1	, 400m	2012
28.05.2025 - 10:00		

: 4:23.00 / : 4:39.50 / 1 : 5:00.50 / 2 : 5:40.00 / 3 : 6:28.50

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12 **4:34.58** 597

50m:	29.21	29.21	150m:	1:35.95	33.93	250m:	2:45.70	35.15	350m:	3:58.92	36.83
100m:	1:02.02	32.81	200m:	2:10.55	34.60	300m:	3:22.09	36.39	400m:	4:34.58	35.66

12 **4:40.91** 558 1

50m:	30.68	30.68	150m:	1:41.80	36.13	250m:	2:54.29	36.25	350m:	4:07.00	36.49
100m:	1:05.67	34.99	200m:	2:18.04	36.24	300m:	3:30.51	36.22	400m:	4:40.91	33.91

12 **4:43.29** 544 1

50m:	32.26	32.26	150m:	1:43.00	35.90	250m:	2:55.35	36.31	350m:	4:07.93	36.38
100m:	1:07.10	34.84	200m:	2:19.04	36.04	300m:	3:31.55	36.20	400m:	4:43.29	35.36

12 **4:44.88** 535 1

50m:	30.50	30.50	150m:	1:41.68	36.60	250m:	2:55.54	37.11	350m:	4:10.12	37.17
100m:	1:05.08	34.58	200m:	2:18.43	36.75	300m:	3:32.95	37.41	400m:	4:44.88	34.76

12 **4:45.72** 530 1

50m:	32.11	32.11	150m:	1:43.48	36.17	250m:	2:56.11	36.35	350m:	4:09.51	36.61
100m:	1:07.31	35.20	200m:	2:19.76	36.28	300m:	3:32.90	36.79	400m:	4:45.72	36.21

12 **4:47.18** 522 1

50m:	32.36	32.36	150m:	1:44.48	36.20	250m:	2:57.42	36.61	350m:	4:11.23	36.49
100m:	1:08.28	35.92	200m:	2:20.81	36.33	300m:	3:34.74	37.32	400m:	4:47.18	35.95

13 **4:47.92** 518 1

50m:	33.37	33.37	150m:	1:46.74	37.07	250m:	3:00.74	36.74	350m:	4:13.26	35.68
100m:	1:09.67	36.30	200m:	2:24.00	37.26	300m:	3:37.58	36.84	400m:	4:47.92	34.66

12 **4:49.20** 511 1

50m:	31.97	31.97	150m:	1:43.33	36.29	250m:	2:57.36	37.34	350m:	4:12.22	37.60
100m:	1:07.04	35.07	200m:	2:20.02	36.69	300m:	3:34.62	37.26	400m:	4:49.20	36.98

12 **4:51.81** 497 1

50m:	32.86	32.86	150m:	1:45.38	37.01	250m:	3:00.09	37.24	350m:	4:15.04	37.14
100m:	1:08.37	35.51	200m:	2:22.85	37.47	300m:	3:37.90	37.81	400m:	4:51.81	36.77

12 **4:52.68** 493 1

50m:	31.56	31.56	150m:	1:43.53	36.87	250m:	2:58.43	37.39	350m:	4:15.46	37.95
100m:	1:06.66	35.10	200m:	2:21.04	37.51	300m:	3:37.51	39.08	400m:	4:52.68	37.22

12 **4:53.49** 489 1

50m:	33.66	33.66	150m:	1:47.11	36.75	250m:	3:01.78	37.69	350m:	4:16.85	37.40
100m:	1:10.36	36.70	200m:	2:24.09	36.98	300m:	3:39.45	37.67	400m:	4:53.49	36.64

12 **4:53.88** 487 1

50m:	32.26	32.26	150m:	1:45.76	37.60	250m:	3:01.42	37.48	350m:	4:17.00	37.69
100m:	1:08.16	35.90	200m:	2:23.94	38.18	300m:	3:39.31	37.89	400m:	4:53.88	36.88

12 **4:54.21** 485 1

50m:	33.89	33.89	150m:	1:47.40	36.92	250m:	3:02.85	37.07	350m:	4:17.32	36.88
100m:	1:10.48	36.59	200m:	2:25.78	38.38	300m:	3:40.44	37.59	400m:	4:54.21	36.89

12 **4:56.73** 473 1

50m:	32.37	32.37	150m:	1:47.71	38.13	250m:	3:03.51	37.60	350m:	4:20.24	38.48
100m:	1:09.58	37.21	200m:	2:25.91	38.20	300m:	3:41.76	38.25	400m:	4:56.73	36.49

12 **4:57.43** 470 1

50m:	33.62	33.62	150m:	1:48.37	37.56	250m:	3:03.93	38.18	350m:	4:19.37	37.97
100m:	1:10.81	37.19	200m:	2:25.75	37.38	300m:	3:41.40	37.47	400m:	4:57.43	38.06

12 **4:57.83** 468 1

50m:	32.21	32.21	150m:	1:47.66	38.33	250m:	3:05.22	38.90	350m:	4:21.92	38.14
100m:	1:09.33	37.12	200m:	2:26.32	38.66	300m:	3:43.78	38.56	400m:	4:57.83	35.91

12 **4:58.30** 466 1

50m:	32.48	32.48	150m:	1:47.54	38.20	250m:	3:04.28	38.53	350m:	4:21.51	38.85
100m:	1:09.34	36.86	200m:	2:25.75	38.21	300m:	3:42.66	38.38	400m:	4:58.30	36.79

