

OCCUPATIONAL THERAPY *in* AUSTRALIA

Professional and practice issues



EDITED BY TED BROWN, HELEN BOURKE-TAYLOR,
STEPHEN ISBEL AND REINIE CORDIER

OCCUPATIONAL THERAPY *in* AUSTRALIA

Professional and practice issues

EDITED BY TED BROWN, HELEN BOURKE-TAYLOR,
STEPHEN ISBEL AND REINIE CORDIER

First published 2017 by Allen & Unwin

Published 2020 by Routledge
2 Park Square, Milton Park, Abingdon, Oxon OX14 4RN
605 Third Avenue, New York, NY 10017

Routledge is an imprint of the Taylor & Francis Group, an informa business

Copyright © Ted Brown, Helen Bourke-Taylor, Stephen Isbel and Reinie Courdier 2017

All rights reserved. No part of this book may be reprinted or reproduced or utilised in any form or by any electronic, mechanical, or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

Notice:

Product or corporate names may be trademarks or registered trademarks, and are used only for identification and explanation without intent to infringe.

Cataloguing-in-Publication details are available
from the National Library of Australia
www.trove.nla.gov.au

Internal design by Romina Panetta
Index by Puddingburn Publishing Services
Set in 11/13 pt Bembo by Midland Typesetters, Australia

ISBN-13: 9781925266634 (pbk)

DEDICATIONS

Australian occupational therapy pioneers

By 1939, there were three Australians who were qualified occupational therapists: Ethel Francis, Sylvia Docker and Joyce Keam.

Ethel May Francis was the first Australian to hold a diploma in Occupational Therapy. She graduated from the Philadelphia School of Occupational Therapy in the United States in 1933 and then went on to the United Kingdom to complete further postgraduate study at Dorset House, the first British School of Occupational Therapy. Between 1937 and 1939 she worked in Sydney in private practice and mainly worked with patients with psychiatric problems. She started occupational therapy departments at the Royal Alexandra Hospital for Children and the Royal Prince Alfred Hospital in Camperdown, New South Wales.

Sylvia Docker travelled to England in 1934 to train at the London Occupational Therapy School. She returned to Australia in 1938 to work for the Consultative Council of Infantile Paralysis. She pioneered occupational therapy services in Melbourne, working for the Victorian Crippled Children's Society, School for Crippled Children and the Austin Hospital from 1939 to 1941. Later she became the first director of the Sydney Occupational Therapy School. In 1959, she was awarded an MBE in recognition for her contributions to the occupational therapy profession.

In 1937, **Joyce Keam**, originally from Tasmania, went to England to study occupational therapy at the Maudsley Psychiatric Hospital, a London University teaching hospital. In 1939, she returned to Australia and worked privately for a group of psychiatrists at the Alencon Private Mental Hospital in Malvern, Victoria. In 1941, she pioneered the establishment of an occupational therapy department at a 2000-bed army hospital in Heidelberg, Victoria, and in 1943 she was promoted to the position of Chief Occupational Therapist at the Australian Army Headquarters in Melbourne and Adviser in Occupational Therapy to the Director of Medical Services.

CONTEMPORARY OCCUPATIONAL THERAPY VISIONARIES, ADVOCATES AND KNOWLEDGE CREATORS

Professor Sylvia Rodger
Professor Leeanne Carey
Professor Jenny Ziviani
Associate Professor Anne Wilcock
Professor Anne Cusick
Professor Annie McCluskey
Professor Lindy Clemson
Professor Anita Bundy
Professor Karen Stagnitti
Professor Carolyn Unsworth
Professor Gail Whiteford
Associate Professor Sally Bennett
Associate Professor Natasha Lannin
Associate Professor Louise Farnworth
Professor Ellie Fossey
Professor Christine Imms
Associate Professor Kryss McKenna
Dr Manley Stanley
Professor Tammy Hoffman
Associate Professor Michael Curtin
Dr Merrill Turpin
Associate Professor Jennifer Fleming
Professor Iona Novak
Professor Matthew Molineux
Professor Claire Hocking
Professor Helen Polatajko
Professor Mary Law
Professor Elizabeth A. Townsend
Professor Catherine Backman
Professor Sharon Brintell
Professor Mary Ann McColl
Professor Terry Krupa

Professor Judith Friedland
Professor Gary Kielhofner
Professor Jim Hinojosa
Professor Anne G. Fisher
Professor Bette Bonder
Professor M. Carolyn Baum
Professor Wendy Coster
Professor Jane Case-Smith
Dr Mary Reilly
Ms Gail S. Fiddler
Professor Anne Cronin Mosey
Professor Charles Christiansen
Professor Cheryl Mattingly
Professor Kenneth Ottenbacher
Professor David Nelson
Dr Catherine Anne Trombly Latham
Professor Florence Clark
Professor Winnie Dunn
Dr A. Jean Ayres
Ms Wilma West
Dr Noomi Katz
Professor Kathlyn L. Reed
Professor Jim Hinojosa
Professor Betty Hasselkus
Professor Joan Rogers
Professor Lorna Jean King
Dr Jerry A. Johnson
Dr Lela A. Llorens
Professor Elizabeth Yerxa
Dr Janette Schkade
Dr Sally Schultz

EDITORS' PERSONAL DEDICATIONS

Ted Brown

I would like to dedicate this book to the following individuals:

- David Stevens, life partner and constant source of support and patience for the time my academic pursuits take up;
- George and Erma Brown, my parents, who instilled in me the importance of the pursuit of knowledge, being curious and remaining grounded;
- Sylvia Rodger, friend, colleague and doctoral supervisor who is an occupational therapy educator, researcher, advocate and visionary; and
- John Waugh and Collin Martin, dear friends who have listened and laughed with me along the way.

Helen Bourke-Taylor

- My personal dedication is sincere and heartfelt thanks to my family—Jim, Josie, Catie and Seamus.

Stephen Isbel

- Dedicated to my family for their patience and support and to my colleagues for the opportunity to be involved in a wonderful project.

Reinie Cordier

- I dedicate the book to Elizabeth Holsten and Anita Bundy, who were influential in shaping my academic career.



Taylor & Francis

Taylor & Francis Group

<http://taylorandfrancis.com>

CONTENTS

About the editors	x
Contributing authors	xii
List of figures and tables	xvii
Foreword by Professor Jenny Ziviani	xviii
Foreword by Professor Carolyn M. Baum	xx

PART 1: THE AUSTRALIAN CONTEXT

1	An introduction to occupational therapy in an Australian context	2
	<i>Helen Bourke-Taylor, Ted Brown, Stephen Isbel and Reinie Cordier</i>	
2	An overview of the Australian health care system	14
	<i>Stephen Isbel and Maggie Jamieson</i>	
3	History of Australian occupational therapy	27
	<i>Anne Cusick</i>	
4	The role of occupational therapy professional associations and regulatory bodies in Australia	49
	<i>Lynne Adamson, Rachel Norris, Mary Russell and Lee Zakrzewski</i>	
5	The scope of practice of occupational therapists in Australia: Roles, responsibilities and relationships	62
	<i>Kieran Broome and Ann Kennedy-Behr</i>	
6	Values and philosophy of occupational therapy	73
	<i>Alison Wicks</i>	
7	Ethical and legal responsibilities of occupational therapy practice	81
	<i>Angus Buchanan, Dave Parsons and Ben Milbourn</i>	
8	Occupational therapy in population health and health promotion	91
	<i>Ted Brown, Carolynne White, Mong-Lin Yu and Celia Marston</i>	

PART 2: PROFESSIONAL ISSUES

9	Working with clients: Client-centred practice	108
	<i>Priscilla Ennals and Ellie Fossey</i>	
10	Occupational science in Australia	117
	<i>Gail Whiteford, Mandy Stanley and Emma Todd</i>	
11	The education of occupational therapists in Australia: Academic and practice education	129
	<i>Louise Farnworth and Mary Kennedy-Jones</i>	

12	Evidence-based practice in occupational therapy <i>Reinie Cordier and Sarah Wilkes-Gillan</i>	140
13	Research in occupational therapy <i>Helen Bourke-Taylor, Ted Brown and Lisa O'Brien</i>	156
14	Clinical reasoning in occupational therapy practice <i>Justin Scanlan and Jennie Brentnall</i>	174
15	Occupational therapy practice models and frames of reference <i>Merrill Turpin</i>	185

PART 3: PRACTICE ISSUES

16	The occupational therapy practice process <i>Stephen Isbel and Louise Gustafsson</i>	204
17	Core business: Activity, task and occupational analysis <i>Lynette Mackenzie, Glyn O'Toole and Carole James</i>	215
18	Occupational performance and core occupations: Self-care, productivity, leisure, play, education, sleep and social participation <i>Ted Brown and Aislinn Lalor</i>	227
19	The development of occupations across the lifespan <i>Reinie Cordier, Annette Joosten, Lindy Clemson and Kylie Wales</i>	244
20	Occupational therapy practice contexts <i>Annette Joosten, Paula Bray, Geneviève Pépin, Susan Darzins and Alana Hewitt</i>	260
21	Emerging professional practice areas <i>Helen Bourke-Taylor, Marina Ciccarelli, Nathan J. Wilson, Reinie Cordier, Annie O'Connell, Daniel Lowrie, Clarissa Adriel and Daniel Clohesy</i>	280
22	Occupational therapy assessment <i>Ted Brown and Helen Bourke-Taylor</i>	296
23	The role of occupational therapy in primary health care in Australia <i>Emma George and Kylie Vogt</i>	311
24	Occupational therapy practice in regional, rural and remote Australia <i>Monica Moran, Desley Simpson and Narelle Henwood</i>	320
25	Indigenous health: Occupational therapy's role <i>Jo Jackson King and Alma Dender</i>	331
26	Population-centred occupational therapy practice and project management in Australian settings <i>Lisa Knightbridge and Susan Gilbert-Hunt</i>	339

27	Advocacy, promotion, leadership and entrepreneurship in the occupational therapy profession in Australia	351
	<i>Michelle Bissett and Sylvia Rodger</i>	
28	Looking forward: Occupational therapy in Australia's future	357
	<i>Ted Brown, Helen Bourke-Taylor, Stephen Isbel and Reinie Cordier</i>	
	Index	368

ABOUT THE EDITORS

Ted Brown is Associate Professor and undergraduate course convenor of the Bachelor of Occupational Therapy (Honours) in the Department of Occupational Therapy, Faculty of Medicine, Nursing and Health Sciences at Monash University—Peninsula Campus. His experience in occupational therapy includes paediatrics, learning disabilities, developmental delay, early intervention, rheumatology and mental health. His research focuses on occupational therapy practice with children and families, evidence-based education of occupational therapy students, and the evaluation and validation of tests and measures used in clinical practice. Ted is an associate editor of the *Australian Occupational Therapy Journal* and the *American Journal of Occupational Therapy*.

Helen Bourke-Taylor is Associate Professor in the discipline of occupational therapy in the School of Primary Care and Allied Health, Monash University—Peninsula Campus. Helen has worked clinically as an occupational therapist in various practice contexts and continues to conduct research related to children and young people with disabilities and their families. Helen enjoys teaching occupational therapy students to realise their goals for a career in the field. Helen is an associate editor of the *Australian Occupational Therapy Journal*.

Stephen Isabel is Associate Professor and course convenor of the Master of Occupational Therapy at the University of Canberra. His research interests include caring for people with dementia, post-stroke rehabilitation and occupational therapy education. His experience in occupational therapy includes adult neurological rehabilitation, aged care, community care and driver rehabilitation.

Reinie Cordier is Associate Professor in the School of Occupational Therapy and Social Work at Curtin University. His research interests lie at the intersections between health, social inclusion and phenomena specific to different clinical populations. His research focuses on how to ensure that people from different clinical and vulnerable populations participate in society, remain engaged and socially connected, and live healthy lives. Reinie is an associate editor of the *Australian Occupational Therapy Journal*.



Taylor & Francis

Taylor & Francis Group

<http://taylorandfrancis.com>

CONTRIBUTING AUTHORS

Dr Lynne Adamson, PhD, Associate Professor and Head, Occupational Science and Therapy, School of Health and Social Development, Faculty of Health, Deakin University—Waterfront Campus, Geelong, Victoria

Ms Clarissa Adriel, BAppSc(OT), Occupational Therapist, Migrant Resource Centre—Southern Tasmania, Hobart, Tasmania

Dr Michelle Bissett, PhD, BAppSc(OT), Senior Lecturer, Occupational Therapy, School of Allied Health Sciences, Griffith University, Southport, Gold Coast, Queensland

Dr Helen Bourke-Taylor, PhD, MSOT, BAppSc(OT), PGCOTL, Associate Professor, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria

Dr Paula Bray, PhD, BOT(Hons), Senior Occupational Therapist, Institute for Neuroscience and Muscle Research, The Children's Hospital at Westmead, Westmead, Sydney, New South Wales

Dr Jennie Brentnall, PhD, BAppSc(OT), Lecturer, Occupational Therapy, Faculty of Health Sciences, University of Sydney—Cumberland Campus, Sydney, New South Wales

Dr Kieran Broome, PhD, BOT, Lecturer, Occupational Therapy, School of Health and Sport Sciences, Faculty of Science, Health, Education and Engineering, University of the Sunshine Coast, Maroochydore, Queensland

Dr Ted Brown, PhD, MSc, MPA, BScOT (Hons), GCHPE, OT(C), OTR, Associate Professor and Undergraduate Course Convenor, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria

Dr Angus Buchanan, DBA, DSM, BAppSc(OT), Associate Professor and Head of School, School of Occupational Therapy and Social Work, Faculty of Health Sciences, Curtin University, Bentley, Western Australia

Dr Marina Ciccarelli, PhD, MSc, BAppSc(OT), Associate Professor, School of Occupational Therapy and Social Work, Faculty of Health Sciences, Curtin University, Bentley, Western Australia

Dr Lindy Clemson, PhD, MAppSc, BAppSc(OT), DipOT, Professor, Division of Occupational Therapy, Faculty of Health Sciences, University of Sydney—Cumberland Campus, Sydney, New South Wales

Mr Daniel Clohesy, BAppSc(OT), Lecturer, Department of Occupational Therapy, School of Allied and Public Health, Faculty of Health Sciences, Australian Catholic University, Melbourne, Victoria

- Dr Reinie Cordier, PhD, MOccTher, BOT, BSocSc, BSocSc(Hons, Clin Psych), Associate Professor & Principal Research Fellow, School of Occupational Therapy and Social Work, Faculty of Health Sciences, Curtin University, Bentley, Western Australia
- Dr Anne Cusick, MA(Psych), MA(Interdisc Stud), BAppSc(OT), Professor and Chair of Occupational Therapy, Faculty of Health Sciences, University of Sydney—Cumberland Campus, Sydney, New South Wales and Emeritus Professor, Western Sydney University, Penrith, New South Wales
- Dr Susan Darzins, PhD, BAppSc(OT), Lecturer, Department of Occupational Therapy, School of Allied and Public Health, Faculty of Health Sciences, Australian Catholic University, Melbourne, Victoria
- Dr Alma Dender, PhD, BAppSc(OT), Senior Lecturer, School of Occupational Therapy and Social Work, Faculty of Health Sciences, Curtin University, Bentley, Western Australia
- Dr Priscilla Ennals, PhD, MOT, BAppSc(OT), BCouns, Lecturer and Postgraduate Courses Coordinator, Occupational Therapy, Department of Community and Clinical Allied Health, School of Allied Health, College of Science, Health and Engineering, La Trobe University—Bundoora Campus, Melbourne, Victoria
- Dr Louise Farnworth, PhD, MA, BAppSc(OT), Associate Professor, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria
- Dr Ellie Fossey, PhD, MSc, DipCOT, Professor and Head, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria
- Ms Emma George, MPH, MHID, BAppSc(OT), PhD candidate, School of Medicine, Flinders University, Adelaide, South Australia
- Ms Susan Gilbert-Hunt, MSc(OT), DipOT, Senior Lecturer, Division of Health Sciences, Faculty of Health Sciences, University of South Australia, Adelaide, South Australia
- Dr Louise Gustafsson, PhD, BOT, Associate Professor and Head, Occupational Therapy, School of Health and Rehabilitation Sciences, Faculty of Health and Behavioural Sciences, University of Queensland, Brisbane, Queensland
- Mrs Narelle Henwood, BAppSc(OT), MHSc(OT), Senior Lecturer, Occupational Therapy, School of Human, Health and Social Sciences, Central Queensland University—North Campus, Rockhampton, Queensland
- Dr Alana Hewitt, PhD, BAppSc(OT), Lecturer, Department of Occupational Therapy, School of Allied and Public Health, Faculty of Health Sciences, Australian Catholic University, Melbourne, Victoria
- Dr Stephen Isbel, HScD, MOT, MHA, BAppSc(OT), Associate Professor and Course Convenor, Occupational Therapy, Faculty of Health, University of Canberra, Canberra, Australian Capital Territory

xiv CONTRIBUTING AUTHORS

- Ms Jo Jackson King, BAppSc(OT), Occupational Therapist, Department of Health, Perth, Western Australia
- Dr Carole James, PhD, MHSc(OT), BSc(OT), DipOT, Associate Professor, Occupational Health and Safety/Occupational Therapy, School of Health Sciences, Faculty of Health and Medicine, University of Newcastle, Newcastle, New South Wales
- Dr Maggie Jamieson, PhD, MPH, BA, Associate Professor, Associate Dean and Head of Discipline, Public Health, Faculty of Health, University of Canberra, Canberra, Australian Capital Territory
- Dr Annette Joosten, PhD, BAppSc(OT), Senior Lecturer, School of Occupational Therapy and Social Work, Faculty of Health Sciences, Curtin University, Bentley, Western Australia
- Dr Ann Kennedy-Behr, PhD, MOT, BAppSc(OT), Lecturer, Occupational Therapy, School of Health and Sport Sciences, Faculty of Science, Health, Education and Engineering, University of the Sunshine Coast, Maroochydore, Queensland
- Dr Mary Kennedy-Jones, DrPH, Associate Professor, Occupational Therapy, Department of Biomedical and Health Sciences, School of Health Sciences, Faculty of Health, Arts and Design, Swinburne University, Melbourne, Victoria
- Ms Lisa Knightbridge, MAE, BAppSc(OT), Senior Lecturer, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria
- Ms Aislinn Lalor, BOT(Hons), Lecturer, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria
- Mr Daniel Lowrie, MSc, BHSc(OT), Senior Lecturer, Department of Occupational Therapy, College of Healthcare Sciences, James Cook University, Townsville, Queensland
- Dr Lynette Mackenzie, PhD, MEdStud, BEdStud, BAppSc(OT), DipCOT, Associate Professor, Division of Occupational Therapy, Faculty of Health Sciences, University of Sydney—Cumberland Campus, Sydney, New South Wales
- Ms Celia Marston, BAppSc(OT), MPallCare, Lecturer and Second Year Undergraduate Coordinator, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria
- Dr Ben Milbourn, PhD, MSc, BSc(Hons), PGDipOT, Lecturer, School of Occupational Therapy and Social Work, Faculty of Health Sciences, Curtin University, Bentley, Western Australia
- Dr Monica Moran, DSocSc, MPhil(OT), DipCOT, Associate Professor, Occupational Therapy, School of Human, Health and Social Sciences, Central Queensland University—North Campus, Rockhampton, Queensland

- Ms Rachel Norris, MBA, BAppSc(OT), CEO of Occupational Therapy Australia, Melbourne, Victoria
- Dr Lisa O'Brien, PhD, MClinSci, BAppSc(OT), Senior Lecturer, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria
- Ms Annie O'Connell, MAppSc(OT), Occupational Therapist, Sleepability, Uraidla, South Australia
- Mrs Gjyn O'Toole, MEdStud, BA, GradDipTEFL, Dip OT, Senior Lecturer, Occupational Therapy, School of Health Sciences, Faculty of Health and Medicine, University of Newcastle, Newcastle, New South Wales
- Mr Dave Parsons, MBA, BSc(OT), Clinical/Professional Fellow, School of Occupational Therapy and Social Work, Faculty of Health Sciences, Curtin University, Bentley, Western Australia
- Dr Geneviève Pépin, PhD, BSc(OT), Course Director and Honours Coordinator, Occupational Science and Therapy, School of Health and Social Development, Faculty of Health, Deakin University—Waterfront Campus, Geelong, Victoria
- Dr Sylvia Rodger, PhD, MEdSt, BAppSc(OT), Professor, Occupational Therapy, School of Health and Rehabilitation Sciences, Faculty of Health and Behavioural Sciences, University of Queensland, Brisbane, Queensland
- Dr Mary Russell, PhD, BAppSc(OT), State Manager, Allied Health Practitioner Regulation Agency, Melbourne, Victoria
- Dr Justin Scanlan, PhD, MHM, BOT, Lecturer, Division of Occupational Therapy, Faculty of Health Sciences, University of Sydney—Cumberland Campus, Sydney, New South Wales
- Ms Desley Simpson, BAppSc(OT), Lecturer, Occupational Therapy, School of Human, Health, and Social Sciences, Central Queensland University—Bundaberg Campus, Rockhampton, Queensland
- Dr Mandy Stanley, PhD, MHSc(OT), BAppSc(OT), Senior Lecturer, Occupational Therapy, Division of Health Sciences, Faculty of Health Sciences, University of South Australia, Adelaide, South Australia
- Ms Emma Todd, BAppSc(OT), Manager, Consumer Focus, NSW Justice Health & Forensic Mental Health Network, NSW Health, Matraville, New South Wales
- Dr Merrill Turpin, PhD, MOT, BOT, Senior Lecturer, Occupational Therapy, School of Health and Rehabilitation Sciences, Faculty of Health and Behavioural Sciences, University of Queensland, Brisbane, Queensland
- Ms Kylie Vogt, BAppSc(OT Hons), Registered Occupational Therapist, Falls Liaison Officer—Southern Community Falls Prevention Team, Southern Adelaide Local Health Network (SALHN), Adelaide, South Australia
- Ms Kylie Wales, BAppSc(OT), Division of Occupational Therapy, Faculty of Health Sciences, University of Sydney—Cumberland Campus, Sydney, New South Wales

xvi CONTRIBUTING AUTHORS

- Ms Carolynne White, BAppSc(OT), BOT(Hons), PhD, Lecturer, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria; Occupational Therapist, Access Health and Community
- Dr Gail Whiteford, PhD, MHSc(OT), BAppSc(OT), Professor, Occupational Therapy, School of Allied Health Sciences, Griffith University, Southport, Gold Coast, Queensland, Australia and Principal, Whiteford Consulting
- Dr Alison Wicks, PhD, MHSc(OT), BAppSc(OT), Associate Professor, Occupational Therapy, Faculty of Health, University of Canberra, Canberra, Australian Capital Territory
- Dr Sarah Wilkes-Gillan, PhD, BAppSc(OT), Lecturer, Department of Occupational Therapy, School of Allied and Public Health, Faculty of Health Sciences, Australian Catholic University, North Sydney, New South Wales
- Dr Nathan J Wilson, PhD, MSc, BSS, Senior Lecturer, School of Nursing and Midwifery, Western Sydney University, Penrith, New South Wales
- Dr Mong-Lin Yu PhD, MOT, BSc(OT), GCHPE, Lecturer, Fieldwork Co-ordinator and International Student Coordinator, Department of Occupational Therapy, School of Primary Health Care, Faculty of Medicine, Nursing and Health Sciences, Monash University—Peninsula Campus, Frankston, Victoria
- Dr Lee Zakrzewski, HScD, MHLthScEd, BAppSc(OT), Senior Lecturer, Occupational Therapy, School of Science and Health, Western Sydney University, Penrith, New South Wales

LIST OF FIGURES AND TABLES

FIGURES

- 2.1 Primary health care and its interactions with the broader health care and community service sectors
- 2.2 Health care expenditure and responsibility
- 6.1 The relationship between values, philosophy and practice in occupational therapy
- 12.1 Concept of evidence-based practice
- 13.1 Classification, purpose and strength of evidence for different research designs
- 14.1 A framework for clinical reasoning in occupational therapy
- 16.1 Canadian Practice Process Framework (CPPF)
- 17.1 Levels of the occupational analysis involved in making a cup of tea
- 18.1 The Canadian Model of Occupational Performance and Engagement (CMOP-E)
- 18.2 Categories of occupations in the Occupational Therapy Practice Framework—third edition (OTPF-III)
- 18.3 Characteristics of human occupation
- 24.1 Remoteness areas of Australia

TABLES

- 2.1 Life expectancy at birth (years) by sex, top ten OECD countries, 2012
- 3.1 Australian occupational therapy pioneers
- 3.2 Important milestones within the profession of occupational therapy during the 1990s
- 5.1 Factors that impact occupational therapy's scope of practice
- 9.1 Features of client-centred practice
- 12.1 Tools for understanding the quality of scientific evidence
- 13.1 Examples of occupational therapy research and different research designs
- 13.2 Key databases and specific occupational therapy and allied health examples
- 14.1 Overview of considerations at different stages of the clinical reasoning process
- 16.1 Occupational therapy process action points related to Peter's case
- 17.1 Occupational analysis of showering
- 22.1 Assessment tools often used by occupational therapists in clinical practice
- 23.1 Primary health care in occupational therapy fields of practice
- 28.1 Assessments developed by occupational therapists from Australia
- 28.2 Books authored by occupational therapists from Australia

FOREWORD BY PROFESSOR JENNY ZIVIANI

When book publishers still had representatives who wore out shoe leather visiting academics to introduce new texts, I recall the frustration of finding nothing that captured occupational therapy in an Australian context. Invariably we would recommend overseas texts to students in which we would then have to unpack aspects of practice that did not translate to the local context. While we now have many Australian occupational therapy authors, nothing prior to this book has really brought together both professional and practice issues in such a comprehensive way.

