	_						
						%	PB
							-
							35
400m	, 2011 (13),	10.	4:52.72	493	4:53.48	101%	2
100m 200m		12.	2:34.58	- 489	1:11.32 2:35.20	- 101%	
	, 2011 (13),						2
400m 100m		127.	5:04.73	337	5:08.05 1:18.37	102%	
200m	, 2010 (14),	139.	2:44.58	295	2:48.88	105%	2
400m	, == := (: :),	38.	4:43.04	421	4:46.77	103%	_
100m 200m		18.	2:23.54	445	1:10.23 2:25.50	103%	
400m	, 2010 (14),	143.	5:09.77	321	5:03.12	96%	1
100m 200m		91.	2:36.69	342	1:09.93 2:40.19	105%	
	, 2010 (14),	31.	2.30.03	J-12			2
100m 400m		43.	4:44.69	414	57.36 4:59.79	- 111%	
200m	, 2011 (13),	24.	2:25.51	427	2:31.28	108%	1
400m	, 2011 (10),	100.	5:28.91	347	5:27.33	99%	
100m 200m		54.	2:44.38	407	1:14.81 2:46.39	102%	
400m	, 2010 (14),	76.	4:53.06	379	4:56.97	103%	2
100m 200m		55.	2:30.38	- 387	1:14.87 2:34.33	- 105%	
	, 2010 (14),						-
400m 100m		55.	4:47.74	401 -	4:47.31 1:08.10	100%	
200m	, 2012 (12),	66.	2:32.51	371	2:32.09	99%	1
400m 100m	, , ,	132.	5:49.98	288	5:44.42 1:21.94	97%	
200m	0040 (44	88.	2:50.40	365	2:59.66	111%	0
100m	, 2010 (14),			-	58.01	-	2
400m 200m		51. 70.	4:47.15 2:32.86	403 368	4:50.47 2:34.12	102% 102%	
400	, 2011 (13),				4,02.24		2
100m 400m		3.	4:40.55	560	1:02.34 4:42.01	101%	
200m	, 2011 (13),	10.	2:33.78	497	2:38.03	106%	2
400m 100m		7.	4:48.49	515 -	4:51.80 1:11.90	102% -	
200m	, 2011 (13),	4.	2:28.91	548	2:33.50	106%	1
400m	, 2011 (13),	80.	5:20.92	374	5:21.89	101%	'
100m 200m		103.	2:52.47	- 352	1:19.46 2:51.06	98%	
100m	, 2010 (14),			_	59.01	-	1
400m 200m		123. 35.	5:03.75 2:28.24	341 404	4:57.39 2:32.60	96% 106%	
	, 2011 (13),	00.	2.20.24	404		10070	2
100m 400m		78.	5:20.52	- 375	1:09.62 5:21.68	- 101%	
200m	, 2011 (13),	84.	2:49.95	368	2:52.65	103%	2
400m	, 20(.0),	46.	4:45.51	410	4:49.60	103%	_
100m 200m		44.	2:29.38	395	1:13.73 2:32.11	104%	
400m	, 2011 (13),	99.	5:28.41	349	5:24.80	98%	-
100m 200m		82.	2:49.57	- 371	1:27.21 2:47.65	98%	
		J <u>L</u> .		J. 1		0070	

	2040 (4.4						4
400	, 2010 (14),	24	4.44.45	400	4.40.70	000/	1
400m		31.	4:41.45	428	4:40.73	99%	
100m 200m		8.	2:19.37	- 486	1:02.37	103%	
200111	, 2010 (14),	0.	2.19.37	400	2:21.20	103%	1
400	, 2010 (14),	00	4.54.00	070	4.54 47	000/	'
400m 100m		86.	4:54.90	372	4:51.47 1:05.79	98%	
200m		75.	2:34.02	360	2:34.41	101%	
200111	, 2010 (14),	75.	2.34.02	300	2.54.41	10170	2
400m	, 2010 (14),	40.	4:43.35	420	4:47.34	103%	_
100m		40.	4.43.33	420	1:02.00	103%	
200m		15.	2:22.47	455	2:25.11	104%	
200111	, 2011 (13),	10.	2.22.77	100	2.20.11	10170	1
400m	, 2011 (13),	20.	4:58.98	463	4:57.41	99%	'
100m		20.	4.30.90	403	1:17.17	99%	
200m		16.	2:35.47	481	2:35.78	100%	
200	, 2011 (13),				2.000	.0070	1
100m	, 2011 (10),			-	1:07.49	_	•
400m		54.	5:11.71	408	5:08.16	98%	
200m		100.	2:52.14	354	2:53.06	101%	
	, 2010 (14),						2
400m	, 2010 (11),	130.	5:05.78	334	5:11.54	104%	_
100m		100.	0.00.70	-	1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
	, 2011 (13),						2
400m	, - (-),	68.	5:17.34	387	5:21.70	103%	
100m				-	1:09.93	-	
200m		35.	2:40.43	438	2:41.48	101%	
							15
	, 2012 (12),						2
100m	, 2012 (12),			-	1:11.43	_	_
400m		50.	5:10.60	412	5:16.95	104%	
200m		85.	2:50.17	367	2:51.60	102%	
	, 2010 (14),						_
100m	, == := (:: /,			-	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m	, , , , , , , , , , , , , , , , , , , ,	66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m		41.	2:41.42	430	2:37.03	95%	
	, 2010 (14),						-
100m				-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14),						-
400m		62.	4:50.91	388	4:39.55	92%	
100m				.	1:16.99		
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						2
400m		74.	5:19.44	379	5:20.36	101%	
100m				-	1:13.26	-	
200m	0040 (44	57.	2:45.29	400	2:46.21	101%	
	, 2010 (14),						1
400m		66.	4:51.27	386	4:49.08	99%	
100m				-	1:07.68	-	
200m	0010/10	51.	2:30.31	387	2:30.54	100%	_
	, 2012 (12),						2
100m				-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
200m	2040 (42	63.	2:45.70	397	2:47.40	102%	,
	, 2012 (12),						1
100m		22	F.4405	-	1:08.40	-	
400m		62.	5:14.32	398	5:15.16	101%	
200m	2040 (44	93.	2:51.16	360	2:51.08	100%	
400	, 2010 (14),				1.04 44		-
100m		07	4.50.00	- 250	1:01.11	- 020/	
400m 200m		97. 72.	4:58.39 2:33.47	359 364	4:48.25 2:32.15	93% 98%	
200111	2044 (42	12.	2.33.41	304	2.32.13	9076	0
400	, 2011 (13),	04	4,50.01	450	E.00 F0	1000/	2
400m 100m		21.	4:59.81	459 -	5:00.52 1:14.84	100%	
200m		39.	2:41.06	433	2:41.53	101%	
200111	, 2011 (13),	აჟ.	4.41.00	400	4.71.00	IU170	_
	, 2011 (13),	76.	5:20.16	377	5:15.00	070/	-
400m		1 O.	J.ZU. 10	-3//	J. 13.00	97%	
400m				0			
400m 100m 200m		31.	2:40.08	- 441	1:21.90 2:39.00	- 99%	

	, 2010 (14),						-
400m		68.	4:52.04	383	4:51.04	99%	
100m		36.	2:28.34	402	1:05.26	100%	
200m	, 2010 (14),	36.	2.20.34	403	2:28.00	100%	1
400m	, 2010 (14),	18.	4:35.80	455	4:36.00	100%	
100m		10.	4.55.00		1:07.50	-	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						2
400m	,	97.	5:27.25	353	5:28.72	101%	
100m		404		-	1:20.44	-	
200m	0044 (40	101.	2:52.23	354	2:52.24	100%	4
400	, 2011 (13),	00	5 40 47	200	5.40.00	000/	1
400m 100m		63.	5:16.47	390	5:12.90 1:11.34	98%	
200m		51.	2:43.41	414	2:44.44	101%	
	, 2010 (14),						-
100m	, (-	59.24	-	
400m		17.	4:35.12	459	4:31.41	97%	
200m		86.	2:36.14	346	2:33.34	96%	
	, 2010 (14),						-
400m		75.	4:53.03	380	4:50.50	98%	
100m 200m		46.	2:29.60	393	1:16.20 2:29.00	99%	
200111	, 2010 (14),	40.	2.29.00	393	2.23.00	3370	_
400m	, 2010 (11),	14.	4:32.52	472	4:32.06	100%	
100m				-	1:00.00	-	
200m		7.	2:18.80	492	2:17.73	98%	
	, 2011 (13),						1
400m		89.	5:23.67	364	5:19.00	97%	
100m		0.4	0.40.07	-	1:16.50	4040/	
200m		81.	2:49.37	372	2:50.15	101%	
							38
	, 2011 (13),						30
100m	, 2011 (13),			-	1:01.00	-	-
400m		147.	5:12.93	312	5:12.00	99%	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						-
100m				-	1:10.00	-	
400m		90.	5:24.46	362	5:17.00	95%	
200m	2040 (4.4	131.	3:01.35	303	2:52.00	90%	4
100m	, 2010 (14),			_	1:01.00	-	1
