



IS3103 Information Systems and Leadership Communication

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CELC NUS



ARE YOU A LEADER?



Any one can be a leader!



Leadership is a series of learnable behaviors that help people and organizations realize their greatest potential – Dr Tasha Eurich



Learn

Practice

Perfect

Beyond IS3103



SELF-AWARENESS



*Knowing yourself
is the beginning of all wisdom*
- Aristotle -



Self-Awareness

Who are you?



A grayscale photograph of a person with dark hair, wearing a checkered shirt, sitting at a desk and writing in a notebook with a pen. A cup is visible on the desk in the background. The image is partially obscured by a white rectangular box on the left side which contains text.

Self-Awareness

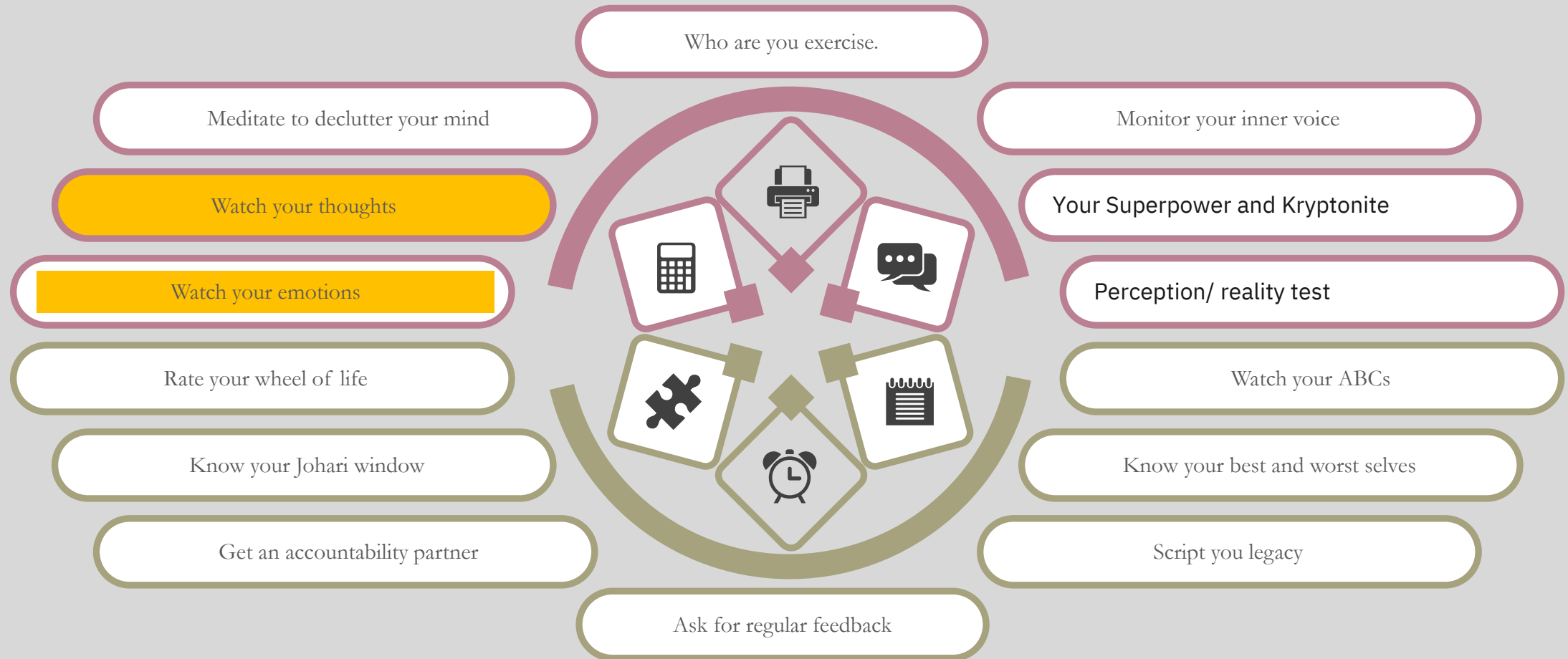
Meta-
cognition



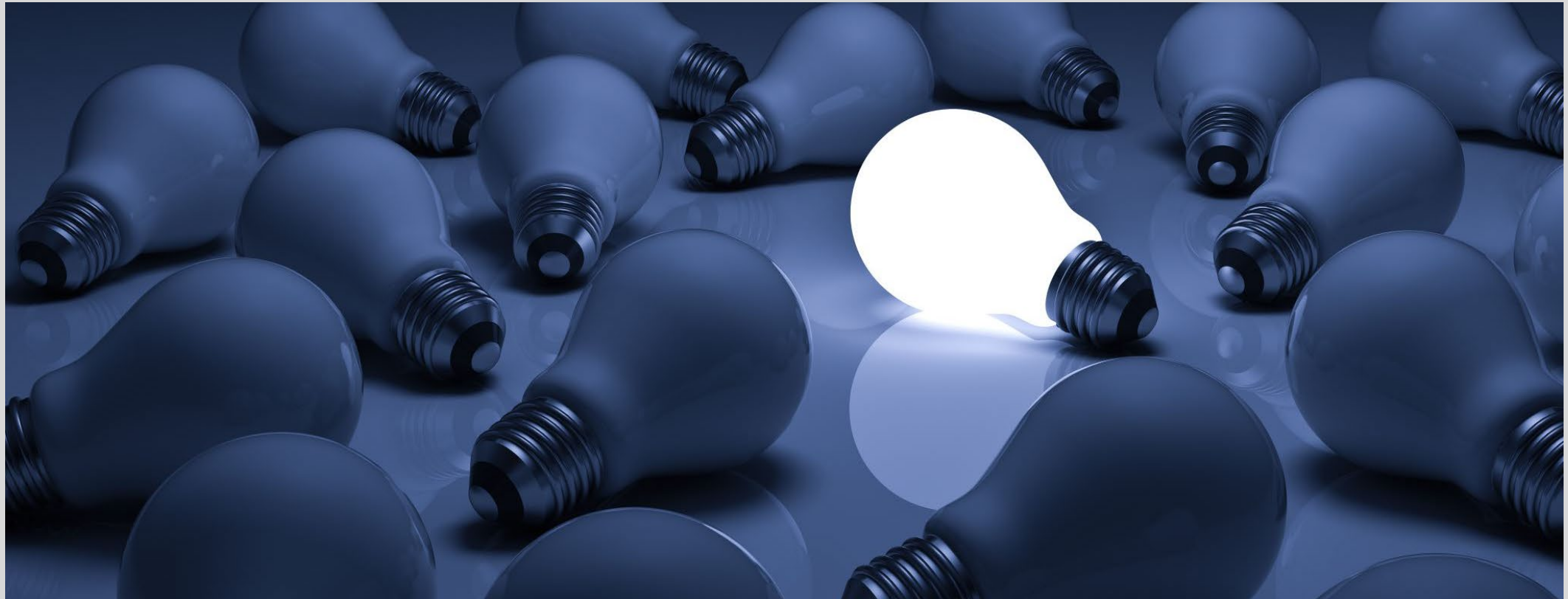
Ponder

How is this
image linked
to SA?