For those involved in the education of occupational therapists in Australia, there has been a yearning for a textbook which can really contextualise practice with all its geo-socio-political nuances. It is truly an indication of the maturity of our profession in Australia that Ted Brown, Helen Bourke-Taylor, Stephen Isbel and Reinie Cordier have taken on such a task. Even more impressive is the array of contributors with whom they have worked to capture the development of occupational therapy in Australia, where it is heading and the processes inherent in its philosophy and practice which will carry it forward.

Each chapter in this text is imbued with descriptions and references relevant to occupational therapists practising in Australia. The chapters in Part 1 that specifically focus on the Australian context not only provide context and history but also clearly outline for students their ethical and legal responsibilities as health care providers. The role and powers of professional and regulatory bodies that are charged with supporting therapists and also protecting the public are also clearly articulated.

The professional focus in Part 2 provides a real sense of the approaches to practice that are endorsed throughout Australian occupational therapy programs. With occupation at the heart of the profession and a belief in the salience of client-centred practice, clinical reasoning is the skill by which students learn how to practise their profession. Recognition of the enormous contribution that has and continues to be made to research and evidence-based practice by Australian practitioners can only serve to inspire students about the profession which they are about to join, and contribute to, in this country.

The final part, which reflects on the professional core business of occupation, its development, assessment and analysis, foreshadows the numerous examples provided of where therapists practise and the opportunities that are yet to be explored. While hospitals, educational and community settings have long welcomed the contribution of occupational therapists, the next generation of practitioners needs to look to the health issues in emerging fields of practice such as health promotion and in primary health care settings. The chapter attending to the occupational identity and

needs of Indigenous Australians is particularly informative. The fact that so many occupational therapists use and develop their skills in organisations for the purpose of informing policy, management, advocacy and leadership attests to the unique skill set that training, professional support and individual energy and commitment can achieve.

The material in this book is presented in a clear and logical manner which is easy to read. Each chapter concludes with summary questions upon which the reader can reflect. A list of resources and agency contacts further contributes to this book being a truly valuable resource for all Australian occupational therapy students and practitioners. For therapists trained overseas who plan to practise in Australia, it also provides an accessible means of obtaining the information needed and insights that are so valuable when making such a transition.

The editors and contributors to this valuable book are to be commended on their timely effort in bringing this text to fruition.

Jenny Ziviani BAppSc(OT), BA, MEd, PhD
Professor,
Children's Allied Health Research
The University of Queensland and Children's Health Queensland,
Brisbane, Queensland

FOREWORD BY PROFESSOR CAROLYN M. BAUM

It is exciting to see the first Australian text in occupational therapy. It signals that the science and the practice, as well as the scientists and clinicians who have developed the knowledge, have come of age and now are giving voice to the occupational therapy profession in Australia. The rest of the world has followed and used your work for at least twenty years, as you have some of the top scientists in the field of occupational therapy, have many who have given a strong voice to occupational science and some outstanding clinicians who have built solid community models to serve the public needs for housing, work, safety and socialisation.

This text lays a structural foundation for the profession in Australia; however, the context will serve an international audience with its focus on professional issues, including evidence-based practice, clinical reasoning, measurement, introduction of contemporary practice models and research.

Australia has a long history of practice in community settings. The use of an occupational approach in primary care, rural practice and Indigenous health will serve as an important model for countries wishing to employ occupational therapy with those populations.

Congratulations to all who have contributed to the text in the writing, but also to those whose contributions to the science practice brought the profession to the level it needed to be written about. This is a text that will have many editions and document the evolution of the profession for decades to come.

Professor Carolyn M. Baum, PhD, OTR, FAOTA
Elias Michael Executive Director & Professor,
Occupational Therapy, Neurology, and Social Work
Program in Occupational Therapy
School of Medicine
Washington University in St Louis
St Louis, MO, USA

PART 1

THE AUSTRALIAN CONTEXT



CHAPTER






1

An introduction to occupational therapy in an Australian context

*Helen Bourke-Taylor, Ted Brown, Stephen Isbel
and Reinie Cordier*

CHAPTER OBJECTIVES

Upon completion of this chapter, the reader will be able to:

-  Describe the structure of this book and the intended purpose and audience.
-  Explain the rationale behind an Australian specific occupational therapy textbook.
-  Provide an overview of the Australian population according to recent statistical and governmental data.
-  Present contemporary workforce trends in occupational therapy.
-  Discuss the occupational therapy profession and how this textbook is situated within the Australian context of an evolving, evidence-based responsive profession.

Key terms: occupational therapy; Australia; Australian population; health care

INTRODUCTION

You may be an occupational therapy student at the beginning of a degree that will launch your career as a registered occupational therapist. You may be a recent graduate, a practitioner or an overseas-trained professional seeking the knowledge and skills to practise within the Australian context. You may be an educator charged with responsibilities to create contemporary curricula within the Australian context. Whoever you are, we invite you to peruse this textbook. The book has been designed and written by current experts in the field, both to inform you about the occupational therapy context in Australia and to inspire you!

As defined by the World Federation of Occupational Therapists (WFOT), occupational therapy is a ‘client-centred health profession concerned with promoting health and wellbeing through occupation. The primary goal of occupational therapy is to enable people to participate in the activities of everyday life. Occupational therapists achieve this outcome by working with people and communities to enhance their ability to engage in the occupations they want to, need to, or are expected to do, or by modifying the occupation or the environment to better support their occupational engagement’ (WFOT 2012, p. 1). Occupational therapy is a profession that has evolved in response to the occupational and health needs and concerns of Australians across the lifespan. In this chapter we provide an overview of the order, content and Australian context of the book. After describing the structure of this book, we provide a brief overview of contemporary Australians: Who we are and how we live; where we live and work; and how we experience health, ability and disability. Finally, we present current data about practising occupational therapists in Australia. According to this structure, this chapter is divided into three sections with representative headings.

1. OVERVIEW OF BOOK STRUCTURE

This book aims to provide an overview of occupational therapy practice and professional issues within an Australian context. It is the first comprehensive Australian occupational therapy textbook that brings together practice and context issues common to the profession in Australia. The book has been written by Australian authors for use by Australian occupational therapy students and practitioners. The book does not provide in-depth chapters on specific occupational therapy speciality practice areas—such as physical disabilities, paediatrics, mental health, vocational rehabilitation or hand therapy—since comprehensive texts on these topics already exist and are frequently prescribed by educators and academics. Rather, this book aims to provide a unique Australian perspective on occupational therapy professional and practice issues at an introductory level. It is a comprehensive text for students to access information about the occupational therapy profession in Australia.

The book is divided into three parts. Each of the parts has chapters written by individual authors or small teams of authors. Woven throughout the book are

4 THE AUSTRALIAN CONTEXT

chapters and sections of chapters that highlight the unique features of occupational therapy practice and issues pertinent to occupational therapy as a profession.

The first part addresses foundational issues and includes chapters on the Australian health care and education systems, the history of occupational therapy in Australia, ethical and legal responsibilities of occupational therapy practice, the role of professional associations and regulatory bodies, and health promotion and health literacy. The second part focuses on occupational therapy issues of a broad professional nature, including the values and philosophy of occupational therapy, scope of practice of occupational therapists in Australia, client-centred practice, occupational science, education of occupational therapists, evidence-based practice, occupational therapy research, clinical reasoning and commonly used practice models. The third part of the book presents practice issues, including the occupational therapy practice process, occupational analysis, occupational therapy practice areas, age groups that occupational therapists work with and clinical practice areas. Activity, task and occupational analysis and specific types of occupation (e.g. self-care, productivity, education, leisure, play, rest, sleep and social participation) will be discussed.

The practice issues section also covers such topics as rural and remote occupational therapy practice, occupational therapy with Indigenous communities, and assessment tools developed by Australian occupational therapists. Other chapters in this part include emerging practice areas in occupational therapy and primary health care, and entrepreneurship, leadership and advocacy in the occupational therapy profession. Each chapter provides an overview, specific chapter objectives and review questions for the reader to consider. Educators will find the online PowerPoints associated with each chapter useful and a good foundation for presentations based on the chapter.

The following section presents an overview of characteristics and defining features of the Australian population. After all, occupational therapy is a profession that has historically served, and will continue to serve, many different people in Australian communities for years to come. The next section addresses questions of interest to occupational therapy practitioners, educators and researchers: *Who are Australians?; How and where do they live?; What are the main health issues?; and What occupational therapy services are needed?*

2. CONTEMPORARY AUSTRALIANS: WHO WE ARE, HOW WE LIVE AND WORK AND HOW WE EXPERIENCE HEALTH AND DISABILITY

Who we are

There are over 24 million people living in Australia (ABS population clock) with projections estimating that our population size will reach 42 million by 2061, and up to 70 million by 2100 (ABS 2015a). Around 3 per cent of Australians identify as being of Aboriginal or Torres Strait Islander descent, which constitutes around

700,000 people (ABS 2013c). Further, more than half of Aboriginal and Torres Strait Islanders live in New South Wales or Queensland, although the Northern Territory has the highest proportion of Indigenous Australians (30 per cent) (ABS 2013c).

Australia has diverse family constellations, cultures and dynamics and occupational therapists must accommodate Australian families in virtually every area of practice to be family-centred. In 2011, 53 per cent of the population was Australian born with both parents and at least one grandparent born in Australia (third generation Australian) (ABS 2013b). This percentage includes Indigenous Australians. About 20 per cent of the population was Australian born but with one or both parents born overseas (second generation Australian) and 27 per cent of the population was born overseas and residing in Australia (first generation Australian). According to the Australian Bureau of Statistics, first generation Australians come from many countries to live in Australia, the most common being the United Kingdom (5.2 per cent); New Zealand (2.6 per cent); China (1.9 per cent); India (1.7 per cent); and both the Philippines and Vietnam (1 per cent) (ABS 2015b). With so many Australians born overseas, it is not surprising that nearly one-third of Australian children live in families where at least one parent was born overseas. English remains the most common language, being the primary language in nearly 81 per cent of households. These figures are relevant to occupational therapists as the chance of working with clients who are culturally and linguistically diverse is between 20 and 50 per cent, regardless of whether the person was born overseas or has parents and a family culture that has originated overseas.

In 2011, over two-thirds of people (71 per cent) were living in coupled families. Most coupled families have children living at home (54 per cent), and among these families, the most common family size was four people, two adults and two children. While 79 per cent of families with children under fifteen years are two-parent homes, 18 per cent have a single mother as head of the household and 3 per cent have a single father as head of the household (ABS 2012a). The median age of the eldest child was nine, and the median age of the younger child was six (ABS 2012a). Further, nearly 50 per cent of families had a child under the age of five years (ABS 2012a). Among both single people and families, over 60 per cent identify as Christian, 1 to 2 per cent of the population identifies as either Buddhist, Muslim, Hindu or Jewish, and 22 per cent have no religion (ABS 2013b). Thus, with such diverse Australian families, culturally competent occupational therapists, as well as culturally safe interventions, are of the utmost importance for our clients.

The vast majority of Australians live with other people. Only 13 per cent of adults live alone and in private dwellings, and the majority are women over the age of 60 (de Vaus & Qu 2015). Far more Australians live alone for a shorter period of time due to factors such as marriage status, marriage separation, working arrangements and spousal death (de Vaus & Qu 2015). With regard to living arrangements, 48 per cent of 20–24-year-olds live with their parents and 13 per cent of 25–34-year-olds live

6 THE AUSTRALIAN CONTEXT

with their parents (ABS 2012a). Three-quarters of Australians live in a separate (free-standing) house, a number that has reduced only slightly in the last 40 years (ABS 2012c). The reduction in part is due to increased construction of high-rise units in urban areas. High-rise units (flats or apartments in four- or more storey blocks) made up 4 per cent of all dwellings in 2011, 2 per cent higher than in 1991. High-rise living is more common for younger adults rather than older people or families with children (48 per cent of people living in high-rise units were aged 18 to 35 years, compared with 25 per cent in the general population). Older Australians tend to live in free-standing homes or residential care (ABS 2012c).

The age distribution of Australians requires a closer look to further examine the role of occupational therapy across the lifespan (see Chapter 19) and to understand trends in relation to projected occupational therapy workforce needs. Ageing Australians are a major focus for occupational therapy—providing services within hospitals, rehabilitation and community settings. Recently, the federal government has introduced navigation and information sites such as My Aged Care (see <http://www.myagedcare.gov.au/>), which have been set up to support older Australians and their families. Occupational therapists also work with the very young and adolescents, providing services in early intervention centres, schools, hospitals and community centres (see Chapter 20). Occupational therapists work with adults to enable occupational participation following the development of a mental health condition, disability or medical condition that requires facilitation of occupational performance, safety and participation in environments of importance to the person.

The median age (the age at which half the population is older and half is younger) of the Australian population is increasing and was 37 years in mid-2012 (ABS 2013a). Over the next several decades, population ageing is projected to have implications for Australia, including: health, size of the working-age population, housing and demand for skilled labour (ABS 2016a). Australia's population is ageing as a result of several factors: sustained low fertility or reduction in chosen family size, and increasing life expectancy for both men and women (ABS 2012c). Consequently, compared to previous decades, Australia now has proportionally fewer children under fifteen years of age in the population, and a proportionally larger increase in those aged 65 and over (ABS 2013a; 2015a). For example, over the last decade, the proportion of people aged over 65 years increased from nearly 12 to 15 per cent, and the proportion of people aged 85 years and older doubled from 1 per cent to 2 per cent. In the past decade, the number of children under fifteen years decreased from 22 per cent to 19 per cent; these age trends are expected to continue (ABS 2015a).

The so-called working-age population in Australia is aged fifteen to 64 years and constitutes 66 per cent of the population (ABS 2013a). One concern for the Australian health and care industries in Australia is that the non-working-age group population (mainly people over 65) is growing faster than the working age population (people aged fifteen to 64 years) (ABS 2012b). This fact has direct implications

for occupational therapists in that the profession will need to continue to build a sustainable workforce in order to appropriately service an ageing population who are likely to value independent and supported living in the community.

Where we live and work

Occupational therapists are specialists in modifying and facilitating a more enabling environment that will improve meaningful occupational participation for people of all ages, across different geographical and physical living environments. The diversity of living circumstances across Australia attests to the necessity for occupational therapists to be professionally adaptable and flexible in order to collaborate and work with different clients.

The Australian Bureau of Statistics advises that the most populous states are New South Wales with 7.5 million people, Victoria with 6 million people and Queensland with nearly 5 million people resident (ABS 2012c). Other states and territories have a substantially lower population, as Western Australia is the next populous with just 2.5 million. More than two-thirds of Australia's population live along the east coast, in a capital city and surrounding metropolitan area, or a major city or district, e.g. the Gold Coast, Newcastle, Central Coast, Wollongong, Sunshine Coast, Townsville, Geelong and Cairns (ABS 2015a). The populations of Perth and Adelaide continue to grow and the trend is for these figures to continue to increase with migration. The population of Australia's large cities grew at double the rate of the rest of the country. Over recent years, the largest population declines were in Australia's regional areas (AIHW 2015). While major cities are experiencing a population boom, regional cities are experiencing slower growth, and rural, remote and very remote areas in Australia are facing a decline in population.

Human beings value self-care, leisure, play and productive occupation. Cultures and geographical areas vary in their lifestyle opportunities and the daily occupations of people in the community. Australians value work, leisure, independence in self-care and care of significant others. Australians are workers. There are nearly 12 million Australians in the workforce—over 8 million full-time workers and over 3.5 million part-time workers (ABS 2012b; 2016a). The Australian unemployment rate is approximately 5.8 per cent (ABS 2016a). Currently, there are more people who consider themselves underemployed compared with previous decades, particularly people in casual work. Where people work and the types of occupations that people engage in have changed over the decades. One hundred years ago, being a farmer, labourer, tailor or tradesman was more common. Today, for both men and women, the most common occupation in Australia is a sales assistant, reflecting the large number of part-time sales assistants in the labour force (ABS 2012c). For men, other common occupations were truck driver, electrician and retail manager. For women common occupations are office jobs and primary school teacher (ABS 2012c).

8 THE AUSTRALIAN CONTEXT

Further, in Australia, most workers will achieve a post-school qualification in a field of work, although only about one-quarter of Australian adults have a university qualification.

Occupational therapists can expect to service clients in any area in Australia and may be exposed to technology to deliver health services (known as eHealth or telehealth) in areas that are regional or remote. Paid productive occupations are valued and a responsibility for the vast number of Australian adults of working age. Occupational therapists can expect to address return-to-work issues with their clients when health has deteriorated, when the client has been injured at work or when the client acquires a condition of disability that changes their work capacity.

How we experience health and disability

Australia is a large agricultural country providing people with access to healthy eating, active and social lifestyles and easily accessible educational choices. Australian families most frequently have healthy lifestyles consuming fresh local foods. The National Health Survey is an Australian survey that measures the subjective health and wellbeing of a large representative sample of Australians aged fifteen years and older (AIHW 2014; 2015). In 2014–15, nearly 53 per cent of Australians considered themselves to be in very good or excellent health, while only 15 per cent rated their health as poor (AIHW 2014).

In a country characterised by wide open spaces and a vast coast line, it is no wonder Australians have a love of sport, high rates of leisure participation and many recreational opportunities. Many adults have work conditions that are favourable for occupational–leisure balance, with generous full-time work conditions: more than ten public holidays and recreational leave of four weeks for full-time workers. Two-thirds of Australians participate in physical recreation and sport (ABS 2015c). Australians engage in leisure at reasonably high rates with time-use studies indicating that men participate in leisure more frequently than women and men have more free time than women (ABS 2006). Yet, in 2014–15, when surveyed about activity participation in the past week, just over half of the population had participated in sufficient physical activity to meet Australian Heart Foundation guidelines, i.e. less than half of Australian adults are active enough (Australian Government Department of Health 2015). It is important to acknowledge that families develop a health culture in relation to physical activity, food and exercise. Poverty or financial strain are associated with a family health culture, and therefore while children will benefit from a healthy family culture, they are also vulnerable to impoverished living conditions (Buddelmeyer & Lixin 2009). Although Australians are living in a plentiful country with good quality fresh foods and in a culture that values time away from work and time engaged in sport and recreation, there may be a disparity with the necessary levels of participation needed to achieve optimum health.

Australians in general experience similar exposure to lifestyle determinants for ill health as people in other developed countries. As many as 30 per cent of Australian deaths are caused by modifiable risk factors that determine health: tobacco smoking, dietary behaviour, physical activity, alcohol consumption, sexual behaviours and vaccination behaviours (AIHW 2011a). Smoking rates sit at 15 per cent and are higher in regional and remote Australia. Sixty-four per cent of Australian adults and 27 per cent of children are overweight or obese (AIHW 2014). Only 50 per cent of Australians meet the daily requirement for serves of fruit and only 7 per cent meet the guidelines for serves of vegetables (AIHW 2014). Occupational therapists are wholly concerned with participation in occupations, lifestyle and health. Therefore we need to know about current lifestyle habits and health sequelae. The next section discusses the major long-term health conditions in Australia and some prevalent disabilities.

The National Health Survey of 2014–15 (ABS 2016b) identified the following prevalent conditions (percentage prevalence in the Australian community in brackets):

- mental health and behavioural conditions (more than 15 per cent)
- arthritis (15 per cent)
- asthma (11 per cent)
- hypertension (11 per cent)
- high cholesterol (7 per cent)
- heart disease (5 per cent); and
- diabetes mellitus type 2 (DMT2) (5 per cent).

In 2014–15 there were 4 million Australians (17.5 per cent) who reported having a mental health condition and the majority also reported co-existing long-term physical health conditions. Conditions included DMT2, Chronic Obstructive Pulmonary Disease and osteoporosis, as well as being overweight or obese (AIHW 2011a; 2014; 2015). One in four Australian children and teenagers will experience a mental health condition (AIHW 2011b). Mental health is a primary area of practice for occupational therapists and the need for health workers is expected to grow (AIHW 2011c; 2014). The history of the profession finds its roots in the mental health of people living in asylums over a century ago. The methods and context of delivery of services has changed dramatically, moving from segregated institutions to community based practice. However, the needs of the community remain strong—mental health is a major health concern in Australia.

While primary medical conditions such as those listed are of concern to occupational therapists, the potential secondary complications of these conditions almost always require contact with an occupational therapist. When people with one or more of these medical conditions experience hospitalisation within a

10 THE AUSTRALIAN CONTEXT

rehabilitation setting, they are very likely to receive the services of an occupational therapist. For example, cerebrovascular accidents (CVA) are a potential sequelae following hypertension and high cholesterol. Each year around 52,000 people have a CVA or stroke with about 440,000 Australians currently living following a CVA (National Stroke Foundation 2014). There are many other groups of people within the estimated 4 million Australians who have a disability, 9 per cent of whom are children (Australian Government Productivity Commission 2011). People with disabilities are known to be a vulnerable group with regard to physical and mental health outcomes (AIHW 2011c). The National Disability Insurance Scheme has been set up and aims to provide service to hundreds of thousands of Australians with disability. Further, there are over 2.5 million unpaid family carers in Australia, and carers frequently experience their own physical, mental health and occupation needs (Australian Government 2010). The National Carer strategy is a federal government initiative set up to address the needs of carers, and the Carer Gateway provides a publicly available navigation portal for carers to find services such as occupational therapists (see <http://www.carergateway.gov.au/>).

Further, other groups of Australians have been identified as being more vulnerable to poor health outcomes than other Australians: Indigenous people are generally less healthy and have lower life expectancy; rural and remote residents have poorer health and access to services; people with a type of disability have poorer health outcomes; prisoners are known to have higher rates of disability and mental health issues; similar challenges have been reported for refugees and socio-economically disadvantaged Australians (AIHW 2011a; 2015). Although such groups report better health, they are also likely to be higher users of health services and therefore occupational therapists are likely to provide services to people from these groups as well. Identifying vulnerable groups enables the occupational therapy profession to target and tailor services to the needs of communities.

3. PRACTICE IN AUSTRALIA: WHO ARE WE AS A PROFESSION?

Occupational therapy in Australia has evolved from being a nursing specialty known as occupation treatments in the 1920s (see Chapter 3) to being the diverse, registered (see Chapter 11), carefully governed (see Chapter 4), research-focused and evidence-based profession it is today (see Chapters 12 and 13). Occupational therapy became a registered profession nationwide in 2012.

