6	%						
						, 2011 (13),	
6	101%	4:53.48	493	4:52.72	10.	, 2011 (10),	400m
-	-	1:11.32	-				100m
-	-	2:35.20	-			0044 (40	200m
		E-00 0E				, 2011 (13),	100
-	-	5:08.05 1:18.37	-				400m 100m
6	105%	2:48.88	295	2:44.58	139.		200m
						, 2010 (14),	
6	103%	4:46.77	421	4:43.04		, , , , , , , , , , , , , , , , , , , ,	400m
	-	1:10.23					100m
Ó	103%	2:25.50	445	2:23.54	18.	0040 (44	200m
		5,00.40				, 2010 (14),	100
	- -	5:03.12 1:09.93	-				400m 100m
	105%	2:40.19	342	2:36.69	91.		200m
						, 2010 (14),	
-	-	57.36	-			·	100m
-	4000/	4:59.79	-	0-05-54	0.4		400m
0	108%	2:31.28	427	2:25.51	24.	2011 (12	200m
,	99%	5:27.33	347	5:28.91	100.	, 2011 (13),	400m
- -	99%	1:14.81	-	5.26.91	100.		100m
-	-	2:46.39	-				200m
						, 2010 (14),	
-	-	4:56.97	-				400m
	1050/	1:14.87	-	2.20.20	EE		100m
٥	105%	2:34.33	387	2:30.38	55.	, 2010 (14),	200m
6	100%	4:47.31	401	4:47.74		, 2010 (14),	400m
-	-	1:08.10	-	7.77.77			100m
6	99%	2:32.09	371	2:32.51	66.		200m
						, 2012 (12),	
	97%	5:44.42	288	5:49.98	132.		400m
	-	1:21.94 2:59.66	-				100m 200m
		2.00.00				, 2010 (14),	200111
-	-	58.01	-			, 2010 (11),	100m
6	102%	4:50.47	403	4:47.15			400m
ó	102%	2:34.12	368	2:32.86	70.		200m
						, 2011 (13),	
	- 101%	1:02.34 4:42.01	560	4:40.55	3.		100m 400m
	10170	2:38.03	-	4.40.55	3.		200m
						, 2011 (13),	
6	102%	4:51.80	515	4:48.49	7.	, , , , , ,	400m
	-	1:11.90	-				100m
-	-	2:33.50	-			, 2011 (13),	200m
6	101%	5:21.89	374	5:20.92	80.	, 2011 (13),	400m
-	101%	1:19.46	-	3.20.32	ou.		100m
-	-	2:51.06	-				200m
						, 2010 (14),	
-	-	59.01	-				100m
	- 106%	4:57.39 2:32.60	404	2:28.24	35.		400m 200m
-	10070		107		55.	, 2011 (13),	
-	-	1:09.62	-			,	100m
	101%	5:21.68	375	5:20.52	78.		400m
-	-	2:52.65	-			0044 (40	200m
,	100	4.40.00		4 45 51		, 2011 (13),	400
	103%	4:49.60 1:13.73	410 -	4:45.51			400m 100m
	104%	2:32.11	395	2:29.38	44.		200m
	.5.70				- ••	, 2011 (13),	
6	98%	5:24.80	349	5:28.41	99.	, _0(.0),	400m
		1:27.21	_				100m
-	-	2:47.65	-				200m

	, 2010 (14),						1
400m			4:41.45	428	4:40.73	99%	
100m		_		-	1:02.37	-	
200m	0040 (44	8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m			4:54.90	372	4:51.47	98%	
100m					1:05.79	-	
200m	0040 (44	75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14),						2
400m			4:43.35	420	4:47.34	103%	
100m		45	2.22.47	- 455	1:02.00	4049/	
200m	0044 (40	15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						-
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m	2011 (12			-	2:35.78	-	
400	, 2011 (13),				4.07.40		-
100m		E 4	E.44 74	-	1:07.49	-	
400m 200m		54.	5:11.71	408	5:08.16 2:53.06	98%	
200111	, 2010 (14),				2.55.00		1
400	, 2010 (14),				E.44 E4		1
400m 100m				-	5:11.54 1:18.86	-	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13),	54.	2.07.00	330	2.42.00	10070	1
400m	, 2011 (10),	68.	5:17.34	387	5:21.70	103%	
100m		00.	3.17.34	-	1:09.93	10376	
200m				-	2:41.48	- -	
200					2		
							8
	0040 (40						
	, 2012 (12),						1
100m		50	F-40.00	-	1:11.43	-	
400m		50.	5:10.60	412	5:16.95	104%	
200m	2010 (14			-	2:51.60	-	
400	, 2010 (14),				FC 00		-
100m			4.20.22	420	56.28	- 070/	
400m 200m		37.	4:39.22 2:28.61	439 401	4:35.56 2:26.07	97% 97%	
200111	2012 (12	37.	2.20.01	401	2.20.07	91 /6	
400	, 2012 (12),	00	5.47.04	207	5.40.74	070/	-
400m 100m		66.	5:17.24	387	5:12.74 1:20.48	97%	
200m				-	2:37.03	- -	
200111	, 2010 (14),			-	2.37.03	-	
100m	, 2010 (14),				1:01.10		-
400m			4:53.28	379	4:50.45	98%	
400111	, 2010 (14),		4.00.20	0/0	4.00.40	3070	_
400m	, 2010 (14),		4:50.91	388	4:39.55	92%	
100m			4.50.91	-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
200	, 2011 (13),		2.00.00	333	2.2.101	30,0	1
400m	, 2011 (13),	74.	5:19.44	270	5:20.36	1019/	
100m		74.	5.19.44	379 -	1:13.26	101%	
200m				-	2:46.21	-	
200111	, 2010 (14),						1
400m	, (, , , , , ,		4:51.27	386	4:49.08	99%	•
100m			7.01.21	-	1:07.68	33 /0 -	
200m		51.	2:30.31	387	2:30.54	100%	
200111	, 2012 (12),	٥	00.01	001		10070	1
100m	, 2012 (12),			-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
			2.00.00	-	2:47.40	-	
∠00m					-		1
200m	2012 (12)						
	, 2012 (12),			-	1:08 40	_	
100m	, 2012 (12),	62.	5:14.32	- 398	1:08.40 5:15.16	- 101%	
100m 400m	, 2012 (12),	62.	5:14.32	- 398 -	5:15.16	- 101% -	
100m		62.	5:14.32	398		- 101% -	_
100m 400m 200m	, 2012 (12), , 2010 (14),	62.	5:14.32	398	5:15.16 2:51.08	- 101% - -	-
100m 400m 200m		62.		398 - -	5:15.16 2:51.08 1:01.11	-	-
100m 400m 200m		62. 72.	5:14.32 4:58.39 2:33.47	398 -	5:15.16 2:51.08 1:01.11 4:48.25	-	-
100m 400m 200m 100m 400m	, 2010 (14),		4:58.39	398 - - - 359	5:15.16 2:51.08 1:01.11	- - 93%	-
100m 400m 200m 100m 400m 200m		72.	4:58.39 2:33.47	398 - - 359 364	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15	- 93% 98%	1
100m 400m 200m 100m 400m 200m	, 2010 (14),		4:58.39	398 - - - 359	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	- - 93%	1
100m 400m 200m 100m 400m 200m	, 2010 (14),	72.	4:58.39 2:33.47	398 - - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84	- 93% 98%	1
100m 400m 200m 100m 400m 200m	, 2010 (14), , 2011 (13),	72.	4:58.39 2:33.47	398 - - 359 364 459	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52	- 93% 98% 100%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14),	72. 21.	4:58.39 2:33.47 4:59.81	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	- 93% 98% 100% - -	1
100m 400m 200m 100m 400m 200m 400m 200m	, 2010 (14), , 2011 (13),	72.	4:58.39 2:33.47	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53 5:15.00	- 93% 98% 100%	1
100m 400m 200m 100m 400m 200m 400m 100m 200m	, 2010 (14), , 2011 (13),	72. 21.	4:58.39 2:33.47 4:59.81	398 - - 359 364 459 - -	5:15.16 2:51.08 1:01.11 4:48.25 2:32.15 5:00.52 1:14.84 2:41.53	- 93% 98% 100% - -	1

