00m		-					
00m							%
00m							
00m							
00m		, 2011 (13),					
2011 (13),	400m		10.	4:52.72			101%
00m	200m						-
00m		, 2011 (13),					
139. 2-44.58 295 2-48.88 105% 00m	400m			5:04.73			
00m			139.	2:44.58			
00m		, 2010 (14),					
18. 223.54 445 2.25.50 103%	100m			4:43.04			103%
00m			18	2.23 54			103%
00m 5.09.77 321 5.03.12 98% 00m 91. 2:36.69 342 2:40.19 105% 00m , 2010 (14), . . 57.36 . 00m 24. 2:25.51 427 2:31.28 108% 00m 24. 2:25.51 427 2:31.28 108% 00m 20.11 (13), 100. 5:28.91 347 5:27.33 98% 00m . 20.10 (14), . . 114.81 . 00m . 20.10 (14), . </td <td>.00111</td> <td>. 2010 (14).</td> <td>10.</td> <td>2.20.04</td> <td>410</td> <td>2.20.00</td> <td>10070</td>	.00111	. 2010 (14).	10.	2.20.04	410	2.20.00	10070
91. 236.69 342 240.79 105% 00m	100m	, == := (: : /,		5:09.77	321		96%
Ommomomomomomomomomomomomomomomomomomom			01	2.26.60	-		4050/
00m 4.44.69 414 4.59.79 111% 00m 24. 2:25.51 427 2:31.28 108% 00m 100. 5:28.91 347 5:27.33 99% 00m - 2:46.39 - 1:14.81 - 00m - 2:46.39 - 1:38.99 - 00m - 2:46.39 - 1:38.97 1:38.97 1:38.97 - 00m - 2:30.38 387 2:34.33 105% - - 1:14.87 - - - 100% - - 1:14.87 - - - - 1:08.93 105% - - - - - 1:08.93 105% -	.00111	2010 (14	91.	2:36.69	342	2:40.19	105%
00m	00m	, 2010 (11),			-	57.36	-
00m	00m		0.4				111%
00m mode 100. 5:28.91 347 5:27.33 99% mode 00m mode 2:46.39 - 1:14.81 - 00m mode 4:53.06 379 4:56.97 103% mode 00m mode 55. 2:30.38 387 2:34.33 105% mode 00m mode 66. 2:32.51 371 2:32.09 99% mode 00m mode 66. 2:32.51 371 2:32.09 99% mode 00m mode 66. 2:32.51 371 2:32.09 99% mode 00m mode 132. 5:49.98 288 5:44.42 97% mode 00m mode 2010 (14), - 2:59.66 - 00m mode 4:47.15 403 4:50.47 102% mode 00m mode 3. 4:47.15 403 4:50.47 102% mode 00m mode 3. 4:40.55 560 442.01 101% mode 00m mode 3. 4:46.95 555 451.80 102% mode <td< td=""><td>200m</td><td>2011 (12</td><td>24.</td><td>2:25.51</td><td>427</td><td>2:31.28</td><td>108%</td></td<>	200m	2011 (12	24.	2:25.51	427	2:31.28	108%
ODD	.00m	, 2011 (13),	100	5:28 91	347	5:27 33	99%
00m	00m			0.20.0		1:14.81	-
00m	00m	2010 (11			-	2:46.39	-
00m 55. 2:30.38 387 2:34.33 105% 00m , 2010 (14), 4:47.74 401 4:47.31 100% 00m 66. 2:32.51 371 2:32.09 99% 00m , 2012 (12), 132. 5:49.98 288 5:44.42 97% 00m , 2010 (14), - 1:21.94 - 2:59.66 - 00m , 2011 (13), - 2:59.66 - - 102% 00m 4:47.15 403 4:50.47 102% 102% 102% 00m 70. 2:32.86 368 2:34.12 102% 102% 00m , 2011 (13), - 1:02.34 1 1 102% 1 102% 1	.00m	, 2010 (14),		4:53.06	370	4·56 97	103%
00m				4.55.00	-		-
00m 4.47.74 401 4.47.31 100% 00m 66. 2:32.51 371 2:32.09 99% 00m 132. 5:49.98 288 5:44.42 97% 00m - 1:21.94 - 00m - 2:59.66 - 00m - 4:47.15 403 4:50.47 102% 00m 70. 2:32.86 368 2:34.12 102% 00m 3. 4:40.55 560 4:42.01 101% 00m 3. 4:40.55 560 4:42.01 101% 00m 7. 4:48.49 515 4:51.80 102% 00m 7. 4:48.49 515 4:51.80 102% 00m 7. 4:48.49 515 4:51.80 10% 00m 80. 5:20.92 374 5:21.89 101% 00m 9. 5:03.75 341 4:57.39 96% 00m 35. 2:28.24 404 2:32.60 106% 00m 78. 5:20.52 375 5:21.68 1- 00m 78. 5:20.52 375 5:21.68 1- 00m </td <td>00m</td> <td></td> <td>55.</td> <td>2:30.38</td> <td>387</td> <td>2:34.33</td> <td>105%</td>	00m		55.	2:30.38	387	2:34.33	105%
108.10	00	, 2010 (14),		4.47.74	404	4.47.04	4000/
00m				4:47.74			100%
00m 132. 5:49.98 288 5:44.42 97% 00m - 1:21.94 - 00m - 2:59.66 - 00m - 5:80.01 - 00m - 4:47.15 403 4:50.47 102% 00m - 2:32.86 368 2:34.12 102% 00m - 2:32.86 368 2:34.12 102% 00m - 1:02.34 - - 00m - 2:38.03 - - 00m - 2:38.03 - - 00m - 2:38.03 - - 00m - 2:33.50 - - 00m - 2:51.06 - - 00m - 2:51.06 - - 00m - 5:03.75 341 4:57.39 96% 00m - 5:03.75 341 4:57.39 <td></td> <td></td> <td>66.</td> <td>2:32.51</td> <td>371</td> <td></td> <td>99%</td>			66.	2:32.51	371		99%
00m		, 2012 (12),	400				070/
00m			132.	5:49.98			97%
OOM							-
.00m 70. 4:47.15 403 4:50.47 102% .00m , 2011 (13), </td <td></td> <td>, 2010 (14),</td> <td></td> <td></td> <td></td> <td></td> <td></td>		, 2010 (14),					
00m 70. 2:32.86 368 2:34.12 102% 00m , 2011 (13), . . 1:02.34 . 00m 3. 4:40.55 560 4:42.01 101% 00m 7. 4:48.49 515 4:51.80 102% 00m 7. 4:48.49 515 4:51.80 102% 00m - 1:11.90 - . 00m - 2:33.50 - . 00m - 2:33.50 - . 00m 80. 5:20.92 374 5:21.89 101% 00m - 2:51.06 - . 00m - 2:51.06 - . 00m 5:03.75 341 4:57.39 96% 00m 35. 2:28.24 404 2:32.60 106% 00m 78. 5:20.52 375 5:21.68 106% 00m 78. 5:20.52 375 5:21.68 101% 00m - 2:52.65 - - 00m 44.551 410 4:49.60 103% 00m 44.551 410 4:49.60 103% <				4-47 15	403		1029/
00m			70.				102%
00m		, 2011 (13),					
- 2:38.03 - 2:38	00m		2	4.40 EE			
, 2011 (13), 00m 00m 00m 00m 00m 00m 00m 00m 00m 00			3.	4:40.55			
.00m		, 2011 (13),					
.00m	100m		7.	4:48.49			
, 2011 (13), 00m 00m 00m 00m 00m 00m 00m 00m 00m 0							
00m 80. 5:20.92 374 5:21.89 101% 00m - 1:19.46 - 00m , 2010 (14), - 2:51.06 - 00m - 5:03.75 341 4:57.39 96% 00m 35. 2:28.24 404 2:32.60 106% 00m 78. 5:20.52 375 5:21.68 101% 00m 78. 5:20.52 375 5:21.68 101% 00m - 2:55.65 - 00m 4:45.51 410 4:49.60 103% 00m 44. 2:29.38 395 2:32.11 104% 00m 99. 5:28.41 349 5:24.80 98% 00m - 1:27.21 -		, 2011 (13),					
- 2:51.06 - 2:51		, , , ,	80.	5:20.92	374		101%
, 2010 (14), 00m					-		-
00m - 59.01 - 00m 5:03.75 341 4:57.39 96% 00m 35. 2:28.24 404 2:32.60 106% 00m - 1:09.62 - 00m 78. 5:20.52 375 5:21.68 101% 00m - 2:52.65 - 00m - 1:13.73 - 00m 44. 2:29.38 395 2:32.11 104% 00m 99. 5:28.41 349 5:24.80 98% 00m 99. 5:28.41 349 5:24.80 98% 1:27.21 - 1:27.21 -	00111	, 2010 (14),				2.51.00	
35. 2:28.24 404 2:32.60 106% , 2011 (13), 00m ,	00m						
, 2011 (13), 00m			35				
00m	.00111	. 2011 (13).	33.	2.20.24	404	2.52.00	10070
- 2:52.65 - 2:52.65 - 2:500m	00m	,					-
, 2011 (13), 000m 000m 1:13.73 100m 44. 2:29.38 395 2:32.11 104% 000m , 2011 (13), 000m 99. 5:28.41 349 5:24.80 98% 000m 1:27.21	100m		78.	5:20.52			
00m	:UUM	. 2011 (13			-	2:52.65	-
00m	100m	, 2011 (10),		4:45.51	410	4:49.60	103%
, 2011 (13) , 00m 99. 5:28.41 349 5:24.80 98% 00m - 1:27.21 -	00m				-	1:13.73	=
00m 99. 5:28.41 349 5:24.80 98% 00m - 1:27.21 -	:00m	2011 (12)	44.	2:29.38	395	2:32.11	104%
00m - 1:27.21 -	00m	, 2011 (13),	99	5:28 41	349	5:24 80	98%
.00m - 2:47.65 -	100m		55.	0.20.71	-	1:27.21	
	200m				-	2:47.65	-