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									12		**4:58.98**	463	1
50m:	33.93	33.93	150m:	1:50.56	38.70	250m:	3:07.22	37.85	350m:	4:22.91	37.19
100m:	1:11.86	37.93	200m:	2:29.37	38.81	300m:	3:45.72	38.50	400m:	4:58.98	36.07

			-						12		**5:00.12**	457	1
50m:	33.58	33.58	150m:	1:49.88	37.96	250m:	3:06.03	38.07	350m:	4:22.97	38.50
100m:	1:11.92	38.34	200m:	2:27.96	38.08	300m:	3:44.47	38.44	400m:	5:00.12	37.15

									12		**5:00.13**	457	1
50m:	33.41	33.41	150m:	1:50.28	39.20	250m:	3:09.69	40.47	350m:	4:24.41	38.37
100m:	1:11.08	37.67	200m:	2:29.22	38.94	300m:	3:46.04	36.35	400m:	5:00.13	35.72

									13		**5:00.32**	456	1
50m:	32.21	32.21	150m:	1:47.15	38.48	250m:	3:04.45	38.37	350m:	4:23.18	39.95
100m:	1:08.67	36.46	200m:	2:26.08	38.93	300m:	3:43.23	38.78	400m:	5:00.32	37.14

									13		**5:01.58**	451	2
50m:	31.87	31.87	150m:	1:48.28	38.63	250m:	3:05.28	38.02	350m:	4:24.62	40.07
100m:	1:09.65	37.78	200m:	2:27.26	38.98	300m:	3:44.55	39.27	400m:	5:01.58	36.96

									12		**5:03.63**	442	2
50m:	33.08	33.08	150m:	1:47.19	37.73	250m:	3:25.41	59.22	350m:	4:44.45	39.51
100m:	1:09.46	36.38	200m:	2:26.19	39.00	300m:	4:04.94	39.53	400m:	5:03.63	19.18

									12		**5:03.67**	441	2
50m:	33.51	33.51	150m:	1:50.59	38.63	250m:	3:07.31	38.58	350m:	4:25.49	39.05
100m:	1:11.96	38.45	200m:	2:28.73	38.14	300m:	3:46.44	39.13	400m:	5:03.67	38.18

									12		**5:04.35**	438	2
50m:	33.25	33.25	150m:	1:48.28	38.28	250m:	3:06.11	39.08	350m:	4:26.06	40.01
100m:	1:10.00	36.75	200m:	2:27.03	38.75	300m:	3:46.05	39.94	400m:	5:04.35	38.29

									12		**5:04.65**	437	2
50m:	32.79	32.79	150m:	1:49.94	39.72	250m:	3:08.83	39.49	350m:	4:27.27	39.15
100m:	1:10.22	37.43	200m:	2:29.34	39.40	300m:	3:48.12	39.29	400m:	5:04.65	37.38

									12		**5:04.85**	436	2
50m:	33.25	33.25	150m:	1:49.90	39.09	250m:	3:09.58	39.89	350m:	4:29.50	39.51
100m:	1:10.81	37.56	200m:	2:29.69	39.79	300m:	3:49.99	40.41	400m:	5:04.85	35.35

									12		**5:04.91**	436	2
50m:	33.03	33.03	150m:	1:49.49	39.06	250m:	3:08.57	39.52	350m:	4:27.07	39.30
100m:	1:10.43	37.40	200m:	2:29.05	39.56	300m:	3:47.77	39.20	400m:	5:04.91	37.84

									12		**5:05.36**	434	2
50m:	33.90	33.90	150m:	1:50.43	38.65	250m:	3:09.18	40.00	350m:	4:28.40	39.40
100m:	1:11.78	37.88	200m:	2:29.18	38.75	300m:	3:49.00	39.82	400m:	5:05.36	36.96

									12		**5:05.75**	432	2
50m:	32.59	32.59	150m:	1:49.16	38.74	250m:	3:08.89	39.97	350m:	4:27.39	39.12
100m:	1:10.42	37.83	200m:	2:28.92	39.76	300m:	3:48.27	39.38	400m:	5:05.75	38.36

									12		**5:05.99**	431	2
50m:	32.90	32.90	150m:	1:49.42	39.07	250m:	3:08.38	39.42	350m:	4:27.20	39.52
100m:	1:10.35	37.45	200m:	2:28.96	39.54	300m:	3:47.68	39.30	400m:	5:05.99	38.79

									12		**5:06.42**	430	2
50m:	33.81	33.81	150m:	1:50.98	38.93	250m:	3:09.69	39.50	350m:	4:28.29	39.17
100m:	1:12.05	38.24	200m:	2:30.19	39.21	300m:	3:49.12	39.43	400m:	5:06.42	38.13

									12		**5:06.76**	428	2
50m:	34.20	34.20	150m:	1:51.43	38.98	250m:	3:10.84	39.89	350m:	4:29.02	38.58
100m:	1:12.45	38.25	200m:	2:30.95	39.52	300m:	3:50.44	39.60	400m:	5:06.76	37.74

									12		**5:06.99**	427	2
50m:	34.06	34.06	150m:	1:51.20	38.90	250m:	3:09.39	39.35	350m:	4:28.09	39.29
100m:	1:12.30	38.24	200m:	2:30.04	38.84	300m:	3:48.80	39.41	400m:	5:06.99	38.90

									12		**5:07.05**	427	2
50m:	34.74	34.74	150m:	1:53.03	39.38	250m:	3:12.20	39.42	350m:	4:30.22	38.56
100m:	1:13.65	38.91	200m:	2:32.78	39.75	300m:	3:51.66	39.46	400m:	5:07.05	36.83

