, 28. - 30.5.2025

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28.05.2025 - 10:00

: 4:23.00 /   : 4:39.50 / 1   : 5:00.50 / 2   : 5:40.00 / 3   : 6:28.50

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			12						**4:34.58**	597
50m:	29.21	29.21	150m:	1:35.95	33.93	250m:	2:45.70	35.15	350m:	3:58.92	36.83
100m:	1:02.02	32.81	200m:	2:10.55	34.60	300m:	3:22.09	36.39	400m:	4:34.58	35.66

			12						**4:40.91**	558	1
50m:	30.68	30.68	150m:	1:41.80	36.13	250m:	2:54.29	36.25	350m:	4:07.00	36.49
100m:	1:05.67	34.99	200m:	2:18.04	36.24	300m:	3:30.51	36.22	400m:	4:40.91	33.91

			12						**4:43.29**	544	1
50m:	32.26	32.26	150m:	1:43.00	35.90	250m:	2:55.35	36.31	350m:	4:07.93	36.38
100m:	1:07.10	34.84	200m:	2:19.04	36.04	300m:	3:31.55	36.20	400m:	4:43.29	35.36

			12						**4:44.88**	535	1
50m:	30.50	30.50	150m:	1:41.68	36.60	250m:	2:55.54	37.11	350m:	4:10.12	37.17
100m:	1:05.08	34.58	200m:	2:18.43	36.75	300m:	3:32.95	37.41	400m:	4:44.88	34.76

			12						**4:45.72**	530	1
50m:	32.11	32.11	150m:	1:43.48	36.17	250m:	2:56.11	36.35	350m:	4:09.51	36.61
100m:	1:07.31	35.20	200m:	2:19.76	36.28	300m:	3:32.90	36.79	400m:	4:45.72	36.21

			12						**4:47.18**	522	1
50m:	32.36	32.36	150m:	1:44.48	36.20	250m:	2:57.42	36.61	350m:	4:11.23	36.49
100m:	1:08.28	35.92	200m:	2:20.81	36.33	300m:	3:34.74	37.32	400m:	4:47.18	35.95

			13						**4:47.92**	518	1
50m:	33.37	33.37	150m:	1:46.74	37.07	250m:	3:00.74	36.74	350m:	4:13.26	35.68
100m:	1:09.67	36.30	200m:	2:24.00	37.26	300m:	3:37.58	36.84	400m:	4:47.92	34.66

			12						**4:49.20**	511	1
50m:	31.97	31.97	150m:	1:43.33	36.29	250m:	2:57.36	37.34	350m:	4:12.22	37.60
100m:	1:07.04	35.07	200m:	2:20.02	36.69	300m:	3:34.62	37.26	400m:	4:49.20	36.98

			12						**4:51.81**	497	1
50m:	32.86	32.86	150m:	1:45.38	37.01	250m:	3:00.09	37.24	350m:	4:15.04	37.14
100m:	1:08.37	35.51	200m:	2:22.85	37.47	300m:	3:37.90	37.81	400m:	4:51.81	36.77

			12						**4:52.68**	493	1
50m:	31.56	31.56	150m:	1:43.53	36.87	250m:	2:58.43	37.39	350m:	4:15.46	37.95
100m:	1:06.66	35.10	200m:	2:21.04	37.51	300m:	3:37.51	39.08	400m:	4:52.68	37.22

			12						**4:53.49**	489	1
50m:	33.66	33.66	150m:	1:47.11	36.75	250m:	3:01.78	37.69	350m:	4:16.85	37.40
100m:	1:10.36	36.70	200m:	2:24.09	36.98	300m:	3:39.45	37.67	400m:	4:53.49	36.64

			12						**4:53.88**	487	1
50m:	32.26	32.26	150m:	1:45.76	37.60	250m:	3:01.42	37.48	350m:	4:17.00	37.69
100m:	1:08.16	35.90	200m:	2:23.94	38.18	300m:	3:39.31	37.89	400m:	4:53.88	36.88

			12						**4:54.21**	485	1
50m:	33.89	33.89	150m:	1:47.40	36.92	250m:	3:02.85	37.07	350m:	4:17.32	36.88
100m:	1:10.48	36.59	200m:	2:25.78	38.38	300m:	3:40.44	37.59	400m:	4:54.21	36.89

			12						**4:56.73**	473	1
50m:	32.37	32.37	150m:	1:47.71	38.13	250m:	3:03.51	37.60	350m:	4:20.24	38.48
100m:	1:09.58	37.21	200m:	2:25.91	38.20	300m:	3:41.76	38.25	400m:	4:56.73	36.49

