

There were issues affecting this run of Lighthouse:

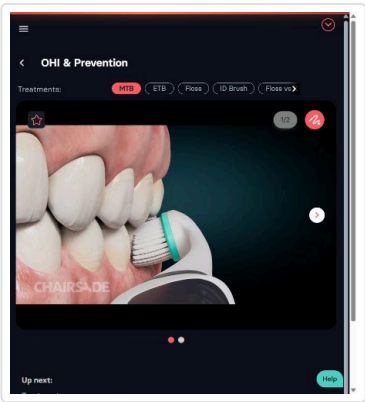
- There may be stored data affecting loading performance in this location: IndexedDB. Audit this page in an incognito window to prevent those resources from affecting your scores.






Performance

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

 0–49 50–89 90–100



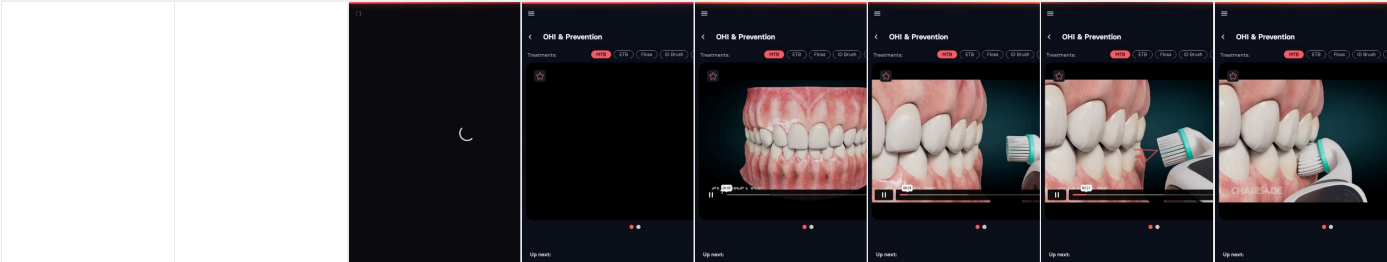
METRICS		Expand view
 First Contentful Paint	2.9 s	 Largest Contentful Paint
 Total Blocking Time		Cumulative Layout Shift

1,070 ms

0.05

▲ Speed Index
4.9 s

 View Treemap



Show audits relevant to: All [FCP](#) [LCP](#) [TBT](#) [CLS](#)

DIAGNOSTICS

▲ Reduce JavaScript execution time — 2.4 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. [Learn how to reduce Javascript execution time.](#) [TBT](#)

☒ Show 3rd-party resources (2)

URL	Total CPU Time	Script Evaluation	Script Parse
chairsyde.com 1st Party	3,152 ms	2,252 ms	48 ms
/_nuxt/efbebd.js (demo.chairsyde.com)	1,309 ms	1,284 ms	0 ms
/_nuxt/c6f50fd.js (demo.chairsyde.com)	1,207 ms	840 ms	43 ms
/content/?treatment-category=9&treatment=61 (demo.chairsyde.com)	516 ms	13 ms	0 ms
/_nuxt/7967207.js (demo.chairsyde.com)	121 ms	115 ms	4 ms
Unattributable	251 ms	4 ms	0 ms
Unattributable	251 ms	4 ms	0 ms
Vidyard Utility	193 ms	73 ms	1 ms

URL	Total CPU Time	Script Evaluation	Script Parse
/embed/v4.js (play.vidyard.com)	193 ms	73 ms	1 ms
chargebee.com	51 ms	45 ms	6 ms
/v2/chargebee.js (js.chargebee.com)	51 ms	45 ms	6 ms

▲ Minimize main-thread work — 3.8 s

^


Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. [Learn how to minimize main-thread work](#) TBT

Category	Time Spent
Script Evaluation	2,399 ms
Other	969 ms
Style & Layout	111 ms
Rendering	100 ms
Script Parsing & Compilation	73 ms
Garbage Collection	64 ms
Parse HTML & CSS	34 ms

▲ Largest Contentful Paint element — 5,360 ms

^

This is the largest contentful element painted within the viewport. [Learn more about the Largest Contentful Paint element](#) LCP

Element
<div></div> <div>h4.has-text-weight-semibold.edu-con-head</div>

Phase	% of LCP	Timing
TTFB	4%	240 ms
Load Delay	0%	0 ms
Load Time	0%	0 ms
Render Delay	96%	5,120 ms

▲ Eliminate render-blocking resources — Potential savings of 590 ms ^

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. [Learn how to eliminate render-blocking resources.](#) FCP LCP

URL	Transfer Size	Potential Savings
Cloudflare CDN Cdn	15.5 KiB	860 ms
...4.1.1/animate.min.css (cdnjs.cloudflare.com)	4.7 KiB	430 ms
...css/all.min.css (cdnjs.cloudflare.com)	10.8 KiB	430 ms
chargebee.com	122.5 KiB	490 ms
/v2/chargebee.js (js.chargebee.com)	122.5 KiB	490 ms
Google Fonts Cdn	0.5 KiB	260 ms
/icon?family=Material+Icons (fonts.googleapis.com)	0.5 KiB	260 ms
Vidyard Utility	22.8 KiB	340 ms
/embed/v4.js (play.vidyard.com)	22.8 KiB	340 ms
YouTube Video	0.6 KiB	250 ms
/iframe_api (www.youtube.com)	0.6 KiB	250 ms

