



# NIKOL DIMITROVA

participated in the Youth Exchange

## 38 CROSSING BORDERS

in Petrohan - Gurgulyat - Plovdiv, Bulgaria

from 14/08/2024 to 22/08/2024

### About the project

In this project we provide space for young people from Bulgaria and Belgium to interact, exchange ideas and experiences. In addition, the youth exchange focusses on the connection with nature and on outdoor activities, developing skills on sustainable hiking, camping and other related activities. The project also aims to raise awareness about environmental sustainability, focusing on practical every-day actions that we can undertake, in order to reduce our negative impact on the planet.

This certificate has been issued by Jeugddienst - Stad Gent.

Yuliya Andzhekarska  
Coördinator of the '38 Crossing Borders' project  
Sofia, 09/09/2024

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## PROJECT CONTEXT

### PROJECT DETAILS

Below are further details about the project in which Nikol Dimitrova participated.

#### 38 Crossing Borders

Youth Exchange | 14/08/2024–22/08/2024 | in Petrohan - Gurgulyat - Plovdiv, Bulgaria

**Main activities:** Intercultural exchange  
Connecting with nature, digital detox  
Exploring and developing new interest

**Main outcomes:** Bus 38 used to be iconic for the youngsters from Belgium. Before it got cancelled this bus used to be a dynamic meeting space where they could meet friends on the way to school. In the 38 Crossing Borders project we are bringing back this dynamic meeting space. 38 youngsters cross mental and physical borders in exploring new cultures, reconnecting with nature and developing new interests and skills.

**Hosting organisation:** Professional Forum for Education & Formaaf vzw

**Partners:** Professional Forum for Education and Formaaf vzw

**Group:** 38 participants from Belgium and Bulgaria

The working language of the project was English.

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>  
More information about this project can be found in the Erasmus+ Projects Results Platform:  
[https://ec.europa.eu/programmes/erasmus-plus/projects\\_en](https://ec.europa.eu/programmes/erasmus-plus/projects_en)