						%
	, 2011 (13 ),					
400m		10.	4:52.72	493	4:53.48	101%
100m				-	1:11.32	=
200m	, 2011 (13 ),			-	2:35.20	-
400m	, 2011 (13 ),			_	5:08.05	_
100m				-	1:18.37	- -
200m				-	2:48.88	_
	, 2010 (14 ),					
400m	, 2010 (11 ),			-	4:46.77	_
100m				-	1:10.23	-
200m			2:23.54	445	2:25.50	103%
	, 2010 (14     ),					
100m				-	5:03.12	-
100m				-	1:09.93	-
200m				-	2:40.19	-
	, 2010 (14    ),					
100m				-	57.36	-
100m				-	4:59.79	-
200m	2011/12		2:25.51	427	2:31.28	108%
100-	, 2011 (13 ),	400	E-00-04	0.4=	E-07-00	2221
100m 100m		100.	5:28.91	347	5:27.33	99%
100m 200m				-	1:14.81 2:46.39	-
200111	, 2010 (14 ),				2.40.59	
100m	, 2010 (14 ),			_	4:56.97	_
100m				-	1:14.87	-
200m				-	2:34.33	_
	, 2010 (14 ),					
100m	, == ( ),			-	4:47.31	-
00m				-	1:08.10	-
:00m			2:32.51	371	2:32.09	99%
	, 2012 (12 ),					
-00m	•	132.	5:49.98	288	5:44.42	97%
00m				-	1:21.94	-
200m				-	2:59.66	-
	, 2010 (14    ),					
100m				-	58.01	-
100m			0-00-00	-	4:50.47	4000/
200m	2011 (12		2:32.86	368	2:34.12	102%
100m	, 2011 (13 ),			_	1.02.24	<u>-</u>
100m		3.	4:40.55	560	1:02.34 4:42.01	101%
200m		3.	4.40.33	300 -	2:38.03	10176
	, 2011 (13 ),				2.00.00	
100m	, 2011 (10 ),	7.	4:48.49	515	4:51.80	102%
100m				-	1:11.90	102/0
200m				-	2:33.50	-
	, 2011 (13    ),					
100m	, , , ,	80.	5:20.92	374	5:21.89	101%
				-	1:19.46	-
				-	2:51.06	=
:00m	, 2010 (14 ),					
00m 00m	, 2010 (14 ),			-	59.01	-
00m 00m 00m	, 2010 (14 ),			- -	4:57.39	-
00m 00m 100m			2:28.24	-		- - 106%
200m 100m 100m 200m	, 2010 (14 ), , 2011 (13 ),		2:28.24	- - 404	4:57.39 2:32.60	106%
00m 00m 00m 00m 00m		70		- - 404	4:57.39 2:32.60 1:09.62	106%
00m 00m 000m 000m		78.	2:28.24 5:20.52	- - 404	4:57.39 2:32.60 1:09.62 5:21.68	106%
00m 00m 000m 000m	, 2011 (13 ),	78.		- - 404	4:57.39 2:32.60 1:09.62	106%
000m 000m 000m 000m 000m		78.		- 404 - 375 -	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65	106% - 101% -
100m 100m 100m 200m 100m 100m 100m 200m	, 2011 (13 ),	78.		- 404 - 375 -	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65	106% - 101% -
100m 400m 200m 100m 400m 200m	, 2011 (13 ),	78.	5:20.52	- 404 - 375 - -	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73	106% - 101% - -
000m 000m 000m 000m 000m 000m	, 2011 (13 ), , 2011 (13 ),	78.		- 404 - 375 -	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65	106% - 101% -
100m 400m 200m 100m 400m 200m 400m 100m 100m	, 2011 (13 ),		5:20.52 2:29.38	- 404 - 375 - - - 395	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73 2:32.11	106% - 101% - - - 104%
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2011 (13 ), , 2011 (13 ),	78. 99.	5:20.52	- 404 - 375 - -	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73 2:32.11 5:24.80	106% - 101% - -
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2011 (13 ), , 2011 (13 ),		5:20.52 2:29.38	- 404 - 375 - - 395	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73 2:32.11	106% - 101% 104% 98%
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2011 (13 ), , 2011 (13 ), , 2011 (13 ),		5:20.52 2:29.38	375 - 395 349	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73 2:32.11 5:24.80 1:27.21	106% - 101% 104% - 98%
100m 200m 100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2011 (13 ), , 2011 (13 ),		5:20.52 2:29.38	375 - 395 349	4:57.39 2:32.60 1:09.62 5:21.68 2:52.65 4:49.60 1:13.73 2:32.11 5:24.80 1:27.21	106% - 101% 104% - 98%

200m			2:19.37	486	2:21.20	103%
	, 2010 (14 ),					-
400m				-	4:51.47	-
100m				-	1:05.79	-
200m				-	2:34.41	-
	, 2010 (14 ),					1
400m				-	4:47.34	-
100m				-	1:02.00	<del>-</del>
200m			2:22.47	455	2:25.11	104%
	, 2011 (13 ),					-
400m		20.	4:58.98	463	4:57.41	99%
100m				-	1:17.17	-
200m				-	2:35.78	-
	, 2011 (13    ),					-
100m				-	1:07.49	-
400m		54.	5:11.71	408	5:08.16	98%
200m				-	2:53.06	-
	, 2010 (14    ),					-
400m				-	5:11.54	-
100m				-	1:18.86	-
200m				-	2:42.30	-
	, 2011 (13 ),					1
400m		68.	5:17.34	387	5:21.70	103%
100m				-	1:09.93	-
200m				-	2:41.48	-
						7
	2012 (12					. 1
400	, 2012 (12 ),					'
100m		50.	E-40 CO	- 440	1:11.43	40.49/
400m		50.	5:10.60	412	5:16.95	104%
200m	2010 (11			-	2:51.60	-
400	, 2010 (14 ),				50.00	-
100m				-	56.28	-
400m			2:28.61	-	4:35.56 2:26.07	- 97%
200m	0040 (40		2.20.01	401	2.20.07	9776
	, 2012 (12 ),					
400m		66.	5:17.24	387	5:12.74	97%
100m				-	1:20.48	-
200m	2040 (44			-	2:37.03	=
400	, 2010 (14 ),					-
100m				-	1:01.10	-
400m	0040 (44			-	4:50.45	-
	, 2010 (14 ),					-
400m				-	4:39.55	-
100m			0.00.05	-	1:16.99	-
200m	0044 (40		2:30.05	390	2:27.07	96%
	, 2011 (13 ),					1
400m		74.	5:19.44	379	5:20.36	101%
100m				-	1:13.26	-
200m	0040 (44			-	2:46.21	-
	, 2010 (14 ),					1
400m				-	4:49.08	-
100m			0.00.04	-	1:07.68	-
200m	6010/10		2:30.31	387	2:30.54	100%
	, 2012 (12 ),					1
100m				-	1:08.16	-
400m		47.	5:09.90	415	5:21.42	108%
200m				-	2:47.40	-
	, 2012 (12 ),					1
100m			_	-	1:08.40	<del>-</del>
400m		62.	5:14.32	398	5:15.16	101%
200m	0040445			-	2:51.08	-
	, 2010 (14 ),					-
100m				-	1:01.11	-
400m			<b>.</b>	-	4:48.25	-
200m			2:33.47	364	2:32.15	98%
	, 2011 (13 ),					1
400m		21.	4:59.81	459	5:00.52	100%
100m				-	1:14.84	-
200m				-	2:41.53	=
	, 2011 (13 ),					-
400m		76.	5:20.16	377	5:15.00	97%
100m				-	1:21.90	-
200m				-	2:39.00	-

