					%
	0044 (40				
400m	, 2011 (13),	4:52.72	493	4:53.48	101%
100m		4.52.72	-	1:11.32	-
200m			-	2:35.20	=
	, 2011 (13),				
400m			-	5:08.05	-
100m 200m			-	1:18.37 2:48.88	-
	, 2010 (14),			2.10.00	
400m	, 2010 (11),		-	4:46.77	-
100m			-	1:10.23	-
200m	0040 (4.4		-	2:25.50	-
400m	, 2010 (14),		_	5:03.12	
100m			-	1:09.93	-
200m			-	2:40.19	-
	, 2010 (14),				
100m			-	57.36	-
400m			-	4:59.79	-
200m	, 2011 (13),		-	2:31.28	-
400m	, 2011 (10),	5:28.91	347	5:27.33	99%
100m		5.20.0	-	1:14.81	-
200m			-	2:46.39	-
	, 2010 (14),				
400m 100m			- -	4:56.97 1:14.87	-
200m			- -	2:34.33	-
	, 2010 (14),			2.000	
400m	, (-	4:47.31	-
100m			-	1:08.10	-
200m	0040 (40		-	2:32.09	-
400m	, 2012 (12),			E:44 40	
400m 100m			-	5:44.42 1:21.94	-
200m			-	2:59.66	-
	, 2010 (14),				
100m			-	58.01	-
400m 200m			-	4:50.47 2:34.12	-
200111	, 2011 (13),		_	2.04.12	_
100m	, 2011 (10),		-	1:02.34	-
400m		4:40.55	560	4:42.01	101%
200m	0044 (40		-	2:38.03	-
100	, 2011 (13),	4 40 40	545	4.54.00	4000/
400m 100m		4:48.49	515 -	4:51.80 1:11.90	102% -
200m			-	2:33.50	-
	, 2011 (13),				
400m		5:20.92	374	5:21.89	101%
100m 200m			-	1:19.46 2:51.06	-
	, 2010 (14),				
100m	,		-	59.01	_
400m			-	4:57.39	-
200m	2014 (42		-	2:32.60	-
100m	, 2011 (13),			1.00 62	
100m 400m		5:20.52	375	1:09.62 5:21.68	- 101%
200m		J.20.02	-	2:52.65	-
	, 2011 (13),				
400m			-	4:49.60	-
100m			-	1:13.73	-
200m	, 2011 (13),		-	2:32.11	-
400m	, 2011 (13),	5:28.41	349	5:24.80	98%
100m		0.20.71	-	1:27.21	-
200m			-	2:47.65	-
200111					
400m	, 2010 (14),		_	4:40.73	

200m			-	2:21.20	-
	, 2010 (14),				
400m			-	4:51.47	-
100m			-	1:05.79	-
200m	2040 (44		-	2:34.41	-
400m	, 2010 (14),		_	4.47.24	
100m			-	4:47.34 1:02.00	-
200m			-	2:25.11	-
	, 2011 (13),				
400m	, , , , , , , , , , , , , , , , , , , ,	4:58.98	463	4:57.41	99%
100m			-	1:17.17	-
200m	0044 (40		-	2:35.78	-
100	, 2011 (13),			4.07.40	
100m 400m		5:11.71	408	1:07.49 5:08.16	- 98%
200m		0.11.71	-	2:53.06	-
	, 2010 (14),				
400m	, , , , , , , , , , , , , , , , , , , ,		-	5:11.54	-
100m			-	1:18.86	-
200m	0044 (40		-	2:42.30	-
400	, 2011 (13),	5 47 04	007	5.04.70	4000/
400m 100m		5:17.34	387	5:21.70 1:09.93	103%
200m			-	2:41.48	-
	, 2012 (12),				
100m	, - (),		-	1:11.43	-
400m		5:10.60	412	5:16.95	104%
200m	0040 (44		-	2:51.60	-
400	, 2010 (14),			50.00	
100m 400m			-	56.28 4:35.56	-
200m			-	2:26.07	-
	, 2012 (12),				
400m	, - (,,	5:17.24	387	5:12.74	97%
100m			-	1:20.48	-
200m	2040 (44		-	2:37.03	-
100m	, 2010 (14),		_	1:01.10	
400m			-	4:50.45	- -
200m			-	2:33.00	-
	, 2010 (14),				
400m			-	4:39.55	-
100m			-	1:16.99	-
200m	, 2011 (13),		-	2:27.07	-
400m	, 2011 (13),	5:19.44	379	5:20.36	101%
100m		0.10.44	-	1:13.26	-
200m			-	2:46.21	-
	, 2010 (14),				
400m			-	4:49.08	-
100m			-	1:07.68	-
200m	, 2012 (12),		-	2:30.54	-
100m	, 2012 (12),			1:08.16	
400m		5:09.90	415	5:21.42	108%
200m			-	2:47.40	-
	, 2012 (12),				
100m			-	1:08.40	-
400m		5:14.32	398	5:15.16	101%
200m	2010 (14)		-	2:51.08	-
100m	, 2010 (14),		-	1:01.11	_
400m			-	4:48.25	- -
200m			-	2:32.15	-
	, 2011 (13),				
400m		4:59.81	459	5:00.52	100%
100m			-	1:14.84	- -
200m	, 2011 (13),		-	2:41.53	-
400m	, 2011 (13),	5:20.16	377	5:15.00	97%
100m		0.20.10	-	1:21.90	-
200m			-	2:39.00	=