	, 2010 (14),						1
400m			4:41.45	428	4:40.73	99%	
100m				-	1:02.37	-	
200m		8.	2:19.37	486	2:21.20	103%	
	, 2010 (14),						1
400m			4:54.90	372	4:51.47	98%	
100m				-	1:05.79	-	
200m		75.	2:34.02	360	2:34.41	101%	_
	, 2010 (14),						2
400m			4:43.35	420	4:47.34	103%	
100m		45	0.00.47	-	1:02.00	-	
200m		15.	2:22.47	455	2:25.11	104%	
	, 2011 (13),						-
400m		20.	4:58.98	463	4:57.41	99%	
100m				-	1:17.17	-	
200m	2044 (42			-	2:35.78	-	
400	, 2011 (13),				4 07 40		-
100m		- 4	5 44 7 4	-	1:07.49	-	
400m 200m		54.	5:11.71	408	5:08.16 2:53.06	98%	
200111	2010 (11			-	2.33.00	-	2
400	, 2010 (14),		5 AF 70	004	544.54	40.407	2
400m 100m			5:05.78	334	5:11.54 1:18.86	104%	
200m		94.	2:37.38	338	2:42.30	106%	
200111	, 2011 (13),	54.	2.01.00	000	2.42.00	10070	1
400m	, 2011 (10),	68.	5:17.34	387	5:21.70	103%	'
100m		00.	3.17.04	-	1:09.93	-	
200m				-	2:41.48	-	
							8
	, 2012 (12),						1
100m	, 2012 (12),				1:11.43		'
400m		50.	5:10.60	412	5:16.95	104%	
200m		50.	3.10.00	-	2:51.60	-	
200111	, 2010 (14),				2.01.00		_
100m	, 2010 (11),			_	56.28	_	
400m			4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12),						-
400m	, - (66.	5:17.24	387	5:12.74	97%	
100m				-	1:20.48	-	
200m				-	2:37.03	-	
	, 2010 (14),						-
100m				-	1:01.10	-	
400m			4:53.28	379	4:50.45	98%	
	, 2010 (14),						-
400m			4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m	2011 (12	48.	2:30.05	390	2:27.07	96%	
	, 2011 (13),						1
400m		74.	5:19.44	379	5:20.36	101%	
100m				-	1:13.26	-	
200m	2010 (14			-	2:46.21	-	4
400	, 2010 (14),						1
400m			4:51.27	386	4:49.08	99%	
100m 200m		51.	2:30.31	387	1:07.68 2:30.54	100%	
200111	, 2012 (12),	51.	2.30.31	301	2.00.04	100/0	1
100m	, 2012 (12),			-	1:08.16	-	
400m		47.	5:09.90	415	5:21.42	108%	
200m			2.00.00	-	2:47.40	-	
	, 2012 (12),				-		1
100m	, 20.2 (.2),			-	1:08.40	-	•
400m		62.	5:14.32	398	5:15.16	101%	
200m				-	2:51.08	-	
	, 2010 (14),						-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.11	-	
400m			4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13),						1
400m	•	21.	4:59.81	459	5:00.52	100%	
100m				-	1:14.84	-	
200m	0044 (40			-	2:41.53	-	
	, 2011 (13),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m				-	1:21.90	-	
200m				-	2:39.00	-	

400	, 2010 (14),		4.50.04	202	4.54.04	000/	-
400m 100m			4:52.04	383	4:51.04 1:05.26	99%	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						1
400m			4:35.80	455	4:36.00	100%	
100m 200m		40.	2:28.96	398	1:07.50 2:28.50	99%	
200111	, 2012 (12),	10.	2.20.00	000	2.20.00	0070	1
400m	, - (),	97.	5:27.25	353	5:28.72	101%	
100m				-	1:20.44	-	
200m	, 2011 (13),			-	2:52.24	-	_
400m	, 2011 (13),	63.	5:16.47	390	5:12.90	98%	_
100m		00.	0	-	1:11.34	-	
200m	2242 (44			-	2:44.44	-	
400	, 2010 (14),				50.04		-
100m 400m			4:35.12	- 459	59.24 4:31.41	- 97%	
200m		86.	2:36.14	346	2:33.34	96%	
	, 2010 (14),						-
400m			4:53.03	380	4:50.50	98%	
100m 200m		46.	2:29.60	393	1:16.20 2:29.00	99%	
200111	, 2010 (14),	40.	2.25.00	000	2.23.00	3370	_
400m	, , , , , , , , , , , , , , , , , , , ,		4:32.52	472	4:32.06	100%	
100m		7	0.40.00	-	1:00.00	-	
200m	, 2011 (13),	7.	2:18.80	492	2:17.73	98%	_
400m	, 2011 (13),	89.	5:23.67	364	5:19.00	97%	_
100m			0.200	-	1:16.50	-	
200m				-	2:50.15	-	
							21
	, 2011 (13),						-
100m	, 2011 (13),			-	1:01.00	-	
400m			5:12.93	312	5:12.00	99%	
200m	0040 (40	108.	2:39.54	324	2:38.50	99%	
100m	, 2012 (12),			_	1:10.00	-	-
400m		90.	5:24.46	362	1:10.00 5:17.00	- 95%	
200m				-	2:52.00	-	
	, 2010 (14),						1
100m 400m			4:42.02	426	1:01.00 4:43.00	- 101%	
200m		57.	2:30.56	386	2:30.00	99%	
	, 2012 (12),						1
100m			5.40.05	-	1:05.00	-	
400m 200m		132.	5:10.95 2:43.49	318 301	5:03.00 2:45.00	95% 102%	
200111	, 2012 (12),	102.	2.40.40	001	2.10.00	10270	_
400m		65.	5:17.11	388	5:06.00	93%	
100m				-	1:12.90	-	
200m	, 2011 (13),			-	2:46.00	-	_
100m	, 2011 (10),			-	1:09.00	-	
400m		77.	5:20.22	376	5:17.90	99%	
200m	2042 (42			-	2:49.60	-	
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	-
100m		101.	0.01.00	-	1:21.99	-	
200m	2242 (44			-	2:49.60	-	_
400m	, 2010 (14),		4:55.23	371	1.56.39	101%	2
400m 100m			4.33.23	3/ I -	4:56.38 1:13.64	101%	
200m		27.	2:26.65	417	2:27.94	102%	
	, 2011 (13),						1
100m 400m		41.	5:07.47	- 425	1:05.50 5:15.00	105%	
200m		41.	3.07.47	423	2:46.00	105%	
	, 2010 (14),						-
100m				-	59.95	-	
400m 200m		125.	5:05.83 2:41.98	334 310	4:54.00 2:36.00	92% 93%	
200111		120.	⊤1.50	010	2.50.00	33/0	