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										12		**5:07.36**	426	2

50m:	33.54	33.54	150m:	1:49.88	38.90	250m:	3:07.95	39.52	350m:	4:27.87	40.32
100m:	1:10.98	37.44	200m:	2:28.43	38.55	300m:	3:47.55	39.60	400m:	5:07.36	39.49

12   **5:07.90** 423 2

| 50m: | 34.71 | 34.71 | 150m: | 1:54.13 | 39.95 | 250m: | 3:14.43 | 39.95 | 350m: | 4:32.55 | 38.61 |
| 100m: | 1:14.18 | 39.47 | 200m: | 2:34.48 | 40.35 | 300m: | 3:53.94 | 39.51 | 400m: | 5:07.90 | 35.35 |

12   **5:08.04** 423 2

| 50m: | 35.05 | 35.05 | 150m: | 1:53.23 | 39.56 | 250m: | 3:12.04 | 39.20 | 350m: | 4:30.30 | 39.05 |
| 100m: | 1:13.67 | 38.62 | 200m: | 2:32.84 | 39.61 | 300m: | 3:51.25 | 39.21 | 400m: | 5:08.04 | 37.74 |

13   **5:08.11** 423 2

| 50m: | 34.92 | 34.92 | 150m: | 1:51.30 | 38.29 | 250m: | 3:10.46 | 39.45 | 350m: | 4:29.71 | 39.31 |
| 100m: | 1:13.01 | 38.09 | 200m: | 2:31.01 | 39.71 | 300m: | 3:50.40 | 39.94 | 400m: | 5:08.11 | 38.40 |

12   **5:08.29** 422 2

| 50m: | 34.24 | 34.24 | 150m: | 1:52.46 | 39.82 | 250m: | 3:12.42 | 39.77 | 350m: | 4:30.66 | 38.61 |
| 100m: | 1:12.64 | 38.40 | 200m: | 2:32.65 | 40.19 | 300m: | 3:52.05 | 39.63 | 400m: | 5:08.29 | 37.63 |

12   **5:08.47** 421 2

| 50m: | 33.72 | 33.72 | 150m: | 1:51.22 | 39.39 | 250m: | 3:10.78 | 39.81 | 350m: | 4:31.09 | 39.71 |
| 100m: | 1:11.83 | 38.11 | 200m: | 2:30.97 | 39.75 | 300m: | 3:51.38 | 40.60 | 400m: | 5:08.47 | 37.38 |

13   **5:08.59** 421 2

| 50m: | 34.75 | 34.75 | 150m: | 1:53.93 | 39.89 | 250m: | 3:13.18 | 39.66 | 350m: | 4:32.40 | 39.31 |
| 100m: | 1:14.04 | 39.29 | 200m: | 2:33.52 | 39.59 | 300m: | 3:53.09 | 39.91 | 400m: | 5:08.59 | 36.19 |

12   **5:09.97** 415 2

| 50m: | 34.92 | 34.92 | 150m: | 1:53.37 | 39.75 | 250m: | 3:12.70 | 40.03 | 350m: | 4:32.81 | 39.91 |
| 100m: | 1:13.62 | 38.70 | 200m: | 2:32.67 | 39.30 | 300m: | 3:52.90 | 40.20 | 400m: | 5:09.97 | 37.16 |

12   **5:10.05** 415 2

| 50m: | 33.78 | 33.78 | 150m: | 1:50.45 | 39.02 | 250m: | 3:10.56 | 40.31 | 350m: | 4:30.81 | 39.82 |
| 100m: | 1:11.43 | 37.65 | 200m: | 2:30.25 | 39.80 | 300m: | 3:50.99 | 40.43 | 400m: | 5:10.05 | 39.24 |

12   **5:10.67** 412 2

| 50m: | 34.05 | 34.05 | 150m: | 1:51.10 | 39.09 | 250m: | 3:10.83 | 40.39 | 350m: | 4:31.30 | 40.50 |
| 100m: | 1:12.01 | 37.96 | 200m: | 2:30.44 | 39.34 | 300m: | 3:50.80 | 39.97 | 400m: | 5:10.67 | 39.37 |

12   **5:11.05** 411 2

| 50m: | 35.11 | 35.11 | 150m: | 1:54.07 | 39.75 | 250m: | 3:13.00 | 39.31 | 350m: | 4:32.12 | 39.51 |
| 100m: | 1:14.32 | 39.21 | 200m: | 2:33.69 | 39.62 | 300m: | 3:52.61 | 39.61 | 400m: | 5:11.05 | 38.93 |

12   **5:11.11** 410 2

| 50m: | 35.59 | 35.59 | 150m: | 1:54.92 | 40.22 | 250m: | 3:14.11 | 39.14 | 350m: | 4:32.89 | 38.81 |
| 100m: | 1:14.70 | 39.11 | 200m: | 2:34.97 | 40.05 | 300m: | 3:54.08 | 39.97 | 400m: | 5:11.11 | 38.22 |

12   **5:11.44** 409 2

| 50m: | 34.24 | 34.24 | 150m: | 1:52.26 | 39.10 | 250m: | 3:12.88 | 39.66 | 350m: | 4:32.60 | 38.98 |
| 100m: | 1:13.16 | 38.92 | 200m: | 2:33.22 | 40.96 | 300m: | 3:53.62 | 40.74 | 400m: | 5:11.44 | 38.84 |

