, 28. - 30.5.2025

4 , 400m 2011 29.05.2025 - 10:00

29.05.2025 - 1 0:00 : 3:59.00 /			: 4:15.50 / 1			.50 / 2	: 5	:11.50 / 3	3	: 6:01.00		
: AQUA 2024				. , ,	. 1.00				-			
				,								
,				44						4 40 00	500	
				11						4:12.08	596	
50m:	28.02 59.06	28.02 31.04	150m:	1:30.31 2:00.54	31.25	250m:	2:35.44 3:08.46	34.90 33.02	350m:	3:41.29 4:12.08	32.83 30.79	
100m:	39.00	31.04	200111.	2.00.54	30.23	300m:	3.00.40	33.02	400m:	4.12.00	30.79	
				11						4:19.34	548	1
50m:	29.62	29.62	150m:	1:34.14	32.49	250m:	2:40.31	33.25	350m:	3:46.89	32.98	
100m:	1:01.65	32.03	200m:	2:07.06	32.92	300m:	3:13.91	33.60	400m:	4:19.34	32.45	
				11						4:19.80	545	1
50m:	29.44	29.44	150m:	1:34.79	32.91	250m:	2:41.66	33.48	350m:	3:48.37	33.33	ı
100m:	1:01.88	32.44		2:08.18	33.39	300m:	3:15.04	33.38	400m:	4:19.80	31.43	
100111.	1.01.00	JZ.77	200111.	2.00.10	55.55	300111.	5.15.04	55.50	400111.			
				11						4:21.63	533	1
50m:	27.84	27.84	150m:	1:31.26	32.67	250m:	2:38.86	34.35	350m:	3:48.49	34.87	
100m:	58.59	30.75	200m:	2:04.51	33.25	300m:	3:13.62	34.76	400m:	4:21.63	33.14	
				11						4:22.23	530	1
50m:	28.43	28.43	150m:	1:34.54	33.92	250m:	2:42.71	34.12	350m:	3:50.03	33.61	ı
100m:	1:00.62	32.19		2:08.59	34.05	300m:	3:16.42	33.71	400m:	4:22.23	32.20	
100111.	1.00.02	32.13	200111.		34.03	300111.	5.10.42	55.7 1	400111.			
				11						4:27.90	497	1
50m:	29.17	29.17	150m:	1:35.31	33.74	250m:	2:45.08	35.16	350m:	3:55.66	35.10	
100m:	1:01.57	32.40	200m:	2:09.92	34.61	300m:	3:20.56	35.48	400m:	4:27.90	32.24	
				11						4:28.94	491	1
50m:	28.97	28.97	150m:	1:35.40	33.90	250m:	2:44.84	34.77	350m:	3:55.49	35.20	•
	1:01.50	32.53		2:10.07	34.67	300m:		35.45	400m:	4:28.94	33.45	
		02.00			0	000	0.20.20	000				
				11						4:30.05	485	1
50m:	29.44	29.44	150m:	1:37.38	34.35	250m:	2:46.61	34.83	350m:	3:56.28	34.45	
100m:	1:03.03	33.59	200m:	2:11.78	34.40	300m:	3:21.83	35.22	400m:	4:30.05	33.77	
				11						4:31.87	475	1
50m:	30.46	30.46	150m:	1:38.95	34.71	250m:	2:48.41	34.77	350m:	3:58.43	34.80	•
100m:	1:04.24	33.78		2:13.64	34.69	300m:	3:23.63	35.22	400m:	4:31.87	33.44	
100111.	1.0 1.2 1	00.70	2001111	2.10.01	01.00	000111.	0.20.00	00.22	100111.			
