

						%	PB
							-
							41
	, 2011 (13),						3
400m	10.	4:52.72	493	4:53.48	101%		
100m	7.	1:10.91	442	1:11.32	101%		
200m	12.	2:34.58	489	2:35.20	101%		
	, 2011 (13),						2
400m	127.	5:04.73	337	5:08.05	102%		
100m			-	1:18.37	-		
200m	139.	2:44.58	295	2:48.88	105%		
	, 2010 (14),						2
400m	38.	4:43.04	421	4:46.77	103%		
100m			-	1:10.23	-		
200m	18.	2:23.54	445	2:25.50	103%		
	, 2010 (14),						2
400m	143.	5:09.77	321	5:03.12	96%		
100m		1:08.52	339	1:09.93	104%		
200m	91.	2:36.69	342	2:40.19	105%		
	, 2010 (14),						2
100m			-	57.36	-		
400m	43.	4:44.69	414	4:59.79	111%		
200m	24.	2:25.51	427	2:31.28	108%		
	, 2011 (13),						1
400m	100.	5:28.91	347	5:27.33	99%		
100m			-	1:14.81	-		
200m	54.	2:44.38	407	2:46.39	102%		
	, 2010 (14),						2
400m	76.	4:53.06	379	4:56.97	103%		
100m			-	1:14.87	-		
200m	55.	2:30.38	387	2:34.33	105%		
	, 2010 (14),						1
400m	55.	4:47.74	401	4:47.31	100%		
100m		1:07.47	355	1:08.10	102%		
200m	66.	2:32.51	371	2:32.09	99%		
	, 2012 (12),						2
400m	132.	5:49.98	288	5:44.42	97%		
100m	19.	1:17.92	333	1:21.94	111%		
200m	88.	2:50.40	365	2:59.66	111%		
	, 2010 (14),						2
100m			-	58.01	-		
400m	51.	4:47.15	403	4:50.47	102%		
200m	70.	2:32.86	368	2:34.12	102%		
	, 2011 (13),						2
100m			-	1:02.34	-		
400m	3.	4:40.55	560	4:42.01	101%		
200m	10.	2:33.78	497	2:38.03	106%		
	, 2011 (13),						3
400m	7.	4:48.49	515	4:51.80	102%		
100m	5.	1:10.10	458	1:11.90	105%		
200m	4.	2:28.91	548	2:33.50	106%		
	, 2011 (13),						2
400m	80.	5:20.92	374	5:21.89	101%		
100m	22.	1:19.31	316	1:19.46	100%		
200m	103.	2:52.47	352	2:51.06	98%		
	, 2010 (14),						1
100m			-	59.01	-		
400m	123.	5:03.75	341	4:57.39	96%		
200m	35.	2:28.24	404	2:32.60	106%		
	, 2011 (13),						2
100m			-	1:09.62	-		
400m	78.	5:20.52	375	5:21.68	101%		
200m	84.	2:49.95	368	2:52.65	103%		
	, 2011 (13),						2
400m	46.	4:45.51	410	4:49.60	103%		
100m			-	1:13.73	-		
200m	44.	2:29.38	395	2:32.11	104%		
	, 2011 (13),						-
400m	99.	5:28.41	349	5:24.80	98%		
100m			-	1:27.21	-		
200m	82.	2:49.57	371	2:47.65	98%		

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	, 2010 (14),						1
400m		31.	4:41.45	428	4:40.73	99%	
100m				-	1:02.37	-	
200m		8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m		86.	4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m		75.	2:34.02	360	2:34.41	101%	
	, 2010 (14),						2
400m		40.	4:43.35	420	4:47.34	103%	
100m				-	1:02.00	-	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m		16.	2:35.47	481	2:35.78	100%	
	, 2011 (13),						1
100m				-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m		100.	2:52.14	354	2:53.06	101%	
	, 2010 (14),						2
400m		130.	5:05.78	334	5:11.54	104%	
100m				-	1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						2
400m		68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m		35.	2:40.43	438	2:41.48	101%	
							17
	, 2012 (12),						2
100m				-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m		85.	2:50.17	367	2:51.60	102%	
	, 2010 (14),						-
100m				-	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m		66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m		41.	2:41.42	430	2:37.03	95%	
	, 2010 (14),						-
100m				-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14),						-
400m		62.	4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						2
400m		74.	5:19.44	379	5:20.36	101%	
100m		14.	1:13.81	392	1:13.26	99%	
200m		57.	2:45.29	400	2:46.21	101%	
	, 2010 (14),						1
400m		66.	4:51.27	386	4:49.08	99%	
100m				-	1:07.68	-	
200m		51.	2:30.31	387	2:30.54	100%	
	, 2012 (12),						2
100m				-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
200m		63.	2:45.70	397	2:47.40	102%	
	, 2012 (12),						1
100m				-	1:08.40	-	
400m		62.	5:14.32	398	5:15.16	101%	
200m		93.	2:51.16	360	2:51.08	100%	
	, 2010 (14),						-
100m				-	1:01.11	-	
400m		97.	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),						2
400m		21.	4:59.81	459	5:00.52	100%	
100m		18.	1:17.47	339	1:14.84	93%	
200m		39.	2:41.06	433	2:41.53	101%	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m		31.	2:40.08	441	2:39.00	99%	

