| 1<br>05.2025 - 10: | .00     |       | , 400m    |         |        |          |         |             |       | 2012      |       |   |  |
|--------------------|---------|-------|-----------|---------|--------|----------|---------|-------------|-------|-----------|-------|---|--|
|                    | 3.00 /  |       | : 4:39.50 | 0 / 1   | : 5:00 | 0.50 / 2 | : 5     | 5:40.00 / 3 | 3     | : 6:28.50 |       |   |  |
| AQUA 2024          |         |       |           |         |        |          |         |             |       |           |       |   |  |
| ,                  |         |       |           | 1       |        |          |         |             |       |           |       |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:34.58   | 597   |   |  |
| 50m:               | 29.21   | 29.21 |           |         | 33.93  | 250m:    | 2:45.70 | 35.15       | 350m: | 3:58.92   | 36.83 |   |  |
| 100m:              | 1:02.02 | 32.81 | 200m:     | 2:10.55 | 34.60  | 300m:    | 3:22.09 | 36.39       | 400m: | 4:34.58   | 35.66 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:40.91   | 558   | 1 |  |
| 50m:               | 30.68   | 30.68 |           | 1:41.80 | 36.13  | 250m:    | 2:54.29 | 36.25       | 350m: | 4:07.00   | 36.49 |   |  |
| 100m:              | 1:05.67 | 34.99 | 200m:     | 2:18.04 | 36.24  | 300m:    | 3:30.51 | 36.22       | 400m: | 4:40.91   | 33.91 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:43.29   | 544   | 1 |  |
| 50m:               | 32.26   | 32.26 |           | 1:43.00 | 35.90  | 250m:    |         | 36.31       | 350m: | 4:07.93   | 36.38 |   |  |
| 100m:              | 1:07.10 | 34.84 | 200m:     | 2:19.04 | 36.04  | 300m:    | 3:31.55 | 36.20       | 400m: | 4:43.29   | 35.36 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:44.88   | 535   | 1 |  |
| 50m:               | 30.50   | 30.50 |           | 1:41.68 | 36.60  | 250m:    | 2:55.54 | 37.11       | 350m: | 4:10.12   | 37.17 |   |  |
| 100m:              | 1:05.08 | 34.58 | 200m:     | 2:18.43 | 36.75  | 300m:    | 3:32.95 | 37.41       | 400m: | 4:44.88   | 34.76 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:45.72   | 530   | 1 |  |
| 50m:               | 32.11   | 32.11 | 150m:     |         | 36.17  | 250m:    | 2:56.11 | 36.35       | 350m: | 4:09.51   | 36.61 |   |  |
| 100m:              | 1:07.31 | 35.20 | 200m:     | 2:19.76 | 36.28  | 300m:    | 3:32.90 | 36.79       | 400m: | 4:45.72   | 36.21 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:47.18   | 522   | 1 |  |
| 50m:               | 32.36   | 32.36 | 150m:     |         | 36.20  | 250m:    | 2:57.42 | 36.61       | 350m: | 4:11.23   | 36.49 |   |  |
| 100m:              | 1:08.28 | 35.92 | 200m:     | 2:20.81 | 36.33  | 300m:    | 3:34.74 | 37.32       | 400m: | 4:47.18   | 35.95 |   |  |
|                    |         |       |           | 13      |        |          |         |             |       | 4:47.92   | 518   | 1 |  |
| 50m:               | 33.37   | 33.37 | 150m:     |         | 37.07  | 250m:    | 3:00.74 | 36.74       | 350m: | 4:13.26   | 35.68 |   |  |
| 100m:              | 1:09.67 | 36.30 | 200m:     | 2:24.00 | 37.26  | 300m:    | 3:37.58 | 36.84       | 400m: | 4:47.92   | 34.66 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:49.20   | 511   | 1 |  |
| 50m:               | 31.97   | 31.97 | 150m:     | 1:43.33 | 36.29  | 250m:    | 2:57.36 | 37.34       | 350m: | 4:12.22   | 37.60 |   |  |
| 100m:              | 1:07.04 | 35.07 | 200m:     | 2:20.02 | 36.69  | 300m:    | 3:34.62 | 37.26       | 400m: | 4:49.20   | 36.98 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:51.81   | 497   | 1 |  |
| 50m:               | 32.86   | 32.86 | 150m:     | 1:45.38 | 37.01  | 250m:    | 3:00.09 | 37.24       | 350m: | 4:15.04   | 37.14 |   |  |
| 100m:              | 1:08.37 | 35.51 | 200m:     | 2:22.85 | 37.47  | 300m:    | 3:37.90 | 37.81       | 400m: | 4:51.81   | 36.77 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:52.68   | 493   | 1 |  |
| 50m:               | 31.56   | 31.56 | 150m:     | 1:43.53 | 36.87  | 250m:    | 2:58.43 | 37.39       | 350m: | 4:15.46   | 37.95 |   |  |
| 100m:              | 1:06.66 | 35.10 | 200m:     | 2:21.04 | 37.51  | 300m:    | 3:37.51 | 39.08       | 400m: | 4:52.68   | 37.22 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:53.49   | 489   | 1 |  |
| 50m:               | 33.66   | 33.66 |           | 1:47.11 | 36.75  | 250m:    | 3:01.78 | 37.69       | 350m: | 4:16.85   | 37.40 |   |  |
| 100m:              | 1:10.36 | 36.70 | 200m:     | 2:24.09 | 36.98  | 300m:    | 3:39.45 | 37.67       | 400m: | 4:53.49   | 36.64 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:53.88   | 487   | 1 |  |
| 50m:               | 32.26   | 32.26 |           | 1:45.76 | 37.60  | 250m:    | 3:01.42 | 37.48       | 350m: | 4:17.00   | 37.69 |   |  |
| 100m:              | 1:08.16 | 35.90 | 200m:     | 2:23.94 | 38.18  | 300m:    | 3:39.31 | 37.89       | 400m: | 4:53.88   | 36.88 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:54.21   | 485   | 1 |  |
| 50m:               | 33.89   | 33.89 |           | 1:47.40 | 36.92  | 250m:    | 3:02.85 | 37.07       | 350m: | 4:17.32   | 36.88 |   |  |
| 100m:              | 1:10.48 | 36.59 | 200m:     | 2:25.78 | 38.38  | 300m:    | 3:40.44 | 37.59       | 400m: | 4:54.21   | 36.89 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:56.73   | 473   | 1 |  |
| 50m:               | 32.37   | 32.37 | 150m:     | 1:47.71 | 38.13  | 250m:    | 3:03.51 | 37.60       | 350m: | 4:20.24   | 38.48 |   |  |
| 100m:              | 1:09.58 | 37.21 | 200m:     | 2:25.91 | 38.20  | 300m:    | 3:41.76 | 38.25       | 400m: | 4:56.73   | 36.49 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:57.43   | 470   | 1 |  |
| 50m:               | 33.62   | 33.62 | 150m:     | 1:48.37 | 37.56  | 250m:    | 3:03.93 | 38.18       | 350m: | 4:19.37   | 37.97 | • |  |
| 100m:              | 1:10.81 | 37.19 |           | 2:25.75 | 37.38  | 300m:    | 3:41.40 | 37.47       | 400m: | 4:57.43   | 38.06 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:57.83   | 468   | 1 |  |
| 50m:               | 32.21   | 32.21 | 150m:     |         | 38.33  | 250m:    | 3:05.22 | 38.90       | 350m: | 4:21.92   | 38.14 | • |  |
| 100m:              | 1:09.33 | 37.12 | 200m:     | 2:26.32 | 38.66  | 300m:    |         | 38.56       | 400m: | 4:57.83   | 35.91 |   |  |
|                    |         |       |           | 12      |        |          |         |             |       | 4:58.30   | 466   | 1 |  |
| E0m:               |         | 22.40 | 150m:     | 1.47.54 | 20.20  | 250m:    | 2.04.20 | 20 52       | 250m: | 4:24.54   | 20.05 | • |  |

50m:

100m: 1:09.34

32.48

32.48

36.86

38.20

38.21

250m: 3:04.28 300m: 3:42.66

38.53

38.38

350m:

400m:

150m: 1:47.54 200m: 2:25.75

38.85

36.79

4:21.51

4:58.30

| , 400m     | , 201   | 12  |  |                    |   |  |  |                        |    |
|------------|---|---|--|--------------------|---|--|--|------------------------|----|
|            |   |   |  |                    |   |  |  |                        |    |
|            | /<br>12   |   |  |                    |   |  | 4:58.98  | 463                    | 1  |
|            | 2:29.37   | 38.70<br>38.81                                      | 250m:<br>300m:   | 3:07.22<br>3:45.72 | 37.85<br>38.50  | 350m:<br>400m:   | 4:22.91<br>4:58.98   | 37.19<br>36.07         |    |
|            | 50m: 1:49.88  | 37.96<br>38.08                                      | 250m:<br>300m:   | 3:06.03<br>3:44.47 | 38.07<br>38.44  |  | 4:22.97  | 457<br>38.50<br>37.15  | 1  |
|            |   | 39.20<br>38.94                                      | 250m:<br>300m:   | 3:09.69<br>3:46.04 | 40.47<br>36.35  | 350m:<br>400m:   | <b>5:00.13</b> 4:24.41 5:00.13   | 457<br>38.37<br>35.72  | 1  |
|            |   | 38.48<br>38.93                                      |  |                    | 38.37<br>38.78  |  | <b>5:00.32</b> 4:23.18 5:00.32   | <b>456</b> 39.95 37.14 | 1  |
|            | 13  |   |  |                    |   |  | 5:01.58  | 451                    | 2  |
|            | 2:27.26   | 38.63<br>38.98                                      |  |                    | 38.02<br>39.27  |  | 5:01.58  | 40.07<br>36.96         |    |
|            | 50m: 1:47.19  | 37.73<br>39.00                                      |  |                    | 59.22<br>39.53  | 350m:<br>400m:   | <b>5:03.63</b> 4:44.45 5:03.63   | 442<br>39.51<br>19.18  | 2  |
|            |   | 38.63<br>38.14                                      | 250m:<br>300m:   | 3:07.31<br>3:46.44 | 38.58<br>39.13  |  |  | 441<br>39.05<br>38.18  | 2  |
|            |   | 38.28<br>38.75                                      |  |                    | 39.08<br>39.94  |  |  | 438<br>40.01<br>38.29  | 2  |
| 00 30.70 2 |   | 50.75   | 300111.  | 0.40.00            | 55.54   | 400111.  |  |                        | 2  |
|            | 50m: 1:49.94  | 39.72<br>39.40                                      | 250m:<br>300m:   | 3:08.83<br>3:48.12 | 39.49<br>39.29  | 350m:<br>400m:   | 4:27.27<br>5:04.65   | 39.15<br>37.38         | _  |
|            |   | 39.09<br>39.79                                      | 250m:<br>300m:   | 3:09.58<br>3:49.99 | 39.89<br>40.41  | 350m:<br>400m:   | <b>5:04.85</b> 4:29.50 5:04.85   | 436<br>39.51<br>35.35  | 2  |
|            | 12  |   |  |                    |   |  | 5:04.91  | 436                    | 2  |
|            | 2:29.05   | 39.06<br>39.56                                      |  |                    | 39.52   |  | 5:04.91  | 37.84                  | 2  |
|            | 50m: 1:50.43  | 38.65<br>38.75                                      | 250m:<br>300m:   | 3:09.18<br>3:49.00 | 40.00<br>39.82  | 350m:<br>400m:   | 4:28.40<br>5:05.36   | 39.40<br>36.96         | 2  |
|            |   | 38.74<br>39.76                                      | 250m:<br>300m:   | 3:08.89<br>3:48.27 | 39.97<br>39.38  | 350m:<br>400m:   | <b>5:05.75</b> 4:27.39 5:05.75   | 432<br>39.12<br>38.36  | 2  |
|            |   | 39.07<br>39.54                                      | 250m:<br>300m:   | 3:08.38<br>3:47.68 | 39.42<br>39.30  | 350m:<br>400m:   | <b>5:05.99</b><br>4:27.20<br>5:05.99   | 431<br>39.52<br>38.79  | 2  |
|            |   | 38.93<br>39.21                                      | 250m:<br>300m:   | 3:09.69<br>3:49.12 | 39.50<br>39.43  | 350m:<br>400m:   | <b>5:06.42</b> 4:28.29 5:06.42   | 430<br>39.17<br>38.13  | 2  |
|            |   | 38.98<br>39.52                                      | 250m:<br>300m:   | 3:10.84<br>3:50.44 | 39.89<br>39.60  | 350m:<br>400m:   | <b>5:06.76</b> 4:29.02 5:06.76   | 428<br>38.58<br>37.74  | 2  |
|            | 12  | <del>-</del>  |  |                    | <del>-</del>  |  |  |                        | 2  |
|            | 50m: 1:51.20<br>2:30.04   | 38.90<br>38.84                                      | 250m:<br>300m:   | 3:09.39<br>3:48.80 | 39.35<br>39.41  | 350m:<br>400m:   | 4:28.09<br>5:06.99   | 39.29<br>38.90         |    |
|            |   | 39.38<br>39.75                                      |  |                    | 39.42<br>39.46  | 350m:<br>400m:   | <b>5:07.05</b> 4:30.22 5:07.05   | 427<br>38.56<br>36.83  | 2  |
|            | .86 37.93 258 33.58 1 .92 38.34 2 .41 33.41 1 .08 37.67 2 .21 32.21 1 .67 36.46 2 .87 31.87 1 .65 37.78 2 .88 33.08 1 .46 36.38 2 .51 33.51 1 .96 38.45 2 .25 33.25 1 .00 36.75 2 .79 32.79 1 .22 37.43 2 .25 33.25 1 .37.56 2 .39 32.79 1 .22 37.43 2 .25 33.25 1 .37.56 2 .39 32.79 1 .22 37.43 2 .25 33.25 1 .37.56 2 .38 37.56 2 .39 32.79 1 .22 37.43 2 .25 33.25 1 .37.56 2 .39 32.79 1 .20 37.83 2 .21 37.83 2 .22 37.83 2 .23 33.90 1 .24 37.83 2 .25 33.25 1 .26 33.25 1 .27 37.83 2 .28 33.25 1 .29 33.25 1 .30 33.90 1 .31 37.40 2 .32 37.83 2 .33 37.45 2 .34 37.83 2 .35 37.45 2 .36 34.20 1 .37 38.24 2 .37 38.24 2 .38 38.24 2 .39 38.24 2 .30 38.24 2 .30 38.24 2 .31 34.74 1 | 12 93 33.93 150m: 1:50.56 86 37.93 200m: 2:29.37  - | 12 193 33.93 150m: 1:50.56 38.70 186 37.93 200m: 2:29.37 38.81  - 12 158 33.58 150m: 1:49.88 37.96 192 38.34 200m: 2:27.96 38.08  - 12 141 33.41 150m: 1:50.28 39.20 108 37.67 200m: 2:29.22 38.94  - 13 12:41 32.21 150m: 1:47.15 38.48 167 36.46 200m: 2:26.08 38.93  - 13 187 31.87 150m: 1:48.28 38.63 165 37.78 200m: 2:27.26 38.98  - 12 18 33.51 150m: 1:47.19 37.73 18 36 38.45 200m: 2:26.19 39.00  - 12 151 33.51 150m: 1:50.59 38.63 196 38.45 200m: 2:28.73 38.14  - 12 25 33.25 150m: 1:48.28 38.28 100 36.75 200m: 2:27.03 38.75  - 12 279 32.79 150m: 1:49.94 39.72 28 37.43 200m: 2:29.34 39.40  - 12 25 33.25 150m: 1:49.94 39.72 27 37.43 200m: 2:29.34 39.40  - 12 28 33.25 150m: 1:49.90 39.09 18 37.56 200m: 2:29.69 39.79  - 12 20 33.30 150m: 1:49.90 39.09 33.90 150m: 1:49.49 39.06 43 37.40 200m: 2:29.05 39.56  - 12 90 33.90 150m: 1:50.43 38.65 37.88 200m: 2:29.18 38.75  - 12 90 33.90 150m: 1:50.43 38.65 37.88 200m: 2:29.18 38.75  - 12 90 33.90 150m: 1:50.43 38.65 37.83 200m: 2:29.18 38.75  - 12 90 32.90 150m: 1:49.42 39.07 37.83 200m: 2:29.18 38.75  - 12 20 34.20 150m: 1:50.98 38.93 39.54  - 12 20 34.20 150m: 1:51.43 38.98 45 38.25 200m: 2:30.04 38.84  - 12 20 34.20 150m: 1:51.20 38.90 30 38.24 200m: 2:30.04 38.84  - 12 20 34.74 150m: 1:51.20 38.90 30 38.24 200m: 2:30.04 38.84 | 12                 | 12   12   150m:   1:50.56   38.70   250m:   3:07.22   33.53   150m:   1:50.56   38.70   250m:   3:07.22   38.81   300m:   3:45.72   12   33.58   150m:   1:49.88   37.96   250m:   3:06.03   3:44.47   12   12   13   14   150m:   1:50.28   39.20   250m:   3:09.69   38.34   200m:   2:27.96   38.94   300m:   3:44.47   13   34.41   150m:   1:50.28   39.20   250m:   3:09.69   33.60   37.67   200m:   2:29.22   38.94   300m:   3:46.04   13   13   150m:   1:47.15   38.48   250m:   3:04.45   67   36.46   200m:   2:26.08   38.93   300m:   3:43.23   13   150m:   1:47.15   38.48   250m:   3:05.28   36.53   250m:   3:05.28   35.53   30.528 | 12   12   150m:   1.50.56   38.70   250m:   3.07.22   37.85   33.53   150m:   1.49.88   37.96   250m:   3.06.03   38.07   38.81   300m:   3.44.47   38.44   33.41   150m:   1.50.28   39.20   250m:   3.06.03   38.07   38.81   300m:   3.44.47   38.44   33.41   150m:   1.50.28   39.20   250m:   3.09.69   40.47   38.47   38.41   33.41   150m:   1.50.28   39.20   250m:   3.09.69   40.47   38.46   36.75   200m:   2:29.22   38.94   300m:   3:46.04   36.35   32.21   150m:   1.47.15   38.48   250m:   3.04.45   38.37   38.78   33.87   33.8 | 12   12   13   150 | 12                     | 12 |

