-

					%	PB
						17
, 2011 (13),						1
400m	10.	**4:52.72**	493	4:53.48	101%	
100m			-	1:11.32	-	
200m			-	2:35.20	-	
, 2011 (13),						-
400m			-	5:08.05	-	
100m			-	1:18.37	-	
200m			-	2:48.88	-	
, 2010 (14),						1
400m			-	4:46.77	-	
100m			-	1:10.23	-	
200m		**2:23.54**	445	2:25.50	103%	
, 2010 (14),						1
400m			-	5:03.12	-	
100m			-	1:09.93	-	
200m		**2:36.69**	342	2:40.19	105%	
, 2010 (14),						1
100m			-	57.36	-	
400m			-	4:59.79	-	
200m		**2:25.51**	427	2:31.28	108%	
, 2011 (13),						-
400m	100.	5:28.91	347	5:27.33	99%	
100m			-	1:14.81	-	
200m			-	2:46.39	-	
, 2010 (14),						1
400m			-	4:56.97	-	
100m			-	1:14.87	-	
200m		**2:30.38**	387	2:34.33	105%	
, 2010 (14),						-
400m			-	4:47.31	-	
100m			-	1:08.10	-	
200m		2:32.51	371	2:32.09	99%	
, 2012 (12),						-
400m	132.	5:49.98	288	5:44.42	97%	
100m			-	1:21.94	-	
200m			-	2:59.66	-	
, 2010 (14),						1
100m			-	58.01	-	
400m			-	4:50.47	-	
200m		**2:32.86**	368	2:34.12	102%	
, 2011 (13),						1
100m			-	1:02.34	-	
400m	3.	**4:40.55**	560	4:42.01	101%	
200m			-	2:38.03	-	
, 2011 (13),						1
400m	7.	**4:48.49**	515	4:51.80	102%	
100m			-	1:11.90	-	
200m			-	2:33.50	-	
, 2011 (13),						1
400m	80.	**5:20.92**	374	5:21.89	101%	
100m			-	1:19.46	-	
200m			-	2:51.06	-	
, 2010 (14),						1
100m			-	59.01	-	
400m			-	4:57.39	-	
200m		**2:28.24**	404	2:32.60	106%	
, 2011 (13),						1
100m			-	1:09.62	-	
400m	78.	**5:20.52**	375	5:21.68	101%	
200m			-	2:52.65	-	
, 2011 (13),						1
400m			-	4:49.60	-	
100m			-	1:13.73	-	
200m		**2:29.38**	395	2:32.11	104%	
, 2011 (13),						-
400m	99.	5:28.41	349	5:24.80	98%	
100m			-	1:27.21	-	
200m			-	2:47.65	-	
, 2010 (14),						1
400m			-	4:40.73	-	
100m			-	1:02.37	-	

200m			**2:19.37**	486	2:21.20	103%
	, 2010 (14),					1
400m			-		4:51.47	-
100m			-		1:05.79	-
200m			**2:34.02**	360	2:34.41	101%
	, 2010 (14),					1
400m			-		4:47.34	-
100m			-		1:02.00	-
200m			**2:22.47**	455	2:25.11	104%
	, 2011 (13),					-
400m		20.	4:58.98	463	4:57.41	99%
100m			-		1:17.17	-
200m			-		2:35.78	-
	, 2011 (13),					-
100m			-		1:07.49	-
400m		54.	5:11.71	408	5:08.16	98%
200m			-		2:53.06	-
	, 2010 (14),					1
400m			-		5:11.54	-
100m			-		1:18.86	-
200m			**2:37.38**	338	2:42.30	106%
	, 2011 (13),					1
400m		68.	**5:17.34**	387	5:21.70	103%
100m			-		1:09.93	-
200m			-		2:41.48	-
						7
	, 2012 (12),					1
100m			-		1:11.43	-
400m		50.	**5:10.60**	412	5:16.95	104%
200m			-		2:51.60	-
	, 2010 (14),					-
100m			-		56.28	-
400m			-		4:35.56	-
200m			2:28.61	401	2:26.07	97%
	, 2012 (12),					-
400m		66.	5:17.24	387	5:12.74	97%
100m			-		1:20.48	-
200m			-		2:37.03	-
	, 2010 (14),					-
100m			-		1:01.10	-
400m			-		4:50.45	-
	, 2010 (14),					-
400m			-		4:39.55	-
100m			-		1:16.99	-
200m			2:30.05	390	2:27.07	96%
	, 2011 (13),					1
400m		74.	**5:19.44**	379	5:20.36	101%
100m			-		1:13.26	-
200m			-		2:46.21	-
	, 2010 (14),					1
400m			-		4:49.08	-
100m			-		1:07.68	-
200m			**2:30.31**	387	2:30.54	100%
	, 2012 (12),					1
100m			-		1:08.16	-
400m		47.	**5:09.90**	415	5:21.42	108%
200m			-		2:47.40	-
	, 2012 (12),					1
100m			-		1:08.40	-
400m		62.	**5:14.32**	398	5:15.16	101%
200m			-		2:51.08	-
	, 2010 (14),					-
100m			-		1:01.11	-
400m			-		4:48.25	-
200m			2:33.47	364	2:32.15	98%
	, 2011 (13),					1
400m		21.	**4:59.81**	459	5:00.52	100%
100m			-		1:14.84	-
200m			-		2:41.53	-
	, 2011 (13),					-
400m		76.	5:20.16	377	5:15.00	97%
100m			-		1:21.90	-
200m			-		2:39.00	-

, 2010 (14   ),   -

400m			-	4:51.04	-
100m			-	1:05.26	-
200m		2:28.34	403	2:28.00	100%

, 2010 (14   ),   -

400m			-	4:36.00	-
100m			-	1:07.50	-
200m		2:28.96	398	2:28.50	99%

, 2012 (12   ),   1

400m	97.	**5:27.25**	353	5:28.72	101%
100m			-	1:20.44	-
200m			-	2:52.24	-

, 2011 (13   ),   -

400m	63.	5:16.47	390	5:12.90	98%
100m			-	1:11.34	-
200m			-	2:44.44	-

, 2010 (14   ),   -

100m			-	59.24	-
400m			-	4:31.41	-
200m		2:36.14	346	2:33.34	96%

, 2010 (14   ),   -

400m			-	4:50.50	-
100m			-	1:16.20	-
200m		2:29.60	393	2:29.00	99%

, 2010 (14   ),   -

400m			-	4:32.06	-
100m			-	1:00.00	-
200m		2:18.80	492	2:17.73	98%

, 2011 (13   ),   -

400m	89.	5:23.67	364	5:19.00	97%
100m			-	1:16.50	-
200m			-	2:50.15	-

                                                                                 14

, 2011 (13   ),   -

100m			-	1:01.00	-
400m			-	5:12.00	-
200m		2:39.54	324	2:38.50	99%

, 2012 (12   ),   -

100m			-	1:10.00	-
400m	90.	5:24.46	362	5:17.00	95%
200m			-	2:52.00	-

, 2010 (14   ),   -

100m			-	1:01.00	-
400m			-	4:43.00	-
200m		2:30.56	386	2:30.00	99%

, 2012 (12   ),   -

100m			-	1:05.00	-
400m			-	5:03.00	-
200m			-	2:45.00	-

, 2012 (12   ),   -

400m	65.	5:17.11	388	5:06.00	93%
100m			-	1:12.90	-
200m			-	2:46.00	-

, 2011 (13   ),   -

100m			-	1:09.00	-
400m	77.	5:20.22	376	5:17.90	99%
200m			-	2:49.60	-

, 2012 (12   ),   -

400m	104.	5:31.09	340	5:17.90	92%
100m			-	1:21.99	-
200m			-	2:49.60	-

, 2010 (14   ),   1

400m			-	4:56.38	-
100m			-	1:13.64	-
200m		**2:26.65**	417	2:27.94	102%

, 2011 (13   ),   1

100m			-	1:05.50	-
400m	41.	**5:07.47**	425	5:15.00	105%
200m			-	2:46.00	-

, 2010 (14   ),   -

100m			-	59.95	-
400m			-	4:54.00	-
200m		2:41.98	310	2:36.00	93%

, 2010 (14   ),   -
400m			-	5:04.00	-
100m			-	1:15.00	-
200m		2:34.76	355	2:33.00	98%

, 2011 (13   ),   -
100m			-	1:05.00	-
400m	43.	5:08.38	421	4:55.00	92%
200m			-	2:47.00	-

, 2010 (14   ),   1
400m			-	4:58.00	-
100m			-	1:18.00	-
200m		**2:34.91**	354	2:38.35	104%

, 2012 (12   ),   -
400m	103.	5:30.30	343	5:26.00	97%
100m			-	1:18.50	-
200m			-	2:54.00	-

, 2010 (14   ),   -
100m			-	1:00.00	-
400m			-	4:44.22	-
200m		2:34.27	358	2:30.55	95%

, 2011 (13   ),   -
400m			-	4:58.00	-
100m			-	1:10.00	-
200m		2:42.29	308	2:38.60	96%

, 2012 (12   ),   1
400m	140.	**5:56.43**	273	6:00.00	102%
100m			-	1:22.00	-
200m			-	3:14.00	-

, 2010 (14   ),   -
400m			-	4:41.90	-
100m			-	1:06.90	-
200m		2:29.07	397	2:28.50	99%

, 2011 (13   ),   -
400m	72.	5:18.21	384	5:06.76	93%
100m			-	1:16.54	-
200m			-	2:36.17	-

, 2011 (13   ),   -
400m			-	4:53.00	-
100m			-	1:09.00	-
200m		2:44.35	296	2:42.00	97%

, 2012 (12   ),   -
400m	126.	5:44.55	302	5:40.00	97%
100m			-	1:25.00	-
200m			-	2:58.00	-

, 2012 (12   ),   1
400m	92.	**5:25.53**	358	5:31.00	103%
100m			-	1:17.50	-
200m			-	2:57.00	-

, 2012 (12   ),   1
400m	137.	**5:53.39**	280	6:09.00	109%
100m			-	1:35.00	-
200m			-	3:03.74	-

, 2010 (14   ),   -
400m			-	4:52.00	-
100m			-	1:10.00	-
200m			-	2:45.00	-

, 2012 (12   ),   1
100m			-	1:05.00	-
400m	18.	**4:58.44**	465	5:05.50	105%
200m			-	2:40.14	-

, 2010 (14   ),   -
400m			-	5:20.00	-
100m			-	1:09.00	-
200m		2:47.48	280	2:41.00	92%

, 2011 (13   ),   -
400m	86.	5:21.67	371	5:14.45	96%
100m			-	1:23.21	-
200m			-	2:43.34	-

, 2011 (13   ),   -
400m	135.	5:52.65	282	5:25.00	85%
100m			-	1:23.00	-
200m			-	2:50.00	-

, 2011 (13   ),   -
400m	128.	5:46.63	297	5:30.00	91%
100m			-	1:17.00	-
200m			-	2:53.00	-

, 2010 (14   ),   -

Event					
100m			-	58.79	-
400m			-	4:50.00	-
200m		2:35.94	347	2:35.29	99%

, 2011 (13   ),   1

Event					
400m	55.	**5:11.97**	407	5:19.78	105%
100m			-	1:11.45	-
200m			-	2:41.12	-

, 2012 (12   ),   -

Event					
400m	58.	5:13.29	402	5:10.00	98%
100m			-	1:16.00	-
200m			-	2:50.00	-

, 2013 (11   ),   -

Event					
400m	145.	6:18.95	227	6:02.00	91%
100m			-	1:29.00	-
200m			-	3:10.00	-

, 2010 (14   ),   -

Event					
400m			-	4:56.00	-
100m			-	1:08.00	-
200m		2:42.95	304	2:42.00	99%

, 2011 (13   ),   -

Event					
400m	22.	5:00.79	454	4:55.76	97%
100m			-	1:10.23	-
200m			-	2:35.69	-

, 2013 (11   ),   1

Event					
400m	101.	**5:29.00**	347	5:30.00	101%
100m			-	1:17.00	-
200m			-	2:53.00	-

, 2012 (12   ),   -

Event					
400m			-	5:00.00	-
100m			-	1:10.50	-
200m		2:31.15	381	2:26.50	94%

, 2011 (13   ),   1

Event					
100m			-	1:08.00	-
400m	70.	**5:18.02**	384	5:24.00	104%
200m			-	2:47.00	-

, 2013 (11   ),   1

Event					
400m	122.	**5:42.96**	306	5:43.00	100%
100m			-	1:28.79	-
200m			-	2:59.00	-