400m		36.	4:42.02	426	1:01.00 4:43.00	101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12),						1
100m	, , ,			-	1:05.00	-	
400m		144.	5:10.95	318	5:03.00	95%	
200m	0040 (40	132.	2:43.49	301	2:45.00	102%	
400	, 2012 (12),	0.5	5.47.44	200	F-00 00	000/	-
400m 100m		65.	5:17.11	388	5:06.00 1:12.90	93%	
200m		82.	2:49.57	371	2:46.00	96%	
	, 2011 (13),						-
100m	, (, , ,			-	1:09.00	-	
400m		77.	5:20.22	376	5:17.90	99%	
200m		104.	2:52.67	351	2:49.60	96%	
	, 2012 (12),						-
400m 100m		104.	5:31.09	340	5:17.90 1:21.99	92%	
200m		96.	2:51.56	358	2:49.60	98%	
200	, 2010 (14),	00.	2.000	000	2. 10.00	3370	2
400m	, (//	89.	4:55.23	371	4:56.38	101%	_
100m				-	1:13.64	-	
200m		27.	2:26.65	417	2:27.94	102%	
	, 2011 (13),						1
100m		44	5.07 A7	- 425	1:05.50	105%	
400m 200m		41. 76.	5:07.47 2:47.81	425 382	5:15.00 2:46.00	105% 98%	
20011	, 2010 (14),	70.	2.77.01	J02	∠.→∪.∪∪	30 /0	_
100m	, 2010 (17),			-	59.95	-	_
400m		131.	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14),						-
400m		146.	5:11.13	317	5:04.00	95%	
100m 200m		79.	2:34.76	355	1:15.00 2:33.00	- 98%	
200111	, 2011 (13),	70.	2.01.70	000	2.00.00	3070	-
100m	, - (- ,,			-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m	2010 (11	102.	2:52.35	353	2:47.00	94%	4
400m	, 2010 (14),	105.	4:59.61	355	4:58.00	99%	1
100m		100.	4.55.01	-	1:18.00	-	
200m		81.	2:34.91	354	2:38.35	104%	
	, 2012 (12),						1
400m 100m		103.	5:30.30	343	5:26.00 1:18.50	97%	
200m		86.	2:50.18	367	2:54.00	105%	
	, 2010 (14),						-
100m	, , , ,			-	1:00.00	-	
400m		64.	4:51.10	387	4:44.22	95%	
200m	, 2011 (13),	78.	2:34.27	358	2:30.55	95%	
400m	, 2011 (13),	96.	4:58.10	360	4:58.00	100%	-
100m		50.	4.00.10	-	1:10.00	-	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12),						1
400m		140.	5:56.43	273	6:00.00 1:22.00	102%	
100m 200m		148.	3:23.13	215	3:14.00	91%	
	, 2010 (14),						1
400m		19.	4:35.84	455	4:41.90	104%	
100m		40	2.20.07	-	1:06.90	-	
200m	, 2011 (13),	43.	2:29.07	397	2:28.50	99%	1
400m	, 2011 (10),	72.	5:18.21	384	5:06.76	93%	•
100m				-	1:16.54	-	
200m	0044 (40	17.	2:35.71	479	2:36.17	101%	
400	, 2011 (13),	70	4.50.46	270	4.52.00	4000/	-
400m 100m		79.	4:53.46	378	4:53.00 1:09.00	100%	
200m		138.	2:44.35	296	2:42.00	97%	
	, 2012 (12),						1
400m		126.	5:44.55	302	5:40.00	97%	
100m 200m		119.	2:56.27	330	1:25.00 2:58.00	102%	
200111	, 2012 (12),	110.	2.00.2.	000	2.00.00	10270	2
400m	, , , , , , , , , , , , , , , , , , , ,	92.	5:25.53	358	5:31.00	103%	
100m		07	0.54.00	-	1:17.50	4000/	
200m	, 2012 (12),	97.	2:51.90	356	2:57.00	106%	2
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	109%	_
100m		107.	0.00.00	-	1:35.00	-	
200m		128.	3:00.38	308	3:03.74	104%	
400	, 2010 (14),	400	5.05.00	200	4.50.00	040/	-
400m 100m		133.	5:05.92	333	4:52.00 1:10.00	91%	
200m		151.	2:53.07	254	2:45.00	91%	
	, 2012 (12),						2
100m			. ==		1:05.00	-	
400m 200m		18. 29.	4:58.44 2:39.91	465 442	5:05.50 2:40.14	105% 100%	
200111	, 2010 (14),	23.	2.55.51	772	2.40.14	10070	_
400m	, == := (:: /,	156.	5:25.52	277	5:20.00	97%	
100m					1:09.00	-	
200m	2044 (42	146.	2:47.48	280	2:41.00	92%	,
400m	, 2011 (13),	86.	5:21.67	371	5:14.45	96%	1
100m		00.	3.21.07	-	1:23.21	-	
200m		46.	2:43.02	417	2:43.34	100%	
	, 2011 (13),						-
400m 100m		135.	5:52.65	282	5:25.00	85%	
200m		114.	2:54.33	341	1:23.00 2:50.00	95%	
	, 2011 (13),			***			1
400m		128.	5:46.63	297	5:30.00	91%	
100m		106.	2.52.00	240	1:17.00	1000/	
200m		100.	2:52.99	349	2:53.00	100%	

400	, 2010 (14),				50.70		-
100m 400m		92.	4:56.39	367	58.79 4:50.00	96%	
200m		92. 85.	2:35.94	347	2:35.29	99%	
200111	, 2011 (13),	00.	2.00.04	047	2.00.20	3370	2
400m	, 2011 (10),	55.	5:11.97	407	5:19.78	105%	_
100m		55.	3.11.37	-	1:11.45	-	
200m		24.	2:38.13	457	2:41.12	104%	
	, 2012 (12),						-
400m		58.	5:13.29	402	5:10.00	98%	
100m				-	1:16.00	-	
200m		108.	2:53.32	347	2:50.00	96%	
	, 2013 (11),						1
400m		145.	6:18.95	227	6:02.00	91%	
100m		120	2.07.24	-	1:29.00	4020/	
200m	, 2010 (14),	139.	3:07.24	275	3:10.00	103%	_
400m	, 2010 (14),	118.	5:02.37	345	4:56.00	96%	_
100m		110.	3.02.37	3 4 3	1:08.00	-	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						1
400m	, - (- ,,	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	-	
200m		11.	2:33.98	495	2:35.69	102%	_
	, 2013 (11),						2
400m		101.	5:29.00	347	5:30.00	101%	
100m 200m		94.	2:51.18	360	1:17.00 2:53.00	102%	
200111	, 2012 (12),	34.	2.31.10	300	2.55.00	102/0	1
400m	, 2012 (12),	94.	4:56.78	365	5:00.00	102%	'
100m		34.	4.30.70	-	1:10.50	10276	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),						1
100m				-	1:08.00	-	
400m		70.	5:18.02	384	5:24.00	104%	
200m		75.	2:47.79	383	2:47.00	99%	_
	, 2013 (11),						2
400m		122.	5:42.96	306	5:43.00	100%	
100m 200m		113.	2:54.20	342	1:28.79 2:59.00	106%	
200111	, 2013 (11),	110.	2.04.20	0.12	2.00.00	10070	2
100m	, 2010 (11),			_	1:08.00	_	_
400m		94.	5:26.73	354	5:35.00	105%	
200m		78.	2:48.29	379	2:53.00	106%	
	, 2012 (12),						1
400m		109.	5:32.34	337	5:36.00	102%	
100m		405	0.00.00	-	1:22.50	-	
200m	2044 (42	135.	3:02.68	296	2:58.00	95%	
400	, 2011 (13),	400	5.04.04	227	4.55.00	0.407	-
400m 100m		128.	5:04.94	337	4:55.00 1:09.00	94%	
200m		121.	2:41.65	311	2:35.00	92%	
	, 2010 (14),						2
400m	, , ,	88.	4:54.94	372	5:00.00	103%	
100m				-	1:05.50	-	
200m		25.	2:26.50	419	2:27.00	101%	
40-	, 2012 (12),						1
100m		61.	E:14.16	399	1:05.90	100%	
400m 200m		49.	5:14.16 2:43.23	416	5:14.00 2:46.00	103%	
200111	, 2012 (12),	43.	2.40.20	410	2.40.00	10070	1
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	•
100m				-	1:15.60	-	
200m		6.	2:31.56	519	2:34.33	104%	
	, 2010 (14),						2
400m		151.	5:17.63	298	5:20.00	101%	
100m		400	2,42.00	- 200	1:11.00	4000/	
200m		126.	2:42.08	309	2:44.00	102%	
							25
	2010 (14						25 2
100m	, 2010 (14),			_	55.22		2
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

			•			
	, 2011 (13),					1
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	1 94%
100m 200m	0040 (40	55.	2:44.75	404	1:22.72 2:47.38	103%