			12						**4:57.43**	470	1
50m:	33.62	33.62	150m:	1:48.37	37.56	250m:	3:03.93	38.18	350m:	4:19.37	37.97
100m:	1:10.81	37.19	200m:	2:25.75	37.38	300m:	3:41.40	37.47	400m:	4:57.43	38.06

			12						**4:57.83**	468	1
50m:	32.21	32.21	150m:	1:47.66	38.33	250m:	3:05.22	38.90	350m:	4:21.92	38.14
100m:	1:09.33	37.12	200m:	2:26.32	38.66	300m:	3:43.78	38.56	400m:	4:57.83	35.91

			12						**4:58.30**	466	1
50m:	32.48	32.48	150m:	1:47.54	38.20	250m:	3:04.28	38.53	350m:	4:21.51	38.85
100m:	1:09.34	36.86	200m:	2:25.75	38.21	300m:	3:42.66	38.38	400m:	4:58.30	36.79

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	12								**4:58.98**	463	1
50m:	33.93	33.93	150m:	1:50.56	38.70	250m:	3:07.22	37.85	350m:	4:22.91	37.19
100m:	1:11.86	37.93	200m:	2:29.37	38.81	300m:	3:45.72	38.50	400m:	4:58.98	36.07

	-			12					**5:00.12**	457	1
50m:	33.58	33.58	150m:	1:49.88	37.96	250m:	3:06.03	38.07	350m:	4:22.97	38.50
100m:	1:11.92	38.34	200m:	2:27.96	38.08	300m:	3:44.47	38.44	400m:	5:00.12	37.15

	12								**5:00.13**	457	1
50m:	33.41	33.41	150m:	1:50.28	39.20	250m:	3:09.69	40.47	350m:	4:24.41	38.37
100m:	1:11.08	37.67	200m:	2:29.22	38.94	300m:	3:46.04	36.35	400m:	5:00.13	35.72

	13								**5:00.32**	456	1
50m:	32.21	32.21	150m:	1:47.15	38.48	250m:	3:04.45	38.37	350m:	4:23.18	39.95
100m:	1:08.67	36.46	200m:	2:26.08	38.93	300m:	3:43.23	38.78	400m:	5:00.32	37.14

	13								**5:01.58**	451	2
50m:	31.87	31.87	150m:	1:48.28	38.63	250m:	3:05.28	38.02	350m:	4:24.62	40.07
100m:	1:09.65	37.78	200m:	2:27.26	38.98	300m:	3:44.55	39.27	400m:	5:01.58	36.96

	12								**5:03.63**	442	2
50m:	33.08	33.08	150m:	1:47.19	37.73	250m:	3:25.41	59.22	350m:	4:44.45	39.51
100m:	1:09.46	36.38	200m:	2:26.19	39.00	300m:	4:04.94	39.53	400m:	5:03.63	19.18

	12								**5:03.67**	441	2
50m:	33.51	33.51	150m:	1:50.59	38.63	250m:	3:07.31	38.58	350m:	4:25.49	39.05
100m:	1:11.96	38.45	200m:	2:28.73	38.14	300m:	3:46.44	39.13	400m:	5:03.67	38.18

	12								**5:04.35**	438	2
50m:	33.25	33.25	150m:	1:48.28	38.28	250m:	3:06.11	39.08	350m:	4:26.06	40.01
100m:	1:10.00	36.75	200m:	2:27.03	38.75	300m:	3:46.05	39.94	400m:	5:04.35	38.29

	12								**5:04.65**	437	2
50m:	32.79	32.79	150m:	1:49.94	39.72	250m:	3:08.83	39.49	350m:	4:27.27	39.15
100m:	1:10.22	37.43	200m:	2:29.34	39.40	300m:	3:48.12	39.29	400m:	5:04.65	37.38

	12								**5:04.91**	436	2
50m:	33.03	33.03	150m:	1:49.49	39.06	250m:	3:08.57	39.52	350m:	4:27.07	39.30
100m:	1:10.43	37.40	200m:	2:29.05	39.56	300m:	3:47.77	39.20	400m:	5:04.91	37.84

	12								**5:05.36**	434	2
50m:	33.90	33.90	150m:	1:50.43	38.65	250m:	3:09.18	40.00	350m:	4:28.40	39.40
100m:	1:11.78	37.88	200m:	2:29.18	38.75	300m:	3:49.00	39.82	400m:	5:05.36	36.96

