I	%						
2							
	4040/	4.50.40	400	4.50.70	40	, 2011 (13),	100
	101%	4:53.48 1:11.32	493	4:52.72	10.		400m 100m
	-	2:35.20	-				200m
						, 2011 (13),	
	102%	5:08.05	337	5:04.73		, , , , , , , , , , , , , , , , , , , ,	400m
	-	1:18.37	-				100m
	105%	2:48.88	295	2:44.58	139.		200m
	4000/	4.40.77	404	4 40 04		, 2010 (14),	100
	103%	4:46.77 1:10.23	421 -	4:43.04			400m 100m
	103%	2:25.50	445	2:23.54	18.		200m
						, 2010 (14),	
	96%	5:03.12	321	5:09.77		, == := (::),	400m
	-	1:09.93	-				100m
	105%	2:40.19	342	2:36.69	91.	0040744	200m
		F7 00				, 2010 (14),	400
	-	57.36	-	4.44.60			100m
	111% 108%	4:59.79 2:31.28	414 427	4:44.69 2:25.51	24.		400m 200m
	10070	2.020				, 2011 (13),	
	99%	5:27.33	347	5:28.91	100.	, 2011 (10),	400m
	-	1:14.81	-				100m
	-	2:46.39	-				200m
						, 2010 (14),	
	103%	4:56.97	379	4:53.06			400m
	105%	1:14.87 2:34.33	387	2:30.38	55.		100m 200m
	10370	2.04.00	307	2.30.30	33.	, 2010 (14),	200111
	100%	4:47.31	401	4:47.74		, 2010 (14),	400m
	-	1:08.10	-				100m
	99%	2:32.09	371	2:32.51	66.		200m
						, 2012 (12),	
	97%	5:44.42	288	5:49.98	132.		400m
	-	1:21.94 2:59.66	-				100m 200m
	_	2.55.00	_			, 2010 (14),	200111
	-	58.01	_			, 2010 (14),	100m
	102%	4:50.47	403	4:47.15			400m
	102%	2:34.12	368	2:32.86	70.		200m
						, 2011 (13),	
	-	1:02.34	-				100m
	101%	4:42.01 2:38.03	560	4:40.55	3.		400m
	-	2.30.03	-			, 2011 (13),	200m
	102%	4:51.80	515	4:48.49	7.	, 2011 (10),	400m
	-	1:11.90	-		•		100m
	-	2:33.50	-				200m
						, 2011 (13),	
	101%	5:21.89	374	5:20.92	80.		400m
	-	1:19.46	=				100m
	-	2:51.06	-			, 2010 (14),	200m
	-	59.01	-			, 2010 (14),	100m
	96%	4:57.39	341	5:03.75			400m
	106%	2:32.60	404	2:28.24	35.		200m
						, 2011 (13),	
	-	1:09.62	-				100m
	101%	5:21.68	375	5:20.52	78.		400m
	-	2:52.65	-			2014 (42	200m
	1020/	1·10 EO	410	A-AE E4		, 2011 (13),	400m
	103%	4:49.60 1:13.73	410 -	4:45.51			400m 100m
	104%	2:32.11	395	2:29.38	44.		200m
	10470					0044 (40	
	10470					. 2011 (13).	
	98%	5:24.80	349	5:28.41	99.	, 2011 (13),	
		5:24.80 1:27.21 2:47.65	349 - -	5:28.41	99.	, 2011 (13),	400m 100m 200m

	, 2010 (14),						1
400m			4:41.45	428	4:40.73	99%	
100m				-	1:02.37	-	
200m		8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m			4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m		75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14),						2
400m			4:43.35	420	4:47.34	103%	
100m		45	0.00.47	-	1:02.00	-	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						-
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m	2044 (42			-	2:35.78	-	
400	, 2011 (13),				4 07 40		-
100m		- 4	5 44 7 4	-	1:07.49	-	
400m 200m		54.	5:11.71	408	5:08.16 2:53.06	98%	
200111	2010 (11			-	2.33.00	-	2
400	, 2010 (14),		5 AF 70	004	544.54	40.407	2
400m 100m			5:05.78	334	5:11.54 1:18.86	104%	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13),	54.	2.01.00	000	2.42.00	10070	1
400m	, 2011 (10),	68.	5:17.34	387	5:21.70	103%	'
100m		00.	3.17.04	-	1:09.93	-	
200m				-	2:41.48	-	
							8
	, 2012 (12),						1
100m	, 2012 (12),				1:11.43		'
400m		50.	5:10.60	412	5:16.95	104%	
200m		50.	3.10.00	-	2:51.60	-	
200111	, 2010 (14),				2.01.00		_
100m	, 2010 (11),			_	56.28	_	
400m			4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m	, - (66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14),						-
100m				-	1:01.10	-	
400m			4:53.28	379	4:50.45	98%	
	, 2010 (14),						-
400m			4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m	2011 (12	48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						1
400m		74.	5:19.44	379	5:20.36	101%	
100m				-	1:13.26	-	
200m	2010 (14			-	2:46.21	-	4
400	, 2010 (14),						1
400m			4:51.27	386	4:49.08	99%	
100m 200m		51.	2:30.31	387	1:07.68 2:30.54	100%	
200111	, 2012 (12),	51.	2.30.31	307	2.00.04	100/0	1
100m	, 2012 (12),			-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
200m			2.00.00	-	2:47.40	-	
	, 2012 (12),				-		1
100m	, 20.2 (.2),			-	1:08.40	-	•
400m		62.	5:14.32	398	5:15.16	101%	
200m				-	2:51.08	-	
	, 2010 (14),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.11	-	
400m			4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),						1
400m	•	21.	4:59.81	459	5:00.52	100%	
100m				-	1:14.84	-	
200m	0044 (40			-	2:41.53	-	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m				-	2:39.00	-	