| 1,            | , 4              | 100m           |                | , 20                          | 12             |                |                    |                |                |                                |                              |   |
|---------------|------------------|----------------|----------------|-------------------------------|----------------|----------------|--------------------|----------------|----------------|--------------------------------|------------------------------|---|
| 50m:<br>100m: | 33.54<br>1:10.98 | 33.54<br>37.44 | 150m:<br>200m: | /<br>12<br>1:49.88<br>2:28.43 | 38.90<br>38.55 | 250m:<br>300m: | 3:07.95<br>3:47.55 | 39.52<br>39.60 | 350m:<br>400m: | <b>5:07.36</b> 4:27.87 5:07.36 | <b>426</b><br>40.32<br>39.49 | 2 |
| 50m:<br>100m: | 34.71<br>1:14.18 | 34.71<br>39.47 | 150m:<br>200m: | 12<br>1:54.13<br>2:34.48      | 39.95<br>40.35 | 250m:<br>300m: | 3:14.43<br>3:53.94 | 39.95<br>39.51 | 350m:<br>400m: | <b>5:07.90</b> 4:32.55 5:07.90 | 423<br>38.61<br>35.35        | 2 |
| 50m:<br>100m: | 35.05<br>1:13.67 | 35.05<br>38.62 | 150m:<br>200m: | 12<br>1:53.23<br>2:32.84      | 39.56<br>39.61 | 250m:<br>300m: | 3:12.04<br>3:51.25 | 39.20<br>39.21 | 350m:<br>400m: | <b>5:08.04</b> 4:30.30 5:08.04 | 423<br>39.05<br>37.74        | 2 |
| 50m:<br>100m: | 34.92<br>1:13.01 | 34.92<br>38.09 | 150m:<br>200m: | 13<br>1:51.30<br>2:31.01      | 38.29<br>39.71 | 250m:<br>300m: | 3:10.46<br>3:50.40 | 39.45<br>39.94 | 350m:<br>400m: | <b>5:08.11</b> 4:29.71 5:08.11 | 423<br>39.31<br>38.40        | 2 |
| 50m:<br>100m: | 34.24<br>1:12.64 | 34.24<br>38.40 | 150m:<br>200m: | 12<br>1:52.46<br>2:32.65      | 39.82<br>40.19 | 250m:<br>300m: | 3:12.42<br>3:52.05 | 39.77<br>39.63 | 350m:<br>400m: | <b>5:08.29</b> 4:30.66 5:08.29 | 422<br>38.61<br>37.63        | 2 |
| 50m:<br>100m: | 33.72<br>1:11.83 | 33.72<br>38.11 | 150m:<br>200m: | 12<br>1:51.22<br>2:30.97      | 39.39<br>39.75 | 250m:<br>300m: | 3:10.78<br>3:51.38 | 39.81<br>40.60 | 350m:<br>400m: | <b>5:08.47</b> 4:31.09 5:08.47 | 421<br>39.71<br>37.38        | 2 |
| 50m:<br>100m: | 34.75<br>1:14.04 | 34.75<br>39.29 | 150m:<br>200m: | 13<br>1:53.93<br>2:33.52      | 39.89<br>39.59 | 250m:<br>300m: | 3:13.18<br>3:53.09 | 39.66<br>39.91 | 350m:<br>400m: | <b>5:08.59</b> 4:32.40 5:08.59 | 421<br>39.31<br>36.19        | 2 |
| 50m:<br>100m: | 34.92<br>1:13.62 | 34.92<br>38.70 | 150m:<br>200m: | 12<br>1:53.37<br>2:32.67      | 39.75<br>39.30 | 250m:<br>300m: | 3:12.70<br>3:52.90 | 40.03<br>40.20 | 350m:<br>400m: | <b>5:09.97</b> 4:32.81 5:09.97 | 415<br>39.91<br>37.16        | 2 |
| 50m:<br>100m: | 33.78<br>1:11.43 | 33.78<br>37.65 | 150m:<br>200m: | 12<br>1:50.45<br>2:30.25      | 39.02<br>39.80 | 250m:<br>300m: | 3:10.56<br>3:50.99 | 40.31<br>40.43 | 350m:<br>400m: | <b>5:10.05</b> 4:30.81 5:10.05 | 415<br>39.82<br>39.24        | 2 |
| 50m:<br>100m: | 34.05<br>1:12.01 | 34.05<br>37.96 | 150m:<br>200m: | 12<br>1:51.10<br>2:30.44      | 39.09<br>39.34 | 250m:<br>300m: | 3:10.83<br>3:50.80 | 40.39<br>39.97 | 350m:<br>400m: | <b>5:10.67</b> 4:31.30 5:10.67 | 412<br>40.50<br>39.37        | 2 |
| 50m:<br>100m: | 35.11<br>1:14.32 | 35.11<br>39.21 | 150m:<br>200m: | 12<br>1:54.07<br>2:33.69      | 39.75<br>39.62 | 250m:<br>300m: | 3:13.00<br>3:52.61 | 39.31<br>39.61 | 350m:<br>400m: | <b>5:11.05</b> 4:32.12 5:11.05 | 411<br>39.51<br>38.93        | 2 |
| 50m:<br>100m: | 35.59<br>1:14.70 | 35.59<br>39.11 | 150m:<br>200m: | 12<br>1:54.92<br>2:34.97      | 40.22<br>40.05 | 250m:<br>300m: | 3:14.11<br>3:54.08 | 39.14<br>39.97 | 350m:<br>400m: | <b>5:11.11</b> 4:32.89 5:11.11 | 410<br>38.81<br>38.22        | 2 |
| 50m:<br>100m: | 34.24<br>1:13.16 | 34.24<br>38.92 | 150m:<br>200m: | 12<br>1:52.26<br>2:33.22      | 39.10<br>40.96 | 250m:<br>300m: | 3:12.88<br>3:53.62 | 39.66<br>40.74 | 350m:<br>400m: | <b>5:11.44</b> 4:32.60 5:11.44 | 409<br>38.98<br>38.84        | 2 |
| 50m:<br>100m: | 33.91<br>1:13.35 | 33.91<br>39.44 | 150m:<br>200m: | 13<br>1:53.74<br>2:33.62      | 40.39<br>39.88 | 250m:<br>300m: | 3:13.61<br>3:53.58 | 39.99<br>39.97 | 350m:<br>400m: | <b>5:11.90</b> 4:33.78 5:11.90 | 40.20<br>38.12               | 2 |
| 50m:<br>100m: | 31.62<br>1:10.25 | 31.62<br>38.63 | 150m:<br>200m: | 12<br>1:50.64<br>2:32.30      | 40.39<br>41.66 | 250m:<br>300m: | 3:13.34<br>3:54.30 | 41.04<br>40.96 | 350m:<br>400m: | <b>5:11.92</b> 4:35.52 5:11.92 | 407<br>41.22<br>36.40        | 2 |
| 50m:<br>100m: | 34.49<br>1:12.39 | 34.49<br>37.90 | 150m:<br>200m: | 13<br>1:51.90<br>2:32.37      | 39.51<br>40.47 | 250m:<br>300m: | 3:12.91<br>3:53.34 | 40.54<br>40.43 | 350m:<br>400m: | <b>5:12.00</b> 4:33.64 5:12.00 | 407<br>40.30<br>38.36        | 2 |
| 50m:<br>100m: | 34.42<br>1:13.64 | 34.42<br>39.22 | 150m:<br>200m: | 12<br>1:53.50<br>2:33.68      | 39.86<br>40.18 | 250m:<br>300m: | 3:13.61<br>3:53.59 | 39.93<br>39.98 | 350m:<br>400m: | <b>5:12.79</b> 4:33.86 5:12.79 | 404<br>40.27<br>38.93        | 2 |
| 50m:<br>100m: | 33.71<br>1:13.01 | 33.71<br>39.30 | 150m:<br>200m: | 12<br>1:52.93<br>2:33.67      | 39.92<br>40.74 | 250m:<br>300m: | 3:13.81<br>3:53.93 | 40.14<br>40.12 | 350m:<br>400m: | <b>5:12.95</b> 4:33.52 5:12.95 | 403<br>39.59<br>39.43        | 2 |

