

						%	PB
							-
							46
							3
400m	, 2011 (13 ),	10.	4:52.72	493	4:53.48	101%	
100m		7.	1:10.91	442	1:11.32	101%	
200m		12.	2:34.58	489	2:35.20	101%	
400m	, 2011 (13 ),	127.	5:04.73	337	5:08.05	102%	2
200m		139.	2:44.58	295	2:48.88	105%	
400m	, 2010 (14 ),	38.	4:43.04	421	4:46.77	103%	2
100m				-	1:10.23	-	
200m		18.	2:23.54	445	2:25.50	103%	
400m	, 2010 (14 ),	143.	5:09.77	321	5:03.12	96%	2
100m		13.	1:08.52	339	1:09.93	104%	
200m		91.	2:36.69	342	2:40.19	105%	
100m	, 2010 (14 ),			-	57.36	-	2
400m		43.	4:44.69	414	4:59.79	111%	
200m		24.	2:25.51	427	2:31.28	108%	
400m	, 2011 (13 ),	100.	5:28.91	347	5:27.33	99%	2
100m		18.	1:14.80	395	1:14.81	100%	
200m		54.	2:44.38	407	2:46.39	102%	
400m	, 2010 (14 ),	76.	4:53.06	379	4:56.97	103%	2
100m				-	1:14.87	-	
200m		55.	2:30.38	387	2:34.33	105%	
400m	, 2010 (14 ),	55.	4:47.74	401	4:47.31	100%	1
100m		11.	1:07.47	355	1:08.10	102%	
200m		66.	2:32.51	371	2:32.09	99%	
400m	, 2012 (12 ),	132.	5:49.98	288	5:44.42	97%	2
100m		19.	1:17.92	333	1:21.94	111%	
200m		88.	2:50.40	365	2:59.66	111%	
100m	, 2010 (14 ),			-	58.01	-	2
400m		51.	4:47.15	403	4:50.47	102%	
200m		70.	2:32.86	368	2:34.12	102%	
100m	, 2011 (13 ),			-	1:02.34	-	2
400m		3.	4:40.55	560	4:42.01	101%	
200m		10.	2:33.78	497	2:38.03	106%	
400m	, 2011 (13 ),	7.	4:48.49	515	4:51.80	102%	3
100m		5.	1:10.10	458	1:11.90	105%	
200m		4.	2:28.91	548	2:33.50	106%	
400m	, 2011 (13 ),	80.	5:20.92	374	5:21.89	101%	2
100m		22.	1:19.31	316	1:19.46	100%	
200m		103.	2:52.47	352	2:51.06	98%	
100m	, 2010 (14 ),			-	59.01	-	1
400m		123.	5:03.75	341	4:57.39	96%	
200m		35.	2:28.24	404	2:32.60	106%	
100m	, 2011 (13 ),			-	1:09.62	-	2
400m		78.	5:20.52	375	5:21.68	101%	
200m		84.	2:49.95	368	2:52.65	103%	
400m	, 2011 (13 ),	46.	4:45.51	410	4:49.60	103%	2
100m				-	1:13.73	-	
200m		44.	2:29.38	395	2:32.11	104%	
400m	, 2011 (13 ),	99.	5:28.41	349	5:24.80	98%	-
100m				-	1:27.21	-	
200m		82.	2:49.57	371	2:47.65	98%	

, 29. - 31.5.2024

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	, 2010 (14 ),						2
400m		31.	4:41.45	428	4:40.73	99%	
100m		4.	<b>1:01.60</b>	482	1:02.37	103%	
200m		8.	<b>2:19.37</b>	486	2:21.20	103%	
	, 2010 (14 ),						2
400m		86.	4:54.90	372	4:51.47	98%	
100m		10.	<b>1:04.10</b>	428	1:05.79	105%	
200m		75.	<b>2:34.02</b>	360	2:34.41	101%	
	, 2010 (14 ),						3
400m		40.	<b>4:43.35</b>	420	4:47.34	103%	
100m		3.	<b>1:01.17</b>	493	1:02.00	103%	
200m		15.	<b>2:22.47</b>	455	2:25.11	104%	
	, 2011 (13 ),						1
400m		20.	4:58.98	463	4:57.41	99%	
100m			1:17.77	515	1:17.17	98%	
200m		16.	<b>2:35.47</b>	481	2:35.78	100%	
	, 2011 (13 ),						1
100m				-	1:07.49	-	
400m		54.	5:11.71	408	5:08.16	98%	
200m		100.	<b>2:52.14</b>	354	2:53.06	101%	
	, 2010 (14 ),						2
400m		130.	<b>5:05.78</b>	334	5:11.54	104%	
100m				-	1:18.86	-	
200m		94.	<b>2:37.38</b>	338	2:42.30	106%	
	, 2011 (13 ),						3
400m		68.	<b>5:17.34</b>	387	5:21.70	103%	
100m		8.	<b>1:09.88</b>	484	1:09.93	100%	
200m		35.	<b>2:40.43</b>	438	2:41.48	101%	
							17
	, 2012 (12 ),						2
100m				-	1:11.43	-	
400m		50.	<b>5:10.60</b>	412	5:16.95	104%	
200m		85.	<b>2:50.17</b>	367	2:51.60	102%	
	, 2010 (14 ),						-
100m				-	56.28	-	
400m		24.	4:39.22	439	4:35.56	97%	
200m		37.	2:28.61	401	2:26.07	97%	
	, 2012 (12 ),						-
400m		66.	5:17.24	387	5:12.74	97%	
100m			1:20.62	462	1:20.48	100%	
200m		41.	2:41.42	430	2:37.03	95%	
	, 2010 (14 ),						-
100m				-	1:01.10	-	
400m		78.	4:53.28	379	4:50.45	98%	
	, 2010 (14 ),						-
400m		62.	4:50.91	388	4:39.55	92%	
100m				-	1:16.99	-	
200m		48.	2:30.05	390	2:27.07	96%	
	, 2011 (13 ),						2
400m		74.	<b>5:19.44</b>	379	5:20.36	101%	
100m		14.	1:13.81	392	1:13.26	99%	
200m		57.	<b>2:45.29</b>	400	2:46.21	101%	
	, 2010 (14 ),						1
400m		66.	4:51.27	386	4:49.08	99%	
100m		22.	1:08.81	346	1:07.68	97%	
200m		51.	<b>2:30.31</b>	387	2:30.54	100%	
	, 2012 (12 ),						2
100m				-	1:08.16	-	
400m		47.	<b>5:09.90</b>	415	5:21.42	108%	
200m		63.	<b>2:45.70</b>	397	2:47.40	102%	
	, 2012 (12 ),						1
100m				-	1:08.40	-	
400m		62.	<b>5:14.32</b>	398	5:15.16	101%	
200m		93.	2:51.16	360	2:51.08	100%	
	, 2010 (14 ),						-
100m				-	1:01.11	-	
400m		97.	4:58.39	359	4:48.25	93%	
200m		72.	2:33.47	364	2:32.15	98%	
	, 2011 (13 ),						2
400m		21.	<b>4:59.81</b>	459	5:00.52	100%	
100m		18.	1:17.47	339	1:14.84	93%	
200m		39.	<b>2:41.06</b>	433	2:41.53	101%	
	, 2011 (13 ),						-
400m		76.	5:20.16	377	5:15.00	97%	
100m			1:22.52	431	1:21.90	99%	
200m		31.	2:40.08	441	2:39.00	99%	