	0040 (44						
400m	, 2010 (14 ),			_	4:51.04	_	-
100m				-	1:05.26	-	
200m			2:28.34	403	2:28.00	100%	
	, 2010 (14 ),						-
400m 100m				-	4:36.00 1:07.50	<del>-</del>	
200m			2:28.96	398	2:28.50	99%	
	, 2012 (12 ),						1
400m		97.	5:27.25	353	5:28.72	101%	
100m 200m				-	1:20.44 2:52.24	<del>-</del>	
200111	, 2011 (13 ),				2.52.24		_
400m	, 2011 (10 ),	63.	5:16.47	390	5:12.90	98%	
100m				-	1:11.34	-	
200m	2010 (14			-	2:44.44	-	
100m	, 2010 (14 ),			-	59.24	_	-
400m				-	4:31.41	- -	
200m			2:36.14	346	2:33.34	96%	
	, 2010 (14 ),						-
400m 100m				-	4:50.50 1:16.20	-	
200m			2:29.60	393	2:29.00	99%	
	, 2010 (14 ),						-
400m				-	4:32.06	-	
100m 200m			2:18.80	492	1:00.00 2:17.73	98%	
200111	, 2011 (13 ),		2.10.00	492	2.17.75	9070	_
400m	, 2011 (10 ),	89.	5:23.67	364	5:19.00	97%	
100m				-	1:16.50	-	
200m				-	2:50.15	=	
							13
	, 2011 (13 ),						-
100m	, 2011 (10 ),			-	1:01.00	-	
400m				-	5:12.00	-	
200m	0040 (40			-	2:38.50	-	
100m	, 2012 (12 ),				1:10.00		-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	95%	
200m				-	2:52.00	-	
	, 2010 (14 ),						-
100m 400m				-	1:01.00 4:43.00	-	
200m			2:30.56	386	2:30.00	99%	
	, 2012 (12 ),						-
100m				-	1:05.00	-	
400m 200m				-	5:03.00 2:45.00	-	
200111	, 2012 (12 ),				2.10.00		-
400m		65.	5:17.11	388	5:06.00	93%	
100m				-	1:12.90 2:46.00	-	
200m	, 2011 (13 ),			-	2.40.00	-	_
100m	, 2011 (13 ),			-	1:09.00	_	
400m		77.	5:20.22	376	5:17.90	99%	
200m	2242 (42			-	2:49.60	-	
400m	, 2012 (12 ),	104.	5:31.09	240	E:17.00	92%	-
100m		104.	5.31.09	340	5:17.90 1:21.99	92%	
200m				-	2:49.60	-	
	, 2010 (14 ),						1
400m				-	4:56.38 1:13.64	-	
100m 200m			2:26.65	417	2:27.94	102%	
	, 2011 (13    ),						1
100m				-	1:05.50	-	
400m		41.	5:07.47	425	5:15.00 2:46.00	105%	
200m	, 2010 (14 ),			-	2:46.00	-	_
100m	,			-	59.95	-	
400m				-	4:54.00	-	
200m				-	2:36.00	-	

	, 2010 (14 ),					-
400m				-	5:04.00	-
100m			0.04.70	-	1:15.00	-
200m	, 2011 (13 ),		2:34.76	355	2:33.00	98%
100m	, 2011 (13 ),			_	1:05.00	- -
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
	, 2010 (14    ),					-
400m				-	4:58.00	-
100m 200m				-	1:18.00 2:38.35	-
200111	, 2012 (12 ),				2.00.00	_
400m	, 2012 (12 ),	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	-
200m				-	2:54.00	-
	, 2010 (14 ),					-
100m 400m				-	1:00.00 4:44.22	-
200m			2:34.27	358	2:30.55	95%
	, 2011 (13 ),					-
400m	, - ( - ),			-	4:58.00	-
100m				-	1:10.00	-
200m	2042 (42			-	2:38.60	-
400	, 2012 (12 ),	140	E.EG 40	272	6.00.00	1000/
400m 100m		140.	5:56.43	273	6:00.00 1:22.00	102%
200m				-	3:14.00	-
	, 2010 (14 ),					-
400m	·			-	4:41.90	-
100m			0.00.07	-	1:06.90	-
200m	, 2011 (13 ),		2:29.07	397	2:28.50	99%
400m	, 2011 (13 ),	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m				-	2:36.17	-
	, 2011 (13 ),					-
400m				-	4:53.00	-
100m 200m				-	1:09.00 2:42.00	- -
200111	, 2012 (12 ),				2.12.00	_
400m	, 2012 (12 ),	126.	5:44.55	302	5:40.00	97%
100m				-	1:25.00	-
200m	2040 (40			-	2:58.00	-
400	, 2012 (12 ),	00	F-05 F0	250	5.04.00	1
400m 100m		92.	5:25.53	358	5:31.00 1:17.50	103%
200m				-	2:57.00	-
	, 2012 (12 ),					1
400m		137.	5:53.39	280	6:09.00	109%
100m				-	1:35.00	-
200m	, 2010 (14 ),			-	3:03.74	-
400m	, 2010 (14 ),			_	4:52.00	
100m				-	1:10.00	-
200m				-	2:45.00	-
	, 2012 (12 ),					1
100m		18.	4:58.44	- 46E	1:05.00 5:05.50	- 105%
400m 200m		10.	4:56.44	465 -	2:40.14	105%
200111	, 2010 (14 ),				2.40.14	<u>-</u>
400m	, =0.0 ( ),			-	5:20.00	-
100m				-	1:09.00	-
200m	0044 (40			-	2:41.00	-
400-	, 2011 (13 ),	00	E.04.07	074	E-4.4.45	-
400m 100m		86.	5:21.67	371	5:14.45 1:23.21	96%
200m				-	2:43.34	- -
	, 2011 (13 ),					-
400m		135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	2014 /42 \			-	2:50.00	-
400m	, 2011 (13 ),	128.	5:46.63	297	5:30.00	91%
100m		120.	0.40.00	-	1:17.00	-
200m				-	2:53.00	-

