

Aarogyam Ayurveda & Panchakarma Clinic - Services

Core Services Facilitated:

- Nadi Pariksha
- Panchakarma Treatments
- Suvarnaprashana
- Consultation and Ayurvedic Treatments
- Home Visit for Senior Citizens

Panchakarma Procedures:

1. Vamana - Detoxification with therapeutic vomiting
2. Virechana - Detoxification via purgation (to remove toxins from the intestines)
3. Vasti (Basti) - Decoction (Kashaya) or medicinal oil enema
4. Raktamokshana - Bloodletting
5. Nasya - Herbal medication through the nose

Other Ayurvedic Treatments:

- Shirodhara
- Jalaukavacharana (Leech therapy)
- Manya Basti
- Janu Basti
- Netra Basti
- Full Body & Localized Snehana (Oil massage)

Aarogyam Ayurveda & Panchakarma Clinic - Services

- Swedana (Herbal steam therapy)

Doctor Info:

Dr. Asmita - Ayurveda Practitioner with 8+ years of experience

Clinic Facilities:

- Fully equipped for Panchakarma Treatments
- Medicines from trusted pharmacies like Nagarjuna and Baidyanath
- Clinic Timings:
 - 10:00 AM to 1:00 PM
 - 5:30 PM to 8:30 PM (Daily)
- Contact: 8884726777