, 2013 (11   ),   1

Event					
100m			-	1:08.00	-
400m	94.	**5:26.73**	354	5:35.00	105%
200m			-	2:53.00	-

, 2012 (12   ),   1

Event					
400m	109.	**5:32.34**	337	5:36.00	102%
100m			-	1:22.50	-
200m			-	2:58.00	-

, 2011 (13   ),   -

Event					
400m			-	4:55.00	-
100m			-	1:09.00	-
200m		2:41.65	311	2:35.00	92%

, 2010 (14   ),   1

Event					
400m			-	5:00.00	-
100m			-	1:05.50	-
200m		**2:26.50**	419	2:27.00	101%

, 2012 (12   ),   -

Event					
100m			-	1:05.90	-
400m	61.	5:14.16	399	5:14.00	100%
200m			-	2:46.00	-

, 2012 (12   ),   -

Event					
400m	23.	5:00.84	454	5:00.76	100%
100m			-	1:15.60	-
200m			-	2:34.33	-

, 2010 (14   ),   -

Event					
400m			-	5:20.00	-
100m			-	1:11.00	-
200m			-	2:44.00	-

11

, 2010 (14   ),   1

Event					
100m			-	55.22	-
400m			-	4:32.45	-
200m		**2:22.46**	455	2:25.42	104%

, 2011 (13),						-
400m		83.	5:21.23	373	5:12.00	94%
100m			-		1:22.72	-
200m			-		2:47.38	-
, 2012 (12),						-
400m		52.	5:11.42	409	5:11.20	100%
100m			-		1:19.71	-
200m			-		2:45.10	-
, 2010 (14),						1
400m			-		4:43.78	-
100m			-		1:15.65	-
200m			**2:27.12**	413	2:27.24	100%
, 2011 (13),						-
400m			-		5:02.18	-
100m			-		1:14.97	-
200m			2:44.26	297	2:38.82	93%
, 2011 (13),						-
100m			-		1:05.00	-
400m		56.	5:13.06	403	5:10.00	98%
200m			-		2:48.00	-
, 2010 (14),						1
400m			-		4:10.30	-
100m			-		1:02.52	-
200m			**2:20.18**	478	2:22.10	103%
, 2010 (14),						1
100m			-		1:04.00	-
400m			-		4:53.44	-
200m			**2:36.52**	343	2:39.02	103%
, 2010 (14),						1
400m			-		4:09.73	-
100m			-		1:05.00	-
200m			**2:07.95**	629	2:13.50	109%
, 2012 (12),						-
400m		59.	5:13.52	401	5:10.78	98%
100m			-		1:14.00	-
200m			-		2:47.46	-
, 2011 (13),						-
400m			-		5:02.39	-
100m			-		1:13.50	-
200m			2:41.73	311	2:40.24	98%
, 2011 (13),						1
100m			-		1:11.46	-
400m		32.	**5:04.87**	436	5:12.37	105%
200m			-		2:52.37	-
, 2011 (13),						1
400m		11.	**4:53.33**	490	4:55.57	102%
100m			-		1:12.97	-
200m			-		2:33.78	-
, 2011 (13),						1
400m		53.	**5:11.69**	408	5:24.16	108%
100m			-		1:15.63	-
200m			-		2:45.16	-
, 2010 (14),						-
400m			-		4:53.24	-
100m			-		1:09.17	-
, 2010 (14),						1
100m			-		1:02.18	-
400m			-		5:00.24	-
200m			**2:37.15**	339	2:41.49	106%
, 2011 (13),						-
400m		106.	5:31.72	339	5:18.20	92%
100m			-		1:15.73	-
200m			-		2:40.40	-
, 2010 (14),						-
100m			-		1:00.20	-
400m			-		4:46.76	-
200m			2:31.60	378	2:29.33	97%
, 2011 (13),						1
100m			-		1:05.89	-
400m		64.	**5:17.06**	388	5:20.16	102%
200m			-		2:51.94	-
, 2011 (13),						1
400m		48.	**5:10.11**	414	5:12.44	102%
100m			-		1:15.06	-
200m			-		2:46.53	-

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, 2011 (13),							1
400m			-	4:51.26		-	
100m			-	1:04.54		-	
200m		**2:33.83**	361	2:35.86		103%	
, 2010 (14),							-
100m			-	59.75		-	
400m			-	4:58.08		-	
, 2012 (12),							-
100m			-	1:24.71		-	
200m			-	2:41.68		-	
, 2010 (14),							-
400m			-	4:28.87	25.04.2024	-	
100m			-	1:04.92	29.03.2024	-	
200m		2:21.05	469	2:20.41	24.04.2024	99%	
, 2010 (14),							1
400m			-	4:21.07	25.04.2024	-	
100m			-	1:02.09	26.04.2024	-	
200m		**2:20.34**	476	2:21.29	24.04.2024	101%	
, 2012 (12),							1
100m			-	1:12.87		-	
400m	134.	**5:52.45**	282	6:02.18		106%	
200m			-	3:03.57		-	
, 2010 (14),							-
100m			-	56.54	26.04.2024	-	
400m			-	4:22.37	25.04.2024	-	
200m		2:17.60	505	2:16.72	24.04.2024	99%	
, 2010 (14),							1
100m			-	1:01.04		-	
400m			-	4:58.23		-	
200m		**2:30.35**	387	2:32.38		103%	
, 2011 (13),							1
100m			-	1:11.63		-	
400m	119.	**5:39.67**	315	5:41.67		101%	
200m			-	2:57.97		-	
, 2011 (13),							-
100m			-	1:07.27		-	
400m	69.	5:17.47	386	5:16.74		100%	
200m			-	2:48.80		-	
, 2010 (14),							-
400m			-	4:50.62		-	
100m			-	1:04.31		-	
200m		2:38.60	330	2:36.18		97%	
, 2011 (13),							-
400m	39.	5:06.09	431	5:03.05		98%	
100m			-	1:09.13		-	
200m			-	2:42.47		-	
, 2011 (13),							1
400m	75.	**5:19.74**	378	5:25.39	24.04.2024	104%	
100m			-	1:15.43	26.04.2024	-	
200m			-	2:44.59	22.06.2023	-	
, 2010 (14),							1
100m			-	1:02.92	26.04.2024	-	
400m			-	5:07.80	25.04.2024	-	
200m		**2:36.19**	345	2:40.35	24.04.2024	105%	
, 2011 (13),							1
400m			-	4:55.65	25.04.2024	-	
100m			-	1:20.23	26.04.2024	-	
200m		**2:30.99**	382	2:33.67	24.04.2024	104%	
, 2011 (13),							-
100m			-	1:03.95	26.04.2024	-	
400m			-	4:53.13	25.04.2024	-	
, 2011 (13),							-
400m	67.	5:17.33	387	5:12.70		97%	
100m			-	1:13.24		-	
200m			-	2:41.91		-	
, 2010 (14),							1
400m			-	4:55.78	25.04.2024	-	
100m			-	1:18.07	26.04.2024	-	
200m		**2:37.98**	334	2:39.71	24.04.2024	102%	
, 2011 (13),							-
400m	57.	5:13.27	402	5:07.61		96%	
100m			-	1:18.86		-	
200m			-	2:43.95		-	
, 2010 (14),							-
100m			-	1:06.23	26.04.2024	-	
400m			-	4:46.97	25.04.2024	-	
200m			-	2:48.11		-	