	, 2010 (14),					-
400m			-	4:51.04	-	
100m			-	1:05.26	=	
200m	, 2010 (14),		-	2:28.00	-	_
400m	, 2010 (14),		-	4:36.00	_	
100m			-	1:07.50	-	
200m			-	2:28.50	-	
	, 2012 (12),					1
400m 100m		5:27.25	353	5:28.72 1:20.44	101%	
200m			-	2:52.24	-	
	, 2011 (13),					-
400m	, - (-),	5:16.47	390	5:12.90	98%	
100m			-	1:11.34	-	
200m	, 2010 (14),		-	2:44.44	-	
100m	, 2010 (14),		_	59.24	_	-
400m			-	4:31.41	-	
200m			-	2:33.34	-	
	, 2010 (14),					-
400m			-	4:50.50	-	
100m 200m			-	1:16.20 2:29.00	-	
200111	, 2010 (14),			2.23.00		_
400m	, (),		-	4:32.06	-	
100m			-	1:00.00	-	
200m	2044 (40		-	2:17.73	-	
400m	, 2011 (13),	5:23.67	364	5:19.00	97%	-
100m		5.25.67	-	1:16.50	9170	
200m			-	2:50.15	-	
						_
						7
100	, 2011 (13),			4.04.00		-
100m 400m			-	1:01.00 5:12.00	-	
200m			-	2:38.50	-	
	, 2012 (12),					-
100m	, , , , , , , , , , , , , , , , , , , ,		-	1:10.00	-	
400m		5:24.46	362	5:17.00	95%	
200m	, 2010 (14),		-	2:52.00	-	_
100m	, 2010 (11),		-	1:01.00	-	
400m			-	4:43.00	=	
200m			-	2:30.00	-	
100	, 2012 (12),			4.05.00		-
100m 400m			-	1:05.00 5:03.00	-	
200m			-	2:45.00	<u>=</u>	
	, 2012 (12),					-
400m		5:17.11	388	5:06.00	93%	
100m 200m			-	1:12.90 2:46.00	-	
200111	, 2011 (13),		-	2.70.00	-	_
100m	, 2011 (10),		-	1:09.00	<u>-</u>	
400m		5:20.22	376	5:17.90	99%	
200m			-	2:49.60	-	
400m	, 2012 (12),	5:31.09	340	5:17.90	000/	-
		5.31.09		5:17.90	92%	
		0.0.100			=	
100m 200m		0.000	-	1:21.99 2:49.60		
100m 200m	, 2010 (14),	5,6,1,6	-	1:21.99 2:49.60	-	-
100m 200m 400m	, 2010 (14),	5.6.1.65	- -	1:21.99 2:49.60 4:56.38	-	-
100m 200m 400m 100m	, 2010 (14),	5,61,65	-	1:21.99 2:49.60 4:56.38 1:13.64	-	-
100m 200m 400m		5,61,65	- - -	1:21.99 2:49.60 4:56.38		- 1
100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),		: : :	1:21.99 2:49.60 4:56.38 1:13.64 2:27.94	- - - -	1
100m 200m 400m 100m 200m		5:07.47	- - - - 425	1:21.99 2:49.60 4:56.38 1:13.64 2:27.94 1:05.50 5:15.00		1
100m 200m 400m 100m 200m	, 2011 (13),		: : :	1:21.99 2:49.60 4:56.38 1:13.64 2:27.94	- - - -	1
100m 200m 400m 100m 200m 100m 400m 200m			- - - - 425	1:21.99 2:49.60 4:56.38 1:13.64 2:27.94 1:05.50 5:15.00 2:46.00	- - - -	1
100m 200m 400m 100m 200m	, 2011 (13),		- - - - - 425	1:21.99 2:49.60 4:56.38 1:13.64 2:27.94 1:05.50 5:15.00	- - - -	1

	, 2010 (14),				-
400m			-	5:04.00	-
100m			-	1:15.00	-
200m	2011 (12		-	2:33.00	-
100	, 2011 (13),			1.05.00	-
100m 400m		5:08.38	421	1:05.00 4:55.00	92%
200m		0.00.00	-	2:47.00	-
	, 2010 (14),				-
400m	, , , ,		-	4:58.00	-
100m			-	1:18.00	-
200m	0040440		-	2:38.35	-
400	, 2012 (12),	= 00.00	2.42		-
400m 100m		5:30.30	343	5:26.00 1:18.50	97%
200m			-	2:54.00	-
	, 2010 (14),				-
100m	, (),		-	1:00.00	-
400m			-	4:44.22	-
200m			-	2:30.55	-
	, 2011 (13),				-
400m 100m			-	4:58.00 1:10.00	-
200m			-	2:38.60	- -
200	, 2012 (12),			2.00.00	-
400m	, , , , , , , , , , , , , , , , , , , ,		-	6:00.00	-
100m			-	1:22.00	-
200m			-	3:14.00	-
400	, 2010 (14),				-
400m 100m			-	4:41.90 1:06.90	-
200m			_	2:28.50	-
	, 2011 (13),				-
400m	, , , , ,	5:18.21	384	5:06.76	93%
100m			-	1:16.54	-
200m	0044 (40		-	2:36.17	-
400	, 2011 (13),			4.52.00	-
400m 100m			-	4:53.00 1:09.00	- -
200m			-	2:42.00	-
	, 2012 (12),				-
400m			-	5:40.00	-
100m			-	1:25.00	-
200m	2012 (12		-	2:58.00	-
400m	, 2012 (12),	5:25.53	358	5:31.00	103%
100m		3.23.33	-	1:17.50	103%
200m			-	2:57.00	-
	, 2012 (12),				-
400m			-	6:09.00	-
100m			-	1:35.00	-
200m	, 2010 (14),		-	3:03.74	-
400m	, 2010 (14),		-	4:52.00	-
100m			-	1:10.00	- -
200m			-	2:45.00	-
	, 2012 (12),				1
100m	•	,	-	1:05.00	-
400m		4:58.44	465	5:05.50	105%
200m	, 2010 (14),		-	2:40.14	-
400m	, 2010 (14),		-	5:20.00	_
100m			-	1:09.00	-
200m			-	2:41.00	-
	, 2011 (13),				-
400m		5:21.67	371	5:14.45	96%
100m			-	1:23.21	-
200m	2014 /42		-	2:43.34	-
400m	, 2011 (13),	5:52.65	282	5:25.00	- 85%
100m		0.02.00	-	1:23.00	-
200m			-	2:50.00	-
	, 2011 (13),				-
400m		5:46.63	297	5:30.00	91%
100m 200m			-	1:17.00 2:53.00	-
200111			-	2.00.00	-

	2040 (44				
100m	, 2010 (14),		_	58.79	-
400m			-	4:50.00	- -
200m			-	2:35.29	-
	, 2011 (13),				1
400m		5:11.97	407	5:19.78	105%
100m			-	1:11.45	-
200m	0040 (40		-	2:41.12	-
400	, 2012 (12),	5.40.00	400	5:40.00	-
400m 100m		5:13.29	402 -	5:10.00 1:16.00	98%
200m			-	2:50.00	-
	, 2013 (11),				-
400m			-	6:02.00	-
100m			-	1:29.00	-
200m	2040 (44		-	3:10.00	-
400	, 2010 (14),			4.56.00	-
400m 100m			-	4:56.00 1:08.00	-
200m			-	2:42.00	-
	, 2011 (13),				-
400m	, (),	5:00.79	454	4:55.76	97%
100m			-	1:10.23	-
200m	0040 (44		-	2:35.69	-
400	, 2013 (11),	5 00 00	0.47	5.00.00	1
400m 100m		5:29.00	347 -	5:30.00 1:17.00	101%
200m			-	2:53.00	- -
	, 2012 (12),				-
400m	, - (),		-	5:00.00	-
100m			-	1:10.50	-
200m	0044 (40		-	2:26.50	-
400	, 2011 (13),			4.00.00	1
100m 400m		5:18.02	384	1:08.00 5:24.00	- 104%
200m		3.10.02	-	2:47.00	10478
200111	, 2013 (11),			2.11.00	-
400m	, == := (::),		-	5:43.00	-
100m			-	1:28.79	-
200m			-	2:59.00	-
	, 2013 (11),				1
100m 400m		5:26.73	- 354	1:08.00 5:35.00	- 105%
200m		3.20.73	-	2:53.00	10376
200	, 2012 (12),			2.00.00	-
400m	, - (),		-	5:36.00	-
100m			-	1:22.50	-
200m			-	2:58.00	-
	, 2011 (13),				-
400m 100m			-	4:55.00 1:09.00	-
200m			-	2:35.00	- -
	, 2010 (14),				-
400m	, , , , , , , , , , , , , , , , , , , ,		-	5:00.00	-
100m			-	1:05.50	-
200m			-	2:27.00	-
400	, 2012 (12),			4.05.00	-
100m 400m		5:14.16	399	1:05.90 5:14.00	100%
200m		3.14.10	-	2:46.00	-
	, 2012 (12),				-
400m	, - (),	5:00.84	454	5:00.76	100%
100m			-	1:15.60	-
200m	0040 (44		-	2:34.33	-
400	, 2010 (14),			5.00.00	-
400m			-	5:20.00	-
100m 200m			-	1:11.00 2:44.00	- -
					5
	, 2010 (14),				-
100m	, ()		-	55.22	-
400m			-	4:32.45	=
200m			-	2:25.42	-

