	-						
						%	РВ
							-
	0044 (40						46
400m	, 2011 (13 ),	10.	4:52.72	493	4:53.48	101%	3
100m		7.	1:10.91	442	1:11.32	101%	
200m		12.	2:34.58	489	2:35.20	101%	_
400	, 2011 (13 ),	407	5-04-70	007	F-00 0F	4000/	2
400m 200m		127. 139.	5:04.73 2:44.58	337 295	5:08.05 2:48.88	102% 105%	
200111	, 2010 (14 ),	100.	2.44.00	200	2. 10.00	10070	2
400m	, , , , , , , , , , , , , , , , , , , ,	38.	4:43.04	421	4:46.77	103%	
100m		40	0-00-54	-	1:10.23	4000/	
200m	, 2010 (14 ),	18.	2:23.54	445	2:25.50	103%	2
400m	, 2010 (14 ),	143.	5:09.77	321	5:03.12	96%	_
100m		13.	1:08.52	339	1:09.93	104%	
200m	2040 (4.4	91.	2:36.69	342	2:40.19	105%	_
100m	, 2010 (14 ),			_	57.36	_	2
400m		43.	4:44.69	414	4:59.79	111%	
200m	2244 (42	24.	2:25.51	427	2:31.28	108%	_
400	, 2011 (13 ),	100	F-20 04	247	E-07 00	000/	2
400m 100m		100. 18.	5:28.91 <b>1:14.80</b>	347 395	5:27.33 1:14.81	99% 100%	
200m		54.	2:44.38	407	2:46.39	102%	
	, 2010 (14 ),						2
400m 100m		76.	4:53.06	379	4:56.97 1:14.87	103%	
200m		55.	2:30.38	387	2:34.33	105%	
	, 2010 (14    ),						1
400m		55.	4:47.74	401	4:47.31	100%	
100m 200m		11. 66.	<b>1:07.47</b> 2:32.51	355 371	1:08.10 2:32.09	102% 99%	
200	, 2012 (12 ),	00.	2.02.0	<b>.</b> .	2.02.00	3070	2
400m	, - ( ),	132.	5:49.98	288	5:44.42	97%	
100m		19.	1:17.92	333	1:21.94	111%	
200m	, 2010 (14 ),	88.	2:50.40	365	2:59.66	111%	2
100m	, 2010 (11 ),			-	58.01	-	_
400m		51.	4:47.15	403	4:50.47	102%	
200m	, 2011 (13 ),	70.	2:32.86	368	2:34.12	102%	2
100m	, 2011 (13 ),			-	1:02.34	<u>-</u>	
400m		3.	4:40.55	560	4:42.01	101%	
200m		10.	2:33.78	497	2:38.03	106%	_
400	, 2011 (13 ),	7	4-40-40	545	4.54.00	4000/	3
400m 100m		7. 5.	4:48.49 1:10.10	515 458	4:51.80 1:11.90	102% 105%	
200m		4.	2:28.91	548	2:33.50	106%	
	, 2011 (13     ),						2
400m 100m		80. 22.	5:20.92 1:19.31	374 316	5:21.89 1:19.46	101% 100%	
200m		103.	2:52.47	352	2:51.06	98%	
	, 2010 (14 ),						1
100m		400	F.02.7F	-	59.01	-	
400m 200m		123. 35.	5:03.75 <b>2:28.24</b>	341 404	4:57.39 2:32.60	96% 106%	
	, 2011 (13 ),						2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:09.62	-	
400m 200m		78. 84.	5:20.52 2:49.95	375 368	5:21.68 2:52.65	101% 103%	
20011	, 2011 (13 ),	04.	2.73.33	300	2.02.00	10370	2
400m	, 2011 (10 ),	46.	4:45.51	410	4:49.60	103%	_
100m				-	1:13.73	-	
200m	2044 (42	44.	2:29.38	395	2:32.11	104%	
400m	, 2011 (13 ),	99.	5:28.41	349	5:24.80	98%	-
100m			J.ZU. <del>T</del> I	- -	1:27.21	<del>3</del> 0 /0 -	
200m		82.	2:49.57	371	2:47.65	98%	

	0040 (44					
	, 2010 (14 ),					2
400m		31.	4:41.45	428	4:40.73	99%
100m		4.	1:01.60	482	1:02.37	103%
200m	2040 (44	8.	2:19.37	486	2:21.20	103%
	, 2010 (14 ),					2
400m		86.	4:54.90	372	4:51.47	98%
100m		10.	1:04.10	428	1:05.79	105%
200m	0040 (44	75.	2:34.02	360	2:34.41	101%
	, 2010 (14 ),					3
400m		40.	4:43.35	420	4:47.34	103%
100m		3.	1:01.17	493	1:02.00	103%
200m		15.	2:22.47	455	2:25.11	104%
	, 2011 (13 ),					1
400m		20.	4:58.98	463	4:57.41	99%
100m			1:17.77	515	1:17.17	98%
200m		16.	2:35.47	481	2:35.78	100%
	, 2011 (13 ),					1
100m				-	1:07.49	-
400m		54.	5:11.71	408	5:08.16	98%
200m		100.	2:52.14	354	2:53.06	101%
	, 2010 (14     ),					2
400m		130.	5:05.78	334	5:11.54	104%
100m				-	1:18.86	-
200m		94.	2:37.38	338	2:42.30	106%
	, 2011 (13 ),					3
400m		68.	5:17.34	387	5:21.70	103%
100m		8.	1:09.88	484	1:09.93	100%
200m		35.	2:40.43	438	2:41.48	101%
						17
	, 2012 (12 ),					2
100m	, - (			-	1:11.43	-
400m		50.	5:10.60	412	5:16.95	104%
200m		85.	2:50.17	367	2:51.60	102%
	, 2010 (14    ),					-
100m	, (			-	56.28	-
400m		24.	4:39.22	439	4:35.56	97%
200m		37.	2:28.61	401	2:26.07	97%
	, 2012 (12 ),					-
400m	, == ( = ),	66.	5:17.24	387	5:12.74	97%
100m		00.	1:20.62	462	1:20.48	100%
200m		41.	2:41.42	430	2:37.03	95%
	, 2010 (14 ),					-
100m	, ===== /,			-	1:01.10	-
400m		78.	4:53.28	379	4:50.45	98%
	, 2010 (14 ),					-
400m	, == ( : : ),	62.	4:50.91	388	4:39.55	92%
100m				-	1:16.99	/-
200m		48.	2:30.05	390	2:27.07	96%
	, 2011 (13 ),					2
400m	, ==::(:= /,	74.	5:19.44	379	5:20.36	101%
100m		14.	1:13.81	392	1:13.26	99%
200m		57.	2:45.29	400	2:46.21	101%
	, 2010 (14 ),					1
400m	, ( ),	66.	4:51.27	386	4:49.08	99%
100m		22.	1:08.81	346	1:07.68	97%
200m		51.	2:30.31	387	2:30.54	100%
	, 2012 (12 ),		·==:=•		- = - = -	2
100m	, ( /)			_	1:08.16	- -
400m		47.	5:09.90	415	5:21.42	108%
200m		63.	2:45.70	397	2:47.40	102%
	2242 (42		- <del>-</del>		-	1
	2012 (12 )					
100m	, 2012 (12 ),			_	1.08 40	_
100m 400m	, 2012 (12 ),	62	5:14.32	- 398	1:08.40 5:15.16	- 101%
400m	, 2012 (12 ),	62. 93.	<b>5:14.32</b> 2:51.16	398	5:15.16	101%
		62. 93.	<b>5:14.32</b> 2:51.16			
400m 200m	, 2012 (12 ), , 2010 (14 ),			398 360	5:15.16 2:51.08	101% 100%
400m 200m 100m		93.	2:51.16	398 360	5:15.16 2:51.08 1:01.11	101% 100% -
400m 200m 100m 400m		93. 97.	2:51.16 4:58.39	398 360 - 359	5:15.16 2:51.08 1:01.11 4:48.25	101% 100% - - 93%
400m 200m 100m	, 2010 (14 ),	93.	2:51.16	398 360	5:15.16 2:51.08 1:01.11	101% 100% - - 93% 98%
400m 200m 100m 400m 200m		93. 97. 72.	2:51.16 4:58.39 2:33.47	398 360 - 359 364	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	101% 100% - 93% 98%
400m 200m 100m 400m 200m	, 2010 (14 ),	93. 97. 72. 21.	2:51.16 4:58.39 2:33.47 <b>4:59.81</b>	398 360 - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	101% 100% - 93% 98% 2
400m 200m 100m 400m 200m 400m 100m	, 2010 (14 ),	93. 97. 72. 21. 18.	2:51.16 4:58.39 2:33.47 <b>4:59.81</b> 1:17.47	398 360 - 359 364 459 339	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	101% 100% - 93% 98% 2 100% 93%
400m 200m 100m 400m 200m	, 2010 (14 ), , 2011 (13 ),	93. 97. 72. 21.	2:51.16 4:58.39 2:33.47 <b>4:59.81</b>	398 360 - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	101% 100% - 93% 98% 2
400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14 ),	93. 97. 72. 21. 18. 39.	2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	398 360 - 359 364 459 339 433	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	101% 100% - 93% 98% 2 100% 93% 101%
400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14 ), , 2011 (13 ),	93. 97. 72. 21. 18.	2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06 5:20.16	398 360 - 359 364 459 339 433	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	101% 100% - 93% 98% 2 100% 93% 101% - 97%
400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14 ), , 2011 (13 ),	93. 97. 72. 21. 18. 39.	2:51.16 4:58.39 2:33.47 4:59.81 1:17.47 2:41.06	398 360 - 359 364 459 339 433	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	101% 100% - 93% 98% 2 100% 93% 101%