, 2010 (14   ),   1

400m		-	4:56.78		-	
100m		-	1:12.94		-	
200m		**2:36.50**	343	2:39.46		104%

, 2011 (13   ),   1

400m		-	5:06.52		-	
100m		-	1:20.24		-	
200m		**2:37.63**	336	2:41.51		105%

, 2011 (13   ),   -

400m	60.	5:13.71	400	5:11.05		98%
100m		-	1:11.42		-	
200m		-	2:44.78		-	

, 2011 (13   ),   1

100m		-	1:00.75	26.04.2024	-	
400m		-	4:55.91	25.04.2024	-	
200m		**2:32.62**	370	2:35.06	24.04.2024	103%

, 2010 (14   ),   1

400m		-	4:45.58		-	
100m		-	1:07.57		-	
200m		**2:23.66**	444	2:23.78		100%

, 2010 (14   ),   -

100m		-	1:02.09		-	
400m		-	4:40.19		-	
200m		2:37.40	337	2:35.73		98%

, 2012 (12   ),   -

100m		-	1:06.45		-	
400m	73.	5:18.55	382	5:15.39		98%
200m		-	2:50.71		-	

, 2011 (13   ),   -

100m		-	1:00.60		-	
400m		-	4:52.60		-	
200m		-	2:44.00		-	

, 2011 (13   ),   1

100m		-	1:05.45	26.04.2024	-	
400m	9.	**4:52.11**	496	4:58.56	24.04.2024	104%
200m		-	2:44.93	25.04.2024	-	

, 2012 (12   ),   -

400m		-	5:10.60	25.04.2024	-	
100m		-	1:22.81	26.04.2024	-	
200m		-	2:47.64	24.04.2024	-	

, 2010 (14   ),   -

400m		-	5:15.13	25.04.2024	-	
100m		-	1:20.61	28.03.2024	-	
200m		2:41.11	315	2:38.12	24.04.2024	96%

, 2011 (13   ),   -

400m	113.	5:35.23	328	5:24.88		94%
100m		-	1:21.65		-	
200m		-	2:52.72		-	

, 2010 (14   ),   1

400m		-	4:48.82		-	
100m		-	1:17.47		-	
200m		**2:26.83**	416	2:32.09		107%

, 2010 (14   ),   -

400m		-	4:52.60		-	
100m		-	1:12.58		-	
200m		2:32.69	370	2:27.60		93%

, 2012 (12   ),   1

100m		-	1:04.40	28.03.2024	-	
400m		-	4:55.47	25.04.2024	-	
200m		**2:38.56**	330	2:41.13	24.04.2024	103%

, 2010 (14   ),   1

400m		-	4:26.36		-	
100m		-	1:01.56		-	
200m		**2:15.53**	529	2:16.53		101%

, 2011 (13   ),   -

400m	85.	5:21.42	372	5:19.67		99%
100m		-	1:12.01		-	
200m		-	2:38.51		-	

, 2010 (14   ),   -

400m		-	4:47.50		-	
100m		-	1:12.80		-	
200m		2:25.16	430	2:22.60		97%

, 2011 (13   ),   -

400m	87.	5:22.95	367	5:22.80		100%
100m		-	1:06.89		-	
200m		-	2:41.50		-	

, 2012 (12   ),   -

100m			-	1:03.95	26.04.2024	-
400m	26.	5:03.12	444	4:55.54	24.04.2024	95%
200m			-	2:42.67		-

, 2012 (12   ),   1

400m	139.	**5:56.27**	273	6:03.97	24.04.2024	104%
100m			-	1:24.14		-
200m			-	3:10.66	25.04.2024	-

, 2011 (13   ),   1

100m			-	1:06.87		-
400m	49.	**5:10.15**	414	5:17.13		105%
200m			-	2:41.97		-

, 2011 (13   ),   1

100m			-	1:04.58		-
400m			-	5:01.18	25.04.2024	-
200m		**2:41.17**	314	2:41.79	24.04.2024	101%

, 2011 (13   ),   -

400m	91.	5:24.93	360	5:22.81		99%
100m			-	1:12.56		-
200m			-	2:53.69		-

, 2011 (13   ),   -

400m			-	5:13.38		-
100m			-	1:28.91		-
200m			-	2:44.49		-

, 2011 (13   ),   1

400m	24.	**5:01.70**	450	5:03.35		101%
100m			-	1:07.74		-
200m			-	2:39.68		-

, 2012 (12   ),   -

400m	138.	5:54.90	276	5:54.14	24.04.2024	100%
100m			-	1:21.59	26.04.2024	-
200m			-	3:02.87	25.04.2024	-

, 2010 (14   ),   -

100m			-	54.12		-
400m			-	4:15.65		-
200m		2:12.89	561	2:12.78		100%

, 2010 (14   ),   1

400m			-	4:42.10	25.04.2024	-
100m			-	1:09.79	26.04.2024	-
200m		**2:21.78**	462	2:23.12	24.04.2024	102%

, 2013 (11   ),   1

400m	108.	**5:32.14**	337	5:39.66		105%
100m			-	1:34.94		-
200m			-	2:56.62		-

, 2011 (13   ),   1

400m	105.	**5:31.45**	339	5:32.47		101%
100m			-	1:25.17		-
200m			-	2:55.64		-

, 2012 (12   ),   -

400m	112.	5:35.22	328	5:29.56	24.04.2024	97%
100m			-	1:22.25	26.04.2024	-
200m			-	3:05.11	25.04.2024	-

