	-						
						%	PB
							-
							51
400m	, 2011 (13),	10.	4.50.70	400	4.52.40	101%	3
400m 100m		10. 7.	4:52.72 1:10.91	493 442	4:53.48 1:11.32	101%	
200m		12.	2:34.58	489	2:35.20	101%	
	, 2011 (13),						2
400m		127.	5:04.73	337	5:08.05	102%	
200m	, 2010 (14),	139.	2:44.58	295	2:48.88	105%	:
400m	, 2010 (14),	38.	4:43.04	421	4:46.77	103%	4
100m		4.	1:11.52	461	1:10.23	96%	
200m		18.	2:23.54	445	2:25.50	103%	
	, 2010 (14),						:
400m 100m		143. 13.	5:09.77 1:08.52	321 339	5:03.12 1:09.93	96% 104%	
200m		91.	2:36.69	342	2:40.19	105%	
	, 2010 (14),						
100m	, , , , , , , , , , , , , , , , , , , ,			-	57.36	-	
400m		43.	4:44.69	414	4:59.79	111%	
200m	, 2011 (13),	24.	2:25.51	427	2:31.28	108%	:
400m	, 2011 (13),	100.	5:28.91	347	5:27.33	99%	
100m		18.	1:14.80	395	1:14.81	100%	
200m		54.	2:44.38	407	2:46.39	102%	
	, 2010 (14),						;
400m 100m		76. 12.	4:53.06 1:14.47	379 409	4:56.97 1:14.87	103% 101%	
200m		55.	2:30.38	387	2:34.33	105%	
	, 2010 (14),						
400m		55.	4:47.74	401	4:47.31	100%	
100m		11.	1:07.47	355	1:08.10	102%	
200m	, 2012 (12),	66.	2:32.51	371	2:32.09	99%	:
400m	, 2012 (12),	132.	5:49.98	288	5:44.42	97%	
100m		19.	1:17.92	333	1:21.94	111%	
200m		88.	2:50.40	365	2:59.66	111%	
	, 2010 (14),						
100m 400m		51.	4:47.15	403	58.01 4:50.47	- 102%	
200m		70.	2:32.86	368	2:34.12	102%	
	, 2011 (13),						;
100m	,		1:01.45	546	1:02.34	103%	
400m 200m		3. 10.	4:40.55 2:33.78	560 497	4:42.01	101% 106%	
200111	, 2011 (13),	10.	2.33.76	497	2:38.03	100%	;
400m	, 2011 (13),	7.	4:48.49	515	4:51.80	102%	
100m		5.	1:10.10	458	1:11.90	105%	
200m	0044 (40	4.	2:28.91	548	2:33.50	106%	
400	, 2011 (13),	00	F 00 00	074	5.04.00	1010/	
400m 100m		80. 22.	5:20.92 1:19.31	374 316	5:21.89 1:19.46	101% 100%	
200m		103.	2:52.47	352	2:51.06	98%	
	, 2010 (14),						
100m					59.01	-	
400m 200m		123. 35.	5:03.75 2:28.24	341 404	4:57.39 2:32.60	96% 106%	
200111	, 2011 (13),	35.	2.20.24	404	2.32.00	100%	:
100m	, 2011 (10),			-	1:09.62	-	
400m		78.	5:20.52	375	5:21.68	101%	
200m	0044 (40	84.	2:49.95	368	2:52.65	103%	
400	, 2011 (13),	40	4,45.54	440	4.40.00	1000/	
400m 100m		46. 7.	4:45.51 1:12.94	410 435	4:49.60 1:13.73	103% 102%	
200m		44.	2:29.38	395	2:32.11	104%	
	, 2011 (13),						
400m		99.	5:28.41	349	5:24.80	98%	
100m 200m		18. 82	1:25.08 2:49.57	393 371	1:27.21 2:47.65	105% 98%	
200111		82.	2:49.57	3/ 1	2:47.65	98%	

							-
	0040744						_
	, 2010 (14),						2
400m		31.	4:41.45	428	4:40.73	99%	
100m		4.	1:01.60	482	1:02.37	103%	
200m	2010 (11	8.	2:19.37	486	2:21.20	103%	_
	, 2010 (14),						2
400m		86.	4:54.90	372	4:51.47	98%	
100m		10.	1:04.10	428	1:05.79	105%	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14),						3
400m		40.	4:43.35	420	4:47.34	103%	
100m		3.	1:01.17	493	1:02.00	103%	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m		4.	1:17.77	515	1:17.17	98%	
200m		16.	2:35.47	481	2:35.78	100%	
	, 2011 (13),						1
100m				-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m		100.	2:52.14	354	2:53.06	101%	
	, 2010 (14),					3	3
400m		130.	5:05.78	334	5:11.54	104%	
100m		15.	1:16.09	383	1:18.86	107%	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),					3	3
400m		68.	5:17.34	387	5:21.70	103%	
100m		8.	1:09.88	484	1:09.93	100%	
200m		35.	2:40.43	438	2:41.48	101%	
						19	Э
	, 2012 (12),					2	2
100m	, == (=),			-	1:11.43	<u>-</u>	_
400m		50.	5:10.60	412	5:16.95	104%	
200m		85.	2:50.17	367	2:51.60	102%	
	, 2010 (14),						_
100m	, =0.0 (),			_	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						_
400m	, 2012 (12),	66.	5:17.24	387	5:12.74	97%	
100m		7.	1:20.62	462	1:20.48	100%	
200m		41.	2:41.42	430	2:37.03	95%	
	, 2010 (14),						_
100m	, 2010 (11),			_	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
100111	, 2010 (14),	70.	1.00.20	0.0	1.00.10		1
400m	, 2010 (11),	62.	4:50.91	388	4:39.55	92%	•
100m		16.	1:16.57	376	1:16.99	101%	
200m		48.	2:30.05	390	2:27.07	96%	
200	, 2011 (13),		2.00.00	333	2.2		2
400	, 2011 (13),	7.4	E-40 44	270	E-20 26		-
400m 100m		74. 14.	5:19.44 1:13.81	379 392	5:20.36 1:13.26	101% 99%	
200m		57.	2:45.29	400	2:46.21	101%	
200111	, 2010 (14),	57.	2.40.20	400	2.40.21		1
400:	, 2010 (17),	66	4.54.07	200	4.40.00		•
400m 100m		66. 22.	4:51.27 1:08.81	386 346	4:49.08 1:07.68	99% 97%	
200m		22. 51.	2:30.31	346 387	2:30.54	100%	
200111	, 2012 (12),	٥١.	2.30.31	301	2.30.34		2
100~	, 2012 (12),				1.00 16		-
100m 400m		47.	5:09.90	- 415	1:08.16 5:21.42	- 108%	
		41.	J.U3.3U	410	J.41.44	108%	
						10270	
200m	2012 (12 \	63.	2:45.70	397	2:47.40		1
200m	, 2012 (12),			397	2:47.40	1	1
200m 100m	, 2012 (12),	63.	2:45.70	397	2:47.40 1:08.40	1	1
200m 100m 400m	, 2012 (12),	63. 62.	2:45.70 5:14.32	397 - 398	2:47.40 1:08.40 5:15.16	1 - 101%	1
200m 100m		63.	2:45.70	397	2:47.40 1:08.40	1	1
200m 100m 400m 200m	, 2012 (12), , 2010 (14),	63. 62.	2:45.70 5:14.32	397 - 398 360	2:47.40 1:08.40 5:15.16 2:51.08	101% 100%	1
200m 100m 400m 200m		63. 62. 93.	2:45.70 5:14.32 2:51.16	397 - 398 360	2:47.40 1:08.40 5:15.16 2:51.08	101% 100%	1
200m 100m 400m 200m 100m 400m		63. 62. 93.	2:45.70 5:14.32 2:51.16 4:58.39	397 - 398 360 - 359	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25	- 101% 100% - 93%	1
200m 100m 400m 200m	, 2010 (14),	63. 62. 93.	2:45.70 5:14.32 2:51.16	397 - 398 360	2:47.40 1:08.40 5:15.16 2:51.08	- 101% 100% - 93% 98%	-
200m 100m 400m 200m 100m 400m 200m		63. 62. 93. 97. 72.	2:45.70 5:14.32 2:51.16 4:58.39 2:33.47	397 - 398 360 - 359 364	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	101% 100% 100% - 93% 98%	1 - 2
200m 100m 400m 200m 100m 400m 200m	, 2010 (14),	63. 62. 93. 97. 72.	2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81	397 - 398 360 - 359 364 459	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	101% 100% 100% - 93% 98% 2	-
200m 100m 400m 200m 100m 400m 200m 400m 100m	, 2010 (14),	63. 62. 93. 97. 72. 21. 18.	2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47	397 - 398 360 - 359 364 459 339	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	101% 100% 100% - 93% 98% 2	-
200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	63. 62. 93. 97. 72.	2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81	397 - 398 360 - 359 364 459	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	101% 100% 100% - 93% 98% 2	-
200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14),	63. 62. 93. 97. 72. 21. 18. 39.	2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	397 - 398 360 - 359 364 459 339 433	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	101% 100% 100% - 93% 98% 100% 93% 101%	-
200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 400m 400m 4	, 2010 (14), , 2011 (13),	63. 62. 93. 97. 72. 21. 18. 39.	2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06 5:20.16	397 - 398 360 - 359 364 - 459 339 433	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	101% 100% 100% - 93% 98% 100% 93% 101%	-
200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2011 (13),	63. 62. 93. 97. 72. 21. 18. 39.	2:45.70 5:14.32 2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	397 - 398 360 - 359 364 459 339 433	2:47.40 1:08.40 5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	101% 100% 100% - 93% 98% 100% 93% 101%	-