Ways to increase your self awareness



Emotional intelligence



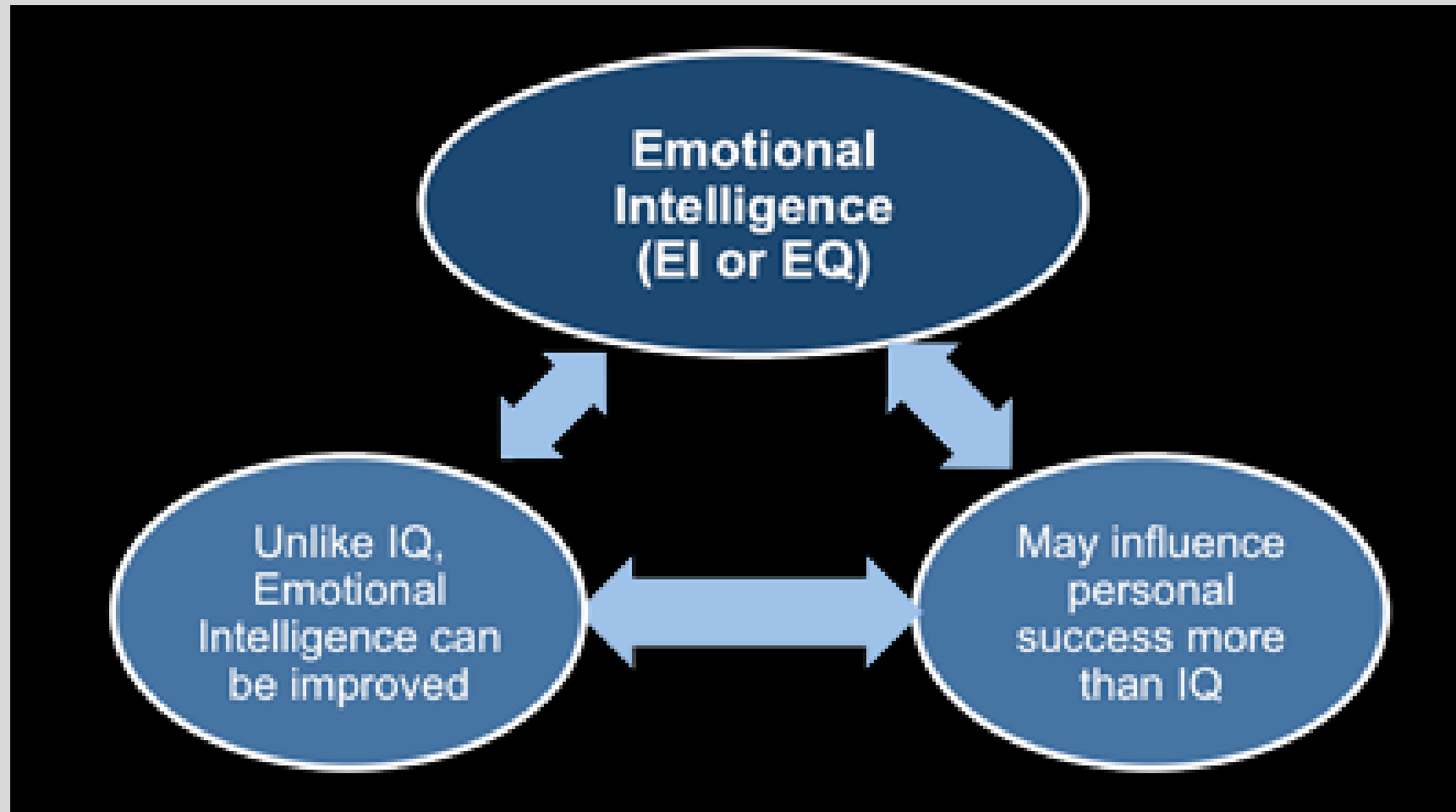


Emotional Intelligence and Leaders

Is the measure of an individual's abilities to recognize and manage emotions, **AND** the emotions of other people, both individually and in groups.

