AUTO IT
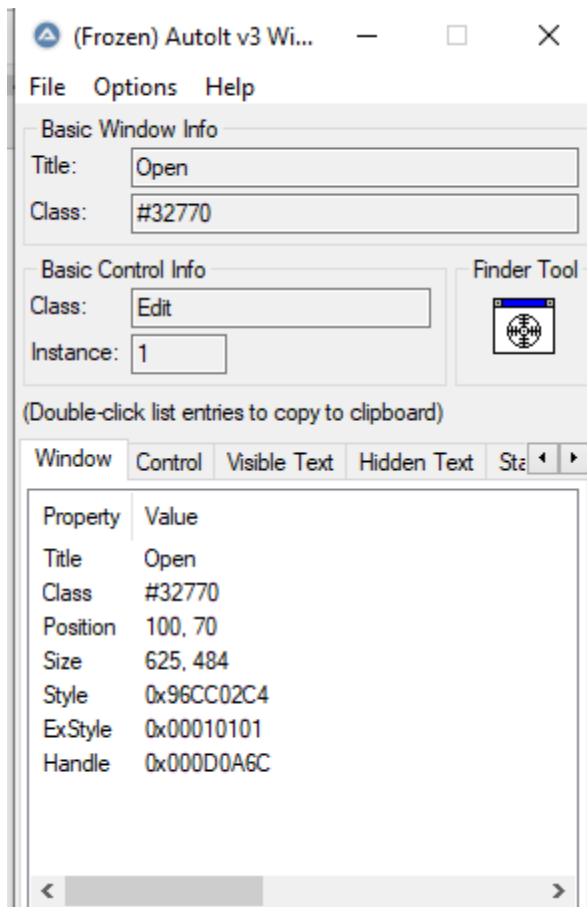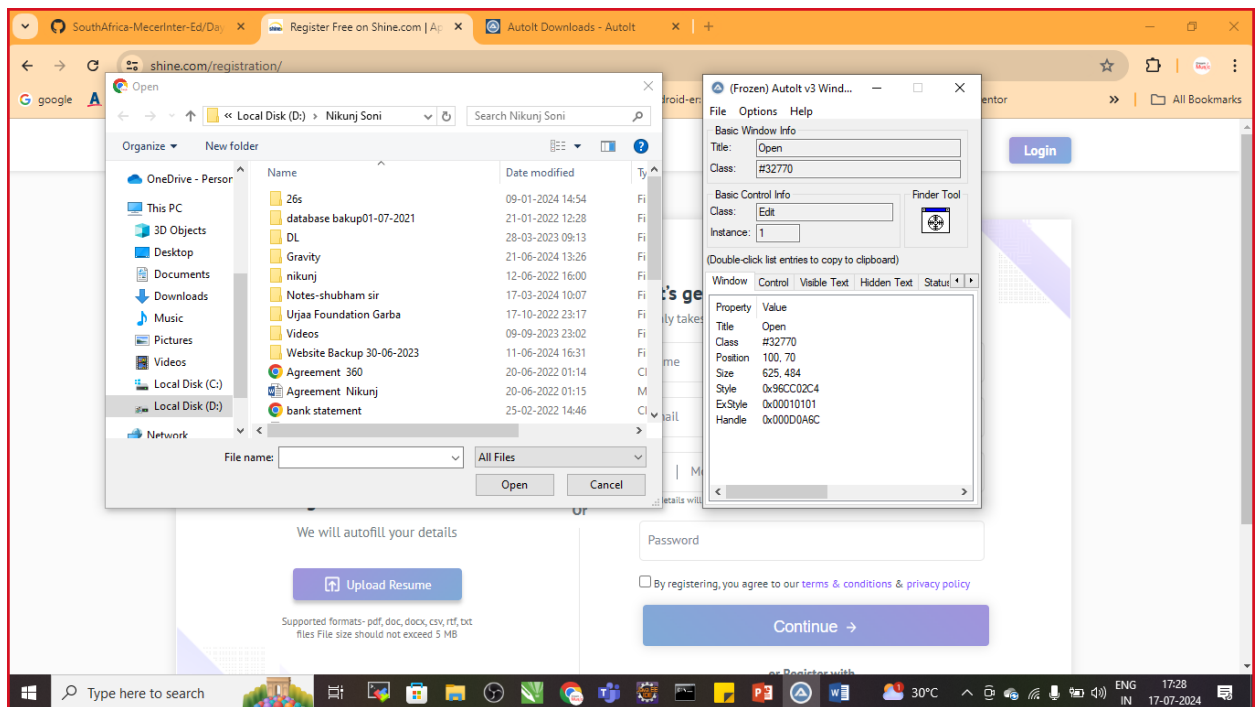
1. Download Auto it:
   Link: https://www.autoitscript.com/site/autoit/downloads/
2. Start Auto It

