ı	%						
						, 2011 (13),	
	101%	4:53.48	493	4:52.72	10.	, 2011 (13),	400m
	101%	1:11.32 2:35.20	489	2:34.58		0044 (40	100m 200m
	102%	5:08.05	337	5:04.73	127.	, 2011 (13),	400m
	- 105%	1:18.37 2:48.88	295	2:44.58	139.		100m 200m
	103%	4:46.77	421	4:43.04	38.	, 2010 (14),	400m
	103%	1:10.23 2:25.50	445	2:23.54	18.		100m 200m
	96%	5:03.12	321		143.	, 2010 (14),	400m
	96% - 105%	1:09.93 2:40.19	342	5:09.77 2:36.69	91.		100m 200m
				2.30.09	91.	, 2010 (14),	
	111%	57.36 4:59.79	414	4:44.69	43.		100m 400m
	108%	2:31.28	427	2:25.51	24.	, 2011 (13),	200m
	99%	5:27.33 1:14.81	347	5:28.91	100.		400m 100m
	102%	2:46.39	407	2:44.38		, 2010 (14),	200m
	103%	4:56.97 1:14.87	379 -	4:53.06	76.		400m 100m
	105%	2:34.33	387	2:30.38	55.	, 2010 (14),	200m
	100%	4:47.31 1:08.10	401	4:47.74	55.	, 2010 (11),	400m 100m
	99%	2:32.09	371	2:32.51	66.	, 2012 (12),	200m
	97%	5:44.42 1:21.94	288	5:49.98	132.	, 2012 (12),	400m 100m
	-	2:59.66	-			, 2010 (14),	200m
	-	58.01	-			, 2010 (14),	100m
	102% 102%	4:50.47 2:34.12	403 368	4:47.15 2:32.86	51. 70.	2011 (12	400m 200m
	-	1:02.34	-			, 2011 (13),	100m
	101% 106%	4:42.01 2:38.03	560 497	4:40.55 2:33.78	3.		400m 200m
	102%	4:51.80	515	4:48.49	7.	, 2011 (13),	400m
	- 106%	1:11.90 2:33.50	- 548	2:28.91			100m 200m
	101%	5:21.89	374	5:20.92	80.	, 2011 (13),	400m
	- 98%	1:19.46 2:51.06	- 352	2:52.47			100m 200m
	-	59.01	-			, 2010 (14),	100m
	96% 106%	4:57.39 2:32.60	341 404	5:03.75 2:28.24	123. 35.		400m 200m
				2.20.24	00.	, 2011 (13),	
	101%	1:09.62 5:21.68	375	5:20.52	78.		100m 400m
	103%	2:52.65	368	2:49.95		, 2011 (13),	200m
	103%	4:49.60 1:13.73	410 -	4:45.51	46.		400m 100m
	104%	2:32.11	395	2:29.38	44.	, 2011 (13),	200m
	98%	5:24.80 1:27.21	349	5:28.41	99.	, ()	400m 100m

	, 2010 (14),						1
400m		31.	4:41.45	428	4:40.73	99%	
100m		_		-	1:02.37	- -	
200m	0010 (11	8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m		86.	4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	•
	, 2010 (14),						2
400m		40.	4:43.35	420	4:47.34	103%	
100m		4.5	2.22.47	- 455	1:02.00	4049/	
200m	0044 (40	15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m			2:35.47	- 481	1:17.17	100%	
200m	, 2011 (13),		2.33.47	401	2:35.78	100%	1
100	, 2011 (13),				1.07.40		
100m		54.	5:11.71	409	1:07.49 5:08.16	-	
400m 200m		54.	2:52.14	408 354	2:53.06	98% 101%	
200111	, 2010 (14),		2.02.14	001	2.00.00	10170	2
400m	, 2010 (14),	130.	5:05.78	334	5:11.54	1049/	_
100m		130.	5.05.76	334	1:18.86	104%	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13),	01.	2.07.00	000	2.12.00	10070	2
400m	, 2011 (10),	68.	5:17.34	387	5:21.70	103%	_
100m		00.	3.17.04	-	1:09.93	-	
200m			2:40.43	438	2:41.48	101%	
							15
	2012 (12						2
400	, 2012 (12),				4.44.40		2
100m 400m		50.	5:10.60	412	1:11.43 5:16.95	104%	
200m		50.	2:50.17	367	2:51.60	102%	
200111	, 2010 (14),		2.30.17	307	2.51.00	10270	_
100m	, 2010 (14),			-	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						_
400m	, 2012 (12),	66.	5:17.24	387	5:12.74	97%	
100m		00.	02	-	1:20.48	-	
200m			2:41.42	430	2:37.03	95%	
	, 2010 (14),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14),						-
400m		62.	4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						2
400m		74.	5:19.44	379	5:20.36	101%	
100m				-	1:13.26	-	
200m	0040 (44		2:45.29	400	2:46.21	101%	
	, 2010 (14),						1
400m		66.	4:51.27	386	4:49.08	99%	
100m				-	1:07.68	-	
200m	0040 (40	51.	2:30.31	387	2:30.54	100%	•
400	, 2012 (12),				4.00.40		2
100m		4-	F.00.05	-	1:08.16	4000/	
400m		47.	5:09.90	415	5:21.42	108%	
200m	2012 (12		2:45.70	397	2:47.40	102%	4
400	, 2012 (12),				4.00.40		1
100m 400m		62.	5:14.32	398	1:08.40 5:15.16	- 101%	
200m		02.	2:51.16	360	2:51.08	100%	
200111	, 2010 (14),		2.01.10	300	2.01.00	100/0	_
100m	, 2010 (14),			-	1:01.11	-	-
400m		97.	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),		*****		2=:: 3	5570	2
400m	, 2011 (10),	21.	4:59.81	459	5:00.52	100%	_
100m				-	1:14.84	-	
200m			2:41.06	433	2:41.53	101%	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m			2:40.08	441	2:39.00	99%	