400m	, 2012 (12),	52.	5:11.42	409	5:11.20	100%
100m 200m		66.	2:46.30	393	1:19.71 2:45.10	- 99%
400m	, 2010 (14),	21.	4:38.39	443	4:43.78	104%
100m 200m		31.	2:27.12	413	1:15.65 2:27.24	100%
	, 2011 (13),					1
400m 100m		107.	5:00.11	353	5:02.18 1:14.97	101%
200m	, 2011 (13),	136.	2:44.26	297	2:38.82	93% 1
100m 400m		56.	5:13.06	403	1:05.00 5:10.00	- 98%
200m	, 2010 (14),	67.	2:46.32	393	2:48.00	102% 1
400m 100m	, 2010 (14),	3.	4:17.49	560	4:10.30 1:02.52	94%
200m		10.	2:20.18	478	2:22.10	103%
100m	, 2010 (14),			-	1:04.00	- 2
400m		65.	4:51.20	387	4:53.44	102%
200m	, 2010 (14),	90.	2:36.52	343	2:39.02	103% 2
400m 100m		1.	4:08.68	621 -	4:09.73 1:05.00	101% -
200m	, 2012 (12),	1.	2:07.95	629	2:13.50	109% 1
400m 100m	, - (,,	59.	5:13.52	401	5:10.78 1:14.00	98%
200m	2044 (42	59.	2:45.50	399	2:47.46	102%
400m	, 2011 (13),	138.	5:06.74	331	5:02.39	97%
100m 200m		122.	2:41.73	311	1:13.50 2:40.24	98%
100m	, 2011 (13),			_	1:11.46	2
400m		32.	5:04.87	436	5:12.37	105%
200m	, 2011 (13),	90.	2:51.00	361	2:52.37	102% 2
400m 100m		11.	4:53.33	490 -	4:55.57 1:12.97	102% -
200m	, 2011 (13),	7.	2:32.60	509	2:33.78	102%
400m	, 2011 (13),	53.	5:11.69	408	5:24.16	108%
100m 200m		42.	2:41.71	- 427	1:15.63 2:45.16	104%
400m	, 2010 (14),	80.	4:53.47	378	4:53.24	100%
100m	, 2010 (14),			-	1:09.17	- 2
100m	, 2010 (11),			=	1:02.18	-
400m 200m		61. 93.	4:50.80 2:37.15	388 339	5:00.24 2:41.49	107% 106%
400m	, 2011 (13),	106.	5:31.72	339	5:18.20	- 92%
100m 200m		68.	2:46.53	- 391	1:15.73 2:40.40	- 93%
	, 2010 (14),					1
100m 400m		37.	4:42.97	422	1:00.20 4:46.76	- 103%
200m	, 2011 (13),	63.	2:31.60	378	2:29.33	97% 1
100m		•	F /= ^-	-	1:05.89	-
400m 200m		64. 105.	5:17.06 2:52.88	388 350	5:20.16 2:51.94	102% 99%
400m	, 2011 (13),	48.	5:10.11	414	5:12.44	102%
100m 200m		53.	2:44.12	409	1:15.06 2:46.53	103%
_00111		55.	4	100		13376

	0044 (40							
400m 100m	, 2011 (13),	82.	4:53.81	377	4:51.26 1:04.54		98%	1
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	_
100m	, 2010 (14),			-	1:24.71		-	_
400m 100m	, 2010 (14),	12.	4:30.49	483	4:28.87 1:04.92	25.04.2024 29.03.2024	99%	
200m	, 2010 (14),	12.	2:21.05	469	2:20.41	24.04.2024	99%	2
400m 100m	, , , , , , , , , , , , , , , , , , , ,	4.	4:18.37	554 -	4:21.07 1:02.09	25.04.2024 26.04.2024	102% -	
200m	, 2012 (12),	11.	2:20.34	476	2:21.29	24.04.2024	101%	2
100m		404	F F0 4F	-	1:12.87		-	
400m 200m		134. 133.	5:52.45 3:02.37	282 298	6:02.18 3:03.57		106% 101%	
200111	, 2010 (14),	100.	0.02.07	200	0.00.07		10170	-
100m	, (, , ,			-	56.54	26.04.2024	-	
400m		8.	4:28.25	495	4:22.37	25.04.2024	96%	
200m	, 2010 (14),	6.	2:17.60	505	2:16.72	24.04.2024	99%	1
100m				-	1:01.04		-	
400m 200m		100. 53.	4:58.66 2:30.35	358 387	4:58.23 2:32.38		100% 103%	
200111	, 2011 (13),	55.	2.30.33	307	2.32.30		10376	1
100m				<u>-</u>	1:11.63			
400m		119. 132.	5:39.67 3:01.38	315 303	5:41.67 2:57.07		101% 96%	
200m	, 2011 (13),	132.	3.01.36	303	2:57.97		90%	1
100m	, ==:: (:=),			-	1:07.27		-	
400m		69.	5:17.47	386	5:16.74		100%	
200m	, 2010 (14),	71.	2:46.80	389	2:48.80		102%	_
400m	, 2010 (14),	70.	4:52.05	383	4:50.62		99%	
100m		400		-	1:04.31		-	
200m	, 2011 (13),	103.	2:38.60	330	2:36.18		97%	1
400m 100m	, 2011 (13),	39.	5:06.09	431	5:03.05 1:09.13		98%	'
200m	2011 (12	30.	2:40.06	441	2:42.47		103%	4
400m	, 2011 (13),	75.	5:19.74	378	5:25.39	24.04.2024	104%	1
100m 200m		62.	2:45.65	398	1:15.43 2:44.59	26.04.2024 22.06.2023	99%	
	, 2010 (14),						5575	2
100m 400m		126.	5:04.59	-	1:02.92	26.04.2024	1020/	
200m		87.	2:36.19	338 345	5:07.80 2:40.35	25.04.2024 24.04.2024	102% 105%	
	, 2011 (13),							2
400m 100m		58.	4:48.95	396 -	4:55.65 1:20.23	25.04.2024 26.04.2024	105% -	
200m	, 2011 (13),	59.	2:30.99	382	2:33.67	24.04.2024	104%	
100m	, 2011 (13),			-	1:03.95	26.04.2024	_	-
400m		95.	4:56.87	365	4:53.13	25.04.2024	97%	
400	, 2011 (13),	07	5 47 00	007	5.40.70		070/	1
400m 100m		67.	5:17.33	387	5:12.70 1:13.24		97% -	
200m	, 2010 (14),	40.	2:41.16	432	2:41.91		101%	1
400m	, 2010 (14),	116.	5:02.10	346	4:55.78	25.04.2024	96%	'
100m		99.	2,27.00	-	1:18.07	26.04.2024	1020/	
200m	, 2011 (13),	99.	2:37.98	334	2:39.71	24.04.2024	102%	1
400m		57.	5:13.27	402	5:07.61		96%	
100m 200m		34.	2:40.38	438	1:18.86 2:43.95		105%	
	, 2010 (14),							2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	- 102%	
200m		114.	2:40.71	317	2:48.11	20.04.2024	102%	
	, 2010 (14),							1
400m		99.	4:58.54	359	4:56.78		99%	
100m 200m		89.	2:36.50	343	1:12.94 2:39.46		104%	

								_
400m	, 2011 (13),	120.	5:02.84	344	5:06.52		102%	2
100m		120.	3.02.04	-	1:20.24		-	
200m	0044 (40	97.	2:37.63	336	2:41.51		105%	
400	, 2011 (13),	00	5:40.74	400	5:44.05		000/	-
400m 100m		60.	5:13.71	400	5:11.05 1:11.42		98%	
200m		68.	2:46.53	391	2:44.78		98%	
400	, 2011 (13),				4 00 75	00.04.0004		1
100m 400m		102.	4:58.95	357	1:00.75 4:55.91	26.04.2024 25.04.2024	98%	
200m		68.	2:32.62	370	2:35.06	24.04.2024	103%	
	, 2010 (14),							1
400m 100m		50.	4:47.03	404	4:45.58 1:07.57		99%	
200m		19.	2:23.66	444	2:23.78		100%	
	, 2010 (14),							-
100m		00	4.54.00	-	1:02.09		-	
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
	, 2012 (12),							-
100m				-	1:06.45		-	
400m 200m		73. 90.	5:18.55 2:51.00	382 361	5:15.39 2:50.71		98% 100%	
200111	, 2011 (13),	50.	2.51.00	301	2.00.71		10070	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:00.60		-	
400m		91. 115	4:55.75	369	4:52.60		98%	
200m	, 2011 (13),	115.	2:40.90	316	2:44.00		104%	2
100m	, 2011 (10),			-	1:05.45	26.04.2024	-	_
400m		9.	4:52.11	496	4:58.56	24.04.2024	104%	
200m	, 2012 (12),	44.	2:42.25	423	2:44.93	25.04.2024	103%	_
400m	, 2012 (12),	155.	5:24.45	279	5:10.60	25.04.2024	92%	_
100m				-	1:22.81	26.04.2024	-	
200m	0040 (44	147.	2:47.94	278	2:47.64	24.04.2024	100%	
400m	, 2010 (14),	137.	5:06.69	331	5:15.13	25.04.2024	106%	1
100m		107.	3.00.03	-	1:20.61	28.03.2024	-	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
400	, 2011 (13),	440	5.05.00	000	50400		0.407	1
