In Strathspey Time, George, Please!

32-bar strathspey or 32-bar jig or 32-bar reel for two couples in a four-couple longwise set

- 1-8 1st and 2nd couple advance, retire and turn one and a half times.
- 9-16 1st couple, followed by 2nd couple, lead down for three bars. 2nd couple divide and meet below the 1st couple. 1st couple, followed by 2nd couple, lead up for three bars.
- 17-24 1st and 2nd couples dance the poussette.
- 25-32 1st and 2nd couples dance right hands across; 1st couple turn by the right to finish in second place on own side while 2nd couple moves up [see note below].

Repeat, having passed a couple.

Note: If danced in jig or reel time, the 1st couple is already in second position at the end of bar 24 and they therefore do not need to move down as they turn. 2nd couple do not need to move up.

Devised by Shona Holmes in August 2022. "George Meikle played wonderfully for our Units 2 and 3, even if not always in the tempo we wanted. This dance can be danced in your choice of tempo to reflect this."