

, 28. - 30.5.2025

4, 400m											2011	
29.05.2025 - 10:00												
: 3:59.00 /			: 4:15.50 / 1			: 4:35.50 / 2			: 5:11.50 / 3		: 6:01.00	
: AQUA 2024												
											/	
											11	
											4:12.08	596
50m:	28.02	28.02	150m:	1:30.31	31.25	250m:	2:35.44	34.90	350m:	3:41.29	32.83	
100m:	59.06	31.04	200m:	2:00.54	30.23	300m:	3:08.46	33.02	400m:	4:12.08	30.79	
											11	
50m:	29.62	29.62	150m:	1:34.14	32.49	250m:	2:40.31	33.25	350m:	3:46.89	32.98	
100m:	1:01.65	32.03	200m:	2:07.06	32.92	300m:	3:13.91	33.60	400m:	4:19.34	32.45	
											11	
50m:	29.44	29.44	150m:	1:34.79	32.91	250m:	2:41.66	33.48	350m:	3:48.37	33.33	
100m:	1:01.88	32.44	200m:	2:08.18	33.39	300m:	3:15.04	33.38	400m:	4:19.80	31.43	
											11	
50m:	27.84	27.84	150m:	1:31.26	32.67	250m:	2:38.86	34.35	350m:	3:48.49	34.87	
100m:	58.59	30.75	200m:	2:04.51	33.25	300m:	3:13.62	34.76	400m:	4:21.63	33.14	
											11	
50m:	28.43	28.43	150m:	1:34.54	33.92	250m:	2:42.71	34.12	350m:	3:50.03	33.61	
100m:	1:00.62	32.19	200m:	2:08.59	34.05	300m:	3:16.42	33.71	400m:	4:22.23	32.20	
											11	
50m:	29.17	29.17	150m:	1:35.31	33.74	250m:	2:45.08	35.16	350m:	3:55.66	35.10	
100m:	1:01.57	32.40	200m:	2:09.92	34.61	300m:	3:20.56	35.48	400m:	4:27.90	32.24	
											11	
50m:	28.97	28.97	150m:	1:35.40	33.90	250m:	2:44.84	34.77	350m:	3:55.49	35.20	
100m:	1:01.50	32.53	200m:	2:10.07	34.67	300m:	3:20.29	35.45	400m:	4:28.94	33.45	
											11	
50m:	29.44	29.44	150m:	1:37.38	34.35	250m:	2:46.61	34.83	350m:	3:56.28	34.45	
100m:	1:03.03	33.59	200m:	2:11.78	34.40	300m:	3:21.83	35.22	400m:	4:30.05	33.77	
											11	
50m:	30.46	30.46	150m:	1:38.95	34.71	250m:	2:48.41	34.77	350m:	3:58.43	34.80	
100m:	1:04.24	33.78	200m:	2:13.64	34.69	300m:	3:23.63	35.22	400m:	4:31.87	33.44	
											11	
50m:	29.21	29.21	150m:	1:36.75	34.48	250m:	2:46.43	34.67	350m:	3:56.70	35.92	
100m:	1:02.27	33.06	200m:	2:11.76	35.01	300m:	3:20.78	34.35	400m:	4:31.94	35.24	
											11	
50m:	30.73	30.73	150m:	1:39.97	34.80	250m:	2:49.62	34.85	350m:	3:58.43	34.29	
100m:	1:05.17	34.44	200m:	2:14.77	34.80	300m:	3:24.14	34.52	400m:	4:32.04	33.61	
											11	
50m:	28.16	28.16	150m:	1:36.18	35.19	250m:	2:46.91	35.03	350m:	3:58.38	35.69	
100m:	1:00.99	32.83	200m:	2:11.88	35.70	300m:	3:22.69	35.78	400m:	4:32.80	34.42	
											11	
50m:	29.80	29.80	150m:	1:37.37	34.65	250m:	2:48.30	35.44	350m:	4:00.17	35.82	
100m:	1:02.72	32.92	200m:	2:12.86	35.49	300m:	3:24.35	36.05	400m:	4:33.74	33.57	
											11	
50m:	28.11	28.11	150m:	1:37.11	35.05	250m:	2:48.14	35.63	350m:	3:59.72	35.90	
100m:	1:02.06	33.95	200m:	2:12.51	35.40	300m:	3:23.82	35.68	400m:	4:34.19	34.47	
											11	
50m:	29.72	29.72	150m:	1:40.46	36.33	250m:	2:52.93	36.31	350m:	4:03.83	35.06	
