

Draw and color the cover of the book

# THE SECRET OF THE SEVEN

-CHILDREN BOOK

# THE SECRET OF THE SEVEN

BY

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## CHAPTER 1

సాధారణ

The online class was as **usual** boring, but today Anu was worried she had not submitted last **assignment**. She sent a **nervous** chat to her best friend Rani.

కేటాయించిన పని

“I have not done my assignment! What about you?”

A **prompt** reply was **received**, “I have submitted it yesterday itself.”

Anu was worried, she heard her teacher announce her name “Anu, where is your assignment?”

Before Anu could answer, Rani spoke “Ma’am Anu has not done her assignment.” And she shared their private chat in public.

humiliated, ashamed, or deeply embarrassed

Anu was **mortified**. She was angrier at the **betrayal** than the **scolding** she received. Rest of the day she contemplated how she will avenge herself.

drained of strength or energy; worn-out:

She was so already bored of the class and now she was **exhausted** with anger that she lost count of time.

Suddenly she saw a **private** chat activated, it said: “What is that which you want over others but it finishes you?”

Anu was totally **puzzled**. She tried to type in the chat, “Who are you?” but the keyboard was **jammed**. Then she heard her mom’s voice “Again, you dozed off in the middle of the class.” Anu got up to see there was no chat which she was trying to reply. But the puzzle stuck to her.

She rubbed her eyes, and asked her mom, “Mom What is that which you want over others but it finishes you?”

“hmm..I can think of a thing, but you **discover** it yourself. Come there is a collectivity at home today. Help me arrange it.”

Anu’s mother followed Sahaj meditation and once a week all her friends used to meditate together at their house. Anu was never **interested** in it. But she loved the gathering, and the prasad at the end.

She helped her mother arrange the place.

Then she ran outside to play with her friends. Rita was **sulky** today, she was not herself. Her brother had fought with her and she wanted to get even. They tried to play skipping together but she would falter every time and both would **stumble** together.

“Rita what are you doing?”

But Rita was lost **elsewhere**. She suddenly said, “I will throw away his favorite pen set. That will teach him a lesson.”

“Rita, you spoiled our game, you are not enjoying the game.”

But Rita was not listening, the entire playtime got lost and Anu came back to her house.

She joined the collectivity of her mother for fun. The Guru of her mother was talking about forgiveness. She said you punish yourself when you do not forgive others.

“How can you punish yourself? You are **relieved** when you take **revenge**. How happy Rita will be tomorrow. I will too avenge myself.” She thought.

She liked the prasad and **pleasant** people talking pleasantly to each other. That night Anu closed her eyes to plan her revenge, suddenly she heard the same puzzle,

*What is that which you want over others but it finishes you?*

Was that a whisper? She opened her eyes and saw she is at the entrance of a tunnel with four orange giant petals guarding it close. From nowhere a mouse snuggles out of the petals to her, he smelled her up and down and then muttered, “innocent **indeed**.” Anu climbed the mouse and the petal doors opened and the mouse raced her through a triangular chamber with a coil, which was three and a half encircled. The mouse said a mantra, three maha-mantra (do you know which three maha-mantra’s are these?), Anu repeated them **instinctively**, they were very familiar.

Something magical happened a cold fire started burning upward and the coil started straightening upward. The mouse pushed her inside it.

The tunnel which was three layers. **She was in the center which was a whitish layer, then there was blue and the outermost was orange-red.** This looks like a slide in the garden or the water park she visited with her friends. She slid upwards! “That’s strange” Anu thought, “against the gravity, I am sliding upward?”

She wanted to **experiment** through those translucent layers, she pushed her hands into the blue layer, it was freezing cold with a spooky feel, she pierced it to the outermost and her figure burnt.

Center should be sushumna (white), surrounded by pingala (yellow), and the outer layer is ida (blue).

“White is so comfortable. I don’t want to go cross it. Where am I? What magical place is it?” She continued sliding till she reached a gate of flower petals, six petals coving the door.