, 2011 (13   ),   -

400m	71.	5:18.19	384	5:14.84	23.11.2023	98%
100m			-	1:22.53	23.11.2023	-
200m			-	2:43.30	25.04.2024	-

, 2012 (12   ),   -

400m	84.	5:21.41	372	5:21.05	24.04.2024	100%
100m			-	1:15.63	26.04.2024	-
200m			-	2:45.78	25.04.2024	-

, 2012 (12   ),   1

400m	28.	**5:04.52**	438	5:12.89	24.04.2024	106%
100m			-	1:13.60	26.04.2024	-
200m			-	2:49.88	25.04.2024	-

, 2010 (14   ),   1

100m			-	1:02.55		-
400m			-	4:49.66		-
200m		**2:35.53**	350	2:38.32		104%

, 2011 (13   ),   -

100m			-	1:03.13	26.04.2024	-
400m	16.	4:57.81	468	4:54.75	27.03.2024	98%
200m			-	2:39.16	25.04.2024	-

, 2012 (12   ),   1

400m	98.	**5:28.19**	350	5:30.94		102%
100m			-	1:15.24		-
200m			-	2:51.65		-

, 2012 (12),							**1**
400m	44.	**5:08.56**	421	5:16.23		105%	
100m			-	1:22.27		-	
200m			-	2:40.76		-	
, 2012 (12),							**1**
400m	136.	**5:52.85**	281	5:58.66		103%	
100m			-	1:22.81		-	
200m			-	2:56.19		-	
, 2010 (14),							**-**
100m			-	1:05.38	26.04.2024	-	
400m			-	5:34.20	25.04.2024	-	
200m			-	2:46.19	24.04.2024	-	
, 2010 (14),							**-**
400m			-	4:46.52		-	
100m			-	1:04.59		-	
200m			2:26.71	417	2:24.49	97%	
, 2012 (12),							**-**
400m	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m			-	1:29.97	19.04.2024	-	
200m			-	2:50.20	25.04.2024	-	
, 2011 (13),							**1**
400m	111.	**5:34.55**	330	5:45.58	24.04.2024	107%	
100m			-	1:18.51	26.04.2024	-	
200m			-	3:02.43	25.04.2024	-	
, 2010 (14),							**-**
400m			-	5:35.50	25.04.2024	-	
100m			-	1:15.19	26.04.2024	-	
200m			-	2:45.47	24.04.2024	-	
, 2011 (13),							**-**
100m			-	1:04.60	26.10.2023	-	
400m	13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m			-	2:34.71	22.11.2023	-	
, 2011 (13),							**1**
100m			-	1:18.22	24.11.2023	-	
400m	107.	**5:32.07**	337	5:36.05	24.04.2024	102%	
200m			-	2:59.25	25.04.2024	-	
, 2011 (13),							**1**
100m			-	1:01.70		-	
400m			-	4:42.00		-	
200m			**2:39.84**	322	2:42.00	103%	
, 2010 (14),							**-**
400m			-	4:40.20		-	
100m			-	1:08.47		-	
200m			2:30.84	383	2:29.71	99%	
, 2011 (13),							**-**
400m			-	4:50.48		-	
100m			-	1:08.99		-	
200m			2:37.44	337	2:35.31	97%	
, 2011 (13),							**1**
400m	120.	**5:40.49**	313	5:43.73		102%	
100m			-	1:17.03		-	
200m			-	2:56.19		-	
, 2010 (14),							**1**
100m			-	59.64		-	
400m			-	4:51.18		-	
200m			**2:22.56**	454	2:25.57	104%	
, 2011 (13),							**1**
400m	30.	**5:04.55**	438	5:16.65	24.04.2024	108%	
100m			-	1:19.49	26.04.2024	-	
200m			-	2:39.45	25.04.2024	-	
, 2010 (14),							**1**
400m			-	5:02.94		-	
100m			-	1:11.66		-	
200m			**2:41.59**	312	2:42.38	101%	
, 2012 (12),							**-**
400m			-	5:00.14	25.04.2024	-	
100m			-	1:20.97	26.04.2024	-	
, 2010 (14),							**-**
100m			-	1:04.73	28.03.2024	-	
400m			-	4:56.66	27.03.2024	-	
200m			-	2:45.39	16.06.2023	-	
, 2011 (13),							**-**
400m	46.	5:09.47	417	5:05.80		98%	
100m			-	1:11.00		-	
200m			-	2:39.70		-	

, 2010 (14   ),   1

100m			-	55.65	26.04.2024	-
400m			-	4:30.00	25.04.2024	-
200m		**2:19.89**	481	2:30.78	22.11.2023	116%

, 2010 (14   ),   1

400m			-	5:04.79		-
100m			-	1:14.56		-
200m		**2:34.13**	359	2:34.88		101%

, 2010 (14   ),   1

100m			-	1:04.13		-
400m			-	4:53.89		-
200m		**2:41.80**	311	2:42.26		101%

, 2011 (13   ),   -

400m			-	5:03.36	25.04.2024	-
100m			-	1:11.34	26.04.2024	-
200m		2:40.43	319	2:39.42	24.04.2024	99%

, 2013 (11   ),   1

400m	144.	**6:15.17**	234	6:23.56	24.04.2024	105%
100m			-	1:38.18	26.04.2024	-
200m			-	3:46.50	06.12.2023	-

, 2011 (13   ),   -

100m			-	1:06.34		-
400m			-	5:06.72		-
200m			-	2:43.15		-

, 2011 (13   ),   -

100m			-	1:06.69	07.12.2023	-
400m			-	5:15.49	27.03.2024	-
200m			-	2:50.21	24.04.2024	-

, 2010 (14   ),   -

400m			-	4:40.20	25.04.2024	-
100m			-	1:03.07	26.04.2024	-

, 2011 (13   ),   -

100m			-	1:00.12		-
400m			-	4:43.97		-

, 2011 (13   ),   -

400m			-	5:17.90	25.04.2024	-
100m			-	1:15.34	26.04.2024	-
200m			-	2:48.64	24.04.2024	-

, 2010 (14   ),   -

400m			-	5:11.10	23.11.2023	-
100m			-	1:10.36		-
200m			-	NT		-

, 2010 (14   ),   -

100m			-	59.62	26.04.2024	-
400m			-	4:37.90	25.04.2024	-
200m		2:27.57	410	2:27.45	24.04.2024	100%