400m	, 2010 (14),	60	4.52.04	202	4:51.04	009/	-
400m		68.	4:52.04	383	4:51.04 1:05.26	99% -	
200m		36.	2:28.34	403	2:28.00	100%	
100	, 2010 (14),				4.00.00	4000/	1
400m 100m		18.	4:35.80	455 -	4:36.00 1:07.50	100%	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						2
400m		97.	5:27.25	353	5:28.72	101%	
100m 200m			2:52.23	354	1:20.44 2:52.24	100%	
	, 2011 (13),						1
400m		63.	5:16.47	390	5:12.90	98%	
100m 200m			2:43.41	- 414	1:11.34 2:44.44	- 101%	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		17. 86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
200111	, 2010 (14),	00.	2.00.14	040	2.00.04	3070	_
400m	, ==== (, , ,,	75.	4:53.03	380	4:50.50	98%	
100m		46	2,20,60	-	1:16.20	- 000/	
200m	, 2010 (14),	46.	2:29.60	393	2:29.00	99%	_
400m	, 2010 (11),	14.	4:32.52	472	4:32.06	100%	
100m		-	0.40.00	-	1:00.00	-	
200m	, 2011 (13),	7.	2:18.80	492	2:17.73	98%	1
400m	, 2011 (13),	89.	5:23.67	364	5:19.00	97%	'
100m				-	1:16.50	-	
200m			2:49.37	372	2:50.15	101%	
							34
	, 2011 (13),						-
100m	, - (- //			-	1:01.00	-	
400m 200m		147. 108.	5:12.93 2:39.54	312 324	5:12.00 2:38.50	99% 99%	
200111	, 2012 (12),	100.	2.39.34	324	2.30.30	9970	_
100m	, 2012 (12),			-	1:10.00	-	
400m		90.	5:24.46	362	5:17.00	95%	
200m	, 2010 (14),		3:01.35	303	2:52.00	90%	1
100m	, 2010 (14),			-	1:01.00	-	
400m		36.	4:42.02	426	4:43.00	101%	
200m	, 2012 (12),	57.	2:30.56	386	2:30.00	99%	1
100m	, 2012 (12),			_	1:05.00	_	'
400m		144.	5:10.95	318	5:03.00	95%	
200m	, 2012 (12),	132.	2:43.49	301	2:45.00	102%	
400m	, 2012 (12),	65.	5:17.11	388	5:06.00	93%	_
100m				-	1:12.90	-	
200m	2011 /42		2:49.57	371	2:46.00	96%	
100m	, 2011 (13),			-	1:09.00	-	-
400m		77.	5:20.22	376	5:17.90	99%	
200m	0040 (40		2:52.67	351	2:49.60	96%	
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	-
100m		104.	0.01.00	-	1:21.99	-	
200m	0040 (4.4		2:51.56	358	2:49.60	98%	_
400m	, 2010 (14),	89.	4:55.23	371	4:56.38	101%	2
100m		00.	4.00.20	-	1:13.64	-	
200m		27.	2:26.65	417	2:27.94	102%	
100~	, 2011 (13),				1.05 50		1
100m 400m		41.	5:07.47	425	1:05.50 5:15.00	- 105%	
200m			2:47.81	382	2:46.00	98%	
400=	, 2010 (14),				E0.05		-
100m 400m		131.	5:05.83	334	59.95 4:54.00	- 92%	
200m		125.	2:41.98	310	2:36.00	93%	

							_
	2010 (14						
400m	, 2010 (14),	146.	5:11.13	317	5:04.00	95%	-
100m		140.	5.11.15	-	1:15.00	95%	
200m		79.	2:34.76	355	2:33.00	98%	
200	, 2011 (13),		2.0 0	333	2.00.00	36,0	-
100m	, == : (: =),			-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m			2:52.35	353	2:47.00	94%	
	, 2010 (14),						1
400m	, , , , , , , , , , , , , , , , , , , ,	105.	4:59.61	355	4:58.00	99%	
100m				-	1:18.00	-	
200m		81.	2:34.91	354	2:38.35	104%	
	, 2012 (12),						1
400m		103.	5:30.30	343	5:26.00	97%	
100m				-	1:18.50	-	
200m			2:50.18	367	2:54.00	105%	
	, 2010 (14),						-
100m				-	1:00.00	-	
400m		64.	4:51.10	387	4:44.22	95%	
200m	0044 (40	78.	2:34.27	358	2:30.55	95%	
	, 2011 (13),						-
400m		96.	4:58.10	360	4:58.00	100%	
100m		127.	2:42.29	308	1:10.00	96%	
200m	2012 (12)	127.	2.42.29	306	2:38.60	90%	1
400m	, 2012 (12),	140.	5:56.43	272	6:00.00	4020/	1
400m		140.	5:56.43	273	6:00.00 1:22.00	102%	
200m				-	3:14.00	- -	
200	, 2010 (14),				011 1100		1
400m	, 2010 (14),	19.	4:35.84	455	4:41.90	104%	'
100m		13.	4.55.54		1:06.90	-	
200m		43.	2:29.07	397	2:28.50	99%	
	, 2011 (13),						1
400m	, == (,,	72.	5:18.21	384	5:06.76	93%	
100m				-	1:16.54	-	
200m			2:35.71	479	2:36.17	101%	
	, 2011 (13),						-
400m	, , , , , , , , , , , , , , , , , , , ,	79.	4:53.46	378	4:53.00	100%	
100m				-	1:09.00	-	
200m		138.	2:44.35	296	2:42.00	97%	
	, 2012 (12),						-
400m		126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	-	
200m				-	2:58.00	-	_
	, 2012 (12),						2
400m		92.	5:25.53	358	5:31.00	103%	
100m			2.54.00	-	1:17.50	100%	
200m	0040 (40		2:51.90	356	2:57.00	106%	
400	, 2012 (12),					4000/	1
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%	
200m				-	3:03.74	-	
200111	, 2010 (14),			_	3.03.74	_	_
400m	, 2010 (14),	133.	5:05.92	333	4:52.00	91%	
100m		133.	3.03.32	-	1:10.00	3170	
200m		151.	2:53.07	254	2:45.00	91%	
	, 2012 (12),						2
100m	, ·- (· -),			-	1:05.00	-	-
400m		18.	4:58.44	465	5:05.50	105%	
200m			2:39.91	442	2:40.14	100%	
	, 2010 (14),						-
400m		156.	5:25.52	277	5:20.00	97%	
100m				-	1:09.00	-	
200m		146.	2:47.48	280	2:41.00	92%	
	, 2011 (13),						1
400m		86.	5:21.67	371	5:14.45	96%	
100m				-	1:23.21	-	
200m			2:43.02	417	2:43.34	100%	
	, 2011 (13),						-
400m		135.	5:52.65	282	5:25.00	85%	
100m			0.54.00	- 241	1:23.00	-	
200m	, 2011 (13),		2:54.33	341	2:50.00	95%	1
400m	, 2011 (13),	128.	5:46.63	207	5.30.00	040/	1
400m 100m		120.	5.40.03	297	5:30.00 1:17.00	91%	
200m			2:52.99	349	2:53.00	100%	
				3.0		.00,0	