	,2010 (14),						-
400m			4:52.04	383	4:51.04	99%	
100m		00	0.00.04	-	1:05.26	-	
200m	2010 (14	36.	2:28.34	403	2:28.00	100%	4
400	, 2010 (14),		4-05-00	455	4.00.00	4000/	1
400m 100m			4:35.80	455	4:36.00 1:07.50	100%	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						1
400m	, - (97.	5:27.25	353	5:28.72	101%	
100m				-	1:20.44	-	
200m				-	2:52.24	-	
	, 2011 (13),						-
400m		63.	5:16.47	390	5:12.90	98%	
100m 200m				-	1:11.34 2:44.44	-	
200111	, 2010 (14),			_	2.44.44	_	_
100m	, 2010 (11),			-	59.24	-	
400m			4:35.12	459	4:31.41	97%	
200m		86.	2:36.14	346	2:33.34	96%	
	, 2010 (14),						-
400m			4:53.03	380	4:50.50	98%	
100m				-	1:16.20	-	
200m	2010 (14	46.	2:29.60	393	2:29.00	99%	
400m	, 2010 (14),		4:32.52	472	4:32.06	100%	-
100m			4.32.32	472	1:00.00	10076	
200m		7.	2:18.80	492	2:17.73	98%	
	, 2011 (13),						-
400m	, , , , , , , , , , , , , , , , , , , ,	89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	-	
							22
	0044 (40						22
100m	, 2011 (13),				1:01.00		-
400m			5:12.93	312	5:12.00	- 99%	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						_
100m	, == (= /,			-	1:10.00	-	
400m		90.	5:24.46	362	5:17.00	95%	
200m				-	2:52.00	-	
	, 2010 (14),						1
100m			4-40-00	-	1:01.00	4040/	
400m 200m		57.	4:42.02 2:30.56	426 386	4:43.00 2:30.00	101% 99%	
200111	, 2012 (12),	57.	2.00.00	300	2.00.00	3370	1
100m	, 2012 (12),			_	1:05.00	_	•
400m			5:10.95	318	5:03.00	95%	
200m		132.	2:43.49	301	2:45.00	102%	
	, 2012 (12),						-
400m		65.	5:17.11	388	5:06.00	93%	
100m				-	1:12.90	- -	
200m	2011 (12			-	2:46.00	-	
100m	, 2011 (13),				1.00.00		-
100111				-	1:09.00	99%	
400m		77	5.20.22	376	5·17 QN		
400m 200m		77.	5:20.22	376	5:17.90 2:49.60	-	
400m 200m	. 2012 (12).	77.	5:20.22		5:17.90 2:49.60	-	_
	, 2012 (12),	77. 104.	5:20.22 5:31.09			92%	-
200m	, 2012 (12),			-	2:49.60	-	-
200m 400m				340	2:49.60 5:17.90	92%	-
200m 400m 100m 200m	, 2012 (12), , 2010 (14),		5:31.09	340 - -	2:49.60 5:17.90 1:21.99 2:49.60	92% - -	2
200m 400m 100m 200m 400m				340 - - 371	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38	- 92% - - 101%	2
200m 400m 100m 200m 400m 100m		104.	5:31.09 4:55.23	340 - - - 371	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38 1:13.64	92% - - - 101% -	2
200m 400m 100m 200m 400m	, 2010 (14),		5:31.09	340 - - 371	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38	- 92% - - 101%	
200m 400m 100m 200m 400m 100m 200m		104.	5:31.09 4:55.23	340 - - - 371	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38 1:13.64 2:27.94	92% - - - 101% -	2
200m 400m 100m 200m 400m 100m	, 2010 (14),	104.	5:31.09 4:55.23	340 - - 371 - 417	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38 1:13.64	92% - - 101% - 102%	
200m 400m 100m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	104. 27.	5:31.09 4:55.23 2:26.65	340 - - 371 - 417	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38 1:13.64 2:27.94 1:05.50	92% - - 101% - 102%	
200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2010 (14),	104. 27.	5:31.09 4:55.23 2:26.65	340 - - 371 - 417 - 425	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38 1:13.64 2:27.94 1:05.50 5:15.00 2:46.00	92% 101% - 102% 105%	
200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2010 (14), , 2011 (13),	104. 27.	5:31.09 4:55.23 2:26.65 5:07.47	340 - - 371 - 417 - 425	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38 1:13.64 2:27.94 1:05.50 5:15.00 2:46.00	92% 101% - 102%	
200m 400m 100m 200m 400m 100m 200m 100m 200m	, 2010 (14), , 2011 (13),	104. 27.	5:31.09 4:55.23 2:26.65	340 - - 371 - 417 - 425	2:49.60 5:17.90 1:21.99 2:49.60 4:56.38 1:13.64 2:27.94 1:05.50 5:15.00 2:46.00	92% 101% - 102% 105%	

	, 2010 (14),					-
400m			5:11.13	317	5:04.00	95%
100m 200m		79.	2:34.76	- 355	1:15.00	- 98%
200111	, 2011 (13),	79.	2.34.76	300	2:33.00	90%
100m	, 2011 (10),			-	1:05.00	-
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
400	, 2010 (14),		. == = .		4 = 0 00	1
400m 100m			4:59.61	355	4:58.00 1:18.00	99%
200m		81.	2:34.91	354	2:38.35	104%
	, 2012 (12),					-
400m		103.	5:30.30	343	5:26.00	97%
100m 200m				-	1:18.50 2:54.00	-
200111	, 2010 (14),			-	2.34.00	•
100m	, 2010 (11),			-	1:00.00	-
400m			4:51.10	387	4:44.22	95%
200m	2244 (42	78.	2:34.27	358	2:30.55	95%
400	, 2011 (13),		4.50.40	000	4.50.00	-
400m 100m			4:58.10	360 -	4:58.00 1:10.00	100% -
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12),					1
400m		140.	5:56.43	273	6:00.00	102%
100m 200m				-	1:22.00 3:14.00	- -
200	, 2010 (14),				0.1.1100	1
400m	, (),		4:35.84	455	4:41.90	104%
100m		40	0.00.07	-	1:06.90	-
200m	, 2011 (13),	43.	2:29.07	397	2:28.50	99%
400m	, 2011 (10),	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m	0044 (40			-	2:36.17	-
400m	, 2011 (13),		4:53.46	378	4:53.00	100%
100m			4.55.40	-	1:09.00	-
200m		138.	2:44.35	296	2:42.00	97%
	, 2012 (12),					-
400m 100m		126.	5:44.55	302	5:40.00 1:25.00	97%
200m				_	2:58.00	-
	, 2012 (12),					1
400m		92.	5:25.53	358	5:31.00	103%
100m 200m				-	1:17.50 2:57.00	-
200111	, 2012 (12),				2.57.00	1
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	109%
100m				-	1:35.00	-
200m	0040 (44			-	3:03.74	-
400m	, 2010 (14),		5:05.92	333	4:52.00	91%
100m			3.03.92	-	1:10.00	-
200m		151.	2:53.07	254	2:45.00	91%
	, 2012 (12),					1
100m 400m		18.	4:58.44	465	1:05.00 5:05.50	- 105%
200m		10.	4.30.44	-	2:40.14	-
	, 2010 (14),					-
400m			5:25.52	277	5:20.00	97%
100m 200m		146.	2:47.48	280	1:09.00 2:41.00	- 92%
200111	, 2011 (13),	140.	2.47.40	200	2.41.00	92/0
400m	, _0,, (10),	86.	5:21.67	371	5:14.45	96%
100m				-	1:23.21	=
200m	2044 (42			-	2:43.34	-
400m	, 2011 (13),	135.	5:52.65	282	5:25.00	- 85%
100m		133.	0.02.00	-	1:23.00	-
200m				-	2:50.00	-
400	, 2011 (13),	100	F. 40.00		F-00 00	-
400m 100m		128.	5:46.63	297 -	5:30.00 1:17.00	91%
200m				-	2:53.00	-

	0040 (44					
100m	, 2010 (14),			-	58.79	- -
400m			4:56.39	367	4:50.00	96%
200m		85.	2:35.94	347	2:35.29	99%
	, 2011 (13),					1
400m		55.	5:11.97	407	5:19.78	105%
100m				-	1:11.45	-
200m	0040 (40			-	2:41.12	-
400	, 2012 (12),	50	5 40 00	400	5.40.00	-
400m 100m		58.	5:13.29	402	5:10.00	98%
200m				-	1:16.00 2:50.00	- -
	, 2013 (11),					_
400m	, ==:= (:: /,	145.	6:18.95	227	6:02.00	91%
100m				-	1:29.00	-
200m				-	3:10.00	-
	, 2010 (14),					-
400m			5:02.37	345	4:56.00	96%
100m 200m		130.	2:42.95	304	1:08.00 2:42.00	99%
200111	, 2011 (13),	130.	2.42.93	304	2.42.00	99 /6
400m	, 2011 (13),	22.	5:00.79	454	4:55.76	97%
100m		22.	3.00.73	-	1:10.23	-
200m				-	2:35.69	-
	, 2013 (11),					1
400m		101.	5:29.00	347	5:30.00	101%
100m				-	1:17.00	-
200m	0040 (40			-	2:53.00	-
400	, 2012 (12),		4.50.70	2005	F-00 00	1000/
400m 100m			4:56.78	365	5:00.00 1:10.50	102%
200m		61.	2:31.15	381	2:26.50	94%
	, 2011 (13),					1
100m	, - (-),			-	1:08.00	-
400m		70.	5:18.02	384	5:24.00	104%
200m				-	2:47.00	-
	, 2013 (11),					1
400m		122.	5:42.96	306	5:43.00	100%
100m				-	1:28.79	- -
200m	, 2013 (11),			-	2:59.00	1
100m	, 2013 (11),			_	1:08.00	<u>.</u>
400m		94.	5:26.73	354	5:35.00	105%
200m				-	2:53.00	-
	, 2012 (12),					1
400m		109.	5:32.34	337	5:36.00	102%
100m				-	1:22.50	-
200m	0044 (40			-	2:58.00	-
400	, 2011 (13),		E.O.4.0.4	207	4.55.00	040/
400m 100m			5:04.94	337	4:55.00 1:09.00	94%
200m		121.	2:41.65	311	2:35.00	92%
	, 2010 (14),		-			2
400m	•		4:54.94	372	5:00.00	103%
100m				-	1:05.50	. <u>.</u>
200m	0040 /40	25.	2:26.50	419	2:27.00	101%
400	, 2012 (12),				4.05.00	-
100m 400m		61.	5:14.16	399	1:05.90 5:14.00	- 100%
200m		01.	3.14.10	-	2:46.00	100%
200111	, 2012 (12),				2.10.00	_
400m	, == (:=),	23.	5:00.84	454	5:00.76	100%
100m				-	1:15.60	-
200m				-	2:34.33	-
	, 2010 (14),					2
400m			5:17.63	298	5:20.00	101%
100m		400	0.40.00	-	1:11.00	4000/
200m		126.	2:42.08	309	2:44.00	102%
						18
	, 2010 (14),					2
100m	, 2010 (14),			=	55.22	
400m			4:26.99	502	4:32.45	104%
200m		14.	2:22.46	455	2:25.42	104%