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	, 2010 (14),						-
400m	68.	4:52.04	383	4:51.04	99%		
100m			-	1:05.26	-		
200m	36.	2:28.34	403	2:28.00	100%		
	, 2010 (14),						2
400m	18.	4:35.80	455	4:36.00	100%		
100m		1:07.33	357	1:07.50	101%		
200m	40.	2:28.96	398	2:28.50	99%		
	, 2012 (12),						2
400m	97.	5:27.25	353	5:28.72	101%		
100m	25.	1:21.42	292	1:20.44	98%		
200m	101.	2:52.23	354	2:52.24	100%		
	, 2011 (13),						1
400m	63.	5:16.47	390	5:12.90	98%		
100m			-	1:11.34	-		
200m	51.	2:43.41	414	2:44.44	101%		
	, 2010 (14),						-
100m			-	59.24	-		
400m	17.	4:35.12	459	4:31.41	97%		
200m	86.	2:36.14	346	2:33.34	96%		
	, 2010 (14),						-
400m	75.	4:53.03	380	4:50.50	98%		
100m			-	1:16.20	-		
200m	46.	2:29.60	393	2:29.00	99%		
	, 2010 (14),						-
400m	14.	4:32.52	472	4:32.06	100%		
100m			-	1:00.00	-		
200m	7.	2:18.80	492	2:17.73	98%		
	, 2011 (13),						2
400m	89.	5:23.67	364	5:19.00	97%		
100m	17.	1:16.44	353	1:16.50	100%		
200m	81.	2:49.37	372	2:50.15	101%		
							42
	, 2011 (13),						-
100m			-	1:01.00	-		
400m	147.	5:12.93	312	5:12.00	99%		
200m	108.	2:39.54	324	2:38.50	99%		
	, 2012 (12),						-
100m			-	1:10.00	-		
400m	90.	5:24.46	362	5:17.00	95%		
200m	131.	3:01.35	303	2:52.00	90%		
	, 2010 (14),						1
100m			-	1:01.00	-		
400m	36.	4:42.02	426	4:43.00	101%		
200m	57.	2:30.56	386	2:30.00	99%		
	, 2012 (12),						1
100m			-	1:05.00	-		
400m	144.	5:10.95	318	5:03.00	95%		
200m	132.	2:43.49	301	2:45.00	102%		
	, 2012 (12),						1
400m	65.	5:17.11	388	5:06.00	93%		
100m	10.	1:12.83	408	1:12.90	100%		
200m	82.	2:49.57	371	2:46.00	96%		
	, 2011 (13),						-
100m			-	1:09.00	-		
400m	77.	5:20.22	376	5:17.90	99%		
200m	104.	2:52.67	351	2:49.60	96%		
	, 2012 (12),						-
400m	104.	5:31.09	340	5:17.90	92%		
100m	29.	1:27.91	232	1:21.99	87%		
200m	96.	2:51.56	358	2:49.60	98%		
	, 2010 (14),						2
400m	89.	4:55.23	371	4:56.38	101%		
100m			-	1:13.64	-		
200m	27.	2:26.65	417	2:27.94	102%		
	, 2011 (13),						1
100m			-	1:05.50	-		
400m	41.	5:07.47	425	5:15.00	105%		
200m	76.	2:47.81	382	2:46.00	98%		
	, 2010 (14),						-
100m			-	59.95	-		
400m	131.	5:05.83	334	4:54.00	92%		
200m	125.	2:41.98	310	2:36.00	93%		

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	, 2010 (14),						-
400m		146.	5:11.13	317	5:04.00	95%	
100m				-	1:15.00	-	
200m		79.	2:34.76	355	2:33.00	98%	
	, 2011 (13),						-
100m				-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m		102.	2:52.35	353	2:47.00	94%	
	, 2010 (14),						1
400m		105.	4:59.61	355	4:58.00	99%	
100m				-	1:18.00	-	
200m		81.	2:34.91	354	2:38.35	104%	
	, 2012 (12),						1
400m		103.	5:30.30	343	5:26.00	97%	
100m				-	1:18.50	-	
200m		86.	2:50.18	367	2:54.00	105%	
	, 2010 (14),						-
100m				-	1:00.00	-	
400m		64.	4:51.10	387	4:44.22	95%	
200m		78.	2:34.27	358	2:30.55	95%	
	, 2011 (13),						-
400m		96.	4:58.10	360	4:58.00	100%	
100m				-	1:10.00	-	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12),						1
400m		140.	5:56.43	273	6:00.00	102%	
100m				-	1:22.00	-	
200m		148.	3:23.13	215	3:14.00	91%	
	, 2010 (14),						2
400m		19.	4:35.84	455	4:41.90	104%	
100m			1:05.51	387	1:06.90	104%	
200m		43.	2:29.07	397	2:28.50	99%	
	, 2011 (13),						1
400m		72.	5:18.21	384	5:06.76	93%	
100m				-	1:16.54	-	
200m		17.	2:35.71	479	2:36.17	101%	
	, 2011 (13),						-
400m		79.	4:53.46	378	4:53.00	100%	
100m				-	1:09.00	-	
200m		138.	2:44.35	296	2:42.00	97%	
	, 2012 (12),						1
400m		126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	-	
200m		119.	2:56.27	330	2:58.00	102%	
	, 2012 (12),						2
400m		92.	5:25.53	358	5:31.00	103%	
100m				-	1:17.50	-	
200m		97.	2:51.90	356	2:57.00	106%	
	, 2012 (12),						2
400m		137.	5:53.39	280	6:09.00	109%	
100m				-	1:35.00	-	
200m		128.	3:00.38	308	3:03.74	104%	
	, 2010 (14),						-
400m		133.	5:05.92	333	4:52.00	91%	
100m			1:15.84	250	1:10.00	85%	
200m		151.	2:53.07	254	2:45.00	91%	
	, 2012 (12),						2
100m				-	1:05.00	-	
400m		18.	4:58.44	465	5:05.50	105%	
200m		29.	2:39.91	442	2:40.14	100%	
	, 2010 (14),						-
400m		156.	5:25.52	277	5:20.00	97%	
100m				-	1:09.00	-	
200m		146.	2:47.48	280	2:41.00	92%	
	, 2011 (13),						1
400m		86.	5:21.67	371	5:14.45	96%	
100m				-	1:23.21	-	
200m		46.	2:43.02	417	2:43.34	100%	
	, 2011 (13),						-
400m		135.	5:52.65	282	5:25.00	85%	
100m				-	1:23.00	-	
200m		114.	2:54.33	341	2:50.00	95%	
	, 2011 (13),						1
400m		128.	5:46.63	297	5:30.00	91%	
100m				-	1:17.00	-	
200m		106.	2:52.99	349	2:53.00	100%	