▲ Reduce unused CSS — Potential savings of 594 KiB ^

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity. [Learn how to reduce unused CSS.](#) FCP LCP

☒ Show 3rd-party resources (2)

URL	Transfer Size	Potential Savings
chairsyde.com 1st Party	545.2 KiB	540.1 KiB
...css/6217b50.css (demo.chairsyde.com)	465.3 KiB	460.3 KiB
...css/851918d.css (demo.chairsyde.com)	79.9 KiB	79.9 KiB
JSDelivr CDN Cdn	43.4 KiB	43.3 KiB
...css/materialdesignicons.min.css (cdn.jsdelivr.net)	43.4 KiB	43.3 KiB
Cloudflare CDN Cdn	10.1 KiB	10.1 KiB
...css/all.min.css (cdnjs.cloudflare.com)	10.1 KiB	10.1 KiB

▲ Reduce unused JavaScript — Potential savings of 961 KiB

^

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity. [Learn how to reduce unused JavaScript.](#) FCP LCP

☒ Show 3rd-party resources (2)

URL	Transfer Size	Potential Savings
chairsyde.com 1st Party	1,319.0 KiB	863.5 KiB
/_nuxt/c6f50fd.js (demo.chairsyde.com)	928.6 KiB	583.8 KiB
...mixpanel-browser/dist/mixpanel.module.js	84.8 KiB	60.3 KiB
...posthog-js/dist/module.full.js	105.9 KiB	49.3 KiB
...quill/dist/quill.js	60.3 KiB	38.6 KiB
...v-calendar/lib/v-calendar.umd.min.js	59.9 KiB	34.0 KiB
...plyr/dist/plyr.min.js	30.8 KiB	28.2 KiB
/_nuxt/2902b49.js (demo.chairsyde.com)	135.7 KiB	130.1 KiB

URL	Transfer Size	Potential Savings
...	135.5 KiB	130.1 KiB
/_nuxt/9f132c7.js (demo.chairsyde.com)	76.5 KiB	61.1 KiB
...	76.3 KiB	61.1 KiB
/_nuxt/f9b9b59.js (demo.chairsyde.com)	113.4 KiB	53.2 KiB
.../node_modules/vue/dist/vue.runtime.common.prod.js	21.0 KiB	17.7 KiB
.../node_modules/vue/dist/vue.runtime.esm.js	22.4 KiB	5.2 KiB
.../node_modules/ufo/dist/index.cjs	3.4 KiB	2.9 KiB
.../node_modules/core-js/modules/web.url.constructor.js	3.6 KiB	2.9 KiB
.../node_modules/vue-router/dist/vue-router.esm.js	8.4 KiB	2.9 KiB
/_nuxt/7967207.js (demo.chairsyde.com)	64.8 KiB	35.3 KiB
...store/voice-note/index.js	8.7 KiB	6.3 KiB
...store/voice-note/patient-session-bundle.js	4.7 KiB	4.2 KiB
...components/SidebarLight.vue	2.9 KiB	2.8 KiB
...components/SidebarLightGuide.vue	2.1 KiB	2.1 KiB
...components/NavbarNew.vue	3.9 KiB	1.9 KiB
chargebee.com	122.0 KiB	77.3 KiB
/v2/chargebee.js (js.chargebee.com)	122.0 KiB	77.3 KiB
.../node_modules/@chargebee/components/dist/esm/index.js	45.9 KiB	36.0 KiB
.../src/models/cb-instance.ts	3.0 KiB	2.7 KiB
.../node_modules/@sentry/hub/esm/scope.js	1.6 KiB	1.4 KiB
.../node_modules/@sentry/utils/esm/instrument.js	1.4 KiB	1.4 KiB
.../node_modules/@sentry/core/esm/baseclient.js	1.6 KiB	1.4 KiB
userflow.com	28.2 KiB	20.6 KiB
/es2020/userflow.js (js.userflow.com)	28.2 KiB	20.6 KiB

▲ Preconnect to required origins — Potential savings of 160 ms



Consider adding preconnect or dns-prefetch resource hints to establish early connections to important third-party origins.
[Learn how to preconnect to required origins.](#) LCP FCP

URL	Potential Savings
Cloudflare CDN Cdn	160 ms
https://cdnjs.cloudflare.com	160 ms
YouTube Video	80 ms
https://www.youtube.com	80 ms
JSDelivr CDN Cdn	80 ms
https://cdn.jsdelivr.net	80 ms

▲ Enable text compression — Potential savings of 107 KiB

^

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes. [Learn more about text compression.](#) FCP LCP

URL	Transfer Size	Potential Savings
chairsyde.com 1st Party	128.7 KiB	107.0 KiB
...data/treatment-categories (demo-v3-api.chairsyde.com)	81.2 KiB	67.8 KiB
...data/risk-categories (demo-v3-api.chairsyde.com)	23.4 KiB	19.9 KiB
...data/conditions (demo-v3-api.chairsyde.com)	24.1 KiB	19.2 KiB

