, 29. - 31.5.2024

1 29.05.2024 - 9:5	55				, 400m						2011
	3.00 /		: 4:39.50) / 1	: 5:00	.50 / 2	: 5	5:40.00 /	3	: 6:28.50	
: FINA 2023											
				/						FINA	
				11					4:36.01		
50m:	29.41	29.41	150m:		35.04	250m:	2:48.72	35.00		4:00.59	36.05
100m:		34.25		2:13.72	35.02	300m:	3:24.54	35.82	400m:	4:36.01	35.42
				11					4:38.68	571	
50m:	30.70	30.70	150m:	1:40.16	35.21	250m:	2:51.82	36.00		4:03.71	35.86
100m:	1:04.95	34.25	200m:	2:15.82	35.66	300m:	3:27.85	36.03	400m:	4:38.68	34.97
				11					4:40.55	560	1
50m:	30.93	30.93		1:40.97	35.71	250m:	2:53.38	36.17		4:05.54	36.09
100m:	1:05.26	34.33	200m:	2:17.21	36.24	300m:	3:29.45	36.07	400m:	4:40.55	35.01
				11					4:40.74	559	1
50m:	31.37	31.37		1:43.08	36.22	250m:	2:54.82	36.23		4:06.10	35.15
100m:	1:06.86	35.49	200m:	2:18.59	35.51	300m:	3:30.95	36.13	400m:	4:40.74	34.64
				11					4:44.57	536	1
50m:	30.94	30.94		1:41.15	35.72		2:54.04	36.56		4:08.13	37.02
100m:	1:05.43	34.49	200m:	2:17.48	36.33	300m:	3:31.11	37.07	400m:	4:44.57	36.44
				12					4:48.04		1
50m:	32.21 1:08.31	32.21 36.10		1:44.84 2:21.94	36.53 37.10	250m:	2:58.91 3:35.80	36.97 36.89		4:12.44 4:48.04	36.64 35.60
100111.	1.00.31	30.10	200111.		37.10	300111.	3.33.00	30.09			
	00.00	00.00	450	11	07.40	050	0.50.05	00.70	4:48.49		1
50m: 100m:	32.00 1:07.92	32.00 35.92		1:45.10 2:22.16	37.18 37.06	250m: 300m:	2:58.95 3:36.38	36.79 37.43	350m: 400m:	4:13.09 4:48.49	36.71 35.40
100111.	1.07.02	00.02	200111.		07.00	000111.	0.00.00	07.40			
E0m:	31.96	31.96	150m:	11 1:43.89	36.90	250m:	2:59.71	20.02	4:52.02	496 4:15.65	1 37.85
50m: 100m:	1:06.99	35.03		2:21.69	37.80	250m: 300m:	3:37.80	38.02 38.09		4:52.02	36.37
50m:	32.49	32.49	150m:	11 1:44.64	36.70	250m:	2:59.38	37.39	4:52.11 350m:	496 4:15.17	1 38.26
	1:07.94	35.45		2:21.99	37.35		3:36.91	37.53		4:52.11	36.94
											4
50m:	33.75	33.75	150m ⁻	11 1:47.27	36.96	250m·	3:02.58	37 55	4:52.72 350m:		1 37.24
	1:10.31	36.56		2:25.03	37.76		3:39.13	36.55		4:52.72	36.35
				11					4:53.33	490	1
50m:	32.77	32.77	150m:	1:46.17	37.35	250m:	3:00.61	37.14		4:15.33	37.66
	1:08.82	36.05		2:23.47	37.30	300m:		37.06		4:53.33	38.00
				11					4:54.60	483	1
50m:	32.65	32.65	150m:	1:45.78	37.15	250m:	3:00.97	37.72		4:17.27	38.05
100m:	1:08.63	35.98	200m:	2:23.25	37.47	300m:	3:39.22	38.25	400m:	4:54.60	37.33
				11					4:54.85	482	1
50m:	33.35	33.35		1:46.94	37.40	250m:	3:03.12	38.15	350m:	4:18.64	37.32
100m:	1:09.54	36.19	200m:	2:24.97	38.03	300m:	3:41.32	38.20	400m:	4:54.85	36.21
				11					4:55.45	479	1
50m:	32.15	32.15		1:45.38	37.24	250m:		38.49	350m:	4:18.65	38.34
100m:	1:08.14	35.99	200m:	2:23.41	38.03	300m:	3:40.31	38.41	400m:	4:55.45	36.80
				11					4:55.46	479	1