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	2040 (44						
400m	, 2010 (14),	68.	4:52.04	383	4:51.04	99%	-
100m		16.	1:05.96	393	1:05.26	98%	
200m		36.	2:28.34	403	2:28.00	100%	
200111	, 2010 (14),	30.	2.20.04	403	2.20.00		2
400m	, 2010 (11),	18.	4:35.80	455	4:36.00	100%	_
100m		10.	1:07.33	357	1:07.50	101%	
200m		40.	2:28.96	398	2:28.50	99%	
200111	, 2012 (12),	40.	2.20.30	330	2.20.30		2
400m	, 2012 (12),	97.	5:27.25	353	5:28.72	101%	_
100m		25.	1:21.42	292	1:20.44	98%	
200m		101.	2:52.23	354	2:52.24	100%	
200111	, 2011 (13),	101.	2.02.20	00 1	2.02.21		1
400	, 2011 (13),	00	5.40.47	200	5.40.00		'
400m 100m		63. 12.	5:16.47 1:12.00	390 443	5:12.90 1:11.34	98% 98%	
200m		51.	2:43.41	414	2:44.44	101%	
200111	, 2010 (14),	01.	2.40.41	717	2.77.77	10170	_
100m	, 2010 (14),			-	59.24	-	
400m		17.	4:35.12	459	4:31.41	97%	
200m		86.	2:36.14	346	2:33.34	96%	
200111	, 2010 (14),	00.	2.00.11	0.10	2.00.01		1
400	, 2010 (14),	75	4.52.02	200	4.50.50		'
400m 100m		75. 10.	4:53.03 1:13.93	380 418	4:50.50 1:16.20	98% 106%	
200m		46.	2:29.60	393	2:29.00	99%	
200111	, 2010 (14),	40.	2.23.00	333	2.23.00	9976	_
400m	, 2010 (14),	14.	4:32.52	472	4:32.06	100%	-
100m		2.	1:00.52	509	1:00.00	98%	
200m		2. 7.	2:18.80	492	2:17.73	98%	
200111	, 2011 (13),		2.10.00	402	2.17.70		2
400	, 2011 (13),	89.	E-00 67	264	F:10 00	97%	_
400m 100m		69. 17.	5:23.67 1:16.44	364 353	5:19.00 1:16.50	100%	
200m		81.	2:49.37	372	2:50.15	101%	
200111		01.	2.43.51	312	2.50.15	10176	
						1	8
	2011 (12						U
400	, 2011 (13),				4.04.00		-
100m		4.47	E.40.00	-	1:01.00	-	
400m 200m		147. 108.	5:12.93 2:39.54	312 324	5:12.00 2:38.50	99% 99%	
200111	2012 (12	100.	2.33.34	324	2.30.30	9976	
400	, 2012 (12),						-
100m		90.	5:24.46	-	1:10.00	95%	
400m 200m		90. 131.	3:01.35	362 303	5:17.00 2:52.00	90%	
200111	, 2010 (14),	131.	3.01.33	303	2.32.00		1
100m	, 2010 (14),				1:01 00		'
100m		26	4.42.02	406	1:01.00	4040/	
400m 200m		36. 57.	4:42.02 2:30.56	426 386	4:43.00 2:30.00	101% 99%	
200111	, 2012 (12),	<i>01</i> .	2.00.00	300	2.50.00		1
400	, 2012 (12),				4.05.00		1
100m 400m		144.	5:10.95	318	1:05.00 5:03.00	- 95%	
200m		132.	2:43.49	301	2:45.00	102%	
200111	, 2012 (12),	132.	2.45.45	301	2.43.00		1
400m	, 2012 (12),	65.	E-17 11	388	F:06 00	93%	•
		10.	5:17.11 1:12.83	408	5:06.00 1:12.90	100%	
100m 200m		82.	2:49.57	371	2:46.00	96%	
200111	, 2011 (13),	02.	2. 10.07	0/ /	2.10.00	3070	
100	, 2011 (13),				1.00.00		-
100m		77	5.00.00	-	1:09.00	-	
400m 200m		77. 104.	5:20.22 2:52.67	376 351	5:17.90 2:49.60	99% 96%	
200111	2012 (12	104.	2.52.07	331	2.43.00	9070	
400	, 2012 (12),	404	5.04.00	0.40	5.47.00	000/	-
400m 100m		104. 29.	5:31.09	340 232	5:17.90 1:21.99	92% 87%	
200m		96.	1:27.91 2:51.56	358	2:49.60	98%	
200111	, 2010 (14),	30.	2.51.50	330	2.43.00		3
400m	, 2010 (14),	89.	4:55.23	371	4:56.38	101%	J
100m		9.	1:13.28	429	1:13.64	101%	
200m		27.	2:26.65	417	2:27.94	102%	
200111	, 2011 (13),	۷1.	2.23.00	717	2.21.07		1
100~	, 2011 (13),				1:05 FO	-	•
100m 400m		41.	5:07.47	- 425	1:05.50 5:15.00	105%	
200m		76.	2:47.81	382	2:46.00	98%	
200111	, 2010 (14),	70.	2.77.01	502	2. 70.00	3070	_
100m	, 2010 (14),			_	59.95	-	_
400m		131.	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	
_00111		.20.		0.0		5576	

	, 2010 (14),					
400m	, 2010 (14),	146.	5:11.13	317	5:04.00	95%
100m		23.	1:18.22	352	1:15.00	92%
200m		79.	2:34.76	355	2:33.00	98%
200	, 2011 (13),		2.0 0	555	2.00.00	-
100m	, == : (: = -),			_	1:05.00	-
400m		43.	5:08.38	421	4:55.00	92%
200m		102.	2:52.35	353	2:47.00	94%
	, 2010 (14),					1
400m	, (, , , , , , , , , , , , , , , , , ,	105.	4:59.61	355	4:58.00	99%
100m		30.	1:21.50	312	1:18.00	92%
200m		81.	2:34.91	354	2:38.35	104%
	, 2012 (12),					1
400m		103.	5:30.30	343	5:26.00	97%
100m		32.	1:19.01	335	1:18.50	99%
200m	0040 (44	86.	2:50.18	367	2:54.00	105%
	, 2010 (14),					-
100m				-	1:00.00	-
400m		64.	4:51.10	387	4:44.22	95%
200m	2044 (42	78.	2:34.27	358	2:30.55	95%
400	, 2011 (13),		. =		. =	-
400m		96. 17.	4:58.10	360 306	4:58.00	100% 98%
100m 200m		17.	1:10.87 2:42.29	308	1:10.00 2:38.60	96%
200111	, 2012 (12),	121.	2.72.23	300	2.00.00	1
400m	, 2012 (12),	140.	5:56.43	273	6:00.00	102%
100m		42.	1:23.83	280	1:22.00	96%
200m		148.	3:23.13	215	3:14.00	91%
	, 2010 (14),					2
400m	, == := (:: /,	19.	4:35.84	455	4:41.90	104%
100m		4.	1:05.51	387	1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					1
400m		72.	5:18.21	384	5:06.76	93%
100m		3.	1:17.53	520	1:16.54	97%
200m		17.	2:35.71	479	2:36.17	101%
	, 2011 (13),					-
400m		79.	4:53.46	378	4:53.00	100%
100m		31.	1:13.64	282	1:09.00	88%
200m	0040 (40	138.	2:44.35	296	2:42.00	97%
	, 2012 (12),					1
400m 100m		126. 23.	5:44.55 1:28.22	302 353	5:40.00 1:25.00	97% 93%
200m		23. 119.	2:56.27	330	2:58.00	102%
200111	, 2012 (12),	113.	2.50.21	550	2.30.00	2
400m	, 2012 (12),	92.	5:25.53	358	5:31.00	103%
100m		30.	1:17.98	348	1:17.50	99%
200m		97.	2:51.90	356	2:57.00	106%
	, 2012 (12),					3
400m	, , , , , , , , , , , , , , , , , , , ,	137.	5:53.39	280	6:09.00	109%
100m		29.	1:32.65	304	1:35.00	105%
200m		128.	3:00.38	308	3:03.74	104%
	, 2010 (14),					-
400m		133.	5:05.92	333	4:52.00	91%
100m		24.	1:15.84	250 254	1:10.00	85%
200m	2042 (42	151.	2:53.07	254	2:45.00	91%
400-	, 2012 (12),				1.05.00	2
100m 400m		18.	4:58.44	- 465	1:05.00 5:05.50	- 105%
200m		16. 29.	2:39.91	465 442	2:40.14	100%
200111	, 2010 (14),	۷3.	2.00.01	774	∠.7∪. 17	10070
400m	, 2010 (17),	156.	5:25.52	277	5:20.00	97%
100m		29.	1:12.22	299	1:09.00	91%
200m		146.	2:47.48	280	2:41.00	92%
	, 2011 (13),					1
400m		86.	5:21.67	371	5:14.45	96%
100m		14.	1:23.86	411	1:23.21	98%
200m		46.	2:43.02	417	2:43.34	100%
	, 2011 (13),					-
400m		135.	5:52.65	282	5:25.00	85%
100m		21.	1:27.47	362	1:23.00	90%
200m	0044 (40	114.	2:54.33	341	2:50.00	95%
400	, 2011 (13),		F 10.0-		F 00 00	2
400m		128.	5:46.63	297	5:30.00	91%
100m 200m		26. 106.	1:16.59 2:52.99	368 349	1:17.00 2:53.00	101% 100%
200111		100.	2.02.33	U -1 U	2.00.00	10070