▲ Avoid serving legacy JavaScript to modern browsers — Potential savings of 70 KiB

^

Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. Consider modifying your JavaScript build process to not transpile [Baseline](#) features, unless you know you must support legacy browsers. [Learn why most sites can deploy ES6+ code without transpiling](#) FCP LCP

☐ Show 3rd-party resources (3)

URL	Potential Savings
chairsyde.com 1st Party	46.8 KiB

URL	Potential Savings
/_nuxt/f9b9b59.js (demo.chairsyde.com)	
f9b9b59.js:2	@babel/plugin-transform-classes
f9b9b59.js:2	@babel/plugin-transform-regenerator
f9b9b59.js:2	@babel/plugin-transform-spread
f9b9b59.js:2	Array.from
f9b9b59.js:2	Array.prototype.concat
f9b9b59.js:2	Array.prototype.fill
f9b9b59.js:2	Array.prototype.filter
f9b9b59.js:2	Array.prototype.find
f9b9b59.js:2	Array.prototype.findIndex
f9b9b59.js:2	Array.prototype.includes
f9b9b59.js:2	Array.prototype.join
f9b9b59.js:2	Array.prototype.map
f9b9b59.js:2	Array.prototype.slice
f9b9b59.js:2	Array.prototype.sort
f9b9b59.js:2	Object.assign
f9b9b59.js:2	Object.create
f9b9b59.js:2	Object.entries
f9b9b59.js:2	Object.freeze
f9b9b59.js:2	Object.getOwnPropertyDescriptor
f9b9b59.js:2	Object.getOwnPropertyDescriptor
f9b9b59.js:2	Object.keys
f9b9b59.js:2	Object.values
f9b9b59.js:2	String.fromCodePoint
f9b9b59.js:2	String.prototype.endsWith
f9b9b59.js:2	String.prototype.includes
f9b9b59.js:2	String.prototype.link
f9b9b59.js:2	String.prototype.repeat
f9b9b59.js:2	String.prototype.startsWith

URL	Potential Savings
<div>f9b9b59.js:2</div>	String.prototype.trim
/_nuxt/c6f50fd.js (demo.chairsyde.com)	17.3 KiB
<div>c6f50fd.js:2</div>	@babel/plugin-transform-classes
<div>c6f50fd.js:2</div>	@babel/plugin-transform-regenerator
<div>c6f50fd.js:2</div>	@babel/plugin-transform-spread
<div>c6f50fd.js:2</div>	Array.from
<div>c6f50fd.js:2</div>	Array.prototype.concat
<div>c6f50fd.js:2</div>	Array.prototype.filter
<div>c6f50fd.js:2</div>	Array.prototype.find
<div>c6f50fd.js:2</div>	Array.prototype.findIndex
<div>c6f50fd.js:2</div>	Array.prototype.includes
<div>c6f50fd.js:2</div>	Array.prototype.join
<div>c6f50fd.js:2</div>	Array.prototype.map
<div>c6f50fd.js:2</div>	Array.prototype.slice
<div>c6f50fd.js:2</div>	Array.prototype.unshift
<div>c6f50fd.js:2</div>	Math.trunc
<div>c6f50fd.js:2</div>	Object.assign
<div>c6f50fd.js:2</div>	Object.create
<div>c6f50fd.js:2</div>	Object.getOwnPropertyDescriptor
<div>c6f50fd.js:2</div>	Object.getOwnPropertyDescriptor
<div>c6f50fd.js:2</div>	Object.keys
<div>c6f50fd.js:2</div>	String.prototype.endsWith
<div>c6f50fd.js:2</div>	String.prototype.includes
<div>c6f50fd.js:2</div>	String.prototype.startsWith
<div>c6f50fd.js:2</div>	String.prototype.trim
/_nuxt/da6cab3.js (demo.chairsyde.com)	7.4 KiB
<div>da6cab3.js:1</div>	@babel/plugin-transform-regenerator
<div>da6cab3.js:1</div>	String.prototype.replaceAll

URL	Potential Savings
<div><div>/_nuxt/7967207.js (demo.chairsyde.com)</div><div><div>7967207.js:1</div><div>@babel/plugin-transform-regenerator</div></div></div>	1.8 KiB
userflow.com	11.9 KiB
<div><div>/es2020/userflow.js (js.userflow.com)</div><div><div>userflow.js:2</div><div>Promise.allSettled</div></div></div>	11.9 KiB
chargebee.com	11.3 KiB
<div><div>/v2/chargebee.js (js.chargebee.com)</div><div><div>chargebee.js:2</div><div>@babel/plugin-transform-classes</div></div><div><div>chargebee.js:2</div><div>@babel/plugin-transform-regenerator</div></div><div><div>chargebee.js:2</div><div>Array.prototype.find</div></div><div><div>chargebee.js:2</div><div>Array.prototype.findIndex</div></div><div><div>chargebee.js:2</div><div>Object.assign</div></div><div><div>chargebee.js:2</div><div>String.prototype.endsWith</div></div><div><div>chargebee.js:2</div><div>String.prototype.startsWith</div></div></div>	11.3 KiB
YouTube <div>Video</div>	0.0 KiB
<div><div>...www-widgetapi.vflset/www-widgetapi.js (www.youtube.com)</div><div><div>www-widgetapi.js:17</div><div>@babel/plugin-transform-regenerator</div></div></div>	0.0 KiB