, 2012 (12   ),   -

400m	110.	5:34.37	331	5:26.57		95%
100m			-	1:20.12		-
200m			-	2:54.00		-

, 2011 (13   ),   -

100m			-	1:00.03		-
400m			-	4:42.88		-
200m		2:35.11	353	2:33.34		98%

, 2011 (13   ),   -

100m			-	59.14		-
400m	8.	4:52.02	496	4:49.86		99%
200m			-	2:29.93		-

, 2012 (12   ),   1

400m	118.	**5:39.24**	316	5:47.72	24.04.2024	105%
100m			-	1:21.52	26.04.2024	-
200m			-	3:01.82	25.04.2024	-

, 2011 (13   ),   1

400m	1.	**4:36.01**	588	4:40.15	24.04.2024	103%
100m			-	1:05.31	26.04.2024	-
200m			-	2:31.57	25.04.2024	-

, 2011 (13   ),   -

400m			-	5:00.56		-
100m			-	1:10.64		-
200m		2:39.77	323	2:39.17		99%

, 2010 (14   ),   1

400m			-	5:03.85		-
100m			-	1:09.98		-
200m		**2:36.85**	341	2:39.94		104%

, 2010 (14   ),   1

100m			-	58.78		-
400m			-	4:47.67		-
200m		**2:27.18**	413	2:33.74		109%

, 2011 (13   ),   1

400m	79.	**5:20.72**	375	5:29.96	27.03.2024	106%
100m			-	1:27.32	26.04.2024	-
200m			-	2:52.36	25.04.2024	-

, 2011 (13   ),   -

400m			-	5:06.86		-
100m			-	1:20.91		-
200m		2:37.73	335	2:37.55		100%

, 2011 (13   ),   -

400m			-	4:46.21		-
100m			-	1:08.42		-

, 2011 (13   ),   -

100m			-	1:05.35	26.04.2024	-
400m			-	4:59.54	25.04.2024	-
200m			-	2:48.84	24.04.2024	-

, 2010 (14   ),   -

400m			-	4:43.30		-
100m			-	1:13.19		-
200m		2:25.38	428	2:22.59		96%

, 2011 (13   ),   1

400m	124.	**5:44.02**	303	5:55.78		107%
100m			-	1:24.03		-
200m			-	2:57.06		-

, 2012 (12   ),   -

400m	38.	5:05.99	431	5:00.22		96%
100m			-	1:13.94		-
200m			-	2:41.99		-

, 2013 (11   ),   1

400m	96.	**5:27.19**	353	5:30.42	27.03.2024	102%
100m			-	1:17.86	26.04.2024	-
200m			-	2:59.30		-

, 2011 (13   ),   -

400m	4.	4:40.74	559	4:37.71		98%
100m			-	1:04.81		-
200m			-	2:27.89		-

, 2010 (14   ),   -

100m			-	1:08.86	26.04.2024	-
400m			-	5:34.76	25.04.2024	-
200m		2:57.84	234	2:37.96		79%

, 2010 (14   ),   1

400m			-	4:52.68		-
100m			-	1:18.06		-
200m		**2:30.33**	387	2:31.09		101%

, 2010 (14   ),   1

100m			-	59.59		-
400m			-	4:47.04		-
200m		**2:30.23**	388	2:32.95		104%

, 2011 (13   ),   -

100m			-	59.17	26.04.2024	-
400m	5.	4:44.57	536	4:38.23	24.04.2024	96%
200m			-	2:31.66	25.04.2024	-

, 2011 (13   ),   1

400m	2.	**4:38.68**	571	4:40.10	24.04.2024	101%
100m			-	1:12.77	23.11.2023	-
200m			-	2:24.20	25.04.2024	-

, 2012 (12   ),   -

100m			-	1:18.15	26.10.2023	-
400m	95.	5:27.11	353	5:20.73	24.04.2024	96%
200m			-	2:56.24	25.04.2024	-

, 2011 (13   ),   -

100m			-	1:02.61	05.10.2023	-
400m	15.	4:55.46	479	4:50.73	24.04.2024	97%
200m			-	2:33.58	25.04.2024	-

, 2010 (14   ),   -

400m			-	5:30.90	25.04.2024	-
100m			-	1:13.92	26.04.2024	-
200m		2:45.31	291	2:42.67	24.04.2024	97%

, 2010 (14   ),   1

400m			-	4:48.30		-
100m			-	1:05.77		-
200m		**2:28.77**	400	2:30.91		103%

, 2011 (13   ),   1
100m				-	1:03.15		-
400m	19.	**4:58.75**	464	5:01.84		102%
200m				-	2:36.98		-

, 2011 (13   ),   1
400m	12.	**4:54.60**	483	4:56.36	24.04.2024	101%
100m				-	1:11.76	26.04.2024	-
200m				-	2:37.06	25.04.2024	-

, 2011 (13   ),   1
400m				-	4:55.83		-
100m				-	1:06.88		-
200m		**2:30.47**	386	2:34.49		105%

, 2010 (14   ),   -
100m				-	1:00.40		-
400m				-	4:38.00		-
200m		2:39.25	326	2:32.00		91%

, 2012 (12   ),   1
400m	130.	**5:48.45**	292	5:49.10	24.04.2024	100%
100m				-	1:31.39	28.03.2024	-
200m				-	3:00.67	25.04.2024	-

, 2011 (13   ),   -
100m				-	1:10.37		-
400m				-	5:31.52		-
200m				-	3:03.37		-

, 2011 (13   ),   -
400m	35.	5:05.10	435	5:02.99		99%
100m				-	1:22.25		-
200m				-	2:47.42		-

, 2012 (12   ),   -
100m				-	1:11.00		-
400m	102.	5:30.10	344	5:29.94		100%
200m				-	2:49.79		-

, 2012 (12   ),   1
400m	133.	**5:50.71**	286	6:01.10	24.04.2024	106%
100m				-	1:15.81	26.04.2024	-
200m				-	2:57.50	25.04.2024	-

, 2010 (14   ),   -
400m				-	4:50.19	25.04.2024	-
100m				-	1:18.29	06.10.2023	-
200m		2:31.24	380	2:29.25	24.04.2024	97%

, 2011 (13   ),   -
400m				-	5:29.16		-
100m				-	1:16.04		-
200m				-	2:48.79		-