100m:	1:04.13	34.41	200m:	2:16.62	36.16	300m:	3:28.77	35.84	400m:	4:34.53	30.70	
											11	
50m:	29.00	29.00	150m:	1:36.41	34.45	250m:	2:47.11	35.38	350m:	3:59.81	36.12	
100m:	1:01.96	32.96	200m:	2:11.73	35.32	300m:	3:23.69	36.58	400m:	4:34.69	34.88	
											11	
50m:	30.16	30.16	150m:	1:40.36	35.94	250m:	2:52.30	35.76	350m:	4:02.34	34.24	
100m:	1:04.42	34.26	200m:	2:16.54	36.18	300m:	3:28.10	35.80	400m:	4:34.84	32.50	

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4,		, 400m		, 2011									
				/									
				11						4:35.34		458 1	
50m:	29.93	29.93	150m:	1:40.92	35.83	250m:	2:52.39	35.76	350m:	4:02.78	35.41		
100m:	1:05.09	35.16	200m:	2:16.63	35.71	300m:	3:27.37	34.98	400m:	4:35.34	32.56		
				11						4:35.55		457 2	
50m:	29.78	29.78	150m:	1:40.04	35.84	250m:	2:52.52	36.46	350m:	4:04.45	35.94		
100m:	1:04.20	34.42	200m:	2:16.06	36.02	300m:	3:28.51	35.99	400m:	4:35.55	31.10		
				11						4:36.08		454 2	
50m:	30.93	30.93	150m:	1:38.96	34.60	250m:	2:49.62	35.47	350m:	4:01.30	36.06		
100m:	1:04.36	33.43	200m:	2:14.15	35.19	300m:	3:25.24	35.62	400m:	4:36.08	34.78		
				11						4:36.46		452 2	
50m:	28.42	28.42	150m:	1:36.36	35.10	250m:	2:48.37	36.22	350m:	4:01.15	36.26		
100m:	1:01.26	32.84	200m:	2:12.15	35.79	300m:	3:24.89	36.52	400m:	4:36.46	35.31		
				11						4:36.78		450 2	
50m:	30.00	30.00	150m:	1:39.29	35.45	250m:	2:51.64	36.31	350m:	4:03.59	36.20		
100m:	1:03.84	33.84	200m:	2:15.33	36.04	300m:	3:27.39	35.75	400m:	4:36.78	33.19		
				12						4:36.84		450 2	
50m:	30.76	30.76	150m:	1:39.79	35.02	250m:	2:50.77	35.60	350m:	4:02.25	35.81		
100m:	1:04.77	34.01	200m:	2:15.17	35.38	300m:	3:26.44	35.67	400m:	4:36.84	34.59		
				11						4:38.44		442 2	
50m:	29.20	29.20	150m:	1:39.51	35.25	250m:	2:51.86	36.42	350m:	4:04.02	35.85		
100m:	1:04.26	35.06	200m:	2:15.44	35.93	300m:	3:28.17	36.31	400m:	4:38.44	34.42		
				11						4:38.48		442 2	
50m:	32.15	32.15	150m:	1:44.00	35.98	250m:	2:55.56	35.83	350m:	4:06.10	34.66		
100m:	1:08.02	35.87	200m:	2:19.73	35.73	300m:	3:31.44	35.88	400m:	4:38.48	32.38		
				11						4:38.51		442 2	
50m:	29.48	29.48	150m:	1:38.95	35.62	250m:	2:50.48	35.99	350m:	4:03.13	36.48		
100m:	1:03.33	33.85	200m:	2:14.49	35.54	300m:	3:26.65	36.17	400m:	4:38.51	35.38		
				11						4:38.62		442 2	
50m:	30.94	30.94	150m:	1:42.67	36.44	250m:	2:55.15	36.40	350m:	4:06.71	35.53		
100m:	1:06.23	35.29	200m:	2:18.75	36.08	300m:	3:31.18	36.03	400m:	4:38.62	31.91		
				12						4:38.80		441 2	
50m:	30.96	30.96	150m:	1:42.76	36.24	250m:	2:55.25	36.55	350m:	4:06.18	34.54		
100m:	1:06.52	35.56	200m:	2:18.70	35.94	300m:	3:31.64	36.39	400m:	4:38.80	32.62		
				12						4:38.89		440 2	
50m:	30.64	30.64	150m:	1:41.14	35.71	250m:	2:53.87	36.52	350m:	4:05.49	35.68		
