%						
					, 2011 (13),	
101%	4:53.48	493	4:52.72	10.		400m
- 101%	1:11.32 2:35.20	- 489	2:34.58			100m 200m
10170	2.00.20	400	2.54.50		, 2011 (13),	200111
102%	5:08.05	337	5:04.73	127.	, , , , , , , , , , , , , , , , , , , ,	400m
- 105%	1:18.37 2:48.88	- 295	2:44.58	139.		100m 200m
105%	2.40.00	293	2.44.36	139.	, 2010 (14),	200111
103%	4:46.77	421	4:43.04	38.	, 2010 (11),	400m
-	1:10.23	-				100m
103%	2:25.50	445	2:23.54	18.	2010 (14	200m
96%	5:03.12	321	5:09.77	143.	, 2010 (14),	400m
-	1:09.93	-	0.00.77			100m
105%	2:40.19	342	2:36.69	91.	2040 (44	200m
<u>-</u>	57.36	-			, 2010 (14),	100m
111%	4:59.79	414	4:44.69	43.		400m
108%	2:31.28	427	2:25.51	24.		200m
2007	5.07.00	0.47	5 00 04	400	, 2011 (13),	100
99% -	5:27.33 1:14.81	347	5:28.91	100.		400m 100m
102%	2:46.39	407	2:44.38			200m
					, 2010 (14),	
103%	4:56.97 1:14.87	379	4:53.06	76.		400m 100m
105%	2:34.33	387	2:30.38	55.		200m
					, 2010 (14),	
100%	4:47.31	401	4:47.74	55.		400m
99%	1:08.10 2:32.09	371	2:32.51	66.		100m 200m
		• • •			, 2012 (12),	
97%	5:44.42	288	5:49.98	132.		400m
- -	1:21.94 2:59.66	-				100m 200m
	2.00.00				, 2010 (14),	200
-	58.01	-			, , , , , , , , , , , , , , , , , , , ,	100m
102% 102%	4:50.47 2:34.12	403 368	4:47.15 2:32.86	51. 70.		400m 200m
10270	2.04.12	300	2.52.00	70.	, 2011 (13),	200111
-	1:02.34	-			, =0(/,	100m
101%	4:42.01	560	4:40.55	3.		400m
106%	2:38.03	497	2:33.78		, 2011 (13),	200m
102%	4:51.80	515	4:48.49	7.	, 2011 (10),	400m
4000/	1:11.90	-	0-00-04			100m
106%	2:33.50	548	2:28.91		, 2011 (13),	200m
101%	5:21.89	374	5:20.92	80.	, 2011 (10),	400m
=	1:19.46	-				100m
-	2:51.06	-			, 2010 (14),	200m
-	59.01	-			, 2010 (14),	100m
96%	4:57.39	341	5:03.75	123.		400m
106%	2:32.60	404	2:28.24	35.	2044 (42	200m
_	1:09.62	-			, 2011 (13),	100m
101%	5:21.68	375	5:20.52	78.		400m
-	2:52.65	-			2044 (42	200m
103%	4:49.60	410	4:45.51	46.	, 2011 (13),	400m
103%	4.49.60 1:13.73	410	4.43.31	40.		100m
104%	2:32.11	395	2:29.38	44.		200m
200	5.04.00	6.15	5.00.11		, 2011 (13),	400
98% -	5:24.80 1:27.21	349	5:28.41	99.		400m 100m
	· · · ·- ·					

	, 2010 (14),						1
400m		31.	4:41.45	428	4:40.73	99%	
100m		_		-	1:02.37	-	
200m	0040 (44	8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m		86.	4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	•
	, 2010 (14),						2
400m		40.	4:43.35	420	4:47.34	103%	
100m		4.5	2.22.47	- 455	1:02.00	-	
200m	0044 (40	15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m			2:35.47	- 481	1:17.17	100%	
200m	, 2011 (13),		2.33.47	401	2:35.78	100%	
100	, 2011 (13),				1.07.40		-
100m 400m		54.	5:11.71	409	1:07.49 5:08.16	- 000/	
200m		54.	5.11.71	408	2:53.06	98%	
200111	, 2010 (14),				2.00.00		2
400	, 2010 (14),	120	E.0E 70	224	E.44 E4	10.40/	
400m 100m		130.	5:05.78	334	5:11.54 1:18.86	104%	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13),	54.	2.07.00	550	2.42.00	10070	2
400m	, 2011 (10),	68.	5:17.34	387	5:21.70	103%	_
100m		00.	3.17.34	307	1:09.93	10378	
200m			2:40.43	438	2:41.48	101%	
200					2	101,0	
							11
	0040 (40						
	, 2012 (12),						1
100m		50	F-40.00	-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m	2010 (14			-	2:51.60	-	
400	, 2010 (14),				50.00		-
100m		24	4.20.22	420	56.28	- 070/	
400m 200m		24. 37.	4:39.22 2:28.61	439 401	4:35.56 2:26.07	97% 97%	
200111	2012 (12	57.	2.20.01	401	2.20.07	31 70	
400	, 2012 (12),	00	5.47.04	207	5:40.74	070/	-
400m 100m		66.	5:17.24	387	5:12.74 1:20.48	97%	
200m			2:41.42	430	2:37.03	95%	
200111	, 2010 (14),		2.41.42	400	2.07.00	3370	_
100m	, 2010 (14),			-	1:01.10	_	
400m		78.	4:53.28	379	4:50.45	98%	
100111	, 2010 (14),	70.	1.00.20	0.0	1.00.10	3370	_
400m	, 2010 (11),	62.	4:50.91	388	4:39.55	92%	
100m		02.	4.00.01	-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						2
400m	, 2011 (10),	74.	5:19.44	379	5:20.36	101%	_
100m		74.	0.10.44	-	1:13.26	-	
200m			2:45.29	400	2:46.21	101%	
	, 2010 (14),		- -			/ 0	1
400m	, \ · · · //	66.	4:51.27	386	4:49.08	99%	•
100m		00.	1.01.21	-	1:07.68	-	
200m		51.	2:30.31	387	2:30.54	100%	
	, 2012 (12),	-··	****	==:	·	.5570	1
100m	,			-	1:08.16	-	•
400m		47.	5:09.90	415	5:21.42	108%	
200m				-	2:47.40	-	
	, 2012 (12),						1
100m	, , _ , ,			-	1:08.40	-	
400m		62.	5:14.32	398	5:15.16	101%	
200m				-	2:51.08	-	
	, 2010 (14),						-
100m				-	1:01.11	-	
400m		97.	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),						2
400m	. , , , , , , , , , , , , , , , , , , ,	21.	4:59.81	459	5:00.52	100%	
100m				-	1:14.84	=	
200m			2:41.06	433	2:41.53	101%	
	, 2011 (13),						-
400m	•	76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m			2:40.08	441	2:39.00	99%	