, 2010 (14   ),   -
100m				-	1:01.60		-
400m				-	5:02.70		-
200m		2:38.04	333	2:35.00		96%

, 2012 (12   ),   1
100m				-	1:15.24		-
400m	131.	**5:49.82**	289	6:01.03		107%
200m				-	3:11.37		-

, 2011 (13   ),   -
400m	33.	5:04.98	436	5:03.60		99%
100m				-	1:10.20		-
200m				-	2:42.00		-

, 2011 (13   ),   -
400m	36.	5:05.26	435	5:03.43	24.04.2024	99%
100m				-	1:10.18	26.04.2024	-
200m				-	2:42.57	25.04.2024	-

, 2010 (14   ),   -
| 400m | | | | - | 4:31.67 | | - |
| 100m | | | | - | 1:02.45 | | - |

, 2011 (13   ),   1
100m				-	59.64		-
400m				-	4:38.57		-
200m		**2:30.36**	387	2:32.82		103%

, 2010 (14   ),   1
100m				-	1:00.66		-
400m				-	5:00.36		-
200m		**2:31.10**	381	2:33.70		103%

, 2011 (13   ),   -
400m				-	4:45.95	25.04.2024	-
100m				-	1:13.57	26.04.2024	-
200m		2:29.06	397	2:27.33	24.04.2024	98%

, 2010 (14   ),   -

Event	Rank	Time	Pts			
400m				-	4:40.19	25.04.2024	-
100m				-	1:07.31	26.04.2024	-
200m		2:27.05	414	2:25.73	24.04.2024	98%

, 2011 (13   ),   1

100m				-	1:06.33		-
400m	40.	**5:06.89**	428	5:12.55		104%
200m				-	2:49.02		-

, 2011 (13   ),   -

400m	14.	4:55.45	479	4:51.11		97%
100m				-	1:08.96		-
200m				-	2:34.65		-

, 2010 (14   ),   1

400m				-	5:05.04		-
100m				-	1:16.06		-
200m		**2:30.09**	389	2:32.15		103%

, 2010 (14   ),   1

400m				-	4:36.97	25.04.2024	-
100m				-	1:06.71	26.04.2024	-
200m		**2:29.72**	392	2:31.30	24.04.2024	102%

, 2012 (12   ),   1

400m	129.	**5:46.75**	296	5:54.58	24.04.2024	105%
100m				-	1:35.68	26.04.2024	-
200m				-	3:02.58	25.04.2024	-

, 2010 (14   ),   -

400m				-	4:56.26		-
100m				-	1:06.63		-
200m		2:32.53	371	2:31.67		99%

, 2012 (12   ),   1

400m	117.	**5:38.28**	319	5:55.38		110%
100m				-	1:26.26		-
200m				-	3:06.71		-

, 2012 (12   ),   1

100m				-	1:15.15		-
400m	121.	**5:41.46**	310	5:54.03	24.04.2024	107%
200m				-	3:09.62	25.04.2024	-

, 2010 (14   ),   1

400m				-	4:46.63		-
100m				-	1:06.13		-
200m		**2:25.04**	431	2:29.10		106%

, 2012 (12   ),   1

400m	142.	**6:03.54**	257	6:05.68	27.03.2024	101%
100m				-	1:34.62	28.03.2024	-
200m				-	3:04.05	25.04.2024	-

, 2010 (14   ),   -

400m				-	5:05.89		-
100m				-	1:11.00		-
200m				-	2:42.86		-

, 2010 (14   ),   -

400m				-	4:55.23	25.04.2024	-
100m				-	1:09.85	26.04.2024	-
200m		2:32.39	372	2:29.44	24.04.2024	96%

, 2013 (11   ),   1

400m	143.	**6:08.41**	247	6:15.63		104%
100m				-	1:27.90		-
200m				-	3:02.71		-

, 2010 (14   ),   -

100m				-	1:07.36	26.04.2024	-
400m				-	5:03.09	25.04.2024	-
200m				-	2:43.68	24.04.2024	-

                                                                                    11

, 2011 (13   ),   1

400m				-	4:32.58		-
100m				-	1:02.61		-
200m		**2:28.18**	404	2:30.35		103%

, 2010 (14   ),   -

400m				-	4:46.20		-
100m				-	1:17.05		-
200m		2:31.85	376	2:29.55		97%

, 2011 (13   ),   -

400m	17.	4:58.03	467	4:55.18		98%
100m				-	1:14.68		-
200m				-	2:40.38		-

, 2011 (13),							-
400m		25.	5:02.37	447	4:56.03	96%	
100m			-		1:14.95	-	
200m			-		2:47.54	-	
, 2012 (12),							1
400m		6.	**4:48.04**	517	4:52.60	103%	
100m			-		1:08.29	-	
200m			-		2:35.61	-	
, 2010 (14),							-
400m			-		5:07.65	-	
100m			-		1:18.39	-	
200m			2:39.51	324	2:37.36	97%	
, 2011 (13),							-
400m		51.	5:11.10	410	5:03.43	95%	
100m			-		1:22.64	-	
200m			-		2:40.55	-	
, 2012 (12),							-
400m			-		5:03.99	-	
100m			-		1:12.38	-	
200m			2:41.52	312	2:41.04	99%	
, 2012 (12),							-
100m			-		1:04.60	-	
400m			-		5:06.16	-	
200m			2:44.31	297	2:40.08	95%	
, 2011 (13),							1
100m			-		1:04.92	-	
400m		45.	**5:08.76**	420	5:09.05	100%	
200m			-		2:46.15	-	
, 2011 (13),							1
100m			-		1:06.09	-	
400m		37.	**5:05.59**	433	5:07.54	101%	
200m			-		2:47.50	-	
, 2010 (14),							1
100m			-		58.40	-	
400m			-		5:02.97	-	
200m			**2:34.04**	360	2:35.53	102%	
, 2011 (13),							1
400m		81.	**5:21.18**	373	5:21.64	100%	
100m			-		1:16.52	-	
200m			-		2:53.92	-	
, 2010 (14),							-
100m			-		1:04.14	-	
400m			-		5:03.00	-	
200m			-		2:42.92	-	
, 2010 (14),							-
400m			-		4:47.50	-	
100m			-		1:05.50	-	
200m			2:33.09	367	2:30.70	97%	
, 2011 (13),							-
400m		34.	5:05.09	435	5:00.47	97%	
100m			-		1:15.07	-	
200m			-		2:43.92	-	
, 2010 (14),							-
100m			-		1:05.23	-	
400m			-		4:49.66	-	
200m			2:49.32	271	2:40.00	89%	
, 2011 (13),							1
100m			-		1:05.75	-	
400m		31.	**5:04.59**	437	5:05.60	101%	
200m			-		2:53.11	-	
, 2010 (14),							-
100m			-		58.71	-	
400m			-		4:33.04	-	
200m			2:23.82	442	2:21.32	97%	
, 2010 (14),							-
400m			-		4:55.07	-	
100m			-		1:20.35	-	
200m			-		2:42.82	-	
- , 2012 (12),							1
400m		27.	**5:03.89**	440	5:10.25	104%	
100m			-		1:14.03	-	
200m			-		2:40.09	-	
, 2010 (14),							-
400m			-		4:58.35	-	
100m			-		1:24.37	-	
200m			2:42.83	305	2:38.43	95%	