	, 2011 (13),				-
400m		5:21.23	373	5:12.00	94%
100m			-	1:22.72	-
200m			-	2:47.38	-
	, 2012 (12),				-
400m		5:11.42	409	5:11.20	100%
100m			-	1:19.71	-
200m			-	2:45.10	-
	, 2010 (14),				-
400m	, , , , , , , , , , , , , , , , , , , ,		-	4:43.78	-
100m			-	1:15.65	-
200m			-	2:27.24	-
	, 2011 (13),				-
400m	, , , , , , , , , , , , , , , , , , , ,		_	5:02.18	-
100m			-	1:14.97	-
200m			-	2:38.82	-
	, 2011 (13),				-
100m			-	1:05.00	-
400m		5:13.06	403	5:10.00	98%
200m			-	2:48.00	-
	, 2010 (14),				-
400m	, == (, , , , , , , , , , , , , , , , ,		-	4:10.30	_
100m			_	1:02.52	-
200m			_	2:22.10	<u>-</u>
	, 2010 (14),				-
100m	, (· · · //		-	1:04.00	-
400m			_	4:53.44	<u>-</u>
200m			-	2:39.02	-
	, 2010 (14),				_
400m	, 2010 (11),		_	4:09.73	_
100m			-	1:05.00	_
200m			-	2:13.50	_
200	, 2012 (12),			2.10.00	_
400m	, 2012 (12),	5:13.52	401	5:10.78	98%
100m		0.10.02	-	1:14.00	-
200m			-	2:47.46	_
200111	, 2011 (13),			2.47.40	_
400m	, 2011 (13),		_	5:02.39	_
100m			- -	1:13.50	- -
200m			-	2:40.24	
200111	2014 (12			2.40.24	1
400	, 2011 (13),			4.44.40	1
100m 400m		5:04.87	436	1:11.46	- 105%
200m		5.04.67	430	5:12.37 2:52.37	105%
200111	, 2011 (13),		-	2.32.31	1
400	, 2011 (13),	4.52.22	400	A.EE E7	
400m		4:53.33	490	4:55.57	102%
100m 200m			-	1:12.97 2:33.78	- -
200111	2011 (12			2.55.76	
400	, 2011 (13),	F:44.00	400	5:04.40	1000/
400m 100m		5:11.69	408	5:24.16 1:15.63	108%
			-		- -
200m	, 2010 (14),		-	2:45.16	-
400	, 2010 (14),			4.50.04	_
400m			-	4:53.24	-
100m 200m			-	1:09.17 2:35.00	- -
200111	2010 (14		-	2.00.00	-
400	, 2010 (14),			1.00.40	-
100m 400m			-	1:02.18 5:00.24	-
			-	5:00.24 2:41.49	-
200m	2011 (13)		-	2.41.49	-
400	, 2011 (13),	E-04 70	220	E-10 00	-
400m		5:31.72	339	5:18.20	92%
100m				1:15.73	-
200m	2040 (4.4		-	2:40.40	-
400	, 2010 (14),			4.00.00	-
100m			-	1:00.20	-
400m			-	4:46.76	-
200m	0044 (40		-	2:29.33	-
	, 2011 (13),				1
100m		F 47 **	-	1:05.89	-
400m		5:17.06	388	5:20.16	102%
200m	2044 (42		-	2:51.94	-
	, 2011 (13),				1
400m		5:10.11	414	5:12.44	102%
100m			-	1:15.06	-
200m			-	2:46.53	-

							16
400	, 2011 (13),			4.54.00			-
400m 100m			-	4:51.26 1:04.54		-	
200m			-	2:35.86		-	
	, 2010 (14),						-
100m 400m			-	59.75		-	
200m			-	4:58.08 2:31.82		-	
	, 2012 (12),						-
100m			-	1:24.71		-	
200m	, 2010 (14),		-	2:41.68		-	
400m	, 2010 (14),		-	4:28.87	25.04.2024	_	-
100m			-	1:04.92	29.03.2024	-	
200m	0040444		-	2:20.41	24.04.2024	-	
400	, 2010 (14),			4:04.07	25.04.2024		-
400m 100m			-	4:21.07 1:02.09	25.04.2024 26.04.2024	-	
200m			-	2:21.29	24.04.2024	-	
	, 2012 (12),						-
100m 400m			-	1:12.87 6:02.18		-	
200m			-	3:03.57		-	
	, 2010 (14),						-
100m			-	56.54	26.04.2024	-	
400m 200m			-	4:22.37 2:16.72	25.04.2024 24.04.2024	-	
	, 2010 (14),						-
100m			-	1:01.04		-	
400m 200m			-	4:58.23 2:32.38		-	
200111	, 2011 (13),			2.02.00			-
100m	, , , , , , , , , , , , , , , , , , , ,		-	1:11.63		-	
400m 200m			-	5:41.67 2:57.97		-	
200111	, 2011 (13),		-	2.51.51		-	_
100m	, 2011 (10),		-	1:07.27		-	
400m		5:17.47	386	5:16.74		100%	
200m	, 2010 (14),		-	2:48.80		-	_
400m	, 2010 (11),		-	4:50.62		-	
100m			-	1:04.31		-	
200m	, 2011 (13),		-	2:36.18		-	
400m	, 2011 (13),	5:06.09	431	5:03.05		98%	-
100m			-	1:09.13		-	
200m	, 2011 (13),		-	2:42.47		-	4
400m	, 2011 (13),	5:19.74	378	5:25.39	24.04.2024	104%	1
100m		•	-	1:15.43	26.04.2024	-	
200m	0040/44		-	2:44.59	22.06.2023	-	
100m	, 2010 (14),		-	1:02.92	26.04.2024	_	-
400m			-	5:07.80	25.04.2024	-	
200m			-	2:40.35	24.04.2024	-	
400	, 2011 (13),			4.55.05	05.04.0004		-
400m 100m			-	4:55.65 1:20.23	25.04.2024 26.04.2024	-	
200m			-	2:33.67	24.04.2024	-	
400	, 2011 (13),						-
100m 400m			-	1:03.95 4:53.13	26.04.2024 25.04.2024	-	
200m			-	2:39.61	28.03.2024	-	
	, 2011 (13),						-
400m 100m		5:17.33	387	5:12.70 1:13.24		97%	
200m			-	2:41.91		-	
	, 2010 (14),						-
400m			-	4:55.78	25.04.2024	-	
100m 200m			-	1:18.07 2:39.71	26.04.2024 24.04.2024	-	
	, 2011 (13),			-	-		-
400m		5:13.27	402	5:07.61		96%	
100m 200m			-	1:18.86 2:43.95		-	
200111			-	2.70.00		-	

