# VizFit:

### Week 5 Milestone

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## Pose Models



### Model 1: Using OpenPose<sup>[3]</sup>

#### Problems:

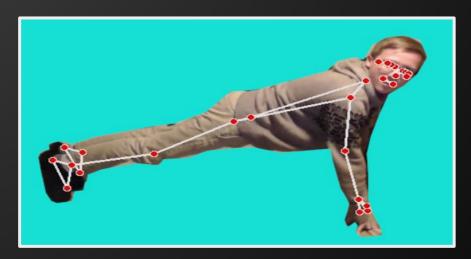
- Doesn't recognize profile views
- Doesn't recognize hands or feet accurately
- Very unreliable when constantly moving



### Model 2: Using MediaPipe<sup>[2]</sup>

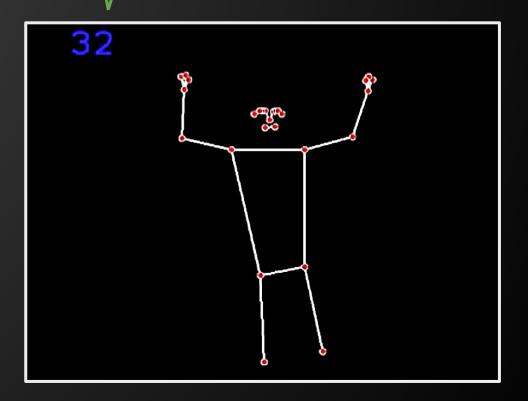
#### Features:

- Does recognize profile views
- Does recognize hands and feet
- Somewhat reliable when constantly moving



### Model 2: Using MediaPipe<sup>[2]</sup>

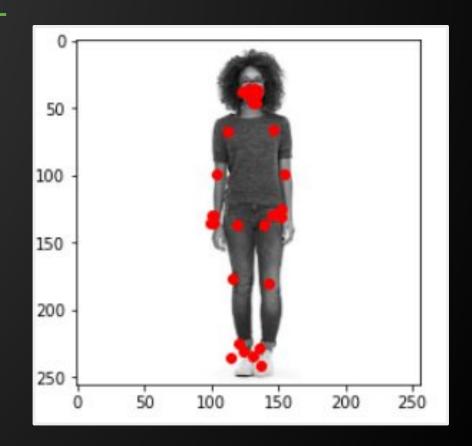
Removed background



#### Our Custom Model

#### Features:

- 3D pose estimation is our long term goal
  - 3D pose estimation is more accurate for fitness purposes
- Short term goal is to get a very accurate 2D estimation
- Somewhat reliable when constantly moving



## Current Issues



#### **Datasets and Time**



- Labeled data means that our keypoints are decided by the dataset we train on
- With the lack of useful datasets, potentially creating our own dataset could be a time consuming task

### Speed and Accuracy

- The main goal is accuracy, but our model speed could affect accuracy indirectly
- We could be missing potentially crucial frames of information important to classification if our model is too slow in making predictions with a live feed of data

## Methods Used

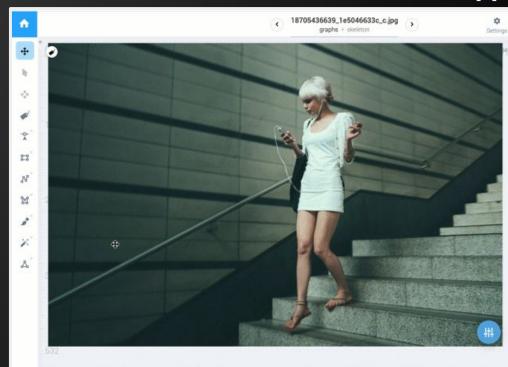


## Labeling

- Our data labels for pose estimation will simply be scaled values of (x,y) coordinates of however many key-points will be included as well as a confidence value for each key-point coordinate
  - o [0.932,0.1823,0.987] -> [scaled x, scaled y, confidence]
- As for the exercise recognition model, the labels will likely just be the name of the exercise, or the name of the exercise and a binary value for a correct or incorrect performance
  - ['pushup','1'] -> [exercise, performance]

### Methods of Labeling

- Labeling manually using Supervisely
  - Allows us to customize the wireframe and key-points to easily overlay onto an image
- Automatically label images using a pre-trained model that we have working



### Methods of Training

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- Convolutional neural networks
  - Exact architecture is still being determined
  - Overfitting prevention
    - Dropout layers to make the model relearn a portion of the weights throughout training
  - Small kernel sizes (3x3, 1x1)
    - Allows more convolutional layers and more output filters to encode more information with the same if not less amount of parameters as larger kernels

## Progress & Next Steps



### Progress to Date

- Backend API
- Vue Application
  - o Front-end and back-end API connection
- Wireframe Model
  - Model 1
  - Model 2
  - Custom Model

## Next Steps

- Server setup
- Database setup
- Make our pose estimation model as accurate as possible
  - This model must be very accurate before we can move to the exercise recognition model because the data used is the predicted coordinates of keypoints
- Connecting database and application
- Extra documentation

## References

- [1] Supervise.ly. "Introducing Keypoints Labeling in Supervisely." Medium, Supervisely, 8 June 2019.

  [Online]. Available: https://medium.com/deep-systems/introducing-keypoints-labeling-in-supervisely-de6c4459157d.
- [2] Latest Pose Estimation Realtime (24 Fps) Using ... Youtube. [Online]. Available: https://www.youtube.com/watch?v=brwgBf6VB0I.
- [3] Athtripathi. "Using Openpose Library in Python with Openpose Tensorflow and Opencv." Medium, Geek Culture, 9 Sept. 2021. [Online]. Available: https://medium.com/geekculture/using-openpose-library-in-python-with-openpose-tensorflow-and-opencv-10a5496c359a.

## Questions