400m	, 2010 (14),		4:52.04	202	4.51.04	000/	-
400m 100m			4:52.04	383	4:51.04 1:05.26	99% -	
200m		36.	2:28.34	403	2:28.00	100%	
400	, 2010 (14),		4-25-00	455	4:00.00	4000/	1
400m 100m			4:35.80	455 -	4:36.00 1:07.50	100% -	
200m		40.	2:28.96	398	2:28.50	99%	
400m	, 2012 (12),	97.	5:27.25	353	E-00 70	101%	1
100m		97.	5.27.25	-	5:28.72 1:20.44	101%	
200m				-	2:52.24	-	
400	, 2011 (13),	00	5 40 47	000	5.40.00	000/	-
400m 100m		63.	5:16.47	390	5:12.90 1:11.34	98% -	
200m				-	2:44.44	-	
	, 2010 (14),						-
100m 400m			4:35.12	- 459	59.24 4:31.41	- 97%	
200m		86.	2:36.14	346	2:33.34	96%	
	, 2010 (14),						-
400m 100m			4:53.03	380	4:50.50 1:16.20	98%	
200m		46.	2:29.60	393	2:29.00	99%	
	, 2010 (14),						-
400m			4:32.52	472	4:32.06	100%	
100m 200m		7.	2:18.80	- 492	1:00.00 2:17.73	98%	
	, 2011 (13),						-
400m		89.	5:23.67	364	5:19.00	97%	
100m 200m				-	1:16.50 2:50.15	-	
							18
400	, 2011 (13),				4:04.00		-
100m 400m				-	1:01.00 5:12.00	-	
200m		108.	2:39.54	324	2:38.50	99%	
	, 2012 (12),						-
100m 400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m			0.2.7.0	-	2:52.00	-	
400	, 2010 (14),				4.04.00		1
100m 400m			4:42.02	- 426	1:01.00 4:43.00	- 101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12),						1
100m 400m				-	1:05.00 5:03.00	- -	
200m		132.	2:43.49	301	2:45.00	102%	
	, 2012 (12),						-
400m 100m		65.	5:17.11	388	5:06.00 1:12.90	93%	
200m				-	2:46.00	-	
	, 2011 (13),						-
100m 400m		77.	5:20.22	- 376	1:09.00 5:17.90	- 99%	
200m		77.	5.20.22	-	2:49.60	-	
	, 2012 (12),						-
400m 100m		104.	5:31.09	340	5:17.90 1:21.99	92%	
200m				-	2:49.60	-	
40-5	, 2010 (14),				. =		1
400m 100m				-	4:56.38 1:13.64	-	
200m		27.	2:26.65	417	2:27.94	102%	
	, 2011 (13),						1
100m 400m		41.	5:07.47	- 425	1:05.50 5:15.00	- 105%	
200m		71.	0.01.71	-	2:46.00	103/6	
	, 2010 (14),						-
100m 400m			5:05.83	334	59.95 4:54.00	- 92%	
200m		125.	2:41.98	310	2:36.00	92%	

	, 2010 (14),					-
400m				-	5:04.00	-
100m		70	0.04.70	-	1:15.00	-
200m	, 2011 (13),	79.	2:34.76	355	2:33.00	98%
100m	, 2011 (13),			-	1:05.00	
400m		43.	5:08.38	421	4:55.00	92%
200m				-	2:47.00	-
	, 2010 (14),					1
400m				-	4:58.00	-
100m 200m		81.	2:34.91	354	1:18.00 2:38.35	104%
	, 2012 (12),					-
400m	, == (=),	103.	5:30.30	343	5:26.00	97%
100m				-	1:18.50	-
200m	2040 (44			-	2:54.00	-
100m	, 2010 (14),				1:00.00	-
400m			4:51.10	387	1:00.00 4:44.22	95%
200m		78.	2:34.27	358	2:30.55	95%
	, 2011 (13),					-
400m				-	4:58.00	-
100m 200m		127.	2:42.29	-	1:10.00	- 96%
200111	, 2012 (12),	127.	2.42.29	308	2:38.60	90%
400m	, 2012 (12),	140.	5:56.43	273	6:00.00	102%
100m				-	1:22.00	-
200m				-	3:14.00	-
	, 2010 (14),					1
400m 100m			4:35.84	455 -	4:41.90 1:06.90	104%
200m		43.	2:29.07	397	2:28.50	99%
	, 2011 (13),					-
400m	, , ,	72.	5:18.21	384	5:06.76	93%
100m				-	1:16.54	-
200m	2011 (12			-	2:36.17	-
400m	, 2011 (13),		4:53.46	378	4:53.00	100%
100m			4.00.40	-	1:09.00	-
200m		138.	2:44.35	296	2:42.00	97%
	, 2012 (12),					-
400m		126.	5:44.55	302	5:40.00	97%
100m 200m				-	1:25.00 2:58.00	- -
200111	, 2012 (12),				2.00.00	1
400m	, , , , , , , , , , , , , , , , , , , ,	92.	5:25.53	358	5:31.00	103%
100m				-	1:17.50	-
200m	2012 (12			-	2:57.00	-
400m	, 2012 (12),	137.	5:53.39	280	6:09.00	109%
100m		107.	3.33.33	-	1:35.00	-
200m				-	3:03.74	-
	, 2010 (14),					-
400m			5:05.92	333	4:52.00	91%
100m 200m		151.	2:53.07	- 254	1:10.00 2:45.00	91%
	, 2012 (12),	- **				1
100m	, - (),			-	1:05.00	-
400m		18.	4:58.44	465	5:05.50	105%
200m	, 2010 (14),			-	2:40.14	-
400m	, 2010 (14),			-	5:20.00	<u>.</u>
100m				-	1:09.00	-
200m		146.	2:47.48	280	2:41.00	92%
	, 2011 (13),					-
400m		86.	5:21.67	371	5:14.45	96%
100m 200m				-	1:23.21 2:43.34	- -
	, 2011 (13),				91 4 1	-
400m	, , , , , , , , , , , , , , , , , , , ,	135.	5:52.65	282	5:25.00	85%
100m				-	1:23.00	-
200m	2011 (12)			-	2:50.00	-
400m	, 2011 (13),	128.	5:46.63	297	5:30.00	91%
100m		120.	5.70.03	-	1:17.00	-
200m				-	2:53.00	-

