

, 28. - 30.5.2025

1, 400m										2012
28.05.2025 - 10:00										
: 4:23.00 /		: 4:39.50 / 1		: 5:00.50 / 2		: 5:40.00 / 3		: 6:28.50		
: AQUA 2024										
/										
12										
50m:	29.21	29.21	150m:	1:35.95	33.93	250m:	2:45.70	35.15	350m:	4:34.58 597
100m:	1:02.02	32.81	200m:	2:10.55	34.60	300m:	3:22.09	36.39	400m:	3:58.92 36.83
4:34.58 35.66										
12										
50m:	30.68	30.68	150m:	1:41.80	36.13	250m:	2:54.29	36.25	350m:	4:40.91 558 1
100m:	1:05.67	34.99	200m:	2:18.04	36.24	300m:	3:30.51	36.22	400m:	4:07.00 36.49
4:40.91 33.91										
12										
50m:	32.26	32.26	150m:	1:43.00	35.90	250m:	2:55.35	36.31	350m:	4:43.29 544 1
100m:	1:07.10	34.84	200m:	2:19.04	36.04	300m:	3:31.55	36.20	400m:	4:07.93 36.38
4:43.29 35.36										
12										
50m:	30.50	30.50	150m:	1:41.68	36.60	250m:	2:55.54	37.11	350m:	4:44.88 535 1
100m:	1:05.08	34.58	200m:	2:18.43	36.75	300m:	3:32.95	37.41	400m:	4:10.12 37.17
4:44.88 34.76										
12										
50m:	32.11	32.11	150m:	1:43.48	36.17	250m:	2:56.11	36.35	350m:	4:45.72 530 1
100m:	1:07.31	35.20	200m:	2:19.76	36.28	300m:	3:32.90	36.79	400m:	4:09.51 36.61
4:45.72 36.21										
12										
50m:	32.36	32.36	150m:	1:44.48	36.20	250m:	2:57.42	36.61	350m:	4:47.18 522 1
100m:	1:08.28	35.92	200m:	2:20.81	36.33	300m:	3:34.74	37.32	400m:	4:11.23 36.49
4:47.18 35.95										
13										
50m:	33.37	33.37	150m:	1:46.74	37.07	250m:	3:00.74	36.74	350m:	4:47.92 518 1
100m:	1:09.67	36.30	200m:	2:24.00	37.26	300m:	3:37.58	36.84	400m:	4:13.26 35.68
4:47.92 34.66										
12										
50m:	31.97	31.97	150m:	1:43.33	36.29	250m:	2:57.36	37.34	350m:	4:49.20 511 1
100m:	1:07.04	35.07	200m:	2:20.02	36.69	300m:	3:34.62	37.26	400m:	4:12.22 37.60
4:49.20 36.98										
12										
50m:	32.86	32.86	150m:	1:45.38	37.01	250m:	3:00.09	37.24	350m:	4:51.81 497 1
100m:	1:08.37	35.51	200m:	2:22.85	37.47	300m:	3:37.90	37.81	400m:	4:15.04 37.14
4:51.81 36.77										
12										
50m:	31.56	31.56	150m:	1:43.53	36.87	250m:	2:58.43	37.39	350m:	4:52.68 493 1
100m:	1:06.66	35.10	200m:	2:21.04	37.51	300m:	3:37.51	39.08	400m:	4:15.46 37.95
4:52.68 37.22										
12										
50m:	33.66	33.66	150m:	1:47.11	36.75	250m:	3:01.78	37.69	350m:	4:53.49 489 1
100m:	1:10.36	36.70	200m:	2:24.09	36.98	300m:	3:39.45	37.67	400m:	4:16.85 37.40
4:53.49 36.64										
12										
50m:	32.26	32.26	150m:	1:45.76	37.60	250m:	3:01.42	37.48	350m:	4:53.88 487 1
100m:	1:08.16	35.90	200m:	2:23.94	38.18	300m:	3:39.31	37.89	400m:	4:17.00 37.69
4:53.88 36.88										
12										
50m:	33.89	33.89	150m:	1:47.40	36.92	250m:	3:02.85	37.07	350m:	4:54.21 485 1
100m:	1:10.48	36.59	200m:	2:25.78	38.38	300m:	3:40.44	37.59	400m:	4:17.32 36.88
4:54.21 36.89										
12										
50m:	32.37	32.37	150m:	1:47.71	38.13	250m:	3:03.51	37.60	350m:	4:56.73 473 1
100m:	1:09.58	37.21	200m:	2:25.91	38.20	300m:	3:41.76	38.25	400m:	4:20.24 38.48
4:56.73 36.49										
12										
50m:	33.62	33.62	150m:	1:48.37	37.56	250m:	3:03.93	38.18	350m:	4:57.43 470 1
100m:	1:10.81	37.19	200m:	2:25.75	37.38	300m:	3:41.40	37.47	400m:	4:19.37 37.97
4:57.43 38.06										
12										
50m:	32.21	32.21	150m:	1:47.66	38.33	250m:	3:05.22	38.90	350m:	4:57.83 468 1
100m:	1:09.33	37.12	200m:	2:26.32	38.66	300m:	3:43.78	38.56	400m:	4:21.92 38.14
4:57.83 35.91										
12										
50m:	32.48	32.48	150m:	1:47.54	38.20	250m:	3:04.28	38.53	350m:	4:58.30 466 1
100m:	1:09.34	36.86	200m:	2:25.75	38.21	300m:	3:42.66	38.38	400m:	4:21.51 38.85
4:58.30 36.79										

