

FAMILY CARE PLAN

I. INTRODUCTION:

SELF:

I am _____ from Manikaka Topawala Institute of Nursing. For the purpose of completing my care plan assignment, I have selected this case to provide health education and carry out relevant nursing procedures.

➤ OBJECTIVES:

- **FOR STUDENT:**

- **FOR FAMILY:**

ACTUAL HEALTH PROBLEMS:

- 1.
- 2.
- 3.
- 4.
- 5.

POTENTIAL HEALTH PROBLEMS:

- 1.
- 2.
- 3.
- 4.
- 5.

FAMILY NURSING DIAGNOSIS:

INDIVIDUAL DIAGNOSIS:

1.

2.

3.

FAMILY DIAGNOSIS:

1.

2.

3.

COMMUNITY DIAGNOSIS:

1.

2.

ASSESSMENT	NURSING DIAGNOSIS	GOAL	PLANNING	IMPLEMENTATION	RATIONALE	EVALUATION

ASSESSMENT	NURSING DIAGNOSIS	GOAL	PLANNING	IMPLEMENTATION	RATIONALE	EVALUATION

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NUTRITIONAL ASSESSMENT:

Meal Time	Food Items Consumed	Quantity (g/ml)	Carbohydrates (g)	Fats (g)	Proteins (g)	Iron (mg)	Calcium (mg)	Remarks (Appetite/Digestion/Allergy)
Early Morning								
Breakfast								
Mid-Morning								
Lunch								
Evening Snack								
Dinner								
Bedtime								

HEALTH EDUCATION: -

1.	Diet
2.	Medication
3.	Physical Exercise

4.	Hygiene:
5.	Follow Up:

SUMMARY:

CONCLUTION:

BIBLIOGRAPHY

1.

2.

3.

MANIKAKA TOPAWALA INSTITUTE OF NURSING
(A CONSTITUENT OF CHARUSAT)
SUB: COMMUNITY HEALTH NURSING
EVALUATION CRITERIA OF FAMILY CARE PLAN

Name:

ID No:

Semester/Year:

Date of Submission:

Topic:

Sr. No.	Activities	Maximum Marks	Marks Obtained
1.	Community profile	02	
2.	Introduction & Objectives	02	
3.	Identification of Needs/Problems	04	
4.	Family Care plan	10	
5.	Nutritional Assessment	02	
6.	Health Education	05	
7.	Conclusion and Summary	02	
8.	Bibliography	03	
	Total	30	

Remarks:

Name of Evaluator:

Signature of Evaluator:

Date of Evaluation: