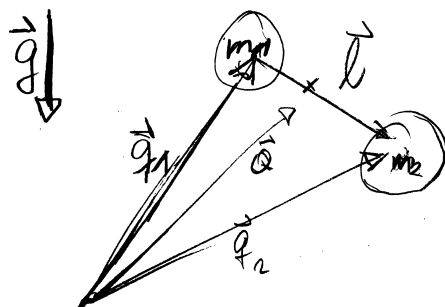




## Theoretical Mechanics IPSP

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### 13.2. Flight of a dumbbell



We explore the flight of a dumbbell under the influence of gravity  $\mathbf{g}$  in our three-dimensional space. The dumbbell is idealized as two particles of masses  $m_1$  and  $m_2$ . The positions  $\mathbf{q}_1(t)$  and  $\mathbf{q}_2(t)$  will be kept at an approximately constant distance  $\ell_*$  by a bar of negligible mass. We denote the center of mass of the dumbbell as  $\mathbf{Q}$  and the relative coordinate as  $\boldsymbol{\ell} = \mathbf{q}_2 - \mathbf{q}_1$ .

#### a) Center of mass

We express the relation between  $(\mathbf{Q}, \boldsymbol{\ell})$  and the positions  $\mathbf{q}_i, i \in \{1, 2\}$  as  $\mathbf{q}_i = \mathbf{Q} + \alpha_i \boldsymbol{\ell}$ . Determine the real numbers  $\alpha_i, i \in \{1, 2\}$ .

Solution:

The definition of the center of mass  $\mathbf{Q}$  and of the distance vector  $\boldsymbol{\ell}$  provide

$$(m_1 + m_2) \mathbf{Q} = m_1 (\mathbf{Q} + \alpha_1 \boldsymbol{\ell}) + m_2 (\mathbf{Q} + \alpha_2 \boldsymbol{\ell}) = (m_1 + m_2) \mathbf{Q} + (m_1 \alpha_1 + m_2 \alpha_2) \boldsymbol{\ell}$$

$$\boldsymbol{\ell} = -(\mathbf{Q} + \alpha_1 \boldsymbol{\ell}) + (\mathbf{Q} + \alpha_2 \boldsymbol{\ell}) = (-\alpha_1 + \alpha_2) \boldsymbol{\ell}$$

such that

$$\begin{aligned} 1 &= -\alpha_1 + \alpha_2 & \Rightarrow \alpha_2 &= 1 + \alpha_1 \\ 0 &= m_1 \alpha_1 + m_2 \alpha_2 = m_1 \alpha_1 + m_2 (1 + \alpha_1) & \Rightarrow \alpha_1 &= -\frac{m_2}{m_1 + m_2} \\ &= (m_1 + m_2) \alpha_1 + m_2 & \Rightarrow \alpha_2 &= \frac{m_1 + m_2}{m_1 + m_2} + \alpha_1 = \frac{m_1}{m_1 + m_2} \end{aligned}$$

#### b) Kinetic and potential energy

Show that the kinetic energy and the potential energy of the dumbbell have the form

$$T = \frac{M}{2} \dot{\mathbf{Q}}^2 + \frac{\mu}{2} \dot{\boldsymbol{\ell}}^2,$$

$$V = -M\mathbf{g} \cdot \mathbf{Q} + \Phi(\boldsymbol{\ell})$$

where  $\Phi(\boldsymbol{\ell})$  is a potential that generates the force fixing the distance of the masses to the value of about  $\ell_*$ ...<sup>1)</sup> How do  $M$  and  $\mu$  depend on  $m_1$  and  $m_2$ ?