							_
	, 2010 (14),						-
400m			5:11.13	317	5:04.00	95%	
100m 200m		79.	2:34.76	- 355	1:15.00	- 98%	
200111	, 2011 (13),	79.	2.34.76	333	2:33.00	90%	_
100m	, 2011 (10),			-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m				-	2:47.00	-	
400	, 2010 (14),		. == = .		4 = 0 00		1
400m 100m			4:59.61	355	4:58.00 1:18.00	99%	
200m		81.	2:34.91	354	2:38.35	104%	
	, 2012 (12),						-
400m		103.	5:30.30	343	5:26.00	97%	
100m 200m				-	1:18.50 2:54.00	-	
200111	, 2010 (14),			-	2.34.00	-	_
100m	, 2010 (11),			_	1:00.00	-	
400m			4:51.10	387	4:44.22	95%	
200m	0044 (40	78.	2:34.27	358	2:30.55	95%	
400	, 2011 (13),		4.50.40	260	4.50.00	1000/	-
400m 100m			4:58.10	360	4:58.00 1:10.00	100%	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12),						1
400m		140.	5:56.43	273	6:00.00	102%	
100m 200m				-	1:22.00 3:14.00	-	
	, 2010 (14),						1
400m			4:35.84	455	4:41.90	104%	
100m		40	2.20.07	-	1:06.90	-	
200m	, 2011 (13),	43.	2:29.07	397	2:28.50	99%	_
400m	, 2011 (10),	72.	5:18.21	384	5:06.76	93%	
100m				-	1:16.54	-	
200m	2044 (42			-	2:36.17	-	
400m	, 2011 (13),		4:53.46	378	4:53.00	100%	-
100m			1.00.10	-	1:09.00	-	
200m		138.	2:44.35	296	2:42.00	97%	
400	, 2012 (12),	400			- 40.00	070/	-
400m 100m		126.	5:44.55	302	5:40.00 1:25.00	97%	
200m				-	2:58.00	-	
	, 2012 (12),						1
400m		92.	5:25.53	358	5:31.00	103%	
100m 200m				-	1:17.50 2:57.00	-	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	137.	5:53.39	280	6:09.00	109%	
100m				-	1:35.00	-	
200m	, 2010 (14),			-	3:03.74	-	_
400m	, 2010 (14),		5:05.92	333	4:52.00	91%	
100m				-	1:10.00	-	
200m	0040 (40	151.	2:53.07	254	2:45.00	91%	
100m	, 2012 (12),			_	1:05.00	- -	1
400m		18.	4:58.44	465	5:05.50	105%	
200m				-	2:40.14	-	
400	, 2010 (14),				5.00.00		-
400m 100m				-	5:20.00 1:09.00	- -	
200m		146.	2:47.48	280	2:41.00	92%	
	, 2011 (13),						-
400m		86.	5:21.67	371	5:14.45	96%	
100m 200m				- -	1:23.21 2:43.34	-	
	, 2011 (13),						-
400m	· , , , , , , , , , , , , , , , , , , ,	135.	5:52.65	282	5:25.00	85%	
100m 200m				-	1:23.00 2:50.00	- -	
200111	, 2011 (13),			-	2.50.00	-	_
400m	, ==:: (:0 /,	128.	5:46.63	297	5:30.00	91%	
100m				=	1:17.00	-	
200m				-	2:53.00	-	

	2040 (44						
100m	, 2010 (14),			-	58.79	· · · · · · · · · · · · · · · · · · ·	•
400m			4:56.39	367	4:50.00	96%	
200m		85.	2:35.94	347	2:35.29	99%	
	, 2011 (13),					1	ĺ
400m	, (, , , , , , , , , , , , , , , , , ,	55.	5:11.97	407	5:19.78	105%	
100m				-	1:11.45	-	
200m				-	2:41.12	-	
	, 2012 (12),						-
400m		58.	5:13.29	402	5:10.00	98%	
100m				-	1:16.00	-	
200m	2040 (44			-	2:50.00	-	
400	, 2013 (11),		0.40.05				-
400m 100m		145.	6:18.95	227	6:02.00 1:29.00	91%	
200m				-	3:10.00	- -	
200111	, 2010 (14),				0.10.00		_
400m	, 2010 (11),		5:02.37	345	4:56.00	96%	
100m			0.02.01	-	1:08.00	-	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						-
400m	, , , , , , , , , , , , , , , , , , , ,	22.	5:00.79	454	4:55.76	97%	
100m				-	1:10.23	-	
200m				-	2:35.69	-	
	, 2013 (11),					1	
400m		101.	5:29.00	347	5:30.00	101%	
100m 200m				-	1:17.00 2:53.00	-	
200111	, 2012 (12),			-	2.55.00		ı
400m	, 2012 (12),		4:56.78	365	5:00.00	102%	
100m			4.30.76	-	1:10.50	102%	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),					1	ĺ
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:08.00	-	
400m		70.	5:18.02	384	5:24.00	104%	
200m				-	2:47.00	-	
	, 2013 (11),					1	i
400m		122.	5:42.96	306	5:43.00	100%	
100m				-	1:28.79	-	
200m	0040 (44			-	2:59.00	-	
100	, 2013 (11),				4.00.00	1	
100m 400m		94.	5:26.73	354	1:08.00 5:35.00	105%	
200m		54.	5.25.75	-	2:53.00	-	
200	, 2012 (12),				2.00.00	1	
400m	, - (109.	5:32.34	337	5:36.00	102%	
100m				-	1:22.50	-	
200m				-	2:58.00	-	
	, 2011 (13),						-
400m			5:04.94	337	4:55.00	94%	
100m			0.44.0=	-	1:09.00	-	
200m	2010 (14	121.	2:41.65	311	2:35.00	92%	,
400m	, 2010 (14),		4:54.94	372	E:00 00	103%	-
400m			4:54.94	3/2	5:00.00 1:05.50	103%	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						_
100m	, 2012 (12),			-	1:05.90	-	
400m		61.	5:14.16	399	5:14.00	100%	
200m				-	2:46.00	-	
	, 2012 (12),						-
400m		23.	5:00.84	454	5:00.76	100%	
100m				-	1:15.60	-	
200m	2040 (4.4			-	2:34.33	-	
400	, 2010 (14),				F-00 00	1	
400m				-	5:20.00	-	
100m 200m		126.	2:42.08	309	1:11.00 2:44.00	- 102%	
200111		120.	2.72.00	503	<u></u> 1.00	102/0	
						18	}
	, 2010 (14),					2	
100m	, 2010 (14),			-	55.22	-	•
400m			4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