| 1,                     | , 4                         | 100m                    |                         | , 20                                | 12                      |                         |                               |                         |                         |   |                                |   |
|------------------------|-----------------------------|-------------------------|-------------------------|-------------------------------------|-------------------------|-------------------------|-------------------------------|-------------------------|-------------------------|---|--------------------------------|---|
| ,<br>50m:              | 33.84                       | 33.84                   | 150m:                   | /<br>13<br>1:51.66                  | 39.56                   | 250m:                   | 3:12.49                       | 40.42                   | 350m:                   | <b>5:12.99</b> 4:34.44                          | 403<br>41.08                   | 2 |
| 100m:<br>50m:<br>100m: | 1:12.10<br>33.70<br>1:12.03 | 38.26<br>33.70<br>38.33 | 200m:<br>150m:<br>200m: | 2:32.07<br>13<br>1:52.07<br>2:31.82 | 40.41<br>40.04<br>39.75 | 300m:<br>250m:<br>300m: | 3:53.36<br>3:11.38<br>3:51.67 | 40.87<br>39.56<br>40.29 | 400m:<br>350m:<br>400m: | 5:12.99<br><b>5:13.06</b><br>4:32.24<br>5:13.06 | 38.55<br>403<br>40.57<br>40.82 | 2 |
| 50m:<br>100m:          | 34.01<br>1:12.34            | 34.01<br>38.33          | 150m:<br>200m:          | 12<br>1:52.39<br>2:32.46            | 40.05<br>40.07          | 250m:<br>300m:          | 3:13.24<br>3:54.69            | 40.78<br>41.45          | 350m:<br>400m:          | <b>5:13.56</b> 4:36.97 5:13.56                  | 40.02<br>401<br>42.28<br>36.59 | 2 |
| 50m:<br>100m:          | 36.00<br>1:16.07            | 36.00<br>40.07          | 150m:<br>200m:          | 12<br>1:56.88<br>2:37.38            | 40.81<br>40.50          | 250m:<br>300m:          | 3:18.21<br>3:58.35            | 40.83<br>40.14          | 350m:<br>400m:          | <b>5:14.28</b> 4:37.42 5:14.28                  | 398<br>39.07<br>36.86          | 2 |
| 50m:<br>100m:          | 34.90<br>1:14.54            | 34.90<br>39.64          | 150m:<br>200m:          | 12<br>1:55.53<br>2:35.96            | 40.99<br>40.43          | 250m:<br>300m:          | 3:16.01<br>3:56.48            | 40.05<br>40.47          | 350m:<br>400m:          | <b>5:14.45</b> 4:37.09 5:14.45                  | 397<br>40.61<br>37.36          | 2 |
| 50m:<br>100m:          | 34.98<br>1:14.55            | 34.98<br>39.57          | 150m:<br>200m:          | 12<br>1:55.48<br>2:35.99            | 40.93<br>40.51          | 250m:<br>300m:          | 3:16.26<br>3:57.05            | 40.27<br>40.79          | 350m:<br>400m:          | <b>5:14.60</b> 4:36.82 5:14.60 <b>5:14.82</b>   | 397<br>39.77<br>37.78          | 2 |
| 50m:<br>100m:          | 34.74<br>1:14.35            | 34.74<br>39.61          | 150m:<br>200m:          | 1:54.64<br>2:35.68                  | 40.29<br>41.04          | 250m:<br>300m:          | 3:16.49<br>3:57.58            | 40.81<br>41.09          | 350m:<br>400m:          | 4:38.73<br>5:14.82<br><b>5:15.20</b>            | 41.15<br>36.09                 | 2 |
| 50m:<br>100m:          | 34.09<br>1:12.54            | 34.09<br>38.45          | 150m:<br>200m:          | 1:52.87<br>2:34.28<br>12            | 40.33<br>41.41          | 250m:<br>300m:          | 3:14.97<br>3:55.58            | 40.69<br>40.61          | 350m:<br>400m:          | 4:35.83<br>5:15.20<br><b>5:15.95</b>            | 40.25<br>39.37<br><b>392</b>   | 2 |
| 50m:<br>100m:<br>50m:  | 33.87<br>1:12.65<br>36.41   | 33.87<br>38.78<br>36.41 | 150m:<br>200m:<br>150m: | 1:53.01<br>2:34.12<br>12<br>1:57.91 | 40.36<br>41.11<br>40.66 | 250m:<br>300m:<br>250m: | 3:15.96<br>3:57.00<br>3:20.03 | 41.84<br>41.04<br>41.27 | 350m:<br>400m:<br>350m: | 4:37.11<br>5:15.95<br><b>5:15.97</b><br>4:39.35 | 40.11<br>38.84<br>392<br>39.21 | 2 |
| 100m:<br>50m:          | 1:17.25                     | 30.41<br>40.84<br>34.30 | 200m:<br>150m:          | 2:38.76                             | 40.85                   | 300m:<br>250m:          | 4:00.14<br>3:13.30            | 40.11                   | 400m:<br>350m:          | 5:15.97<br>5:15.99<br>4:35.44                   | 36.62<br>392<br>41.20          | 2 |
| 50m:                   | 1:12.42<br>34.34            | 38.12<br>34.34          | 150m:                   | 2:33.15<br>12<br>1:54.70            | 40.66<br>40.97          | 300m:<br>250m:          | 3:16.32                       | 40.94<br>41.12          | 400m:<br>350m:          | <b>5:16.09</b> 4:37.83                          | 40.55<br><b>391</b><br>40.84   | 2 |
| 100m:<br>50m:<br>100m: | 1:13.73<br>34.89<br>1:13.72 | 39.39<br>34.89<br>38.83 | 200m:<br>150m:<br>200m: | 2:35.20<br>12<br>1:54.53<br>2:35.12 | 40.50<br>40.81<br>40.59 | 300m:<br>250m:<br>300m: | 3:56.99<br>3:15.58<br>3:56.17 | 40.46<br>40.59          | 400m:<br>350m:<br>400m: | 5:16.09<br><b>5:16.25</b><br>4:36.92<br>5:16.25 | 38.26<br>391<br>40.75<br>39.33 | 2 |
| 50m:<br>100m:          | 35.48<br>1:15.80            | 35.48<br>40.32          | 150m:<br>200m:          | 12<br>1:56.10<br>2:36.84            | 40.30<br>40.74          | 250m:<br>300m:          | 3:17.39<br>3:58.08            | 40.55<br>40.69          | 350m:<br>400m:          | <b>5:17.04</b> 4:38.24 5:17.04                  | 388<br>40.16<br>38.80          | 2 |
| 50m:<br>100m:          | 34.52<br>1:13.96            | 34.52<br>39.44          | 150m:<br>200m:          | 12<br>1:54.73<br>2:36.55            | 40.77<br>41.82          | 250m:<br>300m:          | 3:17.39<br>3:58.66            | 40.84<br>41.27          | 350m:<br>400m:          | <b>5:17.99</b> 4:39.50 5:17.99                  | 384<br>40.84<br>38.49          | 2 |
| 50m:<br>100m:          | 35.24<br>1:15.75            | 35.24<br>40.51          | 150m:<br>200m:          | 12<br>1:56.94<br>2:37.56            | 41.19<br>40.62          | 250m:<br>300m:          | 3:18.44<br>3:59.21            | 40.88<br>40.77          | 350m:<br>400m:          | <b>5:17.99</b> 4:39.72 5:17.99                  | 384<br>40.51<br>38.27          |   |
| 50m:<br>100m:          | 32.15<br>1:09.20            | 32.15<br>37.05          | 150m:<br>200m:          | 13<br>1:49.29<br>2:31.38            | 40.09<br>42.09          | 250m:<br>300m:          | 3:13.38<br>3:55.51            | 42.00<br>42.13          | 350m:<br>400m:          | <b>5:18.04</b> 4:37.47 5:18.04                  | 384<br>41.96<br>40.57          |   |
| 50m:<br>100m:          | 35.60<br>1:16.52            | 35.60<br>40.92          | 150m:<br>200m:          | 12<br>1:57.64<br>2:37.81            | 41.12<br>40.17          | 250m:<br>300m:          | 3:18.31<br>3:58.91            | 40.50<br>40.60          | 350m:<br>400m:          | <b>5:18.73</b> 4:39.03 5:18.73                  | 382<br>40.12<br>39.70          | 2 |