In line with the distribution of Australia's population in the states and territories described above, there are over 18,000 practising registered occupational therapists working across the country: 28 per cent in New South Wales; 25 per cent in Victoria; 19 per cent in Queensland; 14 per cent in Western Australia; 8 per cent in South Australia; 2 per cent in the Australian Capital Territory; 2 per cent in Tasmania; and 1 per cent in the Northern Territory (Occupational Therapy Board of Australia 2016).

Further, 50 per cent of registered occupational therapists were under the age of 35 years and 91.5 per cent were female. The following were the most common areas of practice for professionals (percentage distribution in practice area): 20 per cent in rehabilitation; 17 per cent in paediatrics; 16 per cent in aged care; and 12 per cent in mental health (AIHW, 2013).

The job market for occupational therapists follows population needs and Australia's areas of need are clear. We already see emerging occupation-based practice areas to address newer practice areas related to refugee health and wellbeing, carer health, mental health and vulnerable populations (see Chapter 21). Occupational therapy students increasingly complete project fieldwork placements and fieldwork in non-traditional or emerging practice areas. These experiences create awareness of current needs and build creativity, thus equipping incoming occupational therapy professionals to respond to the ever-changing needs of the Australian population.

CONCLUSION

This book provides a detailed view of occupational therapy in Australia. As editors we aim to inspire, inform and encourage readers to embrace the complexities of the profession and commit to further growth so that all Australians, whether residing in major cities, regional or remote areas, will have access to occupational therapy services when they need it. We believe that occupational therapy is a profession with a strong track record of providing innovative and evidence-based practice. Embedded within our professional identity is a nascent potential to continue to expand on areas of practice aimed at being responsive to the needs of the Australian population and thereby improving people's lives.



SUMMARY

- This book is a comprehensive text with three well-defined parts containing representational chapters.
- Australia has unique geography, population characteristics and distribution, and occupational therapy practitioners are well placed to serve the country.
- The Australian population is growing, has an ageing element and many individuals with health conditions and disabilities who may select occupational therapy services across their lifespan.
- There are many sub-populations and areas of practice for occupational therapists to specialise in and provide evidence of informed and responsive service now and as Australia progresses into the future.



REVIEW QUESTIONS

1. How large is Australia's population and describe the terms: working-age population, third generation Australian and most populous states in relation to the current population trends?
2. What are the most prevalent health conditions in Australia and which sub-populations are at higher risk?
3. What is the most common health condition in Australia and what proportion of Australians seek health related services?
4. How many occupational therapists practise in Australia and what are the three most common areas of practice?

REFERENCES

- Australian Bureau of Statistics (ABS) 2006, *Time Use on Recreation and Leisure Activities, 2006*, Cat. no. 4173.0, ABS, Canberra, ACT.
- 2012a, *Australian Social Trends Data Cube—Family and Community*, Cat. no. 4102.0, ABS, Canberra, ACT.
- 2012b, *Australian Social Trends Data Cube—Work*, Cat. no. 4102.0, ABS, Canberra, ACT.
- 2012c, *Australian Social Trends, April 2013*, Cat. no. 4102.0, ABS, Canberra, ACT.
- 2013a, *The Average Australian*, Cat. no. 2071.0, ABS, Canberra, ACT.
- 2013b, *Cultural Diversity in Australia—Reflecting a Nation: Stories from the 2011 Census, 2012–2013*, Cat. no. 2071.0, ABS, Canberra, ACT.
- 2013c, *Estimates of Aboriginal and Torres Strait Islander Australians, June 2011*, Cat no. 3238.0.55.001, ABS, Canberra, ACT.
- 2015a, *Australian Demographic Statistics, June 2015*, Cat. no. 3101.0, ABS, Canberra, ACT, viewed 6 April 2016, <<http://www.abs.gov.au/ausstats/abs@.nsf/0/1647509ef7e25faaca2568a900154b63?OpenDocument>>
- 2015b, *Migration, Australia, 2014–15*, Cat. no. 3412.0, ABS, Canberra, ACT.
- 2015c, *Participation in Sport and Physical Recreation, Australia, 2013–14*, Cat. no. 4177.0, ABS, Canberra, ACT.
- 2016a, *Labour Force Commentary, February 2016*, Cat. no. 6202.0, ABS, Canberra, ACT.
- 2016b, *National Health Survey: First Results 2014–15*, Cat. no. 4364.0.55.001, ABS, Canberra, ACT.
- Australian Government 2010, National Carer Strategy, viewed 6 April 2016, <http://www.dss.gov.au/sites/default/files/documents/10_2012/ncs_action_plan.pdf>
- Australian Government Department of Health 2015, *Australia's Physical Activity and Sedentary Behaviour Guidelines*, viewed 6 April 2016, <<http://www.health.gov.au/>>

- internet/main/publishing.nsf/Content/health-pubhlth-strateg-phys-act-guidelines/\$File/FS-Adults-18-64-Years.PDF>
- Australian Government Productivity Commission 2011, *Disability Care and Support. Report no. 54: Final inquiry report*, viewed 6 April 2016, <<http://www.pc.gov.au/inquiries/completed/disability-support/report>>
- Australian Institute of Health and Welfare (AIHW) 2011a, *Australia's Health 2010*, 'Determinants: Keys to prevention', AIHW, Canberra, ACT.
- 2011b, *Young Australians: Their health and wellbeing 2011*, Cat. no. PHE140, AIHW, Canberra, ACT.
- 2011c, *The Use of Health Services Among Australians with Disability*, Cat. no. AUS 140, AIHW, Canberra, ACT.
- 2013, *Allied Health Workforce 2012*, viewed 6 April 2016, <<http://www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=60129544590>>
- 2014, *Australia's Health 2014. Australia's Health Series no. 14*, Cat. no. AUS 178, AIHW, Canberra, ACT.
- 2015, *Australia's Welfare 2015—In Brief. Australia's Welfare no. 12*, AIHW, Canberra, ACT.
- Buddelmeyer, H. & Lixin, C. 2009, 'Interrelated dynamics of health and poverty in Australia', *The Household Income Labour Dynamics in Australia (HILDA) Survey Research Conference 2009*, Melbourne, Vic., 16–17 July 2009.
- de Vaus, D. & Qu, L. 2015, *The Nature of Living Alone in Australia (Australian Family Trends No. 9)*, Australian Institute of Family Studies, Melbourne, Vic.
- National Stroke Foundation 2014, *Stroke in Australia: No postcode untouched*, National Stroke Foundation, Melbourne.
- Occupational Therapy Board of Australia 2016, *Occupational Therapy Registrant Data*, viewed 24 July 2016, <<http://www.occupationaltherapyboard.gov.au/About/Statistics.aspx>>
- World Federation of Occupational Therapists (WFOT) 2012, *WFOT Statement of Occupational Therapy*, viewed 16 May 2016, <<http://www.wfot.org/Portals/0/PDF/STATEMENT%20ON%20OCCUPATIONAL%20THERAPY%20300811.pdf>>

An introduction to occupational therapy in an Australian context

Australian Bureau of Statistics (ABS) 2006, Time Use on Recreation and Leisure Activities, 2006, Cat. no. 4173.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2012a, Australian Social Trends Data CubeFamily and Community, Cat. no. 4102.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2012b, Australian Social Trends Data CubeWork, Cat. no. 4102.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2012c, Australian Social Trends, April 2013, Cat. no. 4102.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2013a, The Average Australian, Cat. no. 2071.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2013b, Cultural Diversity in AustraliaReflecting a Nation: Stories from the 2011 Census, 20122013, Cat. no. 2071.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2013c, Estimates of Aboriginal and Torres Strait Islander Australians, June 2011, Cat no. 3238.0.55.001, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2015a, Australian Demographic Statistics, June 2015, Cat. no. 3101.0, ABS, Canberra, ACT, viewed 6 April 2016, <<http://www.abs.gov.au/ausstats/abs@.nsf/0/1647509ef7e25faaca2568a900154b63?OpenDocument>>

Australian Bureau of Statistics (ABS) 2015b, Migration, Australia, 201415, Cat. no. 3412.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2015c, Participation in Sport and Physical Recreation, Australia, 201314, Cat. no. 4177.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2016a, Labour Force Commentary, February 2016, Cat. no. 6202.0, ABS, Canberra, ACT.

Australian Bureau of Statistics (ABS) 2016b, National Health Survey: First Results 201415, Cat. no. 4364.0.55.001, ABS, Canberra, ACT.

Australian Government 2010, National Carer Strategy, viewed 6 April 2016, <http://www.dss.gov.au/sites/default/files/documents/10_2012/ncs_action_plan.pdf>

Australian Government Department of Health 2015, Australias Physical Activity and Sedentary Behaviour Guidelines, viewed 6 April 2016 13, <[http://www.health.gov.au/internet/main/publishing.nsf/Content/health-pubhlth-strateg-phys-act-guidelines/\\$File/FS-Adults-18-64-Years.PDF](http://www.health.gov.au/internet/main/publishing.nsf/Content/health-pubhlth-strateg-phys-act-guidelines/$File/FS-Adults-18-64-Years.PDF)>

Australian Government Productivity Commission 2011, Disability Care and Support. Report no. 54: Final inquiry report, viewed 6 April 2016, <<http://www.pc.gov.au/inquiries/completed/disability-support/report>>

Australian Institute of Health and Welfare (AIHW) 2011a, Australias Health 2010, Determinants: Keys to prevention, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2011b, Young Australians: Their health and wellbeing 2011, Cat. no. PHE140, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2011c, The Use of Health Services Among Australians with Disability, Cat. no. AUS 140, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2013, Allied Health Workforce 2012, viewed 6 April 2016, <<http://www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=60129544590>>

Australian Institute of Health and Welfare (AIHW) 2014, Australias Health 2014. Australias Health Series no. 14, Cat. no. AUS 178, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2015, Australias Welfare 2015In Brief. Australias Welfare no. 12, AIHW, Canberra, ACT.

Buddelmeyer, H. & Lixin, C. 2009, Interrelated dynamics of health and poverty in Australia, The Household Income Labour Dynamics in Australia (HILDA) Survey Research Conference 2009, Melbourne, Vic., 1617 July 2009.

de Vaus, D. & Qu, L. 2015, The Nature of Living Alone in Australia (Australian Family Trends No. 9), Australian Institute of Family Studies, Melbourne, Vic.

National Stroke Foundation 2014, Stroke in Australia: No postcode untouched, National Stroke Foundation, Melbourne.

Occupational Therapy Board of Australia 2016, Occupational Therapy Registrant Data, viewed 24 July 2016, <<http://www.occupationaltherapyboard.gov.au/About/Statistics.aspx>>

World Federation of Occupational Therapists (WFOT) 2012, WFOT Statement of Occupational Therapy, viewed 16 May 2016, <<http://www.wfot.org/Portals/0/PDF/STATEMENT%20ON%20OCCUPATIONAL%20THERAPY%20300811.pdf>>

An overview of the Australian health care system

Australian Institute of Health and Welfare (AIHW) 2010, *Australias Hospitals at a Glance 2009* 2010, viewed 17 March 2015, <<http://www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=10737421723>>

Australian Institute of Health and Welfare (AIHW) 2011, *Key Indicators of Progress for Chronic Disease and Associated Determinants: Data report*, Cat. no. PHE 142, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2013, *Allied Health Workforce 2012*, National Health Workforce Series no. 5, Cat. no. HWL 51, AIHW, Canberra, ACT, viewed 24 July 2016, <<http://www.aihw.gov.au/publication-detail?id=60129544591>>

Australian Institute of Health and Welfare (AIHW) 2014a, *Australias Health 2014*, *Australias Health Series* no 14, Cat. no. AUS 178, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2014b, *Health Expenditure Australia 2012* 2013, *Health and Welfare Expenditure Series* no. 52, Cat. no. HWE 61, AIHW, Canberra, ACT.

Australian Tax Office 2014, *Medicare Levy Surcharge*, viewed 17 March 2015, <<https://www.ato.gov.au/Individuals/Medicare-levy/Medicare-levy-surcharge/>>

Department of Health 2014, *Frequently Asked Questions on the Establishment of Primary Health Networks*, viewed 17 March 2015, <<http://www.health.gov.au/internet/main/publishing.nsf/Content/phn-faq>>

Duckett, S. & Wilcox, S. 2011, *The Australian Health Care System*, Oxford University Press, Melbourne, Vic.

Garling, P. 2008, *Final Report of the Special Commission of Inquiry. Acute Care Services in NSW Public Hospitals*, NSW Government, Sydney, NSW.

Glover, J. , Tennant, S. & Duckett, S. 2009, *The geographic distribution of private health insurance in Australia in 2001*, *Australia and New Zealand Health Policy*, vol. 6, no. 19. doi: 10.1186/1743-8462-6-19

26 Keleher, H. 2009, *Primary health care system*, In E. Willis (eds), *Understanding the Australian Health Care System*, Elsevier, Sydney, NSW.

Occupational Therapy Board of Australia 2016, *Occupational Therapy Registrant Data*, viewed 24 July 2016, <<http://www.occupationaltherapyboard.gov.au/About/Statistics.aspx>>

OECD 2013, *Health at a Glance 2013 OECD Indicators. Health at a Glance 2013*, viewed 29 July 2015, <<http://www.oecd.org/els/health-systems/Health-at-a-Glance-2013.pdf>>

OECD , *OECD Health Data: Statistics and indicators for 30 countries*, viewed 17 March 2015, <<http://www.compareyourcountry.org/health?cr=oecd&lg=en>>

National Health and Hospitals Reform Commission 2009, *A Healthier Future for all Australians, Final Report*, viewed 17 March 2015, <<http://www.health.gov.au/internet/nhhrc/publishing.nsf/Content/nhhrc-report>>

Palmer, G. & Short, S. 2010, *Health Care and Public Policy: An Australian analysis*, Palgrave Macmillan, Melbourne, Vic.

Private Health Care Australia 2014, *Private Health Care Insurance*, viewed 17 March 2015, <<http://www.privatehealthcareaustralia.org.au/have-you-got-private-healthcare/why-private-health-insurance/>>

Standing Council on Health 2014, *National Primary Health Care Strategic Framework*, Commonwealth of Australia, Canberra, ACT.

Swerissen, H. & Duckett, S. 1997, *Health policy and financing*, In H. Gardner (ed), *Health Policy in Australia*, Oxford University Press, Oxford, UK.

Willis, E. 2009, *The Australian health care system*, In E. Willis , L. Reynolds & H. Keleher (eds), *Understanding the Australian Health Care System*, Elsevier, Sydney, NSW.

History of Australian occupational therapy

Aboriginal and Torres Strait Social Justice Commissioner 2005, *Social Justice Report 3*, Australian Government, Canberra, ACT.

Aristotle 1911, *The Nicomachean Ethics of Aristotle*, Introduction by JA Smith & translated by DP Chase , Dent & Sons, London, UK Reprint 2013, *Forgotten Books*, viewed 7 March 2016, <<http://www.forgottenbooks.com/>>

Australian Government Department of Foreign Affairs and Trade 2016, *International Relations*, viewed 7 March 2016, <<http://dfat.gov.au/international-relations/Pages/international-relations.aspx>>

Australian Human Rights Commission 2008, *Close the Gap Indigenous Health Campaign*, Australian Government, Canberra, ACT.

Ballyn, S. 2011, *The British Invasion of Australia: Convicts Exile and dislocation*, In M. Renes (ed), *Lives in Migration: Rupture and continuity; Essays on migration*, Universitat de Barcelona, Barcelona, Spain, Observatori Centre d'Estudis Australians, viewed 7 March 2016, <<http://www.ub.edu/dpfilsa/ebook1contents.html>>

Barton, G.E. 1919, *Teaching the Sick: A manual of occupational therapy and re-education*, WB Saunders Co, Philadelphia, PA. Digitised by Harvard University 2007.

Beaurup, C. 1996, *Occupational Therapists in Wartime*, Australian Association of Occupational Therapists, Adelaide, South Australia.

Beaumont, J. 2001, Australian Defence: Sources and statistics, in *The Australian Centenary History of Defence*, vol. VI, Oxford University Press, Melbourne, Vic.

Bell, J. & Anderson, B. 1988, *Occupational Therapy: Its place in Australia's history*, Australian Association of Occupational Therapists, Melbourne, Vic.

Bewley, T. 2008, Madness to Mental Illness: A history of the Royal College of Psychiatrists, Online archive 1, William Tuke (17321822), RCPsych Publications, London, UK, viewed 7 March 2016, <<http://www.rcpsych.ac.uk/publicationsm>>

Bolton, G.C. 1990, 19421988: The middle way, in *The Oxford History of Australia*, vol. 5, Oxford University Press, Melbourne, Vic.

45 Brians, P. 2000, The Enlightenment, Washington State University, viewed 7 March 2016, <http://public.wsu.edu/~brians/hum_303/enlightenment.html>

Burnham, J.C. 1998, How the idea of profession changed the writing of medical history, *Medical History*, Supplement Imprint no. 18, pp. 1195.

Cameron, B.S. 1977, *The Work of Our Hands: A history of the Occupational Therapy School of Victoria*, Lincoln Institute, Author Published, Melbourne, Vic.

Coleborne, C. & MacKinnon, D. 2003, *Madness in Australia: Histories, heritage and the asylum*, University of Queensland Press, Brisbane, Qld.

Crowley-Cyr, L. 2005, The incarceration archipelago of lunacy reform enterprises: An epochal overview, *James Cook University Law Review*, vol. 3, no. 12, pp. 3364, viewed 7 March 2016, <<http://www.austlii.edu.au/au/journals/JCULawRw/2005/3.html>>

Cummins, C.J. 2003, The Administration of Mental Health: A history of medical administration in NSW 17881973, NSW Health, Sydney, NSW, viewed 7 March 2016, <<http://www.health.nsw.gov.au/aboutus/history/medadm.asp>>

Cusick, A. 2001, OZ OT EBP 21C: Australian occupational therapy, evidence-based practice and the 21st century, *Australian Occupational Therapy Journal*, vol. 48, no. 3, pp. 102117.

Davidson, G. 2003, *The Oxford Companion to Australian History*, Oxford University Press, Melbourne, Vic.

Docker, S. 1959, Development of occupational therapy in Australia, *Australian Journal of Occupational Therapy*, vol. 6, no. 3, pp. 28.

Dunton, W.R. 1918, *Occupational Therapy: A manual for nurses*, WB Saunders Co., Philadelphia, PA, Classic Reprint Series Forgotten Books 2013, viewed 7 March 2016, <<http://www.forgottenbooks.com/>>

Dunton, W.R. 1919, *Reconstruction Therapy*, WB Saunders Co., Philadelphia, PA, Classic Reprint Series Forgotten Books 2013, viewed 7 March 2016, <<http://www.forgottenbooks.com/>>

Finnane, M. 1997, *Punishment in Australian Society*, Oxford University Press, Melbourne, Vic.

Foxhall, K. 2011, From convicts to colonists: The health of prisoners and the voyage to Australia, 18231853, *Journal of Imperial and Commonwealth History*, vol. 39, no. 1, pp. 119.

Galligan, B. 2001, *Australians and Globalisation: The experience of two centuries*, Cambridge University Press, Cambridge, UK.

Ganesharajah, C. 2009, *Indigenous Health and Wellbeing: The importance of country*, Native Title Research Report, Australian Institute of Aboriginal and Torres Strait Islander Studies, Canberra, ACT, viewed 7 March 2016, <<http://www.aiatsis.gov.au/research/research-themes>>

Garton, S. 1988, *Medicine and Madness: A social history of insanity in New South Wales 18801940*, UNSW Press, Sydney, NSW.

46 Gavin, L. 1997, *American Women in World War I: They also served*, University Press of Colorado, Boulder, CO.

Goggin, G. & Newell, C. 2005, *Disability in Australia: Exposing a social apartheid*, UNSW Press, Sydney, NSW.

Hitchcock, T. 2012, *London Lives, 16901800, Prisons and Lockups*, Version 1.1, 24 April 2012, viewed 7 March 2016, <<http://www.londonlives.org/static/Prisons.jsp>>

Howard, J. 1777, *The State of the Prisons in England and Wales With Preliminary Observations, and an Account of Some Foreign Prisons*, Classic Reprint Series, Forgotten Books, viewed 7 March 2016, <<http://www.forgottenbooks.com/>>

Howland, G. 1933, doi: 10.1177/000841743300100101. *Canadian Journal of Occupational Therapy*, September 1933, vol. 1, no. 1, p. 4.

Kirkengen, A.L. 2015, Medicines perception of reality a split picture: Critical reflections on apparent anomalies within the biomedical theory of science, *Journal of Evaluation in Clinical Practice* (early online), viewed 7 March 2016, <<http://onlinelibrary.wiley.com/doi/10.1111/jep.12369/abstract>>

Knott, J. 2016, *Australia's Prime Ministers: Robert Menzies In office*, Australian government, National Archives of Australia, viewed 7 March 2016, <<http://primeministers.naa.gov.au/primeministers/menzies/>>

Lamb, S.D. 2014, *The Pathologist of the Mind: Adolf Meyer and the origins of American psychiatry*, John Hopkins University Press, Baltimore, MD.

Lewis, M.J. 2014, *Medicine in colonial Australia 17881900*, *Medical Journal of Australia*, vol. 201, no. 1, pp. S5S10.

Lowe, J.F. 1992, The reconstruction aides, *American Journal of Occupational Therapy*, vol. 46, no. 1, pp. 3843.

Macintyre, S.F. 2015, *Australia's Boldest Experiment: War and reconstruction in the 1940s*, University of New South Wales Press, Sydney, NSW.

McDaniel, M.L. 1968, *Professional Activities and Problems 1947-1961*, Occupational Therapy Educational and Training Programs, Part IV, United States Army.

Metaxas, V.A. 2000, Eleanor Clarke Slagle and Susan E. Tracy: Personal and professional identity and the development of occupational therapy in progressive era America, *Nursing History Review*, vol. 8, pp. 3970.

Meyer, A. 1922, The philosophy of occupation therapy, *Archives of Occupational Therapy*, vol 1, pp. 110.

Millsteed, J. 2002, *Australia in World Federation of Occupational Therapists Jubilee Book*, World Federation of Occupational Therapists, Stockholm, Sweden.

Monk, L.A. 2008, *Attending Madness at Work in the Australian Colonial Asylum*, Rodopi, Amsterdam, Holland.

Neuhaus, S.J. & Mascall-Dare, S. 2014, *Between and between: Allied health care and the struggle for recognition*, In S.J. Neuhaus & S. Mascall-Dare, *Not for Glory: A century of service by medical women to the Australian Army and its Allies*, Boolarong Press, Moorooka, Qld.

47 Noonan, D. 2014, *Those We Forget: Recounting Australian casualties of the First World War*, Melbourne University Press, Melbourne, Vic.

Oppenheimer, M. 2005, Voluntary action and welfare in post-1945 Australia, *History Australia*, vol. 2, no. 3, Voluntary Action and Welfare Symposium pp. 82-182.16.

Oppenheimer, M. 2007, *Volunteering: The Australian Experience* the Margaret George Award Paper, National Archives of Australia, Australian Government, Canberra, ACT, viewed 7 March 2016, <http://www.naa.gov.au/Images/oppenheimer-paper-2007_tcm16-35843.pdf>

OToole, S. 2006, *The History of Australian Corrections*, UNSW Press, Sydney, NSW.

Pines, S.E.L. (1884-1968), *The Encyclopaedia of Women and Leadership in 20th Century Australia*, viewed 7 March 2016, <<http://www.womenaustralia.info/leaders/biogs/WLE0736b.htm>>

Read, R. 2005, *Embracing the Past: History of occupational therapy in Queensland 1955-2005*, viewed 7 March 2016, <<https://www.otaus.com.au/divisions/qld-ot-history>>

Reed, K.L. & Sanderson, S.N. 1999, *Concepts of Occupational Therapy*, Lippincott Williams & Wilkins, Philadelphia, PA.

Royal Commission on Asylums for the Insane and Inebriate (RCAI&I), Victoria 1886, *Report of the Royal Commission, Minutes of Evidence*, Victorian Parliamentary Papers, vol. 2, Q.5541, p. 224.