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2

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	, 2011 (13),						1
400m		83.	5:21.23	373	5:12.00	94%	
100m				-	1:22.72	-	
200m		55.	2:44.75	404	2:47.38	103%	
	, 2012 (12),						1
400m		52.	5:11.42	409	5:11.20	100%	
100m		21.	1:18.74	323	1:19.71	102%	
200m		66.	2:46.30	393	2:45.10	99%	
	, 2010 (14),						2
400m		21.	4:38.39	443	4:43.78	104%	
100m				-	1:15.65	-	
200m		31.	2:27.12	413	2:27.24	100%	
	, 2011 (13),						1
400m		107.	5:00.11	353	5:02.18	101%	
100m				-	1:14.97	-	
200m		136.	2:44.26	297	2:38.82	93%	
	, 2011 (13),						1
100m				-	1:05.00	-	
400m		56.	5:13.06	403	5:10.00	98%	
200m		67.	2:46.32	393	2:48.00	102%	
	, 2010 (14),						1
400m		3.	4:17.49	560	4:10.30	94%	
100m				-	1:02.52	-	
200m		10.	2:20.18	478	2:22.10	103%	
	, 2010 (14),						2
100m				-	1:04.00	-	
400m		65.	4:51.20	387	4:53.44	102%	
200m		90.	2:36.52	343	2:39.02	103%	
	, 2010 (14),						2
400m		1.	4:08.68	621	4:09.73	101%	
100m				-	1:05.00	-	
200m		1.	2:07.95	629	2:13.50	109%	
	, 2012 (12),						1
400m		59.	5:13.52	401	5:10.78	98%	
100m				-	1:14.00	-	
200m		59.	2:45.50	399	2:47.46	102%	
	, 2011 (13),						-
400m		138.	5:06.74	331	5:02.39	97%	
100m				-	1:13.50	-	
200m		122.	2:41.73	311	2:40.24	98%	
	, 2011 (13),						2
100m				-	1:11.46	-	
400m		32.	5:04.87	436	5:12.37	105%	
200m		90.	2:51.00	361	2:52.37	102%	
	, 2011 (13),						3
400m		11.	4:53.33	490	4:55.57	102%	
100m		3.	1:09.99	460	1:12.97	109%	
200m		7.	2:32.60	509	2:33.78	102%	
	, 2011 (13),						2
400m		53.	5:11.69	408	5:24.16	108%	
100m				-	1:15.63	-	
200m		42.	2:41.71	427	2:45.16	104%	
	, 2010 (14),						1
400m		80.	4:53.47	378	4:53.24	100%	
100m			1:08.76	335	1:09.17	101%	
	, 2010 (14),						2
100m				-	1:02.18	-	
400m		61.	4:50.80	388	5:00.24	107%	
200m		93.	2:37.15	339	2:41.49	106%	
	, 2011 (13),						-
400m		106.	5:31.72	339	5:18.20	92%	
100m		16.	1:15.75	363	1:15.73	100%	
200m		68.	2:46.53	391	2:40.40	93%	
	, 2010 (14),						1
100m				-	1:00.20	-	
400m		37.	4:42.97	422	4:46.76	103%	
200m		63.	2:31.60	378	2:29.33	97%	
	, 2011 (13),						1
100m				-	1:05.89	-	
400m		64.	5:17.06	388	5:20.16	102%	
200m		105.	2:52.88	350	2:51.94	99%	
	, 2011 (13),						2
400m		48.	5:10.11	414	5:12.44	102%	
100m				-	1:15.06	-	
200m		53.	2:44.12	409	2:46.53	103%	

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" "