| 1,            | , 4              | 100m           |                | , 20                          | 12             |                |                    |                |                |   |                              |   |
|---------------|------------------|----------------|----------------|-------------------------------|----------------|----------------|--------------------|----------------|----------------|---|------------------------------|---|
| 50m:<br>100m: | 35.18<br>1:14.57 | 35.18<br>39.39 | 150m:<br>200m: | /<br>12<br>1:54.63<br>2:36.01 | 40.06<br>41.38 | 250m:<br>300m: | 3:16.72<br>3:57.92 | 40.71<br>41.20 | 350m:<br>400m: | <b>5:19.05</b> 4:39.59 5:19.05                | 381<br>41.67<br>39.46        | 2 |
| 50m:<br>100m: | 34.72<br>1:13.01 | 34.72<br>38.29 | 150m:<br>200m: | 12<br>1:53.50<br>2:34.50      | 40.49<br>41.00 | 250m:<br>300m: | 3:15.31<br>3:56.92 | 40.81<br>41.61 | 350m:<br>400m: | <b>5:19.24</b> 4:38.12 5:19.24                | 380<br>41.20<br>41.12        | 2 |
| 50m:<br>100m: | 34.65<br>1:14.39 | 34.65<br>39.74 | 150m:<br>200m: | 12<br>1:55.50<br>2:36.99      | 41.11<br>41.49 | 250m:<br>300m: | 3:18.42<br>3:59.94 | 41.43<br>41.52 | 350m:<br>400m: | <b>5:19.38</b> 4:41.33 5:19.38                | 379<br>41.39<br>38.05        | 2 |
| 50m:<br>100m: | 35.26<br>1:15.09 | 35.26<br>39.83 | 150m:<br>200m: | 14<br>1:55.99<br>2:36.77      | 40.90<br>40.78 | 250m:<br>300m: | 3:17.50<br>3:58.74 | 40.73<br>41.24 | 350m:<br>400m: | <b>5:20.22</b> 4:40.06 5:20.22                | 376<br>41.32<br>40.16        | 2 |
| 50m:<br>100m: | 35.68<br>1:14.54 | 35.68<br>38.86 | 150m:<br>200m: | 12<br>1:54.97<br>2:35.96      | 40.43<br>40.99 | 250m:<br>300m: | 3:17.25<br>3:58.53 | 41.29<br>41.28 | 350m:<br>400m: | <b>5:20.37</b> 4:39.83 5:20.37                | 376<br>41.30<br>40.54        | 2 |
| 50m:<br>100m: | 35.89<br>1:16.50 | 35.89<br>40.61 | 150m:<br>200m: | 13<br>1:58.93<br>2:40.37      | 42.43<br>41.44 | 250m:<br>300m: | 3:21.08<br>4:02.14 | 40.71<br>41.06 | 350m:<br>400m: | <b>5:20.59</b> 4:42.64 5:20.59                | 375<br>40.50<br>37.95        | 2 |
| 50m:<br>100m: | 33.21<br>1:11.68 | 33.21<br>38.47 | 150m:<br>200m: | 12<br>1:52.08<br>2:33.70      | 40.40<br>41.62 | 250m:<br>300m: | 3:15.92<br>3:58.36 | 42.22<br>42.44 | 350m:<br>400m: | <b>5:20.91</b> 4:40.43 5:20.91                | 374<br>42.07<br>40.48        | 2 |
| 50m:<br>100m: | 35.80<br>1:15.79 | 35.80<br>39.99 | 150m:<br>200m: | 12<br>1:56.68<br>2:38.16      | 40.89<br>41.48 | 250m:<br>300m: | 3:19.77<br>4:01.81 | 41.61<br>42.04 | 350m:<br>400m: | <b>5:21.28</b> 4:42.65 5:21.28                | 373<br>40.84<br>38.63        | 2 |
| 50m:<br>100m: | 32.70<br>1:11.42 | 32.70<br>38.72 | 150m:<br>200m: | 12<br>1:51.56<br>2:33.37      | 40.14<br>41.81 | 250m:<br>300m: | 3:17.26<br>4:01.19 | 43.89<br>43.93 | 350m:<br>400m: | <b>5:21.35</b> 4:42.95 5:21.35                | 372<br>41.76<br>38.40        | 2 |
| 50m:<br>100m: | 36.05<br>1:16.04 | 36.05<br>39.99 | 150m:<br>200m: | 12<br>1:57.05<br>2:38.22      | 41.01<br>41.17 | 250m:<br>300m: | 3:19.73<br>4:01.30 | 41.51<br>41.57 | 350m:<br>400m: | <b>5:21.43</b> 4:42.24 5:21.43                | 372<br>40.94<br>39.19        | 2 |
| 50m:<br>100m: | 35.56<br>1:16.07 | 35.56<br>40.51 | 150m:<br>200m: | 13<br>1:57.11<br>2:38.77      | 41.04<br>41.66 | 250m:<br>300m: | 3:19.85<br>4:01.14 | 41.08<br>41.29 | 350m:<br>400m: | <b>5:21.43</b> 4:42.61 5:21.43                | 372<br>41.47<br>38.82        | 2 |
| 50m:<br>100m: | 35.23<br>1:15.25 | 35.23<br>40.02 | 150m:<br>200m: | 12<br>1:56.51<br>2:38.15      | 41.26<br>41.64 | 250m:<br>300m: | 3:19.96<br>4:01.28 | 41.81<br>41.32 | 350m:<br>400m: | <b>5:22.09</b> 4:42.56 5:22.09                | 370<br>41.28<br>39.53        |   |
| 50m:<br>100m: | 33.49<br>1:11.18 | 33.49<br>37.69 | 150m:<br>200m: | 12<br>1:51.65<br>2:32.86      | 40.47<br>41.21 | 250m:<br>300m: | 3:15.10<br>3:57.78 | 42.24<br>42.68 | 350m:<br>400m: | <b>5:22.18</b> 4:40.65 5:22.18 <b>5:22.42</b> | 370<br>42.87<br>41.53<br>369 |   |
| 50m:<br>100m: | 36.01<br>1:15.99 | 36.01<br>39.98 | 150m:<br>200m: | 1:57.36<br>2:37.95            | 41.37<br>40.59 | 250m:<br>300m: | 3:19.87<br>4:01.47 | 41.92<br>41.60 | 350m:<br>400m: | 4:42.92<br>5:22.42<br><b>5:22.96</b>          | 41.45<br>39.50<br>367        |   |
| 50m:<br>100m: | 34.88<br>1:15.19 | 34.88<br>40.31 | 150m:<br>200m: | 1:55.70<br>2:37.68            | 40.51<br>41.98 | 250m:<br>300m: | 3:19.08<br>4:00.56 | 41.40<br>41.48 | 350m:<br>400m: | 4:42.75<br>5:22.96<br><b>5:23.03</b>          | 42.19<br>40.21<br>367        |   |
| 50m:<br>100m: | 37.07<br>1:17.92 | 37.07<br>40.85 | 150m:<br>200m: | 1:59.67<br>2:41.55            | 41.75<br>41.88 | 250m:<br>300m: | 3:22.44<br>4:03.58 | 40.89<br>41.14 | 350m:<br>400m: | 4:44.19<br>5:23.03<br><b>5:23.91</b>          | 40.61<br>38.84<br>364        |   |
| 50m:<br>100m: | 35.30<br>1:15.53 | 35.30<br>40.23 | 150m:<br>200m: | 1:56.89<br>2:38.24            | 41.36<br>41.35 | 250m:<br>300m: | 3:20.25<br>4:03.03 | 42.01<br>42.78 | 350m:<br>400m: | 4:44.09<br>5:23.91<br><b>5:24.06</b>          | 41.06<br>39.82<br>363        |   |
| 50m:<br>100m: | 35.68<br>1:15.55 | 35.68<br>39.87 | 150m:<br>200m: | 1:56.92<br>2:38.29            | 41.37<br>41.37 | 250m:<br>300m: | 3:19.43<br>4:02.02 | 41.14<br>42.59 | 350m:<br>400m: | <b>5:24.06</b> 4:43.87 5:24.06                | 41.85<br>40.19               | ۷ |