13   **5:11.90** 407 2

| 50m: | 33.91 | 33.91 | 150m: | 1:53.74 | 40.39 | 250m: | 3:13.61 | 39.99 | 350m: | 4:33.78 | 40.20 |
| 100m: | 1:13.35 | 39.44 | 200m: | 2:33.62 | 39.88 | 300m: | 3:53.58 | 39.97 | 400m: | 5:11.90 | 38.12 |

12   **5:11.92** 407 2

| 50m: | 31.62 | 31.62 | 150m: | 1:50.64 | 40.39 | 250m: | 3:13.34 | 41.04 | 350m: | 4:35.52 | 41.22 |
| 100m: | 1:10.25 | 38.63 | 200m: | 2:32.30 | 41.66 | 300m: | 3:54.30 | 40.96 | 400m: | 5:11.92 | 36.40 |

13   **5:12.00** 407 2

| 50m: | 34.49 | 34.49 | 150m: | 1:51.90 | 39.51 | 250m: | 3:12.91 | 40.54 | 350m: | 4:33.64 | 40.30 |
| 100m: | 1:12.39 | 37.90 | 200m: | 2:32.37 | 40.47 | 300m: | 3:53.34 | 40.43 | 400m: | 5:12.00 | 38.36 |

12   **5:12.79** 404 2

| 50m: | 34.42 | 34.42 | 150m: | 1:53.50 | 39.86 | 250m: | 3:13.61 | 39.93 | 350m: | 4:33.86 | 40.27 |
| 100m: | 1:13.64 | 39.22 | 200m: | 2:33.68 | 40.18 | 300m: | 3:53.59 | 39.98 | 400m: | 5:12.79 | 38.93 |

12   **5:12.95** 403 2

| 50m: | 33.71 | 33.71 | 150m: | 1:52.93 | 39.92 | 250m: | 3:13.81 | 40.14 | 350m: | 4:33.52 | 39.59 |
| 100m: | 1:13.01 | 39.30 | 200m: | 2:33.67 | 40.74 | 300m: | 3:53.93 | 40.12 | 400m: | 5:12.95 | 39.43 |

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										13		**5:12.99**	403	2
50m:	33.84	33.84	150m:	1:51.66	39.56	250m:	3:12.49	40.42	350m:	4:34.44	41.08
100m:	1:12.10	38.26	200m:	2:32.07	40.41	300m:	3:53.36	40.87	400m:	5:12.99	38.55

										13		**5:13.06**	403	2
50m:	33.70	33.70	150m:	1:52.07	40.04	250m:	3:11.38	39.56	350m:	4:32.24	40.57
100m:	1:12.03	38.33	200m:	2:31.82	39.75	300m:	3:51.67	40.29	400m:	5:13.06	40.82

										12		**5:13.56**	401	2
50m:	34.01	34.01	150m:	1:52.39	40.05	250m:	3:13.24	40.78	350m:	4:36.97	42.28
100m:	1:12.34	38.33	200m:	2:32.46	40.07	300m:	3:54.69	41.45	400m:	5:13.56	36.59

										12		**5:14.28**	398	2
50m:	36.00	36.00	150m:	1:56.88	40.81	250m:	3:18.21	40.83	350m:	4:37.42	39.07
100m:	1:16.07	40.07	200m:	2:37.38	40.50	300m:	3:58.35	40.14	400m:	5:14.28	36.86

										12		**5:14.45**	397	2
50m:	34.90	34.90	150m:	1:55.53	40.99	250m:	3:16.01	40.05	350m:	4:37.09	40.61
100m:	1:14.54	39.64	200m:	2:35.96	40.43	300m:	3:56.48	40.47	400m:	5:14.45	37.36

										12		**5:14.60**	397	2
50m:	34.98	34.98	150m:	1:55.48	40.93	250m:	3:16.26	40.27	350m:	4:36.82	39.77
100m:	1:14.55	39.57	200m:	2:35.99	40.51	300m:	3:57.05	40.79	400m:	5:14.60	37.78

										13		**5:14.82**	396	2
50m:	34.74	34.74	150m:	1:54.64	40.29	250m:	3:16.49	40.81	350m:	4:38.73	41.15
100m:	1:14.35	39.61	200m:	2:35.68	41.04	300m:	3:57.58	41.09	400m:	5:14.82	36.09

										12		**5:15.20**	395	2
50m:	34.09	34.09	150m:	1:52.87	40.33	250m:	3:14.97	40.69	350m:	4:35.83	40.25
100m:	1:12.54	38.45	200m:	2:34.28	41.41	300m:	3:55.58	40.61	400m:	5:15.20	39.37

										12		**5:15.95**	392	2
50m:	33.87	33.87	150m:	1:53.01	40.36	250m:	3:15.96	41.84	350m:	4:37.11	40.11
100m:	1:12.65	38.78	200m:	2:34.12	41.11	300m:	3:57.00	41.04	400m:	5:15.95	38.84

										12		**5:15.97**	392	2
50m:	36.41	36.41	150m:	1:57.91	40.66	250m:	3:20.03	41.27	350m:	4:39.35	39.21
100m:	1:17.25	40.84	200m:	2:38.76	40.85	300m:	4:00.14	40.11	400m:	5:15.97	36.62

										12		**5:15.99**	392	2
50m:	34.30	34.30	150m:	1:52.49	40.07	250m:	3:13.30	40.15	350m:	4:35.44	41.20
100m:	1:12.42	38.12	200m:	2:33.15	40.66	300m:	3:54.24	40.94	400m:	5:15.99	40.55