	, 2011 (13),						1
400m		82.	4:53.81	377	4:51.26	98%	
100m				-	1:04.54	-	
200m		74.	2:33.83	361	2:35.86	103%	
	, 2012 (12),						-
100m				-	1:24.71	-	
	, 2010 (14),						-
400m		12.	4:30.49	483	4:28.87	25.04.2024	99%
100m				-	1:04.92	29.03.2024	-
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%
	, 2010 (14),						2
400m		4.	4:18.37	554	4:21.07	25.04.2024	102%
100m				-	1:02.09	26.04.2024	-
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%
	, 2012 (12),						2
100m				-	1:12.87	-	
400m		134.	5:52.45	282	6:02.18	106%	
200m		133.	3:02.37	298	3:03.57	101%	
	, 2010 (14),						-
100m				-	56.54	26.04.2024	-
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%
	, 2010 (14),						1
100m				-	1:01.04	-	
400m		100.	4:58.66	358	4:58.23	100%	
200m		53.	2:30.35	387	2:32.38	103%	
	, 2011 (13),						1
100m				-	1:11.63	-	
400m		119.	5:39.67	315	5:41.67	101%	
200m		132.	3:01.38	303	2:57.97	96%	
	, 2011 (13),						1
100m				-	1:07.27	-	
400m		69.	5:17.47	386	5:16.74	100%	
200m		71.	2:46.80	389	2:48.80	102%	
	, 2010 (14),						-
400m		70.	4:52.05	383	4:50.62	99%	
100m				-	1:04.31	-	
200m		103.	2:38.60	330	2:36.18	97%	
	, 2011 (13),						1
400m		39.	5:06.09	431	5:03.05	98%	
100m				-	1:09.13	-	
200m		30.	2:40.06	441	2:42.47	103%	
	, 2011 (13),						1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%
100m		23.	1:19.35	316	1:15.43	26.04.2024	90%
200m		62.	2:45.65	398	2:44.59	22.06.2023	99%
	, 2010 (14),						2
100m				-	1:02.92	26.04.2024	-
400m		126.	5:04.59	338	5:07.80	25.04.2024	102%
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%
	, 2011 (13),						2
400m		58.	4:48.95	396	4:55.65	25.04.2024	105%
100m				-	1:20.23	26.04.2024	-
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%
	, 2011 (13),						-
100m				-	1:03.95	26.04.2024	-
400m		95.	4:56.87	365	4:53.13	25.04.2024	97%
	, 2011 (13),						1
400m		67.	5:17.33	387	5:12.70	97%	
100m				-	1:13.24	-	
200m		40.	2:41.16	432	2:41.91	101%	
	, 2010 (14),						1
400m		116.	5:02.10	346	4:55.78	25.04.2024	96%
100m				-	1:18.07	26.04.2024	-
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%
	, 2011 (13),						1
400m		57.	5:13.27	402	5:07.61	96%	
100m				-	1:18.86	-	
200m		34.	2:40.38	438	2:43.95	105%	
	, 2010 (14),						2
100m				-	1:06.23	26.04.2024	-
400m		41.	4:43.61	419	4:46.97	25.04.2024	102%
200m		114.	2:40.71	317	2:48.11	109%	
	, 2010 (14),						1
400m		99.	4:58.54	359	4:56.78	99%	
100m				-	1:12.94	-	
200m		89.	2:36.50	343	2:39.46	104%	

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	, 2011 (13),						2
400m		120.	5:02.84	344	5:06.52	102%	
100m				-	1:20.24	-	
200m		97.	2:37.63	336	2:41.51	105%	
	, 2011 (13),						-
400m		60.	5:13.71	400	5:11.05	98%	
100m		13.	1:13.77	393	1:11.42	94%	
200m		68.	2:46.53	391	2:44.78	98%	
	, 2011 (13),						1
100m				-	1:00.75	26.04.2024	-
400m		102.	4:58.95	357	4:55.91	25.04.2024	98%
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%
	, 2010 (14),						1
400m		50.	4:47.03	404	4:45.58	99%	
100m				-	1:07.57	-	
200m		19.	2:23.66	444	2:23.78	100%	
	, 2010 (14),						-
100m				-	1:02.09	-	
400m		63.	4:51.06	387	4:40.19	93%	
200m		95.	2:37.40	337	2:35.73	98%	
	, 2012 (12),						-
100m				-	1:06.45	-	
400m		73.	5:18.55	382	5:15.39	98%	
200m		90.	2:51.00	361	2:50.71	100%	
	, 2011 (13),						1
100m				-	1:00.60	-	
400m		91.	4:55.75	369	4:52.60	98%	
200m		115.	2:40.90	316	2:44.00	104%	
	, 2011 (13),						2
100m				-	1:05.45	26.04.2024	-
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%
200m		44.	2:42.25	423	2:44.93	25.04.2024	103%
	, 2012 (12),						-
400m		155.	5:24.45	279	5:10.60	25.04.2024	92%
100m				-	1:22.81	26.04.2024	-
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%
	, 2010 (14),						1
400m		137.	5:06.69	331	5:15.13	25.04.2024	106%
100m				-	1:20.61	28.03.2024	-
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%
	, 2011 (13),						1
400m		113.	5:35.23	328	5:24.88	94%	
100m				-	1:21.65	-	
200m		79.	2:48.69	376	2:52.72	105%	
	, 2010 (14),						2
400m		33.	4:41.84	427	4:48.82	105%	
100m				-	1:17.47	-	
200m		29.	2:26.83	416	2:32.09	107%	
	, 2010 (14),						1
400m		60.	4:50.43	390	4:52.60	101%	
100m				-	1:12.58	-	
200m		69.	2:32.69	370	2:27.60	93%	
	, 2012 (12),						2
100m				-	1:04.40	28.03.2024	-
400m		57.	4:48.75	397	4:55.47	25.04.2024	105%
200m		102.	2:38.56	330	2:41.13	24.04.2024	103%
	, 2010 (14),						2
400m		9.	4:28.37	494	4:26.36	99%	
100m			1:00.59	490	1:01.56	103%	
200m		3.	2:15.53	529	2:16.53	101%	
	, 2011 (13),						2
400m		85.	5:21.42	372	5:19.67	99%	
100m		2.	1:09.92	461	1:12.01	106%	
200m		22.	2:37.58	462	2:38.51	101%	
	, 2010 (14),						-
400m		54.	4:47.64	401	4:47.50	100%	
100m				-	1:12.80	-	
200m		22.	2:25.16	430	2:22.60	97%	
	, 2011 (13),						1
400m		87.	5:22.95	367	5:22.80	100%	
100m				-	1:06.89	-	
200m		28.	2:39.45	446	2:41.50	103%	
	, 2012 (12),						-
100m				-	1:03.95	26.04.2024	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%
200m		52.	2:43.63	413	2:42.67	99%	