100m:	1:05.43	34.79	200m:	2:17.35	36.21	300m:	3:29.81	35.94	400m:	4:38.89	33.40		
				11						4:39.15		439 2	
50m:	30.51	30.51	150m:	1:41.03	35.72	250m:	2:52.75	36.00	350m:	4:04.60	35.89		
100m:	1:05.31	34.80	200m:	2:16.75	35.72	300m:	3:28.71	35.96	400m:	4:39.15	34.55		
				12						4:39.16		439 2	
50m:	30.58	30.58	150m:	1:40.58	35.15	250m:	2:51.89	35.15	350m:	4:04.63	36.13		
100m:	1:05.43	34.85	200m:	2:16.74	36.16	300m:	3:28.50	36.61	400m:	4:39.16	34.53		
				12						4:40.03		435 2	
50m:	31.09	31.09	150m:	1:40.91	34.94	250m:	2:51.94	35.28	350m:	4:05.10	36.71		
100m:	1:05.97	34.88	200m:	2:16.66	35.75	300m:	3:28.39	36.45	400m:	4:40.03	34.93		
				11						4:40.98		431 2	
50m:	31.41	31.41	150m:	1:43.52	36.66	250m:	2:56.38	36.41	350m:	4:06.86	33.89		
100m:	1:06.86	35.45	200m:	2:19.97	36.45	300m:	3:32.97	36.59	400m:	4:40.98	34.12		
				12						4:41.02		430 2	
50m:	30.64	30.64	150m:	1:40.86	36.09	250m:	2:53.30	36.46	350m:	4:06.28	36.38		
100m:	1:04.77	34.13	200m:	2:16.84	35.98	300m:	3:29.90	36.60	400m:	4:41.02	34.74		
				12						4:41.27		429 2	
50m:	31.58	31.58	150m:	1:40.97	35.42	250m:	2:53.47	36.42	350m:	4:06.76	37.03		
100m:	1:05.55	33.97	200m:	2:17.05	36.08	300m:	3:29.73	36.26	400m:	4:41.27	34.51		

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4,		, 400m		, 2011									
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				11						4:41.52		428	2
50m:	30.90	30.90	150m:	1:42.53	36.71	250m:	2:55.63	36.39	350m:	4:07.40	35.41		
100m:	1:05.82	34.92	200m:	2:19.24	36.71	300m:	3:31.99	36.36	400m:	4:41.52	34.12		
				11						4:42.66		423	2
50m:	31.98	31.98	150m:	1:42.66	35.67	250m:	2:55.53	36.26	350m:	4:08.49	35.91		
100m:	1:06.99	35.01	200m:	2:19.27	36.61	300m:	3:32.58	37.05	400m:	4:42.66	34.17		
				11						4:42.72		423	2
50m:	31.92	31.92	150m:	1:43.93	36.32	250m:	2:55.96	35.71	350m:	4:08.44	36.17		
100m:	1:07.61	35.69	200m:	2:20.25	36.32	300m:	3:32.27	36.31	400m:	4:42.72	34.28		
				11						4:43.27		420	2
50m:	30.61	30.61	150m:	1:42.30	36.60	250m:	2:55.66	36.86	350m:	4:08.49	36.43		
100m:	1:05.70	35.09	200m:	2:18.80	36.50	300m:	3:32.06	36.40	400m:	4:43.27	34.78		
				11						4:43.66		418	2
50m:	30.72	30.72	150m:	1:42.48	36.22	250m:	2:55.16	36.15	350m:	4:08.50	36.07		
100m:	1:06.26	35.54	200m:	2:19.01	36.53	300m:	3:32.43	37.27	400m:	4:43.66	35.16		
				11						4:43.98		417	2
50m:	30.06	30.06	150m:	1:40.87	36.45	250m:	2:54.48	36.92	350m:	4:08.70	36.79		
100m:	1:04.42	34.36	200m:	2:17.56	36.69	300m:	3:31.91	37.43	400m:	4:43.98	35.28		
				11						4:44.68		414	2
50m:	30.79	30.79	150m:	1:41.78	36.09	250m:	2:54.63	36.89	350m:	4:09.05	37.46		
100m:	1:05.69	34.90	200m:	2:17.74	35.96	300m:	3:31.59	36.96	400m:	4:44.68	35.63		
				12						4:44.79		413	2
50m:	32.41	32.41	150m:	1:44.76	35.98	250m:	2:57.18	35.87	350m:	4:10.20	36.23		
