

						%	PB
							-
							31
							2
400m	, 2011 (13 ),	10.	4:52.72	493	4:53.48	101%	
100m				-	1:11.32	-	
200m			2:34.58	489	2:35.20	101%	
							2
400m	, 2011 (13 ),	127.	5:04.73	337	5:08.05	102%	
100m				-	1:18.37	-	
200m		139.	2:44.58	295	2:48.88	105%	
							2
400m	, 2010 (14 ),	38.	4:43.04	421	4:46.77	103%	
100m				-	1:10.23	-	
200m		18.	2:23.54	445	2:25.50	103%	
							1
400m	, 2010 (14 ),	143.	5:09.77	321	5:03.12	96%	
100m				-	1:09.93	-	
200m		91.	2:36.69	342	2:40.19	105%	
							2
100m	, 2010 (14 ),			-	57.36	-	
400m		43.	4:44.69	414	4:59.79	111%	
200m		24.	2:25.51	427	2:31.28	108%	
							-
400m	, 2011 (13 ),	100.	5:28.91	347	5:27.33	99%	
100m				-	1:14.81	-	
200m				-	2:46.39	-	
							2
400m	, 2010 (14 ),	76.	4:53.06	379	4:56.97	103%	
100m				-	1:14.87	-	
200m		55.	2:30.38	387	2:34.33	105%	
							-
400m	, 2010 (14 ),	55.	4:47.74	401	4:47.31	100%	
100m				-	1:08.10	-	
200m		66.	2:32.51	371	2:32.09	99%	
							-
400m	, 2012 (12 ),	132.	5:49.98	288	5:44.42	97%	
100m				-	1:21.94	-	
200m				-	2:59.66	-	
							2
100m	, 2010 (14 ),			-	58.01	-	
400m		51.	4:47.15	403	4:50.47	102%	
200m		70.	2:32.86	368	2:34.12	102%	
							2
100m	, 2011 (13 ),			-	1:02.34	-	
400m		3.	4:40.55	560	4:42.01	101%	
200m			2:33.78	497	2:38.03	106%	
							2
400m	, 2011 (13 ),	7.	4:48.49	515	4:51.80	102%	
100m				-	1:11.90	-	
200m			2:28.91	548	2:33.50	106%	
							1
400m	, 2011 (13 ),	80.	5:20.92	374	5:21.89	101%	
100m				-	1:19.46	-	
200m				-	2:51.06	-	
							1
100m	, 2010 (14 ),			-	59.01	-	
400m		123.	5:03.75	341	4:57.39	96%	
200m		35.	2:28.24	404	2:32.60	106%	
							1
100m	, 2011 (13 ),			-	1:09.62	-	
400m		78.	5:20.52	375	5:21.68	101%	
200m				-	2:52.65	-	
							2
400m	, 2011 (13 ),	46.	4:45.51	410	4:49.60	103%	
100m				-	1:13.73	-	
200m		44.	2:29.38	395	2:32.11	104%	
							-
400m	, 2011 (13 ),	99.	5:28.41	349	5:24.80	98%	
100m				-	1:27.21	-	
200m				-	2:47.65	-	

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	, 2010 (14 ),						1
400m		31.	4:41.45	428	4:40.73	99%	
100m				-	1:02.37	-	
200m		8.	<b>2:19.37</b>	486	2:21.20	103%	
	, 2010 (14 ),						1
400m		86.	4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m		75.	<b>2:34.02</b>	360	2:34.41	101%	
	, 2010 (14 ),						2
400m		40.	<b>4:43.35</b>	420	4:47.34	103%	
100m				-	1:02.00	-	
200m		15.	<b>2:22.47</b>	455	2:25.11	104%	
	, 2011 (13 ),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m			<b>2:35.47</b>	481	2:35.78	100%	
	, 2011 (13 ),						-
100m				-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m				-	2:53.06	-	
	, 2010 (14 ),						2
400m		130.	<b>5:05.78</b>	334	5:11.54	104%	
100m				-	1:18.86	-	
200m		94.	<b>2:37.38</b>	338	2:42.30	106%	
	, 2011 (13 ),						2
400m		68.	<b>5:17.34</b>	387	5:21.70	103%	
100m				-	1:09.93	-	
200m			<b>2:40.43</b>	438	2:41.48	101%	
							10
	, 2012 (12 ),						1
100m				-	1:11.43	-	
400m		50.	<b>5:10.60</b>	412	5:16.95	104%	
200m				-	2:51.60	-	
	, 2010 (14 ),						-
100m				-	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12 ),						-