	, 2010 (14),					-
400m		68.	4:52.04	383	4:51.04	99%
100m 200m		36.	2:28.34	403	1:05.26	100%
200111	, 2010 (14),	30.	2.20.34	403	2:28.00	100% 1
400m	, 2010 (14),	18.	4:35.80	455	4:36.00	100%
100m		10.	4.33.60	400	1:07.50	100%
200m		40.	2:28.96	398	2:28.50	99%
	, 2012 (12),					1
400m	, , , , , , , , , , , , , , , , , , , ,	97.	5:27.25	353	5:28.72	101%
100m				-	1:20.44	-
200m				-	2:52.24	-
	, 2011 (13),					1
400m		63.	5:16.47	390	5:12.90	98%
100m			2.42.44	-	1:11.34	4040/
200m	, 2010 (14),		2:43.41	414	2:44.44	101%
100m	, 2010 (14),			-	59.24	
100m 400m		17.	4:35.12	459	4:31.41	97%
200m		86.	2:36.14	346	2:33.34	96%
	, 2010 (14),					-
400m	, =0.0 (),	75.	4:53.03	380	4:50.50	98%
100m				-	1:16.20	-
200m		46.	2:29.60	393	2:29.00	99%
	, 2010 (14),					-
400m		14.	4:32.52	472	4:32.06	100%
100m		7	0:40.00	-	1:00.00	-
200m	2044 (42	7.	2:18.80	492	2:17.73	98%
400	, 2011 (13),	00	F-00 07	204	5.40.00	-
400m 100m		89.	5:23.67	364 -	5:19.00 1:16.50	97%
200m				-	2:50.15	-
200					2.00.10	
						29
	, 2011 (13),					_
100m	, - (- ,,			-	1:01.00	-
400m		147.	5:12.93	312	5:12.00	99%
200m		108.	2:39.54	324	2:38.50	99%
	, 2012 (12),					-
100m			= 0.4.40	-	1:10.00	-
400m		90.	5:24.46	362	5:17.00	95%
200m	, 2010 (14),			-	2:52.00	1
100m	, 2010 (14),			-	1:01.00	'
400m		36.	4:42.02	426	4:43.00	101%
200m		57.	2:30.56	386	2:30.00	99%
	, 2012 (12),					1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.00	-
400m		144.	5:10.95	318	5:03.00	95%
200m		132.	2:43.49	301	2:45.00	102%
	, 2012 (12),					-
400m		65.	5:17.11	388	5:06.00	93%
100m 200m			2:49.57	- 371	1:12.90 2:46.00	96%
200111	, 2011 (13),		2.70.01	57.1	2.10.00	5070 =
100m	, 2011 (13),			-	1:09.00	-
400m		77.	5:20.22	376	5:17.90	99%
200m			0.20.22	-	2:49.60	-
	, 2012 (12),					-
400m	, , , , , , , , , , , , , , , , , , , ,	104.	5:31.09	340	5:17.90	92%
100m				-	1:21.99	-
200m	0040 (44			-	2:49.60	-
400	, 2010 (14),	a -	. ==	o= :	4.50.00	2
400m		89.	4:55.23	371	4:56.38	101%
100m 200m		27.	2:26.65	- 417	1:13.64 2:27.94	- 102%
200111	, 2011 (13),	21.	2.20.00	717	2.27.54	10270
100m	, 2011 (13),			-	1:05.50	- '
400m		41.	5:07.47	425	5:15.00	105%
200m			2:47.81	382	2:46.00	98%
	, 2010 (14),					-
100m	·			-	59.95	-
400m		131.	5:05.83	334	4:54.00	92%
200m		125.	2:41.98	310	2:36.00	93%

	, 2010 (14),						-
400m 100m		146.	5:11.13	317	5:04.00 1:15.00	95%	
200m		79.	2:34.76	355	2:33.00	98%	
200	, 2011 (13),		2.0 0	555	2.00.00	30,0	-
100m				-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m	, 2010 (14),			-	2:47.00	-	1
400m	, 2010 (11),	105.	4:59.61	355	4:58.00	99%	•
100m				-	1:18.00	-	
200m	2012 (12	81.	2:34.91	354	2:38.35	104%	
400m	, 2012 (12),	103.	5:30.30	343	5:26.00	97%	-
100m		100.	0.00.00	-	1:18.50	-	
200m	0040 (44			-	2:54.00	-	
100	, 2010 (14),				1.00.00	<u>-</u>	-
100m 400m		64.	4:51.10	387	1:00.00 4:44.22	95%	
200m		78.	2:34.27	358	2:30.55	95%	
	, 2011 (13),						-
400m 100m		96.	4:58.10	360	4:58.00 1:10.00	100%	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12),						1
400m		140.	5:56.43	273	6:00.00	102%	
100m 200m				-	1:22.00 3:14.00	- -	
200	, 2010 (14),				511 1100		1
400m	, (),	19.	4:35.84	455	4:41.90	104%	
100m		42	2:20.07	-	1:06.90	-	
200m	, 2011 (13),	43.	2:29.07	397	2:28.50	99%	1
400m	, 2011 (10),	72.	5:18.21	384	5:06.76	93%	•
100m				-	1:16.54	-	
200m	, 2011 (13),		2:35.71	479	2:36.17	101%	
400m	, 2011 (13),	79.	4:53.46	378	4:53.00	100%	•
100m				-	1:09.00	-	
200m	2040 (40	138.	2:44.35	296	2:42.00	97%	
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	97%	-
100m		120.	5.44.55	-	1:25.00	9176	
200m	2242 (42			-	2:58.00	-	
400	, 2012 (12),	00	F-05 F0	250	5:04.00	4000/	1
400m 100m		92.	5:25.53	358	5:31.00 1:17.50	103% -	
200m				-	2:57.00	-	
	, 2012 (12),						1
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%	
200m				-	3:03.74	-	
	, 2010 (14),						-
400m		133.	5:05.92	333	4:52.00	91%	
100m 200m		151.	2:53.07	- 254	1:10.00 2:45.00	91%	
	, 2012 (12),						2
100m		40	4.50.44	-	1:05.00	4050/	
400m 200m		18.	4:58.44 2:39.91	465 442	5:05.50 2:40.14	105% 100%	
200	, 2010 (14),				2	10070	-
400m	, , ,	156.	5:25.52	277	5:20.00	97%	
100m 200m		146.	2:47.48	280	1:09.00 2:41.00	- 92%	
200111	, 2011 (13),	140.	2.47.40	200	2.41.00	3270	1
400m	,	86.	5:21.67	371	5:14.45	96%	•
100m			0.40.00	-	1:23.21	-	
200m	, 2011 (13),		2:43.02	417	2:43.34	100%	_
400m	, 2011 (13),	135.	5:52.65	282	5:25.00	85%	-
100m			1.02.00	-	1:23.00	-	
200m	2044 (42			-	2:50.00	-	
400m	, 2011 (13),	128.	5:46.63	297	5:30.00	91%	-
100m		120.	5.40.00	-	1:17.00	-	
200m				-	2:53.00	-	

