

## Silicon Valley nannies are phone police for kids

Silicon Valley parents are increasingly obsessed with keeping their children away from screens. Even a little screen time can be so deeply addictive, some parents believe, that it's best if a child neither touches nor sees any of these **glittering rectangles**. These particular parents, after all, deeply understand their allure.

glittering 闪闪发光的

rectangle 矩形; 正方形

But it's very hard for a working adult in the 21<sup>st</sup> century to live at home without looking at a phone. And so, as with many aspirations and ideals, it's easier to hire someone to do this.

Enter the Silicon Valley **nanny**, who each day returns to the time before screens.

nanny 保姆

From **Cupertino** to San Francisco, a growing consensus has emerged that screen time is bad for kids. It follows that these parents are now asking nannies to keep phones, **tablets**, computers and TVs off and hidden at all times. Some are even producing no-phone contracts, which guarantee zero **unauthorized** screen exposure, for their nannies to sign.

Cupertino 库比蒂诺

tablet 药片; 平板电脑

unauthorized 非法的; 未被授权的

sign contract 签合同

The fear of screens has reached the level of panic in Silicon Valley. **Vigilantes** now post photos to parenting message boards of possible nannies using cellphones near children. Which is to say, the very people building these glowing hyper-**stimulating portals** have become increasingly terrified of them. And it has put their nannies in a strange position.

vigilante 朝阳群众

stimulating 刺激的

portal 大门; 入口

“Most parents come home, and they’re still glued to their phones, and they’re not listening to a word these kids are saying,” said Shannon Zimmerman, a nanny in San Jose who works for families that ban screen time. “Now I’m the nanny **ripping out** the **cords** from the PlayStation.

rip out 扯掉；拔出

cord 绳索；电源线