	-						
						%	PB
							-
							50
100	, 2011 (13),			400	4.50.40	40404	3
400m 100m		10. 7.	4:52.72 1:10.91	493 442	4:53.48 1:11.32	101% 101%	
200m		12.	2:34.58	489	2:35.20	101%	
	, 2011 (13),						2
400m		127.	5:04.73	337	5:08.05	102%	
200m	2010 (14	139.	2:44.58	295	2:48.88	105%	,
400m	, 2010 (14),	38.	4:43.04	421	4:46.77	103%	2
100m		30.	1:11.52	461	1:10.23	96%	
200m		18.	2:23.54	445	2:25.50	103%	
	, 2010 (14),						2
400m 100m		143. 13.	5:09.77 1:08.52	321 339	5:03.12 1:09.93	96% 104%	
200m		91.	2:36.69	342	2:40.19	105%	
	, 2010 (14),						:
100m	, , , , , , , , , , , , , , , , , , , ,			-	57.36	-	
400m		43.	4:44.69	414	4:59.79	111%	
200m	, 2011 (13),	24.	2:25.51	427	2:31.28	108%	2
400m	, 2011 (13),	100.	5:28.91	347	5:27.33	99%	•
100m		18.	1:14.80	395	1:14.81	100%	
200m		54.	2:44.38	407	2:46.39	102%	
	, 2010 (14),						;
400m 100m		76.	4:53.06 1:14.47	379 409	4:56.97 1:14.87	103% 101%	
200m		55.	2:30.38	387	2:34.33	105%	
	, 2010 (14),						
400m		55.	4:47.74	401	4:47.31	100%	
100m 200m		11.	1:07.47 2:32.51	355 371	1:08.10 2:32.09	102%	
200111	, 2012 (12),	66.	2.32.31	3/1	2.32.09	99%	:
400m	, 2012 (12),	132.	5:49.98	288	5:44.42	97%	•
100m		19.	1:17.92	333	1:21.94	111%	
200m	0040 (44	88.	2:50.40	365	2:59.66	111%	
100	, 2010 (14),				50.04		
100m 400m		51.	4:47.15	403	58.01 4:50.47	- 102%	
200m		70.	2:32.86	368	2:34.12	102%	
	, 2011 (13),						:
100m		0	4-40.55	-	1:02.34	4040/	
400m 200m		3. 10.	4:40.55 2:33.78	560 497	4:42.01 2:38.03	101% 106%	
	, 2011 (13),						;
400m	, - (- ,,	7.	4:48.49	515	4:51.80	102%	
100m		5.	1:10.10	458	1:11.90	105%	
200m	, 2011 (13),	4.	2:28.91	548	2:33.50	106%	:
400m	, 2011 (13),	80.	5:20.92	374	5:21.89	101%	•
100m		22.	1:19.31	316	1:19.46	100%	
200m		103.	2:52.47	352	2:51.06	98%	
	, 2010 (14),				50.0 4		,
100m 400m		123.	5:03.75	- 341	59.01 4:57.39	- 96%	
200m		35.	2:28.24	404	2:32.60	106%	
	, 2011 (13),						2
100m				-	1:09.62	-	
400m		78. 84.	5:20.52 2:49.95	375 368	5:21.68 2:52.65	101% 103%	
200m	, 2011 (13),	04.	2.43.33	300	2.02.00	103%	;
400m	, 2011 (10),	46.	4:45.51	410	4:49.60	103%	•
100m			1:12.94	435	1:13.73	102%	
200m	2244 (12	44.	2:29.38	395	2:32.11	104%	
400~	, 2011 (13),	00	5.20 44	240	5:24 90	000/	•
400m 100m		99. 18.	5:28.41 1:25.08	349 393	5:24.80 1:27.21	98% 105%	
200m		82.	2:49.57	371	2:47.65	98%	

	0040/44						_
	, 2010 (14),						2
400m		31.	4:41.45	428	4:40.73	99%	
100m		4.	1:01.60	482	1:02.37	103%	
200m	2010 (11	8.	2:19.37	486	2:21.20	103%	2
	, 2010 (14),						2
400m		86.	4:54.90	372	4:51.47	98%	
100m		10.	1:04.10	428	1:05.79	105%	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14),						3
400m		40.	4:43.35	420	4:47.34	103%	
100m		3.	1:01.17	493	1:02.00	103%	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m		4.	1:17.77	515	1:17.17	98%	
200m		16.	2:35.47	481	2:35.78	100%	
	, 2011 (13),						1
100m				-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m		100.	2:52.14	354	2:53.06	101%	
	, 2010 (14),						3
400m		130.	5:05.78	334	5:11.54	104%	
100m			1:16.09	383	1:18.86	107%	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						3
400m		68.	5:17.34	387	5:21.70	103%	
100m		8.	1:09.88	484	1:09.93	100%	
200m		35.	2:40.43	438	2:41.48	101%	
							19
	, 2012 (12),						2
100m	, == (=),			-	1:11.43	_	_
400m		50.	5:10.60	412	5:16.95	104%	
200m		85.	2:50.17	367	2:51.60	102%	
	, 2010 (14),						_
100m	, =0.0 (),			_	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						_
400m	, 2012 (12),	66.	5:17.24	387	5:12.74	97%	
100m		7.	1:20.62	462	1:20.48	100%	
200m		41.	2:41.42	430	2:37.03	95%	
	, 2010 (14),						_
100m	, 2010 (11),			_	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
100111	, 2010 (14),	70.	1.00.20	0.0	1.00.10	3373	1
400m	, 2010 (14),	62.	4:50.91	388	4:39.55	92%	•
100m		02.	1:16.57	376	1:16.99	101%	
200m		48.	2:30.05	390	2:27.07	96%	
200	, 2011 (13),		2.00.00	333		30,0	2
400	, 2011 (13),	74	5:19.44	270	E-20 26	4040/	_
400m 100m		74. 14.	1:13.81	379 392	5:20.36 1:13.26	101% 99%	
200m		57.	2:45.29	400	2:46.21	101%	
200111	, 2010 (14),	01.	2.40.20	400	2.40.21	10170	1
400:	, 2010 (17),	66	4.54.07	200	4.40.00	000/	'
400m 100m		66. 22.	4:51.27 1:08.81	386 346	4:49.08 1:07.68	99% 97%	
200m		22. 51.	2:30.31	346 387	2:30.54	100%	
200111	, 2012 (12),	31.	2.50.51	301	2.00.04	10076	2
100~	, 2012 (12),				1.00 16		_
100m		47.	5:09.90	- 415	1:08.16 5:21.42	- 108%	
400m 200m		47. 63.	5:09.90 2:45.70	397	5:21.42 2:47.40	108%	
200111	, 2012 (12),	03.	£.4J.1U	<i>ว</i> ฮ <i>เ</i>	4.77.40	10270	4
	, ZUIZ (IZ),				4 00 40		1
400	, , , , , , , , , , , , , , , , , , , ,					-	
100m	, , , , , , , , , , , , , , , , , , , ,	62	5.14.32	308	1:08.40 5:15.16	1010/	
400m	, , , ,	62. 93	5:14.32	398	5:15.16	101% 100%	
		62. 93.	5:14.32 2:51.16			101% 100%	
400m 200m	, 2010 (14),			398 360	5:15.16 2:51.08	100%	-
400m 200m 100m		93.	2:51.16	398 360 -	5:15.16 2:51.08 1:01.11	100%	-
400m 200m 100m 400m		93. 97.	2:51.16 4:58.39	398 360 - 359	5:15.16 2:51.08 1:01.11 4:48.25	100% - 93%	-
400m 200m 100m	, 2010 (14),	93.	2:51.16	398 360 -	5:15.16 2:51.08 1:01.11	100%	-
400m 200m 100m 400m 200m		93. 97. 72.	2:51.16 4:58.39 2:33.47	398 360 - 359 364	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	100% - 93% 98%	2
400m 200m 100m 400m 200m	, 2010 (14),	93. 97. 72. 21.	2:51.16 4:58.39 2:33.47 4:59.81	398 360 - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	100% - 93% 98% 100%	2
400m 200m 100m 400m 200m 400m 100m	, 2010 (14),	93. 97. 72. 21. 18.	2:51.16 4:58.39 2:33.47 4:59.81 1:17.47	398 360 - 359 364 459 339	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	100% - 93% 98% 100% 93%	2
400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	93. 97. 72. 21.	2:51.16 4:58.39 2:33.47 4:59.81	398 360 - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	100% - 93% 98% 100%	2
400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14),	93. 97. 72. 21. 18. 39.	2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	398 360 - 359 364 459 339 433	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	100% - 93% 98% 100% 93% 101%	2
400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	93. 97. 72. 21. 18. 39.	2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06 5:20.16	398 360 - 359 364 459 339 433	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	100% - 93% 98% 100% 93% 101%	2
400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	93. 97. 72. 21. 18. 39.	2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	398 360 - 359 364 459 339 433	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	100% - 93% 98% 100% 93% 101%	2

400	, 2010 (14),	00	4.50.04	000	4.54.04	000/	-
400m 100m		68. 16.	4:52.04 1:05.96	383 393	4:51.04 1:05.26	99% 98%	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						2
400m		18.	4:35.80	455	4:36.00	100%	
100m 200m		10. 40.	1:07.33 2:28.96	357 398	1:07.50 2:28.50	101% 99%	
200111	, 2012 (12),	40.	2.20.90	390	2.20.30	3370	2
400m	, 2012 (12),	97.	5:27.25	353	5:28.72	101%	_
100m		25.	1:21.42	292	1:20.44	98%	
200m	2011 (12	101.	2:52.23	354	2:52.24	100%	
400	, 2011 (13),	00	F:40 47	200	5.40.00	000/	1
400m 100m		63. 12.	5:16.47 1:12.00	390 443	5:12.90 1:11.34	98% 98%	
200m		51.	2:43.41	414	2:44.44	101%	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		17. 86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
200111	, 2010 (14),	00.	2.00.11	0.10	2.00.01	0070	1
400m	, 2010 (11),	75.	4:53.03	380	4:50.50	98%	•
100m			1:13.93	418	1:16.20	106%	
200m	0040 (44	46.	2:29.60	393	2:29.00	99%	
400m	, 2010 (14),	14.	4:22 F2	472	4.22.06	100%	-
100m		2.	4:32.52 1:00.52	509	4:32.06 1:00.00	98%	
200m		7.	2:18.80	492	2:17.73	98%	
	, 2011 (13),						2
400m		89.	5:23.67	364	5:19.00	97%	
100m 200m		17. 81.	1:16.44 2:49.37	353 372	1:16.50 2:50.15	100% 101%	
200111		01.	2.43.57	012	2.50.15	10170	
							48
	, 2011 (13),						-
100m				-	1:01.00	-	
400m		147. 108.	5:12.93 2:39.54	312 324	5:12.00 2:38.50	99% 99%	
200m	, 2012 (12),	106.	2.39.34	324	2.36.30	9970	_
100m	, 2012 (12),			-	1:10.00	_	_
400m		90.	5:24.46	362	5:17.00	95%	
200m	2040/44	131.	3:01.35	303	2:52.00	90%	
100	, 2010 (14),				4.04.00	-	1
100m 400m		36.	4:42.02	426	1:01.00 4:43.00	101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12),						1
100m		444	5 40 05	-	1:05.00	-	
400m 200m		144. 132.	5:10.95 2:43.49	318 301	5:03.00 2:45.00	95% 102%	
200111	, 2012 (12),	102.	2.40.43	301	2.40.00	10270	1
400m	, - (),	65.	5:17.11	388	5:06.00	93%	
100m		10.	1:12.83	408	1:12.90	100%	
200m	, 2011 (13),	82.	2:49.57	371	2:46.00	96%	
100m	, 2011 (13),			-	1:09.00	-	-
400m		77.	5:20.22	376	5:17.90	99%	
200m		104.	2:52.67	351	2:49.60	96%	
	, 2012 (12),						-
400m 100m		104. 29.	5:31.09 1:27.91	340 232	5:17.90 1:21.99	92% 87%	
200m		29. 96.	2:51.56	358	2:49.60	98%	
	, 2010 (14),					33,0	3
400m		89.	4:55.23	371	4:56.38	101%	
100m		07	1:13.28	429	1:13.64	101%	
200m	, 2011 (13),	27.	2:26.65	417	2:27.94	102%	4
100m	, 2011 (13),			-	1:05.50	-	1
400m		41.	5:07.47	425	5:15.00	105%	
200m		76.	2:47.81	382	2:46.00	98%	
400	, 2010 (14),				50.05		-
100m 400m		131.	5:05.83	334	59.95 4:54.00	- 92%	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14),					
400m	, 2010 (14),	146.	5:11.13	317	5:04.00	95%
100m		140.	1:18.22	352	1:15.00	92%
200m		79.	2:34.76	355	2:33.00	98%
	, 2011 (13),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.00	-
400m		43.	5:08.38	421	4:55.00	92%
200m		102.	2:52.35	353	2:47.00	94%
	, 2010 (14),					1
400m		105.	4:59.61	355	4:58.00	99%
100m		81.	1:21.50	312	1:18.00	92%
200m	2012 (12	01.	2:34.91	354	2:38.35	104%
400	, 2012 (12),	402	F-20 20	242	F-06 00	070/
400m 100m		103. 32.	5:30.30 1:19.01	343 335	5:26.00 1:18.50	97% 99%
200m		86.	2:50.18	367	2:54.00	105%
	, 2010 (14),					-
100m	, (-	1:00.00	-
400m		64.	4:51.10	387	4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m		96.	4:58.10	360	4:58.00	100%
100m		17.	1:10.87	306	1:10.00	98%
200m	2010 (10	127.	2:42.29	308	2:38.60	96%
400	, 2012 (12),	4.40	F. 50. 45	070	0.00.00	1000/
400m		140.	5:56.43	273	6:00.00	102%
100m 200m		42. 148.	1:23.83 3:23.13	280 215	1:22.00 3:14.00	96% 91%
200111	, 2010 (14),	140.	0.20.10	210	0.14.00	2
400m	, 2010 (14),	19.	4:35.84	455	4:41.90	104%
100m		4.	1:05.51	387	1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					1
400m	, , , , , , , , , , , , , , , , , , , ,	72.	5:18.21	384	5:06.76	93%
100m		3.	1:17.53	520	1:16.54	97%
200m		17.	2:35.71	479	2:36.17	101%
	, 2011 (13),					-
400m		79.	4:53.46	378	4:53.00	100%
100m		31.	1:13.64	282	1:09.00	88%
200m	0040 (40	138.	2:44.35	296	2:42.00	97%
400	, 2012 (12),	400			- 40.00	1
400m 100m		126. 23.	5:44.55 1:28.22	302 353	5:40.00 1:25.00	97% 93%
200m		23. 119.	2:56.27	330	2:58.00	102%
200111	, 2012 (12),	110.	2.00.21	000	2.00.00	2
400m	, 2012 (12),	92.	5:25.53	358	5:31.00	103%
100m		30.	1:17.98	348	1:17.50	99%
200m		97.	2:51.90	356	2:57.00	106%
	, 2012 (12),					3
400m		137.	5:53.39	280	6:09.00	109%
100m		29.	1:32.65	304	1:35.00	105%
200m	0040 (44	128.	3:00.38	308	3:03.74	104%
	, 2010 (14),					
400m		133.	5:05.92	333	4:52.00	91%
100m 200m		24. 151.	1:15.84 2:53.07	250 254	1:10.00 2:45.00	85% 91%
200111	, 2012 (12),	101.	2.00.01	204	2.70.00	2
100m	, 2012 (12),			-	1:05.00	-
400m		18.	4:58.44	465	5:05.50	105%
200m		29.	2:39.91	442	2:40.14	100%
	, 2010 (14),					-
400m	, , , , , , , , , , , , , , , , , , , ,	156.	5:25.52	277	5:20.00	97%
100m		29.	1:12.22	299	1:09.00	91%
200m		146.	2:47.48	280	2:41.00	92%
	, 2011 (13),					1
400m		86.	5:21.67	371	5:14.45	96%
100m		14.	1:23.86	411	1:23.21	98%
200m	2044 (40	46.	2:43.02	417	2:43.34	100%
400	, 2011 (13),		F =0 0=		5.05.00	
400m		135. 21.	5:52.65 1:27.47	282	5:25.00	85% 90%
100m 200m		21. 114.	1:27.47 2:54.33	362 341	1:23.00 2:50.00	90% 95%
200111	, 2011 (13),	117.	2.07.00	J-1	2.50.00	95%
400m	, 2011 (10),	128.	5:46.63	297	5:30.00	91%
100m		26.	1:16.59	368	1:17.00	101%
200m		106.	2:52.99	349	2:53.00	100%