	, 2010 (14),						-
100m			-	1:06.23	26.04.2024	-	
400m			-	4:46.97	25.04.2024	-	
200m	2040 (4.4		-	2:48.11		-	
	, 2010 (14),						-
400m 100m			-	4:56.78 1:12.94		-	
200m			-	2:39.46		_	
200111	, 2011 (13),			2.55.40			_
400m	, 2011 (13),		_	5:06.52		_	
100m			-	1:20.24		_	
200m			-	2:41.51		-	
	, 2011 (13),						-
400m		5:13.71	400	5:11.05		98%	
100m			-	1:11.42		-	
200m	0044 (40		-	2:44.78		-	
400	, 2011 (13),			4 00 75	00.04.0004		-
100m 400m			-	1:00.75 4:55.91	26.04.2024 25.04.2024	-	
200m			-	2:35.06	24.04.2024	-	
	, 2010 (14),						_
400m	, 2010 (11),		_	4:45.58		_	
100m			-	1:07.57		-	
200m			-	2:23.78		-	
	, 2010 (14),						-
100m			-	1:02.09		-	
400m			-	4:40.19 2:35.73		-	
200m	2012 (12		-	2:35.73		-	
100m	, 2012 (12),			1:06.45		_	-
400m		5:18.55	382	5:15.39		98%	
200m		0.70.00	-	2:50.71		-	
	, 2011 (13),						-
100m			-	1:00.60		-	
400m			-	4:52.60		-	
200m			-	2:44.00		-	
400	, 2011 (13),						1
100m		4:52.11	-	1:05.45	26.04.2024 24.04.2024	- 104%	
400m 200m		4:52.11	496	4:58.56 2:44.93	25.04.2024 25.04.2024	104%	
200	, 2012 (12),			2	2010 11202 1		_
400m	, 2012 (12),		_	5:10.60	25.04.2024	_	
100m			-	1:22.81	26.04.2024	-	
200m			-	2:47.64	24.04.2024	-	
	, 2010 (14),						-
400m			-	5:15.13	25.04.2024	-	
100m 200m			-	1:20.61 2:38.12	28.03.2024 24.04.2024	-	
200111	2011 (12		-	2.30.12	24.04.2024	-	
400m	, 2011 (13),	5:35.23	328	5:24.88		94%	-
100m		3.33.23	J20 -	1:21.65		3 4 70 -	
200m			-	2:52.72		-	
	, 2010 (14),						-
400m	•		-	4:48.82		-	
100m			-	1:17.47		-	
200m	2040 (44		-	2:32.09		-	
400	, 2010 (14),			4.50.00			-
400m 100m			-	4:52.60 1:12.58		-	
200m			-	2:27.60		_	
_00111	, 2012 (12),						_
100m	, ·- (· - /)		-	1:04.40	28.03.2024	-	
400m			-	4:55.47	25.04.2024	-	
200m			-	2:41.13	24.04.2024	-	
	, 2010 (14),						-
400m			-	4:26.36		-	
100m 200m			-	1:01.56 2:16.53		-	
			-	2.10.33		-	
200111	2011/12 \						-
	, 2011 (13),	5.21.42	272	5.10.67		000/	
400m	, 2011 (13),	5:21.42	372	5:19.67 1:12.01		99%	
	, 2011 (13),	5:21.42		5:19.67 1:12.01 2:38.51		99% - -	
400m 100m		5:21.42	-	1:12.01		99% - -	_
400m 100m	, 2011 (13), , 2010 (14),	5:21.42	-	1:12.01		99% - -	-
400m 100m 200m 400m 100m		5:21.42	- - -	1:12.01 2:38.51 4:47.50 1:12.80		99% - - - -	-
400m 100m 200m 400m		5:21.42	-	1:12.01 2:38.51 4:47.50		99% - - - - -	-

