

MENSTRIE

GALA DAY

SATURDAY 8TH JUNE



Menstrie Matters Summer Issue



Menstrie Gala Week Events

Sunday 2nd June

Music in the Gardens,

1.00pm start for an afternoon of music and fun, facepainting, pizza,music

Sunday 2nd June

Open Day at Our Dumyat Centre and Bowling Club

Hillfoots Rugby, Love To Dance, OYCI Drama or

try your hand at Bowls 1-5pm for both events

Monday 3rd June

Pet Show in the Dumyat Park 6.00pm

Sponsored by PAMpered Pets

Tuesday 4th June

Arts & Crafts in Our Dumyat Centre 3.30-4.30pm

Family Quiz Night in the Bowling Club 7.00pm start

Wednesday 5th June

Kids Movie Night in Our Dumyat Centre

6.00pm—8.00pm, Permission slips and adult drop off/pick up required

Thursday 6th June

School Disco in Our Dumyat Centre

Friday 7th June

Car Treasure Hunt

Meet in the Dumyat Car Park at 6.00pm

Saturday 8th June

GALA DAY

With Circus Alba, Parade from 12.00, Pipe Band and much more



Letter from the Chair

Duck race, what can I say – a massive success this year and hope you all enjoyed the day (the weather certainly played its part)

With Gala week almost upon us, you can look forward to a fun packed week beginning with Music in the gardens on Saturday 1st June, local bands, bouncy castle, face painting, all family fun. Pet show again this year, kids disco, Car treasure hunt all ending with our Gala on the 8th with Circus Alba back due to popular demand!

The new hanging baskets should now be coming into full bloom, big thanks to all involved & look out for the newly painted bridge over the burn which will greatly enhance our lovely village! Keep an eye out for the newly added two legged visitors to the burn area

There is always loads of events going on in the village please keep an eye social media and our website www.menstrie.org

Dumyat Centre is now in full operation, library and lounge area look very relaxing and social

As always everything in the village is dependent on volunteers, without these guys Menstrie wouldn't be the same. Could you perhaps spare an hour or two and help out? The Gala & Community Council are always on the lookout for new ideas and impetus and it doesn't take much effort – more hands make for lighter work as they say

Finally, I would like pass on my thanks to Stan for the commitment over the last 10+ years and his invaluable contribution to the village. I continue to look forward to working with Stan for many years to come. You can always catch Stan in the Community Gardens - pop in for a chat!

Thanks and hope to see you all at Gala day, 8th June if not before

Dave
CC chair

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Hello Everyone!

Thanks to everyone who attended our Public Meeting and AGM in late March. Thanks to your support we now have charitable status!

Remember, if you have a few spare hours and would like to volunteer to man the desk in the centre, please get in touch. See an update below on the Community Lounge and Library, and see you for the Grand opening on 15th June.

Mairi

Mairi Spowage

On behalf of Menstrie Community Action Group Ltd

www.menstrie.org/mcap



Want to volunteer?

Menstriedumyatcentrecampion@gmail.com

Want to book the Dumyat Centre?

Dumyatcentremenstrie@gmail.com



Donation from J.K. Rowling gets new library off to a flying start

Menstrie Community Action Group have well and truly stamped their mark on the Dumyat Centre with a colourful revamp of the library.

A group of volunteers have sourced new shelving and book stock after most was removed by the council when they withdrew services at the end of last year. They have also redecorated with hand painted murals, new furniture and a large table for reading or crafting. Fresh coffee is also available, meaning it's a great space to read, meet friends or just relax and enjoy the space.

The library team, led by Louise Cannon, have been busy sourcing new stock both from writers and publishers as well as the public. The star donation is a collection of books from J.K. Rowling. Other authors who have kindly donated new books are; Wendy H.Jones, Sue Moorcroft, Val Penny, Clive Mantle, Janey Louise Jones, Liz Treacher, Lesley Kelly, J.M Smith, William A.E. Ford and also publishing company Urbane Publications.

