, 28. - 30.5.2025

4 , 400m 2011

Sale	29.05.20	025 - 10:	00											
1.		: 3:59	9.00 /		: 4:15.50	) / 1	: 4:35	.50 / 2	: 5	5:11.50 / 3	3	: 6:01.00		
1.	: AQUA	2024												
1.		,				/								
Som.   28.02   28.02   150m;   130.31   31.25   250m;   2.35.44   34.90   350m;   41.29   32.83   30.79	1					11						4:12.08	596	
100m   59.06   31.04   200m   200.54   30.23   300m   3.08.46   33.02   400m   412.08   30.79	••	50m:	28.02	28.02	150m:		31.25	250m:	2:35.44	34.90	350m:			
	2					11						4-10 34	548	1
100m;   1:01.65   32.03   200m;   2:07.06   32.92   300m;   3:13.91   33.60   400m;   4:19.34   32.45   1   100m;   1:01.88   32.44   200m;   2:08.18   33.99   300m;   3:15.04   33.38   400m;   4:19.80   31.43   31.43   31.44   31.65   31.45   32.91   250m;   2:41.66   33.48   400m;   4:19.80   31.43   31.43   31.45   30.00m;   3:15.04   33.38   400m;   4:19.80   31.43   31.43   31.45   30.00m;   3:15.04   33.38   400m;   4:19.80   31.43   31.43   31.45   30.00m;   3:15.04   33.48   34.55   35.00m;   3:36.18   33.48   34.67   30.00m;   3:36.2   30.00m;   3	۷.	50m·	29 62	29 62	150m <sup>-</sup>		32 49	250m·	2:40:31	33 25	350m			•
50m:   29.44   29.44   150m:   1:34.79   32.91   250m:   2:41.66   33.48   35.0m   3:48.37   33.38   31.43														
50m:   29.44   29.44   150m:   1:34.79   32.91   250m:   2:41.66   33.48   35.0m   3:48.37   33.38   31.43	3					11						/·10 80	5/15	1
100m	Э.	50m:	29.44	29.44	150m:		32.91	250m:	2:41.66	33.48	350m:			'
Som														
Som	1					11						1.21.62	522	1
100m:   58.59   30.75   200m:   2.04.51   33.25   300m:   313.62   34.76   400m:   4.21.63   33.14	4.	50m·	27 84	27 84	150m·		32 67	250m·	2:38.86	34 35	350m·			1
Some   28.43   28.43   150m;   134.64   33.92   250m;   242.71   34.12   350m;   35.003   33.61   350m;   35.003   33.62   35.003   32.24   350m;   35.003   33.45   35.003   32.24   350m;   35.003   33.45   35.003   32.24   350m;   35.003   33.45   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   35.003   35.003   33.45   35.003   35.003   35.003   33.45   35.003   35.003   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   35.003   33.45   35.003   33.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.45   35.003   33.0														
Som: 28.43   28.43   150m: 1:34.54   33.92   250m: 2:42.71   34.12   350m: 3:50.03   33.61	_					44						4-00-00		
100m: 1:00.62   32.19   200m: 2:08.59   34.05   300m: 3:16.42   33.71   400m: 4:22.23   32.20	5.	E0m:	20.42	20.42	150m:		22.02	250m:	2:42.71	24.12	250m:			1
Som:   29.17   29.17   150m:   136.31   33.74   250m:   245.08   35.16   350m:   355.66   35.16   360m:   32.24   427.90														
50m:	_		1.00.02	02.10	200111.		0 1.00	000111.	J. 1J72	00.71	100111.			
100m; 1:01.57   32.40   200m; 2:09.92   34.61   300m; 3:20.56   35.48   400m; 4:27.90   32.24	6.	50	00.17	00.47	450		00.74	050	0.45.00	05.40	050			1
7.														
Som: 28.87   28.97   28.97   28.97   200m: 2:10.07   33.90   250m: 2:44.84   34.77   350m: 3:55.49   35.20		100111.	1.01.07	02.40	200111.		04.01	000111.	0.20.00	00.40	400111.			
8.	7.													1
8.														
Som: 29.44   29.44   150m: 1:37.38   34.35   250m: 2:46.61   34.83   350m: 3:56.28   34.45   100m: 1:03.03   33.59   200m: 2:11.78   34.40   300m: 3:21.83   35.22   400m: 4:30.05   33.77   37.77   37.78   38.40   30.06   30.46   30.46   30.46   150m: 1:38.95   34.71   250m: 2:48.41   34.77   350m: 358.43   34.80   34.80   34.80   34.80   30.0m: 1:04.24   33.78   200m: 2:13.64   34.69   300m: 3:23.63   35.22   400m: 4:31.87   33.44   34.80		TOOM.	1.01.50	32.33	200m.	2.10.07	34.07	300m.	3.20.29	35.45	400m:	4.26.94	33.45	
9.	8.												485	1
9.														
50m:   30.46   30.46   150m:   1:38.95   34.71   250m:   2:48.41   34.77   350m:   3:58.43   34.80   30.0m:   1:04.24   33.78   200m:   2:13.64   34.69   300m:   3:23.63   35.22   400m:   4:31.87   33.44   475   1   10.		100m:	1:03.03	33.59	200m:	2:11.78	34.40	300m:	3:21.83	35.22	400m:	4:30.05	33.77	
100m: 1:04.24   33.78   200m: 2:13.64   34.69   300m: 3:23.63   35.22   400m: 4:31.87   33.44     10.	9.					11						4:31.87	475	1
10.														
50m; 29.21   29.21   150m; 1:36.75   34.48   250m; 2:46.43   34.67   350m; 3:56.70   35.92     100m; 1:02.27   33.06   200m; 2:11.76   35.01   300m; 3:20.78   34.35   400m; 4:31.94   35.24     11.		100m:	1:04.24	33.78	200m:	2:13.64	34.69	300m:	3:23.63	35.22	400m:	4:31.87	33.44	
100m: 1:02.27 33.06 200m: 2:11.76 35.01 300m: 3:20.78 34.35 400m: 4:31.94 35.24  11.	10.					11						4:31.94	475	1
11.														
50m: 30.73   30.73   30.73   150m: 1:39.97   34.80   250m: 2:49.62   34.85   350m: 3:58.43   34.29     100m: 1:05.17   34.44   200m: 2:14.77   34.80   300m: 3:24.14   34.52   400m: 4:32.04   33.61     12.		100m:	1:02.27	33.06	200m:	2:11.76	35.01	300m:	3:20.78	34.35	400m:	4:31.94	35.24	
100m: 1:05.17 34.44 200m: 2:14.77 34.80 300m: 3:24.14 34.52 400m: 4:32.04 33.61  12.	11.					11						4:32.04	474	1
12.		50m:	30.73	30.73	150m:	1:39.97	34.80	250m:	2:49.62	34.85	350m:	3:58.43	34.29	
50m:       28.16   28.16   150m:       1:36.18   35.19   250m:       2:46.91   35.03   350m:       3:58.38   35.69   34.42         13.       13.       11   150m:       1:37.37   34.65   250m:       2:48.30   35.44   350m:       4:00.17   35.82   35.82   400m:         14.       100m:       1:02.72   32.92   200m:       2:12.86   35.49   300m:       3:24.35   36.05   400m:       4:33.74   33.57   35.82   400m:         14.       150m:       28.11   150m:       1:37.11   35.05   250m:       2:48.14   35.63   350m:       3:59.72   35.90   35.90   35.90   35.90   32.382   35.68   400m:         15.       11   150m:       1:37.11   35.05   250m:       2:48.14   35.63   350m:       3:59.72   35.90   34.47   34.45   36.33   250m:       2:52.93   36.31   350m:       3:50m:       4:34.53   35.06   400m:       4:34.69   461   1   40.46   40.		100m:	1:05.17	34.44	200m:	2:14.77	34.80	300m:	3:24.14	34.52	400m:	4:32.04	33.61	
