	-						
						%	PB
							-
							43
	, 2011 (13),						3
400m 100m		10. 7.	4:52.72 1:10.91	493 442	4:53.48 1:11.32	101% 101%	
200m		12.	2:34.58	489	2:35.20	101%	
	, 2011 (13),						:
400m		127.	5:04.73	337	5:08.05	102%	
200m	0040 (44	139.	2:44.58	295	2:48.88	105%	
400	, 2010 (14),	00	4 40 04	404	4 40 77	1000/	:
400m 100m		38.	4:43.04	421	4:46.77 1:10.23	103%	
200m		18.	2:23.54	445	2:25.50	103%	
	, 2010 (14),						;
400m		143.	5:09.77	321	5:03.12	96%	
100m 200m		13. 91.	1:08.52 2:36.69	339 342	1:09.93 2:40.19	104% 105%	
200111	, 2010 (14),	31.	2.30.03	342	2.40.13	10070	
100m	, 2010 (14),			<u>-</u>	57.36	_	,
400m		43.	4:44.69	414	4:59.79	111%	
200m		24.	2:25.51	427	2:31.28	108%	
400	, 2011 (13),	400					:
400m 100m		100.	5:28.91 1:14.80	347 395	5:27.33 1:14.81	99% 100%	
200m		54.	2:44.38	407	2:46.39	102%	
	, 2010 (14),						2
400m	, , , , , , , , , , , , , , , , , , , ,	76.	4:53.06	379	4:56.97	103%	
100m				-	1:14.87	-	
200m	, 2010 (14),	55.	2:30.38	387	2:34.33	105%	
400m	, 2010 (14),	55.	4:47.74	401	4:47.31	100%	
100m		11.	1:07.47	355	1:08.10	102%	
200m		66.	2:32.51	371	2:32.09	99%	
	, 2012 (12),						
400m		132.	5:49.98	288	5:44.42	97%	
100m 200m		19. 88.	1:17.92 2:50.40	333 365	1:21.94 2:59.66	111% 111%	
200111	, 2010 (14),	00.	2.00140	000	2.00.00	11170	
100m	, (-	58.01	=	
400m		51.	4:47.15	403	4:50.47	102%	
200m	2044 (42	70.	2:32.86	368	2:34.12	102%	
100	, 2011 (13),				4.02.24		:
100m 400m		3.	4:40.55	560	1:02.34 4:42.01	101%	
200m		10.	2:33.78	497	2:38.03	106%	
	, 2011 (13),						
400m		7.	4:48.49	515	4:51.80	102%	
100m 200m		5. 4.	1:10.10 2:28.91	458 548	1:11.90 2:33.50	105% 106%	
200111	, 2011 (13),	4.	2.20.91	J 4 0	2.33.30	10076	:
400m	, 2011 (10),	80.	5:20.92	374	5:21.89	101%	
100m		22.	1:19.31	316	1:19.46	100%	
200m		103.	2:52.47	352	2:51.06	98%	
400	, 2010 (14),				== 0.4		
100m 400m		123.	5:03.75	- 341	59.01 4:57.39	- 96%	
200m		35.	2:28.24	404	2:32.60	106%	
	, 2011 (13),						:
100m				-	1:09.62	-	
400m		78.	5:20.52	375	5:21.68	101%	
200m	, 2011 (13),	84.	2:49.95	368	2:52.65	103%	:
400m	, 2011 (13),	46.	4:45.51	410	4:49.60	103%	•
100m		το.	-110.01	-	1:13.73	-	
200m		44.	2:29.38	395	2:32.11	104%	
400	, 2011 (13),				= 0.4.05		
400m		99.	5:28.41	349	5:24.80	98%	
100m 200m		82.	2:49.57	371	1:27.21 2:47.65	98%	
-							

	0040 (4.4					4
400	, 2010 (14),	0.4	4 44 45	400	4 40 70	1
400m		31.	4:41.45	428	4:40.73	99%
100m 200m		8.	2:19.37	- 486	1:02.37	103%
200111	, 2010 (14),	0.	2.19.37	400	2:21.20	103%
400	, 2010 (14),	00	4.54.00	070	4.54 47	
400m 100m		86.	4:54.90	372	4:51.47 1:05.79	98% <u>-</u>
200m		75.	2:34.02	360	2:34.41	101%
200111	, 2010 (14),	73.	2.34.02	300	2.54.41	2
400m	, 2010 (14),	40.	4:43.35	420	4:47.34	103%
100m		40.	4.43.33	420	1:02.00	103%
200m		15.	2:22.47	455	2:25.11	104%
200111	, 2011 (13),	10.	2.22.77	100	2.20.11	1
400m	, 2011 (13),	20.	4:58.98	463	4:57.41	99%
100m		20.	4.30.90	403	1:17.17	99%
200m		16.	2:35.47	481	2:35.78	100%
200	, 2011 (13),				2.00.70	1
100m	, 2011 (10),			-	1:07.49	<u>.</u>
400m		54.	5:11.71	408	5:08.16	98%
200m		100.	2:52.14	354	2:53.06	101%
	, 2010 (14),					2
400m	, =0.0(),	130.	5:05.78	334	5:11.54	104%
100m		100.	0.00.70	-	1:18.86	-
200m		94.	2:37.38	338	2:42.30	106%
	, 2011 (13),					3
400m		68.	5:17.34	387	5:21.70	103%
100m			1:09.88	484	1:09.93	100%
200m		35.	2:40.43	438	2:41.48	101%
						17
	, 2012 (12),					2
100m	, 2012 (12),			-	1:11.43	
400m		50.	5:10.60	412	5:16.95	104%
200m		85.	2:50.17	367	2:51.60	102%
	, 2010 (14),					-
100m	, ==== (),			_	56.28	<u>-</u>
400m		24.	4:39.22	439	4:35.56	97%
200m		37.	2:28.61	401	2:26.07	97%
	, 2012 (12),					-
400m	, - (),	66.	5:17.24	387	5:12.74	97%
100m				-	1:20.48	-
200m		41.	2:41.42	430	2:37.03	95%
	, 2010 (14),					-
100m				-	1:01.10	-
400m		78.	4:53.28	379	4:50.45	98%
	, 2010 (14),					-
400m		62.	4:50.91	388	4:39.55	92%
100m				-	1:16.99	-
200m		48.	2:30.05	390	2:27.07	96%
	, 2011 (13),					2
400m		74.	5:19.44	379	5:20.36	101%
100m		14.	1:13.81	392	1:13.26	99%
200m	0040 (44	57.	2:45.29	400	2:46.21	101%
	, 2010 (14),					1
400m		66.	4:51.27	386	4:49.08	99%
100m				-	1:07.68	-
200m	0040 (40	51.	2:30.31	387	2:30.54	100%
	, 2012 (12),					2
100m				-	1:08.16	-
400m		47.	5:09.90	415	5:21.42	108%
200m	0040 (40	63.	2:45.70	397	2:47.40	102%
46-	, 2012 (12),				4.00 :-	1
100m		60	E:44 30	200	1:08.40	- 1019/
400m		62.	5:14.32 2:51.16	398	5:15.16 2:51.08	101%
200m	2010 (14	93.	2:51.16	360	2:51.08	100%
400	, 2010 (14),				1.04.44	-
100m		07	4.50.00	- 250	1:01.11	- 039/
400m 200m		97. 72.	4:58.39 2:33.47	359 364	4:48.25 2:32.15	93% 98%
200111	2044 (42	12.	2.33.41	304	2.32.10	
400	, 2011 (13),	04	4,50.01	450	F:00 F0	100%
400m 100m		21. 18.	4:59.81 1:17.47	459 339	5:00.52 1:14.84	100% 93%
200m		39.	2:41.06	433	2:41.53	101%
200111	, 2011 (13),	JJ.	4.41.00	400	۵۰۰۱ ۲۰۵	10176
400~	, 2011 (13),	76.	5:20.16	277	5:15 00	- 97%
400m		10.	5:20.16	377	5:15.00 1:21.00	91%
100m		31.	2:40.08	441	1:21.90 2:39.00	99%
200m						

