

Refugee First – Survival Plan for banglore

FIRST 2 HOURS – IMMEDIATE SAFETY Go to Kempegowda Bus Station (main train station) RIGHT NOW. Walk from the center, it's about 1.5 km. When you arrive, ask for refugee help at the station's information desk. NEXT 12 HOURS – REST & FOOD Sleep at the Bangalore City Railway Station (Platform 1) tonight. Get food and water at the Railway Station's canteen. Charge your phone at the Railway Station's charging points. NEXT 48 HOURS – REGISTRATION & HELP Register for asylum at the Foreigners' Registration Office (FRO) in Bangalore. Go to the office at 1, St. Mark's Road, Bangalore 1. If you need medical help, go to the Victoria Hospital, near City Market. Contact the Bangalore City Police's Control Room at 100 for any assistance.