50m:       28.16   28.16   150m:       1:36.18   35.19   250m:       2:46.91   35.03   35.0m:       3:58.38   35.69   34.42         13.       13.       14.       150m:       29.80   29.80   150m:       1:37.37   34.65   250m:       2:48.30   35.44   350m:       4:00.17   35.82   400m:       4:33.74   466   1         14.       14.       150m:       28.11   150m:       1:37.11   35.05   250m:       2:48.14   35.63   350m:       3:59.72   35.90   34.47   34.48   34.41   34.45   250m:       250m:       2:52.93   36.31   350m:       350m:       4:34.53   35.06   36.06   30.70   36.12	12.					11						4:32.80	470	1
13.		50m:	28.16	28.16	150m:		35.19	250m:	2:46.91	35.03	350m:			•
100m: 1:02.72   32.92   200m: 2:12.86   35.49   300m: 3:24.35   36.05   400m: 4:33.74   33.57     14.		100m:	1:00.99	32.83	200m:	2:11.88	35.70	300m:	3:22.69	35.78	400m:	4:32.80	34.42	
100m: 1:02.72   32.92   200m: 2:12.86   35.49   300m: 3:24.35   36.05   400m: 4:33.74   33.57     14.	13					11						4-33 74	466	1
14.	10.	50m:	29.80	29.80	150m:		34.65	250m:	2:48.30	35.44	350m:			•
50m: 28.11 28.11 150m: 1:37.11 35.05 250m: 2:48.14 35.63 350m: 3:59.72 35.90 100m: 1:02.06 33.95 200m: 2:12.51 35.40 300m: 3:23.82 35.68 400m: 4:34.19 34.47  15.  11  50m: 29.72 29.72 150m: 1:40.46 36.33 250m: 2:52.93 36.31 350m: 4:03.83 35.06 100m: 1:04.13 34.41 200m: 2:16.62 36.16 300m: 3:28.77 35.84 400m: 4:34.53 30.70  16.  11  50m: 29.00 29.00 150m: 1:36.41 34.45 250m: 2:47.11 35.38 350m: 3:59.81 36.12 100m: 1:01.96 32.96 200m: 2:11.73 35.32 300m: 3:23.69 36.58 400m: 4:34.69 34.88  17.  11  50m: 30.16 30.16 150m: 1:40.36 35.94 250m: 2:52.30 35.76 350m: 4:02.34 34.24														
50m: 28.11 28.11 150m: 1:37.11 35.05 250m: 2:48.14 35.63 350m: 3:59.72 35.90 100m: 1:02.06 33.95 200m: 2:12.51 35.40 300m: 3:23.82 35.68 400m: 4:34.19 34.47  15.  11  50m: 29.72 29.72 150m: 1:40.46 36.33 250m: 2:52.93 36.31 350m: 4:03.83 35.06 100m: 1:04.13 34.41 200m: 2:16.62 36.16 300m: 3:28.77 35.84 400m: 4:34.53 30.70  16.  11  50m: 29.00 29.00 150m: 1:36.41 34.45 250m: 2:47.11 35.38 350m: 3:59.81 36.12 100m: 1:01.96 32.96 200m: 2:11.73 35.32 300m: 3:23.69 36.58 400m: 4:34.69 34.88  17.  11  50m: 30.16 30.16 150m: 1:40.36 35.94 250m: 2:52.30 35.76 350m: 4:02.34 34.24	11					11						1.24 10	<b>163</b>	1
100m: 1:02.06 33.95 200m: 2:12.51 35.40 300m: 3:23.82 35.68 400m: 4:34.19 34.47  15.	14.	50m·	28 11	28 11	150m·		35.05	250m·	2.48 14	35.63	350m·			ı
15.														
50m: 29.72 29.72 150m: 1:40.46 36.33 250m: 2:52.93 36.31 350m: 4:03.83 35.06 100m: 1:04.13 34.41 200m: 2:16.62 36.16 300m: 3:28.77 35.84 400m: 4:34.53 30.70  16.	4 5													1
100m: 1:04.13 34.41 200m: 2:16.62 36.16 300m: 3:28.77 35.84 400m: 4:34.53 30.70  16.	15.	50m	20.72	20.72	150m·		36 33	250m·	2.52.02	<b>26 21</b>	350m·			T
16.														
50m: 29.00 29.00 150m: 1:36.41 34.45 250m: 2:47.11 35.38 350m: 3:59.81 36.12 100m: 1:01.96 32.96 200m: 2:11.73 35.32 300m: 3:23.69 36.58 400m: 4:34.69 34.88   17.	40													4
100m: 1:01.96 32.96 200m: 2:11.73 35.32 300m: 3:23.69 36.58 400m: 4:34.69 34.88  17.	16.	E0m:	20.00	20.00	1E0m:		21 15	250~	2.47 44	25 20	250m·			Т
17.														
50m: 30.16 30.16 150m: 1:40.36 35.94 250m: 2:52.30 35.76 350m: 4:02.34 34.24				-2.00			-0.02		2.20.00	-0.50				
	17.	<b>5</b> 0	00.40	00.10	450		05.04	050	0.50.00	05.70	050			1
100m: 1:04.42 34.26 200m: 2:16.54 36.18 300m: 3:28.10 35.80 400m: 4:34.84 32.50														
100.11. 1.04.42 04.20 20011. 2.10.04 00.10 00011. 0.20.10 00.00 40011. 4.04.04 02.00		700111.	1.07.42	J7.20	200111.	2.10.04	50.10	COOIII.	0.20.10	55.50	-00III.	7.UT.U <del>1</del>	02.00	

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	4,		, 400m		, 2	2011							
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18.					11						4:35.34	458	1
	50m: 100m:	29.93 1:05.09	29.93 35.16		1:40.92 2:16.63	35.83 35.71	250m:	2:52.39 3:27.37	35.76 34.98	350m: 400m:	4:02.78 4:35.34	35.41 32.56	
40	100111.	1.05.09	33.10	200111.		33.71	300111.	3.21.31	34.90	400111.			•
19.	50m:	29.78	29.78	150m:	11 1:40.04	35.84	250m:	2:52.52	36.46	350m:	<b>4:35.55</b> 4:04.45	<b>457</b> 35.94	2
		1:04.20	34.42		2:16.06	36.02	300m:		35.99	400m:	4:35.55	31.10	
20.					11						4:36.08	454	2
	50m:	30.93	30.93		1:38.96	34.60		2:49.62	35.47	350m:		36.06	
0.4	100m:	1:04.36	33.43	200m:	2:14.15	35.19	300m:	3:25.24	35.62	400m:	4:36.08	34.78	•
21.	50m:	28.42	28.42	150m·	11 1:36.36	35.10	250m:	2:48.37	36.22	350m·	<b>4:36.46</b> 4:01.15	452 36.26	2
		1:01.26	32.84		2:12.15	35.79		3:24.89	36.52	400m:		35.31	
22.					11						4:36.78	450	2
	50m:	30.00 1:03.84	30.00 33.84		1:39.29 2:15.33	35.45 36.04		2:51.64 3:27.39	36.31 35.75	350m: 400m:	4:03.59 4:36.78	36.20 33.19	
00	100111.	1.03.04	33.04	200111.		30.04	300111.	3.27.39	33.73	400111.			•
23.	50m:	30.76	30.76	150m:	12 1:39.79	35.02	250m:	2:50.77	35.60	350m:	<b>4:36.84</b> 4:02.25	450 35.81	2
		1:04.77	34.01		2:15.17	35.38	300m:		35.67	400m:		34.59	
24.					11						4:38.44	442	2
	50m:	29.20 1:04.26	29.20 35.06		1:39.51 2:15.44	35.25 35.93		2:51.86 3:28.17	36.42 36.31	350m: 400m:		35.85 34.42	
0.5	100111.	1.04.20	33.00	200111.		33.93	300111.	3.20.17	30.31	400111.			•
25.	50m:	32.15	32.15	150m:	11 1:44.00	35.98	250m:	2:55.56	35.83	350m:	<b>4:38.48</b> 4:06.10	442 34.66	2
		1:08.02	35.87		2:19.73	35.73		3:31.44	35.88	400m:	4:38.48	32.38	
26.					11						4:38.51	442	2