400m	, 2010 (14),	60	4.50.04	202	4.54.04	000/	-
100m		68.	4:52.04	383	4:51.04 1:05.26	99% -	
200m		36.	2:28.34	403	2:28.00	100%	
	, 2010 (14),						2
400m 100m		18. 10.	4:35.80 1:07.33	455 357	4:36.00 1:07.50	100% 101%	
200m		40.	2:28.96	398	2:28.50	99%	
	, 2012 (12),						2
400m 100m		97. 25.	5:27.25 1:21.42	353 292	5:28.72 1:20.44	101% 98%	
200m		101.	2:52.23	354	2:52.24	100%	
	, 2011 (13),						1
400m		63.	5:16.47	390	5:12.90	98%	
100m 200m		51.	1:12.00 2:43.41	443 414	1:11.34 2:44.44	98% 101%	
	, 2010 (14),						-
100m				-	59.24	-	
400m 200m		17. 86.	4:35.12 2:36.14	459 346	4:31.41 2:33.34	97% 96%	
	, 2010 (14),						-
400m	, , ,	75.	4:53.03	380	4:50.50	98%	
100m 200m		46.	2:29.60	393	1:16.20 2:29.00	99%	
200111	, 2010 (14),	40.	2.23.00	333	2.29.00	3370	_
400m	, , , , , , , , , , , , , , , , , , , ,	14.	4:32.52	472	4:32.06	100%	
100m 200m		7.	2:18.80	492	1:00.00 2:17.73	- 98%	
200111	, 2011 (13),	7.	2.10.00	432	2.17.73	30 / 0	2
400m	, 2011 (10),	89.	5:23.67	364	5:19.00	97%	_
100m		17.	1:16.44	353	1:16.50	100%	
200m		81.	2:49.37	372	2:50.15	101%	
							43
	, 2011 (13),						-
100m		4.47	5:40.00	-	1:01.00	-	
400m 200m		147. 108.	5:12.93 2:39.54	312 324	5:12.00 2:38.50	99% 99%	
	, 2012 (12),						-
100m		00	5:04.40	-	1:10.00	-	
400m 200m		90. 131.	5:24.46 3:01.35	362 303	5:17.00 2:52.00	95% 90%	
200	, 2010 (14),		0.01.00	555	2.02.00	30,70	1
100m				-	1:01.00	-	
400m 200m		36. 57.	4:42.02 2:30.56	426 386	4:43.00 2:30.00	101% 99%	
	, 2012 (12),	• • •					1
100m	, , ,				1:05.00	-	
400m 200m		144. 132.	5:10.95 2:43.49	318 301	5:03.00 2:45.00	95% 102%	
200111	, 2012 (12),	102.	2.40.45	301	2.40.00	10270	1
400m		65.	5:17.11	388	5:06.00	93%	
100m 200m		10. 82.	1:12.83 2:49.57	408 371	1:12.90 2:46.00	100% 96%	
	, 2011 (13),	02 .	20.0,	J. 1		3370	-
100m	, , , , , , , , , , , , , , , , , , , ,			-	1:09.00	-	
400m 200m		77. 104.	5:20.22 2:52.67	376 351	5:17.90 2:49.60	99% 96%	
200111	, 2012 (12),	104.	2.32.07	331	2.49.00	9076	_
400m	, 2012 (12),	104.	5:31.09	340	5:17.90	92%	
100m		29.	1:27.91	232	1:21.99	87%	
200m	, 2010 (14),	96.	2:51.56	358	2:49.60	98%	2
400m	, 20.0 (1.1),	89.	4:55.23	371	4:56.38	101%	_
100m		07	2.26.65	- 417	1:13.64	4000/	
200m	, 2011 (13),	27.	2:26.65	417	2:27.94	102%	1
100m	, 2011 (13),			-	1:05.50	-	'
400m		41.	5:07.47	425	5:15.00	105%	
200m	, 2010 (14),	76.	2:47.81	382	2:46.00	98%	_
100m	, 2010 (17),			-	59.95	-	=
400m		131.	5:05.83	334	4:54.00	92%	
200m		125.	2:41.98	310	2:36.00	93%	

	, 2010 (14),						-
400m		146.	5:11.13	317	5:04.00	95%	
100m 200m		79.	2:34.76	355	1:15.00 2:33.00	- 98%	
200111	, 2011 (13),	79.	2.34.76	333	2.33.00	9070	_
100m	, 2011 (10),			_	1:05.00	-	
400m		43.	5:08.38	421	4:55.00	92%	
200m		102.	2:52.35	353	2:47.00	94%	
400	, 2010 (14),	40-	. == = .		4.50.00	2001	1
400m 100m		105.	4:59.61	355	4:58.00 1:18.00	99%	
200m		81.	2:34.91	354	2:38.35	104%	
	, 2012 (12),						1
400m		103.	5:30.30	343	5:26.00	97%	
100m 200m		86.	1:19.01 2:50.18	335 367	1:18.50 2:54.00	99% 105%	
200111	, 2010 (14),	00.	2.50.16	307	2.54.00	103%	_
100m	, 2010 (11),			-	1:00.00	-	
400m		64.	4:51.10	387	4:44.22	95%	
200m		78.	2:34.27	358	2:30.55	95%	
400	, 2011 (13),	00	4.50.40	200	4.50.00	4000/	-
400m 100m		96. 17.	4:58.10 1:10.87	360 306	4:58.00 1:10.00	100% 98%	
200m		127.	2:42.29	308	2:38.60	96%	
	, 2012 (12),						1
400m		140.	5:56.43	273	6:00.00	102%	
100m 200m		148.	1:23.83 3:23.13	280 215	1:22.00 3:14.00	96% 91%	
200111	, 2010 (14),	140.	3.23.13	213	3.14.00	3170	2
400m	, 2010 (14),	19.	4:35.84	455	4:41.90	104%	_
100m		4.	1:05.51	387	1:06.90	104%	
200m	0044 (40	43.	2:29.07	397	2:28.50	99%	
400m	, 2011 (13),	72.	5:18.21	384	5:06.76	93%	1
100m		12.	3.10.21	-	1:16.54	-	
200m		17.	2:35.71	479	2:36.17	101%	
	, 2011 (13),						-
400m		79.	4:53.46	378	4:53.00	100%	
100m 200m		138.	2:44.35	296	1:09.00 2:42.00	- 97%	
	, 2012 (12),						1
400m	, - (126.	5:44.55	302	5:40.00	97%	
100m				-	1:25.00	-	
200m	, 2012 (12),	119.	2:56.27	330	2:58.00	102%	2
400m	, 2012 (12),	92.	5:25.53	358	5:31.00	103%	_
100m			1:17.98	348	1:17.50	99%	
200m		97.	2:51.90	356	2:57.00	106%	
	, 2012 (12),						2
400m 100m		137.	5:53.39	280	6:09.00 1:35.00	109%	
200m		128.	3:00.38	308	3:03.74	104%	
	, 2010 (14),						-
400m		133.	5:05.92	333	4:52.00	91%	
100m 200m		24. 151.	1:15.84 2:53.07	250 254	1:10.00 2:45.00	85% 91%	
200111	, 2012 (12),	101.	2.00.07	201	2.10.00	3170	2
100m	, 2012 (12),			-	1:05.00	-	_
400m		18.	4:58.44	465	5:05.50	105%	
200m	2010 (14	29.	2:39.91	442	2:40.14	100%	
400m	, 2010 (14),	156.	5:25.52	277	5:20.00	97%	-
100m		100.	0.20.02		1:09.00	- -	
200m		146.	2:47.48	280	2:41.00	92%	
	, 2011 (13),						1
400m		86.	5:21.67	371	5:14.45	96%	
100m 200m		46.	2:43.02	417	1:23.21 2:43.34	100%	
	, 2011 (13),	•					-
400m		135.	5:52.65	282	5:25.00	85%	
100m		444	2.54.22	-	1:23.00	-	
200m	, 2011 (13),	114.	2:54.33	341	2:50.00	95%	2
400m	, 2011 (10),	128.	5:46.63	297	5:30.00	91%	_
100m			1:16.59	368	1:17.00	101%	
200m		106.	2:52.99	349	2:53.00	100%	