, 2011 (13), 400m 100m 200m - 1:22.72 200m - 2:47.38 , 2012 (12), 400m 100m 52. 5:11.42 409 5:11.20 - 1:19.71 200m - 1:19.71 200m - 2:45.10 , 2010 (14), 400m 100m 31. 2:27.12 413 2:27.24 , 2011 (13), 400m 100m 31. 2:27.12 413 2:27.24 , 2011 (13), 400m 100m 200m 31. 353 5:02.18 100m 200m 136. 2:44.26 297 2:38.82	94% - - - 100% - - 2 104% - 100%
400m	100% - 100% - 2 104% - 100%
100m	- - 2 104% - 100%
, 2012 (12), 400m 100m 200m 52. 5:11.42 409 5:11.20 - 1:19.71 200m , 2010 (14), 400m 4:38.39 443 4:43.78 100m - 1:15.65 200m 31. 2:27.12 413 2:27.24 , 2011 (13), 400m 100m 5:00.11 353 5:02.18 100m 200m 136. 2:44.26 297 2:38.82	104% - 100%
400m	- - 2 104% - 100%
100m	- - 2 104% - 100%
, 2010 (14), 400m 4:38.39 443 4:43.78 100m - 1:15.65 200m 31. 2:27.12 413 2:27.24 , 2011 (13), 400m 100m 5:00.11 353 5:02.18 100m - 1:14.97 200m 136. 2:44.26 297 2:38.82	2 104% - 100%
400m	104% - 100%
100m	100%
200m , 2011 (13), 413 2:27.24 413 2:27.24 400m , 5:00.11 353 5:02.18 100m - 1:14.97 200m 136. 2:44.26 297 2:38.82 , 2011 (13),	
400m 5:00.11 353 5:02.18 100m - 1:14.97 200m 136. 2:44.26 297 2:38.82 , 2011 (13),	4
100m - 1:14.97 200m - 136. 2:44.26 297 2:38.82 , 2011 (13),	1
200m 136. 2:44.26 297 2:38.82 , 2011 (13),	101%
, 2011 (13),	93%
	-
100m - 1:05.00	-
400m 56. 5:13.06 403 5:10.00 200m - 2:48.00	98%
, 2010 (14),	1
400m 4:17.49 560 4:10.30	94%
100m - 1:02.52	-
200m 10. 2:20.18 478 2:22.10 , 2010 (14) ,	103% 2
100m - 1:04.00	-
400m 4:51.20 387 4:53.44	102%
200m 90. 2:36.52 343 2:39.02	103%
, 2010 (14), 400m 4:08.68 621 4:09.73	101%
100m - 1:05:00	-
200m 1. 2:07.95 629 2:13.50	109%
, 2012 (12),	- 000/
400m 59. 5:13.52 401 5:10.78 100m - 1:14.00	98% -
200m - 2:47.46	-
, 2011 (13),	-
400m 5:06.74 331 5:02.39 100m - 1:13.50	97%
200m 122. 2:41.73 311 2:40.24	98%
, 2011 (13),	1
100m - 1:11.46	-
400m 32. 5:04.87 436 5:12.37 200m - 2:52.37	105% -
, 2011 (13),	1
400m 11. 4:53.33 490 4:55.57	102%
100m - 1:12.97 200m - 2:33.78	-
, 2011 (13),	1
400m 53. 5:11.69 408 5:24.16	108%
100m - 1:15.63	-
200m - 2:45.16 , 2010 (14),	- -
400m 4:53.47 378 4:53.24	100%
100m - 1:09.17	-
, 2010 (14),	2
100m - 1:02.18 400m 4:50.80 388 5:00.24	- 107%
200m 93. 2:37.15 339 2:41.49	106%
, 2011 (13),	-
400m 106. 5:31.72 339 5:18.20 100m - 1:15.73	92%
200m - 2:40.40	-
, 2010 (14),	1
100m - 1:00.20	4000/
	103% 97%
400m 4:42.97 422 4:46.76	
400m 4:42.97 422 4:46.76 200m 63. 2:31.60 378 2:29.33	1
400m 4:42.97 422 4:46.76 200m 63. 2:31.60 378 2:29.33 , 2011 (13), 100m - 1:05.89	-
400m 4:42.97 422 4:46.76 200m 63. 2:31.60 378 2:29.33 , 2011 (13), 100m - 1:05.89 400m 64. 5:17.06 388 5:20.16	- 102%
400m 4:42.97 422 4:46.76 200m 63. 2:31.60 378 2:29.33 , 2011 (13),	- 102% -
400m 4:42.97 422 4:46.76 200m 63. 2:31.60 378 2:29.33 , 2011 (13), 100m - 1:05.89 400m 64. 5:17.06 388 5:20.16	- 102%
400m 4:42.97 422 4:46.76 200m 63. 2:31.60 378 2:29.33 , 2011 (13),	- 102% - 1

