

CHAPTER 8

THE NATURE GUIDES

"Never forget that the Earth delight to feel

Your bare feet and scorching heat of Sun,

But one who understand the game of nature

Can find lot of contentment within it"

What we see around us always signifies something logical, the only need is to understand it. If we talk about our surroundings, we observe things are either natural or artificial. Actually, we are habitual to use artificial things like mobile, tablets, laptops, television, vehicles and other gadgets but forgot about the natural and god gifted things. But in nature, everything symbolizes some great aspects of life like trees, mountains, valleys, grass, rivers, oceans, etc. but we are not able to relate these natural things to our daily and social life. Even we did not think about how the existence of nature will motivate us.

Natural things teach us the great lessons of life but it needs ambitiousness within you to know them. You should be passionate and enthusiastic to know and discovered such things.

People's observations in nature:

If we talk about the "grass", it teaches us to continue and stubborn to the goal of life whatever are the conditions. In the garden, the grass got crushed by thousands of people daily and still suffers from the scorching heat and it does not lose its greenness and regains its erect position until it rooted out.

Similarly, if we talk about the trees, they teach patience in our life by means of stability in one position. In whole life, they suffer from all the four-season at the same location. They also teach us to develop helping nature in our life by giving cool and fresh air to others and shadow to escape from sunlight. And there is no need to wander here and there unnecessary, a person can achieve success by fixing themselves in one place but only need is to have patience and never lose focus from your aim.

Apart from all this, what we gave to trees in return?

Nothing, but ultimately we cut them to get wood. Somewhere it signifies that in our life we must also work for others instead of seeing their own interest.

Even we can even talk about the fragrance of sandal and rose, which always gives pleasant fragrance, but just for a moment think about their source. These trees are covered by snakes and the plants of roses are always found with thorns, so both of these signifies that to achieve big dreams and long term pleasure

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you must need to suffer from danger and struggle to reach it. But it does not mean you cannot achieve it. We are the ones who convert dreams into reality.

Now let us talk about some basic needs like water and air. Both are life-supporting constituents when used in an adequate amount but if they cross their limit then it causes disaster in the form of floods and cyclone. It tells us that in our life, natural things are not only important to us with quality but their quantity is also important to us.

Now, as we see water exists in different forms on Earth's surface like a lake, river, ocean, flood, island, etc. One by one we also see its significance what they tell us.

Water in the lake covers a small area that is motionless and tells us that, the life of some people is monotonous because they never try to do something new and such people live a life similar to the lake because they got a fix in one place.

On the other hand, water never stops in the river, always flowing and creates its new path if any obstruction comes in its flow, there are some people who live their life as a flow of river continues with new innovations and spread their dominance in whole life. They overcome problems by finding their solutions on their own. It shows a problem can be solved definitely by some method if you want. But the need is to find a method.

If water is in plenty amount it is term as ocean whose area is almost infinite which does not have a beginning and an end. Similarly, life is also like the ocean having endless love and each second full of zeal, enthusiasm, and happiness.

When the water in any particular area is greater than its capacity and expectations, it will cause disaster. Similarly, if you have more expectations, more workloads, the dream of becoming rich quickly by following the wrong path, definitely it will bring disaster in your life like a flood.

In nature, two things symbolize the real meaning of life:

MOUNTAIN and VALLEY:

You will find if there are two mountains adjacently, then the valley will automatically create and vice versa is also true which says there is no existence of valley without mountains. So in our real life, if we continuously succeed then we should also ready to face the failure. The lesson which we have to learn from here is simple, never become very happy after achieving two or three short term success, make yourself strong to fight with the problem, which will definitely come in your way like a valley between mountains.

There are some natural calamities that destroy some part of Earth-like earthquake, tsunami and volcano eruption. Similarly, there are some calamities in our body that divert us from our path, erupt into our mind and attack our body in the form of different diseases, tensions, anxiety, pressure, etc.

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If we talk about the volcanic eruption in which hot molten lava comes out and destroy the fertility of that land, similarly that molten lava is in our body in the form of thoughts that arise in different forms like diseases, tensions, anxiety, pressure. As a result, we lose our patience and self-control due to these thoughts, we start abusing others, quarreled with others and automatically start destroying our own character but after a few hours, everything becomes cool and calm as similar to a volcanic eruption. So save yourself from a human volcanic eruption.

The word "nature" on the other hand also signifies the "human nature" which tells us about the attitude and behavior of a person. It tells us how a person looks at this world, what he expects from other people. There are a lot of people in this world, everyone has their own attitude, nature, and lifestyle. Some are rich or worthy and very few are both rich and worthy. While some are poor, illiterate, lack of knowledge, theft, etc.

Now let us talk about the five thinks in which every individual should be indulge and follow them.

They are:-

- 1. Adopt into new environment as soon as possible.**
- 2. Set your goal which are uncommon and involve the nature (attitude) into your goal so it reminds you again and again.**
- 3. Think the solution of problem with unique thought and different strategies.**
- 4. Every day analyze your efforts and results which you made to get your aim. It brings out the efficiency of doing work.**
- 5. Choose mentor, who reminds you about your aim on time.**

But now we talk about adaptation. There should be some rules and protocols in your aim which you must follow and adapt to get dominance on your aim also called "law of dominance".

Those who learn from nature, they know something more than others which helps them throughout life because it is the knowledge which helps you to overcome the problem when you confront with obstruction. "Think about the natural world. Before getting indulge in the problem, first, you should judge the nature of problems and what type of treatment it needs, then proceeds for it.