Product User Manual — SmartWatch The-INSTITUE-X1000

SmartWatch The-INSTITUE-X1000 — Quick Start Guide

Model: The-INSTITUE-X1000 | Version: 1.0 | Release Date: March 2025

Setup Instructions

1. **Charge Your Device:**
   Use the included magnetic USB charger.
2. **Turn On:**
   Hold the power button for 3 seconds.
3. **Pairing:**
   Download the "The-INSTITUE-X1000 Connect" app and follow on-screen pairing instructions.

Basic Features

- **Time & Date Display**
- **Heart Rate Monitoring**
- **Step Counter**
- **Notifications from Phone**

Troubleshooting

- **Device won't turn on:**
  Ensure it's charged for at least 30 minutes before powering on.
- **Sync issues:**
  Restart both your phone and watch, then attempt pairing again.

Safety Information

- Do not submerge deeper than 1.5 meters.
- Avoid wearing during charging.
- Use only certified chargers.

Customer Support

For assistance, contact: support@The-INSTITUE-X1000.com