	12								**5:05.75**	432	2
50m:	32.59	32.59	150m:	1:49.16	38.74	250m:	3:08.89	39.97	350m:	4:27.39	39.12
100m:	1:10.42	37.83	200m:	2:28.92	39.76	300m:	3:48.27	39.38	400m:	5:05.75	38.36

	12								**5:05.99**	431	2
50m:	32.90	32.90	150m:	1:49.42	39.07	250m:	3:08.38	39.42	350m:	4:27.20	39.52
100m:	1:10.35	37.45	200m:	2:28.96	39.54	300m:	3:47.68	39.30	400m:	5:05.99	38.79

	12								**5:06.42**	430	2
50m:	33.81	33.81	150m:	1:50.98	38.93	250m:	3:09.69	39.50	350m:	4:28.29	39.17
100m:	1:12.05	38.24	200m:	2:30.19	39.21	300m:	3:49.12	39.43	400m:	5:06.42	38.13

	12								**5:06.99**	427	2
50m:	34.06	34.06	150m:	1:51.20	38.90	250m:	3:09.39	39.35	350m:	4:28.09	39.29
100m:	1:12.30	38.24	200m:	2:30.04	38.84	300m:	3:48.80	39.41	400m:	5:06.99	38.90

	12								**5:07.05**	427	2
50m:	34.74	34.74	150m:	1:53.03	39.38	250m:	3:12.20	39.42	350m:	4:30.22	38.56
100m:	1:13.65	38.91	200m:	2:32.78	39.75	300m:	3:51.66	39.46	400m:	5:07.05	36.83

	12								**5:07.36**	426	2
50m:	33.54	33.54	150m:	1:49.88	38.90	250m:	3:07.95	39.52	350m:	4:27.87	40.32
100m:	1:10.98	37.44	200m:	2:28.43	38.55	300m:	3:47.55	39.60	400m:	5:07.36	39.49

	13								**5:08.11**	423	2
50m:	34.92	34.92	150m:	1:51.30	38.29	250m:	3:10.46	39.45	350m:	4:29.71	39.31
100m:	1:13.01	38.09	200m:	2:31.01	39.71	300m:	3:50.40	39.94	400m:	5:08.11	38.40

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12   **5:08.47**   421   2

50m:	33.72	33.72	150m: 1:51.22	39.39	250m: 3:10.78	39.81	350m: 4:31.09	39.71
100m:	1:11.83	38.11	200m: 2:30.97	39.75	300m: 3:51.38	40.60	400m: 5:08.47	37.38

13   **5:08.59**   421   2

50m:	34.75	34.75	150m: 1:53.93	39.89	250m: 3:13.18	39.66	350m: 4:32.40	39.31
100m:	1:14.04	39.29	200m: 2:33.52	39.59	300m: 3:53.09	39.91	400m: 5:08.59	36.19

12   **5:09.97**   415   2

50m:	34.92	34.92	150m: 1:53.37	39.75	250m: 3:12.70	40.03	350m: 4:32.81	39.91
100m:	1:13.62	38.70	200m: 2:32.67	39.30	300m: 3:52.90	40.20	400m: 5:09.97	37.16

12   **5:10.05**   415   2

50m:	33.78	33.78	150m: 1:50.45	39.02	250m: 3:10.56	40.31	350m: 4:30.81	39.82
100m:	1:11.43	37.65	200m: 2:30.25	39.80	300m: 3:50.99	40.43	400m: 5:10.05	39.24

12   **5:10.67**   412   2

50m:	34.05	34.05	150m: 1:51.10	39.09	250m: 3:10.83	40.39	350m: 4:31.30	40.50
100m:	1:12.01	37.96	200m: 2:30.44	39.34	300m: 3:50.80	39.97	400m: 5:10.67	39.37

12   **5:11.05**   411   2

50m:	35.11	35.11	150m: 1:54.07	39.75	250m: 3:13.00	39.31	350m: 4:32.12	39.51
100m:	1:14.32	39.21	200m: 2:33.69	39.62	300m: 3:52.61	39.61	400m: 5:11.05	38.93

12   **5:11.44**   409   2

50m:	34.24	34.24	150m: 1:52.26	39.10	250m: 3:12.88	39.66	350m: 4:32.60	38.98
100m:	1:13.16	38.92	200m: 2:33.22	40.96	300m: 3:53.62	40.74	400m: 5:11.44	38.84