400	, 2010 (14),				50.70		-
100m 400m		92.	4:56.39	367	58.79 4:50.00	96%	
200m		85.	2:35.94	347	2:35.29	99%	
	, 2011 (13),						3
400m		55.	5:11.97	407	5:19.78	105%	
100m		8.	1:11.21	437	1:11.45	101%	
200m	, 2012 (12),	24.	2:38.13	457	2:41.12	104%	_
400m	, 2012 (12),	58.	5:13.29	402	5:10.00	98%	-
100m		29.	1:17.76	351	1:16.00	96%	
200m		108.	2:53.32	347	2:50.00	96%	
	, 2013 (11),						2
400m		145.	6:18.95	227	6:02.00	91%	
100m 200m		22. 139.	1:27.71 3:07.24	359 275	1:29.00 3:10.00	103% 103%	
200111	, 2010 (14),	139.	3.07.24	2/5	3.10.00	103%	_
400m	, 2010 (14),	118.	5:02.37	345	4:56.00	96%	
100m		25.	1:10.17	326	1:08.00	94%	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						1
400m		22.	5:00.79	454	4:55.76	97%	
100m 200m		6. 11.	1:10.28 2:33.98	454 495	1:10.23 2:35.69	100% 102%	
200111	, 2013 (11),	11.	2.33.90	495	2.33.09		3
400m	, 2010 (11),	101.	5:29.00	347	5:30.00	101%	•
100m		15.	1:15.27	370	1:17.00	105%	
200m		94.	2:51.18	360	2:53.00	102%	
	, 2012 (12),						1
400m		94.	4:56.78	365 454	5:00.00	102%	
100m 200m		5. 61.	1:12.07 2:31.15	451 381	1:10.50 2:26.50	96% 94%	
200111	, 2011 (13),	01.	2.01.10	301	2.20.00		1
100m	, 2011 (10),			-	1:08.00	=	
400m		70.	5:18.02	384	5:24.00	104%	
200m		75.	2:47.79	383	2:47.00	99%	
	, 2013 (11),						3
400m		122.	5:42.96	306	5:43.00	100%	
100m 200m		24. 113.	1:28.37 2:54.20	351 342	1:28.79 2:59.00	101% 106%	
	, 2013 (11),						2
100m	, == := (:: /,			-	1:08.00	-	
400m		94.	5:26.73	354	5:35.00	105%	
200m	0040 (40	78.	2:48.29	379	2:53.00	106%	
400	, 2012 (12),	100	E-22 24	227	F-26 00		1
400m 100m		109. 27.	5:32.34 1:23.90	337 267	5:36.00 1:22.50	102% 97%	
200m		135.	3:02.68	296	2:58.00	95%	
	, 2011 (13),						-
400m		128.	5:04.94	337	4:55.00	94%	
100m		30.	1:12.83	292	1:09.00	90%	
200m	2010 (14	121.	2:41.65	311	2:35.00	92%	2
400m	, 2010 (14),	88.	4:54.94	372	5:00.00	103%	3
100m		13.	1:04.27	425	1:05.50	104%	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						1
100m				-	1:05.90	-	
400m 200m		61. 49.	5:14.16 2:43.23	399 416	5:14.00	100% 103%	
200111	, 2012 (12),	43.	2.43.23	410	2:46.00		1
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	•
100m		2.	1:16.72	537	1:15.60	97%	
200m		6.	2:31.56	519	2:34.33	104%	_
	, 2010 (14),						2
400m		151.	5:17.63	298	5:20.00	101%	
100m 200m		21. 126.	1:12.54 2:42.08	285 309	1:11.00 2:44.00	96% 102%	
_001		120.	12.00	000		102/0	
						3	31
	, 2010 (14),						2
100m	, (/)			-	55.22	-	-
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

, 29. - 31.5.2024

	, 2011 (13),					1
400m		83.	5:21.23	373	5:12.00	94%
100m 200m		12. 55.	1:23.59 2:44.75	415 404	1:22.72 2:47.38	98% 103%
200111	, 2012 (12),	55.	2.44.10	404	2.47.00	1
400m	, == (:=),	52.	5:11.42	409	5:11.20	100%
100m		21.	1:18.74	323	1:19.71	102%
200m		66.	2:46.30	393	2:45.10	99%
400	, 2010 (14),					2
400m		21.	4:38.39 1:17.52	443	4:43.78	104%
100m 200m		19. 31.	2:27.12	362 413	1:15.65 2:27.24	95% 100%
	, 2011 (13),					2
400m	, - (- ,,	107.	5:00.11	353	5:02.18	101%
100m		37.	1:14.86	269	1:14.97	100%
200m	2044 (42	136.	2:44.26	297	2:38.82	93%
100m	, 2011 (13),			_	1.05.00	1
400m		56.	5:13.06	403	1:05.00 5:10.00	98%
200m		67.	2:46.32	393	2:48.00	102%
	, 2010 (14),					2
400m		3.	4:17.49	560	4:10.30	94%
100m		5.	1:01.83	477	1:02.52	102%
200m	, 2010 (14),	10.	2:20.18	478	2:22.10	103%
100m	, 2010 (14),			_	1:04.00	_
400m		65.	4:51.20	387	4:53.44	102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					2
400m		1.	4:08.68	621	4:09.73	101%
100m 200m		1. 1.	1:05.55 2:07.95	599 629	1:05.00 2:13.50	98% 109%
200111	, 2012 (12),	1.	2.07.93	029	2.13.30	109%
400m	, 2012 (12),	59.	5:13.52	401	5:10.78	98%
100m		16.	1:14.41	401	1:14.00	99%
200m		59.	2:45.50	399	2:47.46	102%
	, 2011 (13),					-
400m		138. 32.	5:06.74	331	5:02.39	97%
100m 200m		32. 122.	1:13.68 2:41.73	282 311	1:13.50 2:40.24	100% 98%
	, 2011 (13),					2
100m	, == : (:= /,			-	1:11.46	-
400m		32.	5:04.87	436	5:12.37	105%
200m	2044 (42	90.	2:51.00	361	2:52.37	102%
400m	, 2011 (13),	11.	4:53.33	490	1.EE E7	3 102%
100m		3.	1:09.99	490 460	4:55.57 1:12.97	102%
200m		7.	2:32.60	509	2:33.78	102%
	, 2011 (13),					3
400m		53.	5:11.69	408	5:24.16	108%
100m		19.	1:14.91	393	1:15.63	102%
200m	, 2010 (14),	42.	2:41.71	427	2:45.16	104% 1
400m	, 2010 (14),	80.	4:53.47	378	4:53.24	100%
100m		14.	1:08.76	335	1:09.17	101%
	, 2010 (14),					2
100m				-	1:02.18	-
400m		61.	4:50.80	388	5:00.24	107%
200m	, 2011 (13),	93.	2:37.15	339	2:41.49	106%
400m	, 2011 (13),	106.	5:31.72	339	5:18.20	- 92%
100m		16.	1:15.75	363	1:15.73	100%
200m		68.	2:46.53	391	2:40.40	93%
	, 2010 (14),					1
100m				-	1:00.20	-
400m		37.	4:42.97	422 379	4:46.76	103%
200m	, 2011 (13),	63.	2:31.60	378	2:29.33	97% 1
100m	, 2011 (10),			_	1:05.89	
400m		64.	5:17.06	388	5:20.16	102%
200m		105.	2:52.88	350	2:51.94	99%
	, 2011 (13),					2
400m		48.	5:10.11	414	5:12.44	102%
100m 200m		24. 53.	1:16.16 2:44.12	374 409	1:15.06 2:46.53	97% 103%
_00111		55.		100		100/0
						200

