, 29. - 31.5.2024

1 , 400m 2011

9.05.2024 - 9:55												
: 4:23.00 /			: 4:39.50 / 1			: 5:00.50 / 2		: 5:40.00 / 3			: 6:28.50	
FINA 2023												
				/						FINA		
				11					4:36.01	588		
50m:	29.41	29.41		1:38.70	35.04	250m:	2:48.72	35.00		4:00.59	36.05	
100m:	1:03.66	34.25	200m:	2:13.72	35.02	300m:	3:24.54	35.82	400m:	4:36.01	35.42	
				11					4:38.68	571		
50m:	30.70	30.70	150m:	1:40.16	35.21	250m:	2:51.82	36.00		4:03.71	35.86	
	1:04.95	34.25		2:15.82	35.66		3:27.85	36.03		4:38.68	34.97	
				11					4:40.55	560	1	
50m:	30.93	30.93	150m·	11 1:40.97	35.71	250m·	2:53.38	36.17		4:05.54	36.09	
	1:05.26	34.33		2:17.21	36.24	300m:		36.07		4:40.55	35.01	
50	04.07	04.07	450	11	00.00	050	0.54.00	00.00	4:40.74		1	
50m:	31.37 1:06.86	31.37 35.49		1:43.08 2:18.59	36.22 35.51		2:54.82 3:30.95	36.23 36.13		4:06.10 4:40.74	35.15 34.64	
100111.	1.00.00	33.43	200111.		33.31	300111.	3.30.33	30.13			34.04	
				11					4:44.57		1	
50m:	30.94	30.94		1:41.15	35.72		2:54.04	36.56		4:08.13	37.02	
100m:	1:05.43	34.49	200m:	2:17.48	36.33	300m:	3:31.11	37.07	400m:	4:44.57	36.44	
				12					4:48.04	517	1	
50m:	32.21	32.21		1:44.84	36.53		2:58.91	36.97	350m:	4:12.44	36.64	
100m:	1:08.31	36.10	200m:	2:21.94	37.10	300m:	3:35.80	36.89	400m:	4:48.04	35.60	
				11					4:48.49	515	1	
50m:	32.00	32.00	150m:	1:45.10	37.18	250m:	2:58.95	36.79		4:13.09	36.71	
100m:	1:07.92	35.92		2:22.16	37.06	300m:	3:36.38	37.43		4:48.49	35.40	
				11					4:52.02	496	1	
50m:	31.96	31.96	150m·	1:43.89	36.90	250m·	2:59.71	38.02		490 4:15.65	1 37.85	
	1:06.99	35.03		2:21.69	37.80		3:37.80	38.09		4:52.02	36.37	
		00.00			000	000	0.07.100	00.00				
				11					4:52.11		1	
50m:	32.49 1:07.94	32.49 35.45		1:44.64 2:21.99	36.70 37.35		2:59.38 3:36.91	37.39 37.53		4:15.17 4:52.11	38.26 36.94	
TOOM.	1.07.94	35.45	200m.	2.21.99	37.33	300111.	3.36.91	37.33	400m.	4.52.11	36.94	
				11					4:52.72		1	
50m:	33.75	33.75		1:47.27	36.96	250m:		37.55		4:16.37	37.24	
100m:	1:10.31	36.56	200m:	2:25.03	37.76	300m:	3:39.13	36.55	400m:	4:52.72	36.35	
				11					4:53.33	490	1	
50m:	32.77	32.77	150m:	1:46.17	37.35	250m:	3:00.61	37.14		4:15.33	37.66	
100m:	1:08.82	36.05	200m:	2:23.47	37.30	300m:	3:37.67	37.06	400m:	4:53.33	38.00	
				11					4:54.60	483	1	
50m:	32.65	32.65	150m:	1:45.78	37.15	250m:	3:00.97	37.72		4:17.27	38.05	
100m:	1:08.63	35.98	200m:	2:23.25	37.47	300m:	3:39.22	38.25		4:54.60	37.33	
				11					4:54.85	482	1	
50m:	33.35	33.35	150m·	1:46.94	37.40	250m:	3:03.12	38.15		4:18.64	37.32	
100m:		36.19		2:24.97	38.03	300m:		38.20		4:54.85	36.21	
F0	20.45	20.45	150	11 1:45.38	27.04	250	2.04.00	20.40	4:55.45		1	
50m:	32.15 1:08.14	32.15 35.99		1:45.38 2:23.41	37.24 38.03		3:01.90 3:40.31	38.49 38.41		4:18.65 4:55.45	38.34 36.80	
100111.	1.00.14	55.55	200III.		50.05	ooon.	UTU.U I	JU. 1 1				
		_		11		_		_	4:55.46		1	
50m:	32.83	32.83		1:46.34	37.21 38.10	250m:		38.04		4:18.67 4:55.46	37.97 36.70	
ioom:	1:09.13	36.30	200III:	2:24.44	38.10	SOUTH:	3:40.70	38.22	400111.	4:55.46	36.79	
				11					4:57.81		1	
50m:	33.90	33.90		1:49.64	38.29	250m:	3:06.35	38.18		4:22.59	38.17	
100m:	1:11.35	37.45	200m:	2:28.17	38.53	300m:	3:44.42	38.07	400m:	4:57.81	35.22	
				11					4:58.03	467	1	
50m:	33.37	33.37	150m:	1:48.25	38.26	250m:	3:04.83	38.55		4:21.46	38.15	
100m:	1:09.99	36.62		2:26.28	38.03	300m:		38.48	400m:		36.57	

