1 28.05.2025 - 10:00 , 400m 2012

8.05.2025 - 10.	.00											
: 4:23.00 /		: 4:39.50 / 1			: 5:00.50 / 2		: 5:40.00 / 3			: 6:28.50		
: AQUA 2024												
,				1								
,				12						4:34.58	597	
50m:	29.21	29.21	150m:	1:35.95	33.93	250m:	2:45.70	35.15	350m:	<b>4.34.36</b> 3:58.92	36.83	
100m:	1:02.02	32.81		2:10.55	34.60	300m:	3:22.09	36.39	400m:	4:34.58	35.66	
				12						4:40.91	558	1
50m:	30.68	30.68		1:41.80	36.13	250m:	2:54.29	36.25	350m:	4:07.00	36.49	
100m:	1:05.67	34.99	200m:	2:18.04	36.24	300m:	3:30.51	36.22	400m:	4:40.91	33.91	
				12						4:43.29	544	1
50m:	32.26	32.26		1:43.00	35.90	250m:	2:55.35	36.31	350m:	4:07.93	36.38	
100m:	1:07.10	34.84	200m:	2:19.04	36.04	300m:	3:31.55	36.20	400m:	4:43.29	35.36	
				12						4:44.88	535	1
50m:	30.50	30.50	150m:	1:41.68	36.60	250m:	2:55.54	37.11	350m:	4:10.12	37.17	•
100m:	1:05.08	34.58	200m:	2:18.43	36.75	300m:	3:32.95	37.41	400m:	4:44.88	34.76	
				12						4:45.72	530	1
50m:	32.11	32.11	150m:	1∠ 1:43.48	36.17	250m:	2:56.11	36.35	350m:	4.43.72 4:09.51	36.61	1
	1:07.31	35.20		2:19.76	36.28	300m:	3:32.90	36.79	400m:	4:45.72	36.21	
		00.20	200		00.20	000	0.02.00	000				
	66.55	00.00	4=-	12	00.5-	0	0.55	05.5	0==	4:47.18	522	1
50m: 100m:	32.36 1:08.28	32.36 35.92	150m:	1:44.48 2:20.81	36.20 36.33	250m: 300m:	2:57.42 3:34.74	36.61 37.32	350m: 400m:	4:11.23 4:47.18	36.49 35.95	
TOOM.	1.00.20	33.82	200III.		30.33	JUUIII.	3.34.74	31.32	400111.	4.47.10		
				13						4:47.92	518	1
50m:	33.37	33.37	150m:	1:46.74	37.07	250m:	3:00.74	36.74	350m:	4:13.26	35.68	
100m:	1:09.67	36.30	200m:	2:24.00	37.26	300m:	3:37.58	36.84	400m:	4:47.92	34.66	
				12						4:49.20	511	1
50m:	31.97	31.97	150m:	1:43.33	36.29	250m:	2:57.36	37.34	350m:	4:12.22	37.60	•
100m:	1:07.04	35.07	200m:	2:20.02	36.69	300m:	3:34.62	37.26	400m:	4:49.20	36.98	
				10						A.E4 04	497	4
50m:	32.86	32.86	150m:	12 1:45.38	37.01	250m:	3:00.09	37.24	350m:	<b>4:51.81</b> 4:15.04	37.14	1
	1:08.37	35.51		2:22.85	37.47	300m:	3:37.90	37.24	400m:	4:51.81	36.77	
100111.	1.00.01	00.01	200111.		07.17	000111.	0.07.00	07.01	100111.			
				12						4:52.68	493	1
50m: 100m:	31.56 1:06.66	31.56 35.10	150m:	1:43.53 2:21.04	36.87 37.51	250m:	2:58.43 3:37.51	37.39 39.08	350m: 400m:	4:15.46 4:52.68	37.95 37.22	
TOOM.	1.00.00	33.10	200111.	2.21.04	37.31	300111.	3.37.31	39.00	400111.	4.32.00	31.22	
				12						4:53.49	489	1
50m:	33.66	33.66		1:47.11	36.75		3:01.78	37.69	350m:		37.40	
100m:	1:10.36	36.70	200m:	2:24.09	36.98	300m:	3:39.45	37.67	400m:	4:53.49	36.64	
				12						4:53.88	487	1
50m:	32.26	32.26	150m:	1:45.76	37.60	250m:	3:01.42	37.48	350m:	4:17.00	37.69	•
100m:	1:08.16	35.90		2:23.94	38.18	300m:		37.89	400m:	4:53.88	36.88	
				12						A-EA 24	485	1
50m:	33.89	33.89	150m·	12 1:47.40	36.92	250m·	3:02.85	37.07	350m:	<b>4:54.21</b> 4:17.32	36.88	I
	1:10.48	36.59		2:25.78	38.38		3:40.44	37.57 37.59	400m:	4.17.32 4:54.21	36.89	
				12						4:57.43	470	1
50m:	33.62	33.62		1:48.37	37.56	250m:	3:03.93	38.18	350m:	4:19.37	37.97	
100m:	1:10.81	37.19	200m:	2:25.75	37.38	300m:	3:41.40	37.47	400m:	4:57.43	38.06	
		-		12						5:00.12	457	1
50m:	33.58	33.58		1:49.88	37.96	250m:	3:06.03	38.07	350m:	4:22.97	38.50	
100m:	1:11.92	38.34	200m:	2:27.96	38.08	300m:	3:44.47	38.44	400m:	5:00.12	37.15	
				13						5:01.58	451	2
50m:	31.87	31.87	150m:	1:48.28	38.63	250m:	3:05.28	38.02	350m:	4:24.62	40.07	_
	1:09.65	37.78		2:27.26	38.98	300m:	3:44.55	39.27	400m:	5:01.58	36.96	