She **approached** the flower petals they were very beautiful and fragile. She tried to touch it, the magic rings and light twinkled and she saw a swan coming out of the flower.

“What do you want?”

“I do not know? I found myself here and now I like this ride I want to see what is at the end of it, is it a waterfall? An **oasis**? A treasure?”

**The butterfly laughed with five wings tingling with yellow color.**

The swan laughed, with six wings tingling with yellow colour.

“You can pass through but you will have to listen to my story and if at the end you give the right answer you can pass through my gate.”

“That sounds cool. Tell me the story.”

Draw an **illustration** and colour it.

## CHAPTER 2

The swan came to Anu and sat on her shoulder and **began** the story. There was a boy called Sham, he wanted to create the most beautiful painting in the world and sell it to the king. Every time he started to create, he got very worried and thought about his past **failures** or **future success** and the painting would become **ordinary**. His friend Amir told him of a **mystic** who had special powers to help him. While he was going to the mystic his mother told him not to.

She said, "Be in the **present**, become thoughtless and paint. Do not go to any false power which claims to help you."

But Sham was **desperate**, he wanted to create that **masterpiece**, he climbed the hill full of **serpents** and **scorpions**, crossing the **cannibalistic** tribe, but then he thought....

The swan said..

Now tell me what should Sham do? Easy help of that dangerous mystic, whose **help** may or may not work, but Amir **claims** it worked for him; or the **advise** of his mother, whose advise may or may not work?

Anu thought and thought.....What do you think she should do?

"Mother is always right. The unknown mystic who claims magic through serpents and scorpions, **spooky** me, I do not even want to try."

The swan **glittered** and flew back to the flower's center and the six petals gave way to Anu. As she passed she found that glitters of the swan were stuck to her skin all over and she looked so beautiful and glowing.

Draw an illustration



### CHAPTER 3

Anu slides through the tunnel taking care that she did not touch either blue or yellow layers. She felt very happy and <sup>joyful</sup> **elated**. She soon reached another gate, this one had ten green petals and green light all around, there were water waves <sup>fastly moving around</sup> **whirling** around. Anu was confused what now? "I want to pass through, please open the gate."

transparent = you can see through (like window glass);

The water took the shape of a human, a **translucent** human, and said, "Why do you want to pass? Only the <sup>having required qualities</sup> **worthy** can pass through and take the <sup>blessing</sup> **boon** of the gate. I see you already have the <sup>shining</sup> **shimmer** of creativity and happiness. Then let me test you for this gate too."

opaque = you can not see through (like a wall);

"If I give you two chocolates and you take them to your playground and find Rita also has some chocolates, how many in her hands will make you happy?"

translucent = you can partly see through (some plastic bags)

Anu thought and thought...

"It would not matter how many Rita has in her hands, I am happy with mine <sup>now</sup> ~~few~~ and in case she doesn't have any I can share mine with her."

The water looked at Anu, <sup>squinted (close eyes partly)</sup> ~~squatted~~ its eyes, and said, "Are you sure of the answer? Your passing the gate depends on it."

"This is what I feel and will do."

Water laughed. “You shall pass” and hugged Anu. Anu felt her tummy full and satisfied.  
The water had <sup>satisfy</sup> quenched her thirst and hunger both.

She moved sliding ahead to the next door. Totally satisfied.

Draw an illustration and colour it.

## CHAPTER 4

The next gate has had 12 petal doors and a baby lion cub sitting in the middle. The cub came near Anu and slowly started to grow <sup>into a huge full-grown lion</sup> ~~huge a full-grown lion~~ with <sup>scary</sup> ~~fierce~~-looking teeth ~~and a lion~~. Happy and satisfied Anu was not <sup>afraid</sup> ~~frightened~~. She looked at the lion and said, "I am not afraid of you, I love you."

The lion was amazed and became the cub again and started playing with Anu. Anu rode on its back and crossed the gate.

