, 28. - 30.5.2025

1 , 400m 2012

: 4:23.00 /		: 4:39.50 / 1		: 5:00.50 / 2		: 5:40.00 / 3			: 6:28.50			
: AQUA 2024												
,				/								
				12						4:34.58	597	
50m: 100m:	29.21 1:02.02	29.21 32.81	150m: 200m:	1:35.95 2:10.55	33.93 34.60	250m: 300m:	2:45.70 3:22.09	35.15 36.39	350m: 400m:	3:58.92 4:34.58	36.83 35.66	
				12						4:40.91	558	1
50m: 100m:	30.68 1:05.67	30.68 34.99	150m: 200m:	1:41.80 2:18.04	36.13 36.24	250m: 300m:	2:54.29 3:30.51	36.25 36.22	350m: 400m:	4:07.00 4:40.91	36.49 33.91	
				12						4:43.29	544	1
50m:	32.26	32.26	150m:	1:43.00	35.90	250m:	2:55.35	36.31	350m:	4:07.93	36.38	
100m:	1:07.10	34.84	200m:	2:19.04	36.04	300m:	3:31.55	36.20	400m:	4:43.29	35.36	
				12						4:44.88	535	1
50m:	30.50	30.50		1:41.68	36.60	250m:	2:55.54	37.11	350m:	4:10.12	37.17	
100m:	1:05.08	34.58	200m:	2:18.43	36.75	300m:	3:32.95	37.41	400m:	4:44.88	34.76	
				12						4:45.72	530	1
50m: 100m:	49.78 1:25.46	49.78 35.68		2:01.77 2:37.90	36.31 36.13	250m: 300m:	3:14.57 3:51.21	36.67 36.64	350m: 400m:	4:27.82 4:45.72	36.61 17.90	
100111.	1.23.40	33.00	200111.		30.13	300111.	3.31.21	30.04	400111.			
5 0	00.00	00.00	450	12	00.00	050	0.57.40	00.04	050	4:47.18	522	1
50m: 100m:	32.36 1:08.28	32.36 35.92	150m: 200m:	1:44.48 2:20.81	36.20 36.33	250m: 300m:	2:57.42 3:34.74	36.61 37.32	350m: 400m:	4:11.23 4:47.18	36.49 35.95	
		55.52			55.55		2.0 1	002				
50m:	31.97	31.97	150m:	12 1:43.33	36.29	250m:	2:57.36	37.34	350m:	4:49.20 4:12.22	511 37.60	1
100m:	1:07.04	35.07		2:20.02	36.69	300m:	3:34.62	37.34 37.26	400m:	4:12.22 4:49.20	36.98	
			'									4
50m:	32.86	32.86	150m:	12 1:45.38	37.01	250m:	3:00.09	37.24	350m:	4:51.81 4:15.04	497 37.14	I
100m:	1:08.37	35.51		2:22.85	37.47	300m:	3:37.90	37.81	400m:	4:51.81	36.77	