	2044 (42					
400m	, 2011 (13),	83.	5:21.23	373	5:12.00	94%
100m				-	1:22.72	-
200m	, 2012 (12),			-	2:47.38	-
400m	, 2012 (12),	52.	5:11.42	409	5:11.20	100%
100m		52.	5.11.42	-	1:19.71	-
200m				-	2:45.10	-
	, 2010 (14),					2
400m			4:38.39	443	4:43.78	104%
100m 200m		31.	2:27.12	413	1:15.65 2:27.24	100%
200	, 2011 (13),	0				1
400m	, ==::(:=),		5:00.11	353	5:02.18	101%
100m				-	1:14.97	-
200m	0044 (40	136.	2:44.26	297	2:38.82	93%
100m	, 2011 (13),				1:05.00	-
100m 400m		56.	5:13.06	403	1:05.00 5:10.00	98%
200m		50.	3.10.00	-	2:48.00	-
	, 2010 (14),					1
400m			4:17.49	560	4:10.30	94%
100m		40	0-00-40	-	1:02.52	4000/
200m	, 2010 (14),	10.	2:20.18	478	2:22.10	103% 2
100m	, 2010 (14),			_	1:04.00	-
400m			4:51.20	387	4:53.44	102%
200m		90.	2:36.52	343	2:39.02	103%
	, 2010 (14),					2
400m			4:08.68	621	4:09.73	101%
100m 200m		1.	2:07.95	629	1:05.00 2:13.50	109%
200111	, 2012 (12),		2.07.55	023	2.10.00	10370
400m	, == (== /,	59.	5:13.52	401	5:10.78	98%
100m				-	1:14.00	-
200m	0044 (40			-	2:47.46	-
400	, 2011 (13),		F:06.74	224	F.00.20	070/
400m 100m			5:06.74	331	5:02.39 1:13.50	97%
200m		122.	2:41.73	311	2:40.24	98%
	, 2011 (13),					1
100m				-	1:11.46	-
400m		32.	5:04.87	436	5:12.37	105%
200m	, 2011 (13),			-	2:52.37	1
400m	, 2011 (10),	11.	4:53.33	490	4:55.57	102%
100m				-	1:12.97	-
200m				-	2:33.78	-
400	, 2011 (13),			400		1
400m 100m		53.	5:11.69	408	5:24.16 1:15.63	108%
200m				-	2:45.16	-
	, 2010 (14),					-
400m			4:53.47	378	4:53.24	100%
100m	0040 (44			-	1:09.17	-
100m	, 2010 (14),				1:02.18	2
400m			4:50.80	388	5:00.24	- 107%
200m		93.	2:37.15	339	2:41.49	106%
	, 2011 (13),					-
400m		106.	5:31.72	339	5:18.20	92%
100m 200m				-	1:15.73 2:40.40	
200111	, 2010 (14),				2.40.40	1
100m	, == := (:: /,			-	1:00.20	· .
400m			4:42.97	422	4:46.76	103%
200m		63.	2:31.60	378	2:29.33	97%
400	, 2011 (13),				4.05.00	1
100m 400m		64.	5:17.06	388	1:05.89 5:20.16	- 102%
200m		04.	3.17.00	300	2:51.94	102%
	, 2011 (13),					1
400m		48.	5:10.11	414	5:12.44	102%
100m				-	1:15.06	-
200m				-	2:46.53	-

	, 2011 (13),							1
400m			4:53.81	377	4:51.26		98%	
100m		7.4	0.00.00	-	1:04.54		-	
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	
100m	, 2012 (12),				1.04.71			-
100m 200m				-	1:24.71 2:41.68		-	
	, 2010 (14),							_
400m	, == := (:: /,		4:30.49	483	4:28.87	25.04.2024	99%	
100m				-	1:04.92	29.03.2024	-	
200m		12.	2:21.05	469	2:20.41	24.04.2024	99%	_
400	, 2010 (14),				4040=	0= 0.4.000.4	4000/	2
400m			4:18.37	554	4:21.07	25.04.2024 26.04.2024	102%	
100m 200m		11.	2:20.34	476	1:02.09 2:21.29	24.04.2024	101%	
	, 2012 (12),							1
100m	, == := (:= /,			-	1:12.87		-	
400m		134.	5:52.45	282	6:02.18		106%	
200m	0040 (44			-	3:03.57		-	
400	, 2010 (14),				50.54	00.04.0004		-
100m 400m			4:28.25	495	56.54 4:22.37	26.04.2024 25.04.2024	96%	
200m		6.	2:17.60	505	2:16.72	24.04.2024	99%	
	, 2010 (14),							1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.04		-	
400m			4:58.66	358	4:58.23		100%	
200m	2011 (12	53.	2:30.35	387	2:32.38		103%	4
100m	, 2011 (13),			_	1:11.63		_	1
400m		119.	5:39.67	315	5:41.67		101%	
200m			0.00.0.	-	2:57.97		-	
	, 2011 (13),							-
100m				-	1:07.27			
400m		69.	5:17.47	386	5:16.74		100%	
200m	2010 (14			-	2:48.80		-	
400m	, 2010 (14),		4:E2 0E	383	4:50.62		99%	-
100m			4:52.05	-	1:04.31		99%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							-
400m		39.	5:06.09	431	5:03.05		98%	
100m 200m				-	1:09.13 2:42.47		-	
200111	, 2011 (13),				2.42.41			1
400m	, 2011 (10),	75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m				-	1:15.43	26.04.2024	-	
200m				-	2:44.59	22.06.2023	-	_
	, 2010 (14),							2
100m 400m			5:04.59	338	1:02.92 5:07.80	26.04.2024 25.04.2024	102%	
200m		87.	2:36.19	345	2:40.35	24.04.2024	105%	
	, 2011 (13),							2
400m	,		4:48.95	396	4:55.65	25.04.2024	105%	
100m				-	1:20.23	26.04.2024	-	
200m	2011 (42	59.	2:30.99	382	2:33.67	24.04.2024	104%	
100m	, 2011 (13),			-	1:03.95	26.04.2024	-	-
400m			4:56.87	365	4:53.13	25.04.2024	97%	
	, 2011 (13),			000		20.0 1.202 1	0.70	_
400m	, , , , , , , , , , , , , , , , , , , ,	67.	5:17.33	387	5:12.70		97%	
100m				-	1:13.24		-	
200m	0040 (44			-	2:41.91		-	
400	, 2010 (14),		F.00.40	040	4.55.70	OF 04 0004	000/	1
400m 100m			5:02.10	346	4:55.78	25.04.2024	96%	
200m		99.	2:37.98	334	1:18.07 2:39.71	26.04.2024 24.04.2024	102%	
	, 2011 (13),							-
400m	, (-),	57.	5:13.27	402	5:07.61		96%	
100m				-	1:18.86		-	
200m	2010 (14			-	2:43.95		-	2
100m	, 2010 (14),			-	1:06.23	26.04.2024	_	2
400m			4:43.61	419	4:46.97	25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11		109%	

	2242 /44							
400m	, 2010 (14),		4:58.54	359	4:56.78		99%	1
100m				-	1:12.94		-	
200m	, 2011 (13),	89.	2:36.50	343	2:39.46		104%	2
400m	, 2011 (13),		5:02.84	344	5:06.52		102%	_
100m		07		-	1:20.24		-	
200m	, 2011 (13),	97.	2:37.63	336	2:41.51		105%	_
400m	, 2011 (10),	60.	5:13.71	400	5:11.05		98%	
100m 200m				-	1:11.42 2:44.78		-	
200111	, 2011 (13),				2.44.70			1
100m	, , , , , , , , , , , , , , , , , , , ,		4.50.05	-	1:00.75	26.04.2024	-	
400m 200m		68.	4:58.95 2:32.62	357 370	4:55.91 2:35.06	25.04.2024 24.04.2024	98% 103%	
	, 2010 (14),							1
400m 100m			4:47.03	404	4:45.58 1:07.57		99%	
200m		19.	2:23.66	444	2:23.78		100%	
400	, 2010 (14),				4 00 00			-
100m 400m			4:51.06	387	1:02.09 4:40.19		93%	
200m	0040440	95.	2:37.40	337	2:35.73		98%	
100m	, 2012 (12),			-	1:06.45		_	-
400m		73.	5:18.55	382	5:15.39		98%	
200m	, 2011 (13),			-	2:50.71		-	4
100m	, 2011 (13),			-	1:00.60		-	1
400m		445	4:55.75	369	4:52.60		98%	
200m	, 2011 (13),	115.	2:40.90	316	2:44.00		104%	1
100m	, == (),			-	1:05.45	26.04.2024	-	•
400m 200m		9.	4:52.11	496 -	4:58.56 2:44.93	24.04.2024 25.04.2024	104% -	
200111	, 2012 (12),				2.44.50	20.04.2024		-
400m			5:24.45	279	5:10.60	25.04.2024	92%	
100m 200m		147.	2:47.94	278	1:22.81 2:47.64	26.04.2024 24.04.2024	100%	
	, 2010 (14),							-
400m 100m				-	5:15.13 1:20.61	25.04.2024 28.03.2024	-	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
400m	, 2011 (13),	113.	5:35.23	328	5:24.88		94%	-
100m		113.	3.33.23	-	1:21.65		34 /0 -	
200m	2040 (44			-	2:52.72		-	0
400m	, 2010 (14),		4:41.84	427	4:48.82		105%	2
100m				-	1:17.47		-	
200m	, 2010 (14),	29.	2:26.83	416	2:32.09		107%	1
400m	, 2010 (11),		4:50.43	390	4:52.60		101%	
100m 200m		69.	2:32.69	370	1:12.58 2:27.60		93%	
200111	, 2012 (12),	00.	2.02.00	010	2.27.00		0070	2
100m			4.40.75	- 207	1:04.40	28.03.2024	- 40E0/	
400m 200m		102.	4:48.75 2:38.56	397 330	4:55.47 2:41.13	25.04.2024 24.04.2024	105% 103%	
	, 2010 (14),							1
400m 100m			4:28.37	494 -	4:26.36 1:01.56		99%	
200m		3.	2:15.53	529	2:16.53		101%	
400m	, 2011 (13),	85.	5:21.42	372	5:10 67		99%	-
100m		05.	5.21.42		5:19.67 1:12.01		9976	
200m	0040 (44			- -	2:38.51		-	
400m	, 2010 (14),		4:47.64	401	4:47.50		100%	-
100m				-	1:12.80		-	
200m	, 2011 (13),	22.	2:25.16	430	2:22.60		97%	_
400m	, 2011 (10),	87.	5:22.95	367	5:22.80		100%	
100m 200m				-	1:06.89 2:41.50		- -	
200111				-	2.41.00		-	

