

## Pack a picnic with a side of safety

It's hard to believe that it's already May and that we're approaching months of sunny, sweaterless weather. Some states are slowly opening, too, including many once-closed parks, which means it'll be hard to resist the urge to picnic. Here's what to keep in mind and how best to prepare.

### Plan your location

Confirm the opening hours and try to go at an off-time to avoid crowds. Choose wisely, too. Popular outdoor spots may be jammed with people coming from all over your city to **bask**. A neighborhood park might be a safer bet. After all, a picnic only calls for a blanket-size piece of grass.

bask 晒太阳

You could also picnic inside. Cue up some nature noises on YouTube or stream a natural environment, like an aquarium webcam or a video tour of a national park.

### Pack heavy

Any good outdoor toolkit contains a mask, hand **sanitizer** and gloves. If you're visiting a park, keep in mind that park services might be closed.

sanitizer 消毒剂; 洗手液

Public picnic tables could also be **cordoned** off. Pack a blanket or, if you have trouble sitting on the ground for a while, **lawn** chairs.

cordon 警戒线; 包围隔离

lawn 草地

### Prep the menu

When planning your menu, think of dishes that do well outside, like finger foods. Get some pita chips and some potato chips, and make some dips.

You also can't go wrong with a cheese and meat *platter*. Pick up some *salami*, *prosciutto* and crusty bread or *crackers*. Add grapes, nuts or olives. Pack each item in separate containers, and assemble at the park so nothing gets *soggy*.

platter 唱片

salami 意大利腊肠

prosciutto 意大利熏火腿

cracker 饼干; 爆竹

soggy 浸水的; 透湿的

And, please, clean up after yourself

In general, just don't litter.

In this instance, it has taken on a new meaning.