▲

Page prevented back/forward cache restoration — 2 failure reasons

⬆


Many navigations are performed by going back to a previous page, or forwards again. The back/forward cache (bfcache) can speed up these return navigations. [Learn more about the bfcache](#)

Failure reason	Failure type
Pages with WebSocket cannot enter back/forward cache.	Pending browser support

Failure reason	Failure type
/content/?treatment-category=9&treatment=61 (demo.chairsyde.com)	
Pages that have requested audio capture permissions are not currently eligible for back/forward cache.	Pending browser support
/content/?treatment-category=9&treatment=61 (demo.chairsyde.com)	

Serve images in next-gen formats — Potential savings of 8 KiB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption. [Learn more about modern image formats.](#) FCP LCP

 Use the `nuxt/image` component and set `format="webp"`. [Learn more.](#)

URL	Resource Size	Potential Savings
cloudfront.net	15.4 KiB	8.2 KiB
...conversions/a8d42574-....jpg?Expires=174...&Signature=XG6dsaUzu... (d2aaqvqwv6tne1.cloudfront.net)	15.4 KiB	8.2 KiB

Serve static assets with an efficient cache policy — 65 resources found

A long cache lifetime can speed up repeat visits to your page. [Learn more about efficient cache policies.](#)

☒ Show 3rd-party resources (38)

URL	Cache TTL	Transfer Size
chairsyde.com 1st Party		2,041 KiB
/_nuxt/c6f50fd.js (demo.chairsyde.com)	None	939 KiB
...css/6217b50.css (demo.chairsyde.com)	None	466 KiB
/_nuxt/2902b49.js (demo.chairsyde.com)	None	136 KiB
/_nuxt/f9b9b59.js (demo.chairsyde.com)	None	114 KiB
...css/851918d.css (demo.chairsyde.com)	None	80 KiB

URL	Cache TTL	Transfer Size
/_nuxt/9f132c7.js (demo.chairsyde.com)	None	77 KiB
/_nuxt/7967207.js (demo.chairsyde.com)	None	65 KiB
/accomplished.mp3 (demo.chairsyde.com)	None	32 KiB
...fonts/BasierCir....a05b38a.woff2 (demo.chairsyde.com)	None	18 KiB
...fonts/BasierCir....3601733.woff2 (demo.chairsyde.com)	None	18 KiB
...fonts/BasierCir....14d0305.woff2 (demo.chairsyde.com)	None	18 KiB
...fonts/BasierCircle-Bold.73a52fc.woff2 (demo.chairsyde.com)	None	18 KiB
...fonts/BasierCir....d5326df.woff2 (demo.chairsyde.com)	None	18 KiB
/_nuxt/da6cab3.js (demo.chairsyde.com)	None	17 KiB
/_nuxt/efbebd.js (demo.chairsyde.com)	None	7 KiB
/_nuxt/20677e7.js (demo.chairsyde.com)	None	6 KiB
...img/csyd_logo.bd259d7.svg?random=174... (app.chairsyde.com)	None	3 KiB
...img/csyd_logo.bd259d7.svg (demo.chairsyde.com)	None	3 KiB
...img/star-color.7818dac.svg (demo.chairsyde.com)	None	2 KiB
...img/annotations-icon-v3.3d544e3.svg (demo.chairsyde.com)	None	1 KiB
...css/9f32ff4.css (demo.chairsyde.com)	None	1 KiB
...css/335e8b4.css (demo.chairsyde.com)	None	0 KiB
/workers/backgroundApiDispatcher.js (demo.chairsyde.com)	None	0 KiB
/workers/upload-worker.js (demo.chairsyde.com)	None	0 KiB
/workers/backgroundApiDispatcher.js (demo.chairsyde.com)	None	0 KiB

URL	Cache TTL	Transfer Size
/workers/backgroundApiDispatcher.js (demo.chairsyde.com)	None	0 KiB
/workers/backgroundApiDispatcher.js (demo.chairsyde.com)	None	0 KiB
chargebee.com		338 KiB
/v2/chargebee.js (js.chargebee.com)	5m	122 KiB
...v2/master-b6e7238....js (js.chargebee.com)	5m	86 KiB
/hcaptcha.js?onload=hCaptchaOnLoad (js.chargebee.com)	5m	65 KiB
...v2/254-12bbe73....js (js.chargebee.com)	5m	50 KiB
...v2/234-7850882....js (js.chargebee.com)	5m	6 KiB
...v2/253-38cc4e3....js (js.chargebee.com)	5m	5 KiB
...v2/251-1d544bf....js (js.chargebee.com)	5m	2 KiB
...v2/260-6d54549....js (js.chargebee.com)	5m	2 KiB
...v2/pi-worker.js (js.chargebee.com)	5m	0 KiB
Vimeo <div>Video</div>		283 KiB
...js/player.module.js (f.vimeocdn.com)	14d	136 KiB
...js/vendor.module.js (f.vimeocdn.com)	14d	105 KiB
...css/player.css (f.vimeocdn.com)	14d	22 KiB
/video/200...-57bbe96...-d?mw=900&mh=506&q=70 (i.vimeocdn.com)	30d	18 KiB
/video/200...-57bbe96...-d?mw=80&q=85 (i.vimeocdn.com)	30d	1 KiB
cloudfront.net		255 KiB
...conversions/a8d42574-....jpg?Expires=174... &Signature=XG6dsaUzu... (d2aaqvqv6tne1.cloudfront.net)	7d	16 KiB

