

I AM CONFIDENT

When I raise my hand, and the teacher calls on me, I show my

COURAGE. I'm the best that I CAN be!

YOU CAN DO IT! When we're on the sidelines,

and we cheer our

teammates on, that's

how we show our  
spirit and make  
each other strong!  
Sometimes we need to  
~~FOCUS~~ focus on our own  
good qualities.

That's when we  
build ourselves up...  
and work on  
SELF-ESTEEM. We  
bring joy to one

another  
when we paint  
happy scenes. When  
we look on the  
bright side... We  
practice POSITIVITY!

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