	50m:	29.48 1:03.33	29.48 33.85		1:38.95 2:14.49	35.62 35.54	250m: 300m:	2:50.48 3:26.65	35.99 36.17	350m: 400m:	4:03.13 4:38.51	36.48 35.38	
27.	100111.	1.00.00	00.00	200111.	11	00.01	000111.	0.20.00	00.17	100111.	4:38.62	442	2
21.	50m:	30.94	30.94	150m:	1:42.67	36.44	250m:	2:55.15	36.40	350m:		35.53	2
	100m:	1:06.23	35.29	200m:	2:18.75	36.08	300m:	3:31.18	36.03	400m:	4:38.62	31.91	
28.					12						4:38.80	441	2
	50m: 100m:	30.96 1:06.52	30.96 35.56		1:42.76 2:18.70	36.24 35.94		2:55.25 3:31.64	36.55 36.39	350m: 400m:	4:06.18 4:38.80	34.54 32.62	
29.					12						4:38.89	440	2
25.	50m:	30.64	30.64	150m:	1:41.14	35.71	250m:	2:53.87	36.52	350m:	4:05.49	35.68	_
	100m:	1:05.43	34.79	200m:	2:17.35	36.21	300m:	3:29.81	35.94	400m:	4:38.89	33.40	
30.	50	00.54	00.54	450	11	05.70	050	0.50.75	00.00	050	4:39.15	439	2
	50m: 100m:	30.51 1:05.31	30.51 34.80		1:41.03 2:16.75	35.72 35.72	250m: 300m:	2:52.75 3:28.71	36.00 35.96	350m: 400m:	4:04.60 4:39.15	35.89 34.55	
31.					12						4:39.16	439	2
0	50m:	30.58	30.58		1:40.58	35.15	250m:	2:51.89	35.15	350m:	4:04.63	36.13	_
	100m:	1:05.43	34.85	200m:		36.16	300m:	3:28.50	36.61	400m:	4:39.16	34.53	
32.	50	04.00	04.00	450	12	04.04	050	0.54.04	05.00	050	4:40.03	435	2
	50m: 100m:	31.09 1:05.97	31.09 34.88	150m: 200m:	1:40.91 2:16.66	34.94 35.75	250m: 300m:	2:51.94 3:28.39	35.28 36.45	350m: 400m:	4:05.10 4:40.03	36.71 34.93	
33.					11						4:40.72	432	2
	50m:	29.80	29.80		1:40.20	35.68	250m:	2:53.16	36.50	350m:	4:05.99	36.19	
	100m:	1:04.52	34.72	200m:	2:16.66	36.46	300m:	3:29.80	36.64	400m:	4:40.72	34.73	
34.	50m·	21 //	21 //1	150~	11 1:43.52	36 66	250~.	2.56.20	36 A1	350~	<b>4:40.98</b> 4:06.86	431 33.89	2
	50m: 100m:	31.41 1:06.86	31.41 35.45	150m: 200m:		36.66 36.45	250m: 300m:	2:56.38 3:32.97	36.41 36.59	350m: 400m:	4:06.86 4:40.98	33.89	
35.					12						4:41.02	430	2
	50m:	30.64	30.64	150m:	1:40.86	36.09	250m:	2:53.30	36.46	350m:	4:06.28	36.38	
	100m:	1:04.77	34.13	200m:	2:16.84	35.98	300m:	3:29.90	36.60	400m:	4:41.02	34.74	

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	4,		, 400m		, 2	2011							
	,				/								
36.					12						4:41.27	429	2
00.	50m:	31.58	31.58	150m:	1:40.97	35.42	250m:	2:53.47	36.42	350m:	4:06.76	37.03	_
	100m:	1:05.55	33.97		2:17.05	36.08	300m:		36.26	400m:	4:41.27	34.51	
37.					11						4:41.52	428	2
	50m:	30.90	30.90		1:42.53	36.71		2:55.63	36.39	350m:	4:07.40	35.41	
	100m:	1:05.82	34.92	200m:	2:19.24	36.71	300m:	3:31.99	36.36	400m:	4:41.52	34.12	
38.					12						4:42.52	424	2
50.	50m:	30.77	30.77	150m:	1:41.40	35.83	250m:	2:54.06	36.76	350m:	4:08.61	36.91	_
		1:05.57	34.80		2:17.30	35.90	300m:	3:31.70	37.64	400m:	4:42.52	33.91	
	100111.	1.00.07	34.00	200111.	2.17.00	55.50	300111.	5.51.70	37.04	400111.			
39.					11						4:42.66	423	2
	50m:	31.98	31.98	150m:	1:42.66	35.67	250m:	2:55.53	36.26	350m:	4:08.49	35.91	
	100m:	1:06.99	35.01	200m:	2:19.27	36.61	300m:	3:32.58	37.05	400m:	4:42.66	34.17	
40.					11						4:42.72	423	2
40.	F0	24.00	04.00	450		20.20	050	0.55.00	25.74	250			_
	50m:	31.92 1:07.61	31.92 35.69		1:43.93 2:20.25	36.32 36.32		2:55.96 3:32.27	35.71 36.31	350m: 400m:	4:08.44 4:42.72	36.17 34.28	
	100111.	1.07.01	55.05	200111.	2.20.25	30.32	300111.	5.52.21	30.31	400111.	4.42.72	34.20	
41.					11						4:43.27	420	2
	50m:	30.61	30.61	150m:	1:42.30	36.60	250m:	2:55.66	36.86	350m:	4:08.49	36.43	
	100m:	1:05.70	35.09	200m:	2:18.80	36.50	300m:	3:32.06	36.40	400m:	4:43.27	34.78	
40					44						4-40-00	440	_
42.	<b>50</b>	00.70	00.70	450	11	00.00	050	0.55.40	00.45	050	4:43.66	418	2
	50m:	30.72	30.72		1:42.48	36.22		2:55.16	36.15	350m:		36.07	
	Toom:	1:06.26	35.54	200m:	2:19.01	36.53	300m:	3:32.43	37.27	400m:	4:43.66	35.16	
43.					11						4:43.98	417	2
	50m:	30.06	30.06	150m:	1:40.87	36.45	250m:	2:54.48	36.92	350m:	4:08.70	36.79	
	100m:	1:04.42	34.36		2:17.56	36.69		3:31.91	37.43	400m:	4:43.98	35.28	
44.					11						4:44.68	414	2
	50m:	30.79	30.79		1:41.78	36.09	250m:	2:54.63	36.89	350m:	4:09.05	37.46	
	100m:	1:05.69	34.90	200m:	2:17.74	35.96	300m:	3:31.59	36.96	400m:	4:44.68	35.63	
45.					12						4:44.79	413	2
	50m:	32.41	32.41	150m:	1:44.76	35.98	250m:	2:57.18	35.87	350m:	4:10.20	36.23	
	100m:	1:08.78	36.37	200m:	2:21.31	36.55	300m:	3:33.97	36.79	400m:	4:44.79	34.59	
40					44						4.45.04	440	0
46.	F0	20.04	20.04	450	11	25.04	050	0.55.04	20.04	250	4:45.04	412	2
	50m:	30.84	30.84		1:42.35	35.91		2:55.81	36.91		4:09.63	36.52	
	TOOM.	1:06.44	35.60	200111.	2:18.90	36.55	300111.	3:33.11	37.30	400m:	4:45.04	35.41	
47.					12						4:45.43	411	2
	50m:	30.96	30.96	150m:	1:42.33	35.93	250m:	2:55.85	36.86	350m:	4:26.98	54.83	
	100m:	1:06.40	35.44		2:18.99	36.66	300m:	3:32.15	36.30	400m:	4:45.43	18.45	
40											4 45 50	440	•
48.					11						4:45.56	410	2
	50m:	31.94	31.94		1:44.86	36.43	250m:	2:57.71	36.45	350m:	4:10.68	36.27	
	100m:	1:08.43	36.49	200m:	2:21.26	36.40	300m:	3:34.41	36.70	400m:	4:45.56	34.88	
49.					11						4:45.80	409	2
-	50m:	29.66	29.66	150m:	1:40.76	36.68	250m:	2:56.03	37.59	350m:	4:10.62	37.30	
		1:04.08	34.42	200m:		37.68	300m:	3:33.32	37.29	400m:	4:45.80	35.18	
													_
50.					12						4:45.84	409	2
	50m:	31.70	31.70	150m:	1:43.84	36.40	250m:	2:55.69	35.90	350m:	4:10.69	36.82	
	100m:	1:07.44	35.74	200m:	2:19.79	35.95	300m:	3:33.87	38.18	400m:	4:45.84	35.15	
51.					11						4:46.28	407	2
0	50m:	31.82	31.82	150m:	1:45.36	37.19	250m:	2:58.53	35.61	350m:	4:10.64	35.53	_
		1:08.17	36.35		2:22.92	37.56	300m:	3:35.11	36.58	400m:	4:46.28	35.64	
52.					11						4:46.36	407	2
	50m:	30.71	30.71	150m:	1:42.71	36.92	250m:	2:56.69	37.01	350m:	4:10.68	36.69	
	100m:	1:05.79	35.08	200m:	2:19.68	36.97	300m:	3:33.99	37.30	400m:	4:46.36	35.68	
53.					11						4:46.86	405	2