| 1,            | , 4              | 100m           |                | , 20                          | 12             |                |                    |                |                |                                |                              |   |
|---------------|------------------|----------------|----------------|-------------------------------|----------------|----------------|--------------------|----------------|----------------|--------------------------------|------------------------------|---|
| 50m:<br>100m: | 32.68<br>1:10.52 | 32.68<br>37.84 | 150m:<br>200m: | /<br>12<br>1:51.98<br>2:34.69 | 41.46<br>42.71 | 250m:<br>300m: | 3:18.37<br>4:01.84 | 43.68<br>43.47 | 350m:<br>400m: | <b>5:24.75</b> 4:44.47 5:24.75 | 361<br>42.63<br>40.28        | 2 |
| 50m:<br>100m: | 36.88<br>1:17.70 | 36.88<br>40.82 | 150m:<br>200m: | 13<br>1:59.19<br>2:41.17      | 41.49<br>41.98 | 250m:<br>300m: | 3:22.95<br>4:04.90 | 41.78<br>41.95 | 350m:<br>400m: | <b>5:24.83</b> 4:45.84 5:24.83 | <b>361</b><br>40.94<br>38.99 | 2 |
| 50m:<br>100m: | 34.58<br>1:14.59 | 34.58<br>40.01 | 150m:<br>200m: | 12<br>1:56.67<br>2:38.44      | 42.08<br>41.77 | 250m:<br>300m: | 3:20.27<br>4:03.00 | 41.83<br>42.73 | 350m:<br>400m: | <b>5:25.33</b> 4:44.88 5:25.33 | 359<br>41.88<br>40.45        | 2 |
| 50m:<br>100m: | 35.22<br>1:14.98 | 35.22<br>39.76 | 150m:<br>200m: | 13<br>1:56.84<br>2:39.29      | 41.86<br>42.45 | 250m:<br>300m: | 3:21.75<br>4:03.64 | 42.46<br>41.89 | 350m:<br>400m: | <b>5:26.29</b> 4:45.82 5:26.29 | 356<br>42.18<br>40.47        | 2 |
| 50m:<br>100m: | 33.86<br>1:13.87 | 33.86<br>40.01 | 150m:<br>200m: | 12<br>1:56.87<br>2:39.08      | 43.00<br>42.21 | 250m:<br>300m: | 3:21.53<br>4:03.75 | 42.45<br>42.22 | 350m:<br>400m: | <b>5:27.26</b> 4:46.69 5:27.26 | 353<br>42.94<br>40.57        | 2 |
| 50m:<br>100m: | 35.78<br>1:16.84 | 35.78<br>41.06 | 150m:<br>200m: | 12<br>1:58.89<br>2:41.35      | 42.05<br>42.46 | 250m:<br>300m: | 3:23.32<br>4:05.12 | 41.97<br>41.80 | 350m:<br>400m: | <b>5:27.60</b> 4:47.56 5:27.60 | 351<br>42.44<br>40.04        | 2 |
| 50m:<br>100m: | 35.24<br>1:14.17 | 35.24<br>38.93 | 150m:<br>200m: | 13<br>1:55.08<br>2:36.53      | 40.91<br>41.45 | 250m:<br>300m: | 3:19.39<br>4:02.59 | 42.86<br>43.20 | 350m:<br>400m: | <b>5:27.60</b> 4:46.23 5:27.60 | 351<br>43.64<br>41.37        | 2 |
| 50m:<br>100m: | 35.55<br>1:16.26 | 35.55<br>40.71 | 150m:<br>200m: | 12<br>1:58.93<br>2:41.98      | 42.67<br>43.05 | 250m:<br>300m: | 3:25.12<br>4:07.74 | 43.14<br>42.62 | 350m:<br>400m: | <b>5:27.78</b> 4:50.18 5:27.78 | 351<br>42.44<br>37.60        | 2 |
| 50m:<br>100m: | 34.89<br>1:14.52 | 34.89<br>39.63 | 150m:<br>200m: | 12<br>1:57.71<br>2:40.34      | 43.19<br>42.63 | 250m:<br>300m: | 3:23.27<br>4:05.70 | 42.93<br>42.43 | 350m:<br>400m: | <b>5:27.85</b> 4:48.35 5:27.85 | 351<br>42.65<br>39.50        | 2 |
| 50m:<br>100m: | 34.79<br>1:15.20 | 34.79<br>40.41 | 150m:<br>200m: | 12<br>1:57.87<br>2:40.63      | 42.67<br>42.76 | 250m:<br>300m: | 3:23.47<br>4:06.09 | 42.84<br>42.62 | 350m:<br>400m: | <b>5:28.20</b> 4:48.76 5:28.20 | 350<br>42.67<br>39.44        | 2 |
| 50m:<br>100m: | 35.46<br>1:15.71 | 35.46<br>40.25 | 150m:<br>200m: | 12<br>1:57.94<br>2:39.94      | 42.23<br>42.00 | 250m:<br>300m: | 3:22.08<br>4:04.85 | 42.14<br>42.77 | 350m:<br>400m: | <b>5:28.23</b> 4:47.23 5:28.23 | 349<br>42.38<br>41.00        | 2 |
| 50m:<br>100m: | 36.29<br>1:16.62 | 36.29<br>40.33 | 150m:<br>200m: | 14<br>1:59.18<br>2:42.21      | 42.56<br>43.03 | 250m:<br>300m: | 3:24.85<br>4:06.83 | 42.64<br>41.98 | 350m:<br>400m: | <b>5:28.23</b> 4:49.18 5:28.23 | 349<br>42.35<br>39.05        |   |
| 50m:<br>100m: | 37.15<br>1:18.94 | 37.15<br>41.79 | 150m:<br>200m: | 12<br>2:02.45<br>2:45.25      | 43.51<br>42.80 | 250m:<br>300m: | 3:27.63<br>4:09.69 | 42.38<br>42.06 | 350m:<br>400m: | <b>5:29.80</b> 4:50.92 5:29.80 | 344<br>41.23<br>38.88        |   |
| 50m:<br>100m: | 37.04<br>1:17.32 | 37.04<br>40.28 | 150m:<br>200m: | 13<br>1:59.23<br>2:42.10      | 41.91<br>42.87 | 250m:<br>300m: | 3:24.58<br>4:08.04 | 42.48<br>43.46 | 350m:<br>400m: | <b>5:30.56</b> 4:50.20 5:30.56 | 342<br>42.16<br>40.36        |   |
| 50m:<br>100m: | 33.13<br>1:12.22 | 33.13<br>39.09 | 150m:<br>200m: | 12<br>1:54.25<br>2:37.25      | 42.03<br>43.00 | 250m:<br>300m: | 3:20.56<br>4:05.20 | 43.31<br>44.64 | 350m:<br>400m: | <b>5:30.65</b> 4:49.78 5:30.65 | 342<br>44.58<br>40.87        |   |
| 50m:<br>100m: | 36.22<br>1:16.85 | 36.22<br>40.63 | 150m:<br>200m: | 12<br>1:59.76<br>2:42.85      | 42.91<br>43.09 | 250m:<br>300m: | 3:25.33<br>4:08.00 | 42.48<br>42.67 | 350m:<br>400m: | <b>5:30.97</b> 4:50.26 5:30.97 | 341<br>42.26<br>40.71        |   |
| 50m:<br>100m: | 35.69<br>1:17.23 | 35.69<br>41.54 | 150m:<br>200m: | 12<br>2:00.09<br>2:43.56      | 42.86<br>43.47 | 250m:<br>300m: | 3:27.21<br>4:10.73 | 43.65<br>43.52 | 350m:<br>400m: | <b>5:31.77</b> 4:54.10 5:31.77 | 338<br>43.37<br>37.67        |   |
| 50m:<br>100m: | 38.08<br>1:20.07 | 38.08<br>41.99 | 150m:<br>200m: | 12<br>2:02.65<br>2:45.02      | 42.58<br>42.37 | 250m:<br>300m: | 3:27.20<br>4:09.59 | 42.18<br>42.39 | 350m:<br>400m: | <b>5:32.76</b> 4:51.48 5:32.76 | 335<br>41.89<br>41.28        | 2 |