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	, 2012 (12),							2
400m		139.	5:56.27	273	6:03.97	24.04.2024	104%	
100m				-	1:24.14		-	
200m		137.	3:03.86	291	3:10.66	25.04.2024	108%	
	, 2011 (13),							1
100m				-	1:06.87		-	
400m		49.	5:10.15	414	5:17.13		105%	
200m		47.	2:43.13	416	2:41.97		99%	
	, 2011 (13),							2
100m				-	1:04.58		-	
400m		109.	5:00.25	353	5:01.18	25.04.2024	101%	
200m		117.	2:41.17	314	2:41.79	24.04.2024	101%	
	, 2011 (13),							1
400m		91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m		95.	2:51.42	359	2:53.69		103%	
	, 2011 (13),							-
400m		153.	5:22.37	285	5:13.38		95%	
100m				-	1:28.91		-	
200m		149.	2:49.23	271	2:44.49		94%	
	, 2011 (13),							2
400m		24.	5:01.70	450	5:03.35		101%	
100m				-	1:07.74		-	
200m		27.	2:39.03	449	2:39.68		101%	
	, 2012 (12),							-
400m		138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m				-	1:21.59	26.04.2024	-	
200m		141.	3:08.18	271	3:02.87	25.04.2024	94%	
	, 2010 (14),							1
100m				-	54.12		-	
400m		2.	4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
	, 2010 (14),							1
400m		42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m				-	1:09.79	26.04.2024	-	
200m		13.	2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11),							2
400m		108.	5:32.14	337	5:39.66		105%	
100m				-	1:34.94		-	
200m		120.	2:56.42	329	2:56.62		100%	
	, 2011 (13),							2
400m		105.	5:31.45	339	5:32.47		101%	
100m				-	1:25.17		-	
200m		98.	2:52.03	355	2:55.64		104%	
	, 2012 (12),							1
400m		112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m				-	1:22.25	26.04.2024	-	
200m		128.	3:00.38	308	3:05.11	25.04.2024	105%	
	, 2011 (13),							-
400m		71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m				-	1:22.53	23.11.2023	-	
200m		61.	2:45.55	398	2:43.30	25.04.2024	97%	
	, 2012 (12),							1
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m				-	1:15.63	26.04.2024	-	
200m		58.	2:45.49	399	2:45.78	25.04.2024	100%	
	, 2012 (12),							3
400m		28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m		11.	1:13.03	405	1:13.60	26.04.2024	102%	
200m		65.	2:45.80	397	2:49.88	25.04.2024	105%	
	, 2010 (14),							2
100m				-	1:02.55		-	
400m		52.	4:47.24	403	4:49.66		102%	
200m		84.	2:35.53	350	2:38.32		104%	
	, 2011 (13),							-
100m				-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m		32.	2:40.13	440	2:39.16	25.04.2024	99%	
	, 2012 (12),							2
400m		98.	5:28.19	350	5:30.94		102%	
100m				-	1:15.24		-	
200m		73.	2:47.68	383	2:51.65		105%	
	, 2012 (12),							1
400m		44.	5:08.56	421	5:16.23		105%	
100m				-	1:22.27		-	
200m		38.	2:40.99	433	2:40.76		100%	

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	, 2012 (12),						2
400m		136.	5:52.85	281	5:58.66	103%	
100m		26.	1:23.73	268	1:22.81	98%	
200m		115.	2:54.80	338	2:56.19	102%	
	, 2010 (14),						-
100m				-	1:05.38	26.04.2024	-
400m		160.	5:35.23	253	5:34.20	25.04.2024	99%
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%
	, 2010 (14),						1
400m		27.	4:40.00	435	4:46.52	105%	
100m				-	1:04.59	-	-
200m		28.	2:26.71	417	2:24.49	97%	
	, 2012 (12),						-
400m		125.	5:44.14	303	5:44.08	24.04.2024	100%
100m				-	1:29.97	19.04.2024	-
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%
	, 2011 (13),						2
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%
100m				-	1:18.51	26.04.2024	-
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%
	, 2010 (14),						2
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%
100m				-	1:15.19	26.04.2024	-
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%
	, 2011 (13),						-
100m				-	1:04.60	26.10.2023	-
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%
200m		14.	2:34.91	486	2:34.71	22.11.2023	100%
	, 2011 (13),						2
100m				-	1:18.22	24.11.2023	-
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%
	, 2011 (13),						1
100m				-	1:01.70	-	-
400m		39.	4:43.10	421	4:42.00	99%	
200m		110.	2:39.84	322	2:42.00	103%	
	, 2010 (14),						1
400m		35.	4:41.88	426	4:40.20	99%	
100m			1:08.37	341	1:08.47	100%	
200m		58.	2:30.84	383	2:29.71	99%	
	, 2011 (13),						-
400m		73.	4:52.60	381	4:50.48	99%	
100m				-	1:08.99	-	-
200m		96.	2:37.44	337	2:35.31	97%	
	, 2011 (13),						1
400m		120.	5:40.49	313	5:43.73	102%	
100m				-	1:17.03	-	-
	, 2010 (14),						2
100m				-	59.64	-	-
400m		29.	4:41.14	430	4:51.18	107%	
200m		16.	2:22.56	454	2:25.57	104%	
	, 2011 (13),						2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%
100m				-	1:19.49	26.04.2024	-
200m		23.	2:38.03	458	2:39.45	25.04.2024	102%
	, 2010 (14),						1
400m		145.	5:11.00	317	5:02.94	95%	
100m				-	1:11.66	-	-
200m		120.	2:41.59	312	2:42.38	101%	
	, 2012 (12),						-
400m		114.	5:01.82	347	5:00.14	25.04.2024	99%
100m				-	1:20.97	26.04.2024	-
	, 2010 (14),						2
100m				-	1:04.73	28.03.2024	-
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%
200m		103.	2:38.60	330	2:45.39	16.06.2023	109%
	, 2011 (13),						1
400m		46.	5:09.47	417	5:05.80	98%	
100m				-	1:11.00	-	-
200m		19.	2:36.77	469	2:39.70	104%	
	, 2010 (14),						2
100m				-	55.65	26.04.2024	-
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%