	, 2010 (14),						-
100m			. =	-	58.79	-	
400m		92.	4:56.39	367	4:50.00	96%	
200m	, 2011 (13),	85.	2:35.94	347	2:35.29	99%	3
400	, 2011 (13),	EE	E-44 07	407	F.10 70	1050/	3
400m 100m		55. 8.	5:11.97 1:11.21	407 437	5:19.78 1:11.45	105% 101%	
200m		24.	2:38.13	457	2:41.12	104%	
	, 2012 (12),						_
400m	, == (=),	58.	5:13.29	402	5:10.00	98%	
100m			1:17.76	351	1:16.00	96%	
200m		108.	2:53.32	347	2:50.00	96%	
	, 2013 (11),						1
400m		145.	6:18.95	227	6:02.00	91%	
100m		420	2.07.24	-	1:29.00	4020/	
200m	, 2010 (14),	139.	3:07.24	275	3:10.00	103%	
400m	, 2010 (14),	118.	5:02.37	345	4:56.00	96%	-
100m		110.	3.02.37	343	1:08.00	-	
200m		130.	2:42.95	304	2:42.00	99%	
	, 2011 (13),						1
400m	, , , , , , , , , , , , , , , , , , , ,	22.	5:00.79	454	4:55.76	97%	
100m		6.	1:10.28	454	1:10.23	100%	
200m	0040 (44	11.	2:33.98	495	2:35.69	102%	_
400	, 2013 (11),					4040/	3
400m		101. 15.	5:29.00 1:15.27	347 370	5:30.00 1:17.00	101% 105%	
100m 200m		94.	2:51.18	360	2:53.00	102%	
	, 2012 (12),						1
400m	, (/,	94.	4:56.78	365	5:00.00	102%	-
100m				-	1:10.50	-	
200m		61.	2:31.15	381	2:26.50	94%	
	, 2011 (13),						1
100m		70	E-40.00	-	1:08.00	4040/	
400m 200m		70. 75.	5:18.02 2:47.79	384 383	5:24.00 2:47.00	104% 99%	
20011	, 2013 (11),	70.	2.41.10	505	2.47.00	3370	2
400m	, =0.0 (),	122.	5:42.96	306	5:43.00	100%	_
100m				-	1:28.79	-	
200m		113.	2:54.20	342	2:59.00	106%	_
	, 2013 (11),						2
100m 400m		94.	5:26.73	- 354	1:08.00 5:35.00	- 105%	
200m		78.	2:48.29	379	2:53.00	106%	
200	, 2012 (12),			0.0	2.00.00	10070	1
400m	, == (=),	109.	5:32.34	337	5:36.00	102%	
100m		27.	1:23.90	267	1:22.50	97%	
200m		135.	3:02.68	296	2:58.00	95%	
	, 2011 (13),						-
400m		128.	5:04.94	337	4:55.00	94%	
100m 200m		121.	2:41.65	311	1:09.00 2:35.00	92%	
200111	, 2010 (14),	121.	2.41.03	311	2.33.00	9270	2
400m	,	88.	4:54.94	372	5:00.00	103%	_
100m				-	1:05.50	-	
200m		25.	2:26.50	419	2:27.00	101%	
	, 2012 (12),						1
100m				-	1:05.90	-	
400m		61.	5:14.16	399	5:14.00	100%	
200m	, 2012 (12),	49.	2:43.23	416	2:46.00	103%	1
400m	, 2012 (12),	23.	5:00.84	454	5:00.76	100%	'
100m				-	1:15.60	-	
200m		6.	2:31.56	519	2:34.33	104%	
	, 2010 (14),						2
400m		151.	5:17.63	298	5:20.00	101%	
100m		21. 126	1:12.54	285 300	1:11.00	96% 103%	
200m		126.	2:42.08	309	2:44.00	102%	
							29
	, 2010 (14),						2
100m	, 2010 (17),			-	55.22	-	_
400m		6.	4:26.99	502	4:32.45	104%	
200m		14.	2:22.46	455	2:25.42	104%	

, 29. - 31.5.2024

	, 2011 (13),					1
400m 100m		83.	5:21.23	373	5:12.00 1:22.72	94%
200m		55.	2:44.75	404	2:47.38	103%
	, 2012 (12),					1
400m		52.	5:11.42	409	5:11.20	100%
100m		21.	1:18.74	323	1:19.71	102%
200m	, 2010 (14),	66.	2:46.30	393	2:45.10	99%
400m	, 2010 (14),	21.	4:38.39	443	4:43.78	104%
100m				-	1:15.65	-
200m	0044 (40	31.	2:27.12	413	2:27.24	100%
400m	, 2011 (13),	107.	5:00.11	353	5:02.18	101%
100m		107.	3.00.11	- -	1:14.97	10176
200m		136.	2:44.26	297	2:38.82	93%
400	, 2011 (13),					1
100m 400m		56.	5:13.06	403	1:05.00 5:10.00	- 98%
200m		67.	2:46.32	393	2:48.00	102%
	, 2010 (14),					1
400m		3.	4:17.49	560	4:10.30	94%
100m 200m		10.	2:20.18	- 478	1:02.52 2:22.10	103%
200111	, 2010 (14),	10.	2.20.10	470	2.22.10	2
100m	, (),			-	1:04.00	-
400m		65.	4:51.20	387	4:53.44	102%
200m	, 2010 (14),	90.	2:36.52	343	2:39.02	103%
400m	, 2010 (14),	1.	4:08.68	621	4:09.73	101%
100m				-	1:05.00	
200m	2042 (42	1.	2:07.95	629	2:13.50	109%
400m	, 2012 (12),	59.	5:13.52	401	5:10.78	98%
100m		00.	1:14.41	401	1:14.00	99%
200m		59.	2:45.50	399	2:47.46	102%
	, 2011 (13),					-
400m 100m		138.	5:06.74	331	5:02.39 1:13.50	97%
200m		122.	2:41.73	311	2:40.24	98%
	, 2011 (13),					2
100m		00	5-04-07	-	1:11.46	-
400m 200m		32. 90.	5:04.87 2:51.00	436 361	5:12.37 2:52.37	105% 102%
200	, 2011 (13),	00.		33.	2.02.01	3
400m	, , , , , , , , , , , , , , , , , , , ,	11.	4:53.33	490	4:55.57	102%
100m 200m		3.	1:09.99 2:32.60	460 509	1:12.97 2:33.78	109% 102%
200111	, 2011 (13),	7.	2.32.00	309	2.33.76	3
400m	, 2011 (10),	53.	5:11.69	408	5:24.16	108%
100m			1:14.91	393	1:15.63	102%
200m	, 2010 (14),	42.	2:41.71	427	2:45.16	104% 1
400m	, 2010 (14),	80.	4:53.47	378	4:53.24	100%
100m		14.	1:08.76	335	1:09.17	101%
	, 2010 (14),					2
100m		0.4	4.50.00	-	1:02.18	-
400m 200m		61. 93.	4:50.80 2:37.15	388 339	5:00.24 2:41.49	107% 106%
	, 2011 (13),					-
400m		106.	5:31.72	339	5:18.20	92%
100m 200m		16.	1:15.75 2:46.53	363 391	1:15.73	100% 93%
200111	, 2010 (14),	68.	2.40.55	391	2:40.40	1
100m	,			-	1:00.20	
400m		37.	4:42.97	422	4:46.76	103%
200m	2011 (12 \	63.	2:31.60	378	2:29.33	97%
100m	, 2011 (13),			_	1:05.89	1
400m		64.	5:17.06	388	5:20.16	102%
200m	2011/12	105.	2:52.88	350	2:51.94	99%
400	, 2011 (13),	40	E.40.44	44.4	5.40.44	1020/
400m 100m		48.	5:10.11 1:16.16	414 374	5:12.44 1:15.06	102% 97%
200m		53.	2:44.12	409	2:46.53	103%
						102

	, 2011 (13),							1
400m	, - (- ,,	82.	4:53.81	377	4:51.26		98%	
100m				-	1:04.54		-	
200m	, 2012 (12),	74.	2:33.83	361	2:35.86		103%	
100m	, 2012 (12),			_	1:24.71		_	_
100111	, 2010 (14),				1.24.71			_
400m	, == := (: : /,	12.	4:30.49	483	4:28.87	25.04.2024	99%	
100m				-	1:04.92	29.03.2024	-	
200m	2010 /14	12.	2:21.05	469	2:20.41	24.04.2024	99%	2
400m	, 2010 (14),	4.	4:18.37	554	4:21.07	25.04.2024	102%	2
100m			4.10.01	-	1:02.09	26.04.2024	-	
200m		11.	2:20.34	476	2:21.29	24.04.2024	101%	_
400	, 2012 (12),				4.40.07			2
100m 400m		134.	5:52.45	- 282	1:12.87 6:02.18		106%	
200m		133.	3:02.37	298	3:03.57		101%	
	, 2010 (14),							-
100m		0	4,00.05	405	56.54	26.04.2024	- 000/	
400m 200m		8. 6.	4:28.25 2:17.60	495 505	4:22.37 2:16.72	25.04.2024 24.04.2024	96% 99%	
200	, 2010 (14),	0.	2	000	2	2	3373	1
100m				-	1:01.04		-	
400m		100.	4:58.66	358	4:58.23		100%	
200m	, 2011 (13),	53.	2:30.35	387	2:32.38		103%	1
100m	, 2011 (10),			-	1:11.63		-	
400m		119.	5:39.67	315	5:41.67		101%	
200m	2011 (12	132.	3:01.38	303	2:57.97		96%	4
100m	, 2011 (13),			_	1:07.27		_	1
400m		69.	5:17.47	386	5:16.74		100%	
200m		71.	2:46.80	389	2:48.80		102%	
400	, 2010 (14),		. == ==		. =			-
400m 100m		70.	4:52.05	383	4:50.62 1:04.31		99%	
200m		103.	2:38.60	330	2:36.18		97%	
	, 2011 (13),							1
400m		39.	5:06.09	431	5:03.05		98%	
100m 200m		30.	1:09.39 2:40.06	494 441	1:09.13 2:42.47		99% 103%	
	, 2011 (13),							1
400m		75.	5:19.74	378	5:25.39	24.04.2024	104%	
100m 200m		23. 62.	1:19.35 2:45.65	316 398	1:15.43 2:44.59	26.04.2024 22.06.2023	90% 99%	
200111	, 2010 (14),	02.	2. 10.00	000	2.11.00	22.00.2020	0070	2
100m	, == (, , ,,			-	1:02.92	26.04.2024	-	_
400m		126.	5:04.59	338	5:07.80	25.04.2024	102%	
200m	, 2011 (13),	87.	2:36.19	345	2:40.35	24.04.2024	105%	2
400m	, 2011 (13),	58.	4:48.95	396	4:55.65	25.04.2024	105%	_
100m				-	1:20.23	26.04.2024	-	
200m	0044 (40	59.	2:30.99	382	2:33.67	24.04.2024	104%	
100m	, 2011 (13),				1:03.95	26.04.2024		-
400m		95.	4:56.87	365	4:53.13	25.04.2024	97%	
	, 2011 (13),							2
400m		67.	5:17.33	387	5:12.70		97%	
100m 200m		40.	1:12.78 2:41.16	428 432	1:13.24 2:41.91		101% 101%	
200111	, 2010 (14),	40.	2.41.10	432	2.41.31		10176	1
400m	, (· · · //	116.	5:02.10	346	4:55.78	25.04.2024	96%	•
100m				-	1:18.07	26.04.2024	-	
200m	2014 (42 \	99.	2:37.98	334	2:39.71	24.04.2024	102%	4
400m	, 2011 (13),	57.	5:13.27	402	5:07.61		96%	1
100m		<i>01</i> .	0.10.27	-	1:18.86		-	
200m		34.	2:40.38	438	2:43.95		105%	
40-	, 2010 (14),							2
100m 400m		41.	4:43.61	- 419	1:06.23 4:46.97	26.04.2024 25.04.2024	102%	
200m		114.	2:40.71	317	2:48.11	20.01.2024	102%	
	, 2010 (14),							2
400m		99.	4:58.54	359	4:56.78		99%	
100m 200m		16. 89.	1:10.03 2:36.50	317 343	1:12.94 2:39.46		108% 104%	
_00111		55.	00.00	0.10	00.40		10 7/0	