400	, 2010 (14),				50.70	
100m 400m		92.	4:56.39	367	58.79 4:50.00	96%
200m		85.	2:35.94	347	2:35.29	99%
	, 2011 (13),					3
400m		55.	5:11.97	407	5:19.78	105%
100m		8.	1:11.21	437 457	1:11.45	101%
200m	, 2012 (12),	24.	2:38.13	457	2:41.12	104%
400m	, 2012 (12),	58.	5:13.29	402	5:10.00	98%
100m		29.	1:17.76	351	1:16.00	96%
200m		108.	2:53.32	347	2:50.00	96%
	, 2013 (11),					2
400m 100m		145. 22.	6:18.95	227 359	6:02.00	91% 103%
200m		139.	1:27.71 3:07.24	275	1:29.00 3:10.00	103%
200111	, 2010 (14),	100.	0.07.124	2.0	0.10.00	
400m	, (),	118.	5:02.37	345	4:56.00	96%
100m		25.	1:10.17	326	1:08.00	94%
200m	0044 (40	130.	2:42.95	304	2:42.00	99%
400	, 2011 (13),					1
400m 100m		22. 6.	5:00.79 1:10.28	454 454	4:55.76 1:10.23	97% 100%
200m		11.	2:33.98	495	2:35.69	102%
	, 2013 (11),					3
400m		101.	5:29.00	347	5:30.00	101%
100m		15.	1:15.27	370	1:17.00	105%
200m	2012 (12	94.	2:51.18	360	2:53.00	102%
400m	, 2012 (12),	94.	4:56.78	365	5:00.00	1 102%
100m		34.	1:12.07	451	1:10.50	96%
200m		61.	2:31.15	381	2:26.50	94%
	, 2011 (13),					1
100m				-	1:08.00	-
400m 200m		70. 75.	5:18.02 2:47.79	384 383	5:24.00 2:47.00	104% 99%
200111	, 2013 (11),	73.	2.47.79	303	2.47.00	3976
400m	, 2010 (11),	122.	5:42.96	306	5:43.00	100%
100m		24.	1:28.37	351	1:28.79	101%
200m		113.	2:54.20	342	2:59.00	106%
400	, 2013 (11),				4.00.00	2
100m 400m		94.	5:26.73	354	1:08.00 5:35.00	105%
200m		78.	2:48.29	379	2:53.00	106%
	, 2012 (12),					1
400m		109.	5:32.34	337	5:36.00	102%
100m		27.	1:23.90	267	1:22.50	97%
200m	, 2011 (13),	135.	3:02.68	296	2:58.00	95%
400m	, 2011 (13),	128.	5:04.94	337	4:55.00	94%
100m		30.	1:12.83	292	1:09.00	90%
200m		121.	2:41.65	311	2:35.00	92%
	, 2010 (14),					3
400m		88.	4:54.94	372	5:00.00	103%
100m 200m		13. 25.	1:04.27 2:26.50	425 419	1:05.50 2:27.00	104% 101%
	, 2012 (12),					1
100m	, - (-	1:05.90	-
400m		61.	5:14.16	399	5:14.00	100%
200m	2012 (12	49.	2:43.23	416	2:46.00	103%
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%
100m		2.	1:16.72	537	1:15.60	97%
200m		6.	2:31.56	519	2:34.33	104%
	, 2010 (14),					2
400m		151.	5:17.63	298	5:20.00	101%
100m 200m		21. 126.	1:12.54 2:42.08	285 309	1:11.00 2:44.00	96% 102%
200111		120.	2.72.00	003	<u> 17.00</u>	102/0
						31
	, 2010 (14),					2
100m	, (/)			-	55.22	-
400m		6.	4:26.99	502	4:32.45	104%
200m		14.	2:22.46	455	2:25.42	104%

, 29. - 31.5.2024

	, 2011 (13),					
400m	, , ,	83.	5:21.23	373	5:12.00	94%
100m		12.	1:23.59	415	1:22.72	98%
200m	0040 (40	55.	2:44.75	404	2:47.38	103%
	, 2012 (12),					
400m		52.	5:11.42	409	5:11.20	100%
100m 200m		21. 66.	1:18.74 2:46.30	323 393	1:19.71 2:45.10	102% 99%
200111	, 2010 (14),	00.	2.40.30	393	2.45.10	9976
400m	, 2010 (14),	21.	4:38.39	443	4:43.78	104%
100m		21.	1:17.52	362	1:15.65	95%
200m		31.	2:27.12	413	2:27.24	100%
	, 2011 (13),					
400m	, , , , , , , , , , , , , , , , , , , ,	107.	5:00.11	353	5:02.18	101%
100m		37.	1:14.86	269	1:14.97	100%
200m	0044 (40	136.	2:44.26	297	2:38.82	93%
	, 2011 (13),					
100m		50	5 40 00	-	1:05.00	-
400m 200m		56. 67.	5:13.06 2:46.32	403 393	5:10.00 2:48.00	98% 102%
200111	, 2010 (14),	07.	2.40.32	393	2.40.00	10276
400m	, 2010 (14),	3.	4:17.49	560	4:10.30	94%
100m		5. 5.	1:01.83	477	1:02.52	102%
200m		10.	2:20.18	478	2:22.10	103%
	, 2010 (14),			-	-	.0070
100m	, (),			-	1:04.00	_
400m		65.	4:51.20	387	4:53.44	102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					
400m		1.	4:08.68	621	4:09.73	101%
100m			1:05.55	599	1:05.00	98%
200m	2042 (42	1.	2:07.95	629	2:13.50	109%
400	, 2012 (12),	50	F:12 F2	404	5.40.70	000/
400m 100m		59. 16.	5:13.52 1:14.41	401 401	5:10.78	98% 99%
200m		59.	2:45.50	399	1:14.00 2:47.46	102%
200111	, 2011 (13),	55.	2.43.30	399	2.47.40	10270
400m	, 2011 (13),	138.	5:06.74	331	5:02.39	97%
100m		32.	1:13.68	282	1:13.50	100%
200m		122.	2:41.73	311	2:40.24	98%
	, 2011 (13),					
100m	, , ,			-	1:11.46	-
400m		32.	5:04.87	436	5:12.37	105%
200m	0044 (40	90.	2:51.00	361	2:52.37	102%
	, 2011 (13),					;
400m		11.	4:53.33	490	4:55.57	102%
100m 200m		3. 7.	1:09.99 2:32.60	460 509	1:12.97 2:33.78	109% 102%
200111	, 2011 (13),	٠.	2.52.00	503	2.00.70	10276
400m	, 2011 (13),	53.	5:11.69	408	5:24.16	108%
100m		53. 19.	1:14.91	393	1:15.63	102%
200m		42.	2:41.71	427	2:45.16	104%
	, 2010 (14),					
400m		80.	4:53.47	378	4:53.24	100%
100m		14.	1:08.76	335	1:09.17	101%
	, 2010 (14),					;
100m	·			-	1:02.18	-
400m		61.	4:50.80	388	5:00.24	107%
		93.	2:37.15	339	2:41.49	106%
200m	0044 (40					
200m	, 2011 (13),					
200m 400m	, 2011 (13),	106.	5:31.72	339	5:18.20	92%
200m 400m 100m	, 2011 (13),	16.	1:15.75	363	1:15.73	100%
200m 400m						100% 93%
200m 400m 100m 200m	, 2011 (13), , 2010 (14),	16.	1:15.75	363	1:15.73 2:40.40	100%
200m 400m 100m 200m		16. 68.	1:15.75 2:46.53	363 391	1:15.73 2:40.40 1:00.20	100% 93% -
200m 400m 100m 200m 100m 400m		16. 68. 37.	1:15.75 2:46.53 4:42.97	363 391 - 422	1:15.73 2:40.40 1:00.20 4:46.76	100% 93% - 103%
200m 400m 100m 200m	, 2010 (14),	16. 68.	1:15.75 2:46.53	363 391	1:15.73 2:40.40 1:00.20	100% 93% - 103% 97%
200m 400m 100m 200m 100m 400m 200m		16. 68. 37.	1:15.75 2:46.53 4:42.97	363 391 - 422	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33	100% 93% - 103%
200m 400m 100m 200m 100m 400m	, 2010 (14),	16. 68. 37.	1:15.75 2:46.53 4:42.97	363 391 - 422 378	1:15.73 2:40.40 1:00.20 4:46.76	100% 93% - 103% 97%
200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	16. 68. 37. 63.	1:15.75 2:46.53 4:42.97 2:31.60	363 391 - 422 378	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89	100% 93% - 103% 97%
200m 400m 100m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	16. 68. 37. 63.	1:15.75 2:46.53 4:42.97 2:31.60 5:17.06	363 391 - 422 378 - 388	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16	100% 93% - 103% 97% - 102%
200m 400m 100m 200m 100m 400m 200m 100m 400m 400m 400m 200m	, 2010 (14), , 2011 (13),	16. 68. 37. 63. 64. 105.	1:15.75 2:46.53 4:42.97 2:31.60 5:17.06 2:52.88 5:10.11	363 391 - 422 378 - 388 350	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	100% 93% - 103% 97% - 102% 99%
200m 400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	16. 68. 37. 63. 64. 105. 48. 24.	1:15.75 2:46.53 4:42.97 2:31.60 5:17.06 2:52.88 5:10.11 1:16.16	363 391 - 422 378 - 388 350 414 374	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16 2:51.94 5:12.44 1:15.06	100% 93% - 103% 97% - 102% 99%
200m 400m 100m 200m 100m 400m 200m 100m 400m 400m 400m 400m	, 2010 (14), , 2011 (13),	16. 68. 37. 63. 64. 105.	1:15.75 2:46.53 4:42.97 2:31.60 5:17.06 2:52.88 5:10.11	363 391 - 422 378 - 388 350	1:15.73 2:40.40 1:00.20 4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	100% 93% - 103% 97% - 102% 99%