Solution:

**Kinetic energy:**

$$\begin{aligned} T &= \frac{m_1}{2} \dot{\mathbf{q}}_1^2 + \frac{m_2}{2} \dot{\mathbf{q}}_2^2 = \frac{m_1}{2} \left( \dot{\mathbf{Q}} - \frac{m_2}{m_1 + m_2} \dot{\boldsymbol{\ell}} \right)^2 + \frac{m_2}{2} \left( \dot{\mathbf{Q}} + \frac{m_1}{m_1 + m_2} \dot{\boldsymbol{\ell}} \right)^2 \\ &= \frac{m_1 + m_2}{2} \dot{\mathbf{Q}}^2 + \frac{2}{2} \left( -\frac{m_1 m_2}{m_1 + m_2} + \frac{m_2 m_1}{m_1 + m_2} \right) \dot{\mathbf{Q}} \cdot \dot{\boldsymbol{\ell}} + \frac{1}{2} \left( \frac{m_1^2 m_2^2}{(m_1 + m_2)^2} + \frac{m_2^2 m_1^2}{(m_1 + m_2)^2} \right) \dot{\boldsymbol{\ell}}^2 \\ &= \frac{m_1 + m_2}{2} \dot{\mathbf{Q}}^2 + \frac{1}{2} \frac{m_1 m_2}{m_1 + m_2} \frac{m_2 + m_1}{m_1 + m_2} \dot{\boldsymbol{\ell}}^2 \end{aligned}$$

such that

$$M = m_1 + m_2 \quad \text{and} \quad \mu = \frac{m_1 m_2}{m_1 + m_2}$$

**Potential energy:**

$$V = -m_1 \mathbf{g} \cdot \mathbf{q}_1 - m_2 \mathbf{g} \cdot \mathbf{q}_2 + \Phi(\ell) = -\mathbf{g} \cdot (m_1 \mathbf{q}_1 + m_2 \mathbf{q}_2) + \Phi(\ell) = -\mathbf{g} \cdot (M \mathbf{Q}) + \Phi(\ell)$$

### c) Conservation laws

Show that

$$\ddot{\mathbf{Q}} = \mathbf{g}$$

How does the trajectory of the center of mass of the dumbbell look like when the dumbbell is thrown at time  $t_0$  from a position  $\mathbf{Q}_0$  with a velocity  $\mathbf{V}_0$ ?

Solution:

The Lagrangian takes the form

$$\mathcal{L} = \frac{M}{2} \dot{\mathbf{Q}}^2 + \frac{\mu}{2} \dot{\ell}^2 + M \mathbf{g} \cdot \mathbf{Q} - \Phi(\ell)$$

Consequently, we find for the component  $Q_i$  of  $\mathbf{Q}$

$$M \ddot{Q}_i = \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{Q}_i} = \frac{\partial \mathcal{L}}{\partial Q_i} = M g_i$$

where  $g_i$  is the  $i$ th component of  $\mathbf{g}$ . Division by  $M$  and collecting the components into a vector provides the expression above. The center of mass follows the trajectory of free flight of a point particle in a gravitational field,

$$\mathbf{Q}(t) = \mathbf{Q}(t_0) + \dot{\mathbf{Q}}(t_0) (t - t_0) + \frac{\mathbf{g}}{2} (t - t_0)^2$$

### d) Center-of-mass motion

Show that

$$\mu \ddot{\ell} = -\hat{\ell} \frac{d\Phi(\ell)}{d\ell} \quad \text{with} \quad \hat{\ell} = \frac{\ell}{\ell}.$$

Solution:

We derive the EOM for the component  $\ell_i$  of  $\ell$  by starting from the Euler-Lagrange equation

$$\mu \ddot{\ell}_i = \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{\ell}_i} = \frac{\partial \mathcal{L}}{\partial \ell_i} = -\frac{\partial \ell}{\partial \ell_i} \frac{d\Phi(\ell)}{d\ell}$$

with

$$\ell = \sqrt{\sum_j \ell_j^2} \Rightarrow \frac{\partial \ell}{\partial \ell_i} = \frac{\sum_j 2 \ell_j \frac{\partial \ell_j}{\partial \ell_i}}{2 \sqrt{\sum_k \ell_k^2}} = \frac{\ell_i}{\ell}$$

### e) Relative motion in spherical coordinates

Show that the energy  $E = \mu \dot{\ell}^2 / 2 + \Phi(\ell)$  and the angular momentum  $\mathbf{L} = \mu \ell \times \dot{\ell}$  are constants of the motion of the dumbbell.