400m 100m		113.	5:35.23	328	5:24.88 1:21.65		94%	
200m		79.	2:48.69	376	2:52.72		105%	
400	, 2010 (14),			40=	4 40 00		40=0/	2
400m 100m		33.	4:41.84	427	4:48.82 1:17.47		105%	
200m		29.	2:26.83	416	2:32.09		107%	
	, 2010 (14),							1
400m 100m		60.	4:50.43	390	4:52.60 1:12.58		101%	
200m		69.	2:32.69	370	2:27.60		93%	
	, 2012 (12),							2
100m			4 40 75	-	1:04.40	28.03.2024	4050/	
400m 200m		57. 102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
	, 2010 (14),							1
400m		9.	4:28.37	494	4:26.36		99%	
100m 200m		3.	2:15.53	- 529	1:01.56 2:16.53		- 101%	
200111	, 2011 (13),	0.	2.10.00	020	2.10.00		10170	1
400m	, , , , , , , , , , , , , , , , , , , ,	85.	5:21.42	372	5:19.67		99%	
100m 200m		22.	2:37.58	462	1:12.01 2:38.51		- 101%	
200111	, 2010 (14),		2.37.30	402	2.30.31		10170	_
400m	, _5.5 (),	54.	4:47.64	401	4:47.50		100%	
100m		00	2.05.40	-	1:12.80		- 070/	
200m	, 2011 (13),	22.	2:25.16	430	2:22.60		97%	1
400m	, 2011 (13),	87.	5:22.95	367	5:22.80		100%	'
100m				-	1:06.89		-	
200m	, 2012 (12),	28.	2:39.45	446	2:41.50		103%	
100m	, 2012 (12),			-	1:03.95	26.04.2024	-	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m		52.	2:43.63	413	2:42.67		99%	

	0040 (40							0
400m	, 2012 (12),	139.	5:56.27	273	6:03.97	24.04.2024	104%	2
100m		407	2.02.06	-	1:24.14	25.04.2024	4000/	
200m	, 2011 (13),	137.	3:03.86	291	3:10.66	25.04.2024	108%	1
100m	, , , , ,			.	1:06.87		<u>-</u>	
400m 200m		49. 47.	5:10.15 2:43.13	414 416	5:17.13 2:41.97		105% 99%	
200111	, 2011 (13),	ч.	2.40.10	410	2.41.57		3370	2
100m		400		-	1:04.58		-	
400m 200m		109. 117.	5:00.25 2:41.17	353 314	5:01.18 2:41.79	25.04.2024 24.04.2024	101% 101%	
	, 2011 (13),							1
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99%	
200m		95.	2:51.42	359	2:53.69		103%	
100	, 2011 (13),	450	5.00.07	005	5.40.00		050/	-
400m 100m		153.	5:22.37	285 -	5:13.38 1:28.91		95% -	
200m		149.	2:49.23	271	2:44.49		94%	_
400m	, 2011 (13),	24.	5:01.70	450	5:03.35		101%	2
100m				-	1:07.74		-	
200m	, 2012 (12),	27.	2:39.03	449	2:39.68		101%	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	_
100m		4.44	2,00.40	-	1:21.59	26.04.2024	- 0.40/	
200m	, 2010 (14),	141.	3:08.18	271	3:02.87	25.04.2024	94%	1
100m	, 2010 (11),			-	54.12		-	•
400m 200m		2. 2.	4:15.42 2:12.89	573 561	4:15.65 2:12.78		100% 100%	
200111	, 2010 (14),	2.	2.12.00	001	2.12.70		10070	1
400m		42.	4:44.29	416	4:42.10	25.04.2024	98%	
100m 200m		13.	2:21.78	462	1:09.79 2:23.12	26.04.2024 24.04.2024	102%	
	, 2013 (11),							2
400m 100m		108.	5:32.14	337	5:39.66 1:34.94		105%	
200m		120.	2:56.42	329	2:56.62		100%	
400m	, 2011 (13),	105.	5:31.45	339	5:32.47		101%	2
100m		105.	5.51.45	-	1:25.17		10176	
200m	, 2012 (12),	98.	2:52.03	355	2:55.64		104%	1
400m	, 2012 (12),	112.	5:35.22	328	5:29.56	24.04.2024	97%	'
100m		400	2.00.20	-	1:22.25	26.04.2024	1050/	
200m	, 2011 (13),	128.	3:00.38	308	3:05.11	25.04.2024	105%	_
400m	, ==::(:= /,	71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m 200m		61.	2:45.55	398	1:22.53 2:43.30	23.11.2023 25.04.2024	97%	
200111	, 2012 (12),	01.	2. 10.00	000	2. 10.00	20.01.2021	0170	1
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m		58.	2:45.49	399	1:15.63 2:45.78	26.04.2024 25.04.2024	100%	
	, 2012 (12),							2
400m 100m		28.	5:04.52	438 -	5:12.89 1:13.60	24.04.2024 26.04.2024	106% -	
200m	0040 (44	65.	2:45.80	397	2:49.88	25.04.2024	105%	
100m	, 2010 (14),			-	1:02.55		-	2
400m		52.	4:47.24	403	4:49.66		102%	
200m	, 2011 (13),	84.	2:35.53	350	2:38.32		104%	_
100m	, 2011 (10),			-	1:03.13	26.04.2024	-	_
400m 200m		16. 32.	4:57.81 2:40.13	468 440	4:54.75 2:39.16	27.03.2024 25.04.2024	98% 99%	
200111	, 2012 (12),	JZ.	2.70.10	11 0	2.03.10	20.07.2024	JJ /0	2
400m	, , , , , , , , , , , , , , , , , , , ,	98.	5:28.19	350	5:30.94		102%	
100m 200m		73.	2:47.68	383	1:15.24 2:51.65		105%	
	, 2012 (12),							1
400m 100m		44.	5:08.56	421 -	5:16.23 1:22.27		105%	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m 100m		136.	5:52.85	281	5:58.66 1:22.81		103%	
200m		115.	2:54.80	338	2:56.19		102%	
	, 2010 (14),							-
100m				-	1:05.38	26.04.2024	-	
400m 200m		160. 144.	5:35.23 2:46.90	253 283	5:34.20 2:46.19	25.04.2024 24.04.2024	99% 99%	
200111	, 2010 (14),	144.	2.40.90	203	2.40.19	24.04.2024	9976	1
400m	, 2010 (11),	27.	4:40.00	435	4:46.52		105%	•
100m				<u>-</u>	1:04.59		-	
200m	0040 (40	28.	2:26.71	417	2:24.49		97%	
400	, 2012 (12),	125.	E.44.44	202	E.44.00	24.04.2024	1000/	-
400m 100m		125.	5:44.14	303	5:44.08 1:29.97	24.04.2024 19.04.2024	100%	
200m		111.	2:53.98	343	2:50.20	25.04.2024	96%	
	, 2011 (13),							2
400m		111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m 200m		130.	3:00.88	305	1:18.51 3:02.43	26.04.2024 25.04.2024	102%	
	, 2010 (14),							2
400m	, , , ,	154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m		440	2.40.45	-	1:15.19	26.04.2024	1060/	
200m	, 2011 (13),	112.	2:40.45	318	2:45.47	24.04.2024	106%	_
100m	, 2011 (10),			-	1:04.60	26.10.2023	-	
400m		13.	4:54.85	482	4:52.83	24.04.2024	99%	
200m	0044 (40	14.	2:34.91	486	2:34.71	22.11.2023	100%	_
100m	, 2011 (13),				1:18.22	24.11.2023		2
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
400	, 2011 (13),							1
100m 400m		39.	4:43.10	- 421	1:01.70 4:42.00		99%	
200m		110.	2:39.84	322	2:42.00		103%	
	, 2010 (14),							-
400m		35.	4:41.88	426	4:40.20		99%	
100m 200m		58.	2:30.84	383	1:08.47 2:29.71		99%	
200111	, 2011 (13),	56.	2.00.04	300	2.20.71		3370	_
400m	, 2011 (10),	73.	4:52.60	381	4:50.48		99%	
100m		00	0.07.44	-	1:08.99		-	
200m	, 2011 (13),	96.	2:37.44	337	2:35.31		97%	1
400m	, 2011 (13),	120.	5:40.49	313	5:43.73		102%	
100m				-	1:17.03		-	
	, 2010 (14),							2
100m		20	4:41.14	-	59.64		4070/	
400m 200m		29. 16.	2:22.56	430 454	4:51.18 2:25.57		107% 104%	
	, 2011 (13),							2
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m 200m		23.	2:38.03	- 458	1:19.49 2:39.45	26.04.2024 25.04.2024	102%	
200111	, 2010 (14),	25.	2.30.03	450	2.00.40	25.04.2024	10270	1