Read more

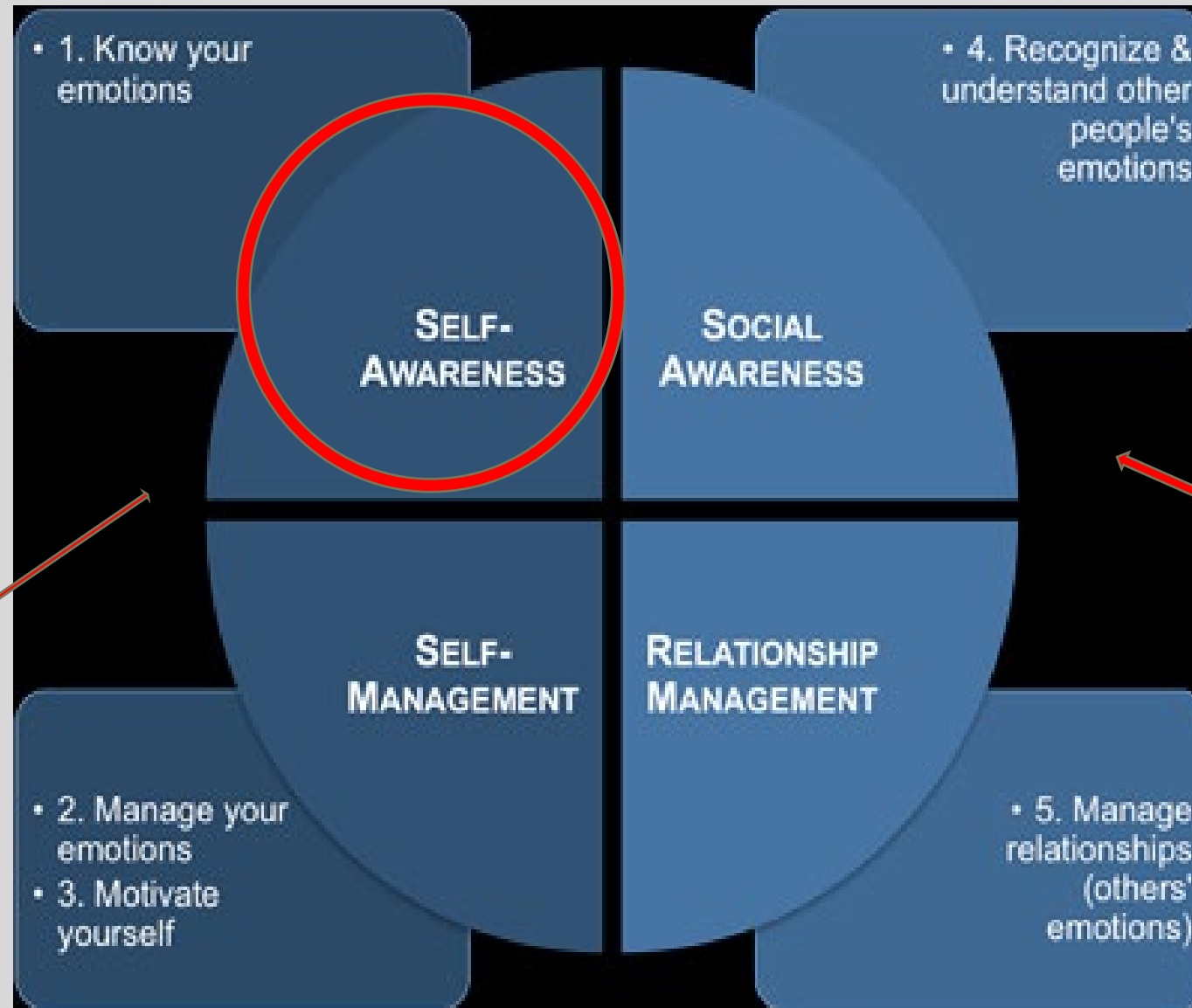
at: <https://www.skillsyouneed.com/general/emotional-intelligence.html>