	, 2011 (13),							2
400m		82.	4:53.81	377	4:51.26		98%	
100m		11.	1:04.14	427	1:04.54		101%	
200m	, 2010 (14),	74.	2:33.83	361	2:35.86		103%	1
400m	, 2010 (14),	12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m		9.	1:03.92	432	1:04.92	29.03.2024	103%	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							3
400m		4.	4:18.37	554	4:21.07	25.04.2024	102%	
100m 200m		6. 11.	1:01.99 2:20.34	473 476	1:02.09 2:21.29	26.04.2024 24.04.2024	100% 101%	
200111	, 2012 (12),	11.	2.20.54	470	2.21.23	24.04.2024	10170	2
100m	, 2012 (12),			-	1:12.87		-	_
400m		134.	5:52.45	282	6:02.18		106%	
200m		133.	3:02.37	298	3:03.57		101%	
	, 2010 (14),							-
100m		_		-	56.54	26.04.2024	-	
400m 200m		8. 6.	4:28.25 2:17.60	495 505	4:22.37 2:16.72	25.04.2024 24.04.2024	96% 99%	
200111	, 2010 (14),	O.	2.17.00	303	2.10.72	24.04.2024	3370	1
100m	, 2010 (14),			-	1:01.04		_	
400m		100.	4:58.66	358	4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m				-	1:11.63		-	
400m 200m		119. 132.	5:39.67 3:01.38	315 303	5:41.67 2:57.97		101% 96%	
200111	, 2011 (13),	102.	0.01.00	303	2.07.07		3070	1
100m	, 2011 (10),			-	1:07.27		_	
400m		69.	5:17.47	386	5:16.74		100%	
200m		71.	2:46.80	389	2:48.80		102%	
	, 2010 (14),							1
400m		70.	4:52.05	383	4:50.62		99%	
100m 200m		12. 103.	1:04.23 2:38.60	426 330	1:04.31 2:36.18		100% 97%	
200111	, 2011 (13),	100.	2.00.00	330	2.50.10		31 70	1
400m	, == (),	39.	5:06.09	431	5:03.05		98%	•
100m		5.	1:09.39	494	1:09.13		99%	
200m		30.	2:40.06	441	2:42.47		103%	
	, 2011 (13),							1
400m 100m		75. 23.	5:19.74 1:19.35	378 316	5:25.39 1:15.43	24.04.2024 26.04.2024	104% 90%	
200m		62.	2:45.65	398	2:44.59	22.06.2023	99%	
	, 2010 (14),							2
100m	·			-	1:02.92	26.04.2024	-	
400m		126.	5:04.59	338	5:07.80	25.04.2024	102%	
200m	2011 (12	87.	2:36.19	345	2:40.35	24.04.2024	105%	3
400m	, 2011 (13),	58.	4:48.95	396	1:EE GE	25.04.2024	105%	3
100m		25.	1:19.42	337	4:55.65 1:20.23	26.04.2024	102%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m				-	1:03.95	26.04.2024	-	
400m	2044 (42	95.	4:56.87	365	4:53.13	25.04.2024	97%	0
400	, 2011 (13),	67.	E.47.00	207	F:10.70		97%	2
400m 100m		67. 14.	5:17.33 1:12.78	387 428	5:12.70 1:13.24		101%	
200m		40.	2:41.16	432	2:41.91		101%	
	, 2010 (14),							1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%	
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%	
400	, 2011 (13),		5.40.55	400	5 0 5 0.		0001	1
400m		57.	5:13.27	402	5:07.61		96%	
100m 200m		6. 34.	1:20.37 2:40.38	467 438	1:18.86 2:43.95		96% 105%	
- 	, 2010 (14),	- ··						2
100m	, (/)			-	1:06.23	26.04.2024	-	_
400m		41.	4:43.61	419	4:46.97	25.04.2024	102%	
200m	2010 (44	114.	2:40.71	317	2:48.11		109%	0
400m	, 2010 (14),	99.	4:58.54	359	4:56.78		99%	2
100m		99. 16.	1:10.03	317	1:12.94		108%	
200m		89.	2:36.50	343	2:39.46		104%	

	, 2011 (13),							3
400m 100m		120. 28.	5:02.84 1:20.18	344 327	5:06.52 1:20.24		102% 100%	
200m		97.	2:37.63	336	2:41.51		105%	
200	, 2011 (13),	0		555	2		.0070	-
400m		60.	5:13.71	400	5:11.05		98%	
100m		13.	1:13.77	393	1:11.42		94%	
200m	2044 (42	68.	2:46.53	391	2:44.78		98%	4
100m	, 2011 (13),			_	1:00.75	26.04.2024	_	1
400m		102.	4:58.95	357	4:55.91	25.04.2024	98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m 100m		50. 2.	4:47.03 1:08.68	404 521	4:45.58 1:07.57		99% 97%	
200m		19.	2:23.66	444	2:23.78		100%	
	, 2010 (14),							-
100m				-	1:02.09		-	
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
200111	, 2012 (12),	95.	2.37.40	331	2.33.73		90%	_
100m	, 2012 (12),			-	1:06.45		-	_
400m		73.	5:18.55	382	5:15.39		98%	
200m	0044 (40	90.	2:51.00	361	2:50.71		100%	
400	, 2011 (13),			_	1.00.00		_	1
100m 400m		91.	4:55.75	369	1:00.60 4:52.60		98%	
200m		115.	2:40.90	316	2:44.00		104%	
	, 2011 (13),							2
100m			4.50.44	-	1:05.45	26.04.2024	-	
400m 200m		9. 44.	4:52.11 2:42.25	496 423	4:58.56 2:44.93	24.04.2024 25.04.2024	104% 103%	
200111	, 2012 (12),		2.42.20	120	2.11.00	20.0 1.202 1	10070	-
400m	, , , , , , , , , , , , , , , , , , , ,	155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m		35.	1:25.95	266	1:22.81	26.04.2024	93%	
200m	, 2010 (14),	147.	2:47.94	278	2:47.64	24.04.2024	100%	2
400m	, 2010 (14),	137.	5:06.69	331	5:15.13	25.04.2024	106%	_
100m		22.	1:18.08	354	1:20.61	28.03.2024	107%	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
400	, 2011 (13),	440	5.05.00	000	5.04.00		0.407	1
400m 100m		113. 10.	5:35.23 1:23.08	328 422	5:24.88 1:21.65		94% 97%	
200m		79.	2:48.69	376	2:52.72		105%	
	, 2010 (14),							3
400m		33.	4:41.84	427	4:48.82		105%	
100m 200m		17. 29.	1:16.67 2:26.83	374 416	1:17.47 2:32.09		102% 107%	
	, 2010 (14),							2
400m	, (60.	4:50.43	390	4:52.60		101%	
100m		15.	1:04.96	411	1:12.58		125%	
200m	, 2012 (12),	69.	2:32.69	370	2:27.60		93%	2
100m	, 2012 (12),			-	1:04.40	28.03.2024	-	_
400m		57.	4:48.75	397	4:55.47	25.04.2024	105%	
200m	0040 (4.4	102.	2:38.56	330	2:41.13	24.04.2024	103%	_
400	, 2010 (14),	9.	4.00.07	494	4:26.36		99%	2
400m 100m		9. 1.	4:28.37 1:00.59	494	1:01.56		103%	
200m		3.	2:15.53	529	2:16.53		101%	
	, 2011 (13),							2
400m 100m		85. 2.	5:21.42 1:09.92	372 461	5:19.67 1:12.01		99% 106%	
200m		22.	2:37.58	462	2:38.51		100%	
	, 2010 (14),							1
400m		54.	4:47.64	401	4:47.50		100%	
100m 200m		6. 22.	1:12.77 2:25.16	438 430	1:12.80 2:22.60		100% 97%	
200111	, 2011 (13),	22.	2.20.10	400	۷۵.۷۲		3170	1
400m	, 2011 (10),	87.	5:22.95	367	5:22.80		100%	'
100m		3.	1:07.84	529	1:06.89		97%	
200m	2012 (12	28.	2:39.45	446	2:41.50		103%	
100m	, 2012 (12),		1:04.06	482	1:03.95	26.04.2024	100%	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m		52.	2:43.63	413	2:42.67		99%	

