## Mykola Hrytsay

### Construction Laborer

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## PROFESSIONAL EXPERIENCE

#### Construction Worker | 2021-2023

Ukraine, Uzhhorod

- Assist skilled workers by handing tools and materials.
- · Load and unload construction materials.
- Clean and prepare construction sites by removing debris and hazardous materials.
- Mix and pour concrete, sand, and other materials.
- Operate basic hand and power tools (e.g., shovels, drills, saws).
- Dig trenches, holes, and foundations as needed.
- Set up and take down scaffolding, ladders, and temporary structures.
- Follow safety procedures and wear protective equipment.
- · Transport materials to different areas of the site.
- · Perform basic maintenance and cleaning of tools and equipment.
- · Assist with demolition work, including breaking down walls or structures.
- Support carpenters, electricians, and other tradespeople as required.

#### Warehouse Worker | 06.2024 - 10.2024

Meest Company, Canada

- · Managed the sorting and processing of parcels and packages.
- · Maintained accurate inventory records and ensured timely dispatch of shipments.
- Loading large parcels into a container.
- Entering parcels into the database, as well as working with customers.
- Moving and loading pallets with the Electric Pallet Jack

#### **EDUCATION**

#### **UZHHOROD NATIONAL UNIVERSITY 2019-2022**

Bachelor of Law

# PERSONAL QUALITIES

- Physical strength & stamina Ability to lift heavy materials and work long hours.
- Hardworking & reliable Willing to put in effort and show up on time.
- Team player Works well with others and follows instructions.
- Attention to safety Follows safety protocols to prevent accidents.
- Quick learner Able to pick up new skills and tasks efficiently.
- Good communication skills Understands and follows directions from supervisors.
- Problem-solving skills Can handle unexpected situations on-site.
- Adaptability Able to work in different weather conditions and environments.
- Basic technical skills Comfortable using hand and power tools.
- Positive attitude Maintains a good work ethic and motivation.
- Boxer. Don't drink, don't smoke