	-						
						%	PB
							-
							49
400	, 2011 (13),	40	4 50 70	400	4.50.40	1010/	3
400m 100m		10. 7.	4:52.72 1:10.91	493 442	4:53.48 1:11.32	101% 101%	
200m		12.	2:34.58	489	2:35.20	101%	
	, 2011 (13),						2
400m		127.	5:04.73	337	5:08.05	102%	
200m	0040 (44	139.	2:44.58	295	2:48.88	105%	_
400	, 2010 (14),	00	4 40 04	404	4 40 77	1000/	2
400m 100m		38.	4:43.04 1:11.52	421 461	4:46.77 1:10.23	103% 96%	
200m		18.	2:23.54	445	2:25.50	103%	
	, 2010 (14),						2
400m		143.	5:09.77	321	5:03.12	96%	
100m 200m		13. 91.	1:08.52 2:36.69	339 342	1:09.93 2:40.19	104% 105%	
200111	, 2010 (14),	91.	2.30.03	042	2.40.13	10070	2
100m	, 2010 (14),			-	57.36	_	
400m		43.	4:44.69	414	4:59.79	111%	
200m		24.	2:25.51	427	2:31.28	108%	
	, 2011 (13),						2
400m 100m		100. 18.	5:28.91 1:14.80	347 395	5:27.33 1:14.81	99% 100%	
200m		54.	2:44.38	407	2:46.39	102%	
	, 2010 (14),						3
400m	, , , , , , , , , , , , , , , , , , , ,	76.	4:53.06	379	4:56.97	103%	
100m			1:14.47	409	1:14.87	101%	
200m	, 2010 (14),	55.	2:30.38	387	2:34.33	105%	
400m	, 2010 (14),	55.	4:47.74	401	4:47.31	100%	
100m		11.	1:07.47	355	1:08.10	102%	
200m		66.	2:32.51	371	2:32.09	99%	
	, 2012 (12),						2
400m		132.	5:49.98	288	5:44.42	97%	
100m 200m		19. 88.	1:17.92 2:50.40	333 365	1:21.94 2:59.66	111% 111%	
200111	, 2010 (14),	00.	2.50.40	303	2.00.00	11170	2
100m	, == (, ,			-	58.01	_	-
400m		51.	4:47.15	403	4:50.47	102%	
200m	2011 (12	70.	2:32.86	368	2:34.12	102%	
100	, 2011 (13),				4.00.04		2
100m 400m		3.	4:40.55	560	1:02.34 4:42.01	- 101%	
200m		10.	2:33.78	497	2:38.03	106%	
	, 2011 (13),						3
400m	·	7.	4:48.49	515	4:51.80	102%	
100m		5.	1:10.10	458 549	1:11.90	105%	
200m	, 2011 (13),	4.	2:28.91	548	2:33.50	106%	2
400m	, 2011 (10),	80.	5:20.92	374	5:21.89	101%	-
100m		22.	1:19.31	316	1:19.46	100%	
200m		103.	2:52.47	352	2:51.06	98%	
	, 2010 (14),						1
100m 400m		123.	5:03.75	- 341	59.01 4:57.39	- 96%	
200m		35.	2:28.24	404	2:32.60	106%	
	, 2011 (13),						2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:09.62	-	
400m		78.	5:20.52	375	5:21.68	101%	
200m	0044 (40	84.	2:49.95	368	2:52.65	103%	,
400m	, 2011 (13),	46	4:45.51	410	4:40.60	1020/	3
400m 100m		46.	1:12.94	435	4:49.60 1:13.73	103% 102%	
200m		44.	2:29.38	395	2:32.11	104%	
	, 2011 (13),						1
400m		99.	5:28.41	349	5:24.80	98%	
100m 200m		18. 82.	1:25.08 2:49.57	393 371	1:27.21 2:47.65	105% 98%	
200111		02.	2. 10.07	57.1	2.17.00	3070	

According Acco							
Annon 31. 441.45 428 440.73 99% 100.05 10		2010 (11					
100m		, 2010 (14),					
200m							
400m							
## 400m	200m	2040 (44	8.	2:19.37	486	2:21.20	
100m		, 2010 (14),					
200m							
300m							
400m	200111	2010 (14	75.	2.34.02	300	2.34.41	
100m	400	, 2010 (14),	40	4.40.05	400	4.47.04	
15							
100m							
4 458.88 463 457.41 99% 100m 100m 10. 235.47 451.717 89% 100m 10. 235.47 451 235.78 100% 10. 235.78 10. 117.77 89% 100m 10. 235.78 451 235.78 100% 10. 235.78 10. 100% 100m 100m 100m 100m 100m 100m 100m	200111	2011 (13)	10.	2.22.71	100	2.20.11	
100m	400m	, 2011 (13),	20	4.E0 00	462	1.57 11	
200m							
100m							
100m		. 2011 (13).					
## 200m	100m	, == (),			-	1:07 49	
200m			54.	5:11.71			
400m 130. 5.05.78 334 5.11.54 104% 100m 200m 2011 (13), 68. 5.17.34 387 5.21.70 103% 30.00 30							
400m 130. 5.05.78 334 5.11.54 104% 100m 200m 2011 (13), 68. 5.17.34 387 5.21.70 103% 30.00 30		. 2010 (14).					2
100m 200m	400m	, == (),	130.	5:05.78	334	5:11.54	
, 2011 (13), 400m 100m 8. 119.88 484 109.93 100% 109% 200m 35. 244.43 488 109.93 100% 200m 35. 244.43 488 241.48 101% 200m 200m 35. 244.43 488 241.48 101% 200m 200m 35. 244.43 488 241.48 101% 200m 200m 50. 510.80 111.43 241.48 101% 200m 200m 85. 250.17 367 251.60 102% 200m 200m 24. 439.22 439 435.56 97% 200m 200m 24. 439.22 439 435.56 97% 200m 200m 24. 245.24 439 23.215 98% 200m 200m 200m 24. 245.24 245.24 245.24 212.48 100% 200m 200m 200m 200m 200m 200m 200m 2					-		-
400m	200m		94.	2:37.38	338	2:42.30	106%
400m		, 2011 (13),					3
200m	400m		68.	5:17.34	387	5:21.70	103%
100m	100m		8.		484	1:09.93	
100m	200m		35.	2:40.43	438	2:41.48	101%
100m							
100m							17
100m		, 2012 (12),					2
400m	100m	, - (-	1:11.43	-
100m			50.	5:10.60	412		104%
100m	200m		85.	2:50.17	367	2:51.60	102%
100m		, 2010 (14),					-
200m	100m				-	56.28	-
, 2012 (12), 400m 100m 200m 200m 2010 (14), 100m 200m 2010 (14), 100m 2011 (13), 100m 2011 (13), 100m 2010 (14), 100m 2011 (13), 2011 (14							
400m 100m 7. 1:20.62 462 120.48 100% 200m 41. 2:41.42 430 2:37.03 95% 100m 7. 1:20.62 462 120.48 100% 200m 7. 1:20.62 462 120.48 100% 200m 7. 1:20.62 462 120.48 100% 200m 7. 1:20.62 462 120.48 100% 2:37.03 95% 100m 7. 100m 7. 100m 7. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 10.1.10 1. 1. 11.10 1. 1. 1. 11.10 1. 1. 1. 11.10 1. 1. 1. 11.10 1. 1. 1. 11.10 1. 1. 1. 11.10 1. 1. 1. 11.10 1. 1. 1. 1. 11.10 1. 1. 1. 1. 11.10 1. 1. 1. 1. 11.10 1. 1. 1. 1. 11.10 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.	200m		37.	2:28.61	401	2:26.07	97%
400m		, 2012 (12),					-
200m							
. 2010 (14), 100m							
100m	200m		41.	2:41.42	430	2:37.03	95%
400m		, 2010 (14),					-
. 2010 (14), 400m 100m 200m 48. 2:30.05 390 2:27.07 96% . 2011 (13), . 400m 74. 5:19.44 379 5:20.36 101% 100m 200m 57. 2:45.29 400 2:46.21 101% 200m , 2010 (14), 400m 100m 2010 14), 400m 100m 2010 14), 400m 2010 14), 2010 (12), 2010 (12), 2010 14), 2010 14), 2010 15:09.90 415 5:21.42 108% 200m 200m 200m 200m 200m 200m 200m 200							
400m	400m	0040 (44	78.	4:53.28	379	4:50.45	98%
100m		, 2010 (14),					-
200m			62.	4:50.91			
A00m			40	2:20.05			
400m	200111	2011 (12	40.	2.30.05	390	2.27.07	
100m	400	, 2011 (13),	7.4	F 40 44	070	F 00 00	
57.							
, 2010 (14), 400m 400m 100m 22 1:08.81 346 1:07.68 97% 200m 51. 2:30.31 387 2:30.54 100% , 2012 (12), 100m 400m 47. 5:09.90 415 5:21.42 108% 200m 63. 2:45.70 397 2:47.40 102% 100m 400m 400m 400m 400m 400m 400m 400							
400m 100m 22. 1:08.81 346 1:07.68 97% 220m 51. 2:30.31 387 2:30.54 100% 22. 1:08.81 346 1:07.68 97% 200m 51. 2:30.31 387 2:30.54 100% 200m 7. 2012 (12), 7. 2012 (12), 7. 2012 (12), 7. 200m 63. 2:45.70 397 2:47.40 102% 200m 63. 2:45.70 397 2:47.40 102% 200m 63. 2:45.70 397 2:47.40 102% 200m 7. 2012 (12), 7. 2012 (12), 7. 2010 (14), 7. 2010 (14), 7. 2010 (14), 7. 2010 (14), 7. 2010 (14), 7. 2010 (14), 7. 2011 (13	200111	2010 (14	57.	2.40.20	400	2.40.21	
100m	400m	, 2010 (11),	66	A·51 27	386	4·40 NR	
51. 2:30.31 387 2:30.54 100% , 2012 (12), 100m 400m 47. 5:09.90 415 5:21.42 108% 63. 2:45.70 397 2:47.40 102% , 2012 (12), 100m , 2012 (12), 63. 2:45.70 397 2:47.40 102% 100m , 2012 (12), 1100m 62. 5:14.32 398 5:15.16 101% 200m , 2010 (14),							
2012 (12), 100m 47. 5:09.90 415 5:21.42 108% 200m 7, 2012 (12), 63. 2:45.70 397 2:47.40 102% 7, 2012 (12), 100m 7, 2012 (12), 100m 7, 2010 (14), 100m 7, 2010 (14), 100m 7, 2011 (13), 100m 7, 2011 (
100m		. 2012 (12).					
400m	100m	,			_	1:08.16	
200m			47.	5:09.90			
100m							
100m		. 2012 (12).					
400m 62. 5:14.32 398 5:15.16 101% 200m 93. 2:51.16 360 2:51.08 100%	100m	, , , , , , , , , , , , , , , , , , , ,			-	1:08.40	
, 2010 (14), 100m - 1:01.11 400m 97. 4:58.39 200m 72. 2:33.47 364 2:32.15 98% , 2011 (13), 2400m 21. 4:59.81 100m 18. 1:17.47 339 1:14.84 93% 200m , 2011 (13), - 400m , 2011 (13), 76. 5:20.16 377 5:15.00 97% 100m 8. 1:22.52 431 1:21.90			62.	5:14.32			101%
100m	200m		93.	2:51.16	360	2:51.08	100%
100m		, 2010 (14),					-
200m 72. 2:33.47 364 2:32.15 98% , 2011 (13), 2 400m 21. 4:59.81 459 5:00.52 100% 100m 18. 1:17.47 339 1:14.84 93% 200m 39. 2:41.06 433 2:41.53 101% , 2011 (13), 400m 76. 5:20.16 377 5:15.00 97% 100m 8. 1:22.52 431 1:21.90 99%	100m	•			-	1:01.11	-
, 2011 (13), 400m 100m 21. 4:59.81 459 5:00.52 100% 100m 18. 1:17.47 339 1:14.84 93% 200m 39. 2:41.06 433 2:41.53 101% , 2011 (13), 400m 76. 5:20.16 377 5:15.00 97% 100m 8. 1:22.52 431 1:21.90 99%							
400m 21. 4:59.81 459 5:00.52 100% 100m 18. 1:17.47 339 1:14.84 93% 200m 39. 2:41.06 433 2:41.53 101% - 400m 76. 5:20.16 377 5:15.00 97% 100m 8. 1:22.52 431 1:21.90 99%	200m		72.	2:33.47	364	2:32.15	
400m 21. 4:59.81 459 5:00.52 100% 100m 18. 1:17.47 339 1:14.84 93% 200m 39. 2:41.06 433 2:41.53 101% - 400m 76. 5:20.16 377 5:15.00 97% 100m 8. 1:22.52 431 1:21.90 99%		, 2011 (13),					
200m 39. 2:41.06 433 2:41.53 101%							
- 400m 76. 5:20.16 377 5:15.00 97% 100m 8. 1:22.52 431 1:21.90 99%							
400m 76. 5:20.16 377 5:15.00 97% 100m 8. 1:22.52 431 1:21.90 99%	200m	0044 (40	39.	2:41.06	433	2:41.53	101%
100m 8. 1:22.52 431 1:21.90 99%		, 2011 (13),					-
20011 31. 2:40.08 441 2:39.00 99%							
	∠uum		31.	2.40.08	441	2.39.00	99%