	, 2011 (13),							2
400m		82.	4:53.81	377	4:51.26		98%	
100m		11.	1:04.14	427	1:04.54		101%	
200m	, 2010 (14),	74.	2:33.83	361	2:35.86		103%	1
400m	, 2010 (14),	12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m		9.	1:03.92	432	1:04.92	29.03.2024	103%	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							3
400m		4.	4:18.37	554	4:21.07	25.04.2024	102%	
100m 200m		6. 11.	1:01.99 2:20.34	473 476	1:02.09 2:21.29	26.04.2024 24.04.2024	100% 101%	
200111	, 2012 (12),	11.	2.20.34	470	2.21.23	24.04.2024	10170	2
100m	, 2012 (12),			-	1:12.87		-	_
400m		134.	5:52.45	282	6:02.18		106%	
200m		133.	3:02.37	298	3:03.57		101%	
	, 2010 (14),							-
100m			4.00.05	-	56.54	26.04.2024	-	
400m 200m		8. 6.	4:28.25 2:17.60	495 505	4:22.37 2:16.72	25.04.2024 24.04.2024	96% 99%	
200111	, 2010 (14),	O.	2.17.00	000	2.10.72	2 1.0 1.202 1	0070	1
100m	, 2010 (11),			-	1:01.04		_	•
400m		100.	4:58.66	358	4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m		110	E-20 67	- 315	1:11.63		4040/	
400m 200m		119. 132.	5:39.67 3:01.38	303	5:41.67 2:57.97		101% 96%	
	, 2011 (13),							1
100m	,			-	1:07.27		-	-
400m		69.	5:17.47	386	5:16.74		100%	
200m	0040 (44	71.	2:46.80	389	2:48.80		102%	
400	, 2010 (14),	70	4.50.05	202	1.50.60		000/	1
400m 100m		70. 12.	4:52.05 1:04.23	383 426	4:50.62 1:04.31		99% 100%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,	39.	5:06.09	431	5:03.05		98%	
100m		5.	1:09.39	494	1:09.13		99%	
200m	2044 (42	30.	2:40.06	441	2:42.47		103%	4
400	, 2011 (13),	75	E-40 74	270	F-0F 00	24.04.2024	1040/	1
400m 100m		75. 23.	5:19.74 1:19.35	378 316	5:25.39 1:15.43	24.04.2024 26.04.2024	104% 90%	
200m		62.	2:45.65	398	2:44.59	22.06.2023	99%	
	, 2010 (14),							2
100m				-	1:02.92	26.04.2024	-	
400m 200m		126. 87.	5:04.59 2:36.19	338 345	5:07.80 2:40.35	25.04.2024 24.04.2024	102% 105%	
200111	, 2011 (13),	67.	2.30.19	343	2.40.33	24.04.2024	10376	3
400m	, 2011 (13),	58.	4:48.95	396	4:55.65	25.04.2024	105%	3
100m		00.	1:19.42	337	1:20.23	26.04.2024	102%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m		05	4.50.07	-	1:03.95	26.04.2024	- 070/	
400m	, 2011 (13),	95.	4:56.87	365	4:53.13	25.04.2024	97%	2
400m	, 2011 (10),	67.	5:17.33	387	5:12.70		97%	_
100m		14.	1:12.78	428	1:13.24		101%	
200m		40.	2:41.16	432	2:41.91		101%	
	, 2010 (14),							1
400m 200m		116. 99.	5:02.10	346 334	4:55.78	25.04.2024	96%	
200111	, 2011 (13),	99.	2:37.98	334	2:39.71	24.04.2024	102%	1
400m	, 2011 (13),	57.	5:13.27	402	5:07.61		96%	'
100m		6.	1:20.37	467	1:18.86		96%	
200m		34.	2:40.38	438	2:43.95		105%	
	, 2010 (14),							2
100m		4.4	4,42.64	-	1:06.23	26.04.2024	1020/	
400m 200m		41. 114.	4:43.61 2:40.71	419 317	4:46.97 2:48.11	25.04.2024	102% 109%	
200111	, 2010 (14),	117.	2.70.71	317	۷.٦٥.١١		103/0	2
400m	,	99.	4:58.54	359	4:56.78		99%	_
100m		16.	1:10.03	317	1:12.94		108%	
200m		89.	2:36.50	343	2:39.46		104%	

	, 2011 (13),							3
400m		120.	5:02.84	344	5:06.52		102%	
100m 200m		97.	1:20.18 2:37.63	327 336	1:20.24 2:41.51		100% 105%	
200111	, 2011 (13),	51.	2.37.03	330	2.41.31		10376	_
400m	, ==::(:= /,	60.	5:13.71	400	5:11.05		98%	
100m		13.	1:13.77	393	1:11.42		94%	
200m		68.	2:46.53	391	2:44.78		98%	
400	, 2011 (13),				4.00.75	00.04.0004		1
100m 400m		102.	4:58.95	- 357	1:00.75 4:55.91	26.04.2024 25.04.2024	- 98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m		50.	4:47.03	404	4:45.58		99%	
100m 200m		19.	1:08.68 2:23.66	521 444	1:07.57 2:23.78		97% 100%	
200111	, 2010 (14),	10.	2.20.00	• • • • • • • • • • • • • • • • • • • •	2.20.70		10070	-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.09		-	
400m		63.	4:51.06	387	4:40.19		93%	
200m	, 2012 (12),	95.	2:37.40	337	2:35.73		98%	
100m	, 2012 (12),			-	1:06.45		-	-
400m		73.	5:18.55	382	5:15.39		98%	
200m		90.	2:51.00	361	2:50.71		100%	
400-	, 2011 (13),				4.00.00			1
100m 400m		91.	4:55.75	369	1:00.60 4:52.60		- 98%	
200m		115.	2:40.90	316	2:44.00		104%	
	, 2011 (13),							2
100m		0	4-50-44	-	1:05.45	26.04.2024	-	
400m 200m		9. 44.	4:52.11 2:42.25	496 423	4:58.56 2:44.93	24.04.2024 25.04.2024	104% 103%	
200	, 2012 (12),			0	2	2010 11202 1	10070	-
400m	, , ,	155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m		4.47	0.47.04	-	1:22.81	26.04.2024	4000/	
200m	, 2010 (14),	147.	2:47.94	278	2:47.64	24.04.2024	100%	2
400m	, 2010 (14),	137.	5:06.69	331	5:15.13	25.04.2024	106%	_
100m			1:18.08	354	1:20.61	28.03.2024	107%	
200m	0044 (40	116.	2:41.11	315	2:38.12	24.04.2024	96%	
400m	, 2011 (13),	113.	5:35.23	220	E-24 00		94%	1
400m 100m		113.	1:23.08	328 422	5:24.88 1:21.65		97%	
200m		79.	2:48.69	376	2:52.72		105%	
	, 2010 (14),							3
400m 100m		33.	4:41.84 1:16.67	427 374	4:48.82 1:17.47		105% 102%	
200m		29.	2:26.83	416	2:32.09		102%	
	, 2010 (14),							2
400m		60.	4:50.43	390	4:52.60		101%	
100m 200m		15. 69.	1:04.96 2:32.69	411 370	1:12.58 2:27.60		125% 93%	
200111	, 2012 (12),	03.	2.02.03	370	2.27.00		9370	2
100m	, == (=),			-	1:04.40	28.03.2024	-	_
400m		57.	4:48.75	397	4:55.47	25.04.2024	105%	
200m	, 2010 (14),	102.	2:38.56	330	2:41.13	24.04.2024	103%	2
400m	, 2010 (14),	9.	4:28.37	494	4:26.36		99%	
100m		1.	1:00.59	490	1:01.56		103%	
200m		3.	2:15.53	529	2:16.53		101%	_
400~	, 2011 (13),	O.F	E:04 40	070	E-40 07		000/	2
400m 100m		85. 2.	5:21.42 1:09.92	372 461	5:19.67 1:12.01		99% 106%	
200m		22.	2:37.58	462	2:38.51		101%	
	, 2010 (14),							1
400m		54.	4:47.64	401	4:47.50		100%	
100m 200m		22.	1:12.77 2:25.16	438 430	1:12.80 2:22.60		100% 97%	
	, 2011 (13),		- -	- -			- /-	1
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m		3. 28.	1:07.84 2:39.45	529 446	1:06.89		97% 103%	
ZUUIII	, 2012 (12),	۷٥.	2.33.43	440	2:41.50		103%	_
100m	, ();			-	1:03.95	26.04.2024	-	
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m		52.	2:43.63	413	2:42.67		99%	

