

YOUR GOAL

You're on alarm clock.

Wake people up in the right sleep phase (green/yellow zone) closest to their set time.

HOW TO PLAY

1. Watch sleep phase and set time.
2. Ring in the last good phase before set time.

KEY POINTS

5-10 MIN GRACE: Can oversleep a bit to catch right phase.

PENALTY: Too much grace or pousing game = penalty.

BONUS: 3 perfect wake-ups = extra life.

Every 5th Day: Bonus points.

SPEED UP: Each day is 10% faster.

<<TAP ON  TO CLOSE>>