

CHAPTER 3

SELF-STUDY PLAYS VITAL ROLE

"Study provide you knowledge

And knowledge makes you worthy

But self-study makes you comprehensive"

In modern times students want only such types of teachers who not explain well but also instill all the material pertaining to the topic in their mind. Actually, 80% of students don't want to make their own efforts. But the reality is that even a well-experienced teacher cannot do anything unless the student makes their own efforts. To become a successful student it is very important to give much importance to the "self-study". Because "self-study" plays a vital role in your success.

WHY SELF-STUDY IS PREFERRED

When someone teaches you a particular topic and the same topic you read by yourself with concentration you will feel the difference in two. When someone teaches, you might forget it soon and also miss many things because your ears and eyes are always concentrated on teacher but what about the mental concentration but on the other hand when you talk about the self-study you will find that without concentration of your mind you are not going to learn a single word unless both mind and eyes work together. Here one point must be noted during lecture three sense organs are used but during self-study, no requirement of ears is required and more even this energy is saved so self-study must be preferred.

WHAT SELF-STUDY NEEDS

Now thing is that how to go for self-study. The first thing which must be required for self-study is that be isolated at a silent place either an in-room hostel, P.G. or in the library where possible.

Self-Study doesn't mean that you cannot take the help of teachers or your friends, you can ask your doubt to them but the thing is that you must try to solve the query, problems, questions on your own without taking any help from anyone, when you fail in your first attempt go for second and try at least thrice and then ask your teacher for just only hint of that query, you will find that 70% of question is just solved by a hint. Now what about the remaining 30%. For that ask your teachers. Even after asking from your teacher you will find you are unable to solve the rest of the 10% then my dear no need to waste any more time on such problems because at this stage you have given your full 100% effort to solve that particular problem. Any more attempt will just consume your time and nothing else.

Our friends are aspects a lot from us because they are unable to get what teachers explain so we should also help to them, explain what we know pertaining to topic but be cautious that there is no need to explain the same thing more than twice because if you cross limit it just wastage of time, not only your but others also.

HOW TIME MATTERS DURING SELF-STUDY

When you are going for self-study it is a basic need to make concentration because initially your mind will be diverted and you will lose focus. But it will take some time to concentrate during self-study. But the day when you have control over your mind, self-study will be productive for you exponentially and provide you the experience of sitting alone during the study.

Whether you are getting something or not during self-study is a different matter at least you are sitting at a single place for some hours (5-8) it has its own value and it shows your patience.

Because time is very less for us during preparation. We have to cover the entire course in a short period of time during the preparation of competitive exams. But if we talk about the college days scenario is totally different. We have discussed earlier in detail within the chapter “How to manage time” and “improve your concentration”.

LIMITS OF SELF-STUDY

When we talk about self-study it is not limited to academic knowledge or classes. This discipline of self-study must be present and installed within your mind for a lifetime, during the study. Self-study plays a vital role during the preparation of competitive exams like Medical, IIT, civil services, CGL, etc. So we can also focus on them sincerely.

It is observed that our minds full of a large number of thoughts when we are thinking about themselves. So try to think as much as possible. Now the thing is that how to think?

For it first sits alone, views the topic sincerely apart from it try to visualize the things than study because with the help of visualization there will be an image in your mind of some object. Some of the students are habitual of cramming things very easily which is possible for the students of arts and history, but what about engineering and medical students. Leave this paradox theory of cramming and try to think with logic then only your mind will be agreeing to accept thoughts.

INTERCONNECTED THINGS

One more thing that we need to take care of is, always try to “interconnected things” which previously you have readout in past, connect them to the present study material logically in return your remembering power increases and chances to forget are very less. For example, you read any word in chemistry in class 11 and again you find it useful in physics don’t take it easily like other students who simply cram the definition and vomit out during the exam, proper analysis (use of the same word in different subjects understand the context and way of representation, sense of word then you will feel it by yourself slowly and find yourself different from others).

THE MELANGE OF SUCCESS

During study some time there is the lengthy answer it may of any subject does not matter, always try to resolve it into the points and understand its theme then write it in own words then you will feel that there are quite a change in learning style, definitely, it benefits you at every cost.

Always keep one thing in mind the most stable thing in the world is “change”. The changes you bring in your life more innovative you will be. You can see the top of the mountain only when you fly above it. So think highly and fly with strong wing (authentic knowledge), then you will never hesitate to think out of the box.

“Our former President Dr. Kalam said,

“Small thinking is a big crime”.