400m	, == (, , ,,	145.	5:11.00	317	5:02.94		95%	-
100m		400	0.44.50	-	1:11.66		-	
200m	, 2012 (12),	120.	2:41.59	312	2:42.38		101%	_
400m	, 2012 (12),	114.	5:01.82	347	5:00.14	25.04.2024	99%	_
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							2
100m		0.4	4.E4 EE	- 274	1:04.73	28.03.2024	1010/	
400m 200m		84. 103.	4:54.55 2:38.60	374 330	4:56.66 2:45.39	27.03.2024 16.06.2023	101% 109%	
	, 2011 (13),	-	-	•		-		1
400m		46.	5:09.47	417	5:05.80		98%	
100m		19.	2:36.77	- 469	1:11.00 2:39.70		- 104%	
200m	, 2010 (14),	19.	2.30.11	409	2.39.70		104%	2
100m	,			=	55.65	26.04.2024	-	_
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	

	0040 (44							
400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	1
100m		.02.	0.00.00	- -	1:14.56		-	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m				-	1:04.13		-	
400m		121.	5:03.26	342	4:53.89		94%	
200m	, 2011 (13),	124.	2:41.80	311	2:42.26		101%	_
400m	, 2011 (13),	134.	5:06.22	332	5:03.36	25.04.2024	98%	-
100m		104.	0.00.22	-	1:11.34	26.04.2024	-	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							2
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m					1:38.18	26.04.2024	-	
200m	2014 (12	147.	3:16.00	240	3:46.50	06.12.2023	134%	2
400	, 2011 (13),				4.00.04			2
100m 400m		117.	5:02.29	346	1:06.34 5:06.72		103%	
200m		123.	2:41.79	311	2:43.15		102%	
200	, 2011 (13),	.20.		0	2		.0270	2
100m	, 2011 (10),			_	1:06.69	07.12.2023	_	_
400m		136.	5:06.37	332	5:15.49	27.03.2024	106%	
200m		129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							1
400m		23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m				-	1:03.07	26.04.2024	-	
	, 2011 (13),							1
100m				-	1:00.12		-	
400m	0044 (40	25.	4:39.41	438	4:43.97		103%	_
400	, 2011 (13),	450				0= 04 0004	40404	2
400m		150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m 200m		142.	2:45.74	289	1:15.34 2:48.64	26.04.2024 24.04.2024	104%	
200111	, 2010 (14),	172.	2.40.74	200	2.40.04	24.04.2024	10470	1
400m	, 2010 (14),	83.	4:54.17	375	5:11.10	23.11.2023	112%	'
100m		00.	4.04.17	-	1:10.36	20.11.2020	-	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.62	26.04.2024	-	
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%	
200m	0040 (40	33.	2:27.57	410	2:27.45	24.04.2024	100%	
400	, 2012 (12),							1
400m		110.	5:34.37	331	5:26.57		95%	
100m 200m		109.	2:53.67	345	1:20.12 2:54.00		100%	
200111	, 2011 (13),	100.	2.00.07	0-10	2.04.00		10070	1
100m	, 2011 (13),			_	1:00.03		_	'
400m		33.	4:41.84	427	4:42.88		101%	
200m		83.	2:35.11	353	2:33.34		98%	
	, 2011 (13),							1
100m				-	59.14		-	
400m		8.	4:52.02	496	4:49.86		99%	
200m	2012 (12	3.	2:28.25	555	2:29.93		102%	0
400	, 2012 (12),	440	E.20.24	240	E. 47 70	24.04.2024	4050/	2
400m 100m		118.	5:39.24	316	5:47.72 1:21.52	24.04.2024 26.04.2024	105%	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	
	, 2011 (13),							2
400m	, - (-),	1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m				-	1:05.31	26.04.2024	-	
200m		5.	2:29.68	539	2:31.57	25.04.2024	103%	
	, 2011 (13),							1
400m		110.	5:00.43	352	5:00.56		100%	
100m		400	0.00 77	-	1:10.64		-	
200m	0040 (44	109.	2:39.77	323	2:39.17		99%	_
400	, 2010 (14),	400	4-50.00	054	5.00.05		40007	2
400m 100m		106.	4:59.83	354	5:03.85 1:09.98		103%	
200m		92.	2:36.85	341	2:39.94		104%	
_00111	, 2010 (14),	02.	00.00	0.1	2.00.04		10 170	2
100m	, //			-	58.78		-	_
400m		13.	4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	

400m	, 2011 (13),	79.	5:20.72	375	E:20 06	27.03.2024	106%	2
100m		79.	5.20.72	-	5:29.96 1:27.32	26.04.2024	100%	
200m		72.	2:47.57	384	2:52.36	25.04.2024	106%	
	, 2011 (13),							-
400m 100m		141.	5:08.43	325	5:06.86 1:20.91		99%	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m	, 2011 (13),			-	1:08.42		-	2
100m	, 2011 (10),			_	1:05.35	26.04.2024	-	_
400m		101.	4:58.80	358	4:59.54	25.04.2024	100%	
200m	, 2010 (14),	135.	2:44.12	298	2:48.84	24.04.2024	106%	1
400m	, 2010 (14),	28.	4:40.52	433	4:43.30		102%	'
100m				-	1:13.19		-	
200m	2044 (42	23.	2:25.38	428	2:22.59		96%	_
400m	, 2011 (13),	124.	5:44.02	303	5:55.78		107%	2
100m		124.	5.44.02	-	1:24.03		-	
200m		87.	2:50.38	365	2:57.06		108%	
400	, 2012 (12),	20	F:0F 00	424	E.00 22		000/	1
400m 100m		38.	5:05.99	431 -	5:00.22 1:13.94		96% -	
200m		37.	2:40.97	433	2:41.99		101%	
400	, 2013 (11),	00	5-07-40	252	F:00 40	27.03.2024	4000/	2
400m 100m		96.	5:27.19	353 -	5:30.42 1:17.86	26.04.2024	102%	
200m		116.	2:55.40	335	2:59.30		104%	
	, 2011 (13),							1
400m 100m		4.	4:40.74	559	4:37.71 1:04.81		98%	
200m		2.	2:27.56	563	2:27.89		100%	
	, 2010 (14),							1
100m 400m		159.	5:30.87	- 263	1:08.86	26.04.2024 25.04.2024	1020/	
200m		152.	2:57.84	234	5:34.76 2:37.96	25.04.2024	102% 79%	
	, 2010 (14),							2
400m		72.	4:52.50	382	4:52.68		100%	
100m 200m		52.	2:30.33	387	1:18.06 2:31.09		101%	
	, 2010 (14),							1
100m	, , ,			-	59.59		-	
200m	2044 (42	50.	2:30.23	388	2:32.95		104%	
100m	, 2011 (13),			_	59.17	26.04.2024	_	-
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	0044 (40	8.	2:33.20	503	2:31.66	25.04.2024	98%	_
400m	, 2011 (13),	2.	4:38.68	571	4:40.10	24.04.2024	101%	2
100m		۷.	4.30.00	-	1:12.77	23.11.2023	-	
200m		1.	2:22.53	624	2:24.20	25.04.2024	102%	
100	, 2012 (12),				1.10.15	26 40 2022		1
100m 400m		95.	5:27.11	353	1:18.15 5:20.73	26.10.2023 24.04.2024	96%	
200m		118.	2:55.96	332	2:56.24	25.04.2024	100%	
400	, 2011 (13),				4 00 04	05.40.0000		-
100m 400m		15.	4:55.46	- 479	1:02.61 4:50.73	05.10.2023 24.04.2024	- 97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
	, 2010 (14),							1
400m 100m		158.	5:30.09	265	5:30.90	25.04.2024 26.04.2024	100%	
200m		141.	2:45.31	291	1:13.92 2:42.67	24.04.2024	97%	
	, 2010 (14),							1
400m		85.	4:54.88	372	4:48.30		96%	
100m 200m		39.	2:28.77	400	1:05.77 2:30.91		103%	
"	, 2011 (13),		- -	- -				2
100m	•		4 50	-	1:03.15		-	
400m 200m		19. 15.	4:58.75 2:34.95	464 486	5:01.84 2:36.98		102% 103%	
_00111		10.	0-1.00	100	00.00		100/0	

