

# CHAPTER 1

## THE SUCCESS

*“Communication wins inner world*

*Silence wins the outer world*

*But hospitality wins both the world*

*And wins give deep pleasure of success”*

-MAHATRIA RA

In this cosmos, every person wants to achieve success. One is ready to do anything for it whatever it may cost, even ready to pay for it what it needs.

Now first we have to know what success is.

Success is not only to achieve any particular goal but it is a way to fight continuous with problems and do not stop just after achieving a particular goal.

You must move forward and dream more. Big dreams cost more struggle and bring more obstruction in life but in return, it gives more experience. After getting success if you stop doing further it means you are creating a wall between your present achievement and future achievement. This wall somewhere obstructs you from doing something new in your life.

The majority of people dream that one should have a car (like BMW/ AUDI), a bungalow, a beautiful wife/girlfriend, good bank balance. They are quite satisfied with all these things, they feel themselves successful person.

But the real definition of success is quite different which measures on the parameters of bliss, enjoyment, feeling happy you as well as your family, working with pleasure, working for the nation. Real success is that your dreams should never end. Successful people have infinite dreams and they are too ambitious in their life towards achievements.

Now here the question arises what is the secret of SUCCESS? And how to achieve SUCCESS?

Let's focus on some key points:

- **Willpower**
- **Time management**

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- **Health**
- **Hardworking**
- **Firm determination**

These are the secrets of success. May you have heard many times by a number of people but ask yourself have you follow these points, have you?

Obviously, the majority of people answer no. but some have tried to follow it. But where they lack, actually they do the same mistake which often done that is LOSING OF CONSISTENCY. Now

we try to understand the Willpower in depth.

Willpower is the way of thinking and doing things by ourselves, where the voice comes from our inner core of heart for doing the thing that you want to do. With strong willpower person is self-motivated. As our body works on the direction of the brain but we have the strong support of forelimbs like hands and legs. Similarly willpower needs the support of FIRM DETERMINATION and HARDWORKING.

Once you take the decision in life then there is no need to change it until or unless you work out on it with your full strength. If you explore the biography of any successful person you will find out one thing common that they are always stubborn about their decision. To achieve success in their life.

You must follow the points mentioned below with sincerity and consistency:

- **Concentration**
- **Discipline life**
- **Wisdom society**
- **Self-motivation**
- **Overcome after dejection**

### **NEVER UNDERESTIMATE YOURSELF**

There is a little story about willpower. In a small village, there were two friends of 8 and 11 years old. They used to play near the well every day in the evening. One day while playing an 11-year-old boy, unfortunately, fell into well and start crying and shouting, asking for help. 8 years old boy afraid but does not lose the presence of mind and willpower of doing something what not ever done by him without underestimating himself he immediately brought a rope and held inside a well by tie it with a bucket without getting panic and losing patience applied a force from heart and willpower, successfully bring out the 11 years old boy. This shows the strength of willpower.

Did you know why he able to do so successfully.

The answer is very simple because there was no one who depresses him by saying that “he cannot do this work”. The great problem around us is that we have a lot of people who are depressed instead of appreciation which creates obstruction in your sincere step. In our reality we mostly ask to others is that

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I am able to do so. If someone denies you from doing that work you lose 50% confidence even one who advice you don't have knowledge in that field but his way of presentation is such that is master of it. The game is all about confidence and willpower. So listen to yourself and do what you want.

We continuously move towards achieving success instead of chasing talent and knowledge because in our mind it is fixed that we have to reach the peak of the mountain. We always concentrate on a particular goal instead of afraid of the path which takes you to that goal. Here it is our first step to explore the path which reaches the destination. Similarly, it is the need for success to find success within yourself. Collect the experience from different aspects of life. In the life, personal experiences plays a vital role which also explains later in the topic "the great experiences". If you are able to judge the situation then definitely you will be able to deal with problems in an easier way. You will be able to collect knowledge by reading more and more books and meet with people who achieve their goal after a lot of struggle in their life. Always focus on failures faced by successful people.

### **SUCCESS IS LIKE PENDULUM**

Success is not stable as it comes and goes like a pendulum to and from. When you meet failure in your life success disappears. It is similar to happiness and sadness in life and meets the fluctuation of life. The lesson that we learn till now is that try to "build talent and get knowledge". Success automatically comes in your feet. Always explore things in life.

"I am not lucky, I make my own luck". People get success by their own deeds no one offers them. Surely in your life definitely you suffer from many adverse conditions while achieving your goal. When you go through the great epic "BHAGWAT GEETA" in which there is the answer to every question it tells us the real aspects of living life and dealing with problems. In very short if you would like to define what "GEETA" is.

It is simply the conclusion of the Vedas, punished and epics. Even Gandhi Ji mentioned when he got in great dilemma he always follow Geeta. Swami Vivekanand said that "Geeta gives us real meaning of soul and spiritual knowledge".

In this world, there are three types of people - one who only thinks and have big dreams but does not want to work on it and the second type is one who thinks once and immediately start working continuously but the third one is unique who dreams then think as well as works continuously during their lifetime.

Such people inspired continuously by their belief and disciplined lifelike, no existence of the word IMPOSSIBLE is not in their dictionary. They try and try continuously and ultimately enjoy the success they have a tendency of "NEVER GIVE UP" in life whatsoever the hurdles they face in their journey.

As we have heard about the story of Mohommad Gori after getting failure in sixteen invasions of India he had never quite but in the second battle of TERRAIN, he defeats the Prithvi Raj Chauhan and got the success in achieving his goal. Once you never stop making an attempt and have courage no one will defeat you mentally on the other hand physically defeat depends on your body strength. There were some great

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people in history who continuously fight even after their heads cut out from the neck. Because mentally they have not accepted the defeat.

Yes, definitely some obstruction comes in your life and surely they will divert you from your destination just like resistance offered to the flow of current. But in real life negativity, love, attraction, sex, beauties, demotivation are such things which resist and not allowing your arm to take action.

I talk about the college students they take admission to get practical knowledge related to course and experience of life. Students pursue practical knowledge with concern to the study but what about real-life experiences. In our life, we meet with variety of people from different cultures and learn good and bad aspects of life. Finally when one completes degree you find yourself fully mature about life and knowledge.

After that time comes to get involve in social life. When a person comes to the wrong path which can divert from destination then the simple concept of “give up and get up” must follow and come to the highway of success. Sometimes with some little achievement we got overconfident, over-smart and feel like extra-talented instead of enjoying the previous victory move forward for the next goal.

Always have the feeling that we know something in the world that no one knows. And no one knows everything. Never lose the attitude and confidence in doing something different.

Always learn with gratitude because at the end of the day, knowledge matters for you not the way how you are getting. Insult, losses, facing pain for every adverse condition and reacts whatever required to do.

Once again if I talk about college life then instill one thing in your mind “You are here for the meditation for four years” (as per the duration of career here for engineering student) a lot of wealth and beauty comes to distract you. Once you control on your sense organ than no one can stop you from reaching your destination.

### **AVOID SHORT TERM PLEASURE TO ACHIEVE LONG TERM PLEASURE:**

Actually, we teenager so-called youngster forgot about the long term goal just with enjoying short term pleasure. We know ourselves and focus on long term goals because successful people always have long term goals and follow them sincerely.

Then only people call you special and definitely there will be the time change within you reflects on your life that gives new pace to your life.

Two secrets of success “time management and health”.

“Change your life today do not depend on the future, start implementing your thoughts act now without delay”