400	, 2011 (13),		. == = .		4.54.00		2001	1
400m 100m			4:53.81	377 -	4:51.26 1:04.54		98% -	
200m		74.	2:33.83	361	2:35.86		103%	
	, 2012 (12),							-
100m 200m				-	1:24.71		-	
200111	, 2010 (14),			-	2:41.68		-	_
400m	, 2010 (14),		4:30.49	483	4:28.87	25.04.2024	99%	
100m		4.0		-	1:04.92	29.03.2024	-	
200m	, 2010 (14),	12.	2:21.05	469	2:20.41	24.04.2024	99%	2
400m	, 2010 (14),		4:18.37	554	4:21.07	25.04.2024	102%	_
100m				-	1:02.09	26.04.2024	-	
200m	2042 (42	11.	2:20.34	476	2:21.29	24.04.2024	101%	4
100m	, 2012 (12),			_	1:12.87		_	1
400m		134.	5:52.45	282	6:02.18		106%	
200m	2040 (44			-	3:03.57		-	
100m	, 2010 (14),			_	56.54	26.04.2024	_	-
400m			4:28.25	495	4:22.37	25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
100m	, 2010 (14),			_	1:01.04		<u>-</u>	1
100m 400m			4:58.66	358	4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
100	, 2011 (13),				4,44.60			1
100m 400m		119.	5:39.67	- 315	1:11.63 5:41.67		101%	
200m				-	2:57.97		-	
400	, 2011 (13),							-
100m 400m		69.	5:17.47	386	1:07.27 5:16.74		100%	
200m				-	2:48.80		-	
	, 2010 (14),							-
400m 100m			4:52.05	383	4:50.62 1:04.31		99%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							-
400m 100m		39.	5:06.09	431 -	5:03.05 1:09.13		98%	
200m				-	2:42.47		-	
	, 2011 (13),							1
400m 100m		75.	5:19.74	378	5:25.39 1:15.43	24.04.2024 26.04.2024	104%	
200m				-	2:44.59	22.06.2023	-	
	, 2010 (14),							2
100m 400m			5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							2
400m 100m			4:48.95	396 -	4:55.65 1:20.23	25.04.2024 26.04.2024	105%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m 400m			4:56.87	- 365	1:03.95 4:53.13	26.04.2024 25.04.2024	97%	
400111	, 2011 (13),		4.30.07	303	4.55.15	25.04.2024	31 /0	_
400m	,	67.	5:17.33	387	5:12.70		97%	
100m 200m				-	1:13.24 2:41.91		-	
200111	, 2010 (14),			_	2.41.31		_	1
400m	,		5:02.10	346	4:55.78	25.04.2024	96%	•
100m		00	2.27.00	-	1:18.07	26.04.2024	4000/	
200m	, 2011 (13),	99.	2:37.98	334	2:39.71	24.04.2024	102%	_
400m	, 2011 (10),	57.	5:13.27	402	5:07.61		96%	=
100m				-	1:18.86		-	
200m	, 2010 (14),			-	2:43.95		-	2
100m	, 2010 (17 <i>)</i> ,			-	1:06.23	26.04.2024	-	_
400m			4:43.61	419	4:46.97	25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		109%	

	2242 /44							
400m	, 2010 (14),		4:58.54	359	4:56.78		99%	1
100m				-	1:12.94		-	
200m	, 2011 (13),	89.	2:36.50	343	2:39.46		104%	2
400m	,		5:02.84	344	5:06.52		102%	_
100m 200m		97.	2:37.63	336	1:20.24 2:41.51		- 105%	
200111	, 2011 (13),	01.	2.07.00	000	2.11.01		10070	-
400m 100m		60.	5:13.71	400	5:11.05 1:11.42		98%	
200m				-	2:44.78		-	
100m	, 2011 (13),				1:00.75	26.04.2024		1
100m 400m			4:58.95	357	1:00.75 4:55.91	26.04.2024 25.04.2024	98%	
200m	, 2010 (14),	68.	2:32.62	370	2:35.06	24.04.2024	103%	1
400m	, 2010 (14),		4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	- 444	1:07.57 2:23.78		- 100%	
200	, 2010 (14),				2.20.70		.0070	-
100m 400m			4:51.06	- 387	1:02.09 4:40.19		- 93%	
200m		95.	2:37.40	337	2:35.73		98%	
100m	, 2012 (12),			_	1:06 45		-	-
400m		73.	5:18.55	382	1:06.45 5:15.39		98%	
200m	, 2011 (13),			-	2:50.71		-	1
100m	, 2011 (13),			-	1:00.60		-	'
400m 200m		115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
200111	, 2011 (13),	110.	2.40.30	310	2.44.00		10470	1
100m 400m		9.	4:52.11	- 496	1:05.45 4:58.56	26.04.2024 24.04.2024	- 104%	
200m		Э.	4.32.11	-	2:44.93	25.04.2024	-	
400m	, 2012 (12),		5:24.45	279	5:10.60	25.04.2024	92%	-
100m				-	1:22.81	26.04.2024	-	
200m	, 2010 (14),	147.	2:47.94	278	2:47.64	24.04.2024	100%	1
400m	, 2010 (14),		5:06.69	331	5:15.13	25.04.2024	106%	
100m 200m		116.	2:41.11	- 315	1:20.61 2:38.12	28.03.2024 24.04.2024	- 96%	
	, 2011 (13),							-
400m 100m		113.	5:35.23	328	5:24.88 1:21.65		94%	
200m				-	2:52.72		-	_
400m	, 2010 (14),		4:41.84	427	4:48.82		105%	2
100m				-	1:17.47		-	
200m	, 2010 (14),	29.	2:26.83	416	2:32.09		107%	1
400m	, (),		4:50.43	390	4:52.60		101%	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
	, 2012 (12),							2
100m 400m			4:48.75	397	1:04.40 4:55.47	28.03.2024 25.04.2024	- 105%	
200m	2040 (44	102.	2:38.56	330	2:41.13	24.04.2024	103%	
400m	, 2010 (14),		4:28.37	494	4:26.36		99%	1
100m		3.	2:15.53	- 529	1:01.56 2:16.53		- 101%	
200m	, 2011 (13),	3.	2.13.33	329	2.10.33		10176	-
400m		85.	5:21.42	372	5:19.67		99%	
100m 200m				-	1:12.01 2:38.51		-	
400	, 2010 (14),		4.47.01	404	4.47.50		10001	-
400m 100m			4:47.64	401 -	4:47.50 1:12.80		100% -	
200m	, 2011 (13),	22.	2:25.16	430	2:22.60		97%	
400m	, 2011 (13),	87.	5:22.95	367	5:22.80		100%	-
100m 200m				-	1:06.89 2:41.50		- -	
200111				=	2.71.00		=	