400	, 2010 (14),	00	4.50.04	000	4.54.04	000/	-
400m 100m		68. 16.	4:52.04 1:05.96	383 393	4:51.04 1:05.26	99% 98%	
200m		36.	2:28.34	403	2:28.00	100%	
200111	, 2010 (14),	00.	2.20.01	100	2.20.00	10070	2
400m	, , , , , , , , , , , , , , , , , , , ,	18.	4:35.80	455	4:36.00	100%	
100m		10.	1:07.33	357	1:07.50	101%	
200m		40.	2:28.96	398	2:28.50	99%	_
	, 2012 (12),						2
400m		97.	5:27.25	353	5:28.72	101%	
100m 200m		25. 101.	1:21.42 2:52.23	292 354	1:20.44 2:52.24	98% 100%	
200111	, 2011 (13),	101.	2.02.20	001	2.02.21	10070	1
400m	, 2011 (10),	63.	5:16.47	390	5:12.90	98%	
100m		12.	1:12.00	443	1:11.34	98%	
200m		51.	2:43.41	414	2:44.44	101%	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		17. 86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
200111	, 2010 (14),	80.	2.30.14	340	2.33.34	9070	_
400m	, 2010 (14),	75.	4:53.03	380	4:50.50	98%	_
100m		73.	4.00.00	-	1:16.20	-	
200m		46.	2:29.60	393	2:29.00	99%	
	, 2010 (14),						-
400m		14.	4:32.52	472	4:32.06	100%	
100m		2.	1:00.52	509	1:00.00	98%	
200m	2044 (42	7.	2:18.80	492	2:17.73	98%	2
400	, 2011 (13),	00	F.00 67	264	F:10.00	070/	2
400m 100m		89. 17.	5:23.67 1:16.44	364 353	5:19.00 1:16.50	97% 100%	
200m		81.	2:49.37	372	2:50.15	101%	
							48
	, 2011 (13),						-
100m				-	1:01.00	-	
400m		147.	5:12.93	312	5:12.00	99%	
200m	2042 (42	108.	2:39.54	324	2:38.50	99%	
100	, 2012 (12),				1.10.00	<u>-</u>	-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	95%	
200m		131.	3:01.35	303	2:52.00	90%	
	, 2010 (14),						1
100m				-	1:01.00	-	
400m		36.	4:42.02	426	4:43.00	101%	
200m	0040 (40	57.	2:30.56	386	2:30.00	99%	
400	, 2012 (12),				4:05.00		1
100m 400m		144.	5:10.95	318	1:05.00 5:03.00	- 95%	
200m		132.	2:43.49	301	2:45.00	102%	
	, 2012 (12),						1
400m		65.	5:17.11	388	5:06.00	93%	
100m		10.	1:12.83	408	1:12.90	100%	
200m	2011 (12	82.	2:49.57	371	2:46.00	96%	
100	, 2011 (13),				1:00.00		-
100m 400m		77.	5:20.22	376	1:09.00 5:17.90	- 99%	
200m		104.	2:52.67	351	2:49.60	96%	
	, 2012 (12),						-
400m	. , , , , , , , , , , , , , , , , , , ,	104.	5:31.09	340	5:17.90	92%	
100m		29.	1:27.91	232	1:21.99	87%	
200m	2040 (44	96.	2:51.56	358	2:49.60	98%	^
400m	, 2010 (14),	89.	4.EE 22	371	A-EC 20	101%	3
400m 100m		69.	4:55.23 1:13.28	429	4:56.38 1:13.64	101%	
200m		27.	2:26.65	417	2:27.94	102%	
	, 2011 (13),		-			- ·- -	1
100m	, (),			-	1:05.50	-	•
400m		41.	5:07.47	425	5:15.00	105%	
200m	0010 (11	76.	2:47.81	382	2:46.00	98%	
400	, 2010 (14),				50.05		-
100m 400m		131.	5·05 92	334	59.95 4:54.00	- 92%	
200m		131. 125.	5:05.83 2:41.98	33 4 310	2:36.00	92%	
- ****						2370	