100m	, 2010 (14 ),			-	58.79	-
400m				-	4:50.00	-
200m	0044 (40			-	2:35.29	-
400	, 2011 (13 ),		5-44-07	407	5:40.70	105%
400m 100m		55.	5:11.97	407	5:19.78 1:11.45	105% -
200m				-	2:41.12	-
	, 2012 (12 ),					-
400m 100m		58.	5:13.29	402	5:10.00 1:16.00	98%
200m				-	2:50.00	-
	, 2013 (11 ),					-
400m 100m		145.	6:18.95	227	6:02.00 1:29.00	91%
200m				-	3:10.00	-
	, 2010 (14 ),					-
400m				-	4:56.00	-
100m 200m				-	1:08.00 2:42.00	-
	, 2011 (13 ),					-
400m		22.	5:00.79	454	4:55.76	97%
100m 200m				-	1:10.23 2:35.69	-
200111	, 2013 (11 ),				2.00.00	1
400m	, , , , , , , , , , , , , , , , , , , ,	101.	5:29.00	347	5:30.00	101%
100m 200m				-	1:17.00 2:53.00	-
200111	, 2012 (12 ),			_	2.55.00	-
400m	, 2012 (12 ),			-	5:00.00	-
100m				-	1:10.50	-
200m	, 2011 (13 ),		2:31.15	381	2:26.50	94% <b>1</b>
100m	, 2011 (10 ),			-	1:08.00	. '
400m		70.	5:18.02	384	5:24.00	104%
200m	2012 (11			-	2:47.00	- 1
400m	, 2013 (11 ),	122.	5:42.96	306	5:43.00	100%
100m			01.12.00	-	1:28.79	-
200m	0040 (44			-	2:59.00	-
100m	, 2013 (11 ),			-	1:08.00	1
400m		94.	5:26.73	354	5:35.00	105%
200m	2042 (42			-	2:53.00	-
400m	, 2012 (12 ),	109.	5:32.34	337	5:36.00	1 102%
100m		100.	0.02.04	-	1:22.50	-
200m				-	2:58.00	-
400m	, 2011 (13 ),				4.EE 00	-
100m				-	4:55.00 1:09.00	- -
200m				-	2:35.00	-
400~	, 2010 (14 ),				E:00.00	1
400m 100m				-	5:00.00 1:05.50	- -
200m			2:26.50	419	2:27.00	101%
400	, 2012 (12 ),				4:05.00	-
100m 400m		61.	5:14.16	399	1:05.90 5:14.00	- 100%
200m		• • • • • • • • • • • • • • • • • • • •	0	-	2:46.00	-
	, 2012 (12 ),					-
400m 100m		23.	5:00.84	454 -	5:00.76 1:15.60	100%
200m				-	2:34.33	-
	, 2010 (14 ),					-
400m				=	5:20.00	-
100m 200m				-	1:11.00 2:44.00	-
						9
400	, 2010 (14 ),				55.00	1
100m 400m				-	55.22 4:32.45	-
200m			2:22.46	455	2:25.42	104%

	, 2011 (13 ),						-
400m		83.	5:21.23	373	5:12.00	94%	
100m 200m				-	1:22.72 2:47.38	- -	
200111	, 2012 (12 ),				2.47.00		_
400m	, == (:= /,	52.	5:11.42	409	5:11.20	100%	
100m				-	1:19.71	-	
200m				-	2:45.10	-	
400	, 2010 (14 ),				= 0		1
400m				-	4:43.78	-	
100m 200m			2:27.12	413	1:15.65 2:27.24	100%	
	, 2011 (13 ),						_
400m	, 2011 (10 ),			_	5:02.18	-	
100m				-	1:14.97	-	
200m	2011 (12			-	2:38.82	-	
400	, 2011 (13 ),				4.05.00		-
100m 400m		56.	5:13.06	403	1:05.00 5:10.00	98%	
200m		50.	3.13.00	403	2:48.00	-	
	, 2010 (14 ),						1
400m	, (			-	4:10.30	-	
100m				-	1:02.52	=	
200m	0040 (44		2:20.18	478	2:22.10	103%	
400	, 2010 (14 ),				4.04.00		-
100m 400m				-	1:04.00 4:53.44	<del>-</del>	
200m				- -	2:39.02	- -	
	, 2010 (14 ),						1
400m	, (			-	4:09.73	-	
100m				-	1:05.00	=	
200m	0040 (40		2:07.95	629	2:13.50	109%	
400	, 2012 (12 ),	50	5.40.50	404	5.40.70	000/	-
400m 100m		59.	5:13.52	401 -	5:10.78 1:14.00	98%	
200m				-	2:47.46	- -	
	, 2011 (13    ),						-
400m	, , , , , , , , , , , , , , , , , , , ,			-	5:02.39	-	
100m				-	1:13.50	-	
200m	0044 (40			-	2:40.24	=	
400	, 2011 (13 ),				4.44.40		1
100m 400m		32.	5:04.87	436	1:11.46 5:12.37	- 105%	
200m		02.	0.0	-	2:52.37	-	
	, 2011 (13 ),						1
400m		11.	4:53.33	490	4:55.57	102%	
100m				-	1:12.97	-	
200m	, 2011 (13 ),			-	2:33.78	-	4
400m	, 2011 (13 ),	53.	5:11.69	408	5:24.16	108%	1
100m		55.	5.11.09	400	1:15.63	100%	
200m				-	2:45.16	-	
	, 2010 (14     ),						-
400m				-	4:53.24	=	
100m				-	1:09.17	-	
200m	, 2010 (14 ),			-	2:35.00	-	_
100m	, 2010 (14 ),			_	1:02.18	_	-
400m				-	5:00.24	-	
200m				-	2:41.49	=	
	, 2011 (13 ),						-
400m		106.	5:31.72	339	5:18.20	92%	
100m 200m				-	1:15.73 2:40.40	- -	
200111	, 2010 (14 ),			_	2.40.40	_	_
100m	, 2010 (17 ),			-	1:00.20	-	
400m				-	4:46.76	-	
200m			2:31.60	378	2:29.33	97%	
	, 2011 (13 ),						1
100m		e :		-	1:05.89	<u>-</u>	
400m		64.	5:17.06	388	5:20.16	102%	
200m	, 2011 (13 ),			-	2:51.94	-	1
400m	, ZUTT (13 ),	48.	5:10.11	414	5:12.44	102%	'
100m		10.	2.10111		1:15.06	-	
200m				-	2:46.53	-	