Royal Commission of Inquiry into the Callan Park Mental Hospital, 1961, *Report of the Hon. Mr. Justice McClellens* Royal Commissioner appointed to inquire into certain matters affecting Callan Park Mental Hospital, Sydney, NSW.

Schemm, R.L. 1994, Bridging conflicting ideologies: The origins of American and British occupational therapy, *American Journal of Occupational Therapy*, vol. 48, no. 11, pp. 1082-1088.

Sim, G.E. 1967, Sylvia Docker Lecture: Occupational therapy in Australia, the formative years, *Australian Occupational Therapy Journal*, vol. 14, no. 1, pp. 294-4.

Smyth, P. & Cass, B. 1998, *Contesting the Australian Way: States, markets and civil society*, Cambridge University Press, Cambridge, UK.

Stohr, M.K. & Walsh, A. 2016, *Corrections: The essentials*, SAGE Publications, Thousand Oaks, CA.

The Sunday Herald, 15 May 1949, p. 6.

Tracy, S.E. 1910, *Studies in Invalid Occupations: A manual for nurses and attendants*, Whitcomb and Barrows, Boston MA. Reprint 2013, Forgotten Books, viewed 7 March 2016, <<http://www.forgottenbooks.com/>>

UNESCO, *The Convict Records of Australia*, Ref 2006-24, *Memory of the World Register*, viewed 24 July 2016, <<http://www.unesco.org/new/en/communication-and-information/memory-of-the-world/register/full-list-of-registered-heritage/registered-heritage-page-8/the-convict-records-of-australia/>>48

United Nations Declaration on the Rights of Indigenous Peoples, General Assembly Resolution 61/295, 13 December 2007.

Vogel, E. 1968, *Office of the Surgeon General, Department of the Army 1974, Medical Training in World War II: Dietitians, physical and occupational therapists*, United States Army Medical Department Training in World War II, viewed 7 March 2016, <http://www.history.amedd.army.mil/corps/medical_spec/chaptervi.html#c>

Walker, A.S. 1961, *Medical Services of the Royal Australian Navy and Royal Australian Air Force with a section on women in the Army Medical Services*, Australia in the War of 1939-1945, Series 5 Medical, Australian War Memorial, Canberra, ACT.

Weiner, D.B. 1992, Philippe Pinels *Memoir on Madness of December 11, 1794: A fundamental text of modern psychiatry*, *American Journal of Psychiatry*, vol. 149, no. 6, pp. 725-732.

West, W. 1968, *Professional Services of Occupational Therapists, World War II*, History of the United States Army Medical Specialties Corps, viewed 7 March 2016, <http://www.history.amedd.army.mil/corps/medical_spec/chapterix.html>

Westmore, A. 2012, *Occupational Therapy & Art Therapy in Victorian Mental Health Institutions*, in Museum Victoria Collections, viewed 7 March 2016, <<http://www.collections.museumvictoria.com.au/articles/11540>>

Westmore, A. & Monk, L. 2012, *Confinement & Seclusion in Victorian Mental Health Institutions*, in Museum Victoria Collections, viewed 7 March 2016, <<http://www.collections.museumvictoria.com.au/articles/11532>>

Witton, V. 2015, *Rachel Forster Hospital*, Dictionary of Sydney, viewed 7 March 2016, <http://dictionaryofsydney.org/entry/rachel_forster_hospital>

World Health Organization (2001) ICF, International Classification of Functioning, Disability and Health, World Health Organization, Geneva, Switzerland, viewed on 24 July 2016, <http://psychiatr.ru/download/1313?view=name=CF_18.pdf>

Wright, F.L. 1933, Craft work: The Philadelphia School of Occupational Therapy, Canadian Journal of Occupational Therapy, September, vol. 1, pp. 2427.

Wyndham, D. 2003, Eugenics in Australia: Striving for national fitness, Galton Institute, London, UK.

The role of occupational therapy professional associations and regulatory bodies in Australia

Anderson, B. & Bell, J. 1988, Occupational Therapy: Its place in Australias history, NSW Association of Occupational Therapists, Sydney, NSW.

Andrews, H. 2013, Strengthening the organisational capacity of health professional associations: The FIGO LOGIC Toolkit, International Journal of Gynaecology and Obstetrics, vol. 122, no. 3, pp. 190191.

Australian Health Practitioner Regulation Agency 2012, Accreditation Authorities, viewed 1 August 2015, <<http://www.ahpra.gov.au/Education/Accreditation-Authorities.aspx#authorities>>

Ernstthal, H. 2001, Principles of Association Management, 4th edn, American Society of Association Executives, Washington DC.

Freedman, S. 2009, Effective mentoring, International Federation of Library Associations Journal, vol. 35, no. 2, pp. 171182.

Friedman, A. & Phillips, M. 2002, The role of mentoring in the CPD programs of professional associations, International Journal of Lifelong Education, vol. 21, no. 3, pp. 269284.

Karseth, B. & Nerland, M. 2007, Building professionalism in a knowledge society: Examining discourses of knowledge in four professional associations, Journal of Education and Work, vol. 20, no. 4, pp. 335355.

Matthews, J.H. 2012, Role of professional organisations in advocating for the nursing profession, Online Journal of Issues in Nursing, vol. 17, no. 1, Manuscript 3, viewed 20 July 2015, <<http://www.nursingworld.org>>

Phillips, B.N. & Leahy, M.J. 2012, Predication of membership in rehabilitation counselling professional associations, Rehabilitation Counselling Bulletin, vol. 55, no. 4, pp. 207218.

Ritchie, A. & Genoni, P. 1999, Mentoring in professional associations: Continuing professional development for librarians, Health Libraries Review, vol. 16, no. 4, pp. 216225.

Rusaw, C. 1995, Learning by association: Professional associations as learning agents, Human Resource Development Quarterly, vol. 6, no. 2, pp. 215226.

Shaw, D. 2014, Advocacy: The role of health professional associations, International Journal of Gynaecology and Obstetrics, vol. 127, Supplement 1, pp. S43S48, 61viewed 20 July 2015, <<http://www.sciencedirect.com/science/article/pii/S0020729214004251>>

Zabel, D. 2008, The mentoring role of professional associations, Journal of Business & Finance Librarianship, vol. 13, no. 3, pp. 349361.

The scope of practice of occupational therapists in Australia: Roles, responsibilities and relationships

Broome, K. & Gillen, A. 2014, Implications of occupational therapy job advertisement trends for occupational therapy education, British Journal of Occupational Therapy, vol. 77, no. 11, pp. 574581.

Craik, J. 2007, Introducing the Canadian Practice Process Framework (CPPF): Amplifying the context, In E.A. Townsend & H.J. Polatajko (eds), Enabling Occupation II: Advancing an occupational therapy vision for health, well-being, and justice through occupations, CAOT Publications ACE, Ottawa, ON.

Occupational Therapy Australia (OTA) 2015a, Occupational Therapy Scope of Practice Framework, Occupational Therapy Australia, Melbourne, Vic.

Occupational Therapy Australia (OTA) 2015b, Occupational Therapy Scope of Practice: What, where, how and why?, Occupational Therapy Australia, Melbourne, Victoria.

Polatajko, H.J. & Mandich, A. 2004, Enabling Occupation in children: The Cognitive Orientation to daily Occupational Performance (CO-OP) approach, CAOT Publications ACE, Ottawa, ON.

Townsend, E.A. & Polatajko, H.J. 2007, Enabling Occupation II: Advancing an occupational therapy vision for health, well-being, and justice through occupations, CAOT Publications ACE, Ottawa, ON.

Values and philosophy of occupational therapy

- Anderson, B. & Bell, J. 1988, Occupational Therapy: Its place in Australia's history, NSW Association of Occupational Therapists, Melbourne.
- Christiansen, C. & Townsend, E. 2010, Introduction to Occupation: The art and science of living, 2nd edn, Prentice Hall, Upper Saddle River, NJ.
- Doherty, R. 2009, Ethical decision making in occupational therapy practice, In E. Crepeau (eds), Willard & Spackmans Occupational Therapy, 11th edn, Lippincott Williams & Wilkins, Philadelphia, PA.
- Galvaan, R. 2015, The contextually situated nature of occupational choice: Marginalised young adolescents experience in South Africa, Journal of Occupational Science, vol. 22, no. 1, pp. 3953.
- Kielhofner, G. 2009, Conceptual Foundations of Occupational Therapy Practice, 4th edn, F. A. Davis Company, Philadelphia, PA.
- 80 Meyer, A. 1922, The philosophy of occupation therapy, Archives of Occupational Therapy, vol. 1, no. 1, pp. 110.
- Molineux, M. 2010, The nature of occupation, In M. Curtin (eds), Occupational Therapy and Physical Dysfunction, Churchill Livingstone, London, UK.
- Occupational Therapy Australia, 2015, Code of Ethics, viewed 28 July 2015, <<http://www.otaus.com.au/about/code-of-ethics>>
- Reed, K. 2013, The meaning of occupation: A hermeneutic (re)view of historical understandings, Journal of Occupational Science, vol. 20, no. 3, pp. 253261.
- World Federation of Occupational Therapists (WFOT) 2011, Position statements, viewed 28 July 2015, <<http://www.wfot.org/aboutus/positionstatements.aspx>>.
- World Federation of Occupational Therapists (WFOT) 2013, Definitions of Occupational Therapy from Member Organisations, viewed 29 July 2015, <<http://www.wfot.org/ResourceCentre.aspx>>.
- Whiteford, G. 2007, The Koru unfurls: The emergence of diversity in occupational therapy thought and action, New Zealand Journal of Occupational Therapy, vol. 54, no. 1, pp. 2125.
- Whiteford, G. 2000, Reflections on a renaissance of occupation, Canadian Journal of Occupational Therapy, vol. 67, no. 1, pp. 6169.
- Wicks, A. 2012, The International Society for Occupational Science: Facilitating development of occupational science through international networks and intercultural dialogue, In C. Hocking & G. Whiteford (eds), Critical Perspectives in Occupational Science: Society, inclusion, participation, Wiley-Blackwell: Oxford, UK.
- Wilcock, A. 1999, The Doris Sym Memorial Lecture: Developing a philosophy of occupation for health, British Journal of Occupational Therapy, vol. 62, no. 5, pp. 192198.
- Wilcock, A. 2000, Development of a personal, professional and educational occupational philosophy: An Australian perspective, Occupational Therapy International, vol. 7, no. 2, pp. 7686.
- Wilcock, A. & Hocking, C. 2015, An Occupational Perspective of Health, 3rd edn, SLACK Incorporated, Thorofare, NJ.
- Work Health Safety Matters Pty Ltd (WHSM) 2015, St Leonards, NSW, viewed 19 November 2015, <<http://www.whsm.com.au/aboutus.aspx>>
- Yerxa, E.J. 1990, An introduction to occupational science: A foundation for occupational therapy in the 21st century, Occupational Therapy in Health Care, vol. 6, no. 4, pp. 117.

Ethical and legal responsibilities of occupational therapy practice

- Australian Health Practitioners Regulatory Agency (APHRA) 2014a, Code of Conduct, Melbourne, Victoria.
- Australian Health Practitioners Regulatory Agency (APHRA) 2014b, Guidelines for Mandatory Notifications, Melbourne, Vic.
- Australian Health Practitioners Regulatory Agency (APHRA) 2014c, Registration, Melbourne, Vic.
- Beauchamp, T.L. & Childress, J.F. 1994, Principles of Biomedical Ethics, 4th edn, Oxford University Press, New York, NY.
- Commonwealth of Australia 1982, Freedom of Information Act 1982, Commonwealth of Australia, Canberra, ACT.
- Commonwealth of Australia 1992, Disability Discrimination Act 1992, Commonwealth of Australia, Canberra, ACT.
- Freegard, H. 2012, Ethics in a nutshell, In H. Freegard & L. Isted (eds), Ethical Practice for Health Professionals, Cengage Learning, South Melbourne, Vic.

Health Practitioner Regulation National Law Act 2009 (Qld).

Kutchins, H. 1991, The fiduciary relationship: The legal basis for social workers responsibilities to clients, *Social Work*, vol. 36, no. 2, pp. 106113.

Lohman, H. & Brown, K. 1997, Ethical issues related to managed care: An in-depth discussion of an occupational therapy case study, *Occupational Therapy in Health Care*, vol. 10, no. 4, pp. 112.

Occupational Therapy Australia (OTA) 2001, Code of Ethics, OT Australia, Melbourne, Vic.

Occupational therapy in population health and health promotion

American Occupational Therapy Association 2011, AOTAs societal statement on health literacy, *American Journal of Occupational Therapy*, vol. 65, no. 6, pp. S78S79.

American Occupational Therapy Association 2014, Occupational therapy practice framework: Domain and process, 3rd edition, *American Journal of Occupational Therapy*, vol. 68, Supp. no. 1, pp. S148.

Association for Size Diversity and Health 2015, HAES Principles, viewed 4 April 2016, <<http://www.sizediversityandhealth.org>>

Australian Bureau of Statistics 2006, Health Literacy Australia, Cat. no. 4233.0, ABS, Canberra, ACT.

Australian Bureau of Statistics 2009, Health Literacy, viewed 4 April 2016,

<[http://www.ausstats.abs.gov.au/ausstats/subscriber.nsf/LookupAttach/4102.0Publication30.06.093/\\$File/4102.0_Healthliteracy.pdf](http://www.ausstats.abs.gov.au/ausstats/subscriber.nsf/LookupAttach/4102.0Publication30.06.093/$File/4102.0_Healthliteracy.pdf)>

104 Australian Commission on Safety and Quality in Health Care, 2014, Health Literacy: Taking action to improve safety and quality, ACSQHC, Sydney, NSW.

Australian Institute of Health and Welfare (AIHW) 2012, Risk Factors Contributing to Chronic Disease, Cat. no. PHE 157, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2015a, Australian Burden of Disease Study, viewed 4 April 2016, <<http://www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=60129555176>>

Australian Institute of Health and Welfare (AIHW) 2015b, National Health Priority Areas, viewed 4 April 2016, <http://www.aihw.gov.au/national-health-priority-areas/>

Australian Institute of Health and Welfare (AIHW) 2015c, The Health and Welfare of Australias Aboriginal and Torres Strait Islander Peoples, 2015, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare (AIHW) 2016, Priority Population Groups, viewed 4 April 2016, <<http://www.aihw.gov.au/priority-population-groups/>>

Canadian Association of Occupational Therapists 2013, CAOT Position Statement: Enabling health literacy in occupational therapy, viewed 4 April 2016, <http://www.caot.ca/pdfs/positionstate/PS_HealthLiteracy.pdf>

Chew, L. 2004, Brief questions to identify patients with inadequate health literacy, *Family Medicine*, vol. 36, no. 8, pp. 588594.

Costa, D.M. 2008, Facilitating health literacy, *OT Practice*, August 25, pp. 1318.

Davis, T. 1993, Rapid estimate of adult literacy in medicine: A shortened screening instrument, *Family Medicine*, vol. 25, no. 6, pp. 391395.

Department of Health, Victoria State Government 2013, Health Literacy: Enabling communication and participation in healthbackground paper, State of Victoria, Melbourne, Vic.

Egger, G. 2013, Health Promotion Strategies and Methods, McGraw-Hill Education, Sydney, NSW.

Germov, J. 2014, Imagining health problems as social issues, In J. Germov (ed), *Second Opinion: An introduction to health sociology*, Oxford University Press, South Melbourne, Vic.

Keleher, H. & MacDougall, C. 2016a, Concepts of health, In H. Keleher & C. MacDougall (eds), *Understanding Health*, Oxford University Press, South Melbourne, Vic.

Keleher, H. & MacDougall, C. 2016b, Determinants of health, In H. Keleher & C. MacDougall (eds), *Understanding Health*, Oxford University Press, South Melbourne, Vic.

Kindig, D.A. 2008, A population health framework for setting national and state health goals, *JAMA*, vol. 299, no. 17, pp. 20812083.

Kindig, D.A. & Stoddart, G. 2003, What is population health?, *American Journal of Public Health*, vol. 93, no. 3, pp. 380383.

Levasseur, M. & Carrier, A. 2012, Integrating health literacy into occupational therapy: Findings from a scoping review, *Scandinavian Journal of Occupational Therapy*, vol. 19, no. 4, pp. 305314. doi: 10.3109/11038128.2011.588724

105 Marmot, M. & Wilkinson, R. 2005, *Social Determinants of Health*, 2nd edn, Oxford University Press, Oxford, UK.

Moll, S.E. 2013, Promoting an occupational perspective in public health, *Canadian Journal of Occupational Therapy*, vol. 82, no. 2, pp. 111119.

North and West Metro Region Koolin Balit PCP Consortium Project n.d., Building the Blocks of Cultural Competency in Melbournes North West, viewed 4 April 2016, <inwpcp.org.au/toolkit-main-page/>

Occupational Therapy Australia (OTA) 2010, Australian Minimum Competency Standards for New Graduate Occupational Therapists (ACSOT), Occupational Therapy Australia, Brisbane, Qld.

Parker, R.M. 1995, The test of functional health literacy in adults: A new instrument for measuring patients literacy skills, *Journal of General Internal Medicine*, vol. 10, no. 10, pp. 537-541.

Public Health Agency of Canada 2015, What is the Population Health Approach?, viewed 4 April 2016, <www.phac-aspc.gc.ca/ph-sp/approach-approche/index-eng.php>

Reitz, S. 2014, Health promotion theories, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, Lippincott Williams & Wilkins, Philadelphia, PA.

Scaffa, M.E. 2008, Occupational therapy services in the promotion of health and the prevention of disease and disability, *American Journal of Occupational Therapy*, vol. 62, no. 6, pp. 694-703.

Scaffa, M.E. 2014, *Occupational Therapy in the Promotion of Health and Wellness*, F. A. Davis Company, Philadelphia, PA.

Smith, D.L. & Gutman, S.A. 2011, Health literacy in occupational therapy practice and research, *American Journal of Occupational Therapy*, vol. 65, no. 4, pp. 367-369.

Thomacos, N. & Keleher, H. 2009, *Health Literacy and Vulnerable Groups: What works?*, Department of Health Social Science, Monash University, Melbourne, Vic.

Tucker, P. 2014, Exploring the nexus between health promotion and occupational therapy: Synergies and similarities, *Canadian Journal of Occupational Therapy*, vol. 81, no. 3, pp. 183-193.

Tylka, T.L. 2014, The weight-inclusive versus weight-normative approach to health: Evaluating the evidence for prioritizing well-being over weight loss, *Journal of Obesity*, vol. 2014, no. 983495, pp. 118.

VicHealth n.d.(a), Defining Health Promotion, viewed 4 April 2016, <<http://www.vichealth.vic.gov.au/media-and-resources/vce-resources/defining-health-promotions>>

VicHealth n.d.(b), Health Equity: Health inequalities and health inequities, viewed 4 April 2016, <<http://www.vichealth.vic.gov.au/our-work/health-equity-health-inequalities-health-inequities>>

Victorian Government 2003, *Integrated Health Promotion: A practice guide for service providers*, Melbourne, Vic., viewed 4 April 2016, <<http://www2.health.vic.gov.au/public-health/population-health-systems/health-promotion>>106

Weiss, B.D. 2005, Quick assessment of literacy in primary care: The newest vital sign, *Annals of Internal Medicine*, vol. 3, no. 6, pp. 514-522.

Wilcock, A. 1998, *An Occupational Perspective of Health*, SLACK Incorporated, Thorofare, NJ.

Wilcock, A. 2014, Population health: An occupational rationale, In M.E. Scaffa (eds), *Occupational Therapy in the Promotion of Health and Wellness*, F. A. Davis Company, Philadelphia, PA.

Wilcock, A. & Hocking, C. 2015, *An Occupational Perspective of Health*, SLACK Incorporated, Thorofare, NJ.

World Federation of Occupational Therapists (WFOT) 2012, Definitions of Occupational Therapy from Member Organizations, viewed 4 April 2016, <<http://www.wfot.org/ResourceCentre.aspx>>

World Health Organization (WHO) 1986, Ottawa Charter for Health Promotion, paper presented at the First International Conference on Health Promotion, Ottawa, ON.

World Health Organization (WHO) 1997, Jakarta Declaration on Leading Health Promotion into the 21st Century, viewed 4 April 2016, <<http://www.who.int/healthpromotion/conferences/previous/jakarta/declaration/en/>>

World Health Organization (WHO) 2016a, Health Impact Assessment (HIA), viewed 4 April 2016, <<http://www.who.int/hia/evidence/doh/en/>>

World Health Organization (WHO) 2016b, Health topics: Health promotion, viewed 4 April 2016, <http://www.who.int/topics/health_promotion/en/>

World Health Organization (WHO) 2016c, Social Determinants of health, viewed 4 April 2016, <http://www.who.int/social_determinants/sdh_definition/en/>

Working with clients: Client-centred practice

Barnes, M. & Cotterell, P. 2011, *Critical Perspectives on User Involvement*, Policy Press, University of Bristol, Bristol, UK.

Bright, F.A. 2012, Implementing a client-centred approach in rehabilitation: An autoethnography, *Disability and Rehabilitation*, vol. 34, no. 12, pp. 997-1004.

Canadian Association of Occupational Therapists (CAOT) 1991, *Occupational Therapy Guidelines for Client-centred Practice*, CAOT Publications ACE, Toronto, ON.

Canadian Association of Occupational Therapists (CAOT) 1997/2002, *Enabling Occupation: An occupational therapy perspective*, CAOT Publications ACE, Ottawa, ON.

DCruz, K. 2016, Client-centred practice: Perspectives of persons with a traumatic brain injury, *Scandinavian Journal of Occupational Therapy*, vol. 23, no. 1, pp. 30-38.

Fleming-Castaldy, R.P. 2015, A macro perspective for client-centred practice in curricula: Critique and teaching methods, *Scandinavian Journal of Occupational Therapy*, vol. 22, no. 4, pp. 267-276.

Johansson, E. 2014, Letting go of an old habit: Group leaders experiences of a client-centred multidisciplinary falls-prevention programme, *Scandinavian Journal of Occupational Therapy*, vol. 21, no. 2, pp. 98106.

Kielhofner, G. 2008, *Model of Human Occupation*, 4th edn, Lippincott Williams & Wilkins, Baltimore, MD.

Law, M. 1998, *Client-centred Occupational Therapy*, SLACK Incorporated, Thorofare, NJ.

Law, M. 1995, Client-centred practice: What does it mean and does it make a difference?, *Canadian Journal of Occupational Therapy*, vol. 62, no. 5, pp. 250257.

Law, M. 1998, *Canadian Occupational Performance Measure*, CAOT Publications, Ottawa, ON.

Maywald, A. & Stanley, M. 2015, Prescribing mobility scooters in Australia: Occupational therapists narratives, *Australian Occupational Therapy Journal*, vol. 62, no. 2, pp. 8692.

Ripat, J. 2014, Internalizing client-centredness in occupational therapy students, *Journal of Research in Interprofessional Practice and Education*, vol. 4, no. 2, pp. 112.

Rogers, C.R. 1950, A current formulation of client-centred therapy, *Social Services Research*, vol. 24, no. 4, pp. 442450.

Sumsion, T. 2006, *Client-centred Practice in Occupational Therapy: A guide to implementation*, Churchill Livingstone Elsevier, Philadelphia, PA.

Sumsion, T. & Law, M. 2006, A review of evidence on conceptual elements informing client-centred practice, *Canadian Journal of Occupational Therapy*, vol. 73, no. 3, pp. 153162.

Taylor, R.R. 2008, *The Intentional Relationship: Occupational therapy and use of self*, F. A. Davis, Philadelphia, PA.

Townsend, E. 2005, Interventions in a societal context: Enabling participation, In C.H. Christiansen, C.M. Baum & J.D. Baum (eds), *Occupational Therapy: Performance, participation, and well-being*, 3rd edn, SLACK Incorporated, Thorofare, NJ.

Townsend, E. & Polatajko, H. (eds) 2007, *Enabling Occupation II: Advancing occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications ACE, Ottawa, ON.