The cub, <sup>descend from a train, bus, or other form of transport.</sup> ~~alighted~~ Anu on the other side of the gate and ~~licked~~ her. Anu felt so strong and full of ~~love~~. Full of love, happiness, satisfaction, creativity, and bravery. Anu reached the next gate. She heard a ~~mesmerizing~~ sound of the flute. And the door had 16 petals. She started dancing in joy. The flute stopped. Anu felt ~~perplexed~~, "did I do something to stop the flute, <sup>did I make a mistake?</sup> ~~I did a mistake.~~" The flute flew and hid ~~amongst~~ the petals, <sup>and</sup> the sixteen petals, shut themselves tight. As Anu ~~approached~~ it, the petals <sup>would</sup> shut themselves harder.

Anu was very sad, <sup>and sat near the door.</sup> ~~she sat on the door, sad.~~ <sup>The more she tried, the harder the petals shut themselves.</sup> ~~The more said she became the petal was shutting the door harder.~~ The petals were ~~fading~~ in ~~vibrancy~~. Anu became sadder.

Then she realized, what had changed since she came here? She felt guilty. Why should she blame herself for <sup>the</sup> flute deciding not to play any longer? Flute did not take her permission to play either. She has no ~~role~~ in all this. Somebody else is playing all this so she is not responsible. While she was thinking of this, she observed that the blue color was becoming very bright and the center of the flower was ~~oozing~~ a spring of

butter. She happily sprang to eat the butter and suddenly realized that flute started to play, very playfully again. The door opened and Anu slide-out singing beautifully.

But she found that the slide was choked ahead and she could not slide an inch. "What's stuck?"

Can you help Anu- Advise her....

Draw an illustration and colour it.

## CHAPTER 5

Anu was trying to push hard through the white dust choking her way. She could hardly see the gate. Two petals could **barely** be seen. She was stuck. "Why was she stuck?"

She was at <sup>a</sup> **loss**. "What do I do now?"

She suddenly heard the sound of **sarod** and saw a little boy dancing on it. The little boy had a huge belly but he was so light on his foot. Anu went to him for help. The boy was dancing.

"Hello! Can you help me pass through this gate?"

"Why should I help you?"

"Because, I am creative, happy, satisfied, joyous and brave" Anu spoke as a matter of **fact**.

The little boy laughed, "Then you passed the five secret gates. What have you done to **deserve** to pass the sixth?"

"What do you do to deserve to pass through the sixth?" Anu asked.

"Forgive, can you?"

Anu was **taken aback**. She remembered Rani, the crafty one how she had betrayed her and how she contemplated taking revenge. As she was thinking about it she saw the

sarod sound decrease and the white dust started covering her, she could hardly breathe. She shouted aloud, "This is unfair Rani wronged me and now I am denied to pass through."

"How do you know what she will pay for her betrayal but why do you care, I see her nowhere in this channel with you. You are alone here and you alone matters. Do you want her here to enjoy your blessings of each gate?"

"Yes, I am alone here, I can see this and I alone get the blessings. True, it's about me not about her. I do not care about her, I care about me, myself."

"So, you forgave her?"

"Whom?"

"Rani?"

"Ha, Ha, Rani who?" Anu laughed and started dancing with joy. And she saw the white dust which was choking her a few minutes ago became clear and the sun started to shine. The little boy disappeared and the gate opened. She was not sliding now but flying. On the other side, she saw her mother's Guru smiling with open arms wrapped with sun white cool light.

But she felt the warmth of love.

## CHAPTER 6

Anu woke up the next morning and joined her online class. She was not bored but **attentive** and happy. She saw Rani but she felt nothing. No anger, no pain or any other **emotion** **except** what she was **continuously** feeling since morning, Joy.

In the evening she rushed to her friend Rita, who was crying in the park because her mother had scolded her for tearing her brother's new shirt and she had become a villain in the eyes of her mother and her brother a **victim**.

Anu said, "Forgive him, he is not important. Let's enjoy now and this moment."

Rita did not understand Anu but she did enjoy with Anu by forgetting about her brother ~~but forgiving she needed some help.~~ , but for forgiving, she needed some help.

Now Anu knew the answer to the **Riddle**. Do you?

To know the answer, look at the bottom of the page.

Answer: Revenge