Bookbug sessions (stories, songs and rhymes for babies, toddlers and preschoolers) have also been resumed and are now weekly. These fun sessions are free and open to all.

The opening hours for Menstrie Community Library and Lounge are:

Monday: 10:00am - 2:30pm
 Thursday: 5pm - 7pm
 Friday: 10am - 12pm
 Saturday: 10:30am - 12:30pm

Keep an eye on the Our Dumyat Centre Facebook page and posters around the village for details of upcoming events. The team have lots of exciting ideas to help make the most of their new space.

The team would be delighted to see you and help you sign up to join the library.

SAVE THE DATE!Saturday 15th June Grand Opening
 Event featuring children's, crime fiction and non fiction author

Menstrie Pensioners Association.

Session 2019-2020

It has been agreed that as from the start of next session the meetings will be held on Monday evenings. The first meeting will be on 16th September and continue on the 3rd Monday of each month except October and December. It is hoped that all members will be happy with this change and hopefully we will get some new members.

Edna Crawford - Secretary

The Menstrie Community Resiliency Group

Warn • Inform • Assist



MCRG is a sub group of the Community Council and are volunteers that aim to

Warn the community of pending or on-going major incidents via social media.

Inform the community as a situation develops and recedes.

Assist emergency services and council staff where safe to do so and make flood protection equipment available for the community to use. Ask the community for help as required.

Our primary focus has been to build and test the resiliency plan alongside creating a simple social media presence. We will...

Tweet as **@MCRG_Menstrie**

Post Facebook messages as **Menstrie Resilience** to the **Menstrie Legends and Community** facebook page as well as our own **Menstrie Community Resilience Group** page



In April, Amanda from TCV (The community volunteering charity) worked with Menstrie Primary school to run a logo design competition for MCRG alongside a set of classes to educate the children about Menstrie burn, its ecology and potential flooding risk.

Congratulations to **Ben, Hamish & Fraser** for being selected as the winning logo which we'll now incorporate into all our documentation.

Our thanks also go to Ochil View Housing Association for the presentation of prizes on the day. If you would like to join us as a volunteer or would like more information, please email the group at; menstriecommunityresilience@gmail.com

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Menstrie Bowling Club

A great time was had by all at the opening day of the bowling green on the 13th of April.

The green was opened when Eilidh, the granddaughter of the president William Duncan, threw the first Jack.

The club is always on the look out for new members, both bowling and social of all ages.

With this in mind we are extending an invitation to everyone to come to our open day on Sunday the 2nd of June 2pm.



Flower Tubs

Last year we had a beautiful display of flowers in the village, all thanks to our sponsors, Could you help again this year?

To replant a planter will only cost £25.00, or to sponsor a new planter, fully planted is only £70.00, both options include an engraved Sponsor plate fixed to the planter.

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Menstrie Parish Church Guild

The Guild held its AGM on Tuesday 23rd April.

The Guild will resume again at the end of September

We are always looking for new members to join in the fellowship of the Guild

Meetings are held in the Church Rooms

Menstrie Parish Church

The annual plant sale is on Saturday 25th May from 10am-12 noon.

It will also be the first table top sale of the summer

Teas & coffees will be served in the Church Rooms.



The table top sales will run again from May through to September in the Church Hall on the last Saturday of each month from 10am to 12 noon.

Teas & Coffee will be served in the Church Rooms.

Any items for the sale can be handed into the Church Hall on the Friday prior to the sale between 6 and 7 pm.



The Forge Coffee shop



Main street, Menstrie, 01259 763202

Why not come in and enjoy some freshly made sandwiches, wraps, toasties or baked potato (gluten free options available), then follow it up with a delicious cake or scone (all made freshly on the premises) and a nice hot coffee or tea.

Special offers include: hot filled roll (bacon, square sausage, fried egg or scrambled egg) plus a hot drink for £4.25.



or

Any of our cakes/scones plus a hot drink for £4



Some dates for your diary,

No end of May tapas Plus Gala June 8th tea/coffee stall

June tapas Friday 14th & Saturday 15th theme is Indian themed

July tapas Friday 12th July & Saturday 13th July Italian themed

In addition we can cater for parties (minimum of 10) offering tapas, tailored menu or buffet. children's birthday parties or any social gathering.