50.	50m:	30.99	30.99	150m·	1:41.14	35.13	250m:	2:54.49	37.16	350m:	4:09.90	37.31	_
		1:06.01	35.02		2:17.33	36.19	300m:	3:32.59	38.10	400m:	4:46.86	36.96	

						,							
	4,		, 400m		, 2	2011							
	,				/								
54.					11						4:46.96	404	2
	50m:	31.71	31.71		1:43.58	36.69		2:58.03	37.19	350m:	4:12.27	37.19	
	100m:	1:06.89	35.18	200m:	2:20.84	37.26	300m:	3:35.08	37.05	400m:	4:46.96	34.69	
55.					11						4:47.06	404	2
	50m:	31.01	31.01	150m:	2:00.82	54.78	250m:	3:15.12	37.09	350m:	4:30.11	37.50	
	100m:	1:06.04	35.03	200m:	2:38.03	37.21	300m:	3:52.61	37.49	400m:	4:47.06	16.95	
56.					11						4:47.11	404	2
	50m:	31.14	31.14	150m:	1:42.35	36.78	250m:	2:57.07	37.39	350m:	4:11.78	37.28	_
	100m:	1:05.57	34.43	200m:	2:19.68	37.33	300m:		37.43	400m:	4:47.11	35.33	
57.					11						4:47.17	403	2
0	50m:	29.74	29.74	150m:	1:41.43	36.69	250m:	2:56.23	37.20	350m:	4:11.39	37.67	_
		1:04.74	35.00		2:19.03	37.60		3:33.72	37.49		4:47.17	35.78	
58.					11						4:47.41	402	2
50.	50m:	31.97	31.97	150m:	1:43.38	35.85	250m:	2:57.61	37.46	350m:	4:13.02	37.27	2
		1:07.53	35.56		2:20.15	36.77		3:35.75	38.14	400m:		34.39	
50					40								0
59.	E0m:	24 44	21 11	150m:	12	26 61	250m:	0.50 47	27.60	250m:	4:47.68	401	2
	50m:	31.44 1:07.24	31.44 35.80		1:43.85 2:20.87	36.61 37.02		2:58.47 3:36.16	37.60 37.69	350m: 400m:	4:13.49 4:47.68	37.33 34.19	
	100111.	1.07.24	00.00	200111.		01.02	000111.	0.00.10	07.00	400111.			_
60.	<b>5</b> 0	00.70	00.70	450	12	00.50	050	0.50.40	00.00	050	4:47.73	401	2
	50m:	30.72 1:05.62	30.72 34.90		1:42.14 2:19.90	36.52 37.76		2:58.13 3:35.69	38.23 37.56		4:13.36 4:47.73	37.67 34.37	
	100111.	1.05.02	34.90	200111.	2.19.90	37.70	300111.	3.33.09	37.30	400111.	4.47.73		
61.					11						4:47.74	401	2
	50m:	31.19	31.19		1:43.15	36.85		2:57.95	37.61	350m:	4:12.79	37.14	
	100m:	1:06.30	35.11	200m:	2:20.34	37.19	300m:	3:35.65	37.70	400m:	4:47.74	34.95	
62.					11						4:47.82	401	2
	50m:	29.62	29.62		1:40.64	36.40		2:56.33	37.76	350m:	4:13.02	38.85	
	100m:	1:04.24	34.62	200m:	2:18.57	37.93	300m:	3:34.17	37.84	400m:	4:47.82	34.80	
63.					11						4:48.05	400	2
	50m:	32.01	32.01		1:44.49	36.72	250m:		37.37	350m:		37.34	
	100m:	1:07.77	35.76	200m:	2:21.52	37.03	300m:	3:36.27	37.38	400m:	4:48.05	34.44	
64.					11						4:48.19	399	2
	50m:	31.21	31.21		2:01.96	55.57	250m:	3:17.03	37.61	350m:	4:31.26	36.90	
	100m:	1:06.39	35.18	200m:	2:39.42	37.46	300m:	3:54.36	37.33	400m:	4:48.19	16.93	
65.					12						4:48.28	399	2
	50m:	30.74	30.74	150m:	1:42.77	36.64	250m:	2:56.79	36.78	350m:	4:08.18	34.71	_
	100m:	1:06.13	35.39		2:20.01	37.24		3:33.47	36.68	400m:	4:48.28	40.10	
66.					12						4:48.46	398	2
00.	50m:	31.55	31.55	150m·	2:03.93	56.21	250m:	3:18.87	37.60	350m:	4:31.72	35.93	2
	100m:	1:07.72	36.17		2:41.27	37.34	300m:	3:55.79	36.92	400m:	4:48.46	16.74	
67.					11						4.40.47	200	2
67.	E0m:	32.62	32.62	150m:	1 i 1:44.74	36.36	250m:	2:58.58	37.25	350m:	<b>4:48.47</b> 4:13.17	398 37.50	2
	50m: 100m:	1:08.38	35.76		2:21.33	36.59		3:35.67	37.23 37.09	400m:	4:13:17 4:48.47	35.30	
00													0
68.	<b>5</b> 0	04.07	04.07	450	12	00.50	050	0.57.07	00.70	050	4:48.53	398	2
	50m:	31.37 1:06.97	31.37 35.60	150m:	1:43.53 2:20.94	36.56 37.41		2:57.67 3:33.95	36.73 36.28	350m: 400m:	4:10.94 4:48.53	36.99 37.59	
	100111.	1.00.57	33.00	200111.		37.41	300111.	0.00.00	30.20	400111.			
69.					11						4:48.72	397	2
	50m:	30.99	30.99	150m:	1:43.13	36.65	250m:	2:58.74	38.14	350m:	4:13.61	36.68	
	iuum:	1:06.48	35.49	∠uum:	2:20.60	37.47	300m:	3:36.93	38.19	400m:	4:48.72	35.11	
70.					11						4:48.78	397	2
	50m:	32.89	32.89		1:45.08	36.51	250m:	2:58.88	37.29	350m:	4:12.75	36.46	
	100m:	1:08.57	35.68	200m:	2:21.59	36.51	300m:	3:36.29	37.41	400m:	4:48.78	36.03	
71.					12						4:48.81	396	2
	50m:	32.25	32.25		1:44.08	36.55	250m:		36.13	350m:	4:06.86	35.85	
	100m:	1:07.53	35.28	200m:	2:19.69	35.61	300m:	3:31.01	35.19	400m:	4:48.81	41.95	

						, 20.	. 50.5.	2020					
	4,		, 400m		, 2	2011							
	,				/								
72.					11						4:48.90	396	2
12.	50m:	30.56	30.56	150m:	1:43.45	36.83	250m:	2:58.54	37.81	350m:	4:13.79	37.38	2
		1:06.62	36.06		2:20.73	37.28		3:36.41	37.87	400m:	4:48.90	35.11	
70											4 40 05	000	•
73.	<b>5</b> 0	00.07	00.07	450	11	00.00	050	0.50.04	00.44	050	4:48.95	396	2
	50m:	30.67	30.67		1:42.84	36.99		2:58.91	38.14	350m:		37.49	
	TOOM.	1:05.85	35.18	200m.	2:20.77	37.93	300m:	3:37.23	38.32	400m:	4:48.95	34.23	
74.					11						4:49.03	396	2
	50m:	31.62	31.62	150m:	1:44.48	36.62	250m:	2:58.58	37.37	350m:	4:12.83	37.04	
	100m:	1:07.86	36.24	200m:	2:21.21	36.73	300m:	3:35.79	37.21	400m:	4:49.03	36.20	
75.					11						4:49.17	395	2
	50m:	31.20	31.20	150m:	1:42.58	36.41	250m:	2:57.63	38.05	350m:		37.39	_
		1:06.17	34.97		2:19.58	37.00		3:35.74	38.11	400m:		36.04	
76											4.40.42		2
76.	50	00.40	00.40	450	11	07.40	050	0.00.44	07.04	050	4:49.42	394	2
	50m:	32.42 1:08.37	32.42 35.95		1:45.47 2:22.83	37.10 37.36	250m:	3:00.14 3:37.31	37.31 37.17	350m:	4:14.02 4:49.42	36.71 35.40	
	100111.	1.00.07	55.55	200111.		37.30	300111.	0.07.01	37.17	400111.			
77.					11						4:49.48	394	2
	50m:	32.69	32.69		1:45.68	37.07		2:58.97	36.66		4:12.63	37.09	
	100m:	1:08.61	35.92	200m:	2:22.31	36.63	300m:	3:35.54	36.57	400m:	4:49.48	36.85	
78.					11						4:49.64	393	2
	50m:	30.69	30.69	150m:	1:44.71	37.85	250m:	2:59.09	36.89	350m:	4:13.74	37.89	_
	100m:	1:06.86	36.17		2:22.20	37.49	300m:	3:35.85	36.76	400m:	4:49.64	35.90	
70					11						4.50.40	200	2
79.	50m:	31.06	31.06	150m:	11 1:43.77	37.12	250m:	2:58.06	48.46	350m:	<b>4:50.42</b> 4:09.87	390 35.80	2
		1:06.65	35.59		2:09.60	25.83		3:34.07	36.01	400m:	4:50.42	40.55	
			00.00	200		20.00	000	0.0	00.0.				
80.					11						4:50.50	390	2
	50m:	30.58 1:05.89	30.58 35.31		1:42.86 2:20.89	36.97 38.03		2:58.91 3:36.73	38.02 37.82	350m: 400m:	4:14.10 4:50.50	37.37 36.40	
	100111.	1.05.09	33.31	200111.	2.20.09	30.03	300111.	3.30.73	37.02	400111.	4.50.50	30.40	
81.					11						4:50.79	388	2
	50m:	31.97	31.97		1:45.96	37.23		3:01.20	38.27	350m:		37.23	
	100m:	1:08.73	36.76	200m:	2:22.93	36.97	300m:	3:38.44	37.24	400m:	4:50.79	35.12	
82.					11						4:50.93	388	2
	50m:	32.45	32.45	150m:	1:45.90	37.02	250m:	3:01.26	37.49	350m:	4:15.82	36.52	
	100m:	1:08.88	36.43		2:23.77	37.87	300m:		38.04	400m:		35.11	
83.					12						4:51.58	385	2
00.	50m:	32.82	32.82	150m:	1:45.59	36.89	250m:	3:00.22	37.67	350m:	4:15.47	37.52	2
	100m:	1:08.70	35.88	200m:		36.96	300m:	3:37.95	37.73	400m:	4:51.58	36.11	
84.	50	00.40	00.40	450	12	07.00	050	0.00.70	00.07	050	4:51.61	385	2
	50m: 100m:	32.19 1:07.69	32.19 35.50	150m: 200m:	1:45.01 2:22.35	37.32 37.34	250m: 300m:	3:00.72 3:56.62	38.37 55.90	350m: 400m:	4:34.10 4:51.61	37.48 17.51	
	100111.	1.07.03	33.30	200111.		37.34	300111.	0.00.02	33.30	400111.			
85.					11						4:52.08	383	2
	50m:	31.02	31.02	150m:	1:45.23	38.10	250m:	3:01.02	38.29	350m:	4:16.87	37.93	
	100m:	1:07.13	36.11	200m:	2:22.73	37.50	300m:	3:38.94	37.92	400m:	4:52.08	35.21	
86.					11						4:52.13	383	2
	50m:	30.85	30.85	150m:		37.41	250m:	2:58.79	37.51	350m:	4:15.18	38.20	
	100m:	1:06.67	35.82	200m:	2:21.28	37.20	300m:	3:36.98	38.19	400m:	4:52.13	36.95	
87.					11						4:52.15	383	2
07.	50m:	31.68	31.68	150m:	1:45.69	37.08	250m:	3:00.77	37.43	350m:	4:13.44	35.61	2
		1:08.61	36.93		2:23.34	37.65	300m:	3:37.83	37.06	400m:	4:52.15	38.71	
00	· ·	-		·									0
88.	<b>5</b> 0	04.50	04.50	450	11	07.00	050	0.00.00	07.55	050	4:52.45	382	2
	50m:	31.58 1:07.52	31.58 35.94		1:44.84 2:22.47	37.32 37.63	250m:	3:00.02 3:37.66	37.55 37.64	350m:	4:15.49 4:52.45	37.83 36.96	
	TOOM.	1.07.52	JJ.94	ZUUIII.	2.22.41	31.03	300m:	3.37.00	37.64	400m:	4.02.40	30.90	
89.					11						4:52.54	381	2
	50m:	31.60	31.60		1:45.12	37.06	250m:	3:02.16	38.37	350m:	4:16.60	37.18	
	100m:	1:08.06	36.46	200m:	2:23.79	38.67	300m:	3:39.42	37.26	400m:	4:52.54	35.94	

						, 20.	. 50.5.	2020					
	4,		, 400m		, 2	2011							
	,				/								
90.					12						4:52.89	380	2
50.	50m:	30.81	30.81	150m:	1:43.02	36.85	250m:	2:59.48	38.77	350m:	4:16.41	37.87	2
		1:06.17	35.36		2:20.71	37.69	300m:		39.06	400m:	4:52.89	36.48	
91.					11						4:53.20	379	2
	50m:	30.84	30.84		1:44.95	37.56	250m:	3:02.07	38.99	350m:	4:18.75	37.36	
	100m:	1:07.39	36.55	200m:	2:23.08	38.13	300m:	3:41.39	39.32	400m:	4:53.20	34.45	
92.					12						4:53.51	378	2
02.	50m:	31.66	31.66	150m:	1:45.44	37.52	250m:	3:01.18	37.88	350m:		37.99	_
		1:07.92	36.26		2:23.30	37.86	300m:	3:38.94	37.76	400m:	4:53.51	36.58	
00													0
93.					11						4:53.65	377	2
	50m:	32.53	32.53		1:45.24	36.94	250m:	3:00.92	38.16	350m:	4:16.22	37.77	
	100m:	1:08.30	35.77	200m:	2:22.76	37.52	300m:	3:38.45	37.53	400m:	4:53.65	37.43	
94.					11						4:53.72	377	2
	50m:	30.83	30.83	150m:	1:43.86	37.42	250m:	2:59.96	37.88	350m:	4:16.72	38.07	
	100m:	1:06.44	35.61		2:22.08	38.22		3:38.65	38.69	400m:	4:53.72	37.00	
0.5					40						4-54.00	070	0
95.	F0	24.70	24.70	450	12	07.07	050	2.02.00	20.40	250	4:54.03	376	2
	50m:	31.70 1:08.83	31.70 37.13		1:46.70 2:24.80	37.87 38.10	250m: 300m:	3:03.29 3:40.24	38.49 36.95	400m:	4:17.35 4:54.03	37.11 36.68	
	100111.	1.00.03	37.13	200111.	2.24.00	30.10	300111.	3.40.24	30.93	400111.	4.54.05	30.00	
96.					11						4:54.27	375	2
	50m:	32.56	32.56	150m:	1:45.76	36.69	250m:	2:59.83	36.96	350m:	4:16.07	38.47	
	100m:	1:09.07	36.51	200m:	2:22.87	37.11	300m:	3:37.60	37.77	400m:	4:54.27	38.20	
07					11						4.E4 E0	274	2
97.	F0	22.44	22.44	1 <i>E</i> 0m.	11	27.72	250	2.02.07	20.04	250	4:54.59	374	2
	50m:	33.41 1:10.21	33.41 36.80		1:47.93 2:25.86	37.72 37.93	250m: 300m:	3:03.87 3:42.02	38.01 38.15	350m: 400m:	4:18.65 4:54.59	36.63 35.94	
	100111.	1.10.21	30.00	200111.	2.23.00	31.93	300111.	3.42.02	30.13	400111.	4.54.55	33.94	
98.					12						4:55.09	372	2
	50m:	31.41	31.41		1:45.50	37.60	250m:	3:02.62	38.68	350m:		36.69	
	100m:	1:07.90	36.49	200m:	2:23.94	38.44	300m:	3:41.91	39.29	400m:	4:55.09	36.49	
99.					11						4:55.29	371	2
55.	50m:	30.99	30.99	150m·	2:03.64	56.37	250m:	3:20.72	38.77	350m:		38.70	_
		1:07.27	36.28		2:41.95	38.31		3:58.88	38.16	400m:	4:55.29	17.71	
400													_
100.					11						4:55.54	370	2
	50m:	31.60	31.60		1:44.83	37.16		3:00.96	38.89		4:18.29	38.07	
	100m:	1:07.67	36.07	200m:	2:22.07	37.24	300m:	3:40.22	39.26	400m:	4:55.54	37.25	
101.					13						4:55.68	369	2
	50m:	32.00	32.00	150m:	1:45.88	37.66	250m:	3:02.70	38.33	350m:		37.46	
	100m:	1:08.22	36.22	200m:	2:24.37	38.49	300m:	3:41.06	38.36	400m:	4:55.68	37.16	
400					4.4						A.EE OE	200	0
102.	F0	22.51	32.51	1 <i>E</i> 0m.	11 1:48.59	20.50	250	2.05.64	20.24	250	<b>4:55.85</b> 4:19.65	369	2
	50m:	32.51 1:10.00	32.51 37.49	200m:		38.59 38.74	250m: 300m:	3:05.64 3:43.37	38.31 37.73	350m: 400m:	4:19.65 4:55.85	36.28 36.20	
	100111.	1.10.00	07.40	200111.	2.27.00	00.74	000111.	0.40.07	01.10	400111.	4.00.00	00.20	
103.					11						4:56.60	366	2
	50m:	32.96	32.96	150m:	1:47.51	37.78	250m:	3:04.22	38.96	350m:	4:20.39	37.44	
	100m:	1:09.73	36.77	200m:	2:25.26	37.75	300m:	3:42.95	38.73	400m:	4:56.60	36.21	
104.					11						4:56.64	366	2
104.	50m:	32.37	32.37	150m:		38.46	250m:	3:05.32	38.55	350m:	4:21.90	37.94	_
		1:09.69	37.32		2:26.77	38.62	300m:	3:43.96	38.64	400m:	4:56.64	34.74	
			002	200		00.02	000	0.10.00	00.0				
105.					11						4:56.65	366	2
	50m:	34.11	34.11	150m:	1:50.85	38.08	250m:	3:07.16	38.04	350m:		37.44	
	100m:	1:12.77	38.66	200m:	2:29.12	38.27	300m:	3:45.90	38.74	400m:	4:56.65	33.31	
106.					12						4:56.88	365	2
.00.	50m:	32.51	32.51	150m:	1:47.80	37.63	250m:	3:05.16	38.61	350m:	4:21.86	37.89	_
		1:10.17	37.66		2:26.55	38.75	300m:	3:43.97	38.81	400m:		35.02	
													_
			<b>.</b>		11			• ==			4:56.88	365	2
	50m:	31.70	31.70		1:47.28	38.18	250m:	3:05.06	38.69	350m:		38.41	
	TUUM:	1:09.10	37.40	∠uum:	2:26.37	39.09	300m:	3:43.85	38.79	400m:	4:56.88	34.62	

-						, 20	. 50.5.						