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	, 2010 (14),							1
400m		132.	5:05.85	334	5:04.79		99%	
100m				-	1:14.56		-	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m				-	1:04.13		-	
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							-
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m				-	1:11.34	26.04.2024	-	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							2
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m				-	1:38.18	26.04.2024	-	
200m		147.	3:16.00	240	3:46.50	06.12.2023	134%	
	, 2011 (13),							2
100m				-	1:06.34		-	
400m		117.	5:02.29	346	5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m				-	1:06.69	07.12.2023	-	
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m		129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							2
400m		23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m			1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13),							1
100m				-	1:00.12		-	
400m		25.	4:39.41	438	4:43.97		103%	
	, 2011 (13),							2
400m		150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m				-	1:15.34	26.04.2024	-	
200m		142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14),							1
400m		83.	4:54.17	375	5:11.10	23.11.2023	112%	
100m				-	1:10.36		-	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m				-	59.62	26.04.2024	-	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%	
	, 2012 (12),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m		24.	1:21.23	294	1:20.12		97%	
200m		109.	2:53.67	345	2:54.00		100%	
	, 2011 (13),							1
100m				-	1:00.03		-	
400m		33.	4:41.84	427	4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
	, 2011 (13),							1
100m				-	59.14		-	
400m		8.	4:52.02	496	4:49.86		99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							2
400m		118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m				-	1:21.52	26.04.2024	-	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	
	, 2011 (13),							2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m				-	1:05.31	26.04.2024	-	
200m		5.	2:29.68	539	2:31.57	25.04.2024	103%	
	, 2011 (13),							1
400m		110.	5:00.43	352	5:00.56		100%	
100m				-	1:10.64		-	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14),							2
400m		106.	4:59.83	354	5:03.85		103%	
100m				-	1:09.98		-	
200m		92.	2:36.85	341	2:39.94		104%	
	, 2010 (14),							2
100m				-	58.78		-	
400m		13.	4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	

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	, 2011 (13),							2
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m		72.	2:47.57	384	2:52.36	25.04.2024	106%	
	, 2011 (13),							-
400m		141.	5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	
	, 2011 (13),							2
100m				-	1:05.35	26.04.2024	-	
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m		28.	4:40.52	433	4:43.30		102%	
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13),							2
400m		124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m		87.	2:50.38	365	2:57.06		108%	
	, 2012 (12),							1
400m		38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m		37.	2:40.97	433	2:41.99		101%	
	, 2013 (11),							2
400m		96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m		116.	2:55.40	335	2:59.30		104%	
	, 2011 (13),							2
400m		4.	4:40.74	559	4:37.71		98%	
100m		1.	1:03.78	608	1:04.81		103%	
200m		2.	2:27.56	563	2:27.89		100%	
	, 2010 (14),							1
100m				-	1:08.86	26.04.2024	-	
400m		159.	5:30.87	263	5:34.76	25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96		79%	
	, 2010 (14),							2
400m		72.	4:52.50	382	4:52.68		100%	
100m				-	1:18.06		-	
200m		52.	2:30.33	387	2:31.09		101%	
	, 2010 (14),							1
100m				-	59.59		-	
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							-
100m				-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m		8.	2:33.20	503	2:31.66	25.04.2024	98%	
	, 2011 (13),							2
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m		1.	2:22.53	624	2:24.20	25.04.2024	102%	
	, 2012 (12),							1
100m				-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m		118.	2:55.96	332	2:56.24	25.04.2024	100%	
	, 2011 (13),							-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
	, 2010 (14),							1
400m		158.	5:30.09	265	5:30.90	25.04.2024	100%	
100m				-	1:13.92	26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14),							2
400m		85.	4:54.88	372	4:48.30		96%	
100m			1:04.65	403	1:05.77		103%	
200m		39.	2:28.77	400	2:30.91		103%	
	, 2011 (13),							2
100m				-	1:03.15		-	
400m		19.	4:58.75	464	5:01.84		102%	
200m		15.	2:34.95	486	2:36.98		103%	