	, 2011 (13),							2
400m 100m		120.	5:02.84	344	5:06.52 1:20.24		102%	
200m		97.	2:37.63	336	2:41.51		105%	
	, 2011 (13),							-
400m 100m		60. 13.	5:13.71	400 393	5:11.05 1:11.42		98% 94%	
200m		68.	1:13.77 2:46.53	391	2:44.78		98%	
	, 2011 (13),							1
100m		400	4.50.05	-	1:00.75	26.04.2024	-	
400m 200m		102. 68.	4:58.95 2:32.62	357 370	4:55.91 2:35.06	25.04.2024 24.04.2024	98% 103%	
	, 2010 (14),							1
400m		50.	4:47.03	404	4:45.58		99%	
100m 200m		19.	2:23.66	444	1:07.57 2:23.78		100%	
	, 2010 (14),							-
100m			4.54.00	-	1:02.09		-	
400m 200m		63. 95.	4:51.06 2:37.40	387 337	4:40.19 2:35.73		93% 98%	
	, 2012 (12),							-
100m		70	5.40.55	-	1:06.45		-	
400m 200m		73. 90.	5:18.55 2:51.00	382 361	5:15.39 2:50.71		98% 100%	
	, 2011 (13),							1
100m				-	1:00.60		-	
400m 200m		91. 115.	4:55.75 2:40.90	369 316	4:52.60 2:44.00		98% 104%	
	, 2011 (13),							2
100m		0	4:50.44	-	1:05.45	26.04.2024	4040/	
400m 200m		9. 44.	4:52.11 2:42.25	496 423	4:58.56 2:44.93	24.04.2024 25.04.2024	104% 103%	
	, 2012 (12),							-
400m 100m		155.	5:24.45	279	5:10.60 1:22.81	25.04.2024 26.04.2024	92%	
200m		147.	2:47.94	278	2:47.64	24.04.2024	100%	
	, 2010 (14),							1
400m 100m		137.	5:06.69	331	5:15.13 1:20.61	25.04.2024 28.03.2024	106%	
200m		116.	2:41.11	315	2:38.12	24.04.2024	96%	
	, 2011 (13),							1
400m 100m		113.	5:35.23	328	5:24.88 1:21.65		94%	
200m		79.	2:48.69	376	2:52.72		105%	
	, 2010 (14),							2
400m 100m		33.	4:41.84	427	4:48.82 1:17.47		105%	
200m		29.	2:26.83	416	2:32.09		107%	
	, 2010 (14),							1
400m 100m		60.	4:50.43	390	4:52.60 1:12.58		101%	
200m		69.	2:32.69	370	2:27.60		93%	
	, 2012 (12),							2
100m 400m		57.	4:48.75	397	1:04.40 4:55.47	28.03.2024 25.04.2024	- 105%	
200m		102.	2:38.56	330	2:41.13	24.04.2024	103%	
400	, 2010 (14),	•	4.00.07	40.4	4.00.00		000/	2
400m 100m		9. 1.	4:28.37 1:00.59	494 490	4:26.36 1:01.56		99% 103%	
200m		3.	2:15.53	529	2:16.53		101%	
400	, 2011 (13),	0.5	5:04.40	270	5.40.07		000/	2
400m 100m		85. 2.	5:21.42 1:09.92	372 461	5:19.67 1:12.01		99% 106%	
200m		22.	2:37.58	462	2:38.51		101%	
400	, 2010 (14),		4.47.64	404	4.47.50		4000/	-
400m 100m		54.	4:47.64	401 -	4:47.50 1:12.80		100%	
200m		22.	2:25.16	430	2:22.60		97%	
400	, 2011 (13),	07	E-00 05	267	E-00 00		4000/	1
400m 100m		87.	5:22.95 1:07.84	367 529	5:22.80 1:06.89		100% 97%	
200m	0040 (40	28.	2:39.45	446	2:41.50		103%	
100m	, 2012 (12),				1.03.05	26.04.2024	-	-
100m 400m		26.	5:03.12	- 444	1:03.95 4:55.54	26.04.2024 24.04.2024	95%	
200m		52.	2:43.63	413	2:42.67		99%	

400	, 2012 (12),	400	5 50 07	070	0.00.07	04.04.0004	40.40/	2
400m 100m		139.	5:56.27	273	6:03.97 1:24.14	24.04.2024	104%	
200m		137.	3:03.86	291	3:10.66	25.04.2024	108%	
	, 2011 (13),							1
100m				-	1:06.87			
400m		49.	5:10.15	414	5:17.13		105% 99%	
200m	, 2011 (13),	47.	2:43.13	416	2:41.97		99%	2
100m	, 2011 (10),			-	1:04.58		_	_
400m		109.	5:00.25	353	5:01.18	25.04.2024	101%	
200m	0044 (40	117.	2:41.17	314	2:41.79	24.04.2024	101%	
400	, 2011 (13),	04	F:04.00	260	E-00 04		000/	1
400m 100m		91.	5:24.93 1:15.08	360 390	5:22.81 1:12.56		99% 93%	
200m		95.	2:51.42	359	2:53.69		103%	
	, 2011 (13),							-
400m		153.	5:22.37	285	5:13.38		95%	
100m 200m		149.	2:49.23	- 271	1:28.91 2:44.49		94%	
	, 2011 (13),							2
400m	, , , , , , , , , , , , , , , , , , , ,	24.	5:01.70	450	5:03.35		101%	
100m		07	1:10.48	472	1:07.74		92%	
200m	, 2012 (12),	27.	2:39.03	449	2:39.68		101%	1
400m	, 2012 (12),	138.	5:54.90	276	5:54.14	24.04.2024	100%	'
100m			1:20.09	321	1:21.59	26.04.2024	104%	
200m	2010 (11	141.	3:08.18	271	3:02.87	25.04.2024	94%	
100m	, 2010 (14),				54.12			1
400m		2.	4:15.42	573	4:15.65		100%	
200m		2.	2:12.89	561	2:12.78		100%	
400	, 2010 (14),	40	4.44.00	440	4 40 40	05.04.0004	2007	1
400m 100m		42.	4:44.29	416	4:42.10 1:09.79	25.04.2024 26.04.2024	98%	
200m		13.	2:21.78	462	2:23.12	24.04.2024	102%	
	, 2013 (11),							2
400m		108.	5:32.14	337	5:39.66		105%	
100m 200m		120.	2:56.42	329	1:34.94 2:56.62		100%	
	, 2011 (13),							2
400m	, ,,	105.	5:31.45	339	5:32.47		101%	
100m 200m		98.	2:52.03	355	1:25.17 2:55.64		- 104%	
200111	, 2012 (12),	30.	2.32.03	300	2.55.04		10470	1
400m	, - (112.	5:35.22	328	5:29.56	24.04.2024	97%	
100m		400	1:22.43	295	1:22.25	26.04.2024	100%	
200m	2011 (12	128.	3:00.38	308	3:05.11	25.04.2024	105%	
400m	, 2011 (13),	71.	5:18.19	384	5:14.84	23.11.2023	98%	-
100m		, , ,	0.10.10	-	1:22.53	23.11.2023	-	
200m		61.	2:45.55	398	2:43.30	25.04.2024	97%	
400	, 2012 (12),	0.4	5.04.44	070	E 04 0E	04.04.0004	1000/	1
400m 100m		84.	5:21.41 1:16.25	372 373	5:21.05 1:15.63	24.04.2024 26.04.2024	100% 98%	
200m		58.	2:45.49	399	2:45.78	25.04.2024	100%	
	, 2012 (12),							3
400m		28.	5:04.52	438	5:12.89 1:13.60	24.04.2024	106%	
100m 200m		11. 65.	1:13.03 2:45.80	405 397	2:49.88	26.04.2024 25.04.2024	102% 105%	
	, 2010 (14),							2
100m				-	1:02.55		-	
400m 200m		52. 84.	4:47.24 2:35.53	403 350	4:49.66 2:38.32		102% 104%	
200111	, 2011 (13),	04.	2.55.55	330	2.30.32		10470	_
100m	, == : (:= /,			-	1:03.13	26.04.2024	-	
400m		16.	4:57.81	468	4:54.75	27.03.2024	98%	
200m	2012 /12 \	32.	2:40.13	440	2:39.16	25.04.2024	99%	2
400m	, 2012 (12),	98.	5:28.19	350	5:30.94		102%	2
100m		50.	1:15.89	378	1:15.24		98%	
200m	0040 (40	73.	2:47.68	383	2:51.65		105%	,
400m	, 2012 (12),	44.	5:08.56	101	5.16.22		1059/	1
400m 100m		44.	5.06.56	421 -	5:16.23 1:22.27		105% -	
200m		38.	2:40.99	433	2:40.76		100%	