	, 2011 (13),							2
400m 100m		12.	4:54.60	483	4:56.36 1:11.76	24.04.2024 26.04.2024	101%	
200m		13.	2:34.85	487	2:37.06	25.04.2024	103%	
	, 2011 (13),							2
400m	,	59.	4:49.29	394	4:55.83		105%	
100m		50	0.00.47	-	1:06.88		-	
200m	, 2010 (14),	56.	2:30.47	386	2:34.49		105%	_
100m	, 2010 (14),			-	1:00.40		-	_
400m		32.	4:41.74	427	4:38.00		97%	
200m	2040 (40	106.	2:39.25	326	2:32.00		91%	_
400	, 2012 (12),	120	E. 40 4E	202	F.40.40	24.04.2024	4000/	2
400m 100m		130.	5:48.45	292	5:49.10 1:31.39	24.04.2024 28.03.2024	100%	
200m		117.	2:55.50	334	3:00.67	25.04.2024	106%	
	, 2011 (13),							-
100m			- 40 -0	-	1:10.37		-	
400m 200m		163. 155.	5:43.56 3:05.76	235 205	5:31.52 3:03.37		93% 97%	
200	, 2011 (13),		0.000	200	0.00.01		0.70	1
400m	, == (/,	35.	5:05.10	435	5:02.99		99%	
100m				-	1:22.25		-	
200m	, 2012 (12),	70.	2:46.69	390	2:47.42		101%	1
100m	, 2012 (12),			-	1:11.00		-	1
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
400	, 2012 (12),	400	E.E0.74	206	6,04.40	24.04.2024	1000/	1
400m 100m		133.	5:50.71	286	6:01.10 1:15.81	24.04.2024 26.04.2024	106%	
200m		122.	2:57.87	321	2:57.50	25.04.2024	100%	
	, 2010 (14),							-
400m		68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m 200m		62.	2:31.24	380	1:18.29 2:29.25	06.10.2023 24.04.2024	97%	
	, 2011 (13),	 -						-
100m	, , , ,			-	1:16.04		-	
200m	2040 (44	153.	3:00.95	222	2:48.79		87%	
100m	, 2010 (14),				4 04 00			-
100111				_			_	
400m		119.	5:02.76	- 344	1:01.60 5:02.70		100%	
400m 200m		119. 100.	5:02.76 2:38.04	344 333			100% 96%	
200m	, 2012 (12),				5:02.70 2:35.00			2
200m 100m	, 2012 (12),	100.	2:38.04	333	5:02.70 2:35.00 1:15.24		96%	2
200m	, 2012 (12),				5:02.70 2:35.00			2
200m 100m 400m 200m	, 2012 (12), , 2011 (13),	100. 131. 140.	2:38.04 5:49.82 3:07.59	333 - 289 274	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37		96% - 107% 104%	2
200m 100m 400m 200m 400m		100. 131.	2:38.04 5:49.82	333 - 289	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60		96% - 107%	
200m 100m 400m 200m 400m 100m		100. 131. 140. 33.	2:38.04 5:49.82 3:07.59 5:04.98	333 - 289 274 436	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20		96% - 107% 104% 99%	
200m 100m 400m 200m 400m	, 2011 (13),	100. 131. 140.	2:38.04 5:49.82 3:07.59	333 - 289 274	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60		96% - 107% 104%	1
200m 100m 400m 200m 400m 100m 200m		100. 131. 140. 33.	2:38.04 5:49.82 3:07.59 5:04.98	333 - 289 274 436	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43	24.04.2024	96% - 107% 104% 99%	
200m 100m 400m 200m 400m 100m 200m 400m 100m	, 2011 (13),	100. 131. 140. 33. 43.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26	333 - 289 274 436 - 427 435	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18	26.04.2024	96%	1
200m 100m 400m 200m 400m 100m 200m	, 2011 (13), , 2011 (13),	100. 131. 140. 33. 43.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78	333 - 289 274 436 - 427	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43		96% - 107% 104% - 99% - 100%	1
200m 100m 400m 200m 400m 100m 200m 400m 100m	, 2011 (13),	100. 131. 140. 33. 43.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26	333 - 289 274 436 - 427 435	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18	26.04.2024	96%	1
200m 100m 400m 200m 400m 100m 200m 400m 200m	, 2011 (13), , 2011 (13), , 2010 (14),	100. 131. 140. 33. 43. 36. 26.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81	333 289 274 436 427 435 - 451	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57	26.04.2024	96%	1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2011 (13), , 2011 (13),	100. 131. 140. 33. 43. 36. 26.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81	333 289 274 436 427 435 - 451 470	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45	26.04.2024	96%	1
200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m 100m	, 2011 (13), , 2011 (13), , 2010 (14),	100. 131. 140. 33. 43. 36. 26.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87	333 289 274 436 - 427 435 - 451 470	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64	26.04.2024	96% - 107% 104% - 99% - 100% - 105%	1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 200m	, 2011 (13), , 2011 (13), , 2010 (14),	100. 131. 140. 33. 43. 36. 26.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81	333 289 274 436 427 435 - 451 470	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45	26.04.2024	96%	1
200m 100m 400m 200m 400m 100m 200m 400m 100m 100m 100m 200m	, 2011 (13), , 2011 (13), , 2010 (14),	100. 131. 140. 33. 43. 36. 26. 15.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87	333 - 289 274 436 - 427 435 - 451 470 - 430	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57	26.04.2024	96% - 107% 104% 99% - 100% 99% - 105% 99% - 105%	1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 100m 100m 100m 100m 100m	, 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	100. 131. 140. 33. 43. 36. 26. 15.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	333 289 274 436 427 435 451 470 - 430 387	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	96%	1 - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 100m 100m 400m 100m 400m 4	, 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	100. 131. 140. 33. 43. 36. 26. 15.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	333 289 274 436 427 435 - 451 470 - 430 387	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36	26.04.2024	96%	1 - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 100m 100m 100m 100m 100m	, 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	100. 131. 140. 33. 43. 36. 26. 15.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	333 289 274 436 427 435 451 470 - 430 387	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82	26.04.2024	96%	1 - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 100m 400m 200m 400m 400m 400m 200m	, 2011 (13), , 2011 (13), , 2010 (14), , 2011 (13),	100. 