■ TRIP OVERVIEW

- · Destination: Manali, Himachal Pradesh, India
- Duration: 7 days
- Highlights: Explore the beauty of Manali, try local food, and visit top attractions**

■■ WEATHER & CLIMATE

- Current Weather: Pleasant with temperatures ranging from 10°C to 20°C (50°F to 68°F)
- Forecasted Weather: Same as current weather
- Packing Advice:
 - · Comfortable clothing for cold weather
 - Waterproof jacket or umbrella (in case of rain)
 - Warm socks and gloves (in winter)
 - · Sunscreen and sunglasses (in summer)

■■ DETAILED DAILY ITINERARY

Day 1: Arrival in Manali

- Morning: Arrive in Manali and check-in to a hotel within your budget (Rs 1000 per night)
 - Hotel Options: Hotel Snow View, Hotel Himalayan View, or Hotel Manali Inn
- · Afternoon: Visit the famous Hadimba Temple, a beautiful ancient temple surrounded by cedar forests
- · Evening: Explore the local market, Mall Road, and enjoy some street food like momos, chaat, or pani puri

Day 2: Manali Local Sightseeing

- · Morning: Visit the Solang Valley, a beautiful valley surrounded by mountains, and enjoy activities like paragliding, zorbing, or horse riding
- Afternoon: Visit the Vashisht Baths, a natural hot water spring, and enjoy a relaxing bath
- Evening: Enjoy a romantic dinner at a rooftop restaurant with a beautiful view of the valley

Day 3: Rohtang Pass (Optional)

- · Morning: Take a day trip to Rohtang Pass (subject to weather conditions), a high-altitude mountain pass with breathtaking views
- Afternoon: Visit the Nehru Kund, a natural spring, and enjoy some snacks and tea
- Evening: Enjoy a campfire and some music at a local campsite

Day 4: Manali to Naggar (20 km, 1 hour)

- · Morning: Drive to Naggar, a beautiful village with ancient temples and scenic views
- · Afternoon: Visit the Naggar Castle, a beautiful ancient castle with a museum, and enjoy some local food like thukpa or noodles
- Evening: Enjoy a peaceful stay at a local homestay or resort

Day 5: Naggar to Manali

- . Morning: Drive back to Manali and visit the Manali Museum, which showcases the history and art of Himachal Pradesh
- Afternoon: Visit the Tibetan Monastery, a beautiful monastery with a peaceful atmosphere
- Evening: Enjoy some local cuisine like dhaam or siddu at a local restaurant

Day 6: Manali to Kullu (40 km, 1 hour)

- · Morning: Drive to Kullu, a beautiful valley with scenic views, and visit the Kullu Valley, a beautiful valley with scenic views
- Afternoon: Visit the Bijli Mahadev Temple, a beautiful ancient temple with a scenic view
- Evening: Enjoy some local food like dham or siddu at a restaurant

Day 7: Departure from Manali

- Morning: Spend some time shopping for souvenirs or exploring the local market
- Afternoon: Depart from Manali with some beautiful memories of your trip

■ ACCOMMODATION

- Budget: Rs 1000 per night
- Options:
 - Hotel Snow View
 - Hotel Himalayan View
 - Hotel Manali Inn
- Mid-Range: Rs 2000 per night
- Luxury: Rs 5000 per night

■ TOP ATTRACTIONS & ACTIVITIES

- Hadimba Temple
- Solang Valley
- · Vashisht Baths
- Rohtang Pass (optional)
- Naggar Castle
- Manali Museum
- Tibetan Monastery
- Bijli Mahadev Temple
- Paragliding
- Zorbing
- Horse Riding
- Campfire

■■ DINING RECOMMENDATIONS

- Local Cuisine: Dhaam, Siddu, Thukpa, Noodles
- Restaurant Suggestions:
 - The Himalayan Restaurant
 - The Manali Inn Restaurant
 - The Snow View Restaurant

■ TRANSPORTATION GUIDE

- Local Transportation: Rs 286 per day (approx.)
- Options:
 - Taxi
 - Bus
 - Auto Rickshaw

■ COMPREHENSIVE BUDGET BREAKDOWN

- Hotel: Rs 7000 (Rs 1000 per night for 7 nights)
- Food: Rs 5000 (Rs 714 per day for meals and snacks)
- Transportation: Rs 2000 (Rs 286 per day for local transportation)
- Attractions: Rs 2000 (Rs 286 per day for attractions and entrance fees)
- Total: Rs 16,000

■ TRAVEL TIPS & ESSENTIALS

- Local Customs: Respect local traditions and customs
- Safety Tips: Be careful while walking on the roads, and avoid traveling alone at night
- Language Basics: Learn basic Hindi phrases like "Namaste" (hello), "Dhanyavad" (thank you), and "Chalo" (let's go)
- Currency: Indian Rupee (INR)
- Exchange Rate: 1 USD = 70 INR (approx.)