	, 2010 (14),					-
400m	, , ,	146.	5:11.13	317	5:04.00	95%
100m			1:18.22	352	1:15.00	92%
200m	2011 (12	79.	2:34.76	355	2:33.00	98%
100	, 2011 (13),				1.05.00	-
100m 400m		43.	5:08.38	- 421	1:05.00 4:55.00	- 92%
200m		102.	2:52.35	353	2:47.00	94%
	, 2010 (14),					1
400m	, , ,	105.	4:59.61	355	4:58.00	99%
100m		0.4	0.04.04	-	1:18.00	-
200m	2042 (42	81.	2:34.91	354	2:38.35	104%
400	, 2012 (12),	100	F:20.20	242	F:26 00	1
400m 100m		103. 32.	5:30.30 1:19.01	343 335	5:26.00 1:18.50	97% 99%
200m		86.	2:50.18	367	2:54.00	105%
	, 2010 (14),					-
100m				-	1:00.00	-
400m		64.	4:51.10	387	4:44.22	95%
200m	2044 (42	78.	2:34.27	358	2:30.55	95%
400	, 2011 (13),	00	4.50.40	200	4.50.00	-
400m 100m		96. 17.	4:58.10 1:10.87	360 306	4:58.00 1:10.00	100% 98%
200m		127.	2:42.29	308	2:38.60	96%
	, 2012 (12),					1
400m	, , , , ,	140.	5:56.43	273	6:00.00	102%
100m		42.	1:23.83	280	1:22.00	96%
200m	0040 (44	148.	3:23.13	215	3:14.00	91%
400	, 2010 (14),					2
400m 100m		19. 4.	4:35.84 1:05.51	455 387	4:41.90 1:06.90	104% 104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					1
400m	, - (- ,,	72.	5:18.21	384	5:06.76	93%
100m		3.	1:17.53	520	1:16.54	97%
200m		17.	2:35.71	479	2:36.17	101%
	, 2011 (13),					-
400m		79.	4:53.46	378	4:53.00	100%
100m 200m		31. 138.	1:13.64 2:44.35	282 296	1:09.00 2:42.00	88% 97%
200111	, 2012 (12),	130.	2.44.00	230	2.42.00	1
400m	, 2012 (12),	126.	5:44.55	302	5:40.00	97%
100m		23.	1:28.22	353	1:25.00	93%
200m		119.	2:56.27	330	2:58.00	102%
	, 2012 (12),					2
400m		92.	5:25.53	358	5:31.00	103%
100m 200m		30. 97.	1:17.98 2:51.90	348 356	1:17.50 2:57.00	99% 106%
200111	, 2012 (12),	37.	2.51.50	330	2.37.00	3
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	109%
100m		29.	1:32.65	304	1:35.00	105%
200m		128.	3:00.38	308	3:03.74	104%
	, 2010 (14),					-
400m		133.	5:05.92	333	4:52.00	91%
100m 200m		24. 151.	1:15.84 2:53.07	250 254	1:10.00 2:45.00	85% 91%
200111	, 2012 (12),	131.	2.33.07	234	2.43.00	2
100m	, 2012 (12),			-	1:05.00	_
400m		18.	4:58.44	465	5:05.50	105%
200m		29.	2:39.91	442	2:40.14	100%
	, 2010 (14),					-
400m		156.	5:25.52	277	5:20.00	97%
100m		29.	1:12.22	299	1:09.00	91%
200m	2011 (12	146.	2:47.48	280	2:41.00	92%
400m	, 2011 (13),	86.	5.21.67	371	5:14 45	1 96%
400m 100m		86. 14.	5:21.67 1:23.86	371 411	5:14.45 1:23.21	96% 98%
200m		46.	2:43.02	417	2:43.34	100%
	, 2011 (13),					-
400m		135.	5:52.65	282	5:25.00	85%
100m		21.	1:27.47	362	1:23.00	90%
200m	0044 (40	114.	2:54.33	341	2:50.00	95%
400	, 2011 (13),	100	F. 40.00		F-00-00	2
400m		128. 26	5:46.63	297	5:30.00	91% 101%
100m 200m		26. 106.	1:16.59 2:52.99	368 349	1:17.00 2:53.00	101% 100%
				0		. 30,0

400	, 2010 (14),				50.70	
100m 400m		92.	4:56.39	367	58.79 4:50.00	96%
200m		85.	2:35.94	347	2:35.29	99%
	, 2011 (13),					3
400m		55.	5:11.97	407	5:19.78	105%
100m		8.	1:11.21	437 457	1:11.45	101%
200m	, 2012 (12),	24.	2:38.13	457	2:41.12	104%
400m	, 2012 (12),	58.	5:13.29	402	5:10.00	98%
100m		29.	1:17.76	351	1:16.00	96%
200m		108.	2:53.32	347	2:50.00	96%
	, 2013 (11),					2
400m 100m		145. 22.	6:18.95	227 359	6:02.00	91% 103%
200m		139.	1:27.71 3:07.24	275	1:29.00 3:10.00	103%
200111	, 2010 (14),	100.	0.07.12-7	2.0	0.10.00	
400m	, (),	118.	5:02.37	345	4:56.00	96%
100m		25.	1:10.17	326	1:08.00	94%
200m	0044 (40	130.	2:42.95	304	2:42.00	99%
400	, 2011 (13),					1
400m 100m		22. 6.	5:00.79 1:10.28	454 454	4:55.76 1:10.23	97% 100%
200m		11.	2:33.98	495	2:35.69	102%
	, 2013 (11),					3
400m		101.	5:29.00	347	5:30.00	101%
100m		15.	1:15.27	370	1:17.00	105%
200m	2012 (12	94.	2:51.18	360	2:53.00	102%
400m	, 2012 (12),	94.	4:56.78	365	5:00.00	1 102%
100m		34.	1:12.07	451	1:10.50	96%
200m		61.	2:31.15	381	2:26.50	94%
	, 2011 (13),					1
100m				-	1:08.00	-
400m 200m		70. 75.	5:18.02 2:47.79	384 383	5:24.00 2:47.00	104% 99%
200111	, 2013 (11),	73.	2.47.79	303	2.47.00	3976
400m	, 2010 (11),	122.	5:42.96	306	5:43.00	100%
100m		24.	1:28.37	351	1:28.79	101%
200m		113.	2:54.20	342	2:59.00	106%
400	, 2013 (11),				4.00.00	2
100m 400m		94.	5:26.73	354	1:08.00 5:35.00	105%
200m		78.	2:48.29	379	2:53.00	106%
	, 2012 (12),					1
400m		109.	5:32.34	337	5:36.00	102%
100m		27.	1:23.90	267	1:22.50	97%
200m	, 2011 (13),	135.	3:02.68	296	2:58.00	95%
400m	, 2011 (13),	128.	5:04.94	337	4:55.00	94%
100m		30.	1:12.83	292	1:09.00	90%
200m		121.	2:41.65	311	2:35.00	92%
	, 2010 (14),					3
400m		88.	4:54.94	372	5:00.00	103%
100m 200m		13. 25.	1:04.27 2:26.50	425 419	1:05.50 2:27.00	104% 101%
	, 2012 (12),					1
100m	, - (-	1:05.90	-
400m		61.	5:14.16	399	5:14.00	100%
200m	2012 (12	49.	2:43.23	416	2:46.00	103%
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%
100m		2.	1:16.72	537	1:15.60	97%
200m		6.	2:31.56	519	2:34.33	104%
	, 2010 (14),					2
400m		151.	5:17.63	298	5:20.00	101%
100m 200m		21. 126.	1:12.54 2:42.08	285 309	1:11.00 2:44.00	96% 102%
200111		120.	2.72.00	003	<u> 17.00</u>	102/0
						31
	, 2010 (14),					2
100m	, (/)			-	55.22	-
400m		6.	4:26.99	502	4:32.45	104%
200m		14.	2:22.46	455	2:25.42	104%

" "