	, 2012 (12),							2
400m		136.	5:52.85	281	5:58.66		103%	
100m		26.	1:23.73	268	1:22.81		98%	
200m	2010 (14	115.	2:54.80	338	2:56.19		102%	
400	, 2010 (14),				4.05.00	00.04.0004		-
100m 400m		160.	5:35.23	253	1:05.38 5:34.20	26.04.2024 25.04.2024	99%	
200m		144.	2:46.90	283	2:46.19	24.04.2024	99%	
	, 2010 (14),							1
400m	, == (/,	27.	4:40.00	435	4:46.52		105%	-
100m				-	1:04.59		-	
200m		28.	2:26.71	417	2:24.49		97%	
	, 2012 (12),							-
400m		125.	5:44.14	303	5:44.08	24.04.2024	100%	
100m		444	0.50.00	-	1:29.97	19.04.2024	-	
200m	, 2011 (13),	111.	2:53.98	343	2:50.20	25.04.2024	96%	2
400m	, 2011 (13),	111.	5:34.55	330	5:45.58	24.04.2024	107%	
100m		111.	1:19.63	327	1:18.51	26.04.2024	97%	
200m		130.	3:00.88	305	3:02.43	25.04.2024	102%	
	, 2010 (14),							2
400m	, (154.	5:22.85	284	5:35.50	25.04.2024	108%	
100m				-	1:15.19	26.04.2024	-	
200m		112.	2:40.45	318	2:45.47	24.04.2024	106%	
	, 2011 (13),							-
100m				-	1:04.60	26.10.2023	-	
400m 200m		13. 14.	4:54.85 2:34.91	482 486	4:52.83 2:34.71	24.04.2024 22.11.2023	99% 100%	
200111	, 2011 (13),	17.	2.04.01	400	2.04.71	22.11.2020	10070	2
100m	, 2011 (13),			_	1:18.22	24.11.2023	_	_
400m		107.	5:32.07	337	5:36.05	24.04.2024	102%	
200m		123.	2:57.99	320	2:59.25	25.04.2024	101%	
	, 2011 (13),							1
100m				-	1:01.70		-	
400m		39.	4:43.10	421	4:42.00		99%	
200m	0040 (44	110.	2:39.84	322	2:42.00		103%	
400	, 2010 (14),	25	4.44.00	406	4.40.20		000/	1
400m 100m		35. 12.	4:41.88 1:08.37	426 341	4:40.20 1:08.47		99% 100%	
200m		58.	2:30.84	383	2:29.71		99%	
	, 2011 (13),							_
400m	,,	73.	4:52.60	381	4:50.48		99%	
100m				-	1:08.99		-	
200m		96.	2:37.44	337	2:35.31		97%	
	, 2011 (13),							1
400m		120.	5:40.49	313	5:43.73		102%	
100m	, 2010 (14),		1:17.61	353	1:17.03		99%	2
100m	, 2010 (14),				59.64			2
400m		29.	4:41.14	430	4:51.18		- 107%	
200m		16.	2:22.56	454	2:25.57		104%	
	, 2011 (13),							2
400m	, , , , , , , , , , , , , , , , , , , ,	30.	5:04.55	438	5:16.65	24.04.2024	108%	
100m				-	1:19.49	26.04.2024	-	
200m	0040 (44	23.	2:38.03	458	2:39.45	25.04.2024	102%	
400	, 2010 (14),	4.45	5 44 00	0.47	50004		050/	1
400m 100m		145.	5:11.00	317	5:02.94 1:11.66		95%	
200m		120.	2:41.59	312	2:42.38		101%	
	, 2012 (12),							_
400m	, == (:=),	114.	5:01.82	347	5:00.14	25.04.2024	99%	
100m				-	1:20.97	26.04.2024	-	
	, 2010 (14),							2
100m	·			-	1:04.73	28.03.2024	-	
400m		84.	4:54.55	374	4:56.66	27.03.2024	101%	
200m	2044 (42	103.	2:38.60	330	2:45.39	16.06.2023	109%	^
400	, 2011 (13),	40	E:00 47	447	E-0E-00		000/	2
400m 100m		46.	5:09.47 1:10.14	417 479	5:05.80 1:11.00		98% 102%	
200m		19.	2:36.77	469	2:39.70		102%	
	, 2010 (14),							2
100m				-	55.65	26.04.2024	-	
400m		10.	4:28.47	494	4:30.00	25.04.2024	101%	
200m		9.	2:19.89	481	2:30.78	22.11.2023	116%	

	2040 (44							
400m	, 2010 (14),	132.	5:05.85	334	5:04.79		99%	1
100m		102.	0.00.00	-	1:14.56		-	
200m		77.	2:34.13	359	2:34.88		101%	
	, 2010 (14),							1
100m				-	1:04.13		-	
400m		121.	5:03.26	342	4:53.89		94%	
200m		124.	2:41.80	311	2:42.26		101%	
	, 2011 (13),							-
400m		134.	5:06.22	332	5:03.36	25.04.2024	98%	
100m 200m		111.	2:40.43	319	1:11.34 2:39.42	26.04.2024 24.04.2024	99%	
200	, 2013 (11),		2. 10. 10	0.0	2.002	2	33,0	2
400m	, 2010 (11),	144.	6:15.17	234	6:23.56	24.04.2024	105%	_
100m			00	-	1:38.18	26.04.2024	-	
200m		147.	3:16.00	240	3:46.50	06.12.2023	134%	
	, 2011 (13),							2
100m				-	1:06.34		-	
400m		117.	5:02.29	346	5:06.72		103%	
200m	2044 (42	123.	2:41.79	311	2:43.15		102%	0
400	, 2011 (13),				4.00.00	07.40.0000	_	2
100m 400m		136.	5:06.37	332	1:06.69 5:15.49	07.12.2023 27.03.2024	106%	
200m		129.	2:42.90	304	2:50.21	24.04.2024	109%	
	, 2010 (14),							2
400m	, , , , , , , , , , , , , , , , , , , ,	23.	4:38.83	441	4:40.20	25.04.2024	101%	
100m		2.	1:02.29	451	1:03.07	26.04.2024	103%	
	, 2011 (13),							1
100m				-	1:00.12		-	
400m	0044 (40	25.	4:39.41	438	4:43.97		103%	_
400	, 2011 (13),						40404	2
400m		150.	5:15.84	303	5:17.90	25.04.2024	101%	
100m 200m		142.	2:45.74	289	1:15.34 2:48.64	26.04.2024 24.04.2024	104%	
200	, 2010 (14),			200	2. 10.0 1	2	.0.70	1
400m	, 2010 (11),	83.	4:54.17	375	5:11.10	23.11.2023	112%	•
100m		23.	1:13.32	276	1:10.36		92%	
200m		80.	2:34.81	355	NT		-	
	, 2010 (14),							-
100m		40	4 40 00	-	59.62	26.04.2024	-	
400m 200m		49. 33.	4:46.80 2:27.57	405 410	4:37.90 2:27.45	25.04.2024 24.04.2024	94% 100%	
200111	, 2012 (12),	33.	2.21.51	410	2.27.43	24.04.2024	10076	1
400m	, 2012 (12),	110.	5:34.37	331	5:26.57		95%	
100m		24.	1:21.23	294	1:20.12		97%	
200m		109.	2:53.67	345	2:54.00		100%	
	, 2011 (13),							1
100m				-	1:00.03		-	
400m		33.	4:41.84	427	4:42.88		101%	
200m	2044 (42	83.	2:35.11	353	2:33.34		98%	4
100	, 2011 (13),				FO 14			1
100m 400m		8.	4:52.02	- 496	59.14 4:49.86		- 99%	
200m		3.	2:28.25	555	2:29.93		102%	
	, 2012 (12),							3
400m	, - (118.	5:39.24	316	5:47.72	24.04.2024	105%	
100m			1:20.36	318	1:21.52	26.04.2024	103%	
200m		112.	2:54.07	343	3:01.82	25.04.2024	109%	_
	, 2011 (13),							2
400m		1.	4:36.01	588	4:40.15	24.04.2024	103%	
100m 200m		5.	1:05.39 2:29.68	591 539	1:05.31 2:31.57	26.04.2024 25.04.2024	100% 103%	
200	, 2011 (13),	٥.		000	2.01.01	2010 11202 1	.0070	1
400m	,	110.	5:00.43	352	5:00.56		100%	•
100m		19.	1:11.61	297	1:10.64		97%	
200m		109.	2:39.77	323	2:39.17		99%	
	, 2010 (14),							2
400m	·	106.	4:59.83	354	5:03.85		103%	
100m		20	0-00-05	-	1:09.98		-	
200m	, 2010 (14),	92.	2:36.85	341	2:39.94		104%	2
100m	, 2010 (1 4),			-	58.78		-	_
400m		13.	4:31.82	476	4:47.67		112%	
200m		32.	2:27.18	413	2:33.74		109%	

