

1. Are you researching ways to help your children thrive?
 - a. Yes
 - b. No
2. What is your biggest worry at the present?
 - a. Work
 - b. My children
 - c. My relationship

When user select second option 'My relationship'

3. What aspect of your relationship with your child do you want support with?
 - a. Communication
 - b. Discipline
 - c. Co-Parenting
 - d. Single Parenting
 - e. Grandparent/Guardian Support
 - f. Connecting with Your Child
 - g. Newcomer Parenting Support

When user select option 'Communication' For any of the below option the user will be connected to (<https://parentpulsecoaching.janeapp.com/#/help-me-find-a-coach>)

4. Do you feel your child listens to you and expresses their thoughts openly?
 - a. Yes
 - b. No
5. What specific communication challenges are you facing?
 - a. My child does not talk to me about their feelings.
 - b. We argue frequently.
 - c. They don't follow my instructions.
 - d. Other (please specify).

When user select option 'Discipline' For any of the below option the user will be connected to (<https://parentpulsecoaching.janeapp.com/#/parent-pulse-coach>)

6. Are you struggling with setting rules and boundaries that your child follows?
 - a. Yes
 - b. No
7. What behaviors are you most concerned about?

- a. Defiance
- b. Aggression (Verbal/Physical)
- c. School Discipline Issues
- d. Self-Regulation at Home

When user select option ‘**Co-Parenting**’ For any of the below option the user will be connected to (<https://parentpulsecoaching.janeapp.com/#/co-parenting-single-parenting>)

8. What aspect of co-parenting do you need help with?

- a. Conflict over parenting styles
- b. Improving your relationship with the other parent
- c. Emotional well-being of my child

When user second option ‘**Single Parenting**’ For any of the below option the user will be connected to (<https://parentpulsecoaching.janeapp.com/#/co-parenting-single-parenting>)

9. What type of support do you need as a single parent?

- a. Navigating parenting challenges alone
- b. Building confidence in my parenting journey

When user select option ‘**Grandparent/Guardian Support**’ For any of the below option the user will be connected to (<https://parentpulsecoaching.janeapp.com/#/a-guiding-light-for-modern-grandparenting>)

10. Are you the primary caregiver for your grandchild?

- a. Yes
- b. No

11. What challenges do you face in this role?

- a. Managing parenting responsibilities at this stage of life
- b. Navigating generational differences in parenting styles
- c. Supporting my grandchild’s emotional well-being
- d. Other

When user select option ‘**Connecting with Your Child**’ For any of the below option the user will be connected to Parent Pulse Coach (<https://parentpulsecoaching.janeapp.com/#/parent-pulse-coach>)

12. Do you feel emotionally connected with your child?

- a. Yes
- b. No

13. What are the main challenges in your relationship?

- a. Lack of quality time together
- b. Struggles in understanding their emotions
- c. Difficulty in engaging in meaningful conversations

When user select second option ‘**Newcomer Parenting Support**

14. Have you faced challenges adjusting to parenting in a new country?

- a. Yes
- b. No

15. What challenges are you facing as a newcomer parent?

- a. My child’s adaptation to school
- b. Language or cultural barriers
- c. Building a support network
- d. Other (please specify)

For any of the above option the user will be connected to Newcomer Coaching (<https://parentpulsecoaching.janeapp.com/#/newcomer-coaching>).