50m:

100m:

50m:

100m:

50m:

100m: 1:09.99

32.83

33.90

33.37

1:11.35

1:09.13

32.83

36.30

33.90

37.45

33.37

36.62

150m:

200m:

150m:

200m:

150m:

200m:

1:46.34

2:24.44

1:49.64

2:28.17

1:48.25

2:26.28

11

11

37.21

38.10

38.29

38.53

38.26

38.03

250m:

300m:

250m:

300m:

250m:

300m:

3:02.48

3:40.70

3:06.35

3:44.42

3:04.83

3:43.31

38.04

38.22

38.18

38.07

38.55

38.48

350m: 4:18.67

400m: 4:55.46

468

467

4:22.59

4:57.81

4:21.46

4:58.03

4:57.81

350m:

400m:

4:58.03

350m:

400m:

37.97

36.79

38.17

35.22

38.15

36.57

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, 29. - 31.5.2024

1,	, 4	400m			11					
				/					FINA	
50m: 100m:	33.49 1:10.52	33.49 37.03	150m: 200m:	12 1:48.78 2:27.36	38.26 38.58	250m: 300m:	3:06.02 3:44.89	38.66 38.87	4:58.44 465 350m: 4:22.99 400m: 4:58.44	1 38.10 35.45
50m: 100m:	32.61 1:09.19	32.61 36.58	150m: 200m:	11 1:46.58 2:24.78	37.39 38.20	250m: 300m:	3:03.22 3:42.67	38.44 39.45	4:58.75 464 350m: 4:22.40 400m: 4:58.75	1 39.73 36.35
50m: 100m:	32.80 1:10.16	32.80 37.36		11 1:47.27 2:25.28	37.11 38.01	250m: 300m:	3:03.71 3:42.91	38.43 39.20	4:58.98 463 350m: 4:22.14 400m: 4:58.98	1 39.23 36.84
50m: 100m:	33.19 1:10.16	33.19 36.97		11 1:47.68 2:25.66	37.52 37.98	250m: 300m:	3:03.63 3:41.15	37.97 37.52	4:59.81 459 350m: 4:20.25 400m: 4:59.81	1 39.10 39.56
50m: 100m:	32.69 1:08.58	32.69 35.89		11 1:46.26 2:24.17	37.68 37.91	250m: 300m:	3:03.11 3:42.82	38.94 39.71	5:00.79 454 350m: 4:22.06 400m: 5:00.79	2 39.24 38.73
50m: 100m:	32.27 1:08.07	32.27 35.80	150m: 200m:	12 1:45.46 2:23.76	37.39 38.30	250m: 300m:	3:02.70 3:41.49	38.94 38.79	5:00.84 454 350m: 4:20.99 400m: 5:00.84	2 39.50 39.85
50m: 100m:	34.15 1:11.42	34.15 37.27		11 1:49.32 2:27.85	37.90 38.53	250m: 300m:	3:05.91 3:43.98	38.06 38.07	5:01.70 450 350m: 4:22.42 400m: 5:01.70	2 38.44 39.28