1,	, 400m			, 20	 11					
	,		,						FINA	
				11					4:58.75 464	1
50m: 100m:	32.61 1:09.19	32.61 36.58	150m: 200m:	1:46.58 2:24.78	37.39 38.20	250m: 300m:	3:03.22 3:42.67	38.44 39.45	350m: 4:22.40 400m: 4:58.75	39.73 36.35
				11					4:58.98 463	1
50m: 100m:	32.80 1:10.16	32.80 37.36	150m: 200m:	1:47.27 2:25.28	37.11 38.01	250m: 300m:	3:03.71 3:42.91	38.43 39.20	350m: 4:22.14 400m: 4:58.98	39.23 36.84
				11					4:59.81 459	1
50m: 100m:	33.19 1:10.16	33.19 36.97	150m: 200m:	1:47.68 2:25.66	37.52 37.98	250m: 300m:	3:03.63 3:41.15	37.97 37.52	350m: 4:20.25 400m: 4:59.81	39.10 39.56
				11					5:00.79 454	2
50m: 100m:	32.69 1:08.58	32.69 35.89	150m: 200m:	1:46.26 2:24.17	37.68 37.91	250m: 300m:	3:03.11 3:42.82	38.94 39.71	350m: 4:22.06 400m: 5:00.79	39.24 38.73
				12					5:00.84 454	2
50m: 100m:	32.27 1:08.07	32.27 35.80	150m: 200m:	1:45.46 2:23.76	37.39 38.30	250m: 300m:	3:02.70 3:41.49	38.94 38.79	350m: 4:20.99 400m: 5:00.84	39.50 39.85
				11					5:01.70 450	2
50m: 100m:	34.15 1:11.42	34.15 37.27	150m: 200m:	1:49.32 2:27.85	37.90 38.53	250m: 300m:	3:05.91 3:43.98	38.06 38.07	350m: 4:22.42 400m: 5:01.70	38.44 39.28
				11					5:02.37 447	2
50m: 100m:	33.60 1:11.38	33.60 37.78	150m: 200m:	1:49.97 2:28.60	38.59 38.63	250m: 300m:	3:07.31 3:46.00	38.71 38.69	350m: 4:24.67 400m: 5:02.37	38.67 37.70
100111.	1.11.50	37.70	200111.	12	30.03	300111.	3.40.00	30.09	5:03.12 444	2
50m:	33.82	33.82	150m:	1:50.84	39.08	250m:	3:09.87	39.71	350m: 4:26.70	38.06
100m:	1:11.76	37.94	200m:	2:30.16	39.32	300m:	3:48.64	38.77	400m: 5:03.12	36.42
50m:	33.57	33.57	150m:	11 1:48.94	38.66	250m:	3:08.58	39.96	5:04.54 438 350m: 4:27.32	2 39.28
100m:	1:10.28	36.71	200m:	2:28.62	39.68	300m:	3:48.04	39.46	400m: 5:04.54	37.22
50m:	33.34	33.34	150m:	11 1:50.09	39.42	250m:	3:08.81	39.32	5:05.09 435 350m: 4:26.72	2 38.91
100m:	1:10.67	37.33	200m:	2:29.49	39.40	300m:	3:47.81	39.00	400m: 5:05.09	38.37
50	24.54	24.54	450	11	20.25	050	2.00.45	20.04	5:05.10 435	20.40
50m: 100m:	34.54 1:12.43	34.54 37.89	150m: 200m:	1:50.78 2:29.31	38.35 38.53	250m: 300m:	3:08.15 3:47.09	38.84 38.94	350m: 4:26.49 400m: 5:05.10	39.40 38.61
				12					5:05.99 431	2
50m: 100m:	33.27 1:11.35	33.27 38.08	150m: 200m:	1:50.64 2:29.98	39.29 39.34	250m: 300m:	3:09.10 3:48.61	39.12 39.51	350m: 4:27.82 400m: 5:05.99	39.21 38.17
				11					5:06.09 431	2
50m: 100m:	33.11 1:11.06	33.11 37.95	150m: 200m:	1:49.76 2:29.30	38.70 39.54	250m: 300m:	3:08.86 3:48.71	39.56 39.85	350m: 4:28.56 400m: 5:06.09	39.85 37.53
				11					5:08.38 421	2
50m:	35.57 1:13.77	35.57	150m: 200m:	1:52.38	38.61	250m: 300m:	3:11.34 3:51.04	39.18 39.70	350m: 4:30.78 400m: 5:08.38	39.74 37.60
100m:	1.13.11	38.20	ZUUIII.	2:32.16	39.78	JUUIII.	J.J1.U4	35.10	5:11.10 410	37.60
50m:	32.89	32.89	150m:	1:50.33	39.26	250m:	3:09.69	39.50	350m: 4:31.26	41.16
100m:	1:11.07	38.18	200m:	2:30.19	39.86	300m:	3:50.10	40.41	400m: 5:11.10	39.84