, 29. - 31.5.2024

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	, 2010 (14 ),						-
400m	68.	4:52.04	383	4:51.04	99%		
100m	16.	1:05.96	393	1:05.26	98%		
200m	36.	2:28.34	403	2:28.00	100%		
	, 2010 (14 ),						2
400m	18.	<b>4:35.80</b>	455	4:36.00	100%		
100m	10.	<b>1:07.33</b>	357	1:07.50	101%		
200m	40.	2:28.96	398	2:28.50	99%		
	, 2012 (12 ),						2
400m	97.	<b>5:27.25</b>	353	5:28.72	101%		
100m	25.	1:21.42	292	1:20.44	98%		
200m	101.	<b>2:52.23</b>	354	2:52.24	100%		
	, 2011 (13 ),						1
400m	63.	5:16.47	390	5:12.90	98%		
100m	12.	1:12.00	443	1:11.34	98%		
200m	51.	<b>2:43.41</b>	414	2:44.44	101%		
	, 2010 (14 ),						-
100m			-	59.24	-		
400m	17.	4:35.12	459	4:31.41	97%		
200m	86.	2:36.14	346	2:33.34	96%		
	, 2010 (14 ),						-
400m	75.	4:53.03	380	4:50.50	98%		
100m			-	1:16.20	-		
200m	46.	2:29.60	393	2:29.00	99%		
	, 2010 (14 ),						-
400m	14.	4:32.52	472	4:32.06	100%		
100m	2.	1:00.52	509	1:00.00	98%		
200m	7.	2:18.80	492	2:17.73	98%		
	, 2011 (13 ),						2
400m	89.	5:23.67	364	5:19.00	97%		
100m	17.	<b>1:16.44</b>	353	1:16.50	100%		
200m	81.	<b>2:49.37</b>	372	2:50.15	101%		
							44
	, 2011 (13 ),						-
100m			-	1:01.00	-		
400m	147.	5:12.93	312	5:12.00	99%		
200m	108.	2:39.54	324	2:38.50	99%		
	, 2012 (12 ),						-
100m			-	1:10.00	-		
400m	90.	5:24.46	362	5:17.00	95%		
200m	131.	3:01.35	303	2:52.00	90%		
	, 2010 (14 ),						1
100m			-	1:01.00	-		
400m	36.	<b>4:42.02</b>	426	4:43.00	101%		
200m	57.	2:30.56	386	2:30.00	99%		
	, 2012 (12 ),						1
100m			-	1:05.00	-		
400m	144.	5:10.95	318	5:03.00	95%		
200m	132.	<b>2:43.49</b>	301	2:45.00	102%		
	, 2012 (12 ),						1
400m	65.	5:17.11	388	5:06.00	93%		
100m	10.	<b>1:12.83</b>	408	1:12.90	100%		
200m	82.	2:49.57	371	2:46.00	96%		
	, 2011 (13 ),						-
100m			-	1:09.00	-		
400m	77.	5:20.22	376	5:17.90	99%		
200m	104.	2:52.67	351	2:49.60	96%		
	, 2012 (12 ),						-
400m	104.	5:31.09	340	5:17.90	92%		
100m	29.	1:27.91	232	1:21.99	87%		
200m	96.	2:51.56	358	2:49.60	98%		
	, 2010 (14 ),						2
400m	89.	<b>4:55.23</b>	371	4:56.38	101%		
100m			-	1:13.64	-		
200m	27.	<b>2:26.65</b>	417	2:27.94	102%		
	, 2011 (13 ),						1
100m			-	1:05.50	-		
400m	41.	<b>5:07.47</b>	425	5:15.00	105%		
200m	76.	2:47.81	382	2:46.00	98%		
	, 2010 (14 ),						-
100m			-	59.95	-		
400m	131.	5:05.83	334	4:54.00	92%		
200m	125.	2:41.98	310	2:36.00	93%		

, 29. - 31.5.2024

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	, 2010 (14 ),						-
400m		146.	5:11.13	317	5:04.00	95%	
100m				-	1:15.00	-	
200m		79.	2:34.76	355	2:33.00	98%	
	, 2011 (13 ),						-
100m				-	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m		102.	2:52.35	353	2:47.00	94%	
	, 2010 (14 ),						1
400m		105.	4:59.61	355	4:58.00	99%	
100m				-	1:18.00	-	
200m		81.	<b>2:34.91</b>	354	2:38.35	104%	
	, 2012 (12 ),						1
400m		103.	5:30.30	343	5:26.00	97%	
100m		32.	1:19.01	335	1:18.50	99%	
200m		86.	<b>2:50.18</b>	367	2:54.00	105%	
	, 2010 (14 ),						-
100m				-	1:00.00	-	
400m		64.	4:51.10	387	4:44.22	95%	
200m		78.	2:34.27	358	2:30.55	95%	
	, 2011 (13 ),						-
400m		96.	4:58.10	360	4:58.00	100%	
100m		17.	1:10.87	306	1:10.00	98%	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12 ),						1
400m		140.	<b>5:56.43</b>	273	6:00.00	102%	
100m		42.	1:23.83	280	1:22.00	96%	
200m		148.	3:23.13	215	3:14.00	91%	
	, 2010 (14 ),						2
400m		19.	<b>4:35.84</b>	455	4:41.90	104%	
100m		4.	<b>1:05.51</b>	387	1:06.90	104%	
200m		43.	2:29.07	397	2:28.50	99%	
	, 2011 (13 ),						1
400m		72.	5:18.21	384	5:06.76	93%	
100m			1:17.53	520	1:16.54	97%	
200m		17.	<b>2:35.71</b>	479	2:36.17	101%	
	, 2011 (13 ),						-
400m		79.	4:53.46	378	4:53.00	100%	
100m		31.	1:13.64	282	1:09.00	88%	
200m		138.	2:44.35	296	2:42.00	97%	
	, 2012 (12 ),						1
400m		126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	-	
200m		119.	<b>2:56.27</b>	330	2:58.00	102%	
	, 2012 (12 ),						2
400m		92.	<b>5:25.53</b>	358	5:31.00	103%	
100m		30.	1:17.98	348	1:17.50	99%	
200m		97.	<b>2:51.90</b>	356	2:57.00	106%	
	, 2012 (12 ),						2
400m		137.	<b>5:53.39</b>	280	6:09.00	109%	
100m				-	1:35.00	-	
200m		128.	<b>3:00.38</b>	308	3:03.74	104%	
	, 2010 (14 ),						-
400m		133.	5:05.92	333	4:52.00	91%	
100m		24.	1:15.84	250	1:10.00	85%	
200m		151.	2:53.07	254	2:45.00	91%	
	, 2012 (12 ),						2
100m				-	1:05.00	-	
400m		18.	<b>4:58.44</b>	465	5:05.50	105%	
200m		29.	<b>2:39.91</b>	442	2:40.14	100%	
	, 2010 (14 ),						-
400m		156.	5:25.52	277	5:20.00	97%	
100m		29.	1:12.22	299	1:09.00	91%	
200m		146.	2:47.48	280	2:41.00	92%	
	, 2011 (13 ),						1
400m		86.	5:21.67	371	5:14.45	96%	
100m			1:23.86	411	1:23.21	98%	
200m		46.	<b>2:43.02</b>	417	2:43.34	100%	
	, 2011 (13 ),						-
400m		135.	5:52.65	282	5:25.00	85%	
100m			1:27.47	362	1:23.00	90%	
200m		114.	2:54.33	341	2:50.00	95%	
	, 2011 (13 ),						2
400m		128.	5:46.63	297	5:30.00	91%	
100m		26.	<b>1:16.59</b>	368	1:17.00	101%	
200m		106.	<b>2:52.99</b>	349	2:53.00	100%	