	0040 (40							•
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	3
100m		41.	1:22.62	293	1:24.14	24.04.2024	104%	
200m		137.	3:03.86	291	3:10.66	25.04.2024	108%	
	, 2011 (13),							1
100m				.	1:06.87			
400m		49.	5:10.15	414	5:17.13		105%	
200m	, 2011 (13),	47.	2:43.13	416	2:41.97		99%	2
100m	, 2011 (13),			-	1:04.58		-	_
400m		109.	5:00.25	353	5:01.18	25.04.2024	101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							1
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m		20. 95.	1:15.08 2:51.42	390 359	1:12.56 2:53.69		93% 103%	
200111	, 2011 (13),	55.	2.01.42	303	2.00.00		10070	_
400m	, ==::(:= /,	153.	5:22.37	285	5:13.38		95%	
100m				-	1:28.91		-	
200m		149.	2:49.23	271	2:44.49		94%	_
400	, 2011 (13),			4=0			40407	2
400m 100m		24. 10.	5:01.70 1:10.48	450 472	5:03.35 1:07.74		101% 92%	
200m		27.	2:39.03	449	2:39.68		101%	
	, 2012 (12),							1
400m		138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m		35.	1:20.09	321	1:21.59	26.04.2024	104%	
200m	2010 (14	141.	3:08.18	271	3:02.87	25.04.2024	94%	4
100m	, 2010 (14),			_	54.12		_	1
400m		2.	4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
	, 2010 (14),							1
400m		42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m 200m		13.	1:09.91 2:21.78	494 462	1:09.79 2:23.12	26.04.2024 24.04.2024	100% 102%	
200111	, 2013 (11),	10.	2.21.70	402	2.20.12	24.04.2024	10270	2
400m	, 2010 (11),	108.	5:32.14	337	5:39.66		105%	_
100m		31.	1:37.57	261	1:34.94		95%	
200m		120.	2:56.42	329	2:56.62		100%	_
400	, 2011 (13),						40407	3
400m 100m		105. 16.	5:31.45 1:24.73	339 398	5:32.47 1:25.17		101% 101%	
200m		98.	2:52.03	355	2:55.64		104%	
	, 2012 (12),							1
400m		112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m		40.	1:22.43	295	1:22.25	26.04.2024	100%	
200m	, 2011 (13),	128.	3:00.38	308	3:05.11	25.04.2024	105%	_
400m	, 2011 (13),	71.	5:18.19	384	5:14.84	23.11.2023	98%	-
100m		16.	1:24.73	398	1:22.53	23.11.2023	95%	
200m		61.	2:45.55	398	2:43.30	25.04.2024	97%	
	, 2012 (12),							1
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m		25. 58.	1:16.25 2:45.49	373 399	1:15.63 2:45.78	26.04.2024 25.04.2024	98% 100%	
	, 2012 (12),							3
400m	, - (28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m		11.	1:13.03	405	1:13.60	26.04.2024	102%	
200m	2010 (14	65.	2:45.80	397	2:49.88	25.04.2024	105%	2
100m	, 2010 (14),			-	1:02.55		-	2
400m		52.	4:47.24	403	4:49.66		102%	
200m		84.	2:35.53	350	2:38.32		104%	
	, 2011 (13),							-
100m				-	1:03.13	26.04.2024	-	
400m 200m		16. 32.	4:57.81 2:40.13	468 440	4:54.75 2:39.16	27.03.2024 25.04.2024	98% 99%	
200111	, 2012 (12),	32.	2.40.13	440	2.33.10	23.04.2024	3370	2
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	2
100m		23.	1:15.89	378	1:15.24		98%	
200m	2242 //2	73.	2:47.68	383	2:51.65		105%	,
400	, 2012 (12),		F.00 F0	40.4	F 40.00		10501	1
400m 100m		44. 19.	5:08.56 1:25.58	421 386	5:16.23 1:22.27		105% 92%	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m	, , , , , , , , , , , , , , , , , , , ,	136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m		115.	2:54.80	338	2:56.19		102%	
	, 2010 (14),							-
100m				-	1:05.38	26.04.2024	-	
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m	0040 (44	144.	2:46.90	283	2:46.19	24.04.2024	99%	
400	, 2010 (14),						40=04	1
400m		27.	4:40.00	435	4:46.52		105%	
100m 200m		14. 28.	1:04.81 2:26.71	414 417	1:04.59 2:24.49		99% 97%	
200111	, 2012 (12),	20.	2.20.7 1	• • • • • • • • • • • • • • • • • • • •	2.2 1. 10		0170	_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	_
100m		28.	1:31.26	319	1:29.97	19.04.2024	97%	
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13),							2
400m	, (, , ,	111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m		33.	1:19.63	327	1:18.51	26.04.2024	97%	
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%	
	, 2010 (14),							3
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m		33.	1:13.80	280	1:15.19	26.04.2024	104%	
200m	2014 (12	112.	2:40.45	318	2:45.47	24.04.2024	106%	
400	, 2011 (13),							-
100m		40	4.54.05	-	1:04.60	26.10.2023	-	
400m 200m		13. 14.	4:54.85 2:34.91	482 486	4:52.83 2:34.71	24.04.2024 22.11.2023	99% 100%	
200111	, 2011 (13),	14.	2.54.51	400	2.54.71	22.11.2023	10078	2
100m	, 2011 (13),			_	1:18.22	24.11.2023		_
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
	, 2010 (14),							1
400m		35.	4:41.88	426	4:40.20		99%	
100m		12.	1:08.37	341	1:08.47		100%	
200m	0044 (40	58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							1
400m 100m		73. 18.	4:52.60 1:07.13	381 373	4:50.48		99% 106%	
200m		96.	2:37.44	337	1:08.99 2:35.31		97%	
200111	, 2011 (13),	30.	2.07.44	307	2.00.01		37 70	1
400m	, 2011 (10),	120.	5:40.49	313	5:43.73		102%	•
100m		28.	1:17.61	353	1:17.03		99%	
	, 2010 (14),							2
100m	, (),			-	59.64		-	
400m		29.	4:41.14	430	4:51.18		107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13),							2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m		5.	1:20.27	468	1:19.49	26.04.2024	98%	
200m	2010 (11	23.	2:38.03	458	2:39.45	25.04.2024	102%	_
400	, 2010 (14),		=	0.17			0=0/	2
400m		145.	5:11.00	317	5:02.94		95%	
100m 200m		27. 120.	1:11.21 2:41.59	312 312	1:11.66 2:42.38		101% 101%	
200111	, 2012 (12),	120.	2.41.00	012	2.42.00		10170	_
400m	, 2012 (12),	114.	5:01.82	347	5:00.14	25.04.2024	99%	
100m		114.	0.01.02	-	1:20.97	26.04.2024	-	
	, 2010 (14),							2
100m	,			-	1:04.73	28.03.2024	-	_
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m		103.	2:38.60	330	2:45.39	16.06.2023	109%	
	, 2011 (13),							2
400m	• • • •	46.	5:09.47	417	5:05.80		98%	
100m		9.	1:10.14	479	1:11.00		102%	
		19.	2:36.77	469	2:39.70		104%	_
200m	0040 (44							
	, 2010 (14),							2
100m	, 2010 (14),			-	55.65	26.04.2024	-	2
	, 2010 (14),	10. 9.	4:28.47 2:19.89	- 494 481	55.65 4:30.00 2:30.78	26.04.2024 25.04.2024 22.11.2023	- 101% 116%	2