Whalley Hammell, K.R. 2013a, Client-centred occupational therapy in Canada: Refocusing on core values, *Canadian Journal of Occupational Therapy*, vol. 80, no. 3, pp. 4149.

116 Whalley Hammell, K.R. 2013b, Client-centred practice in occupational therapy: Critical reflections, *Scandinavian Journal of Occupational Therapy*, vol. 20, no. 3, pp. 174181.

Whalley Hammell, K.R. 2015, Client-centred occupational therapy: The importance of critical perspectives, *Scandinavian Journal of Occupational Therapy*, vol. 22, no. 4, pp. 237243.

World Federation of Occupational Therapists 2010, *Position Statement on Client-centredness in Occupational Therapy*, WFOT, Forrestfield, WA.

Occupational science in Australia

Dennhardt, S. & Laliberte Rudman, D. 2012, When occupation goes wrong: A critical reflection on risk discourse and their relevance in shaping occupation, In G. Whiteford & C. Hocking (eds), *Occupational Science: Society, inclusion, participation*, Wiley-Blackwell, Chichester, UK.

Galvaan, R. 2012, Occupational choice: The significance of socioeconomic and political factors, In G. Whiteford & C. Hocking (eds), *Occupational Science: Society, inclusion, participation*, Wiley-Blackwell, Chichester, UK.

Hocking, C. 2012, Occupations through the looking glass: Reflecting on occupational scientists ontological assumptions, In G. Whiteford & C. Hocking (eds), *Occupational Science: Society, inclusion, participation*, Wiley-Blackwell, Chichester, UK.

Kinsella, E.A. 2012, Knowledge paradigms in occupational science: Pluralistic perspectives, In G. Whiteford & C. Hocking (eds), *Occupational Science: Society, inclusion, participation*, Wiley-Blackwell, Chichester, UK.

Laliberte Rudman, D. 2012, Governing through occupation: Shaping expectations and possibilities, In G. Whiteford & C. Hocking (eds), *Occupational Science: Society, inclusion, participation*, Wiley-Blackwell, Chichester, UK.

Matuska, K. & Christiansen, C. 2008, A proposed model of lifestyle balance, *Journal of Occupational Science*, vol. 15, no. 1, pp. 919.

Meyer, A. 1977, The philosophy of occupation therapy, *American Journal of Occupational Therapy*, vol. 31, no. 10, pp. 639642. (Reprinted from *Archives of Occupational Therapy*, 1922, vol. 1, no. 1, pp. 110.)

Morley, M. 2011, Has occupational science taken away the occupational therapy evidence base? A debate, *British Journal of Occupational Therapy*, vol. 74, no. 10, pp. 494497.

Nayar, S. & Stanley, M. 2015, Occupational adaptation as a social process in everyday life, *Journal of Occupational Science*, vol. 22, no. 1, pp. 2628.

Pereira, R. & Whiteford, G. 2013, Understanding social inclusion as an international discourse: Implications for enabling participation, *British Journal of Occupational Therapy*, vol. 76, no. 2, pp. 112115.

Pierce, D. 2014, *Occupational Science for Occupational Therapy*, SLACK Incorporated, Thorofare, NJ.

Ramugondo, E. & Kronenberg, F. 2015, Explaining collection occupation from a human relations perspective: Bridging the individual collective dichotomy, *Journal of Occupational Science*, vol. 22, no. 1, pp. 316.

Stanley, M. 2010, Understanding loneliness in the everyday lives of older Australians, *Health and Social Care in the Community*, vol. 18, no. 4, pp. 407414.

Suleman, A. & Whiteford, G. 2013, Understanding occupational transitions in forced migration: The importance of life skills in early refugee resettlement, *Journal of Occupational Science*, vol. 20, no. 2, pp. 201210.

128 Wagman, P. , Hakansson, C. & Jonsson, H. 2015, Occupational balance: A scoping review of current research and identified knowledge gaps, *Journal of Occupational Science*, vol. 22, no. 2, pp. 160169.

Whiteford, G. 2004, When people cannot participate, In C. Christiansen & E. Townsend (eds), *Occupation: The art and science of living*, Prentice Hall, New Jersey.

Whiteford, G. 2005, Understanding the occupational deprivation of refugees: Case study from Kosovo, *Canadian Journal of Occupational Therapy*, vol. 72, no. 2, pp. 7887.

Whiteford, G. 2000, Reflections on a renaissance of occupation, *Canadian Journal of Occupational Therapy*, vol. 67, no. 1, pp. 6169.

Wicks, A. 2012, The International Society for Occupational Science: A critique of its role in facilitating the development of occupational science through international networks and intercultural dialogue, In G. Whiteford & C. Hocking (eds), *Occupational Science: Society, inclusion, participation*, Wiley-Blackwell, Chichester, UK.

Wilcock, A.A. 1993, A theory of the human need for occupation, *Journal of Occupational Science: Australia*, vol. 1, no. 1, pp. 1724.

Wilcock, A.A. 1995, The occupational brain: A theory of human nature, *Journal of Occupational Science*, vol. 2, no. 2, pp. 6872.

Wilcock, A.A. 2006, *An Occupational Perspective of Health*, 2nd edn, SLACK Incorporated, Thorofare, NJ.

Williams, S. & Murray, C. 2013, The experience of engaging in occupation following stroke: A qualitative meta-synthesis, *British Journal of Occupational Therapy*, vol. 76, no. 8, pp. 370378.

The education of occupational therapists in Australia: Academic and practice education

Anderson, B. & Bell, J. 1988, *Occupational Therapy: Its place in Australias history*, Association of Occupational Therapists, Melbourne, Vic.

Australian Health Regulation Agency (AHPRA) , Service Charter, viewed November 2015, <<http://www.ahpra.gov.au/About-AHPRA>>

Australian Qualifications Framework 2013, Australian Qualifications Framework, viewed 22 March 2016, <<http://www.aqf.edu.au>>

Bradley, D. 2008, Review of Australian Higher Education: Final report [Bradley Review], Department of Education, Employment and Workplace Relations, Canberra, ACT.

Coulthard, M. 2002, Preparing occupational therapists for practice today and into the future, *Canadian Journal of Occupational Therapy*, vol. 69, no. 5, pp. 253260.

Crowe, M. & Mackenzie, L. 2002, The influence of fieldwork on the preferred future practice areas of final year occupational therapy students, *Australian Occupational Therapy Journal*, vol. 49, no. 1, pp. 2536.

Doherty, G. 2009, From student to therapist: Follow up of a first cohort of bachelor of occupational therapy students, *Australian Occupational Therapy Journal*, vol. 56, no. 5, pp. 341349.

Farnworth, L. 2010, Occupational therapy entry-level education in Australia: Which path(s) to take?, *Australian Occupational Therapy Journal*, vol. 57, no. 4, pp. 233238.

Fortune, T. 2006, Project-focussed fieldwork: Core business or fieldwork fillers?, *Australian Occupational Therapy Journal*, vol. 53, no. 3, pp. 233236.

Fortune, T. 2013, Transition to practice in super complex environments: Are occupational therapy graduates adequately prepared?, *Australian Occupational Therapy Journal*, vol. 60, no. 3, pp. 217220.

Fortune, T. & McKinstry, C. 2012, Project-based fieldwork: Perspectives of graduate entry students and project sponsors, *Australian Occupational Therapy Journal*, vol. 59, no. 4, pp. 265275.

Hocking, C. & Ness, N.E. (2002), *WFOT Revised Minimum Standards for the Education of Occupational Therapists*, World Federation of Occupational Therapists, Sydney, NSW.

Holmes, J. 2010, 1000 fieldwork hours: Analysis of multisite evidence, *Canadian Journal of Occupational Therapy*, vol. 77, no. 3, pp. 135143.

139 Kielhofner, G. 2008, *Model of Human Occupation*, Wolters Kluwer Lippincott Williams & Wilkins, Baltimore, MD.

Occupational Therapy Australia (2010), *Australian Minimum Competency Standards for New Graduate Occupational Therapists*, Office of Marketing and Communications, The University of Queensland, Brisbane, Qld.

Overton, A. 2009, A review of non-traditional occupational therapy practice placement education: A focus on role-emerging and project placements, *British Journal of Occupational Therapy*, vol. 72, no. 7, pp. 294301.

Parker-Taillon and Associates 2003, A Dialogue on Occupational Therapy Entry Level Education in Canada: The change to a professional masters degree by 2008, Canadian Association of Occupational Therapists, Ottawa, ON.

Productivity Commission , 2011, Disability Care and Support, Productivity Commission, Canberra, ACT.

Rodger, S. 2010, Use of Simulated Learning Activities in Occupational Therapy Curriculum, Health Workforce Australia, University of Queensland, Brisbane, Qld.

Russi, M. 2014, NDIS and occupational therapy: Compatible in intention and purpose from a consumer perspective, Australian Occupational Therapy Journal, vol. 61, no. 5, pp. 364370.

Townsend, E. & Polatajko, H. 2007, Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation, Canadian Association of Occupational Therapists, Ottawa, ON.

Wilcock, A. & Whiteford, G. 2003, Occupation, Health Promotion, and the Environment, SLACK Incorporated, Thorofare, NJ.

World Federation of Occupational Therapists (WFOT) 2008, Position Statement: Occupational therapy entry-level qualifications, viewed 16 November 2015,
<http://www.wfot.org/office_files/WFOT%20Position%20OT%20Entry-Level%20Qualifications%20CM2008esb_2%20final%282%29.pdf>

Evidence-based practice in occupational therapy

Bayley, M.T. 2012, Barriers to implementation of stroke rehabilitation evidence: Findings from a multi-site pilot project, Disability and Rehabilitation, vol. 34, no. 19, pp. 16331638.

Bennett, S. & Bennett, J.W. 2000, The process of evidence-based practice in occupational therapy: Informing clinical decisions, Australian Occupational Therapy Journal, vol. 47, no. 4, pp. 171180.

Bennett, S. 2003, Perceptions of evidence-based practice: A survey of Australian occupational therapists, Australian Occupational Therapy Journal, vol. 50, no. 1, pp. 1322.

Bennett, S. 2009, Appraising and understanding systematic reviews of quantitative and qualitative evidence, In T. Hoffmann (eds), Evidence-based Practice Across the Health Professions, 2nd edn, Elsevier Australia, Chatswood, NSW.

Du, S. 2011, Self-management programs for chronic musculoskeletal pain conditions: A systematic review and meta-analysis, Patient Education & Counseling, vol. 85, no. 3, pp. e299e310.

Evans, D. 2003, Hierarchy of evidence: A framework for ranking evidence evaluating healthcare interventions, Journal of Clinical Nursing, vol. 12, no. 1, pp. 7784.

154 Hamer, S. & Collinson, G. 2014, Achieving Evidence-based Practice: A handbook for practitioners, Elsevier Health Sciences, Chatswood, NSW.

Heiwe, S. 2011, Evidence-based Practice: Attitudes, knowledge and behaviour among allied health care professionals, International Journal for Quality in Health Care, vol. 23, no. 2, pp. 198209.

Hoffmann, T. 2009, Introduction to evidence-based practice, In T. Hoffmann , S. Bennett & C. Del Mar (eds), Evidence-based Practice Across the Health Professions, 2nd edn, Elsevier Australia, Chatswood, NSW.

Kaplan, K. 2014, Assessing an internet-based parenting intervention for mothers with a serious mental illness: A randomized controlled trial, Psychiatric Rehabilitation Journal, vol. 37, no. 3, pp. 222231.

Kelly, M.P. & Bonnefoy, J. 2007, The Social Determinants of Health: Developing an evidence base for political action, Final Report to World Health Organization Commission on the Social Determinants of Health from Measurement and Evidence Knowledge Network, World Health Organization, Universidad del Desarrollo, Chile, and National Institute for Health and Clinical Excellence, UK.

McKenna, K. 2005, Australian occupational therapists use of an online evidence-based practice database (OTseeker), Health Information & Libraries Journal, vol. 22, no. 3, pp. 205214.

National Health and Medical Research Council (NHMRC) 2009, NHMRC Additional Levels of Evidence and Grades for Recommendation for Developers of Guidelines, NHMRC, Canberra, ACT.

Newhouse, R.P. & Spring, B. 2010, Interdisciplinary evidence-based practice: Moving from silos to synergy, Nursing Outlook, vol. 58, no. 6, pp. 309317.

Novak, I. 2012, Evidence to practice commentary: The evidence alert traffic light grading system, Physical and Occupational Therapy in Paediatrics, vol. 32, no. 2, pp. 256259.

Sackett, D.L. 1996, Evidence based medicine: What it is and what it isnt, British Medical Journal, vol. 312, no. 7023, pp. 7172.

Schaaf, R.C. 2012, Occupational therapy using sensory integration to improve participation of a child with autism: A case report, American Journal of Occupational Therapy, vol. 66, no. 5, pp. 547555.

Simpson, B. 2015, Feasibility of a home-based program to improve handwriting after stroke: A pilot study, Disability and Rehabilitation, vol. 38, no. 7, pp. 673682.

Storeb, O. 2011, Social skills training for attention deficit hyperactivity disorder (ADHD) in children aged 5 to 18 years, Cochrane Database of Systematic Reviews, vol. 12, pp. 189.

Stronge, M. & Cahill, M. 2012, Self-reported knowledge, attitudes and behaviour towards evidence-based practice of occupational therapy students in Ireland, *Occupational Therapy International*, vol. 19, no. 1, pp. 716.

155 Vant Leven, N. 2012, Barriers to and facilitators for the use of an evidence-based occupational therapy guideline for older people with dementia and their carers, *International Journal of Geriatric Psychiatry*, vol. 27, no. 7, pp. 742748.

Vollebregt, M.A. 2014, Does EEG-neurofeedback improve neurocognitive functioning in children with attention-deficit/hyperactivity disorder? A systematic review and a double-blind placebo-controlled study, *Journal of Child Psychology & Psychiatry*, vol. 55, no. 5, pp. 460472.

Wilkes, S. 2011, A play-based intervention for children with ADHD: A pilot study, *Australian Occupational Therapy Journal*, vol. 58, no. 4, pp. 231240.

Research in occupational therapy

American Occupational Therapy Association (AOTA) 2005, Standards of practice for occupational therapy, *American Journal of Occupational Therapy*, vol. 59, pp. 663665, viewed 17 November 2015, Gale Academic OneFile database.

American Occupational Therapy Association (AOTA) 2008, Occupational therapy practice framework: Domain and process, 2nd edn, *American Journal of Occupational Therapy*, vol. 62, pp. 625683, viewed 17 November 2015, <http://www.proquest.com/libraries/academic/databases/>

American Occupational Therapy Association (AOTA) 2014, Occupational therapy practice framework: Domain and process, 3rd edn, *American Journal of Occupational Therapy*, vol. 68, Supp. no. 1, pp. S148.

Brown, T. 2010, Construct validity: A unitary concept for occupational therapy assessment, evaluation, and measurement, *Hong Kong Journal of Occupational Therapy*, vol. 20, no. 1, pp. 3042, viewed 17 November 2015, <http://www.sciencedirect.com/>

Brown, T. 2012, Assessment, measurement, and evaluation: Why cant I do what everyone expects me to do?, In S.J. Lane & A.C. Bundy (eds), *Kids Can Be Kids: A childhood occupations approach*, F.A. Davis Company, Philadelphia, PA.

Campbell, L. 2013, A KT intervention including the evidence alert system to improve clinicians evidence-based practice behaviour: A cluster randomised controlled trial, *Implementation Science*, vol. 8, pp. 132138, viewed 17 November 2015, <http://www.proquest.com/libraries/academic/databases/>

Campbell, N. 2007, Designing and evaluating complex interventions to improve health care, *British Medical Journal*, vol. 334, pp. 455459, viewed 17 November 2015, <http://www.ebscohost.com/academic/medline-complete>

Cheah, S. & Presnell, S. 2011, Older peoples experiences of acute hospitalisation: An investigation of how occupations are affected, *Australian Occupational Therapy Journal*, vol. 58, no. 2, pp. 120128, viewed 17 November 2015, <http://onlinelibrary.wiley.com/browse/publications?type=database>

172 Cox, D.R. & Reid, N. 2000, *The Theory of the Design of Experiments*, CRC Press, Boca Raton, FL.

Creswell, J.W. 2004, Designing a mixed methods study in primary care, *Annals of Family Medicine*, vol. 2, no. 1, pp. 712, viewed 17 November 2015, <http://www.ebscohost.com/academic/medline-complete>

Creswell, J.L. & Plano Clark, V. 2011, *Designing and Conducting Mixed Methods Research*, SAGE Publications, Thousand Oaks, CA.

Cusick, A. & Kielhofner, G. 2006, Professional responsibility and roles in research, In Kielhofner, G. (ed), *Research in Occupational Therapy Methods of Inquiry for Enhancing Practice*, Davis Company, Philadelphia, PA.

Evans, J.J. 2014, Single case experimental designs: Introduction to a special issue of Neuropsychological Rehabilitation, *Neuropsychological Rehabilitation*, vol. 24, nos 34, pp. 305314, viewed 17 November 2015, <http://www.tandfonline.com/>

Fossey, E. 2002, Understanding and evaluating qualitative research, *Australian and New Zealand Journal of Psychiatry*, vol. 36, pp. 717732, viewed 17 November 2015, <http://www.online.sagepub.com/>

Gustafsson, L. 2014, Contemporary occupational therapy practice: The challenges of being evidence based and philosophically congruent, *Australian Occupational Therapy Journal*, vol. 61, no. 2, pp. 121123, viewed 17 November 2015, <http://www.onlinelibrary.wiley.com/browse/publications?type=database>

Hoffman, T. 2010, Introduction to evidence based practice, In C. Del Mar (eds), *Evidence-based Practice Across the Health Professions*, Churchill Livingstone, Sydney.

Kannel, W.B. 1961, Factors of risk in the development of coronary heart diseasesix-year follow-up experience: The Framingham Study, *Annals of Internal Medicine*, vol. 55, pp. 3350, viewed 17 November 2015, <http://www.ebscohost.com/academic/medline-complete>

Lannin, N.A. 2007, Effects of splinting on wrist contracture after stroke: A randomized controlled trial, *Stroke*, vol. 38, no. 1, pp. 111116, viewed 17 November 2015, <http://www.ovid.com/site/index.jsp>

Miller, M.L. & Kirk, J. 1986, *Reliability and Validity in Qualitative Research*, SAGE Publications, Beverly Hills, CA.

Mokkink, L.B. 2010, International consensus on taxonomy, terminology, and definitions of measurement properties for health-related patient-reported outcomes: Results of the COSMIN study, *Journal of Clinical Epidemiology*, vol. 63, no. 7, pp. 737745, viewed 23 November 2015, <<http://www.sciencedirect.com/>>

Moyers, P.A. 2010, Competence and professional development, In K. Sladyk, K. Jacobs & N. MacRae (eds), *Occupational Therapy Essentials for Clinical Competence*, SLACK Incorporated, Thorofare, NJ.

173 Mulligan, S. 2003, *Occupational Therapy Evaluation for Children: A pocket guide*, Lippincott Williams & Wilkins, Philadelphia, PA.

Occupational Therapy Australia (2010), *Australian Minimum Competency Standards for New Graduate Occupational Therapists*, Fitzroy, OTCouncil, Fitzroy, Vic., viewed 25 July 2016, <https://www.otaus.com.au/sitebuilder/aboutus/knowledge/asset/files/16/australian_minimum_competency_standards_for_new_grad_occupational_therapists.pdf>

Rodger, S. & Mandich, A. 2005, Getting the run around: Accessing services for children with developmental co-ordination disorder, *Child Care, Health and Development*, vol. 31, no. 4, pp. 449457, viewed 23 November 2015, <<http://onlinelibrary.wiley.com/browse/publications?type=database>>

Rosenbaum, P.R. 2002, *Observational Studies*, Springer, New York, NY.

Sackett, D.L. 1996, Evidence-based medicine: What it is and what it isn't, *British Medical Journal*, vol. 312, pp. 7172, viewed 23 November 2015, <<http://www.ebscohost.com/academic/medline-complete>>

Clinical reasoning in occupational therapy practice

Bonsall, A. 2012, An examination of the pairing between narrative and occupational science, *Scandinavian Journal of Occupational Therapy*, vol. 19, no. 1, pp. 92103.

Christiansen, C.H. 1999, Defining lives: Occupation as identity an essay on competence, coherence, and the creation of meaning, *American Journal of Occupational Therapy*, vol. 53, no. 6, pp. 547558.

Creek, J. 2007, The thinking therapist, In J. Creek & A. Lawson-Porter (eds), *Contemporary Issues in Occupational Therapy: Reasoning and reflection*, John Wiley & Sons, Chichester, UK.

Edwards, I. 2004, Clinical reasoning strategies in physical therapy, *Physical Therapy*, vol. 84, no. 4, pp. 312335.

Fleming, M.H. 1991a, Clinical reasoning in medicine compared with clinical reasoning in occupational therapy, *American Journal of Occupational Therapy*, vol. 45, no. 11, pp. 988996.

Fleming, M.H. 1991b, The therapist with the three-track mind, *American Journal of Occupational Therapy*, vol. 45, no. 11, pp. 10071014.

Gibson, D. 2000, Clinical reasoning of a novice versus an experienced occupational therapist: A qualitative study, *Occupational Therapy in Health Care*, vol. 12, no. 4, pp. 1531.

Harries, P.A. 2007, Knowing more than we can say, In J. Creek & A. Lawson-Porter (eds), *Contemporary Issues in Occupational Therapy: Reasoning and reflection*, Wiley & Sons, Chichester, UK.

Higgs, J. & Jones, M. 2000, Clinical reasoning in the health professions, In J. Higgs & M. Jones (eds), *Clinical Reasoning in the Health Professions*, ButterworthHeinemann, Oxford, UK.

184 Levine, R.M. & Reicher, S.D. 1996, Making sense of symptoms: Self-categorization and the meaning of illness and injury, *British Journal of Social Psychology*, vol. 35, no. 2, pp. 245256.

Mattingly, C. 1991a, The narrative nature of clinical reasoning, *American Journal of Occupational Therapy*, vol. 45, no. 11, pp. 9981005.

Mattingly, C. 1991b, What is clinical reasoning?, *American Journal of Occupational Therapy*, vol. 45, no. 11, pp. 979986.

Mattingly, C. 1998, In search of the good: Narrative reasoning in clinical practice, *Medical Anthropology Quarterly*, vol. 12, no. 3, pp. 273297.

Mattingly, C. & Fleming, M.H. 1994a, *Clinical Reasoning: Forms of inquiry in a therapeutic practice*, F. A. Davis Company, Philadelphia, PA.

Mattingly, C. & Fleming, M.H. 1994b, Interactive reasoning: Collaborating with the person, In C. Mattingly & M.H. Fleming (eds), *Clinical Reasoning: Forms of inquiry in therapeutic practice*, F. A. Davis Company, Philadelphia, PA.

Neistadt, M.E. 1996, Teaching strategies for the development of clinical reasoning, *American Journal of Occupational Therapy*, vol. 50, no. 8, pp. 676684.

Richardson, W.S. 1995, The well-built clinical question: A key to evidence-based decisions, *ACP Journal Club*, vol. 123, no. 3, pp. A12A13.

Schell, B.A.B. & Cervero, R.M. 1993, Clinical reasoning in occupational therapy: An integrative review, *American Journal of Occupational Therapy*, vol. 47, no. 7, pp. 605610.

Schell, B.A.B. & Schell, J.W. 2008, *Clinical and Professional Reasoning in Occupational Therapy*, Lippincott Williams & Wilkins, Baltimore, MD.

Unsworth, C.A. 2004, Clinical reasoning: How do pragmatic reasoning, worldview and client-centredness fit?, *British Journal of Occupational Therapy*, vol. 67, no. 7, pp. 1019.