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	, 2011 (13),							2
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m				-	1:11.76	26.04.2024	-	
200m		13.	2:34.85	487	2:37.06	25.04.2024	103%	
	, 2011 (13),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m			1:06.99	362	1:06.88		100%	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m				-	1:00.40		-	
400m		32.	4:41.74	427	4:38.00		97%	
200m		106.	2:39.25	326	2:32.00		91%	
	, 2012 (12),							2
400m		130.	5:48.45	292	5:49.10	24.04.2024	100%	
100m				-	1:31.39	28.03.2024	-	
200m		117.	2:55.50	334	3:00.67	25.04.2024	106%	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m		163.	5:43.56	235	5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							1
400m		35.	5:05.10	435	5:02.99		99%	
100m				-	1:22.25		-	
200m		70.	2:46.69	390	2:47.42		101%	
	, 2012 (12),							1
100m				-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m		20.	1:18.13	331	1:15.81	26.04.2024	94%	
200m		122.	2:57.87	321	2:57.50	25.04.2024	100%	
	, 2010 (14),							-
400m		68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m				-	1:18.29	06.10.2023	-	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13),							-
100m				-	1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m				-	1:01.60		-	
400m		119.	5:02.76	344	5:02.70		100%	
200m		100.	2:38.04	333	2:35.00		96%	
	, 2012 (12),							2
100m				-	1:15.24		-	
400m		131.	5:49.82	289	6:01.03		107%	
200m		140.	3:07.59	274	3:11.37		104%	
	, 2011 (13),							1
400m		33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m		43.	2:41.78	427	2:42.00		100%	
	, 2011 (13),							1
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18	26.04.2024	-	
200m		26.	2:38.81	451	2:42.57	25.04.2024	105%	
	, 2010 (14),							-
400m		15.	4:32.87	470	4:31.67		99%	
100m				-	1:02.45		-	
	, 2011 (13),							1
100m				-	59.64		-	
400m		30.	4:41.18	430	4:38.57		98%	
200m		54.	2:30.36	387	2:32.82		103%	
	, 2010 (14),							2
100m				-	1:00.66		-	
400m		56.	4:47.79	401	5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							-
400m		48.	4:46.42	406	4:45.95	25.04.2024	100%	
100m				-	1:13.57	26.04.2024	-	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	
	, 2010 (14),							-
400m		44.	4:44.83	413	4:40.19	25.04.2024	97%	
100m				-	1:07.31	26.04.2024	-	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	

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	, 2012 (12),						1
400m	6.	4:48.04	517	4:52.60	103%		
100m			-	1:08.29	-		
200m	20.	2:37.44	463	2:35.61	98%		
	, 2010 (14),						-
400m	149.	5:15.19	305	5:07.65	95%		
100m			-	1:18.39	-		
200m	107.	2:39.51	324	2:37.36	97%		
	, 2011 (13),						-
400m	51.	5:11.10	410	5:03.43	95%		
100m			-	1:22.64	-		
200m	48.	2:43.18	416	2:40.55	97%		
	, 2012 (12),						1
400m	113.	5:01.32	349	5:03.99	102%		
100m			-	1:12.38	-		
200m	119.	2:41.52	312	2:41.04	99%		
	, 2012 (12),						-
100m			-	1:04.60	-		
400m	135.	5:06.31	332	5:06.16	100%		
200m	137.	2:44.31	297	2:40.08	95%		
	, 2011 (13),						1
100m			-	1:04.92	-		
400m	45.	5:08.76	420	5:09.05	100%		
200m	74.	2:47.76	383	2:46.15	98%		
	, 2011 (13),						2
100m			-	1:06.09	-		
400m	37.	5:05.59	433	5:07.54	101%		
200m	50.	2:43.35	415	2:47.50	105%		
	, 2010 (14),						2
100m			-	58.40	-		
400m	81.	4:53.49	378	5:02.97	107%		
200m	76.	2:34.04	360	2:35.53	102%		
	, 2011 (13),						2
400m	81.	5:21.18	373	5:21.64	100%		
100m			-	1:16.52	-		
200m	110.	2:53.74	345	2:53.92	100%		
	, 2010 (14),						-
100m			-	1:04.14	-		
400m	140.	5:07.62	328	5:03.00	97%		
200m	134.	2:44.04	298	2:42.92	99%		
	, 2010 (14),						1
400m	47.	4:46.08	408	4:47.50	101%		
100m		1:05.93	380	1:05.50	99%		
200m	71.	2:33.09	367	2:30.70	97%		
	, 2011 (13),						-
400m	34.	5:05.09	435	5:00.47	97%		
100m			-	1:15.07	-		
200m	64.	2:45.78	397	2:43.92	98%		
	, 2010 (14),						-
100m			-	1:05.23	-		
400m	108.	5:00.14	353	4:49.66	93%		
200m	150.	2:49.32	271	2:40.00	89%		
	, 2011 (13),						2
100m			-	1:05.75	-		
400m	31.	5:04.59	437	5:05.60	101%		
200m	77.	2:47.91	382	2:53.11	106%		
	, 2010 (14),						-
100m			-	58.71	-		
400m	16.	4:34.10	464	4:33.04	99%		
200m	20.	2:23.82	442	2:21.32	97%		
	, 2010 (14),						-
400m	122.	5:03.53	341	4:55.07	95%		
100m			-	1:20.35	-		
200m	133.	2:43.60	300	2:42.82	99%		
	- , 2012 (12),						1
400m	27.	5:03.89	440	5:10.25	104%		
100m			-	1:14.03	-		
200m	33.	2:40.33	439	2:40.09	100%		
	, 2010 (14),						-
400m	111.	5:00.98	350	4:58.35	98%		
100m			-	1:24.37	-		
200m	128.	2:42.83	305	2:38.43	95%		
	, 2010 (14),						2
400m	53.	4:47.42	402	4:48.68	101%		
100m		1:06.29	374	1:05.20	97%		
200m	26.	2:26.59	418	2:29.33	104%		