	0040 (4.4					
400m	, 2010 (14 ),	68.	4:52.04	383	4:51.04	<b>-</b> 99%
100m		16.		393		98%
			1:05.96		1:05.26	
200m	2010 (11	36.	2:28.34	403	2:28.00	100%
	, 2010 (14 ),					2
400m		18.	4:35.80	455	4:36.00	100%
100m		10.	1:07.33	357	1:07.50	101%
200m		40.	2:28.96	398	2:28.50	99%
	, 2012 (12 ),					2
400m		97.	5:27.25	353	5:28.72	101%
100m		25.	1:21.42	292	1:20.44	98%
200m		101.	2:52.23	354	2:52.24	100%
	, 2011 (13    ),					1
400m	, =0(.0 ),	63.	5:16.47	390	5:12.90	98%
100m		12.	1:12.00	443	1:11.34	98%
200m		51.	2:43.41	414	2:44.44	101%
200111	, 2010 (14    ),	01.	2.40.41		2	-
400	, 2010 (14 ),				50.04	_
100m		47	4.05.40	-	59.24	-
400m		17.	4:35.12	459	4:31.41	97%
200m	2242/44	86.	2:36.14	346	2:33.34	96%
	, 2010 (14     ),					-
400m		75.	4:53.03	380	4:50.50	98%
100m				-	1:16.20	-
200m		46.	2:29.60	393	2:29.00	99%
	, 2010 (14 ),					-
400m		14.	4:32.52	472	4:32.06	100%
100m		2.	1:00.52	509	1:00.00	98%
200m		7.	2:18.80	492	2:17.73	98%
	, 2011 (13 ),					2
400m	, 2011 (10 ),	89.	5:23.67	364	5:19.00	97%
100m		17.	1:16.44	353	1:16.50	100%
200m		81.	2:49.37	372		101%
200111		01.	2.49.37	3/2	2:50.15	101%
						4.4
						44
	, 2011 (13    ),					-
100m				-	1:01.00	-
400m		147.	5:12.93	312	5:12.00	99%
200m		108.	2:39.54	324	2:38.50	99%
	, 2012 (12 ),					_
100m	, ( /,			-	1:10.00	-
400m		90.	5:24.46	362	5:17.00	95%
200m		131.	3:01.35	303	2:52.00	90%
	, 2010 (14 ),					1
100m	, 2010 (11 ),			-	1:01.00	•
400m		36.	4:42.02	426	4:43.00	101%
200m		57.	2:30.56	386	2:30.00	99%
200111	2042 (42	57.	2.00.00	300	2.50.00	
	, 2012 (12 ),					1
100m		444	5 40 05	-	1:05.00	-
400m		144.	5:10.95	318	5:03.00	95%
200m		132.	2:43.49	301	2:45.00	102%
	, 2012 (12 ),					1
400m		65.	5:17.11	388	5:06.00	93%
100m		10.	1:12.83	408	1:12.90	100%
200m		82.	2:49.57	371	2:46.00	96%
	, 2011 (13     ),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:09.00	-
400m		77.	5:20.22	376	5:17.90	99%
200m		104.	2:52.67	351	2:49.60	96%
	, 2012 (12 ),					
400	, 2012 (12 ),	404	5.04.00	0.40	F:47.00	-
400m		104.	5:31.09	340	5:17.90	92%
100m		29.	1:27.91	232	1:21.99	87%
200m	0040 (4.4	96.	2:51.56	358	2:49.60	98%
	, 2010 (14     ),					2
400m		89.	4:55.23	371	4:56.38	101%
100m				-	1:13.64	-
200m		27.	2:26.65	417	2:27.94	102%
	, 2011 (13    ),					1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.50	-
400m		41.	5:07.47	425	5:15.00	105%
200m		76.	2:47.81	382	2:46.00	98%
	, 2010 (14 ),					-
100m	, 2010 (11 ),			-	59.95	-
400m		131.	5:05.83	334	4:54.00	92%
700111				310	2:36.00	93%
200m		125.	2:41.98			

							_
	, 2010 (14 ),						-
400m		146.	5:11.13	317	5:04.00	95%	
100m 200m		79.	2:34.76	355	1:15.00 2:33.00	98%	
200111	, 2011 (13    ),	70.	2.01.70	000	2.00.00		-
100m	, , , ,			-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m	, 2010 (14 ),	102.	2:52.35	353	2:47.00	94% 1	1
400m	, 2010 (14 ),	105.	4:59.61	355	4:58.00	99%	1
100m				-	1:18.00	-	
200m	2042 (42	81.	2:34.91	354	2:38.35	104%	
400m	, 2012 (12 ),	103.	5:30.30	343	5:26.00	97%	i
100m		32.	1:19.01	335	1:18.50	99%	
200m		86.	2:50.18	367	2:54.00	105%	
400	, 2010 (14 ),				4.00.00		-
100m 400m		64.	4:51.10	387	1:00.00 4:44.22	- 95%	
200m		78.	2:34.27	358	2:30.55	95%	
	, 2011 (13     ),						-
400m		96.	4:58.10	360	4:58.00 1:10.00	100% 98%	
100m 200m		17. 127.	1:10.87 2:42.29	306 308	2:38.60	96%	
	, 2012 (12 ),					1	ı
400m		140.	5:56.43	273	6:00.00	102%	
100m 200m		42. 148.	1:23.83 3:23.13	280 215	1:22.00 3:14.00	96% 91%	
200111	, 2010 (14 ),	140.	0.20.10	210	0.14.00	2176	,
400m	, 2010 (11 ),	19.	4:35.84	455	4:41.90	104%	-
100m		4.	1:05.51	387	1:06.90	104%	
200m	, 2011 (13 ),	43.	2:29.07	397	2:28.50	99% 1	1
400m	, 2011 (13 ),	72.	5:18.21	384	5:06.76	93%	1
100m			1:17.53	520	1:16.54	97%	
200m	0044 (40	17.	2:35.71	479	2:36.17	101%	
400m	, 2011 (13 ),	79.	4:53.46	378	4:53.00	100%	-
100m		31.	1:13.64	282	1:09.00	88%	
200m		138.	2:44.35	296	2:42.00	97%	
400	, 2012 (12 ),	100			- 40.00	1	i
400m 100m		126.	5:44.55	302	5:40.00 1:25.00	97% -	
200m		119.	2:56.27	330	2:58.00	102%	
	, 2012 (12 ),					2	2
400m 100m		92. 30.	<b>5:25.53</b> 1:17.98	358 348	5:31.00 1:17.50	103% 99%	
200m		97.	2:51.90	356	2:57.00	106%	
	, 2012 (12 ),					2	2
400m		137.	5:53.39	280	6:09.00	109%	
100m 200m		128.	3:00.38	308	1:35.00 3:03.74	- 104%	
200	, 2010 (14     ),	.20.	0.00.00	000	0.00.7 .		-
400m	, ,	133.	5:05.92	333	4:52.00	91%	
100m 200m		24. 151.	1:15.84 2:53.07	250 254	1:10.00 2:45.00	85% 91%	
200111	, 2012 (12 ),	101.	2.00.07	204	2.40.00	2	>
100m	, == (:= ),			-	1:05.00		-
400m		18.	4:58.44	465	5:05.50	105%	
200m	, 2010 (14 ),	29.	2:39.91	442	2:40.14	100%	_
400m	, 2010 (14 ),	156.	5:25.52	277	5:20.00	97%	
100m		29.	1:12.22	299	1:09.00	91%	
200m	0044 (40	146.	2:47.48	280	2:41.00	92%	
400m	, 2011 (13 ),	86.	5:21.67	371	5:14.45	96%	1
100m		00.	1:23.86	411	1:23.21	98%	
200m		46.	2:43.02	417	2:43.34	100%	
400	, 2011 (13 ),		F =0 0=	225	5.05.00	,	-
400m 100m		135.	5:52.65 1:27.47	282 362	5:25.00 1:23.00	85% 90%	
200m		114.	2:54.33	341	2:50.00	95%	
	, 2011 (13    ),					2	2
400m		128.	5:46.63	297	5:30.00	91%	
100m 200m		26. 106.	1:16.59 2:52.99	368 349	1:17.00 2:53.00	101% 100%	