								53
	, 2011 (13 ),							-
400m				-	4:51.26		-	
100m				-	1:04.54		-	
200m				-	2:35.86		-	
	, 2010 (14     ),							-
100m				-	59.75		-	
400m				-	4:58.08		-	
	, 2012 (12 ),							-
100m				-	1:24.71		-	
200m	0040 (44			-	2:41.68		-	
400	, 2010 (14 ),				4.00.07	05.04.0004		-
400m 100m				-	4:28.87 1:04.92	25.04.2024 29.03.2024	-	
200m			2:21.05	469	2:20.41	24.04.2024	99%	
200111	, 2010 (14 ),		2.21.00	100	2.20.11	2 1.0 1.202 1	0070	1
400m	, 2010 (11 ),			_	4:21.07	25.04.2024	_	•
100m				-	1:02.09	26.04.2024	-	
200m			2:20.34	476	2:21.29	24.04.2024	101%	
	, 2012 (12    ),							1
100m				-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	0040 (44			-	3:03.57		-	
	, 2010 (14 ),							-
100m				-	56.54	26.04.2024	-	
400m 200m			2:17.60	- 505	4:22.37 2:16.72	25.04.2024 24.04.2024	99%	
200111	, 2010 (14 ),		2.17.00	505	2.10.72	24.04.2024	9970	1
100m	, 2010 (14 ),			-	1:01.04		-	'
400m				-	4:58.23		_	
200m			2:30.35	387	2:32.38		103%	
	, 2011 (13 ),							1
100m				-	1:11.63		-	
400m		119.	5:39.67	315	5:41.67		101%	
200m	0044 (40			-	2:57.97		-	
	, 2011 (13 ),							-
100m		00	F.47.47	-	1:07.27		4000/	
400m 200m		69.	5:17.47	386	5:16.74 2:48.80		100%	
200111	, 2010 (14 ),				2. 10.00			_
400m	, 2010 (14 ),			_	4:50.62		_	
100m				-	1:04.31		-	
200m				-	2:36.18		-	
	, 2011 (13    ),							-
400m		39.	5:06.09	431	5:03.05		98%	
100m				=	1:09.13		-	
200m	2011 (12			-	2:42.47		-	
400	, 2011 (13 ),			.=-			40.407	1
400m 100m		75.	5:19.74	378	5:25.39 1:15.43	24.04.2024 26.04.2024	104%	
200m				-	2:44.59	22.06.2023	-	
200111	, 2010 (14 ),				2.11.00	22.00.2020		_
100m	, 2010 (11 ),			_	1:02.92	26.04.2024	_	
400m				-	5:07.80	25.04.2024	-	
200m				-	2:40.35	24.04.2024	-	
	, 2011 (13 ),							1
400m				-	4:55.65	25.04.2024	-	
100m				-	1:20.23	26.04.2024	-	
200m	0044 (40		2:30.99	382	2:33.67	24.04.2024	104%	
400	, 2011 (13 ),				4.00.05	00.04.0004		-
100m 400m				-	1:03.95 4:53.13	26.04.2024 25.04.2024	-	
200m				-	2:39.61	28.03.2024	_	
	, 2011 (13 ),							-
400m	, - ( - ),	67.	5:17.33	387	5:12.70		97%	
100m				-	1:13.24		-	
200m				-	2:41.91		-	
	, 2010 (14 ),							-
400m				-	4:55.78	25.04.2024	-	
100m				-	1:18.07	26.04.2024	-	
200m	2011 (12 \			-	2:39.71	24.04.2024	-	
400m	, 2011 (13 ),	57.	5:13.27	402	5:07.61		96%	-
400m		57.	J. 1J.Z/	402	1:18.86		90%	
200m				-	2:43.95		-	

	, 2010 (14 ),							-
100m				-	1:06.23	26.04.2024	-	
400m				-	4:46.97	25.04.2024	-	
200m	, 2010 (14 ),			-	2:48.11		-	_
400m	, 2010 (14 ),			_	4:56.78		_	
100m				-	1:12.94		-	
200m				-	2:39.46		-	
	, 2011 (13 ),							-
400m				-	5:06.52		-	
100m 200m				-	1:20.24 2:41.51		-	
	, 2011 (13 ),							_
400m	, == ( ,,	60.	5:13.71	400	5:11.05		98%	
100m				-	1:11.42		-	
200m	2011 (12			-	2:44.78		-	
100m	, 2011 (13 ),			_	1:00.75	26.04.2024		-
400m				-	4:55.91	25.04.2024	-	
200m				-	2:35.06	24.04.2024	-	
	, 2010 (14 ),							1
400m				-	4:45.58		-	
100m 200m			2:23.66	444	1:07.57 2:23.78		100%	
200111	, 2010 (14 ),		2.23.00		2.25.70		10078	_
100m	, == := (: : /,			-	1:02.09		-	
400m				-	4:40.19		-	
200m	2040 (40			-	2:35.73		-	
100m	, 2012 (12 ),			-	1:06.45			-
400m		73.	5:18.55	382	5:15.39		98%	
200m				-	2:50.71		-	
	, 2011 (13 ),							-
100m				-	1:00.60		-	
400m 200m				-	4:52.60 2:44.00		-	
200111	, 2011 (13 ),				2.11.00			1
100m	, - ( - ),			-	1:05.45	26.04.2024	-	
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	2012 (12			-	2:44.93	25.04.2024	-	
400m	, 2012 (12 ),			_	5:10.60	25.04.2024	_	-
100m				- -	1:22.81	26.04.2024	-	
200m				-	2:47.64	24.04.2024	-	
400	, 2010 (14 ),				= 4= 40	05.04.0004		-
400m 100m				-	5:15.13 1:20.61	25.04.2024 28.03.2024	-	
200m				- -	2:38.12	24.04.2024	-	
	, 2011 (13 ),							-
400m		113.	5:35.23	328	5:24.88		94%	
100m				-	1:21.65		-	
200m	, 2010 (14    ),			-	2:52.72		-	1
400m	, 2010 (11 ),			-	4:48.82		-	•
100m				-	1:17.47		-	
200m	0040 (44		2:26.83	416	2:32.09		107%	
400	, 2010 (14 ),				4.50.60			-
400m 100m				-	4:52.60 1:12.58		-	
200m			2:32.69	370	2:27.60		93%	
	, 2012 (12 ),							-
100m				-	1:04.40	28.03.2024	-	
400m 200m				-	4:55.47 2:41.13	25.04.2024 24.04.2024	-	
	, 2010 (14 ),							1
400m	, == := ( ),			-	4:26.36		-	•
100m					1:01.56			
200m	2044 (42		2:15.53	529	2:16.53		101%	
400~	, 2011 (13 ),	0.5	5:21 42	272	5:10.67		000/	-
400m 100m		85.	5:21.42	372	5:19.67 1:12.01		99%	
200m				-	2:38.51		-	
	, 2010 (14 ),							-
400m				-	4:47.50		-	
100m 200m			2:25.16	430	1:12.80 2:22.60		97%	
_00111			00	100	00		01 /0	