	2042 (42							
100m	, 2012 (12),			_	1:03.95	26.04.2024	_	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	2242 (42			-	2:42.67		-	
400	, 2012 (12),	400	5 50 0 7	070	0.00.07	04.04.0004	4040/	1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m 400m		49.	5:10.15	- 414	1:06.87 5:17.13		105%	
200m		43.	3.10.13	-	2:41.97		-	
	, 2011 (13),							2
100m 400m			5:00.25	353	1:04.58	25.04.2024	- 101%	
200m		117.	2:41.17	314	5:01.18 2:41.79	24.04.2024	101%	
	, 2011 (13),							-
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m				-	1:12.56 2:53.69		-	
	, 2011 (13),							-
400m	, , , , , , , , , , , , , , , , , , , ,		5:22.37	285	5:13.38		95%	
100m 200m		149.	2:49.23	- 271	1:28.91 2:44.49		94%	
200111	, 2011 (13),	143.	2.49.23	271	2.44.43		34 /0	1
400m	, - (-),	24.	5:01.70	450	5:03.35		101%	
100m 200m				-	1:07.74		-	
200111	, 2012 (12),			-	2:39.68		-	_
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m				-	1:21.59	26.04.2024	-	
200m	, 2010 (14),			-	3:02.87	25.04.2024	-	1
100m	, 2010 (14),			-	54.12		-	•
400m		_	4:15.42	573	4:15.65		100%	
200m	, 2010 (14),	2.	2:12.89	561	2:12.78		100%	1
400m	, 2010 (14),		4:44.83	413	4:42.10	25.04.2024	98%	•
100m		40	0.04.70	-	1:09.79	26.04.2024	-	
200m	, 2013 (11),	13.	2:21.78	462	2:23.12	24.04.2024	102%	1
400m	, 2013 (11),	108.	5:32.14	337	5:39.66		105%	•
100m				-	1:34.94		-	
200m	, 2011 (13),			-	2:56.62		-	1
400m	, 2011 (13),	105.	5:31.45	339	5:32.47		101%	
100m				-	1:25.17		-	
200m	2042 (42			-	2:55.64		-	
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	-
100m		112.	0.00.22	-	1:22.25	26.04.2024	-	
200m	0044 (40			-	3:05.11	25.04.2024	-	
400m	, 2011 (13),	71.	5:18.19	384	5:14.84	23.11.2023	98%	-
100m		71.	5.16.19	-	1:22.53	23.11.2023	-	
200m				-	2:43.30	25.04.2024	-	
400	, 2012 (12),	0.4	5:04.44	070	E-04 0E	04.04.0004	4000/	-
400m 100m		84.	5:21.41	372	5:21.05 1:15.63	24.04.2024 26.04.2024	100%	
200m				-	2:45.78	25.04.2024	-	
400	, 2012 (12),	28.	5:04.52	420	F.40.00	24.04.2024	1060/	1
400m 100m		20.	5.04.52	438	5:12.89 1:13.60	24.04.2024 26.04.2024	106%	
200m				-	2:49.88	25.04.2024	-	
400	, 2010 (14),				4 00 ==			2
100m 400m			4:47.24	403	1:02.55 4:49.66		102%	
200m		84.	2:35.53	350	2:38.32		104%	
,	, 2011 (13),							-
100m 400m		16.	4:57.81	468	1:03.13 4:54.75	26.04.2024 27.03.2024	- 98%	
200m				-	2:39.16	25.04.2024	-	
400	, 2012 (12),	22	F 45	2=5	F 00 - :		105-1	1
400m 100m		98.	5:28.19	350	5:30.94 1:15.24		102%	
200m				-	2:51.65		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	1
100m				-	1:22.27		-	
200m	2012 (12			-	2:40.76		-	4
400m	, 2012 (12),	136.	5:52.85	281	5:58.66		103%	1
100m		130.	5.52.65	-	1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14),							-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							1
400m			4:40.00	435	4:46.52		105%	
100m 200m		28.	2:26.71	- 417	1:04.59 2:24.49		- 97%	
200111	, 2012 (12),	20.	2.20.71	417	2.24.43		31 /0	_
400m	, == (-=),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2011 (12			-	2:50.20	25.04.2024	-	4
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	1
100m			0.000	-	1:18.51	26.04.2024	-	
200m	0040 (44			-	3:02.43	25.04.2024	-	
400m	, 2010 (14),			-	E-25 E0	25.04.2024		1
100m				-	5:35.50 1:15.19	25.04.2024 26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m 400m		13.	4:54.85	482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m		10.	1.0 1.00	-	2:34.71	22.11.2023	-	
	, 2011 (13),							1
100m		407	F-20 07	-	1:18.22	24.11.2023	4000/	
400m 200m		107.	5:32.07	337	5:36.05 2:59.25	24.04.2024 25.04.2024	102%	
200111	, 2011 (13),				2.00.20	20.01.2021		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.70		-	
400m 200m		110.	4:43.10 2:39.84	421 322	4:42.00 2:42.00		99% 103%	
200111	, 2010 (14),	110.	2.39.04	322	2.42.00		10376	_
400m	, 2010 (11),		4:41.88	426	4:40.20		99%	
100m					1:08.47		-	
200m	, 2011 (13),	58.	2:30.84	383	2:29.71		99%	_
400m	, 2011 (13),		4:52.60	381	4:50.48		99%	_
100m				-	1:08.99		-	
200m	0044 (40	96.	2:37.44	337	2:35.31		97%	
400m	, 2011 (13),	120.	5:40.49	313	5:43.73		102%	1
100m		120.	3.40.43	-	1:17.03		102/8	
200m				-	2:56.19		-	_
100	, 2010 (14),				E0.64			2
100m 400m			4:41.14	430	59.64 4:51.18		- 107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13),							1
400m 100m		30.	5:04.55	438	5:16.65 1:19.49	24.04.2024 26.04.2024	108%	
200m				-	2:39.45	25.04.2024	-	
	, 2010 (14),							1
400m			5:11.00	317	5:02.94		95%	
100m 200m		120.	2:41.59	312	1:11.66 2:42.38		101%	
	, 2012 (12),	,		- -				-
400m	, , ,		5:01.82	347	5:00.14	25.04.2024	99%	
100m	2040 (44			-	1:20.97	26.04.2024	-	0
100m	, 2010 (14),			-	1:04.73	28.03.2024	=	2
400m			4:54.55	374	4:56.66	27.03.2024	101%	
200m		103.	2:38.60	330	2:45.39	16.06.2023	109%	
400	, 2011 (13),	40	F.00 47	447	E-0E-00		000/	-
400m 100m		46.	5:09.47	417 -	5:05.80 1:11.00		98%	
200m				-	2:39.70		-	

100m	, 2010 (14),				EE GE	26.04.2024		2
100m 400m			4:28.47	494	55.65 4:30.00	26.04.2024 25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	
	, 2010 (14),							
400m	, (),		5:05.85	334	5:04.79		99%	
100m				-	1:14.56		-	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							
100m				-	1:04.13		-	
400m		404	5:03.26	342	4:53.89		94%	
200m	2014 (12	124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),				= 00 00		2001	
400m 100m			5:06.22	332	5:03.36 1:11.34	25.04.2024 26.04.2024	98%	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
200111	, 2013 (11),		2.10.10	0.0	2.00.12	2 1.0 1.202 1	0070	
400m	, == := (::),	144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m					1:38.18	26.04.2024	-	
200m				-	3:46.50	06.12.2023	-	
	, 2011 (13),							
100m	•			-	1:06.34		-	
400m			5:02.29	346	5:06.72		103%	
200m	0044 /40	123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							:
100m			F-00 07	-	1:06.69	07.12.2023	4000/	
400m 200m		129.	5:06.37 2:42.90	332 304	5:15.49 2:50.21	27.03.2024 24.04.2024	106% 109%	
200111	, 2010 (14),	123.	2.42.30	304	2.50.21	24.04.2024	10970	
400m	, 2010 (14),		4:38.83	441	4:40.20	25.04.2024	101%	
100m			4.30.03	-	1:03.07	26.04.2024	10176	
	, 2011 (13),					2010 11202 1		
100m	, 2011 (10),			-	1:00.12		_	
400m			4:39.41	438	4:43.97		103%	
	, 2011 (13),							2
400m	, , , , , , , , , , , , , , , , , , , ,		5:15.84	303	5:17.90	25.04.2024	101%	
100m				-	1:15.34	26.04.2024	-	
200m		142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14),							•
400m			4:54.17	375	5:11.10	23.11.2023	112%	
100m		80.	0.24.04	- 255	1:10.36		-	
200m	, 2010 (14),	ou.	2:34.81	355	NT		-	
100m	, 2010 (14),			_	59.62	26.04.2024	_	
400m			4:46.80	405	4:37.90	25.04.2024	94%	
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12),							
400m	, - (-),	110.	5:34.37	331	5:26.57		95%	
100m				-	1:20.12		-	
200m				-	2:54.00		-	
	, 2011 (13),							
100m			4 44 5 4	-	1:00.03		-	
400m		83.	4:41.84 2:35.11	427 353	4:42.88 2:33.34		101% 98%	
200m	, 2011 (13),	03.	2.33.11	353	2.33.34		9070	
100m	, 2011 (13),				59.14			
100m 400m		8.	4:52.02	496	59.14 4:49.86		99%	
200m		٠.		-	2:29.93		-	
	, 2012 (12),							
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m				-	1:21.52	26.04.2024	-	
200m				-	3:01.82	25.04.2024	-	
	, 2011 (13),							
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m				-	1:05.31	26.04.2024	-	
200m	2011 (12			-	2:31.57	25.04.2024	-	
400	, 2011 (13),		E-00 40	050	E.00 F0		4000/	
400m 100m			5:00.43	352 -	5:00.56 1:10.64		100%	
200m		109.	2:39.77	323	2:39.17		99%	
_00/11	, 2010 (14),	.00.		020	2.00.17		0070	2
400m	,		4:59.83	354	5:03.85		103%	-
100m				-	1:09.98		-	
200m		92.	2:36.85	341	2:39.94		104%	