, 29. - 31.5.2024

	, 2011 (13),						1
400m	,	83.	5:21.23	373	5:12.00	94%	·
100m		12.	1:23.59	415	1:22.72	98%	
200m		55.	2:44.75	404	2:47.38	103%	
	, 2012 (12),						1
400m		52.	5:11.42	409	5:11.20	100%	
100m		21.	1:18.74	323	1:19.71	102%	
200m		66.	2:46.30	393	2:45.10	99%	
	, 2010 (14),						2
400m		21.	4:38.39	443	4:43.78	104%	
100m			1:17.52	362	1:15.65	95%	
200m		31.	2:27.12	413	2:27.24	100%	
	, 2011 (13),						2
400m		107.	5:00.11	353	5:02.18	101%	
100m		37.	1:14.86	269	1:14.97	100%	
200m	2014 (12	136.	2:44.26	297	2:38.82	93%	4
400	, 2011 (13),				4.05.00		1
100m		EC	F.12.00	-	1:05.00	-	
400m 200m		56. 67.	5:13.06 2:46.32	403 393	5:10.00 2:48.00	98% 102%	
200111	, 2010 (14),	07.	2.40.02	555	2.40.00	10270	2
400m	, 2010 (14),	2	4:17.40	E 60	4.10.20	049/	_
400m 100m		3. 5.	4:17.49 1:01.83	560 477	4:10.30 1:02.52	94% 102%	
200m		10.	2:20.18	478	2:22.10	103%	
··	, 2010 (14),			•	***		2
100m	,			-	1:04.00	-	_
400m		65.	4:51.20	387	4:53.44	102%	
200m		90.	2:36.52	343	2:39.02	103%	
	, 2010 (14),						2
400m	, (1.	4:08.68	621	4:09.73	101%	
100m			1:05.55	599	1:05.00	98%	
200m		1.	2:07.95	629	2:13.50	109%	
	, 2012 (12),						1
400m		59.	5:13.52	401	5:10.78	98%	
100m		16.	1:14.41	401	1:14.00	99%	
200m		59.	2:45.50	399	2:47.46	102%	
	, 2011 (13),						-
400m		138.	5:06.74	331	5:02.39	97%	
100m		32.	1:13.68	282	1:13.50	100%	
200m	0044/40	122.	2:41.73	311	2:40.24	98%	_
	, 2011 (13),						2
100m		20	5.04.07	-	1:11.46	4050/	
400m		32.	5:04.87	436	5:12.37	105%	
200m	, 2011 (13),	90.	2:51.00	361	2:52.37	102%	3
400m	, 2011 (13),	11.	4:53.33	400	4:55.57	102%	3
100m		3.	4:55:55 1:09:99	490 460	1:12.97	109%	
200m		7.	2:32.60	509	2:33.78	102%	
200	, 2011 (13),			000	2.00.10	10270	3
400m	, 2011 (10),	53.	5:11.69	408	5:24.16	108%	J
100m		19.	1:14.91	393	1:15.63	102%	
200m		42.	2:41.71	427	2:45.16	104%	
	, 2010 (14),						1
400m		80.	4:53.47	378	4:53.24	100%	
100m		14.	1:08.76	335	1:09.17	101%	
	, 2010 (14),						2
100m				-	1:02.18	-	
400m		61.	4:50.80	388	5:00.24	107%	
200m		93.	2:37.15	339	2:41.49	106%	
	, 2011 (13),						-
400m		106.	5:31.72	339	5:18.20	92%	
100		16.	1:15.75	363	1:15.73	100%	
100m		68.	2:46.53	391	2:40.40	93%	
200m	2212/1:						1
200m	, 2010 (14),					_	
200m 100m	, 2010 (14),			-	1:00.20		
200m 100m 400m	, 2010 (14),	37.	4:42.97	422	4:46.76	103%	
200m 100m		37. 63.	4:42.97 2:31.60			103% 97%	
200m 100m 400m 200m	, 2010 (14), , 2011 (13),			422 378	4:46.76 2:29.33	97%	1
200m 100m 400m 200m		63.	2:31.60	422 378 -	4:46.76 2:29.33 1:05.89	97%	1
200m 100m 400m 200m 100m 400m		63. 64.	2:31.60 5:17.06	422 378 - 388	4:46.76 2:29.33 1:05.89 5:20.16	97% - 102%	1
200m 100m 400m 200m	, 2011 (13),	63.	2:31.60	422 378 -	4:46.76 2:29.33 1:05.89	97%	
200m 100m 400m 200m 100m 400m 200m		63. 64. 105.	2:31.60 5:17.06 2:52.88	422 378 - 388 350	4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	97% - 102% 99%	1
200m 100m 400m 200m 100m 400m 200m	, 2011 (13),	63. 64. 105. 48.	2:31.60 5:17.06 2:52.88 5:10.11	422 378 - 388 350 414	4:46.76 2:29.33 1:05.89 5:20.16 2:51.94 5:12.44	97% - 102% 99% 102%	
200m 100m 400m 200m 100m 400m 200m	, 2011 (13),	63. 64. 105.	2:31.60 5:17.06 2:52.88	422 378 - 388 350	4:46.76 2:29.33 1:05.89 5:20.16 2:51.94	97% - 102% 99%	

	, 2011 (13),							2
400m 100m		82. 11.	4:53.81 1:04.14	377 427	4:51.26 1:04.54		98% 101%	
200m		74.	2:33.83	361	2:35.86		101%	
	, 2010 (14),							1
400m		12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m		9.	1:03.92	432	1:04.92	29.03.2024	103%	
200m	2010 (14	12.	2:21.05	469	2:20.41	24.04.2024	99%	2
400m	, 2010 (14),	4.	4:18.37	554	4:21.07	25.04.2024	102%	3
100m		6.	1:01.99	473	1:02.09	26.04.2024	102%	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12),							2
100m		404	F-F0 4F	-	1:12.87		4000/	
400m 200m		134. 133.	5:52.45 3:02.37	282 298	6:02.18 3:03.57		106% 101%	
200111	, 2010 (14),	100.	0.02.07	230	0.00.01		10170	_
100m	, == (, , , , , , , , , , , , , , , , ,			-	56.54	26.04.2024	-	
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%	
200m	0040 (44	6.	2:17.60	505	2:16.72	24.04.2024	99%	
400	, 2010 (14),				4.04.04			1
100m 400m		100.	4:58.66	358	1:01.04 4:58.23		100%	
200m		53.	2:30.35	387	2:32.38		103%	
	, 2011 (13),							1
100m				=	1:11.63			
400m 200m		119. 132.	5:39.67 3:01.38	315 303	5:41.67 2:57.97		101% 96%	
200111	, 2011 (13),	132.	3.01.30	303	2.51.51		3070	1
100m	, 2011 (10),			-	1:07.27		-	
400m		69.	5:17.47	386	5:16.74		100%	
200m	0040 (44	71.	2:46.80	389	2:48.80		102%	
400m	, 2010 (14),	70.	4:52.05	383	4:50.62		99%	1
100m		70. 12.	1:04.23	426	1:04.31		100%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							1
400m		39.	5:06.09	431	5:03.05		98%	
100m 200m		5. 30.	1:09.39 2:40.06	494 441	1:09.13 2:42.47		99% 103%	
200111	, 2011 (13),	30.	2.40.00	441	2.72.71		10070	1
400m	, 2011 (10),	75.	5:19.74	378	5:25.39	24.04.2024	104%	•
100m		23.	1:19.35	316	1:15.43	26.04.2024	90%	
200m	2040 (44	62.	2:45.65	398	2:44.59	22.06.2023	99%	_
100m	, 2010 (14),			-	1:02.92	26.04.2024	-	2
400m		126.	5:04.59	338	5:07.80	25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							2
400m		58.	4:48.95	396	4:55.65	25.04.2024	105%	
100m 200m		59.	2:30.99	382	1:20.23 2:33.67	26.04.2024 24.04.2024	104%	
200111	, 2011 (13),	00.	2.00.00	002	2.00.01	2 1.0 1.202 1	10170	_
100m	, - (-),			-	1:03.95	26.04.2024	-	
400m	02.1.112	95.	4:56.87	365	4:53.13	25.04.2024	97%	-
400	, 2011 (13),	07	5 47 00	007	5 40 70		070/	2
400m 100m		67. 14.	5:17.33 1:12.78	387 428	5:12.70 1:13.24		97% 101%	
200m		40.	2:41.16	432	2:41.91		101%	
	, 2010 (14),							1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%	
100m 200m		99.	2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	102%	
200111	, 2011 (13),	33.	2.37.30	334	2.33.71	24.04.2024	10276	1
400m	,	57.	5:13.27	402	5:07.61		96%	•
100m		6.	1:20.37	467	1:18.86		96%	
200m	0040/44	34.	2:40.38	438	2:43.95		105%	_
100	, 2010 (14),				1.00.00	26.04.2024		2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	- 102%	
200m		114.	2:40.71	317	2:48.11	20.07.2027	109%	
	, 2010 (14),							2
400m		99.	4:58.54	359	4:56.78		99%	
100m 200m		16. 89.	1:10.03 2:36.50	317 343	1:12.94 2:39.46		108% 104%	
200111		υσ.	2.50.50	J -1 J	2.00.40		10+/0	

400	, 2011 (13),	400	5-00.04	044	F-00 F0		4000/	2
400m 100m		120.	5:02.84	344	5:06.52 1:20.24		102% -	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m 100m		60. 13.	5:13.71 1:13.77	400 393	5:11.05 1:11.42		98% 94%	
200m		68.	2:46.53	391	2:44.78		98%	
	, 2011 (13),							1
100m 400m		102.	4:58.95	- 357	1:00.75 4:55.91	26.04.2024 25.04.2024	- 98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m 100m		50.	4:47.03 1:08.68	404 521	4:45.58 1:07.57		99% 97%	
200m		19.	2:23.66	444	2:23.78		100%	
	, 2010 (14),							-
100m 400m		63.	1:E1 06	387	1:02.09 4:40.19		93%	
200m		95.	4:51.06 2:37.40	337	2:35.73		98%	
	, 2012 (12),							-
100m 400m		73.	5:18.55	382	1:06.45		98%	
200m		73. 90.	2:51.00	361	5:15.39 2:50.71		100%	
	, 2011 (13),							1
100m		0.4	4 55 75	-	1:00.60		-	
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
	, 2011 (13),							2
100m	, ,	•	4.50.44	-	1:05.45	26.04.2024	-	
400m 200m		9. 44.	4:52.11 2:42.25	496 423	4:58.56 2:44.93	24.04.2024 25.04.2024	104% 103%	
	, 2012 (12),							-
400m		155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m 200m		147.	2:47.94	278	1:22.81 2:47.64	26.04.2024 24.04.2024	100%	
200	, 2010 (14),		2	2.0	2	2	.0070	1
400m		137.	5:06.69	331	5:15.13	25.04.2024	106%	
100m 200m		116.	2:41.11	315	1:20.61 2:38.12	28.03.2024 24.04.2024	96%	
	, 2011 (13),							1
400m	, , ,	113.	5:35.23	328	5:24.88		94%	
100m 200m		10. 79.	1:23.08 2:48.69	422 376	1:21.65 2:52.72		97% 105%	
200111	, 2010 (14),	70.	2.40.00	0.0	2.02.72		10070	2
400m		33.	4:41.84	427	4:48.82		105%	
100m 200m		29.	2:26.83	416	1:17.47 2:32.09		107%	
200	, 2010 (14),	20.			2.02.00		.0.70	2
400m	, , , , , , , , , , , , , , , , , , , ,	60.	4:50.43	390	4:52.60		101%	
100m 200m		15. 69.	1:04.96 2:32.69	411 370	1:12.58 2:27.60		125% 93%	
200111	, 2012 (12),	03.	2.32.09	370	2.27.00		3370	2
100m	, , ,			-	1:04.40	28.03.2024	-	
400m 200m		57. 102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
200111	, 2010 (14),	102.	2.00.00	000	2.11.10	21.01.2021	10070	2
400m	, , , , , , , , , , , , , , , , , , , ,	9.	4:28.37	494	4:26.36		99%	
100m 200m		1. 3.	1:00.59 2:15.53	490 529	1:01.56 2:16.53		103% 101%	
200111	, 2011 (13),	Э.	2.13.33	329	2.10.55		10176	2
400m	, - (- ,,	85.	5:21.42	372	5:19.67		99%	
100m 200m		2. 22.	1:09.92 2:37.58	461 462	1:12.01 2:38.51		106% 101%	
200111	, 2010 (14),		2.57.50	402	2.30.31		10170	1
400m	, ==:=(:: /,	54.	4:47.64	401	4:47.50		100%	•
100m		22	1:12.77	438	1:12.80		100%	
200m	, 2011 (13),	22.	2:25.16	430	2:22.60		97%	1
400m	, 20 (10),	87.	5:22.95	367	5:22.80		100%	•
100m		3.	1:07.84	529	1:06.89		97%	
200m	, 2012 (12),	28.	2:39.45	446	2:41.50		103%	_
100m	, ,_ ,,			-	1:03.95	26.04.2024	-	
400m		26. 52	5:03.12	444	4:55.54	24.04.2024	95%	
200m		52.	2:43.63	413	2:42.67		99%	