				11						4:31.94	475	1
50m:	29.21	29.21	150m:	1:36.75	34.48	250m:	2:46.43	34.67	350m:	3:56.70	35.92	
100m:	1:02.27	33.06	200m:	2:11.76	35.01	300m:	3:20.78	34.35	400m:	4:31.94	35.24	
				11						4:32.04	474	1
50m:	30.73	30.73	150m:	1:39.97	34.80	250m:	2:49.62	34.85	350m:	3:58.43	34.29	•
100m:	1:05.17	34.44		2:14.77	34.80	300m:	3:24.14	34.52	400m:	4:32.04	33.61	
											4=0	
				11						4:32.80	470	1
50m:	28.16	28.16	150m:	1:36.18	35.19	250m:	2:46.91	35.03	350m:	3:58.38	35.69	
100m:	1:00.99	32.83	200m:	2:11.88	35.70	300m:	3:22.69	35.78	400m:	4:32.80	34.42	
				11						4:33.74	466	1
50m:	29.80	29.80	150m:	1:37.37	34.65	250m:	2:48.30	35.44	350m:	4:00.17	35.82	•
100m:	1:02.72	32.92		2:12.86	35.49	300m:		36.05	400m:	4:33.74	33.57	
											400	
	66 : :	00 : :	,	11	0= ==	0=-	0.40 ::	0= 5=	0=0	4:34.19	463	1
50m:	28.11	28.11	150m:	1:37.11	35.05	250m:	2:48.14	35.63	350m:	3:59.72	35.90	
100m:	1:02.06	33.95	200m:	2:12.51	35.40	300m:	3:23.82	35.68	400m:	4:34.19	34.47	
				11						4:34.53	462	1
50m:	29.72	29.72	150m:	1:40.46	36.33	250m:	2:52.93	36.31	350m:	4:03.83	35.06	
100m:	1:04.13	34.41	200m:	2:16.62	36.16	300m:	3:28.77	35.84	400m:	4:34.53	30.70	
				4.4						4.04.00	404	4
=0	00.00	00.00	450	11	04.45	050	0.47.44	05.00	050	4:34.69	461	1
50m:	29.00	29.00		1:36.41	34.45	250m:	2:47.11	35.38	350m:	3:59.81	36.12	
100m:	1:01.96	32.96	200m:	2:11.73	35.32	300m:	3:23.69	36.58	400m:	4:34.69	34.88	
				11						4:34.84	460	1
50m:	30.16	30.16	150m:	1:40.36	35.94	250m:	2:52.30	35.76	350m:	4:02.34	34.24	
	1:04.42	34.26		2:16.54	36.18	300m:	3:28.10	35.80	400m:	4:34.84	32.50	

						,							
100m	4,		, 400m		, 2	2011							
50m: 29.78 29.78 150m: 140.04 35.84 250m: 25.52 36.46 35.09 400m: 4.04.64 35.94 300m: 3.28.51 35.99 400m: 4.36.56 31.00m: 3.26.50 30.90m: 3.28.51 35.99 400m: 4.36.56 36.00 36.00 32.85.20 35.47 35.60 35.40 35.90 30.90 30.90 30.90 214.15 35.91 300m: 3.25.24 35.62 400m: 4.36.08 34.78 30.00m: 3.25.24 35.62 400m: 4.36.08 34.78 30.00m: 3.25.24 35.62 400m: 4.36.08 34.78 30.00m: 3.24.89 36.52 400m: 4.36.68 35.31 30.00m: 3.24.89 36.52 400m: 4.36.68 35.31 30.00m: 3.24.89 36.52 400m: 4.36.68 35.31 30.00m: 3.27.39 35.75 400m: 4.36.78 33.19 4.36.78 40.00m: 4.36	,				/								
50m:					1:40.04						4:04.45	35.94	2
11 15 15 15 15 15 15 15					1:38.96						4:01.30	36.06	2
11 150m; 130.00 30.00 150m; 1:39.29 35.45 250m; 2:51.64 36.31 350m; 4:03.59 36.20 250m; 2:50.77 35.60 350m; 4:03.59 36.20 250m; 2:50.77 35.60 350m; 4:02.55 35.81 350m; 4:05.05 35.81 35.8	50m:	28.42	28.42	150m:	11 1:36.36	35.10	250m:	2:48.37	36.22	350m:	4:36.46 4:01.15	452 36.26	2
100mm 104.77 34.01 150mm 139.79 35.02 250mm 2:63.77 35.60 35.60 4:02.25 35.81 100mm 1:04.77 34.01 200mm 2:15.17 35.38 300mm 3:26.44 35.67 35.60 4:02.25 35.81 34.59 100mm 1:04.26 35.06 200mm 2:15.44 35.93 300mm 3:26.47 36.31 400mm 4:38.44 44.2 2 2 2 2 2 2 2 2 2	50m:	30.00	30.00	150m:	11 1:39.29	35.45	250m:	2:51.64	36.31	350m:	4:36.78 4:03.59	450 36.20	2
Som: 30.76 30.76 150m: 139.79 35.02 250m: 2:50.77 35.60 350m: 4:02.25 35.81	100111.	1.05.04	33.04	200111.		30.04	300111.	3.27.39	33.73	400111.			2
Solition 1,04,26 35,06 200m; 2,15,44 35,93 300m; 3,28,17 36,31 400m; 4,38,44 34,42 2,50m; 1,08,02 35,85 35,84 35,98 35,99 36,60 36,60 36,99 35,99 36,60					1:39.79						4:02.25	35.81	_
Som:					1:39.51						4:04.02	35.85	2
Som: 29.48 29.48 29.48 200m: 2:14.49 35.54 300m: 3:26.65 36.17 400m: 4:38.51 35.38					1:44.00						4:06.10	34.66	2
Som: 30.94 30.94 150m: 1:42.67 36.44 250m: 2:55.15 36.40 350m: 4:06.71 35.53 100m: 1:06.23 35.29 200m: 2:18.75 36.08 300m: 3:31.18 36.03 400m: 4:38.62 31.91 12					1:38.95						4:03.13	36.48	2
50m: 30.96 30.96 150m: 1:42.76 36.24 250m: 2:55.25 36.55 350m: 4:06.18 34.54 100m: 1:06.52 35.56 200m: 2:18.70 35.94 300m: 3:31.64 36.39 400m: 4:38.80 32.62 11 4:39.15 439 2 50m: 30.51 30.51 150m: 1:41.03 35.72 250m: 2:52.75 36.00 350m: 4:04.60 35.89 100m: 1:05.31 34.80 200m: 2:16.75 35.72 300m: 3:28.71 35.96 400m: 4:39.15 35.89 100m: 30.58 30.58 150m: 1:40.58 35.15 250m: 2:51.89 35.15 350m: 4:04.63 36.13 100m: 1:06.86 35.45 200m: 2:16.74 36.16 300m: 3:28.50 36.61 400m: 4:39.16 34.53 12 12 4:40.98 </td <td></td> <td></td> <td></td> <td></td> <td>1:42.67</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>4:06.71</td> <td>35.53</td> <td>2</td>					1:42.67						4:06.71	35.53	2
50m: 30.51 30.51 30.51 150m: 1:41.03 35.72 250m: 2:52.75 36.00 350m: 4:04.60 35.89 100m: 1:05.31 34.80 200m: 2:16.75 35.72 300m: 3:28.71 35.96 400m: 4:39.15 34.55 12 4:39.16 439 2 50m: 30.58 30.58 150m: 1:40.58 35.15 250m: 2:51.89 35.15 350m: 4:04.63 36.13 100m: 1:05.43 34.85 200m: 2:16.74 36.16 300m: 3:28.50 36.61 400m: 4:40.83 36.13 100m: 31.41 31.41 150m: 1:43.52 36.66 250m: 2:56.38 36.41 350m: 4:40.98 34.12 100m: 1:06.86 35.45 200m: 2:19.97 36.45 300m: 3:32.97 36.59 400m: 4:40.98 34.12 100m: 1:04.77 34.13					1:42.76						4:06.18	34.54	2
50m: 30.58 30.58 150m: 1:40.58 35.15 250m: 2:51.89 35.15 350m: 4:04.63 30.13 100m: 1:05.43 34.85 200m: 2:16.74 36.16 300m: 3:28.50 36.61 400m: 4:39.16 34.53 4:40.98 431 2 50m: 31.41 31.41 150m: 1:43.52 36.66 250m: 2:56.38 36.41 350m: 4:06.86 33.89 100m: 1:06.86 35.45 200m: 2:19.97 36.45 300m: 3:32.97 36.59 400m: 4:40.98 34.12 12 12 4:41.02 430 2 50m: 30.64 30.64 150m: 1:40.86 36.99 250m: 2:53.30 36.60 350m: 4:06.28 36.38 100m: 1:04.77 34.13 200m: 2:16.84 35.98 300m: 3:29.90 36.60 400m: 4:41.02					1:41.03						4:04.60	35.89	2
50m: 31.41 31.41 150m: 1:43.52 36.66 250m: 2:56.38 36.41 350m: 4:06.86 33.89 100m: 1:06.86 35.45 200m: 2:19.97 36.45 300m: 3:32.97 36.59 400m: 4:40.98 34.12 50m: 30.64 35.45 200m: 1:40.86 36.09 250m: 2:53.30 36.46 350m: 4:06.28 36.38 100m: 1:04.77 34.13 200m: 2:16.84 35.98 300m: 3:29.90 36.60 400m: 4:41.02 34.74 Town: 31.58 150m: 1:40.97 35.42 250m: 2:53.47 36.42 350m: 4:06.76 37.03 100m: 1:05.55 33.97 200m: 2:17.05 36.08 300m: 3:29.73 36.26 400m: 4:41.52 428 2 50m: 30.90 30.90 150m: 1:42.53 36.71 250m: 2:55.63 36.39 <td></td> <td></td> <td></td> <td></td> <td>1:40.58</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>4:04.63</td> <td>36.13</td> <td>2</td>					1:40.58						4:04.63	36.13	2