100m:	1:08.78	36.37	200m:	2:21.31	36.55	300m:	3:33.97	36.79	400m:	4:44.79	34.59		
				11						4:45.04		412	2
50m:	30.84	30.84	150m:	1:42.35	35.91	250m:	2:55.81	36.91	350m:	4:09.63	36.52		
100m:	1:06.44	35.60	200m:	2:18.90	36.55	300m:	3:33.11	37.30	400m:	4:45.04	35.41		
				12						4:45.43		411	2
50m:	30.96	30.96	150m:	1:42.33	35.93	250m:	2:55.85	36.86	350m:	4:26.98	54.83		
100m:	1:06.40	35.44	200m:	2:18.99	36.66	300m:	3:32.15	36.30	400m:	4:45.43	18.45		
				11						4:45.80		409	2
50m:	29.66	29.66	150m:	1:40.76	36.68	250m:	2:56.03	37.59	350m:	4:10.62	37.30		
100m:	1:04.08	34.42	200m:	2:18.44	37.68	300m:	3:33.32	37.29	400m:	4:45.80	35.18		
				12						4:45.84		409	2
50m:	31.70	31.70	150m:	1:43.84	36.40	250m:	2:55.69	35.90	350m:	4:10.69	36.82		
100m:	1:07.44	35.74	200m:	2:19.79	35.95	300m:	3:33.87	38.18	400m:	4:45.84	35.15		
				11						4:46.28		407	2
50m:	31.82	31.82	150m:	1:45.36	37.19	250m:	2:58.53	35.61	350m:	4:10.64	35.53		
100m:	1:08.17	36.35	200m:	2:22.92	37.56	300m:	3:35.11	36.58	400m:	4:46.28	35.64		
				11						4:46.36		407	2
50m:	30.71	30.71	150m:	1:42.71	36.92	250m:	2:56.69	37.01	350m:	4:10.68	36.69		
100m:	1:05.79	35.08	200m:	2:19.68	36.97	300m:	3:33.99	37.30	400m:	4:46.36	35.68		
				11						4:46.86		405	2
50m:	30.99	30.99	150m:	1:41.14	35.13	250m:	2:54.49	37.16	350m:	4:09.90	37.31		
100m:	1:06.01	35.02	200m:	2:17.33	36.19	300m:	3:32.59	38.10	400m:	4:46.86	36.96		
				11						4:46.96		404	2
50m:	31.71	31.71	150m:	1:43.58	36.69	250m:	2:58.03	37.19	350m:	4:12.27	37.19		
100m:	1:06.89	35.18	200m:	2:20.84	37.26	300m:	3:35.08	37.05	400m:	4:46.96	34.69		
				11						4:47.11		404	2
50m:	31.14	31.14	150m:	1:42.35	36.78	250m:	2:57.07	37.39	350m:	4:11.78	37.28		
100m:	1:05.57	34.43	200m:	2:19.68	37.33	300m:	3:34.50	37.43	400m:	4:47.11	35.33		
				11						4:47.17		403	2
50m:	29.74	29.74	150m:	1:41.43	36.69	250m:	2:56.23	37.20	350m:	4:11.39	37.67		
100m:	1:04.74	35.00	200m:	2:19.03	37.60	300m:	3:33.72	37.49	400m:	4:47.17	35.78		

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4,		, 400m		, 2011									
				/									
				11						4:47.41		402	2
50m:	31.97	31.97	150m:	1:43.38	35.85	250m:	2:57.61	37.46	350m:	4:13.02	37.27		
100m:	1:07.53	35.56	200m:	2:20.15	36.77	300m:	3:35.75	38.14	400m:	4:47.41	34.39		
				12						4:47.73		401	2
50m:	30.72	30.72	150m:	1:42.14	36.52	250m:	2:58.13	38.23	350m:	4:13.36	37.67		
100m:	1:05.62	34.90	200m:	2:19.90	37.76	300m:	3:35.69	37.56	400m:	4:47.73	34.37		
				11						4:47.74		401	2
50m:	31.19	31.19	150m:	1:43.15	36.85	250m:	2:57.95	37.61	350m:	4:12.79	37.14		
100m:	1:06.30	35.11	200m:	2:20.34	37.19	300m:	3:35.65	37.70	400m:	4:47.74	34.95		
				12						4:48.28		399	2
50m:	30.74	30.74	150m:	1:42.77	36.64	250m:	2:56.79	36.78	350m:	4:08.18	34.71		