100m	, 2012 (12),				1.02.05	26.04.2024		-
400m		26.	5:03.12	444	1:03.95 4:55.54	24.04.2024	95%	
200m				-	2:42.67		-	
	, 2012 (12),							1
400m		139.	5:56.27	273	6:03.97	24.04.2024	104%	
100m 200m				-	1:24.14 3:10.66	25.04.2024	-	
200111	, 2011 (13),				0.10.00	20.0 1.202 1		1
100m	, - (-),			-	1:06.87		-	
400m		49.	5:10.15	414	5:17.13		105%	
200m	, 2011 (13),			-	2:41.97		-	2
100m	, 2011 (13),			_	1:04.58		_	
400m			5:00.25	353	5:01.18	25.04.2024	101%	
200m	0044 (40	117.	2:41.17	314	2:41.79	24.04.2024	101%	
400	, 2011 (13),	04	F:24.02	260	E-00 04		000/	-
400m 100m		91.	5:24.93	360	5:22.81 1:12.56		99%	
200m				-	2:53.69		-	
	, 2011 (13),							-
400m			5:22.37	285	5:13.38		95%	
100m 200m		149.	2:49.23	- 271	1:28.91 2:44.49		94%	
200	, 2011 (13),		2. 10.20		2		0.70	1
400m		24.	5:01.70	450	5:03.35		101%	
100m				-	1:07.74		-	
200m	, 2012 (12),			-	2:39.68		-	
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	-
100m			0.000	-	1:21.59	26.04.2024	-	
200m	2010 (11			-	3:02.87	25.04.2024	-	
100m	, 2010 (14),				E4 10			1
100m 400m			4:15.42	- 573	54.12 4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
	, 2010 (14),							1
400m			4:44.83	413	4:42.10	25.04.2024	98%	
100m 200m		13.	2:21.78	462	1:09.79 2:23.12	26.04.2024 24.04.2024	102%	
	, 2013 (11),							1
400m	, , , , , , , , , , , , , , , , , , , ,	108.	5:32.14	337	5:39.66		105%	
100m				-	1:34.94		-	
200m	, 2011 (13),			-	2:56.62		-	1
400m	, 2011 (10),	105.	5:31.45	339	5:32.47		101%	
100m				-	1:25.17		-	
200m	0040 (40			-	2:55.64		-	
400m	, 2012 (12),	112.	E-2E 22	328	5:29.56	24.04.2024	079/	-
100m		112.	5:35.22	320	1:22.25	26.04.2024	97% -	
200m				-	3:05.11	25.04.2024	-	
	, 2011 (13),							-
400m 100m		71.	5:18.19	384	5:14.84 1:22.53	23.11.2023 23.11.2023	98%	
200m				-	2:43.30	25.04.2024	-	
	, 2012 (12),							-
400m		84.	5:21.41	372	5:21.05	24.04.2024	100%	
100m 200m				-	1:15.63 2:45.78	26.04.2024 25.04.2024	-	
200111	, 2012 (12),				2.45.70	20.04.2024		1
400m	, == (= /,	28.	5:04.52	438	5:12.89	24.04.2024	106%	-
100m				-	1:13.60	26.04.2024	-	
200m	2010 (14			-	2:49.88	25.04.2024	-	2
100m	, 2010 (14),			-	1:02.55		_	2
400m			4:47.24	403	4:49.66		102%	
200m		84.	2:35.53	350	2:38.32		104%	
,	, 2011 (13),							-
100m 400m		16.	4:57.81	468	1:03.13 4:54.75	26.04.2024 27.03.2024	98%	
200m		10.	1.07.01	-	2:39.16	25.04.2024	-	
	, 2012 (12),							1
400m		98.	5:28.19	350	5:30.94		102%	
100m 200m				-	1:15.24 2:51.65		-	
200111				-	2.01.00		-	

	2012 (12							1
400m	, 2012 (12),	44.	5:08.56	421	5:16.23		105%	1
100m				-	1:22.27		-	
200m	2012 (12			-	2:40.76		-	4
400m	, 2012 (12),	136.	5:52.85	281	5:58.66		103%	1
100m		130.	5.52.65	-	1:22.81		103%	
200m				-	2:56.19		-	
	, 2010 (14),							-
100m 400m				-	1:05.38 5:34.20	26.04.2024 25.04.2024	-	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							1
400m			4:40.00	435	4:46.52		105%	
100m 200m		28.	2:26.71	- 417	1:04.59 2:24.49		- 97%	
200111	, 2012 (12),	20.	2.20.71	417	2.24.43		31 /0	_
400m	, == (-=),	125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m				-	1:29.97	19.04.2024	-	
200m	2011 (12			-	2:50.20	25.04.2024	-	4
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	1
100m			0.000	-	1:18.51	26.04.2024	-	
200m	0040 (44			-	3:02.43	25.04.2024	-	
400m	, 2010 (14),			_	E-25 E0	25.04.2024		1
100m				-	5:35.50 1:15.19	25.04.2024 26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m 400m		13.	4:54.85	482	1:04.60 4:52.83	26.10.2023 24.04.2024	99%	
200m		10.	1.0 1.00	-	2:34.71	22.11.2023	-	
	, 2011 (13),							1
100m		407	F-20 07	-	1:18.22	24.11.2023	4000/	
400m 200m		107.	5:32.07	337	5:36.05 2:59.25	24.04.2024 25.04.2024	102%	
200111	, 2011 (13),				2.00.20	20.01.2021		1
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:01.70		-	
400m 200m		110.	4:43.10 2:39.84	421 322	4:42.00 2:42.00		99% 103%	
200111	, 2010 (14),	110.	2.39.04	322	2.42.00		10376	_
400m	, 2010 (11),		4:41.88	426	4:40.20		99%	
100m					1:08.47		-	
200m	, 2011 (13),	58.	2:30.84	383	2:29.71		99%	_
400m	, 2011 (13),		4:52.60	381	4:50.48		99%	_
100m				-	1:08.99		-	
200m	0044 (40	96.	2:37.44	337	2:35.31		97%	
400m	, 2011 (13),	120.	5:40.49	313	5:43.73		102%	1
100m		120.	3.40.43	-	1:17.03		102/8	
200m				-	2:56.19		-	_
100	, 2010 (14),				E0.64			2
100m 400m			4:41.14	430	59.64 4:51.18		- 107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13),							1
400m 100m		30.	5:04.55	438	5:16.65 1:19.49	24.04.2024 26.04.2024	108%	
200m				-	2:39.45	25.04.2024	-	
	, 2010 (14),							1
400m			5:11.00	317	5:02.94		95%	
100m 200m		120.	2:41.59	312	1:11.66 2:42.38		101%	
	, 2012 (12),	,		- -				-
400m	, , , , , , , , , , , , , , , , , , , ,		5:01.82	347	5:00.14	25.04.2024	99%	
100m	2040 (44			-	1:20.97	26.04.2024	-	0
100m	, 2010 (14),			-	1:04.73	28.03.2024	=	2
400m			4:54.55	374	4:56.66	27.03.2024	101%	
200m		103.	2:38.60	330	2:45.39	16.06.2023	109%	
400	, 2011 (13),	40	F.00 47	447	E-0E-00		000/	-
400m 100m		46.	5:09.47	417 -	5:05.80 1:11.00		98%	
200m				-	2:39.70		-	