	, 2010 (14),						-
100m			. =	-	58.79	-	
400m		92.	4:56.39	367	4:50.00	96%	
200m	, 2011 (13),	85.	2:35.94	347	2:35.29	99%	2
400	, 2011 (13),	EE	E.44 07	407	5:19.78		_
400m 100m		55.	5:11.97	407 -	1:11.45	105%	
200m			2:38.13	457	2:41.12	104%	
	, 2012 (12),						_
400m	, , ,	58.	5:13.29	402	5:10.00	98%	
100m				-	1:16.00	-	
200m				-	2:50.00	-	
	, 2013 (11),						-
400m		145.	6:18.95	227	6:02.00	91%	
100m				-	1:29.00	-	
200m	, 2010 (14),			-	3:10.00	-	
400m	, 2010 (14),	118.	5:02.37	345	4:56.00	96%	-
100m		110.	3.02.37	343	1:08.00	30/6	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	=	
200m	0040 (44		2:33.98	495	2:35.69	102%	
400	, 2013 (11),	404	5 00 00	0.47	5.00.00		1
400m		101.	5:29.00	347	5:30.00 1:17.00	101%	
100m 200m				-	2:53.00	-	
	, 2012 (12),						1
400m	, == (=),	94.	4:56.78	365	5:00.00	102%	
100m				-	1:10.50	-	
200m	0044 (40	61.	2:31.15	381	2:26.50	94%	
100	, 2011 (13),				4.00.00		1
100m		70	E.40.00	-	1:08.00	4040/	
400m 200m		70.	5:18.02	384	5:24.00 2:47.00	104% -	
20011	, 2013 (11),				2.47.00		1
400m	, 2010 (11),	122.	5:42.96	306	5:43.00	100%	•
100m				-	1:28.79	-	
200m				-	2:59.00	-	
	, 2013 (11),						1
100m 400m		94.	5:26.73	- 354	1:08.00 5:35.00	105%	
200m		54.	3.20.73	-	2:53.00	-	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	109.	5:32.34	337	5:36.00	102%	
100m				-	1:22.50	=	
200m				-	2:58.00	-	
	, 2011 (13),						-
400m		128.	5:04.94	337	4:55.00 1:09.00	94%	
100m 200m		121.	2:41.65	- 311	2:35.00	92%	
200111	, 2010 (14),		2.11.00	011	2.00.00		2
400m	, (//	88.	4:54.94	372	5:00.00	103%	_
100m				-	1:05.50	-	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						1
100m		64	F.4.4.4C	-	1:05.90	4000/	
400m 200m		61.	5:14.16 2:43.23	399 416	5:14.00 2:46.00	100% 103%	
200111	, 2012 (12),		2.40.20	110	2.10.00		1
400m	, == (=================================	23.	5:00.84	454	5:00.76	100%	-
100m				-	1:15.60	=	
200m			2:31.56	519	2:34.33	104%	_
	, 2010 (14),						2
400m		151.	5:17.63	298	5:20.00 1:11.00	101%	
100m 200m		126.	2:42.08	309	2:44.00	102%	
						,-	
						2	:0
	, 2010 (14),						2
100m				-	55.22	-	
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

	2011 (12					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m				-	1:22.72	-
200m	, 2012 (12),			-	2:47.38	- -
400m	, 2012 (12),	52.	5:11.42	409	5:11.20	100%
100m				-	1:19.71	-
200m	, 2010 (14),		2:46.30	393	2:45.10	99% 2
400m	, 2010 (14),	21.	4:38.39	443	4:43.78	104%
100m			0.07.40	-	1:15.65	4000/
200m	, 2011 (13),	31.	2:27.12	413	2:27.24	100% 1
400m	, 2011 (10),	107.	5:00.11	353	5:02.18	101%
100m		400	0.44.00	-	1:14.97	-
200m	, 2011 (13),	136.	2:44.26	297	2:38.82	93%
100m	, 2011 (10),			-	1:05.00	-
400m		56.	5:13.06	403	5:10.00	98%
200m	, 2010 (14),			-	2:48.00	1
400m	, 2010 (11),	3.	4:17.49	560	4:10.30	94%
100m		10	2.20.40	470	1:02.52	4020/
200m	, 2010 (14),	10.	2:20.18	478	2:22.10	103% 2
100m	, == := (: :),			-	1:04.00	
400m 200m		65. 90.	4:51.20 2:36.52	387 343	4:53.44 2:39.02	102% 103%
200111	, 2010 (14),	90.	2.30.32	343	2.39.02	2
400m	, == (),	1.	4:08.68	621	4:09.73	101%
100m 200m		1.	2:07.95	- 629	1:05.00 2:13.50	- 109%
200111	, 2012 (12),	1.	2.07.93	029	2.13.30	10376
400m	, - (59.	5:13.52	401	5:10.78	98%
100m 200m				-	1:14.00 2:47.46	-
200111	, 2011 (13),			-	2.47.40	-
400m	,	138.	5:06.74	331	5:02.39	97%
100m 200m		122.	2:41.73	- 311	1:13.50 2:40.24	- 98%
200111	, 2011 (13),	122.	2.41.70	011	2.40.24	1
100m	, - (- , ,			-	1:11.46	-
400m 200m		32.	5:04.87	436	5:12.37 2:52.37	105%
200111	, 2011 (13),				2.02.07	2
400m		11.	4:53.33	490	4:55.57	102%
100m 200m			2:32.60	509	1:12.97 2:33.78	- 102%
	, 2011 (13),					2
400m	, , ,	53.	5:11.69	408	5:24.16	108%
100m 200m			2:41.71	- 427	1:15.63 2:45.16	104%
	, 2010 (14),					-
400m		80.	4:53.47	378	4:53.24	100%
100m	, 2010 (14),			-	1:09.17	2
100m	, 2010 (11),			-	1:02.18	-
400m		61.	4:50.80	388	5:00.24	107%
200m	, 2011 (13),	93.	2:37.15	339	2:41.49	106%
400m	,	106.	5:31.72	339	5:18.20	92%
100m 200m			2:46.53	- 391	1:15.73 2:40.40	- 93%
200111	, 2010 (14),		2.40.55	391	2.40.40	9370
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.20	-
400m		37. 63.	4:42.97	422 378	4:46.76	103% 97%
200m	, 2011 (13),	os.	2:31.60	3/0	2:29.33	97%
100m	, (-);			-	1:05.89	-
400m 200m		64.	5:17.06	388	5:20.16 2:51.94	102%
200111	, 2011 (13),			-	2.01.07	1
400m	, (//	48.	5:10.11	414	5:12.44	102%
100m 200m				-	1:15.06 2:46.53	- -
200111				-	۵.70.00	-