	0040 (40							•
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	3
100m		41.	1:22.62	293	1:24.14	24.04.2024	104%	
200m		137.	3:03.86	291	3:10.66	25.04.2024	108%	
	, 2011 (13),							1
100m				.	1:06.87		-	
400m		49.	5:10.15	414	5:17.13		105%	
200m	, 2011 (13),	47.	2:43.13	416	2:41.97		99%	2
100m	, 2011 (13),			-	1:04.58		-	_
400m		109.	5:00.25	353	5:01.18	25.04.2024	101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							1
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m		20. 95.	1:15.08 2:51.42	390 359	1:12.56 2:53.69		93% 103%	
200111	, 2011 (13),	33.	2.51.42	303	2.55.05		10370	_
400m	, 2011 (10),	153.	5:22.37	285	5:13.38		95%	
100m		36.	1:29.08	238	1:28.91		100%	
200m		149.	2:49.23	271	2:44.49		94%	
	, 2011 (13),							2
400m 100m		24. 10.	5:01.70 1:10.48	450 472	5:03.35 1:07.74		101% 92%	
200m		27.	2:39.03	449	2:39.68		101%	
200	, 2012 (12),				2.00.00		.0.70	1
400m	, , , , , , , , , , , , , , , , , , , ,	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m		35.	1:20.09	321	1:21.59	26.04.2024	104%	
200m	0040 (44	141.	3:08.18	271	3:02.87	25.04.2024	94%	
400	, 2010 (14),				54.40			1
100m 400m		2.	4:15.42	- 573	54.12 4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
	, 2010 (14),							1
400m		42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m		3.	1:09.91	494	1:09.79	26.04.2024	100%	
200m	2012 (11	13.	2:21.78	462	2:23.12	24.04.2024	102%	2
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	2
100m		31.	1:37.57	261	1:34.94		95%	
200m		120.	2:56.42	329	2:56.62		100%	
	, 2011 (13),							3
400m		105.	5:31.45	339	5:32.47		101%	
100m		16.	1:24.73	398	1:25.17		101%	
200m	, 2012 (12),	98.	2:52.03	355	2:55.64		104%	1
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	•
100m		40.	1:22.43	295	1:22.25	26.04.2024	100%	
200m		128.	3:00.38	308	3:05.11	25.04.2024	105%	
	, 2011 (13),							-
400m 100m		71. 16.	5:18.19 1:24.73	384 398	5:14.84 1:22.53	23.11.2023 23.11.2023	98% 95%	
200m		61.	2:45.55	398	2:43.30	25.04.2024	97%	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m		25.	1:16.25	373	1:15.63	26.04.2024	98%	
200m	0040 (40	58.	2:45.49	399	2:45.78	25.04.2024	100%	_
400	, 2012 (12),	20	F-04 F2	420	F:40 00	24.04.2024	4069/	3
400m 100m		28. 11.	5:04.52 1:13.03	438 405	5:12.89 1:13.60	26.04.2024	106% 102%	
200m		65.	2:45.80	397	2:49.88	25.04.2024	105%	
	, 2010 (14),							2
100m				-	1:02.55		-	
400m		52. 84.	4:47.24	403 350	4:49.66		102% 104%	
200m	, 2011 (13),	04.	2:35.53	330	2:38.32		104%	_
100m	, 2011 (10),		1:03.50	495	1:03.13	26.04.2024	99%	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m		32.	2:40.13	440	2:39.16	25.04.2024	99%	
	, 2012 (12),							2
400m		98.	5:28.19	350	5:30.94		102%	
100m 200m		23. 73.	1:15.89 2:47.68	378 383	1:15.24 2:51.65		98% 105%	
200111	, 2012 (12),	۲۵.	2.77.00	303	2.01.00		100/0	1
400m	,	44.	5:08.56	421	5:16.23		105%	•
100m		19.	1:25.58	386	1:22.27		92%	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m	, , , , , , , , , , , , , , , , , , , ,	136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m		115.	2:54.80	338	2:56.19		102%	
	, 2010 (14),							-
100m				-	1:05.38	26.04.2024		
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m	0040 (44	144.	2:46.90	283	2:46.19	24.04.2024	99%	4
400	, 2010 (14),						40=0/	1
400m		27.	4:40.00	435	4:46.52		105%	
100m 200m		14. 28.	1:04.81 2:26.71	414 417	1:04.59 2:24.49		99% 97%	
200111	, 2012 (12),	20.	2.20.71	417	2.24.40		37 70	_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	_
100m		28.	1:31.26	319	1:29.97	19.04.2024	97%	
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13),							2
400m	, , , , , , , , , , , , , , , , , , , ,	111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m		33.	1:19.63	327	1:18.51	26.04.2024	97%	
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%	
	, 2010 (14),							3
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m		33.	1:13.80	280	1:15.19	26.04.2024	104%	
200m	0044 (40	112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m		40	4.54.05	-	1:04.60	26.10.2023	-	
400m 200m		13. 14.	4:54.85 2:34.91	482 486	4:52.83 2:34.71	24.04.2024 22.11.2023	99% 100%	
200111	, 2011 (13),	17.	2.04.01	400	2.04.71	22.11.2020	10070	2
100m	, 2011 (13),			_	1:18.22	24.11.2023	_	_
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
	, 2010 (14),							1
400m		35.	4:41.88	426	4:40.20		99%	
100m		12.	1:08.37	341	1:08.47		100%	
200m	0044 (40	58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							1
400m 100m		73. 18.	4:52.60 1:07.13	381 373	4:50.48		99% 106%	
200m		96.	2:37.44	337	1:08.99 2:35.31		97%	
200111	, 2011 (13),	30.	2.07.44	307	2.00.01		37 70	1
400m	, 2311 (13),	120.	5:40.49	313	5:43.73		102%	•
100m		28.	1:17.61	353	1:17.03		99%	
	, 2010 (14),							2
100m	, (),			-	59.64		-	
400m		29.	4:41.14	430	4:51.18		107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13),							2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m		5.	1:20.27	468	1:19.49	26.04.2024	98%	
200m	0040 (44	23.	2:38.03	458	2:39.45	25.04.2024	102%	_
400	, 2010 (14),	4.45	5 44 00	0.47	5 00 04		050/	2
400m		145. 27.	5:11.00	317	5:02.94		95% 101%	
100m								
200m			1:11.21 2:41 59	312 312	1:11.66 2:42.38			
200m	2012 (12)	120.	2:41.59	312 312	1:11.66 2:42.38		101%	_
	, 2012 (12),	120.	2:41.59	312	2:42.38	25 04 2024	101%	-
400m	, 2012 (12),	120. 114.	2:41.59 5:01.82	312 347	2:42.38 5:00.14	25.04.2024 26.04.2024	101% 99%	-
		120.	2:41.59	312	2:42.38	25.04.2024 26.04.2024	101%	- 2
400m 100m	, 2012 (12), , 2010 (14),	120. 114.	2:41.59 5:01.82	312 347 304	2:42.38 5:00.14 1:20.97	26.04.2024	101% 99% 97%	2
400m		120. 114.	2:41.59 5:01.82	312 347	2:42.38 5:00.14		101% 99%	2
400m 100m	, 2010 (14),	120. 114. 31.	2:41.59 5:01.82 1:22.14	312 347 304	2:42.38 5:00.14 1:20.97 1:04.73	26.04.2024 28.03.2024	101% 99% 97%	2
400m 100m 100m 400m		120. 114. 31. 84.	2:41.59 5:01.82 1:22.14 4:54.55	312 347 304 - 374	2:42.38 5:00.14 1:20.97 1:04.73 4:56.66	26.04.2024 28.03.2024 27.03.2024	101% 99% 97% - 101%	2
400m 100m 100m 400m 200m	, 2010 (14),	120. 114. 31. 84. 103.	2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47	312 347 304 - 374 330 417	2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80	26.04.2024 28.03.2024 27.03.2024	99% 97% - 101% 109%	
400m 100m 100m 400m 200m 400m 100m	, 2010 (14),	120. 114. 31. 84. 103. 46. 9.	2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14	312 347 304 - 374 330 417 479	2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00	26.04.2024 28.03.2024 27.03.2024	99% 97% - 101% 109% - 98% 102%	
400m 100m 100m 400m 200m	, 2010 (14), , 2011 (13),	120. 114. 31. 84. 103.	2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47	312 347 304 - 374 330 417	2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80	26.04.2024 28.03.2024 27.03.2024	99% 97% - 101% 109%	2
400m 100m 100m 400m 200m 400m 100m 200m	, 2010 (14),	120. 114. 31. 84. 103. 46. 9.	2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14	312 347 304 - 374 330 417 479 469	2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00 2:39.70	26.04.2024 28.03.2024 27.03.2024 16.06.2023	99% 97% - 101% 109% - 98% 102% 104%	
400m 100m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	120. 114. 31. 84. 103. 46. 9. 19.	2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14 2:36.77	312 347 304 - 374 330 417 479 469	2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00 2:39.70 55.65	26.04.2024 28.03.2024 27.03.2024 16.06.2023	99% 97% - 101% 109% - 98% 102% 104%	2
400m 100m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	120. 114. 31. 84. 103. 46. 9.	2:41.59 5:01.82 1:22.14 4:54.55 2:38.60 5:09.47 1:10.14	312 347 304 - 374 330 417 479 469	2:42.38 5:00.14 1:20.97 1:04.73 4:56.66 2:45.39 5:05.80 1:11.00 2:39.70	26.04.2024 28.03.2024 27.03.2024 16.06.2023	99% 97% - 101% 109% - 98% 102% 104%	2