	, 2010 (14),			_	55.65	26.04.2024	_
100m 400m			4:28.47	494	4:30.00	25.04.2024	101%
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%
	, 2010 (14),	-					,
400m	, == (, , , , , , , , , , , , , , , , ,		5:05.85	334	5:04.79		99%
00m			0.00.00	-	1:14.56		-
00m		77.	2:34.13	359	2:34.88		101%
	, 2010 (14),						
00m	, (-	1:04.13		-
100m			5:03.26	342	4:53.89		94%
200m		124.	2:41.80	311	2:42.26		101%
	, 2011 (13),						
100m			5:06.22	332	5:03.36	25.04.2024	98%
00m				-	1:11.34	26.04.2024	-
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11),						
100m		144.	6:15.17	234	6:23.56	24.04.2024	105%
00m				-	1:38.18	26.04.2024	-
00m				-	3:46.50	06.12.2023	-
	, 2011 (13),						
00m					1:06.34		-
00m		400	5:02.29	346	5:06.72		103%
00m	2014 (42	123.	2:41.79	311	2:43.15		102%
00-	, 2011 (13),				4 00 00	07.40.0000	
00m				-	1:06.69	07.12.2023	-
00m 00m		129.	2:42.90	304	5:15.49 2:50.21	27.03.2024 24.04.2024	109%
00111	, 2010 (14),	123.	2.72.30	JU4	2.00.21	∠¬.∪¬.∠∪∠ †	103/0
00m	, 2010 (14),		4:38.83	441	4:40.20	25.04.2024	101%
00m			4.30.03	441	1:03.07	26.04.2024	10176
00111	, 2011 (13),				1.00.07	20.01.2021	
00m	, 2011 (10),			_	1:00.12		_
00m			4:39.41	438	4:43.97		103%
	, 2011 (13),		*****				
00m	, 2011 (10),			-	5:17.90	25.04.2024	-
00m				-	1:15.34	26.04.2024	-
00m		142.	2:45.74	289	2:48.64	24.04.2024	104%
	, 2010 (14),						
-00m	, == (, , , , , , , , , , , , , , , , ,		4:54.17	375	5:11.10	23.11.2023	112%
00m				-	1:10.36		-
:00m		80.	2:34.81	355	NT		-
	, 2010 (14),						
00m				-	59.62	26.04.2024	-
00m			4:46.80	405	4:37.90	25.04.2024	94%
00m		33.	2:27.57	410	2:27.45	24.04.2024	100%
	, 2012 (12),						
00m		110.	5:34.37	331	5:26.57		95%
00m				-	1:20.12		-
00m	0044 (40			-	2:54.00		-
00	, 2011 (13),				4 00		
00m			4.44.04	407	1:00.03		40404
00m		83.	4:41.84 2:35.11	427 353	4:42.88 2:33.34		101% 98%
00m	2011 (12)	٥٥.	2:35.11	353	2:33.34		90%
00	, 2011 (13),				EO 4.4		
00m 00m		8.	4:52.02	496	59.14 4:49.86		99%
00m		0.	7.02.02	496	2:29.93		33 /0 -
	, 2012 (12),				0.00		
-00m	,	118.	5:39.24	316	5:47.72	24.04.2024	105%
00m		710.		-	1:21.52	26.04.2024	-
00m				-	3:01.82	25.04.2024	-
	, 2011 (13),						
	, - (/)	1.	4:36.01	588	4:40.15	24.04.2024	103%
			-	-	1:05.31	26.04.2024	-
00m							
00m 00m				-	2:31.57	25.04.2024	-
00m 00m	, 2011 (13),			-	2:31.57	25.04.2024	-
00m 00m 00m	, 2011 (13),		5:00.43	- 352	5:00.56	25.04.2024	100%
00m 00m 00m 00m	, 2011 (13),			352 -	5:00.56 1:10.64	25.04.2024	100% -
00m 00m 00m		109.	5:00.43 2:39.77	352	5:00.56	25.04.2024	
.00m .00m .00m .00m	, 2011 (13), , 2010 (14),	109.	2:39.77	352 - 323	5:00.56 1:10.64 2:39.17	25.04.2024	100% - 99%
00m 00m 00m 00m 00m 00m		109.		352 -	5:00.56 1:10.64 2:39.17 5:03.85	25.04.2024	100% -
00m 00m 00m 00m 00m 00m		109. 92.	2:39.77	352 - 323	5:00.56 1:10.64 2:39.17	25.04.2024	100% - 99%

	, 2010 (14),							2
100m	, 2010 (14),			_	58.78		_	
400m			4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	
	, 2011 (13),							1
400m		79.	5:20.72	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m	, 2011 (13),			-	2:52.36	25.04.2024	-	_
400m	, 2011 (13),		5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13),							-
400m 100m			5:01.05	350	4:46.21 1:08.42		90%	
100111	, 2011 (13),				1.00.42			2
100m	, 2011 (10),			-	1:05.35	26.04.2024	-	_
400m			4:58.80	358	4:59.54	25.04.2024	100%	
200m	0040 (44	135.	2:44.12	298	2:48.84	24.04.2024	106%	
400	, 2010 (14),		4.40 E2	422	4:43.30		4000/	1
400m 100m			4:40.52	433	1:13.19		102%	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13),							1
400m		124.	5:44.02	303	5:55.78		107%	
100m 200m				-	1:24.03 2:57.06		-	
200111	, 2012 (12),			-	2.37.00		-	_
400m	, 2012 (12),	38.	5:05.99	431	5:00.22		96%	
100m				-	1:13.94		-	
200m	0040 (44			-	2:41.99		-	
400	, 2013 (11),	96.	E-07 40	252	F-20 42	27.02.2024	4000/	1
400m 100m		90.	5:27.19	353	5:30.42 1:17.86	27.03.2024 26.04.2024	102%	
200m				-	2:59.30		-	
	, 2011 (13),							-
400m		4.	4:40.74	559	4:37.71		98%	
100m 200m				-	1:04.81 2:27.89		-	
200111	, 2010 (14),				2.27.00			-
100m	, (-	1:08.86	26.04.2024	-	
400m		450	0.57.04	-	5:34.76	25.04.2024	-	
200m	2010 (11	152.	2:57.84	234	2:37.96		79%	2
400m	, 2010 (14),		4:52.50	382	4:52.68		100%	2
100m			4.02.00	-	1:18.06		-	
200m		52.	2:30.33	387	2:31.09		101%	
	, 2010 (14),							1
200m	2044 (42	50.	2:30.23	388	2:32.95		104%	
100m	, 2011 (13),			-	59.17	26.04.2024		-
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m				-	2:31.66	25.04.2024	-	
	, 2011 (13),							1
400m		2.	4:38.68	571 -	4:40.10 1:12.77	24.04.2024	101%	
100m 200m				-	2:24.20	23.11.2023 25.04.2024	-	
	, 2012 (12),							-
100m				-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m	, 2011 (13),			-	2:56.24	25.04.2024	-	_
100m	, 2011 (10),			-	1:02.61	05.10.2023	_	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m				-	2:33.58	25.04.2024	-	
400	, 2010 (14),				F.20.00	25.04.0004		-
400m 100m				-	5:30.90 1:13.92	25.04.2024 26.04.2024	-	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14),							1
400m			4:54.88	372	4:48.30		96%	
100m 200m		39.	2:28.77	400	1:05.77 2:30.91		103%	
200111	, 2011 (13),	53.	2.20.11	700	2.00.31		10070	1
100m	, - , - ,,							-
				-	1:03.15		-	
400m 200m		19.	4:58.75	464	1:03.15 5:01.84 2:36.98		102%	

