

Noah Lloyd
Technical Teamwork

User Manual Project

- My style
 - I like to be very hard working and put in a lot of effort into the job that I am doing. Growing up my dad would teach me to put the best job that I can possibly do.
 - I like taking pride in the job and work that I am doing. I like to go above and beyond and take good pride in the work that I have done.
- What I value
 - I really value efficiency. I like doing a task or job as quick as I possibly can, without having quality because of it.
 - I think that taking pride in your work is important. Even if it is a job that I did not like, I took pride in my work and did the best job that I could possibly do.
 - Hard work is a super important trait. Putting forth your best effort and wanting to do the best you can is super important.
 - Failure is ok. We can learn from failure and grow from it as well. Failure can make us stronger.
 - Communication. If you ever have a problem with me or anything I am doing, just tell me so that I know and I can change or fix it.
- What I don't have patience for
 - I cannot stand group/team members that do not do their work and slack off a lot and cause issues for the entire team.
 - I do not like when people do not put in a lot of effort. Put in as much effort that you can.
 - People that are disrespectful for no reason. There should not be any reason that you are disrespectful towards someone.
 - People that abuse the role of being a leader or having some sort of power and authority over other workers or people.
- How to best communicate with me
 - Just be straightforward with me. If you have an issue with me or if I did anything to upset you, just tell me. I would rather be told what wrong right away rather than not telling me and holding a grudge against me or staying angry at me.
 - Speak clearly with me.
 - I prefer speaking in person or over the phone rather than communicating over text or email.

- How to help me
 - If you see that I am getting flustered or stressed out about something, it would be very helpful to me if you were willing to lend a hand and help me out with something.
 - I have ADHD so I can become out of focus easily at times. It would be helpful if you could simply remind me to stay focused if I start to become distracted and get off topic.
- What people misunderstand about me
 - Some people think that I am really extroverted, but I am more of an introvert. I am quieter and shyer when it comes to meeting or being around new people that I do not know. Once I am comfortable and get to know people then I am more extroverted.
 - I like to joke a lot. Sometimes it just rolls of my tongue, and if people don't really know me, they'll believe what I say, even when I am joking.

Chapter 2 of User Manual

- Define
 - Health—the state of how you are doing, either being your physical body, mental state, or even spiritually.
 - Work—putting forth effort with the purpose of reaching or resulting in a specific result.
 - Play—any activity that is organized or unorganized that we do for fun that give us happiness and pleasure
 - Love—something that is great pleasure or interest to us. This can include a hobby, people, items, etc.
- Measure
 - Health: $\frac{3}{4}$
 - Work: full
 - Play: $\frac{3}{4}$
 - Love: full
- Analysis
 - I think if anything, the only category that I feel I have problem with is health. I feel that sometimes my health can be better. That is talking about my physical health and mental health. Sometimes my mental health just is not the best. My mood tends to swing and change constantly, but that it partly due to the fact that I have ADHD. As for my physical health, I just want to get in shape and fit again. I have not worked out in a while and my body has taken a little bit of a toll because of that.
- Summary
 - For the mental health problem, I don't think I am able to solve or have a solution to that problem. I think that it is a gravity problem. I have always just had mood swings and I just really cannot control it. There are times where I feel I just have "crashed" because of my Adderall and ADHD. But it is something that I just really cannot control or find a solution to. For the physical health aspect, a solution to the problem is just working out again and doing the things that I used to do that got my in shape and super in fit.