400m		66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m			2:41.42	430	2:37.03	95%	
	, 2010 (14 ),						-
100m				-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14 ),						-
400m		62.	4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13 ),						1
400m		74.	<b>5:19.44</b>	379	5:20.36	101%	
100m				-	1:13.26	-	
200m				-	2:46.21	-	
	, 2010 (14 ),						1
400m		66.	4:51.27	386	4:49.08	99%	
100m				-	1:07.68	-	
200m		51.	<b>2:30.31</b>	387	2:30.54	100%	
	, 2012 (12 ),						1
100m				-	1:08.16	-	
400m		47.	<b>5:09.90</b>	415	5:21.42	108%	
200m				-	2:47.40	-	
	, 2012 (12 ),						1
100m				-	1:08.40	-	
400m		62.	<b>5:14.32</b>	398	5:15.16	101%	
200m				-	2:51.08	-	
	, 2010 (14 ),						-
100m				-	1:01.11	-	
400m		97.	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13 ),						2
400m		21.	<b>4:59.81</b>	459	5:00.52	100%	
100m				-	1:14.84	-	
200m			<b>2:41.06</b>	433	2:41.53	101%	
	, 2011 (13 ),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m			2:40.08	441	2:39.00	99%	

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	, 2010 (14 ),						-
400m		68.	4:52.04	383	4:51.04	99%	
100m				-	1:05.26	-	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14 ),						1
400m		18.	<b>4:35.80</b>	455	4:36.00	100%	
100m				-	1:07.50	-	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12 ),						1
400m		97.	<b>5:27.25</b>	353	5:28.72	101%	
100m				-	1:20.44	-	
200m				-	2:52.24	-	
	, 2011 (13 ),						1
400m		63.	5:16.47	390	5:12.90	98%	
100m				-	1:11.34	-	
200m			<b>2:43.41</b>	414	2:44.44	101%	
	, 2010 (14 ),						-
100m				-	59.24	-	
400m		17.	4:35.12	459	4:31.41	97%	
200m		86.	2:36.14	346	2:33.34	96%	
	, 2010 (14 ),						-
400m		75.	4:53.03	380	4:50.50	98%	
100m				-	1:16.20	-	
200m		46.	2:29.60	393	2:29.00	99%	
	, 2010 (14 ),						-
400m		14.	4:32.52	472	4:32.06	100%	
100m				-	1:00.00	-	
200m		7.	2:18.80	492	2:17.73	98%	
	, 2011 (13 ),						-
400m		89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							28
	, 2011 (13 ),						-
100m				-	1:01.00	-	
400m		147.	5:12.93	312	5:12.00	99%	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12 ),						-
100m				-	1:10.00	-	
400m		90.	5:24.46	362	5:17.00	95%	
200m				-	2:52.00	-	
	, 2010 (14 ),						1
100m				-	1:01.00	-	
400m		36.	<b>4:42.02</b>	426	4:43.00	101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12 ),						1
100m				-	1:05.00	-	
400m		144.	5:10.95	318	5:03.00	95%	
200m		132.	<b>2:43.49</b>	301	2:45.00	102%	
	, 2012 (12 ),						-
400m		65.	5:17.11	388	5:06.00	93%	
100m				-	1:12.90	-	
200m				-	2:46.00	-	
	, 2011 (13 ),						-
100m				-	1:09.00	-	
400m		77.	5:20.22	376	5:17.90	99%	
200m				-	2:49.60	-	
	, 2012 (12 ),						-
400m		104.	5:31.09	340	5:17.90	92%	
100m				-	1:21.99	-	
200m				-	2:49.60	-	
	, 2010 (14 ),						2
400m		89.	<b>4:55.23</b>	371	4:56.38	101%	
100m				-	1:13.64	-	
200m		27.	<b>2:26.65</b>	417	2:27.94	102%	
	, 2011 (13 ),						1
100m				-	1:05.50	-	
400m		41.	<b>5:07.47</b>	425	5:15.00	105%	
200m				-	2:46.00	-	
	, 2010 (14 ),						-