										12		**5:16.09**	391	2
50m:	34.34	34.34	150m:	1:54.70	40.97	250m:	3:16.32	41.12	350m:	4:37.83	40.84
100m:	1:13.73	39.39	200m:	2:35.20	40.50	300m:	3:56.99	40.67	400m:	5:16.09	38.26

										12		**5:16.25**	391	2
50m:	34.89	34.89	150m:	1:54.53	40.81	250m:	3:15.58	40.46	350m:	4:36.92	40.75
100m:	1:13.72	38.83	200m:	2:35.12	40.59	300m:	3:56.17	40.59	400m:	5:16.25	39.33

										12		**5:17.04**	388	2
50m:	35.48	35.48	150m:	1:56.10	40.30	250m:	3:17.39	40.55	350m:	4:38.24	40.16
100m:	1:15.80	40.32	200m:	2:36.84	40.74	300m:	3:58.08	40.69	400m:	5:17.04	38.80

										12		**5:17.99**	384	2
50m:	34.52	34.52	150m:	1:54.73	40.77	250m:	3:17.39	40.84	350m:	4:39.50	40.84
100m:	1:13.96	39.44	200m:	2:36.55	41.82	300m:	3:58.66	41.27	400m:	5:17.99	38.49

										12		**5:17.99**	384	2
50m:	35.24	35.24	150m:	1:56.94	41.19	250m:	3:18.44	40.88	350m:	4:39.72	40.51
100m:	1:15.75	40.51	200m:	2:37.56	40.62	300m:	3:59.21	40.77	400m:	5:17.99	38.27

										13		**5:18.04**	384	2
50m:	32.15	32.15	150m:	1:49.29	40.09	250m:	3:13.38	42.00	350m:	4:37.47	41.96
100m:	1:09.20	37.05	200m:	2:31.38	42.09	300m:	3:55.51	42.13	400m:	5:18.04	40.57

										12		**5:18.73**	382	2
50m:	35.60	35.60	150m:	1:57.64	41.12	250m:	3:18.31	40.50	350m:	4:39.03	40.12
100m:	1:16.52	40.92	200m:	2:37.81	40.17	300m:	3:58.91	40.60	400m:	5:18.73	39.70

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12									**5:19.05**	381 2
50m:	35.18	35.18	150m:	1:54.63	40.06	250m:	3:16.72	40.71	350m:	4:39.59	41.67
100m:	1:14.57	39.39	200m:	2:36.01	41.38	300m:	3:57.92	41.20	400m:	5:19.05	39.46

12									**5:19.24**	380 2
50m:	34.72	34.72	150m:	1:53.50	40.49	250m:	3:15.31	40.81	350m:	4:38.12	41.20
100m:	1:13.01	38.29	200m:	2:34.50	41.00	300m:	3:56.92	41.61	400m:	5:19.24	41.12

12									**5:19.38**	379 2
50m:	34.65	34.65	150m:	1:55.50	41.11	250m:	3:18.42	41.43	350m:	4:41.33	41.39
100m:	1:14.39	39.74	200m:	2:36.99	41.49	300m:	3:59.94	41.52	400m:	5:19.38	38.05

14									**5:20.22**	376 2
50m:	35.26	35.26	150m:	1:55.99	40.90	250m:	3:17.50	40.73	350m:	4:40.06	41.32
100m:	1:15.09	39.83	200m:	2:36.77	40.78	300m:	3:58.74	41.24	400m:	5:20.22	40.16

12									**5:20.37**	376 2
50m:	35.68	35.68	150m:	1:54.97	40.43	250m:	3:17.25	41.29	350m:	4:39.83	41.30
100m:	1:14.54	38.86	200m:	2:35.96	40.99	300m:	3:58.53	41.28	400m:	5:20.37	40.54

13									**5:20.59**	375 2
50m:	35.89	35.89	150m:	1:58.93	42.43	250m:	3:21.08	40.71	350m:	4:42.64	40.50
100m:	1:16.50	40.61	200m:	2:40.37	41.44	300m:	4:02.14	41.06	400m:	5:20.59	37.95

12									**5:20.91**	374 2
50m:	33.21	33.21	150m:	1:52.08	40.40	250m:	3:15.92	42.22	350m:	4:40.43	42.07
100m:	1:11.68	38.47	200m:	2:33.70	41.62	300m:	3:58.36	42.44	400m:	5:20.91	40.48

12									**5:21.28**	373 2
50m:	35.80	35.80	150m:	1:56.68	40.89	250m:	3:19.77	41.61	350m:	4:42.65	40.84
100m:	1:15.79	39.99	200m:	2:38.16	41.48	300m:	4:01.81	42.04	400m:	5:21.28	38.63

12									**5:21.35**	372 2
50m:	32.70	32.70	150m:	1:51.56	40.14	250m:	3:17.26	43.89	350m:	4:42.95	41.76
100m:	1:11.42	38.72	200m:	2:33.37	41.81	300m:	4:01.19	43.93	400m:	5:21.35	38.40

12									**5:21.43**	372 2
50m:	36.05	36.05	150m:	1:57.05	41.01	250m:	3:19.73	41.51	350m:	4:42.24	40.94
100m:	1:16.04	39.99	200m:	2:38.22	41.17	300m:	4:01.30	41.57	400m:	5:21.43	39.19

13									**5:21.43**	372 2
50m:	35.56	35.56	150m:	1:57.11	41.04	250m:	3:19.85	41.08	350m:	4:42.61	41.47
100m:	1:16.07	40.51	200m:	2:38.77	41.66	300m:	4:01.14	41.29	400m:	5:21.43	38.82