	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,	82.	4:53.81	377	4:51.26		98%	
100m 200m		74.	2:33.83	- 361	1:04.54 2:35.86		103%	
200111	, 2012 (12),	74.	2.33.63	301	2.33.00		10376	_
100m				-	1:24.71		-	
	, 2010 (14),							-
400m 100m		12.	4:30.49	483	4:28.87 1:04.92	25.04.2024 29.03.2024	99%	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							2
400m 100m		4.	4:18.37	554	4:21.07 1:02.09	25.04.2024 26.04.2024	102%	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m		404	F F0 4F	-	1:12.87		-	
400m 200m		134.	5:52.45	282	6:02.18 3:03.57		106% -	
	, 2010 (14),							-
100m				-	56.54	26.04.2024	-	
400m 200m		8. 6.	4:28.25 2:17.60	495 505	4:22.37 2:16.72	25.04.2024 24.04.2024	96% 99%	
200111	, 2010 (14),	0.	2.17.00	000	2.10.72	21.01.2021	0070	1
100m				-	1:01.04		-	
400m 200m		100. 53.	4:58.66 2:30.35	358 387	4:58.23 2:32.38		100% 103%	
200111	, 2011 (13),	00.	2.00.00	001	2.02.00		10070	1
100m	, , ,			-	1:11.63		-	
400m 200m		119.	5:39.67	315 -	5:41.67 2:57.97		101% -	
200	, 2011 (13),				2.01.01			-
100m				-	1:07.27		-	
400m 200m		69.	5:17.47	386	5:16.74 2:48.80		100%	
	, 2010 (14),							-
400m		70.	4:52.05	383	4:50.62		99%	
100m 200m		103.	2:38.60	330	1:04.31 2:36.18		97%	
	, 2011 (13),							1
400m		39.	5:06.09	431	5:03.05		98%	
100m 200m			2:40.06	441	1:09.13 2:42.47		103%	
	, 2011 (13),							1
400m 100m		75.	5:19.74	378	5:25.39 1:15.43	24.04.2024 26.04.2024	104%	
200m			2:45.65	398	2:44.59	22.06.2023	99%	
	, 2010 (14),							2
100m 400m		126.	5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	- 102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							2
400m 100m		58.	4:48.95	396	4:55.65 1:20.23	25.04.2024 26.04.2024	105%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m 400m		95.	4:56.87	365	1:03.95 4:53.13	26.04.2024 25.04.2024	97%	
	, 2011 (13),							1
400m		67.	5:17.33	387	5:12.70		97%	
100m 200m			2:41.16	432	1:13.24 2:41.91		- 101%	
	, 2010 (14),							1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%	
100m 200m		99.	2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	- 102%	
30111	, 2011 (13),	00.		301	2.50.7 1	0 !	.02/0	1
400m	·	57.	5:13.27	402	5:07.61		96%	
100m 200m			2:40.38	438	1:18.86 2:43.95		105%	
	, 2010 (14),			- -				2
100m		44	4,42.64	-	1:06.23	26.04.2024	4000/	
400m 200m		41. 114.	4:43.61 2:40.71	419 317	4:46.97 2:48.11	25.04.2024	102% 109%	
	, 2010 (14),							1
400m		99.	4:58.54	359	4:56.78 1:12.94		99%	
100m 200m		89.	2:36.50	343	2:39.46		104%	

	, 2011 (13),							2
400m	,,	120.	5:02.84	344	5:06.52		102%	_
100m		07	2.27.62	-	1:20.24		1050/	
200m	, 2011 (13),	97.	2:37.63	336	2:41.51		105%	_
400m	, 2011 (10),	60.	5:13.71	400	5:11.05		98%	
100m				-	1:11.42		-	
200m	2044 (42		2:46.53	391	2:44.78		98%	4
100m	, 2011 (13),			-	1:00.75	26.04.2024	_	1
400m		102.	4:58.95	357	4:55.91	25.04.2024	98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
400	, 2010 (14),			40.4			2001	1
400m 100m		50.	4:47.03	404 -	4:45.58 1:07.57		99%	
200m		19.	2:23.66	444	2:23.78		100%	
	, 2010 (14),							-
100m 400m		63.	4:51.06	387	1:02.09 4:40.19		93%	
200m		95.	2:37.40	337	2:35.73		98%	
	, 2012 (12),							-
100m		70	5:40 FF	-	1:06.45		-	
400m 200m		73.	5:18.55	382	5:15.39 2:50.71		98%	
200111	, 2011 (13),				2.00.7 1			1
100m	, , ,			-	1:00.60		-	
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
200111	, 2011 (13),	113.	2.40.90	310	2.44.00		10470	2
100m	, 2011 (10),			-	1:05.45	26.04.2024	-	_
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12),		2:42.25	423	2:44.93	25.04.2024	103%	_
400m	, 2012 (12),	155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m				-	1:22.81	26.04.2024	-	
200m	2040 (44	147.	2:47.94	278	2:47.64	24.04.2024	100%	
400m	, 2010 (14),	137.	5:06.69	331	5:15.13	25.04.2024	106%	1
100m		107.	0.00.03	-	1:20.61	28.03.2024	-	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
400	, 2011 (13),	440	5.05.00	000	5.04.00		0.407	-
400m 100m		113.	5:35.23	328	5:24.88 1:21.65		94%	
200m				-	2:52.72		-	
	, 2010 (14),							2
400m 100m		33.	4:41.84	427	4:48.82 1:17.47		105%	
200m		29.	2:26.83	416	2:32.09		107%	
	, 2010 (14),							1
400m 100m		60.	4:50.43	390	4:52.60 1:12.58		101%	
200m		69.	2:32.69	370	2:27.60		93%	
	, 2012 (12),							2
100m			4 40 75	-	1:04.40	28.03.2024	4050/	
400m 200m		57. 102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
	, 2010 (14),							1
400m		9.	4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	529	1:01.56 2:16.53		- 101%	
200111	, 2011 (13),	3.	2.10.00	323	2.10.55		10170	1
400m	, == (,,	85.	5:21.42	372	5:19.67		99%	
100m			2.27 50	-	1:12.01		- 101%	
200m	, 2010 (14),		2:37.58	462	2:38.51		10176	_
400m	, 2010 (11),	, 54.	4:47.64	401	4:47.50		100%	
100m				-	1:12.80		-	
200m	2044 (42	22.	2:25.16	430	2:22.60		97%	4
400m	, 2011 (13),	87.	5:22.95	367	5:22.80		100%	1
100m		07.		-	1:06.89		-	
200m	2042 (42		2:39.45	446	2:41.50		103%	
100m	, 2012 (12),			-	1:03.95	26.04.2024	-	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m			2:43.63	413	2:42.67		99%	