100m				-	59.95	-	
400m		131.	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	

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	, 2010 (14 ),						-
400m		146.	5:11.13	317	5:04.00	95%	
100m				-	1:15.00	-	
200m		79.	2:34.76	355	2:33.00	98%	
	, 2011 (13 ),						-
100m				-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m				-	2:47.00	-	
	, 2010 (14 ),						1
400m		105.	4:59.61	355	4:58.00	99%	
100m				-	1:18.00	-	
200m		81.	<b>2:34.91</b>	354	2:38.35	104%	
	, 2012 (12 ),						-
400m		103.	5:30.30	343	5:26.00	97%	
100m				-	1:18.50	-	
200m				-	2:54.00	-	
	, 2010 (14 ),						-
100m				-	1:00.00	-	
400m		64.	4:51.10	387	4:44.22	95%	
200m		78.	2:34.27	358	2:30.55	95%	
	, 2011 (13 ),						-
400m		96.	4:58.10	360	4:58.00	100%	
100m				-	1:10.00	-	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12 ),						1
400m		140.	<b>5:56.43</b>	273	6:00.00	102%	
100m				-	1:22.00	-	
200m				-	3:14.00	-	
	, 2010 (14 ),						1
400m		19.	<b>4:35.84</b>	455	4:41.90	104%	
100m				-	1:06.90	-	
200m		43.	2:29.07	397	2:28.50	99%	
	, 2011 (13 ),						1
400m		72.	5:18.21	384	5:06.76	93%	
100m				-	1:16.54	-	
200m			<b>2:35.71</b>	479	2:36.17	101%	
	, 2011 (13 ),						-
400m		79.	4:53.46	378	4:53.00	100%	
100m				-	1:09.00	-	
200m		138.	2:44.35	296	2:42.00	97%	
	, 2012 (12 ),						-
400m		126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	-	
200m				-	2:58.00	-	
	, 2012 (12 ),						1
400m		92.	<b>5:25.53</b>	358	5:31.00	103%	
100m				-	1:17.50	-	
200m				-	2:57.00	-	
	, 2012 (12 ),						1
400m		137.	<b>5:53.39</b>	280	6:09.00	109%	
100m				-	1:35.00	-	
200m				-	3:03.74	-	
	, 2010 (14 ),						-
400m		133.	5:05.92	333	4:52.00	91%	
100m				-	1:10.00	-	
200m		151.	2:53.07	254	2:45.00	91%	
	, 2012 (12 ),						2
100m				-	1:05.00	-	
400m		18.	<b>4:58.44</b>	465	5:05.50	105%	
200m			<b>2:39.91</b>	442	2:40.14	100%	
	, 2010 (14 ),						-
400m		156.	5:25.52	277	5:20.00	97%	
100m				-	1:09.00	-	
200m		146.	2:47.48	280	2:41.00	92%	
	, 2011 (13 ),						1
400m		86.	5:21.67	371	5:14.45	96%	
100m				-	1:23.21	-	
200m			<b>2:43.02</b>	417	2:43.34	100%	
	, 2011 (13 ),						-
400m		135.	5:52.65	282	5:25.00	85%	
100m				-	1:23.00	-	
200m				-	2:50.00	-	
	, 2011 (13 ),						-
400m		128.	5:46.63	297	5:30.00	91%	
100m				-	1:17.00	-	
200m				-	2:53.00	-	

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						-
100m						-
400m	92.	4:56.39	367	4:50.00	96%	-
200m	85.	2:35.94	347	2:35.29	99%	-
						2
400m	55.	<b>5:11.97</b>	407	5:19.78	105%	-
100m			-	1:11.45	-	-
200m		<b>2:38.13</b>	457	2:41.12	104%	-
						-
400m	58.	5:13.29	402	5:10.00	98%	-
100m			-	1:16.00	-	-
200m			-	2:50.00	-	-
						-
400m	145.	6:18.95	227	6:02.00	91%	-
100m			-	1:29.00	-	-
200m			-	3:10.00	-	-
						-
400m	118.	5:02.37	345	4:56.00	96%	-
100m			-	1:08.00	-	-
200m	130.	2:42.95	304	2:42.00	99%	-
						1
400m	22.	5:00.79	454	4:55.76	97%	-
100m			-	1:10.23	-	-
200m		<b>2:33.98</b>	495	2:35.69	102%	-
						1
400m	101.	<b>5:29.00</b>	347	5:30.00	101%	-
100m			-	1:17.00	-	-
200m			-	2:53.00	-	-