50m: 100m:	33.60 1:11.38	33.60 37.78		11 1:49.97 2:28.60	38.59 38.63	250m: 300m:	3:07.31 3:46.00	38.71 38.69	5:02.37 447 350m: 4:24.67 400m: 5:02.37	2 38.67 37.70
50m: 100m:	33.82 1:11.76	33.82 37.94		12 1:50.84 2:30.16	39.08 39.32	250m: 300m:	3:09.87 3:48.64	39.71 38.77	5:03.12 444 350m: 4:26.70 400m: 5:03.12	2 38.06 36.42
50m: 100m:	34.64 1:13.60	- 34.64 38.96		12 1:52.47 2:31.00	38.87 38.53	250m: 300m:	3:09.14 3:47.07	38.14 37.93	5:03.89 440 350m: 4:25.36 400m: 5:03.89	2 38.29 38.53
50m: 100m:	33.53 1:11.43	33.53 37.90		12 1:50.01 2:29.76	38.58 39.75	250m: 300m:	3:09.19 3:48.42	39.43 39.23	5:04.52 438 350m: 4:27.44 400m: 5:04.52	2 39.02 37.08
50m: 100m:	33.57 1:10.28	33.57 36.71		11 1:48.94 2:28.62	38.66 39.68	250m: 300m:	3:08.58 3:48.04	39.96 39.46	5:04.54 438 350m: 4:27.32 400m: 5:04.54	2 39.28 37.22
50m: 100m:	32.36 1:08.69	32.36 36.33		11 1:46.82 2:26.59	38.13 39.77	250m: 300m:	3:06.48 3:46.69	39.89 40.21	5:04.55 438 350m: 4:26.06 400m: 5:04.55	2 39.37 38.49
50m: 100m:	33.41 1:12.05	33.41 38.64		11 1:51.71 2:31.33	39.66 39.62	250m: 300m:	3:10.94 3:50.46	39.61 39.52	5:04.59 437 350m: 4:29.00 400m: 5:04.59	2 38.54 35.59
50m: 100m:	35.13 1:12.76	35.13 37.63	150m: 200m:	11 1:52.61 2:31.70	39.85 39.09	250m: 300m:	3:10.15 3:49.29	38.45 39.14	5:04.87 436 350m: 4:27.23 400m: 5:04.87	2 37.94 37.64
50m: 100m:	34.86 1:13.68	34.86 38.82	150m: 200m:	11 1:52.94 2:32.88	39.26 39.94	250m: 300m:	3:12.26 3:51.29	39.38 39.03	5:04.98 436 350m: 4:29.07 400m: 5:04.98	2 37.78 35.91
50m: 100m:	33.34 1:10.67	33.34 37.33	150m: 200m:	11 1:50.09 2:29.49	39.42 39.40	250m: 300m:	3:08.81 3:47.81	39.32 39.00	5:05.09 435 350m: 4:26.72 400m: 5:05.09	2 38.91 38.37
50m: 100m:	34.54 1:12.43	34.54 37.89	150m: 200m:	11 1:50.78 2:29.31	38.35 38.53	250m: 300m:	3:08.15 3:47.09	38.84 38.94	5:05.10 435 350m: 4:26.49 400m: 5:05.10	2 39.40 38.61