https://free-management-ebooks.tradepub.com/free/w_frec220/prgm.cgi



Self
competence

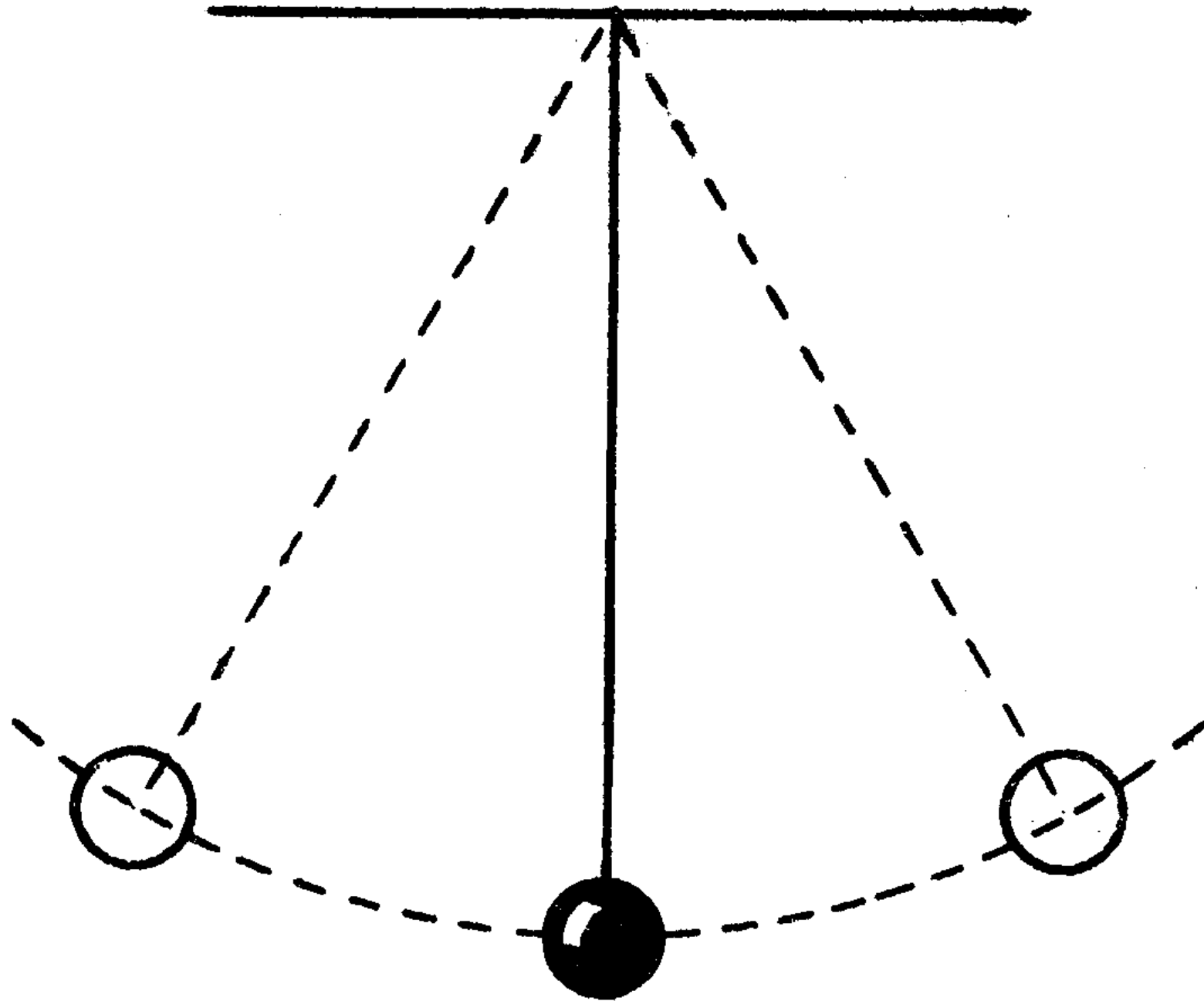


Social
competence



Ponder

How is this
image related
to EI?



Ponder

How is this
image related
to EI?



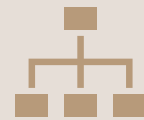
Summary

Self awareness is the bedrock of leadership skills and emotional intelligence.

Questions



How self aware are you of your emotions, thoughts, and belief systems?



To what extent do you manage emotions, or do THEY manage you?



On which side of the pendulum are you predominantly at?



Why is it easier to advise others about their emotions than to manage your own emotions?



Response to resources- alternative suggestions

What are the most **salient** points in any of the resources to you?

How do you **relate** to them - please provide an example(s) from your own experience.

What **critical questions** would you pose in relation to the resources?

What do you find **useful or interesting** in any or all the resources?

Is there anything you would like to **contest**? What is that and why?

Think of an **image** that represents your findings.