						1
400m	94.	<b>4:56.78</b>	365	5:00.00	102%	-
100m			-	1:10.50	-	-
200m	61.	2:31.15	381	2:26.50	94%	-
						1
100m			-	1:08.00	-	-
400m	70.	<b>5:18.02</b>	384	5:24.00	104%	-
200m			-	2:47.00	-	-
						1
400m	122.	<b>5:42.96</b>	306	5:43.00	100%	-
100m			-	1:28.79	-	-
200m			-	2:59.00	-	-
						1
100m			-	1:08.00	-	-
400m	94.	<b>5:26.73</b>	354	5:35.00	105%	-
200m			-	2:53.00	-	-
						1
400m	109.	<b>5:32.34</b>	337	5:36.00	102%	-
100m			-	1:22.50	-	-
200m			-	2:58.00	-	-
						-
400m	128.	5:04.94	337	4:55.00	94%	-
100m			-	1:09.00	-	-
200m	121.	2:41.65	311	2:35.00	92%	-
						2
400m	88.	<b>4:54.94</b>	372	5:00.00	103%	-
100m			-	1:05.50	-	-
200m	25.	<b>2:26.50</b>	419	2:27.00	101%	-
						-
100m			-	1:05.90	-	-
400m	61.	5:14.16	399	5:14.00	100%	-
200m			-	2:46.00	-	-
						1
400m	23.	5:00.84	454	5:00.76	100%	-
100m			-	1:15.60	-	-
200m		<b>2:31.56</b>	519	2:34.33	104%	-
						2
400m	151.	<b>5:17.63</b>	298	5:20.00	101%	-
100m			-	1:11.00	-	-
200m	126.	<b>2:42.08</b>	309	2:44.00	102%	-
						19
						2
100m			-	55.22	-	-
400m	6.	<b>4:26.99</b>	502	4:32.45	104%	-
200m	14.	<b>2:22.46</b>	455	2:25.42	104%	-

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	, 2011 (13 ),						-
400m		83.	5:21.23	373	5:12.00	94%	
100m				-	1:22.72	-	
200m				-	2:47.38	-	
	, 2012 (12 ),						-
400m		52.	5:11.42	409	5:11.20	100%	
100m				-	1:19.71	-	
200m			2:46.30	393	2:45.10	99%	
	, 2010 (14 ),						2
400m		21.	<b>4:38.39</b>	443	4:43.78	104%	
100m				-	1:15.65	-	
200m		31.	<b>2:27.12</b>	413	2:27.24	100%	
	, 2011 (13 ),						1
400m		107.	<b>5:00.11</b>	353	5:02.18	101%	
100m				-	1:14.97	-	
200m		136.	2:44.26	297	2:38.82	93%	
	, 2011 (13 ),						-
100m				-	1:05.00	-	
400m		56.	5:13.06	403	5:10.00	98%	
200m				-	2:48.00	-	
	, 2010 (14 ),						1
400m		3.	4:17.49	560	4:10.30	94%	
100m				-	1:02.52	-	
200m		10.	<b>2:20.18</b>	478	2:22.10	103%	
	, 2010 (14 ),						2
100m				-	1:04.00	-	
400m		65.	<b>4:51.20</b>	387	4:53.44	102%	
200m		90.	<b>2:36.52</b>	343	2:39.02	103%	
	, 2010 (14 ),						2
400m		1.	<b>4:08.68</b>	621	4:09.73	101%	
100m				-	1:05.00	-	
200m		1.	<b>2:07.95</b>	629	2:13.50	109%	
	, 2012 (12 ),						-
400m		59.	5:13.52	401	5:10.78	98%	
100m				-	1:14.00	-	
200m				-	2:47.46	-	
	, 2011 (13 ),						-
400m		138.	5:06.74	331	5:02.39	97%	
100m				-	1:13.50	-	
200m		122.	2:41.73	311	2:40.24	98%	
	, 2011 (13 ),						1
100m				-	1:11.46	-	
400m		32.	<b>5:04.87</b>	436	5:12.37	105%	
200m				-	2:52.37	-	
	, 2011 (13 ),						2
400m		11.	<b>4:53.33</b>	490	4:55.57	102%	
100m				-	1:12.97	-	
200m			<b>2:32.60</b>	509	2:33.78	102%	
	, 2011 (13 ),						1
400m		53.	<b>5:11.69</b>	408	5:24.16	108%	
100m				-	1:15.63	-	
200m				-	2:45.16	-	
	, 2010 (14 ),						-
400m		80.	4:53.47	378	4:53.24	100%	
100m				-	1:09.17	-	
	, 2010 (14 ),						2
100m				-	1:02.18	-	
400m		61.	<b>4:50.80</b>	388	5:00.24	107%	
200m		93.	<b>2:37.15</b>	339	2:41.49	106%	
	, 2011 (13 ),						-
400m		106.	5:31.72	339	5:18.20	92%	
100m				-	1:15.73	-	
200m			2:46.53	391	2:40.40	93%	
	, 2010 (14 ),						1
100m				-	1:00.20	-	
400m		37.	<b>4:42.97</b>	422	4:46.76	103%	
200m		63.	2:31.60	378	2:29.33	97%	
	, 2011 (13 ),						1
100m				-	1:05.89	-	
400m		64.	<b>5:17.06</b>	388	5:20.16	102%	
200m				-	2:51.94	-	
	, 2011 (13 ),						1
400m		48.	<b>5:10.11</b>	414	5:12.44	102%	
100m				-	1:15.06	-	
200m				-	2:46.53	-	

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	, 2011 (13 ),						1
400m		82.	4:53.81	377	4:51.26	98%	
100m				-	1:04.54	-	
200m		74.	<b>2:33.83</b>	361	2:35.86	103%	
	, 2012 (12 ),						-
100m				-	1:24.71	-	
	, 2010 (14 ),						-
400m		12.	4:30.49	483	4:28.87	25.04.2024	99%
100m				-	1:04.92	29.03.2024	-
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%
	, 2010 (14 ),						2
400m		4.	<b>4:18.37</b>	554	4:21.07	25.04.2024	102%
100m				-	1:02.09	26.04.2024	-
200m		11.	<b>2:20.34</b>	476	2:21.29	24.04.2024	101%
	, 2012 (12 ),						1
100m				-	1:12.87	-	
400m		134.	<b>5:52.45</b>	282	6:02.18	106%	
200m				-	3:03.57	-	
	, 2010 (14 ),						-
100m				-	56.54	26.04.2024	-
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%
	, 2010 (14 ),						1
100m				-	1:01.04	-	
400m		100.	4:58.66	358	4:58.23	100%	
200m		53.	<b>2:30.35</b>	387	2:32.38	103%	
	, 2011 (13 ),						1
100m				-	1:11.63	-	
400m		119.	<b>5:39.67</b>	315	5:41.67	101%	
200m				-	2:57.97	-	
	, 2011 (13 ),						-
100m				-	1:07.27	-	
400m		69.	5:17.47	386	5:16.74	100%	
200m				-	2:48.80	-	
	, 2010 (14 ),						-
400m		70.	4:52.05	383	4:50.62	99%	
100m				-	1:04.31	-	
200m		103.	2:38.60	330	2:36.18	97%	
	, 2011 (13 ),						1
400m		39.	5:06.09	431	5:03.05	98%	
100m				-	1:09.13	-	
200m			<b>2:40.06</b>	441	2:42.47	103%	
	, 2011 (13 ),						1
400m		75.	<b>5:19.74</b>	378	5:25.39	24.04.2024	104%
100m				-	1:15.43	26.04.2024	-
200m			2:45.65	398	2:44.59	22.06.2023	99%
	, 2010 (14 ),						2
100m				-	1:02.92	26.04.2024	-
400m		126.	<b>5:04.59</b>	338	5:07.80	25.04.2024	102%
200m		87.	<b>2:36.19</b>	345	2:40.35	24.04.2024	105%
	, 2011 (13 ),						2
400m		58.	<b>4:48.95</b>	396	4:55.65	25.04.2024	105%
100m				-	1:20.23	26.04.2024	-
200m		59.	<b>2:30.99</b>	382	2:33.67	24.04.2024	104%
	, 2011 (13 ),						-
100m				-	1:03.95	26.04.2024	-
400m		95.	4:56.87	365	4:53.13	25.04.2024	97%
	, 2011 (13 ),						1
400m		67.	5:17.33	387	5:12.70	97%	
100m				-	1:13.24	-	
200m			<b>2:41.16</b>	432	2:41.91	101%	
	, 2010 (14 ),						1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%
100m				-	1:18.07	26.04.2024	-
200m		99.	<b>2:37.98</b>	334	2:39.71	24.04.2024	102%
	, 2011 (13 ),						1
400m		57.	5:13.27	402	5:07.61	96%	
100m				-	1:18.86	-	
200m			<b>2:40.38</b>	438	2:43.95	105%	
	, 2010 (14 ),						2
100m				-	1:06.23	26.04.2024	-
400m		41.	<b>4:43.61</b>	419	4:46.97	25.04.2024	102%
200m		114.	<b>2:40.71</b>	317	2:48.11	109%	
	, 2010 (14 ),						1
400m		99.	4:58.54	359	4:56.78	99%	
100m				-	1:12.94	-	
200m		89.	<b>2:36.50</b>	343	2:39.46	104%	

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	, 2011 (13 ),						2
400m		120.	<b>5:02.84</b>	344	5:06.52	102%	