, 2010 (14),					1
400m			-	4:48.68	-
100m			-	1:05.20	-
200m		**2:26.59**	418	2:29.33	104%
, 2011 (13),					-
400m	82.	5:21.20	373	5:11.48	94%
100m			-	1:12.72	-
200m			-	2:39.93	-
, 2010 (14),					-
100m			-	56.14	-
400m			-	4:40.00	-
200m		2:22.78	452	2:22.20	99%
, 2010 (14),					1
400m			-	4:27.15	-
100m			-	1:01.00	-
200m		**2:17.26**	509	2:18.68	102%
, 2011 (13),					1
100m			-	1:01.69	-
400m			-	5:07.83	-
200m		**2:40.51**	318	2:40.53	100%
, 2011 (13),					-
400m	29.	5:04.54	438	5:00.70	97%
100m			-	1:10.86	-
200m			-	2:38.82	-
					15
, 2011 (13),					1
400m	42.	**5:08.18**	422	5:12.96	103%
100m			-	1:11.54	-
200m			-	2:35.00	-
, 2010 (14),					1
100m			-	59.85	-
400m			-	4:54.15	-
200m		**2:35.08**	353	2:39.00	105%
, 2012 (12),					1
400m	114.	**5:35.58**	327	5:39.26	102%
100m			-	1:19.35	-
200m			-	2:56.07	-
, 2011 (13),					-
400m			-	4:56.00	-
100m			-	1:09.00	-
200m			-	2:45.00	-
, 2011 (13),					-
100m			-	1:37.00	-
200m			-	3:24.00	-
, 2011 (13),					-
100m			-	1:18.00	-
400m	147.	6:27.11	213	6:20.00	96%
200m			-	3:12.00	-
, 2012 (12),					-
100m			-	1:16.82	-
400m	146.	6:21.28	223	6:09.89	94%
200m			-	3:10.65	-
, 2010 (14),					1
400m			-	4:57.49	-
100m			-	1:14.00	-
200m		**2:29.45**	394	2:31.00	102%
, 2010 (14),					-
400m			-	5:59.00	-
100m			-	1:19.00	-
200m			-	2:45.00	-
, 2011 (13),					1
400m			-	5:01.37	-
100m			-	1:20.70	-
200m		**2:36.48**	343	2:38.89	103%
, 2010 (14),					-
100m			-	1:03.70	-
400m			-	5:05.00	-
200m			-	2:45.00	-
, 2012 (12),					1
400m	123.	**5:43.84**	304	5:50.00	104%
100m			-	1:27.00	-
200m			-	2:55.00	-
, 2011 (13),					-
400m			-	5:14.00	-
100m			-	1:11.00	-
200m			-	2:45.18	-

, 2013 (11),						1
400m	141.	**6:01.09**	262	6:01.11	100%	
100m			-	1:31.64	-	
200m			-	3:12.02	-	
, 2010 (14),						1
100m			-	55.90	-	
400m			-	4:26.70	-	
200m		**2:17.05**	511	2:18.70	102%	
, 2010 (14),						1
400m			-	4:56.47	-	
100m			-	1:07.50	-	
200m		**2:28.69**	400	2:31.87	104%	
, 2011 (13),						-
400m	149.	6:42.44	189	6:35.00	96%	
100m			-	1:28.00	-	
200m			-	3:10.00	-	
, 2013 (11),						-
100m			-	1:12.50	-	
400m			-	5:34.00	-	
200m			-	3:03.00	-	
, 2012 (12),						-
400m			-	5:41.00	-	
100m			-	1:27.00	-	
200m			-	3:01.00	-	
, 2010 (14),						1
100m			-	1:04.76	-	
400m			-	5:10.89	-	
200m		**2:38.47**	331	2:39.21	101%	
, 2011 (13),						1
400m	93.	**5:26.72**	354	5:34.09	105%	
100m			-	1:13.52	-	
200m			-	2:59.24	-	
, 2011 (13),						1
100m			-	1:02.02	-	
400m	88.	**5:23.00**	367	5:40.00	111%	
200m			-	2:48.00	-	
, 2011 (13),						-
400m	127.	5:45.02	301	5:38.96	97%	
100m			-	1:18.87	-	
200m			-	3:06.22	-	
, 2012 (12),						-
400m			-	5:09.00	-	
100m			-	1:15.85	-	
200m			-	2:46.85	-	
, 2011 (13),						1
400m	115.	**5:35.94**	326	5:38.76	102%	
100m			-	1:24.51	-	
200m			-	2:55.31	-	
, 2012 (12),						-
400m	116.	5:36.39	325	5:30.00	96%	
100m			-	1:26.50	-	
200m			-	2:55.00	-	
, 2011 (13),						-
100m			-	1:04.70	-	
400m			-	5:12.00	-	
200m			-	2:45.00	-	
, 2010 (14),						-
400m			-	4:47.00	-	
100m			-	1:08.00	-	
200m		2:28.99	398	2:28.00	99%	
, 2011 (13),						-
400m			-	5:16.00	-	
100m			-	1:20.50	-	
200m			-	2:50.00	-	
, 2011 (13),						1
400m	148.	**6:35.76**	199	6:40.58	102%	
100m			-	1:33.00	-	
200m			-	3:10.00	-	
, 2011 (13),						1
100m			-	1:04.01	-	
400m			-	4:52.34	-	
200m		**2:38.77**	329	2:39.78	101%	