	2040 (44						
100m	, 2010 (14 ),			_	58.79	-	-
400m		92.	4:56.39	367	4:50.00	96%	
200m		85.	2:35.94	347	2:35.29	99%	
	, 2011 (13 ),						3
400m		55. 8.	5:11.97 1:11.21	407	5:19.78	105% 101%	
100m 200m		24.	2:38.13	437 457	1:11.45 2:41.12	104%	
	, 2012 (12 ),						-
400m	, - (	58.	5:13.29	402	5:10.00	98%	
100m		29.	1:17.76	351	1:16.00	96%	
200m	2042 (44	108.	2:53.32	347	2:50.00	96%	4
400	, 2013 (11 ),	4.45	C-10 OF	227	6.02.00	040/	1
400m 100m		145.	6:18.95	227	6:02.00 1:29.00	91%	
200m		139.	3:07.24	275	3:10.00	103%	
	, 2010 (14     ),						-
400m		118.	5:02.37	345	4:56.00	96%	
100m 200m		25. 130.	1:10.17 2:42.95	326 304	1:08.00 2:42.00	94% 99%	
200111	, 2011 (13 ),	130.	2.42.33	304	2.42.00	3370	1
400m	, 2011 (10 ),	22.	5:00.79	454	4:55.76	97%	
100m		6.	1:10.28	454	1:10.23	100%	
200m		11.	2:33.98	495	2:35.69	102%	_
400	, 2013 (11 ),			0.47		10101	3
400m 100m		101. 15.	5:29.00 1:15.27	347 370	5:30.00 1:17.00	101% 105%	
200m		94.	2:51.18	360	2:53.00	102%	
	, 2012 (12 ),						1
400m	, , , , , , , , , , , , , , , , , , , ,	94.	4:56.78	365	5:00.00	102%	
100m		0.4	0.04.45	-	1:10.50	-	
200m	, 2011 (13 ),	61.	2:31.15	381	2:26.50	94%	1
100m	, 2011 (13 ),			-	1:08.00	<u>-</u>	
400m		70.	5:18.02	384	5:24.00	104%	
200m		75.	2:47.79	383	2:47.00	99%	
	, 2013 (11 ),						2
400m		122.	5:42.96	306	5:43.00	100%	
100m 200m		113.	2:54.20	342	1:28.79 2:59.00	106%	
	, 2013 (11 ),						2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:08.00	-	
400m		94.	5:26.73	354	5:35.00	105%	
200m	, 2012 (12 ),	78.	2:48.29	379	2:53.00	106%	1
400m	, 2012 (12 ),	109.	5:32.34	337	5:36.00	102%	
100m		27.	1:23.90	267	1:22.50	97%	
200m		135.	3:02.68	296	2:58.00	95%	
	, 2011 (13    ),						-
400m 100m		128. 30.	5:04.94 1:12.83	337 292	4:55.00 1:09.00	94% 90%	
200m		121.	2:41.65	311	2:35.00	92%	
	, 2010 (14 ),						3
400m	• •	88.	4:54.94	372	5:00.00	103%	
100m		13.	1:04.27	425	1:05.50	104%	
200m	, 2012 (12 ),	25.	2:26.50	419	2:27.00	101%	1
100m	, 2012 (12 ),			-	1:05.90	-	1
400m		61.	5:14.16	399	5:14.00	100%	
200m		49.	2:43.23	416	2:46.00	103%	
400	, 2012 (12 ),					4000/	1
400m		23.	5:00.84	454 527	5:00.76 1:15.60	100% 97%	
100m 200m		6.	1:16.72 <b>2:31.56</b>	537 519	2:34.33	104%	
	, 2010 (14 ),	-	-	-		· · ·	2
400m		151.	5:17.63	298	5:20.00	101%	
100m		21.	1:12.54	285	1:11.00	96%	
200m		126.	2:42.08	309	2:44.00	102%	
							31
	, 2010 (14 ),						2
100m	, 2010 (17 ),			-	55.22	-	_
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

, 29. - 31.5.2024

100m							
100m		, 2011 (13 ),					
2000			83.				
. 2012 (12 ), 400m							
100m	200m	0040 (40	55.	2:44.75	404	2:47.38	
100m		, 2012 (12 ),					
200m							
2010 (14   ),							
200m	200m	2010 (14	00.	2.40.30	393	2.45.10	
200m	400	, 2010 (14 ),	04	4.20.20	440	4.40.70	
200m   31   227,14   413   227,24   100%   2   100m   37   114486   239   114497   100%   100%   200m   200m   2011 (13 ),			۷۱.	4.30.39			104%
. 2011 (13 ),			31.	2:27.12			100%
100m		2011 (13 )					
100m	400m	, 2011 (10 ),	107	5:00 11	353	5:02 18	
200m							
100m							
100m		, 2011 (13 ),					1
200m	100m	, ,			-	1:05.00	=
, 2010 (14 ),    100m							
Month   March   Marc	200m		67.	2:46.32	393	2:48.00	
100m		, 2010 (14 ),					
200m							
100m							
100m	∠∪∪m	2010 /14	10.	∠:20.18	4/8	2:22.10	
A00m	100	, 2010 (14 ),				1.04.00	2
200m			65	4-51 20			1020/
ADDM 100m 1 1. 4:08.68 621 4:09.73 101% 100m 1 1. 2:07.95 629 1105.00 109% 100m 100m 100m 100m 100m 100m 100m 100							
400m		2010 (14			0	<del></del>	
100m	400m	, 2010 (11 ),	1	4:08.68	621	4.09 73	
100m							-
400m	200m		1.	2:07.95	629	2:13.50	109%
100m		, 2012 (12 ),					1
200m	400m				401	5:10.78	98%
., 2011 (13 ),							
400m	200m		59.	2:45.50	399	2:47.46	102%
100m		, 2011 (13 ),					-
122							
100m							
100m	200111	2011 (12	122.	2.41.73	311	2.40.24	
400m	100m	, 2011 (13 ),				1.11 46	2
200m       90.       2:51.00       361       2:52.37       102%       3         400m       11.       4:53.33       490       4:55.57       102%         100m       3.       1:09.99       460       1:12.97       109%         200m       7.       2:32.60       509       2:33.78       102%         3400m       53.       5:11.69       408       1:12.97       109%         100m       19.       1:14.91       393       1:15.63       102%         200m       42.       2:41.71       427       2:45.16       104%         100m       80.       4:53.47       378       4:53.24       100%         100m       14.       1:08.76       335       1:09.17       101%         100m       80.       4:53.47       378       4:53.24       100%         100m       14.       1:08.76       335       1:09.17       101%         200m       , 2010 (14),       1       1:08.76       335       1:09.17       101%         200m       61.       4:50.80       388       5:00.24       107%         200m       106.       5:31.72       339       5:18.20       92%			32.	5:04.87	436		105%
, 2011 (13 ),  400m 100m 200m , 2011 (13 ),  400m 200m , 2011 (13 ),  400m 200m , 2011 (13 ),  400m 100m , 2011 (13 ),  53. 5:11.69							
400m		, 2011 (13 ),					
7. 2:32.60 509 2:33.78 102%  7. 2011 (13 ),  400m	400m	, , , , , , , , , , , , , , , , , , , ,	11.	4:53.33	490	4:55.57	
, 2011 (13 ),  400m 100m 19. 1:14.91 393 1:15.63 102% 200m , 2010 (14 ),  400m 100m , 2010 (14 ),  400m , 2011 (13 ),  400m ,			3.				
## A00m	200m		7.	2:32.60	509	2:33.78	
100m		, 2011 (13 ),					3
200m			53.				108%
, 2010 (14 ),  400m 100m							
400m 100m 14. 1:08.76 335 1:09.17 100% 101% 100m 14. 1:08.76 335 1:09.17 101% 101% 100m	∠uum	2010 (4.4 \	42.	∠:41./1	42/	∠:45.16	
100m	400	, 2010 (14 ),	0.0	4.50 47	270	4.52.04	
, 2010 (14 ),  100m 400m 200m 31							
100m	100111	2010 (14 )	14.	1.00.70	333	1.03.17	
400m 200m 61. 4:50.80 388 5:00.24 107% 200m 93. 2:37.15 339 2:41.49 106%	100m	, 2010 (14 ),			=	1.02 18	_
200m 93. 2:37.15 339 2:41.49 106%   , 2011 (13 ),   400m 106. 5:31.72 339 5:18.20 92% 100m 200m 68. 2:46.53 391 2:40.40 93%   , 2010 (14 ),   100m 2 1:00.20 200m 200m 63. 2:31.60 378 2:29.33 97%   , 2011 (13 ),   100m 3 1:05. 2:52.88 350 2:51.94 99% 200m 200m 200m 200m 200m 200m 200m 200			61	4:50.80			107%
, 2011 (13 ),  400m 100m 106. 5:31.72 339 5:18.20 92% 100m 200m 16. 1:15.75 363 1:15.73 100% 200m  , 2010 (14 ),  100m 200m 200m 200m 37. 4:42.97 422 4:46.76 103% 200m 200m 200m 200m 200m 200m 200m 200							
400m 100m 16. 5:31.72 339 5:18.20 92% 100m 16. 1:15.75 363 1:15.73 100% 200m 68. 2:46.53 391 2:40.40 93% 100m 100m 100m 100m 100m 100m 100m 100		, 2011 (13 ),					-
100m	400m	, , , , , , , , , , , , , , , , , , , ,	106.	5:31.72	339	5:18.20	92%
200m							
100m	200m		68.		391	2:40.40	93%
400m 37. 4:42.97 422 4:46.76 103% 200m 63. 2:31.60 378 2:29.33 97% 100m 100m 100m 105. 2:52.88 350 2:51.94 99% 100m 100m 100m 100m 100m 100m 100m 100		, 2010 (14    ),					1
200m					-		-
, 2011 (13 ),  100m 400m 200m 64. 5:17.06 388 5:20.16 102% 105. 2:52.88 350 2:51.94 99%  , 2011 (13 ),  2400m 48. 5:10.11 414 5:12.44 102% 100m 24. 1:16.16 374 1:15.06 97% 200m 53. 2:44.12 409 2:46.53 103%							
100m	200m	0044 (40	63.	2:31.60	378	2:29.33	
400m 64. 5:17.06 388 5:20.16 102% 200m , 2011 (13 ), 2:52.88 350 2:51.94 99% 200m 200m 200m 200m 200m 200m 200m 200		, 2011 (13 ),					
200m			0.4	F.47 00			
, 2011 (13 ),  400m 48. 5:10.11 100m 24. 1:16.16 374 1:15.06 97% 200m 53. 2:44.12 409 2:46.53 103%							
400m       48.       5:10.11       414       5:12.44       102%         100m       24.       1:16.16       374       1:15.06       97%         200m       53.       2:44.12       409       2:46.53       103%	ZUUIII	2044 (42 \	100.	2.02.00	330	2.51.34	
100m     24.     1:16.16     374     1:15.06     97%       200m     53.     2:44.12     409     2:46.53     103%	400~	, 2011 (13 ),	10	5:10 11	111	5·12 //	
200m 53. <b>2:44.12</b> 409 2:46.53 103%							
	-			_			= - / <del>-</del>