, 29. - 31.5.2024

						-
100m						-
400m	92.	4:56.39	367	4:50.00	96%	-
200m	85.	2:35.94	347	2:35.29	99%	3
						-
400m	55.	<b>5:11.97</b>	407	5:19.78	105%	3
100m	8.	<b>1:11.21</b>	437	1:11.45	101%	-
200m	24.	<b>2:38.13</b>	457	2:41.12	104%	-
						-
400m	58.	5:13.29	402	5:10.00	98%	-
100m	29.	1:17.76	351	1:16.00	96%	-
200m	108.	2:53.32	347	2:50.00	96%	-
						1
400m	145.	6:18.95	227	6:02.00	91%	1
100m			-	1:29.00	-	-
200m	139.	<b>3:07.24</b>	275	3:10.00	103%	-
						-
400m	118.	5:02.37	345	4:56.00	96%	-
100m	25.	1:10.17	326	1:08.00	94%	-
200m	130.	2:42.95	304	2:42.00	99%	-
						1
400m	22.	5:00.79	454	4:55.76	97%	1
100m	6.	1:10.28	454	1:10.23	100%	-
200m	11.	<b>2:33.98</b>	495	2:35.69	102%	-
						3
400m	101.	<b>5:29.00</b>	347	5:30.00	101%	-
100m	15.	<b>1:15.27</b>	370	1:17.00	105%	-
200m	94.	<b>2:51.18</b>	360	2:53.00	102%	-
						1
400m	94.	<b>4:56.78</b>	365	5:00.00	102%	1
100m			-	1:10.50	-	-
200m	61.	2:31.15	381	2:26.50	94%	-
						1
100m			-	1:08.00	-	-
400m	70.	<b>5:18.02</b>	384	5:24.00	104%	-
200m	75.	2:47.79	383	2:47.00	99%	-
						2
400m	122.	<b>5:42.96</b>	306	5:43.00	100%	-
100m			-	1:28.79	-	-
200m	113.	<b>2:54.20</b>	342	2:59.00	106%	-
						2
100m			-	1:08.00	-	-
400m	94.	<b>5:26.73</b>	354	5:35.00	105%	-
200m	78.	<b>2:48.29</b>	379	2:53.00	106%	-
						1
400m	109.	<b>5:32.34</b>	337	5:36.00	102%	-
100m	27.	1:23.90	267	1:22.50	97%	-
200m	135.	3:02.68	296	2:58.00	95%	-
						-
400m	128.	5:04.94	337	4:55.00	94%	-
100m	30.	1:12.83	292	1:09.00	90%	-
200m	121.	2:41.65	311	2:35.00	92%	-
						3
400m	88.	<b>4:54.94</b>	372	5:00.00	103%	-
100m	13.	<b>1:04.27</b>	425	1:05.50	104%	-
200m	25.	<b>2:26.50</b>	419	2:27.00	101%	-
						1
100m			-	1:05.90	-	-
400m	61.	5:14.16	399	5:14.00	100%	-
200m	49.	<b>2:43.23</b>	416	2:46.00	103%	-
						1
400m	23.	5:00.84	454	5:00.76	100%	-
100m		1:16.72	537	1:15.60	97%	-
200m	6.	<b>2:31.56</b>	519	2:34.33	104%	-
						2
400m	151.	<b>5:17.63</b>	298	5:20.00	101%	-
100m	21.	1:12.54	285	1:11.00	96%	-
200m	126.	<b>2:42.08</b>	309	2:44.00	102%	-
						31
						2
100m			-	55.22	-	-
400m	6.	<b>4:26.99</b>	502	4:32.45	104%	-
200m	14.	<b>2:22.46</b>	455	2:25.42	104%	-

, 29. - 31.5.2024

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	, 2011 (13 ),						1
400m		83.	5:21.23	373	5:12.00	94%	
100m			1:23.59	415	1:22.72	98%	
200m		55.	<b>2:44.75</b>	404	2:47.38	103%	
	, 2012 (12 ),						1
400m		52.	5:11.42	409	5:11.20	100%	
100m		21.	<b>1:18.74</b>	323	1:19.71	102%	
200m		66.	2:46.30	393	2:45.10	99%	
	, 2010 (14 ),						2
400m		21.	<b>4:38.39</b>	443	4:43.78	104%	
100m			-	-	1:15.65	-	
200m		31.	<b>2:27.12</b>	413	2:27.24	100%	
	, 2011 (13 ),						2
400m		107.	<b>5:00.11</b>	353	5:02.18	101%	
100m		37.	<b>1:14.86</b>	269	1:14.97	100%	
200m		136.	2:44.26	297	2:38.82	93%	
	, 2011 (13 ),						1
100m				-	1:05.00	-	
400m		56.	5:13.06	403	5:10.00	98%	
200m		67.	<b>2:46.32</b>	393	2:48.00	102%	
	, 2010 (14 ),						2
400m		3.	4:17.49	560	4:10.30	94%	
100m		5.	<b>1:01.83</b>	477	1:02.52	102%	
200m		10.	<b>2:20.18</b>	478	2:22.10	103%	
	, 2010 (14 ),						2
100m				-	1:04.00	-	
400m		65.	<b>4:51.20</b>	387	4:53.44	102%	
200m		90.	<b>2:36.52</b>	343	2:39.02	103%	
	, 2010 (14 ),						2
400m		1.	<b>4:08.68</b>	621	4:09.73	101%	
100m				-	1:05.00	-	
200m		1.	<b>2:07.95</b>	629	2:13.50	109%	
	, 2012 (12 ),						1
400m		59.	5:13.52	401	5:10.78	98%	
100m		16.	1:14.41	401	1:14.00	99%	
200m		59.	<b>2:45.50</b>	399	2:47.46	102%	
	, 2011 (13 ),						-
400m		138.	5:06.74	331	5:02.39	97%	
100m		32.	1:13.68	282	1:13.50	100%	
200m		122.	2:41.73	311	2:40.24	98%	
	, 2011 (13 ),						2
100m				-	1:11.46	-	
400m		32.	<b>5:04.87</b>	436	5:12.37	105%	
200m		90.	<b>2:51.00</b>	361	2:52.37	102%	
	, 2011 (13 ),						3
400m		11.	<b>4:53.33</b>	490	4:55.57	102%	
100m		3.	<b>1:09.99</b>	460	1:12.97	109%	
200m		7.	<b>2:32.60</b>	509	2:33.78	102%	
	, 2011 (13 ),						3
400m		53.	<b>5:11.69</b>	408	5:24.16	108%	
100m		19.	<b>1:14.91</b>	393	1:15.63	102%	
200m		42.	<b>2:41.71</b>	427	2:45.16	104%	
	, 2010 (14 ),						1
400m		80.	4:53.47	378	4:53.24	100%	
100m		14.	<b>1:08.76</b>	335	1:09.17	101%	
	, 2010 (14 ),						2
100m				-	1:02.18	-	
400m		61.	<b>4:50.80</b>	388	5:00.24	107%	
200m		93.	<b>2:37.15</b>	339	2:41.49	106%	
	, 2011 (13 ),						-
400m		106.	5:31.72	339	5:18.20	92%	
100m		16.	1:15.75	363	1:15.73	100%	
200m		68.	2:46.53	391	2:40.40	93%	
	, 2010 (14 ),						1
100m				-	1:00.20	-	
400m		37.	<b>4:42.97</b>	422	4:46.76	103%	
200m		63.	2:31.60	378	2:29.33	97%	
	, 2011 (13 ),						1
100m				-	1:05.89	-	
400m		64.	<b>5:17.06</b>	388	5:20.16	102%	
200m		105.	2:52.88	350	2:51.94	99%	
	, 2011 (13 ),						2
400m		48.	<b>5:10.11</b>	414	5:12.44	102%	
100m		24.	1:16.16	374	1:15.06	97%	
200m		53.	<b>2:44.12</b>	409	2:46.53	103%	