Occupational therapy practice models and frames of reference

- Turpin, M.J. & Iwama, M.K. 2011, *Using Occupational Therapy Models in Practice: A fieldguide*, Churchill Livingstone, Edinburgh, Scotland.
- American Occupational Therapy Association 2014, *Occupational therapy practice framework: Domain and process*, 3rd edn, *American Journal of Occupational Therapy*, vol. 68, Supplement 1, pp. S148.
- Baum, C.M. 2015, The Person-Environment-Occupation-Performance (PEOP) model, In C.H. Christiansen (eds), *Occupational Therapy: Performance, participation, and well-being*, 4th edn, SLACK Incorporated, Thorofare, NJ.
- Chapparo, C. & Ranka, J. 1997, *OPM: Occupational Performance Model (Australia)*, Occupational Performance Network, Castle Hill, NSW.
- Crepeau, E.B. 2009, Theory and practice in occupational therapy in E.B. Crepeau (eds), *Willard & Spackmans Occupational Therapy*, 11th edn, pp. 428-434.
- Forsyth, K. 2014, The model of human occupation, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Philadelphia, PA.
- Hemmingsson, H. & Jonsson, H. 2005, The issue isAn occupational perspective on the concept of participation in the International Classification of Functioning, Disability and HealthSome critical remarks, *American Journal of Occupational Therapy*, vol. 59, no. 5, pp. 569-576.
- Higgs, J. 2001, Professional practice and knowledge, In J. Higgs & A. Titchen (eds), *Practice Knowledge and Expertise in the Health Professions*, ButterworthHeinemann, Oxford, UK.
- Iwama, M.K. 2006, *The Kawa model: Culturally relevant occupational therapy*, Churchill Livingstone, Edinburgh, Scotland.
- Joosten, A.V. 2015, ViewpointContemporary occupational therapy: Our occupational therapy models are essential to occupation centred practice, *Australian Occupational Therapy Journal*, vol. 62, no. 3, pp. 219-222.
- 201 Kielhofner, G. 2008, *A model of human occupation: Theory and application*, 4th edn, Lippincott Williams & Wilkins, Baltimore, MD.
- Law, M. 1996, The Person-Environment-Occupation model: A transactive approach to occupational performance, *Canadian Journal of Occupational Therapy*, vol. 63, no. 1, pp. 9-23.
- Schkade, J.K. & Schultz, S. 1992, Occupational adaptation: Toward a holistic approach to contemporary practice, Part 1, *American Journal of Occupational Therapy*, vol. 46, no. 9, pp. 829-837.
- Schultz, S. 2014, *Theory of Occupational Adaptation*, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Philadelphia, PA.
- Townsend, E.A. & Polatajko, H.J. (eds) 2007, *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being, and justice through occupation*, CAOT Publications ACE, Ottawa, CA.
- Turpin, M.J. & Iwama, M.K. 2011, *Using Occupational Therapy Models in Practice: A fieldguide*, Churchill Livingstone, Edinburgh, Scotland.
- World Health Organization (WHO) 2001, *International Classification of Functioning, Disability and Health: ICF*, WHO, Geneva.

The occupational therapy practice process

- American Occupational Therapy Association 2014, *Occupational therapy practice framework: Domain and process*, 3rd edn, *American Journal of Occupational Therapy*, vol. 68, Suppl no. 1, pp. S148.
- Clemson, L. 1997, *The Westmead Home Safety Assessment*, Coordinates Publications, West Brunswick, Victoria.
- Craik, J. 2013, Introducing the Canadian Practice Framework (CPPF): Amplifying the context, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications ACE, Ottawa, ON.
- Davis, J. 2013, Using the Canadian Process Practice Framework: Amplifying the process, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications ACE, Ottawa, ON.
- Fearing, V.G. 1997, An occupational performance process model: Fostering client and therapist alliances, *Canadian Journal of Occupational Therapy*, vol. 64, no. 1, pp. 7-15.
- Fisher, A.G. 2009, *Occupational Therapy Intervention Process Model: A model for planning and implementing top-down, client-centered, and occupation-based interventions*, Three Star Press, Fort Collins, CO.

Kiresuk, T.J. & Sherman, R.E. 1968, Goal attainment scaling: A general method for evaluating comprehensive mental health programs, *Community Mental Health Journal*, vol. 4, no. 6, pp. 443-453.

Kiresuk, T.J. 1994, *Goal Attainment Scaling: Applications, theory, and measurement*, Lawrence Erlbaum Associates, Hillsdale, NJ.

Law, M. 2005, *Canadian Occupational Performance Measure*, 4th edn, CAOT Publications ACE, Toronto, ON.

Mosey, A.C. 1989, The proper focus of scientific enquiry in occupational therapy: Frames of reference, *Occupational Therapy Journal of Research*, vol. 9, no. 4, pp. 195-201.

Polatajko, H.J. 2007, CPPF, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications ACE, Ottawa, ON.

Polatajko, H.J. 2013, Canadian model of occupational performance and engagement (CMOP-E), In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, wellbeing and justice through occupation*, CAOT Publications ACE, Ottawa, ON.

Core business: Activity, task and occupational analysis

American Occupational Therapy Association 2008, *Occupational therapy practice framework: Domain and process*, 2nd Edition, *American Journal of Occupational Therapy*, vol. 62, pp. 625-683.

Blesedell Crepeau, E. & Schell, B.A.B. 2009, Analyzing occupations and activity, In E. Blesedell Crepeau (eds), *Willard & Spackmans Occupational Therapy*, 11th edn, Wolters Kluwer, Lippincott Williams & Wilkins, Baltimore, MD.

Breines, E.B. 2012, Therapeutic occupations and modalities, In H. Pendleton & W. Schultz-Krohn (eds), *Pedretti's Occupational Therapy: Practice skills for physical dysfunction*, 7th edn, Elsevier Mosby, St Louis, MO.

Christiansen, C.H. (eds) 2014, *Occupational Therapy: Performance, participation, and well-being*, 4th edn, SLACK Incorporated, Thorofare, NJ.

Clifford O'Brien, J. & Solomon, J. 2013, *Occupational Analysis and Group Process*, Elsevier Mosby, St Louis, MO.

Creek, J. 1996, Making a cup of tea as an honours degree subject, *British Journal of Occupational Therapy*, vol. 59, no. 3, pp. 128-130.

Fair, A. & Barnitt, R. 1999, Making a cup of tea as part of a culturally sensitive service, *British Journal of Occupational Therapy*, vol. 62, no. 5, pp. 199-205.

Glenn, E.K. & Gilbert-Hunt, S. 2012, New graduate occupational therapists experience of showering assessments: A phenomenological study, *Australian Occupational Therapy Journal*, vol. 59, no. 3, pp. 188-196.

Hannam, D. 1997, More than a cup of tea: Meaning construction in an everyday occupation, *Journal of Occupational Science: Australia*, vol. 4, no. 2, pp. 69-74.

Mackenzie, L. & O'Toole, G. (eds) 2011, *Occupation Analysis in Practice*, Wiley-Blackwell, Chichester, UK.

McGraw, C. & Drennan, V. 2009, Assisting older people with bathing, *Journal of Community Nursing*, vol. 12, pp. 15-16.

O'Toole, G. 2011, What is occupation analysis?, In L. Mackenzie & G. O'Toole (eds), *Occupation Analysis in Practice*, Wiley-Blackwell, Chichester, West Sussex.

Townsend, E.A. & Polatajko, H.J. 2007, *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, Canadian Association of Occupational Therapists Publications ACE, Ottawa, ON.

Wilcock, A.A. 2006, *An Occupational Perspective of Health*, 2nd edn, SLACK Incorporated, Thorofare, NJ.

Occupational performance and core occupations: Self-care, productivity, leisure, play, education, sleep and social participation

American Occupational Therapy Association 2014, *Occupational therapy practice framework: domain and process*, 3rd edition, *American Journal of Occupational Therapy*, vol. 68, Suppl 1, pp. S148.

Christiansen, C.H. & Townsend, E.A. 2010, *Introduction to Occupation: The art and science of living*, Pearson, Upper Saddle River, NJ.

Duclos, C. 2015, The impact of poor sleep on cognition and activities of daily living after traumatic brain injury: A review, *Australian Occupational Therapy Journal*, vol. 62, no. 1, pp. 21-22.

Green, A. 2008, Sleep, occupation, and the passage of time, *British Journal of Occupational Therapy*, vol. 7, no. 8, pp. 339-347.

Hinojosa, J. & Blount, M.L. 2014, *The Texture of Life: Occupations and related activities*, American Occupational Therapy Association, Inc, Bethesda, MD.

Meriano, C. & Latella, D. 2008, *Occupational Therapy Interventions: Function and occupations*, SLACK Incorporated, Thorofare, NJ.

Townsend, E.A. & Polatajko, H.J. (eds) 2007, *Enabling Occupation II: Advancing occupational therapy vision for health, well-being, & justice through occupation*, CAOT Publications, Ottawa, ON.

Alford, C. & Wilson, S. 2008, Effects of hypnotics on sleep and quality of life in insomnia, In J.C. Verster (eds), *Sleep and Quality of Life in Medical Illnesses*, Humana Press, Totowa, NJ.

American Occupational Therapy Association (AOTA) 2014, *Occupational therapy practice framework: Domain and process*, 3rd edn, American Journal of Occupational Therapy, vol. 68, Suppl. 1, pp. S148.

Baum, C.M. 2015, The Person-Environment-Occupation-Performance (PEOP) Model, In C.H. Christiansen (eds), *Occupational Therapy: Performance, participation, and well-being*, 4th edn, SLACK Incorporated, Thorofare, NJ.

Canadian Association of Occupational Therapists (CAOT) 2002, *Enabling Occupation: An occupational therapy perspective*, CAOT Publications, Ottawa, ON.

Christiansen, C.H. & Townsend, E.A. 2010, *Introduction to Occupation: The art and science of living*, 2nd edn, Pearson, Upper Saddle River, NJ.

Christiansen, C.H. 2014, Health, occupational performance, and occupational therapy, In C.H. Christiansen (eds), *Occupational Therapy: Performance, participation, and well-being*, SLACK Incorporated, Thorofare, NJ.

Cook, C. & Lukersmith, S. 2010, Work rehabilitation, In M. Curtin (eds), *Occupational Therapy and Physical Dysfunction: Enabling occupation*, Churchill Livingstone, London, UK.

Cosgrove, J.R. 2008, Education, In C. Meriano & D. Latella (eds), *Occupational Therapy Interventions: Function and occupations*, SLACK Incorporated, Thorofare, NJ.

Davis, J.A. & Polatajko, H.J. 2010, Occupational development, In C.H. Christiansen & E.A. Townsend (eds), *Introduction to Occupation: The art and science of living*, 2nd edn, Pearson, Upper Saddle River, NJ.

DeMatteo, R. 2008, Leisure, In C. Meriano & D. Latella (eds), *Occupational Therapy Interventions: Function and occupations*, SLACK Incorporated, Thorofare, NJ.

Dickie, V. 2014, What is occupation?, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Baltimore, MD.

Duclos, C. 2015, The impact of poor sleep on cognition and activities of daily living after traumatic brain injury: A review, *Australian Occupational Therapy Journal*, vol. 62, no. 1, pp. 212.

Hawton, A. 2011, The impact of social isolation on the health status and health-related quality of life of older people, *Quality of Life Research*, vol. 20, no. 1, pp. 5767.

Howe, T.H. 2014, Self-care occupations, In J. Hinojosa & M.L. Blount (eds), *The Texture of Life: Occupations and related activities*, American Occupational Therapy Association, Bethesda, MD.

242 Hussey, S.M. 2007, Glossary, In S.M. Hussey, B. Sabonis-Chafee & J.C. OBrien (eds), *Introduction to Occupational Therapy*, Mosby Elsevier, St Louis, MO.

James, A.B. 2014, Activities of daily living and instrumental activities of daily living, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Baltimore, MD.

Khetani, M.A. & Coster, W.J. 2014, Social participation, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Baltimore, MD.

King, P.M. & Olson, D.L. 2014, Work, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Baltimore, MD.

Kryger, M.H. 2011, *Principles and Practice of Sleep Medicine*, Elsevier Saunders, St Louis, MO.

Meriano, C. & Latella, D. 2008, Activities of daily living, In C. Meriano & D. Latella (eds), *Occupational Therapy Interventions: Function and occupations*, SLACK Incorporated, Thorofare, NJ.

Ohayon, M.M. 2004, Meta-analysis of quantitative sleep parameters from childhood to old age in healthy individuals: Developing normative sleep values across the human lifespan, *Sleep*, vol. 27, no. 7, pp. 12551273.

Olsen, L. 2014, Leisure occupations, In J. Hinojosa & M.L. Blount (eds), *The Texture of Life: Occupations and related activities*, 4th edn, American Occupational Therapy Association, Bethesda, MD.

Parham, L.D. & Fazio, L.S. 1997, *Play in Occupational Therapy for Children*, Mosby, St Louis, MO.

Paterson, L.M. 2012, The science of sleep, In A. Green & A. Westcombe (eds), *Sleep: Multi-professional perspectives*, Jessica Kingsley Publishers, London, UK.

Polatajko, H.J. 2007, Human occupation in context, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications, Ottawa, ON.

Polatajko, H.J. 2007, Specifying the domain of concern: Occupation as core, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications, Ottawa, ON.

Primeau, L.A. 2014, Play and leisure, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Baltimore, MD.

Sanders, M. & Wright, R. 2008, Work, In C. Meriano & D. Latella (eds), *Occupational Therapy Interventions: Function and occupations*, SLACK Incorporated, Thorofare, NJ.

Santoro, D.M. 2008, Social participation, In C. Meriano & D. Latella (eds), *Occupational Therapy Interventions: Function and occupations*, SLACK Incorporated, Thorofare, NJ.

243 Santucci, M.E. 2008, Instrumental activities of daily living, In C. Meriano & D. Latella (eds), *Occupational Therapy Interventions: Function and occupations*, SLACK Incorporated, Thorofare, NJ.

Snodgrass, J. 2014, Work occupations, In J. Hinojosa & M.L. Blount (eds), *The Texture of Life: Occupations and related activities*, American Occupational Therapy Association, Bethesda, MD.

Solet, J.M. 2014, Sleep and rest, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Baltimore, MD.

Stagnitti, K. 2010, Play, In M. Curtin, M. Molineux & J. Supyk-Mellson (eds), *Occupational Therapy and Physical Dysfunction: Enabling occupation*, 6th edition, Elsevier, London, UK.

Stellar, B. & Stanley, M. 2010, Leisure, In M. Curtin (eds), *Occupational Therapy and Physical Dysfunction: Enabling occupation*, 6th edn, Elsevier, London, UK.

Swinth, Y.L. 2014, Education, In B.A.B. Schell (eds), *Willard & Spackmans Occupational Therapy*, 12th edn, Lippincott Williams & Wilkins, Baltimore, MD.

World Health Organization 2001, *International Classification of Functioning, Disability, and Health*, WHO, Geneva, Switzerland.

The development of occupations across the lifespan

Australian Bureau of Statistics (ABS) 2008, *How Australians Use Their Time*, 2006, Australian Bureau of Statistics, viewed 13 March 2016,
<<http://www.abs.gov.au/ausstats/ABS@.nsf/Latestproducts/4153.0Main%20Features22006>>

Australian Bureau of Statistics (ABS) 2013, *Childrens Participation in Cultural and Leisure Activities*, Australia, April 2012, Australian Bureau of Statistics, viewed 13 March 2016,
<<http://www.abs.gov.au/ausstats/abs@.nsf/mf/4901.0>>

Bundy, A. 2012, Children at play: Can I play too?, In S. Lane & A. Bundy (eds), *Kids Can Be Kids: A childhood occupations approach*, F. A. Davis Company, Philadelphia, PA.

Bundy, A. 2005, Validity and reliability of the experience of leisure scale (TELS), In F.F. McMahon (eds), *Play: An interdisciplinary synthesis*, University Press of America, Lanhan, MD.

Bundy, A. In press, Leisure, In B.R. Bonder (ed), *Functional Performance in Older Adults*, 4th edn, F. A. Davis Company, Philadelphia, PA.

Cordier, R. & Bundy, A. 2009, Children and playfulness, In K. Stagnitti, K. & R. Cooper (eds), *Play as Therapy: Assessment and therapeutic interventions*, Jessica Kingsley Publishers, London, UK.

Council of Australian Governments 2009, *The Early Years Learning Framework for Australia*, COAG, Canberra, ACT.

Eakman, A.M. 2010, The meaningful activity participation assessment: A measure of engagement in personally valued activities, *International Journal of Aging and Human Development*, vol. 70, no. 4, pp. 299317.

Jonsson, H. 2008, A new direction in the conceptualization and categorization of occupation, *Journal of Occupational Science*, vol. 1, no. 1, pp. 38.

Jonsson, H. 2001, Narratives and experience in an occupational transition: A longitudinal study of the retirement process, *American Journal of Occupational Therapy*, vol. 55, no. 4, pp. 424432.

Kubina, L.A. 2013, The process of re-engagement in personally valued activities during the two years following stroke, *Disability and Rehabilitation*, vol. 35, no. 3, pp. 236243.

Liddle, J. 2012, Time use, role participation and life satisfaction of older people: Impact of driving status, *Australian Occupational Therapy Journal*, vol. 59, no. 5, pp. 384392.

259 Low, L.F. 2015, *Live and Laugh with Dementia: The essential guide to maximizing quality of life*, Exisle Publishing, Wollombi, NSW.

McIntyre, A. 2013, Occupation and successful ageing: Activity and participation, In A. Atwal & A. McIntyre (eds), *Occupational Therapy and Older People*, 2nd edn, John Wiley and Sons, West Sussex, UK.

Pereira, R.B. & Stagnitti, K. 2008, The meaning of leisure for well-elderly Italians in an Australian community: Implications for occupational therapy, *Australian Occupational Therapy Journal*, vol. 55, no. 1, pp. 3946.

Pettican, A. & Prior, S. 2011, Its a new way of life: An exploration of the occupational transition of retirement, *British Journal of Occupational Therapy*, vol. 74, no. 1, pp. 1219.

Pierce, D.E. 2003, *Building Therapeutic Power*, F. A. Davis Company, Philadelphia, PA.

Stephens, C. 2015, Volunteering as reciprocity: Beneficial and harmful effects of social participation to encourage contribution in older age, *Journal of Aging Studies*, vol. 33, pp. 2227.

Topo, P. & Ilanen-Thkvuori, S. 2010, Scripting patienthood with patient clothing, *Social Science & Medicine*, vol. 70, no. 11, pp. 16821689.

Trahan, M.A. 2014, Systematic review of strategies to foster activity engagement in persons with dementia, *Special Edition of Health Education and Behaviour: Fostering engagement and independence in older adults*,

vol. 41, Suppl. 1, pp. 70S83S.

Walker, M.F. 2012, The DRESS trial: A feasibility randomized controlled trial of a neuropsychological approach to dressing therapy for stroke inpatients, *Clinical Rehabilitation*, vol. 26, no. 8, pp. 675685.

Wilson, N. & Cordier, R. 2013, A narrative review of Mens Sheds literature: Reducing social isolation and promoting mens health and wellbeing, *Health & Social Care in the Community*, vol. 21, no. 5, pp. 451463.

Occupational therapy practice contexts

Aged Care and Other Legislation Amendment Act 2014 (Cwlth), viewed 19 March 2016, <<http://www.legislation.gov.au/Details/C2014B00204>>

Australian Institute of Health and Welfare 2013, *Australias Welfare 2013*, AIHW, Canberra, viewed 19 March 2016, <<http://www.aihw.gov.au/publication-detail/?id=60129543825>>

Australian Institute of Health and Welfare 2014, *Australias Health 2014*, AIHW, Canberra, viewed 19 March 2016, <<http://www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=60129548150>>

Baron, K. 2006, *Occupational Self-assessment (OSA)*, University of Illinois, Chicago, Ill.

Bell, A. 2009, Collaborative transdisciplinary intervention in early years: Putting theory into practice, *Child: Care, health and development*, vol. 36, no. 2, pp. 142148.

Children and Young Persons (Care and Protection) Act 1992 (NSW), viewed 19 March 2016, <<http://www.legislation.nsw.gov.au/fullhtml/inforce/act+157+1998+FIRST+0+N>>

Commonwealth Government of Australia 2006, *Disability Standards for Education*, viewed 19 March 2016, <http://www.docs.education.gov.au/system/files/doc/other/disability_standards_for_education_2005_plus_guidance_notes.pdf>

Commonwealth Government of Australia 2009, *Fourth National Mental Health Plan: An agenda for collaborative government action in mental health 20092014*, viewed 19 March 2016, <[http://www.health.gov.au/internet/main/publishing.nsf/Content/9A5A0E8BDFC55D3BCA257BF0001C1B1C/\\$File/plan09v2.pdf](http://www.health.gov.au/internet/main/publishing.nsf/Content/9A5A0E8BDFC55D3BCA257BF0001C1B1C/$File/plan09v2.pdf)>

Commonwealth Government of Australia 2013, *A National Framework for Recovery-oriented Mental Health Services: Guide for practitioners and providers*, viewed 19 March 2016, <[http://www.health.gov.au/internet/main/publishing.nsf/Content/67D17065514CF8E8CA257C1D00017A90/\\$File/recovgde.pdf](http://www.health.gov.au/internet/main/publishing.nsf/Content/67D17065514CF8E8CA257C1D00017A90/$File/recovgde.pdf)>

Commonwealth Government of Australia 2014, *Aged Care and Other Legislation Amendment Act 2014*, No. 126, Canberra, ACT, viewed 30 September 2016, <<https://www.legislation.gov.au/Details/C2014A00126>>

Commonwealth Government of Australia 2015, *National Review of Mental Health Programmes and Services Report*, viewed 26 July 2016, <<http://www.mentalhealthcommission.gov.au/media-centre/news/national-review-of-mental-health-programmes-and-services-report-released.aspx>>

Coster, W. 1998, *School Function Assessment*, Psychological Corporation, San Antonio, TX.

de las Heras, G. 2007, *The Volitional Questionnaire*, University of Illinois, Chicago, Ill.

Disability Discrimination Act 1992 (Cwlth), viewed 19 March 2016, <<http://www.legislation.gov.au/Series/C2004A04426>>

Graham, F. 2009, Coaching parents to enable childrens participation: An approach for working with parents and their children, *Australian Occupational Therapy Journal*, vol. 56, no. 1, pp. 1623.

278 Haley, S.M. 1992, *Administration Manual for the Pediatric Evaluation of Disability Inventory*, Psychological Corporation, San Antonio, TX.

Law, M. 2005, *Canadian Occupational Performance Measure*, 4th edn, CAOT Publications ACE, Ottawa, ON.

Mahaffey, L. & Holmquist, B. 2010, Hospital-based mental health care, In C. Brown & V. Stoffel (eds), *Occupational Therapy in Mental Health: A vision for the future*, F.A. Davis Company, Philadelphia, PA.

National Disability Insurance Agency 2014, *What is the National Disability Insurance Scheme?*, viewed 19 March 2016, <<http://www.ndis.gov.au/document/what-national-disability-insurance>>

National Mental Health Commission 2014, *The National Review of Mental Health Programmes and Services*, NMHC, Sydney, NSW.

New South Wales Government 2007 *Mental Health Act 2007*, No. 8 (NSW), viewed 19 March 2016, <http://www.austlii.edu.au/au/legis/nsw/num_act/mha2007n8155.pdf>

Potasz, C. 2013, Effect of play activities on hospitalized childrens stress: A randomized clinical trial, *Scandinavian Journal of Occupational Therapy*, vol. 20, no. 1, pp. 7179.

Rens, L. & Joosten, A. 2014, Investigating the experiences in a school-based occupational therapy program to inform community-based paediatric occupational therapy practice, *Australian Occupational Therapy Journal*, vol. 61, no. 3, pp. 148158.

Rosenbaum, P. 1998, Family-centred service: A conceptual framework and research review, *Physical Therapy and Occupational Therapy in Pediatrics*, vol. 18, no. 1, pp. 120.

Safe Work Australia 2015, *Safe Work Australia*, viewed 19 March 2016, <<http://www.safeworkaustralia.gov.au/sites/swa/pages/default>>

Scanlan, J.N. 2015, Identifying educational priorities for occupational therapy students to prepare for mental health practice in Australia and New Zealand: Opinions of practising occupational therapists, *Australian Occupational Therapy Journal*, vol. 62, no. 5, pp. 286298.