	, 2010 (14),							2
100m	, 2010 (14),			<u>-</u>	58.78		_	_
400m			4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	
	, 2011 (13),							1
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m	2014 (12			-	2:52.36	25.04.2024	-	
400	, 2011 (13),		F.00 42	225	F.00 00		000/	-
400m 100m			5:08.43	325	5:06.86 1:20.91		99%	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m	, , , , , , , , , , , , , , , , , , , ,		5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	
	, 2011 (13),							2
100m			4:58.80	- 250	1:05.35	26.04.2024	1000/	
400m 200m		135.	4.56.60 2:44.12	358 298	4:59.54 2:48.84	25.04.2024 24.04.2024	100% 106%	
200111	, 2010 (14),	100.		200	2. 10.0 1	2 1.0 1.202 1	10070	1
400m	, == := (:: /,		4:40.52	433	4:43.30		102%	-
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13),							1
400m		124.	5:44.02	303	5:55.78 1:24.03		107%	
100m 200m				-	2:57.06		-	
200111	, 2012 (12),				2.07.00			_
400m	, == (=	38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m	0040 (44			-	2:41.99		-	
400	, 2013 (11),	00	E 07.40	050	5.00.40	07.00.0004	1000/	1
400m 100m		96.	5:27.19	353	5:30.42 1:17.86	27.03.2024 26.04.2024	102%	
200m				-	2:59.30	20.0 1.202 1	-	
	, 2011 (13),							-
400m	, , , , , , , , , , , , , , , , , , , ,	4.	4:40.74	559	4:37.71		98%	
100m				-	1:04.81		-	
200m	2040 (44			-	2:27.89		-	
100m	, 2010 (14),			_	1:08.86	26.04.2024	_	-
400m				-	5:34.76	25.04.2024	_	
200m		152.	2:57.84	234	2:37.96		79%	
	, 2010 (14),						1370	
400m								2
			4:52.50	382	4:52.68		100%	2
100m 200m		52		382	1:18.06		100%	2
200m	. 2010 (14).	52.	4:52.50 2:30.33					
200m	, 2010 (14),		2:30.33	382 - 387	1:18.06 2:31.09		100% - 101%	1
		52. 50.		382	1:18.06		100%	
200m	, 2010 (14), , 2011 (13),	50.	2:30.33	382 - 387	1:18.06 2:31.09	26.04.2024	100% - 101%	
200m 200m 100m 400m			2:30.33	382 - 387 388 - 536	1:18.06 2:31.09 2:32.95 59.17 4:38.23	24.04.2024	100% - 101% 104%	
200m 200m 100m	, 2011 (13),	50.	2:30.33 2:30.23	382 - 387 388	1:18.06 2:31.09 2:32.95 59.17		100% - 101% 104%	1 -
200m 200m 100m 400m 200m		50. 5.	2:30.33 2:30.23 4:44.57	382 - 387 388 - 536	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66	24.04.2024 25.04.2024	100% - 101% 104% - 96%	
200m 200m 100m 400m 200m 400m	, 2011 (13),	50.	2:30.33 2:30.23	382 - 387 388 - 536	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10	24.04.2024 25.04.2024 24.04.2024	100% - 101% 104%	1 -
200m 200m 100m 400m 200m	, 2011 (13),	50. 5.	2:30.33 2:30.23 4:44.57	382 387 388 - 536 -	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66	24.04.2024 25.04.2024	100% - 101% 104% - 96%	1 -
200m 200m 100m 400m 200m 400m 100m	, 2011 (13),	50. 5.	2:30.33 2:30.23 4:44.57	382 387 388 - 536 - 571	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77	24.04.2024 25.04.2024 24.04.2024 23.11.2023	100% - 101% 104% - 96% - 101%	1 -
200m 200m 100m 400m 200m 400m 100m 100m 100m	, 2011 (13), , 2011 (13),	50. 5. 2.	2:30.33 2:30.23 4:44.57 4:38.68	382 	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20	24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023	100% - 101% 104% - 96% - 101%	1 -
200m 200m 100m 400m 200m 400m 100m 100m 200m	, 2011 (13), , 2011 (13),	50. 5.	2:30.33 2:30.23 4:44.57	382 387 388 536 - 571 -	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73	24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024	100% - 101% 104% - 96% - 101%	1 -
200m 200m 100m 400m 200m 400m 100m 100m 100m	, 2011 (13), , 2011 (13), , 2012 (12),	50. 5. 2.	2:30.33 2:30.23 4:44.57 4:38.68	382 	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20	24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023	100% - 101% 104% - 96% - 101%	1 -
200m 200m 100m 400m 200m 400m 100m 200m 100m 200m	, 2011 (13), , 2011 (13),	50. 5. 2.	2:30.33 2:30.23 4:44.57 4:38.68	382 387 388 536 - 571 - 353	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24	24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024	100% 	1 -
200m 200m 100m 400m 200m 400m 200m 100m 200m 100m 100m 100m 100m	, 2011 (13), , 2011 (13), , 2012 (12),	50.5.2.95.	2:30.33 2:30.23 4:44.57 4:38.68	382 387 388 536 - 571 - 353	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61	24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024	100% - 101% 104% - 96% - 101% - - 96%	1 -
200m 200m 100m 400m 200m 400m 100m 200m 100m 200m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	50. 5. 2.	2:30.33 2:30.23 4:44.57 4:38.68	382 387 388 536 - 571 - 353	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24	24.04.2024 25.04.2024 24.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024	100% 	1 -
200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 100m 400m 200m	, 2011 (13), , 2011 (13), , 2012 (12),	50.5.2.95.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11	382 387 388 536 - 571 - 353	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024	100% 	1 -
200m 200m 100m 400m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 400m 400m 200m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	50.5.2.95.	2:30.33 2:30.23 4:44.57 4:38.68	382 387 388 536 571 - 353 - 479	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100% 	1 -
200m 200m 100m 400m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 400m 100m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	50. 5. 2. 95.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09	382 387 388 536 - 571 - 353 - 479 - 265	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100% - 101% - 104% - 96% - 101% - 96% - 100% - 100%	1 -
200m 200m 100m 400m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 400m 400m 200m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	50.5.2.95.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11	382 387 388 536 571 - 353 - 479	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100% - 101% - 104% - 96% - 101% - 96% - 97%	1 - 1
200m 200m 100m 400m 200m 400m 200m 100m 400m 200m 400m 400m 200m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13),	50. 5. 2. 95.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31	382 387 388 536 571 - 353 - 479 - 265 - 291	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100%	1 -
200m 200m 100m 400m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 400m 100m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	50. 5. 2. 95. 15.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09	382 387 388 536 - 571 - 353 - 479 - 265	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100% - 101% - 104% - 96% - 101% - 96% - 100% - 100%	1 - 1
200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m 400m 200m 400m 4	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	50. 5. 2. 95.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31	382 387 388 536 571 - 353 - 479 - 265 - 291	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100%	1 - 1 1
200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m 400m 200m 400m 200m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	50. 5. 2. 95. 15.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31 4:54.88	382 387 388 536 571 - 353 - 479 - 265 - 291 372 400	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30 1:05.77 2:30.91	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100% 101% 104% 104% 96% - 101% - 96% - 100% 97% - 100% 97% 100% 96% - 103%	1 - 1
200m 200m 100m 400m 200m 400m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m 100m 100m 100m 100m 100m 1	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	50. 5. 2. 95. 141.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31 4:54.88 2:28.77	382 387 388 536 571 - 353 - 479 - 265 - 291 372 400	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30 1:05.77 2:30.91	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100%	1 - 1 1
200m 200m 100m 400m 200m 400m 100m 200m 100m 400m 200m 400m 200m 400m 200m 400m 200m	, 2011 (13), , 2011 (13), , 2012 (12), , 2011 (13), , 2010 (14),	50. 5. 2. 95. 15.	2:30.33 2:30.23 4:44.57 4:38.68 5:27.11 4:55.46 5:30.09 2:45.31 4:54.88	382 387 388 536 571 - 353 - 479 - 265 - 291 372 400	1:18.06 2:31.09 2:32.95 59.17 4:38.23 2:31.66 4:40.10 1:12.77 2:24.20 1:18.15 5:20.73 2:56.24 1:02.61 4:50.73 2:33.58 5:30.90 1:13.92 2:42.67 4:48.30 1:05.77 2:30.91	24.04.2024 25.04.2024 23.11.2023 25.04.2024 26.10.2023 24.04.2024 25.04.2024 05.10.2023 24.04.2024 25.04.2024 25.04.2024	100% 101% 104% 104% 96% - 101% - 96% - 100% 97% - 100% 97% 100% 96% - 103%	1 - 1 1