Splash Meet Manager, 11.79083	Registered to Belarus Swimming Federation	31.05.2024 10:54 -	7
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, 29. - 31.5.2024

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	, 2011 (13 ),						2
400m		120.	<b>5:02.84</b>	344	5:06.52	102%	
100m				-	1:20.24	-	
200m		97.	<b>2:37.63</b>	336	2:41.51	105%	
	, 2011 (13 ),						-
400m		60.	5:13.71	400	5:11.05	98%	
100m		13.	1:13.77	393	1:11.42	94%	
200m		68.	2:46.53	391	2:44.78	98%	
	, 2011 (13 ),						1
100m				-	1:00.75	26.04.2024	-
400m		102.	4:58.95	357	4:55.91	25.04.2024	98%
200m		68.	<b>2:32.62</b>	370	2:35.06	24.04.2024	103%
	, 2010 (14 ),						1
400m		50.	4:47.03	404	4:45.58	99%	
100m				-	1:07.57	-	
200m		19.	<b>2:23.66</b>	444	2:23.78	100%	
	, 2010 (14 ),						-
100m				-	1:02.09	-	
400m		63.	4:51.06	387	4:40.19	93%	
200m		95.	2:37.40	337	2:35.73	98%	
	, 2012 (12 ),						-
100m				-	1:06.45	-	
400m		73.	5:18.55	382	5:15.39	98%	
200m		90.	2:51.00	361	2:50.71	100%	
	, 2011 (13 ),						1
100m				-	1:00.60	-	
400m		91.	4:55.75	369	4:52.60	98%	
200m		115.	<b>2:40.90</b>	316	2:44.00	104%	
	, 2011 (13 ),						2
100m				-	1:05.45	26.04.2024	-
400m		9.	<b>4:52.11</b>	496	4:58.56	24.04.2024	104%
200m		44.	<b>2:42.25</b>	423	2:44.93	25.04.2024	103%
	, 2012 (12 ),						-
400m		155.	5:24.45	279	5:10.60	25.04.2024	92%
100m				-	1:22.81	26.04.2024	-
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%
	, 2010 (14 ),						1
400m		137.	<b>5:06.69</b>	331	5:15.13	25.04.2024	106%
100m				-	1:20.61	28.03.2024	-
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%
	, 2011 (13 ),						1
400m		113.	5:35.23	328	5:24.88	94%	
100m			1:23.08	422	1:21.65	97%	
200m		79.	<b>2:48.69</b>	376	2:52.72	105%	
	, 2010 (14 ),						2
400m		33.	<b>4:41.84</b>	427	4:48.82	105%	
100m				-	1:17.47	-	
200m		29.	<b>2:26.83</b>	416	2:32.09	107%	
	, 2010 (14 ),						2
400m		60.	<b>4:50.43</b>	390	4:52.60	101%	
100m		15.	<b>1:04.96</b>	411	1:12.58	125%	
200m		69.	2:32.69	370	2:27.60	93%	
	, 2012 (12 ),						2
100m				-	1:04.40	28.03.2024	-
400m		57.	<b>4:48.75</b>	397	4:55.47	25.04.2024	105%
200m		102.	<b>2:38.56</b>	330	2:41.13	24.04.2024	103%
	, 2010 (14 ),						2
400m		9.	4:28.37	494	4:26.36	99%	
100m		1.	<b>1:00.59</b>	490	1:01.56	103%	
200m		3.	<b>2:15.53</b>	529	2:16.53	101%	
	, 2011 (13 ),						2
400m		85.	5:21.42	372	5:19.67	99%	
100m		2.	<b>1:09.92</b>	461	1:12.01	106%	
200m		22.	<b>2:37.58</b>	462	2:38.51	101%	
	, 2010 (14 ),						-
400m		54.	4:47.64	401	4:47.50	100%	
100m				-	1:12.80	-	
200m		22.	2:25.16	430	2:22.60	97%	
	, 2011 (13 ),						1
400m		87.	5:22.95	367	5:22.80	100%	
100m		3.	1:07.84	529	1:06.89	97%	
200m		28.	<b>2:39.45</b>	446	2:41.50	103%	
	, 2012 (12 ),						-
100m				-	1:03.95	26.04.2024	-
400m		26.	5:03.12	444	4:55.54	24.04.2024	95%
200m		52.	2:43.63	413	2:42.67	99%	



