

PATIENT MEDICAL HISTORY

Patient: TestUser15

PERSONAL INFORMATION

Name: TestUser15

Date of Birth: 04/12/1985

Gender: Male

Blood Type: O+

Height: 175 cm

Weight: 78 kg

CURRENT MEDICATIONS

- Metformin 500mg, once daily
- Lisinopril 10mg, once daily
- Atorvastatin 20mg, once daily

ALLERGIES

- Penicillin (rash)
- Shellfish (mild swelling)
- Pollen (seasonal)

IMMUNIZATION HISTORY

- Tetanus booster (2021)
- Influenza vaccine (yearly, last in Oct 2024)
- COVID-19 vaccination series completed (2022)
- Pneumococcal vaccine (2023)

PAST MEDICAL HISTORY

Chronic Conditions

- Type 2 Diabetes Mellitus (diagnosed 2018)
- Hypertension (diagnosed 2017)
- Hyperlipidemia (diagnosed 2018)

Past Hospitalizations

- Appendectomy (2004)
- Pneumonia requiring hospitalization (2015)
- Fractured right radius (2010)

Surgical History

- Appendectomy (2004)
- Arthroscopic knee surgery, right knee (2013)
- Wisdom teeth extraction (2001)

FAMILY HISTORY

- Father: Hypertension, Type 2 Diabetes (deceased at 68, heart attack)
- Mother: Osteoporosis (living, 75)
- Brother: Hypertension (living, 45)

SOCIAL HISTORY

- Occupation: Office Administrator
- Exercise: Walks 30 minutes, 3 times per week
- Diet: Generally balanced with occasional high carbohydrate meals
- Smoking: Former smoker (quit 2015, previously 10 pack-years)
- Alcohol: Social drinker (2-3 drinks weekly)
- Recreational drugs: Denies use

RECENT DIAGNOSTIC TESTS

Laboratory Results (03/15/2025)

- HbA1c: 6.8% (target <7.0%)
- Total Cholesterol: 185 mg/dL
- LDL: 110 mg/dL
- HDL: 42 mg/dL

- Triglycerides: 165 mg/dL
- Blood Pressure: 132/84 mmHg

Imaging Studies

- Chest X-ray (01/2025): No acute findings
- DEXA scan (02/2024): T-score -1.0, consistent with osteopenia

SPECIALIST CONSULTATIONS

- Endocrinology: Last visit 02/2025, for diabetes management
- Ophthalmology: Last visit 11/2024, annual diabetic eye exam - no retinopathy
- Podiatry: Last visit 03/2025, routine diabetic foot care

MENTAL HEALTH HISTORY

- Mild anxiety (situational, not requiring medication)
- No history of depression or other psychiatric conditions

PREVENTIVE CARE

- Last physical examination: 03/2025
- Last dental visit: 01/2025
- Last vision check: 11/2024
- Last colonoscopy: Not yet performed (scheduled for 06/2025)

EMERGENCY CONTACT

Name: Jane Smith (Sister)

Phone: (555) 123-4567

ADDITIONAL NOTES

Patient has been compliant with medication regimen and follows up regularly with primary care and specialists. Blood glucose generally well-controlled. Currently working on weight management and increasing physical activity.

Primary Care Physician: Dr. Sarah Johnson

Medical Record Number: MRN12345678

Last Updated: May 2, 2025