	, 2011 (13 ),							2
400m	, 2011 (13 ),	82.	4:53.81	377	4:51.26		98%	_
100m		11.	1:04.14	427	1:04.54		101%	
200m		74.	2:33.83	361	2:35.86		103%	
	, 2012 (12 ),							-
100m	2040 (44			-	1:24.71		-	
400	, 2010 (14 ),	40	4:00.40	400	4.00.07	05.04.0004	000/	1
400m 100m		12. 9.	4:30.49 <b>1:03.92</b>	483 432	4:28.87 1:04.92	25.04.2024 29.03.2024	99% 103%	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14 ),							3
400m	, , , , , , , , , , , , , , , , , , , ,	4.	4:18.37	554	4:21.07	25.04.2024	102%	
100m		6.	1:01.99	473	1:02.09	26.04.2024	100%	
200m	2012 (12	11.	2:20.34	476	2:21.29	24.04.2024	101%	2
100m	, 2012 (12 ),			-	1:12.87		_	2
400m		134.	5:52.45	282	6:02.18		106%	
200m		133.	3:02.37	298	3:03.57		101%	
	, 2010 (14 ),							-
100m				-	56.54	26.04.2024	-	
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%	
200m	, 2010 (14 ),	6.	2:17.60	505	2:16.72	24.04.2024	99%	1
100m	, 2010 (14 ),			-	1:01.04		_	'
400m		100.	4:58.66	358	4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13 ),							1
100m		110	5:39.67	-	1:11.63		-	
400m 200m		119. 132.	3:01.38	315 303	5:41.67 2:57.97		101% 96%	
200111	, 2011 (13 ),	102.	0.01.00	300	2.07.07		3070	1
100m	, == : (:= ),			-	1:07.27		-	
400m		69.	5:17.47	386	5:16.74		100%	
200m	0040 (44	71.	2:46.80	389	2:48.80		102%	
400	, 2010 (14 ),	70	4.50.05	202	4.50.60		000/	1
400m 100m		70. 12.	4:52.05 <b>1:04.23</b>	383 426	4:50.62 1:04.31		99% 100%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13 ),							1
400m	, , , ,	39.	5:06.09	431	5:03.05		98%	
100m		5.	1:09.39	494	1:09.13		99%	
200m	, 2011 (13 ),	30.	2:40.06	441	2:42.47		103%	1
400m	, 2011 (13 ),	75.	5:19.74	378	5:25.39	24.04.2024	104%	'
100m		23.	1:19.35	316	1:15.43	26.04.2024	90%	
200m		62.	2:45.65	398	2:44.59	22.06.2023	99%	
	, 2010 (14     ),							2
100m 400m		126.	5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
200	, 2011 (13 ),	· · ·		0.0	2. 10.00	2	.0070	2
400m		58.	4:48.95	396	4:55.65	25.04.2024	105%	
100m		=-		-	1:20.23	26.04.2024	-	
200m	2044 (42	59.	2:30.99	382	2:33.67	24.04.2024	104%	
100m	, 2011 (13 ),				1:02.05	26.04.2024		-
400m		95.	4:56.87	365	1:03.95 4:53.13	26.04.2024 25.04.2024	97%	
	, 2011 (13    ),							2
400m	, - ( - , ,	67.	5:17.33	387	5:12.70		97%	
100m		14.	1:12.78	428	1:13.24		101%	
200m	2040 (44	40.	2:41.16	432	2:41.91		101%	4
400	, 2010 (14 ),	440	5.00.40	0.40	4.55.70	05.04.0004	000/	1
400m 100m		116.	5:02.10	346	4:55.78 1:18.07	25.04.2024 26.04.2024	96%	
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%	
	, 2011 (13 ),							1
400m		57.	5:13.27	402	5:07.61		96%	
100m 200m		34.	1:20.37 <b>2:40.38</b>	467 438	1:18.86 2:43.95		96% 105%	
200111	, 2010 (14 ),	J <del>-1</del> .	2.70.00	700	2.70.30		103/0	2
100m	, 2010 (11 ),			-	1:06.23	26.04.2024	-	_
400m		41.	4:43.61	419	4:46.97	25.04.2024	102%	
200m	2040 (4.4	114.	2:40.71	317	2:48.11		109%	^
400m	, 2010 (14 ),	99.	4:58.54	359	4:56.78		99%	2
400m		99. 16.	1:10.03	317	4:56.76 1:12.94		108%	
200m		89.	2:36.50	343	2:39.46		104%	

	, 2011 (13 ),							2
400m 100m		120.	5:02.84	344	5:06.52 1:20.24		102%	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13 ),							-
400m 100m		60. 13.	5:13.71	400 393	5:11.05 1:11.42		98% 94%	
200m		68.	1:13.77 2:46.53	391	2:44.78		98%	
	, 2011 (13    ),							1
100m		400	4.50.05	-	1:00.75	26.04.2024	-	
400m 200m		102. 68.	4:58.95 <b>2:32.62</b>	357 370	4:55.91 2:35.06	25.04.2024 24.04.2024	98% 103%	
	, 2010 (14 ),							1
400m	• •	50.	4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	444	1:07.57 2:23.78		100%	
	, 2010 (14 ),							-
100m			4.54.00	-	1:02.09		-	
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
	, 2012 (12 ),							-
100m		70	5.40.55	-	1:06.45		-	
400m 200m		73. 90.	5:18.55 2:51.00	382 361	5:15.39 2:50.71		98% 100%	
200111	, 2011 (13 ),	50.	2.51.00	301	2.50.7 1		10070	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.60		-	
400m 200m		91. 115.	4:55.75 <b>2:40.90</b>	369 316	4:52.60 2:44.00		98% 104%	
200111	, 2011 (13 ),	110.	2.40.00	0.10	2.11.00		10170	2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.45	26.04.2024	<u>-</u>	
400m 200m		9. 44.	4:52.11 2:42.25	496 423	4:58.56 2:44.93	24.04.2024 25.04.2024	104% 103%	
200111	, 2012 (12 ),	77.	2.42.20	720	2.44.50	20.04.2024	10070	-
400m	, , , , , , , , , , , , , , , , , , , ,	155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m 200m		147.	2:47.94	- 278	1:22.81 2:47.64	26.04.2024 24.04.2024	100%	
200111	, 2010 (14 ),	147.	2.47.54	210	2.47.04	24.04.2024	10070	1
400m	, , ,	137.	5:06.69	331	5:15.13	25.04.2024	106%	
100m 200m		116.	2:41.11	- 315	1:20.61 2:38.12	28.03.2024 24.04.2024	- 96%	
200111	, 2011 (13 ),	110.	2	0.0	2.00.12	21.01.2021	0070	1
400m	, , , , , , , , , , , , , , , , , , , ,	113.	5:35.23	328	5:24.88		94%	
100m 200m		79.	1:23.08 <b>2:48.69</b>	422 376	1:21.65 2:52.72		97% 105%	
200111	, 2010 (14 ),	73.	2.40.03	370	2.02.12		10070	2
400m		33.	4:41.84	427	4:48.82		105%	
100m 200m		29.	2:26.83	416	1:17.47 2:32.09		107%	
	, 2010 (14 ),	20.			2.02.00		.0.70	2
400m		60.	4:50.43	390	4:52.60		101%	
100m 200m		15. 69.	<b>1:04.96</b> 2:32.69	411 370	1:12.58 2:27.60		125% 93%	
200111	, 2012 (12 ),	00.	2.02.00	0.0	2.27.00		0070	2
100m				-	1:04.40	28.03.2024	-	
400m 200m		57. 102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
	, 2010 (14 ),							2
400m	, , , , , , , , , , , , , , , , , , , ,	9.	4:28.37	494	4:26.36		99%	
100m 200m		1. 3.	1:00.59 2:15.53	490 529	1:01.56 2:16.53		103% 101%	
200111	, 2011 (13 ),	0.	2.10.00	323	2.10.00		10170	2
400m	, , , , , , , , , , , , , , , , , , , ,	85.	5:21.42	372	5:19.67		99%	
100m 200m		2. 22.	1:09.92 2:37.58	461 462	1:12.01 2:38.51		106% 101%	
200111	, 2010 (14 ),		2.07.00	102	2.00.01		10170	-
400m	, ( )	54.	4:47.64	401	4:47.50		100%	
100m 200m		22.	2:25.16	430	1:12.80 2:22.60		- 97%	
200111	, 2011 (13 ),	۷۷.	2.20.10	700	2.22.00		31 /0	1
400m	, ( ),	87.	5:22.95	367	5:22.80		100%	•
100m 200m		3. 28.	1:07.84 <b>2:39.45</b>	529 446	1:06.89 2:41.50		97% 103%	
200111	, 2012 (12 ),	۷٥.	2.33.43	<del>111</del> 0	2. <del>4</del> 1.00		10370	-
100m				-	1:03.95	26.04.2024	-	
400m 200m		26. 52.	5:03.12 2:43.63	444 413	4:55.54 2:42.67	24.04.2024	95% 99%	
200111		JZ.	۵.40.00	713	۷.٦٤.٥١		33/0	