12									**5:22.09**	370 2
50m:	35.23	35.23	150m:	1:56.51	41.26	250m:	3:19.96	41.81	350m:	4:42.56	41.28
100m:	1:15.25	40.02	200m:	2:38.15	41.64	300m:	4:01.28	41.32	400m:	5:22.09	39.53

12									**5:22.18**	370 2
50m:	33.49	33.49	150m:	1:51.65	40.47	250m:	3:15.10	42.24	350m:	4:40.65	42.87
100m:	1:11.18	37.69	200m:	2:32.86	41.21	300m:	3:57.78	42.68	400m:	5:22.18	41.53

13									**5:22.42**	369 2
50m:	36.01	36.01	150m:	1:57.36	41.37	250m:	3:19.87	41.92	350m:	4:42.92	41.45
100m:	1:15.99	39.98	200m:	2:37.95	40.59	300m:	4:01.47	41.60	400m:	5:22.42	39.50

12									**5:22.96**	367 2
50m:	34.88	34.88	150m:	1:55.70	40.51	250m:	3:19.08	41.40	350m:	4:42.75	42.19
100m:	1:15.19	40.31	200m:	2:37.68	41.98	300m:	4:00.56	41.48	400m:	5:22.96	40.21

12									**5:23.03**	367 2
50m:	37.07	37.07	150m:	1:59.67	41.75	250m:	3:22.44	40.89	350m:	4:44.19	40.61
100m:	1:17.92	40.85	200m:	2:41.55	41.88	300m:	4:03.58	41.14	400m:	5:23.03	38.84

12									**5:23.91**	364 2
50m:	35.30	35.30	150m:	1:56.89	41.36	250m:	3:20.25	42.01	350m:	4:44.09	41.06
100m:	1:15.53	40.23	200m:	2:38.24	41.35	300m:	4:03.03	42.78	400m:	5:23.91	39.82

12									**5:24.06**	363 2
50m:	35.68	35.68	150m:	1:56.92	41.37	250m:	3:19.43	41.14	350m:	4:43.87	41.85
100m:	1:15.55	39.87	200m:	2:38.29	41.37	300m:	4:02.02	42.59	400m:	5:24.06	40.19

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12 **5:24.75** 361 2

	50m:	32.68	32.68	150m:	1:51.98	41.46	250m:	3:18.37	43.68	350m:	4:44.47	42.63
	100m:	1:10.52	37.84	200m:	2:34.69	42.71	300m:	4:01.84	43.47	400m:	5:24.75	40.28

13 **5:24.83** 361 2

	50m:	36.88	36.88	150m:	1:59.19	41.49	250m:	3:22.95	41.78	350m:	4:45.84	40.94
	100m:	1:17.70	40.82	200m:	2:41.17	41.98	300m:	4:04.90	41.95	400m:	5:24.83	38.99

12 **5:25.33** 359 2

	50m:	34.58	34.58	150m:	1:56.67	42.08	250m:	3:20.27	41.83	350m:	4:44.88	41.88
	100m:	1:14.59	40.01	200m:	2:38.44	41.77	300m:	4:03.00	42.73	400m:	5:25.33	40.45

13 **5:26.29** 356 2

	50m:	35.22	35.22	150m:	1:56.84	41.86	250m:	3:21.75	42.46	350m:	4:45.82	42.18
	100m:	1:14.98	39.76	200m:	2:39.29	42.45	300m:	4:03.64	41.89	400m:	5:26.29	40.47

12 **5:27.26** 353 2

	50m:	33.86	33.86	150m:	1:56.87	43.00	250m:	3:21.53	42.45	350m:	4:46.69	42.94
	100m:	1:13.87	40.01	200m:	2:39.08	42.21	300m:	4:03.75	42.22	400m:	5:27.26	40.57

12 **5:27.60** 351 2

	50m:	35.78	35.78	150m:	1:58.89	42.05	250m:	3:23.32	41.97	350m:	4:47.56	42.44
	100m:	1:16.84	41.06	200m:	2:41.35	42.46	300m:	4:05.12	41.80	400m:	5:27.60	40.04

13 **5:27.60** 351 2

	50m:	35.24	35.24	150m:	1:55.08	40.91	250m:	3:19.39	42.86	350m:	4:46.23	43.64
	100m:	1:14.17	38.93	200m:	2:36.53	41.45	300m:	4:02.59	43.20	400m:	5:27.60	41.37

12 **5:27.78** 351 2

	50m:	35.55	35.55	150m:	1:58.93	42.67	250m:	3:25.12	43.14	350m:	4:50.18	42.44
	100m:	1:16.26	40.71	200m:	2:41.98	43.05	300m:	4:07.74	42.62	400m:	5:27.78	37.60

12 **5:27.85** 351 2

	50m:	34.89	34.89	150m:	1:57.71	43.19	250m:	3:23.27	42.93	350m:	4:48.35	42.65
	100m:	1:14.52	39.63	200m:	2:40.34	42.63	300m:	4:05.70	42.43	400m:	5:27.85	39.50

12 **5:28.20** 350 2

	50m:	34.79	34.79	150m:	1:57.87	42.67	250m:	3:23.47	42.84	350m:	4:48.76	42.67
	100m:	1:15.20	40.41	200m:	2:40.63	42.76	300m:	4:06.09	42.62	400m:	5:28.20	39.44

12 **5:28.23** 349 2

	50m:	35.46	35.46	150m:	1:57.94	42.23	250m:	3:22.08	42.14	350m:	4:47.23	42.38
	100m:	1:15.71	40.25	200m:	2:39.94	42.00	300m:	4:04.85	42.77	400m:	5:28.23	41.00

