

# CHAPTER 11

## OBSTRUCTIONS WHILE PLANNING

*“Hurdle in life to teach us lesson*

*Every obstruction increase ability of fighting*

*Initially show your rigidness to nature*

*And later nature show your flexibility to you”*

As we move from one place to another within the country or abroad to study and for another task. Like South Indian students move to north India and many other exchanges, they face a lot of problems like communication problems, food, and climate.

Apart from all this 90% of students got afraid by the syllabus of IIT/Medical exams. And faces the problem of how to cover syllabus which is too vast. So let us discuss each and every problem and its precise solution.

Here I would like to illustrate the obstacles faced by people during planning with a detailed illustration of students who prepare for medical/ IIT entrance exams. In most situations, the problems are similar despite the domain might differ.

### **SYLLABUS PROBLEM FOR STUDENTS**

Let's begin with the problem of the syllabus of IIT/MEDICAL competitive exams, as we know that these exams are India's topmost difficult exams, so obviously, the syllabus is also too vast undoubtedly one should have done a lot of hard work to achieve such destination. Initially what we see in most institutes deal with the toughest chapters of every subject when the syllabus begins. This strategy is to make the student initially strong so that they become well prepared and able to deal easily with later chapters.

Always keep in mind today is bad, tomorrow will be worse but the day after tomorrow will be good but most people give up tomorrow itself.

But some of the students interpreted this strategy, wrongly by getting afraid of initially chapters which are quite harder than others. So get frustrated with initial chapters they want to quit the institute and waste their money. The student must have the presence of mind when they are sitting in the classroom

## *THE MELANGE OF SUCCESS*

and try to understand such topics again but never afraid by such a topic because later they are also going to face easy chapters. Basically, 50% of other exams consist of an easy part.

### **MAKE PHYSICS EASY**

Let us consider Physics which is one of the most important, toughest, logical subjects for engineering as well as medical aspirants. During the early months of preparation, Mechanics is thought to be the aspirants which is considered as the backbone of physics and it is one of the most difficult units of physics it takes 2 to 3 months to get complete. But once you understood it, later you will play with it and able to understand "how nature works".

Similarly in Mathematics some of the institute initiate with calculus which is also quite tough similarly in chemistry they start with thermodynamics but when we talk about medical students biology got divided into zoology and botany similarly they also start with some special and quite hard chapters. Ultimately, as also my experience this strategy is helpful for the student.

Here the student must be self-motivated and precise to your aim because apart from these hard topics the rest of the 70%-80% syllabus is in your hand. Rest and make full grip on that topics and achieve marks. Things like getting panic, taking tension, becoming recursive, long afraid, thought of quitting institute, compared with other students must be strongly ignored. They only and only decrease your confidence for more information, or ignorance consult with your subject teachers frankly by treating them as your parents.

Similarly in life, 20-30% will be the toughest time which will help you smoothen the remaining 70-80% of your life. Medical students have failed number of attempts to crack the entrance exam. But life also provides you with some wonderful opportunities to build your career which you need to identify by being highly alert and energetic.

But many students have other problems also like homesickness as so they feel quite lonely in the early days. To overcome such thing students must focus and keep on reminding themselves about their goals about their future if today you are feeling pain definitely you will also gain. At the initial time be quite friendly with others, daily talk to parents, use to visit the market and enjoy for some time. One thing must be remembered that is you must follow this routine only just for starting one or two weeks and later you start to focus on the study to live your future not only for yourself but also for your family and your loved ones.

As seen a lot of students also suffer from adverse food conditions means they are not satisfied with the food. A thing must be kept in mind those who "dream big", never thinks about such little things such as food, traveling problem, how to reach institute from P.G. or hostels etc. another thing is that be safe, secure and be away from the students who are leaders (Neta) type, criminal type, having no relation with study. Never got engaged in stupid matters, any hooting in the classroom. It might be tough to follow but it brings you a platform of success. It means adverse condition makes their own way. Students who want to experience success never use to waste their time in these things instead of such things they focus on their aim.

## *THE MELANGE OF SUCCESS*

After one week when we meet students from their institute, they start appreciating their previous institutes and try to show their dominance. They used to compare with you so never thoughts about a change of institute just by listening to two good things by the third person about any institute. You should be firm determined and stubborn to your institute, faculty, and destination during every adverse condition at all.