	, 2010 (14),						-
100m				-	58.79	-	
400m			4:56.39	367	4:50.00	96%	
200m	2014 (10	85.	2:35.94	347	2:35.29	99%	
	, 2011 (13),						1
400m		55.	5:11.97	407	5:19.78	105%	
100m				-	1:11.45	-	
200m	2012 (12			-	2:41.12	-	
400	, 2012 (12),	F0	F.12.20	400	F:40 00	000/	-
400m 100m		58.	5:13.29	402	5:10.00 1:16.00	98%	
200m				-	2:50.00	-	
	, 2013 (11),						_
400m	, 2010 (11),	145.	6:18.95	227	6:02.00	91%	
100m			00.00		1:29.00	-	
200m				-	3:10.00	-	
	, 2010 (14),						-
400m			5:02.37	345	4:56.00	96%	
100m				.	1:08.00	-	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						-
400m		22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	-	
200m	, 2013 (11),			-	2:35.69	-	1
400m	, 2013 (11),	101.	5:29.00	347	E:20 00	101%	1
100m		101.	5.29.00	-	5:30.00 1:17.00	10176	
200m				-	2:53.00	-	
	, 2012 (12),						_
400m	, == (:=),			_	5:00.00	-	
100m				-	1:10.50	-	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),						1
100m				-	1:08.00	-	
400m		70.	5:18.02	384	5:24.00	104%	
200m	0040 (44			-	2:47.00	-	
400	, 2013 (11),	400			= 40.00	4000/	1
400m		122.	5:42.96	306	5:43.00	100%	
100m 200m				-	1:28.79 2:59.00	-	
200111	, 2013 (11),				2.03.00		1
100m	, 2013 (11),			-	1:08.00		'
400m		94.	5:26.73	354	5:35.00	105%	
200m				-	2:53.00	-	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	109.	5:32.34	337	5:36.00	102%	
100m				-	1:22.50	-	
200m				-	2:58.00	-	
	, 2011 (13),						-
400m			5:04.94	337	4:55.00	94%	
100m		404	0.44.05	-	1:09.00	-	
200m	2010 (14	121.	2:41.65	311	2:35.00	92%	4
400	, 2010 (14),				F:00 00		1
400m 100m				-	5:00.00 1:05.50	-	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						_
100m	, == (:=),			-	1:05.90	-	
400m		61.	5:14.16	399	5:14.00	100%	
200m				-	2:46.00	-	
	, 2012 (12),						-
400m		23.	5:00.84	454	5:00.76	100%	
100m				-	1:15.60	-	
200m	2040 (44			-	2:34.33	=	4
400	, 2010 (14),				F-00.00		1
400m				=	5:20.00	-	
100m 200m		126.	2:42.08	309	1:11.00 2:44.00	102%	
_00		120.	12.00	555		102/0	
							16
	, 2010 (14),						2
100m	, 2010 (14),			_	55.22	<u>-</u>	_
400m			4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

. 29 31.5.2024	

	, 2011 (13),					-
400m		83.	5:21.23	373	5:12.00	94%
100m				-	1:22.72	-
200m	, 2012 (12),			-	2:47.38	· .
400m	, 2012 (12),	52.	5:11.42	409	5:11.20	100%
100m		52.	3.11.42		1:19.71	-
200m				-	2:45.10	-
	, 2010 (14),					2
400m			4:38.39	443	4:43.78	104%
100m 200m		31.	2:27.12	413	1:15.65 2:27.24	100%
200111	, 2011 (13),	01.	2.22	110	2.27.21	10070
400m	, 2011 (10),			_	5:02.18	_
100m				-	1:14.97	-
200m	2244 (42	136.	2:44.26	297	2:38.82	93%
400	, 2011 (13),				4.05.00	-
100m 400m		56.	5:13.06	403	1:05.00 5:10.00	98%
200m		00.	0.10.00	-	2:48.00	-
	, 2010 (14),					1
400m			4:17.49	560	4:10.30	94%
100m		40	0-00-40	-	1:02.52	4000/
200m	, 2010 (14),	10.	2:20.18	478	2:22.10	103% 2
100m	, 2010 (14),			-	1:04.00	
400m			4:51.20	387	4:53.44	102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					2
400m 100m			4:08.68	621	4:09.73	101%
200m		1.	2:07.95	629	1:05.00 2:13.50	109%
	, 2012 (12),					-
400m	, , , , , , , , , , , , , , , , , , , ,	59.	5:13.52	401	5:10.78	98%
100m				-	1:14.00	<u>=</u>
200m	2011 (12			-	2:47.46	-
400m	, 2011 (13),			-	5:02.39	-
100m				-	1:13.50	-
200m		122.	2:41.73	311	2:40.24	98%
	, 2011 (13),					1
100m		22	E-04 07	-	1:11.46	4050/
400m 200m		32.	5:04.87	436	5:12.37 2:52.37	105%
200	, 2011 (13),				2.02.01	1
400m	, , , , , , , , , , , , , , , , , , , ,	11.	4:53.33	490	4:55.57	102%
100m				-	1:12.97	-
200m	2044 (42			-	2:33.78	-
400m	, 2011 (13),	E2	E:11 60	409	F:04.16	1000/
400m 100m		53.	5:11.69	408	5:24.16 1:15.63	108%
200m				-	2:45.16	-
	, 2010 (14),					-
400m			4:53.47	378	4:53.24	100%
100m	, 2010 (14),			-	1:09.17	- 1
100m	, 2010 (14),			-	1:02.18	- · ·
400m				-	5:00.24	-
200m		93.	2:37.15	339	2:41.49	106%
400	, 2011 (13),		F 0 / T-	20-	5.40.00	-
400m 100m		106.	5:31.72	339	5:18.20 1:15.73	92%
200m				-	2:40.40	- -
	, 2010 (14),					1
100m				-	1:00.20	-
400m		00	4:42.97	422	4:46.76	103%
200m		63.	2:31.60	378	2:29.33	97% 1
	2011 (12 \				1:05.89	- -
100m	, 2011 (13),					
100m 400m	, 2011 (13),	64.	5:17.06	388	5:20.16	102%
		64.	5:17.06			102%
400m 200m	, 2011 (13), , 2011 (13),			388	5:20.16 2:51.94	102% - 1
400m 200m 400m		64. 48.	5:17.06 5:10.11	388 -	5:20.16 2:51.94 5:12.44	102%
400m 200m				388	5:20.16 2:51.94	102% - 1