100	, 2012 (12 ),	400	5 50 0 <del>7</del>	070	0.00.07	04.04.0004	40.407	3
400m 100m		139. 41.	5:56.27 1:22.62	273 293	6:03.97 1:24.14	24.04.2024	104% 104%	
200m		137.	3:03.86	291	3:10.66	25.04.2024	108%	
	, 2011 (13    ),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:06.87		-	
400m		49.	5:10.15	414	5:17.13		105%	
200m		47.	2:43.13	416	2:41.97		99%	_
400	, 2011 (13 ),				4 0 4 5 0			2
100m 400m		109.	5:00.25	353	1:04.58 5:01.18	25.04.2024	- 101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13    ),							1
400m		91.	5:24.93	360	5:22.81		99%	
100m		20.	1:15.08	390	1:12.56		93%	
200m	, 2011 (13 ),	95.	2:51.42	359	2:53.69		103%	_
400m	, 2011 (10 ),	153.	5:22.37	285	5:13.38		95%	
100m			0.22.0.	-	1:28.91		-	
200m		149.	2:49.23	271	2:44.49		94%	
	, 2011 (13    ),							2
400m 100m		24. 10.	<b>5:01.70</b> 1:10.48	450 472	5:03.35 1:07.74		101% 92%	
200m		27.	2:39.03	449	2:39.68		101%	
	, 2012 (12 ),							1
400m		138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m		35.	1:20.09	321	1:21.59	26.04.2024	104%	
200m	, 2010 (14 ),	141.	3:08.18	271	3:02.87	25.04.2024	94%	4
100m	, 2010 (14 ),			_	54.12		_	1
400m		2.	4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
400	, 2010 (14 ),	40	4.44.00	440	4 40 40	05.04.0004	2007	1
400m 100m		42.	4:44.29	416	4:42.10 1:09.79	25.04.2024 26.04.2024	98%	
200m		13.	2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11 ),							2
400m		108.	5:32.14	337	5:39.66		105%	
100m		100	2.56.42	-	1:34.94		1000/	
200m	, 2011 (13 ),	120.	2:56.42	329	2:56.62		100%	2
400m	, 2011 (13 ),	105.	5:31.45	339	5:32.47		101%	_
100m			0.00	-	1:25.17		-	
200m	2242 (42	98.	2:52.03	355	2:55.64		104%	
400	, 2012 (12 ),	440	5.05.00	000	5 00 50	04.04.0004	070/	1
400m 100m		112. 40.	5:35.22 1:22.43	328 295	5:29.56 1:22.25	24.04.2024 26.04.2024	97% 100%	
200m		128.	3:00.38	308	3:05.11	25.04.2024	105%	
	, 2011 (13 ),							-
400m		71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m 200m		61.	1:24.73 2:45.55	398 398	1:22.53 2:43.30	23.11.2023 25.04.2024	95% 97%	
200111	, 2012 (12 ),	01.	2.45.55	390	2.43.30	23.04.2024	97 70	1
400m	, == (:= ),	84.	5:21.41	372	5:21.05	24.04.2024	100%	•
100m		25.	1:16.25	373	1:15.63	26.04.2024	98%	
200m	0040 (40	58.	2:45.49	399	2:45.78	25.04.2024	100%	_
400m	, 2012 (12 ),	28.	5:04.52	438	5:12.89	24.04.2024	106%	3
100m		20. 11.	1:13.03	405	1:13.60	26.04.2024	100%	
200m		65.	2:45.80	397	2:49.88	25.04.2024	105%	
	, 2010 (14     ),							2
100m		50	4-47-04	-	1:02.55		4000/	
400m 200m		52. 84.	4:47.24 2:35.53	403 350	4:49.66 2:38.32		102% 104%	
200	, 2011 (13 ),	٥		333	2.00.02		10170	_
100m	,,			-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	0040 (40	32.	2:40.13	440	2:39.16	25.04.2024	99%	_
400~	, 2012 (12 ),	0.0	5.20 40	250	E-20 04		4020/	2
400m 100m		98. 23.	<b>5:28.19</b> 1:15.89	350 378	5:30.94 1:15.24		102% 98%	
200m		73.	2:47.68	383	2:51.65		105%	
	, 2012 (12 ),							1
400m		44.	5:08.56	421	5:16.23		105%	
100m 200m		38.	1:25.58 2:40.99	386 433	1:22.27 2:40.76		92% 100%	
_00111		55.	10.00	100			10070	

	, 2012 (12 ),							2
400m	, ( , , ,	136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m		115.	2:54.80	338	2:56.19		102%	
	, 2010 (14     ),							-
100m				-	1:05.38	26.04.2024		
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m	0040 (44	144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14 ),			40=	4 40 50		40=0/	1
400m		27.	4:40.00	435	4:46.52		105%	
100m 200m		14. 28.	1:04.81 2:26.71	414 417	1:04.59 2:24.49		99% 97%	
200111	, 2012 (12 ),	20.	2.20.71	711	2.24.45		31 70	_
400m	, 2012 (12 ),	125.	5:44.14	303	5:44.08	24.04.2024	100%	_
100m		125.	3.44.14	-	1:29.97	19.04.2024	100 /6	
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13 ),							2
400m	, ( , , , , , , , , , , , , , , , , , ,	111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m		33.	1:19.63	327	1:18.51	26.04.2024	97%	
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%	
	, 2010 (14     ),							3
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m		33.	1:13.80	280	1:15.19	26.04.2024	104%	
200m	0044 (40	112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13 ),							-
100m		40	4.54.05	-	1:04.60	26.10.2023	-	
400m 200m		13. 14.	4:54.85 2:34.91	482 486	4:52.83 2:34.71	24.04.2024 22.11.2023	99% 100%	
200111	, 2011 (13 ),	17.	2.04.01	400	2.04.71	22.11.2020	10070	2
100m	, 2011 (13 ),			_	1:18.22	24.11.2023	_	_
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13    ),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
	, 2010 (14     ),							1
400m		35.	4:41.88	426	4:40.20		99%	
100m		12.	1:08.37	341	1:08.47		100%	
200m	2014 (12	58.	2:30.84	383	2:29.71		99%	
	, 2011 (13 ),							1
400m 100m		73. 18.	4:52.60 <b>1:07.13</b>	381 373	4:50.48		99% 106%	
200m		96.	2:37.44	337	1:08.99 2:35.31		97%	
200111	, 2011 (13 ),	50.	2.07.44	557	2.00.01		37 70	1
400m	, 2011 (10 ),	120.	5:40.49	313	5:43.73		102%	•
100m		28.	1:17.61	353	1:17.03		99%	
	, 2010 (14 ),							2
100m	, ( ),			-	59.64		_	
400m		29.	4:41.14	430	4:51.18		107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13 ),							2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m			1:20.27	468	1:19.49	26.04.2024	98%	
200m	0040 (44	23.	2:38.03	458	2:39.45	25.04.2024	102%	_
	, 2010 (14 ),		=	0.1=				2
400m		145.	5:11.00	317	5:02.94		95%	
100m 200m		27. 120.	1:11.21 2:41.59	312 312	1:11.66 2:42.38		101% 101%	
200111	, 2012 (12 ),	120.	2.41.00	312	2.42.00		10170	_
400m	, 2012 (12 ),	114.	5:01.82	347	5:00.14	25.04.2024	99%	-
100m		114.	0.01.02	-	1:20.97	26.04.2024	-	
	, 2010 (14 ),							2
100m	,			-	1:04.73	28.03.2024	-	_
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m		103.	2:38.60	330	2:45.39	16.06.2023	109%	
	, 2011 (13     ),							2
400m	•	46.	5:09.47	417	5:05.80		98%	
100m		9.	1:10.14	479	1:11.00		102%	
200m	2040 (44	19.	2:36.77	469	2:39.70		104%	_
400	, 2010 (14 ),				·-	00.04.000.		2
100m		40	4,00 47	-	55.65	26.04.2024	1019/	
400m 200m		10. 9.	4:28.47 2:19.89	494 481	4:30.00 2:30.78	25.04.2024 22.11.2023	101% 116%	
		<b>J</b> .	£. 13.03	<del>-1</del> 01	2.00.70	LL. 1 1. LULU	110/0	