	0040440							
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	1
100m			0.00.2.	-	1:24.14		-	
200m	, 2011 (13),			-	3:10.66	25.04.2024	-	1
100m	, 2011 (10),			-	1:06.87		-	'
400m		49.	5:10.15	414	5:17.13		105%	
200m	, 2011 (13),		2:43.13	416	2:41.97		99%	2
100m	, - (- , ,			-	1:04.58		-	
400m 200m		109. 117.	5:00.25 2:41.17	353 314	5:01.18 2:41.79	25.04.2024 24.04.2024	101% 101%	
	, 2011 (13),							-
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99%	
200m				-	2:53.69		-	
400	, 2011 (13),	450	5.00.07	005	5.40.00		050/	-
400m 100m		153.	5:22.37	285	5:13.38 1:28.91		95% -	
200m	0044 (40	149.	2:49.23	271	2:44.49		94%	•
400m	, 2011 (13),	24.	5:01.70	450	5:03.35		101%	2
100m		2		-	1:07.74		-	
200m	, 2012 (12),		2:39.03	449	2:39.68		101%	_
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m 200m				-	1:21.59 3:02.87	26.04.2024 25.04.2024	-	
200111	, 2010 (14),				0.02.07	20.01.2021		1
100m		2.	4:15.42	- 573	54.12 4:15.65		100%	
400m 200m		2.	2:12.89	561	2:12.78		100%	
400	, 2010 (14),	40	4.44.00	440	4:40.40	05.04.0004	000/	1
400m 100m		42.	4:44.29	416	4:42.10 1:09.79	25.04.2024 26.04.2024	98%	
200m	2042 (44	13.	2:21.78	462	2:23.12	24.04.2024	102%	
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	1
100m				-	1:34.94		-	
200m	, 2011 (13),			-	2:56.62		-	1
400m	, 2011 (10),	105.	5:31.45	339	5:32.47		101%	•
100m 200m				-	1:25.17 2:55.64		-	
	, 2012 (12),							-
400m 100m		112.	5:35.22	328	5:29.56 1:22.25	24.04.2024 26.04.2024	97%	
200m				-	3:05.11	25.04.2024	-	
400	, 2011 (13),	74	5:40.40	201	5.44.04	00.44.0000	000/	-
400m 100m		71.	5:18.19	384	5:14.84 1:22.53	23.11.2023 23.11.2023	98%	
200m	2012 (12		2:45.55	398	2:43.30	25.04.2024	97%	4
400m	, 2012 (12),	84.	5:21.41	372	5:21.05	24.04.2024	100%	1
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12),		2:45.49	399	2:45.78	25.04.2024	100%	1
400m	, - (),	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m 200m				-	1:13.60 2:49.88	26.04.2024 25.04.2024	-	
	, 2010 (14),							2
100m 400m		52.	4:47.24	403	1:02.55 4:49.66		- 102%	
200m		84.	2:35.53	350	2:38.32		104%	
100m	, 2011 (13),			-	1:03.13	26.04.2024	-	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	, 2012 (12),		2:40.13	440	2:39.16	25.04.2024	99%	1
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	'
100m 200m				-	1:15.24 2:51.65		-	
200111	, 2012 (12),			-	2.51.05		-	1
400m		44.	5:08.56	421	5:16.23		105%	
100m 200m			2:40.99	433	1:22.27 2:40.76		100%	

	, 2012 (12),							1
400m	•	136.	5:52.85	281	5:58.66		103%	
100m				-	1:22.81		-	
200m	0040 (44			-	2:56.19		-	
	, 2010 (14),							-
100m		400		-	1:05.38	26.04.2024	-	
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m	2010 (14	144.	2:46.90	283	2:46.19	24.04.2024	99%	4
400	, 2010 (14),	07	4.40.00	405	4.46.50		1050/	1
400m 100m		27.	4:40.00	435	4:46.52 1:04.59		105%	
200m		28.	2:26.71	417	2:24.49		97%	
	, 2012 (12),							_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m				-	2:50.20	25.04.2024	-	
	, 2011 (13),							1
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m				-	1:18.51	26.04.2024	-	
200m	0040 (4.4			-	3:02.43	25.04.2024	-	•
400	, 2010 (14),	454	5 00 05	004	5.05.50	05.04.0004	4000/	2
400m 100m		154.	5:22.85	284	5:35.50 1:15.19	25.04.2024 26.04.2024	108%	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
200	, 2011 (13),			0.0	2	2	10070	_
100m	, ==::(:= /,			_	1:04.60	26.10.2023	_	
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m			2:34.91	486	2:34.71	22.11.2023	100%	
	, 2011 (13),							1
100m				-	1:18.22	24.11.2023	-	
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m	2044 (42			-	2:59.25	25.04.2024	-	4
100	, 2011 (13),				1.01.70			1
100m 400m		39.	4:43.10	- 421	1:01.70 4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
200111	, 2010 (14),	110.	2.00.04	OLL	2. 12.00		10070	_
400m	, 2010 (11),	35.	4:41.88	426	4:40.20		99%	
100m				-	1:08.47		-	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							-
400m		73.	4:52.60	381	4:50.48		99%	
100m		00	0.07.44	-	1:08.99		-	
200m	, 2011 (13),	96.	2:37.44	337	2:35.31		97%	1
400m	, 2011 (13),	120.	5:40.49	313	5:43.73		102%	'
100m		120.	3.40.49	-	1:17.03		10276	
200m				-	2:56.19		-	
	, 2010 (14),							2
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.64		-	
400m		29.	4:41.14	430	4:51.18		107%	
200m		16.	2:22.56	454	2:25.57		104%	_
	, 2011 (13),							2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m 200m			2:38.03	- 458	1:19.49 2:39.45	26.04.2024 25.04.2024	102%	
200111	, 2010 (14),		2.50.05	400	2.00.40	20.04.2024	10270	1
400m	, 2010 (14),	145.	5:11.00	317	5:02.94		95%	'
100m		140.	5.11.00	-	1:11.66		-	
200m		120.	2:41.59	312	2:42.38		101%	
	, 2012 (12),							-
400m		114.	5:01.82	347	5:00.14	25.04.2024	99%	
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							2
100m				<u>-</u>	1:04.73	28.03.2024	-	
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m	, 2011 (13),	103.	2:38.60	330	2:45.39	16.06.2023	109%	1
400	, 2011 (13),	46.	E.00 47	447	E-0E 00		000/	ı
400m 100m		40.	5:09.47	417	5:05.80 1:11.00		98%	
200m			2:36.77	469	2:39.70		104%	
	, 2010 (14),				-			2
100m	, (/)			-	55.65	26.04.2024	-	_
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	