	, 2010 (14),						-
100m			. =	-	58.79	-	
400m		92.	4:56.39	367	4:50.00	96%	
200m	, 2011 (13),	85.	2:35.94	347	2:35.29	99%	2
400m	, 2011 (13),	55.	5:11.97	407	5:19.78	105%	_
100m		55.	5.11.97	407	1:11.45	103%	
200m			2:38.13	457	2:41.12	104%	
	, 2012 (12),						-
400m	, == (=),	58.	5:13.29	402	5:10.00	98%	
100m				-	1:16.00	-	
200m			2:53.32	347	2:50.00	96%	
	, 2013 (11),						-
400m		145.	6:18.95	227	6:02.00	91%	
100m				-	1:29.00	-	
200m	, 2010 (14),			-	3:10.00	-	
400m	, 2010 (14),	118.	5:02.37	345	4:56.00	96%	-
100m		110.	3.02.37	343	1:08.00	3070	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	-	
200m	0040 (44		2:33.98	495	2:35.69	102%	_
400	, 2013 (11),				= 00.00	40404	2
400m		101.	5:29.00	347	5:30.00 1:17.00	101%	
100m 200m			2:51.18	360	2:53.00	102%	
	, 2012 (12),						1
400m	, == (=),	94.	4:56.78	365	5:00.00	102%	•
100m				-	1:10.50	-	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),						1
100m		70	5 40 00	-	1:08.00	-	
400m 200m		70.	5:18.02 2:47.79	384 383	5:24.00 2:47.00	104% 99%	
200111	, 2013 (11),		2.41.13	303	2.47.00	3370	1
400m	, 2010 (11),	122.	5:42.96	306	5:43.00	100%	
100m				-	1:28.79	-	
200m				-	2:59.00	-	
	, 2013 (11),						2
100m		94.	5:26.73	- 254	1:08.00	- 105%	
400m 200m		34.	2:48.29	354 379	5:35.00 2:53.00	106%	
200111	, 2012 (12),		2.40.20	0.0	2.00.00	10070	1
400m	, == (:= /,	109.	5:32.34	337	5:36.00	102%	
100m				-	1:22.50	-	
200m				-	2:58.00	-	
	, 2011 (13),						-
400m		128.	5:04.94	337	4:55.00	94%	
100m		121.	2:41 65	- 211	1:09.00	92%	
200m	, 2010 (14),	121.	2:41.65	311	2:35.00	9270	2
400m	, 2010 (17),	88.	4:54.94	372	5:00.00	103%	_
100m				-	1:05.50	-	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						1
100m					1:05.90	-	
400m		61.	5:14.16	399	5:14.00	100%	
200m	, 2012 (12),		2:43.23	416	2:46.00	103%	1
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	ı
100m		20.	0.00.01	-	1:15.60	-	
200m			2:31.56	519	2:34.33	104%	
	, 2010 (14),						2
400m		151.	5:17.63	298	5:20.00	101%	
100m		400	0-40-00	-	1:11.00	4000/	
200m		126.	2:42.08	309	2:44.00	102%	
							25
	, 2010 (14),						2
100m	, 2010 (17),			-	55.22	-	_
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

, 29. - 31.5.2024

400	, 2011 (13),	00	E-04 00	272	5.12.00	040/	
400m 100m		83.	5:21.23	373 -	5:12.00 1:22.72	94% -	
200m	, 2012 (12),		2:44.75	404	2:47.38	103%	
400m	, 2012 (12),	52.	5:11.42	409	5:11.20	100%	
100m 200m			2:46.30	393	1:19.71 2:45.10	- 99%	
	, 2010 (14),			000		0070	
400m 100m		21.	4:38.39	443	4:43.78 1:15.65	104%	
200m		31.	2:27.12	413	2:27.24	100%	
400m	, 2011 (13),	107.	5:00.11	353	5:02.18	101%	
100m				-	1:14.97	-	
200m	, 2011 (13),	136.	2:44.26	297	2:38.82	93%	
100m	, , ,	50	5.40.00	-	1:05.00	-	
400m 200m		56.	5:13.06 2:46.32	403 393	5:10.00 2:48.00	98% 102%	
400	, 2010 (14),		4.47.40	500	4.40.00	0.407	
400m 100m		3.	4:17.49	560 -	4:10.30 1:02.52	94% -	
200m	, 2010 (14),	10.	2:20.18	478	2:22.10	103%	
100m	, 2010 (14),			-	1:04.00	-	
400m 200m		65. 90.	4:51.20 2:36.52	387 343	4:53.44 2:39.02	102% 103%	
200	, 2010 (14),			0.0	2.00.02	1.0070	
400m 100m		1.	4:08.68	621	4:09.73 1:05.00	101%	
200m	0040 (40	1.	2:07.95	629	2:13.50	109%	
400m	, 2012 (12),	59.	5:13.52	401	5:10.78	98%	
100m				-	1:14.00	-	
200m	, 2011 (13),		2:45.50	399	2:47.46	102%	
400m	, , ,	138.	5:06.74	331	5:02.39	97%	
100m 200m		122.	2:41.73	311	1:13.50 2:40.24	98%	
100m	, 2011 (13),			-	1:11.46		
400m		32.	5:04.87	436	5:12.37	105%	
200m	, 2011 (13),		2:51.00	361	2:52.37	102%	
400m	, ==== ,,	11.	4:53.33	490	4:55.57	102%	
100m 200m			2:32.60	509	1:12.97 2:33.78	102%	
400	, 2011 (13),			400		4000/	
400m 100m		53.	5:11.69	408	5:24.16 1:15.63	108% -	
200m	, 2010 (14),		2:41.71	427	2:45.16	104%	
400m	, 2010 (14),	80.	4:53.47	378	4:53.24	100%	
100m	, 2010 (14),			-	1:09.17	-	
100m	, 2010 (14),			-	1:02.18	-	
400m 200m		61. 93.	4:50.80 2:37.15	388 339	5:00.24 2:41.49	107% 106%	
	, 2011 (13),						
400m 100m		106.	5:31.72	339	5:18.20 1:15.73	92%	
200m	2040 (44		2:46.53	391	2:40.40	93%	
100m	, 2010 (14),			-	1:00.20	-	
400m		37.	4:42.97	422	4:46.76	103%	
200m	, 2011 (13),	63.	2:31.60	378	2:29.33	97%	
100m		64	E.47.00	-	1:05.89	-	
		64.	5:17.06 2:52.88	388 350	5:20.16 2:51.94	102% 99%	
400m 200m							
200m	, 2011 (13),	40	E.40.44	44.4	E.40.44	1000/	
	, 2011 (13),	48.	5:10.11 2:44.12	414 - 409	5:12.44 1:15.06 2:46.53	102% - 103%	

	, 2011 (13),							1
400m	, =0(.0),	82.	4:53.81	377	4:51.26		98%	•
100m				-	1:04.54		-	
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	
100m	, 2012 (12),			-	1:24.71		_	_
100111	, 2010 (14),				1.27.71			_
400m	, (12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m		40	0.04.05	-	1:04.92	29.03.2024	-	
200m	, 2010 (14),	12.	2:21.05	469	2:20.41	24.04.2024	99%	2
400m	, 2010 (14),	4.	4:18.37	554	4:21.07	25.04.2024	102%	
100m				-	1:02.09	26.04.2024	-	
200m	2042 (42	11.	2:20.34	476	2:21.29	24.04.2024	101%	4
100m	, 2012 (12),			-	1:12.87		_	1
400m		134.	5:52.45	282	6:02.18		106%	
200m				-	3:03.57		-	
400	, 2010 (14),							-
100m 400m		8.	4:28.25	495	56.54 4:22.37	26.04.2024 25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m 400m		100.	1.50 66	250	1:01.04		100%	
200m		53.	4:58.66 2:30.35	358 387	4:58.23 2:32.38		103%	
	, 2011 (13),							1
100m		440	5 00 0 7	-	1:11.63		-	
400m 200m		119.	5:39.67 3:01.38	315 303	5:41.67 2:57.97		101% 96%	
200111	, 2011 (13),		0.01.00	000	2.07.07		0070	1
100m				-	1:07.27		-	
400m 200m		69.	5:17.47 2:46.80	386 389	5:16.74 2:48.80		100% 102%	
200111	, 2010 (14),		2.40.00	309	2.40.00		10276	_
400m	, 2010 (11),	70.	4:52.05	383	4:50.62		99%	
100m				-	1:04.31		-	
200m	2011 (12	103.	2:38.60	330	2:36.18		97%	4
400m	, 2011 (13),	39.	5:06.09	431	5:03.05		98%	1
100m		00.	0.00.00	-	1:09.13		-	
200m	0044 (40		2:40.06	441	2:42.47		103%	
400m	, 2011 (13),	75.	5:19.74	378	5:25.39	24.04.2024	104%	1
100m		70.	0.10.74	-	1:15.43	26.04.2024	-	
200m			2:45.65	398	2:44.59	22.06.2023	99%	
400	, 2010 (14),				4.00.00	00.04.0004		2
100m 400m		126.	5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
400	, 2011 (13),	50	4 40 05	000	4.55.05	05.04.0004	4050/	2
400m 100m		58.	4:48.95	396	4:55.65 1:20.23	25.04.2024 26.04.2024	105%	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m 400m		95.	4:56.87	365	1:03.95 4:53.13	26.04.2024 25.04.2024	- 97%	
400111	, 2011 (13),	30.	4.30.07	303	4.33.13	23.04.2024	31 /0	1
400m	,	67.	5:17.33	387	5:12.70		97%	•
100m				-	1:13.24		-	
200m	, 2010 (14),		2:41.16	432	2:41.91		101%	1
400m	, 2010 (17),	116.	5:02.10	346	4:55.78	25.04.2024	96%	'
100m				-	1:18.07	26.04.2024	-	
200m	2044 (42	99.	2:37.98	334	2:39.71	24.04.2024	102%	4
400m	, 2011 (13),	57.	5:13.27	402	5:07.61		96%	1
100m		<i>51</i> .	0.10.27	-	1:18.86		-	
200m			2:40.38	438	2:43.95		105%	
400	, 2010 (14),				4 00	00.04.005		2
100m 400m		41.	4:43.61	419	1:06.23 4:46.97	26.04.2024 25.04.2024	- 102%	
200m		114.	2:40.71	317	2:48.11		109%	
	, 2010 (14),							1
400m 100m		99.	4:58.54	359	4:56.78		99%	
200m		89.	2:36.50	343	1:12.94 2:39.46		104%	

