

Creating an Effective Reproductive & Fertility Health Guide

Key Components Checklist

☒ Introduction & Purpose

- Clearly state Why the guide exists
- Ensure Inclusivity for all reproductive health needs

☒ Company Policies & Benefits

- Fertility leave, miscarriage leave, and menstrual health accommodations
- Flexible working policies
- Insurance and financial support for treatments

☒ Workplace Adjustments & Support

- Physical and environmental adjustments (quiet spaces, workload adjustments)
- Mental health support (peer groups, therapy)

☒ Manager & HR Guidance

- Training for managers on handling reproductive health issues
- Legal rights and obligations

☒ Employee Resources & Next Steps

- Internal contacts for support
- External expert resources