400	, 2011 (13 ),	4	4:40.74	550	4.07.74		000/	-
400m 100m		4.	4:40.74	559 -	4:37.71 1:04.81		98%	
200m				-	2:27.89		-	
400	, 2010 (14 ),							-
100m 400m				-	1:08.86 5:34.76	26.04.2024 25.04.2024	-	
200m		152.	2:57.84	234	2:37.96	25.04.2024	79%	
	, 2010 (14 ),							2
400m			4:52.50	382	4:52.68		100%	
100m 200m		52.	2:30.33	387	1:18.06 2:31.09		101%	
	, 2010 (14 ),							1
200m		50.	2:30.23	388	2:32.95		104%	
400	, 2011 (13 ),							-
100m 400m		5.	4:44.57	536	59.17 4:38.23	26.04.2024 24.04.2024	- 96%	
200m				-	2:31.66	25.04.2024	-	
	, 2011 (13    ),							1
400m 100m		2.	4:38.68	571	4:40.10 1:12.77	24.04.2024 23.11.2023	101%	
200m				-	2:24.20	25.04.2024	-	
	, 2012 (12 ),							-
100m		0.5	5.07.44	-	1:18.15	26.10.2023	-	
400m 200m		95.	5:27.11	353 -	5:20.73 2:56.24	24.04.2024 25.04.2024	96%	
200	, 2011 (13 ),				2.00.2	20.0202 .		-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	, 2010 (14 ),			-	2:33.58	25.04.2024	-	_
400m	, == := (:: /,			-	5:30.90	25.04.2024	-	
100m		444	0.45.04	-	1:13.92	26.04.2024	-	
200m	, 2010 (14 ),	141.	2:45.31	291	2:42.67	24.04.2024	97%	1
400m	, 2010 (14 ),		4:54.88	372	4:48.30		96%	1
100m				-	1:05.77		-	
200m	2014 (42	39.	2:28.77	400	2:30.91		103%	4
100m	, 2011 (13 ),			-	1:03.15		=	1
400m		19.	4:58.75	464	5:01.84		102%	
200m				-	2:36.98		-	

	, 2011 (13 ),							1
400m	, 2011 (13 ),	12.	4:54.60	483	4:56.36	24.04.2024	101%	'
100m		12.	4.54.00	-	1:11.76	26.04.2024	-	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13    ),							2
400m			4:49.29	394	4:55.83		105%	
100m				-	1:06.88		-	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14 ),							-
100m			4 44 74	-	1:00.40		-	
400m 200m		106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
200111	, 2012 (12 ),	100.	2.00.20	320	2.02.00		3170	1
400m	, 2012 (12 ),	130.	5:48.45	292	5:49.10	24.04.2024	100%	'
100m		150.	3.40.43	-	1:31.39	28.03.2024	-	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13 ),							-
100m				-	1:10.37		-	
400m					5:31.52		<del>-</del>	
200m	0044 (40	155.	3:05.76	205	3:03.37		97%	
	, 2011 (13 ),							-
400m 100m		35.	5:05.10	435	5:02.99 1:22.25		99%	
200m				-	2:47.42		_	
200111	, 2012 (12 ),			_	£.71.7£		-	_
100m	, ( ),			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
	, 2012 (12 ),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m	2010 (14			-	2:57.50	25.04.2024	-	
400m	, 2010 (14 ),		4:52.04	383	4:50.19	25.04.2024	99%	-
400m			4.52.04	303 -	1:18.29	06.10.2023	99%	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
200	, 2011 (13 ),	02.	2.0.12.	555	2.20.20	2	0.70	_
400m	, ==::(:= /,			-	5:29.16		-	
100m				-	1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14    ),							-
100m				-	1:01.60		-	
400m		100.	5:02.76	344 333	5:02.70		100% 96%	
200m	, 2012 (12 ),	100.	2:38.04	333	2:35.00		90%	1
100m	, 2012 (12 ),			_	1:15.24		_	
400m		131.	5:49.82	289	6:01.03		107%	
200m				-	3:11.37		-	
	, 2011 (13    ),							-
400m	·	33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m	2044 (42			-	2:42.00		-	
400	, 2011 (13 ),	20	F-0F 00	405	5.00.40	04.04.0004	000/	-
400m 100m		36.	5:05.26	435	5:03.43 1:10.18	24.04.2024 26.04.2024	99%	
200m				_	2:42.57	25.04.2024	-	
	, 2010 (14 ),							_