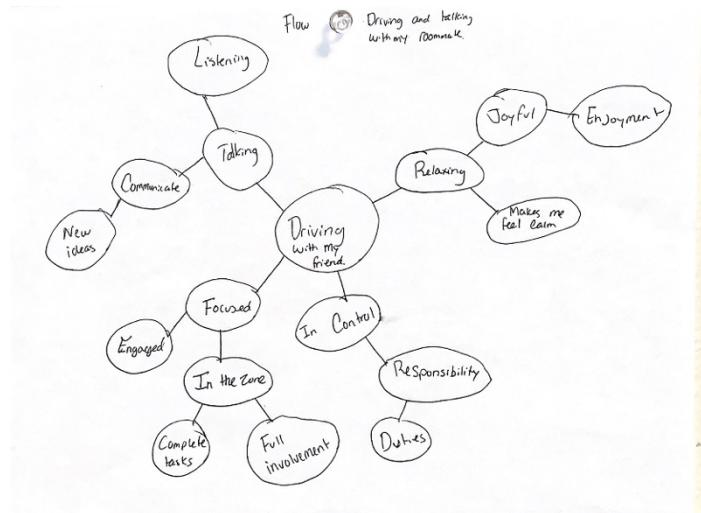
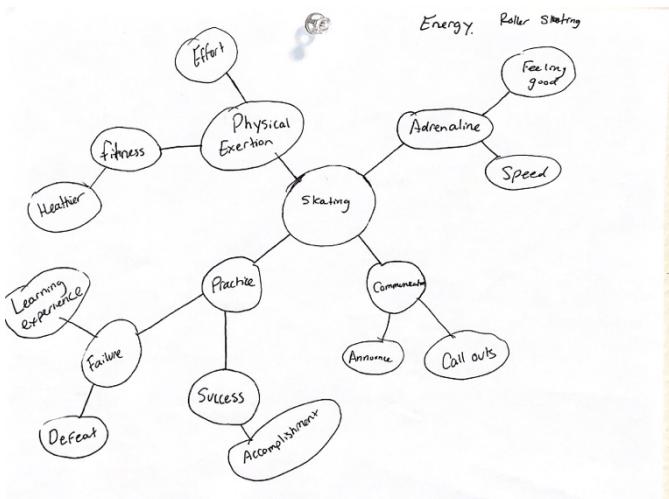
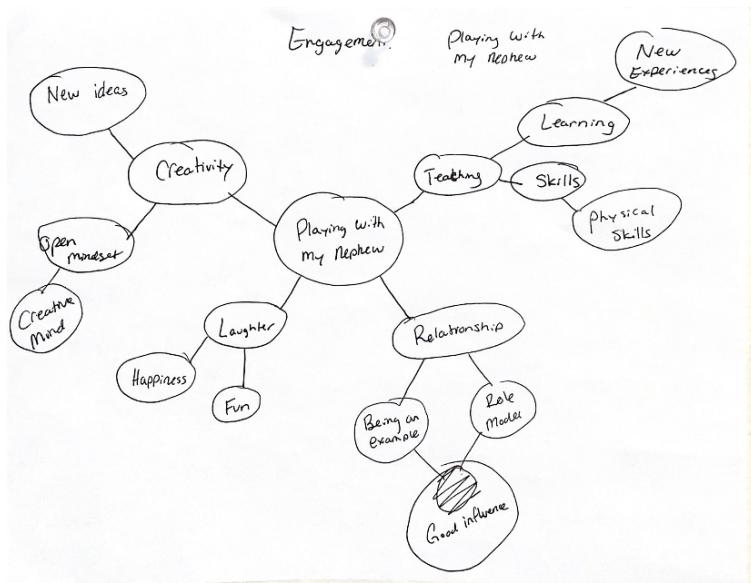
Work View and Life View Compass

- Work view
 - A critical issue related to work:
 - I think that a critical issue related to work and what work is performance issues. Some people just do not put in the effort in their work, and that can mess things up or cause issues with yourself and with others if working on a team. People want a desired outcome, but do not get to the result that they want because they do not put in the effort.
 - A statement of my view on work:
 - I think that work is something you should put 110% effort into. If everyone puts in the highest amount of effort, you are going to function very well as a team. The owner at my old job would always tell us not to put in 100%, but rather 110%. I think that saying really helped us all to work better together and deliver great service to the people that we served. We all put in the most amount of effort that we could and how we functioned and did things at my store. We ended up being one of the best stores in the country because how good we were able to function all together as a team with the effort we all put forth. And work is not all about money. I think that your love for the job comes first, and money comes second. It is important to love what you do, then you will never work a day in your life.
- Life View
 - A statement of my view on life:
 - I think that life is something very special. We can do so much in our lives and it really depends on the choices we make. We have agency which allows us to be able to make choices for ourselves. Some choices will lead us to good, and other choices will lead us to not so good paths. We are all going to make mistakes, but we can change and be forgiven for mistakes we made. Life is a test; we are always learning, and we will never be perfect. No one is perfect. Life allows us to gain new experience and learn and grow. I think that if we do the best we can, we will achieve so much in life.