	, 2011 (13),						-
400m		5:22.95	367	5:22.80		100%	
100m			-	1:06.89		-	
200m			-	2:41.50		-	
	, 2012 (12),						-
100m			-	1:03.95	26.04.2024		
400m		5:03.12	444	4:55.54	24.04.2024	95%	
200m	0040 (40		-	2:42.67		-	
400	, 2012 (12),				0.4.0.4.000.4		-
400m			-	6:03.97	24.04.2024	-	
100m 200m			-	1:24.14 3:10.66	25.04.2024	-	
200111	, 2011 (13),		_	3.10.00	25.04.2024	_	4
400	, 2011 (13),			4.06.07			1
100m 400m		5:10.15	414	1:06.87 5:17.13		105%	
200m		0.10.10	-	2:41.97		-	
	, 2011 (13),						_
100m	, - (-),		_	1:04.58		_	
400m			-	5:01.18	25.04.2024	-	
200m			-	2:41.79	24.04.2024	-	
	, 2011 (13),						-
400m		5:24.93	360	5:22.81		99%	
100m			-	1:12.56		-	
200m	2011/10		-	2:53.69		-	
	, 2011 (13),						-
400m			-	5:13.38		-	
100m			-	1:28.91		-	
200m	2011 (12		-	2:44.49		-	4
400m	, 2011 (13),	5:01.70	450	5:03.35		101%	1
100m		3.01.70	430	1:07.74		10176	
200m			-	2:39.68		_	
	, 2012 (12),						_
400m	, (/,		-	5:54.14	24.04.2024	_	
100m			-	1:21.59	26.04.2024	-	
200m			-	3:02.87	25.04.2024	-	
	, 2010 (14),						-
100m			-	54.12		-	
400m			-	4:15.65		-	
200m			-	2:12.78		-	
	, 2010 (14),						-
400m			-	4:42.10	25.04.2024	-	
100m			-	1:09.79 2:23.12	26.04.2024	-	
200m	, 2013 (11),		-	2.23.12	24.04.2024	-	_
400m	, 2013 (11),			5:39.66			_
100m			-	1:34.94		_	
200m			-	2:56.62		_	
	, 2011 (13),						1
400m	, ==::(:=),	5:31.45	339	5:32.47		101%	•
100m		0.00	-	1:25.17		-	
200m			-	2:55.64		-	
	, 2012 (12),						-
400m		5:35.22	328	5:29.56	24.04.2024	97%	
100m			-	1:22.25	26.04.2024	-	
200m	0044 (15		-	3:05.11	25.04.2024	-	
	, 2011 (13),						-
400m		5:18.19	384	5:14.84	23.11.2023	98%	
			=	1:22.53	23.11.2023	-	
100m				2.42.20			
200m	2012 (12		-	2:43.30	25.04.2024	-	
200m	, 2012 (12),	5.21 //1					-
200m 400m	, 2012 (12),	5:21.41	372	5:21.05	24.04.2024	100%	-
200m 400m 100m	, 2012 (12),	5:21.41		5:21.05 1:15.63	24.04.2024 26.04.2024		-
200m 400m		5:21.41	372	5:21.05	24.04.2024	100%	1
200m 400m 100m 200m	, 2012 (12), , 2012 (12),		372 - -	5:21.05 1:15.63 2:45.78	24.04.2024 26.04.2024 25.04.2024	100% - -	1
200m 400m 100m 200m 400m		5:21.41 5:04.52	372	5:21.05 1:15.63 2:45.78 5:12.89	24.04.2024 26.04.2024 25.04.2024 24.04.2024	100%	1
200m 400m 100m 200m			372 - - - 438	5:21.05 1:15.63 2:45.78	24.04.2024 26.04.2024 25.04.2024	100% - -	1
200m 400m 100m 200m 400m 100m	, 2012 (12),		372 - - - 438 -	5:21.05 1:15.63 2:45.78 5:12.89 1:13.60	24.04.2024 26.04.2024 25.04.2024 24.04.2024 26.04.2024	100% - - 106% -	1
200m 400m 100m 200m 400m 100m 200m	, 2012 (12),		372 - - - 438 - -	5:21.05 1:15.63 2:45.78 5:12.89 1:13.60 2:49.88	24.04.2024 26.04.2024 25.04.2024 24.04.2024 26.04.2024	100% - - 106% -	1
200m 400m 100m 200m 400m 100m 200m 100m 400m	, 2012 (12),		372 - - 438 - -	5:21.05 1:15.63 2:45.78 5:12.89 1:13.60 2:49.88 1:02.55 4:49.66	24.04.2024 26.04.2024 25.04.2024 24.04.2024 26.04.2024	100% - - 106% -	1
200m 400m 100m 200m 400m 100m 200m	, 2012 (12), , 2010 (14),		372 - - - 438 - -	5:21.05 1:15.63 2:45.78 5:12.89 1:13.60 2:49.88	24.04.2024 26.04.2024 25.04.2024 24.04.2024 26.04.2024	100% - - 106% -	1
200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2012 (12),		372 - - 438 - - -	5:21.05 1:15.63 2:45.78 5:12.89 1:13.60 2:49.88 1:02.55 4:49.66 2:38.32	24.04.2024 26.04.2024 25.04.2024 24.04.2024 26.04.2024 25.04.2024	100% 106%	1 -
200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2012 (12), , 2010 (14),	5:04.52	372 - - - 438 - - - -	5:21.05 1:15.63 2:45.78 5:12.89 1:13.60 2:49.88 1:02.55 4:49.66 2:38.32	24.04.2024 26.04.2024 25.04.2024 24.04.2024 26.04.2024 25.04.2024	100% - - - 106% - - - -	1 -
200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2012 (12), , 2010 (14),		372 - - 438 - - -	5:21.05 1:15.63 2:45.78 5:12.89 1:13.60 2:49.88 1:02.55 4:49.66 2:38.32	24.04.2024 26.04.2024 25.04.2024 24.04.2024 26.04.2024 25.04.2024	100% 106%	1 -

	, 2012 (12),						1
400m		5:28.19	350	5:30.94		102%	
100m			-	1:15.24		-	
200m	, 2012 (12),		-	2:51.65		-	1
400m	, 2012 (12),	5:08.56	424	E:16 22		1059/	'
400m 100m		5:06.56	421 -	5:16.23 1:22.27		105%	
200m			-	2:40.76		-	
	, 2012 (12),						_
400m	, == (:=),		_	5:58.66		_	
100m			-	1:22.81		-	
200m			-	2:56.19		-	
	, 2010 (14),						-
100m			-	1:05.38	26.04.2024	-	
400m			-	5:34.20	25.04.2024	-	
200m	2040 (44		-	2:46.19	24.04.2024	-	
400	, 2010 (14),			4 40 50			-
400m 100m			-	4:46.52 1:04.59		-	
200m			-	2:24.49		-	
200	, 2012 (12),			2.2			_
400m	, 2012 (12),		-	5:44.08	24.04.2024	_	
100m			-	1:29.97	19.04.2024	-	
200m			-	2:50.20	25.04.2024	-	
	, 2011 (13),						-
400m	, , , , ,		-	5:45.58	24.04.2024	-	
100m			-	1:18.51	26.04.2024	-	
200m			-	3:02.43	25.04.2024	-	
	, 2010 (14),						-
400m			-	5:35.50	25.04.2024	-	
100m			-	1:15.19	26.04.2024	-	
200m	, 2011 (13),		-	2:45.47	24.04.2024	-	
100m	, 2011 (13),		-	1:04.60	26.10.2023	-	-
400m		4:54.85	482	4:52.83	24.04.2024	99%	
200m		1.0 1.00	-	2:34.71	22.11.2023	-	
	, 2011 (13),						_
100m	, == (, =),		-	1:18.22	24.11.2023	-	
400m			-	5:36.05	24.04.2024	-	
200m			-	2:59.25	25.04.2024	-	
	, 2011 (13),						-
100m			-	1:01.70		-	
400m			-	4:42.00		-	
200m	2010 (11		-	2:42.00		-	
4000	, 2010 (14),			4.40.20			-
400m 100m			-	4:40.20 1:08.47		-	
200m			-	2:29.71		-	
	, 2011 (13),						_
400m	,		-	4:50.48		-	
100m			-	1:08.99		-	
200m			-	2:35.31		-	
	, 2011 (13),						-
400m			-	5:43.73		-	
100m			-	1:17.03		-	
200m	0040 (44		-	2:56.19		-	
400	, 2010 (14),			F0 0 4			-
100m 400m			-	59.64 4:51.18		-	
200m			-	2:25.57		-	
200111	, 2011 (13),			2.20.07			1
400m	,	5:04.55	438	5:16.65	24.04.2024	108%	•
100m			-	1:19.49	26.04.2024	-	
200m			-	2:39.45	25.04.2024	-	
	, 2010 (14),						-
400m			-	5:02.94		-	
100m			-	1:11.66		-	
200m	0040 (40		-	2:42.38		-	
400	, 2012 (12),			F 00	05.04.005		-
400m			-	5:00.14	25.04.2024	-	
100m 200m			-	1:20.97 2:41.56	26.04.2024 24.04.2024	-	
200111	, 2010 (14),		-	2.41.00	27.04.2024	-	_
100m	, 2010 (17),		-	1:04.73	28.03.2024	=	-
400m			-	4:56.66	27.03.2024	-	
200m			-	2:45.39	16.06.2023	-	