3. Use of finder tool
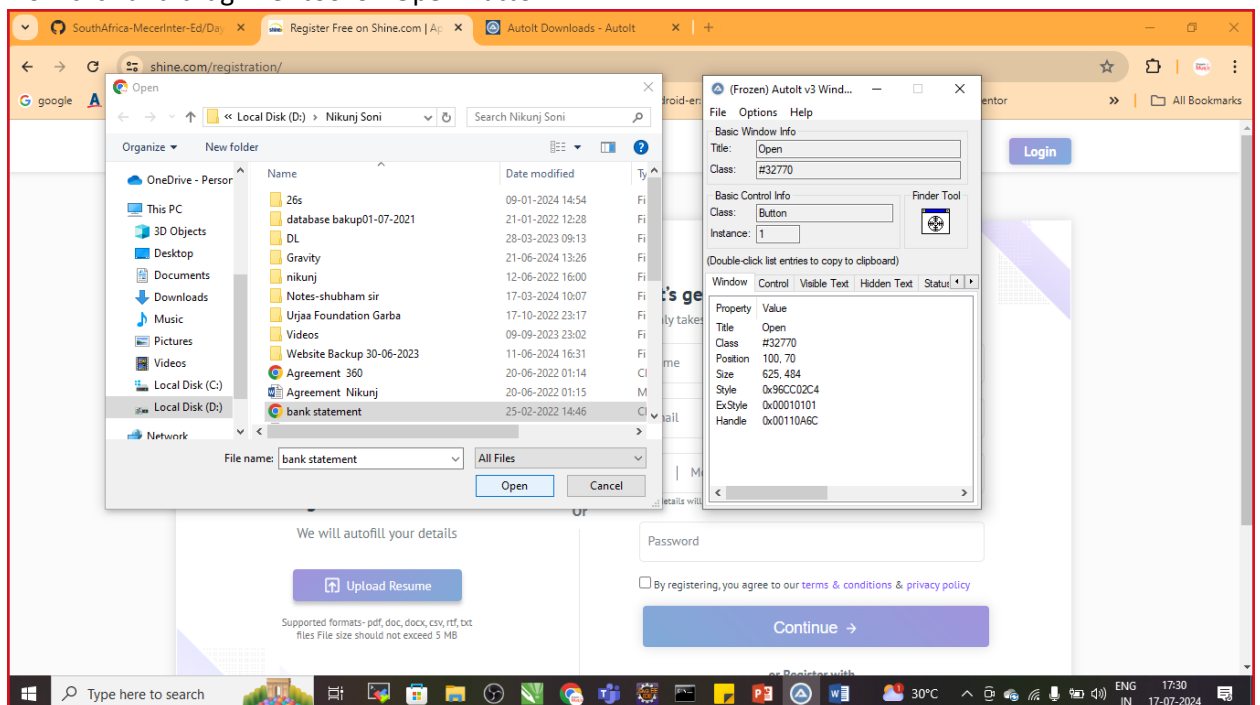   Open the Window Pop up That you want to Automate

Click and Drag The Finder tool on Filename To Get the Credentials for Scripts

Title: Open
Class: Edit
Instance:1

Now click and drag finer tool on Open Button

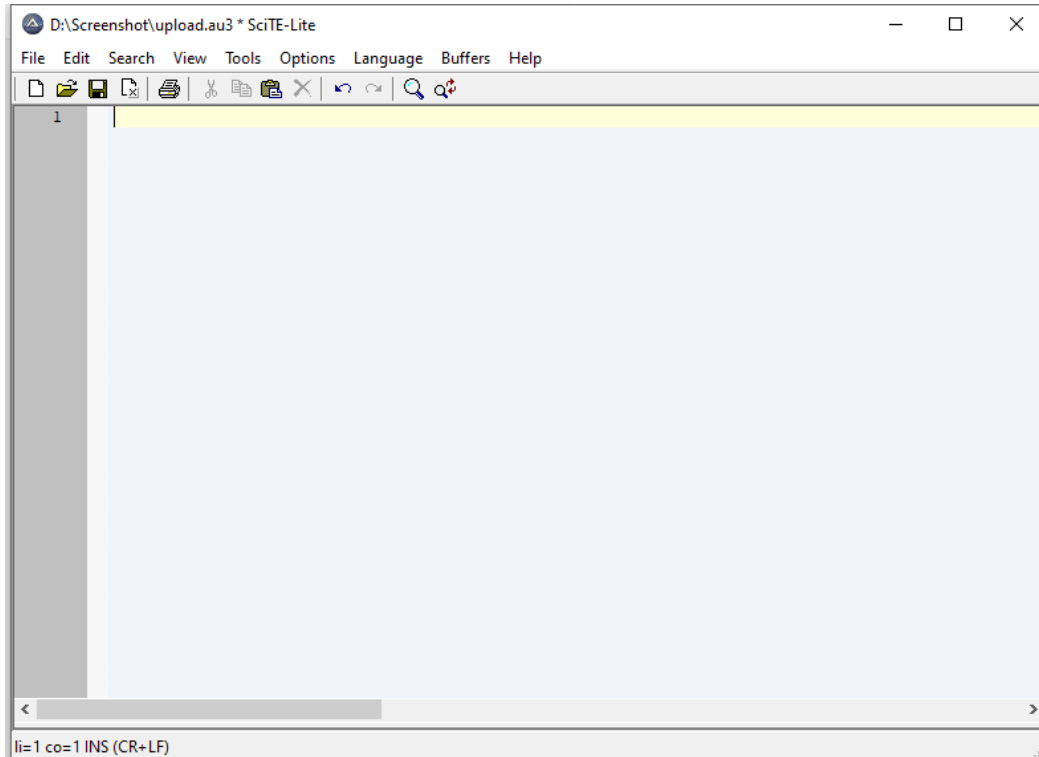Note Down the Credentials for Script