400m	, =0.0 ( ),		4:32.87	470	4:31.67		99%	
100m				-	1:02.45		-	
	, 2011 (13 ),							1
100m				-	59.64		_	
400m		F.4	4:41.18	430	4:38.57		98%	
200m	, 2010 (14 ),	54.	2:30.36	387	2:32.82		103%	2
100	, 2010 (14 ),				1,00.66			_
100m 400m			4:47.79	- 401	1:00.66 5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13 ),							-
400m	, , , , , , , , , , , , , , , , , , , ,		4:46.42	406	4:45.95	25.04.2024	100%	
100m				-	1:13.57	26.04.2024	-	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	
	, 2010 (14 ),							-
400m			4:44.83	413	4:40.19	25.04.2024	97%	
100m 200m		30.	2:27.05	- 414	1:07.31	26.04.2024	98%	
200111		30.	2.21.00	414	2:25.73	24.04.2024	<b>30</b> 70	

	, 2011 (13 ),							1
100m	, 2011 (13 ),			-	1:06.33		-	'
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13    ),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	, 2010 (14 ),			-	2:34.65		-	2
400m	, 2010 (14 ),		5:01.95	347	5:05.04		102%	2
100m			3.01.93	J47 -	1:16.06		10276	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,		4:39.54	437	4:36.97	25.04.2024	98%	
100m				-	1:06.71	26.04.2024	-	
200m	0040 (40	47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12 ),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m 200m				- -	1:35.68 3:02.58	26.04.2024 25.04.2024	-	
200	, 2010 (14 ),				0.02.00	2010 11202 1		1
400m	, 2010 (11 ),		4:53.13	379	4:56.26		102%	•
100m				-	1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12 ),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	2012 (12			-	3:06.71		-	4
100m	, 2012 (12 ),			_	1:15.15			1
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14 ),							2
400m			4:38.72	441	4:46.63		106%	
100m				-	1:06.13		-	
200m		21.	2:25.04	431	2:29.10		106%	_
400	, 2012 (12 ),						40404	1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m 200m				- -	1:34.62 3:04.05	28.03.2024 25.04.2024	-	
200111	, 2010 (14 ),				0.01.00	20.01.2021		2
400m	, 2010 (11 ),		4:56.44	367	5:05.89		106%	_
100m				-	1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14 ),							-
400m			4:55.48	370	4:55.23	25.04.2024	100%	
100m 200m		65.	2:32.39	372	1:09.85 2:29.44	26.04.2024 24.04.2024	96%	
200111	, 2013 (11 ),	05.	2.32.39	372	2.29.44	24.04.2024	90 /8	1
400m	, 2013 (11 ),	143.	6:08.41	247	6:15.63		104%	'
100m		143.	0.00.41	-	1:27.90		10476	
200m				-	3:02.71		-	
	, 2010 (14 ),							1
100m				-	1:07.36	26.04.2024	-	
400m		404	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								19
	0044 (40							
400	, 2011 (13 ),		4.00.41	400	4.00 =0		10001	2
400m 100m			4:30.41	483	4:32.58 1:02.61		102%	
200m		34.	2:28.18	404	2:30.35		103%	
200111	, 2010 (14 ),	01.	2.20.10	101	2.00.00		10070	_
400m	,		4:52.10	383	4:46.20		96%	
100m				-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13 ),							-
400m		17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m	, 2011 (13 ),			-	2:40.38		-	
400m	, 2011 (13 ),	25.	5:02.37	447	4:56.03		96%	-
100m		20.	0.02.01		1:14.95		-	
200m				-	2:47.54		-	

	, 2012 (12 ),						1
400m		6.	4:48.04	517	4:52.60	103%	
100m				-	1:08.29	-	
200m				-	2:35.61	-	
	, 2010 (14     ),						-
400m	, , ,		5:15.19	305	5:07.65	95%	
100m				-	1:18.39	-	
200m		107.	2:39.51	324	2:37.36	97%	
	, 2011 (13 ),						_
400m	, 2011 (10 ),	51.	5:11.10	410	5:03.43	95%	
