# Statistics 305/605: Introduction to Biostatistical Methods for Health Sciences

Chapter 15, part 4: Inference for Odds Ratios

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#### **Estimating Odds Ratios**

For Doll and Hill's lung-cancer data, we estimated the odds ratio from the sample proportions of smokers in the cancer (case) and non-cancer (control) groups.

		case	control
Smoke	Yes	a = 1350	b = 1296
(E)	No	c = 7	d = 61
	,	a + c = 1357	b + d = 1357

OR estimate is

$$\widehat{OR} = \frac{\frac{a}{a+c}}{1 - \frac{a}{a+c}} / \frac{\frac{b}{b+d}}{1 - \frac{b}{b+d}} = \frac{ad}{bc}$$

▶ For Doll and Hill's data, we have

$$\widehat{OR} = \frac{ad}{bc} = \frac{1350 \times 61}{1296 \times 7} = 9.1.$$

## Testing whether OR = 1

▶ The chi-square test assesses the null hypothesis that OR = 1 (no association between exposure and disease) against the alternative hypothesis that  $OR \neq 1$  (an association).

```
## case control
## smoker 1350 1296
## non-smoker 7 61

##
## Pearson's Chi-squared test with Yates' continuity correction
##
## data: mydf
## X-squared = 42.37, df = 1, p-value = 7.552e-11
```

- ▶ The *p*-value for testing  $H_0$ : OR = 1 vs.  $H_a$ :  $OR \neq 1$  is  $7.552 \times 10^{-11}$ .
- Strong evidence of association between lung cancer and smoking!
- ▶ Recall from the Chapter 6 notes that  $OR \approx RR$ , provided that the disease is rare.
- Assuming lung cancer is rare, we may approximate the relative risk of lung cancer by the odds ratio.
  - ▶ We estimated the OR to be  $\widehat{OR} = \frac{a*d}{b*c} = \frac{1350*61}{1296*7} = 9.1$
  - So we estimate that the risk of lung cancer in smokers is about 9.1 times the risk of lung cancer in non-smokers (i.e.  $\widehat{RR}=9.1$ ).

#### Confidence Intervals for ORs

- ▶ Recall: The natural logarithm  $\log_e(x)$  is defined so that  $x = e^{\log_e(x)}$ , where the base  $e \approx 2.718$ .
  - ▶ To get x, we **exponentiate** the natural logarithm  $\log_e(x)$ ; i.e., we raise the base e to the power of the exponent  $\log_e(x)$ .
- ▶ For large samples, it turns out that  $\log_e(\widehat{OR})$  is approximately normally distributed.
- ▶ This approximation leads to CIs for  $log_e(OR)$  of the form

estimate 
$$\pm$$
 *m.e.*, where

the margin of error term, m.e., is an SE times a critical value.

▶ The standard error of  $log_e(\widehat{OR})$  is:

$$SE = \sqrt{\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}}$$

For a level-C CI for  $\log_e(OR)$ , the critical value is  $z^*$ , the upper (1-C)/2 critical value of the standard normal distribution.

▶ A level-*C* CI for  $\log_e(OR)$  is thus  $\log_e(\widehat{OR}) \pm z^*SE$ , or

$$\left(\log_e(\widehat{\mathit{OR}}) - z^*\mathit{SE}, \ \log_e(\widehat{\mathit{OR}}) + z^*\mathit{SE}\right),$$

▶ To get the level-*C* CI for *OR*, we exponeniate the lower and upper bounds of the CI above:

$$\left(e^{\log_e(\widehat{OR})-z^*SE}, e^{\log_e(\widehat{OR})+z^*SE}\right)$$

#### Application to Doll and Hill's Lung-Cancer Data

- ▶ The estimated OR is  $\widehat{OR} = \frac{1350*61}{1296*7} = 9.1$ , and its logarithm is  $\log_e(9.1) = 2.21$ .
- ▶ The SE of  $log_e(\widehat{OR})$  is

$$SE = \sqrt{\frac{1}{1350} + \frac{1}{1296} + \frac{1}{7} + \frac{1}{61}} = 0.401$$