100m				-	1:20.24	-	
200m		97.	<b>2:37.63</b>	336	2:41.51	105%	
	, 2011 (13 ),						-
400m		60.	5:13.71	400	5:11.05	98%	
100m				-	1:11.42	-	
200m			2:46.53	391	2:44.78	98%	
	, 2011 (13 ),						1
100m				-	1:00.75	26.04.2024	-
400m		102.	4:58.95	357	4:55.91	25.04.2024	98%
200m		68.	<b>2:32.62</b>	370	2:35.06	24.04.2024	103%
	, 2010 (14 ),						1
400m		50.	4:47.03	404	4:45.58	99%	
100m				-	1:07.57	-	
200m		19.	<b>2:23.66</b>	444	2:23.78	100%	
	, 2010 (14 ),						-
100m				-	1:02.09	-	
400m		63.	4:51.06	387	4:40.19	93%	
200m		95.	2:37.40	337	2:35.73	98%	
	, 2012 (12 ),						-
100m				-	1:06.45	-	
400m		73.	5:18.55	382	5:15.39	98%	
200m				-	2:50.71	-	
	, 2011 (13 ),						1
100m				-	1:00.60	-	
400m		91.	4:55.75	369	4:52.60	98%	
200m		115.	<b>2:40.90</b>	316	2:44.00	104%	
	, 2011 (13 ),						2
100m				-	1:05.45	26.04.2024	-
400m		9.	<b>4:52.11</b>	496	4:58.56	24.04.2024	104%
200m			<b>2:42.25</b>	423	2:44.93	25.04.2024	103%
	, 2012 (12 ),						-
400m		155.	5:24.45	279	5:10.60	25.04.2024	92%
100m				-	1:22.81	26.04.2024	-
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%
	, 2010 (14 ),						1
400m		137.	<b>5:06.69</b>	331	5:15.13	25.04.2024	106%
100m				-	1:20.61	28.03.2024	-
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%
	, 2011 (13 ),						-
400m		113.	5:35.23	328	5:24.88	94%	
100m				-	1:21.65	-	
200m				-	2:52.72	-	
	, 2010 (14 ),						2
400m		33.	<b>4:41.84</b>	427	4:48.82	105%	
100m				-	1:17.47	-	
200m		29.	<b>2:26.83</b>	416	2:32.09	107%	
	, 2010 (14 ),						1
400m		60.	<b>4:50.43</b>	390	4:52.60	101%	
100m				-	1:12.58	-	
200m		69.	2:32.69	370	2:27.60	93%	
	, 2012 (12 ),						2
100m				-	1:04.40	28.03.2024	-
400m		57.	<b>4:48.75</b>	397	4:55.47	25.04.2024	105%
200m		102.	<b>2:38.56</b>	330	2:41.13	24.04.2024	103%
	, 2010 (14 ),						1
400m		9.	4:28.37	494	4:26.36	99%	
100m				-	1:01.56	-	
200m		3.	<b>2:15.53</b>	529	2:16.53	101%	
	, 2011 (13 ),						1
400m		85.	5:21.42	372	5:19.67	99%	
100m				-	1:12.01	-	
200m			<b>2:37.58</b>	462	2:38.51	101%	
	, 2010 (14 ),						-
400m		54.	4:47.64	401	4:47.50	100%	
100m				-	1:12.80	-	
200m		22.	2:25.16	430	2:22.60	97%	
	, 2011 (13 ),						1
400m		87.	5:22.95	367	5:22.80	100%	
100m				-	1:06.89	-	
200m			<b>2:39.45</b>	446	2:41.50	103%	
	, 2012 (12 ),						-
100m				-	1:03.95	26.04.2024	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%
200m			2:43.63	413	2:42.67	99%	



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	, 2010 (14 ),							1
400m		132.	5:05.85	334	5:04.79		99%	
100m				-	1:14.56		-	
200m		77.	<b>2:34.13</b>	359	2:34.88		101%	
	, 2010 (14 ),							1
100m				-	1:04.13		-	
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	<b>2:41.80</b>	311	2:42.26		101%	
	, 2011 (13 ),							-
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m				-	1:11.34	26.04.2024	-	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11 ),							1
400m		144.	<b>6:15.17</b>	234	6:23.56	24.04.2024	105%	
100m				-	1:38.18	26.04.2024	-	
200m				-	3:46.50	06.12.2023	-	
	, 2011 (13 ),							2
