The hidden networking gap between men and women

It's been said that it's not what you know but who you know. And there is a long history of

men getting to positions of power by leveraging their connections. Now, a new study published

in the journal Human Relations suggests it's not just because men have more access to power

and face less bias (although that certainly plays a role), it's also because men and women build

their networks differently. According to the study, women often hesitate to ask for help because

they don't want to "exploit" their network and they're too modest.

leverage 利用;手段

When women seek a *mentor*, the study says, they tend to look for someone they want to be

friends with rather than someone they can learn from. Studies have shown women aren't getting

the tough feedback they need to move ahead. The best mentors will push, dare,

and confront *mentees*, and challenge them to take on projects they might otherwise avoid.

mentor 导师

mentee 学员

vendor 卖主;供应商

vendee 买方

Men, on the other hand, look to form alliances. Men are willing to do business with anyone,

even someone they don't necessarily like, as long as that person can help them achieve their

goals. Men understand that this is a work relationship that can be dissolved when it's no longer

convenient, not a long-term friendship.

"I think men are socialized from the get-go to understand that mixing business and

friendship is what you do" to get ahead, says Rachel Thomas, president of LeanIn.org. "We, as

women, aren't as comfortable doing that."

get-go 开始