	, 2011 (13 ),							-
400m		87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		-	
	, 2012 (12 ),							-
100m				-	1:03.95	26.04.2024	-	
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m	, 2012 (12 ),			-	2:42.67		-	1
400m	, 2012 (12 ),	139.	5:56.27	273	6:03.97	24.04.2024	104%	
100m				-	1:24.14		-	
200m	2044 (42			-	3:10.66	25.04.2024	-	4
100m	, 2011 (13 ),			-	1:06.87			1
400m		49.	5:10.15	414	5:17.13		105%	
200m				-	2:41.97		-	
	, 2011 (13 ),							-
100m 400m				-	1:04.58 5:01.18	25.04.2024	-	
200m				-	2:41.79	24.04.2024	-	
	, 2011 (13 ),							-
400m		91.	5:24.93	360	5:22.81		99%	
100m 200m				-	1:12.56 2:53.69		-	
200111	, 2011 (13 ),				2.00.00			_
400m	, - ( - //			-	5:13.38		-	
100m				-	1:28.91		-	
200m	, 2011 (13 ),			-	2:44.49		-	1
400m	, 2011 (13 ),	24.	5:01.70	450	5:03.35		101%	'
100m				-	1:07.74		-	
200m	2012 (12			-	2:39.68		-	
400m	, 2012 (12 ),	138.	5:54.90	276	5:54.14	24.04.2024	100%	-
100m		100.	0.01.00	-	1:21.59	26.04.2024	-	
200m				-	3:02.87	25.04.2024	-	
400	, 2010 (14 ),				54.40			-
100m 400m				-	54.12 4:15.65		-	
200m			2:12.89	561	2:12.78		100%	
	, 2010 (14 ),							1
400m				-	4:42.10	25.04.2024	-	
100m 200m			2:21.78	462	1:09.79 2:23.12	26.04.2024 24.04.2024	102%	
	, 2013 (11 ),							1
400m		108.	5:32.14	337	5:39.66		105%	
100m 200m				-	1:34.94 2:56.62		-	
200111	, 2011 (13 ),				2.00.02			1
400m	, 2011 (10 ),	105.	5:31.45	339	5:32.47		101%	•
100m				-	1:25.17		-	
200m	, 2012 (12 ),			-	2:55.64		-	_
400m	, 2012 (12 ),	112.	5:35.22	328	5:29.56	24.04.2024	97%	_
100m				-	1:22.25	26.04.2024	-	
200m	0044 (40			-	3:05.11	25.04.2024	-	
400m	, 2011 (13 ),	71.	E:10 10	204	5:14.84	23.11.2023	000/	-
100m		71.	5:18.19	384	1:22.53	23.11.2023	98% -	
200m				-	2:43.30	25.04.2024	-	
400	, 2012 (12 ),	0.4	5.04.44	070	5.04.05	04.04.0004	4000/	-
400m 100m		84.	5:21.41	372	5:21.05 1:15.63	24.04.2024 26.04.2024	100%	
200m				-	2:45.78	25.04.2024	-	
	, 2012 (12 ),							1
400m		28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m 200m				-	1:13.60 2:49.88	26.04.2024 25.04.2024	-	
	, 2010 (14 ),							-
100m				-	1:02.55		-	
400m				-	4:49.66 2:38.32		-	
200m	, 2011 (13 ),			-	2:38.32		-	_
100m	,,			-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m				-	2:39.16	25.04.2024	-	

	"	"
, 29 31.5.2024		

400m 100m 2012 (12 ),									
100m	400m	, 2012 (12 ),	00	E-29 10	250	E-20 04		1020/	1
200m			90.	3.20.19				102%	
100m					-			=	
100m		, 2012 (12 ),							1
200m			44.	5:08.56				105%	
100m								-	
40m	200M	2012 (12			-	2:40.76		-	1
100m	400m	, 2012 (12 ),	136	5-52 85	281	5:58 66		103%	'
200m				0.02.00				-	
100m	200m				-			-	
## 2000		, 2010 (14 ),							-
200m								-	
. 2010 (14 ).  400m  200m  2012 (12 ),  400m  2011 (13 ),  400m  2011 (14 ),  400m  2011 (15 ),  400m  2011 (16 ),  400m  2011 (17 ),  400m  2011 (18 ),  400m  2011 (18 ),  400m  2011 (19 ),  400m  2011								- -	
Add		, 2010 (14 ),							-
226.71 417 2:24.49 97%  400m , 2012 (12 ).  400m , 2011 (13 ),  400m , 2011 (13 ),  400m , 2011 (13 ),  400m , 2010 (14 ),  400m , 2011 (13 ),  400m , 2010 (14 ),  400m , 2011 (13 ),  400m , 2010 (14 ),  400m , 2011 (13 ),  400m , 2011 (14 ),  400m , 2011 (13 ),  40	400m	, , , ,			-	4:46.52		-	
. 2012 (12 ),				0.00.74				-	
400m	200m	2042 (42		2:26.71	417	2:24.49		97%	
100m	400m	, 2012 (12 ),	125	5:44.14	303	5·44 NQ	24.04.2024	100%	-
2011 (13 ),   111.   5:34.55   330   5:45.58   24.04.2024   107%   100m   200m   2010 (14 ),   2011 (13 ),   201			123.	3.44.14	-			10076	
Moth					-			-	
100m		, 2011 (13 ),							1
200m			111.	5:34.55				107%	
400m								-	
400m		. 2010 (14				5.5 <u>2</u> .70	20.0 1.2027		_
100m   2011 (13 ),   - 1145.19   2604.2024   - 245.47   2404.2024   - 245.47   2404.2024   - 245.47   2404.2024   - 245.47   2404.2024   - 245.47   2404.2024   - 245.47   2404.2024   - 245.47   2404.2024   - 245.47   2211.2023   - 245.47   244.47   245.47	400m	,			-	5:35.50	25.04.2024	-	
. 2011 (13 ), 100m					-			-	
100m	200m	2044 (42			-	2:45.47	24.04.2024	-	
400m	100m	, 2011 (13 ),			_	1:04 60	26 10 2023	_	-
200m			13.	4:54.85				99%	
100m								-	
400m		, 2011 (13 ),							1
200m								-	
. 2011 (13 ),  100m 400m 200m , 2010 (14 ),  400m , 2011 (13 ),  400m , 2011 (14 ),  400m , 2011 (15 ),  400m , 2011 (16 ),  400m , 2011 (17 ),  400m , 2011 (18 ),  400m , 2011 (19 ),  4			107.	5:32.07				102%	
100m	200111	. 2011 (13				2.00.20	20.0 1.202 1		_
200m	100m	, 2011 (10 ),			-	1:01.70		-	
, 2010 (14 ),  400m 100m 200m 2:30.84 383 2:29.71 99%  , 2011 (13 ),  400m 100m 2:30.84 383 2:29.71 99%  - 450.48 - 1:08.49 - 1:08.99 - 2:255.31 - 2:35.31 - 3:35.31 -	400m				-			-	
400m	200m	2010 (14			-	2:42.00		-	
100m   2:30.84   383   2:29.71   99%	400m	, 2010 (14 ),				4:40.20			-
200m					- -			-	
400m				2:30.84	383			99%	
400m		, 2011 (13     ),							-
200m					-			-	
, 2011 (13 ),  400m 100m 200m								-	
400m	200111	. 2011 (13 ).			-	2.00.01		-	1
100m	400m	,	120.	5:40.49	313	5:43.73		102%	•
100m	100m				-	1:17.03		-	
100m	200m	2040 (44			-	2:56.19		-	
400m	100m	, 2010 (14 ),				50.64			7
2:22.56								-	
400m				2:22.56	454			104%	
100m		, 2011 (13 ),		_					1
200m			30.	5:04.55					
, 2010 (14 ),  400m									
400m		, 2010 (14 ),					- <del>-</del> -		-
200m	400m	, , , , , , , , , , , , , , , , , , , ,			-	5:02.94		-	
, 2012 (12 ),  400m								-	
400m	∠∪∪m	2012 (12 \			-	2:42.38		=	
100m	400m	, ZUIZ (IZ ),				5.00 14	25 04 2024		-
200m - 2:41.56 24.04.2024 - 1.00m - 1:04.73 28.03.2024 - 4:56.66 27.03.2024 - 1.00m - 2:56.66 27.00 - 1.00m - 2:56.66 27.0								-	
100m - 1:04.73 28.03.2024 - 4:56.66 27.03.2024 -					-			-	
400m - 4:56.66 27.03.2024 -	4.5-	, 2010 (14 ),							-
					-			-	
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	, 2011 (13 ),							-
400m 100m		46.	5:09.47	417	5:05.80 1:11.00		98%	
200m				-	2:39.70		-	
	, 2010 (14 ),							1
100m				-	55.65	26.04.2024	-	
400m			2.40.00	-	4:30.00	25.04.2024	1160/	
200m	, 2010 (14 ),		2:19.89	481	2:30.78	22.11.2023	116%	_
400m	, 2010 (11 ),			_	5:04.79		-	
100m				-	1:14.56		-	
200m	0040 (4.4			-	2:34.88		-	
100m	, 2010 (14 ),			_	1:04.13			-
100m 400m				-	4:53.89		-	
200m				-	2:42.26		-	
	, 2011 (13    ),							-
400m 100m				-	5:03.36 1:11.34	25.04.2024 26.04.2024	-	
200m				-	2:39.42	24.04.2024	-	
	, 2013 (11 ),							1
400m	·	144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m				-	1:38.18 3:46.50	26.04.2024 06.12.2023	-	
200m	, 2011 (13 ),			-	3.40.50	06.12.2023	-	_
100m	, 2011 (10 ),			_	1:06.34		-	
400m				-	5:06.72		-	
200m	0044 (40			-	2:43.15		-	
100m	, 2011 (13 ),			_	1:06.69	07.12.2023		-
400m				-	5:15.49	27.03.2024	-	
200m				-	2:50.21	24.04.2024	-	
	, 2010 (14 ),							-
400m 100m				-	4:40.20 1:03.07	25.04.2024 26.04.2024	-	
100111	, 2011 (13 ),			_	1.00.07	20.04.2024		_
100m	, 2011 (10 ),			-	1:00.12		-	
400m				-	4:43.97		-	
	, 2011 (13 ),							-
400m 100m				-	5:17.90 1:15.34	25.04.2024 26.04.2024	-	
200m				-	2:48.64	24.04.2024	-	
	, 2010 (14 ),							-
400m				-	5:11.10	23.11.2023	-	
100m 200m				-	1:10.36 NT		-	
200111	, 2010 (14     ),				111			_
100m	, 2010 (11 ),			-	59.62	26.04.2024	-	
400m				-	4:37.90	25.04.2024	-	
200m	, 2012 (12 ),		2:27.57	410	2:27.45	24.04.2024	100%	
400m	, 2012 (12 ),	110.	5:34.37	331	5:26.57		95%	-
100m		110.	0.01.07	-	1:20.12		-	
200m				-	2:54.00		-	
400	, 2011 (13 ),				4.00.00			-
100m 400m				-	1:00.03 4:42.88		-	
200m			2:35.11	353	2:33.34		98%	
	, 2011 (13 ),							-
100m		0	4.50.00	-	59.14		-	
400m 200m		8.	4:52.02	496 -	4:49.86 2:29.93		99%	
	, 2012 (12 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,	118.	5:39.24	316	5:47.72	24.04.2024	105%	-
100m				-	1:21.52	26.04.2024	-	
200m	2014 /12 \			-	3:01.82	25.04.2024	-	4
400m	, 2011 (13 ),	1.	4:36.01	588	4:40.15	24.04.2024	103%	1
100m		1.		-	1:05.31	26.04.2024	-	
200m	0044 (40			=	2:31.57	25.04.2024	-	
400	, 2011 (13 ),				E:00 E0			-
400m 100m				-	5:00.56 1:10.64		-	
200m				-	2:39.17		-	