	, 2011 (13),							1
400m	, 2011 (13),	12.	4:54.60	483	4:56.36	24.04.2024	101%	'
100m		12.	4.54.00	-	1:11.76	26.04.2024	-	
200m				-	2:37.06	25.04.2024	-	
	, 2011 (13),							2
400m			4:49.29	394	4:55.83		105%	
100m				-	1:06.88		-	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m			4 44 74	-	1:00.40		-	
400m 200m		106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
200111	, 2012 (12),	100.	2.00.20	320	2.02.00		3170	1
400m	, 2012 (12),	130.	5:48.45	292	5:49.10	24.04.2024	100%	'
100m		130.	3.40.43	-	1:31.39	28.03.2024	-	
200m				-	3:00.67	25.04.2024	-	
	, 2011 (13),							-
100m				-	1:10.37		-	
400m					5:31.52		-	
200m	0044 (40	155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							-
400m 100m		35.	5:05.10	435	5:02.99 1:22.25		99%	
200m				-	2:47.42		-	
200111	, 2012 (12),			_	£.71.7£		-	_
100m	, (),			-	1:11.00		-	
400m		102.	5:30.10	344	5:29.94		100%	
200m				-	2:49.79		-	
	, 2012 (12),							1
400m		133.	5:50.71	286	6:01.10	24.04.2024	106%	
100m				-	1:15.81	26.04.2024	-	
200m	2010 (14			-	2:57.50	25.04.2024	-	
400m	, 2010 (14),		4:52.04	383	4:50.19	25.04.2024	99%	-
400m			4.52.04	303 -	1:18.29	06.10.2023	99%	
200m		62.	2:31.24	380	2:29.25	24.04.2024	97%	
200	, 2011 (13),	02.	2.0.12.	000	2.20.20	2	0.70	_
400m	, ==::(:= /,			-	5:29.16		-	
100m				-	1:16.04		-	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m				-	1:01.60		-	
400m		100.	5:02.76	344 333	5:02.70		100% 96%	
200m	, 2012 (12),	100.	2:38.04	333	2:35.00		90%	1
100m	, 2012 (12),			_	1:15.24		_	
400m		131.	5:49.82	289	6:01.03		107%	
200m				-	3:11.37		-	
	, 2011 (13),							-
400m	·	33.	5:04.98	436	5:03.60		99%	
100m				-	1:10.20		-	
200m	2044 (42			-	2:42.00		-	
400	, 2011 (13),	20	F-0F 00	405	5.00.40	04.04.0004	000/	-
400m 100m		36.	5:05.26	435	5:03.43 1:10.18	24.04.2024 26.04.2024	99%	
200m				_	2:42.57	25.04.2024	-	
	, 2010 (14),							_
400m	, =0.0 (),		4:32.87	470	4:31.67		99%	
100m				-	1:02.45		-	
	, 2011 (13),							1
100m				-	59.64		_	
400m		F.4	4:41.18	430	4:38.57		98%	
200m	, 2010 (14),	54.	2:30.36	387	2:32.82		103%	2
100	, 2010 (14),				1,00.66			_
100m 400m			4:47.79	- 401	1:00.66 5:00.36		109%	
200m		60.	2:31.10	381	2:33.70		103%	
	, 2011 (13),							-
400m	, , , , , , , , , , , , , , , , , , , ,		4:46.42	406	4:45.95	25.04.2024	100%	
100m				-	1:13.57	26.04.2024	-	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	
	, 2010 (14),							-
400m			4:44.83	413	4:40.19	25.04.2024	97%	
100m 200m		30.	2:27.05	- 414	1:07.31	26.04.2024	98%	
200111		30.	2.21.00	414	2:25.73	24.04.2024	30 70	

	, 2011 (13),							1
100m	, 2011 (10),			-	1:06.33		_	
400m		40.	5:06.89	428	5:12.55		104%	
200m				-	2:49.02		-	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m				-	1:08.96		-	
200m				-	2:34.65		-	_
	, 2010 (14),							2
400m			5:01.95	347	5:05.04		102%	
100m		49.	2:30.09	389	1:16.06		103%	
200m	, 2010 (14),	45.	2.30.09	309	2:32.15		10376	1
400m	, 2010 (14),		4:39.54	427	4.26.07	25.04.2024	000/	'
400m 100m			4.39.34	437	4:36.97 1:06.71	25.04.2024 26.04.2024	98%	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							1
400m	, , , , , , , , , , , , , , , , , , , ,	129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m				=	1:35.68	26.04.2024	-	
200m				-	3:02.58	25.04.2024	-	
	, 2010 (14),							1
400m			4:53.13	379	4:56.26		102%	
100m		07	0.00.50	-	1:06.63		-	
200m	2012 (12	67.	2:32.53	371	2:31.67		99%	4
400	, 2012 (12),	447	F.20.20	240	F.FF 20		1100/	1
400m 100m		117.	5:38.28	319 -	5:55.38 1:26.26		110%	
200m				-	3:06.71		_	
	, 2012 (12),							1
100m	, 2012 (12),			-	1:15.15		-	•
400m		121.	5:41.46	310	5:54.03	24.04.2024	107%	
200m				-	3:09.62	25.04.2024	-	
	, 2010 (14),							2
400m			4:38.72	441	4:46.63		106%	
100m				-	1:06.13		-	
200m	2042 (42	21.	2:25.04	431	2:29.10		106%	4
400	, 2012 (12),	4.40	C.02 E4	257	C.OF CO	27.02.2024	1010/	1
400m 100m		142.	6:03.54	257 -	6:05.68 1:34.62	27.03.2024 28.03.2024	101%	
200m				-	3:04.05	25.04.2024	-	
	, 2010 (14),							2
400m	, ==:=(::),		4:56.44	367	5:05.89		106%	_
100m				-	1:11.00		-	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m			4:55.48	370	4:55.23	25.04.2024	100%	
100m 200m		65.	2:32.39	372	1:09.85 2:29.44	26.04.2024	96%	
200111	2012 (11)	65.	2.32.39	3/2	2.29.44	24.04.2024	90%	4
400	, 2013 (11),	4.40	6.00.44	0.47	6.45.60		10.40/	1
400m 100m		143.	6:08.41	247	6:15.63 1:27.90		104%	
200m				-	3:02.71		-	
	, 2010 (14),							1
100m				-	1:07.36	26.04.2024	-	
400m			5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								40
								19
	, 2011 (13),							2
400m			4:30.41	483	4:32.58		102%	
100m		0.4	0.00.40	-	1:02.61		4000/	
200m	2010 (14	34.	2:28.18	404	2:30.35		103%	
400m	, 2010 (14),		4:52.10	383	4:46.20		96%	-
100m			7.52.10	-	1:17.05		30 /0	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							_
400m	, == : (),	17.	4:58.03	467	4:55.18		98%	
100m				-	1:14.68			
200m				-	2:40.38		-	
	, 2011 (13),							-
400m		25.	5:02.37	447	4:56.03		96%	
100m 200m				- -	1:14.95 2:47.54		-	
200111				-	4.41.04		-	

	, 2012 (12),					•	1
400m		6.	4:48.04	517	4:52.60	103%	
100m				=	1:08.29	-	
200m	, 2010 (14),			-	2:35.61	-	_
400m	, 2010 (14),		5:15.19	305	5:07.65	95%	•
100m			5.15.19	-	1:18.39	95%	
200m		107.	2:39.51	324	2:37.36	97%	
	, 2011 (13),						-
400m		51.	5:11.10	410	5:03.43	95%	
100m 200m				-	1:22.64 2:40.55	-	
200111	, 2012 (12),			-	2.40.33		1
400m	, 2012 (12),		5:01.32	349	5:03.99	102%	'
100m			3.01.32	-	1:12.38	-	
200m		119.	2:41.52	312	2:41.04	99%	
	, 2012 (12),						-
100m			5.00.04	-	1:04.60	-	
400m 200m		137.	5:06.31 2:44.31	332 297	5:06.16 2:40.08	100% 95%	
200	, 2011 (13),		2	20.	2		1
100m	, 2011 (10),			-	1:04.92	-	•
400m		45.	5:08.76	420	5:09.05	100%	
200m	0044 (40			-	2:46.15	-	
400	, 2011 (13),				4 00 00	•	1
100m 400m		37.	5:05.59	433	1:06.09 5:07.54	- 101%	
200m		31.	3.03.33	400	2:47.50	-	
	, 2010 (14),					2	2
100m	, , ,			-	58.40	-	
400m			4:53.49	378	5:02.97	107%	
200m	2011 (12	76.	2:34.04	360	2:35.53	102%	1
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%	1
100m		01.	3.21.10	-	1:16.52	-	
200m				-	2:53.92	-	
	, 2010 (14),						-
100m				-	1:04.14	-	
400m 200m		134.	5:07.62 2:44.04	328 298	5:03.00 2:42.92	97% 99%	
200111	, 2010 (14),	104.	2.44.04	290	2.42.32		1
400m	, 2010 (14),		4:46.08	408	4:47.50	101%	•
100m			4.40.00	-	1:05.50	-	
200m		71.	2:33.09	367	2:30.70	97%	
	, 2011 (13),						-
400m		34.	5:05.09	435	5:00.47 1:15.07	97%	
100m 200m				-	2:43.92	-	
	, 2010 (14),						_
100m	, (-	1:05.23	-	
400m			5:00.14	353	4:49.66	93%	
200m	2011 (12	150.	2:49.32	271	2:40.00	89%	1
100m	, 2011 (13),			-	1:05.75	<u>-</u>	1
400m		31.	5:04.59	437	5:05.60	101%	
200m			- · -	-	2:53.11	-	
	, 2010 (14),						-
100m			4.04.40	-	58.71	-	
400m 200m		20.	4:34.10 2:23.82	464 442	4:33.04 2:21.32	99% 97%	
200111	, 2010 (14),	20.	2.23.02	442	2.21.32	31 /0	_
400m	, 20.0 (),		5:03.53	341	4:55.07	95%	
100m				-	1:20.35	-	
200m		133.	2:43.60	300	2:42.82	99%	
400	- , 2012 (12),	F		E 40 05		1
400m 100m		27.	5:03.89	440	5:10.25 1:14.03	104%	
200m				-	2:40.09	-	
•	, 2010 (14),						-
400m	, (/)		5:00.98	350	4:58.35	98%	
100m				-	1:24.37	-	
200m	2010 (14	128.	2:42.83	305	2:38.43	95%	2
400m	, 2010 (14),		4:47.42	402	4:48.68	101%	2
100m			7.71.42	402	1:05.20	10170	
200m		26.	2:26.59	418	2:29.33	104%	