	, 2010 (14),							2
400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	
100m		13.	1:14.50	408	1:14.56		100%	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m				-	1:04.13		-	
400m		121.	5:03.26	342	4:53.89		94%	
200m	, 2011 (13),	124.	2:41.80	311	2:42.26		101%	1
400m	, 2011 (13),	134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		26.	1:10.87	317	1:11.34	26.04.2024	101%	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							2
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m		33.	1:41.08	234	1:38.18	26.04.2024	94%	
200m	, 2011 (13),	147.	3:16.00	240	3:46.50	06.12.2023	134%	2
100m	, 2011 (13),			_	1:06.34		_	_
400m		117.	5:02.29	346	5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m				-	1:06.69	07.12.2023	-	
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m	, 2010 (14),	129.	2:42.90	304	2:50.21	24.04.2024	109%	2
400m	, 2010 (14),	23.	4:38.83	441	4:40.20	25.04.2024	101%	_
100m		2.	1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13),					2010 11202 1	.0070	1
100m	, - (- ,,			-	1:00.12		-	
400m		25.	4:39.41	438	4:43.97		103%	
	, 2011 (13),							3
400m		150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m 200m		35. 142.	1:14.67 2:45.74	271 289	1:15.34 2:48.64	26.04.2024 24.04.2024	102% 104%	
200111	, 2010 (14),	142.	2.45.74	203	2.40.04	24.04.2024	10470	1
400m	, 2010 (14),	83.	4:54.17	375	5:11.10	23.11.2023	112%	ı
100m		23.	1:13.32	276	1:10.36	20.11.2020	92%	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m				-	59.62	26.04.2024	-	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m	, 2012 (12),	33.	2:27.57	410	2:27.45	24.04.2024	100%	1
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	ı
100m		24.	1:21.23	294	1:20.12		97%	
200m		109.	2:53.67	345	2:54.00		100%	
	, 2011 (13),							1
100m					1:00.03			
400m		33.	4:41.84	427	4:42.88		101%	
200m	, 2011 (13),	83.	2:35.11	353	2:33.34		98%	2
100m	, 2011 (13),		59.09	614	59.14		100%	_
400m		8.	4:52.02	496	4:49.86		99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							3
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m 200m		37. 112.	1:20.36 2:54.07	318 343	1:21.52 3:01.82	26.04.2024 25.04.2024	103% 109%	
200111	, 2011 (13),	112.	2.54.07	343	3.01.02	23.04.2024	10976	2
400m	, 2011 (10),	1.	4:36.01	588	4:40.15	24.04.2024	103%	_
100m		1.	1:05.39	591	1:05.31	26.04.2024	100%	
200m		5.	2:29.68	539	2:31.57	25.04.2024	103%	
	, 2011 (13),							1
400m		110.	5:00.43	352	5:00.56		100%	
100m		19.	1:11.61 2:39.77	297	1:10.64		97%	
200m	, 2010 (14),	109.	2.33.11	323	2:39.17		99%	2
400m	, 2010 (14),	106.	4:59.83	354	5:03.85		103%	_
100m		28.	1:11.41	310	1:09.98		96%	
200m		92.	2:36.85	341	2:39.94		104%	
	, 2010 (14),							2
100m				-	58.78		-	
400m		13.	4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	

	, 2011 (13),							2
400m		79.	5:20.72	375	5:29.96	27.03.2024	106% 100%	
100m 200m		20. 72.	1:27.42 2:47.57	362 384	1:27.32 2:52.36	26.04.2024 25.04.2024	100%	
200111	, 2011 (13),	72.	2.41.51	304	2.02.00	23.04.2024	10076	_
400m	, == : (:=),	141.	5:08.43	325	5:06.86		99%	
100m		32.	1:23.09	294	1:20.91		95%	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m	2011 (12	23.	1:09.11	342	1:08.42		98%	2
100m	, 2011 (13),			_	1:0E 2E	26.04.2024		2
400m		101.	4:58.80	358	1:05.35 4:59.54	25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m		28.	4:40.52	433	4:43.30		102%	
100m		11.	1:14.40	410	1:13.19		97%	
200m	2011 (12	23.	2:25.38	428	2:22.59		96%	3
400m	, 2011 (13),	124.	5:44.02	303	5:55.78		107%	3
100m		9.	1:22.54	431	1:24.03		107 %	
200m		87.	2:50.38	365	2:57.06		108%	
	, 2012 (12),							2
400m	, , , ,	38.	5:05.99	431	5:00.22		96%	
100m		15.	1:13.80	411	1:13.94		100%	
200m	2042 (44	37.	2:40.97	433	2:41.99		101%	2
400m	, 2013 (11),	96.	5:27.19	353	5:30.42	27.03.2024	102%	2
100m		36.	1:20.33	319	1:17.86	26.04.2024	94%	
200m		116.	2:55.40	335	2:59.30	20.0 1.202 1	104%	
	, 2011 (13),							2
400m		4.	4:40.74	559	4:37.71		98%	
100m		1.	1:03.78	608	1:04.81		103%	
200m	0040 (44	2.	2:27.56	563	2:27.89		100%	
400	, 2010 (14),				4 00 00	00.04.0004		1
100m 400m		159.	5:30.87	263	1:08.86 5:34.76	26.04.2024 25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96	2010 11202 1	79%	
	, 2010 (14),							2
400m		72.	4:52.50	382	4:52.68		100%	
100m		24.	1:18.68	346	1:18.06		98%	
200m	2010 (14	52.	2:30.33	387	2:31.09		101%	4
100m	, 2010 (14),				59.59			1
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							1
100m	, == : (: = -),		59.12	614	59.17	26.04.2024	100%	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	0044 (40	8.	2:33.20	503	2:31.66	25.04.2024	98%	_
400	, 2011 (13),	•	4.00.00	F74	4 40 40	04.04.0004	4040/	3
400m 100m		2. 1.	4:38.68 1:12.09	571 647	4:40.10 1:12.77	24.04.2024 23.11.2023	101% 102%	
200m		1.	2:22.53	624	2:24.20	25.04.2024	102%	
	, 2012 (12),							1
100m	, - (),			-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m	0044 (40	118.	2:55.96	332	2:56.24	25.04.2024	100%	
400	, 2011 (13),		4-00-40	504	4:00.04	05.40.0000	4040/	1
100m 400m		15.	1:02.43 4:55.46	521 479	1:02.61 4:50.73	05.10.2023 24.04.2024	101% 97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
	, 2010 (14),							2
400m	, , , , , , , , , , , , , , , , , , , ,	158.	5:30.09	265	5:30.90	25.04.2024	100%	
100m		34.	1:13.90	279	1:13.92	26.04.2024	100%	
200m	0040 (44	141.	2:45.31	291	2:42.67	24.04.2024	97%	_
400-	, 2010 (14),	05	4.54.00	070	4:40.00		0007	2
400m 100m		85. 3.	4:54.88 1:04.65	372 403	4:48.30 1:05.77		96% 103%	
200m		39.	2:28.77	400	2:30.91		103%	
	, 2011 (13),							2
100m			1:03.74	489	1:03.15		98%	
400m		19.	4:58.75	464	5:01.84		102%	
200m		15.	2:34.95	486	2:36.98		103%	