Solution:

**energy:**

$$\frac{dE}{dt} = \mu \dot{\ell} \cdot \ddot{\ell} + \frac{d\ell}{dt} \frac{d\Phi(\ell)}{d\ell} = -\dot{\ell} \cdot \hat{\ell} \frac{d\Phi(\ell)}{d\ell} + \frac{\ell \cdot \dot{\ell}}{\ell} \frac{d\Phi(\ell)}{d\ell} = 0$$

**angular momentum:**

$$\frac{d\mathbf{L}}{dt} = \mu \dot{\ell} \times \dot{\ell} + \mu \ell \times \ddot{\ell} = \mu \dot{\ell} \times \left( -\hat{\ell} \frac{d\Phi(\ell)}{d\ell} \right) = \mathbf{0}$$

since the cross product vanishes for parallel vectors.

### f) Parameterization of relative motion

Discuss the evolution of  $\ell$  in terms of spherical coordinates  $(r, \theta, \phi)$  that are chosen such that initially  $\ell$  and  $\dot{\ell}$  lie in the equatorial plane,  $\theta = \pi/2$  of the coordinate system:

- Show that  $\phi$  is a cyclic coordinate. How is the associated conservation law  $\mu \ell^2 \dot{\phi}$  related the  $\mathbf{L}$ ?
- Show that  $\theta = \pi/2$  is a fixed point of the  $\theta$  dynamics. How is this fixed point related to the conservation of  $\mathbf{L}$ ?

Solution:

In polar coordinates the vector  $\ell$  and its time derivative  $\dot{\ell}$  take the form

$$\begin{aligned}\ell &= \ell \hat{\mathbf{r}}(\theta, \phi) \\ \dot{\ell} &= \dot{\ell} \hat{\mathbf{r}}(\theta, \phi) + \ell \dot{\theta} \hat{\boldsymbol{\theta}}(\theta, \phi) + \ell \sin \theta \dot{\phi} \hat{\boldsymbol{\phi}}(\theta, \phi)\end{aligned}$$

such that the resulting contribution to the kinetic energy takes the form

$$\frac{\mu}{2} \dot{\ell}^2 = \frac{\mu}{2} (\dot{\ell}^2 + \ell^2 \dot{\theta}^2 + \ell^2 \sin^2 \theta \dot{\phi}^2)$$

The angle  $\phi$  is a cyclic coordinate such that

$$L = \mu \ell^2 \dot{\phi} = \text{const}$$

Here,  $L$  is the absolute value of the angular momentum  $\mathbf{L}$ . The EOM for  $\theta$  takes the form

$$\mu \ell^2 \ddot{\theta} = \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{\theta}} = \frac{\partial \mathcal{L}}{\partial \theta} = \mu \ell^2 \sin \theta \cos \theta \dot{\phi}^2 = \frac{L^2}{2 \mu \ell^2} \sin(2\theta)$$

In the admissible range  $0 \leq \theta \leq \pi$  this dynamics has fixed points for  $\theta \in \{0, \pi/2, \pi\}$ . Hence, the initial condition of  $\ell$  selects a fixed point of the  $\theta$  dynamics such that  $\theta = \pi/2$  for all times. The motion proceeds in the equatorial plane of our coordinate system, and the direction of  $\mathbf{L}$  remains vertical to this plane. The EOM for  $\ell$  takes the form

$$\mu \ddot{\ell} = \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{\ell}} = \frac{\partial \mathcal{L}}{\partial \ell} = \mu \ell \dot{\theta}^2 + \mu \ell \sin \theta \dot{\phi}^2 - \frac{d\Phi(\ell)}{d\ell} = \frac{L^2}{\mu \ell^3} - \frac{d\Phi(\ell)}{d\ell}$$

Here we used that  $\dot{\theta} = 0$ ,  $\sin \theta = 1$ , and  $\dot{\phi} = L/(\mu \ell^2)$ . Henceforth, we assert that the right-hand side of this equation vanishes such that  $\dot{\ell} = \ddot{\ell} = 0$ . In this case the dynamics of  $\dot{\phi}$  is solved by

$$\phi(t) = \phi_0 + \frac{L}{\mu \ell^2} (t - t_0)$$

where the integration constants  $\phi_0$  are  $L$  are determined by the initial conditions.