	0040 (40							•
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	3
100m		41.	1:22.62	293	1:24.14	24.04.2024	104%	
200m		137.	3:03.86	291	3:10.66	25.04.2024	108%	
	, 2011 (13),							1
100m				.	1:06.87			
400m		49.	5:10.15	414	5:17.13		105%	
200m	, 2011 (13),	47.	2:43.13	416	2:41.97		99%	2
100m	, 2011 (13),			-	1:04.58		-	_
400m		109.	5:00.25	353	5:01.18	25.04.2024	101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							1
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m		20. 95.	1:15.08 2:51.42	390 359	1:12.56 2:53.69		93% 103%	
200111	, 2011 (13),	55.	2.01.42	303	2.00.00		10070	_
400m	, ==::(:= /,	153.	5:22.37	285	5:13.38		95%	
100m				-	1:28.91		-	
200m		149.	2:49.23	271	2:44.49		94%	_
400	, 2011 (13),			4=0			40407	2
400m 100m		24. 10.	5:01.70 1:10.48	450 472	5:03.35 1:07.74		101% 92%	
200m		27.	2:39.03	449	2:39.68		101%	
	, 2012 (12),							1
400m		138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m		35.	1:20.09	321	1:21.59	26.04.2024	104%	
200m	2010 (14	141.	3:08.18	271	3:02.87	25.04.2024	94%	4
100m	, 2010 (14),			_	54.12		_	1
400m		2.	4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
	, 2010 (14),							1
400m		42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m 200m		13.	1:09.91 2:21.78	494 462	1:09.79 2:23.12	26.04.2024 24.04.2024	100% 102%	
200111	, 2013 (11),	10.	2.21.70	402	2.20.12	24.04.2024	10270	2
400m	, 2010 (11),	108.	5:32.14	337	5:39.66		105%	_
100m		31.	1:37.57	261	1:34.94		95%	
200m		120.	2:56.42	329	2:56.62		100%	_
400	, 2011 (13),						40407	3
400m 100m		105. 16.	5:31.45 1:24.73	339 398	5:32.47 1:25.17		101% 101%	
200m		98.	2:52.03	355	2:55.64		104%	
	, 2012 (12),							1
400m		112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m		40.	1:22.43	295	1:22.25	26.04.2024	100%	
200m	, 2011 (13),	128.	3:00.38	308	3:05.11	25.04.2024	105%	_
400m	, 2011 (13),	71.	5:18.19	384	5:14.84	23.11.2023	98%	-
100m		16.	1:24.73	398	1:22.53	23.11.2023	95%	
200m		61.	2:45.55	398	2:43.30	25.04.2024	97%	
	, 2012 (12),							1
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m		25. 58.	1:16.25 2:45.49	373 399	1:15.63 2:45.78	26.04.2024 25.04.2024	98% 100%	
	, 2012 (12),							3
400m	, - (28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m		11.	1:13.03	405	1:13.60	26.04.2024	102%	
200m	2010 (14	65.	2:45.80	397	2:49.88	25.04.2024	105%	2
100m	, 2010 (14),			-	1:02.55		-	2
400m		52.	4:47.24	403	4:49.66		102%	
200m		84.	2:35.53	350	2:38.32		104%	
	, 2011 (13),							-
100m				-	1:03.13	26.04.2024	-	
400m 200m		16. 32.	4:57.81 2:40.13	468 440	4:54.75 2:39.16	27.03.2024 25.04.2024	98% 99%	
200111	, 2012 (12),	32.	2.40.13	440	2.33.10	23.04.2024	3370	2
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	2
100m		23.	1:15.89	378	1:15.24		98%	
200m	2242 / 12	73.	2:47.68	383	2:51.65		105%	,
400	, 2012 (12),	4.	F.00 F0	40.4	F 40.00		10501	1
400m 100m		44. 19.	5:08.56 1:25.58	421 386	5:16.23 1:22.27		105% 92%	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m		136.	5:52.85	281	5:58.66		103%	
100m 200m		26. 115.	1:23.73 2:54.80	268 338	1:22.81 2:56.19		98% 102%	
200111	, 2010 (14),	110.	2.04.00	330	2.00.10		10270	_
100m	, == (),			-	1:05.38	26.04.2024	-	
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
400	, 2010 (14),			40=			40=04	1
400m		27. 14.	4:40.00	435 414	4:46.52 1:04.59		105% 99%	
100m 200m		28.	1:04.81 2:26.71	417	2:24.49		95% 97%	
	, 2012 (12),							-
400m	, , , , , , , , , , , , , , , , , , , ,	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m		28.	1:31.26	319	1:29.97	19.04.2024	97%	
200m	, 2011 (13),	111.	2:53.98	343	2:50.20	25.04.2024	96%	2
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	2
100m		33.	1:19.63	327	1:18.51	26.04.2024	97%	
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%	
	, 2010 (14),							3
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m 200m		33. 112.	1:13.80 2:40.45	280 318	1:15.19 2:45.47	26.04.2024 24.04.2024	104% 106%	
200111	, 2011 (13),	112.	2.40.43	310	2.45.47	24.04.2024	10070	_
100m	, 2011 (10),			-	1:04.60	26.10.2023	-	
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m	0044 (40	14.	2:34.91	486	2:34.71	22.11.2023	100%	_
400	, 2011 (13),				4.40.00	04440000		2
100m 400m		107.	5:32.07	337	1:18.22 5:36.05	24.11.2023 24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13),							1
100m				-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m	, 2010 (14),	110.	2:39.84	322	2:42.00		103%	1
400m	, 2010 (14),	35.	4:41.88	426	4:40.20		99%	'
100m		12.	1:08.37	341	1:08.47		100%	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							1
400m 100m		73. 18.	4:52.60 1:07.13	381 373	4:50.48 1:08.99		99% 106%	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m	0040 (44	28.	1:17.61	353	1:17.03		99%	_
400	, 2010 (14),				50.04			2
100m 400m		29.	4:41.14	430	59.64 4:51.18		- 107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13),							2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m		5.	1:20.27	468	1:19.49	26.04.2024	98%	
200m	, 2010 (14),	23.	2:38.03	458	2:39.45	25.04.2024	102%	2
400m	, 2010 (14),	145.	5:11.00	317	5:02.94		95%	_
100m		27.	1:11.21	312	1:11.66		101%	
200m		120.	2:41.59	312	2:42.38		101%	
	, 2012 (12),							-
400m 100m		114.	5:01.82	347	5:00.14 1:20.97	25.04.2024 26.04.2024	99%	
100111	, 2010 (14),			_	1.20.31	20.04.2024	_	2
100m	, 2010 (17),			-	1:04.73	28.03.2024	_	_
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m		103.	2:38.60	330	2:45.39	16.06.2023	109%	
400	, 2011 (13),		F 00 15		-		25.	2
400m 100m		46. 9.	5:09.47 1:10.14	417 479	5:05.80 1:11.00		98% 102%	
200m		19.	2:36.77	469	2:39.70		102%	
	, 2010 (14),							2
100m	•			-	55.65	26.04.2024	-	
400m 200m		10. 9.	4:28.47 2:19.89	494 481	4:30.00 2:30.78	25.04.2024 22.11.2023	101% 116%	
200111		ອ.	2.13.03	401	2.30.70	22.11.2023	11070	

