

Calorie Tracking Report

Report generated on: Sat Nov 06 15:35:34 GMT 2021 For user: 9

This reports breaks down the calorie intake and expenditure for today. The report gives you an overview of all the current recordings of your progress since the start of your plan.

1. Calorie Record

1.1. Current User Calorie Data

1.2. Current User Calorie Records

The table below shows the reminder calories that you will have to burn to achieve your plan goal.

30/10/2021	22.8,21	23.8,21	24.8,21
0	500	500	500

A chart to show user progress

