

14 Nov'25

→ Practiced /ma:θa: nirma la ma he:s'vari:/
Sahaja yoga song (See at 1. Carnatic Music / o. Books/
Sahajyoga... / o. Bhajan...)

Hw: (1) See AI word by word breakdown
and meanings. Fix it.

(2) Do complete breakdown of that
song with chandas, swaras etc.

(Write raaga, thalam at the
top of the file)

(3) Practice this Song - Singing &
playing