400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	1
100m		102.	3.03.63	-	1:14.56		-	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m 400m		121.	5:03.26	342	1:04.13 4:53.89		94%	
200m		121.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							-
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m 200m		111.	2:40.43	- 319	1:11.34 2:39.42	26.04.2024 24.04.2024	99%	
200111	, 2013 (11),	111.	2.40.43	319	2.33.42	24.04.2024	9976	1
400m	, 2010 (11),	144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m				-	1:38.18	26.04.2024	-	
200m	2011 (12			-	3:46.50	06.12.2023	-	2
100m	, 2011 (13),			_	1:06.34		_	2
400m		117.	5:02.29	346	5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m 400m		136.	5:06.37	332	1:06.69 5:15.49	07.12.2023 27.03.2024	106%	
200m		129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							1
400m		23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m	, 2011 (13),			-	1:03.07	26.04.2024	-	1
100m	, 2011 (13),			-	1:00.12		_	'
400m		25.	4:39.41	438	4:43.97		103%	
	, 2011 (13),							2
400m		150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m 200m		142.	2:45.74	289	1:15.34 2:48.64	26.04.2024 24.04.2024	104%	
	, 2010 (14),							1
400m		83.	4:54.17	375	5:11.10	23.11.2023	112%	
100m 200m		80.	2:34.81	- 355	1:10.36 NT		-	
200111	, 2010 (14),	80.	2.34.01	333	INI		-	_
100m	, 2010 (14),			-	59.62	26.04.2024	-	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m	, 2012 (12),	33.	2:27.57	410	2:27.45	24.04.2024	100%	
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	_
100m				-	1:20.12		-	
200m				-	2:54.00		-	
400	, 2011 (13),				4.00.00			1
100m 400m		33.	4:41.84	427	1:00.03 4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
	, 2011 (13),							1
100m 400m		8.	4:52.02	496	59.14 4:49.86		99%	
200m		0.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							1
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m 200m				-	1:21.52 3:01.82	26.04.2024 25.04.2024	-	
200	, 2011 (13),				0.01.02	2010 11202 1		2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m			2:20.69	- 530	1:05.31	26.04.2024	103%	
200m	, 2011 (13),		2:29.68	539	2:31.57	25.04.2024	103%	1
400m	, 2011 (10),	110.	5:00.43	352	5:00.56		100%	'
100m				-	1:10.64		-	
200m	0040 (44	109.	2:39.77	323	2:39.17		99%	^
400m	, 2010 (14),	106.	4:59.83	354	5:03.85		103%	2
100m		100.	7.33.03	304	1:09.98		10370	
200m		92.	2:36.85	341	2:39.94		104%	
100~	, 2010 (14),				E0 70			2
100m 400m		13.	4:31.82	- 476	58.78 4:47.67		- 112%	
200m		32.	2:27.18	413	2:33.74		109%	

400m	, 2011 (13),	79.	5:20.72	375	5:29.96	27.03.2024	106%	1
100m		75.	3.20.72	-	1:27.32	26.04.2024	-	
200m	2244 (42			-	2:52.36	25.04.2024	-	
400	, 2011 (13),	444	5.00.40	205	5.00.00		000/	-
400m 100m		141.	5:08.43	325	5:06.86 1:20.91		99%	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m 100m		112.	5:01.05	350	4:46.21 1:08.42		90%	
100111	, 2011 (13),				1.00.42			2
100m	, - (- ,,			-	1:05.35	26.04.2024	-	
400m 200m		101. 135.	4:58.80 2:44.12	358 298	4:59.54 2:48.84	25.04.2024 24.04.2024	100% 106%	
200111	, 2010 (14),	135.	2.44.12	290	2.40.04	24.04.2024	10078	1
400m	, 2010 (11),	28.	4:40.52	433	4:43.30		102%	•
100m		00	0.05.00	-	1:13.19		-	
200m	, 2011 (13),	23.	2:25.38	428	2:22.59		96%	1
400m	, 2011 (10),	124.	5:44.02	303	5:55.78		107%	•
100m				-	1:24.03		-	
200m	2012 (12			-	2:57.06		-	4
400m	, 2012 (12),	38.	5:05.99	431	5:00.22		96%	1
100m				-	1:13.94		-	
200m	, 2013 (11),		2:40.97	433	2:41.99		101%	1
400m	, 2013 (11),	96.	5:27.19	353	5:30.42	27.03.2024	102%	'
100m				-	1:17.86	26.04.2024	-	
200m	2011 (12			-	2:59.30		-	4
400m	, 2011 (13),	4.	4:40.74	559	4:37.71		98%	1
100m			1. 10.7 1	-	1:04.81		-	
200m	2040 (44		2:27.56	563	2:27.89		100%	
100m	, 2010 (14),			-	1:08.86	26.04.2024		1
400m		159.	5:30.87	263	5:34.76	25.04.2024	102%	
200m	0040 (44	152.	2:57.84	234	2:37.96		79%	_
400m	, 2010 (14),	72.	4:52.50	382	4:52.68		100%	2
100m		12.	4.32.30	-	1:18.06		-	
200m		52.	2:30.33	387	2:31.09		101%	
100m	, 2010 (14),				59.59			1
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							-
100m 400m		5.	4:44.57	- 536	59.17 4:38.23	26.04.2024 24.04.2024	- 96%	
200m		5.	2:33.20	503	2:31.66	25.04.2024	98%	
	, 2011 (13),							2
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m 200m			2:22.53	624	1:12.77 2:24.20	23.11.2023 25.04.2024	102%	
	, 2012 (12),							-
100m 400m		95.	5:27.11	- 353	1:18.15 5:20.73	26.10.2023 24.04.2024	- 96%	
200m		95.	5.27.11	-	2:56.24	25.04.2024	-	
	, 2011 (13),							-
100m		45	4.55.46	-	1:02.61	05.10.2023 24.04.2024	- 070/	
400m 200m		15.	4:55.46 2:33.61	479 499	4:50.73 2:33.58	25.04.2024 25.04.2024	97% 100%	
	, 2010 (14),							1
400m		158.	5:30.09	265	5:30.90	25.04.2024	100%	
100m 200m		141.	2:45.31	291	1:13.92 2:42.67	26.04.2024 24.04.2024	97%	
	, 2010 (14),							1
400m	·	85.	4:54.88	372	4:48.30		96%	
100m 200m		39.	2:28.77	400	1:05.77 2:30.91		103%	
	, 2011 (13),	-0.						2
100m		40	4.50.75	-	1:03.15		4000/	
400m 200m		19.	4:58.75 2:34.95	464 486	5:01.84 2:36.98		102% 103%	