	, 2010 (14 ),							-
400m				-	5:03.85		-	
100m				-	1:09.98		-	
200m	2010 (14			-	2:39.94		-	4
	, 2010 (14 ),							1
100m 400m				-	58.78 4:47.67		-	
200m			2:27.18	413	2:33.74		109%	
20011	, 2011 (13 ),		2.27.10	410	2.00.74		10370	1
400m	, 2011 (10 ),	79.	5:20.72	375	5:29.96	27.03.2024	106%	•
100m				-	1:27.32	26.04.2024	-	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13    ),							-
400m				-	5:06.86		-	
100m 200m				-	1:20.91 2:37.55		-	
200111	, 2011 (13 ),			-	2.37.33		-	_
400m	, 2011 (10 ),			_	4:46.21		_	
100m				-	1:08.42		_	
	, 2011 (13 ),							-
100m	, , ,			-	1:05.35	26.04.2024	-	
400m				-	4:59.54	25.04.2024	-	
200m	0040744			-	2:48.84	24.04.2024	-	
400	, 2010 (14 ),				4 40 00			-
400m 100m				-	4:43.30 1:13.19		-	
200m			2:25.38	428	2:22.59		96%	
	, 2011 (13 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,	124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m	0040 (40			-	2:57.06		-	
4000	, 2012 (12 ),	38.	F.0F.00	424	F.00 22		069/	-
400m 100m		30.	5:05.99	431 -	5:00.22 1:13.94		96%	
200m				-	2:41.99		-	
	, 2013 (11 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,	96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m	2011 (12			-	2:59.30		-	
400m	, 2011 (13 ),	4.	4:40.74	559	4:37.71		98%	-
100m		4.	4.40.74	-	1:04.81		90 /6	
200m				-	2:27.89		-	
	, 2010 (14     ),							-
100m				-	1:08.86	26.04.2024	-	
400m				-	5:34.76	25.04.2024	-	
200m	2010 (14			-	2:37.96		-	4
400m	, 2010 (14 ),			-	4:52.68		_	1
100m				-	1:18.06		-	
200m			2:30.33	387	2:31.09		101%	
	, 2010 (14 ),							1
100m				-	59.59		-	
400m				-	4:47.04		-	
200m	, 2011 (13 ),		2:30.23	388	2:32.95		104%	
100m	, 2011 (13 ),			-	59.17	26.04.2024	-	_
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m				-	2:31.66	25.04.2024	-	
	, 2011 (13 ),							1
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m 200m				-	1:12.77 2:24.20	23.11.2023 25.04.2024	-	
200111	, 2012 (12 ),				2.24.20	20.04.2024		_
100m	, 2012 (12 ),			_	1:18.15	26.10.2023	_	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m				-	2:56.24	25.04.2024	-	
	, 2011 (13 ),							-
100m		4=	4.55.40	470	1:02.61	05.10.2023	- 070/	
400m 200m		15.	4:55.46	479 -	4:50.73 2:33.58	24.04.2024 25.04.2024	97%	
	, 2010 (14 ),							_
400m	, 20.0 (1.1 ),			-	5:30.90	25.04.2024	-	
100m				-	1:13.92	26.04.2024	-	
200m				-	2:42.67	24.04.2024	-	