We close for 2 weeks from 22nd July and open again 5th August"

COMMUNITY COUNCIL EDF SMALL GRANT FUNDING

The Community Council administer a Micro grants Scheme where individual and non constituted groups can apply for up to £250 to carry out an activity on behalf of the community. The decisions on these grants are made at a Community Council meeting whereby applicants should submit a simple application form outlining their project together with costings.

Application forms can be obtained from the Community Council and if you are interested in applying please contact Caroline Crawford on 01259 761573 or menstriecc641@gmail.com. Alternatively just contact any other Community Councillor.



Parent Council Update- April 2019

We hope parents, carers and families all had a lovely Easter and enjoyed some of the sunny weather! The Parent Council have continued to meet around every 6 weeks and meetings are open to all parents and carers of children at both the primary school and the nursery. Recent items discussed included:

- identifying key items to target our fundraising efforts at
- fundraising events (see below);
- feedback from the wider Parent Forum – where all parent councils meet with the Head of Education and discuss relevant items (report cards; budget proposals etc)
- ongoing developments for the new nursery
- school photographer

We were delighted to purchase a number of items for the school recently including: Numeracy resources; Make-do construction sets for class & nursery; French Resources; sports jumpers; storage units; additional support needs specialist resources. All of which are very much appreciated by the school

Fundraising Plans

We held a fundraising meeting and plans include:

- **50/50 Club** – tickets are £1; 50% of the stakes received are returned and 50% go towards new school outdoor equipment. e.g the children have requested additional equipment as part of the trim trail. This is open to all and the tear off slip below can be returned to school before the last Monday of each month – next draw is **Monday 27th May**
- **Family Quiz / Bingo** – more details to follow
- Gala week events - Disco – 6th June & Gala Day stall – 8th June
- Family fun run – Friday 20th September

We require support from parents/carers to all of the above events please get in touch to offer whatever support you can.

Meetings for 2019

- Friday 10th May – 9am in the school
- Tuesday 18th June - 6.30 pm in the Forge
- Thursday 5th September 6.30pm in the school



50/50 Fundraiser

Name _____ Phone No _____

Number of Entries _____ Money enclosed _____

Please feel free to get in touch with the parent council either directly or using our email
[:menstrieparentcouncil@gmail.com](mailto:menstrieparentcouncil@gmail.com)





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As a smaller village in Clackmannanshire, Menstrie has the uniqueness in size to be able to create a close-knit community bond in which we are very proud of.

We are a thriving community with lots of good work going on behind the scenes, taking over our community centre from the local authority for example.

Our resources however are limited into what we can do and rely heavily on local fundraising to assist with local projects.

One area that has proven to be a huge success in terms of growth and event status is our Gala Day on the 1st week in June. The event actually spans out over a week and kicks off with our 'Music in the Gardens' on Saturday 1st June. With different events taking place every day up to the grand finale of our Gala on the 8th June.

During these events we reward various efforts through this week from best pet to the best dressed house with prizes for 1st to 3rd place. The prizes are a token gesture of appreciation to the folk who put the effort in and contribute towards the success of this week.

On that note – we would like to ask if there was any possibility of a contribution in and way, shape or form to assist with our fundraising activities?

Family vouchers or prizes to that equivalent are extremely popular as it is families who are involved and take part in these events.

Any prizes donated will be advertised through our social media links and note of thanks will be printed in our local 'Menstrie Matters' which is delivered to every door in the village to show our appreciation to all support given.

If you have any questions or queries relating to any of the above, or any donations that could be gratefully received please feel free to contact menstriegala@gmail.com

Greetings from the Minister of Menstrie United Free Church of Scotland, Rev. Jason Lingiah.