	, 2011 (13),							2
400m 100m		79.	5:20.72	375	5:29.96 1:27.32	27.03.2024 26.04.2024	106%	
200m		72.	2:47.57	384	2:52.36	25.04.2024	106%	
	, 2011 (13),							-
400m		141.	5:08.43	325	5:06.86		99%	
100m				-	1:20.91		-	
200m	, 2011 (13),	98.	2:37.73	335	2:37.55		100%	
400m	, 2011 (13),	112.	5:01.05	350	4:46.21		90%	-
100m			0.000	-	1:08.42		-	
	, 2011 (13),							2
100m		404	. =	-	1:05.35	26.04.2024	-	
400m 200m		101. 135.	4:58.80 2:44.12	358 298	4:59.54 2:48.84	25.04.2024 24.04.2024	100% 106%	
	, 2010 (14),							1
400m	, (),	28.	4:40.52	433	4:43.30		102%	
100m				-	1:13.19		-	
200m	, 2011 (13),	23.	2:25.38	428	2:22.59		96%	2
400m	, 2011 (13),	124.	5:44.02	303	5:55.78		107%	_
100m				-	1:24.03		-	
200m	0040 (40	87.	2:50.38	365	2:57.06		108%	_
400	, 2012 (12),	20	F:0F 00	404	F.00.00		06%	2
400m 100m		38.	5:05.99 1:13.80	431 411	5:00.22 1:13.94		96% 100%	
200m		37.	2:40.97	433	2:41.99		101%	
	, 2013 (11),							2
400m 100m		96.	5:27.19 1:20.33	353 319	5:30.42 1:17.86	27.03.2024 26.04.2024	102% 94%	
200m		116.	2:55.40	335	2:59.30	20.04.2024	104%	
	, 2011 (13),							2
400m		4.	4:40.74	559	4:37.71		98%	
100m 200m		1. 2.	1:03.78 2:27.56	608 563	1:04.81 2:27.89		103% 100%	
200111	, 2010 (14),	۷.	2.27.00	505	2.27.00		10070	1
100m	, 2010 (11),			-	1:08.86	26.04.2024	-	•
400m		159.	5:30.87	263	5:34.76	25.04.2024	102%	
200m	, 2010 (14),	152.	2:57.84	234	2:37.96		79%	2
400m	, 2010 (14),	72.	4:52.50	382	4:52.68		100%	_
100m				-	1:18.06		-	
200m	2040 (44	52.	2:30.33	387	2:31.09		101%	
100m	, 2010 (14),				59.59			1
200m		50.	2:30.23	388	2:32.95		104%	
	, 2011 (13),							-
100m		_			59.17	26.04.2024	-	
400m 200m		5. 8.	4:44.57 2:33.20	536 503	4:38.23 2:31.66	24.04.2024 25.04.2024	96% 98%	
200111	, 2011 (13),	0.	2.00.20	303	2.01.00	20.04.2024	3070	2
400m	, - (- ,,	2.	4:38.68	571	4:40.10	24.04.2024	101%	
100m		4	0-00 50	-	1:12.77	23.11.2023	4000/	
200m	, 2012 (12),	1.	2:22.53	624	2:24.20	25.04.2024	102%	1
100m	, 2012 (12),			-	1:18.15	26.10.2023	-	
400m		95.	5:27.11	353	5:20.73	24.04.2024	96%	
200m	2011 (12	118.	2:55.96	332	2:56.24	25.04.2024	100%	
100m	, 2011 (13),			_	1:02.61	05.10.2023	_	-
400m		15.	4:55.46	479	4:50.73	24.04.2024	97%	
200m		9.	2:33.61	499	2:33.58	25.04.2024	100%	
400	, 2010 (14),	450	F 00 00	005	5.00.00	05.04.0004	4000/	1
400m 100m		158.	5:30.09	265	5:30.90 1:13.92	25.04.2024 26.04.2024	100%	
200m		141.	2:45.31	291	2:42.67	24.04.2024	97%	
	, 2010 (14),							2
400m		85.	4:54.88 1:04.65	372	4:48.30		96% 103%	
100m 200m		3. 39.	1:04.65 2:28.77	403 400	1:05.77 2:30.91		103% 103%	
200.11	, 2011 (13),	50.	 •				.0070	2
100m				-	1:03.15		-	
400m		19. 15	4:58.75 2:34.95	464 486	5:01.84		102%	
200m		15.	2:34.95	486	2:36.98		103%	

	, 2011 (13),							3
400m		12.	4:54.60	483	4:56.36	24.04.2024	101%	
100m		40	1:09.66	489	1:11.76	26.04.2024	106%	
200m	, 2011 (13),	13.	2:34.85	487	2:37.06	25.04.2024	103%	2
400m	, 2011 (10),	59.	4:49.29	394	4:55.83		105%	_
100m		9.	1:06.99	362	1:06.88		100%	
200m		56.	2:30.47	386	2:34.49		105%	
	, 2010 (14),							-
100m		20	4.44.74	-	1:00.40		-	
400m 200m		32. 106.	4:41.74 2:39.25	427 326	4:38.00 2:32.00		97% 91%	
	, 2012 (12),							2
400m	, == (:= /,	130.	5:48.45	292	5:49.10	24.04.2024	100%	_
100m				-	1:31.39	28.03.2024	-	
200m	2044 (42	117.	2:55.50	334	3:00.67	25.04.2024	106%	
100m	, 2011 (13),			-	1:10.27		_	-
100m 400m		163.	5:43.56	235	1:10.37 5:31.52		93%	
200m		155.	3:05.76	205	3:03.37		97%	
	, 2011 (13),							1
400m		35.	5:05.10	435	5:02.99		99%	
100m		70	2.46.60	-	1:22.25		4040/	
200m	, 2012 (12),	70.	2:46.69	390	2:47.42		101%	1
100m	,			-	1:11.00		-	'
400m		102.	5:30.10	344	5:29.94		100%	
200m		80.	2:48.73	376	2:49.79		101%	
400	, 2012 (12),	400	E E0 74	000	0.04.40	04.04.0004	4000/	1
400m 100m		133. 20.	5:50.71 1:18.13	286 331	6:01.10 1:15.81	24.04.2024 26.04.2024	106% 94%	
200m		122.	2:57.87	321	2:57.50	25.04.2024	100%	
	, 2010 (14),							-
400m		68.	4:52.04	383	4:50.19	25.04.2024	99%	
100m		60	0.04.04	-	1:18.29	06.10.2023	- 070/	
200m	, 2011 (13),	62.	2:31.24	380	2:29.25	24.04.2024	97%	_
100m	, 2011 (13),			_	1:16.04		_	
200m		153.	3:00.95	222	2:48.79		87%	
	, 2010 (14),							-
100m				-	1:01.60		-	
400m 200m		119. 100.	5:02.76 2:38.04	344 333	5:02.70 2:35.00		100% 96%	
200111	, 2012 (12),	100.	2.00.01	000	2.00.00		0070	2
100m	, == (:=),			-	1:15.24		-	_
400m		131.	5:49.82	289	6:01.03		107%	
200m	0044 (40	140.	3:07.59	274	3:11.37		104%	_
400	, 2011 (13),	22	F:04.00	426	E-02 C0		000/	2
400m 100m		33.	5:04.98 1:09.20	436 499	5:03.60 1:10.20		99% 103%	
200m		43.	2:41.78	427	2:42.00		100%	
	, 2011 (13),							1
400m		36.	5:05.26	435	5:03.43	24.04.2024	99%	
100m		26	1:11.10	460	1:10.18	26.04.2024	97%	
200m	, 2010 (14),	26.	2:38.81	451	2:42.57	25.04.2024	105%	_
400m	, 2010 (11),	15.	4:32.87	470	4:31.67		99%	
100m				-	1:02.45		-	
	, 2011 (13),							1
100m		00	4.44.40	-	59.64		-	
400m 200m		30. 54.	4:41.18 2:30.36	430 387	4:38.57 2:32.82		98% 103%	
200	, 2010 (14),	0		00.	2.02.02		10070	2
100m	,,			-	1:00.66		-	_
400m		56.	4:47.79	401	5:00.36		109%	
200m	2044 (42	60.	2:31.10	381	2:33.70		103%	
400~	, 2011 (13),	48.	1.46.40	406	1.4E OF	25.04.2024	1000/	-
400m 100m		40.	4:46.42	406	4:45.95 1:13.57	25.04.2024 26.04.2024	100%	
200m		42.	2:29.06	397	2:27.33	24.04.2024	98%	
	, 2010 (14),							-
400m		44.	4:44.83	413	4:40.19	25.04.2024	97%	
100				110				
100m 200m		30.	2:27.05	414	1:07.31 2:25.73	26.04.2024 24.04.2024	98%	