|         |         |        |         |         | ,     |         |         |       |         |                |       |   |
|---------|---------|--------|---------|---------|-------|---------|---------|-------|---------|----------------|-------|---|
| 1,      | , 4     | 100m   |         | , 20    | 12    |         |         |       |         |                |       |   |
| ,       |         |        |         | 1       |       |         |         |       |         |                |       |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:33.24        | 334   | 2 |
| 50m:    | 33.53   | 33.53  | 150m:   | 1:57.22 | 42.84 | 250m:   | 3:22.31 | 42.34 | 350m:   | 4:50.87        | 44.16 | _ |
| 100m:   | 1:14.38 | 40.85  |         | 2:39.97 | 42.75 | 300m:   |         | 44.40 | 400m:   | 5:33.24        | 42.37 |   |
|         |         |        |         | 40      |       |         |         |       |         | <b>5</b> 00 00 | 000   | _ |
| 50      | 0.4.50  | 0.4.50 | 450     | 12      | 40.04 | 050     | 0.00.04 | 44.00 | 050     | 5:33.63        | 333   | 2 |
| 50m:    | 34.52   | 34.52  |         | 1:58.21 | 43.04 | 250m:   | 3:26.34 | 44.30 | 350m:   | 4:53.60        | 43.51 |   |
| 100m:   | 1:15.17 | 40.65  | 200m:   | 2:42.04 | 43.83 | 300m:   | 4:10.09 | 43.75 | 400m:   | 5:33.63        | 40.03 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:34.00        | 332   | 2 |
| 50m:    | 34.90   | 34.90  | 150m:   | 1:59.79 | 43.04 | 250m:   | 3:26.42 | 43.50 | 350m:   | 4:52.72        | 42.75 |   |
| 100m:   | 1:16.75 | 41.85  | 200m:   | 2:42.92 | 43.13 | 300m:   | 4:09.97 | 43.55 | 400m:   | 5:34.00        | 41.28 |   |
|         |         |        |         | 12      |       |         |         |       |         | 5:34.23        | 331   | 2 |
| 50m:    | 35.29   | 35.29  | 150m·   | 1:57.82 | 42.84 | 250m:   | 3:25.42 | 43.82 | 350m:   | 4:51.89        | 43.04 | _ |
|         | 1:14.98 | 39.69  |         | 2:41.60 | 43.78 | 300m:   |         | 43.43 | 400m:   | 5:34.23        | 42.34 |   |
| 100111. |         | 00.00  | 2001111 |         | 10.70 | 000111. | 1.00.00 | 10.10 | 100111. |                |       | _ |
|         |         |        |         | 13      |       |         |         |       |         | 5:35.49        | 327   | 2 |
| 50m:    | 36.16   | 36.16  |         | 2:01.94 | 43.61 |         | 3:28.16 | 42.53 | 350m:   | 4:55.45        | 43.22 |   |
| 100m:   | 1:18.33 | 42.17  | 200m:   | 2:45.63 | 43.69 | 300m:   | 4:12.23 | 44.07 | 400m:   | 5:35.49        | 40.04 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:35.83        | 326   | 2 |
| 50m:    | 36.01   | 36.01  | 150m:   | 1:59.91 | 43.10 | 250m:   | 3:27.75 | 44.08 | 350m:   | 4:55.05        | 43.89 |   |
| 100m:   | 1:16.81 | 40.80  | 200m:   | 2:43.67 | 43.76 | 300m:   | 4:11.16 | 43.41 | 400m:   | 5:35.83        | 40.78 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:36.24        | 325   | 2 |
| 50m:    | 36.00   | 36.00  | 150m:   | 2:02.22 | 43.67 | 250m:   | 3:29.73 | 44.16 | 350m:   | 4:57.30        | 43.44 | 2 |
|         | 1:18.55 | 42.55  |         | 2:45.57 | 43.35 | 300m:   |         | 44.13 | 400m:   | 5:36.24        | 38.94 |   |
| 100111. | 1.10.00 | 72.00  | 200111. |         | 40.00 | 000111. | 4.10.00 | 44.10 | 400111. |                |       |   |
|         |         |        |         | 12      |       |         |         |       |         | 5:36.90        | 323   | 2 |
| 50m:    | 35.83   | 35.83  |         | 1:58.95 | 42.73 | 250m:   | 3:26.24 | 44.06 | 350m:   | 4:54.64        | 44.34 |   |
| 100m:   | 1:16.22 | 40.39  | 200m:   | 2:42.18 | 43.23 | 300m:   | 4:10.30 | 44.06 | 400m:   | 5:36.90        | 42.26 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:38.20        | 319   | 2 |
| 50m:    | 37.59   | 37.59  | 150m:   | 2:03.14 | 43.76 | 250m:   | 3:32.12 | 44.48 | 350m:   | 4:57.26        | 42.78 |   |
| 100m:   | 1:19.38 | 41.79  | 200m:   |         | 44.50 | 300m:   | 4:14.48 | 42.36 | 400m:   | 5:38.20        | 40.94 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:38.41        | 319   | 2 |
| 50m:    | 34.98   | 34.98  | 150m:   | 1:59.01 | 43.48 | 250m:   | 3:27.29 | 43.68 | 350m:   | 4:57.15        | 45.11 | 2 |
|         | 1:15.53 | 40.55  | 200m:   | 2:43.61 | 44.60 | 300m:   | 4:12.04 | 44.75 | 400m:   | 5:38.41        | 41.26 |   |
|         |         | .0.00  | 200     |         |       |         |         | 0     |         |                |       |   |
|         |         |        |         | 12      |       |         |         |       |         | 5:39.63        | 315   | 2 |
| 50m:    | 37.91   | 37.91  |         | 2:04.92 | 44.69 |         | 3:31.75 | 43.14 |         | 4:58.79        | 43.28 |   |
| 100m:   | 1:20.23 | 42.32  | 200m:   | 2:48.61 | 43.69 | 300m:   | 4:15.51 | 43.76 | 400m:   | 5:39.63        | 40.84 |   |
|         |         |        |         | 12      |       |         |         |       |         | 5:39.73        | 315   | 2 |
| 50m:    | 37.39   | 37.39  | 150m:   | 2:02.62 | 42.96 | 250m:   | 3:30.71 | 44.15 | 350m:   | 4:57.31        | 43.39 |   |
| 100m:   | 1:19.66 | 42.27  | 200m:   | 2:46.56 | 43.94 | 300m:   | 4:13.92 | 43.21 | 400m:   | 5:39.73        | 42.42 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:39.83        | 315   | 2 |
| 50m:    | 36.17   | 36.17  | 150m:   | 2:01.21 | 43.55 | 250m:   | 3:29.76 | 44.45 | 350m:   | 4:55.87        | 41.85 | 2 |
| 100m:   | 1:17.66 | 41.49  | 200m:   | 2:45.31 | 44.10 | 300m:   | 4:14.02 | 44.26 | 400m:   | 5:39.83        | 43.96 |   |
|         |         |        |         |         |       |         |         |       |         |                |       | _ |
|         |         |        |         | 13      |       |         |         |       |         | 5:39.93        | 315   | 2 |
| 50m:    | 36.39   | 36.39  | 150m:   | 2:01.57 | 43.51 | 250m:   | 3:29.93 | 43.97 | 350m:   | 4:57.89        | 43.80 |   |
| 100m:   | 1:18.06 | 41.67  | 200m:   | 2:45.96 | 44.39 | 300m:   | 4:14.09 | 44.16 | 400m:   | 5:39.93        | 42.04 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:40.00        | 314   | 2 |
| 50m:    | 36.51   | 36.51  | 150m:   | 2:03.69 | 44.24 | 250m:   | 3:31.02 | 43.90 | 350m:   | 4:59.04        | 43.41 |   |
| 100m:   | 1:19.45 | 42.94  | 200m:   | 2:47.12 | 43.43 | 300m:   | 4:15.63 | 44.61 | 400m:   | 5:40.00        | 40.96 |   |
|         |         |        |         | 13      |       |         |         |       |         | 5:40.80        | 312   | 3 |
| 50m:    | 35.36   | 35.36  | 150m:   | 2:02.40 | 44.45 | 250m:   | 3:30.05 | 44.29 | 350m:   | 4:57.17        | 43.31 | 5 |
| 100m:   | 1:17.95 | 42.59  | 200m:   | 2:45.76 | 43.36 | 300m:   | 4:13.86 | 43.81 | 400m:   | 5:40.80        | 43.63 |   |
| - 2     | ,-      |        |         |         |       |         |         |       |         |                |       |   |
|         |         | 00.0=  | 450     | 12      | 46.5= | 050     | 0.00 :: | 44.5- | 050     | 5:41.00        | 312   | 3 |
| 50m:    | 36.05   | 36.05  | 150m:   | 1:59.74 | 43.27 | 250m:   | 3:28.14 | 44.60 | 350m:   | 4:58.60        | 45.92 |   |
| 100m:   | 1:16.47 | 40.42  | 200m:   | 2:43.54 | 43.80 | 300m:   | 4:12.68 | 44.54 | 400m:   | 5:41.00        | 42.40 |   |
|         |         |        |         | 14      |       |         |         |       |         | 5:41.23        | 311   | 3 |
| 50m:    | 35.98   | 35.98  | 150m:   | 2:01.20 | 44.04 | 250m:   | 3:30.47 | 44.62 | 350m:   | 4:58.68        | 44.18 |   |
| 100m:   | 1:17.16 | 41.18  | 200m:   | 2:45.85 | 44.65 | 300m:   | 4:14.50 | 44.03 | 400m:   | 5:41.23        | 42.55 |   |
|         |         |        |         |         |       |         |         |       |         |                |       |   |