, 29. - 31.5.2024

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								3
400m	139.	5:56.27	273	6:03.97	24.04.2024	104%		
100m	41.	1:22.62	293	1:24.14		104%		
200m	137.	3:03.86	291	3:10.66	25.04.2024	108%		
								1
100m			-	1:06.87		-		
400m	49.	5:10.15	414	5:17.13		105%		
200m	47.	2:43.13	416	2:41.97		99%		
								2
100m			-	1:04.58		-		
400m	109.	5:00.25	353	5:01.18	25.04.2024	101%		
200m	117.	2:41.17	314	2:41.79	24.04.2024	101%		
								1
400m	91.	5:24.93	360	5:22.81		99%		
100m	20.	1:15.08	390	1:12.56		93%		
200m	95.	2:51.42	359	2:53.69		103%		
								-
400m	153.	5:22.37	285	5:13.38		95%		
100m			-	1:28.91		-		
200m	149.	2:49.23	271	2:44.49		94%		
								2
400m	24.	5:01.70	450	5:03.35		101%		
100m	10.	1:10.48	472	1:07.74		92%		
200m	27.	2:39.03	449	2:39.68		101%		
								1
400m	138.	5:54.90	276	5:54.14	24.04.2024	100%		
100m	35.	1:20.09	321	1:21.59	26.04.2024	104%		
200m	141.	3:08.18	271	3:02.87	25.04.2024	94%		
								1
100m			-	54.12		-		
400m	2.	4:15.42	573	4:15.65		100%		
200m	2.	2:12.89	561	2:12.78		100%		
								1
400m	42.	4:44.29	416	4:42.10	25.04.2024	98%		
100m			-	1:09.79	26.04.2024	-		
200m	13.	2:21.78	462	2:23.12	24.04.2024	102%		
								2
400m	108.	5:32.14	337	5:39.66		105%		
100m			-	1:34.94		-		
200m	120.	2:56.42	329	2:56.62		100%		
								2
400m	105.	5:31.45	339	5:32.47		101%		
100m			-	1:25.17		-		
200m	98.	2:52.03	355	2:55.64		104%		
								1
400m	112.	5:35.22	328	5:29.56	24.04.2024	97%		
100m	40.	1:22.43	295	1:22.25	26.04.2024	100%		
200m	128.	3:00.38	308	3:05.11	25.04.2024	105%		
								-
400m	71.	5:18.19	384	5:14.84	23.11.2023	98%		
100m		1:24.73	398	1:22.53	23.11.2023	95%		
200m	61.	2:45.55	398	2:43.30	25.04.2024	97%		
								1
400m	84.	5:21.41	372	5:21.05	24.04.2024	100%		
100m	25.	1:16.25	373	1:15.63	26.04.2024	98%		
200m	58.	2:45.49	399	2:45.78	25.04.2024	100%		
								3
400m	28.	5:04.52	438	5:12.89	24.04.2024	106%		
100m	11.	1:13.03	405	1:13.60	26.04.2024	102%		
200m	65.	2:45.80	397	2:49.88	25.04.2024	105%		
								2
100m			-	1:02.55		-		
400m	52.	4:47.24	403	4:49.66		102%		
200m	84.	2:35.53	350	2:38.32		104%		
								-
100m			-	1:03.13	26.04.2024	-		
400m	16.	4:57.81	468	4:54.75	27.03.2024	98%		
200m	32.	2:40.13	440	2:39.16	25.04.2024	99%		
								2
400m	98.	5:28.19	350	5:30.94		102%		
100m	23.	1:15.89	378	1:15.24		98%		
200m	73.	2:47.68	383	2:51.65		105%		
								1
400m	44.	5:08.56	421	5:16.23		105%		
100m		1:25.58	386	1:22.27		92%		
200m	38.	2:40.99	433	2:40.76		100%		

Splash Meet Manager, 11.79083	Registered to Belarus Swimming Federation	31.05.2024 10:54 -	10
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, 29. - 31.5.2024

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	, 2010 (14 ),						1
400m		132.	5:05.85	334	5:04.79	99%	
100m				-	1:14.56	-	
200m		77.	<b>2:34.13</b>	359	2:34.88	101%	
	, 2010 (14 ),						1
100m				-	1:04.13	-	
400m		121.	5:03.26	342	4:53.89	94%	
200m		124.	<b>2:41.80</b>	311	2:42.26	101%	
	, 2011 (13 ),						1
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%
100m		26.	<b>1:10.87</b>	317	1:11.34	26.04.2024	101%
200m		111.	2:40.43	319	2:39.42	24.04.2024	99%
	, 2013 (11 ),						2
400m		144.	<b>6:15.17</b>	234	6:23.56	24.04.2024	105%
100m				-	1:38.18	26.04.2024	-
200m		147.	<b>3:16.00</b>	240	3:46.50	06.12.2023	134%
	, 2011 (13 ),						2
100m				-	1:06.34		-
400m		117.	<b>5:02.29</b>	346	5:06.72		103%
200m		123.	<b>2:41.79</b>	311	2:43.15		102%
	, 2011 (13 ),						2
100m				-	1:06.69	07.12.2023	-
400m		136.	<b>5:06.37</b>	332	5:15.49	27.03.2024	106%
200m		129.	<b>2:42.90</b>	304	2:50.21	24.04.2024	109%
	, 2010 (14 ),						2
400m		23.	<b>4:38.83</b>	441	4:40.20	25.04.2024	101%
100m		2.	<b>1:02.29</b>	451	1:03.07	26.04.2024	103%
	, 2011 (13 ),						1
100m				-	1:00.12		-
400m		25.	<b>4:39.41</b>	438	4:43.97		103%
	, 2011 (13 ),						3
400m		150.	<b>5:15.84</b>	303	5:17.90	25.04.2024	101%
100m		35.	<b>1:14.67</b>	271	1:15.34	26.04.2024	102%
200m		142.	<b>2:45.74</b>	289	2:48.64	24.04.2024	104%
	, 2010 (14 ),						1
400m		83.	<b>4:54.17</b>	375	5:11.10	23.11.2023	112%
100m		23.	1:13.32	276	1:10.36		92%
200m		80.	2:34.81	355	NT		-
	, 2010 (14 ),						-
100m				-	59.62	26.04.2024	-
400m		49.	4:46.80	405	4:37.90	25.04.2024	94%
200m		33.	2:27.57	410	2:27.45	24.04.2024	100%
	, 2012 (12 ),						1
400m		110.	5:34.37	331	5:26.57		95%
100m		24.	1:21.23	294	1:20.12		97%
200m		109.	<b>2:53.67</b>	345	2:54.00		100%
	, 2011 (13 ),						1
100m				-	1:00.03		-
400m		33.	<b>4:41.84</b>	427	4:42.88		101%
200m		83.	2:35.11	353	2:33.34		98%
	, 2011 (13 ),						1
100m				-	59.14		-
400m		8.	4:52.02	496	4:49.86		99%
200m		3.	<b>2:28.25</b>	555	2:29.93		102%
	, 2012 (12 ),						3
400m		118.	<b>5:39.24</b>	316	5:47.72	24.04.2024	105%
100m		37.	<b>1:20.36</b>	318	1:21.52	26.04.2024	103%
200m		112.	<b>2:54.07</b>	343	3:01.82	25.04.2024	109%
	, 2011 (13 ),						2
400m		1.	<b>4:36.01</b>	588	4:40.15	24.04.2024	103%
100m		1.	1:05.39	591	1:05.31	26.04.2024	100%
200m		5.	<b>2:29.68</b>	539	2:31.57	25.04.2024	103%
	, 2011 (13 ),						1
400m		110.	<b>5:00.43</b>	352	5:00.56		100%
100m		19.	1:11.61	297	1:10.64		97%
200m		109.	2:39.77	323	2:39.17		99%
	, 2010 (14 ),						2
400m		106.	<b>4:59.83</b>	354	5:03.85		103%
100m		28.	1:11.41	310	1:09.98		96%
200m		92.	<b>2:36.85</b>	341	2:39.94		104%
	, 2010 (14 ),						2
100m				-	58.78		-
400m		13.	<b>4:31.82</b>	476	4:47.67		112%
200m		32.	<b>2:27.18</b>	413	2:33.74		109%