	, 2011 (13),							2
400m 100m		120.	5:02.84	344	5:06.52 1:20.24		102%	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m 100m		60.	5:13.71	400	5:11.05 1:11.42		98%	
200m			2:46.53	391	2:44.78		98%	
	, 2011 (13),							1
100m		400	4.50.05	-	1:00.75	26.04.2024	-	
400m 200m		102. 68.	4:58.95 2:32.62	357 370	4:55.91 2:35.06	25.04.2024 24.04.2024	98% 103%	
	, 2010 (14),							1
400m		50.	4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	444	1:07.57 2:23.78		100%	
	, 2010 (14),							-
100m		00	4.54.00	-	1:02.09		-	
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
	, 2012 (12),							-
100m		70	5.40.55	-	1:06.45		-	
400m 200m		73.	5:18.55 2:51.00	382 361	5:15.39 2:50.71		98% 100%	
	, 2011 (13),						,	1
100m				-	1:00.60		-	
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
	, 2011 (13),							2
100m			. ==	-	1:05.45	26.04.2024	-	
400m 200m		9.	4:52.11 2:42.25	496 423	4:58.56 2:44.93	24.04.2024 25.04.2024	104% 103%	
200	, 2012 (12),			0	2	2010 11202 1	.0070	-
400m		155.	5:24.45	279	5:10.60	25.04.2024	92%	
100m 200m		147.	2:47.94	278	1:22.81 2:47.64	26.04.2024 24.04.2024	100%	
200	, 2010 (14),		2	2.0	2		.0070	1
400m		137.	5:06.69	331	5:15.13	25.04.2024	106%	
100m 200m		116.	2:41.11	315	1:20.61 2:38.12	28.03.2024 24.04.2024	96%	
	, 2011 (13),							1
400m	, , , , , , , , , , , , , , , , , , , ,	113.	5:35.23	328	5:24.88		94%	
100m 200m			2:48.69	376	1:21.65 2:52.72		105%	
200	, 2010 (14),			0.0	2.022		.0070	2
400m		33.	4:41.84	427	4:48.82		105%	
100m 200m		29.	2:26.83	416	1:17.47 2:32.09		107%	
	, 2010 (14),							1
400m		60.	4:50.43	390	4:52.60		101%	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
200	, 2012 (12),	00.	2.02.00	0.0	2.200		0070	2
100m				-	1:04.40	28.03.2024	-	
400m 200m		57. 102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
	, 2010 (14),							1
400m		9.	4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	529	1:01.56 2:16.53		101%	
	, 2011 (13),							1
400m		85.	5:21.42	372	5:19.67		99%	
100m 200m			2:37.58	462	1:12.01 2:38.51		101%	
	, 2010 (14),							-
400m		54.	4:47.64	401	4:47.50		100%	
100m 200m		22.	2:25.16	430	1:12.80 2:22.60		97%	
-=	, 2011 (13),				00		/ •	1
400m	, <i>,</i> ,	87.	5:22.95	367	5:22.80		100%	
100m 200m			2:39.45	446	1:06.89 2:41.50		103%	
2001	, 2012 (12),						.5576	-
100m	•	25	F 00 1-	-	1:03.95	26.04.2024	-	
400m 200m		26.	5:03.12 2:43.63	444 413	4:55.54 2:42.67	24.04.2024	95% 99%	
							-370	