	, 2011 (13),							2
100m	, 2011 (13),			_	1:06.33		_	2
400m		40.	5:06.89	428	5:12.55		104%	
200m		59.	2:45.50	399	2:49.02		104%	
	, 2011 (13),							-
400m		14.	4:55.45	479	4:51.11		97%	
100m			1:09.45	493	1:08.96		99%	
200m		25.	2:38.14	457	2:34.65		96%	_
	, 2010 (14),							2
400m		115.	5:01.95	347	5:05.04		102%	
100m 200m		49.	2:30.09	389	1:16.06 2:32.15		103%	
200111	, 2010 (14),	10.	2.00.00	000	2.02.10		10070	1
400m	, 2010 (14),	26.	4:39.54	437	4:36.97	25.04.2024	98%	'
100m		20.	4.55.54	-	1:06.71	26.04.2024	-	
200m		47.	2:29.72	392	2:31.30	24.04.2024	102%	
	, 2012 (12),							2
400m		129.	5:46.75	296	5:54.58	24.04.2024	105%	
100m		40=		-	1:35.68	26.04.2024	-	
200m	0040 (44	127.	2:59.75	311	3:02.58	25.04.2024	103%	_
	, 2010 (14),							2
400m 100m		77. 6.	4:53.13 1:05.95	379 380	4:56.26 1:06.63		102% 102%	
200m		67.	2:32.53	371	2:31.67		99%	
200	, 2012 (12),	0	2.02.00	0	2.0		3373	2
400m	, (/,	117.	5:38.28	319	5:55.38		110%	_
100m				-	1:26.26		-	
200m		134.	3:02.49	297	3:06.71		105%	
	, 2012 (12),							2
100m		404	5.44.40	-	1:15.15	04.04.0004	4070/	
400m 200m		121. 136.	5:41.46 3:03.53	310 292	5:54.03 3:09.62	24.04.2024 25.04.2024	107% 107%	
200111	, 2010 (14),	100.	0.00.00	252	0.00.02	20.04.2024	107 70	2
400m	, 2010 (11),	22.	4:38.72	441	4:46.63		106%	_
100m		8.	1:06.42	372	1:06.13		99%	
200m		21.	2:25.04	431	2:29.10		106%	
	, 2012 (12),							1
400m		142.	6:03.54	257	6:05.68	27.03.2024	101%	
100m		400	0.05.00	-	1:34.62	28.03.2024	-	
200m	2040 (44	138.	3:05.03	285	3:04.05	25.04.2024	99%	_
400	, 2010 (14),	00	4.50.44	007	5.05.00		4000/	3
400m 100m		93. 15.	4:56.44 1:09.66	367 322	5:05.89 1:11.00		106% 104%	
200m		73.	2:33.76	362	2:42.86		112%	
	, 2010 (14),							-
400m	, , , , , , , , , , , , , , , , , , , ,	90.	4:55.48	370	4:55.23	25.04.2024	100%	
100m				-	1:09.85	26.04.2024	-	
200m		65.	2:32.39	372	2:29.44	24.04.2024	96%	
	, 2013 (11),							3
400m		143.	6:08.41	247	6:15.63		104%	
100m 200m		28. 125.	1:25.38 2:58.09	253 320	1:27.90 3:02.71		106% 105%	
200111	, 2010 (14),	125.	2.30.03	320	5.02.71		10370	1
100m	, 2010 (11),			-	1:07.36	26.04.2024	-	•
400m		129.	5:05.00	337	5:03.09	25.04.2024	99%	
200m		131.	2:43.19	303	2:43.68	24.04.2024	101%	
								~ -
								27
	, 2011 (13),							2
400m		11.	4:30.41	483	4:32.58		102%	
100m 200m		34.	2:28.18	404	1:02.61 2:30.35		103%	
200111	, 2010 (14),	54.	2.20.10	404	2.30.33		10376	_
400m	, 2010 (17),	71.	4:52.10	383	4:46.20		96%	_
100m				-	1:17.05		-	
200m		64.	2:31.85	376	2:29.55		97%	
	, 2011 (13),							-
400m	·	17.	4:58.03	467	4:55.18		98%	
100m		45	1:15.66	381	1:14.68		97%	
200m	2011 (12	45.	2:42.42	422	2:40.38		98%	
400m	, 2011 (13),	25.	5:02.37	447	4:56.03		96%	-
100m		20.	1:18.36	343	1:14.95		91%	
200m		92.	2:51.03	361	2:47.54		96%	

	, 2012 (12),						2
400m		6.	4:48.04	517	4:52.60	103%	
100m 200m		20.	1:05.87 2:37.44	578 463	1:08.29 2:35.61	107% 98%	
200111	, 2010 (14),	20.	2.57.44	403	2.55.01	3070	_
400m	, ==:= (::),	149.	5:15.19	305	5:07.65	95%	
100m			000	-	1:18.39	-	
200m		107.	2:39.51	324	2:37.36	97%	
	, 2011 (13),						-
400m		51.	5:11.10	410	5:03.43	95%	
100m 200m		48.	2:43.18	- 416	1:22.64 2:40.55	97%	
200111	, 2012 (12),	10.	2.10.10	110	2. 10.00	0170	1
400m	, 2012 (12),	113.	5:01.32	349	5:03.99	102%	•
100m		22.	1:12.65	284	1:12.38	99%	
200m	2010(10	119.	2:41.52	312	2:41.04	99%	
100	, 2012 (12),				4.04.00		-
100m 400m		135.	5:06.31	332	1:04.60 5:06.16	- 100%	
200m		137.	2:44.31	297	2:40.08	95%	
	, 2011 (13),						1
100m	, (, , ,			-	1:04.92	-	
400m		45.	5:08.76	420	5:09.05	100%	
200m	0044 (40	74.	2:47.76	383	2:46.15	98%	_
400	, 2011 (13),				4.00.00	-	2
100m 400m		37.	5:05.59	433	1:06.09 5:07.54	- 101%	
200m		50.	2:43.35	415	2:47.50	105%	
	, 2010 (14),						2
100m	, (-	58.40	=	
400m		81.	4:53.49	378	5:02.97	107%	
200m	2011 (12	76.	2:34.04	360	2:35.53	102%	2
400m	, 2011 (13),	81.	5:21.18	373	5:21.64	100%	3
100m		01.	1:15.36	386	1:16.52	103%	
200m		110.	2:53.74	345	2:53.92	100%	
	, 2010 (14),						-
100m				-	1:04.14	-	
400m		140.	5:07.62	328	5:03.00	97%	
200m	2010 (14	134.	2:44.04	298	2:42.92	99%	4
400m	, 2010 (14),	47.	4:46.08	408	4:47.50	101%	1
100m		47. 5.	1:05.93	380	1:05.50	99%	
200m		71.	2:33.09	367	2:30.70	97%	
	, 2011 (13),						-
400m		34.	5:05.09	435	5:00.47	97%	
100m 200m		64.	1:16.64 2:45.78	367 397	1:15.07 2:43.92	96% 98%	
200111	, 2010 (14),	04.	2.45.76	397	2.40.32	3070	_
100m	, 2010 (14),			-	1:05.23	-	_
400m		108.	5:00.14	353	4:49.66	93%	
200m		150.	2:49.32	271	2:40.00	89%	
	, 2011 (13),						2
100m		0.4	5 04 50	-	1:05.75	-	
400m 200m		31. 77.	5:04.59 2:47.91	437 382	5:05.60 2:53.11	101% 106%	
200	, 2010 (14),		·············	332		10070	_
100m	, 2010 (11),			-	58.71	=	
400m		16.	4:34.10	464	4:33.04	99%	
200m	2242/44	20.	2:23.82	442	2:21.32	97%	
400	, 2010 (14),	400	E:00 E0	244	4.EE 07	050/	-
400m 100m		122.	5:03.53	341 -	4:55.07 1:20.35	95%	
200m		133.	2:43.60	300	2:42.82	99%	
	- , 2012 (12),					1
400m	, - (27.	5:03.89	440	5:10.25	104%	
100m			1:14.42	401	1:14.03	99%	
200m	2040 // /	33.	2:40.33	439	2:40.09	100%	
400	, 2010 (14),	444	E.00.00	050	4.50.05	000/	-
400m 100m		111.	5:00.98	350	4:58.35 1:24.37	98% -	
200m		128.	2:42.83	305	2:38.43	95%	
	, 2010 (14),		- -	-			2
400m	, ,,,	53.	4:47.42	402	4:48.68	101%	
100m		7.	1:06.29	374	1:05.20	97%	
200m		26.	2:26.59	418	2:29.33	104%	