	0040 (44							
400	, 2010 (14),	400	5.05.05	004	5 0 4 70		2007	2
400m		132.	5:05.85	334	5:04.79		99%	
100m 200m		77.	1:14.50 2:34.13	408 359	1:14.56 2:34.88		100% 101%	
200111	, 2010 (14),	77.	2.34.13	339	2.34.00		10176	1
100m	, 2010 (14),			-	1:04.13		_	'
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,	134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m		26.	1:10.87	317	1:11.34	26.04.2024	101%	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							2
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m		33.	1:41.08	234	1:38.18	26.04.2024	94%	
200m	2011 (12	147.	3:16.00	240	3:46.50	06.12.2023	134%	2
100	, 2011 (13),				1.06.24			2
100m 400m		117.	5:02.29	346	1:06.34 5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m	, 2011 (10),			-	1:06.69	07.12.2023	_	_
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m		129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							2
400m		23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m		2.	1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13),							1
100m				-	1:00.12		-	
400m	0044 (40	25.	4:39.41	438	4:43.97		103%	•
400	, 2011 (13),	4=0					10101	3
400m		150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m 200m		35. 142.	1:14.67 2:45.74	271 289	1:15.34 2:48.64	26.04.2024 24.04.2024	102% 104%	
200111	, 2010 (14),		2.40114	200	2.10.01	2 1.0 1.202 1	10 170	1
400m	, 2010 (14),	83.	4:54.17	375	5:11.10	23.11.2023	112%	'
100m		23.	1:13.32	276	1:10.36	20.11.2020	92%	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m	, == (, , , , , , , , , , , , , , , , ,			-	59.62	26.04.2024	-	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m		24.	1:21.23	294	1:20.12		97%	
200m	2044 (42	109.	2:53.67	345	2:54.00		100%	4
100	, 2011 (13),				4.00.02			1
100m 400m		33.	4:41.84	427	1:00.03 4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
200	, 2011 (13),	00.	2.00	000	2.00.0		3373	1
100m	, - (- ,,			-	59.14		-	
400m		8.	4:52.02	496	4:49.86		99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							3
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m		37.	1:20.36	318	1:21.52	26.04.2024	103%	
200m	, 2011 (13),	112.	2:54.07	343	3:01.82	25.04.2024	109%	2
400	, 2011 (13),	4	4-20-04	500	4:40.45	04.04.0004	4000/	2
400m 100m		1. 1.	4:36.01 1:05.39	588 591	4:40.15	24.04.2024 26.04.2024	103% 100%	
200m		5.	2:29.68	539	1:05.31 2:31.57	25.04.2024	103%	
	, 2011 (13),							1
400m	, 2011 (10),	110.	5:00.43	352	5:00.56		100%	•
100m		19.	1:11.61	297	1:10.64		97%	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14),							2
400m		106.	4:59.83	354	5:03.85		103%	
100m		28.	1:11.41	310	1:09.98		96%	
200m	0040444	92.	2:36.85	341	2:39.94		104%	_
105	, 2010 (14),							2
100m		40	4.04.00	-	58.78		-	
400m 200m		13. 32.	4:31.82 2:27.18	476 413	4:47.67 2:33.74		112% 109%	
200111		32.	2.21.10	413	2.33.74		10970	

400m	, 2011 (13),	70	5,20.72	275	E-20 06	27.02.2024	1069/	2
400m		79. 20.	5:20.72 1:27.42	375 362	5:29.96 1:27.32	27.03.2024 26.04.2024	106% 100%	
200m		72.	2:47.57	384	2:52.36	25.04.2024	100%	
200111	, 2011 (13),	72.	2.47.57	304	2.32.30	25.04.2024	100%	_
400m	, 2011 (13),	141.	5:08.43	325	5:06.86		99%	
100m		141.	3.00.43	323	1:20.91		3376	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),		=.0					-
400m	, =0(,,	112.	5:01.05	350	4:46.21		90%	
100m		23.	1:09.11	342	1:08.42		98%	
	, 2011 (13),							2
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:05.35	26.04.2024	-	
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m		28.	4:40.52	433	4:43.30		102%	
100m			1:14.40	410	1:13.19		97%	
200m	0044 (40	23.	2:25.38	428	2:22.59		96%	^
400	, 2011 (13),	404					4.000	3
400m		124.	5:44.02	303	5:55.78		107%	
100m 200m		9. 87.	1:22.54 2:50.38	431 365	1:24.03 2:57.06		104% 108%	
200111	, 2012 (12),	01.	2.00.00	000	2.07.00		10070	2
400m	, 2012 (12),	38.	5:05.99	431	5:00.22		96%	_
100m		36. 15.	1:13.80	411	1:13.94		100%	
200m		37.	2:40.97	433	2:41.99		101%	
	, 2013 (11),							2
400m	, , , , , , , , , , , , , , , , , , , ,	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m		36.	1:20.33	319	1:17.86	26.04.2024	94%	
200m		116.	2:55.40	335	2:59.30		104%	
	, 2011 (13),							2
400m		4.	4:40.74	559	4:37.71		98%	
100m		1.	1:03.78	608	1:04.81		103%	
200m	0040 (44	2.	2:27.56	563	2:27.89		100%	
	, 2010 (14),							1
100m 400m		159.	5:30.87	263	1:08.86 5:34.76	26.04.2024 25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96	23.04.2024	79%	
200111	, 2010 (14),	102.	2.07.04	204	2.07.00		7570	2
400m	, 2010 (11),	72.	4:52.50	382	4:52.68		100%	_
100m				-	1:18.06		-	
200m		52.	2:30.33	387	2:31.09		101%	
	, 2010 (14),							1
100m				-	59.59		-	
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							-
100m	•			-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	0044 (40	8.	2:33.20	503	2:31.66	25.04.2024	98%	_
400	, 2011 (13),	_	4.00.00		4 40 40	04.04.000.1	10101	3
400m		2.	4:38.68	571 647	4:40.10	24.04.2024	101%	
100m 200m		1. 1.	1:12.09 2:22.53	647 624	1:12.77 2:24.20	23.11.2023 25.04.2024	102% 102%	
200111	, 2012 (12),	1.		024	£.£ 7 .£U	20.07.2027	102/0	1
100m	, 2012 (12),			_	1:18.15	26.10.2023	_	'
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m		118.	2:55.96	332	2:56.24	25.04.2024	100%	
	, 2011 (13),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
	, 2010 (14),							2
400m		158.	5:30.09	265	5:30.90	25.04.2024	100%	
100m		34.	1:13.90	279	1:13.92	26.04.2024	100%	
200m	0040 (4.4	141.	2:45.31	291	2:42.67	24.04.2024	97%	_
	, 2010 (14),							2
400m		85.	4:54.88	372	4:48.30		96%	
100m		3.	1:04.65	403	1:05.77		103%	
200m	2011 (12	39.	2:28.77	400	2:30.91		103%	2
100~	, 2011 (13),				1.02 15			2
100m 400m		19.	4:58.75	- 464	1:03.15 5:01.84		102%	
200m		19. 15.	2:34.95	464 486	2:36.98		102%	
_00111			0-1.00	100	00.00		10070	