URL	Cache TTL	Transfer Size
...conversions/46f9024a-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	16 KiB
...conversions/49f273f4-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	15 KiB
...conversions/b9fa32e5-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	15 KiB
...conversions/c4f54cf5-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	14 KiB
...conversions/62957c9d-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	14 KiB
...conversions/6ff406b-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	14 KiB
...conversions/ba925dc3-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	13 KiB
...conversions/fc1ae81d-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	13 KiB
...conversions/dd88f65a-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	13 KiB
...conversions/9af3b176-....jpg?Expires=174... &Signature=olFiQK9eY... (d2aaqvqvv6tne1.cloudfront.net)	7d	12 KiB
...conversions/be1832b1-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	12 KiB
...conversions/f5b70f4a-....jpg?Expires=174... &Signature=lcMjazCgT... (d2aaqvqvv6tne1.cloudfront.net)	7d	12 KiB
...conversions/058a25a8-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	12 KiB
...conversions/807c5d7a-....jpg?Expires=174... &Signature=bpdDND65N... (d2aaqvqvv6tne1.cloudfront.net)	7d	12 KiB
...conversions/5c788e34-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	12 KiB
...conversions/6ea466c8-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	12 KiB
...conversions/1f3fef85-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	11 KiB
...conversions/4ca3d1bc-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	10 KiB
...conversions/e9800406-....jpg?Expires=... (d2aaqvqvv6tne1.cloudfront.net)	7d	8 KiB

URL	Cache TTL	Transfer Size
posthog.com		13 KiB
/static/web-vitals.js?v=1.235.6 (eu-assets.i.posthog.com)	5m	4 KiB
/static/exception-autocapture.js?v=1.235.6 (eu-assets.i.posthog.com)	5m	4 KiB
...phc_sDyfy.../config.js (eu-assets.i.posthog.com)	5m	1 KiB
/static/dead-clicks-autocapture.js?v=1.235.6 (eu-assets.i.posthog.com)	4h	5 KiB

Ensure text remains visible during webfont load



Leverage the font-display CSS feature to ensure text is user-visible while webfonts are loading. [Learn more about font-display.](#)

☒ Show 3rd-party resources (1)

URL	Potential Savings
chairsyde.com 1st Party	490 ms
...fonts/BasierCir....d5326df.woff2 (demo.chairsyde.com)	110 ms
...fonts/BasierCir....3601733.woff2 (demo.chairsyde.com)	70 ms
...fonts/BasierCir....14d0305.woff2 (demo.chairsyde.com)	80 ms
...fonts/BasierCir....a05b38a.woff2 (demo.chairsyde.com)	190 ms
...fonts/BasierCircle-Bold.73a52fc.woff2 (demo.chairsyde.com)	40 ms
JSDelivr CDN Cdn	450 ms
...fonts/materialdesignicons-webfont.woff2?v=5.8.55 (cdn.jsdelivr.net)	450 ms

Some third-party resources can be lazy loaded with a facade — 1 facade alternative available




Some third-party embeds can be lazy loaded. Consider replacing them with a facade until they are required. [Learn how to defer third-parties with a facade.](#) TBT

Product	Transfer Size	Main-Thread Blocking Time
Vimeo Video	5,442 KiB	0 ms
Vimeo Embedded Player (Video)	5,442 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,550 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,496 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,283 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	601 KiB	0 ms
...avf/a92c2e53-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	208 KiB	0 ms
Other resources	304 KiB	0 ms

Defer offscreen images — Potential savings of 3 KiB

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. [Learn how to defer offscreen images.](#) FCP LCP

 Use the `nuxt/image` component and set `loading="lazy"` for offscreen images. [Learn more.](#)

	URL	Resource Size	Potential Savings
chairsyde.com 1st Party		2.6 KiB	2.6 KiB
img	...img/csyd_logo.bd259d7.svg (demo.chairsyde.com)	2.6 KiB	2.6 KiB

Avoid enormous network payloads — Total size was 9,116 KiB

Large network payloads cost users real money and are highly correlated with long load times. [Learn how to reduce payload sizes.](#)

☒ Show 3rd-party resources (7)

URL	Transfer Size
Vimeo Video	5,274.3 KiB
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,550.1 KiB
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,496.4 KiB
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,282.7 KiB
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	600.7 KiB
...avf/a92c2e53-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	208.2 KiB
...js/player.module.js (f.vimeocdn.com)	136.2 KiB
chairsyde.com 1st Party	1,571.5 KiB
/_nuxt/c6f50fd.js (demo.chairsyde.com)	939.1 KiB
...css/6217b50.css (demo.chairsyde.com)	465.7 KiB
/favicon.ico (demo.chairsyde.com)	166.7 KiB
JSDelivr CDN Cdn	313.3 KiB
...fonts/materialdesignicons-webfont.woff2?v=5.8.55 (cdn.jsdelivr.net)	313.3 KiB