	0040 (44							
400	, 2010 (14),	400	5.05.05	004	5 0 4 70		2007	2
400m		132.	5:05.85	334	5:04.79		99%	
100m 200m		77.	1:14.50 2:34.13	408 359	1:14.56 2:34.88		100% 101%	
200111	, 2010 (14),	77.	2.34.13	339	2.34.00		10176	1
100m	, 2010 (14),			-	1:04.13		_	'
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,	134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		26.	1:10.87	317	1:11.34	26.04.2024	101%	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							2
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m		33.	1:41.08	234	1:38.18	26.04.2024	94%	
200m	2011 (12	147.	3:16.00	240	3:46.50	06.12.2023	134%	2
100	, 2011 (13),				1.06.24			2
100m 400m		117.	5:02.29	346	1:06.34 5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m	, 2011 (10),			-	1:06.69	07.12.2023	_	_
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m		129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							2
400m		23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m		2.	1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13),							1
100m				-	1:00.12		-	
400m	0044 (40	25.	4:39.41	438	4:43.97		103%	•
400	, 2011 (13),	4=0					10101	3
400m		150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m 200m		35. 142.	1:14.67 2:45.74	271 289	1:15.34 2:48.64	26.04.2024 24.04.2024	102% 104%	
200111	, 2010 (14),		2.40114	200	2.10.01	2 1.0 1.202 1	10 170	1
400m	, 2010 (14),	83.	4:54.17	375	5:11.10	23.11.2023	112%	'
100m		23.	1:13.32	276	1:10.36	20.11.2020	92%	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m	, == (, , , , , , , , , , , , , , , , ,			-	59.62	26.04.2024	-	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m		24.	1:21.23	294	1:20.12		97%	
200m	2044 (42	109.	2:53.67	345	2:54.00		100%	4
100	, 2011 (13),				4.00.02			1
100m 400m		33.	4:41.84	427	1:00.03 4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
200	, 2011 (13),	00.	2.00	000	2.00.0		3373	1
100m	, - (- ,,			-	59.14		-	
400m		8.	4:52.02	496	4:49.86		99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							3
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m		37.	1:20.36	318	1:21.52	26.04.2024	103%	
200m	, 2011 (13),	112.	2:54.07	343	3:01.82	25.04.2024	109%	2
400	, 2011 (13),	4	4-20-04	500	4:40.45	04.04.0004	4000/	2
400m 100m		1. 1.	4:36.01 1:05.39	588 591	4:40.15	24.04.2024 26.04.2024	103% 100%	
200m		5.	2:29.68	539	1:05.31 2:31.57	25.04.2024	103%	
	, 2011 (13),							1
400m	, 2011 (10),	110.	5:00.43	352	5:00.56		100%	•
100m		19.	1:11.61	297	1:10.64		97%	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14),							2
400m		106.	4:59.83	354	5:03.85		103%	
100m		28.	1:11.41	310	1:09.98		96%	
200m	0040444	92.	2:36.85	341	2:39.94		104%	_
105	, 2010 (14),							2
100m		40	4.04.00	-	58.78		-	
400m 200m		13. 32.	4:31.82 2:27.18	476 413	4:47.67 2:33.74		112% 109%	
200111		32.	2.21.10	413	2.33.74		10970	

100	, 2011 (13),	70	5 00 70	075	5.00.00	07.00.0004	4000/	2
400m 100m		79. 20.	5:20.72	375 362	5:29.96	27.03.2024 26.04.2024	106% 100%	
200m		20. 72.	1:27.42 2:47.57	362 384	1:27.32 2:52.36	25.04.2024	106%	
200111	, 2011 (13),	72.	2.41.51	304	2.32.30	23.04.2024	100 /8	_
400m	, 2011 (10),	141.	5:08.43	325	5:06.86		99%	
100m		141.	3.00.43	-	1:20.91		9976	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m	, == : (: =),	112.	5:01.05	350	4:46.21		90%	
100m		23.	1:09.11	342	1:08.42		98%	
	, 2011 (13),							2
100m				-	1:05.35	26.04.2024	-	
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m		28.	4:40.52	433	4:43.30		102%	
100m 200m		23.	1:14.40 2:25.38	410 428	1:13.19 2:22.59		97% 96%	
200111	, 2011 (13),	25.	2.25.50	420	2.22.33		3070	3
400m	, 2011 (10),	124.	5:44.02	303	5:55.78		107%	J
100m		9.	1:22.54	431	1:24.03		104%	
200m		87.	2:50.38	365	2:57.06		108%	
	, 2012 (12),							2
400m	, , , , , , , , , , , , , , , , , , , ,	38.	5:05.99	431	5:00.22		96%	
100m		15.	1:13.80	411	1:13.94		100%	
200m		37.	2:40.97	433	2:41.99		101%	_
	, 2013 (11),							2
400m		96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m 200m		36. 116.	1:20.33 2:55.40	319 335	1:17.86 2:59.30	26.04.2024	94% 104%	
200111	, 2011 (13),	110.	2.33.40	333	2.39.30		10478	2
400m	, 2011 (13),	4.	4:40.74	559	4:37.71		98%	_
100m		1.	1:03.78	608	1:04.81		103%	
200m		2.	2:27.56	563	2:27.89		100%	
	, 2010 (14),							1
100m	, (),			-	1:08.86	26.04.2024	-	
400m		159.	5:30.87	263	5:34.76	25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96		79%	_
	, 2010 (14),							2
400m		72.	4:52.50	382	4:52.68		100%	
100m 200m		52.	1:18.68 2:30.33	346 387	1:18.06 2:31.09		98% 101%	
200111	, 2010 (14),	32.	2.30.33	307	2.31.09		10176	1
100m	, 2010 (14),			_	59.59		_	
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							_
100m	, 2011 (10),			_	59.17	26.04.2024	_	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m		8.	2:33.20	503	2:31.66	25.04.2024	98%	
	, 2011 (13),							3
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m		1.	1:12.09	647	1:12.77	23.11.2023	102%	
200m	0040 (40	1.	2:22.53	624	2:24.20	25.04.2024	102%	
400	, 2012 (12),				4 40 45	00.40.0000		1
100m 400m		95.	5:27.11	353	1:18.15 5:20.73	26.10.2023 24.04.2024	96%	
200m		118.	2:55.96	332	2:56.24	25.04.2024	100%	
200111	, 2011 (13),	110.	2.00.00	002	2.00.21	20.0 1.202 1	10070	_
100m	, =0 (),			_	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
	, 2010 (14),							2
400m		158.	5:30.09	265	5:30.90	25.04.2024	100%	
100m		34.	1:13.90	279	1:13.92	26.04.2024	100%	
200m	2040 (4.4	141.	2:45.31	291	2:42.67	24.04.2024	97%	_
400	, 2010 (14),	0-	4.54.00	070	4 40 00		2001	2
400m 100m		85. 3.	4:54.88 1:04.65	372 403	4:48.30 1:05.77		96% 103%	
200m		3. 39.	2:28.77	403 400	2:30.91		103%	
200111	, 2011 (13),	09.	2.20.11	-100	2.00.01		100/0	2
100m	,			-	1:03.15		-	_
400m		19.	4:58.75	464	5:01.84		102%	
200m		15.	2:34.95	486	2:36.98		103%	

	, 2011 (13),							3
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m 200m		7. 13.	1:09.66 2:34.85	489 487	1:11.76 2:37.06	26.04.2024 25.04.2024	106% 103%	
200111	, 2011 (13),	13.	2.34.03	407	2.37.00	25.04.2024	10376	2
400m	, 2011 (10),	59.	4:49.29	394	4:55.83		105%	_
100m		9.	1:06.99	362	1:06.88		100%	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m		00	4 44 74	-	1:00.40		-	
400m 200m		32. 106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
	, 2012 (12),							3
400m	, == (:= /,	130.	5:48.45	292	5:49.10	24.04.2024	100%	Ū
100m		27.	1:31.06	321	1:31.39	28.03.2024	101%	
200m	2011 (12	117.	2:55.50	334	3:00.67	25.04.2024	106%	
400	, 2011 (13),				4:40.07			-
100m 400m		163.	5:43.56	- 235	1:10.37 5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							1
400m	, , ,	35.	5:05.10	435	5:02.99		99%	
100m		13.	1:23.67	414	1:22.25		97%	
200m	, 2012 (12),	70.	2:46.69	390	2:47.42		101%	1
100m	, 2012 (12),			_	1:11.00		_	
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m 200m		20. 122.	1:18.13 2:57.87	331 321	1:15.81 2:57.50	26.04.2024 25.04.2024	94% 100%	
200111	, 2010 (14),	122.	2.07.07	321	2.07.00	20.04.2024	10070	_
400m	, ==== (, , ,,	68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m			1:19.80	332	1:18.29	06.10.2023	96%	
200m	2014 (42	62.	2:31.24	380	2:29.25	24.04.2024	97%	
100	, 2011 (13),	20	4.40.40	227	1.16.04		020/	-
100m 200m		38.	1:19.18	227	1:16.04		92%	
		153	3:00 95	222	2.48 79		87%	
200	. 2010 (14).	153.	3:00.95	222	2:48.79		87%	_
100m	, 2010 (14),	153.	3:00.95	222	2:48.79 1:01.60		87% -	-
100m 400m	, 2010 (14),	119.	5:02.76	- 344	1:01.60 5:02.70		- 100%	-
100m				-	1:01.60		-	-
100m 400m 200m	, 2010 (14), , 2012 (12),	119.	5:02.76	- 344	1:01.60 5:02.70 2:35.00		- 100%	2
100m 400m 200m		119. 100.	5:02.76 2:38.04	344 333	1:01.60 5:02.70 2:35.00		- 100% 96% -	2
100m 400m 200m		119.	5:02.76	- 344	1:01.60 5:02.70 2:35.00		- 100%	2
100m 400m 200m 100m 400m 200m		119. 100. 131. 140.	5:02.76 2:38.04 5:49.82 3:07.59	344 333 - 289 274	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37		100% 96% - 107% 104%	2
100m 400m 200m 100m 400m 200m	, 2012 (12),	119. 100. 131. 140. 33.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98	344 333 - 289 274 436	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60		100% 96% 107% 104%	
100m 400m 200m 100m 400m 200m 400m 100m	, 2012 (12),	119. 100. 131. 140. 33. 4.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20	344 333 - 289 274 436 499	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20		100% 96% - 107% 104% 99% 103%	
100m 400m 200m 100m 400m 200m	, 2012 (12), , 2011 (13),	119. 100. 131. 140. 33.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98	344 333 - 289 274 436	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60		100% 96% 107% 104%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2012 (12),	119. 100. 131. 140. 33. 4. 43.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78	344 333 - 289 274 436 499 427	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00	24.04.2024	100% 96% - 107% 104% - 99% 103% 100%	
100m 400m 200m 100m 400m 200m 400m 100m	, 2012 (12), , 2011 (13),	119. 100. 131. 140. 33. 4. 43.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20	344 333 - 289 274 436 499	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20	24.04.2024 26.04.2024	100% 96% - 107% 104% 99% 103% 100%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13),	119. 100. 131. 140. 33. 4. 43.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26	344 333 - 289 274 436 499 427	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43		100% 96% - 107% 104% - 99% 103% 100%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	344 333 - 289 274 436 499 427 435 460 451	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	344 333 289 274 436 499 427 435 460 451	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	344 333 - 289 274 436 499 427 435 460 451	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	344 333 289 274 436 499 427 435 460 451	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97%	2
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	344 333 - 289 274 436 499 427 435 460 451 470 448	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57	26.04.2024	100% 96% - 107% 104% 99% 103% 100% 99% 97% 105%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	344 333 289 274 436 499 427 435 460 451 470 448	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	344 333 - 289 274 436 499 427 435 460 451 470 448	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105% 98%	1
100m 400m 200m 100m 400m 200m 400m 200m 400m 100m 200m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105% 98%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	344 333 - 289 274 436 499 427 435 460 451 470 448	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105% 98%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 400m 100m 400m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36	26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105% 98% 103%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 98% 98% 105%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54. 56. 60. 48.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105% 98% 103%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 98% 98% 105%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 1:15.52 2:29.06	344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387 - 401 381 406 392 397	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 25.04.2024 26.04.2024 24.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105% 98% 103%	2 1 - 1
100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 400m 200m	, 2012 (12), , 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14), , 2011 (13),	119. 100. 131. 140. 33. 4. 43. 36. 11. 26. 15. 7. 30. 54. 56. 60. 48.	5:02.76 2:38.04 5:49.82 3:07.59 5:04.98 1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	344 333 - 289 274 436 499 427 435 460 451 470 448 - 430 387	1:01.60 5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	100% 96% 107% 104% 99% 103% 100% 99% 97% 105% 98% 103%	2 1 - 1