	, 2012 (12),							1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m				-	1:06.87		-	
400m		49.	5:10.15	414	5:17.13		105%	
200m	, 2011 (13),		2:43.13	416	2:41.97		99%	2
100m	, 2011 (13),			-	1:04.58		-	_
400m		109.	5:00.25	353	5:01.18	25.04.2024	101%	
200m	0044 (40	117.	2:41.17	314	2:41.79	24.04.2024	101%	
400	, 2011 (13),	04	5.04.00	200	F:00.04		000/	1
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99% -	
200m			2:51.42	359	2:53.69		103%	
	, 2011 (13),							-
400m 100m		153.	5:22.37	285	5:13.38 1:28.91		95%	
200m		149.	2:49.23	271	2:44.49		94%	
	, 2011 (13),							2
400m		24.	5:01.70	450	5:03.35		101%	
100m 200m			2:39.03	449	1:07.74 2:39.68		- 101%	
200111	, 2012 (12),		2.39.03	449	2.39.00		10178	_
400m	, == (=	138.	5:54.90	276	5:54.14	24.04.2024	100%	
100m				-	1:21.59	26.04.2024	-	
200m	2010 (14			-	3:02.87	25.04.2024	-	4
100m	, 2010 (14),			_	54.12		_	1
400m		2.	4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
400	, 2010 (14),	40	4.44.20	446	4.40.40	25.04.2024	000/	1
400m 100m		42.	4:44.29	416	4:42.10 1:09.79	25.04.2024 26.04.2024	98%	
200m		13.	2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11),							2
400m		108.	5:32.14	337	5:39.66		105%	
100m 200m			2:56.42	329	1:34.94 2:56.62		100%	
	, 2011 (13),							2
400m	, , , , , , , , , , , , , , , , , , , ,	105.	5:31.45	339	5:32.47		101%	
100m			2.52.02	- 255	1:25.17		4040/	
200m	, 2012 (12),		2:52.03	355	2:55.64		104%	_
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m				-	1:22.25	26.04.2024	-	
200m	2044 (42			-	3:05.11	25.04.2024	-	
400m	, 2011 (13),	71.	5:18.19	384	5:14.84	23.11.2023	98%	-
100m		71.	5.10.19	-	1:22.53	23.11.2023	9070	
200m			2:45.55	398	2:43.30	25.04.2024	97%	
400	, 2012 (12),	0.4	5.04.44	070	5.04.05	04.04.0004	1000/	1
400m 100m		84.	5:21.41	372	5:21.05 1:15.63	24.04.2024 26.04.2024	100%	
200m			2:45.49	399	2:45.78	25.04.2024	100%	
	, 2012 (12),							2
400m		28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m 200m			2:45.80	397	1:13.60 2:49.88	26.04.2024 25.04.2024	105%	
200	, 2010 (14),			00.	2	20.0202 .	10070	2
100m	, , ,			-	1:02.55		-	
400m		52.	4:47.24	403	4:49.66		102%	
200m	, 2011 (13),	84.	2:35.53	350	2:38.32		104%	_
100m	, 2011 (10),			-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	0040 (40		2:40.13	440	2:39.16	25.04.2024	99%	_
400	, 2012 (12),	00	E.20 40	250	E-20 04		1000/	2
400m 100m		98.	5:28.19	350 -	5:30.94 1:15.24		102% -	
200m			2:47.68	383	2:51.65		105%	
	, 2012 (12),	- 2		.= /				1
400m		44.	5:08.56	421	5:16.23 1:22.27		105%	
100m 200m			2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m		136.	5:52.85	281	5:58.66		103%	
100m				-	1:22.81		-	
200m	0040 (44		2:54.80	338	2:56.19		102%	
	, 2010 (14),							-
100m		400	E-0E-00	-	1:05.38	26.04.2024	-	
400m		160. 144.	5:35.23	253 283	5:34.20	25.04.2024 24.04.2024	99% 99%	
200m	2010 (14	144.	2:46.90	203	2:46.19	24.04.2024	99%	4
400m	, 2010 (14),	27.	4.40.00	435	1:46 EO		105%	1
100m		21.	4:40.00	433	4:46.52 1:04.59		103%	
200m		28.	2:26.71	417	2:24.49		97%	
	, 2012 (12),							_
400m	, 2012 (12),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m		.20.		-	1:29.97	19.04.2024	-	
200m			2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13),							1
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m				-	1:18.51	26.04.2024	-	
200m				-	3:02.43	25.04.2024	-	
	, 2010 (14),							2
400m		154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m		440	2.40.45	-	1:15.19	26.04.2024	1060/	
200m	, 2011 (13),	112.	2:40.45	318	2:45.47	24.04.2024	106%	
100m	, 2011 (13),			_	1.04.60	26 10 2022		-
100m 400m		13.	4:54.85	482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m		13.	2:34.91	486	2:34.71	22.11.2023	100%	
	, 2011 (13),							1
100m	, 2011 (10),			_	1:18.22	24.11.2023	_	•
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m				-	2:59.25	25.04.2024	-	
	, 2011 (13),							1
100m				-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m	2010 (11	110.	2:39.84	322	2:42.00		103%	
400	, 2010 (14),			400				-
400m		35.	4:41.88	426	4:40.20		99%	
100m 200m		58.	2:30.84	383	1:08.47 2:29.71		99%	
200111	, 2011 (13),	50.	2.50.04	300	2.23.71		3370	_
400m	, 2011 (13),	73.	4:52.60	381	4:50.48		99%	_
100m		73.	4.32.00	-	1:08.99		-	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m				-	1:17.03		-	
	, 2010 (14),							2
100m				-	59.64		-	
400m		29.	4:41.14	430	4:51.18		107%	
200m	0044 (40	16.	2:22.56	454	2:25.57		104%	_
400	, 2011 (13),	20	5.04.55	400	F:40 0F	04.04.0004	4000/	2
400m 100m		30.	5:04.55	438	5:16.65 1:19.49	24.04.2024 26.04.2024	108%	
200m			2:38.03	458	2:39.45	25.04.2024	102%	
200111	, 2010 (14),		2.00.00	100	2.00.10	20.01.2021	10270	1
400m	, 2010 (11),	145.	5:11.00	317	5:02.94		95%	•
100m				-	1:11.66		-	
200m		120.	2:41.59	312	2:42.38		101%	
	, 2012 (12),							-
400m		114.	5:01.82	347	5:00.14	25.04.2024	99%	
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							2
100m				-	1:04.73	28.03.2024	-	
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m	2011 (12	103.	2:38.60	330	2:45.39	16.06.2023	109%	4
400	, 2011 (13),	40	E:00 47	447	E-0E 00		000/	1
400m 100m		46.	5:09.47	417 -	5:05.80 1:11.00		98%	
200m			2:36.77	469	2:39.70		104%	
_00.11	, 2010 (14),			.00			10 170	2
100m	, == (/)			-	55.65	26.04.2024	-	_
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	

400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	1
100m		132.	5.05.65	334	1:14.56		99%	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m	, , , , , , , , , , , , , , , , , , , ,			_	1:04.13		_	
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							-
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m			0.40.40	-	1:11.34	26.04.2024	-	
200m	2010 (11	111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							1
400m		144.	6:15.17	234	6:23.56	24.04.2024 26.04.2024	105%	
100m 200m				-	1:38.18 3:46.50	06.12.2023	-	
200111	, 2011 (13),				3.40.30	00.12.2023		2
100m	, 2011 (10),			-	1:06.34		_	_
400m		117.	5:02.29	346	5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							2
100m	, , , , ,			-	1:06.69	07.12.2023	-	
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m	0040 (44	129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							1
400m		23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m	2044 (42			-	1:03.07	26.04.2024	-	
100	, 2011 (13),				1.00.10			1
100m 400m		25.	4:39.41	438	1:00.12 4:43.97		103%	
400111	, 2011 (13),	25.	4.33.41	430	4.43.37		10376	2
400m	, 2011 (13),	150.	5:15.84	303	5:17.90	25.04.2024	101%	_
100m		100.	3.13.04	-	1:15.34	26.04.2024	-	
200m		142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,	83.	4:54.17	375	5:11.10	23.11.2023	112%	
100m				-	1:10.36		-	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m		40	4 40 00	-	59.62	26.04.2024	-	
400m		49. 33.	4:46.80 2:27.57	405 410	4:37.90 2:27.45	25.04.2024 24.04.2024	94% 100%	
200m	, 2012 (12),	33.	2.21.31	410	2.27.45	24.04.2024	100%	1
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	
100m			0.0	-	1:20.12		-	
200m			2:53.67	345	2:54.00		100%	
	, 2011 (13),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.03		-	
400m		33.	4:41.84	427	4:42.88		101%	
200m	0044 (40	83.	2:35.11	353	2:33.34		98%	
	, 2011 (13),							1
100m		0	4.50.00	-	59.14		-	
400m 200m		8.	4:52.02 2:28.25	496 555	4:49.86 2:29.93		99% 102%	
200	, 2012 (12),			000	2.20.00		.0270	1
400m	, 2012 (12),	118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m		110.	0.00.24	-	1:21.52	26.04.2024	-	
200m				-	3:01.82	25.04.2024	-	
	, 2011 (13),							2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m				-	1:05.31	26.04.2024	-	
200m	0044 (40		2:29.68	539	2:31.57	25.04.2024	103%	
400	, 2011 (13),						1000/	1
400m		110.	5:00.43	352	5:00.56		100%	
100m 200m		109.	2:39.77	323	1:10.64 2:39.17		99%	
_00111	, 2010 (14),	100.	2.00.7	020			5570	2
400m	, 2010 (14),	106.	4:59.83	354	5:03.85		103%	_
100m		100.	4.00.00	-	1:09.98		-	
		92.	2:36.85	341	2:39.94		104%	
200m		32.	2.00.00	J -1 1	2.00.01			
200m	, 2010 (14),	92.	2.50.55	341	2.00.01			2
100m	, 2010 (14),			-	58.78		-	2
	, 2010 (14),	13. 32.	4:31.82 2:27.18					2