, 29. - 31.5.2024

1,	, 400m			, 20	11					
				1					FINA	
				11					5:05.26 435	2
50m: 100m:	35.02 1:13.05	35.02 38.03	150m: 200m:	1:51.42 2:30.56	38.37 39.14	250m: 300m:		39.79 39.08	350m: 4:28.46 400m: 5:05.26	39.03 36.80
				11					5:05.59 433	2
50m: 100m:	32.57 1:09.56	32.57 36.99	150m: 200m:	1:48.79 2:28.84	39.23 40.05	250m: 300m:	3:09.08 3:49.43	40.24 40.35	350m: 4:28.62 400m: 5:05.59	39.19 36.97
				12					5:05.99 431	2
50m: 100m:	33.27 1:11.35	33.27 38.08	150m: 200m:	1:50.64 2:29.98	39.29 39.34	250m: 300m:	3:09.10 3:48.61	39.12 39.51	350m: 4:27.82 400m: 5:05.99	39.21 38.17
50	00.44	00.44	450	11	00.70	050	0.00.00	00.50	5:06.09 431	2
50m: 100m:	33.11 1:11.06	33.11 37.95		1:49.76 2:29.30	38.70 39.54	250m: 300m:	3:08.86 3:48.71	39.56 39.85	350m: 4:28.56 400m: 5:06.09	39.85 37.53
50	00.00	00.00	450	11	00.04	050	0.00.00	10.10	5:06.89 428	2
50m: 100m:	32.83 1:09.85	32.83 37.02	150m: 200m:	1:48.49 2:27.99	38.64 39.50	250m: 300m:		40.40 40.19	350m: 4:28.26 400m: 5:06.89	39.68 38.63
50m:	34.82	34.82	150m:	11 1:54.35	39.57	250m:	3:12.86	38.78	5:07.47 425 350m: 4:30.48	2 38.83
	1:14.78	39.96		2:34.08	39.73	300m:	3:51.65	38.79	400m: 5:07.47	36.99
F0m:	22.20	22.20	150m	11	20.44	250~	2.40.00	40.45	5:08.18 422	2
50m: 100m:	33.30 1:11.45	33.30 38.15		1:50.56 2:30.35	39.11 39.79	250m: 300m:	3:10.80 3:51.03	40.45 40.23	350m: 4:31.23 400m: 5:08.18	40.20 36.95
50m:	35.57	35.57	150m:	11 1:52.38	38.61	250m:	3:11.34	39.18	5:08.38 421 350m: 4:30.78	2 39.74
100m:	1:13.77	38.20		2:32.16	39.78	300m:		39.70	400m: 5:08.38	37.60
50m:	34.42	34.42	150m:	12 1:52.73	39.89	250m:	3:13.33	41.10	5:08.56 421 350m: 4:32.85	2 39.67
	1:12.84	38.42		2:32.23	39.50	300m:	3:53.18	39.85	400m: 5:08.56	35.71
50m:	33.25	33.25	150m:	11 1:50.42	39.10	250m:	3:10.61	39.95	5:08.76 420 350m: 4:31.53	2 40.64
100m:	1:11.32	38.07		2:30.66	40.24	300m:	3:50.89	40.28	400m: 5:08.76	37.23
50m:	35.84	35.84	150m·	11 1:54.28	39.22	250m:	3:12.62	39.20	5:09.47 417 350m: 4:31.29	2 39.36
	1:15.06			2:33.42			3:51.93	39.31	400m: 5:09.47	38.18
50m:	34.71	34.71	150m·	11 1:53.37	40.18	250m:	3:13.71	39.97	5:10.11 414 350m: 4:32.74	2 39.02
	1:13.19	38.48		2:33.74	40.37	300m:		40.01	400m: 5:10.11	37.37
50m:	35.51	35.51	150m:	11 1:54.15	39.44	250m:	3:14.25	40.11	5:10.15 414 350m: 4:33.20	2 39.09
	1:14.71	39.20		2:34.14	39.99	300m:		39.86	400m: 5:10.15	36.95
50m:	35.52	35.52	150m:	12 1:54.29	39.71	250m:	3:13.86	39.78	5:10.60 412 350m: 4:33.25	2 39.48
	1:14.58	39.06		2:34.08	39.79	300m:		39.91	400m: 5:10.60	37.35
50m:	32.89	32.89	150m:	11 1:50.33	39.26	250m:	3:09.69	39.50	5:11.10 410 350m: 4:31.26	2 41.16
	1:11.07	38.18		2:30.19	39.86	300m:		40.41	400m: 5:11.10	39.84
50m:	35.40	35.40	150m:	12 1:53.19	39.02	250m:	3:12.15	39.15	5:11.42 409 350m: 4:31.31	2 39.30
	1:14.17	38.77		2:33.00	39.81	300m:	3:52.01	39.86	400m: 5:11.42	40.11
50m:	34.60	34.60	150m ⁻	11 1:52.26	39.52	250m:	3:11.84	39.77	5:11.71 408 350m: 4:32.63	2 40.38
	1:12.74	38.14		2:32.07	39.81	300m:	3:52.25	40.41	400m: 5:11.71	39.08
50m:	34.91	34.91	150m·	11 1:54.37	40.30	250m:	3:14.81	40.22	5:11.97 407 350m: 4:34.68	2 39.89
	1:14.07	39.16		2:34.59	40.22	300m:		39.98	400m: 5:11.97	37.29