So, S. 2014, Parental experiences of a developmentally focused care program for infants and children during prolonged hospitalization, *Journal of Child Health Care*, vol. 18, no. 2, pp. 156167.

Squires, J. & Bricker, D. 2009, *Ages & Stages Questionnaires (ASQ-3)*, Paul H. Brookes Publishing Co., Inc, Baltimore, MD.

Stav, W.B. 2012, Systematic review of occupational engagement and health outcomes among community-dwelling older adults, *American Journal of Occupational Therapy*, vol. 66, no. 3, pp. 301310.

Townsend, E. & Polatajko, H. 2013, *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, 9th Canadian 279occupational therapy guidelines, Canadian Association of Occupational Therapists, Ottawa, ON.

Transport Accident Commission and Worksafe Victoria 2012, *Clinical Framework for the Delivery of Health Services: Transport Accident Commission (TAC) and WorkSafe Victoria (WorkSafe)*, viewed 19 March 2016, <<http://www.worksafe.vic.gov.au/forms-and-publications/forms-and-publications/clinical-framework-for-the-delivery-of-health-services>>

Turpin, M. & Iwama, M.K. 2011, *Using Occupational Therapy Models in Practice: A field guide*, Churchill Livingstone, Edinburgh, Scotland.

United Nations Educational, Scientific and Cultural Organization 1994, *The UNESCO Salamanca Statement and Framework for Action on Special Needs Education*, viewed 19 March 2016, <<http://www.unesdoc.unesco.org/images/0009/000984/098427eo.pdf>>

Waddell, G. & Burton, K. (eds) 2006, *Is Work Good For Your Health and Well-being?*, TSO (The Stationary Office), London, UK.

Wechsler, D. 1991, *The Wechsler Intelligence Scale for Children: Third edition*, The Psychological Corporation, San Antonio, TX.

World Federation of Occupational Therapists (WFOT) 2010, *World Federation of Occupational Therapists 2010 Statement on Occupational Therapy*, viewed 19 March 2016, <<http://www.wfot.org>>

Ziviani, J. 2010, Systematic review of early intervention programmes for children from birth to nine years who have a physical disability, *Australian Occupational Therapy Journal*, vol. 57, no. 4, pp. 210223.

Emerging professional practice areas

Austin, K.L. 2013, Preliminary evaluation of Sleepwise program for children with sleep disturbance and developmental delay, *Child & Family Behavior Therapy*, vol. 35, no. 3, pp. 195211, viewed 16 November 2015, <<http://www.tandfonline.com/>>

Australian Bureau of Statistics 2012, *Cultural Diversity in Australia, Reflecting a Nation: Stories from the 2011 census*, Cat. no. 2071.0, ABS, Canberra, ACT.

Bourke-Taylor, H. 2012, Predicting mental health among mothers of school-aged children with developmental disabilities: The relative contribution of child, maternal and environmental factors, *Journal of Developmental Disability Research*, vol. 33, no. 6, pp. 17321740, viewed 17 November 2015, <<http://www.sciencedirect.com/>>

Bye, R.A. 1998, When clients are dying: Occupational therapists perspectives, *Occupational Therapy Journal of Research*, vol. 18, no. 1, pp. 324, viewed 17 November 2015, <<http://www.proquest.com/libraries/academic/databases/>>

Ciccarelli, M. 2012, Promoting healthy computer use among middle school students: A pilot school-based health promotion program, *Work*, vol. 41, Supplement 1, pp. 851856, viewed 17 November 2015, <<http://www.iospress.nl/bookserie/dissertations-in-database-and-information-systems/>>

Commonwealth of Australia 2011, *National Carer Strategy*, Commonwealth of Australia, Canberra.

Cordier, R. & Wilson, N.J. 2014, Community-based Mens Sheds: Promoting male health, wellbeing and social inclusion in an international context, *Health Promotion International*, vol. 29, no. 3, pp. 483493, viewed 17 November 2015, <<http://database.oxfordjournals.org/>>

Culph, J. 2015, Mens Sheds and the experience of depression in older men, *Australian Occupational Therapy Journal*, vol. 62, no. 5, pp. 306315, viewed 17 November 2015, <<http://onlinelibrary.wiley.com/browse/publications?type=database>>

Dawe, S. 2008, Improving outcomes for children living in families with parental substance misuse: What do we know and what should we do, *Australian Institute of Family Studies*, vol. 29, pp. 114, viewed 17 November 2015, <<http://www.researchgate.net/topic/databases>>

Department of Immigration and Border Protection 2015, *More Than 65 Years of Post-war Migration*, Department of Immigration and Border Protection, viewed 17 November 2015, <<http://www.immi.gov.au/media/fact-sheets/04fifty.htm>>

Department of Social Services 2013, *The People of Australia: Australias multicultural policy*, Department of Social Services, viewed 17 November 2015,

<http://www.dss.gov.au/sites/default/files/documents/12_2013/people-of-australia-multicultural-policy-booklet_print.pdf>

- Epel, E.S. 2004, Accelerated telomere shortening in response to life stress, *Proceedings of the National Academy of Sciences*, vol. 101, no. 49, pp. 1731217315, viewed 17 November 2015, <<http://www.pnas.org/>>
- Fairthorne, J. 2014, Early mortality and primary causes of death in mothers of children with intellectual disability or Autism Spectrum 294Disorder: A retrospective cohort study, *PLoS ONE*, vol. 9, pp. 115, viewed 17 November 2015, <<http://www.proquest.com/libraries/academic/databases/>>
- Hansji, N. 2015, Mens Sheds: Enabling environments for Australian men living with long-term disabilities, *Health and Social Care in the Community*, vol. 23, no. 3, pp. 272281, viewed 17 November 2015, <<http://onlinelibrary.wiley.com/browse/publications?type=database>>
- Hoffmann, T. 2014, *Introduction to Evidence-based Practice Across the Health Professions*, Churchill Livingstone, Chatswood, NSW.
- Hugo, G. 2011, *Economic, Social and Civic Contributions of First and Second Generation Humanitarian Entrants*, Department of Immigration and Citizenship, Canberra, viewed 17 November 2015, <<http://www.border.gov.au/ReportsandPublications/Documents/research/economic-social-civic-contributions-about-the-research2011.pdf>>
- Intellectual Disability Services Council 2005, *Sleepwise, A Resource Manual: Positive sleep practices for young children with developmental delay*, IDSC, Adelaide, SA.
- Jacques, N.D. & Hasselkus, B.R. 2004, The nature of occupation surrounding dying and death, *Occupational Therapy Journal of Research*, vol. 24, no. 2, pp. 4453, viewed 17 November 2015, <<http://online.sagepub.com/>>
- Keesing, S. & Rosenwax, L. 2011, Is occupation missing from occupational therapy in palliative care?, *Australian Occupational Therapy Journal*, vol. 58, no. 5, pp. 329336, viewed 17 November 2015, <<http://onlinelibrary.wiley.com/browse/publications?type=database>>
- Kiselica, M.S. (eds) 2008, *Counseling Troubled Boys: A guidebook for professionals*, Routledge, New York, NY.
- Lamont, A. 2010, *Effects of Child Abuse and Neglect for Children and Adolescents (CFCA Resource Sheet)*, Australian Institute of Family Studies, Melbourne, viewed 17 November 2015, <<http://aifs.gov.au/cfca/publications/effects-child-abuse-and-neglect-children-and-adolescents>>
- Moss, A.H.B. 2014, Impact of Sleepwise: An intervention for youth with developmental disabilities and sleep disturbance, *Journal of Autism and Developmental Disorders*, vol. 44, no. 7, pp. 16951707, viewed 17 November 2015, <<http://link.springer.com/>>
- Occupational Therapy Board of Australia 2014, *Code of Conduct for Registered Health Practitioners*, Occupational Therapy Board of Australia, viewed 17 November 2015, <<http://www.occupationaltherapyboard.gov.au/Codes-Guidelines/Code-of-conduct.aspx>>
- OConnell, A. & Vannan, K. 2008, Sleepwise: Addressing sleep disturbance in young children with developmental delay, *Australian Occupational Therapy Journal*, vol. 55, no. 3, pp. 212214, viewed 17 November 2015, <<http://onlinelibrary.wiley.com/browse/publications?type=database>>
- 295 Park Lala, A. & Kinsella, E.A. 2011, A phenomenological inquiry into the embodied nature of occupation at end of life, *Canadian Journal of Occupational Therapy*, vol. 78, no. 4, pp. 246254, <<http://online.sagepub.com/>>
- Price-Robertson, R. & Bromfield, L. 2012, *What is Child Abuse and Neglect? (CFCA Resource Sheet)*, Australian Institute of Family Studies, Melbourne, viewed 17 November 2015, <<http://aifs.gov.au/cfca/publications/what-child-abuse-and-neglect>>
- Rideout, V.J. 2010, *Generation M2: Media in the lives of 8- to 18-year-olds*, The Henry J. Kaiser Family Foundation, Menlo Park, CA.
- Straker, L.M. 2010, Evidence-based guidelines for the wise use of computers by children: Physical development guidelines, *Ergonomics*, vol. 53, no. 4, pp. 458477, viewed 17 November 2015, <<http://www.tandfonline.com/>>
- Tran, T. & Ciccarelli, M. 2012. Primary school childrens knowledge of, and attitudes towards, healthy computer use, *Work*, vol. 41, Supplement 1, pp. 863868, viewed 17 November 2015, <<http://www.iospress.nl/bookserie/dissertations-in-database-and-information-systems/>>
- Wilcock, A.A. 1996, *The relationship between occupation and health: Implications for occupational therapy and public health*, doctoral thesis, University of Adelaide, Department of Community Medicine, Adelaide, SA.
- Wilson, N.J. & Cordier, R. 2013, A narrative review of mens sheds literature: Reducing social isolation and promoting mens health and wellbeing, *Health and Social Care in the Community*, vol. 21, no. 5, pp. 451463, viewed 17 November 2015, <<http://onlinelibrary.wiley.com/browse/publications?type=database>>
- World Federation of Occupational Therapists (WFOT) 2014, *Human Displacement (Position Statement)*, viewed 17 November 2015, <<http://www.wfot.org/ResourceCentre/tabid/132/cid/31/Default.aspx>>

Occupational therapy assessment

- Asher, L.E. 2014, Ashers occupational therapy assessment tools: An annotated index, 4th edn, American Occupational Therapy Association Inc., Bethesda, MD.
- Brown, T. 2012, Assessment, measurement, and evaluation: Why cant I do what everyone expects me to do?, In S.J. Lane & A.C. Bundy (eds), Kids can be kids: A childhood occupations approach, F.A. Davis Company, Philadelphia.
- Brown, T. & Chien, C.W. 2010, Occupation-centred assessment for children, In S. Roger (ed), Occupational therapy practice for children: A practical guide for occupational therapists, Blackwell Science Publishers, Oxford, UK.
- Fawcett, A.L. 2007, Principles of assessment and outcome measurement for occupational therapists and physiotherapists: Theory, skills and application, Wiley & Sons Ltd, Hoboken, NJ.
- Hemphill-Pearson, B. 2008, Assessments in occupational therapy mental health: An integrative approach, SLACK Incorporated, Thorofare, NJ.
- Mulligan, S. 2003, Occupational therapy evaluation for children: A pocket guide, Lippincott Williams & Wilkins, Philadelphia, PA.
- 308 Stanley, P. & Orchanian, D.P. 2003, Pocket Guide to Assessment in Occupational Therapy, Thomson Delmar Learning, Clifton Park, NY.
- Vroman, K. 2013, Occupational Therapy Evaluation for Adults: A pocket guide, Wolters Kluwer/Lippincott Williams & Wilkins Health, Philadelphia, PA.
- Achenbach, T.M. & Rescorla, L.A. 2001, Manual for the ASEBA School-Age Forms & Profiles, University of Vermont, Research Centre for Children, Youth & Families, Burlington, VT.
- American Educational Research Association 1999, Standards for Educational and Psychological Testing, American Psychological Association, Washington, DC.
- American Occupational Therapy Association (AOTA) 2002, Occupational therapy practice framework: Domain and process, American Journal of Occupational Therapy, vol. 56, no. 6, pp. 609639.
- American Occupational Therapy Association (AOTA) 2008, Occupational Therapy Practice Framework: Domain and Process, 2nd edn, American Occupational Therapy Association, Bethesda, MD.
- Beck, A.T. 1996, Manual for the Beck Depression Inventory-II, Psychological Corporation, San Antonio, TX.
- Beery, K.E. 2010, Beery Buktenica Developmental Test of Visual Motor Integration, 6th edn, Pearson, Minneapolis, MN.
- Blank, R. 2012, European Academy for Childhood Disability (EACD): Recommendations on the definition, diagnosis and intervention of developmental coordination disorder (long version), Developmental Medicine and Child Neurology, vol. 54, no. 1, pp. 5493.
- Brown, T. 2012, Assessment, measurement, and evaluation: Why cant I do what everyone expects me to do?, In S.J. Lane & A.C. Bundy (eds), Kids Can Be Kids: A childhood occupations approach, F.A. Davis Company, Philadelphia.
- Brown, T. & Chien, C.W. 2010, Occupation-centred assessment for children, In S. Roger (ed), Occupational Therapy Practice for Children: A practical guide for occupational therapists, Blackwell Science Publishers, Oxford, UK.
- Butler, R.J. & Gasson, S.L. 2005, Self-esteem/self-concept scales for children and adolescents: A review, Child and Adolescent Mental Health, vol. 10, pp. 190201.
- DeGrace, B.W. 2003, Occupation-based and family-centered care: A challenge for current practice, American Journal of Occupational Therapy, vol. 57, no. 3, pp. 347350.
- Fawcett, A.L. 2007, Principles of Assessment and Outcome Measurement for Occupational Therapists and Physiotherapists: Theory, skills and application, Wiley and Sons Ltd, Hoboken, NJ.
- Fisher, A.G. & Bray Jones, K. 2010, Assessment of Motor and Process Skills, vol. 2: User manual, 7th edn, Three Star Press, Fort Collins, CO.
- 309 Fisher, A.G. & Griswold, L.A. 2010, Evaluation of Social Interaction, 2nd edn, Three Star Press, Fort Collins, CO.
- Folio, M.R. & Fewell, R.R. 2000, Peabody Developmental Motor Scales: Examiners manual, 2nd edn, Pro-ED, Austin, TX.
- Folstein, M. & Folstein, S. 2001, Mini Mental State Examination (MMSE), Psychological Assessment Resources, Inc., Lutz, Florida, FL.
- Harter, S. 1985, Manual for the Self-Perception Profile for Children, University of Denver, Denver, CO.
- Hemmingson, H. 2005, A Users Manual for the School Setting Interview Version 3.0, MOHO Clearinghouse, Chicago, IL.
- Henderson, S.E. 2007, Movement Assessment Battery for Children, 2nd edn, Harcourt Assessment, London, UK.

Henry, A.D. 2000, *Pediatric Interest Profiles*, Harcourt Assessment, San Antonio, TX.

Hocking, C. 2001, Implementing occupation-based assessment, *American Journal of Occupational Therapy*, vol. 55, no. 4, pp. 463-469.

Kiresuk, T.J. & Sherman, R.E. 1968, Goal attainment scaling: A general method for evaluating comprehensive community mental health programs, *Community Mental Health Journal*, vol. 4, no. 6, pp. 443-453.

Kubiszyn, T. & Borich, G. 2013, *Educational Testing and Measurement: Classroom application and practice*, 10th edn, Wiley & Sons Inc., Hoboken, NY.

Kurdek, L.A. & Sinclair, R.J. 2000, Psychological, family, and peer predictors of academic outcomes in first-through fifth-grade children, *Journal of Educational Psychology*, vol. 92, pp. 449-457.

Lafayette Instrument Company (LIC) 1985, *Instructions and Normative Data for Model 32020, LIC*, Purdue Pegboard, Lafayette, IN.

Law, M. & Baum, C. 2001, Measuring in occupational therapy, In M. Law (eds), *Measuring Occupational Performance: Supporting best practice in occupational therapy*, SLACK Incorporated, Thorofare, NJ.

Law, M. 2005, *Canadian Occupational Performance Measure*, 4th edn, CAOT Publications, Ottawa, ON.

Martin, N.A. 2006, *Test of Visual Perceptual Skills*, 3rd edn, Academic Therapy Publications, Novato, CA.

Messick, S. 1989, Validity, In R. Linn (ed), *Educational Measurement*, American Council on Education & Macmillan Publishing Company, New York, NY.

Miller Kuhaneck, H. 2010, *Sensory Processing Measure Preschool: Manual*, Western Psychological Services, Los Angeles, CA.

Missiuna, C. 2004, *Perceived Efficacy and Goal Setting System (PEGS)*, Pearson Education Inc, San Antonio, TX.

Parham, L.D. 2007, *Sensory Processing Measure*, Western Psychological Services, Los Angeles, CA.

Piers, E.V. 2002, *Piers-Harris Childrens Self-Concept Scale*, 2nd edn (Piers-Harris 2), Western Psychological Services, Los Angeles, CA.

310 Rosenberg, L. 2010, Development and initial validation of the Environmental Restriction Questionnaire (ERQ), *Research in Developmental Disabilities*, vol. 31, no. 6, pp. 1323-1331.

Shaughnessy, J.J. 2006, *Research Methods in Psychology*, 7th edn, McGraw-Hill, New York.

Trombly, C. 1993, Anticipating the future: Assessment of occupational function, *American Journal of Occupational Therapy*, vol. 47, no. 3, pp. 253-257.

Ulrich, D.A. 2000, *Test of Gross Motor Development*, 2nd edn, Pro-Ed, Austin, TX.

Unsworth, CA . 2011, *OTDORA Battery: Occupational Therapy Driver Off-Road Assessment Battery*, AOTA Press, Bethesda, MD.

World Health Organization 2001, *International Classification of Functioning, Disability, and Health*, WHO, Geneva, Switzerland.

The role of occupational therapy in primary health care in Australia

Australian Commission on Safety and Quality in Health Care 2009, *Preventing Falls and Harm from Falls in Older People: Best practice guidelines for Australian community care*, ACSQHC, Sydney, NSW.

Baum, F. 2008, *The New Public Health*, 3rd edition, Oxford University Press, South Melbourne, Vic.

Braveman, P. & Gruskin, S. 2003, Defining equity in health, *Journal of Epidemiology and Community Health*, vol. 57, no. 4, pp. 254-258.

Central Adelaide and Hills Medicare Local 2015, *Health Profile: A population health needs assessment of the Central Adelaide and Hills Region 2015*, Department of Health and Ageing, viewed 30 July 2015, <<http://www.adelaidephn.com.au/assets/cna/CAHML%202015%20Health%20Profile%20with%20Matrix%20-%20Summary.pdf>>

Department of Health 2015, *Primary Health Networks (PHNs)*, Australian Government, viewed 30 July 2015, <http://www.health.gov.au/internet/main/publishing.nsf/content/primary_health_networks#abt>

319 Galheigo, S.M. 2005, Occupational therapy and the social field, In F. Kronenberg (ed), *Occupational Therapy Without Borders: Learning from the spirit of survivors*, Churchill Livingstone, Edinburgh, Scotland.

George, E. 2015, Promoting the rights and responsibilities of children: A South Australian example, *Global Health Promotion*, viewed 27 April 2015, <<http://ped.sagepub.com/content/early/2015/04/27/1757975915577600.full.pdf+html>>

Kannus, P. 2006, Preventing falls among elderly people in the hospital environment, *Medical Journal of Australia*, vol. 184, no. 8, pp. 372-373.

Keleher, H. & MacDougall, C. 2011, *Understanding Health*, 3rd Edition, Oxford University Press, South Melbourne, Vic.

Laverack, G. 2006, Improving health outcomes through community empowerment: A review of the literature, *Journal of Health Population and Nutrition*, vol. 24, no. 1, pp. 113-120.

Laverack, G. 2009, *Public Health: Power, empowerment and professional practice*, 2nd edn, Palgrave Macmillan, Basingstoke, UK.

Marmot, M. & Friel, S. 2008, Global health equity: Evidence for action on the social determinant of health, *Journal of Epidemiology and Community Health*, vol. 62, no. 12, pp. 1095-1097.

Northern Territory Government 2013, Understanding Determinants of Health, Department of Health, Darwin, viewed 1 March 2015, <http://www.health.nt.gov.au/library/scripts/objectifyMedia.aspx?file=pdf/91/98.pdf&siteID=1&str_title=Determinants%20Health_POSTER.pdf>

Occupational Therapy Australia 2010, Australian Minimum Competency Standards for New Graduate Occupational Therapists (ACSOT) 2010, University of Queensland, viewed 31 May 2015, <https://www.otaus.com.au/sitebuilder/aboutus/knowledge/asset/files/16/australian_minimum_competency_standards_for_new_grad_occupational_therapists.pdf>

Orleans, T.C. 2000, Promoting the maintenance of health behavior change: Recommendations for the next generation of research and practice, *Health Psychology*, vol. 19, no. 1, pp. 7683.

Peoples Health Movement 2001, Peoples Charter for Health (Online), viewed 1 November 2014, <<https://www.phmovement.org/sites/www.phmovement.org/files/phm-pch-english.pdf>>

South Australian Government 2015, Childrens Centres for Early Childhood Development and Planning, viewed 1 July 2015, <<http://www.childrenscentres.sa.gov.au>>

Talbot, L. & Verrinder, G. 2014, Promoting Health: The primary health care approach, 5th edn, Elsevier, Chatswood, NSW.

Tse, S. 2003, Literature review: Occupational therapy and primary health care, *New Zealand Journal of Occupational Therapy*, vol. 50, no. 2, pp. 1723.

World Health Organization (WHO) 1948, World Health Organization Constitution (Online), viewed 25 July 2016, <<http://www.who.int/en/>>

World Health Organization (WHO) 1978, Declaration of Alma-Ata, viewed 1 March 2015, <http://www.who.int/publications/almaata_declaration_en.pdf>

Occupational therapy practice in regional, rural and remote Australia

Australian Bureau of Statistics 2015a, viewed 14 September 2015, <www.abs.gov.au/ausstats@nsf/mf/3100.0>.

Australian Bureau of Statistics 2015b, viewed 14 September 2015, <[http://www.abs.gov.au/ausstats/subscriber.nsf/0/EB3374C05104D74ACA257D1E00128192/\\$File/1270055005_2011_remoteness_structure_maps.pdf](http://www.abs.gov.au/ausstats/subscriber.nsf/0/EB3374C05104D74ACA257D1E00128192/$File/1270055005_2011_remoteness_structure_maps.pdf)>

Australian Government Department of Health 2015, Telehealth, viewed 4 November 2015, <<http://www.health.gov.au/internet/main/publishing.nsf/content/e-health-telehealth>>

Australian Institute of Health and Welfare 2008, Rural, Regional and Remote Health: Indicators of Health System Performance, AIHW, Canberra, ACT.

Australian Institute of Health and Welfare 2013, Allied Health Workforce 2012, Cat. no. HWL 51, Canberra, ACT, viewed 25 July 2016, <<http://www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=60129544590>>.

Australian Institute of Health and Welfare 2015, The Health and Welfare of Australias Aboriginal and Torres Strait Islander Peoples: 2015, AIHW, viewed 25 June 2015, <<http://www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=10737418955>>

Bourke, L. 2012, Understanding rural and remote health: A framework for analysis in Australia, *Health & Place*, vol. 18, no. 3, pp. 496-503. doi: 10.1016/j.healthplace.2012.02.009

Brockwell, D. 2009, Four years after graduation: Occupational therapists work destinations and perceptions of preparedness for practice, *Australian Journal of Rural Health*, vol. 17, no. 2, pp. 7176.

Carra, K. 2015, How do graduate occupational therapists describe their experiences of rural practice? A critical review, *Australian Occupational Therapy Journal*, vol. 62, no. 1, p. 72.

Chipp, C. 2011, If only someone had told me Lessons from rural providers, *The Journal of Rural Health*, vol. 27, no. 1, pp. 122-130.