100m				-	1:06.34		-	
400m		117.	<b>5:02.29</b>	346	5:06.72		103%	
200m		123.	<b>2:41.79</b>	311	2:43.15		102%	
	, 2011 (13 ),							2
100m				-	1:06.69	07.12.2023	-	
400m		136.	<b>5:06.37</b>	332	5:15.49	27.03.2024	106%	
200m		129.	<b>2:42.90</b>	304	2:50.21	24.04.2024	109%	
	, 2010 (14 ),							1
400m		23.	<b>4:38.83</b>	441	4:40.20	25.04.2024	101%	
100m				-	1:03.07	26.04.2024	-	
	, 2011 (13 ),							1
100m				-	1:00.12		-	
400m		25.	<b>4:39.41</b>	438	4:43.97		103%	
	, 2011 (13 ),							2
400m		150.	<b>5:15.84</b>	303	5:17.90	25.04.2024	101%	
100m				-	1:15.34	26.04.2024	-	
200m		142.	<b>2:45.74</b>	289	2:48.64	24.04.2024	104%	
	, 2010 (14 ),							1
400m		83.	<b>4:54.17</b>	375	5:11.10	23.11.2023	112%	
100m				-	1:10.36		-	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14 ),							-
100m				-	59.62	26.04.2024	-	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12 ),							-
400m		110.	5:34.37	331	5:26.57		95%	
100m				-	1:20.12		-	
200m				-	2:54.00		-	
	, 2011 (13 ),							1
100m				-	1:00.03		-	
400m		33.	<b>4:41.84</b>	427	4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
	, 2011 (13 ),							1
100m				-	59.14		-	
400m		8.	4:52.02	496	4:49.86		99%	
200m			<b>2:28.25</b>	555	2:29.93		102%	
	, 2012 (12 ),							1
400m		118.	<b>5:39.24</b>	316	5:47.72	24.04.2024	105%	
100m				-	1:21.52	26.04.2024	-	
200m				-	3:01.82	25.04.2024	-	
	, 2011 (13 ),							2
400m		1.	<b>4:36.01</b>	588	4:40.15	24.04.2024	103%	
100m				-	1:05.31	26.04.2024	-	
200m			<b>2:29.68</b>	539	2:31.57	25.04.2024	103%	
	, 2011 (13 ),							1
400m		110.	<b>5:00.43</b>	352	5:00.56		100%	
100m				-	1:10.64		-	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14 ),							2
400m		106.	<b>4:59.83</b>	354	5:03.85		103%	
100m				-	1:09.98		-	
200m		92.	<b>2:36.85</b>	341	2:39.94		104%	
	, 2010 (14 ),							2
100m				-	58.78		-	
400m		13.	<b>4:31.82</b>	476	4:47.67		112%	
200m		32.	<b>2:27.18</b>	413	2:33.74		109%	

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	, 2011 (13 ),							1
400m		79.	<b>5:20.72</b>	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13 ),							-
400m		141.	5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13 ),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	
	, 2011 (13 ),							2
100m				-	1:05.35	26.04.2024	-	
400m		101.	<b>4:58.80</b>	358	4:59.54	25.04.2024	100%	
200m		135.	<b>2:44.12</b>	298	2:48.84	24.04.2024	106%	
	, 2010 (14 ),							1
400m		28.	<b>4:40.52</b>	433	4:43.30		102%	
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13 ),							1
400m		124.	<b>5:44.02</b>	303	5:55.78		107%	
100m				-	1:24.03		-	
200m				-	2:57.06		-	
	, 2012 (12 ),							1
400m		38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m			<b>2:40.97</b>	433	2:41.99		101%	
	, 2013 (11 ),							1
400m		96.	<b>5:27.19</b>	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m				-	2:59.30		-	
	, 2011 (13 ),							1
400m		4.	4:40.74	559	4:37.71		98%	
100m				-	1:04.81		-	
200m			<b>2:27.56</b>	563	2:27.89		100%	
	, 2010 (14 ),							1