	2044 (42							2
100m	, 2011 (13),				1.06.22			2
100m 400m		40.	5:06.89	428	1:06.33 5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
200	, 2011 (13),	00.		000	22		.0.70	_
400m	, == (,,	14.	4:55.45	479	4:51.11		97%	
100m		6.	1:09.45	493	1:08.96		99%	
200m		25.	2:38.14	457	2:34.65		96%	
	, 2010 (14),							2
400m		115.	5:01.95	347	5:05.04		102%	
100m			1:17.35	365	1:16.06		97%	
200m	0040 (44	49.	2:30.09	389	2:32.15		103%	
400	, 2010 (14),							1
400m		26. 20.	4:39.54 1:07.81	437 362	4:36.97 1:06.71	25.04.2024 26.04.2024	98% 97%	
100m 200m		20. 47.	2:29.72	392	2:31.30	24.04.2024	102%	
200111	, 2012 (12),	71.	2.23.12	002	2.01.00	24.04.2024	10270	2
400m	, 2012 (12),	129.	5:46.75	296	5:54.58	24.04.2024	105%	_
100m		32.	1:37.73	259	1:35.68	26.04.2024	96%	
200m		127.	2:59.75	311	3:02.58	25.04.2024	103%	
	, 2010 (14),							2
400m		77.	4:53.13	379	4:56.26		102%	
100m		6.	1:05.95	380	1:06.63		102%	
200m	0040 (40	67.	2:32.53	371	2:31.67		99%	_
	, 2012 (12),							3
400m		117.	5:38.28	319	5:55.38		110%	
100m 200m		38. 134.	1:20.50 3:02.49	317 297	1:26.26 3:06.71		115% 105%	
200111	, 2012 (12),	134.	3.02.49	291	3.00.71		10376	2
100m	, 2012 (12),			-	1:15.15			_
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m		136.	3:03.53	292	3:09.62	25.04.2024	107%	
	, 2010 (14),							2
400m	, , , , , , , , , , , , , , , , , , , ,	22.	4:38.72	441	4:46.63		106%	
100m		8.	1:06.42	372	1:06.13		99%	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m		30. 138.	1:35.59	277 285	1:34.62	28.03.2024	98%	
200m	2010 (14	130.	3:05.03	200	3:04.05	25.04.2024	99%	3
400	, 2010 (14),	93.	4:56.44	267	F.OF 90		1000/	3
400m 100m		93. 15.	1:09.66	367 322	5:05.89 1:11.00		106% 104%	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,	90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m		21.	1:08.58	349	1:09.85	26.04.2024	104%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							3
400m		143.	6:08.41	247	6:15.63		104%	
100m 200m		28. 125.	1:25.38 2:58.09	253 320	1:27.90 3:02.71		106% 105%	
200111	, 2010 (14),	123.	2.30.09	320	3.02.71		10376	1
100m	, 2010 (14),			-	1:07.36	26.04.2024	-	'
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								29
	, 2011 (13),							2
400m	, , , , , , , , , , , , , , , , , , , ,	11.	4:30.41	483	4:32.58		102%	
100m		8.	1:03.23	446	1:02.61		98%	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							-
400m		71.	4:52.10	383	4:46.20		96%	
100m 200m		64.	1:17.87 2:31.85	357 376	1:17.05 2:29.55		98% 97%	
200111	, 2011 (13),	04.	2.01.00	370	۷.۷3.۵۵		31 /0	
400m	, 2011 (13),	17.	4:58.03	467	4:55.18		98%	-
100m		22.	1:15.66	381	1:14.68		97%	
200m		45.	2:42.42	422	2:40.38		98%	
	, 2011 (13),							-
400m		25.	5:02.37	447	4:56.03		96%	
100m		31.	1:18.36	343	1:14.95		91%	
200m		92.	2:51.03	361	2:47.54		96%	

	, 2012 (12),						2
400m		6.	4:48.04	517	4:52.60	103%	
100m 200m		2. 20.	1:05.87 2:37.44	578 463	1:08.29 2:35.61	107% 98%	
200111	, 2010 (14),	20.	2.57.44	403	2.00.01	3070	1
400m	, ==:= (:: /,	149.	5:15.19	305	5:07.65	95%	•
100m			1:17.84	358	1:18.39	101%	
200m		107.	2:39.51	324	2:37.36	97%	
400	, 2011 (13),	54	5 44 40	440	5.00.40	050/	-
400m 100m		51. 11.	5:11.10 1:23.36	410 418	5:03.43 1:22.64	95% 98%	
200m		48.	2:43.18	416	2:40.55	97%	
	, 2012 (12),						1
400m		113.	5:01.32	349	5:03.99	102%	
100m 200m		22. 119.	1:12.65 2:41.52	284 312	1:12.38 2:41.04	99% 99%	
200111	, 2012 (12),	113.	2.41.52	312	2.41.04	33 /0	_
100m	, 2012 (12),			_	1:04.60	-	
400m		135.	5:06.31	332	5:06.16	100%	
200m	0044 (40	137.	2:44.31	297	2:40.08	95%	
400	, 2011 (13),				4.04.00	<u>-</u>	1
100m 400m		45.	5:08.76	420	1:04.92 5:09.05	100%	
200m		74.	2:47.76	383	2:46.15	98%	
	, 2011 (13),						2
100m				-	1:06.09	-	
400m 200m		37. 50.	5:05.59 2:43.35	433 415	5:07.54 2:47.50	101% 105%	
200111	, 2010 (14),	00.	2.40.00	110	2.17.00	10070	2
100m	, == := (:: /,			-	58.40	-	_
400m		81.	4:53.49	378	5:02.97	107%	
200m	2011 (12	76.	2:34.04	360	2:35.53	102%	2
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%	3
100m		21.	1:15.36	386	1:16.52	103%	
200m		110.	2:53.74	345	2:53.92	100%	
	, 2010 (14),						-
100m 400m		140.	5:07.62	- 328	1:04.14 5:03.00	- 97%	
200m		134.	2:44.04	326 298	2:42.92	99%	
	, 2010 (14),						1
400m	, , , , , , , , , , , , , , , , , , , ,	47.	4:46.08	408	4:47.50	101%	
100m		5.	1:05.93	380	1:05.50	99%	
200m	, 2011 (13),	71.	2:33.09	367	2:30.70	97%	_
400m	, 2011 (10),	34.	5:05.09	435	5:00.47	97%	
100m		27.	1:16.64	367	1:15.07	96%	
200m		64.	2:45.78	397	2:43.92	98%	
400	, 2010 (14),				4.05.00		-
100m 400m		108.	5:00.14	353	1:05.23 4:49.66	93%	
200m		150.	2:49.32	271	2:40.00	89%	
	, 2011 (13),						2
100m				-	1:05.75	-	
400m 200m		31. 77.	5:04.59 2:47.91	437 382	5:05.60 2:53.11	101% 106%	
200111	, 2010 (14),		2.47.101	002	2.00.11	10070	_
100m	, 2010 (11),			-	58.71	-	
400m		16.	4:34.10	464	4:33.04	99%	
200m	, 2010 (14),	20.	2:23.82	442	2:21.32	97%	
400m	, 2010 (14),	122.	5:03.53	341	4:55.07	95%	-
100m		122.	1:23.76	287	1:20.35	92%	
200m		133.	2:43.60	300	2:42.82	99%	
	- , 2012 (12),	_				1
400m		27.	5:03.89	440	5:10.25	104%	
100m 200m		17. 33.	1:14.42 2:40.33	401 439	1:14.03 2:40.09	99% 100%	
	, 2010 (14),					.00,0	-
400m	, (),	111.	5:00.98	350	4:58.35	98%	
100m				-	1:24.37	-	
200m	, 2010 (14),	128.	2:42.83	305	2:38.43	95%	2
400m	, 2010 (14),	53.	4:47.42	402	4:48.68	101%	4
100m		7.	1:06.29	374	1:05.20	97%	
200m		26.	2:26.59	418	2:29.33	104%	