The Season of Easter provides us with an opportunity to think about new life and new hope. We often trundle along in life without thinking of these big questions until a lifechanging event occurs, such as bereavement or redundancy. In the Easter message, we learn of Jesus, the Son of God, whom had done no wrong, who had died for humankind to take away our punishment. And has rising from the dead -the true celebration of Easter Sunday – confirms that His purposes and identity are true. In this season of growth, we should take time to think about our priorities, as well as what the person and work of Jesus Christ means to us. Every ideology deserves to be considered positively or negatively – and this is one of many which could change our lives.

Worship every Sunday at Menstrie U.F. Church is at 10am every Sunday to which all are welcome. Our Open Day is on Saturday 8 June from 11am-4pm – during the Gala. This will be an opportunity to see inside the Church and to meet some of the congregation and myself.

More information on our activities can be found on ‘Facebook’ @menstrieufchurch and in the *Alloa Advertiser* and *Stirling Observer* however do feel free to contact me if you would like more details or would like to chat.

**With every blessing from all at Menstrie U.F.
Church,**

Rev. Jason Lingiah **Manse: 9 Balfour Street,
Alloa, FK10 1RU**
jasonlingiah@gmail.com
01259 215 278

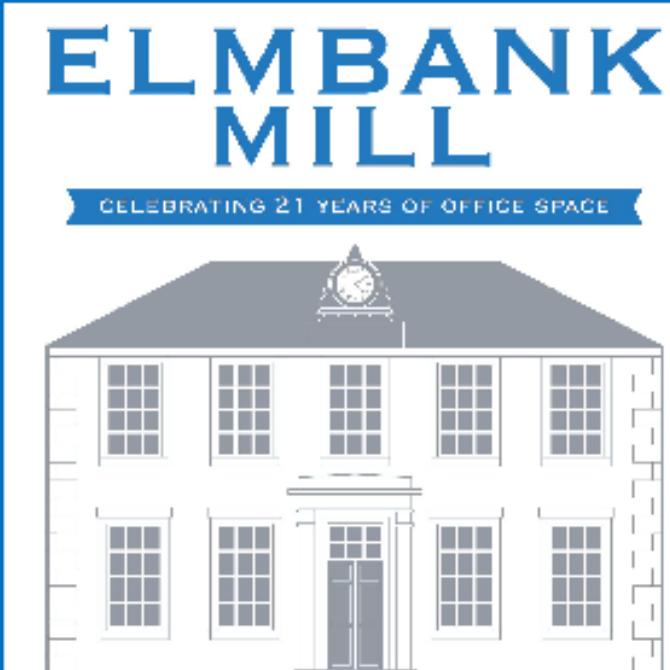
Thank You

To all the unsung heroes who contribute to our collection tubs in the village, to date this has raised just under £400.00, valuable income for our Gala.

**Thanks also to all our Bingo Tea Team,
they work tirelessly to run our Bingo
Teas which raise significant funds for
our Gala Week**

We would like to thank all our advertisers and sponsors who support Menstrie Matters over the year.

**Special thanks to Holm Pharm
who are the main sponsors for
the Gala edition supplement,
the magazine costs around
£500.00 per issue and without
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SUPPORTING ECONOMIC GROWTH

Below is a list of the Councillors and their roles, also included are the contact details for your local Councillors

MENSTRIE COMMUNITY COUNCIL CONTACT LIST - 2018/19

| | | |
|---|---|---|
| DAVID SHARP (Chairperson) | 32 Eastmains eastmains32@gmail.com | 01259 769070 Mob 07919 008035 |
| CAROLINE CRAWFORD (Secretary) | 12 Colsnaur sec.menstriecc@my-inbox.net | 01259 761573 Mob 07940 545369 |
| JUDY COLLIER (Treasurer) | 26 Middleton judycollier26@gmail.com | 01259 761576 Mob 07771 621715 |
| STAN PATERSON | 5 Burnside Road | 01259 761570 Mob 07808 847341 |
| ELIZABETH COOK | 37 Abercromby Place cookelizabeth93@gmail.com | 01259 761820 Mob 0745 4011965 |
| OBAID REHMAN | 19 Blackthorn Grove | |
| NICOLA SIMM | 19 Pine Crescent nicolasimm2@hotmail.co.uk | Mob 07885 649281 |
| EVELYN STALKER | 28 Broompark West evelynstalker@btinternet.com | Mob 07521 416228 |
| IRENE ROSEWEIR | 35 Eastmains ireneroseweir@btinternet.com | 01259 762501 Mob 07724 405276 |