100m				-	1:08.86	26.04.2024	-	
400m		159.	<b>5:30.87</b>	263	5:34.76	25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96		79%	
	, 2010 (14 ),							2
400m		72.	<b>4:52.50</b>	382	4:52.68		100%	
100m				-	1:18.06		-	
200m		52.	<b>2:30.33</b>	387	2:31.09		101%	
	, 2010 (14 ),							1
100m				-	59.59		-	
200m		50.	<b>2:30.23</b>	388	2:32.95		104%	
	, 2011 (13 ),							-
100m				-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m			2:33.20	503	2:31.66	25.04.2024	98%	
	, 2011 (13 ),							2
400m		2.	<b>4:38.68</b>	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m			<b>2:22.53</b>	624	2:24.20	25.04.2024	102%	
	, 2012 (12 ),							-
100m				-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m				-	2:56.24	25.04.2024	-	
	, 2011 (13 ),							-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m			2:33.61	499	2:33.58	25.04.2024	100%	
	, 2010 (14 ),							1
400m		158.	<b>5:30.09</b>	265	5:30.90	25.04.2024	100%	
100m				-	1:13.92	26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14 ),							1
400m		85.	4:54.88	372	4:48.30		96%	
100m				-	1:05.77		-	
200m		39.	<b>2:28.77</b>	400	2:30.91		103%	
	, 2011 (13 ),							2
100m				-	1:03.15		-	
400m		19.	<b>4:58.75</b>	464	5:01.84		102%	
200m			<b>2:34.95</b>	486	2:36.98		103%	

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							1
100m				-	55.90	-	
400m	7.	4:27.93	497	4:26.70	99%		
200m	4.	<b>2:17.05</b>	511	2:18.70	102%		
							1
400m	98.	4:58.53	359	4:56.47	99%		
100m			-	1:07.50	-		
200m	38.	<b>2:28.69</b>	400	2:31.87	104%		
							-
400m	149.	6:42.44	189	6:35.00	96%		
100m			-	1:28.00	-		
200m			-	3:10.00	-		
							-
100m			-	1:12.50	-		
400m	161.	5:40.86	241	5:34.00	96%		
200m	156.	3:08.02	198	3:03.00	95%		
							-
400m	162.	5:42.11	238	5:41.00	99%		
100m			-	1:27.00	-		
200m	154.	3:01.61	219	3:01.00	99%		
							2
100m			-	1:04.76	-		
400m	142.	<b>5:09.66</b>	322	5:10.89	101%		
200m	101.	<b>2:38.47</b>	331	2:39.21	101%		
							1
400m	93.	<b>5:26.72</b>	354	5:34.09	105%		
100m			-	1:13.52	-		
200m			-	2:59.24	-		
							1
100m			-	1:02.02	-		
400m	88.	<b>5:23.00</b>	367	5:40.00	111%		
200m			-	2:48.00	-		
							-
400m	127.	5:45.02	301	5:38.96	97%		
100m			-	1:18.87	-		
200m			-	3:06.22	-		
							1
400m	139.	<b>5:07.02</b>	330	5:09.00	101%		
100m			-	1:15.85	-		
200m	148.	2:48.08	277	2:46.85	99%		
							1
400m	115.	<b>5:35.94</b>	326	5:38.76	102%		
100m			-	1:24.51	-		
200m			-	2:55.31	-		
							-
400m	116.	5:36.39	325	5:30.00	96%		
100m			-	1:26.50	-		
200m			-	2:55.00	-		
							-
100m			-	1:04.70	-		
400m	148.	5:13.61	310	5:12.00	99%		
							1
400m	45.	<b>4:45.43</b>	411	4:47.00	101%		
100m			-	1:08.00	-		
200m	41.	2:28.99	398	2:28.00	99%		
							1
400m	152.	5:22.32	285	5:16.00	96%		
100m			-	1:20.50	-		
200m	143.	<b>2:46.56</b>	285	2:50.00	104%		
							1
400m	148.	<b>6:35.76</b>	199	6:40.58	102%		
100m			-	1:33.00	-		
200m			-	3:10.00	-		
							2
100m			-	1:04.01	-		
400m	67.	<b>4:51.62</b>	385	4:52.34	100%		
200m	105.	<b>2:38.77</b>	329	2:39.78	101%		