	, 2011 (13),							2
400m 100m		79.	5:20.72	375 -	5:29.96 1:27.32	27.03.2024 26.04.2024	106%	
200m			2:47.57	384	2:52.36	25.04.2024	106%	
	, 2011 (13),							-
400m 100m		141.	5:08.43	325	5:06.86 1:20.91		99%	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m	, 2011 (13),			-	1:08.42		-	2
100m	, 2011 (13),			_	1:05.35	26.04.2024	_	
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m	0040 (4.4	135.	2:44.12	298	2:48.84	24.04.2024	106%	
400m	, 2010 (14),	28.	4:40.52	433	4:43.30		102%	1
100m		20.	4.40.32	-	1:13.19		-	
200m	0044 (40	23.	2:25.38	428	2:22.59		96%	_
400m	, 2011 (13),	124.	5:44.02	303	5:55.78		107%	2
100m		124.	3.44.02	-	1:24.03		107 /6	
200m			2:50.38	365	2:57.06		108%	
400	, 2012 (12),	20	5.05.00	404	F-00 00		000/	1
400m 100m		38.	5:05.99	431 -	5:00.22 1:13.94		96%	
200m			2:40.97	433	2:41.99		101%	
400	, 2013 (11),	20	5.07.40	050	5.00.40	07.00.0004	4000/	1
400m 100m		96.	5:27.19	353	5:30.42 1:17.86	27.03.2024 26.04.2024	102%	
200m				-	2:59.30	20.0 1.202 1	-	
	, 2011 (13),							1
400m 100m		4.	4:40.74	559	4:37.71 1:04.81		98%	
200m			2:27.56	563	2:27.89		100%	
	, 2010 (14),							1
100m 400m		159.	5:30.87	263	1:08.86	26.04.2024 25.04.2024	1020/	
200m		152.	2:57.84	234	5:34.76 2:37.96	25.04.2024	102% 79%	
	, 2010 (14),							2
400m		72.	4:52.50	382	4:52.68		100%	
100m 200m		52.	2:30.33	387	1:18.06 2:31.09		101%	
	, 2010 (14),							1
100m	, , , ,			-	59.59		-	
200m	2011 (12	50.	2:30.23	388	2:32.95		104%	
100m	, 2011 (13),			_	59.17	26.04.2024	_	-
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	2011 (12		2:33.20	503	2:31.66	25.04.2024	98%	2
400m	, 2011 (13),	2.	4:38.68	571	4:40.10	24.04.2024	101%	2
100m		2.		-	1:12.77	23.11.2023	-	
200m	0040 (40		2:22.53	624	2:24.20	25.04.2024	102%	
100m	, 2012 (12),			_	1:18.15	26.10.2023	_	1
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m	0044 (40		2:55.96	332	2:56.24	25.04.2024	100%	
100m	, 2011 (13),			_	1:02.61	05.10.2023	_	-
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m			2:33.61	499	2:33.58	25.04.2024	100%	
400	, 2010 (14),	150	F-20.00	205	E-20 00	25.04.2024	4000/	1
400m 100m		158.	5:30.09	265 -	5:30.90 1:13.92	25.04.2024 26.04.2024	100%	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
400	, 2010 (14),	e-	4.54.00	070	4 40 00		0001	1
400m 100m		85.	4:54.88	372 -	4:48.30 1:05.77		96% -	
200m		39.	2:28.77	400	2:30.91		103%	
400	, 2011 (13),				4.00 :=			2
100m 400m		19.	4:58.75	- 464	1:03.15 5:01.84		102%	
200m		10.	2:34.95	486	2:36.98		103%	

	, 2011 (13),							2
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m			2:34.85	487	2:37.06	25.04.2024	103%	
	, 2011 (13),							2
400m		59.	4:49.29	394	4:55.83		105%	
100m 200m		56.	2:30.47	386	1:06.88 2:34.49		105%	
200111	, 2010 (14),	00.	2.00.47	000	2.01.10		10070	_
100m	, (),			-	1:00.40		-	
400m		32.	4:41.74	427	4:38.00		97%	
200m	2012 (12	106.	2:39.25	326	2:32.00		91%	1
400m	, 2012 (12),	130.	5:48.45	292	5:49.10	24.04.2024	100%	'
100m		100.	0.40.40	-	1:31.39	28.03.2024	-	
200m				-	3:00.67	25.04.2024	-	
400	, 2011 (13),				4.40.07			-
100m 400m		163.	5:43.56	235	1:10.37 5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							1
400m		35.	5:05.10	435	5:02.99		99%	
100m 200m			2:46.69	390	1:22.25 2:47.42		- 101%	
200111	, 2012 (12),		2.40.03	000	2.77.72		10170	1
100m	, - (),			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m	, 2012 (12),		2:48.73	376	2:49.79		101%	1
400m	, 2012 (12),	133.	5:50.71	286	6:01.10	24.04.2024	106%	'
100m				-	1:15.81	26.04.2024	-	
200m	2242/44		2:57.87	321	2:57.50	25.04.2024	100%	
400	, 2010 (14),	60	4.50.04	202	4.50.40	25.04.2024	000/	-
400m 100m		68.	4:52.04	383	4:50.19 1:18.29	25.04.2024 06.10.2023	99%	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
	, 2011 (13),							-
100m		450	0.00.05	-	1:16.04		-	
200m	, 2010 (14),	153.	3:00.95	222	2:48.79		87%	_
100m	, 2010 (14),			-	1:01.60		-	
400m		119.	5:02.76	344	5:02.70		100%	
200m	2010 (10	100.	2:38.04	333	2:35.00		96%	
100m	, 2012 (12),				1:15.24			1
400m		131.	5:49.82	289	6:01.03		107%	
200m				-	3:11.37		-	
400	, 2011 (13),		= 0.4.00	400	=			1
400m 100m		33.	5:04.98	436	5:03.60		99%	
200m								
			2:41.78	427	1:10.20 2:42.00		100%	
	, 2011 (13),		2:41.78	427	2:42.00		100%	1
400m	, 2011 (13),	36.	2:41.78 5:05.26	435	2:42.00 5:03.43	24.04.2024	100% 99%	1
100m	, 2011 (13),	36.	5:05.26	435	2:42.00 5:03.43 1:10.18	26.04.2024	99%	1
		36.		435	2:42.00 5:03.43			1
100m 200m 400m		36. 15.	5:05.26	435 - 451 470	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67	26.04.2024	99%	1
100m 200m	, 2010 (14),		5:05.26 2:38.81	435 - 451	2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	99% - 105%	-
100m 200m 400m 100m			5:05.26 2:38.81	435 - 451 470	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45	26.04.2024	99% - 105%	1 -
100m 200m 400m	, 2010 (14),	15. 30.	5:05.26 2:38.81	435 - 451 470	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67	26.04.2024	99% - 105%	-
100m 200m 400m 100m	, 2010 (14), , 2011 (13),	15.	5:05.26 2:38.81 4:32.87	435 - 451 470 -	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64	26.04.2024	99% - 105% 99% -	- 1
100m 200m 400m 100m 100m 400m 200m	, 2010 (14),	15. 30.	5:05.26 2:38.81 4:32.87	435 - 451 470 - - 430 387	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	99% - 105% 99% - - 98% 103%	-
100m 200m 400m 100m 100m 400m 200m	, 2010 (14), , 2011 (13),	15. 30. 54.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	435 451 470 - 430 387	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	99% - 105% 99% - - 98% 103%	- 1
100m 200m 400m 100m 100m 400m 200m	, 2010 (14), , 2011 (13),	15. 30.	5:05.26 2:38.81 4:32.87	435 - 451 470 - - 430 387	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	99% - 105% 99% - - 98% 103%	- 1
100m 200m 400m 100m 100m 400m 200m	, 2010 (14), , 2011 (13),	15. 30. 54. 56.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	435 - 451 470 - - 430 387	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36	26.04.2024	99% - 105% 99% - - 98% 103%	- 1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	15. 30. 54. 56.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	435 - 451 470 430 387 - 401 381	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	99% - 105% 99% - - 98% 103%	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	15. 30. 54. 56. 60. 48.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	435 - 451 470 - 430 387 - 401 381 406	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	99% - 105% 99% - - 98% 103% - 109% 103%	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2011 (13),	15. 30. 54. 56. 60.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10	435 - 451 470 430 387 - 401 381	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	99% - 105% 99% - - 98% 103%	1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13), , 2010 (14),	15. 30. 54. 56. 60. 48.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	435 - 451 470 - 430 387 - 401 381 406	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	99% - 105% 99% - - 98% 103% - 109% 103%	- 1
100m 200m 400m 100m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13), , 2010 (14), , 2011 (13),	15. 30. 54. 56. 60. 48.	5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 2:29.06	435 - 451 470 - 430 387 - 401 381 406 - 397	2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 25.04.2024 26.04.2024 24.04.2024	99% - 105% 99% 98% 103% - 109% 103% - 98%	1