, 29. - 31.5.2024

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	, 2011 (13 ),							2
400m		79.	<b>5:20.72</b>	375	5:29.96	27.03.2024	106%	
100m				-	1:27.32	26.04.2024	-	
200m		72.	<b>2:47.57</b>	384	2:52.36	25.04.2024	106%	
	, 2011 (13 ),							-
400m		141.	5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m		98.	2:37.73	335	2:37.55		100%	
	, 2011 (13 ),							-
400m		112.	5:01.05	350	4:46.21		90%	
100m		23.	1:09.11	342	1:08.42		98%	
	, 2011 (13 ),							2
100m				-	1:05.35	26.04.2024	-	
400m		101.	<b>4:58.80</b>	358	4:59.54	25.04.2024	100%	
200m		135.	<b>2:44.12</b>	298	2:48.84	24.04.2024	106%	
	, 2010 (14 ),							1
400m		28.	<b>4:40.52</b>	433	4:43.30		102%	
100m				-	1:13.19		-	
200m		23.	2:25.38	428	2:22.59		96%	
	, 2011 (13 ),							2
400m		124.	<b>5:44.02</b>	303	5:55.78		107%	
100m				-	1:24.03		-	
200m		87.	<b>2:50.38</b>	365	2:57.06		108%	
	, 2012 (12 ),							2
400m		38.	5:05.99	431	5:00.22		96%	
100m		15.	<b>1:13.80</b>	411	1:13.94		100%	
200m		37.	<b>2:40.97</b>	433	2:41.99		101%	
	, 2013 (11 ),							2
400m		96.	<b>5:27.19</b>	353	5:30.42	27.03.2024	102%	
100m		36.	1:20.33	319	1:17.86	26.04.2024	94%	
200m		116.	<b>2:55.40</b>	335	2:59.30		104%	
	, 2011 (13 ),							2
400m		4.	4:40.74	559	4:37.71		98%	
100m		1.	<b>1:03.78</b>	608	1:04.81		103%	
200m		2.	<b>2:27.56</b>	563	2:27.89		100%	
	, 2010 (14 ),							1
100m				-	1:08.86	26.04.2024	-	
400m		159.	<b>5:30.87</b>	263	5:34.76	25.04.2024	102%	
200m		152.	2:57.84	234	2:37.96		79%	
	, 2010 (14 ),							2
400m		72.	<b>4:52.50</b>	382	4:52.68		100%	
100m				-	1:18.06		-	
200m		52.	<b>2:30.33</b>	387	2:31.09		101%	
	, 2010 (14 ),							1
100m				-	59.59		-	
200m		50.	<b>2:30.23</b>	388	2:32.95		104%	
	, 2011 (13 ),							-
100m				-	59.17	26.04.2024	-	
400m		5.	4:44.57	536	4:38.23	24.04.2024	96%	
200m		8.	2:33.20	503	2:31.66	25.04.2024	98%	
	, 2011 (13 ),							3
400m		2.	<b>4:38.68</b>	571	4:40.10	24.04.2024	101%	
100m			<b>1:12.09</b>	647	1:12.77	23.11.2023	102%	
200m		1.	<b>2:22.53</b>	624	2:24.20	25.04.2024	102%	
	, 2012 (12 ),							1
100m				-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m		118.	<b>2:55.96</b>	332	2:56.24	25.04.2024	100%	
	, 2011 (13 ),							-
100m				-	1:02.61	05.10.2023	-	
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
	, 2010 (14 ),							2
400m		158.	<b>5:30.09</b>	265	5:30.90	25.04.2024	100%	
100m		34.	<b>1:13.90</b>	279	1:13.92	26.04.2024	100%	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14 ),							2
400m		85.	4:54.88	372	4:48.30		96%	
100m		3.	<b>1:04.65</b>	403	1:05.77		103%	
200m		39.	<b>2:28.77</b>	400	2:30.91		103%	
	, 2011 (13 ),							2
100m				-	1:03.15		-	
400m		19.	<b>4:58.75</b>	464	5:01.84		102%	
200m		15.	<b>2:34.95</b>	486	2:36.98		103%	

, 29. - 31.5.2024

								3
400m	12.	4:54.60	483	4:56.36	24.04.2024	101%		
100m	7.	1:09.66	489	1:11.76	26.04.2024	106%		
200m	13.	2:34.85	487	2:37.06	25.04.2024	103%		
								2
400m	59.	4:49.29	394	4:55.83		105%		
100m	9.	1:06.99	362	1:06.88		100%		
200m	56.	2:30.47	386	2:34.49		105%		
								-
100m			-	1:00.40		-		
400m	32.	4:41.74	427	4:38.00		97%		
200m	106.	2:39.25	326	2:32.00		91%		
								2
400m	130.	5:48.45	292	5:49.10	24.04.2024	100%		
100m			-	1:31.39	28.03.2024	-		
200m	117.	2:55.50	334	3:00.67	25.04.2024	106%		
								-
100m			-	1:10.37		-		
400m	163.	5:43.56	235	5:31.52		93%		
200m	155.	3:05.76	205	3:03.37		97%		
								1
400m	35.	5:05.10	435	5:02.99		99%		
100m		1:23.67	414	1:22.25		97%		
200m	70.	2:46.69	390	2:47.42		101%		
								1
100m			-	1:11.00		-		
400m	102.	5:30.10	344	5:29.94		100%		
200m	80.	2:48.73	376	2:49.79		101%		
								1
400m	133.	5:50.71	286	6:01.10	24.04.2024	106%		
100m	20.	1:18.13	331	1:15.81	26.04.2024	94%		
200m	122.	2:57.87	321	2:57.50	25.04.2024	100%		
								-
400m	68.	4:52.04	383	4:50.19	25.04.2024	99%		
100m			-	1:18.29	06.10.2023	-		
200m	62.	2:31.24	380	2:29.25	24.04.2024	97%		
								-
100m	38.	1:19.18	227	1:16.04		92%		
200m	153.	3:00.95	222	2:48.79		87%		
								-
100m			-	1:01.60		-		
400m	119.	5:02.76	344	5:02.70		100%		
200m	100.	2:38.04	333	2:35.00		96%		
								2
100m			-	1:15.24		-		
400m	131.	5:49.82	289	6:01.03		107%		
200m	140.	3:07.59	274	3:11.37		104%		
								2
400m	33.	5:04.98	436	5:03.60		99%		
100m	4.	1:09.20	499	1:10.20		103%		
200m	43.	2:41.78	427	2:42.00		100%		
								1
400m	36.	5:05.26	435	5:03.43	24.04.2024	99%		
100m	11.	1:11.10	460	1:10.18	26.04.2024	97%		
200m	26.	2:38.81	451	2:42.57	25.04.2024	105%		
								-
400m	15.	4:32.87	470	4:31.67		99%		
100m	7.	1:03.15	448	1:02.45		98%		
								1
100m			-	59.64		-		
400m	30.	4:41.18	430	4:38.57		98%		
200m	54.	2:30.36	387	2:32.82		103%		
								2
100m			-	1:00.66		-		
400m	56.	4:47.79	401	5:00.36		109%		
200m	60.	2:31.10	381	2:33.70		103%		
								-
400m	48.	4:46.42	406	4:45.95	25.04.2024	100%		
100m			-	1:13.57	26.04.2024	-		
200m	42.	2:29.06	397	2:27.33	24.04.2024	98%		
								-
400m	44.	4:44.83	413	4:40.19	25.04.2024	97%		
100m	24.	1:09.38	338	1:07.31	26.04.2024	94%		
200m	30.	2:27.05	414	2:25.73	24.04.2024	98%		