1, , 400m , 2011 **FINA** 11 5:13.06 403 2 50m: 34.61 34.61 150m: 1:53.34 39.66 250m: 3:14.00 40.11 350m: 4:34.77 39.66 100m: 1:13.68 39.07 200m: 2:33.89 40.55 300m: 3:55.11 41.11 400m: 5:13.06 38.29 11 5:13.27 402 2 34.85 40.12 50m: 34.85 150m: 1:54.37 39.87 250m: 3:15.18 350m: 4:35.35 39.89 1:14.50 39.65 2:35.06 40.69 300m: 3:55.46 40.28 400m: 37.92 100m: 200m: 5:13.27 12 5:13.29 402 2 50m: 35.15 35.15 150m: 1:56.25 41.37 250m: 3:17.24 40.19 350m: 4:37.46 39.57 100m: 1:14.88 39.73 200m: 2:37.05 40.80 300m: 3:57.89 40.65 400m: 5:13.29 35.83 12 5:13.52 401 2 50m: 36.21 36.21 150m: 1:55.71 40.32 250m: 3:15.55 39.89 350m: 4:34.58 38.22 400m: 5:13.52 2:35.66 300m: 3:56.36 100m: 1:15.39 39.18 200m: 39.95 40.81 38.94 11 5:13.71 400 2 50m: 33.18 33.18 150m: 1:52.40 41.06 250m: 3:13.67 40.52 350m: 4:34.56 40.23 1:11.34 38.16 2:33.15 40.75 300m: 3:54.33 400m: 5:13.71 39.15 100m: 200m: 40.66 12 399 5:14.16 2 34.02 1:52.22 40.30 40.45 40 89 50m: 34.02 150m: 250m: 3:13.00 350m: 4:34.19 2:32.55 40.33 300m: 400m: 100m: 1:11.92 37.90 200m: 3:53.30 40.30 5:14.16 39.97 12 5:14.32 398 2 50m: 34.64 34.64 150m: 1:55.23 40.54 250m: 3:15.60 39.88 350m: 4:36.09 39.86 100m: 1:14.69 40.05 200m: 2:35.72 40.49 300m: 3:56.23 40.63 400m: 5:14.32 38.23 11 5:16.47 390 2 33.93 50m: 33.93 150m: 1:53.46 40.46 250m: 3:15.74 350m: 4:38.13 41.08 41.11 100m: 1:13.00 39.07 200m: 2:34.63 41.17 300m: 3:57.05 41.31 400m: 5:16.47 38.34 5:17.06 388 2 11 35.09 35.09 1:55.65 250m: 40.42 4:37.74 40.24 50m: 150m: 41.01 3:17.09 350m: 100m: 1:14.64 39.55 200m: 2:36.67 41.02 300m: 3:57.50 40.41 400m: 5:17.06 39.32 12 388 5:17.11 2 50m: 33.69 33.69 150m: 1:54.15 41.03 250m: 3:16.52 41.16 350m: 4:38.17 40.88 100m: 1:13.12 39.43 200m: 2:35.36 41.21 300m: 3:57.29 40.77 400m: 5:17.11 38.94 12 5:17.24 387 2 50m: 33.93 33.93 150m: 1:50.66 39.34 250m: 3:11.70 41.24 350m: 4:35.16 42.15 2:30.46 300m: 41.31 42.08 100m: 1:11.32 37.39 200m: 39.80 3:53.01 400m: 5:17.24 5:17.33 387 2 11 150m: 350m: 4:40.78 40.80 50m 34 56 34 56 1:55 44 41 37 250m· 3:19.08 42 39 100m: 1:14.07 39.51 200m: 2:36.69 41.25 300m: 3:59.98 40.90 400m: 5:17.33 36.55 11 5:17.47 386 2 50m: 34.43 34.43 150m: 1:54.57 40.73 250m: 3:16.84 41.40 350m: 4:39.16 41.06 100m: 1:13.84 39.41 200m: 2:35.44 40.87 300m: 3:58.10 41.26 400m: 5:17.47 38.31 11 5:18.19 384 2 1:52.87 40.59 4:37.27 40.90 50m 34 05 34.05 150m 250m· 3.14.57 41 17 350m 100m: 1:12.28 38.23 200m: 2:33.40 40.53 300m: 3:56.37 41.80 400m: 5:18.19 40.92 11 5:18.21 384 2 1:55.67 250m: 350m: 4:39.19 40.95 50m: 35.66 35.66 150m: 40.00 3:17.17 40.61 1:15.67 40.01 200m: 2:36.56 40.89 300m: 3:58.24 400m: 5:18.21 100m: 41.07 39.02 12 5:18.55 382 2 1:54.85 40.67 50m: 34.46 34.46 150m: 40.67 250m: 3:17.80 41.60 350m: 4:38.87 100m: 1:14.18 39.72 200m: 2:36.20 41.35 300m: 3:58.20 40.40 400m: 5:18.55 39.68 11 5:19.44 379 2 50m: 36.55 36.55 150m: 1:58.71 41.37 250m: 3:20.59 40.76 350m: 4:41.57 40.25 1:17.34 40.79 2:39.83 300m: 4:01.32 400m: 5:19.44 37.87 100m: 200m: 41.12 40.73 11 5:20.16 377 2 50m: 34.90 34.90 150m: 1:57.61 42.31 250m: 3:19.76 40.92 350m: 4:41.38 40.60