	2044 (42							4
400	, 2011 (13),		4.50.04	077	4.54.00		000/	1
400m 100m			4:53.81	377	4:51.26 1:04.54		98%	
200m		74.	2:33.83	361	2:35.86		103%	
200111	, 2010 (14),	7-7.	2.55.55	301	2.00.00		10070	_
400m	, 2010 (11),			-	4:58.08		_	
400111	, 2012 (12),				4.50.00			_
100m	, 2012 (12),			-	1:24.71		_	
200m				-	2:41.68		_	
	, 2010 (14),							_
400m	, (),		4:30.49	483	4:28.87	25.04.2024	99%	
100m				-	1:04.92	29.03.2024	-	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	
	, 2010 (14),							2
400m			4:18.37	554	4:21.07	25.04.2024	102%	
100m		44	0.00.04	470	1:02.09	26.04.2024	4040/	
200m	, 2012 (12),	11.	2:20.34	476	2:21.29	24.04.2024	101%	1
100m	, 2012 (12),			-	1:12.87		_	'
400m		134.	5:52.45	282	6:02.18		106%	
200m			0.020	-	3:03.57		-	
	, 2010 (14),							_
100m	, (),			-	56.54	26.04.2024	-	
400m			4:28.25	495	4:22.37	25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m				-	1:01.04		-	
400m		F2	2.20.25	-	4:58.23		1020/	
200m	2011 (12	53.	2:30.35	387	2:32.38		103%	4
400	, 2011 (13),				1.11 62			1
100m 400m		119.	5:39.67	315	1:11.63 5:41.67		101%	
200m		110.	0.00.01	-	2:57.97		-	
	, 2011 (13),							_
100m	, - (-),			_	1:07.27		_	
400m		69.	5:17.47	386	5:16.74		100%	
200m				-	2:48.80		-	
	, 2010 (14),							-
400m			4:52.05	383	4:50.62		99%	
100m		400	0.00.00	-	1:04.31		-	
200m	0044 (40	103.	2:38.60	330	2:36.18		97%	
400	, 2011 (13),	00	5.00.00	404	5 00 05		2007	-
400m 100m		39.	5:06.09	431	5:03.05 1:09.13		98%	
200m				-	2:42.47		_	
	, 2011 (13),							1
400m	, == (/,	75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m				-	1:15.43	26.04.2024	-	
200m				-	2:44.59	22.06.2023	-	
	, 2010 (14),							1
100m				-	1:02.92	26.04.2024	-	
400m		07	2:36.19	- 245	5:07.80	25.04.2024	1059/	
200m	, 2011 (13),	87.	2.30.19	345	2:40.35	24.04.2024	105%	2
400m	, 2011 (13),		4:48.95	396	4:55.65	25.04.2024	105%	_
100m			7.70.33	-	1:20.23	26.04.2024	10376	
200m		59.	2:30.99	382	2:33.67	24.04.2024	104%	
	, 2011 (13),							-
100m	. , , , , , , , , , , , , , , , , , , ,			-	1:03.95	26.04.2024	-	
400m			4:56.87	365	4:53.13	25.04.2024	97%	
	, 2011 (13),							-
400m		67.	5:17.33	387	5:12.70		97%	
100m				-	1:13.24		-	
200m	0040 (44			-	2:41.91		-	
	, 2010 (14),							1
400m 100m			5:02.10	346	4:55.78 1:18.07	25.04.2024 26.04.2024	96%	
200m		99.	2:37.98	334	2:39.71	24.04.2024	102%	
200111	, 2011 (13),	55.	2.07.00	507	2.00.71	2 1.0 1.202T	102/0	_
400m	, 23 (10),	57.	5:13.27	402	5:07.61		96%	
100m				-	1:18.86		-	
200m				-	2:43.95		-	
	, 2010 (14),							2
100m	•			-	1:06.23	26.04.2024	-	
400m			4:43.61	419	4:46.97	25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		109%	

, 2011 (13), 400m	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
100m	105% 98%
200m	105% 98%
, 2011 (13), 400m 100m 200m , 2011 (13), 400m , 2011 (13), 400m , 2011 (13), 60. 5:13.71	105% 98%
400m	98% 103% 199% 100% 93% 98% 98% 11 98% 104% 104%
97. 2:37.63 336 2:41.51 14 400m	105% 98%
, 2011 (13), 60. 5:13.71 400 5:11.05 100m 200m	98% 103% 199% 100% 93% 98% 98% 11 98% 104% 1 104%
400m	98% 103% 1 99% 100% - 93% 98% - 1 98% 104% 1 104%
100m	98% 103% 1 99% 100% - 93% 98% - 1 98% 104% 1 104%
200m	98% 103% 1 99% 100% - 93% 98% - 98% - 1 98% 104% 1 104%
, 2011 (13), 100m 4:58.95 357 4:55.91 25.04.2024 200m , 2010 (14), 400m , 2010 (14), 4:47.03 404 4:55.81 100m , 2010 (14), 100m , 2011 (13), 100m , 2011 (14), 400m , 2012 (12), 400m , 2010 (14),	98% 103% 1 99% 100% - 93% 98% - 98% - 1 98% 104% 1 104%
100m	98% 103% 1 99% 100% - 93% 98% - 98% 1 104% 104%
400m	103% 99% 100% 93% 98% 98% 1 98% 104% 1 104% -
68. 2:32.62 370 2:35.06 24.04.2024 1 , 2010 (14), 400m , 2010 (14), 4:47.03 404 4:45.58 100m , 2010 (14), 19. 2:23.66 444 2:23.78 1 , 2010 (14), 100m 400m 4:51.06 387 4:40.19 200m 73. 5:18.55 382 5:15.39 200m 73. 5:18.55 382 5:15.39 200m 74.00m 75. 2:40.90 316 2:44.00 100m 76. 2:40.90 316 2:44.00 115. 2:40.90 316 2:44.00 116. 2:41.11 315 2:38.12 25.04.2024 100m 75. 2010 (14), 100m 75. 2:47.94 278 2:47.64 24.04.2024 100m 75. 2:47.54 25.04.2024 100m 75. 2:47.54 25.04.2024 100m 75. 2:47.94 278 2:47.64 24.04.2024 100m 75. 2:47.94 278 2:47.64 24.04.2024 100m 75. 2:41.11 315 2:38.12 25.04.2024	103% 99% 100% 93% 98% 98% 1 98% 104% 1 104% -
400m	99% 100% - 93% 98% - 98% 11 98% 104% 1 104%
100m	100% 93% 98% 1 98% 104% 1 104%
19. 2:23.66 444 2:23.78 1 , 2010 (14), 100m , 2012 (12), 100m , 2011 (13), 100m	93% 98% - 98% - 104% 104%
, 2010 (14), 100m 400m 400m 95. 2:37.40 337 2:35.73 , 2012 (12), 100m 73. 5:18.55 382 5:15.39 200m 72.011 (13), 100m 73. 5:18.55 382 5:15.39 200m 74.55.75 369 4:52.60 300m 75. 2011 (13), 100m 75. 2:40.90 316 2:44.00 115. 2:40.90 316 2:44.00 1100m 75. 2:44.90 316 2:44.00 1100m 75. 2:47.94 32. 32. 32. 32. 32. 32. 32. 32. 32. 32.	93% 98% - 98% - 104% 104%
100m	93% 98% - 98% - 104% - 104%
400m	93% 98% - 98% - 104% - 104%
95. 2:37.40 337 2:35.73 , 2012 (12), 100m	98% - 1 98% - 1 98% 104% - 1
, 2012 (12), 100m 400m 73. 5:18.55 382 5:15.39 200m , 2011 (13), 100m , 2011 (13), 100m 400m 400m 4:55.75 369 4:52.60 200m 115. 2:40.90 316 2:44.00 1 , 2011 (13), 100m 115. 2:40.90 116. 2:41.11 115. 2:47.94 116. 2:41.11 115. 2:38.12 1:06.45	98% 104% 104%
100m	98% - 1 98% 104% - 104% -
400m	98% 104% 104% 104%
, 2011 (13), 100m 400m 400m 4:55.75 369 200m 115. 2:40.90 316 2:44.00 1 , 2011 (13), 100m , 2011 (13), 115. 2:40.90 115. 2:40.90 116. 2:41.11 117. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11 118. 2:41.11	98% 104% 104% 104%
100m	98% 104% 104% 104%
400m	104% 1 - 104% -
200m , 2011 (13), 115. 2:40.90 316 2:44.00 11 , 2011 (13),	104% 1 - 104% -
, 2011 (13), 100m 400m 9. 4:52.11 496 4:58.56 24.04.2024 200m , 2012 (12), 400m - 2:44.93 25.04.2024 100m - 5:10.60 25.04.2024 100m - 1:22.81 26.04.2024 200m 147. 2:47.94 278 2:47.64 24.04.2024 100m , 2010 (14), 400m 100m - 5:15.13 25.04.2024 100m - 1:20.61 28.03.2024 200m 116. 2:41.11 315 2:38.12 24.04.2024	104%
100m	- 104% - -
400m 9. 4:52.11 496 4:58.56 24.04.2024 1 200m - 2:44.93 25.04.2024 1 400m - 2:44.93 25.04.2024 1 400m - 5:10.60 25.04.2024 1 100m - 1:22.81 26.04.2024 2 200m 147. 2:47.94 278 2:47.64 24.04.2024 1 400m - 5:15.13 25.04.2024 1 400m - 5:15.13 25.04.2024 1 100m - 1:20.61 28.03.2024 2 200m 116. 2:41.11 315 2:38.12 24.04.2024	104%
, 2012 (12), 400m	-
400m	-
100m	-
200m 147. 2:47.94 278 2:47.64 24.04.2024 1 , 2010 (14), 400m - 5:15.13 25.04.2024 100m - 1:20.61 28.03.2024 200m 116. 2:41.11 315 2:38.12 24.04.2024	
, 2010 (14), 400m - 5:15.13 25.04.2024 100m - 1:20.61 28.03.2024 200m 116. 2:41.11 315 2:38.12 24.04.2024	4000/
400m - 5:15.13 25.04.2024 100m - 1:20.61 28.03.2024 200m 116. 2:41.11 315 2:38.12 24.04.2024	100%
100m - 1:20.61 28.03.2024 200m - 116. 2:41.11 315 2:38.12 24.04.2024	-
200m 116. 2:41.11 315 2:38.12 24.04.2024	- -
	96%
, 2011 (13),	-
	94%
100m - 1:21.65	-
200m - 2:52.72	-
, 2010 (14),	2
400m 4:41.84 427 4:48.82 1 100m - 1:17.47	105%
	107%
, 2010 (14),	1
	101%
100m - 1:12.58	
	93%
, 2012 (12),	2
100m - 1:04.40 28.03.2024 400m 4:48.75 397 4:55.47 25.04.2024 1	105%
	103%
, 2010 (14),	1
	99%
100m - 1:01.56	-
	101%
, 2011 (13),	-
	99%
100m - 1:12.01 200m - 2:38.51	- -
, 2010 (14),	=
	100%
100m - 1:12.80	-
200m 22. 2:25.16 430 2:22.60	
, 2011 (13),	97%
	-
	97% - 100%
400m 87. 5:22.95 367 5:22.80 1 100m - 1:06.89 200m - 2:41.50	-