400	, 2011 (13),	40	4-54-60	400	4.50.00	04.04.0004	4040/	
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m 200m				- -	1:11.76 2:37.06	26.04.2024 25.04.2024	-	
200111	, 2011 (13),			-	2.37.00	25.04.2024	-	
400m	, 2011 (13),		4:49.29	394	4:55.83		105%	
100m			4.49.29	394	1:06.88		103%	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							
100m	, (-	1:00.40		-	
400m			4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	
	, 2012 (12),							
400m		130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m				-	1:31.39	28.03.2024	-	
200m	2044 (42			-	3:00.67	25.04.2024	-	
400	, 2011 (13),				4.40.07			
100m				-	1:10.37		-	
400m 200m		155.	3:05.76	205	5:31.52 3:03.37		97%	
200	, 2011 (13),	.00.	0.000		0.00.0.		0.70	
400m	, 2011 (10),	35.	5:05.10	435	5:02.99		99%	
100m		00.	0.00.10	-	1:22.25		-	
200m				-	2:47.42		-	
	, 2012 (12),							
100m				-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
	, 2012 (12),							
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024 25.04.2024	-	
200m	, 2010 (14),			-	2:57.50	25.04.2024	-	
400m	, 2010 (14),		4:52.04	383	4:50.19	25.04.2024	99%	
100m			4.02.04	-	1:18.29	06.10.2023	-	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13),							
100m	, ==== /,			-	1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							
100m				-	1:01.60		-	
400m			5:02.76	344	5:02.70		100%	
200m	0040 (40	100.	2:38.04	333	2:35.00		96%	
400	, 2012 (12),							
100m		131.	5:49.82	289	1:15.24		107%	
400m 200m		131.	5.49.62	209	6:01.03 3:11.37		107 %	
200111	, 2011 (13),				5.11.57			
400m	, 2011 (10),	33.	5:04.98	436	5:03.60		99%	
100m		00.	0.000	-	1:10.20		-	
200m				-	2:42.00		-	
	, 2011 (13),							
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18	26.04.2024	-	
200m	0040/44			-	2:42.57	25.04.2024	-	
400	, 2010 (14),			4-0				
400m			4:32.87	470	4:31.67		99%	
100m	, 2011 (13),			-	1:02.45		-	
100m	, 2011 (13),			_	59.64		_	
400m			4:41.18	430	4:38.57		98%	
200m		54.	2:30.36	387	2:32.82		103%	
	, 2010 (14),							
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.66		-	
400m			4:47.79	401	5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							
400m			4:46.42	406	4:45.95	25.04.2024	100%	
100m			0.00.00	-	1:13.57	26.04.2024	-	
200m	2040 (4.4	42.	2:29.06	397	2:27.33	24.04.2024	98%	
400	, 2010 (14),		4.44.00	440	4.40.40	05.04.0004	070/	
400m			4:44.83	413	4:40.19 1:07.31	25.04.2024	97%	
100m 200m		30.	2:27.05	414	1:07.31 2:25.73	26.04.2024 24.04.2024	98%	
200111		50.	2.21.00	717	2.20.10	£ 1.07.2027	5070	

	, 2011 (13),							1
100m	, ==::(:=),			-	1:06.33		-	•
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	2010 (11			-	2:34.65		-	_
400	, 2010 (14),		E-04 0E	247	F:0F 04		1020/	2
400m 100m			5:01.95	347	5:05.04 1:16.06		102%	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m	, == (, , , , , , , , , , , , , , , , ,		4:39.54	437	4:36.97	25.04.2024	98%	
100m				-	1:06.71	26.04.2024	-	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m 200m				-	1:35.68 3:02.58	26.04.2024 25.04.2024	- -	
200111	, 2010 (14),				3.02.30	25.04.2024		1
400m	, 2010 (14),		4:53.13	379	4:56.26		102%	'
100m			4.00.10	-	1:06.63		-	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	2012 (12			-	3:06.71		-	4
100m	, 2012 (12),			_	1:15.15			1
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							2
400m			4:38.72	441	4:46.63		106%	
100m				-	1:06.13		-	
200m	0040 (40	21.	2:25.04	431	2:29.10		106%	
400	, 2012 (12),	1.10	C.02 E4	057	C.OF CO	27.02.2024	1010/	1
400m 100m		142.	6:03.54	257	6:05.68 1:34.62	27.03.2024 28.03.2024	101%	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							2
400m	, (4:56.44	367	5:05.89		106%	
100m				-	1:11.00		-	
200m	2010 (14	73.	2:33.76	362	2:42.86		112%	
400m	, 2010 (14),		4.EE 40	370	4.55.00	25.04.2024	1000/	-
100m			4:55.48	370 -	4:55.23 1:09.85	25.04.2024 26.04.2024	100%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							1
400m	, , , , , , , , , , , , , , , , , , , ,	143.	6:08.41	247	6:15.63		104%	
100m				-	1:27.90		-	
200m	0040 (44			-	3:02.71		-	
400	, 2010 (14),							1
100m 400m			5:05.00	337	1:07.36 5:03.09	26.04.2024 25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								19
	, 2011 (13),							2
400m	, (- //		4:30.41	483	4:32.58		102%	
100m				-	1:02.61		-	
200m	0040 (44	34.	2:28.18	404	2:30.35		103%	
400	, 2010 (14),		4.50.40	202	4.40.00		000/	-
400m 100m			4:52.10	383	4:46.20 1:17.05		96%	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),	- '-	-				,-	_
400m	, ==:: (),	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m	2244 /42			-	2:40.38		-	
400	, 2011 (13),	05	F-00 07	4.47	4.50.00		2001	-
400m 100m		25.	5:02.37	447 -	4:56.03 1:14.95		96%	
200m				-	2:47.54		-	

