

Points: AQUA 2024

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|-----|----|------|---------|-----|
| 1. | 11 | 200m | 2:14.05 | 547 |
| 2. | 11 | 200m | 2:15.37 | 531 |
| 3. | 11 | 200m | 2:18.36 | 497 |
| 4. | 11 | 200m | 2:18.71 | 493 |
| 5. | 11 | 200m | 2:19.70 | 483 |
| 6. | 11 | 200m | 2:20.05 | 479 |
| 7. | 11 | 200m | 2:20.38 | 476 |
| 8. | 11 | 200m | 2:21.42 | 465 |
| | 11 | 200m | 2:21.44 | 465 |
| 10. | 11 | 200m | 2:21.68 | 463 |
| 11. | 11 | 200m | 2:21.82 | 461 |
| 12. | 11 | 200m | 2:22.56 | 454 |
| 13. | 11 | 200m | 2:22.73 | 453 |
| 14. | 11 | 200m | 2:22.84 | 452 |
| 15. | 11 | 200m | 2:23.49 | 445 |
| 16. | 11 | 200m | 2:24.09 | 440 |
| 17. | 12 | 200m | 2:24.24 | 439 |
| 18. | 11 | 200m | 2:24.33 | 438 |
| 19. | 12 | 200m | 2:24.36 | 437 |
| | 11 | 200m | 2:24.43 | 437 |
| | | | | |
| 1. | 12 | 400m | 4:34.58 | 597 |
| 2. | 12 | 400m | 4:40.91 | 558 |
| 3. | 12 | 400m | 4:43.29 | 544 |
| 4. | 12 | 400m | 4:44.88 | 535 |
| 5. | 12 | 400m | 4:45.72 | 530 |
| 6. | 12 | 400m | 4:47.18 | 522 |
| 7. | 13 | 400m | 4:47.92 | 518 |
| 8. | 12 | 400m | 4:49.20 | 511 |
| 9. | 12 | 400m | 4:51.81 | 497 |
| 10. | 12 | 400m | 4:52.68 | 493 |
| 11. | 12 | 400m | 4:53.49 | 489 |
| 12. | 12 | 400m | 4:53.88 | 487 |
| 13. | 12 | 400m | 4:54.21 | 485 |
| 14. | 12 | 400m | 4:56.73 | 473 |
| 15. | 12 | 400m | 4:57.43 | 470 |
| 16. | 12 | 400m | 4:57.83 | 468 |
| 17. | 12 | 400m | 4:58.30 | 466 |
| 18. | 12 | 400m | 4:58.98 | 463 |
| 19. | - | 400m | 5:00.12 | 457 |
| | 12 | 400m | 5:00.13 | 457 |