

07 Feb '25

→ Daily 30 min. practice (later on ^{at least} 20 min. _{x per day})

(1) With Piano - 85 beats per minute (bpm)

In C & G scales { all swaras aarohana & avarohana - ^{2 scales} lower & higher
10 times - can try different ranges
(at slowest speed) on different days

(2) Then practice at 2-times & 4-times speed

(3) Then spontaneous singing swaras at 3 different speeds & mixing all 3 speeds

(4) Practice some of the songs you already learn -
- each song a few times
- repeat songs in a cycle day after day

→ Sarali swaras in Madhyamavathi
raagam from textbook

HW: Practice each pattern 10 times

HW: In our textbook translation,
add Sarali swaras in Mayamalavari
Gowla

→ HW: (1) Ch. 1 textbook previous HW —
telugu names in phonetics — check
with textbook

→ HW: Haseet Ali song — write beats
or thaalam also for each line (use
Sa — — Ri Ga Ma Ri Ni Sa⁺ per beat)