Avoid long main-thread tasks — 9 long tasks found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay. [Learn how to avoid long main-thread tasks](#) TBT

URL	Start Time	Duration
chairsyde.com 1st Party		1,775 ms
/_nuxt/c6f50fd.js (demo.chairsyde.com)	4,825 ms	563 ms
/_nuxt/efbebd.js (demo.chairsyde.com)	4,241 ms	491 ms

URL	Start Time	Duration
/_nuxt/efbebd.js (demo.chairsyde.com)	5,495 ms	170 ms
/_nuxt/7967207.js (demo.chairsyde.com)	3,091 ms	117 ms
/content/?treatment-category=9&treatment=61 (demo.chairsyde.com)	279 ms	111 ms
/content/?treatment-category=9&treatment=61 (demo.chairsyde.com)	447 ms	110 ms
/_nuxt/c6f50fd.js (demo.chairsyde.com)	4,732 ms	93 ms
/_nuxt/c6f50fd.js (demo.chairsyde.com)	3,250 ms	70 ms
/_nuxt/20677e7.js (demo.chairsyde.com)	3,041 ms	50 ms

Avoid large layout shifts — 9 layout shifts found

These are the largest layout shifts observed on the page. Each table item represents a single layout shift, and shows the element that shifted the most. Below each item are possible root causes that led to the layout shift. Some of these layout shifts may not be included in the CLS metric value due to [windowing](#). [Learn how to improve CLS](#) CLS

Element	Layout shift score
<div><div></div><div>div.edu-wrap.px-4</div></div> <div>0.050</div>	
<div><div>...fonts/materialdesignicons-webfont.woff2?v=5.8.55 (cdn.jsdelivr.net)</div><div>Web font loaded</div></div> <div>0.000</div> <div>0.000</div> <div>0.000</div> <div>0.000</div> <div>0.000</div> <div>0.000</div> <div>0.000</div>	

Element	Layout shift score
	0.000
	0.000

User Timing marks and measures — 1 user timing

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. [Learn more about User Timing marks.](#)

Name	Type	Start Time	Duration
sentry-tracing-init	Mark	1,154.77 ms	

Avoid non-composited animations — 3 animated elements found

Animations which are not composited can be janky and increase CLS. [Learn how to avoid non-composited animations](#)

CLS

Element	Name
<div><div></div><div>div.ais-Stats > div > div.is-align-items-center > ::before</div><div><::before></div></div>	
Unsupported CSS Properties: background-position-x, background-position-y	animate
<div><div></div><div>div.ais-Stats > div > div.is-align-items-center > ::after</div><div><::after></div></div>	
Unsupported CSS Properties: background-position-x, background-position-y	animate
div.carousel-arrow.is-hovered	
Unsupported CSS Property: scrollbar-color	scrollbar-color
Unsupported CSS Property: scrollbar-color	scrollbar-color
Unsupported CSS Property: scrollbar-color	scrollbar-color

Element	Name
Unsupported CSS Property: scrollbar-color	scrollbar-color

Avoid chaining critical requests — 3 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. [Learn how to avoid chaining critical requests.](#)

Maximum critical path latency: **325.709 ms**

Initial Navigation

/content/?treatment-category=9&treatment=61 (demo.chairsyde.com)

/v2/chargebee.js (js.chargebee.com) - **101.774 ms, 122.49 KiB**

/embed/v4.js (play.vidyard.com) - **60.857 ms, 22.83 KiB**

/iframe_api (www.youtube.com) - **59.294 ms, 0.64 KiB**

Minimize third-party usage — Third-party code blocked the main thread for 0 ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading. [Learn how to minimize third-party impact.](#) TBT

Third-Party	Transfer Size	Main-Thread Blocking Time
Vimeo Video	5,442 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,550 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,496 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	1,283 KiB	0 ms
...avf/b0c8eba3-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	601 KiB	0 ms
...avf/a92c2e53-....mp4?pathsig=... (vod-adaptive-ak.vimeocdn.com)	208 KiB	0 ms
...js/player.module.js (f.vimeocdn.com)	136 KiB	0 ms
...js/vendor.module.js (f.vimeocdn.com)	105 KiB	0 ms
...css/player.css (f.vimeocdn.com)	22 KiB	0 ms
/video/200...-57bbe96...-d?mw=900&mh=506&q=70 (i.vimeocdn.com)	18 KiB	0 ms
/video/107...?title=... (player.vimeo.com)	10 KiB	0 ms
/api/oembed.json?url=... (vimeo.com)	7 KiB	0 ms
...cXNyPTE/playlist.json?omit=... (vod-adaptive-ak.vimeocdn.com)	4 KiB	0 ms
/video/200...-57bbe96...-d?mw=80&q=85 (i.vimeocdn.com)	1 KiB	0 ms