100	, 2011 (13),	00	5.04.00	070	5 44 40	0.40/	2
400m 100m		82. 9.	5:21.20 1:11.77	373 427	5:11.48 1:12.72	94% 103%	
200m		20.	2:37.44	463	2:39.93	103%	
	, 2010 (14),						1
100m				-	56.14	-	
400m		20.	4:37.84	445	4:40.00	102%	
200m	2010 (14	17.	2:22.78	452	2:22.20	99%	2
400m	, 2010 (14),	5.	4:24.28	518	4:27.15	102%	2
100m		٥.	4.24.20	-	1:01.00	102/0	
200m		5.	2:17.26	509	2:18.68	102%	
	, 2011 (13),						2
100m		86.	4:54.90	- 372	1:01.69	109%	
400m 200m		113.	2:40.51	318	5:07.83 2:40.53	100%	
200	, 2011 (13),			0.0	2	10070	1
400m		29.	5:04.54	438	5:00.70	97%	
100m		4.	1:10.02	459	1:10.86	102%	
200m		36.	2:40.75	435	2:38.82	98%	
							32
	, 2011 (13),						1
400m	, ==::(:= /,	42.	5:08.18	422	5:12.96	103%	•
100m		12.	1:13.71	394	1:11.54	94%	
200m	2040 (44	18.	2:36.66	470	2:35.00	98%	_
400	, 2010 (14),				50.05		2
100m 400m		74.	4:52.74	- 381	59.85 4:54.15	- 101%	
200m		82.	2:35.08	353	2:39.00	105%	
	, 2012 (12),						1
400m		114.	5:35.58	327	5:39.26	102%	
100m 200m		121.	1:19.72 2:57.28	326 324	1:19.35 2:56.07	99% 99%	
200111	, 2011 (13),	121.	2.07.20	32 - 4	2.50.07	3370	1
400m	, == : : (: = - /,	103.	4:59.02	357	4:56.00	98%	-
100m		18.	1:11.10	303	1:09.00	94%	
200m	2011 (12	118.	2:41.28	314	2:45.00	105%	
100m	, 2011 (13),			-	1:37.00	-	-
100111	, 2011 (13),				1.07.00		-
100m	, - (-),			-	1:18.00	-	
400m		147.	6:27.11	213	6:20.00	96%	
200m	2012 (12	143.	3:14.08	247	3:12.00	98%	
100m	, 2012 (12),			_	1:16.82	_	-
400m		146.	6:21.28	223	6:09.89	94%	
200m		145.	3:14.79	244	3:10.65	96%	
400	, 2010 (14),	40=		0.40			1
400m 100m		125.	5:03.94	340	4:57.49 1:14.00	96%	
200m		45.	2:29.45	394	2:31.00	102%	
	, 2010 (14),						1
400m		164.	5:48.93	225	5:59.00	106%	
100m	2011 (12			-	1:19.00	-	2
400m	, 2011 (13),	104.	4:59.22	356	5:01.37	101%	2
100m		104.	4.55.22	-	1:20.70	-	
200m		88.	2:36.48	343	2:38.89	103%	
	, 2010 (14),						1
100m		124.	5.03.00	- 340	1:03.70	- 101%	
400m 200m		145.	5:03.90 2:47.42	340 280	5:05.00 2:45.00	97%	
	, 2012 (12),						1
400m	, , , , , , , , , , , , , , , , , , , ,	123.	5:43.84	304	5:50.00	104%	
100m		404	0.50.07	-	1:27.00	- 070/	
200m	, 2011 (13),	124.	2:58.07	320	2:55.00	97%	1
400m	, 2011 (13),	157.	5:28.67	269	5:14.00	91%	ı
100m		20.	1:12.30	288	1:11.00	96%	
200m	00/5///	140.	2:44.86	294	2:45.18	100%	_
400	, 2013 (11),	4.44	6.04.00	000	6.04.44	40007	1
400m 100m		141. 30.	6:01.09 1:34.81	262 185	6:01.11 1:31.64	100% 93%	
200m		146.	3:15.98	240	3:12.02	96%	

	, 2010 (14),					1
100m	, , , , , , , , , , , , , , , , , , , ,			-	55.90	-
400m		7.	4:27.93	497	4:26.70	99%
200m		4.	2:17.05	511	2:18.70	102%
200	, 2010 (14),			0	2	10270
400	, 2010 (14),	00	4.50.50	050	4.50.47	
400m		98.	4:58.53	359	4:56.47	99%
100m		00	0-00-00	400	1:07.50	4040/
200m	0044 (40	38.	2:28.69	400	2:31.87	104%
	, 2011 (13),					
400m		149.	6:42.44	189	6:35.00	96%
100m				-	1:28.00	-
200m		142.	3:12.58	253	3:10.00	97%
	, 2013 (11),					
100m	, (-	1:12.50	-
400m		161.	5:40.86	241	5:34.00	96%
200m		156.	3:08.02	198	3:03.00	95%
200	, 2012 (12),		0.00.02	.00	0.00.00	3373
400	, 2012 (12),	160	E.40.44	220	F:44 00	00%
400m		162.	5:42.11	238	5:41.00	99%
100m		454	2.04.64	-	1:27.00	-
200m	2010 (11	154.	3:01.61	219	3:01.00	99%
	, 2010 (14),					
100m					1:04.76	-
400m		142.	5:09.66	322	5:10.89	101%
200m		101.	2:38.47	331	2:39.21	101%
	, 2011 (13),					3
400m	, , , , , , , , , , , , , , , , , , , ,	93.	5:26.72	354	5:34.09	105%
100m			1:12.56	432	1:13.52	103%
200m		107.	2:53.12	348	2:59.24	107%
	, 2011 (13),					2
100m	, 2011 (13),				1:02.02	-
100m 400m		88.	5:23.00	367	5:40.00	111%
200m	2044 (42	56.	2:45.17	401	2:48.00	103%
	, 2011 (13),					1
400m		127.	5:45.02	301	5:38.96	97%
100m			1:20.70	314	1:18.87	96%
200m		126.	2:59.05	315	3:06.22	108%
	, 2012 (12),					1
400m		139.	5:07.02	330	5:09.00	101%
100m				-	1:15.85	-
200m		148.	2:48.08	277	2:46.85	99%
	, 2011 (13),					
400m	, 2011 (10),	115.	5:35.94	326	5:38.76	102%
100m		113.	3.33.34	520	1:24.51	10276
200m		89.	2:50.72	363	2:55.31	105%
200111	, 2012 (12),	03.	2.50.72	303	2.00.01	10376
400	, 2012 (12),	440				
400m		116.	5:36.39	325	5:30.00	96%
100m		00	0.50.00	-	1:26.50	-
200m		99.	2:52.06	355	2:55.00	103%
	, 2011 (13),					
100m				-	1:04.70	-
400m		148.	5:13.61	310	5:12.00	99%
	, 2010 (14),					1
400m	, (),	45.	4:45.43	411	4:47.00	101%
100m				-	1:08.00	-
200m		41.	2:28.99	398	2:28.00	99%
200	, 2011 (13),		2.20.00	000	2.20.00	1
400m	, 2011 (10),	152.	5:22.32	285	E:16 00	96%
					5:16.00	
100m		25.	1:21.40	202	1:20.50	98%
200m	0044 (40	143.	2:46.56	285	2:50.00	104%
	, 2011 (13),					1
400m		148.	6:35.76	199	6:40.58	102%
100m				-	1:33.00	-
200m		144.	3:14.78	244	3:10.00	95%
	, 2011 (13),					2
100m	·			-	1:04.01	-
400m		67.	4:51.62	385	4:52.34	100%
200m		105.	2:38.77	329	2:39.78	101%
					-	