400m	, 2011 (13),	00	F:21 20	272	E-11 10	0.49/	-
400m 100m		82.	5:21.20	373	5:11.48 1:12.72	94% -	
200m				-	2:39.93	-	
400	, 2010 (14),				50.44		1
100m 400m			4:37.84	445	56.14 4:40.00	- 102%	
200m		17.	2:22.78	452	2:22.20	99%	
400	, 2010 (14),					40007	2
400m 100m			4:24.28	518 -	4:27.15 1:01.00	102%	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m 400m			4:54.90	372	1:01.69 5:07.83	- 109%	
200m		113.	2:40.51	318	2:40.53	100%	
400	, 2011 (13),	00	5:04.54	400	5.00.70	070/	-
400m 100m		29.	5:04.54	438	5:00.70 1:10.86	97%	
200m				-	2:38.82	-	
							25
	, 2011 (13),						25 1
400m	, 2011 (13),	42.	5:08.18	422	5:12.96	103%	'
100m				-	1:11.54	-	
200m	, 2010 (14),			-	2:35.00	-	2
100m	, 2010 (14),			-	59.85	-	2
400m			4:52.74	381	4:54.15	101%	
200m	2012 (12	82.	2:35.08	353	2:39.00	105%	4
400m	, 2012 (12),	114.	5:35.58	327	5:39.26	102%	1
100m				-	1:19.35	-	
200m	, 2011 (13),			-	2:56.07	-	1
400m	, 2011 (13),		4:59.02	357	4:56.00	98%	'
100m				-	1:09.00	-	
200m	2011 (12	118.	2:41.28	314	2:45.00	105%	
100m	, 2011 (13),			-	1:37.00	-	-
200m				-	3:24.00	-	
400	, 2011 (13),				4.40.00		-
100m 400m		147.	6:27.11	213	1:18.00 6:20.00	96%	
200m	2042 (42			-	3:12.00	-	
100m	, 2012 (12),				1:16 92		-
100m 400m		146.	6:21.28	223	1:16.82 6:09.89	94%	
200m				-	3:10.65	-	
400m	, 2010 (14),		5:03.94	340	4:57.49	96%	1
100m			5.05.94	-	1:14.00	90%	
200m	0040 (4.4	45.	2:29.45	394	2:31.00	102%	
400m	, 2010 (14),			-	5:59.00	_	-
100m				-	1:19.00	- -	
	, 2011 (13),						2
400m 100m			4:59.22	356	5:01.37 1:20.70	101%	
200m		88.	2:36.48	343	2:38.89	103%	
400	, 2010 (14),						1
100m 400m			5:03.90	340	1:03.70 5:05.00	- 101%	
200m		145.	2:47.42	280	2:45.00	97%	
400	, 2012 (12),	400				40.407	1
400m 100m		123.	5:43.84	304	5:50.00 1:27.00	104% -	
200m	204: (15			-	2:55.00	-	
400	, 2011 (13),		E.00.67	000	E-14 00	040/	1
400m 100m			5:28.67	269 -	5:14.00 1:11.00	91% -	
200m		140.	2:44.86	294	2:45.18	100%	
400	, 2013 (11),	4.44	6.04.00	000	6:04.44	4000/	1
400m 100m		141.	6:01.09	262	6:01.11 1:31.64	100% -	
200m				-	3:12.02	-	

	, 2010 (14),						1
100m				-	55.90	=	
400m			4:27.93	497	4:26.70	99%	
200m		4.	2:17.05	511	2:18.70	102%	
	, 2010 (14),						1
400m	, (),		4:58.53	359	4:56.47	99%	
100m			4.50.55	-	1:07.50	-	
200m		38.	2:28.69	400	2:31.87	104%	
200111	2011 (12 \	50.	2.20.03	400	2.51.07	10478	
400	, 2011 (13),		0.40.44	400		9994	-
400m		149.	6:42.44	189	6:35.00	96%	
100m				-	1:28.00	-	
200m				-	3:10.00	-	
	, 2013 (11),						-
100m				-	1:12.50	-	
400m				-	5:34.00	-	
200m		156.	3:08.02	198	3:03.00	95%	
	, 2012 (12),						-
400m				-	5:41.00	-	
100m				_	1:27.00	-	
200m		154.	3:01.61	219	3:01.00	99%	
	, 2010 (14),						2
100m	, =0:0(:: /,			-	1:04.76	_	_
400m			5:09.66	322	5:10.89	101%	
200m		101.	2:38.47	331	2:39.21	101%	
200	, 2011 (13),				2.00.2	10170	1
400m	, 2011 (10),	93.	5:26.72	354	E:24.00	105%	•
100m		33.	3.20.72	354	5:34.09 1:13.52	10376	
200m				-	2:59.24	-	
200111	2011 (12				2.00.24		4
400	, 2011 (13),				4.00.00		1
100m		00	F-00 00	-	1:02.02	4440/	
400m		88.	5:23.00	367	5:40.00	111%	
200m	0044 (40			-	2:48.00	-	
	, 2011 (13),						-
400m		127.	5:45.02	301	5:38.96	97%	
100m				-	1:18.87	-	
200m				-	3:06.22	-	
	, 2012 (12),						1
400m			5:07.02	330	5:09.00	101%	
100m				-	1:15.85	-	
200m		148.	2:48.08	277	2:46.85	99%	
	, 2011 (13),						1
400m		115.	5:35.94	326	5:38.76	102%	
100m				-	1:24.51	-	
200m				-	2:55.31	-	
	, 2012 (12),						-
400m	, , , , , , , , , , , , , , , , , , , ,	116.	5:36.39	325	5:30.00	96%	
100m				-	1:26.50	-	
200m				-	2:55.00	_	
	, 2011 (13),						-
100m	, 2011 (10),				1:04.70		
400m			5:13.61	310	5:12.00	99%	
400111	2010 (11		0.10.01	010	0.12.00	3370	4
400	, 2010 (14),		4 45 40	444	4.47.00	4040/	1
400m			4:45.43	411	4:47.00	101%	
100m		44	0.00.00	-	1:08.00	-	
200m	0044 (40	41.	2:28.99	398	2:28.00	99%	
	, 2011 (13),						1
400m				-	5:16.00	-	
100m					1:20.50	-	
200m		143.	2:46.56	285	2:50.00	104%	
	, 2011 (13),						1
400m		148.	6:35.76	199	6:40.58	102%	
100m				-	1:33.00	-	
200m				-	3:10.00	-	
	, 2011 (13),						2
100m	•			-	1:04.01	-	
400m			4:51.62	385	4:52.34	100%	
200m		105.	2:38.77	329	2:39.78	101%	