- ▶ For a 95% CI, the critical value is  $z^* = 1.96$ .
- ▶ The 95% CI for  $log_e(OR)$  is therefore

$$(2.21-1.96\times0.401,2.21+1.96\times0.041)=(1.42,3.00)$$

► The 95% CI for *OR* is then

$$(e^{1.42}, e^{3.00}) = (4.14, 20.1)$$

#### Interpretation of Point Estimates of OR

- Smoking is associated with a 9.1-fold increase in the odds of lung cancer.
- ▶ Or, if lung cancer is rare, we can interpret the OR as an RR and say:
  - smoking is associated with a 9.1-fold increase in the *risk* of lung cancer.

#### Interpretation of Interval Estimates of OR

- ▶ "With 95% confidence, we estimate that smoking is associated with a 4.1 to 20-fold increase in the odds of lung cancer"
  - ▶ You can use the statement above, but keep in mind that it really means that: In 95 out of 100 datasets, we expect the CI, such as 4.1-20 for this dataset, to cover the true OR.
- Assuming that lung cancer is rare, we can interpret the OR as an RR and say:
  - ▶ "With 95% confidence, we estimate that smoking is associated with a 4.1 to 20-fold increase in the *risk* of lung cancer"
  - i.e, in 95 out of 100 datasets, we expect the CI, such as 4.1-20 for this dataset, to cover the true RR.

#### More Than Two Exposure Levels

▶ Doll and Hill's data with smokers classified by the average number of cigarettes per day:

		case	control
Number of	25+	340	182
cigarettes	15-24	445	408
per day	1-14	565	706
	0	7	61

- ► Can use the last row with 0 cigs per day (unexposed) as a baseline group (\$c=7, d = 61), and calculate our ORs for each level of exposure.
  - ▶ E.G. Estimated OR for 25+ vs. 0 cigs per day:

$$OR = \frac{\text{odds of lung cancer in exposed } (25 + \text{cigs/day})}{\text{odds of lung cancer in unexposed } (O \text{ cigs/day})}$$
$$= \frac{a * d}{b * c} = \frac{340 * 61}{182 * 7} = 16.28$$

#### Odds-ratios with Multiple Exposure Levels

Add estimated ORs to the table:

		case	control	$\widehat{OR}$
Number of	25+	340	182	16.28
cigarettes	15-24	445	408	9.50
per day	1-14	565	706	6.97
	0	7	61	_

- ► The increase in estimated *OR*s with exposure level suggests a "dose-response" relationship.
- For observational data such as these, a dose-response relationship is one of the criteria for establishing causality.
  - ▶ In this study, the dose-response relationship with number of cigarettes per day was used to argue that smoking **causes** lung cancer.

# Including Confidence Intervals

		case	control	ÔR	95% CI
Number of	25+	340	182	16.28	(7.30,36.32)
cigarettes	15-24	445	408	9.50	(4.30,21.02)
per day	1-14	565	706	6.97	(3.17,15.37)
	0	7	61	_	_

#### Historical notes

- ▶ Doll and Hill's study of lung cancer was published in 1954
  - ▶ Turned the tide of public-health opinion on smoking.
- Famously, the iconic geneticist and statistician RA Fisher was violently opposed to it.
- Fisher was a heavy pipe smoker
  - Argued that correlation (association) is not causation
- Died aged 72 in 1962, following complications from cancer surgery.

### Chapter 15 Summary

- Contingency tables summarize the joint distribution of two categorical variables.
- ► The chi-square test tests for association between two categorical variables
- For data that are paired in some way, we use McNemar's test, which contrasts the discordant cells in a table that counts each pair just once.
- ▶ Testing for association in a 2 × 2 table amounts to testing whether or not the OR is 1.
  - ▶ Can extend to  $r \times 2$  tables with r levels of the exposure.
- ▶ When the disease outcome is rare, the OR can be interpreted as a relative risk (RR).
- Can obtain approximate Clss for the OR.
- ▶ Omitted Berkson's fallacy in text; beyond scope of course.