							_
400	, 2011 (13),	00	5.04.00	070	5 44 40	0.407	2
400m 100m		82. 9.	5:21.20 1:11.77	373 427	5:11.48 1:12.72	94% 103%	
200m		20.	2:37.44	463	2:39.93	103%	
	, 2010 (14),						1
100m				-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m	2010 (14	17.	2:22.78	452	2:22.20	99%	2
400m	, 2010 (14),	5.	4:24.28	518	4:27.15	102%	3
100m		1.	59.87	526	1:01.00	104%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m		0.0	4.54.00	-	1:01.69	4000/	
400m 200m		86. 113.	4:54.90 2:40.51	372 318	5:07.83 2:40.53	109% 100%	
200111	, 2011 (13),	110.	2.40.01	010	2.40.00	10070	1
400m	, == (/,	29.	5:04.54	438	5:00.70	97%	
100m		4.	1:10.02	459	1:10.86	102%	
200m		36.	2:40.75	435	2:38.82	98%	
							37
	, 2011 (13),						1
400m	, 2011 (13),	42.	5:08.18	422	5:12.96	103%	'
100m		12.	1:13.71	394	1:11.54	94%	
200m		18.	2:36.66	470	2:35.00	98%	
	, 2010 (14),						2
100m		7.4	4-50.74	-	59.85	4040/	
400m 200m		74. 82.	4:52.74 2:35.08	381 353	4:54.15 2:39.00	101% 105%	
200	, 2012 (12),	02.		555	2.00.00	10070	1
400m	, == (:=),	114.	5:35.58	327	5:39.26	102%	•
100m		34.	1:19.72	326	1:19.35	99%	
200m	2044 (42	121.	2:57.28	324	2:56.07	99%	4
400m	, 2011 (13),	103.	4:59.02	357	4:56.00	98%	1
100m		18.	1:11.10	303	1:09.00	94%	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m		34.	1:41.16	234	1:37.00	92%	
	, 2011 (13),						-
100m 400m		147.	6:27.11	- 213	1:18.00 6:20.00	96%	
200m		147.	3:14.08	247	3:12.00	98%	
	, 2012 (12),						-
100m				-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m	, 2010 (14),	145.	3:14.79	244	3:10.65	96%	2
400m	, 2010 (11),	125.	5:03.94	340	4:57.49	96%	_
100m			1:13.24	429	1:14.00	102%	
200m		45.	2:29.45	394	2:31.00	102%	
400	, 2010 (14),	404	5.40.00	005	F-F0 00	4000/	1
400m 100m		164.	5:48.93 1:20.67	225 321	5:59.00 1:19.00	106% 96%	
100111	, 2011 (13),		1.20.01	021	1.10.00	0070	3
400m	, == : (:=),	104.	4:59.22	356	5:01.37	101%	-
100m			1:19.88	331	1:20.70	102%	
200m	0040 (44	88.	2:36.48	343	2:38.89	103%	
100m	, 2010 (14),				1:03.70		1
400m		124.	5:03.90	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
	, 2012 (12),		_				1
400m		123.	5:43.84	304	5:50.00	104%	
100m 200m		26. 124.	1:29.42 2:58.07	339 320	1:27.00 2:55.00	95% 97%	
	, 2011 (13),				2	3. 70	1
400m	, == : (:=);	157.	5:28.67	269	5:14.00	91%	•
100m		20.	1:12.30	288	1:11.00	96%	
200m	2012 /11	140.	2:44.86	294	2:45.18	100%	4
400m	, 2013 (11),	141.	6:01.09	262	6:01.11	100%	1
400m		30.	1:34.81	185	1:31.64	93%	
200m		146.	3:15.98	240	3:12.02	96%	

	, 2010 (14),					1
100m	, 2010 (11),			-	55.90	
400m		7.	4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
200111	, 2010 (14),	4.	2.17.03	311	2.10.70	
	, 2010 (14),					1
400m		98.	4:58.53	359	4:56.47	99%
100m		19.	1:07.50	367	1:07.50	100%
200m		38.	2:28.69	400	2:31.87	104%
	, 2011 (13),					-
400m		149.	6:42.44	189	6:35.00	96%
100m		43.	1:28.27	240	1:28.00	99%
200m		142.	3:12.58	253	3:10.00	97%
	, 2013 (11),					-
100m				-	1:12.50	-
400m		161.	5:40.86	241	5:34.00	96%
200m		156.	3:08.02	198	3:03.00	95%
	, 2012 (12),					-
400m	, , , , , , , , , , , , , , , , , , , ,	162.	5:42.11	238	5:41.00	99%
100m					1:27.00	-
200m		154.	3:01.61	219	3:01.00	99%
	, 2010 (14),					2
100	, 2010 (14),				4.04.76	2
100m 400m		142.	5:09.66	322	1:04.76 5:10.89	101%
		101.	2:38.47	331		
200m	2011 (12	101.	2.30.47	331	2:39.21	101%
400	, 2011 (13),				= 0.4.00	3
400m		93.	5:26.72	354	5:34.09	105%
100m		13.	1:12.56	432	1:13.52	103%
200m		107.	2:53.12	348	2:59.24	107%
	, 2011 (13),					2
100m				-	1:02.02	-
400m		88.	5:23.00	367	5:40.00	111%
200m		56.	2:45.17	401	2:48.00	103%
	, 2011 (13),					1
400m		127.	5:45.02	301	5:38.96	97%
100m		39.	1:20.70	314	1:18.87	96%
200m		126.	2:59.05	315	3:06.22	108%
	, 2012 (12),					2
400m	, - (139.	5:07.02	330	5:09.00	101%
100m		36.	1:14.70	270	1:15.85	103%
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13),					3
400m	, =0(.0 /,	115.	5:35.94	326	5:38.76	102%
100m		15.	1:24.29	404	1:24.51	101%
200m		89.	2:50.72	363	2:55.31	105%
200	, 2012 (12),	00.		000	2.00.01	1
400m	, 2012 (12),	116.	5:36.39	325	5:30.00	96%
100m		25.	1:28.76	346	1:26.50	95%
200m		99.	2:52.06	355	2:55.00	103%
200111	2011 (12	55.	2.02.00	000	2.00.00	
100	, 2011 (13),				4 0 4 = 0	-
100m		4.40	5.40.04	-	1:04.70	-
400m		148.	5:13.61	310	5:12.00	99%
	, 2010 (14),					2
400m		45.	4:45.43	411	4:47.00	101%
100m		17.	1:06.56	382	1:08.00	104%
200m		41.	2:28.99	398	2:28.00	99%
	, 2011 (13),					1
400m		152.	5:22.32	285	5:16.00	96%
100m		25.	1:21.40	202	1:20.50	98%
200m		143.	2:46.56	285	2:50.00	104%
	, 2011 (13),					1
400m	. , , , , , , , , , , , , , , , , , , ,	148.	6:35.76	199	6:40.58	102%
200m		144.	3:14.78	244	3:10.00	95%
	, 2011 (13),					2
100m	, 2011 (10),			-	1:04.01	-
		67	A.E4 60			
400m 200m		67. 105.	4:51.62 2:38.77	385 329	4:52.34 2:39.78	100% 101%
200111		103.	2.50.11	323	2.00.10	10176