400m	, 2011 (13),	5:09.47	417	5:05.80		98%
100m		0.00	-	1:11.00		-
200m	, 2010 (14),		-	2:39.70		-
100m	, 2010 (14),		-	55.65	26.04.2024	-
400m			-	4:30.00	25.04.2024	-
200m	, 2010 (14),		-	2:30.78	22.11.2023	-
400m	, 2010 (14),		-	5:04.79		-
100m			-	1:14.56 2:34.88		-
200m	, 2010 (14),		-	2.34.00		-
100m	, =0.0 (),		-	1:04.13		-
400m 200m			-	4:53.89 2:42.26		-
200111	, 2011 (13),			2. 12.20		
400m			=	5:03.36	25.04.2024	-
100m 200m			-	1:11.34 2:39.42	26.04.2024 24.04.2024	-
	, 2013 (11),					
400m 100m			-	6:23.56 1:38.18	24.04.2024 26.04.2024	-
200m			-	3:46.50	06.12.2023	-
	, 2011 (13),					
100m 400m			-	1:06.34 5:06.72		-
200m			-	2:43.15		-
400	, 2011 (13),					
100m 400m			-	1:06.69 5:15.49	07.12.2023 27.03.2024	-
200m	0040 (44		-	2:50.21	24.04.2024	-
400m	, 2010 (14),		_	4:40.20	25.04.2024	_
100m			-	1:03.07	26.04.2024	-
200m	2044 (42		-	2:25.39	24.04.2024	-
100m	, 2011 (13),		_	1:00.12		<u>-</u>
400m			=	4:43.97		-
200m	, 2011 (13),		=	2:34.00		-
400m	, 2011 (10),		-	5:17.90	25.04.2024	-
100m			-	1:15.34	26.04.2024	-
200m	, 2010 (14),		-	2:48.64	24.04.2024	-
400m	, (),		=	5:11.10	23.11.2023	-
100m 200m			-	1:10.36 NT		-
200	, 2010 (14),					
100m			-	59.62	26.04.2024	-
400m 200m			-	4:37.90 2:27.45	25.04.2024 24.04.2024	-
	, 2012 (12),					
400m 100m		5:34.37	331 -	5:26.57 1:20.12		95%
200m			-	2:54.00		-
100-	, 2011 (13),			4:00.00		
100m 400m			-	1:00.03 4:42.88		-
200m	2044 (42		-	2:33.34		-
100m	, 2011 (13),		-	59.14		_
400m		4:52.02	496	4:49.86		99%
200m	2012 (42		-	2:29.93		-
400m	, 2012 (12),		-	5:47.72	24.04.2024	-
100m			-	1:21.52	26.04.2024	-
200m	, 2011 (13),		-	3:01.82	25.04.2024	-
400m	, 2011 (13 <i>)</i> ,	4:36.01	588	4:40.15	24.04.2024	103%
100m			-	1:05.31	26.04.2024	-
200m	, 2011 (13),		-	2:31.57	25.04.2024	-
400m	, , , , , , , , , , , , , , , , , , , ,		-	5:00.56		-
100m 200m			-	1:10.64 2:39.17		- -

		, 29 31.3.20	727				
400m	, 2010 (14),			5:03.85			-
400m 100m			-	1:09.98		-	
200m			_	2:39.94		_	
200111	, 2010 (14),		_	2.53.54		_	
100m	, 2010 (14),		_	E0 70			
100m 400m			-	58.78 4:47.67			
200m			-	2:33.74		_	
200111	, 2011 (13),		_	2.55.74		_	1
400m	, 2011 (13),	5:20.72	375	5:29.96	27.03.2024	106%	,
100m		3.20.72	3/3 -	1:27.32	26.04.2024	10076	
200m			-	2:52.36	25.04.2024	-	
200	, 2011 (13),			2.02.00	2010 11202 1		
400m	, 2011 (13),		_	5:06.86			
100m			-	1:20.91		-	
200m			-	2:37.55		_	
	, 2011 (13),						
400m	, 2011 (10),		_	4:46.21		_	
100m			_	1:08.42		_	
200m			-	2:34.30		-	
	, 2011 (13),						
100m	, 2011 (10),		_	1:05.35	26.04.2024	_	
400m			-	4:59.54	25.04.2024	-	
200m			-	2:48.84	24.04.2024	-	
-	, 2010 (14),						
400m	, == (, , , , , , , , , , , , , , , , ,		_	4:43.30		_	
100m			_	1:13.19		_	
200m			-	2:22.59		-	
	, 2011 (13),						
400m	, == : : (: = - /,		_	5:55.78		_	
100m			-	1:24.03		-	
200m			-	2:57.06		-	
	, 2012 (12),						
400m	, , , , , , , , , , , , , , , , , , , ,	5:05.99	431	5:00.22		96%	
100m			-	1:13.94		-	
200m			-	2:41.99		-	
	, 2013 (11),						1
400m		5:27.19	353	5:30.42	27.03.2024	102%	
100m			-	1:17.86	26.04.2024	-	
200m			-	2:59.30		-	
	, 2011 (13),						
400m	• •	4:40.74	559	4:37.71		98%	
100m			-	1:04.81		-	
200m			-	2:27.89		-	
	, 2010 (14),						
100m			-	1:08.86	26.04.2024	-	
400m			-	5:34.76	25.04.2024	-	
200m			-	2:37.96		-	
	, 2010 (14),						
400m			-	4:52.68		-	
100m			-	1:18.06		-	
200m	0045 (44		-	2:31.09		-	
	, 2010 (14),						
100m			-	59.59		-	
400m			-	4:47.04		-	
200m			-	2:32.95		-	
	, 2011 (13),						
100m			-	59.17	26.04.2024	-	
400m		4:44.57	536	4:38.23	24.04.2024	96%	
200m	0044/45		-	2:31.66	25.04.2024	-	
	, 2011 (13),						1
400m		4:38.68	571	4:40.10	24.04.2024	101%	
100m			-	1:12.77	23.11.2023	-	
200m	0040 (15		-	2:24.20	25.04.2024	-	
	, 2012 (12),						
100m			_	1:18 15	26 10 2023		