, 29. - 31.5.2024

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								2
100m			-	1:06.33		-		
400m	40.	<b>5:06.89</b>	428	5:12.55		104%		
200m	59.	<b>2:45.50</b>	399	2:49.02		104%		
								-
400m	14.	4:55.45	479	4:51.11		97%		
100m	6.	1:09.45	493	1:08.96		99%		
200m	25.	2:38.14	457	2:34.65		96%		
								2
400m	115.	<b>5:01.95</b>	347	5:05.04		102%		
100m			-	1:16.06		-		
200m	49.	<b>2:30.09</b>	389	2:32.15		103%		
								1
400m	26.	4:39.54	437	4:36.97	25.04.2024	98%		
100m	20.	1:07.81	362	1:06.71	26.04.2024	97%		
200m	47.	<b>2:29.72</b>	392	2:31.30	24.04.2024	102%		
								2
400m	129.	<b>5:46.75</b>	296	5:54.58	24.04.2024	105%		
100m			-	1:35.68	26.04.2024	-		
200m	127.	<b>2:59.75</b>	311	3:02.58	25.04.2024	103%		
								2
400m	77.	<b>4:53.13</b>	379	4:56.26		102%		
100m	6.	<b>1:05.95</b>	380	1:06.63		102%		
200m	67.	2:32.53	371	2:31.67		99%		
								3
400m	117.	<b>5:38.28</b>	319	5:55.38		110%		
100m	38.	<b>1:20.50</b>	317	1:26.26		115%		
200m	134.	<b>3:02.49</b>	297	3:06.71		105%		
								2
100m			-	1:15.15		-		
400m	121.	<b>5:41.46</b>	310	5:54.03	24.04.2024	107%		
200m	136.	<b>3:03.53</b>	292	3:09.62	25.04.2024	107%		
								2
400m	22.	<b>4:38.72</b>	441	4:46.63		106%		
100m	8.	1:06.42	372	1:06.13		99%		
200m	21.	<b>2:25.04</b>	431	2:29.10		106%		
								1
400m	142.	<b>6:03.54</b>	257	6:05.68	27.03.2024	101%		
100m			-	1:34.62	28.03.2024	-		
200m	138.	3:05.03	285	3:04.05	25.04.2024	99%		
								3
400m	93.	<b>4:56.44</b>	367	5:05.89		106%		
100m	15.	<b>1:09.66</b>	322	1:11.00		104%		
200m	73.	<b>2:33.76</b>	362	2:42.86		112%		
								1
400m	90.	4:55.48	370	4:55.23	25.04.2024	100%		
100m	21.	<b>1:08.58</b>	349	1:09.85	26.04.2024	104%		
200m	65.	2:32.39	372	2:29.44	24.04.2024	96%		
								3
400m	143.	<b>6:08.41</b>	247	6:15.63		104%		
100m	28.	<b>1:25.38</b>	253	1:27.90		106%		
200m	125.	<b>2:58.09</b>	320	3:02.71		105%		
								1
100m			-	1:07.36	26.04.2024	-		
400m	129.	5:05.00	337	5:03.09	25.04.2024	99%		
200m	131.	<b>2:43.19</b>	303	2:43.68	24.04.2024	101%		
								28
								2
400m	11.	<b>4:30.41</b>	483	4:32.58		102%		
100m	8.	1:03.23	446	1:02.61		98%		
200m	34.	<b>2:28.18</b>	404	2:30.35		103%		
								-
400m	71.	4:52.10	383	4:46.20		96%		
100m			-	1:17.05		-		
200m	64.	2:31.85	376	2:29.55		97%		
								-
400m	17.	4:58.03	467	4:55.18		98%		
100m	22.	1:15.66	381	1:14.68		97%		
200m	45.	2:42.42	422	2:40.38		98%		
								-
400m	25.	5:02.37	447	4:56.03		96%		
100m	31.	1:18.36	343	1:14.95		91%		
200m	92.	2:51.03	361	2:47.54		96%		

, 29. - 31.5.2024

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	, 2012 (12 ),						2
400m	6.	<b>4:48.04</b>	517	4:52.60	103%		
100m	2.	<b>1:05.87</b>	578	1:08.29	107%		
200m	20.	2:37.44	463	2:35.61	98%		
	, 2010 (14 ),						-
400m	149.	5:15.19	305	5:07.65	95%		
100m	-	-	-	1:18.39	-		
200m	107.	2:39.51	324	2:37.36	97%		
	, 2011 (13 ),						-
400m	51.	5:11.10	410	5:03.43	95%		
100m	-	1:23.36	418	1:22.64	98%		
200m	48.	2:43.18	416	2:40.55	97%		
	, 2012 (12 ),						1
400m	113.	<b>5:01.32</b>	349	5:03.99	102%		
100m	22.	1:12.65	284	1:12.38	99%		
200m	119.	2:41.52	312	2:41.04	99%		
	, 2012 (12 ),						-
100m	-	-	-	1:04.60	-		
400m	135.	5:06.31	332	5:06.16	100%		
200m	137.	2:44.31	297	2:40.08	95%		
	, 2011 (13 ),						1
100m	-	-	-	1:04.92	-		
400m	45.	<b>5:08.76</b>	420	5:09.05	100%		
200m	74.	2:47.76	383	2:46.15	98%		
	, 2011 (13 ),						2
100m	-	-	-	1:06.09	-		
400m	37.	<b>5:05.59</b>	433	5:07.54	101%		
200m	50.	<b>2:43.35</b>	415	2:47.50	105%		
	, 2010 (14 ),						2
100m	-	-	-	58.40	-		
400m	81.	<b>4:53.49</b>	378	5:02.97	107%		
200m	76.	<b>2:34.04</b>	360	2:35.53	102%		
	, 2011 (13 ),						3
400m	81.	<b>5:21.18</b>	373	5:21.64	100%		
100m	21.	<b>1:15.36</b>	386	1:16.52	103%		
200m	110.	<b>2:53.74</b>	345	2:53.92	100%		
	, 2010 (14 ),						-
100m	-	-	-	1:04.14	-		
400m	140.	5:07.62	328	5:03.00	97%		
200m	134.	2:44.04	298	2:42.92	99%		
	, 2010 (14 ),						1
400m	47.	<b>4:46.08</b>	408	4:47.50	101%		
100m	5.	1:05.93	380	1:05.50	99%		
200m	71.	2:33.09	367	2:30.70	97%		
	, 2011 (13 ),						-
400m	34.	5:05.09	435	5:00.47	97%		
100m	27.	1:16.64	367	1:15.07	96%		
200m	64.	2:45.78	397	2:43.92	98%		
	, 2010 (14 ),						-
100m	-	-	-	1:05.23	-		
400m	108.	5:00.14	353	4:49.66	93%		
200m	150.	2:49.32	271	2:40.00	89%		
	, 2011 (13 ),						2
100m	-	-	-	1:05.75	-		
400m	31.	<b>5:04.59</b>	437	5:05.60	101%		
200m	77.	<b>2:47.91</b>	382	2:53.11	106%		
	, 2010 (14 ),						-
100m	-	-	-	58.71	-		
400m	16.	4:34.10	464	4:33.04	99%		
200m	20.	2:23.82	442	2:21.32	97%		
	, 2010 (14 ),						-
400m	122.	5:03.53	341	4:55.07	95%		
100m	-	-	-	1:20.35	-		
200m	133.	2:43.60	300	2:42.82	99%		
	- , 2012 (12 ),						1
400m	27.	<b>5:03.89</b>	440	5:10.25	104%		
100m	17.	1:14.42	401	1:14.03	99%		
200m	33.	2:40.33	439	2:40.09	100%		
	, 2010 (14 ),						-
400m	111.	5:00.98	350	4:58.35	98%		
100m	-	-	-	1:24.37	-		
200m	128.	2:42.83	305	2:38.43	95%		
	, 2010 (14 ),						2
400m	53.	<b>4:47.42</b>	402	4:48.68	101%		
100m	7.	1:06.29	374	1:05.20	97%		
200m	26.	<b>2:26.59</b>	418	2:29.33	104%		