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							2
400m		82.	5:21.20	373	5:11.48	94%	
100m		9.	1:11.77	427	1:12.72	103%	
200m		20.	2:37.44	463	2:39.93	103%	
	, 2010 (14),						1
100m				-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m		17.	2:22.78	452	2:22.20	99%	
	, 2010 (14),						2
400m		5.	4:24.28	518	4:27.15	102%	
100m				-	1:01.00	-	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m				-	1:01.69	-	
400m		86.	4:54.90	372	5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						1
400m		29.	5:04.54	438	5:00.70	97%	
100m		4.	1:10.02	459	1:10.86	102%	
200m		36.	2:40.75	435	2:38.82	98%	
							31
	, 2011 (13),						1
400m		42.	5:08.18	422	5:12.96	103%	
100m		12.	1:13.71	394	1:11.54	94%	
200m		18.	2:36.66	470	2:35.00	98%	
	, 2010 (14),						2
100m				-	59.85	-	
400m		74.	4:52.74	381	4:54.15	101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m		114.	5:35.58	327	5:39.26	102%	
100m				-	1:19.35	-	
200m		121.	2:57.28	324	2:56.07	99%	
	, 2011 (13),						1
400m		103.	4:59.02	357	4:56.00	98%	
100m			1:11.10	303	1:09.00	94%	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m				-	1:37.00	-	
	, 2011 (13),						-
100m				-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m		143.	3:14.08	247	3:12.00	98%	
	, 2012 (12),						-
100m				-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m		145.	3:14.79	244	3:10.65	96%	
	, 2010 (14),						1
400m		125.	5:03.94	340	4:57.49	96%	
100m				-	1:14.00	-	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						1
400m		164.	5:48.93	225	5:59.00	106%	
100m				-	1:19.00	-	
	, 2011 (13),						2
400m		104.	4:59.22	356	5:01.37	101%	
100m				-	1:20.70	-	
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14),						1
100m				-	1:03.70	-	
400m		124.	5:03.90	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
	, 2012 (12),						1
400m		123.	5:43.84	304	5:50.00	104%	
100m				-	1:27.00	-	
200m		124.	2:58.07	320	2:55.00	97%	
	, 2011 (13),						1
400m		157.	5:28.67	269	5:14.00	91%	
100m				-	1:11.00	-	
200m		140.	2:44.86	294	2:45.18	100%	
	, 2013 (11),						1
400m		141.	6:01.09	262	6:01.11	100%	
100m		30.	1:34.81	185	1:31.64	93%	
200m		146.	3:15.98	240	3:12.02	96%	

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						1
100m						
400m	7.	4:27.93	497	4:26.70	99%	
200m	4.	2:17.05	511	2:18.70	102%	
						1
400m	98.	4:58.53	359	4:56.47	99%	
100m			-	1:07.50	-	
200m	38.	2:28.69	400	2:31.87	104%	
						-
400m	149.	6:42.44	189	6:35.00	96%	
100m			-	1:28.00	-	
200m	142.	3:12.58	253	3:10.00	97%	
						-
100m			-	1:12.50	-	
400m	161.	5:40.86	241	5:34.00	96%	
200m	156.	3:08.02	198	3:03.00	95%	
						-
400m	162.	5:42.11	238	5:41.00	99%	
100m			-	1:27.00	-	
200m	154.	3:01.61	219	3:01.00	99%	
						2
100m			-	1:04.76	-	
400m	142.	5:09.66	322	5:10.89	101%	
200m	101.	2:38.47	331	2:39.21	101%	
						2
400m	93.	5:26.72	354	5:34.09	105%	
100m			-	1:13.52	-	
200m	107.	2:53.12	348	2:59.24	107%	
						2
100m			-	1:02.02	-	
400m	88.	5:23.00	367	5:40.00	111%	
200m	56.	2:45.17	401	2:48.00	103%	
						1
400m	127.	5:45.02	301	5:38.96	97%	
100m			-	1:18.87	-	
200m	126.	2:59.05	315	3:06.22	108%	
						1
400m	139.	5:07.02	330	5:09.00	101%	
100m			-	1:15.85	-	
200m	148.	2:48.08	277	2:46.85	99%	
						2
400m	115.	5:35.94	326	5:38.76	102%	
100m			-	1:24.51	-	
200m	89.	2:50.72	363	2:55.31	105%	
						1
400m	116.	5:36.39	325	5:30.00	96%	
100m			-	1:26.50	-	
200m	99.	2:52.06	355	2:55.00	103%	
						-
100m			-	1:04.70	-	
400m	148.	5:13.61	310	5:12.00	99%	
						1
400m	45.	4:45.43	411	4:47.00	101%	
100m			-	1:08.00	-	
200m	41.	2:28.99	398	2:28.00	99%	
						1
400m	152.	5:22.32	285	5:16.00	96%	
100m			-	1:20.50	-	
200m	143.	2:46.56	285	2:50.00	104%	
						1
400m	148.	6:35.76	199	6:40.58	102%	
100m			-	1:33.00	-	
200m	144.	3:14.78	244	3:10.00	95%	
						2
100m			-	1:04.01	-	
400m	67.	4:51.62	385	4:52.34	100%	
200m	105.	2:38.77	329	2:39.78	101%	