131. 140. 33. 43. 36. 26. 15.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	333 289 274 436 427 435 - 451 470 - 430 387	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	96%	1 - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 400m 200m	, 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	100. 131. 140. 33. 43. 36. 26. 15. 30. 54.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	333 - 289 274 - 436 - 427 - 435 - 451 - 470 - 430 387 - 401 381 - 406 -	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	96% - 107% 104% 99% - 100% 99% - 105% 99% 105% 103%	1 - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 100m 400m 200m 400m 400m 400m 400m 400m	, 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14), , 2010 (14), , 2011 (13),	100. 131. 140. 33. 43. 36. 26. 15. 30. 54.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36	333 289 274 436 427 435 451 470 - 430 387	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95	26.04.2024 25.04.2024 25.04.2024	96%	1 - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 400m 200m	, 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14),	100. 131. 140. 33. 43. 36. 26. 15. 30. 54.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42	333 - 289 274 - 436 - 427 - 435 - 451 - 470 430 387 - 401 381 - 406 - 397	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57	26.04.2024 25.04.2024 25.04.2024 26.04.2024	96% - 107% 104% 99% - 100% 99% - 105% 99% 105% 103%	1 - 1
200m 100m 400m 200m 400m 100m 200m 400m 100m 200m 400m 100m 400m 200m 400m 200m	, 2011 (13), , 2011 (13), , 2010 (14), , 2010 (14), , 2010 (14), , 2011 (13),	100. 131. 140. 33. 43. 36. 26. 15. 30. 54. 56. 60. 48. 42.	2:38.04 5:49.82 3:07.59 5:04.98 2:41.78 5:05.26 2:38.81 4:32.87 4:41.18 2:30.36 4:47.79 2:31.10 4:46.42 2:29.06	333 - 289 274 - 436 - 427 - 435 - 451 - 470 - 430 387 - 401 381 - 406 -	5:02.70 2:35.00 1:15.24 6:01.03 3:11.37 5:03.60 1:10.20 2:42.00 5:03.43 1:10.18 2:42.57 4:31.67 1:02.45 59.64 4:38.57 2:32.82 1:00.66 5:00.36 2:33.70 4:45.95 1:13.57 2:27.33	25.04.2024 25.04.2024 25.04.2024 26.04.2024 24.04.2024	96% - 107% 104% 99% - 100% 99% - 105% 99% - 105% 103% - 109% 103% 100% - 98%	1 - 1

	2044 (42							2
100	, 2011 (13),				1.06.22			2
100m 400m		40.	5:06.89	428	1:06.33 5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
200111	, 2011 (13),	33.	2.43.30	555	2.49.02		10470	_
400m	, 2011 (10),	14.	4:55.45	479	4:51.11		97%	
100m		14.	4.55.45	-	1:08.96		31 /6	
200m		25.	2:38.14	457	2:34.65		96%	
	, 2010 (14),							2
400m	, 2010 (11),	115.	5:01.95	347	5:05.04		102%	_
100m				-	1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m		26.	4:39.54	437	4:36.97	25.04.2024	98%	
100m				-	1:06.71	26.04.2024	-	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	_
	, 2012 (12),							2
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m		407	0.50.75	-	1:35.68	26.04.2024	4000/	
200m	0040 (44	127.	2:59.75	311	3:02.58	25.04.2024	103%	
400	, 2010 (14),				. =		4000/	1
400m 100m		77.	4:53.13	379	4:56.26 1:06.63		102%	
200m		67.	2:32.53	371	2:31.67		99%	
200111	, 2012 (12),	07.	2.32.33	571	2.51.07		3370	2
400m	, 2012 (12),	117.	5:38.28	319	5:55.38		110%	_
100m			3.30.20	-	1:26.26		-	
200m		134.	3:02.49	297	3:06.71		105%	
	, 2012 (12),							2
100m	, - (-	1:15.15		-	
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m		136.	3:03.53	292	3:09.62	25.04.2024	107%	
	, 2010 (14),							2
400m		22.	4:38.72	441	4:46.63		106%	
100m				-	1:06.13		-	
200m	0040 (40	21.	2:25.04	431	2:29.10		106%	
400	, 2012 (12),						40407	1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m 200m		138.	3:05.03	285	1:34.62 3:04.05	28.03.2024 25.04.2024	99%	
200111	, 2010 (14),	100.	0.00.00	200	0.04.00	20.04.2024	3370	2
400m	, 2010 (14),	93.	4:56.44	367	5:05.89		106%	_
100m		95.	4.50.44	-	1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m	, , , , , , , , , , , , , , , , , , , ,	90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m				-	1:09.85	26.04.2024	-	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							2
400m		143.	6:08.41	247	6:15.63		104%	
100m		405	0.50.00	-	1:27.90		4050/	
200m	, 2010 (14),	125.	2:58.09	320	3:02.71		105%	4
100	, 2010 (14),				1.07.26	26.04.2024		1
100m 400m		129.	5:05.00	337	1:07.36 5:03.09	26.04.2024 25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								23
	, 2011 (13),							2
400m	, 2011 (13),	11.	4:30.41	483	4:32.58		102%	_
100m			4.50.41	-	1:02.61		10270	
200m		34.	2:28.18	404	2:30.35		103%	
	, 2010 (14),							_
400m	, , , , , , , , , , , , , , , , , , , ,	71.	4:52.10	383	4:46.20		96%	
100m				-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							-
400m		17.	4:58.03	467	4:55.18		98%	
100m		45	0.40.40	-	1:14.68		-	
200m	2044 (42	45.	2:42.42	422	2:40.38		98%	
400	, 2011 (13),	05	E-00.07	4.47	4.50.00		2001	-
400m		25.	5:02.37	447	4:56.03 1:14.95		96%	
100m 200m		92.	2:51.03	361	2:47.54		96%	
		J					00,0	

	, 2012 (12),						1
400m 100m		6.	4:48.04	517 -	4:52.60 1:08.29	103% -	
200m		20.	2:37.44	463	2:35.61	98%	
400	, 2010 (14),	4.40	5.45.40	205	5.07.05	050/	-
400m 100m		149.	5:15.19	305	5:07.65 1:18.39	95% -	
200m	2044 (42	107.	2:39.51	324	2:37.36	97%	
400m	, 2011 (13),	51.	5:11.10	410	5:03.43	95%	-
100m				-	1:22.64	=	
200m	2012 (12	48.	2:43.18	416	2:40.55	97%	4
400m	, 2012 (12),	113.	5:01.32	349	5:03.99	102%	1
100m				-	1:12.38	-	
200m	, 2012 (12),	119.	2:41.52	312	2:41.04	99%	_
100m	, == (=),			-	1:04.60	-	
400m 200m		135. 137.	5:06.31 2:44.31	332 297	5:06.16 2:40.08	100% 95%	
200111	, 2011 (13),	107.	2.44.01	231	2.40.00	3370	1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.92	-	
400m 200m		45. 74.	5:08.76 2:47.76	420 383	5:09.05 2:46.15	100% 98%	
200	, 2011 (13),		20	000	2	3370	2
100m		07	5.05.50	-	1:06.09	-	
400m 200m		37. 50.	5:05.59 2:43.35	433 415	5:07.54 2:47.50	101% 105%	
	, 2010 (14),						2
100m 400m		81.	4:53.49	378	58.40 5:02.97	- 107%	
200m		76.	2:34.04	360	2:35.53	102%	
400m	, 2011 (13),	81.	5:21.18	373	E:21 64	100%	2