Third-Party	Transfer Size	Main-Thread Blocking Time
JSDelivr CDN <div>Cdn</div>	357 KiB	0 ms
...fonts/materialdesignicons-webfont.woff2?v=5.8.55 (cdn.jsdelivr.net)	313 KiB	0 ms
...css/materialdesignicons.min.css (cdn.jsdelivr.net)	43 KiB	0 ms
chargebee.com	345 KiB	0 ms
/v2/chargebee.js (js.chargebee.com)	122 KiB	0 ms
...v2/master-b6e7238....js (js.chargebee.com)	86 KiB	0 ms
/hcaptcha.js?onload=hCaptchaOnLoad (js.chargebee.com)	65 KiB	0 ms
...v2/254-12bbe73....js (js.chargebee.com)	50 KiB	0 ms
...v2/master.html?site=chairsyde-test&env=production (js.chargebee.com)	7 KiB	0 ms
...v2/234-7850882....js (js.chargebee.com)	6 KiB	0 ms
...v2/253-38cc4e3....js (js.chargebee.com)	5 KiB	0 ms
...v2/251-1d544bf....js (js.chargebee.com)	2 KiB	0 ms
...v2/260-6d54549....js (js.chargebee.com)	2 KiB	0 ms
...v2/pi-worker.js (js.chargebee.com)	0 KiB	0 ms
cloudfront.net	255 KiB	0 ms
...conversions/a8d42574-....jpg?Expires=174... &Signature=XG6dsaUzu... (d2aaqvqwv6tne1.cloudfront.net)	16 KiB	0 ms
...conversions/46f9024a-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	16 KiB	0 ms
...conversions/49f273f4-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	15 KiB	0 ms
...conversions/b9fa32e5-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	15 KiB	0 ms
...conversions/c4f54cf5-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	14 KiB	0 ms
...conversions/62957c9d-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	14 KiB	0 ms
...conversions/6ff406b-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	14 KiB	0 ms
...conversions/ba925dc3-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	13 KiB	0 ms
...conversions/fc1ae81d-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	13 KiB	0 ms
...conversions/dd88f65a-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	13 KiB	0 ms
...conversions/9af3b176-....jpg?Expires=174... &Signature=olFiQK9eY... (d2aaqvqwv6tne1.cloudfront.net)	12 KiB	0 ms
...conversions/be1832b1-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	12 KiB	0 ms
...conversions/f5b70f4a-....jpg?Expires=174... &Signature=lcMjazCgT... (d2aaqvqwv6tne1.cloudfront.net)	12 KiB	0 ms
...conversions/058a25a8-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	12 KiB	0 ms

Third-Party	Transfer Size	Main-Thread Blocking Time
...conversions/807c5d7a-....jpg?Expires=174... &Signature=bpdDND65N... (d2aaqvqwv6tne1.cloudfront.net)	12 KiB	0 ms
...conversions/5c788e34-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	12 KiB	0 ms
...conversions/6ea466c8-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	12 KiB	0 ms
...conversions/1f3fef85-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	11 KiB	0 ms
...conversions/4ca3d1bc-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	10 KiB	0 ms
...conversions/e9800406-....jpg?Expires=... (d2aaqvqwv6tne1.cloudfront.net)	8 KiB	0 ms
hcaptcha.com	118 KiB	0 ms
...static/hcaptcha.html (newassets.hcaptcha.com)	117 KiB	0 ms
/checksiteconfig?v=... (api.hcaptcha.com)	0 KiB	0 ms
Cloudflare CDN Cdn	94 KiB	0 ms
...webfonts/fa-solid-900.woff2 (cdnjs.cloudflare.com)	79 KiB	0 ms
...css/all.min.css (cdnjs.cloudflare.com)	11 KiB	0 ms
...4.1.1/animate.min.css (cdnjs.cloudflare.com)	5 KiB	0 ms
userflow.com	29 KiB	0 ms
/es2020/userflow.js (js.userflow.com)	29 KiB	0 ms
Vidyard Utility	23 KiB	0 ms
/embed/v4.js (play.vidyard.com)	23 KiB	0 ms
posthog.com	16 KiB	0 ms
/static/dead-clicks-autocapture.js?v=1.235.6 (eu-assets.i.posthog.com)	5 KiB	0 ms
/static/web-vitals.js?v=1.235.6 (eu-assets.i.posthog.com)	4 KiB	0 ms
/static/exception-autocapture.js?v=1.235.6 (eu-assets.i.posthog.com)	4 KiB	0 ms
/decide/?v=4&ip=1&_=174... &ver=1.235.6&compression=base64 (eu.i.posthog.com)	1 KiB	0 ms
/decide/?v=4&ip=1&_=174... &ver=1.235.6&compression=base64 (eu.i.posthog.com)	1 KiB	0 ms
...phc_sDyfy.../config.js (eu-assets.i.posthog.com)	1 KiB	0 ms
/e/?ip=1&_=174...&ver=1.235.6&compression=gzip-js (eu.i.posthog.com)	0 KiB	0 ms
/s/?ip=1&_=174...&ver=1.235.6&compression=gzip-js (eu.i.posthog.com)	0 KiB	0 ms
...v0/e?ip=1&_=174...&ver=1.235.6&compression=gzip-js (eu.i.posthog.com)	0 KiB	0 ms