### g) Solution of the equation of motion

Provide the position of the masses  $\mathbf{q}_1(t)$  and  $\mathbf{q}_2(t)$  for the initial conditions provided in c), some fixed  $\boldsymbol{\Omega}$ , and  $\ell_0$ .

Solution:

The initial conditions for  $\mathbf{q}_1(t_0)$ ,  $\mathbf{q}_2(t_0)$  and their velocities provide the angular momentum

$$\mathbf{L} = \mu (\mathbf{q}_2(t_0) - \mathbf{q}_1(t_0)) \times (\dot{\mathbf{q}}_2(t_0) - \dot{\mathbf{q}}_1(t_0))$$

The length of this vector provides the constant rotation frequency  $\dot{\phi} = |\mathbf{L}| / \mu \ell^2$ . Its orientation defines a plane, and  $\hat{\mathbf{r}}(\pi/2, \phi(t))$  defines a direction in that plane. The angle  $\phi$  will be measured with respect to the initial orientation of  $\ell$  such that

$$\ell = \ell \hat{\mathbf{r}}(\pi/2, (t - t_0) \dot{\phi})$$

and consequently

$$\begin{aligned}\mathbf{q}_1 &= \mathbf{Q}(t) - \frac{m_2}{M} \ell(t) = \mathbf{Q}_0 + \mathbf{V}_0 (t - t_0) + \frac{\mathbf{g}}{2} (t - t_0)^2 - \frac{m_2}{M} \ell \hat{\mathbf{r}}(\pi/2, (t - t_0) \dot{\phi}) \\ \mathbf{q}_2 &= \mathbf{Q}(t) + \frac{m_1}{M} \ell(t) = \mathbf{Q}_0 + \mathbf{V}_0 (t - t_0) + \frac{\mathbf{g}}{2} (t - t_0)^2 + \frac{m_1}{M} \ell \hat{\mathbf{r}}(\pi/2, (t - t_0) \dot{\phi})\end{aligned}$$

1..

Here,  $\ell_*$  is the length of the bar, when no forces are acting, and the potential counteracts centrifugal forces such that  $\ell$  always takes a value very close to  $\ell_*$ .

## Discussion

Mohammed Zakaria Hasan AL-Obaidi, 2022/01/22 02:40, 2022/01/22 02:40

In practice, a well-built dumbbell would have equal masses on both ends. Can we make that assumption for this problem ( $m_1=m_2$ )?

Thanks, Mohammed

Jürgen Vollmer, [2022/01/23 17:42](#)

No: as discussed in the question hour the present version also accounts for drum sticks and similar objects.

Seyed-Mostafa Moussavi, [2022/01/24 21:28](#), [2022/01/24 23:34](#)

Hello dear all

Sorry for the late comment. Now I'm going over the questions. Is it better to say:

“ $\Phi(\ell)$  is a potential that will generate the force fixing the distance of the masses to the value  $\ell_\star$ ”?

I mean  $\Phi$  has different values depending on the independent variable  $\ell$  (i.e. the length of the bar) and has a minimum value at a special length that we call it  $\ell_\star$  (i.e. the unstretched length of the bar).

Regards

S.M Moussavi

Jürgen Vollmer, [2022/01/24 23:39](#)

This is indeed a clear way to put it. I introduced  $\ell_\star$  and added a footnote that is explicitly describing what  $\ell_\star$  refers to.