Title:Open
Class:Button
Instance:1

Let's write the script
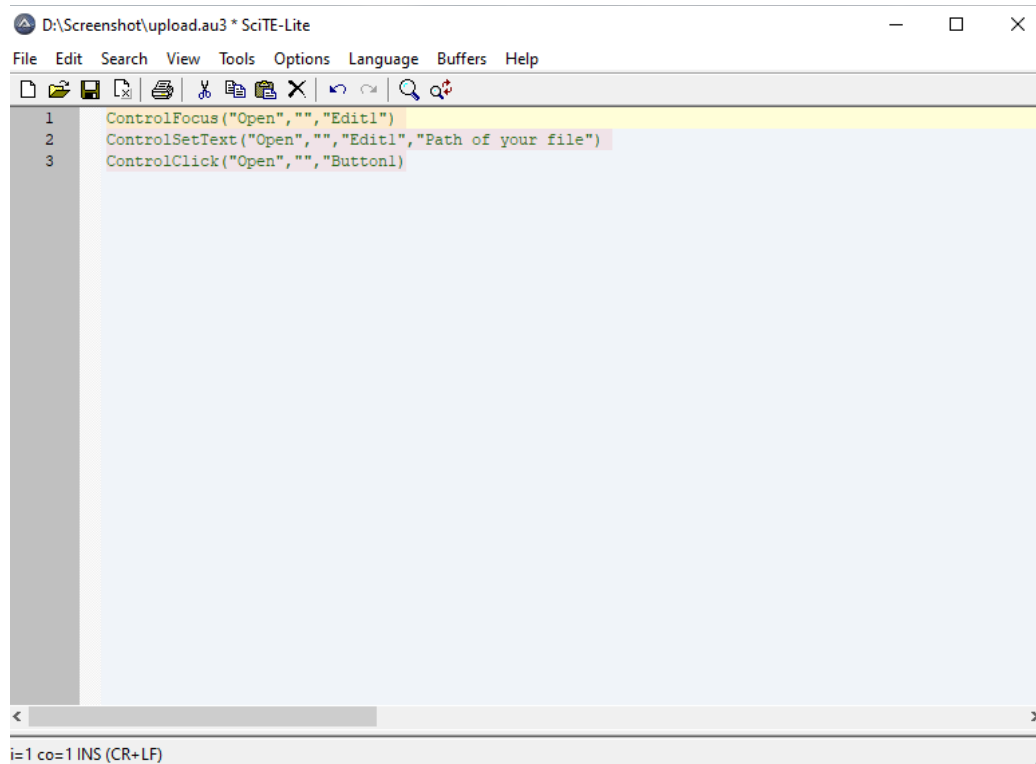Now goto>C:\Program Files (x86)\AutoIt3\SciTE
➤ Open SciTe.exe

Add a Script:

ControlFocus("Open","","Edit1")

ControlSetText("Open","","Edit1","Path of your file")

ControlClick("Open","","Button1")

Save the file as >Save As >Your File.au3