100m	, 2012 (12),				1:03.95	26.04.2024		-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%	
200m				-	2:42.67		-	
	, 2012 (12),							1
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m				-	3:10.66	25.04.2024	-	
	, 2011 (13),							1
100m				-	1:06.87		-	
400m 200m		49.	5:10.15	414	5:17.13 2:41.97		105%	
200	, 2011 (13),				2			1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:04.58		-	
400m 200m		117.	2:41.17	- 314	5:01.18 2:41.79	25.04.2024 24.04.2024	- 101%	
200111	, 2011 (13),	117.	2.41.17	314	2.41.73	24.04.2024	10176	_
400m	, ==::(:= /,	91.	5:24.93	360	5:22.81		99%	
100m				-	1:12.56		-	
200m	, 2011 (13),			-	2:53.69		-	_
400m	, 2011 (13),			-	5:13.38		-	_
100m				-	1:28.91		-	
200m	, 2011 (13),	149.	2:49.23	271	2:44.49		94%	4
400m	, 2011 (13),	24.	5:01.70	450	5:03.35		101%	1
100m			0.00	-	1:07.74		-	
200m	2040 (40			-	2:39.68		-	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	-
100m		130.	3.54.90	-	1:21.59	26.04.2024	-	
200m	0040/44			-	3:02.87	25.04.2024	-	
100m	, 2010 (14),			-	54.12			1
400m			4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
400	, 2010 (14),		4.44.00	440	4 40 40	05.04.0004	000/	1
400m 100m			4:44.83	413	4:42.10 1:09.79	25.04.2024 26.04.2024	98%	
200m		13.	2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11),							1
400m 100m		108.	5:32.14	337	5:39.66 1:34.94		105%	
200m				-	2:56.62		-	
	, 2011 (13),							1
400m		105.	5:31.45	339	5:32.47		101%	
100m 200m				-	1:25.17 2:55.64		-	
	, 2012 (12),							-
400m		112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m 200m				-	1:22.25 3:05.11	26.04.2024 25.04.2024	-	
	, 2011 (13),							-
400m		71.	5:18.19	384	5:14.84	23.11.2023	98%	
100m 200m				-	1:22.53 2:43.30	23.11.2023 25.04.2024	-	
200	, 2012 (12),				2. 10.00	20.0202 .		_
400m	, - (84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m				-	1:15.63	26.04.2024	-	
200m	, 2012 (12),			-	2:45.78	25.04.2024	-	1
400m	, == (-= /,	28.	5:04.52	438	5:12.89	24.04.2024	106%	
100m				-	1:13.60	26.04.2024	-	
200m	, 2010 (14),			-	2:49.88	25.04.2024	-	2
100m	, 20.0 (11),			-	1:02.55		-	_
400m			4:47.24	403	4:49.66		102%	
200m	, 2011 (13),	84.	2:35.53	350	2:38.32		104%	
100m	, 2011 (13),			_	1:03.13	26.04.2024	-	-
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	2012 (12 \			-	2:39.16	25.04.2024	-	4
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	1
100m		· · · · · · · · · · · · · · · · · · ·		-	1:15.24		-	
200m				-	2:51.65		=	

	/ ,							
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	1
100m			0.00.00	-	1:22.27		-	
200m	0040 (40			-	2:40.76		-	
400m	, 2012 (12),	136.	5:52.85	281	E-E0 66		1020/	1
400m 100m		130.	5.52.65	-	5:58.66 1:22.81		103% -	
200m				-	2:56.19		-	
100	, 2010 (14),				1.05.20	26.04.2024		-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
400	, 2010 (14),			40=			4050/	1
400m 100m			4:40.00	435 -	4:46.52 1:04.59		105% -	
200m		28.	2:26.71	417	2:24.49		97%	
400	, 2012 (12),				= 44.00		4000/	-
400m 100m		125.	5:44.14	303	5:44.08 1:29.97	24.04.2024 19.04.2024	100%	
200m				-	2:50.20	25.04.2024	-	
	, 2011 (13),							1
400m 100m		111.	5:34.55	330	5:45.58 1:18.51	24.04.2024 26.04.2024	107% -	
200m				-	3:02.43	25.04.2024	-	
	, 2010 (14),							1
400m 100m				-	5:35.50 1:15.19	25.04.2024 26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m 400m		13.	4:54.85	- 482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m		10.	4.54.65	-	2:34.71	22.11.2023	-	
	, 2011 (13),							1
100m 400m		107.	5:32.07	337	1:18.22	24.11.2023	1020/	
200m		107.	5.32.07	-	5:36.05 2:59.25	24.04.2024 25.04.2024	102% -	
	, 2011 (13),							1
100m			4.40.40	-	1:01.70		-	
400m 200m		110.	4:43.10 2:39.84	421 322	4:42.00 2:42.00		99% 103%	
	, 2010 (14),							-
400m			4:41.88	426	4:40.20		99%	
100m 200m		58.	2:30.84	383	1:08.47 2:29.71		99%	
	, 2011 (13),							-
400m			4:52.60	381	4:50.48		99%	
100m 200m		96.	2:37.44	337	1:08.99 2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m 200m				-	1:17.03 2:56.19		- -	
200	, 2010 (14),				2.00.10			2
100m				-	59.64		-	
400m 200m		16.	4:41.14 2:22.56	430 454	4:51.18 2:25.57		107% 104%	
	, 2011 (13),							1
400m		30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m 200m				-	1:19.49 2:39.45	26.04.2024 25.04.2024	- -	
200	, 2010 (14),				2.001.0	2010 11202 1		1
400m	-			-	5:02.94		-	
100m 200m		120.	2:41.59	312	1:11.66 2:42.38		101%	
	, 2012 (12),			- · -				-
400m	•			-	5:00.14	25.04.2024	-	
100m	, 2010 (14),			-	1:20.97	26.04.2024	-	1
100m	, 2010 (17),			-	1:04.73	28.03.2024	-	'
400m		465	0.00.00	-	4:56.66	27.03.2024	-	
200m	2011 (13 \	103.	2:38.60	330	2:45.39	16.06.2023	109%	
400m	, 2011 (13),	46.	5:09.47	417	5:05.80		98%	-
100m				-	1:11.00		-	
200m				=	2:39.70		=	