	, 2010 (14 ),							1
400m	, 2010 (14 ),			-	4:48.30		_	ı
100m				-	1:05.77		-	
200m	0044 (40		2:28.77	400	2:30.91		103%	
400	, 2011 (13 ),				4 00 45			1
100m 400m		19.	4:58.75	464	1:03.15 5:01.84		102%	
200m				-	2:36.98		-	
	, 2011 (13 ),							1
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m 200m				-	1:11.76 2:37.06	26.04.2024 25.04.2024	-	
200111	, 2011 (13 ),				2.01.00	20.0 1.202 1		_
400m	,			-	4:55.83		-	
100m				-	1:06.88		-	
200m	, 2010 (14 ),			-	2:34.49		-	
100m	, 2010 (14 ),			-	1:00.40		_	-
400m				-	4:38.00		-	
200m			2:39.25	326	2:32.00		91%	
	, 2012 (12 ),							1
400m 100m		130.	5:48.45	292	5:49.10 1:31.39	24.04.2024 28.03.2024	100%	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13 ),							-
100m				-	1:10.37		-	
400m 200m				-	5:31.52 3:03.37		-	
200111	, 2011 (13 ),			_	3.03.37		_	_
400m	, 2011 (10 ),	35.	5:05.10	435	5:02.99		99%	
100m				-	1:22.25		-	
200m	2012 (12			-	2:47.42		-	
100m	, 2012 (12 ),			-	1:11.00		_	-
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
	, 2012 (12 ),							1
400m		133.	5:50.71	286	6:01.10 1:15.81	24.04.2024 26.04.2024	106% -	
100m 200m				-	2:57.50	25.04.2024	-	
	, 2010 (14 ),							-
400m				-	4:50.19	25.04.2024	-	
100m 200m			2:31.24	380	1:18.29 2:29.25	06.10.2023 24.04.2024	- 97%	
200111	, 2011 (13 ),		2.51.24	300	2.23.23	24.04.2024	97 70	_
400m	, == : : (:= ),			-	5:29.16		-	
100m				-	1:16.04		-	
200m	, 2010 (14 ),			-	2:48.79		-	
100m	, 2010 (14 ),			_	1:01.60		_	-
400m				-	5:02.70		-	
200m	2242/42			-	2:35.00		-	
100	, 2012 (12 ),				1.15 04			1
100m 400m		131.	5:49.82	289	1:15.24 6:01.03		- 107%	
200m			00.0=	-	3:11.37		-	
	, 2011 (13    ),							-
400m		33.	5:04.98	436	5:03.60 1:10.20		99%	
100m 200m				-	2:42.00		-	
	, 2011 (13 ),							-
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m 200m				-	1:10.18 2:42.57	26.04.2024 25.04.2024	-	
200111	, 2010 (14 ),			-	2.72.01	20.07.2027	-	_
400m	, 20.0 ( ),			-	4:31.67		-	
100m				-	1:02.45		-	
400	, 2011 (13 ),							1
100m 400m				-	59.64 4:38.57		-	
200m			2:30.36	387	2:32.82		103%	
	, 2010 (14 ),							1
100m				-	1:00.66		-	
400m 200m			2:31.10	- 381	5:00.36 2:33.70		- 103%	
200111			2.01.10	501	2.00.10		100/0	

	, 2011 (13 ),							-
400m				-	4:45.95	25.04.2024	-	
100m 200m			2:29.06	397	1:13.57 2:27.33	26.04.2024 24.04.2024	98%	
200111	, 2010 (14 ),		2.29.00	391	2.27.33	24.04.2024	90 /6	_
400m	, 2010 (11 ),			-	4:40.19	25.04.2024	-	
100m				-	1:07.31	26.04.2024	-	
200m			2:27.05	414	2:25.73	24.04.2024	98%	
	, 2011 (13    ),							1
100m		40	5 aa aa	-	1:06.33		-	
400m 200m		40.	5:06.89	428 -	5:12.55 2:49.02		104%	
200111	, 2011 (13 ),				2.10.02			_
400m	, 2011 (10 ),	14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	2242444			-	2:34.65		-	
400	, 2010 (14 ),				5.05.04			1
400m 100m				-	5:05.04 1:16.06		-	
200m			2:30.09	389	2:32.15		103%	
	, 2010 (14     ),							1
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:36.97	25.04.2024	-	
100m				-	1:06.71	26.04.2024	-	
200m	, 2012 (12 ),		2:29.72	392	2:31.30	24.04.2024	102%	4
400m	, 2012 (12 ),	129.	5:46.75	296	5:54.58	24.04.2024	105%	1
100m		123.	3.40.73	-	1:35.68	26.04.2024	10370	
200m				-	3:02.58	25.04.2024	-	
	, 2010 (14 ),							-
400m				-	4:56.26		-	
100m 200m			2:32.53	- 371	1:06.63 2:31.67		99%	
200111	, 2012 (12 ),		2.32.33	3/1	2.31.07		9976	1
400m	, 2012 (12 ),	117.	5:38.28	319	5:55.38		110%	•
100m				-	1:26.26		-	
200m				-	3:06.71		-	
400	, 2012 (12 ),				4 45 45			1
100m 400m		121.	5:41.46	310	1:15.15 5:54.03	24.04.2024	107%	
200m		121.	3.41.40	-	3:09.62	25.04.2024	-	
	, 2010 (14 ),							1
400m	, , , , , , , , , , , , , , , , , , , ,			-	4:46.63		-	
100m			0.05.04	-	1:06.13		-	
200m	, 2012 (12 ),		2:25.04	431	2:29.10		106%	1
400m	, 2012 (12 ),	142.	6:03.54	257	6:05.68	27.03.2024	101%	•
100m			0.00.04	-	1:34.62	28.03.2024	-	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14     ),							-
400m 100m				-	5:05.89		-	
200m				-	1:11.00 2:42.86		-	
	, 2010 (14 ),							-
400m	, ,,			-	4:55.23	25.04.2024	-	
100m			0.22.22	-	1:09.85	26.04.2024	-	
200m	2012 (11 \		2:32.39	372	2:29.44	24.04.2024	96%	4
400m	, 2013 (11 ),	143.	6:08.41	247	6:15.63		104%	1
100m		140.	0.00.41	-	1:27.90		-	
200m				-	3:02.71		-	
	, 2010 (14 ),							-
100m 400m				-	1:07.36 5:03.09	26.04.2024 25.04.2024	-	
200m				-	2:43.68	24.04.2024	-	
								9
	, 2011 (13 ),							1
400m				-	4:32.58		-	
100m			2.22.42	-	1:02.61		4000/	
200m	, 2010 (14 ),		2:28.18	404	2:30.35		103%	
400m	, 2010 (14 ),			-	4:46.20		_	-
100m				-	1:17.05		-	
200m			2:31.85	376	2:29.55		97%	

