

Agile Manifesto	BDD Alignment
Individuals and interactions over processes and tools.	BDD is about having conversations.
Working software over comprehensive documentation.	BDD focuses on making it easy to create software that is of business value.
Customer collaboration over contract negotiation.	BDD focuses on scenarios based on ideas with continuous communication with the customer as the development progresses. It is not based on any promises.
Responding to change over following a plan.	BDD focuses on continuous communication and collaboration that facilitates absorption of changes.