Third-Party	Transfer Size	Main-Thread Blocking Time
Algolia Utility	11 KiB	0 ms
...*/queries?x-algolia-agent=... (i83qepdhw5-dsn.algolia.net)	11 KiB	0 ms
YouTube Video	11 KiB	0 ms
...www-widgetapi.vflset/www-widgetapi.js (www.youtube.com)	10 KiB	0 ms
/iframe_api (www.youtube.com)	1 KiB	0 ms
Google Fonts Cdn	2 KiB	0 ms
/css?family=... (fonts.googleapis.com)	1 KiB	0 ms
/css2?family=... (fonts.googleapis.com)	1 KiB	0 ms
/icon?family=Material+Icons (fonts.googleapis.com)	0 KiB	0 ms
chargebeestaticv2.com	1 KiB	0 ms
...174.../retrieve_js_info (chairsyde-test.chargebeestaticv2.com)	1 KiB	0 ms
Amazon Web Services Other	1 KiB	0 ms
https://chairsyde-v3-demo.s3.eu-west-2.amazonaws.com	1 KiB	0 ms
Sentry Utility	0 KiB	0 ms
...450.../envelope?sentry_version=... (o4507176030437376.ingest.de.sentry.io)	0 KiB	0 ms

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.


PASSED AUDITS (16)

Hide

Properly size images

^

Serve images that are appropriately-sized to save cellular data and improve load time. [Learn how to size images.](#) FCP
LCP

 Use the `nuxt/image` component and set the appropriate sizes. [Learn more.](#)

Minify CSS

^

Minifying CSS files can reduce network payload sizes. [Learn how to minify CSS.](#) FCP LCP

Minify JavaScript

^

Minifying JavaScript files can reduce payload sizes and script parse time. [Learn how to minify JavaScript.](#) FCP LCP

Efficiently encode images

Optimized images load faster and consume less cellular data. [Learn how to efficiently encode images.](#) FCP LCP

 Use the nuxt/image component and set the appropriate quality. [Learn more.](#)

Initial server response time was short — Root document took 120 ms

Keep the server response time for the main document short because all other requests depend on it. [Learn more about the Time to First Byte metric.](#) FCP LCP

URL	Time Spent
chairsyde.com 1st Party	120 ms
/content/?treatment-category=9&treatment=61 (demo.chairsyde.com)	120 ms

Avoid multiple page redirects

Redirects introduce additional delays before the page can be loaded. [Learn how to avoid page redirects.](#) LCP FCP

Use HTTP/2

HTTP/2 offers many benefits over HTTP/1.1, including binary headers and multiplexing. [Learn more about HTTP/2.](#) LCP FCP

Use video formats for animated content

Large GIFs are inefficient for delivering animated content. Consider using MPEG4/WebM videos for animations and PNG/WebP for static images instead of GIF to save network bytes. [Learn more about efficient video formats](#) FCP LCP


Remove duplicate modules in JavaScript bundles

Remove large, duplicate JavaScript modules from bundles to reduce unnecessary bytes consumed by network activity. FCP LCP

☐ Preload Largest Contentful Paint image

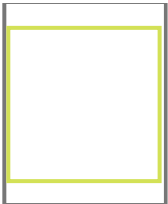
If the LCP element is dynamically added to the page, you should preload the image in order to improve LCP. [Learn more](#)

[about preloading LCP elements.](#) LCP

 Use the `nuxt/image` component and specify `preload` for LCP image. [Learn more.](#)

Avoids an excessive DOM size — 612 elements

A large DOM will increase memory usage, cause longer [style calculations](#), and produce costly [layout reflows](#). [Learn how to avoid an excessive DOM size.](#) TBT

Statistic	Element	Value
Total DOM Elements		612
Maximum DOM Depth	 <code>iframe</code>	25
Maximum Child Elements	<code>div.columns.is-mobile.bx-row.mt-5.mx-0-desktop-below.is-flex-wrap-wrap.is-multiline.w-100</code>	20

☐ Largest Contentful Paint image was not lazily loaded

Above-the-fold images that are lazily loaded render later in the page lifecycle, which can delay the largest contentful paint. [Learn more about optimal lazy loading.](#) LCP

Uses passive listeners to improve scrolling performance

Consider marking your touch and wheel event listeners as passive to improve your page's scroll performance. [Learn more about adopting passive event listeners.](#)


Avoids `document.write()`

For users on slow connections, external scripts dynamically injected via `document.write()` can delay page load by tens of seconds. [Learn how to avoid document.write\(\).](#)

Image elements have explicit `width` and `height`



Set an explicit width and height on image elements to reduce layout shifts and improve CLS. [Learn how to set image](#)

[dimensions](#) CLS



 Use the `nuxt/image` component and specify explicit width and height. [Learn more](#).

Has a `<meta name="viewport">` tag with `width` or `initial-scale`

A `<meta name="viewport">` not only optimizes your app for mobile screen sizes, but also prevents [a 300 millisecond delay to user input](#). [Learn more about using the viewport meta tag](#).

 Captured at May 21, 2025,
9:45 AM GMT+2
 Initial page load

 Emulated Desktop with
Lighthouse 12.5.1
 Custom throttling

 Single page session
 Using Chromium 136.0.0.0 with
devtools

Generated by **Lighthouse** 12.5.1 | [File an issue](#)