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1,		, 400m		, 2012									
				/									
		-		12						5:00.12		457 1	
50m:	33.58	33.58	150m:	1:49.88	37.96	250m:	3:06.03	38.07	350m:	4:22.97	38.50		
100m:	1:11.92	38.34	200m:	2:27.96	38.08	300m:	3:44.47	38.44	400m:	5:00.12	37.15		
				12						5:00.13		457 1	
50m:	33.41	33.41	150m:	1:50.28	39.20	250m:	3:09.69	40.47	350m:	4:24.41	38.37		
100m:	1:11.08	37.67	200m:	2:29.22	38.94	300m:	3:46.04	36.35	400m:	5:00.13	35.72		
				13						5:00.32		456 1	
50m:	32.21	32.21	150m:	1:47.15	38.48	250m:	3:04.45	38.37	350m:	4:23.18	39.95		
100m:	1:08.67	36.46	200m:	2:26.08	38.93	300m:	3:43.23	38.78	400m:	5:00.32	37.14		
				13						5:01.58		451 2	
50m:	31.87	31.87	150m:	1:48.28	38.63	250m:	3:05.28	38.02	350m:	4:24.62	40.07		
100m:	1:09.65	37.78	200m:	2:27.26	38.98	300m:	3:44.55	39.27	400m:	5:01.58	36.96		
				12						5:03.63		442 2	
50m:	33.08	33.08	150m:	1:47.19	37.73	250m:	3:25.41	59.22	350m:	4:44.45	39.51		
100m:	1:09.46	36.38	200m:	2:26.19	39.00	300m:	4:04.94	39.53	400m:	5:03.63	19.18		
				12						5:04.35		438 2	
50m:	33.25	33.25	150m:	1:48.28	38.28	250m:	3:06.11	39.08	350m:	4:26.06	40.01		
100m:	1:10.00	36.75	200m:	2:27.03	38.75	300m:	3:46.05	39.94	400m:	5:04.35	38.29		
				12						5:04.65		437 2	
50m:	32.79	32.79	150m:	1:49.94	39.72	250m:	3:08.83	39.49	350m:	4:27.27	39.15		
100m:	1:10.22	37.43	200m:	2:29.34	39.40	300m:	3:48.12	39.29	400m:	5:04.65	37.38		
				12						5:05.75		432 2	
50m:	32.59	32.59	150m:	1:49.16	38.74	250m:	3:08.89	39.97	350m:	4:27.39	39.12		
100m:	1:10.42	37.83	200m:	2:28.92	39.76	300m:	3:48.27	39.38	400m:	5:05.75	38.36		
				12						5:05.99		431 2	
50m:	32.90	32.90	150m:	1:49.42	39.07	250m:	3:08.38	39.42	350m:	4:27.20	39.52		
100m:	1:10.35	37.45	200m:	2:28.96	39.54	300m:	3:47.68	39.30	400m:	5:05.99	38.79		
				12						5:06.42		430 2	
50m:	33.81	33.81	150m:	1:50.98	38.93	250m:	3:09.69	39.50	350m:	4:28.29	39.17		
100m:	1:12.05	38.24	200m:	2:30.19	39.21	300m:	3:49.12	39.43	400m:	5:06.42	38.13		
				12						5:08.47		421 2	
50m:	33.72	33.72	150m:	1:51.22	39.39	250m:	3:10.78	39.81	350m:	4:31.09	39.71		
100m:	1:11.83	38.11	200m:	2:30.97	39.75	300m:	3:51.38	40.60	400m:	5:08.47	37.38		
				12						5:11.92		407 2	
50m:	31.62	31.62	150m:	1:50.64	40.39	250m:	3:13.34	41.04	350m:	4:35.52	41.22		
100m:	1:10.25	38.63	200m:	2:32.30	41.66	300m:	3:54.30	40.96	400m:	5:11.92	36.40		
				12						5:15.20		395 2	
50m:	34.09	34.09	150m:	1:52.87	40.33	250m:	3:14.97	40.69	350m:	4:35.83	40.25		
100m:	1:12.54	38.45	200m:	2:34.28	41.41	300m:	3:55.58	40.61	400m:	5:15.20	39.37		
				12						5:16.25		391 2	
50m:	34.89	34.89	150m:	1:54.53	40.81	250m:	3:15.58	40.46	350m:	4:36.92	40.75		
100m:	1:13.72	38.83	200m:	2:35.12	40.59	300m:	3:56.17	40.59	400m:	5:16.25	39.33		
				12						5:19.24		380 2	
50m:	34.72	34.72	150m:	1:53.50	40.49	250m:	3:15.31	40.81	350m:	4:38.12	41.20		
100m:	1:13.01	38.29	200m:	2:34.50	41.00	300m:	3:56.92	41.61	400m:	5:19.24	41.12		