	4,		, 400m		, 2	2011							
	,				1								
108.					11						4:56.96	365	2
	50m:	31.81	31.81	150m:	1:48.11	38.26	250m:	3:04.64	38.89	350m:	4:17.46	34.69	
	100m:	1:09.85	38.04	200m:	2:25.75	37.64	300m:	3:42.77	38.13	400m:	4:56.96	39.50	
109.					12						4:57.41	363	2
100.	50m:	30.59	30.59	150m:	1:44.50	38.07	250m:	3:00.87	37.73	350m:	4:19.80	38.77	_
		1:06.43	35.84		2:23.14	38.64	300m:	3:41.03	40.16	400m:	4:57.41	37.61	
440					44						4.57.44	202	0
110.	F0	20.22	22.22	15000	11	27.67	250	2.02.15	20.04	250	4:57.44	363	2
	50m:	32.33 1:08.46	32.33 36.13		1:46.13 2:24.11	37.67 37.98	250m: 300m:	3:02.15 3:40.66	38.04 38.51	350m: 400m:	4:19.81 4:57.44	39.15 37.63	
	100111.	1.00.40	00.10	200111.		07.00	000111.	0.40.00	00.01	400111.			_
111.					11						4:57.66	362	2
	50m:	32.90	32.90		1:47.01	37.61	250m:	3:03.23	38.32	350m:	4:19.85	38.54	
	100m:	1:09.40	36.50	200m:	2:24.91	37.90	300m:	3:41.31	38.08	400m:	4:57.66	37.81	
112.					12						4:58.24	360	2
	50m:	29.90	29.90		1:44.17	38.24	250m:	3:02.92	39.96	350m:	4:19.63	38.56	
	100m:	1:05.93	36.03	200m:	2:22.96	38.79	300m:	3:41.07	38.15	400m:	4:58.24	38.61	
113.					12						4:59.12	357	2
	50m:	31.92	31.92	150m:	1:47.25	38.66	250m:	3:05.36	39.16	350m:		38.94	_
	100m:	1:08.59	36.67		2:26.20	38.95	300m:	3:44.96	39.60	400m:	4:59.12	35.22	
114.					12						4:59.43	356	2
114.	50m:	33.40	33.40	150m:	1∠ 1:49.96	38.98	250m:	3:09.61	39.65	350m:	4:25.33	39.21	2
		1:10.98	37.58		2:29.96	40.00	300m:		36.51	400m:	4:59.43	34.10	
			0.100	200			000	0	00.0.				
115.					11						4:59.83	354	2
	50m:	32.34	32.34		1:43.94	36.94	250m:	3:00.58	38.18	350m:	4:20.86	40.45	
	100m:	1:07.00	34.66	200m:	2:22.40	38.46	300m:	3:40.41	39.83	400m:	4:59.83	38.97	
116.					11						4:59.90	354	2
	50m:	31.80	31.80		1:47.78	38.67	250m:	3:04.41	39.03	350m:	4:22.61	38.51	
	100m:	1:09.11	37.31	200m:	2:25.38	37.60	300m:	3:44.10	39.69	400m:	4:59.90	37.29	
117.					11						5:00.29	353	2
	50m:	32.54	32.54	150m:	1:47.87	38.41	250m:	3:05.54	38.78	350m:	4:24.11	39.01	
	100m:	1:09.46	36.92	200m:	2:26.76	38.89	300m:	3:45.10	39.56	400m:	5:00.29	36.18	
118.					11						5:00.53	352	2
110.	50m:	32.04	32.04	150m		38.62	250m·	3:06.07	39.43	350m	4:24.11	38.52	2
		1:08.62	36.58		2:26.64	39.40		3:45.59	39.52		5:00.53	36.42	
440					40						<b>5</b> 00 00	054	0
119.	F0	04.00	24.00	450	13	20.52	050	0.05.40	20.00	250	5:00.86	351	2
	50m: 100m:	31.68 1:08.51	31.68 36.83		1:47.04 2:26.09	38.53 39.05	250m: 300m:	3:05.18 3:44.51	39.09 39.33	350m: 400m:	4:23.15 5:00.86	38.64 37.71	
	100111.	1.00.01	30.03	200111.		33.03	300111.	0.44.01	33.33	400111.			
120.					12						5:01.07	350	2
	50m:	31.94	31.94		1:48.63	39.05	250m:	3:06.45	38.81	350m:	4:24.41	38.88	
	100m:	1:09.58	37.64	200m:	2:27.64	39.01	300m:	3:45.53	39.08	400m:	5:01.07	36.66	
121.					13						5:01.11	350	2
	50m:	34.07	34.07	150m:	1:51.50	38.70	250m:	3:08.86	38.57	350m:	4:26.42	38.58	
	100m:	1:12.80	38.73	200m:	2:30.29	38.79	300m:	3:47.84	38.98	400m:	5:01.11	34.69	
					13						5:01.11	350	2
	50m:	32.73	32.73	150m:	1:48.54	38.39	250m:	3:06.59	39.13	350m:	4:24.26	38.74	_
		1:10.15	37.42		2:27.46	38.92	300m:	3:45.52	38.93	400m:	5:01.11	36.85	
123.					12						E.01 E1	348	2
123.	50m:	31.10	31.10	150m:	1∠ 1:47.40	38.64	250m:	3:05.29	39.07	350m:	<b>5:01.51</b> 4:24.59	39.45	2
		1:08.76	37.66		2:26.22	38.82	300m:	3:45.14	39.85	400m:	5:01.51	36.92	
			200										_
124.		65 ÷	00.5	4	11	00.5-	0==	0.00	00.55	0=0	5:01.62	348	2
	50m:	30.84	30.84		1:48.90	39.66	250m:	3:08.36	39.60	350m:	4:26.36	38.39	
	TOOM.	1:09.24	38.40	ZUUIII.	2:28.76	39.86	300m:	3:47.97	39.61	400m:	5:01.62	35.26	
125.					12						5:01.78	347	2
	50m:	33.08	33.08		1:51.14	39.93	250m:	3:09.96	39.67		4:26.55	37.91	
	100m:	1:11.21	38.13	200m:	2:30.29	39.15	300m:	3:48.64	38.68	400m:	5:01.78	35.23	

						, 28.	30.5.2	2025					
	4,		, 400m		, 2	2011							
	,				,								
126.					11						5:01.88	347	2
.20.	50m:	33.34	33.34	150m:	1:49.70	38.89	250m:	3:07.93	38.71	350m:	4:24.42	37.34	_
	100m:	1:10.81	37.47	200m:	2:29.22	39.52	300m:	3:47.08	39.15	400m:	5:01.88	37.46	
127.					11						5:01.94	347	2
	50m:	32.43	32.43	150m:	1:48.48	38.45	250m:	3:06.91	39.50	350m:	4:25.38	38.91	
	100m:	1:10.03	37.60	200m:	2:27.41	38.93	300m:	3:46.47	39.56	400m:	5:01.94	36.56	
128.					12						5:01.95	347	2
	50m:	33.80	33.80		1:50.37	38.64	250m:	3:09.64	39.49	350m:	4:26.90	38.51	
	100m:	1:11.73	37.93	200m:	2:30.15	39.78	300m:	3:48.39	38.75	400m:	5:01.95	35.05	
129.					11						5:02.78	344	2
	50m:	33.19	33.19		1:50.54	39.22	250m:	3:08.88	39.14	350m:	4:26.94	39.14	
	100m:	1:11.32	38.13	200m:	2:29.74	39.20	300m:	3:47.80	38.92	400m:	5:02.78	35.84	
130.					11						5:02.83	344	2
	50m:	32.53 1:09.82	32.53 37.29	150m:	1:48.66 2:27.89	38.84 39.23	250m: 300m:	3:06.71 3:46.19	38.82 39.48	350m: 400m:	4:26.45 5:02.83	40.26 36.38	