14 **5:28.23** 349 2

	50m:	36.29	36.29	150m:	1:59.18	42.56	250m:	3:24.85	42.64	350m:	4:49.18	42.35
	100m:	1:16.62	40.33	200m:	2:42.21	43.03	300m:	4:06.83	41.98	400m:	5:28.23	39.05

12 **5:29.80** 344 2

	50m:	37.15	37.15	150m:	2:02.45	43.51	250m:	3:27.63	42.38	350m:	4:50.92	41.23
	100m:	1:18.94	41.79	200m:	2:45.25	42.80	300m:	4:09.69	42.06	400m:	5:29.80	38.88

13 **5:30.56** 342 2

	50m:	37.04	37.04	150m:	1:59.23	41.91	250m:	3:24.58	42.48	350m:	4:50.20	42.16
	100m:	1:17.32	40.28	200m:	2:42.10	42.87	300m:	4:08.04	43.46	400m:	5:30.56	40.36

12 **5:30.65** 342 2

	50m:	33.13	33.13	150m:	1:54.25	42.03	250m:	3:20.56	43.31	350m:	4:49.78	44.58
	100m:	1:12.22	39.09	200m:	2:37.25	43.00	300m:	4:05.20	44.64	400m:	5:30.65	40.87

12 **5:30.97** 341 2

	50m:	36.22	36.22	150m:	1:59.76	42.91	250m:	3:25.33	42.48	350m:	4:50.26	42.26
	100m:	1:16.85	40.63	200m:	2:42.85	43.09	300m:	4:08.00	42.67	400m:	5:30.97	40.71

12 **5:31.77** 338 2

	50m:	35.69	35.69	150m:	2:00.09	42.86	250m:	3:27.21	43.65	350m:	4:54.10	43.37
	100m:	1:17.23	41.54	200m:	2:43.56	43.47	300m:	4:10.73	43.52	400m:	5:31.77	37.67

12 **5:32.76** 335 2

	50m:	38.08	38.08	150m:	2:02.65	42.58	250m:	3:27.20	42.18	350m:	4:51.48	41.89
	100m:	1:20.07	41.99	200m:	2:45.02	42.37	300m:	4:09.59	42.39	400m:	5:32.76	41.28

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			13							**5:33.24**	334	2
50m:	33.53	33.53	150m:	1:57.22	42.84	250m:	3:22.31	42.34	350m:	4:50.87	44.16	
100m:	1:14.38	40.85	200m:	2:39.97	42.75	300m:	4:06.71	44.40	400m:	5:33.24	42.37	
			12							**5:33.63**	333	2
50m:	34.52	34.52	150m:	1:58.21	43.04	250m:	3:26.34	44.30	350m:	4:53.60	43.51	
100m:	1:15.17	40.65	200m:	2:42.04	43.83	300m:	4:10.09	43.75	400m:	5:33.63	40.03	
			13							**5:34.00**	332	2
50m:	34.90	34.90	150m:	1:59.79	43.04	250m:	3:26.42	43.50	350m:	4:52.72	42.75	
100m:	1:16.75	41.85	200m:	2:42.92	43.13	300m:	4:09.97	43.55	400m:	5:34.00	41.28	
			12							**5:34.23**	331	2
50m:	35.29	35.29	150m:	1:57.82	42.84	250m:	3:25.42	43.82	350m:	4:51.89	43.04	
100m:	1:14.98	39.69	200m:	2:41.60	43.78	300m:	4:08.85	43.43	400m:	5:34.23	42.34	
			13							**5:35.49**	327	2
50m:	36.16	36.16	150m:	2:01.94	43.61	250m:	3:28.16	42.53	350m:	4:55.45	43.22	
100m:	1:18.33	42.17	200m:	2:45.63	43.69	300m:	4:12.23	44.07	400m:	5:35.49	40.04	
			13							**5:35.83**	326	2
50m:	36.01	36.01	150m:	1:59.91	43.10	250m:	3:27.75	44.08	350m:	4:55.05	43.89	
100m:	1:16.81	40.80	200m:	2:43.67	43.76	300m:	4:11.16	43.41	400m:	5:35.83	40.78	
			13							**5:36.24**	325	2
50m:	36.00	36.00	150m:	2:02.22	43.67	250m:	3:29.73	44.16	350m:	4:57.30	43.44	
100m:	1:18.55	42.55	200m:	2:45.57	43.35	300m:	4:13.86	44.13	400m:	5:36.24	38.94	
			12							**5:36.90**	323	2
50m:	35.83	35.83	150m:	1:58.95	42.73	250m:	3:26.24	44.06	350m:	4:54.64	44.34	
100m:	1:16.22	40.39	200m:	2:42.18	43.23	300m:	4:10.30	44.06	400m:	5:36.90	42.26	
			13							**5:38.20**	319	2
50m:	37.59	37.59	150m:	2:03.14	43.76	250m:	3:32.12	44.48	350m:	4:57.26	42.78	
100m:	1:19.38	41.79	200m:	2:47.64	44.50	300m:	4:14.48	42.36	400m:	5:38.20	40.94	
			13							**5:38.41**	319	2
50m:	34.98	34.98	150m:	1:59.01	43.48	250m:	3:27.29	43.68	350m:	4:57.15	45.11	
100m:	1:15.53	40.55	200m:	2:43.61	44.60	300m:	4:12.04	44.75	400m:	5:38.41	41.26	
			12							**5:39.63**	315	2
50m:	37.91	37.91	150m:	2:04.92	44.69	250m:	3:31.75	43.14	350m:	4:58.79	43.28	
100m:	1:20.23	42.32	200m:	2:48.61	43.69	300m:	4:15.51	43.76	400m:	5:39.63	40.84	
			12							**5:39.73**	315	2
50m:	37.39	37.39	150m:	2:02.62	42.96	250m:	3:30.71	44.15	350m:	4:57.31	43.39	
100m:	1:19.66	42.27	200m:	2:46.56	43.94	300m:	4:13.92	43.21	400m:	5:39.73	42.42	
			13							**5:39.83**	315	2
50m:	36.17	36.17	150m:	2:01.21	43.55	250m:	3:29.76	44.45	350m:	4:55.87	41.85	
100m:	1:17.66	41.49	200m:	2:45.31	44.10	300m:	4:14.02	44.26	400m:	5:39.83	43.96	
			13							**5:39.93**	315	2
50m:	36.39	36.39	150m:	2:01.57	43.51	250m:	3:29.93	43.97	350m:	4:57.89	43.80	
100m:	1:18.06	41.67	200m:	2:45.96	44.39	300m:	4:14.09	44.16	400m:	5:39.93	42.04	
			13							**5:40.00**	314	2
50m:	36.51	36.51	150m:	2:03.69	44.24	250m:	3:31.02	43.90	350m:	4:59.04	43.41	
100m:	1:19.45	42.94	200m:	2:47.12	43.43	300m:	4:15.63	44.61	400m:	5:40.00	40.96	
			13							**5:40.80**	312	3
50m:	35.36	35.36	150m:	2:02.40	44.45	250m:	3:30.05	44.29	350m:	4:57.17	43.31	
100m:	1:17.95	42.59	200m:	2:45.76	43.36	300m:	4:13.86	43.81	400m:	5:40.80	43.63	
			12							**5:41.00**	312	3
50m:	36.05	36.05	150m:	1:59.74	43.27	250m:	3:28.14	44.60	350m:	4:58.60	45.92	
100m:	1:16.47	40.42	200m:	2:43.54	43.80	300m:	4:12.68	44.54	400m:	5:41.00	42.40	
			14							**5:41.23**	311	3
50m:	35.98	35.98	150m:	2:01.20	44.04	250m:	3:30.47	44.62	350m:	4:58.68	44.18	
100m:	1:17.16	41.18	200m:	2:45.85	44.65	300m:	4:14.50	44.03	400m:	5:41.23	42.55	