, 2011 (13

, 2010 (14

),

),

100m

400m 200m

100m 400m

200m

400m

100m 200m 5:27.11

4:55.46

26.10.2023

24.04.2024 25.04.2024

05.10.2023 24.04.2024

25.04.2024

25.04.2024

26.04.2024 24.04.2024

1:18.15

5:20.73 2:56.24

1:02.61 4:50.73

2:33.58

5:30.90 1:13.92 2:42.67

353

479

96%

97%

	0040 (44						
400m	, 2010 (14),		_	4:48.30		_	-
100m			-	1:05.77		-	
200m	2011 (12		-	2:30.91		-	4
100m	, 2011 (13),		_	1:03.15		_	1
400m		4:58.75	464	5:01.84		102%	
200m	0044 (40		-	2:36.98		-	
400m	, 2011 (13),	4:54.60	483	4:56.36	24.04.2024	101%	1
100m		4.34.00	-	1:11.76	26.04.2024	-	
200m			-	2:37.06	25.04.2024	-	
400	, 2011 (13),		_	4.55.00			-
400m 100m			-	4:55.83 1:06.88		-	
200m	0040444		=	2:34.49		-	
100m	, 2010 (14),		_	1:00.40			-
400m			-	4:38.00		-	
200m			-	2:32.00		-	
400	, 2012 (12),			F: 40.40	24.04.2024		-
400m 100m			-	5:49.10 1:31.39	28.03.2024	-	
200m			-	3:00.67	25.04.2024	-	
100	, 2011 (13),			4.40.27			-
100m 400m			-	1:10.37 5:31.52		-	
200m			-	3:03.37		-	
400	, 2011 (13),	F.OF 40	405	E-02.00		000/	-
400m 100m		5:05.10	435	5:02.99 1:22.25		99%	
200m			-	2:47.42		-	
100	, 2012 (12),			4.44.00			-
100m 400m		5:30.10	344	1:11.00 5:29.94		100%	
200m			-	2:49.79		-	
400	, 2012 (12),			0:04.40	04.04.0004		-
400m 100m			-	6:01.10 1:15.81	24.04.2024 26.04.2024	-	
200m			-	2:57.50	25.04.2024	-	
400	, 2010 (14),			4.50.40	05.04.0004		-
400m 100m			-	4:50.19 1:18.29	25.04.2024 06.10.2023	-	
200m			-	2:29.25	24.04.2024	-	
400m	, 2011 (13),			5:29.16			-
100m			-	1:16.04		-	
200m			=	2:48.79		-	
100m	, 2010 (14),			1:01.60			-
400m			- -	5:02.70		-	
200m	0040440		=	2:35.00		-	
100m	, 2012 (12),			1:15.24			-
400m			-	6:01.03		-	
200m	0044 (40		-	3:11.37		-	
400m	, 2011 (13),	5:04.98	436	5:03.60		99%	-
100m		3.04.90		1:10.20		-	
200m	0044 (40		-	2:42.00		-	
400m	, 2011 (13),	5:05.26	435	5:03.43	24.04.2024	99%	-
100m		0.00.20	-	1:10.18	26.04.2024	-	
200m	0040 (44		-	2:42.57	25.04.2024	-	
400m	, 2010 (14),		_	4:31.67		_	-
100m			=	1:02.45		-	
200m	0044 (40		-	2:21.46		-	
100m	, 2011 (13),		-	59.64			-
400m			-	4:38.57		-	
200m	2040 (44		-	2:32.82		-	
100m	, 2010 (14),		_	1:00.66		_	-
400m			-	5:00.36		-	
200m			-	2:33.70		-	

, 2011 (13), 400m 4:45.95 25.04.2024 100m 1:13.57 26.04.2024 200m 2:27.33 24.04.2024 , 2010 (14), 4:40.19 1:07.31 400m 25.04.2024 26.04.2024 100m 200m 2:25.73 24.04.2024 , 2011 (13), 1 100m 1:06.33 104% 400m 5:06.89 428 5:12.55 2:49.02 200m , 2011 (13), 400m 4:51.11 97% 4.55 45 479 1:08.96 100m 200m 2:34.65 , 2010 (14), 400m 5:05.04 100m 1:16.06 2:32.15 200m , 2010 (14), 400m 4:36.97 25.04.2024 26.04.2024 100m 1:06.71 200m 2:31.30 24.04.2024 , 2012 (12), 400m 5:54.58 24.04.2024 1:35.68 3:02.58 26.04.2024 25.04.2024 100m 200m , 2010 (14), 400m 4:56.26 1:06.63 100m 200m 2:31.67 , 2012 (12), 400m 5:55.38 100m 1:26.26 200m 3:06.71 , 2012 (12), 100m 1:15.15 5:54.03 24.04.2024 400m 200m 3:09.62 25.04.2024 , 2010 (14), 400m 4:46.63 100m 1:06.13 200m 2:29.10 , 2012 (12), 400m 6:05.68 27.03.2024 100m 1:34.62 28.03.2024 3:04.05 25.04.2024 200m , 2010 (14), 400m 5:05.89 100m 1:11.00 200m 2:42.86 , 2010 (14), 400m 4:55.23 25.04.2024 100m 1:09.85 26.04.2024 24.04.2024 200m 2:29.44 , 2013 (11), 400m 6:15.63 1:27.90 100m 200m 3:02.71 , 2010 (14), 100m 1:07.36 26.04.2024 5:03.09 25.04.2024 400m 24.04.2024 200m 2:43.68 6 , 2011 (13), 400m 4:32.58 100m 1:02.61 2:30.35 200m , 2010 (14 400m 4:46.20 100m 1:17.05 200m 2:29.55

, 2011 (13), 400m 467 4:55.18 98% 4:58.03 100m 1:14.68 200m 2:40.38 , 2011 (13), 400m 5:02.37 447 4:56.03 96% 100m 1:14.95 200m 2:47.54 , 2012 (12 400m 4:52.60 4:48.04 517 103% 1:08.29 100m 2:35.61 200m , 2010 (14), 400m 5:07.65 100m 1:18.39 200m 2:37.36 , 2011 (13), 400m 5:11.10 410 5:03.43 95% 100m 1:22.64 2:40.55 200m , 2012 (12), 5:03.99 1:12.38 400m 100m 200m 2:41.04 , 2012 (12), 100m 1:04.60 400m 5:06.16 2:40.08 200m , 2011 (13), 1 100m 1:04.92 5:08.76 420 5:09.05 100% 400m 200m 2:46.15 , 2011 (13), 1 100m 1:06.09 400m 5:05.59 433 5:07.54 101% 200m 2:47.50 , 2010 (14), 100m 58 40 5:02.97 400m 200m 2:35.53 , 2011 (13), 1 400m 5:21.18 373 5:21.64 100% 1:16.52 100m 200m 2:53.92 , 2010 (14), 100m 1:04.14 400m 5:03.00 200m 2:42.92 , 2010 (14), 400m 4:47.50 100m 1:05.50 200m 2:30.70 , 2011 (13), 400m 97% 5:05.09 435 5:00.47 100m 1:15.07 200m 2:43.92 , 2010 (14), 100m 1:05.23 4:49.66 400m 200m 2:40.00 , 2011 (13 1), 100m 1:05.75 5:05.60 101% 400m 5:04.59 437 200m 2:53.11 , 2010 (14), 100m 58.71 400m 4:33.04 200m 2:21.32 , 2010 (14 400m 4:55.07 100m 1:20.35 200m 2:42.82 , 2012 (12), 1 400m 5:03.89 440 5:10.25 104% 100m 1:14.03 200m 2:40.09