	100111.	1.00.02	37.23	200111.		33.23	300111.	5.40.15	33.40	400111.			_
131.	F0	22.62	22.02	450	11	20.04	250	2.00.05	20.50	250	5:02.89	344	2
	50m: 100m:	33.63 1:11.50	33.63 37.87		1:49.54 2:28.46	38.04 38.92	250m: 300m:	3:08.05 3:47.53	39.59 39.48	350m: 400m:	4:25.83 5:02.89	38.30 37.06	
400	100111.	1.11.00	07.07	200111.		00.02	000111.	0.17.00	00.10	100111.			•
132.	50m:	32.50	32.50	150m:	12 1:48.95	38.75	250m:	3:06.04	38.81	350m:	<b>5:03.22</b> 4:25.95	342 39.31	2
	50m: 100m:	1:10.20	37.70	150m: 200m:		39.18	300m:	3:06.94 3:46.64	39.70	400m:	5:03.22	37.27	
400													0
133.	50m:	33.04	33.04	150m·	12 1:49.11	38.59	250m:	3:07.73	39.58	350m:	<b>5:03.47</b> 4:26.53	342 39.45	2
		1:10.52	37.48		2:28.15	39.04	300m:		39.35	400m:	5:03.47	36.94	
134.					11						5:03.52	341	2
134.	50m:	33.03	33.03	150m:	1:50.39	39.57	250m:	3:09.12	39.87	350m:	4:28.11	39.51	2
		1:10.82	37.79		2:29.25	38.86	300m:	3:48.60	39.48	400m:	5:03.52	35.41	
					11						5:03.52	341	2
	50m:	32.35	32.35	150m:	1:49.01	39.12	250m:	3:09.30	40.55	350m:	4:27.13	39.24	_
	100m:	1:09.89	37.54	200m:	2:28.75	39.74	300m:	3:47.89	38.59	400m:	5:03.52	36.39	
136.					12						5:03.68	341	2
		33.47	33.47		1:49.44	38.26		3:09.55	40.51		4:28.18	38.65	
	100m:	1:11.18	37.71	200m:	2:29.04	39.60	300m:	3:49.53	39.98	400m:	5:03.68	35.50	
137.					11						5:03.71	341	2
		34.10	34.10		1:52.99	39.68		3:12.05	39.65		4:28.12	37.32	
	100m:	1:13.31	39.21	200m:	2:32.40	39.41	300m:	3:50.80	38.75	400m:	5:03.71	35.59	
138.					11						5:04.16	339	2
	50m:	33.77 1:11.47	33.77 37.70		1:50.48 2:29.36	39.01 38.88		3:08.30 3:48.04	38.94 39.74		4:26.82 5:04.16	38.78 37.34	
	100111.	1.11.47	37.70	200111.		30.00	300111.	3.40.04	33.74	400111.			_
139.	50	00.00	00.00	450	11	00.00	050	0.07.00	00.07	050	5:04.25	339	2
	50m: 100m:	32.68 1:10.60	32.68 37.92		1:48.96 2:28.26	38.36 39.30		3:07.93 3:48.61	39.67 40.68		4:27.87 5:04.25	39.26 36.38	
4.40													0
140.	F0	22.57	22.57	450	11	20.00	250	2.00.04	20.07	250	<b>5:04.73</b> 4:27.26	337	2
	50m: 100m:	33.57 1:11.34	33.57 37.77		1:50.20 2:29.37	38.86 39.17		3:09.04 3:48.27	39.67 39.23	400m:		38.99 37.47	
141.					11						5:05.87	334	2
141.	50m:	33.17	33.17	150m:	1:50.40	39.34	250m:	3:08.86	39.30	350m:	4:28.06	39.20	2
		1:11.06	37.89		2:29.56	39.16		3:48.86	40.00		5:05.87	37.81	
142.					11						5:05.98	333	2
1 <b>72.</b>	50m:	30.64	30.64	150m:	1:47.57	39.82	250m:	3:07.10	40.69	350m:	4:26.56	40.70	_
		1:07.75	37.11		2:26.41	38.84	300m:	3:45.86	38.76	400m:	5:05.98	39.42	
143.					12						5:06.78	331	2
	50m:	33.08	33.08	150m:	1:48.95	38.15	250m:	3:08.74	40.47	350m:	4:30.05	41.72	
	100m:	1:10.80	37.72	200m:	2:28.27	39.32	300m:	3:48.33	39.59	400m:	5:06.78	36.73	

						, 20	. 50.5.	2020					
	4,		, 400m		, 2	2011							
	,				/								
144.					12						5:06.82	331	2
	50m:	32.79	32.79	150m:	1:49.35	39.31	250m:	3:07.86	39.40	350m:	4:27.94	40.14	_
		1:10.04	37.25		2:28.46	39.11	300m:	3:47.80	39.94	400m:	5:06.82	38.88	
1.15					12						5:07.06	330	2
145.	50m:	33.04	33.04	150m:	1:50.69	39.77	250m:	3:11.05	39.69	350m:	4:29.95	39.11	2
		1:10.92	37.88		2:31.36	40.67	300m:	3:50.84	39.79	400m:	5:07.06	37.11	
	100111.	1110.02	07.00	2001111		10.01	0001111	0.00.01	00.70	100111.			
					13						5:07.06	330	2
	50m:	33.68	33.68		1:49.71	38.84	250m:	3:07.70	38.88	350m:		40.13	
	100m:	1:10.87	37.19	200m:	2:28.82	39.11	300m:	3:47.82	40.12	400m:	5:07.06	39.11	
147.					12						5:07.18	329	2
	50m:	33.46	33.46	150m:	1:50.21	38.93	250m:	3:10.48	40.14	350m:	4:29.22	38.97	
	100m:	1:11.28	37.82	200m:	2:30.34	40.13	300m:	3:50.25	39.77	400m:	5:07.18	37.96	
148.					11						5:07.40	329	2
1 10.	50m:	33.38	33.38	150m·	1:53.10	39.97	250m:	3:12.34	39.43	350m:	4:30.45	38.82	_
		1:13.13	39.75		2:32.91	39.81	300m:		39.29	400m:	5:07.40	36.95	
4.40												007	•
149.	<b>50</b>	00.45	00.45	450	11	00.54	050	0.00.74	00.07	050	5:07.77	327	2
	50m:	33.15 1:11.01	33.15		1:50.55	39.54	250m: 300m:	3:09.71	39.27	350m:		40.34	
	100111.	1.11.01	37.86	200111.	2:30.44	39.89	300111.	3:49.80	40.09	400m:	5:07.77	37.63	
150.					12						5:09.47	322	2
	50m:	31.88	31.88		1:47.72	38.67	250m:	3:06.07	38.67	350m:	4:28.21	41.14	
	100m:	1:09.05	37.17	200m:	2:27.40	39.68	300m:	3:47.07	41.00	400m:	5:09.47	41.26	
151.					11						5:10.35	319	2
101.	50m:	32.11	32.11	150m:	1:47.55	38.37	250m:	3:07.61	40.51	350m:	4:30.39	41.24	_
		1:09.18	37.07		2:27.10	39.55	300m:	3:49.15	41.54	400m:	5:10.35	39.96	
450					40						F-40-40	040	0
152.	F0	04.07	04.07	450	12	20.00	050	0.40.00	20.72	250	5:10.42	319	2
	50m:	34.37 1:12.77	34.37 38.40		1:52.59 2:32.56	39.82 39.97	250m: 300m:	3:12.29 3:52.05	39.73 39.76	350m: 400m:	4:31.84 5:10.42	39.79 38.58	
	100111.	1.12.77	00.40	200111.		00.07	000111.	0.02.00	00.70	400111.			