CLACKMANNANSHIRE COUNCILLORS:

COUNCILLOR LES SHARP lsharp@clacks.gov.uk **Mob 07854 370904** **(Surgery held each Tuesday 6pm-7.00pm in the Dumyat Centre)**

COUNCILLOR DARREN LEE dlee@clacks.gov.uk **Mob 07814 173964**

The Community Council meets on the second Tuesday of each month at 7.00pm in the Dumyat Centre, There is always work to be done, if you feel you could assist please get in touch with any Council member.

Contacts;

Community Website....www.menstrie.org **Community Council.....**menstriecommunity@gmail.com
Menstrie Gala....menstriegala@gmail.com **Menstrie Matters....** menstriematters01@gmail.com

Contact; menstriematters01@gmail.com **01259 763549**

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MENSTRIE SENIOR CITIZENS LUNCH CLUB



The Lunch Club is run by the Community Council and is supported by other volunteer helpers. It is held every second Thursday from 12.00-2.30 in Menstrie Parish Church.

The meal consists of a main course and sweet, followed by tea, coffee & biscuits currently at a cost of £3.50. Before the meal we have a short exercise class and after the meal we try and have entertainment which could be either indoor bowls, bingo or sometimes some musical entertainment.

We welcome anybody to come along and join us and there is no obligation to take part in the exercises or the after lunch entertainment. It is a very social occasion so come along and make new friends and enjoy all the social interaction.

We had a very enjoyable Christmas Lunch when the children from P6 in Menstrie Primary School came along and sang for the members and afterwards, chatted to them all. All the members got a gift.

After the end of April we will be moving from the Church to the new Community run Dumyat Centre so do come along and join us. We would be delighted to have more people coming along to the Lunch Club.

If you are interested please contact Caroline Crawford on 01259 761573 or just turn up and you will be made very welcome. We always provide extra meals just in case!

Cycle Path

We have been fortunate to be awarded a grant from Sustrans Artlink Fund to install 'way markers' on the path between Menstrie and Tullibody.

These will give you factual interest information and also fitness facts.

We hope this will enhance an already fabulous walk/cycle and alert people to the surroundings and history surrounding our lovely village.

Work should be underway by the time this issue reaches you and we would like to thank Sustrans for this funding.

Menstrie Woodlands

We have been working with TCV to look at some further improvements within the woodlands, new steps at the adventure play area, access to the middle and upper path, wildflower garden.

You may see and hear foresters working around the area in the coming months, they are tidying some of the fallen and regrowth wood to allow light into the woodland floor, please respect their signs if any part of the woods are sectioned off, it is for your and their safety

Village Choir

We met and sang, all eight of us, but it was a thoroughly enjoyable night, we are being led, cajoled and eased into some kind of shape by the talented Katy McLauchlan, its an easy night, no pressure and more than a few laughs.

We are now meeting each Thursday at 7.00pm in the Dumyat Centre, come and join us!

Its about having fun, making music, and improving your health so why not come along and help get 'Menstrie Voices' off the page and into being

Les Sharp

Alloa Musical Players

present

A family sing-along to

The Greatest Showman

in the Dumyat Centre, Menstrie on Saturday 25th

May at 6.30pm

Tickets from the Dumyat Centre or on the door

Adults (over 16) £5, Under-16s £3

Under 16s to bring an accompanying adult please:

one adult can bring no more than 3 under-16s

(The movie has a PG rating)

Scottish Charity SC047773



Tartan Walk 2019

Menstrie Community Action Group and Menstrie Gala Committee are delighted to present the 2019 Tartan Walk leaving from the Dumyat Centre at 11am on Saturday 7th September.