400m	, 2010 (14 ),	132.	F.OF 0F	224	E-04 70		000/	1
100m		132.	5:05.85	334	5:04.79 1:14.56		99%	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14 ),							1
100m				-	1:04.13		-	
400m 200m		121. 124.	5:03.26 <b>2:41.80</b>	342 311	4:53.89 2:42.26		94% 101%	
200111	, 2011 (13 ),	124.	2.41.00	311	2.42.20		10176	1
400m	, 2011 (10 ),	134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		26.	1:10.87	317	1:11.34	26.04.2024	101%	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	,  2013 (11      ),							2
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m 200m		147.	3:16.00	240	1:38.18 3:46.50	26.04.2024 06.12.2023	134%	
200111	, 2011 (13 ),	147.	3.10.00	240	3.40.30	00.12.2023	13470	2
100m	, 2011 (10 ),			_	1:06.34		_	_
400m		117.	5:02.29	346	5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13 ),							2
100m		400	F-00 07	-	1:06.69	07.12.2023	4000/	
400m 200m		136. 129.	5:06.37 2:42.90	332 304	5:15.49 2:50.21	27.03.2024 24.04.2024	106% 109%	
200111	, 2010 (14    ),	129.	2.42.30	304	2.50.21	24.04.2024	10376	2
400m	, 2010 (11 ),	23.	4:38.83	441	4:40.20	25.04.2024	101%	_
100m		2.	1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13    ),							1
100m				-	1:00.12		-	
400m	0044 (40	25.	4:39.41	438	4:43.97		103%	_
400	, 2011 (13 ),	450	E-4E 04	202	F.17.00	OF 04 2024	4040/	3
400m 100m		150. 35.	5:15.84 1:14.67	303 271	5:17.90 1:15.34	25.04.2024 26.04.2024	101% 102%	
200m		142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14     ),							1
400m	, , , , , , , , , , , , , , , , , , , ,	83.	4:54.17	375	5:11.10	23.11.2023	112%	
100m		23.	1:13.32	276	1:10.36		92%	
200m	0040 (44	80.	2:34.81	355	NT		-	
400	, 2010 (14 ),				50.00	00.04.0004		-
100m 400m		49.	4:46.80	405	59.62 4:37.90	26.04.2024 25.04.2024	94%	
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12 ),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m		24.	1:21.23	294	1:20.12		97%	
200m	2044 (42	109.	2:53.67	345	2:54.00		100%	4
100m	, 2011 (13 ),				1:00.03			1
400m		33.	4:41.84	427	4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
	, 2011 (13 ),							1
100m				-	59.14		-	
400m		8.	4:52.02	496 555	4:49.86		99%	
200m	, 2012 (12 ),	3.	2:28.25	555	2:29.93		102%	3
400m	, 2012 (12 ),	118.	5:39.24	316	5:47.72	24.04.2024	105%	3
100m		37.	1:20.36	318	1:21.52	26.04.2024	103%	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	
	, 2011 (13 ),							2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m 200m		1. 5.	1:05.39 <b>2:29.68</b>	591 539	1:05.31 2:31.57	26.04.2024 25.04.2024	100% 103%	
	, 2011 (13 ),	٥.		000	01.01	20.0 1.2027	100/0	1
400m	, 2011 (10 ),	110.	5:00.43	352	5:00.56		100%	•
100m		19.	1:11.61	297	1:10.64		97%	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14    ),							2
400m		106.	4:59.83	354 310	5:03.85		103%	
100m 200m		28. 92.	1:11.41 <b>2:36.85</b>	310 341	1:09.98 2:39.94		96% 104%	
200111	, 2010 (14 ),	JZ.	2.00.00	O-1	2.00.04		10-7/0	2
100m	, , , , , , , , , , , , , , , , , ,			-	58.78		-	_
400m		13.	4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	

	, 2011 (13 ),							2
400m 100m		79.	5:20.72	375 -	5:29.96 1:27.32	27.03.2024 26.04.2024	106%	
200m		72.	2:47.57	384	2:52.36	25.04.2024	106%	
	, 2011 (13    ),							-
400m		141.	5:08.43	325	5:06.86		99%	
100m 200m		98.	2:37.73	335	1:20.91 2:37.55		100%	
200	, 2011 (13    ),	00.	2.00	333	2.07.00		10070	-
400m	, , , , ,	112.	5:01.05	350	4:46.21		90%	
100m	2011 (12	23.	1:09.11	342	1:08.42		98%	2
100m	, 2011 (13 ),			_	1:05.35	26.04.2024	_	2
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
400	, 2010 (14 ),	00	4 40 50	400	4 40 00		4000/	1
400m 100m		28.	4:40.52	433	4:43.30 1:13.19		102%	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13 ),							2
400m 100m		124.	5:44.02	303	5:55.78 1:24.03		107%	
200m		87.	2:50.38	365	2:57.06		108%	
	, 2012 (12 ),							2
400m		38.	5:05.99	431	5:00.22		96%	
100m 200m		15. 37.	1:13.80 2:40.97	411 433	1:13.94 2:41.99		100% 101%	
200111	, 2013 (11 ),	57.	2.40.31	400	2.41.33		10170	2
400m	, ==== (, , ,,	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m		36.	1:20.33	319	1:17.86	26.04.2024	94%	
200m	, 2011 (13 ),	116.	2:55.40	335	2:59.30		104%	2
400m	, 2011 (13 ),	4.	4:40.74	559	4:37.71		98%	
100m		1.	1:03.78	608	1:04.81		103%	
200m		2.	2:27.56	563	2:27.89		100%	
	, 2010 (14 ),							1
100m 400m		159.	5:30.87	263	1:08.86 5:34.76	26.04.2024 25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96	20.04.2024	79%	
	, 2010 (14 ),							2
400m		72.	4:52.50	382	4:52.68		100%	
100m 200m		52.	2:30.33	387	1:18.06 2:31.09		101%	
	, 2010 (14    ),							1
100m	, ( ),			-	59.59		-	
200m	0044 (40	50.	2:30.23	388	2:32.95		104%	
100	, 2011 (13 ),				EO 17	26.04.2024		-
100m 400m		5.	4:44.57	536	59.17 4:38.23	26.04.2024 24.04.2024	96%	
200m		8.	2:33.20	503	2:31.66	25.04.2024	98%	
	, 2011 (13 ),							3
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m 200m		1.	1:12.09 2:22.53	647 624	1:12.77 2:24.20	23.11.2023 25.04.2024	102% 102%	
	, 2012 (12 ),							1
100m				-	1:18.15	26.10.2023	-	
400m 200m		95. 118.	5:27.11 <b>2:55.96</b>	353 332	5:20.73 2:56.24	24.04.2024 25.04.2024	96% 100%	
200111	, 2011 (13 ),	110.	2.33.90	332	2.30.24	23.04.2024	10076	_
100m	, =0(.0 ),			-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	2010 (14	9.	2:33.61	499	2:33.58	25.04.2024	100%	2
400m	, 2010 (14 ),	158.	5:30.09	265	5:30.90	25.04.2024	100%	2
100m		34.	1:13.90	279	1:13.92	26.04.2024	100%	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14 ),							2
400m 100m		85. 3.	4:54.88 <b>1:04.65</b>	372 403	4:48.30 1:05.77		96% 103%	
200m		3. 39.	2:28.77	403	2:30.91		103%	
	, 2011 (13 ),							2
100m				-	1:03.15		-	
400m		19. 15	4:58.75 2:34.95	464 486	5:01.84		102% 103%	
200m		15.	2:34.95	486	2:36.98		103%	