50m: 30.64 30.64 150m: 1:40.86 36.09 250m: 2:53.30 36.46 350m: 4:06.28 36.38 100m: 1:04.77 34.13 200m: 2:16.84 35.98 300m: 3:29.90 36.60 400m: 4:41.02 34.74 4:41.27 34.12 200m: 2:16.84 35.98 300m: 3:29.90 36.60 400m: 4:41.02 34.74 4:41.27 429 2 50m: 31.58 31.58 150m: 1:40.97 35.42 250m: 2:53.47 36.42 350m: 4:06.76 37.03 100m: 1:05.55 33.97 200m: 2:17.05 36.08 300m: 3:29.73 36.26 400m: 4:41.52 428 2 50m: 30.90 30.90 150m: 1:42.53 36.71 250m: 2:55.63 36.39 350m: 4:25.25 53.26 100m: 1:05.82 34.92 200m: 2:19.24					1:43.52						4:06.86	33.89	2
50m: 31.58 31.58 150m: 1:40.97 35.42 250m: 2:53.47 36.42 350m: 4:06.76 37.03 100m: 1:05.55 33.97 200m: 2:17.05 36.08 300m: 3:29.73 36.26 400m: 4:41.27 34.51 4:41.52 428 2 50m: 30.90 30.90 150m: 1:42.53 36.71 250m: 2:55.63 36.39 350m: 4:25.25 53.26 100m: 1:05.82 34.92 200m: 2:19.24 36.71 300m: 3:31.99 36.36 400m: 4:41.52 16.27 50m: 31.98 31.98 150m: 1:42.66 35.67 250m: 2:55.53 36.26 350m: 4:08.49 35.91 100m: 1:06.99 35.01 200m: 2:19.27 36.61 300m: 3:32.58 37.05 400m: 4:42.66 34.17 50m: 31.92 31.92 150m: 1:43.93					1:40.86						4:06.28	36.38	2
50m: 30.90 30.90 150m: 1:42.53 36.71 250m: 2:55.63 36.39 350m: 4:25.25 53.26 100m: 1:05.82 34.92 200m: 2:19.24 36.71 300m: 3:31.99 36.36 400m: 4:41.52 16.27 4:42.66 423 2 50m: 31.98 31.98 150m: 1:42.66 35.67 250m: 2:55.53 36.26 350m: 4:08.49 35.91 100m: 1:06.99 35.01 200m: 2:19.27 36.61 300m: 3:32.58 37.05 400m: 4:42.66 34.17 50m: 31.92 31.92 150m: 1:43.93 36.32 250m: 2:55.96 35.71 350m: 4:08.44 36.17					1:40.97						4:06.76	37.03	2
50m: 31.98 31.98 150m: 1:42.66 35.67 250m: 2:55.53 36.26 350m: 4:08.49 35.91 100m: 1:06.99 35.01 200m: 2:19.27 36.61 300m: 3:32.58 37.05 400m: 4:42.66 34.17 50m: 31.92 31.92 150m: 1:43.93 36.32 250m: 2:55.96 35.71 350m: 4:08.44 36.17					1:42.53						4:25.25	53.26	2
50m: 31.92 31.92 150m: 1:43.93 36.32 250m: 2:55.96 35.71 350m: 4:08.44 36.17					1:42.66						4:08.49	35.91	2
					1:43.93						4:08.44	36.17	2

, 28. - 30.5.2025

4,		, 400m	, 2011									
,				/								
				11						4:43.98	417	2
50m:	30.06	30.06	150m:	1:40.87	36.45	250m:	2:54.48	36.92	350m:	4:08.70	36.79	
100m:	1:04.42	34.36	200m:	2:17.56	36.69	300m:	3:31.91	37.43	400m:	4:43.98	35.28	
				12						4:44.79	413	2
50m:	32.41	32.41	150m:	1:44.76	35.98	250m:	2:57.18	35.87	350m:	4:10.20	36.23	
100m:	1:08.78	36.37	200m:	2:21.31	36.55	300m:	3:33.97	36.79	400m:	4:44.79	34.59	
				11						4:45.80	409	2
50m:	29.66	29.66	150m:	1:40.76	36.68	250m:	2:56.03	37.59	350m:	4:10.62	37.30	
100m:	1:04.08	34.42	200m:	2:18.44	37.68	300m:	3:33.32	37.29	400m:	4:45.80	35.18	
				11						4:47.17	403	2
50m:	29.74	29.74	150m:	1:41.43	36.69	250m:	2:56.23	37.20	350m:	4:11.39	37.67	
100m:	1:04.74	35.00	200m:	2:19.03	37.60	300m:	3:33.72	37.49	400m:	4:47.17	35.78	
				11						4:49.48	394	2
50m: 100m:	32.69 1:08.61	32.69 35.92	150m: 200m:	1:45.68 2:22.31	37.07 36.63	250m: 300m:	2:58.97 3:35.54	36.66 36.57	350m: 400m:	4:12.63 4:49.48	37.09 36.85	