CHAPTER 9 SPIRITUALITY AND INTELLECTUALITY

"People take different roads

Seeking fulfillment and happiness

Just because they are not on your road

Does not mean they are lost"

-DALAI LAMA

There are two words "Spiritual" and "Intellectual" to understand the depth of these words we have to upgrade our way of thinking, point of imagination, comprehensive power, behavior and level of speaking. Now let us talk about each one by one.

Actually, when we are in little problems we immediately start chanting the name of God and start worshiping them. But we did not believe in doing works?

The work done with spirit and honesty are always supported by God. If you are not studying at all up to exam date than God is not going to write exams for you. You have to work hard on your own only then almighty help you to recall the thoughts. Apart from Knowledge got from books one must also be well aware of spirituality and intellectuality. Because the decision which involves knowledge, spirit, intellectual thinking definitely brings you a platform of success.

SPIRITUALITY

Firstly we talk about "Spirituality". What does the word "spiritual" mean?

When there is the involvement of the soul in your deeds, behavior, and communication and you are deeply connected to God. Connection with God not only limited to worship to god. But it needs the imagination of god through the soul. You can think about the great saint of how they deeply fall in mediation by forgetting everything around their environment.

THE MELANGE OF SUCCESS

Let us talk about "Meera Bai" how she always chanted the name of "Lord Krishna". Actually, it doesn't matter from which community (Brahmana, Kshatriya, Baishya, and Shudras) you belong neither which region (Hindu, Muslim, Sikh, Christian) you follow nor it compulsory which specify Lord you worship. The only thing that matters is your mind should free of critics and evil. Your soul must be sacred like the River Ganga. Your thought should be in the welfare of others.

If we recall the past "Treta Yug" which was known for Lord "Rama", "Dwaper Yug" is for "Lord Krishna", "Shat Yug" Known for "Lord Hari." Now we talk about "Kal yug" for what it knows? Really if you want to attain salvation in the present era then it became necessary for you to worship five Lord for whom that's the era known for:

- Firslty "Surya" Bhagwan worship him by awaking too early in the morning at 3:30 AM. By offering some water (Pavitra jal) and doing Surya namaskar by joining hands. Just think if you wake up at 3:30 AM than it necessary for you to sleep at 8-9 PM at night definitely by early sleeping you will away from other destruction.
- Secondly worship to "Lord Ganesh" he is the one who always remember at once before getting start with any new work so remember him before starting you day.
- If we talk about "Durga" one who have Nine forms called "Navdurga" which involve his character of meditation, merciless, cruelness, every emotion merge inside her, she always happy when you chanted the mantra's of "Durga maa" with clear and loud pronunciation.
- Fourth one is Lord "Shiva" who wants only peace from you no cruelness.
- Last but not a least "Lord Vishnu" who is the form of lord Krishna. He said do any work with full dedication. Such that totally merge yourselves into that particular work.

If we talk about Lord Krishna when he played flute than every person got attracted to him cows wake up, people with their friends come from home by leaving immediately all their urgent works. When he dances, he forgets all the world who is near and far from him and dances continuously for many hours.

Similarly, when he comes to destroy the demons and evils he brings the "Sudarshan chakra" at his finger and destroys all the evil.

By following the above in life gives a deep touch of spirituality.

<u>INTELLECTUALLY</u>

Now we move to intellectuality.

What it is intellectuality?

Intellectual is simply deep comprehension thinking, thinking by many aspects means viewing the same thing in different ways.

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For example, if a group of a cow going and someone asks you to count "no of cows" then first you count the number of legs of cows then divide by 4 then you come to know the number of cows. This is called Intellectual thinking. Those who are intellectual have imagination somewhat differ for the common people.

There is the very simple concept of loving life "Live your life as you are small, learn from your life as you are always attempting to do something good and, always ready to fight with problems and evil".

Those who understand the language of gesture this concept is sufficient for them but those who convince late and required example in the form of illustration. In your life when you are demotivated and feel that you have done nothing meaningful or sense full and feeling very down then compare yourself with the person who is below you and judge your level and compare yourself with them.

But when you have a feeling of arrogance and believe that there is no one as successful as you, this is the time when you need someone to show you a mirror so that you can see reality and compare yourself to the noblest and worthiest personality of that specific field.

In reality, there is no need for comparison because you born unique and you live uniquely. The world is full of comparison, there is not any well-defined level of best and worst in this universe. Always try to do good deeds love for others because everyone loves itself and does for their own. Be ready and alert to fight with the evil of society neither bear the evil of society nor bear the inhumanity. The changes begin from you others waiting for the initiation of revolt but they did not want to become initiator or leader you are the one who leads them and brings the great change in today's world.

RELATION BETWEEN TEACHERS, GURU, STUDENT

Now we talk about the concept of teacher, Guru, student (Shishya). Many have the confusion that teacher and guru both are the same things but the reality is different. The student is like a small vessel of mud where teacher continuously tries to fill that vessel with different thoughts and increase the level of knowledge of the student and gives him exposure of world along with words to speak out.

On the other hand, the guru is the one who continuously tries to empty the vessel and makes him speechless and tries to bring him to the world of spiritually. In other words, the teacher increases the arrogance of students while the guru brings it down. The student without a guru is like a horse without a rider.

CREATE PEACE IN THE WORLD

If there is rituality in the heart there is beauty in character, beauty in character develops harmony at home, if there is harmony at home there will be order in the nation, and order leads to peace in the world.

TRUTH OF LIFE

In our whole life, we know only one thing that there is nothing. But to know there is nothing we have to know everything. So live with what you have.

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Even to some extent we got angry by the spirit and chanting the name of God. The energy that provides us is working power. So get the energy within your soul and increase your sharpness of learning, remembering, and efficiency of working. The life in which we are living in the top layer of spirituality and intellectuality. As the earth's atmosphere has a different layer of the earth such that the top layer is the thermosphere which is nearer to the sun and the last one is the troposphere. Similarly, we are at the thermosphere of spirituality and intellectuality. We do not have control over our minds and sense organs.

Thoughts of mind are quickly and frequently get diverts. Our mind and soul both flow easily in that direction what others show because both are not in full grasp of our body. The very first concept of spiritual and intellectual to win yourself, have self-control such that no-one can destroy you, by offering small tempting baits in this universe.