	, 2011 (13),							3
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m 200m		7. 13.	1:09.66 2:34.85	489 487	1:11.76 2:37.06	26.04.2024 25.04.2024	106% 103%	
200111	, 2011 (13),	13.	2.34.03	407	2.37.00	23.04.2024	10376	2
400m	, 2011 (10),	59.	4:49.29	394	4:55.83		105%	_
100m		9.	1:06.99	362	1:06.88		100%	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m		00	4 44 74	-	1:00.40		-	
400m 200m		32. 106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
	, 2012 (12),							3
400m	, == (:= /,	130.	5:48.45	292	5:49.10	24.04.2024	100%	Ū
100m		27.	1:31.06	321	1:31.39	28.03.2024	101%	
200m	2011 (12	117.	2:55.50	334	3:00.67	25.04.2024	106%	
400	, 2011 (13),				4:40.07			-
100m 400m		163.	5:43.56	- 235	1:10.37 5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							1
400m	, , ,	35.	5:05.10	435	5:02.99		99%	
100m		13.	1:23.67	414	1:22.25		97%	
200m	, 2012 (12),	70.	2:46.69	390	2:47.42		101%	1
100m	, 2012 (12),			_	1:11.00		_	'
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m 200m		20. 122.	1:18.13 2:57.87	331 321	1:15.81 2:57.50	26.04.2024 25.04.2024	94% 100%	
200111	, 2010 (14),	122.	2.07.07	321	2.07.00	20.04.2024	10070	-
400m	, ==== (, , ,,	68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m		26.	1:19.80	332	1:18.29	06.10.2023	96%	
200m	2014 (42	62.	2:31.24	380	2:29.25	24.04.2024	97%	
100	, 2011 (13),	20	4.40.40	227	1.16.04		92%	-
100m 200m		38.	1:19.18	221	1:16.04		92%	
200111	. 2010 (14).	153.	3:00.95	222	2:48.79		87%	_
100m	, 2010 (14),							-
100m 400m	, 2010 (14),	153. 119.	3:00.95 5:02.76	222 - 344	2:48.79 1:01.60 5:02.70		87% - 100%	-
100m		153.	3:00.95	222	2:48.79 1:01.60		87%	-
100m 400m 200m	, 2010 (14), , 2012 (12),	153. 119.	3:00.95 5:02.76	222 - 344	2:48.79 1:01.60 5:02.70 2:35.00		87% - 100%	2
100m 400m 200m		153. 119. 100.	3:00.95 5:02.76 2:38.04	222 - 344 333	2:48.79 1:01.60 5:02.70 2:35.00		87% - 100% 96% -	2
100m 400m 200m	, 2012 (12),	153. 119.	3:00.95 5:02.76	222 - 344	2:48.79 1:01.60 5:02.70 2:35.00		87% - 100%	2
100m 400m 200m 100m 400m		153. 119. 100. 131. 140.	3:00.95 5:02.76 2:38.04 5:49.82	222 - 344 333 - 289	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03		87% - 100% 96% - 107% 104%	2
100m 400m 200m 100m 400m 200m	, 2012 (12),	153. 119. 100. 131. 140. 33.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98	222 - 344 333 - 289 274 436	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60		87% - 100% 96% - 107% 104%	
100m 400m 200m 100m 400m 200m 400m 100m	, 2012 (12),	153. 119. 100. 131. 140. 33. 4.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20	222 344 333 - 289 274 436 499	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20		87% - 100% 96% - 107% 104% 99% 103%	
100m 400m 200m 100m 400m 200m	, 2012 (12), , 2011 (13),	153. 119. 100. 131. 140. 33.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98	222 - 344 333 - 289 274 436	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60		87% - 100% 96% - 107% 104%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2012 (12),	153. 119. 100. 131. 140. 33. 4. 43.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78	222 344 333 289 274 436 499 427	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00	24.04.2024	87%	
100m 400m 200m 100m 400m 200m 400m 100m	, 2012 (12), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20	222 344 333 - 289 274 436 499	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20	24.04.2024 26.04.2024	87%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26	222 344 333 - 289 274 436 499 427 435	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43		87%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	222 344 333 289 274 436 499 427 435 460 451	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% 105%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87	222 344 333 289 274 436 499 427 435 460 451 470	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67	26.04.2024	87% - 100% - 96% - 107% 104% - 99% 103% 100% - 99% 97% 105% - 99%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	222 344 333 289 274 436 499 427 435 460 451	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% 105%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87	222 344 333 289 274 436 499 427 435 460 451 470	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67	26.04.2024	87% - 100% - 96% - 107% 104% - 99% 103% 100% - 99% 97% 105% - 99%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	222 344 333 289 274 436 499 427 435 460 451 470 448	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57	26.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% - 105% 98%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	222 344 333 - 289 274 436 499 427 435 460 451 470 448	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64	26.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% 105%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	222 344 333 - 289 274 436 499 427 435 460 451 470 448	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% 105% 98% - 98% 103%	2
100m 400m 200m 100m 400m 200m 400m 200m 400m 100m 200m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	222 344 333 289 274 436 499 427 435 460 451 470 448	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66	26.04.2024	87%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	222 344 333 - 289 274 436 499 427 435 460 451 470 448	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% 105% 98% - 98% 103%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 400m 100m 400m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	222 344 333 289 274 436 499 427 435 460 451 470 448	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36	26.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% 105% 98% - 98% 103% - 109%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	222 344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	87%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 1:15.52	222 344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387 - 401 381 406 392	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	87%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	222 344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	87%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54. 56. 60. 48. 14. 42.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 1:15.52 2:29.06	222 - 344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387 - 401 381 406 392 397	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 25.04.2024 26.04.2024 24.04.2024	87% - 100% 96% - 107% 104% 99% 103% 100% 99% 97% 105% 98% - 109% 103% 109% 103% 100% 98%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14), , 2011 (13),	153. 119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54.	3:00.95 5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 1:15.52	222 344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387 - 401 381 406 392	2:48.79 1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	87%	2 1 - 1

	, 2011 (13),							2
100m	, 2011 (13),			_	1:06.33		_	_
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m		6.	1:09.45	493	1:08.96		99%	
200m	0040 (44	25.	2:38.14	457	2:34.65		96%	_
400	, 2010 (14),	445	F-04 0F	0.47	F:0F 04		4000/	2
400m 100m		115. 18.	5:01.95 1:17.35	347 365	5:05.04 1:16.06		102% 97%	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m	, == (, , , , , , , , , , , , , , , , ,	26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m		20.	1:07.81	362	1:06.71	26.04.2024	97%	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	_
	, 2012 (12),							2
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m 200m		32. 127.	1:37.73 2:59.75	259 311	1:35.68 3:02.58	26.04.2024 25.04.2024	96% 103%	
200111	, 2010 (14),	121.	2.00.10	311	0.02.00	20.04.2024	10070	2
400m	, 2010 (14),	77.	4:53.13	379	4:56.26		102%	_
100m		6.	1:05.95	380	1:06.63		102%	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							3
400m		117.	5:38.28	319	5:55.38		110%	
100m		38.	1:20.50	317	1:26.26		115%	
200m	2042 (42	134.	3:02.49	297	3:06.71		105%	2
100m	, 2012 (12),			-	1:15.15		-	2
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m		136.	3:03.53	292	3:09.62	25.04.2024	107%	
	, 2010 (14),							2
400m		22.	4:38.72	441	4:46.63		106%	
100m		8.	1:06.42	372	1:06.13		99%	
200m	, 2012 (12),	21.	2:25.04	431	2:29.10		106%	1
400m	, 2012 (12),	142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m		30.	1:35.59	277	1:34.62	28.03.2024	98%	
200m		138.	3:05.03	285	3:04.05	25.04.2024	99%	
	, 2010 (14),							3
400m		93.	4:56.44	367	5:05.89		106%	
100m		15.	1:09.66	322	1:11.00		104%	
200m	, 2010 (14),	73.	2:33.76	362	2:42.86		112%	4
400m	, 2010 (14),	90.	4:55.48	370	1.EE 22	25.04.2024	100%	1
100m		90. 21.	1:08.58	349	4:55.23 1:09.85	26.04.2024	100%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							3
400m	, (143.	6:08.41	247	6:15.63		104%	
100m		28.	1:25.38	253	1:27.90		106%	
200m	0040744	125.	2:58.09	320	3:02.71		105%	
400	, 2010 (14),							1
100m 400m		129.	5:05.00	337	1:07.36 5:03.09	26.04.2024 25.04.2024	- 99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
			- -	-				
								29
	, 2011 (13),							2
400m		11.	4:30.41	483	4:32.58		102%	
100m		8.	1:03.23	446	1:02.61		98%	
200m	2040 (44	34.	2:28.18	404	2:30.35		103%	
400m	, 2010 (14),	71.	4:52.10	383	4:46.20		96%	-
100m		71. 21.	1:17.87	357	1:17.05		98%	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),	•						_
400m	, - (/)	17.	4:58.03	467	4:55.18		98%	
100m		22.	1:15.66	381	1:14.68		97%	
200m	2014 /42	45.	2:42.42	422	2:40.38		98%	
400m	, 2011 (13),	25.	5:02.37	447	4:56.03		96%	-
100m		23. 31.	1:18.36	343	1:14.95		91%	
200m		92.	2:51.03	361	2:47.54		96%	