	, 2011 (13),							3
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m 200m		7. 13.	1:09.66 2:34.85	489 487	1:11.76 2:37.06	26.04.2024 25.04.2024	106% 103%	
200111	, 2011 (13),	13.	2.34.03	407	2.37.00	25.04.2024	10376	2
400m	, 2011 (10),	59.	4:49.29	394	4:55.83		105%	_
100m		9.	1:06.99	362	1:06.88		100%	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m		00	4 44 74	-	1:00.40		-	
400m 200m		32. 106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
	, 2012 (12),							3
400m	, == (:= /,	130.	5:48.45	292	5:49.10	24.04.2024	100%	Ū
100m		27.	1:31.06	321	1:31.39	28.03.2024	101%	
200m	0044 (40	117.	2:55.50	334	3:00.67	25.04.2024	106%	
400	, 2011 (13),				4:40.07			-
100m 400m		163.	5:43.56	- 235	1:10.37 5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							1
400m		35.	5:05.10	435	5:02.99		99%	
100m		13.	1:23.67	414	1:22.25		97%	
200m	, 2012 (12),	70.	2:46.69	390	2:47.42		101%	1
100m	, 2012 (12),			_	1:11.00		-	•
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m 200m		20. 122.	1:18.13 2:57.87	331 321	1:15.81 2:57.50	26.04.2024 25.04.2024	94% 100%	
200111	, 2010 (14),	122.	2.07.07	321	2.57.50	20.04.2024	10070	_
400m	, == (, , , , , , , , , , , , , , , , ,	68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m				-	1:18.29	06.10.2023	-	
200m	0044 (40	62.	2:31.24	380	2:29.25	24.04.2024	97%	
100	, 2011 (13),	20	1.10.10	227	1.16.04		000/	-
100m 200m		38. 153.	1:19.18 3:00.95	227 222	1:16.04 2:48.79		92% 87%	
200111	, 2010 (14),	100.	0.00.00		2.10.70		0170	_
100m	, (-	1:01.60		-	
400m		119.	5:02.76	344	5:02.70		100%	
200m	0040 (40	100.	2:38.04	333	2:35.00		96%	_
100	, 2012 (12),				1:15.24			2
100m 400m		131.	5:49.82	289	6:01.03		107%	
200m		140.	3:07.59	274	3:11.37		104%	
	, 2011 (13),							2
400m		33.	5:04.98	400	= 00 00			
100m				436	5:03.60		99%	
		4. 43	1:09.20	499	1:10.20		103%	
200m	2011 (13	4. 43.						1
	, 2011 (13),	43.	1:09.20 2:41.78	499 427	1:10.20 2:42.00	24.04.2024	103% 100%	1
400m 100m	, 2011 (13),	43. 36. 11.	1:09.20	499	1:10.20	24.04.2024 26.04.2024	103% 100% 99% 97%	1
400m		43. 36.	1:09.20 2:41.78 5:05.26	499 427 435	1:10.20 2:42.00 5:03.43		103% 100% 99%	1
400m 100m 200m	, 2011 (13), , 2010 (14),	43. 36. 11. 26.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	499 427 435 460 451	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	103% 100% 99% 97% 105%	1
400m 100m 200m 400m		43. 36. 11. 26.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87	499 427 435 460 451	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67	26.04.2024	103% 100% 99% 97% 105%	1
400m 100m 200m	, 2010 (14),	43. 36. 11. 26.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81	499 427 435 460 451	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	103% 100% 99% 97% 105%	-
400m 100m 200m 400m		43. 36. 11. 26.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87	499 427 435 460 451	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67	26.04.2024	103% 100% 99% 97% 105%	1 -
400m 100m 200m 400m 100m 100m	, 2010 (14),	43. 36. 11. 26. 15. 7.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	499 427 435 460 451 470 448	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57	26.04.2024	103% 100% 99% 97% 105% 99% 98%	-
400m 100m 200m 400m 100m	, 2010 (14), , 2011 (13),	43. 36. 11. 26. 15. 7.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	499 427 435 460 451 470 448	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45	26.04.2024	103% 100% 99% 97% 105% 99% 98%	1
400m 100m 200m 400m 100m 100m 400m 200m	, 2010 (14),	43. 36. 11. 26. 15. 7.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	499 427 435 460 451 470 448	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	103% 100% 99% 97% 105% 98% - 98% 103%	-
400m 100m 200m 400m 100m 100m 400m 200m	, 2010 (14), , 2011 (13),	43. 36. 11. 26. 15. 7. 30. 54.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	499 427 435 460 451 470 448 - 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	103% 100% 99% 97% 105% 99% 98% - 98% 103%	1
400m 100m 200m 400m 100m 100m 400m 200m	, 2010 (14), , 2011 (13),	43. 36. 11. 26. 15. 7.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15	499 427 435 460 451 470 448	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	103% 100% 99% 97% 105% 98% - 98% 103%	1
400m 100m 200m 400m 100m 100m 400m 200m	, 2010 (14), , 2011 (13),	43. 36. 11. 26. 15. 7. 30. 54.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	499 427 435 460 451 470 448 - 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36	26.04.2024	103% 100% 99% 97% 105% 99% 98% - 98% 103%	1
400m 100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	43. 36. 11. 26. 15. 7. 30. 54.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	499 427 435 460 451 470 448 - 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	103% 100% 99% 97% 105% 98% - 98% 103%	1
400m 100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	43. 36. 11. 26. 15. 7. 30. 54. 56. 60.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 1:15.52	499 427 435 460 451 470 448 - 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	103% 100% 99% 97% 105% 98% - 98% 103%	1
400m 100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2011 (13),	43. 36. 11. 26. 15. 7. 30. 54.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36	499 427 435 460 451 470 448 - 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	103% 100% 99% 97% 105% 98% - 98% 103%	1
400m 100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	43. 36. 11. 26. 15. 7. 30. 54. 56. 60. 48. 42.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 1:15.52 2:29.06	499 427 435 460 451 470 448 - 430 387 - 401 381 406 392 397	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 25.04.2024 26.04.2024 24.04.2024	103% 100% 99% 97% 105% 98% - 98% 103% - 109% 103%	1
400m 100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2011 (13),	43. 36. 11. 26. 15. 7. 30. 54. 56. 60.	1:09.20 2:41.78 5:05.26 1:11.10 2:38.81 4:32.87 1:03.15 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 1:15.52	499 427 435 460 451 470 448 - 430 387	1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	103% 100% 99% 97% 105% 98% - 98% 103%	1

	, 2011 (13),							2
100m	, 2011 (13),			-	1:06.33		-	_
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m 200m		6. 25.	1:09.45 2:38.14	493 457	1:08.96 2:34.65		99% 96%	
200111	, 2010 (14),	25.	2.30.14	457	2.34.03		90%	2
400m	, 2010 (14),	115.	5:01.95	347	5:05.04		102%	_
100m			1:17.35	365	1:16.06		97%	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m 200m		20. 47.	1:07.81 2:29.72	362 392	1:06.71 2:31.30	26.04.2024 24.04.2024	97% 102%	
200111	, 2012 (12),	77.	2.23.72	002	2.01.00	24.04.2024	10270	2
400m	, == (:= /,	129.	5:46.75	296	5:54.58	24.04.2024	105%	_
100m		32.	1:37.73	259	1:35.68	26.04.2024	96%	
200m		127.	2:59.75	311	3:02.58	25.04.2024	103%	
	, 2010 (14),							2
400m		77. 6.	4:53.13 1:05.95	379 380	4:56.26 1:06.63		102% 102%	
100m 200m		67.	2:32.53	371	2:31.67		99%	
200	, 2012 (12),	0	2.02.00		2.01.01		0070	3
400m	, - (117.	5:38.28	319	5:55.38		110%	
100m		38.	1:20.50	317	1:26.26		115%	
200m	0040 (40	134.	3:02.49	297	3:06.71		105%	_
400	, 2012 (12),				4 45 45			2
100m 400m		121.	5:41.46	310	1:15.15 5:54.03	24.04.2024	- 107%	
200m		136.	3:03.53	292	3:09.62	25.04.2024	107%	
	, 2010 (14),							2
400m	, , , ,	22.	4:38.72	441	4:46.63		106%	
100m		8.	1:06.42	372	1:06.13		99%	
200m	2042 (42	21.	2:25.04	431	2:29.10		106%	4
400m	, 2012 (12),	142.	6:03.54	257	6:05.68	27.03.2024	101%	1
100m		30.	1:35.59	277	1:34.62	28.03.2024	98%	
200m		138.	3:05.03	285	3:04.05	25.04.2024	99%	
	, 2010 (14),							3
400m		93.	4:56.44	367	5:05.89		106%	
100m 200m		15. 73.	1:09.66 2:33.76	322 362	1:11.00 2:42.86		104% 112%	
200111	, 2010 (14),	73.	2.33.70	302	2.42.00		112/0	1
400m	, 2010 (11),	90.	4:55.48	370	4:55.23	25.04.2024	100%	•
100m		21.	1:08.58	349	1:09.85	26.04.2024	104%	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							3
400m 100m		143. 28.	6:08.41 1:25.38	247 253	6:15.63 1:27.90		104% 106%	
200m		125.	2:58.09	320	3:02.71		105%	
	, 2010 (14),				******			1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:07.36	26.04.2024	-	
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								28
	2044 (42							
400m	, 2011 (13),	11.	4:30.41	483	4:32.58		102%	2
100m		8.	1:03.23	446	1:02.61		98%	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							-
400m		71.	4:52.10	383	4:46.20		96%	
100m 200m		64.	2.31 95	376	1:17.05 2:29.55		070/	
∠UUIII	, 2011 (13),	04.	2:31.85	3/0	2.29.55		97%	_
400m	, 2011 (13),	17.	4:58.03	467	4:55.18		98%	-
100m		22.	1:15.66	381	1:14.68		97%	
200m		45.	2:42.42	422	2:40.38		98%	
	, 2011 (13),							-
400m		25.	5:02.37	447	4:56.03		96%	
100m 200m		31. 92.	1:18.36 2:51.03	343 361	1:14.95 2:47.54		91% 96%	
_00		0 <u>2</u> .	01.00	001			5576	

