

Aa Bb Cc Dd Ee Ff

Aa Bb Cc Dd Ee Ff

Aa Bb Cc Dd Ee Ff

Aa Bb Cc Dd Ee Ff

Aa Bb Cc Dd Ee Ff

Aa Bb Cc Dd Ee Ff

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Gg Hh Ii Jj Kk Ll

Mm Nn Oo Pp Qq Rr

Mm Nn Oo Pp Qq Rr

Mm Nn Oo Pp Qq Rr

Mm Nn Oo Pp Qq Rr

Mm Nn Oo Pp Qq Rr

Mm Nn Oo Pp Qq Rr

Mm Nn Oo Pp Qq Rr

Ss

Tt

Uu

Vv

Ww

Xx

Ss

Tt

Uu

Vv

Ww

Xx

Ss

Tt

Uu

Vv

Ww

Xx

Ss

Tt

Uu

Vv

Ww

Xx

Ss

Tt

Uu

Vv

Ww

Xx

Ss

Tt

Uu

Vv

Ww

Xx

Ss

Tt

Uu

Vv

Ww

Xx

Yy Zz

Yy Zz

Yy Zz

Yy Zz

Yy Zz

Yy Zz

Yy Zz

0 1 2 3 4 5 6 7 8 9

0 1 2 3 4 5 6 7 8 9

0 1 2 3 4 5 6 7 8 9

0 1 2 3 4 5 6 7 8 9

0 1 2 3 4 5 6 7 8 9

0 1 2 3 4 5 6 7 8 9

0 1 2 3 4 5 6 7 8 9

Imagine you have a special

Imagine you have a special

Imagine you have a special

Imagine you have a special

Imagine you have a special

Imagine you have a special

Imagine you have a special

power sleeping inside you, like

power sleeping inside you, like

power sleeping inside you, like

power sleeping inside you, like

power sleeping inside you, like

power sleeping inside you, like

power sleeping inside you, like



a tiny dragon. Sahaja Yoga is

a tiny dragon. Sahaja Yoga is

a tiny dragon. Sahaja Yoga is

a tiny dragon. Sahaja Yoga is

a tiny dragon. Sahaja Yoga is

a tiny dragon. Sahaja Yoga is

a tiny dragon. Sahaja Yoga is

a way to wake up that power

a way to wake up that power

a way to wake up that power

a way to wake up that power

a way to wake up that power

a way to wake up that power

a way to wake up that power

gently and safely. When the

gently and safely. When the

gently and safely. When the

gently and safely. When the

gently and safely. When the

gently and safely. When the

gently and safely. When the

power wakes up, it makes you

power wakes up, it makes you

power wakes up, it makes you

power wakes up, it makes you

power wakes up, it makes you

power wakes up, it makes you

power wakes up, it makes you

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

feel good, happy, and peaceful.

It's like magic, but it's real!

It's like magic, but it's real!

It's like magic, but it's real!

It's like magic, but it's real!

It's like magic, but it's real!

It's like magic, but it's real!

It's like magic, but it's real!

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

This power can even help you

if you're feeling sick or sad.

if you're feeling sick or sad.

if you're feeling sick or sad.

if you're feeling sick or sad.

if you're feeling sick or sad.

if you're feeling sick or sad.

if you're feeling sick or sad.



It's like a superhero inside you!

It's like a superhero inside you!

It's like a superhero inside you!

It's like a superhero inside you!

It's like a superhero inside you!

It's like a superhero inside you!

It's like a superhero inside you!

Sahaja Yoga is easy and

Sahaja Yoga is easy and

Sahaja Yoga is easy and

Sahaja Yoga is easy and

Sahaja Yoga is easy and

Sahaja Yoga is easy and

Sahaja Yoga is easy and

anyone can do it. You don't

anyone can do it. You don't

anyone can do it. You don't

anyone can do it. You don't

anyone can do it. You don't

anyone can do it. You don't

anyone can do it. You don't

need to be special or know a

need to be special or know a

need to be special or know a

need to be special or know a

need to be special or know a

need to be special or know a

need to be special or know a

lot of things. Just try it and

lot of things. Just try it and

lot of things. Just try it and

lot of things. Just try it and

lot of things. Just try it and

lot of things. Just try it and

lot of things. Just try it and

see how amazing it feels to be

see how amazing it feels to be

see how amazing it feels to be

see how amazing it feels to be

see how amazing it feels to be

see how amazing it feels to be

see how amazing it feels to be

directly connected to God!

directly connected to God!

directly connected to God!

directly connected to God!

directly connected to God!

directly connected to God!

directly connected to God!