	, 2010 (14),							2
100m 400m			4:28.47	- 494	55.65 4:30.00	26.04.2024 25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	
	, 2010 (14),							1
400m				-	5:04.79		-	
100m			0.04.40	-	1:14.56		-	
200m	, 2010 (14),	77.	2:34.13	359	2:34.88		101%	1
100m	, 2010 (14),			_	1:04.13		-	
400m			5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							-
400m 100m				-	5:03.36 1:11.34	25.04.2024 26.04.2024	-	
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%	
	, 2013 (11),							1
400m		144.	6:15.17	234	6:23.56	24.04.2024	105%	
100m				-	1:38.18	26.04.2024	-	
200m	2044 (42			-	3:46.50	06.12.2023	-	4
100m	, 2011 (13),			_	1:06.34		-	1
400m				-	5:06.72		-	
200m		123.	2:41.79	311	2:43.15		102%	
	, 2011 (13),							1
100m				-	1:06.69	07.12.2023	-	
400m 200m		129.	2:42.90	304	5:15.49 2:50.21	27.03.2024 24.04.2024	109%	
200	, 2010 (14),	0.			2.00.2	2	.0070	1
400m	, ==:= (:: /,		4:38.83	441	4:40.20	25.04.2024	101%	•
100m				-	1:03.07	26.04.2024	-	
	, 2011 (13),							1
100m 400m			4:39.41	438	1:00.12 4:43.97		103%	
400111	, 2011 (13),		4.55.41	430	4.45.51		10376	1
400m	, 2011 (10),			-	5:17.90	25.04.2024	-	
100m				-	1:15.34	26.04.2024	-	
200m		142.	2:45.74	289	2:48.64	24.04.2024	104%	
	, 2010 (14),							-
400m 100m				-	5:11.10 1:10.36	23.11.2023	-	
200m		80.	2:34.81	355	1.10.36 NT		-	
	, 2010 (14),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	59.62	26.04.2024	-	
400m		00	4:46.80	405	4:37.90	25.04.2024	94%	
200m	2012 (12	33.	2:27.57	410	2:27.45	24.04.2024	100%	
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	-
100m		110.	3.34.37	-	1:20.12		-	
200m				-	2:54.00		-	
	, 2011 (13),							1
100m			4:41.84	407	1:00.03		4040/	
400m 200m		83.	2:35.11	427 353	4:42.88 2:33.34		101% 98%	
	, 2011 (13),							_
100m	, - (- ,,			-	59.14		-	
400m		8.	4:52.02	496	4:49.86		99%	
200m	, 2012 (12),			-	2:29.93		-	1
400m	, 2012 (12),	118.	5:39.24	316	5:47.72	24.04.2024	105%	1
100m		110.	3.33.24	-	1:21.52	26.04.2024	10376	
200m				-	3:01.82	25.04.2024	-	
	, 2011 (13),							1
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m 200m				-	1:05.31 2:31.57	26.04.2024 25.04.2024	-	
200111	, 2011 (13),			-	2.01.01	20.07.2027	-	_
400m	,			-	5:00.56		-	
100m				-	1:10.64		-	
200m	2040 (44	109.	2:39.77	323	2:39.17		99%	,
400~	, 2010 (14),				E-02 0E			1
400m 100m				-	5:03.85 1:09.98		-	
200m		92.	2:36.85	341	2:39.94		104%	

	, 2010 (14),							2
100m				-	58.78		-	
400m			4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	
	, 2011 (13),							1
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m				-	2:52.36	25.04.2024	-	
	, 2011 (13),							-
400m				-	5:06.86		-	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m			5:01.05	350	4:46.21		90%	
100m				-	1:08.42		-	
	, 2011 (13),							1
100m				-	1:05.35	26.04.2024	-	
400m				-	4:59.54	25.04.2024	-	
200m		135.	2:44.12	298	2:48.84	24.04.2024	106%	
	, 2010 (14),							1
400m			4:40.52	433	4:43.30		102%	
100m				-	1:13.19			
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13),							1
400m		124.	5:44.02	303	5:55.78		107%	
100m				-	1:24.03		-	
200m	2242 (42			-	2:57.06		-	
	, 2012 (12),							-
400m		38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m	2242 (44			-	2:41.99		-	
	, 2013 (11),							1
400m		96.	5:27.19	353	5:30.42	27.03.2024	102%	
100m				-	1:17.86	26.04.2024	-	
200m				-	2:59.30		-	
	, 2011 (13),							-
400m		4.	4:40.74	559	4:37.71		98%	
100m				-	1:04.81		-	
200m	2010 (11			-	2:27.89		-	
	, 2010 (14),							-
100m				-	1:08.86	26.04.2024	-	
400m		450	0.57.04	-	5:34.76	25.04.2024	700/	
200m	0040 (44	152.	2:57.84	234	2:37.96		79%	_
	, 2010 (14),							2
400m			4:52.50	382	4:52.68		100%	
100m		50	0.00.00	-	1:18.06		4040/	
200m	2010 (14	52.	2:30.33	387	2:31.09		101%	4
000	, 2010 (14),	50		000	0.00.05		40.40/	1
200m	2011 (12	50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							-
100m		_			59.17	26.04.2024		
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m	0044 (40			-	2:31.66	25.04.2024	-	
	, 2011 (13),	_						1
400m		2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m				-	1:12.77	23.11.2023	-	
200m	2040 (40			-	2:24.20	25.04.2024	-	
,	, 2012 (12),							-
100m		0.5	E.07.44	-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m	2044 (42			-	2:56.24	25.04.2024	-	
	, 2011 (13),							-
100m			. == .0	-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m	0040 (44			-	2:33.58	25.04.2024	-	
400	, 2010 (14),				F-00-00	05.04.0004		-
400m				-	5:30.90	25.04.2024	-	
100m		1 1 1	2:45.24	- 201	1:13.92	26.04.2024	- 0 7 %	
200m	2010 (4.4	141.	2:45.31	291	2:42.67	24.04.2024	97%	,
40-	, 2010 (14),							1
400m			4:54.88	372	4:48.30		96%	
100m		20	2.20 77	400	1:05.77		4020/	
200m	2014 (42	39.	2:28.77	400	2:30.91		103%	4
400-	, 2011 (13),							1
	, , , , , , , , , , , , , , , , , , , ,				1.00 45			
100m	, , , , , , , , , , , , , , , , , , , ,	40	4.50.75	-	1:03.15		4000/	
400m 200m	, , , ,	19.	4:58.75	464	1:03.15 5:01.84 2:36.98		102%	