	, 2011 (13),							2
400m		12.	4:54.60	483	4:56.36	24.04.2024 26.04.2024	101%	
100m 200m			2:34.85	487	1:11.76 2:37.06	25.04.2024	103%	
200	, 2011 (13),			.0.	2.01.00	20.0202 .	.0070	2
400m		59.	4:49.29	394	4:55.83		105%	
100m		=-		-	1:06.88		-	
200m	, 2010 (14),	56.	2:30.47	386	2:34.49		105%	
100m	, 2010 (14),			-	1:00.40		_	-
400m		32.	4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	
400	, 2012 (12),	400			= 40.40	0.4.0.4.000.4	40004	1
400m 100m		130.	5:48.45	292	5:49.10 1:31.39	24.04.2024 28.03.2024	100%	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m		400	- 40	-	1:10.37		-	
400m 200m		163. 155.	5:43.56 3:05.76	235 205	5:31.52 3:03.37		93% 97%	
	, 2011 (13),							-
400m	, - (- ,,	35.	5:05.10	435	5:02.99		99%	
100m				-	1:22.25		-	
200m	, 2012 (12),			-	2:47.42		-	_
100m	, 2012 (12),			-	1:11.00		_	
400m		102.	5:30.10	344	5:29.94		100%	
200m	0040 (40			-	2:49.79		-	
400m	, 2012 (12),	133.	5:50.71	286	6:01.10	24.04.2024	106%	1
100m		133.	3.30.71	-	1:15.81	26.04.2024	10076	
200m				-	2:57.50	25.04.2024	-	
400	, 2010 (14),	00	4.50.04	000	4.50.40	05.04.0004	000/	-
400m 100m		68.	4:52.04	383	4:50.19 1:18.29	25.04.2024 06.10.2023	99%	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13),							-
100m				-	1:16.04		-	
200m	, 2010 (14),	153.	3:00.95	222	2:48.79		87%	_
100m	, 2010 (14),			-	1:01.60		_	_
400m		119.	5:02.76	344	5:02.70		100%	
200m	0040 (40	100.	2:38.04	333	2:35.00		96%	
100m	, 2012 (12),				1:15.24			1
400m		131.	5:49.82	289	6:01.03		107%	
200m				-	3:11.37		-	
	, 2011 (13),							1
400m 100m		33.	5:04.98	436	5:03.60 1:10.20		99%	
200m			2:41.78	427	2:42.00		100%	
	, 2011 (13),							1
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m 200m			2:38.81	451	1:10.18 2:42.57	26.04.2024 25.04.2024	105%	
	, 2010 (14),							-
400m		15.	4:32.87	470	4:31.67		99%	
100m	, 2011 (13),			-	1:02.45		-	4
100m	, 2011 (13),			-	59.64		_	1
400m		30.	4:41.18	430	4:38.57		98%	
200m		54.	2:30.36	387	2:32.82		103%	
400	, 2010 (14),				4 00 00			2
100m 400m		56.	4:47.79	- 401	1:00.66 5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							-
400m		48.	4:46.42	406	4:45.95 1:13.57	25.04.2024	100%	
100m 200m		42.	2:29.06	397	1:13.57 2:27.33	26.04.2024 24.04.2024	98%	
	, 2010 (14),						/-	-
400m	•	44.	4:44.83	413	4:40.19	25.04.2024	97%	
100m 200m		30.	2:27.05	- 414	1:07.31 2:25.73	26.04.2024 24.04.2024	- 98%	
200111		50.	2.21.00	717	2.20.10	27.07.2024	JU /0	

	, 2011 (13),							1
100m	,			-	1:06.33		-	•
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m 200m			2:38.14	- 457	1:08.96 2:34.65		96%	
200111	, 2010 (14),		2.30.14	457	2.34.03		90 /8	2
400m	, 2010 (14),	115.	5:01.95	347	5:05.04		102%	_
100m		110.	0.01.00	-	1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m		47	0.00.70	-	1:06.71	26.04.2024	-	
200m	2012 (12	47.	2:29.72	392	2:31.30	24.04.2024	102%	4
400	, 2012 (12),	100	E. 46 7E	206	E.E.A. E.O.	24.04.2024	1050/	1
400m 100m		129.	5:46.75	296 -	5:54.58 1:35.68	24.04.2024 26.04.2024	105% -	
200m				-	3:02.58	25.04.2024	-	
	, 2010 (14),							1
400m	, (),	77.	4:53.13	379	4:56.26		102%	
100m				-	1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m 200m				-	1:26.26 3:06.71		-	
200111	, 2012 (12),				0.00.71			1
100m	, 2012 (12),			-	1:15.15		_	'
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							2
400m		22.	4:38.72	441	4:46.63		106%	
100m				-	1:06.13		-	
200m	2042 (42	21.	2:25.04	431	2:29.10		106%	4
400m	, 2012 (12),	142.	6.02 54	257	C:0E C0	27 02 2024	1019/	1
400m 100m		142.	6:03.54	257 -	6:05.68 1:34.62	27.03.2024 28.03.2024	101% -	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							2
400m	, (93.	4:56.44	367	5:05.89		106%	
100m				-	1:11.00		-	
200m	0040 (44	73.	2:33.76	362	2:42.86		112%	
400	, 2010 (14),		. == .0		. == 00		40004	-
400m		90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m 200m		65.	2:32.39	372	1:09.85 2:29.44	26.04.2024 24.04.2024	96%	
200	, 2013 (11),	00.	2.02.00	0.2	2.20	2	3373	1
400m	, 2010 (11),	143.	6:08.41	247	6:15.63		104%	•
100m			0.00		1:27.90		-	
200m				-	3:02.71		-	
	, 2010 (14),							1
100m				-	1:07.36	26.04.2024	-	
400m 200m		129. 131.	5:05.00 2:43.19	337 303	5:03.09 2:43.68	25.04.2024 24.04.2024	99% 101%	
200111		101.	2.45.15	303	2.43.00	24.04.2024	10170	
								20
	, 2011 (13),							2
400m	, 2011 (13),	11.	4:30.41	483	4:32.58		102%	_
100m			4.50.41	-	1:02.61		10270	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							-
400m		71.	4:52.10	383	4:46.20		96%	
100m				-	1:17.05		-	
200m	2044 /40	64.	2:31.85	376	2:29.55		97%	
400	, 2011 (13),	47	4.50.00	407	4.EE 40		000/	-
400m 100m		17.	4:58.03	467 -	4:55.18 1:14.68		98%	
200m			2:42.42	422	2:40.38		98%	
	, 2011 (13),		- -				-5/0	_
400m	, - (- /)	25.	5:02.37	447	4:56.03		96%	
100m				-	1:14.95		-	
200m				-	2:47.54		-	