	, 2012 (12),					2
400m		6.	4:48.04	517	4:52.60	103%
100m 200m		2. 20.	1:05.87 2:37.44	578 463	1:08.29 2:35.61	107% 98%
200111	, 2010 (14),	20.	2.37.44	403	2.33.01	9876
400m	, 2010 (11),	149.	5:15.19	305	5:07.65	95%
100m			000	-	1:18.39	-
200m		107.	2:39.51	324	2:37.36	97%
400	, 2011 (13),		= 44.40	440	= 00 to	-
400m 100m		51. 11.	5:11.10 1:23.36	410 418	5:03.43 1:22.64	95% 98%
200m		48.	2:43.18	416	2:40.55	97%
	, 2012 (12),					1
400m		113.	5:01.32	349	5:03.99	102%
100m 200m		22. 119.	1:12.65 2:41.52	284 312	1:12.38 2:41.04	99% 99%
200111	, 2012 (12),	119.	2.41.52	312	2.41.04	99%
100m	, 2012 (12),			-	1:04.60	-
400m		135.	5:06.31	332	5:06.16	100%
200m		137.	2:44.31	297	2:40.08	95%
400	, 2011 (13),					1
100m 400m		45.	5:08.76	420	1:04.92 5:09.05	100%
200m		74.	2:47.76	383	2:46.15	98%
	, 2011 (13),					2
100m				-	1:06.09	-
400m 200m		37. 50.	5:05.59 2:43.35	433 415	5:07.54 2:47.50	101% 105%
200111	, 2010 (14),	00.	2.40.00	410	2.47.50	2
100m	, 2010 (11),			_	58.40	-
400m		81.	4:53.49	378	5:02.97	107%
200m	2044 (42	76.	2:34.04	360	2:35.53	102%
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%
100m		21.	1:15.36	386	1:16.52	103%
200m		110.	2:53.74	345	2:53.92	100%
	, 2010 (14),					-
100m		4.40	5.07.00	-	1:04.14	-
400m 200m		140. 134.	5:07.62 2:44.04	328 298	5:03.00 2:42.92	97% 99%
	, 2010 (14),					1
400m	, (47.	4:46.08	408	4:47.50	101%
100m		5.	1:05.93	380	1:05.50	99%
200m	, 2011 (13),	71.	2:33.09	367	2:30.70	97%
400m	, 2011 (13),	34.	5:05.09	435	5:00.47	97%
100m		27.	1:16.64	367	1:15.07	96%
200m		64.	2:45.78	397	2:43.92	98%
400	, 2010 (14),				4.05.00	-
100m 400m		108.	5:00.14	353	1:05.23 4:49.66	- 93%
200m		150.	2:49.32	271	2:40.00	89%
	, 2011 (13),					2
100m				-	1:05.75	.
400m 200m		31. 77.	5:04.59 2:47.91	437 382	5:05.60 2:53.11	101% 106%
200111	, 2010 (14),		2.47.101	002	2.00.11	-
100m	, 2010 (11),			-	58.71	-
400m		16.	4:34.10	464	4:33.04	99%
200m	2010 (14	20.	2:23.82	442	2:21.32	97%
400m	, 2010 (14),	122.	5:03.53	341	4:55.07	95%
100m		122.	0.00.00	-	1:20.35	-
200m		133.	2:43.60	300	2:42.82	99%
	- , 2012 (12),				1
400m		27. 17	5:03.89	440 401	5:10.25	104% 99%
100m 200m		17. 33.	1:14.42 2:40.33	401 439	1:14.03 2:40.09	100%
	, 2010 (14),		-	-		-
400m	. , , , , , , , , , , , , , , , , , , ,	111.	5:00.98	350	4:58.35	98%
100m		400	2.42.02	-	1:24.37	-
200m	, 2010 (14),	128.	2:42.83	305	2:38.43	95% 2
400m	, 2010 (17),	53.	4:47.42	402	4:48.68	101%
100m		7.	1:06.29	374	1:05.20	97%
200m		26.	2:26.59	418	2:29.33	104%

, 29. - 31.5.2024

400	, 2011 (13),			070			2
400m 100m		82. 9.	5:21.20 1:11.77	373 427	5:11.48 1:12.72	94% 103%	
200m		20.	2:37.44	463	2:39.93	103%	
200	, 2010 (14),			.00	2.00.00	10070	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m	0040 (44	17.	2:22.78	452	2:22.20	99%	_
400m	, 2010 (14),	5.	4:24.28	518	4:27.15	102%	3
100m		J.	59.87	526	1:01.00	102%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m		00	4.54.00	-	1:01.69	-	
400m 200m		86. 113.	4:54.90 2:40.51	372 318	5:07.83 2:40.53	109% 100%	
200111	, 2011 (13),	113.	2.40.51	310	2.40.33	10076	1
400m	, ==::(:= /,	29.	5:04.54	438	5:00.70	97%	•
100m		4.	1:10.02	459	1:10.86	102%	
200m		36.	2:40.75	435	2:38.82	98%	
							36
	, 2011 (13),						1
400m	, 2011 (13),	42.	5:08.18	422	5:12.96	103%	'
100m		12.	1:13.71	394	1:11.54	94%	
200m		18.	2:36.66	470	2:35.00	98%	
	, 2010 (14),						2
100m		7.4	4.50.74	-	59.85	-	
400m 200m		74. 82.	4:52.74 2:35.08	381 353	4:54.15 2:39.00	101% 105%	
	, 2012 (12),						1
400m	,, ,,	114.	5:35.58	327	5:39.26	102%	
100m		34.	1:19.72	326	1:19.35	99%	
200m	2011 (12	121.	2:57.28	324	2:56.07	99%	4
400m	, 2011 (13),	103.	4:59.02	357	4:56.00	98%	1
100m		18.	1:11.10	303	1:09.00	94%	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m	2044 (42	34.	1:41.16	234	1:37.00	92%	
100	, 2011 (13),				4.40.00		-
100m 400m		147.	6:27.11	- 213	1:18.00 6:20.00	96%	
200m		143.	3:14.08	247	3:12.00	98%	
	, 2012 (12),						-
100m		4.40	0:04.00	-	1:16.82	- 040/	
400m 200m		146. 145.	6:21.28 3:14.79	223 244	6:09.89 3:10.65	94% 96%	
200111	, 2010 (14),	1 10.	0.11.70	2	0.10.00	0070	2
400m	, , , , , , , , , , , , , , , , , , , ,	125.	5:03.94	340	4:57.49	96%	
100m			1:13.24	429	1:14.00	102%	
200m	2010 (14	45.	2:29.45	394	2:31.00	102%	4
400m	, 2010 (14),	164.	5:48.93	225	5:59.00	106%	1
100m		104.	5.46.55	-	1:19.00	-	
	, 2011 (13),						2
400m		104.	4:59.22	356	5:01.37	101%	
100m 200m		88.	2:36.48	343	1:20.70 2:38.89	103%	
200111	, 2010 (14),	00.	2.30.40	343	2.30.09	10370	1
100m	, 2010 (14),			-	1:03.70	-	
400m		124.	5:03.90	340	5:05.00	101%	
200m	0040 (40	145.	2:47.42	280	2:45.00	97%	
400	, 2012 (12),	400	5:43.84	204	F.F0.00	4040/	1
400m 100m		123. 26.	1:29.42	304 339	5:50.00 1:27.00	104% 95%	
200m		124.	2:58.07	320	2:55.00	97%	
	, 2011 (13),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m 200m		20. 140.	1:12.30 2:44.86	288 294	1:11.00 2:45.18	96% 100%	
200111	, 2013 (11),	170.	2.77.00	∠⊍4	2.73.10	100 /0	1
400m	, (/)	141.	6:01.09	262	6:01.11	100%	•
100m		30.	1:34.81	185	1:31.64	93%	
200m		146.	3:15.98	240	3:12.02	96%	

	, 2010 (14),					1
100m				-	55.90	-
400m		7.	4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
	, 2010 (14),					1
400m		98.	4:58.53	359	4:56.47	99%
100m		19.	1:07.50	367	1:07.50	100%
200m		38.	2:28.69	400	2:31.87	104%
	, 2011 (13),					
400m	, - (- ,,	149.	6:42.44	189	6:35.00	96%
100m		43.	1:28.27	240	1:28.00	99%
200m		142.	3:12.58	253	3:10.00	97%
	, 2013 (11),					
400	, 2013 (11),				4:40.50	
100m 400m		161.	5:40.86	- 241	1:12.50 5:34.00	- 96%
		156.				95%
200m	2042 (42	130.	3:08.02	198	3:03.00	95%
	, 2012 (12),					
400m		162.	5:42.11	238	5:41.00	99%
100m					1:27.00	-
200m		154.	3:01.61	219	3:01.00	99%
	, 2010 (14),					2
100m				-	1:04.76	-
400m		142.	5:09.66	322	5:10.89	101%
200m		101.	2:38.47	331	2:39.21	101%
	, 2011 (13),					3
400m	, == : (:= /,	93.	5:26.72	354	5:34.09	105%
100m		13.	1:12.56	432	1:13.52	103%
200m		107.	2:53.12	348	2:59.24	107%
200111	2011 (12)	107.	2.00.12	0.10	2.00.21	
400	, 2011 (13),					2
100m		00	E 00 00	-	1:02.02	-
400m		88.	5:23.00	367	5:40.00	111%
200m		56.	2:45.17	401	2:48.00	103%
	, 2011 (13),					1
400m		127.	5:45.02	301	5:38.96	97%
100m		39.	1:20.70	314	1:18.87	96%
200m		126.	2:59.05	315	3:06.22	108%
	, 2012 (12),					2
400m	, - (139.	5:07.02	330	5:09.00	101%
100m		36.	1:14.70	270	1:15.85	103%
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13),					3
400	, 2011 (13),	445	F-0F-04	200	F:00 70	
400m		115.	5:35.94	326	5:38.76	102%
100m		15.	1:24.29	404	1:24.51	101%
200m	0040 (40	89.	2:50.72	363	2:55.31	105%
	, 2012 (12),					1
400m		116.	5:36.39	325	5:30.00	96%
100m		25.	1:28.76	346	1:26.50	95%
200m		99.	2:52.06	355	2:55.00	103%
	, 2011 (13),					
100m				-	1:04.70	-
400m		148.	5:13.61	310	5:12.00	99%
	, 2010 (14),					2
400m	, 2010 (11),	45.	4:45.43	411	4:47.00	101%
100m		17.	1:06.56	382	1:08.00	104%
200m		41.	2:28.99	398	2:28.00	99%
200111	2011 (12	41.	2.20.99	390	2.20.00	
	, 2011 (13),					1
400m		152.	5:22.32	285	5:16.00	96%
100m		25.	1:21.40	202	1:20.50	98%
200m		143.	2:46.56	285	2:50.00	104%
	, 2011 (13),					1
400m	·	148.	6:35.76	199	6:40.58	102%
200m		144.	3:14.78	244	3:10.00	95%
	, 2011 (13),					2
100m	, == : (: •),			-	1:04.01	-
400m		67.	4:51.62	385	4:52.34	100%
200m		105.	2:38.77	329	2:39.78	101%
200111		100.	2.00.11	323	2.00.10	10170