	, 2011 (13),							1
400m	, 2011 (13),	12.	4:54.60	483	4:56.36	24.04.2024	101%	'
100m		12.	4.54.00	-	1:11.76	26.04.2024	-	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13),							2
400m			4:49.29	394	4:55.83		105%	
100m				-	1:06.88		-	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m				-	1:00.40		-	
400m 200m		106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
200111	, 2012 (12),	100.	2.39.23	320	2.32.00		9176	1
400m	, 2012 (12),	130.	5:48.45	292	5:49.10	24.04.2024	1009/	'
100m		130.	5.46.45	292	1:31.39	28.03.2024	100%	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:10.37		-	
400m				-	5:31.52		-	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							-
400m		35.	5:05.10	435	5:02.99		99%	
100m				-	1:22.25		-	
200m	2012 (12			-	2:47.42		-	
100m	, 2012 (12),			_	1.11 00			-
400m		102.	5:30.10	344	1:11.00 5:29.94		100%	
200m		102.	0.00.10	-	2:49.79		-	
	, 2012 (12),							1
400m	, == (= /,	133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m				-	2:57.50	25.04.2024	-	
	, 2010 (14),							-
400m			4:52.04	383	4:50.19	25.04.2024	99%	
100m			0.04.04	-	1:18.29	06.10.2023	-	
200m	2011 (12	62.	2:31.24	380	2:29.25	24.04.2024	97%	
400	, 2011 (13),				F:20.46			-
400m 100m				-	5:29.16 1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							_
100m	, =0.0 (),			-	1:01.60		_	
400m				-	5:02.70		-	
200m		100.	2:38.04	333	2:35.00		96%	
	, 2012 (12),							1
100m				-	1:15.24		-	
400m		131.	5:49.82	289	6:01.03		107%	
200m	2011 (12			-	3:11.37		-	
400m	, 2011 (13),	33.	5:04.98	436	E:02 60		99%	-
100m		33.	5.04.96	430	5:03.60 1:10.20		99%	
200m				-	2:42.00		-	
	, 2011 (13),							-
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m				-	1:10.18	26.04.2024	-	
200m				-	2:42.57	25.04.2024	-	
	, 2010 (14),							-
400m			4:32.87	470	4:31.67		99%	
100m	2011 (12 \			-	1:02.45		-	4
100	, 2011 (13),				FO 64			1
100m 400m			4:41.18	430	59.64 4:38.57		98%	
200m		54.	2:30.36	387	2:32.82		103%	
	, 2010 (14),							1
100m	. , , , , , , , , , , , , , , , , , , ,			-	1:00.66		-	
400m				-	5:00.36		-	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							-
400m			4:46.42	406	4:45.95	25.04.2024	100%	
100m		40	2:20.00	-	1:13.57	26.04.2024	-	
200m	2010 (14	42.	2:29.06	397	2:27.33	24.04.2024	98%	
400	, 2010 (14),		4:44.92	440	4:40.40	25.04.2024	070/	-
400m 100m			4:44.83	413 -	4:40.19 1:07.31	25.04.2024 26.04.2024	97%	
200m		30.	2:27.05	414	2:25.73	24.04.2024	98%	
-=							-3,0	

	, 2011 (13),							1
100m	, 2011 (13),			-	1:06.33		-	'
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m	, 2010 (14),			-	2:34.65		-	4
400m	, 2010 (14),			-	5:05.04			1
100m				-	1:16.06		-	
200m		49.	2:30.09	389	2:32.15		103%	
	, 2010 (14),							1
400m	, , , , , , , , , , , , , , , , , , , ,		4:39.54	437	4:36.97	25.04.2024	98%	
100m				-	1:06.71	26.04.2024	-	
200m	0040440	47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							1
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m 200m				-	1:35.68 3:02.58	26.04.2024 25.04.2024	-	
200111	, 2010 (14),				3.02.30	20.04.2024		1
400m	, 2010 (14),		4:53.13	379	4:56.26		102%	'
100m			4.00.10	-	1:06.63		10270	
200m		67.	2:32.53	371	2:31.67		99%	
	, 2012 (12),							1
400m		117.	5:38.28	319	5:55.38		110%	
100m				-	1:26.26		-	
200m	0040 (40			-	3:06.71		-	
400	, 2012 (12),				4.45.45			1
100m 400m		121.	5:41.46	310	1:15.15 5:54.03	24.04.2024	107%	
200m		121.	3.41.40	-	3:09.62	25.04.2024	-	
200	, 2010 (14),				0.00.02	2010 11202 1		2
400m	, == := (:: /,		4:38.72	441	4:46.63		106%	_
100m				-	1:06.13		-	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m				-	1:34.62	28.03.2024	-	
200m	2010 (14			-	3:04.05	25.04.2024	-	4
400m	, 2010 (14),				F.0F.00			1
100m				- -	5:05.89 1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m			4:55.48	370	4:55.23	25.04.2024	100%	
100m				-	1:09.85	26.04.2024		
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							1
400m 100m		143.	6:08.41	247	6:15.63		104%	
200m				-	1:27.90 3:02.71		-	
200111	, 2010 (14),				0.02.7			1
100m	,			-	1:07.36	26.04.2024	-	•
400m				-	5:03.09	25.04.2024	-	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								40
								16
	, 2011 (13),							2
400m			4:30.41	483	4:32.58		102%	
100m		34.	2:28.18	404	1:02.61		1020/	
200m	, 2010 (14),	34.	2.20.10	404	2:30.35		103%	_
400m	, 2010 (14),		4:52.10	383	4:46.20		96%	
100m				-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							-
400m	•	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68		-	
200m	0044 /40			-	2:40.38		-	
400	, 2011 (13),	05	F.00.07	447	4.50.00		000/	-
400m 100m		25.	5:02.37	447	4:56.03 1:14.05		96%	
200m				-	1:14.95 2:47.54		-	

	, 2012 (12),					1
400m		6.	4:48.04	517	4:52.60	103%
100m				-	1:08.29	-
200m	, 2010 (14),			-	2:35.61	-
400m	, 2010 (14),				5:07.65	-
100m				-	1:18.39	- -
200m		107.	2:39.51	324	2:37.36	97%
	, 2011 (13),					-
400m		51.	5:11.10	410	5:03.43	95%
100m 200m				-	1:22.64 2:40.55	-
200111	, 2012 (12),			-	2.40.33	_
400m	, 2012 (12),			-	5:03.99	-
100m				-	1:12.38	-
200m		119.	2:41.52	312	2:41.04	99%
	, 2012 (12),					-
100m				-	1:04.60	-
400m 200m		137.	2:44.31	- 297	5:06.16 2:40.08	- 95%
200111	, 2011 (13),	101.	2.11.01	207	2.10.00	1
100m	, 2011 (10),			_	1:04.92	· ·
400m		45.	5:08.76	420	5:09.05	100%
200m				-	2:46.15	-
400	, 2011 (13),				4 00 00	1
100m 400m		37.	5:05.59	433	1:06.09 5:07.54	- 101%
200m		31.	5.05.59	433	2:47.50	101%
	, 2010 (14),					1
100m	, (),			-	58.40	-
400m				-	5:02.97	.
200m	2011 (12	76.	2:34.04	360	2:35.53	102%
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%
100m		01.	3.21.10	3/3 -	1:16.52	-
200m				-	2:53.92	-
	, 2010 (14),					-
100m				-	1:04.14	-
400m		404	0.44.04	-	5:03.00	-
200m	, 2010 (14),	134.	2:44.04	298	2:42.92	99%
400m	, 2010 (14),		4:46.08	408	4:47.50	1 101%
100m			4.40.00	-	1:05.50	-
200m		71.	2:33.09	367	2:30.70	97%
	, 2011 (13),					-
400m		34.	5:05.09	435	5:00.47	97%
100m 200m				-	1:15.07 2:43.92	- -
200111	, 2010 (14),				2.10.02	_
100m	, 2010 (11),			_	1:05.23	-
400m			5:00.14	353	4:49.66	93%
200m	0044 (40	150.	2:49.32	271	2:40.00	89%
400	, 2011 (13),				4.05.75	1
100m 400m		31.	5:04.59	437	1:05.75 5:05.60	- 101%
200m		31.	3.04.39	-	2:53.11	10178
	, 2010 (14),					-
100m	, , , , , , , , , , , , , , , , , , , ,			-	58.71	-
400m			4:34.10	464	4:33.04	99%
200m	, 2010 (14),	20.	2:23.82	442	2:21.32	97%
400m	, 2010 (14),		5:03.53	341	4:55.07	95%
100m			5.05.55	-	1:20.35	-
200m		133.	2:43.60	300	2:42.82	99%
	- , 2012 (12),				1
400m		27.	5:03.89	440	5:10.25	104%
100m				-	1:14.03	- -
200m	, 2010 (14),			-	2:40.09	
400m	, 2010 (14),			-	4:58.35	-
100m				-	1:24.37	- -
200m		128.	2:42.83	305	2:38.43	95%
	, 2010 (14),					2
400m			4:47.42	402	4:48.68	101%
100m 200m		26.	2:26.59	- 418	1:05.20 2:29.33	- 104%
200111		20.	2.20.03	710	2.20.00	10-7/0