Devine, S. 2006, Perceptions of occupational therapists practising in rural Australia: A graduate perspective, *Australian Occupational Therapy Journal*, vol. 53, no. 3, pp. 205-210.

Dew, A. 2013, Carer and service providers experiences of individual funding models for children with a disability in rural and remote areas, *Health and Social Care in the Community*, vol. 21, no. 4, pp. 110.

330 Humphreys, J. 2010, Rural Allied Health Workforce Retention in Victoria: Modelling the benefits of increased length of stay and reduced staff turnover, Monash University School of Rural Health, Bendigo, Vic.

Lannin, N. & Longland, S. 2003, Critical shortage of occupational therapists in rural Australia: Changing our long-held beliefs provides a solution, *Australian Occupational Therapy Journal*, vol. 50, no. 3, pp. 184-187.

Lepard, M.G. 2015, Diabetes self-management interventions for adults with type 2 diabetes living in rural areas: A systematic literature review, *Current Diabetes Reports*, vol. 15, no. 6, pp. 112.

McAuliffe, T. & Barnett, F. 2010, Perceptions towards rural and remote practice: A study of final year occupational therapy students studying in a regional university in Australia, *Australian Occupational Therapy*

Journal, vol. 57, no. 5, pp. 293300.

Merritt, J. 2013, Regional and remote occupational therapy: A preliminary exploration of private occupational therapy practice, *Australian Occupational Therapy Journal*, vol. 60, no. 4, pp. 276287.

Nancarrow, S. 2012, Assessing the implementation process and outcomes of newly introduced assistant roles: A qualitative study to examine the utility of the Calderdale Framework as an appraisal tool, *Journal of Multidisciplinary Healthcare*, vol. 5, pp. 307317.

National Rural Health Alliance 2009, *The State of Rural Health*, Deakin West, ACU, viewed 25 July 2016, <http://ruralhealth.org.au/sites/default/files/fact-sheets/fact-sheet-09-the%20state%20of%20rural%20health_0.pdf>

Occupational Therapy Board of Australia 2016, *Occupational Therapy Registrant Data*, viewed 24 July 2016, <<http://www.occupationaltherapyboard.gov.au/About/Statistics.aspx>>

OToole, K. 2010, Why did they leave and what can they tell us? Allied health professionals leaving rural settings, *Australian Health Review*, vol. 34, no. 1, pp. 6672.

Playford, D. 2006, Going country: Rural student placement factors associated with future rural employment in nursing and allied health, *Australian Journal of Rural Health*, vol. 14, no. 1, pp. 1419.

SARRAH 2015, *Services for Australian Rural and Remote Allied Health (SARRAH) 2015*, viewed 25 June 2015, <<http://www.sarrah.org.au>>

Smith, R. & Duffy, J. 2010, Developing a competent and flexible workforce using the Calderdale Framework, *International Journal of Therapy and Rehabilitation*, vol. 17, no. 5, pp. 254262.

Wade, V.A. 2012, A qualitative study of ethical, medico-legal and clinical governance matters in Australian telehealth services, *Journal of Telemedicine and Telecare*, vol. 18, no. 2, pp. 109114.

Williams, E. 2007, Physiotherapy in rural and regional Australia, *Australian Journal of Rural Health*, vol. 15, no. 6, pp. 380386.

Indigenous health: Occupational therapy's role

Biddle, N. 2012 Northern Territory intervention extended but is it working?, *The Conversation*, viewed 25 May 2015, <<https://www.theconversation.com/northern-territory-intervention-extended-but-is-it-working-8005>>

Blesedell Crepeau, E. (eds) 2003, Willard & Spackmans Occupational Therapy, 10th edn, Lippincott Williams and Wilkins, Philadelphia, PA.

Dodson, P. 2013, Keynote Address, Thinking for Yourself Conference, presented Thursday, 28 February 2013, John Scott Meeting House, La Trobe University, Melbourne, Vic, viewed 25 May 2015, <<http://www.latrobe.edu.au/news/ideas-and-society/indigenous-politics>>

Gibson, C. 2015, Indigenous peoples and human rights: Some considerations for the occupational therapy profession in Australia, *Australian Occupational Therapy Journal*, vol. 62, no. 3, pp. 214218.

Hughes, K. 2013, Resilience, agency and resistance in the storytelling practice of Auntie Hilda Wilson (19112007), *Ngarrindjeri Aboriginal Elder, M/C Journal*, vol. 16, no. 5, viewed 27 May 2015, <<http://www.journal.media-culture.org.au/index.php/mcjournal/article/viewArticle/714>>

Kronenberg, F. 2005, *Occupational Therapy Without Borders: Learning from the spirit of survivors*, Elsevier, Philadelphia, PA.

Lewin, J.E. & Reed, C.A. 1998, *Creative Problem Solving in Occupational Therapy*, Lippincott-Raven, Philadelphia, PA.

Mohatt, N.V. 2014, Historical trauma as public narrative: A conceptual review of how history impacts present-day health, *Social Science & Medicine*, vol. 106, pp. 128136.

Nelson, A. 2007, Understanding where we come from: Occupational therapy with urban Indigenous Australians, *Australian Occupational Therapy Journal*, vol. 54, no. 3, pp. 203213.

Oneill, S. 2015, Opinion: I watched a flood of aid destroy a culture, *New Scientist*, viewed 12 May 2015, <<https://www.newscientist.com/article/mg22530130.300-i-watched-a-flood-of-aid-destroy-a-culture?cmid=RSS%25257CNSNS%25257C2012GLOBAL%25257Cmagcontents>>

Thomas, Y. 2011, Occupational therapy at the cultural interface: Lessons from research with Aboriginal and Torres Strait Islander Australians, *Australian Occupational Therapy Journal*, vol. 58, no. 1, pp. 1116.

Wronski, I. 2011, Indigenous Health: Can occupational therapy respond to the challenge to Close the gap?, *Australian Occupational Therapy Journal*, vol. 58, no. 1, pp. 12.

Population-centred occupational therapy practice and project management in Australian settings

- Australian Bureau of Statistics (ABS) 2011, Census of Population and Housing: Estimating homelessness, ABS, Canberra, ACT.
- Bronfenbrenner, U. 1979, *The Ecology of Human Development: Experiments by nature and design*, Harvard University Press, Cambridge, MA.
- Canadian Association of Occupational Therapists (CAOT) 2006, Position statement: Occupational therapy and primary health care, *Canadian Journal of Occupational Therapy*, vol. 73, no. 2, pp. 122123.
- 349 Clarke, M. & Thornton, J. 2014, Using appreciative inquiry to explore the potential of enhanced practice education opportunities, *British Journal of Occupational Therapy*, vol. 77, no. 9, pp. 475478.
- Craik, J. 2013, Introducing the Canadian Practice Framework (CPPF): Amplifying the context, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications ACE, Ottawa, ON.
- Davis, J. 2013, Using the Canadian Process Practice Framework: Amplifying the process, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications ACE, Ottawa, ON.
- Dwyer, J. 2013, *Project Management in Health and Community Services*, 2nd edn, Allen & Unwin, Crows Nest, NSW.
- Fidler, G.S. 2000, Beyond the therapy model: Building our future, *American Journal of Occupational Therapy*, vol. 54, no. 1, pp. 99101.
- Fortune, T. 2013, Transition to practice in supercomplex environments: are occupational therapy graduates adequately prepared?, *Australian Occupational Therapy Journal*, vol. 60, no. 3, pp. 217220.
- Gilbert Hunt, S.E. 2006, A practice placement education model based upon a primary health care perspective used in South Australia, *British Journal of Occupational Therapy*, vol. 69, no. 2, pp. 8185.
- Goertz, H.D. 2008, AOTAs societal statement on youth violence, *American Journal of Occupational Therapy*, vol. 62, no. 6, pp. 709710.
- Gupta, J. 2011, The philosophical base of occupational therapy, *American Journal of Occupational Therapy*, vol. 65, s65, viewed 16 January 2016, <<http://www.ajot.aota.org/article.aspx?articleid=1865199>>
- Hill, K. & Learhinan, K. 2008, Building Blocks, unpublished student report, Department of Occupational Therapy, Monash University, Frankston, Vic.
- Hocking, C. 2014, Occupational therapists driving societal change, *British Journal of Occupational Therapy*, vol. 77, no. 12, p. 591.
- Kielhofner, G. 2004, *Conceptual Foundations of Occupational Therapy Practice*, 3rd edn, F. A. Davis Company, Philadelphia, PA.
- Kindig, D. & Stoddart, G. 2003, What is population health?, *American Journal of Public Health*, vol. 93, no. 3, pp. 380383.
- Kinbanian, A. & Stomph, M. 2010, Diversity matters: Guiding principles on diversity and culture. A challenge for occupational therapists working in practice, education or research and for WFOT member organisations, *WFOT Bulletin*, vol. 61, no. 1, pp. 513.
- Knightbridge, L. 2014, Experiential learning on an alternative practice education placement: Student reflections on entry-level competency, personal growth, and future practice, *British Journal of Occupational Therapy*, vol. 77, no. 9, pp. 438446.
- 350 Lauckner, H.M. 2011, Conceptualizing community development: Occupational therapy practice at the intersection of health services and community, *Canadian Journal of Occupational Therapy*, vol. 78, no. 4, pp. 260268.
- Law, M. 1996, The Person-Environment-Occupation Model: A transactive approach to occupational performance, *Canadian Journal of Occupational Therapy*, vol. 63, no. 1, pp. 923.
- Malfitano, A.P.S. 2014, Social occupational therapy: Conversations about a Brazilian experience, *Canadian Journal of Occupational Therapy*, vol. 81, no. 5, pp. 298307.
- Molineux, M.L. & Whiteford, G.E. 1999, Prisons: From occupational deprivation to occupational enrichment, *Journal of Occupational Science*, vol. 6, no. 3, pp. 124130.
- National Health and Medical Research Council 2007, National Statement on Ethical Conduct in Human Research, viewed 25 July 2016, < <https://www.nhmrc.gov.au/guidelines-publications/e72>>
- Polatajko, H.J. 2007, Canadian Practice Process Framework, In E.A. Townsend & H.J. Polatajko (eds), *Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation*, CAOT Publications ACE, Ottawa, ON.
- Scaffa, M.E. & Reitz, S.M. 2014, *Occupational Therapy in Community-Based Practice Settings*, 2nd edn, F.A. Davis Company, Philadelphia, PA.
- Taylor, R.R. 2004, Developing and evaluating community-based services through participatory action research: Two case examples, *American Journal of Occupational Therapy*, vol. 58, no. 1, pp. 7382.
- Townsend, A. & Wilcock, A.A. 2004, Occupational justice and client-centred practice: A dialogue, *Canadian Journal of Occupational Therapy*, vol. 71, no. 2, pp. 7587.

Townsend, E.A. & Polatajko, H.J. 2013, Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation, CAOT Publications ACE, Ottawa, ON.

Wilcock, A.A. 1998, An Occupational Perspective of Health, SLACK Incorporated, Thorofare, NJ.

World Health Organization 1978, Declaration of Alma-Ata Report on the International Conference on Primary Health Care, WHO, Geneva, Switzerland.

World Health Organization 1986, The Ottawa Charter for Health Promotion, viewed 25 July 2016, <<http://www.who.int/healthpromotion/conferences/previous/ottawa/en/>>

Advocacy, promotion, leadership and entrepreneurship in the occupational therapy profession in Australia

Aguilar, A. 2012, Exploring professionalism: The professional values of Australian occupational therapists, Australian Occupational Therapy Journal, vol. 59, no. 3, pp. 209217.

Ashburner, J. 2014, Occupational therapy services for people with autism spectrum disorders: Current state of play, use of evidence and future learning priorities, Australian Occupational Therapy Journal, vol. 61, no. 2, pp. 110120.

Bridge, S. & O'Neill, K. 2012, Understanding Enterprise: Entrepreneurship and small business, Palgrave Macmillan, Basingstoke, UK.

The Dalai Lama & van den Muyzenberg, L. 2009, The Leaders Way: The art of making the right decisions in our careers, our companies, and the world at large, Broadway Books, Portland, OR.

Canadian Association of Occupational Therapists (CAOT) 2012, Profile of Practice of Occupational Therapists in Canada, viewed 4 April 2016, <<http://www.Caot.Ca/Pdfs/2012otprofile.Pdf>>

Covey, S.M.R. 2009, How the Best Leaders Build Trust, viewed 4 April 2016, <<http://www.Leadershipnow.Com/Coveytrust.Html>>

Dhillon, S.K. 2010, Advocacy in occupational therapy: Exploring clinicians reasons and experiences of advocacy, Canadian Journal of Occupational Therapy, vol. 77, no. 4, pp. 241248.

Dunbar, S. & Winston, K. 2015, An Occupational Perspective on Leadership: Theoretical and practical dimensions, 2nd edn, SLACK Incorporated, Thorofare, NJ.

Fleming-Castaldy, R.P. & Patro, J. 2012, Leadership in occupational therapy: Self-perceptions of occupational therapy managers, Occupational Therapy in Health Care, vol. 26, nos 23, pp. 187202.

Fullan, M. & Scott, G. 2009, Turnaround Leadership for Higher Education, Wiley & Sons, Oxford, UK.

Goleman, D. 2004, Primal Leadership: Learning to lead with emotional intelligence, Harvard Business Press, Boston, MA.

King, D. & Curtin, M. 2014, Occupational therapists use of advocacy in brain injury rehabilitation settings, Australian Occupational Therapy Journal, vol. 61, no. 6, pp. 446457.

356 Northouse, P.G. 2015, Leadership: Theory and practice, SAGE Publications, Thousand Oaks, CA.

Paluch, T. 2011, Koori occupational therapy scheme: Contributing to first Australian health through professional reflection, advocacy and action, Australian Occupational Therapy Journal, vol. 58, no. 1, pp. 5053.

Rodger, S. 2011, Final Report: Building capacity among emerging occupational therapy academic leaders in curriculum renewal and evaluation at UQ and nationally, Australian Learning and Teaching Council, Sydney, NSW.

Rodger, S. 2012, Leadership through an occupational lens: Celebrating our territory, Australian Occupational Therapy Journal, vol. 59, no. 3, pp. 172179.

Stergiou-Kita, M. 2010, Health professionals, advocacy and return to work: Taking up the challenge, Work: A journal of prevention, assessment and rehabilitation, vol. 37, no. 2, pp. 217223.

Tannous, C. 2000, Therapists as advocates for their clients with disabilities: A conflict of roles?, Australian Occupational Therapy Journal, vol. 47, no. 1, pp. 4146.

Welchman, J. & Griener, G.G. 2005, Patient advocacy and professional associations: Individual and collective responsibilities, Nursing Ethics, vol. 12, no. 3, pp. 296304.

Looking forward: Occupational therapy in Australias future

Australian Health Practitioner Regulation Agency (AHPRA) 201415, Annual report 2014/15, Melbourne, Vic., viewed 7 March 2016, <<https://www.ahpra.gov.au/annualreport/2015/>>

Bourke-Taylor, H.M. 2012, Initial development of the Health Promoting Activities Scale to measure the leisure participation of mothers of children with disabilities, American Journal of Occupational Therapy, vol. 66, no. 1, pp. e1e10.

Bourke-Taylor, H. & Pallant, J. 2013, The Assistance to Participate Scale to measure play and leisure support for children with developmental disability: Update following Rasch analysis, *Child: Care, health and development*, vol. 39, no. 4, pp. 544551.

Bourke-Taylor, H. 2014, Update on the Childs Challenging Behaviour Scale following evaluation using Rasch analysis, *Child: Care, health and development*, vol. 40, no. 2, pp. 242249.

Bronson, M. & Bundy, A.C. 2001, A correlational study of the Test of Playfulness and the Test of Environmental Supportiveness, *Occupational Therapy Journal of Research*, vol. 21, pp. 223240.

Brown, T. & Williams, B. (eds) 2015, *Evidence-based Education in the Health Professions: Promoting best practice in the learning and teaching of students*, Radcliffe, Abingdon, Oxfordshire, UK.

Chien, C.W. 2012, Examining construct validity of a new naturalistic observational assessment of hand skills for preschool- and school-age children, *Australian Occupational Therapy Journal*, vol. 59, no. 2, pp. 108120.

Clemson, L. 2016, *Lifestyle-integrated Functional Exercise (LiFE) Program to Prevent Falls: Trainers Manual*, Sydney University Press, Sydney, NSW.

Cooke, D.M. 2005, Development of a standardized occupational therapy screening tool for visual perception in adults, *Scandinavian Journal of Occupational Therapy*, vol. 12, pp. 5971.

Copley, J. & Kuipers, K. 1999, *Management of Upper Limb Hypertonicity*, Therapy Skill Builders, Tucson, AZ.

Cordier, R. 2014, Reliability and validity of the Pragmatics Observational Measure (POM): A new observational measure of pragmatic language for children, *Research in Developmental Disabilities*, vol. 35, no. 7, pp. 15881598.

Curtin, M. (eds) 2009, *Occupational Therapy and Physical Dysfunction: Enabling occupation*, Churchill Livingstone, Edinburgh, Scotland.

De Jonge, D.M. 2007, *Assistive Technology in the Workplace*, Mosby Elsevier, St Louis, MO.

Division of Occupational Therapy, University of Queensland 2008, *Student Practice Evaluation Form-Revised Edition (SPEF-R)*, In *Student Practice Evaluation Form (SPEF)-Revised Edition Package*, The University of Queensland, Brisbane, Qld.

365 Dodd, K. (eds) 2010, *Physiotherapy and Occupational Therapy for People with Cerebral Palsy: A problem-based approach to assessment and management*, John Wiley & Sons Ltd., Hoboken, NJ.

Hocking, C. & Ness, N.E. 2004, WFOT minimum standards for the education of occupational therapists: Shaping the profession, *World Federation of Occupational Therapists Bulletin*, vol. 50, no. 1, pp. 917, viewed 7 March 2016, <dx.doi.org/10.1179/otb.2004.50.1.003>

Hoffman, T. (eds) 2013, *Evidence-based Practice Across the Health Professions*, Churchill Livingstone, Sydney, NSW.

Jackson King, J. 2010, *Raising the Best Possible Child: How to parent happy and successful kids from birth to seven*, HarperCollins, Sydney, NSW.

Kay, L. 2009, Predicting fitness to drive in people with cognitive impairments by using DriveSafe and DriveAware, *Archives of Physical Medicine and Rehabilitation*, vol. 90, no. 9, pp. 15141522.

Keen, D. & Rodger, S. 2012, *Working With Parents of a Newly Diagnosed Child with an Autism Spectrum Disorder: A guide for professionals*, Jessica Kingsley Publishers, London, UK.

Lane, S.J. & Bundy, A.C. 2012, *Kids Can Be Kids: A childhood occupations approach*, F. A. Davis Company, Philadelphia, PA.

Mackenzie, L.A. & OToole, G. (eds) 2011, *Occupation Analysis in Practice*, Wiley-Blackwell, Chichester, West Sussex, UK.

McKenna, K. & Tooth, L. 2006, *Client Education: A partnership approach for health practitioners*, Plural Publishing Inc., Plymouth, UK.

Meadows, G. (eds) 2012, *Mental Health in Australia: Collaborative community practice*, 3rd edition, Oxford University Press, South Melbourne, Vic.

Molineux, M. (ed) 2004, *Occupation for Occupational Therapists*, Blackwell Publishing, Oxford, UK.

Nayar, S. & Stanley, M. 2015, *Qualitative Research Methodologies for Occupational Science and Therapy*, Milton Park, Abingdon, Oxon, UK.

Occupational Therapy Australia (OTA) 2010, *Australian Minimum Competency Standards for New Graduate Occupational Therapists (ACSOT) 2010*, OTA, Brisbane, Qld.

OToole, G. 2012, *Communication: Core interpersonal skills for health professionals*, Elsevier, Chatswood, NSW.

OTseeker n.d., History of OTseeker, viewed 7 March 2016, <<http://www.otseeker.com/About/History.aspx>>

OTseeker 2011, Evidence Insider, viewed 14 March 2016, <http://www.otseeker.com/Info/PDF/Newsletter_Mar2011.pdf>

OTseeker 2015, Occupational Therapy Systematic Evaluation of Evidence, viewed 14 March 2016, <http://www.otseeker.com/Info/PDF/OTseeker%20Brochure%20Mar_2015.pdf>

366 Packer, T.L. 2008, Development of the activity card sort: Australia, *Australian Occupational Therapy Journal*, vol. 55, no. 3, pp. 199206.

Poulsen, A.A. (eds) 2015, *Goal Setting and Motivation in Therapy: Engaging children and parents*, Jessica Kingsley Publishers, London, UK.

Randall, M.J. 2012, *Melbourne Assessment 2: A test of unilateral upper limb function*, The Royal Childrens Hospital, Melbourne, Vic.

Rodger, S.A. (ed) 2010, *Occupation-centred Practice with Children: A practical guide for occupational therapists*, WileyBlackwell, Oxford, UK.

Rodger, S.A. & Ziviani, J.M. (eds) 2006, *Occupational Therapy with Children: Enabling childrens occupational performance and participation*, Blackwell Science, Oxford, UK.

Skard, G. & Bundy, A. 2008, *Test of Playfulness*, In L.D. Parham & L.S. Fazio (eds), *Play in Occupational Therapy for Children*, Mosby Elsevier, St Louis, MO.

Stagnitti, K. 1998, *Learn to Play*, Co-ordinates Occupational Therapy Service, West Brunswick, Vic.

Stagnitti, K. 2007, *The Child Initiated Pretend Play Assessment (ChIPPA)*, Co-ordinates Publications, West Brunswick, Vic.

Stagnitti, K. & Cooper, R. (eds) 2009, *Play as Therapy: Assessment and therapeutic interventions*, Jessica Kingsley Publishers, London, UK.

Stagnitti, K. (eds) 2010, *Clinical and Fieldwork Placement in the Health Professions*, Oxford University Press, South Melbourne, Vic.

Sturges, J. & Ziviani, J. 1996, Development of a self-report play questionnaire for children aged 5 to 7 years: A preliminary report, *Australian Occupational Therapy Journal*, vol. 42, no. 3, pp. 107-117.

Turpin, M.J. & Iwama, M.K. 2010, *Using Occupational Therapy Models in Practice: A field guide*, Elsevier, Chatswood, NSW.

Unsworth, C.A. (ed) 1999, *Cognitive and Perceptual Disorders: A clinical reasoning approach to evaluation and intervention*, F.A. Davis Company, Philadelphia, PA.

Unsworth, C.A. & Duncombe, D. 2014, *AusTOMs for Occupational Therapy*, 3rd edn, La Trobe University, Melbourne, Vic.

Unsworth, C.A. 2012, *OTDORA Battery: Occupational Therapy Driver Off-Road Assessment Battery*, AOTA Press, Bethesda, MD.

Van Griensven, H. (eds) 2014, *Pain: A textbook for health professionals*, Churchill Livingstone, Edinburgh, Scotland.

Wallen, M.A. 1996, *The Handwriting Speed Test*, Helios Art and Book Co, Adelaide, SA.

Whiteford, G. & Hocking, C. (eds) 2012, *Occupational Science: Society, inclusion, participation*, Wiley-Blackwell, Oxford, UK.

Whiteford, G. & Wright St Clair, V. (eds) 2005, *Occupation and Context in Practice*, Churchill Livingstone, Edinburgh, Scotland.

367 Wilcock, A.A. , & Hocking, C. 2015, *An Occupational Perspective of Health*, SLACK Incorporated, Thorofare, NJ.

World Federation of Occupational Therapists 2014a, *Minimum Standards for the Education of Occupational Therapists*, Author, Perth, WA.

World Federation of Occupational Therapists 2014b, *List of Council Meetings and Congresses*, viewed 7 March 2016, <<http://www.wfot.org/Portals/0/PDF/2014/LIST%20OF%20COUNCIL%20MEETINGS%20AND%20CONGRESSES%20update%20June%202014.pdf>>

Ziviani, J. (eds) 2013, *The Art and Science of Motivation: A therapists guide to working with children*, Jessica Kingsley Publishers, London, UK.