, 2011 (13 ), 400m 17. 467 4:55.18 98% 4:58.03 100m 1:14.68 200m 2:40.38 , 2011 (13 ), 400m 447 4:56.03 96% 25. 5:02.37 100m 1:14.95 200m 2:47.54 , 2012 (12 ), 400m 4:52.60 6. 4:48.04 517 103% 1:08.29 100m 2:35.61 200m , 2010 (14 ), 400m 5:07.65 100m 1:18.39 200m 2:37.36 , 2011 (13 ), 400m 51. 5:11.10 410 5:03.43 95% 100m 1:22.64 2:40.55 200m , 2012 (12 ), 400m 5:03.99 1:12.38 100m 200m 2:41.04 , 2012 (12 ), 100m 1:04.60 400m 5:06.16 2:40.08 200m , 2011 (13 ), 1 100m 1:04.92 45. 5:08.76 420 5:09.05 100% 400m 200m 2:46.15 , 2011 (13 ), 1 100m 1:06.09 400m 37. 5:05.59 433 5:07.54 101% 200m 2:47.50 , 2010 (14 ), 100m 58 40 5:02.97 400m 200m 2:35.53 , 2011 (13 ), 1 400m 81. 5:21.18 373 5:21.64 100% 1:16.52 100m 200m 2:53.92 , 2010 (14 ), 100m 1:04.14 400m 5:03.00 200m 2:42.92 , 2010 (14 ), 400m 4:47.50 100m 1:05.50 200m 2:33.09 367 2:30.70 97% , 2011 (13 ), 400m 97% 34. 5:05.09 435 5:00.47 100m 1:15.07 200m 2:43.92 , 2010 (14 ), 100m 1:05.23 4:49.66 400m 200m 2:40.00 , 2011 (13 1 ), 100m 1:05.75 31. 5:05.60 400m 5:04.59 437 101% 200m 2:53.11 , 2010 (14 ), 100m 58.71 400m 4:33.04 200m 2:23.82 442 2:21.32 97% , 2010 (14 400m 4:55.07 100m 1:20.35 200m 2:42.82 , 2012 (12 ), 1 27. 400m 5:03.89 440 5:10.25 104% 100m 1:14.03 200m 2:40.09

	, 2010 (14 ),						
400m	, 2010 (14 ),			-	4:58.35	-	-
100m				-	1:24.37	-	
200m	, 2010 (14 ),			-	2:38.43	-	1
400m	, ==:= (:: /,			-	4:48.68	-	•
100m			2.26 50	-	1:05.20	1049/	
200m	, 2011 (13 ),		2:26.59	418	2:29.33	104%	_
400m	, 2011 (10 ),	82.	5:21.20	373	5:11.48	94%	
100m 200m				-	1:12.72 2:39.93	-	
200111	, 2010 (14 ),			-	2.39.93	•	_
100m	, == . = ( /,			-	56.14	-	
400m			2:22.78	- 452	4:40.00 2:22.20	99%	
200m	, 2010 (14 ),		2.22.76	452	2.22.20	99%	1
400m	, ( ),			-	4:27.15	-	
100m 200m			2:17.26	- 509	1:01.00 2:18.68	- 102%	
200111	, 2011 (13 ),		2.17.20	309	2.10.00	102/6	_
100m	, 2011 (10 ),			-	1:01.69	-	
400m				-	5:07.83	-	
200m	, 2011 (13 ),			-	2:40.53	-	_
400m	,	29.	5:04.54	438	5:00.70	97%	
100m 200m				-	1:10.86 2:38.82	<del>-</del>	
200111				-	2.30.02	•	
							11
	, 2011 (13 ),						1
400m		42.	5:08.18	422 -	5:12.96	103%	
100m 200m				-	1:11.54 2:35.00	-	
	, 2010 (14 ),						-
100m 400m				-	59.85 4:54.15	-	
200m				-	2:39.00	- -	
	, 2012 (12 ),						1
400m 100m		114.	5:35.58	327	5:39.26 1:19.35	102%	
200m				-	2:56.07	- -	
	, 2011 (13 ),						-
400m 100m				-	4:56.00 1:09.00	-	
200m				-	2:45.00	-	
	, 2011 (13 ),						-
100m 200m				-	1:37.00 3:24.00	-	
200111	, 2011 (13    ),				0.2 1.00		_
100m	, , , , , , , , , , , , , , , , , , , ,				1:18.00	-	
400m 200m		147.	6:27.11	213	6:20.00 3:12.00	96%	
200111	, 2012 (12 ),				0.12.00		-
100m					1:16.82	-	
400m 200m		146.	6:21.28	223	6:09.89 3:10.65	94%	
200111	, 2010 (14 ),				0.10.00		1
400m				-	4:57.49	-	
100m 200m			2:29.45	394	1:14.00 2:31.00	- 102%	
	, 2010 (14 ),						-
400m	•			-	5:59.00	-	
100m 200m				-	1:19.00 2:45.00	-	
	, 2011 (13 ),						-
400m				-	5:01.37	-	
100m 200m				-	1:20.70 2:38.89	-	
	, 2010 (14 ),						-
100m				-	1:03.70	-	
400m 200m				-	5:05.00 2:45.00	-	
	, 2012 (12 ),						1
400m		123.	5:43.84	304	5:50.00	104%	
100m 200m				-	1:27.00 2:55.00	<del>-</del> -	

	, 2011 (13    ),						-
400m				-	5:14.00	-	
100m 200m				-	1:11.00 2:45.18	-	
200111	, 2013 (11 ),				2.43.10		1
400m	, 2010 (11 ),	141.	6:01.09	262	6:01.11	100%	•
100m				-	1:31.64	-	
200m				-	3:12.02	<u>-</u>	
400	, 2010 (14 ),						1
100m 400m				-	55.90 4:26.70	-	
200m			2:17.05	511	2:18.70	102%	
	, 2010 (14    ),						1
400m				-	4:56.47	-	
100m			2.20.60	-	1:07.50	4040/	
200m	, 2011 (13 ),		2:28.69	400	2:31.87	104%	_
400m	, 2011 (13 ),	149.	6:42.44	189	6:35.00	96%	
100m			02	-	1:28.00	-	
200m				-	3:10.00	=	
	, 2013 (11 ),						-
100m 400m				-	1:12.50 5:34.00	- -	
200m				-	3:03.00	- -	
	, 2012 (12 ),						-
400m				-	5:41.00	=	
100m				-	1:27.00	=	
200m	, 2010 (14 ),			-	3:01.00	-	
100m	, 2010 (14 ),			_	1:04.76	_	-
400m				-	5:10.89	-	
200m				-	2:39.21	-	
	, 2011 (13 ),						1
400m 100m		93.	5:26.72	354 -	5:34.09 1:13.52	105%	
200m				-	2:59.24	-	
200	, 2011 (13 ),				2.00.2		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:02.02	=	
400m		88.	5:23.00	367	5:40.00	111%	
200m	2011 (12			-	2:48.00	-	
400m	, 2011 (13 ),	127.	5:45.02	301	5:38.96	97%	-
100m		127.	0.40.02	-	1:18.87	-	
200m				-	3:06.22	-	
400	, 2012 (12 ),						-
400m 100m				-	5:09.00 1:15.85	-	
200m				-	2:46.85	-	
	, 2011 (13 ),						1
400m		115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m	, 2012 (12 ),			-	2:55.31	-	_
400m	, 2012 (12 ),	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	=	
200m	0044 (40			-	2:55.00	-	
100	, 2011 (13 ),				1.04.70	_	-
100m 400m				-	1:04.70 5:12.00	-	
200m				-	2:45.00	-	
	, 2010 (14 ),						-
400m				-	4:47.00	-	
100m 200m			2:28.99	398	1:08.00 2:28.00	- 99%	
	, 2011 (13 ),					33,0	-
400m				-	5:16.00	-	
100m				-	1:20.50	-	
200m	2014 (12 \			-	2:50.00	-	4
400m	, 2011 (13 ),	148.	6:35.76	199	6:40.58	102%	1
100m		140.	0.55.70	-	1:33.00	102/0	
200m				-	3:10.00	-	
	, 2011 (13    ),						-
100m				-	1:04.01	-	
400m 200m				-	4:52.34 2:39.78	-	