	, 2011 (13),							2
100m	, 2011 (10),			-	1:06.33		_	2
400m		40.	5:06.89	428	5:12.55		104%	
200m			2:45.50	399	2:49.02		104%	
	, 2011 (13),							-
400m	, (, , , , , , , , , , , , , , , , , ,	14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m			2:38.14	457	2:34.65		96%	
	, 2010 (14),							2
400m	, , , , , , , , , , , , , , , , , , , ,	115.	5:01.95	347	5:05.04		102%	
100m				-	1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m					1:06.71	26.04.2024		
200m	0040 (40	47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m				-	1:35.68	26.04.2024	-	
200m	0040 (4.4			-	3:02.58	25.04.2024	-	
	, 2010 (14),							1
400m		77.	4:53.13	379	4:56.26		102%	
100m		67.	2:32.53	371	1:06.63 2:31.67		99%	
200m	, 2012 (12),	67.	2.32.33	3/1	2.31.07		99%	1
400m	, 2012 (12),	117.	5:38.28	319	E-EE 20		110%	'
100m		117.	3.30.20	319	5:55.38 1:26.26		110%	
200m				-	3:06.71		-	
200	, 2012 (12),				0.00			1
100m	, 2012 (12),			-	1:15.15		_	•
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							2
400m	, (22.	4:38.72	441	4:46.63		106%	
100m				-	1:06.13		-	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m				-	1:34.62	28.03.2024	-	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							2
400m		93.	4:56.44	367	5:05.89		106%	
100m					1:11.00			
200m	0040 (44	73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m		90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m		05	0.00.00	-	1:09.85	26.04.2024	-	
200m	0040 (44	65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							1
400m		143.	6:08.41	247	6:15.63		104%	
100m 200m				-	1:27.90 3:02.71		-	
200111	, 2010 (14),			-	3.02.71		-	1
100m	, 2010 (14),			_	1:07.36	26.04.2024	_	'
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								23
	, 2011 (13),							2
400m	, 2011 (13),	11.	4:30.41	483	4:32.58		102%	4
100m		11.	4.30.41	403	1:02.61		102%	
200m		34.	2:28.18	404	2:30.35		103%	
200	, 2010 (14),	0			2.00.00		.0070	_
400m	,	71.	4:52.10	383	4:46.20		96%	
100m				-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							-
400m	, 211 (12),	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m			2:42.42	422	2:40.38		98%	
	, 2011 (13),							-
400m		25.	5:02.37	447	4:56.03		96%	
100m					1:14.95		_	
200m			2:51.03	361	2:47.54		96%	

	, 2012 (12),						1
400m 100m		6.	4:48.04	517 -	4:52.60	103%	
200m			2:37.44	463	1:08.29 2:35.61	98%	
200	, 2010 (14),		2.0	.00	2.00.0	3373	-
400m		149.	5:15.19	305	5:07.65	95%	
100m		407	0.00.54	-	1:18.39	-	
200m	, 2011 (13),	107.	2:39.51	324	2:37.36	97%	_
400m	, 2011 (13),	51.	5:11.10	410	5:03.43	95%	-
100m		•		-	1:22.64	-	
200m	2242/42		2:43.18	416	2:40.55	97%	
400	, 2012 (12),	440	F-04-00	0.40	5.00.00		1
400m 100m		113.	5:01.32	349	5:03.99 1:12.38	102%	
200m		119.	2:41.52	312	2:41.04	99%	
	, 2012 (12),						-
100m 400m		135.	5:06.31	332	1:04.60 5:06.16	- 100%	
200m		137.	2:44.31	297	2:40.08	95%	
	, 2011 (13),					•	1
100m				-	1:04.92	-	
400m 200m		45.	5:08.76 2:47.76	420 383	5:09.05 2:46.15	100% 98%	
200111	, 2011 (13),		2.47.70	303	2.40.13		2
100m	, - (- ,,			-	1:06.09	-	
400m		37.	5:05.59	433	5:07.54	101%	
200m	, 2010 (14),		2:43.35	415	2:47.50	105%	2
100m	, 2010 (14),			-	58.40	- -	_
400m		81.	4:53.49	378	5:02.97	107%	
200m	0044 (40	76.	2:34.04	360	2:35.53	102%	_
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%	2
100m		01.	3.21.10	-	1:16.52	-	
200m			2:53.74	345	2:53.92	100%	
	, 2010 (14),						-
100m 400m		140.	5:07.62	328	1:04.14 5:03.00	- 97%	
200m		134.	2:44.04	298	2:42.92	99%	
	, 2010 (14),					•	1
400m		47.	4:46.08	408	4:47.50	101%	
100m 200m		71.	2:33.09	367	1:05.50 2:30.70	- 97%	
200111	, 2011 (13),	, , ,	2.00.00	307	2.50.70	31 70	-
400m	, - (- ,,	34.	5:05.09	435	5:00.47	97%	
100m			0.45.70	-	1:15.07	-	
200m	, 2010 (14),		2:45.78	397	2:43.92	98%	_
100m	, 2010 (14),			-	1:05.23	-	_
400m		108.	5:00.14	353	4:49.66	93%	
200m	2011 (12	150.	2:49.32	271	2:40.00	89%	2
100m	, 2011 (13),			-	1:05.75	-	2
400m		31.	5:04.59	437	5:05.60	101%	
200m			2:47.91	382	2:53.11	106%	
400	, 2010 (14),						-
100m 400m		16.	4:34.10	- 464	58.71 4:33.04	- 99%	
200m		20.	2:23.82	442	2:21.32	97%	
	, 2010 (14),						-
400m		122.	5:03.53	341	4:55.07	95%	
100m 200m		133.	2:43.60	300	1:20.35 2:42.82	99%	
	- , 2012 (12)						1
400m	. , ,	27.	5:03.89	440	5:10.25	104%	
100m			2:40.22	-	1:14.03	100%	
200m	, 2010 (14),		2:40.33	439	2:40.09	100%	_
400m	, 2010 (14),	111.	5:00.98	350	4:58.35	98%	-
100m				-	1:24.37	-	
200m	2040 (44	128.	2:42.83	305	2:38.43	95%	2
400m	, 2010 (14),	53.	4:47.42	402	4:48.68	101%	2
100m				-	1:05.20	-	
200m		26.	2:26.59	418	2:29.33	104%	

