1 , 400m 2012

: 4:23 AQUA 2024	3.00 /		: 4:39.50	) / 1	: 5:00	.50 / 2	: 5	3:40.00 / 3	3	: 6:28.50		
, 50m:	29.21	29.21	150m:	/ 12 1:35.95	33.93	250m:	2:45.70	35.15	350m:	<b>4:34.58</b> 3:58.92	597 36.83	
100m:	1:02.02	32.81		2:10.55	34.60	300m:	3:22.09	36.39	400m:	4:34.58	35.66	
50m:	30.68	30.68	150m·	12 1:41.80	36.13	250m:	2:54.29	36.25	350m:	<b>4:40.91</b> 4:07.00	558 36.49	1
	1:05.67	34.99		2:18.04	36.24	300m:	3:30.51	36.22	400m:	4:40.91	33.91	
50m:	32.26	32.26	150m:	12 1:43.00	35.90	250m:	2:55.35	36.31	350m:	<b>4:43.29</b> 4:07.93	544 36.38	1
	1:07.10	34.84		2:19.04	36.04	300m:	3:31.55	36.20	400m:	4:43.29	35.36	
50m:	30.50	30.50	150m·	12 1:41.68	36.60	250m:	2:55.54	37.11	350m:	<b>4:44.88</b> 4:10.12	535 37.17	1
100m:	1:05.08	34.58		2:18.43	36.75	300m:	3:32.95	37.41	400m:	4:44.88	34.76	
				12						4:45.72	530	1
50m: 100m:	32.11 1:07.31	32.11 35.20		1:43.48 2:19.76	36.17 36.28	250m: 300m:	2:56.11 3:32.90	36.35 36.79	350m: 400m:	4:09.51 4:45.72	36.61 36.21	
				12						4:47.18	522	1
50m: 100m:	32.36 1:08.28	32.36 35.92	150m: 200m:	1:44.48 2:20.81	36.20 36.33	250m: 300m:	2:57.42 3:34.74	36.61 37.32	350m: 400m:	4:11.23 4:47.18	36.49 35.95	
				13						4:47.92	518	1
50m: 100m:	33.37 1:09.67	33.37 36.30	150m: 200m:	1:46.74 2:24.00	37.07 37.26	250m: 300m:	3:00.74 3:37.58	36.74 36.84	350m: 400m:	4:13.26 4:47.92	35.68 34.66	
				12						4:49.20	511	1
50m: 100m:	31.97 1:07.04	31.97 35.07		1:43.33 2:20.02	36.29 36.69	250m: 300m:	2:57.36 3:34.62	37.34 37.26	350m: 400m:	4:12.22 4:49.20	37.60 36.98	
				12						4:51.81	497	1
50m: 100m:	32.86 1:08.37	32.86 35.51		1:45.38 2:22.85	37.01 37.47	250m: 300m:	3:00.09 3:37.90	37.24 37.81	350m: 400m:	4:15.04 4:51.81	37.14 36.77	
				12						4:52.68	493	1
50m: 100m:	31.56 1:06.66	31.56 35.10	150m: 200m:	1:43.53 2:21.04	36.87 37.51	250m: 300m:	2:58.43 3:37.51	37.39 39.08	350m: 400m:	4:15.46 4:52.68	37.95 37.22	
				12						4:53.49	489	1
50m: 100m:	33.66 1:10.36	33.66 36.70		1:47.11 2:24.09	36.75 36.98		3:01.78 3:39.45	37.69 37.67	350m: 400m:	4:16.85 4:53.49	37.40 36.64	
				12						4:53.88	487	1
50m: 100m:	32.26 1:08.16	32.26 35.90		1:45.76 2:23.94	37.60 38.18	250m: 300m:	3:01.42 3:39.31	37.48 37.89	350m: 400m:	4:17.00 4:53.88	37.69 36.88	
	_	_	_	12	_	_				4:54.21	485	1
50m: 100m:	33.89 1:10.48	33.89 36.59		1:47.40 2:25.78	36.92 38.38	250m: 300m:		37.07 37.59	350m: 400m:	4:17.32 4:54.21	36.88 36.89	
	_	_	_	12	_	_				4:56.73	473	1
50m: 100m:	32.37 1:09.58	32.37 37.21		1:47.71 2:25.91	38.13 38.20	250m: 300m:	3:03.51 3:41.76	37.60 38.25	350m: 400m:	4:20.24 4:56.73	38.48 36.49	
				12						4:57.43	470	1
50m: 100m:	33.62 1:10.81	33.62 37.19		1:48.37 2:25.75	37.56 37.38	250m: 300m:	3:03.93 3:41.40	38.18 37.47	350m: 400m:	4:19.37 4:57.43	37.97 38.06	
	_	_		12	_	_		_		4:57.83	468	1
50m: 100m:	32.21 1:09.33	32.21 37.12		1:47.66 2:26.32	38.33 38.66	250m: 300m:	3:05.22 3:43.78	38.90 38.56	350m: 400m:	4:21.92 4:57.83	38.14 35.91	
				12						4:58.30	466	1
	32.48	32.48	450	1:47.54	38.20	0.50	3:04.28	38.53	350m:	4:21.51	38.85	

, 28. - 30.5.2025

, 2 2010, 2010												
1,	, 400m		, 2012									
,				1								
		-		12						5:00.12	457	1
50m:	33.58	33.58	150m:	1:49.88	37.96	250m:	3:06.03	38.07	350m:	4:22.97	38.50	
100m:	1:11.92	38.34	200m:	2:27.96	38.08	300m:	3:44.47	38.44	400m:	5:00.12	37.15	
				12						5:00.13	457	1
50m:	33.41	33.41	150m:	1:50.28	39.20	250m:	3:09.69	40.47	350m:	4:24.41	38.37	
100m:	1:11.08	37.67	200m:	2:29.22	38.94	300m:	3:46.04	36.35	400m:	5:00.13	35.72	
				13						5:00.32	456	1
50m:	32.21	32.21	150m:	1:47.15	38.48	250m:	3:04.45	38.37	350m:	4:23.18	39.95	
100m:	1:08.67	36.46	200m:	2:26.08	38.93	300m:	3:43.23	38.78	400m:	5:00.32	37.14	
				13						5:01.58	451	2
50m:	31.87	31.87	150m:	1:48.28	38.63	250m:	3:05.28	38.02	350m:	4:24.62	40.07	
100m:	1:09.65	37.78	200m:	2:27.26	38.98	300m:	3:44.55	39.27	400m:	5:01.58	36.96	
				12						5:03.63	442	2
50m:	33.08	33.08	150m:	1:47.19	37.73	250m:	3:25.41	59.22	350m:	4:44.45	39.51	
100m:	1:09.46	36.38	200m:	2:26.19	39.00	300m:	4:04.94	39.53	400m:	5:03.63	19.18	
				12						5:06.42	430	2
50m:	33.81	33.81	150m:	1:50.98	38.93	250m:	3:09.69	39.50	350m:	4:28.29	39.17	
100m:	1:12.05	38.24	200m:	2:30.19	39.21	300m:	3:49.12	39.43	400m:	5:06.42	38.13	
				12						5:15.20	395	2
50m:	34.09	34.09	150m:	1:52.87	40.33	250m:	3:14.97	40.69	350m:	4:35.83	40.25	
100m:	1:12.54	38.45	200m:	2:34.28	41.41	300m:	3:55.58	40.61	400m:	5:15.20	39.37	