100m:	1:06.13	35.39	200m:	2:20.01	37.24	300m:	3:33.47	36.68	400m:	4:48.28	40.10		
				12						4:48.53		398	2
50m:	31.37	31.37	150m:	1:43.53	36.56	250m:	2:57.67	36.73	350m:	4:10.94	36.99		
100m:	1:06.97	35.60	200m:	2:20.94	37.41	300m:	3:33.95	36.28	400m:	4:48.53	37.59		
				11						4:48.72		397	2
50m:	30.99	30.99	150m:	1:43.13	36.65	250m:	2:58.74	38.14	350m:	4:13.61	36.68		
100m:	1:06.48	35.49	200m:	2:20.60	37.47	300m:	3:36.93	38.19	400m:	4:48.72	35.11		
				11						4:48.78		397	2
50m:	32.89	32.89	150m:	1:45.08	36.51	250m:	2:58.88	37.29	350m:	4:12.75	36.46		
100m:	1:08.57	35.68	200m:	2:21.59	36.51	300m:	3:36.29	37.41	400m:	4:48.78	36.03		
				12						4:48.81		396	2
50m:	32.25	32.25	150m:	1:44.08	36.55	250m:	2:55.82	36.13	350m:	4:06.86	35.85		
100m:	1:07.53	35.28	200m:	2:19.69	35.61	300m:	3:31.01	35.19	400m:	4:48.81	41.95		
				11						4:48.90		396	2
50m:	30.56	30.56	150m:	1:43.45	36.83	250m:	2:58.54	37.81	350m:	4:13.79	37.38		
100m:	1:06.62	36.06	200m:	2:20.73	37.28	300m:	3:36.41	37.87	400m:	4:48.90	35.11		
				11						4:49.03		396	2
50m:	31.62	31.62	150m:	1:44.48	36.62	250m:	2:58.58	37.37	350m:	4:12.83	37.04		
100m:	1:07.86	36.24	200m:	2:21.21	36.73	300m:	3:35.79	37.21	400m:	4:49.03	36.20		
				11						4:49.42		394	2
50m:	32.42	32.42	150m:	1:45.47	37.10	250m:	3:00.14	37.31	350m:	4:14.02	36.71		
100m:	1:08.37	35.95	200m:	2:22.83	37.36	300m:	3:37.31	37.17	400m:	4:49.42	35.40		
				11						4:49.48		394	2
50m:	32.69	32.69	150m:	1:45.68	37.07	250m:	2:58.97	36.66	350m:	4:12.63	37.09		
100m:	1:08.61	35.92	200m:	2:22.31	36.63	300m:	3:35.54	36.57	400m:	4:49.48	36.85		
				11						4:49.64		393	2
50m:	30.69	30.69	150m:	1:44.71	37.85	250m:	2:59.09	36.89	350m:	4:13.74	37.89		
100m:	1:06.86	36.17	200m:	2:22.20	37.49	300m:	3:35.85	36.76	400m:	4:49.64	35.90		
				11						4:50.50		390	2
50m:	30.58	30.58	150m:	1:42.86	36.97	250m:	2:58.91	38.02	350m:	4:14.10	37.37		
100m:	1:05.89	35.31	200m:	2:20.89	38.03	300m:	3:36.73	37.82	400m:	4:50.50	36.40		
				12						4:51.58		385	2
50m:	32.82	32.82	150m:	1:45.59	36.89	250m:	3:00.22	37.67	350m:	4:15.47	37.52		
100m:	1:08.70	35.88	200m:	2:22.55	36.96	300m:	3:37.95	37.73	400m:	4:51.58	36.11		
				11						4:53.20		379	2
50m:	30.84	30.84	150m:	1:44.95	37.56	250m:	3:02.07	38.99	350m:	4:18.75	37.36		
100m:	1:07.39	36.55	200m:	2:23.08	38.13	300m:	3:41.39	39.32	400m:	4:53.20	34.45		
				11						4:53.65		377	2
50m:	32.53	32.53	150m:	1:45.24	36.94	250m:	3:00.92	38.16	350m:	4:16.22	37.77		
100m:	1:08.30	35.77	200m:	2:22.76	37.52	300m:	3:38.45	37.53	400m:	4:53.65	37.43		
				11						4:53.72		377	2
50m:	30.83	30.83	150m:	1:43.86	37.42	250m:	2:59.96	37.88	350m:	4:16.72	38.07		
100m:	1:06.44	35.61	200m:	2:22.08	38.22	300m:	3:38.65	38.69	400m:	4:53.72	37.00		

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