400m	, 2011 (13),	82.	5:21.20	373	5:11.48	94%	1
100m		02 .		-	1:12.72	-	
200m	, 2010 (14),		2:37.44	463	2:39.93	103%	1
100m	, 2010 (14),			-	56.14	-	'
400m		20.	4:37.84	445	4:40.00	102%	
200m	, 2010 (14),	17.	2:22.78	452	2:22.20	99%	2
400m	, 2010 (11),	5.	4:24.28	518	4:27.15	102%	_
100m 200m		5.	2:17.26	- 509	1:01.00 2:18.68	- 102%	
200111	, 2011 (13),	5.	2.17.20	303	2.10.00	10270	2
100m	, , , , , , , , , , , , , , , , , , , ,	00	4.54.00	-	1:01.69	-	
400m 200m		86. 113.	4:54.90 2:40.51	372 318	5:07.83 2:40.53	109% 100%	
	, 2011 (13),						-
400m		29.	5:04.54	438	5:00.70	97%	
100m 200m			2:40.75	435	1:10.86 2:38.82	98%	
							-00
	2011 (12						29
400m	, 2011 (13),	42.	5:08.18	422	5:12.96	103%	1
100m		12.		-	1:11.54	-	
200m	, 2010 (14),		2:36.66	470	2:35.00	98%	2
100m	, 2010 (14),			-	59.85	-	2
400m		74.	4:52.74	381	4:54.15	101%	
200m	, 2012 (12),	82.	2:35.08	353	2:39.00	105%	1
400m	, 2012 (12),	114.	5:35.58	327	5:39.26	102%	
100m			0.57.00	-	1:19.35	-	
200m	, 2011 (13),		2:57.28	324	2:56.07	99%	1
400m	,	103.	4:59.02	357	4:56.00	98%	•
100m 200m		118.	2:41.28	- 314	1:09.00 2:45.00	105%	
200111	, 2011 (13),	110.	2.41120	011	2.10.00	10070	_
100m	, , ,			-	1:37.00	-	
200m	, 2011 (13),			-	3:24.00	-	_
100m	, 2011 (10),			-	1:18.00	-	
400m 200m		147.	6:27.11	213 -	6:20.00 3:12.00	96%	
200111	, 2012 (12),				0.12.00		-
100m				-	1:16.82	-	
400m 200m		146.	6:21.28	223	6:09.89 3:10.65	94%	
	, 2010 (14),						1
400m 100m		125.	5:03.94	340	4:57.49 1:14.00	96%	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						1
400m 100m		164.	5:48.93	225	5:59.00 1:19.00	106%	
	, 2011 (13),						2
400m 100m		104.	4:59.22	356	5:01.37 1:20.70	101%	
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14),						1
100m 400m		124.	5:03.90	340	1:03.70 5:05.00	- 101%	
200m		145.	2:47.42	280	2:45.00	97%	
400	, 2012 (12),	100	E. 42 04	204	F.F0.00	4040/	1
400m 100m		123.	5:43.84	304	5:50.00 1:27.00	104% -	
200m	2044 /42		2:58.07	320	2:55.00	97%	4
400m	, 2011 (13),	157.	5:28.67	269	5:14.00	91%	1
100m				-	1:11.00	-	
200m	, 2013 (11),	140.	2:44.86	294	2:45.18	100%	1
400m	, 2013 (11),	141.	6:01.09	262	6:01.11	100%	I
100m				-	1:31.64	-	
200m				-	3:12.02	-	

	, 2010 (14),						1
100m		_			55.90	_	
400m		7.	4:27.93	497	4:26.70	99%	
200m	2010 (11	4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m		98.	4:58.53	359	4:56.47	99%	
100m				-	1:07.50		
200m	2011 (12	38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						-
400m		149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m				-	3:10.00	-	
	, 2013 (11),						-
100m				-	1:12.50		
400m		161.	5:40.86	241	5:34.00	96%	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m		162.	5:42.11	238	5:41.00	99%	
100m				-	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						2
100m	, , , , , ,			-	1:04.76	-	
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	93.	5:26.72	354	5:34.09	105%	
100m				-	1:13.52	-	
200m				-	2:59.24	-	
	, 2011 (13),						2
100m	, =0(.0 /,			-	1:02.02	<u>-</u>	_
400m		88.	5:23.00	367	5:40.00	111%	
200m		-	2:45.17	401	2:48.00	103%	
200	, 2011 (13),				2.10.00	.5575	_
400m	, 2011 (10),	127.	5:45.02	301	5:38.96	97%	
100m		121.	3.43.02	-	1:18.87	9170	
200m				-	3:06.22	- -	
200111	, 2012 (12),				0.00.22		1
400m	, 2012 (12),	139.	E-07.02	220	F:00 00	101%	
400m		139.	5:07.02	330	5:09.00	101%	
100m 200m		148.	2:48.08	- 277	1:15.85 2:46.85	99%	
200111	2011 (12	140.	2.40.00	211	2.40.00	3370	2
400	, 2011 (13),	445	F 0F 04	000	5.00.70	1000/	2
400m		115.	5:35.94	326	5:38.76	102%	
100m			2.50.72	-	1:24.51	1050/	
200m	2012 (12		2:50.72	363	2:55.31	105%	4
400	, 2012 (12),		F 00 00		5.00.00	2001	1
400m		116.	5:36.39	325	5:30.00	96%	
100m			2:52.06	- 0EE	1:26.50	4020/	
200m	0044 (40		2:32.06	355	2:55.00	103%	
	, 2011 (13),						-
100m					1:04.70		
400m		148.	5:13.61	310	5:12.00	99%	
	, 2010 (14),						1
400m		45.	4:45.43	411	4:47.00	101%	
100m				-	1:08.00	-	
200m		41.	2:28.99	398	2:28.00	99%	
	, 2011 (13),						1
400m		152.	5:22.32	285	5:16.00	96%	
100m				-	1:20.50	-	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m				-	3:10.00	-	
	, 2011 (13),						2
100m	, (- //			-	1:04.01	-	
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	
		. 55.		5_0		10170	