|               |                  |                |                |                    | ,              |                |                    |                |                |                        |                |   |
|---------------|------------------|----------------|----------------|--------------------|----------------|----------------|--------------------|----------------|----------------|------------------------|----------------|---|
| 1,            | , 4              | 100m           |                | , 20               | 12             |                |                    |                |                |                        |                |   |
| ,             |                  |                |                | 1                  |                |                |                    |                |                |                        |                |   |
|               |                  |                |                | 12                 |                |                |                    |                |                | 5:42.03                | 309            | 3 |
| 50m:<br>100m: | 36.86<br>1:18.21 | 36.86<br>41.35 |                | 2:01.52<br>2:45.93 | 43.31<br>44.41 | 250m:<br>300m: | 3:30.80<br>4:15.73 | 44.87<br>44.93 | 350m:<br>400m: | 4:55.89<br>5:42.03     | 40.16<br>46.14 |   |
|               |                  |                |                | 12                 |                |                |                    |                |                | 5:42.52                | 307            | 3 |
| 50m:          | 36.10            | 36.10          |                | 2:02.13            | 44.06          | 250m:          | 3:33.32            | 46.12          | 350m:          | 5:00.91                | 44.43          |   |
| 100m:         | 1:18.07          | 41.97          | 200m.          | 2:47.20            | 45.07          | 300m.          | 4:16.48            | 43.16          | 400m:          | 5:42.52                | 41.61          | 2 |
| 50m:          | 35.82            | 35.82          | 150m:          | 13<br>2:02.58      | 45.21          | 250m:          | 3:30.05            | 43.49          | 350m:          | <b>5:42.67</b> 4:58.44 | 307<br>44.53   | 3 |
| 100m:         | 1:17.37          | 41.55          | 200m:          | 2:46.56            | 43.98          | 300m:          | 4:13.91            | 43.86          | 400m:          | 5:42.67                | 44.23          |   |
| 50m:          | 35.73            | 35.73          | 150m:          | 12<br>2:01.61      | 43.99          | 250m:          | 3:31.45            | 44.94          | 350m:          | <b>5:42.74</b> 5:00.56 | 307<br>44.58   | 3 |
|               | 1:17.62          | 41.89          |                | 2:46.51            | 44.90          | 300m:          |                    | 44.53          | 400m:          | 5:42.74                | 42.18          |   |
|               |                  |                |                | 12                 |                |                |                    |                |                | 5:42.96                | 306            | 3 |
| 50m:<br>100m: | 35.37<br>1:17.41 | 35.37<br>42.04 |                | 2:02.82<br>2:48.21 | 45.41<br>45.39 | 250m:<br>300m: | 3:32.30<br>4:17.65 | 44.09<br>45.35 | 350m:<br>400m: | 5:01.81<br>5:42.96     | 44.16<br>41.15 |   |
|               |                  |                |                | 13                 |                |                |                    |                |                | 5:44.37                | 303            | 3 |
| 50m:          | 36.10            | 36.10          | 150m:          | 2:02.46            | 43.99          | 250m:          | 3:31.83            | 44.48          | 350m:          | 5:01.71                | 46.46          |   |
| 100m:         | 1:18.47          | 42.37          | 200m:          | 2:47.35            | 44.89          | 300m:          | 4:15.25            | 43.42          | 400m:          | 5:44.37                | 42.66          | • |
| 50m:          | 36.34            | 36.34          | 150m:          | 12<br>2:01.11      | 44.34          | 250m:          | 3:31.07            | 45.01          | 350m:          | <b>5:45.25</b> 4:59.85 | 300<br>44.79   | 3 |
| 100m:         | 1:16.77          | 40.43          | 200m:          | 2:46.06            | 44.95          | 300m:          | 4:15.06            | 43.99          | 400m:          | 5:45.25                | 45.40          |   |
| 50            | 00.00            | 00.00          | 450            | 13                 | 44.00          | 050            | 0.00.00            | 44.04          | 050            | 5:45.31                | 300            | 3 |
| 50m:<br>100m: | 38.30<br>1:20.82 | 38.30<br>42.52 |                | 2:05.45<br>2:49.62 | 44.63<br>44.17 | 250m:<br>300m: | 3:33.86<br>4:18.28 | 44.24<br>44.42 | 350m:<br>400m: | 5:03.31<br>5:45.31     | 45.03<br>42.00 |   |
|               |                  |                |                | 13                 |                |                |                    |                |                | 5:46.09                | 298            | 3 |
| 50m:<br>100m: | 37.81<br>1:19.99 | 37.81<br>42.18 | 150m:<br>200m: | 2:05.20<br>2:50.07 | 45.21<br>44.87 | 250m:<br>300m: | 3:36.22<br>4:20.94 | 46.15<br>44.72 | 350m:<br>400m: | 5:05.09<br>5:46.09     | 44.15<br>41.00 |   |
|               |                  |                |                | 13                 |                |                |                    |                |                | 5:48.16                | 293            | 3 |
| 50m:          | 36.69            | 36.69          |                | 2:05.91            | 45.55          | 250m:          | 3:35.70            | 45.27          | 350m:          | 5:07.22                | 45.46          | Ü |
| 100m:         | 1:20.36          | 43.67          | 200m:          | 2:50.43            | 44.52          | 300m:          | 4:21.76            | 46.06          | 400m:          | 5:48.16                | 40.94          | • |
| 50m:          | 39.42            | 39.42          | 150m:          | 13<br>2:06.96      | 44.21          | 250m:          | 3:36.77            | 45.30          | 350m:          | <b>5:50.83</b> 5:08.82 | 286<br>45.57   | 3 |
| 100m:         | 1:22.75          | 43.33          | 200m:          | 2:51.47            | 44.51          | 300m:          | 4:23.25            | 46.48          | 400m:          | 5:50.83                | 42.01          |   |
| F0            | 27.00            | 27.20          | 15000          | 13                 | 42.07          | 250~           | 2.24.70            | 4E 0E          | 250~           | 5:50.86                | 286            | 3 |
| 50m:<br>100m: | 37.28<br>1:18.61 | 37.28<br>41.33 | 150m:<br>200m: | 2:02.48<br>2:46.74 | 43.87<br>44.26 | 250m:<br>300m: | 3:31.79<br>4:17.96 | 45.05<br>46.17 | 350m:<br>400m: | 5:01.62<br>5:50.86     | 43.66<br>49.24 |   |
|               |                  |                |                | 12                 |                |                |                    |                |                | 5:52.40                | 282            | 3 |
| 50m:<br>100m: | 34.72<br>1:16.70 | 34.72<br>41.98 | 150m:<br>200m: | 2:02.36<br>2:48.32 | 45.66<br>45.96 | 250m:<br>300m: | 3:34.23<br>4:20.90 | 45.91<br>46.67 | 350m:<br>400m: | 5:07.47<br>5:52.40     | 46.57<br>44.93 |   |
|               |                  |                |                | 12                 |                |                |                    |                |                | 5:55.22                | 276            | 3 |
| 50m:          | 34.91            | 34.91          | 150m:          | 2:03.01            | 45.38          | 250m:          | 3:35.58            | 45.77          | 350m:          | 5:07.62                | 46.24          | Ū |
| 100m:         | 1:17.63          | 42.72          | 200m:          | 2:49.81            | 46.80          | 300m:          | 4:21.38            | 45.80          | 400m:          | 5:55.22                | 47.60          | • |
| 50m:          | 35.59            | 35.59          | 150m:          | 13<br>2:08.99      | 48.61          | 250m:          | 3:42.52            | 46.95          | 350m:          | <b>5:59.56</b> 5:14.44 | 266<br>46.33   | 3 |
|               | 1:20.38          | 44.79          | 200m:          | 2:55.57            | 46.58          | 300m:          | 4:28.11            | 45.59          | 400m:          | 5:59.56                | 45.12          |   |
| E0m:          | 20 25            | 20 25          | 150m:          | 12                 | 46 OE          | 250m:          | 2:45 67            | 10 11          | 250m:          | 6:03.36                | 257            | 3 |
| 50m:<br>100m: | 38.25<br>1:22.65 | 38.25<br>44.40 | 150m:<br>200m: | 2:09.60<br>2:57.26 | 46.95<br>47.66 | 250m:<br>300m: | 3:45.67<br>4:33.48 | 48.41<br>47.81 | 350m:<br>400m: | 5:20.08<br>6:03.36     | 46.60<br>43.28 |   |
|               |                  |                |                | 14                 |                |                |                    |                |                | 6:08.00                | 248            | 3 |
| 50m:<br>100m: | 39.71<br>1:25.57 | 39.71<br>45.86 | 150m:<br>200m: | 2:12.98<br>3:00.86 | 47.41<br>47.88 | 250m:<br>300m: | 3:48.86<br>4:36.43 | 48.00<br>47.57 | 350m:<br>400m: | 5:23.95<br>6:08.00     | 47.52<br>44.05 |   |
|               | 0.01             | . 3.33         |                | 14                 |                |                |                    |                | . 501111       | 6:10.90                | 242            | 3 |
| 50m:          | 40.92            | 40.92          | 150m:          | 2:16.20            | 48.47          | 250m:          | 3:52.82            | 48.31          | 350m:          | 5:26.72                | 45.76          | J |
| 100m:         | 1:27.73          | 46.81          | 200m:          | 3:04.51            | 48.31          | 300m:          | 4:40.96            | 48.14          | 400m:          | 6:10.90                | 44.18          |   |

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