	, 2011 (13),						-
400m		82.	5:21.20	373	5:11.48	94%	
100m 200m				-	1:12.72 2:39.93	-	
200	, 2010 (14),				2.00.00		1
100m				-	56.14	-	
400m		17.	4:37.84 2:22.78	445 452	4:40.00	102% 99%	
200m	, 2010 (14),	17.	2.22.10	432	2:22.20	9970	2
400m	, 2010 (11),		4:24.28	518	4:27.15	102%	_
100m		_	0.47.00	-	1:01.00	4000/	
200m	, 2011 (13),	5.	2:17.26	509	2:18.68	102%	1
100m	, 2011 (13),			-	1:01.69	-	
400m				-	5:07.83	<u>-</u>	
200m	, 2011 (13),	113.	2:40.51	318	2:40.53	100%	
400m	, 2011 (13),	29.	5:04.54	438	5:00.70	97%	_
100m				-	1:10.86	-	
200m				-	2:38.82	-	
							21
	, 2011 (13),						1
400m	, == (, ,	42.	5:08.18	422	5:12.96	103%	-
100m				-	1:11.54	-	
200m	, 2010 (14),			-	2:35.00	-	2
100m	, 2010 (14),			-	59.85	-	_
400m			4:52.74	381	4:54.15	101%	
200m	2012 (12	82.	2:35.08	353	2:39.00	105%	4
400m	, 2012 (12),	114.	5:35.58	327	5:39.26	102%	1
100m			5.55.65	-	1:19.35	-	
200m	2044 (42			-	2:56.07	-	4
400m	, 2011 (13),		4:59.02	357	4:56.00	98%	1
100m				-	1:09.00	-	
200m	2044 (42	118.	2:41.28	314	2:45.00	105%	
100m	, 2011 (13),			_	1:37.00		-
200m				-	3:24.00	-	
	, 2011 (13),						-
100m 400m		147.	6:27.11	- 213	1:18.00 6:20.00	- 96%	
200m		147.	0.27.11	-	3:12.00	-	
	, 2012 (12),						-
100m		4.40	0:04.00	-	1:16.82	-	
400m 200m		146.	6:21.28	223	6:09.89 3:10.65	94%	
	, 2010 (14),						1
400m				-	4:57.49	-	
100m 200m		45.	2:29.45	394	1:14.00 2:31.00	- 102%	
	, 2010 (14),						-
400m				-	5:59.00	-	
100m	2011 (12			-	1:19.00	-	4
400m	, 2011 (13),			-	5:01.37	<u>-</u>	1
100m				-	1:20.70	-	
200m	2010 (14	88.	2:36.48	343	2:38.89	103%	
100m	, 2010 (14),			-	1:03.70	-	-
400m				-	5:05.00	-	
200m	0040 (40	145.	2:47.42	280	2:45.00	97%	
400m	, 2012 (12),	123.	5:43.84	304	5:50.00	104%	1
100m		123.	J.4J.04	JU4 -	1:27.00	10470	
200m	0044 (40			-	2:55.00	-	
400m	, 2011 (13),				5.14.00	-	1
400m				-	5:14.00 1:11.00	-	
200m		140.	2:44.86	294	2:45.18	100%	
400-	, 2013 (11),	4 4 4	6.04.00	000	0.04.44	4000/	1
400m 100m		141.	6:01.09	262 -	6:01.11 1:31.64	100%	
200m				-	3:12.02	-	

400	, 2010 (14),					
100m				-	55.90	-
400m			4:27.93	497	4:26.70	99%
200m	2010 (14	4.	2:17.05	511	2:18.70	102%
400m	, 2010 (14),				1.EG 17	
400m				-	4:56.47 1:07.50	- -
100m 200m		38.	2:28.69	400	2:31.87	104%
200111	, 2011 (13),	00.	2.20.00	100	2.01.07	10 170
400m	, == : (:= /,	149.	6:42.44	189	6:35.00	96%
100m				-	1:28.00	-
200m				-	3:10.00	-
	, 2013 (11),					
100m	, == := (:: /,			_	1:12.50	_
400m				_	5:34.00	-
200m		156.	3:08.02	198	3:03.00	95%
	, 2012 (12),					
400m	, == (:=),			_	5:41.00	_
100m				_	1:27.00	_
200m		154.	3:01.61	219	3:01.00	99%
-	, 2010 (14),	9.75		-	* *	3070
100m	, 2010 (17),			-	1:04.76	-
400m				-	5:10.89	- -
200m		101.	2:38.47	331	2:39.21	101%
200111	, 2011 (13),	101.	2.00.41	001	2.00.21	10170
400m	, 2011 (10),	93.	5:26.72	354	5:34.09	105%
100m		55.	3.20.72	-	1:13.52	10070
200m				_	2:59.24	-
	, 2011 (13),					
100m	, 2011 (10),			-	1:02.02	_
400m		88.	5:23.00	367	5:40.00	111%
200m		00.	0.20.00	-	2:48.00	-
200111	, 2011 (13),				2.10.00	
400m	, 2011 (10),	127.	5:45.02	301	5:38.96	97%
100m		127.	0.40.02	-	1:18.87	37 70
200m				-	3:06.22	-
200111	, 2012 (12),				0.00.22	
400m	, 2012 (12),			-	5:09.00	-
100m				_	1:15.85	_
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13),					
400m	, 2011 (10),	115.	5:35.94	326	5:38.76	102%
100m		110.	0.00.04	-	1:24.51	10270
200m				_	2:55.31	-
	, 2012 (12),					
400m	, == (=),	116.	5:36.39	325	5:30.00	96%
100m		110.	0.00.00	-	1:26.50	-
200m				_	2:55.00	-
	, 2011 (13),					
100m	, =0(.0),			_	1:04.70	_
400m				-	5:12.00	=
	, 2010 (14),					
400m	, 2010 (11),		4:45.43	411	4:47.00	101%
100m			4.40.40	-	1:08.00	-
200m		41.	2:28.99	398	2:28.00	99%
	, 2011 (13),					,
400m	, == : (:= /,			-	5:16.00	-
100m				-	1:20.50	-
200m		143.	2:46.56	285	2:50.00	104%
	, 2011 (13),					,
400m	,	148.	6:35.76	199	6:40.58	102%
100m		170.	0.00.70	-	1:33.00	-
200m				-	3:10.00	=
	, 2011 (13),					
100m	, (//			-	1:04.01	-
400m			4:51.62	385	4:52.34	100%
200m		105.	2:38.77	329	2:39.78	101%
				3=0		