	, 2011 (13 ),							3
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m 200m		7. 13.	1:09.66 2:34.85	489 487	1:11.76 2:37.06	26.04.2024 25.04.2024	106% 103%	
200111	, 2011 (13 ),	10.	2.54.65	407	2.37.00	23.04.2024	10376	2
400m	, 2011 (10 ),	59.	4:49.29	394	4:55.83		105%	_
100m		9.	1:06.99	362	1:06.88		100%	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14 ),							-
100m		00	4 44 74	-	1:00.40		-	
400m 200m		32. 106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
	, 2012 (12 ),						21,75	2
400m	, == ( = /,	130.	5:48.45	292	5:49.10	24.04.2024	100%	_
100m				-	1:31.39	28.03.2024	-	
200m	2044 (42	117.	2:55.50	334	3:00.67	25.04.2024	106%	
400	, 2011 (13 ),				4.40.07			-
100m 400m		163.	5:43.56	235	1:10.37 5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13 ),							1
400m		35.	5:05.10	435	5:02.99		99%	
100m		70	1:23.67	414	1:22.25		97%	
200m	, 2012 (12 ),	70.	2:46.69	390	2:47.42		101%	1
100m	, 2012 (12 ),			_	1:11.00		_	'
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
	, 2012 (12 ),							1
400m		133. 20.	<b>5:50.71</b> 1:18.13	286 331	6:01.10 1:15.81	24.04.2024 26.04.2024	106% 94%	
100m 200m		122.	2:57.87	321	2:57.50	25.04.2024	100%	
200	, 2010 (14 ),		2.01.01	02.	2.01.00	20.0202 .	.0070	-
400m		68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m				-	1:18.29	06.10.2023	-	
200m	2044 (42	62.	2:31.24	380	2:29.25	24.04.2024	97%	
100m	, 2011 (13 ),	38.	1:19.18	227	1:16.04		92%	-
200m		153.	3:00.95	222	2:48.79		92 % 87%	
200	, 2010 (14 ),		0.00.00		2		0.70	-
100m				-	1:01.60		-	
400m		119.	5:02.76	344	5:02.70		100%	
200m	, 2012 (12 ),	100.	2:38.04	333	2:35.00		96%	2
100m	, 2012 (12 ),			_	1:15.24		_	2
400m		131.	5:49.82	289	6:01.03		107%	
200m		140.	3:07.59	274	3:11.37		104%	
	, 2011 (13    ),							2
400m		33.	5:04.98	436	5:03.60		99%	
100m 200m		4. 43.	1:09.20 2:41.78	499 427	1:10.20 2:42.00		103% 100%	
200	, 2011 (13 ),				22.00		.0070	1
400m	, 2011 (10 ),	36.	5:05.26	435	5:03.43	24.04.2024	99%	•
100m		11.	1:11.10	460	1:10.18	26.04.2024	97%	
200m	0040 (44	26.	2:38.81	451	2:42.57	25.04.2024	105%	
400m	, 2010 (14 ),	15.	4:32.87	470	4:31.67		99%	-
100m		7.	1:03.15	448	1:02.45		98%	
	, 2011 (13 ),	• • •			1.02.1.0		3373	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.64		-	
400m		30.	4:41.18	430	4:38.57		98%	
200m	2040 (44	54.	2:30.36	387	2:32.82		103%	0
100m	, 2010 (14 ),			-	1.00 66		_	2
400m		56.	4:47.79	401	1:00.66 5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13 ),							-
400m		48.	4:46.42	406	4:45.95	25.04.2024	100%	
100m 200m		42.	2:29.06	397	1:13.57	26.04.2024	98%	
200m	, 2010 (14 ),	42.	2.23.00	391	2:27.33	24.04.2024	90%	_
	, <del>-</del> /,							
400m		44.	4:44.83	413	4:40.19	25.04.2024	97%	
400m 100m 200m		44. 24. 30.	4:44.83 1:09.38 2:27.05	413 338 414	4:40.19 1:07.31 2:25.73	25.04.2024 26.04.2024 24.04.2024	97% 94% 98%	

	, 2011 (13 ),							2
100m	, 2011 (13 ),			-	1:06.33		_	_
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
	, 2011 (13    ),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m		6.	1:09.45	493	1:08.96		99%	
200m		25.	2:38.14	457	2:34.65		96%	_
	, 2010 (14 ),							2
400m		115.	5:01.95	347	5:05.04		102%	
100m 200m		49.	2:30.09	389	1:16.06 2:32.15		103%	
200111	, 2010 (14 ),	10.	2.00.00	000	2.02.10		10070	1
400m	, 2010 (14 ),	26.	4:39.54	437	4:36.97	25.04.2024	98%	'
100m		20.	1:07.81	362	1:06.71	26.04.2024	97%	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12 ),							2
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m		40=		-	1:35.68	26.04.2024	-	
200m	0040 (44	127.	2:59.75	311	3:02.58	25.04.2024	103%	_
	, 2010 (14 ),							2
400m 100m		77. 6.	4:53.13 1:05.95	379 380	4:56.26 1:06.63		102% 102%	
200m		67.	2:32.53	371	2:31.67		99%	
200111	, 2012 (12 ),	01.	2.02.00	011	2.01.07		0070	3
400m	, 2012 (12 ),	117.	5:38.28	319	5:55.38		110%	Ū
100m		38.	1:20.50	317	1:26.26		115%	
200m		134.	3:02.49	297	3:06.71		105%	
	, 2012 (12 ),							2
100m					1:15.15			
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m	, 2010 (14 ),	136.	3:03.53	292	3:09.62	25.04.2024	107%	2
400m	, 2010 (14 ),	22.	4:38.72	441	4:46.63		106%	2
100m		8.	1:06.42	372	1:06.13		99%	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12 ),							1
400m	, - (	142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m				-	1:34.62	28.03.2024	-	
200m		138.	3:05.03	285	3:04.05	25.04.2024	99%	
	, 2010 (14 ),							3
400m		93.	4:56.44	367	5:05.89		106%	
100m 200m		15. 73.	1:09.66 2:33.76	322 362	1:11.00 2:42.86		104% 112%	
200111	, 2010 (14 ),	75.	2.33.70	302	2.42.00		112/0	1
400m	, 2010 (14 ),	90.	4:55.48	370	4:55.23	25.04.2024	100%	,
100m		21.	1:08.58	349	1:09.85	26.04.2024	104%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11 ),							3
400m		143.	6:08.41	247	6:15.63		104%	
100m		28.	1:25.38	253	1:27.90		106%	
200m	, 2010 (14 ),	125.	2:58.09	320	3:02.71		105%	4
100m	, 2010 (14 ),			_	1:07.36	26.04.2024	-	1
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								28
	, 2011 (13 ),							2
400m	, ,	11.	4:30.41	483	4:32.58		102%	
100m		8.	1:03.23	446	1:02.61		98%	
200m	0040 (44	34.	2:28.18	404	2:30.35		103%	
400	, 2010 (14 ),	7.1	4.50.40	000	4 40 00		200/	-
400m 100m		71.	4:52.10	383	4:46.20 1:17.05		96%	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13 ),	J		3.0	0.00		3. 70	_
400m	, 2311 (10 ),	17.	4:58.03	467	4:55.18		98%	
100m		22.	1:15.66	381	1:14.68		97%	
200m		45.	2:42.42	422	2:40.38		98%	
	, 2011 (13    ),							-
400m		25.	5:02.37	447	4:56.03		96%	
100m		31. 92.	1:18.36 2:51.03	343 361	1:14.95		91% 96%	
200m		92.	2.01.03	361	2:47.54		96%	

	, 2012 (12 ),						2
400m		6.	4:48.04	517	4:52.60	103%	
100m 200m		2. 20.	<b>1:05.87</b> 2:37.44	578 463	1:08.29 2:35.61	107% 98%	
200111	, 2010 (14 ),	20.	2.57.44	403	2.55.01	3070	_
400m	, ==:= (:: ),	149.	5:15.19	305	5:07.65	95%	
100m				-	1:18.39	-	
200m		107.	2:39.51	324	2:37.36	97%	
	, 2011 (13 ),						-
400m		51.	5:11.10	410	5:03.43	95%	
100m 200m		48.	1:23.36 2:43.18	418 416	1:22.64 2:40.55	98% 97%	
200111	, 2012 (12 ),	10.	2.10.10	110	2.10.00	0170	1
400m	, 2012 (12 ),	113.	5:01.32	349	5:03.99	102%	•
100m		22.	1:12.65	284	1:12.38	99%	
200m	2010(10	119.	2:41.52	312	2:41.04	99%	
100	, 2012 (12 ),				4.04.00		-
100m 400m		135.	5:06.31	332	1:04.60 5:06.16	- 100%	
200m		137.	2:44.31	297	2:40.08	95%	
	, 2011 (13 ),						1
100m	, - ( - //			-	1:04.92	-	
400m		45.	5:08.76	420	5:09.05	100%	
200m	0044 (40	74.	2:47.76	383	2:46.15	98%	_
400	, 2011 (13 ),				4.00.00	-	2
100m 400m		37.	5:05.59	433	1:06.09 5:07.54	- 101%	
200m		50.	2:43.35	415	2:47.50	105%	
	, 2010 (14 ),						2
100m	, (			-	58.40	-	
400m		81.	4:53.49	378	5:02.97	107%	
200m	2011 (12	76.	2:34.04	360	2:35.53	102%	2
400m	, 2011 (13 ),	81.	5:21.18	373	5:21.64	100%	3
100m		21.	1:15.36	386	1:16.52	103%	
200m		110.	2:53.74	345	2:53.92	100%	
	, 2010 (14 ),						-
100m				-	1:04.14	-	
400m		140.	5:07.62	328	5:03.00	97%	
200m	2010 (14	134.	2:44.04	298	2:42.92	99%	4
400m	, 2010 (14 ),	47.	4:46.08	408	4:47.50	101%	1
100m		5.	1:05.93	380	1:05.50	99%	
200m		71.	2:33.09	367	2:30.70	97%	
	, 2011 (13 ),						-
400m		34.	5:05.09	435	5:00.47	97%	
100m 200m		27. 64.	1:16.64 2:45.78	367 397	1:15.07 2:43.92	96% 98%	
200111	, 2010 (14 ),	04.	2.40.70	557	2.40.02	3070	_
100m	, 2010 (11 ),			_	1:05.23	-	
400m		108.	5:00.14	353	4:49.66	93%	
200m		150.	2:49.32	271	2:40.00	89%	_
	, 2011 (13 ),						2
100m 400m		31.	5:04.59	- 437	1:05.75 5:05.60	- 101%	
200m		77.	2:47.91	382	2:53.11	106%	
	, 2010 (14 ),						-
100m	, ( ),			-	58.71	-	
400m		16.	4:34.10	464	4:33.04	99%	
200m	2040 (44	20.	2:23.82	442	2:21.32	97%	
400m	, 2010 (14 ),	122.	5:03.53	341	1:55 O7	95%	-
100m		122.	5.05.55	-	4:55.07 1:20.35	90%	
200m		133.	2:43.60	300	2:42.82	99%	
	- , 2012 (12	),					1
400m	•	27.	5:03.89	440	5:10.25	104%	
100m		17.	1:14.42	401	1:14.03	99%	
200m	0040 (4.4	33.	2:40.33	439	2:40.09	100%	
400m	, 2010 (14 ),	111	5:00 00	250	1.50 DE	000/	-
400m 100m		111.	5:00.98	350	4:58.35 1:24.37	98%	
200m		128.	2:42.83	305	2:38.43	95%	
	, 2010 (14    ),						2
400m		53.	4:47.42	402	4:48.68	101%	
100m		7.	1:06.29	374	1:05.20	97%	
200m		26.	2:26.59	418	2:29.33	104%	