Good Time Journal

- Monday
 - Went roller skating at the MC building
 - Went to Walmart with my roommate
 - Drove around Idaho Falls for fun and talking with my roommate
 - Worked on my Excel Class homework
 - Hung out with my brother and my nephew
- Tuesday
 - Went to my religion class
 - Played Mario Kart with my roommates
 - Played some video games by myself
 - Went for a walk through the gardens
 - Went to devotional
 - Called my friend and mother for a couple of hours.
 - Drove my roommate to the airport.
- Wednesday
 - Went to class
 - Made lunch
 - Went for a walk to the temple
 - Played power washing simulator with my roommate
 - Went to Walmart
 - Talked to my friend on the phone
 - Went to a ward activity

Mind Maps



Three job descriptions and job roles

- Job Role—Lifeguard (energy mind map)
 - o Job description:
 - Regulate activities swimmers are doing
 - Warn swimmers of potential danger and risks
 - Follow and make sure swimmers are following the rules and policies
 - Must be physically fit and active
 - Must have good communication skills to communicate with other lifeguards in case of an emergency
 - Must act quick and fast in case of an emergency in the water.
- Job Role—Teacher (engagement mind map)
 - o Job Description:
 - Prepare lessons to teach to students
 - Teach lessons to the students
 - Activities that will engage students
 - Being an example and role model to the students
 - Provide an environment for students to be creative and use their minds to solve problems
 - Get the students engaged and learning
- Job Role—Social Worker (Flow Mind Map)
 - o Job Description:
 - Have great listening skills to listen to patients and the problems they are facing
 - Be understanding with the patients
 - Have great communication skills with patients. Able to talk and communicate professionally with them.
 - Able to make patients feel comfortable and relaxed while talking
 - Help patients have a more open mind and help come up with ideas and possible solutions to help cope with their problems.
 - Having good patience skills.

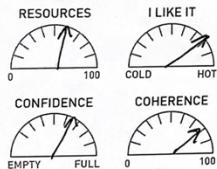


Odyssey Plan

ODYSSEY PLANNING WORKSHEET

ALTERNATIVE PLAN # 1

0	Finish in the semester of school Send in my audition to perform at Navajo.	1	Send my mission performing at Navajo playing in the band.	2	Come back out to school and continue my education	3	keep doing good in school.	4	Graduate, move out of Navajo Find a job related to CS	5	
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6-word title: Most Realistic Dream possible

Questions this plan addresses:

Will I enjoy my major?

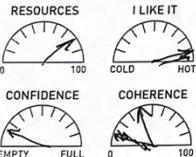
~~Am I interested in it?~~

Will I get married to my girlfriend?

ODYSSEY PLANNING WORKSHEET

ALTERNATIVE PLAN # 3

0	Finish out college. Get married Go on nice honeymoon Get a great paying job	1	Become CEO Become the CEO. Make millions, Get cooker a nice house.	2	Get all the dream cars I want. Go on nice vacations.	3	Have kids and start a family. Help out the community and donate a lot of money.	4	Retire early Give away money to help. Be Do a lot of service for others.	5	
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6-word title: Super Unrealistic dream from my mind

Questions this plan addresses:

How much can I give to others?

Will I be happy in this life?

ODYSSEY PLANNING WORKSHEET

ALTERNATIVE PLAN # 2

0	Graduate with with degree in film Get Married	1	Score well Paying jobs in film industry.	2	Move from an apartment to a house. Small Have my first kid Become a dad.	3	Get to a higher position at work earning more \$\$. Do service for the community or people in need.	4	Have another child be a great father Agree to them. Take a nice vacation with my wife.	5	
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6-word title: Making ~~probable~~ movies and living the dream

Questions this plan addresses:

Will I make enough money?

What can I do to be a great father?

Will I be able to afford a house?