100m		01.	3.21.10	-	5:21.64 1:16.52	100%	
200m	0040 (44	110.	2:53.74	345	2:53.92	100%	
100m	, 2010 (14),			-	1:04.14	<u>-</u>	-
400m		140.	5:07.62	328	5:03.00	97%	
200m	, 2010 (14),	134.	2:44.04	298	2:42.92	99%	1
400m	, 2010 (14),	47.	4:46.08	408	4:47.50	101%	1
100m				-	1:05.50	-	
200m	, 2011 (13),	71.	2:33.09	367	2:30.70	97%	_
400m	,,	34.	5:05.09	435	5:00.47	97%	
100m 200m		64.	2:45.78	397	1:15.07 2:43.92	98%	
200	, 2010 (14),	0	20 0	001	2.10.02	3373	-
100m	•	400	F:00.44	-	1:05.23	- 020/	
400m 200m		108. 150.	5:00.14 2:49.32	353 271	4:49.66 2:40.00	93% 89%	
	, 2011 (13),						2
100m 400m		31.	5:04.59	437	1:05.75 5:05.60	- 101%	
200m		77.	2:47.91	382	2:53.11	106%	
100	, 2010 (14),				E0.74	-	-
100m 400m		16.	4:34.10	464	58.71 4:33.04	99%	
200m	2040 (44	20.	2:23.82	442	2:21.32	97%	
400m	, 2010 (14),	122.	5:03.53	341	4:55.07	95%	-
100m				-	1:20.35	=	
200m	- , 2012 (12	133.),	2:43.60	300	2:42.82	99%	1
400m	, 2012 (12), 27.	5:03.89	440	5:10.25	104%	
100m		22	2:40.22	420	1:14.03	-	
200m	, 2010 (14),	33.	2:40.33	439	2:40.09	100%	_
400m	, 20.0 (1.1),	111.	5:00.98	350	4:58.35	98%	
100m 200m		128.	2:42.83	305	1:24.37 2:38.43	- 95%	
200111	, 2010 (14),	120.	2.72.00	500	2.00.40	30 /0	2
400m	, ,	53.	4:47.42	402	4:48.68	101%	
100m 200m		26.	2:26.59	418	1:05.20 2:29.33	104%	

	0044 (40						
400	, 2011 (13),		=		=	0.404	1
400m		82.	5:21.20	373	5:11.48	94%	
100m		20.	2:37.44	463	1:12.72 2:39.93	1020/	
200m	, 2010 (14),	20.	2.37.44	403	2.39.93	103%	1
400	, 2010 (14),				=0.44		1
100m 400m		20.	4:37.84	445	56.14 4:40.00	- 102%	
200m		20. 17.	2:22.78	452	2:22.20	99%	
200111	, 2010 (14),	17.	2.22.10	402	2.22.20	3370	2
400m	, 2010 (14),	5.	4:24.28	518	4:27.15	102%	_
100m		Э.	4.24.20	- -	1:01.00	102/6	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m	, 2011 (10),			_	1:01.69	_	_
400m		86.	4:54.90	372	5:07.83	109%	
200m		113.	2:40.51	318	2:40.53	100%	
	, 2011 (13),						-
400m	, - (-),	29.	5:04.54	438	5:00.70	97%	
100m				-	1:10.86	-	
200m		36.	2:40.75	435	2:38.82	98%	
							31
	, 2011 (13),						1
400m	, 2011 (10),	42.	5:08.18	422	5:12.96	103%	•
100m		12.	0.00.10	-	1:11.54	-	
200m		18.	2:36.66	470	2:35.00	98%	
	, 2010 (14),						2
100m	, =0.0 (),			_	59.85	-	_
400m		74.	4:52.74	381	4:54.15	101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m	, == (:=),	114.	5:35.58	327	5:39.26	102%	•
100m				-	1:19.35	-	
200m		121.	2:57.28	324	2:56.07	99%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	103.	4:59.02	357	4:56.00	98%	
100m				-	1:09.00	-	
200m		118.	2:41.28	314	2:45.00	105%	
	, 2011 (13),						-
100m				-	1:37.00	-	
	, 2011 (13),						-
100m				-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m		143.	3:14.08	247	3:12.00	98%	
	, 2012 (12),						-
100m				-	1:16.82	-	
400m		146.	6:21.28	223	6:09.89	94%	
200m	0040 (44	145.	3:14.79	244	3:10.65	96%	
	, 2010 (14),						1
400m		125.	5:03.94	340	4:57.49	96%	
100m 200m		45.	2:29.45	394	1:14.00 2:31.00	102%	
200111	2010 (14	43.	2.29.43	394	2.31.00	10276	4
400	, 2010 (14),	404	F- 40 00	005	F-F0 00	4000/	1
400m		164.	5:48.93	225	5:59.00	106% -	
100m	2011 (12			-	1:19.00	-	2
400~	, 2011 (13),	104.	4.50.22	256	5·∩4 27	4040/	2
400m		104.	4:59.22	356 -	5:01.37 1:20.70	101%	
100m 200m		88.	2:36.48	343	2:38.89	103%	
200111	, 2010 (14),	00.	2.00.40	0.10	2.00.00	10070	1
100m	, 2010 (14),			-	1:03.70	-	
400m		124.	5:03.90	340	5:05.00	101%	
200m		145.	2:47.42	280	2:45.00	97%	
200.11	, 2012 (12),		_: . _			01.70	1
400m	,	123.	5:43.84	304	5:50.00	104%	•
100m		120.	3.40.04	-	1:27.00	-	
200m		124.	2:58.07	320	2:55.00	97%	
	, 2011 (13),						1
400m	, 20 (.0),	157.	5:28.67	269	5:14.00	91%	•
100m		•	- ==-=:	-	1:11.00	-	
200m		140.	2:44.86	294	2:45.18	100%	
	, 2013 (11),						1
400m		141.	6:01.09	262	6:01.11	100%	
100m				-	1:31.64	-	
200m		146.	3:15.98	240	3:12.02	96%	

400	, 2010 (14),						1
100m		_	4.07.00	-	55.90	-	
400m		7.	4:27.93	497	4:26.70	99%	
200m		4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m		98.	4:58.53	359	4:56.47	99%	
100m				-	1:07.50	-	
200m		38.	2:28.69	400	2:31.87	104%	
	, 2011 (13),						_
400m	, 2011 (10),	149.	6:42.44	189	6:35.00	96%	
100m		143.	0.42.44	103	1:28.00	3070	
200m		142.	3:12.58	253	3:10.00	97%	
200111	2012 (11	172.	0.12.00	200	0.10.00	37 70	
	, 2013 (11),						-
100m		404	F: 40.00	-	1:12.50	-	
400m		161.	5:40.86	241	5:34.00	96%	
200m	2242 (42	156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m		162.	5:42.11	238	5:41.00	99%	
100m				-	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						2
100m				-	1:04.76	-	
400m		142.	5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
	, 2011 (13),						2
400m	, - (- ,,	93.	5:26.72	354	5:34.09	105%	
100m		00.	VV	-	1:13.52	-	
200m		107.	2:53.12	348	2:59.24	107%	
200	, 2011 (13),			0.0	2.00.2		2
100	, 2011 (13),				1:02.02	<u>-</u>	_
100m		88.	E-22 00	367			
400m			5:23.00		5:40.00	111% 103%	
200m	2011 (12	56.	2:45.17	401	2:48.00		4
400	, 2011 (13),	407	5 45 00	004	F 00 00		1
400m		127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m		126.	2:59.05	315	3:06.22	108%	
	, 2012 (12),						1
400m		139.	5:07.02	330	5:09.00	101%	
100m				-	1:15.85	.	
200m		148.	2:48.08	277	2:46.85	99%	
	, 2011 (13),						2
400m		115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m		89.	2:50.72	363	2:55.31	105%	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50		
200m		99.	2:52.06	355	2:55.00	103%	
	, 2011 (13),						_
100m	, 2011 (10),				1:04.70		
400m		148.	5:13.61	310	1:04.70 5:12.00	99%	
400111	2010 (11	140.	0.10.01	010	0.12.00		4
400	, 2010 (14),						1
400m		45.	4:45.43	411	4:47.00	101%	
100m		4.4	0.00.00	-	1:08.00	-	
200m	0044 (40	41.	2:28.99	398	2:28.00	99%	
	, 2011 (13),						1
400m		152.	5:22.32	285	5:16.00	96%	
100m				-	1:20.50	.	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m		148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m		144.	3:14.78	244	3:10.00	95%	
	, 2011 (13),						2
100m	•			-	1:04.01	-	
400m		67.	4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	