	, 2012 (12),					2
400m 100m		6. 2.	4:48.04 1:05.87	517 578	4:52.60	103% 107%
200m		2. 20.	2:37.44	463	1:08.29 2:35.61	98%
	, 2010 (14),					1
400m		149.	5:15.19	305	5:07.65	95%
100m		20.	1:17.84	358	1:18.39	101%
200m	, 2011 (13),	107.	2:39.51	324	2:37.36	97%
400m	, 2011 (10),	51.	5:11.10	410	5:03.43	95%
100m		11.	1:23.36	418	1:22.64	98%
200m	, 2012 (12),	48.	2:43.18	416	2:40.55	97%
400m	, 2012 (12),	113.	5:01.32	349	5:03.99	1 102%
100m		22.	1:12.65	284	1:12.38	99%
200m	2012 (12	119.	2:41.52	312	2:41.04	99%
100m	, 2012 (12),			_	1:04.60	- -
400m		135.	5:06.31	332	5:06.16	100%
200m		137.	2:44.31	297	2:40.08	95%
	, 2011 (13),					1
100m 400m		45.	5:08.76	- 420	1:04.92 5:09.05	100%
200m		74.	2:47.76	383	2:46.15	98%
	, 2011 (13),					2
100m		07	F-05 50	-	1:06.09	-
400m 200m		37. 50.	5:05.59 2:43.35	433 415	5:07.54 2:47.50	101% 105%
	, 2010 (14),					2
100m					58.40	-
400m 200m		81. 76.	4:53.49 2:34.04	378 360	5:02.97 2:35.53	107% 102%
200111	, 2011 (13),	70.	2.54.04	300	2.55.55	3
400m	, - (-),	81.	5:21.18	373	5:21.64	100%
100m		21.	1:15.36	386	1:16.52	103%
200m	, 2010 (14),	110.	2:53.74	345	2:53.92	100%
100m	, 2010 (14),			-	1:04.14	-
400m		140.	5:07.62	328	5:03.00	97%
200m	2010 (14	134.	2:44.04	298	2:42.92	99%
400m	, 2010 (14),	47.	4:46.08	408	4:47.50	1 101%
100m		5.	1:05.93	380	1:05.50	99%
200m	2011 (12	71.	2:33.09	367	2:30.70	97%
400m	, 2011 (13),	34.	5:05.09	435	5:00.47	- 97%
100m		27.	1:16.64	367	1:15.07	96%
200m		64.	2:45.78	397	2:43.92	98%
400	, 2010 (14),					-
100m 400m		108.	5:00.14	353	1:05.23 4:49.66	93%
200m		150.	2:49.32	271	2:40.00	89%
	, 2011 (13),					2
100m 400m		31.	5:04.59	437	1:05.75 5:05.60	- 101%
200m		77.	2:47.91	382	2:53.11	106%
	, 2010 (14),					-
100m 400m		16.	4:34.10	- 464	58.71 4:33.04	- 99%
200m		20.	2:23.82	442	2:21.32	97%
	, 2010 (14),					-
400m		122.	5:03.53	341	4:55.07	95%
100m 200m		33. 133.	1:23.76 2:43.60	287 300	1:20.35 2:42.82	92% 99%
	- , 2012 (12),				1
400m	, ,	27.	5:03.89	440	5:10.25	104%
100m 200m		17. 33.	1:14.42 2:40.33	401 439	1:14.03 2:40.09	99% 100%
200111	, 2010 (14),	აა.	2.40.33	408	2.40.03	10070
400m	, 2010 (17),	111.	5:00.98	350	4:58.35	98%
100m		34.	1:25.64	268	1:24.37	97%
200m	, 2010 (14),	128.	2:42.83	305	2:38.43	95% 2
400m	, 2010 (14),	53.	4:47.42	402	4:48.68	101%
100m		7.	1:06.29	374	1:05.20	97%
200m		26.	2:26.59	418	2:29.33	104%

100	, 2011 (13),	00	5.04.00	070	5 44 40	0.407	2
400m 100m		82. 9.	5:21.20 1:11.77	373 427	5:11.48 1:12.72	94% 103%	
200m		20.	2:37.44	463	2:39.93	103%	
	, 2010 (14),						1
100m				-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m	2010 (14	17.	2:22.78	452	2:22.20	99%	2
400m	, 2010 (14),	5.	4:24.28	518	4:27.15	102%	3
100m		1.	59.87	526	1:01.00	104%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m		0.0	4.54.00	-	1:01.69	4000/	
400m 200m		86. 113.	4:54.90 2:40.51	372 318	5:07.83 2:40.53	109% 100%	
200111	, 2011 (13),	110.	2.40.01	0.0	2.10.00	10070	1
400m	, - (-),	29.	5:04.54	438	5:00.70	97%	
100m		4.	1:10.02	459	1:10.86	102%	
200m		36.	2:40.75	435	2:38.82	98%	
							38
	, 2011 (13),						1
400m	, 2011 (10),	42.	5:08.18	422	5:12.96	103%	•
100m		12.	1:13.71	394	1:11.54	94%	
200m		18.	2:36.66	470	2:35.00	98%	
	, 2010 (14),						2
100m		7.4	4.50.74	-	59.85	- 4040/	
400m 200m		74. 82.	4:52.74 2:35.08	381 353	4:54.15 2:39.00	101% 105%	
	, 2012 (12),						1
400m	, (- /,	114.	5:35.58	327	5:39.26	102%	
100m		34.	1:19.72	326	1:19.35	99%	
200m	2011 (12	121.	2:57.28	324	2:56.07	99%	4
400m	, 2011 (13),	103.	4:59.02	357	4:56.00	98%	1
100m		18.	1:11.10	303	1:09.00	94%	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m	0044 (40	34.	1:41.16	234	1:37.00	92%	
400	, 2011 (13),				4 40 00		-
100m 400m		147.	6:27.11	- 213	1:18.00 6:20.00	96%	
200m		143.	3:14.08	247	3:12.00	98%	
	, 2012 (12),						-
100m					1:16.82	-	
400m 200m		146. 145.	6:21.28 3:14.79	223 244	6:09.89 3:10.65	94% 96%	
200111	, 2010 (14),	145.	3.14.79	244	3.10.03	9076	2
400m	, 2010 (11),	125.	5:03.94	340	4:57.49	96%	_
100m		8.	1:13.24	429	1:14.00	102%	
200m	0040 (44	45.	2:29.45	394	2:31.00	102%	
400	, 2010 (14),	164.	E. 40.02	225	F.F0.00	1000/	1
400m 100m		29.	5:48.93 1:20.67	225 321	5:59.00 1:19.00	106% 96%	
	, 2011 (13),		20.0.	02.		3070	3
400m	, , ,	104.	4:59.22	356	5:01.37	101%	
100m		27.	1:19.88	331	1:20.70	102%	
200m	, 2010 (14),	88.	2:36.48	343	2:38.89	103%	4
100m	, 2010 (14),			_	1:03.70	_	1
400m		124.	5:03.90	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
400	, 2012 (12),		F 44.4:	20:	F F0 05		1
400m		123.	5:43.84	304	5:50.00	104%	
100m 200m		26. 124.	1:29.42 2:58.07	339 320	1:27.00 2:55.00	95% 97%	
	, 2011 (13),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m		20.	1:12.30	288	1:11.00	96%	
200m	, 2013 (11),	140.	2:44.86	294	2:45.18	100%	1
400m	, 2013 (11),	141.	6:01.09	262	6:01.11	100%	1
100m		30.	1:34.81	185	1:31.64	93%	
200m		146.	3:15.98	240	3:12.02	96%	

	, 2010 (14),						1
100m		-	4.07.00	-	55.90	-	
400m		7.	4:27.93	497	4:26.70	99%	
200m	0040/44	4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m		98.	4:58.53	359	4:56.47	99%	
100m		19.	1:07.50	367	1:07.50	100%	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m		43.	1:28.27	240	1:28.00	99%	
200m		142.	3:12.58	253	3:10.00	97%	
	, 2013 (11),						-
100m				-	1:12.50	-	
400m		161.	5:40.86	241	5:34.00	96%	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m		162.	5:42.11	238	5:41.00	99%	
100m		37.	1:30.67	226	1:27.00	92%	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						2
100m	, == (, , , , , , , , , , , , , , , , ,			_	1:04.76	<u>-</u>	
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						3
400m	, ==::(:= /,	93.	5:26.72	354	5:34.09	105%	•
100m		13.	1:12.56	432	1:13.52	103%	
200m		107.	2:53.12	348	2:59.24	107%	
	, 2011 (13),						3
100m	, 2011 (13),		1:01.60	542	1:02.02	101%	J
400m		88.	5:23.00	367	5:40.00	111%	
200m		56.	2:45.17	401	2:48.00	103%	
200111	, 2011 (13),	50.	2.45.17	401	2.40.00	10376	1
400m	, 2011 (13),	127.	E:4E 02	301	5:38.96	97%	'
		39.	5:45.02 1:20.70	314	1:18.87	96%	
100m 200m		126.	2:59.05	314	3:06.22	108%	
200111	2012 (12)	120.	2.39.03	313	3.00.22		2
100	, 2012 (12),	400	F-07-00	222	F-00 00		2
400m		139.	5:07.02	330	5:09.00 1:15.85	101% 103%	
100m 200m		36. 148.	1:14.70 2:48.08	270 277	2:46.85	99%	
200111	2014 (12	140.	2.40.00	211	2.40.00	3370	2
400	, 2011 (13),					4000/	3
400m		115.	5:35.94	326	5:38.76	102%	
100m		15.	1:24.29	404	1:24.51	101%	
200m	2012 (12	89.	2:50.72	363	2:55.31	105%	4
400	, 2012 (12),	440					1
400m		116.	5:36.39	325	5:30.00	96%	
100m		25.	1:28.76	346	1:26.50	95%	
200m	0011 (10	99.	2:52.06	355	2:55.00	103%	
	, 2011 (13),						-
100m		4.40	= 40.04	-	1:04.70	-	
400m		148.	5:13.61	310	5:12.00	99%	_
	, 2010 (14),						2
400m		45.	4:45.43	411	4:47.00	101%	
100m		17.	1:06.56	382	1:08.00	104%	
200m		41.	2:28.99	398	2:28.00	99%	
	, 2011 (13),						1
400m		152.	5:22.32	285	5:16.00	96%	
100m		25.	1:21.40	202	1:20.50	98%	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m		148.	6:35.76	199	6:40.58	102%	
200m		144.	3:14.78	244	3:10.00	95%	
	, 2011 (13),						2
100m				-	1:04.01	-	
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	