							_
400	, 2011 (13 ),	00	F-24 20	272	F.44 40	040/	2
400m 100m		82. 9.	5:21.20 <b>1:11.77</b>	373 427	5:11.48 1:12.72	94% 103%	
200m		20.	2:37.44	463	2:39.93	103%	
	, 2010 (14 ),						1
100m					56.14	-	
400m 200m		20. 17.	<b>4:37.84</b> 2:22.78	445 452	4:40.00 2:22.20	102% 99%	
200111	, 2010 (14 ),	17.	2.22.10	402	2.22.20	3370	3
400m	, 2010 (11 ),	5.	4:24.28	518	4:27.15	102%	Ŭ
100m		1.	59.87	526	1:01.00	104%	
200m	2044 (42	5.	2:17.26	509	2:18.68	102%	_
100m	, 2011 (13 ),				1:01 60	-	2
400m		86.	4:54.90	372	1:01.69 5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13 ),						1
400m		29.	5:04.54	438	5:00.70	97%	
100m 200m		4. 36.	<b>1:10.02</b> 2:40.75	459 435	1:10.86 2:38.82	102% 98%	
							34
	, 2011 (13 ),						1
400m		42.	5:08.18	422	5:12.96	103%	
100m 200m		12. 18.	1:13.71 2:36.66	394 470	1:11.54 2:35.00	94% 98%	
200111	, 2010 (14 ),	10.	2.50.00	470	2.00.00	3070	2
100m	, 2010 (11 ),			_	59.85	-	_
400m		74.	4:52.74	381	4:54.15	101%	
200m	0040 (40	82.	2:35.08	353	2:39.00	105%	
400m	, 2012 (12 ),	114.	5:35.58	327	5:39.26	102%	1
100m		34.	1:19.72	326	1:19.35	99%	
200m		121.	2:57.28	324	2:56.07	99%	
	, 2011 (13 ),						1
400m 100m		103. 18.	4:59.02 1:11.10	357 303	4:56.00 1:09.00	98% 94%	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13 ),						-
100m				-	1:37.00	-	
	, 2011 (13 ),						-
100m		4.47	0.07.44	-	1:18.00	-	
400m 200m		147. 143.	6:27.11 3:14.08	213 247	6:20.00 3:12.00	96% 98%	
	, 2012 (12 ),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m	, 2010 (14 ),	145.	3:14.79	244	3:10.65	96%	1
400m	, 2010 (14 ),	125.	5:03.94	340	4:57.49	96%	'
100m				-	1:14.00	-	
200m		45.	2:29.45	394	2:31.00	102%	
400	, 2010 (14 ),	101	E. 40.02	225	F.F0.00	1000/	1
400m 100m		164.	5:48.93	225	5:59.00 1:19.00	106%	
	, 2011 (13 ),						2
400m	, , ,	104.	4:59.22	356	5:01.37	101%	
100m		88.	2.26.40	-	1:20.70	1029/	
200m	, 2010 (14 ),	00.	2:36.48	343	2:38.89	103%	1
100m	, 2010 (14 ),			-	1:03.70	-	
400m		124.	5:03.90	340	5:05.00	101%	
200m	0040 (40	145.	2:47.42	280	2:45.00	97%	
400m	, 2012 (12 ),	123.	5:43.84	304	5:50.00	104%	1
400m		123.	5.45.64	304	1:27.00	104%	
200m		124.	2:58.07	320	2:55.00	97%	
	, 2011 (13 ),						1
400m		157. 20	5:28.67	269	5:14.00	91%	
100m 200m		20. 140.	1:12.30 <b>2:44.86</b>	288 294	1:11.00 2:45.18	96% 100%	
	, 2013 (11 ),	. 10.		_0 .	2	10070	1
400m		141.	6:01.09	262	6:01.11	100%	
100m		30.	1:34.81	185	1:31.64	93%	
200m		146.	3:15.98	240	3:12.02	96%	

	, 2010 (14 ),					•
100m					55.90	<del>-</del>
400m		7.	4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
	, 2010 (14    ),					•
400m	, , , , , , , , , , , , , , , , , , , ,	98.	4:58.53	359	4:56.47	99%
100m		19.	1:07.50	367	1:07.50	100%
200m		38.	2:28.69	400	2:31.87	104%
200111	2011 (12	30.	2.20.03	400	2.51.07	10470
400	, 2011 (13 ),		0.40.44	400		9997
400m		149.	6:42.44	189	6:35.00	96%
100m		43.	1:28.27	240	1:28.00	99%
200m		142.	3:12.58	253	3:10.00	97%
	, 2013 (11    ),					
100m				-	1:12.50	-
400m		161.	5:40.86	241	5:34.00	96%
200m		156.	3:08.02	198	3:03.00	95%
	, 2012 (12 ),					
400m	, 2012 (12 ),	162.	5:42.11	238	5:41.00	99%
100m		102.	5.42.11	-	1:27.00	9970
200m		154.	3:01.61	219	3:01.00	99%
200111	0040 (44	134.	3.01.01	219	3.01.00	
	, 2010 (14 ),					2
100m				-	1:04.76	-
400m		142.	5:09.66	322	5:10.89	101%
200m		101.	2:38.47	331	2:39.21	101%
	, 2011 (13     ),					(
400m	, , , , , , , , , , , , , , , , , , , ,	93.	5:26.72	354	5:34.09	105%
100m		13.	1:12.56	432	1:13.52	103%
200m		107.	2:53.12	348	2:59.24	107%
	, 2011 (13 ),					2
400	, 2011 (13 ),				4 00 00	
100m		00	F-00 00	-	1:02.02	-
400m		88.	5:23.00	367	5:40.00	111%
200m		56.	2:45.17	401	2:48.00	103%
	, 2011 (13 ),					•
400m		127.	5:45.02	301	5:38.96	97%
100m		39.	1:20.70	314	1:18.87	96%
200m		126.	2:59.05	315	3:06.22	108%
	, 2012 (12 ),					2
400m	, == ( := ),	139.	5:07.02	330	5:09.00	101%
100m		36.	1:14.70	270	1:15.85	103%
200m		148.	2:48.08	277	2:46.85	99%
200111	2011 (12	140.	2.40.00	211	2.40.00	
	, 2011 (13 ),					2
400m		115.	5:35.94	326	5:38.76	102%
100m				-	1:24.51	<del>-</del>
200m		89.	2:50.72	363	2:55.31	105%
	, 2012 (12 ),					•
400m		116.	5:36.39	325	5:30.00	96%
100m				-	1:26.50	-
200m		99.	2:52.06	355	2:55.00	103%
	, 2011 (13 ),					
100m	, ==::(:= /,			-	1:04.70	<del>-</del>
400m		148.	5:13.61	310	5:12.00	99%
100111	2010 (14	110.	0.10.01	010	0.12.00	
	, 2010 (14 ),		=			2
400m		45.	4:45.43	411	4:47.00	101%
100m		17.	1:06.56	382	1:08.00	104%
200m		41.	2:28.99	398	2:28.00	99%
	, 2011 (13 ),					•
400m		152.	5:22.32	285	5:16.00	96%
100m		25.	1:21.40	202	1:20.50	98%
200m		143.	2:46.56	285	2:50.00	104%
	, 2011 (13 ),					•
400	, 2011 (10 ),	4.40	C-2E 7C	100	C.40 E0	
400m		148.	6:35.76	199	6:40.58 1:33.00	102%
100m		144.	2:14 70	- 044		- OE9/
200m	2044 (42	144.	3:14.78	244	3:10.00	95%
	, 2011 (13 ),					2
100m				-	1:04.01	-
400m		67.	4:51.62	385	4:52.34	100%
200m		105.	2:38.77	329	2:39.78	101%