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										12			**5:42.03**	309	3
50m:	36.86	36.86	150m:	2:01.52	43.31	250m:	3:30.80	44.87	350m:	4:55.89	40.16
100m:	1:18.21	41.35	200m:	2:45.93	44.41	300m:	4:15.73	44.93	400m:	5:42.03	46.14

										12			**5:42.52**	307	3
50m:	36.10	36.10	150m:	2:02.13	44.06	250m:	3:33.32	46.12	350m:	5:00.91	44.43
100m:	1:18.07	41.97	200m:	2:47.20	45.07	300m:	4:16.48	43.16	400m:	5:42.52	41.61

										13			**5:42.67**	307	3
50m:	35.82	35.82	150m:	2:02.58	45.21	250m:	3:30.05	43.49	350m:	4:58.44	44.53
100m:	1:17.37	41.55	200m:	2:46.56	43.98	300m:	4:13.91	43.86	400m:	5:42.67	44.23

										12			**5:42.74**	307	3
50m:	35.73	35.73	150m:	2:01.61	43.99	250m:	3:31.45	44.94	350m:	5:00.56	44.58
100m:	1:17.62	41.89	200m:	2:46.51	44.90	300m:	4:15.98	44.53	400m:	5:42.74	42.18

										13			**5:44.37**	303	3
50m:	36.10	36.10	150m:	2:02.46	43.99	250m:	3:31.83	44.48	350m:	5:01.71	46.46
100m:	1:18.47	42.37	200m:	2:47.35	44.89	300m:	4:15.25	43.42	400m:	5:44.37	42.66

										12			**5:45.25**	300	3
50m:	36.34	36.34	150m:	2:01.11	44.34	250m:	3:31.07	45.01	350m:	4:59.85	44.79
100m:	1:16.77	40.43	200m:	2:46.06	44.95	300m:	4:15.06	43.99	400m:	5:45.25	45.40

										13			**5:45.31**	300	3
50m:	38.30	38.30	150m:	2:05.45	44.63	250m:	3:33.86	44.24	350m:	5:03.31	45.03
100m:	1:20.82	42.52	200m:	2:49.62	44.17	300m:	4:18.28	44.42	400m:	5:45.31	42.00

										13			**5:50.83**	286	3
50m:	39.42	39.42	150m:	2:06.96	44.21	250m:	3:36.77	45.30	350m:	5:08.82	45.57
100m:	1:22.75	43.33	200m:	2:51.47	44.51	300m:	4:23.25	46.48	400m:	5:50.83	42.01

										13			**5:50.86**	286	3
50m:	37.28	37.28	150m:	2:02.48	43.87	250m:	3:31.79	45.05	350m:	5:01.62	43.66
100m:	1:18.61	41.33	200m:	2:46.74	44.26	300m:	4:17.96	46.17	400m:	5:50.86	49.24

										13			**5:59.56**	266	3
50m:	35.59	35.59	150m:	2:08.99	48.61	250m:	3:42.52	46.95	350m:	5:14.44	46.33
100m:	1:20.38	44.79	200m:	2:55.57	46.58	300m:	4:28.11	45.59	400m:	5:59.56	45.12

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