	, 2012 (12),					1
400m		6.	4:48.04	517	4:52.60	103%
100m			0.07.44	-	1:08.29	-
200m	, 2010 (14),		2:37.44	463	2:35.61	98%
400m	, 2010 (14),	149.	5:15.19	305	5:07.65	95%
100m		149.	5.15.19	-	1:18.39	95%
200m		107.	2:39.51	324	2:37.36	97%
	, 2011 (13),					-
400m		51.	5:11.10	410	5:03.43	95%
100m			2:43.18	- 416	1:22.64 2:40.55	- 97%
200m	, 2012 (12),		2.43.10	410	2.40.55	1
400m	, 2012 (12),	113.	5:01.32	349	5:03.99	102%
100m		110.	0.01.02	-	1:12.38	-
200m		119.	2:41.52	312	2:41.04	99%
	, 2012 (12),					-
100m		405	5.00.04	-	1:04.60	-
400m 200m		135. 137.	5:06.31 2:44.31	332 297	5:06.16 2:40.08	100% 95%
200	, 2011 (13),		2	20.	2.10.00	1
100m	, 2011 (10),			_	1:04.92	· ·
400m		45.	5:08.76	420	5:09.05	100%
200m	2011 (12		2:47.76	383	2:46.15	98%
400	, 2011 (13),					1
100m 400m		37.	5:05.59	433	1:06.09 5:07.54	- 101%
200m		31.	5.05.59	433	2:47.50	101%
	, 2010 (14),					2
100m	, (),			-	58.40	-
400m		81.	4:53.49	378	5:02.97	107%
200m	2011 (12	76.	2:34.04	360	2:35.53	102%
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%
100m		01.	3.21.10	- -	1:16.52	-
200m				-	2:53.92	-
	, 2010 (14),					-
100m				-	1:04.14	-
400m 200m		140. 134.	5:07.62 2:44.04	328 298	5:03.00 2:42.92	97% 99%
200111	, 2010 (14),	134.	2.44.04	290	2.42.32	1
400m	, 2010 (14),	47.	4:46.08	408	4:47.50	101%
100m		77.	4.40.00	-	1:05.50	-
200m		71.	2:33.09	367	2:30.70	97%
	, 2011 (13),					-
400m		34.	5:05.09	435	5:00.47 1:15.07	97%
100m 200m			2:45.78	397	2:43.92	98%
	, 2010 (14),					-
100m	, (),			-	1:05.23	-
400m		108.	5:00.14	353	4:49.66	93%
200m	2044 (42	150.	2:49.32	271	2:40.00	89%
100m	, 2011 (13),				1:05.75	1
400m		31.	5:04.59	437	5:05.60	- 101%
200m		٠		-	2:53.11	-
	, 2010 (14),					-
100m				-	58.71	-
400m		16. 20.	4:34.10	464	4:33.04	99% 97%
200m	, 2010 (14),	20.	2:23.82	442	2:21.32	97%
400m	, 2010 (14),	122.	5:03.53	341	4:55.07	95%
100m				-	1:20.35	-
200m		133.	2:43.60	300	2:42.82	99%
	- , 2012 (12)	,				1
400m		27.	5:03.89	440	5:10.25	104%
100m 200m			2:40.33	439	1:14.03 2:40.09	100%
_00	, 2010 (14),		10.00	100		-
400m	, 2010 (17),	111.	5:00.98	350	4:58.35	98%
100m				-	1:24.37	-
200m	2010/11	128.	2:42.83	305	2:38.43	95%
400	, 2010 (14),	50	4.47.40	400	4.40.00	1040/
400m 100m		53.	4:47.42	402	4:48.68 1:05.20	101%
200m		26.	2:26.59	418	2:29.33	104%

	, 2011 (13),						1
400m	, 2011 (13),	82.	5:21.20	373	5:11.48	94%	'
100m		02.	0.21.20	-	1:12.72	-	
200m			2:37.44	463	2:39.93	103%	
	, 2010 (14),						1
100m				-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	_
	, 2010 (14),						2
400m		5.	4:24.28	518	4:27.15	102%	
100m 200m		5.	2:17.26	509	1:01.00 2:18.68	- 102%	
200111	, 2011 (13),	J.	2.17.20	309	2.10.00	102 /8	2
100m	, 2011 (13),			-	1:01.69	-	_
400m		86.	4:54.90	372	5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						-
400m		29.	5:04.54	438	5:00.70	97%	
100m				-	1:10.86	-	
200m			2:40.75	435	2:38.82	98%	
							00
							26
	, 2011 (13),						1
400m		42.	5:08.18	422	5:12.96	103%	
100m 200m			2:36.66	- 470	1:11.54 2:35.00	98%	
200111	, 2010 (14),		2.30.00	470	2.33.00	90 /6	2
100m	, 2010 (14),			-	59.85	_	
100m 400m		74.	4:52.74	381	4:54.15	101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m	, - (),	114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m				-	2:56.07	-	
	, 2011 (13),						1
400m		103.	4:59.02	357	4:56.00	98%	
100m 200m		118.	2:41.28	314	1:09.00 2:45.00	105%	
200111	, 2011 (13),	110.	2.41.20	314	2.43.00	10376	_
100m	, 2011 (13),			-	1:37.00	-	_
200m				-	3:24.00	-	
	, 2011 (13),						_
100m	, == : (:= /,			_	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m				-	3:12.00	-	
	, 2012 (12),						-
100m				-	1:16.82	-	
400m 200m		146.	6:21.28	223	6:09.89 3:10.65	94%	
200111	, 2010 (14),				0.10.00		1
400m	, 2010 (14),	125.	5:03.94	340	4:57.49	96%	'
100m		120.	0.00.04	-	1:14.00	-	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						1
400m		164.	5:48.93	225	5:59.00	106%	
100m				-	1:19.00	-	
	, 2011 (13),						2
400m		104.	4:59.22	356	5:01.37	101%	
100m		00	0.20.40	-	1:20.70	-	
200m	, 2010 (14),	88.	2:36.48	343	2:38.89	103%	1
100m	, 2010 (14),			-	1:03.70	-	'
400m		124.	5:03.90	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	123.	5:43.84	304	5:50.00	104%	
100m				-	1:27.00	-	
200m				-	2:55.00	-	
	, 2011 (13),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m 200m		140.	2:44.86	294	1:11.00 2:45.18	100%	
20011	, 2013 (11),	140.	4.44.00	∠3 4	۷.٦٥. ١٥	100%	1
400m	, 2013 (11),	141.	6:01.09	262	6:01.11	100%	1
400m		141.	0.01.03	-	1:31.64	100%	
200m				-	3:12.02	-	

							_
	, 2010 (14),						1
100m				-	55.90	-	
400m		7.	4:27.93	497	4:26.70	99%	
200m	0040 (44	4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m		98.	4:58.53	359	4:56.47	99%	
100m				-	1:07.50	-	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m				-	3:10.00	-	
	, 2013 (11),						-
100m				-	1:12.50	-	
400m		161.	5:40.86	241	5:34.00	96%	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m		162.	5:42.11	238	5:41.00	99%	
100m				-	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						2
100m				-	1:04.76	-	
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						1
400m		93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m				-	2:59.24	-	
	, 2011 (13),						1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.02	-	
400m		88.	5:23.00	367	5:40.00	111%	
200m				-	2:48.00	-	
	, 2011 (13),						-
400m	, , ,	127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m				-	3:06.22	-	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	139.	5:07.02	330	5:09.00	101%	
100m				-	1:15.85	-	
200m		148.	2:48.08	277	2:46.85	99%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m				-	2:55.31	-	
	, 2012 (12),						-
400m	, , , , , , , , , , , , , , , , , , , ,	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	-	
200m				-	2:55.00	-	
	, 2011 (13),						-
100m	, ,			-	1:04.70	-	
400m		148.	5:13.61	310	5:12.00	99%	
	, 2010 (14),						1
400m	, , , , , , , , , , , , , , , , , , , ,	45.	4:45.43	411	4:47.00	101%	
100m				-	1:08.00	-	
200m		41.	2:28.99	398	2:28.00	99%	
	, 2011 (13),						1
400m	, ,	152.	5:22.32	285	5:16.00	96%	
100m				-	1:20.50	-	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	148.	6:35.76	199	6:40.58	102%	
100m			-	-	1:33.00	-	
200m				-	3:10.00	-	
	, 2011 (13),						2
100m				_	1:04.01	-	
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	