153.					12						5:11.92	315	3
	50m:	34.04	34.04		1:51.67	39.16	250m:	3:12.23	40.29	350m:		40.26	
	100m:	1:12.51	38.47	200m:	2:31.94	40.27	300m:	3:52.88	40.65	400m:	5:11.92	38.78	
154.					12						5:12.53	313	3
	50m:	35.13	35.13	150m:	1:53.75	39.76	250m:	3:13.60	40.01	350m:	4:31.96	38.35	
	100m:	1:13.99	38.86	200m:	2:33.59	39.84	300m:	3:53.61	40.01	400m:	5:12.53	40.57	
155.					12						5:12.68	312	3
100.	50m:	33.87	33.87	150m·	1:54.71	40.91	250m·	3:15.81	40.13	350m:	4:35.10	39.09	3
		1:13.80	39.93		2:35.68	40.97	300m:	3:56.01	40.20	400m:	5:12.68	37.58	
													_
156.					11						5:13.34	310	3
	50m:	33.70 1:13.15	33.70 39.45		1:53.35 2:33.31	40.20 39.96	250m: 300m:	3:13.46 3:53.13	40.15 39.67	350m: 400m:	4:33.21 5:13.34	40.08 40.13	
	100m:	1.13.13	39.43	200111.	2.33.31	39.90	300111.	3.55.15	39.07	400111.	5.15.54	40.13	
157.					12						5:14.82	306	3
	50m:	33.47	33.47	150m:	1:52.14	40.35	250m:	3:12.86	40.51	350m:	4:34.94	41.04	
	100m:	1:11.79	38.32	200m:	2:32.35	40.21	300m:	3:53.90	41.04	400m:	5:14.82	39.88	
158.					11						5:14.83	306	3
100.	50m:	31.60	31.60	150m·	1:48.97	40.46	250m·	3:11.80	41.63	350m:	4:34.61	42.10	Ū
		1:08.51	36.91		2:30.17	41.20		3:52.51	40.71	400m:	5:14.83	40.22	
450					40						C-4 C 00		0
159.	F0	22.50	22.50	450	12	40.00	050	0.40.00	20.50	250	5:15.02	305	3
	50m:	33.52 1:12.12	33.52 38.60		1:52.72 2:33.01	40.60 40.29	250m: 300m:	3:12.60 3:52.56	39.59 39.96	350m: 400m:	4:32.32 5:15.02	39.76 42.70	
	100111.	1.12.12	30.00	200111.	2.33.01	40.29	300111.	3.32.30	39.90	400111.	5.15.02	42.70	
160.					12						5:15.68	303	3
	50m:	34.70	34.70		1:53.09	40.42		3:14.56	40.53	350m:	4:35.77	40.56	
	100m:	1:12.67	37.97	200m:	2:34.03	40.94	300m:	3:55.21	40.65	400m:	5:15.68	39.91	
161.					12						5:15.99	303	3
.01.	50m:	33.17	33.17	150m:	1:52.85	40.88	250m:	3:15.21	40.99	350m:	4:37.70	41.32	J
		1:11.97	38.80		2:34.22	41.37		3:56.38	41.17		5:15.99	38.29	

						, 20	. 50.5.	2020					
	4,		, 400m		, 2	2011							
	,				1								
162.					12						5:16.60	301	3
	50m:	34.64	34.64	150m:	1:53.98	40.41	250m:	3:15.77	40.96	350m:	4:36.60	40.52	•
		1:13.57	38.93		2:34.81	40.83	300m:		40.31		5:16.60	40.00	
163.					13						5:16.69	301	2
103.	50m:	33.46	33.46	150m:	1:53.40	40.26	250m:	3:16.65	42.32	350m:		30 I 41.45	3
		1:13.14	39.68		2:34.33	40.20	300m:	3:56.41	39.76	400m:	5:16.69	38.83	
	100111.	1.10.14	00.00	200111.		40.00	000111.	0.00.41	00.70	400111.			
164.					12						5:17.98	297	3
	50m:	34.16	34.16		1:53.51	40.87		3:13.98	40.04		4:37.26	41.36	
	100m:	1:12.64	38.48	200m:	2:33.94	40.43	300m:	3:55.90	41.92	400m:	5:17.98	40.72	
165.					11						5:18.39	296	3
	50m:	34.24	34.24	150m:	1:51.75	39.38	250m:	3:14.80	42.00	350m:	4:37.97	40.35	
	100m:	1:12.37	38.13	200m:	2:32.80	41.05	300m:	3:57.62	42.82	400m:	5:18.39	40.42	
166.					12						5:19.45	293	3
	50m:	33.86	33.86	150m:		40.56	250m:	3:16.69	41.79	350m:	4:40.73	41.74	
		1:13.56	39.70		2:34.90	40.78	300m:		42.30	400m:	5:19.45	38.72	
167.					13						5:19.67	202	2
107.	50m:	34.88	34.88	150m:	1:55.86	41.00	250m:	3:18.46	40.56	350m:	4:40.58	292 40.38	3
		1:14.86	39.98		2:37.90	42.04	300m:		41.74	400m:	5:19.67	39.09	
			00.00	200			000						
168.					11						5:19.88	292	3
	50m:	33.92	33.92		1:55.11	41.66	250m:	3:17.84	41.16		4:40.25	41.27	
	100m:	1:13.45	39.53	200m:	2:36.68	41.57	300m:	3:58.98	41.14	400m:	5:19.88	39.63	
169.					11						5:21.37	288	3
	50m:	33.08	33.08		1:53.81	41.38	250m:	3:17.52	41.53	350m:	4:41.18	42.43	
	100m:	1:12.43	39.35	200m:	2:35.99	42.18	300m:	3:58.75	41.23	400m:	5:21.37	40.19	
170.					13						5:23.27	283	3
	50m:	37.33	37.33	150m:	1:58.93	41.39	250m:	3:21.44	41.08	350m:		41.07	•
	100m:	1:17.54	40.21		2:40.36	41.43	300m:		40.77	400m:	5:23.27	39.99	
171.					12						5:24.39	280	3
17 1.	50m:	35.48	35.48	150m:	1:56.80	40.42	250m:	3:18.48	41.12	350m	4:42.55	42.38	5
		1:16.38	40.90		2:37.36	40.56		4:00.17	41.69	400m:		41.84	
470					40						E-20 2E	207	2
172.	50m:	22.76	22.76	150m:	12	44.02	250m:	2.22.44	12 00	250m:	<b>5:29.35</b> 4:50.07	267 43.60	3
		33.76 1:13.72	33.76 39.96		1:55.64 2:38.53	41.92 42.89		3:22.41 4:06.47	43.88 44.06		5:29.35	39.28	
	100111.	1.10.72	00.00	200111.		42.00	000111.	4.00.47	44.00	400111.			
173.					12						5:29.99	266	3
	50m:	37.52	37.52		2:01.61	41.93	250m:		42.61		4:50.59	42.56	
	100m:	1:19.68	42.16	200m:	2:43.46	41.85	300m:	4:08.03	41.96	400m:	5:29.99	39.40	
174.					13						5:32.15	260	3
	50m:	36.09	36.09		2:00.38	42.50	250m:		42.13		4:51.55	43.08	
	100m:	1:17.88	41.79	200m:	2:42.80	42.42	300m:	4:08.47	43.54	400m:	5:32.15	40.60	
175.					11						5:32.47	260	3
	50m:	32.72	32.72	150m:		41.24	250m:	3:19.51	44.62	350m:	4:47.43	44.06	
	100m:	1:11.13	38.41	200m:	2:34.89	42.52	300m:	4:03.37	43.86	400m:	5:32.47	45.04	
176.					12						5:33.84	256	2
170.	50m:	37.63	37.63	150m:	2:01.59	42.87	250m:	3:26.47	43.11	350m:	4:51.72	42.20	3
		1:18.72	41.09		2:43.36	41.77	300m:	4:09.52	43.05	400m:	5:33.84	42.12	
477													0
177.	<b>50</b>	05.04	05.04	450	11	40.04	050	0.05.00	44.00	050	5:35.06	254	3
	50m:	35.24 1:15.79	35.24 40.55	150m:	1:58.03 2:41.48	42.24 43.45	250m: 300m:	3:25.86 4:10.13	44.38 44.27	350m: 400m:	4:53.32 5:35.06	43.19 41.74	
	100111.	1.13.79	40.55	200111.	2.41.40	43.43	300111.	4.10.13	44.27	400111.	5.55.00	41.74	
178.					12						5:35.25	253	3
	50m:	35.47	35.47		1:59.74	42.70	250m:		43.43		4:54.27	43.32	
	100m:	1:17.04	41.57	200m:	2:43.66	43.92	300m:	4:10.95	43.86	400m:	5:35.25	40.98	
179.					11						5:37.13	249	3
	50m:	36.90	36.90	150m:	2:03.40	43.58	250m:	3:30.85	44.39	350m:		42.44	
	100m:	1:19.82	42.92	200m:	2:46.46	43.06	300m:	4:14.57	43.72	400m:	5:37.13	40.12	

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	4,		, 400m		, 2	2011							
	,				/								
180.					13						5:37.50	248	3
	50m:	36.45	36.45	150m:	2:01.24	43.08	250m:	3:28.04	43.21	350m:	4:55.20	43.67	
	100m:	1:18.16	41.71	200m:	2:44.83	43.59	300m:	4:11.53	43.49	400m:	5:37.50	42.30	
81.					12						5:38.05	247	3
	50m:	38.51	38.51	150m:	2:04.34	50.40	250m:	3:31.80	43.99	350m:	4:57.82	42.41	
	100m:	1:13.94	35.43	200m:	2:47.81	43.47	300m:	4:15.41	43.61	400m:	5:38.05	40.23	
182.					13						5:39.35	244	3
	50m:	36.53	36.53	150m:	2:04.06	44.70	250m:	3:31.99	44.28	350m:	4:59.64	43.43	
	100m:	1:19.36	42.83	200m:	2:47.71	43.65	300m:	4:16.21	44.22	400m:	5:39.35	39.71	
183.					12						5:46.36	230	3
	50m:	36.18	36.18	150m:	2:03.98	44.18	250m:	3:32.65	44.43	350m:	5:02.39	44.20	
	100m:	1:19.80	43.62	200m:	2:48.22	44.24	300m:	4:18.19	45.54	400m:	5:46.36	43.97	
SQ					12								2
SQ					12								2
DNS					11								
NS					12								
DNS					11								