The exact route has yet to be decided however it will be in the region of an hour each way with a half hour stop in between. This will be to encourage all age groups and abilities to take part in what will be a community event with all funds split between the 2 groups, designed to service the village of Menstrie.

Sponsor forms will be available nearer the time from the Dumyat Centre, this is a good form of fundraising and is popular with the younger family members seeking sponsorship from friends and family. If anyone is unable to gain sponsors, then a simple donation on the day would great. All funds would very well received and spent wisely.

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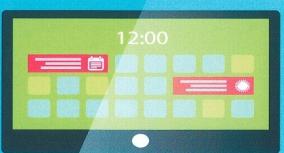
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This edition of Menstrie Matters was produced on a new laptop computer purchased by a grant from CFSLA,

The lottery is run for the benefit of Clackmannanshire, Falkirk & Stirling local authority staff and ex-employees as well as Police, Fire & Assessors services employees. Participants are encouraged to supply for additional help when they fund-raise for their charities.

The committee distributes £18,000 annually based on the applications it receives.

Special application forms to support staff fund-raising and applications to join the lottery are also on the website as well as a list of the latest winners and beneficiaries



Our thanks for supporting Menstrie Matters, our community magazine for the whole village

**Are you the Secretary of a
community organisation?**

This could be where you let everyone know what is happening in your organisation, events, meetings, sales, fundraising

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Envirowash did a fantastic job of giving the outside of our house a full valet and cleaned and re-sanded our large driveway. House looks like it did when it was new, really pleased with how good it looks. Would highly recommend their services.

Clare Wiltshire - West Lothian

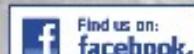


We had the outside of the house done by Envirowash and it now looks amazing. We are super happy with it. Genuinely nice guys and they do a fantastic job. Would highly recommend.

Lynsey Nicol - Falkirk



www.enviro-wash.co.uk



CALL 07821 260 672 TODAY



MENSTRIE GALA DAY LUCKY PROGRAMME



WIN A BOTTLE OF CHAMPAGNE!!

Simply fill in your details below and post in the box on the Community Council stall

Name.....

Contact Number.....

Email.....

May we contact you to inform you of events/ volunteering opportunities or items of interest in the village

YES/NO



5 Blackthorn Grove
Menstrie
FK11 7DX

Mobile: 07979757906
Home: 01259 573641
Email: robthomson5@sky.com

RENOVATIONS - RESTORATIONS - PROPERTY MAINTENANCE

EXTENSIONS
FLOORING
INSULATION
ROOF WORKS
WINDOWS & DOORS
ALL GLAZING

FENCING & DECKING
GARAGE CONVERSIONS
KITCHENS & BATHROOMS
UPVC ROOFLINE
ALL FLAT ROOFS
ALL TRADES SUPPLIED

Our company is built on trust and customer recommendations.



Menstrie Pharmacy at the heart of your community providing a full range of NHS and private services including:

NHS Prescriptions

Private Prescriptions

Pharmacy First

Smoking Cessation

Free Delivery Service

Compliance Aids

Minor Ailments Service

Stoma Care

Opening hours

| | |
|------------------|--------------------------------------|
| Monday | 9am to 5pm (closed 1pm - 2pm) |
| Tuesday | 9am to 1pm |
| Wednesday | 9am to 5pm (closed 1pm - 2pm) |
| Thursday | 9am to 5pm (closed 1pm - 2pm) |
| Friday | 9am to 5pm (closed 1pm - 2pm) |
| Saturday | 9am to 12.30pm |

Gala Day Programme

Parade leaves at 12.00 from Menstrie Mains
Middle Ring Schedule



- 12.30Crowning Parade**
- 124.5 ...Tulliallan Pipe Band**
- 13.00... Fancy Dress Competition**
- 13.15 Parkour Display**
- 13.30 – Family Circus**
- 14.00 – Alloa Ballet Exhibition**
- 14.30 –Kids Races**
- 15.00 – Tug of War (Adults + Kids)**
- 15.30 – Raffle Draw / Best Dressed House Prize**