100m:

1:15.30

40.40

200m:

2:38.84

300m:

4:00.78

41.02

400m:

41.23

38.78

5:20.16

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1,	, 4	100m	, 2011							
				/					FINA	
50m: 100m:	34.91 1:14.94	34.91 40.03	150m: 200m:	11 1:56.17 2:37.94	41.23 41.77	250m: 300m:	3:19.65 4:01.02	41.71 41.37	5:20.22 376 350m: 4:41.58 400m: 5:20.22	2 40.56 38.64
50m: 100m:	33.49 1:12.04	33.49 38.55		11 1:52.94 2:35.76	40.90 42.82	250m: 300m:	3:17.83 4:01.23	42.07 43.40	5:21.20 373 350m: 4:42.36 400m: 5:21.20	2 41.13 38.84
50m: 100m:	36.41 1:14.65	36.41 38.24	150m: 200m:	11 1:55.12 2:36.67	40.47 41.55	250m: 300m:	3:17.42 3:59.30	40.75 41.88	5:21.23 373 350m: 4:40.81 400m: 5:21.23	2 41.51 40.42
50m: 100m:	36.05 1:16.50	36.05 40.45		11 1:58.48 2:39.96	41.98 41.48	250m: 300m:	3:22.26 4:03.40	42.30 41.14	5:21.42 372 350m: 4:44.64 400m: 5:21.42	2 41.24 36.78
50m: 100m:	36.35 1:16.42	36.35 40.07	150m: 200m:	11 1:57.47 2:38.87	41.05 41.40	250m: 300m:	3:19.43 4:00.85	40.56 41.42	5:21.67 371 350m: 4:41.74 400m: 5:21.67	2 40.89 39.93
50m: 100m:	34.90 1:14.96	34.90 40.06		11 1:56.21 2:37.78	41.25 41.57	250m: 300m:	3:18.90 4:01.40	41.12 42.50	5:23.67 364 350m: 4:42.11 400m: 5:23.67	2 40.71 41.56
50m: 100m:	35.25 1:16.27	35.25 41.02		12 2:00.33 2:42.53	44.06 42.20	250m: 300m:	3:23.91 4:05.47	41.38 41.56	5:24.46 362 350m: 4:46.38 400m: 5:24.46	2 40.91 38.08
50m: 100m:	36.82 1:17.41	36.82 40.59		12 1:59.70 2:42.36	42.29 42.66	250m: 300m:	3:24.76 4:07.97	42.40 43.21	5:31.09 340 350m: 4:50.02 400m: 5:31.09	2 42.05 41.07
50m: 100m:	33.97 1:14.73	33.97 40.76	150m: 200m:	11 1:57.14 2:39.35	42.41 42.21	250m: 300m:	3:22.20 4:05.84	42.85 43.64	5:31.72 339 350m: 4:49.63 400m: 5:31.72	2 43.79 42.09