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	, 2010 (14),					-
400m 100m			-	4:58.35 1:24.37	-	
200m			-	2:38.43	- -	
200	, 2010 (14),			2.00.10		-
400m	, , , , , , , , , , , , , , , , , , , ,		-	4:48.68	=	
100m			-	1:05.20	-	
200m			-	2:29.33	=	
	, 2011 (13),					-
400m		5:21.20	373	5:11.48	94%	
100m 200m			-	1:12.72 2:39.93	-	
200111	, 2010 (14),			2.00.00		_
100m	, 2010 (14),		-	56.14	_	
400m			-	4:40.00	-	
200m			-	2:22.20	-	
	, 2010 (14),					-
400m			-	4:27.15	-	
100m			-	1:01.00	=	
200m	0044 (40		-	2:18.68	-	
400	, 2011 (13),			4.04.00		-
100m 400m			- -	1:01.69 5:07.83	-	
200m			- -	2:40.53	- -	
	2011 (13),			2.10.00		_
400m		5:04.54	438	5:00.70	97%	
100m			-	1:10.86	-	
200m			-	2:38.82	-	
						_
						2
	, 2011 (13),					1
400m		5:08.18	422	5:12.96	103%	
100m			-	1:11.54	-	
200m	2010 (14		-	2:35.00	-	
100m	, 2010 (14),		-	59.85		-
400m			-	4:54.15		
200m			_	2:39.00	=	
	, 2012 (12),					_
400m	, - (),		-	5:39.26	-	
100m			-	1:19.35	-	
200m			-	2:56.07	-	
	, 2011 (13),					-
400m			-	4:56.00	=	
100m 200m			-	1:09.00 2:45.00	-	
					_	
	2011 (13)		-	2.45.00	-	_
	, 2011 (13),		- -		-	-
400m 100m	, 2011 (13),		- - -	7:10.00 1:37.00	- - -	-
400m			-	7:10.00	- - -	-
400m 100m 200m	, 2011 (13), , 2011 (13),		- -	7:10.00 1:37.00	- - -	-
400m 100m 200m 100m			- - -	7:10.00 1:37.00 3:24.00	- - - -	-
400m 100m 200m 100m 400m			-	7:10.00 1:37.00 3:24.00 1:18.00 6:20.00	- - - -	-
400m 100m 200m 100m	, 2011 (13),		- - -	7:10.00 1:37.00 3:24.00	- - - - -	-
400m 100m 200m 100m 400m 200m			- - - - -	7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00	- - - - -	-
400m 100m 200m 100m 400m 200m	, 2011 (13),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00	- - - - -	-
400m 100m 200m 100m 400m 200m	, 2011 (13),		- - - - -	7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00	- - - - - - -	-
400m 100m 200m 100m 400m 200m	, 2011 (13), , 2012 (12),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89	- - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2011 (13),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89	- - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m	, 2011 (13), , 2012 (12),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00	- - - - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2011 (13), , 2012 (12), , 2010 (14),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65	- - - - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2011 (13), , 2012 (12),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00	- - - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2011 (13), , 2012 (12), , 2010 (14),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00		-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m	, 2011 (13), , 2012 (12), , 2010 (14),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00 5:59.00 1:19.00	- - - - - - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m	, 2011 (13), , 2012 (12), , 2010 (14), 2010 (14),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00	- - - - - - - - - - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2011 (13), , 2012 (12), , 2010 (14),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00 5:59.00 1:19.00 2:45.00	- - - - - - - - - - - - - - -	-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 200m	, 2011 (13), , 2012 (12), , 2010 (14), 2010 (14),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00 5:59.00 1:19.00		-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2011 (13), , 2012 (12), , 2010 (14), 2010 (14), , 2011 (13),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00 5:59.00 1:19.00 2:45.00		-
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2011 (13), , 2012 (12), , 2010 (14), 2010 (14),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00 5:59.00 1:19.00 2:45.00 5:01.37 1:20.70 2:38.89		
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 200m 400m 100m 200m 400m 100m 200m	, 2011 (13), , 2012 (12), , 2010 (14), 2010 (14), , 2011 (13),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00 5:59.00 1:19.00 2:45.00 5:01.37 1:20.70 2:38.89		
400m 100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 400m 100m 200m	, 2011 (13), , 2012 (12), , 2010 (14), 2010 (14), , 2011 (13),			7:10.00 1:37.00 3:24.00 1:18.00 6:20.00 3:12.00 1:16.82 6:09.89 3:10.65 4:57.49 1:14.00 2:31.00 5:59.00 1:19.00 2:45.00 5:01.37 1:20.70 2:38.89		

, 2012 (12), 400m 5:50.00 100m 1:27.00 200m 2:55.00 , 2011 (13), 400m 5:14.00 1:11.00 100m 200m 2:45.18 , 2013 (11), 400m 6:01.11 100m 1:31.64 3:12.02 200m , 2010 (14), 100m 55.90 400m 4:26.70 200m 2:18.70 , 2010 (14), 400m 4:56.47 1:07.50 2:31.87 100m 200m , 2011 (13), 400m 6:35.00 1:28.00 100m 200m 3:10.00 , 2013 (11 100m 1:12.50 5:34.00 3:03.00 400m 200m , 2012 (12), 400m 5:41.00 1:27.00 100m 200m 3:01.00 , 2010 (14), 100m 1:04.76 400m 5:10.89 200m 2:39.21 , 2011 (13 1), 400m 105% 5:26.72 354 5:34.09 100m 1:13.52 200m 2:59.24 , 2011 (13), 100m 1:02.02 5:40.00 400m 200m 2:48.00 , 2011 (13), 400m 5:38.96 100m 1:18.87 200m 3:06.22 , 2012 (12), 400m 5:09.00 100m 1:15.85 200m 2:46.85 , 2011 (13), 400m 5:38.76 100m 1:24.51 200m 2:55.31 , 2012 (12), 400m 5:36.39 325 5:30.00 96% 1:26.50 100m 200m 2:55.00 , 2011 (13), 100m 1:04.70 5:12.00 400m 2:45.00 200m , 2010 (14), 400m 4:47.00 100m 1:08.00 200m 2:28.00 , 2011 (13), 400m 5:16.00 100m 1:20.50 200m 2:50.00 , 2011 (13), 400m 6:40.58 100m 1:33.00 200m 3:10.00

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