	, 2012 (12),					1
400m		6.	4:48.04	517	4:52.60	103%
100m				-	1:08.29	-
200m	, 2010 (14),			-	2:35.61	-
400m	, 2010 (14),		5:15.19	205	5:07.65	95%
100m			5.15.19	305	1:18.39	93%
200m		107.	2:39.51	324	2:37.36	97%
	, 2011 (13),					-
400m		51.	5:11.10	410	5:03.43	95%
100m 200m				-	1:22.64 2:40.55	- -
200111	, 2012 (12),			-	2.40.33	1
400m	, 2012 (12),		5:01.32	349	5:03.99	102%
100m			3.01.32	-	1:12.38	-
200m		119.	2:41.52	312	2:41.04	99%
	, 2012 (12),					-
100m				-	1:04.60	-
400m 200m		137.	5:06.31 2:44.31	332 297	5:06.16 2:40.08	100% 95%
200111	, 2011 (13),	107.	2.11.01	201	2.10.00	1
100m	, 2011 (10),			-	1:04.92	
400m		45.	5:08.76	420	5:09.05	100%
200m				-	2:46.15	-
	, 2011 (13),					1
100m		0.7	F-0F F0	-	1:06.09	-
400m 200m		37.	5:05.59	433	5:07.54 2:47.50	101%
	, 2010 (14),					2
100m	, == := (:: /,			-	58.40	
400m			4:53.49	378	5:02.97	107%
200m	2244 (42	76.	2:34.04	360	2:35.53	102%
400	, 2011 (13),	0.4	5 04 40	070	50404	1
400m 100m		81.	5:21.18	373 -	5:21.64 1:16.52	100%
200m				-	2:53.92	-
200	, 2010 (14),				2.00.02	_
100m	, == : : (: : //			-	1:04.14	-
400m			5:07.62	328	5:03.00	97%
200m		134.	2:44.04	298	2:42.92	99%
	, 2010 (14),					1
400m 100m			4:46.08	408	4:47.50 1:05.50	101%
200m		71.	2:33.09	367	2:30.70	97%
	, 2011 (13),					-
400m	, , , , , , , , , , , , , , , , , , , ,	34.	5:05.09	435	5:00.47	97%
100m				-	1:15.07	-
200m	0040 (44			-	2:43.92	-
400	, 2010 (14),				4.05.00	-
100m 400m			5:00.14	353	1:05.23 4:49.66	93%
200m		150.	2:49.32	271	2:40.00	89%
	, 2011 (13),					1
100m				-	1:05.75	-
400m		31.	5:04.59	437	5:05.60	101%
200m	2040 (44			-	2:53.11	-
100m	, 2010 (14),			-	58.71	-
400m			4:34.10	464	4:33.04	99%
200m		20.	2:23.82	442	2:21.32	97%
	, 2010 (14),					-
400m			5:03.53	341	4:55.07	95%
100m		133.	2:43.60	300	1:20.35	99%
200m	- , 2012 (12),	2.70.00	300	2:42.82	99%
400m	, 2012 (12), 27.	5:03.89	440	5:10.25	104%
100m			0.00.00		1:14.03	-
200m				-	2:40.09	-
	, 2010 (14),					-
400m			5:00.98	350	4:58.35	98%
100m		128.	2.42.82	- 305	1:24.37	- 95%
200m	, 2010 (14),	120.	2:42.83	305	2:38.43	95%
400m	, 2010 (17),		4:47.42	402	4:48.68	101%
100m				-	1:05.20	-
200m		26.	2:26.59	418	2:29.33	104%

400m	, 2011 (13),	82.	5:21.20	272	E:11 10	94%	-
100m		02.	5.21.20	373	5:11.48 1:12.72	9476	
200m				-	2:39.93	-	
400	, 2010 (14),				=0.44		1
100m 400m			4:37.84	445	56.14 4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	
400	, 2010 (14),					4000/	2
400m 100m			4:24.28	518 -	4:27.15 1:01.00	102%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m 400m			4:54.90	372	1:01.69 5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						-
400m		29.	5:04.54	438	5:00.70	97%	
100m 200m				-	1:10.86 2:38.82	-	
							25
100	, 2011 (13),	40	5-00-40	400	5:40.00	4000/	1
400m 100m		42.	5:08.18	422	5:12.96 1:11.54	103%	
200m				-	2:35.00	-	
	, 2010 (14),						2
100m 400m			4:52.74	381	59.85 4:54.15	- 101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m		114.	5:35.58	327	5:39.26	102%	
100m 200m				-	1:19.35 2:56.07	-	
200111	, 2011 (13),				2.00.01		1
400m			4:59.02	357	4:56.00	98%	
100m 200m		118.	2:41.28	- 314	1:09.00 2:45.00	- 105%	
200111	, 2011 (13),	110.	2.41.20	314	2.43.00	10376	_
100m	, 2011 (10),			-	1:37.00	-	
200m				-	3:24.00	-	
400	, 2011 (13),				4:40.00		-
100m 400m		147.	6:27.11	213	1:18.00 6:20.00	96%	
200m				-	3:12.00	-	
400	, 2012 (12),				4.40.00		-
100m 400m		146.	6:21.28	223	1:16.82 6:09.89	94%	
200m			0.2 20	-	3:10.65	-	
	, 2010 (14),						1
400m 100m			5:03.94	340	4:57.49 1:14.00	96% -	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						-
400m 100m				-	5:59.00 1:19.00	-	
100111	, 2011 (13),			-	1.19.00	-	2
400m	, 2011 (10),		4:59.22	356	5:01.37	101%	_
100m				-	1:20.70	-	
200m	, 2010 (14),	88.	2:36.48	343	2:38.89	103%	1
100m	, 2010 (14),			-	1:03.70	-	
400m			5:03.90	340	5:05.00	101%	
200m	2012 (12	145.	2:47.42	280	2:45.00	97%	4
400m	, 2012 (12),	123.	5:43.84	304	5:50.00	104%	1
100m		120.	0.40.04	-	1:27.00	-	
200m	2044 (42			-	2:55.00	-	4
400m	, 2011 (13),		5:28.67	260	5:14.00	91%	1
400m 100m			5.20.07	269 -	5:14.00 1:11.00	91%	
200m		140.	2:44.86	294	2:45.18	100%	
400	, 2013 (11),		0.04.05		0.04.44		1
400m 100m		141.	6:01.09	262	6:01.11 1:31.64	100%	
200m				-	3:12.02	-	

	, 2010 (14),						1
100m				-	55.90	-	
400m			4:27.93	497	4:26.70	99%	
200m		4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m			4:58.53	359	4:56.47	99%	
100m				-	1:07.50	-	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						-
400m	, , , , , , , , , , , , , , , , , , , ,	149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	_	
200m				-	3:10.00	-	
	, 2013 (11),						_
100m	, =0:0(:: /,			-	1:12.50	_	
400m				-	5:34.00	_	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						_
400m	, == (:=),			-	5:41.00	-	
100m				_	1:27.00	_	
200m		154.	3:01.61	219	3:01.00	99%	
200	, 2010 (14),		0.0.10.	2.0	0.01.00	3375	2
100	, 2010 (14),				4.04.70		_
100m 400m			5:09.66	322	1:04.76 5:10.89	- 101%	
		101					
200m	2011 (12	101.	2:38.47	331	2:39.21	101%	4
400	, 2011 (13),	22	F-00 70	054	5.04.00	4050/	1
400m		93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	- -	
200m	0044 (40			-	2:59.24	-	
	, 2011 (13),						1
100m				-	1:02.02	-	
400m		88.	5:23.00	367	5:40.00	111%	
200m				-	2:48.00	-	
	, 2011 (13),						-
400m		127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m				-	3:06.22	-	
	, 2012 (12),						1
400m			5:07.02	330	5:09.00	101%	
100m				-	1:15.85	-	
200m		148.	2:48.08	277	2:46.85	99%	
	, 2011 (13),						1
400m		115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m				-	2:55.31	-	
	, 2012 (12),						-
400m		116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	- · · · · - · · · · · · · · · · · · · ·	
200m				-	2:55.00	-	
	, 2011 (13),						_
100m	,			-	1:04.70	-	
400m			5:13.61	310	5:12.00	99%	
	, 2010 (14),				-	****	1
400m	, 2010 (17),		4:45.43	411	4:47.00	101%	1
400m			4.43.43	411	1:08.00	10170	
200m		41.	2:28.99	398	2:28.00	99%	
200111	, 2011 (13),	71.	2.20.33	330	2.20.00	JJ /0	1
400m	, 2011 (13),		5:22.32	285	5:16:00	96%	1
400m			J.ZZ.JZ		5:16.00 1:20.50	90 70	
200m		143.	2:46.56	- 285	2:50.00	- 104%	
200111	2044 (42 \	143.	2.40.30	200	2.30.00	1U 4 70	4
400	, 2011 (13),			,	0.40.55		1
400m		148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m	0044 (40			-	3:10.00	=	_
	, 2011 (13),						2
100m				-	1:04.01	-	
400m			4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	