

Anganwadi Assessment Program Report Guidelines

1. Introduction

Anganwadi centers are key institutions under the **Integrated Child Development Services (ICDS)** scheme, aimed at improving the health, nutrition, and development of children under six years, along with pregnant and lactating mothers. The purpose of this assessment was to evaluate the functioning, services, infrastructure, and impact of the Anganwadi center located at [Name of Village/Area], conducted on [Date] by B.Sc. Nursing students.

2. Objectives

General Objective

To assess the functioning and service delivery of the Anganwadi center in relation to child health and community development.

Specific Objectives

- To evaluate the infrastructure and facilities of the center
- To identify the types and quality of services provided under ICDS
- To assess the nutritional support and health status of children
- To understand the role of Anganwadi workers and helpers
- To participate in and observe health and educational activities
- To gain community-based learning experience for nursing students

3. Assessment of the Anganwadi Center

- Location and accessibility
- Cleanliness and hygiene
- Building condition (well-ventilated, safe, spacious)
- Availability of kitchen, play area, handwashing facilities
- Furniture: mats, chairs, tables, utensils
- Learning materials and health education charts

4. Services Provided Under the Anganwadi Center

Sr. No.	Services Provided
1	Supplementary Nutrition for children & mothers
2	Non-formal pre-school education
3	Growth monitoring and health check-ups
4	Immunization support in coordination with health staff
5	Referral services for undernourished or sick children
6	Nutrition and health education to mothers
7	Iron, folic acid, and deworming tablets distribution
8	Home visits and follow-ups

5. Staffing Pattern

Designation	Number	Name (if applicable)
Anganwadi Worker	1	[Insert Name]
Anganwadi Helper	1	[Insert Name]
Visiting Health Worker	As per PHC/SC visits	[Insert Name]

6. Physical Layout of the Center

- Indoor area used for teaching and feeding
- Outdoor play area (if available)
- Separate kitchen for meal preparation
- Storage space for grains and equipment
- Toilet and handwashing facility for children
(Draw a rough sketch if needed)

7. Weekly Schedule of the Anganwadi

Day	Activities Conducted
Monday	Growth monitoring, storytelling, play activity
Tuesday	Health check-up & IFA tablet distribution
Wednesday	Drawing, coloring, personal hygiene demonstration
Thursday	Immunization (with ANM), games and songs
Friday	Counting, alphabet learning, nutrition education
Saturday	Recreational activities, parent meeting/visit planning

8. Weekly Diet Menu for Children

Day	Breakfast	Lunch
Monday	Milk with Ragi porridge	Khichdi with vegetables
Tuesday	Banana + Milk	Rice with dal and boiled egg
Wednesday	Dalia (broken wheat)	Vegetable pulao with curd
Thursday	Poha + jaggery water	Rice with soybean curry
Friday	Chapati with ghee and sugar	Khichdi with spinach and carrots
Saturday	Seasonal fruit + milk	Moong dal rice with ghee

9. Activities Carried Out by Nursing Students

- Conducted **growth monitoring** (height, weight, MUAC)
- Assisted in **meal distribution** and **nutrition counselling**
- Provided **health education** using flipcharts and visual aids
- Organized **play and learning activities** for children
- Observed immunization and supplementation sessions
- Interacted with mothers regarding child care and hygiene
- Maintained and reviewed records with the Anganwadi worker

10. Health Assessment of Anganwadi Children (Sample Format)

NAME OF THE ANGANWADI	SRNO	NAME OF CHILD	AGE	GEN DER	HEIG HT (CM)	WEIG HT (KG)	HEAD CIRC UMFE RENC E (CM)	CHES T CIRC UMFE REN CE (CM)	MID UPPPER ARM CIRCUMFERE NCE (CM)	DEGREE OF MALNU TRITION	REMARKS
Fulbai Anganwadi , Bandhani	1	Ayush. S. Talpada	6	M	103	13.6	49.3	49	13.5	66% (Severe)	Nail Debris
	2	Akshar. D. Talpada	5	M	103	16	49	54	17	86.9% (Mild)	Nail Debris, Earwax
	3	Daksh. G. Talpda	6	M	100	11.8	48.5	50	12	57.2% (Severe)	Nail Debris, Earwax
	4	Dakshesh. S. Talpada	5	M	102	12.9	48	51.5	14	68.4% (Severe)	Nail Debris, Behavioural Disorder

The common problems identified among the anganwadi children are as follow:

SRNO	CONDITIONS	NUMBER OF PROBLEMS IDENTIFIED	PERCENTAGE (%)
1.	Nail debris	37	27.00%
2.	Earwax	36	26.27%
3.	Dental caries	22	16.05%
4.	Mild grade malnourished	13	9.48%

11. Conclusion and Summary

The Anganwadi center at [Village/Area] is functioning as a crucial community-level hub for delivering essential health and nutrition services to children and women. While the staff is dedicated and many services are effectively provided, minor gaps in infrastructure, learning materials, or health supplies may need further attention. The nursing students gained first-hand exposure to **ICDS implementation, community engagement, and preventive pediatric health care** through this program.