100m		31.	3.11.10	-	1:22.64	-	
200m				-	2:40.55	-	
200111	2012 (12				2.40.00		4
400	, 2012 (12 ),			0.40		4000/	1
400m			5:01.32	349	5:03.99	102%	
100m		440	0.44.50	-	1:12.38	-	
200m	0040 (40	119.	2:41.52	312	2:41.04	99%	
	, 2012 (12 ),						-
100m				-	1:04.60	-	
400m			5:06.31	332	5:06.16	100%	
200m		137.	2:44.31	297	2:40.08	95%	
	, 2011 (13 ),						1
100m				-	1:04.92	-	
400m		45.	5:08.76	420	5:09.05	100%	
200m				-	2:46.15	-	
	, 2011 (13 ),						1
100m				-	1:06.09	-	
400m		37.	5:05.59	433	5:07.54	101%	
200m				-	2:47.50	-	
	, 2010 (14    ),						2
100m	, 2010 (11 ),			-	58.40	_	_
400m			4:53.49	378	5:02.97	107%	
200m		76.	2:34.04	360	2:35.53	102%	
200111	, 2011 (13 ),	70.	2.04.04	300	2.00.00	10270	1
400m	, 2011 (13 ),	81.	5:21.18	373	E-04 64	100%	
		01.	5:21.16		5:21.64	100%	
100m				-	1:16.52	-	
200m	0040 (44			-	2:53.92	-	
	, 2010 (14    ),						-
100m				-	1:04.14	-	
400m			5:07.62	328	5:03.00	97%	
200m		134.	2:44.04	298	2:42.92	99%	
	, 2010 (14    ),						1
400m			4:46.08	408	4:47.50	101%	
100m				-	1:05.50	-	
200m		71.	2:33.09	367	2:30.70	97%	
	, 2011 (13 ),						-
400m	, , , , , , , , , , , , , , , , , , , ,	34.	5:05.09	435	5:00.47	97%	
100m				-	1:15.07		
200m				-	2:43.92	-	
	, 2010 (14 ),						-
100m	, 2010 (11 ),			-	1:05.23	_	
400m			5:00.14	353	4:49.66	93%	
200m		150.	2:49.32	271	2:40.00	89%	
200111	, 2011 (13 ),	100.	2. 10.02	2, .	2.10.00	3070	1
100m	, 2011 (10 ),			-	1:05.75	-	'
		21	E:04 E0				
400m 200m		31.	5:04.59	437	5:05.60 2:53.11	101%	
200111	2040 (44				2.55.11		
100	, 2010 (14     ),				50 = 1		-
100m			4.04.40	-	58.71	-	
400m			4:34.10	464	4:33.04	99%	
200m	2010 (11	20.	2:23.82	442	2:21.32	97%	
	, 2010 (14 ),						-
400m			5:03.53	341	4:55.07	95%	
100m				-	1:20.35	<del>-</del>	
200m		133.	2:43.60	300	2:42.82	99%	
	- , 2012 (12 )	,					1
400m	. ,	27.	5:03.89	440	5:10.25	104%	
100m				-	1:14.03	-	
200m				-	2:40.09	-	
	, 2010 (14     ),						-
400m	,		5:00.98	350	4:58.35	98%	
100m			5.00.00	-	1:24.37	-	
200m		128.	2:42.83	305	2:38.43	95%	
_00111	, 2010 (14    ),	.20.	12.00	555		3570	2
400	, 2010 (14 ),		4.47.40	400	4.40.60	4040/	_
400m			4:47.42	402	4:48.68	101%	
100m 200m		26.	2:26.59	- 418	1:05.20 2:29.33	- 104%	
ZUUIII		20.	4.20.39	410	4.43.33	104%	

400m	, 2011 (13 ),	02	F:21 20	272	E:11 10	0.49/	-
400m 100m		82.	5:21.20	373 -	5:11.48 1:12.72	94%	
200m				-	2:39.93	-	
400	, 2010 (14 ),				50.44		1
100m 400m			4:37.84	445	56.14 4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	
400	, 2010 (14 ),					4000/	2
400m 100m			4:24.28	518 -	4:27.15 1:01.00	102%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13 ),						2
100m 400m			4:54.90	372	1:01.69 5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
400	, 2011 (13 ),	00	5.04.54	400	5.00.70	070/	-
400m 100m		29.	5:04.54	438	5:00.70 1:10.86	97%	
200m				-	2:38.82	-	
							24
	, 2011 (13 ),						24 1
400m	, 2011 (13 ),	42.	5:08.18	422	5:12.96	103%	'
100m				-	1:11.54	-	
200m	, 2010 (14 ),			-	2:35.00	-	2
100m	, 2010 (14 ),			-	59.85	-	2
400m			4:52.74	381	4:54.15	101%	
200m	2012 (12	82.	2:35.08	353	2:39.00	105%	4
400m	, 2012 (12 ),	114.	5:35.58	327	5:39.26	102%	1
100m			0.00.00	-	1:19.35	-	
200m	, 2011 (13 ),			-	2:56.07	-	1
400m	, 2011 (13 ),		4:59.02	357	4:56.00	98%	'
100m				-	1:09.00	-	
200m	2011 (12	118.	2:41.28	314	2:45.00	105%	
100m	, 2011 (13 ),			-	1:37.00	-	-
200m				-	3:24.00	-	
	, 2011 (13 ),						-
100m 400m		147.	6:27.11	213	1:18.00 6:20.00	- 96%	
200m				-	3:12.00	-	
400	, 2012 (12 ),				4.40.00		-
100m 400m		146.	6:21.28	223	1:16.82 6:09.89	94%	
200m				-	3:10.65	· · ·	
400	, 2010 (14 ),		5.00.04	0.40	1.57.10	200/	1
400m 100m			5:03.94	340	4:57.49 1:14.00	96% -	
200m	2042 (44	45.	2:29.45	394	2:31.00	102%	
400	, 2010 (14 ),				F.F0.00		-
400m 100m				-	5:59.00 1:19.00	-	
	, 2011 (13 ),						2
400m 100m			4:59.22	356	5:01.37	101%	
200m		88.	2:36.48	343	1:20.70 2:38.89	103%	
	, 2010 (14 ),						1
100m 400m			5:03.90	340	1:03.70 5:05.00	1010/	
200m		145.	2:47.42	280	2:45.00	101% 97%	
	, 2012 (12 ),						1
400m 100m		123.	5:43.84	304	5:50.00 1:27.00	104%	
200m				-	2:55.00	-	
	, 2011 (13 ),						1
400m 100m				-	5:14.00 1:11.00	-	
200m		140.	2:44.86	294	2:45.18	100%	
	, 2013 (11 ),						1
400m 100m		141.	6:01.09	262	6:01.11 1:31.64	100%	
200m				-	3:12.02	-	

	, 2010 (14 ),					
100m				-	55.90	<del>-</del>
400m			4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
	, 2010 (14    ),					
400m	, (		4:58.53	359	4:56.47	99%
100m			4.50.55	-	1:07.50	9976
		20	2.20.60			4040/
200m	2011 (12	38.	2:28.69	400	2:31.87	104%
	, 2011 (13    ),					
400m		149.	6:42.44	189	6:35.00	96%
100m				-	1:28.00	-
200m				-	3:10.00	-
	, 2013 (11 ),					
400	, 2013 (11 ),					
100m				-	1:12.50	-
400m				-	5:34.00	-
200m		156.	3:08.02	198	3:03.00	95%
	, 2012 (12    ),					
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:41.00	-
				-		
100m 200m		154.	3:01.61	219	1:27.00 3:01.00	99%
200111	0040 (44	134.	5.01.01	213	3.01.00	
	, 2010 (14     ),					
100m				-	1:04.76	-
400m				-	5:10.89	-
200m		101.	2:38.47	331	2:39.21	101%
	, 2011 (13 ),	-				
400m	, 2011 (10 ),	00	E-26 72	254	E-24 00	
400m		93.	5:26.72	354	5:34.09	105%
100m				-	1:13.52	-
200m				-	2:59.24	-
	, 2011 (13    ),					
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.02	-
400m		88.	5:23.00	367	5:40.00	111%
200m		00.	0.20.00	-	2:48.00	-
200111	2011 (12			_	2.40.00	_
	, 2011 (13 ),					
400m		127.	5:45.02	301	5:38.96	97%
100m				-	1:18.87	-
200m				-	3:06.22	-
	, 2012 (12 ),					
400m	, 2012 (12 ),		5:07.02	330	5:09.00	101%
			3.07.02			10178
100m		140	2.40.00	-	1:15.85	-
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13    ),					
400m		115.	5:35.94	326	5:38.76	102%
100m				-	1:24.51	-
200m				-	2:55.31	-
	, 2012 (12 ),					
400~	, ( ! _ /,	110	E-36 30	225	E-20 00	069/
400m		116.	5:36.39	325	5:30.00	96%
100m				-	1:26.50	-
200m				-	2:55.00	-
	, 2011 (13 ),					
100m	•			-	1:04.70	-
400m				-	5:12.00	-
	, 2010 (14 ),					
400	, 2010 (17 ),		4,45.40	44.4	4.47.00	
400m			4:45.43	411	4:47.00	101%
100m				-	1:08.00	<del>-</del> 
200m		41.	2:28.99	398	2:28.00	99%
	, 2011 (13    ),					
400m	,			-	5:16.00	-
100m				-	1:20.50	-
200m		143.	2:46.56	285	2:50.00	104%
	2011 (12 \	. 10.		_50		
	, 2011 (13 ),					
400m		148.	6:35.76	199	6:40.58	102%
100m				-	1:33.00	-
200m				-	3:10.00	-
	, 2011 (13    ),					
100m	, ( - //				1:04.01	
400m			4:51.62	385	4:52.34	100%
		405				
200m		105.	2:38.77	329	2:39.78	101%