

# KNEE PAIN RELIEF REPORT

## CLIENT DETAILS

CLIENT ID	SG:5714
TYPE OF PAIN	KNEE PAIN

## SYMPTOMS (%) BEFORE THERAPY:

Title	Value
PAIN(%)	50
SWELLING(%)	55
STIFFNESS(%)	60
WARMTH AND REDNESS(%)	65
WEAKNESS OR INSTABILITY(%)	45
POPPING OR GRINDING SENSATION(%)	63
LIMITED RANGE OF MOTION(%)	72
PAIN WITH CERTAIN MOVEMENT(%)	81
TENDERNESS(%)	36
BEARING WEIGHT(%)	49

## PAINETRICS ANALYZE:

Title	Value
SEVERITY(%)	56
TYPE OF BACKPAIN	

## RELIEFTHERAPY ANALYZE:

Title	Value
THERAPY	Resistance Band Training
DURATION	2 sessions per week 6 weeks

**SYMPTOMS (%) AFTER THERAPY:**

Title	Value
PAIN BEFORE THERAPY (REDUCED %)	60
PAIN AFTER THERAPY (REDUCED %)	80
SWELLING (REDUCED %)	40
STIFFNESS (REDUCED %)	25
WARMTH AND REDNESS (REDUCED %)	65
WEAKNESS OR INSTABILITY (REDUCED %)	78
POPPING OR GRINDING SENSATION (REDUCED %)	92
LIMITED RANGE OF MOTION (REDUCED %)	54
PAIN WITH CERTAIN MOVEMENT (REDUCED %)	36
TENDERNESS (REDUCED %)	62
BEARING WEIGHT (REDUCED %)	41
OVERALL RELIEF PERCEPTION (%)	45

**EFFECTIVENESS ANALYZE:**

Title	Value
EFFECTIVENESS (%)	81