13   **5:11.90**   407   2

50m:	33.91	33.91	150m: 1:53.74	40.39	250m: 3:13.61	39.99	350m: 4:33.78	40.20
100m:	1:13.35	39.44	200m: 2:33.62	39.88	300m: 3:53.58	39.97	400m: 5:11.90	38.12

12   **5:11.92**   407   2

50m:	31.62	31.62	150m: 1:50.64	40.39	250m: 3:13.34	41.04	350m: 4:35.52	41.22
100m:	1:10.25	38.63	200m: 2:32.30	41.66	300m: 3:54.30	40.96	400m: 5:11.92	36.40

12   **5:12.79**   404   2

50m:	34.42	34.42	150m: 1:53.50	39.86	250m: 3:13.61	39.93	350m: 4:33.86	40.27
100m:	1:13.64	39.22	200m: 2:33.68	40.18	300m: 3:53.59	39.98	400m: 5:12.79	38.93

12   **5:13.56**   401   2

50m:	34.01	34.01	150m: 1:52.39	40.05	250m: 3:13.24	40.78	350m: 4:36.97	42.28
100m:	1:12.34	38.33	200m: 2:32.46	40.07	300m: 3:54.69	41.45	400m: 5:13.56	36.59

12   **5:14.45**   397   2

50m:	34.90	34.90	150m: 1:55.53	40.99	250m: 3:16.01	40.05	350m: 4:37.09	40.61
100m:	1:14.54	39.64	200m: 2:35.96	40.43	300m: 3:56.48	40.47	400m: 5:14.45	37.36

12   **5:15.20**   395   2

50m:	34.09	34.09	150m: 1:52.87	40.33	250m: 3:14.97	40.69	350m: 4:35.83	40.25
100m:	1:12.54	38.45	200m: 2:34.28	41.41	300m: 3:55.58	40.61	400m: 5:15.20	39.37

12   **5:15.99**   392   2

50m:	34.30	34.30	150m: 1:52.49	40.07	250m: 3:13.30	40.15	350m: 4:35.44	41.20
100m:	1:12.42	38.12	200m: 2:33.15	40.66	300m: 3:54.24	40.94	400m: 5:15.99	40.55

12   **5:16.25**   391   2

50m:	34.89	34.89	150m: 1:54.53	40.81	250m: 3:15.58	40.46	350m: 4:36.92	40.75
100m:	1:13.72	38.83	200m: 2:35.12	40.59	300m: 3:56.17	40.59	400m: 5:16.25	39.33

12   **5:17.99**   384   2

50m:	34.52	34.52	150m: 1:54.73	40.77	250m: 3:17.39	40.84	350m: 4:39.50	40.84
100m:	1:13.96	39.44	200m: 2:36.55	41.82	300m: 3:58.66	41.27	400m: 5:17.99	38.49

12   **5:19.05**   381   2

50m:	35.18	35.18	150m: 1:54.63	40.06	250m: 3:16.72	40.71	350m: 4:39.59	41.67
100m:	1:14.57	39.39	200m: 2:36.01	41.38	300m: 3:57.92	41.20	400m: 5:19.05	39.46

12   **5:19.24**   380   2

50m:	34.72	34.72	150m: 1:53.50	40.49	250m: 3:15.31	40.81	350m: 4:38.12	41.20
100m:	1:13.01	38.29	200m: 2:34.50	41.00	300m: 3:56.92	41.61	400m: 5:19.24	41.12

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				12							**5:20.91**	374	2
50m:	33.21	33.21	150m:	1:52.08	40.40	250m:	3:15.92	42.22	350m:	4:40.43	42.07		
100m:	1:11.68	38.47	200m:	2:33.70	41.62	300m:	3:58.36	42.44	400m:	5:20.91	40.48		
				12							**5:21.28**	373	2
50m:	35.80	35.80	150m:	1:56.68	40.89	250m:	3:19.77	41.61	350m:	4:42.65	40.84		
100m:	1:15.79	39.99	200m:	2:38.16	41.48	300m:	4:01.81	42.04	400m:	5:21.28	38.63		
				12							**5:30.65**	342	2
50m:	33.13	33.13	150m:	1:54.25	42.03	250m:	3:20.56	43.31	350m:	4:49.78	44.58		
100m:	1:12.22	39.09	200m:	2:37.25	43.00	300m:	4:05.20	44.64	400m:	5:30.65	40.87		

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