, 29. - 31.5.2024

						2
, 2011 (13 ),						
400m	82.	5:21.20	373	5:11.48	94%	
100m	9.	<b>1:11.77</b>	427	1:12.72	103%	
200m	20.	<b>2:37.44</b>	463	2:39.93	103%	
, 2010 (14 ),						1
100m			-	56.14	-	
400m	20.	<b>4:37.84</b>	445	4:40.00	102%	
200m	17.	2:22.78	452	2:22.20	99%	
, 2010 (14 ),						3
400m	5.	<b>4:24.28</b>	518	4:27.15	102%	
100m	1.	<b>59.87</b>	526	1:01.00	104%	
200m	5.	<b>2:17.26</b>	509	2:18.68	102%	
, 2011 (13 ),						2
100m			-	1:01.69	-	
400m	86.	<b>4:54.90</b>	372	5:07.83	109%	
200m	113.	<b>2:40.51</b>	318	2:40.53	100%	
, 2011 (13 ),						1
400m	29.	5:04.54	438	5:00.70	97%	
100m	4.	<b>1:10.02</b>	459	1:10.86	102%	
200m	36.	2:40.75	435	2:38.82	98%	
						34
, 2011 (13 ),						1
400m	42.	<b>5:08.18</b>	422	5:12.96	103%	
100m	12.	1:13.71	394	1:11.54	94%	
200m	18.	2:36.66	470	2:35.00	98%	
, 2010 (14 ),						2
100m			-	59.85	-	
400m	74.	<b>4:52.74</b>	381	4:54.15	101%	
200m	82.	<b>2:35.08</b>	353	2:39.00	105%	
, 2012 (12 ),						1
400m	114.	<b>5:35.58</b>	327	5:39.26	102%	
100m	34.	1:19.72	326	1:19.35	99%	
200m	121.	2:57.28	324	2:56.07	99%	
, 2011 (13 ),						1
400m	103.	4:59.02	357	4:56.00	98%	
100m	18.	1:11.10	303	1:09.00	94%	
200m	118.	<b>2:41.28</b>	314	2:45.00	105%	
, 2011 (13 ),						-
100m			-	1:37.00	-	
, 2011 (13 ),						-
100m			-	1:18.00	-	
400m	147.	6:27.11	213	6:20.00	96%	
200m	143.	3:14.08	247	3:12.00	98%	
, 2012 (12 ),						-
100m			-	1:16.82	-	
400m	146.	6:21.28	223	6:09.89	94%	
200m	145.	3:14.79	244	3:10.65	96%	
, 2010 (14 ),						1
400m	125.	5:03.94	340	4:57.49	96%	
100m			-	1:14.00	-	
200m	45.	<b>2:29.45</b>	394	2:31.00	102%	
, 2010 (14 ),						1
400m	164.	<b>5:48.93</b>	225	5:59.00	106%	
100m			-	1:19.00	-	
, 2011 (13 ),						2
400m	104.	<b>4:59.22</b>	356	5:01.37	101%	
100m			-	1:20.70	-	
200m	88.	<b>2:36.48</b>	343	2:38.89	103%	
, 2010 (14 ),						1
100m			-	1:03.70	-	
400m	124.	<b>5:03.90</b>	340	5:05.00	101%	
200m	145.	2:47.42	280	2:45.00	97%	
, 2012 (12 ),						1
400m	123.	<b>5:43.84</b>	304	5:50.00	104%	
100m			-	1:27.00	-	
200m	124.	2:58.07	320	2:55.00	97%	
, 2011 (13 ),						1
400m	157.	5:28.67	269	5:14.00	91%	
100m	20.	1:12.30	288	1:11.00	96%	
200m	140.	<b>2:44.86</b>	294	2:45.18	100%	
, 2013 (11 ),						1
400m	141.	<b>6:01.09</b>	262	6:01.11	100%	
100m	30.	1:34.81	185	1:31.64	93%	
200m	146.	3:15.98	240	3:12.02	96%	



, 29. - 31.5.2024

							1
100m				-	55.90	-	
400m	7.	4:27.93	497	4:26.70	99%		
200m	4.	<b>2:17.05</b>	511	2:18.70	102%		
							1
400m	98.	4:58.53	359	4:56.47	99%		
100m	19.	1:07.50	367	1:07.50	100%		
200m	38.	<b>2:28.69</b>	400	2:31.87	104%		
							-
400m	149.	6:42.44	189	6:35.00	96%		
100m	43.	1:28.27	240	1:28.00	99%		
200m	142.	3:12.58	253	3:10.00	97%		
							-
100m			-	1:12.50	-		
400m	161.	5:40.86	241	5:34.00	96%		
200m	156.	3:08.02	198	3:03.00	95%		
							-
400m	162.	5:42.11	238	5:41.00	99%		
100m			-	1:27.00	-		
200m	154.	3:01.61	219	3:01.00	99%		
							2
100m			-	1:04.76	-		
400m	142.	<b>5:09.66</b>	322	5:10.89	101%		
200m	101.	<b>2:38.47</b>	331	2:39.21	101%		
							3
400m	93.	<b>5:26.72</b>	354	5:34.09	105%		
100m	13.	<b>1:12.56</b>	432	1:13.52	103%		
200m	107.	<b>2:53.12</b>	348	2:59.24	107%		
							2
100m			-	1:02.02	-		
400m	88.	<b>5:23.00</b>	367	5:40.00	111%		
200m	56.	<b>2:45.17</b>	401	2:48.00	103%		
							1
400m	127.	5:45.02	301	5:38.96	97%		
100m	39.	1:20.70	314	1:18.87	96%		
200m	126.	<b>2:59.05</b>	315	3:06.22	108%		
							2
400m	139.	<b>5:07.02</b>	330	5:09.00	101%		
100m	36.	<b>1:14.70</b>	270	1:15.85	103%		
200m	148.	2:48.08	277	2:46.85	99%		
							2
400m	115.	<b>5:35.94</b>	326	5:38.76	102%		
100m			-	1:24.51	-		
200m	89.	<b>2:50.72</b>	363	2:55.31	105%		
							1
400m	116.	5:36.39	325	5:30.00	96%		
100m			-	1:26.50	-		
200m	99.	<b>2:52.06</b>	355	2:55.00	103%		
							-
100m			-	1:04.70	-		
400m	148.	5:13.61	310	5:12.00	99%		
							2
400m	45.	<b>4:45.43</b>	411	4:47.00	101%		
100m	17.	<b>1:06.56</b>	382	1:08.00	104%		
200m	41.	2:28.99	398	2:28.00	99%		
							1
400m	152.	5:22.32	285	5:16.00	96%		
100m	25.	1:21.40	202	1:20.50	98%		
200m	143.	<b>2:46.56</b>	285	2:50.00	104%		
							1
400m	148.	<b>6:35.76</b>	199	6:40.58	102%		
100m			-	1:33.00	-		
200m	144.	3:14.78	244	3:10.00	95%		
							2
100m			-	1:04.01	-		
400m	67.	<b>4:51.62</b>	385	4:52.34	100%		
200m	105.	<b>2:38.77</b>	329	2:39.78	101%		